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Carmichael Times

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Serving Carmichael and Sacramento County since 1981

MARCH 10, 2017

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A HART FOR CARMICHAEL



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Mourners Honor CHP Officer Killed in Line of Duty



A horse and carriage caisson leads a funeral procession from Adventure Christian Church following the memorial service for CHP Officer Lucas Chellew (above). Mounted law enforcement officers prepare for the funeral procession for CHP Officer Lucas Chellew, with the flag mounted from two Sacramento County fire trucks at half-staff in the background (photo at right).



Story and photos by Jacqueline Fox

SACRAMENTO COUNTY, CA (MPG)

More than a thousand mourners, dominated by members of law enforcement from police and fire divisions as far away as Utah and New Mexico, many wearing black bands across their badges in a show of solidarity, filled the sanctuary of Adventure Christian

Church in Roseville March 4th to pay their respects to fallen California Highway Patrolman Lucas Chellew.

Among the mourners were the officer's sister, Hanna Chellew, who followed in her big brother's footsteps to become a member of the CHP's motorcycle division. Choking back tears, she recalled her brother's wide, dimpled grin and propensity for pulling pranks, but mostly reflected upon his unwavering dedication to service and family.

"From a little sister's perspective, Lucas was the best big brother any one could ask for," she told mourners, among them, several state legislators, including Gov. Gerry Brown and Attorney General Xavier Becerra. Calling him her "role model," she said "Every year that passes, Lucas will be a year older. And I will have another

year to be better. To be more like him."

Chellew, 31, graduated fourth in his class from the CHP Academy in 2009 where he was pinned by his father, retired CHP Captain Charles Chellew. He served on the elite Mounted Patrol Unit for the Capital Protection Section before transferring to South Sacramento's West Valley motorcycle division. Some members of his squad were assigned the somber duty of carrying their fellow officer's casket into the sanctuary to the sound of bag pipes, while others offered emotional anecdotes about their friendships with Chellew and his

tenacious sense of duty.

"This is a message to you and my squad, the South Side Squad," said Chellew's commander, CHP Captain Evan Robinson. "He was a fighter pilot and bad guys beware." Speaking more directly to Chellew's family seated front row near his flag-draped casket, Robinson added "That's your son. That's your husband. That's your brother. He was all in."

According to CHP reports, Chellew was pursuing another motorcycle rider, Alberto Quiroz, 26, on Feb. 22nd when he was cut off by a car, crashed and later died from his injuries.

Continued on page 13

Snowpack's Water Content Far Above Average

SACRAMENTO REGION, CA (MPG)

The Sierra Nevada snowpack continues to build during one of the wettest winters in California's recorded history. The manual snow survey by the Department of Water Resources (DWR) at Phillips Station in the Sierra Nevada found a snow water equivalent (SWE) of 43.4 inches. February's Phillips survey found 28.0 inches of SWE, and January's reading was 6.0 inches. The March 1 average at Phillips is 24.3 inches.

On average, the snowpack supplies about 30 percent of California's water needs as it melts in the spring and early summer. More telling than a survey at a single location are DWR's electronic readings from 98 stations scattered throughout the Sierra Nevada. Statewide, the snowpack today holds 45.5 inches of SWE, or 185 percent of the March 1 average (24.6 inches).

Measurements indicate the water content of the northern Sierra snowpack is 39.2 inches, 159 percent of the multi-decade March 1 average. The central and southern Sierra readings are 49.0 inches (191 percent of average) and 46.4 inches (201 percent of average) respectively.

State Climatologist Michael Anderson said the winter season has been "historic," especially in the central and southern Sierra where elevations are higher and where snowfall has been near the 1983 record amount.

The Phillips snow course, near the intersection of Highway 50 and Sierra-at-Tahoe Road, is one of hundreds surveyed manually throughout the winter. Manual measurements augment the electronic readings from about 100 sensors in the state's mountains that provide a current snapshot of the water content in the snowpack.

Frank Gehrke, chief of the California Cooperative Snow Surveys Program, conducted today's survey at Phillips and said of his findings, "It's not the record, the record being 56.4 (inches), but still a pretty phenomenal snowpack.... January and February came in with some really quite phenomenal atmospheric river storms, many of which were cold enough to really boost the snowpack."

Gehrke said the central and southern regions in the Sierra Nevada are tracking close to 1983, which had the maximum recorded snowpack statewide.

Source: DWR ★

Celebrate Tina Macuha as Person of the Year

CARMICHAEL, CA (MPG) - The Carmichael Chamber of Commerce is hosting their 8th Annual Person of the Year Awards Dinner on Friday, March 24 from 6:00 - 9:30 pm at Arden Hills Resort Club & Spa, 1220 Arden Hills Lane in Sacramento. This gala event will be honoring business and community members for the contribution they have made to the community.

This year the Chamber's 2017 Person of the Year is Tina Macuha of Good Day Sacramento who lives in Carmichael. Also, being honored as Businessman of the Year is Dave Leatherby of Leatherby's Family Creamery; Businesswoman of the Year is Angela Sehr of Advanced Home Health & Hospice; Young Professional of the Year is Layla Seiler of Aegis of Carmichael; Volunteer of the Year is Artie Van Winkle; Junior Hero of the Year is Cameron Dax, and Non-Profit of the Year is Sacramento Fine Arts Center. A portion of the proceeds from this event will benefit Sacramento Fine Arts Center to support the wonderful work they

do in the arts arena.

The cost of the event is \$75 per person and includes a no-host bar, dinner, a raffle and a live auction with auctioneer radio personality and former Sacramento County Sheriff John McGinness. No tickets will be sold at the door. Table sponsorships are also available. To get tickets, go to the Chamber's website at www.carmichaelchamber.com and click on the event banner on the home page.

A big thank you to the sponsors of this year's event - SMUD; Dignity Health - Mercy San Juan Medical Center; Advanced Home Health & Hospice; Rosewood Post-Acute Rehab; Post Modern Marketing; AM 1380 The Answer, and Assemblyman Ken Cooley.

Previous honorees include former Sheriff John McGinness; Supervisor Susan Peters; radio personality Kitty O'Neal; Sacramento Kings Color Analyst Jerry Reynolds; former District Attorney Jan Scully; baseball great Dusty Baker, and last year's recipient, Kings General Manager Vlade Divac.



Tina Macuha, Person of the Year.

"This promises to be a great event that brings not only the community together, but also the county as well," says Chamber Executive Director Linda Melody. We hope businesses and residents will come out and support this gala event.

Submitted by CCC ★



Advanced Home Health Awarded Home Care Accreditation

SACRAMENTO, CA (MPG) - Advanced Home Health, Inc. today announced it has earned The Joint Commission's Gold Seal of Approval® for Home Care Accreditation by demonstrating continuous compliance with its performance standards. The Gold Seal of Approval® is a symbol of quality that reflects an organization's commitment to providing safe and effective care.

Advanced Home Health, Inc. underwent a rigorous onsite survey. During the survey, compliance with home care standards reflecting key organization areas was evaluated, including the provision of care, treatment and services, emergency management, human resources, individual rights and responsibilities, and leadership. The accreditation process also provided Advanced Home Health, inc. with education and guidance to help staff continue to improve its home care program's performance.

Established in 1988, The Joint Commission's Home Care Accreditation Program supports the efforts of its accredited organizations to help deliver safe, high quality care and services. More than 6,000 home care programs currently maintain accreditation, awarded for a three-year period, from The Joint Commission.

"When individuals engage a home care provider they want to be sure that provider is capable of providing safe, quality care," said Margherita Labson, RN, MS, executive director, Home Care Accreditation Program, The Joint Commission. "As the home care setting becomes increasingly popular, it is important that home care providers are able to demonstrate that they are capable of providing safe, high quality care. Accreditation by The Joint Commission serves as an indication that the organization has demonstrated compliance to these recognized standards of safe and quality care."



Angela Sehr, Owner of Advanced Home Health is pleased to receive accreditation from The Joint Commission, the premier health care quality improvement and accrediting body in the nation. Photo courtesy of Advanced Home Health

Advanced Home Health, Inc. is pleased to receive accreditation from The Joint Commission, the premier health care quality improvement and accrediting body in the nation," added Angela Sehr, RN "Staff from across our organization continue to work together to strengthen the continuum of care and to deliver and maintain optimal home care services for those in our community."

The Joint Commission's home care standards are developed in consultation with health care experts, home care providers and researchers, as well as industry experts, purchasers and consumers. The standards are informed by scientific literature and expert consensus to help organizations measure, assess and improve

performance.

Founded in 1951, The Joint Commission seeks to continuously improve health care for the public, in collaboration with other stakeholders, by evaluating health care organizations and inspiring them to excel in providing safe and effective care of the highest quality and value. The Joint Commission accredits and certifies more than 21,000 health care organizations and programs in the United States. An independent, nonprofit organization, The Joint Commission is the nation's oldest and largest standards-setting and accrediting body in health care. Learn more about The Joint Commission at www.jointcommission.org. ★

Welcome Back Wounded Warriors

Amputee Softball Team returns to Raley Field



Josh Wege snags a hard drive. Photos courtesy WWAST

SACRAMENTO REGION, CA (MPG) - The Sacramento River Cats are honored to welcome back the Wounded Warrior Amputee Softball Team (WWAST) to Raley Field this season.

This is the second time the WWAST will take the field here in West Sacramento after making their Raley Field debut in July of 2015. They'll take on the Sacramento All-Stars, a team composed of local personalities and celebrities. In 2015, Sacramento icons such as former NFL player Adrian Ross

and KCRA Sports Anchor Lisa Gonzales were a part of the squad.

The WWAST is made up of brave men and women, both veterans and active duty soldiers, from four of the five service branches, who have sustained injuries resulting in amputation. Through extensive rehabilitation, they have become competitive athletes again, playing against able-bodied teams in competitive, celebrity, and exhibition games across the country.

In addition to functioning as

an outlet for veterans and active duty soldiers to compete athletically, the WWAST uses these cross-country games to raise funds for the WWAST Kids Camp, medical research, and rehabilitation equipment. Now in its fifth year, the WWAST Kids Camp seeks to empower young boys and girls with amputations. The camps are led by WWAST players who work as coaches and mentors, helping teach not just softball skills, but more importantly life skills as well.

The game is slated for Saturday, May 6. The WWAST will take on the Sacramento All-Stars at 3:30 p.m. in Game One of a Raley Field doubleheader. The River Cats will then host the division rival Reno Aces at 7:05 p.m. for Salute to Armed Forces. Following the WWAST/Sacramento All-Stars game, the River Cats will host the Reno Aces in game one of a four-game set. First pitch for part two of the doubleheader is set for 7:05 p.m. with gates to open at 3:00 p.m.

Tickets for the doubleheader are available now and can be purchased by visiting rivercats.com/tickets or calling the River Cats ticket line at (916) 376-HITS (4487).

The mission of the Wounded Warrior Amputee Softball Team (a 501(c)(3) charitable organization) is to raise awareness, educate and inspire the public about the strength and resiliency of our wounded warriors, showing how a positive attitude, commitment, dedication and perseverance allow them to overcome any obstacles. See a few videos about their mission here: <http://woundedwarrioramputeesoftballteam.org/media/videos/>

The Sacramento River Cats are the Triple-A affiliate of the three-time World Champion San Francisco Giants. For more information about the River Cats, visit www.rivercats.com. ★



Greg Reynolds (above) fires one back to the infield. Photo courtesy WWAST

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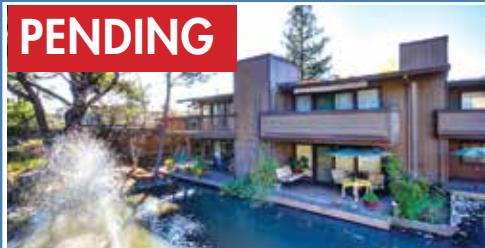
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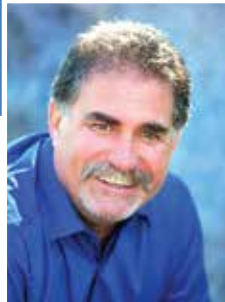


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Craig Diez



CRAIG DIEZ TEAM

The Carmichael Chamber's 8th Annual PERSON OF THE YEAR



Person of the Year
TINA MACUHA
Good Day Sacramento

Business Woman of the Year
ANGELA SEHR
Advanced Home Health & Hospice

Businessman of the Year
DAVE LEATHERBY
Leatherby's Family Creamery

Young Professional of the Year
LAYLA SEILER
Aegis of Carmichael

Junior Hero of the Year
CAMERON DAX

Volunteer of the Year
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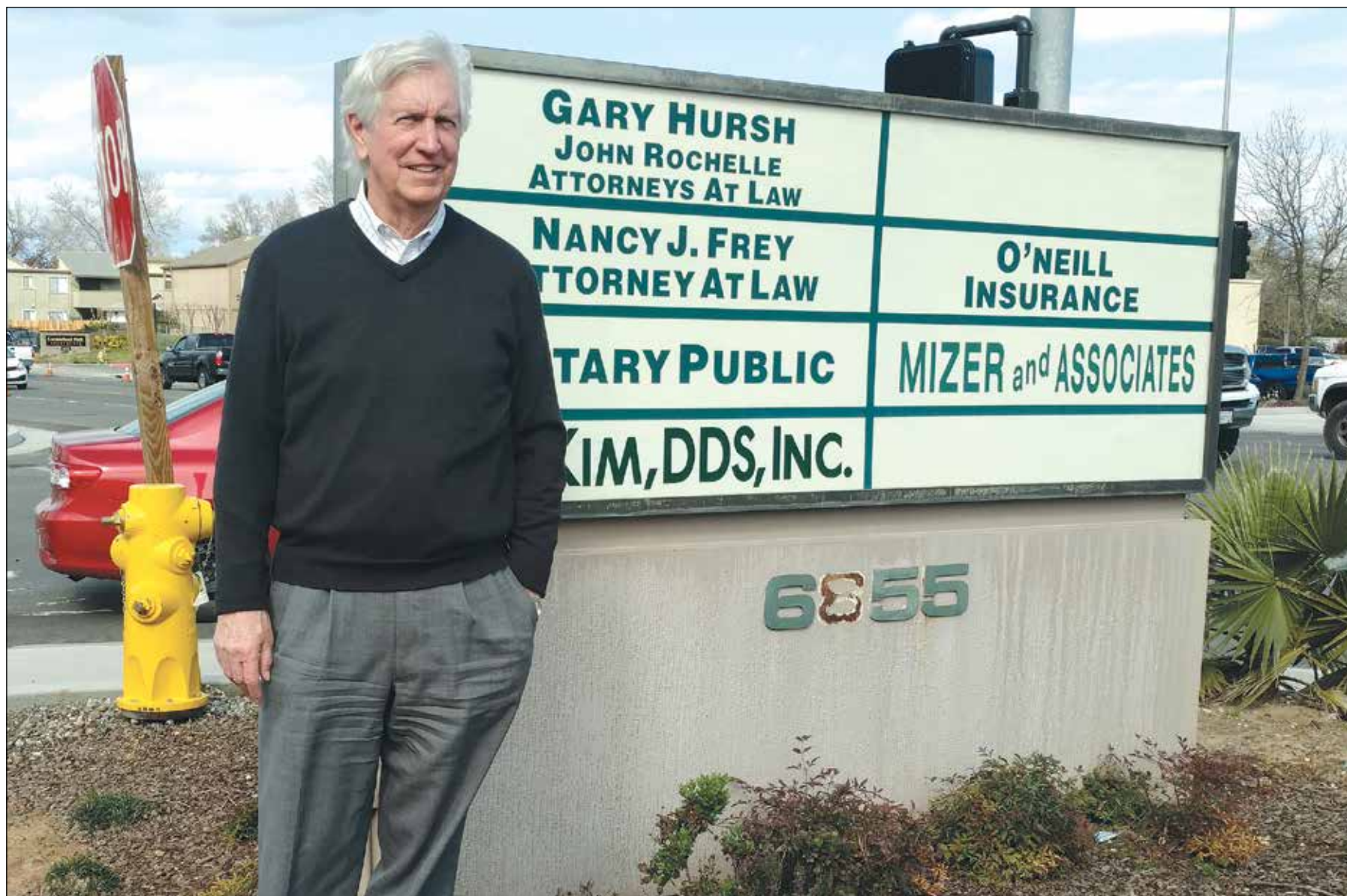
Fair Oaks Blvd. Business Improvement District Plans Moving Forward

Story and photo by Jacqueline Fox

CARMICHAEL, CA (MPG) - Just over half of the 250 business property owners with commercial assets in the 10-acre Fair Oaks Boulevard Public and Business Improvement District (PBID) corridor have paid all or a portion of two tax installments earmarked for planned improvements for Carmichael, which include battling blight and crime on the roughly 437 properties in the assessment area.

“Carmichael is going to be 107 years old in the fall and many issues of concern about worn out buildings and blight have been ongoing for years.”

LINDA MELODY
EXECUTIVE DIRECTOR, CARMICHAEL CHAMBER OF COMMERCE



Gary Hursh, President of the Carmichael Improvement District.

In addition, stakeholders have created a nonprofit, the Carmichael Improvement District (CID) to manage the PBID budget and project oversight. Eight board members are in place and a search for as many as three more representing a cross-section of the corridor's property owners is underway, according to CID President Gary Hursh, a property owner and attorney with a business on Fair Oaks Boulevard, the PBID's core thoroughfare. Among the board's immediate tasks is to ensure assessments are paid to the county in full by the April 10 deadline and, upon processing and release of all funds by the county board of supervisors, begin long-awaited improvements.

“We've formed the non-profit, have a board in place and will be looking for a few more members as we begin to move toward finally seeing the funds for the

year come in,” said Hursh, adding that \$125,000 of the expected \$301,838 assessment total for 2017 had been paid as of March 1. The CID has tentatively allocated more than half of its 2017 budget, \$156,956, toward “Clean and Safe Enhancements,” such as security, litter and graffiti removal, illegal dumping and abandoned shopping carts and cars. Other budgeted items include funds for streetscape enhancements, administrative fees and a prudent reserve. Also, according to Hursh, some funds will be earmarked for the hiring of an administrator who will oversee all day-to-day operations of the nonprofit and expenditures.

Crime, security and blight are at the top of the list for obvious reasons, said

Linda Melody, executive director of the Carmichael Chamber of Commerce and also a CID board member. Many business owners, she said, believe problems have been mounting since the passage Proposition 47 in 2014. Echoing recent remarks to the community by Sacramento County District Attorney Anne Marie Shubert, Melody said crime, the release of inmates under Prop. 47, and the growing numbers of homeless individuals living in doorways and parking lots along the CID's path are connected and of critical concern.

“Homelessness, Prop. 47, and crime are considered related by many of the area's business owners,” Melody said. However, even she admits, neglect in the businesses district, currently

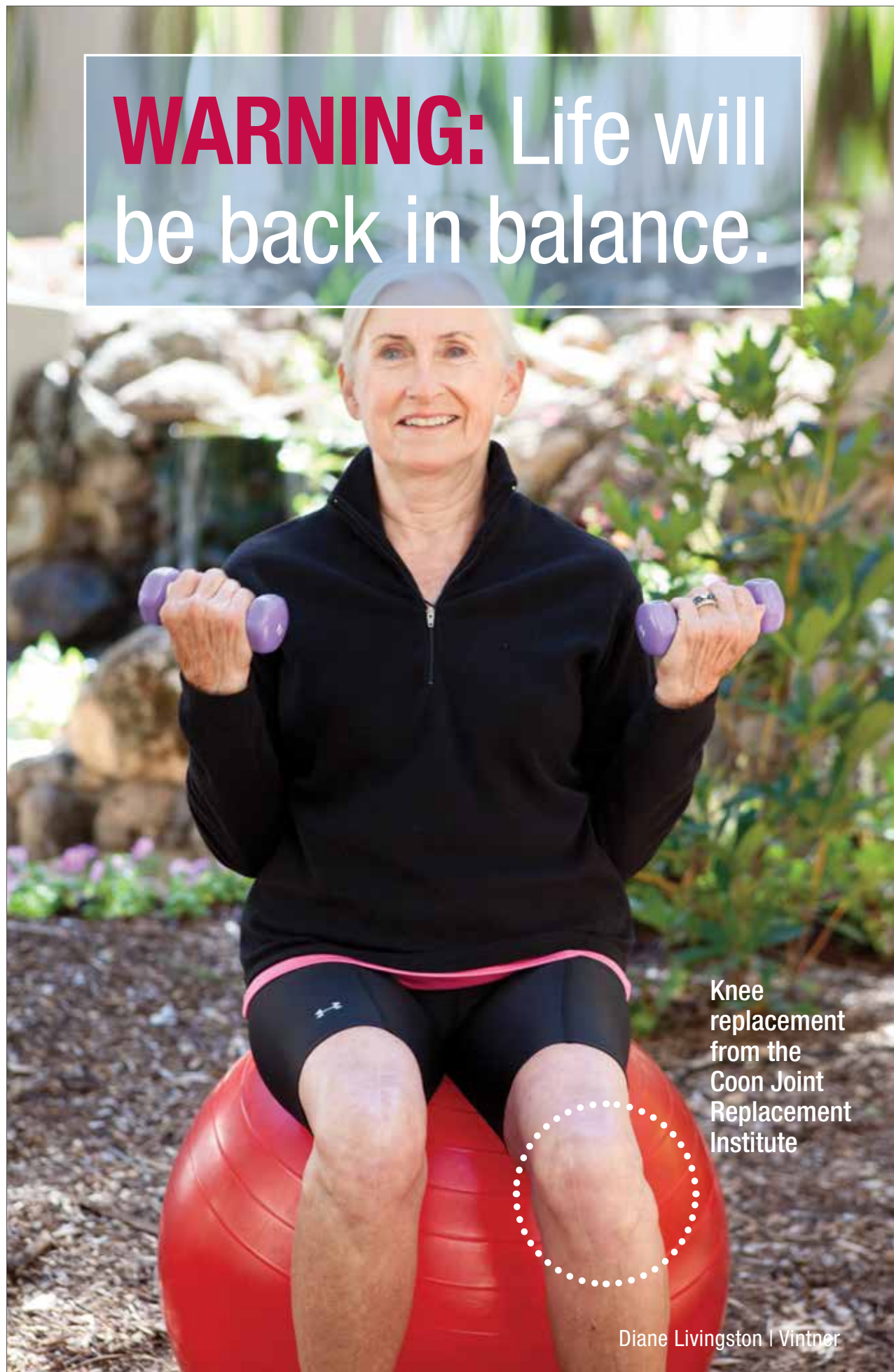
experiencing a near 18 percent vacancy rate, has been coming for decades. “Carmichael is going to be 107 years old in the fall and many issues of concern about worn out buildings and neglect have been ongoing for years.”

The PBID for Fair Oaks Boulevard, which includes 350 assessed parcels, was approved by just under 70 percent of local property owners in the fall of 2016. The renewable, five-year agreement with the county, according to Hursh, may be expanded to include a wider tax base and coverage area over the next five years. For now, however, the board is hoping for full approval of its bylaws, budget and contract by the board of supervisors, all expected to take place later this month. ★

CID's Currently Proposed Budget Breakdown:

- 2017 Total: \$301,838
- Clean & Safe Enhancements \$156,956 (52%)
- Streetscape & Image Enhancements \$57,349 (19%)
- Economic Enhancements \$39,239 (13%)
- Advocacy & Administration \$ 36,221 (12%)
- Contingency/Reserve \$12,073 (4%)

CID Board meetings are held at the Carmichael Library meeting room at 5605 Marconi Ave. on the fourth Thursday of each month from 1 p.m. to 2:30 p.m. and are open to the public.



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Be A Leak Detective!

SACRAMENTO COUNTY, CA (MPG)

- Get ready to be a leak detective and do your part during Fix A Leak Week, March 20 through 26. The average home leaks more than 10,000 gallons of water per year – the amount of water it takes to wash 270 loads of laundry. That's almost a year's worth of laundry!

Take the WaterSense Fix a Leak Week Challenge

In just a few minutes, you can search your home for leaks and stop water waste. Many household leaks, like worn toilet flappers, dripping faucets, and leaky showerheads, are quick and easy to find and fix, and can make a big difference in your water usage.

How to Check for Leaks:

- Review your Water Bill. For a family of four, if your spring/winter water use is more than 12,000 gallons per month it's likely you have a leak. Also look for a spike in water usage

from one month to the next.

- Visually examine all of your faucets and showerheads. Even a slow dripping faucet can waste more than 1,000 gallons a year.
- If after flushing your toilet doesn't shut off, you may have a leak. Check your toilet with a simple dye test. Place dye tablets or a couple of drops of food coloring into the tank. If the colored water appears in the bowl within 15 minutes, there is a leak in the flapper valve. A simple and inexpensive fix!
- Look under your sinks for pooling water around pipes or rust around joints and edges.
- Check your dishwasher, clothes washer and water heater for pooling water, rust or loose connections.
- Walk your yard and look for soggy areas. A soft spot can

indicate you have a leak in your service line or sprinkler system.

If you have attempted all of the items noted above, but are still uncertain if you have a leak, Sacramento Suburban Water District customers can request assistance from one of our Water Conservation Technicians, and for a more complete assessment, they can also request a Water Wise House Call by calling 916.972.7171.

If any of your fixtures need replacing, make sure to look for the WaterSense label when purchasing new ones. They are independently certified to be at least 20 percent more efficient than standard models.

So join in the search and find the drips and leaks in your home. And remember to check for and fix leaks inside and outside your home all year long.

Source: SSWD Media ★

Senator Gaines Introduces Fire Tax Repeal

SACRAMENTO, CA (MPG)

- In his continued efforts to fight against the illegal fire tax, Senator Ted Gaines (R-El Dorado) announced on March 2nd Senate Bill 9, a measure to repeal the tax.

"This fire tax is illegal and unfair – plain and simple," said Senator Gaines. "Many rural property owners already pay local fire agencies for protection so it is clearly double-taxation and it is being dumped on the backs of rural Californians when parts of my district still have a more than 10-percent unemployment rate and families are struggling to make ends meet."

Senate Bill 9 would reverse the annual \$152.33 "fee" for fire prevention services charged to rural property owners located in "State Responsibility Areas" (SRA) designated by the California Department of Forestry and Fire



Senator Ted Gaines (R-El Dorado)

Protection (CAL FIRE), even though their property taxes already contribute to the service contracts that counties have with CAL FIRE.

The fire tax is imposed on more than 800,000 properties in the state that are within the boundaries of SRA. According to census and CAL FIRE data, Senator Gaines' largely rural district includes roughly 20-percent or approximately 160,000 of the properties whose owners are subject to the fee.

Senator Gaines contends that the fire tax attempts to sidestep Proposition 26, the initiative passed in 2010 that prevents the Legislature from disguising taxes as "fees" and circumventing constitutional requirements for passing higher taxes. He has been a leading critic of the tax and has

introduced numerous pieces of legislation in previous years that attempted to provide relief for rural Californians. Senator Gaines also strongly supports the lawsuit filed against the state by the Howard Jarvis Taxpayers Association challenging the fee on constitutional grounds.

"I have fought this illegal tax at every turn and I encourage everyone who is stuck paying this phony fee to get in the arena and fight it too," said Senator Gaines. "The answer to fire protection in California is not illegal taxes, but budgets that invest in core government services that protect every citizen in the state – rural, urban and suburban."

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra and Siskiyou counties.

From the Office of Ted Gaines★

Carmichael Pickleball Tournament

March 29th - 31st

- March 29th- **Women's Doubles**
- March 30th- **Men's Doubles**
- March 31st- **Coed Doubles**

Times: 9:30am - 3pm (player check-in at 9am)
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Divisions: Recreation (3.0 or below), Intermediate (3.0-3.5)
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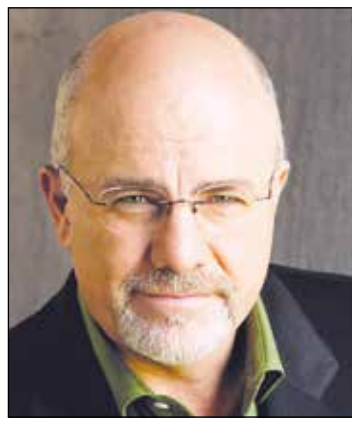
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Dave Says

if I'm not careful, I'm still bad about buying things I don't need – or too much of the things I do need – in warehouse clubs.

Have fun in there, and make sure you find some steals on smart things you can stock up on. Just don't go crazy and wreck your budget by overspending!

—Dave

Beware of overspending

Dear Dave,

I know you're big on bargains and saving money. How do you feel about warehouse clubs, like Costco and Sam's Club?

- Jessica

Dear Jessica,

We have both of those in our neighborhood, and I'm a big fan. There are definitely some good buys and great bargains to be had in places like that. To be honest, my wife is probably a bigger fan than I am. I suspect we save more money from her trips than mine to those spots.

I will advise you to watch your spending carefully in warehouse clubs. Most people overbuy in situations like that, especially those of us who are spenders by nature. Believe it or not, I'm a spender by nature. To this day,

No magic number

Dear Dave,

I'm 26, and I've been running my own business as sole proprietor for a year and a half. My gross revenues are about \$94,000, and my personal net worth is around \$68,000. Is there an asset level you recommend reaching before moving to LLC status?

- Meghan

Dear Meghan,

There's not really a magic number for this kind of thing. In your case, I wouldn't go to the trouble for an LLC right now. You don't need the hassle of extra paperwork and the expense of processing and filing fees.

Just make sure you have normal, liability-type insurance in place. That shouldn't cost a lot of money.

The main reason you would consider shifting to an LLC is if you had reached a point in life as a business owner where you were afraid you might have a target on your back. By that, I mean you would want protection in the event of a lawsuit if your company had grown to sizable proportions and you had begun to accumulate substantial personal assets.

At this stage I don't think anyone's going to bother you.

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★



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Crossword Puzzle on Page 9

P	L	A	I	D		D	O	C		W	H	O	M	
H	O	U	R	I		E	R	A		S	H	O	V	E
D	O	R	I	C		N	B	C		H	A	B	I	T
	P	A	S	T	R	Y		A	L	A	M	O	D	E
		H	U	E		B	O	O	K					
S	P	A		M	I	L	E		P	E	R	M	I	T
U	S	E	R		N	E	W	S		S	A	U	N	A
G	Y	R	E		S	T	I	L	T		C	L	E	F
A	C	I	D	S		S	T	I	R		K	E	R	F
R	H	E	S	U	S		C	M	O	N		S	T	Y
						B	A	S	H		L	E	A	
C	A	R	A	M	E	L		F	L	A	M	B	E	
A	L	I	B	I		A	P	E		R	O	A	R	S
R	O	G	E	T		W	I	T		L	L	A	N	O
T	E	S	T		S	E	A		Y	E	S	E	S	

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Sudoku Puzzle on Page 9

8	9	4	5	7	1	6	2	3
6	3	7	9	4	2	8	1	5
2	1	5	6	3	8	4	9	7
9	2	1	8	6	7	5	3	4
5	7	3	4	2	9	1	8	6
4	6	8	3	1	5	9	7	2
7	5	2	1	9	6	3	4	8
1	4	6	2	8	3	7	5	9
3	8	9	7	5	4	2	6	1

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FICTITIOUS BUSINESS NAME STATEMENTS

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FBNF2017-00766 Melissa Barera, 2004 El Camino Avenue Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Morro EZ Store" at 6119 Hazel Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 26, 2017. Publish: February 17, 24, March 3, and 10, 2017
MORRO 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01155 Jack B. Kim, 32 Nicklaus Drive Rome, GA 30165 is doing business under the Fictitious Business Name(s) "Ace Dental Lab" at 9960 Business Park Drive #170 Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 9, 2017. Publish: February 17, 24, March 3, and 10, 2017
ACE 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01056 #1 American Med Transportation, LLC, 2740 Arden Way Suite 204 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "#1 American Med Transportation, LLC" at 2740 Arden Way Suite 204 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 6, 2017. Publish: February 17, 24, March 3, and 10, 2017
#1 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00734 Woo Optometry, INC, 10075 Bruceville Road Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Premier Contact Lenses & Optometry" at 10075 Bruceville Road Elk Grove, CA 95757. Filed with the Clerk of Sacramento County January 26, 2017. Publish: February 17, 24, March 3, and 10, 2017
PREMIER 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01083 Joshua Austin, 9721 Sand Hollow Way Elk Grove, CA 95758 and Kheali Terry, 1201 Glen Cove Parkway 1008 Vallejo, CA 94591 is doing business under the Fictitious Business Name(s) "AUS Boutique" at 5050 Laguna Boulevard Suite 534 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 7, 2017. Publish: February 17, 24, March 3, and 10, 2017
AUS 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00555 HomePRO Enterprises, INC, 5908 Courville Court Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "HomePRO" at 5908 Courville Court Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 20, 2017. Publish: February 17, 24, March 3, and 10, 2017
HOMEPRO 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00870 Santos L. Sanchez, 2266 Cottage Way #47 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Leo Auto Body" at 2417 Manning Street Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 31, 2017. Publish: February 17, 24, March 3, and 10, 2017
LEO 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01109 Brian Keith Isenogle, 825 Fieldstone Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Blue Line Motors" at 825 Fieldstone Court Folsom, CA 95630. Filed with the Clerk of Sacramento County February 8, 2017. Publish: February 17, 24, March 3, and 10, 2017
BLUE 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01057 Thomas M. Towne Jr, 4305 Griffith Drive Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Montgomery Towne Realty Advisors" at 4305 Griffith Drive Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 6, 2017. Publish: February 17, 24, March 3, and 10, 2017
MONTGOMERY 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00858 Alexandr Timoshenko, 5406 Cliff House Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "A+ Bees" at 5406 Cliff House Way Sacramento, CA 95835. Filed with the Clerk of Sacramento County January 30, 2017. Publish: February 17, 24, March 3, and 10, 2017
BEES 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00578 Lucky Buddy Pet Care Inc, 2572 21st Street Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Lucky Buddy Pet Care" at 2522 21st Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County January 20, 2017. Publish: February 17, 24, March 3, and 10, 2017
LUCKY 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00852 Love Jones Enterprises, Inc, 8037 Fair Oaks Boulevard #106 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Image 2 Art" at 8037 Fair Oaks Boulevard Suite # 106 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 30, 2017. Publish: February 17, 24, March 3, and 10, 2017
IMAGE 170205 3-10-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01396 Calfortech INC, 9759 Elder Creek Road Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Evergreen Nursery" at 9759 Elder Creek Road Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 17, 2017. Publish: February 24, March 3, 10, and 17, 2017
EVERGREEN 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01412 Steve P. Young and Jill D. Molohan, 1321 Howe Avenue #100 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rahn, Murphy, & Young, LLP" at 1321 Howe Avenue #100 Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 17, 2017. Publish: February 24, March 3, 10, and 17, 2017
RAHN 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01415 Cecilia Gonzales, 1110 Fair Weather Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Baked" at 1110 Fair Weather Drive Sacramento, CA 95833. Filed with the Clerk of Sacramento County February 17, 2017. Publish: February 24, March 3, 10, and 17, 2017
BAKED 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01250 Viktor Bolnykh, 4928 Vir Mar Street Apt #2 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "BVTS" at 4928 Vir Mar Street Apt #2 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 14, 2017. Publish: February 24, March 3, 10, and 17, 2017
BVTS 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01315 Gary O. Chandler, 3371 Taylor Road Loomis, CA 95660 is doing business under the Fictitious Business Name(s) "G.O. Enterprises, NCA Motor Sports" at 4635 Auburn Boulevard Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 15, 2017. Publish: February 24, March 3, 10, and 17, 2017
GO 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00815 BSP Enterprises LLC, 11866 Rublite Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "BP Transport" at 65 Quinta Court Suite 1 Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 30, 2017. Publish: February 24, March 3, 10, and 17, 2017
BP 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01309 Kevin Robert Ulaner, 6543 Meadowcreek Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Passive Income Lifestyles" at 6543 Meadowcreek Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 15, 2017. Publish: February 24, March 3, 10, and 17, 2017
PASSIVE 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00877 Maria D. Maldonado, 124 Bittercreek Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Oneness Productions, Awaken In Oneness" at 124 Bittercreek Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County January 31, 2017. Publish: February 24, March 3, 10, and 17, 2017
ONENESS 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00665 Lynette Ou, 909 Willow Bridge Drive Folsom, CA 95630 and Ning Ding, 1350 Broadstone Parkway Apt #4222 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "OverSees Educational Consulting" at 909 Willow Bridge Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County January 24, 2017. Publish: February 24, March 3, 10, and 17, 2017
OVERSEES 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01205 Charles F. Carpenter M.D., 2131 Capitol Avenue Suite 204 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sacramento Center for Health and Healing, INC" at 2131 Capitol Avenue Suite 300 Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 10, 2017. Publish: February 24, March 3, 10, and 17, 2017
SACRAMENTO 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01258 Tonsy Car Co, 3300 Auburn Boulevard #17 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Reliable Auto Source" at 3300 Auburn Boulevard #17 Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 14, 2017. Publish: February 24, March 3, 10, and 17, 2017
RELIABLE 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01244 Samuel Hernandez, 3413 Northrop Avenue Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Samuel's Legal Services" at 3413 Northrop Avenue Sacramento, CA 95864. Filed with the Clerk of Sacramento County February 14, 2017. Publish: February 24, March 3, 10, and 17, 2017
SAMUELS 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00869 Kiran L. Singh, 4161 Cornelia Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "N.P.K. Transportation" at 4161 Cornelia Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 31, 2017. Publish: February 24, March 3, 10, and 17, 2017
NPK 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-00769 Mountain Valley Child and Family Services, INC, 24077 State Highway 49 Nevada City, CA 95959 is doing business under the Fictitious Business Name(s) "Mountain Valley School" at 10591 Milohus Drive Nevada City, CA 95959. Filed with the Clerk of Sacramento County January 26, 2017. Publish: February 24, March 3, 10, and 17, 2017
MOUNTAIN 170220 3-17-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01596 Vladimir Molivnick, 2829 Gunn Road Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "LANTSAP" at 2829 Gunn Road Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 3, 10, 17, and 24, 2017
LANTSAP 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01642 Myway Health LLC, 7916 Sunrise Boulevard Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Myway Health LLC" at 7916 Sunrise Boulevard Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 3, 10, 17, and 24, 2017
MYWAY 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01573 Runyon Saltzman, Inc, 2020 L Street Suite 100 Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Runyon Saltzman, INC, RUNYON SALTZMAN" at 2020 L Street Suite 100 Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 3, 10, 17, and 24, 2017
RUNYON 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01640 Liliya Getman, 10835 Coloma Road #3 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "GP Motors" at 10835 Coloma Road #3 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 3, 10, 17, and 24, 2017
GP 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01637 Mohammed Alzubaidi, 7711 Greenback Lane Apt #156 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Toucans Shop" at 7711 Greenback Lane Apt 156 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 3, 10, 17, and 24, 2017
TOUCANS 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01572 Kito Lewis, 10270 E. Taron Drive #428 Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "KC Realty" at 10270 E Taron Drive #428 Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 3, 10, 17, and 24, 2017
KC 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01568 Jeff Wagon and Melissa Wagon, 4915 Windsor Village Lane Fair Oaks, CA 95628 are doing business under the Fictitious Business Name(s) "High Definition Connector" at 4915 Windsor Village Lane Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 3, 10, 17, and 24, 2017
HIGH 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01441 Honesto B. Vargas Jr., 1593 Parkway Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "HBV IT & Information Security Consulting" at 1593 Parkway Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County February 21, 2017. Publish: March 3, 10, 17, and 24, 2017
HBV 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01526 Sheba Investments, 4128 El Camino Avenue Suite 10 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Ardan Hot Yoga" at 4128 El Camino Avenue Suite 10 Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 23, 2017. Publish: March 3, 10, 17, and 24, 2017
ARDEN 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01541 Joshua Emerika, 6810 Di Lusso Drive #206 Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Rack Apparels, African Rack, Oriental Rack, Latin Rack" at 6810 Di Lusso Drive #206 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County February 23, 2017. Publish: March 3, 10, 17, and 24, 2017
RACK 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01404 Daniel W. Baker Ministries, 9121 Vancouver Drive Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Restoration Sports" at 9121 Vancouver Drive Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 17, 2017. Publish: March 3, 10, 17, and 24, 2017
RESTORATION 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01493 Adriana M. Motoc, 7038 Drywood Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Elite Placement Services" at 7038 Drywood Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 22, 2017. Publish: March 3, 10, 17, and 24, 2017
ELITE 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01406 Colour Tek, Inc, 2308 Pamela Lane Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Colour Tek, Inc, Colors on Parade" at 2308 Pamela Lane Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 17, 2017. Publish: March 3, 10, 17, and 24, 2017
COLOUR 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01538 Mohammed Naziru Tchalazi, 5547 Cedar Creek Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Tchalazi" at 5547 Cedar Creek Way Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 23, 2017. Publish: March 3, 10, 17, and 24, 2017
TCHALAZI 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01444 Timothy M. Hunsinger, 8449 Llac Ridge Court Antelope, CA 95843 and Bryan F. Crutcher, 507 Morningslar Way Vacaville, CA 95687 are doing business under the Fictitious Business Name(s) "All Phase Security Training Academy" at 6060 Sunrise Vista Drive #1500 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 21, 2017. Publish: March 3, 10, 17, and 24, 2017
ALL 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01273 Stencraft LLC, 5716 Folsom Boulevard Suite 106 Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Stemulate IBL" at 5716 Folsom Boulevard Suite 106 Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 14, 2017. Publish: March 3, 10, 17, and 24, 2017
STEMULATE 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01423 Chaudhary Khalid Rafiq, 8001 Golden Ring Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Digital Solutions" at 8001 Golden Ring Way Antelope, CA 95843. Filed with the Clerk of Sacramento County February 21, 2017. Publish: March 3, 10, 17, and 24, 2017
DIGITAL 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01425 William Phillips, 6046 Revolution Lane Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Sweet Treats" at 6046 Revolution Lane Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 21, 2017. Publish: March 3, 10, 17, and 24, 2017
SWEET 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01310 Kevin Robert Ulaner, 6543 Meadowcreek Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Tetra Trading Company" at 6543 Meadowcreek Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 15, 2017. Publish: March 3, 10, 17, and 24, 2017
TETRA 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01422 Andy P. Ene, 6808 Janet Drive Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Ene Pro Services" at 6808 Janet Drive Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 21, 2017. Publish: March 3, 10, 17, and 24, 2017
ENE 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01219 Luis Gaston, 4333 Middlebury Way Mather, CA 95655 is doing business under the Fictitious Business Name(s) "Gaston Sarmiento Garcia" at 4333 Middlebury Way Mather, CA 95655. Filed with the Clerk of Sacramento County February 10, 2017. Publish: March 3, 10, 17, and 24, 2017
GASTON 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01139 Danielle and Terry Burkes, 3201 Pope Avenue Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Delta Tango Novelties" at 3201 Pope Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 9, 2017. Publish: March 3, 10, 17, and 24, 2017
DELTA 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01467 Daniel Angel Sanchez, 1800 68th Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Chato's D Trucking" at 1800 68th Avenue Sacramento, CA 95822. Filed with the Clerk of Sacramento County February 21, 2017. Publish: March 3, 10, 17, and 24, 2017
CHATOS 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01613 Shelby Pierce, 2710 Ellen Street Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Innovate Fitness" at 9529 Folsom Boulevard #F Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 3, 10, 17, and 24, 2017
INNOVATE 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01400 Lebrant Alan Mackey, 573 Leeward Way Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "ETERNIUM" at 573 Leeward Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 17, 2017. Publish: March 3, 10, 17, and 24, 2017
ETERNIUM 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01533 Robert W. Ferguson, 32 Rossignol Circle Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Sourdough Solutions" at 1454 Del Paso Boulevard Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 23, 2017. Publish: March 3, 10, 17, and 24, 2017
SOURDOUGH 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01525 Bok Restaurants, Inc, 2020 W. El Camino Avenue #100 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "2020 Cafe" at 2020 W. El Camino Avenue #100 Sacramento, CA 95833. Filed with the Clerk of Sacramento County February 23, 2017. Publish: March 3, 10, 17, and 24, 2017
2020CAFE 170220 3-24-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01896 Kaihan Global LLC, 1961 Howe Avenue Apt # 132 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Asia Market and Restaurant" at 2737 Fulton Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County March 3, 2017. Publish: March 10, 17, 24, AND 31, 2017
ASIA 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01416 Alan and Teina Manning, 8612 Elk Ridge Way Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Manning Evangelistic Association, Evangelism Academy" at 8612 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County February 17, 2017. Publish: March 10, 17, 24, AND 31, 2017
MANNING 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01598 Jamie Scobee, 101 E Street Rio Linda, CA 95673 and Melinda Tucker, 441 Arlingdale Circle Rio Linda, CA 95673 are doing business under the Fictitious Business Name(s) "Benchmarkers Photography" at 101 E Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 10, 17, 24, AND 31, 2017
BENCH 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01898 Mary L Peterson, 414 16th Street # A Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Smokin Mary Jain" at 414 16th Street # A Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 3, 2017. Publish: March 10, 17, 24, AND 31, 2017
SMOKIN 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01191 Ryan Williams, 1708 36th Street Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "RESR Sacramento" at 3429 Freedom Park Drive Suite 10 North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 10, 2017. Publish: March 10, 17, 24, AND 31, 2017
RESR 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01343 Latisha Wilson, 2700 Walnut Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Chic Creative Concepts, By Tish" at 2700 Walnut Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 16, 2017. Publish: March 10, 17, 24, AND 31, 2017
CHIC 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01840 Dennis M. Carder, 3644 Del Paso Boulevard Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Carder & Daughters" at 3644 Del Paso Boulevard Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 2, 2017. Publish: March 10, 17, 24, AND 31, 2017
CARDER 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01696 Marissa S. Ruiz, 5861 Ortega Street Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Passionatsavings.com" at 5861 Ortega Street Sacramento, CA 95824. Filed with the Clerk of Sacramento County February 28, 2017. Publish: March 10, 17, 24, AND 31, 2017
PASSON 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01713 Crystal Barton, 6285 Cavan Drive #3 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Glass Masters" at 6285 Cavan Drive #3 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 28, 2017. Publish: March 10, 17, 24, AND 31, 2017
GLASS 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01707 Kendahl Richmond, 2501 Hurley Way # 108 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rich-In-Fitness" at 1807 Tribute Road Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 28, 2017. Publish: March 10, 17, 24, AND 31, 2017
RICH 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01666 Etta Huff, 4229 Boone Lane #11 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Helping Hand Caregiving" at 4229 Boone Lane #11 Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 10, 17, 24, AND 31, 2017
HELPING 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01689 Liam Thi Thanh Nguyen, 7266 French Road Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Happy Nails & Spa" at 8971 Folsom Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County February 28, 2017. Publish: March 10, 17, 24, AND 31, 2017
HAPPY 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01597 Todd Faust, 4121 Hollister Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sacramento Door and Gate" at 4121 Hollister Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 10, 17, 24, AND 31, 2017
SAC 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01715 Marcus A. Caudel, 10441 Hite Circle Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Global Defense Services" at 10441 Hite Circle Elk Grove, CA 95757. Filed with the Clerk of Sacramento County February 28, 2017. Publish: March 10, 17, 24, AND 31, 2017
GLOBAL 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01664 Calvin Chang, 980 9th Street 16th Floor Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Law Office of Calvin Chang" at 980 9th Street 16th Floor Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 10, 17, 24, AND 31, 2017
LAW 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01578 Tuy Trang T. Ngo, 9371 Hambley Circle Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Trini's Nails" at 4363 Hazel Avenue #5 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 24, 2017. Publish: March 10, 17, 24, AND 31, 2017
TRINIS 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01638 Angelia Michelle Reid-Howery, 5436 Leader Avenue Sacramento, CA 95844 is doing business under the Fictitious Business Name(s) "Angie's Massage Therapy" at 5436 Leader Avenue Sacramento, CA 95844. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 10, 17, 24, AND 31, 2017
ANGIES 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01536 A&A Developers, 2322 Elena Lane Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A&A Concrete Pumping, A&A Builders" at 5920 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 23, 2017. Publish: March 10, 17, 24, AND 31, 2017
A&A 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01660 King Star Auto Inc, 6070 Morton Street Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "King Star Auto" at 6070 Morton Street Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 27, 2017. Publish: March 10, 17, 24, AND 31, 2017
KING 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01712 Tigran Avelisyan and Laura Ghazaryan, 4800 Marconi Avenue #109 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "AT & Family" at 4800 Marconi Avenue #109 Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 28, 2017. Publish: March 10, 17, 24, AND 31, 2017
AT 170220 3-31-17

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2017-01710 Laura Ghazaryan, 4800 Marconi Avenue #109 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Laura's Flowers" at 4800 Mar



Dare to Live Without Limits

Today is the Day

by Bryan Golden

Today is the day to start doing all those things you have been putting off. Today is the day to begin making the changes necessary to get you moving in your desired direction. Today is the day you acknowledge your responsibility for your life.

"I'll get to it later. I'll do it someday. I'm waiting for the right circumstances. I'm not ready yet. I've had some bad experiences. I don't know what I want." The excuses for putting things off are many. Yet, the results are always the same; nothing changes and nothing is accomplished.

You've heard it before and it's true. Today is the first day of the rest of your life. Today is the day to make changes, grow, and improve. Life is not a practice run. If procrastination was an effective strategy, everything you have been putting off would have gotten accomplished by now.

Make each day count. Live life to its fullest. Enjoy each moment. Don't look at life as an endurance test. Time goes by much too fast. Truly appreciate all the things you have to be thankful for. Focus on abundance, not lack.

In order to get what you want, leave your comfort zone. Accomplishment requires risk. Although success is never guaranteed, failure is ensured by doing

nothing or giving up.

Learn something new. Your education is a lifelong pursuit. With knowledge comes freedom. With freedom there are options. The more you know, the better your decisions will be. Starting today, make a commitment to spend 20 minutes each week learning just one new thing.

Continually looking for ways to improve is an investment in yourself that constantly pays off. There is always something that can be fine-tuned and enhanced. Strive for excellence in everything you do.

Define your goals. Decide what you want out of life. Without specific destinations, you will drift and flounder. You will always wind up somewhere. Goals help ensure it's where you really want to be.

Shake things up a bit. Change your routine. Do something different. Do what you are afraid of. Take the first step toward a goal you have been putting off. Nothing different will happen in your life until you take action to make it happen.

Once you get started, keep going. Never, ever give up. Learn from your mistakes. There is a solution for every problem. Forward is the direction that matters. Persistence is the key to success. Intention only works

when combined with action.

Stop worrying. It's draining, useless, and a waste of time that never accomplishes anything positive. Replace worry with action. Identify what needs to be done and then start doing it.

Don't complain. Whining prolongs agony. Identify a problem only once and then spend all of your time and energy working toward a solution. You will feel so much better once an issue is resolved.

Treat everyone with courtesy and respect. Say please and thank you. Show your appreciation for the things others do for you. Say you're sorry when you are wrong or make a mistake. Your interaction with others has a direct impact on what you attract.

Live in the present. Don't waste time lamenting the past. You can't go back in time. The past teaches you what to avoid and what to repeat. The actions you take today determine where you will be tomorrow.

Your age doesn't matter. You will never be as young as you are today. Today is the day you take control of your life. Today is the day you move into the driver's seat and take the wheel. Today is the day that matters.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2011 Bryan Golden. ★

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 Wednesday Evening 7:00pm

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WIDOWED PERSONS ASSOCIATION OF CALIFORNIA



The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

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Carmichael Times

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Aerojet Rocketdyne's AR1 Engine Sets U.S. Record

Aerojet Special Release

STENNIS SPACE CENTER, MISS., - Aerojet Rocketdyne, a subsidiary of Aerojet Rocketdyne Holdings, Inc. (NYSE:AJRD), recently demonstrated the highest chamber pressure of any United States produced liquid oxygen and kerosene main combustion system. This milestone occurred during a series of successful test firings of the AR1's staged combustion system at NASA's Stennis Space Center.

Preparations for the staged-combustion testing began at Stennis last summer, pushing the limits of the nation's premier large engine development test facility. During this testing, Aerojet Rocketdyne combined the engine's preburner with the main injector in order to validate injector design parameters and performance.

"Staged-combustion testing is a critical step in proving our design for AR1 and reestablishing U.S. preeminence

in hydrocarbon space launch propulsion," said Aerojet Rocketdyne CEO and President Eileen Drake. "We have been working diligently on the AR1 program since 2014 and remain on target to deliver a flight-qualified AR1 engine in 2019 as promised. The latest testing validates our flight design and provides high confidence as we move further into AR1 engine manufacturing."

The AR1 engine is being developed as a replacement for Russian-made engines currently used on domestic rockets. AR1 is a 500,000 lbf thrust-class liquid oxygen/kerosene booster engine that incorporates the latest advances in rocket engine technology, materials science and modern manufacturing techniques to deliver an affordable, reliable booster engine quickly.

"AR1 is the lowest risk, lowest cost and fastest path to end U.S. reliance on Russian engines for the launch of America's national security and civil



Staged-combustion testing at NASA's Stennis Space Center in Mississippi for the AR1 program is being developed by Aerojet Rocketdyne. Photo courtesy Aerojet Rocketdyne

space missions," added Drake.

Aerojet Rocketdyne is an innovative company delivering solutions that create value for its customers in the aerospace and defense markets. The company is a

world-recognized aerospace and defense leader that provides propulsion and energetics to the space, missile defense and strategic systems, tactical systems and armaments areas, in support of domestic

and international markets. Additional information about Aerojet Rocketdyne can be obtained by visiting our websites at www.Rocket.com and www.AerojetRocketdyne.com. ★

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00208318

WHEREAS, Koren Marie Beard has filed a petition with this court for a decree changing the name(s) of Koren Marie Beard to Koren Marie Patrick. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 6, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 23, 2017

Raymond M. Cadei, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 BEARD 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00208618

WHEREAS, Viktor Ivanov has filed a petition with this court for a decree changing the name(s) of Viktor Ivanov to Victor Ivanov. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 12, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 1, 2017

Raymond M. Cadei, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 IVANOV 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00208310

WHEREAS, Michael Mark Burke has filed a petition with this court for a decree changing the name(s) of Michael Mark Burke to Michael Mark Reno. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 5, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 23, 2017

Raymond M. Cadei, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 BURKE 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00205237

WHEREAS, Ben Stanley and Cierra Herbert have filed a petition with this court for a decree changing the name(s) of Andrew Manuel Garcia-Stanley to Andrew Nolan Stanley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 7, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 22, 2016

David I. Brown, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 STANLEY 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00208599

WHEREAS, Gary John Portellas and Claire Michelle Portellas have filed a petition with this court for a decree changing the name(s) of Matthew Hudson Portellas to Matti Hudson Portellas. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 8, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 1, 2017

David I. Brown, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 PORTELLAS 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00208529

WHEREAS, Angelina Maria Galeste has filed a petition with this court for a decree changing the name(s) of Angelina Maria Galeste to Angelina Maria Costello. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 7, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 28, 2017

David I. Brown, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 GALESTE 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00208579

WHEREAS, Antonio Nathaniel Harry has filed a petition with this court for a decree changing the name(s) of Antonio Nathaniel Harry to Anthony Nathaniel Harry. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 8, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 1, 2017

David I. Brown, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 HARRY 170220 03-31-17

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2017-00208747

WHEREAS, Kendra Elizabeth Adams has filed a petition with this court for a decree changing the name(s) of Isabella Nevaeh Richardson to Isabella Nevaeh Adams. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 14, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 3, 2017

David I. Brown, Judge of the Superior Court
 Publish: March 10, 17, 24, and 31, 2017
 RICHARDSON 170220 03-31-17

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE
 OF FRANK PAUL MENCARINI
 CASE No. 34-2017-00207138

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Frank Paul Mencarini. A Petition for Probate has been filed by Lella Strickland in the Superior Court of California, County of Sacramento, requesting that Lella Strickland, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: April 20, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: David R. Morris 5137 Golden Foothill Parkway Suite 110 El Dorado Hills, CA 95762 916-789-9810 Publish February 24, March 3, and 10, 2017 MENCARINI 170220 03-10-17

SUMMONS

SUMMONS (Family Law)

NOTICE TO RESPONDENT (Name):

Kulwinder Kaur
 Petitioner's Name is: Zail Singh
 CASE NUMBER: 16-FL04985

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelp.ca.gov), or by contacting your local county bar association. NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are: Superior Court of California, County of Sacramento 3441 Power Inn Road Sacramento, CA 95826

The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are: Zail Singh 2055 West El Camino Ave #848, Sacramento, CA 95833 916-606-1526 Date: August 17, 2016 Published: February 24, March 3, 10, and 17, 2017 SINGH 170220 03-17-17

TRUSTEE SALE NOTICES

TSG No.: 8681888 TS No.: V550150 FHA/VA/PMI No.: APN: 056-0425-014-0000 Property Address: 2321 WALNUT GROVE WAY RANCHO CORDOVA, CA 95670 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/09/2014. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 03/30/2017 at 02:00 P.M., T.D. Service Company, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/22/2014, as Instrument No. , in book 20141022, page 0973, of Official Records in the office of the County Recorder of SACRAMENTO County, State of California. Executed by: RICHARD F. LUNDY AND DORSETTA M. LUNDY, HUSBAND AND WIFE AND MICHELLE L. LUNDY, AN UNMARRIED WOMAN, AS JOINT TENANTS WITH RIGHTS OF SURVIVORSHIP, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (Payable at time of sale in lawful money of the United States). At the main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State described as: AS MORE FULLY DESCRIBED IN THE ABOVE MENTIONED DEED OF TRUST APN# 056-0425-014-0000 The street address and other common designation, if any, of the real property described above is purported to be: 2321 WALNUT GROVE WAY, RANCHO CORDOVA, CA 95670 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$76,736.21. The beneficiary under said Deed of Trust has deposited all documents evidencing the obligations secured by the Deed of Trust and has declared all sums secured thereby immediately due and payable, and has caused a written Notice of Default and Election to Sell to be executed. The undersigned caused said Notice of Default and Election to Sell to be recorded in the County where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and if applicable, the rescheduled time and date for the sale of this property, you may call (916)939-0772 or visit this Internet Web <http://search.nationwidewideposting.com/propertySearchTerms.aspx>, using the file number assigned to this case V550150 Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, the Mortgagee or the Mortgagee's attorney. Date: T.D. Service Company 4000 W. Metropolitan Drive, Ste 400 Orange, CA 92668 T.D. Service Company MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE FOR TRUSTEES SALE INFORMATION PLEASE CALL (916)939-0772NPP0302725 To: GRAPEVINE INDEPENDENT 03/10/2017, 03/17/2017, 03/24/2017 NPP#0302725 170228 3-24-17

Trustee Sale No. 128618 Title No. 3095875 NOTICE: THERE IS A SUMMARY OF THE INFORMATION

STATEPOINT CROSSWORD • DELICIOUS DESSERTS

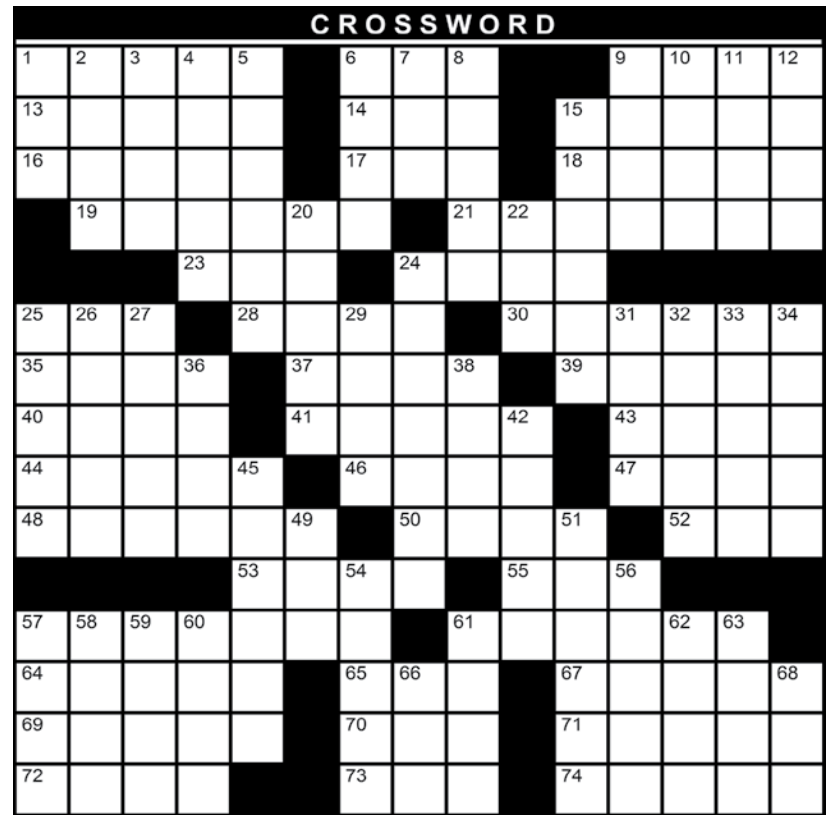
CLUES

- ACROSS
 1. Scottish Highlands' pattern
 6. ___ Brown from "Back to the Future"
 9. "For ___ the Bell Tolls"
 13. Alluring maiden
 14. Feminists' 1923 proposal, acr.
 15. Push
 16. Not Ionic or Corinthian
 17. SNL's "home"
 18. Acquired behavior pattern
 19. "Danish or croissant"
 21. "With ice cream"
 23. Color wheel feature
 24. "Baking with Julia," e.g.
 25. Rejuvenating spot
 28. Stephen King's "The Green ___"
 30. License to park, e.g.
 35. Olympic castaway?
 37. Read, watched or listened to
 39. Hot spot
 40. Swirling vortex
 41. Wilt "The ___" Chamberlain
 43. Beginning of musical staff
 44. DNA and RNA
 46. Recipe direction
 47. Saw incision
 48. Rh in Rh disease
 50. "Follow me!"
 52. Pig's digs
 53. Loud get-together
 55. Actress Thompson
 57. "Apple coat"
 61. "Like Cherries Jubilee"
 64. Defendant's excuse
 65. One who copies behavior of another
 67. Lion sounds
 69. "Thesaurus" author
 70. Intelligent humor
 71. Grassy plain
 72. School activity

73. Anagram for #49 Down
 74. Those in favor

DOWN

1. High degree
 2. Roller coaster feature
 3. Havenly glow
 4. March celebrants
 5. Authoritative declaration
 6. Refuse to accept
 7. Eyeball shape
 8. "Chocolate tree"
 9. George Michael/Andrew Ridgeley duo
 10. Great Depression drifter
 11. "Metamorphoses" poet
 12. Boundary line
 15. "Milk-based concoctions"
 20. Buggy control, pl.
 22. Chop off
 24. Cause to be enamored
 25. "Common dessert ingredient"
 26. Study of behavior and mind, for short
 27. Eagle's nest
 29. "___ Make a Deal"
 31. Medieval torture device



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© StatePoint Media **Crossword Puzzle Solutions on Page 6**

32. The cocktail Moscow ____, pl.

33. Dead to the world
 34. *Seaside candy
 36. *In M&M's pack: browns, greens and these
 38. Fit for a skinny one
 42. Online troublemaker
 45. What to do with an application
 49. Greek letters on campus
 51. Almost
 54. Shredded cabbage dishes
 56. Mexican detergent plant
 57. Rental on the links
 58. Medicinal succulent
 59. Semis
 60. Lend a criminal hand
 61. Sheep's milk cheese
 62. Barnyard sounds
 63. Marine eagle
 66. *___-throwing contest
 68. Vessel's last call

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			7				1	
2					8		9	7
9			6		5			
5		4	9				6	
		8	1				2	
7	5	1					8	
	4				7			
	9			4				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Solutions on Page 6

IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 10/17/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 03/30/2017 at 9:30 AM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 10/21/2005, as Instrument No. xx, in book 20051021, page 2909, of Official Records in the office of the County Recorder of Sacramento County, State of California, executed by Robin Bernhard, an Unmarried Woman, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). At the East Main entrance to the County Courthouse, 720 9th Street, Sacramento, CA 95814 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST. APN 200-0353-023-0000 The street address and other common designation, if any, of the real property described above is purported to be: 6564 Fountain Lane, North Highlands, CA 95660 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is:

\$251,074.27 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 3/10/2017 THE MORTGAGE LAW FIRM, PLC Adriana Durham/Authorized Signature 41689 Enterprise Circle North, Ste. 228, Temecula, CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC, may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgage, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to

you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 for information regarding the trustee's sale or visit this Internet Web site - www.servicelinkASAP.com - for information regarding the sale of this property, using the file number assigned to this case: 128618. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. A-4610989 03/10/2017, 03/17/2017, 03/24/2017 ASAP#4610989 170228 3-24-17

LEGAL NOTICE

Mission Oaks Recreation and Park District is accepting bids for the provision of services from qualified professional vendors experienced in designing and installing robust information network infrastructures and providing reliable technical system support services. For a bid package and information, contact Innovative Construction Services at (916) 333.5701 or email to meredith@icscm.com Bids will open on March 24

Girls Scout Cookies are Here!



The sale of cookies as a way to finance troop activities began in 1917, five years after Juliette Gordon Low started Girl Scouts in the United States, when the Mistletoe Troop in Muskogee, Oklahoma, baked cookies and sold them in its high school cafeteria as a service project. Photo courtesy Girl Scouts of the USA

SACRAMENTO REGION, CA (MPG) - Cookie lovers, get ready! Girl Scouts Heart of Central California welcomed two dozen semi-trucks recently filled with about 1.5 million packages of cookies to Raley Field for the Girl Scouts' annual "Mega Drop."

Cookie cases were opened and Girl Scouts began making deliveries to customers eagerly awaiting arrival of their purchase. Those who haven't put in orders still have time to satisfy their cookie craving through booth sales, which run through March 19.

For 100 years, the Girl Scout Cookie Program has taught girls important life skills, including money management, decision making, people skills, goal setting and business ethics. Through the Girl Scout Cookie

program, girls learn important financial literacy skills but also earn funds to support their activities all year long. From travel to community service, local troops depend on this great money-earning opportunity to set the foundation for an exciting Girl Scout year.

Need Cookies? There's an app for that! To find the date/time of the nearest Girl Scout Cookie booth sale, download the *CookieFinder* app or visit our website at girlscoutcookies.org and click the "cookies" link. Simply enter your zip code and you're on your way to Girl Scout cookies.

100% of the proceeds from the Girl Scout Cookie Program benefit local girls through troop and council-wide activities, including community service initiatives,

leadership opportunities, skill building activities and camp experiences.

By taking part in the Girl Scout Cookie Program, girls gain 5 essential life skills, which help them become effective leaders: goal setting, decision making, money management, people skills and business ethics.

Founded in 1912, Girl Scouts is celebrating 105 years as the premier leadership development organization for girls, building girls of courage, confidence and character who make the world a better place. The local council, Girl Scouts Heart of Central California, is headquartered in Sacramento and serves nearly 18,000 girls in 18 counties* in Central California. For more information, visit girlscoutsccc.org. ★

Community Partnerships Supported Red Cross Efforts During Recent Flooding

SACRAMENTO, CA (MPG) - Cal Expo and State Fair joined in the disaster response effort through a partnership with the American Red Cross during Northern California's most recent flooding and Oroville Dam incident.

The Red Cross and Cal Expo have long been neighbors on Exposition Boulevard but the opportunity to enhance that relationship came in February with the Oroville Dam Spillway evacuation. With only hours to rally a large scale response the Red Cross reached out to Cal Expo for help. Over 180,000 people were told to evacuate from their homes as the authorities detected a potential weakness in the 700-foot-tall Oroville Dam. It was estimated that if the spillway broke there would be a 30-foot wall of water surging south into communities downstream.

When the call went out to Cal Expo to serve as a shelter the resounding response was "Yes, we can help."

"For more than 160 years the California State Fair has been the one constant setting for

celebrating and showcasing the best of our State, and in times of emergency a safe haven for those in need," says Rick Pickering, C.E.O. "During this emergency, the Red Cross and their dedicated volunteers exemplified what has long made California great, its people."

The shelter at Cal Expo opened on February 13 and remained open until February 23. During that time the shelter tallied 261 overnight stays, 5,000 meals and snacks served, 700 volunteer hours and 800 health and mental health contacts. In addition, evacuees brought 11 RV's into the Cal Expo RV Park. These families and individuals also came into the shelter for meals, information and to use the resources in the shelter.

Gary Strong, CEO for the Red Cross of Gold Country Region was a frequent visitor to the shelter and was very impressed with the Cal Expo staff and their willingness to do whatever it took to make sure that the evacuees had a safe place to stay while they

were out of their homes. "This is one of those partnerships that we hope we won't have to activate again but we also hope will last a long time," Strong said.

The residents of the shelter were also extremely happy with the facility and the support from the Cal Expo staff. "The staff was so warm and inviting. They kept everything so clean and organized. No one judged us and everyone was so respectful," shared Jennifer Moss, an evacuee from the town of Linda. "We came here afraid and worried, and the folks here helped ease our fears. I'd like to thank everyone at Cal Expo and the American Red Cross for all you've done for us."

The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org. Cal Expo is home to the California State Fair and plays host to hundreds of other signature events each year.

Source: *Cal Expo Media* ★



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To RSVP or More Info: **916.732.2031**

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11:30 am to 12:30 pm
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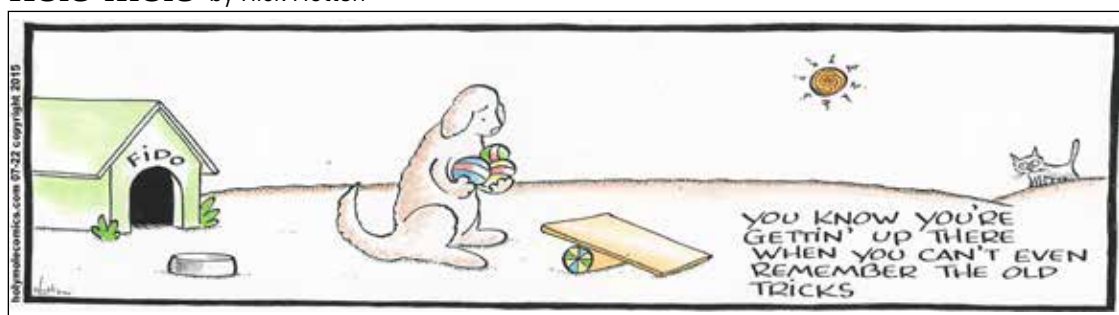


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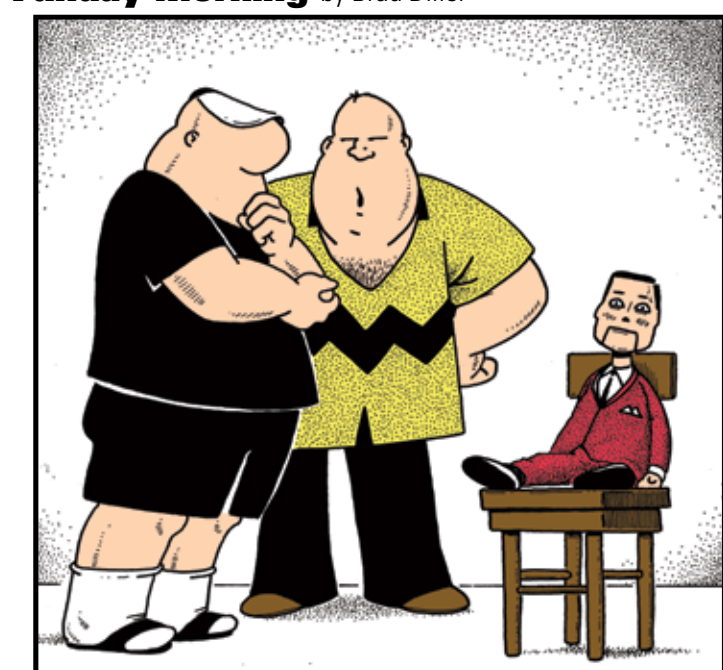
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Enslaving Debt has Soured to Almost \$20 Trillion



Commentary
by Harold Pease, Ph. D

Within 40 days our national debt is likely to be \$20 trillion; four of which is from eight years of George W. Bush and ten from eight years of Barack Obama—the two biggest spending presidents in U.S. History. Obama alone accumulated more debt than all previous presidents put together.

So what is a trillion dollars? To begin with a trillion is the number one followed by twelve zeros. A trillion dollars is a thousand billion and a billion is a thousand million. This still means very little to my students who count their money in fives, tens and twenties.

One mathematician gave us a more practical way to evaluate our outstanding debt. One trillion, one-dollar bills stacked atop each other (not end to end but flat) would reach nearly 68,000 miles into space—a third of the way to the moon (See CNN News Cast, Feb. 4, 2009). If so, the debt incurred under President Obama alone, \$10 trillion, would reach the moon and back and to the moon again. Moreover, if you like traveling atop this stack of ones, our total \$20 trillion in debt would take you to the moon and back three times and almost to the moon again.

Senator Mitch McConnell gave another illustration just as awe striking. He calculated that if we spent a million dollars every day since Jesus was born we still would not have spent a trillion dollars—only three-fourths of a trillion dollars (ibid.).

Someone else equated our national debt to seconds and concluded that a million seconds

is about 11½ days and a billion seconds is about 32 years. A trillion seconds is about 32,000 years thus 20 trillion seconds is 640,000 years (See CNN News Cast, Feb. 4, 2009). This only makes my head spin, as my Ph. D is not in math.

I ask my students, “Who gets to go without so that this debt can be paid?” “Go without!!!?” That is a concept foreign to this generation!! They do not know, and neither do their parents and grandparents who laid it on their backs. When they are told that their share of the debt is \$61,457 (see USDebtClock.org), due immediately, they are angry. Someone should have told them that government handouts are not free.

The 13th Amendment ending slavery has been rescinded, they are America’s new slaves. Bondage was given them before their birth, or while they were in the womb, or before they were old enough to know what it meant to be sold into slavery. The past generation wanted nice costly programs for free and were willing to sell their children in order to have them. Communist China now owns an eighth of our debt and the bills are due. What is worse the older generation is still anxious to incur even more debt on our defenseless children and grandchildren. Are we not the most debt addicted, insensitive generation in U.S. History?

The latest new theory to avoid fiscal responsibility and continue unlimited spending used by Bush in late 2009 and Obama thereafter is referred to as Quantitative Easing. Crudely it means printing more money out of thin air to cover our debt, but it is far more sophisticated than that. For Bush the money supply was greatly expanded by having the Federal Reserve purchase \$600 billion in Mortgage-backed securities (Harding, Robin. 3 November 2010, Quantitative Easing Explained. Financial Times). Obama purchased \$600 billion of Treasury securities over a six month period of time beginning in November 2010 in what has been called Quantitative Easing or QE2 to distinguish it from QE1, the Bush expansion of the money supply (Cesky,

Annalyn, 3 Nov. 2010, “QE2: Fed Pulls the Trigger” CNNmoney.com. Retrieved 10 Aug. 2011). Neither president really stimulated the economy long term or created jobs, but for a few months, like a drug high, things seemed to feel better. Other, less publicized, Quantitative Easements followed.

The biggest problem with expanding the money supply is that it reduces the value of the money that you have in your pocket. Prices go up. My 1968 new Camaro cost me \$ 2,700. Had I instead put the money under a mattress and tried to purchase a Camaro today it would cost more than ten times that much. In this instance money has lost 90% of its value since then. Those on fixed incomes are robbed as surely as if a thief had lifted their wallet or purse. They cannot return to their employer for a raise to compensate for the loss caused by their own government.

Still, with all the sophisticated “doublespeak,” as for example quantitative easing, it means that we will print whatever money we need to purchase whatever we wish. Neither party is serious about stopping the debt and removing the bondage that we are imposing upon our children and grandchildren. In last Fall’s presidential election the Democrats proposed “free” college. Donald Trump’s proposed trillion-dollar infrastructure program, shared with us in his first address to Congress, does not appear to suggest a change. Who cares if our debt of dollar bills stacked upon one another can go to the moon and back three times and almost to the moon again, so long as the government fills our stomachs and, in the case of Obama, buys our cell phones?

Dr. Harold Pease is a syndicated columnist and an expert on the United States Constitution. He has dedicated his career to studying the writings of the Founding Fathers and applying that knowledge to current events. He has taught history and political science from this perspective for over 30 years at Taft College. To read more of his weekly articles, please visit www.LibertyUnderFire.org. ★

The End of Diabetes is Within Reach

Commentary
by Satish Bidaisee

The Food and Drug Administration just approved what could be one of the biggest breakthroughs in the treatment of type 1 diabetes in decades.

Dubbed an “artificial pancreas,” the MiniMed 670G is an implantable pump that senses blood glucose levels and delivers precise insulin doses to diabetic patients. Devices like these could make syringes for injecting insulin and manual blood monitors obsolete.

Unfortunately, victories like this in the battle against diabetes remain rare. Even though the condition is one of the top causes of death in the United States, research into it is grossly underfunded. Just as troubling, public awareness of how to prevent diabetes -- and how to manage it effectively -- remains inadequate.

The medical community has the power to stop the diabetes epidemic in its tracks -- but only if it makes diabetes research and education a bigger priority.

About one in 10 Americans currently suffers from diabetes. Worse, incidence of the disease has been rising for years. The number of cases in the United States shot up 44 percent

between 2004 and 2014.

Diabetes takes a toll not just on the health of millions of Americans but on the economy, too. The disease costs Florida over \$24 billion a year -- and the entire country about \$250 billion annually. That’s bigger than the yearly economic output of most states.

Compared to these staggering treatment costs, research funding for diabetes is a pittance.

Consider that the disease kills 28 times more Americans each year than HIV/AIDS. Yet the National Institutes of Health spend nearly three times as much annually on HIV/AIDS research as on diabetes research.

Given the enormous promise of today’s diabetes research, this lack of funding is a missed opportunity.

Researchers at Harvard and MIT, for instance, are exploring a technique for making large numbers of insulin-creating cells that, once delivered to type 1 diabetes patients, could keep the disease at bay for years at a time. Johnson & Johnson, together with biotech firm Viacyte, is currently developing the first-ever stem-cell treatment for diabetes.

In short, we’ve never been closer to curing diabetes. But meeting that goal will take far longer if research funding

remains as sparse as it is today.

Halting the epidemic will also require a more aggressive effort to prevent and diagnose the disease. More than one-third of American adults have pre-diabetes -- the kinds of elevated blood sugar levels that often lead to diabetes. Yet 90 percent of these individuals aren’t aware of their condition.

This is where government agencies and academic institutions could have a significant impact.

The school I teach at, St. George’s University in Grenada, has already taken up this cause. We’re collaborating with Grenada’s Ministry of Health on a school nutrition policy to advocate for healthy consumption habits. We’ve also worked with the ministry to launch programs that promote physical activity in schools and offer exercise classes to the community.

Ending the diabetes epidemic is within reach -- if we commit to funding the most promising medical research and effectively educating the public about the disease.

Satish Bidaisee is an Associate Professor of Public Health and Preventive Medicine and Assistant Dean for Graduate Studies at St. George’s University, Grenada. ★

SACRAMENTO COUNTY Environmental Management Department Protecting Public Health and the Environment 10590 Armstrong Ave., Mather CA 95655 (916) 875-8440 • emd.saccounty.net

MOBILE FOOD FACILITY GREEN, YELLOW AND RED PLACARD PROGRAM

Introduction



Effective January 1, 2017, the Green-Yellow-Red (GYR) placarding program will include food trucks, also known as Mobile Food Facilities (MFFs). Similar to the existing GYR placard program for fixed food facilities, the program will provide a clear and easily recognizable means of determining the food safety status of the MFF.

The program is mandatory and will be implemented for all MFF’s (food trucks) operating in Sacramento County. This notice is to inform you of the coming changes, as well as to help you understand the ways you can prepare your business for this program.

Placard Criteria



PASS

A **GREEN** placard is issued when no more than one major violation is observed. The major violation must be corrected or mitigated during the inspection to avoid closure.

NOTE: A reinspection may be conducted if one or more major violations have been documented on prior field inspection(s), even if a **GREEN** placard was issued.



CONDITIONAL PASS

A **YELLOW** placard is issued when two or more major violations are observed. These violations must be corrected or mitigated during the inspection to avoid closure. A reinspection will be conducted within 24-72 hours (dependent upon MFF operating schedule) to ensure all major violations remain corrected. If all major violations remain corrected during the reinspection, a **GREEN** placard will be issued at the reinspection. A reinspection fee of \$201 will be billed.



CLOSED

A **RED** placard is issued when an imminent threat to health and safety is observed. Examples of imminent health hazards include: no water, food temperature >41°F or <135°F, rodent/insect infestation, leaking waste water, or severe unsanitary conditions. The **RED** placard must remain posted and the MFF must remain closed until a reinspection is conducted to confirm that the imminent health hazard no longer exists. If all major violations remain corrected during the reinspection, a **GREEN** placard will be issued at the reinspection. A reinspection fee of \$201 will be billed.

Inspections

EMD inspectors will be inspecting the MFF while it is operating, at least one time per year. (NOTE: The operator is not required to stop serving customers during the inspection.) A Green, Yellow, or Red placard will **only be issued during operational inspections** and must be kept posted on the MFF, within 2 feet of the service window or service area.

Major Violations to Avoid



In order to earn a **GREEN** placard, no more than one major violation can be observed during the inspection. If two major violations are observed, a **YELLOW** placard will be issued. A **RED** placard is issued when an imminent threat to health and safety is observed.

Avoid these major violations that could lead to issuance of a **YELLOW** or **RED** placard:

- No electrical power, faulty generator, generator turned off, vehicle not plugged in
- Inadequate or lack of refrigeration – refrigeration unit fails to store food ≤ 41°F
- Hot food not stored at ≥ 135°F
- No water – lack of potable water or lack of pressurized water
- Improper hand washing and/or utensil washing
- Improper sewage/waste water disposal
- Vermin infestation (roaches, flies, other insects and/or rodent)

If you find any of the above violations, please take the necessary steps to initiate a “self-closure” of your MFF, until the violations are corrected.

Food Safety Education Classes



EMD offers **FREE** “How to Get a Green Placard” training classes, designed for MFF operators. The specific criteria for the placard program, as well as basic food safety training will be reviewed in each class. The goal of these classes is to ensure each attendee has a complete understanding of how to receive and maintain a **GREEN** placard. Each class is 90 minutes. Please call EMD at (916) 875-8440 or go to emd.saccounty.net for a schedule of classes.

For additional information, contact EMD at (916) 875-8440, or go to the EMD web site at emd.saccounty.net.



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A HART for Carmichael



By Rich Reimer

It all started when I saw 360 people gathered in the La Sierra Community Center to hear about the homeless crisis in Carmichael a couple of years ago. The Carmichael Chamber of Commerce did a great job of selecting a diverse and competent panel to respond to community concerns. In the meeting a leader in homeless services challenged the whole crowd to read the book "Toxic Charity" by Robert D. Lupton. I ordered the book the next day and read it. I was convinced that I and the church I serve as Pastor must become part of the solution of homelessness. We signed up to be a Winter Sanctuary host and continue to be involved in providing emergency shelter during the coldest months of the year. We have had no difficulty funding or staffing these host nights!

The next step was to respond to the call to explore the possibility of starting our own Carmichael Homeless

Assistance & Resource Team (HART). My good friend, Scott Young, owner of ATLAS Thrift Shop, stepped up to get the first meeting organized. He leads each monthly meeting where 42 people representing 17 faith communities gather to work on solutions. Now the group has divided into strike teams that

is my neighborhood and I'm not going to see it become a dumping ground. Since then I have regularly picked up "free" junk that sits for days on the side of the road just to get rid of it. I mowed a lawn for 2 years of a vacant bank owned house just because it was on my block and I didn't want this unsightly yard



will focus on major needs of homeless persons: Advocacy, Housing, and Youth.

My resolve is to actually DO something that really helps rather than enables the homeless population. So I put myself on the "Housing" team. This team has just had one meeting which I missed. But that is where I will put my time and talent to work in the future months.

I have lived in Carmichael since 1987 and I have witnessed the changing demographics and urban blight. One day I was provoked by an old mattress that someone had dumped on a street I drive every day, just around the corner from my home. I drove past it day after day until one day I had had enough and I stopped my truck and threw that mattress in the back and drove it to my church dumpster! This

to mar my neighborhood. It is called pride of ownership and taking 100% responsibility for my community and its condition. I am motivated by a deep frustration to actually "DO" something to make a difference in my local community. It is born out of a calling by God to be a loving servant right where I live and work.

That's my story about working toward solutions in my community of Carmichael, what's yours?

Reverend Richard Reimer,
Lead Pastor
American River
Community Church
3300 Walnut Avenue,
Carmichael, CA
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Facebook.com/ARCConline ★

Kiyo Sato Named Woman of the Year at Annual Celebration

Assemblyman Ken Cooley and the California Legislature Recognize Sato



"Kiyo has shown tremendous courage and perseverance through her entire life and I am truly honored to see her recognized at the State Capitol for all of her extraordinary achievements," said Assemblyman Ken Cooley. Photo courtesy Ken Cooley

RANCHO CORDOVA, CA (MPG) - Assemblyman Ken Cooley (D-Rancho Cordova) joined the California Legislative Women's Caucus to recognize women from across the state in celebration of Women's History Month. This year, Assemblyman Cooley honored Kiyo Sato of Sacramento.

"Like so many Japanese-Americans that were forced to leave their homes in a time of national panic and bigotry, Kiyo did not let it stop her from living an exceptionally full life. She joined the Air Force, became a nurse, raised her family and is now a highly-regarded author," said Assemblyman Cooley. "Kiyo has shown tremendous courage and perseverance through her entire life and I am truly honored to see her recognized at the State Capitol for all of her extraordinary achievements."

Kiyo Sato, the eldest child of a Japanese-American immigrant family, grew up before World War II with her eight brothers and sisters in Sacramento, California. Her parents established a thriving family farm

on a few acres in the Mather Field area of Rancho Cordova. Home life in the Sato family was a pleasant mix of Japanese and American customs, as Kiyo describes at length in her memoir Dandelion through the Crack and in her more recent book Kiyo's Story - A Japanese-American Family's Quest for the American Dream. Kiyo was 19 years old and had just started college in Sacramento when President Roosevelt signed Executive Order 9066 in February, 1942, which forcibly relocated Japanese-Americans from their homes. Kiyo and her family were forced to leave their farm with little more than the clothes on their backs and relocate to an internment camp at the Poston Indian Reservation in Arizona.

At the end of the war, Kiyo and her family were released from the prison camp and briefly worked in Colorado as seasonal laborers before they finally returned to their farm in Sacramento to rebuild their home and their lives. Kiyo's parents were able to keep their farm, but many Japanese-Americans

were not so fortunate and had to start completely from scratch.

Kiyo later joined the United States Air Force, completed college with a Master's in Nursing and achieved the rank of Captain for the USAF Nurse Corps. She eventually returned home from her service, married, and started her own family in Sacramento. Her four children grew up helping with their grandparents' farm - a vital part of every Sato family member's experience.

Kiyo Sato is a member of the Veterans of Foreign Wars, Nisei Post 8985, in Sacramento. As a renowned published author, Kiyo was the winner of the 2008 William Saroyan Prize for nonfiction, and winner of the Northern California Publishers and Authors Gold Award for Best First Books, the Sacramento County Historical Society Publications Award, and the NCPA Mark Twain Award in 2012. Kiyo's favorite saying is "Kodomo no tame ni" meaning "for the sake of the children."

Source: The Office of Ken Cooley ★

Mourners Honor CHP Officer Killed in Line of Duty



The casket carrying the remains of California Highway Patrolman Lucas Chellew is carried out of the sanctuary at Adventure Christian Church March 4th by fellow CHP officers, accompanied by his wife, Christina, their son Cameron, family members and other mourners.

Continued from page 1
Quiroz, of Sacramento, was later arrested and remains on bail. He faces three felony

counts in connection with the accident, including a felony charge of evading an officer. Quiroz was scheduled for arraignment February 27. No further hearings had been set for the case of press time.

In addition to his parents and sister, Chellew is survived by his wife, Christina, and their two children, Hadley, 15 months, and Cameron, 6. Christina Chellew did not speak during her husband's memorial, however, when fellow academy classmate CHP Officer Troy Christensen was overcome with grief while delivering a part of the service, she went on stage

to comfort him. Composed, Christensen said "You'll be sadly missed and I look forward to seeing you one day my brother Lucas." ★

Memorial Fund Set Up in Officer Chellew's Honor

A memorial fund in honor of Lucas Chellew has been established by the California Association of Highway Patrolmen Credit Union. Donations may be made through the CAHP Credit Union website, www.cahpcu.org, or mailed directly to:

Lucas Chellew Memorial Fund,
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P.O. Box 276507
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"You'll be sadly missed and I look forward to seeing you one day my brother, Lucas."
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There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

Carmichael Dental Group

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916 944-1197

\$1,200.00 off

2 implants with 2 attachments to upper/lower denture

Offer Expires 05/31/17

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2 CANS OF CAT FOOD
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Friskies (Selected Indoor Included) & 9 Lives
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1 CAN DOG FOOD
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With Any Purchase of Pet, Fish Food, or Supply
Limit: 1 Coupon Per Family
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ANY PURCHASE OF PET OR FISH SUPPLY
(Excluding Pet Food or Litter) Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324
Limit: 1 Coupon Per Family
Effective 3/8/17 - 3/14/17

<p>AVODERM NATURAL DRY DOG FOOD 24-26 Lb Bag Limit 2 Bags Per Family</p> <ul style="list-style-type: none"> Lamb Meal & Rice \$31.99 Chicken Meal & Rice \$33.99 Lite • Original \$33.99 Large Breed Adult \$33.99 <p>Effective 3/8/17 - 3/14/17</p>	<p>DIAMOND NATURALS DRY DOG FOOD 40 Lb Bag</p> <ul style="list-style-type: none"> Chicken • Lamb • Beef • Large Breed Senior 35 Lbs Lite 30 Lbs Lrg Breed Lamb \$31.99 (Ex Athlete \$36.99) <p>\$29.99</p> <p>Effective 3/8/17 - 3/14/17</p>	<p>EARTHBORN HOLISTIC DRY DOG FOOD Natural Grain Free</p> <ul style="list-style-type: none"> Pinitive Feast • Great Plain Feast Meadow Feast • Coastal Catch <p>28 Lb Bag Limit 2 Bags Per Family \$39.99 (Reg Price \$43.99)</p> <p>Effective 3/8/17 - 3/14/17</p>	<p>PEDIGREE DRY DOG FOOD •Adult 46 Lb Bag (Large Breed Adult 36 Lbs \$19.99)</p> <p>Limit 1 Bag Per Family \$21.99</p> <p>Effective 3/8/17 - 3/14/17</p>
<p>9 LIVES CANNED CAT FOOD 5.5 Oz All Varieties</p> <p>Limit 1 Case Per Family 35¢</p> <p>Effective 3/8/17 - 3/14/17</p>	<p>FANCY FEAST GOURMET CANNED CAT FOOD All Varieties except Elegant Medley 3 Oz</p> <p>Limit 2 Cases Per Family 20/\$11.00</p> <p>Effective 3/8/17 - 3/14/17</p>	<p>PURINA CAT CHOW DRY CAT FOOD •Regular •Indoor 16 Lb Bag</p> <p>Limit 2 Bags Per Family \$11.99</p> <p>Effective 3/8/17 - 3/14/17</p>	<p>SCOOPAWAY CLEAN CLUMPING CAT LITTER 20 Lb Box</p> <ul style="list-style-type: none"> Multi-Cat • Unscented (Fresh Step Scoop, 20 Lb Box - \$7.49) <p>Limit 2 Boxes Per Family \$5.49</p> <p>Effective 3/8/17 - 3/14/17</p>

<p>PURINA PRO-PLAN CANNED FOOD SALE</p> <p>Limit 2 Cases Dog Food \$1.29 Cat Food 99¢ Cat Food 63¢</p> <p>30 Lb Bag Limit 2 Bags Per Family</p> <p>NUTRO NATURAL CHOICE DRY DOG FOOD •Chicken, Brown Rice & Oatmeal Formula (Adult & Lrg Breed Adult) •Senior •Lite Chicken Only \$6.00 Off Orig Price \$8 OFF</p>	<p>WORLD'S BEST CAT LITTER 14 Lbs Limit 2 Bags \$11.99 original \$12.99 Extra Strength</p> <p>PRECIOUS CAT CLUMPING CAT LITTER 18 Lb Bag Limit 2 Bags Per Family \$5.99</p>	<p>PEDIGREE CANNED DOG FOOD •Choice Cuts in Gravy •Chunky Ground Dinner •Chopped Ground Dinner All Varieties 13 Oz Limit 2 Case (12 ct) 69¢</p> <p>NUTRO CANNED DOG FOOD Limit •Selected Varieties Max 89¢ Natural Choice \$1.29</p>	<p>WILDERNESS DRY CAT FOOD •Chicken •Salmon •Duck •Indoor •Weight Control 100% Grain Free 11-12 Lb Bag Limit 2 Bags \$5 OFF</p> <p>JONNY CAT PREMIUM CAT LITTER 10 Lb Bag Limit 2 Bags Per Family \$1.69</p>
<p>NUTRO MAX GRAIN FREE ADULT RECIPE DRY DOG FOOD •Chicken •Lamb •Salmon •Mini Chunk 25 Lb Bag Limit 2 Bags Per Family \$24.99</p>	<p>CAT'S PRIDE FRESH & LIGHT PREMIUM CLUMPING CAT LITTER 15 Lb Jug Limit 2 Jugs \$5.99</p>	<p>MEOW MIX DRY CAT FOOD •Original Choice 16 Lb Bag Limit 2 Bags Per Family \$10.99</p>	<p>SCIENCE DIET IDEAL BALANCE DRY DOG FOOD 30 Lb Bag •Adult •Mature Adult •Large Breed Adult \$10.00 OFF \$8 OFF</p>

<p>ADVANTAGE FLEA CONTROL & TREATMENT Dog Small (Green) Dog Extra Large (Blue) Dog Medium (Teal) Cat Small (Orange) Dog Large (Red) Cat Large (Purple) Limit 2 Per Family. Cannot be combined with any other offer.</p> <p>\$4.00 OFF OUR REGULAR LOW PRICE</p>	<p>MARINELAND POWER FILTER SALE</p> <table style="width: 100%;"> <tr> <th>MODEL</th> <th>TANK SIZE</th> <th>PET CLUB SALE</th> </tr> <tr> <td>PENGUIN 100B</td> <td>20 Gal.</td> <td>\$19.99</td> </tr> <tr> <td>PENGUIN 150B</td> <td>30 Gal.</td> <td>\$27.99</td> </tr> <tr> <td>PENGUIN 200B</td> <td>50 Gal.</td> <td>\$33.99</td> </tr> <tr> <td>PENGUIN 350B</td> <td>75 Gal.</td> <td>\$45.99</td> </tr> </table>	MODEL	TANK SIZE	PET CLUB SALE	PENGUIN 100B	20 Gal.	\$19.99	PENGUIN 150B	30 Gal.	\$27.99	PENGUIN 200B	50 Gal.	\$33.99	PENGUIN 350B	75 Gal.	\$45.99
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<p>BONUS COUPON FANCY FEAST ELEGANT MEDLEYS CANNED CAT FOOD Selected Varieties - 3 Oz Limit 6 Cans with Coupon Limit One Coupon Per Family Price Valid Only With Coupon. Effective 3/8/17 - 3/14/17</p> <p>59¢</p>	<p>BONUS COUPON PURINA WHISKER LICKINS CAT TREATS •Soft & Delicious - 2.5 Oz •Crunchy & Yummy - 1.7 Oz Limit 2 Pouches with Coupon Limit One Coupon Per Family Price Valid Only With Coupon. Effective 3/8/17 - 3/14/17</p> <p>69¢</p>	<p>BONUS COUPON ARM & HAMMER CAT LITTER DEODORIZER 20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 3/8/17 - 3/14/17</p> <p>\$1.49</p>
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