



United Way to Hold Beer and Trivia Night Fundraiser
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Carmichael Times

VOLUME 39 • ISSUE 05

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FEBRUARY 1, 2019

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OVER 600 PROM DRESSES WILL BE GIVEN AWAY



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CHAMPIONS OF FREEDOM AND CIVIL RIGHTS



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Carmichael HART's (Homeless Assistance Resource Team) Winter Sanctuary provides safe overnight shelter to dozens of people coming in from the cold for nine weeks. Photo courtesy Carmichael HART

From Carmichael HART

CARMICHAEL, CA (MPG) - For the second year, hundreds of volunteers from churches, nonprofit organizations, and local businesses are doing something about Carmichael's homeless people.

Carmichael HART's (Homeless Assistance Resource Team) Winter Sanctuary provides safe overnight shelter to dozens of people coming in from the cold for nine weeks -- Dec. 30 through March 2.

Guests of HART's 2nd Winter Sanctuary can get a hot dinner, clean clothes and sometimes showers. They're given a cot and sleeping bag for the night and are transported back with a breakfast bag to an intake center by 6 a.m. the next morning. Many

homeless people are repeat visitors.

"It's more than a hot meal and a cot," Carmichael HART President Scott Young said at the charity's January meeting. "We offer housing leads, help with acquiring IDs, and assist with transportation to help people get to that point where housing is possible for them. Our long-term goal is to get as many people as we can off the streets and into housing. To do that, establishing trust with Winter Sanctuary guests is crucial."

Barbara Farley, a sanctuary organizer, said hundreds of volunteers are getting to know homeless people on a first-name basis at the local churches that are hosting. 14 people transitioned to housing during and immediately following last year's Winter Sanctuary. This season, one

person already has moved into permanent housing.

Sacramento County's Department of Public Health trained more than a dozen sanctuary leaders in hygiene measures, which have been implemented. Doctors and nurses from Dignity Health's Mercy-San Juan Hospital volunteer on Thursday nights to treat wounds, provide non-prescription drugs, and make health referrals.

Financial and other support is coming churches, individuals, and community organizations such as the Carmichael Improvement District (CID), a nonprofit corporation of businesses along the Fair Oaks corridor. The district spends about half of its \$310,000 in annual assessments on security measures.

Continued on page 3

California Driver Cell Phone Use Up in 2018

By Tim Weisberg, OTS

More California drivers are using their cell phone behind the wheel, but less than previous years, a 2018 observational study by the California Office of Traffic Safety (OTS) and California State University, Fresno found.

The study, which was done between August and September of 2018, revealed fewer than five percent (4.52 percent) of California drivers were seen picking up and using their cellphones, compared to less than four percent (3.58 percent) in 2017. As part of the study, surveyors examined driver behavior at 204 locations across 17 counties statewide.

The 2018 numbers are three percent less than 2016 (7.6 percent), a year before the most recent cell phone law went into effect.

"Our goal is to end distracted driving, and there's still work to be done," OTS Director Rhonda Craft said. "This observational survey gives us an idea on where we stand getting drivers' attention away from their phones and where we still have work to do."

Other key findings from the study include:

- Cell phone use was more than 8 times higher (5.55 percent) among drivers with no passengers versus with at least one passenger (less than one percent).
 - Cell phone use was higher on local roads than on freeways or highways.
 - The most common cell phone use by drivers was to perform a function on the phone. This could be anything from texting, email, GPS, using an app or social media.
 - Less than two percent of drivers were observed using their phone with a child passenger.
- Under the 2017 hands-free cell phone law, drivers are not allowed to hold their phone for any reason. The phones must be mounted on the dashboard, windshield or center console.
- The mounted phone can only be touched once with the swipe or tap of a finger to activate or deactivate a function. If cited, drivers face a \$162 fine for a first offense and at least \$285 for a second offense.

Since the first cell phone laws went into effect more than 10 years ago, the OTS has been urging people to put down their phones and focus on the road.

County Partnership with UC Davis Approved

By Andrea Hansen, Sacramento County

SACRAMENTO COUNTY, CA (MPG) - On Jan. 15, the Board of Supervisors approved a collaborative partnership between Sacramento County and UC Davis Health to deliver primary care, behavioral health, and some specialty services to 5,000 Medi-Cal enrollees at the County-run Federally Qualified Health Center at Broadway and Stockton Boulevard.

"Sacramento County is thrilled for this relationship with UC Davis Health," said Supervisor Patrick Kennedy. "Together we are committed to ensuring greater access to high-quality health care

in our region. UC Davis Health already provides health care services at the Sacramento County Health Center and the expansion will allow for more access to primary care and high-quality health care to Medi-Cal patients."

Starting Feb. 1, the partnership will bring together a hospital system and Sacramento County health care providers to give coordinated, high-quality care to patients. The unique structure of the agreement is based on that of an Accountable Care Organization, where UC Davis Health provides all care for primary care and behavioral health services for enrollees at the Paul F. Hom Primary Care Facility

in the Sacramento County Health Center as well as at UC Davis facilities.

"Patients will be phased in over a period of six months to the Paul F. Hom Primary Care Facility in the Sacramento County Health Center," said Peter Beilenson, Director of the Department of Health Services. "These enrollees will be provided with comprehensive primary care and behavioral health services, but will also have opportunities to connect with on-site social service organizations that provide housing assistance, job placement, legal services, Medi-Cal system navigation and eligibility, and care coordination."

This collaborative

initiative has great potential for all involved:

- For patients and community members - primary and preventive care to Medi-Cal recipients who currently have limited access to care in the County will be increased and more coordinated
- For the Sacramento County Health Center and Sacramento County - the Health Center will be fully utilized and serve the ultimate vision of a person-centered medical and social service home for an underserved community with increased reimbursement for services provided.

Source: Sacramento County Media ★



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Providing Shelter

Continued from page 1

It also pays for beautification projects, arranges litter cleanup, graffiti removal, and waste abatement. Gary Hursh, a Carmichael attorney, the district's past president and current chairman of its Security Committee, says HART and its Winter Sanctuary are good investments.

He said the program last winter took dozens of homeless people off the streets and away from store doorways and other sleeping spots on business property.

"Shuffling people around is not a solution," he said in an interview. "The next step, in my opinion, is for CID to partner with nonprofits that find and provide housing for the homeless. HART is providing a solution."

Deputy Kevin Hee of the Sheriff's Department Homeless Outreach Team (HOT), told HART meeting attendees: "We all agree that we can't jail and arrest everybody out there. We're looking at getting services

to the homeless. There's an exponential explosion of homelessness in California. Every community is affected."

Besides churches, sheriff's deputies and business leaders, other HART partners are Sacramento Self Help Housing, ATLAS of Carmichael with its thrift store, the local Chamber of Commerce, the San Juan Unified School District, and Sacramento County.

County Supervisor Susan Peters offered this assessment: "Carmichael HART has a proven track record of success, and its Winter Sanctuary program reflects the dedication of the community's faith-based organizations to help those in need who find themselves homeless."

Paul Keefer, a trustee of the Sacramento County Board of Education who is working on a HART plan to help homeless students, stated "As a volunteer for the Carmichael HART Winter Sanctuary I was impressed by the training and guidance that our team received from

Sacramento County."

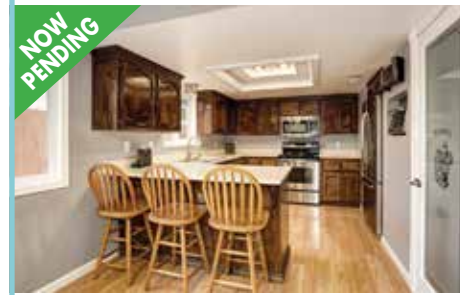
"Wonderful people are coming with a willingness to help, saying, 'We want to be part of this,'" Farley said at the HART meeting. She reported that 78 different guests participated in last year's Winter Sanctuary, whereas more than 30 different homeless people have come in the first three weeks of the program this year. Young said volunteers are winning the trust of their guests and are seeing dramatic changes in attitudes and a willingness to accept assistance.

"We should all have the same goal," he said. "Whatever our reasons for getting people off the streets, our goal should be the same -- getting people housed. Ultimately, we all want our communities to thrive. As long as we have people camped on our sidewalks, next to our businesses and on our back lots -- it remains a distant goal. The only way we'll see effective change is to get people housed. It's all about getting people housed." ★



3422 Riverdale Way, Carmichael | Offered at \$555,000

Beautifully maintained 4 bedroom and 2.5 bath contemporary home on quiet Carmichael street near the American River. Light and airy floor plan completely updated 5 years ago. Open kitchen/family room area with fire place opening to private yard with covered patio perfect for entertaining. Living/dining room combo with good lighting gives this home two practical living spaces. Wonderful master with balcony and remodeled bath and an inside laundry room. Close to Ancil Hoffman Park, this is one of the most desirable Carmichael locations.



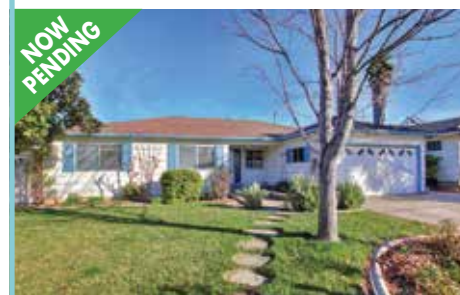
2654 Royal Park Dr., Cameron Park | \$417,000

Sweet family home in a quiet Cameron Park setting on a generous .25 acre lot. Updated throughout, this 3 bedroom 2 bath home features a large living room with a free standing wood stove, updated kitchen with newer appliances and counter tops, nice separate family room opening to large private back yard perfect for entertaining. Newer HVAC, whole house fan and dual pane windows make this home very energy efficient. Laminate flooring throughout the living spaces create a natural flow. This is a must see!



6147 1st Ave., Sacramento | \$379,000

Feel right at home in this adorable 2 bedroom and 1 bath cottage nestled between the highly desirable communities of Elmhurst and Tahoe Park. Enjoy an open and inviting floor plan with fantastic natural lighting throughout. Hardwood flooring exists beneath the carpets. Updates include newer dual pane windows and an HVAC system. This home features a detached garage and private backyard. Close to transportation, Sac State and fabulous restaurants and shopping. Add your own touches to make this your forever home!



3709 Jo Ann Dr., Sacramento | \$334,000

This refurbished 3 bedroom, 2 bath home has it all! A charming exterior adds to this home's great curb appeal. You'll love the original hardwood flooring and remodeled kitchen with granite countertops and top of the line appliances. The tranquil master opens up to a connecting sunroom with a Jacuzzi tub facing the private backyard. Thoughtful updates include a freshly painted interior and polished floors. Enjoy a fantastic neighborhood close to shopping, Highways 50/80, and great schools!



10244 Meuret Rd., Wilton | \$695,000

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MEMORIAL NOTICE

Richard John Landry

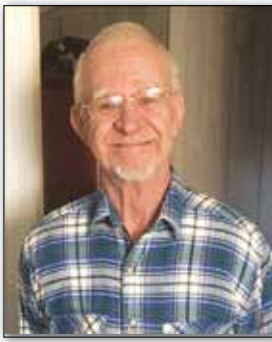
November 16, 1934 to December 31, 2018



Richard John Landry, Birth Name: Joseph John Richard Landry, Age 84, of Rancho Cordova, CA, passed away on Monday, December 31, 2018 of natural causes after being admitted to the Mather VA Hospital. He is survived by his wife of 64 years, Lucille. Richard married his sweetheart, Lucille Loraine Robert, on November 20, 1955 at St. Anne's Church, Waterbury, CT.

Funeral services will be held on February 6, @10:00 at Divine Savior Catholic Church, 9079 Greenback Ln, Orangevale, CA. Father Roman Mueller will preside over the funeral liturgy.

Richard was born Nov. 16, 1934 in Fort Kent, ME to John Paul Landry from Ledges, New Brunswick and Cesarie Soucy from Fort Kent, ME. Richard started work as an apprentice machinist and enlisted in the Air Force on July 27, 1954. He retired as M.Sgt. May 31,



1976. He was awarded the Bronze Star due to his actions in the Vietnam War. He went on to serve an additional 18 years as a Mobile Equipment Maintenance Team lead with the Department of Defense at McClellan AF Depot. He was later diagnosed with 83% Service Connected disability.

Surviving is his eldest son, Robert Raymond Landry of Las Vegas, wife Catherine, and four children, Tyrone, Clifton, June, and Kristopher; Daughter Linda Anne Riggs, husband Edward, and two children, Jaime and Mylen; Son, Paul John Landry, wife June, and two children Dayne and Mikeala; Daughter Kim Roxanne Spencer, and child Monica.

Richard was preceded by the death of his son Michael Richard Landry of Placerville.

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for the complete job announcement
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Carmichael Times

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Over 600 Prom Dresses Will Be Given Away to Area High School Students

By *Mina Perez*

SACRAMENTO, CA (MPG) - Where the "Camp Fire" caused destruction, and human tragedy, it also created a window of opportunity for high school students in Sacramento when a retail company, Lulus.com of Chico, California, needed to move over 2,000 prom dresses to safety. With the assistance of Quota International of Oroville, California, they were able to save those dresses by donating them to several Northern California nonprofits, including Sacramento's Vida de Oro Foundation. Established in 2016 and best known for producing the annual Sacramento Taco Festival the first weekend of June, the Vida de Oro Foundation received over 600

of those prom dresses and plan to have two giveaways with the first being conducted on February 9, 2019. "We took a U-HAUL truck up to Chico to pick up the dresses on one of the smokiest days of the Camp Fire," says Mina Perez, President/CEO of the Vida de Oro Foundation. "It turned out the gentleman who helped load the dozen boxes filled with dresses was a newlywed who had lost his home a week before to the fire. Yet, here he was happy to help out." The dresses, which vary in sizes, were donated under the condition that they be given away and not sold by the receiving nonprofits. With this in mind, members of the Vida de Oro Board of Directors decided to give

the dresses away before the prom season. With the assistance of U-HAUL, the dresses will be given away at the former Medimer building located at 3979 N Freeway Blvd, in North Natomas. "We will be giving away the dresses on Saturday, February 9, 2019 from 10 am and 4 pm," adds Mina. "To qualify, interested students must be focused on graduating, have a student ID card, and show up with a parent or legal guardian, and there is absolutely no cost for the dress they select." Although some signups will occur at a few high schools, interested students may also sign up by sending an email to vida@vidadeoro.com or calling (916) 914-4623. Source: Via de Oro Foundation ★



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Carrie Hennessey



Trevor Scheunemann

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CHEERS & JEERS

by **Damian Holbrook**

Cheers to Gotham
for beginning its end at the end. Usually, flash-forwards are cop-outs, but the final season's opening shot of our heroes—and villains!—teaming up in the near future was a perfect tease to the hell Jim Gordon (Ben McKenzie, pictured) is about to unleash on the, uh, Bane of his beloved city before the Fox series wraps.

Cheers to Tidying Up With Marie Kondo
for sparking the joy of how-to shows that actually teach us how to do things! In translating her bestselling guide to getting rid of clutter, the guru of domestic simplicity has given Netflix a soothing, bingeable original that's as instructive as

it is inspiring for anyone whose home looks like a Hoarders episode.

Jeers to Owen (Kevin McKidd) on Grey's Anatomy
for his sickeningly bad form. Our stomachs turned when the trauma surgeon told lover Amelia (Caterina Scorsone) that he was having a baby with Teddy (Kim Raver)—while all three of them were trapped in an elevator—then almost hooked up with her. We thought doctors were supposed to do no harm!

Jeers to The Masked Singer
for being so weird! Fox's new oddity wants judges Jenny McCarthy, Robin Thicke, Nicole Scherzinger and Ken Jeong to guess the



Usually, flash-forwards are cop-outs, but the final season's opening shot of our heroes—and villains! (Ben McKenzie, pictured).

crooning celebs disguised as giant deer, with host Nick Cannon or plush cyclops, while we want to know who will be paying our therapy bill for the nightmares these outfits inspire. ★

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

Is MODERN FAMILY As Good As It Used To Be?
Question: Might be a totally controversial topic, but do you feel like Modern Family has gotten stale over the years? I mean, I don't think it's bad or anything. There are a few gems every now and then, and I still adore Mitch (Jesse Tyler Ferguson), Cam (Eric Stonestreet), Phil (Ty Burrell), Gloria (Sofia Vergara) and Jay's (Ed O'Neill) characters, but the show just hasn't been the

same the last three or four seasons. — Flo
Matt Roush: I appreciate how reluctant you are to call a favorite show out when it no longer lives up to your expectations, but you're hardly alone on this one. *Modern Family* is still popular enough that ABC (and the 20th Television studio) is reluctant to let it end gracefully, but it's obvious to most that its best days are behind it. For me, the problem with this show (unlike *The Middle*, which always lived in its

shadow) is that the younger family members for the most part didn't develop into characters who are still fresh and funny. The traits that were amusing in the adults still by and large work after ten seasons, some weeks more effectively than others, but *Modern Family* is an example of how difficult it can be to sustain such a high degree of quality over the long haul, especially when so many of the situations are built on misunderstandings and farce. (The show's high concept of breaking the fourth wall also now seems more intrusive than innovative.)
To submit questions to TV Critic Matt Roush, go to: tvinsider.com To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★

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Lamb Leg Steaks \$9.99/lb
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 Boneless Lamb Flanks \$7.99/lb
 Boneless Lamb Steaks \$9.99/lb

Hind Lamb Shank \$4.69/lb
 Short Cut Lamb Leg \$5.99/lb
 Lamb Neck Steak \$9.99/lb
 Ground Lamb \$7.99/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JANUARY 30 - FEBRUARY 5, 2019.

FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Mandarines 2 lb Bag \$1.99
 Fuji Apples 5 lb Bag \$3.99
 Roma Tomatoes \$8.99
 Pineapple 6 ct \$2.99
 Mexican Green Onions \$3.52
 Minarola Tangerines \$7.99

Popeye Spinach \$2.83
 Grape Tomatoes \$2.83
 Fuji Apples \$6.99
 Young Thai Coconut 9 ct \$9.99
 King Oyster Mushrooms \$1.99
 Oranges 10 lb Bag \$2.99
 Napa Cabbage 2 lbs \$1

AMERICAN/HISPANIC GROCERY

Prinos \$1.29
 Jubbils 99¢
 Capisun \$2.99
 Capisun \$3.99
 Capisun \$5.99

ASIAN GROCERY

WAE EGG \$1.99
 JELLY \$9.99
 JELLY \$9.99
 ABC Brand \$1.99
 Mir Fly Brand \$1.99
 Specially Brand \$4.99
 Body Boy Brand \$2.99

EUROPEAN GROCERY

Zero \$5.99
 Maser Pilsner \$1.99
 Pilsner \$1.49
 Backstreet \$2.29
 Korona \$1.29

KOREAN/JAPANESE GROCERY

Three \$4.99
 Soybean \$8.99
 Soybean \$2.99
 Soybean \$2.49
 Soybean \$1.99
 Soybean \$7.99

HOUSEWARES

Electric \$39.99
 Electric \$44.99
 Electric \$47.99
 Electric \$109.99
 Electric \$14.99

FROZEN & FISH DEPT

Shrimp \$7.99
 Caviar \$4.50

EUROPEAN DELI

Norma \$6.99
 Andy's Deli \$4.99
 Pops \$6.99
 Pops \$2.99

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JANUARY 30 - FEBRUARY 5, 2019.

WEEKLY PROMOTION!

ACE COOK VENICE 4 KINDS

Sauce Pot 28 cm **\$34.99** Reg. \$44.99

Sauce Pan 20 cm **\$24.99** Reg. \$34.99

Sauce Pot 24 cm **\$29.99** Reg. \$39.99

Jumbo Wok 36 cm **\$39.99** Reg. \$49.99

GLASS POT For Oven & Microwave **\$8.99** Reg. \$19.99

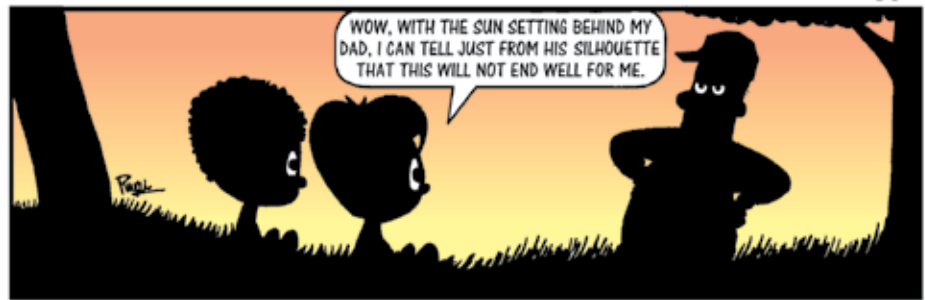
MAGIC GLOVES **\$8.99** Reg. \$19.99

MADE IN KOREA

WEEKLY COMICS

Amber Waves

by Dave T. Phipps



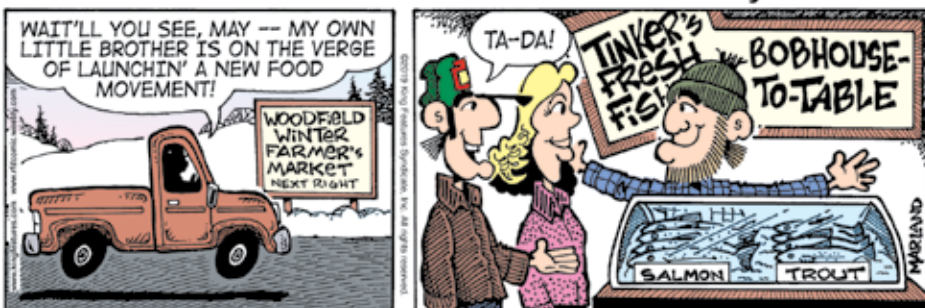
Out on a Limb

by Gary Kopervas



R.F.D.

by Mike Marland



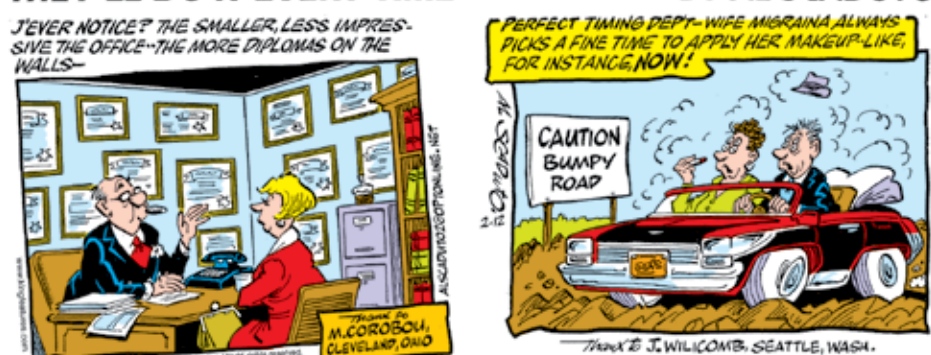
The Spats

by Jeff Pickering



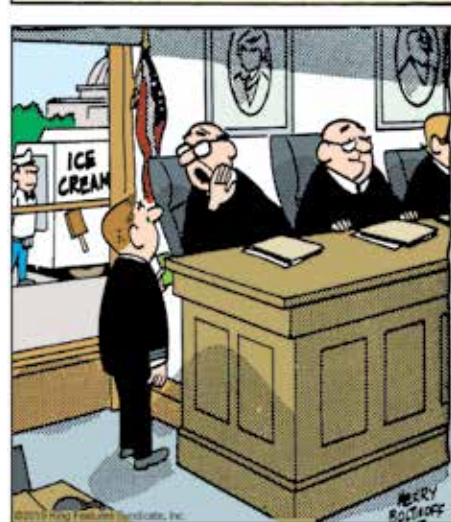
THEY'LL DO IT EVERY TIME

BY AL SCADUTO



GRIN and BEAR IT

LAFF-A-DAY



Just Like Cats & Dogs

by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTNOFF



Crossword Puzzle on Page 8

M	A	R	S	H		G	A	B		N	A	S	A
O	M	A	H	A		N	I	L		H	A	I	T
B	A	G	E	L		A	D	O		O	R	D	E
S	H	A	L	L	O	W		A	C	A	D	E	M
						F	O	R		S	T	A	G
M	E	N		O	R	C	A		M	I	D	D	L
A	X	I	S		I	O	T	A		E	R	R	O
N	A	M	E		S	W	I	F	T		I	O	W
I	M	B	E		S	A	R	I		P	O	L	S
A	S	I	M	O	V		T	O	N	S		L	Y
						N	I	C	E		C	O	S
C	O	N	G	A	E	D		S	T	A	P	L	E
O	R	I	E	L		R	O	E		P	R	O	V
M	E	T	E	D		O	U	T		E	A	T	E
B	O	S	S			M	R	S		D	Y	I	N

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Sudoku Puzzle on Page 8

2	7	5	3	4	6	9	1	8
4	1	8	7	9	5	3	6	2
9	6	3	1	2	8	4	7	5
5	4	1	8	3	2	7	9	6
3	9	7	6	5	1	8	2	4
6	8	2	9	7	4	5	3	1
8	3	4	2	1	7	6	5	9
1	5	9	4	6	3	2	8	7
7	2	6	5	8	9	1	4	3

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Champions of Freedom and Civil Rights



Nick Bloise and Scott Schmidt (left to right) help lead the marchers in Sacramento Martin Luther King, Jr. event on Jan 21st. Photo courtesy RRC

From Republicans of River City

SACRAMENTO, CA (MPG)

The 37th annual Sacramento community march honoring the life of Martin Luther King, Jr. on his 90th birthday began at Sac City College at about 8 AM and marchers proceeded to the Convention Hall in downtown Sacramento and attended the MLK Diversity Expo.

Scott Schmidt and Nick Bloise, two recent candidates for the California State Assembly, carried our Republicans of River City club banner in the march that proclaimed "Keep the Dream Alive."

The Diversity Expo,

where speakers, music, and resources on health, employment, education and the Republicans of River City information booth was found by the thousands of marchers.

Robert Evans, former Republican Congressional candidate, helped staff behind the table of the Republicans of River City booth inside the convention hall helping to registering voters and educating the public about the Republican Party and the life of Dr. King and the civil rights movement.

The backdrop for the booth reminded everyone that it was members of the Republican Party who have always fought for freedom

and civil rights starting with the administration of Lincoln and continuing to today.

From the 1850s when the first Republican presidential candidate John C. Fremont's campaign slogan was Free speech, Free press, Free soil, and Freeman to now when the employment of our black brothers and sisters in the highest in history all Republicans have a history they can be proud of.

Carl Burton, President of Republicans of River City, said, "Republicans haven't changed since Fremont and President Lincoln's time, the Republican Party today is still the "Champion of Freedom and Civil Rights for everyone." ★



A LOVING APPROACH TO DEMENTIA CARE

Join us for a free brunch while you learn top tools to better understand the world through the eyes of those with dementia. *Laura Wayman*, The Dementia Whisperer, will help you create more meaningful engagement, lessen frustrations and enhance the caregiving experience for you and your family! *Laura Wayman* is an in-demand expert and author delivering deep expertise in dementia communication strategies and care approach techniques.



Saturday, February 9th

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*No charge. Space is limited.

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CT

MONTHLY MEETING OF MILITARY RETIREES/SPOUSES:

Our next monthly meeting

FEB 14th, 2019

at

North Highlands Park and Recreation

District, 6040 Watt Ave, North Highlands 95660.

Meeting starts at 1030 hrs and we have a speaker **Vivian Gonzales**.

from the Social Security Office who will Address the issues facing all of us.

Come on out and enjoy a cup of coffee, cookies and meet new friends.

Questions can be referred to our volunteer staff at 916-640-8446, Monday through Thursday, 0900 to 1500 hrs.

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