

B-Line Service Back to Near **Normal Operation** Spring Storms Not Enough to Offset Dry Winter





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FRIDAY • MAY 8, 2020 • VOL. 140 NO. 19

NIELSEN ON RE-OPENING OF PHASE TWO



PAGE 3

LUNCH-TIME CAR CRUNCH GOES OFF THE ROAD





PAGE 8

PRESORTED STD. US POSTAGE **PAID** PERMIT 245 Gridley, CA 95948



Goodbye Tension, Hello Pension!

Beloved McKinley School Principal Mr. Mac Retires



Mr. Mac waved at one of over 100 vehicles that turned out for a parade in his honor last Friday. Photo by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - Gridley Unified being hijacked by COVID19, cele-Principal Mr. Mac.

Chris McIntire joined the GUSD in 1985 as principal of McKinley school and has been a beloved fixture there ever since. Generations of families, in the form of students, have passed through the halls under his watch and former students even work with him. But all good things come to an end. Mr. Mac has decided to join his wife and fellow educator, Mrs. (Cindy) Mac, in retirement after

a 34 plus year teaching career.

Due to the 2019-2020 school year celebrate Mr. Mac, so she took it upon herself to organize a secret parade in his honor, Friday, May 1st. Of planning the parade, Martinez said, "this town will come together.... This will be something they will look forward to," but little did she know how many would turn out.

In appropriate fashion, Mr. Mac was outfitted with a crown and kingstyle chair as he took up his post alongside Sycamore St. outside of

McKinley School. Supporters joined alongside him, and soon blaring car horns announced the arrival of the School District Administration, staff- brations have been forced to evolve. parade of vehicles. Decked in signs ers, teachers, generations of students Regardless, McKinley School clerk, and balloons, smiling faces cheered and families took to the streets Friday Adriana Martinez, knew that some- and waved from vehicle windows to celebrate a retiring local legend, thing special had to be done to to Mr. Mac as they rolled by. At one point, both lanes of Sycamore were filled with revelers and the line of cars stretched as far as the eye could see. As he watched the un-ending approach, Mr. Mac was awestruck, "This is so crazy!" he said. The love for Mr. Mac could not be contained and some just had to jump from the vehicles to give the legend a hug.

> There to support his colleague, Superintendent Jordan Reeves Continued on page 3

> > resigned. Right now, he is mentoring newly

appointed Chief Rodney Harr learn the ins and outs

of the position. "Chief

is different than being a

police officer. So, he's

(Harr) been getting used

to that transition for over a

year now as lieutenant. He

understands the manage-

ment and leadership of the

Chief position. He knows

Free Needles **Gets Sharp** Response

By Seti Long

GRIDLEY, CA (MPG) -Recently, Walter P. McNeill from the McNeill Law Offices in Redding, CA and Robert L. Berry from R.L Berry Law in Chico, CA announced, via press release, that they would be representing a broad group of Chico businesses, citizens and civic leaders in a lawsuit to stop the syringe distribution program in Chico.

The syringe distribution program is operated by the North Valley Harm Reduction Coalition (NVHRC) and certified by the California Department of Public Health (CDPH). According to the NVHRC website, in "The Safety and Effectiveness of Syringe Services Program," providing sterile syringes to intravenous drug users helps combat the spread of disease, such as Viral Hepatitis C, HIV, opioid overdose and more.

The ideology behind the needle distribution may be well and good, but the reality has local businesses and citizens concerned for the community. The press releases states, "Since the NVHRC began holding weekly drug kit giveaways in Humboldt Community Park, in addition to other activities within the Chapman neighborhood, the increase in needle litter has created a serious threat to the citizens of Chico and beyond, has made drug paraphernalia available to minors, has created a public nuisance that has a negative impact on the quality of life for individual citizens and has created an ongoing economic blight for local businesses."

To stop the distribution, approximately 400 independent businesses represented by the Downtown Chico Business Association, along with citizens and other businesses, filed a suit against the CDPH and NVHRC, represented by McNeill Law Offices and R.L. Berry Law.

The press release states the details of the suit, alleging "violation of the California Environmental Quality Act (CEQA), failure to abate a public nuisance, a writ of mandate to set aside the unlawful approval of NVHRC in violation of local ordinances and certification of a nonentity and seeks declaratory and injunctive relief."

Similar suits throughout California have been successful, but this case is unique due to its approach. The hope is to halt operations of the NVHRC until a permanent stop to distribution can be made, restoring "the safety and security of the community."

Byers Takes a Second Shot at Retirement

By Seti Long

GRIDLEY, CA (MPG) - Gridley Police Department's past Chief, Allen Byers, has handed over the reins of the department in order to slip into a well-deserved retirement.

Byers had only gotten 5 months into his first shot at retirement when he came to serve as Gridley Police Department's interim Chief of Police in October of 2018. It was not the first time Byers had worked with the Gridley PD.

Raised in Biggs, Byers spent his early years in medical manufacturing. When he was 36 years old, he decided to make a career change and join the academy. He began his Law Enforcement career at Gridley Police as Chief of Police. "That Department in 1997, leaving as a Sergeant in 2010 for a position in Oroville as Lieutenant. Later he was promoted to Assistant



Retiring Police Chief Byers. Photo by Seti Long

Police Department, the family. "I'm looking forposition he retired from.

Byers shares that it was absolutely a dream to serve his community was probably the primary reason for coming out of retirement," he says. But he is ready to go back and is excited to do some trav-Chief of the Oroville eling and spend time with

ward to it... Again," he

In all seriousness he it was only going to be temporary. My point of coming back was to make a good transition for them (Gridley) to move into the future," after Chief Price vice Chief Byers.

the community, he's dedicated to his profession, and he's very highly skilled, so he'll do a heck of a job." Former Chief Byers' last day with the department is May 15th and although he hopes to slip away quietly, he wanted to thank the City Council and the community for allowing him to serve them as Chief. "I continues, "When I first Love this community, and came back I told them I think it is very important that it's got people

Thank you for your ser-

involved that live in the

community and are a part

of it." He says.

The New Pi-Line



The new Pi-Line Honoring Publisher W.D. Burleson By Josh F.W. Cook

The May 4 Gridley City Council meeting has been cancelled. The only topic of real interest would've been a discussion of upgrading the police radios to something digital. Police Department Digital Radio Systems are the next step and having an up-to-date and modern 911 system. After the fires in 2018, it became apparent that some of the technology does not work and it is past time to upgrade many of the smaller agencies to the new digital standard, so all the radios work across jurisdictional boundaries. Interestingly, one of the solutions that have been discussed in Paradise and Magalia is going back to low tech, in which they have a horn at the fire station, and if something goes wrong, someone goes and sounds it. Until they upgrade the cellular service and the Internet, no one should decommission the great big siren stuck on the side of the fire station. The next generation of 911 systems and police radios will integrate digital GPS information along with the ability to draw a map on a computer screen and have everyone there receive a text message, and a phone call, and a forced alert on their digital device.

Many excellent examples of community service keep appearing on the front pages of the Gridley Herald. In these challenging times, it is heartwarming to see so many people trying to find ways to make life a little more livable. Kudos to the church groups and service clubs. You know who you are, pat yourself on the back. Your kindness and service are making a difference.

As of late, we have seen a lot of trafficking between families in auto lift lazy boy recliners. Bad news for me - the Bill Burleson lazy boy auto lift recliner has had an electric engine failure. So this week we're going to see what it's like

to engage with people who make a living servicing auto lift La-Z-Boy type chairs, and what it is going to cost. I'll post an update after we know more. You should care because when you get old, and it is hard to get out of your chair, it makes you feel regal to have the chair get you up as if it were a royal servant. Having such a servant on call all the time makes getting old little less annoying and makes you feel special, like when you buy the more prestigious gasoline at Stohlman 76 instead of the cheap gas on the Highway. One of the auto lift lazy boy type regal recliners will be going to my mother-in-law who lost a wrestling match with a garden hose and ended up breaking a bone in her leg. A passing Good Samaritan found her and came to the house to let everyone know there had been an accident, but because of language barriers, they were not able to thank him. So wherever you are good neighbor, Bob and Judy Scott would

like to say Gracias.

W.D. Burleson published the Gridley Herald for 50 years. Josh F.W. Cook graduated from Gridley High School in 1988

Energy Efficiency Incentives Extended for Homeowners Rebuilding Homes after Wildfires

By Paul Moreno, Pacific Gas & Electric Co

CHICO, CA (MPG) - A program that provides customers rebuilding homes lost in wildfires with financial incentives for incorporating enhanced energy efficiency measures has been extended.

In January, PG&E's Advanced Energy Rebuild initiative program was extended into 2020 for customers who obtain building permits this year to replace ers have many priorities and a home lost in a recent major wildfire like the Carr or Camp fires. Customers can receive up to \$12,500 in rebuild incentives by adopting energy-efficient construction practices in homes rebuilt after a wildfire even if the home is built elsewhere in PG&E's service area.

Customers with manufactured homes built to ENERGY STAR V.2 certification or higher also are eligible to apply for the incentives. An all-electric manufactured home with high efficiency equipment and appliances could qualify for up to \$7,000 in incentives.

home nearing completion in the Camp Fire footprint PG&E's Advanced Energy Rebuild program.

In Paradise, Heidi Lange's home is being rebuilt and will be about 23 percent more efficient than a similar home not utilizing the same enhanced energy efficiencies. She took advantage of the financial incentives to help pay for more efficient insulation, windows, a water heater and heating and

cooling systems that will New Homes lower her energy bills.

Lange is pleased that using less energy also means her home is more environmentally friendly.

"I'm all for that," said Lange. "I try to do my part to be responsible."

So far, about 75 customers affected by the Camp Fire are either enrolled in or have applied for Advanced Energy Rebuild program.

"We realize our customchallenges right now, and this program is designed to assist with lowering utility bills while creating more comfortable and sustainable homes for decades to come," said Laurie Giammona, Senior Vice President of Customer Care and Chief Customer Officer at PG&E. "These financial incentives cover some, if not all, of the additional cost of higherefficiency appliances and building improvements like better insulation, advanced windows, air sealing and heat pumps for water and space heating.

Expanding Upon a Successful Model

The Advanced Energy The owner of a rebuilt Rebuild program was originally developed by Sonoma Clean Power and PG&E earned incentives by using after the October 2017 wildfires in the North Bay. At the request of PG&E, in early 2019 the California Public Utilities Commission made the same program available to all areas impacted by the 2017-2018 Northern California wildfires.

Approximately 260 customers have taken advantage of Advanced Energy Rebuild in the North Bay.

Supporting Savings for

PG&E is encouraging customers to build highperforming homes that will result in lower energy bills. Customers can receive between \$2500 to \$12,500 in incentives, depending on building choices they select. An efficient, all-electric home would earn the highest incentive.

Incentives are available to serve customers with destroyed homes in 10 Northern California counties - including Mendocino, Sonoma, Lake, Napa, Solano, Butte, Yuba, Plumas, Shasta and Nevada - where wildfires occurred in 2017 and 2018. These customers are eligible for incentives if they pull a permit for a new building by the end of 2020.

Customers wanting further information on the program requirements can find information on the Advanced Energy Rebuild website. or by contacting at Rebuild@ pge.com. Funding for the program is from public service program surcharges on utility bills that are designed to increase conservation and energy efficiency in California.

Pacific Gas and Electric Company, a subsidiary of PG&E Corporation (NYSE:PCG), is one of the largest combined natural gas and electric energy companies in the United States. Based in San Francisco, with more than 23,000 employees, the company delivers some of the nation's cleanest energy to 16 million people in Northern and Central California. For more information, visit pge.com and pge.com/news.



B-Line Service Back to Near Normal Operation throughout the entire day.



The new revision restores the full regular schedule with minor changes. Photo: Butte Regional Transit

By Jim Peplow, **Butte Regional Transit**

BUTTE COUNTY, CA (MPG)

- Due to continuing factors from the coronavirus we have once again modified the B-Line fixed route schedule. These changes went into effect on Monday, April 27. The good news is

schedule with just a couple

of minor changes. For most routes you can refer to the regular published schedule (dated Sept. 1, 2019). Only routes that have changes from that schedule will be showed in this revision.

provide half-hour headthat this revision basically ways during peak time. It sit.com or on the B-Line restores the full regular will run hourly headways Facebook page.

Route 52 will no longer operate a noon time loop or the 5:50 p.m. trip from Chico to Oroville. (note: passengers can take the 6:10 p.m. Route 20 to Oroville).

Student Shuttle Routes (8 & 9), do not operate when Chico State is on break, so at this time they are not running and are scheduled to resume service when the Fall Semester begins on Aug 24. Route 9c will operate during this time.

Also a reminder that through May all rides on both B-Line fixed route and Paratransit are free. While we are offering free rides passengers will continue to board the fixed route buses

through the rear doors. For all B-Line updates, be Route 5 will no longer sure to check the web site announcements at blinetran-





Rural Economy Will Benefit From **New Federal Aid Package**

California Farm Bureau Federation Press Release

SACRAMENTO, CA (MPG) - As farmers, ranchers, their employees and other people in the food supply chain continue to cope with the impact of market shifts caused by the COVID-19 pandemic, the California Farm Bureau Federation welcomed today's announcement of aid to farms and food banks from the U.S. Department of Agriculture.

"The entire rural economy has been affected by the sudden, severe shift in demand we've seen since the stay-at-home orders went into place," CFBF President Jamie Johansson said. "Farmers, ranchers, food processors and others along the food chain are working as rapidly as we can to be sure the food we produce can be redirected from restaurants, schools and other food service outlets to retail stores, where the demand has moved."

The Coronavirus Food Assistance Program announced by USDA will include \$16 billion in direct assistance to farmers and ranchers who have suffered losses related to the pandemic and another \$3 billion in purchases of food for distribution to food banks and other nonprofits.

"Aid to farmers and ranchers will benefit the entire rural economy, allowing farmers to continue hiring employees, purchasing essential supplies and keeping food and farm products flowing to the marketplace," Johansson said, "and it's important at the same time to be sure food reaches people who need it."

USDA said it has yet to establish how farmers and ranchers can qualify for the program.

"The assistance for farmers and ranchers must be distributed quickly and fairly, with enough safeguards to assure it reaches the appropriate people," Johansson said. "We understand that can be a difficult balance, and we will continue to offer USDA our best advice on how to make this aid package as effective as possible for farmers, ranchers and all the people who depend on them."

The California Farm Bureau Federation works to protect family farms and ranches on behalf of nearly 34,000 members statewide and as part of a nationwide network of nearly 5.6 million Farm Bureau members.

Goodbye Tension



Second generation students, Abbygail and Adriel had a few thanks of their own for Mr. Mac. Abbygail says,"He was a great principal," and Adriel added "Thank you Mr. Mac for being there for the school." Mother of the two students, Carolina, said, "Thank you Mr. Mac for all the years of wonderful dedication to a lot of our kiddos here (Gridley)." Left to right: Adriel Ogando, Abbygail Castro, Carolina Hernandez and Anna Madera. Photo by Seti Long

Continued from page 1

shared his thanks saying, "Obviously, we're going to miss him. 30 plus years in the district, I mean, he's an icon...It's just amazing. The number of lives he's touched, and he knows everybody, and he's been in the community his whole life... He is just a great example of an educator who gave a career for kids and community. We just appreciate everything he has done."

As the commotion dwindled down, Mr. Mac thanked all that gathered around him. taking pictures with past and current students and visiting with friends. Of the whole event, he said, "I mean, it's just a great testament of what our community is about and I've always loved Gridley and the kids... That was very emotional for me and surprising! Like I said, I've always loved the kids at Gridley and the parents... what a great send off."

Lunch-Time Car Crunch Goes Off the Road



A lunch-time collision in Gridley forces two vehicles off-road. Photo courtesy of Dave Garne

By Seti Long

GRIDLEY, CA (MPG) - An accident early afternoon Thursday, April 30th, sent two vehicles careening off Hwy 99 and into the Clark and Son's parking lot.

Police Department's Sons." Lieutenant Quihuiz, the collision occurred when owner of Clark and Sons, a white Ford Expedition heading south-bound in the right-hand lane of Hwy 99 slowed to stop or turn off the highway. At that time, the driver of a second vehicle, a blue Ford Focus, changed lanes, not seeing

or being able to stop in time to avoid smashing into the rear end of the Expedition. Lt. Quihuiz says the impact "generated enough force to push that vehicle and himself (driver) to where they both came to rest at According to Gridley the business of Clark and

> Typically, Ed Clark, uses his lot to display new equipment and has vehicles parked out-front. He says, "Luckily they missed mine," referring to his vehicle, sharing that his staff had left for lunch; otherwise there could have been tor in the accident.

a lot more damage. The Expedition and Focus were stopped by Clark's southern fence/tree line and thankfully, not his store. Clark said that it was a surprise but that "everything survived." That includes occupants of the crumpled vehicles.

When the first responders did arrive on-scene, neither the husband and wife in the Expedition nor the man and minor in the Ford Focus sustained injuries other than a few shaken nerves. Drugs and/or alcohol were determined not to be a fac-



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Nielsen on Re-Opening of Phase Two

By Nghia Nguyen, Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) -Governor Gavin Newsom unveiled his plan to re-open certain segments of the state's economy. Senator following statement:

"Governor Newsom is responding to the messages from so many of California's counties that have been lightly-impacted

allow local decision makers and public health officials to determine when and how to restart their respective businesses and local enterprises.

Jim Nielsen (R-Tehama), much lower infection rates who represents northern than urban areas of the rural counties, issued the state. Sacramento County, the most populist county in the Fourth Senate District, has the lowest coronavirus infection rate of any large U.S. metro area as reported by the Sacramento Bee.

by the Coronavirus, to As of May 2, Sacramento County had only 26 Covidrelated hospitalizations.

> "Our economy is in crisis. The shelter-in-place must be lifted.

"Approximately 74% "Rural counties have percent of Californians are worried about their personal finances (PPIC). It is clear that Californians can return to their businesses and employment and restore their economic lives, and do so responsibly, as we move forward from this temporary order.

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Spring Storms Not Enough to Offset Dry Winter

By Chris Orrock, **Department of Water Resources**

SACRAMENTO, CA (MPG) - The season's final manual snow survey at Phillips Station was conducted by the Department of Water Resources (DWR). The survey recorded 1.5 inches of snow depth and a snow water equivalent (SWE) of 0.5 inches, which is 3 percent of the May average for this location. The SWE measures the amount of water contained in the snowpack, providing a more accurate forecast of spring runoff than snow depth alone.

Measurements from the 130 electronic snow sensors scattered throughout the state indicate that the statewide snowpack's water equivalent is 8.4 inches, or 37 percent of the May average. The readings will help hydrologists forecast spring and summer snowmelt runoff into rivers and reservoirs.

"March and April storms brought needed snow to the Sierras, with the snowpack reaching its peak on April 9, however those gains were not nearly enough to offset a very dry January and February," said Sean de Guzman, chief of DWR's Snow Survey and Water Supply Forecast Section. "The last two weeks have seen increased temperatures leading to a rapid reduction of the snowpack. Snowmelt runoff into the reservoirs is forecasted to be below average."

California's weather variability has been on full display this water year. Dry conditions in October and November were followed by precipitation in December that measured 120 percent of average. Very dry conditions returned to much of the state in January and February, with March and April storms leading to the snowpack peaking at just 66 percent of average on April 9.

In normal years, the snowpack supplies about 30 percent of California's water needs as it melts in the spring and early summer. The greater the snow water equivalent the greater the likelihood California's reservoirs will receive ample runoff to meet the state's water demand in the summer and fall.

The state's six largest reservoirs currently hold between 83 percent (San Luis) and 126 percent (Melones) of their historical averages for this date. Lake Shasta, California's largest surface reservoir, is 94 percent of its historical average and sits at 81 percent of capacity.

For more information visit https://water.

Thoughts to Ponder

by Kathy Neal



Easter came! Did you see it? No shut down; no virus; no government official; no media source; and not man could stop it. After over 2,000 years it still comes; dawn breaks; the sun rises; and a grave is found empty.

How we acknowledge it may change but the time and event doesn't. We may not sit in a building but in a car outside the church for services. We may view a service by a video, over Zoom or on Facebook, but Easter still comes. It was God's plan and His word doesn't change. His promises are true and can't and won't be broken.

I've thought, "Does Jesus experience those 3 days over and over each year as we humans break commandments

and laws and trash His cre- and confined only brought ation?" Somewhat like we celebrate our birthday or anniversary. Does He feel the pain, the hurt, and death over and over for us? I hope not!

It was promised that Jesusthe final Passover Lamb, was to be offered as a sin offering for all people, for all times. Beaten, scared, bruised, crushed, drained of

blood, and water. Behold the Lamb of God who takes away the sins of the world.

Stripped, nailed, spat on, slapped, and mocked. No man dies for someone else or experience such cruelty unless He loves a person enough to give His life to take the place of someone's guilt. But Jesus did. He was our substitute on the hill of death. He went willingly. Would you do that?

Easter came. It couldn't be stopped. Being shut up

the true meaning of light. Families are eating together, singing together, sharing together, and learning about life like never before. People are really getting into a slower lifestyle. They are embracing a humbler way of living. They just may have found out they need less to survive.

Easter does carry certain traditions like eggs, bunnies, candy, hat, dresses, hot cross buns, and my dad's favorite, coconut cake. This year maybe God has given us time to new ones like loving our families, discovering new ways to have egg hunts, and new ways to view church services across state and national lines.

Easter came. Jesus Died. He arose from the tomb as He promised, He is coming again. Plan on it!

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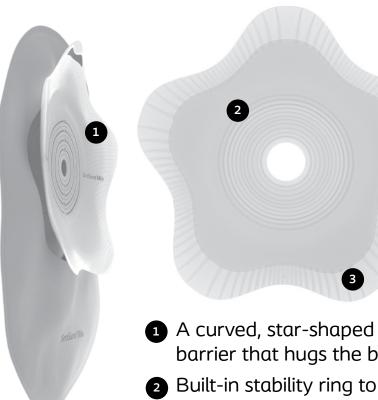
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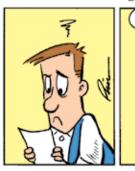


WEEKLY COMICS

Amber Waves









by Gary Kopervas







Out on a Limb

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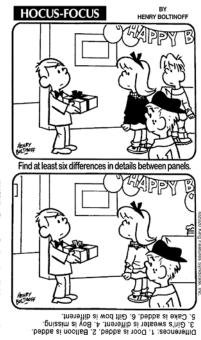


"El Nino has been fooling around with

LAFF - A - DAY







STATEPOINT CROSSWORD • ACTORS AND ACTRESSES

Crossword Puzzle Solutions on Page 8

CLUES

- ACROSS "Flowers in the 6. Emergency responders 9. Peacock's pride
- 13. Life force in Sanskrit 14. Doctor Dolittle, e.g. 15. The Beast's problem
- 16. Happen again 17. Freudian topic
- 18. In a fitting way 19. *Hopkins' Lecter to
- ____'s Starling 21. *McGillis' Charlie to
- 's Maverick
- 23. Unagi
- 24. Undesirable row 25. Stuff in a tray?
- 28. The Tramp's love interest
- 30. Hairy vertebrate 35. "Best schemes of
- mice an' men" 37. Be inclined
- 39. City in Belgium 40. Debussy's "Clair de
- 41. D'Artagnan's weapon, pl.
- 43. Speed on water
- 46. The Chapin School, e.g. 48. Post-roller coaster ride
- 50. The Coen brothers' "True _ Diego 53. Deuce topper 55. Lamb's mother

FREE!

32. List of options, pl.

38. Doe, e.g.

42. Sales pitch

33. Ancient Greeks' assembly area 34. Pretend, two words

45. Smallest at the clothing store

59. One third of a three-piece suit

61. A Flock of Seagulls' hit, 2 words

_, humbug!"

65. *Kate's Rose to ____'s Jack

49. Second person of be

54. Related on mother's side

51. Lighted by twilight

56. Avoid, as in taxes

57. Designer Bradley

60. Welcoming sign

67. "Some Like It

58. Osiris' wife

62. Soreness

- 57. *Clark's Rhett to __ Scarlett
- 60. *John's Danny to _ Sandy 63. Continually annoy
- 64. Matterhorn, e.g. 66. Cooler clime conifer 68. Do like phoenix
- 69. Tiger's peg 70. "My Own Private 71. Thou _ _, or you have 72. Bajillion years
- 73. Article of faith

- 1. 2020 Easter mo. 2. Not kosher
- 3. Meal in a shell 4. Occupied, two words
- 5. El Chapo's organization _ Happened to Bahv 6. "What
- 7. *Billy's Harry to __ 8. Investor's asset
- -Guarani languages
- 10. Liberal pursuits
- 11. Archipelago unit 12. Bovine handout
- 15. Posterior, anatomically speaking 20. Fill with optimism 22. Basketball target
- 24. Two heads are better than one,
- 25. *Keaton's Annie to _____'s Alvy
- 26. Sweating room 27. Hinduism follower 29. *Knightley's Swann to _____'s Sparrow

31. *Cameron's Fiona to ____'s



"Who wants to scream first?"

From Service to Sales Koady Terry was born and raised in Biggs and Gridley. He returned home after serving our country for 8 Years in the U.S. Army. Koady has

before moving to sales. **See Koady for your next vehicle!** (530)846-4724

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Periodicals postage paid at Gridley, CA, 95948 under the Act of Congress March 3, 1880. Court Decree Number 27207. The Gridley Herald is an adjudicated newspaper for all legal advertising in Butte and Sutter Counties.

Single Copy 75 cents. Subscription rates \$42 per year within Gridley, Live Oak, Biggs. \$52 per year by mail within Butte County and Sutter County. Some restrictions apply.

Deadline for all advertising is Friday noon for the next week's issue.



We are proud members of these newspaper associations.







American Standard

WALK-IN BATHTUB SALE! SAVE \$1,500

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✓ 44 Hydrotherapy jets for an invigorating massage

✓ Ultra low entry for easy entering & exiting

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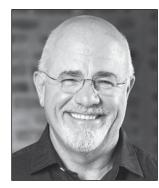
For Solutions See Page 8

Publisher, Paul V. Scholl

The Gridley Herald is a member of Messenger **Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: The Gridley Herald @MPG8.com Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (530) 846-3661 or (916) 773-1111 www.gridleyherald.com





Be Professional and Respectful

Dear Dave,

I've always made good money at my job, but recently I was offered a promotion to a salaried manager's position. The hours and pay would be much better, and I already know the approximate pay range. Do you have any tips for negotiating salary in a situation like this?

Natalie

Dear Natalie,

Congratulations on your move up! I'm sure you worked hard and deserve the promotion and recognition.

There are a couple of measuring sticks you can use when determining something like this. One is a quick and simple approach associated with the revenue you bring in. It's a nice, quantifiable reference point that appeals to a lot of supervisors and business owners. The second thing you could do is research a few reputable career websites, and develop a short but detailed compensation study based on comparable positions in your area and those

Dave Ramsey Says Social Security Matters

Honestly though, if I had a valued and respected member of my team moving up from hourly to salaried, we'd have more of a giveand-take discussion and examination of the situation

rather than a negotiation. Yeah, in your position I'd create a few well-researched compensation studies. Give them to your bosses, and talk with them. I know I would be impressed by that, and depending on the size of the company, they may not have done a lot of work figuring it out.

In a way, it's kind of like deciding what to ask for when you sell a car. You try to appraise it for what it's worth in the marketplace to other people. That leads to a discussion. You're not telling them what to do or presenting an ultimatum, you're providing information and conducting a dialogue in a professional and respectful way.

Good luck, Natalie!

- Dave

Everyone Needs an Emergency Fund

Dear Dave,

I will back on active duty soon in the armed forces. I'm debt-free except for my home, have been following your plan, and I'm about to start Baby Step 3. We are provided certain relief funds based on where you are stationed and other factors. Knowing this, how

similar to your location. should I approach the next Baby Step?

– Kevin

Dear Kevin,

First of all, thank you for your service to our country. You're on the right track. Baby Step 3 means having three to six months of expenses set aside for emergencies. Considering the stability of your employment situation, I think you'd be okay leaning toward the three-month side of expenses. It's not like you're a straight commission sales rep whose income can fluctuate wildly from month to month, right?

You'll still have emergencies, though, and it'll be your responsibility to cover them. Some of those may need to be addressed immediately. See what I'm saying, Kevin? Everyone needs an emergency fund. Just make saving for it part of your budget for a while, until you have three or four months of expenses sitting in a good money market fund with check writing privileges. You'll be glad you did!

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey. com and on Twitter at @ DaveRamsey.

Should My Wife Take Her Social Security at Age 62?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I have been advised by my financial planner to start my wife's social security benefits at the age of 62 (she is now 61). I am 65 and still employed, not on Medicare, and not taking social security benefits. My wife's benefits are much less than mine. I hope to wait until age 70 before starting my benefits. My income is currently \$160,000. Do you see this as a wise choice to start my wife's SS benefits at age 62? Signed: Inquiring Wife

Dear Inquiring Wife:

Whether your wife should start her benefits at age 62 depends upon whether her own benefit at age 70 would be more than she is entitled to as your spouse at her full retirement age (FRA). You can get these estimates from Social Security. If her own equal to half of any earnbenefit would eventually be higher than her spousal benefit from you, she can wait to get her own higher benefit at age 70 (as you are). But if her benefit as your spouse will be the highest she can attain,



then claiming her own benefit before you claim yours could be a good choice, but there are some things to consider if she does that:

First, if your wife claims at age 62 (or any age before her FRA), that will mean that her eventual spousal benefit when she claims it (when you claim your SS) will be less than 50% of the benefit you are entitled to at your full retirement age. Taking her own benefit earlier than her FRA will mean her spousal benefit from you will be reduced to less than half of your FRA benefit amount, even if that spousal benefit starts after she has reached her FRA.

Second, if your wife is still working, by claiming her own benefit before her FRA she will be subject to Social Security's "earnings test" which limits the amount of money she can make without SS taking back some of her benefits. For 2020, the annual earnings limit is \$18,240 (changes annually) and SS will take back benefits ings which exceed that amount. The earnings limit becomes less severe during the year your wife reaches her FRA and goes away entirely after she reaches her FRA, but if she works while collecting early SS

benefits the earnings limit could affect her benefits.

Third, your wife's Social Security benefits will become part of your taxable income (assuming you file "married-jointly"). Taxation of your wife's Social Security benefits will be determined based upon your combined income if you file your taxes as a married couple. At your combined earnings level, up to 85% of your wife's SS benefits will become part of your taxable income.

I'm not suggesting you not follow your financial planner's advice; I only want to make sure vou're aware of all the factors involved when benefits are claimed early. Sometimes, a wife claiming at age 62 is a prudent choice as your financial planner has suggested. But sometimes understanding the above factors may lead to a different strategy.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/ social-security-advisory) or email us at ssadvisor@ amacfoundation.org.

LEGAL ADS FOR BUTTE COUNTY? Call to place your legal advertising All Legal Ads Published by Messenger Publishing

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SpeediCath® catheters are available by prescription only. Talk to your physician to determine which catheter is right for you.



Neil is a SpeediCath® Compact Male user who has received compensation from Coloplast to provide this information SpeediCath® catheters are prescribed for use by patients who require bladder drainage due to urine retention or post void residual volume (PVR). Before use, carefully read all of the instructions. Call your doctor if you think you have a UTI or can't pass the catheter into the bladder. For more information regarding risks, potential omplications and product support, call Coloplast Corp. at 1-866-226-6362 and/ or consult the company website at www.coloplast.us.

Get a sample of SpeediCath® Flex Coudé Pro Makes catheterization easier for men who have trouble passing a straight tip catheter Hygienic - dry sleeve prevents the transfer of bacteria during insertion Call TODAY: 1-888-385-4561 Get a sample of SpeediCath® Compact Male FREE The most compact catheter for men Can easily fit in your pocket > Comes with a bag that is optional to use Call TODAY: 1-888-385-4561 Get a sample of SpeediCath® Compact Female The most compact catheter for women > Around the size of a tube of lipstick > Also available in Plus for women who prefer a slightly longer catheter Call TODAY: 1-888-385-4561





LEGAL ADVERTISING

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207-October 29, 1951

Legal Advertising 650 Kentucky Street Gridley, CA 95948

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMIN-ISTER ESTATE OF ROSALIE RUTH MAHONEY

CASE No. 20PR00127 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Rosalie

Ruth Mahoney, deceased

A Petition for Probate has been filed by Barbara Ann Wyman, in the Superior Court of California, County of Butte, requesting Barbara Ann Wyman. he appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority

A hearing on the petition will be held in this court as follows June 16, 2020 9:00 a.m. in Dept TBD at Superior Court of California, County of Butte 1775 Concord Avenue Chico, CA 95928.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for petitioner is:

Law Office of Tom Gifford 113 W North Street Alturas, CA 96054 530-233-3100 Publish: May 8 15 and 22 2020 MAHONEY 170622 5-22-20

Tom Gifford, Esa

TRUSTEE SALE NOTICES

NOTICE OF TRUSTEE'S SALE Foreclosure No.: 063-57259 Title (TSG) No.: 063-57259 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 06/06/2017 UNLESS YOU TAKE AC-TION TO PROTECT YOUR PROPER-TY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER, NO-TICE is hereby given that CAL-SIERRA TITLE COMPANY, a California corporation, as trustee, or successor trustee or substituted trustee pursuant to the Deed of Trust executed by KEVIN JAMES SPARKS AND STEPHANIE C. SPARKS Recorded on 06/09/2017 as Instrument No. 2017-2845 of Official Records in the Office of the County Recorder of PLUMAS County, California, and pursuant to the Notice of Default and Elec-tion to Sell thereunder recorded January 3, 2020 as Instrument No. 2020-0044 of Official Records of said County, WILL SELL ON 05/29/2020 at 11:00AM At the main entrance to the County Court-house located at 520 Main Street, Quincy, CA 95971 AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST. The property address and other common designation, if any, of the real property described above is purported to be: 1960 Pathfinder Trail, QUINCY, CA 95971 The Assessor's Parcel No. is: 009-432-006 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any shown herein. The total amount of the unpaid balance with interest thereon of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$220,882.48. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specific in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, but without covenant or warranty express or implied regarding title, possession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust with interest as provided therein, and the unpaid principle balance of the Note secured by said Deed of Trust with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. This notice is sent for the purpose of collecting a debt. Cal-Sierra Title Company is attempting to collect a debt on behalf of the holder and owner of the note. Any information obtained or provided to this Company or to the creditor will be used for that purpose. If the Trustee is unable to convey title or if the sale is set aside for any reason, the successful bidder/purchaser at the sale shall be entitled only to receive a return of the monies paid to the Trustee and said successful bidder/purchaser shall have no further recourse against the Lender/Mortgagee or Trustee. "NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and

auctioned off may be a junior lien. If you are the highest bidder at the auction. you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROP-ERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting. com, using the file number assigned to this case 063-57259. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale." TRUSTOR OR RECORD OWNER: KEVIN JAMES SPARKS AND STEPH-ANIE C. SPARKS DATED: 04/27/2020 CAL-SIERRA TITLE COMPANY, as said Trustee BY: DAVID O. WINDLE, PRESIDENT Trustee's Address and Telephone No: CAL-SIERRA TITLE COM-PANY 295 MAIN STREET QUINCY, CA 95971 (530) 283-0700 NPP0370137 To: GRIDLEY HERALD - PLUMAS 05/08/2020, 05/15/2020, 05/22/2020

NOTICE OF TRUSTEE'S SALE Foreclosure No.: 063-57301 Title (TSG) No.: 063-57301 YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/03/2016 UNLESS YOU TAKE AC-TION TO PROTECT YOUR PROPER-TY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NO-TICE is hereby given that CAL-SIERRA TITLE COMPANY, a California corporation, as trustee, or successor trustee or substituted trustee pursuant to the Deed of Trust executed by Ashley James Steger Recorded on 11/04/2016 as Instrument No. 2016-6447 of Official Records in the Office of the County Recorder of PLUMAS County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded January 22, 2020 as Instrument No. 2020-0304 of Official Records of said County, WILL SELL ON 05/29/2020 at 11:00AM At the main entrance to the County Courthouse located at 520 Main Street, Quincy, CA 95971 AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST. The property address and other common designation, if any, of the real property described above is purported to be: 38005 Highway 70, QUINCY, CA 95971 The Assessor's Parcel No. is: 005-130-012 The undersigned Trustee disclaims any liability for any incorrectness of the property address and other common designation, if any shown herein. The

interest thereon of the obligation secured

by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$222,643.73. In addition to cash, the Trustee will accept cashier's checks drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specific in Section 5102 of the Financial Code and authorized to do business in this state. Said sale will be made, but without covenant or warranty express or implied regarding title ossession or encumbrances, to satisfy the indebtedness secured by said Deed of Trust with interest as provided therein, and the unpaid principle balance of the Note secured by said Deed of Trust with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. This notice is sent for the purpose of collecting a debt. Cal-Sierra Title Company is attempting to collect a debt on behalf of the holder and owner of the note. Any information obtained or provided to this Company or to the creditor will be used for that purpose. If the Trustee is unable to convey title or if the sale is set aside for any reason, the successful bidder/purchaser at the sale shall be entitled only to receive a return of the monies paid to the Trustee and said successful bidder/purchaser shall have no further recourse against the Lender/Mortgagee or Trustee. "NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auc tioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you con sult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROP-ERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 063-57301. Information about postpone ments that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale." TRUSTOR OR RE-CORD OWNER: DATED: 04/28/2020 CAL-SIERRA TITLE COMPANY, as said Trustee BY: DAVID O. WINDLE, PRESIDENT Trustee's Address and Telephone No: CAL-SIERRA TITLE COM-PANY 295 MAIN STREET QUINCY, CA 95971 (530) 283-0700 NPP0370138 To: GRIDLEY HERALD - PLUMAS 05/08/2020, 05/15/2020, 05/22/2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000252

The following persons are doing business as: J AND C HOME REPAIR 1001 Washington Apt #42 Gridley, CA 95948 Justin Wade Webster, 1001 Washington Apt #42 Gridley, CA 95948 Date Filed in Butte County: March 2, 2020

The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code. Publish: April 17, 24, May 1, and 8, 2020

(The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000346

The following persons are doing business as: Ayzer Environmental LLC

4288 State Hwy 70 Oroville, CA 95965 P31 Enterprises Inc, 4288 State Hwy 70 Oroville, CA 95965

Date Filed in Butte County: April 6, 2020
The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious ess name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEO., Business and Professions Code.

Publish: April 24, May 1, 8, and 15, 2020 (The Gridley Herald)

PUBLIC NOTICE

Landmark Construction is requesting SUBCONTRACT BIDS for the Live Oak USD Live Oak High School Track project. Scope includes demo of existing concrete, grading, new concrete curb, storm drain improvements, track asphalt paving, and new synthetic track surface. Refer to the plans for the complete scope. Landmark encourages the participation of local and DVBE

Interested subcontractors must submit bids on or before May 15, 2020 at 2PM, to Landmark Construction via fax at 916-663-1867 or frontdesk@landmarkconst.net. Contract Documents are available for download at www.landmarkconst.net/plan-room/.

Questions regarding this bid must be directed to frontdesk@ landmarkconst.net.

The Gridley Herald May 1 and 8, 2020



All Legal Ads Published by Messenger Publishing

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000375

The following persons are doing business as: AG 1 PORTABLES 2762 Daly Avenue Oroville, CA 95966 David and Mariana Rodriguez, 2762 Daly Avenue Oroville, CA 95966

Date Filed in Butte County: April 14, 2020

The Registrant commenced to transact business under the above business name on: N/A

This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that onice of the County Clerk. A new incurious obsiness statement must be nied before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

(The Gridley Herald)

Announcement

Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of your home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

Become a Published Author. We want to Read Your Book! Dorrance Publishing-Trusted by Authors Since 1920 Book mansubmissions currently being reviewed. Comprehensive Services: Consultation, Production, Promotion and Distribution. Call for Your Free Author's Guide 1-877-538-9554 or visit http://dorranceinfo.com/Cali (Cal-SCAN)

Cable/Satellite TV

DIRECTV - Switch and Save! \$39.99/month. Select All-Included Package. 155 Channels. 1000s of Shows/Movies On Demand, FREE Genie HD DVR Upgrade. Premium movie channels, FREE for 3 mos! Call 1-888-641-5762. (Cal-SCAN)

Autos Wanted

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. FREE 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care of. Call 1-844-(Cal-SCAN)

DONATE YOUR CAR, BOAT OR RV to receive a major tax deduction. Help homeless pets. Local, IRS Recognized. Top Value Guaranteed. Free Estimate and LAPETSALIVE.ORG 1-833-772-2632 (Cal-SCAN)

Classified Advertising 916-773-1111

Financial Services

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A+ BBB rat-ed. Call National Debt Relief 1-888-508-6305. (Cal-SCAN)

For Rent

should also be aware that the lien being

Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its

Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development

guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

The Housing Authority of the County of Butte is an Equal Opportunity Employer and Housing Provider"



Financial Services

Struggling With Your Private Student Loan Payment? New relief programs can reduce your payments. Learn your options. Good credit not necessary. Call the Helpline 866-305-5862 (Mon-Fri 9am-5pm Eastern) (Cal-SCAN

Health & Medical

Attention: Oxygen Users! Gain freedom with a Portable Oxygen Concentrator! No more heavy tanks and refills! Guaranteed Lowest Prices! Oxygen Concentrator Store: 1-844-653-7402 (Cal-SCAN)

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-844-252-0740 (Cal-SCAN)

Health & Medical

Local

DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, pumps, catheters and more! To learn more, call now! 1-855-702-3408. (Cal-SCAN)

Insurance/Health

Lowest Prices on Health & Dental **Insurance.** We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

SAVE BIG on HOME INSURANCE! Compare 20 A-rated insurances companies. Get a quote within minutes. Average savings of \$444/ year! Call 1-844-410-9609! (M-F 8am-8pm Central) (Cal-SCAN)

DENTAL INSURANCE Physicians Mutual Insurance Company. NOT just a discount plan, REAL coverage for [350] procedures. Call 1-866-322-7610 for details. www.dental50plus.com/ canews (6118-0219) (Cal-SCAN)

Miscellaneous

ATTENTION DIABETICS! Save money on your diabetic supplies! Convenient home shipping for monitors, test strips, insulin pumps, catheters and more! To learn more, call now! 1-855-702-3408. (Cal-SCAN)

Will juice in your home for you. Have juicer will travel. Used juicers wanted. 916 370-0858

ATTENTION: OXYGEN USERS! The NEW Inogen One G5. 1-6 flow settings. Designed for 24 hour oxygen use. Compact and Lightweight. Get a Free Info kit today: 1-844-359-3976 (CalSCAN)



School

AIRLINE CAREERS Start Here - Get trained as FAA certified Aviation Technician. qualified placement assistance. Call Aviation Institute of Financial aid for qualified Institute of Maintenance 877-205-4138. (Cal-SCAN)



We Can Do That!

Call to place your

legal advertising

916-773-1111 All Legal Ads Published by

Messenger Publishing **Tax Services**

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Gridley Thumbs and Roots



By Barbara Ott

I am questioning whether a habitat garden is a good thing or not. The number of pecan andoak trees planted by the scrub jays has started this contemplation. Those birds are doing their duty, turning every bit of ground into a forest. This is a sideline of their food storage system but still...of required some research about jays and their burying habits.

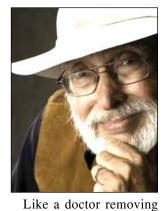
It is thought that at the

end of the Ice Age, the northward expansion of oak trees could have been aided by Jays transporting and burying acorns. In our times 11 species of oak trees are dependent on the Jays to disperse their acorns. A study of 50 Jays observed these birds selecting and burying 150,000 acorns in 28 days. Each bird hid an average of 107 acorns per day. This makes me thankful that at least 75 acorns a day are hidden in someone else's yard. I'm guessing that those numbers would hold up with pecan burying too. There certainly are as many pecan babies as oak

course this observation babies in the yard. These numbers don't reflect all those acorns and pecans that I find sitting around in planters. Aside from nature's bounty of nuts, the Jay is capable of holding 100 sunflower seeds in its gullet during one visit to a birdfeeder. These

birds are busy farmers. The other creature that makes me question the habitat garden is the snail. Due to the abundance of plants, piles of rocks and random wood within a habitat garden, there are plenty of cool, wet hideyholes for those slimy pests. I move one rock and there are at least 25 snails. One more reason to open up my flower garden and have fewer plants. Time to fell baby oak and pecan

Slim Randles' HOME COUNTRY



something important, Herb

Collins gently peeled the

wrapper back from the root

ball and tenderly placed

the baby tree in the hole.

Then he stood and walked

around it to see which way

he should align it. Actually,

looks pretty good just the

of mixed sand and com-

post and began sprinkling

then packing it in gently

stop and read the directions

again. When he ordered

had written back "Are you sure?" Well, that made ol'

Herb laugh. Yes, he was

sure. He's always sure this

So he took his bucket

way it is.

with his fist.

I'm Looking for Glory. **GLORY!**

time of year.

He was still chuckling to himself when Janice Thomas walked along the sidewalk.

"Hi Herb," said the high school art teacher. "What is it this year?"

"Papaya, Janice. Nice healthy one, don't you think?

Janice took a close look at the little dark green tree.

Papaya. "Isn't that a tropical

"Sure is," he said, tucking more dirt around the roots. "I have to read the instructions carefully to get this right."

Janice thought carefully it down onto the roots and before speaking. "Papayas sure taste good, Herb."

"Sure do. Wouldn't it Every few minutes he'd be nice if this lives long enough to produce fruit?"

"But you're not expect-

nippy day in autumn will your local classic country turn this little guy belly up."

at Janice's consternation.

"You know that banana tree almost made it to Christmas last year. That was my best so far. We'll see how this little guy makes out."

Each year Herb plants something in the front yard that has no chance at all of being there the following spring. He's done it for years. It gives the neighborhood something to look at and talk about, and it's fun.

"You know, Herb, if you're looking for fruit, a

cherry tree will produce ...' "I'm not looking for fruit, Janice," he said, gently. "I'm looking for glory. Glory!"

He laughed. "Where's the glory in planting something that will grow here?

Anyone can do that. But a papaya? Ha! There's glory in that.

Brought to you by "Of course not. The first Slim Randles." Check music station for broad-He looked up and smiled cast times.

Crossword Puzzle on Page 5 Ε S С M Ε S Ε Α R Ε Ρ Ε C G Α S R 0 Ε С R U S Ε Ε S K D M Η D M Μ G Ε Ε Ε N D D Ε Ρ Ε S Ν 0 T Ν Ε R Ε Ε Ρ Ε R S S G Α Τ R Ε W Т Ε Ε Ε N О S Ε Т Α Ρ R С Н Ε Ε Ε I D 0 O

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Sudoku Puzzle on Page 5 9 8 3 5 4 2 9 1 5 4 8 3 6 7 7 3 5 8 2 6 4 9 2 3 6 5 4 9 8 1 5 6 2 3 8 9 4 5 3 9 2 4 8 6 1 5 2 6 9 1 3 8 4 3 5 6 2 8 4 9 1 9

Dear Dietitian

Canned Salmon



Commentary by Leanne McCrate

Dear Dietitian,

To increase consumption of EPA and DHA, I've started eating wild canned pink salmon with skin and bones. As you know, salt is added to such products, and I'd rather not consume excess sodium. If I drain and rinse the salmon with water, how much EPA and DHA would I lose either from the fluid surrounding the salmon or from the salmon itself? My real questions, then, are: where are the EPA and DHA in canned salmon, and how securely are they locked in place so that they either would – or would not – be washed away by water?

Thank you in advance for your time and any suggestions.

Sincerly Evan

Dear Evan,

Omega-3 fatty acids, like Eicosapentaenoic acid (EPA) and Docosahexaenoic acid (DHA), are found in fatty fish, such as salmon, rainbow trout, sardines, and mackerel. These nutrients have been associated with good heart health.

Canned salmon is an easy and relatively inexpensive way to get omega-3s in your diet, and the bones offer calcium. For readers who may not have tried this, the salmon bones crush easily between your index finger and thumb, and mix with the rest of the fish without producing an unpleasant texture.

In an effort to provide thorough information on this topic, I sought the expertise of a food scientist. According to Dr. Andrew Clarke, Associate Professor of Food Science at the University of Missouri-Columbia, "Fatty acids, such as omega-3s, are components of the oils and triglycerides, and therefore are not highly soluble in water. Rinsing (with water) is not likely to reduce omega-3s from the drained fish.

"An overlooked factor is that canning involves a significant heat treatment and omega-3s, like all fats and oils, will melt during the canning process and become part of the liquid which is in the can. When one drains the liquid from the canned fish (either oil- or water-packed), nutrients are discarded. Rinsing the liquid from the fish flushes away more but is unlikely to remove more (omega-3s from the fish itself)."

While there is no Recommended Daily Allowance (RDA) for EPA and DHA, the American Heart Association recommends consuming fatty fish twice a week, even if you don't have heart disease. That said, fresh or frozen salmon contains twice the amount of omega-3s as canned, and has considerably less sodium. Remember, when it comes to food, fresh is best!

Until next time, be healthy! Dear Dietitian

Leanne McCrate, RDN, LD, CNSC, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@ gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans.



Wildland Fire Safety

Every year, wildfires burn across the U.S., and more and more people are living where wildfires are a real risk. But by working together, residents can make their own property - and their neighborhood – much safer from wildfire.

ACTION STEPS FOR AROUND YOUR HOME:

- · CLEAR leaves and other vegetative debris from roofs, gutters, porches and decks. This helps prevent embers from igniting your home.
- REMOVE dead vegetation and other items from under your deck or porch, and within 10 feet of the house.
- · SCREEN in areas below patios and decks with wire mesh to prevent debris
- and combustible materials from accumulating. REMOVE flammable materials (wood piles, propane tanks) within 30 feet of your home's foundation and outbuildings, including garages and sheds. If it can
- Wildfire can spread to tree tops. **PRUNE** trees so the lowest branches are 6 to 10 feet from the ground.
- KEEP your lawn hydrated and maintained. If it is brown, cut it down to reduce fire intensity. Dry grass and shrubs are fuel for wildfire.

catch fire, don't let it touch your house, deck or porch.

- Don't let debris and lawn cuttings linger. DISPOSE of these items quickly to reduce fuel for fire. **INSPECT** shingles or roof tiles. Replace or repair
- the shingles that are loose or missing to prevent ember penetration. COVER exterior attic vents with metal wire mesh no
- larger than 1/8 inch to prevent sparks from entering the home. ENCLOSE eaves and screen soffit vents using 1/8 mesh metal screening to



prevent ember entry.

The more actions a community takes, the more fire adapted it becomes. Learn how you can make a difference in your community. Visit www.fireadapted.org and www.firewise.org for more information.

> Thank You, and Be Safe!! Sparky the Dog

Gridley Fire Station 74

