

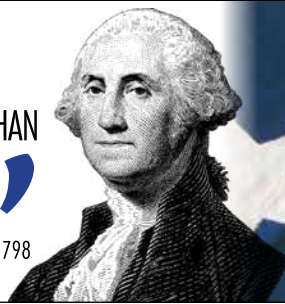


## Californians Are Having Problems Paying Medical Bills

PAGE 12

“ IT IS INFINITELY BETTER TO HAVE A FEW GOOD MEN THAN MANY INDIFFERENT ONES. ”

Letter to James Mchenry | Friday, August 10, 1798



# HONOR PRESIDENTS DAY

# Carmichael Times

VOLUME 43 • ISSUE 7

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FEBRUARY 18, 2022

### SEE INSIDE

## REWARDING STUDENT VOLUNTEERS



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## RATES KEEP RISING



PAGE 7



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# Breakfast for the Birds



Above: Staff and critters at Effie Yeaw Nature Center give the “okay” to visitors wanting to come out for the Bird and Breakfast fundraiser. Right: A red shouldered hawk gathers grass to line her nest in the Effie Yeaw Preserve.

Story and photos by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - After two-years of pandemic limitations, the Effie Yeaw Bird and Breakfast event is back in traditional format on March 19 and 27. The popular fundraiser has for 31 years proven there’s more to ornithology than ogling birds.

In a preserve resonant with spring song, experts will lead nature lovers on safaris to view birds in their most industrious season. Hot brunches will follow. Two Bird and Breakfast programs will this year be staged over two weekends at the Center’s Carmichael facility. Because the events sell out, reservations are required. Participants will likely see at least 40 avian species during incubation, courting, feeding and nest-building activities. No bird gets left behind: Sacramento Audubon guides get as excited about tiny finches as majestic osprey hawks.

The wildlife experience follows trails in the 99-acre preserve and continues to riverside reaches, where ducks abound, and elegant waders include egrets, herons and sandpipers.

Scouts work beforehand to locate spots where visitors can observe wren, hawk, woodpecker and titmouse nurseries under construction. Higher up, hummingbirds may be seen camouflaging walnut-sized cradles. Nest-watching is enhanced by viewing scopes.

The \$50 safari on March 19 (Saturday) is followed by a gourmet outdoor breakfast. On March 27 (Sunday) Carmichael Kiwanis will cook pancake breakfasts. This \$35 program suits parents with children aged six and up. Adult admission includes one child; additional kids are \$5 each. Discounts apply for ARNHA members. Nature Center animal ambassadors will be on hand for close encounters. These include a Swanson’s hawk; a Peregrine falcon, an American Kestrel and a great-horned owl. Silent auctions of bird-related goodies accompany breakfast.

Outings range between 60 and 90

minutes and neither weekend’s program is recommended for very young children. Participants should wear stout shoes and bring binoculars. Both Bird and Breakfast fundraisers begin at 8 am. All proceeds assist the Nature Center’s educational outreach.

The Center will also offer a stand-alone Zoom lecture on bird vocalizations on March 15. Participation is \$20 per person.

Effie Yeaw Nature Center is located in Ancil Hoffman Park, Carmichael. More information on these fundraisers is available at [www.sacnaturecenter.net](http://www.sacnaturecenter.net) or call (916) 489-4918. ★



## CSRMF Names Tim Schroepfer as President and CEO



The California State Railroad Museum Foundation has named Tim Schroepfer as President & CEO. Photo courtesy of the California State Railroad Museum Foundation

CSRMF Press Release

**SACRAMENTO, CA (MPG)** - The California State Railroad Museum Foundation has named Tim Schroepfer as President & CEO, effective immediately. The Foundation works in collaboration with and provides fundraising support for the California State Railroad Museum located in Old Sacramento State Historic Park and Railtown 1897 State Historic Park in Jamestown. Schroepfer was first hired by the Foundation in 2019 as Director of Events & Marketing then assumed the role of Interim Chief Operating Officer in 2021 before his recent promotion to President & CEO. Schroepfer replaces Cheryl Marcell who left the Foundation in 2021.

“Tim demonstrated his leadership prowess as our Chief Operating Officer and earned the right to step in as President and CEO,” said Jim Houpt, Chair of the California State Railroad Museum Foundation Board of Directors. “Even as the pandemic still ruled much of our lives, Tim engineered the return of a sold-out Polar Express train after a two-year hiatus and quickly mastered the demands of running a fundraising and support organization for a world-class museum. Our board of directors expressed unanimous support for Tim’s advancement to his new role.”

In his multi-faceted new role as President & CEO, Schroepfer will manage a staff of 26, oversee fundraising, sponsorship, and membership efforts, drive all marketing, social media, and public relations initiatives, and direct the production of the Foundation’s high profile community events and activations.

A natural train enthusiast, Schroepfer was born and raised in Sacramento and was a frequent visitor and member of the Museum prior to moving away from the area. Said Schroepfer, “With the Museum entering its 41st year, and Railtown entering its 51st year as a tourist railway, it is an incredibly exciting time to be with the Foundation. It is an absolute honor and privilege to return home and help support our Parks partners.”

Continued on page 3

# Celebrating 10 Years of the Mental Illness Project

By Laurie Slothower, Sacramento County

**SACRAMENTO COUNTY, CA (MPG)** - It has been 10 years since the launch of the Sacramento County Department of Health Services Division of Behavioral Health Services “Mental Illness: It’s Not Always What You Think” project, and in that time, the project has made significant progress in creating partnerships to reduce stigma and discrimination surrounding mental illness.

Funded by Mental Health Services Act, the project aims to reduce stigma and discrimination by providing mental health information, resources and support to individuals and families in Sacramento County. By educating the community, the project aims to eliminate barriers for people living with mental illness and provide



Nearly 355,000 Sacramento County residents live with a mental illness, but only a third will seek professional help due to stigma and discrimination. Photo courtesy Pixabay

a deeper understanding of mental health.

When the project launched in 2012, only four community members were willing to be spokespeople. Fast forward to today, the Stop Stigma Speakers Bureau has almost 200 members who share their experiences living with mental illness, and countless community

members have volunteered to be the public face of the campaign on billboards, in media interviews or at events.

The project has more than 11,000 followers on its social media channels and more than 120 community-based organizations have collaborated with the project since

it launched.

The project is constantly evolving to ensure it reaches every community in Sacramento County –especially in light of the impacts of COVID-19 and mounting social justice issues on the mental health of community members. As of December 2021, the project launched an updated website that includes materials tailored for unique audiences.

“We estimate that nearly 355,000 Sacramento County residents live with a mental illness, but only a third will seek professional help due to stigma and discrimination,” said Ryan Quist, Ph.D., Director of Behavioral Health Services. “Mental illness is a treatable and manageable condition that is unfairly stigmatized.”

For more information about the project, please visit [StopStigmaSacramento.org](http://StopStigmaSacramento.org) ★

# Some Residents Will Move to a Time-of-Use Rate in April

PG&E Press Release

SACRAMENTO, CA (MPG) - As part of a multi-year, statewide energy policy to create a cleaner energy future for California, Pacific Gas and Electric Company (PG&E), East Bay Community Energy (EBCE) and Valley Clean Energy (VCE) will move approximately 142,662 eligible residential electric customers currently on a tiered rate plan called E-1 to a Time-of-Use (TOU) rate plan in April 2022. On the Time-of-Use (Peak Pricing 4-9 p.m. Every Day) rate plan when customers use energy is as important as how much they use.

The transition to this Time-of-Use rate plan will occur by geographical region and affect approximately 2.5 million customers in PG&E's service area in stages. 38,648 customers in San Joaquin, 30,337 in Placer, 20,552 in El Dorado, 19,771 in Yolo, 10,941 in Tuolumne, 10,165 in Calaveras, 6,479 in Amador, 4,380 in Stanislaus, 606 in Sacramento, 568 in Sierra and 215 in Alpine counties will receive a series of notifications by mail that started in December 2021 to allow them ample time to make a choice if they prefer another rate plan.

Customers can choose another rate plan at any time and are encouraged to update their contact information to ensure they receive important program updates. To view a customized rate plan comparison, customers can visit their account online at [www.pge.com/TOUchoice](http://www.pge.com/TOUchoice). PG&E does not profit from this change.

All California investor-owned electric utilities are required to automatically

transition customers to the Time-of-Use rate plan to support a cleaner, healthier, and more reliable energy grid. Some customers will not automatically move to the Time-of-Use rate plan including those enrolled in the Medical Baseline program.

"To ensure our customers are fully aware of the transition to the Time-of-Use rate and how the program works, we're communicating this change more than 90 days ahead, and we'll continue to share information before each regional transition takes place," said Marlene Santos, PG&E's Chief Customer Officer. "And customers can choose the rate plan that best fits their needs and lives at any time."

Customers who automatically transition to this Time-of-Use rate plan will receive risk-free Bill Protection for the first 12 months on the delivery portion of the bill. If a customer pays more on the Time-of-Use (Peak Pricing 4-9 p.m. Every Day) rate plan than they would have on their current rate plan, PG&E will automatically credit the customer the difference for the first year.

More About Time-of-Use Rate Plans  
Customers on these rate plans can choose to shift and reduce some energy use to lower-cost time periods (19 hours) every day, including weekends and holidays. The hours of 4 to 9 p.m. are higher priced (peak times). All other times are lower priced (off-peak). Environmental advocacy groups such as the Natural Resources Defense Council (NRDC) support the transition to TOU rates as the plans help build healthier communities. ★

# State Senator Jim Nielsen Endorses Sheriff Jones for Congress



Scott Jones

Sheriff Scott Jones for Congress

SACRAMENTO, CA (MPG) - Sacramento County Sheriff Scott Jones announced that he has secured the endorsement of State Senator Jim Nielsen in his race for California's 3rd Congressional District. Senator Jim Nielsen represents California's 4th State Senate District, which contains the CA-03 counties of Placer and Sacramento.

Senator Jim Nielsen is known as a tough-on-crime conservative and champion of lower taxes and controlled government spending. Senator Jim Nielsen was first elected to the State Senate in 1978 where he served until 1990 and has also served in the State Assembly from

2009-2012. He then returned to the Senate in a 2013 special election. Senator Nielsen has also served as the Chairman of the California Board of Parole and Prison Terms.

"Sheriff Scott Jones has distinguished himself as a courageous law enforcement leader, always putting the interests of the community and crime victims first. I trust Scott Jones to stand against the 'woke' politics that fuels the agenda to 'defund police' and release dangerous criminals early. Scott possesses both the unique experience and sound judgement to help restore our nation's law and order as our member of congress for the third district. Sheriff Scott Jones has my strongest endorsement." - State Senator Jim Nielsen, former chairman of the California Board of Prison Terms and co-author of California's Crime Victims Bill of Rights

Sheriff Jones accomplished a strong record of leadership at the Sacramento County Sheriff's Office, stewarding the Department's recovery from the worst financial crisis of its history, becoming a regional

leader in the fight against gangs, and hiring a record number of women, minorities, and veterans. As one of the foremost experts on law enforcement in California, Sheriff Jones is an advocate for investing in public safety and a vocal opponent of the 'Defund the Police' movement. In Congress, Jones will be an advocate for fiscal accountability, border security, and restoring criminal justice to America's communities. A nationally recognized law enforcement leader, Jones has testified before congress, and has presented at two white house conferences on law enforcement, immigration, and safety issues.

California's 3rd Congressional District includes the Counties of Placer, Nevada, Mono, Sierra, Inyo, Plumas and Alpine and portions of Sacramento, El Dorado, and Yuba Counties. It is an open seat and Republicans hold a 7-point registration advantage.

To learn more about Sheriff Scott Jones and his campaign for Congress, visit: [scottjonesforcongress.com](http://scottjonesforcongress.com). ★

# Defendant Charged for Murder of Emma Roark w/Special Circumstances

Sacramento County District Attorney

SACRAMENTO COUNTY, CA (MPG) - District Attorney Anne Marie Schubert has announced the filing of criminal charges in the tragic death of Emma Roark. Mikilo Rawls has been charged with murder along

with several special circumstances, making this a capital case. Rawls is also charged with kidnap, rape, sodomy, and an allegation that the victim was bound or tied in the course of the sexual assault. It is also alleged that Rawls has previously been convicted of a first-degree burglary,

which is a strike offense under California law.

Criminalists from the Sacramento County District Attorney's Crime Lab responded with the Sheriff's Department and assisted in processing the crime scene. Evidence obtained from the victim matched a known

profile of Rawls and detectives from the Sheriff's Department obtained an arrest warrant for Rawls, which was executed Friday, February 11. That warrant is a document on file with the court and available for public inspection within the rules of the Sacramento Superior Court.

"The circumstances of this murder are horrific, and our sympathies go out to Emma Roark's family," said DA Schubert. "I am incredibly proud of our Crime Lab criminalists who responded to the scene and dedicated every available resource to identify a responsible party." ★

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Del Monte Brand \$3.99  
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G7 Brand \$3.99  
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Excellent Brand \$4.99

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Napolitana \$4.99  
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# School Rocks on after 2nd Robbery



Students rehearse at the Carmichael School of Rock's Fair Oaks Boulevard studio.

**Story and photo by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Public support has been "overwhelming" after thieves hit the Carmichael School of Rock for the second time. A February 10 break-in resulted in the loss of five electric and acoustic guitars. The Fair Oaks Boulevard school opened last November; it was robbed for the first time on December 13.

In-store alarms limited the recent robbery. Video footage recorded two Caucasian perpetrators and their damaged, silver Toyota sedan. "There's no doubt it was the same guys," said school co-owner Jason Kline. "They took the exact same

stuff both times." Kline said he and staff were "spooked" but determined to keep the music playing. "Because not all students have their own instruments, it's important we have them here for their use," Kline explained. "Losing them is unfortunate but the community is behind us: people have come to our support and donated instruments. We've also had an increase in enrollments (student numbers have grown from 150 to 230 since his school opened). "We're going to keep moving on and keep rocking."

To assist the School of Rock call (916) 907-7625 or visit the premises at 6359 Fair Oaks Boulevard, Carmichael. ★

# New County Animal Care Director

**By Kim Nava, Sacramento County**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County has a new Director of Animal Care and Regulation.

The Board of Supervisors, at its Jan. 25 meeting, concurred with the County Executive's appointment of Annette Bedsworth as Director, effective Feb. 14. Bedsworth will replace Michael Doane, who had been the department's Acting Director since June 2020.

"Ms. Bedsworth has a distinguished record of significant achievements during her tenure as Executive Director for Animal Services in Stanislaus County. Sacramento County will benefit greatly from her leadership and expertise, and we look forward to welcoming her to the organization," said Mike Penrose, Interim Deputy County Executive, Community Services. "I would also like to thank Michael Doane for his willingness to provide leadership to the department as we searched for a permanent director."

Bedsworth has more than 30 years of public service, including more than 20 years in management and director level positions. Since 2008, she has served



**Annette Bedsworth, Director of Animal Care and Regulation.** Photo provided by Sac County

as the Executive Director for Animal Services for Stanislaus County. In that position, she led the agency to achieve significant improvements, including increasing the life-saving rate from 9 percent to more than 90 percent for both cats and dogs.

Her noteworthy program implementations include the Community Cat Program, which reduced euthanasia by 40 percent in its first year, and the Dog License Amnesty program, which generated 8,000 new licenses in the first 30 days of the program.

Bedsworth has a Bachelor of Arts degree

in Family and Consumer Sciences from California State University, Fresno and is a Southern University Utah Animal Services Executive Leadership graduate. She is Vice President for the National Committee for International Public Management Association (IPMA) for Human Resources and is associated with the Marketing Committee for Cal Animals, the National Committee for Human Animal Support Services, Stanislaus Scholarship Committee, and serves as a mentor for the Stanislaus County Student Program. ★

# CSRMF Names Schroepfer as President and CEO

*Continued from page 1*

Schroepfer has an impressive background in management and the orchestration of large-scale event and theatrical productions for prestigious organizations across the country. Before joining the California State Railroad Museum Foundation, Schroepfer worked as Director of Production & Preservation for Mahaiwe

Performing Arts Center in Great Barrington, Massachusetts. Prior to that, he worked as Director of Production for Utah Shakespeare Festival at Southern Utah University in Cedar City, Utah and as Production Manager for the University California at Los Angeles, School of Theater, Film and Television. Schroepfer earned a Bachelor of

Arts degree in Musical Theater from University of Stockton (UOP), a Master of Fine Arts in Producing from the California Institute of the Arts, and a Master of Business Administration from the University of Massachusetts, Amherst Isenberg School of Management.

"As the Foundation moves toward the new

normal, Tim has provided the passion and direction to re-engage our membership through operations and events," added Thomas Gilbert, Past Chair of the California State Railroad Museum Foundation. "He's the right person at the right time."

Schroepfer is civic minded and involved in

a variety of community organizations and causes, including as Cub Master for Cub Scouts Pack 118 and as an active participant in the Leadership Sacramento Class of 21. Schroepfer is a resident of Elk Grove where he resides with his wife Erica and two active young boys.

The mission of the

California State Railroad Museum Foundation (CSRMF) is to generate revenue and awareness on behalf of its destinations, while supporting the preservation, interpretation, and promotion of our railroad heritage. For more information, please visit [www.californiarailroad.museum](http://www.californiarailroad.museum). ★

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This charming 2 bedroom and 1 bath house has it all! Outside enjoy a private European courtyard and well-landscaped front yard. The backyard has RV access. Step inside to a bright and airy floor plan with open-concept living. The kitchen/dining/living room combo offers great natural lighting with expansive dual pane windows. Enjoy spacious bedrooms and a newly remolded bathroom. Highlights include newer laminate flooring and an indoor laundry room.

---

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Welcome home to a spacious floor plan with 4 bedrooms and 3 full baths. This home has been fully upgraded with all of the bells and whistles! The sleek, open-concept kitchen is an entertainer's dream. The sumptuous master invites total relaxation. Highlights include gorgeous tiled flooring throughout, upgraded lighting, indoor laundry room, owner-owned solar system, and tankless water heater.

---


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**BUSINESSMAN OF THE YEAR**  
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Carmichael Times



**BUSINESS OF THE YEAR**



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# Capitol Shrinks Transparency and Accountability



By Dan Walters  
CALMatters

When Jerry Brown became governor in 1975, succeeding Ronald Reagan, the Capitol experienced something of a political culture shock.

Brown stocked his administration with young poverty warriors, civil rights attorneys and labor unionists who immediately began undoing what Reagan's conservative regime had wrought during the previous eight years. That meant rewriting, repealing or replacing countless "administrative rules" that the Reaganites had promulgated in many state agencies.

Very soon, the Brownies' ideological shift to the left sparked a backlash, particularly from the business community, which eventually led to legislation to give the Legislature authority to reject proposed rules, a direct rebuke to Brown.

However, just as the legislative power grab appeared to be happening, Assembly Speaker Leo McCarthy interceded with a compromise — an Office of Administrative Law, empowered to review proposed rules and make certain they comply with the intent of the underlying legislation.

The OAL has gone about that work ever since.

However, in recent years, the Legislature and governors have begun quietly bypassing the OAL by exempting some rulemaking from its review and, in some cases, exempting policies from even going through the normal rulemaking process altogether. Agencies are thus empowered to issue their decrees suddenly and without any opportunity for those affected to comment prior to promulgation.

We should thank lobbyist Chris Micheli for blowing the whistle on this trend. Micheli, a legislative process wonk, has written an article that catalogs how some legislative measures bypass the OAL and in some instances the Administrative Procedure Act (APA), which governs the process for writing and adopting rules.

He cites as an example, 2019's Senate Bill 1, a blanket adoption in state law of all federal labor and environmental standards in effect prior to Donald Trump's election as president. SB1 exempted this massive change in law, affecting virtually every business and every worker in the state, from both the APA and OAL oversight as an emergency action that would remain in place for six years.

Micheli writes: "What is the problem with creating an exemption from the APA? First, it means that the Legislature (a body that is accountable to the public) has delegated its authority to an executive branch agency that does not have to seek public input on its actions.

"Second, it means that notice and the ability to comment are eliminated for

members of the public and the regulated community.

"Third, it means that an executive branch agency or department not only has authority to adopt regulations, but also that it does not even have to follow the statutory procedures for adopting those regulations."

Unfortunately, bypassing rulemaking procedures and OAL oversight is not an isolated example of the pernicious tendency of Capitol politicians to limit both transparency and accountability as they issue decrees affecting the lives of nearly 40 million Californians.

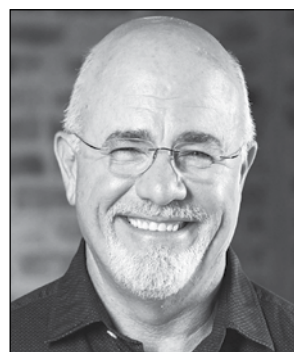
For instance, after declaring a COVID-19 emergency nearly two years ago, Gov. Gavin Newsom has issued dozens, or perhaps hundreds, of orders, some unilaterally suspending state law but having the power of law themselves.

The state budget, now approaching \$300 billion, is routinely written in secret by the governor and a few legislators and then enacted with minimal public notice. Many budget "trailer bills" make major changes in state policy with only cursory airing.

Legislative hearings on bills are now largely superficial exercises in which a few pro and con witnesses are given just a few minutes to state their cases and no one else is allowed to say anything other than name and organization.

It's what happens when a Capitol is under total control by one party.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★



## Dave Ramsey Says

### Is it a Loan, or is it a Gift?

Dear Dave,

We have \$15,000 in credit card debt. My husband works very hard, but only makes about \$25,000 a year. We're also living in a very old trailer right now, and I stay at home with our newborn. My dad told us he is willing to pay off our debt if we agree to get financial counseling together, and show that we are serious about doing better with our finances. What should we do?

– Harper

Dear Harper,

I wouldn't accept the money from your dad if it's going to be a loan. If you really want to ruin family events, have debt to your parents. It twists you up inside. And it'll be especially hard on your

husband. No matter what anyone else says, the borrower is *always* slave to the lender.

If it's going to be a gift, meaning there's no expectation of repayment, that's a different story. Still, I think your dad has a great idea in making the debt payoff contingent on you two going to some kind of financial counseling, and making a proactive effort to change things, get out of debt and save money – for your child's future *and* for yours. I'd probably do the same thing.

It doesn't sound like you're being crazy with your money, but it's tough to provide for a family on that kind of income. You and your husband need to sit down together, develop a monthly budget and a realistic five-year plan to improve his earning potential. Make it a date night. Hold hands, do something inexpensive you both enjoy, and let him know he can be anything he wants to be. Then, help him decide exactly what and where he wants to be in five years.

What does he want to be making, and what feasible steps can he take educationally or in terms of job training to get there?

If you want to go to work at some point when your baby is a little older, that's fine. I completely understand the desire to be at home with a brand new baby. But hard work alone just isn't enough these days. You've got to boost your brain power and value in the marketplace, too. God bless you guys!

– Dave

Dave Ramsey is a seven-time #1 national best-selling author, personal finance expert, and host of *The Ramsey Show*, heard by more than 18 million listeners each week. He has appeared on *Good Morning America*, *CBS This Morning*, *Today Show*, *Fox News*, *CNN*, *Fox Business*, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

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Mom volunteered for a group called the Camellia club. She was a team mom

at my cheerleading competitions, the Sewing instructor for 4H and was the volunteer at Our Lady of Assumption Grade school. She seem to be everywhere they needed a volunteer. Blanca was the MOM that the dictionary would have place a photo next to the meaning of MOM.

Unfortunately, Mom's demise was the devastating disease of Alzheimers. Our Almighty Lord and Saviour took her home on January 21st, 2022 to become whole again.

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- CLUES**
- ACROSS**
- Short for specification
  - Knave
  - \*Like President Eisenhower's head
  - \*One fourth of a Presidential term
  - Take-out handout
  - The Beast's problem in "Beauty and the Beast"
  - \*Pres. Eisenhower established this space agency
  - Thought
  - Body of water
  - \*#22 and #24
  - First-rate, slangily
  - Terminate, as in mission
  - Lingerie staple
  - Public speaker
  - Ivory tickler
  - \*"Fresh Prince of \_\_\_-Air"
  - Most likely to win
  - Pot contribution
  - By surprise
  - Indian restaurant staple
  - Lacking justification
  - Office communique
  - Greece and Bulgaria peninsula
  - Overnight stop
  - Indifferently
  - Sturdily built
  - English course abbreviation
  - \*"\_\_\_ it easy"
  - Oliver Twist, e.g.
  - \*University of Virginia founder
  - African prairie
  - \*Second most-popular Presidential birth state, after Virginia
  - Arm bone
  - Poem at a funeral
  - German title
  - Arnold Lobel's "Mouse \_\_\_"
  - High school club
  - Clinton \_\_\_ Rodham
  - Hitler's Deputy
- DOWN**
- Update a FitBit
  - Sound of bells
  - "At \_\_\_ soldier."
  - Modern tie forerunner
  - Aromatic lumber
  - Beside, archaic
  - Two of the same
  - \*The only President who was a bachelor
  - \_\_\_ 51, Nevada
  - Law school entry requirement, acr.
  - Bear's room
  - Edith Piaf's hit
  - Meat of coconut
  - Digital tome
  - Trash container, e.g.
  - \*One of three Presidents to win a Grammy
  - James Dean's famous role
  - Remember this battle
  - \*First to serve coast to coast
  - Indo-Aryan, as in languages
  - Did not smell good
  - Like yellow polka dot bikini
  - June 6, 1944
  - Salt in cocina
  - \*a.k.a. Silent Cal
  - Loosen ropes
  - Deli acronym

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**NOTICE OF PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY M. THOMAS  
CASE No. 34-2021-00311779

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Mary M. Thomas deceased. A Petition for Probate has been filed by Steven Arthur Nelson, in the Superior Court of California, County of Sacramento, requesting Steven Arthur Nelson be appointed as personal representatives to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows May 12, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Angela C. Thompson 1555 River Park Drive Suite 108 Sacramento, CA 95815 El Dorado, CA 95762 916-920-5983 Publish: February 18, 25, and March 4, 2022 COLLEY 17062 3-4-22

Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows April 5, 2022 9:00 a.m. in Dept 129. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Angela C. Thompson 1555 River Park Drive Suite 108 Sacramento, CA 95815 El Dorado, CA 95762 916-920-5983 Publish: February 18, 25, and March 4, 2022 COLLEY 17062 3-4-22

**NOTICE OF HEARING ON PETITION TO DETERMINE CLAIM TO PROPERTY**

To all former clients, heirs, beneficiaries, creditors and contingent creditors of and persons who may be otherwise interested in the trust or estate or both of Frederick Stephenson. A Petition to Determine the Claim to Property has been filed in Superior Court of California, County of Sacramento, requesting the Trustee of the Frederick Stephenson 2020 Trust take legal possession and ownership over the remaining funds held in Frederick Stephenson's Attorney-Client Trust account (U.S. bank Account number 1-534-5501-4404). If you were a prior client of Frederick Stephenson (California State Bar #39418) and believe you have a claim to the return of fees you paid to him, please contact attorney, Peter A. Galgani, at (916) 498-1357 or contact the Sacramento Superior Court, Probate Division, or appear at the hearing on March 10, 2022, at 9:00 a.m. in Department 129. YOU MAY EXAMINE the file kept by the court. The attorney representing the Petitioner is: Peter A. Galgani, attorney at law 916 Second Street, 2nd Floor, Sacramento, CA 95814. Telephone number 916-498-1357. Due to Covid-19 procedures, all appearances at the hearings must be remote either by telephone (888) 475-4499 or via Zoom at the link: <https://sacourt.zoom.us/j/dep129a>. The Zoom meeting ID# is 689-534-3925. STEPHENSON 2-25-22

**NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT MELVIN GLIDEWELL**  
CASE No. 34-2021-00311420

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Robert Melvin Glidewell deceased. A Petition for Probate has been filed by Sandra Lee Colley, in the Superior Court of California, County of Sacramento, requesting Sandra Lee Colley be appointed as personal representatives to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent

**NOTICE OF PUBLIC LIEN SALE SELF STORAGE AUCTION**

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to the California Storage Act (Sections 21700-21716 of the Business & Professions Code.) **ARMOR MINI STORAGE:** Property is located at 5714 Auburn Blvd., Sacramento, CA 95841. The auction will be conducted entirely online at: <https://bid13.com/>  
Auctioneer: Bid13.com 1-844-348-2776; agent for Owner. Contents for the following lien units will be sold: UNIT #B029-FRANCISCO MALDONADO, UNIT #B067-EDDIE LOVE, UNIT #B068-KEISHA FORDFLEMING, UNIT #B097-KERSTEN GAINES, UNIT #B116-ARTHUR HAYGOOD, UNIT #B138-THALIA SMITH, UNIT #D032-DEBORAH HOMME, UNIT #E092-DEBRA WALKER, UNIT #H103-RONALD TALFORD, UNIT #H121-KRYSTAL GREGERSEN, UNIT #H165-DANIEL PACHECO, UNIT #H197-LAWRENCE BRADEN. Pictures of the contents of the storage space can be seen online. Bids must be entered online beginning THURSDAY 2/17/22 at 10am PST and ending THURSDAY 2/24/22 at 10am PST. Payment must be made at the time of purchase. All items in the unit are sold as is and must be removed within three days of the time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party.  
Carmichael Times February 11 and 18, 2022

**PUBLIC NOTICE**

American Towers LLC is proposing to collocate 12 new Panel Antennas on an existing 84.1' monopole telecommunications tower. The project will also include a new 10-foot-wide easement extending north, along with a 30ft buffer surrounding the current and proposed lease area, at 10220 Elder Creek Rd, Sacramento, Sacramento County, CA, 95829, PID 06600300220000. American Towers LLC seeks comments from all interested persons on any potential significant impact the proposed action could have on the quality of the human environment pursuant to 47 C.F.R. Section 1.1307, including potential impacts to historic or cultural resources that are listed or eligible for listing in the National Register of Historic Places.  
Interested persons may comment or raise concerns about the proposed action by submitting an e-mail to [enviro.services@americantower.com](mailto:enviro.services@americantower.com). Paper comments can be sent to: American Towers LLC, Attn: Environmental Compliance, 10 Presidential Way, Woburn, MA 01801. Requests or comments should be limited to environmental and historic/cultural resource impact concerns and must be received on or before 3/13/22. This invitation to comment is separate from any local planning/zoning process that may apply to this project.  
Carmichael Times February 11 and 18, 2022

**REQUEST FOR PUBLIC BIDS**

Bids are invited for the Mission Oaks Recreation and Park Districts (MORPD) Security services contract. This contract is for recurring security services of MORPD's three facilities and 15 parks. Specifications and bid packets will be available on the district's website [www.MORPD.com](http://www.MORPD.com) and at the mandatory job walk on February 28, 2022.  
This is a public works contract subject to compliance monitoring and enforcement by the department of industrial relations. No contractor or subcontractor may be listed on a bid proposal, nor be awarded a contract for a public works project unless registered with the department of Industrial Relations pursuant to labor code section 1725.5.  
A mandatory pre bid job walk will be held on **Monday, February 28, 2022, from 9 to 11 am starting at the District Office located at 3344 Mission Avenue Carmichael, CA 95608**. Bids will be returned unopened to those bidders not in attendance at the scheduled pre bid job walk. Interested bidders are encouraged to register beforehand with the district to [JRHichborn@MORPD.com](mailto:JRHichborn@MORPD.com). MORPD will receive bids until 2pm Monday, March 14, 2022 at the District Office (3344 Mission Avenue Carmichael CA, 95608) Attn: J.R. Hichborn, Parks Superintendent. Bids received after this time will not be accepted. Bids must be submitted in the bid forms contained in the bid packet available on February 28, 2022. Bids submitted in any other form will not be accepted. MORPD reserves the right to waive any irregularities and reject any and all bids.  
Carmichael Times February 18 and 25, 2022

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# Rewarding Student Volunteers



Newsom and lawmakers have dramatically expanded the state financial aid program in other ways that give students aid directly, like cash and grants to fully cover tuition. MPG file photo

By Mikhail Zinshteyn, **CALMatters.org**

A new California program to financially reward college students for volunteering has drawn national attention – but less than half of its budgeted money is going to actual student aid.

The California Volunteers College Corps program, backed by \$159 million in mostly state money, promises to award up to \$10,000 to 6,668 low-income students who volunteer in K-12 education, on climate action or to reduce food insecurity.

That only works out to \$66.7 million for students, though. So where is the other \$92 million going?

Mostly it's going to hiring and administrative costs despite no guarantee the program will continue past 2024. Some experts think that money split makes sense because students could benefit from training and there's a chance the program would get additional funding in the future. Other experts think the money should go directly to students, so fewer of them will have to work on top of their other responsibilities.

The program is set to last two years, though Gov. Gavin Newsom suggested at a Jan. 18 press event that he'd ask the Legislature to expand the program "if this thing works." Part of the money will go toward an external evaluation of the program.

Almost all of that \$92 million that's not going directly to students is meant for program costs, according to a budget CalMatters received from California Volunteers, the state office running the program. Forty-five colleges and universities – nearly all public – will share the money.

Of that, \$77 million is for a whole array of operations work to build up the volunteer program. That includes money for the colleges whose students will be in this program to develop their local programs and partner with the

nonprofits where students will work. Costs include: hiring consultants and staff, acquiring extra office space and IT equipment; recruiting the actual student volunteers and funding the nonprofits where they'll do their volunteer work; providing students career and academic advice plus training events; and an external evaluator, who'll be hired at a later date, to assess the volunteer program.

Another \$15 million is reserved for California Volunteers personnel.

Not only is the program a way for students to give back to their community but it's also an opportunity that allows students to be "learning about a career and also earning while learning that career," said California Community Colleges Chancellor Eloy Ortiz Oakley.

But a state program for connecting students to careers already exists. Last year's state budget injected \$200 million into a new work-study program for college students, with \$300 million more planned for this year.

Student participants will begin volunteering through the program fall of 2022. Upon completing 450 hours during the academic year, each will get \$10,000.

The money is split up into two buckets – \$7,000 paid out regularly and a final lump sum of \$3,000 after a year of service. As students fulfill their hours, they'll be paid as if they're campus employees through their college or university's payroll system. Even if students don't volunteer the full 450 hours, they'll receive a prorated amount of the initial \$7,000. But to receive the final \$3,000, students will need to complete the full 450 hours of service.

Unlike the federal AmeriCorps, undocumented students may participate in the California volunteer program. State officials want 20% of the volunteers to be undocumented students who receive state financial

aid. They're eligible for the same \$10,000 available to other students, but their pot will come from state dollars only, while federal funds will cover a portion of \$3,000 other students will be awarded.

But all that extra money may create a headache for some volunteers. The \$7,000 volunteers work toward counts as income, which may "impact a student's financial aid," reads a program FAQ. Campuses are urged to work with their financial aid offices to "mitigate any impact" for students. Also, the \$7,000 is taxable income, meaning taxes will be deducted each paycheck.

Only full-time students will be eligible for the service program.

The College Corps state volunteer program builds on a smaller effort California launched in 2020, about six months into the COVID-19 pandemic. Though that smaller effort had the goal of attracting 250 students, ultimately 199 participated, according to performance review data that Julie Goggins, a California Volunteers spokesperson, shared with CalMatters. And some – 7% – didn't complete their full hours of service and so weren't awarded the full amount for which they were eligible. Most students – 90% – also acquired professional development skills, according to performance review assessments. Some colleges from the pilot round are also participating in College Corps.

**The budget for the volunteer program makes sense, but the devil's in the details, said Alexandra Graddy-Reed, a professor who studies nonprofits at the University of Southern California. She likes that students who volunteer will receive various layers of advising. It's another way for the colleges and the state to expose those low-income students to opportunities wealthier students often already receive through their**

families' connections, Graddy-Reed said.

All those services require more personnel and hiring people is expensive, which helps explain the program costs, she said. The mix of volunteerism and various advising "sounds good to me" as a way to spend tax dollars, Graddy-Reed added. Still, she'll want to see the specific hiring decisions colleges will make at the local level and whether most of the operational funding will be for College Corps or for general campus operations.

Campus-level contract amounts won't be available until the summer, according to Goggins.

Some campuses have begun advertising their programs. UC Davis and three other Sacramento-area colleges will share up to \$16 million for about 1,000 student volunteers. Fresno State and Fresno City College will bring on about 120 students over two years.

Newsom and lawmakers have dramatically expanded the state financial aid program in other ways that give students aid directly, like cash and grants to fully cover tuition. But those are all ongoing programs, while the money for the volunteer program is just two years. From a publicity standpoint, it's probably better to create a temporary program, such as College Corps, than to briefly expand access to ongoing grants only to have them disappear soon after, Shireman mused.

Student housing in California is already tight and the state has big plans to expand enrollment at the University of California and the Cal States. A \$5 billion proposal would give campuses loans at no interest.

Mikhail Zinshteyn has been a higher education reporter since 2015. As a freelancer, he contributed to *The Atlantic*, *The Hechinger Report*, *Inside Higher Ed* and *The 74*. ★

# SAFE Credit Union to Award \$10,000 in Scholarships

**Public Relations and Communications Specialist Press Release**

**FOLSOM, CA (MPG)** - SAFE Credit Union will award \$10,000 in scholarships to high school seniors this Spring. The 2022 Scholarship Program in its 22nd year will provide 10 outstanding college-bound seniors each with a \$1,000 scholarship.

With SAFE's commitment to student achievement in mind, the Scholarship Committee will select awardees based on their exceptional grade point average, financial need,

letters of recommendation and a personal statement.

Applicants, or a parent or guardian, must be an active member of the credit union and live or attend school in counties SAFE serves: Alameda, Amador, Butte, Contra Costa, El Dorado, Nevada, Placer, Sacramento, San Joaquin, Solano, Sutter, Yuba, and Yolo.

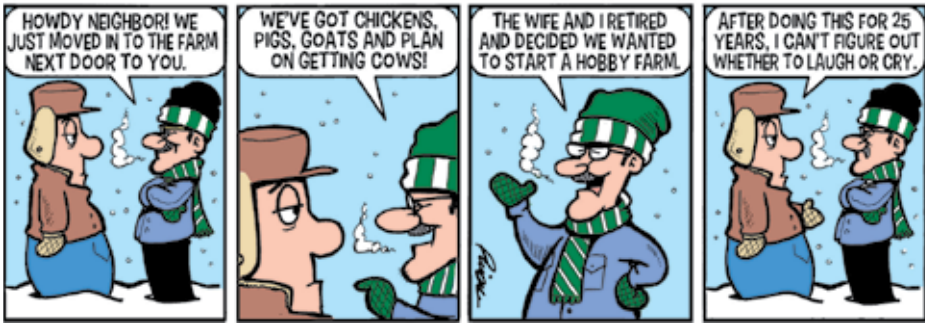
The 2022 application package is available online at [safecu.org/2022Scholarship](http://safecu.org/2022Scholarship) or call (916) 979-7233 or (800) SEE-SAFE for more information. Applications must be emailed to [scholarships@safecu.org](mailto:scholarships@safecu.org) or postmarked no later than Feb.

28, 2022, and addressed to: SAFE Credit Union ATTN: SAFE Scholarship Committee 2295 Iron Point Road, Suite 100 Folsom, CA 95630-8765 *SAFE Credit Union has made members an integral part of its vision since 1940. Over the years the credit union has kept the focus on what really matters, putting members first, a formula that has seen SAFE grow into a leading financial institution in Northern California with over \$4.3 billion in assets and about 245,000 members.* [www.safecu.org](http://www.safecu.org) ★

# WEEKLY COMICS

## Amber Waves

by Dave T. Phipps



## The Spats

by Jeff Pickering



## Out on a Limb

by Gary Kopervas



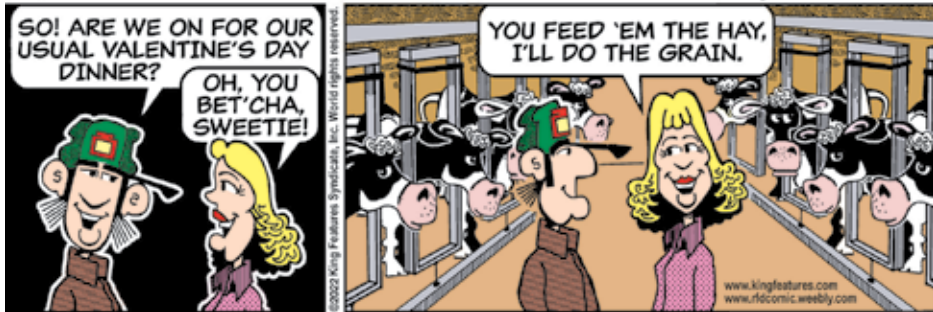
## THEY'LL DO IT EVERY TIME

BY AL SCADUTO



## R.F.D.

by Mike Marland



## GRIN and BEAR IT

## LAFF-A-DAY

## Just Like Cats & Dogs

by Dave T. Phipps

## HOCUS-FOCUS

BY HENRY BOLTHOFF



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# Nielsen and Borgeas Introduce Bill to Fund Critical Water Infrastructure Projects



Jim Nielsen

By Jann Taber, California Senate Republicans

## SACRAMENTO, CA (MPG)

Senators Jim Nielsen (R-Red Bluff) and Andreas Borgeas (R-Fresno) announced they have introduced Senate Bill 890 to ensure millions of acre-feet of water is stored during wet years instead of being flushed out to sea.

"In 2014, California voters approved funding to build large, aboveground water storage," said Senator Nielsen. "Because of bureaucratic red tape and a lack of sufficient funds due to increasing costs, we haven't even turned a shovel on Sites Reservoir. That's unconscionable. We have the money to fully fund that reservoir and now's the time to do it."

SB 890 advances the goals of Proposition 1 (2014) by making significant investments in California's aboveground water storage and conveyance infrastructure. Specifically, SB 890 will establish the Water Storage and Conveyance Fund that

will provide:

\$2.6 billion to complete the funding of Sites Reservoir in Colusa County; and \$685 million to repair the Friant-Kern/Delta-Mendota Canals and the San Luis Field/San Joaquin Divisions of the California Aqueduct.

"California's water storage and conveyance challenges transcend partisan divides and have been exacerbated due to the recent drought," said Senator Borgeas, who chairs the Senate Agriculture Committee. "Clean, reliable water in California is not only critical to our country's economy and food supply, but also our national security. Without proper storage and conveyance investments, California cannot continue to lead the nation in food production."

Completion of Sites Reservoir would ensure an additional 1.5 million acre-feet of water is stored during wet years and made available to cities, farms and the environment during times of drought.

California's Central Valley canals are in severe need of repair. Canal diversion and conveyance capacity have degraded due to substantial land subsidence caused by regional groundwater overdraft.

For example, the southernmost third of the Friant-Kern Canal has lost 60 percent of its ability to carry water. As a result, farms, cities and

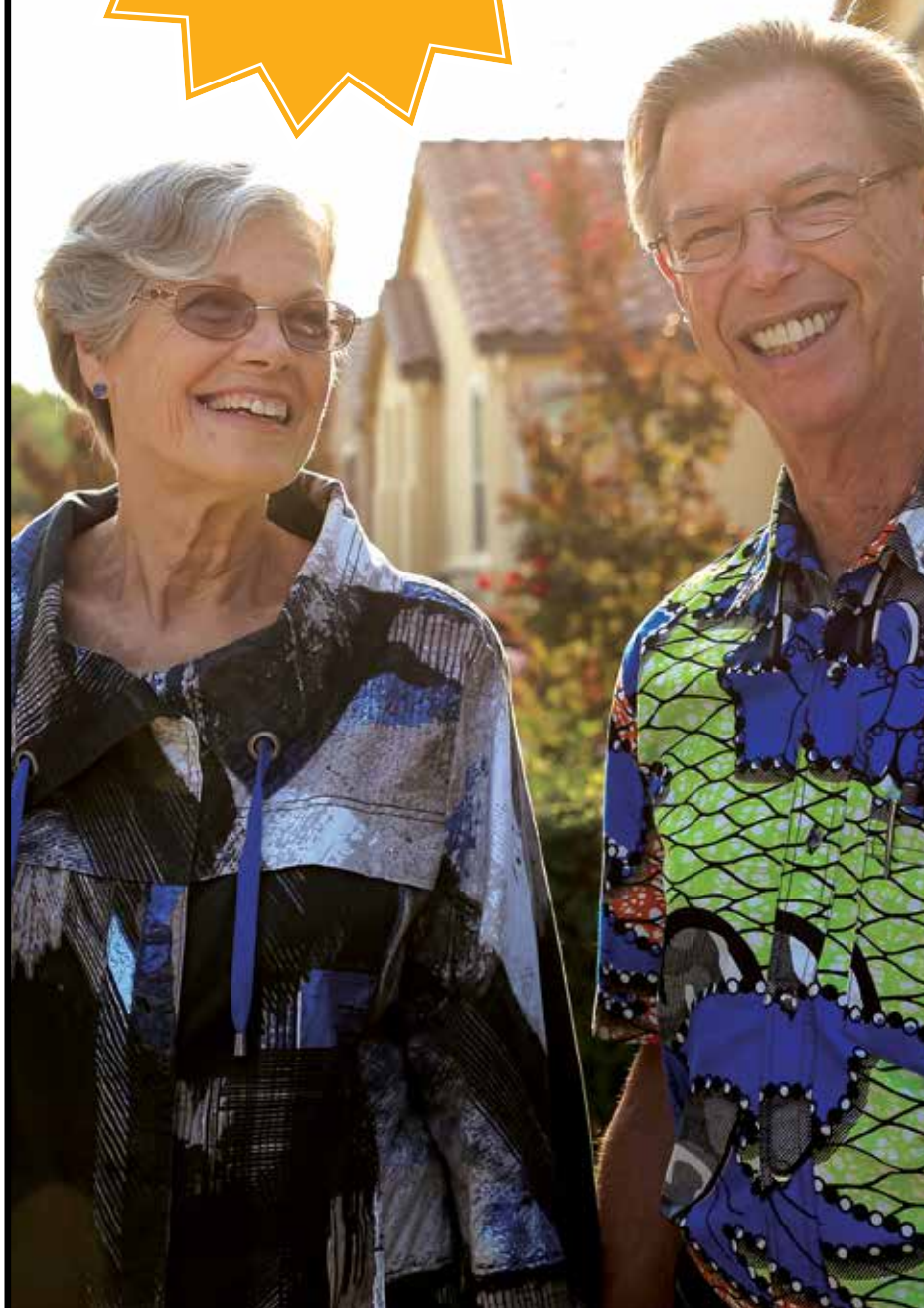
rural communities that rely on the canal are losing up to 300,000 acre-feet of water per year in deliveries. Similarly, the diversion capacity of the Delta-Mendota Canal has decreased from 4,600 cubic feet per second to 3,211 cubic feet per second at the terminus.

The Legislature has the opportunity to fund these critical water infrastructure projects using taxpayer revenue that has already been collected. This is because under state law, infrastructure projects may be financed using revenue from the General Fund when it exceeds the State Appropriations Limit, or Gann limit.

The need for reliable and dependable water storage infrastructure and conveyance is vital. The completion of Sites Reservoir and repairs on the Central Valley canals would go a long way toward preserving public health, protecting the environment and maintaining economic viability.

State Sen. Jim Nielsen represents California's 4th senate district, which spans from Sacramento to Tehama County.

State Sen. Andreas Borgeas represents California's 8th Senate District, which encompasses all or portions of Amador, Calaveras, Fresno, Inyo, Madera, Mariposa, Mono, Sacramento, Stanislaus, Tulare, and Tuolumne. ★



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# Californians Are Having Problems Paying Medical Bills

**California Health Care Foundation Special Release**

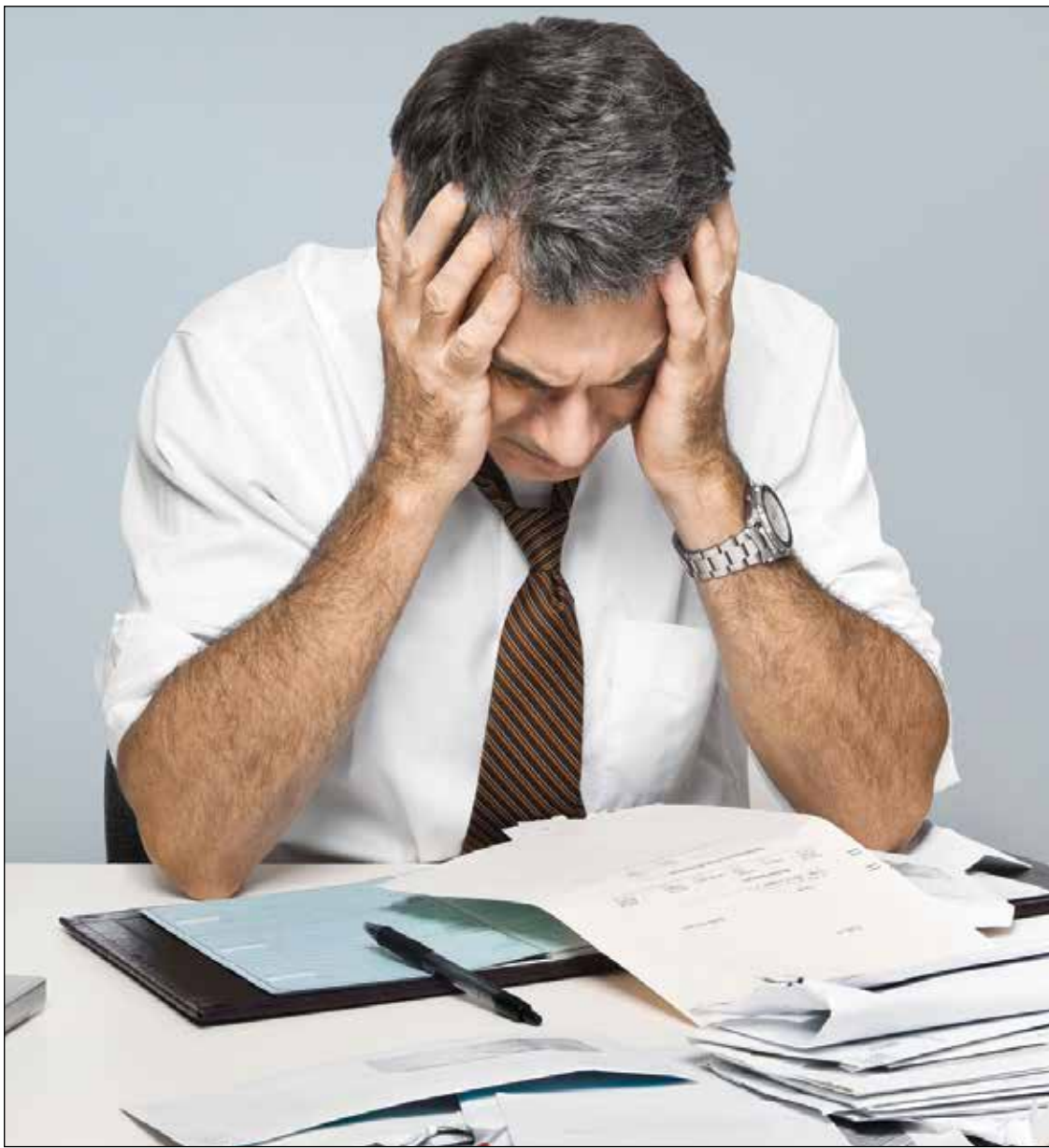
**NORTHERN CA (MPG)** - The rising cost of health care continues to be one of California's most urgent issues, with one in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation and NORC at the University of Chicago. Of those who postponed care, the survey finds, 47% report their health condition worsened as a result, up from 41% last year.

More than eight in 10 Californians say it is "extremely" or "very" important for the California governor and legislature to work on "making health care more affordable" in the coming year, a level of support higher than several other noteworthy issues, from improving public education and combating climate change to addressing racial inequality.

The 2022 CHCF California Health Policy Survey was conducted September 27 through November 17, 2021, among a random representative sample of 1,681 adults age 18 or older living in California. The annual poll captures Californians' views on health care affordability, housing and homelessness, experiences with health care, and COVID-19.

Although it was conducted before the Omicron surge, this year's survey finds COVID-19 continues to be a major concern for Californians, with 56% saying their health has been negatively impacted by the stress and anxiety caused by the pandemic. One in ten Californians says the pandemic has worsened their chronic health conditions.

Topping the list of Californians' health care



One in four Californians saying they have struggled to pay at least one medical bill in the past 12 months, up from 20% last year and 49% saying they have postponed care due to cost, according to a newly released statewide survey conducted by the California Health Care Foundation. MPG file photo

priorities is making sure state and county public health departments have the resources they need to respond to emergencies (51% said this was "extremely" important; 34% said "very" important). This was followed by ensuring there are enough doctors, nurses, and other health providers across California (48% "extremely;" 39% "very"), providing all Californians with access to health insurance coverage (48% "extremely;" 32% "very"), and making sure people

with mental health problems get the treatment they need (47% "extremely;" 36% "very").

"The latest numbers show that the high cost of health care and the high cost of housing are both taking a toll on the health of Californians," says Kristof Stremikis, director of Market Analysis and Insight at the California Health Care Foundation. "The rising cost of medical care is causing millions of Californians, especially people with lower incomes and communities of

color to postpone care and experience worse health outcomes as a result. Californians are clear they want this problem to be addressed."

While cost issues are a rising concern for all Californians, they have become particularly serious for lower-income households: 43% of Californians with lower incomes report having problems paying for at least one medical bill, an increase from 32% compared to last year. More than six in 10 Californians overall worry about unexpected

medical bills (63%) and out-of-pocket health care costs (60%), and half of Californians are worried about affording monthly health insurance premiums (51%) and prescription drugs (49%). By comparison, 52% of Californians said they were worried about gas costs and 50% worry about the cost of their rent or mortgage.

Nearly one in five Californians (17%) who report trying to make an appointment for physical health care say it was "very" or "somewhat" difficult to find a provider who took their insurance. Latinx Californians (21%) are twice as likely as White Californians (11%) to report difficulty, and those with lower incomes (30%) are more likely than those with higher incomes (12%) to report that it was difficult to find a physical health care provider who took their insurance.

One in five Californians (19%) say they or someone close to them has experienced a period of homelessness in the past five years. The same proportion (19%) are "very" or "somewhat" worried about experiencing homelessness. Californians also see a connection between affordable housing and health status with 80% of Californians saying lack of affordable housing impacts the physical or mental health of people with low incomes "a lot" or "some."

Nearly six in 10 Californians (59%) believe that the health care system treats people unfairly based on their race or ethnic background: one quarter (26%) "regularly" and a third (33%) "occasionally." Eighty-three percent of Black Californians expressed this belief, a significantly higher percentage than any other race or ethnic group. In addition, Black and Latinx Californians were more likely than White or Asian Californians to report negative experiences by a doctor or other health care provider. ★

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