



Save Seeds for Thriftiness and Self-Reliance in the Garden

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THE GRIDLEY HERALD

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High School, Here We Come!



Above: A good portion of the Sycamore 8th Grade graduating class poses for a group shot in their class shirts days before they walk the stage. Right: Four of Sycamore's Six Valedictorians stand up together and smile together. Left to right: Janessa Delgado, Giselle Fuentes, Salma Fuentes and Kirsten Muzzy. Photos by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - Sycamore Middle School 8th grade graduates said goodbye to their elementary school years by holding a drive-thru graduation the evening of Thursday, June 4th.

After the May 22nd announcement that Gridley High School would be holding a modified graduation ceremony on their football field, Sycamore parents and graduates put up a fight to hold their own. Supportive parents and their students took the issue to the Gridley Unified School District Board meeting, with graduates addressing the board to express their stance on the subject. Among those who spoke at the meeting were four of Sycamore's Valedictorians, Janessa Delgado, Giselle Fuentes, Salma AlfaQeeh and Kirsten Muzzy.

Despite the heartfelt pleas to the board, Sycamore students were forced to settle for a drive-thru graduation ceremony. Valedictorian Giselle Fuentes says, "We worked really hard. We just pushed ourselves to get straight A's so to get a graduation taken away from us makes us feel... sad." Fellow Valedictorian Salma AlfaQeeh said,

"While it's understandable why, it's still disappointing." Valedictorian Kirsten Muzzy expressed something that all four felt - that the board had made up its mind before they even had a chance to speak and that their words were futile. They spoke regardless. Parents of the students who courageously addressed the board were pleased. Mother Jenny Muzzy said of them all, "I'm so proud" and father of 8th grade Alexus Porcayo, Josh Porcayo, who witnessed the speeches said, "It was amazing." These future freshmen are an impressive bunch!

Still, the fleeting hope for a traditional graduation was a tough loss for the entire class. Valedictorian Janessa Delgado said, "We've seen so many others have their special moment.... It's frustrating." As a large amount of the graduates gathered together for a group photo for this article, many emotions were observed. Many had not seen their fellow classmates in months, and although they were excited to see each other, it was also a bittersweet reminder of what they had lost.



Meanwhile, Sycamore staff and parents are doing everything in their power to create a graduation these incredible 8th grade students won't forget (and not just because they were robbed by COVID19). The stage was set for the drive-thru graduation, held Thursday, June 4th at 5:00 pm in front of Gridley High School. Vehicles carrying graduates will line up, entering from Fairview Drive and making their way around the Hazel loop. Graduates will exit their vehicles just in front of the High School and, holding to social distancing precautions, they will walk across a stage, receiving their diploma. There will be an area to pause for photos and the school has arranged for a professional photographer so that all students will be able to have a graduation picture to commemorate the event.

Congratulations to the Sycamore graduating class! ★

Getting It Done — Gridley City Council Gets Back to Business

By Seti Long

GRIDLEY, CA (MPG) - After a few quiet months, Gridley City Council got back in the swing of things as it tackled a few new projects.

First, council heard a report from Mann, Urrutia, Nelson, CPAs & Associates regarding the 2018-2019 independent audit. The City of Gridley's financial department is currently in the process of updating its financial software - a long and tedious process. Despite that, the independent audit report for the year 2018-2019 was "clean" and the city is in good standing.

Council then turned their focus to the Feather

River Sewer project. The city's current sewer force main was constructed in 1967 and rests on the bottom of the Feather River, conveying wastewater to Gridley's plant. It has been identified as a potential source of water contamination by Yuba City even though it is inspected every 5 years for leaks and has been found sound. On behalf of the city, Bennet Engineering Services has obtained a grant from the California Clean Water State Revolving Fund in the amount of \$500,000 to look at alternatives to replacing the pipe. According to Bennett the total price tag for replacement could be in the \$10 million price

range, so a detailed planning approach will make applying for grant funding much more lucrative. Council voted to proceed as advised, moving on to the next item.

Council then accepted a \$3,500 grant to Gridley Animal Control Services for the trap-neuter-release program.

Next, council approved the purchase of 15, X26P Axon tasers for the Gridley Police Department along with a maintenance program for the new devices. Of the current 15 tasers currently in use by the GBPD, 8 are set to expire in April of 2021, 5 will expire in April 2022 and 2 are already out of

compliance. Purchase cost with a 5-year plan in place totals \$24,613.90.

Finally, Gridley City Council heard the Electric Department's request for a new underground line puller. The current line puller is 30 years old and now inoperable, with no way to be repaired. A new machine would decrease outage times and increase the department's efficiency. Cost for a new machine is estimated at \$135,000 with additional \$12,800 for duct rollers and an air adapter kit for a total of \$147,000. Council approved the purchase. It will take 3-4 months for the city to receive the new puller due to order times. ★

Newsom Administration Claims Another '\$1.831 Billion Needed'

By Nghia Nguyen,
Office of Sen. Jim Nielsen

SACRAMENTO, CA (MPG)

- In a last-minute call last Thursday evening, Department of Finance officials notified the Legislature that Governor Newsom is transferring an eye-popping \$1.831 billion to the Disaster Response-Emergency Operations Account to spend through the current fiscal year with only limited details.

"The spending of billions of taxpayers' dollars must be reviewed and approved by representatives of the citizens of California. It is time for the Legislature to return to the standard separation and balance of power," said Vice Chair of the Senate Budget Committee Senator Jim Nielsen (R-Tehama). "There is too little transparency, oversight and accountability. The public deserves better."

Without sufficient evidence to support the need for this massive spending, the letter from the Department of Finance breaks down expenditures as follows:

\$1.3 billion to procure personal protective equipment; \$251.7 million to establish and support over 3,000 hospital beds; \$30 million for hotels for healthcare workers and support staff; \$159.4 million to cover costs for ongoing state response activities; \$98.4 million for statewide testing and contact tracing and tracking.

Californians have answered the call and slowed the spread of the virus. Hospitals are safe, and most have few, if any, COVID-19 patients. The U.S. Naval hospital ship Mercy has returned to the port in San Diego. The field hospital at Sacramento's Arco Arena will close at the end of the month after the state paid an outrageous \$1 million to house fewer than 10 patients.

Senator Nielsen said, "There is no surge in hospital demand in California."

As the Los Angeles Times editorial stated, "[T]he state is moving from the emergency response phase into one of recovery, the governor needs to start sharing power again with the Legislature, as the state's constitution intends. That means no more COVID-19 blank checks."

"Long standing processes and procedures to establish the balance of power in our government must be strictly followed. The Administration must

Continued on page 2

The New Pi-Line



**The new Pi-Line
Honoring Publisher
W.D. Bureson
By Josh F.W. Cook**

Reliving the glory days of the Apollo Space program, I gathered my two youngest kids together, and we “streamed” the count down and launch of the Falcon Space X. American Astronauts are making a come back after a shortage of work over the last decade. It was a bit of positive good news to see American Astronauts riding an American Rocket from Florida to the International Space Station. NASA’s Commercial Crew Program is working with the American aerospace industry as private companies develop and operate new spacecraft and launch systems capable of carrying crews to low-Earth orbit and the International Space Station. Commercial

transportation to and from the station will provide expanded utility, additional research time, and broader opportunities for scientific discovery on the orbiting laboratory, and America does not have to pay the Russians to get where we need to go off-planet. Bob and Doug are the Astronauts that went last week. Douglas Hurley was selected as an astronaut in 2000.

A veteran of two space flights, he was the pilot on STS-127 and STS-135. Hurley holds a Bachelor of Science in Civil Engineering from Tulane University. Before joining NASA, he was a fighter pilot and test pilot in the U.S. Marine Corps. Robert “Bob” Behnken was selected as an astronaut by NASA in 2000 and is a veteran of two space shuttle flights. A native of Missouri, Behnken flew STS-123 in March 2008 and STS-130 in February 2010, logging more than 708 hours in space, and more than 37 hours during six spacewalks. Behnken is currently serving as Joint Operations Commander on the first crewed flight of the SpaceX Crew Dragon, the Demo-2 mission, which launched May 27, 2020.

Colonel Behnken was commissioned via the Air Force Reserve Officers’ Training Corps (ROTC). His first assignment was at Eglin Air Force Base, Florida managing and developing new weapon systems. He next attended the Air Force Test Pilot School at Edwards Air Force Base, California, with a follow on assignment to the F-22 Combined Test Force (CTF), where he served as the lead Flight Test Engineer for the 4th F-22. He has flown more than 1,500 flight hours in more than 25 different types of aircraft. Bob has a Master of Science in Mechanical Engineering and a Doctorate from California Institute of Technology. For the Yuba/Sutter area, it is clear that the Air Force guy will be our hometown favorite. I can only imagine what will be said among the Beale Air Force retirees at the Brick Coffee shop in Marysville about a Marine pilot being given a NASA Astronaut spot.

W.D. Bureson published the Gridley Herald for 50 years. Josh F.W. Cook graduated from Gridley High School in 1988 ★

Newsom Administration Claims Another ‘\$1.831 Billion Needed’

Continued from page 1

demonstrate why it needs this colossal pile of taxpayer dollars,” Senator Nielsen said.

“These purchases must come before the Legislature.”

Following news reports of failed contracts including a \$1 billion agreement

with Blue Flame, Senator Jim Nielsen (R-Tehama), along with a group of lawmakers, requested a thorough audit through the Joint Legislative Audit Committee of the sole source contracting practices in these multi-million dollar legal commitments. ★

Schools Out for Summer!



You can’t have a rainbow without a little rain! A sweet goodbye to a not-so-cheery school year from one of the cars in the “School’s Out” parade. Photo by Seti Long

By Seti Long

BIGGS, CA (MPG) - Teachers from Biggs Unified Schools District and Richvale Elementary once again decorated their cars and took to the streets of Biggs.

The multi-car parade drove through town Friday, May 29th and celebrated the end of one of the most unusual school years in history, thanks to COVID19. The honking could be heard as the vehicles

approached, drawing people from their homes and downtown businesses to witness just how much the teachers and staff miss and love their students. Teachers, aids and staff waved, hollered and honked, with vehicles decked out in signs of “we miss you!” and “have a great summer!”

The parade was a meaningful goodbye, both for students and their families and left those with the hope that good things are in store for Biggs students in the fall. ★

MEMORIAL NOTICE

Ronald Howard Sannar

February 25, 1939 to May 23, 2020

Ronald Howard Sannar passed away in his home surrounded by his wife and all his children on Saturday, May 23, 2020, at the age of 81. He died of complications from his battle with bladder cancer. Graveside services were held Thursday, May 28, 2020, at Gridley Biggs Cemetery.

Ron was the oldest of three children born to Howard Sannar and Maurine Barrow Sannar on February 25, 1939 in Gridley, California. He served in the Southern States Mission for the Church of Jesus Christ of Latter-day Saints from 1960 to 1962. After graduating from Brigham Young University, he was married in the Oakland California Temple to his first wife Martha Sandra Blane in 1965. They had one daughter together, Erin Marie. In 1967 Sandy was killed in a car accident. In 1969 Ron married his second wife Rita Sue Little, also in the Oakland California Temple. Ron and Rita were blessed with 10 children, 32 grandchildren, and 4 great-grandchildren in their 50 years of marriage. Ron was an amazing father to 11 children and will continue to touch the lives of generations through his lasting memory. His greatest treasure and source of joy in life was his posterity. His happiest times were in the gathering together of family during regular reunions, where he could share gospel messages and his testimony.

Ron spent his life serving in various church

positions, influencing and counseling many through his unconditional love and immovable faith. He had a gift for teaching the gospel by word and example, loving and serving all those around him.

Throughout Ron’s career in agriculture, he worked every day with family. Beginning with Sannar & Barrow, Incorporated, he worked with his father, uncles, and brother to create a successful business. He later worked with his brother Jerry at Cal Fruit International, which he continued until just months

before his death.

He is survived by his wife Rita and the following children: Erin Schmidt [Kevin] of Browns Valley CA, daughter-in-law Julie [widow of son Clay] of Visalia, CA, Blane Sannar [Lena] of Gridley, Melisse Myers [Robert] of Visalia CA, Jared Sannar [Bethany] of Clovis CA, Emily Guevara [Fredie] of Las Vegas NV, Afton Caycayon [Isaiah] of Anahola HI, Andrew Sannar of Gridley, and Matthew Sannar [Heidi] of Visalia CA. He will be greatly missed by his siblings and family.

He was preceded in death by his first wife Sandy, infant sons Drew and Joseph, adult son Clay, and great-grandson Mason Schmidt Caine.

Arrangements entrusted to Gridley-Block Funeral Chapel.

MEMORIAL NOTICE

Delbert Lynn Frye

August 8, 1942 to May 11, 2020

Delbert Lynn Frye, known to friends and loved ones as Lynn, was born in Aurora, Nebraska on August 8, 1942 to Adelbert Frye and Hulda (Carnes) Frye. He went to be with the Lord and reunited with his sweet wife on May 11, 2020.

Lynn married Cheryl Ann Grimsley on June 19, 1971. Lynn and Cheryl spent the early years of their marriage in northern California before relocating to Pahrump, Nevada. Shortly thereafter, Lynn graduated from UNLV with a degree in elementary education. He was a dedicated and selfless educator for more than two decades.

Lynn and Cheryl lived in Pahrump, Nevada for more than thirty years, where they raised their two sons, Kevin and Matthew. Once retired, Lynn and Cheryl moved to St. George, Utah to be closer to family. Shortly after moving, Lynn lost Cheryl to a

battle with cancer. Consequently, he decided to join Matthew and his family, as Matthew pursued his career through several locations across the country.

Lynn was a devout and nearly lifelong member of the United Methodist Church; he did his best to engrain himself in each congregation he attended. Lynn loved to fill the room with his singing and praise. After his wife’s death, much of Lynn’s time was spent with his grandchildren, where he continued his passion for educating, and imparted his love for learning on them.

Lynn will be dearly missed by his surviving two sons, Kevin and Matthew, four grandchildren, Libbee, Kylee, Anberlyn, Asher and older brother Chuck Frye.

In lieu of flowers, the family is asking that children’s books and school supplies be donated to your local elementary school.

MEMORIAL NOTICE

George Kenneth Oakley

July 20, 1939 to May 21, 2020

George Kenneth Oakley (Kenny) of Dayton, NV was born in Wanette, OK on July 20, 1939 and passed away on May 21, 2020 at the age of 80. He moved to Gridley, CA at age 7 and lived there until joining the Air Force. He was stationed in Alaska. He married Carol Smith on July, 07, 1962 and was then stationed at El Centro, CA. He got out of the Air Force in 1964. He retired from Travis Air Force Base, the Air Force reserves, and worked on building a home in Placerville, CA. He enjoyed traveling, camping, and fishing. They moved to Dayton, NV in 2013. He enjoyed his grandkids and great-grand kids. His sister Vicki Horn and daughter Vicki Tharp gave him a fantastic surprise 80th birthday party. Thankfully they got to spend time with him.

He is survived by his wife Carol Oakley; sister Vicki Horn of Gridley, CA; daughters’ Vicki Tharp of Angleton, TX, and Kendra Beevers of Clovis, NM; grandchildren; Brandon & Rusty Beevers, Marcus Standley, Michelle Doss, Melissa Lusby, and Makayla Oberlin. A Graveside Service will be held at the Gridley-Biggs Cemetery on Tues June 9, 2020 at 10am.



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GHS Kaleidoscope Scholarships Awarded



Kaleidoscope, Gridley Arts Council, awarded \$4000 in scholarships to four outstanding GHS students who have participated in areas of music, drama, dance, floral art, photography, and mechanical art. Recipients are L-R Sierra Spears, Brian Ence, Andrew Quist, Aubrey Sannar. Photo by Susan Ence.

Biggs Prepares to Celebrate Graduates

By Seti Long

BIGGS, CA (MPG) - The community of Biggs has spent the last month honoring its graduating Class of 2020 even though COVID-19 has put a damper on graduation plans.

Banners featuring the senior pictures of Biggs High School graduates have been flying for the last month, placed down Biggs' B Street to recognize the students' hard work. The banners, paid for by Biggs Unified, the sports booster club and local citizens, will be presented to each student as a keep-sake at graduation.

As far as graduation is concerned, Biggs Unified School District is holding to the Butte County Department of Public Health's current recommendations to not hold gatherings. Superintendent Kaelin reached out to BCPHD, hoping to get the go-ahead for a traditional graduation ceremony, but did not get their blessing. He says, "I think it's incredibly important (to have a traditional graduation ceremony). In my personal opinion.... I think districts the size of Biggs and Gridley should be allowed to have graduation as normal." He shares that Biggs School District considered holding out until July in hopes of having a regular ceremony, but ultimately decided on a combination virtual and drive-thru ceremony held later than usual to maintain safety.

Biggs plans to hold its drive-thru graduations for their 8th grade class on June 11th and their Senior Class of 2020 on June 12th at 6:00 pm on the south front lawn of the high school. Superintendent Kaelin shares that on the respective mornings of the 11th and 12th, they will release a virtual video featuring the Valedictorians,



Biggs High School graduates have been featured in banners for the last month, recognizing the students' hard work. Photo by Seti Long

Salutatorians and graduating students giving their speeches and sharing their plans for the future, show them receiving their awards and a special message from Superintendent Kaelin. The evening ceremonies will feature a mini-stage and backdrop so that as graduates pull up, they can exit their cars, take pictures with a photographer on site and have their diplomas presented to them.

In the meantime, Superintendent Kaelin said that if anything changes, Biggs would drop everything and hold a traditional graduation "In a heartbeat!" He continues, "You know, these kids have missed out on so much of their senior year, from sports to the prom..." they deserve something special. ★

Suspected Arsonist Arrested by CAL FIRE Investigators



Butte County Fire Department

BUTTE COUNTY, CA (MPG) - A transient was arrested Wednesday morning,

May 27th, on suspicion of arson for allegedly setting multiple fires to grass-covered lands in the community of Gridley. Jose Manuel Santiagomez, age 37, was booked into the Butte County Jail on one count of Penal Code 451(c), arson to forested lands, and one count of Penal Code 454(a)(2), arson during a declared emergency.

Santiagomez's bail is set at \$325,000.

CAL FIRE received an

interagency communication from the Gridley Police Department stating they had detained Santiago Gomez for unrelated charges. He was wanted by CAL FIRE for questioning regarding several suspicious fires. A CAL FIRE Law Enforcement Officer conducted an interview and as a result arrested Santiagomez.

Further investigation of Santiagomez may result in additional charges. ★

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Thoughts to Ponder

by Kathy Neal



Have you been tempted today? Has that still small voice egged you on? How hard was it to turn away and not listen to the Tempter? Every day, we are bombarded with signs that lead us down roads toward eternal destruction.

Drink this it'll make you popular. Smoke this, it'll make you cool. Take whatever you want, it'll make you famous. Destroy you enemy, it'll make you indestructible.

As youth hear the cries for without, they fail to realize that even the Son of God faced the ultimate test by "The Tempter". Jesus faced temptation from the "best of the best," Satan himself. Throughout the years of Jesus' work, He was faced with that small voice that urged Him to turn from God's will and to use His powers in ways that Satan knew would destroy the goal of the sacrifice for man.

When Jesus was tired, worried, and hungry, Satan pushed Jesus to fulfill the needs of the body, not the soul. Even Jesus' best friend and follower tried to instill false actions when he said, "This shall not be unto Thee". "Get behind me

Satan" came the response (Matthew 16:22-23).

Even Jesus' final hours on the cross were not left untouched by the black-hearted serpent who reaches out toward us all. "If Thou be the Son of God, come down from the cross." (Matthew 27:40) Jesus, like us, had to fight again and again against the Tempter and his forces.

Jesus' temptation can only mean one thing; He understood man's trials and tribulations as well as his needs and problems. Jesus felt thirst and hunger, Jesus felt rejection (even at birth). He felt the joy of love and the pain of death. When God became man, He took on the same desires and traits as man – He lived on earth and became us.

He did not exalt Himself by living in a palace or by wearing robes of purple. He did not busy Himself making connections with the "right people" in to better His business. He did not try to "win friends and influence people" be swaying the majority. What He did was surround Himself with the "outcast"- common man. These men were sinful, unclean, and hungry for a true religious experience. Jesus was in the world to win man, not bribe or

scare him into belief. He knew man was searching for answers and Jesus furnished the answers by living the law. Only the broken body of God, the giving of the bread of life, could provide and end to the hunger within man.

The Tempter wanted to use human flaws and weaknesses to defeat Jesus. But Jesus, God with us, proved a force too strong and the Tempter failed. The plot failed because Jesus depended upon God's grace, love, and promises. Through the torn curtains of the temple at the moment of Jesus' death, man viewed heaven and was saved.

Death did not still Jesus. The tomb did not hide Him. They only proved His existence. He did not force confessions of faith but earned them. He did not use magical tricks to astound; He used love and devotion to allow man to open their hearts.

We realize that even the Son of God cannot escape the ploys of the Tempter, but we, like him, can overcome and defeat sin by trusting in God's plans. "In that He Himself hath suffered being tempted. He is able to succor them that are tempted." (Hebrews 2:18) ★

BCSO Announces Detection of Positive COVID-19 Case in the Butte County Jail

Butte County Sheriff's Office

OROVILLE, CA (MPG) - The Butte County Sheriff's Office (BCSO) announced the detection of a positive COVID-19 case within the Butte County Jail. The case involves an individual who was recently arrested for serious crimes and booked into the jail. The individual, who was asymptomatic for COVID-19 upon arriving at the jail, was screened as part of the jail's established protocol and later housed within the facility. The individual was housed for two days in a dormitory with 26 other inmates. On Friday, May 29, 2020, the individual complained of shortness of breath. Jail medical staff evaluated the inmate and decided to send the individual to an area hospital. A COVID-19 test was administered and came back positive. The individual was admitted to the hospital and is in stable condition.

BCSO is working with Butte County Public Health to isolate, monitor and test the 26 inmates within the affected housing unit over the course of the next 14 days. Monitoring and testing will include daily checks by medical staff. Professional cleaners are being brought in to clean the housing unit thoroughly and inmates are being provided appropriate personal protective equipment (PPE). Testing and monitoring protocols for BCSO staff members have also been implemented in accordance with CDC guidelines for public safety employees.

BCSO knew from the start there would be a need to manage COVID-19 cases within the jail and prepared for that eventuality. The jail's in-house medical providers are very experienced with managing communicable disease within a custodial environment, including COVID-19 in other correctional facilities outside Butte County.

Dr. Vivek Shah from Wellpath, the medical provider for the Butte County Jail said, "Our medical team is prepared to care for COVID-19 patients inside the Butte County Jail. Our team has the appropriate amount of personal protective equipment and is well trained in the care and treatment of contagious respiratory infections such as COVID-19. Our nurses have been preparing for this situation

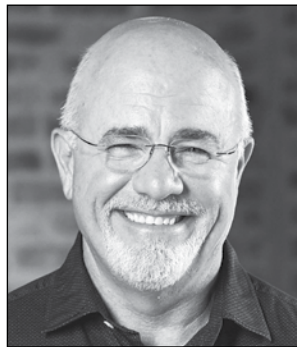
since early March and are ready to take excellent care of those who may fall ill."

Since the emergence of COVID-19, the jail has handled eleven suspected COVID-19 cases, who all tested negative for the virus. Two inmates who were known to have COVID-19 prior to being booked into the jail were immediately isolated in the jail's medical unit. One of those individuals has since recovered and no longer requires treatment and isolation. The second inmate is currently being treated at an area hospital for a condition unrelated to the COVID-19 infection.

At the beginning of the pandemic, BCSO developed protocols to manage the risk of COVID-19 within the jail. The risk mitigation protocols include a reduction in the overall population of the jail, from an Average Daily Population (ADP) of 580 inmates per day prior to the COVID-19 situation, to an ADP of 460 inmates per day. Additionally, "enhanced screening" procedures for COVID-19 were implemented to check staff and arrestees prior to entering the facility. After being screened, arrestees brought into jail are required to wear a mask while in the booking area.

The jail has protocols for isolating and testing inmates with COVID-19 symptoms. And there is a process for the on-going monitoring for COVID-19, which includes checking the temperature of every inmate in custody and asking about symptoms of COVID-19 on a weekly basis. To mitigate the risk of spreading COVID-19 in the jail, additional cleaning supplies have been provided to inmates and staff, including multiple hand sanitizing stations throughout the facility.

"We take the health and wellbeing of our staff and the inmates in our care very seriously. Our response to the COVID-19 pandemic from the beginning has been about managing the risk of exposure and spread, which is the only reasonable approach to this complex problem. In conjunction with our partners in the medical community, we are using sound protocols to manage this recent, yet anticipated development. We believe we are well positioned to navigate these challenges," said Sheriff Kory Honea. ★



Dave Ramsey Says

To be honest, I don't like the idea of just handing him money when you already know he's impulsive. I learned a long time ago that handing money to someone who's financially irresponsible is not a good idea. Lots of people think other folks would be fine, and all their problems would be solved, if they just had more money. That's not generally the case. You need to ask yourself if giving this young man a bunch of cash would really, truly help him. More than likely, the answer is no.

You obviously love this kid, and you've got a generous heart. But under the circumstances, it might be a good idea to attach a few strings to any cash. Don't make him jump through a bunch of hoops for no reason, though. I'm talking about teachable moment-type things that will help train and educate him to handle his finances in a more responsible and productive way.

There are lots of paths you could take. You might require that he start living on a written, monthly budget, that the two of you go over together for the first few months. Sitting down with a good financial coach – one with the heart of a teacher – is something you might consider throwing out there, as well.

In my mind, this approach is fair to everyone involved. It allows you to help him help himself, instead of just handing him something that may or may not be a blessing.

– Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

Teachable Moments are Valuable at any Age

Dear Dave,

A good friend of mine passed away recently. In his will, he left me a couple of items and some money, and I'd like to share the money with my son. He is 25, and a good kid, but he is still impulsive with his finances. Do you have any advice for handling this in a way that will do him the most good?

– Frank

Dear Frank,

It's tough enough losing a close friend without having to worry about a grown son with money issues. I'm sorry you're going through all this.

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Newsom Statement on Demonstrations



Office of Governor Gavin Newsom

SACRAMENTO, CA (MPG) - Governor Gavin Newsom issued the following statement on the demonstrations across California:

"Over the last few days, we have seen millions of people lift their voices in anger, rightfully outraged at how systemic racism is allowed to persist. Every single day, people of color are disadvantaged and discriminated against. Black

and Latino men in particular face mortal danger all across this country simply because of their race. Every person who has raised their voice should be heard.

"I want to thank all those who helped protect human life last night and today – from community members who exercised their right to protest peacefully and encouraged others to do the same, to the law enforcement officers who faced what were, at times, challenging conditions.

"In California and across the country, there are indications that violent actors may be attempting to use these protests for their own agendas. We are closely monitoring organizing by violent extremist organizations... To those who seek to exploit Californians' pain to sow chaos and destruction, you are not welcome. Our state and nation must build from this moment united and more resolved than ever to address racism and its root causes."

The Governor also issued a statement on the passing of a federal officer in Oakland:

"This is a moment of pain for our state and nation. We are also mourning the tragic loss of a federal security officer and wounding of another in Oakland. Jennifer and I send our sincere condolences to their families, friends and colleagues. No one should rush to conflate this heinous act with the protests last night. A federal investigation is underway, and we should let that process play out." ★

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 and 2nd St., N.E. Washington D.C. 20510
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and 2nd St., N.E. Washington D.C. 20510
(202) 224-3841

Governor of California - Gavin Newsom
 California State Capitol, Suite 1173, Sacramento, CA 95814
(916) 445-2841

District 1 Representative - Doug LaMalfa
 506 Cannon House Office Building
 U.S. House of Representatives, Washington, D.C. 20515
(202) 225-3076

District 3 California Assemblyman - James Gallagher
 2060 Talbert Drive, Suite 110, Chico, CA 95928
(530) 895-4217

District 4 California Senate - Jim Nielsen
 State Capitol, Room 3070, Sacramento, CA 95814
(916) 651-4004

1453 Downer Street, Suite A, Oroville, CA 96965
(530) 534-7100

Yuba Sutter Residents to Benefit from Increased Resources at local Food Banks

From Feedingys.org

YUBA CITY, CA (MPG) - At a time when we’ve seen an increased amount of families across the state facing

the anxiety that comes with food insecurity, California Health & Wellness is making a \$20,000 contribution to the Yuba-Sutter Food Bank.

“We are so grateful for the California Health & Wellness generous donation which will help our organization feed local people in need and help with various aspect of our operation,” said Michelle Downing, Interim CEO,

Yuba-Sutter Food Bank.

The contribution will supplement a number of strategies used to support disadvantaged individuals, families and those most at-risk to coronavirus. The Y-S Food Bank has shown resilience in the face of COVID-19, as the non-profit adjusts volunteer help and distribution models of meals during the pandemic. No matter what the case is, the Y-S Food Bank is working diligently to keep food available for those in need.

“In these difficult times, a staggering amount of individuals and families are dealing with the

anxiety that comes with not knowing if there’s enough food to last the week or even the day in some cases,” said Yuba Supervisor Gary Bradford, who also serves on the Yuba-Sutter Foodbank Advisory Board. “This demand for food can deplete supplies for the food bank quickly, but the amount of support the Y-S Food Bank has received from the community shows that we are indeed all in this together.”

“The effects of the COVID-19 pandemic are far-reaching and have extended beyond medical care, affecting people across the state, including families and seniors in need,” said Brian

Ternan, President and CEO, Health Net of California and California Health and Wellness. “These issues have a significant impact on people’s overall wellbeing and can lead to serious health issues. Organizations like the Yuba-Sutter Food Bank will be in continuous need of resources during this critical time and Health Net is there to provide the support they need.”

The contribution from California Health & Wellness in addition to other contributions made by community organizations and individuals will make a huge difference in the lives of

those most affected by this health crisis.

The Yuba Sutter Food Bank is a not-for-profit organization committed to its mission of alleviating hunger through food distribution, partnership, and education. The YSFB participates in federal and state government programs, which had yielded \$680,000 worth of food last year and provided a million pounds of food to the Yuba-Sutter Community. The Food Bank also receives generous food donations from local sources and Feeding America. For more information, visit www.feedingys.org

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**Legal Advertising Fax
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LEGAL ADVERTISING

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207–October 29, 1951

**Legal Advertising
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NOTICE OF PUBLIC HEARING BEFORE THE CITY OF GRIDLEY PLANNING COMMISSION

NOTICE IS HEREBY GIVEN that the Planning Commission of the City of Gridley will hold a public hearing on the projects described below. The hearing before the Planning Commission will be held at a regular meeting scheduled **Wednesday, June 17, 2020 at 6:00 P.M.** in Gridley City Hall Council Chambers, 685 Kentucky Street, Gridley. All interested persons are invited to attend or submit comments in writing.

Variance 1-20 Application for a variance from the lot coverage development standards to allow an increase from 40% to 46% lot coverage to accommodate a rear yard 13’ x 32’ (416 sf) patio cover located at 2022 Eagle Meadows Drive, a 0.14 acre parcel. Zoning for the property is RS/PUD (Residential Suburban Planned Unit Development) and Residential, Low Density General Plan land use designation. (APN 009-300-016)

SUMMARY:

In accordance with Government Code Section 65009, if any person(s) challenges the action of the Planning Commission on these projects in court, said person(s) may be limited to raising only those issues that were raised at the public hearing described in this notice, or in written correspondence delivered to the City Clerk or Planning Commission at, or prior to, the public hearing. For further information regarding these projects, please contact Donna Decker, Planning Department, at (530) 768-5090 or email at planningdept@gridley.ca.us.

The Gridley Herald 6-5-2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000400

The following persons are doing business as: MOUNTAIN FRUIT COMPANY
24 Bellemine Court Chico, CA 95927

Carleton Allyn Johnston and Joyce Elaine Johnston, 40 Myrtle Drive Oroville, CA 95966
Date Filed in Butte County: April 23, 2020

The Registrant commenced to transact business under the above business name on: 10/11/1997

This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 15, 22, 29, and June 5, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000433

The following persons are doing business as: PARADISE PINES CHIROPRACTIC
14154 Skyway Suite 6 Magalia, CA 95954

Gary L. Mearthur and Sherri Mearther, PO Box 940 Magalia, CA 95954

Date Filed in Butte County: May 6, 2020

The Registrant commenced to transact business under the above business name on: NA

This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 22, 29, June 5, and 12, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000394

The following persons are doing business as: GREAT ESCAPE TRAVEL
973 East Avenue Suite M Chico, CA 95926

Timothy Carl Colbie, 1103 Downing Avenue Chico, CA 95926

Date Filed in Butte County: April 21, 2020

The Registrant commenced to transact business under the above business name on: NA

This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 29, June 5, 12, and 19, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000448

The following persons are doing business as: CALIFORNIA LIFESTYLE PROPERTIES AND LAND CO
2060 3rd Street Building A Oroville, CA 95965

Mario John Gattavara, 164 Plumas Drive Oroville, CA 95966

Date Filed in Butte County: May 11, 2020

The Registrant commenced to transact business under the above business name on: NA

This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 22, 29, June 5, and 12, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000482

The following persons are doing business as: MADISON HOME PHARMACY CORP
2800 Lincoln Boulevard Suite B Oroville, CA 95966

Madison Home Pharmacy Corp, 2800 Lincoln Boulevard Suite B Oroville, CA 95966

Date Filed in Butte County: May 18, 2020

The Registrant commenced to transact business under the above business name on: August 1, 2018

This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 29, June 5, 12, and 19, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000405

The following persons are doing business as: HEREDIA POLLINATION SERVICE
1641 Wade Road Gridley, CA 95948

Jesus Heredia Tinoco, 1641 Wade Road Gridley, CA 95948

Date Filed in Butte County: April 24, 2020

The Registrant commenced to transact business under the above business name on: NA

This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: May 29, June 5, 12, and 19, 2020 (The Gridley Herald)



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"The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"



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Gridley Thumbs and Roots



By Barbara Ott

We are edging toward summer. Early peaches and apriums are ripening. Cauliflower and broccoli are finishing up production. Spring bulbs are finished and summer flowers are coming forth. High heat is on its way. It experimented with how to get going last week. The low 90s are doable ... above 95 becomes HOT.

The snails are rampaging and reproducing at a rapid rate. It could be the baby snails are simply getting big enough to see their slime trails on the sidewalks and over the leaves of plants they've assaulted. Because of my interest in pathogens I decided to find out if garden snails carry disease. The answer is yes.

A round worm parasite called *Angiostrongylus cantonensis* is carried by rats who then pass it on to snails when snails eat rat feces. It's been a problem in tropical areas for a long time. Between 2011-2020 it has been found in Hawaii, Texas, California, Florida, Utah, Colorado, Arizona, Alabama, Tennessee, and New York. Very few people throughout the US have sickened from this parasite.

The common name of this parasitic problem is rat lungworm. People get it by ingesting snails or slugs. It is not anything anyone wants to get. The CDC is watching the progress of this parasite within the US. It is found in snails on commercial and home-grown vegetables.

So even though those slimy beings try to look somewhat innocent, kinda vegetarians, they are really detritus eaters. What is the solution to contamination? Wash your vegetables and fruits very well in running water and wash your hands when you come in from the garden. I'm thinking that washing your hands is the most important part of modern life. Using gloves is also helpful. There is no evidence that this parasite is in Butte County. ★

Slim Randles' HOME COUNTRY



Slim Randles

It's the heat that defines us this month. It greets us at daybreak with its promise, but in an hour or so, it bears down on our shoulders and makes us dream of shade and something cold to drink.

It's The Heat That Defines Us This Month

The best thing about our hot season, however, are evenings when most of the earth cools, and that breeze slides in off the mesa and caresses our cheeks. Then it's time to sit, and laugh, and tell stories and just be with someone we love. Then is the culmination of a day we can be proud of.

Inside each of us, we silently and privately applaud ourselves, because the hot day tried us, but we did it. All day. We made it through the heat today. Made it with our hands

today. Made it through to another precious June evening when we can sit on the patio with something cold and someone sweet.

So it gets hot in the daytime. Okay. But just don't forget to give us these evenings, these blessed evenings when we can recall what cooler weather felt like.

Without these evenings, it would just be another hot summer day.

Brought to you to honor all the doctors and nurses and hospital workers. Real heroes in our lives. ★

Dear Dietitian

Keto



Commentary by Leanne McCrate

Dear Dietitian,

What's the deal with keto pills coming out? There are so many of them, and they all claim good results. Are they worth trying?

Thank You ~ Colleen

Dear Colleen,

Since dietary supplements, like keto (short for ketogenic) pills, are not regulated by the Food and Drug Administration (FDA), you are wise to gather information before buying. Keto supplements have emerged as a result of the latest fad diet, the ketogenic diet.

The ketogenic diet a very low-carbohydrate diet. It allows less than 30 grams of carbs each day, although that number may vary slightly. The goal is to put your body into ketosis, where fat is the body's primary fuel. The difference in the keto diet and other low-carb plans is that it emphasizes fat, while other low carb diets focus on protein.

Carbohydrates are our bodies' preferred source of energy. In the absence of adequate carbohydrate intake, your body can use fat as its main energy source. However, in ketosis, it doesn't break down fat efficiently, creating ketone bodies.

Ketosis is a survival mechanism; it is not your body's normal state of being. It's a process given to us by Mother Nature so that the body can survive during a time when food is seriously scarce. For example, if you were lost in the desert for 40 days, surviving on bugs, wild berries, and water, your body would go into ketosis until your usual food supply is restored.

The ketogenic pill contains ketone esters and ketone salts. The studies to test the effectiveness of these supplements are

few. Manufacturers of these products often claim to be supported by science. In reality, they rely on testimonials and crafty marketing techniques to sell their products. Let's evaluate some of the claims:

1. Keto supplements will put your body into ketosis without following the ketogenic diet. This claim is false. Ketosis is a physiological state that takes three to four days and must take place in the absence of adequate carbohydrate intake. There is no way around it.
2. Provides energy - This is not likely. Ketones by themselves will not provide energy. Some supplements contain caffeine, which may give you a boost.
3. Weight loss - The keto pill itself does not produce weight loss. If calories are sufficiently reduced, you will lose weight.
4. Reduces appetite- This is possible if the supplement is taken along with the ketogenic diet. However, it is not the ketones that produce this effect. In a normal healthy state, your body sends signals when it's time to eat. You feel hungry, your stomach growls, or you may feel weak. In survival mode, your body realizes these signals are not being recognized, so it stops sending them.

That said, there is one case in which the keto pill may be useful. If you are on the ketogenic diet and bordering on ketosis, the supplements may help get you there, but only for a few hours. You must take the supplement regularly while severely restricting carbohydrates to remain in ketosis.

As consumers, we must weigh the cost of a product against its benefit. Many ketone supplements are quite expensive. Is it worth the benefit? Remember, we live in a "Let the buyer beware" society. You may be wise to spend your hard-earned dollars on healthy fruits and vegetables instead.

Until next time, be healthy!

Dear Dietitian

Leanne McCrate, RDN, LD, CNSC, aka Dear Dietitian, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★

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Crossword Puzzle on Page 6

A	S	K	S			T	A	P			M	E	W				
F	L	I	P			B	U	L	L		P	A	L	E			
R	A	T	A			O	L	I	O		A	L	I	B	I		
O	V	E	R	R	U	L	E	D			N	A	M	E			
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Sudoku Puzzle on Page 6

4	8	3	9	5	2	7	6	1
1	5	6	7	4	3	8	2	9
2	7	9	1	8	6	5	4	3
3	6	4	8	2	5	1	9	7
5	9	2	6	7	1	4	3	8
7	1	8	3	9	4	2	5	6
6	2	1	4	3	7	9	8	5
8	3	5	2	1	9	6	7	4
9	4	7	5	6	8	3	1	2

Electrical Safety
Around Swimming Pools,
Hot Tubs, and Spas

For many of us, water activities equals fun. But it's important to be aware of electrical hazards while enjoying the water. Know how to be safe around swimming pools, hot tubs, and spas.

- If you are putting in a new pool, hot tub, or spa be sure the wiring is performed by an electrician experienced in the special safety requirements for these types of installations.
- Outdoor receptacles must have covers that keep them dry even when appliances are plugged into them.
- Ground-fault circuit interrupters (GFCIs) are special devices designed to protect against electric shock and electrocution. They are required for most pool, spa or hot tub equipment. They may be in the form of an outlet or a circuit breaker. Test the GFCIs monthly according to the manufacturer's instructions.
- Electrical appliances, equipment, and cords should be kept at least 6 feet away from the water. When possible, use battery operated appliances and equipment, such as televisions, radios, and stereos.
- Avoid handling electrical devices when you are wet.
- Make sure that any overhead lines maintain the proper distance over a pool and other structures, such as a diving board. If unsure, contact a qualified electrician or your local utility company to make sure power lines are a safe distance away.
- Do not swim during a thunderstorm.
- Have a qualified electrician periodically inspect and – where necessary – replace or upgrade the electrical devices or equipment that keep your pool, spa, or hot tub electrically safe.
- Have a qualified electrician show you how to turn off all power in case of an emergency

Thank You, and Be Safe!!

Sparky the Dog
Gridley Fire Station 74

Save Seeds for Thriftiness and Self-Reliance in the Garden

***By Lauren Wemmer,
UC Master Gardener
of Butte County***

People have saved plant seeds for millennia. Saving seeds from home grown vegetables is a connection to our ancestors, allowing past and future generations to enjoy the same delicious varieties. Because successful plants reproduce, saving seeds can also increase one's gardening success over time. Plants adapted to our hot dry environment will produce plants that fare better in these conditions than plants from seeds produced in a radically different environment. Saving seeds maintains genetic diversity, possibly helping adapt to new pests and diseases, as well as changes in climate. Perhaps the biggest advantages of saving seeds are cost savings and self-sufficiency.

The process ranges from simple to complex, depending upon the vegetable. Seeds from hybrid plants will not grow true to type but revert to characteristics of one of the plant varieties that created the hybrid. For seed-saving

choose “open-pollinated” varieties, which produce seeds with characteristics identical to the parent. Save seeds from healthy plants that exhibit the qualities you wish to preserve.

Some vegetables, like beans and peas, are self-pollinating, thus less likely to cross with related varieties through insect pollination, and some pods can simply be left on the vine to dry. When dry, remove seeds from pods, place in envelopes labelled with variety and date and store in an airtight container in a dry dark place. A mason jar in the refrigerator or freezer makes a good receptacle for seed packets. Properly stored bean and pea seeds should remain viable for three years.

Tomatoes are largely self-pollinating, so with adequate separation between types (ten feet), several varieties can be grown for seed. Harvest over-ripe fruit from different plants of the same variety to maintain genetic diversity. Squeeze the pulp and seeds into a container and cover, letting it ferment on your countertop for 3 days. Viable seeds

sink to the bottom. Pour off the liquid, strain out these viable seeds, rinse, and dry on a plate or paper towel. Once completely dried, transfer to packets, and label and store as above. Properly stored tomato seeds will remain viable for four or more years.

Peppers cross-pollinate easily. Sweet bell peppers may take on a spicy hot quality if not separated from other pepper varieties by at least 100 feet. Pepper seeds are among the easiest to save; just remove seeds from the fruit and dry them for 2-3 days on a plate or paper towel. Properly stored pepper seeds remain viable for up to two years.

Lettuce can be harvested in the “cut and come again” method: harvest outer leaves and allow the center to mature and set seed. Or harvest as heads and reserve some plants as seed producers. Use screens to separate mature seeds from the fluffy chaff which can harbor diseases, then label and store. Plant your saved lettuce seeds within three years.

While corn is an American staple in the garden and whole cobs are easily dried, wind-



A afternoon of seed saving. Photo courtesy of Jennifer Petersen



Fava beans. Photo courtesy of Jeanette Alos



Sunflower seeds. Photo courtesy of Jennifer Petersen

pollination leads to crossing between varieties, resulting in unexpected character traits. To save corn seed, grow only one variety. Members of the squash family within the same species readily cross and must be separated by a half mile or hand-pollinated to ensure a pure strain. Cole crops are all varieties of a single species, *Brassica oleracea*. Cauliflower, broccoli, Brussels sprouts, kale, cabbage, turnips, collard, and bok choy will all cross; grow only one variety at a time if you plan to save the seed.

Saving seeds can be a

rewarding pursuit for gardeners of all ages. Try saving seeds from your garden bounty this summer and enjoy the fruits for years to come.

For more information on saving seeds of all types, consult *The Complete Guide to Saving Seeds* by R. E. Gough and C. Moore-Gough. Seedsavers Exchange at www.seedsavers.org, your local seed lending library, or Master Gardeners (including this useful link: “Beginner’s Guide to Seed Saving” by Paul McCollum, UC Master Gardener of Monterey Bay, at <https://ucanr.edu>).

blogs/blogcore/postdetail.cfm?postnum=11597).

The UC Master Gardeners of Butte County are part of the University of California Cooperative Extension (UCCE) system serving our community in a variety of ways, including 4H, farm advisors and nutrition and physical activity programs. To learn more about the UC Master Gardeners, and for help with gardening in our area, visit <https://ucanr.edu/sites/bcmg/>. If you have a gardening question or problem, call the Master Gardener Hotline at (530) 538-7201 or email mgbutte@ucanr.edu. ★