

Gridley High to Perform One Act Plays

Biggs Girls Win Section Crown, Now on to State





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## INSIDE

### JOSH F.W. COOK THE NEW PI-LINE

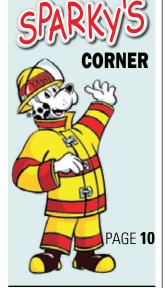


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### **DEAR DIETICIAN: COMPLIANCE**



PAGE 5



## Gridley, Live Oak **Grill at FFA Cook-Off**



Live Oak High FFA Members, Rylein Jansen (L) and Isabella Barajas (R), stand by their beautiful L.O. Lions themed Grill. The girls, both Sophomores, were competing for the first time in the competition and said they started work on their grill in January. Isabella said "It took a lot of time, but was a great experience." Ryelin added, "It's definitely a lot of fun but really challenging!"

By Seti Long

GRIDLEY, CA (MPG) - Local FFA Chapters kicked off a week-long celebration last Monday, February 18th, in honor of National FFA Week. The week long tradition started in 1948, and this year, Gridley FFA ended the week of dress up days, roping and hay stacking competitions, and "drive your tractor to school days" with the County Line Cook-Off Competition.

Last year the event was held at Live Oak High School, but this year, Live Oak and Gridley FFA Chapters faced off in front of the GHS ag welding shop. Students began prepping their entries SEE COOK-OFF PAGE 3

The Tail-gate Grill designed by July Taverner, Senior at Gridley High, ultimately won him the win for best "Beef" category. His second year participating in the cook-off, July said he decided the build a smaller, portable grill after experiencing difficulties BBQ-ing with a standard grill while tailgating. "Now I can cook my lunch at school!" he said. Pictured Left to Right: Zackary Bushyhead, July Taverner (back) and Jacob Weinzinger, all members of Gridley FFA. Photo by Seti Long.

## **Live Oak Acquires Easements** for Hwy 99 Streetscape Project

By Seti Long

LIVE OAK, CA (MPG) - Council members tore through a long list of items at February 20ths Live Oaks City Council Meeting.

As part of Sutter County and being a city within the district, Live Oak Council members were asked to approve the appointment of the following directors to the Feather River Air Quality Management District Board by the City of Marysville City Council and City of Yuba City Council: Councilman Manny Cardoza (Director - Yuba City), Councilman Marc Boomgaarden (Alternate- Yuba City) and Councilwoman Stephanie McKenzie (Alternate - Marysville).

In preparation of the Highway 99 Streetscape project planned in coordination with Caltrans, PG&E, and the City of Live Oak, Interwest Consulting Group, hired by the City of Live Oak, has been working with property owners along the Hwy 99 corridor to obtain easements for the

placement of equipment not suitable for the public right of way. Live Oak City Finance Director and Interim City Manager, Joe Aguilar, presented to the city council the need to pass a resolution authorizing the City Manager or the Director of Public Works, to execute Certificates of Acceptance for property dedications.

Negotiations with property owners are progressing to point that the city is receiving signed agreements and easement deeds. In order to complete the acquisition process and acceptance for each parcel, furthering preparations for the Streetscape project, City Council members voted to approve the execution of Certificates of Acceptance by the City Manager or the Director of Public Works.

Council members then readopted Ordinance 566 amending the Employment Zone, creating year agreement for maintenance and Employment/Office Zone (E1) and Employment/Manufacturing Zone and approve a rate increase from \$110 (E2) and update the City's Zoning to \$125 for additional services.

under grounding of utility lines and Map with the new E1 and E2 areas designated. Council also voted to remove the interim urgency ordinance that imposed a temporary moratorium on all entitlements in the Employment Zone and waived the second reading of the motion.

City Council Members entertained the motion to approve a five year lease agreement with Sourcewell for a folding, stacking and insertion machine for mailing of utility bills from City of Live Oak utility department. The current machine is experiencing maintenance issues and is in need of replacement. Lease of the new Relay 4500 machine from Pitney Bowes would cost the city \$27,393, which is less than the \$28,500 lease amount paid for the existing machine. Council members were also asked to amend the contract with Alliant Networking for a three management of network components

## **Upcoming** Hunter **Safety Course in Gridley**

By Mark Dalrymple

GRIDLEY, CA (MPG) - Reservations are beginning for a Hunter Safety Course to be held on Saturday, March 9th, from 8 a.m. to 5 p.m. in Gridley, California. The class will be held at the Flower Bowl building at the Butte County Fairgrounds, 199 E. Hazel St. in Gridley.

Student must obtain a student study handbook, available at Harshbarger's Ace Hardware in Gridley, or by calling Gary Andes at 530-624-6614, and complete the handbook prior to the class where it will be checked. The cost for the class is \$20, which must be paid at the tie the handbook is received. Students who show up for the class on Saturday will receive a \$10 refund at check-in. Snacks and lunch will be provided to students at no cost.

All students are required to obtain a California Get Outdoors ID (GO ID) prior to registering for the California Hunter Education course. If you have previously held a CDFW license such as fishing, your GO ID is printed on the license above your name.

Students must download, print and sign a Student Consent Form. Students 17 years of age and younger must have that form signed by a parent or guardian. The signed form must be brought to the class. There is no minimum age to attend. Parents or guardians are encouraged to attend with young students, especially those younger than 16.

Registration for this class may be found at www.wildlife.ca.gov/ Hunter-Education under traditional classes.



## The New Pi-Line



The new Pi-Line Honorina Publisher W.D. Burleson By Josh F.W. Cook

Ron Sannar blocked nearly all eastbound traffic out of town with his 80th birthday party last week. This can be attributed early LDS Pioneer Gridley intermarrying. Ron on behalf of clan Sannar married into the Little tribe and then his brother married into the Barrows. This empire expanded over the years and when Ron has a party it is no small deal. Lots of tall people and no beers in the ice chests. Unlike the Gridley Portuguese Catholics who intermarried amongst themselves have big parties, do have beer in their ice chests, and are generally shorter and have better food. Celebrate diversity - crash all the

parties. Whichever church prayed for rain, could you please go back and pray for it to stop. It's going to be really exciting when all the snow melts, we can test our new Oroville Dam Spillway. I got a picture of the weather pattern that is dumping historic snow and rain on us and sent it to Sheriff Honea. He groaned. Just a word to the wise, if you have the Internet; Google-look up the words "emergency preparedness".

Having served in the military, and having been deployed to natural disasters, I just want to let you know that there are some things so big, the government can't guarantee your safe passage to a shelter. It makes life a lot easier for first responders if you have all your stuff ready to go. My wife and I opened up a shelter at Sycamore school in 1997 when everybody on the east side of the railroad tracks had to get out. So things happen and you should plan for it.

The City of Oroville, responding to our current

park their trailers more or less anywhere they want to. There are still lots of people living in other people's garages, and on their couches. It was terrible to hear that the county is sending out code enforcement officers chasing people off if they have too many trailers parked in hand. Kids from the dairfront or behind the house. In times like these you really see who the good public administrators are. Tom Lando was the City manager in Chico (now in Oroville), and currently the various government agencies are passing him around on an "interim" basis because he is the oldest smartest guy in the room (most of the time) and has seen almost everything. Mark S. the city manager in Biggs also gets three stars

right now. Speaking of Oroville, their hospital expansion is very impressive, very modern, and it is good to know that it is close by if you've been eating too much food from gas stations all your life. Bob Wentz is their administrator. It's interesting when I was a little kid in the early 70s we went to Oroville for shopping. When the spotted owl court decision came down in the 90's the logging industry stopped and the City got left behind. Now it seems as if things are going their direction. Having a Super Wal\*Mart draws people from Gridley and Biggs like 30 years ago.

from me for public service.

We shall not mention Live

Oak, it has some issues in

regards to management

You can measure the well-being of a city by this; if you have a gas station and if you can buy a pair of jeans. Once the town gets so small that it doesn't have our room acceptable. Jerry a gas station and you have Read of R.B. builders Inc., to go out of town to buy a the contractor on the Van pair of shoes or jeans it's Denmark Subdivision Unit

Line of August 4, 1995. Made on a Mac by Bill

The good old days? Peaches were picked by hand and placed in load boxes. Log boxes were used for furniture when people water, streets, etc.

emergency and disaster were short of cash. Modern from the Camp fire has Libby, we called the style. stepped up and passed an Milk bottles came with botordinance to let people tle caps; bottle caps were used on the school grounds like today's pogs. Tom Stanton delivered Randolph Dairy milk, putting the bottles at the front doors early in the morning.

Milk and cream floating at the top of the bottle that dad used in his coffee. Milking was done by ies and farms with a cow had strong hands... including girls.

Ice cream came in a truck. The truck had slivers of ice on the floor that gets fought for. The Iceman would ship a few more slivers from the blocks of ice to keep the kids happy. He carried the blocks of ice with tongs into the house and into the top of the ice box. There were a lot of rumors about the Iceman.

A lot of things involved delivery to the door in those long hot summer days of yore. One hot story, one hot day, was about the drycleaner who went up to the front door with his hands full of clothes. The front door was open and he could see through the screen door which was unlatched. So he went in and hung the clothes on a chair and left.

Later, the lady of the house awakened and was startled to see the close. She had been asleep on the couch, naked, to keep cool.

Mom picked up lots of stories from her bridge club, not many of them fit to print in a small town newspaper.

Go to your room! That was the order when the bridge club came. We eavesdropped and as a young boy learned many things about life in Gridley. The bridge hostess always serves snacks and desserts. Eating leftovers may go into 2, called yesterday to advise Now to a part of the Pi us that he is prepared to build on any of the 16 lots in the subdivision. It had originally been reported that he was only going to work on five of the lots to begin with. All the infrastructures is being put in: drainage,

## **Gridley High School** to Perform One Act Plays



LAW AND ORDER: FAIRY TALE UNIT and other short plays will perform Friday and Saturday March 8-9 at the Gridley Community Center (GUARDIAN) at 7:00 pm. Front L to R: Marysa Taylor, Greyson Sannar, Ethan Stokes, Back L to R: Itzel Alaniz, Meztli Rubio, Aubrey Sannar, Brian Ence, Collette Hansen, Elizabeth McCormick, Samantha Plant, Chastity Thao. Photo courtesy

#### By Cindy Scott. **GHS Drama**

The upcoming GHS One Act Plays will feature over 20 students performing four short comedy plays. Plays will feature The Marriage Proposal, by comedic Russian playwright Anton Chekhov. This is the story of Russian neighbors thrown into hilarious arguments, only because a young man wishes to marry the girl next door, and is directed by Heather Payne.

Happy Journey to directed by Cindy Scott, tells the story of a tightknit family in the 1950's traveling to see an older sister. In this minimalist play, all the props, set,

through pantomime. It is written by Thornton Wilder, who also wrote "Our Town."

Nobody Sleeps, by first-time director Connie Quist, is about a burglar who gets no respect from the mother of the house and her daughters, who are quick to tease him and make his life miserable when they discover him.

Law and Order: Fairy Tale Unit, applies the famous Law and Order TV show formula to well-known fairy tales, Camden and Trenton, as detectives attempt to discover the true criminal culprits. It is full of crazy antics and slapstick comedy and is directed by Andrea Davis.

The GHS One Act K-12, and \$8 general. ★

and action are revealed Plays were first introduced to our community in 1990. At the time, Norm Dessler, principal, asked Mary Ann Jenkins to develop a new vehicle for the GHS drama program. She found two other directors, and created an evening of short plays. The tradition has continued for three decades.

> Everyone is invited to enjoy this "Night of Comedy," and support our local student actors. The plays will perform Friday and Saturday, March 8-9 at the Gridley Community Center (GUARDIAN Building). The evening begins at 7:00 pm, and tickets are on sale only at the door, \$5 for students



### MEMORIAL NOTICE

### Wanda Lee Barnes Keen

August 25, 1932 to February 22, 2019



away on February 22, 2019. She was born in Shell Knob Missouri on August 25, 1932 to James S. and Flora M. Barnes. Wanda had one brother and six sisters, one of which was her twin. They moved to Gridley California in 1937. She graduated from Gridley High School in 1950. She married the love of her life, Floyd Gene Keen on September 1, 1950. They had four daughters, Malinda & Larry Shira of Shingletown, Velda and Mervin

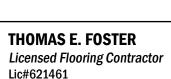
Wanda Lee Barnes/Keen passed

Burke of Redding, Cathene & Richard Kellogg



of Redding and Truvon & Bill Butcher also of Redding. Wanda has 8 grandchildren and 21 great grandchildren. She worked at Libby's Cannery in Gridley California and Beverly Manor in Redding and Red Bluff until she retired. She was a member of the Redding Moose Lodge and Shasta Travelers. Wanda-wife, mother, grandmother and friend, you are loved by so many and will be forever missed. McDonald's

Chapel in Redding is handling the arrangements.



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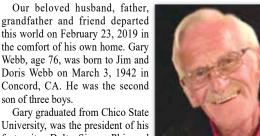
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#### MEMORIAL NOTICE

Gary L. Webb

March 3, 1942 to February 23, 2019



son of three boys. Gary graduated from Chico State University, was the president of his fraternity, Delta Sigma Phi, and served in the Air Force. He married Nancy Spooner in 1966 and they had three children together. Gary

born to John and Mary Bettencourt.

Lake. She was a fabulous cook, and

Church and U.P.P.E.C.

also loved music and dancing. She served as the

coordinator for the Sacred Heart food closet for many

years, and was a member of Sacred Heart Catholic

She was preceded in death by her husband, Jerry

had a successful career as an Information Systems Manager.

Gary and Nancy moved to Bellingham in 2000 where the participated in the lives of their children and grandchildren near and far. Gary enjoyed many hours on his lawn mower, working in the garden, playing games, watching sports and being a fabulous host to the young and old who crossed the threshold of his and Nancy's home. In his younger



years, Gary enjoyed bowling, singing and belonged to several barbershop choruses. He always loved music.

Gary will forever be known for his kindness of heart and his generosity of spirit. Whatever was Gary's was yours. He gave unconditionally and was nonjudgmental of others. A blessing to so many; he will surely be missed.

He is survived by his wife of 53 years, Nancy, three children, Laurie (Dan) Kamkoff, John (Rhonda)

Webb and Scott Webb, grandchildren Alex, Nathan, Gabriel, Garrett, Katie (Roman), Tim, Natalie and Grace, brothers Jim and Keith, and many loving relatives and friends. Mass of Christian Burial will be held at St. Joseph Catholic Church in Ferndale on Friday, March 1st at 11 AM. Reception following at the church. You may share memories with the family at www.westfordfuneralhome.com.

## MEMORIAL NOTICE





Stanton, four sisters; Julia Vieira, Ida Louis, Rose Morris, and Florence Almo, two brothers; Tony Bettencourt and John Bettencourt.

She is survived by her two children, Tim Stanton of Oroville, and Peggy (Jim) Ellis of Gridley, six grandchildren, 11 greatgrandchildren, and one sister Mary Vieira of Oroville.

A visitation was held on Sunday, February 24 from 3 – 5 p.m. at

Gridley-Block Funeral Chapel, followed by a Rosary at 6 p.m. at the Church. Interment at Gridley Biggs Cemetery. Contributions may be made to Sacred Heart food closet. Arrangements entrusted to Gridley-Block Funeral Chapel.



## Gridley, Live Oak **Grill at FFA Cook-Off**



Live Oak's Johnathan Silva pictured with his prize winning grill. The Senior has been an FFA member for three years and took the win for "Best Barrel BBQ Build." Silva said he made his sleek grill in only 3 weeks. Photo by Seti Long.

#### COOK-OFF FROM PAGE 1

in the early hours of the morning vying for prizes donated by Gerlinger Steel & Supply Co. and MJB Welding Supply, with Live Oak hoping to take the win from Gridley, the reigning champion.

The County Line Cook-Off is a "design and build" cook-off where students turn their concepts into reality and then BBQ and smoke food entries to be judged alongside their handiwork. Nick Dreesman, Gridley High FFA Advisor, says "The event starts in January with students designing their own BBQ's. Smuckers from Chico donates food grade barrels and companies like Wizard Manufacturing donate structural steel to get the kids started. The kids are taught food safety and the instructors help their ideas come to life. It is a great example of how design meets the market. Just as much learning as the BBO."

smokers, to portable tailgate grills as little as two



Conner Alexandar, pictured with teammate Devin Richards (back to camera), slices up a Tri-tip for judges in front of BBQ/smoker. Alexander took the win for "Best BBQ Smoker Build" and "All Other Meats" in the taste-test portion of the competition. Photo by Seti Long

to ornate and artistic renditions. Judge Justin Steel & Co. shared that categories of judging included size/scope, welds/fittings, theme and design. While judges made their rounds, students prepared their entries for the next portion of judging, the taste

A separate panel of 6 lucky judges including GUSD Superintendent Jordan Reeves, GHS Principal Justin Kern, and goes on during the build LOHS Principal Tony High School remained Walton, set to work rank- undefeated, keeping Entries varied from ing over 22 entries on large, double-barrel size, cooked appearance, Off School Champions" flavor, seasoning and texture. Students competed year in a row. feet wide, basic designs in two categories: Beef

and All Other Meat.

With the judge's final Lindell from Gerlinger results in, July Taverner of Gridley took the win in the "Beef" category, with Conner Alexandar of Gridley FFA winning the "All Other Meats" category. For the "Design and Build" portion, Conner Alexandar placed again with his entry, taking the award for "Best BBQ Smoker Build," while Johnathon Silva of Live Oak won "Best Barrel BBQ Build."

> Ultimately, Gridley the "County Line Grillplaque for the second

## **Gridley Lions Hold Speech Contest**



left to right, Steve Stark, Gridley Lions President, Sierra Brady winner, Selah Hartman, speaker, and Lion Mike Dahl, Speech Chair. Photo courtesy Gridley Lions Club

BY Grove and Mike Dahl

GRIDLEY, CA (MPG) - The Gridley Lions Club recently held their annual Speech Contest at their clubhouse on Washington Street. Each year a topic is selected by the 15 District Governors of the Lions Clubs of California that is of general interest to the public as a whole, and also of significance to the

students themselves.

The purpose of such a speech is to encourage and support development of public speaking as a critically important life skill. The students who speak will also have an opportunity to participate in a contest that will reward a total of over \$103,000 in scholarships to the participants as they compete at each of the five levels.

This year Gridley High

School students spoke on the subject of "FREEDOM OF THE PRESS - WHAT DOES IT MEAN?". Winning the contest and qualifying her to go to the next level, was Sierra Brady. Sierra will be giving her speech again at the Zone contest to be held in Live Oak, at the Maple Park Community Center, on Monday March 4th, at 7:00 p.m.. This contest is open to the public.

## A New Bishopric



Photo courtesy Cindy Scott, Public Affairs, LDS

By Cindy Scott, Public Affairs

**GRIDLEY, CA (MPG)** - A new bishopric was called for the Liberty I Ward of The Church of Jesus Christ of Latter-day Saints. Liberty I Ward includes southwest Gridley and Live Oak. Pono Nako

(center) will serve congregation members as bishop. Darrell Stewart (L) and Paul Heroux will serve as bishopric counselors. Nako is originally from Honolulu, hence the Hawaiian floral and ti-leaf leis. Ben Counihan served as bishop previously to Nako for almost five years.

## Crime Reports

## **Gridley- Biggs Police Report**

February 15th - February 20th

**2-15-2019:** At 8:31 p.m. at 240 Spruce St., Gridley, CA, Shannon Lee Cook, 48, was arrested on charges of disturbing the peace (415 PC), being under the influence of a controlled substance (11550 HS) and possession of methamphetamine (11377 (a) HS). Subject was transported to Butte County Jail.

**2-15-2019:** At 9:52 p.m. at the Bungalow Bar on Virginia St., Gridley, CA, Alan Franklin Adams, 52, was arrested on charges of possession of methamphetamine (11377 HS) and possession of an opium pipe/drug paraphernalia (11364 HS).

**2-16-2019:** At 8:20 a.m. at Stuke Nursery on Hwy 99 in Gridley, CA, Casey Benjamin Dowler, 37, was arrested on charges of carrying a concealed weapon (21310 PC), violation of felony parole (1203.2 (a) PC), possession of methamphetamine (11377 (a) HS) and possession of an opium pipe/drug paraphernalia (11364 (a) PC), transported and booked into Butte County Jail.

**2-16-2019:** At 4:14 p.m. at Park and Laurel St., Gridley, CA, Felicia Louise Burns, 49, was arrested on misdemeanor warrant #18CM02915 and SCR100104 and transported to Butte County Jail in Chico, CA.

2-16-2019: At 7:15 p.m. at Rite Aid on Hwy 99, Gridley, CA, Korey William Pimentel, 31, was arrested on Yolo County felony warrant DKT#18000566 and fresh charges of receiving stolen property (496 (a) PC), possession of an opium pipe/drug paraphernalia (11364 HS), violating felony parole (1203.2 PC) and falsely impersonating another/ giving a false name (148.9 PC) and transported to Butte County Jail.

**2-17-2019:** At 9:08 a.m. at C St. and 2nd St., Biggs, CA, Christian Duenas Gomez, 31, was arrested on warrant 19CF00688 and transported to Butte County Jail.

**2-18-2019:** At 8:08 a.m. at Rancho Villa Apartments on Hwy 99, Gridley, CA, Jose Felorendino Tellez Garcia, 30, was arrested for possession of methamphetamine (11377 HS), possession of an opium pipe/drug paraphernalia (11364 HS) and violating felony parole (1203.2 PC). Subject was also arrested on warrant #18CF07972 and was transported and lodged at Butte County Jail.

2-19-2019: At 3:19 p.m. on Park St., Gridley, CA, Shawn Patrick O'Connor, 24, was arrested on charges of assault with a deadly weapon (245 A 1 PC), battery (234 (b) PC) and resisting arrest (148 A 1 PC) and was transported and booked into Butte County Jail.

**2-20-2019:** At 12:29 p.m. on Laurel and Ohio St., Gridley, CA, Deborah Leleonne Wirick, 50, was arrested on Oroville PD misdemeanor warrant #16CM01376, cited and released.

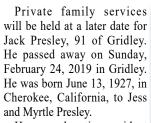
**2-20-2019:** At 3:53 p.m. on Cedar St., Gridley, CA, Joshua Allen Rogers, 34, was arrested on Marysville PD warrant CRTR1702310, cited and released.

get more info at www.crimegraphics.com

#### MEMORIAL NOTICE

## Jack Presley

June 13, 1927 to February 24, 2019



He was a longtime resident of Butte County, having farmed in the Manzanita area for several years. He enjoyed fishing during the summers in



Lions Club and was a friend to everyone, never meeting a stranger. Jack is survived by his

loving wife of 72 years, Millie Presley of Gridley, son Michael Presley, and daughter Linda Presley, both of Gridley, four grandchildren and three great-grandchildren.

Contributions may be made to Gridley Lions Club. Arrangements entrusted to Gridley-Block Funeral Chapel.

Ft. Bragg. He was a member of the Gridley



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#### For Rent

Property is under construction and will soon have 1,2,3, & 4 bedroom units for rent!

The Housing Authority of the County of Butte is currently accepting applications for its

Farm Labor Housing property in Gridley, CA. We have 2 Bd. units available at this time. Rental assistance is available and provided by USDA Rural Development for those that meet USDA Rural Development

guidelines. For more information contact our office at (530) 895-4474 or TDD 1-800-735-2929.

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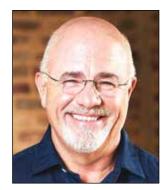
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#### Insurance and Savings

Dear Dave,

I just realized our insurance has a health savings account (HSA) option. We've considered dropping this insurance soon and going to a cheaper Christian medical sharing program. We've got about \$19,000 in debt between credit cards and a car payment, and we're on Baby Step 2 of your plan. Our thought was to fund the HSA for a period of time as a means of saving, cancel that policy, then go over to a medical sharing program we found that costs \$600 a month less. After that, we would start paying down debt again.

### Dave Ramsey Says

What do you think? -AmyDear Amy,

There are two components to an HSA, the insurance component and the savings component. You don't have to participate in the savings component. The insurance component is simply a large deductible, 100 percent coverage after the deductible, cheaper-premium health insurance plan. If I were in Baby Step 2, I would not do the savings component. I would only do the insurance component, or I'd do the medical sharing program.

need to jump back and forth it you're going to permanently move to a medical sharing program. I get the idea of saving money, but what you're talking about isn't something I'd recommend for and multiple digital platsomeone who's in debt. forms. Follow Dave on I wouldn't fund a sav- the web at daveramsey. ings account of several com and on Twitter at @ thousand dollars only DaveRamsey.

for medical when you're not even on Baby Step 3, which is saving an emergency fund of three to six months of expenses. That money needs to be used to pay off debt first.

It's not the end of the world if you don't fund the HSA portion of your current insurance plan. If vou went with a medical sharing program, and just saved up a large emergency fund, the only thing you'd really lose out on is the tax deduction associated with an HSA.

Good question!

-Dave Dave Ramsey is CEO of Ramsey Solutions. I'm not sure why you'd He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 14 million listeners each week on 600 radio stations



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## Dear Dietician

## **Compliance**



Commentary by Leanne McCrate

Dear Dietitian,

My husband was recently in the hospital and diagnosed with congestive heart failure. He has been instructed to follow a 1500 mg sodium diet. He's trying, but it's very difficult. I'm afraid he will get frustrated and give up. Any words of wisdom?

Signed, Deborah

Dear Deborah,

A new diagnosis can be overwhelming and often brings about the need for a lifestyle change. For readers who are not familiar with congestive heart failure (CHF), it's a chronic condition where the fluid builds up around the heart, causing it to pump inefficiently. As we know, salt draws water; therefore, a low sodium (1,500 mg) diet is prescribed to help manage the condition. To put that in perspective, most Americans consume 3,400 mg of salt each day.

Behavior change is a process that takes time; it is not an event. A realistic timeframe for one to follow a 1,500 mg sodium diet on a regular basis is 2-3 months. However,

healthy changes toward the goal may begin much sooner. Following are the stages of change, which have been adapted for the current topic (Prochaska and DiClemente, 1986):

- 1. Precontemplation -Person does not have any plans to change in the near future. The positives of using salt outweigh any negatives, so he keeps salting his food.
- 2. Contemplation. In this stage, the patient is able to consider the possibility of cutting down on salt but may be indecisive about taking the first step.
- 3. Preparation- Person sees the 'cons' of continuing behavior as outweighing the 'pros' and is more willing to take the first step.
- 4. Action- Actively involved in taking steps to change behavior. There is still ambivalence about change, and relapse is possible.
- 5. Maintenance- Able to avoid temptations to return to using salt. May have slips, but doesn't tend to see this as failure.

There are several things you can do to support your husband in his lifestyle change. First, you can educate yourself on a low salt diet. Most hospitals offer outpatient Cardiac Rehabilitation

classes where diet and exercise are taught. You may have already attended these classes with your husband.

Although patients are educated on their diet while in the hospital, it is not the best time to learn. I strongly recommend making an outpatient appointment with a Registered Dietitian (R.D.). The environment is much more relaxed than in the hospital, and at that time, the patient usually feels better, so it's easier to learn. Most insurances will cover the cost. Also, interview the dietitian over the phone to see if it's a good fit before making an appointment. Any dietitian will have the information to teach you, but styles and attitudes vary widely.

Second, if you are the cook, prepare tasty meals that use herbs for seasoning instead of salt. There are numerous recipes on the internet. When dining out, your husband can ask that his meals be prepared without salt. I waited tables for years, and any sit-down restaurant will be happy to accommodate his needs.

Finally, don't forget about yourself. The American Heart Association provides an online support network for families and caregivers. Go to www.heart.org for more information.

Good health to you! Dear Dietitian

Leanne McCrate, RD, LD, CNSC is a registered dietitian based in Missouri. Her mission is to educate the public on sound, evidencebased nutrition. Do you have a nutrition question? Email her at deardietitian411@gmail.com.

## ooking Back

#### The following are stories that appeared in the Gridley Herald 25, 50, 75, 100 and 125 years ago:

25 Years Ago (1994) "Gridleyeans to Face Big Increases in Charges"

A proposal to increase Gridley's water rates by 23.5 percent a year over the next four years is being considered by the City Council. The council will also hold a public hearing on a proposal to raise garbage and refuse collection charges for residential customers by 15.6 percent. The increases are due to the need of revenue for the Water Department to off-set an operating deficit and to raise funds to resume a program for replacing old, deteriorating water mains. If the rate increase is adopted, the minumum charge for water will go up from \$8.30 to \$10.25, with garbage services increasing from \$12.80 a month to \$14.80.

#### 50 Years Ago (1969) "Freeway Construction to Start

Freeway construction for a 5.5 mile section of route north of Colusa Ave in Yuba City could begin as early as May. Bids for the project have already been called for by the State Division of Highways and the sealed proposals are expected to be opened on April 9 in Sacramento. The new Sutter County freeway will being at the corner of Onstott Rd at Hwy 99 and Hwy 20 in Yuba City and extend north to a point near the railroad crossing at Lomo, 3.5 miles south of Live Oak. Butte House Rd will cross under the freeway lanes and Pease Rd will be constructed over the new freeway. Completion is anticipated in the fall of 1970.

#### *75 Years Ago (1944)*

"Garden Section Dedicates Tree" Dedication of a tree to the memory of Gridley men dead or missing in action will take place at 2:00 this afternoon in connection with a

meeting of the garden section of the Gridley Woman's Club at the club house grounds. Elementary school boys will take part in the ceremony to help plant the trees.

#### 100 Years Ago (1919)

"City Fathers Plan Much Work" The city trustees met in their regular meeting and took up discussion of several concerns in regards to the the condition of the streets of Gridley and their repair. Experience with the thoroughfares within the city limits have taught the board that nothing but a paved street connecting with the state highway on the east and extending to the city limits on the west will do away with poor street conditions. Heavy automobile traffic to from the west to east is destroying the surface of the road and making it hard to pass. Immediate action is necessary to make some of the other streets navigable and further repairs are planned for them after the weather is better. This season has been the most severe on roads that this portion of the state has experienced for a number of years. It is estimated to cost \$50,000 to grade and gravel the main streets.

#### 125 Years Ago (1894)

"Gridley Notes"

\*Sunday afternoon eleven converts to the Christian church were immersed in the Feather River by H.C. Niemeyer.

- \* Lee Man, the gardener, has been held in \$5000 bonds to appear before the Superior Court on a charge of having murdered Samuel Holmes, near Chico. In default of bonds he was taken to jail in Oroville.
- \*The Butte County commissioners met and voted unanimously to maintain the Butte Count exhibit at the Midwinter Fair during the entire course of the exhibition.

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11. Shakespeare king 12. Depression drifter 13. \*One with lonely heart 15. Epiphany guests 16. Sir Mix-

17. \*"Free Fallin" performer 18. \*"This is what it sounds like when 20. Day before, pl.

21. Scandinavian fjord, e.g. 22. \*"Sweet dream made of. 23. \*"Clock strikes up the hour and the sun begins

26. Iceman to cinema 30. Time frame 31 Maximum 34 Greek liqueur

35. Escape 37. Black and white sea bird 38. Razor sharpener

39. Antonym of all 40. Starting time 42. Chowed down 43 Like geometric reasoning 45. Styled with salon goo 47. Decompose

48. Past participle of bear 50. Duck-like black bird 52. \*A-ha's hit 55. Folium, plural 56. Argonauts' propellers 57. Container weight

59. Apartments, e.g. 60. Black-eyed legumes 61. Author Murdoch 62. Opposite of paleo 63. Checked at bar, pl. 64. Catholic fasting period

**DOWN** 1. "Slippery" tree 2. Done between the lines 3. Kind of palm 4. Alex Trebek's forte

5. Big name in fashion 6. Terminate, as in mission 8. Pot contribution 9. In proximity to the Knicks 10. \*Def Leppard album, "High 'n'

12. Pork meatloaf 13. Phantom's favorite genre? 14. \*"We've got to hold on to what

19. Provide with ability 22. \*"Goody Two Shoes" singer, 23. "Tiger Beat" audience 24. Lowest deck 25. Flora's partner

26. Says "what?" 27. Beyond suburban 28. Nitrogen, in the olden days 29. Bicycle with a motor 32. Stake driver 33. \*Swing \_

36. \*"Just a city boy born and raised

in South\_ 38. Dictation taker 40. Quaker Man's cereal

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44. Itsy-bitsy bits 46. Dal staple 48. Talked like a sheep 49. Ladies' fingers 50. Orange traffic controller 51. Spaghetti aglio and 52. Serengeti antelope 53. Foal's mother

54. "Joannie Loves Chachi" actress 55. \*"Oh girls just want to have

58. NYC time



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For Solutions See Page 8

## McKinley Primary School **Kindergarten Registration**

By Chris McIntire, **Principal McKinley** Primary School

GRIDLEY, CA (MPG) -Kindergarten / Transitional Kindergarten Registration for students entering school in the fall of 2019 will be on Wednesday, March 13,

All children living

in the Gridley Unified School District will register under the direction of McKinley Primary School. Registration will be held in the Sycamore School Library beginning at 8:30 a.m. until 11:00 a.m. Parents/guardians are asked to please park on Magnolia Street. Registration will

School Office at 1:00 p.m. and continue until 4:00 to attend Kindergarten p.m. All parents are urged Registration on March to register their child(ren) on Wednesday. Classroom placement (morning or afternoon Kindergarten session) may be affected if you do not bring a copy of the birth certificate and immunization record and also by how early your child is registered on this date. However, school and district policy prohibits school personnel from guaranteeing any placement to parents.

Registration on March 13th is strongly encouraged and will enable children to take advantage of the

move to the McKinley Kindergarten Round-Up in April. If you are unable 13th, please register as soon as possible afterwards at the McKinley School

The following guidelines are established to determine a child's eligibility for entering Kindergarten:

If you have friends, neighbors, or relatives with children eligible to enter Kindergarten in the fall, we would appreciate it if you would share this information with them. If you have any questions, please feel free to contact the McKinley School Office at 846-5686.

## Thoughts to Ponder

BY KATHY NEAL **GRIDLEY UNITED METHODIST CHURCH** 

Children obey your parents! Children honor your parents! Parents love and discipline your children! God explains the relationship of parents to children, us to Him and Him to us.

God loves us and guides us and often hands out discipline- it's called tough love! He allows us to falter so we may learn not to repeat mistakes. We, as parents, must practice tough love sometimes. It's hard for us and it's hard for

Our national government has set aside a day The United Methodist Church

for honoring our mothers, in May, and our fathers in June. However, there is no day for honoring our children. God plans for each day to be a celebration of family, children and parents! It is not necessary to legislate love or honor for someone, it should come naturally.

Our family unit is in need of mending. It needs a tailoring job, a reconstruction job, and a make- over. We can't white-wash the problems or pretend they don't exist. They have to be reshaped and redesigned so they will be able to function properly. Practicing tough love, honoring each other's contributions to the unit, and a hard-core faith and trust in the divine guidance of the Father, our families can once again be the driving force of our society.

Bring your families to join us Sunday at 10 am at the Gridley United Methodist Church on the corner of Magnolia and Haskell streets.

### **Gridley Unified Hosts Parent** and Community Meetings

**GUSD Special Release** 

GRIDLEY, CA (MPG) - As part of its efforts to engage and inform community members about what ishappening in the schools and in planning for the future, Gridley Unified is holding a series of parent and community member meetings from now through the end of the school year. The meetings are focused around sharing the District's Local Control and Accountability Plan (LCAP) and seeking input from the community about revisions to the plan.

Remaining meetings are pose and goals of the or ask questions."

8, and May 13. All meetings will take place in the district board room, 429 Magnolia Street, from 6:00 to 7:00 PM. Meeting topics will include an introduction to the LCAP process and the role of the community in planning, data sharing about the progress of various student groups in the district, input gathering, and sharing of plan drafts, goals, and highlights prior to the final plan going before the GUSD school board for approval in June.

Speaking about the pur-

scheduled for March 11, April meeting series, GUSD Special Projects and Curriculum Coordinator Michael Pilakowski said, "Although the state requires opportunity for parent and community stakeholder input into each district's LCAP, we also see this as the right thing to do - the schools are a part of the community and we want to share what we are doing and where we are going. For parents who cannot attend, we have our current LCAP posted on the district website as well as an online form to provide input

## Ash Wednesday Service

The Gridley United sprinkling oneself with Roman Catholic churches Methodist Church is having ashes was traditionally a an Ash Wednesday Service March 6th at 6:30 pm. All are welcome to attend. We are located on the corner Streets.

The first day of Lent, March 6th this year. It marks the beginning of a period of reflection and

sign of one's sorrow for having committed sins. In the Christian tradition, Ash Wednesday also marked of Magnolia and Haskell the beginning of preparation for the understanding of the death and resurrection of Christ.

The particular symbolism of ashes for this day comes penance. In the Bible, from a practice in the

in which the ashes from the palms used in the preceding year's Palm Sunday celebration are blessed. With these ashes, the priest on the first day of Lent marks a cross on the forehead of each worshiper. This practice has become a part of Ash Wednesday services in many United Methodist churches.





—— March 17, 2019 — 7:30 am - 10:30 am

### **Masonic Family Center**

1200 Sycamore Street, Gridley Adults \$10.00 \*Ages 6 -12 \$5.00 \*Under 6 Free



#### Publisher, Paul V. Scholl

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The Gridley Herald Adjudicated For and By the County of Butte, Adjudication No. 27207-October 29, 1951

650 Kentucky Street Gridley, CA 95948 FICTITIOUS BUSINESS NAME STATEMENT

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000124

The following persons are doing business as: PARADISE SAILBAGS 82 Lariat Loop Oroville, CA 95966

35 Lamalfa Lane Oroville, CA 95965

Section 14400, ET SEQ., Business and Professions Code.

Publish: February 15, 22, March 1, and 8, 2019

Danny k. Nichols, 82 Lariat Loop Oroville, CA 95966

Date Filed in Butte County: January 23, 2019

The Registrant commenced to transact business under the above business name on: 11/30/2004

This Business is Conducted by: Individual

NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see

Section 14400, ET SEQ., Business and Professions Code. Publish: February 8, 15, 22, and March 1, 2019 (The Gridley Herald)

FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. 2019-0000144

The following persons are doing business as: DSL FARMS, DSL LAMALFA FAMILY PARTNERSHIP

Lisa Joy Koehnen, 3100 Hwy 45 Glenn, CA 95943, Douglas Lee Lamalfa, 16 Lamalfa Lane Oroville, CA 95965, and Sherry Lynn Smith, 27 Lamalfa Lane Oroville, CA 95965

Date Filed in Butte County: January 29, 2019

The Registrant commenced to transact business under the above business name on: 1/31/1989

This Business is Conducted by: General Partnership

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business name in violation of the rights of another under federal, state, or common law (see

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000091

The following persons are doing business as: GSV TRANSPORT 1850 Nevada Street Gridley, CA 95948

Gustavo Serna Villalpando, 1850 Nevada Street Gridley, CA 95948

Date Filed in Butte County: January 16, 2019
The Registrant commenced to transact business under the above business name on: 1/16/2019 This Business is Conducted by: Individual

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Publish: February 8, 15, 22, and March 1, 2019 (The Gridley Herald)

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000171

The following persons are doing business as: MC ORIENTAL MARKET 3596 Myers Street Oroville, CA 95966

SENG VANG, 3574 Myers Street Oroville, CA 95966
Date Filed in Butte County: February 4, 2019
The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Individual

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Section 14400, ET SEQ., Business and Professions Code. Publish: February 15, 22, March 1, and 8, 2019

(The Gridley Herald)

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000203

FILE NO. 2019-0000168

Gurminderjit Kaur Biring, 5700 Kandinsky Way Sacramento, CA 95835, Surjeet Singh Biring,

5700 Kandinsky Way Sacramento, CA 95835, Gurdip Singh Hyare, 13611 Belinda Court Hous-

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time. The filing of this statement does not of itself authorize the use in this state of a fictitious

susiness name in violation of the rights of another under federal, state, or common law (see

ton, TX 77069, and Harjinder Kaur Hyare, 13611 Belinda Court Houston, TX 77069 Date Filed in Butte County: February 4, 2019
The Registrant commenced to transact business under the above business name on: N/A

The following persons are doing business as: A&M FARMS

This Business is Conducted by: General Partnership

Section 14400, ET SEQ., Business and Professions Code.

Publish: February 15, 22, March 1, and 8, 2019

1419 Larkin Road Gridley, CA 95948

The following persons are doing business as: INTELLECTUAL POWER CONSULTING 17 Kimmie Lane Bangor, CA 95914

Curtis Lee Hartz, 17 Kimmie Lane Bangor, CA 95914 Date Filed in Butte County: February 11, 2019

The Registrant commenced to transact business under the above business name on: N/A This Business is Conducted by: Individual

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Publish: February 22, March 1, 8, and 15, 2019

(The Gridley Herald)

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000141

(The Gridley Herald)

(The Gridley Herald)

The following persons are doing business as: NORTH CREEK RANCH 824 Lower Honcut Road Oroville, CA 95966

JOSEPH RHETT SCHELHORN, 824 Lower Honcut Road Oroville, CA 95966 and WENDY PAIGE SCHELHORN, 824 Lower Honcut Road Oroville, CA 95966

Date Filed in Butte County: January 29, 2019
The Registrant commenced to transact business under the above business name on: 01/01/2010

This Business is Conducted by: Married Couple
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Publish: March 1, 8, 15, and 22, 2019

business name in violation of the rights of another under federal, state, or common law (see

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000237

The following persons are doing business as: RED BOOT ECOLOGY 1386 King Ranch Road Bangor, CA 95914

Alex Paulus Palmerlee, 1386 King Ranch Road Bangor, CA 95914
Date Filed in Butte County: February 20, 2019
The Registrant commenced to transact business under the above business name on: N/A
This Business is Conducted by: Individual NOTICE: This fictitious name statement expires five years from the date it was filed in the

office of the County Clerk. A new fictitious business statement must be filed before that

time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEO., Business and Professions Code (The Gridley Herald) Publish: March 1, 8, 15, and 22, 2019

#### FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2019-0000222

The following persons are doing business as: HABANERO FISH & TACOS 1761 HWY 99 Gridley, CA 95948

Maria Eugenia Arroyo, 2501 Mead Avenue Biggs, CA 95917

Date Filed in Butte County: February 19, 2019
The Registrant commenced to transact business under the above business name on: 01/01/2019
This Business is Conducted by: Individual NOTICE: This fictitious name statement expires five years from the date it was filed in the

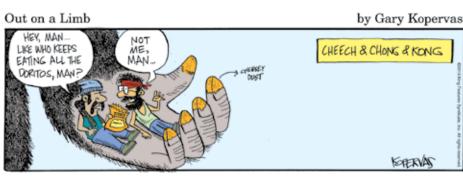
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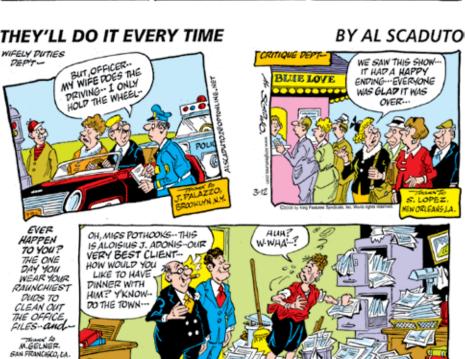
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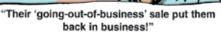








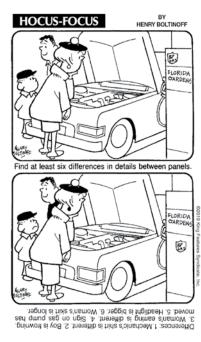
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"Don't bother me - I'm in my think tank!"





by Damian Holbrook

#### Jeers to MTV

for giving two sons of a beach more real estate. Jersey Shore jokers Vinny Guadagnino (left) and Pauly DelVecchio are heading into the shallow end of the dating pool with a Bachelor-ish series that will pair them with 20 singletons who really should be aiming higher.

#### Jeers to World's Best

for not even being close. We already have America's Got Talent and since NBC's superior series features international acts, we don't need another bloated "global" catch-all competition. Nor do we need a wall of 50 judges when panelists

RuPaul, Drew Barrymore and Faith Hill are there to over-hype— and overscore—some of the more meh contestants. It's Best to skip this on

#### Cheers to Showtime

for reviving The L Word. A decade after the lesbian soap signed off, the cable network is bringing it back for an eight-episode sequel featuring original stars Jennifer Beals, Katherine Moennig and Leisha Hailey, along with a new batch of sexually diverse divas. And we think that's an L of a good idea.

## Cheers to The Magicians '

spellbinding women. Stella Maeve's trauma survivor Julia, Jade Tailor's brusque badass Kady,



Jersey Shore jokers Vinny Guadagnino (left) and Pauly DelVecchio are heading into the shallow end of the dating pool with a Bachelor-ish series.

Summer Bishil's High King goddess Margo and Olivia Taylor Dudley's gifted genius Alice -Season 4 of Syfy's hit has no shortage of beautifully flawed and fabulous female characters. If only more shows could learn this trick!.

producers purposefully

choose to make fewer episodes per season, opting for quality over quantity, though when a show like Criminal Minds is limited to 15, that's almost certainly an economic decision. In the bigger picture, the networks talk about being in the year-round programming business, which means staggering premieres throughout the year to keep their lineups fresh even in off months. It makes for some confusion and frustration for those who yearn for the

To submit questions to TV Critic Matt Roush, go to: tvinsider.com

## **GET A GREAT DEAL!**



() ASK	<b>C</b> MATT
BY MATT ROUS	H TV Guide Senior Critic

#### Why Are Shows Having **Shorter Seasons?**

Question: Criminal Minds ended the first week of February. The Good Place is gone until next year. The Orville only produces a limited number of hours, as does-The Connors. Whatever happened to an actual TV Season? – Aaron F.

Matt Roush: There's still a "traditional" network TV season from September to May,

shows-mostly procedurals and sitcoms—hew to it anymore. What you're seeing play out is a combination of factors: fewer episodes to be sure (shows like *This* Is Us and The Good Doctor averaging 18 instead of the traditional mid-20s), but also generally airing fewer repeats, which brings their seasons to a close even sooner. (*Doctor* is done in mid-March, and *This* is Us closes shop the first but only a handful of week of April.) Some

old days, but that system is fading fast as viewing habits continue to evolve.

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## **Gridley Thumbs and Roots**



By Barbara Ott

GRIDLEY, CA (MPG) - The daffodils are blooming in Paradise. My daughter sent me a picture of a great mass of daffodils shining forth in sunny yellow brilliance with a backdrop of ashes and twisted metal destruction. So poignant and it is just starting. There will be

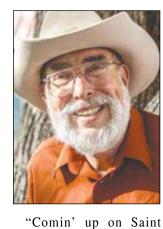
many other plants that have me when they pop out. It is survived some of the burning. I'm guessing there will be roses and iris blooming here and there in the ruins. It is amazing what plants can survive. There is a nursery at Yankee Hill that was partially burned and they have been posting photos of flowers blooming in melted pots. Intense heat and some burning and still those plants survived in small plastic pots. I'm sure many tears will be shed as people see their property and the flowers blooming.

Tete a tete miniature daffomy yard. I've been slowing spreading them around. I had forgotten some of the places I've moved them to, so, they have been surprising

wonderful to have the "what a surprise" reaction to flowers one loves.

I managed to attend the Nursery Crawl without buying too many new plants. I purchased an O Henry peach tree that is in the ground in a flower bed in the back yard. I sacrificed a salvia to get it to fit but it helped to open up the flower bed and it will have great tasting peaches. I have a dwarf peach tree that produces hundreds of peaches, if I let it, but they are pitiful tasting. I also purchased two more hellebores. dils are popping out all over I justify them by telling myself that I have a hellebore already and it needed company. Therefor I have not added more plants.

## Slim Randles' HOME COUNTRY



Paddy's Day, boys," Windy

said, coming in on final

approach to an empty chair.

Perfect two-point landing.

Loretta filled his cup with

fresh and he reared back

and addressed the mem-

bers of the Mule Barn truck

stop's world dilemma think

tank. "Almost here, yessir.

But this one ain't gonna be

like the last one ... not by a

strong shot. Lead us not into

configuration, thass what I

Well, yes he does, actu-

ally. In fact, expanding the

world's vocabulary seems

always say."

you're gonna get sick." to be the life mission of Windy?" our old cowboy camp cook and philosopher, Alphonse 'Windy" Wilson. And

dang, he's good at it. "What happened last St. Patrick's Day, Windy?" asked Doc, politely. And then we braced ourselves for his answer.

Wellsir, there I were, boys, findin' myself in the capital city on Saint Paddy's Day and I were jest walkin' along, peruvulatin' the sidewalks, as it were, when I chanced upon a publication house. Thass what they call 'em in Ireland, you know.

So I rears back and walks on in. Boys, the party was on all right. There was Irishers ever-where! One of 'em, a big booger, comes over and says to buy him a beer, cuz I'm the only one in there who hasn't bought him one, yet."

"Did you buy him one, riograndebooks.com.

"If you ain't a mick,

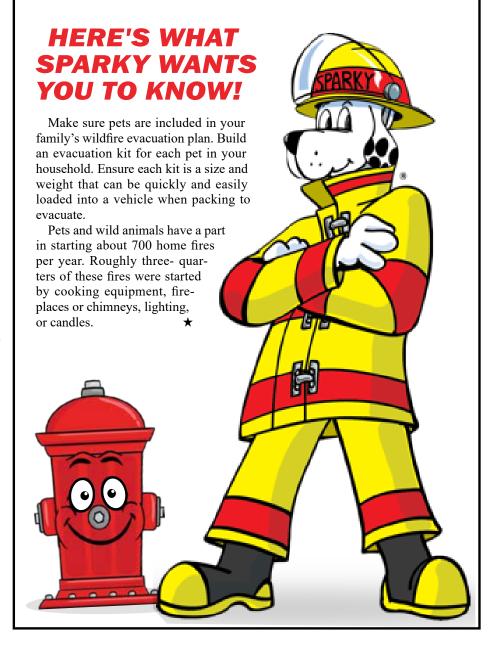
"Do I look stoo-pid? A-course I did. And I danced a little jig and had a couple myself. And 'bout that time here come that big ol' drunk guy again and he said it were time to buy him another beer. I told him I didn't have no more money, and that's when I found myself out on the sidewalk, the whole eastern side of my face hurtin' somethin' fierce. Then I remembered that little sign they had in there. Had it right over the bar. It said, "If you ain't a mick, you're gonna get sick." Them Irish is right ever now and then."

Two of Slim's books. Ol' Jimmy Dollar and The Cowboy's Bucket List, are now deeply discounted for his readers and listeners. Check out the offer at www.



### SMOKE DETECTORS

CAL FIRE/ Gridley Fire Department would like to remind everyone of the importance of smoke detectors in the home. With the recent time change, it's a great time to change the batteries or replace that old detector. Smoke alarms save lives. If there is a fire in your home, smoke spreads fast and you need smoke alarms to give you time to get out. Having a working smoke alarm cuts the chances of dying in a reported fire in half. Almost two-thirds of home fire deaths resulted from fires in homes with no smoke alarms or no working smoke alarms. Working smoke alarms increase the chance of surviving a home fire by 50 percent.



#### **Crossword Puzzle on Page 5** IRISI Ε AINID R В Н О О O Ε Ε Α G Ρ Α 0 Μ S 0 С Ε Ε R S D Ε Ε R N Т Ε Ε F Α D Ν Α G R O Ζ R S Ε Α Т 0 0 Μ 0 Ε U D Ε Α U Κ S Т R Ρ S Ε U Τ О Ν О Ε Т Α S G Ε Ε Т D R R Τ Ν Ε О Α Κ Ε Ε 0 0 Τ 0 Ν Μ 0 Α R S Α Α R О Т Ε Ρ Ε S Α 1 R S Ε S Ε O D

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	6	3	2	8	7	5	တ	4	1	
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# Biggs Girls Win Section Crown, on to State



Biggs' Grace Felkins blows by a Trinity defender during the CIF Northern Section Division 5 championship game at Butte College last Friday night.

#### Story and photo by David Vantress

OROVILLE, CA (MPG) - The Biggs High School girls basketball team had been close, but had never won a section championship heading into last Friday night's CIF Northern Section Division 5 cham-Trinity.

That changed on the basketball floor of Butte College here last Friday night.

The Biggs girls, seeded

late to secure a 53-41 win tonight, and it worked," and not only win the section title, but quality for the CIF Division 5 state tournament.

Biggs (26-1) was given the No. 12 seed and was slated to play No. 5 Rincon Valley Christian Tuesday night in Santa Rosa.

Last Friday night against pionship game against Trinity, the Wolverines got out to a hot start, leading Trinity, 19-6 at the first stop. But it would be a close one all night long.

Biggs coach Tim Sheridan was pleased with

Sheridan said. It was one of those games where the Wolverines never felt comfortable with their lead, Sheridan said.

Megan Collins had 20 points to lead the Wolverines. Emonye Jones had 14.

The Gridley girls, meanwhile, also qualified for the CIF Division 5 state championship, despite falling to Lassen, 55-51 last week in the section semis. The Bulldogs earned the No. 10 seed and were

## Bulldog Boys Bow Out, but Future Looks Bright

Story and photo by David Vantress

GRIDLEY, CA (MPG) - Another good season is in the books for the Gridley High School boys basketball team.

The Bulldogs won the BVL championship for the second straight season under second-year coach Chay Dake, and advanced to the semifinals of the CIF Northern Section Division 4 tournament before bowing out against Paradise Feb. 15 with a 67-44 loss.

Gridley went 18-10 overall in 2018-19 and a perfect 10-0 in BVL play for the second straight

After losing a big group of seniors off a team that won the BVL championship and then was runner-up in the section tournament before advancing all the way to the state quarterfinals,



Gridley boys basketball wrapup

this year figured to be a points per game. bit of a retooling year for out that way at all.

who was on last year's team as a freshman and a key contributor, stepped into a major role this year and averaged over 20

Gridley again loses Gridley. It didn't work a nice group of seniors off this year's team: Sophomore Grant Tull, Wyatt Dreesmann, Davis Mardesich, Emediel Guerrero, Ben Harp, Javier Rodriguez, Alex Gonzales and Jorge Moran.

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## **DWR Gives Lake Oroville Operations Update**

By Erin Mellon. Assistant Director, Public Affairs, DWR

#### SACRAMENTO, CA (MPG)

- With recent storms increasing runoff into Lake Oroville, the Department of Water Resources (DWR) is monitoring lake levels and taking steps to prepare in the event the newly reconstructed main spillway needs to be used. However, at this time DWR does not anticipate using the main spillway to manage lake levels and inflows in the immediate term.

Oroville's elevation is currently 773 feet. At this elevation, the reservoir is a little over 40 feet below the entrance to the main spillway. The following scheduled steps are being taken, as construction

activities are ongoing at the Oroville spillways:

- •Based on current 10-day projections, reservoir levels could reach an elevation of 780 - 785 feet by the end of the month. At elevation 780 feet, DWR and its construction contractor Kiewit will take steps to remove equipment from the main spillway. To prepare for rising lake levels, DWR will also plan to shut and seal the gates before the lake reaches an elevation of 805 feet.
- Once water reaches the gates at 813 feet, the lowest elevation at which the spillways can be used, it will not necessarily be activated. Releases are based on available flood storage,

environmental needs, and water deliveries.

If DWR needs to use the main spillway for flood control releases at any point during the season it will follow the 2018/2019 Lake Oroville Flood Operations

As of November 1, 2018, the Oroville main spillway is fully reconstructed and is capable of handling flood control releases. DWR is closely coordinating with our state and federal partners, including the National Weather Service, to monitor and stay aware of minute to minute forecast changes.

The recent precipitation and forecasted reservoir inflows mean Oroville is likely to reach average levels for this time of year.

Source: DWR

### **BLM and Forest Service Grazing Fees Lowered in 2019**

By Brian Lombard, BLM

WASHINGTON DC, (MPG) -The Federal grazing fee for 2019 will drop to \$1.35 per animal unit month (AUM) for public lands administered by the Bureau of Land Management and \$1.35 per head month (HM) for lands managed by the USDA Forest Service. This represents a decrease from the 2018 Federal grazing fee of

\$1.41 per AUM. An AUM or HM—treated as equivalent measures for fee purposes—is the use of public lands by one cow and her calf, one horse, or five sheep or goats for a month. The newly calculated grazing fee was determined by a congressional formula and takes effect March 1, 2019. The fee will apply to nearly 18,000 grazing permits and leases administered by the BLM and nearly 6,500 permits administered by the Forest Service.

calculating the graz- to ensure public rangelands ing fee was established by Congress in the 1978 Public Act and has remained in use under a 1986 presidential Executive Order. Under that order, the grazing fee cannot fall below \$1.35 per AUM/HM, and any increase or decrease cannot exceed 25 percent of the previous year's level.

The annually determined grazing fee is established using a 1966 base value of \$1.23 per AUM/HM for livestock grazing on public lands in Western states. The figure is then calculated according to three factors—current private grazing land lease rates, beef cattle prices, and the cost of livestock production. In effect, the fee rises, falls, or stays the same based on market conditions.

"The BLM and Forest Service are committed to strong relationships with the ranching community and The formula used for work closely with permittees

remain healthy, productive working landscapes," said Rangelands Improvement Brian Steed, BLM Deputy Director for Programs and Policy. "Fifty percent of the collected grazing fees deposited into the U.S. Treasury are returned to the Range Betterment Fund for on-theground range improvement projects. Portions of collected fees are also returned to the states for use in the counties where the fees were generated.'

The grazing fee applies in 16 Western states on public lands administered by the BLM and the Forest Service. The states are: Arizona, California, Colorado, Idaho, Kansas, Montana, Nebraska, Nevada, New Mexico, North Dakota, Oklahoma, Oregon, South Dakota, Utah, Washington, and Wyoming. Permit holders and lessees may contact their local BLM or Forest Service office for additional information.

Source: BLM

### California Strong to Distribute First Round of Grant Money to Camp Fire Victims

By AI Goldberg, YMCA

SACRAMENTO REGION, CA (MPG) - California Strong, a nonprofit organization in partnership with the Southeast Ventura County YMCA, will be distributing the first round of grant money to victims of last year's Camp Fire. Over 200 families who applied for relief from Paradise, California received individual grants from California Strong on February 28 at the Oroville YMCA. Over \$1 million has already been distributed directly to those affected by the recent tragedies throughout California.

California Strong was cofounded in 2018 by Christian Yelich, Ryan Braun, Mike Moustakas, Jared Goff, and Mike Attanasio.

"It is very meaningful to be able to distribute funds to the victims of these recent tragedies," said Braun, a resident of Malibu and outfielder for the Milwaukee Brewers. "We are so grateful for everyone's support of the campaign."

On hand to help pass out checks will be California Strong co-founder Mike Attanasio; and California State Alliance of YMCAs representatives Megan Glynn, Chief Development Officer of the Southeast Ventura County YMCA; and Jay Lowden, President & CEO of the YMCA of Superior ing bills."

California. California Strong applicants who will be receiving relief have been contacted with an appointed time to come to the Oroville YMCA.

California Strong received requests for assistance from people across the state of California affected by the Borderline shooting in Thousand Oaks, the Camp Fire in Northern California, and the Woolsey and Hill Fires in Southern California. Applicants were then vetted before funds to be released.

California Strong is committed to providing immediate financial support to victims whenever a disaster strikes anywhere in the state both now and in the future. Money is being raised through direct monetary donations, sale of merchandise, online auctions, and events including a recent celebrity softball game at Pepperdine University.

"We want California Strong to be a permanent resource whenever there is an immediate need after a disaster," said Yelich, a Thousand Oaks native and outfielder for the Milwaukee Brewers. "We are in a unique position to be able to distribute funds quickly to people who have suffered a tremendous loss and need help with the basics such as replacing personal items, paying rent, or cover-

The Southeast Ventura County YMCA quickly agreed to partner in the effort. "California Strong's mission closely aligns with the YMCA's mission to build relationships, impact lives and strengthen our community," said Ronnie Stone, Southeast Ventura County YMCA President & CEO. "We are touched by the outpouring of support we have received from donors across the nation. Our donors' generosity is truly amazing."

Inspiring all to a healthy life - in spirit, mind and body is the mission that guides the work of the YMCA of Superior California. More than a pool or gym, the Y is a cause dedicated to the positive development of youth, healthy living for people of all ages, and social responsibility in addressing the critical needs of the communities they serve. With programs from athletics to advocacy, dance to disease prevention, and cycling to child care, the Y doesn't just strengthen individuals, it strengthens communities. Learn more and get involved at ymcasuperiorcal.org.

For more information about California Strong or to donate, visit www.ca-strong. org or call Southeast Ventura County YMCA, 805-497-



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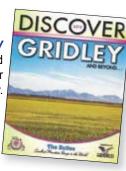


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