

Five Survivors Reflect on the Camp Fire a Year Later PAGE 10

Wright Awarded **Emeritus Member** PAGE 9





THE GRIDLEY EK

FRIDAY • NOVEMBER 8, 2019 • VOL. 139 NO. 45

PROUDLY SERVING OUR AREA SINCE 1880

Veterans Day Celebrations

PAGE 4

TECH-TREK AWARDED TO LUCKY YOUNG WOMEN



PAGE 3

WOLVERINES VARSITY FOOTBALL

Sleeping Giants: The Paint Locker Immortalizes Pearl Harbor Survivors



Burks in the studio working on his black and white preliminary portrait of one of the Pearl survivors in his collection. Photo by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - Gridley artist remaining living Pearl Harbor survi-Aaron Burkes of The Paint Locker vors. His goal – to immortalize them

an incredible rate. A few weeks later, he began the task of hunting down the

through the northern states to meet with 8 more Pearl survivors.

Burkes says, "my biggest two obstacles are travel cost and time,"

Reported Sexually Transmitted Diseases Reach Epidemic Levels in California

By Corey Egel, California Department of Public Health

SACRAMENTO, CA (MPG) -The California Department of Public Health (CDPH) released final data on sexually transmitted diseases (STDs) in California in 2018. According to the data, syphilis, gonorrhea, and chlamydia cases are continuing to increase throughout California and are at the highest levels in 30 years.

Particularly concerning, the number of congenital syphilis cases was 14% higher than the previous year and nearly 900% higher than in 2012. Congenital syphilis can be fatal to infants: there were 22 stillbirths or neonatal deaths in 2018.

STDs can cause a number of serious health problems. If left untreated, chlamydia and gonorrhea can cause pelvic inflammatory disease and lead to infertility, ectopic pregnancy, and chronic pelvic pain. Syphilis can cause permanent loss of vision, hearing and other neurologic problems.

ELECTRIC AT HOME AGAINST MODOC



PAGE 7

PRESORTED STD. US POSTAGE PAID PERMIT 245 Gridley, CA 95948



fine art gallery is known for his excellence in producing life-like portraits, along with commissioned works which are primarily military based. 13 survivors, traveling from the cards and exhausted my finances His gallery walls hang with images of sailors, veterans, battle ships, and self-portraits.

honored at last December's Pearl Harbor ceremony held at Gridley's Court of Honor. Burkes, a veteran

and tell their story through his incredible artistic talent.

border of Mexico to the border of Canada, and as far as Colorado and Utah. He is currently organizing an Recently, he has found himself on expedition from the west coast on a mission inspired by survivors being I-40 to the east coast, with the hopes of visiting an additional 10 survivors along the course of his trip. He is shooting for a January departure himself, realized that the heroes of and planning for another long-haul the infamous battle were dying off at trip in the spring where he will travel

not to mention time itself. The travel cost comes completely out of his At this point, Burkes has met with pocket, "I've maxed out my credit doing this," but he feels it is worth it. "It's a once in a lifetime shot," he says, as the remaining survivors could literally pass on at any time.

After interviewing each survivor about their experience, they obligingly provide him with an image of themselves as a youth in the Navy. Burkes then returns to his studio Continued on page 4

The highest rates of STDs are among young individuals ages 15-24.

"STDs are preventable by practicing safe-sex, and many can be cured with antibiotics," said Acting State Public Health Officer Dr. Charity Dean. "Regular testing and treatment are essential prevention strategies, even for people who have no symptoms. Most people infected with an STD do not know it."

CDPH is collaborating with local health departments and organizations throughout the state to coordinate efforts to control STDs, hepatitis C and human immunodeficiency virus infection (HIV).

The 2019-2020 state budget includes increases in funds to help address the rise in STDs, including:

\$40 million over four years to enhance the capacity of local health departments to identify, monitor and respond to communicable diseases;

\$5 million per year for STD prevention and control by local health departments and community based organizations;

\$5 million per year for HIV prevention and control by local health departments and community based organizations.

\$5 million per year for Hepatitis C prevention and control by local health departments and community based organizations.

\$2 million per year to enhance local health department capacity for STD prevention and control.

For more information, visit the CDPH Sexually Transmitted Diseases Control Branch. www.cdph.ca.gov ★

Reader's Choice Winners Announced

GRIDLEY, CA (MPG) - It is time to announce the winners! The Gridley Herald recently held the annual voting for their Reader's Choice Awards. There were 1194 votes cast for local businesses, deemed to be the best in their line of business in the area.

There were 100 local businesses named in the voting process. That means that they received at least one vote for their category.

The top three vote getters in the voting will receive \$500 each in advertising in The Gridley Herald. Each category winner will receive a wonderful framed certificate announcing to their customers that they were voted the best by the community.

Ice Burgie, Railhouse Pub & Grill and Dutch Bros. are the three top vote getters.

Here are all the winners by category.

Best Fast Food in Town: Ice Burgie Best Sit Down Restaurant: Railhouse Pub & Grill Best Coffee Shop: Dutch Bros. Best Small Retail Business: Wheeler Ranch and Feed Best Pizza Restaurant: Pizza Roundup Continued on page 3

www.GridleyHerald.com

Readers

Choice Awards

The New Pi-Line



The new Pi-Line Honoring Publisher W.D. Burleson By Josh F.W. Cook

Ms. Seti Long has done an incredible job of managing the Herald since the rescue of the paper by Messenger Publishing Group. Lately, it has been interesting to see how many people have become volunteer writers for the Herald. John Harris, Mary Boeger, Cindy Scott, and a few other community volunteer journalists have in Gridley City Politics. been gracing the pages of this historic publication. In my conversations with Paul, the Publisher, he told me that many of the press releases that are put out by government agencies, nonprofit groups, and elected officials he pastes into the paper and allows people to read what those agencies and individuals have to say unfiltered, and unchanged. Publisher to let the spokespeople or volunteers from the various community organizations simply say the lack of consideration a new ordinance?

he pastes it into the newspaper. For awhile I thought absence of any commuthis business practice was a ploy to cut costs. Still, as I have watched the process mature, this policy is a refreshing break from the national narrative in which the news media has become so politicized there are conservative news conglomerates and liberal news conglomerates. Many of the stories you see printed in the Herald are pasted word for word and attributed to the author; pretty simple, but verv effective method. There is one challenge the publisher faces from time to time, and that is some press releases and other writings from government type people far exceed the word count limit.

Here are a few snippets from the Original Bill Burleson Pi Line of February 7, 1990: The city attorney and city administrator openly defied the city Council and Gridley merchants Monday night, told them that if they didn't like the way the act on a consent agenda administrator raised business license fees, they should change the 1947 It is also the policy of the *ordinance she used and* it requires an ordinance should give a refund, or to change an ordinance. We are still amazed at chants when they draw up

what they want to say and shown to the business community and the nication with the Council before. With the gauntlet thrown in their faces, we hope the Council can overcome the insult, prevail and draw up an ordinance that is fair. But we doubt it. Was it not being enforced properly in past years? Who shares the important items to slip by on the consent agenda with no responsibility for the thousands of dollars that were not collected if this old ordinance is so important? We must congratulate the Council for not allowing discussion. *They pulled out four items* and modified two of the contracts for Pam Figge and Craig Hall, the planning consultants, setting limits on each. Staff told 1990 was a crazy time the audience that Pam's new employer, the City of Chico, didn't care if she moonlighted for the City of Gridley, and it was none of their business anyway. The Council discussed the business license fiasco with a moratorium. but the attorney told them they couldn't item unless an emergency was declared. Guess a fiasco is not an emergency. Maybe the city credit, to hardest-hit mer-





Scholarship Fizz Breakfast

November 10, 2019

7:30 am - 10:30 am

Masonic Family Center

1200 Sycamore Street, Gridley

Adults \$10.00 *Ages 6 -12 \$5.00 *Under 6 Free

Thoughts to Ponder



The Lord God of Hosts and His Son of Glory have a life insurance policy and a health plan you cannot afford to ignore. Premiums are low and you can't be refused or canceled regardless of age, sex, health, or financial status. All you have to do is ask and the coverage is yours. Why not sign up today? It is yours for the asking! "Thou shalt call and I will answer thee." (Job 14:15)

the time), we exercise as much as our busy schedules will allow (not always easy). We pay money to go to the doctor, the hospital, or get medicine. We do all the things necessary to secure ourselves and family so they will be better protected. The and does not have the solugovernment is even working on providing for those of us with little money for insurance. We do all this for our earthly stay and yet,

some of us fail to secure our eternal future by disregarding our spiritual needs and supplies. We even forget to secure eternity for our own families.

One thing we must remember is that after our earthly, we still have plans for our future with the Lord God Almighty. Is our insurance up to date?

How do we find the secret to right living in times of stress? How do we secure our future when at times our future looks so dark? The answer is so simple – so simple that it appears too All of us are looking for easy. We must trust in God security for the future. We and His laws of life and eat the right foods (most of nature and believe that our lives will be better if we use His strength when ours is gone.

> This time of stress is all in the swing of things. Man, his greed, selfishness, pride and blindness, causes our stress. Man is the problem tion. Only God and His Son Jesus Christ offer an end to our times of stress.

As Paul states in Philippians: "I can do all things through Him who strengthens me." (Philippians 4:13). Our weapon against stress and the security we need for the future rests securely in His hands.

The word of God gives us wisdom, teaches us, corrects our wrongs, shows us the path to follow, and give instructions in the way of righteous living. To secure a health and life insurance policy to last an eternity, all we need is to believe in God and trust His Word.

Times will probably get worse, and as we grow older, we may grow older in Christ, secure in the knowledge that we have made plans for our retirement with the one company that will never go bankrupt or cancel our coverage. The Father's House, Inc. God's company.

Come join us on Sunday at 10 am to reach out to Christ for His comfort. Also join us on Saturday November 9 th for our monthly free breakfast. We are located on

the corner of Magnolia and Haskell Streets.



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Mon- Fri. 6am to 3pm • Open Sunday 8am to 1:30pm



From Service to Sales Koady Terry was born and raised in Biggs and Gridley. He



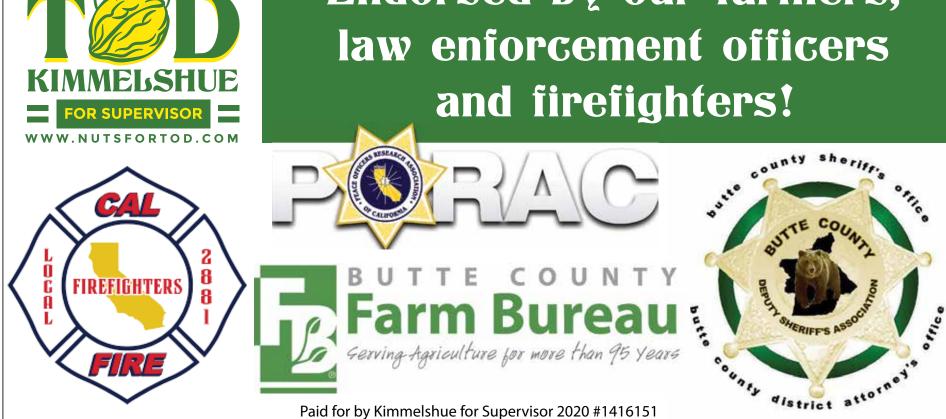
returned home after serving our country for 8 Years in the U.S. Army. Koady has worked in our Service Department for 2 years before moving to sales.

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Reader's Choice Winners Announced

Continued from page 1

Best Grocery Store/Market: SavMor Foods Best Florist: The Wishing Corner Best Bank/Credit Union: Bank of the West Best Church/House of Worship: Sacred Heart Catholic Church Best Convenience Store: Dollar General Best Dental Office: Bowling Family Dentistry Best Storage Facility: Mallard Mini-Storage Best Pet Care/Store: Milbrandt Veterinary Hospital Best Hotel/Motel: Pacific Motel Gridley Best Bar/Brew Pub: Bungalow Bar Best Entertainment: Red suspenders Day Best Auto Services: Casey's Auto Repair Best Health/Fitness Spot: Spin & Sport Club Best Insurance Services: State Farm, Maria Topete, Agent Best Real Estate Office/Realtor: Kari Wheeler - EXP Realty Best Residential Services: M&M Landscape & Maintenance Best Service Club/Community Club: Gridley Lions Club Best Salon/Beauty: The Make Up Room Best Accounting & Tax Service: Taylor Accountancy Best School: McKinley Elementary School and Manzanita Elementary School (tie) Best Senior Living: Sutter Estates Retirement Community Best Lawyer/Legal Services: Wildfire Trial Lawyers

All winners will be invited to stop by the newspaper to receive their winner's certificate and to have a photo taken for the newspaper.

Congratulations to all the winners!

MEMORIAL NOTICE Yolanda Marie Shaeffer February 6, 1922 to November 5, 2019

Yolanda Marie Shaeffer passed away on November 5, 2019, at Summerfield Assisted Living in Yuba City, California.

Yolanda was born on February 6, 1922, in Rio Oso, California. She attended Gridley Schools and graduated from Gridley High School in June 1940. In 1941 Yolanda met Raymond Shaeffer, the love of her life, and they married in November that year. They celebrated 75 years of marriage prior to the death of Raymond. Yolanda cherished her husband and family, and she enjoyed attending events and activities that her loved ones were involved in. Yolanda

loved cooking Italian food, gardening, music, traveling and was an avid reader. Yolanda and Raymond visited all fifty states and went on many memorable cruises and trips abroad. She encouraged her love of travel in her grandchildren.

Yolanda was a homemaker and community volunteer. She was a member of the Sacred Heart Catholic Church, Sacred Heart Altar Society, the Italian Catholic Federation and a Life Member of Women of the Moose. For many years she chaired a dinner to raise funds for

Yolanda was preceded in death by her husband Raymond, son Ryan, her parents Raimondo and Niccola Pantaleoni, brothers Jay, Elio and Vincent and sister Lillian. Yolanda is survived by her sons Tyrone (Ardene) of Yuba City, Gary (Ruth) of Clovis and Rodney (Cherie) of Anderson, seven grandchildren and nine great-grandchildren.

Tuesday, November 12, 2019, at the Sacred Heart Catholic Church at 9 a.m., followed by a reciting of the

Rosary at 9:30 a.m. and Mass at 10:30 a.m. Interment will follow at Gridley Biggs Cemetery.

The family would like to express their gratitude to Sutter North Hospice and Summerfield Assisted Living for their exceptional care and support. In lieu of flowers, donations can be made to the

Gridley Museum, Sacred Heart Food Closet or to a charity of choice.

Arrangements entrusted to Gridley-Block Funeral Chapel.

Gridley Installs New Interim City Administrator and Finance Director

By Seti Long

and Arteaga are expected to homelessness at some point

Tech-Trek Awarded to Lucky Young Women



Tech Trek 2020 representatives: Pictured left to right: Kelsey Lewis from Manzanita School, Taryn Dunbarr from Sycamore School, Adeline Scott from Biggs, Atyana Urbanski from Sycamore School. Photo provided by Sonia Zarate

By Seti Long

GRIDLEY, CA (MPG) - Each year, the American Auxiliary of University Women, in partnership with FOCUS, choose 5 young women to represent the communities of Gridley, Biggs and Live Oak at Tech Trek held at UC Davis.

Tech Trek is a week-long STEM (Science, Technology, Engineering and Math) camp that takes place at the UC Davis campus during the upcoming 2020 summer months. Seventh grade girls are nominated by Science or Math teachers and go through a rigorous process of applications, interviewing, and essay review.

The AAUW and Tech Trek website states that "Research findings have shown that middle school is a critical time when girls tend to stray from studying math, science, engineering and technology."

AAUW has been sending girls to Tech Trek since its inception in 1998. Cathy Slota of FOCUS, who works closely with AAUW, shares that sending the girls to the camp costs about \$900 for each girl attending. The benefits are worth it and help these young women find confidence in perusing careers in the STEM area. \star



All-Inclusive Senior Apartments SUTTER ESTATES



the GUHS Music Scholarship.

A visitation will be held on

GRIDLEY, CA (MPG) -Monday's Gridley City Council meeting was short, sweet and to the point.

With a gap in administration left by the departure of Paul Eckert, former City Administrator and City Finance Director, two positions were in immediate need for staffing. Council appointed Gridley-Biggs Police Chief Allen Byers as interim City Administrator and promoted from within, Ms. Elisa Arteaga as acting Finance Director. Arteaga will hold the position for the next 3-4 months and council holds the option of making changes in the position in the future. Both

result in savings for the city due to reduced salary costs.

Mayor Bruce Johnson presented a proclamation to the 6th Street Center for Youth in Chico's program coordinator and youth employment specialist, Mallory Penzotti, declaring the month of November "Homeless and Runaway Youth Month." According to the proclamation, California has an estimated 200,000 children who are homeless including some 2,000 K-12 students in Butte County alone. Lack of affordable housing due to natural disasters have increased youth homelessness throughout California and 25% of children in fosthe installation of Byers ter care will experience California Power Agency. ★

in their lives.

Penzotti thanked the council saying, "On behalf of all the faculty at the center and all the youth we serve, we can't express how much we appreciate the recognition of national homeless and runaway youth awareness month."

In other actions, Council adopted a resolution authorizing and designating councilman Ray Borges as commissioner and councilman Zach Torres as first alternate commissioner to vote in the City's interest in governance agreements associated with the City's participation in programs, projects and services as a member of the Northern

Missionary Returns from **Čhana**

By Cindy Scott

GRIDLEY, CA (MPG) - Nathan Voss has completed a mission to the Ghana Accra West Mission of The Church of Jesus Christ of Latter-day Saints. He served in the cities of Accra, Asamankese, Swedru, and Asunafo, a remote bush village. His missionary companions were from the countries of Sierra Leone, Congo, Cote d'Ivoire, and the United States.

Voss will report his experiences serving Jesus Christ and teaching his Gospel to the Gridley 3rd Ward on Sunday, 17 November at 9:00 am in the chapel at 400 Spruce Street in Gridley. He will also speak at the chapel in Paradise on November 24, at 10:00 am.



Nathan Voss served the people of Asamankese, in Ghana, Africa. Photo provided by the Voss Family

About his experience, Voss remarked, "In these holiday seasons that are fast approaching, I want to invite all of you to reach out to a friend... and share the joy of the gospel with them, or if they are alone invite them to spend the holidays with you, and I promise you that your holiday season will be

incredible and the best ever." Voss's parents are Bob and Connie Voss. When Voss left home, his family lived in Paradise. After losing their home in the Camp Fire, his family moved to Gridley. Voss plans to continue his education at Butte College and Chico State, majoring in mechatronics.

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Sleeping Giants: The Paint Locker Immortalizes Pearl Harbor Survivors



A self study. As an exercise in refining his talents at portraiture, Burks painted a series of self-portraits. After his black and white renditions of Pearl survivors, he intends to paint colored versions like his self-portraits. Photo by Seti Long

Continued from page 1 where he sketches out a "then" and "now" portrait, juxtaposing a fresh-faced youth with their current seasoned and lined faces. Burkes says, "What I wanted to do is resonate with viewers, probably from younger generations, that are going to look at this and get an idea that these people were living breathing human beings that were young like them." In doing so, he relates the reality of the attack and sacrifices paid by the veterans

to a younger generation. He is a little more than halfway to his goal of at least 20 subjects. Art-wise, that would total 40 black and white preliminary sketches, which take about 2 days a piece, and finally, 40 portraits painted in oils, each of which can require a week to complete. Each of the survivors will have their story printed up and displayed between the two portraits,



Artist Aaron Burks stands next to his "Past" and "Present" renditions of local Pearl Harbor survivor Vere Gardener, who unfortunately passed away earlier this year. Photo by Seti Long

sharing their experience at nation and hopes to one day Pearl, with a brief summary of their other military service. Burkes says he wants Museum in Chicago, the the project "to present them in such a way that is real enough to catch the eye... bridging the gap between the past and now."

After the project is completed, he hopes to travel with the collection, displaying it in galleries across the point."

Burkes has requested a donate it to the National grant from the California Arts Council and has set up Veterans Memorial and a GoFundMe account that Library of Congress or even helps with the costs of his the Smithsonian. He also project. To donate, please plans on making a book of go to GoFundMe.com and the series. "This generalook him up under "Sleeping Giants: Pearl Harbor tion really answered a call no one else had to answer Veterans Then and Now." so they deserve something To view his works or contact special in recognition in that Aarons visit www.thepaintlockergallery.com.

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Veterans Day Celebrations

Gridley: Veterans Day Concert When: Monday November 11th, 2019 at 7:00 pm. Where: Gridley Veterans Memorial Hall Located at

249 Sycamore Street

What: Gridley will hold its annual Veterans Day Concert. Musical entertainment will be provided by the Oroville Orchestra. The program is open to the public and veterans are encouraged to attend. Light refreshments will be provided.

Oroville: Veterans Day Parade

When: Monday November 11th, 2019 at 11:00 am. Where: Montgomery St. from 5th Ave. in Downtown Oroville, CA. What: Come Join in celebration of our nations veterans in this patriotic display. Sponsored by the Exchange Club of Oroville.

Oroville: Veterans Day Community Dinner

When: Monday November 11th, 2019 from 6:00 - 8:00 pm. Where: South Side Community Center at 2959 Lower Wyandotte Rd., Oroville, CA. What: Come on down and take a little time to thank and honor our local veterans for their service to our great nation.

Dinner is free for all veterans and \$10 for civilians. Live music will be provided by Emma and Will. Sponsored by the Exchange Club of Oroville.

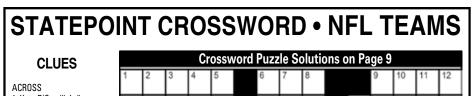
Yuba City: Standing Tall for Veterans Fundraising Dinner -

"Celebrating Women in Uniform." When: November 8th, 2019. 5:30 pm: No-Host Cocktail 7:00 pm: Dinner program and raffle. Where: Colusa Casino Resort, 3770 Hwy 45 Colusa, CA (530) 458-8844

What: This is a fundraiser for Veterans Stand Down. Tickets are \$75 each and sponsor tables are available at the rates of \$1500, \$2000 and \$2500. Veterans Stand Down is a nonprofit with the specific purpose to provide services to any veteran, active or non-active military, senior veterans, disabled veterans, veteran's spouses and dependents. For tickets or more information

visit: www.yubasutterveteransstanddown.org

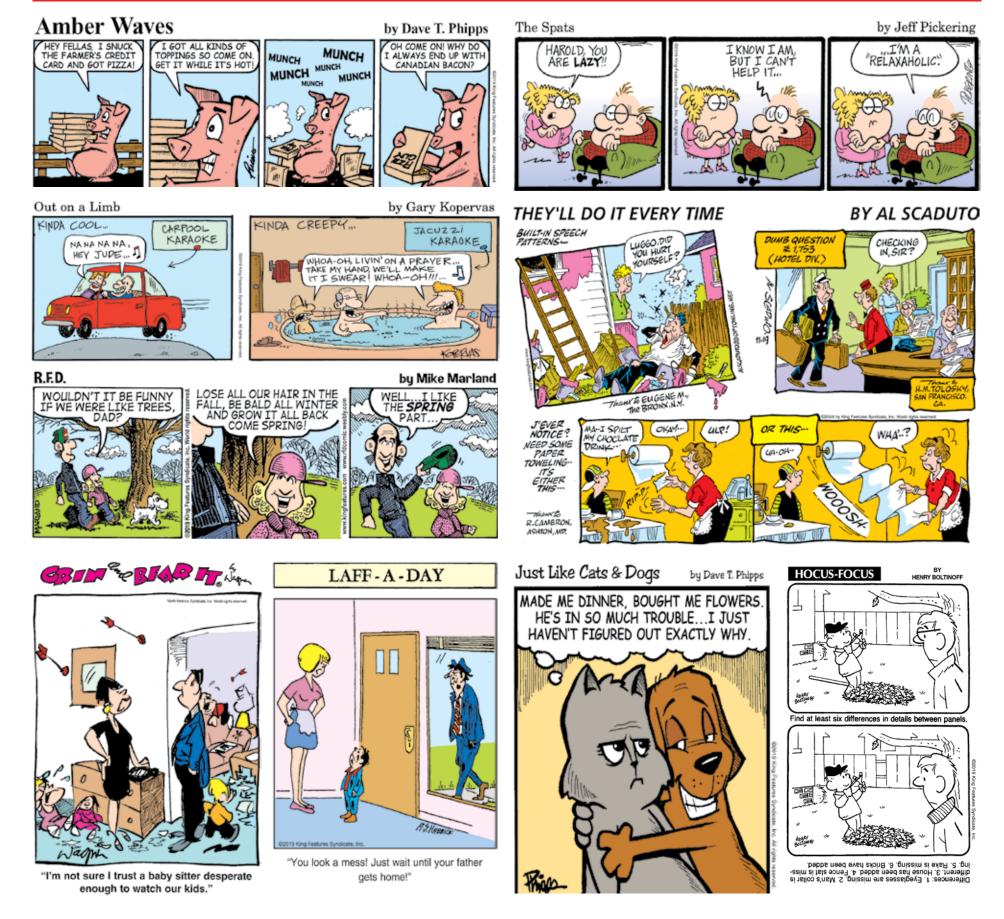




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WEEKLY COMICS





Join the Gridley Youth eaane

Introduction to Online Marketing

Butte College Small Business Development Center, presents a workshop on

"Introduction to Online Marketing"

Friday, November 15, 2019 from 9:00am to 11:00am

at Holiday Inn Express & Suites 2810 Main Street, Red Bluff

Cost is Free. Must register to attend.

This training will introduce you to the beginning steps of online marketing. You will explore marketing fundamentals and how the new platforms of online exposure have changed the game. Gone are the days of outbound marketing, today marketers are embracing inbound tactics, hyper targeting, and custom audiences. You will learn how new technology shapes traditional marketing theory.

Start Your eCommerce Business in 2 Days 2 Weeks Series

Butte College Small Business Development Center, presents a workshop on

"Start Your eCommerce Business in Two Days – 2 Weeks Series"

Wednesday mornings, beginning December 4th, and December 11th, 2019, from 8:30am - 4:30pm

at Butte College Small Business Development Center

2480 Notre Dame Blvd., Chico The cost \$50 per person 0r \$60 at the door.

Must register to attend.

Veronika Monell, owner of JumpStartNOW will show you the power of eCommerce by sharing her expertise to help you learn how to develop your online business strategy, set up an eCommerce store, and sell and market your products online in today's fast-paced digital world. Topics include: Focusing your online business idea; Identifying your ideal customer; steting-up your eCommerce store; Managing your online business; Understanding eCommerce best practices and your store's analytics; Considering online distribution; and Building an eCommerce marketing strategy.

Please register online, call or stop by

Butte College Small Business Development Center (SBDC) 2480 Notre Dame Blvd., Chico 530-895-9017 www.buttecollegesbdc.com to register and for information

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Publisher,

Paul V. Scholl

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SPORTS Wolverines Varsity Football Electric at Home Against Modoc



Biggs High School varsity running back, Shavon Gramps-Green tosses the ball to the referee after scoring a touchdown against Modoc on Friday, November 1, 2019. Photo Courtesy of Joshua Porcayo

By Joshua Porcayo

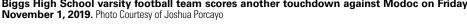
School varsity football team jumped out to an early lead in the first quarter at home versus Modoc High School on Friday, November 1st, and put it to them on offense and defense. Casan Rivero scored the Wolverines first touchdown on the ground from 3-yards out. On the first defensive possession, Jose Ramos jumped on a bad snap by Modoc to regain possession. The energy on the sidelines became electric when running back Shavon Gramps-Green got 45-yard touchdown pass to wide

his first carry in the second quar- receiver, Andrew Wiley, extendter for about 15-yards. From that ing the Wolverines lead 27-6. BIGGS, CA (MPG) - The Biggs High point forward, the Wolverines offense and defense came alive and handed it to the Modoc Braves. Gramps-Green got his first touchdown from half a yard out to extend the Wolverines lead. After Cody Roles intercepted a Modoc pass and returned it 45-yards to the Modoc 20-yard line, Gramps-Green punched it in again from 16-yards out for his second score of the evening.

> Quarterback Gregg Slusser started the second half with a

On the next defensive possession, Camren Jackson jumped on a forced fumble to give Biggs the ball back deep in their own territory. On the ensuing drive, Jackson crossed the goal line from about 2-yards out to give the Wolverines a 33-6 lead.

In the fourth quarter, Gramps-Green continued his running attack with a big 46-yard run to help set up a finishing 3-yard touchdown leap over the pile to extend the Wolverines lead 40-12. On the ensuing defensive possession,



can do for the second time in the game on defense, intercepting a Modoc pass, this time taking it to the house for the pick-six and final points for the Wolverines.

In a post-game interview, Gramps-Green was asked how he feels knowing how the entire team's energy changes when he's on the field. "Oh it feels great knowing that we feed off each other and one big play just creates the whole drive and it just keeps the intensity up, and I just love it. I have such a great O-line and if they come out every week

Gramps-Green showed what he and play hard we just get the job done." Jackson also had to credit his running success to the offensive line. "It's all a team effort. It starts up front with the big men. They really dominated all game. Having them blocking makes it a lot easier for us backs."

The Wolverines captured their fifth straight home win on the season, improving to 8-1 overall (6-1 Cascade Valley League). With Weed High School not having a varsity team, Friday's game against Modoc was their last regular season game before Division V playoffs.

Wolverines JV Football Upsets Undefeated Modoc to Keep Championship Hopes Alive

By Joshua Porcayo

BIGGS, CA (MPG) - The Biggs High School junior varsity football team played a very worthy opponent at home

Jackson 2-point conversion, the JV Wolverines took an 8-6 lead.

After an Ovian Cammon sack on the Braves quarterback, the JV Wolverines



Gridley Varsity Football Loses Stunner at Orland

By Joshua Porcayo

GRIDLEY. CA (MPG) - The Gridley High School var- Carr continued to dazsity football team played zle on the field in the air an away game at Orland and on the ground, throw-

game winning field goal to take the 16-14 lead.

Quarterback Cameron



on Friday, November started the ball around 1st, against the undefeated Modoc Braves. The Braves entered the contest with a record of 7-0 overall (4-0 in league) against the Wolverines who were 4-2 (3-1 in league). Biggs JV squad were unfazed by their record and gave Modoc their first loss of the season to keep their hopes alive of a JV league championship.

Modoc got to work on their first possession of the game to take a 6-0 lead. And a defensive battle ensued after that for the first half. In the third quarter, Talon Gramps gave life to the Wolverines when he returned a stripped ball 80-yards for the touchdown. With a Nathaniel

midfield. Quarterback, Riley Rutherford, completed a pass to Cammon on fourth down and 1-yard to go to help set up a Nathaniel Jackson score from 4-yards out. Cornerback, Jack Galles, helped put the game away with 1:00 left in the fourth quarter with an interception to give the Wolverines possession to run out the clock.

With that victory, the JV Wolverines will play for the possibility of a league championship on Friday, November 8th, against Weed High School at Del Kalbach Stadium in Biggs. The game will begin at 5:30 PM. Good luck JV Wolverines! *

Biggs High School JV quarterback, Riley Rutherford, looks down field for a wide receiver against Modoc on Friday, November 1, 2019. Photo Courtesy of Joshua Porcayo



Biggs High School JV running back, Blake Chandler, slips a tackle against Modoc on Friday, November 1, 2019. Photo Courtesy of Joshua Porcayo

on Friday, November 1st. A heartbreaker with under a minute remaining in the game that left one team stunned, and the other team jumping for joy. Gridley entered the contest with a 4-4 record (1-2 in league) after losing a close one to Oroville at home the week before.

Gridley took the lead in the second quarter 8-7 after converting the 2-point conversion before halftime. Each team scored a touchdown in the third quarter, but failed to convert on the points after touchdown, and Gridley led 14-13 into the fourth quarter. Orland got the ball under a minute to go in the game, and converted the ing for over 70 yards with one touchdown pass to Shav Carr for 45-vards. Cameron Carr also ran for 35 yards and a score. Running back, Arden Anderson, was back in action after missing time due to injury. Anderson got back to work where he left off with 120 yards on the ground. Max Nicolson had 10 tackles on the evening and teammate Chris Richins racked up 13 tackles, 11 unassisted.

Gridley will be at home for their final regular season game against Wheatland on Friday. November 8th. JV plays at 5:30 PM with varsity starting at 7:30 PM. Good luck Bulldogs!

Live Oak Lions Keep Winning Streak Alive

By Joshua Porcayo

LIVE OAK, CA (MPG) - The Live Oak Lions varsity football team walked off the gridiron victorious for the fifth consecutive game in a fourth quarter thriller against Pierce High School on Friday, November 1st, in Arbuckle. The Pierce Bears jumped out to a 7-0 lead in the second quarter and took that score into halftime. Another quiet third quarter like the first, led to a thriller of a fourth quarter. Pierce would go on to score another touchdown in the fourth, but would miss the PAT. Lions quarterback, Tony Vallejo, would throw two fourth quarter touchdowns to wide receiver,

Eddie Torres, to secure the 14-13 victory.

Vallejo threw for over 65 yards with two passing touchdowns in the game. Torres had three receptions and about 30 yards receiving in the game. Running back, Odin Mood, contributed to the offensive ground game with 84 yards on 14 carries and teammate Hayden Langley contributed 46 yards on 6 carries.

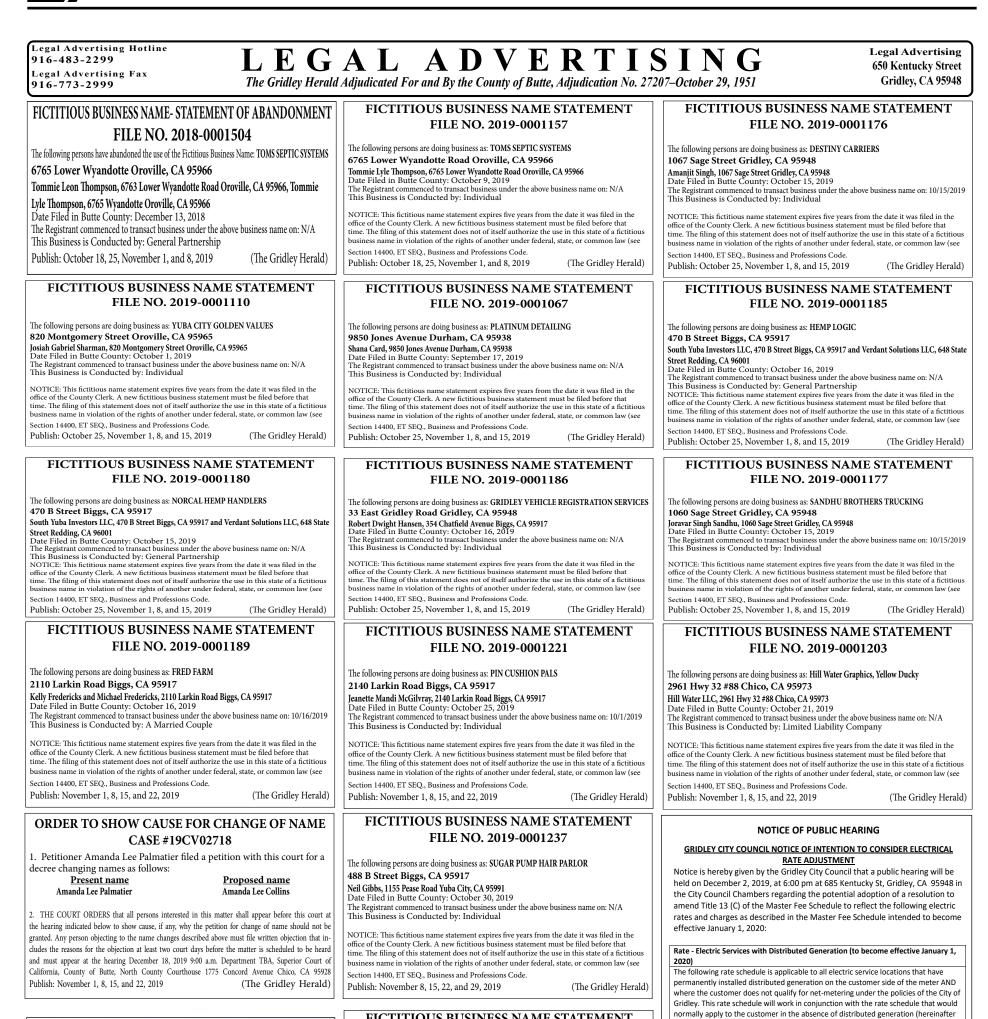
With the victory over Pierce, the Live Oak Lions varsity team improved to 7-2 overall (5-0 Sacramento Valley League). The Lions travel to Colusa, Friday, November 8th, in hopes of securing a league championship. Good luck Live Oak!





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Dear Dietitian

Cold and Flu

2. Vitamin C- In a

meta-analysis involving

more than 11,000 partici-

pants, 200 mg of vitamin

C daily did not reduce the

risk of getting a cold for

the general population.

However, the same dos-

age did reduce the length

of the illness by about one

day (4). In order to obtain

this benefit, the supple-

ment must be taken every

day, not only when you

realize you are getting a

3. Zinc- In a review

on zinc and the common

cold, researchers Meenu

Singh and Rashmi R. Das

found that taking zinc

within 24 hours of symp-

tom onset, the illness was

reduced by about one day,

and the severity of symp-

toms was also reduced

(5). It is important to note

that excessive amounts

of zinc can cause copper

deficiency, anemia, and

damage to the nervous

system. Also, in 2014 the

FDA warned against the

use of zinc nasal sprays

due to permanent loss of

smell in more than one

hundred people. The tol-

erable upper limit of

zinc is 40 mg per day

for adults, less for those

under the age of eighteen.

echinacea has been shown

to stimulate the produc-

tion of immune cells,

studies are mixed when

it comes to preventing

the common cold and the

severity of its symptoms.

Overall, some estimate it

may reduce your chances

of getting a cold by

4. Echinacea-While

cold.

can be determined.



Commentary by Leanne McCrate

Dear Readers:

It is estimated that the common cold is responsible for 150 million missed workdays each year in the United States (1). With cold and flu season fastapproaching, many of us will be headed to the nutrition supplement aisle in an attempt to ward off these nasty viruses. But do these supplements really work? We investigated four of them, and this is what we found:

1. Elderberry- In one small study, elderberry syrup given four times daily was found to improve symptoms of influenza four days faster than placebo (2). In another study of 312 air travelers, those using elderberry had an average of a 2-day shorter duration of the cold and also experienced fewer symptoms (3). Larger studies need to be performed in order to confirm these results. Remember, it takes several studies before scientific value

10-20% (6,7).

Given the modest effect of dietary supplements on the prevention of the common cold, the best defense may be good old-fashioned self-care: Eat right; get plenty of sleep; exercise regularly; and wash your hands frequently.

Until next time, be healthy!

Dear Dietitian References

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B. Barrett. Medicinal properties of Echinacea: A critical review. Phytomedicine. 2003;10(1):66-86.
B.A. Bauer. https://www.mayoo-clinic.org/diseases-conditions/ common-cold/expert- answers/

echinacea/faq-20058218 Disclaimer: The information in this column is intended for educational

purposes and is not a substitute for medical advice. Talk to your doctor before beginning any dietary supplement regimen.

Leanne McCrate, aka Dear Dietitian, is an award-winning dietitian based in Missouri. Her mission is to educate consumers on sound, scientificallybased nutrition. Do you have a nutrition question? Email her today at deardietitian411@gmail.com. Dear Dietitian does not

endorse any products, health programs, or diet plans.

Wright Awarded Emeritus Member

By Doris Peterson

GRIDLEY, CA (MPG) - Martha Wright was recently honored as an Emeritus Member of the Orchard Hospital Auxiliary. She and her husband Norval or now residents of the Hovlid care facility behind the local hospital. Martha served for many years with the auxiliary and worked with Winnie Grog running the Telecare program. Telecare calls members of the local community who live alone every morning to ensure that they are all right and let them know that they are not forgotten.

Martha was born in Hemet California but moved to Gridley when she was four years old and has always been an active member of the community. She has donated blood for many years and has been recognized as a 10-gallon blood donor. Both Martha and her husband worked for many years at Libby's cannery where they met several years after their respective spouses and passed away. They have recently celebrated their 25th wedding anniversary.



Martha Wright pictured with her Emeritus Award, held by Sharon Sannar, for her work with the Orchard Hospital Auxiliary. Photo provided by Sharon Sannar

The Wrights feel fortunate to be together at heartland. They stated that they feel "well taken care of" there and they both say "our lives have been so blessed."

Congratulations Martha this was an honor well deserved. \bigstar

Gridley Thumbs and Roots



By Barbara Ott

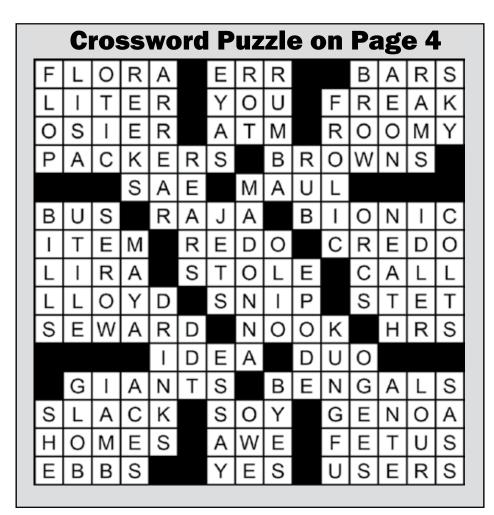
The beginning of November feels full of quiet remembrance. A time to remember veterans and if we know our history to be glad that WWI ended with the signing of the Armistice, eleventh month, eleventh day, eleventh hour and all that. Interestingly, in Europe it is the time of Martinmas, celebrations

begin at the eleventh minute of the eleventh hour of this eleventh day of the eleventh month (that is, at 11:11 am on November 11). Bonfires burn and children carry lanterns in the dark streets, singing songs for which they receive candy. This has been going on since Medieval times. We will wear red poppies in remembrance of veterans. Did you know that the red poppies are wildflowers that grow on the old battlefields of Europe?

These early November memories make poetry resonant in one's being.

peering from some high window, at the gold of november sunset (and feeling: that if day has to become night this is a beautiful way) ~ e.e. cummings

The plants who chill easier are looking pitiful. These container plants can go down to 25 degrees but they are not happy with that much cold. Mine go into the green house. I am testing all my green house equipment with the thoughts of possible nights of 32 degrees soon. I have a small electric heater and a medium kerosene heater. The electric one is to help keep the temperatures at about 34, right above freezing. For the softer plants who cannot go lower than 20, I use warming mats meant for cuttings and seedlings. It all works. All of the outdoor container plants are covered with frost cloth when temps dip. Most of the inground plants are dormant while waiting for spring, they all know the drill! *







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Sudoku Puzzle on Page 4												
	7	2	6	1	5	3	8	9	4			
	1	3	9	4	8	7	2	6	5			
	8	4	5	9	6	2	1	3	7			
	6	5	1	8	7	9	4	2	3			
	4	8	2	5	3	6	9	7	1			
	3	9	7	2	4	1	5	8	6			
	2	7	4	6	9	5	3	1	8			
	5	1	3	7	2	8	6	4	9			
	9	6	8	3	1	4	7	5	2			

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- 8. Cooking appliances should not be used to heat a home.

Thanks and Be Safe‼ Gridley Fire Station 74 ★

•)(•

Five Survivors Reflect on the Camp Fire a Year Later

By Seti Long

GRIDLEY, CA (MPG) - As the one year anniversary of the devastating Camp Fire falls upon us, we are reminded of the events that transpired that November morning, the emotions felt and the sheer destruction left in the fire's wake.

The following is a profile on how a few are handling the anniversary and their journey towards recovery.

A bright spot, in any crowd, Lucy Love is a beacon of hope and represents the resilient spirit of the Paradise community. She describes herself as a "glass overflowing (with wine!)" kind of gal. She relocated to Gridley shortly after losing everything to the fire and threw herself into service to her neighbors and fellow survivors at the Camp Fire Distribution Center Downtown. Volunteering has been a big part of her recovery process. Love says, "I think a lot of them feel like you're not only volunteering, but you are your life and think 'Well if she can do it, I can too', but then you have others that are still feeling raw, and hurt."

Love shares that it's the little things that get to her at times, leaving small patches in her memory. Like remembering how the cabinets in her kitchen were set up, missing simple items like her favorite potato peeler or repeating "Virginia's house just caught on fire!!" three times to her daughter on the phone while escaping the approaching her healing journey blaze.

Also, she is not the only one that has experienced a little brain-fog.



Survivors Avalon and Rocky Glucksman, while having different coping methods, find strength

going along, getting ahead with reasons of anonymity, Barbara, also lost everything in the fire. She remembers her evacuation mind... I think maybe when the process and seeing the reflection of the fire coming over the horizon, but ever since the blaze she has experienced memory loss. It has severely impacted her life. "I have withdrawn from people," she says, because she is nervous she will stumble over words or forget mid-sentence "some days are better than others."

> Barbara shares how she is and her emotions surrounding the anniversary. Honest and raw, she shares the sentiments that many survivors will relate to but may

Using only her first name for be a little hesitant in sharing: "I just want to ignore it and hope it will go away – push it back in my day passes, people will stop talking about it so much. I don't need to be reminded what happened -I know!" She continues, "I'm 80 and I don't think that I will live long enough to get over it."

> Avalon and Rocky Glucksman's memories of the day remain vivid. The pair bought their dream home in Paradise in June of last year, were married in October, and lost everything in November. Rocky recounts of the fire that it was "Pitch black at 8:00 in the morning - it was that dark," and Avalon adds, "Luckily we had some extra

gas from the lawn mower to put in our tank" as they made their way out of the blaze. She shares, "I saw people burning in their vehicles; I saw skeletons completely; I saw people's flesh coming off their bones...'

Despite the horrific details of their escape, Avalon tries to remain positive and throws herself into helping others. The couple started volunteering shortly after finding stable housing and organizing donations to help other survivors. "One of the reasons why we volunteer a lot is because it keeps my mind off of everything," she shares. At times the emotions are still very raw. As the anniversary nears, she has noticed her "anger coming out a little bit more. I'm not crying, 'it's not fair!' I'm screaming into pillows because I think it's the most constructive way to deal with it." Her husband Rocky worries about her saying, "she doesn't take care of herself. That's the problem, because she is so focused on everyone else," she suffers.

Rocky, a Vietnam veteran, feels that they could have it a lot worse. "What I try to do," he says, "is don't look at what happened, but look forward... I've got to keep looking forward, I can't think of all the things I have lost because I can't replace them ... " He continues, "I don't let it take me down it's not healthy."

The Glucksmans intend to move back to Paradise once construction on their home is complete.

Survivor Ruth Nierenhausen seems to share that sentiment. She recalls her escape with her daughter Linda Wells. Linda grabbed her curlers and Ruth her medication as fiery coals were dropping from the sky around their trailer from the pine trees exploding. She lost everything in the fire – home, car and friends that scattered to the wind. She has relocated to Yuba City with other family members that also lost everything in the fire. Her daughter Alice Thompson says that her mother "holds everything in," and Ruth agrees, "I try not to get too emotional." But she is reminded daily of the disaster when she goes to reach for something, finding it not there because it was claimed by the blaze. Despite everything, Ruth stays strong. She says, "My mother always told me, you can't cry over spilled milk."

GHS Music Presents, An Evening in the Renaissance



Newsom Announces California Wildfire Safety Advisory Board and California

Pictured here, Marysa Taylor and Aubrey Sannar will be performing again at this year's GHS Band's Renaissance Dinner. Photo provided by Lena Sannar

By Lena Sannar

GRIDLEY, CA (MPG) - Hear Ye! Hear Ye, Lords and Ladies of the Valley. Gridley High School music program is presenting their annual fall fundraiser, An Evening in the Renaissance. The performers would like to invite you to dress in your finest period appropriate regal wear, or come as you wish, and enjoy the sights, sounds, smells and tastes of the time period.

The GHS Band and Choirs will be performing new and traditional melodies. Solo and small group numbers will also present song, drama and dance.

Eileen Burke-Trent of

charge of the menu for the and vegetables. You will evening and has chosen a fantastic meal to bring to the castle inspired by the treats for purchase. late Mediterranean crusaders. The program will start after light harvest hors d'oeuvre. Then keftedes- meat patties spiced with mint and cinnamon in a wine and tomato sauce, jeweled rice pilaf, Greek salad, pita bread and homemade falafel are all sure to please. Dessert will be an almond poppy seed cake with an almond glaze. Eileen is known for her mastery of flavor and is sure to create a dining experience you don't want to miss.

Dragon Lea Farms is in with harvest fruits, nuts, miss!

also find homemade jams, jellies, pies, desserts and

Dates will be Friday November 15th at 6:30pm, castle doors open at 6pm and Saturday, November 16th at 5:30pm, castle doors open at 5pm. Prices are \$18 for individual tickets or groups of 4 for \$60 and a table of 8 for \$120. Tickets can be purchased in advance from a Band or Choir student or from Gridley High School's front office, ACE Hardware, Wishing Corner, or Children's Hope. Tickets do sell out, so get them while you can. This is an There will be a Market event you do not want to

Catastrophe Response Council

From Governor's Press Office

SACRAMENTO, CA (MPG) - Governor Gavin Newsom announced the appointment of members of the California Wildfire Safety Advisory Board, as outlined in AB 1054, and the California Catastrophe Response Council, established by AB 111, both signed into law in July.

The legislation created the California Wildfire Safety Advisory Board, a board of independent expert advisors, to advise a new Wildfire Safety Division within the California Public Utilities Commission on wildfire safety measures, including plans written by utilities, so the CPUC can more effectively regulate the safety of investorowned utilities.

AB 1054 also mandated that utilities tie executive compensation to safety performance, invest \$5 billion in safety

improvements without profit, and go through a new yearly wildfire safety review and certification process. It also requires new inspections of utility electrical equipment. Under the law, utilities must create a wildfire safety committee in their corporate board, and provide direct board-level safety reporting to the CPUC.

The California Wildfire Safety Advisory Board will advise the Wildfire Safety Division within the California Public Utilities Commission on wildfire safety and mitigation performance, including plans written by utilities, so they can develop an appropriate scope and process for assessing the safety culture of an electric utility.

The Advisory Board will meet at least quarterly throughout the state.

Source: Governor's Press Office

Gridley Sewer Line Smoke Testing Scheduled

By Jodi Molinari, City of Gridley

GRIDLEY, CA (MPG) - As part of its Healthy Sanitary Sewer Program, the City of Gridley and the California Rural Water Association along with their contractor Total Flow will conduct smoke testing of Gridley sanitary sewers during the week of November 11th.

Smoke testing is a safe, inexpensive way to identify leaks in the City's sanitary sewer system allowing extraneous rain and groundwater to enter. The smoke, which is the same product used to train fire department personnel, is safe, non-toxic, non-staining and does not cause a fire hazard. Residents may be home when smoke testing activities take place.

During testing, blowers are placed on manholes and smoke is forced through the system. Smoke exiting the system indicates a potential for rain and groundwater to enter the sanitary sewer system. If there are no deficiencies found, smoke will pass through the system and exit through roof vents. Smoke entering a building is a sign of faulty plumbing and it is recommended that the property owner make appropriate repairs to prevent sewer gases from entering the building.

To discuss smoke testing activities in advance of or during testing, residents can contact Gridley City Hall at (530) 846-3631.

