



**Gridley High School
Wrestling is Victorious
on the Mats**

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**Bulldogs Basketball
Split Victories with
Live Oak Lions
at Home**

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FRIDAY • JANUARY 17, 2020 • VOL. 140 NO. 03

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INSIDE**

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OF THE MONTH
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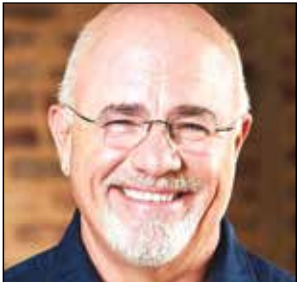
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**READER'S CHOICE
WINNER RAILHOUSE
PUB AND GRILL**



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**KEEP YOUR DIGNITY,
AND WORK YOUR
WAY OUT**
By Dave Ramsey



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Restaurant Week Offers Perfect Pairings



Owner of the Gridley Grill & Crab Shack, Tracy Nguyen, has her hands full with her "perfect pairing" plates! Photo by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - Attention all foodies! Friday, January 17th kicks off a ten-day culinary celebration with Butte County Restaurant Week, part of Explore Butte County.

Restaurants throughout the county are participating in this year's "perfect pairings" campaign promoting local cuisine and enticing people to get out and expand their palates. As the campaign states, restaurants will create "perfect pairings"- often a dish paired with a specialty drink - offering them up to customers at special pricing.

For the first time, three Gridley restaurants have joined the ranks of Chico, Paradise, and Oroville based restaurants, taking part in Restaurant Week.

Habanero Fish and Tacos

Open for nearly a year now, Habanero Fish and Tacos adds a new twist to Mexican cuisine here in Gridley. While not all entrees reflect the restaurant's spicy namesake, they do serve up a variety of classics ranging from mild to wild in intensity.

For restaurant week, owner Jenni Arroyo pairs her classic enchiladas, with rice. Arroyo suggests 2 drinks to

accompany the meal. For the brave, her custom mixed "Mezcaline" - a cocktail made of Mezcal 100% Agave liquor imported from Mexico, mixed with cranberry, splashes of fruit and a whole chili. For the under 21 crowd, Arroyo recommends ice cold horchata.

Gridley Grill and Crab Shack

In past months, the long-time Gridley Grill got a makeover and expanded its offerings, becoming the new Gridley Grill & Crab Shack and the go-to spot for seafood in Gridley. Owner Tracy Nguyen said that she desired to bring

Continued on page 3

Live Oak Handles Business

By Seti Long

LIVE OAK, CA (MPG) - Live Oak City Council addressed somewhat routine business at last week's city council meeting.

A six item consent agenda included the City of Live Oak's approval of the City of Yuba City's Councilwoman, Grace Espindola to the Feather River Air Quality District and the reappointment of Suzanne Gallaty to the Region Housing Authority Board of Commissioners as Tenant Commissioner.

Following those approvals, council reviewed the 2019 past due water and sewer accounts, totaling \$5,022.18. Council was recommended to allow the amount to be written off as loss to the city by Finance Director Joe Aguilar.

Council then considered the recommendation to true-up the City Parks and Recreation Director's position salary to be on par with other city department head positions. In order to repair a 61 percent disparity between what the current Parks and Rec Department Directors receive when compared to other department head salaries, council would vote to increase the salary from \$66,971.22 to \$101,854.85 per year.

Wrapping up the consent agenda, council addressed the need for engineering guidance and management services over several capital projects, such as Well 7, the P Street lift station, the Well 8 project, east-side water storage tank, the Hwy 99 project and more. Currently and over the past several years, Interwest Consulting Group has been providing plan check and building plan services for the City of Live Oak. To retain those services, council was asked to authorize a professional agreement between Interwest Consulting Group and the City of Live Oak in the total amount of \$240,00 for the (FY)2019-20 and \$360,00 for (FY) 2020-21.

Council then heard the audits of its financial statements from 3rd party audit firm LSL CPAs and Advisors. The audit found that the financial statements provided by the city as part of the yearly audit (2019) were presented fairly and the respective changes in financial position and cash flows ended in accordance with standard accounting principles.

Finally, council was given an update on the Well 7 project. City staff provided council with a background and history of the well, followed by the current status of repairs and upgrades, with the estimated completion costs of the project. ★

Gridley Left Reeling After Two Teen Suicides: Prevention Forum Planned



In an effort to address the suicides, provide emotional support and also raise awareness for prevention, Gridley Unified School District and Gridley High School is having a Suicide Prevention Forum. MPG file photo

By Seti Long

GRIDLEY, CA (MPG) - A shocking trend in teen suicides has rocked the Gridley community.

In less than a month, Gridley has lost two young men under the age of

20 to suicide and in the recent week, another teen has attempted to take his life. Not only are these deaths tragic, but highly alarming – the rate and number in such a short amount of time previously unheard of in our small town.

Families, friends, classmates and the community at large have been left to mourn the devastating loss of these two young men.

In an effort to address the suicides, provide emotional support and also

Continued on page 3

The New Pi-Line



The new Pi-Line Honoring Publisher W.D. Burleson By Josh F.W. Cook

A visit to the vault from the December 27, 1996, Bill Burleson Gridley Herald Pi Line, we read this interesting reference to the Oroville Dam and the Pit Stop gas station. The Pit Stop location

remains vacant to this day because no one wants to pick up the legal liability of the leaky gas tank from 1996. If only he knew then This week between Christmas and New Year's is a lost week. We called City Hall, and none of the bosses were there. No city council or planning commission meetings. The schools are closed. Maybe if it snowed, we could write something. But it isn't snowing. We don't want any floods like 1955. That doesn't seem likely. The Oroville Dam is in good shape. We don't even want to think about a fire. But, just in case, our CDF and Gridley Volunteer Fire Departments have been

doing a great job. Maybe no news is good news. It just doesn't fill the pages. The Pit Stop self-service gas station is having serious financial problems due to the city's sewer line plans that uncovered what may be a gas leak along the sewer line route on Obermeyer Avenue. The cost of defending yourself against state agencies handling hazardous waste situations can break you up in business. That's it, all there is ... until next time.

W.D. Burleson published the Gridley Herald for 50 years. Josh F.W. Cook is a public administrator and educator. ★

Murder Investigation Results in Discovery of Drug Trafficking Organization and Child Pornography

Butte County Sheriff's Office Press Release

BUTTE COUNTY, CA (MPG) - The Butte County Sheriff's Office (BCSO) provided details about a murder investigation that began on December 21, 2019. On December 21, Deputies responded to a report of a male suffering from a gunshot wound at a residence located in the 700 block of Craig Access Road, Oroville. The male was later identified as Jacob McArthur, age 27. Upon arrival, Deputies determined the male was deceased. Detectives obtained a search warrant for the residence and began conducting follow-up.

During a follow-up investigation, Detectives suspected the murder was directly related to the illegal sales of marijuana. Detectives identified a large drug trafficking organization, and at this point believe an individual or individuals participating in the drug trafficking organization were responsible for the murder. Over the past two weeks Detectives have served search warrants at 13 residences in Butte County. Shaina Burnette of Chico, age 39 was determined to be the leader of the drug trafficking organization. During the service of one of the search warrants in Concow, electronic devices were located. While processing evidence, child pornography was located on one of the devices belonging to Christopher Mack, age 30 of Concow. An additional search warrant was obtained and additional electronics were seized.

To protect the integrity of the investigation, a press release was not done until Detectives finished executing search warrants related to the murder. Detectives also had to finish the child pornography investigation, and ensure two juveniles contacted during the investigation were not victims of child pornography prior to issuing a press release.

As a result of the search warrants numerous evidence items were located to include the following items:

Approximately 3,300 pounds of marijuana packaged for sale, approximately

10 firearms, approximately \$140,000 in United States currency, approximately \$30,000 in silver coins, numerous cellular telephones and computers, and a generator and vehicle that were purchased with the proceeds from narcotics trafficking. The United States currency and silver coins were also determined to be proceeds from narcotics trafficking.

To date the following individuals have been arrested:

Dylan Rice of Chico, age 25 was arrested for maintaining a residence where narcotics are stored/sold, possession of marijuana for sale, and illegal cultivation of marijuana.

Shaina Burnette of Chico, age 39 was arrested for maintaining residences where narcotics are stored/sold, possession of marijuana for sale, and illegal cultivation of marijuana.

Morgan Karno of Chico, age 52 was arrested for maintaining residences where narcotics are stored/sold, possession of marijuana for sale, and illegal cultivation of marijuana.

Christopher Mack of Concow, age 30 was arrested for maintaining a residence where narcotics are stored/sold, possession of an assault weapon, being armed while committing a felony, possession of marijuana for sale, illegal cultivation of marijuana, and possession of child pornography.

Monique Bird of Chico, age 53 was arrested for child endangerment, possession of marijuana for sale, and illegal cultivation of marijuana.

Gabriel Bacon of Oroville, age 43 was arrested for maintaining a residence where narcotics are stored/sold, possession of marijuana for sale, and illegal cultivation of marijuana.

This investigation is ongoing. Detectives are in the process of analyzing evidence related to the murder investigation. The Sheriff's Office is asking anyone with additional information about the murder, the drug trafficking organization, or the child pornography investigation to contact Detectives Joe Hooks or Jake Smith at 530- 538-7671 ★



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"Best Sit Down Restaurant" Railhouse Pub & Grill



Everything was on-track for Railhouse Pub & Grill to take the 2019 Reader's Choice Award for "Best Sit Down Restaurant." The Trusheims pictured left to right: Owner Tim, daughter Emily and Wife & Co-Owner Kari. Photo by Seti Long

By Naomi Webster

GRIDLEY, CA (MPG) - Railhouse Pub & Grill was voted in the top three for the 2019 Reader's Choice Awards as Best Sit Down Restaurant. Conveniently located at 1495 on CA-99, Railhouse has quickly become a popular hangout since opening in 2016. Tim Trusheim runs this family owned and operated establishment, offering a large variety of good ol' fashioned pub food as well as

refreshingly new and flavorful daily specials.

Friendly staff greets you upon entering and will help you decide which fresh seasonal on-tap brew will best accompany your meal. Popular menu items include; hand battered mac & cheese balls, garlic fries, jalapeno poppers, and an array of mouth-watering burgers and pub sandwiches. Let's not forget their famous Taco Tuesdays where you can choose three crispy cod or grilled

chicken tacos with shredded cabbage and a healthy serving of fries.

Railhouse Pub & Grill is community oriented, and likes to get involved with fundraisers and bringing people together. Join their "Pint it Forward" board, where you can pay forward a cold beer for a friend or neighbor. Visit their Facebook page to keep up with the daily specials and view their menu online. Take out available at (530) 797-9384 ★

"Best Bar/Brew Pub" Bungalow Bar



The Bungalow's bartender holds the 2019 Reader's Choice Award for best "Bar/Brew Pub." Photo by Anna Quimpo Maguire

By Naomi Webster

GRIDLEY, CA (MPG) - Winner in Best Bar/Brew Pub for the 2019 Reader's Choice Award, the Bungalow Bar, is located at 101 Virginia St. Owner, Barbara "Barb" Caramba-Coker is known for her warm, welcoming and friendly accommodations.

Established in 1970, this lounge has grown to become a much-loved social favorite. Locals enjoy chilled beverages and jello shots over games of pool, darts, and a great variety of board games. The Bungalow is a popular go-to

for participating in karaoke, weekend DJs and watching sports games, where homemade chili and snacks are often complimentary.

Billiards fan? Charity tournaments are held for pool lovers and competitors, benefiting Shriners Hospital for Children of Northern California. There is a buy in for each participant, where profits are often split 50/50 between charity, and the players' pot for the winner.

The Bungalow Bar is open until midnight every day, and sometimes later. Grab a friend or go make new ones! ★

Gridley Left Reeling After Two Teen Suicides: Prevention Forum Planned

Continued from page 1

raise awareness for prevention, Gridley Unified School District and Gridley High School is having a Suicide Prevention Forum Thursday, January 16th from 6:00 – 8:00 pm at the Guardian Building on East Spruce St., Gridley.

GHS Principal Justin Kern sent a letter out to the parents/guardians of his students on January 8th addressing the loss of former student the previous weekend. “The death of any young person is a loss, which in one way or another, diminishes each of us.” He continues to outline GHS’s intended process to aid the student body process the loss - the visit of an administrator or counselor to each student via a visit to their English class and the provision of suicide prevention resources and crisis numbers. “In addition,” he continues, “We have asked the assistance of the county for resources and access to a crisis team to help our school community deal with this loss.”

According to the National Institute of a Mental Health, suicide is the second leading cause of death in the United States in persons younger than 34 years, superseded only by unintentional injury. The latest data compiled from 2017, reports that 6,252 youth between the ages 15-24 committed suicide that year alone. Overall, suicide rates have been steadily increasing since the year 2000, with higher percentages found in white males more so than females and minorities.

Regardless of the statistics, the Gridley community has been left heartbroken by the recent losses and vigilant in the attempts to prevent any other of its youth from attempting to take their lives.

“We are doing everything we can to help your child and our staff through this tragic experience,” says Principal Kern. “It has been a challenging time for our district and community.”

Parents and community members are urged to attend the forum. Snacks and babysitting for younger children will be provided so attendees can focus on the topics including: warning signs, interventions and “how to talk to your kids.” If you or someone you know is considering suicide, please reach out for help and call the National Suicide Prevention Lifeline: 1-800-273-8255. All lives matter! ★

Restaurant Week Offers Perfect Pairings



Habanero Fish and Tacos has you covered for Restaurant Week. Stop in and try their "Perfect Pairing". Pictured left to right: Alejandra Gallo, Owner Jenni Arroyo and her son Moses Pedraza. Cook Carlos Arroyo not pictured. Photo by Seti Long

Continued from page 1

something new to the Gridley culinary scene with the grill & crab shack, offering a selection of seafood previously lacking in our area.

While the Gridley Grill and Crab Shack still offers up its traditional breakfast & lunch menus, the new dinner menu features 3 different types of crab, shrimp entrees, clam-bakes, surf&turf and more. Within the next few months, Nguyen plans to offer hot pot tabletop cooking.

For her perfect pairings, Nguyen had asian-style chef prepare two dishes: honey walnut shrimp over rice and Korean short ribs over rice. The breaded sweet and crispy shrimp play off the texture of the candied walnuts. The Korean short ribs are zingy, with a subtle hint of spice under the predominantly sweet and tangy BBQ flavor.

As far as a beverage goes, Nguyen leaves it up to the diner with multiple



Owner of the iconic Casa Lupe restaurant, Lupe De La Torre and her manager, Lauro Del Rio, hold their featured plate and beverage pairing for the Explore Butte County Restaurant Week campaign. Photo by Seti Long

selections available.

Casa Lupe

Gridley’s treasure for over 50 years, Casa Lupe, will also be joining the fun of Restaurant week with a traditional taco and rice plate.

Casa Lupe’s signature flavors, passed down through family recipes, will present themselves in the uniquely seasoned meats, rice and house-made tortillas that make up their taco plate. From their one of a kind peppy salsa to their fajitas served on sizzling skillet,

Casa Lupe’s meals do not disappoint! Their taco plate promises to deliver on that.

A range of accompanying beverages is available from fountain drinks to cocktails from the bar. One couldn’t go wrong pairing the tacos with a salted-rim margarita!

Restaurant Week runs from January 17th to January 26th.

Get out there and taste the best of Butte County’s dining scene. For more information, menus, pricing and to view other participating restaurants, visit explorebuttecounty.com. ★

MEMORIAL NOTICE



Mary Joyce Birdsong
March 12, 1934 to December 11, 2019



In Loving Memory of Mary Joyce Birdsong


Mary Joyce Birdsong (Hewitt), 85, passed away peacefully on Wednesday, December 11th in Gridley, California.

Mary was a life-long resident of Gridley. She met Eugene Virgil Birdsong and they were married January, 31st of 1953. Together they raised their family and enjoyed camping outings in the Challenge, CA area.


Mary made a career of nursing, spending 40 years of her life tending to the care of her fellow man. She was a devote Jehovah Witness and shared that faith and passion with her family and friends.

She will be greatly missed.


Come celebrate her life at the Kingdom Hall of Jehovah Witnesses, located at 140 Idaho St., Gridley, Ca. Services will be held on January 25th, 2020 at 2:00 pm.



MEMORIAL NOTICE




Harold “Vic” Parker
September 22, 1925 to January 3, 2020



Harold Victor “Vic” Parker was born September 22, 1925, in Winfield, Kansas, the third child of Oliver Zink “OZ” Parker and Ethel Hall. His family moved to Chico in 1939. He attended Chico High, where he met his future wife, Theadora “Thea” Lemm. Both attended Chico State College. They married April 1, 1944, shortly before Vic left for the Army Air Force to work as a radio operator. Vic’s brother, Wilson Parker, died in World War II as a pilot; his sister, Marge Houser, lives in Chico.

Vic and Thea moved to Gridley in 1958 and opened Gridley Plumbing and Heating. They ran the business together until retiring in 1997. They had four children, Harold Victor Parker, Jr. (wife Stella), Diana Jane Parker (children Kerry, Kevin, Audrey Stewart-Martinez and James Doughty), Linda



Suzanne Parker-Bahne (husband Bill – children Shaun, Chase, Cassandra and Lindsay), Betty Jean Parker-Reynolds (son Zeb); and nine great-grandchildren.

Vic was councilman and mayor of Gridley from 1976-78. Vic loved to fly, and the couple delivered plumbing supplies throughout northern California in their Cessna plane. Vic loved hunting, fishing, camping, boating, water skiing and loved to sing. They enjoyed traveling in the U.S., Canada, Alaska and various parts of England and Europe. Services will be held January 17, 11 AM, at Bidwell Chapel, 341 W. 3rd St., Chico. Veterans service to follow at Glen Oaks Memorial Park.

PUBLIC NOTICE

Our wonderful Gridley community needs you! Help determine Gridley’s future. Please consider volunteering as a City of Gridley Planning Commissioner. We currently have three vacancies. Applications can be found at <http://gridley.ca.us>. Applicants must live in the City. The Planning Commission meets on the 3rd Wednesday of each month at 6:00 pm. These vacancies will be filled by appointment of the City Council. Applications should be submitted by January 17th to: City Clerk, City of Gridley, 685 Kentucky Street, Gridley, 95948. Call 846-3631 for more info.



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January Blood Drives

YUBA CITY

Vitalant Winter Classic Blood Drive
Saturday, January 25
8:00 a.m. – 1:30 p.m.

Located at Vitalant Yuba City on the bloodmobile
1290 Stabler Lane, Yuba City

Enjoy hot chocolate and delicious refreshments
after your donation. Call 530.674.3140 or visit
vitalant.org for more information.

OROVILLE

**The Church of Jesus Christ of Latter-day
Saints – Oroville Blood Drive**
Thursday, January 16
3:00 p.m. – 7:00 p.m.

Located in the Cultural Hall
2390 Monte Vista Avenue, Oroville

Feather River Cinemas Blood Drive
Sunday, January 26
12:00 p.m. – 3:30 p.m.

Located on the bloodmobile
2690 Feather River Blvd, Oroville

WHEATLAND

**Wheatland High School & Community
Blood Drive**
Wednesday, January 22
9:00 a.m. – 2 p.m.

Located in the Library
1010 Wheatland Rd., Wheatland

Beale Air Force Base Blood Drive
Wednesday, January 29
11:00 a.m. – 3 p.m.

Located on the bloodmobile
BX Parking Lot

CHICO

North Valley Plaza Mall
Friday, January 10
2 p.m. – 6 p.m.

Located on the bloodmobile near
CVS & Sportsman's Warehouse

801 East Avenue, Chico
Enloe Medical Center Blood Drive
Wednesday, January 15

Noon – 5:30 p.m. (closed 2:30 p.m.- 3:30 p.m.)
Enloe Conference Center -
1528 Esplanade, Chico

The Hignell Companies Blood Drive
Friday, January 17
7:30 a.m. – 10:30 a.m.

Located on the bloodmobile
1750 Humboldt Road, Chico

Chico Rotary Blood Drive
Tuesday, January 21
11 a.m. – 1 p.m.

Located at the Chico Elk's Lodge
1705 Manzanita Avenue, Chico

Vitalant Winter Classic Blood Drive
Saturday, January 25
7:00 a.m. – 4:00 p.m.

Located at Vitalant Chico
555 Rio Lindo Avenue, Chico

Enjoy hot chocolate and delicious refreshments after your donation.
Call 530.893.5433 or visit vitalant.org for more information.



Basic Sales and Use Tax / Tax Return Preparation Workshop

Butte College Small Business Development Center,
presents a seminar on

"Basic Sales and Use Tax/Tax Return Preparation Workshop"

Thursday, January 23rd, 2020 from 9:00am to 11:00am
at **Butte College Glenn County Center**
604 E. Walker St., Chico

Cost Free. Must register to attend.

Gain an understanding of sales and use tax, district tax, taxable and nontaxable labor, as well as foreign and interstate taxability. Find out if you need a seller's permit, and learn how to complete a resale certificate. Understand what exemptions and deductions are available and the formula for selling items "tax included." Get a solid foundation on recordkeeping and filing requirements. See all the online services now available including registration, filing, payment, free industry tax guides and publications related to your business. Finally, get step-by-step instructions on how to file your Sales and Use Tax Return electronically using California Department of Tax and Fee Administration's new online services system.

How To Turn Your Hobby Into A Business

Butte College Small Business Development Center,
presents a workshop on

"How to Turn Your Hobby Into A Business"

Tuesday, January 28th, 2020, from 9:00am to 11:00am,
at **Paradise Ridge Chamber of Commerce**,
6161 Clark Road, #1, Paradise

Cost Free. Must register to attend.

This workshop will take you through a step-by-step process on how to turn your hobby into a business. You will: learn what it takes to start and run your business - how to make money doing what you enjoy; brainstorm opportunities to generate enough income to make it worth your time; complete list of items needed to start your business; understand legal requirements (i.e., business license, permits, fictitious name statement); grasp how to develop a basic business plan for success; determine the amount of money you need to start and sustain your business until it is profitable; calculate how much profit you need to make to maintain your standard of living; discover how to manage the financial side of your business including bookkeeping and budgeting; understand that you are the boss and not an employee and what that comes with; and how to implement time management practices.

Financial Management Training Series for Existing Businesses

Butte College Small Business Development Center,
presents a workshop on

"Financial Management for Existing Businesses"

Tuesday mornings, beginning February 4th, through
February 25, 2020 from 8:30am am until 10:30 am
at **Butte College Small Business Development Center**
2480 Notre Dame Blvd., Chico

Cost Free. Must register to attend.

This 4-weeks series is designed to teach you how to utilize your financial statements to better manage and understand your business operations, cash flow, and profitability. Focus includes: interpreting and understanding your financial statements (*Profit and Loss, Balance Sheet*) hands-on exercise and case study; identifying cash flow cycle and how it impacts your business; learning how to calculate and use financial ratios to troubleshoot fiscal dangers, and analyzing trends to improve business performance; using financial tools to make good business decisions for effective spending and break-even analysis; knowing how to think critically when looking at pricing and costs; and developing forecasts and budgetary tools and techniques to improve profit. Class is kept small for hands-on learning.

Please register online, call or stop by

Butte College Small Business Development Center (SBDC)
2480 Notre Dame Blvd., Chico
530-895-9017
www.buttecollegesbdc.com
to register and for information

Funded in part through a cooperative agreement with the U. S. Small Business Administration (SBA). All opinions, conclusions or recommendations expressed are those of the author(s) and do not necessarily reflect the views of the SBA or HSU Sponsored Programs Foundation. SBDC programs are nondiscriminatory and available to individuals with disabilities. Reasonable accommodations for persons with disabilities will be made if requested at least two weeks in advance. Contact Sophie Koriwasa, director, 2480 Notre Dame Blvd., Chico, CA 95926; koriwasa@butte.edu; (530) 895-9017 for arrangements.

Crime Reports



Gridley- Biggs Police Report

January 4th - January 12th

01/04/2020: On A Street in Biggs, CA, Nicole Ruby Bissell, 36, was arrested for petty theft (488 PC) misdemeanor and booked into Butte County Jail.

01/05/2020: At 4:55 pm on the 300 Block of Norman St., Gridley, CA, Hugo Octavio Santilan, 39, was cited for Driving with Suspended license from DUI (14601.2 (A) VC) and driving with expired registration (4000 (A) (1) CVC). Subject was booked in Butte County Jail.

01/05/2020: At 9:13 pm at Hwy 99 and E. Gridley Rd., Gridley, CA, Sean Christopher Smiley, 25, was cited and released for misdemeanor possession of narcotic controlled substance (11350 (A) HS), misdemeanor possession of controlled substance (11377 (A) HS), and controlled substance paraphernalia (11364 (A) H&S).

01/06/2020: Gridley-Biggs Police Department cited Rayla Vee Williams, 57, was cited and released for misdemeanor possession of a controlled substance (11377 (A) HS), and controlled substance paraphernalia (11364 (A) H&S).

01/06/2020: At 9:27 pm, at 1500 block of Hwy n99, Kelly Rochelle Johnson, 47, was cited and released for controlled substance paraphernalia (11364 (A) H&S).

01/07/2020: At 1:34 am in Gridley, CA, Marshall James Hollingsworth, 29, was arrested for misdemeanor bench warrant and booked into Butte County 01/07/2020: At 10:09 pm at Independence Place in Gridley, CA, Thomas Matthew Jenkins, 54, was arrested for misdemeanor possession of controlled substance (11377 (A) HS), Possession/ purchase/ use of stun gun by felon (22610 (A) PC), driving with suspended license (14601.1 (A) VC), no proof of insurance (16082 (A) VC), and was booked into Butte County Jail.

01/08/2020: At 2:54 pm on the 1400 Block of Hwy 99 in Gridley, CA, Rebecca Gwyn Davenport, 46, was cited for a local bench warrant misdemeanor.

01/08/2020: At 5:32 on 6 th St. and Dakota Ave. in Gridley, CA, Jeffery Michael Utz, was cited and released for misdemeanor possession of controlled substance (11377 (A) HS).

01/08/2020: At 5:44 on 6 th and Dakota Ave. in Gridley, CA, Brittany Arianna Frazier, 28, was arrested for controlled substance paraphernalia (11364 (A) H&S), misdemeanor possession of controlled substance (11377 (A) HS), and false ID presented.

01/11/2020: At 12:36 am on Independence Place, Gridley, CA, Steven Gerald Edwards, 47, was cited and released for misdemeanor bench warrant

01/12/2020: At 6:36 pm on E. Gridley Rd., Kevin James Campbell, 37, was cited for driving with suspended license from DUI (14601.2 (A) VC), no proof of insurance (4000 (A) (1) CVC), and expired registration.

get more info at www.crimegraphics.com

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As powerful as CoQ10 is, there is a critical thing it fails to do. It can't create new mitochondria in your cells.

Taking CoQ10 is not enough

"There's a little-known NASA nutrient that multiplies the number of new power generators in your cells by up to 55%," says Dr. Al Sears, owner of the Sears Institute for Anti-Aging Medicine in Royal Palm Beach, Florida. "Science once thought this was impossible. But now you can make your heart, brain and body young again."

"I tell my patients the most important thing I can do is increase their 'health span.' This is the length of time you can live free of disease and with all your youthful abilities and faculties intact."

Medical first: Multiply the "power generators" in your cells

Al Sears, M.D., recently released an energy-boosting supplement based on this NASA nutrient that has become so popular, he's having trouble keeping it in stock.

Dr. Sears is the author of over 500 scientific papers on anti-aging and recently spoke at the WPBF 25 Health & Wellness Festival featuring Dr. Oz and special guest Suzanne Somers. Thousands of people listened to Dr. Sears speak on his anti-aging breakthroughs and attended his book signing at the event.

Now, Dr. Sears has come up with what his peers consider his greatest contribution to anti-aging medicine yet — a newly discovered nutrient that multiplies the number of tiny, energy-producing "engines" located inside the body's cells, shattering the limitations of traditional CoQ10 supplements.

Why mitochondria matter

A single cell in your body can contain between 200 to 2,000 mitochondria, with the largest number found in the most metabolically active cells, like those in your brain, heart and skeletal muscles.

But because of changes in cells, stress and poor diet, most people's power generators begin to malfunction and die off as they age. In fact, the Mitochondria Research Society reports 50 million U.S. adults are suffering from health problems because of mitochondrial dysfunction.

Common ailments often associated with aging — such as memory problems, heart issues, blood sugar concerns and vision and hearing difficulties — can all be connected to a decrease in mitochondria.

Birth of new mitochondria

Dr. Sears and his researchers combined the most powerful form of CoQ10 available — called ubiquinol — with a unique, newly discovered natural compound called PQQ that has the remarkable ability to grow new mitochondria. Together, the two powerhouses are now available in a supplement called Ultra Accel II.

Discovered by a NASA probe in space dust, PQQ (Pyrroloquinoline quinone) stimulates something called "mitochondrial biogenesis" — a unique process that actually boosts the number of healthy mitochondria in your cells.

In a study published in the Journal of Nutrition Biochemical Pharmacology, mice fed PQQ grew a staggering number of new mitochondria, showing an increase of more than



NASA-discovered nutrient is stunning the medical world by activating more youthful energy, vitality and health than CoQ10.

55% in just eight weeks.

The mice with the strongest mitochondria showed no signs of aging — even when they were the equivalent of 80 years old.

Science stands behind the power of PQQ

Journal of Nutrition Biochemical Pharmacology reports that PQQ is up to 5,000 times more efficient in sustaining energy production than common antioxidants.

"Imagine 5,000 times more efficient energy," says Dr. Sears. "PQQ has been a game changer for my patients."

"With the PQQ in Ultra Accel, I have energy I never thought possible," says Colleen R., one of Dr. Sears' patients. "I am in my 70s but feel 40 again. I think clearer, move with real energy and sleep like a baby."

It works right away

Along with an abundance of newfound energy, users also report a sharper, more focused mind and memory, and even younger-looking skin and hair. Jerry M. from Wellington, Florida, used Ultra Accel and was amazed at the effect.

"I noticed a difference within a few days," says Jerry. "My endurance almost doubled. But it's not just in your body. You can feel it mentally, too," says Jerry. "Not only do I feel a difference, but the way it protects my cells is great insurance against a health disaster as I get older."

Increase your health span today

The demand for this supplement is so high, Dr. Sears is having trouble keeping it in stock. "My patients tell me they feel better than they have in years. This is ideal for people who are feeling or looking older than their age... or for those who are tired or growing more forgetful."

"My favorite part of practicing anti-aging medicine is watching my patients get the joy back in their lives. Ultra Accel sends a wake-up call to every cell in their bodies... and they actually feel young again."

Where to find Ultra Accel II

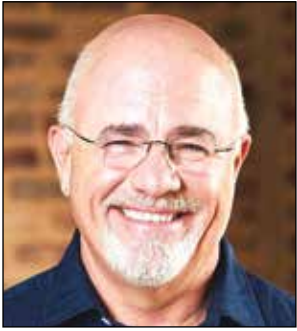
Right now, the only way to get this potent combination of PQQ and super-powered CoQ10 is with Dr. Sears' breakthrough Ultra Accel II formula.

To secure bottles of this hot, new supplement, buyers should contact the Sears Health Hotline at 1-866-393-1810 within the next 48 hours. "It takes time to get bottles shipped out to drug stores," said Dr. Sears. "The Hotline allows us to ship the product directly to the customer."

Dr. Sears feels so strongly about this product, he offers a 100%, money-back guarantee on every order. "Just send me back the bottle and any unused product within 90 days, and I'll send you your money back," said Dr. Sears.

The Hotline will be taking orders for the next 48 hours. After that, the phone number will be shut down to allow them to restock.

Call 1-866-393-1810 to secure your limited supply of Ultra Accel II. You don't need a prescription, and those who call in the first 24 hours qualify for a significant discount. **To take advantage of this great offer use Promo Code NP0120UA162 when you call in.**



Keep Your Dignity, and Work Your Way Out

Dear Dave,
My wife and I will both turn 30 next month. We have two young children, and we make a little over \$85,000 combined. The problem is we have about \$70,000 in debt. Some of it is credit card debt, but nearly \$50,000 is in two car loans. Her mom and dad have offered to let us move in with them, so we can save up money and start getting a better handle on our finances, but we're not sure how we feel about this. What's your advice?
— Justin

Dear Justin,
You've got a ridiculous amount of money wrapped up in those cars. I'd sell the stupid things, get into a couple of little beaters, and start living on a budget and paying down debt.

In your situation, the only scenario where I'd even consider taking the in-laws up on their offer is one where the stay is for a very short, agreed-upon period of time. They'd have to be absolutely wonderful people, too, and everyone involved would need to

Dave Ramsey Says

know their boundaries.

But you guys can get out of debt pretty fast if you'll just lose the cars. You could even save a little money on the side while you were paying down debt, and buy a better car as soon as the debt was gone.

You might love your cars so much that you're unwilling to make the sacrifice. Not me. I'd rather keep my dignity intact, and work my way out of the mess I created!

— Dave

Playing the Lottery Robs you of your Future

Dear Dave,
I've been struggling financially for the past few months, so I've been playing the lottery once a week. To me, the chance to win millions is worth a few dollars a month, even if things are tight.

— Paula

Dear Paula,
You've told me you're having money troubles, and at the same time you're throwing money out the window every week? Honestly, the small amount you're talking about doesn't make a difference. Even if it's just two or three bucks a week, that action represents a lot of financially irresponsible behavior in your life.

I'm going to be very blunt with you. The lottery is a tax on the poor and people who can't do math. Your chances of winning

are bleak at best. Did you know the odds of winning the Powerball jackpot are about 1 in 292,000,000? There are plenty of other very unusual things that are much more likely to happen to you than winning the lottery. Your chances of making a hole-in-one on the golf course are about 1 in 12,500. Even your odds of having quadruplets are around 1 in 11 million.

When times are tough and you're strapped for cash, the last thing you need to do is spend what little you have on gimmicks. My advice is to focus on working hard, living on a tight budget that cuts out all unnecessary expenses, and saving every penny you can. Unlike the lottery, this is a plan that works every time. When you start living on a budget and get out of debt, it provides a little bit of breathing room in your life. You might even feel like you got a raise!

Don't let your finances—and your dreams—be hijacked by the lottery.

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

Thoughts to Ponder



The waiting is over! Christmas Day is over! Paper everywhere. Boxes stacked outside waiting for the trusty garbage guy. Dry trees hang limp with the weight of beautiful ornaments. Candles sit half burned. Children are playing with lovely toys received and adults are breathing a little easier now January is here to face another year.

Look back over the last year at what has happened and what you have achieved. You met the deadlines. You paid the bills. You lived through the pain...and you survived. Amazing, isn't it!

When we face each day, sometimes it seems impossible to see tomorrow or the new

year. Our pain, our hurt, our depression seems so overpowering that we can't see an end to the trials and toils. But just as the sun rises and sets, our pain will come and go.

We need faith to live through the pains of life. We need trust to believe we can achieve victory over darkness. We need hope to see the bright light at the end of the tunnel.

Last year may have been a bad year for some. Next year may be worse. But no matter what happens, when Christmas and New Year's Eve rolls around, we can look back over the year, just as we do now, and say, "I made it. With God's love and help, I made it and I can move into the next adventure with hope and blessings from above."

Christmas can last all year and as Scrooge of "A Christmas Carol" said after his transformation, "I am going to keep Christmas in my heart

and honor it all year long." Mankind is our business and if we take care of business, we'll be busy every day of our life. Forget your cares and worries and concentrate on the needs of others. Phone a friend and just listen. Hug a child and whisper a work of kindness. Sit with a shut-in and read or tell tales.

Keep Christmas and the warm fuzzy feelings of Christmas alive every day of this new year. Forget angers. Forget wrongs. Forget hurt by others. Remember the peace and joy of a God waiting to welcome you home.

May God bless and keep you and make this new year the year of a step toward eternity.

Come worship with the Gridley United Methodist Church this new year. We meet every Sunday at 10 am for worship followed by fellowship. ★

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Congratulations



Alexis Werner is a December graduate with **Suma Cum Laude** honors and a **3.96 g.p.a** from California State University Chico. She Graduated with a degree in Natural Sciences.

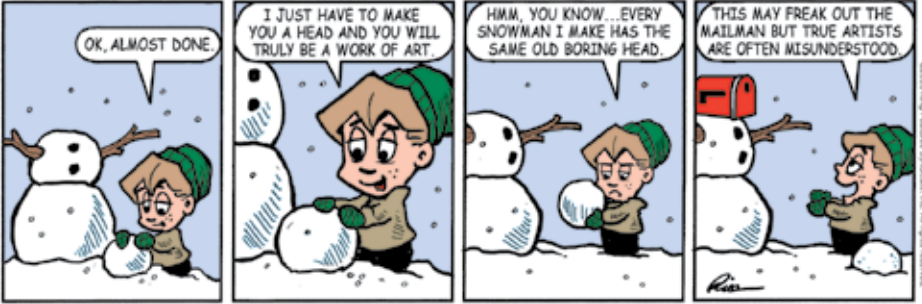
She is a 2016 graduate of Gridley High School and the daughter of Brian Werner and Rhonda Werner.

**Congratulations
on your
achievements!**

WEEKLY COMICS

Amber Waves

by Dave T. Phipps



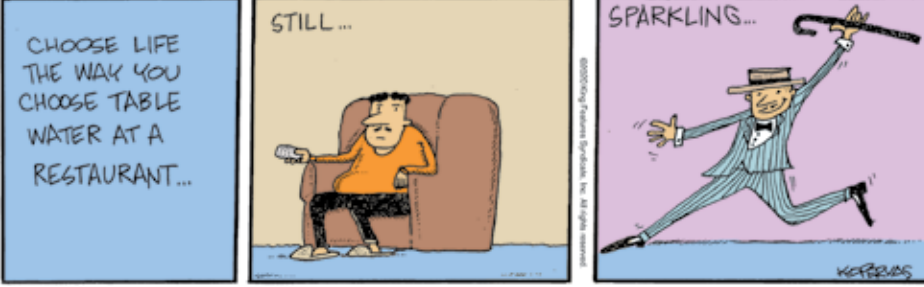
The Spats

by Jeff Pickering



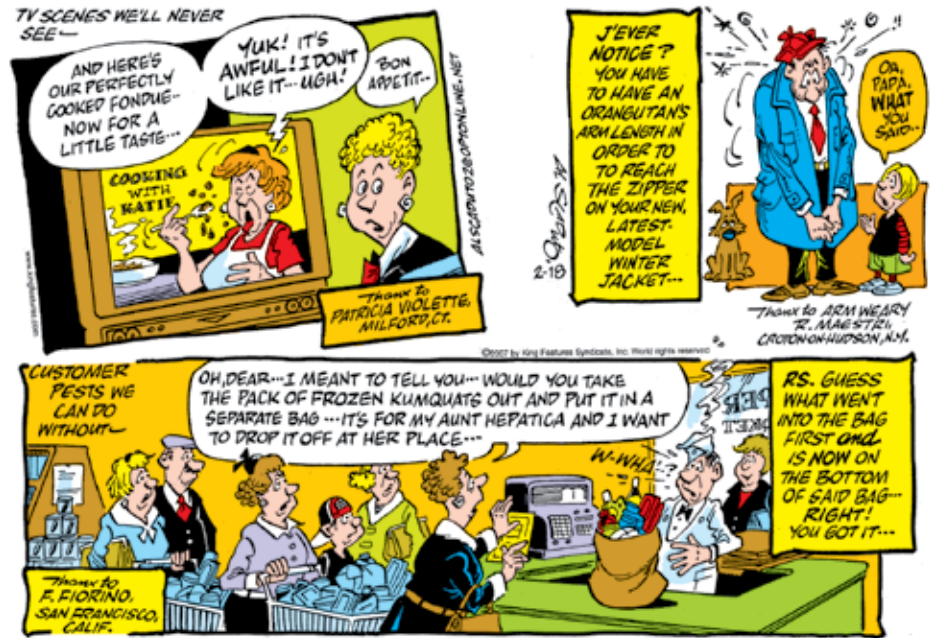
Out on a Limb

by Gary Kopervas



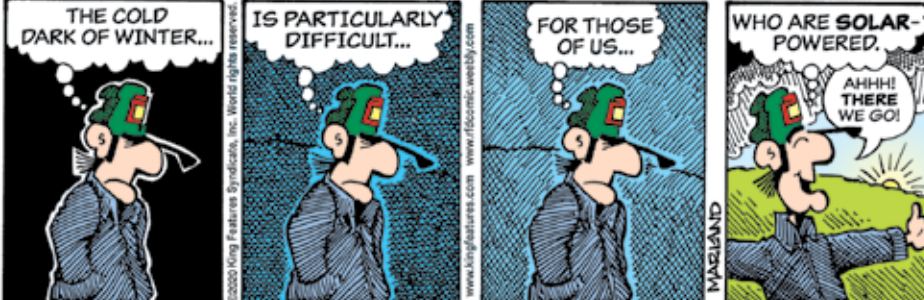
THEY'LL DO IT EVERY TIME

BY AL SCADUTO



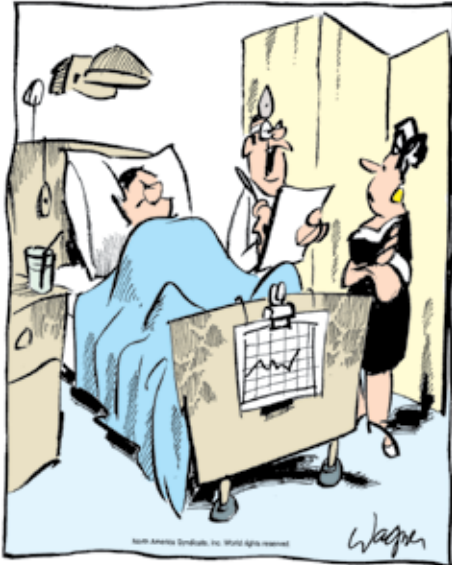
R.F.D.

by Mike Marland



GRIN & BEAR IT

LAFF-A-DAY



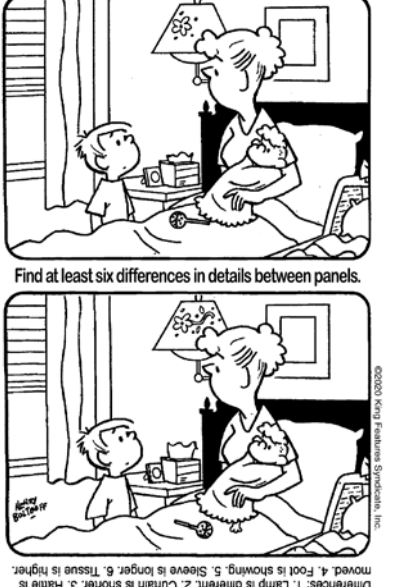
Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTIKOFF

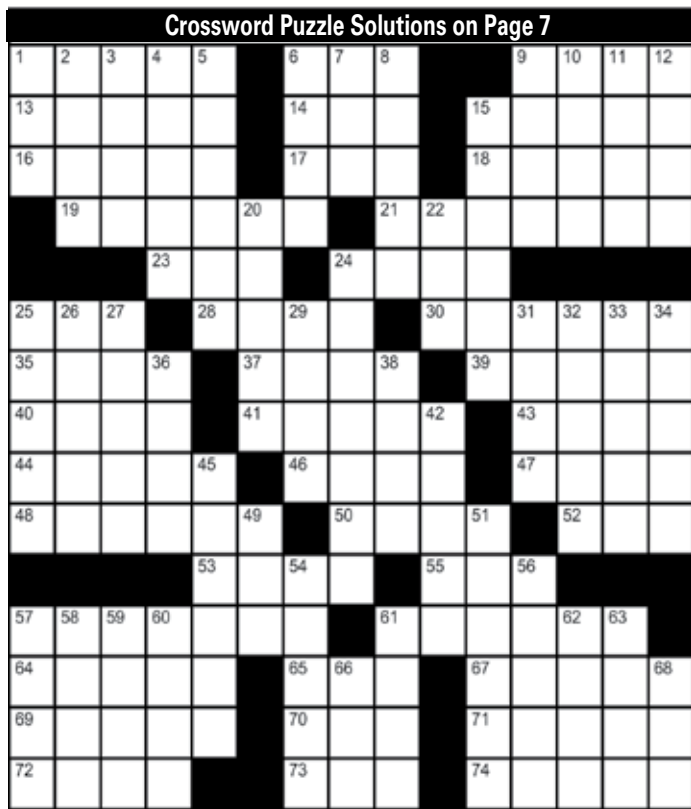


STATEPOINT CROSSWORD • MOVIE CHARACTERS

CLUES

- ACROSS
1. Curaçao neighbor
 6. Lungful
 9. Not on a rolling stone
 13. British unemployment checks
 14. Schiller's famous poem, e.g.
 15. "Will comply" in radio communication
 16. Opposite of liability
 17. Napoleon Bonaparte or Louis Vuitton, e.g.
 18. Embedded design
 19. "Teen with telescopic powers"
 21. "Adventurous professor with fear of snakes"
 23. "He played it in 'Casablanca'"
 24. Sign of escape
 25. Steampunk decoration
 28. Thanksgiving tubers
 30. Fear of flying, e.g.
 35. Bun baker
 37. "CliffsNotes," e.g.
 39. Bound by oath
 40. Nay, to a baby
 41. Bread spreads
 43. "She takes on PG&E"
 44. Sacrificial spot
 46. Wedding promise?
 47. Not yet final
 48. Eats between meals
 50. Blood-related problem
 52. Ship pronoun
 53. Diamond's corner
 55. Be obliged
 57. Name before X
 61. "Orphan who wanted more gruel"
 64. Love between Abélard and Héloïse
 65. Pitching stat
 67. Nostrils, anatomically speaking
 69. Pine
 70. Fleur-de-
 71. Novelist Wharton
 72. "Adopted orphan of"

- DOWN
1. Palindromic title
 2. CISC alternative
 3. "Female Superman foe alongside General Zod"
 4. Afrikaners' ancestors
 5. Off course
 6. First-rate
 7. Nuptial agreement
 8. Version of a song
 9. Mr. Bean's ride
 10. Paella pot
 11. Diagnostic test
 12. Bean that rhymes with Goya
 15. Distance from side to side, pl.
 20. Insect in adult stage
 22. Tiny bite
 24. Most vital part
 25. "A barbarian"
 26. Convex molding
 27. Ladies and _____, for short
 29. "a.k.a. The Mayor of Castro Street"



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dish

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31. "Hutch actor in 2004's 'Stargy & Hutch'"
32. "Famous Frankenstein portrayer"
33. Like Michael Collins
34. "One of Miss Hannigan's orphans"
36. "Russell Crowe's Biblical role"
38. _____ of the trade
42. Bar seat
45. Type of realistic baby doll
49. "Pizzeria owner in 'Do the Right Thing'"
51. Strings
54. Olfactory sensation
56. Avoid
57. Poet Angelou
59. Flock's affirmation
59. Bank's provision
60. Dry or salt
61. Brewer's kiln
62. Great Lake
63. Retired, shortened
66. Spanish river
68. Like a wallflower

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		7					8
1			3				2
3				9			
	3			1	5		
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5				6			

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7



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Deadline for all advertising is Friday noon for the next week's issue.

We are proud members of these newspaper associations.



Gridley Thumbs and Roots



By Barbara Ott

The seed catalogs have arrived. I love looking at all the flowers I could grow. This is virtual dreaming. I'm not putting in new plants or at least not on purpose. How can planting be an accidental endeavor? There are plant pushers out there and they are persistent. Some are friends, some

are people who've heard I might be a soft touch to get rid of unwanted plants. Some catalogs have beautifully drawn examples of the flowers, others have wonderfully accurate photos of the exquisite colors. Some of the new color combinations are so wonderful. Remember when enticed by these unreal colors, they are manmade and hybrid. The seeds of the annual plants, will not come true to the original color. If they are perennials there is a chance that over time the original plant that was developed into this new color will find ways to come back and take over. You'll see this especially in roses and iris. I am a believer of taking a chance if you love the

color. Try it and enjoy it while it exists. There are some great winter flowering plants for our area. One is the winter blooming iris which is a petite purplely wonder. The blooms in my yard are about four to six inches high and are always a surprise when they show up. Hellebores are another great winter flower. There is a white one blooming since Christmas and it is wonderful to behold. Soon a mauve colored one will bloom. Then we have the bulbs. Narcissus and paperwhites are up, as is the little one I call snowbells with its little green spots. All are a bit of fresh newness before spring, glowing on gray foggy days. ★

Slim Randles' HOME COUNTRY



Rural Schools Sometimes Have to Hire Someone Whose Only Qualification is a Pulse

that some of the boys in class ... usually the misbehavers, would raise their hands and ask to go to the john in the middle of a class session. He suspected, when they returned smelling like tobacco, that bodily functions weren't the prime incentive for the trip. So he got a stick and made a big cardboard sign and stuck it in the closet behind his desk. Then, the very next time someone indicated a peristaltic urgency, he stood and smiled and addressed the class. "Everybody up!" he said, smiling. The class stood, looking dumbfounded at each other. "Since going to the restroom in the middle of class is a God-given American right, I believe

it's only fair that we all share a small part of it. So Pete, since you have asked to go, you get to lead the parade to the restroom. Okay now, Cheryl, here's the Potty Patrol sign. You get to carry it. Let's go!" And with John singing his new Potty Patrol song, they all marched over to the restroom and waited outside, chanting, until Pete had finished (in an amazingly short time) and then they all marched back to class with Pete once again leading the way. Strangely enough, the restroom trips dropped dramatically in all of John's classes. Brought to you by our radio show, "Home Country with Slim Randles." Let us know if you like it. I know you know how to find it. ★

Crossword Puzzle on Page 6

A	R	U	B	A		A	I	R		M	O	S	S		
G	I	R	O	S		O	D	E		W	I	L	C	O	
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Sudoku Puzzle on Page 6

8	3	6	2	1	7	4	9	5
2	9	5	6	4	8	3	1	7
4	7	1	3	9	5	8	2	6
9	5	4	7	6	2	1	3	8
1	8	7	5	3	4	9	6	2
3	6	2	1	8	9	7	5	4
6	4	3	8	2	1	5	7	9
7	2	9	4	5	3	6	8	1
5	1	8	9	7	6	2	4	3

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MPG

Dear Dietitian

Best Diets

Commentary by Leanne McCrate

Dear Readers,

Now that we are getting settled into the new year, many of us are working on getting healthier. There is so much information about diets, sometimes it's hard to know what is really good for you. U.S. News rated 35 diets, and coming in first for overall health (not just weight loss) was the Mediterranean Diet; the Flexitarian and DASH Diets tied for second place. A panel of nutrition experts ranked the diets based on seven categories: how easy it is to follow, its ability to produce short-term and long-term weight loss, its nutritional completeness, its safety and its potential for preventing and managing diabetes and heart disease (1). Most of us have heard of the Mediterranean diet, but it was American scientist Ancel Keys who first correlated the diet with health benefits (2). It is a plant-based diet rich in fruits, vegetables, whole grains, nuts, and olive oil. Moderate amounts of fish, poultry, and dairy serve as protein sources, but red meat is eaten no more than once a week. Red wine is allowed in moderation, as well as caffeine (3). DASH is an acronym for Dietary Approaches to Stop Hypertension. This diet emphasizes whole grains, fruits, and vegetables. It is low to moderate in fat and allows 6 oz meat per day. The DASH diet reduces salt to one teaspoon per day, or 2,300 mg. Keep in mind this includes the amount of salt already in the food before using the salt shaker. Studies have shown that it improves high blood pressure in as little as two weeks. Caffeine and alcohol are permitted in moderate amounts (4). Flexitarian combines the words flexible and vegetarian. The term was coined by dietitian Dawn Jackson Blatner, who published the first book on flexitarianism. It is basically a plant-based diet that allows limited amounts of fish and meat. Alcohol and caffeine are not restricted, but it's wise to use them in moderation (5). This diet is easy to follow and as the name implies, its ease lies in its flexibility. The common thread throughout these diets is to eat more plant foods and less meat. Try to plan your meals around fruits, vegetables, and whole grains. For example, a whole wheat pasta with sun-dried tomatoes, olive oil, herbs and seasonings, more veggies, and sprinkled with fresh parmesan cheese makes a delicious entrée. Fresh fruit with a touch of whipped cream will satisfy your sweet tooth. It takes conscious effort and planning to change your eating habits. When making a lifestyle change, give yourself at least 4-6 weeks to get accustomed to it. If you "fall off the horse," get back in the saddle. That's the only way you'll learn to ride. Until next time, be healthy! Dear Dietitian

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5. Derbyshire EJ. Flexitarian diets and health: Leanne McCrate, RD, LD, CNSC, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★

SPARKY'S CORNER

Vehicle Fires

On average, 33 vehicle fires are reported per hour, and these fires kill one person a day. Cars and other passenger vehicles account for the vast majority of vehicle fires and associated losses. While only about 19% of vehicle fires actually occurred on highways and 17% were in parking lots; 33% occurred on streets, roads or driveways. When vehicles burn in driveways the fire often spreads to the home causing more damage and endangering the lives of people inside. CAL FIRE/Gridley Fire Department would like to offer these helpful tips:

Most vehicle fires resulted from mechanical or electrical failures or malfunctions.

• Have your vehicles inspected at least annually by a trained, professional mechanic.

• Watch for fluid leaks under vehicles, cracked or blistered hoses, or wiring that is loose, has exposed metal or has cracked insulation.

• Have any fluid leaks, damaged hoses or wiring repaired as soon as possible.

• Be alert to changes in the way your vehicle sounds when running, or to a visible plume coming from the tailpipe. A louder than usual exhaust tone, smoke coming from the tailpipe or a backfiring exhaust could mean problems or damage to the high-temperature exhaust and emission control system on the vehicle.

If a vehicle fire occurs:

• Pull off to the side of the road and stop as soon as safe to do so. Avoid areas of vegetation.

• Turn off the ignition to shut off electric systems and stop the flow of fuel.

• Keep the hood closed, more air will make the fire bigger.

• Make sure everyone gets out of the vehicle and stays at least 100 feet away, be aware of traffic.

• Call 9-1-1. Firefighters are specially trained to combat vehicle fires; never try to fight a vehicle fire yourself.

PG&E is Seeing Twice the Number of Scams Targeting Customers by Phone

By Paul Moreno,
Pacific Gas and Electric Co.

CHICO, CA (MPG) - Pacific Gas and Electric Co. (PG&E) is alerting its customers to be aware of ongoing scam phone calls with criminals threatening to shut off power if a payment is not made. There have been double the number of scam attempts, in some areas, compared to this time last year.

PG&E's Corporate Security department has received several reports in the past few weeks regarding scammers requesting payment

on past due utility bills immediately with a cash card.

"In the past, we've seen scammers demanding payment be made using a Green Dot card or Money Pack but now we're seeing these criminals requesting payment with a gift card. This should raise a red flag," said Carl Schoenhofer, senior manager of PG&E's North Valley Division.

Another new trend that PG&E is seeing is that the scam is becoming more detailed. Scammers include specific names of customers, and in some cases, guessing general dollar amounts owed. They are also

disguising their true phone numbers with a caller ID that says "PG&E" or "Pacific Gas & Electric."

Other scam phone call tactics include:

Notifying residents that they are eligible for a federal tax refund related to their utility bill;

Trying to sell services related to solar evaluation; and

Claiming to represent a PG&E initiative to sell a product in order to gain access to their home.

PG&E offers the following tips to help protect customers from all types of potential scams:

PG&E will not ask for personal information or a credit card number over the phone. Anyone who has received such a phone call and provided credit card or checking account information should report it immediately to the credit card company or bank and law enforcement;

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Customers should always ask to see identification before allowing

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The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207-October 29, 1951

Legal Advertising
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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001411

The following persons are doing business as: GUIDO'S RECYCLING
1364 Highway 99 Unit B Gridley, CA 95948
Adrian Guido Penaloza, 1058 Sage Street Gridley, CA 95948 and Victor Hugo Guido Penaloza, 1058 Sage Street Gridley, CA 95948
Date Filed in Butte County: December 17, 2019
The Registrant commenced to transact business under the above business name on: N/A
This Business is Conducted by: General Partnership
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: December 27, 2019 January 3, 10, and 17, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001408

The following persons are doing business as: OROVILLE SPORTS CLUB
2600 ORO DAM BOULEVARD OROVILLE, CA 95966
Oroville Hospital, 2767 Olive Hwy Oroville, CA 95966
Date Filed in Butte County: December 17, 2019
The Registrant commenced to transact business under the above business name on: 1/1/2020
This Business is Conducted by: Corporation
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: January 3, 10, 17, and 24, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001446

The following persons are doing business as: JRA EXCAVATING
4828 Powerhouse Hill Road Oroville, CA 95965
Jeffrey Richard Alexander, 4828 Powerhouse Hill Road Oroville, CA 95965
Date Filed in Butte County: December 31, 2019
The Registrant commenced to transact business under the above business name on: 12/30/2019
This Business is Conducted by: Individual
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: January 10, 17, 24, and 31, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001321

The following persons are doing business as: UNCOMMON WORKS
1698 Hazel Street Gridley, CA 95948
Morgan A Brynnan, 1698 Hazel Street Gridley, CA 95948
Date Filed in Butte County: November 20, 2019
The Registrant commenced to transact business under the above business name on: 5/16/2014
This Business is Conducted by: Individual
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: January 17, 24, 31, and February 7, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001413

The following persons are doing business as: KLEMCO
1115 E Ewald Court Suite C Paradise, CA 95969
Aaron Jayme Klemenok, 1115 E Ewald Court Suite C Paradise, CA 95969
Date Filed in Butte County: December 18, 2019
The Registrant commenced to transact business under the above business name on: 12/18/2019
This Business is Conducted by: Individual
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: December 27, 2019 January 3, 10, and 17, 2020 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #19CV03759

1. Petitioner Derrek Klemco filed a petition with this court for a decree changing names as follows:

Present name Derrek Wayne Klemco	Proposed name Derrek Wayne Gordon
--	---

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing January 29, 2020 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
Publish: January 3, 10, 17, and 24, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001441

The following persons are doing business as: ANGELS WHO CARE
1459 East Lassen Apt #81 Chico, CA 95973
Francean Elizabeth Kennedy, 1459 East Lassen Apt #81 Chico, CA 95973 and Beverly Mary Miles, 1477 Peach Street Gridley, CA 95948
Date Filed in Butte County: December 30, 2019
The Registrant commenced to transact business under the above business name on: 10/11/2018
This Business is Conducted by: General Partnership
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: January 10, 17, 24, and 31, 2020 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000030

The following persons are doing business as: WILSON'S RENTALS
878 Palermo Road Oroville, CA 95965
Phillip Leroy Wilson, 878 Palermo Road Oroville, CA 95965
Date Filed in Butte County: January 8, 2020
The Registrant commenced to transact business under the above business name on: NA
This Business is Conducted by: Individual
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: January 17, 24, 31, and February 7, 2020 (The Gridley Herald)

PUBLIC ANNOUNCEMENT

VACANCY FOR SCHOOL BOARD MEMBER

The Biggs Unified School District is seeking interested persons in the Biggs/Richvale community to apply for a vacancy on the Board of Trustees. This person will serve until November 30, 2020.

You must be a registered voter and a resident within the boundaries of the Biggs Unified School District. Any person who wishes to be considered must submit a letter of application to the Board by 4:00 pm on January 31, 2020 at the District Office, 300 B Street, Biggs.

The Board will interview applicants in public session at the regular Board meeting on February 13, 2020 at 5:30 pm in the Boardroom.

If you have any question or need further assistance please contact Donna Cyr at 530-868-1281 x250 or email at dcyr@biggs.org.

INVITATION TO BID

Sealed proposals for the work shown on the plans and contract documents entitled: CITY OF BIGGS; DEPARTMENT OF PUBLIC WORKS SAFE ROUTES TO SCHOOL 2ND STREET SIDEWALK PROJECT, CITY PROJECT NO. 19-04, FEDERAL AID PROJECT NO. CML-5128(013) will be received at City Hall of the City of Biggs, 465 C Street, Biggs, CA 95917 until 2PM on February 4th, 2020, at which time they will be publicly opened and read.

General work for this project consists of constructing new sidewalks, curb and gutters, ADA-compliant ramps, intersection crosswalks, and install new sidewalk to make a complete roadway as show on these plans. All are to be constructed, furnished, and installed as shown on the plans, as specified herein, and as directed by the Engineer.

THIS PROJECT IS SUBJECT TO THE "BUY AMERICA" PROVISIONS OF THE SURFACE TRANSPORTATION ASSISTANCE ACT OF 1982 AS AMENDED BY THE INTERMODAL SURFACE TRANSPORTATION EFFICIENCY ACT OF 1991. Bids are required for the entire work described in the Plans and Specifications. The contractor shall possess either a Class A license or a combination of licenses classes required for all work at the time this contract is awarded. This contract is subject to state contract nondiscrimination and compliance requirements pursuant to Government Code, Section 12990. All proposals must be made on the forms as contained in these bidding requirement sheets and shall in all respects comply with the Notice to Contractors and Contract Documents.

Plans and specifications (Contract Documents) for bidding this project are available for download on the CIPList website for City of Biggs projects: <http://www.ciplist.com/plans/7Biggs-city/2457>. Please direct questions to the Project Manager, Trin Campos, email trcampos@ben-en.com no later than 7 calendar days before bid opening.

Pursuant to Section 1770 of the Labor Code, the general prevailing wage rates in the county, or counties, in which the work is to be done have been determined by the Director of the California Department of Industrial Relations. These wages are set forth in the General Prevailing Wage Rates for this project, available at the County of Butte and available from the California Department of Industrial Relations' Internet web site at <http://www.dir.ca.gov>. The Federal minimum wage rates for this project as predetermined by the United States Secretary of Labor are included in this document issued for bidding purposes. Addenda to modify the Federal minimum wage rates, if necessary, will be issued to holders of this Proposal and Contract document. Future effective general prevailing wage rates which have been predetermined and are on file with the California Department of Industrial Relations are referenced but not printed in the general prevailing wage rates.

Attention is directed to the Federal minimum wage rate requirements in these special provisions. If there is a difference between the minimum wage rates predetermined by the Secretary of Labor and the general prevailing wage rates determined by the Director of the California Department of Industrial Relations for similar classifications of labor, the Contractor and subcontractors shall pay not less than the higher wage rate. The Department will not accept lower State wage rates not specifically included in the Federal minimum wage determinations. This includes "helper" (or other classifications based on hours of experience) or any other classification not appearing in the Federal wage determinations. Where Federal wage determinations do not contain the State wage rate determination otherwise available for use by the Contractor and subcontractors, the Contractor and subcontractors shall pay not less than the Federal minimum wage rate which most closely approximates the duties of the employees in question.

The Engineer's Estimate for this project Base Bid is \$122,000.

The Gridley Herald 1-17-2020

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2020-0000040

The following persons are doing business as: OROVILLE HOSPITAL POST ACUTE CENTER
1000 Executive Parkway Oroville, CA 95966
1000 Executive Parkway LLC, 2767 Olive Highway Oroville, CA 95966
Date Filed in Butte County: January 10, 2020

The Registrant commenced to transact business under the above business name on: 2/24/2014
This Business is Conducted by: Limited Liability Partnership
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: January 17, 24, 31, and February 7, 2020 (The Gridley Herald)

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SPORTS

Bulldogs Basketball Split Victories with Live Oak Lions at Home



Gridley High School boys varsity basketball player, Josue Jauregui (#20) flies high for the layup at home against Live Oak High School on Friday, January 10, 2020. Photo Courtesy of Joshua Porcayo



Live Oak High School boys JV basketball player, Ta'jon Bloomer (#11), drains a 3-point shot against Gridley High School on Friday, January 10, 2020. Photo Courtesy of Joshua Porcayo



Gridley High School boys JV basketball player, Tyler Farr (#13) shoots a free throw during their home game against Live Oak High School on Friday, January 10, 2020. Photo Courtesy of Joshua Porcayo



Gridley High School boys varsity basketball player, Spencer Cron, directs the offense with a hand signal during their home game against Live Oak High School on Friday, January 10, 2020. Photo Courtesy of Joshua Porcayo



Live Oak High School boys varsity basketball player, Esaias Arredondo (#11) takes charge of the offense against Gridley High School on Friday, January 10, 2020. Photo Courtesy of Joshua Porcayo

lead. The Lions came out hungry in the third quarter putting up 13 points with help from Riley Cross to regain the lead 41-40. The fourth quarter was a back and forth battle for the win, with Live Oak scoring 11 points and Gridley scoring 10 points. The Lions took the victory 52-50.

Bloomer led the Lions with 19 points and 16 rebounds. Velasquez put up 12 points with five rebounds and three steals. Cross scored

11 points with 13 rebounds. Noah Jeffords scored five points and Karmuri Gosal put up two points with five rebounds.

The Bulldogs were led by Shay Carr with 13 points, followed by Farr with 11 points. Jorge Ramirez and David Gonzalez scored eight points each. Jason Monarrez scored five points, David Jauregui scored three points, and Jaskaran Gakhal scored two points in the game. ★

By Joshua Porcayo

GRIDLEY, CA (MPG) - Gridley High School varsity basketball hosted crosstown rival, Live Oak High School, on Friday, January 10, 2020, in their seventeenth contest of the season.

Entering the game with a 10-6 record, the Bulldogs looked to put the Lions (6-11 record) away fast early in the game, but the Lions kept pace in the first half. Gridley captains, Grant Tull and Tony Murillo, led the charge for the Bulldogs early and often. Esaias Arredondo and Charles Johnson kept the offense fluid in the first quarter for the Lions. The Bulldogs led 19-13 after the first quarter and kept pace into halftime with an additional 16 points in the second quarter. At halftime, the Bulldogs had a 35-26 lead and complete control of the game going into the locker room. In the third quarter, the Bulldogs bench played a pivotal role to the 20 point quarter that increased their lead 59-39. By the end of the fourth quarter, all Gridley players had scored at least two or more points in the 81-45 victory.

Tull led the Bulldogs with 29 points, followed by Murillo with 19 points. Chance Nicolson scored seven points with Josue Jauregui, Colby Norton, and Cameron Erickson scoring four points. Cameron Carr and Spencer Cron put up three points, and Cesar De La Torre and Anthony Hiestand scored two points. The Bulldogs finished with an impressive 26 defensive rebounds in the game.

The JV contest earlier in the evening was a back and forth thriller ending in a two point differential. A game like that could be the difference in a couple of missed free throws, a rebound that wasn't secured, or a bad pass for a turnover. The Lions got things rolling in the first quarter taking a 17-13 lead with help from Ta'jon Bloomer and DJ Velasquez. Gridley's Shay Carr and Tyler Farr helped keep pace with the Lions in the first quarter. In the second quarter the Bulldogs found their groove, putting up 18 points to Live Oak's 11 points. The Lions, Hearveer Butter, hit a big 3-point shot right before half-time to keep the game close as the Bulldogs regained the momentum and took a 31-28

Gridley High School Wrestling is Victorious on the Mats



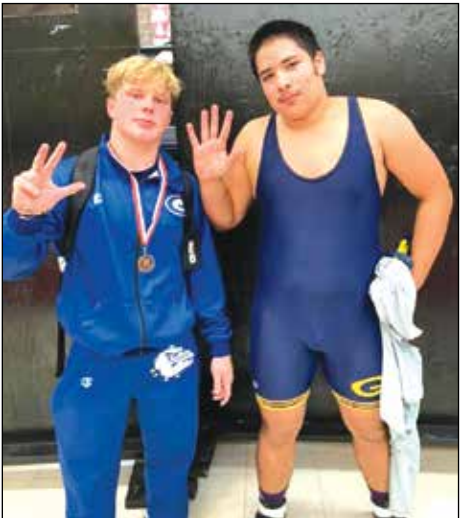
Gridley High School wrestlers pose for a picture after placing at the Sutter High School Invitational Tournament on Friday, January 10, 2020. Pictured left to right on top row: Pablo De La Cruz and Emmanuel Martinez. Front row: Demetria Zepeda, Angela Gutierrez, Malia Montero, and Regan Azevedo. Photo Provided by Malanee Montero



Gridley High School wrestler, Dallas Stevens, poses for a picture wearing his championship medal after placing first at the Joe Rios Memorial Wrestling Tournament on Saturday, January 4, 2020. Photo Provided by Malanee Montero

By Joshua Porcayo

GRIDLEY, CA (MPG) - Gridley High School wrestling has been busy in recent weeks competing in tournament after tournament. On Saturday, December 21, 2019, a few Bulldog wrestlers traveled to Wheatland



Gridley High School wrestlers, Jaden Taylor (left) and Miko Montero (right), pose for a picture after placing 3rd and 5th (respectively) during the Wheatland Wrestling Tournament on Saturday, December 21, 2019. Photo Provided by Malanee Montero

High School to compete in a tournament. For the varsity boys, Jaden Taylor wrestled at the 152 pound weight class. Taylor finished in 3rd place at the tournament. Miko Montero wrestled in the 285 pound weight class and finished in 5th place at the tournament.

On January 3rd and 4th, 2020, Gridley varsity wrestler, Dallas Stevens, traveled to Chico High School to compete in the seventh annual Joe Rios Memorial Wrestling Tournament. This tournament is one of the best in the area bringing in competitors from all over the north state. In Stevens' first three matches, he tech'd all three opponents before the third round. A tech, abbreviated for technical fall or technical superiority, is when a wrestler beats an opponent by a specified amount of points in a match. It's wrestling's equivalent to the mercy rule. Stevens beat his first opponent from Yuba City High School, his second opponent from Turlock High School, and his third opponent from Red Bluff High School; all by fifteen points. His fourth opponent, in the semi-final round, came against Oakmont High School. This opponent proved to be the most difficult in the tournament for Stevens as he went on to win by a score of 7-5. In the championship round, Stevens faced off against the #1 seed from Vista Del Lago High School. Stevens won the 141 pound weight class championship when he pinned his opponent in the first round with about 30 seconds left in the round.

On Friday, January 10, 2020, Gridley varsity and JV wrestlers traveled to Sutter High School to compete in the Sutter Invitational Wrestling Tournament. The varsity girls came out to wrestle as they had ten pins between the four of them. Malia Montero had four pins and finished first place in the 131 pound weight class. Regan Azevedo had two pins and finished first in the 150 pound weight class. Angela Gutierrez had three pins and finished first in the 170 pound weight class. Demetria Zepeda had one pin and finished third in the 150 pound weight class. Montero and Gutierrez pinned their opponents in the championship round for the victory.

For the JV boys, Emmanuel Martinez placed second in the 132 pound weight class and Pablo De La Cruz placed second in the 138 pound weight class. ★

Lady Lions Basketball Lose at Home against Visiting Gridley



Gridley High School girls varsity basketball player, Ally Mardesich (#21), looks to pass under the hoop as Live Oak defenders, Brianna Gomez (#1) and Makenna Douglas, close in on her during their game on Friday, January 10, 2020. Photo Courtesy of Joshua Porcayo

By Joshua Porcayo

LIVE OAK, CA (MPG) - The varsity Lady Lions have struggled finishing games this season, but their win loss ratio doesn't tell the complete story. Their determination to persevere on the court this season has been admirable, losing by slim margins in a number of games. On Friday, January 10, 2020, the Lady Lions hosted crosstown rival, Gridley High School, once again showing their grit to hang with the best of them.

In the first quarter, Brianna Gomez led the Lady Lions with four points to keep the game close

12-11. Tanya Dulai hit a 3-pointer in the first quarter, with Hailey Medeiros and Makenna Douglas contributing two points each for the Lady Lions. Lady Bulldog, Ally Mardesich, sunk two 3-pointers for six points in the first quarter, with help from Kennedy Tull and Sierra Brady to keep the lead. After the first quarter, the Lady Bulldogs found their groove dropping 17 points on the Lady Lions to take a 29-19 lead into halftime. By the end of the third quarter, the Lady Bulldogs increased their lead over the Lions 38-24 when Brady scored five points in the quarter. The Lady Lions

couldn't keep pace with the quick pace of the Lady Bulldogs and fell by a score of 55-31.

Gomez, Medeiros, and Calihan Vrablick led the scoring for the Lady Lions with six points each in the game. Douglas added five points, Dulai and Ryelin Jansen each scored three points, and Cristabel Garcia finished with two points.

Tull led the Lady Bulldogs with 15 points, followed by Brady with 12 points and Mardesich with 10 points. Haley Gustavsen put up six points, Lupita Soria added five points of her own, Marysa Taylor scored four points, Briana Luquin scored two points, and Isabelle Hernandez scored one point.

During the JV game earlier in the evening, Gridley cruised to a 50-14 victory over the Lady Lions. Freshman, Ella Sannar, led the Lady Bulldogs in scoring with 18 points, followed by fellow freshman, Kennison Cota, with 12 points. Karina Alejo scored eight points, Sabrina Flores and Avery Weagant scored four points, and Deana Watson and Estefanie Leyva scored two points. ★



GRIDLEY HIGH SCHOOL

HOME OF THE BULLDOGS

December Athlete of the Month



Malia Montero
Junior - Varsity Wrestling

Malia turned in several strong performances at tournaments in December. She finished 2nd at the Doc Peterson Tournament in Orland and recorded 4 pins on her way to taking 1st place in the Durham Tournament.



GRIDLEY HIGH SCHOOL


HOME OF THE BULLDOGS

December Athlete of the Month



Dallas Stevens
Junior - Varsity Wrestling

Dallas is one of the top ranked wrestlers in the section at his weight class, and is currently ranked 27th in the state. He finished 2nd at the Doc Peterson Tournament in Orland and won the Joe Rios Tournament at Chico High.

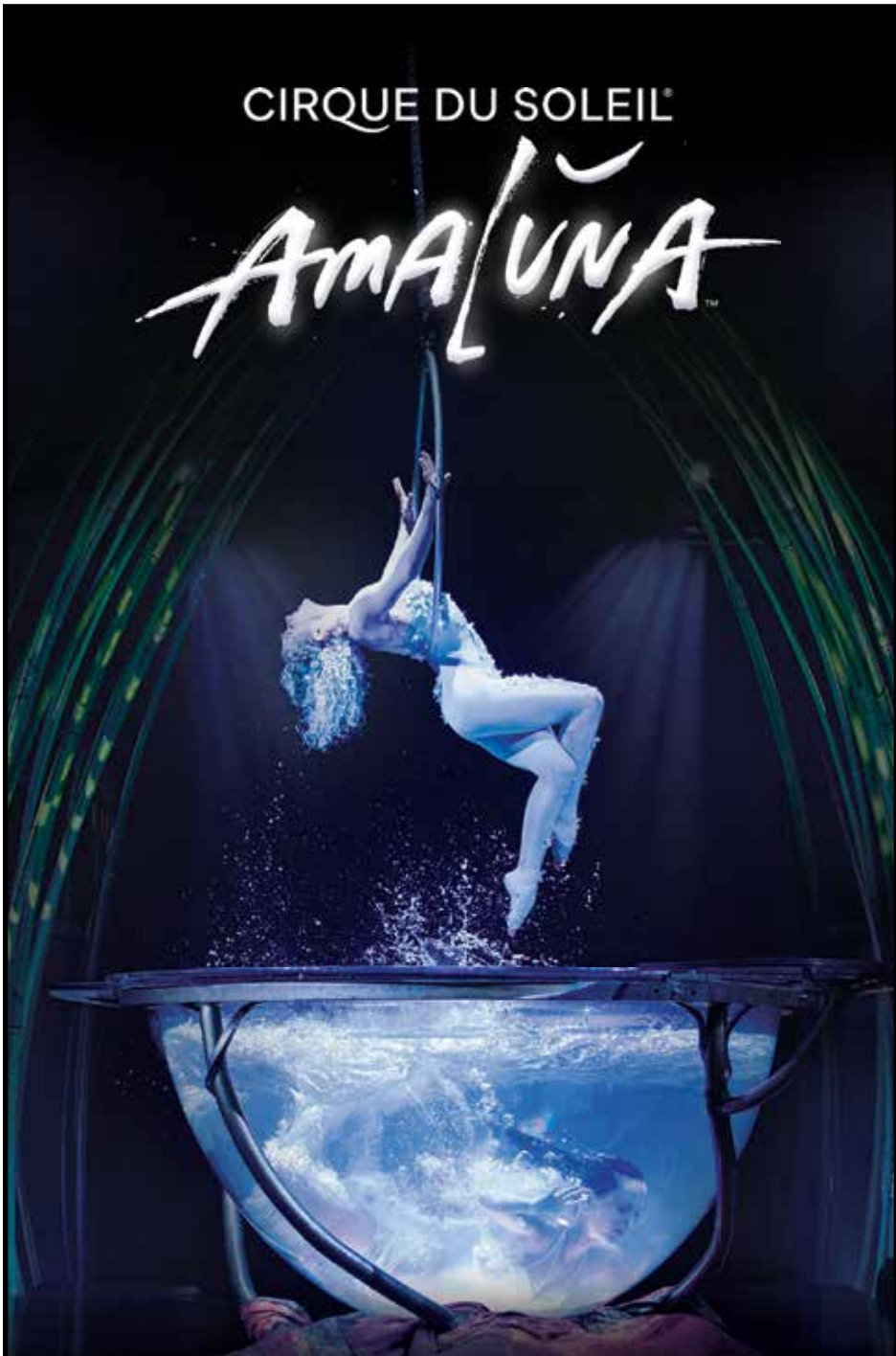






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ACLU & CA Dep. of Education Misleading Parents on Opt-Out Rights

**Commentary by Greg Burt,
California Family Council (CFC)**

education opt-out, claiming LGBT orientations, identities, and family issues don't count as health instruction. **

ADF attorneys strongly disagree. While acknowledging the statute doesn't define the term, ADF's memo says AB 2525 broadly defines "instruction in health" pointing to the California State Board of Education's own "Health Education Content Standards." Topics listed within these standards include sexual development, reproductive health, interpersonal relationships, body image, gender roles, and sexual orientation.

In order to promote the AB 2525 health instruction opt-out, two organizations allied with the California Family Council, Real Impact and Capitol Resource Institute put together a special website called "Let Parents Decide." This resource seeks to put parents back in charge of determining what their children learn about human sexuality. It does this by providing them with a special opt-out notice parents can give their school administrators to opt their children out of objectionable sex education lessons, sexual behavior surveys, as well as health lessons that conflict with the family's religious training or moral convictions regarding gender identity and sexual orientation.

****Special Note: The ACLU argues that a single court decision in Alameda County in 2009 excludes LGBT issues from the definition of "health education." (see page 4) Pacific Justice Institute attorney Kevin Snider, representing the parents in the case, responded with the following statement. "The ACLU has either misread -- or has been misled -- about the case in Alameda. First, the school district asserted that the curriculum did not involve health instruction and thus not subject to parental opt-out. Second, shortly after filing an appeal of the court order, the district withdrew the controversial material. The reason is that, at the insistence of homosexual activists, the anti-bullying lesson in question exclusively focused on LGBT students and intentionally kept out bullying based on race, sex, disability, nationality, and religion. Finally, ACLU attorneys should be aware that a trial court order provides no legal precedent."** ★

Despite what the California Department of Education (CDE) and the American Civil Liberties Union (ACLU) have been telling school districts, parents do have the right to opt their children out of sex education and health lessons on gender, gender identity, and sexual orientation. Attorneys with Alliance Defending Freedom (ADF) explained these rights in a recent legal memo highlighting a 15-year-old California law specifically giving parents the right to opt their children out of health instruction that conflicted with the family's religious or moral views.

AB 2525, approved unanimously by the state legislature in 2004, states that "if any part of a school's instruction in health conflicts with the religious training and beliefs of a parent or guardian of a pupil, the pupil, upon the written request of the parent or guardian, shall be excused from the part of the instruction that conflicts with the religious training and beliefs, as defined in the bill."

Despite this statute, the message parents are getting from many California school districts is the opposite. For example, the Orange County Board of Education told its school districts last spring that parents can't opt their children out of lessons on gender identity and sexual orientation. That policy was supported by a memo from Ronald Wenkart, General Counsel for the Orange County Department of Education. "Parents who disagree with the instructional materials related to gender, gender identity, gender expression, and sexual orientation may not excuse their children from this instruction," he wrote.

CDE makes the same argument on its website stating an opt-out is available for comprehensive sex education lessons that are part of the California Healthy Youth Act, but that's it. The opt-out "does not apply to instruction or materials outside the context of comprehensive sexual health education, including those that may reference gender, gender identity, sexual orientation, discrimination, bullying, relationships, or family." To back up this claim the CDE refers to an ACLU memo which sites the California Healthy Youth Act, and disregards AB 2525 health



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