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Carmichael Times

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Serving Carmichael and Sacramento County since 1981

SEPTEMBER 22, 2017

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100 Years of the Three R's

Local School (and School Bus) Reach Centennial



This San Juan School District bus (above) was purchased in 1917 to transport district kids, including Carmichael students. Lovingly maintained, the century-old vehicle is still used for local parades. Photo by Susan Maxwell Skinner
Depression-era children (photo at right) line up for a school photo. Note the girls' Shirley Temple-style frocks and hair bows. Teacher was Ada Peck. Picture courtesy Susan Maxwell Skinner Archive

**Story and photos
by Susan Maxwell Skinner**

CARMICHAEL, CA (MPG) - Carmichael's oldest school recently began its 100th year. Carmichael Elementary School's unconventional founding is among many great stories associated with the institution. Lock, stock and barrel, the original school was kidnapped and brought to Sutter Avenue a century ago.

The move served not only pioneer families; it bolstered the ambitions of community founder Daniel Carmichael.

Before the real estate entrepreneur established his first Colony development in 1909, a wooden school house stood near Winding Way. It was called San Juan School. Built in 1880, it educated children of farm families north of Daniel Carmichael's empire -- on the old San Juan Mexican land grant.

Georgia-born entrepreneur Carmichael arrived in California as a penniless teenager. "Bud" Carmichael soon rose to Sacramento prominence. He was appointed County Treasurer; elected City Commissioner



and soon made a fortune in land deals. He also sank an oil well near Bakersfield and became one of California's early oil millionaires.

His first Carmichael farming colony went on the market in 1909. Buyers flocked to purchase 10-acre holdings for between \$1000 and \$1500. A second colony was offered in 1911. The developer -- himself one of 11 siblings -- decided a school would attract more buyers, especially families with kids. Legend has it that Bud attended a

San Juan School meeting and made school trustees an offer they couldn't refuse. His lure was 10 acres on Carmichael's Sutter Avenue, provided that trustees relocated the building, staff and students. Oh yes, they must also rename the institution after the great man.

Courtesy of Superintendent James R. Cowan's "History of the Carmichael School and Community," we have a record of its 1917 opening day. The celebration

Continued on page 4

ATLAS Prepares Milagro Fundraiser

CARMICHAEL, CA (MPG) - ATLAS of Carmichael will hold a Dinner and Auction Fundraiser soon at the Milagro Center, the community's new "gathering place" on Fair Oaks Boulevard south of Marconi Avenue.

Milagro's Patriot Event Center will host the event on Friday evening, October 13. It will feature fine food from the recently opened Patriot Restaurant, live music, an auction offering out-of-town accommodations, theme park tickets, choice wines, and an opportunity to hear about what ATLAS, a nonprofit community-based organization is doing in Carmichael.

Tickets are \$50 and available on the ATLAS of Carmichael website (www.atlascarmichael.org), by mail, or at the ATLAS Thrift Shop located at 6634 Fair Oaks Boulevard.

This year's fundraiser theme, "Nourish and Flourish," will highlight the role of ATLAS, which for the past five years has helped homeless and other struggling individuals connect with resources, advocacy, and mentoring. "Stabilizing people in crisis allows them to move forward with their goals, such as permanent housing, jobs, and a better life for themselves and their families," said Scott Young, Director of ATLAS.

A core ATLAS principle is helping volunteers from churches and other organizations build relationships with people in need and provide

guidance about public and private resources designed to help them. The next step for those who choose to take it is to meet regularly with a trained mentor to walk alongside them. Another of ATLAS' goals is building community relationships among like-minded citizens and groups.

For example, ATLAS has played a key role in the development of Carmichael HART (Homeless Assistance Resource Team), which in the past year has involved hundreds of volunteers in Winter Sanctuary programs. HART also sponsors initiatives to move homeless individuals into transitional housing, provide training, and help children

whose parents have no permanent address.

"We're seeing a convergence of ATLAS, HART and several other ongoing initiatives that are making Carmichael a healthier community," said Young, who also serves as President of Carmichael HART. "Others are the Carmichael Improvement District, which has brought businesses together to improve security along Fair Oaks Boulevard, the county's extensive beautification work along the corridor, and the Milagro Center itself. These are encouraging examples of significant material and human investment in our community."

Submitted by ATLAS ★

Women's Empowerment Receives Grants to Help Homeless Women Rebuild

Arata Brothers Trust and Kaiser Permanente Provide Grants

By Kristin Thébaud

SACRAMENTO REGION, CA (MPG) - Arata Brothers Trust and Kaiser Permanente recently gave grants to Sacramento nonprofit Women's Empowerment's comprehensive job-readiness programs for women experiencing homelessness. Arata Brothers Trust donated \$15,000 to Women's Empowerment's nine-week program that helps women who are homeless overcome barriers so they can find homes and jobs. Kaiser Permanente donated \$10,000 to Women's Empowerment's domestic violence and substance abuse support groups that help women who are homeless overcome the effects of domestic violence and substance abuse so they can find safe homes, steady work and a healthy lifestyle.

"We know that employment is the best way to end homelessness," said Lisa Culp, executive director, Women's Empowerment. "But it takes more than just a resume to secure a job. The majority of women we serve are survivors of domestic violence and are also seeking help as they maintain a clean-and-sober lifestyle. With funding from Arata Brothers Trust and Kaiser Permanente, we are able to help homeless women regain the skills they need to get and keep a job so they can create a safe future for their families. Thank you to Arata Brothers Trust and Kaiser Permanente for their lasting impact on the lives of homeless women and children in this community."

In Women's Empowerment's initial nine-week program, women who are homeless receive free onsite child care in the group's child development center and transportation assistance. Each woman works with a master's level social worker to address her root causes of homelessness. She attends classes on job readiness, financial literacy, confidence building, health and empowerment, as well as support groups for domestic violence and substance abuse. Women then focus on job placement with their employment specialist and volunteer career mentor.

Women who have graduated from the nine-week program can enroll in the group's graduate services at any point in their lives when they need assistance. Services include paid job training, vocational certifications, counseling with a social worker and employment specialist, access to a professional clothing closet, and job retention services for employer and employee.

The award-winning organization has graduated 1,437 homeless women and their 3,500 children since 2001. Women's Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: www.womens-empowerment.org. ★

**WE SUPPORT
OUR MILITARY**

Volunteers Needed for AARP Foundation Tax-Aide Program

AARP Foundation Tax-Aide is the Nation's Largest Volunteer-Run Tax Preparation Service



Tax-Aide volunteers make a difference in their communities by assisting many older, lower-income taxpayers who might otherwise miss out on the credits and deductions they've earned. Photo courtesy AARP

By Anaí Ibarra, AARP

SACRAMENTO REGION, CA (MPG) - AARP Foundation Tax-Aide is looking to expand its team of volunteers for the upcoming tax season. Soon approaching its 50th year, Tax-Aide offers free tax filing help to anyone, especially those 50 and older, who can't afford a tax preparation service. Tax-Aide volunteers make a difference in their communities by assisting many older, lower-income taxpayers who might otherwise miss out on the credits and deductions they've earned.

A recent AARP survey of working Californians, entitled "CA Dreaming or Struggling," reveals that a large percentage of Californians are not ready for retirement; and while they remain optimistic, many are struggling with issues of housing affordability and difficulty in saving for retirement.

Programs like Tax-Aide, says AARP California State Director

Nancy McPherson, can help.

"Considering the difficulty many Californians are having making ends meet, a program like Tax Aide, which helps people save every dollar they can, is that much more valuable," she said.

Tax-Aide volunteers receive training and support in a welcoming environment. There is need for volunteer tax preparers, client facilitators, those who can provide technical and management assistance and interpreters. Every level of experience is welcome. Volunteer tax preparers complete tax preparation training and IRS certification.

Last year, 2,841 AARP Foundation Tax-Aide volunteers helped more than 184,276 people file their federal and state tax returns. The program is offered at approximately 378 sites in California, including senior centers, libraries and other convenient locations.

AARP Foundation Tax-Aide has grown remarkably since its

inaugural team of just four volunteers in 1968. The program now involves nearly 35,000 volunteers and serves 2.5 million taxpayers annually at some 5,000 sites nationwide with free tax help. In 2017 taxpayers who used AARP Foundation Tax-Aide received \$1.37 billion in income tax refunds and more than \$222 million in Earned Income Tax Credits (EITCs). Taxpayers do not need to be a member of AARP or a retiree to use this program.

To learn about our volunteer opportunities, visit www.aarpfoundation.org/taxaide or call 1-888-OUR-AARP (1-888-687-2277). AARP Foundation Tax-Aide is offered in coordination with the IRS.

AARP Foundation works to ensure that low-income older adults have nutritious food, affordable housing, a steady income, and strong and sustaining bonds. AARP Foundation is the affiliated charity of AARP. ★

All Aboard for Story Time With Good Day Sacramento's Tina Macuha

By Traci Rockefeller Cusack

SACRAMENTO, CA (MPG) - It's All Aboard for Story Time! with Good Day Sacramento's Tina Macuha as a celebrity guest reader on Monday, October 2, 2017, at 11 a.m. at the California State Railroad Museum. To the delight of young children and train enthusiasts alike, Tina will read the children's books *Engine Number Ten* by Rose Ann Woolpert and *Chugga Chugga Choo Choo* by Kevin Lewis. A Sacramento native, Tina started her successful broadcast career in radio -- including at FM102 in the early 90s -- then transitioned to television when Good Day Sacramento first premiered in August 1995. Since the debut of the wildly popular morning program, Tina has been helping to inform and entertain viewers in the greater Sacramento area ever since. Besides traffic reporting,



All Aboard for Story Time! is offered every Monday morning year-round.

some of her most popular on-air segments are *Dishin' With Tina*, *Teen's Tunes* and *Thought for the Day*, just to name a few.

All Aboard for Story Time! is offered every Monday morning year-round. Through this interactive and fun program, parents are encouraged to let trains

and railroading introduce and foster the love of reading with their imaginative young children ages two to five. The Story Time! program showcases different railroad-related books each month. Afterward, children and parents are encouraged to explore the Museum. Whether it's toy trains or big locomotives, there is always something to discover in the California State Railroad Museum -- North America's most popular railroad museum -- that will thrill children (and adults) of all ages. The All Aboard for Story Time! program is included with Museum admission: \$12 for adults; \$6 for youths ages 6-17; free for children ages 5 and under. For more information about the reading program or the California State Railroad Museum in general, please call 916-323-9280 or visit <https://www.californiarailroadmuseum/>. ★

Paint On for Wildlife

The Institute of Art Sacramento Artists Give Life to Heroes of Nature's Home

By Rick Reed

SACRAMENTO REGION, CA (MPG) - The volunteer heroes of nature giving regional wildlife a second chance to live at Wildlife Care Association of Sacramento are getting an upgrade! The former USAF Radar Dome has been home to the state's second largest wildlife rehabilitation facility for several years, but has only slowly begun changing and improving its grounds.

With student artist Lindsay Ianni from the Art Institute of Sacramento leading, volunteers will come together for two days to give the old radar dome some real life! On Saturday, September 30th and Sunday, October 1st beginning at 8am artists will add new wildlife images and create a new look for the entrance of the former USAF building visited by more than 6000 residents each season with injured, orphaned and displaced birds and small animals.

Volunteers are needed to help support the artwork. Anyone interested in becoming a volunteer can contact Wildlife Care Association of Sacramento Volunteer Coordinator Kate Vanderslice at volunteer@wildlifecareassociation.com

The facility is located on 2 acres of McClellan Park, west of the airpark at 5211 Patrol Road.



The dome will get a new makeover. Photo courtesy Rick Reed PR

The volunteer non-profit has given new life to wildlife for more than 40 years, with 98% of the care provided by volunteers from all walks of life throughout the community. Supported entirely by donations, the wildlife rehabilitation facility takes in birds and small animals to be healed and released from 10am to 6pm seven days a week. If you have found wildlife injured, orphaned or displaced by human activity call the Hotline at 965-WILD. ★

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Meals on Wheels by ACC Asks Congress to "SAVELUNCH"!

By Michelle Bustamante, Program Specialist

SACRAMENTO, CA (MPG) - Meals on Wheels by ACC along with thousands of others are making our voices heard by participating in the national "SaveLunch" campaign. Help us send a message to Congress and other elected officials to stop budget cuts and save senior nutrition programs across the country.

Meals on Wheels by ACC provides much needed meals to nearly 1,500 homebound seniors, many of whom depend on our program as their main source of nutrition and socialization. Another 900 seniors gather to enjoy nutritious meals and the companionship of friends at one of our 20 All Seasons Café's throughout Sacramento.

Meals on Wheels by ACC is

more than just a meal, for many the daily or weekly visits from our volunteer drivers may be their only connection to the outside world, their only smile, their only friend.

Each Meals on Wheels by ACC participant has been provided a paper plate in which to write a message to their local congressman, we invite you to join us in this effort. On September 15th we will be sending hundreds of paper plate messages to our elected officials, we would like yours to be one of them, and together we can "SaveLunch".

Please send your paper plate to: Meals on Wheels by ACC, 7375 Park City Dr, Sacramento, CA 95831

For more information about the "SaveLunch" Campaign or to learn how to become a Meals



Meals on Wheels by ACC provides much needed meals to nearly 1,500 homebound seniors. Photo courtesy Meals on Wheels

on Wheels by ACC volunteer, please call (916) 444-9533.

Source: Meals on Wheels ★

NorCal Gourd Art & Competition Festival

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Carmichael Cares Steps Up for Hurricane Relief

CARMICHAEL, CA (MPG) - Weeks after Hurricane Harvey rolled into Texas, causing destruction and death, assistance is still coming in. Nearly 2000 miles away, the Carmichael Chamber of Commerce wanted to help those devastated by the storms.

Executive Director Linda Melody contacted businesses in Milagro Centre and other Chamber restaurants to see if they would be willing to donate a portion of their proceeds from their sales on Tuesday, September 5. Calling it Carmichael Cares, more than a dozen businesses agreed to help, even though some were just getting started. Thank you to all who participated: Fish Face Poke; Ghiotto Gelato; Insight Coffee; Jaynee Cakes; Mesa Mercado; River City Brewing Company; The Patriot; Carmichael Cage & Deli; Garcia's Mexican Restaurant; La Bou Bakery & Café; Lido Café; Roma's Pizza & Pasta; Roxie Deli & Barbecue, and Togo's.

A total of \$2,771.04 was raised. Thank you to everyone who came out to these businesses to help



John Cornwell of Togo's of Carmichael hands Linda Melody, Executive Director of the Carmichael Chamber a check for \$500 to go help victims of Hurricane Harvey. Photo courtesy Carmichael Chamber of Commerce

with the fundraiser. Proceeds went to the American Red Cross for the Hurricane Harvey Relief Fund. "Seeing all these businesses agree to help was thrilling," says Chamber Executive Director

Linda Melody. "Even to have a small part in helping hurricane victims is important, because Carmichael Cares."

Source: Carmichael Chamber of Commerce ★

Baha'is of Carmichael Marking the 200th Anniversary

Celebrating the Birth of Bahá'u'lláh, Founder of the Bahá'í Faith



BAHÁ'Í FAITH
LIGHT OF UNITY
FESTIVAL
200TH BIRTHDAY OF
BAHÁ'U'LLÁH

Baha'is of Carmichael are preparing to mark the 200th anniversary of the birth of Bahá'u'lláh, the Founder of the Bahá'í Faith, on October 22, 2017. Bahá'u'lláh (1817-1892) was a spiritual teacher who announced in 1863 that He was the bearer of a new revelation from God. His teachings have spread around the world, forming the basis of a process of social transformation and community building which is unique in its global scope and the diversity of participants.

The Light of Unity Festival is a celebration of the transformative impact of Bahá'u'lláh's teachings on the lives of families, neighborhoods and communities around the country and the world. Bahá'u'lláh's vision of the oneness of humanity is an antidote to the racial prejudice and materialism

that are corroding American society.

"Now more than ever we need positive models of social change that bring people together rather than divide them," said Chris Miller. "This is what we will be celebrating in the months leading up to Bahá'u'lláh's birthday celebration in October."

The Light of Unity Festival is not an event but a series of activities generated at the grassroots level all around the country, which reinforce Bahá'u'lláh's vision of the

oneness of humanity and empower participants to contribute. Activities will include drama, music, art exhibits, storytelling, service projects, prayer and devotional programs. At the national level, the Bahá'í House of Worship in Wilmette, IL will host a nine-week series of programs beginning in early September on themes applying the principle of the oneness of humanity to contemporary challenges, including environmental justice, race relations, indigenous peoples, human rights, and the harmony of science and religion.

Plans underway include a large public celebration at the **Unitarian Universalist Society 2425 Sierra Blvd., Sunday October 22, 2017** For more information email carmichaellsa@gmail.com.

Governor Brown Appoints Wesley

SACRAMENTO, CA (MPG) - Governor Edmund G. Brown Jr. recently announced the appointment of Roy Wesley, 63, of Carmichael, as Inspector General, responsible for overseeing various activities specified in statute at the California Department of Corrections and Rehabilitation. Wesley has been chief deputy inspector general at the

Office of the Inspector General since 2007. He was a partner at Pursley, Rush and Wesley LLP from 2002 to 2007 and at Hanna, Brophy, MacLean, McAleer and Jensen from 1991 to 2002. Wesley was an associate at Mastagni, Holstedt and Chiurazzi from 1988 to 1991. He was an officer in the U.S. Air Force from 1978 to 1988 and an officer in the U.S. Navy

Reserve from 1990 to 2005. Wesley earned a Juris Doctor degree from the University of the Pacific, McGeorge School of Law. This position requires Senate confirmation and the compensation is \$171,494. Wesley is registered without party preference.

Source: From the Office of Gov. Brown ★

Senator Gaines Seeks Entries for Video Contest

By Betsey Hodges

SACRAMENTO REGION, CA (MPG) - Senator Ted Gaines (R-El Dorado) announced that he is hosting a Fall 2017 video contest and is seeking entries from high school and college undergraduates that reside in the 1st Senate District. The short, entertaining and creative videos will focus on the theme "The Bill of Rights & You."

"This is a great opportunity for students to demonstrate their video directing and producing skills and have their work displayed on my website," said Senator Gaines. "This contest celebrates the creativity and originality of our future leaders and I look forward to seeing what they come up with."

Participants must choose a Constitutional Amendment within the Bill of Rights and



Senator Ted Gaines (R-El Dorado)

create a two-to five-minute video illustrating how it's benefited them. The videos can feature live people, stills, animation – whatever best conveys the message.

Videos can be submitted now through November 20, 2017. Two winners – one high school and one college – living in or

attending school within the 1st Senate District will be selected by Senator Gaines and will each receive a \$300 cash prize and be invited to the State Capitol in Sacramento for a meeting with Senator Gaines and a VIP tour of the historic building. The winning videos will also be posted to Senator Gaines' website.

All details about the contest, including the rules and entry form are available at: http://gaines.cssrc.us/sites/gaines.cssrc.us/files/170901_Fall2017_VideoContestRules.pdf

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

Source: Office of Senator Gaines ★

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CRAIG DIEZ TEAM
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NEW LISTING

5244 Fair Oaks Blvd., Carmichael | \$1,295,000

This custom home is a fusion of stunning architectural design and functionality. Situated behind its own private gate, the residence is surrounded by mature trees and extensive landscaping. Enjoy a welcoming foyer; huge family room with soaring ceilings and clerestory windows, and a beautifully appointed open-concept kitchen. 5+ bedrooms, office, game/media room.

OVER \$220K PRICE REDUCED

1233 Kingsford Drive, Carmichael | \$1,065,000

From its stunning entryway to its timeless contemporary design, this 5,000 square foot residence captures the best of fine living. A generous floor plan of 6 bedrooms and 5 baths allows everyone their own space. Vast view windows throughout the home soak up the natural light and create a warm and inviting atmosphere. Additional highlights include spacious living areas, a large sunroom, 3 fireplaces, an upstairs balcony, and a pool and basketball court.

PRICE REDUCED

2622 Wrendale Way, Sacramento | \$479,000

This charming 5 bedroom and 3 bath abode located in a welcoming tree-lined neighborhood. A generous floor plan provides plenty of room for easy living and entertaining. Additional highlights include a large lot with a pool and RV access, an updated kitchen, large separate family and living room quarters and a walk-friendly neighborhood.

NEW LISTING

6608 Stanley Avenue, Carmichael | \$409,000

Situated on a fantastic half-acre lot in a desirable area of Carmichael, this original farm house is truly one-of-a-kind. With just the right blend of character and space, the possibilities for this 2 bedroom and 1 bath home are endless. Enjoy a private backyard and lot, spacious floorplan and a lovely neighborhood within close proximity to Ancil Hoffman park and top-rated schools.

NEW LISTING

5915 Yeoman Way, Citrus Heights | \$329,000

This 3 bedroom and 2 bath abode is located on a corner lot in one of Citrus Heights most desirable areas. The home features updates throughout including gorgeous hardwood flooring, fully remodeled bathrooms and a partially remodeled kitchen and a freshly painted interior. Enjoy an open-concept floor plan with bright and airy rooms and a large backyard, ideal for entertaining.

NEW LISTING

3620 Scorpio Drive, Sacramento | \$300,000

From its welcoming entryway to its polished interior with high-end finishes throughout, this 3 bedroom and 2 bath home captures the best of fine living. Enjoy an open-concept floor plan with an inviting great room, a newer kitchen, updated bathrooms with gorgeous custom marble finishes and detailing, and newer central heat and air. The home rests on a corner lot in a cul-de-sac in a walk-friendly neighborhood.

For exceptional representation of your real estate needs, contact **The Craig Diez Team** today.

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Raffle
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Dr. Katherine Denny to Speak on Brain Boosters

By Steffany Jamison, Aegis



Dr. Katherine Denny

CARMICHAEL, CA (MPG) - Aegis of Carmichael is giving you a chance to Boost Your Brain.

Dr. Katherine Denny, who is affiliated with the UCD Alzheimer's Disease Center will be speaking about "Brain Boosters" promoting brain health and share brain health tips at Aegis of Carmichael on September 26th, from 11:30 am until 1:30 pm.

Dr. Denny completed a two year postdoctoral fellowship in neuropsychology at UC Davis during which she created the Brain Boosters group with her collaborator, Dr. Sarah Farias. Given that there is currently no way to stop or cure dementia, they wanted to find a way to delay cognitive and functional decline as much as possible, with the goal of promoting functional independence and engagement in

dementia, epilepsy, Parkinson's disease, and sports related concussions.

After having two successful Brain Boosters groups, she received a two year grant from the Alzheimer's Association to continue running the Brain Boosters group. The UCD Alzheimer's Disease Center 2017 Community Engagement Series has focused each lecture on brain health, which have been full to capacity and a huge success.

Aegis of Carmichael has been a Gold Sponsor of the UCD Alzheimer's Disease Center Lecture Series for the past three years.

Those wanting to attend the Brain Boosters event with Dr. Katherine Denny, need to RSVP to Aegis of Carmichael at (916)972-1313. Aegis will be serving appetizers & refreshments at the event. ★

brain health activities.

Following her fellowship, she stayed at UC Davis as an assistant faculty member in the Neurology department and worked both in research with the Brain Boosters group and clinically seeing a range of neurologic patients including

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100 Years of the Three R's

Local School (and School Bus) Reach Centennial

Continued from page 1

included Dan Carmichael and his elegant wife Myrtie; PTA and board members and their wives. Sacramento Boys' band furnished music and Mr and Mrs Carmichael received baskets of fruit and flowers. Recalls an eyewitness: "It was a gala day with lots to eat and great rejoicing."

The two-room school had a stove (children contributed vegetables for a soup lunch) and kerosene lamps for evening meetings. With Farm Bureau dinners and church services conducted under its roof, the school served as a community center.

Many pupils rode horses to class and brought hay to feed their mounts. Because funds were short, volunteers moved

a shed from the old San Juan location to Sutter Avenue to accommodate the livestock. The founders gradually added playground equipment and planted part of school land in fruit and nuts to help with expenses. Over the years, the campus expanded with more classrooms and an auditorium. None of the original buildings remains.

The school's 2017 centenary will be celebrated with an evening reception on May 9, next year. Details will be announced via the school's website: <https://www.sanjuan.edu/Carmichael>

In the meantime, happy memories of early years abound. "Mrs (Ada) Peck taught us to sew a fine seam but first we had to learn to darn socks," recalled

the late Lavern Gibbons Morgan. "We had to do perfect, straight stitches... all by hand. The next project was to make an apron."

Her sister Roberta remembered a 4th grade teacher: "Mrs Shoemate saw to it that we learned the three Rs. Whenever there was a five-minute interlude, she launched into a spontaneous mini-drill of times tables. Boy, did we remember them!"

Recalls Dr Cowan: "Every day started with the Pledge of Allegiance, then a patriotic song or two before each class marched to its room. Gathering together seemed to give a true sense of belonging. Little children and big kids got to know each other as being in 'our School.'" ★

Healthy, Wealthy & Wise



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Shriners Hospital Hosts Celebration for Former Patients and Staff

By Catherine Curran, Shriners

SACRAMENTO REGION, CA (MPG)

- Former patients and staff of Shriners Hospitals for Children — Northern California are invited to attend an Alumni Brunch at 10 a.m., Saturday, October 21. The event is being held in celebration of the hospital's 20th anniversary. It will feature a healthy serving of inspiration as former patients share their life-changing stories and are reunited with doctors and staff. Rob Stewart, host of KVIE's Rob on the Road will emcee the celebration. The Ponderosa High School Choir will perform.

The Alumni Brunch will take place at the Shriners Hospital in Sacramento, 2425 Stockton Boulevard. Free parking is available in the Shriners Hospital garage. Former patients who would like to attend are asked to send email to shriners20th@shriners.org or call 916-453-2218.

Hospital alumni also are invited to attend a Community Day family festival after the brunch. Where Care Is a Community Affair themes the community celebration that includes:

- **SunShrine Hospital Tours:**

In this special exhibit, children are invited to tour the SunShrine Hospital where they will get finger casts, dress in surgical gowns, paint with syringes, meet Pet Therapy animals and much more.

- **Wheelchair Sports:**

Access Leisure and Paralympic Sports Sacramento will coordinate wheelchair softball, tennis and basketball games. Counted among those participating in the games are patients and former patients of the Northern California Shriners Hospital.

- **Community Exhibits:**

Local firefighters, the California Highway Patrol, the Bohart Museum of Entomology, the Firefighters Burn Institute, the California State Parks, and the Sacramento Philharmonic are among the community organizations sharing activities and information.

- **Entertainment:**

Galena Street East, the Ponderosa High School Choir, and the Ben Ali Shrine Band are just three of the groups scheduled to perform live on the stage throughout the day. Fezzy, the Shriners Hospital mascot, will be joined by Sparky, Chipper and mascots from

other community organizations. Star Wars characters, Spiderman and other superheroes will pose for pictures and bring smiles to kids of all ages.

The Northern California Shriners Hospital opened its doors to children in April 1997. Since then more than 70,000 children have been accepted for care, and the hospital has expanded its programs to meet the specialized needs of children. Treatment specialties include pediatric orthopaedics, burns, spinal cord injury, plastic surgery and pediatric surgery. The hospital also is home to a collaborative scientific research program known as the Institute of Pediatric Regenerative Medicine (IPRM). Any child under 18 is eligible for care provided the child's condition is within the scope of services offered. All care is provided regardless of a family's ability to pay.

For more information about the Alumni Brunch and Community Day celebration, please go online to <http://shrinerschildrens.org/20thanniversary>. For further information email shriners20th@shriners.org or call the Anniversary hotline at 916-453-2332. ★

Texasaurus! Jerry Brown is Ripping Everybody Off

Senator Gaines Highlights One Of the Most Taxing Sessions in California History

SACRAMENTO, CA (MPG)

- Following the conclusion of the 2017 legislative session, Senator Ted Gaines (R-El Dorado) is highlighting just a few of the ways the legislature voted to increase taxes and make California less affordable.

Gas Tax (Senate Bill 1)

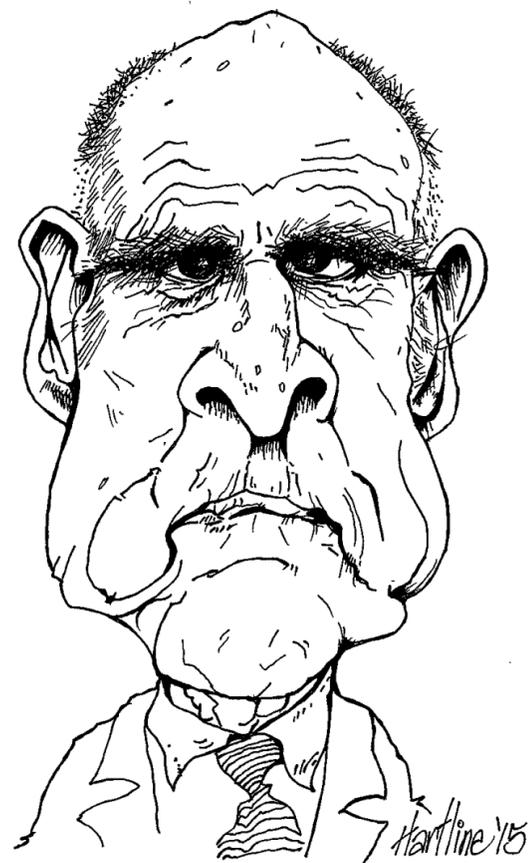
The legislature passed and the Governor signed a transportation proposal that imposes \$52 billion in permanent new gas taxes and user fees on motorists. Starting this fall, every motorist in California will pay an additional \$0.12 per gallon of gasoline and \$0.20 per gallon of diesel. That might not sound like much, but with this and the increase in annual vehicle registration fees by as much as \$175 per vehicle, it adds up to an average of \$350 per household over the course of a year. If you're a commuter, live in the country, or own a business, the cost could be much higher.

Cap-and-Trade Extension (Assembly Bill 398)

The legislature passed and the Governor signed an extension of the state's cap-and-trade program. Fuels under the program already adds \$0.11 to every gallon of gas. The new gas tax adds an additional \$0.12 cents to every gallon (that number will go up every year after 2021), and the cap-and-trade extension could add another \$0.73 cents to every gallon of gas on top of that. While the rest of the country is paying \$2 a gallon for gas, we are going to be paying a dollar and a half a gallon just in taxes and climate fees. A large portion of the money collected through the cap-and-trade program has been allocated to fund high-speed rail.

Housing Package (Senate Bill 2)

Included in a package of housing bills was Senate



Bill 2, which the legislature has approved and sent to the Governor for signature. The bill would impose a \$75 to \$225 "recording fee" on all real estate transactions. The fee would generate as much as \$258 million per year. Instead of addressing the housing crisis by reducing the obstacles to housing development, legislators have chosen to put the cost on the backs of California taxpayers.

"Legislative Democrats have touted this year as 'one of the most productive sessions in California history.' I suppose this is accurate if you define 'productive' as

continuing to pile on taxes and make California increasingly unlivable for businesses and hardworking working families," said Senator Gaines. "I will not give up. I will continue to stand up for California taxpayers that are getting nicked and dined at every turn."

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

Source: Content from the office of Senator Ted Gaines

Illustration by Perry Hartline★

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AN IMPORTANT MESSAGE FOR DENTAL OFFICES

New EPA Rule Requires Dental Practices to Install Amalgam Separators and Implement Best Management Practices

The Environmental Protection Agency (EPA) recently issued technology-based pretreatment standards under the Clean Water Act to **reduce discharges of mercury from dental offices into municipal sewage treatment plants.**

The Dental Office Effluent Guidelines became effective July 14, 2017. This final rule **requires dental offices install amalgam separators and two best management practices.** Dental offices that place or remove amalgam:

- ✓ Must install, operate, and maintain an amalgam separator
- ✓ Must not discharge scrap amalgam into the sewer
- ✓ Must not use certain kinds of line cleaners, such as bleach

Existing dental dischargers must comply and submit a form to Regional San (see links below) by October 12, 2020. New dental dischargers or ownership transfers must comply within 90 days of their first discharge. If any dental practices already had amalgam separators prior to June 14, 2017, they have until June 14, 2027, to replace them with compliant separators. Dentists who never place amalgam or remove amalgam in limited or unplanned circumstances are exempt.

Who is affected by this new rule?

This rule applies to offices, including large institutions such as dental schools and clinics, where dentistry is practiced that discharge to a municipal sewage treatment facility. It does not apply to mobile units or offices where the practice of dentistry consists only of oral pathology, oral and maxillofacial radiology, oral and maxillofacial surgery, orthodontics, periodontics, or prosthodontics.

Why are these standards necessary?

When dentists remove old amalgam fillings from cavities or place a new filling, mercury in the form of dental amalgam enters the wastewater of the dental office. Mercury from waste amalgam can make its way into the environment from the treatment plant through the land application of sludge or through surface water discharge to the Sacramento River. Mercury is a potent neurotoxin that can have a wide range of health effects. Once released into the aquatic environment, certain bacteria can change mercury into methylmercury, a highly toxic form of mercury that bioaccumulates in fish and shellfish. Eating fish and shellfish is the main source of people's exposure to methylmercury in the U.S.

Questions? Contact us at (916) 876-4141 or amalgamrecovery@sacsewer.com.

More Information & Compliance Forms: www.amalgamrecovery.com

EPA's Dental Effluent Guidelines: www.epa.gov/eg/dental-effluent-guidelines

If you are outside Regional San's service area, call your municipal sewage treatment agency.



This message is brought to you by the Sacramento Regional County Sanitation District (Regional San), which owns and operates the regional wastewater conveyance system and the Sacramento Regional Wastewater Treatment Plant, serving residential, industrial, and commercial customers throughout unincorporated Sacramento County; the cities of Citrus Heights, Elk Grove, Folsom, Rancho Cordova, Sacramento, and West Sacramento; and the communities of Courtland and Walnut Grove.

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Crossword Puzzle on Page 9

M	I	A	M	I	N	F	L	G	A	S	H
A	L	I	A	S	A	R	E	P	O	R	T
C	I	R	C	A	M	O	A	I	B	E	A
H	A	Y	R	I	D	E	F	O	L	I	A
					O	A	R	B	Y	T	E
C	O	S	H	I	Y	A	T	U	M	B	L
R	U	E	S	N	E	T	P	A	E	A	N
I	N	D	Y	K	A	S	H	A	Z	E	T
S	C	A	N	S	S	M	O	G	E	C	H
P	E	N	C	I	L	A	U	L	D	H	I
					L	E	A	N	O	R	B
P	U	M	P	K	I	N	S	W	E	A	T
A	G	I	L	E	G	U	T	D	R	A	P
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Sudoku Puzzle on Page 9

7	3	6	1	8	2	9	5	4
1	2	5	9	6	4	7	8	3
4	9	8	7	3	5	1	6	2
2	8	9	5	1	3	4	7	6
6	5	4	8	2	7	3	1	9
3	1	7	4	9	6	8	2	5
5	7	3	2	4	8	6	9	1
8	6	1	3	5	9	2	4	7
9	4	2	6	7	1	5	3	8

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Name(s) "Modern Wellness, Inc" at 5861 88th Street
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Publish: September 1, 8, 15, and 22, 2017
MODERN 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06397 Alma Stewart, 6725 Quana Way
Orangevale, CA 95662 is doing business under the
Fictitious Business Name(s) "Sherwood Florist" at 10239
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Publish: September 1, 8, 15, and 22, 2017
SHERWOOD 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06531 Damon Jones, 1208 58th Street
Sacramento, CA 95819 is doing business under the
Fictitious Business Name(s) "Jones Painting & Decor"
at 1208 58th Street Sacramento, CA 95819. Filed with
the Clerk of Sacramento County August 28, 2017.
Publish: September 1, 8, 15, and 22, 2017
JONESY 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06391 Vision Built Inc, 4538 Auburn
Boulevard Suite B Sacramento, CA 95841 is doing
business under the Fictitious Business Name(s) "Vision
Built, Sacramento Construction and Electrical" at 4538
Auburn Boulevard Suite B Sacramento, CA 95841. Filed
with the Clerk of Sacramento County August 14, 2017.
Publish: September 1, 8, 15, and 22, 2017
VISION 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06587 Victor Lu and Mabel Chou-Lu,
9063 High Flight Court Fair Oaks, CA 95628
is doing business under the Fictitious Business
Name(s) "Lynwood Apartments" at 3355-3365
Edison Avenue Sacramento, CA 95821. Filed with
the Clerk of Sacramento County August 22, 2017.
Publish: September 1, 8, 15, and 22, 2017
LYNWOOD 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06589 Victor Lu and Mabel Chou-Lu,
9063 High Flight Court Fair Oaks, CA 95628
is doing business under the Fictitious Business
Name(s) "Castle Rock Apartments" at 5308-5318
Castle Street Fair Oaks, CA 95628. Filed with the
Clerk of Sacramento County August 22, 2017.
Publish: September 1, 8, 15, and 22, 2017
CASTLE 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06575 Debbie Poon, 10144 Equestrian
Drive Elk Grove, CA 95624 is doing business under
the Fictitious Business Name(s) "Kajin Trading Company"
at 10144 Equestrian Drive Elk Grove, CA 95624. Filed
with the Clerk of Sacramento County August 11, 2017.
Publish: September 1, 8, 15, and 22, 2017
KAJIN 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06347 Proflif Software Inc, 8585
SW Cascade Avenue Suite 200 Beaverton, OR
97008 is doing business under the Fictitious
Business Name(s) "Proflif" at 8585 SW Cascade
Avenue Suite 200 Beaverton, OR 97008. Filed with
the Clerk of Sacramento County August 10, 2017.
Publish: September 1, 8, 15, and 22, 2017
PROFLIFQ 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06432 Hung Nguyen, 4429 Winje
Drive Antelope, CA 95843 is doing business under
the Fictitious Business Name(s) "TM Noodle" at 4110
Manzanita Avenue Carmichael, CA 95608. Filed with
the Clerk of Sacramento County August 14, 2017.
Publish: September 1, 8, 15, and 22, 2017
TM 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06563 Matthew John Sandoval,
908 1/2 Natoma Street Folsom, CA 95630 is
doing business under the Fictitious Business
Name(s) "W6 Manufacturing" at 908 1/2 Natoma
Street Folsom, CA 95630. Filed with the Clerk of
Sacramento County August 21, 2017.
Publish: September 1, 8, 15, and 22, 2017
W6 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06462 Ralph Madrid, 800 Sacramento
Avenue #305 West Sacramento, CA 95605 is doing
business under the Fictitious Business Name(s)
"Sacred Wave Studio" at 2109 Alhambra Boulevard
Suite 2104 Sacramento, CA 95817. Filed with the
Clerk of Sacramento County August 16, 2017.
Publish: September 1, 8, 15, and 22, 2017
SACRED 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06370 Calstate Management Group Inc,
218 Marsh Hawk Drive Folsom, CA 95630 is
doing business under the Fictitious Business Name(s)
"EEECON, CMG, CALSTATE, SHREDCAL" at 218
Marsh Hawk Drive Folsom, CA 95630. Filed with
the Clerk of Sacramento County August 11, 2017.
Publish: September 1, 8, 15, and 22, 2017
EEECON 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06436 Autopeople LLC, 3300 Auburn
Boulevard Suite 15A Sacramento, CA 95821 is doing
business under the Fictitious Business Name(s)
"Autopeople LLC" at 3300 Auburn Boulevard
Suite 15A Sacramento, CA 95821. Filed with the
Clerk of Sacramento County August 15, 2017.
Publish: September 1, 8, 15, and 22, 2017
AUTOPEOPLE 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06640 Marketing One, LLC, 7661
Windbridge Drive Sacramento, CA 95831 is
doing business under the Fictitious Business
Name(s) "Sunrise Marketing" at 7661 Windbridge
Drive Sacramento, CA 95831. Filed with the
Clerk of Sacramento County August 23, 2017.
Publish: September 1, 8, 15, and 22, 2017
SUNRISE 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06619 Dong Dong Xu, 637
Shockley Road Auburn, CA 95603 is doing business
under the Fictitious Business Name(s) "Hai Tao
Massage Therapy" at 6130 Fair Oaks Boulevard
Suite C Carmichael, CA 95608. Filed with the
Clerk of Sacramento County August 23, 2017.
Publish: September 1, 8, 15, and 22, 2017
LESLE 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06524 Leslie K. Brewer, 7346 Branbury
Way Sacramento, CA 95828 is doing business under
the Fictitious Business Name(s) "Leslie's Errand Services"
at 7346 Branbury Way Sacramento, CA 95828. Filed
with the Clerk of Sacramento County August 18, 2017.
Publish: September 1, 8, 15, and 22, 2017
LESLE 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06659 Alexis Hernandez, 2911
Tilley #37 Sacramento, CA 95827 is doing
business under the Fictitious Business Name(s)
"City of Trees Auto" at 7606 Folsom Boulevard
Suite 101 Sacramento, CA 95828. Filed with the
Clerk of Sacramento County August 24, 2017.
Publish: September 1, 8, 15, and 22, 2017
CITY 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06595 Michael Palmer, 4400
Pennsylvania Avenue Fair Oaks, CA 95628 is
doing business under the Fictitious Business
Name(s) "Gold River Auto Care" at 11199 Coloma
Road Gold River, CA 95670. Filed with the
Clerk of Sacramento County August 22, 2017.
Publish: September 1, 8, 15, and 22, 2017
GOLD 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06234 Ravi Kumaraswamy, 920
E Arques Avenue Sunnyvale, CA 94085 is
doing business under the Fictitious Business
Name(s) "Ananda Bhavan, Sri Ananda Bhavan,
Sri Anandabhavan, Anand Bhavan, Adyar Ananda
Bhavan, Adyarandabhavan, Adyar Ananda
Bhavan, Adyar Anandabhavan, Anandabhavan"
at 1167 Riley Street Folsom, CA 95630. Filed with
the Clerk of Sacramento County August 4, 2017.
Publish: September 1, 8, 15, and 22, 2017
ANANDA 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06665 Mohamed H. and Lois J.
Damra, 3400 Richmond Parkway #4112 Richmond,
CA 94806 and Khalid Khalil Flamah and Hanan
Ramah, 17331 Regency Circle Riverside, CA 92503
are doing business under the Fictitious Business
Name(s) "Coloma Gas & Food" at 10670 Coloma
Road Rancho Cordova, CA 95670. Filed with the
Clerk of Sacramento County August 25, 2017.
Publish: September 1, 8, 15, and 22, 2017
COLOMA 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06670 Mohammad Aljasm, 6812
Black Duck Way Sacramento, CA 95842 is doing
business under the Fictitious Business Name(s)
"My Laundry" at 10487 Folsom Boulevard Suite
AC Rancho Cordova, CA 95670. Filed with the
Clerk of Sacramento County August 25, 2017.
Publish: September 1, 8, 15, and 22, 2017
LAUNDRY 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06689 Demetria Marsha Adams,
7633 Wayans Way Elk Grove, CA 95757 is doing
business under the Fictitious Business Name(s)
"Retro Really, Retro Real Estate" at 9245 Laguna
Springs Drive Suite 200 Elk Grove, CA 95758. Filed
with the Clerk of Sacramento County August 25, 2017.
Publish: September 1, 8, 15, and 22, 2017
RETRO 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06378 Lavender Library Archives and
Cultural Exchange of Sacramento Inc, 1414 21st Street
Sacramento, CA 95811 is doing business under the
Fictitious Business Name(s) "Lavender Library, LLC"
at 1414 21st Street Sacramento, CA 95811. Filed with
the Clerk of Sacramento County August 11, 2017.
Publish: September 1, 8, 15, and 22, 2017
LAVENDER 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06095 Lyndsay and Mark Matus,
11750 Bagota Way Rancho Cordova, CA 95742
are doing business under the Fictitious Business
Name(s) "On Point Body" at 3054 Sunrise Boulevard
Suite G Rancho Cordova, CA 95742. Filed with
the Clerk of Sacramento County August 2, 2017.
Publish: September 1, 8, 15, and 22, 2017
ON 170810 9-22-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06752 Jared Gleason, 1482 34th
Street Sacramento, CA 95816 is doing business under
the Fictitious Business Name(s) "Constant Courier"
at 1482 34th Street Sacramento, CA 95816. Filed with
the Clerk of Sacramento County August 29, 2017.
Publish: September 8, 15, 22, and 29, 2017
CONSTANT 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06626 Geoff Wharton, 4634
Cameron Ranch Drive Carmichael, CA 95608 is
doing business under the Fictitious Business
Name(s) "Dragonfly Lawn Service" at 4634 Cameron
Ranch Drive Carmichael, CA 95608. Filed with
the Clerk of Sacramento County August 23, 2017.
Publish: September 8, 15, 22, and 29, 2017
DRAGONFLY 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06739 Sandeep Ahluwalia, 1014 10th
Street Sacramento, CA 95814 is doing business under
the Fictitious Business Name(s) "Cowo Campus, Cowo"
at 1014 10th Street Sacramento, CA 95814. Filed with
the Clerk of Sacramento County August 29, 2017.
Publish: September 8, 15, 22, and 29, 2017
COWO 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06502 Sabre Hawk, LLC, 2706
Mercantile Rancho Cordova, CA 95742 is doing
business under the Fictitious Business Name(s)
"Detoxination Wellness Centers" at 2706 Mercantile
Rancho Cordova, CA 95742. Filed with the
Clerk of Sacramento County August 17, 2017.
Publish: September 8, 15, 22, and 29, 2017
DETOX 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06721 Randal Rooney, 7344
Filbert Avenue Orangevale, CA 95662 is doing
business under the Fictitious Business Name(s)
"Pro-Crete Custom Concrete Design" at 7344
Filbert Avenue Orangevale, CA 95662. Filed with
the Clerk of Sacramento County August 28, 2017.
Publish: September 8, 15, 22, and 29, 2017
PRO 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06705 Caitlyn Tweedy, 5920
Kenneth Avenue Fair Oaks, CA 95628 and Pamela
Willower, 1125 Los Robles Boulevard Sacramento,
CA 95838 are doing business under the Fictitious
Business Name(s) "Real Brand Marketing" at 5920
Kenneth Avenue Fair Oaks, CA 95628. Filed with
the Clerk of Sacramento County August 28, 2017.
Publish: September 8, 15, 22, and 29, 2017
REAL 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06631 Jamie J. Chae, 2807 Macon
Drive Sacramento, CA 95835 is doing business under
the Fictitious Business Name(s) "Doice Floral Design"
at 2807 Macon Drive Sacramento, CA 95835. Filed
with the Clerk of Sacramento County August 23, 2017.
Publish: September 8, 15, 22, and 29, 2017
DOLCE 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06785 Nancy Clayton, 6700
Greenleaf Drive Citrus Heights, CA 95621 is doing
business under the Fictitious Business Name(s)
"Your Balanced Bookkeeper" at 6700 Greenleaf
Drive Citrus Heights, CA 95621. Filed with the
Clerk of Sacramento County August 30, 2017.
Publish: September 8, 15, 22, and 29, 2017
BOOKKEEPER 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06535 Zopa Realty Group Inc, 2277
Fair Oaks Boulevard #195 Sacramento, CA 95825 is
doing business under the Fictitious Business Name(s)
"IncomeProps.com, IncomeProps, Income Props"
at 6316 Westbrook Drive Citrus Heights, CA 95621. Filed
with the Clerk of Sacramento County August 18, 2017.
Publish: September 8, 15, 22, and 29, 2017
INCOMEPROPS 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06584 Hyun Mi Lee and Jong Man
Yi, 4400 Malena Way Rancho Cordova, CA 95742
is doing business under the Fictitious Business
Name(s) "Park Place Cleaners" at 7238 Murieta
Drive A-7 Rancho Cordova, CA 95683. Filed with
the Clerk of Sacramento County August 22, 2017.
Publish: September 8, 15, 22, and 29, 2017
PARK 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06609 Cantrell Turf Equipment,
3306 Orange Grove Avenue North Highlands,
CA 95660 is doing business under the Fictitious
Business Name(s) "CTE Plus" at 3306 Orange
Grove Avenue North Highlands, CA 95660. Filed with
the Clerk of Sacramento County August 22, 2017.
Publish: September 8, 15, 22, and 29, 2017
CTE 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06730 Xuan Nguyen, 9813 Allen Ranch
Way Elk Grove, CA 95757 is doing business under
the Fictitious Business Name(s) "Studio 8 Salon" at 8324
Elk Grove Florin Road #B Elk Grove, CA 95629. Filed
with the Clerk of Sacramento County August 28, 2017.
Publish: September 8, 15, 22, and 29, 2017
STUDIO 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06763 Apex Lab LLC, 6370 W.
Flamingo Road Suite 12 Unit 539 Las Vegas, NV
89103 is doing business under the Fictitious Business
Name(s) "Apex Technologies" at 6151 Fair Oaks
Boulevard #108 Carmichael, CA 95608. Filed with
the Clerk of Sacramento County August 29, 2017.
APEX 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06522 Jaclynn Peterson, 8604
La Paenda Way Orangevale, CA 95662 is doing
business under the Fictitious Business Name(s)
"Paw & Order Dog Training" at 8604 La Paenda
Way Orangevale, CA 95662. Filed with the
Clerk of Sacramento County August 18, 2017.
Publish: September 8, 15, 22, and 29, 2017
PAW 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06730 Xuan Nguyen, 9813 Allen Ranch
Way Elk Grove, CA 95757 is doing business under
the Fictitious Business Name(s) "Studio 8 Salon" at 8324
Elk Grove Florin Road #B Elk Grove, CA 95629. Filed
with the Clerk of Sacramento County August 28, 2017.
Publish: September 8, 15, 22, and 29, 2017
STUDIO 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06573 Raynell Davis Walker, 3100
Jersey Way #2 Sacramento, CA 95821 and Jonathan
Eron Walker, 3100 Jersey Way #15 Sacramento,
CA 95821 are doing business under the Fictitious
Business Name(s) "The Perfect Arrangement" at 3100
Jersey Way #2 Sacramento, CA 95821. Filed with
the Clerk of Sacramento County August 22, 2017.
Publish: September 8, 15, 22, and 29, 2017
PERFECT 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06788 Truxel Papa Murphy's, 4920
Trouville Lane Sacramento, CA 95833 is doing
business under the Fictitious Business Name(s)
"Papa Murphy's Pizza CA #081" at 3291 Truxel
Road Suite 29 Sacramento, CA 95833. Filed with
the Clerk of Sacramento County August 30, 2017.
Publish: September 8, 15, 22, and 29, 2017
PAPA 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06668 Dmytro Herman, 3911
Santa Fe Way North Highlands, CA 95660 is
doing business under the Fictitious Business
Name(s) "Pro Line Construction" at 3911 Santa
Fe Way North Highlands, CA 95660. Filed with
the Clerk of Sacramento County August 25, 2017.
Publish: September 8, 15, 22, and 29, 2017
PRO 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06701 Qilian Xu, 16022 Via Media
San Lorenzo, CA 94580 is doing business under the
Fictitious Business Name(s) "Villa Fat Cuisine" at 440
Elkhorn Boulevard Suite 5 Rio Linda, CA 95673. Filed
with the Clerk of Sacramento County August 28, 2017.
Publish: September 8, 15, 22, and 29, 2017
VILLA 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06790 Paise Corporation, 12501 Short
Horn Road Wilton, CA 95693 is doing business under
the Fictitious Business Name(s) "Appliance Geek"
at 12501 Shorthorn Road Wilton, CA 95693. Filed with
the Clerk of Sacramento County August 30, 2017.
Publish: September 8, 15, 22, and 29, 2017
APPLIANCE 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06841 Inira Proshak, 1105 Fulton
Avenue Sacramento, CA 95825 is doing business
under the Fictitious Business Name(s) "RCF-Advisors"
at 1105 Fulton Avenue Sacramento, CA 95825. Filed
with the Clerk of Sacramento County August 2, 2017.
Publish: September 8, 15, 22, and 29, 2017
MOMMY 170810 9-29-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06647 M & C Veterinary Corp,
4917 T Street Sacramento, CA 95819 is doing
business under the Fictitious Business Name(s) "East
Sacramento Veterinary Care, East Sac Vet Care,
ESVC" at 4917 T Street Sacramento, CA 95819. Filed
with the Clerk of Sacramento County August 23, 2017.
Publish: September 15, 22, 29, and October 6, 2017
EAST 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06826 Ana R. Hernandez,
3200 Lori Court Roseville, CA 95747 is doing
business under the Fictitious Business Name(s)
"Contents Recovery Solutions" at 4790 Dewey
Drive #1 Fair Oaks, CA 95628. Filed with the
Clerk of Sacramento County August 31, 2017.
Publish: September 15, 22, 29, and October 6, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06824 Brah, LLC, 180 Promenade
Circle Suite 300 Sacramento, CA 95834 is doing
business under the Fictitious Business Name(s)
"Infinite Goods" at 180 Promenade Circle Suite
300 Sacramento, CA 95834. Filed with the
Clerk of Sacramento County August 31, 2017.
Publish: September 15, 22, 29, and October 6, 2017
INFINITE 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06915 Clear Book LLC, 412 N
Main Street Suite 100 Buffalo, WY 82834 is doing
business under the Fictitious Business Name(s)
"Precision Collision Auto Body" at 5320 Buena
Vista Ave #3 Fair Oaks, CA 95628. Filed with the
Clerk of Sacramento County September 5, 2017.
Publish: September 15, 22, 29, and October 6, 2017
PRECISION 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06871 Jessica Lora, 280
Aldeburgh Circle Sacramento, CA 95834 is doing
business under the Fictitious Business Name(s)
"Brighten Up Event Lighting" at 280 Aldeburgh
Circle Sacramento, CA 95834. Filed with the
Clerk of Sacramento County September 1, 2017.
Publish: September 15, 22, 29, and October 6, 2017
BRIGHTEN 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06899 Saulo Hernandez Rosas,
2407 Larkspur Lane #194 Sacramento, CA 95825
is doing business under the Fictitious Business
Name(s) "La Casa Del Artillero" at 6661 Florin
Road Sacramento, CA 95828. Filed with the
Clerk of Sacramento County September 5, 2017.
Publish: September 15, 22, 29, and October 6, 2017
LACASA 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06853 Ashley Megan Fisher and
Andrew Mark Fisher, 8011 Stutz Court Sacramento,
CA 95828 is doing business under the Fictitious
Business Name(s) "Vineyard Pet Services" at 8011
Stutz Court Sacramento, CA 95828. Filed with
the Clerk of Sacramento County August 31, 2017.
Publish: September 15, 22, 29, and October 6, 2017
VINEYARD 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06894 Rodriguez MD, Inc, 4800
Manzanita Avenue Suite C-2 Carmichael, CA 95608
is doing business under the Fictitious Business
Name(s) "Avila Clinical" at 4800 Manzanita Avenue
Suite C-2 Carmichael, CA 95608. Filed with the
Clerk of Sacramento County September 6, 2017.
Publish: September 15, 22, 29, and October 6, 2017
AVILA 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06987 Kalpana Ahmed, 2300
Iron Point Road Apt 111 Folsom, CA 95630 is
doing business under the Fictitious Business
Name(s) "Fortius Technologies and
Consulting Services" at 7465 Mission Gorge Road
Suite 106 San Diego, CA 92120. Filed with the
Clerk of Sacramento County August 10, 2017.
Publish: September 15, 22, 29, and October 6, 2017
FORTIUS 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06335 Brandon Villalobos, 7353
Sidney Drive Citrus Heights, CA 95610 is doing
business under the Fictitious Business Name(s)
"Clear Water Pool Services" at 7353 Sidney
Drive Citrus Heights, CA 95610. Filed with the
Clerk of Sacramento County July 14, 2017.
Publish: September 15, 22, 29, and October 6, 2017
CLEAR 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06947 Fred Services, LLC, 5801
Power Inn Road Suite D Sacramento, CA 95831
is doing business under the Fictitious Business
Name(s) "Yogurt Monkey" at 2095 Golden Centre
Lane #20 Rancho Cordova, CA 95670. Filed with
the Clerk of Sacramento County September 6, 2017.
Publish: September 15, 22, 29, and October 6, 2017
YOGURT 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06987 Kalpana Ahmed, 2300
Iron Point Road Apt 111 Folsom, CA 95630 is
doing business under the Fictitious Business
Name(s) "Make U Divine" at 1300 E. Bidwell
Street Suite 140 Folsom, CA 95632. Filed with the
Clerk of Sacramento County September 7, 2017.
Publish: September 15, 22, 29, and October 6, 2017
DIVINE 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06338 Aroight Investments LLC,
7465 Mission Gorge Road Suite 106 San Diego,
CA 92120 is doing business under the Fictitious
Business Name(s) "Fortius Technologies and
Consulting Services" at 7465 Mission Gorge Road
Suite 106 San Diego, CA 92120. Filed with the
Clerk of Sacramento County August 10, 2017.
Publish: September 15, 22, 29, and October 6, 2017
FORTIUS 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06718 Jason Cavilier, 7133 Carana
Way Citrus Heights, CA 95621 is doing business under
the Fictitious Business Name(s) "All About A Check Co."
at 7133 Carana Way Citrus Heights, CA 95621. Filed
with the Clerk of Sacramento County August 28, 2017.
Publish: September 15, 22, 29, and October 6, 2017
ALL 170810 10-6-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-06979 Jelani M. Zuberi, 1400 Sundance
Drive Plumas Lake, CA 95961 and Teaira Harris,
1821 Helena Ave #8 Sacramento, CA 95815 is doing
business under the Fictitious Business Name(s) "Axis
Barbershop, State Barber Training" at 2850 Northgate
Boulevard #3 Sacramento

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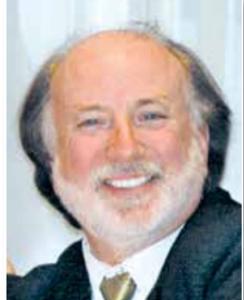
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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00217080

WHEREAS Astrid Sugaidy Lopez Gramajo has filed a petition with this court for a decree changing the name(s) of Astrid Sugaidy Lopez Gramajo to Astrid Pinzon.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 14, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 9, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 1, 8, 15, and 22, 2017
 PINZON 170705 9-22-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00217522

WHEREAS Rose Anne Parentela Milanes has filed a petition with this court for a decree changing the name(s) of Rose Anne Parentela Milanes to Roseanne Parentela Milanes.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 27, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 17, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 1, 8, 15, and 22, 2017
 MILANES 170705 9-22-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00217390

WHEREAS Svetlana Besliu and Vasile Besliu individually and on behalf of Nicolae Besliu, a minor have filed a petition with this court for a decree changing the name(s) of Svetlana Besliu to Laura Luca, Vasile Besliu to David Luca, and Nicolae Besliu to Nick Luca.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 21, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 15, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 1, 8, 15, and 22, 2017
 BESLIU 170705 9-22-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00217763

WHEREAS Anh Thi Nguyen has filed a petition with this court for a decree changing the name(s) of Anh Thi Nguyen to Anh Ngoc Nguyen.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 30, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 17, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 1, 8, 15, and 22, 2017
 NGUYEN 170705 9-22-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00211641

WHEREAS Andre Murphy has filed a petition with this court for a decree changing the name(s) of Andre Murphy to Geronimo Musa Bey.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 8, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 31, 2017
 David I. Brown, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 BEY 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218221

WHEREAS Michael Eduardo Belancourt has filed a petition with this court for a decree changing the name(s) of Michael Eduardo Belancourt to Phoenix Rose Belancourt.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 7, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 30, 2017
 David I. Brown, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 BETANCOURT 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218229

WHEREAS Barri Lynn Gilbert has filed a petition with this court for a decree changing the name(s) of Barri Lynn Gilbert to Barri Lynn Freeman-Gilbert.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 7, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 30, 2017
 David I. Brown, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 GILBERT 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218100

WHEREAS Richard Custer and Shelly Bronke have filed a petition with this court for a decree changing the name(s) of Christopher Joseph Bronke-Custer to Christopher Joseph Custer.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 6, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 29, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 CUSTER 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218247

WHEREAS Meryem Boudia, on behalf of Yaseen Quail Idrissi has filed a petition with this court for a decree changing the name(s) of Yaseen Quail Idrissi to Yaseen Quail Idrissi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 7, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 30, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 IDRISSE 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218348

WHEREAS Ava Katherine Reiner has filed a petition with this court for a decree changing the name(s) of Ava Katherine Reiner to Ava Katherine Reimer-Leith.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 11, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 1, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 REINER 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218669

WHEREAS Tonja Xie Yuan En Gillen has filed a petition with this court for a decree changing the name(s) of Tonja Xie Yuan En Gillen to Tonja Jenae Gillen.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 8, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 31, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 8, 15, 22, and 29, 2017
 GILLEN 170705 9-29-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218669

WHEREAS Michelle Kathleen Witten has filed a petition with this court for a decree changing the name(s) of Maria Rosa Aldrete to Maria Rosa Witten.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 14, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 7, 2017
 David I. Brown, Judge of the Superior Court
 Publish: September 15, 22, 29, and October 6, 2017
 WITTEN 170705 10-6-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00217960

WHEREAS Aubrey Renee White has filed a petition with this court for a decree changing the name(s) of Aubrey Renee White to Aubrey Renee Silva.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 5, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 25, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 15, 22, 29, and October 6, 2017
 SILVA 170705 10-6-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00218547

WHEREAS Mohammad Hadi and FNU Rujia have filed a petition with this court for a decree changing the name(s) of Mohammad Hadi to Mohammad Hadi Faizi, and FNU Rujia to Rujia Faizi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 13, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 6, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 15, 22, 29, and October 6, 2017
 FAIZI 170705 10-6-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00215288

WHEREAS Michelle Pamela Marks has filed a petition with this court for a decree changing the name(s) of Michelle Pamela Marks to Michelle Pamela Adams.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 13, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 11, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: September 15, 22, 29, and October 6, 2017
 MARKS 170705 10-6-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00210744

WHEREAS FNU Sulaiman has filed a petition with this court for a decree changing the name(s) of FNU Sulaiman to Sulaiman Malyar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 20, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 18, 2017
 David I. Brown, Judge of the Superior Court
 Publish: September 22, 29, October 6, and 13, 2017
 MALYAR 170705 10-13-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00217905

WHEREAS Candice Smiles on behalf of Aiden Nichols, a minor has filed a petition with this court for a decree changing the name(s) of Aiden Joseph Nichols to Aiden Joseph Locke.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 23, 2017
 David I. Brown, Judge of the Superior Court
 Publish: September 22, 29, October 6, and 13, 2017
 LOCKE 170705 10-13-17

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF PHILIP C. KENNEY
 CASE No. 34-2017-00218126

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Philip C. Kenney, Philip Craig Kenney. A Petition for Probate has been filed by Kerry Kenney in the Superior Court of California, County of Sacramento, requesting that Kerry Kenney, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor

to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows November 1, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: John P. McGrath 1940A Tice Valley Boulevard Walnut Creek, CA 94595 925-938-6107 Publish: September 15, 22, and 29, 2017 KENNEY 170622 10-6-17

NOTICE OF PETITION TO ADMINISTER ESTATE OF MAUREEN ANN ANCKNER

CASE No. 34-2017-00218417

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Maureen Ann Anckner. A Petition for Probate has been filed by Thomas Michael Anckner in the Superior Court of California, County of Sacramento, requesting that Thomas Michael Anckner, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows November 30, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Thomas Michael Anckner 12103 Columbine Street Thornton, CO 80241 720-556-8268

Publish: September 15, 22, and 29, 2017 ANCKNER 170622 10-6-17

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONNIE GARY BLOCK

CASE No. 34-2017-00218668

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ronnie Gary Block. A Petition for Probate has been filed by Kathleen J. Connors in the Superior Court of California, County of Sacramento, requesting that Kathleen J. Connors, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows December 14, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Kathleen J. Connors 82 Sunshin Avenue Sequim, WA 98382 817-559-5006 Publish: September 22, 29, and October 6, 2017 CONNORS 170622 10-6-17

LEGAL NOTICE

NOTICE TO CREDITORS IN THE MATTER OF ARLAND CONNER

NOTICE is hereby given that the undersigned is a duly appointed and qualified Trustee of The ARLAND & PEGGY CONNER REVOCABLE LIVING TRUST, DATED SEPTEMBER 18, 2014; ARLAND CONNER, the Grantor of the Trust, died on August 15, 2017.

A creditor having a claim against the Trust estate must file a claim with Kalicki Collier, LLP at 401 Ryland Street, Suite 200, Reno, NV 89502, within ninety (90) days after the first publication of this notice.

DATED this 6 day of September, 2017.

Philip Brown
 ALLIANCE TRUST COMPANY, TRUSTEE

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CLUES

CROSSWORD

ACROSS

- Dolphins' home
- *Sports acronym
- Deep wound
- Spy's cover
- 100 square meters
- "Door," on #35 Across
- Approximate date
- Bygone bird
- Letter-shaped girder
- *Pastoral autumn trip
- "Falling all around
- Galley tool
- Eight bits
- Trigonometry abbr.
- "Hey!"
- weed
- Faubourg Saint-Honoré and Rivoli, e.g.
- Left after deductions
- Hymn of praise
- Hoosier State's capital, for short
- Boiled or baked buckwheat
- Actress Jones
- Hospital's CAT and PET
- Smoke plus fog
- Not counterfeit
- Graphite writer
- "Lang Syne"
- Hasten
- Like hard times
- Scepter's partner
- *Seasonal squash cultivar
- *Fall's the time to pull it out of storage
- Light-footed
- Gastrointestinal tract
- Blind alternative
- "as a whistle"
- Hog heaven
- Come into
- Windshield option
- Golf peg
- Not slouching

DOWN

- 1 jet speed
- Pelvic parts
- Well-ventilated
- Introduction to economics?
- Old Testament prophet
- *Fall's the season that has more than one
- "To" follower?
- Like kale
- Mongolian desert
- Equals pi times square of the radius
- Dateless male
- Part of hemoglobin
- Highway accident
- "Hot apple cider, e.g.
- Giant Hall-of-Famer
- World Series player
- "Like fall air
- Prevention measure
- Four-door
- Those not opposed
- "Corn"
- Plywood raw material
- Delhi policeman's club
- Related on mother's side
6. Update an iPod
- Biblical pronoun
- Like a neon sign
- Smooth and shiny
- Circle of flowers
- Search bottom of river, e.g.
- Ten worry
- More nude
- Molotov-Ribbentrop agreement, e.g.
- Tangerine and grapefruit hybrid
- Dignified manner
- Neighborhood map
- Eye infection
- UK art museum
- Larger-than-life
- Rock opera version of "La Bohème"
- Beehive State native

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Crossword Puzzle Solutions on Page 6

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7	6	1	8	9	4	
			6	4	7	
8			3			
5					1	
		4			2	
				6		
	1	3	5			
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 6

Publish: September 15, 22, and 29, 2017 ANCKNER 170622 10-6-17

NOTICE OF PETITION TO ADMINISTER ESTATE OF RONNIE GARY BLOCK

CASE No. 34-2017-00218668

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ronnie Gary Block. A Petition for Probate has been filed by Kathleen J. Connors in the Superior Court of California, County of Sacramento, requesting that Kathleen J. Connors, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows December 14, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Kathleen J. Connors 82 Sunshin Avenue Sequim, WA 98382 817-559-5006 Publish: September 22, 29, and October 6, 2017 CONNORS 170622 10-6-17

SUMMONS

SUMMONS (Family Law)
 NOTICE TO RESPONDENT (Name):
 Kulwinder Kaur
 Petitioner's Name is: Zail Singh
 CASE NUMBER: 16-FL-04985

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelp.org "http://www.lawhelp.org") or by contacting your local county bar association.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826 The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are: Zail Singh 2055 West El Camino Ave #848 Sacramento, CA 95833 Date: July 28, 2017 Publish: September 1, 8, 15, and 22, 2017 SINGH 170829 09-22-17

Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Kathleen J. Connors 82 Sunshin Avenue Sequim, WA 98382 817-559-5006 Publish: September 22, 29, and October 6, 2017 CONNORS 170622 10-6-17

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Sacramento County DA Reports



Habitual Sex Offender Convicted for Child Sexual Assault

DATE: August 25, 2017
CASE: Lionel Phillip Jacques (Case #16FE001361)
PROSECUTOR: Deputy District Attorney Bruce Chang, Special Assault & Child Abuse Unit
Lionel Phillip Jacques pled no contest to three counts of committing lewd and lascivious acts on a child under 14 years of age. Jacques also admitted to five prior lewd acts upon a child strike convictions and to a habitual sex offender allegation.

In 1986, Jacques was convicted of five child sexual assault charges in San Diego County. In that case, Jacques was a youth minister and victimized a member of his congregation for several years. Starting in 1996, Jacques sexually assaulted male relatives in multiple counties, including Sacramento County. Those assaults were discovered when Jacques dropped a memory (SD) card at his place of employment. When security workers examined the SD card to determine ownership, they found multiple images of child pornography and turned the card over to law enforcement. Detectives with the Sacramento County Sheriff's Department Internet Crimes Against Children Unit searched Jacques' digital devices and found images of Jacques sexually assaulting a victim.

Jacques faces a maximum sentence of 240 years to life in prison. Sentencing is set for September 22, 2017, at 9:00 a.m. in Department 32 before the Honorable Emily Vasquez.

Defendant Convicted for Murder of Disabled Man

DATE: August 29, 2017
CASE: Lurlene Bairfield (Case #17FE007584)
PROSECUTOR: Supervising Deputy District Attorney Kelly Mulcahy, Insurance Fraud Unit
Lurlene Bairfield pled no contest to felony insurance fraud. The Honorable Lawrence Brown sentenced Bairfield to 90 days county jail and 5 years formal probation.

Lurlene Bairfield's husband was an excluded driver on her automobile insurance policy. When her husband had an accident while driving her car, she reported to Anchor General that she was driving. She also lied about how the accident occurred by stating another vehicle cut her off causing the accident. In truth, it was her husband who lost control of the car and crossed over two lanes before crashing into the other car.

As part of her sentence, Bairfield was also ordered to pay restitution in the amount of \$5,597 to Anchor General and \$5,229 to the owners of the other vehicle involved.

Defendant Convicted for Murder of Victim Found Near Airport

DATE: September 1, 2017
CASE: Scot Sequeira (Case #15F07357)
PROSECUTOR: Deputy District Attorney Andrew Solomon

Scot Sequeira was convicted by a jury for the first-degree murder of Matt Caquelin. The jury also found true the allegation that Sequeira personally used and discharged a firearm causing death.

On the morning of November 25, 2015, Matt Caquelin was found deceased in a field south of the airport on West Elverta Road. Mr. Caquelin had been shot four times. Text messages found on his phone eventually led detectives to Scot Sequeira. Witnesses had previously seen Sequeira and Mr. Caquelin together, and a car matching the description of Sequeira's car was observed near the crime scene. During the service of a search warrant at Sequeira's apartment, detectives located a handgun case containing a factory test-fired bullet casing. Testing by the District Attorney's Crime Lab revealed the test-fired casing matched casings located at the scene.

Sequeira faces a maximum sentence of 50 years to life in prison. Sentencing is set for October 27, 2017, at 1:30 p.m. in Department 21 before the Honorable Steve White.

Defendant Convicted for Murder at Chinese New Year Party

DATE: August 30, 2017
CASE: Minhkha Phan (Case #15F00643)
PROSECUTOR: Deputy District Attorney Valerie Brown, Homicide Unit

Minhkha Phan was convicted by a jury for the first-degree murder of Cheng Saeteurn. The jury also found true the allegation that Phan personally used a firearm causing death.

In the early morning of February 20, 2015, a Chinese New Year celebration was taking place at Café Monaco when Minhkha Phan shot Cheng Saeteurn in the chest, back and head. When police arrived, they found Mr. Saeteurn deceased. Only two employees were present, along with the business owner. All of the other witnesses had fled. Sheriff's homicide detectives tracked down a number of other witnesses, but only one provided details that identified Phan as the shooter. When Phan was located and arrested two days later, he was found to be in possession of an unfired bullet. The District Attorney's Crime Lab examined that bullet and found that it had been cycled through the same firearm that was used in the murder.

Phan faces a maximum sentence of 50 years to life in prison. Sentencing is set for September 29, 2017, at 10:00 a.m. in Department 38 before the Honorable Sharon Lueras. ★

BBB Serving Northeast California Celebrates 80th Anniversary

By Danielle Hale, BBB

SACRAMENTO REGION, CA (MPG) - Eighty years ago, Better Business Bureau (BBB) serving Northeast California was founded by a group of business and community leaders to help create a marketplace where buyers and sellers can trust each other.

Over the last eight decades, BBB has helped people make smarter buying decisions by setting standards for ethical business behavior, and monitoring compliance by reporting on over 90,000 businesses in the Northeast California region.

"People are often overwhelmed with information when they go to make a purchase, or hire a business. We believe that in our 80 years we have proven ourselves to be a worthy resource with unbiased and trustworthy information," said Lynn Conner, President & Chief Executive Officer (CEO). "We would especially like to thank the 6,000 local businesses who have chosen to support our efforts and become BBB Accredited Businesses; without you, our mission would be impossible," Conner added.

Better Business Bureau offers its consumer and business

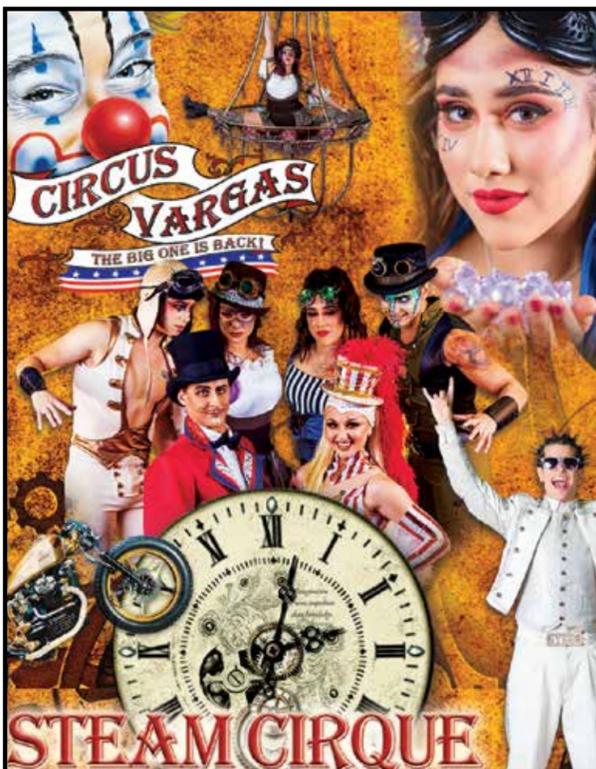
services online, and in person. Some of our services include: Business profiles with BBB rating and Accreditation status; Dispute resolution (otherwise known as complaints); Legally-binding arbitration services; Customer reviews; Scam warnings and alerts; Semi-annual community shred events.

Through our efforts, BBB helps thousands of people each year. In 2016, BBB serving Northeast California mediated over 7,800 disputes, and assisted in the arbitration of 24 cases.

To learn more about your local Better Business Bureau, visit our website at bbb.org/sacramento. ★



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Thurs., Nov. 9

11:30 am to 12:30 pm

East Lawn Elk Grove Memorial Park & Mortuary
9189 E. Stockton Blvd., Elk Grove, CA 95624
To RSVP or More Info: **916.732.2031**

Wed., Sept. 20 (Dinner @ 6:30 pm)
(Spanish & English)

East Lawn Andrews & Greulich Mortuary
3939 Fruitridge Road, Sacramento, CA 95820
To RSVP or More Info: **916.732.2026**

Wed., October 11

11:30 am to 12:30 pm

East Lawn Sierra Hills Memorial Park & East Lawn Mortuary
5757 Greenback Lane, Sacramento, CA 95841
To RSVP or More Info: **916.732.2020**

Thurs., October 12

11:30 am to 12:30 pm

East Lawn Memorial Park & Crematory
4300 Folsom Blvd., Sacramento, CA 95819
To RSVP or More Info: **916.732.2000**

RSVP to the location of your choice

Reservations Required

If you prefer to RSVP via email, log onto our website and go to the seminar registration page.

Please RSVP to the location of your choice. Seating is limited to 30 attendees per seminar.

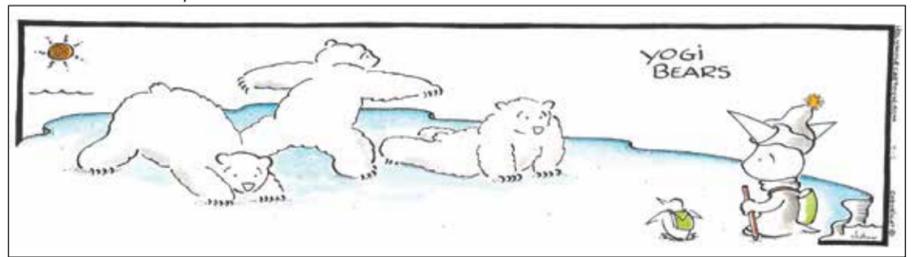


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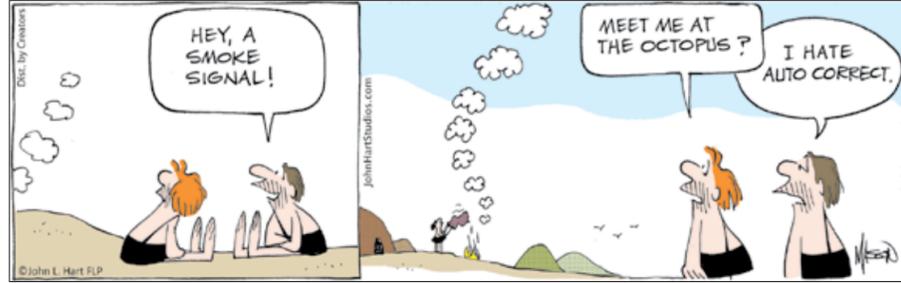
Wizard of Id by Parker, Mastroianni & Hart



Hole Mole by Rick Hotten



BC by Mastroianni & Hart



Cranky Girl by Crystal Jones



Frank and Steinway by Wil Panganiban



Tundra by Chad Carpenter



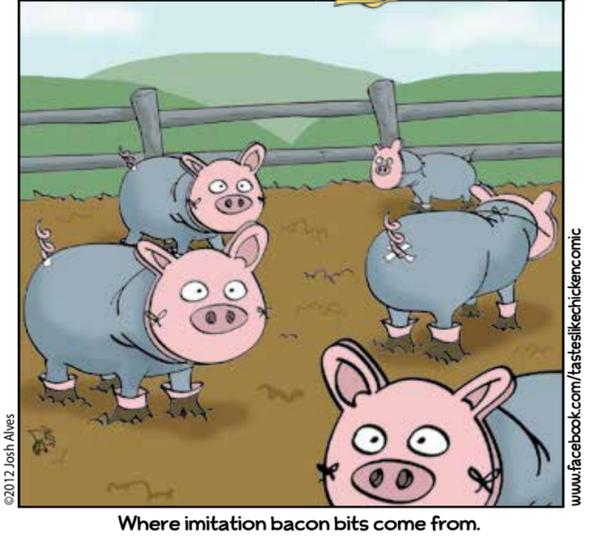
Funday Morning by Brad Diller



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Make It Fun and It Will Get Done! The Secret to Being Organized Pam Young's Corner Get the Feeling First

When you were young, did you try to get answers from daisies by ripping off the petals and saying, "He loves me, he loves me not?" Maiming daisies for answers seems a little cruel but there's another way. Have you ever asked a question and gone to a random book, on a random page for the answer? If you've never done it you don't know what you're missing.

Right now, I'm waiting to hear whether my project is going forward or not. My patience is being tested, because I'm excited to know. So I picked up a book, I've been currently re-reading entitled, *Think and Grow Rich*, which I've had in my library since 1968. I opened the book randomly, to a page and closed my eyes and pointed to a place on one of the pages. This is what it said: *Faith removes limitations! Remember this when you are ready to bargain with Life for whatever it is that you ask as your price for having passed this way.* Without telling you what the news is about, I will say that these words fit perfectly (which is almost always what happens when I do this) with what I'm waiting to hear.

Try this. Ask, "What do I need to read that will help me be happier today?" Then, get out a book from your shelves and randomly open it, and with your eyes shut point to a spot on either page. I just did it with that question in mind, and I randomly picked *Switch*, a book by Chip and Dan Heath (a fabulous book by the way). I already had used the paper covering of this hardback book, as a bookmark, so I decided I'd

go with that place to open the book. I closed my eyes and with my index finger, I pointed to a spot in the upper part of the page on the right. The words my finger was touching were the title of a chapter. *Find the Feeling*. Those words got me excited and elicited joy, because when we desire something, an outcome of any kind, we have the ability to use our imagination to experience the joy we'd feel with the news we want before it actually happens.

I recently listened to an interview Oprah had with Esther Hicks, who can tune into a source of wisdom she calls Abraham. I've been interested in Esther's work since *The Secret* came out years ago. Since I grew up in a metaphysical religion, and studied to be a minister, before I became a writer, I've always known we are more spiritual than physical. In other words, that spiritual part of us we can't see is way bigger than the physical part of us we can see. My life is living proof of my knowing we are spiritual beings having a physical experience.

Abraham says, our emotions are extremely important in attracting what we want in our lives and the fastest way to attract what we want is to practice feeling happy. If you can get the feeling right now, in this moment, that you'd get if the news you want came to you, you'd create the vibe where miracles happen. Every emotion carries a certain vibration. If you're sad you send out a sad, low signal. If you're happy, your signal is strong. If you're afraid, that signal is strong and its frequency is like a shield not allowing your good to come to you. When you are at peace, your heart is open

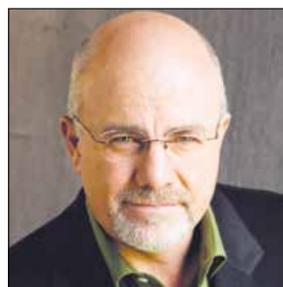
for all the good you can embody.

I wrote in *The Joy of Being Disorganized*:

I am in a peaceful place. All the peace I can experience is mine right now. All I have to do is be open and alert to accept this peace that is mine. I'm no longer going to fight my disorder, instead I'm going to use my wonderful imagination to lead me to make this room a peaceful and inviting center for me. I'm going to be steadfast in refusing to listen to negative thoughts, especially from myself and from others who sabotage this promise of peace I've made. I declare that peace will grace this room with its soothing presence from now on. In this moment, my peace rushes to me, enough to share with my family, my community, and my world. I am a peacemaker and a peacekeeper, and I'm not alone in my quest to put peace into this room. My Creator is always mighty in the midst of me. I love who I am, and I'm going to do this for me and in my way. My way is the only way for me. My peace can never be denied me because my source of peace comes from God, the indwelling essence of my life.

Thank you for reading my column, I hope it lifted your spirit.
Love,
Pam

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon. ★



Dave Says

I'm talking about sticking to a tight budget, living on rice and beans, and selling so much stuff around the house those kids think they're next!

After that, you'll have to throw every dime you can into building an emergency fund of three to six months of expenses. And after that, you'll have to spend 10 years going crazy saving for retirement by pouring about \$12,000 a year into good mutual funds.

Can you do that and win, and by "win" I mean retire with some dignity? Yes, you can. But it's not doable if you've got \$37,000 in debt hanging around your neck!

—Dave

No retirement cash at 58

Dear Dave,

I'm 58 years old and have nothing set aside for retirement. My wife and I are on Baby Step 2 of your plan and paying off debt. We have \$37,000 in debt not counting our home, and five kids still at home. We have a household income of \$73,000 a year, and were wondering if we should go ahead and start Baby Step 4, investing for retirement, instead of paying off the debt.

—Dan

Dear Dan,

Your most powerful wealth-building tool, both mathematically and factually, is your income. The most powerful way to build wealth — whether it's playing catch-up at 58 or starting at 28 and becoming wealthy over the long haul — is to have your income available. That means it's not flying out the door every month to make debt payments.

Fifty-eight is not old, but you do have to get busy if you want to retire with dignity. I'd really lean into this debt and make it disappear in the next 18 months.

We can afford it on a 30-year mortgage

Dear Dave,

My husband and I have been saving, and we're ready to buy our first home. We found a place we both love and can afford if we do a 30-year mortgage instead of a 15-year mortgage. Should we wait and save more for a down payment so we can afford a 15-year mortgage, or go ahead and do the 30-year deal?ng. How can we handle this?

—Faith

Dear Faith,

Good financial decisions can

be defined as things that help you win with money over the long-term. Thirty-year mortgages are a trap. They don't help you build wealth, and they keep you in debt. On the other hand, 15-year mortgages get you out of debt a lot faster, and being out of debt frees up your largest wealth-building tool — your income.

I would never take out a home loan where the payments are more than a fourth of your monthly take-home pay on a 15-year, fixed-rate mortgage. My advice is to either wait and save more money, or maybe look for a less expensive home in a different area.

I know you want a home, Faith. There's nothing wrong with wanting your own house. But I don't want your home to have you. When you get house fever, it's easy to lock yourself into a bad deal that will follow you around and drain your wallet for decades!—Dave

Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including *The Total Money Makeover*. The *Dave Ramsey Show* is heard by more than 12 million listeners each week on 575 radio stations and multiple digital platforms. Follow Dave on the web at daveramsey.com and on Twitter at @DaveRamsey. ★

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WIDOWED PERSONS ASSOCIATION OF CALIFORNIA

The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

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In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18

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IBP Pork Leg Meat Carne de Cerdo \$1.79/lb	IBP Pork Spare Ribs Small Size Costillas de Cerdo \$1.99/lb	IBP Pork Neck Bones Huesos de cuello de Cerdo 99¢/lb

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SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Medium Sweet Potatoes 2lbs/\$1	Jumbo Yellow Onions 3lbs/\$1	Celery Sleeved 3/\$2	Red Radish Bunch 3/\$1	Lemons 3/\$1	Gala Apples 99¢
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FROZEN DEPARTMENT

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Baba's Kosciuszko Garlic Sausage 3.99	Baba's Jumbo Pork Frankfurters 3.99
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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO BARGAIN PRICES EFFECTIVE SEPTEMBER 20 - SEPTEMBER 24, 2017. *RECALLED ITEMS ADVISORY. The following items have been recalled due to Proprietary #5 guidelines: Mighty Diagonal Cutter (MFG: Nam Yang), Picnic Pail (MFG: Dan Co.) and Happy Animal Tumbler (MFG: Adena Glass). Please return these items to the store to receive a full refund.

KP INTERNATIONAL MARKET PRESENTS

ROCKING BLUES

SEPT/2017 6 PM TO 8 PM

30

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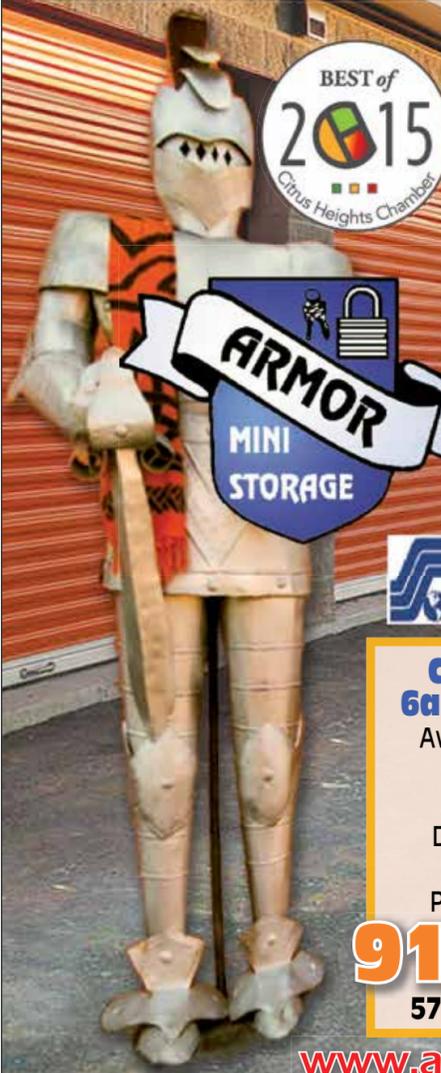
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Rancho Cordova, CA
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SAT 9-7, SUN 10-7
Effective 9/20/17 - 9/26/17



COUPON
1 FREE PEDIGREE DOG FOOD
22 Oz Tin All Varieties
With Any Purchase of Pet, Fish Food, or Supply PLU 321
Limit: 1 Coupon Per Family CT
Effective 9/20/17 - 9/26/17

COUPON
\$1.50 OFF ANY PURCHASE OF PET OR FISH SUPPLY
(Excluding Pet Food or Litter)
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324
Limit: 1 Coupon Per Family CT
Effective 9/20/17 - 9/26/17

AVODERM NATURAL DRY DOG FOOD
24-26 Lb Bag Limit 2 Bags Per Family
•Lamb Meal & Rice **\$31.99**
•Chicken Meal & Rice... **\$33.99**
•Lite •Original
•Large Breed Adult... **\$33.99**
Effective 9/20/17 - 9/26/17

DIAMOND NATURALS DRY DOG FOOD
40 Lb Bag
•Chicken •Lamb •Beef •Large Breed
•Senior 35 Lbs
•Lite 30 Lbs
•Lrg Breed Lamb \$31.99
(Ex Athlete \$36.99)
\$29.99
Effective 9/20/17 - 9/26/17

NUTRO WHOLESOME ESSENTIALS DRY DOG FOOD
•Chicken, Brown Rice & Oatmeal Formula (Adult & Large Breed Adult) •Senior •Lite
30 Lb Bag
Limit 2 Bags Per Family
\$35.99
Effective 9/20/17 - 9/26/17

PEDIGREE DRY DOG FOOD
50 Lb Bonus Bag Adult
Limit 1 Bag Per Family
\$21.99
Effective 9/20/17 - 9/26/17

9 LIVES CANNED CAT FOOD
5.5 Oz All Varieties
Limit 1 Case Per Family
35¢
Effective 9/20/17 - 9/26/17

FANCY FEAST GOURMET CANNED CAT FOOD
All Varieties except Elegant Medley
3 Oz
Limit 2 Cases Per Family
20/\$11.00
Effective 9/20/17 - 9/26/17

PURINA CAT CHOW DRY CAT FOOD
•Regular •Indoor 16 Lb Bag
Limit 2 Bags Per Family
\$10.99
Effective 9/20/17 - 9/26/17

SCOOPAWAY CLUMPING CAT LITTER
20 lb Box
•Multi-Cat •Unscented
(Fresh Step Scoop, 20 Lb Box - \$7.49)
Limit 2 Boxes Per Family
\$5.49
Effective 9/20/17 - 9/26/17

PURINA PRO-PLAN CANNED FOOD SALE
Limit 2 Cases
•Selected Dog Food 13 Oz **\$1.09**
•Selected Cat Food 3 Oz **69¢**

WORLD'S BEST CAT LITTER
14 Lbs Limit 2 Bags **\$11.99**
Original **\$12.99** Extra Strength

EARTHBORN HOLISTIC DRY DOG FOOD
Natural Grain-Free
•Primitive Feast •Great Plains Feast •Meadow Feast
•Coastal Catch 28 Lb Bag Limit 2 Bags Per Family (Reg Price \$43.99) **\$39.99**

WELLNESS CANNED CAT FOOD
All Varieties except Signature & Core
5.5 Oz Limit 1 Case **\$1.29**

PRECIOUS CAT CLUMPING CAT LITTER
18 Lb Bag Limit 2 Bags Per Family **\$5.99**

PEDIGREE CANNED DOG FOOD
•Choice Cuts in Gravy •Chunky Ground Dinner •Chopped Ground Dinner All Varieties 13 Oz Limit 2 Case (12 ct) **69¢**

MEOW MIX DRY CAT FOOD
•Original Choice 16 Lb Bag
Limit 2 Bags Per Family **\$10.99**

JONNY CAT PREMIUM CAT LITTER
10 lb Bag Limit 2 Bags Per Family **\$1.69**

WILDERNESS DRY CAT FOOD AS MARKED \$5 OFF
•Chicken •Salmon •Duck •Indoor
•Weight Control 100% Grain Free
11-12 Lb Bag Limit 2 Bags **OUR REGULAR LOW PRICES**

SCIENCE DIET IDEAL BALANCE DRY DOG FOOD
30 Lb Bag
•Adult •Mature Adult **\$34.99**
•Large Breed Adult **\$39.99**

CAT'S PRIDE FRESH & LIGHT PREMIUM CLUMPING CAT LITTER
15 Lb Jug Limit 2 Jugs **\$5.99**

NUTRO LIMITED INGREDIENT DIET DRY DOG FOOD
•Lamb & Sweet Potato •Duck & Lentil •Venison & Sweet Potato •Salmon & Lentil Limit 2 Bags 22 Lb Bag **\$39.99**

HAMILTON PET LEASHES
•Collars •Harnesses All Varieties
•Leads •Nylon
•Leashes •Leather
20% OFF
OUR SUPER LOW PRICES

PENN-PLAX CASCADE POWER FILTER SALE
MODEL TANK SIZE PET CLUB SALE
CASCADE 100 20 Gal. **\$13.99** Revolutionary
CASCADE 150 35 Gal. **\$17.99** Bio-Falls Quad
CASCADE 200 50 Gal. **\$20.99**
CASCADE 300 100 Gal. **\$27.99** Filtration System

INABA CAT TREATS
•Creamy Purée •Grilled Tuna & Chicken Filet All Varieties
As Marked **25% OFF**
OUR REGULAR LOW PRICES

BOODA BONE & TUG
•White •Multi-Colors All Varieties
20% OFF
OUR SUPER LOW PRICES

TETRA BOXED 10 GALLON TANK With Economy Kit
Just add Heater For Tropical Fish **\$36.99** Limit 1 Per Family

SWEET HARVEST Small Animal Food Sale
•2 Lb •4 Lb •6 Lb As Marked
Selected Varieties **15% OFF**
OUR REGULAR LOW PRICES

PET AG ESIBILAC
Puppy Milk Replacer Weaning Food KMR
Kitten Milk Replacer Weaning Food
20% OFF
OUR SUPER LOW PRICES

KORDON WATER CONDITIONERS
Amquel 16 Oz **\$5.99**
Amquel Plus 16 Oz **\$5.99**
Novaqua Plus 16 Oz **\$5.99**

KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL
\$11.99

BONUS COUPON FANCY FEAST ELEGANT MEDLEYS CANNED CAT FOOD
Selected Varieties - 3 Oz
Limit 6 Cans with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 9/20/17 - 9/26/17 **59¢** CT PLU 568

BONUS COUPON PURINA WHISKER LICKINS CAT TREATS
•Soft & Delicious - 2.5 Oz
•Crunchy & Yummy - 1.7 Oz
Limit 2 Pouches with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon. Effective 9/20/17 - 9/26/17 **69¢** CT PLU 446

BONUS COUPON ARM & HAMMER CAT LITTER DEODORIZER
20 Oz Box
Limit 2 Boxes with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 9/20/17 - 9/26/17 **\$1.49** CT PLU 422