



**HealthQuest Takes
New Approach to
Medical Equipment**
PAGE 13

**Check Out
Pet Club's
Offers This Week**
PAGE 14



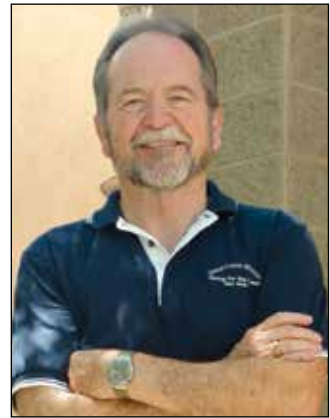
Carmichael Times

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Serving Carmichael and Sacramento County since 1981

JULY 14, 2017

**COMPASSION
THROUGH ACTION:
UNION GOSPEL
MISSION AT 55**



PAGE 2

**SMUD NOW REPLACING
DOZENS OF POLES,
MILES OF CABLE**



PAGE 5

**LOCAL SWIMMER
EARNS TEAM USA
ROSTER SPOT**



PAGE 3



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Homelessness on the Rise

New Report Confirms Increase in Number of People Experiencing Homelessness



In addition to overall increases in homelessness, the report found a 50 percent increase in the number of homeless veterans since 2015, up to 469 people.

SACRAMENTO, CA (MPG) - Despite housing 2,232 individuals and families who were experiencing homelessness in 2016, a new report commissioned by Sacramento Steps Forward and authored by Sacramento State's Institute for Social Research confirms that homelessness has increased across Sacramento county in the past two years.

According to the report, titled "Homelessness in Sacramento County: Results from the 2017 Point-in-Time Count," the total number of people experiencing homelessness has increased by 30 percent to 3,665 since 2015. Among people who are unsheltered, a subset of the total population who are living outdoors on the street, in tents, cars, or RVs, the number has increased by 85 percent to 2,052. Approximately 31% of people who are unsheltered are chronically homeless, meaning they

have experienced prolonged bouts of homelessness and are disabled.

"This report provides a sobering confirmation of what we see in our neighborhoods every day," said Ryan Loofbourrow, CEO of Sacramento Steps Forward. "It's frustrating that we could not stop the rising tide of homelessness, but we hope this information will provide regional leaders with the empirical data they need to collaborate on innovative solutions."

In addition to overall increases in homelessness, the report found a 50 percent increase in the number of homeless veterans since 2015, up to 469 people. The majority of these veterans are unsheltered. Veterans continue to make up approximately 13 percent of the total homeless population.

Individuals who reported continuous homelessness tended to

be substantially older and were often encountered in encampments near the American River Parkway, in contrast to younger people who were downtown. Older chronically homeless individuals – between 55 and 64 – were also more likely to report being a veteran or suffer from a disabling medical condition.

"This news affirms what is already evident to the people of Sacramento, the question is what are we going to do about it," said Sacramento Mayor Darrell Steinberg. "We are going to implement the city's \$64 million Whole Person Care grant together with our public housing resources to get 2,000 people off the streets as soon as possible. No excuses, no boundaries, action and results are all that matter."

There were drops in the numbers of families and transitional age youth who were found to be

homeless, which is a testament to the work of homeless service providers, but these groups are traditionally hard to survey for this type of report so the findings may not accurately capture a true census of these communities.

The report cites the housing drought as a potential factor in the rise of homelessness and explains that the trend in Sacramento is consistent with other communities who have tight housing market conditions. The report also explains the potential impact of flooding on the American and Sacramento rivers and improved statistical methodologies.

The rise in homelessness between 2015 and 2017 in Sacramento County is consistent with similar increases recently reported across the state. At the time the report was written, Alameda County reported a 39

Continued on page 4

Employment Trends Show Over-parenting Intruding on Workplaces

Special Release from Pacific Staffing

SACRAMENTO REGION, CA (MPG) -The latest quarterly survey of Sacramento regional employers has discovered that 'helicopter parenting' is apparently landing at work. Polling employers regularly since 1992 it appears a new trend may be emerging in workplaces involving 'parental hovering'. HR contacts surveyed say they are hearing more often now from parents than in past years.

Contact by a parent on behalf of an applicant or employee was noted by twelve percent (12%) of service firms, two percent (2%) of manufacturers, six percent (6%) of construction companies and five percent (5%) of retail employers polled directly by phone between May 22 and June 22, 2017. Pacific Staffing learned one quarter, or twenty-five percent (25%) of all companies reported having had this experience recently when asked about it directly. This is an unwelcome new trend and seems to be growing in the workplace.

In anecdotal comments, the people who hire and manage people suggest they don't want to hear from parents in any way. Comments described personal contact by a parent as 'meddling', an 'embarrassment for parent and child', 'not appropriate' and whether positive or negative unwelcome as an 'intrusion' that raised 'privacy issues' and often resulted in an unfavorable view of that individual as an applicant, or as an employee.

One HR contact says they were surprised when a parent called to say they fired their child without taking time to really 'understand' them. The response was 'just need them to do the job, not understand them'. Another described a parent who called to say they should not rescind a job offer as a parking

Continued on page 3

Women's Empowerment Raises \$205K at Annual Gala



Women's Empowerment graduates celebrate at the organization's 16th Annual Gala in May. The event raised more than \$205,000 to help Sacramento homeless women find homes and jobs. Photo by Jessie Rose Photography, jessierosephotography.weebly.com

SACRAMENTO REGION, CA (MPG) - Four hundred guests at Women's Empowerment's 16th Annual Celebration of Independence Gala raised more than \$205,000 for the organization's comprehensive job-readiness program for women who are homeless in Sacramento. The event, which took place at the DoubleTree by Hilton Hotel in Sacramento, included the chance to meet 75 graduates of the program who arrived wearing ballgowns and enjoy a formal dinner, live and silent auctions, live music and presentations from some of the graduates.

"This event always feels like a magical night

as women once isolated and homeless are now dressed to the nines and laughing with some of Sacramento's top donors," said Lisa Culp, executive director, Women's Empowerment. "Once again, hundreds of people came together in one night to commit to ending homelessness in Sacramento, one woman, one family, at a time. This is a community that cares deeply, and it shows."

Women's Empowerment was featured on NBC's The TODAY Show in 2015 for offering the most comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The

award-winning organization has graduated 1,437 homeless women and their children. Last year, 92 percent of graduates found homes and 81 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: www.womens-empowerment.org.

Source: Kristin Thèbaud Communications ★

Compassion Through Action: Union Gospel Mission at 55

Story and Photos by Jacqueline Fox

SACRAMENTO, CA (MPG) - For William Magana, it began with cutting. Up and down the Southern California native's body, he says, are more than 200 scars from self-mutilation that began when he was only 11, just after his mother, struggling to overcome a heroin addiction, was sent to prison outside Sacramento.

Until he was nearly 30, Magana lived between the two sides of the revolving door of foster homes, juvenile hall, mental wards, drug and alcohol addiction, arrests, prison, recovery and relapse.

"I supposed I was acting out because I wanted my mother, I wanted to be with her," says Magana, now 33. "So I started with cutting and then later it was drugs and drinking and all the things that go with that."

In 1997 Magana was given his first hit of methamphetamine and, for the next 17 years or so would work various jobs just to get enough money for more drugs. Stealing and robbing from his own employers, in one case \$8,000 from the till at a local convenience store, for which he would be convicted of a felony embezzlement charge, became routine survival tactics.

"I worked to drug and drugged to live," said Magana. "It was just an ongoing battle."

Eventually, he overdosed on his psych medication and wound up back inside one more mental institution near downtown Sacramento. But upon his release from that hospital, Magana says, something different happened, and it would set him on a course for change.

"I got out with nowhere to go and a couple of homeless guys said 'Go over to Sacramento's Union Gospel Mission. They can help you there,'" Magana recalls. "So I went. And I thank God every day for this place."

In 2015 Magana enrolled in



Pastor Tim Lane, Director of Union Gospel Mission Sacramento.

the Union Gospel's nine week drug and alcohol rehabilitation program for men, began studying the teachings of Jesus Christ and the Bible, a requirement all who wish to receive services at Union, and started to turn his life around. But, as is often the case with addiction and mental health issues, Magana began cutting again and within a few months left and got back into old patterns of self-destruction. But the seed had been planted and he returned in March of 2016.

"You can do that here if you are willing," says Magana. "They saw me come back and they took me in again."

Now, 16 months clean and sober, Magana is a graduate of Union's rehabilitation program and is working as the Mission's kitchen intern, assisting with the preparation of the meals given out to the roughly 120 men and women who walk through doors each day.

At 55, Union Gospel is on the precipice of growth and much-needed restoration. The restrooms inside the men's rehabilitation center and living quarters at its Bannon Street

facility have, through the donations of supporters, been given a makeover, complete with new floors, private stalls and granite countertops. Granite countertops and new floors, says Director Pastor Time Lane, may seem like small things, but to the men who are enrolled in the Mission's rehabilitation program, and the guests the facility serves, they represent little reminders of self-worth.

"What we want to do with the renovations is provide a space that gives our residents a sense of pride and value," said Lane, who has served in his current capacity at Union Gospel since 2005.

Union Gospel can currently house up to about 60 men in its temporary shelter, but those stays are only good for roughly seven nights, after which they must leave for a minimum of three nights before cycling back in again. This is to allow others to rotate in. They must carry a current TB card, proof of a recent, negative Tuberculosis test and inoculation and attend bible study sessions.

Meals are served twice daily

inside the main dining hall. In 2016, more than 100,000 men, women and children received a hot meal at Union.

Although the area's homeless population is rising, the numbers served at the mission remain relatively consistent, but that is because availability is limited to current capacity only. Union Gospel's Bible-based, modified 12-step drug and alcohol rehabilitation program can serve up to 24 men at a time. Its goal is to steer participants toward a life of recovery, as well as a life centered on the gospel. "They don't have to convert, but they have to give us a chance to offer them information about the teachings of the Bible and how, if they want to, they can change for the better, change for good," says Lane.

Union Gospel Mission offers free showers and access to clean clothes for men who come in from the street during specified hours during the week. In addition, weekly food boxes are donated at a rate of roughly 2,000 a year. The Mission also hands out some 12,000 hygiene kits with shampoo, deodorant, toothbrushes and other essentials that are hard to come by for many of the area's homeless, as well as job-preparation training, mailroom services, locker rentals, access to a medical clinic, free haircuts, toys for children at Christmas, and other services as the need arises.

The main dining hall is transformed into a warming center in winter and, especially with the region's latest heatwave, serves as a cooling center during the day time. Every August, Union also puts on a massive birthday party open to anyone on the streets, working or living onsite, as way to provide them with recognition of a day that, for many, often goes unnoticed.

"When you're on the streets, homeless, or estranged from family members, your birthday can come and go without anyone acknowledging that," says Eileen Trussell, Union Gospel's office manager. "So we get balloons and have a giant cake and just offer one big birthday party for anyone who wants to come. It's an important thing to have someone acknowledge your birthday."

For all its able to provide the area's homeless and needy population, Union Gospel's resources for women are limited, although statistics suggest women, including those with children in particular, represent a growing sector of the homeless population across the region and nationwide.

The Bannon Street facility does provide one critical service: It's women's drop in clothes closet, where blouses, dresses, skirts, jackets, shoes, purses and even accessories, are available, free to any one in need. There is also a small inventory of clothing and shoes for children.

Lane, who was raised by a single mother, said the clothes closet fills a significant gap for many women and those with

children, but added that there is a vital need to do much more, as more women are not just in need of clothing but also a place to sleep.

"We served just over 1,500 women and children through the clothing closet in 2016," said Lane. "But clothing is not enough. We are seeing more and more women on the streets with no place to go. Right now we don't have the facilities to house women who need a place to sleep, but we are moving in that direction."

Earlier this year, Union Gospel purchased a 9,600 square-foot building on B Street in the River District with the intention of establishing a women's rehabilitation program with beds for overnight stays. Permits are

He has re-established a relationship with two of his three children and is looking forward to once again having a place of his own where they can be a family again. As a condition of his parole, Magana promised to back the employer he stole from in exchange for a reduced sentence on his record. With the help of the \$200 a month he earns working in the kitchen, he's managed to whittle that \$8,000 down to \$3,000.

"This time, I've gone deeper into God," said Magana. "I worked hard to learn as much as I could and today I have no desire to drink, use drugs or cut myself. God has taken those impulses away from me."

While the journey has included a few bumps and



William Magana, a recent graduate of Union Gospel Mission's Drug and Alcohol Rehabilitation Program, now works onsite as the kitchen intern.

being pulled for the new enterprise, but unfortunately, says Lane, the process is moving very slowly, as officials have been reticent to allow for the opening of one more homeless services center in an area of town largely considered to be saturated with homeless services already.

"We are in the permitting process now, but it's moving very slowly," said Lane. "Unfortunately the city has some concerns, and we understand why. With the confluence of two rivers, you have all the homelessness you need. But the need is strong. We are seeing many more women out there than we used to see. I know one woman who literally grew up on the streets. Her mother was homeless. I don't know where she is today, but her daughter is out there. She's had three babies out there on the streets. The state takes them away each time and she goes right back out again."

But for every heartbreak story there is the potential for thousands of stories of success: More than 21,000 men received services through Union Gospel in 2016 and, of that number, 12 successfully enrolled in and graduated from the mission's nine-month rehabilitation program and started new lives in recovery and service, Magana among them.

detours, Magana is on a new path, one of recovery fueled, he says, by the power of prayer and the commitment to one day giving back what has so freely been given to him. Twice.

"I never knew how much happiness I could get out of helping others," Magana said. "It's filled a piece of me I think was missing." ★

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WAYS TO HELP:
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Hometown Heroes

Story and Photo Courtesy Hometown News Service

RANCHO CORDOVA, CA (MPG) - U.S. Air Force Airman Ernest Kennedy III graduated from basic military training at Joint Base San Antonio-Lackland, San Antonio, Texas.

The airman completed an intensive, eight-week program that included training in military discipline and studies, Air Force core values, physical fitness, and basic warfare principles and skills.

Airmen who complete basic training also earn four credits toward an associate in applied science degree through the Community College of the Air Force.

Kennedy is the son of Carolyn J. Manuel and step-son of Kelvin Ambers, and grandson of Floyd E. Brooks, all of Rancho Cordova, Calif.

He is a 2013 graduate of Florin High School, Sacramento, Calif. ★

Pictured is Florin High School alum, U.S. Air Force Ernest Kennedy III.

Source: Joint Hometown News Release

Local Swimmer Earns Team USA Roster Spot



Amalie trains with DART Swimming at Sacramento under Brian Nabeta. Photo courtesy Wendi Zales - DART

By Wendi Zales

SACRAMENTO REGION, CA (MPG)

- Based on the results at the U.S. National Championship, Amalie Fackenthal, 17, from DART Swimming at Sacramento made the Team USA roster for the 2017 FINA World Junior Swimming Championships, which will be hosted by USA this year, at the Indiana University Natatorium in Indianapolis on August 23-28.

Amalie was selected based on her 100m freestyle performance at the Phillip 66 U.S. National Championships / World Championship Trials last week where she posted a 55.61 second swim, tying for 3rd place overall

amongst all 17 & under female swimmers.

USA will field a team of 24 women and 19 men total at the World Junior Championship. Nearly 800 athletes from 167 countries are expected to compete in this six-day meet, which "will feature an early look at young athletes who will vie for positions on their respective nations' Tokyo 2020 Olympic Games teams", according to FINA (Fédération Internationale de Natation), the governing body for aquatics worldwide.

Also at U.S. Nationals, Amalie placed 13th overall (all ages) in the 50m Fly event with a time of 27.02. She was 2nd amongst the 17 & Under girls.

Amalie trains with DART Swimming at Sacramento under Brian Nabeta.

Most recently during the spring high school season, Amalie swam for Sacramento Country Day High School Swim Team. The Country Day high school team was also coached by Brian Nabeta, and won State titles in both the 50 yard and 100 yard Freestyle at the CIF State Swimming and Diving Championships, setting a new State meet record in the 50 yard Freestyle.

Amalie is a Senior. She has been swimming under the DART at Sacramento coaches since she was 9.

Source: DART Swimming-Sacramento ★

Employment Trends Show Over-parenting Intruding on Workplaces

Continued from page 1

valet, but couldn't dispute the decision when they learned the individual was let go when they could not drive a stick shift. A fact not revealed in the interview or to the parent.

With seventy-two percent (72%) of employers in the Sacramento region hiring in the

next three months, new challenges are emerging. They include finding qualified applicants, including a wide variety of IT positions, construction equipment operators and skilled trades, sales, customer service and adequate numbers of entry level people. HR contacts also report retention of current

workers and growing wage pressure from the thin talent pool as issues in Q3. Nineteen percent (19%) of hiring was motivated by seasonal needs in July, August and September.

For more information, employment blogs and market surveys go to www.pacificstaffing.com. ★



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This custom home is a fusion of stunning architectural design and functionality. Situated behind its own private gate, the residence is surrounded by mature trees and extensive landscaping. Enjoy a welcoming foyer, huge family room with soaring ceilings and clerestory windows, and a beautifully appointed open-concept kitchen. 5+ bedrooms, office, game/media room.



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Homelessness on the Rise

New Report Confirms Increase in Number of People Experiencing Homelessness

Continued from page 1

percent increase in homelessness, a 76 percent increase in Butte County, and a 23 percent increase in Los Angeles County.

"This report confirms what we all see with our own eyes: a shocking and unacceptable rise in the number of persons experiencing homelessness. We need to redouble our efforts to increase our stock of affordable housing so that everyone in Sacramento has a simple home of their own," said Joan Burke, who is Chair of Sacramento's Homeless Continuum of Care Advisory Board and Director of Advocacy Loaves & Fishes.

Sacramento Steps Forward commissioned this report as a part of its biennial point-in-time count, which is a county-wide census of people experiencing homelessness. It provides

a snapshot of who is homeless on a single night. The U.S. Department of Housing and Urban Development requires local communities to conduct this census every two years as a condition of receiving federal funding for their Homeless Continuum of Care, for which Sacramento Steps Forward is the lead agency.

The point-in-time count was conducted on January 25, 2017 by nearly 400 trained volunteers who fanned out across the county to count and survey people living on the street, in tents, cars, and RV's, while a data team documented the number of people sleeping in emergency and transitional shelters.

The point-in-time count and this report were made possible thanks to funding from the County of Sacramento,

U.S. Department of Housing and Urban Development, and Sacramento Housing and Redevelopment Agency.

Sacramento Steps Forward is a 501(c)(3) non-profit homeless service agency who, through collaboration, innovation, and service, is working to end homelessness in our region.

Founded in 1989, Sacramento State's Institute for Social Research (ISR) is an interdisciplinary unit that harnesses the power of scientific research tools to address social problems. Their research and analysis expertise, learned through the hundreds of projects completed for government agencies, nonprofit organizations and the academic community, provides the region with actionable information that can inform key policies and decisions. ★

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SMUD Now Replacing Dozens of Poles, Miles of Cable

SACRAMENTO REGION, CA (MPG) - If you're a SMUD customer, there's a good chance you'll see SMUD workers out this summer along area streets and highways working to improve the SMUD electrical system. Reliability is a core value of community-owned SMUD, so a lot of the work is preventative, concentrating on replacing older power poles and installing and replacing miles of underground cable. Safety is ingrained in SMUD's culture. Doing the work now precludes needing to do it later such as during the winter storm season.

SMUD's electrical grid serves about a million and a half people. The system is about 40 percent overhead (wires and transformers and other equipment on poles) and about 60 percent underground (buried cable and other equipment, and pad-mounted transformers). SMUD plans to replace approximately a thousand poles over the rest of the calendar year and some 3,000 poles over the next several years.

Most of the electrical grid is redundant, which means most of the customers affected by an outage can be rerouted to other power lines and circuits while the underground cable or damaged pole, transformer, or other electrical equipment is fixed or replaced. Most outages last less than an hour as a result. There are, however, some people who will experience longer outages because there are no redundant power lines in their area, or the damaged equipment affects them directly.

While underground electrical equipment provides for better aesthetics, it can also present significant challenges for all utilities, including SMUD. By its nature, any problem with equipment installed underground is going to be more difficult to initially locate, sometimes taking an hour or two. Repairing it can take several hours depending on



SMUD line crews replaced power poles on Hazel Avenue overnight June 28/29. The poles support 69,000-volt power lines that are the backbone of the SMUD system that delivers electricity to homes and businesses. The work is part of SMUD's efforts to enhance the SMUD grid's reliability.

the problem and the location. The longer restoration time is a trade-off for having underground service, compared to overhead service.

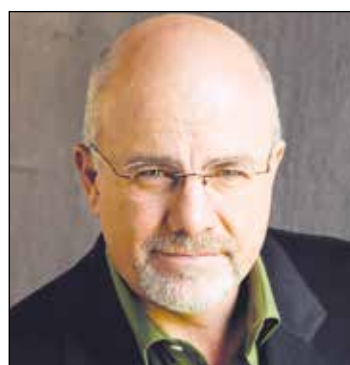
The underground power cables that were manufactured decades ago tend to have higher failure rates. SMUD is replacing that cable with much better cable that has benefited from more rigorous testing and better manufacturing techniques. They are replacing the older cable at a rate of about 400,000 feet—or more than 75 miles of new cable—which would be roughly the distance from Folsom to Lake Tahoe, per year over the next several years.

Meanwhile, the SMUD smart grid has become more robust every year since smart meters

were installed at the beginning of the decade. The smart grid now enables more expedient identification of outages, which results in quicker restoration times. Sometimes power can be restored remotely or even automatically without having to dispatch a troubleshooter and a truck.

No one likes being without power, even for a short period of time. If your power is out, please contact SMUD and report it at the SMUD.org Outage Portal page, or by calling 1-888-456-SMUD. SMUD has optimized its outage map and outage reporting options for mobile phones as well. For more information visit SMUD.org.

Source: SMUD Media ★



Dave Says

Discussing and negotiating

Dear Dave,

I've accepted a promotion that would take me from an hourly wage to a salaried position. Do you have any advice for negotiating a salary?

- J

Dear J,

The quick and simple answer to this question is you negotiate it based on what you're worth to the company. Now, how do you figure that out?

There are a couple of measuring sticks you can use. One is associated with the revenue you bring in, and that's a nice, concrete reference. Another thing you can do is research some of the more reputable career websites and develop a compensation study based on comparable positions in your area.

If you're a valuable team member of mine who's moving from hourly to salary, it wouldn't be a "negotiation" — it would be a discussion. Honestly, most positions are priced initially at the amount you can be replaced

for in the new role. In other words, what's the going rate for someone in your position?

If it were me, I'd produce two or three well-researched compensation studies. Give them to your bosses, and talk it through with them. Depending on the size of the company, they may not have done that much work figuring it out themselves.

It's kind of like deciding what to ask for when you sell a car. You try to appraise it for what it's worth in the marketplace to other people. That's the way you have a discussion. It's not that you're telling them what to do or presenting an ultimatum, you're asking questions and presenting information. If someone did that in my office with a respectful and professional manner, it would go a long way.

—Dave

Hands off the emergency fund!

Dear Dave,

Sometimes our budget gets busted because of home improvements and various other things. I think we should take money from our emergency fund when this happens, but my wife says it should come out of our restaurant or fun money. What's your opinion?

- Josh

Dear Josh,

Overspending isn't an emergency. If you budget a set amount in one category, and you go over that amount, you've got to reduce something in another area to stay within your budget for the month.

If something happens on a pretty regular basis, it's not an emergency, it's a predictable event. That means you need to budget a larger amount for home improvements or whatever the problem area may be.

On a month-to-month basis, if you have \$200 budgeted for household repairs, and any work turns out to be \$300, I'd rather you cut back on eating out or another non-essential category to make up the difference.

Your wife is right on this one!
—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, Entrepreneurship and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★

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The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

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Thurs., Aug. 3 (Dinner @ 6:30 pm)
Thurs., Sept. 7 (Dinner @ 6:30 pm)
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East Lawn Memorial Park & Crematory
4300 Folsom Blvd., Sacramento, CA 95819
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(Spanish & English)
East Lawn Andrews & Greilich Mortuary
3939 Fruitridge Road, Sacramento, CA 95820
To RSVP or More Info: 916.732.2026

Thurs., July 13 (Dinner @ 6:30 pm)
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Crossword Puzzle on Page 9

T	I	R	E	D	B	B	C		S	T	E	W
U	T	E	R	I	L	A	H		H	O	U	R
B	L	A	N	C	U	S	A		O	F	F	A
A	L	L	S	T	A	R		F	A	N	T	A
			T	U	N	D	E	U	S			
A	K	A		M	I	N	I		G	H	E	T
G	A	U	D		M	O	S	T		U	S	H
E	Z	R	A		A	S	H	E	S		P	E
N	O	U	N	S		E	P	E	E		N	I
T	O	M	A	T	O		A	M	A	H		R
			O	V	E	N		M	U	G		
M	A	R	T	I	A	L		H	Y	D	R	A
A	D	H	O	C		A	R	E		D	O	T
D	I	E	T	S		T	A	R		L	O	O
E	T	A	S			E	N	D		E	M	P

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Sudoku Puzzle on Page 9

6	3	1	2	7	9	5	8	4
2	4	8	1	6	5	9	7	3
9	5	7	8	4	3	2	6	1
3	9	5	4	1	6	8	2	7
7	2	4	5	3	8	1	9	6
1	8	6	9	2	7	3	4	5
5	7	3	6	9	2	4	1	8
4	6	9	3	8	1	7	5	2
8	1	2	7	5	4	6	3	9

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ALL 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04830 Michael Le., 6035 Stockton Boulevard #A Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Cambodia Restaurant" at 6035 Stockton Boulevard #A Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 13, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04817 Carol Lynn Dormeyer-Kirby., 6847 Goot Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Closest Case Consignment Boutique" at 6723 Winding Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 13, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04792 Backbone Restaurant Group Inc., 3112 Windsor Drive Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Backbone Cafe" at 729 J Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 12, 2017. Publish: June 23, 30, July 7, and 14, 2017
BACKBONE 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04799 Marisol Hernandez Himmel, 4645 Pennsylvania Avenue Unit B Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Sacramento Spark" at 4645 Pennsylvania Avenue Unit B Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 12, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04785 Wesley S. Hanson, 9615 Clay Station Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "The Text Link, Hanson Digital Marketing" at 9615 Clay Station Road Wilton, CA 95693. Filed with the Clerk of Sacramento County June 12, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04107 Kino D. Montanes, 8184 Craffton Court Sacramento, CA 95828 and Soliz, Arnold, 7708 McMullen Way Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "KA Services 921" at 8184 Craffton Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County May 16, 2017. Publish: June 23, 30, July 7, and 14, 2017
KA 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04712 Nina O. Brisco, 7301 Bilby Road Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Brisco & Co" at 4241 Florin Road Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 8, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04637 Mayra I Lepe Lopez, 8385 Jackson Road Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Dry Leaf Tree Service" at 8385 Jackson Road Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 6, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04253 Lashawndia Thompson, 8100 San Remo Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Mone, Mone Thompson" at 8100 San Remo Way Sacramento, CA 95823. Filed with the Clerk of Sacramento County May 19, 2017. Publish: June 23, 30, July 7, and 14, 2017
MONE 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04840 Amber C. and Randy D. Beckemeyer, 8128 Deseret Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Infinite Reflections" at 8128 Deseret Avenue Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 14, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FBNF2017-04469 Karina Vega Castillo, 6331 Garland Court North Highlands, CA 95660 and Alejandra Marquez, 3908 Floral Drive North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Estetica Nueva Era" at 3647 Elkhorn Boulevard North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 30, 2017. Publish: June 23, 30, July 7, and 14, 2017
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FBNF2017-04824 Aneecia Ranil Prakash, 7985 Clavell Court Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "SHUTTLLS, SHUTTLLS, Dealsgram, Genius Nurses-Complications Monitoring, iExpressions Album Bibbox" at 7985 Clavell Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 13, 2017. Publish: June 23, 30, July 7, and 14, 2017
SHUTTLLS 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04147 Aum Foods Inc, 2069 Arena Boulevard #100 Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Mountain Mike's Pizza" at 2069 Arena Boulevard Suite 100 Sacramento, CA 95834. Filed with the Clerk of Sacramento County May 16, 2017. Publish: June 23, 30, July 7, and 14, 2017
MOUNTAIN 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04745 Helen Dien, 3908 Sierra Gold Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Helen Family Hair and Nail" at 4787 Manzanita Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 9, 2017. Publish: June 23, 30, July 7, and 14, 2017
HELEN 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04846 A-1 Advantage Asphalt Inc, 10308 Placer Lane Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "A-1 Advantage Concrete, Advantage Concrete, A-1 Advantage Equipment, Advantage Equipment, Advantage Asphalt, West Coast Grinding" at 10308 Placer Lane Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 14, 2017. Publish: June 23, 30, July 7, and 14, 2017
A-1 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04797 Jill S. and Kirk C. Johansen, 1391 Gary Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Travel by Jill & Company" at 1391 Gary Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 12, 2017. Publish: June 23, 30, July 7, and 14, 2017
TRAVEL 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04850 Sean Stack, 3301 North Park Drive #2816 Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Fat Cat Recording" at 5720 Roseville Road #K Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 14, 2017. Publish: June 23, 30, July 7, and 14, 2017
FAT 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04350 Maxim Kreydich, 4998 Harston Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Mar's Diesel Clinic" at 4998 Harston Way Antelope, CA 95843. Filed with the Clerk of Sacramento County May 24, 2017. Publish: June 23, 30, July 7, and 14, 2017
MAXS 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04588 Julie Renee Vierra, 2329 Benita Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Lexi Jean Photo" at 2329 Benita Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 5, 2017. Publish: June 23, 30, July 7, and 14, 2017
LEXI 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04763 Chanton Enterprises, LLC, 400 Capitol Mall Suite 1850 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Strings Urban Kitchen, By the Event" at 1500 7th Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 9, 2017. Publish: June 23, 30, July 7, and 14, 2017
STRINGS 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04736 Steven Bruce, 5690 Tangerine Avenue Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "A Bit of Character" at 5690 Tangerine Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 9, 2017. Publish: June 23, 30, July 7, and 14, 2017
BIT 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04868 Robert J Sipe III, 6635 Hazel Avenue Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "1 Believen" at 6635 Hazel Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 15, 2017. Publish: June 23, 30, July 7, and 14, 2017
BELIEVEN 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04819 Cherie Hokamura, 5124 2nd Avenue Sacramento, CA 94817 is doing business under the Fictitious Business Name(s) "Cherie Hair Co" at 2322 Butano Drive Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 13, 2017. Publish: June 23, 30, July 7, and 14, 2017
CHERIE 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04798 A Ok Auto Inc, 113 Oak Ravine Way Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "A Ok Auto" at 1825 Fulton Avenue Suite A Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 12, 2017. Publish: June 23, 30, July 7, and 14, 2017
AOK 170602 7-14-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04993 Essence Woodridge, 3727 17th Avenue Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Urban Beauty Salon & Spa" at 4444 Manzanita Avenue #2 Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 21, 2017. Publish: June 30, July 7, 14, and 21, 2017
ACCENTS 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04723 Abigail Ivey DeLemos, 7662 Glenacre Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "House of Ivey Floral" at 7662 Glenacre Way Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 8, 2017. Publish: June 30, July 7, 14, and 21, 2017
HOUSE 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04069 Michael K. Sage, 9283 Benefield Court Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "MKS Masonry" at 9283 Benefield Court Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 15, 2017. Publish: June 30, July 7, 14, and 21, 2017
MKS 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04912 B & A Enterprises, Inc, 116 Liphon Court Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Checkers" at 7911 Auburn Boulevard Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 19, 2017. Publish: June 30, July 7, 14, and 21, 2017
CHECKERS 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04958 Alternative Outlet, 2920 Marysville Boulevard Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Alternative Farm" at 2920 Marysville Boulevard Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 20, 2017. Publish: June 30, July 7, 14, and 21, 2017
ALTERNATIVE 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04867 Sumoeco Enterprises LLC, 401 Ryland Street Suite 200A Reno, Nevada 89502 is doing business under the Fictitious Business Name(s) "Walk-N-Roll Auto" at 7000 Franklin Suite 720 Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 15, 2017. Publish: June 30, July 7, 14, and 21, 2017
WALK 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04703 Gregor John Wakefield, 9625 Mira Del Rio Drive Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Bobcat's Outdoor, Bobcat's Adventure Sports, Bobcat's Tactical, Bobcat's Adventure Sports Outfitter" at 1805 Tribute Road Suite H Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 8, 2017. Publish: June 30, July 7, 14, and 21, 2017
BOBCATS 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04573 American Driving Records Inc, 2860 Gold Tailings Court Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Rocket Registration" at 11040 White Rock Road #200 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 5, 2017. Publish: June 30, July 7, 14, and 21, 2017
ROCKET 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04990 HN Nails & Spa, INC, 8259 Laguna Boulevard #120 Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Happiness Nails" at 8259 Laguna Boulevard #120 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 21, 2017. Publish: June 30, July 7, 14, and 21, 2017
HAPPINESS 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04863 Jeanne L Skondin, 8435 Mediterranean Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Woman's Wealth Principles" at 8435 Mediterranean Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 15, 2017. Publish: June 30, July 7, 14, and 21, 2017
WOMANS 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04849 Adrian X. Armand, 8352 Citadel Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Supernova Security Force" at 8352 Citadel Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 14, 2017. Publish: June 30, July 7, 14, and 21, 2017
SUPERNOVA 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04847 Der Auto Corporation, 641 Westchester Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Cal Auto Sales" at 3054 Sunrise Boulevard Suite J Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 14, 2017. Publish: June 30, July 7, 14, and 21, 2017
CAL 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05000 Madison Jean Kay Stark, 8725 LaRiviera Drive Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Bark and Meow Pet Services" at 8725 La Riviera Drive Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 21, 2017. Publish: June 30, July 7, 14, and 21, 2017
BARK 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04947 Yury Mamchich, 7404 Fireweed Circle Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Craft Freight Services" at 7404 Fireweed Circle Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 20, 2017. Publish: June 30, July 7, 14, and 21, 2017
CRAFT 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05008 Steven Bailey, 1619 Ballou Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Ski Drone Aerial Services" at 111 Natoma Street Folsom, CA 95630. Filed with the Clerk of Sacramento County June 22, 2017. Publish: June 30, July 7, 14, and 21, 2017
SKY 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05009 Choy Sateum, 6527 37th Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Smog In" at 5889 Stockton Boulevard #C Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 22, 2017. Publish: June 30, July 7, 14, and 21, 2017
SMOG 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05011 Shelli Little Massoud, 6395 Lochinvar Drive Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Gramma Sue's Adventure Day Care, Gramma's Preschool and Day Care" at 6395 Lochinvar Drive Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 22, 2017. Publish: June 30, July 7, 14, and 21, 2017
GRAMMA 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05003 NorCal Sheets LLC, 4225 Pell Drive Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "PackageOne" at 4225 Pell Drive Sacramento, CA 95838. Filed with the Clerk of Sacramento County June 22, 2017. Publish: June 30, July 7, 14, and 21, 2017
PACKAGE 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04978 Project Hope Center, 245 Bauer Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "LA Vintage Pink Door Unique Finds for a Curated Home, Pink Door" at 815 Sutter Street #G Folsom, CA 95630. Filed with the Clerk of Sacramento County June 20, 2017. Publish: June 30, July 7, 14, and 21, 2017
PINK 170620 7-21-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05253 Roger J. Bendix, 5201 Dewey Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Handle-up.com, Faux Real Floral" at 5201 Dewey Drive Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 30, 2017. Publish: July 7, 14, 21, and 28, 2017
HANDLE 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04880 Gwendoline Tran, 1082 Jewel Flower Street Plumas Lake, CA 95661 is doing business under the Fictitious Business Name(s) "Salon D' Elegance" at 5345 San Juan Avenue Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 15, 2017. Publish: July 7, 14, 21, and 28, 2017
SALON 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05034 Daniel Quinn, 1218 Meredith Way Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "DMQ Properties" at 1218 Meredith Way Folsom, CA 95630. Filed with the Clerk of Sacramento County June 23, 2017. Publish: July 7, 14, 21, and 28, 2017
DMQ 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05032 Jorge and Rosario Oeugera, 14340 Haycore Street Sloughhouse, CA 95668 is doing business under the Fictitious Business Name(s) "El Palmar" at 2452 Mission Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 23, 2017. Publish: July 7, 14, 21, and 28, 2017
ELPALMAR 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05133 Karen Krausbar, 4646 Zube Court Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Lynrk Enterprise" at 4646 Zube Court Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 28, 2017. Publish: July 7, 14, 21, and 28, 2017
LYNNK 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04898 Ravi Thangappan, 3525 Rainsong Circle Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Small Art" at 3525 Rainsong Circle Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 16, 2017. Publish: July 7, 14, 21, and 28, 2017
SMALLART 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04999 Loc Hoang Vu, 8487 Green Trails Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Vu Welding Design" at 8487 Green Trails Court Elk Grove, CA 95624. Filed with the Clerk of Sacramento County June 21, 2017. Publish: July 7, 14, 21, and 28, 2017
VU 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04961 Sully Monkey Studios, LLC, 200 S. Virginia 8th Floor Reno, NV 89501 is doing business under the Fictitious Business Name(s) "Kanopi Studios" at 200 S. Virginia 8th Floor Reno, NV 89501. Filed with the Clerk of Sacramento County June 20, 2017. Publish: July 7, 14, 21, and 28, 2017
KANOPI 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05313 Eduardo Torrico, 11789 Loisdale Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Cal Bol Import Export" at 11789 Loisdale Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 3, 2017. Publish: July 7, 14, 21, and 28, 2017
CAL 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04674 NanHui Jo, 6614 Surfside Way #D Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Woorisite" at 6614 Surfside Way #D Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 7, 2017. Publish: July 7, 14, 21, and 28, 2017
WOORISITE 170620 7-28-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04917 Terry Moulding, 2085 Ladera Drive Lincoln, CA 95648 is doing business under the Fictitious Business Name(s) "Carpets Plus" at 2943 Gold Pan Court Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 19, 2017. Publish: July 14, 21, 28, and August 4, 2017
CARPETS 170620 8-4-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05033 Ravette and Cortez Taylor, 11887 Country Garden Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Divinity Hair and Beauty" at 11887 Country Garden Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 23, 2017. Publish: July 14, 21, 28, and August 4, 2017
DIVINITY 170620 8-4-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05422 Jania Delaney, 4932 13th Avenue Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "IRIS" at 4932 13th Avenue Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 7, 2017. Publish: July 14, 21, 28, and August 4, 2017
IRIS 170620 8-4-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-04548 Ryan Westlake, 5443 College Oak Drive #23 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Norcal Kettle Corn" at 5443 College Oak Drive #23 Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 2, 2017. Publish: July 14, 21, 28, and August 4, 2017
NORCAL 170620 8-4-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05331 Aparna Ghosh, 3216 Bridgeway Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" at 929 Sutter Street Folsom, CA 95630. Filed with the Clerk of Sacramento County July 3, 2017. Publish: July 14, 21, 28, and August 4, 2017
SKINCARE 170620 8-4-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-05495 Everyday Consulting, INC, 9372 Hoyleton Way Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Everyday Impact Consulting" at 717 K Street Suite 217 Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 10, 2017. Publish: July 14, 21, 28, and August 4, 2017
EVERYDAY 170620 8-4-17

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
FBNF2016-01948 The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Laguna's Awesome Party Palace" located at 3147 Dwight Road #100 Elk Grove, CA 95758. YPS Entertainment, INC, 3147 Dwight Road #100 Elk Grove, CA 95758. The Fictitious Business Name Statement referred to above was filed on March 8, 2016 in the County of Sacramento. Publish: July 14, 21, 28, and August 4, 2017
LAGUNAS 170707 07-14-17

ORDER TO SHOW FOR CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2017-00213973
WHEREAS Liangchun Qin, Xinhua Qiu has filed a petition with this court for a decree changing the name(s) of Paula Tianbei Qin to Paula TianbeiQin SupremeBliss, Queena Zibei Qin to Queena ZibeiQin SupremeBliss, and Gaia Lingbei Qin to Gaia LingbeiQin SupremeBliss.
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 21, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 14, 2017
David I. Brown, Judge of the Superior Court
Publish: June 23, 30, July 7, and 14, 2017
QIN 170601 7-14-17

ORDER TO SHOW FOR CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2017-00213983
WHEREAS FNU Attallah has filed a petition with this court for a decree changing the name(s) of FNU Attallah to Attallah Taufiq.
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 25, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 14, 2017
David I. Brown, Judge of the Superior

PG&E, CA Fire Safe Councils Join Forces to Combat Wildfire Risk

SACRAMENTO REGION, CA (MPG) - Even though the drought emergency is over, the damage has already been done. The drought and bark beetle infestation have killed more than 100 million trees in California, and U.S. Forest Service scientists expect elevated levels of tree mortality to continue into this year in some areas. That's why Pacific Gas and Electric Company (PG&E) is working with local Fire Safe Councils, providing nearly \$2 million in project funding to reduce the threat of wildfires.

"Nothing is more important than the safety of our customers, employees and the communities we serve. While most California counties received significant rainfall this winter, the tree mortality crisis will linger for years. And, as the Governor points out, the next drought could be around the corner. That is why we're taking extraordinary measures to protect our electric infrastructure, and help local Fire Safe Councils dedicated to making communities more fire safe," said Kevin Dasso, PG&E vice president of Electric Asset Management.

This year, PG&E will be funding 43 local Fire Safe Council and other 501(c)3 projects in 21 counties. Projects include fuel reduction, shaded

fuel breaks, emergency access and chipping programs. This is the fourth consecutive year PG&E has funded local Fire Safe Council projects to help residents protect their homes, communities and the environment from wildfire. Many are focused on creating fuel breaks and emergency access to help CAL FIRE and local fire departments safely fight wildfires when they do occur.

"The drought in California has been declared over, but the ongoing threat of wildfires due to hot weather and rapid brush growth from the heavy rains, is now facing many communities in the state. The California Fire Safe Council (CFSC) is a leader in encouraging statewide fire prevention programs, and values the continuing collaboration and financial support that PG&E provides to California communities to implement fire prevention programs. It allows these communities to meet their fire prevention needs to protect lives, homes and properties," said Jerry Davies, Chairman of the California Fire Safe Council.

PG&E is working hard to reduce the threat of wildfires. The company inspects all of its overhead electric lines each year and also inspects trees along power lines in high fire-danger

areas twice a year. As a result of these inspections, PG&E removed more than 236,000 dead or dying trees last year to prevent them from contacting power lines, starting wildfires or contributing to other public safety risks. This is in addition to the 1.2 million trees that PG&E works each year.

The company also created a dead tree wood clean-up program to help its customers. PG&E will manage the wood on property or haul away wood from dead trees felled by the company to protect power lines, at no cost to the homeowner, in qualifying counties where tree mortality is high. The wood is being sawn for use in biomass facilities to generate renewable energy.

As part of its summer fire detection patrols, PG&E will fly five planes over routes in the daytime, which is when fires are most likely to spark. Last year, PG&E detected and reported more than 140 fires, supporting a quick response to fires before they spread.

Pacific Gas and Electric Company is one of the largest combined natural gas and electric utilities in the United States. For more information, visit www.pge.com.

Source: PG&E media

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Saturday: By appointment • Sunday: Closed

"And Community BBQ"

Men and Child Care (MaCC) are bringing a Pop-Up Adventure Playground! to:

Saint George's Episcopal Church
Saturday, July 22nd, 2017
11 am - 2 pm
5600 Winding Way
Carmichael, CA 95608

This is a time for kids to play creatively with cardboard, tape, water, and dirt in a free-play environment. Adult safety monitors will handle some tools like box cutters, so children will be safe as they build and create!

At the end of the day everything is taken down and the area is returned to normal, hence the name *Pop-Up!*

Please dress to get dirty and or wet

This Event is designed with families with young children in mind!

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Sunday Worship 11:00 am
Sunday Evening 6:00pm
Wednesday Evening 7:00pm

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(Located one block South of Madison; just East of Dewey)
Pastor Charles Carter (916) 967-3915

Call for more information

**Publisher,
Paul V. Scholl**

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Carmichael Times

Serving Carmichael and Sacramento County since 1981

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We are proud members of these newspaper associations.

Concerts in the Park

Saturdays, 6:30 - 8:30 PM

JULY

7.15.17 Jackson Stone Band
Hard-Driving, Southern Rock

7.22.17 Howell Devine
Shack-Shackin', Delta & Hill Country Blues

7.29.17 The Golden Cadillacs
Country Rock, Americana, Soul

All concerts take place at the Daniel Bishop Memorial Pavilion in Carmichael Park, 5750 Grant Ave Concert Schedule Subject to Change

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Slim Randles' HOME COUNTRY

If Billy Was Lucky, He'd Get a Slice of Bacon. Real Bacon. The Kind That Crunches.

he was learning to roll with the seasons. He got up from his bed under the elm tree before it was even daylight and went on down to the Mule Barn truck stop and coffee shop, because they turned their lights on first. Well, except for the police station, and nobody needed him there, really. So he'd go to the back door of the Mule Barn and wait until the kid with the apron came out with some trash. Then he'd wag real hard and sometimes it means fried egg scraps, sometimes a porch chop bone, and if he was lucky, a slice of bacon. Real bacon. The kind that crunches.

Then he'd kinda hang around in the park for a while in case anyone who was out for a walk and was dogless would like to have him tag along for company. Walking without a dog, everyone knew, just

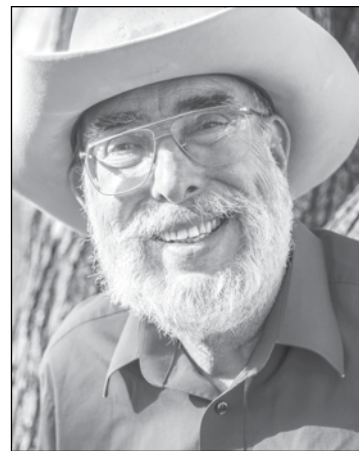
wasn't right. And the water in the fountain was always good.

After the old folks had their coffee and breakfast at the Rest of Your Life Retirement Home, they go in the activity room and watch the news on television. Billy always helped them with that. There were good ear rumbles in it for him by experienced rumpers.

But in the heat of the day, there wasn't much else to do but go to the shade and sleep.

I mean, not every day can be as much fun as helping the kids get to school. But September's coming. He just had to nap and wait. September's coming.

Wallet chained to the fancy coffee store? Break free and make your own at home. Find MateoJo on Amazon.com. ★



Billy had to get his chores done early. It was the heat, of course. Now that it's summer, he no longer has to escort the kids across the street while Martin holds the sign. No kids at the crosswalk for a couple of weeks now.

So Billy, being the official town dog, was still kind of feeling his way along in this business, because he was not quite a year into his reign and

A Day of Retreat for Veterans

SACRAMENTO REGION, CA (MPG) - Christ the King Passionist Retreat Center would like to pay tribute to our Veterans who have served and risked their lives for the freedom we have today. Please join us for day of reflection. We would be honored by your participation and presence.

Christ the King Passionist Retreat Center will present A Day of Retreat for Veterans on Tuesday, July 18, 2017, from 9:00 AM to 2:00 PM. Located at 6520 Van Maren Lane, Citrus Heights, CA 95621. This is a free offering and includes lunch.

For more information and / or to register please call 916-725-4720. You can also register on-line at www.christthekingretreatcenter.org

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ORDER TO SHOW FOR CHANGE OF NAME
 SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00212576
 WHEREAS Samuel Curtis Uhler has filed a petition with you for a decree changing the name(s) of Zachary Samuel Robinson to Zachary Samuel Uhler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 30, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 17, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 7, 14, 21, and 28, 2017
 UHLER 170601 7-28-17

ORDER TO SHOW CAUSE CHANGE OF NAME
 SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00214740
 WHEREAS Sylvester Blaise Wilson Garcia has filed a petition with this court for a decree changing the name(s) of Sylvester Blaise Wilson Garcia to Sylvester Blaise Wilson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 3, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 29, 2017
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 7, 14, 21, and 28, 2017
 GARCIA 170601 7-28-17

NOTICE OF PETITION TO ADMINISTER ESTATE
 NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY PAULA YENNIE
 CASE No. 34-2017-00211216
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Mary Paula Yennie. A Petition for Probate has been filed by Michele Gasparin in the Superior Court of California, County of Sacramento, requesting that Michele Gasparin, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. A hearing on the petition will be held in this court as follows July 12, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the attorney for Petitioner is: Richard Kocher
 7708 Marinell Street
 Elverta, CA 95626
 916-991-1344
 Publish: July 7, 14, and 21, 2017
 KOCHER 170622 7-21-17

SUMMONS
 CASE NUMBER: 34-2017-00210374
 NOTICE TO DEFENDANT : ANTOINETTE WELLINGTON an individual; and DOES 1 through 10, inclusive YOU ARE BEING SUED BY PLAINTIFF: SHORESIDE CAPITAL, LLC. A California limited liability company NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp [1]), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org [2]), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp [1]), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is: Superior Court of California, County of Sacramento Gordon D. Schaber 720 9th St Sacramento CA 95814 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: John M. Begakis , Esq.; 11939 Darlington Ave. #101 Los Angeles, CA 90049 310-663-7638 DATE: 4-3-2017 Clerk , by N. Zeyaad ,Deputy Publish: June 30, July 7, 14, AND 21, 2017 WELLINGTON 170620 07-21-17

SUMMONS
 CASE NUMBER: 34-2017-00211016
 NOTICE TO DEFENDANT : Diana Morales, INDIVIDUALLY and DOES 1-50 YOUAREBEINGSUEDBYPLAINTIFF:DebraSchuster NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp [1]), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org [2]), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp [1]), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. The name and address of the court is : Superior Court of California, County of Sacramento Gordon D. Schaber 720 9th St Sacramento CA 95814 The name, address, and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: Michael Hackard (SBN 71067) Hackard Law 10630 Mather Blvd Mather, CA 95655 916-313-3030 DATE: 3/28/17 Clerk, by C. Cullen Sandoval, Deputy Publish: July 14, 21, and 28, 2017 SCHUSTER 170620 07-28-17

SUMMONS (Family Law)
 NOTICE TO RESPONDENT (Name): Melissa Carroll-Cochrane
 Petitioner's Name is: Ryan Carroll-Cochrane
 CASE NUMBER: 17-FL02166

STATEPOINT CROSSWORD • SPORTS

- CLUES**
- CROSSWORD**
- ACROSS
 1. Clichéd
 6. *UK broadcaster of rugby, cricket, etc.
 9. Popular one-pot meal
 13. First cradles
 14. Note that follows soh
 15. Alluring maiden
 16. White, in Paris
 17. **"Miracle on Ice" winner
 18. Butcher's refuse
 19. *A top baseball performer
 21. *1st F in FFL
 23. 252-gallon cask
 24. ___ ex machina
 25. *Cassius Clay, ___ Muhammad Ali
 28. Twiggy's skirt
 30. Undesirable city district
 35. Cheap trinket
 37. Lion's share
 39. Church greeter
 40. ___ Pound, poet
 41. Comes before "we all fall down"
 43. "Partridge in a ___ tree"
 44. Kind of word, pl.
 46. "All for one, one for all" sword
 47. Not final
 48. Bloody Mary juice
 50. Wet nurse
 52. Hi-___
 53. Baker's baker
 55. ___ shot taken by police
 57. *Type of arts
 61. Firefighter's tap
 65. Kind of committee
 66. Form of "to be"
 68. Helicopter parent, e.g.
 69. Fare reductions
 70. Toni Morrison's "___ Baby"
 71. Kind of change
 72. JFK or ORD postings
 73. *Rob Gronkowski is an NFL tight ___
 74. Devoid of matter

CROSSWORD												
1	2	3	4	5	6	7	8	9	10	11	12	
13					14			15				
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Crossword Puzzle Solutions on Page 6

- DOWN**
1. Big brass
 2. It shall, for short
 3. * ___ Madrid football club
 4. German surrealist Max
 5. Authoritative declaration
 6. Hangover memory?
 7. Like low relief
 8. Caused by friction
 9. Like baby's bottom
 10. Porous rock
 11. Paleozoic and Victorian ones
 12. Skilled in deception
 15. Japan's main island
 20. Carl Jung's inner self
 22. *Month for NFL pre-season games
 24. China-washing tub
 25. *Free one is not under contract
 26. Popular toy wind instrument
 27. Gold, to a chemist
 29. *Win "by a ___"
 31. *Worldwide leader in sports?
 32. Not our
 33. Pick on
 34. Florentine iris
 36. *Oregon Ducks' coach Altman

38. Team homophone
 42. Morally degraded
 45. Unemotional ones
 49. Female reproductive cells
 51. *Get-together
 54. Fill with spirits
 56. Get one ready for National Dog Show
 57. Like a full-fledged Mafia man
 58. Miners' passage
 59. Actress Perlman
 60. Marines' toy recipients
 61. Deer social group
 62. Summit location
 63. Hitler's Eagle's ___
 64. *3-point field goal
 67. *What Usain Bolt did

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	5		8	3				
7	9	5	4					6
					7	3	4	
			6		2		1	
			8				5	2
8			7			6	3	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 6

SUMMONS
 CASE NUMBER: 34-2017-00211288
 NOTICE TO DEFENDANT : THE CITY OF SACRAMENTO; BRAD WASSON, individually and as Revenue Manager for the City of Sacramento; CRYSTAL SCHMIDT, individually and as owner of Safe Capital Compassion; COREY TRAVIS, individually and as owner of Two Rivers and Zen Garden Wellness; LINDA CATABRAN, individually; and DOES 1 through 100, YOU ARE BEING SUED BY PLAINTIFF: LANETTE DAVIES and BRYAN DAVIES, NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

CITATION TO PARENT
 CALIFORNIA SUPERIOR COURT
 COUNTY OF AMADOR
 500 ARGONAUT LANE
 JACKSON, CA 95642
 (209) 257-2600
 ADOPTION CITATION TO DECLARE MINOR FREE FROM PARENTAL CUSTODY AND CONTROL OF PARENT FOR STEPPARENT ADOPTION CASE # 16FC6221 TO: DUSTIN MCCOWAN
 By order of the court, you are hereby advised that you are requested to appear before the judge presiding in Department 2 of this court on July 20, 2017 at 8:30 a.m. to show cause, if any you have, why LUCAS JAXON MCCOWAN, should not be declared free from custody and control of his/her parent DUSTIN MCCOWEN. Dated March 20, 2017 By Rob Klotz, Clerk of the Superior Court by, 10122 deputy HOYT 170620 7-14-17

CITATION TO PARENT
 IN THE SUPERIOR COURT OF THE STATE OF WASHINGTON IN AND FOR THE COUNTY OF PIERCE JUVENILE DEPARTMENT THE STATE OF WASHINGTON TO 1. CHRISTOPHER RAMIREZ, father, of NATHAN RAMIREZ; DOB: 5/8/06; Cause No. 17-7-00609-6; A Dependency Petition was filed on 3/13/17; An Amended Petition was filed on 3/21/17 and 3/24/17. AND TO WHOM IT MAY CONCERN: A Fact Finding Hearing will be held on this matter on: August 8, 2017 at 1:30 P.M. at Pierce County Family and Juvenile Court, 5501 6th Avenue, Tacoma WA 98406. YOU SHOULD BE PRESENT AT THIS HEARING. THE HEARING WILL DETERMINE IF YOUR CHILD IS DEPENDENT AS DEFINED IN RCW 13.34.030(6). THIS BEGINS A JUDICIAL PROCESS WHICH COULD RESULT IN PERMANENT LOSS OF YOUR PARENTAL RIGHTS. IF YOU DO NOT APPEAR AT THE HEARING THE COURT MAY ENTER A DEPENDENCY ORDER IN YOUR ABSENCE. To request a copy of the Notice, Summons, and Dependency Petition, calls DSHS at 1-800-423-6246. To view information about your rights in this proceeding, go to [HYPERLINK "http://www.atg.wa.gov/DPY.aspx"](http://www.atg.wa.gov/DPY.aspx) www.atg.wa.gov/DPY.aspx. DATED this 27th day of June, 2017 by NICOLA LARIVIERE, Deputy County Clerk PAMIREZ --- 7/14/17 7/21/17 7/28/17 RAMIREZ 170620 7-28-17

Hepatitis C Rates in Young Adults Increasing in California

SACRAMENTO REGION, CA (MPG) - New data released by the California Department of Public Health (CDPH) show an increase in newly reported hepatitis C cases among young adults in the state. Between 2007 and 2015, newly reported hepatitis C infections increased 55 percent among men 20-29 years of age and 37 percent among women in the same age group.

These data are consistent with increases in hepatitis C across the country and highlight the importance of hepatitis C testing, treatment, and prevention. Injection drug use among young adults increases their risk of both hepatitis C transmission and infection. Prevention strategies, including access to sterile syringes and safe injection equipment and treatment for opioid use disorders, can reduce the rate of new hepatitis C infections among young people who inject drugs by 60 percent.

"As a physician, I have seen firsthand the deadly effects of hepatitis C," said CDPH Director and State Public Health Officer Dr. Karen Smith. "Patients with advanced liver disease may not know they are infected until it's too late," said Dr. Smith. "However, this is

preventable. New treatments can cure hepatitis C in as little as two months. I urge people to speak with their doctors about getting tested."

An estimated 400,000 Californians live with chronic hepatitis C, but many do not know they are infected. Hepatitis C-related deaths now outnumber those due to HIV.

The U.S. Food and Drug Administration (FDA) recently approved the use of new treatment for adolescents 12 years and older, raising hopes for teenagers infected with hepatitis C. Although young Californians (ages 20-29) make up an increasing number of newly reported infections, baby boomers account for about one out of two newly reported chronic hepatitis C cases.

"Two groups are top priority for hepatitis C testing - young people who inject drugs and baby boomers," said Dr. Smith. "Drug users may be at high risk for transmitting hepatitis C to others if they are not being treated, and baby boomers may be at risk for developing serious liver disease, even if they have no symptoms."

CDPH urges all Californians who have ever injected drugs,

even once, and all people born between 1945 and 1965 to talk to their doctors about getting tested for hepatitis C. Patients who test positive should receive care from an experienced provider.

The Department is working to address hepatitis C on multiple fronts, including monitoring hepatitis C trends, producing data reports, educating health care providers on hepatitis C screening and treatment guidelines, and supporting hepatitis C testing and access to care in settings where at-risk people are served. CDPH also supports coordinated HIV and hepatitis C testing in non-traditional settings, such as mobile health vans. In 2016, about 7,200 people received hepatitis C testing through these programs.

The California Legislature allocated \$2.2 million in July 2015 for three-year pilot projects to help ensure people with hepatitis C are aware of their infections and linked to care.

For more information about viral hepatitis prevention in California, visit the CDPH Office of Viral Hepatitis Prevention webpage at www.cdph.ca.gov

Source: CDPH

Game Plots

Games Show is Out of Touch

By Noah Howard

The Electronic Entertainment Expo (more commonly known as E3) is the video game industry's Comic Con and Cannes rolled into one, a massive press-only event (until this year when they let in the public for the first time) that serves simultaneously as a showcase for the best that big-budgets have to offer and as an opportunity to beat consumers over the head with flashy advertisements. E3's "press conferences" have been anything but for a number of years, transforming into massive professionally designed theatrical shows where gaming world superstars share the stage with stadium-like screens, showcasing the best of what a company has to offer. To the delight of viewers everywhere (even when E3 was press-only, anybody could tune in to watch online for free) the biggest most bombastic games would burst onstage with trailers and demos designed both to awe and to whip up a frenzy of preorders.

But the E3 conferences, one each for Playstation, Xbox, Electronic Arts, Ubisoft, and, to a lesser extent, Bethesda Game Studios, more often than not undermine their strengths. Though all five companies have been much better in recent years of listening to consumers and delivering what they want, this year's E3 served to painfully show just how corporate these entities are, and just

how out of touch they can still be with who exactly "gamers" are and what they want to see. Electronic Arts announced *Need for Speed Payback* with a thrilling *Fast and Furious* style trailer...but felt the need to bookend it with an awkward YouTube celebrity reading (badly) off of a prompter. They showed off some beautiful game-play for *Star Wars Battlefront 2*, but overlaid annoying live commentary from Internet personalities who hadn't the slightest clue what they were talking about. Microsoft decided to announce a new model Porsche onstage (we're at a game show, not a car show), Ubisoft CEO Yves Guillemot posed in a stiff "Charlie's Angels" pose with Nintendo designer Shigeru Miyamoto, and Bethesda spent most of their show talking about downloadable extras we don't care about for games we don't care about.

Sony had been the light in the dark these past few years, but they laid so many of their cards out on the table at their Playstation Experience event that they had almost nothing new to announce. While its competitors were awkward as usual, Playstation's show was laughable simply because of its excess. A live band in front of a light show projected onto a three story indoor waterfall is a bit melodramatic for a two-minute trailer for a game we've seen before.

The ultimate result was an E3 that couldn't help but feel at once



This year's E3 served to painfully show just how corporate these entities are, and just how out of touch they can still be with who exactly "gamers" are and what they want to see.

overly rehearsed and exceedingly amateur. What we want to see is new and exciting games, not filler or rehashed versions of experiences we've already seen. What we want to see are developers speaking with genuine passion (designer Michel Ancel tearing up with happiness after the announcement of *Beyond Good and Evil 2* was Ubisoft's best moment), not dryly repeating the same jargon-filled lines we've heard every year for a decade. What we definitely don't want to see are focus-grouped inclusions of celebrities or advertising for products that have nothing to do with gaming. E3 is at its best when our mutual passion for games as both creators and consumers comes through in the smiles of the developers, the cheers of the audiences, and, of course, in the games themselves.

To respond to Noah's articles email him at digitalartsnoah@yahoo.com



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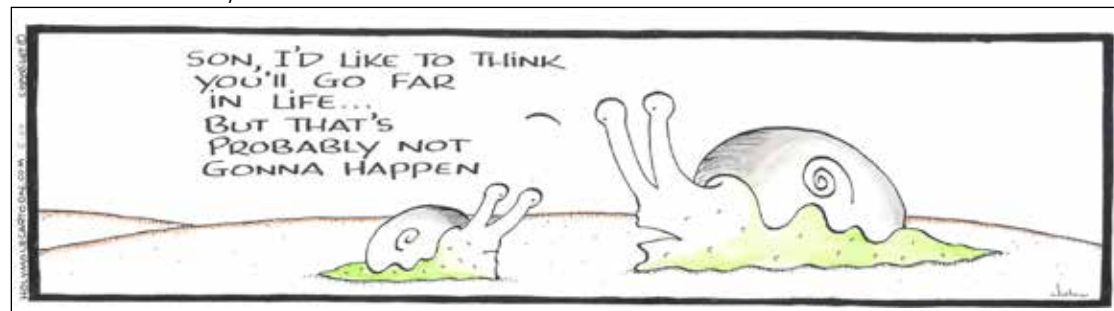
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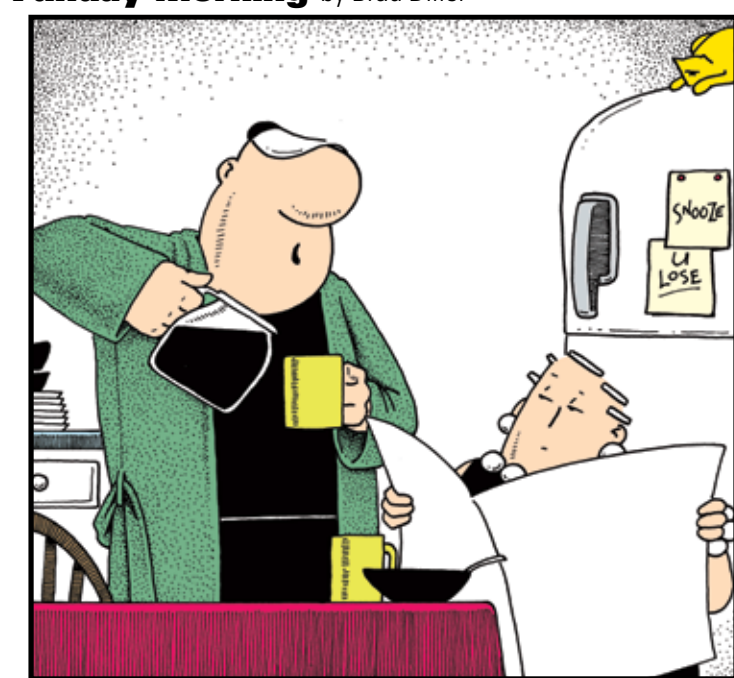
Frank and Steinway by Wil Panganiban



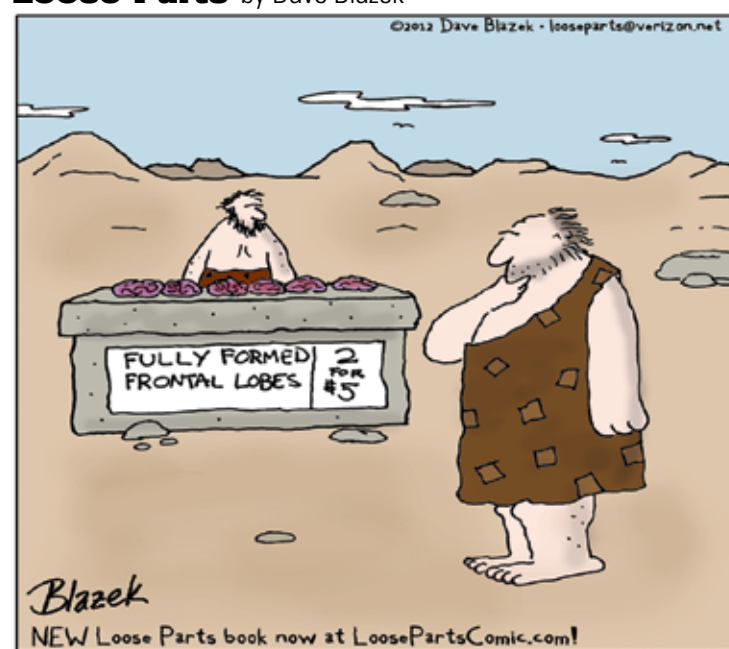
Tundra by Chad Carpenter



Funday Morning by Brad Diller



Loose Parts by Dave Blazek



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Saturday & Sunday 7:30pm

THE NEW CHRISTY MINSTRELS

in Concert

to benefit the VETERAN'S MEMORIAL AMPHITHEATRE & THE NEW CHRISTY MINSTRELS FOUNDATION

General Admission \$20 (No Discounts)



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PRICES EFFECTIVE JULY 12 - JULY 18, 2017
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WEEKLY MEAT SPECIALS

WAYNE FARMS
Boneless & Skinless Chicken Breasts
Pechuga de Pollo
Desmillo y sin Piel
40 lb Box...\$74.50 ea

GREAT VALUE
Beef T-Bone Steak
Filete de T-Bone \$3.99/lb

USDA CHOICE
Boneless Beef Chuck Roast or Chuck Steak
Desmillo para Asar sin Hueso \$2.99/lb

KING OF STEAKS
Beef Porterhouse Steak
Filete de Porterhouse \$4.39/lb

USDA CHOICE
Beef Chuck Steak Bone-In
Filete de Desmillo con Hueso
Beef Chuck Roast Bone-In...\$2.59/lb

FARMLAND
Pork Spare Ribs Light Size
Costillas de Cerdo \$1.99/lb

OLYMEL
Pork Loin Roast-Boneless
Asado de Cerdo sin Hueso \$1.69/lb

OLYMEL
Pork Loin Chops-Boneless
Chuletetas de Cerdo sin Hueso \$1.89/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 12 - JULY 18, 2017

HAPPY HOURS

DRAFT BEER \$2.00
Mon-Thu 4:00 PM - 9 PM
Fri-Sat 3:00 PM - 9 PM
Sun 2:00 PM - 9 PM

KARAOKE SPECIAL

Come before 6pm (Valid Time)

- For 6 people \$60.00: 3 Hours Karaoke + 2 Pizza + Pitcher Soda + 2 Main Dishes
- For 8 people \$80.00: 3 Hours Karaoke + Pizza + Pitcher Soda + 3 Main Dishes
- For 14 people \$140.00: 3 Hours Karaoke + 2 Pizzas + Pitcher Soda + 5 Main Dishes
- For 18 people \$180.00: 3 Hours Karaoke + 3 Pizzas + Pitcher Soda + 7 Main Dishes

10 Dishes To Choose From:
Hamburger, Cheese Burger, Club Sandwich, Chicken Nuggets, Spiced Idemate, Fried Dumpling, Korean Mandu, Chicken Wings, Pork Lumpia, French Fries

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10947 OLSON DRIVE, RANCHO CORDOVA, CA 95670
916-853-2006 • WWW.KP-KARAOKE.COM

FRESH PRODUCE

SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Asparagus 2.49/lb	Italian Squash 69c/lb	American Cucumber 3/\$1	Blueberries 18 oz 4.99	Avocados 79c/ea	Strawberries 1 lb 2/\$4	Manila Mango Box 6.99
Russet Potatoes 10 lb Bag 2/\$3	Okra 1.99/lb	Crown Broccoli 89c/lb	Jalapenos 2lbs/\$1	Grape Tomatoes 1.49/ea	Yellow Nectarine 99c/lb	Mexican Papaya 69c/lb

AMERICAN/HISPANIC GROCERY

El Mexicano Doritos de Marina 4 oz 99c	Larry's Lemon Pepper Marinade 12 fl oz \$1.99	Nestle La Lechera 14 oz \$1.99	Neule La Lechera 14 oz \$4.99	El Compadre Olive Oil 2 Liter 99c	Garden of Eatin' Cookies 16 oz 99c
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ASIAN GROCERY

Bean Thread Vermicelli 8 x 2 oz \$1.99	Pon Rice Snack 14 oz \$1.49	Young Green Jack Fruit 20 oz \$1.19	Coconut Water 11.2 fl oz 3/\$2	Sweet Chili Sauce 3.2 oz \$1.99
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EUROPEAN GROCERY

Sofal Pomegranate Molasses 20 fl oz \$5.49	Sofal Fermented Black Garlic 8.5 oz \$8.99	Gina Instant Coffee Gold 60 gr \$2.99	Crispy Cake Mix 650 gr \$3.99	Condensed Milk & Caramel 370 gr \$1.49
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KOREAN/JAPANESE GROCERY

Gaba Rice 4 kg 24.99	Samsung Soup Bonito 4 Kinds 1.49	3rd Grade Drinks 6 x 6.76 oz 2.99	Pickled Radish 2.2 lb 1.99	Roasted Sesquid Seaweed 12 x 4 g 1.99	Oriental Spice Noodles 3 Kinds 366 oz 2.99
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FROZEN DEPARTMENT

Green Tea 1.99	Orion 2.99	Orion 1.99	Orion 2.99
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EUROPEAN DELI

Alci Yohliyanova Smoked Cooked Salami \$6.49/lb	Bibik's Hunter Smoked Bacon \$6.49/lb
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SacRT Awarded \$13 Million Grant

SACRAMENTO REGION, CA (MPG) - The Sacramento Regional Transit District (SacRT) is excited to announce it has been awarded a \$13 million grant from the California Transportation Commission (CTC). The competitive grant award comes from the Traffic Congestion Relief Fund and will support two major projects. The first project will be allocated \$8 million to fund the replacement of SacRT's outdated fare vending machines along with the installation of new digital information signs with updated security features.

"This is outstanding news!" said SacRT Chairman Andy Morin. "The District's new executive team has been working diligently to uncover new sources of funding in an effort to upgrade station amenities to improve customer service. This is just one more example of SacRT going the extra mile to provide clean, safe and convenient service."

Many of the system's existing fare vending machines are more than 15 years old and only accept cash and coin. The new machines will allow passengers to pay with credit, debit and Connect Card (the region's new transit smart card).

"SacRT really appreciates the partnership with one of its major funding partners, the CTC, as these funds are urgently needed. With these state funds, we are looking forward to providing state-of-the-art amenities to our customers," said General Manager/CEO Henry Li.

"The timing is perfect as we just rolled out our new Connect Card, and these updated machines will ensure that smart card technology is available to everyone, whether they are using cash or credit."

The grant also provides funds to install a second information sign on all light rail platforms to improve communication with passengers. Right now, many stations only have one digital sign and the coverage is limited to properly inform customers.

The grant funding will also be used to pay for the relocation of a traction power substation that is currently located on land owned by SMUD. The electricity provider intends to build a new substation near 6th and G streets to improve its ability to provide power to the region, but SacRT will no longer be able to maintain its substation on the current easement. A total of \$5 million will be allocated to the relocation project, which must be completed by the end of summer 2018.

SacRT operates approximately 69 bus routes and 43 miles of light rail throughout Sacramento County, including the cities of Citrus Heights, Folsom, Rancho Cordova and Elk Grove. Sacramento buses and light rail trains operate 365 days a year. SacRT's entire bus and light rail system is accessible to the disabled community. ADA services are provided under contract with Paratransit, Inc.

Source: SacRT ★

HealthQuest Takes New Approach to Medical Equipment

Story and photo by Jacqueline Fox

FAIR OAKS, CA (MPG) - Who says shopping for things such as compression socks, knee braces, walkers, canes or crutches has to feel clinical and impersonal?

Vanessa and Kevin Grenyion, the husband and wife owners of HealthQuest in Fair Oaks, have done everything possible to make the experience of shopping for medical equipment and supplies a much kinder, gentler one. In short, they hope to turn the industry on its head by providing a fresh approach to the physical space in which these products are sold, supported by a suite of services that include educational seminars, custom fittings, and an emphasis on "wellness," as well as recovery.

"Two things were very important to me when I was researching the plans for opening the store," says Vanessa. "First, I wanted to make sure that we treat every single person who walks through those doors like a human being, not a dollar sign. Second, I wanted the space to feel open, warm and well lit, so that the experience for everyone was pleasant and not so clinical."

HealthQuest, which will be celebrating its first year in business July 18, offers a vast, top-of-the-line inventory of pain management, diabetes support, bath and safety accessories including walk-in tubs and raised toilet seats, scooters, walkers and rollators, a large selection of lift chairs, orthopedic braces, high-quality closed shoes and sandals for men and women, facial and "beauty" products, even a mothering section that includes breast pumps and pregnancy aids.

Rather than stuffing these items onto metal shelves in a crowded space where volume overshadows service, Vanessa and Kevin, both trained pharmacists who, by the way, met in pharmacy school in Massachusetts, have created something more akin to boutique for medical supplies, with categories



Vanessa and Kevin Grenyion, owners of HealthQuest medical supplies in Fair Oaks are preparing to celebrate one year in business on July 18.

of products grouped into their own "departments," each designated with bright, painted signage, soft wood wall décor and inviting displays that strip the sterile right out of the experience.

"We want the experience of shopping in our store to be calming and supportive," says Kevin, an air force veteran who still works as a pharmacist at Mather Air Force Base while sharing responsibilities for managing the new business. Vanessa, the face of HealthQuest, says she and

Kevin considered opening their own private pharmacy, but competition from chain stores, as well as concerns about being targeted by thieves put that idea to bed. Instead, the couple, both born and raised in Jamaica, decided to parlay their experience in the pharmacological field with a strong interest in serving others through wellness and health services.

With the help of a VA loan, the couple were able to invest roughly \$200,000 into their new venture. The first year has had some challenges,

but with any small business, marketing has been key. Vanessa has spent the last year nurturing relationships with home-health care providers, assisted living facilities, pharmacies, chiropractors, physical therapists and other ancillary businesses to ramp up visibility for the new store and exposure to service providers who, like Kevin and Vanessa, want a better experience for their clients and patients.

"We have worked hard this last year to build relationships in the community, to let people know we are here and it is starting to come through for us," Vanessa said. "This last month alone was a really strong indicator of how things are beginning to really start to shift into gear."

The store also has partnered with at least two elder care organizations, the Older Adult Collaborative (OAC) and the Elder Society Network (ESN) to provide on-site seminars and workshops at facilities across the community to educate both care providers and the patients themselves.

"We think of ourselves as a resource center, as well as a retail store," says Vanessa. "This is a business that relies on the needs of those in care facilities and the caretakers themselves, but it's also here for anyone who wants a more personal experience shopping for items for themselves or their loved ones, or those in their care."

The store offers senior discounts of 10% every Monday, as well as loyalty customer discounts of 5% off all purchases of regularly priced items.

In recognition of its first year in business, the store will be having an open-house from 11:30 a.m. to 1:30 p.m. on Tuesday, July 18. All are invited. ★

IF YOU GO:
HealthQuest
8141 Greenback Lane
(916) 238-1700
Hqwellnesscenter.com
Open House: Tuesday, July 18 From 11:30 A.m. To 1:30 P.m.

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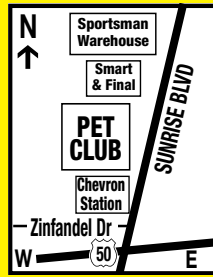
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SAT 9-7, SUN 10-7
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1 FREE PEDIGREE DOG FOOD

22 Oz Tin All Varieties
With Any Purchase of Pet, Fish Food, or Supply PLU 321
Limit: 1 Coupon Per Family
Effective 7/12/17 - 7/18/17

\$750 OFF

ANY PURCHASE OF PET OR FISH SUPPLY
(Excluding Pet Food or Litter)
Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324
Limit: 1 Coupon Per Family
Effective 7/12/17 - 7/18/17

TASTE OF THE WILD GRAIN FREE DRY DOG FOOD
•Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon
30 Lb Bag **\$39.99**
Effective 7/12/17 - 7/18/17

NUTRO MAX ADULT RECIPE DRY DOG FOOD
•Regular Max •Large Breed Adult •Beef •Senior •Lamb Meal & Rice •Mini Chunk
NEW SIZE 25 Lb Bag **\$19.99**
Limit 2 Bags Per Family
Effective 7/12/17 - 7/18/17

PRO-PLAN DRY DOG FOOD
•Chicken & Rice 30-35 Lb Bag
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Limit 2 Bags per Family **\$3 OFF**
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FRISKIES DRY CAT FOOD
16 Lb Bag
•Surfing & Turfing •Seafood •Indoor
Limit 2 Bags **\$9.99**
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9 LIVES CANNED CAT FOOD
5.5 Oz All Varieties
Limit 1 Case Per Family **35¢**
Effective 7/12/17 - 7/18/17

FANCY FEAST GOURMET CANNED CAT FOOD
All Varieties except Elegant Medley
3 Oz Limit 2 Cases per Family **20/\$11.00**
Effective 7/12/17 - 7/18/17

JONNY CAT PREMIUM CAT LITTER
20 Lb Bag
•Regular •Multiple Cat Formula
Limit 2 Bags **\$3.29**
Effective 7/12/17 - 7/18/17

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42 Lb Bag
Limit 2 Bags per Family **\$12.99**
Effective 7/12/17 - 7/18/17

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NEW LOW PRICE 24 Lb Bag. 100% Grain Free
Limit 2 Cases Natural 12.5 oz. **\$1.89**

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Market Fresh Recipe
•Chicken & Turkey •Salmon •Salmon & Chicken
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Limit 1 Case 3 oz Selected Varieties Max **55¢** Natural Choice **75¢**

NUTRO CANNED CAT FOOD
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30 Lb Bag Limit 2 Bags **\$7 OFF**
OUR ORIGINAL LOW PRICES

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Regular **\$1.99**

60 Liter (Ultra Not Included) **\$12.99**

CAREFRESH PET BEDDING

20 Lb Bag Limit 2 Bags **\$7.99**

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28.5 lb-33 lb Bag **\$4 OFF**
OUR DISCOUNT PRICES

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25 Lb Bag **\$6 OFF**
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MERRICK'S WHOLE EARTH FARMS DRY DOG FOOD
•Adult •Grain Free Chicken & Turkey •Grain Free Beef & Lamb •Grain Free Salmon & White Fish Limit 2 Bags per Family
ON SALE

PRECIOUS CAT CLUMPING CAT LITER
20 Lb Box Limit 2 Boxes Cat Attract **11.99** Touch of Outdoors **\$7.49**

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•Vitamins •Supplements •Grass Saver All Varieties **20% OFF**
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VITAKRAFT TREATS & STICKS
•Small Animal •Bird All Varieties **20% OFF**
OUR SUPER LOW PRICES

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MODEL	TANK SIZE	PET CLUB SALE	Revolutionary Bio-Falls Quad Filtration System
CASCADE 100	20 Gal	\$13.99	
CASCADE 150	35 Gal	\$17.99	
CASCADE 200	50 Gal	\$20.99	
CASCADE 300	100 Gal	\$27.99	

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Just add Heater For Tropical Fish **\$36.99** Limit 1 Per Family

REPTILE SUPPLY SALE
Zoo Med Reptibark 8 Qts. **\$5.49**
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•Squeaky Freaks •Soft Pet Toys All Varieties **20% OFF**
OUR SUPER LOW PRICES

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•All Varieties Except Natural - 3 Oz Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 7/12/17 - 7/18/17 **\$1.19** PLU 569

BONUS COUPON JONNY CAT CAT LINERS
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