

Happy New Year 2020

Carmichael Times

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JANUARY 3, 2020

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Wait a Minute, Mister Postman!

Carmichael Carriers Earn Million Mile Safety Awards



Above: US Post Office Sacramento District Manager Jagdeep Grewal (center in red) visited the Carmichael branch to present "Million Mile" awards to local mail deliverers. The honorees achieved 30 or more years of driving their delivery vehicles without at-fault accidents. Right: Mail carrier Frank Cirelli has worked for the US Government for 45 years, including military service. Sacramento District Manager Jagdeep Grewal presented his award for safe driving.

**Story and photos
by Susan Maxwell Skinner**

CARMICHAEL, CA (MPG) - 30 or more years of driving without at-fault accidents have earned prestigious awards for 12 Carmichael Post Office carriers. A big, happy extended family of US Postal employees recently celebrated their colleagues' achievements with an 8 am coffee break and a frosted cake. The drivers, who have served between 30 and 42 years, will have their names added to an elite national list of postal service workers.

Their boss, Sacramento District Manager Jagdeep Grewal, presented the honorees with plaques and Post Office issue "safe driver" winter jackets. "Thirty years in and out of traffic is not an easy job," she told the Carmichael gathering. "Especially in this computer age where people are so distracted by their cell phones. I encourage other employees to work for this goal." Among Sacramento region's fleet of 3500 postal vehicles, said

Grewal, up to five accidents are reported every day. "To us, one accident is too many," she said. "Your safety is very important to us."

Topping the list of honorees was Frank Cirelli (66). With no thought of retirement, Cirelli has racked up more than 45 years in US Government service, including three years in the military. The award took the former Marine by surprise. "When you're driving all day, you've got to be safe," he considers. "It's drummed into us every day by our managers. You can never lose your concentration." Working a route so close to the American River bike trail, the carrier says he is programmed to be super-alert for cyclists. "They come screaming past you all the time," he notes. "If I didn't pay attention, there sure would be accidents."



Fellow honorees were Patricia Peters (38 years of service); Arthur Blackwell (38 years); Kenny Villanueva (30 years); Erin Williams (30 years); David Huynh (30 years); Jeffrey Griffith (32 years); Randy Rubsam (31 years); Prem Pal (30 years); Brent Bailey (35 years); Julian Barbero (33 years); Joselito Diaz (30 years).

After a 15-minute party, Carmichael's army of postal workers went back to work. The heroic carriers rattled off in their trucks, safely hauling tons of holiday deliveries through rush-hour traffic. Neither snow nor rain – nor frosting of cake – stays these noble couriers. ★

Moving America Forward

Sending a Holiday Salute and Care Packages

By Patrick Larenas

RANCHO CORDOVA, CA (MPG) - On Friday, December 20, community volunteers and members of the military community at Move America Forward put on a concerted effort to ship some 2500 Christmas boxes to members of the armed forces stationed abroad. "Those gifts are donations made through the nation's largest grassroots, pro-troop organization grateful for its service men and women," said Shawn Callahan executive director for the organization.

"In addition to being a beautiful holiday gesture," says Move America Forward outreach director Scott Raab, "this national organization is dedicated to providing year-round provisions for those deploying from the



Move America Forward, members of the military community and volunteers stand by their stations, sending a salute to our service men and women. Photo by Patrick Larenas

Sacramento area."

Dressed up as one of Santa's elves for the occasion, volunteer Darlene Markus said, "I began volunteering for MAF on a regular basis after my husband, a Vietnam veteran,

passed away, and I wanted to be involved supporting others going through that experience."

After receiving a Move America Forward care package via U.S. Postal Service, U.S. troops

stationed in foreign and oftentimes hostile lands appreciate the bond of solidarity the 501(c)3 charity fosters.

For more information or to donate visit www.moveamericaforward.org ★

Sac County Assists Placer County Veteran's Office

**By Janna Haynes,
Sacramento County**

SACRAMENTO COUNTY, CA (MPG) - The Placer County Health and Human Services (HHS), Veterans Services Office (VSO) recently lost its Veterans Services Officer, a critical staff person, to another career opportunity. As a result of the loss, Placer County reached out to Sacramento County VSO to provide a Veterans Services Representative who could provide claims assistance and training for their dedicated staff. The Sacramento County Board of Supervisors has since approved the rendering of payment for services on behalf of Sacramento County.

Since August 2019, the Sacramento County Veterans Services Office has been providing weekly supportive services related to claims processing and training staff. Veteran Claims Representative Restivo has been providing this weekly training and assistance to the Placer County VSO and just since August has helped them serve more than 250 veterans that were in need of appointments to file disability, pension and survivor benefit claims.

In addition to traveling to the Placer County office, Sacramento County has welcomed many Placer County veterans into our local office for assistance with their claims. Sacramento County VSO is also supporting Placer in two monthly service "blitzes" that serve a large population of veterans in just one day. At one event in December, three Sacramento County officers were able to provide assistance to more than 45 clients in just six hours. They will further assist with claims at a second event scheduled for later in December.

In addition to filing claims for veterans, Michael Restivo has also been assisting the Placer County Veteran Services Office with closing out their backlog of more than 1,900 pending claims by printing the Veteran Administration award letters and entering the information in the CALVET system.

Lastly, the Sacramento County Veteran Service Office hosted the Placer County veteran claims representatives at our office and provided training on aid and attendance claims for both pension and disability.

"Assisting the Placer County Veteran Services Office in taking care of veterans is a benefit for us all, especially the veterans we serve," said Veteran Services Officer Rochelle Arnold. "Our mission is to serve all veterans and their families with respect, dignity and compassion by providing prompt and courteous assistance in preparing, submitting and presenting all claims for benefits to which they may be entitled and serve as their principal advocate on veterans' issues; no matter where they reside." ★

Salmon Run Out In Wild Season

Steelhead Spawners Swim In



A courting pair of bald eagles find easy pickings as spawning Chinook salmon struggle upriver near Gold River.

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - The recently-finished 2019 spawning season brought glad tidings for scientists monitoring annual chinook salmon runs on the American River. Returning adults this season greatly outnumbered 2018 spawners.

"2018, was an adequate but not fantastic season," reports Nimbus hatchery staffer Laura Drath. "This year was very good: we saw more fish this fall than we have in years." In 2018, Drath noted that 5700 adults climbed the hatchery ladder. In the season just past, 8,000 fish made the same climb. Nimbus processing figures do not include thousands of fish that spawn outside the hatchery. These mate in river gravel beds where the females build nests and deposit fertilized eggs. Fish that reach the hatchery are relieved of eggs and milt and artificially spawned.

This harvesting ended before Christmas and the steelhead trout run - which continues until February - is now in full throttle. Meantime, some late-coming chinooks of the 2019 season are still reaching breeding grounds. At three or four years old, they are completing lives - and epic migrations - that include thousands of river and ocean miles. Hell-bent on reproduction, mature salmon leave Pacific waters in autumn; their mass upstream swim is an instinctive return to hatching places. The annual "run" can be

observed from Arcade, Carmichael, Rancho Cordova, Fair Oaks and Gold River outlooks. Thanks to December rain, river water levels were helpfully high for the 2019 spawners. But 30-pound chinook still crawled over riffles and gravel bars with much of their bodies exposed. Battered and close to death, the adults used fins, tails and entire bodies in the struggle against the icy current. Salmon die soon after mating; their carcasses drift downstream to provide winter food for fish, birds, mammals and microorganisms.

From the Nimbus Hatchery harvest, edible salmon parts are salvaged and shipped to Seattle for processing. The meat is then distributed to food closets. Artificially fertilized eggs hatch in about 40 days and are nourished in man-made ponds. In spring, they are about three inches long and begin their river-to-sea migration as smolts.

Operated by the California Department of Fish and Wildlife, The Nimbus Hatchery is now processing the 2019/20 steelhead run. This operation continues until late February. Rainbow hued, spotted and sportive, these anadromous fish may spawn several times in their lifecycle. Though they face similar challenges as the Chinooks in their upstream migration, the urge to breed is stronger than most obstacles that nature or man put in their way.

Anyone may visit Nimbus Fish Hatchery. Learn more at www.wildlife.ca.gov/fishing/hatcheries/nimbus ★

New Habitat Restoration Project Nurtures Record Number of Salmon Nests

Submitted by Bruce Hartzell, Sacramento Suburban Water District

SACRAMENTO REGION, CA (MPG) - Kat Perkins, a scientist with the Sacramento Water Forum, poured over an aerial image of the lower American River near Sailor Bar in Fair Oaks, looking for redds - underwater depressions or "nests" created by female salmon to lay their eggs. Part of an annual ritual to systematically count redds first by inspecting aerial imagery and then in person, last year she found zero. This year was a different story - the area teamed with redds - more than 345 this time around.

The difference? A new habitat restoration effort completed in fall to protect salmon and steelhead in the lower American River, spearheaded by the Water Forum in partnership with the U.S. Bureau of Reclamation and other federal, state and local agencies. Over three weeks in September, the project placed more than 14,000 cubic yards of cleaned and sorted gravel into the river and carved out a new side channel to help fish spawn and rear their young.

"The results are gratifying," said Tom Gohring, Executive Director of the Water Forum, a nearly 20-year-old organization that represents a diverse group of local water providers, environmental organizations and governments focused on safeguarding the lower American River for both drinking water and wildlife.

"Salmon were here long before we were. Nurturing their survival is not only important to sustaining a

species but to also sustaining our region's identity and quality of life."

The lower American River is home to 43 fish species, including struggling fall-run Chinook salmon and federally threatened Central Valley steelhead, and is a major water supply source for nearly 2 million people. The river and parkway, which runs 23 miles along the river's shores, hosts up to 8 million visitors and brings \$364 million into the economy each year.

The restoration project at Sailor Bar is part of the Water Forum's ongoing science program that uses cutting-edge techniques to further understand how to improve the river's environment for fish survival. Over the past several decades Water Forum studies have produced detailed information about the conditions salmon and steelhead find ideal for spawning and rearing their young, including:

Detailed underwater maps of the lower American River to identify the best locations for enhancing habitat that also won't impact flood safety;

The ideal size of gravel and river flow for spawning;

How long it takes for salmon to use a restoration site after construction, and how long they continue to use the site.

How cover (woody material, branches or tree roots) in a side channel improves survival for juvenile fish.

This year's effort at Sailor Bar was the region's ninth project restoring fish spawning gravel beds and improving juvenile fish rearing habitat on the lower American River. Since 2008,

the Water Forum and its partners have invested more than \$7 million to create over 30 acres of spawning beds and 1.2 miles of side channels.

"These projects truly represent what can be accomplished when local, state and federal agencies work together toward a common purpose," Gohring said, noting that the team responsible for this project includes scientists from Reclamation, the Water Forum, U.S. Fish and Wildlife Service, National Marine Fisheries Service and California Department of Fish and Wildlife.

Additional project partners included the Sacramento Area Flood Control Agency (SAFCA) and Sacramento County Parks, as well as the City of Sacramento Department of Utilities, which provided their crews and heavy equipment to the project.

To learn more about the Sacramento region's habitat restoration work on the lower American River, visit <https://www.waterforum.org/the-river/habitat-management/>.

Established in 2000, the Sacramento Water Forum is a diverse group of business and agricultural leaders, citizen groups, environmentalists, water managers and local governments working together to balance two co-equal objectives: to provide a reliable and safe water supply for the Sacramento region's long-term growth and economic health; and to preserve the fishery, wildlife, recreational, and aesthetic values of the lower American River. Learn more at waterforum.org. ★

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59¢	99¢	1.99	2.49

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Moving America Forward

Sending a Holiday Salute and Care Packages



Move America Forward volunteer Erica Allen and FedEx Freight worker Matt Kimmel operating the pallet jack. Photo by Patrick Larenas



US armed forces recruiters were part of the military presence at the Care Package event. From left to right: Jonathan Martinez, U.S. Navy Recruiter; D'Andre Hardin, U.S. Army Recruiter; and Regina Fatigati, U.S. Navy Representative. Photo by Patrick Larenas



Move America Forward outreach director Scott Raab sends a thumbs up and a shipment of some 2500 boxes to military service men and women. Photo courtesy MAF



By County Supervisor Susan Peters

Through the generosity of *The Carmichael Times* this column serves to provide an update about matters affecting the unincorporated communities of Arden Arcade and Carmichael.

ACTIVE SHOOTER WORKSHOP

The Sacramento County Sheriff's Department is inviting all local business managers, school administrators, organization board members, and congregation leaders in our area to attend a free one-day workshop to help identify things they can do to prevent an active shooter incident.

This event will be held on the evening of Wednesday, January 22, 6-9 pm, at the Mosaic Law Center, 2300 Sierra Boulevard in Arden Arcade. Sheriff personnel will provide guidance and mentoring so participants can take what they learn back to their organizations for training. Space is limited so early registration is recommended (registrants will be subjected to a background check prior to attending).

CARMICHAEL COMMUNITY UPDATE

For more information, please call 916-875-7837 or visit sacsheriff.com

LEGAL SETBACK ON ILLEGAL TRANSIENT CAMPING

Recently the U.S. Supreme Court decided not to take up the City of Boise's appeal of the Ninth Circuit Federal Court of Appeals ruling (Martin v. Boise) against that city's ordinance that prohibited people from sleeping in public spaces. The circuit court ruling has put in flux enforcement against illegal camping on public property including the American River Parkway since the Ninth Circuit covers California. Both the County and the City of Sacramento had filed briefs with the Supreme Court to reverse the circuit court.

Notwithstanding the Supreme Court's failure to hear the appeal, the current legal standard does not permit a person to indefinitely reside at a single location on public property and does not preclude enforcement to avoid or mitigate detrimental consequences associated with homeless encampments, such as accumulated debris, environmental degradation and health and public safety issues including degradation of public infrastructure such as our levees.

Nevertheless, the current legal status still poses an obstacle with respect to protecting and preserving as well as managing the parkway, local parks, and

other public property like sidewalks.

PRESIDENTIAL PRIMARY VOTING TOPIC AT COMMUNITY MEETING

My first Community Coffee Meeting for the year will be held on Wednesday, January 15 and the topic will be voting procedures for the upcoming March 2020 California Presidential Primary Election with Sacramento County's chief election official Courtney Bailey-Kanelos as the guest speaker.

Sacramento County is one of five counties in California to implement the Voter's Choice Act, expanding voting opportunities for all residents. As a result, you will have options as to whether to mail in your ballot, personally deliver it to a secure drop box location or vote in person at a Vote Center of your choice.

The meeting will be held in the Fair Oaks Water District Conference Room in Old Fair Oaks (10326 Fair Oaks Blvd) at 7:30 am. As usual, I'll provide a brief update on County issues and then we'll have our guest speaker followed by Questions and Answers.

It should be an interesting discussion –and coffee, of course, will be provided.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net. ★

Rep. Bera Votes to Pass USMCA

By Travis Horne



Ami Bera

WASHINGTON, DC (MPG) - The House of Representatives overwhelmingly passed in a bipartisan manner the United States-Mexico-Canada Agreement (USMCA). The vote follows months of negotiations by House Democrats to secure improvements to the original USMCA negotiated by the Trump Administration.

"I'm pleased to see that House Democrats were able to secure important changes

to the original USMCA draft," said Rep. Bera. "The version of USMCA that passed includes strong protections for American workers, important enforcement mechanisms to ensure all countries are compliant, and key environmental protections.

The revised version of USMCA is a win for the U.S. economy and American families, and will bring vital jobs to California."

Source: Office of Representative Ami Bera, M.D. ★

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6476 Chiquita Way, Carmichael | \$939,000

705 La Leita Circle, Sacramento | \$924,500

This beautiful ranch-style home is tucked away in one of Carmichael's most desirable locations near Ancil Hoffman Park. Enjoy a spacious floor plan with 3 bedrooms and 4 baths and separate living and family rooms. This home functions as a single-story home with a bedroom, bathroom and game room upstairs that could be used as a detached guest quarters. New carpet in the formal living and dining room, new flooring in the master and sunroom, freshly painted exterior, and a newly landscaped front yard. The backyard is an entertainer's dream with a large sparkling pool, stamped concrete patio, and mature oak trees that provide enhanced privacy and shade.

This timeless 4 bedroom and 3 bath single-story home is tucked away in one of Wilhaggin Estate's premier neighborhoods on a cul-de-sac street. The great room offers plenty of space for entertaining and has fantastic natural lighting. The large kitchen features granite counter tops, a dining bar, breakfast nook and plenty of storage space. The exquisite master invites total relaxation with a sitting area, soaking tub, walk-in shower and his-and-her sinks. Enjoy a private backyard with a shaded patio and low maintenance landscaping. Fantastic location near top-rated schools, Loehmann's Plaza and the Pavilions shopping center.



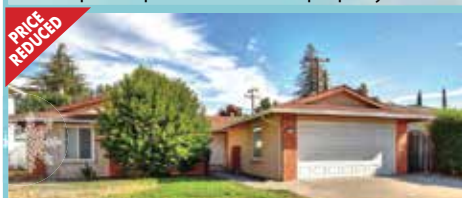
8651 Bader Road, Elk Grove | \$899,000



2304 Cathay Way, Sacramento | \$379,900

Home sweet home! This adorable custom ranch home rests on ten sprawling acres with beautiful views at every turn. The land is ideal for horses, cows and other livestock. There is existing fencing and structures on the property. This property is in a prime location for development! There is a 75-acre parcel adjacent to this lot that is being subdivided into 2-acre parcels. Inside, enjoy a spacious floor plan with three bedrooms and two baths and a separate living and dining room. Great development potential or ranch property!

From its adorable storybook porch to its fantastic curb appeal and beautiful backyard, this three bedroom and two bath home has it all! Enjoy thoughtful updates in the kitchen and bathrooms. There is gorgeous hardwood flooring throughout. Additional highlights include a 6 year old HVAC with all new ducting, 5 year old water heater, newer dual pane windows, new driveway with fenced-in RV access, and electrical service underground. The private backyard is an entertainer's dream with beautiful landscaping, mature trees, a covered patio and plenty of space to relax and unwind.



9061 Tuolumne Drive, Sacramento | \$350,000



3454 Northam Way, El Dorado Hills | \$519,000

This adorable home is tucked away in a fabulous neighborhood close to the American River, excellent shopping and great schools! Step inside and enjoy a spacious floor plan with four bedrooms and two full baths. The open concept living/dining room and kitchen is perfect for entertaining guests. Highlights include all new luxury vinyl flooring in all bedrooms and living spaces, a freshly painted interior and private backyard with a sparkling pool. Enjoy convenient access to Highway 50. Must see!

This beautiful single-story home with 4 bedrooms and 2 baths is tucked away in the fabulous Stone Gate Village community! Relax and unwind in the living room which features a cozy brick fireplace. The remodeled kitchen is an entertainer's dream with highlights including designer tile flooring, designer quartz countertops, a newly installed farm sink, new recessed lighting, all-new appliances and a gorgeous subway tile backsplash. Enjoy spacious bedrooms and a large master that opens up to the private backyard. Quiet location near top-rated schools and excellent shopping and entertainment. Just steps from Oakridge High.

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**Publisher,
Paul V. Scholl**

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Carmichael Times

Serving Carmichael and Sacramento County since 1981

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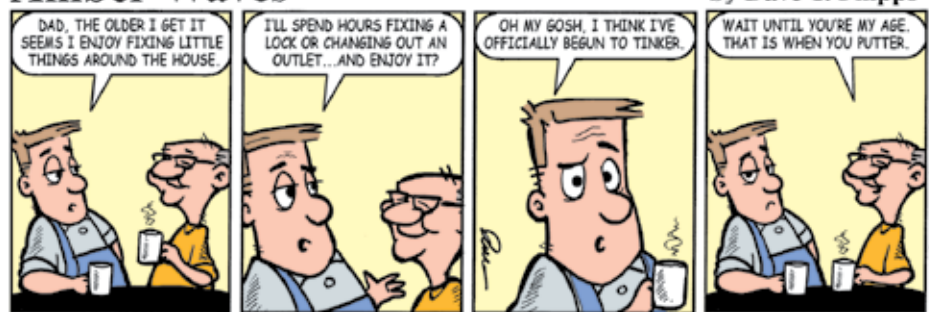
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WEEKLY COMICS

Amber Waves

by Dave T. Phipps



The Spats

by Jeff Pickering



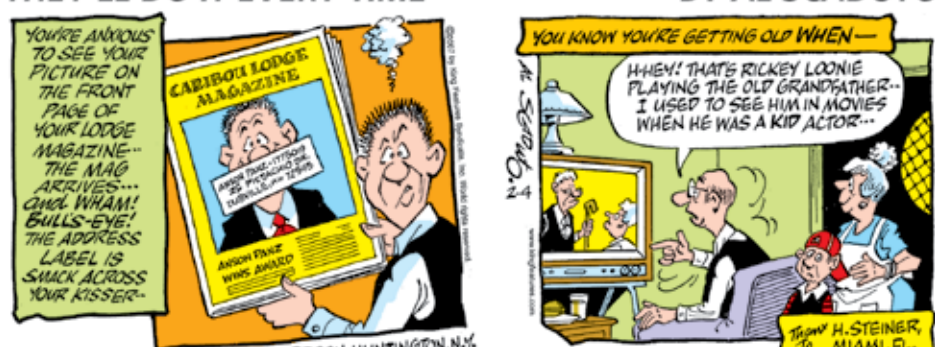
Out on a Limb

by Gary Kopervas



THEY'LL DO IT EVERY TIME

BY AL SCADUTO



R.F.D.

by Mike Marland



LIKE IT IS DEPT-

IN TEENAGER HEKKE'S ROOM, THE DRAWERS, CLOSETS, CABINETS ARE LOADED WITH JUNK-- AND, WHAT IS EMPTY AND NEVER USED? ASK MOM-- SHE KNOWS--
—THANK TO ADAM & LAUREN S., NASHVILLE, TENN.



GRIN and BIAR IT

LAFF-A-DAY



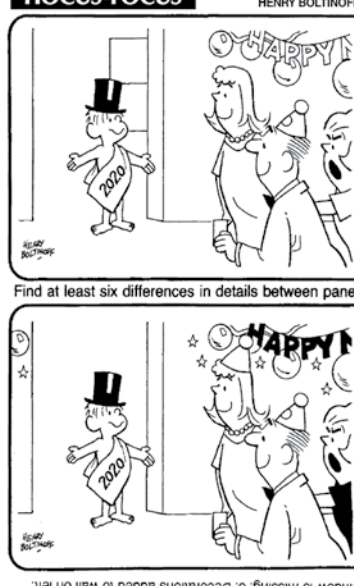
Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTNOFF



Crossword Puzzle on Page 7

M	A	N	S	E		A	L	A		C	O	D	A	
A	V	O	W	S		P	A	L		O	I	L	E	R
G	E	N	I	C		S	O	L		L	A	D	L	E
I	R	O	N	A	G	E		O	S	M	O	S	I	S
		E	R	A		T	Y	K	E					
S	P	A		P	U	R	R		I	C	E	C	A	P
U	R	G	E		S	O	A	P		S	M	E	L	L
M	O	L	T		S	M	I	L	E		I	D	E	A
E	V	E	N	S		E	L	A	N		R	A	P	T
R	E	T	A	I	L		E	N	V	Y		R	H	O
				R	E	A	R		O	A	T			
P	O	M	P	E	I	I		P	Y	R	A	M	I	D
O	N	I	O	N		S	E	A		D	R	A	C	O
E	U	R	O	S		L	O	G		I	O	T	A	S
T	S	A	R			E	N	E		E	T	H	O	S

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Sudoku Puzzle on Page 7

2	6	3	1	5	8	9	4	7
9	7	8	2	4	3	1	6	5
4	1	5	9	6	7	3	8	2
3	8	2	5	7	4	6	1	9
7	5	1	6	8	9	2	3	4
6	9	4	3	1	2	5	7	8
8	3	6	7	9	5	4	2	1
5	2	7	4	3	1	8	9	6
1	4	9	8	2	6	7	5	3

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Division of Boating and Waterways Offers Grants to Help Keep California's Waterways Clean

California State Parks Press Release

SACRAMENTO REGION, CA (MPG) - The Division of Boating and Waterways (DBW) is now accepting grant applications from public government agencies for the purchase and deployment of floating restrooms on California waterways. Interested applicants should review the grant guidelines and submit a grant application to DBW's office by Tuesday, Jan. 21, 2020 at 5 p.m. PST.

DBW's Floating Restroom Grant Program helps reduce pollution from recreational boater sewage by providing floating public restrooms in areas with limited landside access. Over the years, DBW floating restrooms have become known as S.S. Relief stations. California State Parks' engineering group re-designed the restrooms this year to achieve ADA compliance. The floating restrooms are solar-powered and the holding tanks



Floating restroom shown during December 2019 deployment at Lake Berryessa. Each ADA compliant unit holds about 500 gallons of sewage. Photo courtesy California State Parks

capture about 500 gallons of sewage. That's more than one million gallons of sewage kept out of our waterways each year.

A total of \$840,000 in federal and state funding is available this year for the purchase and deployment of approximately

six DBW-designed and developed ADA compliant floating restrooms. More than 260 floating restrooms have been placed on California lakes and reservoirs through this grant program since 1972. About 160 restrooms are currently deployed.

To be eligible for funding, grant applicants must operate a California lake or reservoir that is open to the public. General information on the grant requirements and the online application can be found on DBW's Floating Restroom Grant webpage.

The competitive grant applications will be scored and ranked according to need, as well as the ability to operate and maintain the floating restrooms for at least 10 years. DBW expects to announce grant recipients in spring 2020.

The Floating Restroom Grant Program is available through the Clean Vessel Act, which is funded by the U.S. Fish and Wildlife, Wildlife and Sport Fish Restoration Program and the Harbors and Watercraft Revolving Fund. Grants are also available to offset the ongoing operation and maintenance costs of these units through a Sewage Management Equipment Operations and Maintenance grant. ★

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- Managing hazardous materials and wastes?
- Starting a new business (restaurant, food truck/cart, automotive, manufacturing, or other business type)?
- Compliance before or after a regulatory inspection?
- One-on-one onsite help at your business with local, state, federal regulatory compliance and permits?
- Compliance with new and existing regulatory and permit procedures?

Service area:
County of Sacramento including the cities of Sacramento, Folsom, Citrus Heights, Rancho Cordova, Elk Grove, Galt.

The Business Environmental Resource Center (BERC) is a free and confidential non-regulatory consultation service designed to help start-up, new and existing businesses navigate and comply with environmental and regulatory permit requirements. BERC Consultants clearly help guide you through the process, which **saves you time and money!**

Regulatory and Permit Assistance: Hazardous materials and wastes (including electronic reporting), Health Permits for food businesses (food trucks/carts, restaurants, markets, gasoline stations, including homebased operations), Air quality, Building inspection, Business license, Economic Development, Planning/Zoning, Solid Waste & Recycling, Cal-OSHA, storm water and Waste Water.

What do businesses say about BERC help?

"I own a small auto repair business and can't afford to pay anyone to help me with Environmental Issues. BERC has helped me since 2009 and I greatly appreciate it!" -Automotive Owner.

"We consider BERC a critical member of our team. BERC demystifies the industrial permitting process in a confidential, business supportive manner. The BERC staff are experts on the overwhelming industrial permitting process, making permitting a business a simple process." -Senior Vice President, Corporate Community

BERC staff is available to help you with compliance assistance in a **free and confidential** manner.

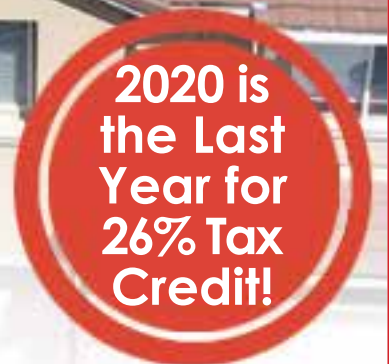


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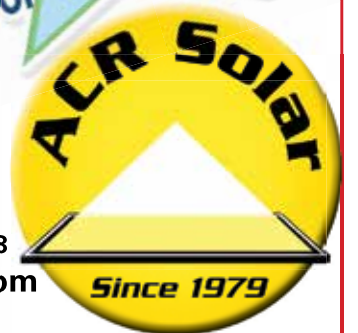
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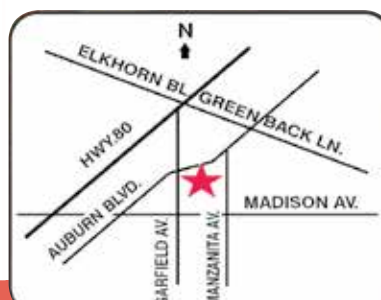


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