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Carmichael Chamber of Commerce • Carmichael Times
**BEST
OF CARMICHAEL** 2017

Carmichael Times

VOLUME 37 • ISSUE 24

Serving Carmichael and Sacramento County since 1981

JUNE 16, 2017

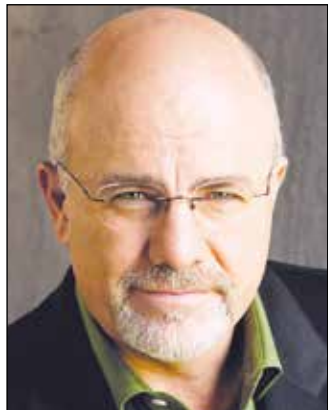
**JOIN TEAM
HOPE WALK**

Huntington's Disease
Society of America



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**DAVE RAMSEY:
MAKING MIDLIFE
ADJUSTMENTS?**



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**DEFENDANT CONVICTED
FOR MULTIPLE SEXUAL
ASSAULTS**



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direct link to our online edition!

Very Inspirational People SJUSD Gives Special Thanks to Donna and Frank Adams



Celebrating on June 3 are left to right: Ray Willey, Special Softball Co-Director, and Honorees Donna and Frank Adams. Photo courtesy Ray Willey

SACRAMENTO COUNTY, CA (MPG) - More than one-hundred and fifty special softball athletes and their families, along with volunteer coaches cheered as Dr. Michael McKibbin, President of San Juan Unified School District's Board of Directors, read the surprise resolution naming the fields at Orange Grove Adult Education School *The Donna and Frank Adams Special Softball Field*. Other SJUSD representatives included Paula Villescaz, Board Member and David Burke, Director of Planning and Property Management.

The Special Softball Program was organized in 1968, and has grown into a successful and important community program sponsored by the County of Sacramento, Department of Regional Parks Recreation Therapeutic Recreational Services, for the

benefit of adult athletes with special needs and their families. The event was held on June 3, the final game of the program's Golden 50th Anniversary Season, as Donna and Frank Adams retired from directing Special Softball.

Donna and Frank Adam have led the Special Softball Program since 1980, and inspired hundreds of special athletes, their families, coaches and volunteers with their selfless leadership. Every year about 40 volunteer coaches assist four minor league and six major league teams every Saturday from March until early June at Orange Grove Adult School. The spirit behind the program is to recognize the contributions of all athletes, promote good sportsmanship and develop life-affirming athletic skills. Every person is a valued team-player.

Ray Willey, co-director of the Special Softball Program, said, "It's been a privilege to work with Donna Adams for 22 years, and we'd like to thank SJUSD's David Burke for his leadership role in making this happen for such a deserving couple, as well as Dr. McKibbin and Paula Villescaz.

Although retiring from Special Softball, Donna and Frank will continue directing the Very Inspirational People (VIP) Program they founded in 2002. VIP offers many recreational activities for special athletes, including: soccer, floor hockey, basketball, track & field, bocce ball and swimming. If you would like information about VIP or volunteer, call Donna Adams at 916-606-5844 or go to web site: vipinfo.org. ★

Watershed Stewardship and Education Grant

SACRAMENTO COUNTY, CA (MPG) - Does your organization or school have a project you feel could improve our waterways and keep them clean? The Sacramento County Department of Water Resources (DWR) could help you make that project come to life. The window has opened for submission to the 2017-2018 Watershed Stewardship and Education Grant program.

Schools and community groups are encouraged to review program requirements and submit applications to the Stormwater Quality Program for review. This is the thirteenth year DWR has funded environmental efforts to protect our waterways.

The grant is open to the following: schools and student groups; service clubs, youth organizations; homeowner's associations; community and neighborhood groups; not-for-profit groups; and informal groups with innovative ideas. Individuals and for-profit groups are not eligible.

DWR will offer up to \$2,500 for each project chosen for the grant. The amount will depend on the needs of the organization. Last year's grant winners included Will Rogers Elementary, Mira Loma High and Sierra Oaks School. This will also be the first year the grant will be available to non-profit community groups.

The final date to apply is July 1, 2017. Eligible projects must be located within the Sacramento County Stormwater Utility Boundaries or directly affect the residents of these areas. For more information, please review the application to determine if your project is eligible on the Stormwater Quality Program page.

If you have additional questions about the 2017-2018 Watershed Stewardship and Education Grant program, contact Jeanette Huddleston, 916-874-4711.

Source: Sacramento County Media ★

Best of Carmichael Businesses Honored

Story and photo illustration
by "Best Photographer" Susan Maxwell Skinner



CARMICHAEL, CA (MPG) - Twenty-nine businesses were the toast of the town when the Carmichael Chamber of Commerce and Carmichael Times hosted the "Best of Carmichael" awards gala last week. Results were decided by public vote and presentations were made at the Patriot Event facility in Milagro Centre.

Winners received proclamations from Congressman Ami Bera, Senator Jim Nielson, Assemblyman Ken Cooley and Sacramento County Supervisor Susan Peters.

Twenty-seven contested categories included professional services, grocery stores, restaurants, senior facilities, Fitness centers, community facilities, non-profits -- and many entities that make Carmichael a hub of business and recreation. The event is planned to be held annually. (Two categories had ties for the total votes.) ★

See **BEST OF CARMICHAEL WINNERS** on page 3

A group of Carmichael business people and community administrators (left) posed with awards at the Best of Carmichael event.

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Women's Veterans Event Honors Many Who Served



The women veterans who attended the event were an impressive group who served our nation and now need our support in return.

Story and photos by Paul Scholl

SACRAMENTO REGION, CA (MPG) - Dedication to our nation was on display at a recent event held to support women veterans of the United States Armed Services. A very impressive group of women who have served our country came together at the gathering and celebration, hosted by American River Brewing Company.

The Women Veterans Alliance, created to support female veterans who have specific needs separate from male veterans, has as their mission is to impact and empower the lives of women veterans. They are the only group focused on directly impacting the quality of life of women veterans.

Attending the event on Friday, June 2nd to recognize the honorees were Congressman Ami Bera and Assemblyman Ken Cooley. Dave Mathis, co-owner of American River Brewing Company has become a big supporter of the group.

During the presentations each of the veterans took to the microphone and announced their branch of the military and their term of



Assemblyman Ken Cooley (Left) joins Melissa Washington of Women Veterans Alliance and Dave Mathis of American River Brewing in recognizing our women veterans.

service. It was truly impressive to hear each of their individual commitments, with some still engaged.

American River Bank was the major sponsor for this event. Be sure to tell them "Thank You" when you visit one of their local branches. Food was provided by Culinardy Cruz.

To get more information about the Women Veterans Alliance go to www.WomenVeteransAlliance.org.

"We believe strongly in supporting our veterans, and especially our women veterans. They all gave so much for us. It is time for us to stand up and do more for them" said Dave Mathis, co-owner of American River Brewing Company.

American River Brewing is located at 11151 Trade Center Drive, just off Sunrise Blvd. in Rancho Cordova. ★

Join Team Hope Walk

Genetic Disaster or Uncertainty in Your Genes-Huntington's Disease?

SACRAMENTO REGION, CA (MPG) - Individually, they battled ALS, Parkinson's, Alzheimer's and Huntington's. They all lost. ALS beat baseball great Lou Gehrig; Parkinson's knocked down Muhammad Ali; Alzheimer's erased rock music legend AC/DC founder Malcolm Young; and Huntington's disease silenced Singer/Songwriter Woody Guthrie.

Called 'the cruellest disease' Huntington's is like having ALS, Parkinson's and Alzheimer's at the same time. Imagine! And many are unaware the HD is in their family history.

Neurological degeneration becomes the life of people impacted by the genetic disaster called Huntington's disease or HD. Caused by a genetic

mismatch many won't know they carry within their makeup. Local families are uniting to provide help for today and hope for tomorrow at the Team Hope Walk, William Land Park Saturday, June 24, 2017. The ninth annual walk in this beautiful setting helps raise awareness of HD, support for local families and funds for ongoing research to find treatment and a cure.

Often unknown before symptoms, Therese Crucher-Marin of Auburn and Dawn Doster of Fair Oaks have lived with Huntington's disease dedicating their lives to helping others understand the fate, learn about testing and help support local families thru the HDSA Sacramento Chapter. They are just two regional families talking about how Huntington's changed their lives.



To learn more about HD, visit the chapter Website at <http://northernca.hdsa.org/>.

Registration costs are: Adults \$25, Children \$10. You receive a T- shirt when you register online. You can get information, register or donate at Sacramento, CA Team Hope Walk at <https://hdsa.donordrive.com>.

Source: Rick Reed PR ★

Democrats Deny Funding for Critical Levee Repairs Needed after Oroville Dam Spillway Failure

SACRAMENTO, CA (MPG) - Despite the support of a bipartisan coalition of lawmakers, businesses and local agencies, legislative Democrats in Sacramento rejected funding to repair the state's water infrastructure that was severely damaged as a result of the failure of the Oroville Dam spillway.

Senator Jim Nielsen (R-Tehama) and Assemblyman James Gallagher (R-Yuba City) led an alliance to obtain money in the state budget to repair California's critical levees in Northern California, which are used by the State Water Project to deliver water to the Central Valley and Southern California.

"The failure to prioritize our state's infrastructure is incomprehensible," said Senator Jim Nielsen. "Millions of

Californians depend on water that passes through these critical water conveyance systems."

Senator Nielsen added, "Our request would have provided for an investment in the state's water infrastructure, which would protect lives, preserve property and save the state billions of dollars in emergency repairs."

On February 7, the Oroville Dam spillway failed causing nearly 200,000 people and their pets to be evacuated. In addition, water system levees suffered significant damage that may prevent them from functioning properly in the next high-water event unless emergency repairs are completed this year.

The \$100 million funding request was also supported by Senators Bill Dodd (D-Napa),

Cathleen Galgiani (D-Stockton), Dr. Richard Pan (D-Sacramento) and the following organizations: Central Valley Flood Control Association; Sacramento Area Flood Control Agency; Northern California Water Association; Metropolitan Water District of Southern California; Western Growers; California Farm Bureau Federation; Yuba Flood Control District; Yuba City; Operating Engineers Local 3.

Senator Jim Nielsen represents the Fourth Senate District, which includes all or portions of Butte, Colusa, Glenn, Placer, Sacramento, Sutter, Tehama and Yuba Counties. To contact Senator Nielsen, call him at (916) 651-4004, or via email at senator.nielsen@senate.ca.gov.

Source: The Office of Senator Nielsen ★

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WEEKLY MEAT SPECIALS

WAYNE FARMS Chicken Leg Meat Boneless & Skinless Carne de Pierna de Pollo Deshuesada \$1.49/lb	NEBRASKA BEEF Beef New York Strip Steak-Boneless Filete de Res Estilo Nueva York sin Hueso \$4.99/lb
Tyson Chicken Party Wings Drumettes & Mid Joint Portions Alitas de Pollo 1.99/lb	USDA CHOICE Beef Cross Rib/Shoulder Clod Roasts Trozo de Res sin Hueso \$2.79/lb
USDA CHOICE Beef Back Ribs - 3 pc Family Pack Carne de Vaca Costillas de Nuevo Beef Back-Ribs - 1 pc..... \$1.79/lb	OLYMEAL Boneless Pork Loin Chops Chuletas de Cerdo sin Hueso Boneless Pork Loin Roasts... \$1.59/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JUNE 14 - JUNE 20, 2017

FRESH PRODUCE SALES FOR PRODUCE WILL BEGIN ON WEDNESDAYS @ 12:00PM

Russet Potatoes 10 lb Bag 2/\$3	White Potatoes 10 lb Bag 1.99/ea	Whole Baby Bella Mushrooms 8 oz 2/\$3	Kiwi 1 lb 2/\$3	Avocados 2 lb Bag 2/\$5	Popeye Spinach 10 oz Bag 2/\$3	Organic Baby Carrots 1 lb 99¢/ea
Vine Tomatoes 1.29/lb	Red, Green & Black Grapes 1.89/lb	Red Radish Bunch 2/\$1	Red Onions 3lbs/\$1	Mexican Papaya 69¢/lb	Roma Tomatoes 69¢/lb	

AMERICAN/HISPANIC GROCERY

Lindsay Olive Pitted Olives 6 oz 2/\$3	Folgers Coffee Classic Roast 5 oz \$4.99/ea	Hershey's Kisses 1.46-1.55 oz 3/\$2	Reynolds Wrap Aluminum Foil 25 yds X 12 in \$3.99/ea	Embasa Empanada Peppers in Adobo Sauce 7 oz 2/\$3
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ASIAN GROCERY

Constant Milk Drink w/ Pulp 9.5 fl oz 99¢/ea	Palmolive Juice 12 oz 79¢/ea	Banana Sauce 19.4 oz 99¢/ea	Sweet Chili Sauce for Chicken 30 oz \$1.99/ea	Rice Noodles 14 oz \$1.59/ea
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EUROPEAN GROCERY

Aspen Pure 2.99/ea	Wolfe 7.99/ea	Goldilocks Extra Virgin Olive Oil 1L 7.99/ea	Aspen Pure 1.69/ea	Aspen Pure 3.99/ea
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CG Chun Hee Mi 40 lb Bag 14.99/ea	Boat Ramen Box 3 Packs 12 x 3.03 oz 7.99/ea	Soylent Soy 15 oz 99¢/ea	Korean BBQ Sauce 450 g 99¢/ea	Premium Teriyaki Tain 100 g 99¢/ea	Assorted Korean Drinks 4 kinds 2.99/ea
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FROZEN DEPARTMENT

Raw Omelet Shrimp 21-25 2 lb Bag \$11.99	Small Onions 5 lb Bag \$5.99
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EUROPEAN DELI

Bak's Encasement Garlic Sausage \$3.99/lb	Bak's Jumbo Pork Frankfurters \$3.99/lb
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KP International Market Presents

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SATURDAY // JUNE 17, 2017 @ 5:30PM // FREE ADMISSION

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Best of Carmichael Winners

- BEST BAR - RIVER CITY BREWING COMPANY**
- BEST REAL ESTATE OFFICE/REALTOR - COLDWELL BANKER-CRAIG DIEZ**
- BEST INSURANCE - FARMERS INSURANCE - KATIE PEXA AGENCY**
- BEST YOGURT SHOP - CRAZY FOR YOGURT**
- BEST PIZZA - MARK & MONICA'S PIZZA**
- BEST FAST FOOD - JIMBOY'S TACOS**
- BEST ENTERTAINMENT - CARMICHAEL RECREATION AND PARK DISTRICT**
- BEST GROCERY STORE/ MARKET - BEL AIR #511**
- BEST CHURCH - CHRIST COMMUNITY CHURCH**
- BEST COFFEE SHOP - STARBUCK'S #5550 (BEL AIR SHOPPING CTR)**
- BEST DENTIST - GABRIELLE D. RASI, DDS**
- BEST BANK/CREDIT UNION - GOLDEN 1 CREDIT UNION**
- BEST HEALTH/FITNESS SPOT - CALIFORNIA FAMILY FITNESS**
- BEST AUTO SERVICE - AMERICAN EAGLE AUTO BODY**
- BEST SALON - CHERAZ SALON & SPA**
- BEST PET HOSPITAL - BLUE CROSS PET HOSPITAL**



- BEST SENIOR LIVING - ESKATON VILLAGE CARMICHAEL**
- BEST PET SERVICES/STORE - HEALING PAWS TRAINING**
- BEST SERVICE CLUB - KIWANIS CLUB OF CARMICHAEL**
- BEST CONTRACTOR - (TIED) - ACR SOLAR INTERNATIONAL CORP. & DAX CONSTRUCTION, INC.**
- BEST ACCOUNTING/TAX SERVICE - (TIED) - BIEGLER CPA, INC. & MARK BEIL ACCOUNTANCY**
- BEST COMMUNITY CENTER - LA SIERRA COMMUNITY CENTER**
- BEST FLORIST - JOY FLOWER SHOP**
- BEST PHOTOGRAPHER - SUSAN MAXWELL SKINNER**
- BEST EVENT OF THE YEAR - TASTE OF CARMICHAEL**
- BEST RESTAURANT - RIVER CITY BREWING COMPANY**

Sponsors and donors included: Aegis of Carmichael; Alpha One Ambulance and Medical Services, Dr Gabrielle Rasi, DDS; Farmers Insurance, Katie Pexa Agency; Oakmont of Carmichael; Battery Bill; Bel Air #511; Jaynee Cakes; Paulette Knox; Cheesecake factory; Mirabelle café; Raleys #531 ★

CRAIG DIEZ TEAM

★ THANK YOU ★

For Naming The Craig Diez Team "Best Real Estate Office/Realtor" in the Best of Carmichael 2017

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The great part of staying at Aegis Living as a short term guest, is that you really get to know our dedicated staff. You see them in action delivering compassionate, respectful and dignified care. Residents also get a taste of our savory cuisine and experience the social benefits of our Life Enrichment programs. It's the best way to make new friends and explore a home that feels familiar and comfortable.

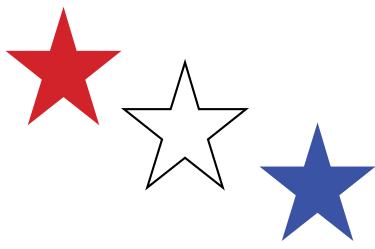
2-4 week stays offered at \$200/day including care, all meals, daily Life Enrichment programs, housekeeping, and personal laundry.*

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AegisofCarmichael.com

*Pending assessment results and in some cases costs may exceed \$200

59th Annual Carmichael Elks



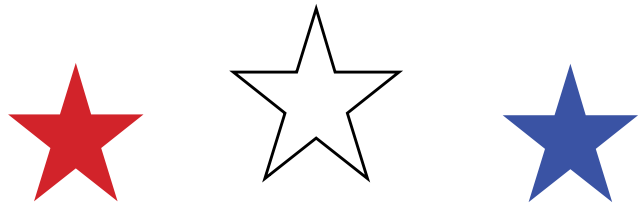
4th of July Parade

“PROUD TO BE AMERICAN”

Parade Kick Off: 10:30 A.M.

Grand Marshal: Carmichael Business Leader Allan Davis

Parade Route: Fair Oaks Blvd from Marconi to the Elks Lodge on Cypress Ave.



Fair Oaks Blvd Closed to through traffic 10 A.M. to 12:30 P.M.
Use Garfield-California for alternate North/South Traffic

*After the parade, celebrate the 4th with free swimming, children's games, a western BBQ, a Monkey Bridge, air-conditioned indoor live music and dancing to the "Crystal Image Band." Under the Lodge shade trees enjoy a Souza Band playing patriotic music at the Carmichael Elks 5631 Cypress Ave.



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Noon - 1:00pm
Program



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Wednesday 10am June 21
Show Discounts & Door Prize

- Tulip Time River Cruise
- Spotlight on Wash. DC
- Wonders of S. America
- Portugal & Douro River Cruise
- New York City Holiday
- Spotlight on Tuscany

\$50 SHOW DISCOUNT

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10
ANNIVERSARY

Fab 40's
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5k Run/Walk

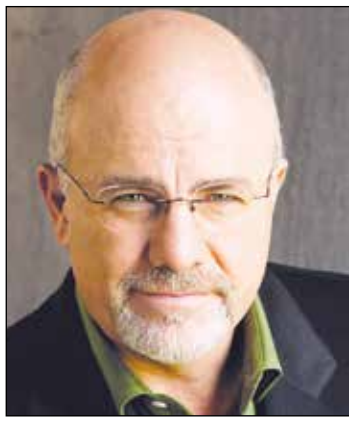
**Saturday
July 29
2017**

7:00 a.m. Registration
8:00 a.m. Kids Races
8:30 a.m. 5k Run/Walk

benefitting the **alzheimer's association**® City of Sacramento 5k Championship

For More Info and to Register: www.Fab40s5k.org

Don't Miss This Great Family Event!



Dave Says

little more toward the three-month side with your emergency fund before you start saving for a house. Then, after you're all moved in, you could revisit the emergency fund and beef it up to six months.

Midlife adjustments?

Dear Dave,
My husband and I are in our 50s, and we have just \$12,000 to pay off before we're debt-free. We've paid off almost \$70,000 in debt in the last two years. We would like to buy a house soon, but we know we also need an emergency fund. It would take us almost a year to build up an emergency fund, so should we make adjustments to the Baby Steps since we're getting older?
- Dawn

Just stay on course and stick with the plan, Dawn. Fifty isn't old. You two have plenty of time to get your finances in order, find a great home, and look forward to many great years ahead!
—Dave

Skipping to the altar

Dear Dave,
My wife and I make good money, and our daughter's college education is pretty much paid for through pre-paid tuition and scholarships. We just started your plan to get out of debt and take better control of our finances. When we get to Baby Step 5, which is saving for college, can we substitute that with saving for a wedding?
- Braden

Dear Bob,
That would be fine. I'm glad you're thinking ahead. It's always a good idea to save toward a wedding if you have the financial resources to do so, because weddings are real and

they're coming.
The average wedding in America today runs around \$35,000. Of course, you don't have to pay anywhere near that amount to make it a beautiful occasion. Your household income, debt, savings and other factors will all play into how much you can afford.

Just remember to pay cash for the wedding, Bob. If you have to go into debt to make it happen, then you're talking about too much money. It's as simple as that. Crunch the numbers with your wife, and see what you two can handle.
And remember, there's absolutely no correlation between the cost of a wedding and the success of the relationship!
—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★

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WIDOWED PERSONS ASSOCIATION OF CALIFORNIA



The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

OFFICE HOURS 10:00am - 3:00pm
Monday - Friday (916) 972-9722

Sunday Support - Any and all widows or widowers are invited.
Every Sunday from 3:00pm - 5:00pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18

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- ⇒ Live Music & Entertainment
- ⇒ 80+ Certified Farmers & Organic Producers
- ⇒ Specialty Gourmet Foods
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- ⇒ FREE Parking

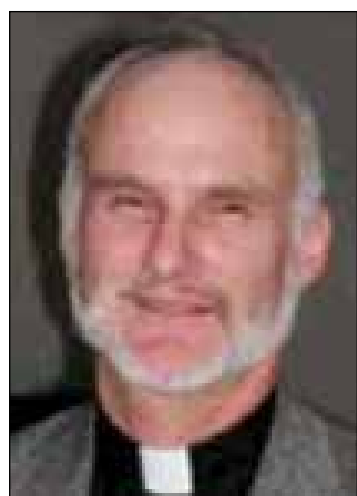
Chef Meet & Eat

Come meet and taste wonderful cuisine Saturday, June 11 demonstrated and prepared by local Chefs on site using fresh ingredients from the Farmers Market. 9 am to 2 pm. Chefs will share their signature dishes and recipes with you!

Health, Fitness, and Wellness
Body, Soul, Mind & Spirit Fair
Hosted by The Living Smart Farmers Markets

Meet local health professionals as you visit the Farmers Market on Sunday, July 9 from 9am to 2 pm and learn about the products and services available to help you live healthier and happier! For more information to participate contact us at 916-484-7000. Chef Demo at 11:00 am.

ILoveMyFarmersMarket.com



Happy Pentecost!

The Rev. Dr. Ray Hess St. George's Episcopal Church

our lives? These are not easy questions to answer.

The feast of Pentecost is based on the account in the Book of Acts in the New Testament (Acts 2:1-11), part of the story of the Gospel according to Luke and Acts, both by the same author and really like parts one and two of a play. According to Luke/Acts, the risen Jesus appeared to his disciples for forty days after his resurrection, then ascended to be with the Father in heaven, and then ten days later sent the Holy Spirit upon his disciples on the Jewish feast day of Pentecost (a spring harvest festival fifty days after Passover).

The New Testament talks about the coming of the Spirit in a variety of ways, mostly in Luke/Acts, the Gospel according to John, and the letters of Paul. The Spirit is usually described as God's presence within us or alongside us. A friend of mine, who is a retired

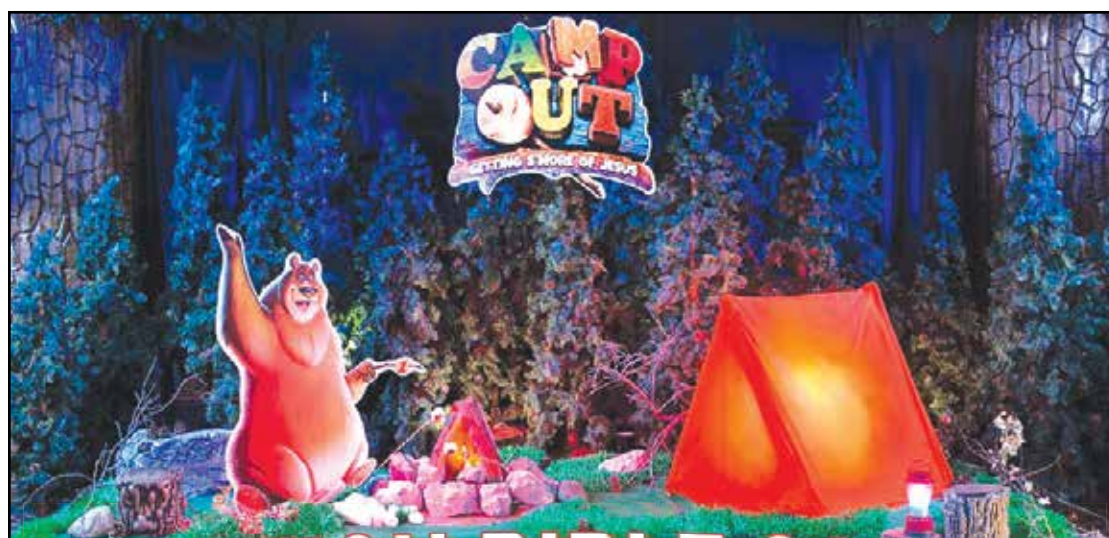
Episcopal priest and an important mentor in my life, has a very strong sense of the leading of the Holy Spirit in his life. He uses the expression often of being "prompted" by the Spirit.

I like this idea of being prompted by the Spirit, like a person in a play who prompts you with your lines. I want to be open to the guidance of the Spirit in my life. How is the Spirit guiding me? How can I be more aware of the presence and leading of the Spirit, instead of following my own "bright ideas"? I find that my life flows much better when I follow the prompting of the Spirit!

This season after the feast of Pentecost is a good time to be open to the presence of God's Spirit in our lives. Be on the alert for how the Holy Spirit is prompting you in your daily life and in making decisions about your life. Come, Holy Spirit!★

Pentecost is the orphan of the three great Christian feast days – Christmas, Easter, and Pentecost. Churches tend to be full on Christmas Eve and Easter Sunday, but not so much for Pentecost. Like Easter, Pentecost moves around for its date; this year the feast day was Sunday June 4 (fifty days after Easter Sunday).

You will not see Pentecost cards, gifts, or special family celebrations. Did your family get together for a Pentecost dinner? Probably not. Why is Pentecost difficult to celebrate? I think it is because we have a hard time dealing with the Holy Spirit. Who is the Holy Spirit and how does the Spirit act in



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by SSWD staff

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American River Parkway Foundation Volunteer Center: 5700 Arden Way, Carmichael, CA 95608. Open Monday

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Antelope Gardens: 7800 Antelope North Road. Antelope, CA 95843 Open until the end of October, Monday- Friday from 9:00 am to 3:00 pm and the second Saturday of each month from 9:00 am to 3:00 pm. The garden will be closed on July 8th.

Garden on Eden: 4900 Eden Court, Carmichael, California 95608. Open Monday through Friday from 8:00 a.m. to 4:30 p.m.

Gardens at Howe Park: 2201 Cottage Avenue, Sacramento, CA 95825. Open Monday – Sunday from 8:00 a.m. to 5:00 p.m. ★

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Wed., Sept. 20 (Dinner @ 6:30 pm)
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Sacramento County DA Reports



Defendant Convicted for Multiple Sexual Assaults

DATE: June 7, 2017

CASE: Steven Anthony McCarter (Case #16FE002313)

PROSECUTOR: Deputy District Attorney Tate Davis, Adult Sexual Assault Prosecution Unit

Steven Anthony McCarter was convicted by a jury of two counts of rape by force with personal use of a deadly weapon, two counts of assault with a deadly weapon, two counts of assault by means likely to produce great bodily injury and assault with the intent to commit rape against two separate women.

On November 21, 2015, a homeless victim was sitting on a street curb near Sacramento State. McCarter offered to drive her to get food, which she accepted. McCarter then provided her with alcohol and asked her to stay in his motel room. The victim agreed to stay in his room with the understanding there would be no sex. The victim later awoke to find McCarter naked with his arms around her neck. McCarter punched and elbowed the victim in the face several times, choked her until she couldn't breathe, and wrapped his belt around her throat in an attempt to suffocate her. When the belt broke, the victim begged McCarter to stop beating her. McCarter proceeded to rape the victim twice. The victim escaped the next morning and was taken to a hospital for her injuries and a sexual assault exam. The District Attorney's Crime Lab analyzed DNA collected from the exam, which was later matched to McCarter's DNA.

On January 23, 2016, a second victim was walking and carrying grocery bags in south Sacramento. McCarter offered to give her a ride, which she accepted. The two talked about meeting again later that night. When the victim became stranded at a light rail station, she called McCarter and asked for a ride home. McCarter picked her up and drove to a liquor store. He then stated he was too drunk to drive and asked if they could stay in a motel for the night. The victim agreed with the understanding there would be no sex. When the victim was in bed, McCarter demanded she remove her clothing. When she refused, McCarter punched her in the face and hit her in the eye with a liquor bottle. The victim was able to fight McCarter off and escape. The next day,

the victim went to a hospital and reported the attempted rape. She later identified McCarter in a photo lineup.

Allegations that McCarter suffered four prior convictions will be determined at sentencing.

Sentencing is set for July 14, 2017, at 10:00 a.m. in Department 17 before the Honorable Bunmi Awoniyi.

Defendant Sentenced for Attempted Murder of His Children

DATE: June 7, 2017

CASE: Charles Ewers (Case #15F02083)

PROSECUTOR: Deputy District Attorney Quirina Orozco, Special Assault & Child Abuse Unit

The Honorable Jaime Roman sentenced Charles Ewers to 18 years to life in prison. On May 4, 2017, Ewers pled guilty to two counts of attempted murder and admitted to two enhancements for causing great bodily injury and using a deadly weapon.

On April 4, 2015, sheriff's deputies responded to Ewers home after receiving a call from his estranged wife, who was concerned about her children after Ewers failed to return them at the agreed upon time. Deputies heard the sound of a running car motor from the garage. They forced entry into the garage, where they found two children in the car, ages 8 and 10, with bloodied heads and faces. Yellow hoses were connected from the exhaust pipe to a small opening through the rear passenger window. Deputies immediately removed the children from the vehicle. Ewers remained in the driver's seat with a replica airsoft gun on his seat before he was later removed.

Ewers admitted to deputies that he had given his children Ambien to make them drowsy and had planned to suffocate his children by carbon monoxide poisoning. When they failed to get drowsy, he used a mallet to strike them each repeatedly on their heads, causing extensive injuries to their head and bodies. After physically assaulting them, he then forced the children into his running car and told them they were all "going to Heaven."

When questioned by law enforcement, Ewers stated, "I am in control. I am not in a rage. I am in control and I am sad that it didn't work out. If I could try again, I would." He later explained that he had planned the act for several months and was looking for the right time to do it. ★

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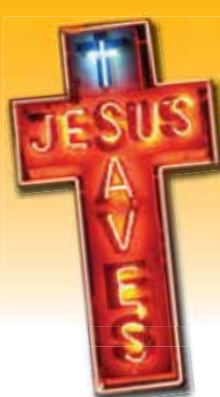
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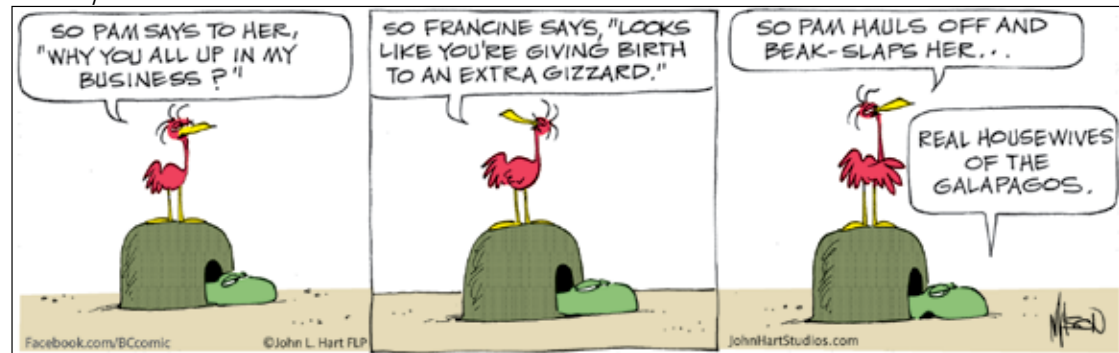
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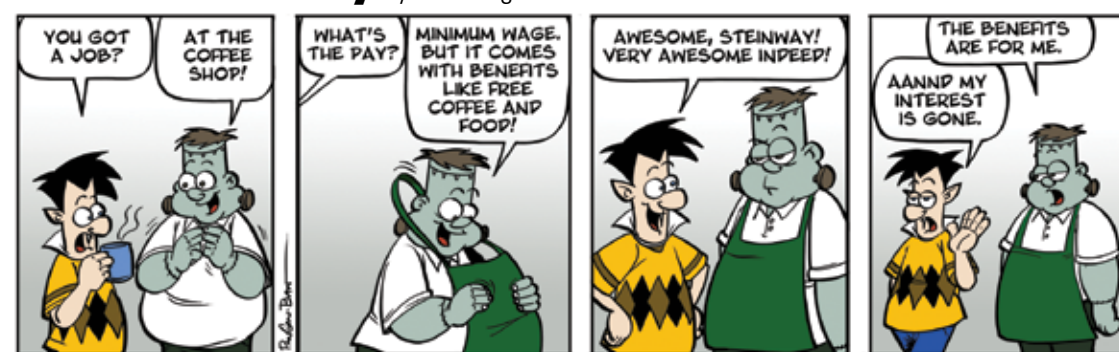
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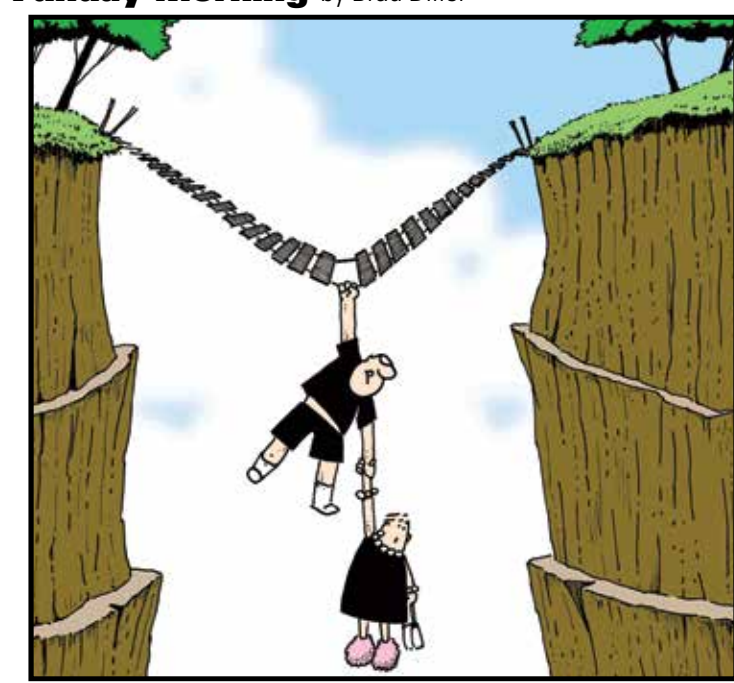
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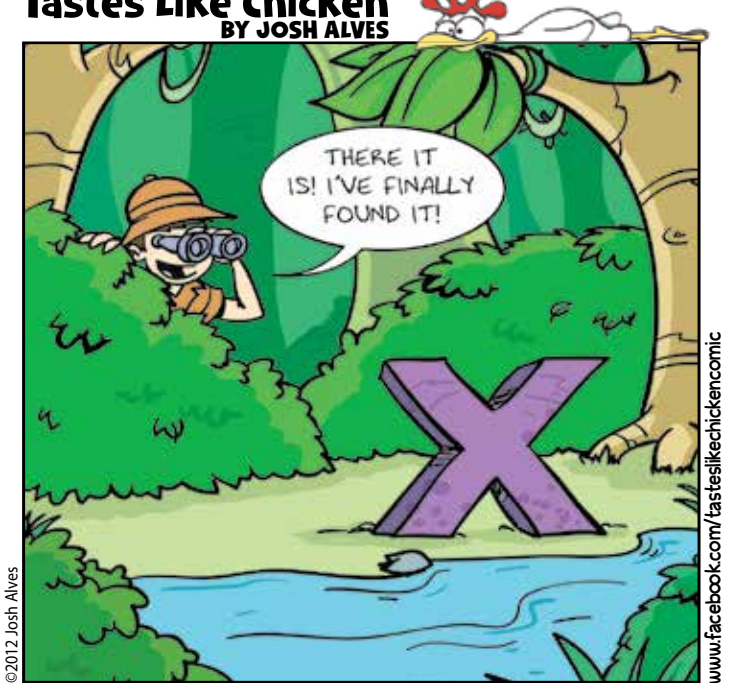
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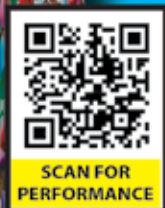
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