

## Carmictad Times



STATES FORM AN ALLIANCE TO DEFY TRUMP


BUSIIESS COACH HOLDS SPECIAL OPEN HOUSE


PAGE 3



Story and photos
by Susan Maxwell Skinner
CARMICHAEL, CA (MPG) - Directing the Mission Oaks Community Center brings
Terri McAdam in contact with more than 900 Terri McAdam in contact with more than 900
people every week. She has a wide smile for each of them. Happiness is contagious and genuine. "The past 34 years," she says "have given me the job of my dreams."
Tall, slender -- and with blonde hair that swings with each step -- she seems nowhere close to retirement age. But there is a 33 -year marriage to Malcolm McAdam to support over60 rumors. There is also a granddaughter and 25 -year-old daughter Chelsea doing mom's exact duties for the Orangevale Park District. McAdam is taking pending retirement in stride. In December, Mission Oaks veteran
Rod Dahlberg will take her job. "It will be Rod Dahlberg will take her job. "It will be
bittersweet to walk away from a place so bittersweet to walk away from a place so
dear to my heart," she predicts. "Yet I know dear to my heart," she predicts."
the facility's heartbeat goes on."
Indeed, the beat will continue with the former boss as a customer. She anticipates enrolling in some of the programs she helped establish over the last three decades. "I started our baby boomer dances," she explains. We thought we'd try dances with music my age group grew up with. A hundred people showed up on the first night. That told us there was a need for middleaged people to socialize. I'll go back and enjoy those dances myself. I'll also be part of our wine appreciation group and our travel
 to-infinity policy was not just a catch
phrase. Among early roles was supervis-
ing the park district's pre-school. Stages ing the park district's pre-school. Stages and ages of her own life soon became inter-
twined in her workplace. "My wedding was twined in her workplace. "My wedding was
at Mission Oaks." she says "My four kids at Mission Oaks," she says. 'My four kids joined our day camp programs and became junior volunteer leaders. My daughter got
married here last year" "I've always looked
"I've always looked forward to coming to work," she attests. "I'm surrounded by
people with good hearts. From my office people with good hearts. From my office
window I see people of all ages doing fitness classes. I know we're keeping them healthier for longer. We give them richer and more active lives and I draw energy from that. Back in my 50s, I watched our senior ballroom dances. I wondered what they'd be like in 10 years. Well, they're still going on. I learned that those programs saved lives. Often, when someone lost a spouse, they'd find another here.
he says. Pimes feel like a counselor,"
like a counselor,"
me Lucy - like the
character from Peanuts -- because I lend a sympathetic ear and give advice." Like Lucy, McAdam is empowered by her own creativity. "I tell restaurant servers I'll take the (senior) discount. I meet the age criterion but don't call me a senior; I'm a boomer.
"At Mission Oaks, I've always had free-
dom to be creative. We've begun programs dom to be creative. We ve begun programs
that didn't exist before. We have health that didn't exist before. We have health
fairs; inter-generational Easter egg hunts; we fairs; inter-generational Easter egg hunts; we
started "hot-to-trot" fun walks. Our travel started "hot-to-trot" fun walks. Our
parties have been all over the world.
McAdam and the center's staff have lon been boosted by unpaid efforts. "We've had so many amazing volunteers at Mission Oaks over the years," attests McAdam "With our budget limitations, volunteers are critical. We're always recruiting people to help with our lunch programs and to answer questions at the front desk. We look for people with nice smiles; who work well with others. I tell them we're here to save lives. "Giving to others is a reward you feel inside."

Sacramento Arts Festival Celebrates Twentieth Anniversary
craftspeople and fine artists
offering more than 15,000 orig-
inal works. It will feature both inal works. It will feature both local and national artists from 11 states, as far away as New York.
There will be special demonstraThere will be special demonstra-
tions of craft and art where attendees tions of craft and art where attendees
can meet and talk with the talented can meet and talk with the talented
artists and craftspeople about how they make their unique items. Also included will be delicious festival food featuring Spiro's
Gyros (Greek), Indian Gourmet, Gyros (Greek), Indian Gourmet,
American cuisine, and five venAmerican cuisine, and five ven-
dors selling take home food, as dors selling take home food, as
well as continuous live Main well as continuous live Main
Stage entertainment including the Stage entertainment including the
GG Amos Blues Band, The Kurt GG Amos Blues Band, The Kurt
Ribak Jazz Quartet, and Gabe Ribak Jazz Qu
Lewin on guitar.
The event is planned for Friday through Sunday, November 3-5.

photographer John Lane. Photo
courtesy John Lane Photograpy
Saturday 10 am to 6 pm , and Sunday from 10am to 5 pm , at the Sacramento Convention Center, 1400 J St. (Entrance at 14th and J Streets), Sacramento, CA 95814. Admission is $\$ 8$ Adults, $\$ 7$ Seniors, with children under 12
free. For more information, free. For more information, tickets and $\$ 1$ off coupon please visit www.sacartsfest.com.
Source: c3 Communications,

COPH Taking Action to Increase Hepatitis A Vaccine Supplies

By Corey Egel, CDPH
SACRAMENTO, CA (MPG)
California Governor Edmund G Brown Jr., on October 13th, declared a state of emergency to help control the state's hepatitis A outbreak and increase the supply of adult hepatitis A vaccines to meet current needs.
"Vaccinating people at risk
of exposure is the most effecof exposure is the most effec-
tive tool we have to prevent tive tool we have to prevent
the spread of hepatitis A infecthe spread of hepatitis A infec-
tion during an outbreak," said tion during an outbreak, sabid
California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith.
To help combat the outbreak, CDPH has already distributed nearly 80,000 doses of the vac-
cine that were obtained through cine that were obtained through the federal vaccine program, but those supplies must be increased to continue to address the outbreak. The declaration allows
CDPH to immediately purchase CDPH to immediately purchase
additional vaccines directly additional vaccines directly
from manufacturers and dinate distribution to people at dinate distribution to people
greatest risk in affected areas greatest risk in affected areas. The adult hepatitis A vaccine
is different than the one given to is different than the one given to
children of which there is ample supply.
The risk of hepatitis A infection is associated with poor
sanitation and hygiene and is sanitation and hygiene and is
transmitted through ingestion of contaminated food and drink or through direct contact with an infectious person. The current outbreak has largely impacted people experiencing homelessness and some illicit drug users. The virus can live for months in a contaminated environment, particularly in the absence of good sanitation.
To control this outbreak and prevent further spread, CDPH people in affected areas who are homeless or using illicit drugs. CDPH also recommends vac cination of people who have frequent, close contact with at-risk populations in affected areas. CDPH is working with impacted counties to monitor the outbreak and implement vaccination efforts and is also providing guidance on improving sanitation, including access to handwashing facilities and toilets, to lessen the spread of
the virus. the virus.
"Local public health officials are working hard to offer vac-
cines to people who are at the cines to people who are at the
most at risk of infection, includmost at risk of infection, includ-
ing homeless Californians," said ing homeless Californians," said
Dr. Smith. "Today's order will help ensure communities can continue to deliver the vaccines where they are needed most. Hepatitis A infection typi-
cally causes fever, a general ill feeling with lack of appetite and nausea, and, later in the course of the infection, yellowness of the skin and eyes. Severe hepatitis A infection is rare but does occur in people with underlying liver disease and can cause the liver to fail, potentially leading to death.
For more information about hepatitis A www.cdph.ca.gov. Source: www.cdph.cagov

## Nearly $\mathbf{4 , 0 0 0}$ Volunteers Celebrate Five Years of Caring



Volunteers celebrate as United Way collects school supplies for its Stuff the Bus campaign, one of
dozens of projects that took place during United Way's 2017 Day of Caring in September. Photo courtesy dozens of pro
United Way.

By Kristin Thébaud

## SACRAMENTO REGION, CA

 (MPG) - Since United Way California Capital Region held its inaugural 2013 Day of Caring, 3,692 volunteers have spent one day caring for their community over the last five years. Volunteers donated 18,054 hours of service, valued at $\$ 366,572$, for 182 projects with nonprofits, parks and schools across the region, including on United Way's 2017 Day of Caring that took place Sept. 22-23."In just five years, Day of In just five years, Day of Caring has become the single region," said Stephanie Bray, president and CEO, United Way California Capital Region. "Thousands of vol unteers have dug their hands in to help hardworking nonprofits, parks and schools that do so much for our community every day."

Hundreds of volunteers donated time for United Way's 2017 Day of Caring at including building garden beds at schools, painting non profit program facilities and cleaning up parks. The event began with a kickoff break fast and rally at Cal Expo that included an appearance by Mayor Darrell Steinberg. As part of this year's Day of Caring, United Way held
its inaugural Stuff the Bu its inaugural Stuff the Bu campaign, which raised more than for Robla School supplies for Robla Sch Nationwide has been the presenting sponsor for Day of presenting sponsor for Day of
Caring since it began in 2013 Project sponsors for 2017 included Dr. Pepper Snapple Group, ESM Prep, KPMG Law Offices of Deon R. Stein, Nelson Staffing, SAFE Credit Union, SMUD, Social Interes Solutions, Sutter Health

Syzmanowski Orthodontics TaxAudit.com and Zurich. Media partners included Entercom Radio's ESPN Radio 1320 AM, 98 Rock, Eagle 96.9 FM and 106.5 The End.
Day of Caring is part
of United Way California of United Way California
Capital Region's Square One Capital Region's Square One Project, a 20-year promise to significantly increase the number of local students who graduate from high school ready for success in college and beyond. Through nine decades of work and research across Amador, El Dorado, Sacramento, Placer and
Yolo counties, United Way Yolo counties, United Way
believes ending poverty starts in school and is working to in school and is working to milestones for success in college or career. To donate or volunteer: www.yourlocalunitedway.org.
Source: Thébaud Communications

## A New Water Year Brings Uncertainty

By Maggie Macias, DWR SACRAMENTO, CA (MPG) - After five years of drought, the 2017 water year brought unexpectedly heavy precipitation, ranking second only to 1983
as California's wettest year for state wide runoff. The dramatic swing in water conditions highlights the need to develop better long-range weather forecasting to cope with the state's highly variable annual precipitation. DWR begins water year 2018 intent on narrowing the forecasting
gap with improved sub-seasonal to gap with improved sub-seasonal to
seasonal (S2S) forecasting. Working seasonal (S2S) forecasting. Working
with researchers at the National with researchers at the Nationa
Aeronautics and Space Administration Aeronautics and Space Administration
(NASA) and the Scripps Institution of Oceanography, DWR is developing innovative technology to forecast ing innovative technology to
land-falling atmospheric rivers. "Current short-term forecasting for seven days out is 70 percent accurate, while the 14 -day forecast is only seven percent accurate,
said DWR Director Grant Davis "That isn't adequate for water management. Advancing accurate, even longer-range forecasting is critical for our ability to plan for California's highly variable weather."
The water year that ended September 30 saw an extraordinary number of atmospheric rivers
that created high water conditions that created high water conditions
throughout the state. The Feather throughout the state. The Feather River watershed and February which
off in January led to some of the highest inflows into Lake Oroville ever recorded More accurate forecasting would have helped DWR manage reservoir levels to deal with significant inflow in the days following the February 7 discovery of erosion on the main spillway at Lake Oroville. Better forecasting also would help inform the spillway's reconstruction timeline based on predicted precipitation. The record-setting precipitation in Northern California and above-average rainfall elsewhere contributed to flooding in several river systems Fifty-two counties declared states of
emergency due to the January storm emergency due to the January storm
sequence and flood fight materials sequence, and flood fight material
and specialists were pre-positioned and specialists were pre-positioned
in Merced, Butte, Stanislaus, Fresno in Merced, Butte, Stanislaus, Fresno,
and San Joaquin counties based on the forecasts in anticipation that local
gencies would request support. awarded more than $\$ 4.2$ million in Despite record-breaking rainfall 2017, drought impacts still linger Governor Edmund Brown Jr. issued an executive order in April to end the statewide drought emergency, but maintained a state of emergency for the counties of Fresno, Kings, Tulare, and Tuolumne, where homes with dry or contaminated private wells continue to receive emergency drinking water deliveries
One success story stemming from Eme drought is the East Porterville Emergency Water Project, which
will see 756 unincorporated East Porterville homes connected to the Porterville homes connected to the
City of Porterville's municipal water city of Portervilies municipal water by the end of 2017. Similar supply by the end of 2017. Similar
projects are underway in the communities of Okieville, Monson, and Seville-Yettem to connect an additional 195 homes to a sustainable water supply.
Another highlight of the 2017 water year was the announcement that 99 percent of the state's highand medium-priority groundwater basins met a key deadline to form local Groundwater Sustainability Agencies (GSAs) under the state's landmark Sustainable Groundwater
Management Act (SGMA) of 2014. Management Act (SGMA) of 2014. California depends on groundwawater a mapply portion of its annual water supply, particularly during
times of drought. The long-term planning required by SGMA will planning required by SGMA will teduce the impacts of groundwaand provide a buffer against drought and climate change.
Although a wet 2017 minimized the risk of subsidence in historically affected parts of the San Joaquin Valley, DWR continues to fund satellite- and aircraft-based radar monitoring of subsidence by NASA to support local implementation of SGMA.
Looking ahead, DWR is preparing for the uncertainty of water year 2018 and beyond. In August, Board adopted the 2017 Protection Board adopted the 2017 update to Plan, prepared by DWR, which Plan, prepared by DWR, which ecommends long-term multi-benmanagement. This past year DWR
awarded more than $\$ 4.2$ million in
Delta Flood Emergency Response grants to improve Delta flood response and increase public safety. In the past five years, DWR has awarded 46 grants totaling $\$ 25 \mathrm{mil}$ lion to develop and update flood safety plans, and increase coor dination, training, and flood fight supplies for local agencies across the state.
Ongoi
Ongoing SGMA implementation will bring overdrafted groundwater basins into balance to protect our water supply against the impact of prole
change.

Calif Waterix will California WaterFix will upgrade
California's water supply infrastructure to more reliably transport water ture to more reliably transport water
through the Delta, protecting against the impacts of natural disasters and the impacts of natural disasters and climate change. The project provides responsible way to convey water during significant precipitation events for use in dry years. Construction could begin in 2018, pending support from public water agencies.
The first phase of reconstruction on the Lake Oroville spillways will be completed by November 1, 2017, ensuring the spillway can handle 100,000 cubic feet per second (cfs) this water year. Phase 2, which will be completed by end of 2018/early design with a capacity of 270,000 design with a capacity of 270,000
cfs. The emergency spillway will chs. The emergency spillway will
be reinforced with several erosionprevention features, including a cutoff wall to prevent head-cutting erosion.
In the face of California's highly variable weather patterns, DWR and our local, state, and federal partners are working together to ensure that Californians are prepared. Infrastructure improvements and advances in accurate, long-term forecasting are critical to public safety and sustainability. When it comes to water, California must prepare for the worst and hope for
the best. Read more about water the best. Read more about water year 2017 in the report ",
Difference a Year Makes."
Every Californian should take Every Californian should take
steps to conserve water. Find steps to conserve water. Find out Source: DWR

American River Community Church
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FALL BOOK SALE

## Business Coach Holds Special Open House



## By MPG Staff

sacramento region, ca (MPG) - Some things get better with age. Business gets better with coaching.
On Wednesday September 13th, BusinessCoach.com held its annual open house at their offices in Sacramento, with a special surprise in store for one of the partners.
Gary Henson, president and
founder of the business, invited founder of the business, invited
folks from all over the greater folks from all over the greater
Sacramento area to enjoy some food, drink, and fun, and to participate in a big surprise.
During the first hour event Gary introduced everyone to his staff at BusinessCoach. com, which includes his wife, Jenene Stafford, the Architect of the Company, Sales Partner Johnny Lujan, and Executive Assistant Brittany Swafford. The best part of the eve
ning was revealed at the end ning was revealed at the end,
when cake and decorations were when cake and decorations were
brought out as a surprise for brought out as a surprise for
Mr. Henson's wife Jenene, who Mr. Henson's wife Jenene, who
turned 50. Friends she hadn't turned 50 . Friends she hadn't
seen in years were there to wish seen in years were
Gary and the team at

coacty. Photy by celebrat Scholl
part
hank everyone who came out profit
and helped make Jenene's night such a special treat. BusinessCoach.com is the industry leader in Executive Coaching services. They proalso teach, certify, and empower those who want to become or already are, business coaches They work with owners and leaders that are stuck working long hours, managing underperforming employees, and are struggling to produce enough

Over the past 28 years they have helped over 7000 clients stay focused, work less hours, and dramatically increase their profits to provide them overall "You ore growing the Gary says, you are least comfortable" BusinessCoach com is located Business Hurley. Way Ste lled in Sacramento, CA. We can be reached by calling (916)-922-7766 or emailing admin@ businesscoach.com. $\star$

## CARING FOR

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A crisis program starts with gathering state required critical documents in one place so that you can get your loved one into respite care, assisted living or memory care easily. There's a myriad of items to pull together-which is why at Aegis Living assisted living and memory care we have
THE AEGIS RED CRISIS File.
The file is a checklist and folder we use to compile emergency documents ready for quick admission. The Aegis' Red Crisis File is FREE and something we offer as a public service.

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Áegis Living of Carmichael 4050 Walnut Ave, Carmichael, CA 95608 916-231-9458


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## Baha'is of Carmichael Marking the 200th Anniversary

Celebrating the Birth of Bahá'u'lláh, Founder of the Bahá' Faith

Baha'is of Carmichael are preparing to mark the 200th anniversary of the birth of Bahá'ulláh, the Founder of the Bahá' Faith, on October 22, 2017. Bahá'u'lláh (18171892) was a spiritual teacherWho announced in 1863 that He was the bearer of a new revelation from God. His teachings have spread around the world, forming the basis of a process of social transformation and community building which is unique in its global scope and the diversity of participants. The Light of Unity Festival is a celebration of the transformative impact of Bahá'u'lláh's teachings on the lives of families, neighborhoods and communities around the country and the world. Bahá'u'lláh's vision of the oneness of humanity is an antidote to the racial prejudice and materialism


BAHÁÍ FAITH
LIGHT of UNITY FESTIVAL $200^{\text {TH }}$ BIRTHDAY OF BAHÁ'U'LLÁH
that are corroding American society.
"Now more than ever we need positive models of social change that bring people together rather than divide them," said Chris Miller. "This is what we will be celebrating in the months leading up to Baháu'llán's birthday celebration in October."
The Light of Unity Festival is not an event but a series of activities generated at the grassroots level all around the country, which reinforce Bahá'u'lláh's vision of the
oneness of humanity and empower participants to contribute. Activities will include drama, music, art exhibits, storytelling, service projects, prayer and devotional programs. At the national level, the Bahá'i House ofWorship inWilmette, IL will host a nine-week series of programs beginning in early September on themes applying the principle of the oneness of humanity to contemporary challenges, including environmental justice, race relations, indigenous peoples, human rights, and the harmony of science and religion.

Plans underway include a large public celebration at the Unitarian Universalist Society 2425 Sierra Blvd., Sunday October 22, 2017 For more information emai carmichaellsa@gmail. com.


MISSION OAKS RECREATION \& PARK DISTRICT Office Hours: 8 am- 5 pm Registration Hours: 8:30 am - 4 pm Monday-Friday MORPD.com

DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael, CA 95608 MISSION OAKS COMMUNITY CENTER (916) 972-0336 • Fax (916) 972-7371 4701 Gibbons Dr., Carmichael, CA 95608 SWANSTON COMMUNITY CENTER (916) 333-6464 • Fax (916) 488-4349 2350 Northrop Ave., Sacramento, CA 95825

## Secured Property Tax Bills Mailed, Due

## Special Release

## SACRAMENTO COUNTY, CA (MPG

 more than 457,000 secured property tax bills that are payable beginning November 1, 2017 and are mailed only once a year.However, property owners may However, property owners may
pay their bills in two installment pay their bills in two installment payments: The first installment
payment must be received or postmarked no later than 5:00
p.m. on December 11, 2017; The second installment payment must be received or postmarked no later than 5:00 p.m. on April
10, 2018; Both installments may be paid when the first installment is due. A reminder notic installment.
Taxpayers may sign up fo
online e-mail notifications fo annual secured property tax bills and reminders before delinquent dates. Choose "e-Subscribe for property tax payment notifications" link to receive these
notifications. notifications.
Due to an improving real Due to an improving real
estate market, many parcels in Sacramento County will have an increase in
assessed value.
Some parcels that were previously in Prop 8 Decline-In-Market-Value status will have but are still below their fac13 level. Others will have their Prop 13 values restored. Fewer
than 50,000 Sacramento County parcels are still under Prop 8 assessment. The Assessor's Office annu-
ally appraises parcels until theii market value equals, or exceeds the factored Prop 13 value.
Property tax law requires that parcels be assessed at their fac tored Prop 13 value, or their fair market value (as of the January 1,2017 property
whichever is less.
increases in a parcel's annual tax increases in a parcel's annual tax
bill if that parcel was in Prop 8 status last year. However, the
assessed value of any parcel cannot increase beyond that parcel's factored Prop 13 level. The 2 percent inflation cap applie only to Prop 13 assessments. It
does not apply to Prop 8 assessdoes not apply to Prop 8 assess-
ments, which by law must track the property's market value until it reaches the Prop 13 factored
 or.saccounty.net, under
"Assessed Value Lookup," that "Assessed Value Lookup," that the factored Prop 13 value for comparison. If a taxpayer has value as of January 1, 2017 , is less than that shown on this year's (2017-2018) tax bill,
hey should: Visit the Assessor's Website; Call the Assessor's Office, 916-875-0700; Or, go
to the Assessor's Office at 3701 Power Inn Road, Suite 3000 . Taxpayers may obtain curren year tax bill information, direct pry information and delinquent prior year tax information and county.net and search by APN or address, or use the smartphone address, or use the smartphone QR Code on your tax bill payment
stub to connect to our website. Taxpayers may make payments online via credit card, debit card or electronic check; mail in their payments with a payment stubs to P.O. Box 508, Sacramento, CA 95812-0508; or pay by credit card, debit card or electronic check over the telephone at 1-844-430-2823. Sacramento County also
has a 24 -hour/7-day-a-week Automated Property Tax Information Line that provides
information tax subjects and access to detailed billing and access to detailed billing and payment information. Tax spe-
cialists are available 9 a.m. to 4 cialists are available 9 a.m. to 4 p.m., Monday through
calling 916-874-6622.
son at the Sacramento County
Tax Collector's Office at 700 Tax Collector's Office at 700
$H$ Street, Room 1710, between a.m. and 5 p.m., Monday hrough Friday. In-person payments can be paid via cash, check, credit card, debit card or money order. Debit and credit cards cannot be accepted o start redemption payment plans. When paying by check, the County is authorized to use information from the check to make a one-time electronic fund transfer from the account or to
process the payment as a check transaction. Mail your payment early enough to ensure a timely postmark and avoid penalties. If you own property and If you own property and November 15, 2017, obtain tax bill information and payment stubs (coupons) at the Tax Collector's website, or call the Tax Collector's Office, 916-874-6622.
Failure to receive a tax bill oes not relieve the property owner of the liability to pay taxes in a timely manner or give he Tax Collector reason to cancel penalties imposed for late
payment.
Even if your tax bill is being Even if your tax bill is being paid by a lending institution
(mortgage company), state law (mortgage company), state law
requires that a copy of the tax bill requires that a copy of the tax bill
be sent to the property owner; all property owners should receive either the original tax bill or an "Owner's Information Copy." It is the responsibility of the property owner to keep their mailing address current with the Assessor's Office. To update your mailing address, please contact the Assessor's Office in writing at 3701 Power Inn Rd., Suite 3000, Sacramento, CA 95826-4329 or via email at Assessor@saccounty.net. Please make sure you include a parcel
number and phone number with all correspondence. 11 correspondenc
Source: Sacramento County Media

Virtual Tour Explains Challenges of Dementia


By Rick Beasley
sacramento region, CA (MPG) Dementia is not a disease. It is a broad term used to describe a and reasoning skills that imory and reasoning skills that impact and interfere with daily life. Even
though the prevalence rate of dementia has fallen dramatically in dementia has fallen dramatically in
recent years, there are still over 7 million American seniors today that have some form of dementia. There are a large number of ognized diseases associated with dementia-Huntington's disease, Parkinson's, Wernicke-Korsakoff Syndrome, Lewy bodies to name just a few. Alzheimer's disease is by far the most prevalent and recognized form of dementia. There are presently 5.5 million Americans with Alzheimer's. Someone in the United States develops Alzheimer's disease every 66 seconds (American is 500,000 additional American every year. By 2050 , that number of every year. By 2050, that number of
Americans with Alzheimer's disease Americans with Alzheimer's disease Alzheimer's disease results in the loss of brain cells and cognihe loss of brain cells and cogni-
tive functioning abilities. Even though it is a progressively degenerative and ultimately fatal disease, Alzheimer's can be managed with treatment, care and changes to in daily environment and living conditions.
 normal part of the aging process. However, increasing age is the
number one risk factor involving the disease-with the vast majority of afflictions occurring in people 65 and older.
Family
Family histories and genetics are not a major factor in the devel-
opment of Alzheimer's opment of Alzheimer's. Some
rare forms of dementia (such as Huntington's disease) are inherited Huntington's disease) are inherited,
but having a parent or grandparent but having a parent or grandparent
with Alzheimer's does not increase with Alzheimer's does not increase
your overall risks compared to the your overall risks compared to the
rest of the population. Less than $1 \%$ rest of the population. Less than $1 \%$
of all Alzheimer's cases are thought to be linked genetically (Dr. Nick Fox, Institute of Neurology in London).
There are ten generally recog-
nized warning signs nized warning signs of Alzheimer's, that range from daily memory losses to decreased difficulties completing familiar tasks, to dramatic changes in moods and personalities. Typical and normal age related changes, such as occasionally forgetting some names or appointment
or misplacing items from time to or misplacing items from time to Alzheimer's. A normal age related Alzheimer s. A normal age related question would be: "Where are my
car keys?" An Alzheimer's warning sign might be: "What are these ing sign might be: "What are these
keys for?"
There are a number of educational programs and seminars relating to Alzheimer's research, care and development. One such program is the Virtual Dementia Tour (developed by Second Wind Dreams), which briefly simulates dementia on a user in a controlled environment. This tour is
approximately 20 minutes long and consists of a 5 minute guided tour segment where the user is instructed to perform simple, household tasks while having simulated demen-
tia characteristics, followed by tia characteristics, followed by an
overview, cool down and debriefoverview, cool down and debrief-
ing period that explains what they ing period just experienced. This program had just experienced. This program
is intended to help provide understanding and empathy towards those afflicted with Alzheimer's.
$\qquad$ Assisted Living in Rancho Cordova, has been effectively using this program and finding immediate results, commenting: "Our staff and family members have had dramatic experiences after going through this tour. It has made a noticeable difference on how our staff interacts with memory care residents and how much more tolerant and empathetic family members are in dealing with
their loved ones." Beasley is so their loved ones." Beasley is
impressed by the initial result impressed by the initial results
of the tour, that she has offered of the tour, that she has offered
to have her Summerset team proto have her Summerset team pro-
vide this tour to anyone interested vide this tour to anyone interested
within the general public, addwithin the general public, add-
ing: "This is a compelling and possibly life-changing event that possibly life-changing event hat
anyone remotely associated or touched by the effects of dementia should experience". Beasley can be reached at (916) 3301300 or by visiting Summerset Rancho Cordova Assisted Living and Memory Care center at Cordova. Cordova.

## Flick-or-Treat Returns to Raley Field

Annual Community Halloween Event Features Movie Screening and Trick-Or-Treating west sacramento, ca (MPG) -Flick-or-Treat is back for its Library, WestSacramento We is a famous wizard and $\begin{array}{ll}\text { Flick-or-Treat is back for its } & \text { Library, WestSacramento he is a famous wizard and } \\ \text { fourth year at Raley Field. } & \text { Police, Yolo County Library, begins his education, and is }\end{array}$ fourth year at Raley Field. Police, Yolo County Library, begins his
To commemorate the 20th
and more will be in attendance,
rated PG. anniversary of the release of handing out treats and other
Harry Potter Harry Potter and the Sorcerer's goodies. Local media, including to Stone, this generation-defining
story will play on the vid-
be participating. Additional pre$\begin{array}{lll}\text { story will play on the vid- } & \text { be participating. Additional pre- } \\ \text { eoboard following an evening } & \text { movie activities include Harry }\end{array}$ filled with trick-or-treating, Potter themed games, arts and games and prizes, and more crafts, a costume contest, and at Raley Field on Saturday, October 28th. Flick-or-Treat is part of Dinger's Drive In, a two-part movie series at Raley
Field. Field.
$\quad$ Pre-movie trick-or-treating on October 28th is offered the movie screening begins Various local partners and orgaVarious local partners and orga-
nizations, including Sacramento much more.
Harry Potter and the Sorcerer's Stone, Warner Bros' wizard-filled fantasy film
based on the novel series by based on the novel series by
J.K. Rowling - stars Diniel J.K. Rowling - stars Daniel
Radcliffe, Rupert Grint and Radcliffe, Rupert Grint and Emma Watson. The adven-
turous movie follows Harry Potter's first year at Hogwarts Potter's first year at Hogwarts
School of Witchcraft and

The screening is scheduled to start at 6:00 p.m. Trick-ortreating and family friendly activities will begin when gates open at 4:30 p.m. Tickets for all children are $\$ 4$ while adults are $\$ 6$. Tickets can be purchased online or by visiting the Round Table Ticket Office at Raley Field. This event is rain or shine.
For more information about the River Cats, visit www.rivercats.com. For information
on other events at Raley Field, on other events at Raley Fiel visit www.raleyfield.com.
Source: Sacramento Source: Sacramento Ri
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| FCITIOUSUSUSNESS NQUE STATENENTIS <br> fictrious busness name statenent FBNF2017-0:7395 Hilcest Apatments, LC. <br>  <br>  froad Citus Heights, CA A56610. Flied with the <br>  |  |  |  |  |  |
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|  |  |  |  |  |  |
|  |  | Sacramento, CA 95864, Glorianne Marshall, 3308 Hunter Lane Camichael, CA 95608, Carolyn McMillen, | FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07691 Tara Burton and WilliamBurton, 7981 48th Avenue Sacramento, CA 95828 | Angelyse Vaea to Malia Ana Lily Tupoutu'a Vaea.IT IS ORDERED that all persons interested in the |  |
| FCTTTIOUS BUSINESS NAME STATEMENT <br>  Fictitious Business Name(s) "Mandarin Garden" at 9185 Kiefer Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 20, 2017.Publish: September 29, October 6, 13 , and 20, 2017   <br> MANDARIN 170810 $10-20-17$ |  |  |  |  |  |
|  |  | Sando, 4701 Cameron Ranch Drive Camichael CA 95608 is doing business under the Fictitious | is doing business under the Fictitious Business Name(s) "Bossy B's Hair, Bossy B's Clothing" at |  |  |
|  |  | CA 95008 is doing business under the Fictitious |  |  |  |
|  |  |  |  Puolish: Oocober 20,27, ,Vovember and 170810 | for Change of Name <br> Raymond M. Cadei, Judge of the Superior Court <br> Rubish: Soptember 29 Octoper 6, 13, and 20,2017 |  |
|  |  |  |  |  |  |
|  |  | Fictitious business name statement FBNF2017-07646 Mark Daya, 4138 Pylos Way Rancho Cordova, CA 95742 is doing business under at 4138 Pylos Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 4, 2017.Publish: October 13, 20, 27, and November 3, 2017 <br> SAC $170810 \quad 11-3-17$ | FCCTTIOUS BUSINESS NAME STATEMENT FBNF2017-07764 Luc Investments Inc, 8504 business under the Fictitious Business Name(s) "Strategic Supplies" at 11440 Sunrise Gold Circle Suite 21/22 Rancho Cordova, CA 95670 . Filed withthe Clerk of Sacramento County October 11, 2017. Publish: October 20, 27, November 3, and 10, 2017STRATEGIC 11-10-17 |  |  |
| FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06798 Kathleen Smith, 2009 Vizcaya Walk Sacramento, CA 95818 is doing business under the Fictitious BusinessName(s) "Club Pilates, Natomas" with the Clerk of Sacramento County August 30, 2017. $\begin{array}{lll}\text { Publish: September 29, October 6, 13, and 20, 2017 } \\ \text { CLUB } & 170810 & 10-20-17\end{array}$ |  |  |  |  |  |
|  |  |  |  | $\qquad$ <br> COUNTY OF SACRAMENTO SHOW CAUSE CHANGE OF NAME \#34-2017-00219473 |  |
|  |  |  |  |  |  |
|  |  |  |  | WHEREAS Stefanie Chis has filed a petition with this court for a decree changing the |  |
|  |  |  |  | this court at this court at |  |
|  |  | FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07675 David Robert Ashley, 782 Pomeroy Way Citrus Heights, CA 95610 is doing | aguna Park Drive Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) |  |  |
|  |  |  |  |  |  |
|  |  | "Precision Handyman Services" at 7825 Pomero Way Citrus Heights, CA 95610. Filed with the |  | Change of Name should not be granted. ed: September २2, 2017 |  |
|  |  |  |  |  |  |
| LONG 170810 |  | Hol | FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07579 Thompson Plumbing Co. Inc, 4324 Park Avenue Fair Oaks, CA 95628 |  |  |
|  |  |  |  |  |  |
|  |  |  |  | WHereas Regina Faye Diake has fied a petition with this cout tor a deceree changing the |  |
|  |  | Denton Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) |  |  |  |
|  |  | "Js Babeeshop" at 7601 Sunise Bouls | FICTTITOUS BUSINESS NAME STATEMENT <br>  CA 95827 is doing business under the Fictitious Business Name(s) "Pink Kettlebell Fitness" at 9290 the Clerk of Sacramento County October 13, 2017 Pulish: Ococober 20,27, November 3 , and 10, 1011 | above entitled matter appear before this court at 2:00 p.m. on December 26, 2017, in Department 53 |  |
|  |  | Clerk of Sacramento County October 4, 2017 Publish: October 13, 20, 27, and November 3, 2017 |  |  |  |
| Cctious misness |  |  |  |  |  |
|  |  | FCTTTIOUS BUSINESS NAME STATEMENT FBNF2017-07640 Nicu Cojan, 4327 Garield Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "NeatTruck" under the Fictitious Business Name(s) "NeatTrucks" at 8340 Galena Avenue Sacramento, CA 95828 . Filed with the Cleik of Sacarament County October 4 , 2017. <br>  NEATRUCKS $\qquad$ |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  | SUPERIOR COURT OF CALIFORNIA OF SACRAMENTO SHOW CAUSE CHANGE OF NAME \#34-2017-00219857 WHEREAS FNU Nangialay has filed a petition |  |
| 170810 |  |  |  |  |  |
|  |  | FICTTTIOUS BUSINESS NAME STATEMENT FBN 2017 -07654 Chistopher Lewis, 404 Kingscole Way Manher, CA 9 S5655 is doing businessunder the Fictitious Business Namels) "SUD |  |  |  |
|  |  |  |  | with tisis cout tor a dearee charanging the <br>  |  |
|  | HoNeY ${ }^{\text {a }}$ |  |  |  |  |
|  |  |  |  | above entitled matter appear before this court a 2:00 p.m. on January 4, 2018, in Department 53 |  |
|  |  | Road Suite H336 Sacramento, CA 95827. Filed with <br> the Clerk of Sacramento County October 5, 2017. | FBNF2017-07826 Citus Meehanical 7601 Grieenack Lane Citus Heights, CA 9 9610 is doing business under the Fictitious Business | ted at 813 sth Street, 2nd Foor, Sacramentio 95814, and show cause, if any, why the petition |  |
|  |  | Publish: October 13, 20, 27, and November 3, 2017  <br> SUD $170810 \quad 11-3-17$ | doing business under the Fictitious Business Lane Citrus Heights, CA 95610. Filed with the Lane Cirrus | for Change of Name should not be granted. Dated:Seppember 29, 2017 <br> David I. Brown, Judge of the Superior Court |  |
|  |  | fictitious buiness name statement FENFF2017-70882 Kimberly UHanano, 7610 Scenic Court Fair Oaks, CA 95628 and SamanthaWhittemore, 1322 Len Way Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Pulse Wellness Transformation Fitness" at 7610 Scenic Court Fair Oaks, CA 95628 . Filed with the Clerk of Sacramento County October 5, 2017. Publish. Ociober $3,20,27$, and November 3,2017 |  |  |  |
|  |  |  |  | David I. Brown, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017 BARYAL 170705 10-27-17 |  |
|  |  |  |  | SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME |  |
|  | FCTTTIOUS BUSINESS NAME STATEMENT FBNFF2017-07788 Vitaly Natynyuk,4012 Wanut Avenue Sacramento, CA 95841 |  |  |  |  |
|  |  |  | COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME |  |  |
|  |  |  |  |  |  |
|  |  |  |  | of Vadisal Pamucciu to Valisar Gints. | NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID C. LENNERTON CASE No. 34-2017-00219746 |
|  |  |  |  | above entitled matter appear before this court at 00 a.m. on January 2, 2018, in Department 54 |  |
|  |  | fictitious business name statement FBNF2017.07349 Joseph Wayne Scheffius,2820 Walut Avenue $\# 20$ Cammichal, CA 95008 |  |  | To all heirs, beneficiaries, creditors, and contingent creditors of and persons whomay be otherwise interested in the will |
|  |  |  |  |  |  |
|  |  | is doing business under the Fictitious Business |  |  |  |
| Norcal 170810 |  | Avenue \#20 Carmichael, CA 95608. Filed with the Avenue \#20 Carmichael, CA 95608. Filed with the | located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition | Raymond M. Cadei, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017 |  |
|  |  |  |  |  | ourt of Califomia, County of Sacrame |
|  |  |  | for Change of Name should not be granted. Dated: August 3, 2017 <br> David I Brown, Judge of the Superior Court | COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME | requesting that Michael P. Lennerton, be appointed as personal representative to |
|  |  |  |  |  |  |
|  |  | FICTTTOUS BUSINESS NAME STATEMENT FBNF2017-07612 Alan R. Kar, 320 Spigig Circle Folsom, CA 95630 is doing business under the Broker" at 320 Sprig Circle Folsom, CA 95630. Filed with the Cleiko f Sacamenent County October 3, 2017. Publish: Occober r $13,20,27$, , and November 3,2017EAGLI170810 |  |  | petition requests authority to administer |
|  | FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07555 Anikumar R. Madhav, 8569 |  |  |  |  |
|  |  |  |  | name(s) of FNU Mustafa to Mustafa Khurasani, FNUFreshta to Freshta Khurasani, Maryam Badi to Maryam | Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval Before |
|  | Bond Road Suite 120 Ekk Grove, CA 95624 is doing under the Fictitious Business Name(s) Healthy Blendz Cafe" at 8569 Bond Road Suite |  |  |  | taking certain very important actions however, the executor will be required to give notice to interested persons unless |
|  |  |  | ORDERTO SHOW CAUSE CHANGE OF NAME \#34-2017-0021947 WHEREAS Sidney Witt has filed a petition with this court for a decree changing the | Khurasani, and Aisha Badi to Tahmina Khurasani.IT IS ORDERED that all persons interested in theabove entitled matter appear before this court at |  |
|  |  | FBNVF2017-07570 Babarara Epis, 26948 Beatice Lane Los Altos Hills, CA 94022 is dong business under the Fictious Business Name(s) "Momingside at Carmichael" at 4721 Marconi Averue Cammichael, CA 9500 . Filea wint Cleik of Sacranento County October 2. 2017. <br>  |  |  |  |
|  |  |  | above entitled matter appear before this court a 2:00 p.m. on December 27, 2017, in Department 53 , CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. David Brom Jud <br> David I. Brown, Judge of the Superior Court <br> $\begin{array}{ll}\text { Publish: September 29, October 6, 13, and 20, 2017 } \\ \text { WITT } & 170705\end{array} 10-20-17$ | located at 813 6th Street, 2nd Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  | FBNF2017-07616 Wing Yim Jovita Poon, 4600 Santa Monica Avenue Sacramento, CA 95824 is doing business under the Fictitious Business |  |  |  |  |
|  | (e) |  |  |  |  |
|  |  | FBNF2017-06997 Spalapa, Inc, 9778 BusinessPark Drive Suite B Sacramento, CA 95827 is doing |  |  |  |
|  | Clerk of Sacramento County October 3, 2017. $\begin{array}{lll}\text { Publish: October 13, 20, 27, and November 3, } 2017 \\ \text { RELAX } & 170810 & 11-3-17\end{array}$ |  |  | ORDERTO SHOW CAUSECHANGE OF NAME <br>  |  |
| and |  |  |  |  |  |
|  | US BUSNESS | Superstore, Palapa Pros" at 9778 Business Drive Suite B Sacramento, CA 95827. Filed with | WHEREAS Felicia Casados and on behalf Mariano Gonzales-Villalobos, a minor has filed a petition with this court for a decree changing | deame |  |
|  |  |  | Mariano Gonzales-Villalobos, a minor has filed this cour for a decree changing Diane Gonzales and Mariano Anthony Gonzales |  |  |
|  |  | Publish: October 13, 20, 27, and November 3, 2017CAL 11-3-17 |  |  |  |
|  | Pebblewood Drive Sacramento, CA 95833. Filed with |  | Diane Gonzales and Maria Anthony Gonzales Villalobos to Mariano Anthony |  |  |
|  |  | FICTTITOUS BUSIESS NAME STATEMENTFBNF2017-07627Sonder Solition, Inc, 2880 Sunrise Boulevard Suite 213 Rancho Cordova | bove entitled matter appear before this court a <br> 2:00 p.m. on December 22, 2017, in Department 53 |  |  |
|  | the Clerk of Sacramento County September 29, 2017 Publish: October 13, 20, 27, and November 3, 2017 WESTBOUND 11-3-17 |  |  |  |  |
|  |  | Sunrise Boulevard Suite 213 Rancho Cordova, CA |  |  |  |
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Charmichael. CA 95608 Female Chiropractor, Owner/Practitioner

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year within Carmichael, $\$ 52$ within Sacramento County. year within Carmichael, $\$ 2$ within Sacrame
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## States Form an Alliance to Defy Trump


by Harold Pease, Ph. D
 Alliance was formed, an alliance
of states committed to upholding the 2015 Paris Accord from which
President Donald Trump has
threatened to pull out and renegotiate. "Califo
Brown affirmed.
 The arrangement attempts to bind
signing countries beginning in 2020 to convene every five years
with their plans to lowering emis-
sions and reconvene again thre sions and reconvene again three
years later with statistics on their new improved emission levels.
The problem is that despite The problem is that despite
the practice of not using the
word treaty that began with Bill
 agreement that has any expecta-
tion of accomplishing anything
thould be called a treaty should be called a treaty and must
be ratified by the U.S. Senate be ratified by the U.S. Senate
to be constitutional. Not using o be constitutional. Not using
the word treaty means that parthe word treaty means that par-
ficipating nations simply had a discussion. Politicians cannot just
hange the nym of treaty with the intent
thereby bypass the U.S. Senate,
which body is responsible for al agreements with foreign nations, and thus the Constitution, to
accomplish a binding purpose on this nation.
The Constitution gives the
president "Power, by and with the Advice and Consent of the Senate to make Treaties, provided
wo thirds of the Senators pres two thirds of the Senators pres-
ent concur... Art. III Sec. 2, Cla
2). No othe term is used in the
Constituthor to ment between nations. Wordage created by the then Barrack
Obama foreign policy team pre sented in a U.N. assemblage in
Paris by then Secretary of State John Kerry, without either advice
in forming the wordage or consent grant violation of the Constitution,
Trump should rescind the
"understanding" in Paris on conunderstanding" in Paris on con-
stitutional grounds alone. That the Republicans view the science
of human caused climate change as unproved, and thus disap-
prove of any understanding that
binds them as the so-called Paris ry. Still, Trump's resistance to it is understandable. Both political parties should disapprove it, as
he U.S. Senate, as required by the Constitution neyer ratified it.
mostly those given to Congress
in Section 8 . It begins., "No
State shall enter into any Treaty,
Alliance, or Confederation..,"
The isting follows utit means
with any other states or nations.
Certainly Browns the United
States Climate Alliance is an
alliance with other states to

Climate Summit in California," July 10,2017 ). His defiance is
not only unconstitutional but bor-
ders on treason. It is a dangerous precedent if the governor's threat
to the nation and Constution is ot challenged. Brown may argue that he is iniith foreign countries but the Constitution governs this area as ernment. "No State shall, without any Imposts or Duties on Imports or Exports" or "Lay any duty of
Tonnage," and continues with

## Slim Randles' ноек оолтRT



I Have a Wife And a Television Set, And They Both Work

| king the rig | man out of the business, I guess, |
| :---: | :---: |
| It has to be right for the |  |
| her and for me, or it isn't right | out of the man. |
| all," Herb always says. "You | after the sh |
| do | and the how-are-yous, we talked |
| ple happy and earn a liv | about kids and business, and the |
| There's no need to take unfair | new crop of youngs |
| advantage of someone just | ing up this year. I couldn't |
| earn a living." | thinking ol' Herb might jump at |
| Our little town is a bit tame | ance to dive back in |
|  |  |
| wife's home town and | dis |
| wanted to come back here to | "All through with that," he |
| after he retired. So Herb turne | said, shaking his hed |
| to helping kids understand how | successful businessman and |
| wonderful business can be. | I'm successfully retired." |
| He's advised kids on the most | Success |
|  | That's right," he grinne |
| on | have a wife and a television |
| suggested advertising gimmicks | and they both work." |
| for kids with summer lemonade |  |
|  |  |



## Sacramento County DA Reports

Defendant Convicted for Charges Stemming from Robbery
DATE: September 1, 2017
CASE: Anthony Perry (Case \#14F00817) PROSECUTOR: Deputy District Attorney Matthew Moore, Career Criminal Prosecution Unit Anthony Perry was convicted by a jury of kidnapping for robbery, two counts of first-degree residential robbery, second-degree robbery, first-
degree burglary, and assault with force likely to cause great bodily injury
cause great bodily injury.
In 1995, Perry was convicted of possession for sale of methamphetamine. Based on his prior sate of methamphetamine. Based on his prior
strike convictions, Perry was sentenced to 25 strike convictions, Perry was sentenced to 25
years to life in prison. In 2013, he was re-sentenced under Proposition 36 and released from prison. Eight months later, Perry approached the female victim outside her home while wearing a mask. After robbing the victim at gunpoint Perry forced her inside her house and made her undress. Perry tied the victim up and stole jewelry, cash, and other items from her room. He then untied the victim and told her to get dressed because he was taking her with him. Once untied, the victim fled down the hallway and woke her father. The victim's father fought with Perry and tore off his mask, which was late analyzed by the District Attorney's Crime Lab and found to contain Perry's DNA. Detectives searched Perry's house and found the clothing he wore during the robbery, the replica firearm Russian toy car Perry took from the victim's home.

## Perre.

Perry's 32 -year criminal history includes
1985 first-degree residential robbery a 198 attempted first-degree burglary, a 1989 felon in possession of a firearm, and the 1995 possession for sale of methamphetamine.
Perry faces a maximum sentence of 105 years to life in prison. Sentencing is set for October 6 2017, at 8:30 a.m. in Department 41 before the Honorable Helena Gweon.
Defendant Sentenced for Felony Workers' Comp Insurance Fraud DATE: September 5, 2017 CASE: Brian Christopher Hansen (Case \#12F03825) PROSECUTOR: Deputy District Attorney Satnam Rattu, Gang \& Hate Crimes Unit
Brian Christopher Hansen pled no contest to felony insurance fraud. The Honorable Jaime Román sentenced Hansen to 180 days county jail and 5 years formal probation

Hansen was a California Highway Patrol (CHP) officer who sustained a back injury while on duty in November 2008. After being med on duty in November 2008. After being med-
ically treated, he was placed on limited duty status in April 2009. Hansen worked one day watching training videos for four hours, but never returned stating it was too painful to sit for extended periods of time. In July 2009, the CHP began an investigation. During the invesfigation, Hansen was observed performing tasks that were in conflict with what he reported his functional limitations were at the time, including driving non-stop for hours and participating in outdoor activities. Physicians who reviewed his medical reports and surveillance videos
agreed Hansen did suffer an injury, but that he agreed Hansen did suffer an injury, but that he
overstated his symptoms and understated his overstated his symptoms and understated his
capabilities regarding his workers' compensacapabilities regarding his workers' compensa
tion claim. tion claim.
As part of his sentence, Hansen is prohibited from ever seeking or accepting employment as a aw enforcement officer
This case was investigated by the California Wighway Patrol Internal Affairs Divisio

## Defendant Convicted

 for Deadly Stabbing
## DATE: October 6, 2017

## CASE: Guy

PROSECUTOR: Deputy District Attorney Caroline Park, Homicide Unit
Rodney Bruno was convicted by a jury for the first-degree murder of Virgil Torres. The jury also found true a use of a deadly weapon allegation.
On October 2, 2016, Rodney Bruno was upset with Virgil Torres. Bruno and Mr. Torre were at a home in the Tahoe Park area when they began to argue. The argument quickly escalated into a physical fight. Bruno stabbed Torres multiple times in the course of the altercation. Torres died as a result of those stab ounds
Allegations that Bruno suffered a 1980 prior conviction for voluntary manslaughter and a prior 2008 conviction for robbery will be Bruno sentencing.
Bruno faces a maximum sentence of 86
years to life in prison. Sentencing is set for years to life in prison. Sentencing is set for
November 17, 2017, at 9:00 a.m. in Department 31 before the Honorable Michael Kenny.

## Will Taxpayers Stand a Chance Against New Bureaucracy?



By George Runner, BOE
In September, two Inland Empire small business owners exposed sloppy work by a state auditor during two tax appeals that were heard before the State Board of Equalization. In doing so, the business owners scored unlikely victories against powe ful state government.
As an elected member of the board who heard the case, my
job isn't to protect the state job isn't to protect the state
from itself. My job is to provide agency oversight and apply tax laws fairly and equally. If the state is at fault, taxpayers shouldn't be on the hook. It's that simple.
The improbable victories, however, raise an important question: Will ordinary taxpayers stand a chance against the new and powerful Office of Tax Appeals beginning January 1 ?
In the first case, a state auditor lost sensitive taxpayer inforto go through the tedious work
of changing all her accounts
since her driver's license, social since her driver's license, social security number, bank account numbers and other sensitive information were
missing paperwork
missing paperwork.
The state never found records, but that dound he auditors from "guesstimating" auditors from "guesstimating"
she owed more taxes she owed more taxes.
In the other case, the audi-
tor visited an Upland restaurant tor visited an Upland restaurant
owner. The auditor made care less errors and used unfounded assumptions to justify much higher tax bill than was warranted.
After hearing testimony, in focrats and Republicans voted in favor of the two taxpayers relieving them of thousands of dollars in taxes, penalties and interes the state claimed they owed. After a long and lengthy appeals pro cess, the two taxpayers prevailed and in the process, helped expos
some serious problems. some serious problems.
all should be aware not every taxpayer has resources to fight the state, even when it's clearly wrong. As matter of fact, the two businesses owners represented themselves before the board without attorneys. It's easy to see why many worry the deck is stacked against the little guy. After all, the state has a horde of auditors, collectors and lawyers on payroll-all at taxpayer expense.
When
When taxpayers prevail, it gives hope. It signals that maybe just maybe, there are check and balances that correct injus-
and managers catch th lems during the appeals process? And what will happen next year when state workers, rather than elected officials, start hearing tax appeals?
Earlier this month, the Legislature and governor hurriedly enacted faulty legislation creating positions for state
employees who will be paid annual salaries of up to $\$ 143 \mathrm{~K}$ to hear tax appeals. It's an open question whether these new panels will be fair to taxpayers. Concerns are already grow ing that there could be conflicts of interest.
In fact, nothing in the new law prevents the state from filling positions with its own tax agency attorneys.
My Democratic colleague Fiona Ma is so concerned about letter to the gity that she sent "If we were to allow thes same biased attorneys to serve as Administrative Law Judges on this new panel, I believe we would be doing a grave injustice to taxpayers and be setting the reform effort up for failure." She's right. It would be incred ibly naïve to think unelected bureaucrats won't be pressured into ruling against taxpayers to protect state coffers. If that were to happen-and it willit would add additional stigma to an already misguided reform effort that stripped taxpayers of their rights.
George Runner is an elected member of the State Board of Equalization.

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## Women's Empowerment Receives $\$ 25 \mathrm{~K}$ from US Bank


U.S. Bank Foundation representative Pam Maxwell presents check to Women's Empowerment's board of

By Kristin Thébaud
sacramento region, CA (MPG) - U.S. Bank Foundation's Community Possible program Women's Empowerment. The grant will support classes and programs that help homeless women gain the skills and conand create a brighter future for their children.
"We are so impressed with U.S. Bank's commitment to breaking the cycle of homelessness in our community," said
Lisa Culp, executive director Lisa Culp, executive director,
Women's Empowerment. "This Women's Empowerment. "This
generous donation will ensure homeless women can get a job, become financially self-sufficient and provide their children with a safe, stable home. We
are very grateful to U. S. Bank are very grateful to U. S. Bank for their investess."
In Women's Empowerment's initial nine-week program, women who are homeless
receive free onsite child care in the group's child development center and transportation assis tance. Each woman works with a master's level social worker
homelessness. She attends classes on job-readiness, financial literacy, confidence building, health and empowerment, as
well as support groups for well as support groups for
domestic violence and substance abuse. Women then focus on job placement with their employment specialist and volunteer career mentor.
Women who have graduated from the nine-week program can enroll in the group's graduate services at any point in their lives when they need assistance. Services include paid job training, vocational certifications, counseling with a social worker and employment specialist, access to a professional clothing closet, and job retention service or employer and employee.
"The building blocks thriving community where a things are possible include sta ble employment opportunities, a home to call your own and a community connected through a culture of arts, recreation and play," said Jessica Cook, product manager with U.S. Bank and Women's Empowerment board member. "Women's Empowerment provides the most comprehensive solu-
tion in Sacramento for women
and children who are homeins. At U.S. Bank we believe are proud to have Women's are proud to have Women's partners in Sacramento." Women's Empowerm funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: www.womensempowerment.org.
Community Possible is the corporate giving and volunteer program at U.S. Bank, focused on the areas of Work, Home and Play. The company invests in programs that provide stale employment, a safe place onnected through arts, culture recreation and play Philanthropi support through the U.S. Bank Foundation and corporate giving program reached $\$ 54.2$ million in 2016. Visit www.usbank.com in 2016. Visit
community.
Minneapolis-based U.S. Bancorp is the parent com-
pany of U.S. Bank National Association, the fifth largest commercial bank in the United States. Visit U.S. Bancorp on
web at www.usbank.com.


Separate accounts? Dear Dave
What is your opinion of buying vacation home, then renting at when you're not there?

Dear J.P.
I see nothing wrong with it, cash and you're also debt-free cash and you're also debt-free ful "extra" as you start building wealth. Remember though, it's still basically a very large, ver expensive toy. In most cases it will go up in value, and if you rent it, it might become some thing of a money maker for you. But here's another side to vacation home rentals. You'll probably make some money, bu in most cases there will be sev eral weeks during a year when it sits empty. You're not going to get rich renting it out. So, they'r not really great investment propis more of a plan to offset the is more of a plan to offset the look at it that way, I don't think you'll be disappointed. If you're determined to go this route, be ready to deal with spills
on the carpet and damage from your guests, along with gener

## Dave Says

maintenance and repairs. There's many attempts as it takes until always something that needs
attention when you own a propattention when you own a property. But if you can handle all
that emotionally and financially that emotionally and financially - and you're not looking for it to make you rich - you'll be fine. $\xrightarrow[\text { make you }]{\text {-Dave }}$

## Balance rebuilding and repaying

Dear Dave,
My wife and I are on Baby Step 2 of your plan. We have about $\$ 60,000$ in debt left to pay off before we'll be debt-free, and
household income of $\$ 140,000$ household income of $\$ 140,000$
year. We have one child, but we year. We have one child, but we
would like to expand our family. would like to expand our family
We would have to do this using in We would have to do this using in
vitro fertilization. We've talked to vitro fertilization. We've talked to park figure of about $\$ 20,000$ for the park figure of about $\$ 20,000$ for the
procedure. Should we wait until we're debt-free to have this done?

## Dear Jim,

Babies are wonderful, impor tant things. Having kids, even the thought of having kids, is a big emotional deal. But sometimes it can cause people to change their financial plans and directions. Thould urge you not to accep the first opinion and pricing model you receive on some of $\$ 35,000$, but that includes
your wife becomes pregnant.
I've also heard of single attempts I've also heard of single attempts priced at $\$ 7,500$ each. There are all kinds of options and guaransomeone who is willing to do someone who is willing to do
this really wants a baby. If I'm in your shoes, I accepting the idea that there's one approach and one pricing structure to all this. I would explore other options, as far as doctors and clinics are concerned. Then, with your income, you could consider taking off a couple months from paying down debt and put some money toward the IVF. If it doesn't work pay off a little more debt, pause the debt payoff, and try for a baby again.
Take some time, learn a little more, and go from there - always using cash for th endeavor. God bless you two!

Dave Ramsey is America's trusted
Dave Ramsey is America's trusted has authored five New York Times has authored five New York Times
best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio sta-
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## CARMIICHAEL COMMMIUNTTY UPDATE



By County Supervisor Susan Peters
Through the generosity of The Carmichael Times this column
serves to provide an update about serves to provide an update about matters affecting the unincorpo-
rated communities of Carmichael rated communities
and Arden Arcade.

October Community Meetings
I will be holding two com-
munity meetings this month in munity meetings this month in Carmichael and Arden Arcade with District Attorney Anne Marie Schubert as the guest speaker.
Her office has been instrumental in setting up business watch groups in commercial areas in Arden Arcade and Carmichael that are like Neighborhood Watch except
participants include busiparticipants include busi-
nesses and merchants. Under nesses and merchants. Under Prosecutors working with the Prosecutors working with the
Sheriff's Homeless Outreach Team (HOT) Unit also have successfully identified transients with records of violent and destructive behavior as "Chronic Nuisance Offenders" and obtained stay away orders issued by the courts for particular locations or using such orders to leverage CNOs into
rehabilitation programs.
These two community meetings will be at the Mission Oaks Community Center in Gibbons Park (4701 Gibbon Drive) in Carmichael on Tuesday, October 24, and in Park Community Cente (2350 Northrop Avenue) on Thursday, October 26 Both meetings will start at 6 pm

Violent Crime Down in Unincorporated Area The FBI recently released its 2016 crime statistics showing violent crime rose about $5 \%$ in California overall last year and when added to the spike in 2015 Sheriff Scott Jones says violent crime went up statewide $15 \%$ in the last two years. But that does not reflect results in the unincorporated area of our Sheriff's Department. ur Sheriff's Department area, violent crime last year went down $10 \%$. Also year-to-date in 2017 our violent crime is down an additional $7 \%$. And when Sheriff Jones crunched the numbers the City of Sacramento showed less than a $2 \%$ reduction in violent crime and Citrus Heights and Folsom's violent crime rate actually went up.
While Sheriff Jones attributes the success to his department's internal efficiencies and reorganizations, he says a large portion is due sition over the last several years toward Intelligence Led Policing Three years Led he came before the Board of Supervisors and explained Supervisors and explained
to us desire to move to Intelligence Led Policing as well as asked for budgetary
esources to implement that approach - and we commitled to support that effort at hat time plus we have been ontinuing that support in subequent budget years. It is an public safety dividend

Youth Commission to Help Mustard Seed School
The Sacramento Count Touth Commission is comprised of local high school students and over the years hey have come from Jesuit, Mira Loma, Rio Americano and St. Francis. The Commission advises the Board of Supervisors on issues affecting young people as well as ngages on community projctts. On Sunday, November , they are teaming up with Applebee s to sponsor a panMustard Seed School serving Mustard Seed School serving omeless children.
This fundraiser will be held at the Applebee's located at
2024 Arden Way in Arden 2024 Arden ay in Arden
Arcade from 8 to 10 am and tickets cost only $\$ 10$ per person which can be purchased from any youth commissioner. The Mustard Seed School is a free school for children 3 to 15 years old which provides a safe structured environment for children of homeless families entering or re-entering public schools.
To contact the Youth Commission to purchase tickets please call 874-9547 or county.net.
Susan Peters represents the County Board of Supervisors. She county Board of Supervisors. She saccounty.net.

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