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Carmichael Times

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By Mary Jane Popp



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Time to Listen Up!

Mira Loma Kids Talk Leadership



Mira Loma High School seniors Hemang Dhaulakhandi (front, left) and Derek Yuan are founders of an international program geared to help students improve oratory skills. Fellow coaches are Chynce Cole-Henry (top left), unnamed student redacted and Chuer Yang.

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Public speaking is high on the list of what people – of any age – fear most. But a group of Mira Loma High School kids revel in the sport. Not only gifted with the gab, they're sharing their skills all over the world. Through a free online program called "Leaders Speak", the teenagers coach other kids to advance in life through improved communication.

Aged between 15 and 17, they're already debate veterans. While their peers were playing baseball or cruising malls, they researched debate

subjects, did vocal drills and contested speech events.

Program founders Derek Yuan and Hemang Dhaulakhandi last year began mentoring for local schools. "The COVID pandemic shut down classroom presentations," says Carmichael resident Derek, "so we shifted our program online."

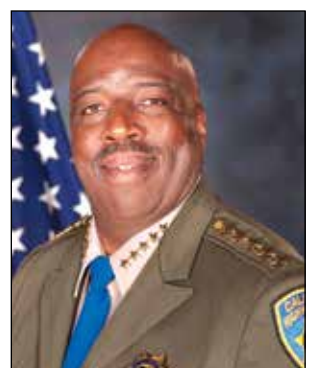
Via the Zoom platform, the entrepreneurs began hosting group classes. Both sons of immigrant families, they soon saw global possibilities. Recalls Roseville-raised Hemang: "We reached out to a college in India and our offer spread by word-of-mouth and social media." The founders soon needed eight more coaches, so

they recruited friends from the school speech team. Their weekly classes accommodate up to 15 students (aged from 10 to 20) who tune in from USA, Canada, India, Australia and the Arab Emirates. Lessons are always conducted in English. "We don't worry about accents," explains Derek. "If you're speaking in your own country, no one hears your accent. We've been able to help more than 100 students and we feel there's room to grow."

Legends in oratory – like Winston Churchill and President Obama – demonstrate that delivery is as important as speech content. "We

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CHP Commissioner Earns Lifetime Achievement Award



(CHP) Commissioner Warren Stanley. Photo CHP

By Fran Clader, CHP

SACRAMENTO, CA (MPG) - California Highway Patrol (CHP) Commissioner Warren Stanley has spent nearly four decades advocating for highway safety in California. His unwavering commitment to public service and dedication to CHP employees caught the attention of the American Association of Motor Vehicle Administrators (AAMVA), which rewarded his efforts with the AAMVA Lifetime Achievement Award in Highway Safety – Law Enforcement. The award is presented annually to an AAMVA member whose primary function is directly associated with highway and traffic safety efforts and who has had a distinguished career in this arena.

"My entire career has been fueled by a passion for safety," said Commissioner Stanley. "I am fortunate to be able to work alongside so many others who have demonstrated a lifelong commitment to reducing traffic fatalities and injuries on our roadways. This honor would not be possible without their dedication and shared vision."

As a dedicated member of the law enforcement community, Commissioner Stanley has served the people of California for more than 37 years. In 2018, Stanley became the first African American to hold the rank of CHP Commissioner. He is also one of the distinguished few to have held every uniformed position from officer to Commissioner within the CHP.

"This is hard work, but it is exceptionally important and incredibly rewarding," added Commissioner Stanley.

Winners of this, and other awards, are traditionally recognized at AAMVA's International Conference in August of every year. Due to COVID-19 and travel restrictions, AAMVA cancelled its 2020 conference. Previous recipients of the distinguished honor from AAMVA include former CHP Commissioner Dwight O. Helmick (2004) and Joe Farrow (2011).

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

Blind Carmichael Man Overcomes COVID and Saved a Man's Life

By Kristin Thébaud, Thébaud Communications

CARMICHAEL, CA (MPG) - Dr. Paul Peterson of Carmichael remembers sitting at a concert onboard a Princess Cruise ship in February – just two empty seats from a woman who coughed throughout the show. Three days after disembarking from the ship, Peterson, a local chiropractor who is blind, began noticing odd chills, a low-grade fever and achy muscles. Certain he had the flu, he laid low – then the cough started. Within two days, he received a chest x-ray that revealed pneumonia. Two days after that, he received the dreaded email from Princess Cruise Lines: Passengers onboard his ship had come down with the coronavirus.

Peterson, a community volunteer who serves on the board of directors for Society for the Blind



Paul and Alice Peterson enjoy a River Cats game prior to the pandemic. Photo provided by Kristin Thébaud Communications

in Sacramento, was the first person to be tested for COVID-19 in Sacramento: It was positive. He decided to recuperate at home, and a physician friend lent him an oxygen meter. On the twelfth day of the virus, his oxygen level was well below 100 at 84 despite

using his CPAP machine, so he went to the emergency room. After several tests, he was admitted to the ICU.

"My wife asked if I was going to make it, and the doctors told her they didn't know," Peterson said. "It was quite the experience

being wired to the wall and computers and not knowing if I was going to live or die."

He was in ICU for two and a half days and in the hospital for five days. He spent the next two weeks recuperating

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District 3 Supervisor Candidates Discuss Top Issues



Gregg Fishman
Photo courtesy Carmichael Chamber

Story by Shaunna Boyd

SACRAMENTO REGION, CA (MPG) - The Carmichael Chamber of Commerce hosted a virtual Sacramento County Supervisor District 3 Candidates Forum on August 25. It was an opportunity for candidates Gregg Fishman and Rich Desmond to introduce themselves to voters and discuss the issues facing Sacramento County.

Gregg Fishman is a 40-year resident of Sacramento County and a graduate of Sacramento State University. "I love this community, and I'm running because I really do want to make it a better place," said Fishman. He has served as a member of the Board of Directors for Arden Park Recreation and Park District and is currently serving as a SMUD Board member. "We're keeping your lights on, even in the face of wildfires and other issues. We're keeping your rates about 35% lower than PG&E and other utilities in the state, and we're doing that with good customer service and a strong environmental record as well," said Fishman. "I want to bring that same sense of public service to Sacramento County."

Fishman also worked for California State Association of Counties for six years, where he worked side by side with County Supervisors: "I know what it takes to be a

good Supervisor, what good programs for counties look like, and I'm anxious to bring some of those good ideas to Sacramento." The top issues he hopes to address include economic vitality, social equity, environmental protection, addressing homelessness, reducing barriers to housing and land use, and public safety and health.

Rich Desmond was born and



Rich Desmond
Photo by Susan Maxwell Skinner

raised in Carmichael and is a fifth-generation Sacramento County resident. He's a supporter of the American River Parkway, both as a user and as a volunteer. Desmond is currently serving on the Carmichael Foothill Farms Community Planning Advisory Council, and he recently retired as a chief with the California Highway Patrol (CHP). He said, "I dedicated 24 years of my life to public service. I am a big, firm believer of public service."

Desmond spent the last five years of his career at the state capitol, working on legislative issues affecting local businesses and law enforcement: "During that tenure, I demonstrated leadership and collaboration and the ability to work with people with different ideas to get things done." His top issues include addressing homelessness,

economic development, public safety, infrastructure, and building public trust in law enforcement.

The candidates were asked for their opinions on how the Sacramento County Board of Supervisors' handled the allocation of \$181 million in federal CARES (Coronavirus Aid, Relief, and Economic Security) Act funding, none of which was committed to small business assistance. Fishman said the process was flawed and should have been more transparent. He supports allocating funds to support small businesses and keep people in their homes and off the streets.

Desmond said that Board of Supervisors failed in their allocation of CARES Act funding; He believes that the Committee should have included community advocates and leaders from the medical community, the non-profit sector, and the business community.

On the topic of the County budget, Desmond said the top priorities are keeping people safe and healthy, and as Supervisor he would go through the budget line by line to eliminate any non-essential costs. Desmond said that if he is elected, he will ask all the Supervisors on the Board to take a 3% pay cut. If that suggestion is unsuccessful, he has pledged to donate 10% of his gross salary to non-profits. He also promised not to take away any funds from law enforcement, so he would not reallocate any money from that part of the budget to other community programs.

Fishman said that the County needs to stop spending money to get nothing in return. As Supervisor, he would advocate for a "spend a dollar, get a dollar" system where County funding can be spent as matching funds to get more money for essential

programs. Fishman said his priorities would be protecting preventative programs and addressing the root causes of homelessness and drug/alcohol addiction. He said that keeping people healthy, safe, and in their homes is good for the economy.

When asked how the County can help keep businesses afloat during the pandemic, Fishman cited SMUD's policy of not turning off electricity for lack of payment during this time. He also said the County needs to make it explicit that businesses can get creative and utilize out-door areas as much as possible. Fishman supports the reduction of small business licensing fees and suggested funding a food delivery program that would keep local restaurants in business while providing necessary meals to seniors. He said small businesses are full of "heart and soul," and in this uncertain time, they need a set of clear guidelines to move forward with opening and operating safely.

Desmond said that small businesses are the "backbone" of the County, so it's imperative that the County keep COVID numbers low so businesses can safely reopen. He believes the County needs to "let them innovate" and get government red tape and bureaucracy out of the way. He suggested a "safe practice certification" for businesses that meet the recommended public safety guidelines, so customers would feel comfortable doing business there.

On the topic of whether Sacramento County residents are taking the pandemic seriously, Desmond said that it is "crucial" that we follow the science and provide clear directives for residents and businesses. He encouraged everyone to follow the

guidelines of washing hands, wearing masks, and social distancing.

Fishman said that progress has been made in the County as people do a better job of following the guidelines, but we "can't get complacent." He said, "If we all do this together, we can make a difference and bend the curve."

Asked about racial injustice in the County, Fishman said there are a lot of people in the community who "don't feel safe all the time." He said they need support, and we need to have hard conversations about effectively addressing the issues from the top down. His priorities in law enforcement include body cameras for officers, a recruitment process that is reflective of the community being served, and implicit bias training.

Desmond acknowledged there has been a lot of hurt and pain from racism that he will never fully understand, but what he can do is seek to understand and to "keep listening." He said, "Black lives matter," and that if the black community doesn't feel their lives matter to law enforcement officers, then law enforcement has failed. He supports better psychological testing and aggressive investigations of officer misconduct.

Desmond said he would bring leadership experience to the role of Supervisor and that as an Independent he would not be beholden to any political party. He said the many small, unincorporated communities in District 3 need a voice and an advocate.

As Supervisor, Fishman said he would bring his own ideas for addressing homelessness and economic development, but he said the most important thing he will do is listen to residents and work to meet their needs by making thoughtful, purposeful decisions. ★

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6th Annual Wildlife Care Association Photo Contest Takes Flight!



2019 Winner Leucistic Black Phoebe by Chamong Xiong. Photo provided by WCA

Rick Reed Public Relations

SACRAMENTO REGION, CA (MPG) - BIRD is the Word! The 6th Annual Wildlife Care Association Fall Photo Contest takes flight! Take a picture on your mobile or your camera. Enter FREE under 12 or make a donation to rehab wildlife! You could be the 2020 Wildlife Care Photo Contest winner! Get outside and give us your best shot of a bird or birds in your backyard, local park or Sacramento area wild location. Easy!

Submit your picture on the Wildlife Care Association Facebook page as a message with photo attachment. Contest is open between October 1 to December

31, 2020. Entries can be made in two categories- Under 12 years old you can enter FREE! Those over 12 are asked to include a minimum \$5.00 donation to WCA on the Facebook donate link for each entry. (Under 18 yrs old? Ask your parents to help!)

Submissions should include your email, the location photo was taken, and your best guess what type of bird this might be. Enter @wildlifecare-association on Facebook.

Each photo may be entered once, but individuals may submit more than one. Enter often and donate to help the WCA heroes of nature save thousands of injured, orphaned and displaced wildlife every year. The non-profit wildlife rehabilitation volunteers depend on the community

for their support giving wildlife a second chance to live.

The WCA Photo Contest winner will be awarded a special prize including a guided tour of the Dome at McClellan Park, their photo featured in WCA Facebook/Instagram as a hero of nature!

Give us the bird! Snap some shots, submit them and let's see if they fly! For more information call 916-965-WILD

Fine Print: One picture will be chosen from submissions to determine a winner. WCA staff reserves the right to select a winner from content and other factors including artistic merit. All photos submitted become the property of WCA for its use in outreach, education and fundraising. ★



5244 Fair Oaks Boulevard, Carmichael | \$1,295,000

This custom 5,500 square-foot estate is a fusion of stunning architectural design and functionality. A private gate entrance and extensive landscaping ensure total privacy. Inside, you will find a welcoming foyer and expansive family room with soaring ceilings and clerestory windows. Highlights include light maple flooring, a grand sweeping staircase and gorgeous crown molding. The open-concept kitchen features granite countertops, custom cabinetry, pantry, and modern appliances. A generous floor plan offers 5 or 6 spacious bedrooms with 2 downstairs masters (a large office w/ its own bathroom and direct outdoor access and one upstairs master), 4.5 baths, game/media room, and formal living/dining rooms. Separate bonus room not included in square footage is perfect for home gym. Backyard features beautiful landscaping and citrus/fruit trees. Centrally located to Highways 50/80, The American River, parks, cycling/running trails, and excellent schools. Adjacent .42 acre parcel in the compound is available for sale separately.



4513 Bela Way, Carmichael | \$464,900



10112-10114 Satow Drive, Sacramento | \$479,000

This charming single-story home is tucked away in a fabulous Carmichael neighborhood. A sprawling green lawn and welcoming front porch add to this home's great curb appeal! Step inside to a spacious floor plan with three bedrooms and two baths, two spacious living areas, a dining area, and a roomy kitchen with a new garbage disposal and Bosch dishwasher. Enjoy light-filled living spaces, newly refinished hardwood flooring and dual pane windows, recently insulated attic, and a fully remodeled master bath and partially updated guest bathroom. Relax and unwind in the private backyard with an expansive newly built deck that overlooks an assortment of fruit trees and a beautiful garden.

Unbelievably upgraded duplex owned and occupied by contractor. The entire exterior has been redone with new siding, fresh paint, and all new dual pane windows. The owner's side (\$1,650 market rent) has been totally remodeled. Enjoy beautiful wood tone tile, a completely remodeled kitchen with new cabinets, granite counter tops, and high-end appliances. Rent for the other side is \$1150...market rent is \$1500. Both units have 2-car garages. Yard is fully landscaped and located on a corner lot with plenty of room to pull in a trailer/boat. Must see!



6634 Whittett Drive, North Highlands | \$339,500



4341 Garden Oak Court, Sacramento | \$589,000

This stunning single-story home has been completely renovated. Enjoy a spacious floor plan with 3 bedrooms and 2 baths. Step inside to a bright and airy kitchen and great room with stainless steel Samsung appliances, gorgeous granite countertops, an island and plenty of storage space! Add your personal touches to the roomy backyard with a covered patio and plenty of space for entertaining. Highlights include a beautiful fireplace in the great room, newer flooring throughout, updated baths, newer roof and dual pane windows. Great schools, shopping and restaurants nearby.

This beautiful 4 bedroom and 3 bath Mediterranean-style home was built in 2007 and is tucked away in a quiet, tree-lined subdivision. Enjoy an open-concept floor plan with impressive 10-foot ceilings and spacious living areas. The kitchen features upgraded LG stainless steel appliances, granite countertops, and a kitchen island with seating. Separate formal dining room and family room. Enjoy the utmost in privacy, with three en suite bedrooms at opposite ends of the house and a 4th bedroom that is currently being used as an exercise room. Master bedroom has an oversized bathroom, HUGE walk-in closet and access to the backyard. Large backyard with covered patio, low maintenance landscaping and RV access on both sides! 3-car garage.

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CRISIS FATIGUE

Is there such a condition as crisis fatigue? Wouldn't surprise me, especially after I spoke with **Dr. Carole Lieberman** on my POPPOFF Radio Show. With the covid19 pandemic, hurricanes, and then pile on protests and riots, looting, and tearing down statues, we don't know what comes next. With the virus numbers climbing, **Dr. Lieberman** told me if you have three of the following ten symptoms, you have crisis fatigue.

1. Feeling overwhelmed and exhausted all the time...even when you wake up.
 2. Emotional numbness interrupted by random spurts of raw feelings from sadness to anger.
 3. Eating too much or too little.
 4. Berating yourself with feelings of failure and guilt.
 5. Helplessness and a sense that nothing is worth the energy it would take to do it.
 6. Dreams and nightmares that are vivid and disturbing...such as having to fight off wild animals.
 7. Self-destructive behavior...from over-indulging in food, alcohol or drugs to sabotaging your work or relationships.
 8. Pessimism...feeling that there is going to be no end to the chaos and stress of the world around you.
 9. Fear that you won't be able to survive in the chaos...and that you'll die from the covid19, or some other medical problem because you're too scared to go to a doctor's office during the pandemic, or getting injured by rioters.
 10. Suicidal thoughts...because taking control of your own death seems preferable to waiting for the other shoe to drop.
- But there are ways to deal with these symptoms. **Dr. Liberman** has ten.

1. First of all, acknowledge that these are unusually stressful times and be compassionate towards yourself.
2. Take a breath, pause and tell yourself that you may not be able to go at your usual fast pace 24/7...and that's okay for now.
3. Realize that your #1 priority should be to keep yourself (and your loved ones) physically and mentally healthy. Everything else is secondary, if you want to come out of this chaos alive and well.
4. Stop obsessing over checking on the latest news and filling your days with it. It only makes things worse.
5. Try to always practice the basics: eating healthy food, taking vitamins, getting enough sleep and exercise.
6. Add stress-relieving activities to each day...listen to music to dancing in your living room or taking a walk in nature.
7. Add at least one hour of laughter to your day...from watching cartoons or comedies to reading jokes or playing silly games. Laughter is the best medicine.
8. Reach out for social support from your friends and family and provide support to them.
9. Volunteer somewhere at least once a week: a food pantry, a homeless raising funds for your favorite charity.
10. Get psychological help from therapists and hotlines...especially if the symptoms are getting worse or if you're feeling suicidal.

Dr. Lieberman is a Board Certified Beverly Hills Psychiatrist. She also hosts two radio shows/podcasts and has authored several books. When she isn't seeing patients or testifying as a forensic psychiatrist/expert witness, she appears on TV from Fox News to CNN and POPPOFF of course! ★

Listen Up!

Continued from page 1

teach students about voice tone and modulation," says Hemang. "They learn to articulate confidently; to use eye contact and hand gestures; to be persuasive and informative."

Beyond the podium, verbal skills are helpful for later careers. "You might be the smartest person in the world," continues Hemang. "But if you can't communicate, what's the point? I'm interested in medicine. How can I be a good doctor if I can't connect with my patients?"

Their students get homework assignments and are often called to give short speeches. Coaches weed out filler words such as "you know" – and the ums and ahs that plague nervous presenters. "We employ artful pauses, instead," says Hemang. "We have an exercise: we time how long students can

speak without lapsing. I was so proud of a guy who improved from 20 seconds to five minutes – without a single 'um'."

The teenage mentors rate their youth an asset. "We're laid back," explains Derek. "We crack jokes. We share the same youth culture; we like the same music and we pick up on the same humor. Our students aren't daunted by us. This program works because it's fun. Our classrooms have no figures of authority. We're all friends."

Footnote: program founders warn teenagers that brilliant rhetoric does not always conquer at home. "You might conclusively win an argument with your mom," they advise. "But when she says 'you go to your room,' you're still a kid. You can't debate that."

Learn about Leaders Speak at www.theleaderspeak.org ★

DA Schubert Responds to Antifa Anarchists' Attack on Public Safety

By Shelly Orio, Sacramento District Attorney's Office

SACRAMENTO, CA (MPG) - The Sacramento District Attorney's Office was targeted by a domestic terrorist and anarchist organization- Sacramento Antifa. This attack was planned. This organization seeks to destroy public safety, dismantle law enforcement, and eliminate all social discourse. These anarchists have waged attacks across this country, in major urban cities, including Portland, Seattle and Denver. Their tactics are rooted in organized violence and terror.

Contrary to the peaceful protest held earlier in the evening, Sacramento Antifa, along with outside Antifa groups, wreaked havoc on the Sacramento community, threatening media reporters and others, damaging many buildings, and trying to set a fire in



The Sacramento District Attorney's Office and Sheriff's Department were targeted by a domestic terrorist and anarchist organization- Sacramento Antifa. Photo provided by Sac DA

the lobby of the District Attorney's office. They have threatened to do the same in the coming days.

The Sacramento District Attorney's Office will prosecute anyone identified and arrested for these crimes to the full extent of the law. We ask for the public's help in identifying any of these anarchists. In particular, we are seeking information on the individuals in the photo taken at Caesar Chavez Park. At

least one of these individuals is believed to have threatened a reporter to "break your f.....g camera if you don't back off."

For more videos and pictures, visit www.sacda.org/media/press-downloads/antifa-anarchists/.

If anyone has information on the identity of the individuals in the photos or videos, please contact the District Attorney's Office at daoffice@sacda.org. ★

Free Weather-Based Sprinkler Timers for SSWD Customers

By SSWD Staff

CARMICHAEL, CA (MPG) - Sacramento Suburban Water District, in conjunction with WaterWise Consulting and HydroRain, is offering free weather-based sprinkler timers to its customers.

Weather-based sprinkler timers use continually updated local weather data to determine how long sprinklers need to run. The B-hyve also takes into account things like soil type, plant type, sun/shade and slope to determine a watering schedule that makes sure water gets to the roots and isn't lost to evaporation or run-off.

The sprinkler timer can also be monitored and controlled from anywhere in the world using the free B-hyve sprinkler timer app, which is available through the Apple App store or Google Play.

The sprinkler timers are free to SSWD customers who have a standard sprinkler timer and a Wi-Fi connection. Installation is also included at no charge.

This offer is available on a first-come, first-served basis while supplies last. To review the terms and conditions and to apply for the program, please visit sswd.org or contact the SSWD Customer Service team at 916.972.7171. ★

Blind Carmichael Man Overcomes COVID and Saved a Man's Life

Continued from page 1

at home. During that time, Sacramento County retested him to make sure the virus was gone: It was. As it turned out, Peterson was one of the few people in Sacramento who received pre- and post-tests for coronavirus – the practice was halted shortly after.

When Peterson's physician friend learned that there was a new experimental test being done that involved using recovered COVID patients' antibody-rich plasma to treat patients with severe cases of coronavirus, he called Peterson. The experiment required someone who had tested positive and had a subsequent negative test.

Peterson immediately agreed and became the first person in Sacramento to donate the antibody-rich

plasma. He donated four units of plasma that day, enough for four COVID-19 patients.

Not long after, he learned that one of those units had saved a Sacramento man's life. The man had been on a ventilator for 12 days and they did not think he would survive. Two days after receiving Peterson's plasma, he was healing and able to talk to his family.

"It was a spectacularly wonderful feeling to know my plasma had saved someone's life," he said. "I wonder if perhaps my life was saved so that my plasma could save the lives of others. As soon as we have a strong antibody test, I hope even more people will donate. It's easy to donate and doesn't hurt a bit."

Peterson donated his

plasma again earlier this summer and learned that at least one unit of that donation has been used. He has a new outlook on life since his experience in ICU.

"My whole life, I've thought of myself as a farm boy from Iowa and never indulged too much in things such as expensive food," Peterson said. "Since being in ICU, if I want something, I get it!"

He also plans to continue traveling once stay-at-home orders are lifted.

The beloved doctor offers this advice, "Keep your immune system tuned up through proper nutrition, rest, stress control and exercise, and you can fight off most things. The human body is self-regulating and self-healing and does a marvelous job of keeping us healthy." ★

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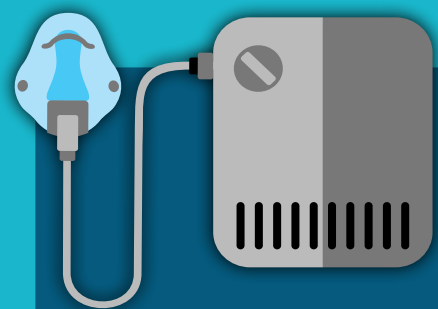
Make sure PG&E can reach you before a PSPS by updating your contact information at [pge.com/mywildfirealerts](https://www.pge.com/mywildfirealerts).

1



Pack or restock your family's emergency kit including food, water, batteries, masks, radio and a first aid kit.

2



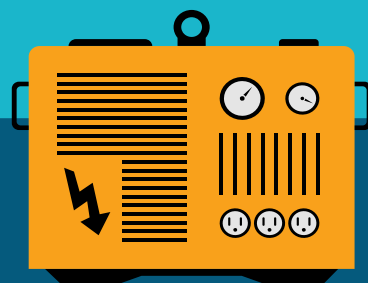
Make preparations for anyone in your family who depends on electricity for medical needs.

3



Practice manually opening your garage door (if you have a garage).

4



Ensure any backup power sources are ready and safe to operate.

5



For translated support in over 200 languages, please contact PG&E at 866-743-6589.



To learn more ways to prepare for a PSPS and any emergency, visit [safetyactioncenter.pge.com](https://www.safetyactioncenter.pge.com)

Reminiscing the '50s with Cow County Stories

By Nancy Seymour

CARMICHAEL, CA (MPG) - Carmichael resident, Retired Undersheriff Bert Seymour, has, at age 96, completed a book of reminiscences about his 29+ years serving the people of Ventura County in the Sheriff's Department. The book explains why he has entitled it Cow County Lawman.

Wondering what to do after having returned from serving in Europe in WWII, he answered an ad in the local paper for a fingerprint technician for the Sheriff's Department. He liked the idea of riding a horse in the Sheriff's posse like he had seen in parades when he was growing up in Ventura. He soon found out that deputies don't ride in the parades, wealthy ranchers ride in the posse. However, he became the first deputy hired after The War.

Humor is one of his primary reasons for writing. "In this time of dire news and upsetting events, I would like to offer a light touch," he says of his approach. He believes that young people will enjoy learning what it was like in the '50s and those old enough to remember will get a chuckle. He and his wife of 70 years, Nancy, still love these stories.

The Seymours moved to Sacramento in 1992 after Bert's second retirement to be nearer their three children. In May of 2018 they moved into Atria Senior Independent Living in Carmichael. ★



Retired - Bert Seymour



Undersheriff Seymour

Art After Lockdown

By Elise Spleiss

SACRAMENTO REGION, CA (MPG) - On Saturday and Sunday, September 19 and 20, weary residents from Carmichael, Fair Oaks and surrounding communities are invited to venture from their homes into a one-of-a-kind Open Air / Open Mind / OPEN heART Studio. Located in a natural setting known as Shangri-La to Carmichael neighbors, eight artists with their work will be spread throughout the property with 'social distancing' ensured by the use of six-foot-long bamboo walking sticks.



Get ready to see Rolrex, a sculpture reminiscent of a shaggy Komondor Hungarian sheepdog. Photo courtesy of Sue Ann Foster



Show sponsor and organizer artist Sue Anne Foster of Valley Sculpture Artists repurposes found objects such as this discarded pipe organ. Photo courtesy of Sue Ann Foster

artists in the group. Dessau's piece shows Anne Bradley of Carmichael at her favorite haunt, Sunshine Steel Recycling, where she scavenges for parts for her sculptures and paintings paper design. Dessau also collaged the names of each person who contributed to the commissioned work to celebrate the long and rich career of Bradley. Other samples of his collage work will be on view and he will also demonstrate his technique. Bradley will be showing visitors how she attaches metal and other objects to her paintings.

Visitors roaming the grounds will also be treated to the works of well-known 'kinetic sculptor' Phill Evans of Fair Oaks, sculptor Chris Thompson, mixed media artist Mary Ann Lowe of Sacramento, and Janet Regan of Fair Oaks, a gourd artist.

The work of late silk painting artist, Ann Ragland Bowns known for her Ansel Adams-like prints & cards in the brilliant colors of Yosemite will be shown by Bernadette Young, co-creator of the event. There will be art-to-wear and you can add your touch to a collective piece of repoussé to try your hand at metal tooling.

Guests are invited to walk the 40' x 50' labyrinth in the Garden or feed with the chickens who have the right of way!

Check Facebook events page for more stories and information about this happening and these artists. Contacts: mandalusa@gmail.com or call 916-342-4293

Location is 5204 Winding Way (Between Garfield & Walnut). Enter and park on the corner of Valhalla.

Let's TRANSCEND this PANDEMIC!! ★

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Crossword Puzzle on Page 6

C	A	V	E	S	A	F	T	O	G	L	E			
U	M	I	A	K	N	O	R	C	R	O	O	N		
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Sudoku Puzzle on Page 6

5	8	7	2	4	1	3	9	6
6	9	3	8	5	7	1	4	2
4	2	1	9	6	3	5	7	8
2	7	6	4	9	5	8	3	1
8	1	4	3	7	6	9	2	5
9	3	5	1	8	2	7	6	4
3	6	8	5	2	9	4	1	7
7	4	9	6	1	8	2	5	3
1	5	2	7	3	4	6	8	9

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CLUES

ACROSS

- Lascaux and Mammoth, e.g.
- At the stern
- Eyeball rudely
- Inuit boat
- And not
- Sing like Sinatra
- Manicurist's file
- Old-fashioned "before"
- "If you ____, I won't cry. I won't waste one single day"
- "Steve walks warily down the street with the brim pulled way ____"
- "She's just a girl who claims I am ____"
- "Play it, ____" from "Casablanca"
- Boris Godunov, e.g.
- "All right stop collaborate and listen, ____ is back..."
- Between Phi and Kappa
- Restriction limiting use of lights during air raid
- J.D. Power awards competitors
- "Oh, back on the chain"
- Ann Patchett's novel "Bel ____"
- Slightly
- Algorithmic language
- French "place"
- Kind of potato masher
- Brickowski's brick
- Cleopatra's necklace
- Canine's coat
- Sol or fa
- National Institutes of Health
- "____ Christmas, I gave you my heart"
- Trinitrotoluene
- "You were working as a waitress in a cocktail bar when I ____"
- "I wanna dance with somebody, with somebody who ____"
- Lithograph, for short
- Holstein sound
- Radio sign
- Killed, like dragon
- Commotion
- Yiddish shrew
- Sleep in rough accommodations
- Gourmet mushroom
- Cancel an edit, pl.
- Sine over cosine
- "I long to see the sunlight in your hair and tell you time and time again how much ____"
- Northwoods dwelling?
- The Goldbergs sibling
- "Cause I'm your ____ cool one, and I'm built to please"
- Scotch ingredient
- Kitchen tear-jerker
- Wombs
- "Ooh, what's the matter with the crowd I'm seeing? Don't you know that they're out of ____?"
- Petals holder
- "Wake me up before you ____"
- It creates instant millionaires
- Count on, two words
- One from Laos
- Emissaries
- Poison ivy or Poison oak
- Religious doctrine
- Venus de ____
- Greek Hs
- Not that
- Pilot's stunt
- Not loony
- Catcher's gear
- Geological time periods
- Psychedelic acronym
- Lyric poem

Crossword Puzzle Solutions on Page 6

1	2	3	4	5	6	7	8	9	10	11	12	
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71						72				73		

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 Solutions on Page 6

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5	2	7	3	4							8

Ask Toni

Social Security Scam Alert!!! Hang UP on Bogus Calls!!



Toni King

Reader Alert: This week, I, Toni King received a letter from the Social Security office regarding my special needs sister's benefits and an amazing **SCAM ALERT** was on the back of the envelope that her Social Security letter was in. I felt it was my duty to America and the Toni Says newspaper article readers to let you know what Social Security is saying.

Here is what is written on the back of the Social Security envelope which I received **"!!!SCAM ALERT!!!** Scammers are pretending to be government employees. They may threaten you and may demand immediate payment to avoid arrest or other legal actions. Do not be fooled! If you receive a suspicious call:

1. Hang Up!
2. Do Not Give Them Money Or Personal Information!
3. Report The Scam At **OIG.SSA.GOV."**

On March 27, 2020, Inspector General Gail Ennis of Social Security released a news release from the Social Security Administration warning about new Social Security Benefit Suspension Scams that America needs to be aware of. She said: "Today, I am warning the public about fraudulent letters threatening suspension of Social Security benefits due to

COVID-19 or coronavirus-related office closures. Social Security will not suspend or discontinue benefits because Social Security offices are closed.

The Social Security Office of the Inspector General has received reports that Social Security beneficiaries have received letters through the U.S. Mail stating their payments will be suspended or discontinued unless they call a phone number referenced in the letter. Scammers may then mislead beneficiaries into providing personal information or payment via retail gift cards, wire transfers, internet currency, or by mailing cash, to maintain regular benefit payments during this period of COVID-19 office closures.

As of Tuesday, March 17, 2020, local Social Security offices are closed to the public due to COVID-19 concerns. **However, Social Security employees continue to work. Social Security will not suspend or decrease Social Security benefit payments or Supplemental Security Income payments due to the current COVID-19 pandemic.** Any communication you receive that says Social Security will do so is a scam, whether you receive it by letter, text, email, or phone call."

Toni Says article readers, please be aware that phone numbers referenced in these fraudulent letters are NOT the Social Security office and please **DO NOT CALL THESE NUMBERS AND GIVE ANY PERSONAL INFORMATION!!**

Also, in the press release it stated that Social Security

will never:

1. **Threaten** you with benefit suspension, arrest, or other legal action unless you pay a fine or fee.
2. **Promise** a benefit increase or other assistance in exchange for payment.
3. **Require** payment by retail gift card, cash, wire transfer, internet currency, or prepaid debit card.
4. **Demand** secrecy from you in handling a Social Security-related problem.
5. **Send** official letters or reports containing personally identifiable information via email.

The Inspector General's news release also stated that if you receive a letter, text, call or email that you believe to be suspicious, about an alleged problem with your Social Security number, account, or payments, hang up or do not respond. Social Security is asking Americans to please share this information with your friends and family to help spread awareness about Social Security scams.

Please fill out scam report of a Social Security scam by using the dedicated online form at <http://oig.ssa.gov>. It states on the Office of the Inspector General website that by educating yourself and learning how to identify and report various schemes, then you can stay "several steps" ahead of scam artists!

Toni King, author of the Medicare Survival Guide® is giving a \$5 discount on the Medicare Survival Guide® Advanced book packages for the Toni Says® newspaper article readers at www.tonisays.com. Have a question regarding Medicare email info@tonisays.com. ★



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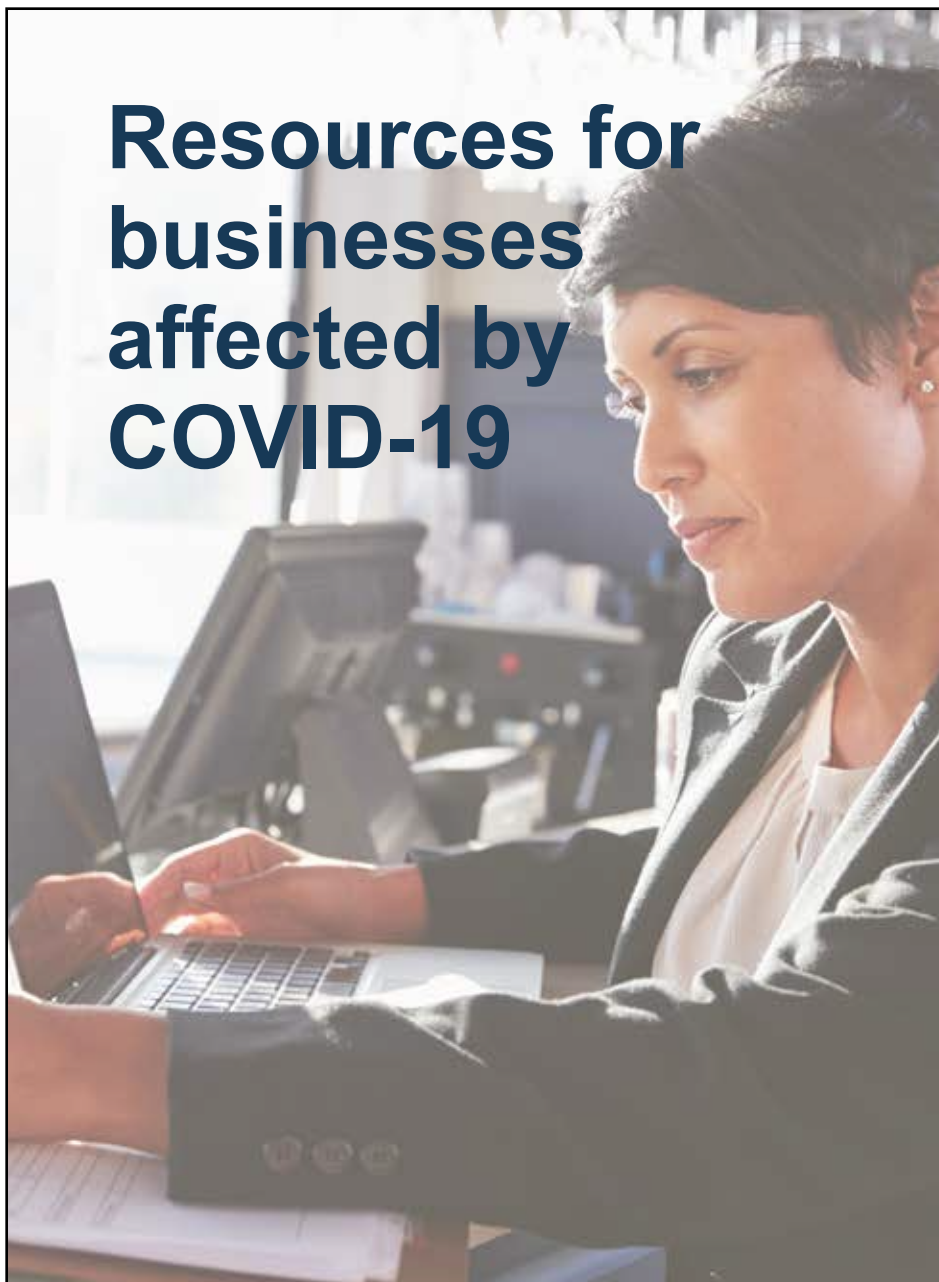
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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05139 JTS Sales Group, 10793 Alta Hill Mine Road Grass Valley, CA 95945 is doing business under the Fictitious Business Name(s) "JTS Manufacturing" 7105 Berwyn Place Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 4, 2020. Publish: August 14, 21, 28, and September 4, 2020

JTS 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05198 Miguel Angel Gutierrez, 5513 Coral Creek Way Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "MAG Roofing" 5513 Coral Creek Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 6, 2020. Publish: August 14, 21, 28, and September 4, 2020

MAG 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05191 Elizabeth A Garcia-Meza, 4857 Willowbrook Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Master Grouf" 4857 Willowbrook Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 6, 2020. Publish: August 14, 21, 28, and September 4, 2020

MASTER 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05220 Akash Anand, 5830 Rightwood Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "R&A Trans Logistics" 5830 Rightwood Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 7, 2020. Publish: August 14, 21, 28, and September 4, 2020

R&A 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-04938 Thomas R Martin and Aicy M Martin, 7644 Gingerblossom Drive Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Investors Choice Property Management, ICPM, ICPM Co" 7644 Gingerblossom Drive Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 28, 2020. Publish: August 14, 21, 28, and September 4, 2020

INVESTORS 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05142 Sergiy Rudy, 5344 Marconi Avenue #255 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "SR Service" 5344 Marconi Avenue #255 Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 4, 2020. Publish: August 14, 21, 28, and September 4, 2020

SR 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-04803 Marine Dealer Solutions LLC, 11344 Coloma Road Suite 710 Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "MDS Brand" 11344 Coloma Road Suite 710 Gold River, CA 95670. Filed with the Clerk of Sacramento County July 22, 2020. Publish: August 14, 21, 28, and September 4, 2020

MDS 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03301 University Automotive, INC, 2111 Northrop Avenue Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "University Automotive, INC" 2111 Northrop Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 21, 2020. Publish: August 14, 21, 28, and September 4, 2020

UNIVERSITY 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-04914 Miguel A Barreras, 2626 Los Nogales Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Angel Motors" 1568 Santa Ana Avenue Unit 100J Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 27, 2020. Publish: August 14, 21, 28, and September 4, 2020

ANGEL 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05036 North Unique LLC, 18 Donson Court Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Classy Grocery" 18 Donson Court Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 30, 2020. Publish: August 14, 21, 28, and September 4, 2020

CLASSY 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-04730 Alexander Paul Eiback, 6145 Fair Oaks Boulevard Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sacramento Barber and Beauty Supply" 6145 Fair Oaks Boulevard Unit 123 Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 20, 2020. Publish: August 14, 21, 28, and September 4, 2020

SACRAMENTO 180201 9-4-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05402 Chris Crittenton, 7663 Velaga Court Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Law Office of Chris Crittenton" 1104 Corporate Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 14, 2020. Publish: August 21, 28, September 4, and 11, 2020

LAW 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05140 John Nunn Jr, 7572 32nd Street Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Holy Hotz" 7572 32nd Street Sacramento, CA 95822. Filed with the Clerk of Sacramento County August 4, 2020. Publish: August 21, 28, September 4, and 11, 2020

HOLY 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05206 From the Porch LLC, 11973 Mircado Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sierra Waching Supply" 11973 Mircado Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 6, 2020. Publish: August 21, 28, September 4, and 11, 2020

SIERRA 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05290 Vincent Fuocella, 9267 Ultra Court Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Blue Collar Vending Works" 9267 Ultra Court Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 12, 2020. Publish: August 21, 28, September 4, and 11, 2020

BLUE 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05256 Shawn Harris, 3308 Ivy Street Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Shawn Harris Ent" 3308 Ivy Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 11, 2020. Publish: August 21, 28, September 4, and 11, 2020

SHAWN 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05267 Latoya Patton, 8412 Giverno Circle Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Honey Dipped Sweets" 8412 Giverno Circle Antelope, CA 95843. Filed with the Clerk of Sacramento County August 11, 2020. Publish: August 21, 28, September 4, and 11, 2020

HONEY 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05258 Irene Peralez, 5336 Nelson Street Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The Breakthrough Life" 5336 Nelson Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 11, 2020. Publish: August 21, 28, September 4, and 11, 2020

BREAK 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05255 Jamie Pride, 1929 Terrace Drive Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Pallet Scout" 1929 Terrace Drive Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 10, 2020. Publish: August 21, 28, September 4, and 11, 2020

PALLET 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05262 Saif Almosul, 5441 Mona Way Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Locks Empire" 5441 Mona Way Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 11, 2020. Publish: August 21, 28, September 4, and 11, 2020

LOCKS 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05259 Carlin Daley Reaume, 250 40th Street Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Supported Mama, Supported Mama Wellness" 250 40th Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County August 11, 2020. Publish: August 21, 28, September 4, and 11, 2020

SUPPORT 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05176 Tonya Lennon-LaChonce, 5008 San Marque Circle Carmichael, CA 95608 and Wendi Mae Davis, 2653 Knollwood Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "Team TLC" 1839 Iron Point Road Folsom, CA 95630. Filed with the Clerk of Sacramento County August 5, 2020. Publish: August 21, 28, September 4, and 11, 2020

TEAM 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03818 Ramen 101, 5693 Stockton Boulevard Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Ramen 101" 8420 Elk Grove Florin Suite 170 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County June 17, 2020. Publish: August 21, 28, September 4, and 11, 2020

RAMEN 180201 9-11-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05234 Jeffrie L Rowland, 2308 Marie Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Insulated Pool Kits" 2308 Marie Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 7, 2020. Publish: August 28, September 4, 11, and 18, 2020

INSULATED 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05577 Vanessa Bishop, 2661 Dawes Street Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Fiona Sparks Art" 2661 Dawes Street Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 19, 2020. Publish: August 28, September 4, 11, and 18, 2020

FIONA 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05399 Dustin Russell Fisher, 5528 Copper Sunset Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "D's Keys Automotive Locksmith" 5528 Copper Sunset Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 14, 2020. Publish: August 28, September 4, 11, and 18, 2020

KEYS 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05696 Jorge Modesto Madrid, 1139 Chelsham Avenue Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Scorpion Solutions, Durango Express" 1139 Chelsham Avenue Galt, CA 95632. Filed with the Clerk of Sacramento County August 20, 2020. Publish: August 28, September 4, 11, and 18, 2020

SCORPION 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05449 Manuel Alexander Romo, 2612 Renwick Avenue Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Agave Real Estate Group" 2612 Renwick Avenue Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 17, 2020. Publish: August 28, September 4, 11, and 18, 2020

AGAVE 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05373 Kimberlee J. Engle, 6721 Brookside Lane Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Iron Owl Distribution, Amazing Faith Apparel" 6721 Brookside Lane Folsom, CA 95630. Filed with the Clerk of Sacramento County August 14, 2020. Publish: August 28, September 4, 11, and 18, 2020

IRON 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05352 Addeline Elaine Dyer, 7663 Denise Street Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Hand of Glory Room + Board" 7663 Denise Street Sacramento, CA 95832. Filed with the Clerk of Sacramento County August 13, 2020. Publish: August 28, September 4, 11, and 18, 2020

HAND 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05072 Capitol Public Affairs, 1215 K Street #1756 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Capitol Public Affairs" 1215 K Street #1756 Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 31, 2020. Publish: August 28, September 4, 11, and 18, 2020

CAPITOL 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05540 Omav Alunser Mohammed, 3913 Laverne Way Sacramento, CA 95664 is doing business under the Fictitious Business Name(s) "Ternaney Auto" 8864 Greenback Lane Suite A Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 18, 2020. Publish: August 28, September 4, 11, and 18, 2020

TERMANEY 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05459 Bm Brothers Corp, 601 Summer Garden Way Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Carmichael Cigarettes and Gift" 4949 Marconi Avenue Suite G Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 17, 2020. Publish: August 28, September 4, 11, and 18, 2020

CARMICHAEL 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-04013 Thought Bomb Design Inc, 109 Gold Creek Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Modern For You" 109 Gold Creek Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County June 23, 2020. Publish: August 28, September 4, 11, and 18, 2020

MODERN 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05467 Joanne Schrier and Nicholas H Schrier, 4121 Exa Court Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Mail Order Antiques, Sterling Source" 4121 Exa Court Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 17, 2020. Publish: August 28, September 4, 11, and 18, 2020

MAIL 180201 9-18-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05224 Diana Y. Santoyo Bejar, 10035 Mills Station Road #169 Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Dust Away House Cleaning" 10035 Mills Station Road #169 Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 7, 2020. Publish: September 4, 11, 18, and 25, 2020

DUST 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05717 Rohail Mohammad Islam, 8318 Falcon View Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "A1 Wireless" 7451 Auburn Boulevard #C Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 20, 2020. Publish: September 4, 11, 18, and 25, 2020

A1 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05315 CSIL, LLC, 8946 Madison Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CS Recovery, Clean and Sober Recovery" 8950 Cal Center Drive #1658 Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 12, 2020. Publish: September 4, 11, 18, and 25, 2020

CS 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05891 J.P. Sanghera LLC, 18158 Mallard Street Woodland, CA 95695 is doing business under the Fictitious Business Name(s) "Mountain Mikes Pizza" 7660 La Riviera Drive Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 27, 2020. Publish: September 4, 11, 18, and 25, 2020

MOUNTAIN 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05852 Christopher S. Schuster, 7434 Auburn Oaks Court #88 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Direct Connect Electric" 7434 Auburn Oaks Court #88 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 26, 2020. Publish: September 4, 11, 18, and 25, 2020

DIRECT 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05837 April Guillen, 7672 Lily Mar Lane Box #7 Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Guillen's Landscaping" 7672 Lily Mae Lane Box 7 Antelope, CA 95843. Filed with the Clerk of Sacramento County August 26, 2020. Publish: September 4, 11, 18, and 25, 2020

GULLIEN 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05871 Ajo Maks, LLC, 8540 Elder Creek Road #B Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "MJG Registration Services, Auto Maks" 8540 Elder Creek Road #B Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 26, 2020. Publish: September 4, 11, 18, and 25, 2020

MJG 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05878 Amoreta Ida Robertson, 1821 Helena Avenue Unit D Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Everything C.A.R.S. & Detailing (Consumer Automotive Recond. Services)" 1821 Helena Avenue Unit D Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 27, 2020. Publish: September 4, 11, 18, and 25, 2020

EVERYTHING 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05833 Banks Holdings, LLC, 5960 S Land Park Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Dollar Plus Mart" 5960 S Land Park Drive Sacramento, CA 95822. Filed with the Clerk of Sacramento County August 26, 2020. Publish: September 4, 11, 18, and 25, 2020

DOLLAR 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05425 Kylie Kwok, 5800 Birchwood Court Elk Grove, CA 95757, Grace Tung, 10150 Clairina Way Elk Grove, CA 95757, and Siu Hing Wan, 20119 2nd Drive SE Unit B Bothell, WA 98012 are doing business under the Fictitious Business Name(s) "Queen's Mall" 5800 Birchwood Court Elk Grove, CA 95757. Filed with the Clerk of Sacramento County August 17, 2020. Publish: September 4, 11, 18, and 25, 2020

QUEENS 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05734 Igor Muntian, 6474 Cedar Ranch Drive Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "MIGBA Flooring" 6474 Cedar Ranch Drive Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 21, 2020. Publish: September 4, 11, 18, and 25, 2020

MIGBA 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05804 James and Barbara Kangas, 8936 Bluff Lane Fair Oaks, CA 95628 and Ross James Kangas, 7900 Mesa Street Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "Kangas Partners, Earth Glass" 8936 Bluff Lane Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 25, 2020. Publish: September 4, 11, 18, and 25, 2020

KANGAS 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05134 Todd Sanchez, 2316 Pecan Grove Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "TTrainHoop" 2316 Pecan Grove Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 3, 2020. Publish: September 4, 11, 18, and 25, 2020

HOOP 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05788 Kim Khanh Tran, 7649 Pickoi Circle Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Infinite Pure Water" 11009 Olson Drive #705 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 24, 2020. Publish: September 4, 11, 18, and 25, 2020

INFINITE 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05800 Ziad Hadd, 11664 Gold Country Boulevard Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "The Home Doctor" 11664 Gold Country Boulevard Gold River, CA 95670. Filed with the Clerk of Sacramento County August 25, 2020. Publish: September 4, 11, 18, and 25, 2020

HOME 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05632 William Petlinsky, 7810 Michigan Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Golden State Construction" 7810 Michigan Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 19, 2020. Publish: September 4, 11, 18, and 25, 2020

GOLDEN 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05739 Nationwide Recruiting Services Inc, 7412 Elsie Avenue #400 Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Nationwide Recruiting Services Inc" 7412 Elsie Avenue #400 Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 21, 2020. Publish: September 4, 11, 18, and 25, 2020

NATIONWIDE 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05613 Artek, LLC, 771 Oak Avenue Parkway Suite 3 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Artek Integrated Solutions" 771 Oak Avenue Parkway Suite 3 Folsom, CA 95630. Filed with the Clerk of Sacramento County August 19, 2020. Publish: September 4, 11, 18, and 25, 2020

ARTEK 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05515 Raymond D. Stults, 1958 Discovery Village Lane Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "The Dakotas" 4409 Freepoint Boulevard Sacramento, CA 95822. Filed with the Clerk of Sacramento County August 18, 2020. Publish: September 4, 11, 18, and 25, 2020

DAKOTAS 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05617 Muriel Nelson, 6112 North Haven Drive North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Novus Woman" 6112 North Haven Drive North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 19, 2020. Publish: September 4, 11, 18, and 25, 2020

NOVUS 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05748 Shelley Freese, 4322 Stollwood Drive Carmichael, CA 95608 and Marcella Kivick, 4425 Stollwood Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Stork Roses" 4322 Stollwood Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 24, 2020. Publish: September 4, 11, 18, and 25, 2020

STORK 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05442 Dalbir Singh, 4500 Natomas Central Drive Apt# 822 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Marar Trucking" 4500 Natomas Central Drive #822 Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 18, 2020. Publish: September 4, 11, 18, and 25, 2020

MARAR 180201 9-25-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-05408 Essentials By Nona, 5717 Ivy Town Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Essentials By Nova" 5717 Ivy Town Lane Orangevale, CA 95608. Filed with the Clerk of Sacramento County August 14, 2020. Publish: September 4, 11, 18, and 25, 2020

ESSENTIALS 180201 9-25-20

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282248
Mustafa Hameed Abed Abed has filed a petition with this court for a decree changing the name(s) of Mustafa Hameed Abed to Mustafa Abed. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 15, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 27, 2020
Christopher E. Krueger, Judge of the Superior Court
Publish: August 14, 21, 28, and September 4, 2020

ABED 180101 9-4-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282344
Joshua Taylor Hames has filed a petition with this court for a decree changing the name(s) of Joshua Taylor Hames to Joshua Taylor Sarafian. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 16, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 27, 2020
Christopher E. Krueger, Judge of the Superior Court
Publish: August 14, 21, 28, and September 4, 2020

HAMES 180101 9-4-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282710
Sylvester Eduardo Lara has filed a petition with this court for a decree changing the name(s) of Sylvester Eduardo Lara to Edward Sylvester Rohdis-Knittel. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 15, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 3, 2020
Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, September 4, 11, and 18, 2020

LARA 180101 9-11-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282900
Niko Dean Niavaroni has filed a petition with this court for a decree changing the name(s) of Niko Dean Niavaroni to Nickolas Niavarani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 29, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 6, 2020
Christopher E. Krueger, Judge of the Superior Court
Publish: August 28, September 4, 11, and 18, 2020

NIAVARONI 180101 9-18-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282628
Karen Roberts has filed a petition with this court for a decree changing the name(s) of Carly Yvonne Rossetti to Carly Anne Rossetti. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 22, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 31, 2020
Christopher E. Krueger, Judge of the Superior Court
Publish: August 14, 21, 28, and September 4, 2020

ROSSETTI 180101 9-4-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282497
Van Anh T Le and Hung Tuong Nguyen have filed a petition with this court for a decree changing the name(s) of Liam Nguyen to Liam Quoc Khanh Nguyen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 17, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 23, 2020
David I. Brown, Judge of the Superior Court
Publish: August 14, 21, 28, and September 4, 2020

NGUYEN 180101 9-4-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282347
Shannon Melissa Mason has filed a petition with this court for a decree changing the name(s) of Shannon Melissa Mason to Shannon Mason Ramos. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 16, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 23, 2020
David I. Brown, Judge of the Superior Court
Publish: August 14, 21, 28, and September 4, 2020

RAMOS 180101 9-4-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282293
Christopher Brennan has filed a petition with this court for a decree changing the name(s) of Christopher Brennan to Christopher Ray Bowers. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 15, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 27, 2020
Christopher E. Krueger, Judge of the Superior Court
Publish: August 21, 28, September 4, and 11, 2020

MALDONADO 180101 9-11-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282721
Sylvester Lara Quevedo has filed a petition with this court for a decree changing the name(s) of Sylvester Lara Quevedo to Sylvester Wyatt Rohdis-Knittel. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 23, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 3, 2020
David I. Brown, Judge of the Superior Court
Publish: August 21, 28, September 4, and 11, 2020

KNITTLE 180101 9-11-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282965
Kelly Ann Gomes has filed a petition with this court for a decree changing the name(s) of Kelly Ann Gomes to Kelly Ann Miller Gomes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 29, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 7, 2020
David I. Brown, Judge of the Superior Court
Publish: August 21, 28, September 4, and 11, 2020

GOMES 180101 9-11-20

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2020-00282943
Trang Anh Huynh has filed a petition with this court for a decree changing the name(s) of Trang Anh Huynh to Amber Anh Chin. IT IS ORDERED that all persons interested in the above entitled matter

Tips for Cleaning Your Property of Wildfire Ash

By Matt Robinson, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Sacramento area has been surrounded by wildfires and the effects have been smoky skies and falling ash. Breathing the bad air has been tough enough, but what's been falling from the sky is adding another environmental problem for our waterways.

Ash contains wood and vegetation, but also chemicals from homes and other buildings caught up in the flames then sent adrift to fall over the Sacramento region. We can help keep more from ending up in the water by being careful about how we remove the ash on our property.

If ash covers your home, walkway or vehicle, avoid breaking out the hose and washing it down the gutter. That untreated ash can pollute the storm drains

and eventually the creeks and rivers. Sweeping up the ash from around your home and depositing it in your trashcan is the best way to remove the pollutants.

When it comes to cleaning your vehicles, you should get rid of the ash on your vehicle as soon as possible because it can harm the paint. Taking your vehicle to a carwash will keep wastewater out of the storm drain system by diverting the wastewater to the sanitary sewer system or to a landscaped area where it will not pollute our creeks, rivers and waterways.

The cleaning up after the fires has both the U.S. and California Environmental Protection Agencies developing plans on clearing the ash without causing damage to creeks and rivers.

You can find more information from the United States Geological Survey (USGS) on the effects of ash in the waterways. ★

AB 3262 Amendments Made Suing Small Businesses Easier

NFIB California

SACRAMENTO, CA (MPG) - August 24 amendments proposed for Assembly Bill 3262 would only exacerbate an already bad idea, the state's largest and leading small-business association charge.

NFIB testified earlier before the Senate Judiciary Committee on its opposition to AB 3262, stating that the bill increases liability on all online marketplaces, including the small online marketplaces relied upon by many small businesses. NFIB's concern is that the bill erodes the ability of small- and medium-sized businesses from using their

digital platforms.

But subsequent amendments revealed on August 24 make the bill worse by expanding the scope to cover businesses 'facilitating the placement of products into the stream of commerce.'

"Given the vague language in the bill, it is unclear which business owners will be covered under the definition of 'electronic retail marketplace' (ERM) and whether their activities constitute 'facilitating' the placement of products into the stream of commerce leading to liability," said John Kabateck, California state director for NFIB.

In an NFIB survey of its members this week, 68% identified 'increased liability'

as a significant concern for them right now. "This bill will compound their existing fears, frustrations and inability to stay afloat during the COVID crisis," said Kabateck. "AB 3262 should be rejected. The policy is harmful, the last-minute amendments are flawed, and the timing could not be worse."

Keep up with the latest on California small-business at www.nfib.com/california

For more than 77 years, NFIB has been advocating on behalf of America's small and independent business owners, both in Washington, D.C., and in all 50 state capitals. For more information, please visit nfib.com. ★

Let's Release Butterflies to Support Grieving Children

By Kala Haley-Clark, Sacramento Children's Museum

RANCHO CORDOVA, CA, (CA) - Honoring grandparents at the 2nd annual Grandparents Butterfly Release on Sunday, September 13th took on a profound, unexpected new meaning considering the coronavirus pandemic. The event, co-hosted by Sacramento Children's Museum (SCM) and Snowline Hospice, invites families to purchase and release butterflies to honor the special role that

grandparents play in a child's life.

Many of last year's participants honored a grandparent who died. This year, however, families will also honor the wonderful, vulnerable grandparents our community keeps safe by sheltering in place.

Releasing butterflies on Grandparents Day is an ideal event for families craving a safe but inspiring outdoor event. SCM's drive-through events this summer - including July's PajamaJam and semimonthly ExplorAbility events for children

with autism, have been wildly popular with museum attendees.

While the vendor booths, interactive games, and indoor museum experience will not be a part of this year's festivities, attendees can enjoy their own socially distanced space, free giveaways, and outdoor museum programming. Masks are required for all attendees. Families who want to participate, but who don't yet feel comfortable in a group setting, can schedule curbside pickup for their butterflies.

"It's important for us to engage

families while we're closed, whether it's outside of the museum or from their homes," says Sharon Stone Smith, SCM's executive director. "We're delighted to bring our museum family together at such a challenging time."

Rene Hamlin, Snowline Hospice's development director, agrees. "This is a wonderful event that brings multiple generations together. Watching a butterfly take flight is an incredibly magical, memorable experience that I look forward to every year."

Butterflies are available for

\$15 each on the event's Facebook page, and must be purchased by August 30th. Proceeds from the event benefit SCM's distance programming, post-COVID-19 reopening, and Healing All Together (HAT), a program for children dealing with grief.

The 2nd annual Grandparents Day Butterfly Release is on Sunday, September 13th, from 11:30 am to 1:00 pm at 2701 Prospect Park Drive, Rancho Cordova, 95670.

This event is sponsored by Republic Services and McDonald's. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2020-00283194
 Guillermo Antonio Escobar Morales has filed a petition with this court for a decree changing the name(s) of Guillermo Antonio Escobar Morales to Guillermo Antonio Escobar.
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 30, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: August 13, 2020
 Christopher E. Krueger, Judge of the Superior Court
 Publish: August 28, September 4, 11, and 18, 2020
 MORALES 180101 9-18-20

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2020-00283191
 Sarah Blythe Jasmann has filed a petition with this court for a decree changing the name(s) of Sarah Blythe to Jasmann Sarah Blythe Lambeth.
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 30, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: August 13, 2020
 David I. Brown, Judge of the Superior Court
 Publish: August 28, September 4, 11, and 18, 2020
 CHIN 180101 9-18-20

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2020-00283155
 Medeba Elealeh "Orevillo Cutando has filed a petition with this court for a decree changing the name(s) of Medeba Elealeh Orevillo Cutando to Medeba Elealeh Cutanda Canares.
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on September 30, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: August 12, 2020
 David I. Brown, Judge of the Superior Court
 Publish: August 28, September 4, 11, and 18, 2020
 CUTANDA 180101 9-18-20

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2020-00283556
 Shoua Darragh-ly, Markisha Ann Darragh-ly has filed a petition with this court for a decree changing the name(s) of Shoua Darragh-ly to Shoua Daraly and Markisha Ann Darragh-ly to Kesha Ann Daraly.
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 1, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: August 24, 2020
 Christopher E. Krueger, Judge of the Superior Court
 Publish: September 4, 11, 18, and 25, 2020
 DARALY 180101 9-25-20

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #34-2020-00283289
 Yanhua Xue has filed a petition with this court for a decree changing the name(s) of Yanhua Xue to Yanhua Xue Rivera.
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 1:30 p.m. on October 7, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: August 14, 2020
 David I. Brown, Judge of the Superior Court
 Publish: September 4, 11, 18, and 25, 2020
 XUE 180101 9-25-20

NOTICE OF PETITION TO ADMINISTER ESTATE

ESTATE OF STANFORD JAMES TOMPKINS
 CASE No. 34-2020-00277470
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Stanford James Tompkins, deceased A Petition for Probate has been filed by Deepak Sharma, in the Superior Court of California, County of Sacramento, requesting Deepak Sharma, be appointed as personal representative to administer the estate of the decedent. The petition requests that the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: September 9, 2020 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone number of the petitioner is: Deepak Sharma 1017 L Street Suite 678 Sacramento, CA 95814 415-654-6211
 Publish: August 21, 28, and September 4, 2020
 TOMPKINS 170622 9-4-20

ESTATE OF ANNABELLE LASELLE
 CASE No. 34-2020-00281446
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Annabelle Singhose, Annabelle Flynn, Annabelle (Anna) LaSelle, deceased A Petition for Probate has been filed by Mark Edward LaSalle, in the Superior Court of California, County of Sacramento, requesting Mark Edward LaSalle, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: November 17, 2020 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone number of the attorney for the petitioner is: Michael Yee 4010 S Land Park Drive Suite B Sacramento, CA 95822 415-654-6211
 Publish: September 4, 11, and 18, 2020
 DELUCA 170622 9-18-20

ESTATE OF PAUL EUGENE CORNWELL
 CASE No. 34-2020-00277947
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Paul Eugene Cornwell, Paul E. Cornwell, Paul Cornwell, deceased A Petition for Probate has been filed by Patricia Ramano, in the Superior Court of California, County of Sacramento, requesting Patricia Ramano, be appointed as personal representative to administer the estate of the decedent. The petition requests that the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. A hearing on the petition will be held in this court as follows: November 17, 2020 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your

rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone number of the petitioner is: Patricia Ramano 1022 Rubicon Way Santa Rosa, CA 95401 916-293-1849
 Publish: September 4, 11, and 18, 2020
 CORNWELL 170622 9-18-20

ESTATE OF ANNABELLE LASELLE
 CASE No. 34-2020-00281446
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Annabelle Singhose, Annabelle Flynn, Annabelle (Anna) LaSelle, deceased A Petition for Probate has been filed by Mark Edward LaSalle, in the Superior Court of California, County of Sacramento, requesting Mark Edward LaSalle, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: October 14, 2020 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address, and telephone number of the attorney for the petitioner is: Mark Edward LaSalle 3540 La Habra Way Sacramento, CA 95864 916-216-5938
 Publish: September 4, 11, and 18, 2020
 LASALLE 170622 9-18-20

TRUSTEE SALE NOTICES

T.S. No. 088126-CA APN: 058-0350-002-0000 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 11/6/2001. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 9/17/2020 at 1:30 PM, CLEAR RECON

SAN JUAN UNIFIED SCHOOL DISTRICT PUBLIC HEARING NOTICE PROPOSED PROPERTY EASEMENT FOR PUBLIC UTILITIES

NOTICE IS HEREBY GIVEN that, pursuant to Education Code section 17556, et seq., the Board of Education of the San Juan Unified School District ("Board") has adopted a Resolution of Intent to convey to Citrus Heights Water District (CHWD) certain real property within the San Juan High School site (hereinafter referred to as "Property") for the purpose of construction, reconstruction, installation, replacement, removal, repair, alteration, operation, maintenance, inspection and use, of a ten-foot high concrete wall within the easement area. A public hearing will be held during the regular meeting of the Board on September 8, 2020, at 6:30 p.m. or as soon thereafter as practicable, on the question of conveyance of the Easement. Copies of the Resolution of Intent to Convey an Easement and Calling a Public Hearing in Connection Therewith are available upon request from Katie.Colby@sanjuan.edu and posted at our District Office Front Lobby.

At the public hearing described above, any interested person may be heard on the matter of conveying the aforementioned Easement. At the time and place of the public hearing, if no legal protest is entered, the Board may adopt a resolution by a two-thirds vote of its members authorizing and directing the conveyance of the Easement to CHWD.

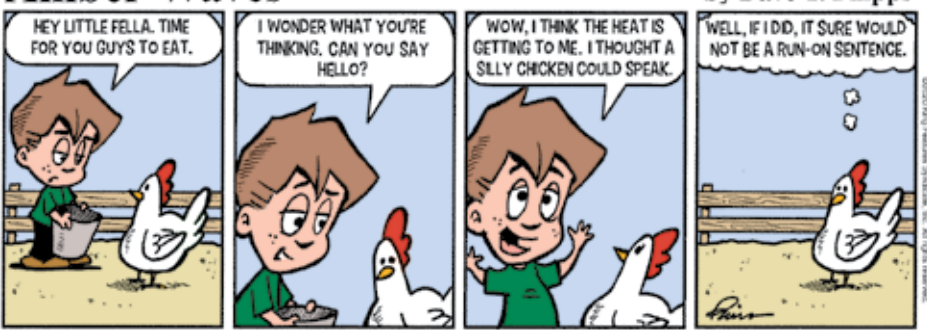
Dated: 8/25/2020 Carmichael Times 9-4-2020

CORP, as duly appointed trustee under and pursuant to Deed of Trust recorded 11/20/2001 in Book 20011120 Page 0605 of Official Records in the office of the County Recorder of Sacramento County, State of CALIFORNIA executed by: ROBERT J. ROWAN AND DEBORAH L. ROWAN, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, SAVINGS ASSOCIATION, OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE: OUTSIDE THE EAST MAIN ENTRANCE TO THE COUNTY COURTHOUSE, 720 9TH ST., SACRAMENTO, CA 95814 all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: LOT 65, AS SHOWN ON THE PLAT OF BRIARWOOD COLOMA UNIT NO. 2, FILED IN THE OFFICE OF THE RECORDER OF SACRAMENTO COUNTY ON JUNE 18, 1973, IN BOOK 94 OF MAPS, MAP NO. 5. The street address and other common designation, if any, of the real property described above is purported to be: 2201 BRIDLEWOOD DR RANCHO CORDOVA, CA 95670 AKA RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be held, but without covenant or warranty, express or implied, regarding title, possession, condition, or encumbrances, including fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to pay the remaining principal sums of the note(s) secured by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$161,954.87 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary

under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned or its predecessor caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (844) 477-7869 or visit this Internet Web site WWW.STOXPOSTING.COM, using the file number assigned to this case 088126-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR SALES INFORMATION: (844) 477-7869 CLEAR RECON CORP 4375 Julland Drive San Diego, California 92117 STOX#090618 9-11-20

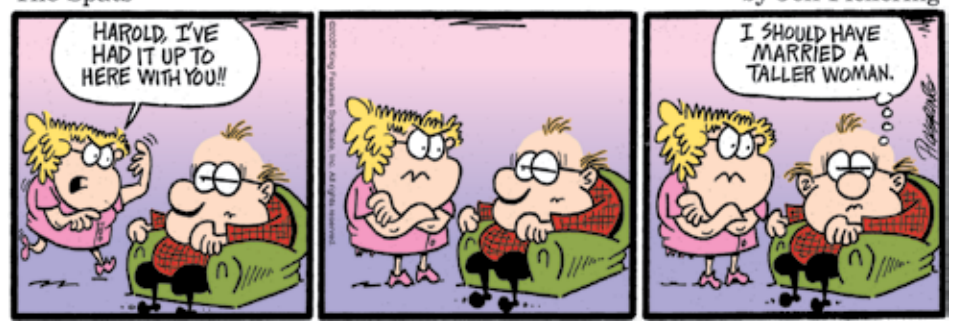
WEEKLY COMICS

Amber Waves



by Dave T. Phipps

The Spats



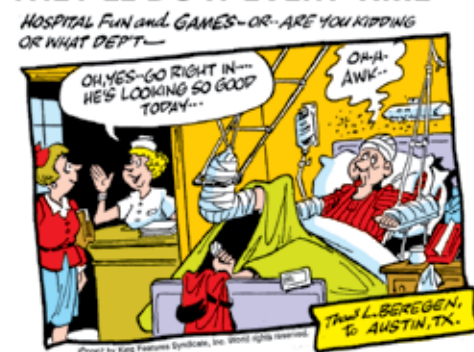
by Jeff Pickering

Out on a Limb

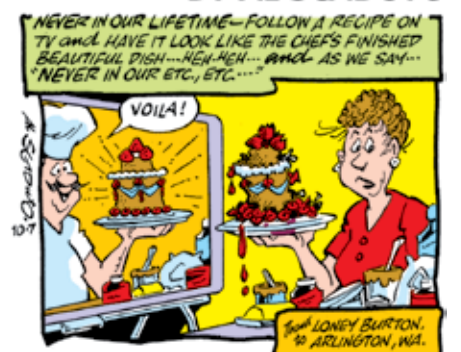


by Gary Kopervas

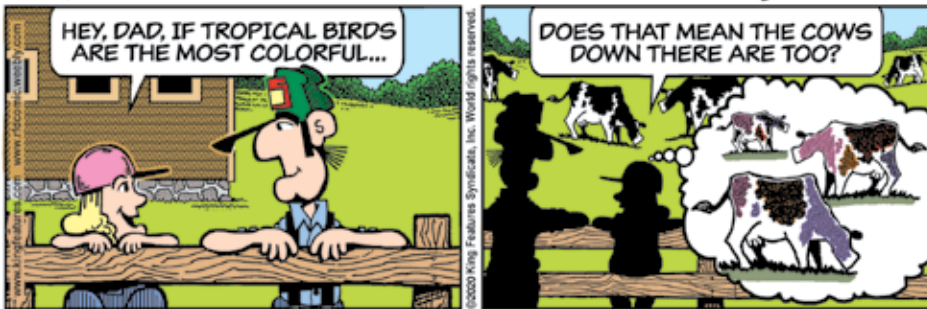
THEY'LL DO IT EVERY TIME



BY AL SCADUTO



R.F.D.



by Mike Marland



GRIN & BRAD IT



"Good morning! My name is Ms. Figby, and I'll be your worst nightmare this year!"

LAFF-A-DAY



"Is this the same husband who was missing three times last year?"

Just Like Cats & Dogs



by Dave T. Phipps

HOCUS-FOCUS



BY HENRY BOLTINOFF



Find at least six differences in details between panels.

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Do Crises Help or Hurt Tax Hikes?



By Dan Walters
CAL Matters

Does the trauma enveloping California this year – pandemic, recession, heat waves, blackouts and disastrous wildfires – make voters more or less likely to vote for tax increases?

Sponsors of a \$12 billion a year hike in taxes on warehouses, office buildings, factories and other commercial property hope it's more.

Proposition 15 would raise that money for schools and local governments by changing Proposition 13, the iconic 1978 ballot measure that imposed tight restrictions on property taxes. If it's passed, taxable values of commercial property would be increased to current market levels.

Public employee unions and other advocates of government spending have long yearned to crack Proposition 13 via what's called a "split roll" and after many starts and stops, finally decided that 2020's presidential election, with a high voter turnout, would be the best time to give it a try.

Even before California and its economy were hammered by COVID-19 and recession, polling indicated that the measure had no better than a 50-50 chance of passage. The iffy climate for new taxes was also signaled in last

March's primary election, just before the pandemic hit home, when more than half of hundreds of local tax and bond measures were shot down.

Nevertheless, split-roll advocates forged ahead with what became Proposition 15, setting up what promises to be a titanic political war with commercial property owners and other business groups. Pandemic and recession are likely talking points for both sides.

Some local authorities have pulled back long-planned tax increase proposals, believing that chances of passage even in a high-turnout presidential election have faded.

One of those instances occurred in July, as a deadline for placing measures on the ballot approached. The Sacramento Transportation Authority, which had decided to ask local voters for a half-cent sales tax increase, abruptly reversed course when polling indicated it would likely fail.

"We understand the public sentiment at this time given the pandemic and social unrest, people are focused on other things," transportation authority board chairman Darren Suen, a member of the Elk Grove City Council, said.

However, it appears that most local government proposals to raise taxes, including bonds that would be repaid from increased property levies, will remain on the ballot.

The California Taxpayers Association counts 237 local tax and bond measures to be decided in November, including 176 direct tax increases totaling roughly \$1.5 billion. Voters

also will face \$13.1 billion in local school construction bonds and \$1.9 billion in other local bonds, Cal-Tax says.

Most are traditional increases in sales taxes or parcel taxes on property, but they also include local levies on legal marijuana sales, property transfer documents, utility services and hotel rates.

A semi-new taxation wrinkle is being tried in several San Francisco Bay Area communities – direct taxes on business. San Francisco itself has two business tax measures on the ballot, including a gross receipts tax based on the difference in pay between corporate executives and their employees. Richmond proposes a new tax on telecommunication services and video streaming.

There's also a new wrinkle in the long-running conflict over spending taxpayer money to persuade voters to endorse new taxes and bonds. Such advocacy is illegal, although almost never prosecuted. But California's Fair Political Practices Commission recently fined Los Angeles County's government for waging a million-dollar campaign for a 2017 tax measure under the guise of "information."

Watchdog organizations will be monitoring local governments this year to see if the FPPC fine has an effect on how local governments spend public funds to present their tax increase pitches to voters.

Email Dan at dan@calmatters.org

Dan Walters has been a journalist for nearly 60 years, spending all but a few of those years working for California newspapers. ★

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