



**Take Flight Opens  
at Aerospace Museum**  
To Debut Interactive Exhibit  
PAGE 5

**Old Glory Sees  
Last Shining Moment**  
PAGE 13



# Carmichael Times

VOLUME 37 • ISSUE 41

Serving Carmichael and Sacramento County since 1981

OCTOBER 13, 2017

THE WAY MINISTRIES  
SPREADS GIFTS FOR  
BODY AND SPIRIT



PAGE 2

MY HEART IS  
YOURS FOREVER



PAGE 11

BACK FROM ITALY!  
GLAD TO BE HOME!



PAGE 9



Scan our QR Code for a  
direct link to our online edition!

PRESORTED STD.  
US POSTAGE  
PAID  
PERMIT 350  
Carmichael, CA  
Change Service Requested

## A Home for Hope

Healing Hands-Healing Hearts Opens Carmichael Center



David Dowdy, president and Joan Marie, vice president of Healing Hands-Healing Hearts.

Story and photo  
by Jacqueline Fox

**CARMICHAEL, CA (MPG)** - For many terminally ill patients, the process of transition often involves prolonged pain, fear and anxiety, among other things, creating difficult end-of-life decisions for caretakers, as well, and detracting from what should be a peaceful experience. But this need not be the case.

Healing Hands-Healing Hearts, a non-profit organization providing on-call, certified touch therapy to critically, chronically and terminally ill patients across Sacramento and Kern counties, has opened its first brick and mortar center in Carmichael, roughly seven years after being taken over by Bakersfield

resident David Dowdy. The non-profit is now sharing space with Compassion Central (formerly Enter the Orchid), run by Joan Marie, which offers meditative massage classes, meditation and yoga workshops, among other holistic-based programs. Training courses for touch therapists will also now be held at the new location for Healing Hands.

The touch therapy, explains Dowdy, is intended to supplement traditional medical and end-of-life care processes. Therapy is provided in patients' homes, long-term care and hospice facilities. The goal is to deliver them an additional remedy for relief from pain, fear, anxiety and isolation, and, in many cases, provide patients with a channel for spiritual

reconnection, while gaining a renewed sense of dignity.

Therapists certified under the nonprofit's "Touch Therapy for the Terminally Ill" program include certified nurse's assistants (CNAs), massage therapists, energy workers and individuals, many of whom are family members of the terminally ill who simply want to learn how to help guide their loved-ones through a more peaceful, pain-free transition. Being part of the transition process, says Dowdy, helps family members shift their focus away from the fears connected to loss toward what should be a joyful celebration of life.

"For the family member, this is a way to get involved in the experience and feel more empowered," says Dowdy. "So

much of the time they sit by the bedside or near a person in a wheelchair and feel totally hopeless. Often when I'm visiting a patient, I invite them to stand on the other side of the bed and mimic what I'm doing, learn the process. You'd be surprised how much relief this gives them and how much it impacts the patient's ability to reconnect with their own mind, body and spirit so that they can make that transition in peace."

Touch therapy is different from massage therapy. It doesn't involve the use of oils or creams. Patients do not need to disrobe and they are "treated" just where they are, whether that's a bed or a wheelchair, eliminating the need for to be moved from one place to

Continued on page 3

## Sac Airport Named Best in Customer Service

**SACRAMENTO, CA (MPG)** - J.D. Power announced recently that the Sacramento International Airport (SMF) has ranked highest in customer satisfaction among medium-sized airports in North America. The ranking is based on J.D. Power's 2017 customer-satisfaction survey of almost 35,000 travelers.

The J.D. Power Customer Service Satisfaction Study measures satisfaction among customers in medium, large and mega airports across the United States by examining six factors: Terminal facilities; airport accessibility; security check; baggage claim; check-in/baggage check; and food, beverage and retail amenities.

Sacramento International Airport ranked highest in the categories of security check and terminal facilities.

"Customer satisfaction is the essence of our brand, and this survey underscores our commitment to giving customers an excellent experience," said John Wheat, Director of Airports for the Sacramento County Department of Airports. "We have beautiful facilities, fast security lines, and we're easy to get to. We're very fortunate that our partners in our airlines, the TSA and concessionaires share this commitment to great service."

The security checkpoint was singled out for praise by customers.

"Over the last year, TSA Sacramento has worked hard to refocus on our core security mission and improve communication, both with our public and private stakeholders and within our organization," said Sid Hanna, Federal Security Director for Sacramento International Airport. "We have involved our supervisors in routine security meetings with the airport and airlines to improve our effectiveness and teamwork."

Sacramento International Airport (SMF) offers more than 150 daily nonstop flights on nine domestic and international carriers to more than 30 destinations. The Sacramento County Department of Airport is responsible for planning, developing, operating and maintaining the county's four airports: Sacramento International Airport, Executive Airport, Mather Airport and Franklin Field. The regional economic impact of the Sacramento County airport system is more than \$4 billion annually. For more information, visit <http://www.smf.aero>

Source: Sacramento County Media ★

## Metro Fire Rolls Out in Pink for Breast Cancer Awareness

Story by Jacqueline Fox

**SACRAMENTO, CA (MPG)** - The Sacramento Metropolitan Fire District (Metro Fire) kicked off Breast Cancer Awareness month with the debut of one of its Pierce manufactured fire trucks decked out in a pink wrap, ribbon and a touch of blue Oct 5, part of its two-month campaign to raise funds and awareness for breast and other forms of cancer.

The big pink truck made its debut at Metro Fire headquarters in Mather as part of the centerpiece of the campaign "All Cancers All People." Metro Fire has partnered with the Albie Aware Breast Cancer Foundation to promote Breast Cancer Awareness Month in October, and the Movember Foundation to put the focus on men's health and cancer awareness in November.

"The centerpiece of its multi-month campaign was the transformation of one of our Pierce Manufactured fire trucks from fire engine red to "October Pink" and just a touch of blue ombre," says Christopher

Continued on page 2



For the last two years, Metro Fire has won the contest for most money raised for Movember's "First Responder Challenge," which involves fire departments and others across the region. Photo courtesy Sac Metro Fire





## Metro Fire Rolls Out in Pink for Breast Cancer Awareness



Albie Aware Breast Cancer Foundation, founded in 2007, offers assistance for life-saving diagnostic testing, patient advocacy, prevention education and compassionate support to individuals battling breast cancer. Photo courtesy Sac Metro Fire

Continued from page 1

Vestal, Metro Fire captain/paramedic and public information officer.

Albie Aware Breast Cancer Foundation Executive Director Cindy Love, alongside cancer survivors from Metro Fire and others who have been impacted by cancer attended the roll out for the campaign. Albie Aware, founded in 2007, offers assistance for life-saving diagnostic testing, patient advocacy, prevention education and compassionate support to individuals battling breast cancer.

The Movember Foundation was founded in 2003 in Melbourne, Australia to essentially fund research and programs dealing with education and treatment for prostate cancer. In 2007, Movember launched in the United States with a partnership with the Prostate Cancer Foundation. Today, the foundation works to conduct outreach and fund research for men's cancer and various other health-related causes, including suicide prevention, with a global reach and roughly 5 million participants.

Metro Fire's pink truck, which has been named "All Cancers All People," got its makeover courtesy of Sacramento-based Vehicle Wraps Inc., with a little help from Sacramento Area Firefighters Local 522 and the Sacramento Metro Firefighters Association, Vestal said. In addition to the debut of the pink and pale blue truck, Vestal said Metro Fire was teaming up with the Sacramento Kings to conduct "surprise visits" to patients across the region and deliver free tickets to the Kings' Oct. 9 game against the Portland Trailblazers, during which Albie Aware breast cancer survivors will be participating in the half-time ceremony.

This is the fourth year Metro Fire has been involved in promoting cancer awareness in the county. The way Metro Fire sees it, the outreach goes hand-in-hand with its normal duties.

"We view this as something that extends our mission to providing services to our community throughout the region, not just emergency situations, but also preventative outreach," Vestal said. "We have a duty to let people know about how early

detection helps save lives and about the services available to those who are diagnosed with cancer."

For the last two years, Metro Fire has won the contest for most money raised for Movember's "First Responder Challenge," which involves fire departments and others across the region. Metro Fire collected \$32,000 in donations for 2016 and \$28,000 in 2015.

"Metro Fire will be working hard again to win Movember's "First Responder Challenge" for the third year in a row after setting a record in 2017 record of \$32,000," Vestal said.

Wanna join in the fun? You can engage, socially that is, with Metro Fire by sharing your cancer related story or message of support using the hashtag #AllCancersAllPeople on the department's social media pages on Facebook (Sacramento Metropolitan Fire District), Instagram (@metro\_fire\_sacramento), and Twitter (@metrofirepio).

For more information, visit [www.metrofire.ca.gov](http://www.metrofire.ca.gov) ★

## The Way Ministries Spreads Gifts for Body and Spirit to Those in Need

By Elise Spleiss

SACRAMENTO REGION (CA) (MPG)

"The Way Ministries is a ministry of Jesus, and loves on the needy by providing for and feeding the homeless, poor and needy." These words on their website barely hint at the impact of The Way's quiet presence in may locations throughout Sacramento County. Their motto, "Helping Hands, Healing Hearts, Casting Vision" describes the three types of ministries their volunteers are involved in every day of the week: Street Ministry (Homeless Outreach), Food Distribution, and Other Ministries. These programs reach out to serve not only the physical needs of the homeless and others.

Since their congregation is on the street, founders Lonnie and Sarah Nix along with Carlo and Rhonda Sandoval and the Patrick and Char Miller work with their teams of volunteers in many capacities.

The street and homeless outreach ministry meets and serves people where they are throughout the county. If they have to "sit in the gutter and talk" with them to comfort them and meet their needs, they will.

The Rusch Park homeless outreach in Citrus Heights serves 30 to 50 hot meals at the park every Tuesday (rain or shine) at 4:00 p.m. at 7801 Auburn Blvd. Food, prayer and referrals to other resources as needed are offered. Community volunteers are always welcome to join the



The Rusch Park homeless outreach in Citrus Heights serves 30 to 50 hot meals at the park every Tuesday (rain or shine) at 4:00 p.m. at 7801 Auburn Blvd. Photo courtesy The Way

riding the rails, takes place on Wednesdays at a rail yards in Sacramento.

Food for Families, a growing family food distribution program is held at Serna Village at McLellan Park every Tuesday morning. The event provides boxes of food for over 250 families. The program began in 2012 with five to seven boxes of food a week being handed out from the back of Pastor Lonnie Nix's pickup. Today more than 250 families receive a giant box of food to prepare 8-10 meals weekly for their family.

twenty dollars feed them for a month. Prayers, time and money are always needed.

The work week ends on Friday evening with a high energy church service starting at 6:45 at Crossroads Church, 5501 Dewey Drive in Fair Oaks. The close-knit Way family that keep these programs going, residents of the three clean and sober resident houses and others touched by other ministries gather for fellowship, song and to hear the Word.

Way Ministries is only able to fill the needs of those they serve because of their many faithful ministry partners! The number is growing, along with new programs either operated or supported by The Way!

Way Riderz, an active Christian motorcycle club, has a large presence within the ministry, helping at events and riding with other Christian and secular clubs on the weekends. They use their Harleys and other motorcycles as a tool to take advantage of opportunities to minister to those they meet on their rides.



Way Riderz, an active Christian motorcycle club, has a large presence within the ministry, helping at events and riding with other Christian and secular clubs on the weekends. Photo courtesy The Way

team for all these programs.

Deliverance Corner homeless outreach: The same ministry of food, prayer and resources serves 40 to 50 meals every Tuesday and Friday at 5:30 p.m. at Madison Avenue Baptist Church, 4148 Madison Avenue, North Highlands, at the corner of Madison Ave. and Hillsdale Blvd.

All these programs minister to participants with the goal to earn their trust and eventually have them move off street into a clean and sober living home.

A special hot dinner for the 50 children living at the Section 8 Logan Park Apartments in North Highlands takes place each Tuesday and Thursday evening.

Another unique food ministry for young people with little hope, caught in the lifestyle of

To make this happen in a timely manner, a well-rehearsed team of more than a dozen volunteers descends upon the gym at Serna Village early Tuesday morning to unload dozens of pallets holding boxes of fresh fruit, vegetables, bread, juice and canned goods delivered by a Placer Food Closet box truck. Three assembly lines then sort and prepare the boxes with food, a dessert and other staples. Families arrive at the gym during this process, mingle with their neighbors and are greeted by Pastor Nix who delivers a short message of hope and healing prior to the food distribution.

Donations, plus prayers and volunteer help are always welcome. Five dollars feeds a family of four for a week and

# Senior Health & Leisure Fair

**FREE Admission**

**FREE Parking**

**Saturday, October 14**  
10 am to 4 pm

**Crowne Plaza Hotel Northeast 5321 Date Avenue**  
Off of Highway 80 at Madison Sacramento, CA 95841

► [www.SeniorHealthFair.com](http://www.SeniorHealthFair.com) ◀

• FREE EXHIBITS! • FREE ENTERTAINMENT!  
• HEALTH SCREENINGS! • SAMPLES & PRIZES!

## SENIOR HEALTH & LEISURE FAIR

Information & Resources for a Safer, Healthier and Happier Life!

Learn hundreds of ways to improve your health and extend your life. Find out more about retirement, investments, and income opportunities for seniors. Make sure to stop at each informative booth. Celebrate by participating in a full line up of activities to keep you safe, healthy, and informed. Walk through the exhibit hall and learn more about:

- Nutrition & Health Foods
- Safety Matters
- Sports & Fitness
- Financial & Retirement Planning
- Anti-Aging Programs
- Natural Healing
- Home & Garden
- Chiropractors and Massage
- Vacations & Travel
- Physical & Mental Health

Great Entertainment & Music

Rockin' DJ plays old time rock n' roll, cruising songs, surfer songs. It's the music you grew up with!

Sponsored by

**NEW IN CARMICHAEL**

# Sacramento muffler

Check us Out on Yelp

## • Mufflers • Converters

## • Fabrication • Custom Exhaust

6611 Fair Oaks Blvd, Carmichael

**We Beat Anyone's Prices**

**Call Us!! 916-333-3318**



# A Home for Hope

Healing Hands-Healing Hearts Opens Carmichael Center

Continued from page 1

another. The approach to dying is holistic and works through a combination of traditional massage with touch pressure along various points on the body. Treatments, says Dowdy, help restore circulation, reduce pain, aid with digestive issues, and enhance the immune system, which often can be “clogged up” by an accumulation of the same pain medications used to treat the initial illness.

Also, and perhaps just as important as the clinical results, touch therapy, says Dowdy, works to help a patient release from fears and anxieties around their death, making it possible to reengage with loved ones and themselves, creating a more human experience for everyone involved.

**“What we are doing, through the power of touch is, in many cases, helping to create a physical space for leaving, often for patients who just aren’t ready to go out of fear of leaving those they love behind.”**

**DAVID DOWDY**  
HEALING HANDS-HEALING HEARTS PRESIDENT

fear of leaving those they love behind.”

Dowdy, who left a 20-year career in the geological sector as a design engineer “completely burnt out,” was always interested in massage therapy.

“I wanted to do something for myself, but also learn to do something I could pass on to others as a way to help them feel better,” Dowdy said. “My wife saw I was burnt out, and I had always told my kids to do what you love. So I had to retool my career and figure out what was coming next.”

What came next for Dowdy was enrollment in a 16-week massage therapy training course in Citrus Heights, followed by several months of volunteering while healing from heart valve replacement surgery. Then, through a series of events, Dowdy says he was asked to attend a board meeting in Sacramento for Healing Hands-Healing Hearts, then under the direction of Jo Williams, who founded the organization in Sacramento in 2001. He’d been looking for a way to parlay the massage therapy training into a new career working more closely with terminally ill patients. So, when it was announced at that meeting that Healing Hands was going to dissolve, he immediately took action.

“This was exactly the kind of business I wanted to start for myself,” Dowdy said. “So when it was announced that it was going to close, I knew what I

needed to do and I had my lawyer draw up transfer papers and take it from there. It was actually very simple.”

While the mission of Healing Hands has remained primarily intact under Dowdy and Marie’s vision, the menu of services is expanding and training courses have become more structured under a new, comprehensive training manual for touch therapists, crafted by Dowdy. In addition, Dowdy and Marie, are launching a new component of the Healing Hands mission, expanding its reach to veterans. The Alfred J. Goularte Veterans Care Program, named after Marie’s father, a WWII veteran who served in the U.S. Army’s airborne division from 1943 to 1945 will help veterans who, although not necessarily terminal, suffer from a range of chronic health issues, including post-traumatic stress disorder (PTSD), fibromyalgia, depression and injury related pain.

Healing Hands-Healing Hearts currently has a roster of roughly half a dozen certified touch therapy massage workers, in addition to Dowdy and Marie, and is currently operating on donations from grants and fees from training courses. Its current, major supporters include the Spiritual Center for Positive Living, Mercy Springs Foundation and Kern Community Foundation.

Touch Therapy certification classes are open to all and the next one on the calendar is a 16-week course scheduled to begin in November in Bakersfield. Courses typically run about \$225.00, Dowdy said.

Long term, the vision is to expand even further, with Healing Hands-Healing Hearts brick and mortar “branches” dotting country as, according to Marie, who now serves as the organization’s vice president, western culture grows ever-more open to non-traditional avenues for caring for the terminally ill.

“We, as a culture, especially among millennials, are more than ready for a different approach to end-of-life care,” says Marie. “We say ‘rest in peace’ when someone passes. But the truth is, we all have a human right to rest in peace while we are alive.”

www.healinghandshealing-hearts.org ★



“What we find with touch therapy is that often patients who are otherwise not talking or communicating with family members, or are unable to move do to pain or prolonged sitting or being confined to a bed, become lucid, are able to take part in the process of transitioning and, in some cases, start communicating again,” says Dowdy.

In fact, in some cases terminally ill patients with less than a month to live, says Dowdy, have gone on to extend that period out for several months, the longest a year. Many patients get to say goodbye to their family members, whereas before touch therapy treatments, were nonresponsive, isolated in their illness.

“I’ve had three patients come out of comas and get to say goodbye to family members,” Dowdy says. “What we are doing, through the power of touch is, in many cases, helping to create a physical space for leaving, often for patients who just aren’t ready to go out of



amazon

Peak is Amazon’s most exciting time of the year

Now hiring in Sacramento

Amazon is now hiring part-time seasonal warehouse associates in Sacramento

Are you ready to take on the world? Amazon is hiring part-time seasonal associates in Sacramento. Get started with a great company and add Amazon to your resume.

Apply online, complete our quick assessment, and watch your email for next steps.

Benefits include:

- Weekly pay schedule
- Competitive pay
- Flexible scheduling



Apply at:

amazon.com/sacramentojobs

Amazon is an Equal Opportunity-Affirmative Action Employer — Minority / Female / Disability / Veteran / Gender Identity / Sexual Orientation

YOU’RE INVITED TO A HOWL-OWEEN PAWTY

Saturday  
October 21, 2017  
12pm - 4pm

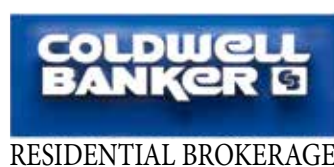


Where: Ancil Hoffman Park Game Field | 6700 Tarshes Drive, Carmichael  
(First open field off Tarshes where park fees are collected)

About This Event: Join The Craig Diez Team for a tail wagging good time to raise much needed funds and awareness for local animals at the Sacramento SPCA. Enjoy free professional photos of your pets, Leatherby’s ice cream and refreshments, games, a pet costume contest with prizes and more! As a special treat, the SPCA will be bringing a few of its most eligible pets that are begging to meet their forever families. To make this a paw-sitively safe event for everyone, pets are required to be on leashes at all times.

What You Can Bring: Attendees are encouraged to bring a small donation in the form of a check, cash, or one of the following wish list items: canned dog and cat food, gently used or new toys, blankets, beds, towels, kongs, peanut butter and cans of pumpkin. And don’t forget to dress up your pet in a costume for the chance to win one of three spooktacular prizes!

Contact Craig with any questions related to the event, donation items and more!



7144 Fair Oaks Blvd., Suite #7 Carmichael, CA 95608

craigdiezteam.com  
cdiez@cbnorcal.com

916.425.5884



## Holiday Craft Faire

Saturday November 4  
9am-3pm

Rain or Shine

60 + Vendors  
Inside and Outside  
New Vendors Welcome!

Mission Oaks Community Center 4701 Gibbons Drive Carmichael



# Fall Is The New Spring

*Fall is the Perfect Time of Year To Start A Water-Wise Landscape*

By SSWD Staff

**SACRAMENTO REGION, CA (MPG)**

-While spring often comes to mind as the ideal time for planting, actually fall is better.

In fall, the soil still holds summer's warmth, which encourages root growth, but the days are cooler so new plants don't require as much water. Even if there's a late heat wave, the stress on new plants is greatly reduced because days are shorter.

When spring rolls around, fall plantings will have established root systems, be ready to start their growth spurt and be better prepared for the heat of summer.

The Regional Water Authority has launched "Get Growing This Fall", an educational campaign in partnership

with a dozen local nurseries to make people aware that fall is the perfect time of year to create their low-water landscape. From the end of September to October 20, local nurseries will be reaching out to customers about the benefits of fall planting, as well as beautiful, low-water use plants and efficient irrigation equipment available at their locations.

Several nurseries will be hosting fall planting events, and others will be handing out tip sheets about planting, water-wise irrigation and rebates available from local water providers.

Some things to consider while you work on your low-water landscape include: Choose low-water use flowers, trees and shrubs that can thrive in Sacramento's Mediterranean

climate; Group plants with similar water and sun needs in the same place and give them room to grow; Add drip irrigation for your new trees, shrubs and flowers to have healthier plants and reduce water waste; Replace older pop-up sprinklers with new high-efficiency rotary nozzles, which shoot multiple streams of water at a steady rate allowing for better absorption by the soil; Create a custom watering plan for your yard using the Sacramento Region Smart Irrigation Scheduler on the BeWaterSmart web-site (bewatersmart.info).

You can find more planting advice from experts at local nurseries and information on rebates at bewatersmart.info. And you can visit sswd.org to find information on rebates for sprinkler system upgrades. ★



## Real Estate from the Inside Out\*



**\*What agents know that you SHOULD know**

*A series of workshops especially for homeowners*

**Sponsored by**

**Dale Smith, Coldwell Banker**  
(916) 524-3205  
Cal BRE#00944086

**FREE WORKSHOP:**

### PERMITS!

**What needs one? What doesn't? What do you do if you didn't get one?**

**John Durborough of Sac County's Building Permits Department will tell you what you need to know!**

**Thursday, October 19  
7:00 to 8:00 p.m.**

**Whole Foods  
4315 Arden Way, Sacramento 95864**

*At the end of class we will sample Whole Foods delicious desserts!*

**RSVP. Seating is limited.**

**Please call (916) 524-3205 to reserve your place**

## Carmichael Cafe & Deli

FROM DELI TRAYS TO HOT BUFFET



**Come Try Our Shrimp Scampi Only \$14.99**

**We are looking forward to your visit**

**50% Off**

2nd Entree  
Breakfast, Lunch or Dinner

\*2nd entree of lesser value. Excludes Senior Menu items, other restrictions may apply. One coupon per visit. Must present coupon. Exp. 10/31/17

**FREE COFFEE**

with Breakfast  
6-9am only

\*Must present coupon. Excludes Senior Menu items, other restrictions may apply. One coupon per visit. Exp. 10/31/17

**FREE**

Ice Cream Sundae  
on your Birthday

\*Must present ID. One coupon per visit. Must present coupon. Exp. 10/31/17

**4314 Marconi Ave (S.E. corner of Marconi & Eastern) • carmfadedeli.com  
481-5000 • M-th 6am - 8pm, Fri-Sat 6am-9pm • To-Go Orders Available**

# TRUNK OR TREAT

**Saturday, October 28th  
4:30pm - 7:00pm**

**Free Games & Activities**  
Carmichael Elks Lodge #2103  
5631 Cypress Ave • Carmichael, Ca 95608-6613  
For more information call 916-489-2103  
Canned food donations encouraged to support our annual Christmas Baskets!!

## MISSION OAKS COMMUNITY CENTER

### Baby Boomer Halloween Bash

Rock & Roll 60's, 70's, and 80's Dance Blend  
**Friday October 27  
7-9pm**

**Costume Contest**

Cost: \$5 online or \$6 at the door

**Come Dance for Fun! No Partners needed.**

## Holiday Craft Faire

**November 4  
Saturday  
9am-3pm**

Shop with 60+ Vendors  
Indoor and Outdoor spaces  
Rain or Shine  
New Vendors Welcome!

## SWANSTON COMMUNITY CENTER

**Presented by:**  
Mission Oaks Rec & Park District

**Presented by:**  
The Sheriff's Community Impact Program

**Auction, Door Prizes and More!!**

**Tickets \$35.00**

**Call Danny for Tickets 333-6464**

**Saturday, November 4th  
6pm Social 7pm Dinner**

## When your Best Friend needs a check up!

Compassionate, Affordable and Comprehensive Veterinary Services

### Services for Pets

- Full medical/surgical services
- Emergency and extended care
- Exotic medical and surgical services
- Nutritional counseling
- Wellness and vaccine discounts
- Full dental services
- Saturday hours available
- Annual VIP discount Cards
- Early morning drop offs available with prior arrangements (Drs not available until 9am)

**New! Now seeing Exotics / Small Mammals**

► [www.Reagorpethospital.com](http://www.Reagorpethospital.com) ► Please find us on facebook!

## REAGOR PET HOSPITAL

2513 Walnut Avenue Carmichael, California 95608

**Phone: 916-971-1551**  
After Hours Please Call **916-783-4655**

**MISSION OAKS RECREATION & PARK DISTRICT**  
Office Hours: 8 am-5 pm  
Registration Hours:  
8:30 am- 4 pm Monday-Friday  
**MORPD.com**

**DISTRICT OFFICE**  
(916) 488-2810 • Fax (916) 488-4349  
3344 Mission Ave., Carmichael, CA 95608

**MISSION OAKS COMMUNITY CENTER**  
(916) 972-0336 • Fax (916) 972-7371  
4701 Gibbons Dr., Carmichael, CA 95608

**SWANSTON COMMUNITY CENTER**  
(916) 333-6464 • Fax (916) 488-4349  
2350 Northrop Ave., Sacramento, CA 95825



## Take Flight Opens at Aerospace Museum

To Debut Interactive Exhibit on October 17

By Traci Rockefeller Cusack

SACRAMENTO, CA (MPG) - The Aerospace Museum of California is proud to present an interactive new exhibit titled TAKE FLIGHT that will be available for guests to explore and enjoy from October 17, 2017 through January 9, 2018. With a variety of dynamic elements and multiple activity stations, guests of all ages will begin to understand the fundamentals needed to achieve flight. The new TAKE FLIGHT exhibit will occupy approximately 2,000-square feet of space on the ground floor inside the impressive Museum.

The new exhibit will help Museum guests learn about the evolution and history of flight before they begin their own exciting journey of discovery with a series of building activities that help them create different forms of flying machines. The exhibit is designed to help visitors explore and understand how the physical characteristics of lift, thrust, drag, rotation and gravity are important to achieve flight. Guests of all ages will especially enjoy the activity stations such as Make it Fly--Planes, Make It Fly--Rockets and Make It Fly--Copters. Museum guests will have a chance to test out and fine-tune their designs with the help of elements such as the Wing Zinger, Rocket Launcher and Wind Tube.

### Museum Guests Can Enjoy Special "Rocket Talk" Presentations by a NASA Solar System Ambassador on October 21 Only

As an added element on Saturday, October 21 only, Museum guests will have the opportunity to see a special "Rocket Talk" presentation by NASA Solar System Ambassador Jayce Pearson as he discusses the fascinating world of rocketry. Ambassador Pearson will lead three presentations at 11 a.m., 1 p.m. and 3 p.m. on that one day only that will each include a lively discussion of the history of rocketry, how rocketry works,



The TAKE FLIGHT exhibit and special activities are included with Museum admission: \$10 for adults, \$8 for seniors and teachers (with ID), \$8 for children and youth (ages 6-17), and is free for children ages 5 and younger along with active duty military (with ID) and Museum members.

and what is happening in rocketry now. Between presentations, Ambassador Pearson will be available to answer questions about rocketry, space exploration and the solar system.

The TAKE FLIGHT exhibit and special activities are included with Museum admission: \$10 for adults, \$8 for seniors and teachers (with ID), \$8 for children and youth (ages 6-17), and is free for children ages 5 and younger along with active duty military (with ID) and Museum members. The Aerospace Museum is open to the public Tuesdays through Sundays from 10 a.m. to 4 p.m., and school or special groups of 20 or more are encouraged to book tours in advance with the reduced admission pricing of \$7 per person.

As a companion experience to the TAKE FLIGHT exhibit, the Museum is also home to a popular and fun Flight Zone flight simulator that is a state-of-the-art STEM learning laboratory featuring 10 digital flight stations (note there is an added fee for the Flight Zone flight simulator: \$5 for a 20-minute session, available for purchase in the gift shop). Flight Zone is open to the public Saturdays and Sundays from 11 a.m. to 3 p.m.

For more information about

the TAKE FLIGHT exhibit, the "Rocket Talk" presentations on October 21, the Flight Zone flight simulator or the Aerospace Museum of California in general, please call 916-643-3192 or visit [www.aerospacemuseum.org](http://www.aerospacemuseum.org).

Located in a spacious facility at McClellan Business Park in Sacramento, the Aerospace Museum of California is one of aviation's greatest showcases that captures the allure of flight. With a wide range of impressive military and civilian aircraft on display -- from biplanes to Russian MIGs -- and an extensive engine collection, the Museum also offers a state-of-the-art STEM learning laboratory or "Flight Zone" with 10 interactive digital flight stations. The Museum is committed to providing a world-class experience along with the opportunity to learn about and celebrate aviation's past, present and future. For more, visit [www.aerospacemuseum.org](http://www.aerospacemuseum.org).

For more information about the TAKE FLIGHT exhibit, the "Rocket Talk" presentations on October 21, the Flight Zone flight simulator or the Aerospace Museum of California in general, please call 916-643-3192 or visit [www.aerospacemuseum.org](http://www.aerospacemuseum.org).

Source: T-Rock Communications ★

## Baha'is of Carmichael Marking the 200th Anniversary

Celebrating the Birth of Bahá'u'lláh, Founder of the Bahá'í Faith



BAHÁ'Í FAITH  
LIGHT OF UNITY  
FESTIVAL  
200<sup>TH</sup> BIRTHDAY OF  
BAHÁ'U'LLÁH

Baha'is of Carmichael are preparing to mark the 200th anniversary of the birth of Bahá'u'lláh, the Founder of the Bahá'í Faith, on October 22, 2017.

Bahá'u'lláh (1817-1892) was a spiritual teacher who announced in 1863 that He was the bearer of a new revelation from God. His teachings have spread around the world, forming the basis of a process of social transformation and community building which is unique in its global scope and the diversity of participants.

The Light of Unity Festival is a celebration of the transformative impact of Bahá'u'lláh's teachings on the lives of families, neighborhoods and communities around the country and the world. Bahá'u'lláh's vision of the oneness of humanity is an antidote to the racial prejudice and materialism

that are corroding American society.

"Now more than ever we need positive models of social change that bring people together rather than divide them," said Chris Miller. "This is what we will be celebrating in the months leading up to Bahá'u'lláh's birthday celebration in October."

The Light of Unity Festival is not an event but a series of activities generated at the grassroots level all around the country, which reinforce Bahá'u'lláh's vision of the

oneness of humanity and empower participants to contribute. Activities will include drama, music, art exhibits, storytelling, service projects, prayer and devotional programs. At the national level, the Bahá'í House of Worship in Wilmette, IL will host a nine-week series of programs beginning in early September on themes applying the principle

of the oneness of humanity to contemporary challenges, including environmental justice, race relations, indigenous peoples, human rights, and the harmony of science and religion.

Plans underway include a large public celebration at the **Unitarian Universalist Society** 2425 Sierra Blvd., **Sunday October 22, 2017** For more information email [carmichaellsa@gmail.com](mailto:carmichaellsa@gmail.com).



# Carmicheal Park FARMERS MARKET

Every SUNDAY, 9AM - 2PM

## Falling Leaf CRAFT FESTIVAL

Hosted By Living Smart Farmer's Market

Join us on Sunday, October 15, 2017

9 AM - 2 PM

5750 Grant Ave

- Doggy Costume Contest
- Pumpkin Painting, Games & Prizes
- Over 100 Vendors
- Live Music
- Food Trucks & Food Stands
- Handmade Crafts, Décor, & Artisan Goods



I Love My Farmers Market.com



Donald Kendrick, Music Director

SEASON 22



## WELLS FARGO Home for the Holidays

Back by popular demand—  
**Matt Hanscom and the Grinch Puppets!**

GUEST CHORUS Sacramento Children's Chorus  
Alexander Grambow, Director

Puppets provided by Green Valley Theatre Company, Christopher Cook, Designer  
Lobby Entertainment featuring Vibrance Barbershop Quartet

Saturday, December 9, 2017  
at 2:00 pm and 7:30 pm  
Sacramento Memorial Auditorium

Get your tickets early!



Matt Hanscom

TWO performances of this Annual Sacramento Holiday Tradition with full orchestra, candelit procession and audience sing along

**TICKETS** CCT BOX OFFICE | 916.808.5181 or [TICKETS.COM](http://TICKETS.COM)  
[SACRAMENTOCHORAL.COM](http://SACRAMENTOCHORAL.COM)






**Adoption**

**PREGNANT? CONSIDERING ADOPTION?** Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

**Announcement**

Water Damage to Your Home? Call for a quote for professional cleanup & maintain the value of your home! Set an appt today! Call 855-401-7069 (Cal-SCAN)

**KC BUYS HOUSES - FAST - CASH - Any Condition.** Family owned & Operated. Same day offer! (951) 805-8661 WWW.KCBUYSHOUSES.COM (Cal-SCAN)

**Antiques Wanted**

**Buying Watches**  
Will Pick-up  
**Rolex, Omega, Hamilton, LeColutre**  
-Private Party- All wind ups Running or not. Will buy watch parts Also buy Gold Rings & Chains, Silver Dollars, Antiques  
**(916) 607-7890**  
**CASH for Watches**

**Autos Wanted**

**DONATE YOUR CAR, TRUCK, OR BOAT TO HERITAGE FOR THE BLIND.** Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

**Got an older car, boat or RV?** Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

**WANTED!** Old Porsche 356/911/912 for restoration by hobbyist 1948-1973 Only. Any condition, top \$ paid! PLEASE LEAVE MESSAGE (707) 965-9546 (Cal-SCAN)

**Bathroom or Kitchen Remodeling ?**

**WAIT!** Before You Spend MORE to Get LESS Call (916) 798-8388 License No. 998108 (MPG 10-27-17)

**Business Opportunity**

**OWN YOUR OWN DOLLAR, DOLLAR PLUS, BIG BOX, MAIL/PACKSHIP, OR PARTY STORE.** 100% FINANCING. OAC FROM \$65,900. 100% TURNKEY. Call 1-800-518-3064 or www.dollarstoreservices.com/start www.partystoredevelopers.com/start www.mailboxdevelopers.com/start

**Cable/Satellite TV**

**DISH TV.** 190 channels. \$49.99/mo. for 24 mos. Ask About Exclusive Dish Features like Sling® and the Hopper®, PLUS HighSpeed Internet, \$14.95/mo. (Availability and Restrictions apply.) TV for Less, Not Less TV! 1-855-734-1673 (Cal-SCAN)

**Cut the Cable! CALL DIRECTV.** Bundle & Save! Over 145 Channels PLUS Genie HD-DVR. \$50/month for 2 Years (with AT&T Wireless.) Call for Other Great Offers! 1-888-463-8308 (Cal-SCAN)

**CONCRETE WORK**

Driveways - patios - walkways. All types finishes. Steve Wiezorek. 530-300-2766. Lic# 797744

**Financial Services**

**Social Security Disability?** Up to \$2,671/mo. (Based on paid-in amount.) FREE evaluation! Call Bill Gordon & Associates. 1-800-966-1904. Mail: 2420 N St NW, Washington DC. Office: Broward Co. FL, member TXNM Bar. (Cal-SCAN)

**Fitness/Yoga**

**Your Fitness Genie**  
Making Your Fitness Goals Come True!  
16 Years of Experience  
3 Sessions for \$99, new clients only  
• Weight Loss • Injury Recovery • Senior Fitness • Yoga • Pilates  
**Be Active, Call Today!**  
Jenn@YourFitnessGenie.com  
**(916) 768-8767**

**Handyman**

**QUALITY LABOR & MAINTENANCE**  
Yard Clean-ups, Hauling, Gutter Clean, Odd Jobs  
*You Name It!*  
**(916) 613-8359**

**CARPENTER DAVID MACK**

**Handyman • 25 Years Experience**  
Bus. Lic. # 636425  
Honest Man • Quality Work  
Doors Specialist • Dry Rot Roof Repairs • Painting Sheet Rock • Texture All Floors, Windows, Decks, Tiles, Patios A to Z Exterior Sidings  
Not a Licensed Contractor  
**916-548-8249**  
**Health & Medical**

**Got Knee Pain? Back Pain? Shoulder Pain?** Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-796-5091 (Cal-SCAN)

**Stop OVERPAYING for your prescriptions!** SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 1-855-397-6808 Promo Code CDC201725. (Cal-SCAN)

**OXYGEN** - Anytime. Anywhere. No tanks to refill. No deliveries. Only 4.8 pounds and FAA approved for air travel! May be covered by medicare. Call for FREE info kit: 844-359-3976. (Cal-SCAN)

**Weight loss/ sleep/ mood issues.** Consultant / educator. Small reading and discussion group. See truehope.com and or youngevity.com. Call Tim B. 503-460-7149 12-31-17

**ELIMINATE CELLULITE** and Inches in weeks! All natural. Odor free. Works for men or women. Free month supply on select packages. Order now! 1-844-703-9774. (Cal-SCAN)

**Help Wanted**

Retired Persons. Small Consignment Store. Sundays only. 916 965-4685. (MPG 11-3-17)

**Help Wanted**

Now hiring for PT/FT and Holiday positions. Notary/Finger Printer wanted. Benefits Available w/ FT position. Bring resume to 7405 Greenback Lane Corner of San Juan & Greenback Lane. 916-725-1345

**Home Maintenance**

**A Quality Home Maintenance**  
Gutters Cleaned By Gutter Dog  
**(916) 613-8359**

**Insurance/Health**

**Best Prices on Health & Dental Insurance.** We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

**Landscaping**

**CREATE YOUR PARADISE**  
Winter Yard Cleanups, Complete Landscape Design/ Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial American Landscape Design & Installation, Est. 1987 American Construction & Property Maintenance Company  
WE ACCEPT VISA & MASTER CARD  
**(916)612-0776**  
Lic#690968

**Lawn / Yard Care**

**JOHN WILLIAMSON LAWN & YARD.** Res/comm. Wkly services, cleanups, pruning, gutters. Riding mower prop. ok. 916-508-2158 BizLic 836256 Not serving Gold River/ Rancho

**Medical Supplies / Equipment**

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

**Miscellaneous**

**SAWMILLS from only \$4397.00-MAKE & SAVE MONEY** with your own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N (Cal-SCAN)

**Music Lessons**

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddiebbalberrt1@yahoo.com. 530-263-6926 (MPG 12-30-17)

**Classified Advertising**

**773-1111**

**Pets/Animals**

**Professional, Loving PET CARE**  
Established Reputation  
Kennel Free Environment  
Lots of TLC  
**Call Madeline**  
**(916) 723-1608**

**DOG RESCUE**  
Gary  
(916) 334-2841  
Please Adopt or Foster Because so many really great dogs are dying for a good home...  
ShelterMOU@hotmail.com

**PLUMBING French Connection**

**Plumbing (916) 833-7618**  
*If your husband did the job, call me!*  
• Emergency Plumbing  
• New Construction  
• Gasline Repipe  
• Sewer Inspection  
40 YRS Experience  
Contractor Lic.#936953

**Roofing**

**BERNARDINO ROOFING**  
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!  
\*\*\*FREE ESTIMATES\*\*\*  
SENIOR DISCOUNTS  
Lic.#17945 35 Years Experience  
**916.920.0100**  
www.bernardinoroofing.com

**RV Sales**

**Bill Eads RVs**  
Buy, Sell, Trade & Consign  
"Results... not Promises"  
Number 1 Consignment Lot in Northern California  
**We Pay Top \$\$ for clean RVs!**  
Great, Secure I-80 Freeway Location.  
Lic & Bonded - 29 Years Exp!  
Check out **BillEadsRV.com**  
4409 Granite Dr. Rocklin, CA  
**Office 916-624-7600**  
**Bill 916-878-0273**

**Senior Living**

**A PLACE FOR MOM.** The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-550-4822. (Cal-SCAN)

**Tax Services**

**Do you owe over \$10,000 to the IRS or State in back taxes?** Our firm works to reduce the tax bill or zero it out completely FAST. Call now 855-993-5796 (Cal-SCAN)

**Tree Service**

**BP TREE SERVICES**  
TREE & STUMP REMOVAL  
TREE TRIMMING/ SHAPING  
FREE ESTIMATE  
10% OFF WITH THIS AD  
Insured. Workman's comp. Arborist  
**916-722-6321**  
bptreeservices.com  
VISA / MASTER CARD  
California Contractors Lic.#831766

**Work Wanted**

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I disport to medical, other appointments, shopping etc. and errands. No job too small. Health and Security background. References. College grad. **Tim, 503-460-7149.** (MPG 12-31-17)

**Home for Lease**

3bd 2bth w/pool. Beautiful Carmichael neighborhood. 1 yr lease, 2,300 per month. Terms negotiable. Call Larry at River City 916 549-6673. Private showing, Available Oct. 1.

**LEGAL ADS FOR SACRAMENTO COUNTY?**

**We Can Do That!**  
Call to place your legal advertising  
**MPG 483-2299**  
All Legal Ads Published in the Carmichael Times & RC Independent

**NOTICE TO READERS**  
California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board.  
**DISCLAIMER**  
Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

**Crossword Puzzle on Page 9**

C	R	A	F	T		A	P	T		T	R	A	P	
L	U	C	I	A		D	O	E		B	E	E	F	Y
A	T	A	L	L		E	E	R		A	L	D	E	R
W	H	I	T	M	A	N		M	A	R	L	O	W	E
							H	U	B		T	S	A	R
B	U	S		D	E	L	I		H	E	P	T	A	D
U	S	E	D		T	E	N	D		D	I	E	G	O
R	U	L	E		S	A	F	E	S		G	M	A	N
N	A	M	E	R		R	O	B	E		S	P	I	N
S	L	A	P	U	P		I	S	N	T		O	N	E
							F	O	I	L		S	H	E
C	A	R	R	O	L		G	E	O	L	O	G	Y	
A	D	I	E	U		E	E	L		M	E	T	R	O
N	A	M	E	S		U	K	E		A	C	T	O	R
T	R	E	K			S	E	E		S	T	O	K	E

**Estate Sale**

Stunning ESTATE SALE JEWELRY vintage to new. Large selection of unique fine and fashion items, something for everyone. Beautiful rhinestone, gem, silver, gold, pearls, diamond. Arden Arcade Area. for appointment Email mitsu-ko112312@yahoo.com

**Roommate Wanted**

Citrus Heights area. 3 Bd/2bth house - \$475 month, plus shared utilities. Female only. 916 722-8989

**Guitar for Sale**

Oasis Custom solid body electric guitar. \$1,800, serious offers only . 916 723-7021.

**Sudoku Puzzle on Page 9**

5	1	6	9	8	7	2	3	4
9	2	8	1	4	3	5	6	7
7	3	4	2	5	6	9	1	8
6	7	5	3	2	8	4	9	1
8	9	3	4	1	5	6	7	2
1	4	2	6	7	9	3	8	5
4	5	9	7	6	1	8	2	3
3	8	1	5	9	2	7	4	6
2	6	7	8	3	4	1	5	9

**AIRLINE CAREERS START HERE**

**AM**  
AVIATION INSTITUTE OF MAINTENANCE

Get trained as FAA certified Aviation Technician.  
Financial aid for qualified students.  
Job placement assistance.  
Call Aviation Institute of Maintenance  
**877-205-4138**

**Land For Sale**

**NORTHERN AZ WILDERNESS RANCH - \$197 MONTH** - Quiet secluded 37 acre off grid ranch set amid scenic mountains and valleys at clear 6,200'. Near historic pioneer town & large fishing lake. No urban noise & dark sky nights amid pure air & AZ's best year-round climate. Evergreen trees /meadowland blend with sweeping views across uninhabited wilderness mountains and valleys. Self-sufficiency quality garden loam soil, abundant groundwater & maintained road access. Camping & RV's ok. No homeowner's Assoc. or deed restrictions. \$22,900, \$2,290 dn. Free brochure with additional property descriptions, photos/ terrain map/ weather chart/area info: 1st United Realty 800.966.6690. (Cal-SCAN)

**CALL A PROFESSIONAL Business & Service Directory**

**LANDSCAPE SERVICES**

**SLS Superior Landscape Services**  
Landscaping and Maintenance  
• Sprinkler Repair/Install • Pruning  
• Mowing/Trimming • Fertilizing  
Insured Lic#794551  
**(916) 728-5812 • Cell (916) 761-0999**  
Dave Cochran Owner • dave\_SLS@surewest.net

**COMMERCIAL JANITORIAL SERVICES**

**FRANCHISE OPPORTUNITIES AVAILABLE**

**Anago**  
OF SACRAMENTO  
The Superior Choice for Commercial Cleaning  
Call to schedule your FREE Quote  
**916.782.3300 • www.ANAGOSAC.COM**

**PSYCHIC CONSULTATION**

**PSYCHIC SISTERS**  
PSYCHIC CONSULTATIONS

PAST PRESENT FUTURE LOVE FAMILY BUSINESS

• Tarot Readings  
• Palm Readings  
• Energy Readings  
• Chakra Alignment  
• Aura Cleanses  
• Spiritual Healings

Call to book your appointment  
**(916) 532-5647 (201) 466-8807**  
www.mysticalvisionsbygina.com  
Open 7 days a week  
9am-9pm  
Email to book private event  
**mystical.visions@outlook.com**

**DRUG AND ALCOHOL REHABILITATION**

**CLEAN & SOBER**  
LIVING  
CSTL, Inc.  
HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM!  
18 YEARS IN BUSINESS!  
DETOX (916) 965-3386 SOBER LIVING (916) 961-2691

**Painting Services**

**QUALITY A PAINT SERVICE**  
24 Years Experience ♦ Testimonials Available ♦ Bonded & Insured  
Prefer Small Jobs  
to 900sf Interior / to 500sf Exterior  
Interior, Also, wood Fence & Pressure washing  
All Seniors get 20% off  
**916-967-0763** State Lic. 646386

**LET'S FACE IT!**  
Some jobs are just too big to do-it-yourself!  
Whatever it is that you need done,  
**Call A Professional.**  
Check out the advertisers on this page. They are waiting to hear from you!

IF YOU'RE READING THIS SO ARE YOUR CUSTOMERS  
Advertise Your Business Here  
CALL 773-1111

**COMPUTER SERVICES**

**Zinsky's**  
PC Configurations  
"Don't replace it - REPAIR IT!"  
Custom Desktop Computer Configurations  
• PC Repair • Home Wireless Networking  
• Installations • Viri & Spyware Eradication  
Alan Zinsky  
Phone: 916-622-2269  
Zconfig@sbcglobal.net  
Bus. Lic. # 305312 • B. E. A. R. Reg. #84416  
www.zinskyspcrepair.com

**Print Your Flyers With Us!**  
Low Cost • High Volume • Quick Service  
**Specialties Plus**  
• Machine Repairs (all makes and models)  
• Toner Cartridge Refills  
• FREE Cleaning (with our cartridge)  
**(916) 723-8430**  
specpluscopiers@gmail.com



**Legal Advertising Hotline**  
**916-483-2299**  
**Legal Advertising Fax**  
**916-773-2999**

# LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984*  
*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969*

**Legal Advertising**  
**P.O. Box 14**  
**Carmichael, CA 95609**

**FICTITIOUS BUSINESS NAME STATEMENTS**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06682 John Selep, 111 Valley Falls Place Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Insight and Execution" at 111 Valley Falls Place Folsom, CA 95630. Filed with the Clerk of Sacramento County August 25, 2017. Publish: September 22, 29, October 6, and 13, 2017. **INSIGHT 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07183 Dawn Marie Long, 2706 Wendale Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "DML Creative Resources" at 2706 Wendale Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 15, 2017. Publish: September 22, 29, October 6, and 13, 2017. **DML 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07027 Francis Mead, 3670 State Highway 49 Cool, CA 95614 is doing business under the Fictitious Business Name(s) "Midtown Foreign Auto Specialties" at 1831 O Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017. **MIDTOWN 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06965 Aaron Grinstead, 2803 57th Street Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Hypertrivie Athletics" at 2703 S Street #6 Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 6, 2017. Publish: September 22, 29, October 6, and 13, 2017. **HYPER 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07035 Falguni Priet, 9262 Floyd Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "JFA Cauticals" at 9262 Floyd Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017. **JFA 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06892 Mohammad Reza Yousefkan, 1612 Safari Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fixer Upper Homes" at 1612 Safari Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 22, 29, October 6, and 13, 2017. **FIXER 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07022 Karen A Ray, 6311 Mineral Court Carmichael, CA 95608, Robert and Lane V Parks, 11904 S. Carson Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Howe About A Sub, Subway" at 2310 Fair Oaks Boulevard #B Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017. **HOWE 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07020 House of Bread Church, 6521 Hazel Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "House of Bread Christian Academy, House of Bread Academy" at 6529 Hazel Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017. **HOUSE 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07039 A&G Commercial Services, LLC, 2616 Riesling Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "A&G Commercial Services LLC, A G Services" at 2616 Riesling Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 8, 2017. Publish: September 22, 29, October 6, and 13, 2017. **A&G 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06909 1020 Digital LLC, 1900 Three Springs Road Bowling Green, KY 42104 is doing business under the Fictitious Business Name(s) "CNX" at 1900 Three Springs Road Bowling Green KY, 42104. Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 22, 29, October 6, and 13, 2017. **CNX 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06865 mRx, LLC, 2075 Overland Avenue Billings, MT 59102 is doing business under the Fictitious Business Name(s) "mRx Pharmacy" at 2075 Overland Avenue Billings, MT 59102. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 22, 29, October 6, and 13, 2017. **MIRX 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07144 Jason Timmons, 7991 Vintage Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Plant Rx" at 7991 Vintage Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 13, 2017. Publish: September 22, 29, October 6, and 13, 2017. **PLANT 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07045 Rio Events Group, LLC, 1 Granville Court Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Rio Events Group, Contemporary DJs" at 1 Granville Court Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 11, 2017. Publish: September 22, 29, October 6, and 13, 2017. **RIO 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07002 George Little Investments Inc, 4125 Winters Street Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "College Oak Towing, Little's Auto & Truck" at 4125 Winters Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 7, 2017. Publish: September 22, 29, October 6, and 13, 2017. **COLLEGE 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07058 Manjri Gill, 8200 Cook Riolo Road Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Nor-Cal ATMUS USA" at 8200 Cook Riolo Road Antelope, CA 95843. Filed with the Clerk of Sacramento County September 11, 2017. Publish: September 22, 29, October 6, and 13, 2017. **NOR\_CAL 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07167 Loel G Heupel, 4725 Moore Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mosaic Wealth Solutions" at 650 University Avenue Suite 202 Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 22, 29, October 6, and 13, 2017. **MOSAIC 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07156 Behroz Hayyehsainzadeh, 2251 Watt Avenue #226 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sabzezar" at 2521 Yorktown Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 22, 29, October 6, and 13, 2017. **SABZEZAR 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07162 Advanced Home Health and Hospice, Inc, 4370 Auburn Blvd Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Advanced Hospice & Palliative Care" at 4970 Auburn Boulevard Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 22, 29, October 6, and 13, 2017. **ADVANCED 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07123 Partap Distributor, LLC, 9132 Palmerson Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bio Green Roots" at 9132 Palmerson Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County September 13, 2017. Publish: September 22, 29, October 6, and 13, 2017. **BIO 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07153 Yuriy Lavrenchuk, 7846 Kanan Court Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "King Trans" at 7846 Kanan Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 13, 2017. Publish: September 22, 29, October 6, and 13, 2017. **KING 170810 10-13-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07395 Hillcrest Apartments, LLC, 7524 Old Auburn Road Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "San Juan Center" at 7524 Old Auburn Road Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 22, 2017. Publish: September 29, October 6, 13, and 20, 2017. **SAN\_JUAN 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07289 Henry Vi Lu, 3961 Cottontail Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Mandarin Garden" at 9185 Kiefer Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 20, 2017. Publish: September 29, October 6, 13, and 20, 2017. **MANDARIN 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06798 Kathleen Smith, 2009 Vizcaya Walk Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Club Pilates, Natomax" at 2680 Del Paso Road Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 30, 2017. Publish: September 29, October 6, 13, and 20, 2017. **CLUB 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07246 Tim Long, 7875 Snead Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Long Insurance Services" at 6840 65th Street #115 Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 18, 2017. Publish: September 29, October 6, 13, and 20, 2017. **LONG 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07258 Joshua Annanis Gillespie, 5212 Heartland Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Norcal Traffic Safety" at 5212 Heartland Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County September 19, 2017. Publish: September 29, October 6, 13, and 20, 2017. **NORCAL 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07283 Abbas Alubayeh, 4800 Zube Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "AA Auto Body" at 3784 Omec Circle Suite #3 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 19, 2017. Publish: September 29, October 6, 13, and 20, 2017. **AA 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07100 Ronald Gene Nelson, 4549 Roseciff Circle Mather, CA 95655 is doing business under the Fictitious Business Name(s) "On-Site Emissions Service" at 4549 Roseciff Circle Mather, CA 95655. Filed with the Clerk of Sacramento County September 12, 2017. Publish: September 29, October 6, 13, and 20, 2017. **ON-SITE 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07182 Erick and Rafael Villeda, 10346 Birmingham Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Elegante" at 5940 Don Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 14, 2017. Publish: September 29, October 6, 13, and 20, 2017. **ELEGANTE 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07320 David Brooke, 3313 Brownlea Circle Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Norcal Moulding, Norcal Molding" at 3313 Brownlea Circle Antelope, CA 95843. Filed with the Clerk of Sacramento County September 20, 2017. Publish: September 29, October 6, 13, and 20, 2017. **NORCAL 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06885 Jacqueline A Cole, 2142 4th Avenue Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "VG Consulting" at 2142 4th Avenue Sacramento, CA 95818. Filed with the Clerk of Sacramento County September 1, 2017. Publish: September 29, October 6, 13, and 20, 2017. **VG 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06912 Vang Sanh Inc, 5345 San Juan Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Salon D' Elegance" at 5345 San Juan Avenue Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 5, 2017. Publish: September 29, October 6, 13, and 20, 2017. **SALON 170810 10-20-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07556 Diane Schreiner, 7225 Linda Sue Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Professional Library Management" at 7225 Linda Sue Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 6, 13, 20, and 27, 2017. **PRO 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07527 Vladimir Asanidze, 4535 Jenness Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Advanced Capitol Realty" at 2231 Elkhorn Boulevard #26 North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 28, 2017. Publish: October 6, 13, 20, and 27, 2017. **ADVANCED 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07501 Susan E. Esterley, 4230 Stillwood Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bear Flag Tours" at 4230 Stillwood Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 27, 2017. Publish: October 6, 13, 20, and 27, 2017. **BEAR 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07474 Sacramento Region Performing Arts Alliance, 1030 15th Street Suite 200 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sacramento Philharmonic & Opera" at 1030 15th Street Suite 200 Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 6, 13, 20, and 27, 2017. **SAC 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07184 ELS Investments, 9980 Horn Road Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Environmental Landscape Solutions" at 9980 Horn Road Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 15, 2017. Publish: October 6, 13, 20, and 27, 2017. **ELS 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06946 Vitality Rx LLC, 210 Blue Ravine Road Suite 170 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Vitality Pharmacy" at 210 Blue Ravine Road Suite 170 Folsom, CA 95630. Filed with the Clerk of Sacramento County September 6, 2017. Publish: October 6, 13, 20, and 27, 2017. **VITALITY 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07419 Ivy Mantombi Gilbert, 5928 Coyle Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "American Goods for Less" at 5928 Coyle Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 25, 2017. Publish: October 6, 13, 20, and 27, 2017. **AMERICAN 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07480 Anare Radravu, 2740 Elvra Way #42 Sacramento, CA 95821 and Mereseini Lave Radravu, 2740 Elvra Way #42 Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "FIJI Paradise Care" at 2740 Elvra Way #42 Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 6, 13, 20, and 27, 2017. **FJI 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07042 Annalakshmi Inc, 1167 Riley Street Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Suvai, Arusuvai, Suvai 6, Suvai 6, Suvai, Six Suvai" at 1167 Riley Street Folsom, CA 95630. Filed with the Clerk of Sacramento County September 8, 2017. Publish: October 6, 13, 20, and 27, 2017. **CROWN 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07274 Grace and Armando Cornelio, 2322 Elena Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Crown Plumbing and Construction" at 5920 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2017. Publish: October 6, 13, 20, and 27, 2017. **PRO 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07267 Edward Louis Jones, 7117 Murdock Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pro Destiny Coaching" at 7117 Murdock Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2017. Publish: October 6, 13, 20, and 27, 2017. **PRO 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07054 Allison Renee Severini, 4405 Robertson Avenue Sacramento, CA 95821 and Hillary Schuessler, 2812 Garfield Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "HoneyComb" at 4405 Robertson Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 11, 2017. Publish: October 6, 13, 20, and 27, 2017. **HONEY 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07232 Clearinsure Agency, LLC, 1140 Reservoir Avenue Cranston, Rhode Island 02920 is doing business under the Fictitious Business Name(s) "Clearinsure Insurance Agency" at 1140 Reservoir Avenue Cranston, Rhode Island 02920. Filed with the Clerk of Sacramento County September 18, 2017. Publish: October 6, 13, 20, and 27, 2017. **CLEAR 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07478 Vitaliy Martynuk, 4912 Walnut Avenue Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "VM Transport" at 4912 Walnut Avenue Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 6, 13, 20, and 27, 2017. **VM 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07392 Daniel A. Reyes, 805 Quail Court Lincoln, CA 95648 is doing business under the Fictitious Business Name(s) "MAD Backhoe" at 7342 6th Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 22, 2017. Publish: October 6, 13, 20, and 27, 2017. **MAD 170810 10-27-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07555 Anilkumar R. Madhav, 8569 Bond Road Suite 120 Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Healthy Blendz Cafe" at 8569 Bond Road Suite 120 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. **HEALTHY 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07616 Wing Yim Jovita Poon, 4600 Santa Monica Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Relax Station" at 9059 Bruceville Road Suite 180 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 3, 2017. Publish: October 13, 20, 27, and November 3, 2017. **RELAX 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07550 Tony K. Elder, 1258 Pebblewood Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Westbound Groove Entertainment" at 1258 Pebblewood Drive Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. **WESTBOUND 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07543 Tiffany Halley, 12249 Hobday Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Tiffany's Beauty Room" at 12249 Hobday Road Wilton, CA 95693. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. **TIFFANY'S 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07580 Robert E. Basham, 3836 Watco Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Uprising Financial Planning, Humanitas Investments" at 3836 Watco Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 2, 2017. Publish: October 13, 20, 27, and November 3, 2017. **UPRISE 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07468 Kimala Berdan and Bill Berdan, 112 Doubletree Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Doubletree Pet Resort" at 112 Doubletree Court Folsom, CA 95630. Filed with the Clerk of Sacramento County September 26, 2017. Publish: October 13, 20, 27, and November 3, 2017. **DOUBLETREE 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07658 Donald B. Martin, 4471 Manzanita Avenue #62 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Santa's On The Way" at 4471 Manzanita Avenue #62 Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. **SANTAS 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07644 Lois Carol Sando, 3956 Linus Way Carmichael, CA 95608, Roy Chastain, 4120 Mulberry Lane Sacramento, CA 95822, Shirley Dickson, 6233 Cole Avenue Carmichael, CA 95608, Susan Haensel, 11512 Big Four Way Gold River, CA 95670, Joanne Johnson, 125 Mering Court Sacramento, CA 95864, Mahnaz Khazari, 4541 American River Drive Sacramento, CA 95864, Glorianna Marshall, 3308 Hunter Lane Carmichael, CA 95608, Carolyn McMillan, 2941 Myrtle Lane Carmichael, CA 95608, and Jill Sando, 4701 Cameron Ranch Drive Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Rivercity Investment Club" at 3956 Linus Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. **RIVERCITY 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07646 Mark Daya, 4138 Pylos Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sac Platinum Group" at 4138 Pylos Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. **SAC 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07675 David Robert Ashley, 7825 Pomeroy Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Precision Handyman Services" at 7825 Pomeroy Way Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. **PRECISION 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07643 Jordan Harris, 6442 Denton Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "J's Barbershop" at 7601 Sunrise Boulevard Suite 4 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. **JS 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07640 Ncu Cojan, 4327 Garfield Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "NeatTrucks" at 8340 Galena Avenue Sacramento, CA 95828. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. **NEATRUCKS 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07654 Christopher Lewis, 4404 Kingscote Way Mather, CA 95655 is doing business under the Fictitious Business Name(s) "SUD Compliance, HP Properties" at 3609 Bradshaw Road Suite H336 Sacramento, CA 95827. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. **SUD 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07682 Kimberly Urbano, 7610 Scenic Court Fair Oaks, CA 95628 and Samantha Whittemore, 1322 Len Way Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Pulse Wellness Transformation Fitness" at 7610 Scenic Court Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County October 5, 2017. Publish: October 13, 20, 27, and November 3, 2017. **PULSE 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07349 Joseph Wayne Scherffius, 2820 Walnut Avenue #20 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "JWS Promotions" at 2820 Walnut Avenue #20 Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 21, 2017. Publish: October 13, 20, 27, and November 3, 2017. **JWS 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07612 Alan R. Kjar, 320 Spring Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Eagle Rock Insurance Broker" at 320 Spring Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County October 3, 2017. Publish: October 13, 20, 27, and November 3, 2017. **EAGLE 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07570 Barbara Epis, 26948 Beatrice Lane Los Altos Hills, CA 94022 is doing business under the Fictitious Business Name(s) "Morningside at Carmichael" at 4721 Marconi Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 2, 2017. Publish: October 13, 20, 27, and November 3, 2017. **MORNINGSIDE 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-06997 Spalapa, Inc, 9778 Business Park Drive Suite B Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Cal Spas of Sacramento, California Spas & Outdoor Superstore, Palapa Pros" at 9778 Business Park Drive Suite B Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 7, 2017. Publish: October 13, 20, 27, and November 3, 2017. **CAL 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07627 Sonder Solutions, Inc, 2880 Sunrise Boulevard Suite 213 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 4, 2017. Publish: October 13, 20, 27, and November 3, 2017. **HEROIC 170810 11-3-17**

FICTITIOUS BUSINESS NAME STATEMENT  
 FBNF2017-07549 Wendy Alene Mull, 8008 Grand Sierra Court Antelope, CA 95843 and Cami Renee Sutton, 3670 Bohler Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Unfound Treasures" at 8008 Grand Sierra Court Antelope, CA 95843. Filed with the Clerk of Sacramento County September 29, 2017. Publish: October 13, 20, 27, and November 3, 2017. **UNFOUND 170810 11-3-17**

**ORDER TO SHOW FOR CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2017-00210744

WHEREAS FNU Sulaiman has filed a petition with this court for a decree changing the name(s) of FNU Sulaiman to Sulaiman Malyar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 20, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 18, 2017. David I. Brown, Judge of the Superior Court. Publish: September 22, 29, October 6, 13, and 20, 2017. **MALYAR 170705 10-13-17**

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2017-00217905

WHEREAS Candice Smiles on behalf of Aiden Nichols, a minor has filed a petition with this court for a decree changing the name(s) of Aiden Joseph Nichols to Aiden Joseph Locke. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 23, 2017. David I. Brown, Judge of the Superior Court. Publish: September 22, 29, October 6, and 13, 2017. **LOCKE 170705 10-13-17**

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2017-00216270

WHEREAS Christopher Fealofani Moa has filed a petition with this court for a decree changing the name(s) of Christopher Fealofani Moa to Christopher Fealofani Vaea. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 6, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 3, 2017. David I. Brown, Judge of the Superior Court. Publish: September 29, October 6, 13, and 20, 2017. **MOA 170705 10-20-17**

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-20



# Business Luncheon

Tuesday 24 OCT

**Caterer:** Roxie Deli & BBQ **Come and Enjoy!**



**\$20/\$23**  
Members / Guest  
Christ Community Church  
5025 Manzanita Ave

featuring  
**Supervisor Susan Peters**



**11:00**  
Networking



**11:30**  
Lunch Served



**Noon - 1:00pm**  
Program



**Raffle**  
Bring plenty of business cards and a raffle Prize!

**RSVP at [carmichaelchamber.com](http://carmichaelchamber.com)**

# Community Dance

Sunday, October 15

2pm - 5pm

**Featuring the John Skinner Band**

Providing Music from Swing to Rock'n Roll  
Classics Contests, Prizes & FREE Family Fun

Dancing for All Ages!!

Refreshments and Snacks available to purchase



At La Sierra Community Center, John Smith Hall  
Call 916.485.5322 or visit [carmichaelpark.com](http://carmichaelpark.com)

A COMMUNITY EVENT

# HARVEST FESTIVAL

American River Community Church  
3300 Walnut Ave., Carmichael

**OCT. 29<sup>TH</sup> • 3-6PM**

- Kid's Costume Contest
- Tractor Rides
- Free Photos
- Face Painting
- Raffle
- Free Snacks
- Candy



"We Meet By Accident"

- ★ Complete Collision Repair
- ★ Free Estimates
- ★ 24 Hour Towing
- ★ We Work with All Insurance Companies

up to **\$500<sup>00</sup>**  
Instant Rebate  
towards your  
**DEDUCTIBLE**

Some restrictions apply - call for details.  
Limit 1 coupon per customer. Not valid with any other offer. Expires 12/31/17.



Before



After

**FREE**  
LOANER CAR  
WITH ANY REPAIR

Present this coupon and receive a free loaner car for the duration of your repairs after authorization.  
Some restrictions apply - call for details.  
Coupon must be presented upon authorization.  
Limit 1 coupon per customer. Not valid with any other offer. Expires 12/31/17.

6801 Fair Oaks Blvd • Carmichael, CA 95608

Phone 916-339-1776 • Fax 916-339-1700

Email: [info@aebodysshop.com](mailto:info@aebodysshop.com) • [www.aebodysshop.com](http://www.aebodysshop.com)

Monday - Friday: 8:00 a.m. - 5:00 p.m.

Saturday: By appointment • Sunday: Closed

## DON'T SUFFER FROM PAIN, STRESS OR FATIGUE ANY LONGER

**The Rewards:** By removing undetected nerve damage, eliminating the harmful effects of stress and reducing chemical toxicity, we often get results from problems no one else has helped.

### Stop Suffering From:

- Stress
- Neck or back pain
- Numbness/tingling
- Fatigue
- Sleep problems
- Joint pain
- Allergies/asthma
- Headache
- Dizziness
- Digestive problems
- Irritability
- Weight problems
- Hormonal imbalance

- Medicare provider
- Auto accidents covered 100% with your med-pay or attorney lien
- Cash plans

**\$49** - Consultation, Chiropractic & Orthopedic Exam, Functional Medicine Testing, Spinal x-rays (if necessary) & Report of any findings (a \$128 value).



**Blakely Health and Wellness**

**Dr. Beth Blakely, DC.**

3928 California Ave.

Charmichael, CA 95608

Female Chiropractor, Owner/Practitioner

Call us today to schedule your appointment!

**916-944-1444**

[www.drblakely.com](http://www.drblakely.com)

## Grace Baptist Church



Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible

### Service Schedules

Sunday Schools (All Ages) 9:45am

Sunday Worship 11:00 am

Sunday Evening 6:00pm

Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628  
(Located one block South of Madison; just East of Dewey)

Pastor Charles Carter (916) 967-3915

Call for more information



**Publisher, Paul V. Scholl**

Carmichael Times is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Publisher@mpg8.com](mailto:Publisher@mpg8.com).

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

## Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd, Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County.

The Carmichael Times is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).



We are proud members of these newspaper associations.



## A-TEK GLASS CENTER

Your One Stop Local Glass Shop

Serving Carmichael Community for 23 Years

**AUTO ■ HOME ■ BUSINESS**

Free Windshield Chip Repair with Insurance Coverage

- Auto Glass
- Windshields
- Power Windows
- Truck Slider
- Sunroofs
- Single & Dual Pane Glass
- Store Front Windows
- Mirror & Screen
- Glass Shelves
- Table Tops
- Shower Door

Fast, Professional Glass Repair ■ Direct Approved Insurance Billing

Factory Direct New Vinyl and Aluminum Windows

Call 7 Days a Week - **916-481-9966**

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou





# Make It Fun and It Will Get Done!

## The Secret to Being Organized

### Pam Young's Corner

#### Back from Italy! Glad to be Home!

Do you dream about traveling to exotic places? Do you ache to see famous points of interest like the Eiffel Tower, the Taj Mahal or to meet Michael Angelo's David even though he's naked? When you hear about a friend or neighbor getting to go on a cruise or spending time in Paris, London, Amsterdam, Hawaii or just about anywhere short of North Korea, do you find yourself craving to go and feeling bad because you can't? Do your travel dreams get squashed because of your workload, lack of money, too many kids to take along or a bunch of other reasons?

Mom always wanted to travel when my sister Peggy and I were growing up, but we never got to go very far because we didn't have the money and Dad couldn't take time off from work. But that didn't stop Mom from planning! Bless her little, organized heart; she subscribed to "Holiday Magazine," a glitzy periodical for the rich (and we weren't)! It even looked and

felt expensive because it was in full color and heavy because every page was almost as thick as the slick cover. Also, it was filled with lots of ads for diamond jewelry and fancy cars in addition to the places it urged us to go. Mom plotted out trips complete with itineraries, destinations for dining, recreation, accommodations and such, and collected them all in her cherished box of travel dreams; her version of a bucket list, where they'd take us away. We never went.

Remember George Bailey in "It's a Wonderful Life" saying, "You know what the three most exciting sounds in the world are? Anchor chains, plane motors & train whistles." Those were Mom's words too and like George Bailey her energy went into creating a wonderful home-life for our family and not into traveling the world.

#### A Lesson on Travel

The lesson I learned is

something the travel industry doesn't want you to consider. Actually I learned it on the way home in the jumbo jet filled with travelers from all over the world. The trip home took 24 hours counting all the connecting legs and waits in airports (the transatlantic part was an 11-hour flight) and the lesson came while watching one of the three in-flight movies which happened to be "Under the Tuscan Sun" starring Diane Lane.

I'll share the lesson at the end of this article. For now, it's important you know *when* I got the lesson, because until that point in our trip, I couldn't put my finger on what I was supposed to learn, even though it kept nagging at me throughout the whole trip. For now let's go to the villa we stayed in in Tuscany.

**Casanova dei Boschi**  
The Villa was called Casanova dei Boschi and is 400 years old; older than the United States of America! It was hard

to wrap my mind around that fact and I don't think I really ever did. It's located outside the town called Montepulciano which just happens to be one of the towns shown "Under the Tuscan Sun." The villa was situated two hours on a freeway from the airport at Florence (Italians call it Floor-en-zee.). Unfortunately it took us five hours to drive there because our GPS (which spoke Italian, we don't) had us going in circles and we couldn't find the expressway though we managed to go the wrong way on a one-way street and couldn't get the van in reverse so we could turn around. (After ten minutes fiddling with the gear shift and learning the Italian gesture for **IDIOT**, Terry discovered he had to pull up on a ring around the gearshift for the transmission to honor us with its reverse.)

My bonus daughter Kristi planned the entire trip (totally my mother's daughter even though she wasn't) and while she and her family traveled through southern Italy for five days, her plan was for us to rent the van to seat seven, meet them at the train station when they came in from Rome and spend the next five days together at Casanova dei Boschi. We ended up getting the caretaker of the villa to navigate the journey from the villa to the train station to pick them

up, even though he was hard of hearing and didn't speak English. Pointing works in all countries!

Okay, here's the lesson. The only reason you want to travel to places you've never been is because either someone who has been there told you about it and made you want to go there too or you've seen those places in magazines, movies or on television. After spending five days under the Tuscan sun, somehow it didn't match the movie experience, because movies aren't real life, they're suspensions of reality. For one thing, it was 95 degrees every day and one of those days we were enticed to go on a day-long bicycle tour "meandering through ancient villages ending up at a vineyard for wine-tasting." (We were told the route was gentle and for beginners, which at the end of the day left us wondering what an intermediate tour would have been! Some of the hills were reminiscent of San Francisco.)

While watching "Under the Tuscan Sun" it hit me that we'd been to many of the places Touchstone Pictures took us in that film but it left out the not so glorious and romantic stuff of travel life which includes crowds, waiting in lines, noise, heat and the expense of it all. In the movie there was no learning to back up in a rented van, trying to read Italian road signs,

ordering food for a gluten and lactose intolerant husband, no pillows the size of Kotex Mini Pads, no Italian yellow jackets (meaner than American ones) no picking between running the air conditioning or the dishwasher. When you travel, be prepared for reality, because it follows you everywhere you go.

As I write this, I know I'm under the spell of jet lag and I'm sure by tomorrow all the joy that I experienced in beautiful Italy will come bubbling up. Right now, I feel like the next time I get the urge to go to Italy, I'm going to watch "Under the Tuscan Sun" and order the meat lover's pizza from Anthony's Pizza right here in Woodland, Washington!

So the lesson is really that you take yourself with you wherever you go, so if you can't go someplace else right now have fun right where you are!

For more from Pam Young go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon. ★

## LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984*  
*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969*

Legal Advertising Hotline 916-483-2299      Legal Advertising P.O. Box 14, Carmichael, CA 95609  
Legal Advertising Fax 916-773-2999

### LEGAL NOTICE

IN THE SUPERIOR COURT OF DOUGHERTY COUNTY STATE OF GEORGIA  
IN THE MATTER OF THE ADOPTION PETITION OF:  
DOROTHY JOYCE WHITE TO ADOPT THE MINOR CHILDREN:  
MESSIAH KASH HOLMES, a male minor child and LONDON TYRIONNA HOLMES, a female minor child  
DOCKET NUMBER 17-M16-1  
NOTICE TO LEGAL FATHER:  
JICOLBI DEMETRIUS JONES, a/k/a "JICOLBI DEMETRIUS BUTTS" 5604 Hillsdale Boulevard Apartment A Sacramento, California 95842

You are hereby notified that on September 15, 2017, a petition was filed in the Superior Court of Dougherty County, Georgia by DOROTHY JOYCE WHITE seeking to terminate your parental rights in connection with the above styled adoption proceeding to adopt the following two children: MESSIAH KASH HOLMES, a male minor child, born June 23, 2013, in Dougherty County, Georgia, and LONDON TYRIONNA HOLMES, a female minor child, born December 22, 2015, in Dougherty County, Georgia.

Be informed that you will lose all rights to the child and will neither receive notice nor be entitled to object to the adoption of the child, unless, within 60 days of the date of first publication of this notice you file an objection to the adoption and you served a copy on Petitioner's attorney, JAMES FINKELSTEIN, at: JAMES FINKELSTEIN, Ga. Bar #261375 Attorney for Petitioner 606 Baldwin Drive Albany, GA 31707 (229) 436-7824 Facsimile: 229/436-5667 HYPERLINK "mailto:jfinkelstein@bellsouth.net" jfinkelstein@bellsouth.net

WITNESS the Honorable WILLIE E. LOCKETTE, Chief Judge, Dougherty County, Georgia, Superior Court. This 15 day of September, 2017. Phyllis N. Johnson Deputy Clerk Superior Court Dougherty County WHITE 170915 10-20-17

#### Copy Right Notice

Common Law Copyright Notice: All rights reserved; common-law copyright of trade-name/trademark, JERRY TAI SI NGUYEN® as well as all derivatives and variations in the spelling of said trade-names/trademarks - Copyright © 2007, by Jerry Tai Si Nguyen®. Said trade-names/trademarks, ©, may neither be used, nor reproduced, neither in whole nor in part, nor in any manner whatsoever, without the prior, express, written consent and acknowledgment of Jerry Tai Si Nguyen® as signified by the Blue-ink signature of Jerry Tai Si Nguyen®, hereinafter "Secured Party". With the intent of being contractually bound, any Juristic Person, as well as the agent of said Juristic Person, consents and agrees to this Copyright Notice that neither said Juristic Person, nor the agent of said Juristic Person, shall display, nor otherwise use in any manner, the trade-name/trademark, nor common-law copyright described herein, nor any derivative of, nor any variation in the spelling of, said name without prior, express, written consent and acknowledgment of Secured Party, as signified by Secured Party's signature in Blue-ink. Secured Party neither grants, nor implies, nor otherwise gives consent for any unauthorized use of JERRY TAI SI NGUYEN®, and all such unauthorized use is strictly prohibited. Secured Party, under necessity, is accommodation party, and a surety for the purported debtor, i.e. "JERRY TAI SI NGUYEN®" nor for any derivative of, nor for any variation in the spelling of, said name, nor for any other juristic person, and is so-indemnified and held harmless by Debtor, i.e. "JERRY TAI SI NGUYEN®" in Hold-harmless and Indemnity Agreement No. H.H.I.A.#010207-3/JTJSN dated at the time of notarizing; against any and all claims, legal actions, orders, warrants, judgments, demands, liabilities, losses, depositions, summonses, lawsuits, costs, fees, liens, levies, penalties, damages, interests, and expenses whatsoever, both absolute and contingent, and are due and as might become due, now existing and as might hereafter arise, and as might be suffered by, imposed on, and incurred by Debtor for any and every reason, purpose, and cause whatsoever. Self-executing Contract / Security Agreement in Event of Unauthorized Use: By this Copyright Notice, both the Juristic Person and the agent of said Juristic Person, hereinafter jointly and severally "User," consent and agree that any use of "JERRY TAI SI NGUYEN®", other than authorized use as set forth above, constitutes unauthorized use of Secured Party's copyrighted property and contractually binds User. This Notice by Declaration becomes a Security Agreement wherein User is a debtor and Jerry Tai Si Nguyen is Secured Party, and signifies that User: (1) grants Secured Party a security interest in all of User's property and interest in property in the sum certain amount of \$500,000.00 per each trade-name/trademark used, per each occurrence of use (violation/ infringement), plus triple damages, plus costs for each such use, as well as for each and every use of any and all derivatives of, and variations in the spelling of, JERRY TAI SI NGUYEN®; (2) authenticates this Security Agreement wherein User is debtor and Jerry Tai Si Nguyen® is Secured Party, and wherein User pledges all

of User's property, i.e. all consumer goods, farm products, inventory, equipment, money, investment property, commercial tort claims, letters of credit, letter-of-credit rights, chattel paper, instruments, deposit accounts, accounts, documents, and general intangibles, and all User's interest in all such foregoing property, now owned and hereafter acquired, now existing and hereafter arising, and wherever located, as collateral for securing User's contractual obligation in favor of Secured Party for User's unauthorized use of Secured Party's copyrighted property; (3) consents and agrees with Secured Party's filing of a UCC Financing Statement wherein User is debtor and Jerry Tai Si Nguyen® is Secured Party; (4) consents and agrees that said UCC Financing Statement described above in paragraph "(3)" is a continuing financing statement, and further consents and agrees with Secured Party's filing of a continuation statement necessary for maintaining Secured Party's perfected security interest in all of User's property and interest in property pledged as collateral in Security Agreement described above in paragraph "(2)"; until User's contractual obligation theretofore incurred has been fully satisfied; (5) authorizes Secured Party's filing of any UCC Financing Statement, as described above in paragraph "(3)"; as well as in paragraph "(4)"; and the filing of any Security Agreement, as described above in paragraph "(2)"; in the UCC filing office; (6) consents and agrees that any and all such filings described in paragraph "(4)" and "(5)" above are not, and may not be considered, bogus; and that User will not claim that any such filing is bogus; (7) waives all defenses; and (8) appoints Secured Party as Authorized Representative for User, effective upon User's default re User's contractual obligations in favor of Secured Party as set forth below under "Payment Terms" and "Default Terms", with full authorization and power granted Secured Party for engaging in any and all actions on behalf of User including, but not limited by, authentication of a record on behalf of User, as Secured Party, in Secured Party's sole discretion, deems appropriate, and User further consents and agrees that this appointment of Secured Party as Authorized Representative for User, effective upon User's default, is irrevocable and coupled with a security interest. User further consents and agrees with all of the following additional terms of Self-executing Contract/ Security Agreement in Event of Unauthorized Use. Default Terms: In event of non-payment in full of all unauthorized-use fees by User within ten (10) days of date Invoice is sent, User shall be deemed in default and (a) all of User's property and interest in property pledged as collateral by User, as set forth in above in paragraph "(2)"; immediately becomes, i.e. is, property of Secured Party; (b) Secured Party is appointed User's Authorized Representative as set forth above in paragraph "(8)"; and (c) User consents and agrees that Secured Party take possession of, as well as otherwise dispose of in any manner that Secured Party, in Secured Party's sole discretion, deems appropriate, including, but not limited by, sale at auction, at any time following User's default, and without further notice, any and all of User's former property and interest in property formerly pledged as collateral by User, now property of Secured Party, in respect of this "Self-executing Contract/Security Agreement in Event of Unauthorized Use," that Secured Party, again in Secured Party's sole discretion, deems appropriate. Terms for Curing Default: Upon event of default, as set forth above under "Default Terms", irrespective of any and all of User's former property and interest in property in the possession of, as well as disposed of by, Secured Party, as authorized above under "Default Terms," User may cure User's default re only the remainder of User's former property and interest in property formerly pledged as collateral that is neither in the possession of, nor otherwise disposed of by, Secured Party within twenty (20) days of date of User's default only by payment in full. Unauthorized use - payment terms: in accordance with fees for unauthorized use of JERRY TAI SI NGUYEN® as set forth above the user hereby consent and agrees that users shall pay secured party all un-authorized use fees in full within 10 days of date of secured party's invoice, hereinafter "invoice"; itemizing said fees, as sent and received by tortfeasor. Terms of Strict Foreclosure: User's non-payment in full of all unauthorized-use fees itemized in Invoice within said twenty- (20) day period for curing default as set forth above under "Terms for Curing Default" authorizes Secured Party's immediate non-judicial strict foreclosure on any and all remaining property and interest in property formerly pledged as collateral by User, now property of Secured Party, which is not in the possession of, nor otherwise disposed of by, Secured Party upon expiration of said twenty (20) day strict-foreclosure period. Ownership subject to common-law copyright and UCC Financing Statement and Security Agreement filed with the UCC filing office.

#### SUMMONS

SUMMONS (Family Law)  
NOTICE TO RESPONDENT (Name):  
Horacio Guerrero  
Petitioner's Name: Pablo Sarmiento  
CASE NUMBER: 17-FL-04298  
You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered

to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center ([www.courts.ca.gov/selfhelp](http://www.courts.ca.gov/selfhelp)), at the California Legal Services website (HYPERLINK "http://www.lawhelpca.gov" www.lawhelpca.gov), or by contacting your local county bar association. NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826 The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are: Pablo Sarmiento 845 33rd Street Unit A Sacramento, CA 95816 415-407-9912 Date: July 31, 2017 Published: October 13, 20, and 27, 2017 SARMIENTO 170829 10-27-17

#### Lien Sale

Vehicle Identification No: 19UUA66244A052727  
Year: 2004  
Make: ACURA  
Model: TL  
License: 6EQX632  
Sale Date: 10/30/17 at 9:00 am

Vehicle Location:  
A1 Towing - Elk Grove  
10148 Iron Rock Way  
Elk Grove, CA 95624  
Publish Oct 13, 2017

#### PUBLIC LIEN SALE

Notice of public sale of personal property pursuant to the California Self-Service Facility Act (B&P Code 21700 et seq.). The undersigned will sell at auction on OCTOBER 24, 2017 at 10:30 A.M. at ARMOR MINI STORAGE, 5714 Auburn Blvd., Sacramento, CA 95841 personal property including, furniture, clothing, toys, appliances, power tools, TV's, electronics, tools, and other miscellaneous house- hold items stored by the following persons: DAVID BARNETT; THOMAS MANASSA; RAHKEEM HILL; KEYSHAY PARKER; JASON SOARES; CHRISTINE TAKAGI; SUMMER GARCIA; JUSTIN CUSTER; REGINALD BARBEE; AMBER MERCADO. The owner reserves the right to bid at the sale. Purchases must be made with cash only and paid for at the time of purchase. All purchased goods are sold as is and must be removed at the time of sale. Sale subject to prior cancellation in the event of settlement between owner and obligated party. Dated this 13th day and 20th day of OCTOBER, 2017. ROSEBUD STORAGE PARTNERS, LP, dba Armor Mini Storage.. Auctioneer's name and #: NOR CAL STORAGE AUCTIONS, INC. CAI Bond I.D. number 7900390179, AGENT FOR OWNER. Telephone (916) 332-6455. 10/13/17, 10/20/17

## STATEPOINT CROSSWORD • FAMOUS POETS

CROSSWORD													
1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
19				20			21	22					
			23			24							
25	26	27		28		29		30		31	32	33	34
35			36		37			38		39			
40					41			42		43			
44				45		46				47			
48				49		50			51		52		
				53		54			55		56		
57	58	59	60				61			62	63	64	
65						66	67			68			
69						70				71			
72						73				74			

**Our Best Deal Ever!**

DISH TV

**\$39.99** MO

2 Year Price Guarantee

INTERNET

**\$14.95** MO

Where Available

Free Installation!  
Call Today, Save 30%! **1-800-318-5121**  
for more information

### SUDOKU

**GOT KNEE PAIN?**

Get a Pain-Relieving Knee Brace  
30 Letter - No Cost to You  
You May Qualify for Free Shipping  
We Do All The Paperwork  
Shoulder Braces, Ankle Braces,  
Back Braces Also Available

Medicare Patients  
Call Us Right Now  
**1-800-984-0360**

				7	2	3	
	2		1	3			7
			5				8
		5	3				1
8	9					7	2
1				9	3		
4				6			
3			5	2	1	4	
6	7	8					

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

**Solutions on Page 6**

#### Lien Sale

Vehicle Identification No: WDBKK49F81F199510  
Year: 2001  
Make: Mercedes Benz  
Model: SLK 280  
License: 5AKJ156  
Sale Date: 10/30/17 at 9:00 am

Vehicle Location:  
A1 Towing - Downtown  
601 1st Avenue  
Sacramento, CA 95818  
Publish Oct 13, 2017

#### NOTICE TO CREDITORS

NOTICE is hereby given that the undersigned is the current acting Trustee of the Denise Dangberg Trust, established January 18, 1991, as restated and amended. Denise Dangberg the Grantor and original Trustee, died on June 22, 2017. A creditor having a claim against the Denise Dangberg Trust, or Denise Dangberg, must submit his or her claim to the undersigned Trustee at the address given below within 120 days after the first publication of this notice or, 60 days from the date this notice was mailed or personally delivered to you. A claim form may be obtained from any California Superior Court Clerk or online at [www.courts.ca.gov/forms](http://www.courts.ca.gov/forms) under the form group Probate - Decedents Estates. For your protection, you are encouraged to file your claim by certified mail, return receipt requested. Dated: August 17, 2017.  
JoAnn Thaler, Trustee  
c/o JENNERF YTURBIDE, ESQ.  
YTURBIDE LAW PC  
1701 County Road, Suite M  
Minden, Nevada 89423  
DANGBERG 171009 10-27-17

## LEGAL ADS FOR SACRAMENTO COUNTY?

**We Can Do That!**

Call to place your legal advertising

**MPG**

**483-2299**

All Legal Ads Published in the Carmichael Times & RC Independent



# Sacramento County DA Reports



## Defendant Sentenced for Apartment Complex Shooting

**DATE:** September 29, 2017  
**CASE:** Bryant Fields (Case #16FE007858)  
**PROSECUTOR:** Deputy District Attorney Kristen Andersen, Targeting Armed Recidivist Gang Enforcement Team (TARGET)

The Honorable Michael Bowman sentenced Bryant Fields to 51 years in prison. On August 2, 2017, a jury convicted Fields of attempted murder, two counts of assault with a semi-automatic firearm, two counts of shooting into an occupied vehicle and felon in possession of a gun. The jury also found true multiple allegations that Fields personally used a gun and that he intentionally discharged a firearm.

On April 18, 2016, Sacramento police officers responded to a shot spotter notification at an apartment complex, where they found 10 spent shell casings. Video of the shooting and witness interviews revealed that Bryant Fields got into a short verbal altercation with the victim. When the victim got into his car to leave, Fields followed him out of the complex on foot and shot at the victim's car 10 times. One round hit another vehicle as it passed by the scene. On April 23, 2016, officers located Fields at a residence along with items that connected him to the crime, including the gun used in the shooting. The Court found that Fields had suffered a prior strike conviction for felony assault with a firearm on November 19, 2009.

## Three Gang Members Convicted of Attempted Murder

**DATE:** September 29, 2017  
**CASE:** Joseph Castaneda, Manuel Labrasca & Ray Ramirez  
**PROSECUTOR:** Deputy District Attorney Satnam Rattu, Gang & Hate Crimes Unit

Joseph Castaneda, Manuel Labrasca, and Ray Ramirez were convicted of two counts of attempted murder and enhancements for causing great bodily injury and participating in a criminal street gang.

On March 17, 2016, Castaneda, Labrasca and Ramirez were in the parking lot of an apartment complex in the Lemon Hill area. All three are validated Norteno gang members. The two victims were in a car that entered the parking lot. When the passenger got out of that car he was immediately attacked. The driver attempted to intervene in the assault and was also attacked. Both victims suffered extensive stab wounds but they were able to get into their car and driver was able to drive to a local hospital.

Castaneda and Labrasca face a potential prison sentence of up to 30 years. Ramirez has a prior strike conviction for robbery and participating in

a criminal street gang and faces a minimum sentence of 50 years to life. Sentencing is set for November 3, 2017 10:00 a.m. in Department 22 before the Honorable Russell Hom.

## Defendant Convicted of Child Sexual Assault

**DATE:** October 3, 2017  
**CASE:** Jose Contreras (Case #16FE011439)  
**PROSECUTOR:** Deputy District Attorney TeriAnn Grimes, Special Assault & Child Abuse Unit

Jose Contreras was convicted by a jury of two counts of committing a sex act with a child under 10 years of age and two count of committing a lewd act upon a child.

On June 8, 2016, the victim's parents left their 6-year-old daughter in the care of Contreras, who is a family member. When the victim's parents returned home, they found Contreras naked from the waist down in their daughter's room. The victim was crying and had thrown up and urinated on herself. The victim's father immediately called 911 to report the crime. The victim later told the police how Contreras sexually assaulted her.

Contreras faces a maximum sentence of 50 years to life in prison. Sentencing is set for November 17, 2017 at 1:30 p.m. in Department 29 before the Honorable Timothy Frawley.

## Defendant Convicted for Murder of 13-Month-Old Girl

**DATE:** October 6, 2017  
**CASE:** Guyland Washington (Case #14F04826)  
**PROSECUTOR:** Deputy District Attorney Dawn Bladet, Homicide Unit

Guyland Washington was convicted by a jury for the second-degree murder of 13-month-old Leila Shehadeh, and child assault causing death.

On the morning of July 11, 2014, Guyland Washington's then girlfriend left her 13-month-old daughter, Leila Shehadeh, in Washington's care. When the girlfriend returned that afternoon, she discovered her daughter was not breathing and unresponsive. Paramedics brought Leila to the UC Davis Medical Center, where she was pronounced dead shortly after her arrival. When doctors observed bruising and multiple injuries to Leila's head, body and anal areas, they reported suspected child abuse to law enforcement. An autopsy showed Leila suffered a skull fracture with associated brain swelling, rib fractures and significant bruising on various parts of her body. Her cause of death was determined to be intentionally inflicted blunt force injuries.

Washington faces a maximum sentence of 25 years to life in prison. Sentencing is set for December 8, 2017, at 9:00 a.m. in Department 12 before the Honorable Maryanne Gilliard. ★

# Self-Defense & Martial Arts Classes



for the Month of  
**October**

**Over 55 train FREE for the entire month!**

**Robinson's Taekwondo is offering an Open Invitation to Active Adults! If you are 55 or older Taekwondo could be key to making your life better, healthier and more secure.**

Get a feel for better balance, greater flexibility, strength and endurance. Grandmaster Robinson knows that you can find better health, a longer life and greater vigor just as Octogenarian 3rd Degree Black Belt Marianne Robbins and many more have.

Since 1975 Robinson's Taekwondo has taught thousands of students in the Sacramento area.

**Active Adult classes  
Mon and Weds at 9am**  
at Taylor Center, 2744 Marconi at Fulton

**Active Adult classes  
Tues and Thurs at 12noon**  
at 7456 Foothills Blvd, Roseville

**No registration is required.**

If you have any questions **Call**

**(916)-481-6815**

to learn more Visit [www.robinsonstk.com](http://www.robinsonstk.com)



3rd Degree  
Black Belt  
Marianne Robbins

# GENERATIONS MEMORY CARE



**Come by for a Personal Tour Today**

**And See Why We Are Different....**

- Private Suites with Oversized Bathrooms
- Resident-Centered Culture
- Gated Community and Secured Outdoor Courtyard
- Individualized Memory Enhancement Programs
- Management team has specialized in dementia and complex care needs
- Meals are home cooked made from scratch
- Family is included as care partners in the residents' journey



**SAGEBROOK**

SENIOR LIVING AT CARMICHAEL

7125 fair Oaks Blvd • Carmichael, CA 95608

**(916) 481-7105**

[www.SagebrookCarmichael.com](http://www.SagebrookCarmichael.com)



Lic# 342700002

**SPECIAL MOVIE SCREENING  
OF THIS CRITICALLY ACCLAIMED FILM**

**ALIVE INSIDE**

**Music is the strongest  
form of magic...**

**Wednesday,  
November 1, 2017**

**2:00 - 3:30 p.m.**

**Followed by  
Light Refreshments**



**Location: East Lawn Sierra Hills Memorial Park  
5757 Greenback Lane, Sacramento, CA 95841**

**Seating is limited so Please RSVP: (916)732-2020  
or by email to [crystall@eastlawn.com](mailto:crystall@eastlawn.com)**



[www.EastLawn.com](http://www.EastLawn.com)

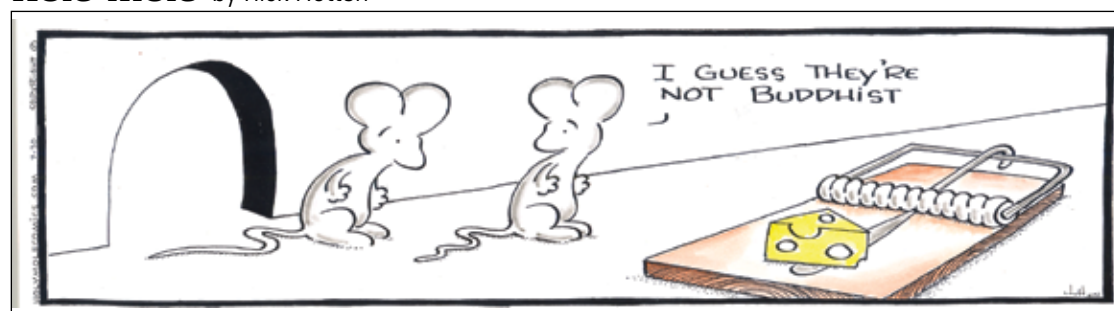




**Wizard of Id** by Parker, Mastroianni & Hart



**Hole Molé** by Rick Hotten



**BC** by Mastroianni & Hart



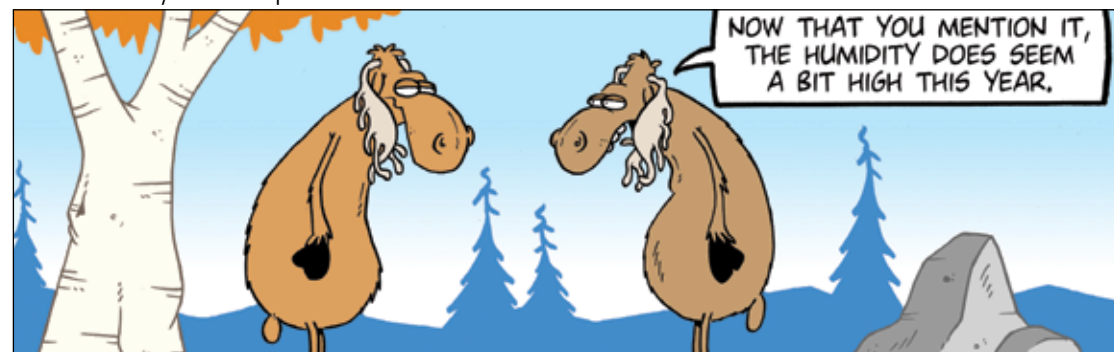
**Cranky Girl** by Crystal Jones



**Frank and Steinway** by Wil Panganiban



**Tundra** by Chad Carpenter



**Funday Morning** by Brad Diller



**Loose Parts** by Dave Blazek



**Tastes Like Chicken** BY JOSH ALVES



"THE LADY AT THE EMPLOYMENT OFFICE SAID MY SPORTS COAT IS A REAL FAUX PAS. IS THAT SOME FANCY FRENCH DESIGNER?"

Frankenstein loses the argument.

**Union Gospel Mission Sacramento**

**JESUS SAVES**

**WE ACCEPT DONATIONS!**  
7 Days a week  
8am - 8pm

**(916) 447-3268**

**400 Bannon Street • Sacramento, CA 95811**

Listen to "Voices from the Streets" on KFIA 710 AM, Sun at 2 pm, Mon at 3 pm  
For Mission Updates, go to [UGMSAC.COM](http://UGMSAC.COM) and [Facebook.com/ugmsac](http://Facebook.com/ugmsac)

**Golden Pond**

SENIOR LIVING

*Your Neighborhood Extended Family*

- All Day - Every Day Activities
- Flexible Dining
- Compassionate Staff
- Personal Move Manager
- We're Pet Friendly
- Free VA Benefits Assistance

**Now Providing Independent Living, Assisted Living and Memory Care**

**AFFORDABLE ♦ QUALITY ♦ FAMILY**

*Call Today 916.369.8967*

**FREE LUNCH**  
Bring in this coupon and Have Lunch on Us!  
Call ahead for Reservations

**Golden Pond**  
SENIOR LIVING

RCFE #34700985

**Sacramento Fine Arts Center**  
galleries • classes • gift shop

**2nd Saturday Reception**  
October 14, 5:30-8:30 pm  
Music by Evening Star Band

**Bold Expressions**  
62nd Annual International Open Juried Art Exhibition  
by Northern California Arts, Inc.  
October 3-29  
Reception and awards presentation  
Sunday, October 29, 1-3 pm

Also in Gallery 3/Studio Art by the NCA, Inc. Board of Directors

Open Tuesday 11am-7pm. Wed-Fri 11am-3pm,  
Now Open Sat-Sun 11am-5pm  
5330-B Gibbons Dr. Carmichael, CA 95608  
916-971-3713 • [www.sacfinearts.org](http://www.sacfinearts.org)

*"SINK ANOMALIES" BY ELIZABETH ZUNINO, BEST OF SHOW*

*"THANK YOU FOR THE COMPLIMENT" BY DONALD BRUCE WRIGHT*



# LETTER TO THE EDITOR

# Dave Says

## Finding a Job As a Felon

By Andrea Hatch

As we all know, finding a job is tough these days. Imagine having to try and find a job while having a felony on your record. The way I see it, we have ALL made bad choices and the only difference between us, and a felon, is that they got caught. Are there some crimes that are too much for an employer to handle? I'm sure there is, but many crimes are ones that can be left in the past. Many "criminals" want to get out of prison and move on with their lives, they want to go to work and help take care of their families. Yes, they have families too.

Put it in a different perspective... Imagine that you once made a bad choice. Due to that bad choice you are taken away from your family that depends on you, and loves you. You spend a various amount of time behind walls where the conditions are less than extremely disturbing. Once you finally get out you are overwhelmed by the changes that happened in the world, while your world stood still for so long. With a sense of "what the hell happened" you try to pull up your boot straps and find work, only to find that employers are looking down on you for a story that they can't even begin to imagine. All they see is what is written on paper, never once taking the time to hear what really happened. Now, a man that has been housed in an unbearable environment can't find work to help support the family that he loves, and feels like he owes, for standing with him through the trenches.

This leads me to the personal journey my husband and I have encountered. My husband was given an eleven year sentence for punching a man one time, while defending a

minor child from being jumped by two grown men. Granted, he shouldn't have hit that man, but he felt justified in the sense that he was protecting a child. A judge told the jury that my husband would get a maximum of five years, if convicted. Before sentencing the jury was dismissed and the judge gave my husband and eleven year sentence. He was required to serve eighty percent of his sentence, due to it being a "violent" offense. There was so much to what had happened and not even the judge wanted to hear it. My husband and I had a one year old son when he went to prison in May 2009, my husband didn't come home until June 2017, and our son is now 9 years old. My husband's first five years of incarceration were spent in out of state prison's, making it very hard for anyone to go to visits. In the eight year's this man was behind those walls he strived to earn his G.E.D., he passed multiple parenting classes, he spent two years in an auto mechanics class and earned his certificate, he went through seven months of a substance abuse/violence management course, and multiple computer courses so he could try to provide a better future for his wife and children when he got home. This man did all of this in an environment many of us could never possibly imagine, yet he did it and kept his head up for most of his journey. He came out of prison ten times better of a man than he went in, yet finding a job is nearly impossible because of what shows up on a piece of paper.

Imagine trying to better yourself in a constant war zone, would you be able to do it? Many of us can't even fathom the idea, yet my husband did it. Riots, fights, abuse, hunger, and some more for eight years. Through the hell he called life

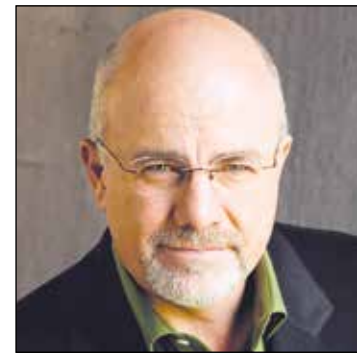
he became a better friend, a better father, and an amazing husband. In a world where people are beat down to believe they are nothing is the world that my husband learned to love himself and his family. All he wants to do is work and provide for his family, to feel like a man again, but our society makes that impossible. My husband would be the strongest, most reliable, employee a company could have but they won't even give him a shot because of what they see on a piece of paper.

This HAS to change. How do we expect our men to be providers if we don't allow them to provide? A LARGE percentage of our youth has been, or is, incarcerated at some point in their life. Whether it be situational, unpreventable, or intentional it is something we have to deal with. I can tell you though, that when somebody that feels broken down is given a shot to feel stable again, they will give you all that they have, and isn't that what an employer should be motivated by? I speak on our journey, because it is the journey I know, but there are SO many people with a similar story and they ALL deserve a chance. Society talks about how men aren't what they used to be, but did anyone think about the fact that they aren't giving our men the opportunity they deserve in order to provide for their families? Have they thought about the fact that they are so focused on the choices that people made in their past that they aren't seeing the amazing changes they have made and who they are NOW?

When is it time to let people live, and be productive members of society, after a bad choice? This is something that only employers can change! My husband has sent out, literally, nearly 1,000 resume's. He has been on maybe 5 interviews and

had maybe 5 phone interviews and the minute the question arises about whether he has a felony the conversation stops. Is that fair? The same day that he left the gates of the prison he went to the DMV, took the test, and was a licensed driver after years behind those walls. He went to the social security office to get a new social security card. This all happened in the same town he had been incarcerated in for the past three years, instead of running as fast as he could to get out of there. He felt it to be very important to obtain these things so that he could find work and provide for his family. Due to circumstances, while he was incarcerated, his G.E.D. was not received before leaving prison, but since being home he has completed three of the four pieces to his G.E.D. Is this the case for all felons? No, not by a long shot, but that is why it is necessary to get to know the person behind the paper. A convicted felon needs many things to truly be rehabilitated, but a major piece is feeling self-worth again, that is partially given back to them by means of employment.

I'm asking employers to make a change in what they look at. Give these men a chance. If you give someone a chance you might be surprised how much they give back to you, and your business. Hiring a felon within their first year allows companies to receive a tax break. It prevents further crime by giving a man a job to support his family instead of feeling desperate and taking desperate measures to provide what his family might need. Give each individual the chance to prove themselves, just as you were given a chance at some point in your life to prove yourself to an employer. It's time we strengthen our communities by seeing change instead of judging the past. ★



### He's becoming a man

Dear Dave,  
My son is about to go off to college, and I'm concerned about how he'll handle his money when he gets there. We've taught all our children how to use your envelope system, and to save and give, but I'd like some advice on how he can safeguard his finances a little better.

- Ashley  
Dear Ashley,  
If you haven't already covered it, he needs to learn to utilize a debit card and reconcile a checking account. Set the account up in your name and his, so you can follow what's going on in the account. If there's an issue, this gives you easy access so that a minor incident doesn't become a huge problem.

Right now, the best way for him to learn is to make educated, informed decisions on his own and to stand on his own two feet. You're there for guidance at this point — not control. I'd let him use a debit card, cash, and have a few simple envelopes for expenses. Also, he needs to report back to you monthly what's going on with the budget. What I'm talking about here isn't control; it's a simple, regular review and coaching session on finances. This is an exciting time in your lives. You've laid a foundation,

and it's time for this little one to spread his wings a bit. Together, you can make sure he's learning and living the way a young man should!

—Dave

### Leasing equals financing

Dear Dave,  
What is your opinion on leasing cell phones?

-Monica

Dear Monica,  
In most cases, leasing something is just another way of financing. I wouldn't lease anything, apart from a building or office space for a business in the short term.

There are almost always hidden conditions and a few "gotchas" hidden in the fine print of leases. Besides, leasing a cell phone? Really? Come on! If you can't pay cash for something like a cell phone, it means you can't afford the phone. It's as simple as that!

—Dave

*If you guys are on the same page when it comes to money, and you're both willing to work together on paying off any debt after you're married, there's no reason to postpone the wedding. You two shouldn't be paying each other's debt before you get married, but once the rings are on your fingers, and you're pronounced "as one," then everything shifts from being "mine" and "hers" to "ours."*

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](http://daveramsey.com) and on Twitter at [@DaveRamsey](https://twitter.com/DaveRamsey). ★

## KP International MARKET

10971 Olson Drive • Rancho Cordova, CA 95670 • 916.853.8000

WED 11 | THU 12 | FRI 13 | SAT 14 | SUN 15 | MON 16 | TUE 17

11 12 13 14 15 16 17

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

### WEEKLY MEAT SPECIALS

**USDA SELECT**



**\$3.49** /lb

**USDA CHOICE**



**\$2.79** /lb

**USDA CHOICE**



**\$2.99** /lb

**WAYNE FARMS**



**\$1.79** /lb

**SWIFT**



**\$1.29** /ea

**CAMPFIRE MEATS**



**99¢** /ea

**SWIFT**



**\$1.59** /lb

**IBP**



**\$1.99** /lb

advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAUNCHES. PRICES EFFECTIVE OCTOBER 11 - OCTOBER 17, 2017. \*RECALLED ITEMS ADVISORY: The following items have been recalled due to Proposition 65 guidelines: Might Diagonal Cutter (MFG Nam Yang), Picnic Pod (MFG Durr Co) and Happy Animal Tumblers (MFG Adenta Glass). Please return these items to the store to receive a full refund.

### FRESH PRODUCE

 2lbs \$1

 3/\$1

 2/\$3

 3/4.99

 99¢

 2lbs \$3

 1.99

 1.99

 1.19

 3/\$1

 2.99

 99¢

 59¢

 2/\$5

### AMERICAN/HISPANIC GROCERY

 \$1.99

 2/\$5

 2/\$3

 \$1.99

 \$1.99

 \$1.99

### ASIAN GROCERY

 \$2.99

 \$3.99

 2/\$3

 99¢

 \$2.99

 \$2.99

### EUROPEAN GROCERY

 \$4.99

 \$3.49

 \$3.99

 \$2.69

 \$5.99

 \$5.99

### KOREAN/JAPANESE GROCERY

 \$24.99

 \$8.99

 \$3.99

 \$5.99

 \$8.99

 \$3.99

### HOUSEWARES

 \$23.99-\$67.99

 \$399.99

 \$44.99

 \$59.99

 \$13.99

 \$19.99

### FROZEN DEPARTMENT

 \$2.99

 \$4.99

 \$4.99

### EUROPEAN DELI

 \$4.99

 \$5.99

 \$4.99

 \$4.99

advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAUNCHES. PRICES EFFECTIVE OCTOBER 11 - OCTOBER 17, 2017. \*RECALLED ITEMS ADVISORY: The following items have been recalled due to Proposition 65 guidelines: Might Diagonal Cutter (MFG Nam Yang), Picnic Pod (MFG Durr Co) and Happy Animal Tumblers (MFG Adenta Glass). Please return these items to the store to receive a full refund.



**Rancho Cordova Civic Light Orchestra**

presents

**"Flash Mob!"**

Sunday, October 22, 2017 @ 4pm

**KP International Market Food Court**

10971 Olson Drive, Rancho Cordova

**FREE ADMISSION**





**Rancho Cordova Civic Light Orchestra**

**KP International Market**





## CARMICHAEL COMMUNITY UPDATE



**By County Supervisor Susan Peters**

Through the generosity of the Carmichael Times this column serves to provide an update about matters affecting the unincorporated communities of Carmichael and Arden Arcade.

### October Community Meetings

I will be holding two community meetings this month in Carmichael and Arden Arcade with District Attorney Anne Marie Schubert as the guest speaker.

Her office has been instrumental in setting up business watch groups in commercial areas in Arden Arcade and Carmichael that are like Neighborhood Watch except participants include businesses and merchants. Under her leadership, Community Prosecutors working with the Sheriff's Homeless Outreach Team (HOT) Unit also have successfully identified transients with records of violent and destructive behavior as "Chronic Nuisance Offenders" and obtained stay away orders issued by the courts for particular locations or using such orders to leverage CNOs into

rehabilitation programs.

These two community meetings will be at the Mission Oaks Community Center in Gibbons Park (4701 Gibbon Drive) in Carmichael on Tuesday, October 24, and in Arden Arcade at the Swanston Park Community Center (2350 Northrop Avenue) on Thursday, October 26. Both meetings will start at 6 pm.

### Violent Crime Down in Unincorporated Area

The FBI recently released its 2016 crime statistics showing violent crime rose about 5% in California overall last year and when added to the spike in 2015 Sheriff Scott Jones says violent crime went up state-wide 15% in the last two years. But that does not reflect results in the unincorporated area of Sacramento County served by our Sheriff's Department.

In the unincorporated area, violent crime last year went down 10%. Also year-to-date in 2017 our violent crime is down an additional 7%. And when Sheriff Jones crunched the numbers the City of Sacramento showed less than a 2% reduction in violent crime and Citrus Heights and Folsom's violent crime rate actually went up.

While Sheriff Jones attributes the success to his department's internal efficiencies and reorganizations, he says a large portion is due to the department's transition over the last several years toward Intelligence Led Policing. Three years ago he came before the Board of Supervisors and explained to us his desire to move to Intelligence Led Policing as well as asked for budgetary

resources to implement that approach – and we committed to support that effort at that time plus we have been continuing that support in subsequent budget years. It is an investment that is generating a public safety dividend.

### Youth Commission to Help Mustard Seed School

The Sacramento County Youth Commission is comprised of local high school students and over the years they have come from Jesuit, Mira Loma, Rio Americano and St. Francis. The Commission advises the Board of Supervisors on issues affecting young people as well as engages on community projects. On Sunday, November 5, they are teaming up with Applebee's to sponsor a pancake breakfast benefiting the Mustard Seed School serving homeless children.

This fundraiser will be held at the Applebee's located at 2024 Arden Way in Arden Arcade from 8 to 10 am and tickets cost only \$10 per person which can be purchased from any youth commissioner. The Mustard Seed School is a free school for children 3 to 15 years old which provides a safe structured environment for children of homeless families entering or re-entering public schools.

To contact the Youth Commission to purchase tickets please call 874-9547 or email youthcommission@sac-county.net.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net. ★

## Last Shining Moment for Old Glory



Carmichael Boy Scouts observe flag retirement protocols at Gibson Ranch, Elverta. An old Stars and Stripes is folded then gently lowered into what the Scouts call the "Eternal Flame."

### Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - When is it not a sacrilege to burn Old Glory? When the flag blazes in an official "retirement" ceremony. "It must burn with respect and dignity," says Carmichael Boy Scout leader Andy Campbell.

With Veterans Day on the horizon, his group Troop 55 and a dozen more Pioneer Express District Scout groups recently committed nearly 1000 tattered emblems to a pyre. The "Eternal Flame" program – completed during a weekend campout at Gibson Ranch -- was an exercise of patriotism. As each flag blazed, the uniformed scouts offered final salutes. With flags retiring all weekend, the flames burned uninterrupted.

Troop 22 (Antelope) leader Jeff Berg supervises the 14-year-old tradition. "Scouts have a citizenship component in their advancement," he explains. "Honoring the flag is central to that. Our Eternal Flame ceremony instills respect for the nation's symbol. When veterans see young people doing this; many say they have hope for the future; it reassures them what they fought for is valued. One flag we received five years ago was with the same soldier at every post he served throughout his long career. When died, his family brought it in for retirement. We gave it final honors at our Eternal



Flame opening ceremony. Seeing it burn made me choke up. That piece of cloth represented a life of devotion to our nation."

For each flag, prescribed protocol is observed. Two scouts fold the emblem, first lowering the stripes into the fire. The blue and white "field" is committed last. A group salute is held until colors are no longer recognizable. The next Old Glory then follows. Some recently burned were large as garrison flags; some so small that folding them was an exercise in origami. Each got the same salutes and last shining moments. "They've served our nation with pride," considers Jeff Berg. We're not just burning flags; we're remembering those who died."

People wishing to retire an old US flag – or the emblem of any allied nation – may take it to a Veteran organization such as the VFW, to a fire station or to a Boy Scout Troop. Information is available at www.scouting.org. ★

## Caring for the Caregiver

RANCHO CORDOVA, CA (MPG) - The third annual Caregiver Day Workshop is returning to Rancho Cordova. The day is focused on practical information and resources for family and individual caregivers; for anyone who provides support to the elderly or the disabled.

You will learn information pertaining to various aspects of daily care giving, self-care, resources and services available in the community.

Private consultations (at no cost) will be available with a variety of specialists including an attorney, a financial planner, a family counselor, a care management consultant, end-of-life care

guide, in-home care specialist, and hospice. A mobility specialist, day program director, and universal design representative will be also available to provide information and answer questions.

The Alzheimer's Association, Del Oro Caregiver Resource Center, and SMUD also will have representatives as well as local senior facilities.

Three Panel Discussions will be conducted throughout the day by a number of skilled specialists. Panel topics to include: Stay Safe At Home; Know Your Benefits; Caregiver Health and Well Being.

This is a free community event, however, preregistration for private consultations

is required as appointments fill quickly. To register or for more information please contact Rebecca Graulich at 916-635-5147

The event will be held at The Cordova Neighborhood Church, 10600 Coloma Road, Rancho Cordova 95670, at corner of Cordova and Coloma, on Saturday, October 21, 2017 from 9:00 to 3:30pm. A complimentary lite breakfast and lunch will be available for attendees.

Caregiver Day is sponsored by The Respite Club in Rancho Cordova, which is a day program for people with dementia.

Source: The Respite Club ★

**LEGAL ADS FOR SACRAMENTO COUNTY?**  
**We Can Do That!**  
 Call to place your legal advertising **483-2299**  
 All Legal Ads Published by Messenger Publishing **MPG**

**IT'S A GERMAN CHRISTMAS MARKET!**  
 Ein Deutscher Weihnachts Markt  
**American River Community Church**  
 3300 Walnut Ave., Carmichael - Next to the DMV  
**Fri. Nov. 17th • Sat. Nov. 18th**  
**9AM - 3PM**  
**CRAFTS • FOOD • GIFTS**  
 It's a time to greet your neighbors, sample many exquisite foods and select gifts in a festival atmosphere.  
 Event Coordinator: Heidi Cadena 916-483-3465 info@arconline.org

**Conveniently Located on Auburn Blvd. Between Manzanita & Garfield**  
**NEED STORAGE?**  
**ARMOR MINI STORAGE**  
 Since 1980  
 BEST of 2015  
 Elkhorn Bl. Greenback Ln.  
 Hwy. 80  
 Auburn Blvd. Garfield Av. Manzanita Av. Madison Av.  
 Office Hours: Mon-Sat 9-6 • Sun 9-4  
 SELF STORAGE ASSOCIATION  
 DISCOVER MasterCard VISA  
**Computer Gate Access 6am-9pm 365 Days A Year**  
 Award Winning Customer Service  
 Digital Video Camera System  
 Competitive Rates  
 Daily / Monthly / Annual Rentals  
 Easy Drive-Up Access  
 Professional Resident Managers  
**916.332.6455**  
 5714 Auburn Blvd., Sacto. 95841  
**www.armorministorage.com**



# The Exciting New World of Snap On Dentures!



There are millions of people in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

**Now there is a solution to these issues: Implants with "Snap On" Dentures!**

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

## Carmichael Dental Group

www.YourCarmichaelDentist.com

# 916-944-1197

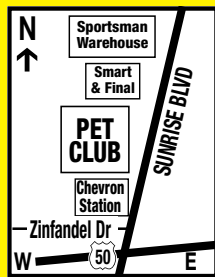
**\$1,200.00 off**  
2 Implants with attachments to a Denture  
Offer Expires 10/31/17

**8329 Fair Oaks Blvd., Ste A Carmichael, CA, 95608**

Look for Advertised Sale Items Everyweek at [www.petclubstores.com](http://www.petclubstores.com)

PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods

**PET CLUB**  
FOOD AND SUPPLIES  
EVERYDAY LOW PRICES  
Super Discount Prices • Hot Specials & Coupons  
(Short term promotions from vendors. No Membership Fees)



2344 Sunrise Blvd.  
Rancho Cordova, CA  
916-635-5008

Mon-Fri 9-8,  
SAT 9-7, SUN 10-7  
Effective 10/11/17 - 10/17/17



**\$200 OFF** ANY 26 LBS OR MORE PREMIUM DRY DOG FOOD PLU #336  
**\$100 OFF** ANY 14 LBS OR MORE PREMIUM DRY CAT FOOD PLU #337  
Nutro, Science Diet, Eukanuba, Avoderm, IAMS, Nature's Recipe, Natural Balance, Wellness, Pro Plan. Limit 1 Bag.  
(Cannot be used in conjunction with similar dollar off, percentage off coupons, or advertised sale items)  
Limit: 1 Coupon Per Family CT  
Effective 10/11/17 - 10/17/17

**2 FREE CANS OF PREMIUM FUSSIE CAT FOOD**  
2.8 Oz Tin Black Label Only  
With Any Purchase of Pet, Fish Food, or Supply PLU 349  
Limit: 1 Coupon Per Family CT  
Effective 10/11/17 - 10/17/17

**NATURAL BALANCE DRY DOG FOOD**  
•Lamb Meal & Rice •Sweet Potato & Fish  
•Sweet Potato & Venison •Sweet Potato & Bison •Sweet Potato & Chicken 26-28 Lb Bag  
**Super Buy \$5 OFF**  
Limit 2 Bags Per Family  
Our Super Low Prices  
Effective 10/11/17 - 10/17/17

**NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD**  
•Lamb Meal & Rice  
•Adult •Small Bite •Large Breed  
30 Lb Bag **\$35.99**  
Limit 2 Bags Per Family  
Effective 10/11/17 - 10/17/17

**EUKANUBA DRY DOG FOOD**  
30 Lb Bag  
•Adult Maintenance ..... **\$31.99**  
•Large Breed Adult ..... **\$33.99**  
•Reduced Calorie & Senior  
•Adult •Large Breed ..... **\$33.99**  
Limit 2 Bags Per Family  
Effective 10/11/17 - 10/17/17

**FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD**  
16 Lb Bag  
Limit 2 Bags per Family **\$9.99**  
Effective 10/11/17 - 10/17/17

**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 2 Cases Per Family **20/\$9.00**  
Effective 10/11/17 - 10/17/17

**ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER**  
20 Lb Box •Unscented •Double Duty  
(Clump n Seal Regular 19 Lb \$8.99)  
Limit 2 Boxes Per Family **\$5.99**  
Effective 10/11/17 - 10/17/17

**SCIENCE DIET CANINE MAINTENANCE CANNED DOG FOOD**  
13 Oz •Selected Varieties (Reg price \$1.59)  
NEW (Healthy Cuisine 12.5 oz \$1.59 Reg price \$1.75)  
Limit 2 Cases Per Family **\$13.99**  
Effective 10/11/17 - 10/17/17

**SCOOPAWAY CLUMPING CAT LITTER**  
42 Lb Bag  
•Multi-Cat Formula  
Limit 2 Bags Per Family **\$9.99**  
Effective 10/11/17 - 10/17/17

**PURINA BENEFUL PREPARED MEALS**  
All Varieties 10 oz Limit 1 Case **\$13.99**

**BLUE BUFFALO NATURALLY FRESH CAT LITTER**  
14 Lb Bag Limit 2 Bags Pellet **\$5.99** Clumping **\$9.99** Multi-Cat Clumping **\$10.99**

**PEDIGREE CANNED DOG FOOD**  
•Choice Cuts in Gravy •Chunky Ground Dinner  
•Chopped Ground Dinner 22 Oz Can Limit 1 Case **99¢**

**NATURE'S MIRACLE PREMIUM CLUMPING CORN COB LITTER**  
Bio-Enzymatic Formula 10 Lb Bag Limit 2 Bags **\$7.99**

**9 LIVES DRY CAT FOOD**  
•Grilled Tuna & Egg Flavor 12 Lb Bag Limit 2 Bags Per Family **\$7.99**

**IAMS DRY DOG FOOD**  
•Mini Chunk •Large Breed Adult •Lamb & Rice  
•Weight Control 30 Lb Bag Limit 2 Bags **\$25.99**

**SCIENCE DIET SMALL BITES DRY DOG FOOD**  
•Adult •Light •Mature 17.5 Lb Bag Limit 2 Bags Per Family **\$22.99**

**FRESH STEP CRYSTALS CAT LITTER**  
8Lb Bag Limit 2 Bags **\$10.99**

**New Formula MERRICK'S CLASSIC NATURAL DRY DOG FOOD**  
•Chicken/Green Pea/Ancient Grains 25 Lbs Limit 2 Bags  
•Beef/Green Pea/Carrots •Lamb/Green Pea/Ancient Grains **ON SALE**

**PURINA BENEFUL DRY DOG FOOD**  
•Original •Healthy Weight 31.1 Lb Bags Limit 1 Bag Per Family (Selected Varieties, 15.5 Lbs.- \$13.99) **\$24.99**

**PREMIUM CHOICE SCOOPABLE CAT LITTER**  
All Natural Scooped, 50 Lb Bag Limit 2 Bags **\$10.99**

**WELLNESS DRY CAT FOOD**  
•Chicken (12 Lb) •Indoor (12 Lb)  
•Healthy Weight (11.5 Lb) (Salmon, 12 Lb - \$31.99) **\$30.99**  
(3 Free Wellness Cat Can 5.5 Oz With Each Purchase)

**MIDWEST METAL PRODUCTS**  
•Exercise Pens •Contour Crates  
•Crates •Ovation Trainer All Varieties **20% OFF**  
OUR SUPER LOW PRICES

**TETRA BOXED GLASS TANK WITH STARTER KIT**  
10 Gal Economy ..... **\$36.99** 20 Gal LED Deluxe ..... **\$91.99**  
10 Gal LED Deluxe ..... **\$53.99** 29 Gal LED Deluxe ..... **\$112.99**  
55 Gal LED Deluxe ..... **\$187.99**

**BARKWORTHIES ALL NATURAL DOG CHEWS**  
•Bully Sticks •Antlers •Treats All Varieties **20% OFF**  
OUR SUPER LOW PRICES

**J&W DOG & CAT TOYS**  
All Varieties **20% OFF**  
OUR SUPER LOW PRICES

**PENN-PLAX CASCADE POWER FILTER SALE**  
MODEL TANK SIZE PET CLUB SALE  
CASCADE 100 35 Gal. **\$13.99** Revolutionary Bio-Falls Quad Filtration System  
CASCADE 150 35 Gal. **\$17.99**  
CASCADE 200 50 Gal. **\$20.99**  
CASCADE 300 100 Gal. **\$27.99**

**TETRA FISH FOOD SALE**  
Tetrafin Goldfish 7.06 oz. .... **\$7.99**  
Tetramin Staple 7.06 oz. .... **\$11.99**  
Tetra Color 7.06 oz. .... **\$11.99**

**SHERPA PRODUCTS**  
•Original Deluxe Carrier On Wheels •Element Carrier Duffel •Safety Suite. All Sizes **20% OFF**  
OUR SUPER LOW PRICES

**PETMATE REPLENDISH Auto-Watering & Auto-Feeding System** **20% OFF**  
OUR SUPER LOW PRICES

**REEF CRYSTALS**  
50 Gal. Salt Mix **\$14.99**

**BONUS COUPON FANCY FEAST GOURMET CANNED CAT FOOD**  
3 Oz - All Varieties Except Elegant Medley  
Limit 1 Case Per Family  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 10/11/17 - 10/17/17 **53¢** CT PLU 361

**BONUS COUPON FRISKIES PARTY MIX CAT TREATS**  
2.1 Oz •Selected Varieties  
Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 10/11/17 - 10/17/17 **\$1.09** CT PLU 573

**BONUS COUPON JONNY CAT PREMIUM CAT LITTER**  
20 Lb Bag  
Limit 1 Bag With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 10/11/17 - 10/17/17 **\$32.99** CT PLU 362