

Having the All-In Attitude

New Firefighters Graduate to Join Metro Fire

PAGE 10



Carmichael Times

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Serving Carmichael & Sacramento County since 1981

JUNE 12, **2020**

SMUD CLEARING TREES AND BRUSH **NEAR HIGH-VOLTAGE LINES**



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DOCTOR'S ADVICE ... GET TRADITIONAL MEDICARE ... WHAT'S THAT?



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Public or Private, Fireworks this 4th will be Different



Cash-strapped non-profits are hoping for brisk business with so few professional displays being staged this season. Photo by David Dickstein

By David Dickstein

SACRAMENTO REGION, CA (MPG) - This is the first in a two-part series covering how the Sacramento Valley will celebrate Independence Day with traditional fireworks in an untraditional year. Watch for our annual fireworks buyers guide in the next issue.

Between California's monthslong shelter-in-place order and other taining physical experiences, even levels during the coronavirus pandemic, no surprise, then, that Kelly, part of a the home of the brave, but not so much the land of the free.

coming Independence Day the most it gets." important one since the first.

Kelly, vice president of TNT Fireworks, non-profit organizations out of tempo-

the most recognizable symbol of the Fourth of July after Old Glory. "People are feeling constrained in response to the coronavirus crisis. Social distancing has gone on since winter, and for those who have suffered through the loss of loved ones and jobs, this ordeal has been an especially painful journey."

One way humans cope through crisis is by sharing happy and enter-"don'ts" issued by governments of all in the era of social distancing. It's citizens might feel that they're living in consumer industry hoping to salvage a season, proclaimed that "celebrating America's birthday with fireworks That sentiment could make this is about as happy and entertaining as

"I don't disagree with that," said John purposes, consumer fireworks sold by the nation's largest reseller of perhaps rary stands in Sacramento County and

other areas where legal will be how many Americans get their bang-boom on for the nation's 244th birthday. The reason is scant few of the 16,000 public fireworks displays typically staged in country on the Fourth of July are expected to go forward, according to the American Pyrotechnics Association.

"There have been widespread cancellations of Independence Day parades, concerts and fireworks displays nationwide," said APA Executive Director Julie Heckman. "Due to social distancing mandates related to COVID-19, the skies will be dark above the vast majority of cities, towns and municipalities.

Giving a rare green light to skies of red, white and blue is Elk Grove. The Bought for the rapeutic or patriotic city council approved an aerial show for July 4, but instead of setting off fireworks over Elk Grove Regional Continued on page 3

Board Ratifies Local State of Emergency

By Kim Nava, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - The Board of Supervisors unanimously approved the ratification of the Local State of **Emergency Proclamation** for Civil Unrest. The County will review the need for continuing the local emergency at least every 60 days.

With the ratification and letter to the Director of the California Office of Emergency Services, Sacramento County is asking the Governor to Proclaim an Emergency for Sacramento County, along with authorization for California Disaster Assistance Act funding. With the ratification and letter, the County is also asking for a Small **Business Administration** Declaration to provide loans to support businesses that sustained economic injury due to civil unrest beginning and after May 30, 2020.

The proclamation went into effect retroactively to May 30 because of civil unrest in Sacramento that resulted in damaged storefronts, looting activity and property damage. Preliminary damage estimates indicate a dollar loss of \$10,030,000.

The proclamation does not call for additional National Guard troop deployment to the area beyond those that arrived last week to assist with local law enforcement agencies. Additionally, the County did not enact a curfew with the proclamation. Both items are made clear in the Board of Supervisors' Resolution.

According to First District Supervisor and Chairman of the Board Phil Serna, "It was obvious to all of us that we needed to make expressly clear what our intent is and what it is not. The actions, in fact, are the first steps to assure our access to state resources to help small businesses affected by recent violence, and to also protect our General Fund - a budget that is already severely stressed by the onset of the pandemic but that is nonetheless expected to continue funding important programs like the Black Child Legacy Campaign."

The County will review the need for the continuing local emergency at least every 60 days and will terminate it at the earliest possible date conditions warrant.



Drive-By Graduates Celebrate in New-Norm Style

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) -El Camino High School parents and teachers last weekend gave COVID year students a graduation they'll never forget. More than 100 seniors took part in a "drive-by" ceremony at the Carmichael Elks Lodge. In decorated cars crammed with family, teenagers solemnized their educational milestone in new-norm style. Robbed of passingout traditions by school closures and social distancing regulations, the seniors nevertheless put on caps, gowns and cheerful faces.

Edward Elgar's "Pomp and Circumstance" was piped into the parking lot. The anthem blended with revving engines, blaring horns, cheers, Hawaiian conch calls and more screams than at a rock concert. Diplomas were brandished. Carmichael Elks donated the venue and showed up with banners of support for the kids.



Martre "Tre" Brown graduates with best wishes from parents Mark and Tracy.

San Juan School District rangements. Volunteer graduates would support was not involved in ar- organizers had no idea if Continued on page 11 and 12 2 · Carmichael Times

JUNE 12, 2020

SMUD Clearing Trees and Brush near High-voltage Lines

SMUD Press Release

SACRAMENTO COUNTY, CA (MPG) - SMUD vegetation management crews are busy clearing large areas of trees with high fuel loads and elevated fire risk in the Sierra foothills under and near high-voltage transmission lines. With the 2020 fire season approaching, tree and brush work is essential to SMUD's efforts to mitigate wildfire danger during the hot summer months

Crews working in the Rescue area east of El Dorado Hills are conducting the latest in planned vegetation management work in El Dorado County that's been going on for several years. SMUD owns rights-of-way in its transmission line corridors that span forested areas all the way to Loon Lake in the Crystal Basin area.

The transmission lines move electricity from SMUD's hydroelectric plants in the Upper American River Project (UARP), which produce about 700 megawatts of electricity or about 20 percent of SMUD's customer demand. This carbon-free resource is especially valuable in the hot summer months when air conditioning load in SMUD's service territory can push demand to near peak levels.

Though SMUD doesn't serve El Dorado County, the community-owned electric company works directly with property owners to plan the work, which in some cases crosses private property near homes and businesses including orchards and vineyards. In many cases, property owners request the removal of trees and brush on their properties as wildfire danger has become considerably more threatening in recent years.



SMUD contract tree pruning workers clear high-fuel vegetation and brush under and near high-voltage transmission lines in Rescue, El Dorado County. Photo: SMUD

and by helicopter. To identify

"Managing this vegetation near our transmission lines that feed the SMUD grid is critical to keeping our system reliable," said SMUD Chief Energy Delivery Officer Frankie McDermott. "This exhaustive planning and work execution also go a long way in mitigating potential wildfire danger."

In fact, SMUD's comprehensive approach to vegetation management using industry best practices has delivered life- and property-saving results. The work aided firefighters in gaining control of the King Fire in 2014, which impacted SMUD's transmission lines near Camino. A key turning point came as SMUD's already-managed transmission line rights-of-way provided critical fire breaks for firefighters to stop the fire's spread. CAL FIRE officials even publicly acknowledged SMUD's vegetation management programs as critical factors in protecting the foothill communities of Camino, Pollock Pines and Apple Hill from the catastrophic King Fire.

SMUD patrols these lines annually, by truck, on foot

trees proven to be historically associated with causing power outages. SMUD uses Light Detection and Ranging (LiDAR) technology and a helicopter to efficiently and strategically pinpoint those trees for pruning or removal that are within defined clearance limits of SMUD's power poles, towers and lines. LiDAR measures distance to a target by illuminating it with an FAA-approved pulsed laser light and measuring the reflected pulse – like SONAR but with light instead of sound - producing digital 3D pictures of the target. The imaging technology is even capable of identifying chlorophyll, which makes plants green and is an accurate measurement of plant health, which is utilized to identify potential hazards from weak, dying or dead trees, the

SMUD also manages trees and brush below and near clearances in the neighborhoods with overhead lines in the SMUD service territory at least every 36 months. Some trees grow faster, and

result of recent drought years.

any potential situation that can cause an outage or safety issue is prioritized and addressed to ensure public safety and

reliability.

Trees are beautiful and provide excellent natural benefits including comfort and energy savings from the shading canopy, but their growth needs to be managed in an environmentally friendly way. The elected SMUD Board of Directors makes Environmental Stewardship a Core Value. SMUD's "Do No Harm" edict coincides with public safety and electric reliability.

SMUD has also been recognized by the Right-of-Way Stewardship Council (ROWSC) for demonstrated excellence in managing the vegetation growth near the SMUD electrical system.

Remember, during this time of heightened concern over COVID-19, if you see our field personnel out, please greet them from afar with a thumbs up or a wave.

For more information about SMUD and its vegetation management programs, visit SMUD.org.

Vitalant Begins Testing Donations for Antibodies to COVID-19

By Drew Fowler, Vitalant

SACRAMENTO, CA (MPG) - Vitalant became the first national blood bank to test all blood donations for anti-

bodies to SARS-CoV-2, the coronavirus that causes COVID-19. The nation's largest independent, non-profit blood collector – serving hospital patients across the country, including Northern California and the Central Coast – is providing the test results to donors who complete successful blood donations, which are critically needed

The antibody test authorized by the Food and Drug Administration will indicate if the donor's immune system has produced antibodies to the virus, regardless of whether they ever showed symptoms. It is possible that over time, the broad use of antibody tests and clinical follow-up will provide the medical community with more information on whether a person who has recovered from COVID-19 is at a lower risk of infection, and if so, for how long.

"While a positive antibody test does not mean that someone is immune to COVID-19, it does mean that they may be eligible to donate convalescent plasma in the future and help people with the disease," said Cliff Numark, Vitalant's Chief of Marketing. "Convalescent plasma can be given directly to patients currently battling COVID-19 to help boost their ability to fight their illness." Vitalant began collecting and distributing convalescent plasma in April. For

more information, visit vitalant.org/COVIDfree.

Donations of all blood types are critically needed right now, with an especially high need for type O, A- negative and B-negative red blood cells. In addition, platelets are always needed by patients for cancer treatments, surgeries and emergencies. Because of its short shelf life – only 5 days – the supply of platelets must be continually replenished.

Donors are urged to give blood as soon as possible. Appointments are strongly recommended: visit vitalant.org or call 877-25-VITAL (877-258-4825).

The antibody tests are part of a full panel of tests that Vitalant performs on successful blood donations. Donors are not charged for the tests and costs are subsidized, in part, by The Blood Center Foundation of the Inland Northwest and The Bonfils Blood Center Donor Advised Fund. Donors will be able to see their results approximately 2 weeks after donating by logging into their online donor accounts.

In addition to Vitalant providing lifesaving blood to patients in need, Vitalant Research Institute is leading several research initiatives related to SARS-CoV-2 antibodies.

June 14 is World Blood Donor Day, a campaign developed by the World Health Organization to raise awareness of the ongoing need for blood. Vitalant strongly encourages donors in the U.S. to step up and give blood to support patients undergoing emergency procedures and receiving ongoing treatments.

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Governor Newsom Announces New Policing and Criminal Justice Reforms



Govenor Gavin Newsom

Office of Governor Gavin Newsom Press Release

SACRAMENTO, CA (MPG) -

After a week of engagement with civic leaders and law enforcement in the wake of the killing of George Floyd and demonstrations nationwide, Governor Newsom announced his support for new policing and criminal justice reforms. Governor Newsom will work toward a statewide standard for policing peaceful protests and ending the carotid hold. This announcement follows the work California did last year to enact the nation's strongest standard for police use of deadly force.

"We have a unique and special responsibility here in California to meet this historic moment head-on," said Governor Newsom. the carotid hold be removed "We will not sit back from the state police

proud that California has advanced a new conversation about broader criminal justice reform, but we have an extraordinary amount of work left to do to manifest a cultural change and a deeper understanding of what it is that we're working to advance. We will continue to lead in a direction that does justice to the message heard all across this state and nation."

Governor Newsom called for the creation of new standards for crowd control and use of force in protests. Governor Newsom committed to working with the Legislature, including the California Legislative Black Caucus, the California Latino Legislative Caucus and other legislative leaders, in consultation with national experts, community leaders, law enforcement and journalists to develop those standards – much like the collaboration that produced AB 392 last year, California's nation-leading use-of-force bill.

Additionally, he called for the end of the carotid hold and other like techniques in California, directing that

passively as a state. I am training program and state training materials. He committed to working with the Legislature on a statewide ban that would apply to all police forces across the state.

> Criminal justice reform has been a key priority of Governor Newsom's first year in office. He placed a moratorium on the death penalty, citing racial and economic disparities in how it was applied. He proposed to close the Division of Juvenile Justice and proposed closing two state prisons. In his May Revision budget, Governor Newsom proposed expanding opportunities for rehabilitation and shortening prison time for offenders participating in treatment programs, in education programs and otherwise engaging in good behavior; as well as increasing access to higher education for young people who are incarcerated.

> Governor Newsom acknowledged that more action is needed, and stated that additional reforms around police practices, educational equity, economic justice, health equity and more must be addressed with urgency.

Public or Private, Fireworks this 4th will be Different

Continued from page 1 Park and the 22,000 or so gathered there, the by at least six feet during the show. Except staging area will be at an undis- closed

location so that residents can watch from their homes.

Elk Grove is lighting up, but from Rancho Cordova and Folsom to South Lake Tahoe and Davis, aerial displays were announced as grounded to the disappointment of pyro fans and the detriment of pyro producers.

"The business is on life support. We are down 90 percent in sales and shows," said James Souza, CEO of industry bellwether Pyro Spectaculars, which does have the Elk Grove gig. "Everyone wants a show but is not going to commit due to the state's public gathering policy."

At press time, hope was being held out for the show to go on in a smattering of locations awaiting health data on the staged reopening approach. Even with favorable figures, putting on a professional firework display still might not be possible given the short fuse.

"All the more reason for the general public to stock up on consumer fireworks and plan a backyard or neighborhood celebration – of course, abiding by social distancing guidelines," said the APA's Heckman.

Many of the nearly 33 jurisdictions in Sacramento, Placer, Yolo and Yuba counties warm to consumer fireworks had left existing laws as-is at press time, while others may enact a one-year moratorium on sales that has no impact on use. Best to check with your local fire department before lighting. A list of "open" communities can be found at http://ca-fireworks.presskit247.com.

For most of the state including Sacramento County, June 28 starts a potentially big week for non-profits that could be more cashstrapped than usual.

Whereas residents of other states can also let the sparks fly on New Year's, if not yearround, celebrating the anniversary of our country's fervent declaration of independence from Great Britain in 1776 is the occasion for which California consumers can legally light fireworks, and only the state-approved "safe and sane" variety.

Depending on ordinances in effect at the time, law-abiding revelers and sellers may need to wear masks and separate households for rules around personal protection

equipment and distancing, buying fireworks may not be all that different from nonpandemic years. "Key guidelines that

will need to be met are already built in," said Kelly of TNT. which has its Northern California regional offices in Sacramento. "We're already selling out of stands where the volunteer salespeople and customers are separated by wood panels and chicken wire. Buyers

don't touch product until purchase." Phantom Fireworks, the state's second-

largest fireworks reseller, is confident that patriotism, community support, a hunger for outdoor family amusement and the most favorable day of the week for a Fourth of July will outweigh any inconveniences associated with compliance.

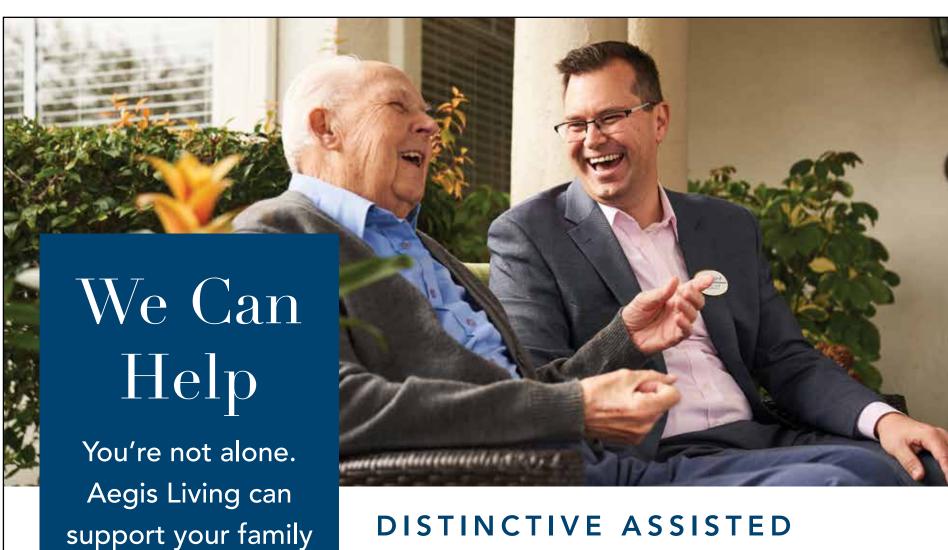
"A weekend Independence Day is always great for fundraising, but with the fourth falling on a Saturday, that's even better," said Linda Hass-Kreman, Phantom's West Coast operations manager based in Sacramento. "A Saturday July Fourth means many among the workforce have that Friday off as a corporate holiday and the next day off as well being a Sunday. I think society is so ready to have fun outside the home, enjoying something separately, but together, that we're going to have one of the most special and successful fireworks seasons ever."

It's not as if the country doesn't have experience dealing with pandemics at this time of year. Smallpox, measles and other diseases had wary colonists shutting themselves in their houses at the time future president John Adams correctly predicted that the first Independence Day would be celebrated with "bonfires and illuminations."

Two and a half centuries later, American history will repeat itself when patriotic citizens ooh and aah to star-spangled fireworks under pandemic conditions.

"Fireworks are the most widely anticipated tradition of celebrating our nation's independence," Heckman said. "Americans are ready to celebrate and looking for something to do after being cooped up for so long, and many of us still are in parts of the country."





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This timeless English Tudor home is an entertainer's dream! Tucked away in a large comer lot in a well-established neighborhood, this estate captures the best of both worlds for a buyer who wants a private retreat with the ease of having in-town conveniences. Within 1 mile, you can access Lake Natoma, the American River and Highway 50. Step inside this immaculately kept home where you will find a grand entryway, formal dining room overlooking the picturesque backyard, spacious living room, family room and home office. Large kitchen offers tons of storage space for dinner parties/events. Two separate staircases lead to an oversized master bedroom and two guest bedrooms. Backyard is an entertainer's dream with two Brazilian hardwood decks overlooking gorgeous landscaping, including a bridge and water feature. New \$80k roof installed 10/18. 3-car garage





From its charming storybook exterior to its perfectly polished interior, this beautiful 4 bedroom and 2 bath home has it all! An inviting porch and idyllic front yard add to this home's great curb appeal. Completely remodeled with gorgeous finishes throughout! The gourmet kitchen features stainless steel appliances, quartz countertops, and an oversized island with a breakfast bar. The family room has a cozy stone fireplace and beautiful French doors that open up to the private backyard. The exquisite master suite has a soaking tub, walk-in shower and custom fireplace. The backyard is set on .43 acres

This beautifully-appointed home has it all! Built in 2002, this stunning 3,657 sq. ft. residence features a well-designed floor plan with spacious living areas including a separate living room with soaring ceilings, a formal dining room, an oversized kitchen overlooking the family great room, and downstairs bedroom and full bathroom. Upstairs, enjoy 3 bedrooms and 2 full baths with a large theater room that could be converted into an office or possible fifth bedroom. The large master suite has a gas fireplace, soaking tub. separate shower and his & hers walk-in closets. The backyard features a large covered patio with outdoor kitchen/bbq, stamped concrete area with a palapa and built-in fire pit, and another stamped concrete space with additional seating and outdoor fire pit.





Vacation at home! This beautiful ranch-style home is tucked away in one of Carmichael's most desirable locations near Ancil Hoffman Park. Enjoy a spacious floor plan with 4 bedrooms and 3 baths and separate living and family rooms. This home functions as a single-story home with a bedroom, bathroom and game room upstairs that could be used as a detached guest quarters. New carpet in the formal living and dining room, new flooring in the master and sunroom, freshly painted exterior, and a newly landscaped front yard. The backyard is an entertainer's dream with a large sparkling pool, stamped concrete patio, and mature oak trees that provide enhanced privacy and shade

This lovingly maintained 3 bedroom and 1 bath home is situated on .63

acres and is the perfect for a buyer who needs a large workshop and plenty of storage rooms/spaces for their hobbies. The backyard is well-maintained with highlights including a 10X10 ft. enclosed storage building, a 20X50 ft. breezeway with a clear height of 11 ft. (complete with power, water & lighting for your projects), and a 25X35 ft. enclosed garage with all new lighting and exhaust fans. Multiple storage rooms with shelving for all of your hobbies. Fully enclosed chicken coop, Zen shack with a covered deck and built-in covered pad for your hot tub, and covered patio. Beautiful garden with herb beds, sprinklers, a planting table, and an 8x8 seed shack/greenhouse.



Craig Diez CalRE #01019930

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WEEKLY COMICS











TRUTH IS STRANGER THAN FICTION.





Out on a Limb

WHAT'S UP WITH **THIS**?

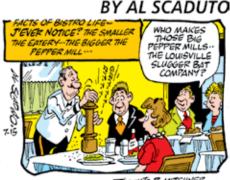
by Gary Kopervas



THEY'LL DO IT EVERY TIME

BOSS HONCHO AND. WIFE NAGINA HAP A BATTLE THIS MORNING --- AND GUESS WHO HE TAKES IT OUT ON? OH, YEAH--- YOU KNOW WHO ----





WE'VE BANNED THE USE OF PLASTIC HERE AT THE

by Mike Marland WELL, CEPT FOR DEBIT AND CREDIT CARDS.

HELLO, COUGIN ELPIE-THIS IS MIGRAINA-I WAS ON MY WAY TO THE POOL. IT'S A SUNNY 83 DEGREES HERE...JUST WANTED TO SAY HELLO ON THIS GOR-GEOUG PAY...

SHE ONLY CALLS FROM PALM CITY WHEN IT'S STORMING SUMMER WHEN IT'S

E BIXXII IT IN

FARM STAND.



"Everything seems to be in order, Mr. Figby, except you have some money left.'

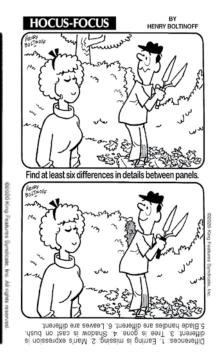
LAFF - A - DAY



"Remember the good old days when we dreamed of owning all the things we're now making payments on?"

Just Like Cats & Dogs





Crossword Puzzle on Page 5 M G Ε G Ε Ν R D S Α Ρ R Ε S В Μ Α G Ε Η Ε W S O G S Α G Α Ε D Т В D Ε O O O S P Ε R O U G D S G Α O S F R R D В Ε Ε Ε S R Κ D Α S Ε D Α Н Ε N Ε Ν G G S

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CLUES

ACROSS

. Sacred song 6. Chowed down

9. Acoustic repetition

13. Capital of Vietnam 14. 4 ats.

15. Teamsters' group

16. Affair, in Paris

17. Bit of binary code 18. Part of TNT

19. *Sleeping under the stars

21. *Horticulturist's hangout 23. Articulate

24. Combustible pile 25. Joe Louis move

28. Epiphany guests 30. Forgo

37. *Bonfire fodder 39. Royal topper

40. Tiny river

41. Pond buildup 43. Miners' passage

44. Best not mentioned 46. *What seekers do

47. Fairytale beginning 48 Same as "slow down"

50. Upper hand 52. Toni Morrison's " Baby"

53. Threads

57 *a k a shuttlecock 60. *Flying saucer

64. 2 halves of a diameter 65. Pilot's deadline

67. *Fire starter

68. Triangular road sign ____ Luis Obispo

70. "Die Lorelei" poet 71. Other than what is

DOWN

1. First-rate, slangily 2. Ditto

73. Poker stakes

3. Soon, to a bard 4. They are usually drunken 5. Biblical prophetess

6. Full of excitement

7. *Sun kiss 8. Funereal lament

9. "National Velvet" author _ Bagnold

10. Give a ticket 11. Sound warning

12. Lennon's wife 15. State of agitation

20. African antelope 22. "Who ___ we kidding?" 24. a.k.a toes

25. *Banned lawn darts 26. Type of rotation

27. "The Hobbit" hobbit

29. *Played with a driver 31. Bye in Palermo 32. Lacked, for short

33. The oldest Goldberg sibling 34. *Skier's turf

36. Snail-like

38. *Volleyball turf

42. Painter Degas 45. Beat the Joneses

49. Interesting person, acronym 51. Eli Manning's first name

54. Ganders' companions 56. *Famous ski town

Crossword Puzzle Solutions on Page 5 16 40 44 70 American Standard



57. Get-out-of-jail money

of March

59. Make someone angry

60. Jack London's "White

61. *Fisherman's supply

62. Marine eagle

64. Pastrami partner

66. *"You're it!" game

63. Augments

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Solutions on Page 5

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8 5

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Curbside Pickup Available at 8 Library Locations

Sacramento Public Library News

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tact patrons who have announced soon.

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

items available for pickup to schedule an appointment. Curbside pickup by appointment is available Tuesdays through Saturdays from noon to 6 p.m. Materials will be checked out to patrons for 6 weeks with no overdue fines applied to these

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CASE No. 34-2020-00277933

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as

to

appointed

estate of the

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Sacramento,

personal

administer

County

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Curbside-service-Expands★

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180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02987 Samuel W Musico and Andrea M Musico, 15060 Lago Drive Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name(s) "Website Imagine" 15060 Lago Drive Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County May 7, 2020 Publish: May 22, 29, June 5, and 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02813 Jonathan Y. Hsu, D.D.S., INC, 3223 Gosport Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Sun Center Dentistry" 11121 Sun Center Drive Suite E Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County April 23, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02798 Mainland China Restaurants INC, 8649 Elk Grove Boulevard Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Made In India-Indian Food Authenticity Redefined" 8649 Flk Grove Boulevard Elk Grove, CA 95624. Filed with the Clerk Sacramento County April 22, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-09202 Christine 3513 El Ricon Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Cress and Sons, Cress Consulting" 3513 FL Ricon Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County November 8, 2019 Publish: May 22, 29, June 5, and 12, 2020 **CRESS** 180201 6-12-20

FICTITIOUS BUSINESS NAME STATEMENT Lisa Osterman, 248 Selby Ranch Road #1 Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "ARRIBAS, ARRIBAS Press" 248 Selby Ranch Road #1 Sacramento, CA 95864. Filed with the Clerk of Sacramento County May 6, 2020 Publish: May 22, 29, June 5, and 12, 2020 ARRIBAS 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02954 Aaron Grigsby Insurance Agency Inc, 5006 Sunrise Boulevard #202 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Aaron Grigsby Insurance Agency Inc. 4777 Sunrise Boulevard Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County May 6, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201 **AARON**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02472 Rajuir Kaur, 9781 Egen Court Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "TS Food Mart" 9408 Kiefer Boulevard Sacramento, CA 95826, Filed with the Clerk of Sacramento County April 3, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02471 Rajuir Kaur, 9781 Egen Court Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Mikes Liquor" 5621 Hillsdale Boulevard Sacramento, CA 95842. Filed with the Clerk of Sacramento County April 3, 2020 Publish: May 22, 29, June 5, and 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT Raiuir Kaur, 9781 FBNF2020-02473 Egen Court Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "A1 Market" 6636 SunnySlope Drive Sacramento, CA 95828. Filed with the Clerk of Sacramento County April 3, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201 6-12-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02786 Lido Bar & Grill Inc. 7628 Woodland Lane Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Lido Café, Lido Café & Bakery" 7907 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 21, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02957 Karen Foster, 1030 School Street Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Forster Deposition Reporting" 1030 School Street Folsom, CA 95630. Filed with the Clerk of Sacramento County May 6, 2020 Publish: May 22, 29, June 5, and 12, 2020 6-12-20 **FORSTER**

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535-March 12, 2020 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02772 Mohammadreza Dastoori. 4419 Dartmouth Drive Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "MD Construction" 4419 Dartmouth Drive Sacramento, CA 95841. Filed with the Clerk of Sacramento County April 21, 2020 Publish: May 22, 29, June 5, and 12, 2020 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02890 Midwest Equity Mortgage, LLC, 1 Mid America Plaza Suite 800 Oakbrook Terrace, IL 60181 is doing business under the Fictitious Business Name(s) "Midwest Equity Mortgage" 1 Mid America Plaza Suite 800 Oakbrook Terrace, IL 60181. Filed with the Clerk of Sacramento County April 30, 2020 Publish: May 22, 29, June 5, and 12, 2020

FICTITIOUS BUSINESS NAME STATEMENT Jasmine Shamberger, FBNF2020-03029 4068 Branigan Lake Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Glossi" 4068 Branigan Lake Way Rancho Cordova, CA 95742, Filed with the Clerk of Sacramento County May 8, 2020 Publish: May 29, June 5, 12, and 19, 2020 180201 6-19-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2019-04143 Terie Nguyen, 230 Sun Shower Circle Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Viet HOA Services" 6519 Savings Place #235 Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 9, 2019 Publish: May 29, June 5, 12, and 19, 2020 180201 6-19-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02906 Shawna Sandoval, 2204 Alegre Court Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Sandovalmama Designs" 2204 Alegre Court Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 30, 2020 Publish: May 29, June 5, 12, and 19, 2020

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03095 Nancy Sigl, 8683 Rawhide Lane Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Love Inspire Live Repeat" 8683 Rawhide Lane Wilton, CA 95693, Filed with the Clerk of Sacramento County May 12, 2020 Publish: May 29, June 5, 12, and 19, 2020 180201

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-02856 Bidpee LLC, 2260 E. Bidwell Street #2050 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Military Square Apartments" 2260 E. Bidwell Street #2050 Folsom, CA 95630. Filed with the Clerk of Sacramento County April 28, 2020 Publish: Publish: June 5, 12, 19, and 26, 2020 MILITARY 180201 6-26-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03220 CDMC Consulting, 1530 Waterwheel Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Compassionate Doctors Medical Corporation, ShopSaveFeelGood. com" 1530 Waterwheel Drive Sacramento. CA 95833. Filed with the Clerk of Sacramento County May 18, 2020 Publish: Publish: June 5, 12, 19, and 26, 2020 COMP 180201 6-26-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03283 Clayton Dodds, 5287 Novack Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Liftsail Marketing" 180 Promenade Circle Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County May 21, 2020

Publish: June 5, 12, 19, and 26, 2020 180201 6-26-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03433 Sarah Grace Payne, 7710 Eastgate Avenue Citrus Heights CA 95610 is doing business under the Fictitious Business Name(s) "Grace Regional Marketing" 7710 Eastgate Avenue Citrus Heights, CA 95610. Filed with the Clerk Sacramento County May 28, 2020 Publish: Publish: June 12, 19, 26, and July 3, 2020

SARAH 180201 7-3-20 FICTITIOUS BUSINESS NAME STATEMENT

Thomas Drive North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "JCSM Trucking" 6717 Thomas Drive North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 21, 2020 Publish: Publish: June 12, 19, 26, and July 3, 2020

180201 7-3-20 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03411 Kaitlynn Simpson, 7000 Fair Oaks Boulevard #112 Carmichael, CA 95608 is doing business under the Name(s) Fictitious Business Bookkeeping" 7000 Fair Oaks Boulevard #112 Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 28, 2020 Publish: Publish: June 12, 19, 26, and July 3, 180201 7-3-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03217 Fresno RV Park, LLC, 3308 El Camino Avenue Suite 300 Room 608 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fresno Mobile Estates" 1898 E. Gettysburg Avenue Fresno, CA 93726. Filed with the Clerk of Sacramento County May 18, 2020 Publish: Publish: June 12, 19, 26, and July 3,

FRESNO 180201 7-3-20

FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-03192 Maria Sinigur, 2333 Mayo Court Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Maria's Housekeeping" 2333 Mayo Court Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 14, 2020 Publish: Publish: June 12, 19, 26, and July 3

180201 FICTITIOUS BUSINESS NAME STATEMENT FBNF2020-00988 Hayk Mnatsakanyan,

10588 Olson Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "King Star Auto" 8018 Clifton Road Sacramento, CA 95826, Filed with the Clerk of Sacramento County February 4, 2020 Publish: Publish: June 12, 19, 26, and July 3 2020

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00274907

FNU Meera Bai aka Meera Bai Singh has filed a petition with this court for a decree changing the name(s) of FNU Meera Bai aka Meera Bai Singh aka Singh to Meera Bai Singh IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 3, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 8, 2020 David I. Brown, Judge of the Superior Court

Publish: May 22, 29, June 5, and 12, 2020 180101

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00277759 Maria De Fatima Bettencourt De Sousa has

filed a petition with this court for a decree changing the name(s) of Maria De Fatima Bettencourt De Sousa to Fatima De Mever IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 16, 2020, in

Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 6, 2020 David I. Brown, Judge of the Superior Court

Publish: May 22, 29, June 5, and 12, 2020 180101 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00278670 Mohammad Edrees Enavat has filed a petition with this court for a decree the name(s) of Mohammad Enayat to Edrees Enayat. Enavat IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2020, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 13, 2020 David I. Brown, Judge of the Superior Court

Publish: May 29, June 5, 12, and 19, 2020 180101 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00276141

Alina Babiy has filed a petition with this court for a decree changing the name(s) of Alina Babiy to Alina Shtevnin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 1, 2020, in Department 54, located at 813 6th Street 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: May 19, 2020

Christopher E. Krueger, Judge of the Superior Court Publish: June 5, 12, 19, and 26, 2020

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2020-00279016

Jonathan Peralta Osario has filed a petition with this court for a decree changing the name(s) of Jonathan Peralta Osario to Jonathon Peralta De La Cruz. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 22, 2020, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 21, 2020

Christopher E. Krueger, Judge of the Superior

Publish: June 5, 12, 19, and 26, 2020 **OSARIO** 180101

approval. Before taking certain very important actions, however, the executor will be required to give NOTICE OF PETITION TO ADMINISTER ESTATE notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration NOTICE OF PETITION TO ADMINISTER ESTATE OF authority will be granted unless **EVELYN P. CONOLLEY** an interested person files an objection to the petition and CASE No. 34-2020-00275269 shows good cause why the court To all heirs, beneficiaries, creditors, should not grant the authority. and contingent creditors of and persons who may be otherwise A hearing on the petition will be held in this court as follows August interested in the will or estate, or 11. 2020 9:00 a.m. in Dept 129 both of Eve P. Conolley, deceased at Superior Court of California, A Petition for Probate has been County of Sacramento 3341 Power filed by Beth Baughman, in the Court of California, Inn Road Sacramento, CA 95826. Superior IF YOU OBJECT to the granting Sacramento, County of Beth the petition, you should requesting Baughman, appear at the hearing and state appointed as personal your objections or file written representative to administer objections with the court before the estate of the decedent. the hearing. Your appearance may petition requests that the The decedent's will and codicils, if be in person or by your attorney IF YOU ARE A CREDITOR any, be admitted to probate. The will and any codicils are or a contingent creditor of the deceased, you must file your claim available for examination in the file kept by the court. with the court and mail a copy to the personal representative appointed The petition requests authority to by the court within the later of administer the estate under the Independent Administration of either (1) four months from the date of first issuance of letters to a Estates Act. (This authority will allow the executor to take many general personal representative, as defined in section 58(b) of the actions without obtaining court California Probate Code, or (2) 60 approval. Before taking certain days from the date of mailing or very important actions, however, personal delivery to you of a notice the executor will be required to give under section 9052 of the California notice to interested persons unless they have waived notice or have Probate Code. Other California statutes and legal authority may consented to the proposed action.) affect your rights as a creditor. You The independent administration may want to consult with an attorney authority will be granted unless an interested person files an knowledgeable in California law. YOU MAY EXAMINE the file kept objection to the petition and by the court. If you are interested shows good cause why the court in the estate, you may file with should not grant the authority. the court a Request for Special A hearing on the petition will be Notice (form DE-154) of the filing held in this court as follows July 2020 9:00 a.m. in Dept 129 of an inventory and appraisal of at Superior Court of California, estate assets or of any petition or account as provided in Probate County of Sacramento 3341 Power Code section 1250. A Request for Inn Road Sacramento, CA 95826. Special Notice form is available IF YOU OBJECT to the granting the petition, you should from the court clerk. The name, appear at the hearing and state address and telephone number of your objections or file written the Attorney for the petitioner is: Gordon G. Bones-Bones Law Firm objections with the court before 5860 Esrig Way the hearing. Your appearance may Sacramento, CA 95841 be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim 2020 with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California

Probate Code. Other California

statutes and legal authority may

affect your rights as a creditor. You

may want to consult with an attorney

knowledgeable in California law.

YOU MAY EXAMINE the file kept by

the court. If you are interested in the

estate, you may file with the court

a Request for Special Notice (form

DE-154) of the filing of an inventory

and appraisal of estate assets or of

any petition or account as provided

in Probate Code section 1250. A

Request for Special Notice form

is available from the court clerk.

The name, address and telephone

Publish: May 29, June 5, and 12,

170622

number of the petitioner

5840 Pony Express Trail #35

Pollock Pines, CA 95726

Beth Baughman

916-813-3182

CONOLLEY

916-965-6647 Publish: May 29, June 5, and 12, 170622

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

ESTATE OF JAMES SCHILINSKI AKA JIMMY EDWIN SCHILINSKI CASE No. 34-2020-00277841

To all heirs, beneficiaries, creditors and contingent creditors of and persons who may be otherwise interested in the will or estate. or both of James Schilinski, aka Jimmy Edwin Schilinski, deceased A Petition for Probate has been filed by Heather Griffitts, in the Superior Court of California, County of Sacramento, requesting Heather Griffitts, be appointed as personal representative administer to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows August 11. 2020 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorne IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the petitioner is: Natali A. Ron 4568 Feather River Drive Suite A

Stockton, CA 95219

209-476-1010 Publish: June 12, 19, and 26, 2020 SCHILINSKI 170622

NOTICE OF HEARING REGARDING PROPOSED ADOPTION OF A DEVELOPER FEE STUDY AND THE INCREASE OF THE STATUTORY SCHOOL FEE

NOTICE IS HEREBY GIVEN that the Governing Board of the San Juan Unified School District will hold a hearing and consider input from the public on the proposed adoption of a Developer Fee Justification Study for the District and an increase in the statutory school facility fee ("Level I Fee") on new residential and commercial/industrial developments as approved by the State Allocation Board on January 22, 2020 The adoption of the Study and the increase of the Level I Fee are necessary to fund the construction of needed school facilities to accommodate students due to development.

Members of the public are invited to comment in writing, on or before 6:00p.m. on June 23rd, 2020, or appear via zoom platform at the hearing at 6:30pm on June 23rd.

Materials regarding the Study and the Level I Fee are on file and are available for public review at the District Office located at SJUSD Facilities, 6135 Sutter Avenue, Carmichael CA 95608.

Carmichael Times June 5 and 12, 2020

Ask Joni

Doctor's Advice ... Get Traditional Medicare ... What's That?



Toni King

Good Morning Toni:

Have been reading your column for over a year and now I need some Medicare help. I am retiring and turning 65 in October. I had a triple bi-pass in April of this year. Last week I talked with the office manager at my cardiologist's office about me getting on Medicare and what I should do. She said for me to enroll in "Traditional Medicare". I have no idea what "Traditional Medicare"

Could you please explain this and make it easy to understand? I do not want to enroll in the wrong plan and help me shape my Medicare.

~ Thank You, Samuel

Hello Samuel:

I will make this as simple as I can. I have consulted with confused Americans who have a PHD in higher education and understanding Medicare just frustrates them. It can make a grown man want to "cry"!

I sense confusion on this subject because doctor's office managers advise current patients to enroll in "Traditional Medicare". Let's examine just what "Traditional Medicare" is and we will do this together.

Most healthcare

professionals call Medicare, "Traditional" Medicare, but Medicare refers to it as "Original" Medicare. You will not find "Traditional" Medicare anywhere in the medicare.gov website or in the Medicare & You handbook.

Original or Traditional Medicare consists of only Medicare Parts A and B, and not the rest of the alphabet soup such as Parts C or D. Original/Traditional Medicare is also known as your Medicare card or as many on Medicare refer it as the "red, white and blue card."

There is not a network with "Original/Traditional" Medicare and this is very hard for those who have retired with employer group health insurance to understand, "NO Network"! If your hospital, doctor, or healthcare provider accepts Original Medicare or Medicare assignment, then they will accept Traditional Medicare because both are the same thing.

Original/Traditional Medicare... Parts A and B are explained below:

MEDICARE PART A (In-patient Hospital **Insurance**) comes at no cost. Part A is for an in-patient hospital stay. Part A deductible for 2020 is \$1,408 and has 6 deductibles in a year. Yes, Part A has a benefit period of 60 days, so every 60 days; there is a new deductible of \$1408. Skilled nursing has a \$0 co pay for days 1-20, but from days 21-100, there is \$176 co pay per day. After day 100 in a skilled nursing facility, you pay the cost. Medicare Part A also includes hospice and home healthcare with a \$0 co pay.

(Medical Insurance) has a premium of \$144.60 which is based on income. One must enroll in Part B the correct way especially after turning 65 and "still working." Part B covers "medically necessary" services such as doctor charges for office visits, surgery for inpatient or outpatient hospital stays, outpatient hospital care/ services, tests, durable medical equipment and other medical services.

Part B has a yearly onetime deductible of \$198 for 2020. Medicare pays 80% of the Medicare approved amount and you or will pay 20% of the Medicare approved amount. A Medical provider may charge \$1.000.00 for a service. but Medicare may approve \$623.00, it is the \$623.00 that the 20% is applied to.

If you see a doctor who does not accept Medicare-approved amounts, you will pay morepossibly up to full cost for the doctor's visit and care. Original/Traditional Medicare is expanded on in my Medicare Survival Guide® Advanced edition available at www.tonisays.com.

A Medicare Supplement works only with Original/ Traditional Medicare and does have a monthly premium based on which Medicare Supplement plan

Toni King, author of the Medicare Survival Guide® Advanced edition is giving a \$5 discount to the Toni Says® readers on the Medicare Survival Guide® Advanced book at www.tonisays.com. ★



Yes, Meet Rioters With Overwhelming Force

Restoring order to MEDICARE PART B America's cities isn't a complicated proposition.

resources and determination, and a firm rejection of the longstanding progressive fallacy that an overwhelming police presence is "provocative" and "escalatory" and must be avoided.

Out-of-control looting is almost always a failure of municipal resolve or police tactics, and we have seen plenty of just such cowardice and foolishness lately, most notably in Minneapolis, ground zero for this spasm of urban disorder.

In a display of sloppy wishful thinking at the city's leaders decided to vacate the 3rd police precinct. Mayor Jacob Frey explained that they believed this would be "a way to both help de-escalate and prevent hand-to-hand combat." Instead, it allowed for a major escalation, as protestors gleefully torched the police building, in the worst symbol of official abdication of this crisis so far.

During the first cou-

Minneapolis barely managed to arrest anyone.

For his part, Gov. Tim Walz of Minnesota hesitated to mobilize the National Guard lest he seem "oppressive," apparently unaware that his target audience wasn't a social justice seminar at Oberlin College, but provocateurs and nihilists who were going to take every inch they were given and All it requires is make it a mile of broken glass and looted goods.

> President Donald Trump has been a steady fount of inflammatory and crude statements lately, but when he blasted the "total lack of leadership" in Minneapolis, he wasn't wrong.

All state and municipal leaders need to know about controlling riots is obvious from a cursory review of the history.

Consider the worst disturbance in recent times, the L.A. riots. They began when about two dozen cops retreated before an angry crowd after the worst possible time, the Rodney King verdicts, some of them literally running away. The mob descended on the intersection of Florence and Normandie, and began beating Anglo and Latino motorists, completely unmolested by the authorities for hours. Some police reported being ordered to leave the area - and then being ordered not to return.

The rest is history – days ple of nights of violence, of violence, more than 60

people killed and 2,000 injured, and in excess of \$1 billion in property damage. By the end, thousands of federal troops were in the city.

Back in 1970, in his classic book on domestic unrest, "The Riotmakers," Eugene Methvin identified police absence or pullback as the accelerant on riots. It was a huge factor in the Watts riots in 1965. The same dynamic held in a Philadelphia riot the year before. In Detroit in 1967, cops retreated and the authorities underestimated the forces they needed as a riot devastated the city.

It is simply not true that rioters will be quickly sated if they are allowed to break and burn things freely. Disorder feeds on itself. Looting one store, overturning one police car is never enough.

There is no alternative to imposing curfews, zealously enforcing them, arresting violators and calling out the National Guard if there's not enough police manpower for the job. This doesn't escalate the violence, it stops it.

Over the weekend, Minneapolis finally got more serious about policing itself and saw a drastic diminishment of destruction. Anyone who doesn't want American cities to burn should take note.

Rich Lowry is editor of the National Review.

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Social Security Matters

How Do I Apply with Social Security Offices Closed?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am 64 vears old and would like advice on how to move forward to apply for Social Security now instead of waiting until I am the "magic" age of 66.5 years. Signed: Ready for Retirement

Dear Ready for Retirement: All Social Security offices are currently closed to public visits, but they are still providing telephone services (although telephone wait times are usually longer these days). You can apply over the phone if you wish. However, the most efficient way to apply for your Social Security benefit, especially during the COVID-19 pandemic, is to apply online. You will need to create your personal "My Social Security" account prior to applying online, but that is easy to do at www. ssa.gov/myaccount.



For information, Social Security uses a "two-factor" identification process for security purposes, usually by asking you to enter, in addition to your password, a special ID code sent to your cell phone (or email).. Once you have set up your personal account, you can use the online application process at www.ssa.gov/ retire.

Here is a link to a short video from Social Security which explains the online application process: www. ssa.gov/hlp/video/iclaim_ r01.htm. When you start the online process, be sure to write down the reentry code, which will allow you to save and re-enter your online application as many times as needed before you finally submit it. Once it is submitted, Social Security will call you or write you to get any additional information they need. A couple of things I want to be sure you are aware of:

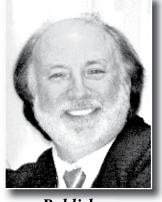
full retirement age (FRA) your benefit amount will tion.org.

be permanently reduced. The reduction is about 0.556% per month prior to your FRA that you claim (at 64, a reduction of about 15%).

Finally, if you are still working, you'll be subject to Social Security's earnings test until you reach your full retirement age. If you start benefits mid-year 2020, you'll be subject to a monthly earnings limit of \$1520, and if you exceed that limit you won't be eligible for benefits for that month. The following years you'll be subject to an annual limit, until you reach your FRA when there is no longer a limit to how much you can

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/ programs/social-security-By claiming before your advisory) or email us at ssadvisor@amacfounda-





Publisher, Paul V. Scholl

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Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Carmichael Times

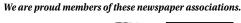
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It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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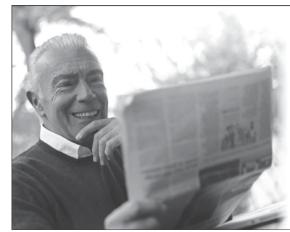
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The Carmichael Recreation and Park District is committed to ensuring that community members have helpful resources they can use to maintain healthy lives, have fun from home, and continue to develop and grow while we all deal with the changes to our routines.

Visit us online and see a collection of ideas and resources we have put together for you:

carmichaelpark.com/virtual-recreation



For more information go to carmichaelpark.com or call (916) 483-7826

SACRAMENTO METROPOLITAN



BURNING TIPS & RESTRICTIONS

During the COVID-19 health crisis breathing clean air is more important than ever, especially for those with underlying health conditions like asthma or respiratory illness.

LIMIT RECREATIONAL BURNING

- ⇒ Wood smoke harms our respiratory and immune systems and is unhealthy for everyone. It is particularly harmful to children, seniors and those who have respiratory illness.
- ⇒ The District recommends all residents limit or cease recreational burning during this health crisis.
- ⇒ When deciding to have a recreational burn, please consider your neighbors and the need to preserve good air quality during this time.

DON'T BURN TRASH or YARD WASTE

- ⇒ Burning trash is extremely harmful to respiratory health.
- ⇒ Burning trash is always illegal and will result in fines.
- ⇒ Open burning or burning yard waste is also illegal in most of Sacramento County and will result in fines.
- ⇒ Check our website and contact your local fire department for a permit.

www.airquality.org

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BIG ENOUGH TO SERVE, SMALL ENOUGH TO CARE

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JUNE 12, 2020

Having the All-In Attitude

New Firefighters Graduate to Join Metro Fire

By Captain Chris Vestal, Sacramento Metropolitan Fire District

CITRUS HEIGHTS, CA (MPG) - On Friday, May 29, 2020, the Sacramento Metropolitan Fire District (Metro Fire or the District) welcomed eighteen new Firefighters, as Recruit Class 20-1 graduates from the Metro Fire Recruit Academy, a California State Fire Marshal Accredited Fire Fighter 1 Academy. Metro Fire Chief Todd Harms highlighted to the new recruits the fact that it was a memorable moment in which "you all are starting your careers and this [same] weekend members are [also] retiring from their careers."

The Sacramento Area Fire Fighters Local 522 Honor Guard marked the opening of the ceremony with the presentation of the Colors and a processional by a bagpiper from its Pipes and Drums Society.

This was a special class, challenged not only by the usual grueling physical demands and intense academics but by the COVID-19 pandemic. Metro Fire is particularly proud of these new Firefighters for their ability to adapt; ensuring they continued to be successful on the academy grounds while maintaining obligations to their families and other loved ones during this atypical period in all of our lives.

Under the direction of Metro Fire Assistant Chief/Director of Training Adam House and Drill Master/Captain Jason Harris, the sixteen-week academy included hundreds of hours on the drill ground and classroom combining the knowledge and



The Sacramento Area Fire Fighters Local 522 Honor Guard marked the opening of the ceremony with the presentation of the Colors. Photo: Capitain Mark Nunez/Metro Fire



Firefighter Recruit Class 20-1 graduated from the Metro Fire Recruit Academy, receiving their badges and first station assignments. Photo: Captain Mark Nunez/Metro Fire

skills critical for performing emergency operations on scene at fires, emergency medical incidents, and motor vehicle accidents. Recruits also trained in live structural fires, simulated structural collapses, wildland fire suppression, and learned countless other firefighting and rescue skills.

Captain Harris noted that "all these things are simple in concept, but they are very difficult to execute, especially when you are at the limits of mental and physical endurance... and all under time constraints."

Physical fitness and overall health was also emphasized to reinforce proper physical training for the rigors of firefighting and the healthy lifestyle and nutrition choices required to ensure a long and healthy career.

Many fire service traditions were on display. Graduating Firefighters received their badges, took their oaths to serve the public, and received their probationary station and shift assignments. Chief Harms told the recruits, "You've each earned your badge; the challenge now is to live up to the traditions and standards that go along with that badge that will go along with you."

Chief Harms said to the 20-1 class passing on the advice of Metro Fire retirees, "Thirty years comes and goes by really quickly. Enjoy the good times, and know that there is going to be bad times along the way."

Due to restrictions on large gatherings the event was celebrated without families of the graduates and only District staff essential to the graduation ceremony was in attendance.





"Without a doubt I believe my mom, who is in memory care, is receiving amazing care. The staff is genuinely concerned about her ... Many of the staff that were there when she arrived had worked there since it opened its doors, and they are still there today. That says a lot to me about how much they enjoy what they do. My mom gave so much to others as a nurse for over 30 years that it's nice to see her now on the receiving end as she is now getting the same kind of care she once gave."

-GRATEFUL FAMILY MEMBER

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Carmichael Times • 11 JUNE 12, 2020

Drive-By Graduates Celebrate in New-Norm Style



at Carmichael Elks Lodge.

Continued from page 1

such a makeshift event. When 100-plus cars jammed Hackberry and Cypress Avenues and when teachers joined student relatives in the Elks parking lot - organizers knew they had a hit. "We're sad we couldn't have an actual graduation," said Jennifer Stevens (18). "But were glad everyone did their best to make us feel special."

Slicker than a hamburger takeout operation, decorated vehicles halted to deliver each graduate at a dais. The achievers were announced and applauded. They then returned to vehicles and cruised off to park and continue horn cacophonies for classmates.

"My daughter Maya was president of the school drama club and she graduated with honors," said organizer Maria Naumann. "I watched her get sadder and sadder when the production she and her teachers) did it!

friends worked so hard on – and every other end-of-year event - started cancelling." 2020's graduating class had no ball; no awards breakfast; no "senior sunset" to observe their last dusk as high schoolers. "There were so many disappointments," explained Naumann. "I had to do something so they'd feel some closure for all their hard work."

The mom's month of searching for a drive-by venue was rewarded when Carmichael Elks rolled out a welcome mat. "Thanks to the Elks, our class of 2020 got a graduation ceremony," said Naumann. "It wasn't the traditional event they expected. But they were able to close their school year in a meaningful way."

Congratulations to El Camino's class of 2020. You (and your families and



Graduate Manuel Reyes celebrates with his young cousin Angelica Hernandez.



Carmichael Elks Lodge.



El Camino High School chums mob the dais during drive-through graduation festivities at Joyciana McCray cuddles baby cousin Blossom and celebrates with family.



Luvith Velazquez and son Tobi are capped and gowned for mom's high school graduation.



El Camino classmates Charles Marinovich (left) and Adrian Bee display diplomas.

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Drive-By Graduates Celebrate in New-Norm Style





Katey Hogan demonstrates the muscle of family unity.



Social-distancing graduates Maura Melcher (left) and Michaela Frisk rejoice from the roof-tops.



Pekingese Petunia shares graduation day with Jade Herrera.



Mom Harmony Konea celebrates with graduate daughter Elam.



Navid Akhavan and his family's car are capped in school colors.

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