

Gridley Juniors Plays in TOC Championship

Gridley Blaze Heralds Fire Season





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FRIDAY • JUNE 14, 2019 • VOL. 139 NO. 24

HOT SHOTS: GRIDLEY TAKES 4TH PLACE



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HAPPY AGING! THE PROS AND **CONS OF LIFE AS** A SENIOR



PAGE 8

LISA VANDEHEY **RECEIVES BIG** RETIREMENT **HONORS**



Gold Sox are Rocking



Bv Paul Scholl

MARYSVILLE, CA (MPG) - The weather was perfect for a great night of baseball watching the Gold Sox at the intimate Colusa Casino Stadium. This was Americana at its finest. Being a first-timer at the stadium, it nitely worth waiting to was as entertaining getting to know some of the locals, watching all the kids run around enjoying themselves in the team promotions between innings, and kicking back for some baseball with friends.

The Gold Sox are back this year, literally by popular demand. The team had closed operations after last season, only to be brought back with renewed business and local support. The have proven to be a vital part of the community.

The Gold Sox are putting on a good show this year with a winning a 14 – 1 lead. The final score would team and schedule at GoldSox.com. ★

record and a fun gameday experience. This night, June 8th, included their fireworks show, set off from centerfield shortly after the end of the game. It was defi-

The Gold Sox crushed Atwater, putting the game out of reach in the second

inning with 9 runs scored. It was a be a lopsided 16 - 1. dominating offensive inning. The highlight was a bases-loaded triple by Angel Maurico to left-center field.

Gridley's own Kellen Brothers, a freshman at Yuba College, pitched a strong five innings of 4-hit baseball, giving up only 1 run. It was the first run he had allowed yet this year in three games. He left the game with

If you get the chance, come out and see a future game. The food at the concession stands make for a good dinner for the family and the prices are very affordable. The team staff members made the whole experience even better with their fantastic customer service.

If you love baseball, check out the

Gridley Schools Say Goodbye to Five Teachers

By Seti Long

GRIDLEY, CA (MPG) - As the school year comes to a close, so do the careers of 5 Gridley school teachers who have decided to embark on a new journey: Retirement! The Gridley Unified School District Board took the opportunity to honor these five outstanding educators for their service and dedication to the children of Gridley through Resolutions of Appreciation bestowed on them at the last meeting of the board.

Retiree's resumes included an extensive list of their roles within the education system, reminding the community that they were not just "teachers" but dedicated servants to the children of the community. Many served as mentors, coaches, on special boards and planning commissions, as grant coordinators and more. For the sake of space, this article will list the most recent position that educators held.

First to be honored, was Ms. Penny Michaelis, with 5 years of service to the GUSD.



Retiring teachers Becky McCarthy and Grace Mahannah proudly display their commemorative bells and copies of the Resolutions of Appreciation voted in by the GUSD Board for their years of dedicated service to the students of Gridley

Ms. Michaelis was unable to receive her awards in person, but was commended for her years as an Intervention Teacher at Wilson Elementary School.

Ms. Cindy Kershaw with 19 years of service to GUSD, was honored for dutifully carrying out her responsibilities as a Gridley High School English teacher and Principal at Alternative Education Complex and multiple other positions. Ms. Kershaw was also recognized in Who's Who Among America's Teachers.

Ms. Becky McCarthy with 23 years of service to GUSD, was commended for dedication as a Sycamore Middle School teacher.

Ms. Grace Mahannah with 30 years of service to GUSD was recognized for her dedication and excellence in service as a Sycamore Middle School teacher for her ser-

advisor for certificated personnel.

Last, but not least, Ms. Cindy McIntire with 33 years of service to the GUSD, was honored for dutifully fulfilling her responsibilities as a teacher at McKinley Primary School, Wilson Elementary School, Sycamore Middle School and her service to the district in multiple other roles.

Each retiring teacher was presented a commemorative brass bell and a framed copy of the resolutions detailing their positions held, contributions throughout the years, and the thanks of the district. Each educator was given the opportunity to address the board and share with them their parting sentiments and gratitude. In turn, the District expressed their thanks in the resolutions stating: "That this Board, speaking for the community, students and employees of the Gridley Unified School District, does hereby express the people's gratitude and appreciation," for the teachers' service and vice as a Professional Growth for their dedicated service. *

Gridley **Doctor Loses** License

By Seti Long

GRIDLEY, CA (MPG) - A Physician practicing at Orchard Hospitals Medical Specialty Center overseeing the facilities Pain Management Clinic has recently had his license suspended due to charges of sexually assaulting patients and for gross negligence.

It appears that former Dr. Annamalai Ashokan, whose primary practice focuses on Pain Management services and Anesthesiology, has a history disciplinary action. According to Medical Board of California Case File No. 03-1999-95983, on September 24th of 2001, the Division of Medical Quality, Medical Board of California, Department of Consumer Affairs, State of California suspended the doctors license (No. A 43142) for 60 days and placed him on a 5 year term of probation for four separate instances of action including those of Sexual Misconduct, Gross Negligence, Dishonesty in a case out of Hollister, CA in 1999 and Corrupt Acts and a Criminal Conviction Substantially Related to Duties of a Physician in a San Benito County case in 2000. Ashokan was allowed to return to his pain management practice during his probationary period with a 3rd party present during examinations and treatment and was required to undergo psychiatric treatment and ethics training. His license was restored o clear status effective September 24, 2006.

According to an Office of Administrative Hearing Case No. 800-2018-045205, on May 23, 2019, a criminal investigation into an incident that occurred on April 6th of 2018 was initiated by Detective Parrot out of Chico on June 21, 2018. On March 19, 2019, criminal charges were filed against Dr. Ashokan alleging the physician committed sexual battery on a female patient at his Chico office. The patient alleges that while she was receiving treatment from Dr. Ashokan, she lost consciousness and awoke to find herself in the process of being sexually assaulted. DNA evidence from a sexual assault examination conducted at Enloe Hospital on April 6th 2016 confirms a DNA match to Dr. Ashokan and a recorded admission of guilt were enough for both the legal system and the Medical Board to take firm action. Ashokan was reportedly arrested on January 30th, 2019 at his Chico office but quickly posting bail.

Additionally, on March SEE LOSES LICENSE PAGE 3

The New Pi-Line



The new Pi-Line Honoring Publisher W.D. Burleson By Josh F.W. Cook

Nothing defines who I am more than my religion, perhaps you are this way too? It shapes everything I do and all of the decisions I make. This is how it is for many people. U.S. Civil rights laws and the 1948 United Nations Universal Declaration on Human Rights call attention to the discrimination, persecution, and violence many religious people experience around the world, just because of who they are. I have been trying to find a way to explain what it means to be Religious - to people who are not Religious. I thought I would start the conversation by defining terms:

Religion - a pursuit or interest to which someone ascribes supreme importance in defining who they are and how they interact with the

Religious - an individself with their beliefs, ideas, feelings, history, and culture.

Religious Identity - One's innermost concept of self - constructed from a desire to worship something and express their feelings and beliefs.

Religious Practice -The ways that Religious people choose to express their inherent or immutable enduring emotional and

spiritual identity based on persons whose identity is their feelings, beliefs, intuition, culture, history, and ideas. This may include wearing certain clothes, reading traditional texts, avoiding certain foods, attending meetings, charitable activities, organizing into communities, cherishing specific icons, music, and art, and adapting to particular codes of sexual behavior and family life.

A-religious - The lack of a religious feeling or desire for Religiousness. A belief that Religion is not a defining element in an individuals

Conversion - The process in which a person first acknowledges, accepts, and appreciates their Religious identity and begins to share who they really are with others. This may happen suddenly or over many

Investigating - A term used to describe people who are in the process of exploring their Religious Identity or system of beliefs.

Religion non-conforming

A person who has beliefs that are not entirely in line with the traditions of the established and organized faiths or the faith they iden-

Spiritual Person - A term some prefer to use instead of Religious or member of a

Inactive Religious - A ual who identifies their core person who has had strong spiritual feelings of faith and now does not practice their faith or has chosen to diminish the intensity of their expression.

Curious/Investigating

- An individual who is pursuing more understanding of themselves and their identity and humanity through study, prayer, meditation, and revelation.

Historic Religious - A murdered.

tied to a historic Religion, faith tradition, or set of beliefs in which their birth culture is or has shaped their human identity and sense

place in the world. Closeted - Describes a Religious person who has not disclosed their Religious identity, practices, or beliefs. Many times for fear of ridicule, persecution and violence.

Ally - A person who is not Religious but shows support for Religious people and promotes equality and historic protections for open belief, Practice and sharing of one's Religion.

Minority Religious Protections (MRPs) - Laws, rules, and regulations that have been put in place to protect Religious people from persecution, coercion, bullying, violence, and discrimination. Most prominently the United Nations Declaration of Human Rights and the United States Civil Rights Act, which both specifically protect Religious people.

Religious Bigotry - Acting out against Religious people based on fear, hatred of or discomfort with people who have embraced beliefs that are contrary to yours or your community. Bigotry happens every day thru bullying, marginalizing, and coercion.

Religion-phobia Prejudice, fear, discomfort, or hatred directed toward Religious people. (This has happened a lot in history, you should be worried about it).

Living openly - A state in which Religious people are comfortable about their identity – expressing themselves where and when it feels appropriate to them. Many Religious people in the world have to hide their Religion, or they will be

Lisa VanDeHey Receives **Big Retirement Honors**

By Eileen Burke-Trent

GRIDLEY, CA (MPG) - A retirement reception was attended by over 200 people for Lisa VanDeHey, former long-time editor and publisher of the Gridley Herald Newspaper, which has served the people of South Butte County since 1880. Guests enjoyed a buffet at the Gridley Masonic Lodge Hall Saturday June 8th, and shared their gratitude for her service to the community. Attendees from all walks of life and ages offered their respects, and included members of the American Association of University Women, former Gridley Mayor Jerry Fichter Koepple, Chamber of Commerce and Rotary members, and a host of other Gridley, Biggs and Live Oak area residents, professionals, and com-

munity activists. Three long tables and wall space displayed the many awards, plaques, and certificates of service recognition Ms. VanDeHey has earned over the years, not the 13 continuous years as least of which included awards as area Woman of the Year, her position as the first female President



Cheers to a great career! (Left to Right) Lisa VanDeHey and Eileen Burke-Trent at Lisa's Retirement party held Saturday, June 8th. Photo provided by Eileen Burke-Trent

additional evidence of recognition and gratitude from a lifetime of service to the public, area schools, governments, non-profits and service organizations, including a Board Member of the recently renamed Orchard Hospital.

Lisa VanDeHey left the of the Rotary Club, and Gridley Herald in 2018.

She officially retired from the newspaper industry in 2019, but her friends and community members have made it clear they will continue to rely for many years on her capable service as one of the most valuable and knowledgeable contributors to the welfare of her community, and to South Butte County.



MEMORIAL NOTICE

Mary A. Turner



California, passed away Saturday, June 1, 2019 after a three month battle with lung and heart disease. Born in Oroville, CA, in June, 1944 to Vern and Opal Brown. Mary was an avid gardener, loved painting ceramics, and

making flower arrangements. Her green thumb was admired by all when they would visit her yard of lush greenery and bright beautiful flowers. She was a strong and independent person who did not

let her physical disabilities stop her. She can be remembered for helping keep the Gridley Flower Garden full of flowers during the fair and she always encouraged local kids to enter their arrangements in the annual competition.

She was a huge advocate of the Barry Kirshner Wildlife Foundation. Her love of protecting the unique animals that could not protect themselves, gave her the drive to help support the foundation.

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Mary got married to her husband Bill in January 1962 after a very short courtship. You can say it was 'love at first sight". She was a devoted wife for 57 years. They have lived in Biggs for the past 40 years. Mary worked for the Social Security Office for over twenty of those years.

She is survived by her husband, Bill Turner of Biggs, daughter Elaine and Mike Tade of Georgia, five grandchildren

and two great-grandchildren. Mary was preceded in death by her mother, Mary Opal Brown, father, Vernon M. Brown, sister, Shirley Allee, and daughter Penny David.

Arrangements are under the direction of Gridlev-Block Funeral Chapel. In lieu of flowers, donations can be made to the Barry Kirshner Wildlife Foundation and mailed to PO Box 841, Durham CA 94938. At her request, no services will be held

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Gridley Doctor Loses License

LOSES LICENSE FROM PAGE 1

7, 2019, in Case No. 800-2017-032152 accusations were filed against the physician in connection with his prescription of controlled substances after failing to properly administer and monitor opioid prescriptions in a pain management case that may have contributed to the death of the patient.

Kimberly Kirchmeyer, Executive Director of the Medical Board of California Department of Consumer Affairs, State of California, petitioned in Case No. 800-2017-032152, for an interim order to keep Ashokan from practicing on April 22, 2019, and the matter was submitted for decision on May 23,2019. Notated in the Case No. 800-2017-032152 under "respondents' evidence" provided in the report, Ashokan was required to notify all three locations he practiced at, including

Orchard Hospital of the current proceedings and allegations. He submitted to the Medical Board of California Department of Consumer Affairs a letter from Steve Stark, CEO of Orchard Hospital, in responded for the care he provides to his patients and asserts that respondent's absence from his practice will be detrimental to his patients."

The Medical Board of California Department of Consumer Affairs, State of California officially suspended Ashokan's' license to practice effective June 5th, 2019. In response to the news, Orchard Hospital has issued this official press

JUNE 5, 2019 - Orchard Hospital announced today it has terminated its contract with Dr. Annamalai Ashokan.

Dr. Ashokan worked in Orchard Hospital's Medical Specialty Center as a pain management specialist. In

January, 2019, Dr. Ashokan was charged with sexual assault stemming from a 2016 incident involving a patient being seen in his Chico practice, not associated with Orchard Hospital.

"Once we learned of which Stark, "praised the the charges against Dr. Ashokan, we took immediate steps to make sure our patients were safe," according to Steve Stark, chief executive officer at Orchard Hospital. "This included having a staff member accompany every patient visit with Dr. Ashokan," Stark went on to

> "Orchard Hospital has never received a complaint alleging sexual abuse by Dr. Ashokan from our patients." Stark concluded.

Dr. Ashokan led Medical Specialty Center's Opioid Crisis Team where hundreds of patients were being treated for pain. Orchard Hospital has already started recruitment efforts to find a replacement physician.

Gridley Blaze Heralds Fire Season

By Seti Long

GRIDLEY, CA (MPG) - Just days before a fire-weather watch went into effect for the North Valley, a Gridley residence went up in flames. Two calls came through Gridley-Biggs PD Dispatch at approximately 10:59 pm on Thursday, June 6th alerting authorities that a structure, located on the corner of SR-99 and Archer Avenue, in Gridley was on fire. According to the police ture prior to CalFire's Anyone with informareport, CalFire was arrival. According to Fire tion or that may have already en route at that Captain Rob Kenyon, time, and GBPD Officers crews made good progresponded to support the ress getting knockdown fire crews in containment

The fire started in an from a nearby fire hydrant,



Calfire responds to a fire in progress, quickly shutting it down before the blaze could spread. Photo by Dave Garne

the property and spread to an adjacent strucon the fire quickly and established a water supply

inhabited structure on minimizing damage. The cause of the blaze is currently under investigation. witnessed any suspicious activity or persons at the location prior to the fire's outbreak is urged to contact Gridley-Biggs Police Department.

PG&E Encourages Customers to Conserve Electricity as California Declares Flex Alerts

By Brandi Merlo, PG&E

NORTHERN CALIFORNIA (MPG) - Pacific Gas and Electric Company (PG&E) urges customers to conserve electricity in response to a statewide Flex Alerts called for by the California Independent System Operator (ISO), which manages the state's power grid.

A Flex Alert is an urgent call to immediately conserve electricity and shift power demand to off-peak hours to ease strain on the grid. The ISO issued the alert in response to high temperatures and high energy demand.

Because of widespread heat, the ISO anticipates energy demand reaching a peak of 42,800 megawatts (MW) this evening. Also, two units with a total generation of 1,260 MW are offline due to mechanical failures. For security reasons, the ISO declined to identify the units. The Flex Alert is in response to the combination of high electricity demand and reduced generation.

Earlier in the day, the ISO issued a Restricted Maintenance Operations (RMO), which requires generators and

transmission owners to postpone scheduled maintenance to keep grid assets available for use.

PG&E encourages customers to reduce electricity use today, especially during the afternoon, when air conditioners are typically at peak use.

Customers should also follow these conservation tips: Adjust your thermostat to 78 degrees or higher or turn it off if you will be away from home. Use a fan instead of air conditioning, when possible; Draw drapes and turn off unnecessary lighting; Keep refrigerator full (with bottles of water if nothing else) and unplug any second refrigerator in the home or garage; Avoid using electrical appliances and devices. Put off tasks such as vacuuming, laundry, dish washing and computer time until after 10 p.m.; Set your pool pump to run overnight instead of during the day.

These Flex Alert-related conservation efforts could reduce the risk of further emergency measures, including rotating power outages.

For more information, visit www.pge.

Hot Shots: Gridley Takes 4th Place

By Seti Long

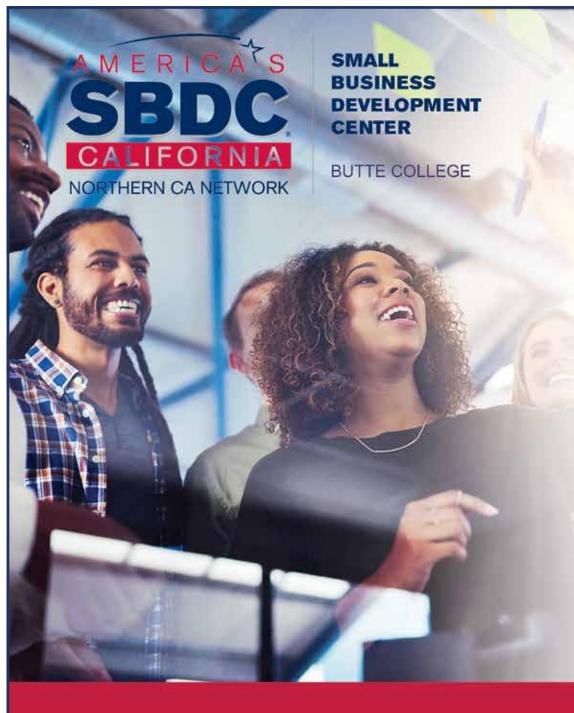
GRIDLEY CA (MPG) - The marksmen of the Gridley High School Trap Shooting Team made the drive to Fresno to shoot it out in a state-wide competition the first weekend in June. The team, which is completely comprised of FFA Members, placed 4th overall in the State and shooters placed individual categories. Jacob Weinzinger got 4th place in the Junior Varsity division and Riley Dunning hit 96 out of 100 targets to clench 6th place in the Varsity division.



Gridley High School's Trap Shooting team at this year's state **competition.** Photo provided by Justin Kern

Dakota Dewsnup earned the "25 straight badge" for making 25 shots in a row and also hit 93 out of 100 of his targets.

The group would like to thank their coaches for a great season: Mr. Kern, Gridley High Schools Principal; Mr. Dunning, valued parent and community member and Mr. Dreesmann our Ag Advisor! Great season! ★



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The Pacific Madrone — Rare in Lower Bidwell Park

By Laura Lukes, UC Master **Gardener of Butte County**

A beautiful tree sits on the north side of Little Chico Creek, shading the picnic table at site #34 in Lower Bidwell Park. Its thick, smooth lower branches are perfect for climbing, and its form is both rounder and more symmetrical than its relatives at higher elevations. And its occurrence at our low altitude (elevation 197 feet) is rare.

Arbutus menziesii, a broadleaf evergreen hardwood tree, is best known as Pacific madrone. It is most often found along Puget Sound, and in the Oregon and California coast ranges; it is also scattered on the western slopes of the Sierra Nevada and Cascade mountain ranges. Its favorite habitats in southwestern Oregon and northern California are dry foothills, wooded slopes, and canyons. In California, madrone grows best at elevations between 300 and 4,000 feet. If you've driven State Route 20 between Willits and the coast, you've seen these stately trees reaching above the coast redwood and mixedevergreen forest canopy on the steeper slopes.

Captain George Vancouver of the British Royal Navy comand diplomacy from 1791 to 1795 which circumnavigated the globe and made contact with five continents. Madrone's species name honors the Scottish surgeon, botanist and naturalist, Archibald Menzies, Vancouver's voyage of exploration. Menzies, who spent merchant ships, recognized its similarity to the European arbutus, A. unedo, which today is a popular landscape tree in Chico. Its red fruits are shaped like strawberries, and in fact



Pacific Madrone in Lower Bidwell Park, Chico. Photo taken by Laura Lukes

the Spanish word madroño translates as "strawberry tree." Other common names include madroa, madroo, madroña, and bearberry.

While all parts of the Pacific madrone are remarkable, its best-known characteristic is manded a voyage of exploration that it freely peels its outer bark. Once this skin-like outer layer is shed, the remaining bark is smooth and polished, with a distinctive reddish color. Young bark darkens to a deep red with age; younger stems can range from green to chartreuse, who noted this tree during and young trunks are frequently orange. Older portions of the bark become a dark, brownish many years at sea serving with red. The deep color of the bark the Royal Navy and on private contrasts nicely with the tree's large, glossy, dark green foliage. In spring, sprays of small, bell-shaped white flowers adorn the branches, giving way to red berries in the autumn months.

The madrone has evolved an American Forests National Big

effective method of seed regeneration: each berry contains between three and 30 seeds, and when the berries dry they develop hooked barbs that can latch onto the fur and skin of passing mammals, hitching a ride to colonize new locations.

The Pacific madrone ranges in height from about 33 to 82 feet but can reach up to 100 feet or more in ideal conditions. In those perfect conditions, it can reach a thickness of 5 to 8 feet at the trunk, much like an oak tree. Ideal conditions include a sunny site such as a south or west facing slope with soil that is well drained and lime free.

The largest known specimen of Pacific madrone lived in Joshua Creek Canyon Ecological Reserve on the Big Sur Coast. At least 125 feet tall and more than 25 feet in circumference, and listed on the

Tree list, it sadly was severely burned in the 2016 Soberanes

Surviving Drought and Fire: At the base of its trunk. the Pacific madrone has a woody, globe-shaped, regenerative organ known as a burl. This structure is a peculiar adaptation to its forest habitat, which historically experienced regular burns at intervals averaging between 10 and 35 years. The Pacific madrone is susceptible to fire, but also relies on fire to regenerate. Its low resistance to fire is due to its thin bark. Conversely, repeated top-kill by fire encourages burl development, enhancing Pacific madrone survival - the burl serves as a source of stored carbohydrates for prolific postfire sprouts. These rise from dormant buds on the burl, and initially grow rapidly after a fire.

A massive, wide-spreading

root system increases its ability to withstand summer drought. In fact, the tree prefers dry, well-draining soils and does not tolerate direct watering during the summer months. Once established, Pacific madrone is windfirm, drought enduring, and somewhat tolerant of wet, freezing conditions.

Native American Uses: The Concow tribe calls the tree distā'-tsi or kou-wät'-chu. Native Americans sometimes ate the berries, but were more likely to make them into a type of cider, or chewed them to cleanse their mouths, since the berries' high tannin content makes them astringent. Madrone berries were used in necklaces and other decorations, and as bait for fishing. Tea made from the bark and leaves was used to treat stomach aches, cramps, skin ailments, and sore throats. The wood was used to make implements and it was particularly useful as firewood; its density and hardness ensures it burns long and hot -- even better than

Pacific madrone is a particularly beautiful tree, with its reddish curved trunks supporting a broad, spreading crown of deep green leaves. It is most often seen as a single specimen tree displaying its finery among the more common Douglas fir and tanoak. It is currently declining throughout most of its range, unfortunately due to 100 years of forest fire control and urban development in its native habitat. We are lucky to have our lovely, rare specimen in Lower Bidwell Park.

For more information on gardening in our area, visit the Butte County Master Gardener web page at: http://ucanr.edu/ sites/bcmg/. If you have a gardening question or problem, call our Hotline at (530) 538-7201 or email http://mgbutte@ucanr.

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A D V E R T I S I N G LEGAL

The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207-October 29, 1951

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TRUSTEE SALE NOTICES

T.S. No.: 2017-02946-CA A.P.N.:028-470-007-000 Property Address: 1770 Swedes Flat Road, Bangor, CA 95914-9709 NO-TICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMA-RY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOC-UMENT BUT ONLY TO THE COPIES PRO-VIDED TO THE TRUS-TOR. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED IMPORT-ANT NOTICE PROPERTY OWNER: YOU ARE IN DEFAULT UNDER Α DEED OF TRUST DATED 12/11/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED **EXPLANATION** OF THE NATURE OF PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Trustor: Kit White and Judy White, husband and wife and Patricia White, an unmarried woman, as joint tenants Duly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 12/19/2006 as Instrument No. 2006-0066363 in book ---, page--- and of Official Records in the office of the Recorder of Butte County, California, Date of Sale: 07/22/2019 at 03:30 PM Place of Sale: ON THE STEPS OF THE COUN-**COURTHOUSE** TYNUMBER 1 COURT OROVILLE, STREET, CA 95965 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 357,992.31 NOTICE OF TRUST-EE'S SALE THE TRUST-EE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER

FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATION-AL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCI-ATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECI-FIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHO-RIZED TO DO BUSI-NESS IN THIS STATE: All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as: More fully described in said Deed of Trust. Street Address or other common designation of real property: 1770 Swedes Flat Road, Bangor, CA 95914-9709 A.P.N.: 028-470-007-000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The sale will be made. but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$ 357,992.31. Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt. If the

Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE OF TRUST-EE'S SALE NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a iunior lien. If vou are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the

before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this

lien being auctioned off,

Internet Web site http:// www.altisource.com/ MortgageServices/DefaultManagement/TrusteeServices.aspx using the file number assigned to this case 2017-02946-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: May 29, 2019 Western Progressive, LLC, as Trustee for beneficiary C/o 1500 Palma Drive, Suite 237 Ventura, CA 93003 Sale Information (866) 960-8299 Line: http://www.altisource. com/MortgageServices/ DefaultManagement/ TrusteeServices.aspx WESTERN PROGRES-SIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR AT-TEMPTING TO COL-LECT A DEBT. ANY INFORMATION TAINED MAY BE USED FOR THAT PURPOSE. APP#3536025 6-28-19

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FICTITIOUS BUSINESS NAME- STATEMENT OF ABANDONMENT FILE NO. 2014-0001355

The following persons have abandoned the use of the Fictitious Business Name: FALLING ROCK RV PARK

3454 Hwy 70 Oroville, CA 95965 Don Madderra, 3454 Hwy 70 Oroville, CA 95965 and Kathy Io Martin, 3454 Hwy 70

Oroville, CA 95965 Date Filed in Butte County: May 29, 2019 The Registrant commenced to transact business under the above business name on: 11/4/2014

This Business is Conducted by: General Partnership (The Gridley Herald) Publish: June 7, 14, 21, and 28, 2019

FICTITIOUS BUSINESS NAME STATEMENT

The following persons are doing business as: BRANSON ENTERPRISES

This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious ousiness name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEO., Business and Professions Code

FILE NO. 2019-0000629

4279 Banya Trail Oroville, CA 95965 Matthew James Branson, 11132 Nelson Bar Road Oroville, CA 95965

Date Filed in Butte County: May 17, 2019

The Registrant commenced to transact business under the above business name on: N/A

Publish: May 31, June 7, 14, and 21, 2019 (The Gridley Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #19CV01470

Present name Marlon Keen Madsen Proposed name

2. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing July 10, 2019 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928 Publish: May 31, June 7, 14, and 21, 2019 (The Gridley Herald)

2117 Eagle Meadows Drive Gridley, CA 95948 Denise Gillie Pratt, 2117 Eagle Meadows Drive Gridley, CA 95948

Date Filed in Butte County: May 13, 2019

The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Individual

The following persons are doing business as: THE POWERFUL PLATE NUTRITION

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2019-0000478

Carlene Estelle Ault and Richard Alan Ault, 5813 Pacific Heights Road Space 104 Oroville,

The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: A Married Couple

NOTICE: This fictitious name statement expires five years from the date it was filed in the

time. The filing of this statement does not of itself authorize the use in this state of a fictitious

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2019-0000603

business name in violation of the rights of another under federal, state, or common law (see

office of the County Clerk. A new fictitious business statement must be filed before that

The following persons are doing business as: DRYWALL TOOL REPAIR

5813 Pacific Heights Road Space 19 Oroville, CA 95965

Date Filed in Butte County: April 12, 2019

Section 14400, ET SEQ., Business and Professions Code.

Publish: May 24, 31, June 7, and 14, 2019

CA 95965

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that

time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code. Publish: May 31, June 7, 14, and 21, 2019

FICTITIOUS BUSINESS NAME- STATEMENT OF ABANDONMENT FILE NO. 2015-0000578

The following persons are doing business as: G L A ENTERPRISES LLC 122 West Liberty Road Gridley, CA 95948

G L A Enterprises LLC, 122 West Liberty Road Gridley, CA 95948, Gary Shawn Anderson, 122 $\,$ West Liberty Road Gridley, CA 95948, Lisa Annette Anderson, 122 West Liberty Road Gridley, CA 95948, Jessica Linea Anderson, 122 West Liberty Road Gridley, CA 95948, Julie Elizabeth Anderson, 122 West Liberty Road Gridley, CA 95948 and Holly Annette Anderson, 122 West

Liberty Road Gridley, CA 95948
Date Filed in Butte County: May 20, 2019
The Registrant commenced to transact business under the above business name on: 4/6/2005

This Business is conducted by: Limited Liability Company

Publish: May 31, June 7, 14, and 21, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT

1. Petitioner Marlon Keen Madsen filed a petition with this court for a

decree changing names as follows:

Marlon Curt Keen

FILE NO. 2019-0000640

The following persons are doing business as: A-1 FENCE, CHICO FENCE 2216 Fair Street Chico, CA 95928

The following persons are doing business as: FALLING ROCK RV PARK

3454 HWY 70 Oroville, CA 95968

Date Filed in Butte County: May 29, 2019

Publish: June 7, 14, 21, and 28, 2019

Section 14400, ET SEQ., Business and Professions Code.

Freedom, CA 95013

John Franklin Sterle, 15 Niagara Way Chico, CA 95928

Date Filed in Butte County: May 21, 2019
The Registrant commenced to transact business under the above business name on: 10/1/1981 This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.

Publish: June 7, 14, 21, and 28, 2019 (The Gridlev Herald)

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2019-0000676

Farbod Dinyari, 44 Ross Avenue Freedom, CA 95013 and Shadi Dinyari, 44 Ross Avenue

The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: General Partnership NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that

time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000679

The following persons are doing business as: NOR CAL INK AND TONER

760 Mangrove Avenue Chico, CA 95926 Robert Charles Klotz III, PO Box 1984 Jackson, CA 95642

Date Filed in Butte County: May 29, 2019

The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see

Section 14400, ET SEQ., Business and Professions Code. Publish: June 7, 14, 21, and 28, 2019 (The Gridlev Herald)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE #19CV01296

1. Petitioner Teri Anne Chesson filed a petition with this court for a decree changing names as follows:

Present name Riley Dean Casaulong Proposed name

2. THE COURT ORDERS that all persons interested in this matter shall appear before this cour at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing July 10, 2019 9:00 a.m. Department TBA, Superior Court of California, County of Butte, North County Courthouse 1775 Concord Avenue Chico, CA 95928 Publish: June 7, 14, 21, and 28, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000677

The following persons are doing business as: FUNSTON INDUSTRIAL SANDS 4801 Feather River Boulevard 30C Oroville, CA 95965

Paul Albert Funston, 600 Lentini Way Sacramento, CA 95834
Date Filed in Butte County: May 29, 2019
The Registrant commenced to transact business under the above business name on: 1/1/2014
This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code. Publish: June 7, 14, 21, and 28, 2019

(The Gridley Herald)

(The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000711

The following persons are doing business as: FISCHER DEVELOPMENTS 3714 Patterson Lane Oroville, CA 95965

Douglas James Fischer, 3714 Patterson Lane Oroville, CA 95965 and Zachary Todd Fischer, 3714 Patterson Lane Oroville, CA 95965

Date Filed in Butte County: June 7, 2019
The Registrant commenced to transact business under the above business name on: N/A
This Business is Conducted by: Copartners

Section 14400, ET SEQ., Business and Professions Code. Publish: June 14, 21, 28, and July 5, 2019

(The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000585

The following persons are doing business as: CONSTRUCTION TESTING AND INSPECTION

1125 Palermo Road Palermo, CA 95965

Cuauhtemoc Gutierrez, 1125 Palermo Road Palermo, CA 95965
Date Filed in Butte County: May 9, 2019
The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see

Section 14400, ET SEQ., Business and Professions Code. Publish: June 14, 21, 28, and July 5, 2019 (The Gridley Herald)

the quality of the human environment, and as such it will not prepare an Environmental

Impact Statement for its action related to the proposed project

DEPARTMENT OF AGRICULTURE

Rural Development

SUMMARY: The Rural Utilities Service (RUS) has made a Finding of No Significant Im-

pact (FONSI) with respect to a request for possible financing assistance to the City of Biggs for the construction of the Wastewater Treatment Plant Upgrades Phase 2 in Butte County,

CA. The RUS has adopted the Environmental Document prepared for the U.S. Environ-

mation, contact: Colleen Crowden, Community Programs Specialist, USDA Rural Devel-

opment, 430 G Street, AGCY 4169, Davis, CA 95616, (530) 792-5833. The EA and FONSI

are also available for public review at the City of Biggs, 465 C Street, (PO Box 307), Biggs,

SUPPLEMENTARY INFORMATION: The proposed project consists of improvements

to the City's wastewater treatment plant effluent disposal process and changes to the

associated discharge practices in order to comply with the Central Valley Regional Water

Quality Control Board (Board) National Pollutant Discharge Elimination System (NP-

DES) Permit No. CA0078930. The net effect of the proposed improvements is a cessation

of all effluent discharged to Lateral K, which connects with Butte Creek, which in turn

connects with the Sacramento River. Proposed improvements include 1) Addition of an effluent pump station to the existing WWTP; 2) Construction of storage basins; 3)

Addition of an effluent pipeline from the new pump station to the storage basins; and 4)

Alternatives considered by RUS and the City of Biggs include: No action; North Site Al-

ternative; and Regional Wastewater Treatment Alternative. The alternatives are discussed

in the City of Biggs Wastewater Treatment Plant Upgrades Phase 2 EA. The RUS has

The availability of the EA for public review was released in the form of a Notice of Prepa-

ration (NOP) for the draft EIR that circulated to the public, local, state and federal agen-

cies and other interested parties soliciting comments on the project on May 8, 2013.

The review period ended June 8, 2013. An initial study for the project was prepared

and released for public review with the NOP. The public was given the opportunity to

review the draft EIR under CEQA requirements. The City of Biggs held a public meeting

on November 12, 2013 to solicit comments on the EIR. The EIR was circulated to the

public and distributed to the State Clearinghouse for review from October 10, 2013 to November 25, 2013. Comments were received from the Central Valley Reginal Water

Quality Control Board, California Department of Fish and Wildlife, Governor's Office

of Planning and Research, and California Water Resources Control Board. The Com-

ments and Responses are detailed in Final Environmental Impact Report dated Decem-

ber 2013. The Notice of Determination was recorded with the Butte County Clerk on

Based on its EA, commitments made by the City of Biggs, and public comments received,

RUS has concluded that the project would have no significant impact (or no impacts)

to water quality, wetlands, floodplains, land use, aesthetics, transportation, or human

The proposed project will have no adverse effect on resources listed or eligible for listing on the National Register of Historic Places. The Agency has also concluded that the pro-

posed project is not likely to affect federally listed threatened and endangered species or designated critical habitat thereof. The proposed project would not disproportionately

No other potential significant impacts resulting from the proposed project have been identified. Therefore, RUS has determined that this FONSI fulfills its obligations under

the National Environmental Policy Act, as amended (42 U.S.C. 4321 et seq.), the Council

on Environmental Quality Regulations (40 CFR §§ 1500-1508), and USDA Rural Devel-

opment's Environmental Policies and Procedures (7 CFR Part 1970) for its action related

The RUS is satisfied that the environmental impacts of the proposed project have been

adequately addressed. The RUS's federal action would not result in significant impacts to

Addition of flood irrigation for land application of effluent.

reviewed and approved the EA for the proposed project.

mental Protection Agency (EPA) in accordance with RD Instruction 1970.15(b). FURTHER INFORMATION: To obtain copies of the EA and FONSI, or for further infor-

City of Biggs: Notice of Finding of No Significant Impact

ACTION: Notice of Finding of No Significant Impact.

AGENCY: Rural Utilities Service, USDA

CA 95917 (530) 868-5493.

January 15, 2014.

Roben Benish, City of Biggs City Clerk

affect minority and/or low-income populations.

Gridley Herald, June 14, 2019

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WEEKLY COMICS















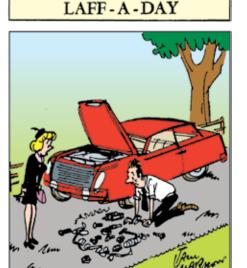




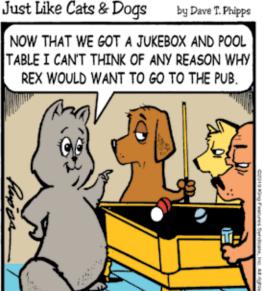




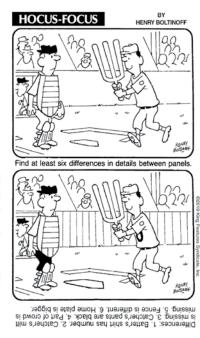
"He reminds me of myself when I was his age. ... Don't let him out of your sight!"



"You mean that little greasy thing-a-ma-jig I threw at that rabbit?"



W. HERSFELD,



UULLUU WUUUU

By Damian Holbrook

Jeers to The Bachelorette's

slim pickings. They may rock skinny jeans and Speedos, but we'd rather Hannah (picture) wind up alone than with instantlyin-love himbo Luke P. or that needy "Always Be Cam" creep on the ABC dating show.

Cheers to ABC's Salute to King Lear.

The live event reviving All in the Family and The Jeffersons not only gave Woody Harrelson, Marisa Tomei and so many more the chance to play some of sitcoms' greatest characters, it also clued younger viewers in to the fact that the shows' cocreator, Norman Lear,

developed edgy, topical content way before cable or streaming.

Jeers to Superstore

for getting a little too real. NBC's breeziest comedy waded into all-too-topical waters for its season finale by having ICE raid Cloud 9 and take undocumented Mateo (Nico Santos). The show always has something to say about the world; we're just not sold on such a sad turn.

Cheers to Dead to Me

for being a lively look at grief and girl power. Linda Cardellini and Christina Applegate deftly balance dark humor and heartbreak in Netflix's grim comedy about a widow's unlikely bond with a pal hiding a killer secret. ★



Lisa (pictured) seemingly leaking the story has us ready to be put down.



Will Netflix Pick Up The Kids Are Alright?

Question: Any chance Netflix will pick up The Kids *are Alright?* – Lorraine

Matt Roush: I wish. This question arises frequently, after almost any series is canceled anymore since Netflix, Hulu and Prime Video have all stepped in to keep canceled shows alive in recent with shows that only have a single season's inventory, so Kids seems a long shot. Still, Kids has one of the more vocal fan bases currently with social media campaigns and petitions underway to rally support. So if miracles are possible, let one happen for Kids.

Question: Will there ever be a *Knots Landing* reboot? Edward

Matt Roush: It's one thing years. But it rarely happens to remake and further dumb down guilty pleasures like Dynasty or even Melrose

Place – for the record, *Dallas* exists on its own plane, and couldn't sustain its so-so reboot after the death of Larry Hagman. But for me, Knots Landing remains the gold standard of 1980s-era prime- time soaps, in terms of quality and writing and performance, elevating the form into a form of escapist nirvana. It never really achieved the iconic status of Dallas and Dynasty, and I was OK with that. I would hate for a new version to sully Knots' reputation the way the new Dynasty would if it weren't flying so below most people's radar.

To submit questions to TV Critic Matt Roush, go to: tvinsider.com

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Gridley Thumbs and Roots



By Barbara Ott

GRIDLEY, CA (MPG) -Fruit is coming on! Cherry trees are being picked throughout Gridley. The espalier Aprium tree in my backyard has fruit starting to size up and we will be pickingit soon. Looking forward to peach season. Peaches are my favorite. My new peach

tree has three peaches. I was informed that newly planted trees should have the fruit removed. I did not remove the fruit, some did drop off but others are working at being just peachy. Last year I dug up my strawberry bed to lessen the work load and to use less water. Three plants have come up through the cedar bark mulch. I ate a big strawberry from one the other day. Thank you, spring rain for that.

I have a few flowering plants that need deadheading to produce more blooms. The bit of time this takes is worth the beauty that Sweet William gives over and over. The Lavender is in full bloom. There is the Goodwin Creek Grey with its dark Lavender in my yard.

blooms, the Provence with its full long-lasting smaller blooms and Grosso with its long fairy wands waving in the wind. I have another Lavender that I've yet to look up but it has frilly leaves and long stems with an abundance of dark purple unusual blooms that go

on and on. It was a start given to me at a nursery in Livermore, yes I was surprised when the woman handed me the piece and said, "Here you go." It was from a gallon plant and I did not want to plant a gallon plant. Turns out it is an easy one to propagate. I now have about a five-gallon size plant. Generosity shows up in the most surprising places. All together there are six types of

Happy Aging! The Pros and Cons of Life as a Senior

By Irene Gonzales-Nordstrom

As a transplant from another state and a big city where I have lived my entire life, I became quite depressed being in the small town of Gridley. All I could do was to think negatively about my aging process, everything I had lost and everybody I missed. I called my daughter is started reciting a litany of woes to her about getting older and everything that I had lost.

Since I live alone and ill in a senior complex, I found myself thinking "Straighten up!", "You've always been optimistic!" and "Stop whining!" Write down some positive ideas and solutions to your problems. Actually, it was my oldest daughter who made me take action. She told me "Change your bad attitude to one of gratitude!" And here is what I came up

Con: Sometimes, I would rather go back to bed 5 minutes after I wake up and stay there all day!

Pro: If I stay up and pray, I get the energy to get something done and I actually feel better.

Con: I would rather watch my basic POSITIVELY and Happy Aging!

cable TV than clean the kitchen!

Pro: A clean, germ-free kitchen is a healthy place to have and enjoy and makes you feel better too. Besides, how many times can you watch the same episode of "Fixer Upper" when nothing else is worth

Con: Nobody in my family wants the painting I bought years ago or any of my collectibles!

Pro: Whoa! Stop! Take your collectibles to get appraised or better yet, take that old painting to the Antique Road Show. You might get a conservative estimate of \$20,000 to \$60, 000 dollars at auction!

Con: I can't live in my old house anymore!

Pro: You can downsize to an apartment! Think about it...No more yardwork, a smaller place to clean and new neighbors

Con: I don't have a car anymore and my sisters don't want me to drive!

Pro: Think of all the money you are saving on auto insurance, gas and car repairs!

I could go on and on, but these Pros and Cons are enough for now. Keep thinking

Slim Randles' HOME COUNTRY



When we filtered in for coffee at the Mule Barn truck stop, we were surprised to see Jim Albertson already there, already drinking coffee

and looking as though he lost

his last friend. It's so unlike him, because Jim's job as principal of our local high school and middle school has been fun for him. He's always taken an offbeat, creative approach to his job, and it is sometimes hilarious. So naturally, when someone's obviously in pain, we did the kindest thing and sat down, surrounding him with coffee and questions.

"Yo Jim," said Doc. "You look a little down this

It's a grown-up's boundin' delegation to pass along tips on living

Yes, that was a question and we all knew it.

"Tonight," Jim said, "is

high school graduation." We nodded.

"Off to see the world," Steve added.

"The admiral can't make it. Sick. In the hospital," Jim moaned. "You know the admiral."

We did. He grew up here before he went to sea. He lives in the capital city now.

"He was supposed to give the commencement speech tonight," Jim said. "I have no one to replace him."

He looked around. "Any of you want to fill in for him?"

No one. Vigorously no

"Not even you, Doc?" "Not a chance. I just fix

them, I don't speak at them." And as the front door of the Mule Barn opened, allowing in one aging but active cowboy, camp cook

grinned. "Here's your answer right here, Jim. We all looked around as Windy Wilson smiled and came over to join

"Windy," Doc said, "ol" Jim here is looking for a speaker at graduation tonight.

You've talked to young folks a lot, I know."

"Sure have. It's a grownup's boundin' delegation to pass along tips on living to those among us who are less contubationally experienced."

Jim looked over at Windy. "You think you could have a speech ready by six o'clock tonight, Windy?"

Windy grinned. "Heck, Jim. I'm ready right now!"

We hadn't figured on attending graduation, but now none of us would miss

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Thank A Veteran Today

Crossword Puzzle on Page 9 S W G R Α S O Ε Ε R Т 0 0 S Ε Ν G Α Ε Ε G Ε R D 0 M С G 0 S R Ε S Ρ Ε W Ρ R Ρ Α ٧ Ε O Α Ε R S U Ν R Ε S С D В Ε C R D 0 ı K Τ Ε 0



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BARN FIRE SAFETY **CHECKLIST**

Mrs. O'Leary's Cow may have gotten a bad rap but the folktale reminds us fire safety is an important part of farm life. People, animals, and property are in danger when fire breaks out on the farm.

- Inspect your barn and outbuildings for fire hazards to reduce the risk of tragic loss.
- Heat lamps and space heaters are kept a safe distance from anything that
- can burn. · Heaters are on a sturdy surface and cannot fall over.
- Electrical equipment is labeled for agricultural or
- commercial use.
- All wiring is free from damage.
- Extension cords are not used in the barn. • Lightbulbs have covers to protect them from
- dust, moisture, and breakage.
- · Damage is identified quickly and repairs are completed with safety in mind.
- Dust and cobwebs around electrical outlets and
- lights are removed. Oily rags are stored in a closed, metal container
- away from heat.
- Feed, hay, straw, and flammable liquids are stored away from the main barn.
- The barn is a smoke-free zone. • Exits are clearly marked and pathways
- are clear.
- Fire drills are held frequently with everyone who uses the barn.
- · Workers are trained to use fire
- extinguishers. • Everyone in the barn knows personal safety is the first priority if a fire breaks
- · Hazard checks take place on a set schedule. ★



Dear Dietitian

Nutrition Studies



Commentary by Leanne McCrate

Dear Readers,

A few weeks ago, I wrote a piece on nutrition myths. There were some myths specific to cancer, one of which read:

Myth: An-all vegetable diet helps cure cancer. There was a patient in the hospital that revealed she had followed an all-veggie diet for cancer and exclaimed, "I lost 30 pounds, and it was all muscle!" A

vegetables-only diet will leave you malnourished and dissatisfied, and on no uncertain terms, will not improve a cancer diagnosis.

This drew criticism from a reader who wrote: In what universe

will a plant-based diet leave you malnourished and dissatisfied? I am shocked that you as a dietitian would think that, let alone print it in a column. Do you have any idea how many doctors espouse plant-based diets as a satisfying and nutritionally complete way of eating? I would love to see the references you used to come up with this nonsense about malnourishment and dissatisfaction in a plant-based diet.

Signed, Steamed Vegan Dear Steamed Vegan, I apologize for not

making myself clear. You are correct in that a plant-based diet can be fully nourishing and satisfying. My point is that insufficient protein in a vegetables-only diet (like the one the cancer patient had been on), would leave one malnourished.

Thank you for keeping me on my toes!

Leanne McCrate, RD, LD, CNSC, aka Dear Dietitian, is a Registered Dietitian based in Missouri. Her mission is to educate the public on sound, evidence-based nutrition. Do you have a nutrition question? Email her at DearDietitian411@, gmail.com.

Manzanita Students of the Month



Manzanita Elementary School Students of the Month for the month of May have demonstrated exemplary citizenship and outstanding academic achievement. Congratulations on being May's students of the month!! Front Row L to R: Mason Oakley, Maria Cienega, Asher Kimberling, Millie Dent, Ace Delucchi, Gael Mellin, Jacob Montgomery, Maverick Cable, Isaiah Rivera, Jesiah Gonzalez, Caleb Oakley Back Row L to R: Naveen Kalkat, Izayah Gonzalez, Tanisha Gosal, Megan Stewart, Mason McLean, Matthew Miskin, Estrella Tinoco, Rya Andes, Josie Stogsdill. Not Pictured: Isabella Thompson



Come in and see us anytime no appointment required!

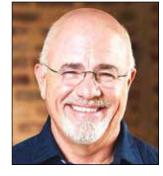


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Dave Ramsey Says



Re-Fi Now?

Dear Dave,

I recently started following your plan, and I've looked into refinancing the home I bought five years ago to free up more money to put toward paying off debt. My interest rate is 3.625 percent, along with a private mortgage insurance payment of \$200 per month. This makes my mortgage payment \$2,700 a month, and I owe \$325,000 on the house. I was offered a re-financing plan that included a monthly payment of \$2,576 with no PMI, but the interest rate would be 4.6 percent. What do you think? - Phil

Dear Phil,

You don't need to refinance with those numbers. You'd be going up more in terms of interest rate than you'd save with no PMI. The only reason the payment is going down is that you'd be agreeing to stay in debt longer.

Now, if you could've lost some of that interest rate, and gotten rid of the PMI, that might have come close to making sense. But, even that might not have worked in the end, because you'd have closing costs

associated with the deal.

There's no way this deal is a good idea. You'd essentially be going up a full percentage point in terms of interest, and all you'd really be doing is resetting, or recasting, the loan. Basically, you'd be starting over on the loan. That's why the larger payment and PMI would go away, but you'd have a significant increase in your interest rate.

Where you're at right now is fine, Phil. You're off to a good start, so just keep on moving forward with getting out of debt and gaining control of your finances! - Dave

Watch Out ...

Dear Dave,

My wife and I are completely debt-free, and we have a full emergency fund in place. We bring home around \$110,000 a year combined, and we are both maxing out 401(k) s at work. We each just opened additional IRAs, as well. At this point, we want to start setting aside \$30,000 a year for a few years as savings to help buy a home. With all this in mind, what do you think about the idea of vintage watches as an investment? I work with a high-end retail company, and I've noticed certain sports watches have been doubling or even tripling in value over time. Would it be okay to spend around \$5,000 on a vintage watch now, or should I wait until we're in even better DaveRamsey.

financial shape? – Mike Dear Mike,

Yeah, you could do that. Just make sure you look at it the right way. It would be a hobby, not a real investment.

I have a friend who has collected a few thousand bottles of wine over the years. The value of most of them has gone up since he bought them, but it's not part of his investment strategy. So, if you buy a \$5,000 watch in your situation, that's okay. Just don't go nuts and buy 10 of them, you know?

What we're talking about here are collectibles. It could be the first step in building a collection of fine watches over the years. You could do the same thing with cars, but don't make them part of your investment strategy. Treat them like consumption items, things you can afford to spend money on and enjoy.

Then, if they happen to go up in value, it's icing on the cake! - Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsev Show is heard by more than 14 million listeners each week on 600 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey. com and on Twitter at @

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CLUES

ACROSS I. Use elbow arease 6. Goody bag stuff 10. "_e_ _ect," song

13. Singer Lenya 14. Band's work-related trip 15. Capt.'s prediction

16. Assumed name 17. Dehate side 18. Schumer or McConnell,

19 *Founding father with no biological children 22. Last letter 23. *Dad's mom 25. Ready for confrontation

29. *This before becom father? 31. Lakes in Scotland 32. Opposite of post-33. Henry VI had 6

37. Not in port 38. Have a bug 40. *Archie Harrison Mountbatten-Windsor's dad

43. Ouzo flavor 44. Like farm-to-table 46. Made 50-50

47. Phony 50. "Wheel of Fortune vowel request 51. Parts of play 52. *Dad to Violet. Dash and

Jack-Jack 59. However, poetically 60. Coconut fiber 61. Dostovevsky novel, with

62. Once around 63. Japanese zither 64. It can be firma or

incognita 65. III temper 66. Place at an angle 67. Ten of these before a

DOWN

1. BBQ side

2. Fizzy drink 3. "The Dock of the Bay" singer 4. Four Corners state 5. Turns large into medium

"All the world's a 7. Refuses to 8. Grand theft target

in Mexico

9. Disparaging term for foreigners 10. Pine product 11. Harsh

12. Popular annual flower 20. *Dad to Rod and Todd on "The Simpsons'

21. *Christopher Robin's father 24. Column's counterpart

26. Santa 27. Tennis serving whiz

28. *Prince William's dad 29. *Dad's favorite cooking device?

30. Bank on 32. *The biggest bear

34. Tube in a body 35. Convenience

36. Hightailed it

25. Boring

CROSSWORD



For Solutions See Page 8

dish \Lambda

2

7

8

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_Tube 43. Eagerness 45. Painful body spasms 46. Between NE and E

47. *What patriot and patriarch have in common 48. Autumn color 49. Ben Franklin invention

50. Found in a quiver 53. Cozy corner 54. Make a reference 55. Over head light? 56. 100 cents in Ethiopia

57. Master of his castle 58. #15 Across, pl.

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column and 3-by-3 box includes all digits 1 through 5 For Solutions See Page 8



Publisher, Paul V. Scholl

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Local Players and Coaches at Lions All-Star Game

By Joshua Porcayo

CHICO, CA (MPG) - Local high school baseball and softball players and coaches competed in the annual Chico Breakfast Lions Club All-Star games. The games took place on Saturday, June 8th, at Hooker Oak Park in Chico.

Top talented baseball and softball athletes were nominated to participate by their coaches after the season concludes. This year, Biggs High School varsity softball coach, Michelle Felkins, had the honor of coaching the All-Star South softball team for the George Hibdon Classic. Biggs' varsity seniors Taryn Barton and Megan Collins were selected to play in the game. Due to prior engagements, Collins was unable to play, but Barton had the honor of going out and representing her



The Lions All-Star South team poses for a picture before the Lions Club All-Star game on Saturday, June 8, 2019. Photo Courtesy of Christina Stohlma

school and community behind the dish for the South team. In a very close and exciting game the North team won by a score of 5-4 in seven innings.

game was a good close one with a lot of talented Brian Fesler. athletes and that all of the girls had a good time playing. Most of those athletes who participated in the game will be going off to play ball in college next school year.

Also this year, Gridley varsity baseball coach, Dan Crabtree, had the honor of coaching the All-Star

South baseball team for the Bob Busch Classic. Also assisting were Biggs' varsity baseball coach, Javier Solis, Gridley baseball coaches Jason Kopp and Coach Felkins said the Arthur Garcia, and retired Gridley baseball coach,

> Gridley players selected to play in the game were Lance Santerre and Triston Platter. Biggs players selected to play in the game were Hunter Roles and Kameron Smith. Each player from Biggs and Gridley had one hit in the game. The South team won by a score of 16-8. \star

Gridley Summer Sports Programs

By Joshua Porcayo

GRIDLEY, CA (MPG) - If non-competitive league you're looking to get with a champion from out and enjoy the world each league. The games of sports for yourself or are played at Manuel for your kids there are a few opportunities coming about this summer in Gridley. Gridley Adult Recreational Sports will be starting the adult slow pitch softball league around the week of July 8, 2019. Last year there were ten teams from the surrounding communities in one league and one championship team crowned. Team managers get creative with their team names, like the current champions "Sons of Pitches". This year the hope is to have addi- ers at Manuel Vierra tional teams, but to break Park. The soccer camp is

the league into two; a an 8-day camp from July competitive league and a Vierra Park's Kawasaki field in the evenings one night a week per league. The entry fee per team this year is \$300. If you're interested in playing or putting together a team, please contact Joshua Porcayo (530-828-3457) or the Gridley Adult Recreational Sports Facebook page.

The City of Gridley Parks and Recreation department is also hosting a baseball / softball and soccer camp for community youth play-

Biggs Cheer presents

22nd-23rd, 25th-26th, 29th-30th, and August 1st-2nd. The first session will be from 4:30pm - 5:15pm for ages 4-8 (cost is \$25). The second session will be from 5:30pm - 6:45pm for ages 9-12 (cost is \$30).

The baseball / softball camp is an 8-day camp from August 5th-8th and 12th-15th. The first session will be from 6pm - 6:45pm for ages 5-8 (cost is \$25). The second session will be from 7pm - 8:15pm for ages 9-12 (cost is \$30).

For additional information please contact Trina Leishman with Gridley Parks and Recreation or Gridley City Hall.

Gridley Juniors Baseball Plays in TOC Championship

By Joshua Porcayo

GRIDLEY, CA (MPG) - The Gridley Blue juniors baseball team concluded a fantastic Little League season with a chance to play for the District 47 Tournament of Champions championship game against host Durham on Saturday, June 8th. After beating the Gridley Red team in a best of 3-game series, winning games two and three, Gridley Blue advanced to play in the Tournament of Champions.

In their first game, Gridley Blue faced Hamilton Capay on Saturday, June 1st. Gridley won 14-3 with some key offensive plays and precision pitching by Kendall Witt to move onto the next game. On Wednesday, June 5th, Gridley faced off against Willows in a game in which Gridley won by a score of 13-4. Again, great offensive execution by the entire offense and great pitching Joel Garcia helped lead the team to victory and onto the championship round.

Saturday, June 8th proved to be the after the championship game.



Gridley player Cesareo Villalobos poses for a picture after the game with his Todd Hunter Stewart "Respect the Game" award in Durham on June 8, 2019. Photo Courtesy of

biggest challenge for the Gridley team against Durham. A slow start offensively and a few mistakes on defense led to an 18-3 defeat.

Cesareo Villalobos received the Todd Hunter Stewart "Respect the Game" award

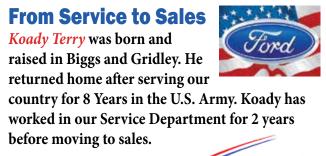






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