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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

AUGUST 11, 2017

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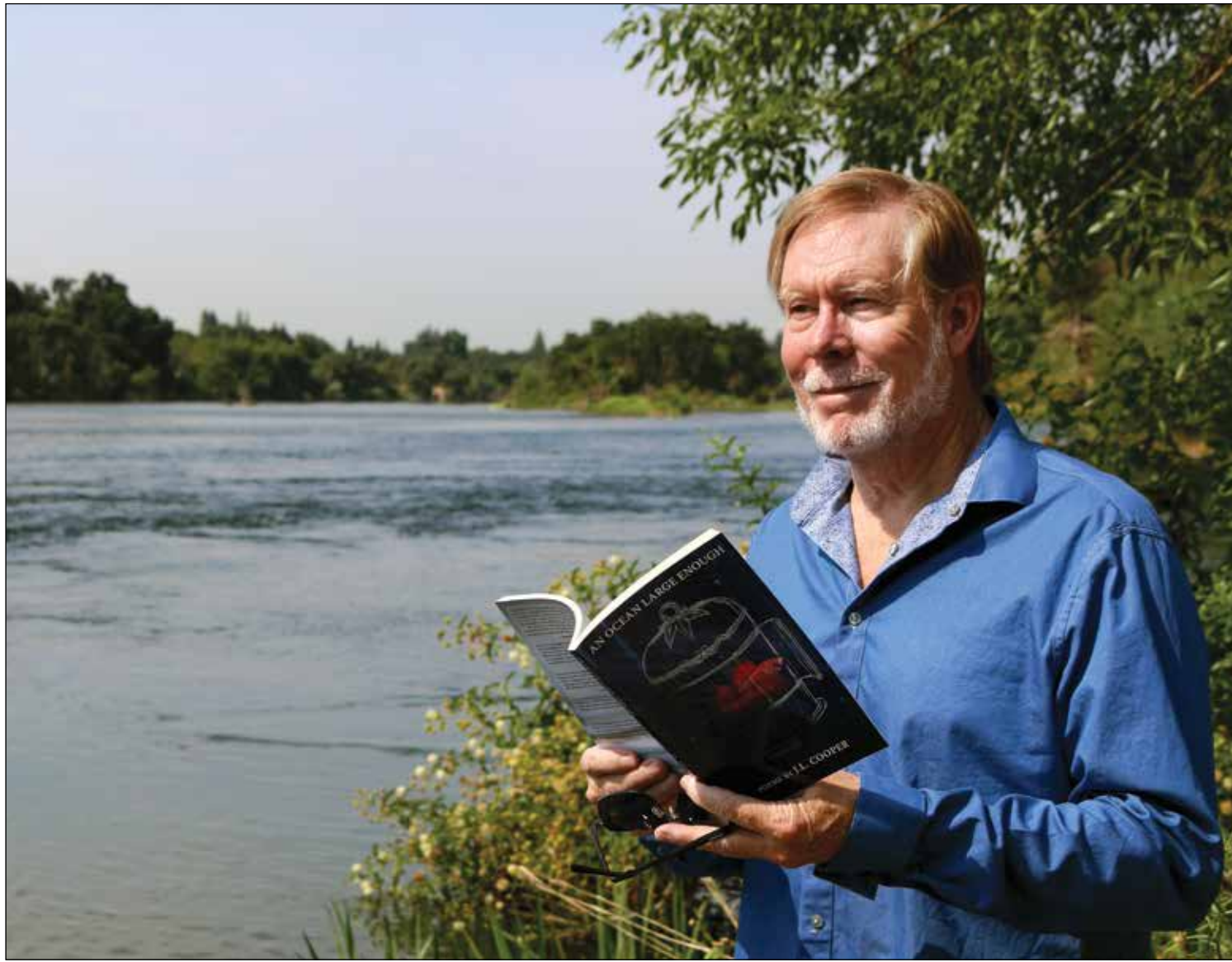
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## Honest and Fearless Psychologist Finds Therapy on Paper



Psychologist James Cooper pauses by the American River with his poetry collection "An Ocean Large Enough." The Carmichael resident is also an award-winning short story writer.

**Story and photos by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Analyze this: a psychologist bares his soul in stories and poems. Does that make the reader his therapist? "I believe the role change humanizes both patient and therapist," considers James Cooper PhD. "As a writer, I ask the same of myself as I ask my patients: to attempt to be honest and fearless. Expressing yourself is therapeutic."

Practicing adult psychology for 35 years, Cooper (67) has penned thousands of

reports no one will ever read. But in the last five years, the Carmichael resident's writing has found niche audiences. As part of a Sacramento Stories on Stage reading event this month, an award-winning Cooper short story will be performed. Documenting his youthful days as a New York City cabbie, the work was recently judged runner up in an international literary contest sponsored by StoryQuarterly.

In 1974, Cooper took a year off from his Masters' program to study life outside university. The then 24-year-old hitchhiked from Orange County to New York. "The

Sages of West 47th Street" is his account of four months driving a Yellow Cab. "The story describes my inner experiences and the characters I met," he explains. "My fellow cab drivers were complex, inspirational characters. These sages coached me on their philosophies. During coffee before our shifts, we discussed what happened to us the night before. Like getting robbed or stiffed for a fare. Or unexpectedly meeting someone who showed concern for you as a person. Or an impoverished-looking person who gave a big tip. Or someone who offered a little prayer

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## Carmichael Improvement District Signs Security, Maintenance Contracts

**Story by Jacqueline Fox**

**CARMICHAEL, CA (MPG)** - Service contracts for managing two of the most critical pieces of the Carmichael Improvement

**“Either way, our job is to make every business owner in the area happy they are a member of their improvement district.”**

**HILARY GOULD**  
OWNER OF GOULD ELECTRIC AND PBID MAINTENANCE SERVICES



Gary Hursh, CID (Carmichael Improvement District) Board President (at right) with Hilary Gould of PBID & Business District Maintenance signing the maintenance contract. Photo by Linda Melody

District (CID) have been secured, clearing the way for implementation of security and

streetscape maintenance for the 410-acre Fair Oaks Boulevard Business Improvement corridor. CID board members on July

28 unanimously approved and awarded contracts to Matt Carroll, owner of Sacramento-based Paladin Private Security

and Hilary Gould, owner of Fair Oaks-based Gould Electric and PBID Maintenance on page 4

*Continued on page 4*

## SMUD Prepared for Solar Eclipse

**SACRAMENTO REGION, CA (MPG)** - The morning forecast for August 21 calls for darker skies in Northern California and across the country. That's when a near-total solar eclipse will occur—from about 9 a.m. to about 11:30 a.m. for our region—during which time the sun will be obscured by up to 76 percent.

Given the growing penetration of solar energy in California, the electric utility industry and other energy stakeholders have considered the potential impacts of such a significant solar event.

SMUD has secured additional reserve power to ensure it's able to meet the increased demand when the availability of solar reduces because of the eclipse. SMUD does not anticipate any problems meeting the Sacramento-area community's demand for electricity.

SMUD, for its part, has almost 300 megawatts (MW) of solar power in its service territory. Approximately 140 MW is utility-connected solar generation and about 150 MW is "behind the meter", customer-owned solar generation.

The timing of the eclipse is fortuitous for SMUD and for California in general as demand on the grid during those hours can be considerably lower than in the late afternoon hours.

Typically, solar production can be impacted by everyday weather events like cloud cover, which is why SMUD's energy portfolio, including its renewable generation resources, is very diverse. By going the extra step and securing additional reserves, SMUD has the flexibility to manage the increased demand on the grid during the eclipse and the drop off in demand during the transition out of the eclipse.

For more information about SMUD and its award-winning renewable and energy efficiency programs, visit [SMUD.org](http://SMUD.org).

Source: SMUD Media ★

## Gas Prices Creeping Up

**SACRAMENTO REGION, CA (MPG)** - California drivers are paying 3 cents more at the pump this month as gas stations across the U.S. continue to see a late-summer spike in prices.

Californian motorists paid an average of \$2.96 for a gallon of unleaded regular gas. A month ago, drivers paid \$2.93. Across the nation, drivers are paying an average of \$2.35 per gallon.

"Californians are still paying the highest prices in the nation... with most stations hovering around \$3 a gallon" said John Moreno, spokesman for AAA Northern California.

The price of crude oil increased since July but is still under \$50 a barrel, Moreno said. Source: AAA Media ★

# SMUD Announces Partnership With NEC and SpaceTime Insight

*Will Deliver Smart Energy Solutions to Japanese Electric Companies*

**SACRAMENTO REGION, CA (MPG)** - SMUD announced recently that it has signed an agreement with NEC Corporation (NEC) and SpaceTime Insight (SpaceTime) to deliver smart energy solutions to Japanese electric power companies and others in the Asia Pacific region.

This new strategic partnership relies on the unique combination of SMUD's industry-leading expertise in public power electric utility operations, customer service and environmental leadership; NEC's advanced technology capabilities and experience with Japanese electric power companies; and SpaceTime's advanced analytics applications.

"By combining the technology and expertise of leaders in three industries, we're providing a suite of solutions that will immediately be best in class," said SMUD CEO and General Manager Arlen Orchard. "We're confident this new partnership will provide a very valuable service to electric power providers throughout the world and will help SMUD prepare for the new energy future."

The collaboration will offer electric power companies in

Japan an advanced asset management solution that will help them achieve higher levels of operational reliability, safety and efficiency. The companies will also offer emerging retail energy providers in Japan bundled smart energy products and services such as storage, energy management and electric vehicle charging controls. These products and services will provide customers with more control over their energy use and more opportunities to save money.

In the future, the three companies will work to develop innovative new energy technologies and to demonstrate these technologies in Sacramento.

The Japanese electric market has been in a deregulation phase for the last several years. This transition has led to dozens of new entrants in the Japanese electric power market. Existing power companies have also begun to diversify their businesses in an attempt to broaden their products and services and provide a better customer experience. This partnership will help emerging and established Japanese electric companies succeed in this new

environment.

SMUD is pursuing this partnership as part of a broader strategy to monetize its expertise in ways that will allow it to invest more in building out a modern energy grid that can successfully integrate more distributed and renewable energy sources and meet evolving customer needs, as well as improve the technology that SMUD customers use to monitor and manage their energy use.

More information is available at [smud.org](http://smud.org).

NEC Corporation is a leader in the integration of IT and network technologies that benefit businesses and people around the world. For more information, visit NEC at <http://www.nec.com>.

NEC globally provides "Solutions for Society" that promote the safety, security, efficiency and equality of society. visit <http://www.nec.com>.

SpaceTime Insight enables organizations in asset-intensive industries to generate more value from their people, processes, and assets. For more information, visit [spacetimeinsight.com](http://spacetimeinsight.com).

Source: SMUD Media ★

# One Family's Journey Out of Homelessness



Jessica Hodges smiles in front of her place of employment. Photo courtesy Sacramento County Media

**SACRAMENTO COUNTY, CA (MPG)**

The path to self-sufficiency was not an easy or quick road. But today, Jessica Hodges, her husband, and their three children (ages six, eight and 10) are living the life they dreamed of, thanks to the Sacramento County Department of Human Assistance, the Mustard Seed School and Mary House.

Three years ago, their youngest child developed a cough that required two surgeries and resulted in scarred lungs. Upon discovering that the cause was mold inside the walls, the family moved out of their apartment in a hurry. This sudden move impacted their credit, which ultimately prevented them from finding permanent housing. And, because the mold had contaminated all of their belongings—including clothes, photos and furniture—everything had to be abandoned.

Around the same time, Jessica graduated from Kaplan College but was laid off from her job as a medical assistant for a local doctor.

Jessica expressed her dismay at her living conditions and at

the circular challenges—securing a job without a permanent address was an uphill battle, while finding a home without a job and with damaged credit was nearly impossible.

County Director of the Department of Human Assistance (DHA) Ann Edwards, confirmed the currently rental housing landscape is bleak for struggling families. Low vacancy rates and escalating rents - far above what many residents can afford, make finding housing difficult.

In November, County DHA Social Worker Samantha Sween partnered with Mustard Seed School Director Casey Knittel to stabilize the Hodges and to develop a plan.

As the children attended the Mustard Seed School, County DHA staff and Mary House staff were assisting the family with services and supplies.

The group effort paid off a few days before Christmas. After three long years of sleeping on couches, in hotels and in their van, the Hodges—with only sleeping bags and pillows—finally moved into an apartment

where they could start over.

Much to their surprise, staff from the Mustard Seed School brought gifts for the children, ranging from clothes to iPads.

"We didn't have any furniture," Jessica expressed with a smile, "But it was the most touching Christmas ever because I did not have anything to give them [until these gifts arrived]. They even brought a Christmas tree."

In March, bolstered by her degree, Jessica was hired by SMPP Rehab as a Medical Office Specialist. Her husband is attending school to develop new skills while caring for their children.

Their three children miss their teachers and friends at Mustard Seed School, but are grateful they no longer need the assistance and for the first time in years, the family is doing great.

Find out more about assistance programs available through the Sacramento County Department of Human Assistance.

To apply for medical, food and cash assistance programs online please visit CalWIN.

Source: Sacramento County Media ★

## Free Clinic on Free Fishing Day at Mather Regional Park



The entire family can enjoy the free fishing day together. Photo courtesy CDFW

By Bruce Forman, CDFW

**SACRAMENTO REGION, CA (MPG)**

The California Department of Fish and Wildlife (CDFW) "Fishing in the City" Program, in partnership with the County of Sacramento, are sponsoring an introductory fishing clinic on Saturday, September 2, 2017

at Mather Regional Park in Rancho Cordova. The County of Sacramento is waiving the \$5 parking fee prior to 1:00 pm.

The CDFW provides free equipment loan plus tackle and bait, following a 30 minute clinic. The clinic is scheduled at 8:15 with equipment loan from 9 a.m. to noon. As this day is CDFW's

statewide free fishing day, anglers are not required to possess a fishing license; however, all fishing regulations are otherwise still in effect.

Mather Lake will be stocked just prior to this date with catfish. For other information, call (916) 358-1644. The phone is staffed only on Thursdays. ★

## Misplaced Priorities

Commentary by Craig Howell, Eye on Sacramento

Sacramento City Hall is located just four short blocks from the State Capitol and our new mayor is the former leader of the State Senate. Nevertheless, the City of Sacramento blew an astonishing \$375,294 on lobbying state government in just the first six months of 2017, according to a

report in yesterday's L.A. Times. That's money the city could have used to hire six new cops to help protect Sacramento residents from rising crime. Talk about misplaced priorities!

Sacramento's state lobbying expenditure figure doesn't include the hefty annual dues it pays to the League of California Cities which maintains a large lobbying presence (and expense) in Sacramento.

Municipal government spending on state government lobbying now exceeds lobbying spending by any other industry in the state. This represents our tax dollars being used by one government to lobby another government, both of which we pay for!

Find out more at [www.eyeon-sacramento.org](http://www.eyeon-sacramento.org) ★

## Fatal Injury Accident Reported Near Airport

Special CHP Release  
By Chad Hertzell, PIO

**SACRAMENTO REGION, CA (MPG)**

On August 5, 2017, at 0353 hours, CHP dispatch received a call of a vehicle on fire on the right shoulder of southbound Interstate 5, north of Airport Road. A CHP patrol unit arrived at on scene at approximately

0403 hours. Officers discovered the vehicle (2009 Dodge Caliber) had veered off the roadway, struck a tree and subsequently caught on fire.

The 21 year old female driver from Citrus Heights self-extricated herself from the Dodge and suffered a broken right leg. Fire personnel arrived on scene, put out the fire, and discovered a

deceased 25 year old male right front passenger from Sacramento inside the vehicle. At this time the cause of the collision is still being determined.

There is no evidence that other vehicles were involved and there are no witnesses to this collision.

It is unknown if alcohol and/or drugs was a factor with the driver of the Dodge. ★

## Governor Brown Appoints Dondro

**SACRAMENTO, CA (MPG)**

Governor Edmund G. Brown Jr. recently announced the appointment of Adam Dondro, 35, of Carmichael, as agency information officer for the Office of Systems Integration at the California Health and Human Services Agency. Dondro has been assistant director of horizontal integration at the

California Department of Social Services since 2013. He served as assistant secretary of external affairs at the California Technology Agency from 2010 to 2013. Dondro was a budget committee consultant for the California State Assembly Budget Committee from 2005 to 2010 and a legislative aide in the Office of California State

Assemblymember John Laird from 2005 to 2008. He earned a Master of Public Administration degree from the University of Southern California. This position does not require Senate confirmation and the compensation is \$129,672. Dondro is a Democrat.

Source: Office of Gov. Brown ★

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"She's Just Not That In To You" by Barbara Killeen

# Twice As Nice for 34 Years

## Local Furniture Store Celebrates More Than Three Decades in Business This Month

By Jacqueline Fox

**CARMICHAEL, CA (MPG)** - Perhaps you are in need of a new mattress or dresser to fill that spare bedroom left vacant when your kid went off to college. Or, maybe you're just ready for a new sofa or recliner and don't want to pay exorbitant department store prices.

If you've got fine home furnishings, furniture, either antique, contemporary, new or pre-owned on your brain, David and Judy Fleeger, owners of Twice As Nice Furniture likely can help. And, you can count on their more than three decades in the business as testament to the quality of their inventory and customer focus.

The couple, both Chicago-area natives, brought their passion for antique and preowned furniture retail sales to Mission Avenue in Carmichael on August 3, 1983. The Auburn Boulevard store opened in 1987, marking 34 years in business this month.

"Our first location was at Mission and Whitney," says David, a former furniture and appliance sales professional for Montgomery Ward, a 23-year retail and catalogue order retail enterprise that dated back to the turn-of-the-century and, at one time, was second only behind Sears as the nation's largest catalogue order and brick and mortar department store chain.

"I sold furniture for Montgomery Ward originally," says David. "Then, when we moved to Wisconsin, we met a couple in the 1970s who sold antiques, tools, furniture and other things. They kind of took us under their wing and showed us the business and that's how we got into this. Here we are 34 years later."

Just as with any family-owned business, this one affords David and Judy with inherent opportunities for working side-by-side and growing their client base,



Just as with any family-owned business, this one affords David and Judy with inherent opportunities for working side-by-side. Photo by Paul Scholl

figuring out what works best for their business and what doesn't, and for carving out prospective roles for one another. In this case, David does most of the buying, much of it by phone or online. Judy also buys, but her primary role involves keeping social media updated, marketing and customer service.

"I really do everything," said Judy, who briefly worked as an activities director for a local nursing home before the couple opened the business.

David buys much of the store's inventory from wholesalers,

close-out sales, antique dealers and estate sales, and roughly six different manufacturers. If there's something you don't see in the store, there's a good chance they can find it for you. But be prepared to wait if you're looking for a grandfather clock. Apparently there is demand.

"We have a waiting list for grandfather clocks," David says. "We can get them, but so many people want one lately we have to put them on a list and call them."

The store also has one part time employee, although, at one time, the couple's daughter, now

in her 40s, worked for the family biz. She, says Judy, may or may not take over the business if and when retirement comes calling.

"She'll be having a big-fat yard sale one day with all the things we never could sell," Judy jokes.

Coming from a background in furniture and appliance sales, David says he has always stuck to a fail-safe strategy for pricing inventory and keeping an edge on the other guys.

"I shop my competition," he says. "I know what they have, what they are pricing it at and what

the quality is. They all have the same things. I know how to order and get that price down to where I want it, whether you're talking about wholesale or antiques. I can get the deals I need."

More than half of the store's inventory is not just made in the Sacramento area, but in the United States. "That's very important to us," David says. And, just as Montgomery Ward, Sears and many of the other big-box retailers did throughout much of the 1970s and 1980s, Twice As Nice Furniture accepts layaway.

"We offer it because it makes it possible for folks who are just starting out to buy a bed set or a dresser or something for that first place and pay it off in time so they can afford to have what they need," David said.

You won't find any used fabric sofas, chairs or mattresses in the store. They are all new. But you can find a good deal on solid wood end tables, book cases, antique writing desks, storage cabinets, unique accessories and other items.

"The only furniture we sell that is used or as we like to call it 'pre-owned,' is made of wood," Judy says. "I refuse to sell used fabric items."

Sample mattress set prices begin at \$149 for a twin and go as high as \$299 for a king set. Headboards and box frames are extra. Solid wood rockers with craftsman style wood framing sell for a very reasonable \$249, and several of the store's solid wood chest of drawers and end tables, some with beautiful slate inlay range between \$179 and \$299.

Thirty four years in business naturally brings challenges along the way and Twice As Nice has certainly seen a few of them. During the 1980s, for example, the store offered more collectable items, such as dish and glassware, vintage accessories and even memorabilia,

in addition to furniture items. While there are still some of those items available, that trend has dropped off.

"People don't shop much for collectables today like they used to," Judy says.

Most recently, one of the biggest challenges has come from Mother Nature herself.

"When it's hot outside, like triple digits, which it has been the last few weeks, things really slow down," says David.

But there are upsides, namely, the building up of long-term relationships. David and Judy claim to know more than 95 percent of the people that walk through the doors. And they know their families, as well. That brand of customer loyalty and turn-over business are the key to any successful retailer, family owned or not, and to watch generations of customers come and go is perhaps one of the most rewarding aspects of being a true "Mom and Pop."

"Almost everyone who comes in here we know," Judy says. "We know their parents, and their parents before that. We have many customers going back three generations. That's pretty neat."

For more information, call (916) 344-6423, or visit Facebook: <https://www.facebook.com/ Twice-As-Nice-Furniture-366498443619> ★

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# Twice As Nice Furniture

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**5244 Fair Oaks Blvd., Carmichael | \$1,295,000**

This custom home is a fusion of stunning architectural design and functionality. Situated behind its own private gate, the residence is surrounded by mature trees and extensive landscaping. Enjoy a welcoming foyer, huge family room with soaring ceilings and clerestory windows, and a beautifully appointed open-concept kitchen. 5+ bedrooms, office, game/media room.



**5321 Awapaho Road, Pilot Hill | \$789,000**

Tucked away in a private setting just 15 minutes from El Dorado Hills, this custom home captures the best of both worlds for a buyer who wants a private retreat with the ease of having in-town conveniences. Enjoy 10 rolling acres with sweeping Sierra views and a single-story floor plan with 4 bedrooms, 3.5 baths and an upstairs bonus room. Other highlights include an exquisite master suite and bath, and chef's kitchen.



**2622 Wrendale Way, Sacramento | \$479,000**

Charming 5 bedroom and 3 bath abode located in a welcoming tree-lined neighborhood. A generous floor plan provides plenty of room for easy living and entertaining. Additional highlights include a large lot with a pool and RV access, an updated kitchen, large separate family and living room quarters and a walk-friendly neighborhood.



**3349 Romford Way, Sacramento | \$314,900**

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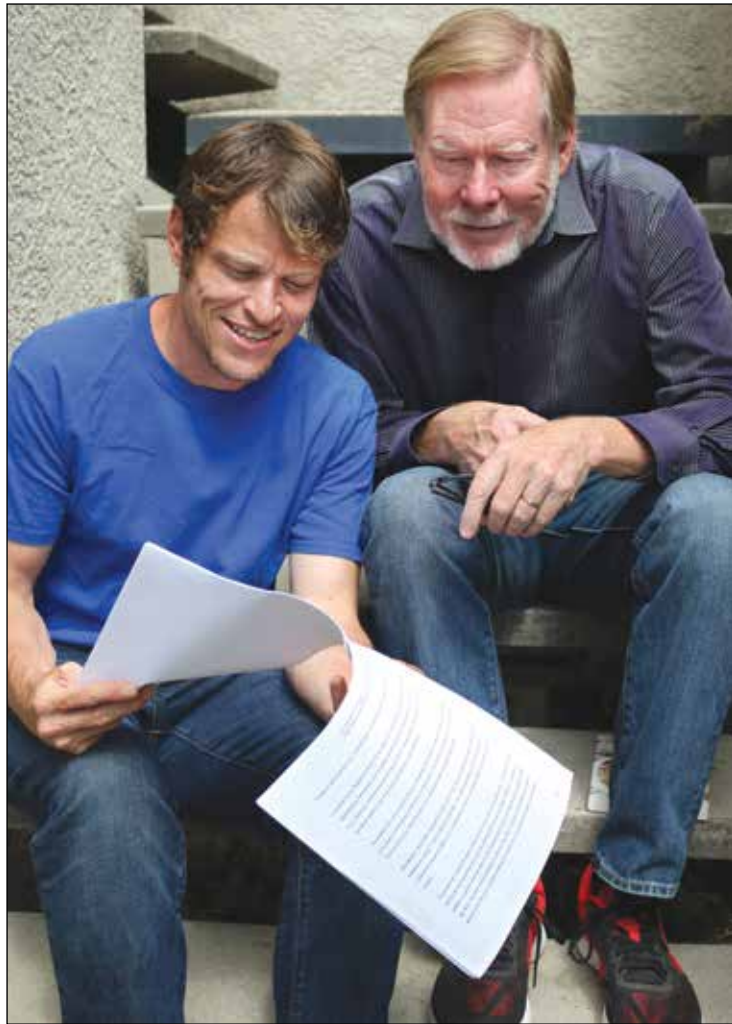
# Psychologist Finds Therapy on Paper

Continued from page 1  
for you in the middle of a ride.”

Many city cabdrivers were killed or mugged during Cooper’s time behind the wheel but he barely mentions big-city violence. “I wanted my story to be about the hope and the goodness within people,” he explains. “Friendships with co-workers and occasional tender moments with customers compensated for hundreds of times people would not even make eye contact. These moments sustained me. In my cab, some people shared the most intimate details of their lives, as if I were a bar-tender – or already a psychologist. The job was life-changing for me.”

Sacramento actor Matt Rives will read Cooper’s piece at the August 25 Stories on Stage event. “Actors interpret the tone of a story in their own way,” approves Cooper. “They offer a different voice and emphasis.” Rives last year performed another Cooper work called “Path of the Ground Birds” (this story won a 2016 literary contest sponsored by Tupelo Quarterly). “Matt gets the tone and gravity of my characters with perfect sensitivity,” says the author.

A book of poetry is his latest offering. Recently published by Wordtech Communications, “An Ocean Large Enough” contains a lifetime of memories Cooper pulled together while recovering from major surgery several years ago. His title suggests the oceanic nature of the human mind. “It’s able to contain everything that happens in our lives,” explains the therapist. “Tragedies, comedies, confusions, desires – everything. I



Actor Matt Rives (left) will present Cooper’s tale about New York cab drivers at an August 25 Sacramento Stories on Stage reading event.

hope people will see that exploring the inner mind is a unique gift they can give themselves.

“In 35 years of listening, I’ve been amazed at the natural poetry people express in sharing their lives,” says the therapist. “Writing this book goes beyond my work as a psychologist. I hope readers see that writing about memories is life-affirming.”

James Cooper is currently

working on a volume of short stories. His “An Ocean Large Enough” was warmly received at a recent Sacramento Poetry Center launch. It is available on Amazon. The author’s website is [www.jlcooper.net](http://www.jlcooper.net)

Anyone may attend the August 25 performance of “Sages of West 47th Street” at Sacramento Stories on Stage. For information go to: [www.storiesonstagesacramento.com](http://www.storiesonstagesacramento.com) ★

# Carmichael Improvement District Signs Security, Maintenance Contracts

Continued from page 1  
provide armed security patrol and street maintenance services respectively to the roughly 437 commercial businesses located within the CID’s 2.5 mile boundary lines, which encompasses nearly 12 miles of frontage area. Services were set to begin Aug. 1, kicking off the “Clean and Safe” initiative.

CID President, Gary Hursh, whose law practice sits within the improvement district, said the two companies offered extensive experience providing their services to other area Business Improvement Districts (BIDs) within the county and city of Sacramento proper. They came highly recommended by other BID board members and, in the case of Paladin, came highly recommended by the Sacramento County Sheriff and district attorney’s office.

“We relied very heavily on the feedback and comments from other area BIDs in making our selections,” Hursh said adding that, on Aug. 1, he and Gould toured the entire district together, identifying the hot spots where blight, graffiti and illegal dumping activity, among other issues, have been plaguing either the entryways and or parking lots and streetscapes along the CID corridor for years. “Our work has already begun,” he said.

Paladin is being paid \$12,416 a month to provide armed patrol services to the area, while street maintenance services from Gould will cost the CID \$4,000 a month, Hursh said, for an annual combined budget of \$196,992, well over the initially projected half of the CID’s budget of \$301,838 allocated for safe and clean streets. The funds are collected via assessments on commercial property owners with assets in the service area.

Matt Carroll of Paladin, founded 15 years ago by two retired police officers, maintains service contracts for 11 other area improvement districts, including the Watt Avenue PBID, the Fulton Avenue Association, and PBIDs for Stockton Boulevard and Oak Park. The company has roughly 170 employees with between 60 and 65 patrol cars on the streets each day, Carroll said, adding that he expects three to four officers will be serving the Carmichael district.

Paladin’s first order of business is to obtain signed “notice of agency” forms from CID members, which give Paladin the authority to issue trespassing citations on the owners’ behalf and the teeth to oversee other legal enforcement issues. Without those signatures, only the business owner can issue the citations, unless prior approval has been given over to local law enforcement, in this case, the Sacramento County Sheriff’s department.

Carroll estimated that it will take roughly six to eight weeks for the word to spread that the CID corridor is supported by an active security patrol service with the teeth to shut down



The first picture is Gary Hursh, CID (Carmichael Improvement District) Board President (at right) signing the contract with Matt Carroll, Vice President of Paladin Private Security. Photo by Linda Melody

offenders with chronic histories of trespassing, setting up homeless encampments, engaging in drug and alcohol use and other illegal activities on commercial property and in some cases private residences.

“We have to get as many CID members as we can to sign the notices so that we can immediately begin to build up our engagement and make an impact,” Carroll said. He added that he is aware and has plenty of experience with deal-

**“We have to get as many CID members as we can to sign the notices so that we can immediately begin to build up our engagement and make an impact.”**

**MATT CARROLL**  
OWNER OF PALADIN  
PRIVATE SECURITY

grass-roots community projects, offering an effective, mobile and dynamic team of highly trained officers.”

For Gould, a team of area street contracted maintenance employees with his company will begin targeting the most concerning trouble spots and plotting out daily clean sweep strategies to address blight, collect and return abandoned shopping carts, provide graffiti removal services and weed abatement, among other things. Gould also sighted his company’s single focus on PBIDs as testament to his company’s ability to deliver.

“We have seven other PBIDs, including the Fulton Avenue PBID and the Stockton Boulevard Partnership,” said Gould, who started his company 10 years ago. “This is all we do, working with community partnerships. And we are so fortunate to be able to work with the Carmichael District. We have half the streetscape beautification project completed, which is fantastic. Now our job will be to go in and start working to make the streets cleaner because cleaner means safer, and safe streets are good for business and good for the entire community.”

Gould and Carroll said they are already working in tandem in other area improvement districts and will continue to do so in Carmichael.

“We have each other’s cell phone numbers and we are ready to work should-to-shoulder,” said Gould. “That may mean that we might get a call from Paladin about a need for blight abatement at a homeless encampment they’ve cleared out, or we might call them and say we need them to come in first to address a situation with individuals before we can take care of the cleanup. Either way, our job is to make every business owner in the area happy they are a member of their improvement district.”

The PBID for Fair Oaks Boulevard, or the CID, was approved by just under 70 percent of local property owners in the fall of 2016. The renewable, five-year agreement with the county may be expanded to include a wider tax base and coverage area over the next five years. ★

ing with improvement district members who do not want his company’s services and, in some cases, didn’t approve their area improvement district formations and don’t like having to pay extra to be included in it.

“There will be a lot of PR work for us ahead,” said Carroll. “We have to do a lot of engagement with the Carmichael (CID) members to let them know who we are, what we can do for them and how they play a role in helping us make the area safer.”

Carroll said what sets his company apart is its experience grass roots projects like Improvement Districts, bolstered by advanced technology and proactive engagement in the community, as well as direct partnerships with law enforcement and street maintenance services.

“We are not an armed guard company with high turn-over rates, posting guard outside the doors of the grocery store,” said Carroll. “We made a decision more than five years ago to focus on these long-term contracts for

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**Pam Young's Corner**  
**It Happened One Night**  
**at Timberline Lodge**

This is Bruno the new mascot at Timberline Lodge on Mt. Hood in Oregon. According to his trainer (Kim) he's number eight in a line of Brunos that have graced the magnificent lodge built in 1937. Bruno just happened to be out with his trainer while we were at the lodge on Saturday. As a mascot in waiting, this day he was there to get used to kids of all ages gushing over him with kisses and hugs, posing with him for vacation memories, whistling at him and baby talking to him. He's just six months old, but in this photo Terry took, he looks like an adult St. Bernard! He reminded me of one of those huge kids, that by appearance is expected to act older but doesn't because he isn't. Bruno was oblivious to all the people and only interested in other visiting dogs, birds, chipmunks, butterflies, flowers and the occasional drift of an aroma of food coming from some human's lunch sack or snack.



**Bruno #8.** Photo courtesy Pam Young

which is still mostly covered with snow.

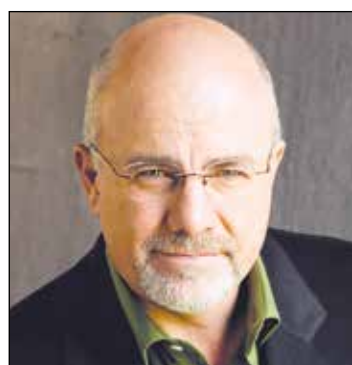
When we checked into our room it was like stepping into an old, but really good movie. Timberline Lodge is on the historical register and everything has been impeccably restored right down to the furniture and single pane windows. On the coffee table between the two beds, along with Northwest-type magazines and a book about the oldest hotels in America (someone had torn out page 122 which was the page all about Timberline Lodge) was an envelope with two pairs of earplugs in it. The only thought that came to me at the time was, 'Someone must have left these.' It was only until around midnight that it came clear to me what they were for. The walls between rooms are tissue thin and we were suddenly awakened to the audio portion of a very happy couple. Perhaps in our youth we would have enjoyed the production, but Terry and I couldn't get to the earplugs fast enough!

If you ever get to the Pacific Northwest you must go up the Columbia River Gorge and then

to Mt. Hood. We see Mt. Hood from our home and we were married at Timberline Lodge almost 30 years ago, so we love to go around the mountain at least once a year. When I think back to our honeymoon stay at the lodge I wonder if earplugs were discussed as part of guest necessities after we left.

Ahemmmm!  
 To switch subjects, the beautiful valley on the northeast side of Mt. Hood is bursting with fruit this time of year. We're so thankful to live in such a beautiful part of the country where the abundance of goodness is evident at every turn. When I see well-tended farmland it makes me so grateful to the farmers for their hard work that goes into bringing food to our tables. Farming is a labor of love and this valley expresses such love!

Hope you're enjoying your summer as much as we are!  
 For more from Pam Young go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, lose weight and get your finances in order, all from a reformed SLOB's point of view. Pam's books are also available on Amazon. ★



# Dave Says

## A bad method at this stage

Dear Dave,  
 I want to build an 18-unit apartment complex, but I don't have enough cash to do it on my own. My net worth is around \$400,000, and I have \$100,000 I can put toward this project. It is estimated to cost \$1.2 million. Would lining up investors, who will take a percentage of the profits, be the same thing as acquiring debt?  
 - Jay

Dear Jay,

It wouldn't be the same as taking on debt because if there are no profits, the investors get nothing. It's more like taking on partners and what you would call an equity position — meaning they're owners in the business. They may have only limited rights as owners, but essentially you're taking on partners.

There's a method that was used in the old days that's still available today called syndicating a piece of real estate. You would set yourself up as the general partner and set the

investors up as limited partners. They would be limited in their input, because the general partner runs the show. They can be given the lion's share of the tax write-off, and the depreciation schedule. Traditionally in those models, the general partner takes less of the depreciation schedule but gets a fee for running things and has a position of ownership.

There's a restriction under Blue Sky Laws on the number of limited partnership units allowed before it becomes a situation where you're selling stock. Check with your state and current securities laws to be sure of the exact number to avoid any impropriety. You can do a limited partnership or syndicate a piece of real estate, but they can both be very messy and time consuming for the money you get out of it.

Honestly, I don't think it's a good method for you to buy an apartment complex at this stage of your investing life. It's more

like a way for you to get into the business of running a bunch of limited partners with a ton of paperwork and bookkeeping thrown in. It doesn't sound like a lot of fun to me.

If I were in your shoes, I'd use the \$100,000 in cash to buy a money-making property — maybe a nice rental house. Then, save your money, invest and buy another one. And again, save the money, invest and buy another one, over and over again. It's a gradual process, but I don't teach or advise people to go into partnerships or borrow money.

Best of luck, Jay!  
 —Dave

*Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](http://daveramsey.com) and on Twitter at @DaveRamsey.* ★

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**Crossword Puzzle on Page 9**



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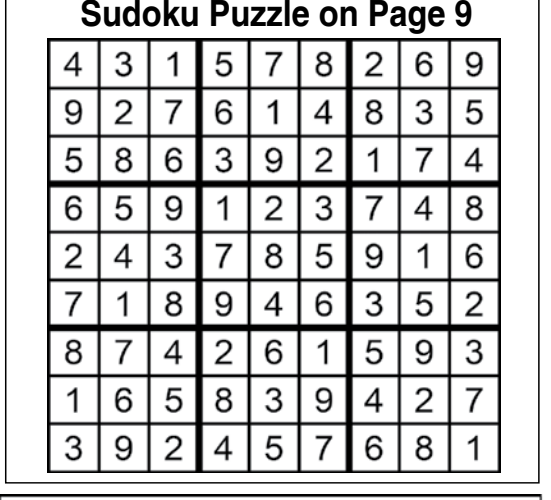
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**Sudoku Puzzle on Page 9**



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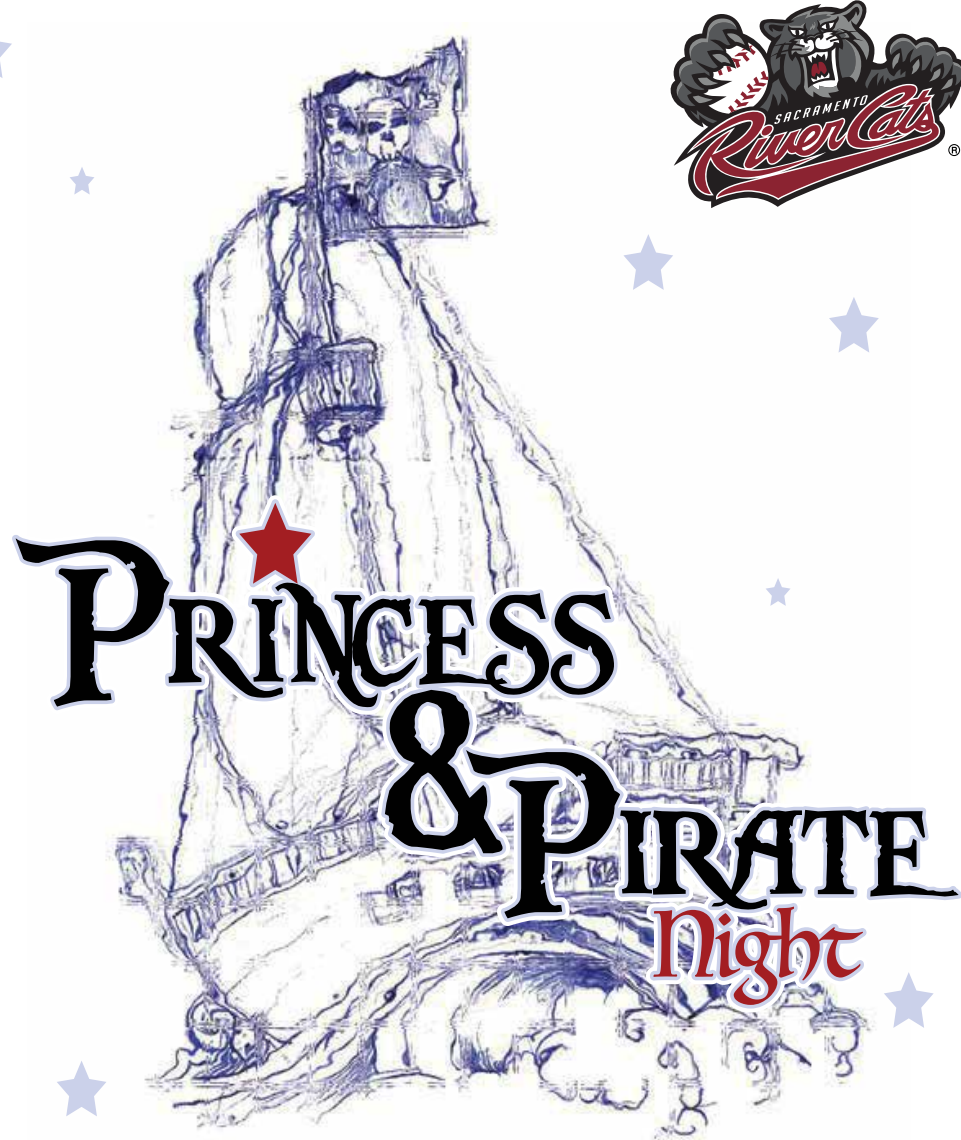
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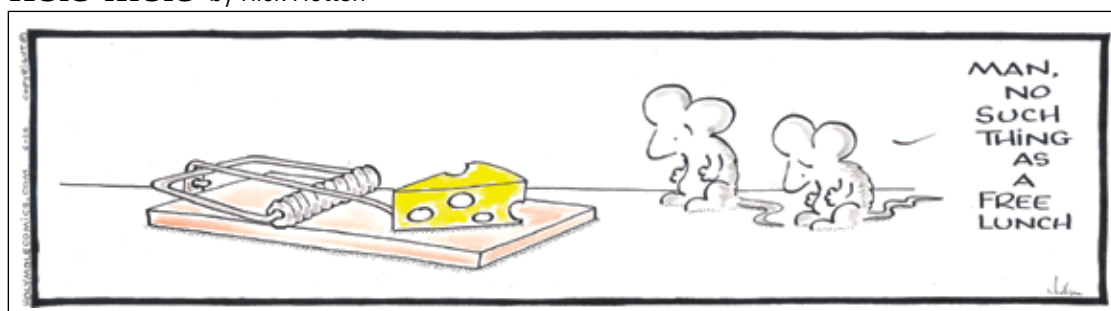
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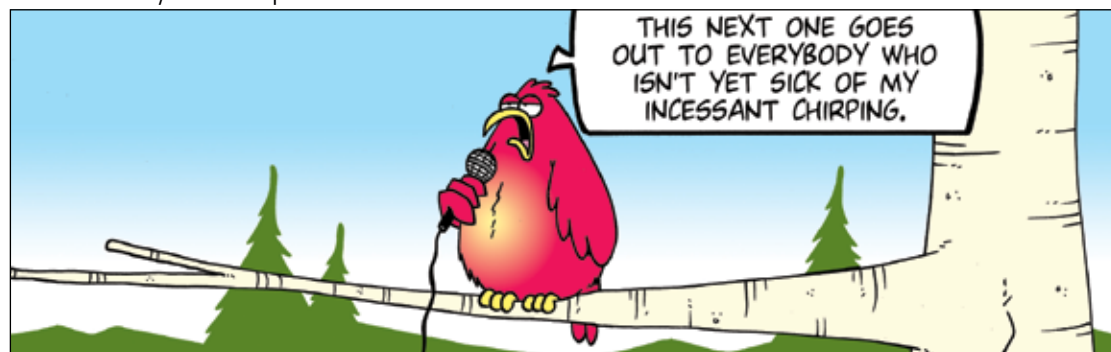
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# 1967 and "The Summer of Love:" A Half-Century Later



Commentary by Dr. Mark Hendrickson

**SACRAMENTO REGION, CA (MPG)** - For the baby-boomer generation (or at least the counterculture segment within it) the summer of 1967 became known as The Summer of Love.

Actually, most of us boomers never experienced it. Certainly, 1967 wasn't a blissful, carefree summer of love for the hundreds of thousands of Americans serving in Vietnam.

It didn't feel much like love in my hometown of Detroit either. Fifty years ago this week, on July 23, 1967 (a Sunday, as it is this year), deadly riots erupted in the Motor City. They lasted through Friday, July 28, when, with help from the National Guard (including Detroit Tigers' second baseman Dick McAuliffe), the mayhem expired. During that week, my friend Rick was scheduled to lay down some violin tracks at a music studio downtown. His dad asked me to accompany them to the inner city. When we knocked on the door of the studio, an unsmiling middle-aged African-American man looked at three nervous white guys and drily told us that they weren't going to set anyone on fire that evening.

The actual Summer of Love took place in the Haight-Ashbury neighborhood of San Francisco. It had become a spontaneous

hedonistic mecca for 100,000 hippies. A "summer of drugs, sex, and rock 'n' roll" would have been a more accurate description. Showing the proverbial power of the pen, writers managed to glamorize and mythologize a prolonged session of debauched self-indulgence. They portrayed hormonally charged young people taking the path of least resistance and luxuriating in sensual pleasures as something supposedly idealistic—loftier and nobler than the war in Vietnam and the economic struggle for the supposedly "almighty" dollar. The counterculture embraced the Summer of Love as its nirvana.

Whatever thrills the hippies at Haight-Ashbury might have had then, the legacy of the summer of '67 is far from glorious. Drugs, sex, and rock 'n' roll is hardly a formula for generational excellence. Think of "the greatest generation" that found the inner strength and character to prevail in the existential conflict of World War II: Would they have achieved such heroic heights had their priorities been to tune out the world and pursue ease and pleasure? Not a chance.

The Summer of Love romanticized unromantic sexual liaisons. Casual sex "liberated" men and women from commitment. It turned the life-affirming act of procreation into a life-cheapening pastime of recreation.

I'm sure many baby-boomers smile at the recollection of youthful flings in those days, but there was a dark side to unleashing the human libido. Millions of American families have fractured as a result of a man's or woman's addiction to the intense but transitory thrills of sexual pursuits. In doing so, they have inflicted incalculable emotional damage on millions of innocent children. Millions more children were never even born, because baby-boomers didn't want their pleasure-seeking lifestyles to be hampered by such weighty responsibilities.

Drugs? The tragedy of lives blunted and sometimes prematurely ended by drug usage has grown since the Summer of Love. You can supply your own statistics, anecdotes, and headlines. For me, the bottom-line issue is: How did our society get so spiritually anemic that millions of our compatriots still fall for the wicked illusion that happiness can be bought, then ingested, inhaled, or injected?

Rock 'n' roll? Here I'm ambivalent. 1967 was a fertile year for exciting, creative music—ranging from the Beatles' "Sgt. Pepper's" album to the beguiling West Coast sound of The Doors and Jefferson Airplane. The music was great, but it often wasn't innocent. The Doors evoked oedipal imagery. My wife loved the Airplane's "White Rabbit," not realizing until I explained to her in the '80s that it was a drug song. The Grass Roots captured the essence of the Summer of Love with their paean to immaturity and irresponsibility, Let's Live For Today:

"By chasing after money / And dreams that can't come true / I'm glad that we are different / We've better things to do / May others plan their future / I'm busy loving you..."

Bottom line on the rock 'n' roll aspect of the Summer of Love: Sonically enchanting tunes conveyed distinctly countercultural messages into many pliable minds. If you are old enough to remember the Summer of Love, I hope you emerged unscathed and have happy memories of it. If you are younger, you didn't miss anything except some fantastic music, and you didn't really miss that, because it's all available today. As for real, genuine love—not the hollow Summer of Love counterfeit—it dwells within you (see Luke 17:21).

— Dr. Mark W. Hendrickson is an adjunct faculty member, economist, and fellow for economic and social policy with The Center for Vision & Values at Grove City College. ★

# Want Baseball? See a Game Soon!

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- Friday, August 11 vs. Salt Lake City Bees (LAA) at 7:05 p.m.** (gates open at 5:00 p.m.)
- Postgame fireworks
  - Madison Bumgarner t-shirt giveaway to first 2,500 fans
  - Amy G book signing at 6:45 p.m. by the On Deck Shop. Be early!
  - Orange Friday, with \$2 off craft beer and live music in the Beer Garden by the Hey Nows from 5:00 p.m. to 6:00 p.m.

- Saturday, August 12 vs. Salt Lake City Bees (LAA) at 7:05 p.m.**
- Postgame Sutter Health Fireworks
  - Faith & Family Night, supported by K-LOVE, with pregame concert by Thrive Worship Bayside Church at 5:00 p.m.
  - Soap drive to benefit WEAVE- bring bar soap, liquid soap to donate in the ticket plaza
  - Family Pack, with 4 tickets, 4 caps, 4 meal vouchers, and access to watch fireworks onfield.

- Sunday, August 13 vs. Salt Lake City Bees (LAA) at 5:05 p.m.**
- K-LOVE Sunday Funday, with player autographs, facepainters, kids run the bases, and more!



**Monday, August 14 vs. Salt Lake City Bees (LAA) at 7:05 p.m.**

- Baseball Bingo Monday, presented by Cache Creek Casino Resort

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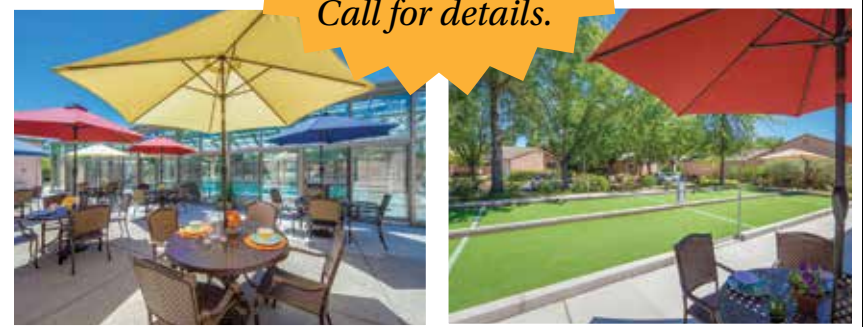
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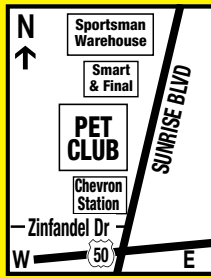
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Effective 8/9/17 - 8/15/17

**BLUE BUFFALO WILDERNESS DRY DOG FOOD**  
•Chicken (\$10 Off Reg Price) •Duck •Salmon •Large Breed Adult •Healthy Weight  
NEW LOW PRICE 24 Lb Bag, 100% Grain Free  
As Marked **\$8 OFF**  
OUR REGULAR LOW PRICES

**FUSSIE CAT PREMIUM DRY CAT FOOD**  
(Not Included- Buy one & get one free varieties)  
20% OFF  
OUR REGULAR LOW PRICES

**CAREFRESH PET BEDDING**  
60 Liter (Ultra Not Included) **\$12.99**

**WELLNESS CANNED DOG FOOD**  
Limit 2 Cases Natural 12.5 oz. Regular **\$1.89**  
•Stew •Core **\$1.99**

**MEOW MIX CAT FOOD**  
Market Select 2.75 Oz Cup Limit 1 Case **49¢**

**FELINE PINE HEALTHY CAT LITTER**  
20 Lb Bag Limit 2 Bags **\$7.99**

**SCIENCE DIET DRY DOG FOOD**  
28.5 lb-33 lb Bag  
•Lite •Active Maturity •Perfect Weight •Healthy Mobility •Sensitive Stomach •Oral Care  
Limit 2 Bags **\$4 OFF**  
OUR DISCOUNT PRICES

**SOLID GOLD DRY DOG FOOD**  
•Hund n Flocken •Wolf King Bison (24 Lb Bag) •Holistique •Millennia 28.5 Lb Bag Only Limit 2 Bags  
As Marked **\$9 OFF**  
OUR REGULAR LOW PRICES

**CHICKEN SOUP FOR THE SOUL DRY DOG FOOD**  
•Adult •Large Breed •Mature •Weight Care  
30 Lb Bag Limit 2 Bags **\$7 OFF**  
OUR ORIGINAL LOW PRICES

**PRECIOUS CAT CLUMPING CAT LITTER**  
20 Lb Box Limit 2 Boxes Cat Attract **11.99** Touch of Outdoors **\$7.49**

**NUTRO ULTRA DRY DOG FOOD**  
"Nature's Very Best Ingredients"  
•Adult •Large Breed Adult 30 lb **\$39.99**

**MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD**  
•Adult •Grain Free Chicken & Turkey •Grain Free Beef & Lamb •Grain Free Salmon & White Fish Limit 2 Bags per Family **ON SALE**

**CAT FURNITURE 20% OFF**  
•CRS •Alpine Cat Trees LOTS OF SELECTIONS ASSORTED STYLES  
OUR SUPER LOW PRICES

**PET n SHAPE HEALTHY DOG TREATS**  
All Varieties Including: Natural Dog Treats  
**20% OFF**  
OUR SUPER LOW PRICES

**VAN NESS CAT PANS**  
REGULAR HI-SIDES  
Large CP2 **\$3.49** Large CP2H3 **\$5.49**  
Giant CP3 **\$5.99** Large CP3H3 **\$6.99**

**MARINELAND POWER FILTER SALE**  
MODEL TANK SIZE PET CLUB SALE  
PENGUIN 100B 20 Gal. **\$19.99**  
PENGUIN 150B 30 Gal. **\$27.99**  
PENGUIN 200B 50 Gal. **\$33.99**  
PENGUIN 350B 75 Gal. **\$45.99**

**TETRA BOXED 10 GALLON TANK**  
With Economy Kit  
Just add Heater For Tropical Fish **\$36.99** Limit 1 Per Family

**NYLABONE Products**  
•Dura Chew •Flexi Chew •Healthy Edibles •Anit Alternatives •Dental Chew •Puppy Chew All Varieties  
**20% OFF**  
OUR SUPER LOW PRICES

**J&W GROOMING PRODUCTS**  
•Brushes •Deshedding Tools •Flea Comb •Nail Clippers  
All Varieties **20% OFF**  
OUR SUPER LOW PRICES

**PENN PLAX PLASTIC AQUA-PLANTS**  
**20% OFF**  
OUR SUPER LOW PRICES

**REEF CRYSTALS**  
50 Gal. Salt Mix **\$15.99**

**BONUS COUPON**  
**FRISKIES BUFFET CANNED CAT FOOD**  
5.5 Oz All Varieties  
Limit 12 Cans With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon Effective 8/9/17 - 8/15/17 **45¢** CT PLU 367

**BONUS COUPON**  
**WHISKAS TEMPTATIONS CAT TREATS**  
•All Varieties Except Natural - 3 Oz  
Limit 2 Pkgs with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon Effective 8/9/17 - 8/15/17 **\$1.19** CT PLU 569

**BONUS COUPON**  
**JONNY CAT CAT LINERS**  
Jumbo Drawstring - 5 Ct  
Limit 1 Box with Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon Effective 8/9/17 - 8/15/17 **\$1.89** CT PLU 449

# The Exciting New World of Snap On Dentures!



There are millions of people in the US who struggle daily with dentures. A majority suffer from discomfort as a result of loose or ill-fitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

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