



28 Students Begin Paid Construction Internship Program
PAGE 2

Recreational Waters and E. Coli
The Central Valley Water Board Will Conduct Year-Long Study
PAGE 3



Carmichael Times

VOLUME 38 • ISSUE 29

Serving Carmichael & Sacramento County since 1981

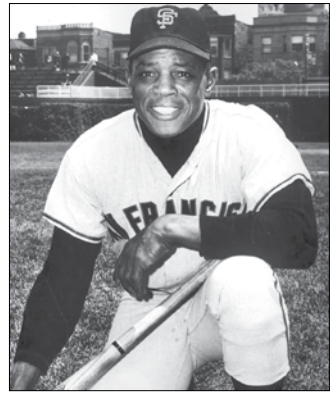
JULY 20, 2018

GREG KIHN HAPPY TO BE BACK OUT ON THE ROAD



PAGE 5

"CALIFORNIA AT BAT" CHRONICLING THE STATE'S BASEBALL HISTORY



PAGE 13

THE JOB SEARCH: NEW LIGHT ON AN OLD ISSUE



PAGE 2



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

Baseball's Chiropractor



San Francisco Giants outfielder Mac Williamson (above left) is just one of Dr. Robert Graykowski's many patients that he hopes to treat back to what he calls "optimum sports performance." Dr. Graykowski (photo at right) with a signed jersey from the Sacramento River Cats. Photos courtesy Robert Graykowski

By Rich Peters, MPG Editor

CARMICHAEL, CA (MPG) - Dr. Robert Graykowski has been a vital part of the Carmichael community and beyond for more than three decades. He has helped thousands overcome both the mental and physical challenges of everyday life. While his mission to help others live a healthier lifestyle has been there since the beginning, his approach took a sudden and unexpected change one fateful day. "My wife and I were in a helicopter crash in 2002 and she had a traumatic brain injury so I did everything to find out how to take care of that," said Graykowski. "We'd gone the medical route and all they did was want

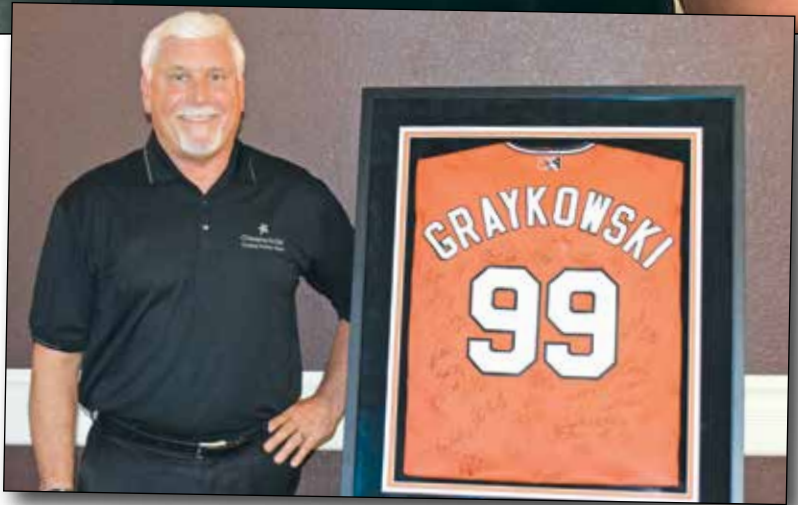
to keep medicating her."

The terrifying accident changed the lives of Dr. Graykowski and his wife, Jeanine, forever and led to their dedication of specializing in head trauma. Through this dedication he was able to help his wife overcome her injuries and bounce back to full health.

"I started out as just a chiropractor dealing with your basic injuries - neck pain,

back pain, all of those things, but then I went more into corrective," he explained. Since the helicopter accident the Graykowski's practice, Chiropractic USA, has taken on a

Continued on page 3



Dinner in the Park Planning Return

By Sharon Ruffner

CARMICHAEL, CA (MPG) - The Carmichael Parks Foundation is pleased to announce the return of Dinner in the Park on Saturday, September 8, 2018 at the Sutter Park and Jensen Botanical Garden. As the hidden gem of Carmichael, the unique nature of these parks offer the perfect setting to stroll along the path and enjoy community, gourmet food, wine, and music. Tickets are available for \$100 per person and features an amazing menu from Hawks Restaurant and Hawks Provisions + Public House.

The music this year will highlight returning artists "Carlos & Brennen," a local duo specializing in clarinet and piano. The Sacramento duo took first place in their category at the international Golden Classical Music Awards in New York and were invited to the stage of Carnegie Hall this past March.

The dinner event will kick off at 5:30 pm and take guests on stroll from the garden plots down through the olive tree-lined path with stations offering bites from local restaurants and musical ensembles sprinkled along the way before the seated dinner in the Botanical Gardens. A live auction will take place at the end of dinner overseen by Cameron Michael of KLM Auctions.

Tickets must be purchased in advance. Founded in 2009, the Carmichael Recreation and Park District Foundation (CRPDF), was formed as a 501(c) (3) nonprofit Public Benefit Corporation, Fed ID # 26-4274059 to generate funds for Carmichael parks youth scholarships & beautification projects. ★

Carmichael Teen Murdered on Manzanita Ave.

By MPG Staff

CARMICHAEL, CA (MPG) - A teen was shot and killed on Sunday afternoon in Carmichael.

Police found 16-year-old Zachary Whittington shot dead at the Continental apartment complex on Manzanita Ave. The Sheriff's Department discovered Whittington after responding to a 9-1-1 call in which a neighbor reported hearing a gun shot.

Deputies later located and detained a 13-year-old male less than a mile away on Bourbon St. A handgun was found in a nearby trashcan.

The 13-year-old was subsequently arrested for murder and charges related to firearm possession, according to an official statement from the sheriff's department.

"These people knew each other, they were acquaintances," said Sgt. Shaun Hampton. "We believe the victim was targeted. We don't know why."

Detectives are asking anyone with information relating to this incident to please contact the Sheriff's Department at (916) 874-5115 or Sacramento Valley Crime Stoppers at (916) 443-HELP. Tip information may also be left anonymously at www.sacsheriff.com or by calling (916) 874-TIPS (8477). ★

Taco Bell Awards Live Más Scholarships to Local Student

CARMICHAEL, CA (MPG) - The Taco Bell Foundation awarded \$3 million in Live Más Scholarships last month to 300 employees and youth. Designed to help students pursue their unique passions that may not necessarily fit into the traditional "academic" or "athletic" categories, this year's scholarship application drew nearly 8,000 submissions. Scholarships range from \$5,000-\$25,000 per student and contribute to the Foundation's goal of awarding \$10 million by 2022.

The Carmichael Taco Bell located on Manzanita Avenue surprised Hannah Whitaker with a \$25,000

Live Más Scholarship and a trip to Japan in front of her coworkers, friends and family. She recently graduated from Bella Vista High School and plans to use her scholarship to pursue her passion of studying Japanese at UC Davis. Her goal is to eventually become an English teacher in Japan and help mend cultural divisions between the U.S. and Japan. She got her first job at Taco Bell to help fund a cultural immersion trip to Japan that her teacher told her about. She has now been a Taco Bell employee for more than two years.

Source: Taco Bell Foundation ★



Hannah Whitaker was surprised with a scholarship of \$25,000.

The Job Search: New Light on an Old Issue

By Andrew Rose

SACRAMENTO REGION, CA (MPG) - Countless people have been there. It's daybreak, and the angst sets in. Midsummer is traditionally the time of year when recent high school and college graduates focus on career issues. Meanwhile, many people who have been out in the workforce for some time are looking to rebuild their professional lives.

An anonymous university career advisor in Fresno reminds individuals to focus on the foundation of the career search. "The commonality is what I call your sales documents," she proclaims. "This would be a resume and cover letter. A resume is not just a fact sheet; it's a sales sheet." She warns that even a quality resume submitted is a waste of time if it is not effectively targeted to an appropriate job prospect, calling it the "spray and pray" method.

While shooting straight for the dream job is enticing, the advisor proclaims, a structured game plan is the most effective tool. She illustrates her point, noting that after three-decades in helping people find work, "How the heck do I have any business applying for a job as a senator?"

Marty Nemko, author of *Careers for Dummies*, would concur, maintaining that too many job seekers don't have realistic expectations of their abilities. "About seventy-five percent of people think they're above average," Nemko reports. He also maintains that many job seekers have the exact opposite problem, that they don't have enough self-confidence to pursue the work they are meant to do. As a result, they sell themselves short with low paying and unfulfilling work.

Nemko will also maintain that the traditional progression from high school to university isn't necessarily the right way to go for long term career success. Ironically, such a proclamation comes from a man who obtained his doctorate in educational psychology from UC Berkeley. "I didn't succeed because I earned a Ph.D.," Nemko asserts. On the contrary, Nemko holds that elbow grease, not his advanced degrees, paved the road to his success. He reflects on his own unfulfilling high school and university experience, being forced to absorb information that he ultimately didn't need to know. "I would have done better learning on my own."

The two experts would concur that higher education isn't always the pathway to success for a teenager who is looking toward their career future. The university advisor notes that modern high schools are doing a better job than before with helping students establish careers after graduation. She notes examples of programs that train students as nursing assistants and diesel mechanics. Such individuals are able to hit the ground running with solid careers after graduation. "College isn't for everybody," the advisor reminds.



Marty Nemko was called "career coach extraordinaire" by U.S. News and is the author of the just-published, *Careers for Dummies*. Photo courtesy Marty Nemko

Nemko advises careerists to focus on the process of employment, and that the dream job probably won't fall into someone's lap. When asked about mistakes job seekers make, Nemko laments that too many are unwilling to lay the necessary groundwork needed to find fulfilling employment. "I think they spend too much time on the sidelines, thinking about the perfect career."

Similarly, the university career advisor asserts the importance of keeping an endpoint in mind, along with plans to get there. Working with students and alumni who are planning or retooling their careers, she will ask them, "What's your game plan? What do you want to end up with, and what do you want to do?" She holds that this advice applies not only to those who are starting out in the work world, but also for established professionals who long for a change. She notes the importance of acknowledging one's interests and how they might apply on the job market. The advisor reflects on meeting with an accountant who was sick of his job, and wanted something entirely different. His wife noted that he was good with children, and truly enjoyed his time as a little league coach. After hitting on that one insight, the dissatisfied professional clarified the objective of his career shift and asked, "How do I go from being a CPA to being a school counselor." The advisor notes that he was off and running from there.

Marty Nemko was called "career coach extraordinaire" by U.S. News and is the author of the just-published, *Careers for Dummies*. ★

28 Students Begin Paid Construction Internship Program in Placer, Sacramento Counties

SACRAMENTO REGION, CA (MPG) - A total of 28 high school students and young adults donned their tool belts today to begin a paid month-long internship program sponsored by the North State Building Industry Foundation – a program designed to give them skills they would need for a career in the homebuilding industry.

The program is a collaboration between the Foundation, major Sacramento-area homebuilders, a number of trade contractors, and 11 area high schools. Now in its fourth year, the program fills a major need for contractors and students alike, said Rachel Bardis, the Foundation's 2018 chair.

"There is a growing shortage of construction workers in the region, so now is a great time for young adults interested in the trades to find a rewarding career," Bardis said. "The internship program gives participants a great skill set and they are then very likely to find a job when they're out of high school."

Mo Rahim, vice president for Taylor Morrison, one of four homebuilders participating this summer, agreed.

"This is a great program for us to reach out to the community and expose young talent to a great industry," he said at an event in Elk Grove on the last day of program's first four-week session on June 29, which saw 34 students and young adults learning skills in plumbing, painting, heating, ventilation and air conditioning (HVAC) and framing.

"As an industry as a whole, there is a major labor shortage, and this is a great way to introduce young people to all aspects of the industry."

While the state has been increasing career technical education funding in recent years, area industry leaders have recognized that they need to be involved as well, Bardis added.

"For the past four years, the Building Industry Foundation has coordinated this job-training program," she said. "After students take part in a series of after-school classes during the school year, they have the opportunity to earn money in our



The program is a collaboration between the Foundation, major Sacramento-area homebuilders, a number of trade contractors, and 11 area high schools. (Above photo) Foreman Andrew Ruiz shows Jared Delacruz where the wiring will go in the attic.

paid internship program and really get hands-on experience."

Interns are paid \$11 an hour.

Other builders participating this year are Anthem United, Lennar and USA Properties at developments in Elk Grove, the Vineyard area, Roseville, Folsom and Natomas.

Also involved are the following trade contractors: Black Diamond Electric, Central Valley Painting, Creative Design Interiors, CVC, Deal Mechanical, Eagle Lathe and Plastering, Fenceworks, Fletcher Plumbing, Hutton Lovewell, L&S Framing, Marticus Electric, Production Framing, Rayco Electric, Sommercial Concrete, Timberlake Cabinets, Timberworks and Villara Building Systems.

High schools involved in the program are Cosumnes Oaks, Laguna Creek, Monterey Trail, Pleasant Grove, Sheldon, and William Daylor in the Elk Grove Unified School District, and five schools in Placer County – Center, Lincoln, Oakmont, Placer, and Whitney.

In addition, a number of young adults aged 18-22 enrolled in a separate Foundation training program are participating in the hands-on

internship program.

Interns enrolled in the first session found the program to be extremely beneficial.

"It was a good opportunity to learn something new and taught me what hard work means, what it takes to earn money," said Robert Langamon, 17, an incoming senior at Cosumnes Oaks High School, on the last day of the first session.

And Jared Delacruz, 21, said he's ready to begin a career as a heating, ventilation and air conditioning (HVAC) tradesman.

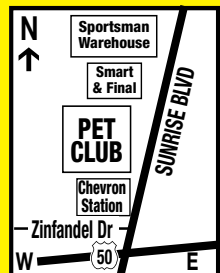
"I've always been interested in construction. My family has been in construction and some have been general contractors," he said. "The internship was really helpful in helping me understand what I'd like to do, and now I know I'd like to work in HVAC," he said.

Building Industry Foundation programs have a great track record in placing graduating students into jobs. In April, of 57 graduating seniors who participated in last year's summer internship program, 54 were hired by contractors at a Foundation-sponsored job fair.

Source: *The Write Stuff Communications* ★

Look for Advertised Sale Items Everyweek at www.petclubstores.com

PET CLUB
FOOD AND SUPPLIES
EVERYDAY LOW PRICES
Super Discount Prices • Hot Specials & Coupons
*Short term promotions from vendors
(No Membership Fees)



2344 Sunrise Blvd.
Rancho Cordova, CA
916-635-5008

Mon-Fri 9-8,
SAT 9-7, SUN 10-7
Effective 7/18/18 - 7/24/18



PET CLUB is Excited to Offer: Blue Buffalo, Chicken Soup, Earth Born, Evo, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods

\$200 OFF ANY 26 LBS OR MORE PREMIUM DRY DOG FOOD PLU #336
\$100 OFF ANY 14 LBS OR MORE PREMIUM DRY CAT FOOD PLU #337
Nutro, Science Diet, Eukanuba, Avoderm, IAMS, Nature's Recipe, Natural Balance, Wellness, Pro Plan. Limit 1 Bag.
(Cannot be used in conjunction with similar dollar off, percentage off coupons, or advertised sale items)
Limit: 1 Coupon Per Family CT
Effective 7/18/18 - 7/24/18

2 FREE CANS OF PREMIUM FUSSIE CAT FOOD
2.8 Oz Tin Black Label Only
With Any Purchase of Pet, Fish Food, or Supply PLU 349
Limit: 1 Coupon Per Family CT
Effective 7/18/18 - 7/24/18

NATURAL BALANCE DRY DOG FOOD
•Lamb Meal & Rice •Sweet Potato & Fish
•Sweet Potato & Venison •Sweet Potato & Bison •Sweet Potato & Chicken 26-28 Lb Bag
SUPER BUY \$5 OFF
Limit 2 Bags Per Family
Our Super Low Prices
Effective 7/18/18 - 7/24/18

NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD
Lamb Meal & Rice 30 Lb Bag
•Adult •Small Bites •Large Breed
Limit 2 Bags Per Family
\$39.99
Effective 7/18/18 - 7/24/18

IAMS DRY CAT FOOD
•Healthy Adult •Indoor/Weight/Hairball
•Optimal Metabolism (Hairball 22 Lbs. \$24.99)
16 Lb Bag Limit 2 Bags Per Family
\$17.99
Effective 7/18/18 - 7/24/18

FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD
16 Lb Bag
Limit 2 Bags per Family
\$9.99
Effective 7/18/18 - 7/24/18

FRISKIES BUFFET CANNED CAT FOOD
5.5 Oz All Varieties
Limit 2 Cases Per Family
4/\$1.89
Effective 7/18/18 - 7/24/18

ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER
20 Lb Box •Unscented •Double Duty (Clump n Seal Regular 19 lb \$8.99) (Slide 19 lb \$9.99)
Limit 2 Boxes Per Family
\$5.99
Effective 7/18/18 - 7/24/18

SCIENCE DIET CANINE MAINTENANCE CANNED DOG FOOD
13 Oz •Selected Varieties (Reg price \$1.69)
NEW (Healthy Cuisine 12.5 oz \$1.59 Reg price \$1.79)
Limit 2 Cases Per Family
\$1.49
Effective 7/18/18 - 7/24/18

SCOOPAWAY CLUMPING CAT LITTER
42 Lb Bag
•Multi-Cat Formula
Limit 2 Bags Per Family
\$9.99
Effective 7/18/18 - 7/24/18

PURINA BENEFUL PREPARED MEALS
All Varieties 10 oz Limit 1 Case
\$1.39

ELEVATE SUPER PREMIUM DRY DOG FOOD
NEW Antioxidant Blend 28 Lb Bag
•Chicken •Lamb •Salmon •Pork (25 Lbs)
Limit 2 Bags Per Family
\$3.00 OFF
OUR SUPER DISCOUNT PRICE

PEDIGREE CANNED DOG FOOD
•Choice Cuts in Gravy •Chunky Ground Dinner
•Chopped Ground Dinner 22 Oz Can Limit 1 Case
99¢

PURELY FANCY FEAST CANNED CAT FOOD
2 oz. All Varieties Limit 1 Case
\$1.09

9 LIVES DRY CAT FOOD
•Grilled Tuna & Egg
12 Lb Bag Limit 2 Bags Per Family
\$7.49

NATURE'S MIRACLE PREMIUM CLUMPING CORN COB LITTER
Bio-Enzymatic Formula
10 Lb Bag Limit 2 Bags
\$7.49

SCIENCE DIET CANNED CAT FOOD
Selected Varieties 5.5 Oz Limit 1 Case
99¢

Super Buy FRESH STEP CRYSTALS CAT LITTER
8Lb Bag Limit 2 Bags
\$10.99

PURINA BENEFUL DRY DOG FOOD
•Original •Healthy Weight 31.1 Lb.
•Salmon Limit 2 Bags
\$26.99

SCIENCE DIET IDEAL BALANCE DRY DOG FOOD
30 Lb Bag •Adult •Large Breed Adult
Limit 2 Bags
\$36.99 **\$41.99**

New MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD
25 Lb Bag
•Grain Free Chicken & Turkey •Grain Free Beef & Lamb
•Grain Free Salmon & White Fish Limit 2 Bags per Family
ON SALE

3 FREE CORE Cat Cans 5.5 Oz With Each purchase
•Original •Indoor •Turkey
Grain Free 12 Lb Bag Limit 2 Bags
\$35.99

MIDWEST METAL PRODUCTS
•Exercise Pens •Contour Crates
•Crates •Ovation Trainer All Varieties
20% OFF
OUR SUPER LOW PRICES

MARINELAND POWER FILTER SALE
MODEL TANK SIZE PET CLUB SALE
PENGUIN 100B20 Gal.**\$17.99**
PENGUIN 150B30 Gal.**\$24.99**
PENGUIN 200B50 Gal.**\$29.99**
PENGUIN 350B75 Gal.**\$39.99**

REDBARN NATURAL DOG TREATS
•Bully Treats •Filler Bones
•Bully Nuggets All Varieties except Mammoth Bone \$6.99
20% OFF
OUR SUPER LOW PRICES

SENTRY FIPROGUARD & ADVANCE GUARD
Flea Control & Treatment
•Regular •Plus •Max All Sizes
•Dogs •Cats
20% OFF
OUR SUPER LOW PRICES

TETRA BOXED 10 GALLON TANK
With Economy Kit
Just add Heater For Tropical Fish
Limit 1 Per Family
\$36.99

BOODA BONE & TUG
•White •Multi-Colors
All Varieties
20% OFF
OUR SUPER LOW PRICES

SPRAY MILLET
•Single
4/\$1.00

KENT MARINE WATER SUPPLEMENTS
20% OFF
OUR SUPER LOW PRICES

KORDON CORAL SEA
50 GAL SALT MIX WITH AMQUEL
\$12.49

BONUS COUPON FANCY FEAST GOURMET CANNED CAT FOOD
3 Oz - All Varieties Except Elegant Medley
Limit 1 Case Per Family
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 7/18/18 - 7/24/18
55¢
CT PLU 361

BONUS COUPON FRISKIES PARTY MIX CAT TREATS
2.1 Oz •Selected Varieties
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 7/18/18 - 7/24/18
\$1.09
CT PLU 573

BONUS COUPON JONNY CAT PREMIUM CAT LITTER
20 Lb Bag
Limit 1 Bag With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 7/18/18 - 7/24/18
\$3.29
CT PLU 362

Baseball's Chiropractor



Dr. Graykowski and the rest of the Professional Baseball Chiropractic Society. Photos courtesy Robert Graykowski

Continued from page 1
different direction and grown with time. "Now I do a lot of work in orthopedics and biophysics...so we do spinal correction work also."

"I've worked with a lot of head trauma patients to regain as much function as possible. There's a lot of things we do with the nervous system to re-pattern it. It started with my own wife and she's regained 100 percent."

Graykowski explained his practice as having evolved into three parts as well as a partnership with the Sacramento River Cats. "We have a wellness practice in that it's chiropractic and exercise and nutrition," he said. "We have the sports performance; we take care of a lot of athletes, obviously the River Cats being one of them, and then I also do a lot of brain injury and head trauma patients."

Dr. Graykowski's lifelong love for baseball led him in a direct path towards his career beginning back in his college days at

Long Beach State. "I've always had a desire to look at the biomechanics of the sport," he said. "When you start to look at how the body is functioning in sports you want to improve effectiveness and efficiency and prevent injuries - and a lot of injuries are because your body's not working in sync, it's actually working against itself."

Today, Major League Baseball and sports in general are constantly surrounded by the controversy of head injuries and how they affect players moving forward in not only their careers but their personal lives as well. The San Francisco Giants (River Cats) organization has been no stranger to concussions and Dr. Graykowski has dealt with some of those issues directly.

"When I go to the River Cats stadium I adjust them there," said Graykowski. "I'll probably adjust 15 players every time I go there, so we're taking care of mainly a lot of the pitchers, catchers, their first stringers...At

first they were looking at just as far as injury, now they're looking at as far as performance."

Most notably this year for the River Cats has been the up and down season of outfielder Mac Williamson, largely due to a concussion that he suffered in San Francisco after colliding with the wall in foul territory. Williamson is just one of Dr. Graykowski's many patients that he hopes to treat back to what he calls "optimum sports performance."

"Whether you're a mom trying to take care of your kids or just out there playing weekend golf, optimum performance is what we're looking for here in our office."

Dr. Robert Graykowski founded one of the largest wellness offices in the greater Sacramento area since 1985. He specializes in family wellness, exercise rehab, spinal corrective care and one of the few chiropractors working with head trauma injuries. His practice has helped thousands of families overcome challenges in their

health and everyday lives. A devoted husband, father and chiropractor, he is the author of the novel *Camp Silverheart*.

In 2012 he launched his *Camp Silverheart* health and vitality retreats. Dr. Graykowski has produced TV shows and spoken around the world on success, health, and wellness. A vital community supporter and recipient of *Business Persons of the Year*, he and his family have donated 1000's of pounds of food and clothing to help the homeless and families with children who need help and hope.

It is part of his global vision to inspire others to discover their natural gifts, expand their brilliance, and live a healthy lifestyle to reach their full potential. His passion is to make a measurable difference in the lives of families in his community.

Chiropractic USA is located at 5909 Stanley Ave. in Carmichael. Call 916-973-1661 or visit <http://chiropractic-usa.com> for more information. ★

Recreational Waters and E. Coli

The Central Valley Water Board Will Be Conducting a Year-Long Study on the Lower American River to Determine the Primary Sources of E. Coli



There have been no water-related illnesses for our rivers and streams reported to the Sacramento County Public Health Division. E.coli-related illness cases are required by Title 17 law for medical providers and labs to report E. coli-related cases to County Public Health. Photo courtesy Sacramento County

SACRAMENTO COUNTY, CA (MPG)

- Every natural water body can be a conduit for pollution, trash, bacteria, algae and microorganisms. Sacramento County and the Sacramento Area Sewer District are collaborating with the California Central Valley Regional Water Quality Control Board (Central Valley Water Board) to fund their weekly E. coli water sampling at nine sites on the American River.

Most E. coli strains are harmless and do not cause human illness. They are the helpful bacteria found in the intestines of mammals - humans, pets, wildlife and birds. Increased levels of E. coli does not necessarily equate to an increased exposure risk for swimmers. E. coli are generally found in all recreational waters.

The Central Valley Water Board will be conducting a year-long study on the Lower American River to determine the primary sources of E. coli. The study will begin this summer and is designed to more fully understand the primary sources of E. coli and any increase exposure risk to those recreating in the Lower American River.

The County Public Health Officer is the local authority in determining if a recreational area needs to be closed. Closures would be considered for a known communicable disease outbreak or a known sewage release. There have been no water-related illnesses for our rivers and streams reported to the Sacramento County Public Health Division. E.coli-related illness cases are required by Title 17 law for

medical providers and labs to report E. coli-related cases to County Public Health. County Public Health investigates every reported case of E. coli-related illness to identify the source and stop the spread of the disease. If the County Public Health Officer decides there is a risk to the general public, a public notification is sent out.

Anyone enjoying public waters should always follow healthy swimming habits:

- Do not drink recreational water or use the water for cooking.
- Do not enter the water if you have cuts or open sores, as these are pathways for bacteria to enter your body.
- Avoid algae blooms (brightly colored water) and trash in the water.
- Wash your hands or shower after swimming.
- Pay attention and follow any warning signs and postings. Do not access a water body if posted warnings indicate it is not safe to do so.
- Contact your healthcare provider if you have concerns regarding your health after swimming in recreational waters.

Learn more about E. coli, healthy swimming habits and the Lower American River monitoring map and test results on the Sacramento County Regional Parks website.

Review the Central Valley Water Board's brochure to learn more about its mission and programs.

Source: SacCounty News ★

BEGIN

WITH

BAND

MUSIC

At

Tim's Music

\$50.00 per week JULY only
every Tuesday and Thursday morning
Tuition Assistance Available
Parents call for appointments
Director Dan (916) 201-6674
csbandfun@gmail.com

CRAIG DIEZ TEAM
BRINGING YOU HOME

FEATURED LISTING! | 4291 Alton Court, Sacramento | \$1,499,500
 This gorgeous residence has it all! The home rests on a large .48-acre cul-de-sac lot in a fantastic location near Ashton Park. Enjoy a great floor plan with tons of character and plenty of natural lighting throughout. Five large bedrooms with a master and in-law suite, two huge family rooms, and an elegant living room with a custom fireplace allow everyone their own space. Outside you will find an impeccably landscaped yard with a large pool, outdoor kitchen and waterfall feature. A completely remodeled kitchen and extensive decking overlooking the yard make this home an entertainer's delight!

3600 Kiebusch Court, Carmichael | \$1,999,500
 The American River views at this timeless home are simply magical! Custom designed by Carter Sparks, nearly every room in this 5 bedroom, 2.5 bath home opens up to front row river views. The remodeled Chef's kitchen features granite counter tops and stainless steel appliances. The exquisite master has its own sauna and balcony. Enjoy seamless outdoor entertaining with a 2,400 square foot wrap around deck, lagoon-style pool, hot tub, fire pit and river access. Desirable cul-de-sac location and two-car garage.

5244 Fair Oaks Boulevard, Carmichael | \$1,299,500
 This custom estate has it all! Enter through a private gate entrance to the secluded grounds. Step inside the home and enjoy a welcoming foyer, huge family room with soaring ceilings and clerestory windows, and an open-concept kitchen. 5+ bedrooms with 3 master suites, 4.5 baths, and a large game/media room allow everyone their own space. An adjacent .42 acre parcels also available and can be sold separately. Centrally located to Highways 50/80, great schools, Raley's, and the American River!

4015 Hillcrest Way, Sacramento | \$545,000
 Must see to believe, this home has it all! A well-landscaped front yard and outdoor patio give great curb appeal. Inside, a spacious floor plan with 3 bedrooms, 3 bathrooms and a large attached workshop/guest room with an additional 4th full bath! The oversized kitchen is built for entertaining with top-of-the-line stainless steel appliances, solid cherry cabinets, a breakfast bar and plenty of storage space. Spacious master includes a jet tub, separate shower and large walk-in closet.

8308 Zenith Drive, Citrus Heights | \$329,500
 This beautifully updated home rests on a premium lot and is move-in ready! The completely remodeled kitchen is an entertainer's dream with granite countertops, stainless steel appliances and beautiful flooring. Both bathrooms are totally redone with intricate tile work and gorgeous finishes. The roomy 3 acre backyard is a gardener's delight! Newer central heat and air, dual pane windows and a sunroom, which is not included in the square footage. Convenient access to freeways, shopping and more!

For exceptional representation of your real estate needs, contact The Craig Diez Team today!

COLDWELL BANKER
 RESIDENTIAL BROKERAGE

7144 Fair Oaks Blvd.,
 Suite #7 Carmichael, CA 95608

craigdiezteam.com
cdiez@cbnorcal.com

916.425.5884

LEGAL NOTICE

RESOLUTION NO. 2018-04

A RESOLUTION OF INTENTION TO CONTINUE TO LEVY ASSESSMENTS FOR THE FISCAL YEAR 2018-19, PRELIMINARILY APPROVING THE ENGINEER'S REPORT AND PROVIDING NOTICE OF HEARING OF THE MISSION OAKS RECREATION AND PARK DISTRICT PARKS AND RECREATION MAINTENANCE AND IMPROVEMENT DISTRICT

WHEREAS, the Mission Oaks Recreation and Park District, Parks and Recreation Maintenance and Improvement District was authorized by an assessment ballot proceeding conducted in 2006 and approved by 68.78% of the weighted ballots returned by property owners, and such assessments were levied by the Advisory Board of Directors by Resolution No. 2006-04 passed on May 2, 2006; and **WHEREAS**, on March 29, 2018 by Resolution No. 2018-01, the Board ordered the preparation of an Engineer's Report for the Parks and Recreation Maintenance and Improvement District (the "District") for fiscal year 2018-19; and **WHEREAS**, pursuant to said Resolution, the Engineer's Report was prepared by SCI Consulting Group, Engineer of Work, in accordance with 22565, et. seq., of the Streets and Highways Code (the "Report") and Article XIII D of the California Constitution; and **WHEREAS**, said Engineer's Report was filed with the Secretary of the Board of Directors and the Board of Directors has reviewed the Report and wishes to take certain actions relative to said Report. **NOW, THEREFORE, BE IT RESOLVED**, by the Advisory Board of Directors of the Mission Oaks Recreation and Park District ("Board"), that: **SECTION 1.**

The Report for the "Parks and Recreation Maintenance and Improvement District", on file with the Secretary of the Board, has been duly considered by the Board of Directors and is hereby deemed sufficient and approved. The Report shall stand as the Engineer's Report for all subsequent proceedings under, and pursuant to, the foregoing resolution. **SECTION 2.** It is the intention of this Board to continue to levy and collect assessments within the District for fiscal year 2018-19. Within the District, the existing and proposed improvements ("Improvements") are generally described as the installation, maintenance and servicing of public facilities, including but not limited to, landscaping, sprinkler systems, park grounds, park facilities, landscape corridors, ground cover, shrubs and trees, street frontages, playground equipment and hardcourt areas, senior and community centers, drainage systems, lighting, fencing, entry monuments, basketball courts, tennis courts, running tracks, swimming pools, other recreational facilities, security guards, graffiti removal and repainting, and labor, materials, supplies, utilities and equipment, as applicable, for property owned and maintained by the Mission Oaks Recreation and Park District. Installation means the construction of recreational improvements, including, but not limited to, land preparation, such as grading, leveling, cutting and filling, sod, landscaping, irrigation systems, sidewalks and drainage, lights, playground equipment, play courts, recreational facilities and public restrooms. Maintenance means the furnishing of services and materials for the ordinary and usual maintenance, operation and servicing of said improvements, including repair, removal, or replacement of all or part of any improvement; providing for the life, growth, health and beauty of landscaping; and cleaning, sandblasting and painting of walls and other improvements to remove or cover graffiti. Servicing means the furnishing of electric current or energy for the operation or lighting of any improvements, and water for irrigation of any landscaping or the maintenance of any other improvements. **SECTION 3.** The District consists of the lots and parcels shown on the assessment diagram of the District on file with the Secretary of the Board, and reference is hereby made to such map for further particulars. **SECTION 4.** Reference is hereby made to the Report for a full and detailed description of the Improvements, the boundaries of the District and the proposed assessments upon assessable lots and parcels of land within the District. The Engineer's Report identifies all parcels which will have a special benefit conferred upon them and upon which an assessment will be imposed. **SECTION 5.** The assessment is subject to an annual adjustment tied to the Consumer Price Index-U for the San Francisco Bay Area as of December of each succeeding year (the "CPI"), with a maximum annual adjustment not to exceed 3%. Any change in the CPI in excess of 3% shall be cumulatively reserved as the "Unused CPI" and shall be used to increase the maximum authorized assessment rate in years in which the CPI is less than 3%. The maximum authorized assessment rate is equal to the maximum assessment rate in the first fiscal year the assessment was levied adjusted annually by the minimum of 1) 3% or 2) the change in the CPI plus any Unused CPI as described above. The change in the CPI from December 2016 to December 2017 was 2.94% and the Unused CPI carried forward from previous fiscal years is 0.70%. Therefore, the maximum authorized assessment rate for fiscal year 2018-19 is increased by 3.00% which equates to \$52.84 per single family equivalent benefit unit. The estimate of cost and budget in the Engineer's Report proposes assessments for fiscal year 2018-19 at the maximum rate of \$52.84. **SECTION 6.** The public hearing shall be held, before this Board at Mission Oaks Community Center, located at 4701 Gibbons Drive, Carmichael, California 95608 as follows: on Tuesday, August 7, 2018 at the hour of 6:00 p.m. for the purpose of this Board's determination whether the public interest, convenience and necessity require the improvements and this Board's final action upon the Report and the assessments therein. The Secretary of the Board is hereby authorized and directed to cause a notice of the hearing to be given by publishing a notice once, at least ten (10) days prior to the date of the hearing above specified, in a newspaper circulated in the District. **SECTION 7.** To get additional information about the assessments or the Assessment District contact: Daniel Barton, District Administrator, Mission Oaks Recreation and Park District, 3344 Mission Avenue, Carmichael, California 95608. The Engineer's Report and other written material about the Assessment District may also be reviewed at the District at the address above during regular District business hours.

PASSED AND ADOPTED this 10th day of July, 2018 by the following vote, to wit: AYES: 4 NOES: 0 ABSENT: 0 ABSTAIN: 0. Rick Morin, Chair of the Board of Advisors. Debra Tierney, Clerk of the Board



CONCERTS

July in the Park

Saturdays • 6:30-8:30pm

- 7.21.18 **Latin Touch**
80's Funk, R&B, Old School, Cumbia
- 7.28.18 **Rogue**
Great, Classic Rock & Roll

AUGUST

Saturdays • 6:30-8:30pm

- 8.4.18 **Todd Morgan & The Emblems**
Dance Enticing Spirited Rock
- 8.11.18 **Alexander Nelson Band**
Rock, Jam & Blues



Latin Touch

carmichaelpark.com • 916.483.7826

Business Luncheon

Tues 24 July

Caterer: Roxie Deli & BBQ Come and Enjoy!

\$20/\$23
Members / Guest
Christ Community Church
5025 Manzanita Ave



featuring
Sacramento Public Library Executive Director
Rivkah Sass

11:30 Lunch Served
Noon - 1:00pm Program

Raffle
Bring plenty of business cards and a raffle Prize!

RSVP at carmichaelchamber.com





California MENTOR
Family Home Agency

Ask about our Referral Program!

Everyone deserves a family like yours
BECOME A MENTOR

California MENTOR is seeking loving individuals/families with a spare bedroom to support adults with special needs.

Receive ongoing support and \$1075-\$3820 per month to help cover the cost of care.

Call Jackie Today!
916-383-9785 ext.41

www.MentorsWanted.com




MISSION OAKS COMMUNITY CENTER

SUMMER DANCE and BBQ

Howdy Partner! Come on down and join Mission Oaks Recreation & Park District and Rx HealthCare Services for a yummy BBQ and dance!

Friday August 24
1:00-4:00pm
\$6 per person



BBQ and decorations are graciously donated by

Rx HealthCare Services
Transforming the Culture of Care

Parks Make Life Better!

Mission Oaks Community Center
4701 Gibbons Drive Carmichael
972-0336 MORPD.com



SWANSTON COMMUNITY CENTER

MISSION OAKS RECREATION & PARK DISTRICT

DISTRICT OFFICE
(916) 488-2810 • Fax (916) 488-4349
3344 Mission Ave., Carmichael, CA 95608

MISSION OAKS COMMUNITY CENTER
(916) 972-0336 • Fax (916) 972-7371
4701 Gibbons Dr., Carmichael, CA 95608

SWANSTON COMMUNITY CENTER
(916) 333-6464 • Fax (916) 488-4349
2350 Northrop Ave., Sacramento, CA 95825

Office Hours: 8 am-5 pm
Registration Hours:
8:30 am- 4 pm Monday-Friday

MORPD.com

EXCLUSIVE TO MESSENGER PUBLISHING GROUP

Greg Kihn Happy to be Back Out on the Road

By Rich Peters, MPG Editor

SACRAMENTO REGION, CA (MPG) - Rock and Roller Greg Kihn is a rarity among the music world. Sitting down to speak with the singer/songwriter, band leader, radio personality and author, it was interesting to hear his perspective of a successful career in both sides of the media and the evolution of music both on and off the stage.

Long time Bay Area radio host and DJ, Kihn made a name for himself as a media personality after a successful career as a rock and roll artist, reaching #2 in the US Top 100 charts in 1983 with his hit single *Jeopardy*. Throughout his five decade career, Kihn has recorded 13 Top 100 singles and eight Billboard Top 200 albums while playing alongside some of the biggest name in the world.

“Over the years I never changed. I still have the same Fender Telecaster - I’m just a Telecaster guy.”

**MUSICIAN GREG KIHN
CALIFORNIA STATE FAIR
FRIDAY, JULY 27 AT 7PM
GOLDEN 1 STAGE**

“When you’re writing a song, you can tell the ones that are going to be really good songs and you can tell the ones that are going to be throw-aways,” Kihn explained. “The songs that write themselves are always invariably better.”

Despite his musical success, his 1990s transition into radio came at the right time. “When I got into radio I had been on the road for like a million years. It was time for me to kind of stay home,” said Kihn.

He found unique joy in his radio work because he was usually spinning records of artists that were his



Rock and Roller, long time radio DJ and author Greg Kihn is set to play the California State Fair on Friday, July 27 at 7pm on the Golden 1 Stage. Photo courtesy Greg Kihn

friends. “I was a classic rock DJ and some of the bands I played, I knew them personally,” explained Kihn. “I either played with them or toured with them or recorded with them. So every time I’d whip out a song, chances are I knew the guys and it was a lot more fun.”

Whether songwriting, recording, touring, working in radio or writing novels, the inspiration remains. “It was all part of being creative because whether you were writing a novel or writing a song, it didn’t matter as long as the creative juices were flowing.”

Kihn recently stepped away from radio after more than 15 years and he is once again enjoying life back in the studio and on the road. The release of his 2017

album *Rekihndled* and his current summer tour with good friend Rick Springfield have treated him well.

“I’m having a ball going back out on the road. I remember back in the old days it was a real pain in the butt...You’d go out and be gone for months and I didn’t like it that much. But these days I like it; it’s kind of like going to summer camp.”

Kihn has embraced the opportunity to be able to play alongside his son, Ry, who is the band’s lead guitarist. “If I didn’t have Ry in my band, my son playing guitar, I don’t know what I would do because he understands me and he knows what to play.”

Ry grew up in a world surrounded by great guitarists, most notably guitar virtuoso Joe Satriani, who had

a brief stint in the Greg Kihn Band during mid-80s before his own career took flight.

When asking Kihn if he is the only person to ever get the high wired Satriani to mellow out his playing style he recalled, “I think so . . . We used to change the set like every other day. I would throw in stuff that I knew would screw up Joe but of course you can’t screw up Joe because he’s already there, he’s already got everything down.”

Kihn continued to praise the talented Satriani: “You know how musicians are back stage. You’ll be playing every (Rolling) Stones song you knew or every Led Zeppelin song or whatever, so we’d be messing around with some songs and try to stump Joe and you couldn’t stump him - the guy knew every song in the world.”

Kihn’s appreciation for music is admirable. He has written several books surrounding the history of Rock and Roll including *Rubber Soul*: a murder mystery novel that takes place during the rise of the Beatles and most recently *Painted Black*: the tragic tale of the “death and misadventure” of Rolling Stones founding member Brian Jones.

“The turning point in most musicians’ lives is the Beatles on Ed Sullivan,” proclaimed Kihn. “The Beatles and the Stones - that was it for me. That was my generation.”

Despite all of the different career paths and music industry changes over the decades, one thing remains the same: Kihn’s guitar rig. “Over the years I never changed. I still have the same Fender Telecaster - I’m just a Telecaster guy - and I’ve had the same one since probably the early 70s,” said Kihn proudly. “I’ve had the same guitar and the same amp, which is a Fender Super Reverb. It’s a Fender through a Fender.”

As Kihn explained, “Rock and Roll is a constantly mutating art form.” But some things are set in stone.

Greg Kihn is set to play the California State Fair on Friday, July 27 at 7pm on the Golden 1 Stage. ★

State Fair Event Schedule

California State Fair Golden 1 Stage dates and performers:

- July 20: Con Funk Shun
- July 21: Night Ranger
- July 22: Mariachi Vargas De Tecalitlán
- July 23: Sugar Ray
- July 24: Tenth Avenue North
- July 25: Paperback Writer – The Beatles Experience
- July 26: Los Lonely Boys
- July 27: The Greg Kihn Band
- July 28: The Spinners
- July 29: UB40, featuring Ali, Astro and Mickey

Splash Dogs

- July 19 – 22
- Saturday, July 21 – Rescue Dog Dive Day**
- 11 a.m. – Registration & Practice Jumps (Thurs.)
 - 12 p.m. – 6 p.m. – Competition Waves (Thurs.)
 - 10 a.m. – Registration & Practice Jumps (Fri. – Sun)
 - 11 a.m. – 6 p.m. – Competition Waves (Sun.)

Miller Lite Racetrack Grandstand

Watch water-loving dogs from all over California compete for the longest and farthest jump at the Splash Dogs Dock. This family-friendly competition is perfect for pet-lovers and animal enthusiast alike.

Saturday, July 21 the California State Fair and Splash Dogs will host Rescue Dog Dive Day. Owners of rescue dogs can register for Splash #9 at 11 a.m. or Splash #12 at 5 p.m. There will be \$3500 in prize money paid out to local shelters and rescue groups. Competition categories include Best Jump, Best Fail and Best Effort. Be sure to enter Splash #9 or Splash #12 on Saturday, July 21.

Fair goers can also get in on the fun by entering their own dogs in the Splash Dogs Competition. Friendly dogs of all shapes and sizes are welcome to compete for a variety of titles.

For more information, or to register, please visit SplashDogs.com.

Best of California Brewfest

Saturday, July 21; Miller Lite Racetrack Grandstand 21 & older (with a valid ID)

Taste the finest craft beers California has to offer! For only \$40, advanced ticket (\$45 day of) guests can sample California’s award-winning beers from the Commercial Beer Competition in their own 5-ounce souvenir cup. Get double the fun with free Fair admission with the purchase of a Brewfest ticket.

Upgrade to the VIP early access for only \$45, advance ticket (\$50 day of) for unlimited craft beer samples, 5-ounce souvenir cup, complimentary fair admission, early entry and exclusive beer selections. VIP tickets are limited, so purchase early!

Bring a designated driver and they’ll receive discounted admission for only \$15 (fair admission not included). Beer lovers from all corners of California can enjoy cold brew, live horse racing and good times with smiling faces!

Get your wristband early and avoid the lines by visiting either of the two new ID check locations from 10 a.m. – 3 p.m. located at the Main Gate and in front of the Miller Lite Racetrack Grandstand.

Source: California State Fair ★

Life Time Rent Freeze!

We know it’s summertime, but ... We’re freezing your rent for life!*

Just a few advantages of living at Summerset:

- All-day restaurant style dining
- Special meal plans for gluten-free, vegetarian, diabetic & low-sodium diets
- Independent, Assisted, and Memory Care
- Professionally staffed 24 hours a day
- Shared accommodations available to reduce cost
- Small pets welcome
- Exercise studio, massage therapist by appointment, Hair Salon, 50’s Diner, Sports Bar, Daily activities

*Applies to base rent only. Care levels are separate. Restrictions may apply. **Must deposit by July 31, 2018.** Ask for details.



Limited Time Offer!
This Special Offer good only through July, 2018



SUMMERSSET
SENIOR LIVING

916.562.1036

2341 Vehicle Dr., Gold River/Rancho Cordova
www.summersetseniorliving.com
RCFE Lic#347005361



Call to Join Us For a **FREE Lunch With Tour**

California State Fair Now Through July 29



The State Fair always has iconic attractions and family friendly activities and this year is no different. The 2018 Toyota Concert Series on the Golden 1 Stage has concerts every night and be sure to check out the other stages for music, dance and cultural performances.

SACRAMENTO REGION, CA (MPG)

- One of the many great things about summer in Sacramento County is the California State Fair. This year’s festivities kick off July 13 through July 29 at Cal Expo and includes 17 days full of concerts, competitions, vendors, great food and lots of fun!

The State Fair always has iconic attractions and family friendly activities and this year is no different. The 2018 Toyota Concert Series on the Golden 1 Stage has concerts every night and be sure to check out the other stages for music, dance and cultural performances. Thursdays through Sundays will feature live thoroughbred horseracing. Plus, there will be sports action with a Sac Republic game, freestyle motocross, dog competitions

and cornhole championships.

No trip to the CA State Fair is complete without the thrill of the carnival rides, and be sure to check out the kid’s Read to Ride program. Other exhibits and experiences include animal livestock, art exhibits, county exhibits, classic car shows, wine & beer tasting, and shopping.

Promotions and Tickets

- \$2 Taste of the Fair: Wednesdays and Thursdays (11 a.m. – 4 p.m.) – Sample a variety of fair foods with \$2 menu specials from your favorite food vendors.
- Senior Savings Friday: Discount admission of \$10 for seniors 62 & better. Plus, seniors ride FREE on the Grand Carousel and the Giant Wheel.

- Wells Fargo \$2 Rides for all & Kids Free Tuesdays: July 17 & 24 – FREE admission for kids 12 and under and \$2 rides for all ages.

- Military & Veteran Appreciation Day Presented by BloodSource: July 19 – FREE admission all day for active, retired, veterans and reserve military personnel with Military ID.

- First Responders Appreciation Day Presented by BloodSource: July 26 – FREE admission all day for first responders and law enforcement with ID.

Check out the details on the California State Fair website. Source: SacCounty News ★

Fair Oaks EcoHousing

A Family-Friendly Green Neighborhood

- Safe and Supportive Community for People of All Ages
- Close to Fair Oaks Village
- Large Clubhouse and Gardens
- 30 Townhomes and Flats

Join us for a monthly site tour

For more information, visit FairOaksEcoHousing.org

Bauer's Full Service Car Wash

Only full Service Car Wash in Fair Oaks & Citrus Heights



- Friendly
- Gift Shop
- Clean Waiting Area
- Family Owned & Operated
- In Business for 20 Years

5927 San Juan Ave Citrus Heights, ca (916) 967 3083
www.bauerscarwash.com



Detailing Available



Call ahead or come by for valuable offers & special discounts!

A-TEK GLASS CENTER

Your One Stop Local Glass Shop

Serving Carmichael Community for 23 Years

AUTO ■ HOME ■ BUSINESS

- Auto Glass
- Windshields
- Power Windows
- Truck Slider
- Sunroofs
- Single & Dual Pane Glass
- Store Front Windows
- Mirror & Screen
- Glass Shelves
- Table Tops
- Shower Door

Free Windshield Chip Repair with Insurance Coverage

Fast, Professional Glass Repair ■ Direct Approved Insurance Billing

Factory Direct New Vinyl and Aluminum Windows

Call 7 Days a Week ■ 916-481-9966

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

Conveniently Located on Auburn Blvd. Between Manzanita & Garfield

NEED STORAGE?

ARMOR MINI STORAGE



BEST of 2015 Citrus Heights Chamber

Since 1980



Office Hours: Mon-Sat 9-6 • Sun 9-4



Computer Gate Access 6am-9pm 365 Days A Year

- Award Winning Customer Service
- Digital Video Camera System
- Competitive Rates
- Daily / Monthly / Annual Rentals
- Easy Drive-Up Access
- Professional Resident Managers

916.332.6455
5714 Auburn Blvd., Sacto. 95841
www.armorministorage.com

2nd ANNUAL **DINNER**

...in the Park

A CARMICHAEL GOURMET DINNER & AUCTION TO FUND YOUTH SCHOLARSHIPS & PARK BEAUTIFICATION

Enjoy appetizers as you walk the wine and music trail to a gourmet dinner prepared by Chefs Molly and Mike of Hawks Restaurant fame

Saturday, September 8, 2018 at 5:30pm
Tickets \$100 each

Gourmet Dinner, Music & Auction at Jensen Botanical Garden at 7pm
Tickets available online at carmichaelparksfoundation.org or call (916) 485-5322

Please Note: No ticket sales at the door
There is no public parking at Sutter-Jensen Community Park



Platinum Sponsor:




Carmichael Parks Foundation, Federal Tax ID 26-4274059

Grace Baptist Church

Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible

Service Schedules
Sunday Schools (All Ages) 9:45am
Sunday Worship 11:00 am
Sunday Evening 6:00pm
Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628
(Located one block South of Madison; just East of Dewey)
Pastor Charles Carter (916) 967-3915

Call for more information



Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County. The Carmichael Times is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).



We are proud members of these newspaper associations.




Publisher, Paul V. Scholl

Carmichael Times is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising
P.O. Box 14
Carmichael, CA 95609

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234994
WHEREAS Roman Zadoinov, and Violeta Gasitai have filed a petition with this court for a decree changing the name(s) of Roman Zadoinov to John Roberts, Violeta Gasitai to Vanessa Roberts, and Nelly Zadoinov to Ella Rose Roberts. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 13, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 19, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: June 29, July 6, 13, and 20, 2018
ROBERTS 180101 7-20-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234985
WHEREAS Phuong Cuc Thi Nguyen, Hai Viet Nguyen has filed a petition with this court for a decree changing the name(s) of Cang Trung Nguyen to Calvin Nguyen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 12, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 15, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: June 29, July 6, 13, and 20, 2018
NGUYEN 180101 7-20-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235474
WHEREAS Walter Joseph Shambaugh has filed a petition with this court for a decree changing the name(s) of Walter Joseph Shambaugh to Joseph Michael Burns. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 19, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 22, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: June 29, July 6, 13, and 20, 2018
SHAMBAUGH 180101 7-20-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235000
WHEREAS Christopher Raymond Kent has filed a petition with this court for a decree changing the name(s) of Christopher Raymond Kent to Christopher Raymond Knorr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 13, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 19, 2018
David I. Brown, Judge of the Superior Court
Publish: June 29, July 6, 13, and 20, 2018
KNORR 180606 7-20-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234246
WHEREAS Jeremy Hart-Matchem has filed a petition with this court for a decree changing the name(s) of Jeremy Shaugh Hart-Matchem to Jeremy Savage Hart. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 29, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 31, 2018
David I. Brown, Judge of the Superior Court
Publish: June 29, July 6, 13, and 20, 2018
HART 180606 7-20-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234996
WHEREAS Lexus Moet Cochren has filed a petition with this court for a decree changing the name(s) of La'Miyah Rozay Nicole Jackson to La'Miyah Rozay Nicole Cochren. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 13, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 19, 2018
David I. Brown, Judge of the Superior Court
Publish: June 29, July 6, 13, and 20, 2018
COCHREN 180606 7-20-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234818
WHEREAS Tre'Shon Lamar Jones has filed a petition with this court for a decree changing the name(s) of Tre'Shon Lamar Jones to Tre'Shon Lamar Smoots. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 11, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 13, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 6, 13, 20, and 27, 2018
JONES 180101 7-27-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235488
WHEREAS Malika Jolena McKinsey has filed a petition with this court for a decree changing the name(s) of Malika Jolena McKinsey to Malika Jolena Hazziez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 19, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 22, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 6, 13, 20, and 27, 2018
HAZZIEZ 180101 7-27-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235612
WHEREAS Alla V. Mykhaylenko has filed a petition with this court for a decree changing the name(s) of Alla V. Mykhaylenko to Alla Mykhaylenko. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 20, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 26, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 6, 13, 20, and 27, 2018
MYKHAYLENKO 180101 7-27-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235818
WHEREAS Olga Sergeevna Kostyuk has filed a petition with this court for a decree changing the name(s) of Olga Sergeevna Kostyuk to Olga Pochapska-Kostyuk. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 26, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 28, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 6, 13, 20, and 27, 2018
KOSTYUK 180101 7-27-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234992
WHEREAS Janice Haro has filed a petition with this court for a decree changing the name(s) of Kiayana Aaliyah Davis to Kiayana Aaliyah Kado, Qitarah Lashanti Davis to Qitarah Lashanti Kado, and Dwayne William Davis to Dwayne William Kado. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 13, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 19, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 6, 13, 20, and 27, 2018
KADO 180101 7-27-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235009
WHEREAS Timofey M Tyshyuk has filed a petition with this court for a decree changing the name(s) of Timofey M Tyshyuk to Timothy Tesluck. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 14, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 19, 2018
David I. Brown, Judge of the Superior Court
Publish: July 6, 13, 20, and 27, 2018
TESLUCK 180606 7-27-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235630
WHEREAS Rasti Diyah Najem Al Din Al Dawoody has filed a petition with this court for a decree changing the name(s) of Rasti Diyah Najem Al Din Al Dawoody to Maya Rasti Aldawoody. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 24, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 26, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 13, 20, 27, and August 3, 2018
ALDAWOODY 180101 8-3-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00230568
WHEREAS Bryan Matthew Cobb has filed a petition with this court for a decree changing the name(s) of Bryan Matthew Cobb to Brian Travis Cobb. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 26, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 28, 2018
David I. Brown, Judge of the Superior Court
Publish: July 13, 20, 27, and August 3, 2018
COBB 180606 8-3-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234570
WHEREAS Eric Guthrey-Narveson has filed a petition with this court for a decree changing the name(s) of Eric Guthrey-Narveson to Eric Guthrey. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 6, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 12, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
GUTHREY 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234575
WHEREAS Arela Guthrey, Conservator, for Arela Guthrey-Narveson has filed a petition with this court for a decree changing the name(s) of Arela Guthrey-Narveson to Arela Guthrey. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 6, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 12, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
GUTHREY 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00236546
WHEREAS Gary Lee Tally has filed a petition with this court for a decree changing the name(s) of Gary Lee Tally to Gary Lee Laramore. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 05, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 12, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
TALLY 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234856
WHEREAS Sushila Devi has filed a petition with this court for a decree changing the name(s) of Sushila Devi to Sushila Devi Narayan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 25, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 27, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
DEVI 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00233612
WHEREAS Artem Akramenko has filed a petition with this court for a decree changing the name(s) of Artem Akramenko to Timothy Artem Ahrk. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 21, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 25, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
AHRK 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00236632
WHEREAS Mohammad Zaker and Fatema Guhlam Sakhi have filed a petition with this court for a decree changing the name(s) of Mohammad Zaker to Mohammad Zakir Mustafa, Fatema Guhlam Sakhi to Fatema Mustafa, Hadai Mohammad Zaker to Hadia Mustafa, Mozghan Mohammad Zaker to Mozghan Mustafa, and Mohammad Mohammad Zaker to Mohammad Mustafa. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 10, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 11, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
MUSTAFA 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00236568
WHEREAS Omer Jamil Akel has filed a petition with this court for a decree changing the name(s) of Omer Jamil Akel to Omar Jamil Akel. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 09, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 10, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
AKEL 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235988
WHEREAS Rajni Mehta and Raj K Sharma has filed a petition with this court for a decree changing the name(s) of Aman Kumar Sharma to Advaita Sharma. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 28, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 29, 2018
Christopher E. Krueger, Judge of the Superior Court
Publish: July 13, 20, 27, and August 3 and 10, 2018
SHARMA 180101 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00235333
WHEREAS Frishta FNU has filed a petition with this court for a decree changing the name(s) of Frishta FNU to Frishta Rahimi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 18, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 20, 2018
David I. Brown, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
RAHIMI 180606 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00236541
WHEREAS Michael Karkhut and Irene Karkhut on behalf of Oha Karkhut, a minor has filed a petition with this court for a decree changing the name(s) of Oha Karkhut to Helga Elisabeth Karkhut. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 5, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 10, 2018
David I. Brown, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
KARKHUT 180606 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00236535
WHEREAS FNU Amanullah has filed a petition with this court for a decree changing the name(s) of FNU Amanullah to Amanullah Zarin. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 04, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 10, 2018
David I. Brown, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
ZARIN 180606 8-10-18

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2018-00234579
WHEREAS Adam Guthrey-Narveson has filed a petition with this court for a decree changing the name(s) of Adam Guthrey-Narveson to Adam Guthrey. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 6, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 12, 2018
David I. Brown, Judge of the Superior Court
Publish: July 20, 27, August 3 and 10, 2018
GUTHREY 180606 8-10-18

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBIN ELIZABETH WILLIAMS
CASE NO. 34-2018-00235442
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Robin Elizabeth Williams. A Petition for Probate has been filed by Daniel Williams in the Superior Court of California, County of Sacramento, requesting Daniel Williams, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for

STATEPOINT CROSSWORD • SINGERS AND SONGWRITERS

CLUES

- ACROSS
1. "___ of time"
6. Federal Communications Commission
9. Frosh, next year
13. "Vamos a la ___"
14. *Don McLean: "A long, long time ___"
15. Par on a short golf hole
16. Whatsoever
17. Steadfast Soldier's material
18. Art class support
19. Classical music composition, pl.
21. *One of his hits is a stadium favorite
23. *Paul McCartney's 2013 album
24. Fat Man or Little Boy
25. Cul de ___
28. Prince of India
30. *"I Will Always Love You" creator
35. *"Goodness gracious!"
37. *Chuck Berry's "___ Over Beethoven"
39. Bird-made fertilizer
40. Beginner
41. Interior designer's field
43. Come clean, with "up"
44. Meat jelly dish
46. Ad staple
47. What refugees do
48. *Best selling artist in 2000s in U.S.
50. Type of tide
52. Pig pen
53. #34 Down, alt. spelling
55. Bird word
57. *King of Pop
61. *Bruce Springsteen
65. "Farewell" from Emmanuel Macron
66. Bonanza find
68. Cone shaped dwelling
69. Dust-related allergy trigger, pl.
70. *Days of ___ Lives"
71. *Soul singer-songwriter

| CROSSWORD | | | | | | | | | | | | | | |
|-----------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | | 9 | 10 | 11 | 12 | | |
| 13 | | | | | | 14 | | | | 15 | | | | |
| 16 | | | | | | 17 | | | | 18 | | | | |
| 19 | | | | | 20 | | 21 | 22 | | | | | | |
| | | | 23 | | | | 24 | | | | | | | |
| 25 | 26 | 27 | | 28 | | 29 | | | 30 | 31 | 32 | 33 | 34 | |
| 35 | | | | 36 | | 37 | | | 38 | | 39 | | | |
| 40 | | | | | 41 | | | | 42 | | 43 | | | |
| 44 | | | | 45 | | 46 | | | | | 47 | | | |
| 48 | | | | | 49 | | 50 | | | 51 | | 52 | | |
| | | | | | 53 | | 54 | | | 55 | 56 | | | |
| 57 | 58 | 59 | 60 | | | | | 61 | | | | 62 | 63 | 64 |
| 65 | | | | | | 66 | 67 | | | 68 | | | | |
| 69 | | | | | | 70 | | | | 71 | | | | |
| 72 | | | | | | 73 | | | | 74 | | | | |

Your Family Deserves The BEST Technology... Value... TV...
\$59.99 MONTHLY (3-yr contract)
190 Channels
CALL TODAY Save 20%! 1-888-416-7103
Upgrade to the Hopper 3 Smart HD DVR
- Watch and record 16 shows at once
- Get built-in Netflix and YouTube
- Watch TV on your mobile devices
Hopper upgrade fee \$150.
Add High Speed Internet \$14.95/mo.
Subject to availability. Restrictions apply. Internet not provided by DISH and will be billed separately.

© StatePoint Media Crossword Puzzle Solutions on Page 6

- Hayes
72. Pavlova's pas
73. X
74. Smallest units of life
DOWN
1. Pampering places
2. Chorus member
3. Indian flatbread
4. *He's "Tangled Up in Blue"
5. Salt merchant
6. * ___ Domino
7. Computer-generated imagery
8. Urban dwelling
9. A fave in bed
10. Guestimate phrase
11. Hammer part
12. Retained
15. Lipton package
20. Grammy, e.g.
22. Mischievous little rascal
24. Theater tier
25. Caterpillar hairs
26. Discrimination against seniors
27. Plural of carpus
29. *Piano man
31. 1600s neck wear
32. Chinese weight units

33. Beginning of illness
34. Offensively curious
36. "How you ___?"
38. Opera house box
42. House pest
45. Population count
49. Cow call
51. Kind of license
54. Condescending one
56. Falstaffian in body
57. Impromptu performances
58. Miners' passage
59. Give a quote
60. *Neil Young: "___ on rockin' in the free world"
61. Type of seabird
62. October stone
63. *"Kiss From a Rose" singer-songwriter
64. Abbreviated seconds
67. "The Murders in the ___ Morgue"

SUDOKU
The support you need to find quality SENIOR LIVING SOLUTIONS
A Place for Mom has helped over one million families find senior living solutions that meet their unique needs.
There's no cost to you!
CALL (855) 439-6734
1 We're paid by your partner community
aPlaceforMom

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 7 | | | | | | | |
| 3 | 8 | 9 | | 6 | | | | |
| | 6 | 1 | | | | | | 5 |
| 3 | | | 8 | | | | 2 | |
| 6 | 8 | | | | | 4 | 9 | |
| 2 | | | | 1 | 8 | | | |
| | 8 | | 5 | 2 | 9 | | | |
| | | | | 7 | 5 | | | |

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 6

examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows September 11, 2018 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Raymond Basquez III 2001 O'Neil Way Sacramento, CA 95822 916-643-5818 Publish: July 13, 20, and 27, 2018 BASQUEZ 170622 7-27-18

NOTICE OF PETITION TO ADMINISTER ESTATE OF: ALVIN JACKSON
CASE NO. 34-2018-00225839
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of ALVIN JACKSON. A PETITION FOR PROBATE has been filed by JABARI JACKSON in the Superior Court of California, County of Sacramento. THE PETITION FOR PROBATE requests that JABARI JACKSON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 08/16/18 at 9:00AM in Dept. 129 located at 3341 POWER INN ROAD, SACRAMENTO, CA 95826 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Raymond Basquez III 2001 O'Neil Way Sacramento, CA 95822 916-643-5818 Publish: July 13, 20, and 27, 2018 BASQUEZ 170622 7-27-18

NOTICE OF LIEN
ATTN: LORETTA DILLON
A commercial lien has been filed against your properties. UCC



CHEERS & JEERS

by Damian Holbrook

Cheers to Denis Leary (pictured) for joining *Animal Kingdom*. Part predator, part protective father, the Rescue Me alum fits right in with the low-lives of the gritty crime drama as Deran's (Jake Weary) long-MIA pops. We just know his scenes with Ellen Barkin's always-savage mother-hen Smurf are gonna be off the leash!

Jeers to NBC for not championing *Champions*. Mindy Kaling's whip-smart comedy starring Anders Holm and J.J. Totah should have been promoted as the perfect pairing to *Will & Grace*. Instead, they all-but ignored the appealing freshman gem, messed with the scheduling and now it's been officially axed. Must-See TV like this one deserved better!

Jeers to a *Walking Dead*



Denis Leary (above center) is joining *Animal Kingdom*.

resurrection. It's been announced that Jon Bernthal's Shane-- who was killed once by Rick, then a second time as a zombie!--will show up again next season. Most likely as a ghost, and probably just as unlikable as when he was alive.

Cheers to *Supergirl* for making Winn a hero in his own right.

Jeremy Jordan's nerdy DEO tech was always the Winn beneath bestie Kara's wings (sorry), but when the actor opted to exit at the end of Season 3, the writers sweetly sent him off to help the Legion of Superheroes battle evil in the future. Who needs powers? ★

ASK MATT

BY MATT ROUSH TV Guide Senior Critic

IS THAT HETTY LANGE IN THE INCREDIBLES?

Question: PLEASE tell me I am not going crazy. There is a character in the new *Incredibles* movie that looks exactly like Linda Hunt's character Hetty Lange from *NCIS: Los Angeles*. What's up? Or have I totally lost it? --Dee

Matt Roush: You must be referring to the character of Edna Marie "E" Mode, the superhero

costume designer and confidante. She was also in the first movie, which premiered in 2004, years before *NCIS: LA* came along-- and while many do see in Edna a marked resemblance to Linda Hunt, the reported inspiration was famed Hollywood costumer Edith Head (look her up, you'll see the likeness). Edna's voice, by the way, is provided by *Incredibles* writer/director Brad Bird.

Question: That was a wonderful tribute to Richard Benjamin Harrison (aka "the Old Man") on *Pawn Stars*. It was so well-produced, I am wondering if they prepared it ahead of time while he was ill? --David B

Matt Roush: I'm sure that must be the case. I read that *Pawn Stars* was not currently in production when "the Old Man" passed last week, and he had been ill for some time, so it would surprise me if the producers hadn't compiled that tribute well in advance. For fans who missed it, the complete episode can be screened on history.com. To submit questions to TV Critic Matt Roush, go to: tvinsider.com ★

Sacramento County DA Reports



Defendant Sentenced for 13 Counts of Sexual Assault

DATE: June 29, 2018
CASE: Andy Kelly (Case #17FE019449)
PROSECUTOR: Deputy District Attorney Monica Robinson, Special Assault and Child Abuse Unit

The Honorable Geoffrey Goodman sentenced Andy Kelly to 129 years to life in prison. On April 20, 2018, a jury convicted Kelly of 13 counts of sexual assault including committing an act of oral copulation or penetration on a child 10 years old or younger, intercourse with a child 10 years old or younger, and lewd or lascivious acts with a child under the age of 14.

From 2015 to 2016, Kelly molested a young family member. DNA evidence was recovered and corroborated the child's description of what happened to her.

Defendant Sentenced for Kidnapping, Carjacking, Sexual Assault

DATE: June 29, 2018
CASE: Eddie Ray Jones Jr. (Case #16FE019308)
PROSECUTOR: Deputy District Attorney Kevin Jones, Adult Sexual Assault Prosecution Unit

The Honorable Patrick Marlette sentenced Eddie Ray Jones Jr. to 65 years to life in prison. On January 11, 2018, a jury convicted Jones of two counts of kidnapping during a carjacking, two counts of robbery and one count of oral copulation by force or fear with kidnapping and use of a dangerous or deadly weapon or firearm allegations. The jury also found true a use of a firearm allegation on all counts.

On September 10, 2016, Jones was inside a restaurant on Mack Road when the female victim entered the restaurant with her 2-year-old granddaughter. After purchasing food to go, the victim returned to her vehicle and began placing her granddaughter in her car seat. Jones approached the victim from behind, told her he had a gun and pointed it at her through his coat pocket. He proceeded to order the victim into the vehicle and to drive. Over the next hour, the victim was forced to drive around while Jones smoked drugs. He then pulled out the gun, switched seats with the victim and drove to a secluded area where he forced the victim to orally copulate him. He then stole money from the victim's purse, dropped her and her granddaughter off on the side of the road and drove off in her vehicle. Jones was arrested later that month after leading police on a high-speed vehicle chase and attempting to escape on foot.

The victim was able to describe Jones' distinctive tattoos and picked him out of a photo lineup. DNA evidence found on the victim's

shirt was also analyzed by the District Attorney's Crime Lab and was a match to Jones.

Defendant Sentenced for Sexually Assaulting Two Family Members

DATE: June 29, 2018
CASE: Robert Dew (Case #17FE000718)
PROSECUTOR: Deputy District Attorney Monica Robinson, Special Assault & Child Abuse Unit

The Honorable Trena Burger-Plavan sentenced Robert Dew to 20 years in prison. On May 22, 2018, a jury convicted Dew of eight counts of committing lewd acts on a child under the age of 14. The jury also found true a multiple victims allegation.

In 2016, Dew sexually assaulted a 5-year-old family member. During the course of the investigation into the assault, it became known to law enforcement that Dew had also sexually assaulted another family member from 2000 to 2002.

Defendant Convicted for Murder of Moped Business Partner

DATE: July 13, 2018
CASE: Kyle Billy Fletcher (Case #15F02336)
PROSECUTOR: Deputy District Attorney William Satchell, Homicide Unit

Kyle Billy Fletcher was convicted by a jury for the first-degree murder of Daniel Aiello and possession and transportation of methamphetamine for the purpose of sales. The jury also found true that Fletcher personally used a dangerous weapon.

Daniel Aiello had known Kyle Billy Fletcher for several years and was his business partner at Midtown Moped, a moped shop on X Street in Sacramento. On April 14, 2015, Mr. Aiello accused Fletcher of embezzling from the business and informed him that he filed a police report. On April 15, 2015, the Sacramento Police Department responded to a report of loud noises at the business. Officers found Fletcher in the process of moving a surveillance system from the business to his vehicle and detained him. Shortly after, officers located Mr. Aiello deceased inside the business with a belt around his neck. Officers also located approximately 50 grams of methamphetamine in Fletcher's vehicle. An autopsy was performed and the cause of Mr. Aiello's death was determined to be strangulation.

Fletcher faces a maximum sentence of 30 years to life in prison. Sentencing is set for August 24, 2018, at 9:30 a.m. in Department 11 before the Honorable Trena Burger-Plavan. ★

GET A GREAT DEAL!



America's most complete TV listings magazine

just 75¢ per issue!



- Localized TV and cable listings for the Greater California area
- Daily best bets & sports section
- A-Z movie guide & network news
- Q & A with your favorite celebrities
- Puzzles, games, trivia, soaps and horoscopes

WOW 81% OFF FOR MESSENGER PUBLISHING GROUP READERS

The Ultimate Guide To What's On TV

ordering is easy!

1-877-580-4817

tvweekly.com or subscribe by mail

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Option #1

Pay by check or money order Make check or money order out to: TV Weekly

Option #2 Charge my credit card Credit Card # _____

Visa MC Discover AmEx Exp. Date: _____

Mail payment with coupon to: Signature Required: _____

TV Weekly magazine
213 Park Drive
Troy MI 48063

Allow 4-6 weeks for delivery of your first issue.

Just 75¢ per issue! ORDER TODAY

TWCP

*the cover price

11th Annual



Saturday July 28, 2018

7:00 a.m. Registration
8:00 a.m. Kids Races
8:30 a.m. 5k Run/Walk

All Participants Will Receive A Finishers Medal

benefitting the alzheimer's association®
City of Sacramento 5k Championship

For More Info and to Register:
www.Fab40s5k.org



- ★ Complete Collision Repair
- ★ Free Estimates
- ★ 24 Hour Towing
- ★ We Work with All Insurance Companies

"We Meet By Accident"

up to \$500.00 Instant Rebate

towards your DEDUCTIBLE

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires 07/31/18.

FREE LOANER CAR WITH ANY REPAIR

Present this coupon and receive a free loaner car for the duration of your repairs after authorization. Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires 07/31/18.



6801 Fair Oaks Blvd • Carmichael, CA 95608
Phone 916-339-1776 • Fax 916-339-1700

Email: info@aebodysshop.com • www.aebodysshop.com

Monday - Friday: 8:00 a.m. - 5:00 p.m.
Saturday: By appointment • Sunday: Closed

EAST LAWN

CEMETERIES • MORTUARIES • CREMATION • PREPLANNING



Make your final arrangements, then go enjoy the rest of your life.



The Privilege of Planning

A 25-minute free presentation. We'll serve you with a Catered Meal!

Make Sure Those You Care About Are Always Cared For

"The Privilege of Planning" is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available. Information will be presented on Veterans benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

CHOOSE ONE OF THESE SEMINARS

Wed., Aug. 8 (Dinner @ 6:30 pm)
Wed., Oct. 10

11:30 am to 12:30 pm

EAST LAWN
Sierra Hills Memorial Park & East Lawn Mortuary

5757 Greenback Lane,
Sacramento, CA 95841

To RSVP or More Info:
916.732.2020

Lic. #FD-1242

Thurs., Aug. 2 (Dinner @ 6:30 pm)
Thurs., Sept. 6 (Dinner @ 6:30 pm)

11:30 am to 12:30 pm

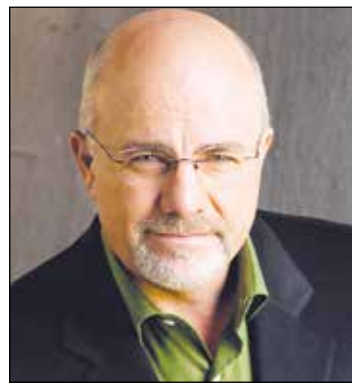
EAST LAWN
Memorial Park & Crematory

4300 Folsom Blvd.,
Sacramento, CA 95819

To RSVP or More Info:
916.732.2000

Reservations Required. Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar. If you prefer to RSVP via email, log onto our website and go to the seminar registration page.

www.EastLawn.com



Dave Says

Dear Nate,

It's great news that you're in remission. I'm really happy for you, buddy. I know your wife is thrilled, too.

I would advise conducting a search of every "guaranteed issue" company and policy out there. The term, guaranteed issue, means they don't do a medical check. The problem is these policies generally run 10 to 20 times more per thousand than those where you qualify medically. So, you're not going to get a lot during this time.

Check at work, and see if you can buy more and add it to the coverage they already provide. Some employers provide a double-up option if you're willing to pay for the additional coverage. If you can, and the price is reasonable, do it. If you have a mortgage, call the mortgage company and get mortgage life insurance. It's gimmick insurance — and something I don't normally recommend — but many times you can get it

without medical clearance.

Once you get past that three-to-five-year window where many insurance companies will work with you again, try to find a good, level term life insurance policy with coverage that's 10 to 12 times your income, and drop all this other stuff. In the meantime, pick up anything else you can find — even if it's those little \$10,000 policies banks sometimes attach to your checking account for \$20. Pile up those little odds and ends, until you get as much coverage as you can within reason.

God bless you and your family, Nate.

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★



BAHÁ'Í FAITH
LIGHT OF UNITY

More info:
Isacarmichael@yahoo.com

Telephone: 1 800 22 unite

O SON OF MAN!

Veiled in My immemorial being and in the ancient eternity of My essence, I knew My love for thee; therefore I created thee, have engraved on thee Mine image and revealed to thee My beauty.

from the "Hidden Words of Baha'u'llah"

LEGAL ADS FOR SACRAMENTO COUNTY?



We Can Do That!

Call to place your legal advertising **916-483-2299**

All Legal Ads Published by Messenger Publishing **MPG**

KP International MARKET
FOOD COURT NOW OPEN
10971 Olson Drive • Rancho Cordova, CA 95670 • 916-853-8000

WEEKLY MEAT SPECIALS

| | | |
|---|---|---|
| Sanderson Farms Boneless & Skinless Chicken Breasts Pechuga de Pollo Desahusada y sin Piel 40 lb Box.....\$59.99/ea \$159 /lb | BONUS BUY New York Roast-Bnls \$3.79 /lb | USDA CHOICE Beef New York Steak - Boneless Filete de Res Estilo Nueva York sin Hueso \$3.99 /lb |
| USDA CHOICE Beef Cross Rib/Shoulder Clod Roast Pulpa Contra en Trozo sin Hueso \$2.69 /lb | USDA CHOICE Beef Cross Rib/Shoulder Steak & Espadilla (Thin) Pulpa Contra en Bistek sin Hueso \$2.99 /lb | SEABOARD Boneless Pork Loin Chops or Roast Chuletas de Cerdo o Asado de Cerdo sin Hueso \$1.69 /lb |
| IBP/HORMEL Pork Spare Ribs Small Size (Single Pak) Costillas de Cerdo \$1.99 /lb | | |

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 18 - JULY 24, 2018.

KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)
Fri-Sat Come before 5pm (Valid Time)

| | |
|---|--|
| \$1 FOR 6 PEOPLE \$66.00 3 Hours Karaoke • 2 Pizzas • Pitcher Soda • 2 Main Dishes (Small Room) (12 inch) (Up to 3 pitchers) (10 Dishes To Choose From) | \$5 FOR 28 PEOPLE \$299.00 3 Hours Karaoke • 3 Pizzas • Pitcher Soda • Fruit • 9 Main Dishes (Party Room) (14 inch) (Up to 12 pitchers) (Assorted) (10 Dishes To Choose From) |
| \$2 FOR 8 PEOPLE \$88.00 3 Hours Karaoke • Pizza • Pitcher Soda • 3 Main Dishes (Medium Room) (14 inch) (Up to 4 pitchers) (10 Dishes To Choose From) | 10 DISHES TO CHOOSE FROM (DIPS SAUCE \$1) Hamburger, Cheese Burger, Club Sandwich, Chicken Nuggets, Spiced Edamame, Fried Dumpling, Tortilla Vejej Salad, Chicken Wings, Pork Lumpia, French Fries |
| \$3 FOR 14 PEOPLE \$154.00 3 Hours Karaoke • 2 Pizzas • Pitcher Soda • 5 Main Dishes (Family Room) (14 inch) (Up to 7 pitchers) (10 Dishes To Choose From) | OPEN 7 DAYS A WEEK: Mon-Thu 4PM-2AM / Fri-Sat 2PM-2AM / Sun 2PM-12AM 10947 OLSON DRIVE, RANCHO CORDOVA, CA 95670 916-853-2006 • WWW.KP-KARAOKE.COM |
| \$4 FOR 18 PEOPLE \$228.00 3 Hours Karaoke • 3 Pizzas • Pitcher Soda • 7 Main Dishes (Large Room) (14 inch) (Up to 9 pitchers) (10 Dishes To Choose From) | |

FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

| | | | | | | |
|-------------------------------|-----------------------|--------------------------------|-----------------------------|-------------------------|---------------------------|-------------------------------|
| Jumbo White Onions 59¢/lb | Kale 69¢/lb | Grapefruit 5 lb Bag 3.99 | Key Limes 2 lb Bag 2/\$3 | Blackberries 6 oz 2/\$3 | Grape Tomatoes 1 pt 2/\$3 | Italian Squash 69¢/lb |
| Bagged Yellow Onions 3 lb 99¢ | Yukon Potatoes 69¢/lb | Russet Potatoes 10 lb Bag 1.79 | Peeled Garlic 5 lb Bag 7.99 | Green Onions 4/\$1 | Japanese Yam 99¢/lb | King Oyster Mushrooms 1.99/lb |

AMERICAN/HISPANIC GROCERY

| | | | | |
|--------------------------|---|----------------------------|----------------------------|--------------------------|
| Buy 3 Get 1 FREE! (Soda) | Essential Everyday Charcoal Briquets 7.99 | Multi-Grain Corn Dues 3.99 | Best Finish Dish Soap 3.99 | Best Buy Dish Soap 2/\$3 |
|--------------------------|---|----------------------------|----------------------------|--------------------------|

ASIAN GROCERY

| | | | | |
|---------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Buy 2 Get 1 FREE! (Sauce) | Dragon Brand Noodle 3.99 | Dragon Brand Noodle 7.99 | Dragon Brand Noodle 4.99 | Dragon Brand Noodle 4.99 |
|---------------------------|--------------------------|--------------------------|--------------------------|--------------------------|

EUROPEAN GROCERY

| | | | | |
|-------------------|--------------------------------|-------------------------------|------------------|---------------------|
| Zapp's Syrup 3.99 | Solid Dried White Lentils 3.29 | OT Mottos Seafood Serves 4.99 | Napolitanke 1.99 | Milkmaid Kashi 2.99 |
|-------------------|--------------------------------|-------------------------------|------------------|---------------------|

KOREAN/JAPANESE GROCERY

| | | | | | |
|--------------|---------------------|-----------------------|---------------|----------------------|----------------------------|
| CJ Rice 8.99 | Shin Cup Ramen 4.99 | Black Sesame Oil 1.49 | Asai Sesu 99¢ | Asai Dried Sesu 1.99 | Original Style Noodle 2.99 |
|--------------|---------------------|-----------------------|---------------|----------------------|----------------------------|

HOUSEWARES

| | | | |
|----------------------|----------------------|----------------------|-----------------------|
| Electric Kettle 3.99 | Electric Kettle 4.49 | Electric Kettle 4.79 | Electric Kettle 10.99 |
|----------------------|----------------------|----------------------|-----------------------|

FROZEN DEPARTMENT

| | | |
|------------|------------------|------------------|
| Salad 4.99 | Frozen Crab 6.99 | Frozen Crab 1.99 |
|------------|------------------|------------------|

EUROPEAN DELI

| | | | |
|-------------------|-------------------|----------|-------------------|
| Swiss Cheese 3.49 | Swiss Cheese 5.99 | FUD 3.99 | Swiss Cheese 3.99 |
|-------------------|-------------------|----------|-------------------|

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 18 - JULY 24, 2018.

“California at Bat” Chronicling the State’s Baseball History Opens July 29 at the California Museum

SACRAMENTO, CA (MPG) - The California Museum announced “California at Bat: America’s Pastime in the Golden State” will open on Sun., July 29, 2018. The all-new exhibit chronicles California’s baseball history from the Gold Rush to present, revealing its legacy of all-stars and the contributions of female, African American and other players who broke barriers to broaden its enduring appeal. Featuring more than 200 rarely-seen artifacts, highlights include uniforms, equipment and ephemera from Jackie Robinson, Joe DiMaggio, Ted Williams, Willie Mays, Sandy Koufax and others, along with objects from Pacific Coast League teams and from Edmonds Field, home of the Sacramento Solons until 1960.

“We are thrilled to present ‘California at Bat,’” said California Museum Executive Director Amanda Meeker. “Although the major leagues didn’t arrive until the 1950s, Californians have enjoyed baseball for 160 years. This exhibit offers an unprecedented opportunity to view artifacts representing the sweep of California baseball from 19th century town ball to the legends of baseball’s Golden Age and the heroes of the modern era.”

Curated by the California Museum, “California at Bat” was developed in collaboration with Stephen Wong, author of three Smithsonian Books, including “Game Worn: Baseball Treasures from the Game’s Greatest Heroes and Moments” (2016). A renowned baseball historian and collector, Wong contributed expertise and more than 80 artifacts from his personal collection illustrating many of baseball’s most famous



Highlights include New York Yankees rookie uniform game worn by Joe DiMaggio in 1936, the only season of he wore number 9. Born and raised in the San Francisco Bay Area, DiMaggio is best known for his 56-game hitting streak in 1941, a standing record in 2018. Photo courtesy California Museum

players. Highlights include:

- **New York Yankees rookie uniform game worn by Joe DiMaggio (1914-2000) in 1936, the only season of he wore number 9.** Born and raised in the San Francisco Bay Area, DiMaggio is best known for his 56-game hitting streak in 1941, a standing record in 2018.
- **Boston Red Sox home uniform game worn by Ted Williams (1918-2002) in 1950, the season his career nearly ended after breaking his arm in the All-Star game.** The San Diego native

was the last player to bat over .400 in a season (.406 in 1941).

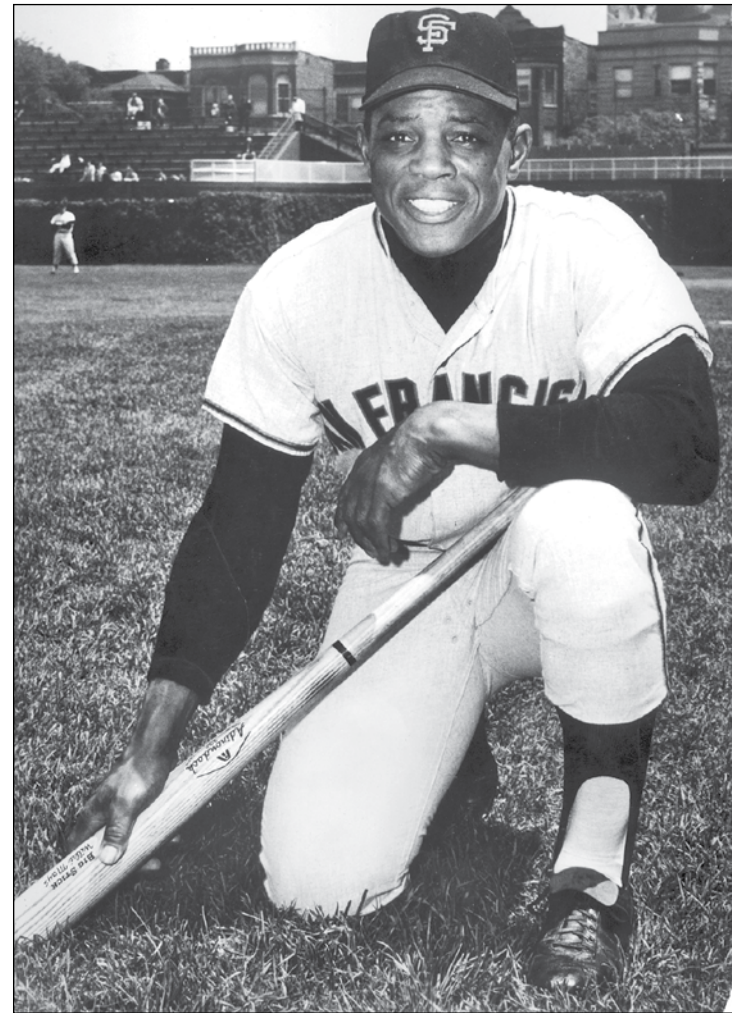
- **San Francisco Giants home jersey game worn by Willie Mays (b. 1931) in 1965, the season he led the NL with 52 home runs and won his second NL MVP Award.** Considered the game’s greatest all-around player, Mays has lived in California since moving with the Giants in 1958.
- **Los Angeles Dodgers road jersey game worn by Sandy Koufax (b. 1935) in 1966, the last year of**

his MLB career and the year he won a third Cy Young Award. A resident of California since moving with the Dodgers in 1958, Koufax is also remembered for sitting out Game 1 of the 1965 World Series when it fell on Yom Kippur, and for pitching baseball’s eighth perfect game on Sept. 9, 1965.

“As a native Californian who is deeply passionate about baseball and the history of the game, I’m proud and honored to have been a part of ‘California at Bat,’” said Stephen Wong. “I’m delighted to share my collection with members of the public in this extraordinary new installation revealing the state’s significant contributions to baseball.”

Contributions of Californians who broke barriers are also explored. For example, Jackie Robinson (1919-1972), the first African American to play MLB in the modern era, is heralded through a 1947 Brooklyn Dodgers team-autographed ball, along with a ticket and program from his April 15, 1947 debut. In addition to ending the segregation that had relegated African Americans to the Negro Leagues since the 1880s, Robinson was also the first to win a NL MVP Award, reflected by his 1949 trophy on display.

Accomplishments of California women are shown through uniforms from the All-American Girls Professional Baseball League of the 1940s and modern softball Olympians, while artifacts from Japanese American and Mexican American leagues emphasize the sport’s role in facilitating social and political networks in disadvantaged communities.



Highlights include San Francisco Giants home jersey game worn by Willie Mays in 1965, the season he led the NL with 52 home runs and won his second NL MVP Award. Considered the game’s greatest all-around player, Mays has lived in California since moving with the Giants in 1958. Photo courtesy California Museum

In addition, the exhibit surveys the state’s baseball history before the arrival of the majors in 1958. Uniforms, equipment and ephemera revisit the Pacific Coast League’s Sacramento Solons, San Francisco Seals, Oakland Oaks, Hollywood Stars, San Diego Padres and Los Angeles Angels, while objects from Edmonds Field, home of the Sacramento Solons until 1960, recall the local baseball park experience.

“California at Bat” will open in a public event on Sun.,

July 29 from 12:00 to 4:00 p.m. Highlights include \$5.00 reduced admission; presentations by Stephen Wong, Matt Stone and Alan O’Connor; 19th century “base ball” demonstrations; Home Run Challenge and Speed Pitch games; baseball card evaluations; beer garden (21+); food trucks; hands-on kids’ activities and more. For details on the exhibit continuing through Dec. 30, 2018, visit <http://www.californiamuseum.org/baseball>.

Source: California Museum ★



JOIN US FOR LUNCH

The landing at Carmichael is a vibrant, friendly and welcoming community located in the heart of the popular Carmichael Neighborhood in Sacramento. We offer a fabulous and affordable retirement community to seniors over the age of 55 that are looking to enjoy a quiet, quaint and beautiful community with all the qualities of a larger community but at a much more affordable rate.



Call Today!



THE LANDING
at Carmichael
Independent Senior Living

7125 Fair Oaks Blvd • Carmichael, CA 95608

(916) 900-1942

www.thelandingsl.com

Assisted Living at Eskaton Village Carmichael



I want Mom to:

- laugh
- make friends
- eat well
- feel secure
- have fun
- feel loved

Membership not required

ESKATON eskaton.org/evc
Transforming the Aging Experience

Eskaton Village Carmichael
Continuing Care Community (CCRC):
Independent Living with Services, Assisted
Living, Memory Care and Skilled Nursing
3939 Walnut Avenue, Carmichael, CA 95608
916-967-1017
License # 340313383 | COA # 202



A leading nonprofit provider of aging services in Northern California since 1968

The Exciting New World of Snap On Dentures!



There are millions of people in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

**Now there is a solution to these issues:
Implants with "Snap On" Dentures!**

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

Implants as low as \$99.00 per month

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

**Carmichael
Dental
Group**

www.YourCarmichaelDentist.com

916-944-1197

\$1,200.00 off
2 Implants with
attachments to a Denture
Offer Expires 07/31/18

**8329 Fair Oaks Blvd., Ste A
Carmichael, CA, 95608**