



**Assemblyman Cooley Honors Local Nature Area at 2018 California Non-profit Day Celebration**  
PAGE 2

**Sacramento Life Center Receives Health Care Accreditation**  
Independent Evaluation Ensures Organizations Meet Nationally Recognized Standards  
PAGE 3



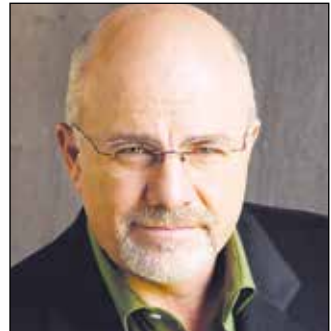
# Carmichael Times

VOLUME 38 • ISSUE 24

Serving Carmichael & Sacramento County since 1981

JUNE 15, 2018

## TAKE CARE OF THE BASICS



PAGE 12

## DA GETS THE REALLY BAD GUYS



PAGE 10

## METAPHORICALLY SPEAKING



PAGE 8



Scan our QR Code for a direct link to our online edition!

# A Flight of Angels



Richard and Sue Joy Bristow. The popular Carmichael couple died in a tragic air crash last month.

**Story by Susan Maxwell Skinner**  
Photos courtesy of the Bristow family

**CARMICHAEL, CA (MPG)** - Like Jack and Jill, Richard and Sue Joy Bristow walked up the hill on Deodar Street daily. Hand-in-hand, they strode down Landis, Marshall, Stanley and California Avenues on a daily journey. I recently pulled over and offered my friends a ride home. “No thanks,” they laughed. “Hiking around together is something we love.”

Their kids had moved away. Jack and Jill were now an energetic Derby and Joan partnership, enjoying a retirement that was a series of outdoorsy adventures. In their private aircraft, they buzzed away to famous air shows and aviation

museums. “Richard and Sue Joy were always taking off somewhere,” observed a neighbor. On a sunny day last month, the Bristows (both 67) took off and never came back. Their aircraft plummeted after takeoff from Petaluma Airport, Sonoma County.

“Dad had piloted that plane thousands of times,” attests his son Bobby (36). “We’d all flown across country with him and we know how careful he was. We can’t imagine the accident was caused by anything other than major mechanical failure.” While still under investigation, the event is an undisputed community tragedy. Nearly 500 relatives, friends and members of Sacramento’s real estate



fraternity attended the memorial event at Bayside Adventure Church, Roseville. Afterwards we witnessed a four-plane flyover in “missing man” formation. Glancing from the sky in tears, the couple’s son Bobby stated simply: “Mom and dad would have liked that.”

Richard and Sue Joy Bristow were high-flying adventurers.

Richard earned his pilot’s license while at high school and flew for more than 50 years. As hobby, the real estate broker worked on aircraft with the same precision as he constructed huge-scale locomotives and restored antique clocks. In the Bristow house, miniature trains run room-to-room at ceiling level. Model

*Continued on page 13*

## Convicted Sexually Violent Predator Christopher Lawyer to Return to Colorado

By Senator Jim Nielsen, Fourth District

**CARMICHAEL, CA (MPG)** - Under the provisions of the Interstate Compact for Adult Offender Supervision, convicted Sexually Violent Predator Christopher Lawyer was allowed to move to California and resided in Carmichael. Today, Judge Fiorini revoked his parole and ordered that state corrections officials advise Colorado officials in anticipation of Lawyer’s return. Below is a letter to Carmichael residents from Senator Nielsen, who has actively followed this case:

“Today, residents of Carmichael can breathe a sigh of relief. Superior Judge Curtis Fiorini revoked the parole of Sexually Violent Predator Christopher Lawyer. Judge Fiorini ordered that state corrections officials advise Colorado officials of the court’s ruling in anticipation of Lawyer’s return.

“Assistant Chief Deputy District Attorney Rob Gold did a masterful job in presenting overwhelming evidence to demonstrate Lawyer’s multiple violations of his parole conditions.

“Lawyer will remain in jail while Secretary Scott Kernan of the California Department of Corrections & Rehabilitation confers with Colorado officials in order to reach agreement on the return of Mr. Lawyer.

“I cannot overstate my appreciation to Mr. Gold and District Attorney Annie Marie Schubert for their leadership and dedication to keeping the people of Sacramento County safe. My thanks as well to all of you for your involvement and diligence in making certain that Carmichael remains safe and family friendly.

“My staff and I will continue to monitor the situation until Mr. Lawyer is permanently removed from our community.” ★

## Sheriff’s Canine Association Recognized as Non-Profit of the Year

By Sergeant Shaun Hampton, Sheriff’s Spokesman

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Sheriff’s Canine Association was selected by Senator Ted Gaines as a California Non-Profit of the Year and was recently recognized at the State Capital during the third annual California Non-Profits Day.

The Sacramento County Sheriff’s Department’s Canine Association officially became recognized as a non-profit association in 2005. The association was initially established by members of the Sheriff’s Department Canine Detail who saw a need for financial assistance to aid the retired canines after they had served our community.

These fantastic animals are often asked to do extremely hazardous work and can be credited for saving lives, apprehending criminals who have evaded capture, and also locating missing persons. Some of them are also trained to locate firearms, explosives, narcotics, and evidence.

Since its inception, the Sacramento Sheriff’s Canine Association has



The Sacramento County Sheriff’s Canine Association was selected by Senator Ted Gaines as a California Non-Profit of the Year. Photo courtesy Sacramento County Sheriff

supplemented the training and equipment of our active canine teams and enhanced the safety of our deputies and their canine partners. The association has also been able to assist with veterinary bills after these dogs retire and fully cover the costs of all burial fees associated with each of our retired

canines when they are laid to rest.

We share an incredible partnership with the SSDK9 Association to ensure these canines are taken care of during and after their service to the community. To learn more about the Sacramento County Sheriff’s Canine Association, please visit their website at [www.ssdk9.com](http://www.ssdk9.com). ★

## Comcast Telephone Services Were Down at MPG and Throughout Sacramento Region

**CARMICHAEL, CA (MPG)** - Comcast services are down again June 6th and 7th, affecting all services at Messenger Publishing Group, which was our main deadline day for our production week.

Unfortunately, the message Comcast had for any calls coming into our office said “This number is no longer in service” – which is not true.

When trying to contact a service representative at Comcast their recorded message said they will not have representatives answer calls to try to fix this recorded message problem. Instead, they would continue with the message that makes it sound like we are no longer in business – which is not true.

Comcast problems in this part of Carmichael have been historic. We realize that they are trying to upgrade their system, but we have heard from other businesses that they are experiencing problems all over the region.

If you are also having problems at your business recently with Comcast send us an email at [Editor@MPG8.com](mailto:Editor@MPG8.com). We would love to hear about it so we can cover these problems as a local news story.

We regret any inconvenience to our customers. Paul V. Scholl, Publisher ★

PRESORTED STD.  
US POSTAGE  
PAID  
PERMIT 350  
Carmichael, CA  
Change Service Requested

# County Budget Focuses on Social, Health Services

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Board of Supervisors unanimously adopted the Recommended Budget for Fiscal Year 2018/19 on Tuesday, June 5.

The Budget maintains the capacity to provide services to County residents while implementing strategic initiatives that address the Board's priorities.

"Sacramento County's FY 2018/19 budget clearly acknowledges the pressing needs of the community with the additional investments in mental health, alcohol and drug programs and services to homeless individuals," said District 3 County Supervisor and Board Chair Susan Peters. "We've done exactly what we set out to do: make significant investments in public health and safety, while at the same time fully funding current staffing and program needs with a balanced budget."

More than 80 percent of the County's investment in new or enhanced programs is in the Health Services Department, with the focus on addressing critical needs in the Mental Health and Alcohol and Drug programs, including:

- \$5.9 million to implement the Drug Medi-Cal Waiver that will provide enhanced drug treatment services to the community.
- \$4 million to develop and implement a program that provides trauma-informed mental health services and support for foster youth, with a focus on placement stability for foster youth and their families.
- \$24.2 million to continue to implement the Board-approved three-year MHSA (Mental Health Services Act) to expedite mental health services for

individuals with serious mental illness and/or co-occurring substance abuse disorders and are homeless or at risk of becoming homeless.

- \$4.7 million to provide contract and rate increases for mental health service providers to ensure provider stability and uninterrupted services for patients.

The Budget will also continue funding for programs and services that were initiated over the last few years with Board approval, including:

- Initiatives to address homelessness, such as Rapid Rehousing, the winter shelter program, improving family crisis response and shelters, preserving the Mather Community Campus, establishing a full-service rehousing shelter and implementing a flexible supportive rehousing program.
- The Parkways and Unincorporated Communities Clean-up and Safety Initiative to reduce the incidence and mitigate the impact of illegal camping in the County's parkways and unincorporated communities.
- The intelligence-led policing model being implemented by the Sheriff's Department.
- The Healthy Partners Program that provides healthcare services to undocumented immigrants, increasing the enrollment cap from 3,000 to 4,000 and eliminating the upper age limit of 64 years.
- A strategic plan to reduce disproportionate African-American child deaths through community-based contracts and targeted

staffing in Child Protective Services, Public Health and Probation.

- Implementation of an Adult Supervision Model in Probation that will prioritize supervision and services for high-risk probationers in the first six months to a year of probation.
- Implementation of the Sheriff's ShotSpotter Initiative, that uses acoustic surveillance technology to identify and respond to illegal gunfire incidents in selected geographic areas in real time.
- Animal Care Initiatives focused on improving animal care, increased spay/neuter services and increasing the Bradshaw Shelter's live release rate.
- Efforts to reduce fire danger and illegal camping, increase debris removal and enhance the visitor experience in the American River Parkway and the County's Regional Parks.

For details, read the County Executive's Budget Letter or view the budget documents on the Office of Budget and Debt Management. The numbers on the Recommended Budget will change between now and September, when the County receives new information including the impact of the State Budget and updated revenue totals. The Final Budget will come back to the Board of Supervisors in September for review and adoption.

**By The Numbers:**

- \$4.2 B: Total Budget
  - \$1.7 B: General Fund
  - \$2.5 B: Enterprise and Special Revenue
  - \$862 M: Restricted Funds
  - 12,233: Number of Employees
- Source: SacCounty News ★

# Assemblyman Cooley Honors Local Nature Area at 2018 California Non-profit Day Celebration



Assemblyman Ken Cooley, Koobs Nature Area Chairperson Linda Jones and Kiwanis Club President Wayne Lang stand proud as the Earl J. Koobs Nature Area is recognized as the 8th Assembly District's 2018 Nonprofit of the Year.

**From the Office of Ken Cooley**

**SACRAMENTO REGION, CA (MPG)** - On Wednesday, June 6, Assemblyman Ken Cooley (D-Rancho Cordova) honored the Earl J. Koobs Nature Area as the 8th Assembly District's 2018 Nonprofit of the Year.

Each year, the California Legislature hosts the California Nonprofits Day Celebration to recognize nonprofit organizations that make significant contributions to their communities.

"The Koobs Nature Area is a gem of the region, with educational opportunities inlaid in beautiful, native scenery," said Assemblyman Cooley. "I am very proud to honor the Earl J. Koobs Nature Area as this year's Nonprofit of the Year, and to share the fantastic opportunity Sacramentoans have to immerse

themselves in our local, natural ecosystem."

The Earl J. Koobs Nature Area's 4.7 acres of land was purchased by La Sierra High School and Garfield Elementary students in 1971 for environmental education, and dedicated to Earl "Ranger Jack" Koobs in 1973 to honor his inspiration for and dedication to the area. The Nature Area features hiking trails, three ponds, a bird sanctuary, butterfly gardens, and a self-guided tour with thirty markers. The Nature Area's plants are predominantly native to the Sacramento region. Throughout the year, the Nature Area hosts free public events with educational themes and hands-on activities. Additionally, the Nature Area dedicated the first-known monument to the Vietnam War in California in 1973, and hosts

annual Memorial Day and Veterans Day ceremonies. The Nature Area is currently maintained by the Kiwanis Club of Carmichael and their partnerships with volunteers from local nonprofit organizations, schools, and park districts, and Boy, Girl, and Brownie Scouts.

"Our club brings meaningful learning and fun to families interacting with nature area, and it is an honor to receive this recognition," said Wayne Lang, President, Kiwanis Club of Carmichael.

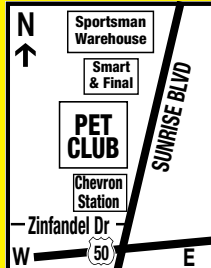
Assemblyman Ken Cooley represents the 8th Assembly District which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton and other portions of unincorporated Sacramento County. For more information, please visit <http://asmdc.org/members/a08/> ★

Look for Advertised Sale Items Everyweek at [www.petclubstores.com](http://www.petclubstores.com)

**PET CLUB**  
FOOD AND SUPPLIES

EVERYDAY LOW PRICES  
Super Discount Prices • Hot Specials & Coupons  
\*Short term promotions from vendors  
(No Membership Fees)

We Only Accept ATM, Cash, & Checks



2344 Sunrise Blvd.  
Rancho Cordova, CA  
916-635-5008

Mon-Fri 9-8,  
SAT 9-7, SUN 10-7  
Effective 6/13/18 - 6/19/18



**PET CLUB is Excited to Offer: Blue Buffalo, Chicken Soup, Earth Born, Evo, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods**

**COUPON**  
**\$200 OFF** ANY 26 LBS OR MORE PREMIUM DRY DOG FOOD PLU #336  
**\$100 OFF** ANY 14 LBS OR MORE PREMIUM DRY CAT FOOD PLU #337  
Nutro, Science Diet, Eukanuba, Avoderm, IAMS, Nature's Recipe, Natural Balance, Wellness, Pro Plan. Limit 1 Bag.  
(Cannot be used in conjunction with similar dollar off, percentage off coupons, or advertised sale items)  
Limit: 1 Coupon Per Family CT  
Effective 6/13/18 - 6/19/18

**COUPON**  
**2 FREE CANS OF FUSIE CAT FOOD**  
2.8 Oz Tin Black Label Only  
With Any Purchase of Pet, Fish Food, or Supply PLU 349  
Limit: 1 Coupon Per Family CT  
Effective 6/13/18 - 6/19/18

**TASTE OF THE WILD GRAIN FREE DRY DOG FOOD**  
•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon  
30 Lb Bag **\$39.99**  
Effective 6/13/18 - 6/19/18

**NUTRO MAX ADULT RECIPE DRY DOG FOOD**  
•Regular Max •Large Breed Adult •Beef •Senior •Lamb Meal & Rice •Mini Chunk  
NEW SIZE  
25 Lb Bag **\$21.99**  
Limit 2 Bags Per Family  
Effective 6/13/18 - 6/19/18

**BLUE BUFFALO WILDERNESS DRY DOG FOOD**  
•Chicken (\$10 Off Reg Price) •Duck •Salmon •Large Breed Adult •Healthy Weight  
24 Lb Bag **NEW \$8 MARKED AS LOW PRICE**  
100% Grain Free  
Limit 2 Bags  
Effective 6/13/18 - 6/19/18

**FRISKIES DRY CAT FOOD**  
16 Lb Bag  
•Seafood •Indoor •Surfing & Turfing  
Limit 2 Bags per Family  
**\$9.99**  
Effective 6/13/18 - 6/19/18

**9 LIVES CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 1 Case Per Family  
**35¢**  
Effective 6/13/18 - 6/19/18

**FANCY FEAST GOURMET CANNED CAT FOOD**  
All Varieties except Elegant Medley  
3 Oz  
Limit 2 Cases Per Family  
**20/\$11.00**  
Effective 6/13/18 - 6/19/18

**JONNY CAT PREMIUM CAT LITTER**  
20 Lb Bag  
•Regular •Multiple Cat Formula  
Limit 2 Bags Per Family  
**\$3.29**  
Effective 6/13/18 - 6/19/18

**FRESH STEP SCOOPABLE CAT LITTER**  
42 Lb Bag  
Limit 2 Bags Per Family  
**\$12.99**  
Effective 6/13/18 - 6/19/18

**PRO-PLAN DRY DOG FOOD**  
30-35 Lb Bag Limit 2 Bags Per Family  
•Chicken & Rice •Lamb & Rice •Beef & Rice •Sensitive Skin & Stomach •Lite  
**\$3 OFF OUR SUPER DISCOUNT PRICE**

**NUTRO MAX MAX CAT DRY CAT FOOD**  
•Adult •Indoor Chicken •Salmon  
16 Lb Bag Limit 2 Bags Per Family **\$17.99**

**FELINE PINE HEALTHY CAT LITTER**  
20 Lb Bag Limit 2 Bags **\$7.99**

**GRAVY TRAIN DRY DOG FOOD**  
35 Lb Bag Limit 2 Bags **\$13.99**

**FUSIE CAT PREMIUM DRY CAT FOOD**  
Market Fresh Recipe  
•Chicken & Turkey •Salmon •Salmon & Chicken  
2 Lb, 4 Lb, 10 Lb bag  
As Marked **20% OFF OUR REGULAR LOW PRICES**

**CAREFRESH PET BEDDING**  
60 Liter (Ultra Not Included) **\$14.99**

**SCIENCE DIET DRY DOG FOOD**  
26 Lb-33 Lb Bag  
•Lite •Active Maturity •Perfect Weight •Sensitive Stomach  
Limit 2 Bags **\$4 OFF OUR DISCOUNT PRICES**

**ROYAL CANIN CAT COUNTRY PREMIUM ORGANIC CAT LITTER**  
Limit 2 Bags 20 Lb **\$7.49** 40 Lb **\$13.99**

**WELLNESS CANNED DOG FOOD**  
Limit 2 Cases Natural 12.5 oz. Regular **\$1.89** Stew **\$1.99** •Core

**IAMS DRY DOG FOOD**  
30 Lb Bag  
•Mini Chunk •Large Breed Adult •Lamb Meal & Rice •Weight Control Limit 2 bags per family **\$25.99**

**PRECIOUS CAT CLUMPING CAT LITTER**  
20 Lb Box Limit 2 Boxes Cat Attract **11.99** Touch of Outdoors **\$7.49**

**MEOW MIX CAT FOOD**  
Market Select 2.75 Oz Cup Limit 1 Case **49¢**

**ADVANTAGE FLEA CONTROL & TREATMENT**  
Dog Small (Green) Dog Extra Large (Blue)  
Dog Medium (Teal) Cat Small (Orange)  
Dog Large (Red) Cat Large (Purple)  
Limit 2 Per Family. Cannot be combined with any other offer. **\$4.00 OFF OUR REGULAR LOW PRICE**

**DINGO DOG SNACKS**  
Made with Real Chicken  
•Mini Bone •Dynostix •Medium Bone •Dental Sticks •Twist Stick •Goof Balls  
**20% OFF OUR SUPER LOW PRICES**

**VAN NISS CAT PANS**  
REGULAR HI-SIDES  
Large CP2 **\$3.49** Large CP2HS **\$5.49**  
Giant CP3 **\$5.99** Large CP3HS **\$6.99**

**VOLKMAN Avian Science Bird Food & Small Animal Food**  
2 - 4 Lb Bag Selected Varieties **15% OFF OUR DISCOUNT PRICE**

**BERGEN TURBO SCRATCHER CAT TOY**  
(Replacement Pads - \$4.99) **\$8.99**

**MARINELAND POWER FILTER SALE**  
MODEL TANK SIZE PET CLUB SALE  
PENGUIN 100B . . . . .20 Gal. . . . . **\$17.99**  
PENGUIN 150B . . . . .30 Gal. . . . . **\$24.99**  
PENGUIN 200B . . . . .50 Gal. . . . . **\$29.99**  
PENGUIN 350B . . . . .75 Gal. . . . . **\$39.99**

**TETRA BOXED 10 GALLON TANK**  
With Economy Kit  
Just add Heater For Tropical Fish **\$36.99** Limit 1 Per Family

**KENT MARINE WATER SUPPLEMENTS** **20% OFF OUR SUPER LOW PRICES**

**REEF CRYSTALS**  
50 Gal. Salt Mix **\$14.99**

**BONUS COUPON**  
**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 1 Case With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 6/13/18 - 6/19/18 **47¢** CT PLU 367

**BONUS COUPON**  
**WHISKAS TEMPTATIONS CAT TREATS**  
•All Varieties - 3 Oz  
Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 6/13/18 - 6/19/18 **\$1.19** CT PLU 569

**BONUS COUPON**  
**JONNY CAT CAT LINERS**  
Jumbo Drawstring - 5 Ct  
Limit 1 Box with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 6/13/18 - 6/19/18 **\$1.99** CT PLU 449

# Sacramento Life Center Receives Health Care Accreditation

*Independent Evaluation Ensures Organizations Meet Nationally Recognized Standards*



Sacramento Life Center staff members celebrate receiving accreditation from the Accreditation Association for Ambulatory Health Care. Photo courtesy Kristin Thébaud Communications

## SACRAMENTO REGION, CA (MPG)

The Sacramento Life Center has achieved accreditation by the Accreditation Association for Ambulatory Health Care. The independent evaluation ensures the Sacramento Life Center has met nationally recognized standards for the provision of high-quality outpatient health care. Sacramento Life Center, which provides free medical care to women and couples facing an unplanned pregnancy, joins more than 6,000 ambulatory – also known as outpatient – health care organizations across the country.

"I am proud to announce that after a rigorous process, the Sacramento Life Center has received its official certificate of accreditation," said Marie Leatherby, Executive Director, Sacramento Life Center. "Every day, we strive to provide the highest level of medical care to the women, teenagers and couples that walk through our doors seeking our help. This

accreditation ensures Sacramento Life Center will continue to provide high-quality health services for our community."

The Sacramento Life Center's mission is to offer compassion, support, resources and free medical care to women and couples facing an unplanned or unsupported pregnancy. The Sacramento Life Center's licensed Sac Valley Pregnancy Clinic includes a primary clinic and two Mobile Medical Clinics that provide all services for free, including pregnancy tests, STD tests, ultrasounds, peer counseling for men and women, education and resource referrals. The nonprofit also offers a school-based teen education program, a 24-hour hotline and a program for reproductive grief. For more information about the Sacramento Life Center's Sac Valley Pregnancy Clinic, visit [www.svpclinic.com](http://www.svpclinic.com). For more information about the Sacramento Life Center or to

make a donation, visit [www.saclife.org](http://www.saclife.org).

The Accreditation Association for Ambulatory Health Care, founded in 1979, is the leader in ambulatory health care accreditation. The association accredits a variety of organizations including ambulatory surgery centers, office-based surgery centers, endoscopy centers, student health centers, military health care clinics, and large medical and dental practices. The association serves as an advocate for the provision of high-quality health care through the development of nationally recognized standards and through its survey and accreditation programs. This accreditation is recognized as a symbol of quality by third-party payers, medical organizations, liability insurance companies, state and federal agencies, and the public. For more information, visit [www.aaahc.org](http://www.aaahc.org).

Source: Kristin Thébaud Communications ★

## CRAIG DIEZ TEAM

# BRINGING YOU HOME



## The Perfect Match

Early on in her home search, first-time home buyer Kaley decided that she had three "must haves" that needed to be met before making the biggest decision of her life: a friendly neighborhood, great location, and workable floor plan. She landed that dream when she came across a charming ranch home in a beautiful tree-lined neighborhood in Carmichael. "I have been in the market to buy a house for the past few years and finally found exactly what I was looking for thanks to Craig and his team," she says. Kaley adds, "I appreciate their diligence and sticking with me after looking at multiple homes until we found the right one. Craig is passionate about making sure people get a good deal and it shows!"

#LOVEWHEREYOU LIVE

*Thinking of purchasing your first home?  
Contact us today so we can find your perfect match!*

**COLDWELL BANKER**  
RESIDENTIAL BROKERAGE  
7144 Fair Oaks Blvd., Suite #7  
Carmichael, CA 95608  
**916.425.5884**  
[cdiez@cbnorcal.com](mailto:cdiez@cbnorcal.com)  
[craigdiezteam.com](http://craigdiezteam.com)

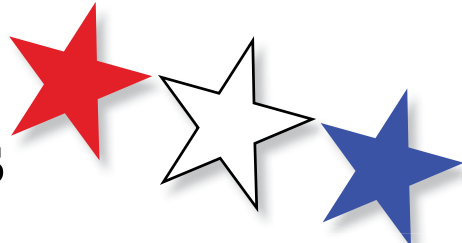


CRAIG DIEZ



CRAIG DIEZ TEAM

## 60th Annual Carmichael Elks



# 4th of July Parade

## "United We Stand"

**Parade Kick Off: 10:30 A.M.**

Grand Marshal: Susan Skinner

Parade Route: Fair Oaks Blvd from Marconi to the Elks Lodge on Cypress Ave.



Fair Oaks Blvd Closed to through traffic 10 A.M. to 12:30 P.M.  
Use Garfield-California for alternate North/South Traffic

\*After the parade, celebrate the 4th with free swimming, children's games, a western BBQ, a Monkey Bridge, air-conditioned indoor live music and dancing to the "Crystal Image Band" live music at the Carmichael Elks 5631 Cypress Ave.



*A funeral service should be about memories,  
NOT HIGH PRICES.*



Whether your family is in need of immediate service or interested in planning ahead to lock in prices for tomorrow's needs, your Dignity Memorial® provider can help.

*Call today and find out how to celebrate a life like no other, beautifully and affordably.*

Cremation starting at  
**\$1,995\***

Burial starting at  
**\$4,395\*\***

**Dignity**  
MEMORIAL

LIFE WELL CELEBRATED®

**MOUNT VERNON**  
MEMORIAL PARK & MORTUARY  
FAIR OAKS  
916-969-1251

[SacramentoDignity.com](http://SacramentoDignity.com)

\*Cremation includes basic services of the funeral director and staff, transfer of remains to the funeral establishment and crematory fees. Crematory fee is included. Excludes all merchandise and additional services. Charges may vary depending on selections.

\*\*Burial includes basic services of the funeral director and staff, transfer of remains to funeral establishment, and transportation of remains to cemetery. Price quoted does not include any merchandise, such as casket, or cemetery property or services. Prices may vary based on selections.

# Are You a **VETERAN** or a **SINGLE SURVIVING SPOUSE** of a Veteran?



Join us for an informative seminar with a panel of experts and learn how to get the benefits you deserve! Don't miss this.

Keynote Speaker: **Helen Justice**

VA Accredited Agent / Geriatric Care Manager

Learn and ask questions about:

- Veteran Benefits & Care
- Medi-Cal Ins & Outs
- Medicare How-To's
- Medicare Open Enrollment
- At Home Comfort Care

**FREE BRUNCH!**



**SUMMERSET**  
SENIOR LIVING

**Saturday, June 30th**  
**10:30 pm**

(Includes brunch)

Must RSVP by Tuesday, 06-26-18 to:

**916.562.1036**



2341 Vehicle Dr., Gold River/Rancho Cordova

[www.summersetseniorliving.com](http://www.summersetseniorliving.com)

RCFE Lic#347005361

# CONCERTS in the Park

**JUNE**  
Saturdays • 6:30-8:30pm

6.16.18 **Groove Thang**  
Groove Tunes!

6.23.18 **Fryed Brothers Band**  
Country, Blues and Rock & Roll!

**JULY**  
Saturdays • 6:30-8:30pm

7.7.18 **On Air**  
Classic Rock, Power Horns

**Groove Thang**

[carmichaelpark.com](http://carmichaelpark.com) • 916.483.7826

## Business Luncheon

Tues 26 June

Caterer: **Rey Azteca Taqueria Restaurant**

Come and Enjoy!



**\$20/\$23**  
Members / Guest  
**Christ Community Church**  
5025 Manzanita Ave

featuring  
**Sacramento County District Attorney Anne Marie Schubert**



Come at 11:00 AM to Network



11:30 Lunch Served



Noon - 1:00pm Program



Raffle  
Bring plenty of business cards and a raffle prize!

RSVP at [carmichaelchamber.com](http://carmichaelchamber.com)



Share your heart

Share your home

Become a Mentor today

California **MENTOR**

Family Home Agency

## Everyone Deserves a Home Like Yours! Make a real difference in the life of someone who needs you! Become a Mentor!

For over 30 years California **MENTOR** has been the leading host home provider for adults with Developmental Disabilities. Today we serve over 750 individuals throughout California.

California **MENTOR** is seeking individuals/ Families with a spare bedroom to support adults with Developmental Disabilities who might not have the opportunity to live with a loving home like yours.

**Receive ongoing support and a generous monthly stipend \$1,100 - \$3,900 per month**

Call a California **MENTOR** recruiter today to learn more about this special program.  
(916) 383-9785 x 28

And join us for one of our info sessions:

Monday – Friday at 11am

Wednesday at 4pm

7801 Folsom Blvd, Ste 375,  
Sacramento CA 95826

Visit our website at [www.mentorswanted.com](http://www.mentorswanted.com)

## MISSION OAKS COMMUNITY CENTER

MISSION OAKS RECREATION & PARK DISTRICT PRESENTS:

# Camp Season 2018

**CAMP HAVE A LOT OF FUN**  
Times: Weekdays, 9am-Noon  
Dates: June 18-August 10  
Ages: Camp is divided into two age groups - 3-5 and grades K-4  
Fee: \$60 per child per session  
Where: Mission North Park - 3344 Mission Ave, Carmichael 95608

**PROJECT HYPE**  
Times: Weekdays, 8am-12:30pm  
Dates: June 11-August 3  
Ages: All youth aged 8-13  
Fee: \$50 per child per session  
Where: Valley Oak Park - 1150 Eastern Ave. Sacramento, CA 95864

**CAMP KIDS**  
Times: Weekdays, 8:00 am -12:30 pm and/or 12:30-5:00 pm  
Dates: June 11 - August 10  
Ages: All youth aged 6-12  
Fee: Full Day option - \$96, Half Day option - \$48, per child per session  
Where: 3 sites at Ashton, Gibbons and Swanston Parks

## SWANSTON COMMUNITY CENTER

MISSION OAKS RECREATION & PARK DISTRICT

DISTRICT OFFICE  
(916) 488-2810 • Fax (916) 488-4349  
3344 Mission Ave., Carmichael, CA 95608

MISSION OAKS COMMUNITY CENTER  
(916) 972-0336 • Fax (916) 972-7371  
4701 Gibbons Dr., Carmichael, CA 95608

SWANSTON COMMUNITY CENTER  
(916) 333-6464 • Fax (916) 488-4349  
2350 Northrop Ave., Sacramento, CA 95825

Office Hours: 8 am-5 pm  
Registration Hours:  
8:30 am- 4 pm Monday-Friday

**MORPD.com**

# Four Ways to Reduce Cooling Costs this Summer

**SACRAMENTO REGION, CA (MPG)**  
 - As temperatures heat up this week PG&E wants customers with air conditioners to know they can cool their home for less as temperatures heat up. PG&E has four simple ways for customers to save energy and reduce cooling costs.

1. Raise the thermostat when at home and turn it up when leaving: Customers can save on annual cooling costs for each degree the temperature is increased in their home during the hot summer months. Set the thermostat to 78 degrees when at home, health permitting. Turn it up to 85 degrees when not at home.
2. Check air filters once a month: Heating and cooling consume the most energy in the average home — up to 50 percent of total home energy use. Dirty filters cause your system to work harder to keep the area cool, wasting energy and money.
3. Consider purchasing a smart thermostat for your home: Through PG&E's Smart Thermostat Rebate, customers receive a \$50 rebate on the purchase of new smart thermostat to help save on home heating and cooling costs. Visit PG&E's

Marketplace to compare and shop for qualifying ENERGY STAR® models.

4. Maintain your air conditioner: Customers can lower their monthly energy bill by keeping air conditioning equipment working at top efficiency. PG&E's AC Quality Care Program offers a free AC assessment ahead of summer and list of available AC-related rebates.

To take advantage of additional programs, tools, and savings opportunities, PG&E recommends customers:

- Go to pge.com and sign up for a free online account. Signing up to access an online account is critical to customers' understanding their energy use. When logged in, customers can also, review energy use and costs, compare bills, and more.
- Find a rate plan that works best for their home at pge.com/ratechoices. Customers can analyze their energy usage and find the lowest cost or most convenient rate plan, based on their electric use history. PG&E customers can also explore new time-of-use rates to determine what works for their home.

• Avoid bill surprises with Energy Alerts and Budget Billing. Customers who need help balancing their budget and avoiding bill surprises can sign up for the free Bill Forecast Alerts at pge.com/energyalerts to be alerted by text, phone or email if their monthly bill amount is projected to exceed the amount they specified. Customers who wish to receive a more consistent and predictable monthly bill based on their average annual usage can sign up for Budget Billing at pge.com/budgetbilling.

• Take a free Home Energy Checkup at pge.com/myenergyuse. This simple web-based assessment allows customers to find out how much of their household's energy goes to heating, hot water, appliances, and lighting. Customers will receive a personalized list of ways to reduce energy and lower their bill. It's free, easy and takes only five minutes to complete.

For more tips on how to save this summer, visit pge.com/summer.

Source: PG&E ★



**Carmicheal Park FARMERS MARKET**  
 Every SUNDAY, 9AM - 2PM

- ⇒ In the Park 5750 Grant Ave under the trees
- ⇒ Live Music & Entertainment
- ⇒ 80+ Certified Farmers & Organic Producers
- ⇒ Specialty Gourmet Foods
- ⇒ EBT/WIC & SNAP Accepted
- ⇒ FREE Parking

**Healthy, Wealthy & Wise**



Redeem this coupon for 5 Free Raffle Tickets at the Information Booth for a chance to win the Summer Bounty Basket from the Farmers Market. Winners will be selected July 1, 2018.

**ILoveMyFarmersMarket.com**

## Top Liga MX Soccer Teams Return to Raley Field

*Xolos de Tijuana Will Face Monarcas Morelia at Raley Field on July 11 at 7:00 p.m.*

**WEST SACRAMENTO, CA (MPG)** - Pazzo Sports is proud to bring two of the most successful soccer teams in Mexico to Raley Field in West Sacramento on Wednesday July 11, 2018 at 7:00 p.m. Mexico's best known "Dog Pound" Xolos de Tijuana will clash for the first time ever in Sacramento with México's soccer royalty Monarcas Morelia, two of the top teams in the Liga MX this season.

Xolos de Tijuana Manager is Diego Cocca from Argentina, and he will be guiding star players Miller Bolanos, Fernando Arce, Victor Malcorra, Goalkeepers Luis Michel, Gibrán Lajud, and the rest of the dynamic starters.

For Manager Roberto Hernandez, Monarcas,

Carlos "El Guero" Fierro, Gabriel Achilier, Sebastian Sosa, Carlos Guzman, Angel Sepulveda, Juan Pablo Rodriguez, El Chino Millar, and the rest of the first team will be anxious to face Xolos for the first time ever in California's capital city.

The Liga MX is the top level of the Mexican Soccer League, and each of the teams that have played at Raley Field in the past have played their hearts out in appreciation of the thousands of soccer fans that have attended the matches.

Tickets to this historic match are on sale now and available at rivercats.com and ticketmaster.com.

Source: Sacramento River Cats ★

# FUTURE FORWARD

### KNOW WHERE TO START— TALKING TIPS FOR PARENTS

- Know the facts. Understand that marijuana negatively affects the developing teenage brain
- Talk often—build strong trust
- Have shorter, more frequent conversations
- Remember as they become teens, the conversation needs to change
- Listen! Conversations go both ways
- Remember, kids watch what you do along with what you say

For more information visit:

[sacramentoccy.org](http://sacramentoccy.org)



**MARIJUANA IS NOT FOR ME**









**By Pastor Rich Reimer  
Lead Pastor  
American River  
Community Church**

**CARMICHAEL, CA (MPG)** - Two images have been floating in and out of my mind recently. The image of "hitting the wall" in a metaphorical sense of progress being halted due to some inward mental and emotional hindrance and the image of a "turtle on a fence post." I had never heard the latter phrase until just a week ago. I looked it up online and there were many pictures and stories illustrating this condition and lessons to be learned from it. Either metaphor can be used to identify a person's perception about themselves - "movement without progress" "activity without results."

I have known this dreaded

### Metaphorically Speaking

experience as I'm sure many others have.

In my study of the Holy Bible I did find an ancient situation that fits the conditions I've just described. I found it in the prophet Haggai's words.

*"You have planted much, but have harvested little. You eat, but never have enough. You drink, but never have your fill. You put on clothes, but are not warm. You earn wages, only to put them in a purse with holes in it."* Haggai 1:6

That fits pretty well in my opinion. Movement but little or no progress in pretty much every aspect of life. The good news is that after the problem is described the prophet Haggai does help by providing a solution. Here it is: "Give careful thought to your ways." The context will explain this as the strong command to get your priorities in life examined and back in proper order. If your life doesn't seem to be showing fruit or progress this is the place to start. Examine where you have been investing your time, money and energy. In the Biblical account the prophet challenges the people to stop prioritizing self and make God first. This is done by acknowledging the existence of God, showing reverence for God's authority, and by obeying God's written commands.

Recovery programs that work share this starting point.

The second step out of the funk of "hitting the wall" is to ask God to "stir up your spirit." *"The Lord stirred up the spirit of the whole remnant of the people."* Haggai 1:14. The God of the Bible is a personal God; the ever present God; the God who partners with earthly folk to accomplish God's work. God can and does "divinely motivate" people who have "hit the wall." God can pick you off the "fence post" and set you down in a new direction! Ask God to "stir up your spirit!"

There are many remedies to this emotional immobilization. Some turn to anti-depressant drugs or psychotherapy, which can be effective. Others fall into addictive and destructive excesses of all sorts. A few act out in violence toward others. I ask you to consider a spiritual remedy: Make God the number one priority in your life. Ask God to get you moving with fresh motivation and vision.

*Reverend Richard Reimer,  
Lead Pastor  
American River  
Community Church  
3300 Walnut Ave., Carmichael  
916-483-3465  
Facebook.com/ARCCOnline ★*

## SHARP-Sexual Harassment and Rape Prevention Event for Women

**By Rick Reed**

**SACRAMENTO REGION, CA (MPG)** - With #MeToo awareness bringing to light stories of sexual harassment and rape across communities and through generations women are becoming empowered to just say NO!

When people possess the skills of martial arts they have learned how to protect themselves from personal assault and gained the confidence to say NO and make it stick. Robinson's Taekwondo has been teaching women safety,

conflict avoidance and empowering students since 1975 with TKD techniques and self-defense skills.

Unfortunately, in Grandmaster Clint Robinson's experience, the women seeking training in martial arts often come to the values and skills after the fact.

To empower women with knowledge, skills and confidence Robinson's TKD is offering a 3.5 hour Sexual Harassment and Rape Prevention/SHARP Seminar

specifically designed for women to increase awareness and develop practical physical techniques and strategies to counter social and sexual assault.

RTKD S.H.A.R.P. Clinic is for women only and takes place Saturday, June 23 from 1pm-4:30pm. Registration online is required to reserve space at [www.robinsonskd.com](http://www.robinsonskd.com) under the Events tab.

Please join the Black Belt instructors of Robinson's Taekwondo for this special women's empowerment event.★

# YUKI HAIRCUTS

**For MEN & BEAUTY**



**\$8  
Special**



<i>Haircut</i>	
Skin Fade .....	\$8
Zero Fade .....	\$8
Comb Over .....	\$8
Regular .....	\$8
Wax .....	\$8
Ear Piercing .....	\$8

2432 MISSION AVE  
CARMICHAEL, CA 95608  
El Camino Ave



Check us on  
Yelp & Google

**Hours: Mon-Sat 9am - 6:30pm  
Hours: Sunday 9am - 5pm**

**(916)222-2625**

### DON'T SUFFER FROM PAIN, STRESS OR FATIGUE ANY LONGER

**The Rewards:** By removing undetected nerve damage, eliminating the harmful effects of stress and reducing chemical toxicity, we often get results from problems no one else has helped.

**Stop Suffering From:**

- Stress
- Neck or back pain
- Numbness/tingling
- Fatigue
- Sleep problems
- Joint pain
- Allergies/asthma
- Headache
- Dizziness
- Digestive problems
- Irritability
- Weight problems
- Hormonal imbalance

- Medicare provider
- Auto accidents covered **100%** with your med-pay or attorney lien
- Cash plans

**\$49** - Consultation, Chiropractic & Orthopedic Exam, Functional Medicine Testing, Spinal x-rays (if necessary) & Report of any findings (a \$128 value).



**Blakely Health and Wellness**

**Dr. Beth Blakely, DC.**

3928 California Ave.  
Carmichael, CA 95608

*Female Chiropractor, Owner/Practitioner*

Call us today to schedule your appointment!

**916-944-1444**

[www.drblakely.com](http://www.drblakely.com)

## A-TEK GLASS CENTER

**Your One Stop  
Local Glass Shop**

Serving Carmichael  
Community for 23 Years

**AUTO ■ HOME ■ BUSINESS**

Free Windshield Chip  
Repair with Insurance  
Coverage

- Auto Glass
- Windshields
- Power Windows
- Truck Slider
- Sunroofs
- Single & Dual Pane Glass
- Store Front Windows
- Mirror & Screen
- Glass Shelves
- Table Tops
- Shower Door

Fast, Professional Glass Repair ■ Direct Approved Insurance Billing

**Factory Direct New Vinyl and Aluminum Windows**

**Call 7 Days a Week ■ 916-481-9966**

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

## Grace Baptist Church

*Come and Experience God's Amazing Grace*

**Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.**

**Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible**

**Service Schedules**

- Sunday Schools (All Ages) 9:45am
- Sunday Worship 11:00 am
- Sunday Evening 6:00pm
- Wednesday Evening 7:00pm

**6724 Palm Avenue, Fair Oaks, CA 95628**

(Located one block South of Madison; just East of Dewey)

**Pastor Charles Carter (916) 967-3915**

*Call for more information*



**"We Meet By Accident"**



- ★ Complete Collision Repair
- ★ Free Estimates
- ★ 24 Hour Towing
- ★ We Work with All Insurance Companies



up to **\$500<sup>00</sup>**  
**Instant Rebate**  
towards your  
**DEDUCTIBLE**

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires 06/30/18.

**FREE LOANER CAR WITH ANY REPAIR**

Present this coupon and receive a free loaner car for the duration of your repairs after authorization.

Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires 06/30/18.

**6801 Fair Oaks Blvd • Carmichael, CA 95608**

**Phone 916-339-1776 • Fax 916-339-1700**

**Email: [info@aebodysshop.com](mailto:info@aebodysshop.com) • [www.aebodysshop.com](http://www.aebodysshop.com)**

**Monday - Friday: 8:00 a.m. - 5:00 p.m.**

**Saturday: By appointment • Sunday: Closed**



**Publisher,  
Paul V. Scholl**

*Carmichael Times* is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Publisher@mpg8.com](mailto:Publisher@mpg8.com).

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

## Carmichael Times

*Serving Carmichael and Sacramento County since 1981*

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Carmichael Times* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Carmichael Times* are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County.

The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).



*We are proud members of these newspaper associations.*





LEGAL NOTICE

RESOLUTION NO. 2905
RESOLUTION BEFORE THE SAN JUAN UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION TO SIGN A RESOLUTION
(To Convey an Easement for Public Utilities)

WHEREAS, section 17556, et seq. of the Education Code authorizes the San Juan Unified School District ("District") to dedicate or convey an easement/real property to municipal corporations for public streets or highways and to a public corporation, to lay, construct, reconstruct, maintain and operate water, sewer, gas, or storm drain facilities or ditches, electric or telephone lines, and access roads used in connection therewith, either with or without consideration and without a vote of the electors of the District being taken;

WHEREAS, the District desires to dedicate a permanent easement for utility access and maintenance to the County of Sacramento for the purpose of utility access and maintenance of the drainage pipeline at Dyer-Kelly Elementary School, located at 2236 Edison Avenue, Sacramento, CA 95821. The proposed easement is specifically described in Exhibit "A" attached hereto and incorporated herein by the reference (hereinafter referred to as the "Easement"); and

WHEREAS, the District desires to give notice of its intent to dedicate to the County of Sacramento the Easement described above and to call a public hearing in connection therewith.

NOW, THEREFORE, the Board of Education of San Juan Unified School District does hereby resolve as follows:

Section 1. The foregoing recitals are hereby adopted as true and correct.

Section 2. The District declares its intent to dedicate and convey the Easement to the County of Sacramento, as described and depicted in Exhibit "A" for the purposes set forth in the Grant of Easement Document attached herewith.

Section 3. The Superintendent or a designee thereof is hereby directed to give notice that on June 26, 2018 at 6:30 p.m. or as soon thereafter as practicable, at the District Board Room, located at 3738 Walnut Avenue, Carmichael, CA, the board will hold a public hearing on the question of making the conveyance of the Easement to the County of Sacramento. The public hearing shall be held during a regularly scheduled public meeting of the board. Notice of the public hearing shall be given by posting copies of this resolution, signed by the majority of the board, in three public places within the District at least ten (10) days prior to the hearing, and by publishing the notice once in a newspaper of general circulation in the District, at least five (5) days prior to the hearing. At the time and place of the hearing, if no legal protest is entered, the board may adopt a resolution by a two-thirds vote of all its members authorizing and directing the conveyance of the Easement to the County of Sacramento.

The foregoing resolution was adopted by the Governing Board of the San Juan Unified School District at a meeting of the board on June 12, 2018, by the following vote:

AYES: Costa, Hernandez, Villescaz, Paulo, McKibbin
NOES: 0
ABSENT: 0
ABSTAIN: 0

Pamela R Costa
Pam Costa, President
San Juan Unified School District
Board of Education

Attest:
Paula Villescaz, Clerk
San Juan Unified School District
Board of Education

Published in the Carmichael Times on June 15, 2018

LEGAL NOTICE

RESOLUTION NO. 2906
RESOLUTION BEFORE THE SAN JUAN UNIFIED SCHOOL DISTRICT
BOARD OF EDUCATION TO SIGN A RESOLUTION
(To Convey an Easement for Public Utilities)

WHEREAS, section 17556, et seq. of the Education Code authorizes the San Juan Unified School District ("District") to dedicate or convey an easement/real property to municipal corporations for public streets or highways and to a public corporation, to lay, construct, reconstruct, maintain and operate water, sewer, gas, or storm drain facilities or ditches, electric or telephone lines, and access roads used in connection therewith, either with or without consideration and without a vote of the electors of the District being taken;

WHEREAS, the District desires to dedicate a permanent easement for utility access and maintenance to the Sacramento Municipal Utility District for the purpose of utility access and maintenance of electrical and communication facilities at Dyer-Kelly Elementary School, located at 2236 Edison Avenue, Sacramento, CA 95821. The proposed easement is specifically described in Exhibit "A" attached hereto and incorporated herein by the reference (hereinafter referred to as the "Easement"); and

WHEREAS, the District desires to give notice of its intent to dedicate to the Sacramento Municipal Utility District the Easement described above and to call a public hearing in connection therewith.

NOW, THEREFORE, the Board of Education of San Juan Unified School District does hereby resolve as follows:

Section 1. The foregoing recitals are hereby adopted as true and correct.

Section 2. The District declares its intent to dedicate and convey the Easement to the Sacramento Municipal Utility District, as described and depicted in Exhibit "A" for the purposes set forth in the Grant of Easement Document attached herewith.

Section 3. The Superintendent or a designee thereof is hereby directed to give notice that on June 26, 2018 at 6:30 p.m. or as soon thereafter as practicable, at the District Board Room, located at 3738 Walnut Avenue, Carmichael, CA, the board will hold a public hearing on the question of making the conveyance of the Easement to the Sacramento Municipal Utility District. The public hearing shall be held during a regularly scheduled public meeting of the board. Notice of the public hearing shall be given by posting copies of this resolution, signed by the majority of the board, in three public places within the District at least ten (10) days prior to the hearing, and by publishing the notice once in a newspaper of general circulation in the District, at least five (5) days prior to the hearing. At the time and place of the hearing, if no legal protest is entered, the board may adopt a resolution by a two-thirds vote of all its members authorizing and directing the conveyance of the Easement to the Sacramento Municipal Utility District.

The foregoing resolution was adopted by the Governing Board of the San Juan Unified School District at a meeting of the board on June 12, 2018, by the following vote:

AYES: Costa, Hernandez, Villescaz, Paulo, McKibbin
NOES: 0
ABSENT: 0
ABSTAIN: 0

Pamela R Costa
Pam Costa, President
San Juan Unified School District
Board of Education

Attest:
Paula Villescaz, Clerk
San Juan Unified School District
Board of Education

Published in the Carmichael Times on June 15, 2018

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969
Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999
P.O. Box 14, Carmichael, CA 95609

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILLIAM GLENN GALLAHER CASE No. 34-2018-0023585

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of William Glenn GallaHER... A Petition for Probate has been filed by Sheena GallaHER in the Superior Court of California, County of Sacramento, requesting Sheena GallaHER, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows August 15, 2018 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: David R. Morris 5137 Golden Foothill Parkway Suite 110 El Dorado Hills, CA 95762 916-789-9810 Publish: June 15, 22, and 29, 2018 GALLAHER 170622 6-29-18

SUMMONS

SUMMONS NOTICE TO DEFENDANT: Lamont Howard; Kandice Gaurt; Levi Patterson; Collective Family Investments LLC.; and Does 1-20 YOU ARE BEING SUED BY PLAINTIFF: Carl Pasquarella. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp). your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are

other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Case Number: STK-CV-UBC-2016-11839. The name and address of the court is: SUPERIOR COURT OF San Joaquin County 222 E Weber Ave, Stockton, CA 95202. The name, address, and telephone number of plaintiffs attorney, or plaintiff without an attorney, is: Sirman Sekhon; 18826 N Lower Sacramento Road, Suite H Woodbridge, CA 95258; 209-924-4990 DATE: NOVEMBER 30, 2016. Clerk, by Rocio Pimentel Deputy PASQUARELLA 6-22-18

SUMMONS NOTICE TO DEFENDANT: Lynn White YOU ARE BEING SUED BY PLAINTIFF: Roddie McElhaneY. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. Case Number: 34-2017-00221081. The name and address of the court is: SUPERIOR COURT OF Sacramento County 720 9th Street Sacramento, CA 95814. The name, address, and telephone number of plaintiffs attorney, or plaintiff without an attorney, is: Roddie McElhaneY; PO Box 1295 Citrus Heights, CA 95611; 916-628-6794 DATE: October 23, 2017. Clerk, by A. Seagle Deputy MCELHANEY 6-22-18

SUMMONS (Family Law) NOTICE TO RESPONDENT (Name): Graciela Duvernoy Petitioner's Name is: Gregory Duvernoy CASE NUMBER: 18FL00952 You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-20) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage

or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (HYPERLINK "http://www.lawhelpca.gov" www.lawhelpca.gov), or by contacting your local county bar association. NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826 The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are: Kristine L. Young, Esq 2377 Gold Meadow Way Suite 100 Gold River, CA 95670 916-631-1996 Date: February 21, 2018 Published: June 15, 22, 29, and July 7, 2018 DUVERNEY 170829 7-6-18

NOTICE OF LIEN SALE

Notice of public sale of personal property pursuant to the California Self-Service facility Act (B&P Code 21700 et seq). The undersigned will sell at auction on June 25th, 2018 at 12:15 p.m. at ARMOR MINI STORAGE, 5714 Auburn Blvd., Sacramento, CA 95841 personal property including, furniture, clothing, tools, bicycles, appliances, toys or other miscellaneous household items stored by the following persons: B045 Julia Davis E015 Julia Davis D030 Courtney Oliver E006 Jason Martineau E155 Al M. Zoghet G028 Melissa Kurtz G041 Bruce Larsen H041 Chad Creel H077 John Rabideau H121 Jason Soares J001 Jamie Rivera The owner reserves the right to bid at the sale. Purchases must be made with cash only and paid for at the time of purchase. All purchased goods must be removed at the time of sale. Sale subject to prior cancellation in the event of settlement between owner and obligated party. Dated this 8th day and 15th day of June, 2018. ROSEBUD STORAGE PARTNERS, LP, dba Armor Mini Storage. NOR-CAL STORAGE AUCTIONS, INC. CAI Bond I.D. number 7900390179, AGENT FOR OWNER. Telephone (916) 332-6455. 6/8/2018, 6/15/2018

STATEPOINT CROSSWORD • FATHER'S DAY

CROSSWORD grid with clues. ACROSS 1. Diner staples 6. Attorneys' org. 9. "\_\_\_ farewell," past tense 13. Fully informed 14. Got a blue ribbon 15. \_ 16. Short version 17. Geisha's sash 18. City-like 19. "Father's Day" (1997) star 21. "Actual day for dad 23. Center of activity 24. Dried-up 25. Joe Louis' punch 28. Spiritless 30. Eggnog spice 35. Tangerine/grapefruit hybrid 37. Home to China 39. "Mercer Ellington's dad played it 53. 54. 55. 56. 57. 58. 59. 60. 61. 62. 63. 64. 65. 66. 67. 68. 69. 70. 71. 72. 73. 74. This and desist

Crossword Puzzle Solutions on Page 6. SUDOKU The support you need to find quality SENIOR LIVING SOLUTIONS. A Place for Mom has helped over one million families find senior living solutions that meet their unique needs. There's no cost to you! CALL (855) 439-6734

# Sacramento County DA Reports



## Defendant Sentenced to Prison for Felony Animal Abuse

**DATE:** June 4, 2018  
**CASE:** Lamar Robinson (Case # 17FE001189)  
**PROSECUTOR:** Deputy District Attorney Hilary Bagley-Franzoia, Animal Cruelty Unit  
 The Honorable Lawrence Brown sentenced Lamar Robinson to 4 years and 8 months in prison after Robinson pled to 8 counts of felony abuse.

On December 12, 2017, an apartment tenant was awakened to the screams of an animal. When the tenant went to her window, she witnessed Robinson repeatedly body slam a small dog against the ground, using a leash to increase the impact to the pavement. Robinson was also holding a second dog by its neck, and that dog appeared unconscious. The witness called 911 and Sheriff's Deputy Brian Fowell responded. Robinson was arrested after the deputy encountered him 'walking' two dogs with obvious injuries, including a broken leg.

Radiographs of both dogs revealed multiple rib fractures in different stages of healing. Surveillance footage captured part of Robinson's horrific crime.

The case was prosecuted by the recently-formed Sacramento County District Attorney's Animal Cruelty Prosecution Unit, the Sacramento County Sheriff's Department and Sacramento County Animal Care and Regulation.

## Defendants Convicted for Murder, Attempted Murders

**DATE:** June 6, 2018  
**CASE:** Dashawn Tinsley & RV Watson Jr. (Case #16FE016082)  
**PROSECUTOR:** Deputy District Attorney Satnam Rattu, Gangs & Hate Crimes Unit

Dashawn Tinsley and RV Watson Jr. were convicted by a jury for the first-degree murder of Andrew VanHunnik and three counts of premeditated attempted murder. The jury also found true that both defendants fired firearms causing great bodily injury or death to three separate victims.

On December 24, 2015, one victim drove to his mother's Citrus Heights home. As he exited his car, he was shot three times and suffered a broken left arm from one of the bullets.

On December 28, 2015, law enforcement responded to a shooting in Citrus Heights and found a car riddled with bullets. Inside the car was Mr. VanHunnik, who was deceased from multiple gun shots. Two other victims who were also in the car survived. One victim escaped the car after being shot five times, and the second victim escaped without being shot. Detectives from the Citrus Heights Police Department were able to locate witnesses and physical evidence which established both Tinsley and Watson as the shooters in the murder and the earlier attempted murder.

The allegation that Watson has, a prior 2012 strike conviction for first-degree burglary will be determined at his sentencing hearing.

## Court Finds Sexually Violent Predator Will Stay in Hospital

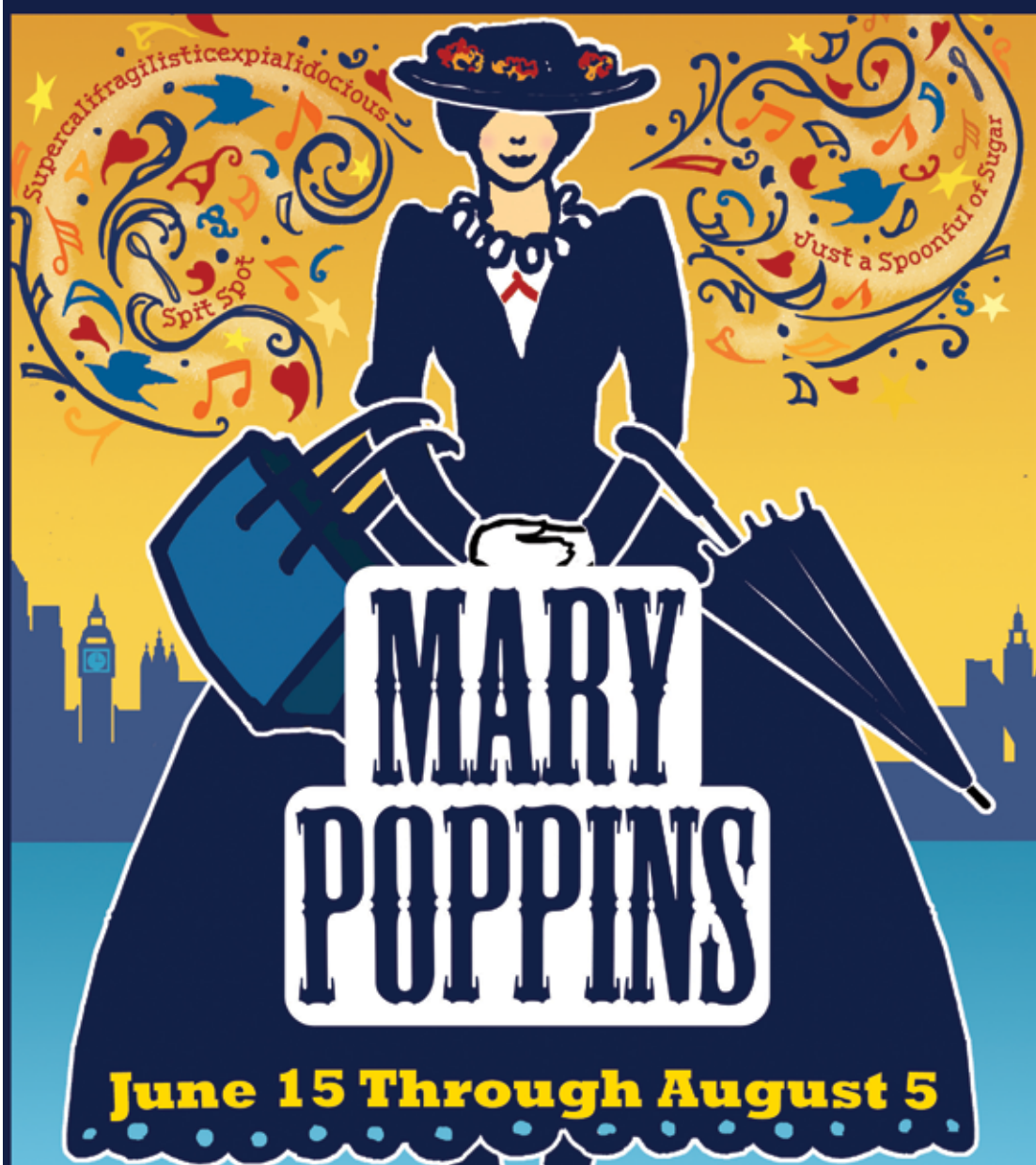
**DATE:** June 7, 2018  
**CASE:** Steven Bradley (Case #83648)  
**PROSECUTOR:** Deputy District Attorney Denise Halstead, Mental Health Litigation Unit  
 The Honorable Allen Sumner found true a petition of civil commitment against Steven Bradley as a Sexually Violent Predator (SVP).

In 1987, Bradley was convicted of multiple counts of sexual assault, including oral copulation, rape, sodomy, assault and kidnapping after he took the victim from Sacramento to Redwood City while assaulting her at knife point. While released on his own recognizance and pending sentencing, Bradley came back to Sacramento and raped a woman with Cerebral Palsy. In that case, he tied the victim up and put a pillow over her face while he committed the acts. Bradley was sentenced to 53 years in state prison for the two cases. Upon his review for parole, he was referred to the Department of State Hospitals for consideration as an SVP. Two psychologists gave an opinion that Bradley had a mental diagnosis and because of this mental disorder he is likely to commit a sexually violent predatory offense if released to the community.

Deputy District Attorney Denise Halstead states, "The Court's finding that Bradley is a Sexually Violent Predator will keep this dangerous sex offender out of our community and protects the people of Sacramento." ★

# SUMMER SEASON 2018 FAIR OAKS THEATRE FESTIVAL

PRESENTED BY FAIR OAKS THEATRE FESTIVAL



General Admission \$18 Discounts for Seniors & Students

## VETERAN'S MEMORIAL AMPHITHEATRE

FAIR OAKS VILLAGE • 7991 CALIFORNIA AVE.

For Information: 916.966.3683  
[www.fairoakstheatrefestival.com](http://www.fairoakstheatrefestival.com)

# \$2.00 Off

\$2.00 off the price of an admission ticket. Only 1 ticket with each original ad.

## The Smith Family has opened Chili Smith Family Foods

at 5907 Fair Oaks Blvd., Carmichael CA

800-434-2929

Ready to Heat and Eat chili, soups and beans  
 "We do the work - YOU take the credit!"

## Organic Wheat & Pastas, Olive Oils, Local Honey

### New Year - New Hours!

Tuesday - Wednesday - Thursday  
 11 am - 4 pm  
 Friday - 11 am - 6 pm  
 Saturday - 10 am - 3 pm  
 Sunday - Monday - Closed



## HEIRLOOM BEANS

Almost 30 varieties of All-natural, Farm-fresh, Heirloom Beans

Beautiful, Delicious and Nutritious make deliciously healthy gifts!



Visit our website for current specials!  
 Stock up & save on shipping!  
 Check our Farmer's Market & COOKING CLASSES!  
 Browse our store and sign up!

Deliciously Healthy Foods [www.chilismith.com](http://www.chilismith.com)

# EAST LAWN

CEMETERIES • MORTUARIES • CREMATION • PREPLANNING



Make your final arrangements, then go enjoy the rest of your life.



## The Privilege of Planning

A 25-minute free presentation. We'll serve you with a Catered Meal!

### Make Sure Those You Care About Are Always Cared For

"The Privilege of Planning" is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available. Information will be presented on Veterans benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

### CHOOSE ONE OF THESE SEMINARS

Wed., July. 18

Wed., Aug. 8 (Dinner @ 6:30 pm)

11:30 am to 12:30 pm

EAST LAWN  
 Sierra Hills Memorial Park & East Lawn Mortuary

5757 Greenback Lane, Sacramento, CA 95841

To RSVP or More Info:  
 916.732.2020

Lic. #FD-1242

Thurs., Aug. 2 (Dinner @ 6:30 pm)

Thurs., Sept. 6 (Dinner @ 6:30 pm)

11:30 am to 12:30 pm

EAST LAWN  
 Memorial Park & Crematory

4300 Folsom Blvd., Sacramento, CA 95819

To RSVP or More Info:  
 916.732.2000

Reservations Required. Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar. If you prefer to RSVP via email, log onto our website and go to the seminar registration page.

[www.EastLawn.com](http://www.EastLawn.com)

**Wizard of Id** by Parker, Mastroianni & Hart



**Hole Molé** by Rick Hotten



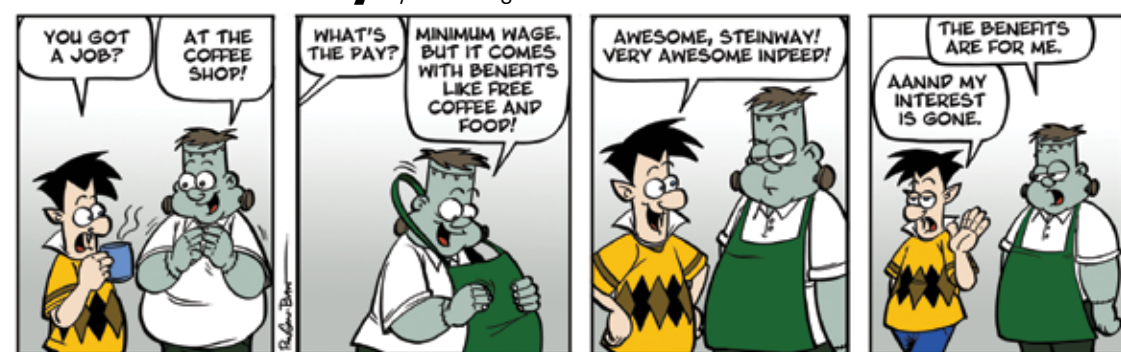
**BC** by Mastroianni & Hart



**Cranky Girl** by Crystal Jones



**Frank and Steinway** by Wil Panganiban



**Tundra** by Chad Carpenter



**Funday Morning** by Brad Diller



**Loose Parts** by Dave Blazek



**Tastes Like Chicken** BY JOSH ALVES



When Algebra teachers go on safari.

**Union Gospel Mission Sacramento**

SAVING LIVES AND SOULS SINCE 1882

**UNION GOSPEL MISSION**

400 BANNON STREET SACRAMENTO, CA 95811

(916) 447-3268

UGMSAC.COM

**WE ACCEPT DONATIONS!**  
7 Days a week  
8am - 8pm

**400 Bannon Street • Sacramento, CA 95811**

Listen to "Voices from the Streets" on KFIA 710 AM, Sun at 2 pm, Mon at 3 pm  
For Mission Updates, go to UGMSAC.COM and Facebook.com/ugmsac

**Independent Living • Assisted Living • Memory Care**

**Golden Pond**  
SENIOR LIVING

◆ 3415 Mayhew Road Sacramento, CA 95827 ◆

**ENRICHING THE LIVES OF SENIORS THROUGH ENGAGING ACTIVITIES!!**

*Staying socially active can benefit seniors in many ways!!*

- Enhanced Mental Health
- Increased Cognitive Functioning
- Improved Physical Health
- Sense of Belonging/Purpose
- Better Self Esteem
- All Day-Every Day Activies

Contact us today for more information on Golden Pond Senior Living and our Life Enrichment Programs designed to combat social isolation.

**916.369.8967**

RCFE #347000985

**American Watercolor Society**

Traveling Exhibition from New York City

**June 4-30**

Special Hours:  
10 am - 5 pm Daily  
\$10 Donation Requested

Opening Gala June 8  
Tickets \$50.

Notre Dame by Sandy Delehanty

**AWS**

sacramento fine arts center  
5330B Gibbons Dr.  
Carmichael - 916-971-3713  
www.sacfinearts.org

◆ 3415 Mayhew Road Sacramento, CA 95827 ◆

**ENRICHING THE LIVES OF SENIORS THROUGH ENGAGING ACTIVITIES!!**

*Staying socially active can benefit seniors in many ways!!*

- Enhanced Mental Health
- Increased Cognitive Functioning
- Improved Physical Health
- Sense of Belonging/Purpose
- Better Self Esteem
- All Day-Every Day Activies

Contact us today for more information on Golden Pond Senior Living and our Life Enrichment Programs designed to combat social isolation.

**916.369.8967**

RCFE #347000985

# IRS Warns Tax Pros of New Scam Posing as Professional Associations

**SACRAMENTO, CA (MPG)** - The IRS and its state and industry Security Summit partners today warned tax practitioners to beware of phishing emails posing as state accounting and professional associations.

This week, the IRS received reports from tax professionals who received fake emails that were trying to trick them into disclosing their email usernames and passwords.

Cybercriminals specifically targeted tax professionals in Iowa, Illinois, New Jersey and North Carolina. The IRS also received reports about a Canadian accounting association.

The awkwardly worded phishing email states: "We kindly request that you follow this link HERE and sign in with your email to view this information from (name of accounting association) to all active members. This announcement has been updated for your kind information through our secure information sharing portal which is linked to your email server."

Tax practitioners nationwide should be on guard because cybercriminals can easily change their tactics, using other association names or making other adjustments in their scam attempts.

Tax practitioners who are members of professional associations should go directly to those

associations' websites rather than open any links or attachments. Tax practitioners who receive suspicious emails related to taxes or the IRS, or phishing attempts to gain access to practitioner databases, should forward those emails to [phishing@irs.gov](mailto:phishing@irs.gov).

This scam serves as a reminder to all tax professionals that cybercriminals are targeting their offices in an attempt to steal client data.

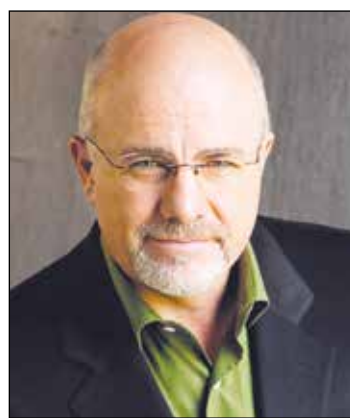
To assist tax professionals with safeguards, the Security Summit partners urge practitioners to follow these minimal security steps:

- Learn to recognize phishing emails, especially those pretending to be from the IRS, e-Services, a tax software provider or cloud storage provider. Never open a link or any attachment from a suspicious email. Remember: The IRS never initiates initial contact with a tax pro via email.
- Create a data security plan using IRS Publication 4557, Safeguarding Taxpayer Data, and Small Business Information Security - The Fundamentals, by the National Institute of Standards and Technology.
- Review internal controls:
  - o Install anti-malware/anti-virus security software on all devices (laptops, desktops, routers, tablets and

phones) and keep software set to automatically update.

- o Create passwords of at least eight characters; longer is better. Use different passwords for each account, use special and alphanumeric characters and phrases. Password protect wireless devices and consider a password manager program.
- o Encrypt all sensitive files/emails and use strong password protections.
- o Back up sensitive data to a safe and secure external source not connected full-time to a network.
- o Wipe clean or destroy old computer hard drives and printers that contain sensitive data.
- o Limit access to taxpayer data to individuals who need to know.
- o Check IRS e-Services account weekly for number of returns filed with EFIN.
- Report any data theft or data loss to the appropriate IRS Stakeholder Liaison.
- Stay connected to the IRS through subscriptions to e-News for Tax Professionals, Quick Alerts and Social Media.

Source: IRS ★



# Dave Says

is your biggest wealth-building tool. When you're saddled with debt, your money goes to creditors instead of into your pocket. Saving money prepares you for all the things life will throw at you — both good and bad.

One more thing I'd include is investing. I know you're young, but you still need to think about life after retirement. If you start investing just a little bit each month now in good mutual funds, you could easily retire a millionaire.

These are all very simple, basic things, Ben. But they'll make a huge difference in your financial situation now and in the years to come!

—Dave

## Creativity is the key

Dear Dave,  
How do you have a wedding without debt?

—Brooklyn

Dear Brooklyn,  
It's pretty simple. To have a wedding without debt you must be creative and think within your budget. In other words, you pay for a wedding with the money you have.

There's absolutely nothing wrong with a small, inexpensive wedding. Once you realize and understand that fact, and start thinking about things with a budget in mind, you'll realize

you can scrimp and save and still have a great small wedding. Lots of people have beautiful ceremonies, and even small receptions, for well under \$1,000.

Sure, you can go into debt by renting the fanciest venue, and buying a \$9,000 wedding dress to wear for just a few hours on one day. Or, you can realize it's not the place and the clothes that make a wedding special. What about an outdoor wedding at a friend or family member's house? When it comes to a dress you can opt for something simple and inexpensive, or even one that has been worn once, for just a few hundred dollars. If you think that's awful, let me tell you something that's worse — going tens of thousands of dollars into debt for an event that lasts just a few hours!

Most people don't have lavish, expensive weddings, and guess what? Years down the road they're still happily married, very much in love, and they look back on their wedding as the best day of their lives.

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](http://daveramsey.com) and on Twitter at [@DaveRamsey](https://twitter.com/DaveRamsey).

**LEGAL ADS FOR SACRAMENTO COUNTY?**  
*We Can Do That!*  
Call to place your legal advertising **916-483-2299**  
All Legal Ads Published by Messenger Publishing **MPG**

**O SON OF MAN!**  
Veiled in My immemorial being and in the ancient eternity of My essence, I knew My love for thee; therefore I created thee, have engraved on thee Mine image and revealed to thee My beauty.  
from the "Hidden Words of Baha'u'llah"  
More info: [lsacarmichael@yahoo.com](mailto:lsacarmichael@yahoo.com)  
Telephone: 1 800 22 unite

**KP International MARKET**  
10971 Olson Drive • Rancho Cordova, CA 95670 • 916.853.8000  
**WEEKLY MEAT SPECIALS**

<b>PILGRIM PRIDE</b> Chicken Drumsticks Piernas de Pollo 40 lb Box...\$22.99 ea <b>69¢/lb</b>	<b>GREAT VALUE</b> Beef Tri Tip Peeled Cajita de Cuadril <b>\$3.49/lb</b>	<b>IBP</b> Pork Spare Ribs Small Size (Single Pk) <b>\$1.99/lb</b>
<b>USDA SELECT</b> Beef Chuck Roast Boneless Carne de Vaca del Cuadro Delantero sin Hueso <b>\$2.89/lb</b>	<b>USDA SELECT</b> Beef Chuck Steak Boneless Carne de Vaca Chuck Steak sin Hueso <b>\$2.99/lb</b>	<b>BONUS BUY</b> Filet Mignon Roast-Balls <b>\$5.99/lb</b>
<b>FARMLAND</b> Pork Butt-Bone In Trozo de Puerco con Hueso <b>\$1.59/lb</b>	<b>FARMLAND</b> Pork Butt-Boneless Trozo de Puerco sin Hueso <b>\$1.89/lb</b>	<b>FARMLAND</b> Pork Butt Boneless 10 lb Case Huesos de Cuello de Cerdo <b>\$9.99/case</b>

**FRESH PRODUCE** SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Red Potatoes 2lbs \$1	White Onions 2 lb Bag 1.29	Chinese Mustard 99¢	Papaya Maradol 79¢	Valencia Oranges 4 lb Bag 2.99	Russel Potatoes 10 lb Bag 1.79	Fuji Apples 69¢
Red Leaf Lettuce 69¢	Italian Squash 79¢	Carrots 2lbs \$1	Green Onions 4/\$1	Limes 15/\$1	Sweet Mini Pepper 1 lb 2/\$3	Seedless Watermelon 3lbs \$1

**AMERICAN/HISPANIC GROCERY**

Reserve Punch 1 Gallon \$1.99	SOUP 4.99	Saladinas \$1.79	El Mestizo Salsitas 3.99	3-in-1 Baking Spray 3.59	Milk & More 3.59
-------------------------------	-----------	------------------	--------------------------	--------------------------	------------------

**ASIAN GROCERY**

Sweet Chili Sauce for Spring Roll 2.49	Garlic Cream 1.99	Instant Coffee 2.99	Fish Sauce 99¢	Japanese Style Chuka Soba 2/\$1
--	-------------------	---------------------	----------------	---------------------------------

**EUROPEAN GROCERY**

Krinos DOLMADAKI \$7.99	Sauces \$2.99	Sofal Pickles \$1.69	Perkka Krups 1.79	Organic Chestnuts 99¢
-------------------------	---------------	----------------------	-------------------	-----------------------

**KOREAN/JAPANESE GROCERY**

CJ Cheil Jang 2.29	Purely Soy and Macaroni 1.99	Onion Instant Curry 99¢	Asahi Makkoan Noodle 2.99	Round Seasoned Liver 2.99	Fried Green Liver 1.99
--------------------	------------------------------	-------------------------	---------------------------	---------------------------	------------------------

**HOUSEWARES**

BRUNNEN PREMIUM PRESSURE COOKERS \$399.99	FREE GIFT \$449.99	\$479.99	\$109.99
---	--------------------	----------	----------

**FROZEN DEPARTMENT**

Latrina Surtina 6.99	Broccoli Chunks 4.99
----------------------	----------------------

**EUROPEAN DELI**

Alma's Meat \$7.99	Bob's Jumbo Pork \$3.49
--------------------	-------------------------

**CHEFLINE WEEKLY PROMOTION!**

<b>4 EGG HOLES FRYPAN 27 CM</b> MADE IN KOREA \$14.99 ea (reg. price \$24.99)	<b>GLASS CONTAINER W/DOUBLE LOCK</b> \$2.99 - \$4.99 ea	<b>VISIONWARE WOK PAN 30 CM</b> MADE IN KOREA \$14.99 ea (reg. price \$22.99)
---	--	---

# A Flight of Angels

Continued from Page 1

aircraft are suspended from the beams. Son Bobby inherited dad's technical genius and together they created an electronic sound-and-light show that annually choked their cul-de-sac with Christmas crowds. This began when Bobby set out to give dad a special Christmas during his recovery from cancer. With food donations from visitors, the show reinforced the family's ethic of giving back.

Their bigger donations were less razzle-dazzle but more life-changing. Richard and Sue Joy supported the Kiwanis Family House in Sacramento and an organization called Angel Flight, whose volunteers fly patients for medical treatment. The effort avoids the need for exhausting and costly car journeys. Pilots like to absorb all flight expenses and, in many years with the service, Richard Bristow flew hundreds of missions. "I look for ways to be constructive and help others," he said. "When people ask what I'm doing next day, it's great to say I'm flying a cancer patient to treatment. You feel good about flying and good about the day."

The Bristows also boosted the Experimental Aircraft Association and its Young Eagles program that introduces young people to aviation. With a network of volunteer pilots, the group has given more than two million kids a first free flight. "Dad had loved flight since he was a little boy," explains daughter Heatherlee (46). "He wanted kids to share the opportunities he had. Through the years, he inspired several to follow their dreams into aviation careers." After the Bristows' deaths, the EAA announced plans to initiate a training scholarship in their name.

Sharing spilled into Bristow's professional life. In a long history with Coldwell Banker, the broker was a friend to clients and colleagues. "So many of us



Richard and Sue Joy supported the Kiwanis Family House in Sacramento and an organization called Angel Flight, whose volunteers fly patients for medical treatment.

learned from Richard," says former co-worker Ron Greenwood. "He never let his competitive spirit impede what was best for a client or a fellow agent. He gave me a nugget of wisdom: never count your money before a deal is closed. A successful deal was something a realtor must carefully tend till the very end."

The realtor's 40-year companion was artistic, vivacious Sue Joy. She worked in a medical office before marrying Bristow and becoming a full-time mom. "They had the best marriage you could hope for," said daughter Jennifer (45). "Even after 40 years together, mom was always excited about going on a date with dad."

Sue Joy Lynn and her family had moved west from Missouri in the 1950s, settling a block from the Bristow's Arden Park home. Though at elementary, middle and high schools together -- and though their families were friendly -- Richard and Sue Joy barely made eye contact. Each had early marriages and a daughter a piece before rediscovering each other in 1978. Recalls

daughter Heatherlee: "Mom fell in love with a chicken and rice dish dad made. They had daughters almost the same age and we all started bike-riding and picnicking like a family. It wasn't long before dad swept mom away to the Golden Gate Bridge and proposed. From sharing a burger to cycling the 237-mile Katy Trail (Missouri), they relished every moment they had together."

Their final adventure was a day excursion to share a burger lunch in Petaluma. The couple was excited about an upcoming trip to the Cayman Islands that would mark their 40th wedding anniversary. The much-anticipated date fell a day after Richard and Sue Joy's memorial. "I take solace in the fact that they made their final journey together," says son Bobby.

"Mom and dad told us diving in the Caymans was heavenly," ponders daughter Heatherlee. "I believe heaven the most beautiful place you could ever imagine. I like to think of what happened to them was just an upgrade in their plans." ★

## Conveniently Located on Auburn Blvd. Between Manzanita & Garfield

# NEED STORAGE?

# ARMOR

# MINI STORAGE

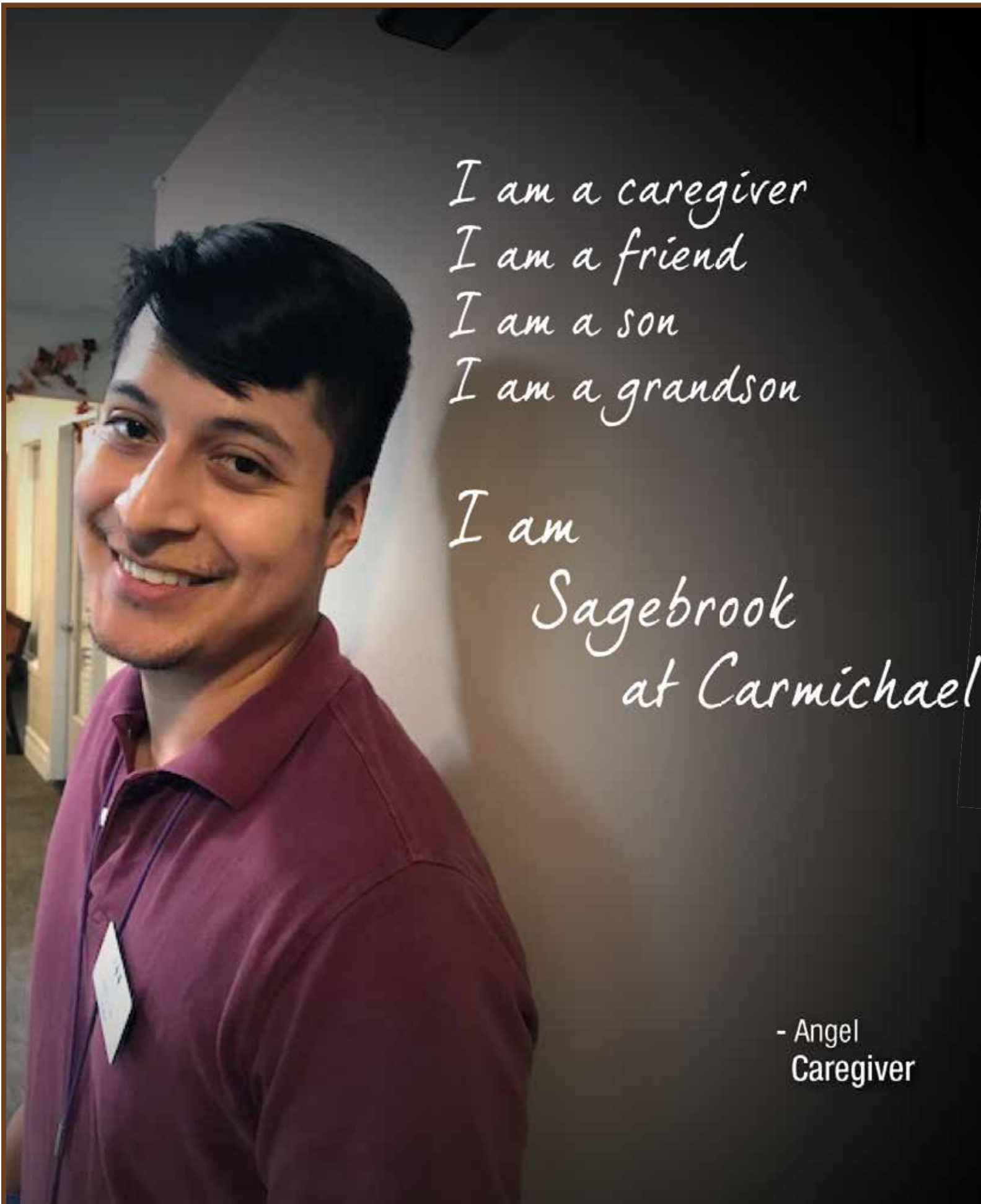
**BEST of 2015**  
Citrus Heights Chamber

**Since 1980**

**Office Hours:**  
Mon-Sat 9-6 • Sun 9-4

**Computer Gate Access**  
**6am-9pm 365 Days A Year**  
Award Winning Customer Service  
Digital Video Camera System  
Competitive Rates  
Daily / Monthly / Annual Rentals  
Easy Drive-Up Access  
Professional Resident Managers

**916.332.6455**  
5714 Auburn Blvd., Sacto. 95841  
[www.armorministorage.com](http://www.armorministorage.com)



*I am a caregiver  
I am a friend  
I am a son  
I am a grandson  
I am  
Sagebrook  
at Carmichael*

- Angel  
Caregiver

### Independent and Assisted Living Memory Care

**Our Community retains many loving and kind caregivers like Angel. Come live where your independence can thrive and assistance is readily available.**



**SAGEBROOK**

SENIOR LIVING AT CARMICHAEL

7125 Fair Oaks Blvd • Carmichael, CA 95608

**(916) 481-7105**

[www.SagebrookCarmichael.com](http://www.SagebrookCarmichael.com)



Lic# 342700002





# CHECK THE SOIL AND SAVE

FREE MOISTURE METERS ARE AVAILABLE  
3701 MARCONI AVENUE, SUITE 100,  
SACRAMENTO, CA 95821



Learn more at [sswd.org](http://sswd.org)

## The Exciting New World of Snap On Dentures!



There are millions of people in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

***Now there is a solution to these issues:  
Implants with "Snap On" Dentures!***

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

***Implants as low as \$99.00 per month***

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

**Carmichael  
Dental  
Group**

[www.YourCarmichaelDentist.com](http://www.YourCarmichaelDentist.com)

**916-944-1197**

**\$1,200.00 off**

**2 Implants with  
attachments to a Denture**

Offer Expires 06/30/18

**8329 Fair Oaks Blvd., Ste A  
Carmichael, CA, 95608**