

Yoga Spreads Unconditional Laughter PAGE 2



Carmichael Times

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DISTRICT 3 THANKS **SUSAN PETERS**



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DOES MEDICARE COVER ALZHEIMER FACILITY CARE?



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CALIFORNIA IS NO 1 IN ROUGH HIGHWAYS



Farmers Market to Return



Greater Sac in Regional Stay Home Order

Sacramento County **Public Information Office**

SACRAMENTO COUNTY, CA (MPG) - The State of California announced that the Greater Sacramento region has met the ICU availability criteria of 15 percent or less to trigger the State's Regional Stay at Home Order. Once triggered, the Thursday, Dec. 10, order will remain in effect for at least three weeks.

In alignment with the Regional Stay At Home Order, Sacramento County residents are required to stay at home as much as possible and minimize mixing with other households in order to slow the surge in cases and hospitalizations to help prevent overwhelming regional ICU capacity.

The following sectors must close all operations until further notice: Amusements

parks; Bars, breweries, distilleries, and wineries; Cardrooms and satellite wagering; Family Entertainment Centers (e.g. arcades, batting cages, bowling alleys, and kart racing); Hair salons and barbershops; Indoor playgrounds; Live audience sports; Museums, zoos, and aquariums; Personal care services (e.g. body piercing, body waxing, estheticians, massage therapy, nail salons, and tattoo) In alignment with the Regional Stay At Home Order, the following sectors are permitted for OUTDOOR operations only until further notice. These sectors must still maintain mitigation measures (social distancing, face coverings, and sanitization) and specific modifications in parenthesis below: Drive-in movie theaters (maximum 25% capacity or 100 people, whichever is fewer); Gyms and fitness centers; Places of worship (maximum 25% capacity or 100 people, whichever is fewer); Recreational facilities (e.g. athletic fields, playgrounds, tennis courts. golf courses, skate parks, etc.; onsite sales or consumption of food or beverages is prohibited) In alignment with the Regional Stay At Home Order, the following sectors are permitted for INDOOR operations. These sectors must still maintain mitigation measures (social distancing, face coverings, and sanitization) and specific modifications in parenthesis below: All retail (maximum 20% capacity); Standalone Grocery Stores (maximum 35% capacity; the sale of food or beverages Continued on page 3

Sunday Farmers Market will be back in business soon. The community's celebrated veggie source recently "vexited" to Sunrise Mall, Citrus Heights.

This abrupt decampment blindsided local supporters and Carmichael Park District adminis-Recreation and Park administrators. trator Mike Blondino Living Smart Markets organization noted that Living began the weekend tradition as farmto-fork pioneers in 2008; hundreds of vendors have since offered locallysourced produce and crafts every week. Since summer, CRPD and Living awarded until all RFQ Smart have coexisted month-tomonth. The arrangement kept the outlet open while CRPD worked with on a recently-posted Request For Qualifications process. This course allows other licensed market operators

week explained via Facebook that their relocation was prompted by the unavailability of a year-long agreement. Smart was welcome to seek such a deal: the contract would nevertheless not be

by early 2021.



applicants were considered - probably "We love the farmers market and what it provides for the community and

The market will continue with a temporary operator. Reopening could be as soon as this Sunday but certainly within weeks. For information updates, visit www.carmichaelpark.com

Restaurants Challenge Shutdowns

vendors," said Blondino. "We're work-

ing to bring it back as soon as possible."



Forum convenors and supporters faced a gathering of suffering merchants.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Carmichael's Milagro Centre last weekend provided a forum for restaurant, salon and small business owners proposing to defy COVID shutdown orders. Food Industry veterans were among more than 60 supporters who shivered in the parking lot after their use of Milagro's interior was nixed for safety reasons. Attendees' overriding wish was to maintain safe protocols and doors open.

Many felt their businesses were targeted without good reason.

Arcade realtor Lillian Fulton convened the rebel forum. Her activism was inspired by a restaurant employee who was forced to file for unemployment for the second time.

"Businesses need to stand strong and we need to stand beside them," said Fulton. "COVID closures should stop. Let's let everyone have a Christmas. America was founded on rebellion. So let's rebel."

Several restaurant *Continued on page 3*

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Change Service Requested

Yoga Spreads Unconditional Laughter

By Thomas J. Sullivan

SACRAMENTO REGION, CA (MPG) -Take a deep breath. Hold it, hold it, hold it... and exhale with a giant, joyful belly laugh! You are about to experience the worldwide health phenomenon known as Laughter Yoga!

Linda Kalb Hamm, a certified laughter yoga instructor, offers an hour of exercises on Zoom on Tuesdays from 6 to 7 p.m. designed to encourage its participants to laugh for no apparent reason. No mats or poses are involved, and each session involves a variety of playful laughter exercises, spontaneous giggle meditation, and guided relaxation techniques.

Laughter yoga offers one a helpful way to laugh away the worries and stresses of the day, literally an opportunity to "laugh their angst off", she whimsically believes.

Kalb Hamm completed her undergraduate studies in sociology and psychology at U.C. Berkeley and went on to earn her Master's Degree in Education. Whether she is working with children, teens, adults, seniors or Alzheimer's memory care patients, as she did prior to the onset of the pandemic, Kalb Hamm says she experiences that same contagious delight of childhood as her new and continuing students discover the relaxation and joy of unconditional laughter where all are welcome to learn.

She discovered laughter yoga in 2012 as a participant in the University of San Francisco's integrated medicine therapy program. Kalb Hamm quickly discovered that sessions of laughter yoga offered her great therapeutic value in pain relief for an injured shoulder. She soon sought to become a certified laughter yoga instructor, later conducting sessions in a variety of settings, for groups of all ages. In all, she has taught thousands of students the basics of laughter yoga and has inspired many



Laughter Yoga is gaining popularity from participants and endorsements from the medical community with annual events such as California Worldfest happening near the Sacramento area. Photo courtesy of Linda Kalb Hamm

of her former students to become certified laughter yoga instructors themselves.

Kalb Hamm had hosted in-person laughter yoga sessions in Fair Oaks and the greater Sacramento area through the social media app, "Meet Up" on the second and fourth Monday of each month from 6:45 to 7:45 p.m. at Meridian Veterinarian Care at 9712 Fair Oaks Boulevard before shifting her sessions to Zoom in mid-spring due to the pandemic shelter in place orders.

"Laughter has two sources, one from the body, one from the mind. Adults tend to laugh from the mind," she said, and all of us "have a child inside us who is wanting to laugh and wanting to play." Laughter yoga is based on the concept of cultivating one's "childlike playfulness", she explains.

"We use judgments and evaluations about what's funny and what isn't," she says. Children, who laugh much more frequently than adults, laugh from the body. "They laugh all the time they're playing."

Participants tend to be more female, than male, she's discovered, as men due to cultural roles and responsibilities have to work



Linda relishes in the spirit of laughing for no reason. Photo courtesy of Linda Kalb Hamm

a little harder to let go of that mindfulness and laugh playfully.

Dr. Mandan Kataria, a physician from Mumbai, India, is considered the founder of and chief proselytizer for laughter yoga, a movement that since 1995 has spawned 5,000 laughter clubs - in which people meet regularly just to laugh - worldwide. This interactive form of yoga for all ages and abilities, has inspired over 7,000 laughter clubs in over 100 countries. As research on the psychological and physiological benefits of laughter continues to grow, laughter yoga is gaining prominent endorsements from the medical community (Dr. Mehmet Oz, Dr. Andrew

Weil), media (Time Magazine, Wall Street Journal, Psychology Today, CNN, BBC) and celebrities (Oprah Winfrey, John Cleese, and Ellen DeGeneres).

Kalb Hamm begins each Tuesday laughter yoga Zoom session with a series of standard warm-ups. She starts by having people clap rhythmically and chant, "Ho, ho, ha, ha, ha" several times. She then tells her Zoom participants to take a series of deep breaths, filling their lungs fully with air and then each releasing a hearty laugh.

How do you laugh when nothing is funny? Just open your mouth into a wide smile and force the breath out. You may feel silly at first, she said, but when you're enjoying the experience with a group of people on Zoom or in person who are fully committed to laughing, the make-believe version often transforms into the real thing.

Next come the individual exercises. We soon look at the individual Zoom participants who have joined us in the session and greet one another with a laugh. The presence of the web camera is soon forgotten. Kalb Hamm encourages her participants to look into other people's eyes and urges all not to worry if their laughter at the beginning feels forced. In time, genuine laughter will come, and soon all are laughing along with one another.

Laughter yoga teaches its participants how to "laugh for no reason," without relying on jokes or humor or the critical mind. Its playful, child-like exercises allow the participant to chuckle long enough to reap the health, emotional and social benefits of spontaneous laughter.

Kalb Hamm said not only do many of us need to learn this new way to laugh, which emphasizes yogic breathing, acupressure clapping and hearty belly-bursting guffaws, but we also need to practice this form of uninterrupted laughter for at least 15 minutes to fully reap the benefits.

"The psychological rewards can be a reduction of stress, anxiety, tension and symptoms of depression," she said. "Laughter gives us hope and optimism to deal with difficult and negative situations that may challenge us. When we laugh together, we see the best in ourselves and none of our differences really matter," she said.

Her free weekly Laughter Yoga group is open to all who want to learn to laugh for no reason. Join allies and members of Sacramento LGBTQ Center to see how the universal language of laughter can help enhance physical and mental well-being and add more joy and sparkle to your life.

on Zoom or in person who are Visit Kalb Hamm's Facebook fully committed to laughing, the page at www.facebook. make-believe version often trans- com/LaughingMyAngstOff/

or her web page at LaughingMyAngstOff.com/ to register for an upcoming Zoom session and receive the ID code and password to participate. Upcoming sessions are Tuesday, December 22 and 29, 2020 from 6 to 7 p.m. She can also be reached by email at Imaowithlinda@att.net ★



Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised Items are SUBJECT TO AVAILABILITY. Sony NO RAINCHECKS. PRICES EFFECTIVE DECEMBER 26 - DECEMBER 22, 2020.

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICA OR PICTORIAL ERRORS. All odvertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE DECEMBER 16 - DECEMBER 22, 2020.

Restaurants Challenge Shutdowns

Continued from page 1

owners spoke through tears. Representing the 70-yearold Spaghetti Factory chain, Christine Dariotis said her husband, owner George Dariotis, was fighting stagefour cancer and was now more stressed than at any time during his life in hospitality. "We've had to let go employees who've been with us for 30 years," she explained. "For us, the emotional pain is as hard as the financial toll."

Carmichael's Bella Brew Café owner Liz Mishler lamented the expense of staying in business. "We've spent so much on partitioning, and propane heaters so people can eat outside," she explained. "We're constantly sanitizing. If there are COVID spikes, it's not because people eat inside, at 25 percent of restaurant capacity."

Restaurateur Michael Donoho worked 16-hour shifts to build up three Waffle Experience restaurants. His company has laid off 120 employees. He and company executives now work without salary and take unemployment checks. "My employees are terrified," Donoho said. "There's no hope in sight for them. The State can't keep shutting us down with no plan of action. Restaurants are clean by their very nature. Our inside air is changed up to 20 times per hour. Sanitizing is bred into our culture. We are not the disease spreaders. I refuse to close my restaurants; this might make me a target, but I'm asking you all to stand beside me."

Michael Helmrich recalled his Taiwanese immigrant parents' struggle to establish their Mandarin Restaurant in the 1980s. "They broke their backs," he said. "Now everything they achieved is



Supervisor Sue Frost, attorney Keith Dunnigan (left) and Lillian Fulton (back, right) addressed business owners at Carmichael's Milagro Centre

being taken away. I'm glad they're not able to see what we're going through.

"But I'm staying open," Helmrich said to applause. "We'll get through this."

Salon veteran Michael Kendrick spoke for hairdressers and manicurists: "If Governor Gavin Newsom can still get a haircut and a paycheck, so should we," he declared. "Protocols that we're following work. We need to open our doors and save our as--s."

Sacramento Board of Supervisors chair Sue Frost was cheered as she encouraged merchants to fight for survival. "Are we prolonging COVID spread by locking it down?" she asked. Objections to proposing County fines on rebel businesses have totaled more than 3000 e-mails and 85 phone calls, she said. The supervisor announced a January 8-10 "Reopen California Now" conference. Assembling state policy makers at Rancho Murieta, the forum will be live-streamed all across USA. "I'm calling it an event," said Frost. But it's really more of a movement."

Gold River attorney Keith Dunnigan praised small businesses as California's lifeblood. "Our State government will figure that out in a year," he predicted, "when they see our economy stripped by a lack of tax revenue. Relief isn't coming fast enough for people needing help today." The lawyer advised merchants to build relationships with landlords. "Chances are they're struggling, too," he said. "It's a good time to talk about minimizing rents and extending leases.'

Should authorities come pounding on rebel business doors, Dunnigan encouraged scrutiny of their legal procedures. "The Federal Government isn't allowed to summarily do things without due process," he said. "You have the right to take them to task. And one thing the Governor Newsom must learn is that he's not allowed to make regulations that are arbitrary and capricious."

*Anyone may attend a 12:30 pm meeting supporting beleaguered businesses at the Waffle Experience 13405 Folsom Boulevard (Folsom) on December 23.

*Learn about activist Lillian Fulton's campaign to assist merchants at www. Saveourbusiness.net

*Details of the January 8-10 Rancho Murieta event are posted at www.reopencalnow.com *

Greater Sac in Regional Stay Home Order

Continued from page 1 for in-store consumption is prohibited); Child care; Critical infrastructure; Hotels/lodging (for critical infrastructure workers tion, professional sports

or to provide housing (without live audiences). solutions for homeless); Libraries (maximum 25%) capacity); Medical and dental care; Movie produc-

*Restaurants may operate for takeout and delivery only. Any dine-in (indoor or outdoor) is prohibited.

Shutdown Furthers Economic and Education Disparities

By Nghia Nguyen, Office of Senator Jim Nielsen

SACRAMENTO, CA (MPG) - Without data Governor Gavin Newsom ordered another shutdown picking winners and losers, and thereby, creating winners and losers. Unfortunately, it appears that the losers will be children in public schools and the working class. Senator Jim Nielsen (R-Tehama) issued the following statement:

"Shutting the down the state again will only hurt the citizens of California. Nowhere in the nation has it been proven that this is an effective method of combatting the coronavirus. The first closure drove the state into a recession. Storefronts are boarded up. Many mom-and-pop shops are on the brink of permanent closure.

"The first shutdown put millions into unemployment. Hundreds of thousands of Californians are still waiting for their benefits, while Gavin Newsom's EDD sends cash cards to death row inmates.

"Elected officials cannot abide by their rules, and now, they are imposing stricter rules on everyday Californians? Not only are these officials breaking their own guidelines, they are flaunting their wealth and privilege while millions of Californians are on unemployment, waiting for unemployment or lining up at food banks.

"Shutdowns disproportionately impact the working class and the working poor. High income earners are doing well, many are flourishing from the comforts of their homes.



My decisions now keep the holidays safer.

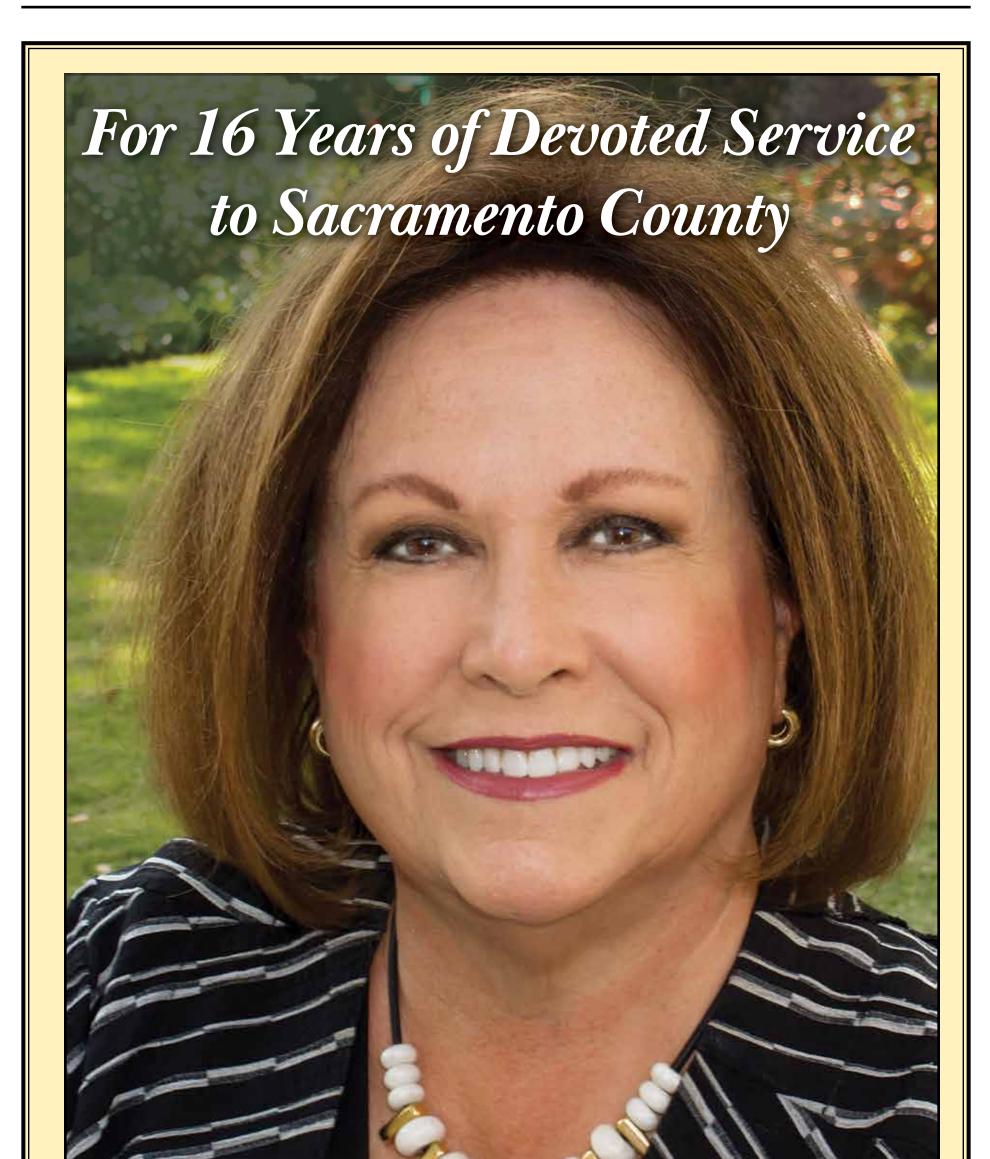
Taking action today protects all of us tomorrow.

Give the gift of a healthier, safer holiday season. As cold weather gets closer, keep your loved ones safe by getting tested for COVID-19, wearing a mask, physical

distancing and avoiding large gatherings. Practice good habits and take care of each other.

Visit SacCountyCOVID.com to learn how you can make a difference.





District 3 Thanks Supervisor Susan Peters

Elected 2004. Re-elected 2008, 2012, 2016. Retiring 20 January 2021. Susan's achievements during four terms in office are her community legacy. Thanks also to Howard Schmidt, for his long service as Susan's Chief of Staff. You are always Welcome in District 3! This appreciation sponsored by: The Carmichael Times; Susan Maxwell Skinner; Fulton Avenue Association; Supervisor Muriel and Ernie Johnson; Supervisors Sandy Smoley, Sue Frost and Rich Desmond; Peter Tateishi; Carmichael Rotary Club; Linda Beech Cutler; Gabriel Rasi DDS; Allan Davis; Kim Pacini-Hauch; Carmichael Chamber of Commerce; Carmichael Improvement District; Carmichael Parks Foundation; Carmichael Recreation and Park District

California is No 1 in Rough Highways



By Dan Walters **CALMatters**

Much has been said and written about the nation's stark political divisions and a state-bystate map of November's presidential election confirms them.

The 50 states were evenly divided between President Donald Trump and his successful challenger. Joe Biden, but the latter triumphed by winning the more populous states.

This week, another map was published that bore an uncanny resemblance to the ones portraving the presidential outcome. Generated by Money Geek, a website devoted to personal finance issues, it displays the differences among states in the conditions of their highways and in how much they are spending on roadway maintenance.

Overlaying the political and roadway maps reveals that in general, the bluer states – those that favored Biden – also tend to have the roughest roads while motorists in pro-Trump red states generally have smoother pavement beneath their tires.

Coincidence? Perhaps, but the data may also say something about political priorities.

California, not surpris-

Money Geek calculations of mediocre in spending on roadway roughness, based on federal data. Anyone who has driven extensively in other states can attest that highways elsewhere are much more user-friendly and that crossing the state line back into California is literally a jarring experience.

The only place American drivers can find rougher roads is in the deep blue District of Columbia.

California is followed in the rankings by blue states Rhode Island, Hawaii, Wisconsin, Massachusetts, New York and New Jersey.

Among red states, the worst roads are found in No. 11 Louisiana. At the other end of the scale, very red Oklahoma has the nation's smoothest roads, followed by Idaho, Indiana and Alabama, all of whom went for Trump.

Why California has such crappy roads is one of those nagging questions that defy easy answers.

Californians drive a lot, well over 300 billion miles a year, so one of the factors is that our highways get a lot of wear and tear.

However, lots of driving also consumes lots of fuel, more than a billion gallons a month, and generates lots of gas tax money. A few years ago, former Gov. Jerry Brown and the Legislature boosted fuel taxes sharply to the second-highest level of any state. At nearly 75 cents a gallon, including federal taxes, they are just behind those in Pennsylvania, which also has relatively bad roads.

Despite the tax increase, however, Money Geek says ingly, fares the worst in California is no better than

highway maintenance and improvements at \$13.95 per lane mile a year. That's twice what Oklahoma, which has the best highways, spends, so California clearly hasn't been getting much bang for its gas tax bucks.

The big tax increase, which also included a stiff hike in auto registration fees, raises an estimated \$5 billion a year and was billed as a way to catch up on decades of maintenance neglect.

The money is going out the door. Earlier this year, the California Transportation Commission approved \$17.4 billion in state and federal funds for nearly 900 projects that will, the commission's chairman, Paul Van Konynenburg said, "make roads and bridges safer for California drivers (and) will save drivers money by fixing the potholes that can damage vehicles."

The tax increase legislation requires the California Department of Transportation (Caltrans) to meet certain goals by 2027, including that 98% of the pavement on the state highway system be in good or fair condition and that at least an additional 500 highway bridges get fixed.

Will Californians actually see better roads, or will deterioration outpace even this big boost in spending? We may know by 2027.

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers.



By County Supervisor Susan Peters

Through the generosity of The Carmichael Times this is my last column written as your representative on the Board of Supervisors for the communities of Arden Arcade and Carmichael so please allow me to express my appreciation for the privilege and honor of serving you for16 years in elected office.

Neighborhoods First

I've always believed that our suburban neighborhoods should be recognized and that led me to work with our local Board of Realtors to establish a program installing names of recognized neighborhoods on our street signs. Over time Arden Manor, Arden Park, Carmichael Colony, Carmichael Creek, Del Paso Manor, Sierra Oaks, Sierra Oaks Vista and many others have received that recognition on the street signs in their able to establish design guidelines for commercial as well as multi-family development. Before that, many developers - national chains in particular – had one standard for suburban locations and a more stylish one for urban sites. Now projects go through a Design Review Advisory Committee.

Transparency

When I joined the Board many residents complained about transparency about development projects. Now all entitlement project locations are posted with a sign (similar to a real estate sign) bearing the county seal with a notice directing persons to a website that contains information about the project including the application, drawings, name of the assigned planner, hearing body, etc. Furthermore, with the advances in technology residents now can get email notices with respect to meeting agendas of the Community Planning Advisory Council, Planning Commission and the Board of Supervisors to name a few.

CARMICHAEL COMMUNITY UPDATE

existed when I took office. The unique aspect to the PBID is property owners and businesses raise funds through a self-imposed assessment and they decide how to spend those funds on the type of improvements they want. Over the vears Fulton Avenue property owners have renewed the PBID and the improvements funded include the distinctive arch at Auburn Boulevard plus the impressive landscaped medians and the undergrounded utility lines. Based upon their success I encouraged other property owners to form PBIDs which resulted in the creation of the Carmichael Improvement District. I also have been working with property and business owners along Arden Way for a PBID covering the stretch between Ethan Way to Watt Avenue. While there is interested, the process is still a work in progress - hopefully my successor will be able to make it a reality.

Improving Infrastructure

I'm proud to have added sidewalks along several major roadways where there were none so pedestrians, especially school children, now have safe places to walk (examples include Hurley Way, respected areas. I also was Edison Avenue, Watt Avenue, etc.). And I take satisfaction in the street improvements made during my tenure including the beautification of Auburn Boulevard, Watt Avenue, and Fair Oaks Boulevard - plus soon Phase 1 of the Arden Way Complete Streets Project will commence.The Neighborhood Traffic Management Program operated by the Department of Transportation has proved since 2005 to be a popular approach utilized by residents on a specific street to obtain speed bumps and other speed-reduction devices through a consen-

Public Safety

The Sheriff's Department functions as our local police force for all of us who live in the unincorporated area. That's why I have always supported full funding for the department because defunding the Sheriff's Budget means putting public safety at risk. Our Sheriff's Department has been very innovative through the creation of the Homeless Outreach Team, the Sexual Assault Felony Enforcement (SAFE) Team, and the Youth Services Division that involves deputies serving as mentors to our youth. I supported having procedures implemented to address citizen complaints via independent and objective review through an Inspector General - and in this year's budget funding has been provided for body cameras for deputies.

Preserving the Parkway

The American River Parkway is a unique natural resource worth protecting.

While in office, the number of park rangers has increased and most recently a 55-member volunteer Bike Patrol now watches over the bike trails and they are trained in firstaid, CPR and basic bicycle repair. During the Fourth of July in 2006 some of you may recall the parkway became a problem on the river due to massive alcohol consumption that led to fights, public nudity, profanity and tons of litter. I supported an alcohol ban between Hazel and Watt avenues which is now annually enforced Labor Day as well as Memorial Day, too, making the parkway more family friendly during those holidays.

Teamwork

There's too much to cover in this limited space involving the past 16 years but I want to acknowledge that much of what was accomplished has to be attributed to the assistance received from my able staff - Terri Conde-Ortiz who probably greeted you when you called, Vanessa McCarthy-Olmstead who served as my deputy chief of staff and served as a liaison to many of the area's business organizations and Howard Schmidt, my chief of staff, who provided good counsel and kept me organized from my first day in office and continued to do so until the end. On January 4 Rich Desmond will take over as your new supervisor and I wish him the best.

Ask Joni **Does Medicare Cover**

Alzheimer Facility Care?



Morning Toni: I read your Medicare column regularly and have never seen you address the issue of paying for an Alzheimer facility care. I am concerned that I

Toni King

may wipeout my 401K or savings if need arises due to a long-term care or Alzheimer's need arises for me or my wife.

Currently, my 88-year-old mother has been living in an Alzheimer's facility for 3 years, costing me and my siblings over \$5,500 each month. Is there any help we can get for her financially?

~ Thanks, Russell from Little Rock, AR

Russell:

No, Medicare does not cover Alzheimer, Assisted Living or Nursing Home care or at home care. Medicare will only pay for a Skilled Nursing stay with days 1-20 having a \$0 co-pay and days 21-100 at \$176 copay per day. After that time, the retiree must absorb the remaining cost themselves, and Russell, you are feeling the money pinch with your mother's Alzheimer home care of \$5,500 per month for the last 3 years with no end in sight.

You are wise to have your mother in an Alzheimer/Assisted Living facility to keep her active as she ages. A recent study showed that one in seven Americans over the age of 70 have some form of dementia and that the number rises to one in three Americans over the age of 85.

The need for Memory Care type communities is rising with the aging population growing and the family members wanting their loved ones to stay active.

A long-term care or chronic illness conditions can be very costly as you are experiencing with the 2020 average annual cost ranging from \$65,000 to \$87,000 per year for semi-private nursing home stay and \$80,000 to \$93,000 per year for private nursing home stay.

Boomers need to be aware that the cost of long-term care is projected to rise in 10 years to over \$131,000 per year and growing to over \$176,000 in 20 years.

Senior living options can be difficult to navigate and for the Adult Child to help their parents. Options include independent living, assisted living and memory care communities providing care for our seniors. Each caters to a different type of individual. Knowing when a loved one needs memory care over assisted living and independent living over memory care can be confusing. As the individual's needs change, so do their needs from their living environment.

Memory care communities are growing because dementia is growing due to various diseases such as Alzheimer's, Parkinson's, MS, and cardiovascular issues. These Assisted Living communities help residents with issues such as dementia living in a safe, homelike environment that caters to their cognitive (a fancy word for mental) needs. Memory care communities help with a range of needs including bathing, hygiene, feeding, incontinence, laundry, cleaning, medication management, mental stimulation and more.

The only way to have a long-term care issue covered financially is with a long-term care policy or pay completely out of your pocket.

Below are a few options for ways to find affordable long-term care or email info@ tonisays.com for more information:

1. Long-Term Care options for you and your spouse:

- a. Traditional Long-Term Care: The younger you are when you and your spouse purchase a long-term care policy, the lower the premiums will be. My advice is search for Long Term Care while younger and in relatively good health. Make sure that the policy covers care at home and facility care.
- b. Hybrid Life and Annuity Policies: Many life/annuity insurance policies have a provision if you need long term care; you can receive a certain amount of long-term care with your life/annuity policy's face amount.

Toni King, author of the Medicare Survival Guide[®] is giving a \$5 discount on the Medicare Survival Guide® Advanced book. Email Medicare questions to info@ tonisays.com or call 832/519-8664

Encouraging Business Participation

The Fulton Avenue Association, a local PBID (property based improvement district), already

sus building process.

Getting more streets paved has been challenging due to a road maintenance backlog amounting to \$789 million – and now the State of California is reporting to all local governments that revenue estimates from the gas tax are down due to people driving less as a result of the COVID-19 outbreak which is causing less purchases of gasoline. Accordingly, our DOT had to delay some paving projects planned for during the summer because of revenue reductions. Hopefully, the economy will improve to generate more funding for transportation that can include complete streets with sidewalks and bike lanes as well as paving.

Susan Peters represented the Third District on the Sacramento County Board of Supervisors from January 2005 to 2021. 🖈





Poppoff! With Mary Jane Popp

1 in **'21**

That's our goal for 2021. But let's you align with, and, therefore experience. check in with those who have the gift of prophecy.

FROM INTERNATIONALL **RENOWNED PSYCHIC MARY T.** BROWNE...

The first six months of 2021 will remain rocky. Things will look much worse before they get better. We must remain very vigilant protecting ourselves from the virus. The FDA will issue emergency authorization for the use of the Covid in January. There will be mass distribution by July. This will accelerate the economic recovery. The Republicans will maintain control of the Senate after the Georgia runoffs. The country will remain divided, but we will see a movement toward greater balance. It is possible that people with opposite political views will be able to share a dinner table without fighting! www. MarytBrowne.com.

FROM PSYCHIC INTUITIVE PAM OSLIE...

I am an optimistic psychic intuitive. I believe most people are resourceful and not only make the best of life's circumstances, but are generous and loving. The world is not going to end. "Necessity if the mother of invention."

So, while everything can look like it's falling apart, it can stimulate creative solutions for the world. I believe our consciousness is evolving - the caterpillar is becoming the butterfly. We are in a shift. Here's an unusual and rarely discussed perspective of the future - parallel universes are real! There is not just one "reality!" AND we have free will. So, strangely enough, the future YOU experience will depend on your thoughts and beliefs. Those determine what universe

www.auracolors.com.

FROM PSYCHIC MEDIUM LISA MCGARRITY...

After a grueling 2020, people are looking to the new year as a source of hope and recovery. 2020 shadow was revealed. Many of our nations standard way of doing things were shown to have a dark underside. 2021 will have a new theme, shadow healed. Expect breakthroughs in healthcare and technology that will bolster our economy and improve our daily lives. Weather patterns will continue to be intense, but people will find new ways of adapting.

Globally, a surprising series of changes in governments will be seen. Iran may restructure its government and resume improved relations with the U.S. and the world. Overall 2021 will still be testing us, but ingenuity will make it tolerable. We will find solutions to the challenges ahead. www.Envisioncrystal.com

FROM BETH LYNCH WHO **CONSULTS HER SPIRIT GUIDES...**

As I meditated on the upcoming year, it was impossible to ignore the energy of 2020. My thoughts shifted to what 2021 can be. It will be a year of renewal and realignment as a species. Where we reflect on what does not serve us personally and globally, it gives our past self, permission to heal, our present self, permission to live, and our future self, permission to create from our soul. The Soul does not separate fear or rebel. It has courage, intelligence, and love beyond our human potential. That is the energy of 2021...Claim it, Live it, Be it! PEACE!!!

I am not psychic, but I do wish you Peace and Blessings to achieve "NUMBER ONE IN '21."

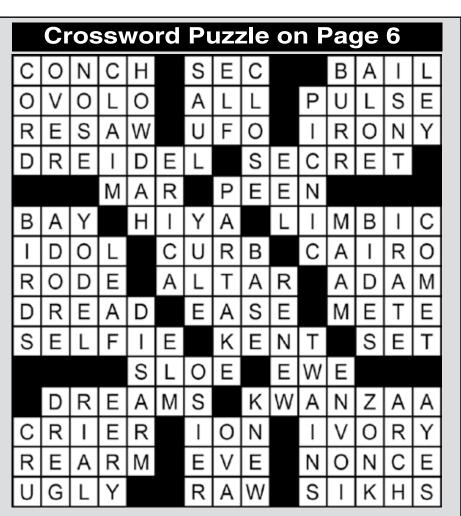
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CLG NEWS UPDATES

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Flynn Speaks at Rally: 'We Cannot Accept What We Are Going Through as Right' | 12 Dec 2020 | Lt. General Michael Flynn spoke in front of a large crowd that rallied on Washington on Dec. 12 to protest election fraud, and began with the story of Jericho. "We are in a crucible moment in the history of the United States of America," he said at the "Let the Church Roar" rally at the National Mall. "And remember, the courts do not decide who the next president of the United States will be ...We the people decide." Thousands gathered to join marches and rallies in Washington on Dec. 12, petitioning the government for fair elections and transparent counting. Similar grassroots protests took place every Saturday since the general election in capitals across the 50 states. Ex-Facebook exec suggests everyone who gets vaccinated to wear certain color mask, reminiscent of Nazi Germany's use of the Star of David | 11 Dec 2020 | Former Facebook executive Chamath Palihapitiya suggested in a tweet on Friday that everyone who gets vaccinated should "all wear a mask of a special design or color" in order to let other people around them know that they have been vaccinated. The idea did not sit well with many on social media, who quickly blasted the idea, comparing it to Nazi Germany's use of the Star of David. "How about we just put a gold star on ones that aren't,?" one user tweeted sarcastically. Other users didn't see the point of having to continue to wear a mask when the vaccine is supposed to provide protection on its own. Facebook sued by FTC, 48 attorneys general alleging it operates an illegal monopoly --Attorneys general included those for Guam and Washington, D.C., and every state except for Alabama, Georgia, South Carolina, and South Dakota | 09 Dec 2020 | A group of 48 U.S. attorneys general led by New York filed an antitrust lawsuit against Facebook on Wednesday, alleging the social media giant is violating antitrust law by buying up competitors and depriving consumers of alternatives that would better protect their privacy. The Federal Trade Commission (FTC) filed a separate suit alleging similar antitrust violations. At the heart of both lawsuits are claims that Facebook's acquisitions of Instagram in 2012 for \$1 billion and WhatsApp in 2014 for \$19 billion, as well as other smaller technology companies, were carried out in order to quash competition. As part of its lawsuit, the FTC wants to force Facebook to break off both Instagram and WhatsApp. Chinese Spy Was in 'Relationships' With at Least Two Midwestern Mayors -**Report** | 08 Dec 2020 | A suspected Chinese spy was linked to at least two anonymous Midwestern mayors, according to a bombshell report from Axios. The political journal said Fang Fang, who also goes by Christine Fang, developed political contacts primarily in California, including Rep. Eric Swalwell (D-CA). It went on to report: "Fang attended regional conferences for U.S. mayors, which allowed her to grow her network of politicians across the country. She also engaged in sexual or romantic relationships with at least two mayors of Midwestern cities over a period of about three years, according to one U.S. intelligence official and one former elected official. At least two separate sexual interactions with elected officials, including one of these Midwestern mayors, were caught on FBI electronic surveillance of Fang, according to two intelligence officials," Axios said. WHO against making coronavirus vaccine mandatory – Such moves have backfired and caused greater opposition in the past, the UN health agency warns | 08 Dec 2020 | The World Health Organization said Monday that persuading people on the merits of a Covid-19 vaccine would be far more effective than trying to make the jabs mandatory. The WHO said it would be down to individual countries as to how they want to conduct their vaccination campaigns against the coronavirus pandemic. But the UN health agency insisted making it mandatory to get immunised against the disease would be the wrong road to take, adding there were examples in the past of mandating vaccines use only to see it backfire with greater opposition to them."I don't think that mandates are the direction to go in here, especially for these vaccines," Kate O'Brien, director of the WHO's immunisation department, told a virtual news conference. "It is a much better position to actually encourage and facilitate the vaccination without those kinds of requirements. I don't think we envision any countries creating a mandate for vaccination." Gov. Kemp Daughter's Boyfriend Killed in Fiery, Explosive Wreck - Loeffler staffer Harrison Deal's death came mere hours after Gov. Kemp called for signature audit of state's ballots. Witnesses reportedly heard explosions from crash over a mile away.. | 07 Dec 2020 | A staffer and close family friend of Georgia Gov. Brian Kemp died in a tragic car wreck Friday morning, hours after the governor called for a signature audit of 2020 election votes. Local media reported 20-year-old Harrison Deal, an aide to Sen. Kelly Loeffler, former intern to Sen. David Perdue and boyfriend of Kemp's daughter Lucy, was the only person who died in a fiery three-car wreck on I-16 in Pooler. Witnesses reportedly heard explosions from the crash over a mile away... Some claimed to have heard multiple explosions that lasted until first responders arrived.





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FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08050 The Journeys World, 3801 Duckhom Drive #622 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "The Journey's World" 3801 Duckhom Drive Apt #622 Sacramento, CA 95834. Filed with the Clerk	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08414 Francisco Rodriguez, 5152 Chicago Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "One Love Tattoo, Well Rounded Tattoo" 9312 Greenback Lane Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 18, 2020 Publish: November 27, December 4, 11, and	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08108 Stephanie Jane Jones, 7428 Verdugo Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Divine Providence Custom Wood Signs & Decals" 7428 Verdugo Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County November 6, 2020 Publish: December 4, 11, 18, and 25, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08663 Leen Marie Nichole Hempstead-Carter, 2217 Del Paso Boulevard Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Leeia's Perfect Hair & More" 2217 Del Paso Boulevard Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 1, 2020 Publish: December 11, 18, 25, 2020 and	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-07458 Parity Property Solutions LLC, 7952 Canyon Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Parity Property Solutions" 7952 Canyon Drive Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 15, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08093 Andriy Baydala, 7780 Lialana Way Citrus Heights, CA 95610 and Bring Forth Irr Trust, 1309 Coffeen Avenue Suite 1476 Sheridan, WY 82801 is doing business under the Fictitious Business Name(s) "Tax & Business Solutions Alliance, Personal Taxman" 7780 Lialana Way Citrus Heights, CA 95610, Filed with the Clerk of
of Sacramento County November 4, 2020 Publish: November 27, December 4, 11, and 18, 2020 JOURNEYS 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08448 Nhung Dinh, 5343 Crown Bend Circle Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "ICUTS" 1506 W EI Camino Avenue	18, 2020 ONE 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-07926 Lee Folkins, 100 Cadillac Drive #42 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "CG ART" 100 Cadillac Drive #42 Sacramento, CA 95825. Filed with the Clerk	DIVINE 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08216 Jaswinder S Bura, 3630 Bridlewood Way, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Subway Sandwich & Salads" 1036 Florin Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 12, 2020	January 1, 2021 LEEIA 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08631 Noreen Scots and Moez Qazi Malik, 9252 Heathfield Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "EZ Jewelry" 7601 Stockton Boulevard Suite C Sacramento, CA 95823. Filed with the Clerk	Publish: December 18, 25, 2020 January 1, and 8, 2021 PARITY 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08899 Ghulam H. Najafi, 2134 Butano Drive Unit 2213 Sacramento, CA 95825 and Azizullah Hadati, 2633 Fulton Avenue #31 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Nilli	Sacramento County November 6, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 TAX 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08344 Luis E Sanchez and Tammy Shay Sanchez, 2712 Argolis Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Leafy Lawr" 2712 Argolis Way
Sacramento, CA 95833. Filed with the Clerk of Sacramento County November 19, 2020 Publish: November 27, December 4, 11, and 18, 2020 ICUTS 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08462 Stephanie Owens, 9772 Philta Way Elk Grove, CA 95757 and Felicia Goldwire, 2347 Cashaw Way Sacramento, CA	of Sacramento County October 30, 2020 Publish: November 27, December 4, 11, and 18, 2020 CG 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-07717 Amiry & Sons Associates, 2400 Fulton Avenue Suite 7 Sacramento, CA 95825 is doing business under the	Publish: December 4, 11, 18, and 25, 2020 SUBWAY 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08456 William Song, 10823 Portico Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "RU4WII" 10823 Portico Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 19. 2020	of Sacramento County November 30, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 EZ Jewelry 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08657 Alvin Powell Loskamp and Cari Lee Loskamp, 4490 Bollenbacher Sacramento, CA 95838 is doing business under the Fictitious Business Name(s)	Enterprise" 2134 Butano Drive Unit 2213 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 10, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 NILLI 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT	Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 16, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 LEAFY 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08824 S Park DDS, Inc., 4141 Allott Ave Sherman Oaks, CA 91423 is doing business under the Fictitious Business Name(5)
95834 is doing business under the Fictitious Business Name(s) "Herban Bliss" 9772 Philta Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County November 19, 2020 Publish: November 27, December 4, 11, and 18, 2020 HERBAL 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT	Fictitious Business Name(s) "Amiry Auto Sales" 2400 Fulton Avenue Suite 7 Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 26, 2020 Publish: November 27, December 4, 11, and 18, 2020 AMIRY 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT EDUFORCE out of the	Publish: December 4, 11, 18, and 25, 2020 RU4WILL 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08461 Bergamo Mille Corp, 3140 Gold Camp Drive, #60 Rancho Cordova, CA 95670 is doing business under the Ficitious Business Name(s) "Speedpro Imaging Unlimited" 3140 Gold Camp Drive, #60 Rancho	"Shipping Center & More" 4628 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 1, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 SHIPPING 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08699 Seven Doors Corp, 1601	FBNF2020-08796 Kelly Carter and John Hanen, 4742 Robert Frost Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "J&K Real Estate" 7947 Garfield Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 4, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021	"Smile Dental of South Sacramento" 6163 Mack Road Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 7, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 SMILE 180201 1-8-21 STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
FBNF2020-08423 Staphonya Washington, 3436 Beretania Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Capital City Speech Therapy Services" 3436 Beretania Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 18, 2020 Publish: November 27, December 4, 11, and 18, 2020 CAPITAL 180201 12-18-20	FBNF2020-08194 Pramesh Kumar, 3200 Truxel Road Apt #266 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "CTIK" 3200 Truxel Road #266 Sacramento, CA 95833. Filed with the Clerk of Sacramento County November 10, 2020 Publish: November 27, December 4, 11, and 18, 2020 CTIK 180201 12-18-20	Cordova, CA 95670. Filed with the Clerk of Sacramento County November 19, 2020 Publish: December 4, 11, 18, and 25, 2020 SPEEDPRO 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08011 Miguel Sandoval, 6065 Sundale Way, #84 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Dany Maids" 6065 Sundale Way,	Alhambra Boulevard #100 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "PMI American River" 1601 Alhambra Boulevard #100 Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 2, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 PMI 180201 1-1-21	J&K 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08529 Khawaja Brothers Transportation Inc, 7406 Wilsall Court Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "KBT" 7406 Wilsall Court Elk Grove, CA 95758. Filed with the Clerk of Sacramento County November 23, 2020	STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2015-09501 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of "Niello Alfa Romeo, Niello Maserati" located at 2535 Arden Way Sacramento, CA 95825. Niello Italian Imports, Inc, 1481 River Park Drive Sacramento, CA 95815. The Fictitious Business Name Statement
FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08486 KBN Holdings, INC, 9525 Flintridge Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Overhead Door" 9525 Flintridge Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 20, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08195 SSL Transport Inc, 3860 Innovator Drive Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "SSL Trucking" 3860 Innovator Drive Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 10, 2020 Publish: November 27, December 4, 11, and	#84 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 13, 2020 Publish: December 4, 11, 18, and 25, 2020 DANYMAID 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08732 Marcus Johnny Colin, 8465 Hollow Oak Court Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Lavish Herbs" 8465 Hollow Oaks	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08633 Coloma Food Inc, 11082 Coloma Road #A1 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Coloma Food and Liquor" 11082 Coloma Road #A1 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 30, 2020 Publish: December 11, 18, 25, 2020 and	Publish: December 18, 25, 2020 January 1, and 8, 2021 KBT 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08813 Michael Mervine, 6740 Admiral Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "VINE Realty Group"	referred to above was filed on December 14, 2015 in the County of Sacramento. Publish: November 27, December 4, 11, and 18, 2020 NIELLO 170707 12-18-20 STATEMENT OF ABANDONMENT OF FICITITIOUS BUSINESS NAME FBNF2019-01130 The following person(s) has/ have abandoned the use of the FICITITIOUS
Publish: November 27, December 4, 11, and 18, 2020 CALIFORNIA 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08436 Brandon Matharu and Kabir Matharu, 4349 Silver Cedar Lane Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Ascendio Properties, Ascendio Group" 4349 Silver Cedar Lane Sacramento.	18, 2020 SSL 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08111 Tami Anderson, 4512 Charleston Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "DWL Design with Lighting" 4512 Charleston Drive Carmichael, CA 95608. Filed with the Clerk	Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 3, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 LAVISH 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08773 Global Positioning System Installers, 11417 White Rock Road Rancho Cordova, CA 95742 is doing	January 1, 2021 COLOMA 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08654 Rizeng LLC, 2450 Ronald McNair Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Happy Day Spa" 2246 Sunrise Boulevard #3 Gold River, CA 95670. Filed with the Clerk of Sacramento County December 1, 2020 Publiche December 1, 2020	Disiness Names NNL Hearly Choup 5750 Sunrise Boulevard #200 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 7, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 VINE 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08871 Sunjit Singh, 6482 Gloria	BUSINESS NAME of "Leeia's Perfect Hair & More" located at 2645 Stonecreek Drive #230 Sacramento, CA 95833. Leeia Marie Nichole Hempstead-Carter, 2645 Stonecreek Drive #230 Sacramento, CA 95833. The Fictitious Business Name Statement referred to above was filed on February 4, 2019 in the County of Sacramento. Publish: December 11, 18, 25, 2020 and January 1, 2021
CA 95834. Filed with the Clerk of Sacramento County November 18, 2020 Publish: November 27, December 4, 11, and 18, 2020 ASCENDIO 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08412 Calvin Stewart and Jennifer Stewart, 4048 Border Lands Drive Rancho	of Sacramento County November 6, 2020 Publish: November 27, December 4, 11, and 18, 2020 DWL 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08063 Evelyn Klaas, 4006 Jane Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s)	business under the Fictitious Business Name(s) "Global Positioning System Installers" 11417 White Rock Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 4, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 GLOBAL 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT	Publish: December 11, 18, 25, 2020 and January 1, 2021 HAPPY 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08656 Project Hope Center LLC, 7900 Amalfi Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Candle Bar" 815 Sutter Street Suite A Folsom, CA 95630. Filed with the Clerk	Drive #38 Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Chahal Brothers Express" 6482 Gloria Drive #38 Sacramento, CA 95831. Filed with the Clerk of Sacramento County December 9, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 CHAHAL 180201 1-8-21	LEEIA 170707 1-1-21 STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2019-05567 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of "Mark J. Mobile Home Park" located at 4724 Madison Avenue Sacramento, CA 9541. Kevin Berger, Trustee, 5150 Madison Avenue Sacramento,
Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Keepin It Real Transport, KIR Transport Services" 4048 Border Lands Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 18, 2020 Publish: November 27, December 4, 11, and 18, 2020 KEEPIN 180201 12-18-20 FICTERIOUS DEVENDED AT A TENEDU	"Soaring Eagle Enterprises" 4006 Jane Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 5, 2020 Publish: November 27, December 4, 11, and 18, 2020 SOARING 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-07604 Pickup Delivery LLC, 3830 Thornwood Drive Sacramento, CA	FBNF2020-08727 Huma Khan Durrani, 7642 Lakewood Park Drive Sacramento, CA 95828 is doing business under the Fictitous Business Name(s) "EZ Wash" 930 T Street Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 2, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 EZ 180201 1-1-21	of Sacramento County December 1, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 CANDLE 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08621 Viktor Dimitrov, 2416 Drayton Drive Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Novatech Marine" 2416 Drayton Drive	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08839 Cerro Rojo International de Mexico, LLC, 2585 Danube Drive Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Cerrimex, LLC" 2585 Danube Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 8, 2020 Publish: December 18, 25, 2020 January 1,	CA 95841. The Fictitious Business Name Statement referred to above was filed on July 7, 2019 in the County of Sacramento. Publish: December 18, 25, 2020 January 1, and 8, 2021 MARK J 170707 1-8-21 ORDER TO SHOW FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA
FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08441 Tina Xiong, 609 South Avenue Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Subtle Touches" 609 South Avenue Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 19, 2020 Publish: November 27, December 4, 11, and 18, 2020 SUBTLE 180201 12-18-20	95821 is doing business under the Fictitious Business Name(s) "Yulia Kirk, Buy Sell House, US Expedite Transport, Enter Talks, Freight Brokerage Logistics." 3830 Thornwood Drive Sacramento, CA 95821 Filed with the Clerk of Sacramento County October 21, 2020 Publish: November 27, December 4, 11, and 18, 2020 YULIA 180201 12-18-20	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08770 Linda and David Mustin, 1N Sunset Drive Lodi, CA 95240 is doing business under the Fictitious Business Name(s) "Twin Cities Board & Care Home" 11098 Twin Cities Road Galt, CA 95632. Filed with the Clerk of Sacramento County December 3, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 TWIN 180201 1-1-21	Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 25, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 NOVATECH 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08781 Mohammed Almusawi, 3911 Annadale Lane #3 Sacramento, CA 95821 is doing business under the Fictitious	And 8, 2021 CERRIMEX 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08675 Debra Gibson, 9575 Red Rock Road Reno, NV 89508 is doing business under the Fictitious Business Name(s) "Gibson & Co Transaction Management" 9575 Red Rock Road Reno, NV 89508. Filed with the	COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288482 Basheer Ahmad Mohammad Naser has filed a petition with this court for a decree changing the name(s) of Bashier Ahmad Mohammad Naser to Bashir Ahmad Jalali. IT IS ORDERED that all persons interested
FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08438 Universal Med Express, LLC, 3230 27th Avenue Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Universal Mobility" 3230 27th Avenue Sacramento, CA 95820. Filed with the Clerk of Sacramento County November 18, 2020 Publish: November 27, December 4, 11, and	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08557 Tyler Silva, 111 Alvaston Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Diversified Association Services (DAS)" 111 Alvaston Court Folsom, CA 95630. Filed with the Clerk of Sacramento County November 24, 2020 Publish: December 4, 11, 18, and 25, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08400 Lucky Cargo Inc, 3180 Sparrow Drive Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "LCI" 3180 Sparrow Drive Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 18, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021	Business Name(s) "AAArchitects & Associates Consulting Engineers" 3911 Annadale Lane #3 Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 4, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 AAA 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08542 Lidini Company, 3337 Surging Budgitzer	Clerk of Sacramento County December 1, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 GIBSON 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08812 JasC & Co LLC, 9116 Dongston Way #1 Sacramento, CA 95826 is doing Dusiness under the Ertitiziene Publices (Data)	in the above entitled matter appear before this court at 1:30 p.m. on January 6, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 10, 2020 David I. Brown, Judge of the Superior Court Publish: November 27, December 4, 11, and 18, 2020 JALAL 180101 12-18-20
18,2020 UNIVERSAL 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08138 Road King Transline Inc, 430 Natalino Circle Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Road King" 430 Natalino Circle Sacramento, CA 95835. Filed with the Clerk of Sacramento, County November 9, 2020 Dublich Numeration 07	DIVERSIFIED 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08395 The Key Project – A Realty Co. Inc., 12313 Montauk Way, Rancho Cordova, CA Jusiness under the Fictitious Business Name(s) Name(s) "The Key Project – A Realty Co. Inc."	LCI 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08463 Magnolia SS, LLC, 9041 Laguna Springs Way Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Magnolia Marketing" 9041 Laguna Springs Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County November 19, 2020	Sunrise Boulevard Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Kitchen Art Inc, Enviro Built Group" 3337 Sunrise Boulevard #8 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 23, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 AAA 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT	Fictitious Business Name(s) "Soap Vibez, Cada Dia' Candles" 9116 Dongston Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 7, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 SOAP 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08746 Apex Lab LLC, 6370	SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288478 Masourneh Jamaleddin has filed a petition with this court for a decree changing the name(s) of Masourneh Jamaleddin to Masourne Jalail. IT IS ORDERED that all persons interested
Publish: November 27, December 4, 11, and 18, 2020 ROAD 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08371 St. Hope Academy, 3033 MLK Jr Boulevard Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "40 Acres Market, Underground Books" 2814 35th Street Sacramento, CA 95817. Filed with the Clerk	Cordova, CA 95742. Filed with the Clerk of Sacramento County November 18, 2020 Publish: December 4, 11, 18, and 25, 2020 THE KEY 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08156 Britney Tezanos- Pinto, 7394 Alma Vista Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Your Creative	Publish: December 11, 18, 25, 2020 and January 1, 2021 MAGNOLIA 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08721 Tenth Hall, Inc, 1610 R Street Suite 280 Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Guide, Powered by Guide" 1610 R Street Suite 280 Sacramento CA 05911 Field with the Clark	FBNF2020-08766 Mohammad Salam, 11560 Linday Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Hi-Tech Wireless" 6808 Front Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County December 3, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021	 W. Flamingo Road Suite 12 Unit 539 Las Vegas, NV 89103 is doing business under the Fictitious Business Name(s) "AUXO" 6151 Fair Oaks Boulevard Suite 108 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 3, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 AUXO 180201 1-8-21 	in the above entitled matter appear before this court at 1:30 p.m. on January 6, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 10, 2020 David I. Brown, Judge of the Superior Court Publish: November 27, December 4, 11, and 18, 2020
of Sacramento Courty November 17, 2020 Publish: November 27, December 4, 11, and 18, 2020 40 MARKET 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08356 Laticia Ferguson, 8030 W Stockton Boulevard #307 Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Smile	Counterpart" 7394 Alma Vista Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 9, 2020 Publish: December 4, 11, 18, and 25, 2020 CREATIVE 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08572 Dhanda Enterprise Inc., 7401 Topanga Lane Sacramento, CA 95842 is doing business under the Fictitious Business	Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 2, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 GUIDE 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08720 Coby Gillock, 5463 Norway Drive Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "First and Ten Insurance Adjusting" 5463 Norway	WIRELESS 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08776 Foxhaus Enterprises, LLC, 2942 La Solidad Way Sacramento, CA 95817 is doing Dusiness under the Fictitious Business Name(s) "Foxhaus Creative, A Finer Grain" 2942 La Solidad Way Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 4, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-07388 Marguerite Sue Barrett, 219 River Ridge Way Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Watt Avenue Pet Hospital" 3321 Watt Avenue 109 Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 14, 2020	JALALI 180101 12-18-20 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288633 18000000000000000000000000000000000000
Brite* 8030 W Stockton Boulevard #307 Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 17, 2020 Publish: November 27, December 4, 11, and 18, 2020 SMILE SMILE 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08366 Omar AI Esawi, 2116 Weldon Way Sacramento, CA 95825 is 9825 is	Name(s) "Indian Bazaar" 4400 Elverta Road, #170, Antelope, CA 95843. Filed with the Clerk of Sacramento County November 24, 2020 Publish: December 4, 11, 18, and 25, 2020 INDIAN 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08561 SSBZ LLC, 8880 Elder Creek Road, #165, Sacramento,	and ref instraince Adjusting 3405 kolway Drive Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 2, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 FIRST 180201 11.1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08759 Mayel Malikzada, 4800 Manzanita Avenue #275 Carmichael, CA 95608 is doing business under the	FOR Statistic December 18, 25, 2020 January 1, and 8, 2021 FOX 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08960 Zhanna Chomey, 1847 68th Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Citizens Mobile Notary" 1847 68th Avenue	Publish: December 18, 25, 2020 January 1, and 8, 2021 WATT 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08819 Valentin Albu, 8936 Bedford Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Vali's Transport" 8936 Bedford	in the above entitled matter appear before this court at 1:30 p.m. on January 7, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 16, 2020 David I. Brown, Judge of the Superior Court Publish: November 27, December 4, 11, and 18, 2020
doing business under the Fictitious Business Name(s) "OZ Auto Repair" 2539 Cottage Way #2 Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 17, 2020 Publish: November 27, December 4, 11, and 18, 2020 OZ 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08312 Lumpia Ko LLC, 7893	CA 95828 is doing business under the Fictitious Business Name(s) "Curing Hands" 8880 Elder Creek Road, #165, Sacramento, CA 95828. Filed with the Clerk of Sacramento County November 24, 2020 Publish: December 4, 11, 18, and 25, 2020 CURING 180201 12-25-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08299 CREtelligent, Inc.,	Fictitious Business Name(s) "Sweet Design" 2922 Eastern Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 3, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 SWEET 180201 1-1-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08003 Jonathan Angus Turner,	Sacramento, CA 95822. Filed with the Clerk of Sacramento County December 11, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 CITIZENS 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08956 Signova Corporation, 2360 East Bidwell Street Suite 111 Folsom, CA 0.6500 is deite burginger under the	Avenue Fair Oaks, CA 95620. Filed with the Clerk of Sacramento County December 7, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 VALI 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08686 CA Valley Bees Inc, 2407 Upham Court Carmichael, CA 95608 is deine brueinee under the Citetting Burgiage	HOSCH 180101 12-18-20 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00287974 Waheedullah Suhbatti has filed a petition with this court for a decree changing the name(s) of Waheedullah Suhbatti to Wahid Maher.
Walerga Road #105 Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Lumpia Ko" 7893 Walerga Road #105 Antelope, CA 95843. Filed with the Clerk of Sacramento County November 16, 2020 Publish: November 27, December 4, 11, and 18, 2020 LUMPIA 180201 12-18-20 FICTITIOUS BUSINESS NAME STATEMENT	FINIF2020-08299 CHEIelligent, Intc., 11344 Coloma Road, Suite 850, Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "eScreen Logic, Applied Engineering CREtelligent" 11344 Coloma Road, Suite 850, Gold River, CA 95670. Filed with the Clerk of Sacramento County November 16, 2020 Publish: December 4, 11, 18, and 25, 2020 ESCREEN 180201 12-25-20	2550 Ganzan Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "it's All For Her Boutique and More" 2550 Ganzan Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 3, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 BOUTIQUE 180201 1-1-21	CA 95630 is doing business under the Fictitious Business Name(s) "Tracking The World" 2360 East Bidwell Street Suite 111 Folsom, CA 95630. Filed with the Clerk of Sacramento County December 11, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 TRACKING 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT	doing business under the Fictitious Business Name(s) "CA Valley Bees" 2407 Upham Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 1, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 CA 180201 1-8-21 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08313 Patrick Gavin Duffy, 10919	IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on January 12, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 09, 2020 David I. Brown, Judge of the Superior Court Publish: November 27, December 4, 11, and
FBNF2020-08394 Julia Ann-Herrea Cervantes, 7894 Deer Lake Drive Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Sideshow Automotive" 7894 Deer Lake Drive Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 18, 2020 Publish: November 27, December 4, 11, and 18, 2020 SIDESHOW 180201 12-18-20	FICTITIOUS BUSINESS NAME STATEMENT FINF2020-08613 Edelmar Castro, 81 Morell Court Sacramento, CA 95833 are doing business under the Fictitious Business Name(s) "Artistic Roofing" 81 Morell Court Sacramento, CA 95833. Filed with the Clerk of Sacramento County November 25, 2020 Publish: December 4, 11, 18, and 25, 2020 ARTISITIC 180201 12-25-20	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08671 Maximiliano Ruiz, 5491 Valletta Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Max Homes and Loans" 2110 K Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 1, 2020 Publish: December 11, 18, 25, 2020 and January 1, 2021 MAX 180201 1-1-21	FBNF2020-08957 Jasveer Singh, 8036 Linden Lime Court Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cal Express" 8036 Linden Lime Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 11, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 CAL 180201 1-8-21	Coloma Road #2 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bear Garden Studio" 7973 Park Drive #D Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 16, 2020 Publish: December 18, 25, 2020 January 1, and 8, 2021 BEAR 180201 1-8-21	18, 2020 MAHER 180101 12-18-20 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288699 Jennifer Asaka Rawat has filed a petition with this court for a decree
FICTITIOUS BUSINESS NAME STATEMENT FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08354 Antonio Angel Maisonet, 9157 Castlebar Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "AAM Auto" 5467 Ballantine Street Suite #3 Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 17, 2020 Publish: November 27, December 4, 11, and	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08556 Coloma Food Inc., 11082 Coloma Road, #A1 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Coloma Food, Inc." 11082 Coloma Road, #A1 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 24, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08480 Daniel Smallie, 10636 Basie Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Priority One Solutions" 10636 Basie Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 20, 2020 Publish: December 11, 18, 25, 2020 and	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08910 Global Positioning System Installers, 11417 White Rock Road Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "GPSI" 11417 White Rock Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 10, 2020	FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-08805 Star Plus Pizza Inc, 9097 Four Seasons Drive Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Star Plus Pizza Inc" 8211 Bruceville Road #135 Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 7, 2020 Publish: December 18, 25, 2020 January 1,	changing the name(s) of Jennifer Asaka Rawat to Jennifer Asaka Soracka. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on January 12, 2021, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Datid Lerwin, Judge of the Surgeror Court David Lerwin Judge of the Surgeror Court
AAM 180201 12-18-20	Publish: December 4, 11, 18, and 25, 2020 COLOMA 180201 12-25-20	January 1, 2021 PRIORITY 180201 1-1-21	Publish: December 18, 25, 2020 January 1, and 8, 2021 GPSI 180201 1-8-21	and 8, 2021 STAR 180201 1-8-21	David I. Brown, Judge of the Superior Court Publish: December 4, 11, 18, and 25, 2020 SORAOKA 180101 12-25-20

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Last Minute Shopping for Sunrise Mall

By Patrick Larenas

CITRUS HEIGHTS, CA (MPG)

- COVID-19 restrictions have not been a deterrent for Sunrise Mall shoppers during this holiday season. Like other shopping centers, the mall at Greenback Lane and Sunrise Boulevard has had to constantly adapt to county and state health guidelines, including the governor's latest order as of December 10.

Sunrise MarketPlace Business Improvement District stated that the order is for at least three weeks: "The regional stayat-home order will prohibit non-essential travel and activities except as necessary, close operations for certain industries and require masks and physical distancing in public."

Sunrise Mall General Manager Natalie Worstein said, "The team will act in accordance with the procedures and protocols laid out by the Governor."

"We are [still] working to bring the holiday spirit into the shopping experience. It is our goal to make the holiday season as "normal" as possible, while adhering to all CDC guidelines and regulations to ensure the health and safety of all our patrons during these uncertain times," she said.

a management perspective, Sunrise Mall is "working closely with Mason Asset Management and Namdar Realty Group by increasing our cleaning teams, promoting... safe social distanc[ing] and contactless visits for all customers."

tinue to be required on the store, Bath and Body property.

The holiday season at Sunrise Mall is, of course, a time for plenty of shopping not generally done by large crowds throughout the year for adults and kids likewise. Go Games and Toys franchise manager Zee Malik of the Go! Retail Group said that earlier in the year, during the COVID-19 lockdown, "kids were getting really, really sad when they saw their stores closed. Like adults, they also have their preferred stores."

Malik said, "Sales were not better than last year, but we are surviving." He said that as far as paying the bills is concerned "most of those costs are paid at the corporate level; we just handle store functions here."

Although corporations may front costs for these unexpected developments, they can only maintain shops in those circumstances for a limited time. The struggling Sunrise Mall has many vacant retail locations from corporations that decided over the years to ultimately shutdown, especially seen in its southern wing near the closed Sears.

Worstein said, "The Worstein said that from holidays are an incredibly important time for our merchants at Sunrise Mall. Traditionally, the Black Friday to day-after-Christmas stretch is when many retailers do the most business."

> Sunrise Mall retailers such as Custom Designs, aspx

Face coverings will con- a custom T-shirt and cap Works, and Claire's, a fashion boutique, saw a higher percentage of capacity in traffic during the Black Friday weekend with socially distancing lines as well.

> Subjected to the same COVID-19 circumstances as other Sunrise MarketPlace shopping centers in Citrus Heights, Worstein believes it's important to offer shoppers the in-person experience of local retail: "While the experience is slightly different [this year] and it's more of a challenge for us to anticipate what to expect," supporting our local merchants and retail workers is necessary during this unprecedented lockdown.

> The Sunrise MarketPlace **Business** Improvement District states that "Once the regional stay-at-home order is removed, counties will return to the Blueprint for a Safer Economy tier determined by their case rate/test positivity."

Sunrise Mall is located at 6041 Sunrise Mall – Citrus Heights, CA 95610 (916) 728-1916

For more information on the Sunrise Mall visit www. sunrisemallonline.com/

For more information on the Sunrise MarketPlace and Business Improvement District visit www.sunrisemarketplace.com/

For more information on the latest county order COVID-19 order visit www.saccounty.net/ COVID-19/Pages/default.

Mask or Face Covering Mandatory

By Jessica Gonzalez, Sac Regional Transit

SACRAMENTO REGION, CA (MPG) - With the recent announcement of the Regional Stay Home Order for the Greater Sacramento region, the Sacramento Regional Transit District (SacRT) is requiring anyone waiting at a station or transit center, riding transit (bus, light rail, SmaRT Ride, SacRT GO, Folsom Stage Line, Causeway Connection, Jibe Express, or Rancho Cordovan), or visiting the SacRT Customer Service and Sales Center located at 1225 R Street, to wear a mask or face covering beginning the start of service on Friday, December 11, 2020. In coordination, the Yolo County Transportation District (Yolobus) will also begin the No Mask, No Ride, No Exceptions policy on Friday.

SacRT takes the health and safety of our riders and employees very seriously. With the increase in cases of COVID-19, SacRT is taking stricter measures to slow the spread of COVID-19. The new "no mask, no ride, no exception" policy will be in place until at least December 31, 2020. After three weeks, the policy will

be assessed week by week based on recommendations by the Governor's office and the Sacramento County Department of Public Health.

Previously, SacRT required passengers to wear a mask or face covering, but accepted exceptions included in the Sacramento County Department of Public Health directives. The new policy will not allow for any exceptions and follows the U.S. Equal Employment Opportunity Commission's guidance on "direct threat" criteria of the ADA Reasonable Modifications. In addition, the new policy requires anyone age two and older boarding SacRT vehicles to wear a mask or face covering while riding transit. Bus and light rail operators, as well as other SacRT employees will continue to be required to wear a mask or face covering while in the workplace.

Types of face coverings can include a paper or disposable mask, a cloth mask, a neck gaiter, a scarf, a bandanna, or a religious face covering. A face covering must cover the nose and mouth completely.

More information on best safety practices SacRT is taking to prevent COVID-19 is available at sacrt.com/covid19.

SMUD Lists Unclaimed Checks on Its Website

SMUD News Release

SACRAMENTO, CA (MPG) -SMUD has published the names of customers and vendors who have not yet cashed checks dated September 30, 2017 or earlier. The list of names will be posted on SMUD's website, smud.org, until December 21, 2020.

In order to file a claim on an uncashed check, claimant's name must be included on this list, or they do not have a valid claim.

To make a claim, call 916-732-7440 and supply

the claimant's name, current address, telephone number and the address for the time be issued only to the payee period between October 1, 2016 and September 30, 2017. Claimants can also mail a claim to:

Sacramento Municipal Utility District Unclaimed Monies 6201 S Street, Mail Stop B352 Sacramento, CA 95817-1818

Each year, SMUD posts this information in an effort to find the money's rightful owner. Claims must be made by 5 p.m. on December 21, 2020 or they become the property of SMUD under California Code Section 50050-50057.

Replacement checks will or upon proof of death, to the payee's beneficiary.

About SMUD

As the nation's sixthlargest community-owned, not-for-profit, electric service provider, SMUD has been providing low-cost, reliable electricity for more than 70 years to Sacramento County and small adjoining portions of Placer and Yolo Counties. SMUD's power mix is about 50 percent noncarbon emitting. For more information, visit smud.org*

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535–March 12, 2020 916-773-2999

ORDER TO SHOW FOR CHANGE OF NAME SUPERIOR COURT OF CALIFORNIA SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288304 Jefferv Miles Arellano-Smith has filed a petition with this court for a decree

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288967 Muntadhar Shubbar has filed a petition with this court for a decree changing the name(s) of Muntadhar Shubbar to Monte Shubbar. IT IS ORDERED that all persons interested

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00288687 Samuel Lopreto Ramos & Maura N. Lopreto has filed a petition with this court for a decree changing the name(s) of Elias Lopreto to Elias Lopreto Blanco. IT IS ORDERED that all persons interested

a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone number of the petitioner is:

number of the petitioner is: Tiffany L. Stout & Katelynn M. Stout 7042 Drywood Way Orangevale, CA 95662 530-405-6018, 530-405-6019 Publish: December 4, 11, 18, 2020 170622 STOUT 12-18-20

SUMMONS

the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

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Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presental

changing the name(s) of Jeffery Miles Arellano-Smith to Jeffery Miles Arellano IT IS ORDERED that all persons interested

in the above entitled matter appear before this court at 9:00 a.m. on January 6, 2021, in Department 54, located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 6, 2020 Christopher E. Krueger, Judge of the Superior

Court Publish: December 4, 11, 18, and 25, 2020 ARELLANO 12-25-20 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00289027

Jason Alejandro Gonzales Sumilhig has filed a petition with this court for a decree changing the name(s) of Jason Alejandro, Gonzales Sumilhio to Jason Aleiandro, Gonzales, Sumi

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on January 13, 2021. in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 16, 2020

David I. Brown, Judge of the Superior Court Publish: December 4, 11, 18, and 25, 2020 SUMI 180101 12-25-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00289358

Patrick James Johnson has filed a petition with this court for a decree changing the name(s) of Patrick James Johnson to Patrick Martin DeGreve. IT IS ORDERED that all persons interested

in the above entitled matter appear before this court at 9:00 a.m. on January 28, 2021. in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 2, 2020

Christopher E. Krueger, Judge of the Superior Court Publish: December 11, 18, 25, 2020 and

January 1, 2021 180101 DEGRAVE 1-1-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00286990-Amended

Melonie Sarah Williams has filed a petition with this court for a decree changing the name(s) of Melonie Sarah Williams to Melonie Sarah Dovolani.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 7, 2021, in Department 54. located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 23, 2020

Christopher E. Krueger, Judge of the Superior Court Publish: December 11, 18, 25, 2020 and January 1, 2021

DOVOLANI 180101 1-1-21 in the above entitled matter appear before this court at 9:00 a.m. on January 13, 2021. in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 23, 2020

Christopher E. Krueger, Judge of the Superior Court

Publish: December 11, 18, 25, 2020 and January 1, 2021 180101 1-1-21 SHUBBAR

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2020-00288949 Diana Borisovna Kimakovskava has

filed a petition with this court for a decree changing the name(s) of Diana Borisovna Kimakovskava to Mia Wolf. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on January 13, 2021, in Department 53. located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 20, 2020 David I. Brown, Judge of the Superior Court

Publish: December 11, 18, 25, 2020 and January 1, 2021 WOLF 180101 1-1-21

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2020-00289074 Stacev Harvey-Slocum and Jesse Slocum have filed a petition with this court for a decree changing the name(s) of Brook'Skylie StanleyAnn Harvey to StanleyAnn Harvey-Slocum. Brook'Skylie IT IS ORDERED that all persons interested in the above-entitled matter appear before this court at 9:00 a.m. on January 13, 2021, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 23, 2020 Christopher E. Krueger, Judge of the Superior Court Publish: December 18, 25, 2020 January 1, and 8, 2021 180101 HARVEY 1-8-21 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00289670 Jeanette James has filed a

Roberta petition with this court for a decree changing the name(s) of Roberta Jeanette James to Starr Roberta Jeanette James. IT IS ORDERED that all persons interested

in the above-entitled matter appear before this court at 9:00 a.m. on February 2, 2021. in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 3, 2020

Christopher E. Krueger, Judge of the Superior Court Publish: December 18, 25, 2020 January 1, and 8, 2021 1-8-21 JAMES 180101

in the above-entitled matter appear before this court at 9:00 a.m. on January 12, 2021. in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 16, 2020

Christopher E. Krueger, Judge of the Superior Court Publish: December 18, 25, 2020 January 1,

and 8, 2021 BLANCO 180101 1-8-21

NOTICE OF PETITION TO ADMINISTER ESTATE

ESTATE OF BILLIE JEANNE NIFI SEN

CASE No. 34-2020-00286620 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Billie Jeanne Nielsen, deceased Petition for Probate has been filed by Nelou Nazifi, in the Superior Court of California, County of Sacramento, requesting Nelou Nazifi, be appointed as personal representative administer to estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows January 19. 2021 9:00 a.m. in Dept 129. YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court

Robert S. Cameron Cameron Law Office 7144 Fair Oaks Blvd. Ste B Carmichael, CA 95608 916-254-7305 Publish: December 4, 11, 18, 2020 NIELSEN 170622 12-18-20

ESTATE OF RAGER GEORGE STOUT III

CASE No. 34-2020-00287555 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Rager George Stout III, deceased Petition for Probate has been filed by Tiffany L. Stout & Katelynn M. Stout, in the Superior Court of California, County of Sacramento, requesting Tiffany L. Stout & Katelynn M. Stout, be appointed personal representative as to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority A hearing on the petition will be held in this court as follows February 24, 2021 9:00 a.m. in Dept 129 YOU OBJECT to the granting IF of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone

SUMMONS (CITACION JUDICIAL) CASE NUMBER: (Numero del Caso): 20SMCV01074

NOTICE TO DEFENDANT: (AVISO AL DEMANDADO): Joe Samuel Bailey, Laurence Grossnickle, Charles Clement Goubert, Jr, Christian Johnson, George Dass, Robert Allan Freeman, Barry Edward Mitchell, Spine Management, LP, Renew Spinal Care, Inc, Medi-Clinic, LLC, Dallas Expansion Clinic, LP Colonial Health Care Financial. Thorn Marketing, LLC, al Expansion Houston Inc. Medical Expansion Houston, LLC, Virginia Miss, LP, Chartered Medical Development, LLC and DOE individuals 1-10 and ROE Corporations 1-100 YOU ARE BEING SUED BY PLAINTIFF: (LO DEMANDANDO ESTA EL DEMANDANTE): Clyde Jones AKA Jim Jones, an Individual. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. the information below. You have 30 CALENDAR Read DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call

will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time. you may lose the case by default, and your wages, money, and property may be taken without

further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before

una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte. ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos arupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia. org), en el Centro de Ayuda de las Cortes de California, (www. sucorte.ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponei un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Santa Monica Court House- 1725 Main Street Santa Monica, CA 90401 The name, address and

telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la without direccion y el numero de telefono del abogado del demandante, demandante que no o del tiene abogado, es): Michael M. Lin, 5288 Spring Mtn Road #103 Las Vegas, NV Date: (Fecha) 10/16/2020 NV 89146 By: Sherri R. Carter Executive Officer/ Clerk of Court S. Watson Deputy Publish: December 18, 25, 2020 January 1, and 8, 2021 JONES 1-8-21



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Publisher, Paul V. Scholl

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Carmichael Times

Serving Carmichael and Sacramento County since 1981

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This custom 5,500 square-foot estate is a fusion of stunning architectural design and functionality. A private gate entrance and extensive landscaping ensure total privacy. Enjoy a welcoming foyer and huge family room with soaring ceilings and clerestory windows. Highlights include light maple flooring, a grand sweeping staircase and gorgeous crown molding. The open-concept kitchen features granite countertops, custom cabinetry, pantry, and modern appliances. A generous floor plan offers 5 or 6 spacious bedrooms with 2 downstairs masters (a large office with its own bathroom and direct outdoor access and one upstairs master), 4.5 baths, game/ media room, and formal living/dining rooms. Separate bonus room not included in square footage is perfect for home gym. Backyard features beautiful landscaping and citrus/fruit trees. Centrally located to Highways 50/80, The American River, parks, cycling/running trails, and excellent schools. Adjacent .42 acre parcel in the compound is available for sale separately.



4320 Rio Vista Avenue, Sacramento | \$485,000

Welcome home! This beautifully remodeled home is tucked away in an excellent neighborhood on a lovely cul-de-sac. A sprawling front lawn and charming porch add to this home's great curb appeal. Step inside to a spacious floor plan with 3 bedrooms and 2 full baths. Relax and unwind in the light-filled living room, complete with a cozy fireplace for those winter nights ahead. The remodeled kitchen features gorgeous marble countertops, stainless steel appliances, a farm-style sink, an island with bar seating and a wine fridge. The upgraded master bathroom features his-and-her farm-style sinks, a large walk-in closet and radiant heat tile flooring. The backyard is perfect for entertaining with an expansive deck and patio, low maintenance landscaping and possible RV access. Additional highlights include hardwood flooring throughout, dual pane windows, a newer roof, and a two-car garage.



This private upscale end unit with its own garage is tucked away in a charming neighborhood just minutes from Town and Country Village shopping, fabulous restaurants and freeway access. Step inside to a well thought out floor plan with 2 bedrooms, 1.5 baths and gorgeous natural lighting throughout. Enjoy a formal dining room with a dramatic cathedral ceiling, a large family room with a wood burning fireplace for those long winter nights ahead, and a beautiful kitchen with tons of storage space, and a new counter depth fridge. The bright and airy master bedroom has its own private viewing balcony. Additional highlights include new dual pane windows and water heater, interior LED lighting, upstairs laundry room, wood flooring, and tiled bathrooms. Enjoy your own private outdoor oasis with two patios and professional, low-maintenance landscaping. Timed LED electric lighting and sprinklers. New fence to be installed by the association. Clear pest and home inspection and low HOA dues. Must see!



6610 Stanley Avenue, Carmichael | \$979,00

This beautiful home is situated on a private lot in the heart of Carmichael! Step inside to a spacious floor plan with 5 bedrooms, an office and 3 full baths. The open-concept kitchen and bar is an entertainer's dream with new quartz countertops, stone detailing, a gorgeous backsplash, and a walk-in pantry. Relax and unwind in the adjoining family room with great natural lighting and a cozy fireplace. There is a separate dining room and living room with an additional fireplace. The sumptuous master bathroom features a soaking tub, step-in-shower, his-and-her sinks, and a walk-in closet. Enjoy seamless outdoor entertaining with a large covered patio, fire pit, Pebble Tec pool, full-sized sports court, and water feature. Highlights include newer wood flooring, an updated downstairs bathroom, large walk-in linen closet, dual pane windows, whole house fan, 3-car garage and RV parking. Just minutes away from Ancil Hoffman Park, The American River, and great shops and restaurants!



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