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Carmichael Times

VOLUME 43 • ISSUE 12

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MARCH 25, 2022

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What's Cooking?



American River College Professor and famed pianist Joe Gilman (center) celebrates opening Twin Lotus Thai Restaurant with wife Kai (holding roses), daughter Laila, son Andrew and staffers.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Internationally-lauded jazz pianist and college professor Joe Gilman is playing a different tune. With his Thai-born wife Kai, the musician has opened a restaurant near Rosemont, Sacramento. The couple call their venture 'Twin Lotus Thai.'

"In Asia the lotus flower is special," explains Carmichael resident Gilman. "Two lotuses are even more so. It was also the name of the Thai

hotel where my wife and I spent our honeymoon."

La Sierra High graduate Gilman has worked 30 years in the American River College Music department; he holds a second teaching gig at CSU Sacramento. Career crescendos include winning the Great American Jazz Piano Competition and the Dave Brubeck Award. He has toured the world as a Kennedy Center soloist and composed an acclaimed piano concerto. In 1997, Gilman founded the non-profit Capital Jazz Project in Sacramento. "I've always had an

entrepreneurial streak," he says. "My wife and I often talked about starting a family business. As I approach retirement, now seems a good time."

Kai is an experienced businesswoman whose Phuket clothing boutique was wiped out by the 2004 tsunami before she wed Gilman. The mom of two is passionate about her native cuisine. "I'm happy when I see people eating what I've cooked for them," she says. "I love to share my country's food."

The couple took over a Folsom *Continued on page 3*

North Sac CHP Welcomes New Area Commander



Captain Mike Sedam has been assigned as the new commander for the CHP North Sacramento Area. Photo courtesy of North Sacramento Area CHP

By A.J. McTaggart, CHP PIO

NORTH SACRAMENTO, CA (MPG) - Captain Mike Sedam has been assigned as the new commander for the California Highway Patrol (CHP), North Sacramento Area.

Captain Sedam reported to the North Sacramento Area from the Sacramento Communications Center. He has been the interim commander since August 2021. Regarding his new assignment, Captain Sedam stated, "I am extremely proud to be given the opportunity to work with the high performing professionals at the North Sacramento Area who truly care about the public we serve. I look forward to working with the community and our allied agency partners." In addition to serving as the North Sacramento Area commander, Captain Sedam is also a board member for the Law Enforcement Chaplaincy Sacramento. Captain Sedam grew up in Northern California and has served with the CHP for over 26 years. Captain Sedam holds two master's degrees: one in security studies from the Naval Postgraduate School and the other in public administration from California State University, Fresno.

The North Sacramento Area provides safety, service, and security to residents, commuters, and tourists using the 62 miles of state highways and 1,200 miles of country roads within its area of responsibility. This includes Interstate 5, Interstate 80, State Route 51 (Business 80), State Route 160, and State Route 99. The North Sacramento Area is focused on preventing injuries and deaths on roadways, serving the public, and assisting allied agencies. In addition to officers and professional staff, the North Sacramento Area has an active Senior Volunteer Program and Explorer Program. ★

Bags for Benches

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Carmichael Volunteer of the Year Sharon Ruffner has a brand-new bag. Bags of bags, in fact.

The Kiwanis Club Co-President is spearheading a drive to gather plastic. Her harvest will be traded to Trex, a manufacturer of building materials recycled from plastic. "For each 500 pounds collected in a six-month period, the company donates a composite bench to a non-profit organization," explains Ruffner. "Kiwanis will put our first bench in the Koobs Nature Area. If we can inspire other groups to follow our example and join the drive, we'll let them decide where future benches are best used."

Kiwanians have already stockpiled their first 100 pounds of plastic. "That took us six weeks; so we're confident we can meet the requirement of 500 pounds in six months," says her leader.

The indefatigable volunteer is coordinating the drive from her home. Weighed and sorted,



Community activist Sharon Ruffner is leading a plastic collection drive. Bags will be recycled as park benches.

the yield goes to the Carmichael Safeway store before shipment to Trex headquarters in Virginia. Any household can support the drive. Plastic must be clean, dry and of stretchable composition. Bubble wrap, cling wrap and plastic mailers are welcome (paper labels must be removed).

Unacceptable items include: frozen food and candy packaging;

plastic gloves; beverage rings; bottles and rigid containers.

Bench rewards aside, Ruffner applauds the project's eco-benefit. "Millions of pounds of plastics are in our landfills and floating on our oceans," she notes. "It's exciting to find meaningful use for so many single-use products that have been inflicted on our environment."

Groups or individuals

with plastic to contribute may contact Ruffner at Sharonruffner@yahoo.com

Ruffner is among citizens who will be honored at the Carmichael Chamber of Commerce's Person of the Year gala on April 1. Other 2022 honorees include: Martial Arts entrepreneur Dave Kovar (Person of the Year); Dentist Gabrielle Rasi (Businesswoman of the Year) *Continued on page 11*



Farewell, ARCO!

Kings Organization and Fans Say Goodbye to the 'Old Barn'



Above: ARCO Arena, most recently known as Sleep Train Arena, reverted to its original name for one final day at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas. Below: An NBA game ball signed by former Sacramento Kings center Scot Pollard sits in a box waiting to be taken for free by a lucky Kings fan at the "Farewell to ARCO Arena" event.

Story and photos by Shaun Holkko, sports editor

SACRAMENTO CA (MPG) - ARCO Arena, Power Balance Pavilion, and Sleep Train Arena are three names that were synonymous with the home of the Sacramento Kings for 28 years.

ARCO Arena officially closed Saturday in Natomas for good, as members of the Kings organization and fans said their final farewells to a building that opened in 1988 and meant so much to a city for so long.

"This is a shining example that in Sacramento there was a time when we were at the top of the basketball world and this is where you had to come to see the 'Greatest Show on Court,' so that gives us hope," said Doug Christie, who played shooting guard in Sacramento from 2000 to 2005. "This building is different than Golden 1 (Center). Golden 1 has things to walk around and see. But here, there was 17,000 people already sitting in their seat. When we came out of that tunnel it was energy, if you didn't have it, they gave it to you."

Christie, now an assistant coach with the Kings, Vlade Divac and Brad Miller were the former Kings players in attendance Saturday. Olympic gold medalist Ruthie Bolton made an appearance to represent the Monarchs, the former WNBA team that won a championship for Sacramento in 2005 before disbanding in 2009.

"This was the venue (where) the fans were the soul, and we were the show," Christie said. "That mix is something that you don't find. We were white-hot before Miami. We were beautiful basketball before Golden State. The only thing we didn't do is put a ring on it. I told (Kings' owner) Vivek (Ranadivé) when we were standing here, 'It's gonna happen, it will. And when it does, right on the bottom down there, just put ARCO because that would be so very fitting.'"

Ranadivé, who kept the team from moving out of Sacramento in 2013, and former owner Gregg Lukenbill, who brought the franchise to the 916 in 1985, each spoke Saturday morning about the former home known to many as the "Old Barn."

"I know this is a bittersweet moment for everyone because there is some amazing memories," Ranadivé said. "I describe this place as a communal fireplace. The firepit is the arena,



Prominent members of the Sacramento community from past and present pose for a photo at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.

the players are the fire, they lit that fire. The fans huddled around that communal fireplace and it's been an amazing fireplace. So, thanks to all of you for the memories."

Also in attendance for the farewell were politicians, Sacramento Mayor Darrell Steinberg and Vice Mayor Angelique Ashby, as well as former Kings coach and broadcaster Jerry Reynolds.

"This is very emotional because there isn't a Sacramentan who hasn't been part of this community for decades who doesn't have incredible memories of experiences here at, I know it's Sleep Train, ARCO Arena. It's what it is, ARCO Arena," Steinberg said. "The memories, even the painful ones, are all good."

The "Farewell to ARCO Arena" event was open to season ticket holders starting at noon Saturday and to the public from 2-6 P.M. Fans had the opportunity to walk through the old arena, take photos and write farewell messages that will remain on the site.

The Kings also gave away an abundance of free boxes of

team memorabilia like jerseys and signed basketballs that were stored over the years at ARCO, to those who were willing to brave the long line. The event was one last get-together for Kings fans at the place they called home for many years.

It is well documented that Sacramento has struggled for many years on the court, as the current team is 25-48 and close to missing the playoffs for what would be an NBA record 16th consecutive season. However, the Kings' best years in Sacramento so far were at ARCO, including nine playoff appearances, eight consecutive from 1998 to 2006, and a trip to the 2002 Western Conference Finals.

In 2013, the arena set a Guinness World Record for loudest indoor sports roar at 126 decibels.

"I truly appreciate the soul of this building," Christie said. "I never knew that wood, metal and plastic could make such a sound. But it was a sound that I will never forget."

Off the court, ARCO hosted concerts, high school and college sports, WWE, MMA, Disney on Ice and so much more.

After fighting for years to keep their team in town, Kings fans were rewarded in 2016 with the Golden 1 Center. Now, the space in Natomas that they once called home will be demolished in the coming months to make way for a new medical center and hospital.

"One of the epic moments of my life was to be able to stand here, and I'll just repeat what I said, I said, 'This is your team, and it is here to stay,' Ranadivé said. "This is a place that has been giving for years and years so I'm really happy that that tradition of giving is going to continue as we open a world-class hospital over here so it's going to keep giving to the community."

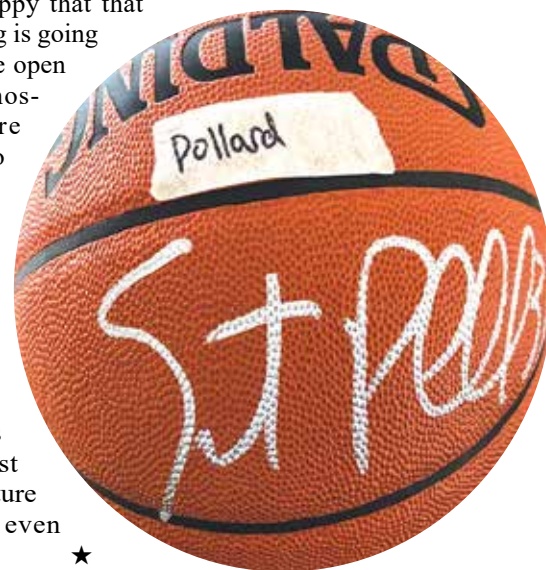
"As bitter as it is, it's also sweet because we have a beautiful new arena downtown. As great as the past has been, the future is going to be even better." ★



Sacramento Kings assistant coach Doug Christie, who played shooting guard for the team from 2000 to 2005, speaks at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.



Former Sacramento Kings coach and broadcaster Jerry Reynolds speaks at the "Farewell to ARCO Arena" event on Saturday, March 19 at ARCO Arena in Natomas.



Jazzers Resume Club Dates



Bandleader Ron Cunha (center) will be honored by a concert at Carmichael's Clubhouse Bar and Grill on April 5. Photo by Susan Maxwell Skinner

MPG Staff

CARMICHAEL, CA (MPG) - Sacramento musicians will honor jazz giant Ron Cunha with a concert on April 5. After an eminent career performing and teaching, the bandleader/trombonist died in January. He was 64.

His legacy includes a long tradition of first-Tuesday blowouts at the Clubhouse Bar and Grill in Carmichael. The same venue will host the upcoming show.

Cunha's 16 players plan to continue

monthly big band concerts under his name. "These days, there are too few jazz events of this caliber," explains trumpeter Tony Marvelli. "Ron's legacy is too important to let the tradition die."

Susan Skinner will contribute vocals on April 5. Admission is free; donations supporting the band are welcome.

Downbeat is 7 pm and food and drinks are available. The Clubhouse is located at 5150 Fair Oaks Blvd, Carmichael. For information call (916) 979-1422. ★

What's Cooking?

Continued from page 1

Boulevard location that was already an established Thai food destination. Its former name—Patong Beach—hit a major chord. "Kai and I spent lots of time at Patong Beach in Phuket," says Gilman. "The name seemed extra auspicious."

With all omens in harmony—and with support from college teachers, students, student families, musicians and Asian food lovers—chez Gilman debuted this month. Daughter Laila (15) designed logo and menu. Son Andrew (21) manages operations. A three-chef kitchen offers traditional dishes with vegetarian and vegan options. Tapioca fusion boba tea is a fashionable beverage. The professor/proprietor plans a beer and wine menu and hopes to stage occasional jazz performances. "As an artist, I feel music makes dining more enjoyable," he considers. "As an entrepreneur, I'll employ any element that makes our business special."

For now, the maestro is not above bussing dishes. "I work all day at my two college jobs and show up here in time to mop floors," he says. "I'll do what's needed. To put it musically, my day slides from focused solo to extended improvisation. It's hard work but I feel invigorated."

He and his bride met online. Their first



Professor Gilman and daughter Laila offer chicken and spring roll dishes.

in-person date was in Thailand, on Kai's 30th birthday. "I loved him at once," she recalls. "I'd prayed for a good man. Joe walked through the door and boom—I knew he was my man." Five months later, they were married by Buddhist ceremony. The bride now speaks English; her husband's Thai is close enough for jazz.

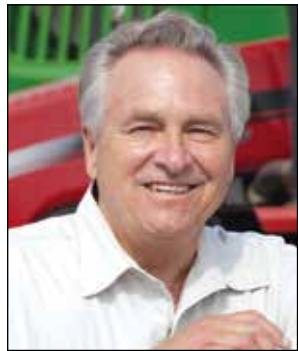
Part of marital adjustment was culinary. "Before, I'd eaten Thai food occasionally," Gilman explains. "Now it's part of my daily existence and I love it. It's healthy; it's creative. If I had to relate it to jazz, Thai food offers exquisite variations on regional

and cultural themes." Top Twin Lotus hit is his wife's Pad Thai, a noodle and vegetable combo with tangy sauce. Green curry and a dish called drunken noodles are other menu favorites.

For newcomers, Thai spices can surprise. "Our menu offers a choice from between 0-4 on the heat level," notes the proprietor. "I enjoy level 2. Level 4 would blow my top. For me, 4 is a fortissimo of epic proportion. But for Thai diners, it's beautiful music."

Twin Lotus Thai is located at 8345 #119 Folsom Boulevard, Sacramento. Opening hours are from 11 am till 8 pm; Tuesday to Sunday. ★

Nielsen Applauds Possibility of \$2.2 Billion for Sites Reservoir



Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - On Thursday, March 17, the United States

Environmental Protection Agency formally invited the Sites Project Authority to apply for a Water Infrastructure Finance and Innovation Act (WIFIA) program loan.

"This is good news, especially after Senate Democrats recently killed my legislation – Senate Bill 890 – that would have helped fully fund Sites Reservoir," said Nielsen.

In total, Sites will be eligible for up to \$2.2 billion in low-interest loans, which accounts for 49 percent of

the project's cost.

Although the WIFIA program is primarily used for wastewater and drinking water systems, the America's Water Infrastructure Act of 2018 directed the EPA and Reclamation to work towards opening the program to some Reclamation water projects as well.

To contact Senator Jim Nielsen, please call him at 916-651-4004, or via email at senator.nielsen@senate.ca.gov. Follow him @CASenatorJim. ★



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Message from Supervisor Rich Desmond on the Parkway

As a lifelong resident of Carmichael, my backyard has always been the American River Parkway. Even before taking office last year, I was gravely concerned about the degradation of the Parkway, and I know many of you share my fears. The Parkway is a unique natural resource that makes our region, and especially the Third District (where much of the Parkway is located), a special place to live. The Parkway has drawn people from all over the Country to our area, and it is imperative that the County, State and other cities that border the Parkway preserve this jewel.

This past summer, I was in disbelief as fires destroyed roughly 12% of the Parkway. I fear things will be even worse

this summer. Many of the fires were caused by open flames and cooking, which are not allowed in most areas of the Parkway. In my conversations with Metro Fire and our own Park Rangers, it is obvious most if not all of these fires originated in homeless encampments. I am a Mile Steward on the Parkway and have participated in countless cleanups. I have seen firsthand the garbage, human waste and destruction to the parkway from unregulated encampments. Although many individuals living on the parkway try to keep the area clean and genuinely care about their riparian campsites, most camps are damaging the natural habitat, interfering with wildlife, impacting water quality, and deterring

recreational users and commuters from enjoying the Parkway. Many campers suffer from untreated mental illness or addiction and need to be connected to treatment. Some campers are violent and pose a danger to other campers and Parkway users. Several violent incidents have occurred on the Parkway in recent years, including the most recent tragic and senseless death of Emma Roark. This case brought much-needed awareness to what is actually happening and the concerns of those who use the Parkway. I think we need to be honest with ourselves that encampments on the Parkway are literally destroying the most valuable environmental resource in our region and endangering Parkway users as well as

vulnerable members of the homeless community.

The American River Parkway Foundation hosted an event last summer and released a video, Parkway in Peril, followed by a panel discussion in which I participated. There was unanimous agreement that the Parkway needs to be protected. As a region, we need to come together and make changes. I have been meeting regularly with Parkway stakeholders and Supervisor Phil Serna to hear about issues and find ways to address them.

How do we best preserve and protect the sensitive environmental resource along the American River while making the Parkway safe for everyone to enjoy? Although this is just the beginning, the Board of

Supervisors approved additional Park Ranger peace officers and 10 Navigators to enforce Parkway rules and assist homeless campers find services. The Board also approved funding for up to 352 motel night stays to support rapid exits of people who are living in encampments in the Parkway. Additionally, the Board allocated almost \$2 million in the current fiscal year to address encampments, wildlife, and environmental crime issues in the Parkway. Although there is no ordinance that prohibits camping in the parkway, camping is regulated because it requires a permit. I would like to explore a County ordinance that explicitly prohibits its camping throughout the Parkway except in a

designated area with a permit. The biggest hurdle to removing encampments on the Parkway, of course, is the lack of alternative shelters and treatment options so campers can reside in safe and sanitary locations with access to services. The County is actively seeking sites that will meet this need. Yes, Parkway encampments need to be removed so we can repair and preserve the riparian environment, protect wildlife, and reduce wildfire risk. But I am also convinced that removing encampments and relocating the homeless along the river to the appropriate shelter or treatment facility will keep them safe and provide them with opportunities to get the help they need. Something needs to change! ★

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 - *Flower's location after a garden?
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 - Tennis do-over
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 - Former Saint Brees
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 - Mother-of-pearl
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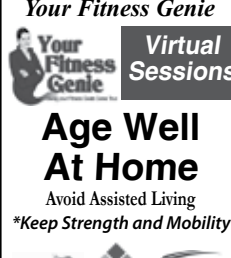
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FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01338 Munireen Sami, 3520 Mission Avenue #14 Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Coastal Cove Logistics" 3520 Mission Avenue #14 Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 4, 11 18, and 25, 2022 COASTAL 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01366 Clare Joy Janes, 2235 Glencoe Way Sacramento, CA 95826 are doing business under the Fictitious Business Name(s) "Bloom Schoolhouse" 2235 Glencoe Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022 BLOOM 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01350 Amber Anne Adams and Kevin Francis Adams, 6120 Beech Avenue #107 Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Additional Dreams Design" 5150 Sunrise Boulevard Suite F3 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022 DESIGN 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01394 Jason Cody Evans, 1600 Response Road #3015 Sacramento, CA 95815 are doing business under the Fictitious Business Name(s) "Poke Base" 1600 Response Road #3015 Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 4, 11 18, and 25, 2022 POKE 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01368 Ahmad Wahid Habib, 3535 Marcon Avenue #131 Sacramento, CA 95821 and Abdul Shaleoq Qazizada, 1409 Merrill Court Wake Forest, NC 27587 are doing business under the Fictitious Business Name(s) "Shipping Center & More" 4628 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022 SHIPPING 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01306 Andrew C. Fass, 11573 Melones Circle Gold River, CA 95670, Jason A. Fass, 3810 Randow Way Sacramento, CA 95864 are doing business under the Fictitious Business Name(s) "Fass Wealth Strategies Groups" 11573 Melones Circle Gold River, CA 95670. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 4, 11 18, and 25, 2022 FASS 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01348 Donald Joseph Zemina, 7130 Winding Way Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Motor Machine Super Shop, Motor Machine Super Shops, Super Shop, Super Shops, Motor Machine Co" 7620 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 4, 11 18, and 25, 2022 MOTOR 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01253 Stacy Cisneros, 2106 63rd Avenue Sacramento, CA 95822 are doing business under the Fictitious Business Name(s) "Pizza Lovers Sac" 2106 63rd Avenue Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 16, 2022 Publish: March 4, 11 18, and 25, 2022 PIZZA 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01392 Jessica Ortega, 7033 Durham Street Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Health is Harmony" 7033 Durham Street Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 4, 11 18, and 25, 2022 HEALTH 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01446 JDV Distribution LLC, 3710 Branch Street Sacramento, CA 95838 are doing business under the Fictitious Business Name(s) "Ultimate Clean" 3710 Branch Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 4, 11 18, and 25, 2022 ULTIMATE 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01237 Anthony Silva and Tonia Silva, 8799 Rio Linda Boulevard Elverta, CA 95626 are doing business under the Fictitious Business Name(s) "Rio Java Coffee House" 440 Elkhorn Boulevard Suite 1 Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 16, 2022 Publish: March 4, 11 18, and 25, 2022 RIO 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01456 Sweet Gift Wrap Photography & Video LLC, 117 Sierra Woods Circle, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Sweet Gift Wrap Photography & Video" 117 Sierra Woods Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 4, 11 18, and 25, 2022 SWEET 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01214 Stacy Gaebse, 50 Fullerton Court #101 Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "SLG Investments" 50 Fullerton Court #101 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 15, 2022 Publish: March 4, 11 18, and 25, 2022 SLG 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01000 Julie Anne Garibald-Hannan and Zachary William Hannan, 11051 Fair Oaks Boulevard Fair Oaks, CA 95628 are doing business under the Fictitious Business

Name(s) "Cherry Hill Farms, Cherry Hill Nursery" 11051 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 7, 2022 Publish: March 4, 11 18, and 25, 2022 CHERRY 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01478 Gary S. Lang, 7839 Ahl Way Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Lang-Apps Virtual Immersion" 7839 Ahl Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 25, 2022 Publish: March 4, 11 18, and 25, 2022 LANG 3-25-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01272 Alex Sergey Sinsor, 6633 Cherry Lane Rio Linda, CA 95673 are doing business under the Fictitious Business Name(s) "Western Lakes Contracting" 6633 Cherry Lane Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 17, 2022 Publish: March 11 18, 25, and April 1, 2022 WESTERN 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01588 Tyrell Turner, 4494 Mary Lynn Lane #3A Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "The Water Heater Guyz" 4494 Mary Lynn Lane #3A Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 11 18, 25, and April 1, 2022 WATER 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01164 Mayra Tamayo-Luna and Eugenie Gonzalez-Tamayo, 8217 Coed Lane Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Luna's Cleaning Services" 8217 Coed Lane Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 14, 2022 Publish: March 11 18, 25, and April 1, 2022 LUNA'S 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01439 Frederico Marques, 11603 Gold Country Boulevard Gold River, CA 95670 and Juliana Coutinho, 204 Andalusian Way Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Fast N Easy Auto Sales" 7823 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 11 18, 25, and April 1, 2022 FAST 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01361 Midway Towing N Bay Inc, 6950 34th Street Suite 230A North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Quality North Bay" 6950 34th Street North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 11 18, 25, and April 1, 2022 QUALITY 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01628 Dmitry Romanyuk, 1620 Winchester Way Roseville, CA 95661 are doing business under the Fictitious Business Name(s) "Remedy Real Estate" 1610 R Street Suite 280 Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 11 18, 25, and April 1, 2022 REMEDY 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01585 Oranrith Mae Edington Powell, 35 Ramble Oak Circle Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "Empowerment Solutions for Young Black Men" 35 Ramble Creek Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 11 18, 25, and April 1, 2022 EMPOWERMENT 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01059 Penny Valley Child Care Inc, 4331 Galbraith Drive Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Ready Set Go Children's Center" 4331 Galbraith Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 8, 2022 Publish: March 11 18, 25, and April 1, 2022 PENNY 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01524 Tamara Lee Sumner, 6129 Terrell Drive #A Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "The Genealogy Helper" 6129 Terrell Drive #A Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 11 18, 25, and April 1, 2022 GENEALOGY 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01555 Morris Motors 1107 LLC, 14176 Highway 160 Walnut Grove, CA 95690 are doing business under the Fictitious Business Name(s) "Morris Morris" 14176 Highway 160 Walnut Grove, CA 95690. Filed with the Clerk of Sacramento County March 1, 2022 Publish: March 11 18, 25, and April 1, 2022 MORRIS 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01684 Miguel Angel Zarate Ortiz and Maria Victoria Zomero Sevilla, 9247 Delair Way Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "DZ Sport Horses" 9247 Delair Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 11 18, 25, and April 1, 2022 DZ 4-1-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00753 1st Rate Loans, LLC, 18501 Murdock Circle Suite 101 Port Charlotte, FL 33948 are doing business under the Fictitious Business Name(s) "Motto Mortgage, 1st Rate" 2804 Gateway Oaks Drive #100 Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 28, 2022 Publish: March 18, 25, April 1, and 8, 2022 MOTTO 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01438 Thuy Thi Nguyen, 24 Windchime Court Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Brandie Paul Nails & Spa" 9475 Madison Avenue #110-120 Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2022 Publish: March 18, 25, April 1, and 8, 2022 BRANDIE 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01691 Posh Motorsports, 10 Main Avenue #6 Sacramento, CA 95638 are doing business under the Fictitious Business Name(s)

"Posh Motorsports" 10 Main Avenue Suite 6 Sacramento, CA 95638. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022 POSH 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01693 James Mayfield-Martinez, 1117 Vessona Circle Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Lifted Peaks" 1117 Vessona Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022 LIFTED 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01633 Nina Krishel, 1501 16th Street #420 Sacramento, CA 95814 are doing business under the Fictitious Business Name(s) "Nina Krishel Consulting" 1501 16th Street #420 Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 18, 25, April 1, and 8, 2022 NINA 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01758 Mario Tapa Fonseca, 116 Hickory Street Unit A Roseville, CA 95678 are doing business under the Fictitious Business Name(s) "Express UB Auto Detailing" 116 Hickory Street Unit A Roseville, CA 95678. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1, and 8, 2022 EXPRESS 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01140 Pursuit LLC, 6056 Rutland Drive Suite B326 Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Roadnet" 6056 Rutland Drive Suite B326 Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 10, 2022 Publish: March 18, 25, April 1, and 8, 2022 ROADNET 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01716 Efron D. Quial, 4406 Miller Creek Court Stockton, CA 95219 are doing business under the Fictitious Business Name(s) "AlveoMed Nursing School" 8300 Fair Oaks Boulevard Suite 304 Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1, and 8, 2022 ALVEO 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01511 My Huong Thi Cao, 8438 Ardele Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Derma Glow" 6624 Laguna Boulevard Suite 112 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 18, 25, April 1, and 8, 2022 DERMA 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01356 International Endeavours LLC, 7420 Watt Avenue APT #113 North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "DTE Development" 7420 Watt Avenue Apt #113 North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 22, 2022 Publish: March 18, 25, April 1, and 8, 2022 DTE 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01271 Alex Kulnich, 2335 Pez Vela Place Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Golden River Contracting" 2335 Pez Vela Place Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 17, 2022 Publish: March 18, 25, April 1, and 8, 2022 GOLDEN 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01634 Zsn Burgerim LLC, 4040 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "ZSN Burgerim LLC" 4040 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 3, 2022 Publish: March 18, 25, April 1, and 8, 2022 BURGERIM 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01513 Kapi Smith, 11820 Melones Circle Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Kapi Wax & Skin Bar" 1134 Coloma Road Suite 645 Gold River, CA 95670. Filed with the Clerk of Sacramento County February 28, 2022 Publish: March 18, 25, April 1, and 8, 2022 KAPRI 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01312 John Hoyt, 3315 Spicewood Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Neck of the Woods" 3315 Spicewood Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County February 18, 2022 Publish: March 18, 25, April 1, and 8, 2022 NECK 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-00653 All Inclusive Medical Services Urgent Care, Inc, 5900 Coyle Avenue Suite B Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "AIMS Urgent Care" 5900 Coyle Avenue Suite B Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 27, 2022 Publish: March 18, 25, April 1, and 8, 2022 AIMS 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01891 Cheyenne Renae Keniston, 2826 Muskrat Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "CK Consulting, CRK Consulting" 2826 Muskrat Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 10, 2022 Publish: March 18, 25, April 1, and 8, 2022 CK 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01696 Jeanette Rodriguez, 4820 37th Avenue Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Mirala Boutique" 5504 547th Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County March 4, 2022 Publish: March 18, 25, April 1, and 8, 2022 MIRALA 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01799 Gyro and Shawarma LLC, 2931 Sunrise Boulevard Suite 100 Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Bonfire Pizza and Wings" 10731 Coloma Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 9, 2022

Publish: March 18, 25, April 1, and 8, 2022 BONFIRE 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01725 10th Island Foods Co LLC 3219 Petty Lane Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Got Plate Lunch" 3219 Petty Lane Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2022 Publish: March 18, 25, April 1 and 8, 2022 GOT 4-8-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02040 Renee Marie Abu-Green, 199 Cosimo Court El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Nay Nay's Nails" 13405 Folsom Boulevard Suite 140 Folsom, CA 95630. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022 NAY 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02098 Livwell Referral Agency, 4534 Jenness Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Livwell, Livwell In Home Care" 4534 Jenness Way Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022 LIVWELL 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01793 Zian's Family Beauty Supply LLC, 6472 Romack Circle Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Tierra Phillips" 6472 Romack Circle Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022 TIERRA 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01934 Haeleigh Sinerios, 8081 Ramblewood Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Reiki by Haeleigh" 8081 Ramblewood Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County March 11, 2022 Publish: March 25, April 1, 8, and 15, 2022 REIKI 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01896 Wanda Nichols, 3429 Winning Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Vanda Inspired" 3429 Winning Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 10, 2022 Publish: March 25, April 1, 8, and 15, 2022 VANDA 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02056 Daniel R. Wright, 5305 Gibbons Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Liquid Landscape Services" 4021 California Avenue No 17 Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022 LIQUID 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-02044 Jerry F Ahlin, 2311 W. La Loma Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Creative Arts Co" 2311 W. La Loma Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 16, 2022 Publish: March 25, April 1, 8, and 15, 2022 CREATIVE 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01988 Engine Planet, 8559 Blackberry Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Engine Planet" 7000 Franklin Boulevard Suite 730 Sacramento, CA 95823. Filed with the Clerk of Sacramento County March 14, 2022 Publish: March 25, April 1, 8, and 15, 2022 ENGINE 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01775 Ivan Hramma, 2966 Chateau Montelena Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Transportation" 2966 Chateau Montelena Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 8, 2022 Publish: March 25, April 1, 8, and 15, 2022 TRANSPORTATION 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01066 Veterans Golf Park for Disabled Veterans, 8040 Hoopes Drive Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Veterans Community Center" 6921 Sylvan Road Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County March 2, 2022 Publish: March 25, April 1, 8, and 15, 2022 VETERANS 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01423 TransCapital Ventures, Inc, 5616 Kingswood Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "TransCapital Realty" 5616 Kingswood Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 23, 2022 Publish: March 25, April 1, 8, and 15, 2022 TRANS 4-15-22

FICTITIOUS BUSINESS NAME STATEMENT FBNF2022-01960 Jesse A. Mahon, 1609 Stewart Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Jesse's Safe Co" 1609 Stewart Road Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 11, 2022 Publish: March 25, April 1, 8, and 15, 2022 JESSE 4-15-22

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315353 Mohanad Mohammed Mahmood has filed a petition with this court for a decree changing the name(s) of Mohanad Mohammed Mahmood to Mohanad Mohammed Alshamary, Ahmed Mohanad Mohammed to Ahmed Mohanad Alshamary, Lama Mohanad Mohammed to Lama Mohanad Alshamary, Taim Mohanad Mohammed to Taim Mohanad Alshamary . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 6, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 9, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 MAHMOOD 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315667

FNU Tajinder Kumar has filed a petition with this court for a decree changing the name(s) of FNU Tajinder Kumar to Tajinder Kumar Kaul, FNU Navita to Navita Kumar Kaul, FNU Niteek Kumar to Niteek Kumar Kaul . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 12, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 KAUL 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315599 Maria Christina Keene has filed a petition with this court for a decree changing the name(s) of Maria Christina Keene AKA Maria Christina Clave Keene to Maria Christina Keene Faila . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 12, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 FAILA 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315075 Michael Harold Wayne Rideout has filed a petition with this court for a decree changing the name(s) of Michael Harold Wayne Rideout to Michael Jabari Rahotep, and Chalena Jaynail Alston to Chalena Isail Rahotep . IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on March 29, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 4, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 RAHOTEP 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315606 Allison Marie Taylor has filed a petition with this court for a decree changing the name(s) of Weston Michael Debrodt to Weston Michael Taylor, Quinn Dawn Debrodt to Quinn Dawn Taylor, and Paige Diane Debrodt to Paige Diane Taylor. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 RichardK.Sueyoshi, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 TAYLOR 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315606 Allison Marie Taylor has filed a petition with this court for a decree changing the name(s) of Weston Michael Debrodt to Weston Michael Taylor, Quinn Dawn Debrodt to Quinn Dawn Taylor, and Paige Diane Debrodt to Paige Diane Taylor. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 RichardK.Sueyoshi, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 TAYLOR 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315606 Allison Marie Taylor has filed a petition with this court for a decree changing the name(s) of Weston Michael Debrodt to Weston Michael Taylor, Quinn Dawn Debrodt to Quinn Dawn Taylor, and Paige Diane Debrodt to Paige Diane Taylor. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 17, 2022 RichardK.Sueyoshi, Judge of the Superior Court Publish: March 4, 11 18, and 25, 2022 TAYLOR 3-25-22

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CHANGE OF NAME #34-2022-00315606 Allison Marie Taylor has filed a petition with this court for a decree changing the name(s) of Weston Michael Debrodt to Weston Michael Taylor, Quinn Dawn Debrodt to Quinn Dawn Taylor, and Paige Diane Debrodt to Paige Diane Taylor. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 12, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if

Regional San Awarded Funding for Harvest Water Project

Regional San Press Release

SACRAMENTO, CA (MPG) - The California Water Commission recently announced that Regional San will receive about \$4.3 million in additional Proposition 1 grant funding from California's Water Storage Investment Program (WSIP). These funds will help finance Regional San's Harvest Water Program. This additional funding adds to the previous \$287.5 million in WSIP funding, for an overall total award of about \$292 million.

Harvest Water was established to meet Regional San's goal of increasing the use of recycled water by providing tertiary-treated wastewater for farmers – demonstrating Regional San's ongoing commitment to environmental stewardship.

Harvest Water represents one of the largest agricultural water reuse projects in the United States. Once complete, it will provide up to 50,000 acre-feet per year of drought-resistant recycled water to irrigate up to 16,000 acres of permanent agriculture and habitat conservation lands near the Cosumnes River and Stone Lakes National Wildlife Refuge in Sacramento County.

"Regional San takes its commitment to environmental stewardship very seriously," said Christoph Dobson, Regional San's General Manager. "Securing these funds helps our efforts to provide a safe and sustainable water supply for agriculture, irrigation and habitat protection. It also reduces the need for groundwater pumping, a critical need in today's drought conditions."

Next steps include continued planning efforts with local farmers and development of designs for pumping, transmission and distribution systems to convey recycled water from the wastewater treatment plant near Elk Grove to farmers in southern Sacramento County. The first phase of the recycled water delivery system is expected to be operational by 2025.

Learn more about Harvest Water at regionalsan.com/harvestwater.

Regional San owns the regional wastewater conveyance system and the Sacramento Regional Wastewater Treatment Plant located near Elk Grove. We provide wastewater conveyance, treatment and disposal service to about 1.6 million people throughout the Sacramento region. Learn more at regionalsan.com. ★

Sponsored by Fujiko Takai Signs, CSB
Christian Science practitioner and teacher
A member of the Christian Science Board of Lectureship

Carmichael, CA: Around the world people are looking to prayer for solutions, safety, and well-being. Fujiko Signs, practitioner of Christian Science healing and international speaker, will present an online talk titled, "Love without limit, Life without fear," Thursday, April 7 at 7 PM, online at www.tinyurl.com/yc286hfd and in-person viewing at First Church of Christ, Scientist, Carmichael located at 4949 Kenneth Ave. in Carmichael. The lecture online link can also be accessed directly at the church website ChristianScienceChurchCarmichael.com

will explain why Christian Science is both Christian and scientific, meaning that people can prove its effectiveness for themselves, as fully described in the book *Science and Health with Key to the Scriptures*, written by the founder of the Christian Science movement, Mary Baker Eddy.

Ms. Signs will also touch on the life of Mary Baker Eddy, a mid-nineteenth century American woman, who came to understand, confirm, and teach what she felt was original Christian healing. Eddy herself said she was especially inspired by Jesus' demand, "He that believes on me, the works that I do will he do also; and greater works than these will he do, because I go unto my Father" (found in the Gospel of John 14:12 in the Bible).

For over 150 years, people around the world have worked to follow Christ Jesus in this practice of Christianity and continue to do so today, experiencing healings of physical ills and personal difficulties.

Fujiko Signs has been a Christian Science practitioner for many years, helping people on a daily basis through this scientific approach to prayer. Based in Tokyo, Japan, she speaks to audiences around the world as a member of the Christian Science Board of Lectureship.

The talk will focus on universal healing precepts found in the Holy Bible, especially in Christ Jesus' life and teachings, showing how they are available for anyone to understand and experience through the lens of Christian Science. This live web lecture is free, open to the community, and hosted by First Church of Christ, Scientist, in Carmichael.

"We will explore the relationship between prayer and healing through the universal divine truth that unites us," says Signs. "We will talk about the practical understanding of God as ever-present love so we can make progress, unafraid like trusting children."

Sharing examples of healing from her own life and professional practice of Christian Science, Ms. Signs

Attend online! Go to: www.tinyurl.com/yc286hfd
Group viewing at church, 4949 Kenneth Ave., Carmichael
916.487.9338

LEGAL ADVERTISING

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316376

Qahera Qahera has filed a petition with this court for a decree changing the name(s) of Qahera Qahera to Qahera Mohammadi IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 27, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 18, 25, April 1, and 8, 2022 QAHERA 4-1-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2021-00302968

Sharina Lekis McNeal has filed a petition with this court for a decree changing the name(s) of Jeremiah Russ Rostschild to Jeremiah Russ Patton IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 20, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 18, 25, April 1, and 8, 2022 PATTON 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316089

Mujeeburrahman Rahmany has filed a petition with this court for a decree changing the name(s) of Mohd Rahman Rahmany to Mohammad Rahman Rahmany. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 20, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 18, 25, April 1, and 8, 2022 RAHMANY 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316320

Terry Michael Essick II has filed a petition with this court for a decree changing the name(s) of Terry Michael Essick II to Terry Michael Shaeffer. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 27, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 3, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 18, 25, April 1, and 8, 2022 SHAEFFER 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316520

Michael W. Crosson has filed a petition with this court for a decree changing the name(s) of Kimlum Keith to Ming Lum. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 28, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for

Change of Name should not be granted. Dated: March 2, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 18, 25, April 1, and 8, 2022 LUM 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00314738

Ramazan Sumovic and Alysia Marie Sumovic have filed a petition with this court for a decree changing the name(s) of Ramazan Sumovic to Ramazan Suma, Alysia Marie Sumovic to Alysia Marie Suma, Aliah Sumovic to Aliah Suma, Fatima Sumovic to Fatima Suma, and Selman Sumovic to Selman Suma IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 27, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 18, 25, April 1, and 8, 2022 SUMA 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00315899

Lucy Margerita Coleman Merchant has filed a petition with this court for a decree changing the name(s) of Lucy Margerita Coleman Merchant to Lucy Margerita Coleman Lewis IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 13, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 23, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 18, 25, April 1, and 8, 2022 LEWIS 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316390

Meaza Hunduma has filed a petition with this court for a decree changing the name(s) of Meaza Hunduma to Kuleni Meaza Hunduma. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 27, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 7, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 18, 25, April 1, and 8, 2022 HUNDUMA 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316379

Heather S. Mayer, Esq. has filed a petition with this court for a decree changing the name(s) of FNU Mohammad Ashraf to Ashraf Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on April 27, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 4, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 18, 25, April 1, and 8, 2022 ASHRAF 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00312789

Francisco Paul Perez has filed a petition with this court for a decree changing the name(s) of Francisco Paul Perez to Lord Cisco. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on

April 20, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 18, 25, April 1, and 8, 2022 LEWIS 4-8-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316551

Taylor Renee Kanelos has filed a petition with this court for a decree changing the name(s) of Taylor Renee Kanelos to Taylor Renee Ceriani. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on April 28, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 8, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 25, April 1, 8, and 15, 2022 CERIANI 4-15-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316687

Sheron Johnson has filed a petition with this court for a decree changing the name(s) of Sheron Johnson to Sheron Crawford. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on May 3, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 10, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 25, April 1, 8, and 15, 2022 CRAWFORD 4-15-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316658

LaVerne Munguia has filed a petition with this court for a decree changing the name(s) of LaVerne Munguia to Robin LaVerne Munguia. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00a.m. on May 3, 2022, in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 10, 2022 Christopher E. Krueger, Judge of the Superior Court Publish: March 25, April 1, 8, and 15, 2022 MUNGUIA 4-15-22

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2022-00316665

Georgios Panagiotis Pandelidis has filed a petition with this court for a decree changing the name(s) of Georgios Panagiotis Pandelidis to George Pandelidis. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 1:30p.m. on May 3, 2022, in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 10, 2022 RichardK.Sueyoshi,JudgeoftheSuperiorCourt Publish: March 25, April 1, 8, and 15, 2022 PANDELIDIS 4-15-22

LIEN SALE
 The following property 1991 KIT 1KC22GT29MB171110 67061X - NV will be sold on 4/4/2022 at 6241-A FAIR OAKS BLVD. CARMICHAEL CA 95608 at 10:00AM. Published 3-25-22 3-25-22



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Uplifted

She travels the world for the best information to make our lives better. She is a wellness consultant, and has made extraordinary contributions in the fields of nutrition and balanced living. Dr. Susan Smith Jones is the founder and president of Health Unlimited in Los Angeles. With our upside-down world today from the pandemic to war, **Dr. Jones** has penned “Uplifted” 12 Minutes to More Joy, Faith, Peace, Kindness and Vitality. She shared these tips on POPPOFF.

- 1. ADOPT AN ATTITUDE OF GRATITUDE.** Be grateful for everything that’s going on in your life, whatever the circumstances. This attitude can foster happiness and peace of mind, assisting you to live more fully.
- 2. WALK BAREFOOT OUTDOORS ON THE NATURAL GROUND.** This is called earthing or grounding and you will be absorbing salubrious electrons through your feet into your body to boost your immunity, vitality and mood.
- 3. STRENGTHEN YOUR FAITH.** Faith is an invisible and invincible magnet that attracts to itself whatever it fervently desires and expects. In 2 Corinthians 5:7 we read: Worry ends when faith begins.
- 4. LIVE BY THE GOLDEN RULE.** Treat others with the compassion you wish to receive, and you will instantly feel more joy and peace. This starts with being compassionate with yourself and letting go of any negative self-talk.
- 5. FIND WAYS TO VOLUNTEER YOUR TIME.** When you share your love and time with others, your brain’s pleasure and rewards centers light up like a Christmas tree, and you release the neurotransmitters serotonin and dopamine, feel good chemicals which combat anxiety and depression.

- 6. STRIVE TO GET 7-8 HOURS SLEEP AT NIGHT.** Studies reveal that when you get more sleep on a regular basis, your stress level abates and you become a more compassionate, positive uplifted person.
- 7. CARVE OUT TIME TO MEDITATE DAILY.** Practicing meditation will change your brainwaves in a positive way, and make you feel calmer, less anxious, more compassionate and optimistic and even help increase your income.
- 8. WHAT YOU EAT AFFECTS YOUR MOOD.** If you want to feel more uplifted daily, you must eschew foods made with white sugar and white flour and choose to eat foods as close to the way nature made them as possible with lots of fresh fruits and veggies.
- 9. EXERCISE TO FEEL HAPPY AND UPLIFTED.** Just ten minutes of aerobic exercise doubles the level of norepinephrine in the body, a chemical to happiness. Try to work it in at the beginning of your day to reap the benefits all day and have no excuses later in the in the day to skip your workout.
- 10. SPEND TIME IN NATURE.** Nature calms us down and reduces anxiety. Whenever possible, find ways to exercise outdoors. In her book “Uplifted” she writes about a disease she calls NDD... “Nature Deficit Disorder.” Too much time away from nature wrinkles our soul and deprives us of a cost-free “visual valium” experience. Our moms were right when they said “Go outside and play. To this she added...” “Go outside to play and pray.

Check out **Dr. Jones** and her free monthly newsletter at www.susansmithjones.com. **HAPPY LIVING!!!** ★

How Will Newsom’s Gas Price Relief Promise Work?



By Dan Walters
CALMatters.org

It’s time once again for some fun with numbers, in this case data surrounding the sharp spike in gas prices.

Although the recent uptick in fuel prices varies from community to community and even station to station, a good estimate of the increase, perhaps a bit conservative, is \$1 per gallon. It’s mostly due to global oil markets reacting to the Russian invasion of Ukraine and efforts to punish Russian President Vladimir Putin with economic sanctions.

Last week in his State of the State address, Gov. Gavin Newsom dropped his previous proposal to offset the gas price increase with a very small “pause” in a scheduled state gas tax increase.

“Now, it’s clear we must go further,” Newsom said. “That’s why, working with legislative leadership, I’ll be submitting a proposal to put money back in the pockets of Californians to address rising gas prices.”

That was it — no details, just a vague promise. While we await some indication of what Newsom intends, let’s put a buck-a-gallon

price increase in numerical perspective:

—Californians own and drive 29 million automobiles and light trucks, such as pickups and SUVs;

—Each year, they rack up 330 billion miles of automotive travel, an average of about 11,000 miles per vehicle;

—Motorists burn 15 billion gallons of gasoline each year, which averages out to 517 gallons of fuel for each vehicle (43 gallons per month) and an average of 21 miles to the gallon;

—Therefore, on average Californians are paying an extra \$43 per month to drive, if one assumes the price increase has been \$1 per gallon.

Higher costs for refueling their cars can certainly be painful to those in lower income brackets or those, such as long-distance commuters, who are running up high mileage counts. But unto itself, \$43 a month shouldn’t be a critical issue for many Californians.

That said, we tend to focus on sharp price increases in everyday commodities, such as gasoline, as an indicator of high inflation. It’s a squeaky wheel in political terms — and politicians feel compelled to grease the wheel or face a popular backlash.

So what can Newsom and legislators do to offset higher gas prices in this election year?

The tax increase pause Newsom originally proposed would have cost about \$500 million or a \$17 annual savings per vehicle,

hardly worth doing.

However, fully offsetting the jump could be a major hit on the state budget. At \$1 per gallon, it would require the state to rebate about \$15 billion to motorists for a full year — almost exactly what the prison system costs — or just over \$500 per vehicle.

The trick will be to make rebates large enough to have some positive psychological response from California motorists but small enough to avoid a major budget impact.

Would \$100 per car — enough, perhaps for one 20-gallon fillup — sufficiently impress Californians that their politicians’ hearts are in the right place? Even that relatively small amount would cost the state budget about \$3 billion.

Rebates of any size would be relatively easy to distribute if done on a per-vehicle basis, since the state already has data on vehicle ownership.

It would become infinitely more complex to focus relief for those who are feeling price increases most keenly, such as low-income motorists or super commuters. That could become a bureaucratic nightmare on a par with the dysfunctional Employment Development Department.

The rebate promise is now on the agenda and it will be a very interesting situation to monitor.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

Defendant Convicted of Fatal Stabbing in Carmichael

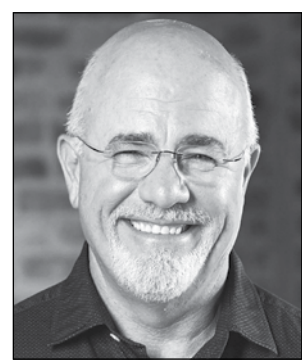
Sacramento District Attorney’s Office

SACRAMENTO COUNTY, CA (MPG) - Stephen Jackson was convicted by a jury of the first-degree murder of Jaitu Keys. The jury also found true the allegation that Jackson personally used a knife in the commission of the murder.

On November 9, 2019, Jackson and a friend went to a high school football game together. After the game, Jackson asked the friend to come inside his house but she declined. He then hid a device with

GPS tracking in the trunk of her car. The friend left and went to meet the victim in Carmichael. The victim joined the friend in her car and sat in the front passenger seat to talk. Jackson approached the car, smashed the front passenger window and stabbed the victim four times, including once in the heart. The friend drove the victim to the hospital where he was pronounced deceased.

Jackson faces a maximum sentence of 26 years to life in prison. Sentencing is set for April 1, 2022, at 11:00 a.m. in Department 36 by the Honorable Stephen Acquisto. ★



Dave Ramsey Says

probably looking at about the same length of time — or less, since the debt is gone — to save up an emergency fund. Keep in mind that an emergency fund is three to six months of expenses, not income.

But here’s the thing. If you start building retirement right now and have an emergency, do you know what you’ll use? Yep, you’ll use your retirement. That’s why an emergency fund comes before retirement in the Baby Steps.

The median household income in America is around \$68,000, and that’s often two incomes. You’re probably working pretty hard for that \$38,000, so I would challenge you to think about and work toward something you could be doing in the near future to make that much money or more.

I want you to open your mind and imagination, and start thinking fresh again. Don’t do something silly like quit your job today, but if you’re going to be making \$38,000 five or 10 years from now it’s time to aim at something else.

I’m trying to speak to your retirement fears, as well as warn you against addressing retirement without having an emergency fund in place. Save up a solid emergency fund over the next year, while at the same time doing some serious thinking and goal setting.

Maybe you’d like to do something completely different, or even own a printing company by that time. Who knows? The cool thing is you can make it happen, and the choice is all yours!

— Dave
Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of The Ramsey Show, heard by more than 18 million listeners each week. He has appeared on Good Morning America, CBS This Morning, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

Follow the Plan, and make Stuff Happen!

Dear Dave,
I just started Baby Step 3 of your plan. It took me about 12 months to pay off \$8,000 in debt during Baby Step 2. I am 50, and I work in the printing industry making about \$38,000 a year in a city with no local or state income tax. I have not done a lot about retirement yet, and that worries me now that I am learning to manage money in a smarter way. How can I stay on track with the Baby Steps and still do something about retirement?
— Blake
Dear Blake,
I generally look at a time-frame of six months to a year for saving a fully funded emergency fund. So, if it took you about a year to pay off \$10,000 in debt, you’re

Nominate a Volunteer for the DOVIA Sacramento Awards

DOVIA Press Release

SACRAMENTO, CA (MPG) - Directors of Volunteers in Agencies (DOVIA) Sacramento is proud to present three annual recognition awards: Youth Volunteer of the Year, Individual Volunteer of the Year and Volunteer Manager of the Year.

We are looking for individuals who volunteered or have engaged and managed volunteers to ensure vital and social services such as food, housing, transportation or mental health were provided. This may include all volunteering that enables an organization’s reach to extend across the wider community to support our most vulnerable populations. This could consider their contribution to deliver vital services such as more digital and online volunteering or phone services taking the place of previously face-to-face services.

Award Categories

Youth Volunteer of the Year - This award goes to a youth volunteer under age 21 who has contributed a minimum of 25 hours of service between January 2021 and December 2021. The winner receives a \$500 Margaret Einspahr Memorial Award.

Individual Volunteer of the Year - This award goes to a volunteer over the age of 21 who has contributed a minimum of 25 hours of service between January 2021 and December 2021. The winner receives a \$100 award to their organization.

Volunteer Manager of the Year - This award goes to a volunteer manager (paid or unpaid). The winner receives a \$100 award to their organization in addition to a one year complimentary DOVIA Sacramento organization membership.

Eligibility

Agency where the individual

volunteered or is a volunteer manager is a charitable, nonprofit or public organization between January 2021 and December 2021; All nominee volunteer organizations must provide service for the community at large; Groups providing members-only services are not eligible; Service organizations must endorse nominations; Volunteer service may have been performed on work release time, without pay or for student course credit. Out of pocket expense reimbursement is permissible; Volunteer service must have been performed in Sacramento, Yolo, Placer, El Dorado, Nevada, Yuba or Sutter Counties; Current DOVIA board members are not eligible for the Volunteer Manager of the Year award; Nominated service work must have been performed between January 1, 2021 and December 31, 2021; Past winners of the three awards are not eligible to win.

A panel of community leaders, independent of DOVIA board of directors and members, reviews each nomination and chooses a winner in each category. Nominees will be contacted by DOVIA shortly after the **nomination due date of Friday, April 15, 2022, 5 pm Pacific.**

DOVIA will introduce and honor all nominees and announce the winners with an awards ceremony on May 18, 2022 from 4-6 pm at The Grand Hall at the Clunie Center, 601 Alhambra Boulevard, Sacramento 95816. We encourage all nominees and nominators to attend on this special day. DOVIA Sacramento will monitor the COVID-19 pandemic situation and will adjust the ceremony to be virtual or in-person as needed. Register for the Awards Ceremony at www.doviasacramento.org/event-4727681

For more information or a nomination form visit www.doviasacramento.org/Awards. ★



WEEKLY COMICS

Amber Waves



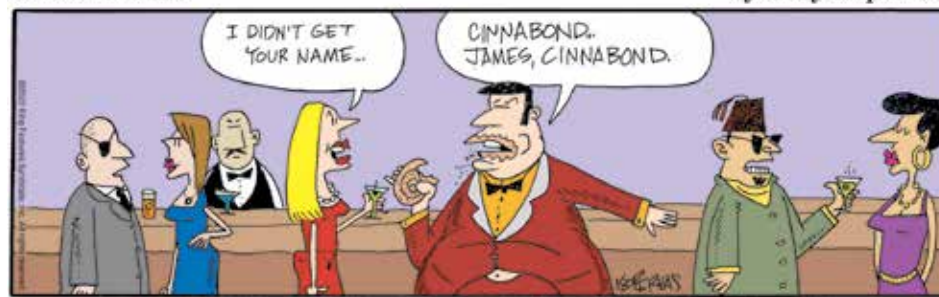
by Dave T. Phipps

The Spats



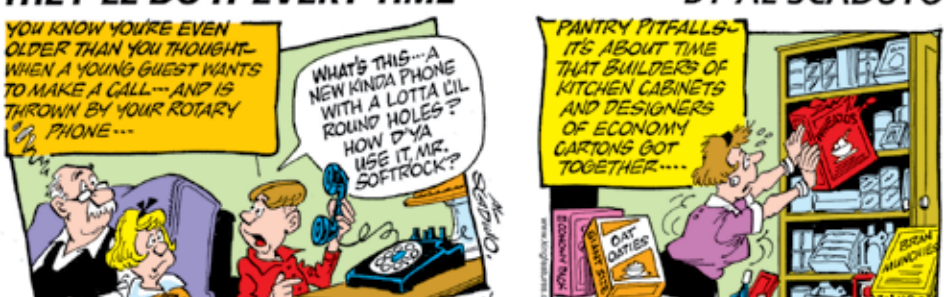
by Jeff Pickering

Out on a Limb



by Gary Kopervas

THEY'LL DO IT EVERY TIME



BY AL SCADUTO

R.F.D.



by Mike Marland



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<p>FRISKIES BUFFET CANNED CAT FOOD 5.5 Oz All Varieties</p> <p>Limit 2 Cases Per Family ON SALE Everyday Effective 3/23/22 - 3/29/22</p>	<p>ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER 20 Lb •Unscented •Double Duty •Clump n Seal •Slide 19 lb •Absorbx 15 lb</p> <p>Limit 2 Boxes Per Family ON SALE Effective 3/23/22 - 3/29/22</p>	<p>BLUE BUFFALO CANNED DOG FOOD 12.5 Oz •Homestyle •Wilderness Only</p> <p>Limit 1 Case 20% OFF Our Regular Low Prices Effective 3/23/22 - 3/29/22</p>	<p>SCOOPAWAY CLUMPING CAT LITTER 42 Lb Bag •Multi-Cat Formula</p> <p>Limit 2 Bags Per Family \$12.99 Effective 3/23/22 - 3/29/22</p>
<p>EARTH BORN HOLISTIC DRY DOG FOOD Natural Grain-Free •Primitive Feast •Great Plains Feast •Meadow Feast •Coastal Catch •Weight Control •Large Breed 25 Lb Bag</p> <p>Limit 2 Bags Per Family \$43.99</p>	<p>NATURALLY FRESH CAT LITTER 100% Natural Walnut-based 14 Lb Bag 10 Lb Pellets \$4.99 Clumping \$9.99 Multi-Cat Clumping \$9.99</p>	<p>WILDERNESS DRY CAT FOOD •Chicken •Salmon •Duck •Indoor •Weight Control 100% Grain Free 11-12 Lb Bag Limit 2 Bag</p> <p>Limit 2 Bags Per Family \$5 OFF OUR REGULAR LOW PRICES!</p>	<p>SCIENCE DIET FELINE MAINTENANCE DRY CAT FOOD 16 Lb Bag •Adult \$38.99 •Mature •Indoor 15.5Lb \$39.99 •Sensitive Stomach 15.5 Lb \$44.99 •Urinary 15.5 Lb</p>
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<p>CORE GRAIN FREE DRY DOG FOOD 22-24 Lb Bag Original \$63.99 •Ocean •Reduced Fat \$67.99</p>	<p>GRAVY TRAIN DRY DOG FOOD 35 Lb Bag Limit 2 Bags \$15.99</p>	<p>BOXIE CAT CAT LITTER 16 Lb \$2.00 OFF 28 Lb \$3.00 OFF</p>	

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Social Workers: Making Communities Better



Social workers in DHA work tirelessly to help those in the greatest need of services become self-sufficient and independent. MPG file photo

By Laurie Slothower, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - Social workers make communities better. They help protect children, youth, and the elderly from abuse. They connect people suffering from substance abuse and mental illness to services. They link people challenged by homelessness, poverty and lack of health-care to housing, benefits and employment. They help severely disabled individuals live in the least restrictive environment possible.

March is National Social Work Month, and Sacramento County joins the National Association of Social Work (NASW) in celebrating this great profession and in sharing this year's motto, "The Time is Right for Social Work."

The goal of Social Work Month is to inform the public, policymakers and legislators about the way social workers meet people where they are every day and help them live to their fullest potential.

Sacramento County employs almost 600 social workers in many different County departments. The Department of

Child, Family and Adult Services (DCFAS) and the Department of Human Assistance (DHA) have the largest numbers of social workers on staff.

DCFAS social workers link individuals and families to services that promote the safety, health and well-being of community members across all ages. Throughout the COVID-19 pandemic, they continued to provide in-person visits, working on the frontlines along with doctors, nurses, law enforcement and other essential employees.

At DHA, social workers help families who are experiencing homelessness, domestic violence and other family crises. They help clients learn job-seeking skills. A team of social workers specializes in helping clients navigate the challenging disability benefits process. DHA also has a social worker in the General Assistance Program making referrals to service agencies.

In addition to these efforts, DHA also has social workers assigned to the Homeless Outreach and Encampment Teams working with Sacramentans experiencing homelessness to navigate public

benefits and shelter/housing options.

"Our DCFAS social workers are everyday heroes and I feel privileged to be a part of this team," said Michelle Callejas, Director of the Department of Children, Family and Adult Services.

"The social workers in DHA work tirelessly to help those in the greatest need of services become self-sufficient and independent. It is because of their efforts and the efforts of those they work with across department and jurisdictional lines that Sacramentans can thrive and be safe," said Ethan Dye, Director of Human Assistance.

Social work is one of the fastest-growing professions in the United States, according to the Bureau of Labor Statistics. At the same time, Sacramento County has an ongoing need for social workers to help the community's most vulnerable residents. The Human Services Social Worker and Human Services Social Worker (with Master's Degree) positions are on continuous file, meaning the County is always accepting applications. If you're interested in applying, visit saccountyjobs.net. ★

Bags for Benches

Continued from page 1 the Year); Publisher Paul Scholl (Businessman of the Year); Community Service awards go to Scott Young of Carmichael HART and

Leonora Lee of Kaiser Permanente. Non-profit of the Year is Carmichael Parks Foundation; SMUD is named Business of the Year. Anyone may attend the

April 1 event at Arden Hills Resort. Tickets are \$125 per person. For reservations go to www.carmchamber.com or call (916) 481-1002. ★

Revised Sacramento County Housing Element Approved

Sacramento County Press Release

SACRAMENTO, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on March 8 to adopt a resolution amending the Sacramento County General Plan, including the Housing Element.

The Board of Supervisors approved the initial General Plan Amendment amending the Housing Element of the Sacramento County General Plan back in July 2021, and Planning and Environmental Review (PER) submitted the adopted Housing Element to State of California Housing and Community Development Department (HCD) for certification in July 2021.

On October 28, 2021, PER staff received a letter from HCD requiring additional changes for certification.

Between December 2021 and February 2022, PER staff worked with HCD and the Sacramento Housing Alliance (SHA) to address all concerns and comments related to the Housing Element.

"The Revised Housing Element includes program clarifications that respond to the State of California Housing and Community Development Department and Sacramento Housing Alliance comments," said Todd Smith, Principal Planner. "With the approval of the Board of Supervisors, the adopted Housing Element will be resubmitted to the HCD, and we are confident that it will be certified."

Two versions of the approved Housing Element are available for review on the PER Housing Element Update webpage: a "clean" version and a version with changes tracked. ★

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ibp
 Chicken Leg Quarters 69c/lb
 Pemas y Mado de Pilo

ibp
 Pork Neck Bones 1.49/lb
 Hueso del Cuello de Cerdo

ibp
 Pork Butt Roast Bone-In 1.79/lb
 Trozo de Puerco con Hueso

ibp
 Country Style Pork Loin Ribs - Bnls 1.99/lb
 Costillas de Lomo de Cerdo al Estilo Campesino

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 23 - MARCH 29, 2022.

FRESH PRODUCE SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Italian Squash \$1.09/lb
 Lemon 29c/ea
 Papaya 99c/lb
 Jalapeno Pepper 89c/lb

Peeled Garlic 5 lb \$13.99/bag
 Yellow Dragon Fruit \$4.99/lb
 Red Yam 79c/lb
 Shingo Pear Box \$34.99/box

AMERICAN/HISPANIC GROCERY

Mr. Cornak Taco Seasoning Original 1 oz 4 for \$3.00
 EED Red Kidney Beans 15 oz 99c/ea
 SUNNY! Sunny D Tangy Orange Juice 64 oz \$1.99/ea
 TALK Special Value Pasa Plata 40 oz \$1.89/ea
 Genera Antifungal Cookies 16 oz 99c/ea

ASIAN GROCERY

Ox & Palm Corned Beef 15 oz \$7.49/ea
 Ox & Palm Brand
 Osh Teh Tapioca Balls 5 lb \$8.99/ea
 Osh Teh Brand
 LKK Pure Sesame Oil 39 oz \$3.49/ea
 LKK Brand
 Happy Lamb Hot Pot Soup Base 4.50 oz / 8.32 oz \$4.99/ea
 Happy Lamb Brand
 Mr. Brown's Marshmallows Coffee 15.5 oz \$6.99/ea
 Mr. Brown's Brand

EUROPEAN GROCERY

Richard Royal Goya Tea 80 oz \$4.29/ea
 Vincent Peet Reserve Blend 600 oz \$3.99/ea
 Shilo Blackberry Jam 500 oz \$3.99/ea
 Single Cherry Jam 350 oz \$1.49/ea
 Sweet Cuts Sweets 170 oz \$1.99/ea

KOREAN/JAPANESE GROCERY

Osh Cooled Rice 30 oz 12 x 74 oz \$1.49/ea
 Spicy Soup Beef & Vegetable 194 oz \$4.99/ea
 Spicy Soy Sauce Grub-S 830 ml \$3.99/ea
 Seasoned White Flour 2.5 kg \$4.99/ea
 Seasoned Olive Lager 9 x 45 oz \$3.99/ea
 Jack Teif 2 Kinds 36 oz \$1.29/ea

So Soft Ice Cream 8.5 lb \$7.99/ea
 The Winning Berry 330 g \$4.99/ea
 Balish Bar Soave 3 Kinds 765 oz \$4.99/ea
 Mega Balls Pops 2 Kinds 91 oz \$4.99/ea
 Hi-Chew Candy 7 Kinds \$3.99/ea
 Power Sweetener 163 g \$1.99/ea

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All-In-One
 Brushes your hair, browns, and softens scalp naturally

Safe Ingredients
 Formulated with 100% safe, natural ingredients and plant-derived natural pigments

300 GRAMS **\$39.99/EA**

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FROZEN & FISH DEPT

3 Kinds Mochi Mochi 7.6 oz REG. \$4.99/ea **\$2.99/ea**

EUROPEAN DELI

Colombas Magic Sprays 4.5 oz \$8.19/ea
 Krimo's Pitted Green Olives \$3.99/ea
 Krimo's Olive Medley \$3.99/ea

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