

West Side's Class of 2020 Drives Thru PAGE 3

Remembering All of Them on Memorial Day



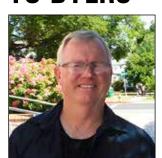


PROUDLY SERVING OUR AREA SINCE 1880

FRIDAY • MAY 22, 2020 • VOL. 140 NO. 21

INSIDE

A GOODBYE TO BYERS



PAGE 3

POLICE CHIEF ADDRESSES NEW BIGGS CONCERNS



PAGE 4

THEY CAME TO PICK-A-PART FOR **REPURPOSING**



PAGE 2

PRESORTED STD. US POSTAGE **PAID** PERMIT 245 Gridley, CA 95948



Smiles and Waves Fill the Cheer-Up Parade



By Seti Long

GRIDLEY, CA (MPG) - Vehicles filled Hovlid facility to visit with loved ones, emergency vehi- these residents as cles and patrol cars spilled out of overall safety precauthe parking lot and down the street tion for the patients from Orchard Hospital's Hoylid Care and effort to main-Center last Friday, May 15th.

The reason? A special parade organized by Orchard Hospital and the community for the senior residents at the care center who have been in lock down since the start of the COVID19 crisis. For nearly two and a half months, friends and family have

not been allowed entrance into the tain social distancing measures. The impact on these folks has been heavy and their caregivers and the

staff at Hovlid have been doing their part to keep spirits up during the shel- are high risk, it is likely that will be ter-in-place orders.

Due to the fact that these residents Continued on page 10

Love Spreads Love

By Seti Long

GRIDLEY, CA (MPG) - One thing the slowly retreating shelter-in-place orders can't stop the spread of is love and hope.

Gridley resident Lucy Love has joined the community, Gridley Area Chamber of Commerce and the nation's Heart Hunters movement which aims to inspire those sheltering in place, while giving them something fun to do and look forward too.

For those who have not yet met the firecracker, Lucy Love's real name is Lucy Fiore. After surviving the Camp Fire and relocating to Gridley, Lucy felt the need to change her name to "Love" to reflect her love and gratitude for all her blessings, our little community and her biggest personality trait. In this great time of trial, Love not only has put up hearts in her windows and garlanded her fence, but sits out on her porch daily, making it a point to wave and smile to all those that pass by. "I think it's important to be



This neighborhood is full of love! Heart-felt hope spreaders pictured left to right: Kenneth Marshall, Elizabeth Marshall, Mary Walker and Lucy Love. Photo by

friendly" she says.

Her daughter Elizabeth and son-in-law Kenneth Marshall have helped with the hearts as well, supported by their neighbor, Mary Walker. That section of the block is feeling the love as they try and help spread it. Lucy says that recently, a passerby stopped outside her gate to give her a message - "He wanted to tell me I was a nice addition to neighborhood!" she says.

Love isn't the only one

in Gridley hoping to combat the spread of COVID19 with hope and heart. Gridley's Downtown is full of brightly colored hearts, as well as throughout the neighborhoods. The Chambers Heart Hunters Contest is in full-gear and regardless of the current re-opening measures being residents and businesses are asked to decorate their windows for hunters to view. Heart Hunters,

children and youth, are asked to submit a list with their name, mailing address and phone number to the Gridley Area Chamber of Commerce at 893 Hazel Street, with a list of the addresses of where they found hearts. On June 5th, they hope more will join displays will be judged and winners for each city will be given. Categories are taken. Now until May 31st, Best Overall Display – \$50 and Most Hearts Located -\$25.

Be like Lucy and help spread the Love!

Butte County Health Officer Announces Resignation

Butte County Public Health

BUTTE COUNTY, CA (MPG) -Butte County Public Health Officer (BCPH), Dr. Andy Miller, announced his resignation from the Department this past week. Dr. Miller's last day with the County will be July 10, 2020.

After significant consideration and knowing that his contract was up for renewal in the fall, Dr. Miller felt that it was important to make this decision earlier rather than later. This will give BCPH more time to recruit for his position. Finding a replacement before the fall will be important in the event that COVID-19 returns as predicted by health professionals.

"It has been a privilege getting to know Dr. Miller over the past year. His dedication to this position and to protecting the citizens of Butte County is unparalleled. I understand and support his decision to make a change, but this is a significant loss for the Department and the county as a whole. He will be missed. We have already started working with Butte County Human Resources on a recruitment plan," stated Danette York, Director of BCPH.

"I am going to miss Dr. Miller and the partnership we built through so many disasters. Our communities have been well served by his years of dedicated service and his tireless response to COVID-19. Dr. Miller has balanced the competing interests of the public's health and safety with the health of our local economy. I have a tremendous amount of confidence in our Public Health Department, and there is a strong team around the Health Officer who are all supporting the County's response to this virus. We are prepared to recruit for a Health Officer who, like Dr. Miller, will lead us as we bring our economy back and keep this virus at bay," stated Shari McCracken, Chief Administrative Office for Butte County.

Dr. Miller looks forward to returning to direct patient care in the healthcare delivery system.

"It's been a true honor to work as the Butte County's Health Officer as we have faced extraordinary challenges together. I plan to continue working in Butte County," remarked Dr. Andy Miller, Health Officer for BCPH.

The decision to change paths is in no way related to any particular incident or disagreements.

Continued on page 3

The New Pi-Line

and made a list of things



The new Pi-Line **Honoring Publisher** W.D. Burleson By Josh F.W. Cook

The people of the Amish faith are famous for coming together to have a barn raising; it is a way of helping new families get started as the entire community comes together and builds a barn and then they have a meal and a party. Pretty straightforward, easy to

understand and describe. Trying to figure out what just happened in Yuba/ Sutter when The Church of Jesus Christ of Latterday Saints invited the other churches to drop in and tear their church apart is somewhat hard to describe. Kind of like an interfaith Pick-a-Part. The church building and lighted baseball fields on Butte House Road are soon to fall to the wrecking ball to make way for a massive new multi-story Temple. The local church leaders while contemplating what to do with the building thought spreading out the parts of their church to others in the community was a better idea than just sending it to the landfill or shipping it off to a developing nation as a humanitarian project.

of value in the church and invited churches in the area to come with hammers, crowbars, saws, and trucks to pick parts for repurposing. The program included a sound system, five pianos, sinks, drinking fountains, cupboards, plates, silverware, gravy boats, salt and pepper shakers, chairs, tables, outdoor benches, easels, basketball backboards, the entire wooden gym floor, doors, sliding room dividers, desks, carpets, dishwasher, lighting fixtures, flag holders, carved woodwork from the dais, stage curtains, and counters for serving food. The happy part pickers included Bethel AME, Saint Andrew Presbyterian Church, Calvary Christian Center, Adventure Church, Five 30 Center (The Bridge Church), Glad Tidings, Saint Vincent DePaul (Catholics), New Beginnings Wesleyan Church, First Lutheran Church of Marysville, Twin Cities Rescue Mission, and Marysville Faith Lutheran Church. Habitat for Humanity (which is not a church) - took the doors and hinges to use in houses that will be volunteer-built for families in the coming years. How much the stuff was worth in dollars no one has counted, as knowing the amount might cloud the issue, and this is the issue - in an era of divisiveness, contention, anger, spite, malice, and stress, a bunch of church people put aside their differences and

So they set up a schedule joined in a common project. The various parts of The Church of Jesus Christ of Latter-day Saints church structure will now be parts of another faith tradition building. However much money was not wasted will be repurposed by good people to serve others for many years to come. It may well be that some people on that list of churches were very concerned that according to their theological particulars - the masked person loading the truck, using a crowbar, or unscrewing hinges right next to them may well be going to their version of hell in the afterlife. This is a good thing; if you have not worked alongside someone you disagree with lately, you should consider the excellent example of these people and try it. Yuba/Sutter is full of interfaithy cooperation. Some people believe that the strong presence and friendships with non-Christian traditions like Bok Kai, Sikhs and Hindus, cause the Christians in Yuba/ Sutter to be on their best behavior. I don't know if that is the reason, but it is apparent that there is some magic in the community that unites diverse people in doing good in a way not evident in other places. The building is stripped out; construction starts soon.

W.D. Burleson published the Gridley Herald for 50 years. Josh F.W. Cook graduated from Gridley High School in 1988

Rest in Peace Naomie Webster



Naomie Webster

By Paul V. Scholl, Publisher

It is with deep and sincere sadness that we report the death of one of our staff members. Naomie Webster. She was killed in a single automobile accident on Saturday evening, May 2nd, on Highway 70, just east of Quincy, California.

Naomie had only been with the company for a short period, working in our Gridley office. She had become a valued staff member and had a promising future within the company. She had been furloughed for just a few weeks due to the corona virus, but was due to return to full work duties on the morning of May 5th.

She had a very special spark to her personality, as local advertisers and friends of the newspaper had mentioned from her interactions with her. She had many talents and we were excited to be able to bring her back on board and let her blossom into a management member.

Naomie will be truly missed. She is on to a better world, but please take just a moment to send a prayer to her family and friends grieving their loss.

MEMORIAL NOTICE





lifelong resident of Gridley, CA. He graduated from Gridley High School in 1960. Following high school Richard married his wife of 58 years Dianne Rooney Sheats. They had two children, Rick and Debbie.

Richard was a 35-year member of Operating Engineers. He traveled and worked in various places throughout California.

Richard was an avid sportsman. He was a huge 49er fan and his name is on a memorial brick at Levi's Stadium. Hunting and fishing were his passion. He made annual hunting trips to Callahan and Quincy.

Richard and Dianne enjoyed spending summers in Fort Bragg, CA, where Richard spent hours on the water fishing. He developed many friendships in Fort Bragg and looked forward to spending time with his

friends every year.

Richard loved his friends and family. He enjoyed spending time with each and everyone of them.

He was survived in death by his wife Dianne Sheats and his daughter Debbie Sheats (Jake). He is also survived by his grandchildren Brandon McBride, Jacob Sheats (Kayla), Justen Sheats (Cecily), Miranda Brown (Tyler), Shelby Eidson (Kyle) and Luke Stanton (Lilly). Richard has 11 great grandchildren. He was preceded in death by his parents Margie and Ishmael Sheats and by his

A celebration of Richards life will be held at a later time in order to follow current social distancing







Elva (Deal) Fillmore passed away at home at the age of 98, surrounded by her loving family.

Norma was born on May 4, 1922 on her Grandfather's farm in Brumbaugh near Rock Lake, North Dakota, the youngest child of Irvin and Lydia (Studebaker) Deal. She later attended La Verne College in Southern California where she met the love of her life, Eugene Fillmore. On September 12, 1943 they were married at the Church of the Brethren in Live Oak, California where they were active members for 25 years. Gene and Norma raised their four

children on a small farm south of Live Oak. During these years she was active in the Encinal School Mothers Club, was a founding member of the annual Encinal School Spaghetti Dinner, as well as a Bluebird and 4-H leader. Both Norma and Gene loved square dancing with local area clubs and enjoyed camping and other outdoor activities.

Teaching became her passion and Norma later completed her B.A. Degree and teaching credential at Chico State College and was a beloved 5th and 6th grade teacher at Encinal School for nine years. After 25 years in the Live Oak area they moved to Arroyo Grande, California where she resumed her teaching career at State Preschools in San Luis Obispo County. After 20 years on the Central Coast and a well-earned retirement, Norma and Gene moved back to Live Oak to be closer to family and friends. During her retirement years Norma again became very active in the Church of the Brethren,



Church Board, taught Sunday School classes and especially enjoyed telling the children's story during the services. She was also active in the Live Oak Child Care Center serving as Interim Director and served on the Advisory Board for many years. She was an avid reader and was always loaning or giving favorite books to friends and family.

At the age of 84, after the death of her husband of 63 years, she found her voice as a story teller and began writing

stories of her childhood in North Dakota with the "Down Memory Lane" writing group in Gridley. Norma was devoted to her family and over the years she wrote many poems and special stories for her extended family members.

Norma was preceded in death by her parents Irvin and Lydia, her husband Eugene and her siblings John, Agnes, Marguerite, George, Jerry, Bob, Joe and Reba. She is survived by her four children, Barbara Brandt (Bev), Cathy McDaniel (Merlin), Susan Bihlman, Tim Fillmore (Valerie), her 8 grandchildren, 14 great grandchildren, one greatgreat grandson, and numerous nieces and nephews.

A Celebration of Life will be scheduled and announced at a later date. In lieu of flowers the family requests donations to the Live Oak Church of the Brethren, Casa de Esperanza (PO Box 56 Yuba City, CA 95952), or Heifer International (www.heifer.org).

Mon-Sat 7am-7pm

Sun 8am-5pm



Order Online For Curbside Pick-Up Or Check-Out Our Delivery Options.

Butte County Health Officer West Side's Class of 2020 Drives Thru **Announces Resignation**

Continued from page 1

"Dr. Miller joined Butte County and immediately began responding to disasters. He played a critical role during the Spillway evacuations and again during the Camp Fire when we sheltered thousands of people, many in need of medical services. Dr. Miller has had a tough deal during this Coronavirus response. He really stepped up. The weight on his shoulders is huge, and he keeps going with a balanced approach for all of our residents. We owe him a tremendous debt of gratitude," stated Chair Steve Lambert, Butte County Supervisor.

A Goodbye to Byers



Gridley Chamber of Commerce presents retired Chief of Police Allen Byers with a token of appreciation. Pictured left to right: Cathy Mills, Allen Byers, Lynne Spencer and Lisa Van De Hey.

By Seti Long

GRIDLEY, CA (MPG) - On Friday, May 15th, retiring Gridley-Biggs Police Chief Allen Byers said goodbye to his career in law enforcement and got ready to kick his retirement off in style.

A band of well-wishers celebrated his service to Gridley and Biggs by parading past the Gridley Police Department with signs on their vehicles, honks and exuberant cheers to the man of the hour. Earlier, Byers had commented to the Herald that

he hoped he'd be able to sneak off quietly into retirement without much "fanfare" as he wasn't a fan of attention. The community felt otherwise.

The Chamber of Commerce presented the exiting Chief with a token of their appreciation after the parade. Touched, Byers thanked the ladies and wished them well as they commended him on his welldeserved retirement. Byers plans to spend time with his family, taking advantage of their time together embarking on new adventures and traveling.



Westside Preschool class of 2019-2020. Top left: Jacob Ceballos, Gideon Counihan, Siaosi Iuli, Lincoln Stone and Parks Perkins. Front row girls left to right: Lacey Stover, Gracie Synder, Harper Wedin, Mary Pillinini and Cheyenne Lopez. Photo: Westside Preschool

By Seti Long

teachers Sue and Tinker.

and Tinker Storm are beloved by their students and have seen generations come through their pre-school. This year, they wanted to do something special for the kids that were getting ready to start Kindergarten as their year was cut short by COVID19. The pair of

display and held a "Drive GRIDLEY, CA (MPG) - The Thru" graduation, where students of West-Side the students could get out Preschool got a special of their vehicles, take pictreat as their last year came tures against the backdrop to an official close with and snag some goodiebags, cookies to-go and be West-Side's Sue Orme crowned and received their certificate of graduation.

The children patiently waited their turns but were ecstatic to see their teachers and fellow classmates-even if it was from a distance. Some students even brought gifts for Sue and Tinker. Mary Pillinini-Fischer gifted painted "pickle" and "ladybug"

educators set up a great rocks for the pair, so happy to be able to see them once

> For the Ceballos family, it meant a lot. "Our little guy is pretty happy to see his classmates," said dad Johnny "and his Teachers" says mom Amy. Their son Jacob is the last of their 3 children, all who attended west-side, so it was very special to the family see him be able to graduate amidst the social distancing orders.

It was definitely a smiled filled Graduation day for West-Side's Class of 2020.





CALL 916-773-1111 TO ADVERTISE www.TheGridleyHerald@MPG8.com



Thoughts to Ponder



The All-American Christian team is in need of players. Owner and general manager, Jehovah, is setting the line-up and the best in the league will be placed on the roster. Manager for the allstars will be the Son, Jesus Christ, and batting and outfield coach will be the Holy Spirit.

Needed on the team is a catcher, a player who will spend time backing up the pitcher, calling the basic pitches, and putting out the runners of the opposing team. This player needs the basic skills of Bible truths in order to set up double plays and catch foul balls handed out by the dark horse team.

Also necessary is the short-stop. Playing between the bases of life and standing close to the pitcher, this player needs a quick eye for stopping hits by the other team or to watch for plays like bunts. He needs to be

by Kathy Neal

able to tag out the runner who tries to steal a base. With the Manger's calls and training, he will be able to win the game against the best batters of the opposing team. Necessary skills are truth, honor, and faithfulness.

One of the most important players on this heavenly team is the pitcher. This teammate needs the ability to throw change ups, fast balls, and strikes. Jehovah will pay the highest salary for a pitcher who will give 110 percent for all nine innings in the game of life, until the final pitch. He will stand by the pitcher and give back up when the arm tires. Having faith in the Manager and His skills is one requirement but believing in his own abilities is another.

The base players are also needed to make the playing field complete. These players will back up the pitcher, catch infield balls, and spread the word of how the Manager and Owner are the best employers of any league. They need the basic skills of winning souls, voicing praise, catching fouls, and strong arms of kindness.

Hard work, hours of training and road work, along with lots of blisters, and sore muscles are guaranteed. The rewards of participation on this team will be measured in bonuses the end of the season, and if you make it to the playoffs, you will be installed in the Hall of Fame for your efforts. Belonging to this team may call for sacrifices, but all will be worth the years of discipline and devotion. There will be no trading of players or free agents at the end of the season. Players are hired for the duration. There are no special requirements for height, weight, color, gender, or expertise needed to be a member of this All-American

Christian team. Everyone gets a chance to bat, and after three strikes, you still get a chance to make it home.

When the Gridley United Methodist Church meets again come join our team. Until then keep practicing and keep the faith to join our Christian ALL Star team.

GBPD Chief Addresses Biggs Concerns



Police Chief Rodney Harr By Seti Long

GRIDLEY, CA (MPG) - In the past months, the community of Biggs has split with Gridley Police Department and taken their Law Enforcement contract to the Butte County Sheriff's Department.

Community reactions to the departure from Gridley police services is a mixed bag. Biggs has currently experienced a rash of vehicle theft and other incidents opening up the department to criticism. Social media has opened the topic up with many opinions being aired by the community, positive or negative in nature. Recently installed Chief of Police, Rodney show that Biggs residents of the Gridley-Biggs Police because of the community

Department focus.

In an address to the public, Chief Harr posts the

In response to some recent social media hype, the Gridley-Biggs Police Department would like to assure the citizens of the City of Biggs. We will continue to remain diligent in our efforts in providing a safe and pleasant environment, for all community members.

Contrary to several comments, the Gridley-Biggs Police Department patrols Biggs, daily, nightly, and in some cases in unmarked patrol vehicles. Gridley-Biggs Police Officers will continue to answer all calls for service, investigate all crimes reported, and hold those accountable who are in violation of the law.

The Gridley-Biggs Police Department would like to thank those individuals who made comments in support of the Gridley-Biggs Police Department. We rely on the community, and its supporters, which in turn, provide the community and its citizens with Harr, has made an effort to a sense of reassurance. In many cases a lot of crimand their safety are still part inal activity is prevented,

involvement and support.

There is enough negativity out there in this world. When that negativity comes from the place I have called home my entire life, it is disheartening. Rest assured, as your Chief of Police, the safety of our community rests in my hands; you will not be disappointed.

The Gridley-Biggs Police Department will continue to provide professional and exemplary law enforcement services. The Gridley-Biggs Police Department is still currently responsible for calls for service within Biggs city limits. All calls for service within the City of Biggs should be directed to the Gridley-Biggs Police Department. The Butte County Sheriff's Office, on July 1st, 2020, will take over law enforcement services. We will continue to be active and assist the Butte County Sheriff's Office.

Again, a huge THANK YOU to the continued support. If anyone has any questions, comments or concerns, please feel free to contact the Gridley-Biggs Police Department.

Respectfully, Chief Rodney Harr

Butte County Sheriff's Office Announces Arrests Related to Burglary Investigations

Butte County Sheriff's Office

OROVILLE, CA (MPG) - In December of 2019, the Butte County Sheriff's Office (BCSO) Felony Investigations Unit and the BCSO Marine Unit began investigating two vehicle burglaries that occurred at the Monument Hill Recreation Area, Oroville. During the burglary investigations deputies determined a firearm was stolen. Deputies were also able to locate DNA evidence.

In April of 2020, deputies and detectives began investigating additional vehicle burglaries that occurred near Lime Saddle Marina, Oroville. During the investigation deputies were able to locate additional DNA evidence. Detectives conducted additional follow-up and were able to locate video surveillance of the suspect vehicle.

Based on the investigation detectives obtained arrest warrants for Mark Kelley of Oroville, 34, and Jason Triplett of Oroville, 43. BCSO obtained an ANDE DNA machine in 2018. The ANDE DNA machine allows for rapid DNA, which is the generation of a DNA ID to identify DNA within hours. Detectives were able to use the ANDE DNA machine in this investigation to link Kelley to the burglaries in 2019 and 2020.

On May 5, members of the Felony Investigations Unit and the Marine Unit served a search warrant at Kelley's residence,

which is located in the 1900 block of Greenville Street, Oroville. During the service of the search warrant Kelley, Tami McPhun of Oroville, 38, and Tonya West of Oroville, 59, were contacted.

During a search of the residence multiple evidence items were located to include stolen property, a stolen Oroville Fire Department portable radio, methamphetamine, and approximately five firearms. One of the firearms had been reported as stolen from a vehicle burglary in Glenn County. Kelley was placed under arrest for numerous charges to include multiple counts of burglary, possession of stolen property, possession of methamphetamine for sale, and for committing a felony while released on OR/ Bail. West was arrested for multiple charges to include possession of brass knuckles, possession of an illegal baton, possession of stolen property, and possession of firearms with serial numbers removed. McPhun was arrested for possession of stolen property, and for possession of methamphetamine for sale. Detectives are still attempting to locate Triplett. Triplett has an active felony warrant for his arrest.

The Sheriff's Office is asking anyone with additional information or who was the victim of a vehicle burglary at a boat launch area to contact Detective Zach Price at 530-538-7671.

Butte County Public Health Bolsters Contact Tracing in Response to COVID-19

Butte County Public Health

BUTTE COUNTY, CA (MPG) - The Butte County Public Health (BCPH) Communicable Disease Team has 12 employees assigned to contact tracing. Recently, to bolster the response to COVID-19, Public Health employees have completed a 20 hour online contact tracing course offered by the California Department of Public Health (CDPH). BCPH now has 41 staff trained and ready to serve as contact tracers.

In addition to BCPH staff, there are 65 additional County employees available to receive training to assist with contact tracing.

To assist with contact tracing efforts, Butte County was an early adapter of the Text Illness Monitoring (TIM) system offered by CDPH. BCPH has requested to receive the COVID response.

software that interfaces with the State's CalREDIE system to further assist the

Effective contact tracing is dependent on cooperative relationships with individuals, businesses and organizations. In order to alert persons about their exposure to COVID-19, it's important to have their names and a means to contact them.

For any communicable disease exposure, BCPH makes intensive efforts to identify and contact individuals who may have been exposed. Public messaging is utilized, as a last resort, when there are no other means of identifying persons who have been exposed.

Contact tracing is an integral part of public health year round and the BCPH tracing team continues to work seven days a week during

PG&E Surveying Power Lines by Helicopter in Shasta and Butte Counties By Paul Moreno, PG&E Company weather conditions.

CHICO, CA (MPG) - Pacific Gas and Electric Company (PG&E) is surveying distribution

power lines through next week, patrols will fly over outer Redding, Chico, and Oroville, using helicopters equipped with Light Detection and Ranging (LiDAR) technology.

The surveys are to collect more data on PG&E's power lines, poles and their surrounding environment in high-fire threat areas. The LiDAR helicopter surveys will help gather data for PG&E's mapping system by capturing imagery that can be analyzed to take measurements, reveal patterns and identify any potential risks.

The asset management work involves meeting and exceeding state fire safety standards for power lines during extreme

A Bell 407 Helicopter equipped with LiDAR technology will be leaving from the Red Bluff Airport at 9 a.m., finishing by about 5 p.m. each weekday.

Helicopters will be flying along the power lines at an altitude of about 500 feet.

Pacific Gas and Electric Company, a subsidiary of PG&E Corporation (NYSE:PCG), is one of the largest combined natural gas and electric energy companies in the United States. Based in San Francisco, with more than 23,000 employees, the company delivers some of the nation's cleanest energy to 16 million people in Northern and Central California. For more information, visit pge. com and pge.com/news.



ESS AND SERVICE DIRECTORY



Mowing • Weed-Eating • Trimming Sprinkler New System and Repair General Clean-ups · Landscape Remodel Pruning • Hauling

(530) 370-7587

Lic. 1056078



Mel Dewsnup REALTOR® Intero Showcase

License #: 02094656 Phone: 208-313-5088 Email: mldewsnup@gmail.com Here for all your **Agriculture Land and Residential**

Real Estate needs!



YOUR ELECTED

U.S. President - Donald Trump The White House, Washington D.C. 20500 (202) 456-1414

U.S. Senate - Kamala Harris Hart Senate Bld., Ste. 112 Constitution Ave. and 2nd St., N.E. Washington D.C. 20510 (202) 224-3553

U.S. Senate - Dianne Feinstein Hart Senate Bld., Ste. 331, Constitution Ave. and 2nd St., N.E. Washington D.C. 20510 (202) 224-3841

Governor of California - Gavin Newsom California State Capitol, Suite 1173, Sacramento, CA 95814

District 1 Representative - Doug LaMalfa 506 Cannon House Office Building U.S. House of Representatives, Washington, D.C. 20515 (202) 225-3076

District 3 California Assemblyman - James Gallagher 2060 Talbert Drive, Suite 110, Chico, CA 95928 (530) 895-4217

District 4 California Senate - Jim Nielsen State Capitol, Room 3070, Sacramento, CA 95814 (916) 651-4004

1453 Downer Street, Suite A, Oroville, CA 96965

(530) 534-7100

Made for more visits with dad



You were made for more. More projects. More family time. More healthy years. And Drs. Maralee Bowers and James Brown, Jr., are here to help you on your journey. They bring years of expert training and experience helping people like you. They're the doctors you have come to know and trust. Offering a full range of healthcare services for every age and stage of life. We believe a person's healthy mind, body and spirit are the path to total health. That's why every patient we serve inspires us to go the extra mile.

Our Team



Maralee Bowers, MD Family Medicine



James C. Brown, Jr., DO Family Medicine



Health | Care | Community

To make an appointment, call 530-846-5655.

adventisthealth.org/gridley 225 Spruce Street | Gridley, CA 95948

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

LEGAL ADVERTISING

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207-October 29, 1951

Legal Advertising 650 Kentucky Street Gridley, CA 95948

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROSALIE RUTH MAHONEY CASE No. 20PR00127

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Rosalie Ruth Mahoney, deceased

A Petition for Probate has been filed by Barbara Ann Wyman, in the Superior Court of California, County of Butte, requesting Barbara Ann Wyman, be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows June 16, 2020 9:00 a.m. in Dept TBD at

Superior Court of California, County of Butte 1775 Concord Avenue Chico, CA 95928.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in per-

son or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for petitioner is:

Tom Gifford, Esq Law Office of Tom Gifford 113 W. North Street Alturas, CA 96054 530-233-3100 Publish: May 8, 15, and 22, 2020

MAHONEY 170622 5-22-20

TRUSTEE SALE NOTICES

NOTICE OF TRUSTEE'S SALE Foreclosure No.: 063-57259 Title (TSG) No.: 063-57259 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/06/2017 UNLESS YOU TAKE ACTION TO PRO-TECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU. YOU SHOULD CONTACT A LAWYER NOTICE is hereby given that CAL-SIER-RA TITLE COMPANY, a California corporation, as trustee, or successor trustee or substituted trustee pursuant to the Deed of Trust executed by KEVIN IAMES SPARKS AND STEPHANIE C. SPARKS Recorded on 06/09/2017 as Instrument No. 2017-2845 of Official Records in the Office of the County Recorder of PLUMAS County, California and pursuant to the Notice of Default and Election to Sell thereunder recorded January 3, 2020 as Instrument No. 2020-0044 of cial Records of said County, WILL SELL ON 05/29/2020 at 11:00 AM At the main entrance to the County Courthouse located PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: AS MORE FUL-LY DESCRIBED IN THE ABOVE MEN TIONED DEED OF TRUST. The property address and other common designation, if any, of the real property described above is purported to be: 1960 Pathfinder Trail, QUINCY, CA 95971 The Assessor's Par-

cel No. is: 009-432-006 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$220,882.48. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specific in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, but without covenant or warranty express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust with interest as provided therein, and the unpaid principle balance of the Note secured by said Deed of Trust with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. This notice is sent for the purpose of collecting a debt. Cal-Sierra Title Company is attempt ing to collect a debt on behalf of the holder and owner of the note. Any information obtained or provided to this Company or to the creditor will be used for that purpose. If the Trustee is unable to convey title or if the sale is set aside for any reason, the successful bidder/purchaser at the sale shall be entitled only to receive a return of the monies paid to the Trustee and said successful bidder/ purchaser shall have no further recourse against the Lender/Mortgagee or Trustee. "NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postpone-ments be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 063-57259. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone infor-mation or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale." TRUSTOR OR RECORD OWNER: KEVIN JAMES SPARKS AND STEPHANIE C. SPARKS

NOTICE OF TRUSTEE'S SALE Foreclosure No.: 063-57301 Title (TSG) No.: 063-57301 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/03/2016 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EX-PLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NO-TICE is hereby given that CAL-SIERRA TI-TLE COMPANY, a California corporation, as trustee, or successor trustee or substituted trustee pursuant to the Deed of Trust executed by Ashley James Steger Recorded on 11/04/2016 as Instrument No. 2016-6447 of Official Records in the Office of the County

DATED: 04/27/2020 CAL-SIERRA TITLE

COMPANY, as said Trustee BY: DAVID O.

WINDLE, PRESIDENT Trustee's Address

and Telephone No: CAL-SIERRA TITLE COMPANY 295 MAIN STREET QUINCY,

CA 95971 (530) 283-0700 NPP0370137 To: GRIDLEY HERALD - PLUMAS

05/22/2020

05/08/2020, 05/15/2020, NPP#0370137

and pursuant to the Notice of Default and Election to Sell thereunder recorded January 22, 2020 as Instrument No. 2020-0304 of Official Records of said County, WILL SELL ON 05/29/2020 at 11:00AM At the main entrance to the County Courthouse located at 520 Main Street, Quincy, CA 95971 AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: AS MORE FUL-LY DESCRIBED IN THE ABOVE MEN-TIONED DEED OF TRUST. The property address and other common designation, if any, of the real property described above is purported to be: 38005 Highway 70, QUIN-CY, CA 95971 The Assessor's Parcel No. is: 005-130-012 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$222,643.73. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specific in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, but without covenant or warranty express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust with interest as provided therein, and the unpaid principle balance of the Note secured by said Deed of Trust with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. This notice is sent for the purpose of collecting a debt. Cal-Sierra Title Company is attempting to collect a debt on behalf of the holder and owner of the note. Any information obtained or provided to this Company or to the creditor will be used for that purpose. If the Trustee is unable to convey title or if the sale is set aside for any reason, the successful bidder/ purchaser at the sale shall be entitled only to receive a return of the monies paid to the Trustee and said successful bidder/purchaser shall have no further recourse against the Lender/Mortgagee or Trustee. "NOTICE TO POTENTIAL BIDDERS: If you are

considering bidding on this property lien, you should understand that there are risks

involved in bidding at a trustee auction. You

will be bidding on a lien, not on the proper-ty itself. Placing the highest bid at a trustee

auction does not automatically entitle you

the 2020-21 proposed budgets.

BUTTE COUNTY OFFICE OF EDUCATION

2020-21 BUDGET: INSPECTION AND HEARING

Notice is hereby given that the 2020-21 proposed budgets for

the following school districts in Butte County will be available

for public inspection on the dates indicated below. Also shown

are the dates, times and locations for the public hearings on

Biggs Unified School District

Public Inspection: June 12, 2020 to

June 17, 2020, 300 B Street, Biggs, CA 95917

Public Hearing: June 17, 2020, at 7:00 p.m.

District Office: 300 B Street, Biggs, CA 95917

Gridley Unified School District

Public Inspection: June 19, 2020 to

June 23, 2020, 429 Magnolia St., Gridley, CA 95948

Public Hearing: June 24, 2020, at 6:30 p.m.

Gridley Unified District Office

429 Magnolia Street, Gridley, CA 95948

Manzanita Elementary School District

Public Inspection: June 12, 2020 to

June 17, 2020, 627 E Evans Reimer Rd., Gridley, CA 95948

Public Hearing: June 17, 2020, at 7:00 p.m.

Via Zoom Mtg., Details for accessing the meeting will be

available with the meeting agenda which is posted on the

district's website http://www.manzanitaelementaryschool.com/

Recorder of PLUMAS County, California,

to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you con sult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWN-ER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 063-57301. Information about ostponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postpone ment information is to attend the scheduled sale." TRUSTOR OR RECORD OWNER: DATED: 04/28/2020 CAL-SIERRA TITLE COMPANY, as said Trustee BY: DAVID O. WINDLE, PRESIDENT Trustee's Addres and Telephone No: CAL-SIERRA TITLE COMPAÑY 295 MAIN STREET QUINCY CA 95971 (530) 283-0700 NPP0370138 To: GRIDLEY HERALD PLUMAS 05/08/2020, 05/15/2020, 05/22/2020 NPP0370138

Legal Notice

NOTICE OF OPPORTUNITY FOR PUBLIC COMMENTS AND PUBLIC HEARING ON PROPOSED STATEWIDE SUCTION DREDGE

MINING GENERAL PERMIT Notice is hereby given that the State Water Resources Control Board (State Water Board) will hold a public hearing for the proposed Statewide National Pollutant Discharge Elimination System (NPDES) Permit for Suction Dredge Mining in California. The public hearing will be on Wednesday, June 17, 2020 at 9:30 a.m. The public hearing will be a video and teleconference meeting only. Please see forthcoming agenda at https://www.waterboards. ca.gov/board_info/calendar/ for the June 17, 2020 Board Meeting. The State Water Board issued a Draft Permit for public comments. The Draft Permit and associated documents are located at: https://www.waterboards.ca.gov/water_issues/programs/ suction_dredge_mining.html. During the public hearing the State Water Board will

hear oral comments regarding the Draft Permit. Written comments must be submitted to the State Water Board no later than 12:00 p.m. on Monday, June 29, 2020. Written comment letters must be either: (1) mailed to: Jeanine Townsend, Clerk to the Board, State Water Resources Control Board, P.O. Box 100, Sacramento, CA 95812-2000; or (2) emailed in PDF text format (if less than 15 megabytes in total size) to: commentletters@waterboards.ca.gov. Please include "Suction Dredge Mining Permit" in the email subject line.

5/22/20 CNS-3365816# GRIDLEY HERALD

REQUEST FOR PROPOSALS

The City of Biggs is soliciting proposals from qualified farming operators to tenant farm the City of Biggs real property consisting of approximately 106 acres at 2837 W Biggs Gridley Road, Biggs, CA. Deadline for proposals

is July 07, 2020 at 4:00 PM. Please see RFP at www.biggs-ca.gov additional information.

The Gridley Herald 5-22-2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000375

The following persons are doing business as: AG 1 PORTABLES 2762 Daly Avenue Oroville, CA 95966 David and Mariana Rodriguez, 2762 Daly Avenue Oroville, CA 95966
Date Filed in Butte County: April 14, 2020
The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 8, 15, 22, and 29, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000400

The following persons are doing business as: MOUNTAIN FRUIT COMPANY 24 Bellermine Court Chico, CA 95927 Carleton Allyn Johnston and Joyce Elaine Johnston, 40 Myrtle Drive Oroville, CA 95966 Date Filed in Butte County: April 23, 2020 The Registrant commenced to transact business under the above business name on: 10/1/1997 This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see

ion 14400, ET SEQ., Business and Professions Code. (The Gridley Herald) Publish: May 15, 22, 29, and June 5, 2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000448

The following persons are doing business as: CALIFORNIA LIFESTYLE PROPERTIES AND LAND CO 2060 3rd Street Building A Oroville, CA 95965 Mario John Gattavara, 164 Plumas Drive Oroville, CA 95966
Date Filed in Butte County: May 11, 2020
The Registrant commenced to transact business under the above business name on: NA
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code. Publish: May 22, 29, June 5, and 12, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000260

The following persons are doing business as: I AMS GARDEN 13420 Cirby Creek Road Oroville, CA 95965 Teresita Paez Sisino, 1539 6th Avenue Oroville, CA 95965 and Therese Rubiolo, 13420 Cirby Creek

Road Oroville, CA 95965 Date Filed in Butte County: March 3, 2020 Date Filed in Buttle County: March 3, 2020
The Registrant commenced to transact business under the above business name on: NA
This Business is Conducted by: Unincorporated Association
NOTICE: This fictitious name statement expires five years from the date it was filed in the
office of the County Clerk. A new fictitious business statement must be filed before that
time. The filing of this statement does not of itself authorize the use in this state of a fictitious
business name in violation of the rights of another under federal, state, or common law (see

Section 14400, ET SEQ., Business and Professions Code. (The Gridley Herald) Publish: May 22, 29, June 5, and 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000433

The following persons are doing business as: PARADISE PINES CHIROPRACTIC 14154 Skyway Suite 6 Magalia, CA 95954 Gary L. Mcarthur and Sherri Mcarther, PO Box 940 Magalia, CA 95954
Date Filed in Butte County: May 6, 2020
The Registrant commenced to transact business under the above business This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code. Publish: May 22, 29, June 5, and 12, 2020

(The Gridley Herald)

The Gridley Herald 5-22-2020 Local assified

Announcement

Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of your home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book mansubmissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit http://dor ranceinfo.com/Cali (Cal-SCAN)

Cable/Satellite TV

DIRECTV - Switch and Save! \$39.99/month. Select All-Included Package. 155 Channels. 1000s of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Premium movie channels, FREE for 3 mos! Call 1-888-641-5762. (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of Call 1-844-(Cal-SCAN)

DONATE YOUR CAR, BOAT OR RV to receive a major tax deduction. Help homeless pets. Local, IRS Recognized. Top Value Guaranteed. Free Estimate and LAPETSALIVE.ORG 1-833-772-2632 (Cal-SCAN)

Classified Advertising 916-773-1111

Financial Services

Over \$10K in Debt? Be debt free in 24 to 48 months. No up-front fees to enroll. A+ BBB rat-Call National Debt Relief (Cal-SCAN) 1-888-508-6305.

For Rent

Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its Farm Labor Housing

property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA

Rural Development guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"



Financial Services

Struggling With Your Private Student Loan Payment? New relief programs can reduce your payments. Learn your options. Good credit not necessary. Call the Helpline 866-305-5862 (Mon-Fri 9am-5pm Eastern) (Cal-SCAN

Health & Medical

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Call the Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

Stay in your home longer with American Standard Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-844-252-0740

Health & Medical

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, pumps, catheters and more! To learn more, call now! 1-855-702-3408. (Cal-SCAN)

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurances companies. Get a quote within minutes. Average savings of \$444/ year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

INSURANCE DENTAL from **Physicians** Mutual Insurance Physicians Mutual insurance Company. NOT just a discount plan, REAL coverage for [350] procedures. Call 1-866-322-7610 for details, www.dental50plus.com/ canews (6118-0219) (Cal-SCAN)

Miscellaneous

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, cath eters and more! To learn more, call now! 1-855-702-3408. (Cal-SCAN)

Will juice in your home for you. Have juicer will travel. Used juicers wanted. 916 370-0858 ATTENTION: OXYGEN USERS!

The NEW Inogen One G5. 1-6 flow settings. Designed for 24 hour oxygen use. Compact and Lightweight. Get a Free Info kit today: 1-844-359-3976 (CalSCAN)



School

AIRLINE CAREERS Start Here - Get trained as FAA certified Aviation Technician Job placement Call Avic Financial aid for qualified students. Job assistance. Institute of Maintenance 877-205-4138.



We Can Do That! Call to place your

legal advertising 916-773-1111 All Legal Ads Published by Messenger Publishing

Tax Services

ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES? Stop wage & bank levies, & audits, unfiled tax returns, payroll issues, resolve tax debt FAST. Call 855-970-2032. (Cal-SCAN)

Work Wanted

I do garage and house organizing, cleaning, and de-cluttering. Pruning and weeding. I will juice fruit and vegetable juices in your home. Serving Sacramento, Sutter, and Butte counties. References, College grad, security and Health background. Tim, 916-370-0858. (MPG 12-31-20)

CALL 916 773-1111 TO ADVERTISE **IN YOUR** LOCAL **HOMETOWN NEWSPAPER**

Real Estate

COUPL F RETIRED \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 818 248-0000 Brokerprincipal DRE 01041073. No consumer loans. (Cal-SCAN)

RETIRED COUPLE Has \$1Mil to lend on California Real Estate* V.I.P. TRUST DEED COMPANY

OVER 35 YEARS OF FAST FUNDING Principal (818) 248-0000 Broker WWW.VIPLOAN.COM *Sufficient equity required - no consu

artment of Real Estate, NMLS #339217

Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers

> Every Week!

CALL

916 773-1111

Wanted

We pay Freon Wanted: CA\$H for cylinders and cans. R500 R114. Convenient Certified Professionals. 312-586-9371 or vi-Call RefrigerantFinders. sist (Cal-SCAN)

Need some cash! Sell us your unwanted gold, jewelry, watches & diamonds. Call GOLD GEEK 1-844-905-1684 or visit www. GetGoldGeek.com/california BBB A Plus Rated. Request your 100 Percent FREE, no risk, no strings attached appraisal kit. Call today! (Cal-SCAN)



Classified Advertising 916 773-1111



"2-Night Free Vacation!" 800-700-BOA1

www.boatangel.com STOP CRIMES AGAINST CHILDREN

Land For Sale

36 ACRE SELF SUFFICIENCY HOMESTEAD - \$162 MONTH -Outstanding buy on quiet - secluded off grid northern Arizona homestead at cool clear 6,000' elev. Entirely useable grassy meadowland with sweeping views of surrounding red rock ridges. Situated within a secluded valley location surrounded by thousands of acres of uninhabited wilderness. Bordered by 1,280 acres of uninhabited State Trust land. Free well water access, rich loam garden soil, and ideal year round climate. No urban noise and dark sky nights. Zoned for livestock. Camping and RV use ok. Maintained road access. On special at \$17,900, \$1,790 dn. with no qualifying seller financing. Free brochure with similar property descriptions, photos/terrain maps/ weather data/ nearby pioneer town info. 1st United Realty 1-800-966-6690. (Cal-SCAN)

WEEKLY COMICS

Amber Waves

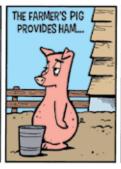


Out on a Limb



HEY, BILLY I I TOLD YOU TO PULL

FINGER, NOW BRING IT BACK!!



by Dave T. Phipps THE FARMER'S SON PROVIDES JOY, LAUGHTER CONFUSION, EXAUSTION, STRESS S TRESS STRESS

by Gary Kopervas

UNCLE

FRANKENSTEIN



The Spats





THEY'LL DO IT EVERY TIME WAITING ROOM FUN & GAMES -- YOU'RE ON TIME FOR YOUR DOCTOR'S APPOINTMENT HOW LUCKY--

THE WAITING ROOM IS EMPTY-YOU SHOULD BE OUT

DOCTOR IS HELD UP AT

THE HOSPITAL ... AN EMERGENCY... SHOULD

NAFLASH-RIGHT? WRONG!

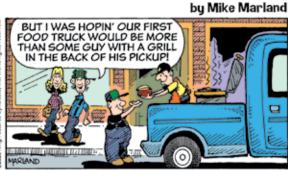




That to S.DE LEO,







*eBIXXI IT. II.



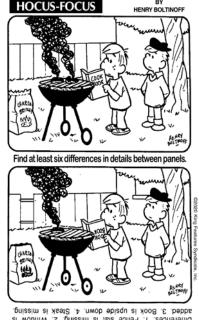
"MY grandchildren? I thought they were YOUR grandchildren!"

LAFF - A - DAY



"How's that for a promotion? From dishwasher to head of public relations."





STATEPOINT CROSSWORD • ARMY AND NAVY

CLUES

- ACROSS
- . Smoothing tool 5. Broadband access over-
- seeing org.
- 8. Attorneys' org. 11. Length times width
- 12. *Lined up single
- 13. Lump of stuff
- 14. Carpet attribute 15. Cut the crop
- 16. Lingo 17. *Entire ship's company 19. Toothy wheel
- 20. Gives a helping hand 21. They're from mars?
- 22. Language family, includes
- Turkic and Mongolian 25. Indian spice mix, pl.
- 29. Bachelor's last words 30. Baby Ruth component
- 33. One of the Earnhardts
- 34. She goes by Lo? 36. Actors' arp
- 37. Mister in Madrid 38. Colossal
- 39. With no effort 41. American cuckoo
- 42. Leave hastily, two words
- 44. *Commissioned officer of the lowest rank
- _, drink, and be merry
- 47. *Ómaha 49. Baby whale
- *It's a wall to a civilian 54. Hands, to #12 Down 55. Check out
- 56. Cambodian money 58. Welcoming sign
- 59. Went down slippery slope 60. *Date of Allied landing 61. *Opposite of stern
- 62. "For ____ 63. Dried-up __ a jolly good..'

DOWN

- 1. Grammy category 2. Diva's solo
- 3. Unload 4. Saffron-flavored rice dish
- 5. Evil one 6. Wears
- 7. Porcini mushrooms 8. Aquarium scum
- 9. Uncouth one 10. Address abbreviation
- 12. Spanish dictator, 1939-1975 13. *Throwing weapon
- 16. Ice, dark, and middle, e.g. 18. Pittsburgh Steelers'_
- 21. Dojo turf
- 22. Was sick
- 23. Parkinson's disease drug
- 24. African antelope, pl.
- 25. Gaspar, Balthasar and Melchior
- 26. Veranda in Honolulu __ came a spider..
- 28. European finch 31. *"Excellent in all we do" org 32. None left when on E
- _ formation, or on diagonal 37. Make synchronous 39. Credit card payment alternative
- 40. What Deep Throat did 43. Stumblebums
- 45. Type of shards 47. *Announcement device



Crossword Puzzle Solutions on Page 9





Limited Time Offer! Call Today

866-612-7490

A SEC

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9

For Solutions See Page 9



From Service to Sales Koady Terry was born and raised in Biggs and Gridley. He returned home after serving our

country for 8 Years in the U.S. Army. Koady has worked in our Service Department for 2 years before moving to sales.

See Koady for your next vehicle! (530)846-4724

99E & Spruce Street • Gridley

Be a part of something important

Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.



Jobs@mpg8.com Call us today at 916-773-1111



Publisher, Paul V. Scholl

The Gridley Herald is a member of Messenger **Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: The Gridley Herald @MPG8.com Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (530) 846-3661 or (916) 773-1111 www.gridleyherald.com



Published Every Friday • USPS Permit 245 Postmaster send address changes to:

The Gridley Herald 650 Kentucky Street, Gridley, California 95948

Periodicals postage paid at Gridley, CA, 95948 under the Act of Congress March 3, 1880. Court Decree Number 27207. The Gridley Herald is an adjudicated newspaper for all legal advertising in Butte and Sutter Counties.

Single Copy 75 cents. Subscription rates \$42 per year within Gridley, Live Oak, Biggs. \$52 per year by mail within Butte County and Sutter County. Some restrictions apply.

Deadline for all advertising is Friday noon for the next week's issue.



We are proud members of these newspaper associations.





Chico Woman Pleads Guilty to Vehicular Manslaughter

Butte County District Attorney

BUTTE COUNTY, CA (MPG) - A Chico woman charged with manslaughter in a deadly 2019 crash on East Avenue in Chico, appeared in court and pled as charged to charges of Gross Vehicular Manslaughter and Reckless Driving Causing Injury.

In April 2019, Amery May Sweany, 23, of Chico, careened down East Avenue at speeds over 70 mph. Multiple witnesses reported seeing Sweany swerving around other cars on the road and weaving in and out of traffic as she approached the intersection at Marigold Avenue. Sweany ignored the red light and ran her car into a vehicle driven by Virgil Santos, 64, of Chico. Virgil's wife, Shelly Santos, 52, was a passenger in the vehicle.

Mr. Santos succumbed to injuries sustained from the collision, and died at Enloe Hospital. Ms. Santos sustained major injuries and underwent multiple surgeries in the months following the collision.

While in custody at the Butte County Jail, Ms. Sweany assaulted two correctional officers, punching one, and spitting on the other. In court, Ms. Sweany also plead to one count of Resisting an Officer and one count of Battery upon an Officer, both misdemeanors.

District Attorney Mike Ramsey noted Sweany's case was delayed as her defense attorney sought to have her declared mentally incompetent to stand trial. A courtappointed psychologist finally opined she was competent to stand trial. Her attorney then attempted to place her into a mental health diversion program, but the Butte County Behavioral Health Department found she was unsuitable. Once she was finally set for jury trial, Sweany changed her plea to no contest.

Ramsey said Sweany's actions were particularly egregious because although not under the influence, she nevertheless had detectable amounts of controlled substances in her system; she drove at a high rate of speed down a main street in Chico; and she showed no concern for the safety of those around her, causing death and serious injury. Ramsey said his office will seek the maximum sentence allowed at sentencing.

Sweany is scheduled to be sentenced on June 25, 2020 at 1:30. She faces a maximum term of 6 years, 8 months in State Prison. She remains in custody without bail pending sentencing.



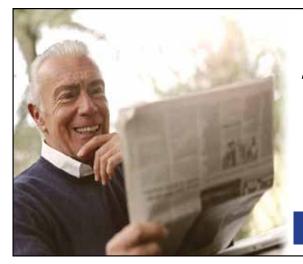
Come in and see us anytime no appointment required!



We provide walking transportation to and from McKinley Elementary and Wilson School.

CALL NOW 846-9901 585 Magnolia Street • Gridley

www.kidscastlegridley.com



MPG **Advertise in** your Local **Community**

Newspaper Call

916-773-1111

LEGAL ADVERTISING

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207–October 29, 1951 Legal Advertising Legal Advertising Hotline 916-483-2299 650 Kentucky Street, Gridley, CA 95948 Legal Advertising Fax 916-773-2999

ORDINANCE NO. 420 AN ORDINANCE OF THE CITY OF BIGGS IMPOSING A BAN ON THE ESTABLISHMENT OF NEEDLE EXCHANGE PROGRAMS WITHIN THE CITY OF BIGGS

WHEREAS, the California Department of Public Health (CDPH) may authorize a Needle Exchange Program (NEP) in local communities pursuant to Health and Safety Code section 121349, et seq.; and

WHEREAS, CDPH has certified Northern Valley Harm Reduction Coalition (NVHRC) to provide needle exchange services in the City of Chico; and

WHEREAS, local law enforcement officers have seen an increase in property destruction and improper needle disposal related to the Chico NEP; and

WHEREAS, some syringes issued by NVHRC in Chico have been improperly disposed of in Oroville, Gridley and throughout Butte County; and

WHEREAS, according to a February 27, 2020 letter from CDPH to Assembly Member Gallagher, CDPH intends to discuss NVHRC "expanded services in the Oroville and Gridley areas;" and WHEREAS, improper collection and disposal of used hypodermic needles and syringes is inimical to, and presents an imminent threat to, the health, property, safety and welfare of the public; and WHEREAS, pursuant to the City's police power, as granted broadly under Article XI, Section 7 of the California Constitution, the City Council of the City of Biggs has the authority to enact and enforce ordinances and regulations for the public peace, health and welfare of the City and its

WHEREAS, Government Code Section 38771 authorizes the City, through its legislative body, to declare actions and activities that constitute a public nuisance; and

WHEREAS, the Biggs Municipal Code sets forth all the regulatory and penal ordinances and certain of the administrative ordinances of the City. As to matters concerning land use, and of buildings thereon, Title 14 (Zoning) of the Biggs Municipal Code is intended to promote the growth of the City in an orderly manner and promote and protect the public health, safety, peace, comfort and general welfare in conformance with the City's General Plan; and

WHEREAS, needle exchange programs are not an enumerated use under the Zoning Code and the Biggs Municipal Code does not specifically address or regulate needle exchange programs within the City of Biggs; and

WHEREAS, absent a local regulation, a needle exchange program may be operated in virtually any location in the City; and

WHEREAS, the operation of a needle exchange program carries the risk of negatively impacting the goals of the City's General plan including but not limited to decreasing the risk of exposure to hazardous materials and hazardous waste; and

WHEREAS, the City Council finds that the commencement, establishment and/or operation of a needle exchange program would pose a current and immediate threat to the public health, safety or welfare, and that a moratorium on the issuance of permits, variances, building permits, business licenses, certificates of occupancy, and any other applicable entitlements related to a needle exchange program is therefore necessary; and

NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF BIGGS DOES ORDAIN AS FOLLOWS:

CEQA Exemption. Section 1:

The City Council finds that this Ordinance is not subject to the California Environmental Quality Act (CEQA) pursuant to Sections 15060(c)(2), 15060(c)(3) and 15061(b)(3) of the State CEQA Guidelines because it will not result in a direct or reasonably foreseeable indirect physical change in the environment, because there is no possibility it will have a significant effect on the environment, and it is not a "project", as defined in Section 15378 of the State CEQA Guidelines. Prohibition of Operation. Section 2:

No person shall establish, operate, conduct, or engage in a needle exchange program, as defined by Health and Safety Code section 121349, et seq. within the City of Biggs.

Prohibition of Property Use and Penalty. Section 3: No property in any zone of the City is to be used for purposes of a needle exchange program. The use of any property for such purpose shall be a public nuisance and may be abated as provided in the Biggs Municipal Code or pursuant to state law. A violation of this Ordinance shall be and is hereby declared to be contrary to the public interest and shall, at the discretion of the City, create a cause of separate action for injunctive relief as well as any other available civil remedies. Severability.

Section 4: The City Council hereby declares that every section, paragraph, sentence, clause and phrase is severable. If any section, paragraph, sentence, clause or phrase of this Ordinance is for any reason found to be invalid or unconstitutional, such invalidity, or unconstitutionality shall not affect the validity or constitutionality of the remaining sections, paragraphs, sentences, clauses or

Section 5: Effective Date.

This ordinance shall be in full force and effective 30 days after its adoption and shall be published and posted as required by law.

I HEREBY CERTIFY that the above and foregoing Ordinance was duly and regularly introduced

at a regular meeting held on the 14th day of April 2020, and was duly passed and adopted by the City Council of the City of Biggs at a regular meeting thereof duly held on the 12th day of May 2020, by the following vote, to wit:

AYES: COUNCIL MEMBERS Thompson, Bassett, Busch, Frith & Sheppard NOES: COUNCIL MEMBERS ABSTAIN: COUNCIL MEMBERS ABSENT: COUNCIL MEMBERS ATTEST:

Roben Benish

CITY CLERK

APPROVED: James T. Sheppard MAYOR

The Gridley Herald 5-22-2020

THANK YOU

We've completed the expansion to the Manuel Vierra Park in Gridley!

A sincere thank you to our sponsors of this important project to help us to combat one of the lesser-known impacts of the Camp Fire.

North Valley Community Foundation Aaron Rogers Nor-Cal Fire Relief Fund Gridley Lions Club **Butte Auto Parts**

Joseph and Margaret Hughes Orchard Hospital Rotary of Gridley Focus Group of Gridley Waste Management



Gridley Recreation Center

For more information:

(530) 846-3264

tleishman@gridley.ca.us

Crime Reports



Gridley- Biggs Police Report

May 9th - May 18th

5/9/20: At 7:12 pm on the 1600 block of hwy 99, Gridley, CA, Muchelle Lynne Kral, 35, was arrested for resisting/obstructing a police officer (148 (a)(1) PC) and was booked into Butte County jail.

5-11-20: at 9:17 am on Independence Place and W. Liberty Rd., Gridley, CA, Kenneth Charles King, 58, was cited for a local misdemeanor bench warrant.

5-11-20: at 12:12 pm on Magnolia and Washington Streets, Gridley, CA, Rebecca Gwyn Davenport, 47, was arrested on a local misdemeanor bench warrant and booked into Butte County Jail.

5-11-20: At 8:43 pm on the 1100 block of Hwy 99, Gridley, CA, Jose Florendino Tellez Garcia, 31, was arrested on 2 outside agency felony warrants, for two counts of probation violation (1203.2 (a) PC), for possession of a controlled substance (11377 (a) H&S), and vehicle theft (10851 (a) CVC). Subject was booked into Butte County Jail.

5-12-20: At 2:10 pm on the 100 block of Kentucky St., Gridley, CA, David Dwayne Martin, 52, was arrested on two outside agency felony warrant and booked into Butte County Jail.

5-12-20: At 3:59 pm on Haskell and Norman Streets, Gridley, CA, Bobbie Lorraine Bernardino, 38, was cited for an outside agency misdemeanor warrant.

5-13-20: At 7:44 am on the 1600 block of Hwy 99, Gridley, CA, Marshall James Hollingsworth, 30, was cited for possession of drug paraphernalia (11364 (a) H&S) and for trespassing at a public business (602.1 (a) PC).

5-15-20: At 10:03 pm on Magnolia and Randolph Streets, Gridley, CA, Angel Corona, 27, was cited for possession of a controlled substance (11377 (a) PC) and violation of probation (1203.2 (a) PC).

5-18-20: At 4:13 pm on Magnolia and Kentucky Streets, Gridley, CA, Marquis Levar Jones, 40, was cited on an outside agency misdemeanor warrant.

get more info at www.crimegraphics.com

Gridley Thumbs and Roots



By Barbara Ott

Three little gifts of nature were raised on my back patio. Mockingbirds made a messy, stick filled, large nest on a cross beam of the patio cover. They raised three fledglings. It was fun and magical to watch this process. While they fed their babies, they

The fledglings perched on getting ready to leave the nest. I wondered how they were going to fly out so I watched when I could. It seemed like it would be hard for them to get out from under the cover. The parents kept dropping down and swooping out modeling the way to go. I got up one morning and went to look at I don't wish them totally the nest and it was quiet, no activity. They had left when I wasn't watching. The family is living in the tree out front. The full-grown babies are still begging. I think they will leave soon. Mockingbirds are not birdfeeder birds so I am glad they decided were not happy to see me to nest here. They were

come out the back door. feeding grubs and snail bodies to the young. This the beams when they were made me decide to put freeze dried meal worms in the feeder. I did see a mockingbird at the feeder for the first time after I did this. Animals are so adaptable.

The masses of snails are getting very busy. I need a magic wand that can be waved and the snail population reduces instantly. gone ... if I can wave the wand more than once over time. Instead I have to poison them, pick them, make barriers between them and their desired food. I think I have fewer now that I've opened the garden and applied cedar mulch ... this might be wishful thinking.

Windy Wilson stops by the Mule Barn for a cup and a visit with us. He got all settled in while we waited for hard because that's jest how

"Now you fellas know it shore ain't perlite to interrupt a guy when he's educatin' the kids, right? A real gentleman wouldn't turin' them, and me, about do it. But that didn't slow down this weird young guy who was visitin' one of our hometown girls.

"I think she met him in college where he was majorin' in bein' wrong, and brought him home to meet the folks. The way it was, I

Go Dial an Electric Materialism!

had a few kids I found coming out of the malt shop and I kinda herded them over to this year sidewalk bench so I could 'splain how school used to was back in the day, you know?

"So in the midst of my It's always a treat when dislertation, this weirdo guy walks up and says to me that I shouldn't be tellin' them kids about workin' the gov'ment gets ahold of 'em and makes 'em into slaves. Hey, I'm not klddin'!

> "Then he starts in to lechow we have too much stuff and need to share it with other folks. Now that ain't bad, I guess. I don't mind sharin' Seems right. But then he says we don't have the right to own anythin' at

"I had me a look to see com.

how these year kids was ascorbing this nonsense and I saw that Garcia kid wasn't happy. He jest got a brandnew bike last week or month or somethin' and he thought he ought to keep it.

"So, bein' the on-the-spot grown up, I ups and asks weirdo what he would suggest we all do about it, and he looks straight at me and tells me to go dial an electric materialism!

"Took me kinder flatfooted there for a second, but I rallied. I puffed up a bit and straightened HIM out. I said, 'I ain't gonna do

Windy paused.

"Besides, guys, I shore didn't know which number

Brought to you by Strange Tales of Alaska, available now on Amazon.

Crossword Puzzle on Page 7 P F С С В Ε O Ρ R G Ε R G R Α P 0 Т G Ε Ν S Α R Α Α D Ε Ε S Μ Ν Ν D S Α S Μ Ν D Α Ε D O U G Α Ε S S R 0 Ρ Ε Ζ Α G Ν 0 С Ρ S Ε Ε Α Υ Ν Ε S F S F G Α Н 0 Ν Α C Τ В Ε Н Ε Н В U Κ Α D 0 Ε R S G Ε Α 0 Ν S D D D S 0 S

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!



916-773-1111

Sudoku Puzzle on Page 7 9 5 8 6 3 5 3 6 2 4 9 7 8 1 5 3 6 9 8 4 2 1 2 8 5 9 3 1 4 6 2 5 6 8 3 9 4 3 5 2 9 6 8 4 3 5 2 9 7 8 1 6 3 2 5 9 8 6 4 6 9 3



Dear Dietitian

Meat Shortage



Commentary by Leanne McCrate

Dear Dietitian,

Dear Readers: If you've been to your local grocery store lately, you may have noticed bare shelves in the meat section. There is less meat in the supply chain these days; in particular, there is less beef, pork, and poultry. The reduced supply has been brought about by two factors. First, many who work in meat packing plants have fallen ill with the coronavirus, having no choice but to leave the assembly lines. In addition, people are cooking at home more than usual and meat sales are up.

What does a meat shortage mean for consumers? Higher prices are likely. We will probably be able to purchase enough meat to feed our families, but we may not find the specific cuts of meat we are used to getting. I was shopping for ground sirloin which wasn't available, so I bought ground turkey instead.

As you know, meat is an important source of protein, a macronutrient needed to build muscle and repair tissues in our bodies. Most of us need about on gram of protein for each kilogram of body weight. For example, someone who weighs 150 pounds, or 68.2 kg, would need 68 grams of protein each day. Some people need more protein, such as one who has a large burn or wound, an athlete, or a body builder.

Beef is an excellent source of iron, which is needed to transport oxygen to our cells. It is also one of the most available sources of vitamin B12, an important nutrient needed for proper functioning of our nervous systems.

Certainly, there are vegetarian sources of protein, such as beans and soy products. Spinach and fortified breakfast cereals are good sources of iron. Dietitian Nutritionists once believed it was important to combine certain foods in order to create complete proteins, especially for vegetarians. A complete protein contains all nine essential amino acids needed for protein to do its job. However, if you eat a variety of foods and take in adequate calories, you're likely getting complete

The upside of buying less meat is cost savings, although this isn't always the case. Fortunately, we have a vast and diverse food supply. The list below provides sources of non-meat proteins:

- Fish/Seafood- Tilapia, imitation crab, and pollack tend to be less expensive than their meat counterparts.
- Nuts, seeds, nut butters Who doesn't like an old-fashioned peanut butter and jelly sandwich with a tall glass of milk?
- · Dairy Eggs, milk, cheese, cottage cheese, and yogurt. Some types of yogurt have as much as 15 grams of protein per serving. Watch out for added sugar, though. Beans/Peas/Lentils - These budget-friendly
- meat substitutes can go a long way in feeding the family, and there are hundreds of ways to prepare them. Meat alternatives- These plant-based foods
- are gaining popularity and reportedly taste like meat as well as having a meaty texture. Watch out for saturated fat though, as some meat analogues are cooked with
- Soy products -Tofu, tempeh, and edamame are nutritious sources of protein and fiber.
- Plant milks Rice, almond, and soy milks not only aid in meeting protein needs; if fortified, they will help maintain strong bones by providing calcium.
- Ground turkey If available, ground turkey has 8 grams of fat per serving; ground turkey breast has 1 gram of fat per serving. I buy one package of each and mix them, cutting the fat (almost) in half while maintaining the product's palatability.

As you stock up at the grocery store, keep in mind that one day the coronavirus pandemic will be over. We will return to our normal activities, like birthday parties and picnics. We will mark the calendar with an upcoming special event. And grocery shopping will just be a weekly chore. What a wonderful day it will be!

Until next time, be healthy! Dear Dietitian

Leanne McCrate, RDN, LD, CNSC, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans.



Outdoor Entertaining

The warm balmy nights, food cooking on the grill, and friends and family spending quality time together in the backyard or around the pool create wonderful memories that last a lifetime. But, hosting outdoor events also means there's an increased risk of home fires.

OUTDOOR ENTERTAINING BY THE NUMBERS

- Outside fireplaces or fire pits caused nearly 3,700 grass and brush fires
- Total outdoor patio heater or fire pit injuries has nearly tripled in six years (1,330 to 3,608) from 2006 – 2012
- More than half of all candle fires start when things that can burn are too close to the candle
- An average of 8,800 home fires involved grills, hibachis, or barbecues each
- In 2012, sparklers, fountains and novelties accounted for 25% of emergency room fireworks-related injuries*

Fortunately, following some simple safety tips and guidelines can help ensure you and your guests stay safe. Consider the following when you host your next outdoor event:

Have an adult present at all times when a portable fireplace is burning

Use sturdy candle holders that won't tip over easily Keep anything that can burn, as well as children and

pets, at least three feet away from open flames Use battery-operated flameless candles and solarpowered patio (tiki) torches in place of an open flame. Flameless candles come in all colors, shapes and sizes, and many are scented. Flameless candles look and feel like the real ones, and add a beautiful soft glow to

Source: NFPA's Fire Analysis & Research Division



any outdoor event.

Thank You, and Be Safe!! Sparky the Dog **Gridley Fire Station 74**



Smiles and Waves Fill the Cheer-Up Parade

Continued from page 1 sheltering in place longer than the rest of the world. Orchard Hospital and Hovlid staffers and administration recognized the need to show them some love, so they invited family, friends and the community to decorate their vehicles with signs, paint and more and drive through. And did they!

Just before 10 am, the staff at Hovlid helped many of the residents outside to the front of the facility. The start of the parade was announced by Hospital CEO Steve Stark and his family riding in a sign-covered golf cart, followed by a caravan of excited visitors. So many turned out for the event that the line of cars stretched down the street from the hospital parking lot almost to the highway intersection and had to be managed by traffic control. People even traveled from out of town to be a part of it. The lineup included many private vehicles filled with family and friends, a Harley Davidson or two, classic cars, members of the Gridley-Biggs Police Department, Butte County Sheriff's Department, EMS, Fire Department, Gridley Lions, Rotary and more. Horns honked, sirens blared and most poignantly, love filled the air as family and friends were reunited with their loved

The joy it brought the residents was obvious. Smiles flooded their faces and they waved happily

ones.



From left to right: Lion Vern Hartman, his granddaughters Linden, Emmy and son Wes Hartman prepare to flash some big smiles at the Hovlid Senior Residents before Friday's parade. Photo by Seti Long

at the parade moving by, whether or not they were strangers or family inside the vehicles. Some residents held signs urging those passing by to stay safe, thanking their caregivers while cars that streamed past for over half an hour carried messages for the residents to "stay strong", "we will get through this" and most importantly "We love you!"

It was such a great success that many people along the parade line could be overheard saying that the event should be held again, even when/if the shelter-in-place orders are lifted. Whether that happens or not, the community, families and staff at Orchard clearly came together to show the residents at Hovlid how much they are cared for.



This resident wanted to remind everyone out in the public to Bee Safe! Photo by Seti Long

BCPH Responds to Religious Congregation Exposed to COVID-19 on Mother's Day

Butte County Public Health

BUTTE COUNTY, CA (MPG)

- Butte County Public Health (BCPH) COVID-19 contact tracing and investigation is underway in response to a local, in-person religious service held on Mother's Day where a person with lab confirmed COVID-19 attended.

The infected person received their positive COVID-19 diagnosis the day after the service and is now in home isolation.

The service had over 180 people in attendance. Individuals attending the service have been notified of their exposure and instructed by BCPH to self-quarantine. Information about how to monitor themselves for symptoms, how to contact BCPH and what to do if they become symptomatic has been provided.

BCPH is working with healthcare partners to establish testing for all individuals who attended the service.

"At this time, organizations that hold in-person services or gatherings are putting the health and safety of their congregations, the general public and our local ability to open up at great risk," stated Danette York, Director of Butte County Public Health. "We all need to do our part to

follow the orders and mitigation efforts so that our Reopen Butte County plan can continue to move forward. Moving too quickly through the reopening process can cause a major setback and could require us to revert back to more restrictive measures. We implore everyone to follow the State order and our reopening plan to help combat the potential spread of COVID-19."

Gatherings of any size have been disallowed by the Governor's "Stay at Home" order since March 19, 2020. The Stage 2 reopening plan for Butte County does not provide authority to allow gatherings. Those may be considered as we move forward to stage 3 in the future.

Despite the Governor's order, the organization chose to open its doors, which resulted in exposing the entire congregation to COVID-19. This decision comes at a cost of many hours and a financial burden to respond effectively to slow or stop the spread of COVID-19. Such decisions can place great risk on the County's ability to continue opening at a faster rate than the State.

If the Governor's order is not followed, these types of decisions may jeopardize BCPH's ability to respond adequately to prevent the spread of COVID-19. ★





At Prestige, our goal is to not only provide quality care, but to keep our residents active and engaged, nurturing body, heart, soul and mind.

Our independent and assisted living community offers **Celebrations**, a wellness-focused lifestyle program that focuses on an array of wellness opportunities designed to help you celebrate life and feel your best, no matter your age.

We offer the award-winning **Expressions**Memory Care Program, which uses innovative techniques and approaches to turn daily activities into memorable and meaningful events.

Visit www.PrestigeCare.com/Celebrations to learn more about our program and receive a calendar of our FREE Celebrations online events!

Prestige Assisted Living at Oroville 400 Executive Pkwy. Oroville, CA 95966 (530) 534-8160 www.PrestigeCare.com



