



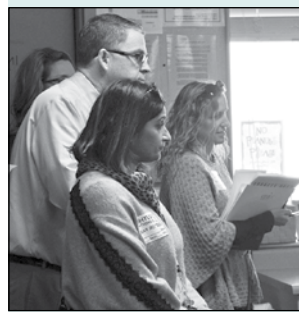
THE GRIDLEY HERALD

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FRIDAY • DECEMBER 28, 2018 • VOL. 138 NO. 84

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On A Mission to Rescue, Reunify and Educate

By Seti Long

BUTTE COUNTY, CA (MPG)- Many emergency responders have found that the human-animal bond is so strong, people will often remain or put themselves in danger during emergency situations because they do not wish to leave their pets behind. NVADG, founded in the summer of 2002, works in concert with Butte County Animal Control behind the line of action during emergency situations, allowing first responders to focus on saving human lives.

NVADG teams evacuate, rescue and shelter-in-place animals at risk, training year round on fire-line safety, emergency equipment, animal rescue procedures and animal handling to be prepared and ready to respond when called into action. They also provide educational seminars and resources to the public on how to be prepared to evacuate during disaster situations.

During November's destructive Camp Fire, NVADG was on the front lines, manning the effort to evacuate large and small animals and care for their needs after they arrived safely at the shelters. Butte County had 3 NVADG shelter sites: two small animal shelters, one at the Chico Municipal Airport, one at the Old County Hospital on Del Oro drive in Oroville, and a large animal shelter located at the Butte County Fairgrounds in Gridley. Vice President of NVADG, Norm Rosene said that at the height of the Camp Fire crisis, over 2,000 small animals had come through the shelters and as many as 800 at the large animal shelter in Gridley. Not only did NVADG care for animals at the shelter locations, but traveled back into the disaster area to care for animals that remained within those restricted areas.

Now that the immediate threat of the fire has subsided, NVADG has begun its reunification phase.

Many animals came in with owners and meticulous documentation has assured that animals in the care of NVADG return to their rightful owners. Lost or strayed animals that have found their way to the



Vice President of North Valley Animal Disaster Group Norm Rosene pictured with one of the animals being housed at the NVADG smalls animal shelter. Photo by Seti Long

shelters are also documented in the hopes that owners will be found. For some pet owners without suitable housing, reunification is still not an option. Long-term kenneling and being away from their regular routine can take a heavy toll on pets. In order to provide for the emotional well-being and physical needs, animals are being transitioned into more comfortable conditions and or foster homes.

Currently open NVADG shelters are set to close January 4th, 2019 and NVADG is working

closely with Butte County Animal Control to update the location of pets and update their website, CampFireRescuedAnimals.com with that information. All animals will remain with NVADG until they have ample time to be claimed and will not be up for adopted out at this time. Please visit www.nvadg.org, CampFireRescuedAnimals.com, or contact Butte County Animal Control for more information regarding lost pets, the reunification process or animal fostering. ★

The Slingshot Heard 'Round the World Rehearsal Begins

By Ed Lucas, Pastor

GRIDLEY, CA (MPG) - The Kids' Choir will begin rehearsals for the children's spring musical "The Slingshot Heard 'Round the World" on Tuesday, January 8th from 3:30 to 5:00 P.M. at Gridley Christian Church. Children ages 4 and older are welcome to participate in this fun 35 minute musical. We meet every Tuesday until the performance date of Sunday, March 31st.

This fun and humorous 35 minute musical teaches the story of David and Goliath. Goliath is not the sharpest knife in the drawer. But he does have brothers to support him in his victories: Gorilla, GoFigure, GoTee, and GoFish. David will teach us that in life we will confront many fears; but we can take positive faith-filled action to conquer our fears and our foes.

There are Bible lessons and snacks, along with singing, drama, and simple choreography. Some sign language will be learned as well. Each child is given a special part in the program that he/she is capable of doing well in order to gain self-confidence and to learn how to work together as a team to accomplish a goal.

One free CD will be given to each family. Participation in this choir is entirely free. Donations, however, are gratefully accepted.

Gridley Christian Church is located on the corner of Hazel and Washington Streets next to Sav-Mor Market. Call Bonnie Schnepel for more information at 933-9845. ★

Gridley Council Gives Nod to FEMA Trailers

Story by
David Vantress

GRIDLEY, CA (MPG) - The Gridley City Council last week gave preliminary approval to a plan to place some Camp Fire victims in town in FEMA-supplied trailers. At its Monday, Dec. 17 meeting, the council unanimously approved 350 trailer units, according to City Administrator Paul Eckert.

Eckert said the council sent its final terms for allowing the placement of the trailers to FEMA officials last week and city officials were waiting for a response. Another meeting will be set up once

the two sides agree to the terms of the trailer placement, Eckert said. Butte County Sheriff and local officials will be invited to that meeting to help plan additional resources needed. The trailers would be placed at an industrial site near Independence Place.

The Butte County Board of Supervisors heard a presentation from FEMA officials about the trailers at a recent meeting. After the final lease documents are signed for the trailers, it would take at least 45 days before the trailers could be occupied. Federal officials are also looking at placing trailers in Chico and Corning. ★

City to Host FEMA Camp Fire Community Forum

By Seti Long

GRIDLEY, CA (MPG)- The City of Gridley will host a special forum this Friday, December 28th at 4:00 p.m. at the Community Center located on East Spruce Street, regarding the placement of 350 FEMA Modular Homes at the Industrial Park, dubbed the Camp Fire Community. City Administrator Paul Eckert, along with Daryl Dye, Gridley City's Electric and Public Works Director, in coordination with FEMA representatives, Gridley Unified School District, Butte County Office of Education, Butte County Sheriff Kory Honea and

Local Gridley-Biggs Police Chief Al Byers, will be on hand to outline the plan of action and answer questions.

City Officials are hoping that this public forum will clear up any misgivings about the establishment of the FEMA Camp Fire Community and plans to address issues in a 3-part structured meeting. First, City officials and FEMA representatives will review the terms of acceptance regarding the contract and completed lease with FEMA, the general plan and required infrastructure development. Following that discussion, and in no

certain order, Police Chief Al Byers will outline the role of the Gridley-Biggs Police Department in maintaining security, while a community conversation with Sheriff Kory Honea will address law enforcement and traffic control in the unincorporated area. The Gridley Unified School District and Butte County Office of Education will then discuss the potential impact on Gridley Schools, and the resources that will be made available to support increased enrollment.

This forum is open to the public and community members are encouraged to attend. ★

www.GridleyHerald.com

Multiple Caltrans Projects Ahead



Caltrans plans to realign West Liberty Roads with Hollis Lane creating a four-way intersection controlled by the new signal. Photo by Seti Long

By Seti Long

GRIDLEY, CA (MPG) - As 2018 draws to a close, Caltrans prepares for multiple projects that will impact travel on Highways 99 and 70, some of which are already underway.

As part of the agreement between the City of Gridley and FEMA regarding the development of Gridley's Industrial park to house 350 FEMA modular housing units, FEMA working with Caltrans, will expedite the installation of a full-scale signal at the intersection at Hwy 99 and West Liberty Rd. Caltrans plans to realign West Liberty Roads with Hollis Lane creating a four-way intersection controlled by the new signal. All agencies involved anticipate an increase in levels of traffic as construction at the industrial park gets underway, especially after the modular units are place and tenants begin to arrive. Work is currently underway as Caltrans has already conducted a survey of the site, is planning utility relocation and has the components for the signal on order.

Next on the list is the Live Oak Streetscape

project. The project will rehabilitate the Highway 99 corridor through the town of Live Oak to a 40-year pavement life, repairing its currently distressed condition and addressing drainage issues. The project will also provide for street enhancements such as bicycle and pedestrian lanes, crosswalks, curbs, and gutters. Sidewalks and driveways along the route will be upgraded to meet current ADA standards. Traffic signals at Pennington Road and Elm Street will be upgraded as well. Utility relocation is set to begin in Spring of 2019 with construction to follow in the spring of 2020.

Other Construction along State Route 70 will impact motorist from Spring 2019 well into the spring of 2020. Caltrans plans to make improvements to the Highway 70 corridor intended to improve the safety of the highway, as it has seen an increase in collisions and fatal accidents. Construction will begin at Palermo Road and running just north of Cox Lane. The project will widen the existing 2-lane highway

to five lanes, create a continuous two-way left turn, widen the shoulder to 8 feet and provide and upgrade drainage systems. The additional lanes will increase highway capacity to meet future economic development, including population growth, in Butte County.

Additionally, the Simmerly Slough Bridge located just north of Marysville on Hwy 70, no longer meets current design and seismic safety standards and is experiencing loss of sediment, sand and rock from around the base of the bridge piers and abutments. Caltrans is planning on constructing a new bridge parallel and west of the current structure and will realign the highway approaching the bridge on both ends. The new bridge will accommodate five lanes in the future and provide for 8-foot paved shoulders, sidewalks on both sides and a concrete barrier separating the shoulder from the sidewalk and bridge railing. Two traffic lanes will remain open throughout construction. The old bridge will be demolished after the new structure is completed. ★

Northern California CFC Urges Federal Employees to Support Wildfire Victims

By Bruce Jacobs, CFC Zone Director

SACRAMENTO, CA (MPG) - Northern California CFC, the local arm of the nation's largest and most successful workplace fundraising campaigns, is urging federal employees and federal retirees to support victims of recent wildfires by making a contribution or donating time to one of the nonprofit organizations providing aid.

"Our hearts go out to our friends in neighbors in Northern California who have been affected by these recent disasters," said June Moss, Chair of the Northern California CFC's Local Federal Coordinating Committee. "For many years, the CFC has been a source of aid and comfort to countless people, and we're urging our colleagues to remember the wildfire victims as they consider where and how to make their pledge this year."

Local charitable organizations have received

an outpouring of in-kind gifts and short-term funding following the fires. However, more will be needed as these nonprofits transition from short-term relief efforts to Phase 2 of their recovery plan, which includes case management to provide additional help and resources to families—including help with the rebuilding process.

"Nonprofits and public/private partnerships are meeting the short-term relief needs, but long-term recovery is always the bigger issue," said Sara Russell, Director of the San Francisco Federal Executive Board. "Nonprofits love CFC funding because it's a year-round, steady source of income that ensures resources are available on a long-term basis to help these individuals and families rebuild their lives—today and in the future."

One local federal employee, Melinda Posada, is supporting the wildfire victims through the CFC because she was

moved by the images of people displaced by the fires and wanted to lend support. "I'm giving through the CFC because when the news cycle has moved on and many people have forgotten, my support will still be there throughout the year. Our friends and neighbors will know we remember them," Ms. Posada said. "I'm also letting my co-workers know by adding the #cfcampfirehelp hashtag to my social media posts."

Federal employees who need help identifying a CFC nonprofit organization providing relief to victims of the recent fires are encouraged to contact their local CFC Campaign Coordinator or Keyworker for assistance. Federal employees, federal retirees and contractors are all encouraged to give at <https://cfcgiving.opm.gov> and to use the hashtag #cfcampfirehelp to help spread the word. For more information, please visit www.northerncalifornia-cfc.org. ★

DWR Releases Draft California Water Plan Update 2018 for Public Review

By Erin Mellon, Public Affairs, Department of Water Resources

SACRAMENTO, CA (MPG) - The Department of Water Resources (DWR) today released the Public Review Draft of the California Water Plan Update 2018. The draft plan presents a vision for greater collaboration in water management, with a focus on achieving long-term sustainability and improvements to public health, the economy, and the environment.

The California Water Plan is the state's comprehensive strategic plan for managing and developing water resources

sustainably. DWR publishes a plan update every five years, as directed by California Water Code.

Since the last update in 2013, California has experienced a devastating five-year drought, widespread flooding, and historic wildfires – all the effects of a changing climate. California's new climate reality means coordinated, inclusive water management is more important than ever.

Update 2018 recommends a series of actions to address the most critical issues facing water management in California. The revised plan outlines a path for new or modernized infrastructure, restored

ecosystems, efficient regulation, cooperation across water management sectors, and greater return on investment.

DWR will coordinate a two-hour webinar to provide an overview of Update 2018 and the public comment process. Comments received on this draft will be used to inform the final Update 2018 for release in January 2019.

Public comments will be accepted through January 21 and can be emailed to cwpcom@water.ca.gov or mailed to DWR's Strategic Water Planning Branch, P.O. Box 942836, Sacramento, CA 94236-0001. ★

New Medicare Drug Policy is a Step Down for Seniors

Commentary by Peter J. Pitts

Officials at the Centers for Medicare and Medicaid Services recently issued a shocking pronouncement. They've decided to prioritize insurers over patients.

The agency recently released new instructions to insurers that participate in Medicare Advantage, allowing them to require patients to take "the most preferred drug" on the market for their condition first, before trying any other treatments.

Unfortunately, "most preferred" is often merely a euphemism for cheapest. So even if a doctor has concluded, for sound medical reasons, that a different treatment would be more effective, an insurer can demand that a patient first try -- and fail -- with the "most preferred" drug. This process, known as "step therapy," will delay treatments for cancer patients and other seriously ill seniors, putting their health -- and their lives -- at risk.

Step therapy is a blemish on the otherwise popular Medicare Advantage program, which offers seniors who opt in privately administered health plans. Coverage options can include the majority of beneficiaries' health needs, including prescription drugs, physician, hospital, and outpatient services.

CMS' new guidance

will impede access to care for Medicare Advantage patients receiving medications administered under a doctor's direct supervision, which fall into Medicare's "Part B" category. These include infusion treatments for cancer and autoimmune diseases.

Step therapy can be downright cruel for patients battling chronic and painful conditions. Imagine suffering in agony for weeks, months, or even years trying out different treatments that your physician knows are unlikely to help. With each new drug comes a new set of side-effects, but no noticeable health benefits.

Previously, a 2012 CMS directive banned step therapy for Part B treatments -- and for good reason. Part B drugs are highly specialized. Doctors must take into consideration a patient's diagnosis, lifestyle, medical history, and more to find the best treatment or combination of medications.

Lifting this ban puts some of Medicare's sickest beneficiaries in real danger.

Consider the cancer patients who rely on Part B for chemotherapy. Such treatment regimens are highly individualized -- with some patients responding better to one drug rather than another.

To combat the disease effectively, doctors must find the most appropriate treatment as quickly as possible. That process can be

challenging under the best circumstances. Step therapy requirements only add to those difficulties, compounding patient suffering.

In the time it takes to satisfy an insurer's "fail first" requirements, a patient's cancer could go from treatable to hopeless. That's especially true for patients with fast-moving cancers. Those diagnosed with esophageal cancer, for instance, have just a 46 percent chance of surviving six months. For pancreatic cancer, it's 27 percent.

It's no surprise that the medical community is overwhelmingly opposed to step therapy. The American Medical Association, American Society of Clinical Oncology, American Society for Radiation Oncology, and the American Society of Hematology have all condemned the CMS move as a threat to patient health.

Their denunciations are richly deserved. CMS' new policy guidance puts insurer profits above the best interests of patients. Introducing step-therapy into Medicare Part B will prolong the suffering of America's most vulnerable seniors.

Peter J. Pitts, a former Food and Drug Administration associate commissioner, is president of the Center for Medicine in the Public Interest. ★

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AVID Showcase Hosts Teachers with Local Program



Selina Oseguera welcomes visitors to her 4th grade classroom during Luther's AVID Showcase. Photo courtesy Martin Svec.

By Martin Svec

LIVE OAK, CA (MPG) - In November, Live Oak's Luther Elementary was host to the Northern California AVID Showcase in which educators from all over the state came to witness Luther teachers and students in action. AVID (Advancement Via Individual Determination) is a college and career readiness program that prepares students for the rigors of the real world. With specific, structured strategies to be used, the program pushes students to think critically, read critically, and write critically, even as young as Kindergarten. Live Oak schools have seen tremendous student academic success by implementing AVID. As Julie Crandall, Vice Principal of Luther, explained the impact on the school, "It's not just about students working by themselves and getting them through a school year. It's about creating a whole school culture that

centers around fostering lifelong learners through communication, collaboration, and critical thought processes." Katrina Neill, a Sacramento County Office of Education Project Specialist was at the AVID Showcase and explained her experience. "This is my 2nd year coming to Luther's Showcase. I oversee 35-40 schools in Northern California who have implemented AVID into their schools. One school in Western Placer came to a Luther AVID Showcase and was so inspired by what they saw that they immediately implemented reciprocal teaching into their 4th grade classrooms. They have seen wonderful results since." Andrea Davis, Luther 2nd grade teacher, acknowledges that Luther's success is due in part to the administrative support and staff cohesiveness. "We are given time to collaborate and coordinate with our peers. So,

there is a fluid movement between the grade levels that allows for us to build upon each other." Principal Parveen Bains understands what it is like, having been a teacher herself for 9 years, and vice principal for 6 years. "I want to provide my staff the opportunity to go watch their peers in action. It is a valuable thing in our profession, to be able to continue our growth as teachers by learning from others. These activities can be challenging and even scary to implement, so allowing them to see exactly how to execute a certain strategy or lesson relieves a lot of that anxiety for a teacher." Amita Nat, Luther 3rd grade teacher, closed by commenting, "We are also reaching out to parents and inviting them into the classroom so they can see for themselves the strategies and tools that students are using. Our hope is to have an AVID Showcase for parents in the near future." ★

New Year THOUGHTS TO PONDER

By Kathy Neal
Gridley United Methodist Church

As a young boy was traveling with his family past a business, he noticed the owner removing a nativity scene used during the Christmas holidays. He remarked, "Look, mother they are packing up Jesus for another year." Have you packed up Jesus for another year along with the leftovers of Christmas? Is He only born in a manger at the end of the year and then magically disappears just as the lights, tinsel, and ribbons are hidden away? As we face a new year, we need to keep Jesus out and visible, so we can draw strength from His strength, courage from His faith, and direction from His spirit. If we as Christians continue to set Him aside as we set aside the mailing lists, leftover wrappings, and reusable boxes, then we will lose part of our guidance for the coming year. We can't hope to grow in a world filled with trouble if we lock up part of our weapons just as we are preparing to do battle for the new year. Take a look, at your New Year's resolution. Do they include one for weight loss, one for saving money, one for more exercise, or one for more time for yourself? Why not add one to keep the Christ child alive and growing day by day in your life, not packed

away in close only to reappear for a few weeks at the end of next year. Jesus gave us a new commandment: Love one another! If we accept this gift from Jesus and decide to allow Jesus to be our guide through the entire year, how much difference will it make in our lives? What changes? If we want to share Jesus' unbroken circle of love, we must get busy doing things that will show love for others....ALL others. We must touch others around us and allow our Christian concern and love to spread like wildfire through our towns, communities and the entire world. This new year can be the year of change for the United States and the world. Conflicts can be aborted -war can be stilled. Hunger can be eliminated, and crimes can be abolished if one thing can take hold: a respect and a love for life as God intended int very beginning. Greed must give way to selflessness. Anger must give over to understanding. Hate must be replaced by an honest to goodness respect for others regardless of race, color, religion, or political belief. How? We must not put under wraps and back into storage the one thing that can cause this change in the universe—Jesus Christ, the Holy Spirit, and Lord God Almighty. Without them change is only a word, not a reality. "Remember ye not the former things, neither

consider the things of old. Sing unto the Lord a new song." (Isaiah 42: 10, 43:18) Let the old year rest; prepare for the new and look to the SON for a new song in your life! ★

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MEMORIAL NOTICE

Brenda Lorraine Kressler

December 20, 1960 to December 20, 2018

Brenda Lorraine Kressler passed away on December 20th, 2018 after battling Multiple Myeloma for three years. Brenda leaned on her faith as she fought her battle with cancer. She did not wish to leave her friends and family. Brenda was born December 20th, 1960 in Marysville, CA to Opal and William Van Huffman, Sr. She was the youngest of four children. She graduated from Gridley High School in 1979 and CSU Sacramento in 1985. She spent most of her career working in business operations for different schools and in the healthcare industry. Brenda enjoyed the relationships and collaborations that came with being part of a team. Brenda is survived by her husband of 28 years, James Kressler and their daughter Elizabeth. Additionally she is survived by her brother Bill Huffman of Gridley and her sisters Judy Callaway of Modesto and Janet Rickard of Clovis. In lieu of flowers the family requests donations be made to the International Myeloma Foundation.

Internment will be in the Gridley-Biggs Cemetery.

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California State Capitol, Suite 1173, Sacramento, CA 95814
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Home warranties?

Dear Dave,
Are home warranties a waste of money if someone has been following your plan and already has six months of expenses set aside in an emergency fund, plus home insurance?
-Andrea

Dear Andrea,
Home warranties are a waste of money even if you don't have quite that much set aside in an emergency fund. I recommend an emergency fund of three to six months of expenses to cover the unexpected things that life will throw at you. This amount of cash, sitting in a good money market account with check writing privileges, will give you easy access in the event of a financial emergency.
I don't recommend extended warranties of any kind. They're just

Dave Ramsey Says

not a good deal. You're better off to self-insure against things breaking down, and putting what would have been profit and marketing dollars for the extended warranty company in your own pocket!
—Dave

Put retirement on hold temporarily

Dear Dave,
Should I stop making contributions to my 401(k) account for a year in order to save up an emergency fund? Thanks to you, I'm 33 and debt-free.
-Blake

Dear Blake,
Congratulations on being debt-free at such a young age! I appreciate the credit, but the truth is I just pointed you in the right direction. You made the sacrifices and did all the hard work. I'm really proud of you!
Yes, my advice is to temporarily stop making contributions to your 401(k) until you save up an emergency fund of three to six months of expenses. It shouldn't

take a year, though, to set aside an emergency fund if you're debt-free and making decent money at your job. Just make it part of your monthly budget plan, and get that emergency fund set up in a few months.
Here's the way I look at it. If you don't have an emergency fund, but you're contributing to a 401(k), there's a good chance you'll end up cashing out your 401(k) if something happens that leaves you with a large, unexpected bill. When you cash out a 401(k) early, you get hit with a penalty plus your tax rate. That's not a good plan!
And that's just one of the reasons I tell people to have an emergency fund in place before they start investing.
—Dave
Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

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Looking Back
BY SETI LONG

The following are stories that appeared in the Gridley Herald 25, 50, 75, 100 and 125 years ago:

25 Years Ago (1993)
“Armored Truck Spills Cargo”
A Loomis armored truck was involved in an accident along Hwy 99 at the Biggs and East Biggs intersection. According to CHP, the truck driver attempted to brake and swerved right to avoid collision with a vehicle that was turning left onto East Biggs Road, putting itself directly in the path of the oncoming Loomis truck. The armored truck was able to avoid a collision with the vehicle but spun out of control, rolling over, smashing into a power pole and finally coming to rest in a ditch. Residents in Gridley and Biggs reported a split second disruption of power at that time. Both drivers of the Loomis truck were transported to Enloe Hospital with minor injuries. A second Loomis truck was brought in, along with three employees, to clean up the change and other debris scattered along the ditch and road. Several hundred dollars worth of loose change was collected and counted, while luckily for Loomis, the bills had remained safely inside of the truck during the collision.

50 Years Ago (1968)
“Big Bottle Find”
A few hundred vintage bottles were found during the process of tearing down an old home on Sycamore Street, owned by Everett Hamman. The old residence on the west side of the Hamman property was originally moved from the town of Hamilton, the first county seat and former gold mining camp. Diggers found evidence that another building and basement were present on the site before the home was moved and placed on the lot. Some of the bottles found dated back to 1846 and included a Mason jar from 1858, many bottles from Fred Schoen's Gridley Pharmacy, an opium bottle, Gridley Soda Works and more.

75 Years Ago (1943)
“Emergency Fertilizer”
Two carloads of emergency super-phosphate will be available to Butte County farmers this week reports W.F. Porter, member of the Butte County committee and chairman of the production committee. Porter said the Butte County Agricultural Conservation Association was distributing the materials, only available for certain crops, as an emergency program because of severe shortages of the super-phosphates. The fertilizer material will contain 10% phosphoric acid will be sold for \$28.25 a ton at rail points throughout the county.
100 Years Ago (1918)
“Dried Milk Production Promising to be Great Industry”
Local man, John Felleman, is promoting a dried milk enterprise, promising to use a plant composed of specialized machinery, covered by patents issued to himself, to make the powder. According to Dr. Harvey W. Wiley, formerly chief chemist for the Agricultural Department, powdered milk is as valuable as its original form and that if dried properly, the process takes nothing from the milk but water and destroys any germs present. A committee being formed in Washington D.C. and is preparing to send a ton of dried milk a day to France, in order to feed babies and children that have been affected by war-time shortages.
125 Years Ago (1893)
“Local Happenings Pulled From the Biggs Argus Newspaper”
* The stockholders of the Sacramento Valley Bank was held in Odd Fellows Hall, Biggs, at which meeting the directors for the year were announced.
* A Vigilance committee has been organized in Gridley for protection against thieves.
* E.B. Morgan is retained as editor of the Gridley Herald for another year.
* Six carloads of nursery trees were shipped from the depot this week.. ★

Dear Dietician

Resolutions

Commentary by Leanne McCrate

Dear Readers,
New Year's Day is upon us, and it's time for those resolutions. Many who are reading this will resolve to lose weight in 2019; however, about 95% of the people who lose weight will gain it back. This is not meant to discourage anyone, but rather to suggest a different approach.
Follow these guidelines for greater success:
Form healthy habits around food. Eat five servings of fruits and vegetables per day, high-fiber grains, and lean proteins. Eliminate fast food, junk food, evening ice cream, and snacking after dinner. Save dessert for a weekly treat.
Create a food plan. Plan your meals ahead of time and write them

down. Pack a lunch for work, and plan healthy snacks like fruit, nuts, or low-sugar yogurt. When you have a food plan, you are much less likely to grab something unhealthy when hunger pangs hit.
Have a plan when you want to eat but aren't really hungry. Call a friend; read a book; chew a piece of gum; clean out a closet; go for a walk.
Know how often you want to weigh yourself. Some people weigh once a week; some weigh once a month. Do what works for you.
Don't get too hungry. Many diets fail because they are too restrictive in calories or they cut out a food group. The dieter ends up feeling deprived, and who wants that? When we feel deprived, we may go to the other extreme and eat a pint of ice cream or a family-size bag of chips. Then we feel like we have blown it, and it's hard to get motivated to get back on track.
Set realistic goals. A realistic goal for weight loss is one pound per week. In this way, you can lose weight without feeling deprived. When

we lose weight slowly, we will lose fat instead of muscle. Our skin will tighten, and we will be less likely to have flabby arms.
Reward yourself, but not with food. Go to a movie; buy a pair of earrings; go to a ballgame; buy a new pair of shoes; buy two pairs of shoes.
Finally, find emotional support. Have a buddy system or join a group like Take Off Pounds Sensibly (TOPS). Weight loss programs with group support have higher success rates than those who go it alone.
Remember, you will not do this perfectly. No one does. A good measure of success is not if you “fall off the horse,” but how quickly you can “get back into the saddle.”
I wish you all a happy, healthy New Year!
Dear Dietitian

Leanne McCrate, RD, LD, CNSC, is an award-winning dietitian with over fifteen years of clinical experience. She is registered with the Commission on Dietetic Registration. Have a nutrition question? Email it to DearDietitian411@gmail.com. ★

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CLUES

ACROSS
1. Bundle of wheat
6. ____-been
9. Urban apartment
13. Peter, South of the border
14. In the manner of, French
15. Photo-editing color option
16. Chieftain
17. Not well
18. Lively
19. "Late McCain
21. "American Duchess
23. "Some Kind of Wonderful" actress
24. Your majesty
25. Floor cleaner
28. Greek portico
30. "Super Bowl champs
35. Swear, not curse
37. Place for an ace?
39. Type of newspaper
40. Bar order neither red nor white
41. "Halfpipe winner
43. Toothy wheel
44. Be needy
46. Hindu dress
47. Unfavorable prefix
48. Ballpark grub
50. Lion's share
52. It can be red or black
53. Burden
55. Break bread
57. "First North Korean to cross Demilitarized Zone
60. "October disaster
64. Acoustic output
65. In the past
67. Tanzania's neighbor
68. Coral reef island
69. First off sinking ship?
70. Type of closet
71. Not there
72. Dashboard unit
73. Clear the board

DOWN
1. R&R destinations
2. Part of hemoglobin
3. "I Dream of Jeannie" star
4. "He's ____ nowhere man," Beatles
5. Strong suit, pl.
6. Age of Aquarius flick
7. Nothing alternative
8. Game ragout
9. Onion's kin
10. October stone
11. "CA's Camp ____
12. "Tit for ____"
15. Schmeat
20. Often taken with a bible, pl.
22. Aretha's first three
24. Arabic greetings
25. "____ For Our Lives"
26. Convex molding
27. Suggest
29. Sounds of amazement
31. "Cooper's leading lady
32. Property claims
33. Fill with spirits
34. "April missile strikes target
36. Make one's way
38. EU unit
42. One born to Japanese immigrants
45. 10 to the power of 100
49. Bearded antelope
51. Take on, as in a project
54. Take gun away
56. Not our
57. Burlap fiber
58. Airy emanation
59. Cairo's waterway
60. "Like a ____ to a flame"
61. "Starred with Blake in "A Simple Favor"
62. Some have them on the back of their head?
63. Swimmer's row
64. Follows #29 Down, sing.
66. Year off

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For Solutions See Page 8

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 8

IRS Says Make an Estimated Tax payment Now to Avoid a Tax Time Surprise

David A. Tucker II
IRS Media Relations

WASHINGTON, DC (MPG) - The Internal Revenue Service has advised employees, whose 2018 federal income tax withholding unexpectedly falls short of their tax liability for the year, that they can still avoid a tax-time surprise by making a quarterly estimated tax payment directly to the IRS. The deadline for making a payment for the fourth quarter of 2018 is Tuesday, Jan. 15, 2019.

Although the Tax Cuts and Jobs Act (TCJA), the tax reform law enacted last December, lowered tax rates for most people,

it also nearly doubled the standard deduction and limited or discontinued many deductions, among other changes. Though most 2018 tax filers are still expected to get refunds, the number who owe tax, and in some cases a penalty, is likely to be larger than in recent years, and many of them are likely to be people who have always gotten refunds.

Taxpayers who itemized in the past who now choose to take advantage of the increased standard deduction, as well as two-wage-earner households, employees with nonwage sources of income and those with complex tax situations,

are at most risk of having too little tax withheld from their pay. This is especially true if they didn't update their withholding earlier this year.

In addition, various financial transactions, especially those occurring late in the year, can often have an unexpected tax impact. Examples include year-end and holiday bonuses, stock dividends, capital gain distributions from mutual funds and stocks, bonds, real estate or other property sold at a profit.

For anyone at risk for a tax-time surprise, making an estimated tax payment soon is the fastest and easiest solution.

Form 1040-ES, available on IRS.gov, includes a useful worksheet for figuring the right amount to pay. This form also includes a quick run-down of key tax changes and the federal income tax rate schedules for 2018.

A companion publication, Publication 505, Tax Withholding and Estimated Tax, has additional details, including worksheets and examples, that can be especially helpful to those who have dividend or capital gain income, owe alternative minimum tax or self-employment tax, or have other special situations.

The fastest and easiest way to make an estimated tax payment is to do so electronically using IRS Direct Pay or the Treasury Department's Electronic Federal Tax Payment System (EFTPS). For information on other payment options, visit IRS.gov/payments. If paying by check, be sure to make the check payable to the "United States Treasury."

Though it's too early to file a 2018 return, it's never too early to get ready for the tax-filing season ahead. Though a good idea any year, starting early is a particularly good idea this year, when most tax filers will

face revised tax rates and an altered array of deductions and credits.

To help anyone wishing to sketch out their return early, the IRS has already posted the 2018 Form 1040 and its instructions. Many supplemental forms and schedules have also been posted and others are being added every day.

Two other useful resources are Publication 5307, Tax Reform: Basics for Individuals and Families, and Publication 5318, Tax Reform What's New for Your Business. For other tips and resources, check out the Get Ready page on IRS.gov. ★

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NOTICE OF TRUSTEE'S SALE
Trustee Sale No. : 0000000773765
Title Order No.: TSG1808-CA-3440393 FHA/VA/PMI No.: ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 09/16/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER AND WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 09/29/2005 as Instrument No. 2005-0058921 of official records in the office of the County Recorder of BUTTE County, State of CALIFORNIA. EXECUTED BY: FRANCISCO VALLE AND MARIA I. GONZALEZ, HUSBAND AND WIFE AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 01/28/2019 TIME OF SALE: 3:30 PM PLACE OF SALE: AT THE MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 1 COURT STREET, OROVILLE, CA 95965. STREET ADDRESS AND other common designation, if any, of the real property described above is purported to be: 432 SCARLET OAK DR, GRIDLEY, CALIFORNIA 95948 APN#: 010-330-067-000 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$92,059.43. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL

BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed

one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site www.servicelinkASAP.com for information regarding the sale of this property, using the file number assigned to this case 0000000773765. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL: AGENCY SALES AND POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 12/13/2018 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4678912 12/28/2018, 01/04/2019, 01/11/2019 ASAP#4678912 1-11-19

service link ASAP.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 12/13/2018 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4678912 12/28/2018, 01/04/2019, 01/11/2019 ASAP#4678912 1-11-19

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2018-0001504

The following persons are doing business as: TOMS SEPTIC SYSTEMS.
6765 Lower Wyandotte Oroville, CA 95966
Tommie Leon Thompson, 6763 Lower Wyandotte Road Oroville, CA 95966 and **Tommie Lyle Thompson**, 6765 Lower Wyandotte Oroville, CA 95966
Date Filed in Butte County: December 13, 2018
The Registrant commenced to transact business under the above business name on: N/A
This Business is Conducted by: General Partnership
NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the County Clerk. A new fictitious business statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14400, ET SEQ., Business and Professions Code.
Publish: December 21, 28, January 4, and 11, 2019 (The Gridley Herald)

INVITATION TO BID

PART 1 - GENERAL

NOTICE IS HEREBY GIVEN THAT THE BOARD OF TRUSTEES OF BIGGS UNIFIED SCHOOL DISTRICT, of the County of Butte, State of California, will receive up to and no later than 1:30 P.M., January 17, 2019, sealed bids for the award and contract for the furnishing of all labor, materials, transportation and services required for the Construction of a New Snack Bar Building & Home Bleachers/Press Box, and such bids shall be received at the office of the Biggs Unified School District at 300 B Street, Biggs, California 95917, and shall be opened and publicly read aloud at the above stated time and place.

A non-mandatory pre-bid meeting will be held on January 10, 2019 at 1:00PM, at the Biggs High School Football Field, located at 3046 2nd Street, Biggs, California 95917.

This project is subject to Disabled Veterans Business Enterprises (DVBE) requirements as outlined by Public Contract Code Sections 10115 et seq. The applicable forms must be completed and submitted with your bid. Should prospective bidders need assistance in identifying DVBE, please contact the Office of Small and Minority Business at (916) 322-5060. For any questions pertaining to the implementation provisions of the DVBE regulations, please contact Pat Carbone at (916) 323-8360.

Each Bid must conform and be responsive to this invitation and the Contract Documents. Electronic copies may be obtained upon request from the office of the Architect; Nichols, Melburg & Rossetto, 555 Main Street, Suite 300, Chico, CA 95928. Make requests to orme@nmrdesign.com with a subject heading of "Biggs HS New Snack Bar & Home Bleachers/Press Box Files Request".

Each Bid shall be accompanied by a certified or cashier's check or bid bond made in favor of the Board of Trustees, Biggs Unified School District, executed by the bidder as principal and an admitted surety company as surety. All bonds for this project must be issued by an Admitted Surety, an insurance organization authorized by the Insurance Commissioner to transact business of Insurance in the State of California during this business year, in an amount not less than ten percent (10%) of the maximum amount of the bid. The check or bid bond shall be given as guarantee that the bidder shall execute the contract if it be awarded to him in conformity with the Contract Documents and shall provide the surety bond as specified therein within five (5) days after notification of the award of the contract to bidder.

It shall be mandatory upon the Contractor to whom a contract is awarded, and upon all subcontractors under him, to pay not less than the general prevailing rates of per diem wages to all workmen in the execution of the contract. Pursuant to the provisions of the California State Labor Code, and Local Laws thereto applicable, the said Board of Trustees has ascertained the prevailing rate of wages in the locality where this work is to be performed, for each craft and/or type of workman or mechanic needed to perform the work of this contract. General Prevailing Wage Rates shall be those rates pertaining to Butte County as published by the Director of Industrial Relations pursuant to California Labor Code, Part 7, Chapter 1, Article 2, Sections 1770, 1773, and 1773.1.

Copies of the Prevailing Wage Schedules may be obtained from the Division of Labor Statistics and Research, P.O. Box 420603, San Francisco, CA 94101, or www.dir.ca.gov/dlsr/pwd.

The Biggs Unified School District has adopted the Labor Compliance Program prepared by the Coalition for Adequate School Housing (C.A.S.H.) pursuant to Labor Code Section 1771.7(d)(1)(2) as approved by the Department of Industrial Relations on April 3, 2003.

The bidder awarded this contract may elect to receive 100% of payments due under the contract from time to time without retention of any portion of the payment by the public agency, by depositing securities of equivalent value with the public agency in accordance with the provisions of Section 4590 of the Government Code.

The Biggs Unified School District reserves the right to reject any or all bids or waive any defect or irregularity in bidding.

Published in The Gridley Herald Dec 28, 2018 and Jan. 4, 2019

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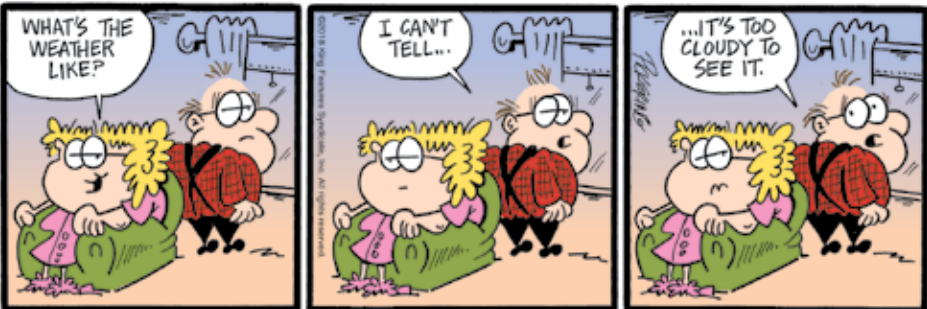
WEEKLY COMICS

Amber Waves



by Dave T. Phipps

The Spats



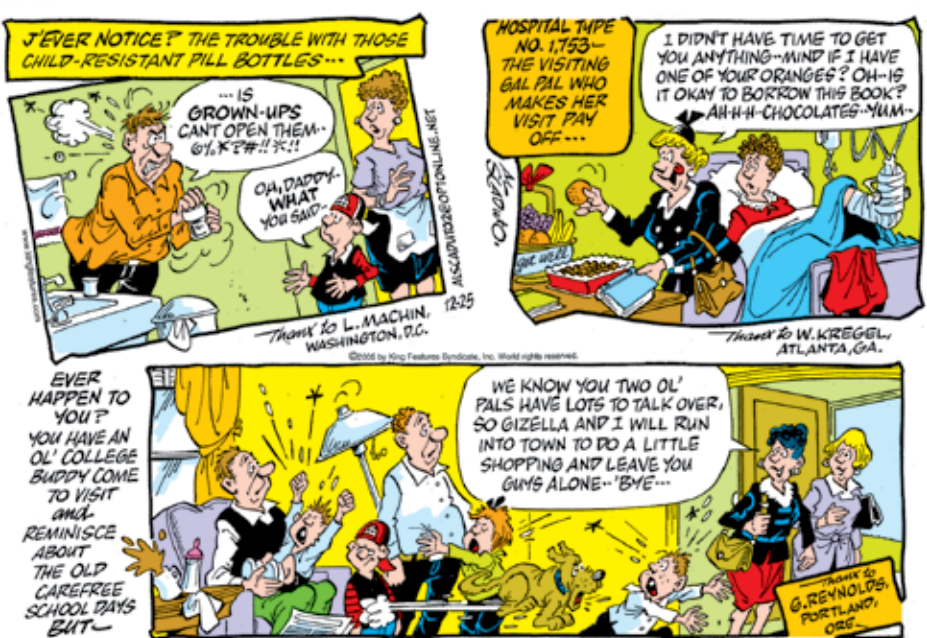
by Jeff Pickering

Out on a Limb



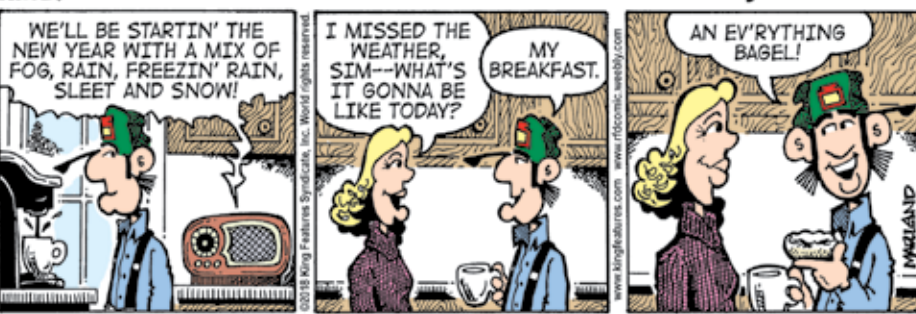
by Gary Kopervas

THEY'LL DO IT EVERY TIME



BY AL SCADUTO

R.F.D.



by Mike Marland



LAFF-A-DAY



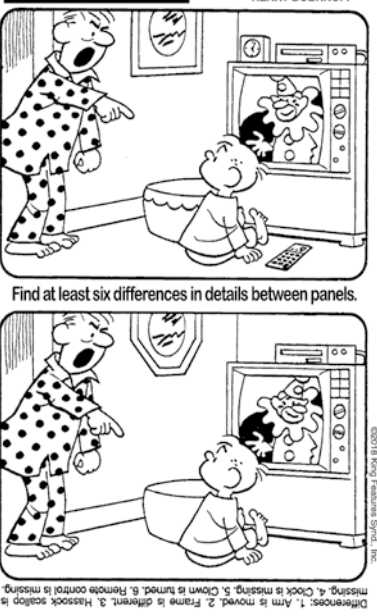
Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTNOFF



CHEERS & JEERS

by Damian Holbrook

Cheers to SNL Vets

who stretched their funny bones. Maya Rudolph and Fred Armisen brought Emmy-worthy pathos to eternal life in *Forever*, Bill Hader hit every emotional note as *Barry*'s conflicted hit man and Amy Poehler built herself a whole new fanbase as the cohost of her delightfully uplifting craft show, *Making It*. Lorne Michaels must be so proud.

Cheers to Actresses Who Set the Bar

for "Best of" lists everywhere: Sandra Oh in *Killing Eve*. Amy Adams in *Sharp Objects*. Christine Baranski in *The Good Fight*. Thandie Newton in *Westworld*. Elisabeth Moss in *The Handmaid's Tale*. The ball-room queens of *Pose*. The

list of 2018's Fierce Female Roles goes on and on, and we can't wait to see how many more amazing ladies reclaim their time—and claim ours—next year.

Jeers to HBO

for playing the waiting game. An entire year has passed without a single new second of footage or even a spoiler from the final season of *Game of Thrones*! Winter has come, gone and come again and it's not OK. What is taking so long? Are the powers that wall Viserion blew down?

Jeers to Jersey Shore Family Vacation

for being a no-win situation. As cute as it was to catch up with the OG cast of MTV's beach house



No need for Snooki & Co.'s reboot to have gotten a third-season renewal.

docu-joke years later (and no more wiser), there's no need for Snooki & Co.'s reboot to have gotten a third-season renewal. That zzzzz-worthy second season was proof this Family has already overstayed its welcome. ★

of it)—but the trend is definitely coming down to earth. I'm sure CBS had hoped for better returns from *Murphy Brown* (too preachy) and *Magnum* (too unnecessary), and I can't imagine the expectations were high for *Charmed*, since almost nothing pulls a notable number on The CW in linear ratings. If the conclusion ultimately is that the networks have dipped from the nostalgia well too frequently, and as a result we see fewer remakes of titles from our past, that's probably a good thing. (In other words, memo to ABC: Leave *Bewitched* alone!)

To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★



Have Reboots and Revivals Lost their Mojo?

Question: I'm curious what you think about the recent failure of reboots and revivals lately like *Murphy Brown*, *Magnum P.I.*, *Charmed*, etc.? I know that *The Conners* is doing OK, but they aren't getting the numbers the network must've expected compared to *Roseanne*, and frankly no one even watches or cares about *Fuller House* or *Will &*

Grace anymore. Could this be a sign? And BTW, I know *Hawaii 5-0* and that godawful *MacGyver* remake are doing fine, but those are more exception to the rule than a fact. —Liza

Matt Roush: This may be overstating the case a bit—some of these shows are doing just fine, considering how few actual hits exist in the broadcast TV world (and how would anyone know if no one's watching *Fuller House* on Netflix not that I'd dream

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Gridley Thumbs and Roots Fire Resistant Plants



By Barbara Ott

GRIDLEY, CA (MPG) - Another Christmas season is fading away and the New Year is on the horizon. I’ve been watching the flowers I received and bought that cheered up my home for Christmas. I bought a poinsettia. I usually no longer buy poinsettias because I usually kill them. I see any of them that

come into my life as sacrificial victims of planthood. The poinsettia I purchased was a miniature one. My reasoning is that because it is smaller the death will be less...I know this is faulty reasoning but I like to fool myself when I can. I grew up in the Bay Area where poinsettias grow outside and become large bushes. I recently saw pictures of poinsettia trees in Mexico. The other plants that are new (I know I swore no new plants, sigh) are cyclamen. These grow well for me so I am looking forward to them showing their beauty around here for some time to come. These are bright red and small they will be going outside, for now they are inside because they are hot house

plants. Fairly soon in the new year, the other cyclamen will show their blooms then this one will go out...maybe into the greenhouse before that we will see. Two other popular plants around this time of year are paperwhites and amaryllis. Both of these grow very well outside in Gridley. The paperwhites in my yard bloom from December to February. I’m new to amaryllis but they seem to bloom in my yard in the spring. There is a house on Haskell that is surrounded by amaryllis and it is spectacular to see them in bloom in the spring. There are also many at the Fair grounds that bloom when not many people are there to see them. Happy New Year 2019. ★

Brent McGhie, UC Master Gardener of Butte County

In the wake of the devastating Camp Fire, thousands of Butte County residents are facing the daunting task of rebuilding their homes and landscaping their yards from scratch. They may be reevaluating their landscapes and wondering if there are more fire resistant plants that can be substituted for those that burned. Thousands of others, especially foothill residents whose property was spared, may be taking another look at their landscape plants as well. The good news that some plants are more fire-resistant than others, but it must be emphasized that fire-resistant plants are not fireproof! It is important to realize that creating a “fire-wise” landscape entails much more than choosing the right plants. Although plant type is important, it is secondary to creating a defensible space, which will be the topic of a forthcoming article. Still, a working knowledge of fire resistant plants is a good starting point for creating a firewise landscape. Fire resistant plants are relatively slow to ignite and tend to have certain characteristics in common. They have moist, supple leaves and their watery sap usually lacks a strong odor. Fire resistant plants also tend not to accumulate dry, dead material within or beneath the plant. Plants that are slow growing will accumulate fuel at a slower pace, so they require less maintenance. Native species can play a role in firewise landscaping as well. Drought tolerant native plants often



Royal-penstemon

maintain a high internal water content without needing much water and native trees commonly have a high tolerance for fire. Native trees may also restrict the growth of more volatile invasive species. Examples of fire resistant ground covers include ajuga, creeping thyme, creeping phlox, wild strawberry, snow-in-summer, sedums, hen & chicks and California fuchsia. Some fire resistant flowering plants are yarrow, allium, columbine, coreopsis, delphinium, gaillardia, daylily, iris, lavender, Echinacea, lupine, poppies, penstemon, salvias (which are exceptions to the aromatic sap guideline), lamb’s ear, evening primrose, hosta, coral bells, dusty miller, and bulbs of all kinds. Shrubs that are fire resistant include ceanothus, butterfly bush, spirea, rose of Sharon, Oregon grape, lilac, mock orange, potentilla, forsythia, cotoneaster, island bush poppy, currants, camellia, azalea, monkey flower and viburnum. Aloe and other succulents are generally considered fire-resistant, but avoid succulents such as ice plant that produce mats of flammable dry material. Choose deciduous trees such as maples, oaks, sweet gum (liquidambar), locust, redbud,


dogwood, ash, toyon, and smoke tree. Citrus and deciduous fruit trees such as cherry, peach and plum are fire resistant. Although most conifers are highly flammable, redwoods are the exception to the rule and are a desirable tree in a firewise landscape. Highly flammable plants often have an excess of fine, dry or dead material and contain volatile waxes, terpenes, or oils. Their sap is gummy or resinous and aromatic. They may have loose, papery bark as well. Examples of flammable plants are sagebrush, conifers (cedar, pine, juniper, fir, Italian cypress), broom, rosemary, eucalyptus, palms, feather and fountain grasses and dry annual grasses. These plants should be avoided when planning a firewise landscape; if they already exist in a landscape, consideration should be given to removing them. For more information on creating fire resistant landscapes, see the section of our website devoted to this topic, at <https://ucanr.edu/sites/bcmg/resources/fire-safe/>. For other topics of interest to local gardeners please visit our home page at <http://ucanr.edu/sites/bcmg/>. And if you have a gardening question or problem, call our Hotline at (530) 538-7201. ★

Slim Randles’ HOME COUNTRY



Before Long, The Score Was Quite Impressive
aka the Supreme Court of Dang Near Everything, decided the ‘coon had to go, but nobody wanted to kill the thing just for wanting to eat cat food. So Dud said he’d take care of it. About two weeks later, Dud invited the guys out to the parking lot to see what was in his pickup, and there was a ‘coon, hissing at the world through the steel mesh of a live trap. “What did you use? Where did you put it? How long did it take to catch him? Are there more ‘coons in town? Where will you release him?” And one by one the questions were answered. Oh, as the weeks went by, Dud had figured out the perfect bait to entice them into the trap. Oh yes, a delectable combination of peanut butter, marshmallows and sardines. And it worked. Soon, Dud had two of these traps working, so that he could refer to it as the trapline and not just “the trap.” Sounded better. Before long, the score was quite impressive. Three ‘coons, one bobcat, a raven, one cocker spaniel, Sissy (who was released on her own recognizance into Mrs. Miller’s custody and was immediately placed under house arrest.), and a skunk. “How’d you turn that skunk loose, Dud?” Doc asked. “Very carefully,” was our resident trapper’s reply. **Brought to you by Ol’ Max Evans, the First Thousand Years, available at www.unmpress.com.** ★

Crime Reports



Gridley- Biggs Police Report

December 7st -December 19th

12-07-2018: At 3:27 p.m. on Hwy 99 in Gridley, CA, Vernon Murrel Woodral, 59, was arrested, cited and released on a Butte County Sheriffs Office warrant.

12-07-2018: At 3:27 p.m. on Hwy 99, Gridley, CA, Vernon Murrel Woodral, 59, was arrested, cited and released on a Butte County Sheriffs Office misdemeanor warrant.

12-08-2018: At 7:19 p.m. on Fairview Dr., Gridley, CA, Leray Yvonne Williams, 41, was arrested on charges of violating a court order and booked into Butte County Jail. Also at that time, John Paul Kindelsperger, 61, was arrested on charges of violating a court order, cited and released to appear in court.

12-09-2018: At 5:06 a.m. on Hazel St., Gridley, CA, Rebecca Gwyn Davenport, 45, was arrested on charges of prowling on private property and transported to Butte County Jail.

12-10-2018: At 10:57 p.m. on F St., Biggs, CA, Giovanni Duenas Gomez, 22, was arrested on charges of assault with a deadly weapon and maliciously discharging a weapon at an occupied home/vehicle, and transported to Butte County Jail.

12-11-2018: At 3:43 p.m. on Ohio St., Gridley, CA, Don Gordon Butler, 65, was arrested on Butte County warrant 16CM06076 and transported to Butte County Jail.

12-11-2018: At 10:15 p.m. on Sycamore St., Gridley, CA, David Reynaldo Cortes Mayorga, 21, was arrested on warrant 18CM02344 and transported to Butte County Jail.

12-13-2018: At E. Gridley Rd. and SR 70, Gridley, CA, Gerardo Patino Montes, 33, was arrested on charges of driving under the influence, operating a vehicle without a proper ignition interlock device, and violation of felony probation. Subject was transported to Butte County Jail.

12-14-2018: At 4:53 p.m. at Locust and Oregon Streets, Gridley, CA, Abel Mendieta Acevedo, 30, was arrested on charges of driving under the influence and transported to the Butte County Jail.

12-14-2018: At 10:55 p.m. on Ohio Street, Gridley, CA, Gildardo Menchaca Rodarte, 26, was arrested on Butte County Sheriff Office misdemeanor warrants SCR103108 and 16CM03574, cited and released.

12-15-2018: At 10:19 a.m. at F Street in Biggs, CA, William Edward Wilkerson, 55, was arrested on charges of possession of a controlled substance and possession of drug paraphernalia, cited and released.

12-17-2018: At 4:18 p.m. at The Oaks Senior Apartments on Hwy 99, Gridley, CA, Scott Dennis Sannar, 43, was arrested on charges of public intoxication and violation of parole.

12-17-2018: At 9:49 p.m. on Bridgeford Ave., Gridley, CA, Sultana Fatima Alsalahuddin, 36, was arrested on Santa Clara County warrant C1640100 and transported to Butte County Jail.

12-19-2018: At 5:03 a.m. at Autozone on Hwy 99, Gridley, CA, James Kelly Harmongriggs, 26, was arrested on charges of brandishing a weapon and was transported to Butte County Jail.


get more info at www.crimegraphics.com

Crossword Puzzle on Page 5

S	H	E	A	F		H	A	S		L	O	F	T	
P	E	D	R	O		A	L	A		S	E	P	I	A
A	M	E	E	R		I	L	L		P	E	A	R	T
S	E	N	A	T	O	R		M	A	R	K	L	E	
			L	E	A		S	I	R	E				
M	O	P		S	T	O	A		E	A	G	L	E	S
A	V	O	W		H	O	L	E		D	A	I	L	Y
R	O	S	E		S	H	A	U	N		G	E	A	R
C	L	I	N	G		S	A	R	I		A	N	T	I
H	O	T	D	O	G		M	O	S	T		S	E	A
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	J	O	N	G	U	N		M	I	C	H	A	E	L
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Sudoku Puzzle on Page 5

2	5	8	7	6	4	3	9	1
7	1	9	5	3	2	6	8	4
4	3	6	8	9	1	2	7	5
6	2	3	4	8	9	5	1	7
1	4	5	3	7	6	8	2	9
8	9	7	2	1	5	4	3	6
9	8	1	6	5	3	7	4	2
3	6	4	1	2	7	9	5	8
5	7	2	9	4	8	1	6	3

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SPORTS

Gridley's Becker signs with Eastern Washington



Former Gridley High School football player George Becker signs a letter of intent to play football at Eastern Washington University last week as Gridley head football coach Matt Kemmis looks on.

Story and photos by David Vantress

GRIDLEY, CA (MPG) - According to statistics, only one in 12 high school football players move on to play in college.

A Gridley High School player joined that elite club last week.

George Becker, a two-way lineman for the Bulldogs the past two years, signed a letter of intent last week to play college football at Eastern Washington University in Cheney, Wash.

Becker is a two-time member of the Gridley Herald's All-Area Football Team.

The Eagles compete in the NCAA's Football Championship Subdivision (FCS), formerly known as Division I-AA. They are members of the Big Sky Conference, which also includes UC-Davis, Weber State, Montana State, Idaho State, Montana, Cal Poly, Northern Arizona, Idaho, Portland State, Northern Colorado, Southern Utah and Sacramento State.

Eastern Washington (12-2) is in the FCS National Championship game. The Eagles will face North

Dakota State on Saturday, Jan. 5 in Frisco, Texas.

So, Becker is joining a successful program. But that's nothing new for the Bulldog standout, who has been part of the resurgence of Gridley football under second-year coach Matt Kemmis.

Becker said he looked at several other schools, but ultimately decided on Eastern Washington because the small-town, rural feel was similar to Gridley's.

Becker plans to study business at Eastern Washington.

Becker said he's relieved that the college decision process is over. With it, he said it's starting to sink in that the high school chapter of his life is closing.

But Becker is excited about the future and the new opportunities and challenges awaiting him at Eastern Washington.

"I'm going to have new experiences and make new friends," Becker said.

Becker will report to Eastern Washington in early August 2019.

But between now and then, he needs to work on putting on some weight.

Upper-level college



Former Gridley High School football player George Becker and Gridley head football coach Matt Kemmis show off Becker's new Eastern Washington University football apparel last week. Becker signed a letter of intent to play football for the Eagles.

football coaches typically like their offensive linemen to be in the 300-pound range. Currently, Becker is at about 265 pounds.

"I'm going to keep lifting weights, and work on eating as much as I can," Becker said. He added that he'd like to report to Eastern Washington at 280 pounds or more.

Kemmis, meanwhile, said Eastern Washington is getting not only a good football player in Becker, but a fine young man.

"They're very lucky," Kemmis said. "In George, they're getting someone

who's going to be successful not only in football, but in life." ★

The Skinny: Good News For Gridley Football At Holidays

GRIDLEY, CA (MPG) - I've been doing this job ... following high school athletes and their endeavors both on the off the field ... for a lot of years. Since I was in high school myself, basically.

And even more then chronicling the on-field achievements, I especially enjoy writing about these young people when those achievements translate into good things off the field.

Once in a while, I get the chance to tell the world that another fine young person is going to be able to use their God-given athletic ability to get an education. And that's always a fun thing.

I get that chance again this week, as Gridley's George Becker made it official, signing to play NCAA FCS college football at Eastern Washington University.

I've been fortunate to watch George play both sides of the line for the Gridley Bulldogs these past few seasons, where he's been a big part of the Bulldogs' resurgence under second-year head coach Matt Kemmis.

Over the winter break, I'll also get to see a former girls basketball player I covered in Indiana play major women's college

basketball for Valparaiso University.

It's part of a cycle that repeats over and over again: You get to know these young athletes when they make their first forays into varsity competition.

And sometimes earlier.

You get to watch them experience their growing pains, as they adjust to the faster pace of the varsity game. You watch them develop from shy, awkward underclassmen into senior leaders.


And then, they're gone. Sometimes, they keep in touch, and sometimes, you get an email from their college letting you know about their latest achievements: Making the honor roll, being the leading scorer in some game, getting involved in some special community service project, etc.

And always, the next year, a new crop of wide-eyed youngsters takes their place. And the cycle begins anew.

Congratulations, George! Good luck in your college endeavors both on and off the field!


Contact Gridley Herald freelance sports reporter David Vantress at davidvantress@gmail.com.

Follow him on Twitter at @sportsguydave66. ★




From Service to Sales

Koady Terry was born and raised in Biggs and Gridley. He returned home after service our country for 8 Years in the U.S. Army. Koady has worked has in our Service Department for 2 years before moving to sales.



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THE GRIDLEY HERALD



Published Every Friday • USPS Permit 859-420


Postmaster send address changes to:
The Gridley Herald
650 Kentucky Street, Gridley, California 95948

Periodicals postage paid at Gridley, CA, 95948 under the Act of Congress March 3, 1880. Court Decree Number 27207. The Gridley Herald is an adjudicated newspaper for all legal advertising in Butte and Sutter Counties.

Single Copy \$1.00, Subscription rates \$42 per year within Butte County and Sutter County and \$52.00 elsewhere in California.

Deadline for all advertising is Friday noon for the next week's issue.

www.gridleyherald.com



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NORTH BUTTE LODGE

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MEETS SECOND THURSDAY
EACH MONTH 7:00 P.M.
VISITING BROTHERS CORDIALLY INVITED
SYCAMORE AND VERMONT
JIM GILL, WORSHIPFUL MASTER
ED BECKER SECT.

GRIDLEY ROTARY CLUB

MEETS THURSDAYS 12:15 P.M.
CORNER HAZEL & OREGON STS.
SACRED HEART HALL
MARGARET HUGHES PRESIDENT
RAVIE AUJLA SEC.

AMERICAN LEGION POST 210

MEETS FOURTH WEDNESDAY 7 PM
VETERANS MEMORIAL HALL, 249 SYCAMORE
OWEN STILES, COMMANDER
AARON BURKS, ADJUTANT
COLLEEN SMITH, AUX. PRES.

AMERICAN ASSOCIATION OF UNIVERSITY WOMEN

GRIDLEY BRANCH
MEET 2ND THURSDAY AT LIBRARY AT 4:00 P.M.
OPEN TO ALL COLLEGE GRADUATES OR
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(AA, BA, BS, RN, ETC.)
PRESIDENT TRACY HOWELL
CONTACT FOR MTG. DATES: tracy@howellitis.com
PHONE 530-846-7962

LOYAL ORDER OF THE MOOSE

GRIDLEY 1594
1533 HWY. 99E
PHONE 530-846-4610
MEETS SECOND AND FOURTH WEDNESDAYS
ADMINISTRATOR, TOM QUINN
GOVERNOR, GARY ANDES
530-846-4610

FOCUS

HANDS HELPING CHILDREN
P.O. BOX 1141, GRIDLEY
(MEETS FIRST THURSDAY FROM SEPTEMBER TO JUNE)
WWW.FOCUS-HHC.ORG
FOCUS.HHC.INFO@GMAIL.COM
530-868-5949

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MEETS SECOND MONDAY OF EACH MONTH
AT 6:30 P.M. 530-846-3142
PRESIDENT - LYNNE SPENCER
VICE PRESIDENT - ZACH TORRES
SECRETARY - TERESA FUENTES
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890 HAZEL STREET, GRIDLEY
Farmers Market, Tuesdays, Daddow Park, 5-7:30pm
New Vendors added weekly, Produce, artist, crafts, music

WOMEN OF THE MOOSE

GRIDLEY NO. 1185
MEET FIRST THURSDAY-5 P.M.
1533 HWY 99
OFFICERS MEET SECOND WEDNESDAY-5 P.M.
SENIOR REGENT CHRIS MICHELET
PHONE 530-846-4610
RECORDER MARNA ANDES
PHONE 533-5869 LODGE 530-846-4610

GRIDLEY QUOTA CLUB

MEETS 2ND AND 4TH WEDNESDAY 12:00 NOON
PRESBYTERIAN CHURCH SOCIAL HALL
495 KENTUCKY STREET, PO BOX 144, GRIDLEY
JENNIFER SEPULVEDA, PRESIDENT
PAM SCOTT, PRESIDENT-ELECT
TINA HARO, VICE PRESIDENT
DONNA JONES, SECRETARY
PAT TEAGUE, TREASURER

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FAITHFUL NAVIGATOR - JON HOFFMAN
FAITH COMPTROLLER - FIDENCIO RAMIREZ

WARREN H. MCCUTCHEON

POST 5731
VFW & AUXILIARY
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MEMORIAL HALL GRIDLEY
CHEYENNE BART COMMANDER
AARON BURKS ADJUTANT
LYNNE SPENCER AUX. PRES.
249 SYCAMORE ST.

FRIENDS OF THE GRIDLEY LIBRARY

MEETS 2ND THURSDAY OF
EACH MONTH AT 6:00 P.M.
530-846-3323
GRIDLEY BRANCH, BUTTE COUNTY LIBRARY
PRESIDENT PENNY LOUTON
OPEN TO ALL LIBRARY SUPPORTERS

GRIDLEY LIONS CLUB

MEETS 1ST AND 3RD WEDNESDAY
186 WASHINGTON STREET
PRESIDENT-STEVE STARK
SECRETARY-DENNIS POOLER-530-300-5340

WANT TO SPREAD THE WORD ABOUT YOUR GROUP/ORGANIZATION?

email TheGridleyHerald@MPG8.com for more information



Gingerbread Men Cookies

Gingerbread Men Cookies

Prep time: 20 minutes
Cook time: 8 minutes
Servings: 24

- 3 cups flour
- 2 teaspoons McCormick Ground Ginger
- 1 teaspoon McCormick Ground Cinnamon
- 1 teaspoon baking soda
- 1/4 teaspoon McCormick Ground Nutmeg
- 1/4 teaspoon salt
- 3/4 cup (1 1/2 sticks) butter, softened
- 3/4 cup firmly packed brown sugar
- 1/2 cup molasses
- 1 egg
- 1 teaspoon McCormick Pure Vanilla Extract

In large bowl, mix flour, ginger, cinnamon, baking soda, nutmeg and salt. Set aside.

In separate large bowl, using electric mixer on medium speed, beat butter and brown sugar until light and fluffy. Add molasses, egg and vanilla; mix well. Gradually beat in flour mixture on low speed until well mixed. Press dough into thick, flat disk. Wrap in plastic wrap. Refrigerate 4 hours or overnight.

Heat oven to 350 F. Roll out dough to 1/4-inch thickness on lightly floured work surface. Cut into gingerbread men shapes with 5-inch cookie cutter. Place 1 inch apart on ungreased baking sheets.

Bake 8-10 minutes, or until edges of cookies are set and just begin to brown. Cool on baking sheets 1-2 minutes. Remove to wire racks; cool completely. Decorate as desired.

Twice-As-Nice Holiday Treats

FAMILY FEATURES

With 334 days leading up to December, make the most of the season by enjoying the holiday's quintessential flavors like gingerbread, peppermint and cinnamon – with double the festive treats to please every taste.

Transform one vibrant holiday flavor into two festive treats that family and friends are sure to love. Nothing signals the holiday season like the sweet and spicy snap of gingerbread. Enjoy this must-have flavor in freshly baked Gingerbread Men Cookies or a Triple Chocolate Gingerbread cake.

Peppermint offers a refreshing, sweet taste that's perfect for gifted treats like Peppermint Crunch Popcorn and Peppermint Bars. Also, cinnamon stars twice as nice in a Peanut Butter Snickerdoodle Tart with Cinnamon Peanut Crust and decadent Cinnamon Caramel Swirl Bars.

Find more gingerbread, peppermint and cinnamon treats at McCormick.com.



Peppermint Bars

Peppermint Crunch Popcorn

Prep time: 10 minutes
Servings: 16

- 6 cups plain popped popcorn
- 1 bag (12 ounces) candy-coated chocolate pieces
- 12 ounces white baking chocolate, chopped
- 1 teaspoon McCormick Pure Peppermint Extract
- 1 tablespoon red and green sprinkles

In large bowl, mix popcorn and candy-coated pieces. Line large, shallow baking pan with wax paper. Set aside.

Melt white chocolate according to package instructions. Stir in peppermint extract. Pour over popcorn mixture. Toss to coat evenly. Spread in single layer on prepared pan. Sprinkle evenly with red and green sprinkles.

Let chocolate cool and harden completely. Gently break into clusters. Package in cellophane bags with ribbons for holiday gifting.



Peppermint Crunch Popcorn



Triple Chocolate Gingerbread

Peppermint Bars

Prep time: 15 minutes
Cook time: 15 minutes
Servings: 36

Brownies:

- 1 family-size package fudge brownie mix

Peppermint Filling:

- 5 cups confectioners' sugar
- 14 tablespoons butter, melted
- 2 tablespoons heavy cream
- 1 teaspoon McCormick Pure Peppermint Extract
- 1/8 teaspoon McCormick Food Color & Egg Dye, Red

Chocolate Glaze:

- 12 ounces semi-sweet baking chocolate, coarsely chopped
- 1/2 cup (1 stick) butter crushed peppermint candies (optional)

To make Brownies: Heat oven to 350 F. Prepare brownie mix according to package instructions. Spread on greased, foil-lined, 15-by-10-by-1-inch baking pan.

Bake 15 minutes, or until toothpick inserted in center comes out almost clean. Cool in pan on wire rack.

To make Peppermint Filling: In large bowl, using electric mixer on medium speed, beat confectioners' sugar, melted butter, cream, peppermint extract and food coloring until well blended and smooth. Spread evenly over cooled brownies. Refrigerate 30 minutes.

To make Chocolate Glaze: In large, microwavable bowl, microwave chocolate and butter on high 2 minutes, until butter is melted. Stir until chocolate is completely melted. Spread over top of chilled brownies. Sprinkle with crushed peppermint candies, if desired. Cut into bars.



Cinnamon Caramel Swirl Bars

Cinnamon Caramel Swirl Bars

Prep time: 25 minutes
Cook time: 35 minutes
Servings: 24

- 1 1/2 cups flour
- 2 teaspoons baking powder
- 2 teaspoons McCormick Ground Cinnamon
- 1/4 teaspoon salt

- 1 1/2 cups firmly packed brown sugar
- 1/2 cup (1 stick) butter, melted
- 2 eggs
- 1 tablespoon McCormick Pure Vanilla Extract
- 1 cup coarsely chopped pecans
- 1 package (14 ounces) caramels, unwrapped
- 1/4 cup milk

Heat oven to 350 F. In medium bowl, mix flour, baking powder, cinnamon and salt. Set aside.

In large bowl, mix brown sugar, butter, eggs, vanilla and pecans until well blended. Add flour mixture; mix well. Reserve 1 cup batter. Spread remaining batter into lightly greased, foil-lined, 13-by-9-inch baking pan. Bake 15 minutes, or until firm.

In microwavable bowl, microwave caramels and milk on high 2-3

minutes, or until caramels are completely melted, stirring after each minute. Cool 5 minutes, or until slightly thickened. Pour over baked layer in pan, spreading to within 1/2 inch of edges. Drop reserved batter by spoonfuls over caramel layer. With knife, cut through batter several times for marble effect.

Bake 15-20 minutes, or until center is set. Cool in pan on wire rack. Lift from pan. Cut into bars.

Triple Chocolate Gingerbread

Prep time: 10 minutes
Cook time: 50 minutes
Servings: 16

- 1 package (2-layer size) chocolate cake mix
- 1 package (4-serving size) chocolate instant pudding mix
- 4 eggs
- 1 tablespoon McCormick Ground Ginger
- 1 teaspoon McCormick Ground Cinnamon
- 1/2 teaspoon McCormick Ground Allspice
- 1/2 cup sour cream
- 1/2 cup vegetable oil
- 1/2 cup molasses
- 1/2 cup water

- 1 cup miniature chocolate chips
- nonstick baking spray with flour

Heat oven to 350 F. In large bowl, using electric mixer on low speed, beat cake mix, pudding mix, eggs, ginger, cinnamon, allspice, sour cream, vegetable oil, molasses and water until moistened, scraping sides of bowl frequently. Beat on medium speed 2 minutes until well blended. Stir in chocolate chips.

Pour into 10-cup Bundt pan prepared with nonstick spray.

Bake 50 minutes, or until cake pulls away from sides of pan and springs back when touched lightly. Cool in pan 15 minutes. Invert cake onto wire rack. Cool completely.



Peanut Butter Snickerdoodle Tart with Cinnamon Peanut Crust

Peanut Butter Snickerdoodle Tart with Cinnamon Peanut Crust

Prep time: 30 minutes
Cook time: 8 minutes
Servings: 8

- 1 1/2 cups lightly salted roasted peanuts, lightly crushed
- 3 tablespoons packed brown sugar
- 3 tablespoons butter, melted
- 1 teaspoon McCormick Ground Cinnamon, divided
- 3 tablespoons chocolate milk
- 4 ounces semi-sweet chocolate, coarsely chopped
- 1/2 cup creamy peanut butter
- 2 tablespoons sweetened condensed milk
- 1 teaspoon McCormick Pure Vanilla Extract
- 1/2 cup heavy cream

Heat oven to 350 F. In medium bowl, mix peanuts, sugar, butter and 1/2 teaspoon cinnamon. Remove 1/4 cup and spread on small baking sheet. Divide remaining peanut mixture among four (4-inch) tart pans with removable bottoms. Press firmly onto bottom and sides of each pan.

Bake tart crusts and peanut mixture together 8 minutes. Cool on wire racks.

In medium microwavable bowl, microwave chocolate milk on high 45 seconds. Add chocolate; stir until completely melted and smooth. Set aside.

In large bowl, using electric mixer on medium speed, beat peanut butter, sweetened condensed milk, vanilla and remaining cinnamon until smooth. Add heavy cream; beat until soft peaks form. Spread in prepared tart crusts. Spread chocolate mixture over top.

Refrigerate at least 1 hour, or until ready to serve. Cut each tart in half. Sprinkle with toasted peanut crumble.