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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

SEPTEMBER 15, 2017

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REASON TO PERFORM  
AT PIONEER CHURCH**



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LET'S TALK POT**



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Carmichael, CA  
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## She's Got His Goats Mom's Career Change Gives Son a Brighter Future



Kathleen Friedrich (photo above) and son Nick offer treats to their herd. Husband Tim Blaine (far left) and niece Annelise Zumbach (far right) join the suburban dairy farmers.

**CARMICHAEL, CA (MPG)** - Five years ago, Professor Kathleen Friedrich was teaching at McGeorge School of Law, Sacramento.

Now -- before her former colleagues have even finished breakfast -- the Carmichael mother of three has milked a small herd of goats. Her does produce 14 gallons of milk per week; the yield is cultured into ice cream, yoghurt and several varieties of cheese. Friedrich can hand-milk five udders in under an hour. She also manages pasteurizing and processing herself.

From litigation to lactation was a leap of faith. Married for 35 years to fellow lawyer Tim Blaine, Friedrich's reinvention gives a beloved son a future. "I did this for Nick," she explains. "Tim and I knew from his first year that he was developmentally disabled. When he was seven, we got the autism diagnosis."

Nick's schooling progressed through special education classes to Orange Grove Adult School. "When he was 24," recalls his mom, "San Juan School District announced it could no longer support Orange Grove. Tim and I had to do something to give Nick a meaningful future." Her immigrant parents had raised goats in Switzerland and later, in Rio Linda. "My father commented that in the old country, families would find farm work for Nick. That

planted a seed in my mind." One of seven siblings raised in a goat farm, the lawyer understood dairying and cherished memories of the gentle stock.

"We knew Nick liked animals so we took field trips to dairy farms," explains his mom. "Watching him interact with goats was phenomenal. He was talking to them, cuddling and tickling them. It brought tears to our eyes.

Animals can do that. We knew a farm career would be therapeutic and rewarding for our son."

By the age of 57, Friedrich's own career was rewarding. In addition to teaching, she'd been appointed an administrative law judge for the State of California. "In 2013, I changed my work hours to part-time so I could prepare for

*Continued on page 8*

## County Approves Adopted Budget

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Board of Supervisors approved the Adopted Budget document for Fiscal Year 2017-18 to fund County operations on September 6th, 2017.

The document outlined the County's \$4 billion budget, including a General Fund appropriation of \$2.4 billion.

The final budget for the fiscal year balances the needs of the County while at the same time reserving funds for future needs. The County also enhanced funding in areas such as Child Protective Services, homeless services and addressing critical public safety needs.

In addition, funding has been applied to: Building general reserves; Parkways and Unincorporated Communities Clean Up and Safety Initiative; Implementing Foster Care Continuum of Care Reform; Sheriff's Department pilot program focusing on high incidences of unreported gun shots in the unincorporated County; Replacing and upgrading critical technology.

View budget documents online or in person on the 7th floor of the Administration Building, 700 H Street, Suite 7650.

Source: Sacramento County Media, Thursday, September 7, 2017

## Skinner Memorial Set for Sept. 17



John Skinner

**CARMICHAEL, CA (MPG)** - The life and music of bandleader John Skinner will be celebrated during a big band memorial in Carmichael, Sunday, September 17.

For several decades, Skinner's Carmichael-based orchestras were go-to ensembles for Sacramento parties and community events. Their trumpet-playing leader died in August 18. His wife Susan and daughter Kathryn Skinner have invited fans and friends to a memorial event at the La Sierra Center, 5325 Engle Road. Recognizing Skinner's Vietnam War service, a flag presentation will be included at the event.

The celebration will also feature a brief video on Skinner's career: from early days as a child virtuoso to his contemporary exploits. Skinner's faithful musicians will form a 16-piece band to perform classic big band hits. The program runs from 2-4 pm. Light Snacks will be provided.

"This is an opportunity to salute a man who gave so much to music and community," suggests Skinner's wife, Susan. "We don't mind if people dance. Getting crowds on their feet was John's life-long mission." ★

## Volunteers Needed for United Way's Day of Caring

By Kristin Thebaud

**SACRAMENTO REGION, CA (MPG)** - More than 1,000 local residents are needed to spend a day caring

for the community Sept. 22-23 by signing up for one of dozens of volunteer projects happening at nonprofits, schools and community parks across the region

during United Way's Day of Caring. The event, sponsored by Nationwide, will begin with a kickoff breakfast and rally at Cal Expo. To sign up for Day of

Caring: <http://www.yourlocal-UnitedWay.org/day-caring>.

Last year, volunteers gave 5,450 hours through the event, which equated to more than \$128,000 in volunteer time that many nonprofits, schools and groups could not have otherwise afforded.

"This is the single largest volunteer day in our region, and we hope people will be as enthusiastic about it as they are about Big Day of Giving," said Stephanie Bray, president and CEO, United Way California Capital Region. "This our chance to give big through our time and energy as we dig our hands in to help the hardworking nonprofits, parks and schools that do so much for our community every day."

As part of Day of Caring, United Way is holding its Stuff the Bus campaign to collect

*Continued on page 4*



If you can donate your talents to care for others contact the United Way. Photo courtesy United Way

# Starting a New Business? Get in Line

## County's Small Business Start-ups Hampered by Bureaucracy

Story by Jacqueline Fox

SACRAMENTO COUNTY, CA (MPG)

Pent up demand in many parts of unincorporated Sacramento County, and the county proper for retail food chains and other small businesses, some developers and business groups say, is being stalled under the multiple layers of bureaucracy built into the county's complex permitting process and related issues.

Even opening a franchise for one of the country's largest and perhaps best-loved food and drink chains can take years. Case in point: Jamba Juice, which has been pushing to open its first location in Carmichael for more than a year. The wildly popular fresh juice and smoothie maker, originally slated for opening in August at Carmichael Village on Fair Oaks Boulevard, is once again pushing back its opening to late October, due in large part to set-backs in the permitting approval process, according to Brooks Erickson of Carmichael Village, LLC, developers of the retail complex.

Construction and the permitting process for Jamba Juice began more than 24 months ago. Meanwhile, next door, Wing Stop's approval took nearly a year to green light. It followed the oft-stalled opening of Noah's Bagels, also in the complex, which opened its doors in 2015.

With two open spaces left to fill at Carmichael Village, Erickson wonders how long it will take him to get the green light for what he hopes will be one more food and drink outfit and potentially a small medical related service provider to complete the development project.

"I would say it is a complex process and also can be very surprising when you think you have crossed every "T" and dotted every "I" to find out that you have to keep waiting," Erickson said. "I respect the idea of (the permitting and vetting process) being necessary, but it absolutely seems



Troy Givens said a typical time frame for a franchise like Jamba Juice (above) should be roughly 90-120 days and, while he doesn't know the specifics of what may be holding up the clearance for Jamba Juice in Carmichael, he would be happy to sit down with Brooks Erickson or any other business owner to help figure out where the snags are and how to expedite the process. Photo by MPG staff

very burdensome. Even after you've won approval for the project, you're waiting on all kinds of things to be approved just to get construction done."

Erickson said Jamba Juice is just one of many examples of the frustration he and other developers, not to mention the franchisees and owners, face when it comes to dealing with the county permitting process, which includes clearance requirements from multiple agencies, usually at different intervals in the build out process, including health and safety, the fire department, and ADA regulators, each of which can potentially stall a previously approved permit or plan

from one department with a non-compliance order or demand for changes to meet their own department's regulations.

A green lighted set of blueprints can hit a number of snags in the process, ranging from issues pertaining to noncompliance with ADA regulations or county fire and electrical system guidelines, to equipment model makes and locations and flooring types, as well as overall construction plans for new infrastructures or remodeling of existing ones.

"What puzzles me is that somebody like Jamba with a national brand would have so much difficulty with our little county,"

Erickson said. "It's a puzzle to have so many different rounds of changes."

Linda Melody, executive director of the Carmichael Chamber of Commerce agrees the county's permitting process often holds up construction plans for many small retailers, specifically eateries. Carmichael's revival along the Fair Oaks Boulevard corridor is enjoying a wave of expansion in the retail food sector. But the growth is being hampered at various levels and she and chamber members are eager to see the momentum continue.

Melody said her agency would like to see pre-approved permitting requirements for existing retail spaces grandfathered in when approvals have been given for one area as others are considered, and that a true one-stop agency for blueprinting approval right down to the plumbing and electrical code sign-off would help.

"I have a hard time with the county penalizing businesses who have already had components of their projects signed off on get rejected at another level and then see them have to go back to the beginning of the process," Melody said. "You always hear the politicians talk about how much they love business but the rules are often not really all that business friendly."

Diann Rogers, president and CEO of the Rancho Cordova Chamber of Commerce, said her agency has long-been fielding similar complaints about the permitting process and that mitigating those concerns remains one of her agencies top priorities.

"Are there glitches, yes," says Rogers. "But in terms of the challenges, it is all over the board and it really depends on what type of business you're talking about and which layers of permitting and departments they have to go to."

Rogers said the Rancho Cordova department of economic development is preparing to launch a new "concierge" service to help business owners understand and work their way through the permitting process.

"It can be daunting," said Rogers, adding that she did not have specifics about the new program yet. "I know the goal is to help them navigate the process," she said. "I also can say that we have a (city) council that is open and willing to hear these issues, so they do listen to the biz community."

Evan Jacobs co-chairs the economic development committee for the Citrus Heights Chamber of Commerce. He said the chamber is aware of the ongoing issues of "complexity" involved with the permitting process and insists it is an issue of ongoing concern and discussion.

"We are working collaboratively with the city to see more layers of bureaucracy removed from the process in order to both retain and attract businesses to the area," said Jacobs. "I know we and many other advocates are out there working toward finding

a way to put a focus on this issue and see how we can make it easier for businesses to set up shop. There are many complexities involved."

Troy Givens, director of the Sacramento County Department of Economic Development agreed that the process for setting up a small business in the county can be burdensome, particularly for a restaurant, where you have many health code requirements in play. He adds, however, that the county is always pushing to improve the process, noting the availability of free and confidential programs established to help business owners navigate the permitting process.

"We know there can be difficulties, especially for smaller business owners, but we are always looking at how we can make the process more user friendly," said Givens.

speed through the permitting process, however, there are specific qualifiers. For instance, a commercial or industrial project must create a minimum of 50 new and permanent jobs or show it will generate at least \$10 million in annual taxable sales. Neither of these options are likely for a small franchise, Jamba Juice included. Even if the revenue was in place, most fast-casual eateries employ part time workers.

Tom Scott is the state executive director for the National Federation of Independent Businesses based in Sacramento. His agency advocates for roughly 22,000 small and independently owned business members in California and thousands more nationwide. Scott said the layers of bureaucracy at the county with respect to permits are so imbedded and years in the making, a one-stop shop wouldn't put a dent

**"I have a hard time with the county penalizing businesses who have already had components of their projects signed off on get rejected at another level and then see them have to go back to the beginning of the process."**

— LINDA MELODY  
EXECUTIVE DIRECTOR OF THE CARMICHAEL CHAMBER OF COMMERCE

Givens referred to the county's Business Environmental Resource Center (BERC) launched in 1993. BERC provides confidential support for new and existing businesses as they make their way through the initial phases of setting up shop. The county, he added, also recently brought in a small business liaison to help potential new business owners with financing-related questions and support. Many of the frustrations, he says, often stem from the varying number of scenarios that arise with every start-up, whether related to health permit issues or basic blueprint snags, and whether they are a fast-food operation or a clothing retailer.

"We have a service under our department that is free and confidential, which takes a look at the permitting process at the local, state and even the federal levels and helps businesses navigate the system," said Givens. "We do what we can to help make the process go as quickly as possible."

Givens said a typical time frame for a franchise like Jamba Juice should be roughly 90-120 days and, while he doesn't know the specifics of what may be holding up the clearance for Jamba Juice in Carmichael, he would be happy to sit down with Erickson or any other business owner to help figure out where the snags are and how to expedite the process.

"I'm more than happy to meet with Mr. Erickson and other developers to try to figure out if there is a certain area where we can step in," Givens said.

The county also has a fast track program to help certain projects

in the problem, as it stretches way beyond the permitting process and in to areas concerning housing, rising rent costs, California's business taxes, (one of the highest in the nation according to recent studies), zoning issues, as well as employment-related legal complexities and wages.

"There's been a Carl's Junior effect in California for years," said Scott, referring to 2014 plans by the Southern California-based CKE Restaurants/Carl's Junior Restaurants, LLC to expand in the state. Faced with wait times of up to two years to expand in the state, the company moved into Texas and Nevada, where wait-times are roughly only two to three months.

Scott, who also sits on the planning commission for the city of Folsom, said the slow-pace of permitting and approving new eateries and other small businesses is rampant across all parts of unincorporated Sacramento County and the city proper. In some cases, there just aren't enough people to push applications through. In others, the rules are simply too draconian and driving business out.

"This problem is happening all over, and it's not just permitting," says Scott. "It's a chain reaction of things, and the bureaucracy has been building up for decades. Everyone wants the revenue from small business, everyone agrees small business is the backbone of our economy. But, on the other hand, they have created such a bureaucratic mess. So the real question is: OK, how do they undo it?"

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Saturday  
October 21, 2017  
12pm - 4pm

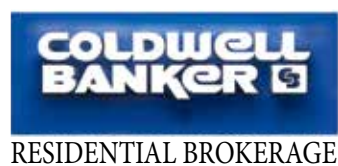


**Where: Ancil Hoffman Park Game Field | 6700 Tarshes Drive, Carmichael**  
*(First open field off Tarshes where park fees are collected)*

**About This Event:** Join The Craig Diez Team for a tail wagging good time to raise much needed funds and awareness for local animals at the Sacramento SPCA. Enjoy free professional photos of your pets, Leatherby's ice cream and refreshments, games, a pet costume contest with prizes and more! As a special treat, the SPCA will be bringing a few of its most eligible pets that are begging to meet their forever families. To make this a paw-sitively safe event for everyone, pets are required to be on leashes at all times.

**What You Can Bring:** Attendees are encouraged to bring a small donation in the form of a check, cash, or one of the following wish list items: canned dog and cat food, gently used or new toys, blankets, beds, towels, kongs, peanut butter and cans of pumpkin. And don't forget to dress up your pet in a costume for the chance to win one of three spooktacular prizes!

Contact Craig with any questions related to the event, donation items and more!



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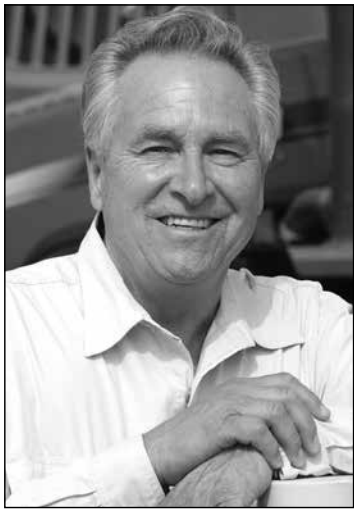
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Arrhythmia Center

# State Easing of Public Safety Laws Emboldens Criminal Behavior

*Killer of Sacramento Sheriff's Deputy had Lengthy Record and Was Wanted by Federal Authorities*



From the Office of Senator Jim Nielsen

**SACRAMENTO COUNTY, CA (MPG)** - According to authorities, Thomas Daniel Littlecloud fired multiple shots at officers who knocked on the front door and walls of a motel room in their search for a different parolee's room. Littlecloud struck and injured two CHP officers before he attempted to exit through the back balcony. Using a high powered assault rifle, he shot Sacramento Sheriff Deputy Robert "Bob" French, who died on the way to the hospital. "Convicted criminals like

Thomas Littlecloud should not have been allowed out on our streets," said former Chair of the Board of Parole Hearings Senator Jim Nielsen (R-Tehama). "State laws, court decisions and initiatives have turned the criminal justice system inside out."

Senator Nielsen added, "The lack of meaningful penalties has emboldened career criminals like Littlecloud. This individual has been apprehended with firearms on multiple occasions."

Since the passage of Assembly Bill 109 and Propositions 36, 47 and 57, criminals like Littlecloud now face diminished to no consequences for their continued criminality.

Senator Nielsen and others have made many attempts to strengthen laws to protect police officers and the public.

The Democrat-controlled Legislature denied passage of his proposals to support public safety. Earlier this year, Senator Nielsen introduced Senate Bill 652 to change current law to require that felons with firearms would return to state prison if they had been previously convicted of a violent felony. Even this modest change was rejected in committee.

Unfortunately, the weakening of the state's criminal justice system allowed for the release of convicted felons like cop-killer Littlecloud whose criminal record spans 14 years.

The San Francisco Chronicle laid out the "extensive criminal history" of Littlecloud's life that included: Assault on officers and first responders; Drug possession; Robbery; Grand theft; Assault with stun gun; Battery on emergency personnel; Two counts of assault on peace officer or firefighter; Six counts of assault with or possession of firearms; Federal indictment on charges of possession with intent to distribute methamphetamine, illegal possession of a firearm and ammunition, using a counterfeit credit card and identity theft.

"Littlecloud's wide-ranging criminal behavior speaks for itself. Legislative acts, court decisions and initiatives facilitated this behavior," Senator Nielsen added.

Senator Nielsen represents the Fourth Senate District, which includes the counties of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba ★

# Volunteers Needed for United Way's Day of Caring

*Continued from page 1*  
school supplies for Robla School District in Sacramento through Sept 22. All donated school supplies will be placed in a school bus and driven to Robla School District at the end of the day. To donate to Stuff the Bus: <http://www.yourlocalunitedway.org/StufftheBus2017>.

Nationwide is the presenting sponsor for Day of Caring and Stuff the Bus, and Cal Expo is the kick-off rally sponsor. Project sponsors include Dr. Pepper Snapple Group, ESM

Prep, KPMG, Law Offices of Deon R. Stein, Nelson Staffing, SAFE Credit Union, SMUD, Social Interest Solutions, Sutter Health, Syzmanowski Orthodontics, TaxAudit.com and Zurich. Media partners include Entercom Radio's ESPN Radio 1320 AM, 98 Rock, Eagle 96.9 FM and 106.5 The End. To sponsor: [www.yourlocalunitedway.org/day-caring](http://www.yourlocalunitedway.org/day-caring).

Day of Caring and Stuff the Bus are part of United Way California Capital Region's Square One Project, a 20-year

promise to significantly increase the number of local students who graduate from high school ready for success in college and beyond. Through nine decades of work and research across Amador, El Dorado, Sacramento, Placer and Yolo counties, United Way believes ending poverty starts in school and is working to ensure kids meet important milestones for success in college or career. To donate or volunteer: [www.yourlocalunitedway.org](http://www.yourlocalunitedway.org). ★

# MAYORAL MINGLE

Wed, Sept 20th 5:30 - 7:30pm

• Oakmont of Carmichael 4717 Engle Rd, Carmichael •



Rebecca Johnson  
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- Appetizers & dessert prepared by Oakmont's Chef Josh, Wine & Beer
- Live music with blueprint jazz Quartet
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- Each candidate will have a spectacular raffle prize that you have a chance to Win!
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This event is open to the public  
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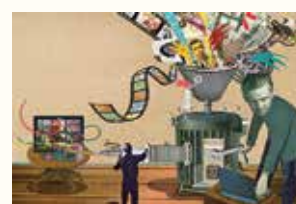
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*Back from last year—*  
 Matt Hanscom and  
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SAT, APRIL 7  
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 Sac Community  
 Center Theater

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# Rising Star Jennifer Reason to Perform at Pioneer Church

By Vi McNally

SACRAMENTO, CA (MPG) - Jennifer Reason, concert pianist, will perform at 3:00 p.m. Sunday, September 17, at Pioneer Congregational Church, 2700 L Street, across from Sutter's Fort.

This is the first concert in the 2017-2018 Sacramento Community Concert Association series. Hailed by German critics as a pianist "in the league of Carnegie Hall," a "rising star" whose playing is "lush, sensual and colorful: like a painting" (Sulzbach-Rosenberger).

Reason is a vibrant young performer. Recently she completed her 8th international tour, including twice appearing as a soloist to critical acclaim at the Interharmony International Music Festival in Germany, as well as at the Schlern and Orfeo International Music Festivals in Italy. She has also twice appeared in an ensemble setting at Carnegie Hall, as well as the Vatican, the Liszt Academy in Hungary, and the International Festival of Peace and



Recently Reason completed her 8th international tour, including twice appearing as a soloist to critical acclaim at the Interharmony International Music Festival in Germany, as well as at the Schlern and Orfeo International Music Festivals in Italy.

Brotherhood in Italy.

Reason is a versatile performer of various styles of music from Classical New Music, Jazz to Pop, and Broadway to Gospel. Tickets at the door \$25, students \$13. ★

Continued from page 1

running a goat farm," she recalls. "My colleagues were surprised but no one said I was nuts. Some actually asked if they could join me. I bought three goats and settled them on the Rio Linda property I'd grown up on."

The lawyer had to master a new business. "We knew it would be lots of work," she recalls. "Dairy regulations had changed in the years since my dad was a gentleman farmer. I wasn't scared; it helped us that lawyers are trained to be problem solvers." By breeding her stock to enlarge the herd, she soon had enough milk to start experimenting with cheese production. Friends were happy recipients of small white tubs of chevre, feta and ricotta cheeses with Nick's portrait and "Friedrich Farm" on the label.

The greatest beneficiary was Nick, now 29 "At every opportunity, he loves to be with the goats," approves his mom. "I find him plenty of chores. He pulls branches down so the does can nibble the leaves. He cuts up carrots and apples for them. He loves to brush them. He calls them by name and they come

to him. Goats are naturally affectionate; they know who their friends are.

"When people visit, Nick tells them about the herd and our routines. What the farm gives him is irreplaceable. Having something in your life that you feel good at - well, that gives life meaning."

Several other disabled students have worked at the Friedrich Farm. "People involved with the developmentally disabled like to find them places in agriculture," says the mentor. "Farm tasks can be simple. Animals respond to affection; they make you feel needed and loved. This gives their carers importance as human beings. Nick's friends proved their interest by milking and cleaning up after the goats. They all had something to show for their work at the end of the day. We made cheese and ice cream together."

Friedrich, husband Tim Blaine and their other sons Alex and Chris hope to establish a non-profit dairy farm to employ people like Nick. For now, the mission still needs to be businesslike. Does must have babies or they won't

produce milk. But to manage the farm as a single operator, Friedrich must keep her herd small. Surplus stock must therefore be sold; usually for meat. +

Because the babies were nurtured and named by their gentle son, the parents feared heartbreak. "So I took Nick to the market," says the mom. "He enjoyed the experience. Then I showed him the checks we got for our sales. He was impressed. He understands there must always be a business side of things."

Though gentlewoman farmer Friedrich has no yearning for her professional past, she admits farming is hard work. "You're tied to the goats," she explains. "They must be milked and tended every day. Every Friday night, Nick pretends to complain. He says he doesn't see why he should have to go out to the goats next morning. I tell him: it's okay, you can stay home. Then he insists: "no, mom, I'll go with you."

"I can see what an impact this farm and the goats have had on our son," she concludes. "I'll always know I did the right thing." ★

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# Circus Vargas Unveils Original New Production- *SteamCirque!*

**SACRAMENTO REGION, CA (MPG)**  
 - Circus Vargas returns to the Sacramento region, embarking on a brand new epic adventure under the big top! The biggest American, Animal-Free traveling Big Top circus is making a splash across California and will be entertaining the Sacramento area Residents from September 21 through October 15, 2017 with its latest hit production, SteamCirque!

The Big Show includes goggles, gears, and gadgets setting the stage for Circus Vargas' retro-futuristic new production. Join them on a journey of fantastic proportions where children of all ages will marvel at the wacky and wonderful cast of characters that come alive in this exciting steampunk, science-fiction fantasy inspired circus odyssey!



SteamCirque is inspired by adventure, colored by imagination and brought to life by the amazing cast of Circus Vargas!



Circus Vargas will be entertaining the Sacramento area Residents from September 21 through October 15, 2017 with its latest hit production, SteamCirque!

the steampunkers versus the circus folk, who will win? Audiences will have to come and see to find out!!

For Circus Vargas performance dates, times and to purchase tickets, visit [www.circusvargas.com](http://www.circusvargas.com), call

877-GOTFUN-1 (877-468-3861) or visit the box office at each location.

Follow Circus Vargas on Facebook and Twitter for updates, discounts and behind the scenes video. ★

Arrive 45 minutes early for

an entertaining, interactive

pre-show celebration, where kids can create their own magic under the big top, learning circus skills such as juggling, balancing and more! Meet and mingle with the entire cast after each performance. Capture the fun by posing for pics or selfies with your favorite cast members, all part of an unforgettable Circus Vargas experience!

The Storyline presents an eccentric group of adventure seekers stumble upon a traveling circus in an imaginary Victorian city, far, far-away. SteamCirque's peculiar protagonist, part magician-part inventor, attempts to industrialize the circus by incorporating his steam powered mechanical contraptions into the ordinary, typical circus rigging, filling the big top with new, imaginative acrobatic apparatus for the artists to perform their acts. It becomes a test of wills,



For Circus Vargas performance dates, times and to purchase tickets, visit [www.circusvargas.com](http://www.circusvargas.com), call 877-GOTFUN-1 (877-468-3861) or visit the box office at each location.



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<p><b>Wed., October 11</b>                  11:30 am to 12:30 pm                  East Lawn Sierra Hills Memorial Park &amp; East Lawn Mortuary                  5757 Greenback Lane, Sacramento, CA 95841                  To RSVP or More Info: 916.732.2020</p>	<p><b>Thurs., October 12</b>                  11:30 am to 12:30 pm                  East Lawn Memorial Park &amp; Crematory                  4300 Folsom Blvd., Sacramento, CA 95819                  To RSVP or More Info: 916.732.2000</p>

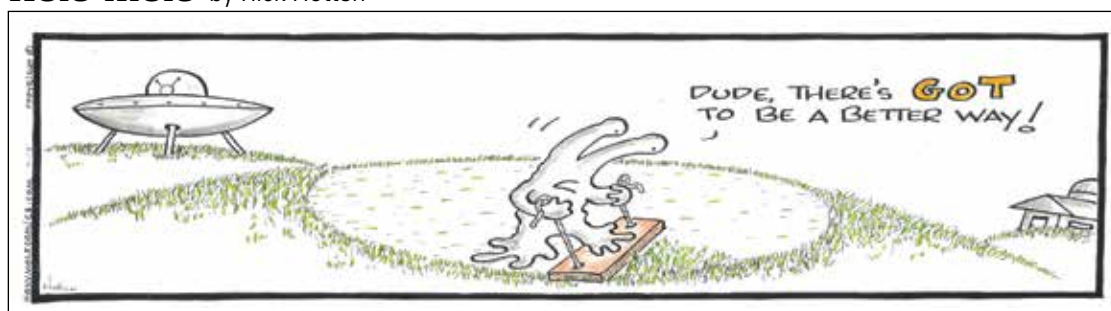
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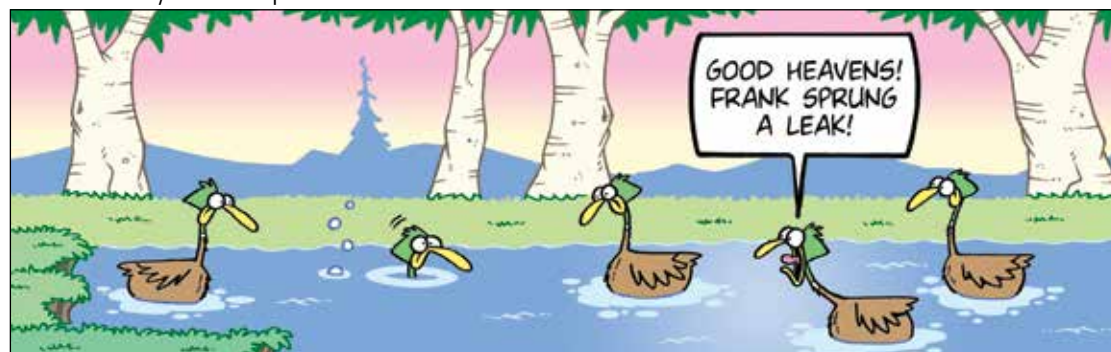
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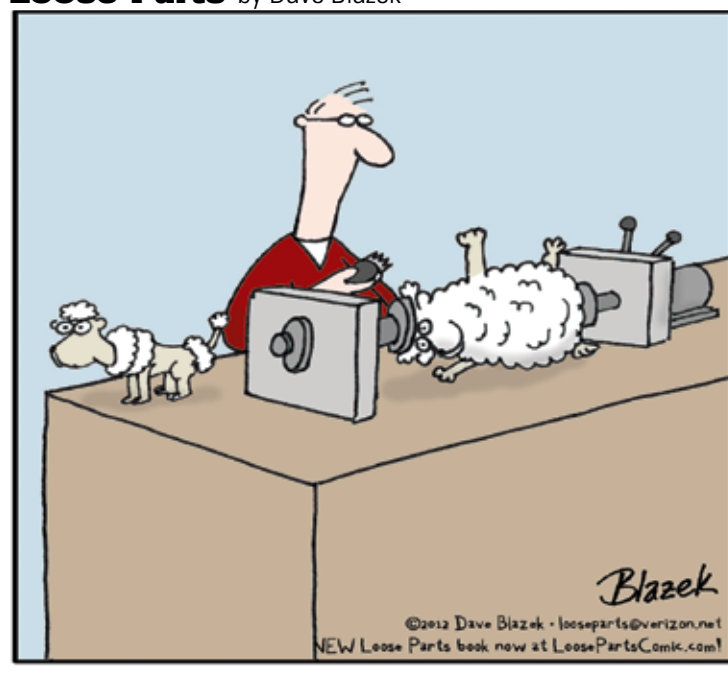
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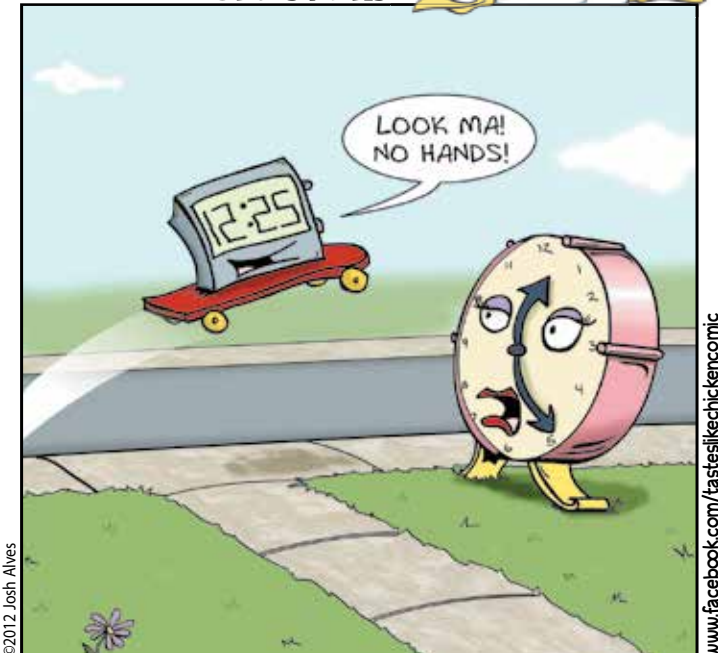
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# Hey Man, Let's Talk Pot

CDPH Launches Cannabis Public Education Campaign

By Corey Egel, CDPH

**SACRAMENTO, CA (MPG)** - The California Department of Public Health (CDPH) has launched a health information and education campaign about what's legal in California and potential health impacts of cannabis use. Senate Bill 94 (SB 94) - Medicinal and Adult Use Cannabis Regulation and Safety Act (MAUCRSA) - makes it legal for adults 21 or older to possess, consume and cultivate cannabis in California. Sale of cannabis from licensed retail outlets will become legal January 1, 2018.

CDPH received funding to develop a campaign, as detailed in SB 94, describes: The scientific basis for restricting access of cannabis and cannabis products for persons under the age of 21 years; The penalties for providing access to cannabis and cannabis products to persons under the age of 21 years; The potential harms of



CDPH engaged in extensive conversations with stakeholders in California and partners in other states with legalized cannabis to target the most vulnerable populations and apply their lessons learned.

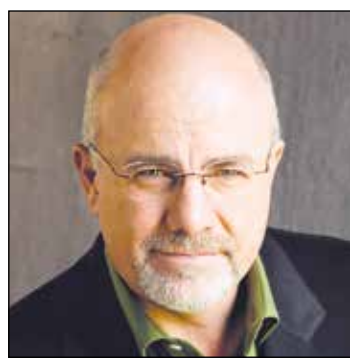
using cannabis while pregnant or breastfeeding; The potential harms of overusing cannabis or cannabis products.

"CDPH engaged in extensive conversations with stakeholders in California and partners in other states with legalized cannabis to target the most vulnerable populations and apply their lessons learned," said CDPH Director and State Public Health Officer Dr. Karen Smith. "We are committed

to providing Californians with science-based information to ensure safe and informed choices." CDPH has and will continue to incorporate the latest data available into public messages to increase awareness about how cannabis affects bodies, minds and health.

On CDPH's website, individuals can find information about legal, safe and responsible use, and health information for youth, pregnant and breastfeeding women, parents and mentors, and health care providers. CDPH produced fact sheets with safe storage tips and the important things Californians need to know about purchasing and possessing cannabis for personal use. An educational digital toolkit for local governments and community organizations will be available in the future.

For additional information, visit the Let's Talk Cannabis web page at www.cdph.ca.gov



# Dave Says

you to focus less on the ones that aren't doing so well.

So yeah, you need to keep a separate business account, and preferably a separate checking and savings account on your business. Make sure 100 percent of the income from the business goes into those accounts, and only expenses associated with the business come out of those accounts. With really small side businesses, your checkbook register can almost become a simplified profit and loss statement.

—Dave

## Balance rebuilding and repaying

Dear Dave,

I have a full-time job, but I also have a small Etsy business on the side selling 10 products that makes about \$200 a month. I don't see the money from this part-time work getting any bigger in the future. Should I keep a separate account for this business, or just roll it into our regular checking account?

Even if the business is small and is going to stay small, I would want to know - almost as an intellectual exercise - which of my products were winning in the marketplace. This would help you concentrate on the ones that are making you money, and allow

Dear James,  
First and foremost, I would

urge you two to begin seeing a good marriage counselor together. Money problems and fights over money are the number one cause of divorce in our country today. Continuing to deal with these issues, with the help of a good, caring counselor, will create even more communication.

I think you've both realized you're going to be in a mess if you don't address your income and money management issues. However, her concern about spending more time together and becoming closer is valid. Since you've just started the rebuilding process, maybe you could put off the extra jobs for a month or two - but no longer. That should give you both time to talk, hug on each other a lot, and start developing a solid plan together for the future!

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The *Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at [daveramsey.com](http://daveramsey.com).

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The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

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# Trillium Real Estate Hosts Ribbon Cutting



Carmichael, CA (MPG) – Trillium Real Estate celebrated their 8th year in business with a ribbon cutting and open house event on August 23rd at their offices at 4901 Marconi Avenue. The event was hosted by Carmichael Honorary Mayor Candidate Kelli Foley. She packed the house with many great friends and Chamber of Commerce members. Trillium served up some fantastic food and drinks which were much appreciated by all those who attended. To support Kelli for Honorary Mayor call 916-798-7508. Find out more about Trillium Real Estate at [www.trilliumre.com](http://www.trilliumre.com). MPG staff photo

# Sagebrook Celebrates Grand Opening in Style



Carmichael, CA (MPG) – Sagebrook Senior Living recently hosted a fun-filled ribbon cutting event to celebrate the grand opening of their Carmichael location. The celebration included many creative travel themed eats and treats. Nearly one hundred local business owners, friends and members from the Carmichael Chamber of Commerce stopped by during the two hour event. The event was held on August 10th from 4 to 6 pm. Find out more about Sagebrook Senior Living at [www.sagebrookcarmichael.com](http://www.sagebrookcarmichael.com) or call 916-481-7105. Photo by MPG staff

# Gun Show Comes to Cal Expo

SACRAMENTO REGION, CA (MPG) - The Crossroads of the West Gun Show, the largest gun shows in western America, will return to Cal Expo for their big Fall Gun and Hunting Show this weekend, September 16 and 17.

Bob Templeton, show manager, said that the show at Cal Expo will be the first major gun show held in the Valley since Spring, and promises to be a

good one. Featured will be the newly-developed “California Legal” semi-automatic rifles and kits for enthusiasts who want to build their own rifle or handgun legally.

One of the major selling displays in the show will be presented by Wholesale Ammo, California’s largest ammunition distributor and sales outlet. Featured will be bulk ammo for

all popular firearms, handguns, rifles and shotguns, all priced at well below regular store retail prices.

The show opens at 9 AM Saturday. It is open until 5 PM, and opens again Sunday morning at 9 AM. The show closes at 4 PM Sunday. Tickets are available online at [crossroadsgunshows.com](http://crossroadsgunshows.com) or at the door. ★

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# Baha'is of Carmichael Marking the 200th Anniversary

Celebrating the Birth of Bahá'u'lláh, Founder of the Bahá'í Faith



BAHÁ'Í FAITH

LIGHT OF UNITY FESTIVAL

200<sup>TH</sup> BIRTHDAY OF BAHÁ'U'LLÁH

Baha'is of Carmichael are preparing to mark the 200th anniversary of the birth of Bahá'u'lláh, the Founder of the Bahá'í Faith, on October 22, 2017.

Bahá'u'lláh (1817-1892) was a spiritual teacher who announced in 1863 that He was the bearer of a new revelation from God. His teachings have spread around the world, forming the basis of a process of social transformation and community building which is unique in its global scope and the diversity of participants.

The Light of Unity Festival is a celebration of the transformative impact of Bahá'u'lláh's teachings on the lives of families, neighborhoods and communities around the country and the world. Bahá'u'lláh's vision of the oneness of humanity is an antidote to the racial prejudice and materialism

that are corroding American society.

“Now more than ever we need positive models of social change that bring people together rather than divide them,” said Chris Miller. “This is what we will be celebrating in the months leading up to Bahá'u'lláh's birthday celebration in October.”

The Light of Unity Festival is not an event but a series of activities generated at the grassroots level all around the country, which reinforce Bahá'u'lláh's vision of the

oneness of humanity and empower participants to contribute. Activities will include drama, music, art exhibits, storytelling, service projects, prayer and devotional programs. At the national level, the Bahá'í House of Worship in Wilmette, IL will host a nine-week series of programs beginning in early September on themes applying the principle of the oneness of humanity to contemporary challenges, including environmental justice, race relations, indigenous peoples, human rights, and the harmony of science and religion.

Plans underway include a large public celebration at the **Unitarian Universalist Society 2425 Sierra Blvd., Sunday October 22, 2017** For more information email [carmichaellsa@gmail.com](mailto:carmichaellsa@gmail.com).

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**LEGAL NOTICE**

**RESOLUTION NO. 2860**

**RESOLUTION BEFORE THE SAN JUAN UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION TO SIGN A RESOLUTION (To Convey an Easement for Public Utilities)**

WHEREAS, section 17556, et seq. of the Education Code authorizes the San Juan Unified School District ("District") to dedicate or convey an easement/real property to municipal corporations for public streets or highways and to a public corporation, to lay, construct, reconstruct, maintain and operate water, sewer, gas, or storm drain facilities or ditches, electric or telephone lines, and access roads used in connection therewith, either with or without consideration and without a vote of the electors of the District being taken;

WHEREAS, the District desires to dedicate a permanent easement for pedestrian and bicycle improvements to the County of Sacramento for the purpose of maintaining public improvements at the former Garfield Elementary School site, located at 3700 Garfield Avenue, Carmichael, CA 95608. The proposed easement is specifically described in Exhibit "A" attached hereto and incorporated herein by the reference (hereinafter referred to as the "Easement"); and

WHEREAS, the District desires to give notice of its intent to dedicate to the County of Sacramento the Easement described above and to call a public hearing in connection therewith.

NOW, THEREFORE, the Board of Education of San Juan Unified School District does hereby resolve as follows:

**Section 1.** The foregoing recitals are hereby adopted as true and correct.

**Section 2.** The District declares its intent to dedicate and convey the Easement to County of Sacramento, as described and depicted in Exhibit "A" for the purposes set forth in the Grant of Easement Document attached herewith.

**Section 3.** The Superintendent or a designee thereof is hereby directed to give notice that on September 26, 2017 at 6:30 p.m. or as soon thereafter as practicable, at the District Board Room, located at 3738 Walnut Avenue, Carmichael, CA, the board will hold a public hearing on the question of making the conveyance of the Easement to the County of Sacramento. The public hearing shall be held during a regularly scheduled public meeting of the board. Notice of the public hearing shall be given by posting copies of this resolution, signed by the majority of the board, in three public places within the District at least ten (10) days prior to the hearing, and by publishing the notice once in a newspaper of general circulation in the District, at least five (5) days prior to the hearing. At the time and place of the hearing, if no legal protest is entered, the board may adopt a resolution by a two-thirds vote of all its members authorizing and directing the conveyance of the Easement to the County of Sacramento.

The foregoing resolution was adopted by the Governing Board of the San Juan Unified School District at a meeting of the board on September 12, 2017, by the following vote:

AYES: McKibbin, Costa, Hernandez, Paulo, Villescza  
NOES: 0  
ABSENT: 0  
ABSTAIN: 0

Attest:

*Saul Hernandez*  
Saul Hernandez, Clerk  
Board of Education  
San Juan Unified School District

*Michael McKibbin*  
Michael McKibbin, Ed.D., President  
Board of Education  
San Juan Unified School District

Published in the Carmichael Times on September 15, 2017

**LEGAL NOTICE**

**RESOLUTION NO. 2868**

**RESOLUTION BEFORE THE SAN JUAN UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION TO SIGN A RESOLUTION (To Convey an Easement for Public Utilities)**

WHEREAS, section 17556, et seq. of the Education Code authorizes the San Juan Unified School District ("District") to dedicate or convey an easement/real property to municipal corporations for public streets or highways and to a public corporation, to lay, construct, reconstruct, maintain and operate water, sewer, gas, or storm drain facilities or ditches, electric or telephone lines, and access roads used in connection therewith, either with or without consideration and without a vote of the electors of the District being taken;

WHEREAS, the District desires to dedicate a permanent easement for utility access and maintenance to the Fair Oaks Water District for the purpose of maintaining facilities at Pershing Elementary School, located at 9010 Pershing Avenue, Orangevale, CA 95662. The proposed easement is specifically described in Exhibit "A" attached hereto and incorporated herein by the reference (hereinafter referred to as the "Easement"); and

WHEREAS, the District desires to give notice of its intent to dedicate to the Fair Oaks Water District the Easement described above and to call a public hearing in connection therewith.

NOW, THEREFORE, the Board of Education of San Juan Unified School District does hereby resolve as follows:

**Section 1.** The foregoing recitals are hereby adopted as true and correct.

**Section 2.** The District declares its intent to dedicate and convey the Easement to the Fair Oaks Water District, as described and depicted in Exhibit "A" for the purposes set forth in the Grant of Easement Document attached herewith.

**Section 3.** The Superintendent or a designee thereof is hereby directed to give notice that on September 26, 2017 at 6:30 p.m. or as soon thereafter as practicable, at the District Board Room, located at 3738 Walnut Avenue, Carmichael, CA, the board will hold a public hearing on the question of making the conveyance of the Easement to the Fair Oaks Water District. The public hearing shall be held during a regularly scheduled public meeting of the board. Notice of the public hearing shall be given by posting copies of this resolution, signed by the majority of the board, in three public places within the District at least ten (10) days prior to the hearing, and by publishing the notice once in a newspaper of general circulation in the District, at least five (5) days prior to the hearing. At the time and place of the hearing, if no legal protest is entered, the board may adopt a resolution by a two-thirds vote of all its members authorizing and directing the conveyance of the Easement to the Fair Oaks Water District.

The foregoing resolution was adopted by the Governing Board of the San Juan Unified School District at a meeting of the board on September 12, 2017, by the following vote:

AYES: McKibbin, Costa, Hernandez, Paulo, Villescza  
NOES: 0  
ABSENT: 0  
ABSTAIN: 0

Attest:

*Saul Hernandez*  
Saul Hernandez, Clerk  
Board of Education  
San Juan Unified School District

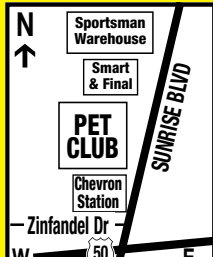
*Michael McKibbin*  
Michael McKibbin, Ed.D., President  
Board of Education  
San Juan Unified School District

Published in the Carmichael Times on September 15, 2017

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Effective 9/13/17 - 9/19/17



**COUPON**  
**PIG'S EAR**  
**29¢**  
with the purchase of pet, fish food or supply.  
Large Size. \$1.49 value.  
Limit 1 PLU 323 CT  
Limit 1 Coupon per family  
Effective 9/13/17 - 9/19/17

**COUPON**  
**2 FREE FRISKIES CAT FOOD**  
5.5 Oz Tin All Varieties  
(Select Indoor Included & 9 Lives  
With Any Purchase of Pet, Fish Food, or Supply PLU 321  
Limit: 1 Coupon Per Family CT  
Effective 9/13/17 - 9/19/17

**NATURAL BALANCE DRY DOG FOOD**  
•Lamb Meal & Rice •Sweet Potato & Fish  
•Sweet Potato & Venison •Sweet Potato & Bison •Sweet Potato & Chicken 26-28 Lb Bag  
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**NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD**  
•Lamb Meal & Rice  
•Adult •Small Bite •Large Breed  
30 Lb Bag **\$35.99**  
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**EUKANUBA DRY DOG FOOD**  
30 Lb Bag  
•Adult Maintenance ..... **\$31.99**  
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•Adult •Large Breed ..... **\$33.99**  
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Effective 9/13/17 - 9/19/17

**FRISKIES TENDER & CRUNCHY COMBO DRY CAT FOOD**  
16 Lb Bag  
Limit 2 Bags per Family  
**\$9.99**  
Effective 9/13/17 - 9/19/17

**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 2 Cases Per Family  
**20/\$9.00**  
Effective 9/13/17 - 9/19/17

**ARM & HAMMER SUPER SCOOP CLUMPING CAT LITTER**  
20 Lb Box •Unscented •Double Duty (Clump n Seal Regular 19 lb \$8.99)  
Limit 2 Boxes Per Family  
**\$5.99**  
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**SCIENCE DIET CANINE MAINTENANCE CANNED DOG FOOD**  
13 Oz •Selected Varieties (Reg price \$1.59)  
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Limit 2 Cases Per Family  
**\$13.99**  
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**SCOOPAWAY CLUMPING CAT LITTER**  
42 Lb Bag  
•Multi-Cat Formula  
Limit 2 Bags Per Family  
**\$9.99**  
Effective 9/13/17 - 9/19/17

**FANCY FEAST DRY CAT FOOD**  
(Purina One Dry Cat 3 lb. \$5.99)  
3 lb Bag Limit 2 Bags  
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**BLUE BUFFALO NATURALLY FRESH CAT LITTER** Super Buy  
14 Lb Bag **\$5.99** Clumping **\$9.99** Multi-Cat Clumping **\$10.99**  
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•Choice Cuts in Gravy •Chunky Ground Dinner  
•Chopped Ground Dinner 22 Oz Can Limit 1 Case

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Bio-Enzymatic Formula  
10 Lb Bag Limit 2 Bags  
**\$7.99**

**9 LIVES DRY CAT FOOD** **\$7.99**  
•Grilled Tuna & Egg Flavor  
12 lb Bag Limit 2 Bags Per Family

**IAMS DRY DOG FOOD** **\$25.99** Limit 2 Bags  
•Mini Chunk •Large Breed Adult •Lamb & Rice  
•Weight Control 30 Lb Bag

**New Formula MERRICK'S CLASSIC NATURAL DRY DOG FOOD** **ON SALE**  
•Chicken/Green Pea/Ancient Grains 25 Lbs Limit 2 Bags  
•Beef/Green Pea/Carrots •Lamb/Green Pea/Ancient Grains

**FRESH STEP CRYSTALS CAT LITTER** Super Buy  
8Lb Bag Limit 2 Bags  
**\$10.99**

**EVO GRAIN FREE DRY DOG FOOD** Limit 2 Bags  
Turkey & Chicken **\$31.99** Red Meat **\$39.99**  
Reg & Small Bites Reg & Small Bites

**PURINA BENEFUL DRY DOG FOOD**  
•Original •Healthy Weight 31.1 Lb Bags Limit 1 Bag Per Family  
(Selected Varieties, 15.5 Lbs.- \$13.99)  
**\$24.99**

**PREMIUM CHOICE SCOOPABLE CAT LITTER**  
All Natural Unscented, 50 Lb Bag  
Limit 2 Bags  
**\$10.99**

**WELLNESS DRY CAT FOOD** **\$30.99**  
•Chicken (12 Lb) •Indoor (12 Lb)  
•Healthy Weight (11.5 Lb) (Salmon, 12 Lb - \$31.99)  
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16 Oz Jar •Chicken Nibblers  
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23" x 24" 50 Pads  
**\$9.99**

**EARTH-RATED WASTE PICK UP BAGS** 20% OFF  
•Unscented •Lavendar Scent  
•Standard •Handle **OUR SUPER LOW PRICES**

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Cat With D.A.P. & Feljway •Cat Controls Behavior Dog **OUR SUPER LOW PRICES**

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10 Gal LED Deluxe ..... **\$53.99** 29 Gal LED Deluxe ..... **\$112.99**  
55 Gal LED Deluxe ..... **\$187.99**

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PENGUIN 100B ..... 20 Gal. .... **\$17.99**  
PENGUIN 150B ..... 30 Gal. .... **\$24.99**  
PENGUIN 200B ..... 50 Gal. .... **\$29.99**  
PENGUIN 350B ..... 75 Gal. .... **\$39.99**

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**OUR SUPER LOW PRICES**

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**BONUS COUPON**  
**FANCY FEAST GOURMET CANNED CAT FOOD**  
3 Oz - All Varieties Except Elegant Medley  
Limit 1 Case Per Family  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 9/13/17 - 9/19/17  
**53¢** CT PLU 361

**BONUS COUPON**  
**FRISKIES PARTY MIX CAT TREATS**  
2.1 Oz •Selected Varieties  
Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 9/13/17 - 9/19/17  
**\$1.09** CT PLU 573

**BONUS COUPON**  
**JONNY CAT PREMIUM CAT LITTER**  
20 Lb Bag  
Limit 1 Bag With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 9/13/17 - 9/19/17  
**\$3.29** CT PLU 362