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Small but Mighty: North Valley Sparrow Foundation



Above: The North Valley Sparrow Foundation's mighty 5 board members at last year's "Bollywood" themed fundraiser gala. The gala is held in September of each year and is the non-profit's main fundraiser. Pictured left to right: Michelle Solis, Kimberly Fesler, Cheryl Argetsinger, Kathryn Sheppard and Jennah Terry. Photo provided by Jennah Terry. Right: Pictured is Discovery Shoppe volunteer (left) presenting a check to Kathryn Sheppard, member of the North Valley Sparrow Foundation for \$10,000. Photo provided by the NVSF

By Seti Long

GRIDLEY, CA (MPG) - A group of five ladies from the Gridley and the surrounding areas have been making a big difference in the lives of cancer patients in north-state communities.

Founded just under three years ago, the non-profit North Valley Sparrow Foundation, has made it their mission to provide funds to local cancer patients in rural northern California counties to help alleviate some of the burdens created by a cancer diagnosis. The group, who has had cancer touch their lives and families in some way, provides financial aid for

transportation costs, housing expenses, personal care necessities and emotional wellness for both the patients undergoing treatment and their caregivers.

According to their website, they named the organization after the sparrow "because it symbolizes love, protection, simplicity and community" and "teamwork and hard work are what make the strong sparrows productive, despite their small size." It's fitting, seeing that in the short time that they have been together, the

NVSF has been able to accomplish much.

Recently they were the recipients of a marketing grant from the Discovery Shoppe League Inc. in Chico – a fellow non-profit invested in supporting the community, specializing in counseling needs for the last 60 years.

Continued on page 3

Valley Fever Cases in California Remain High

By Corey Egel, CDPH

SACRAMENTO REGION, CA (MPG) - The California Department of Public Health (CDPH), in collaboration with local health departments, is reminding the public and healthcare providers that Valley fever cases typically peak in the fall.

Since 2014, there has been a steady increase in the number of Valley fever cases in California. In 2018, more than 7,500 Valley fever cases were confirmed, and early case counts for 2019 indicate that Valley fever activity remains high. As of November 19, over 7,000 likely cases have been reported. Incidence is particularly high in the Central Valley and Central Coast regions of California, including Kern, San Luis Obispo, Kings, Fresno, Tulare, Monterey, and Merced counties.

"People who live, work, or travel in areas where Valley fever is common are at higher risk of getting infected, especially if they work outdoors or participate in activities where soil is disturbed," said Dr. Sonia Angell, State Public Health Officer and CDPH Director. "If you have symptoms that include cough, fever, or difficulty breathing for more than a week, we encourage you to talk to a healthcare provider."

A person can help reduce the risk of infection by avoiding breathing in dirt or dust in areas where Valley fever is common. In these areas, when it is windy outside and the air is dusty, stay inside and keep windows and doors closed. While driving, keep car windows closed and use recirculating air conditioning, if available. If individuals must be outdoors, they should consider wearing a properly fitted mask (such as an N95 respirator mask) when the air is dusty, and avoid disturbing the soil whenever possible.

Valley fever, also known as coccidioidomycosis, or "cocci", is caused by breathing in the spores of a fungus that grows in the soil and dirt in certain areas of California. The fungal spores, which are too small to see, can be present in dust that gets into the air when it is windy or when soil is disturbed, such as through digging during construction. This fungus usually infects the lungs and can cause respiratory symptoms including cough, fever, chest pain, and tiredness. In most people, the infection will go away on its own, but anyone who has these symptoms for

Continued on page 3

Pearl Harbor Unearthed

By Seti Long

GRIDLEY, CA (MPG) - In 1983 Lance Corporal James Thomas was stationed at Marine Corps Air Station Kaneohe Bay, originally Naval Air Station Kaneohe Bay on the windward side of Oahu. The Marine spent two years on the island, but during the year of '84' he stumbled upon something that he would treasure for a lifetime.

"I was on guard one night, and I was guarding a bunker on the flight tower. And right in the middle of the base on Kaneohe there's this field... The bunker kind of goes into the side the mountain so it's kinda a little flat area and then a slope. So, I was going up the slope, you know, checking all around and coming down the slope – it was just sticking in the dirt about this much (he holds his fingers about an inch apart), just enough where I could trip over it. And that's how



Retired Lance Corporal James Thomas holds the shell casing from a 99-1 Cannon gun used by the Japanese in WWII and the background information on how the bullet made its way to the Japanese fighter plane guns. Photo by Seti Long

I found it..." He shares how he trudged back up the hill the annoyed at whatever had made him trip and tumble down the hill. He dug the bullet shell out of the earth, thinking

that it was a flare casing due to its large size "Well that's kinda neat" Thomas thought. He took it to his supervisors for inspection and they agreed that it was an old sea-plane flare. For

some reason they allowed him to keep it instead of recycling it like they would have typically done.

Years later, he realized that something was off with

Continued on page 3

The New Pi-Line



**The new Pi-Line
Honoring Publisher
W.D. Burleson
By Josh F.W. Cook**

There's a great story about a guy who was sitting in Sunday School while the lesson on Biblical humility was being shared. When question and comment time came around, he raised his hand to tell everyone in class how good he was at being humble, and that he liked this lesson.

Every once in awhile I think I'm really awesome, and then I spend time with a genuinely great person, and I realize I should keep to myself or I will come across like that guy in Sunday School Class. One of the great things about my job is getting to meet and spend time with amazing people, and it is humbling to be with seasoned people who have accomplished much with their lives.

Tirso DelJunco is my friend. He keeps me humble if ever I start to expound on my greatness. Here is his United States State Department of State Biography: Tirso del Junco M.D., born in Havana, Cuba, resided in the United States since 1949, married to a native Californian of Mexican American heritage, they have four children. He is a General Surgeon, Diplomat American Board of Surgery, Fellow American College of Surgeons. Graduate from the University of Havana medical school. Former president of the medical staff of Queen of

Angeles and Santa Marta Hospitals, Los Angeles; he is also a member of the medical staff of Saint Vincent and Good Samaritan Hospitals. Assistant Clinical Professor of Surgery, California College of Medicine - Irvine. He is Founder and Former Chairman of Los Angeles National Bank.

He was Chairman and Member of the Board of Regent of the University of California. He was Chairman and Member of the Board of Governors of the United States Postal Service. He is a former delegate to the United States Delegation to the 22nd Conference UNESCO. Former Chairman of the California Republican Party 1980 and again in 1993. Delegate to the Republican National convention 1968, 1972, 1976, 1980, 1984, 1988, 1992, 1996, 2000, 2004, 2008, and 2012. Former Captain United States Army and Chief of Surgery of Camp Hanford Army Hospital. Former medical officer Cuban Army of liberation "Bay of Pig." He is a Member of the American Federation of Television and Radio Arts. Former Ambassador Sovereign Military Order of Malta to Nicaragua. He is a Former Member of the 1948 Cuban Rowing Olympic team in London, England. Recipient of numerous awards, including Americanism medal, Daughters of American Revolution. He is a Member of the Knight of Magisterial Grace Sovereign Military Order of Malta. He also served as a member of the Board of Visitors of the United States Naval Academy and the Reserve Orange County Sheriffs Professionals. He is President and Chairman of the Board of the Hollywood Park Charities.

My daughter Rosa and I

went to Tirso's home this summer, and he took her through his living room full of photos of himself with various world leaders. When he was State Party Chairman, he backed a guy named Reagan for Governor and President (good move).

What is not written is the fantastic part of the story. When Fidel and Raul Castro violently took over Cuba, they tried to murder Tirso and his family. Tirso actually went to school with those two guys. If you look on Google maps now and find the Chinese Embassy in Cuba, that is the home DelJunco was born in. The Castro's gave it to the Chinese because they hated Tirso and wanted to send a message.

Now, Fidel is dead, and Raul sits at the head of the greatest failed experiment in the history of government - ever. Cuba has been ruined, and the Cuban people who could not escape the murderous Castro brothers live 60 years behind the rest of the world on every measurable gauge of wellness, prosperity, and standard of living. Tirso, on the other hand, lives in Orange County close to his successful, beautiful, and above-average children (and grandchildren). Well into his nineties, he still politics, and is called upon by leaders for advice and counsel. He has dedicated his entire life to making sure America does not test drive communism, as he has seen his homeland absolutely destroyed by the corruption and murder that always follows socialism.

Rosa and Tirso speak to each other in Spanish. As I watch them interact, I am humbled to know him, honored to be his friend and grateful that he is still here to share the true story of Cuba, and freedom with my children. ★

Canada's Most-Wanted Apprehended in Oroville

By Seti Long

OROVILLE, CA (MPG) - Local law enforcement agencies, SWAT Teams and the U.S. Marshalls converged Sunday on a home located on the 100-block of Weedy Way in Oroville, to bring in one of Canada's "Most-Wanted" fugitives.

According to the Butte County Sheriff's Office, they were contacted by the U.S. Marshalls on Friday, November 27th, alerting them to their suspicion that 28-year old Brandon Teixeira, wanted for murder, was possibly in the Oroville area. BCSO personnel conducted an investigation and determined that Teixeira was indeed residing at the home on Weedy Way.

A search warrant was obtained by BCSO and on the morning of Dec 1st, the BCSO SWAT Team, BCSO Detectives, U.S. Marshalls, members of the Chico PD SWAT team and Tehama County SWAT Team served the search warrant.

The suspect resisted arrest, exiting the residence attempting to flee in a vehicle. After Teixeira rammed his vehicle into a

BCSO armored vehicle, a second armored vehicle was utilized to prevent the vehicle's escape. It was then that Teixeira reportedly exited the vehicle and began to flee on foot, with a K-9 officer dispatched to bring him down.

BCSO personnel located 26 lbs. of heroin, approximately 40 lbs. of marijuana and over 1,000 Oxycontin and Percocet pills inside the residence. A second suspect, 38-year old Jeff Guerrier from New York, was also taken into custody during the search. Guerrier is charged with the suspicion of harboring and concealing a wanted felon, possession of heroin for sale and possession of marijuana for sale. BCSO BINTF agents collected the narcotics and are conducting a follow-up investigation into the matter.

After a medical clearance, the U.S. Marshalls took Teixeira into federal custody, pending extradition proceedings.

Anyone with additional information is asked to contact Sergeant Pat McNelis or Sergeant Sam Burnett at (530) 538-7671. ★

Free Christmas Concert Takes You Around the World

By Cindy Scott

GRIDLEY, CA (MPG) - The Sutter Buttes Family Orchestra will call "All aboard!" on Friday December 13. A magical Polar Express Christmas train ride around the world with feature music and dancing from Mexico, Hawaii, Russia, and other European countries. Mark Johnson, the

train conductor, will guide two children through their Christmas traditions and songs.

Carol Brown, orchestra conductor, shares that the orchestra musicians come from several surrounding towns. They rehearse weekly and share several concerts a year. They are happy to offer a free music concert for the Gridley Christmas season, and

have been doing so several years.

The concert will begin at 7:00 pm on the stage at The Church of Jesus Christ of Latter-day Saints at 400 Spruce Street. Entrance is free, as always, and donations are accepted to cover the cost of music. For more information see the Sutter Buttes Family Orchestra Facebook page. ★

Gridley Emergency Relief Services Seeks Christmas Baskets

**Special Release
from GERS**

GRIDLEY, CA (MPG) - The Gridley Emergency Relief Services (G. E. R. S.) is a local organization that helps churches provide emergency relief to families and individuals who find themselves in unexpected financial difficulties. In addition to helping churches provide relief, G. E. R. S. works with our local churches to distribute food baskets during the Christmas season.

Last year, G. E. R. S. along with several of our

local churches provided food baskets to 96 families. This year the goal is to hand out Christmas Baskets to 140 families. G.E.R.S. will be handing baskets at the First Baptist Church, 100 Vermont Street, Saturday December 14, from 9am to 11am.

G. E. R. S. is now accepting donations from individuals and organizations to help fund the annual Christmas Food Basket giveaway and our ongoing service to the community throughout the year. Due to the outstanding response by our community

to those affected by the Camp Fire, and the additional need this year with the number of those who were affected by the fire have joined us in our community, the need is greater than before.

You may mail donations made payable to G. E. R. S. to PO Box 931, Gridley, CA 95948. You may also donate through your church. If you are interested in helping to prepare and/or distribute of the Food Baskets, please notify your Pastor. In addition, you may email GERS at gcc-pastor@sbc-global.net. ★

FOCUS Kicks Off Fundraiser

By Janet Smith, FOCUS

GRIDLEY, CA (MPG) - For many years FOCUS-Hands Helping Children, has had a Christmas Greeting in the newspaper as a winter fundraiser. The Gridley Herald has generously offered to print this greeting for FOCUS again this year. It is a wonderful way to wish a Merry Christmas to friends and clients in the area in lieu of cards. It will be printed in The Gridley Herald, Friday, December 21. If you would like to participate, the cost is \$15 per greeting and your check can be mailed to FOCUS at P.O. Box 1141, Gridley, CA 95948.

To let FOCUS know how you would like your name listed, please email the

information to Grove at gandmdahl@hotmail.com no later than December 13. FOCUS appreciates the generosity of The Gridley Herald and looks forward to others joining in the spirit of Christmas with this non-profit donation toward helping children in the Biggs, Richvale, Gridley, Manzanita and Live Oak schools. If you wish to find out how FOCUS has helped children in our area, please visit our website: focus-handshelpingchildren.org

Whether you wish to take advantage of this fundraiser or not, FOCUS and The Gridley Herald wish you a wonderful holiday season.

Thanks so much!!
Janet

★



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Pearl Awaits Local Artist

By Seti Long

GRIDLEY, CA (MPG) - Artist Aaron Burks, Army and Navy Veteran, has been working for almost a year now on his Sleeping Giants: Pearl Harbor Veterans Then & Now project. His mission is to capture the surviving Pearl veterans in their youth and as they are now in sketches and paintings with his considerable artistic talent. The project has taken him miles from home and he is constantly racing against the clock to get to the vets before time does.

Recently, Burks has received a grant from the Yuba-Sutter Arts Council to travel to Pearl Harbor. He will have the unique opportunity to experience the memorial ceremonies held at the National Memorial at Pearl Harbor held on the day of the attack, December 7th.

Burks will be able to spend 6 days and has high hopes for the trip. "My plans while I'm out there will be to speak to as many survivors as possible and (hopefully) meet with museum curators and



Aaron Burks (Right) visiting with a Pearl survivor as part of his project to memorialize the bombing's remaining veterans. Photo provided by Aaron Burks

Pearl Harbor subject matter experts while attending all of the memorial ceremonies," says Burks. "I'll be taking my sketchbook with me as well in hope of possibly capturing a moment that can be made into a painting that can serve as a bookend for all the portraits and stories....I plan on using every available moment."

As a Navy/Army veteran himself, the chance to be at Pearl Harbor the exact time the bombing took place 78 years later will be an experience Burks is sure to cherish and remember forever – just as his project hopes to help the legacy of those who fought and survived the bombing at pearl live on through his paintings. ★

Small but Mighty: North Valley Sparrow Foundation

Continued from page 1 Since the summer of 1996, The Discovery Shoppe League has made charitable awards totaling more than \$900,000.

NVSF Board member Jennah Terry shares, "We found out about this grant program through the Discovery Shoppe and we met with some of the volunteers there." She says. After reviewing the applications non-profit groups invited to present their cause, the DSL deliberates and votes on whom they feel is best deserving

of the award. This year the NVSF were the recipients of the \$10,000 grant.

The NVSF says, "We are humbled by the award of this grant as we were 1 of 12 worthy and deserving local nonprofits deemed eligible for funding ... In addition to the financial significance of this award, this is the first time we have been publicly recognized and validated by another organization for our efforts since our inception two and a half years ago!" Terry adds the grant was "Really really big for

us because that is a lot of money that can help a lot of people....We are so honored and so happy to receive the grant."

The group intends to use the funding to help promote their cause and amplify their presence throughout the north state. "We are small but we are growing" says Terry. Visit their website to inquire about their fundraisers, become a volunteer, sponsor, to donate or to apply for aid at www.northvalleysparrowfoundation.org. ★

Pearl Harbor Unearthed

Continued from page 1 the shell he had found on the island and began to research it. With the help of an armor specialist who served in Vietnam and currently specializes in ammunition at RCBS in Oroville and the help of the internet, Thomas finally got his answer.

He discovered the shell was a Swiss developed and later German-adapted bullet casing for a type 99-1 cannon gun used by the Japanese in WWII. The guns were used in various air forces after WW1, but became famous under the designation 20mm Type 99-1, which equipped the initial Japanese Navy air force Mitsubishi AM "Zero" fighter planes. The huge bullets were almost 6 inches in length, the casing around 3. "It's got Americanized numbers on the bottom and that's what we couldn't figure out...Normally a real Japanese bullet has the little imperial mark on it." Thomas says, "That was the little puzzle that kept hounding everybody." He explains, "So, when you buy the gun, you get the ammo too." Tracing how the bullet made

it from Germany to the Japanese "Zero" fighter planes.

What Thomas possessed was actually a piece of history – an actual shell casing from the bombing on Pearl Harbor, December 7th, 1941.

According to Thomas, the Japanese attack flight pattern took them over the windward side of the island of Oahu first, breaking out over the mountains to surprise Pearl Harbor waiting on the other side. "The Japanese planes scraped the military base on the eastern side on their way through" he says. Thomas shares how even during his tour, bullet holes remained at the Marine base from the attack over 40 years earlier– kept in memorial of brutal attack. "It had that patina when I found it. I knew it was old!" he said, never thinking that it could have been from the attack on Pearl.

Thomas has compiled information about the shell casing and plans to put it and the shell on display at the Gridley Veterans Memorial Hall, a tribute to those lost in 1941. ★

Valley Fever Cases in California Remain High

Continued from page 1 more than a week should see a doctor or healthcare provider.

While anyone can get Valley fever, those most at-risk for severe disease include people 60 years or older, people who are African American or Filipino, pregnant women, and people with diabetes or conditions that weaken the immune system.

Employers with employees working outdoors should train workers about Valley fever symptoms and take steps to limit workers' exposure to dust, such as watering down soil before digging.


The State of California is taking action to raise awareness about Valley fever by allocating \$2 million in the 2018-2019 budget to plan, develop, launch and evaluate a Valley Fever Awareness campaign that CDPH will launch in the coming months. Governor Gavin Newsom has also approved a bill to require construction employers engaging in specific work activities in counties where Valley fever is endemic to provide awareness training about Valley fever to their employees.

For additional information on Valley fever, please see www.cdph.ca.gov ★

MEMORIAL NOTICE

Timothy Lee Ramsey

April 25, 1953 to November 27, 2019



Funeral services were held for Timothy "Tim" Lee Ramsey, 66 of Gridley on December 4. He passed away on Wednesday November 27, 2019 after an eight month battle with cancer. He left this world peacefully and quietly from his home with his wife Joan and his brother Steve by his side. He was born on April 25, 1953 in Gridley.

Tim attended local schools and Manzanita where he was a member of 4-H and played little league baseball. He graduated from Gridley High School, where he was active in FFA and played football and tennis. Tim worked on his family's orchards when he got old enough. After High School he went to work for Kilby Manufacturing and worked there until it sold. During this time, he traveled to Israel, Chile, Australia, and for several years he would go to Utah to help with getting the machines ready for cherry harvest.

In 2014 he opened and operated his own repair shop, Harvesters Plus, until he was forced into retirement due to health reasons. Even after retiring he was available to answer any mechanical problems. He loved his work and helping others. He was a fan of NASCAR, and NHRA. He also enjoyed flying radio airplanes and drones, which became his favorite.

Tim was preceded in death by one son, Christopher Ramsey.

He is survived by his loving wife Joan of Gridley, his parents Lester "Pete" and Marlyce Ramsey, both of Gridley, his children; Melodee (Mark) Edgar of South Carolina, Matt (Kristen) Blakemore of Louisiana, Kimberly (Lars) Winston of Alaska, April Blakemore, and Adam Blakemore both of Alabama, Leslye (Russell) Rossiter of Marysville, CA, one brother Steve (Lawanda) Ramsey of Gridley, 10 grandchildren and one great-granddaughter.

The family wishes to thank a few outstanding staff members of Sutter Care at Home (Hospice), Jerrod, Chris and Sara for their excellent care, service and prayers, you three will always have a special place in our hearts, thank you for everything.

Interment was in the Gridley Biggs Cemetery. Arrangements entrusted to Gridley-Block Funeral Chapel.

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Controversial Revision Meets Its Fate

By Seti Long

GRIDLEY, CA (MPG) - In a packed meeting, City Council first heard City Utility Directors Daryl Dye's power point containing revised data regarding the City's controversial plan to revise the master fee schedule. At the City of Gridley's suggestion, Council was considering the addition of a new distributed generation rate for electrical service. A public hearing was held afterward allowing concerned citizens to voice their opinion on a plan to stop metering solar energy for new solar installations.

The plan Gridley is considering is similar to what other cities across California have already implemented. The SB 594 net metering program was required by the state of cities until the total KW of solar installations was equal to 5% of the utility's aggregate electrical load. Upon reaching a State regulated mandate in 2006, Gridley was no longer required to net meter solar but has continued to do so. The new revision of the

rate schedule would only affect new solar customers, effective Jan 1st 2020. A moratorium on new solar installations has been implemented while council has considered the revision.

After countless hours of discussion, both in and out of council meetings and the conduction of a study session on the topic, the revision progressed to a motion for vote. Surprisingly, only one councilman motioned to move to a vote – no second left the revision to die on the table. The consensus of the council was that more investigation on the effects of the revision needed to be done before a change to the rate schedule was made. At the same time, the moratorium on new solar installations was lifted.

Council took a moment to breath and then considered the tentative parcel map for a new development planned for the west end of Sycamore Street, just south of Eagle Meadows. The medium density housing development would provide for 42 new homes on a 5.4-acre parcel, with access through Jay Drive

and along the current Palm Avenue. The development, appropriately named Eagle Meadows South, will allow for affordable two-story homes ranging from 1,900 to 2,250 Sq. ft.

Further developments are planned for properties located directly south of the proposed Eagle Meadows South. That brought concerns to the table about access to those properties from Sycamore St. through Eagle Meadows South and worries about traffic flow. Developer, Guide Engineering, put those questions to rest with an explanation of the road design. Council voted to proceed with the development.

Finishing up the agenda, Council voted to approve a price match of 50 percent for a VFA grant in the amount of \$9936.00 to help purchase PPE for Gridley's Volunteer Fire Department. Gridley currently has 15 volunteer firefighters that aid CalFire in protecting Gridley. Council easily approved the expenditure. To become a volunteer firefighter, visit the City of Gridley website. ★

Veterans Court of Honor Hosts Pearl Ceremony

By Seti Long

GRIDLEY, CA (MPG) - The Gridley VFW Post 5731 invites you to remember those who served and were lost during the attack at Pearl Harbor this coming weekend on the anniversary of the event.

On Saturday, December 7, the Veterans Court of Honor located at Gridley-Biggs

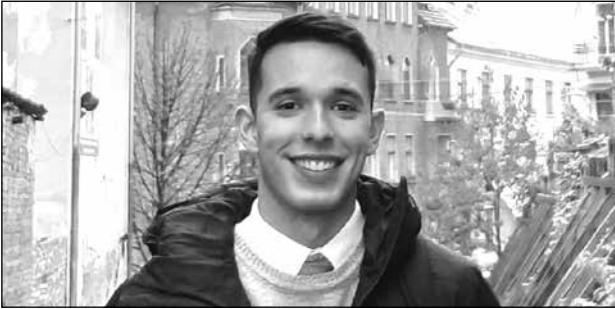
Cemetery will be the site of a Pearl Harbor remembrance ceremony. At 9:55am pacific time, corresponding with the exact time of the attack on Oahu, a moment of silence will be held. That moment will be followed by a prayer, pledge of allegiance and two-bell ceremony consisting of a wreath laying, rifle salute and the playing of taps. ★

Missionary to Ukraine to Report Experiences

By Cindy Scott

GRIDLEY, CA (MPG) - Christian Eller has returned from serving as a full-time missionary in Ukraine, teaching the Gospel of Jesus Christ in the Ukrainian and Russian languages. He served in the cities of Chernivtsi, Ivano-Frankivsk, Kyiv, and L'viv in the Ukraine Kyiv/Moldova Mission of The Church of Jesus Christ of Latter-day Saints.

Eller also served by teaching English classes, farming, and playing in a



Christian Eller, returning missionary. Photo courtesy: The Eller Family

band. He shared, "I love the Ukrainian people."

Eller will report his experiences to the Liberty 1st Ward on Sunday, December 8, at 10:30 am at the Liberty Church at

1259 French Avenue. All are welcome to attend.

Eller's parents are Aaron and Michelle Eller. His future plans are to study international business. ★

Thoughts to Ponder



The season of Advent is here: the four weeks before the birth of our Lord Jesus Christ. During the four Sundays prior to December 25, we prepare for the greatest birth of creation. To a stable filled with hay came a child wrapped in white clothes that angels sang of in the blue skies of God's heavens.

The colors of Advent are as varied as the symbols of the holy season. Let's look at a few that bring into focus the true meaning of the holy season of the church community. The evergreen tree is regarded as a symbol of faithfulness. Remaining green during the bleakness of winter, it points straight and tall toward the heavens from which the Lord came

to change the world. As you trim your tree this year, remember the greenness and straightness of the branches that remind us of God's faithfulness. "O Christmas tree! O Christmas tree! Forever true your color! You bid us to be faithful, and in God unceasingly."

The most familiar shape and color for the Christmas/Advent season is the shepherd's staff wrapped in white and red the candy cane is special to us from childhood. The shape represents the staff carried by the shepherds as they guarded their sheep the night the good news came from Gabriel and the Host of Heaven. The red stripes wrapped around a white base gives us the color of the purity of Christ and the blood He shed for all. As you taste the sweetness of the candy, may the loveliness of God's gift come to life for you.

In every Nativity scene

sleeps a soft cuddly animal that brings home the true gift that God gave the whole world. The white lamb that stands gazing at the new baby resting in the hay of his feed trough brings home the true meaning of advent. "Like a lamb without blemish and without spot." (1 Peter 1: 19)

"Behold the Lamb of God, who takes away the sin of the world." (John 1:29) The perfect gift has been given, and you will receive nothing this Christmas that carries such a price tag or that is wrapped so carefully. As you place the lamb in the creche this season, remember Christ, the Lamb of God.

Celebrate this time of Advent with the Gridley United Methodist Church at 10 am this Sunday. We are located at the corner of Magnolia and Haskell Streets. We will have a Christmas Eve service at 6:30 pm. ★

PAID ADVERTISEMENT

Has your home increased in value over the years? A new option may help you enjoy a better retirement.

Keep reading if you own a home in the U.S. and were born before 1957.

It's a known fact that for many senior citizens in the U.S. their home is their single biggest asset, often accounting for more than 50% of their total net worth. For many, this investment has substantially improved due to years of appreciation.

Yet, according to new statistics from the mortgage industry, senior homeowners in the U.S. are now sitting on more than 6.9 trillion dollars* of unused home equity. With people now living longer than ever before and home prices back up again, ignoring this "hidden wealth" may prove to be short sighted.

American Advisors Group (AAG) has recently introduced a new Jumbo Reverse Mortgage loan that allows homeowners with high-value homes to borrow as much as \$4 million of their home equity. Unlike a standard reverse mortgage, AAG's Jumbo Reverse Mortgage loan has much higher loan limits, which gives those homeowners who qualify access to even more cash-for many, that means a better retirement.

There are still millions of eligible homeowners who may simply not be aware of this "retirement secret. Some homeowners think these loans sound "too good to be true." while others don't know how a reverse mortgage works or understand the process of extracting equity from their home. You get the cash you need out of your home but you have no more monthly

mortgage payments.

It's a fact: "no monthly mortgage payments are required with a reverse jumbo mortgage; however, homeowners are still responsible for paying for the maintenance of their home, property taxes, homeowner's insurance and, if required, their HOA fees.

While some wait until they need cash, a jumbo reverse mortgage loan with AAG is best applied as a vital planning tool that can help you live out your golden years in comfort. By planning ahead, you can also know that a safety net is there waiting for you if you need it.

AAG is honored to be the No. 1 Reverse Mortgage lender in the nation. We have been named a 2019 finalist in the 500+ Employee Category for the Better Business Bureau's (BBB) Torch Awards for Ethics. We take pride in our ability to make the reverse mortgage experience informative and efficient for our customers. In fact, recent customers have given us a 97% satisfaction rating! We are also one of only a few lenders to offer these jumbo reverse mortgage loans. If you're a homeowner age 62 or older, you owe it to yourself to learn more so that you can make an informed decision.

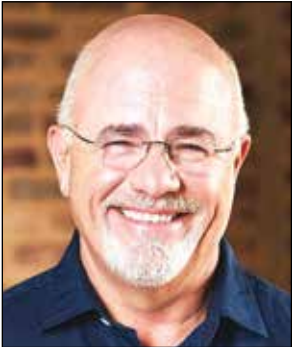
Homeowners who are interested in learning more can request a FREE 2019 Jumbo Reverse Mortgage Information Kit and DVD by calling toll-free at 1-800-840-3558



*Source: <https://www.mpamag.com/market-update/senior-home-equity-has-grown-to-6-9-trillion-112295.aspx>
Reverse mortgage loan terms include occupying the home as your primary residence, maintaining the home, paying property taxes and homeowners insurance. Although these costs may be substantial, AAG does not establish an escrow account for these payments. However, a set-aside account can be set up for taxes and insurance, and in some cases may be required. Not all interest on a reverse mortgage is tax-deductible and to the extent that it is, such deduction is not available until the loan is partially or fully repaid.

AAG charges an origination fee, mortgage insurance premium (where required by HUD), closing costs and servicing fees, rolled into the balance of the loan. AAG charges interest on the balance, which grows over time. When the last borrower or eligible non-borrowing spouse dies, sells the home, permanently moves out, or fails to comply with the loan terms, the loan becomes due and payable (and the property may become subject to foreclosure). When this happens, some or all of the equity in the property no longer belongs to the borrowers, who may need to sell the home or otherwise repay the loan balance. V2019.08.30 NMLS# 9392 (www.nmlsconsumeraccess.org). American Advisors Group (AAG) is headquartered at 3800 W. Chapman Ave., 3rd & 7th Floors, Orange CA, 92668. CA: Loans made or arranged pursuant to a California Finance Lenders Law license (603F324) and Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act (4131144)





Dave Ramsey Says

because \$350 is a big deal in the grand scheme of things, it's important because you're making a judgment call as to what you're focusing on and what you value.

If you're focusing on your husband finishing school, so his income goes up and you're trying to get out of debt, that fine. I love it when people are willing to work their tails off to have better lives. But if that's your focus, and at the same time you're trying to rationalize buying something you don't really need, that's a bad thing. You don't need a new cell phone for a camera, especially if the camera is the only reason you're buying it. You can find decent digital cameras everywhere these days for \$50 or less.

I understand the joy that goes along with having a child. I have three kids, and we were absolutely ecstatic each and every time one was born. And, of course, we wanted good photos of them all. But right now, I think you're trying to

rationalize a phone upgrade based on the emotion of a new baby. As an exercise of your value system, that's a tendency you need to break. This is a test, Jamie. What you're talking about here is a luxury, not a necessity. Rationalization is one of the prime causes of overspending.

Please understand, I'm not picking on you and I don't mean to be harsh. We've all flunked this test at times. But this is an important moment where your judgment and values are concerned. It's your call, but you really don't need to blow \$350 on a new phone right now. – Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

Don't Use Emotion to Rationalize an Upgrade

Dear Dave,

My husband will be finishing physician assistant school in December, just a few days before our first baby is due. We've got about \$70,000 in student loan debt, and we're trying to get everything paid off. Both our cell phones are pretty old, and I'd like to get a new one that costs \$350 so we can have really good pictures of the baby. My job is the only income we have right now, and I'm making \$45,000 before taxes. Is this a silly thing to do in our situation? –Jamie

Dear Jamie,

This is an important question. It's not important

Biggs-West Gridley Water District Awarded Funding



Wade Crowfoot, California Secretary for Natural Resources Agency, takes a moment to look back and listen to waterfowl during a construction project kickoff event hosted on November 20, 2019 at Gray Lodge Wildlife Area in Gridley, CA. Seated speakers also included Biggs-West Gridley Water District (BWGWD) chairman Gary Justeson, left, and Virginia Getz, Manager of Conservation Programs for Ducks Unlimited, right. Under a California Natural Resources Agency grant, BWGWD was awarded funding of \$52,458,449 to work in partnership with Ducks Unlimited to improve water delivery to Gray Lodge Wildlife Area. Source: BWGWD Photo by Jenn Anderson

Gray Lodge Wildlife Area — Guided Nature Walks to Run through Feb 9th 2020

By the Department of Fish and Wildlife

GRIDLEY, CA (MPG) - Situated in Gridley, along the Pacific Flyway, Gray Lodge Wildlife Area provides appealing habitat for waterfowl, shorebirds and other wildlife. Migrating ducks arrive through the late summer and fall, building to winter population in the hundreds of thousands. The vocal snow geese begin their arrival in October.

As one of the premier birding spots in northern California, Gray Lodge Wildlife Area offers 1.5-hour walking tours every Saturday and Sunday beginning at 12:30 pm. Located at the base of the Sutter Buttes, local experts will lead you on a

.6-mile stroll down a paved trail to elevated viewing deck. There you have a birds-eye view of wildlife. The guide will inform you of Wildlife adaptations, natural history, conservation efforts and help you better identify our wildlife.

This is a fun way to learn about our wetlands. Cost is included in the entrance fee. Self-guided visits are also welcome. Tours cancel in heavy rain. No reservation necessary for groups under twelve people. Entrance passes may be purchased at licensed agents, such as sporting goods counters, by phone and online: www.wildlife.ca.gov/Licensing/Lands-Pass. For more information, call the Gray Lodge WA Naturalist Office at (530) 846-7505. ★

CLOSED FOR THE HOLIDAYS

Gridley's Camp Fire Distribution Center will be closed for the holiday season. The centers doors will close from December 10th, reopening on Tuesday, January 7th from 10:00 am to 1:00 pm. Bring your photo ID and Fema paperwork to shop the center located at 893 Hazel Street in Gridley in the New Year.

MPG CALL 916-773-1111 TO ADVERTISE

Crime Reports



Gridley- Biggs Police Report

November 28th - December 4th

11/28/2019: At 9:11 am on Sycamore and Virginia Streets, Gridley, CA, Scott Randy Wells, 41, was arrested for driving under the influence (23152 (a) VC) and for having a blood alcohol level above .08% (23152 (b) PC). Subject was booked into Butte County Jail.

11/29/2019: At 11:59 pm on the 1500 block of Hwy 99, Gridley, CA, Jacob Joseph Nicholson, 33, was arrested on charges of battery on an officer/emergency responder (243 (b) PC), for trespassing on a public business (602.1 (a) PC) and booked into Butte County Jail.

12/01/2019: At 12:01 am on the 300 block of 2nd street, Biggs, CA, Victor Ritchie Aguilar, 21, was arrested for battery (243 (e)(1) PC) and booked into Butte County Jail.

12/02/2019: At 4:22 pm on the 1500 block of Hwy 99, Gridley, CA, William Andrew Decker, 37, was cited for possession of a controlled substance (11377 (a) H&S).

12/04/2019: At 1:32 am on Independence Circle, Gridley, CA, Branden Michael Thurston, 23, was arrested for vandalism for an amount of \$400+ (594 (b)(1) PC), loitering on private property (647 (h) PC), burglary (459 PC), possession of burglary tools (466 PC), fraudulent use of an access card (484 (g) PC) and for identity theft (530.5 (a) PC). Subject was booked into Butte County Jail.

get more info at www.crimegraphics.com

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Butte County Sheriff Report



November 18th - December 3rd

9-08148	11/18/2019 15:30-07:00	11/19/2019 07:57	Larceny Theft/Petty Theft/Misdemeanor	OROVILLE
19-08163	11/19/2019 06:30-17:00	11/19/2019 17:52	Burglary/Burglary/Felony	OROVILLE
19-08182	11/20/2019 13:32-16:22	11/20/2019 12:54	Larceny Theft/Theft of Elder/Dependent Adult - Over \$400 - Felony/Felony	OROVILLE
19-08200	11/21/2019 08:25	11/21/2019 08:25	Assault/ADW Not Firearm GBI Likely/Felony	OROVILLE
19-08204	11/21/2019 11:15	11/21/2019 11:15	Assault/ADW Not Firearm GBI Likely/Felony	PALERMO
19-08257	11/23/2019 22:20-22:50	11/23/2019 22:56	Larceny Theft/Grand Theft: Money/Labor/Prop +\$950/Felony	OROVILLE
19-08260	11/24/2019 09:00-10:08	11/24/2019 09:00	Assault/Battery Spouse/Ex-Spouse/Etc/Misdemeanor	OROVILLE
19-08263	11/24/2019 12:22	11/24/2019 12:22	Larceny Theft/Petty Theft/Misdemeanor	CHICO
19-08262	11/24/2019 11:50-12:10	11/24/2019 12:34	Assault/Battery On Person - Misd/Misdemeanor	OROVILLE
19-08384	11/24/2019	11/30/2019 15:21	Burglary/Burglary/Felony	BIGGS
19-08314	11/26/2019 15:34-16:38	11/26/2019 15:31	Assault/Battery On Person - Misd/Misdemeanor	OROVILLE
19-08344	11/28/2019 07:53	11/28/2019 07:53	Assault/Battery Spouse/Ex-Spouse/Etc/Misdemeanor	URHAM
19-08360	11/29/2019 10:21	11/29/2019 10:21	Burglary/Burglary/Felony	CONCOW
19-08388	11/29/2019 14:00-15:00	11/30/2019 20:00	Larceny Theft/Petty Theft/Misdemeanor	OROVILLE
19-08393	12/1/2019 07:00-17:00	12/1/2019 03:19	Assault/ADW Not Firearm GBI Likely/Felony	BANGOR
19-08414	12/2/2019	12/2/2019 10:28	Assault/ADW Not Firearm GBI Likely/Felony	CONCOW
19-08415	12/2/2019 12:34	12/2/2019 12:33	Assault/Battery On Person - Misd/Misdemeanor	OROVILLE
19-08446	12/3/2019 16:13	12/3/2019 16:13	Larceny Theft/Petty Theft Retail/Etc/Misdemeanor	OROVILLE

SPORTS

Biggs Wolverines, Live Oak Lions Battle in Basketball Showdown

By Joshua Porcayo

BIGGS, CA (MPG) - Biggs High school basketball was back in action November 26th, at home against Los Molinos to kick off the boys and girls season. The varsity Lady Wolverines took down the Bulldogs by a score of 51-25, while the varsity Wolverines struggled in their opener and fell by a score of 78-30.

Monday, December 2nd, the Wolverine teams were back on the court against the visiting Lions of Live Oak. The varsity Lady Wolverines hit the court after both JV squads saw their share of action against the JV Lions squads. Biggs Senior, Grace Felkins, led the Lady Wolverine offense on the night in scoring, with a number of breakaway layups and open jumpers to help lead the way for the Lady Wolverines. The tempo early in the game was high from both teams, but low scoring with a lot of shots not falling. At halftime, Biggs led by a score of 13-12, after some excellent defense from sophomore, Baylee Bowles, and an offensive showing from Felkins and junior Megan Shelton.

To start the third quarter, Live Oak senior, Brianna Gomez, gave the Lady Lions a two point lead with a 3-point shot from downtown. Live Oak senior, Makenna Douglas, also contributed to the offense for the Lions keeping the game close 20-17 at the end of the third quarter. In the fourth quarter, the chemistry for the Lady Wolverines really started to come alive with Shelton and Felkins connecting on some well-timed passes for easy buckets. The Lady Wolverines defense showed a lot of poise late in the game and beat the Lady Lions by a final score of 29-21.

The JV and varsity Lady Wolverines will be back on the court December 5th - 7th for the annual McLaughlin Invitational Girls Basketball Tournament.

This year's tournament will feature teams from Hamilton High School, Portola High School, East Nicolaus High School, Williams High School, Mercy High School (Red Bluff, CA), Etna High School, Loyalton High School, and host, Biggs High School.

The final game of the evening on Monday, December 2nd, was the varsity boys Wolverines hosting the Live Oak Lions. Live Oak's junior point guard, Charles Johnson, got things ignited for the Lions with a number of strong drives and great defense. Lions senior, Esaias Arredondo, worked hard down under the rim to set the tempo in the first quarter. Biggs juniors, Cali Navarro and Greg Slusser, saw a number of great looks early that fell for a few baskets, but it wasn't enough after the first quarter with the Lions leading 16-7. The Lions defense kept the Wolverines struggling for open shots in the first half and capitalized on numerous offensive rebounds by the big guys underneath. The Lions led 34-19 at halftime.

In the second half, the Wolverines started to get some open shots, but couldn't manage to get the ball through the hoop. Biggs senior, Blake McLean, saw a number of great shots in the second half. The Lions speed and strength was too much for the Wolverine offense in the second half, and the Lions put the game away 56-34.

The Lions will be back in action when they host the 48th annual Ron Pritchard Invitational Basketball Tournament December 11th - 13th.

Lady Wolverines Annual Mel McLaughlin Invitational Girls Basketball Tournament: Thursday, December 5th - Saturday, December 7th

Live Oak Lions 48th Annual Ron Pritchard Invitational Basketball Tournament: Wednesday, December 11th - Friday, December 13th ★



Biggs High School boys varsity basketball player, Gregg Slusser (#5), and Live Oak High School varsity basketball player, Esaias Arredondo (#35), shake hands before tip-off on Monday, December 2, 2019. Photo Courtesy of Joshua Porcayo



Live Oak High School boys varsity basketball player, Layne Torres, jumps for the rebound and put-back against Biggs High School on Monday, December 2, 2019. Photo Courtesy of Joshua Porcayo



Biggs High School girls varsity basketball players meet at half court before game time against Live Oak High School on Monday, December 2, 2019. Photo Courtesy of Joshua Porcayo

Local Area Hoops are Back!

By Joshua Porcayo

GRIDLEY, CA (MPG) - Gridley High school basketball is back! The boys and girls of Gridley High School have been back on the court putting in the work for the upcoming 2019-2020 season. The boys varsity team, coached by Chay Dake in his fourth year, returns five players from last year's undefeated (10-0) league championship team. 6'6" junior, and third year starting varsity player, Grant Tull, looks to lead the Bulldogs to their fifth straight league championship. Tull averaged almost 19 points per game and about 5 rebounds per game last year. Senior point guard, Tony Murillo, brings a lot of energy to the court with great handles, excellent vision, and electric defense. Also returning from last year's team are seniors Colby Norton and Cesar Del la Torre, and junior Cameron Erickson. This year's roster has four seniors and seven juniors.

The boys varsity team looks to compete in the 66th annual Gridley Invitational Basketball Tournament starting December 12th, 13th, and 14th. This year's tournament will include last year's winner, Salesian College Preparatory School (Richmond, CA), Archbishop Riordan High School (San Francisco, CA), Capital Christian High School (Sacramento, CA), Dublin High School (Dublin, CA), Campolindo High School (Moraga, CA), Weston Ranch High School (Stockton, CA), St. Patrick - St. Vincent

(Vallejo, CA), and host, Gridley High School (Gridley, CA).

The girls varsity team, coached by Becca McCray entering her seventh year, brings back three players from last year's league championship team. Third year varsity starter and junior, Kennedy Tull, looks to lead the Bulldogs to their third straight league championship. Tull averaged 16 points per game with 3.5 steals per game last year. Senior, Sierra Spears, and junior, Ally Mardesich, also return from last year's team. Spears averaged a little over 5 rebounds per game last year while Mardesich averaged about 7 points per game last year. This year's roster has two seniors and nine juniors.

The girls varsity team looks to compete in their annual Lady Bulldog Holiday Classic tournament, starting December 5th, 6th, and 7th. This year's tournament will include last year's winner, Willows High School (Willows, CA), River Valley High School (Yuba City, CA), Oroville High School (Oroville, CA), Kelseyville High School (Kelseyville, CA), Vallejo High School (Vallejo, CA), Chico High School (Chico, CA), and host, Gridley High School (Gridley, CA).

Lady Bulldog Holiday Classic: Thursday, December 5th - Saturday, December 7th

Gridley Invitational Basketball Tournament: Thursday, December 12th - Saturday, December 14th ★



Biggs High School girls varsity basketball player, Megan Shelton (#3), launches a pass to a wide open, Grace Felkins, for an easy layup against Live Oak High School on Monday, December 2, 2019. Photo Courtesy of Joshua Porcayo

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Kids' Choir Performs Bethlehem Treasure

By Bonnie Schnepel, Gridley Christian Church

GRIDLEY, CA (MPG) - The Kids' Choir will present the delightful children's musical "Bethlehem Treasure" on Sunday, December 8th at 10:30 A.M. and 4:30 P.M. at Gridley Christian Church. All are welcome to attend this 35 minute musical based on the Biblical account of the birth of Jesus. Twenty-three children ages 4 and older combined their talents to remind us that Jesus is the treasure that all people are searching for.

Drama, singing, choreography, costumes, and lighting are all combined in this Christian musical theater production to teach us that Jesus is the hope that all mankind needs.

This entertaining musical contains many unusual characters. Gabrielle (Jasmine Johnson) and Gabriella (Tatym Holiday) are the angels that introduce and sum up the program. Hekyll (Tommy Burks)

and Shekyl (McKenna Swanson) are money hungry and want to find the treasure first. Herod's Henchmen (Isabella & Kevin Bastiana, Ainsley Swanson) are looking for clues to the treasure. Miriam (Julia Emerson) and Hannah (Hope Gallagher) seek the treasure along with Miriam's brothers (Millie Arellano, Amethyst Knight, Keelia Hildebrand, Ella Terry). The Jamaican wise men (Marcus Hildebrand, Georgia Morgan, Sarah Terry) are looking with an honorable purpose. Skateboarding shepherds (Brielle Landes, Audrey Morgan) are sent to Bethlehem due to an encounter with angels.

The performance is free of charge. Gridley Christian Church is located on the corner of Hazel and Washington Streets next to Sav Mor Market. Call Bonnie Schnepel at 933-9845 for more information about the spring musical "Father Knows Best". Rehearsals begin Tuesday, Jan 7th 3:30-5:00 P.M. ★

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LEGAL ADVERTISING

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207-October 29, 1951

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Gridley, CA 95948

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001223

The following persons are doing business as: ALTUM WEALTH ADVISORS
1074 East Ave Suite T-1 Chico, CA 95926
 Bay, Cladakis & Associates, LLC, 1074 East Avenue Suite T-1 Chico, CA 95926
 Date Filed in Butte County: October 28, 2019
 The Registrant commenced to transact business under the above business name on: 10/27/2005
 This Business is Conducted by: Limited-Liability Company

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: November 15, 22, 29, and December 6, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001253

The following persons are doing business as: DEVIN J WATERBURY FARMING
1283 Pennington Road Gridley, CA 95948
 Devin J Waterbury, 1283 Pennington Road Gridley, CA 95948
 Date Filed in Butte County: November 5, 2019
 The Registrant commenced to transact business under the above business name on: 11/5/2019
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: November 15, 22, 29, and December 6, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001181

The following persons are doing business as: EXOTIC BIRD MART AND EXPO
1045 Hazel Street Gridley, CA 95948
 Exotic Bird Mart and Expo, Inc, 1045 Hazel Street Gridley, CA 95948
 Date Filed in Butte County: October 15, 2019
 The Registrant commenced to transact business under the above business name on: 10/15/2019
 This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: November 15, 22, 29, and December 6, 2019 (The Gridley Herald)

PUBLIC NOTICE

REQUEST FOR SUBCONTRACTOR BIDS FOR LEASE-LEASEBACK PROJECT

Landmark Construction is requesting SUBCONTRACT BIDS for the Live Oak USD Live Oak High School Track project. Scope includes demo of existing concrete, grading, new concrete curb, storm drain improvements, track asphalt paving, and new synthetic track surface. Refer to the plans for the complete scope. Landmark encourages the participation of local and DVBE businesses.

Interested subcontractors must submit bids on or before December 12th, 2019 at 2PM, to Landmark Construction via fax at 916-663-1867 or frontdesk@landmarkconst.net. Contract Documents are available for download at www.landmarkconst.net/plan-room/.

Questions regarding this bid must be directed to frontdesk@landmarkconst.net.

The Gridley Herald Nov. 29 and Dec. 6, 2019

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001288

The following persons are doing business as: POP CO LLC
14360 Skyward Road Magalia, CA 95954
 POP CO LLC, 14360 Skyward Road Magalia, CA 95954
 Date Filed in Butte County: November 13, 2019
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Limited Liability Company

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: November 22, 29, December 6, and 13, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001280

The following persons are doing business as: NOT SO TINY RV
14360 Skyway Road Magalia, CA 95954
 Gary A Pryde, 14360 Skyway Road Magalia, CA 95954
 Date Filed in Butte County: November 8, 2019
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: November 22, 29, December 6, and 13, 2019 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #19CV03360

1. Petitioner Christoffer Michael Rogers filed a petition with this court for a decree changing names as follows:

Present name	Proposed name
Christoffer Michael Rogers	Christoffer Michael O'Connor

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing January 8, 2020 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928
 Publish: November 22, 29, December 6, and 13, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME- STATEMENT OF ABANDONMENT FILE NO. 2017-0001273

The following persons have abandoned the use of the Fictitious Business Name: GRIDLEY SEPTIC TANK SERVICE
986 Gilstrap Avenue Gridley, CA 95948
 Victor James Haury, 986 Gilstrap Avenue Gridley, CA 95948

Date Filed in Butte County: 9/20/2017
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual
 Publish: December 6, 13, 20, and 27, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001136

The following persons are doing business as: GREAT CLIPS
1582 Hwy 99 Suite A Gridley, CA 95948
 Hoppin Shears, Inc, 4650 Northgate Boulevard Suite 100 Sacramento, CA 95834
 Date Filed in Butte County: October 7, 2019
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Corporation

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: November 29, December 6, 13, and 20, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001294


The following persons are doing business as: TINOCO'S POLLINATION SERVICES
1069 Chandon Avenue Gridley, CA 95948
 Leonso Tinoco, 1069 Chandon Avenue Gridley, CA 95948
 Date Filed in Butte County: November 14, 2019
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
 Publish: December 6, 13, 20, and 27, 2019 (The Gridley Herald)

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FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0001298

The following persons are doing business as: GRIDWORX
229 E Evans Reimer Road Gridley, CA 95948
 Cori P Corley and Eric M Corley, 229 E Evans Reimer Road Gridley, CA 95948
 Date Filed in Butte County: November 15, 2019
 The Registrant commenced to transact business under the above business name on: N/A
 This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
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Riverfront Home - Grants Pass, OR - One of a kind on the Rogue River, 4,157 sf., 4bd./3.5ba, private den/office, large bonus room, oversized Master, floor to ceiling river rock fireplace, timber beam accents, large picture windows, generator,

in-ground swimming pool, covered RV parking, custom water features, landscaping. Great home for entertaining. Custom throughout! \$950,000 MLS#2993910 (541) 659-1930 (Cal-SCAN)

Ocean-view - Brookings, OR - Custom home with beach access across the street! 4bd/2.5ba, 2,306 sf contemporary, detached garage, large lot with plenty of parking. Main level master suite, walk in closet, double sinks, jetted tub and tiled shower. Formal dining, gas fireplace, high ceilings, crown moldings. Upscale oceanfront gated community. Low HOA fees \$100/mo. \$535,000 MLS#19360357 (541) 659-1930 (Cal-SCAN)

Cozy and Affordable - Merlin, OR - Short ride to Grants Pass - 3bd/2ba, 1,344 sf double wide manufactured home on almost 3 flat acres. Newer carpet and flooring, new hot water heater, 3 decks, one w/ built in hot tub. Carport, storage shed, detached 2 car garage. Beautiful property on a quiet dead end street. \$219,000 (541) 659-1930 (Cal-SCAN)

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Gridley Thumbs and Roots



By Barbara Ott

Trees reacted to our first freeze by dropping their leaves. The peach trees were bare naked that frozen morning. My Japanese maples took advantage of the freeze to turn bright red. The aprium dropped leaves but is clinging to others. The birches finished their drop once nights

were in the forties. The decorative pear is still hanging tight with many leaves... that one I'd like to get with it and drop those thousands of leaves. Leaving the leaves on the flower bed has been a favorite way for winter mulch in this yard as well as saving some raking time. Recently I've seen information about leaving leaves on the ground to benefit various creatures through the winter. I'm tempted to use that as an excuse for not raking the leaves off of the lawn.

With the peach leaves gone it is time to spray for leaf curl... Thanksgiving is a great marker for the first spray. Of course, this year with it raining we need to wait for

a couple of dry days before spraying. Be sure to rake up debris under the trees.

I'm using a brown tree paint on my aprium this winter, once it is leaf free. Because it is an espalier, its trunk is exposed to the southwest sun all day in the summer. I've had it wrapped but when I found this paint, I liked the idea of brown instead of white paint to protect from blistering. Another paint project for the backyard is to paint cement bricks a bright blue, stack them to make plant stands. I'd love to paint my side fences a soft green but my husband hates the idea. He caved to the teal color on the house trim, we'll see about the fences. ★

Slim Randles' HOME COUNTRY



It's Just that Darned Lack of Variety

back to the table and made him shuffle the cards once again. When he was a young cowboy and learning to lose at the non-stop poker game in the bunkhouse, it was different. The card playing itself was fun, but losing money wasn't. Oh, it wasn't much money ... cowboy wages being what they were then ... and still are. It was just the laughing and the storytelling, really, and waiting to see if Lady Luck actually recognized you sitting there waiting for her.

Windy Wilson also remembered the preacher staring into the congregation looking for a sinner or two and declaring playing cards to be one-way tickets to perdition. Well, that sermon had a profound effect on young Windy, so he

stopped going to church.

But this solitaire game. You just deal them out face down and start to turn them over slowly. Red on black. Black on red. Then, about three rows up, he hit a red roadblock, with no black cards. Well, maybe just this once I could use a red card to sorta get me started again.

Cheating? Maybe. But Ramses won't tell. Not my fault, thought Windy. The cards are only in red and black. Had a winter shirt those colors once. This solitaire is not my fault. It's just that darned lack of variety.

Brought to you by Ol' Max Evans, the First Thousand Years. Life story of the western literary legend. Available at UNMpress.com. ★

Crossword Puzzle on Page 6

V	I	E	W			T	I	P				T	U	N		
A	R	I	A			U	R	D	U			C	A	R	E	
S	I	R	S			M	U	O	N			P	O	N	G	O
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A	R	T	Y				G	I	L	T			R	E	E	L
G	O	O					O	P	T				Y	L	E	M

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Sudoku Puzzle on Page 6

4	5	2	3	6	8	7	1	9
9	1	8	7	4	5	6	3	2
3	7	6	1	2	9	8	5	4
1	6	3	5	7	2	9	4	8
5	4	7	8	9	3	2	6	1
8	2	9	4	1	6	3	7	5
6	3	1	9	8	4	5	2	7
7	9	5	2	3	1	4	8	6
2	8	4	6	5	7	1	9	3

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Dear Dietitian

FODMAP Diet

Commentary by Leanne McCrate

Dear Dietitian,

I have irritable bowel syndrome and appreciated your column on a high fiber diet to manage IBS. My symptoms are usually pretty well-controlled, thank goodness. I've been reading about the low FODMAP diet, and it seems pretty detailed. Should I try it?

Katie

Dear Katie,

The low FODMAP diet was created by a research team at the Monash University in Melbourne, Australia as a treatment for irritable bowel disease (IBS) (1). As you know, IBS is an intestinal disorder that requires a diagnosis by a physician or other qualified clinician. Sufferers of this condition may experience abdominal pain, flatulence, diarrhea and/or constipation.

FODMAP is an acronym that stands for: "Fermentable Oligo-, Di-, Mono-saccharides And Polyols. These are short-chain carbohydrates that are not easily absorbed in the small intestine. They draw water into the gut and are broken down by gut bacteria, creating gas in the process. Their digestion can cause abdominal discomfort, bloating, and excess gas. These short-chain carbohydrates are not bad for you. On the contrary, they are found

in delicious, nutritious foods like fruits, vegetables, and milk.

When you think of a fermented food, you may think of sauerkraut or hard cider. Fermentation is the process by which the body converts a saccharide (sugar) into an alcohol or acid. When we think of sugar, we often think of white sugar (sucrose), but a saccharide is simply some form of glucose or fructose (fruit sugar). The different saccharides in this case just indicate the number of sugar molecules: mono-one; di-two; and oligo-a few.

In the case of the FODMAP diet, oligosaccharides are fructans and galactans. Fructans are found in onions, garlic, and wheat, to name a few foods. Galactans are found in chick peas, kidney beans, green beans, cabbage, and brussels sprouts (2). The main disaccharide of concern is lactose, which you may already know is found in milk, yogurt, soft cheeses, ice cream, and pudding.

Fructose is a monosaccharide. People with IBS may have trouble tolerating fruits with high fructose content, such as watermelon and mangoes. Other difficult foods include honey, agave, and high fructose corn syrup (3).

Polyols are sugar alcohols that occur naturally in some fruits like apples and pears, and some vegetables, such as mushrooms and cauliflower (4). Sugar alcohols are also manufactured commercially and are used as sugar substitutes. These include sorbitol, mannitol, xylitol, and maltitol.

The low FODMAP diet has two stages. In the first stage, lasting six to eight weeks, FODMAP foods are removed from the diet. In the second phase, one FODMAP food

at a time is added back to the diet so that problem foods can be eliminated. The slow reintroduction of foods makes it possible to identify exactly which foods are causing problems while maintaining healthy FODMAP foods that can be tolerated.

As you mention, Katie, your IBS symptoms are under good control, and you are correct in saying this diet is very detailed. The proverb "If it ain't broke, don't fix it" may apply here. Also, keep in mind that as with any diet, there are benefits and risks. While many IBS sufferers have found relief from their symptoms with the low FODMAP diet, risks include unnecessary food restrictions and nutrient deficiencies, especially in those who follow the diet on their own. If you decide to give it a try, for healthy nutrition and successful results, contact a Registered Dietitian to properly instruct you on how to follow a low FODMAP diet.

Until next time, be healthy!

Dear Dietitian

References

1. Gibson, PR. History of the low FODMAP diet. J Gastroenterol Hepatol. 2017 Mar; 32 Suppl 1:5-7.
- 2-4. King, Kristi. (2019, August 2). What is the Low FODMAP Diet? Retrieved from URL <https://www.eatright.org/health/allergies-and-intolerances/food-intolerances-and-sensitivities/what-is-the-low-fodmap-diet>

Leanne McCrate, RD, LD, CNSC, aka Dear Dietitian, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientifically-based nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not endorse any products, health programs, or diet plans. ★

SPARKY'S CORNER

9 Volt Battery Safety

9-volt batteries power our smoke alarms, household items, and toys. They can be found in most homes, but these batteries can be a fire hazard if not stored safely or disposed of with care.

The Problem

- 9-volt batteries can be dangerous. The positive and negative posts are close together. If a metal object touches the two posts of a 9-volt battery, it can cause a short circuit. This can make enough heat to start a fire.
- It is unsafe to store 9-volt batteries in a drawer near paper clips, coins, pens, or other batteries. Do not store common household items such as steel wool, aluminum foil, and keys near 9-volt batteries. If these items touch the two posts, there is a greater risk of a fire starting.
- Weak batteries may have enough charge to cause a fire. Some fires have started in trash when 9-volt batteries were thrown away with other metal items.

Storing 9-Volt Batteries

- Keep batteries in original packaging until you are ready to use them. If loose, keep the posts covered with masking, duct, or electrical tape. Prevent the posts from coming in contact with metal objects.
- Keep them someplace safe where they won't be tossed around.
- Store batteries standing up:
- 9-volt batteries should not be stored loose in a drawer.
- Do not store them in containers with other batteries.

Disposal

- 9-volt batteries should not be thrown away with trash. They can come in contact with other batteries or pieces of metal.
- 9-volt batteries can be taken to a collection site for household hazardous waste.
- To be safe, cover the positive and negative posts with masking, duct, or electrical tape before getting rid of batteries.
- Some states do not allow any type of battery to be disposed of with trash. Check with your city or town for the best way to get rid of batteries.

So, when you are preparing to stock up on batteries for the holidays, remember these simple safety tips to keep your holidays a safe and memorable one.

Thanks and Happy Holidays
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Snow-Time in Biggs



Biggs downtown park is all lit-up for the annual Christmas Faire and Tree Lighting. Photo by Marci Shadd

By Seti Long

BIGGS, CA (MPG) - Once again, B Street in downtown Biggs will be blanketed in snow for the annual Christmas Street Faire & Tree Lighting.

The music and market begins early, Sunday, December 8th with local entertainment and a host of food and gift vendors closing down the street at 4 pm. Come out and enjoy some hot cocoa, but don't forget to bring your phone to snap a shot of you and Santa this year at "Selfies with Santa" -available for most of the evening.

New this year and sure to be a crowd-pleaser, the Ugly Christmas Sweater Contest will be held at the downtown stage. To enter just arrive at the stage by 6 pm. Project Biggs encourages everyone to "Wear your creative, bright, gaudy, one-of-a-kind Christmas sweater creations for a chance to win a prize!" Family friendly please, as the little ones will definitely be in attendance.

At 6:30pm, all will gather for the tree-lighting ceremony at downtown Biggs Park. The festivities will continue until 7:30 that evening, sending all home merry & bright. ★

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