

Part II: Cruising the Mediterranean's **Top Ports**

PAGE **12**

Unsung Heroines Soar in Uplifting 'Hidden Figures' PAGE 9



Carmichael Times

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Serving Carmichael and Sacramento County since 1981

January 20, 2017

WOMENS **EMPOWERMENT RECEIVES \$25,000** FROM SAVEMART



WHAT IF SICK PEOPLE LOSE THEIR **OBAMACARE?**



PAGE 10

DEDICATION OF GARDEN ON EDEN MARKS "BEAST" TO "BEAUTY



PAGE 3



direct link to our online edition!

Completion Near for Boulevard's 2nd Phase



of in 2015 (right), County Supervisor Susan Peters joined Corridor project supporters in breaking ground for Phase 2.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - With 2017 into its first weeks, the \$6.5 million second phase of Fair Oaks Boulevard improvement is inching toward completion. While traffic delays meant a winter of discontent for many motorists, there is a light at the end of the boulevard. The two-year project is on schedule for a spring completion.

Already, the Carmichael route once named Sacramento's ugliest street is looking prettier. Between Landis and Engle, overhead utilizes have now vanished underground. Fronting Carmichael Park and between elsewhere, new concrete sidewalks are already in use. A much-needed traffic light at the Landis intersection has been 2 upgrades include:

installed and will switched on by April. The next steps will include road repairs and surface overlays; landscaped center mediums and a major planting project for the mural frontage at

Grant. "Yes, there have been delays," con-

ceded project engineer Steve White. "Early rains and the challenges of underground utilities held things up but they're nearly behind us. We can now look for to smoother traffic for motorists, bikes and pedestrians. People have been patient. They'll be please the results.

Begun in October 2015, Phase

- · Bike lanes, landscaped medians and sidewalks from Landis to Shirley.
- Signal modification at Grant and Engle.
- New traffic signals at Fair Oaks and Landis.
- New sidewalks on the south side of Grant, serving Carmichael Park.
- Burial of overhead utilities.
- New road surfaces.

Phase 2 continues a massive corridor project formulated through County and community collaboration. A vibrant Carmichael town center, considers Supervisor Susan Peters, will encourage economic development for the area.

Continued on page 2

River Cats Invite Fans to Nominate Military Family

WEST SACRAMENTO, CA (MPG) -

The Sacramento River Cats are asking fans to submit photos of loved ones who have or who are currently serving in the military to be featured on Salute to Armed Forces jersey.

Selected photos will be featured on the specialty jerseys worn by River Cats players and will be auctioned off during the game. The annual Salute to Armed Forces Night will take place on Saturday, May 6th when they take on the Reno Aces at Raley Field.

If you or a loved one has served in the U.S. Armed Forces, or know someone who is currently serving, please submit your photo to the "Salute to Armed Forces Jersey Submission" page at rivercats. com or by email to promotions@ rivercats.com.

That night's game will be preceded by the Wounded Warrior Amputee Softball Team game, which will conclude a day dedicated to commemorating those who serve our country.

Fans wishing to submit a photo of a service member must visit rivercats.com and then email promotions@rivercats.com with a high-resolution (300dpi) photo of the service member in uniform (must be a picture of just them) and a 2-3 sentence description of said

If your photo is selected, you will be contacted with information on how you can preorder the jersey. The Salute to Armed Forces specialty jersey is presented by USAA. Net proceeds from the jersey auction will benefit Blue Star Families, who proudly support military members and their families.

Source: River Cats Media ★



Property Business Improvement District Gets Underway

By Shelly Lembke

CARMICHAEL, CA (MPG) - Spearheaded by the Carmichael Chamber of Commerce, after a special vote, a new Property Business Improvement District (PBID) has been formed to give a fresh face to local businesses in the Carmichael

According Carmichael Chamber of Commerce Executive Director Linda Melody, the new PBID will be a winwin for citizens and businesses, as well as the city. The PBID is a non-profit, with a 501C6 designation as a "mutual benefit" non-profit, now known as the "Carmichael Improvement District, Inc.

"It will serve to help bring

improvements to Carmichael and draw the business community together. Carmichael is the 16th PBID in Sacramento County, where an assessment is voted on by business property owners, who also help to decide what the funds will be used for. Best of all, those monies stay in Carmichael," said Melody.

The PBID will be responsible for improvements and services within the designated area, which include a variety of enhancements such as streetscape, image improvements, advocacy, better safety, cleanliness, economic and administration upgrades. All this will be funded and directed by property owners.

According to the Carmichael District website, the Management District plan

is available online. "Detail on the concerns and solutions offered by this entity may be found on this site (https://sites. google.com/site/carmpbid/) along with board leadership detail and a bit of history on this significant effort for our future. District operations will create clear and demonstrated improvements for ownership, bettering the experience of all who live, work and enjoy Carmichael now and in the years ahead."

The Carmichael Chamber of Commerce has been around for nearly 70 years. As issues and times have changed, the PBID is one tool the Chamber can use to find workable solutions for businesses in the corridor.

"Property owners are concerned about

safety and security, about the homeless issue, about economic development in Carmichael and other things as well. The funds provided by the assessment will be used to help remedy some of these issue," said Melody. "Beyond the challenges of today, we really want to see owners working together with other owners to create a fresh vision for what Carmichael can be in the future."

Melody has been on board from the very beginning and intends to stay committed to the process. "The Chamber would like to see a more beautiful, vibrant Carmichael where the crime rate is cut down, properties are beautified and empty storefronts are filled again. We

Continued on page 2

www.CarmichaelTimes.com

2 · Carmichael Times January 20, **2017**

Womens Empowerment Receives \$25,000 from Savemart Cares

Grant Will Help Sacramento Women Break the Cycle of Homelessness

SACRAMENTO REGION, CA (MPG) - Save Mart CARES has donated \$25,000 to help homeless women in Sacramento find homes and jobs to support their families through Women's Empowerment's comprehensive job readiness program. The mission of Women's Empowerment aligns closely with the mission of Save Mart CARES, which supports programs that have a record of results and contribute to the advancement of community, arts, recreation, education or sports.

"A significant measure of a community's health is how many of its residents are employed," said Lisa Culp, executive director, Women's Empowerment. "Women who experience homelessness face profound barriers in their search for employment, so we empower them with tools to overcome those hurdles and secure jobs that will support their families. We are grateful to Save Mart CARES for recognizing that when women rise from homelessness, the entire community rises with them."

In Women's Empowerment's initial eight-week program, women who are homeless receive free onsite child care in the group's child development center and transportation assistance. Each woman works with a master's level social worker to address her root causes of homelessness. She attends classes on job readiness, confidence building, health and empowerment, as well as support groups for domestic violence and substance abuse. Women then focus on job placement with their employment specialist and volunteer career mentor. Women who have graduated from the eight-week program can enroll in the group's graduate services at any point in their lives when they need assistance. Services include paid job training, vocational certifications, counseling with a social



with a check for \$25,000 to empower women who are homeless to find

worker and employment specialist, access to a professional clothing closet, financial coaching and job retention services for employer and employee.

Women's Empowerment was featured on NBC's The TODAY Show in 2015 for offering the most comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The award-winning organization has graduated 1,386 homeless women and their 3,750 children. Last year, 92 percent of graduates found homes and 81 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures.

Women's Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento. To make a donation: www.womensempowerment.org.

Save Mart CARES is a 501c3 charitable organization focused on supporting community, arts, recreation, education and sports. The foundation was created by Save Mart Supermarkets and operates with a separate board of directors maintaining a separate focus on supporting the company's principle of giving back to the communities it serves. For more information, visit www. savemart.com/community/ cares-foundation.

Source: Kristin Thebaud Communications

Completion Near for Boulevard's 2nd Phase

Continued from page 1 Finished in 2013, Phase 1 of the project improved safety and traffic flow at the Marconi/Fair Oaks intersection. Beautification included giant palm trees, landscaped medians and stone

Near Grant and Engle, two more monuments will continue the statuary. These

obelisk monuments.

ter medians. Carmichael Park frontage landscaping will echo American River Parkway vegetation as depicted on muralist Hugh Gorman's Great Wall of Carmichael. Beyond beautification, "undergrounding" of power and telephone lines has removed pedestrian obstacles.

Teichert Construction will should be up by summer. Oak execute most aspects of Phase plete improvements between Marconi and Landis, will begin in 2018. The project is funded by the Federal Regional Surface Transportation Program, the State Transportation Improvement Program and development fees. For more information, visit www.sacdot.

What To Do About things That Sting and Bite

Program at January 19th Audubon Meeting

CARMICHAEL, CA (MPG) - Snakes, wasps, bees, spiders, and other venomous creatures that sting and bite will be discussed by Mike Cardwell, speaker at the January 19 meeting of Sacramento Audubon.

Mike, who has been lecturing and writing about rattlesnakes and other venomous things for more than 40 years, will speak about Northern California ones capable of medically significant injuries to people.

award-winning



Photographer Mike Cardwell who took the photo of the above black widow), will the speaker at the January 19 meeting of Sacramento Audubon.

photographer, he will use a vividly illustrated presentation to explain which are truly dangerous, how to recognize them, how to tell if you're a victim, and proper first aid if you are. He will also deflate some common myths.

The public is invited to the 7 p.m. meeting at Effie Yeaw Nature Center in Ancil Hoffman Park (For directions, see sacnaturecenter.com).

There will be no charge for the program or parking, and no park-entry fee.

Source: Sacramento Audubon

Property Business Improvement District Gets Underway

Continued from page 1 picture businesses and residents working together to help make Carmichael a place where they are proud to work and live."

Any business property owner can become involved by contacting the Chamber. Board seats are available. Residents have the option to serve on committees. "If someone sees the vision for Carmichael, we can find ways to plug them in," according to

Melody said the start of the project is only months away, beginning with establishing the new non-profit, drafting bylaws and filling board positions. Financing funds will become available in the spring and she looks forward to seeing the

Monthly meetings begin in February at the Carmichael Library meeting room on the

fourth Thursday, 5605 Marconi Ave, Carmichael, CA 95608 on the Fourth Thursday of each month between 1:00PM and 2:30PM. Board meetings are open to the public. The Carmichael Chamber of Commerce can be contacted at http://carmichael.chamberofcommerce.me. Full details and board applications can be found at carmichaelid.org.

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Dedication of Garden on Eden Marks Transformation from "Beast" to "Beauty"



Sacramento Suburban Water District (SSWD) Board Member Kevin Thomas cuts a ribbon with golden gardening sheers to mark the grand opening of the "Garden on Eden," Carmichael's newest water-wise demonstration garden. Holding the ribbon are Project Manager Cheryl Buckwalter of EcoLandscape California (left) and SSWD Water Conservation Manager Greg Bundesen. Photo courtesy Meredith Carty

SACRAMENTO REGION, CA (MPG)

- Sacramento Suburban Water District and EcoLandscape California on December 14, 2016 marked the grand opening of the region's newest waterwise demonstration garden—the "Garden on Eden."

Named for its location at 4900 Eden Court in Carmichael, the Garden on Eden transforms an ugly groundwater well site (a Beast) into a water-wise garden (a Beauty) for the community to enjoy. Previously, the landscape featured a spotty, high-water use

"The drought brought new focus and attention to the benefits and beauty of sustainable, low-water use landscaping," said SSWD Water Conservation Manager Greg Bundesen during the event. "We've seen fresh interest in creating landscapes that not only use less water but have many other benefits—from preventing stormwater pollution to nurturing wildlife. This garden is designed to continue that momentum well beyond the

The garden transformation was part of a workshop series on sustainable landscaping techniques sponsored by Sacramento Suburban Water District and taught by EcoLandscape California instructors. Classroom sessions covered the basics of healthy soil, the differences between compost and mulch, water-wise irrigation, plant placement, integrated pest management, landscape design, among other topics.

Then District customers dug in during two hands-on workshops to help remove the lawn by sheet mulching, install drip irrigation and properly place plants. "Adding a hands-on component to our classroom training made it a much richer learning experience for the participants, and helped get them excited to work on their own landscape," said EcoLandscape California Executive Director Marian Bender.

The garden features low-water use plants such as Manzanita, Chaparral Currant and Blonde Ambition Blue Grama Grass, efficient irrigation and unique methods for keeping rainwater on site. As a demonstration garden, the site also includes informational signage that identifies plants, irrigation and rainwater harvesting techniques so that visitors can learn how to create their own water-wise oasis.

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"We had several important goals for this project," said SSWD Board Member Kevin Thomas during the event. "We wanted to provide an opportunity to educate customers about low-water, sustainable landscaping through hands-on workshops and a permanent demonstration garden. We also wanted to be a good neighbor by investing in our community. I think we've accomplished that—and more," Thomas continued. "Right now, you see young plants, soaking in all of the winter rain. Come spring, you will see them beginning to emerge into the vibrant, colorful garden for everyone to enjoy."

The project is sponsored by Sacramento Suburban Water District in partnership with EcoLandscape California, which served as project manager and provided instruction for workshops, and is part of the District's ongoing commitment to promoting wise water use and

investing in the community. Learn more about the transformation at Garden on Eden and information about visiting the new demonstration garden at sswd.org or http://tinyurl.com/ hxolar4.

Source: SSWD

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4 · Carmichael Times January 20, **2017**

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An Eggstravaganza of Delicate Art

By Shelly Lembke

SACRAMENTO REGION (MPG) - Sacramento's 27th Annual Northern California Eggstravaganza is just around the corner. The yearly event features free admission in addition to shopping, a raffle and seminars taught by egg artists from around the globe. All proceeds from the raffle will benefit the Sacramento Shriners Hospital for Children.

"Egg artists from around the world will be teaching seminars, exhibiting and selling artwork created from real eggshells: ostrich, rhea, emu, goose – as small as finch eggs," according to Show

Director Diana Macias.





The seminars are February 23-26. Times and fees vary. Pre-registration is required. The exact schedule can be found online at the show website. The artists giving the seminars hail from the US, Great Britain, the Netherlands, Japan, Mexico and

"Styles of artwork will include Fabergé, pysanka, etched, jeweled, beaded, painted, diorama, jewelry boxes and wearable art to name a few. Vendors will be selling supplies used to create artwork and miniatures," said Macias.

Visit www.norcaleggart.com or email leggantdesigns@frontier.net for more information.

Photos courtesy of NorCal Egg Artists, artwork by Rosalie Juarez



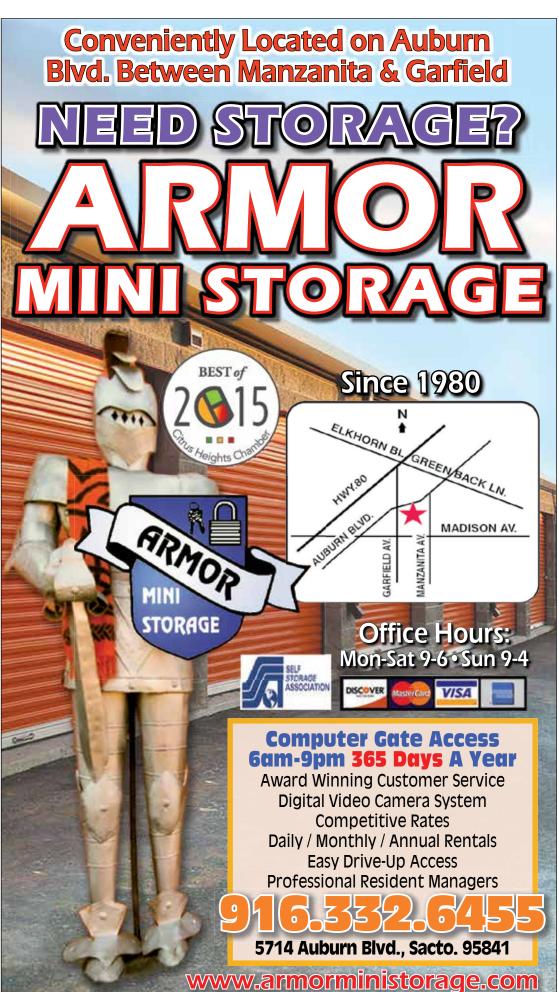
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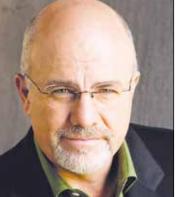
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To be unclear is to be unkind

Dear Dave,

My friend and I are roommates, and we've always had an agreement that we split each of the bills fifty-fifty. We both work and have decent jobs, but for the last couple of months she's been really late in paying her half of the bills. She says she's broke. I don't want to be mean, but how can I approach her about this situation?

- Alice

Dear Alice,

I understand that you don't want to be mean to a friend, but situations like this should be addressed quickly and directly. No matter whether you're talking about friendships or business dealings, to be unclear is to be unkind.

Turn off the television, sit down with her, and have a kind but firm conversation. Let her know that the roommate agreement is no longer working because she isn't paying her bills on time. Make sure she understands that the two of you are not going to be able to stay there together anymore unless she starts paying on time. You might also ask if she needs help

Dave Says budgeting her money. I mean, if and you wouldn't borrow on it to

she's got a good job her money has to be going somewhere, right? The problem is that it's not going to the proper places.

I know you think that by being subtle or avoiding the situation you're being nice, but you're not. You're being passive-aggressive. You just have to smile and say, "This isn't going to happen anymore. You're going to get your act together, and I'll help you all I can, but you need to start paying on time or the roommate situation is over."

Is that tough love? No, it's just

—Dave

Savings vs Pay Off Dear Dave,

My wife and I owe \$90,000 on our mortgage, and we have no other debt. We are able to save about \$20,000 a year, so we could have the house paid off in just over four years. She likes the idea of having lots of money saved up, but I would love to be completely debt-free. Should we pay off the house or hang on to the savings?

- Jason

Dear Jason,

Let's pretend your house is already paid for in full. Would you borrow on your home so that you had enough cash that your wife liked it? You say you wouldn't, so what's the difference? If you had a paid-for house

have cash laying around to feel better, why wouldn't you use the cash laying around to pay off the house? It's the same thing.

The first thing you want to consider is having an emergency fund of three to six months of expenses. You also need to make sure you're putting aside 15 percent of your income for retirement. Other than that, if you have enough cash laying around to pay off your home and you don't, it's the same thing as having borrowed on your home in order to have cash laying

If I'm in your shoes, as soon as the emergency fund is in place — six months of expenses since your wife likes the security factor — and 15 percent is being put away for retirement, I'd take the other money and throw it at the house. Get that thing paid off as fast as you can!

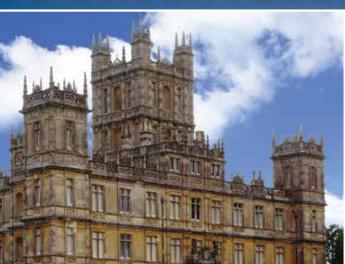
—Dave

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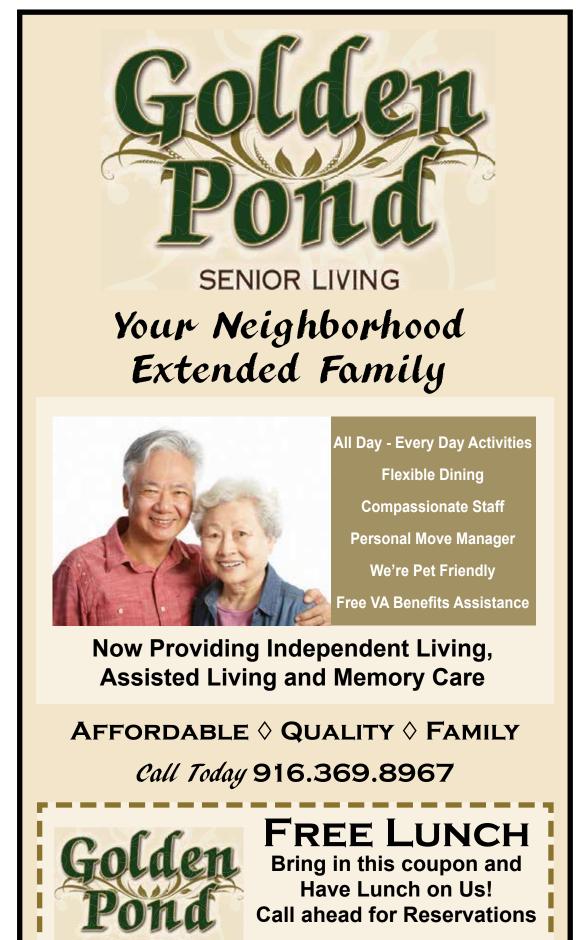


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FICTITIOUS BUSINESS NAME STATEMENT Bill Sprinkle, 12155 Tributary FBNF2016-09287 Point Drive #83 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bill Sprinkle Drywall" at 12155 Tributary Point Drive #83 Rancho Cordova, CA 95670 . Filed with the Clerk of Sacramento County November 28, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT Reza Khooshehmehri FBNF2016-09932 3300 Capital Center Drive Apt 82 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Yes Photo Video" at 3300 Capital Center Drive Apt #82 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017

FICTITIOUS BUSINESS NAME STATEMENT Leonid Demchuk 7628 Lilv FBNF2016-09937 Mar Lane Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Arete Logistics" at 7628 Lily Mar Lane Antelope, CA 95843, Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122 ARETE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09619 Mike Strombeck, 9090 Winding Oak Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Ontimal Construction Solutions" at 5529 Hemlock Street Sacramento, CA 95841, Filed with the Clerk of Sacramento County December 8, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 **OPTIMAL** 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT Kathleen Casela, 2521 FBNF2016-09716 O Street Apt 1 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Paws and Claws Treat Box" at 2521 O Street Apt 1 Sacramento, CA 95816, Filed with the Clerk of Sacramento County December 12, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122 TREAT 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09866 Ainsley Travis Sammons, 8523 Sadie Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Hidden Artifacts: Findas of Lost Beats" at 8523 Sadie Court Antelope, CA 95843. Filed with the Clerk of Sacramento County December 19, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 BEATS 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09692 Apama Ghosh, 3216 Bridgeway Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" at 815 Sutter Street Suite D Folsom, CA 95630, Filed with the Clerk of Sacramento County December 12, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 SYNERGY 161122 1-20-17

BUSINESS NAME STATEMENT FBNF2016-09822 Richard A. Belli, 11416 Huntington Lane Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Nutri-West Northern California & Hawaii" at 1840 Avondale Avenue Suite 1 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 16, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 NUTRIWEST 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09940 Armen Sargsyan, 3129 Birch Street Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "ISA International" at 5801 Marconi Avenue # B Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 INTERNATIONAL 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09935 New Hope Industries Inc. 245 Baurer Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "My Artisan Works, My Artisan Works Boutique" at 7900 Amalfi Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 ARTISAN 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10093 MoorePark Enterprises, LLC, 10964 Britton Way Mather, CA 95655 is doing business under the Fictitious Business Name(s) "InfoPrincess Graphics & Design, Moore Associates Group" at 10964 Britton Way Mather, CA 95655. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 6, 13, 20, and 27, 2017

DESIGN 161230 1-27-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10002 Kiet Tran, 7322 Florin Wood Drive #307 Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Arden Nail Care"

at 3349 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 6, 13, 20, and 27, 2017 ARDEN 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09905 Tim Hee Langenderfer, 4939 Marconi Avenue # C8 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Timmy Lin" at 4939 Marconi Avenue #C8 Carmichael, CA 95608. Filed with the Clerk

of Sacramento County December 21, 2016. Publish: January 6, 13, 20, and 27, 2017 TIMMY 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09986 Helena Alston, 7205 Grenola Way Citrus Heights. CA 95621 is doing business under the Fictitious Business Name(s) "Unsatisfied Judgement Enforcement" at 7205 Grenola Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 23, 2016.

Publish: January 6, 13, 20, and 27, 2017 UNSATISFIED FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09994 Miranda Viani, 3975 Oak Villa

Circle Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Healing Paws Training" at 3975 Oak Villa Circle Camichael, CA 95608, Filed with the Clerk of Sacramento County December 27, 2016.

Publish: January 6, 13, 20, and 27, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09729 Capitol Dance Center, Inc. 11460 Upper Meadow Drive Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Capital Dance Center, Inc" at 11270 Sanders Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 13, 2016. Publish: January 6, 13, 20, and 27, 2017

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09681 Pacific Coast Supply, LLC, 4290 Roseville Road North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Anderson Lumber" at 4290 Roseville Road North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 12, 2016. Publish: January 6, 13, 20, and 27, 2017 1-27-17

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BUSINESS NAME STATEMENT FICTITIOUS FBNF2016-09809 Laura Summers Coleman DVM 10065 Dillard Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Sacramento Valley Veterinary Services" at 10065 Dillard Road Wilton, CA 95693. Filed with the Clerk of Sacramento County December 16, 2016. Publish: January 6, 13, 20, and 27, 2017

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VETERINARY 1-27-17 161230 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10040 Nicole Tryra Fladger, 1958 San Juan Road #17 Sacramento, CA 95833 is doing husiness under the Fictitious Business Name(s) "Wisdom and Worth Ministries" at 1958 San Juan Road # 17 Sacramento, CA 95833. Filed with the

Clerk of Sacramento County December 28, 2016. Publish: January 6, 13, 20, and 27, 2017 WISDOM 161230 1-27-17

FICTITIOUS BUSINESS NAME STATEMENT Alex Mwaura, 11965 Pericles FBNF2016-10033 Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "AKM Trading Company" at 11965 Perciles Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 6, 13, 20, and 27, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10019 Musa Kazmi, 194 Barnhill Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Local Diner Media Services" at 194 Barnhill Drive Folsom, CA 95630. Filed with the Clerk

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of Sacramento County December 27, 2016. Publish: January 6, 13, 20, and 27, 2017 LOCAL 161230 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10020 Davron Abzalov. 613 Stafford Street Apt #19 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Plutus Investments Co" at 613 Stafford

Street Apt #15 Folsom, CA 95630. Filed with the

Clerk of Sacramento County December 27, 2016.

Publish: January 6, 13, 20, and 27, 2017 **PLUTUS** 1-27-17 161230 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09875 Raul Carbajal, 2036 Bowling Green Drive Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Raul Tree Services" at 2036 Bowling Green Drive Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 19, 2016. Publish: January 6, 13, 20, and 27, 2017

1-27-17 RAUL 161230 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10049 Jady Vue, 3710 Branch Street Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Sacramento Lawn Care" at 3710 Branch Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County December 28, 2016.

Publish: January 6, 13, 20, and 27, 2017 SACRAMENTO 161230 1-27-17 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2016-10081 Dan Murtha, 10460 Investment Circle Apt #74 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Murtha's Landscape Maintenance. Michael's Landscape" at 10460 Investment Circle Apt #74 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 6, 13, 20, and 27, 2017

MURTHA'S 161230 1-27-17 FICTITIOUS BUSINESS NAME STATEMENT

Abdul H. Khan, 1728 FBNF2016-09561 Highbridge Way Sacramento, CA 95832 and Zaireem N. Khan, 1728 Highbridge Way Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "RollinOx Meat Company, Block and Chopper" at 1728 Highbridge Way Sacramento, CA 95832. Filed with the Clerk of Sacramento County December 7, 2016. Publish: January 6, 13, 20, and 27, 2017 **ROLLINOX** 161230 1-27-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00066 Oznex Inc, 2391 Arden Way # 218 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "BMU Auto Sales" at 2391 Arden Way # 218 Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 4, 2017.

Publish: January 13, 20, 27, and February 3, 2017

161230 BMU 2-3-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10059 Ashlyn Ciera Webb, 3991 Riley Anton Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Sun Illusions" at 3991 Riley Anton Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 29, 2016.

Publish: January 13, 20, 27, and February 3, 2017 161230 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10110 Rebeca A llas, 1362 Turnbridge Way Plumas Lake, CA 95961 is doing business under the Fictitious Business Name(s) "Rancho Cordova Home Care" at 10609 Charbone Way Rancho Cordova, CA 95670. Filed with the

Clerk of Sacramento County December 30, 2016.

Publish: January 13, 20, 27, and February 3, 2017

RANCHO 161230 2-3-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00243 Bogdan Galbanuta and Jasmina Galbanuta, 3113 Walnut Avenue Unit B Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "BG Construction" at 3113 Walnut Avenue Unit B Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 9, 2017.

Publish: January 13, 20, 27, and February 3, 2017

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10104 Harvey Gilchrist, 10031 Terrier Way Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Soul Heir, SoulHeirMusic" at 10031 Terrier Way Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 13, 20, 27, and February 3, 2017 SOUL 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09933 Steve Thomason, 6205 Riverside Boulevard #142 Sacramento. CA 95831 and Brett Garibaldi. 6221 Almond Avenue Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "California Spas & Outdoor Superstore" at 9778 Business Park Drive Suite C Rancho Cordova, CA 95827. Filed with the Clerk of Sacramento County December 22, 2016. Publish: January 13, 20, 27, and February 3, 2017 CALIFORNIA 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09980 David Scott Company, 11320 Gold Country Boulevard Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "David Scott Company" at 11231 Gold Express Drive Suite 104 Gold River, CA 95670, Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 13, 20, 27, and February 3, 2017 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00211 Cindy Cavanaugh-Soler, 7805 Caber Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "CeCe's Sweet Shoppe" at 7805 Caber Way Antelope, CA 95843. Filed with the Clerk of Sacramento County January 8, 2017. Publish: January 13, 20, 27, and February 3, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00130 Abresev Lcasiano, 6913 Le Havre Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "The Sud Network" at 1600 Sacramento Inn Way Suite 205 Sacramento, CA 95815, Filed with the Clerk of Sacramento County January 5, 2017. Publish: January 13, 20, 27, and February 3, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10066 Jordan Martin, 1108 Pond View Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Lips Lashes & Lattes, Kena & Company" at 1108 Pond View Drive Folsom, CA 95630, Filed with the Clerk of Sacramento County December 29, 2016. Publish: January 13, 20, 27, and February 3, 2017 I IPS 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09988 Jia Xiong, 1530 Fulton Avenue # 102 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "JX Skyrise Travel" at 1530 Fulton Avenue #102 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 13, 20, 27, and February 3, 2017 161230 2-3-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00015 Hue L. Dinh. 8305 Trimmer Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "HL Computer Parts" at 8305 Trimmer Way Sacramento, CA 95828, Filed with the Clerk of Sacramento County January 3, 2017. Publish: January 13, 20, 27, and February 3, 2017 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09838 Lynda Gronich and Edward Gronich, 9942 Hatherton Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Luxury Suites and Retreats" at 9942 Hatherton Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County December 16, 2016. Publish: January 13, 20, 27, and February 3, 2017 LUXURY 161230 2-3-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10026 David E. Mcelroy, 9637 Alleghney Drive Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "DJFR Dave and Jeff Furniture Repair, Daves Furniture Restoration" at 9637 Alleghney Sacramento, CA 95827. Filed with Clerk of Sacramento County December 28, 2016. Publish: January 13, 20, 27, and February 3, 2017 2-3-17 161230

FICTITIOUS BUSINESS NAME STATEMENT Kevin Koerber, 4349 Cottage FBNF2017-00008 Way Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Happy City 916" at 4349 Cottage Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County January 3, 2017. Publish: January 13, 20, 27, and February 3, 2017 161230 2-3-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00003 Christian Perry, 4744 Keema Avenue Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Semper Auto Sales" at 4744 Keema Avenue Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 3, 2017. Publish: January 13, 20, 27, and February 3, 2017 161230 2-3-17

FICTITIOUS BUSINESS NAME STATEMENT Agena Court Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Rainbow Electronics" at 7531 Madison Avenue Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 30, 2016. Publish: January 13, 20, 27, and February 3, 2017 RAINBOW 2-3-17 161230

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10105 Andrew Gus Karres, 102 Fahev Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Olympic Auto Sales" at 102 Fahey Court Folsom, CA 95630. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 13, 20, 27, and February 3, 2017 **OLYMPIC** 2-3-17 161230

FICTITIOUS BUSINESS NAME STATEMENT Goudeaux Family FBNF2016-10034 Foundation. 7619 Grant Line Road Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Home Suites Home" at 7773 Mist Trail Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 28, 2016. Publish: January 20, 27, February 3, and 10, 2017 170105 2-10-17 **HOME**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10108 June Kashiwada and David Clendenen, 9079 Fanega Court Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Tantris Picks" at 9079 Fanega Court Elk Grove, CA 95758. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 20, 27, February 3, and 10, 2017 **TANTRIS** 170105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00350 Daniel R. Wright, 5305 Gibbons Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Liquid Landscapes Services" at 4021 California Ave Unit 17 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 12, 2017. Publish: January 20, 27, February 3, and 10, 2017 170105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00299 Oceanic Victorville LLC, 4380 Alvardo Canyon Road San Diego, CA 92120 is doing business under the Fictitious Business Name(s) "Lions Gate Hotel" at 3410 Westover Street McClellan Park, CA 95652, Filed with the Clerk of Sacramento County January 10, 2017. Publish: January 20, 27, February 3, and 10, 2017 LIONS 170105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00293 Katrina L. Cole-Legault, 7670 Gibson Lane Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Property Plus" at 7670 Gibson Lane Antelope. CA 95843. Filed with the Clerk of Sacramento County January 10, 2017. Publish: January 20, 27, February 3, and 10, 2017 PROPERTY 170105 2-10-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00289 Nicholas and Krystal Boston Lozano, 2569 Butano Drive Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "The Phoenix Loft. The Rambling Raven" at 2569 Butano Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 10, 2017. Publish: January 20, 27, February 3, and 10, 2017 **PHOENIX** 170105 2-10-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09496 Lance N. Meinzer, 5735 Woodleigh Drive Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "LNM Construction" at 5735 Woodleigh Drive Carmichael. CA 95608. Filed with the Clerk of Sacramento County December 6, 2016. Publish: January 20, 27, February 3, and 10, 2017 LNM 2-10-17 170105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10074 Mandeep Singh, 120 W Portals Avenue #C Clovis. CA 93612 and Robert Sharma, 40 N Caesar Avenue Clovis, CA 93612 are doing business under the Fictitious Business Name(s) "Red Carpet Spa Car Wash" at 2105 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 30, 2016. Publish: January 20, 27, February 3, and 10, 2017 170105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-10001 Angela McElroy, 2814 D Street #19 Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Angela's Office Management" at 2814 D Street #19 Sacramento, CA 95816, Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 20, 27, February 3, and 10, 2017 **ANGELA** 170105 2-10-17

NAME STATEMENT FICTITIOUS BUSINESS FBNF2017-00369 Hussein M. Isa, 2740 Lacy Lane Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Samco Office Supplies" at 5650 Marconi Avenue #7 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 13, 2017. Publish: January 20, 27, February 3, and 10, 2017 2-10-17 SAMCO 170105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2017-00395 Kenneth McKean, 5724 Chipping Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Balanced Air Conditioning and Heat Service" at 5724 Chipping Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 13, 2017. Publish: January 20, 27, February 3, and 10, 2017 BALANCED 170105 2-10-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09930 Michelle Alexander, 1108 R Street Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Starboard Strategies" at 1108 R Street #610 Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 21, 2016. Publish: January 20, 27, February 3, and 10, 2017 STARBOARD 170105 2-10-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09999 Linh Nguyen, 6244 Bobbiwood Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Teresa's Nails" at 2448 Mission Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 27, 2016. Publish: January 20, 27, February 3, and 10, 2017 TERESA'S 170105 2-10-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09989 Tiffani Marie Brown and Sarah Elizabeth Brown, 7800 Caber Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Innovative Handygal Services" at 7800 Caber Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 23, 2016. Publish: January 20, 27, February 3, and 10, 2017 INNOVATIVE 170105 2-10-17

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205245

WHEREAS, Jannette Giovanna Gonzales Gonzales has filed a petition with this court for a decree changing the name(s) of Jannette Giovanna Gonzales Gonzales to Jannette Giovanna Gonzalez Gonzalez. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a.m. on April 7, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 22, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: December 30, 2016 January 6, 13, and 20, 2017 GONZALEZ 161111 01-20-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205049

WHEREAS, FNU Qais have filed a petition with this court for a decree changing the name(s) of FNU Qais to Safi Qais.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 20, 2016 David I. Brown, Judge of the Superior Court Publish: December 30, 2016 January 6, 13, and 20, 2017 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00200522 WHEREAS, Arlie Otto Meline have filed a petition with this court for a decree changing the name(s)

of Arlie Otto Meline to Arlie Otto Sanson Sr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 21, 2016

David I. Brown, Judge of the Superior Court Publish: December 30, 2016 January 6, 13, and 20, 2017 161105 01-20-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204292 WHEREAS, FNU Arezu and Ahmad Javed

have filed a petition with this court for a decree changing the name(s) of FNU Arezu to Arezu Javed and Satayesh Jaameh to Satayesh Javed. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 16, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814. and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: December 30, 2016 January 6, 13, and 20, 2017 161111

Dated: December 06, 2016

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204969

WHEREAS. Javier Ramon Huerta Jr has filed a petition with this court for a decree changing the name(s) of Javier Ramon Huerta Jr to Ray Saint Arias.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 3, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 20, 2016 David I. Brown, Judge of the Superior Court

Publish: December 30, 2016 January 6, 13, and 20, 2017 161105 01-20-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205185

WHEREAS, Pichardo, Jane A. has filed a petition with this court for a decree changing the ame(s) of Pichardo, Jane A. to Abasola, Jane C.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 6, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 21, 2016 David I. Brown, Judge of the Superior Court

Publish: December 30, 2016 January 6, 13, and 20, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203321

WHEREAS. Sarah Loftin has filed a petition with this court for a decree changing the name(s) of Sarah Zaituna Hope Loftin to Sarah Zaituna Hope Balcha. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 1, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 15, 2016 David I. Brown, Judge of the Superior Court Publish: December 30, 2016 January 6, 13, and 20, 2017

BALCHA 161105 01-20-17 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00205562

WHEREAS, Jennifer C. Blessett has filed a petition with this court for a decree changing the name(s) of Jennifer C. Blessett to Leah Rose A Hart Williams. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 9:00 a.m. on April 14, 2017, in Department 54 located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: January 6, 13, 20, and 27, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205328

161221

01-27-17

WHEREAS. Glenn and Iris Hollev have filed a petition with this court for a decree changing the name(s) of Morgan Alexandra Holley to Morgan Alexandra Rose Holley.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 10, 2017, in Department 54 located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 23, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: January 6, 13, 20, and 27, 2017

01-27-17 161221 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205527 WHEREAS, Jessica Lee Leonard has filed a petition with this court for a decree changing the name(s)

of Jessica Lee Leonard to Jessica Lee Rasler. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 13, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 29, 2016 David I. Brown, Judge of the Superior Court Publish: January 6, 13, 20, and 27, 2017 01-27-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205376

WHEREAS, Javid Ahmad and FNU Freshta have filed a petition with this court for a decree changing the name(s) of Javid Ahmad to Javid Ahmad Kakar and FNU Freshta to Freshta Kakar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 11, 2017, in Department 54,

located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 27, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: January 6, 13, 20, and 27, 2017

161221

01-27-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

KAKAR

#34-2016-00202486 WHEREAS, Anthony Vincent Rodriguez has filed a petition with this court for a decree changing the name(s) of Anthony Vincent

Rodriguez to Anthony Vincent Arrieta. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 15, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition

for Change of Name should not be granted

Dated: October 28, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: January 13, 20, 27, and February 3, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205324

WHEREAS, Ivan Omar Aramand has filed a petition with this court for a decree changing the name(s) of Ivan Omar Aramand to Ivan Omar Sonu Bhardwaj.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 10, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 23, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: January 13, 20, 27, and February 3, 2017 ARAMAND 161221

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

Carmichael, CA 95609

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ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00205802 WHEREAS, Abdul Hamid and FNU Maliha have filed a petition with this court for a decree changing the name(s) of Abdul Hamid to Abdul

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 18, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 5, 2017

Hamid Hamidi and FNU Maliha to Maliha Hamidi.

David I. Brown, Judge of the Superior Court Publish: January 13, 20, 27, and February 3, 2017 02-03-17 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00206203

WHEREAS, Mustafa Sayed Hashimi has filed a petition with this court for a decree changing the name(s) of Mustafa Sayed Hashimi to Sayed Mustafa, Iqbal Sayed Hashimi to Sayed Iqbal, and Kamal Sayed Hashimi to Sayed Kamal IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on April 26, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 12, 2017 David I. Brown, Judge of the Superior Court

Publish: January 20, 27, February 3, and 10, 2017

170105 02-10-17 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204765

WHEREAS. Bria Marie Fernandez has filed a petition with this court for a decree changing the name(s) of Bria Marie Fernandez to Bria-Marie Puanani Tennyson.

IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on March 28, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 13, 2016

David I. Brown, Judge of the Superior Court Publish: January 20, 27, February 3, and 10, 2017 **FERNANDEZ** 170105 02-10-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00206100 WHEREAS, Manuel Rios Duenas, Jr has filed a petition

with this court for a decree changing the name(s) of Manuel Rios Duenas, Jr to Manuel Cepeda Duenas, Jr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 25, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento,

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: January 11, 2017 Raymond M. Cadei, Judge of the Superior Court Publish: January 20, 27, February 3, and 10, 2017

DUENAS 170105 02-10-17 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00206117 WHEREAS, Jennifer Ann Staple has filed a petition with this court for a decree changing the name(s)

of Jennifer Ann Staple to Rhonda Jean Collins. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 25, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 11, 2017

David I. Brown, Judge of the Superior Court Publish: January 20, 27, February 3, and 10, 2017 STAPLE 170105 02-10-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00206006

WHEREAS, Ciprian Jonny Ilies has filed a petition with this court for a decree changing the name(s) of Ciprian Jonny Ilies to Ciprian Jonny Elies.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 21, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 10, 2017

Raymond M. Cadei, Judge of the Superior Court Publish: January 20, 27, February 3, and 10, 2017 170105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2017-00205921 WHEREAS, Halyna Stadnytska has filed a petition with this court for a decree changing the name(s) of Halyna Stadnytska to Halyna Adamova.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 21, 2017, in Department 53. located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 06, 2017 David I. Brown, Judge of the Superior Court

Publish: January 20, 27, February 3, and 10, 2017

ADAMOVA 170105 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204084

WHEREAS, Parvinder Singh Kanwal has filed a petition with this court for a decree changing the name(s) of Parvinder Singh Kanwal to Parvinder Singh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 10, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 1, 2016 David I. Brown, Judge of the Superior Court

Publish: January 20, 27, February 3, and 10, 2017 170105 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2017-00206269 WHEREAS. Rvan Walsh Monahan Sunzeri has filed a petition with this court for a decree changing the name(s) of Ryan Walsh

Monahan Sunzeri to Ryan Walsh Sunzeri. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 28, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2017

David I. Brown, Judge of the Superior Court Publish: January 20, 27, February 3, and 10, 2017 170105 **SUNZERI**

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Carmichael Times

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Everything Old Is Getting Older Still

A friend of mine has a saying, "I'm going to get as old as I possibly can get." From what I can tell, he has. I must agree with his sentiment. Of course, the alternative is... well you know. Another friend of mine likes to tell me, "Brother, you're only as old as you feel." I am not sure how old feels or if wrinkles are involved. But, I am feeling quite fine, thank you.

Just the other day the Gracious Mistress of the Parsonage came in from her workshop, sat down on the couch and said, "Whew, I feel like a hundred.

At the time, I did not know if she was talking about dollars, pounds or years. Being the old fogey that I am, I know there are times when silence is golden and this was one of those golden moments. But, what does a hundred feel like? Is there some special sensation that pulsates through the body when a person reaches that age level? Or, is it the absence of anything pulsating through your body?

Just this morning I got up with a sore knee and could hardly walk to the bathroom. I complained about it to my wife, who has no compunction about expressing her opinions, said, "Well, you are older than when you went to bed last night."

I did not know I was aging so rapidly. If this keeps up, I will change from an old fogey into an old geezer before I know it. The difference between an old fogey and an old geezer is, an old fogey walks around in a fog while the old geezer cannot get up from his chair and wheezes a lot.

I was musing on the idea that getting old was a lot of trouble with a lot of pain involved. Then I remembered what a lot of trouble and pain it was

to be young. As a youngster, now that I'm getting older." I thought many times, "Oh, I can't wait to get old." I thought getting older was the panacea for all of my problems.

I remember thinking that when I got older nobody would boss me around. I would do whatever I wanted to do whenever I wanted to do it. I could not wait for that time to come. I dreamed of that mystical land. No parents to boss me around: no teachers to tell me what to do and when to do it; no siblings interfering with my plans for the day. What a life I would lead when I got older. I lived each day hoping to get older which, in my thinking, was the door into that area.

Just as I was entering that mysterious realm of being my own boss, I got married. Not only that, but several years into that marital bliss came the pitter-patter of little feet in the hallway. I did not figure that getting older would involve so many people in my life. Just going to the bathroom, for example, was a three-day wait. And, guess who is at the bottom of the list?

I guess you know you have gotten old when you give up the idyllic idea of being your own boss, doing whatever you want to do, whenever you want

Now that I think of it, it was a lot more painful and a lot more troublesome to be young than it is to be old. In fact, there are some marvelous advantages of getting older.

For example, when my wife sends me to the grocery store to get a few things I usually forget something. Now, that I am getting older, I can tell her that I do not remember things as I used to, after all, I'm getting older.

Also, when someone invites me to go out and play what they call senior softball, I can always say, "I would love to, but my knees are acting up

This process of getting older has drastically improved my social life. Every joke I hear is as if I am hearing it for the very first time. It is amazing.

My wife and I were at a social function not too long ago, and I was having a marvelous time. When we got home, my wife said to me, "You put on a good act tonight.'

"What you mean I put on a good act?"

"You laughed at every joke tonight as if it was the first time you ever heard it."

I did not have the heart to tell her that it was the first time I heard those jokes. That is what is so marvelous about getting old. You do not have to burden your brain, and all the little gray cells in it, with remembering things. My brain is now free to enjoy the moment. It is wonderful getting older.

When I was younger, it would embarrass me if I forgot something. Of course, I blame that on my parents and teachers who tried to pound into my little head that I needed to remember everything. Now that I am older, I do not have that burden.

It is good to remember some things. I remembered one of my favorite Bible passages. "Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths" (Proverbs 3:5-6 KJV).

I will never get too old to trust the Lord with all my

Dr. James L. Snyder is pastor of the Family of God Fellowship Ocala, FL where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail jamessnyder2@ att.net. His web site is www. jamessnyderministries.com.★

Unsung Heroines Soar in Uplifting 'Hidden Figures'



Set at NASA during America's space race with the Soviets, the Hollywoodized, yet effecting biopic follows three brilliant black female employees who, despite obstacles placed by mostly male and lily-white superiors at Langley Research Center, make significant contributions while shooting for the stars. Photo courtesy of 20th Century Fox

By David Dickstein

The movie's opening scene is a white cop harassing three black women on the side of a road with a broken-down car. Later, white colleagues of these ladies will refuse their using the same coffee pots, water fountains and toilets at work. Career advancement for these blacks and others working at NASA? Not with the policies set by their white superiors. The movie also throws in a couple of civil rights protests to stress the segregated and prejudiced South of the 1960s. And, yet, in the entire 2-hour-plus movie, not a single "N word" is heard or a drop of blood seen.

What is this, "Cool Runnings?" While both movies address how unfairly and disgustingly bigotry oppresses black people's dreams for greatness, a PG rating, mainstream marketing and sanitized storytelling do repress their potential to deliver indelible messages for civil rights, and in the case of "Hidden Figures," equal rights as well. Picture "Schindler's List" without Jews being killed or dialogue free of anti-Semitic slurs.

But like the aforementioned 1993 comedy about the Jamaican bobsled team hoping to make the Olympics, "Hidden Figures" still inspires. Big time.

Set at NASA during America's space race with the Soviets, the Hollywoodized, yet effecting biopic follows three brilliant black female employees who, despite obstacles placed by mostly male and lilywhite superiors at Langley Research Center, make significant contributions while shooting for the stars. Thanks to the movie and the book on which it's based, by Margot Lee Shetterly, these amazing women are unsung heroines no more.

Each lady gets her day in the sun, but at center is NASA mathematician Katherine Johnson (Taraji P. Henson). Without her, John Glenn wouldn't have been the first American in space, and man might not have landed on the moon as early as we did. Computer scientist Dorothy Vaughan (Octavia Spencer) does the work of a supervisor at Langley, but the glass ceiling is lowered for blacks, especially those who are also women. Engineer hopeful Mary Jackson

(Janelle Monae) also is hampered by a system that will require miracles and, like NASA's space program desperately trying to catch up with the Soviets, a series of firsts. The main actresses make the most of their roles, but only one, Henson, gets the stand-taking moment that both audiences and Oscar voters love.

The mostly white supporting cast includes Kevin Costner as a driven, compassionate NASA chief and Kirsten Dunst as Dorothy's snippy quasi-racist boss. Both are fine, which can't be said of a lackluster Jim Parsons as NASA's chief engineer. Haven't seen a key role performed so flatly since Wile E. Coyote got road-killed.

Flaws notwithstanding, and they really are just nits, "Hidden Figures" blends emotion, heart, drive and even humor to engaging effect. Its Disney-like approach, where hardly a discouraging word is heard or physical struggle shown, does allow for younger audiences. With STEM and equality so key to our country's future, maybe a movie like this being PG isn't so bad. 4 of 5 Stars

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380–September 18, 1969 Legal Advertising Hotline 916-483-2299 Legal Advertising

NOTICE OF PETITION TO ADMINISTER ESTATE OF THOMAS G. SMITH

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate. or both of Thomas G. Smith., (deceased): A Petition for Probate has been filed by Adam J. Radmand in the Superior Court of California, County of Sacramento, requesting that Adam J. Radmand, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: March 9, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in

Probate Code section 1250. A Request for

Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Heather S. Maver, SBN 272665 2377 Gold Meadow Way, Suite 100 Gold River, CA 95670

Publish: January 13, 20, and 27, 2017 170101 01-27-17

NOTICE OF PETITION TO ADMINISTER ESTATE OF ERNEST MIGHEL CASE No. 34-2016-00202384-PR-PL-FRC

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Ernest Miguel. Ernie Miguel.. (deceased): A Petition for Probate has been filed by The Children of Ernest Miguel- Marytherese Graves, Mark Miguel, Kelly Albrecht, Scott Miguel, and Anne Marie D'Elia in the Superior Court of California. County of Sacramento. requesting that Anne Marie D'Elia, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: March 8, 2017 9:00 a.m. in Dept 129 at Superior Court of California. County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California

statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: The Children of Ernest Miguel 2008 Santa Lucia Way Carmichael, CA 95608

916-487-7079

Publish: January 13, 20, and 27, 2017 MIGUEL 170101 01-27-17

NOTICE OF HEARING

NOTICE OF HEARING DECEDENT'S ESTATE OR TRUST ESTATE OF LAWRENCE M. JASTRAUB CASE NUMBER

34-2016-00193419 NOTICE is given that: ALAN CONLEY personal representative has filed a REPORT OF SALE AND PETITION FOR ORDER CONFIRMING SALE OF REAL PROPERTY. You may refer to the filed documents for more information. A HEARING on the matter will be held as follows: February 22, 2017 at 10:30A.M. in Department 129 at THE SUPERIOR COURT OF CALIFORNIA, COUNTY OF SACRAMENTO located at 3341 Power Inn Road

Sacramento, CA 95826 DATED: December 21, 2016 Published: January 6, 13, and 20, 2017 JASTRAUB 161212 1/20/17



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CLUES

1. Chewing noise 6. Unit of work or energy 9. Alternative to knit stitch

14. "We will, we will rock

photos 16. Crème de la

17. Pilot's estimate

18. Often-missed humor *Team that's never been

in Super Bowl 21. *Team with most appear

ances but no wins 23. Articulate

24. *Washington's Super

Bowl MVP, ____ Rypien 25. Protestant denom. 28. Uncontrollable anger

30. Lung pouch 35. a.k.a. The Islamic State

37 Tihetan monk

39. "Semper Fidelis" to U.S. Marines, e.g.

40. *Pittsburgh's Super Bowl

MVP, ____ Swann 41. Jerry Maguire, e.g.

"For" in Spanish 44 Reduce pressure

46. Those not in favor

47. Larger-than-life 48. Seabiscuit's house

50. Big top 52. "Fat chance!" 53. "The Sun

55. Horse poker 57. *Companies pay big for it

on Super Bowl night 61. *One of 4 teams with no

appearances

64. Sad face 65. Girls' night out, in text

67. Shipping box

70. Container for ashes

1. Chlorofluorocarbon

3. Last word on walkie-talkie

10. Second word in a fairytale?

15. Former Himalayan kingdom

22. Part of investment portfolio, acr.

25. *Suffered 4 consecutive Super

27. Santa Maria's companion

11. *"The ____ is the thing"
12. Big name in chips

4 Advisories or reminders

6. Windows to the soul?

first 6 Super Bowls

5. Antebellum

7. Decompose

8. Exotic jelly flavor

20. African antelope

24. Reminder of past

Bowl losses

29. *She's a Lady

wig or

72. Singles

DOWN

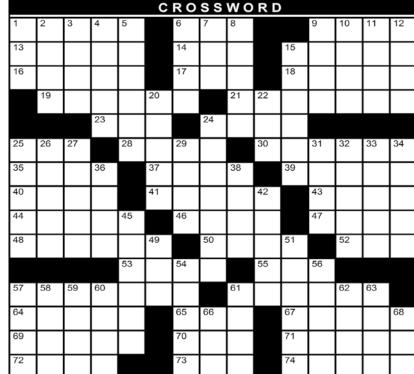
73. Bird-to-be

71. Remove location from

74. Boris Godunov and Nicholas

Adderley, appeared in 4 of

winkle



dish

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31. Tug-of-War prop

33. Courtyards

38. Casino chip

42. Hint of color

45. Lamentation

54. Smooth transition

58. European "curtain"

56. Mends a sock

59. Justice's garb

62. Wine country

61. Chinatown gang

63. Recipe command

68. Lt.'s subordinate

Stadium in Houston

57. '70s hairdo

60. Deuces

32. Locker room infection?

34. *Vince Lombardi, e.g.

36. Give the cold shoulder

49. Freddy Krueger's street

51. Popular political promise

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Crossword Puzzle Solutions on Page 6



Solutions on Page 6

3

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Sacramento FBI Teen Academy **Applications Available Online**

Class Offers Information, Experiences, and More to High School Juniors

SACRAMENTO, CA (MPG) - The Federal Bureau of Investigation (FBI) Sacramento field office is accepting applications for the Spring 2017 FBI Teen Academy. This unique opportunity is open to all high school juniors attending any school—public, private, and home school—in the 34-counties the field office serves. The application package is available for download now.

Students selected to participate will spend an entire day at FBI Sacramento field office headquarters in Roseville on Friday, April 7, 2017. Applying and attending the FBI Teen Academy program is free; however, families are responsible for travel to and from the class.

The FBI Teen Academy is a unique opportunity for any student-regardless of career interest—who is curious about the FBI, what the FBI investigates,

and how it serves the community. FBI Teen Academy participants engage in activities and discussions about what the FBI does and current topics relative to FBI investigations. Activities may include discussions about cyber safety, terrorism, active shooter situations, and color of law and civil rights investigations; participation in simulated evidence response team and bomb techs scenarios; and frank conversations about online communication and staying safe in an alwaysconnected world.

After completing the class, participants better understand the FBI's role in their communities, grasp the complexity of FBI investigations, can make lifestyle choices to be safer in their dayto-day lives, and what FBI career paths are available. FBI Teen Academy students often remain connected with the field office to

facilitate presentations, mentorship, and more.

Each spring and fall, the FBI Sacramento field office hosts the FBI Teen Academy for 20-36 students who spend a day in FBI facilities to learn about the agency, what it investigates, how it serves its community, how students can make wise lifestyle choices to be safer in their dayto-day lives, and what FBI career paths are available. The opportunity is available to any high school junior in the region the field office serves and can create a lasting connection between the students and the FBI. More than 250 students have attended the FBI Teen Academy in Sacramento to date.

To find the application see https://www.fbi.gov/contactus/field-offices/sacramento/ community-outreach-1

Source: FBI

Celebrate the New Year with Free Flowering Trees

SACRAMENTO REGION, CA (MPG) -Residents in your state can ring in the New Year with 10 free flowering trees by joining the Arbor Day Foundation any time during January 2017.

By becoming a part of the nonprofit Arbor Day Foundation, new members will receive two Sargent crabapples, three American redbuds, two Washington hawthorns, and three white flowering dogwoods.

"These beautiful trees will beautify your home with lovely flowers of pink, yellow and white colors," said Matt Harris, chief executive of the Arbor Day Foundation. "These trees are perfect for large and small spaces, and they will provide food and habitat for songbirds."

The free trees are part of the Foundation's Trees for America campaign.

The trees will be shipped postpaid at the right time for planting, between February 1 and May 31, with enclosed planting instructions. The 6- to 12-inch tall trees are guaranteed to grow or they will be replaced free of charge.

Members will also receive a

subscription to the Foundation's bimonthly publication, Arbor Day, and The Tree Book, which includes information about tree planting and care.

To become a member of the Foundation and to receive the free trees, send a \$10 contribution to TEN FREE FLOWERING TREES, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE

68410, by January 31, 2017. Residents can also join online at arborday.org/january.

Source: Arbor Foundation

Sacramento County **DA Reports**



Defendants Sentenced for Natomas Apartment Shooting Death Defendant Sentenced to Prison for Felony Auto Insurance Fraud National Slavery & Human Trafficking Prevention Month

DATE: January 6, 2017

CASE: Dezmon McClary & Charles Johnson (Case #15F06105)

PROSECUTOR: Deputy District Attorney Kevin Greene, Homicide Unit

The Honorable Marjorie Koller sentenced Dezmon McClary to 50 years to life in prison and Charles Johnson to 5 years, 8 months in prison. On December 8, 2016, a jury convicted McClary for the first-degree murder of Marcus Gonzalez. The jury also found true the allegation that McClary intentionally and personally discharged a firearm causing death. Charles Johnson was convicted of involuntary manslaughter while armed with a firearm, and felon in possession of a firearm.

McClary had been dating a resident of the Natomas Park Apartments. On October 8, 2015, McClary became aware that his ex-girlfriend was seeing a new boyfriend. The next day, McClary and Johnson went to the ex-girlfriend's apartment. McClary, who was armed with a shotgun, and Johnson, who was armed with a handgun, entered the apartment through an unlocked door. McClary located Marcus Gonzalez and believing him to the new boyfriend, shot him with the shotgun.

DATE: January 4, 2017

CASE: Juda Qadir (Case #16FE019925)

PROSECUTOR: Deputy District Attorney Kelly Mulcahy, Insurance Fraud Unit

Juda Qadir pled no contest to felony automobile insurance fraud. The Honorable Michael Bowman sentenced Qadir to 2 years state prison and ordered him to pay \$6,335 in restitution to Foremost Insurance (subsidiary of Farmers Insurance).

In 2011, Qadir purchased a Harley Davidson motorcycle and completely remodeled it, including having customized murals painted on it and constructing the seat out of alligator skins. In July 2015, Qadir obtained a suspicious appraisal of \$47,000 for his Harley. He then obtained full coverage insurance at Foremost, which obtained a reputable appraisal valuing the Harley at no more than \$32,000. In October 2015, Qadir reported the Harley stolen to the Galt Police Department. Qadir claimed he was riding the Harley and ran out of gas. Qadir stated he called a cousin who took him to get a can of gas, and when they returned the Harley was gone.

The next day, Qadir called Foremost and started a claim for the "theft" of the Harley. Foremost became

HR | Payroll | Benefits

suspicious and investigated the claim. Foremost denied the claim because Qadir lied during the Examination under Oath and failed to provide requested documents.

In 2016, authorities received information that parts from the allegedly stolen Harley were at Oadir's home. A search warrant was served at Qadir's residence, where officers located all of the customized painted parts as well as the alligator seat from the allegedly stolen Harley.

DATE: January 11, 2017 "No child or adult should live in fear of being

a victim of sexual or labor exploitation," states District Attorney Anne Marie Schubert. "I am proud of the work we are doing through the aggressive prosecution of exploiters, and collaborative programs that protect and prevent victims of human trafficking." District Attorney Anne Marie Schubert recognizes

January as National Slavery & Human Trafficking Prevention Month, and is committed to prosecuting those who force victims into the commercial sex trade while leading efforts to combat human sex and labor trafficking in the Sacramento region.

In June 2015, DA Schubert announced an unprecedented partnership of roughly 30 agencies and organizations in the anti-human trafficking and exploitation coalition called "Sacramento Together." Partners include the Sacramento County District Attorney's Office, local, state, and federal law enforcement agencies, the Public Defender's Office, the Probation Department, local and state public agencies, and community based organizations. One of the goals of Sacramento Together is to increase public awareness about human trafficking.

Cases like the Elk Grove Uber driver, who reported the sex trafficking of a minor by her exploiters, is an example of how public awareness aids in the intervention and prevention of human

The District Attorney's Office asks for the public's help to combat these crimes. A call to 911 or to the national hotline (1-888-373-7888) can make the difference.

Community awareness, education, and intervention efforts through the Sacramento Together coalition, specialized collaborative courts, and the Human Trafficking Task Force will remain a high priority for the District Attorney's Office.

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What If Sick People Lose Their ObamaCare?



Commentary by Jane M. Orient, M.D.

As Republicans contemplate repealing the Affordable Care Act (ACA or "ObamaCare") seriously, not just as a political gesture—alarms are sounding about millions of individuals losing coverage.

So soon we have forgotten about the millions who lost coverage they had had for years because ObamaCare outlawed it.

ObamaCare resulted in perhaps five times as many losers as winners—even counting just those who ended up with more expensive or less desirable coverage. If you count the taxpayers, the tally of losers is much higher. But with government largesse, the losers—the ones who have their earnings taken away—are "forgotten men."

Anyone who has governmentfunded benefits taken away, on the other hand, becomes a

The best poster children are cancer victims. They face a premature, particularly nasty death. Who would deny someone's mother or 4-year-old daughter the chance of a cure, even if the chemotherapy costs more than \$100,000?

ObamaCare would. Exchange plans have excluded the best cancer hospitals from their narrow networks. Medicaid would. It might call the treatment "experimental" or "not costeffective." Medicare would, possibly just because the patient is "too old" or "too young." Unless the particular victim can be featured in a PR campaign to "save ObamaCare," she might be "better off with the pain pill," as President Obama put it.

And let's not forget how the FDA has driven the costs of drug approval sky-high, suppresses therapies that have no prospect of turning billion-dollar profits, and protects manufacturers against competition when the drug is about to go off patent. The anti-leukemia drug Gleevec, for example, cost \$26,000 per year in 2001, a price called "high but fair," considering the cost of research and the need for profits. It is \$146,000 a year today, but the introduction of cheaper generics in the U.S. is being delayed.

Why can such prices be sustained? Because third parties sometimes pay them. One ObamaCare plan reportedly pays \$10,488 per month for Gleevec, from a pharmacy with which it apparently has an arrangement, although it might be available from Walgreen's for \$4,400, and from other pharmacies for still less. What would the hapless patient do if her Exchange plan went out of business (maybe because Republicans took away its subsidies or maybe because it just failed)? One option would be to go to India and buy a year's supply of a generic version of Gleevec for \$400. (The cost of manufacture is \$159.) In fact, the manufacturer might well give her the drug to buff up its image. But drug companies really love the third-party payment schemes, just like big hospitals do.

Do the designers of ACA which would be more aptly named the Unaffordable Care Act—really care about cancer patients? Such patients may be useful props for lobbying, but they don't help achieve the reformers' stated goal of maximizing "population health." Prolonging the lives of sick people reduces the average health score. Money spent on Gleevec is diverted from reducing disparities, achieving "quality" quotas, and paying for the information technology and administrators to "document" all that (and sell the

The current "healthcare delivery" system, including entitlement programs (e.g. Medicare and Medicaid), is about the redistribution of wealth and the control of medical care, which enables control of the population. The idea of comprehensive third-party payment for all medical care (all that is allowed) destroys medicine—the care of the sick—while placing unsustainable burdens on the economy.

The people who are terrified about losing their ObamaCare "coverage" are the very ones at greatest risk of losing their lives if ObamaCare is perpetuated.

Real reform would put patients back at the center and demote insurance companies to their proper function of reimbursing subscribers for the costs of unexpected catastrophes. Costs would plummet, and innovation would soar.

While the free market is building much better facilities, some patients will be caught in the transition. But we should be concerned about their actual care, not their coverage. They can be helped in many ways, without destroying arrangements that work for the 99 percent. Perhaps a dollar-for-dollar tax credit for those helping to pay for their treatment?

What if we said that those who like their government medicine can keep it? Just let the rest of

Jane M. Orient, M.D. obtained her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. Since 1988, she has been chairman of the Public Health Committee of the Pima County (Arizona) Medical





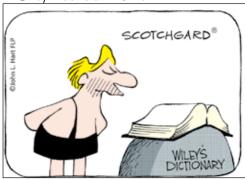






Hole Molé by Rick Hotten MASTER, WHICH IS MORE IMPORTANT: TO PASSIONATELY LEVER GIVE ME A STRAIGHT ANSWER? EXPRESS ONESELF, OR TO DIETLY LISTEN

BC by Mastroianni & Hart





Cranky Girl by Crystal Jones



Frank and Steinway by Wil Panganiban





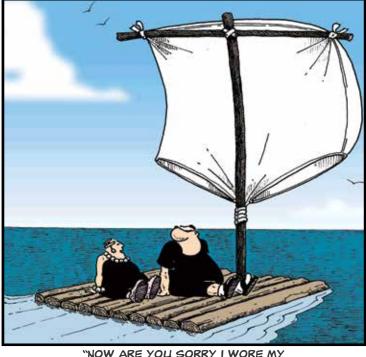


THANK GOD NOBODY ELSE SAW THAT! THIS'LL BE A SWEEEET POST

Tundra by Chad Carpenter



Funday Morning by Brad Diller

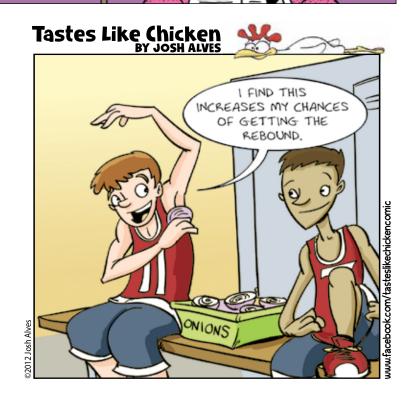


"NOW ARE YOU SORRY I WORE MY GRANNY PANTIES ON OUR LITTLE GETAWAY CRUISE?"

Speckticles by Bill Abbott



"I figured you should have breakfast in bed on your birthday. Can you reach the stove okay?"





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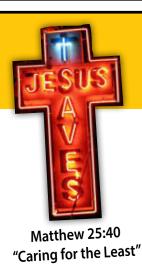
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Part II: Cruising the Mediterranean's Top Ports

By David Dickstein

Warm climate. Cultures dating back thousands of years. **Exotic destinations known for** their food and wine. Luxurious floating resorts that take you

What's not to like about Mediterranean cruising?

Romantic Rome, alluring Athens and navigable Naples were featured in part one (http://bit.ly/2iX6DVn) of our Top 10 list of favorite Mediterranean ports. Now let's go on a journalistic jaunt to the fourth- through sixth-ranked exceptional destinations that delighted during back-toback 10-day Mediterranean cruises aboard the resplendent Celebrity Reflection and barraising Carnival Vista.

#4: Barcelona

Spain's second-largest metropolis is the whole package, offering everything you want from a cruise port without need of a shore excursion or private guide. The city of Gaudi, Picasso and Miro doesn't take an expert to find spectacular sights, superb shopping, a breathtaking beach and fabulous food and drink. People watching also is bar none; Barcelona is blessed with model citizens - meaning so many of its people look like models!



The "money shot" of any visit Santorini has Oia's noted white and blue domed houses in the background. Photo by David Dickstein

the inimitable Roman Catholic church for decades – the project was less than a quarter complete when Gaudi died in 1926 at the age of 73. But an international labor of love vows to complete

underpriced. The reason is you're being lied to when they say "on your own," and that's great! A local escort narrates the 1 1/2hour coach ride to Florence, then provides directions, maps, the city's most iconic symbol in tips and other guidance before

easiest of three options to reach the plateau is a 5-Euro cable car ride with likely long lines (especially coming down). Masochists might prefer a bumpy donkey 5-Euro ride (plus tip) that several people told me is a minor hell or a zig-zagging 488-step footpath that's free, but also complementary are the aromatic and messy souvenirs left by the aforementioned beasts. Every cruiser who hoofed it by their own power or a donkey's told me later that they were too tired and sweaty to enjoy the first glimpse of the destination's famous whitewashed houses and blue domes sparkling under the sunlight. Take the cable car.

Your payoff is a place where a bad selfie background doesn't exist. Good luck not being

photobombed, though; so much beauty attracts so many people. The chalk-white buildings, crawling bougainvillea and dramatic coastline, coupled with interesting museums, churches and boutiques, lure nearly 800,000 cruisers a year, and the locals aren't too happy about that. A newly imposed cap on ship-arriving visitors has put a small dent on the number of itineraries that include Santorini, particularly during the high season of July through mid-September. But that's a small inconvenience compared to the benefits to visitors and residents alike.

The spectacular ports of Marseilles, Kusadasi, Rhodes and Mykonos and will help us round out the Top 10 next time.

If You Go

Carnival Cruises, www.carnival. com, 800-764-7419;

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The climb up to Fira can be arduous for one's patience, legs and nose, but a worthy must when visiting Santorini. Photo by David Di



Antoni Gaudi's magnum opus, the Sagrada Familia, is Barcelona's most iconic landmark. Photo by David Dickstein

For cruisers, exploring is really as simple as going into town by cab, telling the driver to plop you pretty much anywhere, then walking in any direction. Chances are you'll fall in love with this luxurious and electrifying port - and its beautiful people – whether you stroll La Rambla, the three-lined pedestrian thoroughfare popular with tourists and locals alike, or the cobblestone-paved old town known as Barri Gotic (Gothic Quarter), where Pablo Picasso and Joan Miro once dwelled. No visit is complete without paying homage to Antoni Gaudi's distinctive style of Catalan Modernism. His work graces the city's architecturally rich landscape, including at his magnum opus, the Sagrada Familia. Giant cranes have been a mainstay of

2026, the centenary of Gaudi's death. There will be plenty of toasts with glasses of cava then, but why wait as just a few steps from wherever you are is likely a fantastic tapas bar or café pouring the local sparkling wine that pairs perfectly with the array of small plates ready to be devoured.

#5: Florence

The port of Livorno on the Etruscan Coast of Tuscany serves as the gateway to Florence and Pisa for more than 15 major cruise lines. Shore excursion desks keep busy fulfilling passengers' wishes to discover the area's famous religious sites.

Most large ships offer a "Florence & Pisa on Your Own" tour, and at \$90 for an adult ticket, \$80 for children, Carnival's excursion might actually be

saying "ciao for now" in Santa Croce Square. The roughly three hours of independent exploring are well spent checking out the Duomo with its cathedral, bell tower and Baptistry, the cherished Ponte Vecchio bridge over the Arno River, the countless leather shops, and the best pasta and gelato within walking distance according to Yelp or Trip Advisor. You're really on your own if you want to see Michelangelo's "David" statue at Accademia Gallery, but replicas of the marble masterpiece can be found elsewhere in the old city. From Florence it's a 1 1/2-hour drive to Pisa for a visit to Miracle Square and its famously leaning 645-year-old tower. Don't be shy about taking a photo of you trying to right the foundation-challenged bell tower. You're a tourist!

#6: Santorini

Whoever said "getting there is half the fun" never went to the Taj Mahal or Greece's most picturesque, dramatic and tourism-dependent island. India isn't on the Mediterranean, so we'll leave the ghastly drive from New Delhi to Agra for another story. As for Santorini, there's no getting around a tender ride and a 400-meter climb up the cliffs of a caldera to reach Fira, a pretty town in itself, but not as picturesque as Oia a half-hour cab or bus ride northwest. Almost every shore excursion begins in Fira. Your



Tapas are a quick, easy and usually economical way to get your fill in Barcelona. Photo by David Dickstein





The Leaning Tower of Pisa is the main attraction in the city's architecturally rich Piazza del Duomo. Photo by David Dickstein



A Film & TV Review by Tim Riley

LIVE BY NIGHT (Rated R)

Films released in January are all too often the unfortunate equivalent of a box of melted chocolates and wilted flowers delivered a week after Valentine's Day.

Where does that leave writerdirector-star Ben Affleck, boasting the trifecta of cinematic endeavors, when his film "Live By Night" had a limited release in December only to be followed by a big splash in the dead zone of January?

The answer may depend on your appetite for a muscular crime drama set primarily in the Prohibition era of the 1920s when Ben Affleck's Joe Coughlin, the son of a Boston police captain (Brendan Gleeson), takes the wrong path.

Engaged in criminal acts while carrying on a risky affair with Emma (Sienna Miller), a mobster's girlfriend, Coughlin runs afoul of warring Irish mobsters and Italian mafia.

Since Emma's linked to Irish mob boss Albert White (Robert Glenister), Coughlin cuts a deal with Italian kingpin Maso Pescatore (Remo Girone) to set up shop in Florida to muscle in on White's rum-running operation.

Relocating to Ybor City in the Sunshine State with his loyal pal Dion Bartolo (Chris Messina), Coughlin makes a pact with the local Cuban gang for supplies of rum, and then falls for pretty, slinky black Cuban immigrant Graciela Suarez (Zoe Zaldana).

Riley Reviews

PERIOD GANGSTERS "LIVE BY NIGHT" CAPER; "SNEAKY PETE" ON TV

Coughlin's interracial romance draws the ire of a KKK goon who happens to be the brother-in-law of the local sheriff (Chris Cooper), an uptight lawman who nonetheless seems to look the other way on the illicit trafficking of alcohol.

With the return of legal alcohol, Coughlin cooks up a new plan for a casino in a palatial hotel resort setting, but snags occur with plans to enlist public support for a plebiscite to approve gambling.

Meanwhile, back in Boston, mob chieftain Pescatore grows weary of Coughlin's scheme to promote the dicey proposition of gambling rather than focusing on more lucrative criminal enterprises.

The payoff for "Live By Night" is a climactic brutal shootout between Coughlin's crew and the Italians sent down from Boston that fans of oldschool gangster films are likely

TV CORNER - "SNEAKY PETE" ON AMAZON

Old habits die hard, but I am still clinging to the rapidly outmoded model of watching television shows on cable as well as, gasp, networks. Yet, viewing habits of many are adjusting to the relatively new world of streaming programs that fit your schedule.

Amazon, which sells everything from auto parts to patio furniture, is in the business of streaming their own original television programs. "Sneaky Pete" is just their newest thing to alight on the Internet or mobile device of your choosing.

With a production pedigree

that could easily land the series on practically any network or premium cable outlet, "Sneaky Pete," created by multi-talented Bryan Cranston among others, is a solid crime drama starring Giovanni Ribisi as the titular character.

As explored in flashbacks, Ribisi's Marius is a petty con artist who's often out of his league as he attempts dangerous confidence games with the kind of people that would kill their own mothers to get ahead.

About to be released from prison, Marius learns from his inept brother Eddie (Michael Drayer) that a mobster named Vince (Bryan Cranston) holds Marius responsible for a \$100,000 debt that must be repaid, otherwise Eddie could start losing some fingers to a bolt-cutter.

Marius swipes the identity of a cellmate named Pete, a talkative sort who recounts an idyllic life in rural Connecticut with his grandparents. Sliding into the life of his fellow prisoner, the fake Pete heads to the country for a new life away from the pitfalls of New York

Currying favor with the grandparents Otto (Peter Gerety) and Audrey (Margo Martindale), the fake Pete figures that his absence for 20 years makes it possible to adapt to new surroundings with what he learned from the real

It turns out that the family business is in bail bonds, the sort of dubious enterprise where clients on the run might actually be well-connected mobsters or dangerous petty criminals that could easily put the fake Pete into a compromising position.

"Sneaky Pete" involves a delicate balancing act for the fake Pete to juggle the demands of his new family and to keep in contact with his parole officer back in the big city while also trying to stay a few steps ahead of the unforgiving Vince and his deadly goons.

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Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

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