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Hold the Line



Aerial firefighting efforts attempt to quench the flames of the Potters Fire. Photo courtesy of Oroville News Live

By Seti Long

BUTTE COUNTY, CA (MPG) - Heat lightning from thunderstorms moving through the valley early this week have set off over 26 fires in the area. Evacuation warnings turned into orders in the matter of hours, affecting large areas of Oroville, reaching to downtown areas, Kelly Ridge and Cherokee. Residents have since been allowed to return to their homes.

At the time of this article, Cal Fire firefighters and volunteers in the area were working overtime to contain two separate incidents in and above the Oroville area: the Potters Fire and Butte Lightning Complex Fire, which was composed of 35 confirmed smaller fires.

CAL FIRE established a North

Lightning Coordination Area (LCA) encompassing the Paradise and Forrest Ranch areas and a South LCA encompassing the Kelly Ridge and Oroville areas to address the smaller fires in remote locations that continued to pop up. Over 50 reports of fires have come in (not all confirmed), with new fires reported in the Butte Creek and Sterling City area. Containment of the largest, the Potters Fire, remains top priority with firefighters vigilantly monitoring the others.

Fire crews have been able to tie into the lake and are using pumping platforms as another option to fight the blaze, which has burned all the way down to the Oroville Dam spill way. The typical equipment used to contain a blaze, dozers, engines,

water tenders and aerial support are also being utilized.

According to the CAL FIRE website, there are currently 24 active fire incidents across the state, many nowhere near contained and some comprised of multiple fires, straining resources. At a briefing Tuesday morning, firefighting crews were told to expect working double or triple shifts, being pulled off one fire to be put on another, and that support and relief, although requested, may not arrive. CAL FIRE Butte Unit and Butte County Fire Department Chief, John Messina said to the somewhat small crew gathered for the briefing, "I want you to look around and look next to you....This is it. For 26 fires, about 1,500 acres.... And when

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Red Cross Support for Evacuees of Jones and Potters Wildfires

**By Steve Walsh,
American Red Cross
California Gold
Country Region**

SACRAMENTO, CA (MPG) - As the Jones Fire (Nevada County) and Potters Fire (Butte County) threaten nearby residences, the American Red Cross is assisting evacuees at several Temporary Evacuation Points.

JONES FIRE

Three Temporary Evacuation Points have been opened by Nevada County with assistance from Red Cross volunteers:

Ready Springs Elementary School, 10862 Spenceville Road, Penn Valley; Nevada County Fairgrounds, 11228 McCourtney Road, Grass Valley; Cottage High School, 22600 Kingston Lane, Grass Valley

POTTERS FIRE

Red Cross volunteers are staffing a Temporary Evacuation Point at the Oroville Church of the Nazarene, 2238 Monte Vista Ave, Oroville

Those impacted by these fires can visit a Temporary Evacuation Point for water, snacks and information about Red Cross services. We can also provide hotel lodging assistance as needed, for those who have been forced out of their homes. Depending on the size and scope of a fire, hotel accommodations are being prioritized to ensure social distancing amid the coronavirus pandemic. Residents must check in with the Red Cross at a Temporary Evacuation Site in order to receive assistance.

DONATIONS:

At this time, we cannot accept donations of water, clothing or food due to COVID-19 restrictions. Those interested in supporting Red Cross disaster response operations can do so by making a financial contribution at 1-800-REDCROSS or by visiting redcross.org.

PREPAREDNESS:

For those in proximity to a wildfire, please be prepared to evacuate in case the fire spreads to your area. Have your disaster kit ready and check with local officials for the latest information about evacuations. Follow these tips to evacuate your home safely.

Key items to include in your kit are personal protective equipment (PPE), prescription medications, extra clothing, pillows, blankets, hygiene supplies and a digital copy of

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Mesozoic Madness

**By David Read,
Yuba Sutter Arts
& Culture**

YUBA/SUTTER, CA (MPG)

- The endless popularity of dinosaurs has only increased over the decades thanks to film franchises like "Godzilla" and "Jurassic Park" and all the related spin offs and variations. Dinosaurs feed the imagination and provide fodder for those looking for anything from pure fantasy to those inclined more towards the actual paleontology and even zoology about the various species.

Yuba Sutter Arts & Culture was recently presented with a unique opportunity thanks to someone fairly new to Yuba-Sutter, "art-trepreneur," Chris Bolton. Chris has an extensive background in electronics and robotics and is the kind of guy who was building his own computers back before you could just order an off the shelf housing and components and bolt it all together. Chris was looking for a home for his collection of half-life-size animatronic dinosaurs.



Yuba Sutter Arts & Culture welcomes Chris Bolton's pet T Rex. Photo: Yuba Sutter Arts & Culture

He met with YSAC about a space to refurbish them and possibly set up workshops to teach modeling, sculpting and robotics and the result was the formation of "The Dinosaur Factory" in Yuba City.

Chris is a self-described "Jekyll and Hyde" to explain his artistic, creative side in contrast to his electronics and IT business side. These

two skill sets seem to co-exist somewhat compatibly for Chris although he admits to being partial to the creative side of what he does. He needed a workspace and Yuba Sutter Arts & Culture had just opened Kalakara Art Studios. Chris looks at the project as a form of Career Technical Education which is an important option for students in the area. As

funding becomes available through grants or sponsorships, the plan is to create a menagerie of dinosaurs that can be used for events and festivals for education purposes and endless selfie opportunities.

"I first got into the dinosaur business in the late 80s in Los Angeles when I teamed up with a bunch

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The New Pi-Line Can't Can Because of Covid



The new Pi-Line Honoring Publisher W.D. Burleson
By Josh F.W. Cook

I ran across a fascinating article in Stateline magazine. Some things we already knew were coming are arriving much sooner than we thought. An Oxford University study in 2017 found that 86% of restaurant jobs, 85% of manual labor, and 92% of retail sales jobs could be automated. In a June survey, 44% of corporate financial officers said they were considering more automation in response to coronavirus issues. Rural areas, where companies have built many factories because of lower labor costs, are particularly vulnerable to “task replacement” by robots and other machinery, according to the Brookings report. Tyson Foods, which already

was experimenting with automation, sped up work on a robot chicken butcher in recent months, citing increased urgency because of the pandemic. Fast-food chain White Castle plans to start using a robot fryer named “Flippy” this fall in Chicago, a measure to minimize human contact with food. The company said workers should be able to help more customers while Flippy does its “time-consuming and dangerous” job over a vat of hot oil. Fast food venues everywhere are adding kiosks for contact-free ordering, department stores are dropping off automated orders at the curb, and robots are delivering towels and room service at Hilton and Marriott hotels. I have said it before when I am disappointed in my customer experience... the robots are coming.

I would like to say that the election season is upon us. The filings for School Boards and City Councils are finalized. Usually a sleepy affair, the Gridley City Council is now the hot ticket for up and coming aspiring public servants. Chris Williams, Michael W. Farr, Quintin Crye, Raymond Borges, Catalina Sanchez, Jessica Ramos-McElroy, J. Angel

Calderon have filed to be on the ballot. This will be an peculiar campaign as it is not wise to go door to door in a viral pandemic, which is the tried and true method for getting votes in Gridley. In the Biggs City Council, Roger Frith, John Busch, and Jerome Squires all signed up. You may think that these are some great people, and you are appreciative that they are running for office, so you do not have to. Bad news... you can't vote for all of them. There are three open seats in Gridley and two in Biggs. Hopefully, the people who signed up and are not successful can get on the Planning Commissions or the City Parks and Water Tower Restoration Committee and serve the community in some way even if they do not garner the votes needed to help as Councilmembers.

Next week we can address the crop of Live Oak candidates; and as you know, Live Oak always has more lively and energetic political races, and their candidates all buy signs that have pictures of themselves in full color. Until next week, stay safe, sanitize often and be kind to exhausted people.

Josh F.W. Cook was a Gridley Planning Commissioner. ★

By Seti Long

GRIDLEY, CA (MPG) -We're familiar with COVID-19 related shortages: from Lysol and toilet paper, to change. Now, it's canning jars - especially the lids.

Covid lockdown this spring drove people to take up new hobbies in attempts to stave off cabin-fever and reduce anxieties. Whether caused by more time at home, reduced income or concerns over goods disappearing from grocery store shelves, home and garden stores saw increased interest in gardening - especially the planting of “victory gardens.”

Al Carmona, manager at Mac's Hardware in Gridley says that during the spring planting season, which coincided with the first shelter in place orders, they were ordering flats of over 300 plants a week. The

sheer volume of produce plants selling out just hours after the orders arrived was “crazy” says Carmona. It was also an early indicator that come harvest time, there would be a greater than usual demand for canning supplies.

In anticipation of a mass-canning mindset, Mac's Hardware increased order quantities, but Carmona says that it is difficult to keep the jars and lids in stock. And they are not alone. Canning supplies throughout the area are scarce. Harshbarger Ace Hardware owner Keith Harshbarger also foresaw the increased demand for canning supplies and ordered as much as possible from his suppliers. He just can't keep them on the shelves. Harshbarger says that “Ball (mason jars) just can't keep up” - the demand is so high.

Long-time canner, Brenda Kirby says that she has felt the pinch of the shortage and agrees there is an increased interest in learning how to preserve. In just the last few weeks she has taught multiple first-time-canners the basics - many of them in their 20's and early 30's. While she appreciates the interest in the craft, she also questions its longevity, and finding supplies amid the shortage has caused her great frustration.

Carmona attributes the new interest, in planting gardens, growing your own food and food preservation to people wanting to “sustain themselves by extending the life of their produce they bought, or their vegetables in the spring... Because of COVID, everybody's trying to live off the land.” ★

Red Cross Support for Evacuees of Jones and Potters Wildfires

Continued from page 1

important documents. Do not forget to bring special items for family members who have unique needs or for children, such as diapers, formula and toys.

The Red Cross offers a series of free mobile apps to put lifesaving safety information in the palm of your hand. Download these apps by searching for “American Red Cross” in your app store or at redcross.org/apps.

The Red Cross Emergency App can help keep you and your loved ones safe by putting vital information in your hand for

more than 35 different severe weather and emergency alerts, including wildfires.

The California Gold Country Region serves a twenty-six county territory including Alpine, Amador, Butte, Calaveras, Colusa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, Siskiyou, Sutter, Tehama, Trinity, Tuolumne, Yolo, and Yuba counties. For more information, visit redcross.org/GoldCountry. Stay up to date by following us on social media (@ARCGoldCountry). ★

Hold the Line

Continued from page 1

we mean this is it.... THIS IS IT.” He was adamant that, “We'll get through it” referring to a solid plan of attack established to contain the fire areas threatening communities and the public, adding that “the stuff that's high in the elevations, those may burn for awhile before we can get to them.” He asked for crews to be patient

and overall, to “Hold the line. We cannot give up anything we have held... it is essential that we do not let something get out that's already contained.”

As of Wednesday morning, the Potters Fire had burned over 930 Acres and was 20% contained. The Butte Lightning Complex was 1500 acres (35 separate fires) and 10% contained. ★

Gridley United Methodist Church Reopens

The Gridley United Methodist Church located at the corner of Haskell and Magnolia Streets is reopening with an outdoor service.

We will be open on August 22nd with the service at 9:30 am. Please come a few minutes early so we can follow the COVID safety procedures.

PLEASE DO NOT COME IF YOU ARE FEELING ILL.

You will be required to wear a mask, (if you don't have one we do). We will also take your temperature and sanitize your hands. Seating will be socially distanced.

We will make every effort to keep people safe and comfortable.

Come join us and enjoy the glory of God in an outdoor setting.

OFFICE SPACE FOR RENT

Professional office space for rent in Gridley. Downtown, across the street from city hall. Plenty of parking, easy access. Furnished or unfurnished. Secure Wi-fi available. \$300 per month on a six-month renewable agreement. Shared conference room or meeting area included. Small deposit required. Available now.

Call 530-846-3661 to set up an appointment to view.

IMPORTANT SOCCER ANNOUNCEMENT

I am so sad to inform the public that in accordance with State and Local health mandates, we will not be having a Fall Soccer Season. My heart is broken for our youth and families who love this sport. As Gridley Recreation, our first concern is your health and safety.

All registration payments have been held and will be available to pick up and sign out at City Hall.

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Women Leaders Come Together

By David Read,
Yuba Sutter Arts & Culture

MARYSVILLE, CA (MPG)

- In continuing the conversation started on August 18, 1920 with the enactment of the 19th Amendment, Yuba Sutter Arts & Culture is proud to present a Women's Leadership Conversation. Our panel is made up of women in leadership within the local community and who will engage with the idea of "how far we have come in 100 years and how far we still have to go."

The Women's Leadership Conversation will be a virtual event streamed live on the Yuba Sutter Arts & Culture's Facebook page from 6 – 7:30PM on Wednesday August 19, 2020. It will also be available afterwards on Facebook or our YouTube channel for later viewing.

The conversation with be moderated by the President of the Yuba Sutter Arts & Culture Board of Directors, Narinder Dhaliwal, M.A., Director of Programs for ETR. The panel consists of Stephanie McKenzie

(member of Marysville's City Council), Grace Espindola (member of Yuba City's City Council), Dr. Tawny Dotson (Yuba College President), Nicole Montna Van Vleck (President/CEO of Montna Farms), Nicole Newman (Superintendent of Wheatland Union High School), Kamara Graham, MD. (Physician, Medical Director of Adventist Health + Rideout Emergency Hospital) and a representative from Beale Air Force Base.

Alongside the idea of society's present progress and future growth, the conversation will also center around the ongoing issues that challenge women today; poverty, hunger, homelessness, the gender wage gap, violence against women, reproductive

rights, inadequate maternal and infant health care, and other topics raised by the panel. They will examine all aspects of womanhood in an inclusive way.

Yuba Sutter Arts & Culture looks forward to contributing to highlighting the importance of social issues with this event. For more information, contact us at 530-742-ARTS or email email@yubasutterarts.org.

About YSA: Yuba Sutter Arts is a non-profit organization whose mission is to provide arts programming, education, advocacy, assistance and service to artists, organizations and residents of Yuba and Sutter Counties. The official agency for Yuba and Sutter of the California Arts Council, its programs include the Murals of Live Oak, Cover It! Utility Box Murals, Shakespeare Readers' Theatre, Veterans Initiative in the Arts projects, Very Special Arts Festival, Harvest the Arts, Arts in Education, Poetry Out Loud, Arts in Corrections, Art Everywhere and many more. ★



Narinder Dhaliwal



Dr. Tawny Dotson



Grace Espindola



Kamara Graham, MD



Stephanie McKenzie



Nicole Montna Van Vleck



Nicole Newman

Thank A Veteran Today

MEMORIAL NOTICE

Renee S. Pfister (Etchegoin)

March 13, 1957 to August 6, 2020

A long time resident of Gridley, CA passed away unexpectedly on August 6th, 2020. Renee was born March 13, 1957 in Marysville, CA to Florinda Stanton and Andre Etchegoin. Renee married the love of her life, David E. Pfister February 14th, 1994 in Reno NV.

Renee is survived by her mother Florinda Stanton, her children: Christina, Andre, and Angela Rosales. Her grandchildren: Andrew Hernandez, Ashley Rosales, Damian Rosales, Daisy Enk, Delilah Enk and her Sister Selena Aguiar. She is preceded in death by her husband David E Pfister and her brother Perry.

Renee graduated from Yuba College in 1993 with her Associates in Science with a Licence of Vocational Nursing. She worked at Tahoe Forest Hospital as a Clinical Educator and Charge



Nurse. Her natural gift was always serving people which was exemplified through mentoring and being a preceptor to many nurses and students, sharing the wisdom and experience that she gained over the years. She was very conscientious in serving her patients with dignity, respect and true compassion.

Renee was a devoted mother and grandmother. Her joy came from spending time with her grandchildren and being with family and friends on outings. She loved quilting, crafts, volunteering

at the Moose lodge, camping and traveling with her husband David.

To the many she did not get to see in her final hours, she loves each one of you and will be with you always. She will be deeply missed by her family and friends, and all who knew her.

MEMORIAL NOTICE

Dorothy Anna Knipe

January 3, 1937 to August 12, 2020

Dorothy Anna Knipe passed away peacefully at home from natural causes the morning of August 12, 2020. She was surrounded by her beloved family during the final days.

Born January 3, 1937 in Tiger Township Missouri, Dorothy moved with her family to Redondo Beach, CA at 7 years old. It was there at the age of 13 she met and later married her lifelong partner Ervin Walter Knipe. Together they raised four loving children in the small town of Biggs, California.

Dorothy was a loving mother and a doting grandma. Nothing brought more joy to her life than spending time with her eight grandchildren and four great grandchildren. We will all miss her very much.



Dorothy and her children - Mike, Greg, Karen and Gary would like to express our sincere thanks and gratitude to the many family members, friends and service providers that helped us through some difficult times over the past few weeks.

A memorial service was held at the Gridley Biggs Cemetery. The family

requests that in lieu of flowers, donations may be made in the name of Dorothy Knipe to: North Valley Sparrow Foundation at PO BOX 1283, Biggs, CA 95917 (<https://www.northvalleysparrowfoundation.org/get-involved.html>)

Arrangements entrusted to Gridley-Block Funeral Chapel.

Sutter Buttes Garden Club Awards Two Scholarships

By Katherine Covert,
Sutter Buttes
Garden Club

YUBA CITY, CA (MPG) - The Sutter Buttes Garden Club has awarded scholarships of \$1,000 each to two area high school seniors. Receiving the Mary Barkhouse Memorial Scholarship was Justin Navarrot, of Sutter Union High School. Justin will be attending Cal Poly, San Luis Obispo, majoring in Agricultural Management Systems. Justin graduated with a 4.4 GPA, was active on Tennis Team, and was a community volunteer during his high school years. He also works for Filter Farms, stating he is passionate about farming, caring for our environment, and preserving natural resources.



Justin Navarrot



Cassidy Ann Davis

He is the son of Mr. and Mrs. Chad Navarrot of Yuba City.

Also receiving a \$1,000 scholarship was Cassidy Ann Davis, a graduate of Live Oak High School. Graduating with a 3.87 GPA, Cassidy will be attending California State University, Chico, majoring in Agricultural Business. She intends to earn a Pest Control Advisor license. Cassidy was involved as a volunteer in her community and at school, and was an accomplished gymnast, and participated in other sports. She was especially involved with the Future Farmers of America organization. She held a part time job at Lomo Cold Storage. Cassidy is the daughter of Scott and Julia Davis of Live Oak. ★

Educational Choice is Essential in the era of COVID-19

Commentary by
Assemblywoman
Megan Dahle

As school districts in Los Angeles and San Diego have announced their continued closure through the coming fall semester, I am one of many concerned parents that fear this trend could spread statewide. The communities I represent in the First Assembly District overwhelmingly depend on schools to provide meals, care, and a safe place for our children, and our region is not alone in this. What's more concerning is that the arguments driving the school closure debate are focused more on politics than actual science and what's in the best interest of students. As such, it has never been more important for educational options to abound for parents.

For many students in the North State the reality is that the local public school is their only option. Our students have some of the highest Adverse Childhood Experiences (ACEs) scores in the state. In eight of the nine counties I represent, the number of students that qualify for free and reduced-price meals at school ranges between 50 and 70 percent of all students, and they live in frontier areas. There are no daycare facilities, and access to broadband is spotty for some, and non-existent for most. The local public school is the life source for these students, and our communities cannot afford to do without them through the coming fall semester.

Furthermore, CDC data seems to demonstrate the risk of reopening schools is worth the reward of preventing learning loss, as children under the age of 18 are far less likely to contract the virus and



Megan Dahle

fatality rates are extremely low. Even fears that kids will transfer the virus to adults are starting to be dispelled based on preliminary research from reopened schools across Europe. Despite these facts, teachers' unions like UTLA have succeeded in strong-arming some districts into closures with politically motivated demands like banning charter schools. This is entirely contrary to what the state ought to be doing, which is expanding educational choice for parents.

If the option of returning to public school is going to be held hostage by teachers' unions across the state, parents need viable alternatives like charter schools. Many have been incredibly successful in transitioning to distance learning and combining blended learning models that parents are desperate for. As a result of the flexibility they offer, many charters have seen especially high numbers of new applicants in the months immediately following Newsom's March 19th stay at home order. But slots have been increasingly limited due to years of Democrat policies systematically restricting parental choice.

Some of the most recent examples of this include:

- AB 1505 (2019) gave further power to school districts to deny charter applications and enacted a temporary moratorium on non

classroom-based charters.

- AB 1507 (2019) added arbitrary location restrictions that limit where charter schools can operate.
- SB 98 (2020) enacted hold harmless provisions that cap K-12 average daily attendance (ADA) at 2019-20 levels, unfairly punishing schools that have operated successful programs and attracted new students during COVID-19, many of which will be charter schools.

Governor Newsom has approved each of these bills that edge charters further out of the picture, and with them, many viable options for students. Now, with a pandemic on his hands, widespread public school closures, and parents becoming desperate for educational choice, it appears the chickens have come home to roost.

Now is the time for the state to correct its course. Any decisions regarding the reopening of schools this fall should be regional, taking into account that not all communities have been affected the same by the pandemic. It should not be up to the political whims of teachers' unions to decide if public schools should open in the fall, but rather local leaders in concert with community stakeholders. Charters should receive equitable funding on par with public schools and be promoted as the viable option that they are. Whether parents feel comfortable sending their kids back to school or not, they deserve options.

Assemblywoman Megan Dahle represents the 1st Assembly District in the California Legislature, which includes portions of Butte and Placer counties, along with Lassen, Modoc, Nevada, Plumas, Shasta, Sierra, and Siskiyou counties ★

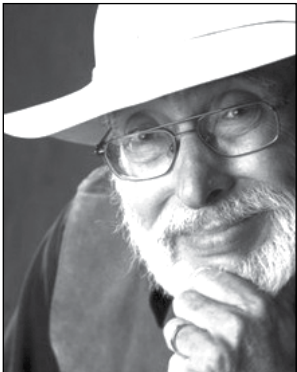
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Slim Randles' HOME COUNTRY



Slim Randles

“You know it has to be summer,” said Dud, “when you see lizards carrying canteens.”

There were nods of agreement going on around the round table at the Mule Barn coffee shop.

“Puts me in mind,” said Herb, “of that summer back in ’74. You remember that one?”

Everyone but Dud nodded. In 1974, Dud wasn’t

You know it has to be summer, when you see lizards carrying canteens

yet a twinkle of his parents’ eyes.

“Fried an egg on the hood of Doc’s car, we did,” said Herb, grinning. “Sunny side up, right, Doc?”

“That’s right,” Doc said, “but I wish you had asked me first. See, you boys didn’t put any grease on the hood and I thought I’d never get all that egg off.”

“Didn’t taste so pretty good either,” said Steve. “Herb forgot the salt, and it just ... well, it just didn’t taste much like an egg. Tasted like someone fried it up on a car hood. But I sure do remember it being hot that day.”

“How hot was it,

Steve?” asked Dud.

“‘Bout a hundred forty I’ll bet,” said our resident working cowboy with the walrus moustache.

“Never been that hot here,” said Dud.

“Talkin’ ‘bout the hood of that car,” Steve said.

In this group, the first liar doesn’t stand a chance.

“For me,” Herb said, “I’ll never forget when it got so hot that little kids dressed up like fire hydrants and sat still, hopping a dog’d come by.”

Brought to you by Ol’ Jimmy Dollar (and his hounds) a children’s book now40% off. See it at lpd-press.com. ★

Gridley Thumbs and Roots



By Barbara Ott

Habitat gardening is on my mind. When I began to eliminate some plants to make taking care of my yard easier, I felt concern that I would lose habitat for many insects and animals. So far this has not been a problem. There are enough sprawling perennials to provide a variety of

habitats even though there are fewer plants. Fewer plants is a relative term. Many people look at my current yard and think, “You had more plants than this?” I know there are still a lot of plants compared to my neighbors. One new inhabitant of my front yard that I’m questioning is a neighborhood cat. This cat spends most of its’ day in my yard. It lives over a block away. It lounges under the car. It lays against the house. That is its’ urban life in the yard using the hard-scape (cement). Then it has its rural habitat under my Crimson Queen Japanese Maple. It also has a clear line of sight spot near my front brick planter. It enjoys the deep shade of

that spot, on hot days and it can see the street. I used to hiss to make the cat leave. I’ve already conquered previous visiting cat’s potty places by putting down overlapping Dollar Store trellis. This has made it very hard to dig. So far, I’m not seeing signs of this cat using the yard as an outhouse. If I do, I will be hissing viciously and loudly as well as physically lunging toward this visitor, despite the welcome signs. As of now, the cat and I are living in harmony. When I started this habitat garden, I had not considered cats. Now I know that one does not get to choose which animals will enjoy the habitat. I’d rather have snails than a visiting cat. ★

Dear Dietitian

Nutritional Psychiatry



Commentary by Leanne McCrate

Dear Dietitian,

I am being treated for depression, and a friend told me about nutritional psychiatry. As I understand it, certain foods supposedly improve mood. Is there any science behind this?

Sincerely, Thomas

Dear Thomas,

Nutritional psychiatry is a new field of interest, only about ten years old. According to the National Institute of Mental Health, as many as 17.3 million adults in the US reported at least one episode of major depression in 2017. Major depression is defined as a “period of at least two weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified symptoms, such as problems with sleep, eating, energy, concentration, or self-worth” (1).

Nutritional psychiatry focuses on the use of food and supplements to provide essential nutrients that may be lacking in one’s diet. It is part of an integrated approach in treating mental illness, particularly depression and anxiety, and should not be used as a sole treatment.

Nutritional approaches to treating anxiety and depression are variable, based on one’s needs. Some patients are instructed to follow a Mediterranean diet, which is high in fruits and vegetables, healthy fats, oily fish, nuts, and low in red meat. Another treatment approach includes supplementing the diet with specific nutrients, such as folate, omega 3-fatty acids, and vitamin D. These nutrients may help improve mood and relieve anxiety and depression.

In the SMILES (Supporting the Modification of lifestyle in Lowered Emotional States) study, sixty-seven

participants, who suffered from moderate to severe depression, were randomly assigned to one of two groups. One group followed their usual diet. The other group followed a modified Mediterranean (ModiMed) Diet made up of fresh fruits, vegetables, whole grains, legumes, nuts, extra virgin olive oil, and oily fish. The diet differed from the traditional Mediterranean Diet in that it offered moderate amounts of lean red meat and reduced-fat dairy. At the end of three months, the ModiMed Diet had significantly reduced symptoms of depression (2). However, this study was limited by its small size and short duration.

While nutritional psychiatry may show promise, most of the studies in this area are observational and do not prove causation. More well-designed, randomized controlled trials (the gold standard of research) are needed to support a link between nutrition and depression and anxiety.

Depression and anxiety are serious conditions whose causes are multifactorial. Factors may

include: genetics, trauma, early childhood losses, chemical imbalances in the brain, medical illness, and stress. If depression and anxiety are interfering with your everyday activities, seek the help of a qualified physician.

Until next time, be healthy!

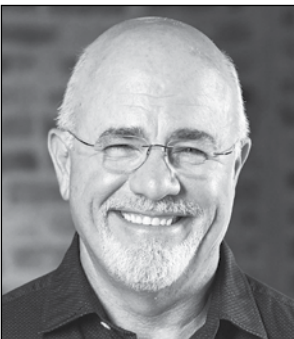
Dear Dietitian

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Leanne McCrate, RDN, LD, CNSC, is an award-winning dietitian based in St. Louis, MO. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★



A Very Generous Offer

Dear Dave,

My in-laws have very generously offered my wife and I \$250,000 to help with a down payment on a home. I know the amount exceeds the IRS’s yearly gift allowance, but they want to structure it as a family loan and have already told us they don’t care if we pay it back. If we accept, we technically owe them a lot of money. If we say no, they may be offended. What do you think about this and how it might impact the relationship?

– James

Dear James

Well, it makes sense your wife would be onboard with the whole thing. It’s her dad making the offer, so of course she would be a lot more comfortable with the idea than you are.

This is a big deal, and it’s something you two should have a very serious conversation about. Get

Dave Ramsey Says

Dear Chris

If I’m in your shoes, I’m going to fix the old one. Even it means duct tape and glue, I’m going to try to find a way to repair it instead of spending a bunch of money or going deeper into debt.

If you can’t do that at a reasonable price out of pocket, I’d be in the market for a decent, used log splitter. And pay cash! I get your line of thinking when it comes to increasing productivity. Splitting wood is real work. But don’t try to justify buying an expensive, new piece of equipment when it’s just not necessary.

If you’re making that much with a side hustle, you can make your money back on a used splitter in a month or two – three at the most. Be smart about it, Chris!

– Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 16 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

Sutter Sailor Serves aboard USS Indianapolis



Petty Officer 2nd Class Caylin Lang. Photo: Navy Office of Community Outreach

By Megan Brown, Navy Office of Community Outreach

MILLINGTON, TN (MPG) - One of the phenomenal sailors onboard the USS

Indianapolis (LCS 17) is Fire Controlman (FC) Petty Officer 2nd Class Caylin Lang.

As a FC, the Sutter, California, native is responsible for the maintenance and proper operation of the ship’s combat and weapons direction systems and gun fire control systems.

Prior to joining the Navy, FC2 Lang graduated from Sutter Union High School. She later attended Butte College and California State University, Chico.

Lang’s favorite part about being a FC in the

littoral combat ship community is “the unique training opportunities,” said Lang.

We salute FC2 Lang and all that she has done for the LCS community!

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Enough Subsidies for Electric Vehicles

Commentary by Robert L. Bradley Jr.

Americans are naturally wary of electric vehicles (EVs). Salespeople may pitch battery-powered cars as the future, but most drivers see them as an expensive, chancy alternative to petroleum-fueled automobiles. This has been true for more than a century.

Electric cars once stood on their own. "In the late 1890s, at the dawn of the automobile era, steam, gasoline, and electric cars all competed to become the dominant automotive technology," wrote David Kirsch in *The Electric Vehicle and the Burden of History*. "By the early 1900s, the battle was over, and internal combustion was poised to become the prime mover of the twentieth century."

In 1896, in fact, when a young Henry Ford asked Thomas Edison about electricity for his horseless carriage, Edison banged the table with a "no," citing reduced driving range from a heavy battery and inconvenient recharging.

Today, government policies have put EVs back into the market – for the elite. There are federal write-offs of \$7,500 per vehicle and 30 percent for EV refueling stations. Car dealers use EV credits to average down regular SUVs to meet Corporate Average Fuel Economy (CAFE) standards too.

Still, range is poor and recharging time-consuming for EVs, not to mention searching for scarce refueling stations. And far from emission-free, EVs are "elsewhere emission" vehicles since nearly two-thirds of U.S. electricity is generated from natural gas and coal.

Throwing good money after bad, states are handing out subsidies to EV buyers. New Jersey recently instituted rebates of up to \$5,000 per car. California offers up to \$7,000 in electric vehicle rebates, while Oregon provides \$2,500.

Will this change true ways of driving? New Jersey officials believe their plan

will increase electric vehicles to 330,000 in just five years. By 2040, lawmakers hope that electric motors will power 85 percent of light vehicles sold or leased in the Garden State.

That's fantasy. Electric vehicles only accounted for 2 percent of new vehicle sales nationwide in 2019 even with a host of tax bribes. In fact, EV sales have stagnated; California, which provides the strongest incentives for purchasing electric vehicles, saw sales decline in 2019.

It should be no mystery. While gas-powered cars can travel up to 500 miles on a single tank, electric vehicles get a mere 100 to 300 miles per battery charge. Winter heating and summer cooling drain batteries, leading to "range anxiety" wherein drivers fear the engine might die before reaching its destination.

Future battery costs are unsettling to buyers. The Nissan Leaf, for example, requires a new battery every 10 years at a cost of as much as \$8,500. This is one reason why the average new EV loses more than half of its value in just three years, with some losing almost 70 percent. By comparison, the average three-year depreciation for all vehicles is just 38 percent.

Inexpensive gasoline and diesel have made traditional cars even more desirable. Advances in drilling and other technologies were behind gasoline's drop to below \$3 a gallon. Today, regular unleaded averages below \$2 per gallon nationally.

Post-pandemic, when oil demand returns to normal levels, gasoline will remain far below \$4 a gallon price in the summer of 2008, thanks to the shale-oil revolution. Car emissions, too, have significantly declined since the 1970s.

Environmentally conscious regulators and prudent lawmakers can let Americans buy regular cars. Taxpayers will be thankful too.

Robert L. Bradley Jr. is the founder and CEO of the Institute for Energy Research. ★

California's Crisis of Competence



By Dan Walters, Cal Matters

Year by year and article by article, Ralph Vartabedian has revealed to Californians the woeful shortcomings of the state's largest public works project, a north-south bullet train.

Vartabedian, a writer for the Los Angeles Times, has made a virtual career of uncovering the project's managerial, financial and political failings, lending factual credence to the conclusion that the wisest course would be to cut our losses and give it up.

Although the project enjoyed strong personal support from two previous governors, Arnold Schwarzenegger and Jerry Brown, Gov. Gavin Newsom came very close to calling it quits when he took office 19 months ago — then backtracked and proposed a modified version that's still unrealistic.

Vartabedian's latest revelation in the Times underscores that fact, describing that "a series of errors by contractors and consultants on the California bullet train venture caused support cables to fail on a massive bridge, triggering an order to stop work that further delayed a project already years behind schedule..."

"Hundreds of pages of documents obtained by the Times under a public

records request show the steel supports snapped as a result of neglect, work damage, miscommunications and possible design problems."

"High-strength steel strands supporting the 636-foot-long structure began to snap on Oct. 22, one after another," Vartabedian wrote. "Ultimately, 23 of the strands, which are composed of seven individual wires each, broke unexpectedly, according to rail authority documents and officials. The order to stop work was issued Nov. 4.

"A forensic engineering analysis, obtained by the Times, found that the strands corroded from rainwater that had leaked into the internal structure of the bridge and then broke."

Vartabedian quotes Robert Bea, emeritus professor of civil engineering at UC Berkeley and co-founder of its Center for Catastrophic Risk Management, as calling it "a horrible sequence of mistakes."

Vartabedian's article not only once again demonstrates that the bullet train is a multi-billion-dollar boondoggle, but exemplifies why a vigorous and unshackled press is invaluable in overseeing the conduct of public officials.

Unfortunately, the failings of the bullet train that Vartabedian has so consistently and thoroughly revealed are also emblematic of a larger malaise: the erosion of competence in a state government that once prided itself on doing big things well.

California once built highways, bridges, university campuses, dams, canals and other public works quickly and efficiently. It even dispatched its crack highway

engineers to other nations to provide can-do advice.

Those days are long gone. For example, it took two decades, with huge cost overruns, to replace one-third of the San Francisco-Oakland Bay Bridge even though building the entire bridge originally took just four years in the 1930s.

The bullet train's managerial shortcomings are also reflected in recent melt-downs in the Department of Motor Vehicles and the Employment Development Department, largely due to managerial neglect of their outmoded information technology systems, a condition that plagues numerous other state agencies.

The underlying syndrome is the obsession among bureaucrats and their political overseers with short-term actions to get public attention while ignoring consequences and long-term issues.

The bullet train is a prime example. It was launched without a well-thought-out plan, without complete financing, without an effective organizational structure — and without a valid factual need. The folks in charge have been making it up as they go along and the result has been a disaster.

It's something to ponder every time a politician proposes some grand scheme, such as the universal health care system that Newsom often touts. Why should we believe it would be any more functional than the DMV, EDD or the bullet train?

Email: dan@calmatters.org
Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

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Chico Sticks It to the Needle Distribution Program

By Seti Long

CHICO, CA (MPG) - Early this year, the Downtown Chico Business Association, Gallaway Enterprises and 18 other plaintiffs sued the Northern Valley Harm Reduction Coalition, citing serious issues with its needle distribution program.

The NVHRC needle distribution program, endorsed by the Butte County Health Department, hoped to reduce the spread of Hepatitis C and other diseases in intravenous drug users through sharing and using of dirty needles. Whether or not the program was successful at reducing transmission rates in the Chico area, residents felt that the sharp increase of

discarded needles in Chico parks and neighborhoods was an even greater safety hazard.

Attorneys Rob Berry and co-counsel Walt McNeil represented the plaintiffs in the case and settlement has been reached: The NVHRC will immediately cease needle distributions in the Chico area. In addition, the NVHRC will conduct sweeps throughout Chico focusing on areas where homeless encampments are located and other hot-spots to remove and safely dispose of discarded, used syringes. The state department of public health has agreed to pay \$15,000 towards the plaintiffs' legal fees, with local health departments

withdrawing their approval of the program.

Under pressure from its residents, the Chico City Council attempted to address concerns with the needle distribution, but it took the lawsuit to shut the program down. Berry says, "What is sad and disappointing is that the city council majority could have obtained this outcome by a simple majority vote to enact a land use ordinance to ban this type of activity, mirroring what was done by Oroville, Biggs, Yuba City, Marysville and Sutter County." He continues, "Instead, citizens had to raise tens of thousands of dollars of private money and seek legal remedies in the courts." ★

Man Arrested in Three Year-Old Murder Case

Butte County Sheriff's Office

OROVILLE, CA (MPG) - The Butte County Sheriff's Office (BCSO) announced the arrest of Larry Bonner of Oroville, age 54, for the murder of John Prater. The arrest is the culmination of an investigation that began in 2017. At that time the Butte County Sheriff's Office began investigating a homicide in the Oroville area that was reported on October 5, 2017. Prater was 35 years-old at the time of his death. For the past three years, Butte County Sheriff's Office detectives have continued to investigate Prater's murder. During the investigation detectives identified Bonner as a suspect.

While investigating the murder, detectives located evidence linking Bonner to unrelated cases involving illegal possession of firearms and narcotics. Detectives arrested Bonner in September of 2019 for

the firearms and narcotics charges. Bonner was convicted on the firearms and narcotics charges, and was sentenced to seven years in California State Prison. Over the past year detectives have been working with the Butte County District Attorney's Office and conducting additional follow-up on the murder case.

In July of 2020, detectives obtained an arrest warrant for Bonner for one felony count of murder. On August 11, Bonner was transported from San Quentin State Prison to the Butte County Jail. The Sheriff's Office is asking anyone with information about this investigation to contact Detective Vaj Thao at 530-538-7671.

Sheriff Kory Honea said, "I am proud of the persistent determination of the detectives who have worked throughout the years to bring justice to John and closure to his family." ★

Governor Must Do Better to Serve the Unemployed

By Nghia Nguyen, Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - With over half of all adults in California reporting lost income since March and a 17% unemployment rate across the state, Senator Jim Nielsen (R-Tehama) joined over 60 lawmakers to demand the Employment Development Department (EDD) to do better to serve Californians.

"The first and last priority of all government workers is to serve," said

Senator Nielsen. "EDD is failing at its job. There are no excuses for not serving Californians who lost their jobs to no fault of their own, who have depleted their life savings, gone into extreme debt and are filled with anxiety each, and every day."

"Governor Newsom's administration must do better and expedite these funds to desperate Californians."

Since the pandemic, Senator Nielsen's office has resolved over 375 EDD cases, with 136

outstanding. These numbers reflect those who have contacted Senator Nielsen's office. Statewide, 1.13 million Californians are still waiting on benefits.

Elected to the State Senate in January 2013, Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba. To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. ★

Thoughts to Ponder

by Kathy Neal



Ok, how many times have you washed your hands today? The last few hours?

Just the last few minutes? We hear over and over on TV, on the Walmart

loudspeaker, and on the news: "Wash your hands! Wear a mask! Use gloves if

necessary! Keep your social distance! Clean – Scrub – Clean – Scrub – Repeat."

We are all cleaning and sanitizing our movements during the day. So, we won't get sick. Wipe down the steering wheel. Wipe off the handles on the carts we use. Spray doorknobs with disinfectant. Too bad we can't do this with our spiritual lives. Wipe them clean and start over!

Those of you who have the device called "Alexa" can wipe clean

messages, conversations, or any awful disgraceful thought you called out over your daily activities. You can just command it and "poof" all the stuff is erased. Well, God is not "Alexa" but, He does the same thing for us with all our sinful, distasteful, shameful things we have done. But not only does He take away our sinful doings, He takes it a step further. Once we are cleaned and washed clean, He provides a forever place free of evil and pain where we can rest with Him forever.

Only forgiven, washed clean, holy people can walk in the presence of God Almighty. He wants us to be holy, for He is holy. He in His glory and power can sweep away our failures and redeem us to His glory thru His grace and mercy (which by the way is freely given; paid for by Jesus Christ's blood of the Passover Lamb).

There is nothing God through Jesus can't do. Whatever excuse we can

come up with, He has an answer to the problem. If He can forgive a King that killed, an apostle that condemned his followers, or a judge that failed to carry out His orders, then He can surely us His grace to sanitize us.

God cleans the deepest, darkest places of our hearts and souls. He wipes away every tear shed in pain and heart break. Every regret we fail to share. God is our cleaner – our sanitizer – our remodeler – our home base. Bring Him close to you, use His power to make life safer, more bearable. You can count on Him!!!

The Gridley United Methodist Church is now open for an outdoor service. This Sunday at 9:30 am. Please wear a mask. We will follow COVID safety procedures. We will sanitize your hands and God will sanitize your soul. We are located on the corner of Haskell and Magnolia Streets. ★

Oroville Man Drives Truck into PD

Oroville Police Department Press Release

OROVILLE, CA (MPG) - On Friday afternoon, August 14th, at approximately 3:00 PM, Jedidiah Guerra, 33 years old of Oroville, drove a 1997 Chevrolet full size truck into the public lobby of the Oroville Police Department. The collision caused extensive damage to the lobby, the public restroom, as well as damaging the plumbing to the building. Guerra attempted to flee on foot and assaulted two officers who attempted to contact Guerra. Guerra was ultimately detained and placed under arrest, in front of the Police Department, without further incident.

Fortunately, there wasn't anyone inside the lobby or the public restroom at the time of the incident. The cost to repair the damage is unknown at this



The damage caused by the vehicle is unknown. Photo: Oroville Police Department

time. The public lobby and restroom of the Oroville Police Department and the Oroville Fire Department are closed until for repairs.

Based on the investigation it appears Guerra drove into the Oroville Police Department intentionally; however, the reason is still under investigation. Guerra was booked in the Butte

County Jail for Driving Under the Influence, Felony Vandalism, and two counts of Battery on a Police Officer. Guerra's bail was set at \$140,000.

If you have information or questions regarding this incident you are asked to contact the Oroville Police Department at 530-538-2448. ★

BCAG Regional Housing Needs Plan 2020 Update

By Victoria Proctor, Butte County Association of Governments

BUTTE COUNTY, CA (MPG) - The Butte County Association of Governments (BCAG) has initiated the 2020 update of the BCAG Regional Housing Needs Plan. This plan is required by California Government Code Section 65584, and must be updated every eight (8) years. It indicates how Butte County's regional housing need, as stipulated by the California Department of Housing and Community Development (HCD), is to be allocated on

a "fair share" basis among the five municipalities and the unincorporated County. Each jurisdiction must then use its regional "fair share" allocation as the basis for updating the Housing Element of its General Plan.

BCAG is coordinating the development of the update with planning staff from the five municipalities and the County, as well as through outreach to key stakeholder groups and the general public. A draft allocation methodology has been completed and sent to HCD as required, and a public hearing will be held at the BCAG Board of Directors Meeting at 9:00am

on August 27th, 2020 in the BCAG Board Room located at 326 Huss Drive, Suite 150 in Chico, CA.

If you would like more information, please call BCAG Planning Manager Chris Devine or BCAG Executive Director Jon Clark or at (530) 809-4616 or via email at cdevine@bcag.org or jclark@bcag.org.

More information on the BCAG 2020 Regional Housing Needs Plan update can be found at <http://www.bcag.org/Planning/Regional-Housing-Need-Plan/2020-Regional-Housing-Need-Plan/index.html>. ★

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NOTICE OF PETITION TO ADMINISTER ESTATE

ESTATE OF CAROL LYNN MARTIN LIMASA
CASE No. 20PRO0230
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Carol Lynn Martin Limasa, deceased

A Petition for Probate has been filed by Heather R. Simola, in the Superior Court of California, County of Butte, requesting Heather R. Simola, be appointed as personal representative to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 1, 2020 9:00 a.m. in Dept C-10 at Superior Court of California, County of Butte 1775 Concord Avenue Chico, CA 95928.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of

any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for petitioner is: Raoul J. LeClerc, Esq PO Drawer 111 Oroville, CA 95965 530-533-5661 Publish: August 7, 14, and 21, 2020 LIMASA 170622 8-21-20

TRUSTEE SALE NOTICES

TSG No.: 190867660-CA-MSI TS No.: CA1900285269 APN: 103-440-035 Property Address: 44 PINE NEEDLE LN LAKE ALMANOR, CA 96137 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/29/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 09/23/2020 at 11:00 A.M., First American Title Insurance Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 01/19/2006, as Instrument No. 2006-0000512, in book , page , of Official Records in the office of the County Recorder of PLUMAS County, State of California. Executed by: TIMOTHY D. O'BRIEN, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States) East Entrance Plumas County Courthouse, 520 Main Street, Quincy, CA 95971 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 103-440-035 The street address and other common designation, if any, of the real property described above is purported to be: 44 PINE NEEDLE LN, LAKE ALMANOR, CA 96137 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$ 217,877.13. The beneficiary under said Deed of

Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web www.Auction.com, using the file number assigned to this case CA1900285269 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgageor, the Mortgagee or the Mortgagee's attorney. Date: First American Title Insurance Company 4795 Regent Blvd, Mail Code 1011-F Irving, TX 75063 First American Title Insurance Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL 800-280-2832NPP0371021 To: GRIDLEY HERALD - PLUMAS 08/07/2020, 08/14/2020, 08/21/2020 NPP#0371021 8-21-20

Butte County Sheriff's Office Investigating Berry Creek Homicide

Butte County Sheriff's Office Press Release

BERRY CREEK, CA (MPG) - On August 6, 2020, at 2:01 p.m., the Butte County Sheriff's Office (BCSO) received a 911 call from an individual who reported a dispute on Spence Way, Berry Creek. During the 911 call the individual reported a male, later identified as Scott Halliburton of Berry Creek, 40, had been shot. Deputies and detectives arrived and located Halliburton near the driveway of a residence. Deputies immediately began applying first aid to Halliburton. Deputies eventually determined Halliburton was deceased.

While deputies were providing first aid to Halliburton, deputies and detectives began interviewing witnesses. Witnesses identified the individual who shot Halliburton as Matthew Pia of Berry Creek, 51. One

witness told detectives Pia returned to his neighboring property on Spence Way after the shooting and committed suicide. Deputies and detectives immediately responded to the property to check on Pia. Deputies and detectives located Pia on the property. Deputies and detectives determined Pia was deceased as a result of a gunshot wound.

Detectives obtained a search warrant for Halliburton and Pia's properties, which are both located on Spence Way. After obtaining the search warrant, detectives from the Felony Investigations Unit, the Butte Interagency Narcotics Task Force, the Butte County Sheriff's Office Special Enforcement Unit, Designated Area Deputies, and the California Department of Justice processed the crime scenes and searched the properties. During the search numerous

evidence items were located to include video surveillance, large quantities of marijuana, firearms, and a butane honey oil manufacturing lab.

Based on video surveillance and witness statements, detectives determined Halliburton and Pia were involved in a dispute over a property line. The dispute escalated and Halliburton and Pia both shot at each other. Halliburton died as a result of a gunshot wound sustained during the shooting. Pia returned to his property, where he died as the result of a gunshot wound. This investigation is ongoing. Detectives are in the process of interviewing witnesses and reviewing surveillance. The Sheriff's Office is asking anyone with additional information to contact Detectives Tristan Harper or Vaj Thao at 530-538-7671. ★

Dahle, Gallagher Building Local Control Coalition

By Curtis Grima,
Office of Assemblyman
James Gallagher

SACRAMENTO, CA (MPG) - Assemblywoman Megan Dahle (R-Bieber) and Assemblyman James Gallagher (R-Yuba City) are spearheading a new effort to reinstate local control over COVID-19 closures and prevention measures. The Assemblymembers are working to create a unified voice of local elected officials in Northern California via a letter currently in circulation.

In part the coalition's letter to the Governor reads:

We write to you as a unified coalition of elected representatives from Northern California committed to advancing the health and safety of our communities through scientific, data-driven public health strategies to mitigate the spread of COVID-19. We appreciate your past flexibility in allowing regional and local governance based upon local conditions. It is in this spirit that we ask the state to reinstitute this approach and

allow regional variance in implementing business closures and prohibitions on certain activities.

"If you agree that the Governor's arbitrary one-size-fits-all mandates are unjust, we urge you to contact your local elected officials and urge them to sign this letter and join the coalition. The North State must band together and send a message that cannot be ignored in Sacramento," said Dahle and Gallagher.

To date, more than 50 County Supervisors City Councilmembers from Northern California have agreed to sign onto the letter.

Assemblyman James Gallagher represents the 3rd Assembly District, which encompasses all of Glenn, Sutter, Tehama and Yuba counties as well as portions of Butte and Colusa counties.

Assemblywoman Megan Dahle represents the 1st Assembly District, which includes portions of Butte and Placer counties, along with Lassen, Modoc, Nevada, Plumas, Shasta, Sierra, and Siskiyou counties.

Source: California Legislature ★



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Gridley- Biggs Police Report

August 9th - August 16th

8-9-20: At 11:05 am on W. Liberty Rd. and Independence Way, Gridley CA, Alfredo Jauregui Santillan, 49, was cited for possession of a controlled substance (11377 (a) H&S), possession of drug paraphernalia (11364 (a) H&S), driving without a license (12500 (a) VC) and failure to yield the right of way (21802 CVC).

8-9-2020: At 11:24 pm on Hwy 99 and W. Liberty Rd., Gridley CA, Paige Rianne Stoker, 28, was cited for possession of a controlled substance (11377 (a) H&S) and driving with a suspended license (14601.1 (a) VC).

8-10-20: At 5:27 am on the 300 block of Locust St., Gridley CA, Harold Dean Watson II, 40, was arrested on two outside agency misdemeanor warrants.

8-10-20: At 5:08 am on the 1600 block of Hwy 99, Gridley CA, Danielle Jean Selfridge, 26, was arrested for an outside agency misdemeanor warrant.

8-10-20: At 6:13 pm on the 1800 block of Magnolia St., Gridley CA, Jorge Ramirez Gomez Jr., 41, was cited on two outside agency misdemeanor warrants.

8-11-20: At 1:15 am on the 1600 block of Hwy 99, Gridley CA, Octavio Carrillo Campos, 44, was cited for possession of drug paraphernalia (11364 (a) H&S), driving with a suspended license (14601.1 (a) VC) and no proof of insurance (16028 (a) VC).

8-11-20: At 3:34 am on E. Gridley Rd. and Gilstrap Ave., Gridley CA, Emanuel Lapuste, 41, was cited for possession of a controlled substance (11377 (a) H&S), driving with a suspended license (14601.1 (a) VC), no proof of insurance (16028 (a) VC), expired registration (4000 (a)(1) CVC) and appropriation of lost property (485 PC).

8-11-20: At 3:34 am on E. Gridley Rd. and Gilstrap Rd., Gridley CA, Alicia Leann Butlermoore, 32, was cited for possession of drug paraphernalia (11364 (a) H&S).

8-11-20: At 6:30 pm on the 1500 block of Hwy 99, Gridley CA, Paul Eduardo Menchaca, 40, was arrested for vandalism (594 (a)(1) PC), public intoxication (64 (f) pc) and was booked into Butte County Jail.

8-11-20: At 11:31 pm on E. Gridley Rd., Gridley CA, Megan Nicole Hunzeker, 41, was cited for possession of more than 28.5 grams of marijuana (11357 (b)(2) H&S).

8-12-20: At 6:50 pm on the 100 block of Haskell St., Gridley CA, Patricia Diasylee Mobley, 36, was cited on and outside agency misdemeanor warrant and arrested on charges of child cruelty with possible injury/death (273(a) pc), violation of probation (1203.2(a) pc), possession of a narcotic controlled substance (11350 (a) H&S), possession of a controlled substance (11377 (a) H&S), two counts of possession of drug paraphernalia (11364 (a) H&S) and was booked into Butte County Jail.

8-13-20: At 2:52 am on the 200 block of E St., Biggs CA, Shayla Sun Wright, 36, was cited for violation of probation (1203.2(a) pc), possession of a narcotic controlled substance (11350 (a) H&S), possession of drug paraphernalia (11364 (a) H&S), driving with a suspended license (14601.1 (a) VC) and no proof of insurance (16028 (a) VC).

8-15-20: On the 1500 block of Gilstrap Ave., Gridley CA, Jaime Javier Perez, 40, was arrested on an outside agency felony warrant and booked into Butte County Jail.

8-16-20: At 5:16 am on the 1600 block of Hwy 99, Gridley CA, Kenneth Charles King, 58, was cited on a local misdemeanor bench warrant.

get more info at www.crimegraphics.com

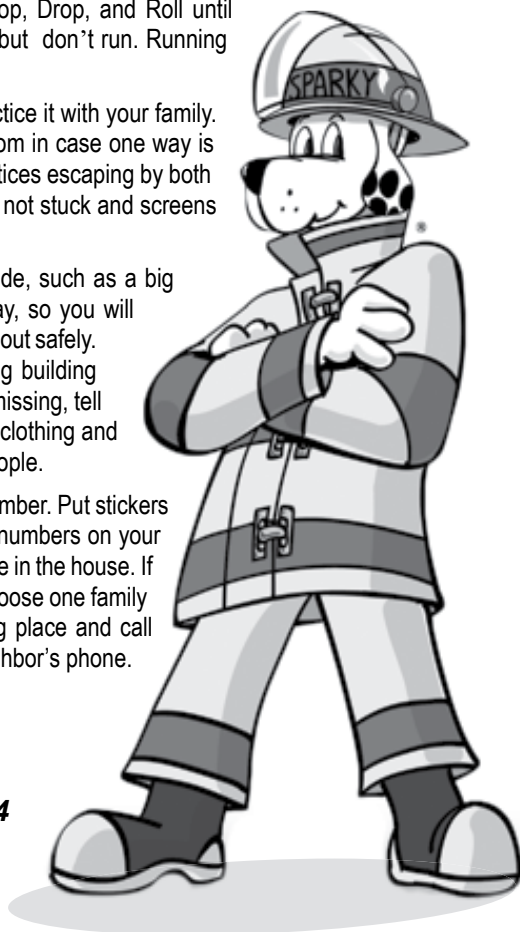
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- 2) Ask your parents to install smoke detectors on every floor and in the sleeping areas of your home. Smoke detectors can save lives. Ask your parents to show you where each one is located.
- 3) Remind your parents to test your smoke detectors every month. Make sure everyone in your family is familiar with its piercing sound. Teach them that this sound means danger, and they must escape quickly.
- 4) When your parents change the time on your clocks for Daylight Savings, ask them to change your smoke alarm batteries. Give it fresh batteries and your smoke alarm will stay awake and watch for fire while you are sleeping.
- 5) In case of fire: DON'T HIDE, GO OUTSIDE! Fires are scary, but you should NEVER hide in closets or under beds when there is a fire.
- 6) To escape during a fire; Fall & Crawl. It is easier to breathe in a fire if you stay low while getting out. Use the back of your hand to test if a door is hot before you open it. If it is hot, try to use another way out.
- 7) If your clothes are on fire; Stop, Drop, and Roll until the fire is out. Shout for help, but don't run. Running makes fire burn faster.
- 8) Have an escape plan and practice it with your family. Find two ways out of every room in case one way is blocked by fire or smoke. Practices escaping by both routes to be sure windows are not stuck and screens can be taken out quickly.
- 9) Choose a meeting place outside, such as a big tree or the end of the driveway, so you will know that everyone has gotten out safely. NEVER go back into a burning building for any reason. If someone is missing, tell the firefighters. They have the clothing and equipment to safely rescue people.
- 10) Know your local emergency number. Put stickers and magnets with emergency numbers on your refrigerator and every telephone in the house. If there is a fire at your house, choose one family member to leave your meeting place and call the fire department from a neighbor's phone.

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000757

The following persons are doing business as: **GRIDLEY ICE BURGIE**
2298 Stonybrook Drive Yuba City, CA 95991
Jayne Barrow, 2298 Stonybrook Drive Yuba City, CA 95991
 Date Filed in Butte County: July 22, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: July 31, August 7, 14, and 21, 2020 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #20CV01402

1. Petitioner Patricia Lopez filed a petition with this court for a decree changing names as follows:

Present name
 Alberto Lopez

Proposed name
 Alberto Santana Lopez

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing September 16, 2020 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: July 31, August 7, 14, and 21, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000648

The following persons are doing business as: **IRIS SPATHE**
1450 Springfield Drive #63 Chico, CA 95928
Julia Flynn, 1450 Springfield Drive #63 Chico, CA 95928
 Date Filed in Butte County: June 26, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: July 31, August 7, 14, and 21, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000702

The following persons are doing business as: **Elemental Eye**
844 Thresher Avenue Gridley, CA 95948
Kerrie Newton, 844 Thresher Avenue Gridley, CA 95948
 Date Filed in Butte County: July 10, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: July 31, August 7, 14, and 21, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000758

The following persons are doing business as: **ABSOLUTE CONCRETE**
1139 Gridley Avenue Gridley, CA 95948
Jeramy Snyder, 1139 Gridley Avenue Gridley, CA 95948
 Date Filed in Butte County: July 22, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 7, 14, 21, and 28, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000765

The following persons are doing business as: **SIERRA MOBILE HEALTH**
2050 Springfield Drive #317 Chico, CA 95928
James Robert Blaser, 2050 Springfield Drive #317 Chico, CA 95928
 Date Filed in Butte County: July 23, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 7, 14, 21, and 28, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000784

The following persons are doing business as: **SIERRA NEVADA CONNECTIONS**
3120 Cohasset Road Suite 1 Chico, CA 95973
Mountain Circle Family Services Incorporated, 3120 Cohasset Road Suite 1 Chico, CA 95973
 Date Filed in Butte County: July 29, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 7, 14, 21, and 28, 2020 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #20CV01443

1. Petitioner Tobey Lynn Chatham filed a petition with this court for a decree changing names as follows:

Present name
 Tobey Lynn Chatham

Proposed name
 Hope Celeste Chatham

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing September 09, 2020 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: August 7, 14, 21, and 28, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000526

The following persons are doing business as: **CLS COMMUNICATIONS**
15191 Humbug Road Magalia, CA 95954
Christine Smith-Meyerpeter, 2950 Antelope Valley Road Reno, NV 89506
 Date Filed in Butte County: June 9, 1994
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 7, 14, 21, and 28, 2020 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #20CV01500

1. Petitioner Alexandra Shea Green filed a petition with this court for a decree changing names as follows:

Present name
 Alexandra Shea Green

Proposed name
 Alexandra Shea Glenn

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing September 16, 2020 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: August 14, 21, 28, and September 4, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME- STATEMENT OF ABANDONMENT FILE NO. 2015-0000800

The following persons have abandoned the use of the Fictitious Business Name: **GAMESTOP 5227**

690 Mangrove Avenue Chico, CA 95926

Gamestop Inc, 625 Westport Parkway Grapevine, TX 76051

Date Filed in Butte County: June 21, 2016

The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Corporation

Publish: August 14, 21, 28, and September 4, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000818

The following persons are doing business as: **HIGH TAIL DOG TRAINING**
52 Northwood Commons Place Chico, CA 95973
Debra Folsom, 52 Northwood Commons Place Chico, CA 95973 and Baylie Hill, 8789 Laporte Road Brownsville, CA 95901
 Date Filed in Butte County: August 7, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: General Partnership

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 14, 21, 28, and September 4, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000729

The following persons are doing business as: **STRANGE VACATION**
150 Obermeyer Avenue Gridley, CA 95948
Carl R. Bartlett II, 150 Obermeyer Avenue Gridley, CA 95948
 Date Filed in Butte County: July 16, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 14, 21, 28, and September 4, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000794

The following persons are doing business as: **RED STAR BATTERIES**
1364 Highway 99 Gridley, CA 95948

Maria D Vargas, 2691 Norwood Avenue Sacramento, CA 95815
 Date Filed in Butte County: August 3, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 14, 21, 28, and September 4, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000831

The following persons are doing business as: **GOLDEN VALLEY NON-EMERGENT TRANSPORTATION**
2767 Olive Highway Oroville, CA 95966
Oroville Hospital, 2767 Olive Highway Oroville, CA 95966
 Date Filed in Butte County: August 12, 2020
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 21, 28, September 4, and 11, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000300

The following persons are doing business as: **PACIFIC COAST ENVIRONMENTAL SERVICES**
2581 California Park Drive #207 Chico, CA 95928
Oroville Hospital, 2767 Olive Highway Oroville, CA 95966
 Date Filed in Butte County: March 12, 2020
 The Registrant commenced to transact business under the above business name on: 3/7/2020
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: August 21, 28, September 4, and 11, 2020 (The Gridley Herald)



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R.F.D.

by Mike Marland



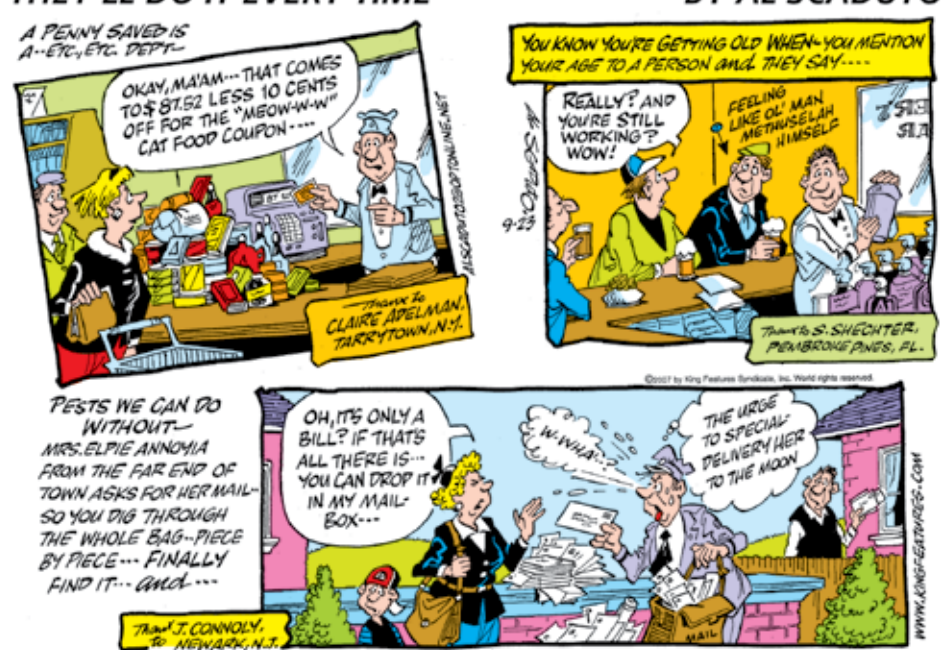
The Spats

by Jeff Pickering



THEY'LL DO IT EVERY TIME

BY AL SCADUTO



GRIN & BEAR IT

LAFF-A-DAY



Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTHOFF



Crossword Puzzle on Page 12

U	S	P	S			I	L	O			P	S	I		
P	L	U	M			A	M	E	N		U	B	O	A	T
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N	I	O	B	E			O	A	T		G	N	A	R	S
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A	I	M					D	N	A			D	I	N	T

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Sudoku Puzzle on Page 12

5	1	4	8	2	7	6	3	9
9	2	8	3	6	4	5	7	1
7	6	3	9	5	1	8	2	4
1	3	6	5	7	2	9	4	8
8	5	2	4	9	3	1	6	7
4	9	7	1	8	6	2	5	3
2	7	1	6	3	9	4	8	5
6	4	5	7	1	8	3	9	2
3	8	9	2	4	5	7	1	6



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The Desert Willow: A Beautiful Small Tree for Native Gardens



Above: Desert willow - *C. linearis* provides some shade. Left: Desert Willow blooms in the Master Gardener Demonstration Garden. Photos courtesy Laura Kling

By Laura Lukes,
UC Master Gardener
of Butte County

Desert willow (*Chilopsis linearis*) is prized in dry gardens for its showy and fragrant blossoms, which cover the tree in summer, when many native bloomers are past their spring glory and entering semi-dormancy to protect against heat and drought. Desert willow loves the long hot days of summer. It does best in full sun, becoming leggy and thin in part shade. It's extremely drought resistant and will succumb to root rot if not planted in a well-drained, seldom-irrigated location. In the wild, it will grow in desert regions along streams, washes, and channels that are ephemeral (drying up between rains). Deciduous in winter, desert willows may shed some leaves in extreme summers, to help conserve energy and food.

Since true willows love moist environments, "desert willow" is an oxymoron; *C. linearis* is not a true willow but a relative of the catalpa tree and a member

of the trumpet vine family (*Bignoniaceae*). Its leaves do mimic those of willows: they are long and slender with smooth margins and waxy surfaces. The shape of the flowers, combined with the shape of its leaves, earned the desert willow its taxonomical name: *Cheilos* is Greek for lips, and *opsis* translates from Greek as "resembles." The bright two-toned flowers (purple, lavender, or pink, with white) have the tubular, droopy bottom lip shape characteristic of trumpet vine blossoms.

Once done blooming, the abundant and striking flowers develop into slender fruits six to ten inches long, many of which cling to the branches through winter into the following spring to then produce seeds with winged hairs.

There are many common names for this lovely tree: flowering willow, desert catalpa, willow-leaved catalpa, willowleaf catalpa, bow willow, flor de mimbre, and mimbre. *Mimbre* is a Spanish word that is sometimes translated as willow or wicker, but technically means

the twigs and sprigs of willow trees that were woven into baskets or furniture.

The desert willow is native to the Southwestern U.S. and Northern Mexico; its native range in California is restricted to the arid southern portions of our state. The US Department of Agriculture notes that it can occur naturally as far east as southwest Kansas and eastern Oklahoma. Anywhere that's hot, sunny, and dry, and not above 5,000 feet in elevation will support this hardy tree with a life span of between 40 and 150 years.

Native peoples derived medicine, food, clothing, basketry, and shelter from desert willow trees. As a pharmaceutical, the flowers, leaves, and bark were heated and pounded to make poultices and steeped to make a soothing tea for coughs. Flowers were used as a prophylactic against yeast and fungal infections, and to help heal scratches and scrapes. Flowers did double duty as food, and seed pods were also eaten. But the real heavy lifting was done by the bark and branches of this multi-purpose tree. Bark was

turned into fabric for clothing and cordage for nets. Once stripped of the bark, branches became the foundational coil for baskets. Mature wood was used to frame structures and granaries, as posts for fencing, and carved into bows for hunting. And although its thin leaves don't make the desert willow what one could call a shade tree, that commodity is in such short supply in deserts that travelers would rest under what shade it did offer.

The desert willow planted at the Master Gardener Demonstration Garden does provide a little bit of shade but its real value lies in the rich blue-green of its leaves and the eye-catching color and shape of its sweet-smelling flowers. Where it occurs in nature, it creates the feeling of a small oasis in the middle of dry desert washes. As a landscape specimen, it adds a lush look during summer heat to the native, drought resistant garden. It's a winning choice for a specimen tree.

This is a condensed version of a longer article which can be found on the Master Gardener "Real Dirt" blog at <https://ucanr.edu/sites/bcmg/Blog/>.

The UC Master Gardeners of Butte County are part of the University of California Cooperative Extension (UCCE) system, serving our community in a variety of ways, including 4H, farm advisors, and nutrition and physical activity programs. Master Gardeners bring practical, scientifically-based knowledge directly to our community. For help with gardening in our area, visit <https://ucanr.edu/sites/bcmg/>. If you have a gardening question or problem, call the Master Gardener Hotline at (530) 538-7201 or email mgbutte@ucanr.edu. ★

Mesozoic Madness



Chris Bolton shares a tender moment with a young brontosaurus, a creation of his own. Photo: Yuba Sutter Arts & Culture Photo: Yuba Sutter Arts & Culture

Continued from page 1

of guys who wanted to build animated museum exhibits, so we formed 'Dynamation', he said. "We didn't make any money, but some of the team like Jose Fernandez of Ironhead Studio, went on to great careers in the film industry. Jose was even hired by Elon Musk to design the astronauts' suits for SpaceX," he added.

Chris is a native of Texas with stints along the way in Arizona and southern California. He married into the area and has been here for almost two years. He has joined the South Yuba County Rotary Club and has been helping Yuba Sutter Arts & Culture update its IT infrastructure.

Soon, Yuba Sutter Arts & Culture hopes to announce Phase One of opportunities to get involved at The Dinosaur Factory. For updates and other information about local arts and culture including virtual programs during the pandemic, follow Yuba Sutter Arts & Culture on Facebook or go to yubasutterarts.org. You may also contact us at email@yubasutterarts.org.

About YSA: Yuba Sutter Arts is a non-profit organization whose mission is to provide arts programming, education, advocacy, assistance and service to artists, organizations and residents of Yuba and Sutter Counties. The official agency for Yuba and Sutter of the California Arts Council, its programs include the Murals of Live Oak, Cover It! Utility Box Murals, Shakespeare Readers' Theatre, Veterans Initiative in the Arts projects, Very Special Arts Festival, Harvest the Arts, Arts in Education, Poetry Out Loud, Arts in Corrections, Art Everywhere and many more. ★

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Crossword Puzzle Solutions on Page 11

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CLUES

ACROSS

- Delivery org.
- *U.N. workers' grp.
- Pressure unit
- Prune, previously
- Congregation's echo
- Lusitania's destroyer
- Samoa money
- Enthusiastic review
- Police informers
- *More than 40 hours
- First Nation nation
- Not these
- Paper or plastic?
- Lads' girlfriends
- Meal
- Morsel
- *Labor Day, always
- International Civil Aviation Org.
- She turned to stone, Greek mythology
- Quaker grain
- Same as gnarls
- Toothy wheel
- Capital of Canada
- Homer Simpson exclamation
- Russia's plain
- Zoroastrian archives
- Simon & Garfunkel member
- Sheik's bevy
- Goes with sushi
- *Part of labor force
- Jewish folklore creature
- European sea eagle
- Millimeter of mercury
- Impolite dinner sound
- *"Dark" movie
- Armor chest plate
- Cupid's action
- Type of evidence
- *By ____ of" or "by means of"

DOWN

- *____ no good"
- Bohemian, e.g.
- Whimper
- *That ____ I" and hurts
- Mosque officials
- Don McLean: "Drove my chevy to the ____"
- Comes before first Mississippi
- Minute opening
- *For Pete's ____ I"
- Belonging to it
- Not aria nor recitative
- Open a beer bottle
- *Union responsibility
- *Labor Day is this puzzle's ____
- Beyoncé, a.k.a. Queen ____
- *Like Labor Day weekend
- Ovine sign of the zodiac
- Type of weasel
- *"Pro" follower
- Oodles
- Fortune-teller's card
- Sol, or la, or ti
- Digital audiotape, acr.
- *Health and safety org.
- *Strike ____
- Courtroom silencer
- Choose
- One who bends out of shape
- Groom one's feathers
- Used an emoji, technically
- Long-necked wader
- Embryo sacs
- One-pilot flight, pl.
- Reunion attendee
- Jellystone Park denizen
- Joanie of "Happy Days"
- At a previous time, archaic
- Geological Society of America
- *Unofficial ____ of summer

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	8			4			6

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For Solutions See Page 11

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