

ARC Theatre Opens Dazzling "Beauty and the Beast" PAGE 3

Moonlight Meal Huge Success for Park **Foundation PAGE 13** 



# Carmichael Times

**VOLUME 37 • ISSUE 40** 

Serving Carmichael and Sacramento County since 1981

OCTOBER 6, 2017

### **TUNNELS NOT** THE SOLUTION TO CALIFORNIA'S **WATER PROBLEM**



### A RESPITE CLUB FOR CAREGIVERS



### **SACRAMENTO COUNTY GROWERS SMASH** CROP OUTPUT RECORDS





direct link to our online edition!

# Creatures Large and Small at NatureFest



Saw whet owl Sophia will be among animal ambassadors at Effie Yeaw Center's "NatureFest" event this weekend.

by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Effie Yeaw Nature Center supporters will experience a wild menagerie this Sunday, October 8. Now in its sixth year, "NatureFest" brings up-close opportunities to view –sometimes even to touch animals most often seen from

a distance. A baby beaver, an alligator, falcons, rattlesnakes, owls and bats will join the critter parade. Though most are rescued and unable to survive in the wild, the animals are treasured for their value as educational ambassadors.

Other NatureFest attractions include crafts, microscope views of microscopic creatures, lessons in fly-casting and demonstrations of Native American art. Visitors will also be offered guided walks through the facility's 100-acre preserve.

NatureFest begins at 10

more information, visit: www. sacnaturecenter.net

### am at the Effie Yeaw Nature Center in Ancil Hoffman Park, Carmichael. Admission is free for children under 12; \$5 for adults. Free parking is included. Refreshments are available for purchase. For

## On Your Feet, Carmichael

CARMICHAEL, CA (MPG) - The beat goes on. Feet keep dancing. Despite the recent death of Sacramento bandleader John Skinner, his musicians promise to maintain the Skinner tradition for family fun. A free dance – which his band hopes will become an annual tradition – is offered for all ages.

Are 40 years of performances for the Carmichael Park District, Skinner's concerts remain a popular part of the summer concert season. Before his death, the bandleader committed to sponsor a big knees-up to unite neighborhoods. "The community that dances together advances together," reasoned Skinner, himself an avid hoofer. His band is still working and available for gigs. Its October 15 line-up will include, rock, swing, ballads and line dances. Ballroom dancers, social shufflers and children are welcome.



There will also be contests and prizes.

The first annual Carmichael Community Dance will be dedicated in John Skinner's honor at 2 pm on Sunday October 15. La

Sierra Community Center, 5325 Engle Rd., will host the event. Drinks and snacks will be available for purchase. For information, call (916) 485-5322.

# **SPCA Holding** Free Animal **Adoption Event**

By Dawn Foster, SSPCA

SACRAMENTO, CA (MPG) - Maita Subaru will host a free adoption event for the Sacramento SPCA in partnership with the ASPCA and Subaru Loves Pets Fee-Waived Adoption Program.

In an initiative to connect at least 25 animals in need with loving new families just in time for Fall, the ASPCA and Subaru Loves Pets will sponsor the adoption fees for pets adopted from the Sacramento SPCA during this one-day event. The sponsored fee will cover the pet's spay/neuter, vaccinations, flea prevention, microchip, pet food starter kit and veterinary exam.



The free adoption event will take place at Maita Subaru located at 2912 Auburn Blvd, Sacramento, CA, 95821 from 11am - 4pm on Sunday, October 8.

"Anytime of the year is a perfect time to fall in love with a pet at the Sacramento SPCA," said CEO, Kenn Altine. "But Fall is an especially wonderful time to add a furry friend to your family it's the perfect time to enjoy a hiking adventure, a stroll in the park or simply cozy up on the couch with your new companion." The free adoption event will

take place at Maita Subaru located at 2912 Auburn Blvd, Sacramento, CA, 95821 from 11am - 4pm on Sunday, October 8. The Sacramento Adoption Center at 6201 Florin-Perkins Road will be closed during this event and all animals available for adoption will be taken to the off-site location. To view adoptable animal photos and descriptions before the event, visit www. sspca.org/adoptable-animals.

The Sacramento SPCA has been providing homeless animals with individual comfort, shelter, and love for more than 123 years. They provide compassionate medical care to tens of thousands of animals annually and offer a variety of programs and services designed to keep people and pets together for life.

For more information check out their website at www. sspca.org or on www.facebook. com/SacSPCA/

On Saturday, October 28th, we're Purring on the Ritz at the Roaring 20's PAWTY! Join us for this tented gala featuring food and beverage tastings, live jazz entertainment, casino gaming and auctions to benefit the animals at the Sacramento SPCA. Purchase your tickets today – it's sure to be the Bee's Knees, guaranteed!



By Rebecca Graulich

### SACRAMENTO REGION, CA (MPG) -

There's a happening club in that caters to a select clientele: people with dementia.

The Respite Club is packed with fun activities, music, dancing, games and exercise. A mid-morning snack is provided as well as a full lunch. It is open approximately 10 days per month, five hours a day and is striving to increase its hours of operation.

"Our doors open at 9:30 a.m. and we are on the move until 2:30 p.m. when we end our day," notes Activity Coordinator Terri Lyman. "We focus on mental, physical and social stimulation. It is a place where participants can fit in and be themselves, and usually they make friends quickly."



The Club gives participants a sense of belonging and caregivers needed freedom.

While club goers enjoy themselves, family caregivers take advantage of the "respite" aspect of the program: time for themselves. Caring for a loved one with dementia can be overwhelming - emotionally, physically, mentally and financially. Caregivers need time to run errands, see friends or just

Bobby, a volunteer, observed, "The Club gives participants a sense of belonging and caregivers needed freedom." He knows, his father attends the program.

"Our goal is to bring peace of mind and support to families



The Club gives participants a sense of belonging and caregivers needed

touched by dementia," says Program Coordinator Flora Maloney, who over the past 17 years has grown the program from three hours a month to 50. "When caregivers are rested, they are better able to face the challenges of caring for a person with a disease such as Alzheimer's. When care recipients are happy and relaxed, it contributes to a better relationship between caregiver and care recipient."

The Respite Club was recently recognized by the 100+ Women Who Care Sacramento chapter who selected them as the winner of a pitch competition among local nonprofits. The prize, approximately \$10,000, will be put toward expanding the program.

This is good news for participants like Ann who noted, "The club is a great place to meet people and enjoy doing interesting things. We all enjoy the projects and the good meals."

The Respite Club hosts an annual Caregiver Day event, which provides information on a variety of topics to help caregivers navigate the challenges of caring for a loved one. Several professionals, including a trust and estate attorney, a marriage and family counselor, a tax preparer/financial planner, a care manager and an end-of-life coach, as well as many others, donate their time and offer free 30-minute private consultations

with caregivers. This year's event also features panel discussions on home modifications to prolong living at home, and care for the caregiver, as well as a talk on caregiver resources.

Caregiver Day is Saturday, October 21, 9:00 a.m. -3:30 p.m. at the Cordova Neighborhood Church, 10600 Coloma Road in Rancho Cordova. There is no charge to attend. Consultations are restricted to family caregivers but everyone is welcome to attend the presentations and visit the tables of the various professionals. For more information or to register for private consultations, call (916) 635-5147.

The Respite Club not only benefits the participants and their caregivers but all who come in contact with it. Glenda, the Respite Club bookkeeper, shared, "I came to the Respite Club 15 years ago when my dad was diagnosed with Alzheimer's. I am so grateful for the love, compassion and care we found here. I decided I definitely wanted to be part of such a wonderful program. What a blessing for the caregivers, care recipients, volunteers and staff."

Rebecca Graulich is the Assistant Program Coordinator at The Respite Club and the chair of the Sacramento County Adult & Aging Commission. She can be reached (916) 635-5147 or rebeccag@respiteclub.org.★

### A Respite Club for Caregivers Tunnels in the West Coast's Greatest Estuary is Not the Solution to California's Water Problem

Commentary by Ken Colley

As California's population grows and climate dynamics extend periods of drought, supplying water to Californians has become increasingly challenging. Much of California's water supply passes through the Sacramento-San Joaquin River Delta estuary, and Governor Brown's proposed solution to divert water from this critical estuary threatens its health and has been controversial - receiving criticism from activists, environmentalists and economists alike.

The "WaterFix" proposal includes the construction of two tunnels (40 feet in diameter and 35 miles long) underneath the Sacramento-San Joaquin River Delta. The Delta is the largest estuary on the west coast of North and South America and home to multiple species on the brink of extinction, including winter-run Chinook salmon, Central Valley steelhead, delta and longfin smelt, and green sturgeon. It is vital to the Pacific Coast Flyway through which innumerable species of birds migrate.

"We must find a climate resilient solution to providing Californians with a reliable supply of water. That solution shouldn't rely on the fragile Sacramento-San Joaquin River Delta estuary – a habitat critical for the survival of multiple endangered species and a cherished part of California's heritage," said Assemblyman Ken Cooley.

At least 58 groups opposing the tunnels have sued the



Assemblyman Ken Cooley (D-Rancho Cordova)

state arguing the WaterFix project violates state environmental laws. Litigating groups include those whose livelihoods depend on fishing, several Sacramento area water agencies, surrounding cities, and San Joaquin, Solano, and Yolo counties.

Environmental issues aside, the project is on shaky ground economically. The estimated \$17 billion price tag of WaterFix was calculated without taking into account interest repayment and is based on the assumption that agricultural districts (some of which are specifically exempt from paying for the tunnels) will pay for 45% of the project without any subsidies from urban ratepayers or state taxpayers.

Large cracks in these assumptions are showing themselves and efforts to pass costs on to ratepayers and taxpayers are already ongoing. According to an audit released this month by the US Department of the Interior's inspector general, \$50 million in taxpayer funds were used improperly to subsidize the San Joaquin Irrigation District

for their part in helping plan WaterFix - despite insistence from the Brown administration that no tax dollars would finance the controversial tunnels.

On September 19, officials from the Westlands Water District (who supply water to Fresno and Kings county farmers) defeated an alternate funding plan pitched by one of the state's largest farming groups. The plan would have included raising funds from water districts in more urban areas, including the greater Sacramento area. Not only is this contrary to the promise that urban ratepayers would not subsidize WaterFix, but would have put Sacramento ratepayers in a position where they would be paying to dredge their local estuary and pump the area's water supply to other parts of the state

All Californians deserve access to clean and reliable drinking water. Unfortunately, the proposed WaterFix project is not the right solution for all Californians. Instead, the state should consider other viable alternatives including water storage, recycling and conservation - that can work for all communities in California and wouldn't rely as heavily on the largest estuary in the state.

Assemblyman Ken Cooley represents the 8th Assembly District which includes the communities of Arden-Arcade, Carmichael, Citrus Heights, Rancho Cordova, Rancho Murieta, Rosemont, Wilton and other portions of unincorporated Sacramento County. For more information, please visit http:// asmdc.org/members/a08/

### Parkinson Association of Northern California's **Annual Education and Information Conference**

By Jan Whitney, PANC

### SACRAMENTO REGION, CA (MPG)

- The Parkinson Association of Northern California (PANC) is holding its Annual Education and Information Conference at the Sacramento Convention Center on Saturday, October 21st from 9:30 a.m. - 3:30 p.m.

The event will provide information, education, and inspiration to people living with Parkinson's disease (PD) along with their carepartners and family members and interested members of the community. Featuring regionally recognized expert clinicians and therapists in the field of movement disorders, the conference will highlight the future of the disease along with inspiration and tools to help attain the highest possible quality of life for people living with Parkinson's disease.

Additional Information about the event and registration options can be found by visiting the PANC website at www.pancto-

"Our annual conference is an upbeat event of community,



### **Parkinson Association of Northern California**

in Parkinson's disease research and therapies and connect individuals who share challenges and successes with PD. We're excited to host this event for our Northern California constituents and look forward to an uplifting day," says PANC president, Nancy Kretz.

Parkinson's disease is diagnosed in more than 50,000 Americans each year. We are asking for the assistance of the media to help make this event a successful one and provide this information and event coverage to your audiences who may have PD, know someone with

educate attendees about the latest PD, or possibly be diagnosed in the future.

The Parkinson Association of Northern California has been dedicated to enhancing the quality of life for people living with Parkinson's, their families, and carepartners since 1996. We facilitate over 30 regional Support Groups, host the Annual Conference, publish a quarterly newsletter (Parkinson Path), offer financial support for caregiver respite, support medical community collaboration across healthcare providers, and more. We live our motto, "Until there is a cure...hope and healing every day."

### day.org. The cost to attend the event which includes a full-day of presentations, exhibit fair, and lunch is \$25 per registrant.

learning and connection. We

# Be a part of something important



Jobs@mpg8.com Call us today at 916-361-1234





### **SENIOR HEALTH & LEISURE FAIR**

Information & Resources for a Safer, Healthier and Happier Life!

Learn hundreds of ways to improve your health and extend your life. Find out more about retirement, investments, and income opportunities for seniors. Make sure to stop at each informative booth. Celebrate by participating in a full line up of activities to keep you safe, healthy, and informed. Walk through the exhibit hall and learn more about:

- Nutrition & Health Foods
- Sports & Fitness
- Anti-Aging Programs
- Home & Garden Vacations & Travel
- Safety Matters
- Financial & Retirement Planning
- Natural Healing
- Chiropractors and Massage
- Physical & Mental Health

**Great Entertainment & Music** 

Rockin' DJ plays old time rock n' roll, cruising songs, surfer songs. It's the music you grew up with!

Sponsored by





THE SACRAMENTO BEE



Carmichael Times . 3 OCTOBER 6, 2017

# **IRS Extension Filers:** Deadline is Monday, Oct. 16

By David A. Tucker II, IRS Media Relations

WASHINGTON, DC (MPG) - The Internal Revenue Service has an important reminder for taxpayers who filed for an extension and face an Oct. 16 filing deadline: The adjusted gross income (AGI) amount from their 2015 return may be needed to electronically file their 2016 tax return.

For those taxpayers who have a valid extension and are in or affected by a federally declared disaster area may be allowed more time to file. Currently, taxpayers impacted by Hurricanes Harvey, Irma and Maria as well as people in parts of Michigan and West Virginia qualify for this relief. See the disaster relief page on IRS.gov for details.

As a reminder, taxpayers should keep a copy of their tax returns and supporting documents for a minimum of three years. Prior year tax returns are even more important as the IRS makes changes to protect taxpayers and authenticate their identity.

Extension filers should plan ahead if they are using a software product for the first time.

They should have kept a copy of their 2015 tax return or if not, will need to order a tax transcript, a process that may take five to 10 calendar days. The AGI is clearly labeled on both the tax return and the transcript.

Taxpayers who prepare their own electronic tax returns are required to electronically sign and validate their return. Using an electronic filing PIN is no longer an option. To authenticate their identities, taxpayers will also need to enter either of two items: their prior-year AGI or their prior-year selfselect PIN and their date of birth. If married filing jointly, both taxpayers must authenticate their identities with this information.

Generally, tax-preparation software automatically generates the prior-year AGI and/ or self-select PIN for returning customers. However, taxpayers who are new to a software product must enter the prioryear AGI or prior-year self-select PIN themselves.

How to Find AGI; Plan Ahead

if a Mailed Transcript Needed The adjusted gross income is gross income minus certain

adjustments. On 2015 tax returns, the AGI is found on line 37 of Form 1040; line 21 on Form 1040A and line 4 on Form 1040EZ. Taxpayers who e-filed and did not keep a copy of their original 2015 tax return may be able to return to their prior-year software provider or tax preparer to obtain a copy.

Those who lack access to their prior-year tax returns also may go to irs.gov/transcript and use Get Transcript Online or Get Transcript by Mail. A transcript is a summary of the tax return or tax account. There are various types of transcripts, but the Tax Return Transcript works best. Look for the "Adjusted Gross Income" amount on the transcript.

Taxpayers must pass Secure Access authentication in order to access Get Transcript Online and immediately access their transcripts. Those who cannot pass Secure Access authentication should use Get Transcript by Mail or call 800-908-9946, and a transcript will be delivered to their home address within five to 10 calendar days.

# **ARC Theatre Opens Dazzling** "Beauty and the Beast"

By Tracy Martin Shearer

SACRAMENTO REGION, CA (MPG)

- Featuring a spectacular live orchestra, stunning costumes and settings, and a thrilling 30-member cast, American River College opens its season with Disney's magical Beauty and the Beast! The two-act musical comedy by Alan Menken, Howard Ashman, Tim Rice and Linda Woolverton, will open October 6, 2017, for a three-week run (closing Oct. 22).

Coming freshly off multiple national Kennedy Center awards for last year's production of Cabaret, ARC has pulled out all the stops for this classic Broadway hit! Award-winning costume designer Gail Russell (of Capitol Stage, B Street Theatre, and more) has provided the perfect combination of whimsy and spectacle to bring Disney's loveable and enchanting characters to vivid life. From the endearing teapot Mrs. Potts (Michelle Pollack), to the charming candelabra Lumiere (Ethan Mack) and the hilariously arrogant Gaston (Christopher Sharpe), audience members will be thrilled to see their favorite characters onstage!

Directed by Pamela Downs (with orchestra conductor Susan Hamre and choreographers Sam Williams and Sarah Souther-Williams), Beauty and the Beast tells the story of bookloving Belle (Elizabeth Garbe) who encounters a terrible Beast (Branden Price) with a lonely secret. If he can learn to love Belle and can gain her love in return, the curse will end and all

Featuring a spectacular live orchestra, stunning costumes and settings, and a thrilling 30-member cast, American River College opens its season with Disney's magical Beauty and the Beast! The two-act musical will open October 6, 2017, for a three-week run (closing Oct. 22). For more information, call (916) 484-8234 or visit ARCTheatre.org.

the inhabitants in his enchanted castle will be freed to be human again... but time is running out!

A special Dinner/Theatre night is being offered on October 7 in conjunction with the Oak Café, the college's 4-star restaurant. For more on this event, as well ticket information for all performances, go to ARCtheatre.org or call the ARC Box Office at (916) 484-8234.

All performances of Beauty and the Beast will be at the ARC Theatre, 4700 College Oak Drive. Parking is \$2. Lot D, at the corner of College Oak and Myrtle, is adjacent to the theatre. Ticket prices are \$18 (general), \$15 (student, senior, sarta), and \$10 (children 12 and under). Children 3 and under are not admitted. Group rates are \$14 for 10 or more patrons.

# Be a part of something important Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.



Jobs@mpg8.com Call us today at 916-361-1234

### DELIVERY DRIVERS NEEL Earn **\$200** per month for just a few hours delivery work per week! CALL 773-1111

CRAIG DIEZ TEAM

# BRINGING YOU HOME 5244 Fair Oaks Blvd., Carmichael | \$1,295,000

This custom home is a fusion of stunning architectural design and functionality. Situated behind its own private gate, the residence is surrounded by mature trees and extensive landscaping. Enjoy a welcoming foyer, huge family room with soaring ceilings and clerestory windows, and a beautifully appointed open-concept kitchen. 5+ bedrooms, office, game/media room.



2501 11th Ave., Sacramento | \$499,900

From its charming storybook exterior to its polished interior, this timeless Curtis Park home captures the best of cuteness and functionality. Enjoy 2 bedrooms, 1 bathroom and a detached one-car garage with storage space. Other highlights include original hardwood flooring, newer dual pane windows, a cozy living room with a fireplace, a kitchen nook looking out to the tree-lined neighbor hood, light-filled rooms and a private backyard. Just steps away from Curtis Park!

Situated on a fantastic half-acre lot in a desirable area of Carmichael, this

original farm house is truly one-of-a-kind. With just the right blend of character and space, the possibilities for this 2 bedroom and 1 bath home are endless. Enjoy a private backyard and lot, spacious floorplan and a lovely neighborhood within close proximity to Ancil Hoffman park and top-rated schools.



### 2622 Wrendale Way, Sacramento | \$479,000

This charming 5 bedroom and 3 bath abode located in a welcoming tree-lined neighborhood. A generous floor plan provides plenty of room for easy living and entertaining. Additional highlights include a large lot with a pool and RV access, an updated kitchen, large separate family and living room quarters and a walk-friendly neighborhood.



3620 Scorpio Drive, Sacramento | \$300,000

From its welcoming entryway to its polished interior with high-end finishes throughout, this 3 bedroom and 2 bath home captures the best of fine living. Enjoy an open-concept floor plan with an inviting great room, a newer kitchen, updated bathrooms with gorgeous custom marble finishes and detailing, and newer central heat and air The home rests on a corner lot in a cul-de-sac in a walk-friendly neighborhood.

For exceptional representation of your real estate needs, contact The Craig Diez Team today.

7144 Fair Oaks Blvd., Suite #7 Carmichael, CA 95608

craigdiezteam.com cdiez@cbnorcal.com 916.425.5884



# When your Best Friend needs a check up!

Compassionate, Affordable and Comprehensive Veterinary Services

### **Services for Pets**

- 6 Full medical/surgical services
- Emergency and extended care
- (a) Exotic medical and surgical services
- Nutritional counseling

916-783-4655

- Full dental services
- Saturday hours available
- Annual VIP discount Cards
- Early morning drop offs available with prior arrangements





4 · Carmichael Times October 6, 2017

# Eskaton Village Carmichael Holds 22nd Annual Craft Fair

CARMICHAEL, CA (MPG) - Eskaton Village of Carmichael will be holding their 22nd annual Craft Fair the last Saturday of October. The event is free and open to the general public.

Vendors from throughout the Sacramento area will offer seasonal decorations for your home, plus gifts for friends, family, and especially for you.

A Sizzling hot dog lunch will be available. The proceeds will go to support Eskaton Village Carmichael's Resident Council.

The event will be held at Eskaton Village Carmichael, 3939 Walnut Ave, Carmichael.

Parking is available.

Be sure to save the date, Saturday, October 28, 2017, from 10:00a.m.-2:00 p.m. (In the Auditorium). For more information call Eskaton at 916-974-2000.

Source: Eskaton Village of Carmichael ★

# **Kiwanis to Hold Community Mixer**

**CARMICHAEL, CA (MPG)** - The Kiwanis Club of Carmichael is hosting our first mixer to help meet other members of our area who are interested in community service. We know there are lots of working adults and parents in our

area who have a wealth of skills, ideas, and passion for our community and doing good for it.

Please join us in the courtyard of the Milagro Center on Tuesday, October 10th, between 7pm and 8:30. We will have appetizers from Mesa Mercado and a no-host bar. Meet and chat with other members of the community who care about volunteering and helping better people's lives. This is a 21+





### **MONTHLY MEETING OF MILITARY RETIREES/SPOUSES:**

Our next monthly meeting

October 12, 2017

North Highlands Park and Recreation

District, 6040 Watt Ave, North Highlands 95660.

Meeting starts at 1030 hrs and we have a speaker from the Bureau of Automotive Repair.

Come on out and enjoy a cup of coffee and meet new friends.

Questions can be referred to our volunteer staff at 916-640-8446, Monday through Thursday, 0900 to 1500 hrs.

# Thank A Veteran Today

# Two ways to get cash out of your car

Refinance and get cash to spend any way you'd like

and

Get a cash bonus up to \$300



► No Payments for 90 Days ► Low, Fixed Rates Stop by for details.



2150 Watt Avenue, Sacramento, CA 95825

Offer effective 9/1/2017, and subject to change. Cash bonus, one per vehicle based on refinanced amount from another lender (\$100 for refinances of \$10,000+, \$200 for refinances of \$20,000+, \$300 for refinances of \$30,000+). Cannot be used to refinance an existing First U.S. loan. Loan must remain at First U.S. for 6 months or cash bonus is added to payoff balance. Cash back offer not available for purchases. Interest accrues from date of disbursal.

©9/2017 First U.S. Community Credit Union







Monday, October 30
3-7pm
A Frightfully FUN
FREE Family Event!
MORPD.COM 333-6464

MISSION OAKS RECREATION

& PARK DISTRICT Office Hours: 8 am-5 pm

Registration Hours: 8:30 am- 4 pm Monday-Friday

MORPD.com

DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael, CA 95608

MISSION OAKS COMMUNITY CENTER (916) 972-0336 • Fax (916) 972-7371 4701 Gibbons Dr., Carmichael, CA 95608

SWANSTON COMMUNITY CENTER (916) 333-6464 • Fax (916) 488-4349 2350 Northrop Ave., Sacramento, CA 95825



## **Sacramento County Growers Smash Crop Output Records**

2016 Crop and Livestock Report Tops \$500 Million for the First Time

By Bill Bird, SCFB

SACRAMENTO REGION, CA (MPG) - Led by a dramatic increase in the price for wine grapes,

Sacramento County farm-

ers and ranchers set a record for overall agricultural output last year. The 2016 Crop and Livestock Report released by the Sacramento County Agricultural Commissioner's Office revealed that the gross value of all agricultural production in Sacramento County reached a record high of more than \$507 million. The figure represents a 7.9 percent increase over last year's numbers, despite a record fifth year of drought that hurt many agri-

cultural operations.

"Wine grapes continue to rule as King in Sacramento County as they have for the past eight years and milk continues to hold onto the number two slot," said Sacramento County Agricultural Commissioner Juli Jensen during her presentation to the Sacramento County Board of Supervisors. "California is the third top producing state in pears, behind Washington and Oregon. Sacramento County is the top pear producing county in California.'

The high prices for wine grapes and other commodities in Sacramento County masked troubling news that yields in several commodity areas dropped significantly last year. The numbers for field crops such as rice, wheat, silage corn, oats and irrigated pasture all suffered significant declines. Yields for other crops such as cherries and walnuts also dropped, as did cattle and calves and other livestock. The value of aquaculture also fell sharply in Sacramento County, led by a steep decline in the price for caviar.

Sacramento County Farm Bureau Executive Director Bill Bird admitted that while drought "Wine grapes continue to rule as King in Sacramento County as they have for the past eight years and milk continues to hold onto the number two

slot," said Sacramento County Agricultural Commissioner Juli Jensen during her presentation to the Sacramento County Board of Supervisors.

may be to blame for the lower output for some commodities, other factors may also be playing a role.

"Our farmers and ranchers are forced to pay the highest labor costs in this country," said Bird. "The high minimum wage coupled with very expensive workers compensation insurance, liability insurance and health care benefits costs our growers millions of dollars. These are costs that growers in other states are not forced to shoulder."

The 2016 Crop and Livestock report also revealed that nursery stock climbed back into the top five agricultural products produced in Sacramento County, which is attributed to a recovering housing market and efforts by homeowners to replace lawns with drought tolerant landscaping.

The dollar figures in the report do not reflect the cost of the production of these agricultural commodities. The figures also do not reflect grower costs such as processing, transportation and

Sacramento County farmers put food on your fork. Our agri*cultural operations and products* are as diverse as the lands we carefully manage. We are proud to provide healthy, fresh food for your family and ours.



# Join us on Sunday, October 15, 2017 9 AM - 2 PM 5750 Grant Ave

- **Doggy Costume Contest**
- **Pumpkin Painting, Games & Prizes**
- **Over 100 Vendors**
- **Live Music**



Handmade Crafts, Décor, & Artisan Goods



# **Baha'is of Carmichael Marking** the 200th Anniversary

Celebrating the Birth of Bahá'u'lláh, Founder of the Bahá'í Faith

aha'is of Carmichael are preparing to mark the 200th anniversary of the birth of Bahá'u'lláh, the Founder of the Bahá'í Faith, on October 22, 2017.

Bahá'u'lláh (1817-1892) was a spiritual teacher Who announced in 1863 that He was the bearer of a new revelation from God. His teachings have spread around the world, forming the basis

of a process of social transformation and community building which is unique in its global scope and the diversity of participants.

The Light of Unity Festival is a celebration of the transformative impact of Bahá'u'lláh's teachings on the lives of families, neighborhoods and communities around the country and the world. Bahá'u'lláh's vision of the oneness of humanity is an antidote to the racial prejudice and materialism



LIGHT OF UNITY **FESTIVAL** 200™ BIRTHDAY OF

BAHÁ'U'LLÁH

that are corroding American society.

"Now more than ever we need positive models of social change that bring people together rather than divide them," said Chris Miller, "This is what we will be celebrating in the months leading up to Bahá'u'lláh's birthday celebration in October."

The Light of Unity Festival is not an event but a series of activities generated at the grassroots level all around the country, which reinforce Bahá'u'lláh's vision of the

oneness of humanity and empower participants to contribute. Activities will include drama, music, art exhibits, storytelling, service projects, prayer and devotional programs. At the national level, the Bahá'í House of Worship in Wilmette, IL will host a nine-week series of programs beginning in early September on themes applying the principle

of the oneness of humanity to contemporary challenges, including environmental justice, race relations, indigenous peoples, human rights, and the harmony of science and religion.

Plans underway include a large public celebration at the Unitarian **Universalist Society** 2425 Sierra Blvd., Sunday October 22, 2017 For more information email carmichaellsa@gmail.

com.

### **Adoption**

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

### Announcement

Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of vour home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

KC BUYS HOUSES - FAST -- Any Condition. Family owned & Operated (951) 805-8661 offer! WWW.KCBUYSHOUSES (Cal-SCAN)

### **Autos Wanted**

DONATE YOUR CAR, TRUCK, OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

Got an older car, boat or RV?

WANTED! Old Porsche 1948-1973 Only by hobbyist condition, top LEÁVE MESSAGE (707) 965-9546 (Cal-SCAN)

### Bathroom or Kitchen Remodeling ?

WAIT! Before You Spend MORE to Get LESS Call (916) 798-8388 License No. 998108 (MPG 10-27-17)

### **Business Opportunity**

OWN YOUR OWN DOLLAR. DOLLAR PLUS, BIG BOX, MAIL/ PACK/SHIP, OR PARTY STORE 100% FINANCING, OAC FROM \$65,900. 100% TURNKEY. 1-800-518-3064 or www.dollarstoreservices.com/start partystoredevelopers.com/start www.mailboxdevelopers.com/start Cal-SCAN

### Cable/Satellite TV

DISH TV. 190 channels. \$49.99/ mo. for 24 mos. Ask About Exclusive Dish Features like Sling® and the Hopper®. PLUS HighSpeed Internet, \$14.95/mo. (Availability and Restrictions apply.) TV for Less, Not Less TV! 1-855-734-1673 (Cal-SCAN)

Cut the Cable! CALL DIRECTV. Bundle & Save! Over 145 Channels PLUS Genie HD-DVR. \$50/month for 2 Years (with AT&T Wireless.) Call for Other Great Offers! 1-888-463-8308 (Cal-SCAN) Cemetery Plot for Sale

Mount Vernon Cemeterysingle plot in Garden of Hope value \$4995, asking \$3800. Will pay deed transfer fee 916 708-0071.

### CONCRETE WORK

Driveways - patios - walkways. All types finishes. Steve Wiezorek. 530-300-2766. Lic# 797744

### Classified Advertising

Sell Your Stuff! Reach 1000's of



### Financial Services

Social Security Disability? Up to \$2,671/mo. (Based on paidin amount.) FREE evaluation! Call Bill Gordon & Associates. 1-800-966-1904. Mail: 2420 N St NW. Washington DC. Office: Broward Co. FL., member TX/NM Bar

### Fitness/Yoga

Your Fitness Genie Fitness Come True!

Genie 16 Years of Experience

3 Sessions for \$99, new clients only Weight Loss • Injury Recovery
 Senior Fitness • Yoga • Pilates

🚹 Be Active, Call Today! 📘 (916)768-8767

glass display Large cases for cheap. Call 916 481-8459 or 833-9348

### Handyman

QUALITY LABOR & MAINTENANCE

Yard Clean-ups, Hauling, Odd Jobs You Name It!

(916) 613-8359

### CARPENTER DAVID MACK Handyman • 25 Years Experience Bus. Lic. # 636425

Honest Man • Quality Work Doors Specialist • Dry Rot

Roof Repairs • Painting Sheet Rock • Texture All Floors, Windows, Decks, Tiles, Patios A to Z Exterior Sidings

### 916-548-8249

### **Health & Medical**

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-(Cal-SCAN)

Stop OVERPAYING for your prescriptions! SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 1-855-397-6808 Promo Code CDC201725. (Cal-SCAN)

Weight loss/ sleep/ mood issues. Consultant / educator. Small reading and discussion group. truehope.com youngevity.com.
Tim B. 503-Call Ti 460-7149 12-31-17

OXYGEN Anywhere. No tanks to re-No deliveries. Only 4.8 pounds and FAA approved for air travel! May be covered by medicare. Call for FREE info

kit: 844-359-3976. (Cal-SCAN) **ELIMINATE CELLULITE** and Inches in weeks! All natural. Odor free. Works for men or women. Free month supply on select packages. Order now! 1-844-(Cal-SCAN)

### **Pets/Animals**

Professional, Loving **PET CARE Established Reputation** Kennel Free Environment

Lots of TLC **Call Madeline** 

(916) 723-1608 A Quality Maintenance **DOG RESCUE** Gary (916) 334-2841

Now hiring for PT/FT and Hol-

Available w/ FT position. Bring resume to 7405 Greenback

Lane Corner of San Juan &

Greenback Lane. 916-725-1345

**Home Maintenance** 

Gutters

Cleaned

(916) 613-8359

Insurance/Health

Best Prices on Health &

Dental Insurance. We have

the best rates from top com-

Landscaping

**CREATE YOUR** 

**PARADISE** 

Winter Yard Cleanups,

**Complete Landscape** 

Design/Installation,

**Sprinkler System** 

Installs/Repairs, All

Types Concrete Work,

Fence Installation,

**Retaining Walls-**

**All Types, Drainage** 

Systems-all types,

Landscape Lighting,

Residential/commercial

American Landscape Design

& Installation. Est 1987

American Construction & Property

Maintenance Company

(916)612-0776

Lawn / Yard Care

JOHN WILLIAMSON LAWN &

YARD. Res/comm. Wkly services,

cleanups, pruning, gutters. Riding

mower prop. ok. 916-508-2158

Not serving Gold River/ Rancho

**Medical Supplies** 

/ Equipment

Safe Step Walk-In Tub Alert for Seniors

Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic

Jets. Less Than 4 Inch Step-In. Wide

Door. Anti-Slip Floors. American Made. Installation Included. Call 800-

Miscellaneous

SAWMILLS from only \$4397.00-

MAKE & SAVE MONEY with

your own bandmill- Cut lum-

ready to ship! FREE Info/DVD:

www.NorwoodSawmills.com

**Music Lessons** 

Guitar Lessons - Beginner to

Advanced. \$10/half hour. \$15/hour.

freddiebbalbert1@yahoo.com.

Classified Advertising

773-1111

530-263-6026 (MPG 12-30-17)

Ext.300N

(Cal-SCAN)

ber any dimension. In

1-800-578-1363

799-4811 for \$750 Off.

Bu Gutter Dog

Printer wanted. Benefits

Notary/Fin-

positions.

Please
Adopt or Foster
ecause so many really
great dogs are dying

for a good home ShelterMOU @hotmail.com

### **PLUMBING** French Connection

# **Plumbing**

(916) 833-7618 If your husband

- did the job, call me!
- Emergency Plumbing New Construction
- · Gasline Repipe Sewer Inspection

**40 YRS** Experience

STOP Contractor

### Roofing

**BERNARDINO** ROOFING Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER \*\*FREE ESTIMATES\*\*\*
SENIOR DISCOUNTS

**RV Sales** 

916.920.0100

### Bill Eads RVs Buy, Sell, Trade & Consign



We Pay Top \$\$ for clean RVs! Great, Secure 1-80 Freeway Location.

Lic & Bonded - 29 Years Exp! Check out BillEadsRV.com 4409 Granite Dr. Rocklin, CA

Office 916-624-7600 Bill 916-878-0273

### A PLACE FOR MOM.

The nation's largest seliving referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-550-4822. (Cal-SCAN)

### Tax Services

Do you owe over \$10,000 to the IRS or State in back taxes? Our firm works to reduce the tax bill or zero it out completely FAST. Call now 855-993-5796 (Cal-SCAN)

С

W Н

R

R

U

U

S Ε

Α

Α

D

Α

Citrus Heights area. 3

month, plus shared utilities.

Female only. 916 722-8989

Guitar for Sale

Oasis Custom solid body

electric guitar. \$1,800, serious

offers only . 916 723-7021.

Home for Lease

Carmichael

Call Larry at River City

showing, Available Oct. 1.

month.

2bth w/pool. Beau-

1 yr lease, 2,300 per

Terms negotiable.

549-6673. Privaté

Ν

Τ R

Bd/2bth house

C

S

R R

Μ

Ε

D

Ε

Ε

Ρ

Ε

Ε

Tree Service

# **BP TREE**



TREE & STUMP REMOVAL TREE TRIMMING/ SHAPING FREE ESTIMATE

10% OFF WITH THIS AD Insured. Workman's comp. Arborist 916-722-6321

bptreeservices.com VISA / MASTER CARD California Contractors Lic #831766

### **Work Wanted**

I do pruning, weeding and planting interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job too small. Health and Security background. References. College grad. Tim, 503-460-7149. (MPG 12-31-17)

### **PSYCHIC** READINGS



- Psychic Reading
- Tarot Card Reading Chakra Balancing Specialized Life Coaching

Help with all problems of Life

Call for Appointment 916-534-7507

Mention this ad \* Save \$10.00

California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license contractors include their license numbers on all advertising. Check your contractor's status at www. cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board. DISCLAIMER

Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

### Sudoku Puzzle on Page 9



Help Wanted Retired Persons.

Consignment Small Store. Sundays only. 916 965-4685. (MPG 11-3-17)

EARN \$20000 per month few hours' delivery work per week

CALL

916-773-1111

### 2 6

Crossword Puzzle on Page 9

0 Ε

Τ

Ν D

F Ε

Ε

Κ

Ε

R

M Α

S

S

G Ε 0

Ε

D

Ε Ε

R 0 В

Ε

U

S

M Α Ν

U В

Ε

Т Ε

S

Ρ

0

0

R Α

D

O W

Ε G

0 Ν

0

0

G

R

О

Κ

G M

S Ρ

Ε

В Ε Ε

R

R

Ε Ρ

D

Т

M

Α С Τ

S

H|E

S

Ν

S

F

Ε

R

### Are you caring for a person with memory loss? Would you like more help?

The University of Minnesota is examining the effects of remote health monitoring for people with memory loss and their family members. Learn more about participating in this free study by contacting Professor Joe Gaugler at 612.626.2485 or gaug0015@umn.edu.

Visit http://eneighborstudy.org to learn more

### **Land For Sale**

NORTHERN AZ WILDERNESS RANCH - \$197 MONTH - Quiet secluded 37 acre off grid ranch set amid scenic mountains and valleys at clear 6,200'. Near historic pioneer town & large fishing lake. No urban noise & dark sky nights amid pure air & AZ's best year-round climate. Evergreen trees /meadowland blend with sweeping views across uninhabited wilderness mountains and valleys. Self-sufficiency quality garden loam soil, abundant groundwater & maintained road access. Camping & RV's ok. No homeowner's Assoc. or deed restrictions. \$22,900, \$2,290 dn. Free brochure with additional property descriptions, photos/ terrain map/ weather chart/area info: 1st United Realty 800.966.6690. (Cal-SCAN)

# APROFESSIONAL

Business & Service Directory

### LANDSCAPE SERVICES



Superior Landscape Services Landscaping and Maintenance

- Sprinkler Repair/Install Pruning
- Mowing/Trimming Fertilizing

Lic#794551 (916) 728-5812 • Cell (916) 761-0999 Dave Cochran Owner • dave\_SLS@surewest.net

### WATCH REPAIR

**Watch Batteries Installed for \$5.00** 

Frank's Jewelry Shop



### COMMERCIAL JANITORIAL SERVICES

### FRANCHISE OPPORTUNITIES AVAILABLE



Commercial Janitorial Service

OF SACRAMENTO

The Superior Choice for **Commercial Cleaning** 

PAINT

Call to schedule your FREE Quote

916.782.3300 • www.ANAGOSAC.COM

### **Painting Services**

### Quality A Paint Service 24 Years Experience ◆ Testimonials Available ◆ Bonded & Insured



All Seniors get 20% off



CALL 773-1111

### 916-967-0763 State Lic. 646386 **COMPUTER SERVICES**



Alan Zinsky Phone: 916-622-2269 Zconfig@sbcglobal.net

### **WE SALUTE**

CALIFORNIA NEWSPAPERS **DURING THIS, THE 77th ANNUAL** NATIONAL NEWSPAPER WEEK

Home of the California **Newspaper Hall of Fame** Join us at cal-press.org



California Press Foundation

### Drug and Alcohol Rehabilitation



HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM! 18 YEARS IN BUSINESS!

DETOX (916) 965-3386

**SOBER LIVING (916) 961-2691** 

# **Print Your Flyers With Us!**

Low Cost • High Volume • Quick Service

• Machine Repairs (all makes and models)

specpluscopiers@gmail.com

• FREE Cleaning (with our cartridge) Bus. Lic. # 305312 • B. E. A. R. Reg. #84416 www.zinskyspcrepair.com

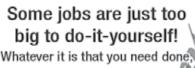
**Specialties Plus** 

• Toner Cartridge Refills

(916) 723-8430

### Call A Professional! Check out the advertisers on this page. They are waiting to hear from you!

# Some models cost more 7319 Fair Oaks Blvd. Carmichael, CA 95608 916-481-0176



LET'S FACE



Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

### LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969

**Legal Advertising P.O. Box 14** Carmichael, CA 95609

### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06647 M & C Veterinary Corp, 4917 T Street Sacramento. CA 95819 is doing business under the Fictitious Business Name(s) "East Sacramento Veterinary Care, East Sac Vet Care ESVC" at 4917 T Street Sacramento, CA 95819, Filed with the Clerk of Sacramento County August 23, 2017. Publish: September 15, 22, 29, and October 6, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06826 Ana R. Hernandez. 3200 Lori Court Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Contents Recovery Solutions" at 4790 Dewey Drive #I Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 31, 2017. Publish: September 15, 22, 29, and October 6, 2017 CONTENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06824 Brah, LLC, 180 Promenade Circle Suite 300 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Infinite Goods" at 180 Promenade Circle Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 31, 2017. Publish: September 15, 22, 29, and October 6, 2017 INFINITE 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06915 Clear Book LLC, 412 N Main Street Suite 100 Buffalo, WY 82834 is doing business under the Fictitious Business Name(s) "Precision Collision Auto Body" at 5320 Buena Vista Ave #3 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 15, 22, 29, and October 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06871 Aldeburgh Circle Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Brighten Up Event Lighting" at 280 Aldeburgh Circle Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 15, 22, 29, and October 6, 2017 BRIGHTEN 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06939 Saulo Hernandez Rosas. 2407 Larkspur Lane #194 Sacramento, CA 95825 doing business under the Fictitious Business Name(s) "La Casa Del Alfarero" at 6661 Florin Road Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 15, 22, 29, and October 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT Ashley Megan Fisher and Andrew Mark Fisher, 8011 Stutz Court Sacramento. CA 95828 is doing business under the Fictitious Business Name(s) "Vineyard Pet Services" at 8011 Stutz Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 31, 2017. Publish: September 15, 22, 29, and October 6, 2017 VINEYARD 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06964 Rodriguez MD. Inc. 4800 Manzanita Avenue Suite C-2 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Avila Clinic" at 4800 Manzanita Avenue Suite C-2 Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 6, 2017. Publish: September 15, 22, 29, and October 6, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-05635 Brandon Villalobos, 7353 Sidney Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Clear Water Pool Services" at 7353 Sidney Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 14, 2017. Publish: September 15, 22, 29, and October 6, 2017 CLEAR 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06947 Fred Services, LLC, 5801 Power Inn Road Suite D Sacramento, CA 95831 doing business under the Fictitious Business Name(s) "Yogurt Monkey" at 2095 Golden Centre Lane #20 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 6, 2017. Publish: September 15, 22, 29, and October 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT Kalpana Ahmed, Iron Point Road Apt 111 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Make U Divine" at 1300 E. Bidwell Street Suite 140 Folsom, CA 95632. Filed with the Clerk of Sacramento County September 7, 2017. Publish: September 15, 22, 29, and October 6, 2017 DIVINE 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06338 Arclight Investments LLC 7465 Mission Gorge Road Suite 106 San Diego, CA 92120 is doing business under the Fictitious Business Name(s) "Fortius Technologies and Consulting Services" at 7465 Mission Gorge Road Suite 106 San Diego, CA 92120. Filed with the Clerk of Sacramento County August 10, 2017. Publish: September 15, 22, 29, and October 6, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06718 Jason Cavileer, 7133 Carana Way Citrus Heights. CA 95621 is doing business under the Fictitious Business Name(s) "All About A Check Co." at 7133 Carana Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 28, 2017. Publish: September 15, 22, 29, and October 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06979 Jelani M. Zuberi, 1400 Sundance Drive Plumas Lake. CA 95961 and Teaira Harris. 1821 Helena Ave #8 Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Axis Barbershop, State Barber Training" at 2850 Northgate Boulevard #3 Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 7, 2017. Publish: September 15, 22, 29, and October 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06922 Ann Mary Joseph and Manoj George, 4016 Grover Court Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "American Aromatics" at 4016 Grover Court Carmichael, CA 95608, Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 15, 22, 29, and October 6, 2017 AMERICAN 170810 10-6-1

10-6-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06960 Jorge U. Aldama. 3016 Valkyrie Way Sacramento, CA 95821 is business under the Fictitious Business Name(s) "Sacramuerto Rock" at 3016 Valkvrie Way Sacramento, CA 95821. Filed with the

Clerk of Sacramento County September 6, 2017. Publish: September 15, 22, 29, and October 6, 2017 FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06935 Gopal Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Papillon

George Moua, 5001 Hari Supply Co., Papillon Supply Company" at 5001 Hari Gopal Way Sacramento, CA 95823, Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 15, 22, 29, and October 6, 2017 PAPILLON 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06958 Tommy Pongoh and Sherly Pangau, 10741 Fair Oaks Boulevard Apt # 67 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Tender Loving Care II-T/S" at 1526 Crestmont Oak Drive Roseville, CA 95661. Filed with the Clerk of Sacramento County September 6, 2017. Publish: September 15, 22, 29, and October 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06682 John Selep, 111 Valley Falls Place Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Insight and Execution" at 111 Valley Falls Place Folsom, CA 95630. Filed with the Clerk of Sacramento County August 25, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07183 Dawn Marie Long, 2706 Wrendale Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "DML Creative Resources" at 2706 Wrendale Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 15, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07027 Francis Mead, 3670 State Highway 49 Cool, CA 95614 is doing business under the Fictitious Business Name(s) "Midtown Foreign Auto Specialties" at 1831 Q Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017 MIDTOWN 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06965 Aaron Grinstain, 2803 57th Street Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Hyperthrive Athletics" at 2703 5 Street #6 Sacramento, CA 95818, Filed with the Clerk of Sacramento County September 6, 2017. Publish: September 22, 29, October 6, and 13, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07035 Falguni Priet, 9262 Floyd Avenue Orangevale, CA 95662 is doing business unde the Fictitious Business Name(s) "JFA Ceuticals" at 9262 Floyd Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06892 Mohammad Yousefkhan, 1612 Safari Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fixer Upper Homes" at 1612 Safari Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 22, 29, October 6, and 13, 2017 FIXER 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07022 Karen A Ray, 6311 Mineral Court Carmichael, CA 95608, Robert and Lane V Parks, 11904 S. Carson Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Howe About A Sub, Subway" at 2310 Fair Oaks Boulevard #B Sacramento, CA 95825, Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07020 House of Bread Church, 6521 Hazel Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "House of Bread Christian Academy, House of Bread Academy" at 6529 Hazel Avenue Orangevale, CA 95662, Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017 HOUSE 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07039 A&G Commercial Services, LLC, 2616 Riesling Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "A&G Commercial Services LLC. A G& Services" at 2616 Riesling Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06909 1020 Digital LLC, 1900 Three Springs Road Bowling Green, KY 42104 is doing business under the Fictitious Business Name(s) "CNX" at 1900 Three Springs Road Bowling Green KY, 42104. Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810 10-13-17

STATEMENT FICTITIOUS BUSINESS NAME FBNF2017-06865 miRx, LLC, 2075 Overland Avenue Billings, MT 59102 is doing business under the Fictitious Business Name(s) "miRx Pharmacy" at 2075 Overland Avenue Billings, MT 59102. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 22, 29, October 6, and 13, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07144 Jason Timmons, 7991 Vintage Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Plant Rx" at 7991 Vintage Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 13, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07045 Rio Events Group, LLC, 1 Granville Court Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) Rio Events Group, Contemporary DJ's" at 1 Granville Court Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 11, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07002 George Little Investments Inc, 4125 Winters Street Sacramento, CA 95838 is doing business under the Fictitious Business Name(s "College Oak Towing, Little's Auto & Truck" at 4125 Winters Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 7, 2017. Publish: September 22, 29, October 6, and 13, 2017 COLLEGE 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07058 Manjit Gill, 8200 Cook Riolo Road Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Nor-Cal ATMS USA" at 8200 Cook Riolo Road Antelope, CA 95843. Filed with the Clerk of Sacramento County September 11, 2017. Publish: September 22, 29, October 6, and 13, 2017 NOR CAL 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07167 Loel G Heupel, 4725 Moore Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mosaic Wealth Solutions" at 650 University Avenue Suite 202 Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07156 Behroz Hajyhosseinzadeh, 2251 Watt Avenue #226 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sabzezar" at 2521 Yorktown Avenue Sacramento, CA 95821, Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07162 Advanced Home Health and Hospice, Inc, 4370 Auburn Blvd Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Advanced Hospice & Palliative Care" at 4970 Auburn Boulevard Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 22, 29, October 6, and 13, 2017 170810 10-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07123 Partap Distributor, LLC, 9132 Palmerson Drive Antelope. CA 95843 is doing business under the Fictitious Business Name(s) "Bio Green Roots" at 9132 Palmerson Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County September 13, 2017. Publish: September 22, 29, October 6, and 13, 2017 10-13-17 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07153 Yuriv Lavrenchuk, 7846 Kanan Court Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "King Trans" at 7846 Kanan Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 13, 2017. Publish: September 22, 29, October 6, and 13, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07395 Hillcrest Apartments, LLC, 7524 Old Auburn Road Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "San Juan Center" at 7524 Old Auburn Road Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 22, 2017. Publish: September 29, October 6, 13, and 20, 2017 SAN JUAN 170810 10-20-17

STATEMENT FICTITIOUS BUSINESS NAME FBNF2017-07289 Henry Vi Lu, 3981 Cottontail Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Mandarin Garden" at 9185 Kiefer Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 20, 2017. Publish: September 29, October 6, 13, and 20, 2017 MANDARIN 170810 10-20-17

FICTITIOUS BUSINESS NAME STATEMENT Kathleen Smith, 2009 Vizcaya FBNF2017-06798 Walk Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Club Pilates, Natomas" at 2680 Del Paso Road Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 30, 2017. Publish: September 29, October 6, 13, and 20, 2017 170810 CLUB

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07246 Tim Long, 7875 Snead Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Long Insurance Services" at 6840 65th Street #115 Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 18, 2017. Publish: September 29, October 6, 13, and 20, 2017 170810 LONG 10-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07256 Joshua Annanais Gillespie, 5212 Heartland Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Norcals Traffic Safety" at 5212 Heartland Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County September 19, 2017. Publish: September 29, October 6, 13, and 20, 2017 NORCALS 170810 10-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07283 Abbas Alrubaye, 4800 Zube Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "AA Auto Body" at 3784 Omec Circle Suite #3 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 19, 2017. Publish: September 29, October 6, 13, and 20, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07100 Ronald Gene Nelson, 4549 Rosecliff Circle Mather, CA 95655 is doing business under the Fictitious Business Name(s) "On-Site Emissions Service" at 4549 Rosecliff Circle Mather, CA 95655. Filed with the Clerk of Sacramento County September 12, 2017. Publish: September 29, October 6, 13, and 20, 2017 ON-SITE 170810 10-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07182 Erick and Rafael Villeda, 10346 Birmingham Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Elegante" at 5940 Don Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 29, October 6, 13, and 20, 2017 170810 10-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07320 David Brooke, 3313 Brownlea Circle Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Norcal Moulding, Norcal Molding" at 3313 Brownlea Circle Antelope, CA 95843, Filed with the Clerk of Sacramento County September 20, 2017. Publish: September 29, October 6, 13, and 20, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06895 Jacqueline A Cole, 2142 4th Avenue Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "VG Consulting" at 2142 4th Avenue Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 29, October 6, 13, and 20, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06912 Vang Sanh Inc, 5345 San Juan Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Salon D' Elegance" at 5345 San Juan Avenue Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 29, October 6, 13, and 20, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07556 Diane Schreiner, 7225 Linda Sue Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Professional Library Management" at 7225 Linda Sue Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 6, 13, 20, and 27, 2017

170810 FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07527 Vladimir Asanidze, 4535 Jenness Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Advanced Capitol Realty" at 3221 Elkhorn Boulevard #26 North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 28, 2017. Publish: October 6, 13, 20, and 27, 2017

ADVANCED 170810 FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07501 Susan E. Esterley 4230 Stollwood Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bear Flag Tours" at 4230 Stollwood Drive Carmichael, CA 95608. Filed with the Clerk

of Sacramento County September 27, 2017. Publish: October 6, 13, 20, and 27, 2017 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07474 Sacramento Region Performing Arts Alliance, 1030 15th Street Suite 200 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sacramento Philharmonic & Opera" at 1030 15th Street Suite 200 Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 6, 13, 20, and 27, 2017

170810 10-27-17 FICTITIOUS BUSINESS NAME STATEMENT ELS Investments, 9980 FBNF2017-07184 Horn Road Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Environmental Landscape Solutions" at 9980 Horn Road Sacramento, CA 95827. Filed with the

Clerk of Sacramento County September 15, 2017. Publish: October 6, 13, 20, and 27, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-06946 Vitality Rx LLC, 210 Blue Ravine Road Suite 170 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Vitality Pharmacy" at 210 Blue Ravine Road Suite 170 Folsom, CA 95630. Filed with the Clerk of Sacramento County September 6, 2017. Publish: October 6, 13, 20, and 27, 2017 VITALITY 170810 10-27-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07419 Ivy Mantombi Gilbert, 5928 Coyle Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "American Goods for Less" at 5928 Coyle Avenue Carmichael, CA 95608, Filed with the Clerk of Sacramento County September 25, 2017. Publish: October 6, 13, 20, and 27, 2017 10-27-17 AMERICAN 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07480 Anare Radravu, 2740 Elvyra Way #42 Sacramento, CA 95821 and Mereseini Lave Radravu, 2740 Elvyra Way #42 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "FIJI Paradise Care" at 2740 Elvvra Wav #42 Sacramento, CA 95821, Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 6, 13, 20, and 27, 2017

170810 FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07042 Annalakshmi Inc, 1167 Riley Street Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Suvai, Arusuvai, Suvai 6, Suvai Six, 6 Suvai, Six Suvai" at 1167 Riley Street Folsom, CA 95630. Filed with the Clerk of Sacramento County September 8, 2017. Publish: October 6, 13, 20, and 27, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07274 Grace and Armando Cornelio. 2322 Elena Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Crown Plumbing and Construction" at 5920 Fai Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2017. Publish: October 6, 13, 20, and 27, 2017

170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07267 Edward Louis Jones, 7117 Murdock Way Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "Pro Destiny Coaching" at 7117 Murdock Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2017. Publish: October 6, 13, 20, and 27, 2017 10-27-17 PRO 170810

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07054 Allison Rene Severini, 4405 Robertson Avenue Sacramento, CA 95821 and Hillary Schuessler, 2812 Garfield Avenue Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "HoneyComb" at 4405 Robertson Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 11, 2017. Publish: October 6, 13, 20, and 27, 2017

170810

10-27-17

HONEY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07232 ClearInsure Agency, LLC, 1140 Reservoir Avenue Cranston, Rhode Island 02920 is doing business under the Fictitious Business Name(s) "ClearInsure Insurance Agency" at 1140 Reservoir Avenue Cranston, Rhode Island 02920. Filed with the Clerk of Sacramento County September 18, 2017. Publish: October 6, 13, 20, and 27, 2017 CLEAR 170810 10-27-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-07478 Vitaliv Martvnvuk 4912 Walnut Avenue Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "VM Transport" at 4912 Walnut Avenue Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 6, 13, 20, and 27, 2017 10-27-17

170810

FICTITIOUS BUSINESS NAME STATEMENT Daniel A. Reyes, 805 Quail Court Lincoln, CA 95648 is doing business under the Fictitious Business Name(s) "MAD Backhoe" at 7342 6th Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 22, 2017 Publish: October 6, 13, 20, and 27, 2017 170810

### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2014-05278 The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Contemporary DJ's" located at 4471 E. Commerce Way Sacramento, CA 95834, Jessica Lora. 4471 E. Commerce Way Sacramento, CA 95834. The Fictitious Business Name Statement referred to above was filed on June 24, 2014 in the County of Sacramento. Publish: September 15, 22, 29, and October 6, 2017

170707 STATEMENT OF ABANDONMENT OF

FICTITIOUS BUSINESS NAME FBNF2015-08938 The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Yogurt Monkey" located at 2095 Golden Center Lane #20 Rancho Cordova, CA 95670. Christina and Mark Sinclair, 3153 Flagler Way Rancho Cordova, CA 95670. The Fictitious Business Name Statement referred to above was filed on November 19, 2015 in the County of Sacramento. Publish: September 15, 22, 29, and October 6, 2017

### ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00218669

WHEREAS Michelle Kathleen Witten has filed a petition with this court for a decree changing the name(s) of Maria Rosa Aldrete to Maria Rosa Witten. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on December 14, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 7, 2017

David I. Brown, Judge of the Superior Court Publish: September 15, 22, 29, and October 6, 2017 170705

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00217960 WHEREAS Aubrev Renee White have filed a petition

with this court for a decree changing the name(s) of Aubrev Renee White to Aubrey Renee Silva. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 5, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 25, 2017

Raymond M. Cadei, Judge of the Superior Court Publish: September 15, 22, 29, and October 6. 2017 170705

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00218547

WHEREAS Mohammad Hadi and ENU Rugia have filed a petition with this court for a decree changing the name(s) of Mohammad Hadi to Mohammad Hadi Faizi, and FNU Ruqia to Ruqia Faizi. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on December 13, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 6, 2017 Raymond M. Cadei, Judge of the Superior Court

Publish: September 15, 22, 29, and October 6, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00215288

WHEREAS Michelle Pamela Marks have filed a petition with this court for a decree changing the name(s) of Michelle Pamela Marks to Michelle Pamela Adams. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on October 13, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 11, 2017 Raymond M. Cadei, Judge of the Superior Court

Publish: September 15, 22, 29, and October 6, 2017 170705

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00210744

WHEREAS FNU Sulaiman has filed a petition with this court for a decree changing the name(s) of FNU Sulaiman to Sulaiman Malyar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 20, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 18, 2017 David I. Brown, Judge of the Superior Court

Publish: September 22, 29, October 6, and 13, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00217905 WHEREAS Candice Smiles on behalf of

Aiden Nichols, a minor has filed a petition with this court for a decree changing the name(s) of Aiden Joseph Nichols to Aiden Joseph Locke. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

2:00 p.m. on December 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 23, 2017 David I. Brown, Judge of the Superior Court

Publish: September 22, 29, October 6, and 13, 2017 LOCKE 170705 10-13-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00216720 WHEREAS Christopher Fealofani Moa

has filed a petition with this court for a decree changing the name(s) of Christopher Fealofani Moa to Christopher Fealofani Vaea. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 6, 2017, in Department 53. located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 3, 2017

David I. Brown, Judge of the Superior Court Publish: September 29, October 6, 13, and 20, 2017 170705 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219471

WHEREAS Sidney Witt has filed a petition with this court for a decree changing the name(s) of Sidney Witt to Sidney Frasier. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 27, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 22, 2017 David I. Brown, Judge of the Superior Court

Publish: September 29, October 6, 13, and 20, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00209267

WHEREAS Felicia Casados and on behalf of

Mariano Gonzales-Villalobos, a minor has filed a petition with this court for a decree changing the name(s) of Felicia Diane Casados to Felicia Diane Gonzales and Mariano Anthony Gonzales-Villalobos to Mariano Anthony Gonzales. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 22, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition

Dated: September 20, 2017 David I. Brown, Judge of the Superior Court Publish: September 29, October 6, 13, and 20, 2017 GONZALES 170705

for Change of Name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219400

WHEREAS Aimee Stark has filed a petition with this court for a decree changing the name(s) of Fatima Mae Santillana Khan to Famy Mae Stark. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

2:00 p.m. on December 26, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: September 21, 2017 David I. Brown, Judge of the Superior Court

Publish: September 29, October 6, 13, and 20, 2017 170705 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219328 WHEREAS Chia Kaja has filed a petition

with this court for a decree changing the name(s) of Chia Kaja to Chia Kaja Yang. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 26, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 20, 2017 Raymond M. Cadei, Judge of the Superior Court

Publish: September 29, October 6, 13, and 20, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00216762

WHEREAS Lupemua Makelesi Olympia Smith & Lemisio Moa Vaea have filed a petition with this court for a decree changing the name(s) of Lemisio Antonio Vaea Moa to Lemisio Atonio Vaea, Tevita Teiko Vaea Moa to Tevita Teiko Vaea, Gared Thomas Vaea Moa to Gared Thomas Vaea, and Malia Lilvana Angelyse Vaea to Malia Ana Lily Tupoutu'a Vaea.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 7, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 4, 2017 Raymond M. Cadei, Judge of the Superior Court

Publish: September 29, October 6, 13, and 20, 2017 VAEA 170705

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219473 WHEREAS Stefanie Chis has filed a petition

with this court for a decree changing the name(s) of Stefanie Chis to Stefanie Berci Chis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 27, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 22, 2017 David I. Brown, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017

CHIS

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00215509

170705

10-27-17

WHEREAS Regina Fave Drake has filed a petition with this court for a decree changing the name(s) of Regina Faye Drake to Leah Drake. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 26, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 20, 2017

David I. Brown, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017 DRAKE 10-27-17 170705

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219857

WHEREAS FNU Nangialay has filed a petition with this court for a decree changing the name(s) of FNU Nangialay to Nangialay Baryal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 4, 2018, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: September 29, 2017

David I. Brown, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017 170705

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2017-00219740 WHEREAS Alla Grits has filed a petition with this court for a decree changing the name(s) of Vladislav Pamucciu to Vladislav Grits. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 2, 2018, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 27, 2017 Raymond M. Cadei, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219297

WHEREAS FNU Mustafa and FNU Freshta have filed a petition with this court for a decree changing the name(s) of FNU Mustafa to Mustafa Khurasani. FNU Freshta to Freshta Khurasani, Maryam Badi to Maryam Khurasani, and Aisha Badi to Tahmina Khurasani.

IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on December 21, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 20, 2017 Raymond M. Cadei, Judge of the Superior Court

Publish: October 6, 13, 20, and 27, 2017 FRESHTA 170705 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00219619 WHEREAS FNU Nazifa has filed a petition

with this court for a decree changing the name(s) of FNU Nazifa to NAZIFA GARDIZI. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 28, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: September 26, 2017 Raymond M. Cadei, Judge of the Superior Court Publish: October 6, 13, 20, and 27, 2017

**LEGAL ADS FOR SACRAMENTO COUNTY?** We Can

Do That!/ Call to place your legal advertising

MPG483-2299

All Legal Ads Published in the Carmichael Times & RC Independent

# 5 Year FIXED RATE Home Equity Line of Credit Loan

4.25% Initial APR\*

### CHECK THE EL DORADO ADVANTAGE:

- **FIXED RATE for 5 Years**
- Local Processing & Servicing No Closing Costs on Qualifying Transactions
- Flexibility and Convenience
- Have Funds Available for Current and Future Needs Home Improvement, Debt Consolidation, College Tuition
- Interest May be Tax Deductible (Please consult your tax advisor)



**FDIC** 

Serving our local communities since 1958

www.eldoradosavingsbank.com

CARMICHAEL • 4701 Manzanita Ave. • 481-0664 Se Habla Espanol • 800-874-9779

The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loa The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.75%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$150,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.





LOANER CAR WITH ANY REPAIR

Present this coupon and receive a free loaner car for the duration of your repairs after authorization. Some restrictions apply - call for details. Coupon must be presented upon authorization. mit 1 coupon per customer. Not valid with any other offer. Expires 12/31/17.

Email: info@aebodyshop.com • www.aebodyshop.com Monday - Friday: 8:00 a.m. - 5:00 p.m. Saturday: By appointment • Sunday: Closed

Phone 916-339-1776 • Fax 916-339-1700

OCTOBER 6, 2017

WINNE 2017

**★**Complete **Collision Repair** 

★Free Estimates

★24 Hour Towing

★We Work with All

**Insurance Companies** 



# Mufflers • Converters

# Fabrication • Custom Exhaust

6611 Fair Oaks Blvd, Carmichael

We Beat Anyone's Prices Call Us!! 916-333-3318



Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

> **Grace Baptist still stands on the Principles, Doctrines and Separation,** found and taught in The Bible

### Service Schedules

Sunday Schools (All Ages) 9:45am Sunday Worship 11:00 am Sunday Evening 6:00pm Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628 (Located one block South of Madison; just East of Dewey) **Pastor Charles Carter (916) 967-3915** 

Call for more information

### Don't Suffer From Pain, Stress or Fatigue any Longer

**The Rewards:** By removing undetected nerve damage, eliminating the harmful effects of stress and reducing chemical toxicity, we often get results from problems no one else has helped.

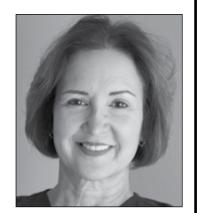
### **Stop Suffering From:**

- Neck or back pain
- Numbness/tingling
- Fatigue
- Sleep problems
- Joint pain
- Allergies/asthma • Headache
- Dizziness
- Digestive problems Irritablity
- Weight problems • Hormonal imbalance

### $\rightarrow$ Medicare provider

- → Auto accidents covered 100% with your med-pay or attorney lien
- → Cash plans

\$49 - Consultation, Chiropractic & Orthopedic Exam, Functional Medicine Testing, Spinal x-rays (if necessary) & Report of any findings (a \$128 value).



### **Blakely Health and Wellness** Dr. Beth Blakely, DC.

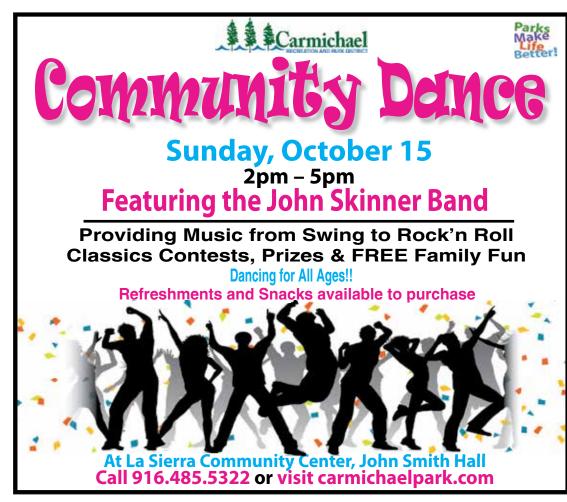
3928 California Ave. Charmichael. CA 95608

Female Chiropractor, Owner/Practitioner

Call us today to schedule your appointment!

916-944-1444

www.drbethblakely.com



### Publisher, Paul V. Scholl

Carmichael Times is a member of **Messenger Publishing Group** 

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

# Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/ or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County. The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.



(ISSN # 1948-1918).





## **A-TEK GLASS CENTER**

Your One Stop Local Glass Shop

Free Windshield Chip

Repair with Insurance

Coverage

**Serving Carmichael Community for 23 Years** 

### HOME BUSINESS

■ Auto Glass

■ Windshields

■ Power Windows

- Truck Slider
- Sunroofs
- Single & Dual
- **Pane Glass**
- **■** Shower Door

**■** Store Front

Windows

■ Mirror & Screen

**■** Glass Shelves

■ Table Tops

Factory Direct New Vinyl and Aluminum Windows

Call 7 Days a Week - 916-481-9966

Fast, Professional Glass Repair ■ Direct Approved Insurance Billing

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou



### Make It Fun and It Will Get Done! The Secret to Being Organized Pam Young's Corner

### 3 Easy Things to Do to Lose Weight

Are you always looking for ways to lose weight and keep it

To really lose weight you have to change the way you eat. Duh!

Recently there was an article that dealt with the psychology of overeating. It told about a couple of studies you might be interested in. One was conducted by researchers with extraordinary credentials from prestigious educational institutions, but the article concluded with this quote: "Ultimately, all this research shows we need to understand the brain chemistry behind overeating a lot better. Until we do, there won't be any really significant advances in medications to help people lose weight," Dr. David Herber, a professor of medicine and director of the Center for Human Nutrition at the University of California, Los Angeles.

### 1. You have the power to change your brain chemistry

You have the power to change your brain chemistry with your thinking and feeling. In one of the studies young women were

asked to sit in a brain scanner while drinking a chocolate milk shake. Half the women were told that the yummy treat was a regular shake; the other half were told it was a low-fat version. In truth they all got the same shake!

As the researchers watched their monitors, the reward centers of the shake drinkers' brains lit up when the women consumed the shakes. But the women who thought they were getting a low-fat shake had much less activation. In other words, "knowing" that the shake was low fat took a lot of the fun out of the experience. Low-fat labels may backfire by making food seem less tasty, according to scientists at the Oregon Research Institute. Nelly (my inner child) can attest to that! She hates those words "low fat" on a label!

Because of these fancy scanners we now know that we have a "reward center" in our brains! I know we can activate that center by having positive and loving talks with ourselves. Here's an example before I tell you about the other study.

When my grandson underwent very serious, open-heart surgery a few years ago, I could easily have let Nelly be out of control. I wasn't eating regularly or drinking the amount of water I needed and one evening when I came home from the hospital I wanted a glass of wine. Nelly was definitely behind the desire and I recognized her "voice" which had an entitlement edge to it.

"This was a hard day and I don't have to follow the rules after a bad day, I don't want to fix dinner and I want wine." My rule is no wine except on Saturday and then just one glass with dinner. Because I recognized "Nelly," I said, "Let's have a big glass with ice water and sit down in the living room and talk." I'll paraphrase what I

"Oh sweet heart, I love you so much and I know how hard it's been to see all those tubes in Jacob and to see him suffer and not be himself. I know how much you love him and his mama and how worried you've been for both of them,

this Copyright Notice that neither said Juristic Person,

but we have to stick to our rules we both agreed on and I'm so proud of how well you've been doing! You are just the best! Oh, wait a minute, I know what we can do while we relax and look out the window at the birds and the river; we can pretend this water is wine! Let's sip it and savor it and breathe and pretend. Common it'll be fun!"

### 2. You can activate the reward center in your brain with

As I sipped the water and enjoyed the beautiful scenery out my living room window I know I lit up my "reward center," because I could feel it! A glass of wine would not even come close to that "happy" hour (really 15 minutes) I had in that chair. If you can take the time and focus on giving your inner child love and attention you can activate that reward center whenever you want to.

### 3. Control what you see and you'll control your

In the other study, researchers rounded up 53 college students and asked them to judge a bunch of posters promoting exercise. After the students rated the exercise posters, they were then asked to evaluate some raisins. (They were told they could eat as many as they needed to make their evaluations.)

Then researchers ran the same experiment but substituted posters that promoted friendship and togetherness in place of the

exercise posters. Again the students were asked to rate some raisins after evaluating the posters. The group of students who evaluated the exercise posters scarfed down more raisins than the group that evaluated the friendship posters.

The author of this experiment. Delores Albarracin, a professor of psychiatry, suspects that the exercise posters simply inspired the students to do "something" and because food was available, eating became the thing to do.

NOT! Now I'm no psychiatrist, but I think Delores is off with here assumption. Even though I didn't see the posters of the exercise people, I'll bet they were hard bodies, all buff and beautiful. It would make Nelly, my inner child want to eat more raisins. I can just hear her say, "We'll never look like that and besides that doesn't look fun! Oh goody some raisins!"

The research community is really in a quandary about how to motivate people to eat healthy and exercise. Delores said, "We need to be careful about when and where we encourage people to work out. We shouldn't be showing ads touting the benefits of exercise when people are sitting in front of the TV with a bag of chips in their hands. The study brings up the intriguing possibility that these ads could be doing more harm than good if they are not targeted correctly."

If I could talk to Delores... Delores, your ads should

show real people, with thirty

pounds to lose, all sweaty but happy, because they're THROUGH exercising and now they're feeling that glorious feeling of having it OVER WITH and being proud of what they've done, while they laugh and hug each other on their way to the showers.

In other words, make your ads real and quit telling people to eat a low fat diet. That's why people are fat, they're eating foods high in carbohydrates under the guise of low fat, and if they'd restrict carbs and eat more food high in fat they'd never be hungry or crave those deadly high carb foods which are the culprits behind weight gain...Delores.

If you want to kick the cravings, stop yo-yoing your weight and lose weight for good, I suggest embarking on a low-carb, Paleo lifestyle. In my book, The Mouth Trap: the butt stops here! I take you on my journey from being an avid Weight Watcher with its calories-incalories out theory (which I've never been able to maintain) to eating a restricted carbohydrate. high fat diet and enjoying the healthiest body I've ever had.

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon.

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969 Legal Advertising Hotline 916-483-2299 **Legal Advertising** P.O. Box 14, Carmichael, CA 95609 Legal Advertising Fax 916-773-2999

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO **ADMINISTER** ESTATE OF RONNIE GARY BLOCK

CASE No. 34-2017-00218868

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ronnie Garv Block. A Petition for Probate has been filed by Kathleen J. Connors in the Superior Court of California, County of Sacramento, requesting that Kathleen J. Connors, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the court should not grant the authority. A hearing on the petition will be held in this court as follows December 14, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. YOU ARE A CRÉDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Kathleen J. Connors

82 Sunshine Avenue Sequim, WA 98382 817-559-5006

Publish: September 22, 29. and October 6, 2017 **CONNORS** 170622 10-6-17

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID C. LENNERTON

CASE No. 34-2017-00219746 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of David C. Lennerton. A Petition for Probate has been filed by Michael P. Lennerton in the Superior Court of California, County of Sacramento, requesting that Michael P. Lennerton, be appointed as personal representative administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration

authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows November 1, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and elephone number of the Attorney for the Petitioner is: Samuel K. Swenson 8788 Greenback Lane Suite 105

Orangevale, CA 95662 916-333-0833 Publish: October 6, 13, and 20, 2017

LENNERTON

10-20-17

### LEGAL NOTICE

IN THE SUPERIOR COURT OF DOUGHERTY COUNTY STATE OF GEORGIA IN THE MATTER OF THE ADOPTION PETITION OF: DOROTHY JOYCE WHITE TO ADOPT THE MINOR CHILDREN: MESSIAH KASH HOLMES, a male minor child and LONDON TYRIONNA HOLMES, a female minor child DOCKET NUMBER 17-M16-1

NOTICE TO LEGAL FATHER: JICOLBI DEMETRIUS JONES a/k/a/ "JICOLBI DEMETRIUS BUTTS 5604 Hillsdale Boulevard Apartment A Sacramento, California 95842

You are hereby notified that on September 15, 2017, a petition was filed in the Superior Court of Dougherty County, Georgia by DOROTHY JOYCE WHITE seeking to terminate your parental rights in connection with the above styled adoption proceeding to adopt the following two children: MESSIAH KASH HOLMES, a male minor child, born June 23, 2013, in Dougherty County, Georgia, and LONDON TYRIONNA HOLMES, a female minor child, born December 22, 2015, in Dougherty County, Georgia.

Be informed that you will lose all rights to the child and will neither receive notice nor be entitled to object to the adoption of the child, unless, within 60 days of the date of first publication of this notice you file an objection to the adoption and you served a copy on Petitioner's attorney, JAMES FINKELSTEIN, at: JAMES FINKELSTEIN, Ga. Bar #261375 Attorney for Petitioner 606 Baldwin Drive Albany, GA. 31707 (229) 436-7824 Facsimile: 229/436-5657 HYPERLINK "mailto:infinkelstein@ bellsouth.net" infinkelstein@bellsouth.net

WITNESS the Honorable WILLIE E. LOCKETTE, Chief Judge, Dougherty County, Georgia, Superior Court. This 15 day of September, 2017. Phyllis N. Johnson Deputy Clerk Superior Court Dougherty County 170915 10-20-17

### Copy Right Notice

Common Law Copyright Notice: All rights reserved re common-law copyright for trade-name/trademark, JERRY TAI SI NGUYEN© as well as any and all derivatives and variations in the spelling of said trade-names/trademarks - Copyright © 2007, by Jerry Tai Si Nguyen©. Said tradenames/trademarks, ©, may neither be used, nor reproduced, neither in whole nor in part, nor in any manner whatsoever, without the prior, express, written consent and acknowledgment of Jerry Tai Si Nguyen© as signified by the Blue-ink signature of Jerry Tai Si Nguyen©, hereinafter 'Secured Party.' With the intent of being contractually bound, any Juristic Person, as well as the agent of said Juristic Person, consents and agrees by

nor the agent of said Juristic Person, shall display, nor otherwise use in any manner, the trade-name/trademark, nor common-law copyright described herein, nor any derivative of, nor any variation in the spelling of, said name without prior, express, written consent and acknowledgment of Secured Party, as signified by Secured Party's signature in Blue-ink. Secured Party neither grants, nor implies, nor otherwise gives consen and all such unauthorized use is strictly prohibited. Secured Party, under necessity, is accommodation party, and a surety for the purported debtor, i.e. "JERRY TAI SI NGUYENO" nor for any derivative of, nor for any variation in the spelling of, said name, nor for any other juristic person, and is so-indemnified and held harmless by Debtor, i.e. "JERRY TAI SI NGUYEN©" in Hold-No. H.H.I.A.#010207-3/JTSN dated at the time of notarizing; against any and all claims, legal actions, orders, warrants, judgments, demands, liabilities, losses, depositions, summonses, lawsuits, costs, fines, liens levies, penalties, damages, interests, and expenses whatsoever, both absolute and contingent, as are due hereafter arise, and as might be suffered by, imposed on, and incurred by Debtor for any and every reason, purpose, and cause whatsoever. Self-executing Contract / Security Agreement in Event of Unauthorized Use: By agent of said Juristic Person, hereinafter jointly and severally "User," consent and agree that any use of "JERRY TAI SI NGUYEN©", other than authorized use as set forth above; constitutes unauthorized use of Secured Party's copyrighted property and contractually binds User. This Notice by Declaration becomes a Security Agreement wherein User is a debtor and Jerry Tai Si Nguyen is Secured Party, and signifies that User: (1) grants Secured Party a security interest in all of User's property and interest in property in the sum certain amount of \$500,000.00 per each trade-name/ trademark used, per each occurrence of use (violation/ infringement), plus triple damages, plus costs for each such use, as well as for each and every use of any and all derivatives of, and variations in the spelling of, JERRY TAI SI NGUYENO; (2) authenticates this Security Agreement wherein User is debtor and Jerry Tai Si Nguyen© is Secured Party, and wherein User pledges all of User's property, i.e. all consumer goods, farm products, inventory, equipment, money, investment property, commercial tort claims, letters of credit, letterof-credit rights, chattel paper, instruments, deposit accounts, accounts, documents, and general intangibles, and all User's interest in all such foregoing property, now owned and hereafter acquired, now existing and hereafter arising, and wherever located, as collateral for securing Users contractual obligation in favor of Secured Party for User's unauthorized use of Secured Party's copyrighted property; (3) consents and agrees with Secured Party's filing of a UCC Financing Statement wherein User is debtor and Jerry Tai Si Nguyen© is Secured Party; (4) consents and agrees that said UCC Financing Statement described above in paragraph "(3)" is a continuing financing statement, and further consents and agrees with Secured Party's filing of any continuation statement necessary for maintaining Secured Party's perfected security interest in all of User's property and interest in property pledged as collateral in Security Agreement described above in paragraph "(2)," until User's contractual obligation theretofore incurred has been fully satisfied; (5) authorizes Secured Party's filing of any UCC Financing Statement, as described above in paragraph "(3)," as well as in paragraph "(4)," and the filing of any Security Agreement, as described above in paragraph "(2)," in the UCC filing office; (6) consents and agrees that any and all such filings described in paragraph "(4)" and "(5)" above are not, and may not be considered, bogus, and that User will not claim that any such filing is bogus; (7) waives all defenses; and (8) appoints Secured Party as Authorized Representative for User, effective upon User's default re User's contractual obligations in favor of Secured Party as set forth below under "Payment Terms" and "Default Terms," with full authorization and power granted Secured Party for engaging in any and all actions on behalf of User including, but not limited by, authentication of a record on behalf of User, as Secured Party, in Secured Party's sole discretion, deems appropriate, and User further consents and agrees that this appointment of Secured Party as Authorized Representative for User, effective upon User's default, is irrevocable and coupled with a security interest. User further consents and agrees with all of the following additional terms of Self-executing Contract/ Security Agreement in Event of Unauthorized Use. Default Terms: In event of non-payment in full of all unauthorized-use fees by User within ten (10) days of date Invoice is sent. User shall be deemed in default and (a) all of User's property and interest in property pledged as collateral by User, as set forth in above in paragraph "(2)," immediately becomes, i.e. is, property of Secured Party: (b) Secured Party is appointed User's Authorized ntative as set forth above in paragraph "(8)"; and (c) User consents and agrees that Secured Party may take possession of, as well as otherwise dispose of in any manner that Secured Party, in Secured Party's sole discretion, deems appropriate, including, but not limited by, sale at auction, at any time following User's default, and without further notice, any and all of User's former property and interest in property formerly pledged as collateral by User, now property of Secured Party, in respect of this "Self-executing Contract/Security Agreement in Event of Unauthorized Use," that Secured Party, again in Secured Party's sole discretion, deems appropriate. Terms for Curing Default: Upon event of default, as set forth above under "Default Terms,"

### STATEPOINT CROSSWORD • HOLLYWOOD CROSSWORD

### **CLUES**

**ACROSS** Jessica Parker

6. Bag, in Paris 9. Diplomat's forte

13. Opposite of cathode 14. \*"Chinatown" sequel

15. Chocolate tree 16. Considering everything

17. Pro vote 18. Sleep spoiler?

19. \*Famous filmmaker Cecil \*"The Jazz Singer" was the first one

23. "To Kill a Mockingbird

recluse 24. \*Cary Grant in "His

Friday' 5. FedEx competitor 28. Family room staple 30. \*Hollywood, a.k.a.

35. Not kosher 37. Perfect houseplant spot

39. Mother-of-pearl 40. Tiny amount Island, NY

43. Pre-college school

44. Opposite of rappel 46. \*Japanese American

actor with star on Hollywood

47. Religious offshoot 48. Trojan hero

50 Superbright 52. Pilot's deadline

we forget'

55. Ballerina's support \*Famous boulevard

\*Grauman's \_ \_ Theatre 64. A mood disorder

65. Before

67. Did not smell good 68. Discrimination against

seniors 70. Fear-inspiring

\*Scorcese and De Niro

the wild rumpus beain!'

73. Goes down

DOWN 1. Aforementioned \*Hathaway or Bancroft

3. Knock about

. Impromptu 5. How-do-you-dos

6. Eye affliction 7. Leave speechless

8. Raccoon's South American

\*Feature film actors first did it in the 1920s 10. Antioxidant-rich berry

11. Kind of package 12. \*Director Ford or actor Hanks

15. Summon one to enter 20. \*Clint Eastwood's "Every Which Way but

22. \*Motion picture, a visual

24. Dandy 25. Carthage's ancient rival

26. Proletarian, for short

27. Become established 29. \*The industry

irrespective of any and all of Users former property and interest in property in the possession of, as well as disposed of by, Secured Party, as authorized above under "Default Terms." User may cure User's default re only the remainder of User's former property and interest in property formerly pledged as collateral that is neither in the possession of, nor otherwise disposed of by. Secured Party within twenty (20) days of date of User's default only by payment in full. Unauthorized use: payment terms; in accordance with fees for unauthorized use of JERRY TAI SI NGUYEN© as set forth above the user hereby consent and agrees that users shall pay secured party all un-authorized use fees in full within 10 days of

date of secured party's invoice, hereinafter "invoice"

itemizing said fees, as sent and received by tort feasor. Terms of Strict Foreclosure: User's non-payment

in full of all unauthorized-use fees itemized in Invoice

within said twenty- (20) day period for curing default as

set forth above under "Terms for Curing Default" authorizes Secured Party's immediate non-judicial strict

foreclosure on any and all remaining property and

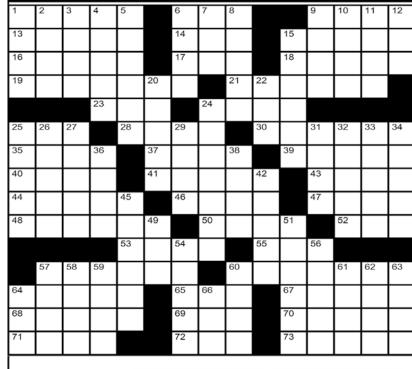
interest in property formerly pledged as collateral by

User, now property of Secured Party, which is not in the

possession of, nor otherwise disposed of by. Secured

Party upon expiration of said twenty (20) day strict-foreclosure period. Ownership subject to common-law

copyright and UCC Financing Statement and Security Agreement filed with the UCC filling office.



dish **Our Best** Deal Ever!

© StatePoint Media



Call Today, Save 30%! **1-800-318-5121** 

for more information

**Crossword Puzzle Solutions on Page 6** 

31. Takes a siesta

33. Upright

36. \*Walk of

38. Facebook button 42 Truth in the olden days

45. Type of fir 49. "Savvy?"

51. Made noise 54. Stainless stuff

56. \*Bruce Lee's 57. \*"Hollywood the Dragon" by brother of

19 Across 58. Computer operating system

59. Inconclusive

60. Copper coin 61. Eurozone money

62. Edward Scissorhands' sound

63. Augments 64. Dojo turf

66. Future fish



**GOT KNEE PAIN?** 

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9. Solutions on Page 6

### **LEGAL NOTICE**

NOTICE TO CREDITORS IN THE MATTER OF

ARLAND CONNER

NOTICE is hereby given that the undersigned is a duly appointed and qualified Trustee of The ARLAND & PEGGY CONNER REVOCABLE LIVING TRUST, DATED SEPTEMBER 18, 2014; ARLAND CONNER, the Grantor of the Trust, died on August 15, 2017.

A creditor having a claim against the Trust estate must file a claim with Kalicki Collier, LLP at 401 Ryland Street, Suite 200, Reno, NV 89502, within ninety (90) days after the first publication

DATED this 6 day of September, 2017.

CALL 773-1111 TO ADVERTISE IN YOUR LOCAL HOMETOWN NEWSPAPER

## **Sacramento County DA Reports**



### **Doctor Convicted for Sexually** Assaulting Patient

DATE: September 21, 2017

**CASE:** Logan Vincent Ford (Case #15F04758) PROSECUTOR: Deputy District Attorney Matt Chisholm, Adult Sexual Assault Prosecution Unit

Logan Vincent Ford was convicted by a jury of forcible rape, forcible digital penetration, and two counts of sexual exploitation of a patient.

In March 2015, the 53-year-old victim went to the 420MD clinic to get a prescription for medical marijuana to treat pain from various health conditions. Dr. Ford committed a forcible sexual assault on the victim during the exam. The victim reported the assault later that same day and participated in an evidentiary exam at a hospital. Unknown male DNA was recovered during the exam. Testing by the District Attorney's Crime Lab determined the DNA was a match to Ford. Ford is also facing charges in Alameda County for allegedly committing a sexual battery against a different patient during an exam at a Berkeley 420MD clinic.

Ford faces a maximum sentence of 16 years in prison in the Sacramento County case. Sentencing is set for November 17, 2017, at 9:00 a.m. in Department 23 before the Honorable Geoffrey Goodman.

### Defendant Sentenced for North Highlands Party Shooting

**DATE:** September 18, 2017

CASE: Ira Johnson (Case #15F04234) PROSECUTOR: Deputy District Attorney Jeff

Hightower, Homicide Unit

The Honorable Helena Gweon sentenced Ira Johnson to 74 years and 8 months to life in prison. On May 11, 2017, a jury convicted Johnson for the second-degree murder of Rogelio Gastelum, and two counts of attempted murder. The jury also found true allegations that Johnson personally discharged a firearm causing death or great bodily injury.

On July 12, 2015, Ira Johnson and his friends attended a party in North Highlands. When asked to leave, the group started a fight. Johnson and another unidentified man pulled out guns and fired multiple shots into the crowd of partygoers, killing Rogelio Gastelum. Two other victims were shot, but survived their injuries.

### Gang Member Sentenced for **Del Paso Heights Shooting**

DATE: September 22, 2017

**CASE:** Joseph Fair (Case #15F00003) PROSECUTOR: Deputy District Attorney Shelly McGill, Gangs & Hate Crimes Unit

The Honorable Michael Bowman sentenced Joseph Fair to 42 years to life in prison. On July 19, 2017, a jury convicted Fair of attempted murder and assault with a firearm. The jury also found true multiple allegations that Fair personally used a firearm, personally and intentionally discharged a firearm causing great bodily injury and paralysis, and that Fair committed the offenses for the benefit of, at the direction of, or in association with the criminal street gang Del Paso Heights (DPH) Bloods.

On December 12, 2014, the victim and his brother went to a well-known DPH Bloods hangout on Marysville Boulevard in Del Paso Heights. When a DPH Blood member started a fight with the victim, the victim was thrown out of the club. Joseph Fair followed the victim outside, and then shot him in the back. The bullet caused damage to the victim's spine and aorta, resulting in permanent paralysis.

### Defendant Convicted of 18 Child Sexual Assault Charges

DATE: September 27, 2017

CASE: Michael Martis (Case #16FE011239) PROSECUTOR: Deputy District Attorney

Monica Robinson, Special Assault & Child Abuse Unit Kurt Chilcott was convicted by a jury of nine counts of sexual assault on a child 10 years old or younger, eight counts of lewd or lascivious acts with a child under the age of 14, and one count of annoying or molesting a child with the allegation that Chilcott has a prior conviction for child sexual assault.

Chilcott was required to register as a sex offender after being convicted in 1992 of sexually assaulting three girls in Sonoma County. The victims in that case ranged in age from 8 to 11 years old. In the current case, Chilcott sexually assaulted a family member when she was 8 to 11 years old from 2014 to 2016.

Chilcott faces a maximum sentence of 131 years to life in prison. Sentencing is scheduled for October 27, 2017, at 9:00 a.m. in Department 20 before the Honorable Michael Bowman.

# County's Project to End Stigma Celebrates 5th Year

Sacramento County Special Release

### **SACRAMENTO COUNTY, CA (MPG) -**

It is estimated that one in every five people will experience a mental illness during their lifetime. In Sacramento County alone, nearly 300,000 residents live with mental illness. But many do not seek support or treatment because they worry they will lose their jobs, their friends or family, or be isolated because of the stigma and discrimination associated with having a mental illness.

Sacramento County's "Mental Illness: It's not always what you think" project reaches out to diverse communities and lets family members, friends and individuals of all ages know that they are not alone. Support and resources are available in many languages and by visiting the website www.stopstigmasacramento.org, people can learn more about mental illness and mental health stigma, as well as organizations and resources that can provide support or information.

Now in the fifth year of the project, Sacramento County is celebrating the progress it has made to inform residents that mental illness is treatable and recovery is possible when education, family, peer and community supports are available and used. Since its inception in 2012, the "Mental Illness: It's not always what you think" project has:

 Established a Stop Stigma Sacramento Speakers Bureau which has grown to more than 145 trained speakers, living with mental illness, who have shared their personal stories with over 8,000 people at more than 180 events and inspired hope for hundreds of others living with mental illness.

 Provided over 200,000 program materials, including brochures, posters and tip cards available in multiple languages, to nearly 100 community organizations and during project events reaching thousands of residents throughout **Sacramento County.** 

 Promoted advertising throughout the County, featuring Sacramento residents living with mental illness, including multi-lingual TV, radio, online and outdoor advertising which resulted in over 476 million impressions.

- Hosted 20 multicultural events throughout Sacramento County with hundreds of local residents to raise awareness about mental illness and the project and to spread messages of hope.
- Developed a robust online presence and social media program which has resulted in more than 165,000 visitors to the website, over 8,000 likes on Facebook and 600 Twitter followers.

"Our project was initiated in direct response to Sacramento County Mental Health Services Act stakeholder feedback following the passage of Proposition 63," said Uma Zykofsky, Sacramento County Behavioral Health Director. Community leaders agreed that cultural, including LGBTQ, racial, ethnic and age-appropriate messages must be included with any mental health promotion and anti-stigma program."

Lishia Rahman-Jackson, one of the project's Speakers Bureau participants, shared her story on the project's website: "I grew up in a household of substance abusers, was homeless and experienced anxiety and fits of anger and depression. I struggled with life but somehow found a way to finally get help. Seeking therapy and treatment or just calling someone doesn't mean you're weak. I wholeheartedly support Sacramento County's 'Mental Health: It's not always what you think project.' It inspired me to tell my story so I may help others struggling with mental illness come forward and feel better about themselves too."

In celebration of its five year anniversary and in recognition of Mental Illness Awareness Week (Oct.1-7), a national observance sponsored by the National Alliance on Mental Illness (NAMI), the "Mental Illness: It's not always what you think" project is hosting the "Journey of Hope: Real Life Stories of Living with Mental Health Challenges Portrayed Through Art" exhibit at the Elk Grove Fine Arts Center from Oct. 7-21. This collaborative exhibit is designed to bring insight and understanding about mental illness to the public through art.

The art exhibition pairs local artists with writers who are willing to share their personal stories of struggle, hope and recovery with mental illness. Artists were then tasked with creating artistic portrayals of these stories. Sacramento County employees and residents are encouraged to view the exhibit to show their support for Sacramento's mental health community.

For more information about the anti-stigma project or the Journey of Hope art exhibit, please visit www.stopstigmasacramento.org. You can also follow the project on Facebook and Twitter.

Source: Sacramento County Media

# **GENERATIONS** MEMORY CARE



# Come by for a Personal Tour Today

And See Why We Are Different....

- Private Suites with Oversized Bathrooms
- Resident-Centered Culture
- Gated Community and Secured Outdoor Courtyard
- Management team has specialized in dementia and complex care needs
- Meals are home cooked made from scratch
- Individualized Memory Enhancement Programs
   Family is included as care partners in the residents' journey



SAGEBROOK

SENIOR LIVING AT CARMICHAEL

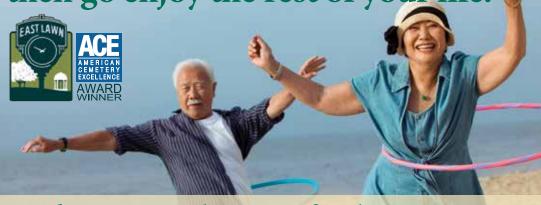
7125 fair Oaks Blvd • Carmichael, CA 95608

(916) 481-7105

www.SagebrookCarmichael.com

Lic# 342700002





# The Privilege of Planning

A 25-minute free presentation. We'll provide you with a Catered Meal!

### **Make Sure Those You Care About Are Always Cared For**

"The Privilege of Planning" is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available. Information will be presented on Veterans benefits, cremation and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

### **CHOOSE ONE OF THESE SEMINARS**

Wed., Sept. 13 Thurs., Nov. 9

11:30 am to 12:30 pm

East Lawn Elk Grove **Memorial Park & Mortuary** 9189 E. Stockton Blvd., Elk Grove, CA 95624 To RSVP or More Info: 916.732.2031

Wed., Sept. 20 (Dinner @ 6:30 pm) (Spanish & English)

**East Lawn Andrews & Greilich Mortuary** 3939 Fruitridge Road, Sacramento, CA 95820 To RSVP or More Info: 916.732.2026

### Wed., October 11

11:30 am to 12:30 pm

East Lawn Sierra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane, Sacramento, CA 95841 To RSVP or More Info: 916.732.2020

### Thurs., October 12

11:30 am to 12:30 pm

East Lawn **Memorial Park & Crematory** 4300 Folsom Blvd., Sacramento, CA 95819 To RSVP or More Info: 916.732.2000

RSVP to the location of your choice

**Reservations Required** 

If you prefer to RSVP via email, log onto our website and go to the seminar registration page. Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar.



f www.EastLawn.com



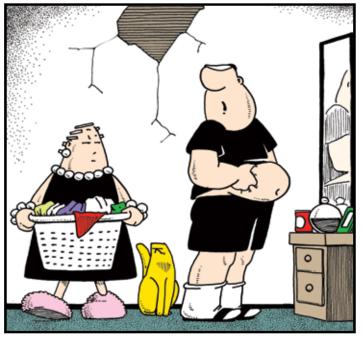
**BC** by Mastroianni & Hart



Frank and Steinway by Wil Panganiban

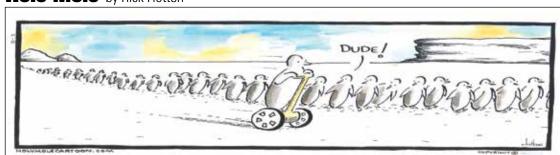


Funday Morning by Brad Diller



"DOES THIS STOMACH MAKE ME LOOK FAT?"

### Hole Molé by Rick Hotten



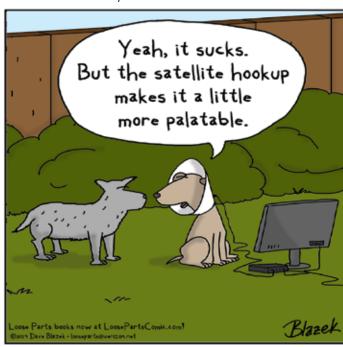
**Cranky Girl** by Crystal Jones



**Tundra** by Chad Carpenter



**Loose Parts** by Dave Blazek



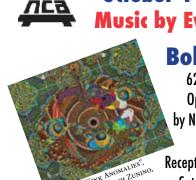
Tastes Like Chicken

By Josh Alves

The Smiths were prepared for the arrival of their baby boy.







2nd Saturday Reception October 14, 5:30-8:30 pm Music by Evening Star Band

Bold Expressions
62nd Annual International
Open Juried Art Exhibition
by Northern California Arts, Inc.
October 3-29

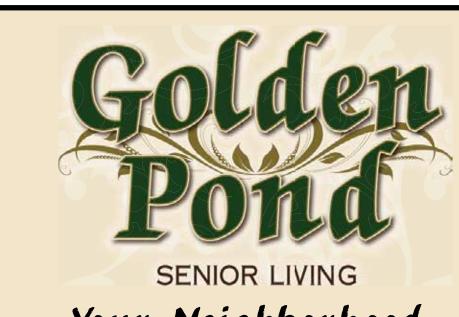
Reception and awards presentation Saturday, October 29, 1-3 pm

"THANK YOU FOR THE COMPLIMENT"
BY DONALD BRUCE W...

**Also in Gallery 3/Studio** Art by the NCA, Inc. Board of Directors



Open Tuesday 11am-7pm. Wed-Fri 11am-3pm, Now Open Sat-Sun 11am-5pm 5330-B Gibbons Dr. Carmichael, CA 95608 916-971-3713 • www.sacfinearts.org



Your Neighborhood Extended Family



All Day - Every Day Activities

Flexible Dining

Compassionate Staff

Personal Move Manager

We're Pet Friendly

Free VA Benefits Assistance

Now Providing Independent Living, Assisted Living and Memory Care

AFFORDABLE 
QUALITY 
FAMILY

Call Today 916.369.8967



### FREE LUNCH

Bring in this coupon and Have Lunch on Us!
Call ahead for Reservations

RCFE #347000985

# THE ENTREPRENEUR'S SOURCE" "Your success is our only business"

# Behaviors You Never See in Successful People



Louis McNerney

When you spend decades working with executives and business leaders, you really can't help but observe what works and doesn't work over the long haul. One thing I've noticed, it's not intrinsic characteristics

or personal habits that determine whether you're successful or not. It's your behavior. Yes behavior! How you react under long-term stress? Whether you meet your commitments or not. How you interact with others? Your attitude toward customers. How hard you're willing to work to do the job right? Whether you're focused and disciplined or scattered and distracted.

Want to Be Successful? Quit Being So Positive. If you want to make it big over the long-term, you might want to take a good, hard look in the mirror and see if any of these career-limiting behaviors describe you.

Naivety. We all start out wide-eyed and gullible, but the sooner you convert that to savvy and skeptical, the better your chances of coming out on top. It's simple: suckers and fools don't win. Learn to question everything you read and hear and always consider the source.

**Panic.** High-pressure situations are common in the business world. Things almost never go according to plan. It comes with the territory. If you can't override your adrenaline response and remain calm in a crisis, you're in trouble.

Fanaticism. Passion is a big success driver. When you cross that line and become over-the- top fanatical it works against you. You have a skewed perception of reality, flawed reasoning, and bad decision-making. Laziness. Those who are driven to achieve great things also know one fundamental

truth: It takes hard work over the long haul. Always stay focused and disciplined. Most people are slackers. That's why most people don't achieve great things. Simple as that. Quick-fix mentality. Steve Jobs said, "Half of what separates the successful

entrepreneurs from the non-successful ones is pure perseverance". If you're not passionate about what you do, you won't stick with it. Many people want instant gratification these days. That's not going to cut it. Acting out. Whatever feelings you have trouble dealing with jealousy, shame, inferiority, entitlement – transferring them to people you work with and acting out in anger will make you and everyone around you miserable. Selfishness. If you act like the world revolves

you; it's about business. It's about your customers' experience with your products. Remember who serves whom in the relationship.

around you, you'd better have the talent to

back it up. Being overly self-centered will di-

minish your effectiveness. Business isn't about

Living in the past or future. Granted, we can learn from the past, but dwelling on it is self-destructive. Likewise, you can plan for and dream about the future, but if your actions aren't focused on the present, you'll never achieve your plans or your dreams.

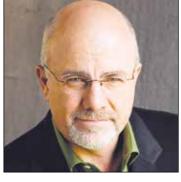
Lighthearted indifference. You hear phrases

like "whatever works," "it's all good," and "no worries" a lot lately but you'll rarely hear them from highly accomplished people.

They may be a lot of things but apathetic is not one of them.

Oversensitivity. If you're so thin-skinned that any criticism makes you crazy and every little thing offends you, you're going to have a rough go of it in the real business world. There's a good reason why business leaders usually have a good sense of humor and humility. It's sort of a requirement. Don't take yourself so seriously.

For More Information contact Louis McNerney,
Contact Lou at (916) 335-1126 or Visit his Website www.theEsource.com/LMcnerney



### Where do I put the money?

Dear Dave,

I have a savings account for my two-year old that has \$5,000 in it, and about half of that is in gold. I'm going to save for his college separately, and give this to him to help start his life after school. Is there a better place to put this other than a traditional savings account?

- Laura

Dear Laura,

First of all, you should not invest in gold. Gold is a very volatile, very dangerous investment. I don't have a dime invested in gold, and I would strongly suggest that you not invest in it, either. If you take a look at the life-long track record on gold it will scare you to death

For the time being, you can leave it all in a traditional savings account. But if he's not going to use it for many, many years you could move it into a conservative mutual fund. In fact, you started when he was at such young age, a nice,

conservative mutual fund might be a really good idea.

Dave Says

When he gets a little older, he can start adding to it himself from the money he makes from odd jobs and chores and such. After 15 years or so, thanks to your foresight and his contributions, he'll probably wind up with a pretty nice chunk of cash.

Good job, mom!

—Dave

### Debt snowball reasoning

Dear Dave,

Why do you recommend paying off debts from smallest to largest when doing the debt snowball?

- Michael

Dear Michael,

Lots of people think paying off the debt with highest interest rate first is the best approach. This seems to make sense mathematically, but I realized a long time ago if those people could do math they wouldn't be drowning in debt.

Debt is not a mathematical problem, it's a behavior problem. Personal finance is 80 percent behavior, and only 20 percent head knowledge. The

reason the debt snowball pays off debt from smallest to largest — even though it may be mathematically incorrect — is that modifying your behavior and inspiring you to get out of debt is more important than the math. Your probability of becoming wealthy has a lot more to do with your behavior than any sort of financial sophistication or academic degree.

When you pay off a small debt you experience success, and that gives you hope. Then, you move on the next largest debt. When you pay that one off — and you've wiped out two debts — it energizes you. At that point, you really start to believe in yourself and the fact that you're on the road to becoming debt-free!

—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey.

### WIDOWED PERSONS ASSOCIATION OF CALIFORNIA



OFFICE HOURS 10:00am - 3:00pm Monday - Friday (916) 972-9722 recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

Sunday Support - Any and all

SALES FOR PRODUCE WILL

The Widowed Persons Association of

California encourages men and women to

come to Sunday Support each Sunday from

3:00pm - 5:00pm. The Widowed Persons

Association is designed to be of help to

widows or widowers are invited.

EverySunday from 3:00pm - 5:00pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18



**銀数 +** 

OPEN 7 DAYS A WEEK:
Mon-Thu APM-2AM / Fri-Sat 2PM-2AM / Sun 2PM-12AM
10947 OL SON DRIVE, RANCHO CORDOVA, CA 95670
916-853-2006 • WWW.KP-KARAOKE.COM

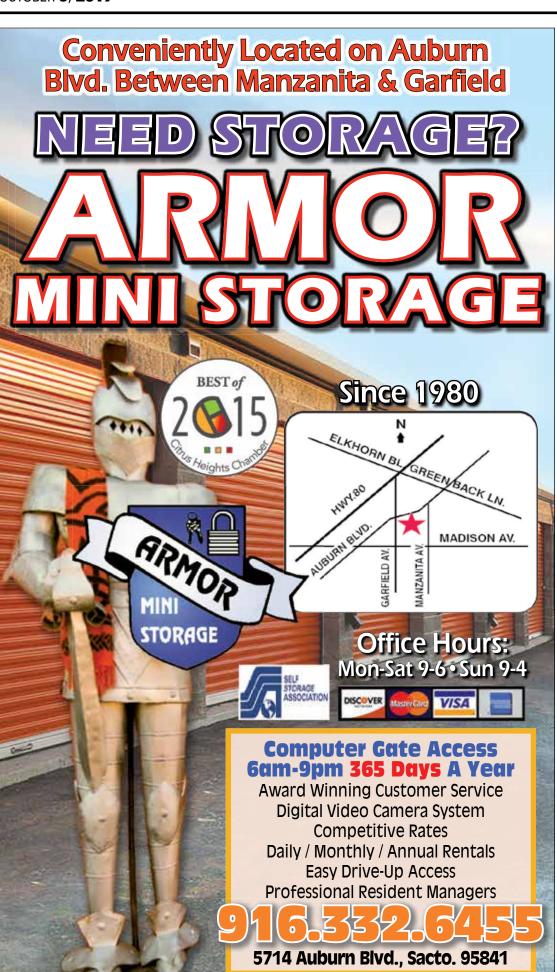
Mon ~ Thu

Fri=Sat | Sun



DEPARTMENT

Carmichael Times • 13 OCTOBER 6, 2017



## **Moonlight Meal Huge Success for Park Foundation**

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) Carmichael Park Foundation's recent outdoor gala treated more than 300 guests to a swanky moon-lit picnic. Flowering arbors, towering oaks, a nearly full moon – and the occasional organic compost bin -- were backdrops for the gourmet affair.

With Sutter Community Garden as assembly point, appetizer-grazing began among zinnia beds leased garden plots. Guests then followed a meandering path to Jensen Botanical Gardens. Both locations are administered by Carmichael Recreation and Park District).

Jazz musicians performed along the twilight route to tables and main courses. Top to the bill was famous Carmichael native Joe Gilman, whose quartet jazzed up the dinner hour. Milagro Center restaurants River City Brewery, Fish Face, The Patriot and Mesa Mercado provided cocktail nibbles; Hawks



Carmichael Park Foundation directors and volunteers celebrated the hands-on success of their first Dinner in the Park fundraiser. Party-goers included: Duane Faitel (back left), Gary Hursh, Mike Koerner, Tony Asaro, Ken Hall, Peter Tateishi, Joyce Carroll and Donna Miller.

Restaurant (Granite Bay) designed a farm-to-fork dinner that included buttermilk fried chicken and tri-tip beef. Designer cupcakes from Milagro's Jaynee Cakes completed the feast.

Sponsors included Comstock's District facilities.

Magazine and Mercy San Juan Medical Center. Predicted to become an annual affair, the sold-out event supported youth programs and improvements for Carmichael Recreation and Park

### **Rio Americano Debuts Center for the Arts**

**SACRAMENTO, CA (MPG)** - A crowd with new landscaping and paintof more than 200 gathered recently at the front doors of Rio Americano High School's sparkling new Center for the Arts last week as district leaders cut the ribbon on the Measure N signature project. Attendees were then invited into the new facility where the Rio Americano AM Jazz Ensemble wowed the audience with its first-ever performance inside the theater.

After a student rendition of the Star Spangled Banner, Principal Brian Ginter addressed the crowd, then handed the microphone over to San Juan Unified School District Board President Dr. Michael McKibbin.

McKibbin made note of how

ing, has changed the look and feel of Rio Americano's campus.

"How's that for curb appeal?" McKibbin asked to applause from the crowd. McKibbin also thanked the community for supporting San Juan Unified bond measures so that signature projects like the Center for the Arts could be built.

Band director Josh Murray, parent Joanne Swedlow and student Sierra Contreras also spoke at the ceremony. Each expressed satisfaction at the end of a long process for Rio Americano to finally have a state-of-the-art theater for its award-winning band program.

"From the first note in our the Center for the Arts, along new Center for the Arts, it was

clear we're entering a new era of music at Rio Americano," Murray said after the event. "With a beautiful environment and top-notch acoustics, our long-awaited facility will allow our students even more opportunities to showcase and fully develop their talents and passions."

The ceremony at Rio Americano marks the end of Phase 1 of San Juan Unified's Measure N high school signature project program. In 2013, the Board of Education called for point-of-difference projects to be built at all nine district high

Source: San Juan Unified School District

# Eskaton Village Carmichael



# Discover the magic

www.armorministorage.com

of the Eskaton Village Carmichael lifestyle

If you want luxury, comfort and service in a gated, country club-style retirement community offering exceptional value ... If you want the freedom of an independent lifestyle in a spacious apartment or cottage, plus the convenience of additional levels of care at your community should your health needs change ... Come to Eskaton Village Carmichael, the Greater Sacramento Area's only continuing care retirement community. Take in our beautiful 37-acre campus and imagine your life with so many exciting opportunities right outside your door. Come to a Fall Home Tour to learn more. Call for dates. Lunch is on us. Reserve your spot today.

Your community. Your life. Your choice.

\* Some restrictions may apply. Call for details.

12-31-17.\*

Monthly fees from \$3673





### eskaton.org/evc

Eskaton Village Carmichael Continuing Care Community (CCRC): Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing

916-967-1017 License # 340313383 | COA # 202



14 · Carmichael Times OCTOBER 6, 2017

# The Exciting New World of Snap On Dentures!



There are millions of people in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

### Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a FREE CONSULTATION today!

# michael

6-944-1197

\$1,200.0ff

2 Implants with attachments to a Denture

Offer Expires 10/31/17

8329 Fair Oaks Blvd., Ste A Carmichael, CA, 95608

PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond Naturals, Look for Advertised Sale Items Everyweek at www.petclubstores.com 2344 Sunrise Blvd. Rancho Cordova, 916-635-5008 Sm. Size #00201 or #000A1 used in conjunction with FOOD AND SUPPLIES similar dollar or percentage off coupons & advertised sale items. Limit 1 PLU 331 CT with any purchase of pet, fish food or supply. Limit 1 Chevron Mon-Fri 9-8, EVERYDAY LOW PRICES er Discount Prices\* Hot Specials & Coup. **SAT 9-7, SUN 10-7** 99¢ Value PLU 338 -Zinfandel Dr Limit: 1 Coupon Per Family Effective 10/4/17 - 10/10/17 🧹 Limit: 1 Coupon Per Family Effective 10/4/17 - 10/10/17 Effective 10/4/17 - 10/10/17 We Only Accept ATM, Cash, & Checks NUTRO MAX!

TASTE OF THE WILD **GRAIN FREE** DRY DOG FOOD •Wetlands •Sierra Mountains •Pacific Salmon •High Prarie •Southwest Canyon 30 Lb Bag 🔫 Effective 10/4/17 - 10/10/17

9 LIVES CANNED CAT FOOD

Limit 1 Case Per Family

(C & D Products not Included)

Limit 1 Case With Coupon

Effective 10/4/17 - 10/10/17

**ADULT RECIPE** DRY DOG FOOD •Regular Max •Large Breed Adult •Beef •Senior •Lamb Meal & Rice •Mini Chunk **NEW SIZE** 25 Lb Bag

Limit 2 Bags Per Family Effective 10/4/17 - 10/10/17

FANCY FEAST GOURMET CANNED CAT FOOD All Varieties except Elegant Medley 3 Oz Limit 2 Cases per Family

Effective 10/4/17 - 10/10/17

**BLUE BUFFALO** WILDERNESS DRY DOG FOOD

•Chicken (\$10 Off Reg Price) •Duck •Salmon •Large Breed Adult •Healthy Weight 24 Lb Bag 100% Grain Free LOW S MARKED LOW S OFF Limit 2 Bags **Our Regular Low Prices!** 

Effective 10/4/17 - 10/10/17 JONNY CAT PREMIUM CAT LITTER

20 Lb Bag
•Regular •Multiple Cat Formula

Effective 10/4/17 - 10/10/17

FRISKIES DRY CAT FOOD 16 Lb Bag

•Surfing & Turfing •Seafood •Indoor

Limit 2 Bags Effective 10/4/17 - 10/10/17

FRESH STEP SCOOPABLE CAT LITTER

42 Lb Bag Limit 2 Bags

per Family Effective 10/4/17 - 10/10/17

Chicken & Rice • Lamb & Rice 2 Bags amily • Chicken & Rice • Lamb & Rice • Beef & Rice • Sensitive Skin & Stomach • Lite • Bright Minds **EARTHBORN** HOLISTIC CANNED CAT FOOD •Grain Free •Selected Varieties
Limit 1 case

3 Oz.

\$ 129 Limit 1 case MEOW MIX

PRO-PLAN DRY DOG FOOD\$

**CAT FOOD** Market Select 2.75 Oz Cup Limit 1 Case CHICKEN SOUP FOR THE SOUL

DRY DOG FOOD\$ 7 OFF •Adult •Large Breed •Mature •Weight Care 30 Lb Bag Limit 2 Bags

FUSSIE CAT PREMIUM DRY CAT FOOD Market Fresh •Chicken & Turkey •Salmon •Salmon & Chicken As Marked 2 Lb, 4 Lb, 10 Lb bag CAREFRESH

PET BEDDING 60 Liter (Ultra Not Included) FELINE PINE **HEALTHY CAT LITTER** 20 Lb Bag

Limit 2 Bags

Limit 2 Bags PRECIOUS CAT CLUMPING CAT LITTER Cat Attract

NUTRO CANNED DOG FOOD Limit 1 •Selected Varieties Section 19 Natural 5 1 35 12.5 Oz Can NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD
(Ultra Small Breed \$27.99)
Limit 2 Bags Senior Senior Adult Adult Senior Chicken Sale Senior Se

PLite • Active Maturity • Perfect Weight

Healthy Mobility • Sensitive Stomach

• Oral Care SCIENCE DIET Limit 2 Bags

**MERRICK'S** WHOLE EARTH FARMS DRY DOG FOOD •Adult •Grain Free Chicken & Turkey •Grain Free Beef & Lamb
•Grain Free Salmons & White Fish Limit 2 Bags per Family

CAT FURNITURE CRS • Alpine Cat Trees LOTS OF SELECTIONS

**OUR SUPER LOW PRICES** 

**CADET RAWHIDE SALE** RELIANCE 28 oz.
•Chicken Breast •Duck Breast \$
•Sweet Potato & Chicken
•Sweet Potato & Duck **BIRD CAGES All Varieties** PRESTIGE 8 in 1 CABLE TIE OUT All AERIAL RUN & Sizes

ASSORTED STYLES

PERFECT COAT SHAMPOO

MARINELAND POWER FILTER SALE . . .20 Gal. PENGUIN 150B . PENGUIN 200B . PENGUIN 350B . .50 Gal. TETRA BOXED 10 GALLON TANK With Economy Kit Just add Heater For Tropical Fish

<sup>\$</sup>36,99 KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL REPTILE SUPPLY SALE Zoo Med Reptibark 8 Qts... Tetra Reptomin 10.59 Oz . . . . . . . .

BONUS COUPON FRISKIES BUFFET **CANNED CAT FOOD** 5.5 Oz All Varieties

BONUS COUPON WHISKAS **TEMPTATIONS CAT TREATS** 

•All Varieties Except Natural - 3 Oz Limit 1 Case With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 10/4/17 - 10/10/17 PLU 367

Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 10/4/17 - 10/10/17 PLU 369

BONUS COUPON JONNY CAT **CAT LINERS** 

Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon Limit One Coupon Per Family
Price Valid Only With Coupon Effective 10/4/17 - 10/10/17
PLU 449