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for Motivated Men
this Holiday Season**
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Carmichael Times

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NOVEMBER 3, 2017

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STRETCHED FOREVER



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Soaring to New Heights

American River Eaglets Named and Famed



Guided by teachers Becky Page and Tavia Pagan, Orangevale kindergarten pupils enjoy an American River nature walk. The children display pictures of the rare bald eaglets they named Peekaboo and Poppy.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - What's in a name? Monikers chosen by local children for local bald eagle babies are on the lips of raptor fans all over the world.

In the space of 12 weeks, siblings "Peekaboo and Poppy" fed, flapped and eventually flew before the kindergarten children's eyes. Thanks to photos and social media, thousands of followers -- some from as far away as the Arab States -- experienced the growth of eaglets deemed closest-hatched to Sacramento in recorded history.

For the record, Department of Fish and Game gurus documented the American River chicks as Eaglet One and Eaglet Two. Anthropomorphism -- the practice of bestowing human traits and names on wild animals -- is discouraged by scientists. However, nobody told the Golden Valley River School children that. "Peek and Poppy" flew the

Continued on page 3



Local Teens Host Public Speaking Banquet

By Jennifer Harris,
Toastmasters

CARMICHAEL, CA (MPG) - For eight weeks, a group of Sacramento area homeschool students participated in a Toastmasters Youth Leadership Program. At a showcase banquet on October 25, the students presented a typical Toastmasters meeting demonstrating their public speaking skills with informative speeches and impromptu responses.

During the Toastmasters program, students learned how to give speeches, become better listeners, become more comfortable in front of an audience, evaluate speeches, and speak with limited preparation.

Carmichael Toastmasters sponsored this program which is offered free nationwide as a service to the community. Jennifer Harris, a member of Carmichael Toastmasters Club #2213, coordinated the Youth Leadership Program.



Attendees at the Toastmasters Youth Leadership Program event. Photo courtesy Toastmasters

The program was led primarily by the students, who served as President, Vice-President, Secretary, and Sergeant-At-Arms. Mrs. Harris guided the participants as they learned how to conduct a meeting and how to improve their speaking abilities.

The showcase banquet was held at a Sacramento Public Library on Wednesday, Oct. 25th. The banquet began with a meal, then transitioned into a typical Youth Leadership Program meeting. Several participants gave speeches or participated in Table Topics, an

impromptu-speaking exercise. The audience was also invited to participate in Table Topics. It was sure an inspiring evening!

For more information about the Toastmaster Youth Leadership Program, visit www.toastmaster.org. ★

CA Attorney General Sued for Public Records Release Already Shared with Green Activists

SACRAMENTO, CA (MPG) - The Energy & Environment Legal Institute (E&E Legal) has filed suit under California's Public Records Act (PRA) against the state's Attorney General Xavier Becerra for withholding all but one email showing or mentioning its work with partisan and environmentalist activists to use law enforcement in going after opponents of the "climate" political agenda. Under Kamala Harris, California's OAG had participated in the since-collapsed "Climate-RICO" cabal organized by New York Attorney General Eric Schneiderman, but kept its involvement off-screen. The new AG, Becerra, has since suggested that he has indeed been working with activists, correspondence to, from or discussing which E&E Legal sought in its PRA request.

Specifically, in July, E&E Legal requested records "concerning the Office of Attorney General's work with private outside parties to pursue, as targets of investigation, perceived opponents of a political and policy agenda shared by the Attorney General and these outside parties." The complaint specifies the public records sought, in the form of correspondence that was sent to, or received from, the Attorney General, or members of his Executive Office, and certain named parties or entities of interest because of their involvement in the AG Climate RICO scandal beginning roughly six-months prior to the request.

The OAG initially delayed its response, and then produced only a single document with little relevance to what E&E Legal sought. OAG withheld all other potentially responsive records claiming the records were 'privileged.' On the basis of E&E Legal's experience with other "Climate-RICO" AGs, as well as information and belief, E&E asserts this is likely baseless given the request encompasses documents shared with outside parties, and work with private, third-party political activists. No such privileges should apply to these records, unless AG Becerra will claim, as has NY's Schneiderman however implausibly, that he has 'deputized' partisan activists, donors and environmental pressure groups.

"As a California citizen and independent journalist, I have seen this act many times with the state government and their chosen third-party groups," said investigative journalist Katy Grimes, an E&E Legal Senior Media fellow and co-petitioner on the suit. "We ask the Court to confirm that the blindfold on Lady Justice reflects how our laws are to be applied equally to all citizens and groups, and not a tool for lobbying by those that elected officials deem sufficiently politically-correct."

In addition to California, E&E Legal is embroiled in similar lawsuits in New York and Vermont, home of the two co-ringleaders of the AG Climate-RICO scheme. The effort entailed a gathering of nearly twenty state-attorneys general, who were joined at their public announcement by climate "investor" Al Gore, vowing to use

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Girl Power: Girl Scouts STEM Center Opens in Sacramento

By Jacqueline Fox

SACRAMENTO COUNTY, CA (MPG) - Silly boys. Science and technology also are for girls, and the Girl Scouts Heart of Central California (GSHCC) is about to prove it to you.

On Wednesday, Nov. 8, the GSHCC will open the region's first STEM (science, technology, engineering and math) Center + Makerspace, an all-girl facility that will serve as a hub for innovation and exploration across the world of tech and science for girl scouts in the council's 18-county region.

The STEM Center + Makerspace, modeled on the Girl Scouts of the USA's other STEM Centers already operating in other parts of the country, will offer girls scouts in grades K-12 the region's first open structured learning and development space where they can unleash their curiosity and skills and explore and innovate through a broad range of activities that include a deep dive into the study of robotics, circuitry and programming, as well as the environmental sciences.

"Girl Scouts is uniquely qualified to offer support for girls to work creatively in a single-gender environment, where they can explore new interests and collaborate with other girls," says Dr. Linda Farley, GSHCC CEO. "The STEM Center + MakerSpace is an investment in the next generation of Go-getters, Innovators, Risk-takers and Leaders (G.I.R.L.s.), and will serve as a hub for girl innovation, exploration and discovery for Girl Scouts throughout our 18-county region."

The GSHCC serves roughly 30,000 girls and 10,000 adult Girl Scout members in counties across Sacramento, Stockton and the Modesto area. Its new STEM Center, sponsored in part by Intel Corporation, includes the MakerSpace, which encourages the use of design thinking and collaborative problem solving.

"At Intel, we are committed to opening doors to opportunity for girls here



Girl Scouts at the Teevhah STEM Center 2 work with mechanical toys as part of an exploration into electronic engineering. Photo courtesy Girl Scouts of the USA

in Northern and Central California, and we believe this STEM Center + Makerspace will inspire these girls and give them the skills they'll need to become future innovators," says Courtney Martin, Intel public affairs director.

A "task force" of local female innovators and Girl Scout members will collaborate on the new STEM Center's formation and operations.

The Girl Scout's push for girl leadership and training in STEM is being fueled by the organization's drive to reverse what it points to as a decline in the country's number and efficacy of its STEM-related industries. Putting STEM in front of girls, first at the pre-college level, the organization hopes, will build on their interest and confidence in the fields of math, science,

technology and engineering. In turn, that knowledge and experience can be expanded at the college level, creating a pipeline of STEM-trained women ready to take their education on to build life-long careers.

According to the organization, America's status as the world's leading technology and science innovator appears to be slipping, pointing to a 2015 Pew Research Center report, which suggests that only 29 percent of Americans rated their country's K-12 education in STEM subjects as "above average" or "the best in the world."

Since 1912, Girl Scouts has served as one of the most widely supported, all-girl leadership development organizations in the world. There are currently 112 regional Girl Scout councils across the country

representing roughly two million members, where they focus on building courage, confidence and character, and yes, cookies.

But the creation of Girl Scout STEM Centers aims to ratchet up the impact of membership, specifically by working to fill the gaps in educational instruction in the fields of science, engineering and technology and give girls a chance to build careers across sectors that have, in some cases, remained out of reach.

"With our focus on mechanical engineering, biological and environmental sciences, programming and robotics, girls develop skills that have the potential to change their lives," Farley said.

For more information, please visit: www.girlscoutshcc.org ★

Public Reminded to "Be Flood Ready" Before Winter Storms

SACRAMENTO, CA (MPG) - The California Department of Water Resources (DWR) today commemorated California Flood Preparedness Week by encouraging residents to prepare for flood season.

"Extreme weather and natural disasters are a way of life in California," stated Jon Ericson, acting chief of the state's Division of Flood Management. "Taking the right steps now can mean all the difference to you and your family if flooding occurs."

More than 7 million California residents are at risk of flooding, and many don't realize it. Flooding happens throughout the state, from rural communities to urban areas, at the base of hills and along the coast. In fact, every California County has received a flood-related emergency declaration in the past twenty years.

This year many communities are at an extra risk for flooding because of wildfire damage. Flooding after wildfire is often more severe, as debris and ash left from the fire can form mudflows. These mudflows can cause considerable damage that is not covered by homeowner's insurance, however if the mudflows are related to flooding then NFIP flood insurance may cover the damage. Please check with your insurance provider for details.

Be Flood Ready by following these steps: Talk to your insurance agent about buying flood insurance, or contact the National Flood Insurance Program for information. 1-800-427-4661; Make an evacuation kit. Tips are available at: www.redcross.org/; Make an evacuation plan. Familiar routes may not be accessible during a flood; Stay informed during heavy storms; Don't walk or drive through flood waters. Just 6 inches of moving water can knock you down, and one foot of moving water can sweep your vehicle away.

More information is available at: <https://www.ready.gov/floods>

DWR also cautions the public not to wait if they are told to evacuate, as first responders may not be able to reach residents later.

The state, through DWR's Emergency Rehabilitation Program, is coordinating with local, state and federal agencies to support repair and rehabilitation work on project levees damaged during the 2017 storm season. The state has committed \$80 million to repair 30 critical sites this year, prepare designs for 10 more future sites, and jointly prepare contingency plans for 100 additional sites in preparation for this year's rainy season.

Source: DWR ★



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f www.EastLawn.com

American River Eaglets Named and Famed

Continued from page 1

nest in June but the huge bald babies will soar in the children's memories forever. "We walk the American River trail every week," explains teacher Tavia Pagan. "One day in fall (2016), an adult bald eagle flew right over the children. We all knew the national bird. It was extra special to see it right in front of us."

Weeks later, the junior naturalists beheld a huge nest. "It was exciting," recalls fellow teacher Becky Page. "We decided to keep an eye on things. All through winter, the children looked forward to visiting what we called 'our eagles.' One day in spring, we heard a new little sound from the nest. We realized it was a hungry baby."

The snowy-crowned parents began supplying the nest with fish from the river. Eventually, bystanders saw a fluffy head rise to welcome deliveries. "One of the children named him 'Peekaboo,' explained teacher Pagan. "We all started calling him that." When a second baby crested, the teachers asked their classes to volunteer another name. Poppy was the final choice; evoking flower-lined river trails and the magic of a wee head popping above the nest. Delighted by Facebook reports, raptor lovers world-wide soon adopted the names. By pure serendipity, the kindergartners also nailed eaglet genders. Peekaboo, they decided, was a boy and Poppy his little sister. Beak shape – a text-book sex identifier – eventually proved truth had come from the mouths of babes.

Federal law protects bald eagles. As the chicks grew, the school party and other trail users were soon warned against lingering near the raptors' nest tree. Cordons went up and Park Rangers cautioned visitors. "We were still able to do our walks," explains teacher Page. "The children were reverent. They used their whisper-voices near the nest. They knew to respect the eagle family's space. We could see Peekaboo and Poppy when they began to flap their wings. Then we saw one of them on a branch. One day, we saw there was only one baby left."

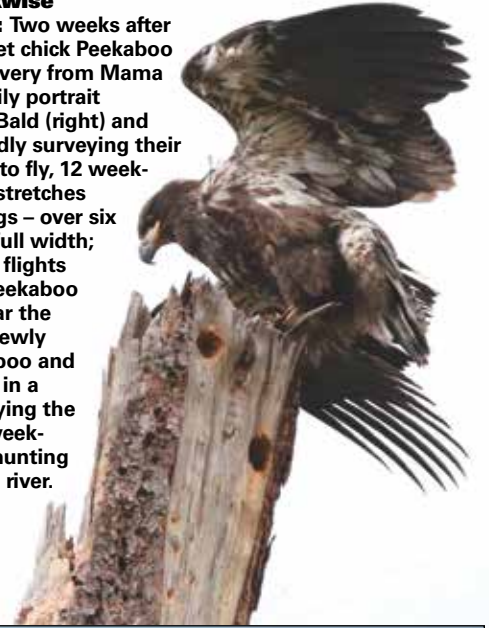
Alpha chick Peekaboo fledged first. A week later, his sister flew the coop. For weeks, their dutiful parents continued food deliveries in and near the nesting tree. In summer, the juveniles began hunting on their own. By fall, they had found territory downriver. "The children were concerned about where Peek and Poppy were," says teacher Pagan. "We encouraged them to use their imagination."

The teachers consider the five and six-year-olds' eagle encounter has blessed them with extra wild-life appreciation. "We hope this experience helps them grow into people who protect nature," says Tavia Pagan. "We protect what we love. And we only love what we experience." ★

Over the spring and summer, award-winning phototojournalist Susan Maxwell Skinner followed the progress of bald eaglets Peekaboo and Poppy. Nesting on the American River near Fair Oaks, their parents raised the chicks closest to Sacramento in recorded history. Here is rare documentation for the coming of age of America's national bird.



Photos clockwise from top left: Two weeks after hatching, eaglet chick Peekaboo gets a fish delivery from Mama Bald; this family portrait shows Mama Bald (right) and her mate proudly surveying their offspring; first to fly, 12 week-old Peekaboo stretches adult-size wings – over six feet – to their full width; one of his first flights takes eaglet Peekaboo to a stump near the nesting tree; newly fledged Peekaboo and Poppy indulge in a sibling spat; flying the coop, the 16-week-olds head for hunting grounds down river.



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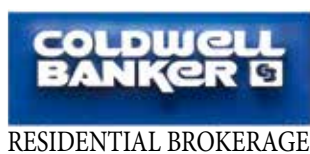
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Across the millennia, there have been periods of sudden acceleration in the otherwise gradual progress of civilization. Times of explosive growth marked by intense cultural, social, and technological change. From the far reaches of early recorded history to recent centuries, the emergence of the world's great religions has driven leaps in human progress. These outpourings of creativity have resulted in some of humanity's most impressive and enduring achievements in the arts, architecture, governance, law, literature, and science.

Members of the Baha'i Faith, representing virtually every country and territory on the planet, see humanity as standing on the cusp of just such a great societal shift - one that will be global in scope.

The next and necessary stage in humanity's continuing ascent is the unification of all nations and peoples in a peaceful and just global civilization - one that welcomes and honors all, benefitting



Celebrating the Oneness of Humanity

from the unique cultural and religious heritage each brings to the whole.

Humanity has passed through the stages of its infancy and childhood and now stands at the threshold of its collective maturity. The conflict, turbulence, and confusion we are experiencing today are features of a transitional period that can be likened to adolescence. Old and outmoded attitudes and habits of thinking are being swept away and new patterns of thought and action are gradually taking root.

Baha'u'llah revealed a profound spiritual vision, revolutionary principles, and practical approaches to lead humanity through its treacherous adolescence into maturity. Centered on the fundamental principle of the oneness of humanity, His teachings offer us hopeful new ways to view our place and purpose in the world. Baha'u'llah's life and writings have given rise to a worldwide Baha'i community committed to learning how to put his teachings into practice.

Above excerpted from "The Baha'is," a publication of the Baha'i International Community.

The Baha'is of Carmichael invite you to learn more about how you can make a meaningful difference in your community through small study groups, devotional meetings, children's classes, and junior youth workshops. Email for information at www.carmichaellsa@gmail.com Online at: www.bahai.org you can explore more about Baha'u'llah's revelation and our global community.



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Sia received his formal musical education at the San Francisco Conservatory of Music, and at the Aspen Music School. He earned his Bachelor and Master Degrees in piano performance at California State University, Sacramento. He began playing at age 6 and has performed at Carnegie Hall and recitals in France, Hone Kong, Korea, and the Philippines.

Currently he is the pianist for the Sacramento Valley Concert Choir. He is preparing for his Carnegie Hall solo piano concert in June of 2018.

Door open at 6:30 p.m. with the performance at 7:00 p.m. The historic Pioneer Congregational Church is located across from Sutter's Fort, at 2700 L Street. www.pioneerucc.org.



★ Concert pianist Jason Sia

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Crossword Puzzle on Page 9

C	A	S	T	S		M	A	R		K	I	L	L	
L	I	L	A	C		E	Y	E		U	N	D	U	E
O	N	A	I	R		S	E	T		N	O	O	N	E
D	U	G	G	A	R	S		R	U	B	B	L	E	S
						A	G	O		D	O	Z	E	
L	U	G		S	O	M	A		I	N	R	U	S	H
Y	L	E	M		F	E	T	A		D	A	N	C	E
O	N	T	O		S	T	A	R	K		N	A	R	C
N	A	I	A	D		A	S	I	A		T	R	E	K
S	E	N	T	I	N		E	A	R	L		Y	E	S
						M	E	A	T		M	A	S	
J	O	H	N	S	O	N		T	A	N	N	E	R	S
A	D	I	E	U		K	E	Y		C	O	L	O	N
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Sudoku Puzzle on Page 9

2	5	3	4	8	9	7	6	1
9	7	4	6	3	1	8	5	2
1	6	8	2	5	7	3	4	9
3	9	7	8	6	5	1	2	4
6	8	2	1	4	3	5	9	7
5	4	1	7	9	2	6	8	3
4	2	5	3	1	6	9	7	8
8	3	9	5	7	4	2	1	6
7	1	6	9	2	8	4	3	5

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FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07616 Wing Yim Jovita Poon, 4600 Santa Monica Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Relax Station" at 9059 Brucemille Road Suite 180 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 3, 2017. Publish: October 13, 20, 27, and November 3, 2017. RELAX 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07550 Tony K. Elder, 1258 Peblewood Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Westbound Groove Entertainment" at 1258 Peblewood Drive Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. WESTBOUND 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07543 Tiffany Halley, 12249 Hobday Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Tiffany's Beauty Room" at 12249 Hobday Road Wilton, CA 95693. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. TIFFANY'S 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07580 Robert E. Basham, 3836 Watco Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Uprising Financial Planning, Humanitas Investments" at 3836 Watco Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 2, 2017. Publish: October 13, 20, 27, and November 3, 2017. UPRISE 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07468 Kimala Berdan and Bill Berdan, 112 Doubletree Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Doubletree Pet Resort" at 112 Doubletree Court Folsom, CA 95630. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 13, 20, 27, and November 3, 2017. DOUBLETREE 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07658 Donald B. Martin, 4471 Manzanita Avenue #62 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Santa's On The Way" at 4471 Manzanita Avenue #62 Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. SANTAS 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07644 Lois Carol Sandin, 3956 Linus Way Carmichael, CA 95608, Roy Chastano, 4122 Mulberry Lane Sacramento, CA 95822, Shirley Dickson, 6233 Cole Avenue Carmichael, CA 95608, Susan Haensel, 11512 Big Four Way Gold River, CA 95670, Joanne Johnson, 125 Mering Court Sacramento, CA 95864, Mahnaz Khazani, 4541 American River Drive Sacramento, CA 95864, Glorianne Marshall, 3308 Hunter Lane Carmichael, CA 95608, Carolyn McMillen, 2941 Myrtle Lane Carmichael, CA 95608, and Jill Sando, 4701 Cameron Ranch Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Riverty Investment Club" at 3956 Linus Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. RIVERCITY 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07646 Mark Daya, 4138 Pylos Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sac Platinum Group" at 4138 Pylos Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. SAC 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07675 David Robert Ashley, 7825 Pomeroy Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Precision Handyman Services" at 7825 Pomeroy Way Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. PRECISION 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07643 Jordan Harris, 6442 Denton Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "J's Barbershop" at 7601 Sunrise Boulevard Suite 4 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. JS 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07640 Nicu Cojan, 4327 Garfield Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "NeatTrucks" at 8340 Galena Avenue Sacramento, CA 95828. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. NEATTRUCKS 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07654 Christopher Lewis, 4404 Kingscote Way Mather, CA 95655 is doing business under the Fictitious Business Name(s) "SUD Compliance, HP Properties" at 3609 Bradshaw Road Suite H336 Sacramento, CA 95827. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. SUD 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07682 Kimberly Urbano, 7610 Scenic Court Fair Oaks, CA 95628 and Samantha Whittemore, 1322 Len Way Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Pulse Wellness Transformation Fitness" at 7610 Scenic Court Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. PULSE 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07349 Joseph Wayne Scherflius, 2820 Walnut Avenue #20 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "JWS Promotions" at 2820 Walnut Avenue #20 Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 21, 2017. Publish: October 13, 20, 27, and November 3, 2017. JWS 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07612 Alan R. Kjar, 320 Spring Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Eagle Rock Insurance Broker" at 320 Spring Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County October 3, 2017. Publish: October 13, 20, 27, and November 3, 2017. EAGLE 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07570 Barbara Epis, 26948 Beatrice Lane Los Altos Hills, CA 94022 is doing business under the Fictitious Business Name(s) "Morningside at Carmichael" at 4721 Marconi Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 2, 2017. Publish: October 13, 20, 27, and November 3, 2017. MORNINGSIDE 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07570 Barbara Epis, 26948 Beatrice Lane Los Altos Hills, CA 94022 is doing business under the Fictitious Business Name(s) "Morningside at Carmichael" at 4721 Marconi Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 2, 2017. Publish: October 13, 20, 27, and November 3, 2017. MORNINGSIDE 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-06997 Spalapa, Inc, 9778 Business Park Drive Suite B Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Cal Spas of Sacramento, California Spas & Outdoor Superstore, Palapa Pros" at 9778 Business Park Drive Suite B Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 7, 2017. Publish: October 13, 20, 27, and November 3, 2017. CAL 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07627 Sonder Solutions, Inc, 2880 Sunrise Boulevard Suite 213 Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Heroic Endeavors" at 2880 Sunrise Boulevard Suite 213 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. HEROIC 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07549 Wendy Alene Mull, 8008 Grand Sierra Court Antelope, CA 95843 and Cami Renee Sulton, 3670 Bohler Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Unfound Treasures" at 8008 Grand Sierra Court Antelope, CA 95843. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. UNFOUND 170810 11-3-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07868 Marvin Stephney, 8011 Nelsa Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Eddie Dean Auto Transport" at 8011 Nelsa Way Sacramento, CA 95828. Filed with the Clerk of Sacramento County October 16, 2017. Publish: October 20, 27, November 3, and 10, 2017. EDDIE 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07754 Mey Lee Saechao, 7544 San Felice Circle Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Meylaton Live Music" at 7544 San Felice Circle Sacramento, CA 95822. Filed with the Clerk of Sacramento County October 10, 2017. Publish: October 20, 27, November 3, and 10, 2017. MEYATON 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07871 Vitally Subbotin, 6851 Aleta Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "White Rock Auto Parts" at 11407 White Rock Road Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 16, 2017. Publish: October 20, 27, November 3, and 10, 2017. WHITE 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07948 Shanshe Harper, 4141 Palm Avenue #255 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Ebony Divine Hair & Co" at 4141 Palm Avenue #255 Sacramento, CA 95842. Filed with the Clerk of Sacramento County October 17, 2017. Publish: October 20, 27, November 3, and 10, 2017. BOSSY 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07764 Luc Investments Inc, 8504 Ponta Delgada Drive Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Strategic Supplies" at 11440 Sunrise Gold Circle Suite 2122 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 11, 2017. Publish: October 20, 27, November 3, and 10, 2017. STRATEGIC 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07775 Nicholas Mah, 6100 Laguna Park Drive Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "MahVentura Photography" at 6100 Laguna Park Drive Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 11, 2017. Publish: October 20, 27, November 3, and 10, 2017. MAHVENTURA 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07579 Thompson Plumbing Co. Inc, 4324 Park Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Regent Street Salon" at 4099 Bridge Street Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 2, 2017. Publish: October 20, 27, November 3, and 10, 2017. REGENT 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07827 John J. Sebaugh and Jennifer A. Ramsey, 9290 Defiance Circle Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Pink Kettlebell Fitness" at 9290 Defiance Circle Sacramento, CA 95827. Filed with the Clerk of Sacramento County October 13, 2017. Publish: October 20, 27, November 3, and 10, 2017. PINK 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07699 Carmen Loflin, 581 Regis Drive Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Mad Cookery Kitchens" at 581 Regis Drive Sacramento, CA 95838. Filed with the Clerk of Sacramento County October 6, 2017. Publish: October 20, 27, November 3, and 10, 2017. MAD 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07826 Citrus Mechanical, 7601 Greenback Lane Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Earth Station" at 7601 Greenback Lane Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 13, 2017. Publish: October 20, 27, November 3, and 10, 2017. EARTH 170810 11-10-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07662 Balpreet Singh, 3200 Truxel Road Apt# 327 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "BMD Transport" at 3200 Truxel Road Apt #327 Sacramento, CA 95833. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 27, November 3, 10, and 17, 2017. BMD 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08027 JMPS Frozen Yogurt Inc, 9842 Cortino Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Menchie's Frozen Yogurt" at 8124 Delta Shores Circle Suite 110 Sacramento, CA 95832. Filed with the Clerk of Sacramento County October 6, 2017. Publish: October 27, November 3, 10, and 17, 2017. MENCHIES 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07976 Jester and Jesters, LLC, 1111 24th Street Unit 102 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Cider House" at 1111 24th Street Unit 102 Sacramento, CA 95816. Filed with the Clerk of Sacramento County October 18, 2017. Publish: October 27, November 3, 10, and 17, 2017. CIDER 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07890 Wdix Technology Group, Inc, 8835 Bella Terra Place Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Scott Technology Group Sacramento, Scott Technology Sacramento" at 1143 N. Market Boulevard #7 Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 16, 2017. Publish: October 27, November 3, 10, and 17, 2017. SCOTT 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07850 Esther and Frank Ubois, 9414 Leal Court Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Wee Kids Day Care, Wee Kids Child Care" at 9414 Leal Court Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 13, 2017. Publish: October 27, November 3, 10, and 17, 2017. WEE 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07911 Jan A Hatch, 2121 Carotta Drive Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Hatch's Honey-n-Hobbies" at 2121 Carotta Drive Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 17, 2017. Publish: October 27, November 3, 10, and 17, 2017. HATCHS 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08028 Vasily Levko, 2348 Sonata Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "LV Electrical" at 2348 Sonata Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 19, 2017. Publish: October 27, November 3, 10, and 17, 2017. LV 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07943 Edities by E, LLC, 1500 W. El Camino Avenue #316 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "erini" at 1500 W. El Camino Avenue #316 Sacramento, CA 95833. Filed with the Clerk of Sacramento County October 17, 2017. Publish: October 27, November 3, 10, and 17, 2017. ERIN 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07742 Richard Salahpour, 1015 Riley Street Suite #311 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Buy Auction Cars" at 1015 Riley Street #311 Folsom, CA 95630. Filed with the Clerk of Sacramento County October 10, 2017. Publish: October 27, November 3, 10, and 17, 2017. BUY 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07535 Paul Vang, 10825 Nestlenook Circle Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Greenlight Insurance Service" at 10825 Nestlenook Circle Mather, CA 95655. Filed with the Clerk of Sacramento County September 28, 2017. Publish: October 27, November 3, 10, and 17, 2017. GREENLIGHT 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07533 Tiffany Vang, 10825 Nestlenook Circle Mather, CA 95655 is doing business under the Fictitious Business Name(s) "California Garden Kingdom" at 10825 Nestlenook Circle Mather, CA 95655. Filed with the Clerk of Sacramento County September 28, 2017. Publish: October 27, November 3, 10, and 17, 2017. CALIFORNIA 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07948 Shanshe Harper, 4141 Palm Avenue #255 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Ebony Divine Hair & Co" at 4141 Palm Avenue #255 Sacramento, CA 95842. Filed with the Clerk of Sacramento County October 17, 2017. Publish: October 27, November 3, 10, and 17, 2017. EBONY 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07866 Alma D Santos, 4052 New York Avenue #2013 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Green Earth Landscape and Maintenance Services" at 4052 New York Avenue #2013 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 16, 2017. Publish: October 27, November 3, 10, and 17, 2017. GREEN 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07834 Acme Chiropractic, Inc, 1700 Alhambra Boulevard #100 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Acme Chiropractic" at 1700 Alhambra Boulevard #100 Sacramento, CA 95816. Filed with the Clerk of Sacramento County October 13, 2017. Publish: October 27, November 3, 10, and 17, 2017. ACME 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07844 Eduard Andrusyak, 2819 Lenwick Road Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Urbane Coffee" at 2819 Lenwick Road Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 13, 2017. Publish: October 27, November 3, 10, and 17, 2017. URBANE 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07949 McKenna Melville, 924 Singingwood Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Red umbrella Events & Catering, Red Umbrella Bakery" at 924 Singingwood Road Sacramento, CA 95864. Filed with the Clerk of Sacramento County October 17, 2017. Publish: October 27, November 3, 10, and 17, 2017. RED 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07910 Q and S Tires Inc, 104 Kern Avenue Woodland, CA 95695 is doing business under the Fictitious Business Name(s) "Universal Tires and Auto Care" at 2821 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 17, 2017. Publish: October 27, November 3, 10, and 17, 2017. UNIVERSAL 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07906 Thomas Zimmerman, 51 Cavalcate Circle Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "SAWPS, Saw Professional Services" at 51 Cavalcate Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County October 16, 2017. Publish: October 27, November 3, 10, and 17, 2017. SAWPS 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08050 LaVern Carson, 7373 Winnett Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Curvy with Class, LaVern's Closet" at 7373 Winnett Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 20, 2017. Publish: October 27, November 3, 10, and 17, 2017. CURVY 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07722 Elaine M. Damo, 1143 Dickens Drive Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Soulful Connections" at 1143 Dickens Drive Galt, CA 95632. Filed with the Clerk of Sacramento County October 6, 2017. Publish: October 27, November 3, 10, and 17, 2017. ELAINE 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07838 Eduard Tochilnikov, 6016 Sunrise Vista Drive #58 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "AP & ET Appliance Repair" at 6016 Sunrise Vista Drive #58 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 13, 2017. Publish: October 27, November 3, 10, and 17, 2017. AP 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07525 Bryan Daniel Hayes, 9324 Orangevale Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Blue Collar Dogs" at 9324 Orangevale Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 28, 2017. Publish: October 27, November 3, 10, and 17, 2017. BLUE 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07996 Elizabeth Burton, 2314 Via Camino Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Listen Up!" at 2314 Via Camino Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 18, 2017. Publish: October 27, November 3, 10, and 17, 2017. LISTEN 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07158 Roderick Sanden, 1497 Grey Owl Circle Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Advanced NeuroSpinal Care" at 3609 Mission Avenue Suite F Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 14, 2017. Publish: October 27, November 3, 10, and 17, 2017. ADVANCED 170810 11-17-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08211 Pete Moore, 6918 Falworth Street Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "California Auto House" at 6633 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 27, 2017. Publish: November 3, 10, 17, and 24, 2017. CALIFORNIA 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08065 Lenny Le, 224 Lanton Court Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "AA Smog" at 7621 Auburn Boulevard Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 20, 2017. Publish: November 3, 10, 17, and 24, 2017. AA 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08207 Gospel Life Worship Center Inc, 1310 Grass Valley Highway Auburn, CA 95603 is doing business under the Fictitious Business Name(s) "The Hotdog Ministry of Sacramento" at 5048 Date Avenue #32 Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 27, 2017. Publish: November 3, 10, 17, and 24, 2017. HOTDOG 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08208 Saghi Morovati, 5326 Marconi Avenue #42 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Lara, Lara Handmade Chocolate" at 5324 Marconi Avenue #42 Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 27, 2017. Publish: November 3, 10, 17, and 24, 2017. LARA 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08071 Julius Sanchez, 3233 El Valle Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Silicon-Ocean, Yalmes" at 3233 El Valle Way Antelope, CA 95843. Filed with the Clerk of Sacramento County October 20, 2017. Publish: November 3, 10, 17, and 24, 2017. SILICON 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08019 Eric J. Ehrhart, 2248 Endeavor Way Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "The Tax Barn" at 2248 Endeavor Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 19, 2017. Publish: November 3, 10, 17, and 24, 2017. TAX 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-07832 Paul Herrick, 2543 Fulton Avenue #127 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Herrick's Cabinets" at 2543 Fulton Avenue #127 Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 13, 2017. Publish: November 3, 10, 17, and 24, 2017. HERRICKS 170810 11-24-17

FICTITIOUS BUSINESS NAME STATEMENT
 FBNF2017-08133 Raylene Rutledge, 5653 San Vicente Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Lawn Scaping Designs Property Maintenance"



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Trump Wants States to Pay More for Infrastructure



Commentary by Harold Pease, Ph. D

President Donald Trump has promised to spend a trillion dollars on infrastructure but he wants to leverage this money to provide the extra provided by states and cities to make their project possible, not pay the whole thing. This way he gets the most bang for the federal buck. Whether Trump understands the Constitution or not it leaves infrastructure to the states and cities, he seems to be working toward that end, at least having them pay much more for such, but he is likely to get resistance because they are used to handouts. Three reasons justify this position. Residents are the primary users of what is built, thus should sustain its cost. Infrastructure, or anything like it, is not listed in

Article I, Section 8 as a function of the federal government, nor has it been added by way of amendment to the Constitution, and thus, is entirely a state, county and city function. Finally, the federal government is over \$20 trillion in debt, a debt that cannot be paid in a lifetime and even then not without quantitative easement of the currency, the process of inflating existing money.

Of course, the argument that the nation has been funding infrastructure for well over a century beginning with the transcontinental railroads after the Civil War, then the numerous construction projects of the Franklin Roosevelt era, then to the interstate freeways under Dwight D. Eisenhower, is a powerful argument. Still, going off the Constitution just once in 1869 to help the Union and Central Pacific Railroads complete the first transcontinental railroad justified going off it two more times the next twenty years for other transcontinental railroads expecting the same benefits. Every special interest group makes its case based upon what was given others. For this reason it is almost impossible to cease giving once started and get back to the Constitution.

When railroad tycoons realized that they could get the federal government to help pay for such, ensuring greater profits for them, other tycoons sought and expected the same benefits. James J. Hill

of the Great Northern Railroad crossed the continent without federal help, because he did not want federal control, proving that, sooner or later, it could be done without federal help and damage to the Constitution.

All of the vast federal infrastructure projects of the 1930's were also not constitutionally based. The federal government had no authority to finance infrastructure projects or job creation. Many also question whether these were absolutely necessary for economic survival. Others, including myself, believe that they prolonged the Great Depression to 12 years, instead of the usual two to three years, and that it was World War II that ended the Depression, not anything that Franklin Roosevelt did.

Federal job creation, formerly left entirely to the private sector, is now expected by voters as is a forced retirement plan called social security. Two new amendments to the Constitution would have authorized these drastic changes in the distribution of power and in authorizing such, but no amendments were even sought. We have had extensive national debt since.

Dwight D. Eisenhower, presumably troubled by the stark constitutional departures of his two predecessors, based his extensive interstate freeway infrastructure project on national

security. Why not make landing strips for military planes everywhere available by merely, when needed, closing down a section of the freeway to public travel? It has never been used for such.

It was a brilliant stretch of the Constitution but national defense is at least a federal government responsibility as it is empowered "to make Rules for the Government and Regulation of the land and naval Forces." Still, given the cost and that its primary function was to promote interstate travel thus, in practice had very little to do with national security, Constitutionalists would have had us seek other ways of accomplishing the landing of jets, as for example, at military air bases and, in a real emergency, commercial airports.

Some have defended these huge constitutional departures by referring to interstate commerce. The Constitution reads, "The Congress shall have Power ... To regulate Commerce ... among the several States." Under the original interpretation, commerce among the states did not begin until goods commenced their final movement from their state of origin to that of their destination. It was to ensure that states did not impede commerce, the movement of things, by regulation. This had been a problem necessitating the Constitutional Convention. Who had authority at the border, more

especially when the border was a river moving commerce, as the Potomac between Maryland and Virginia? But there was never authority given to create the river or the road? Like postal delivery another itemized federal power, commerce would use existing roads.

Now the states are addicted to federal handouts. Rather than raise state taxes to fund even big projects, often referred to as TIGER grants, to which they have become accustomed, they do not mind federal slavery as long as the feds do not dry up their federal teat. Fifty years ago they would have resisted losing their independence from the federal

government. Now dependent they are likely to resist Trump's measure to be otherwise. Trump wants to stretch federal dollars to provide the extra percent to put the project over the top.

Dr. Harold Pease is a syndicated columnist and an expert on the United States Constitution. He has dedicated his career to studying the writings of the Founding Fathers and applying that knowledge to current events. He has taught history and political science from this perspective for over 30 years at Taft College. To read more of his weekly articles, please visit www.LibertyUnderFire.org. ★

CA Attorney General Sued for Public Records Release Already Shared with Green Activists

Continued from page 1

every legal tool at their disposal to shut down dissent on the 'climate change' issue and to seek a tobacco-style global settlement from ExxonMobil and other fossil-fuel companies. E&E Legal's public record requests and subsequent litigation in Vermont and New York, and other states, exposed this scandal, leading to most of the attorneys general to flee from the climate crusade.

"Once again we find ourselves having to litigate a routine public records request with a state's

attorney general," said E&E Legal President Craig Richardson. "Apparently when these attorney generals are required to follow the same laws they are elected to enforce, they hide behind legal smokescreens and stonewalls."

The Energy & Environment Legal Institute (E&E Legal) is a 501(c)(3) organization engaged in strategic litigation, policy research, and public education on important energy and environmental issues.

Source: E&E Legal ★

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00221107
 WHEREAS Gabriel David Chavria has filed a petition with this court for a decree changing the name(s) of Gabriel David Chavria to Gabrail David Rivers Banister. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 25, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 24, 2017
 David I. Brown, Judge of the Superior Court
 Publish: November 3, 10, 17, and 24, 2017
 CHAVRIA 170705 11-24-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00221212
 WHEREAS Hung Nguyen has filed a petition with this court for a decree changing the name(s) of Hung Nguyen to Michael Hung Nguyen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 29, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 25, 2017
 Raymond M. Cadej, Judge of the Superior Court
 Publish: November 3, 10, 17, and 24, 2017
 NGUYEN 170705 11-24-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00221274
 WHEREAS Xuessong Lin has filed a petition with this court for a decree changing the name(s) of Xuessong Lin to Max Miller. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 30, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 27, 2017
 Raymond M. Cadej, Judge of the Superior Court
 Publish: November 3, 10, 17, and 24, 2017
 LIN 170705 11-24-17

with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: John Richey
 2315 Capitol Avenue
 Sacramento, CA 95816
 916-504-0529
 Publish: November 3, 10, and 17, 2017
 CALAVA 170622 11-17-17

NOTICE OF PETITION TO ADMINISTER ESTATE OF ETHEL B. GARCIA
 CASE No. 34-2017-00220747
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ethel B. Garcia. A Petition for Probate has been filed by Raymond H. Neeley in the Superior Court of California, County of Sacramento, requesting that Raymond H. Neeley, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows January 18, 2018 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing.

Vehicle Identification No: 1FATP8EM4F5397359
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 Make: FORD
 Model: MUSTANG
 License: 7WYA167
 Sale Date: 11/13/2017 at 9:00 am
 Vehicle Location: LJ's Towing
 425 Clinton Avenue
 Roseville, CA 95678
 Publish: Nov. 3, 2017

LIEN SALE
 Vehicle Identification No: 1FATP8EM4F5397359
 Year: 2015
 Make: FORD
 Model: MUSTANG
 License: 7WYA167
 Sale Date: 11/13/2017 at 9:00 am
 Vehicle Location: LJ's Towing
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 Publish: Nov. 3, 2017

PUBLIC HEARING NOTICE

NOTICE OF PUBLIC HEARING
 FIGTREE PACE
 Water Efficiency and Property Assessed Clean Energy (PACE) and Job Creation Program

NOTICE IS HEREBY GIVEN that the Board of Directors of the California Enterprise Development Authority (CEDA) will hold a public hearing on:
 Date: November 30, 2017
 Time: 10:30 AM
 Main Location: 550 Bercut Drive, Suite G Sacramento, CA 95811

VIA TELECONFERENCE
 (712) 775-7031
 CONFERENCE CODE: 895081223

LIST OF MEETING TELECONFERENCE LOCATIONS

California Association for Local Economic Development (contact Helen Schaubmayer) 550 Bercut Drive, Suite G Sacramento, CA 95811	City of Vista (contact Kevin Ham or Reception) 200 Civic Center Dr. Vista, CA 92084	Sacramento Municipal Utility District (contact Mather Kearney) 6301 S Street Sacramento, CA 95817
City of Santa Clarita (contact Jason Crawford or Marilyn Sourgose) 23920 Valencia Blvd., Suite 100 Santa Clarita, CA 91355	City of Lakeport (contact Margaret Silveira or Hilary Britton) 225 Park Street Lakeport, CA 95453	Los Angeles County Economic Development Corporation (LAEDC) (contact Carrie Rogers or Linden Johnson) 444 S. Flower St., 37th Floor Los Angeles, CA 90071
County of Stanislaus (contact Keith Boggs or Sheryl Swartz) 1010 10th Street Modesto, CA 95354	City of West Sacramento (contact Aaron Laurel or Polly Harris) 1110 West Capitol Avenue, 3rd Floor West Sacramento, CA 95691	

or as soon thereafter as the matter can be heard. Said public hearing will be held to consider the formation of an assessment district (the "Assessment District") and adoption of the Water Efficiency and Property Assessed Clean Energy (PACE) and Job Creation Program (FIGTREE PACE) pursuant to Chapter 29 of Part 3 of Division 7 of the California Streets and Highways Code (commencing with Section 5898.12). The Assessment District will be a voluntary contractual assessment district to assist property owners with the cost of installing distributed generation renewable energy sources and making permanently affixed energy efficient, seismic, and water efficient improvements to their property. The geographical boundaries of the Assessment District will now include the geographical boundaries of the City of Citrus Heights, the City of Jackson, the City of Martinez, the City of Santa Monica, the City and County of San Francisco, the City of Upland and the County of San Joaquin.

At the hearing, any person may present oral or written testimony. The Board of Directors will consider all objections or protests, if any, to the proposed (i) improvements, (ii) Assessment District boundaries, and (iii) Assessment District contractual assessment.
 Dated: October 27, 2017 and November 3, 2017
 By: Gurbax Sahota
 California Enterprise Development Authority

CNS-3064636#
 Grapevine Independent

STATEPOINT CROSSWORD • TV FAMILIES

CLUES

CROSSWORD

ACROSS

- *Stars of "The Waltons" and "Roseanne," e.g.
- Equinox mo.
- Don't do this to the messenger
- Whitman's dooryard bloomer
- "Logo of "All in the Family" network
- Beyond normal limits
- *Where to hear Frasier Crane
- Workout segment
- Nary a soul
- *TV's largest family
- "Flintstones" best friends
- Before now
- Catch some Z's
- Car nut
- "Brave New World" drug
- *Can't stop! I'm ____ a ____!
- Big Bang's original matter
- Sheep's milk cheese
- *So You Think You Can ____!
- Knowing about
- *Sansa, Arya, or Robb
- Narcotics agent
- Nymph of lakes and springs
- Most populous continent
- Major bike maker
- *____ the Clowns," past tense
- "Me and ____ and the Dying Girl"
- "Da" to a Russian
- Source of protein
- More, in Madrid
- *"Blackish" family
- *"Fuller House" family
- "So long, farewell, auf Wiedersehen, ____"
- Skeleton in a lock
- Part of gastro-intestinal system
- Modulator-demodulator, for short
- Proper place for a napkin
- Inspiration for poets and musicians
- Born and ____
- Before of yore
- Sign up again

DOWN

- Simpleton
- Hokkaido native
- Smeltery refuse
- a.k.a. boreal forest
- Scrawny ones
- Army ____ hall
- Pirate's affirmative
- Old but in
- Door opener
- Adored one
- Half-moon shaped object
- Tommy and Spike, e.g.
- Straighten a paperclip, e.g.
- Abode toppers
- Israeli submachine gun
- Computer program input
- *Lucious and Cookie
- Arm bones
- *____ on the ground floor"
- Of higher order
- Deliver a tirade
- Opposite of binary
- Rocks at mountain base
- *Family in "The Middle"
- Castle's line of defense
- "Mi chiamano Mimi," e.g.
- Deserved consequence
- Chinese tapas
- What's old is new again, prefix
- Jousting match participant
- Bracelet-wearing part
- Sleep sound
- Doorframe part
- Airy emanation
- Sweep under the rug
- Financial aid criterion
- Done on a Smith Corona
- Joie de vivre
- One way to memorize
- *"Game of Thrones" bastard
- Inner, middle or outer, on one's head

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Crossword Puzzle Solutions on Page 6

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4 2			5			2 1	8
7 1				2		4	

Solutions on Page 6

SUMMONS

SUMMONS (Family Law)
 NOTICE TO RESPONDENT (Name): Horacio Guerrero
 Petitioner's Name is: Pablo Sarmiento
 CASE NUMBER: 17-FL-04298
 You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (HYPERLINK "<http://www.lawhelpca.gov>" www.lawhelpca.gov), or by contacting your local county bar association. NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court

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Fat Chance, Fast Change for Men this Holiday Season

By Rick Reed

Like the Titanic's meeting the iceberg, our holiday excess with gravy is disaster, dead ahead! For men sitting all day at work then watching sports season after season on the couch, the nachos are not our friends. The holiday meals ahead are like that proverbial iceberg in our diet. How did thirty-five year old Jason Ray Broumley get so cut and recapture his younger self? He says it was three things, two of them will power and Taekwondo.

Not TNT, but Taekwondo blew inches off his waist, as Jason describes his once sorry state, "Way too heavy, walking around it was awful my back was aching, short of breath, it actually felt like I was never going to be able to do anything physical, you know, ever again."

That kind of mental stress can make it worse for many men as they end up eating from the guilt felt in being too heavy and unhealthy. A vicious cycle sped up as hearty fat loaded meals are the centerpiece on the holiday calendar. WebMD reports obesity as 20% over your normal weight for your height. They also tie heart disease, stroke, high blood pressure and many other potentially life-threatening ailments to being overweight.

How did Jason break the cycle? He says determination was his key, "I definitely wanted something different, I wanted to change my life." And with time, training and support it has. "I feel healthier now than I ever have in my life because of Taekwondo" he said. From 260 to 180 with four inches less to carry around the middle, Jason says TKD has been an inspiration to also improve his diet. "I make better food choices, and haven't eaten fast food in years, so training is more than just a workout. It's incentive to live better."



Jason Ra Broumley, before his "Fast Change" with Robinson's TKD. Photo courtesy Rick Reed

Jason says he tried gym work, but found it mind-numbing and uncomfortable, "Kind of monotonous, same old thing every time, boring!" His choice to become healthier with TKD was influenced by his father studying martial arts at a time he wasn't interested. Another factor was making time to get his health in order, The Black Belt says, "I wanted something challenging. I was going to be learning a skill. It's something different every time I go. I'm learning something new every time so I think that's why I chose Taekwondo." Whatever form of exercise, getting off that couch, up from that seat and away from the screen are the first steps for men losing and controlling weight.

Rust may be good patina on old pickup trucks, but bad for men who 'rust' when they rest too much, and modern society keeps us sitting more often. A bridal services business owner often working at his computer, Jason Broumley found Robinson's Taekwondo as his choice for healthy fitness, and founder Grandmaster Clint Robinson an inspiration. Movement is the key, flexibility the door to better days as

body, mind and spirit are welded in the desire to lose weight and be healthy. According to the slimmed down Ray, "A better state of mind, physically sure, and spiritually too I think. Taekwondo has done that for me, for sure."

Making the decision to get healthy is critical, but Jason says, just showing up to train is half the battle. "I didn't think I was going to come back. After class I was down on the mat thinking I might not get up! But, I just kept going back." That determination proved to be self-fulfilling as weight loss, muscle and a better state of mind gives life new vigor. Jason's wife Bundi says, "His stress level has gone way down. He's more relaxed." And yes, men being relaxed and healthy is sexy. "Yes," Jason testified, "I would definitely say it is." That's the third thing!

So, enjoy the holidays, eat in moderation then get up, get busy with movement and take a fat chance on a fast change! Gain more from life like Jason, whatever exercise works for you. If you would like to try Taekwondo drop by a Robinson's TKD location for three free lessons, compliments ★



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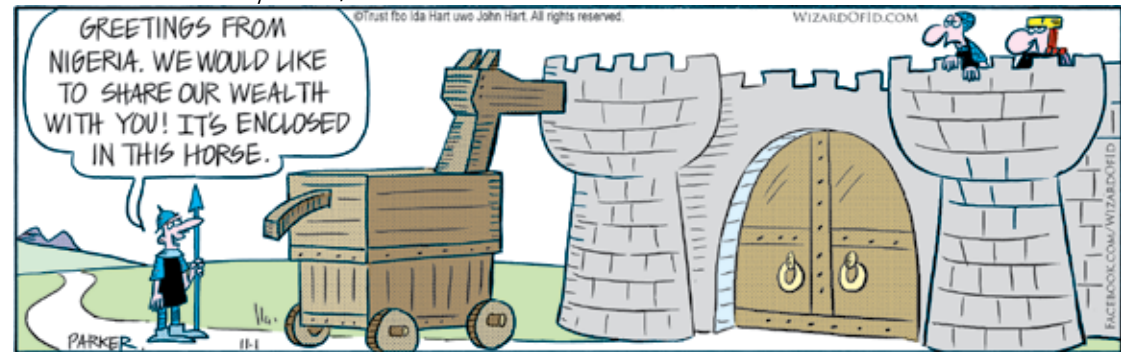
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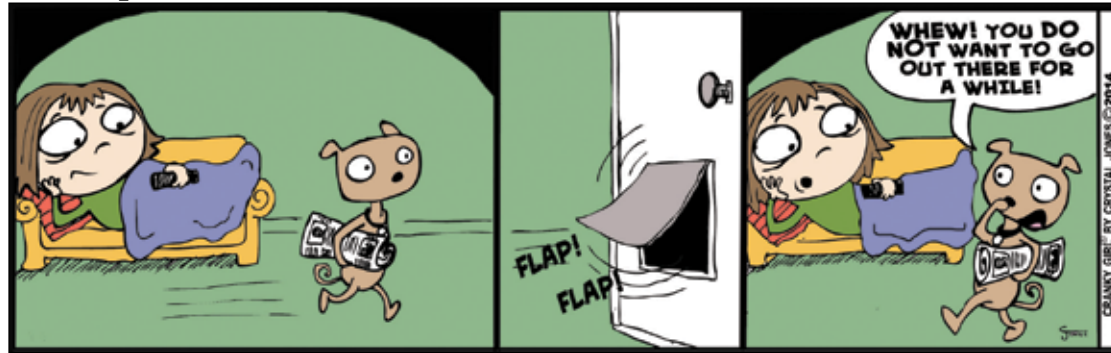
Hole Mo!é by Rick Hotten



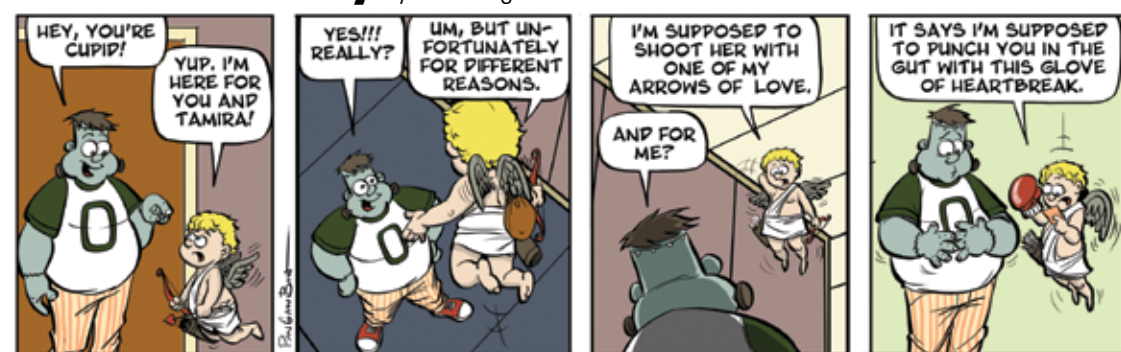
BC by Mastroianni & Hart



Cranky Girl by Crystal Jones



Frank and Steinway by Wil Panganiban



Tundra by Chad Carpenter



Funday Morning by Brad Diller



"COACH, WE'VE BEEN TOGETHER FOR THREE SEASONS NOW, AND WE WERE WONDERING... WHAT'S IT LIKE TO WIN?"

Loose Parts by Dave Blazek



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Make It Fun and It Will Get Done! The Secret to Being Organized Pam Young's Corner A November Afternoon that Seemed to Stretch Forever

"An Afternoon that Seemed to Stretch Forever," that was the title of a magazine article I didn't have time to read, but wished I did. I was just too busy. Still the idea haunted me throughout my hectic day and on into the packed weekend.

"Don't you just love this sentence," I asked my friend as we put the lids on the last canning jars of applesauce. "An afternoon that seemed to stretch forever."

"That all depends on what kind of an afternoon you're having!" (She'd just spent a nerve fraying, toxic weekend camping out in a leaky tent with a wild toddler and two cranky teenaged pubicycles belonging to her husband's relative.)

I hadn't even thought about how awful it is when a lousy day drags on and on. Since I laid eyes on the words, my brain had been creating for me a perfect, November afternoon. It would be an old-fashioned Sunday that would capture the soul of the season.

Actually, the perfect day would start the day before. Everything would be done that had to be; the laundry hampers and ironing basket would be empty so that everybody would have stuff in their closet to choose from to wear the next morning to church. Nobody would need to hunt for a thing, and just knowing that, would ensure a good night's sleep. (Looking good would also ward

off an in-transit church fight. Instead of being mean to each other in the car on the way to the sanctuary, each one would be part of a carload of kind spirits in their way to celebrate the Sabbath!)

The house would be clean, but comfortable. The floors would shine and the oven wouldn't smoke and stink when it was time to use it. The refrigerator would be fully stocked so that having to run to the store on Sunday for something for a recipe would simply not happen. The pantry would be practically spilling over with the bounty of the season's harvest. Since everything in there would be delicious anyway, the biggest decision would be what to choose. And choosing would be like being a chef in a four-star restaurant. The menu would be planned in vivid color and with the list of ingredients accounted for; a bit of preliminary chopping, peeling, pitting and paring would make things run smoothly in the kitchen when it came time to start the dinner.

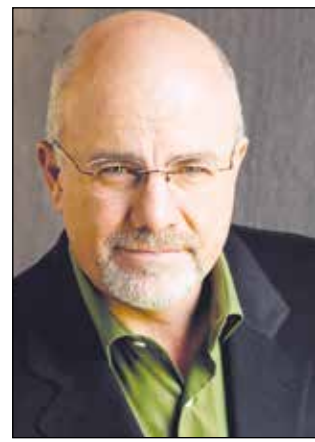
The dinner would be fit for company, but fixed just for the family. The last of the autumn chrysanthemums from the garden would take their place of honor at the dining room table, waiting to greet the family when everyone sat down together for the perfect old-fashioned Sunday dinner. At the table, there would definitely

be a roast with heaps of fluffy mashed potatoes and a gravy pitcher of wonderful gravy! There would also be a freezer of homemade ice cream that each one in the family had taken a crank at.

After everyone was stuffed and said so, the table would be cleared and the happy people who had gathered together to share the meal would casually separate and move to other parts of the house. Some would watch the football game, some would play cards, others would go for an after dinner stroll. But everybody would be cozy and contented and each one would wish that the old-fashioned Sunday afternoon would stretch forever.

This article was written 23 years ago, but it's still a dream that's stayed in my head and it never happened in real life. If you're in the middle of raising a family, just enjoy it, in spite of the mess it's in (even the in-transit church fights). This whole life thing is a miracle, so don't miss it waiting for some perfect day.

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon. ★



Dave Says

Rental properties? Baby Step 6

Dear Dave,
I have a rental property that I still owe some money on, and I've just begun Baby Step 2 of your plan. Should rental property debt be included in the debt snowball?

- Matt

Dear Matt,
No, it shouldn't. Baby Step 2 of my plan is where you use the debt snowball to pay off all debt — from smallest to largest — except for your home. This, of course, comes after Baby Step 1, in which you save up \$1,000 for a beginner emergency fund. I would include rental properties in the "home" category, and I urge people to get serious about paying off their homes a little further down the road in Baby Step 6.

To fill in the gaps, Baby Step 3 is going back and fully funding your emergency fund with three to six months

of expenses. Baby Step 4 is investing 15 percent of your household income in Roth IRAs and other pre-tax retirement plans, and Baby Step 5 means setting aside college money for the kids. Baby Step 6 is where you pay off your home, including any rental properties that weren't already paid for in cash, and Baby Step 7 is when you relax, build wealth, and give.

If it were me, I would pay off my primary home before taking care of the rental properties. That's simply a risk management perspective. However, if you owe just \$20,000 on your rental property but still have a \$3 million mortgage on your residence, you might go ahead and quickly knock out the rental property first.

Hope this helps!

—Dave

Budgeting for taxes

Dear Dave,
I recently started my own business, and I know I'm supposed to pay taxes quarterly. How do I budget for those, and how much do I save?

- McKenzie

Dear McKenzie,
You should always establish a separate checking account when you open a business. All your business income, and nothing else, should go directly into that account. Nothing else goes in or out of that account except for business expenses. What you have left, by definition, is profit.

When you take that home, set aside 25 percent for your federal, quarterly estimates. In most cases — especially with a small, start-up business — that will put you pretty close to what you'll need. If you make more than \$60,000 to \$70,000 in profits, however, you may want to kick that percentage up a little bit. It's always better to save too much than too little.

Best of luck, McKenzie!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. *The Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

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10 DISHES TO CHOOSE FROM

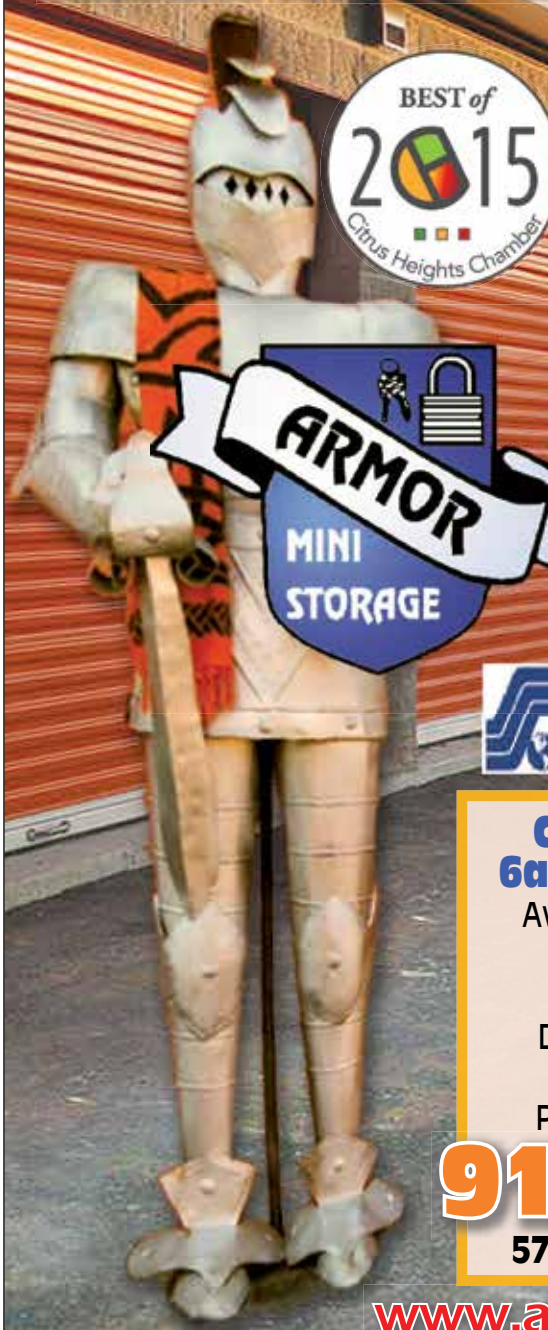
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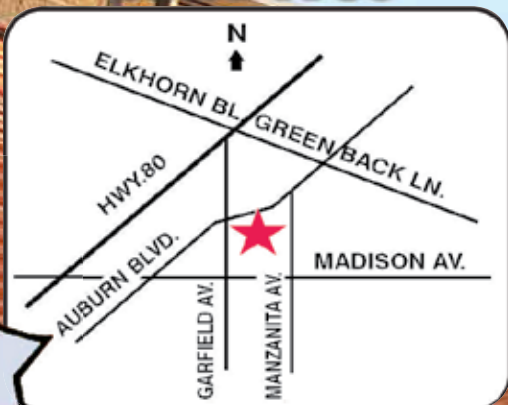
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If you want luxury, comfort and service in a gated, country club-style retirement community offering exceptional value ... If you want the freedom of an independent lifestyle in a spacious apartment or cottage, plus the convenience of additional levels of care at your community should your health needs change ... Come to Eskaton Village Carmichael, the Greater Sacramento Area's only continuing care retirement community. Take in our beautiful 37-acre campus and imagine your life with so many exciting opportunities right outside your door. **Come to a Fall Home Tour to learn more. Call for dates. Lunch is on us. Reserve your spot today.**

Your community. Your life. **Your choice.**

* Some restrictions may apply. Call for details.

Monthly fees from \$3673



eskaton.org/evc

Eskaton Village Carmichael Continuing Care Community (CCRC): Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing
916-967-1017
License # 340313383 | COA # 202



The Exciting New World of Snap On Dentures!



There are millions of people in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

Carmichael Dental Group

www.YourCarmichaelDentist.com

916-944-1197

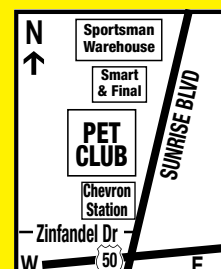
\$1,200.00 off
2 Implants with attachments to a Denture
Offer Expires 11/30/17

8329 Fair Oaks Blvd., Ste A Carmichael, CA, 95608

Look for Advertised Sale Items Everyweek at www.petclubstores.com

PET CLUB is Excited to Offer: Blue Buffalo, Chicken Soup, Earth Born, Evo, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods

PET CLUB
FOOD AND SUPPLIES
EVERYDAY LOW PRICES
Super Discount Prices • Hot Specials & Coupons
*Short term promotions from vendors
(No Membership Fees)



2344 Sunrise Blvd.
Rancho Cordova, CA
916-635-5008
Mon-Fri 9-8,
SAT 9-7, SUN 10-7
Effective 11/1/17 - 11/7/17



COUPON
FREE
1 LB SPORT MIX PREMIUM DOG BISCUITS
with the purchase of pet, fish food or supply.
Limit 1 Lb PLU 332 CT
Limit 1 Coupon per family
Effective 11/1/17 - 11/7/17

COUPON
\$5.00 OFF
ANY PURCHASE OF \$15.00 OR MORE OF PET OR FISH SUPPLIES
(Excluding Pet Food or Litter)
Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items.
Limit 1 PLU 351 CT
Limit: 1 Coupon Per Family
Effective 11/1/17 - 11/7/17

TASTE OF THE WILD
GRAIN FREE DRY DOG FOOD
•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon
30 Lb Bag **\$39.99**
Effective 11/1/17 - 11/7/17

NUTRO MAX
ADULT RECIPE DRY DOG FOOD
•Regular Max •Large Breed Adult •Beef •Senior •Lamb Meal & Rice •Mini Chunk
NEW SIZE
25 Lb Bag **\$21.99**
Limit 2 Bags Per Family
Effective 11/1/17 - 11/7/17

BLUE BUFFALO WILDERNESS
DRY DOG FOOD
•Chicken (\$10 Off Reg Price) •Duck •Salmon •Large Breed Adult •Healthy Weight
24 Lb Bag **NEW AS MARKED LOW \$8 OFF**
100% Grain Free
Limit 2 Bags
Our Regular Low Prices!
Effective 11/1/17 - 11/7/17

FRISKIES
DRY CAT FOOD
16 Lb Bag
•Surfing & Turfing •Seafood •Indoor
Limit 2 Bags **\$9.99**
Effective 11/1/17 - 11/7/17

9 LIVES
CANNED CAT FOOD
5.5 Oz All Varieties
Limit 1 Case Per Family **35¢**
Effective 11/1/17 - 11/7/17

FANCY FEAST
GOURMET CANNED CAT FOOD
All Varieties except Elegant Medley
3 Oz
Limit 2 Cases per Family **20/\$11.00**
Effective 11/1/17 - 11/7/17

JONNY CAT
PREMIUM CAT LITTER
20 Lb Bag
•Regular •Multiple Cat Formula
Limit 2 Bags **\$3.29**
Effective 11/1/17 - 11/7/17

FRESH STEP
SCOOPABLE CAT LITTER
42 Lb Bag
Limit 2 Bags per Family **\$12.99**
Effective 11/1/17 - 11/7/17

PRO-PLAN DRY DOG FOOD **\$3 OFF**
30-35 Lb Bag Limit 2 Bags Per Family
•Chicken & Rice •Lamb & Rice •Beef & Rice •Sensitive Skin & Stomach •Lite •Bright Minds
OUR SUPER DISCOUNT PRICE

FUSSIE CAT PREMIUM DRY CAT FOOD
Market Fresh Recipe
•Chicken & Turkey •Salmon •Salmon & Chicken
2 Lb, 4 Lb, 10 Lb bag
As Marked **20% OFF**
OUR REGULAR LOW PRICES

CAREFRESH PET BEDDING
60 Liter (Ultra Not Included) **\$12.99**

WELLNESS CANNED DOG FOOD
Limit 2 Cases Natural 12.5 oz. Regular **\$1.89** •Stew **\$1.99** •Core

EARTH BORN HOLISTIC CANNED CAT FOOD
•Grain Free •Selected Varieties
Limit 1 case 3 Oz. **79¢** 5.5 Oz. **\$1.29**

FELINE PINE HEALTHY CAT LITTER
20 Lb Bag Limit 2 Bags **\$7.99**

SCIENCE DIET DRY DOG FOOD
28.5 lb-33 lb Bag
•Lite •Active Maturity •Perfect Weight •Healthy Mobility •Sensitive Stomach •Oral Care
Limit 2 Bags **\$4 OFF**
OUR DISCOUNT PRICES

NUTRO MAX MAX CAT DRY CAT FOOD
6 Lb Bag Limit 2 Bags **\$8.99**

MEOW MIX CAT FOOD
Market Select 2.75 Oz Cup Limit 1 Case **49¢**

PRECIOUS CAT CLUMPING CAT LITTER
20 Lb Box Limit 2 Boxes Cat Attract **11.99** Touch of Outdoors **\$7.49**

MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD
25 lb Bag
•Adult •Grain Free Chicken & Turkey •Grain Free Beef & Lamb •Grain Free Salmon & White Fish
Limit 2 Bags per Family **ON SALE**

GREENIES DOG TREATS
12 Oz Pkg
•Chewy Texture • Easy to Digest •Teeny (43 Ct) •Reg (12 Ct) **\$4 OFF**
•Regular •Grain Free •Petite (20 Ct) •Large (8 Ct)
OUR SUPER LOW PRICES

GIMBORN FREEZE DRIED DOG TREATS
3-4 Oz **\$5.99**
•Beef & Liver •Chicken & Liver 11.5-14 Oz **\$16.99**

NORTH STATES PET GATES All Models **20% OFF**
OUR SUPER LOW PRICES

PENN-PLAX CASCADE POWER FILTER SALE
MODEL TANK SIZE PET CLUB SALE
CASCADE 100 20 Gal. **\$13.99** Revolutionary
CASCADE 150 35 Gal. **\$17.99** Bio-Falls Quad
CASCADE 200 50 Gal. **\$20.99** Filtration System
CASCADE 300 100 Gal. **\$27.99**

CHUCK IT FETCH GAMES **20% OFF**
OUR SUPER LOW PRICES
•Ball Launchers •Flying Squirrel •Tennis Balls •Glow Balls •Ultra Balls All Varieties

EIGHT-IN-ONE ECOTRITION SUPPLEMENTS & BLENDS **\$1.79**
6-8 Oz (Avilac - \$2.19)

TETRA BOXED 10 GALLON TANK With Economy Kit
Just add Heater For Tropical Fish **\$36.99** Limit 1 Per Family

KENT MARINE WATER SUPPLEMENTS **20% OFF**
OUR SUPER LOW PRICES

FRISKIES BUFFET CANNED CAT FOOD
5.5 Oz All Varieties
Limit 1 Case With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 11/1/17 - 11/7/17 **45¢** CT PLU 367

WHISKAS TEMPTATIONS CAT TREATS
•All Varieties Except Natural - 3 Oz
Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 11/1/17 - 11/7/17 **\$1.19** CT PLU 569

KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL **\$11.99**

JONNY CAT CAT LINERS
Jumbo Drawstring - 5 Ct
Limit 1 Box with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 11/1/17 - 11/7/17 **\$1.89** CT PLU 449