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Serving Carmichael and Sacramento County since 1981

December 16, 2016

CARMICHAEL **SENIORS WELCOME "SANTA PAWS"**



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CARMICHAEL COMMUNITY **UPDATE**







A Gift Giving Record

Carmichael Area Breaks Record with 21,500 Gifts for Children in Need



Although local Carmichael collections have finished for the season, there is still time to pack a gift-filled shoebox online for children suffering from poverty, natural disaster, war, terror, disease and famine. For more information on how to participate in Operation Christmas Child visit samaritanspurse. org/occ.

CARMICHAEL, CA (MPG) - Carmichael and surrounding cities volunteers have collected enough gift-filled shoeboxes to reach more than 21,500 children in need through the Samaritan's Purse project, Operation Christmas Child.

This record breaking collection surpassed last year's Carmichael-area donations of have finished for the season, there is still time to pack a gift-filled shoebox online for children suffering from poverty, natural disaster, war, terror, disease and famine. Like online shopping, visitors can browse samaritanspurse.org/occ to select gifts matched to a child's specific age and gender, then finish by uploading a photo and writing a note of

hygiene items and notes of encouragementare delivered to children in some of the hardest-to-reach countries around the world.

For more information on how to participate in Operation Christmas Child visit samaritanspurse.org/occ.

Operation Christmas Child is a project of Samaritan's Purse, an international Christian

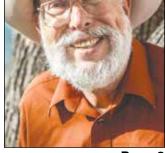
Sen. Gaines Introduces Bill to Help Vets in Repayment **Fed Fiasco**

SACRAMENTO, CA (MPG) - Senator Ted Gaines (R-El Dorado) introduced legislation on December 5th that will help California National Guard veterans caught in the bonus repayment fiasco get financial justice from the federal government.

"I'm not going to sit back and see these veterans victimized," said Senator Gaines. "The state needs to step up and make sure they get every benefit they ever earned and the respect they deserve for fighting for our freedom."



Senator Ted Gaines (R-El Dorado)



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16,976 gifts. The Operation Christmas Child Sacramento Area Team is now thanking the Carmichael community for their gift donations already on their way to children in need worldwide. For many of these children, the shoebox gift delivered through this local Carmichael project will be the first gift they will have ever received.

Although local Carmichael collections

encouragement to be included in the shoebox they build online. They can also follow their box to discover where in the world it will be delivered.

Participants can give a \$25 gift card to a family member or friend so they can join in the excitement of Operation Christmas Child by packing a shoebox gift online. These shoeboxes-filled with school supplies, toys,

relief and evangelism organization. The mission of Operation Christmas Child is to demonstrate God's love in a tangible way to children in need around the world. Since 1993, Operation Christmas Child has collected and delivered more than 135 million gift-filled shoeboxes to children in more than 150 countries and territories.

Thank you Carmichael!

Senate Bill 14 will refund taxes paid by these veterans during the confusion of the veterans' bonus repayment scandal. The Los Angeles Times recently reported that more than 10,000 Guard members have been ordered to repay enlistment bonuses they received as a condition for enlisting or reenlisting in the Guard during the height of the wars in Iraq and Afghanistan, when the nation was desperate for combat soldiers to carry out its missions.

*

These soldiers deployed in combat roles and risked their lives in service to freedom and their fellow Americans. Now, due to incompetence and mismanagement in the enlistment bonus program, the Department of Defense (DoD) is demanding repayment from these soldiers a decade after the fact.

Although the DoD has temporarily put a halt to recovery efforts while the issue is being more fully investigated, some service members have already paid back some or all of their bonuses. Many paid taxes on the bonuses years ago and now, because of a three-year time limit on refiling state taxes, they are unable to get back the taxes they paid on the money they ultimately did not receive.

"I'll smash every bit of bureaucracy that stands in the way of justice. I want these soldiers to get the money they deserve, and I won't see them pay taxes on phantom income that is being taken away from them through no fault of their own," said Senator Gaines.

Senator Ted Gaines represents the 1st Senate District. Source: Office of Ted Gaines \star



PRESORTED STD. US POSTAGE **PAID** PERMIT 350 Carmichael, CA Change Service Reque

Aegis Living Breaks into Best Places to Work List

Passion and Purpose Shatter Conventional Wisdom

CARMICHAEL, CA (MPG) -Glassdoor recently announced its Top 50 Best Places to Work in 2017 from a list of more than 600,000 companies, and Aegis Living is this year's big surprise. Aegis Living is a leader in senior living in Washington, California, and Nevada with more than 2,200 employees. What makes the award surprising is that Aegis Living breaks almost every rule on what it takes to be a "Best Place to Work": it's senior living in a youth-obsessed culture; it's high touch in a high tech world; it's a mission-based career in a selfie society.

"In our society, the cultural goliath is a high tech business. We're a high touch business, nurturing more than 2,000 seniors. We're amazingly honored to be named as a Best Place to Work. Our employees deserve this award. They love our residents and value their wisdom. They make our high touch culture an oasis in a high tech world," said Aegis Living Founder and CEO Dwayne Clark. "We're honored they chose a career with us."

Employees posting on Glassdoor most frequently wrote



The staff at Aegis of Carmichael gather to celebrate their recognition as a "Best Place to Work" Staff photo

about their passion for the mission and the seniors they serve. Here are some of their posts; "I find joy in working with my residents. I like to make them laugh, sing, and dance." Another post was "I work for an awesome and amazing company. I have the support I need to be successful." And "Teams in the communities love their jobs and think of them more as missions rather than

jobs."

Aegis Living's rank in the Top 50 marks the first time that a senior living company has been named on the list. The Best Places to Work are determined using mostly anonymous company reviews shared by U.S. based employees between November 2, 2015 and October 30, 2016.

The complete list of the company.

Glassdoor Best Places to Work in 2017: http://www.glassdoor. com/Best-Places-to-Work-LST KQ0,19.htm.

Aegis Living is a national leader in assisted living and memory care operating 29 communities across the west coast. It was founded in 1997 and is headquartered in Redmond, Washington. It is a privately held

www.CarmichaelTimes.com

Cheraz Salon Holds "Warming" Event



From the Staff at Cheraz

CARMICHAEL, CA (MPG) - Dear Carmichael and greater Sacramento neighbors, family and friends, you are cordially invited to the Salon Warming get together of the Season at Cheraz Salon and Spa located at 7330 Fair Oaks Blvd. in Carmichael.

You are invited to come mix and mingle with the new owners, stylist, manicurist, massage therapists and your many neighbors and friends who have called 7330 Fair Oaks Blvd. (Cheraz Salon & Spa) their go to Hair Salon and Spa for many years.

The night's festivities include; drinks, food, raffle prizes and a chance to win a complete

Cheraz Salon & Spa treatment. We are delighted to meet each and every one of you and the opportunity to show you that Cheraz Salon and Spa provides the same exceptional quality service that you have become accustomed to over the years. We look forward to seeing you December 16, 2016 from 6:30 PM-9:00 PM



New Year Brings

Carmichael Honorary Mayor-elect Katie Pexa (right) enjoyed a brainstorming meeting with 2016 Mayor Julie Woodworker Hubbs at the Milagro Centre.

Story and photo by Susan Maxwell Skinner

CARMICHAEL. CA (MPG) - Like the nation, Carmichael ends 2016 with one leader going out and another coming into office.

Carmichael Chamber of Commerce's honorary mayoral role change is now complete. Katie Pexa, a Farmers Insurance agency owner, will take the title for 2017. Professional life coach Julie Woodworker Hubbs completes a high-profile year in mayoral chains. The business owners' transfer of power means

sharing ideas.

Pexa's vision for 2017

includes bringing more businesses to Carmichael, while protecting its parks and community. "Together we can achieve more," is her mayoral maxim.

Woodworker Hubbs' adopted a year-long policy of Chamber outreach. In Carmichael sash, she graced every civic invitation. "I said yes to everyone who wanted me," she reports. "It's been a busy and fun year. I've learned so much about the community from the many events I've attended." Highlights

included fundraising with the Girl Scouts; holding the torch at a Park District Olympic celebration; riding in the Elks' July 4th parade; remembering veterans at the Wall of Honor Memorial and slicing many ribbons for the Chamber. Among her goofiest of gigs was helping judge a doggie dance contest on Founders Day.

Out-going Woodworker Hubbs' has words of wisdom for in-coming Pexa: "Make the role your own, Katie," she advises. "Most of all, get out there and have fun."

Carmichael Seniors Welcome "Santa Paws"

By Shelly Lembke

CARMICHAEL, CA (MPG) - The Aegis of Carmichael assisted living facility hosted the Second Annual "Santa Paws" holiday event on December 7th. The charity event raised funds and provided a cheery celebration for Aegis residents.

The "Santa Paws" gathering originated in part to help collect donations for the Sacramento Society for the Prevention of Cruelty to Animals (SSPCA). Human and animal ambassadors from the SSPCA greeted and visited with seniors and shared information about the organization and opportunities for helping by adopting, donating and volunteering. "All proceeds [are] benefitting the Sacramento SPCA," according to Aegis Marketing Director Steffany Jamison. "We plan to make 'Santa Paws' an annual event, to not only assist the Sacramento SPCA but also to welcome the community of Aegis of Carmichael for some holiday cheer." Aegis raffled off a selection of gift baskets for dogs, cats and even humans with pets. Live music was provided by recording artist and pianist Jim Martinez, who along with





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Shari Lowen, shown here with one of the dogs currently available for adoption at the SPCA attended our event and provided information, regarding pet adoption, volunteering and free pet services available to seniors, sixty five years & older. Photo courtesy Aegis

perennial favorites, performed music from his album "The Jazz Music From a Charlie Brown Christmas.'

Carmichael's own Sugar Mama's Bakery specially created Christmas cookies for the soiree along with appetizers. Organizers also quenched thirst with wine, hot chocolate and hot apple cider.

Layla Seiler, General Manager for Aegis Living was on hand, as well as Carmichael Chamber of Commerce member Linda Melody. The event also promoted special opportunities for local mature residents in the form of "free pet services available to seniors 65 and older," said Director Jamison.

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By County Supervisor Susan Peters

Through the generosity of the Carmichael Times, this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

Holiday Gifts **Helping Good Causes**

Need some ideas for holiday gifts? Here are a few suggestions that may help and assist a good cause at the same time. The Sacramento Sheriff

K-9 Association has an online store featuring a number of specialty items. Proceeds benefit this non-profit organization that supports our four-legged canine deputies. For more information, please visit ssdk9. com.

CARMICHAEL COMMUNITY UPDATE

American River Parkway by purchasing a yearlong unlimited Parks Passport. This convenient annual parking/day use pass is a great gift for joggers, bicyclists as well as outdoor recreationists who frequent the Parkway. Parks Passes are sold at The American River Parkway Foundation Office in the William B. Pond Recreation

Area or online via arpf.org. And check out the Discovery Shop at the Effie Yeaw Nature Center offering a variety of gifts perfect for nature lovers. Among the items are field and study guides focusing on local nature and history that cannot be found anywhere else. For more information, visit sacnaturecenter.net.

Holiday Travel Tips

Traveling via the airlines or picking up family and friends arriving at Sacramento International Airport for the holidays?

Remember you can avoid circling around the terminals to pick up passengers by using the Free Waiting

Show your support for the Area – also known as the Cell Phone Lot. Located near the Interstate 5 entrance/exit, this lot has convenient access to both terminals. And once your intended arrival is ready all they have to do is call you on your cell phone and you can proceed to pick them up at curb side.

> And if you want to check on your departing flight status or get current information about flights arriving at Sacramento International, that information is available online at sacramento.aero.

County Office Closure

Most Sacramento County offices will be closed Monday, December 26, the day after Christmas.

Garbage service, as well as all emergency services will continue that day.

All offices will return to their normal business hours on Tuesday, December 27.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susanpeters@saccounty.net.

Women's Empowerment Receives \$30K in Grants Kaiser, Bank of America, Arata Brothers Trust Show Support

SACRAMENTO, CA (MPG) -Three foundations each recently awarded \$10,000 to Sacramento nonprofit Women's Empowerment that educates and empowers women who are homeless to find a safe home, steady job and healthy lifestyle. The grant from Kaiser Permanente funds the nonprofit's support groups for women who have faced domestic violence and substance abuse. Bank of America granted funds for Women's Empowerment's job training programs, and Arata Brothers Trust provided funding for the

group's overall program.

'We rely on the community to fund our comprehensive approach to ending homelessness for women and children, and we are fortunate to live in a community that does just that," said Lisa Culp, executive director, Women's Empowerment. "We are grateful to Kaiser, Bank of America and Arata Brothers Trust for providing steadfast funding that helps women overcome the many barriers to homelessness and transform their lives."

Last year, 93 percent of graduates found homes and 83

percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded through private donations from the community and receives no government funding except for in-kind rent from the County of Sacramento.

To make a donation: www. womens-empowerment.org. Source: Kristin Thébaud

Communications



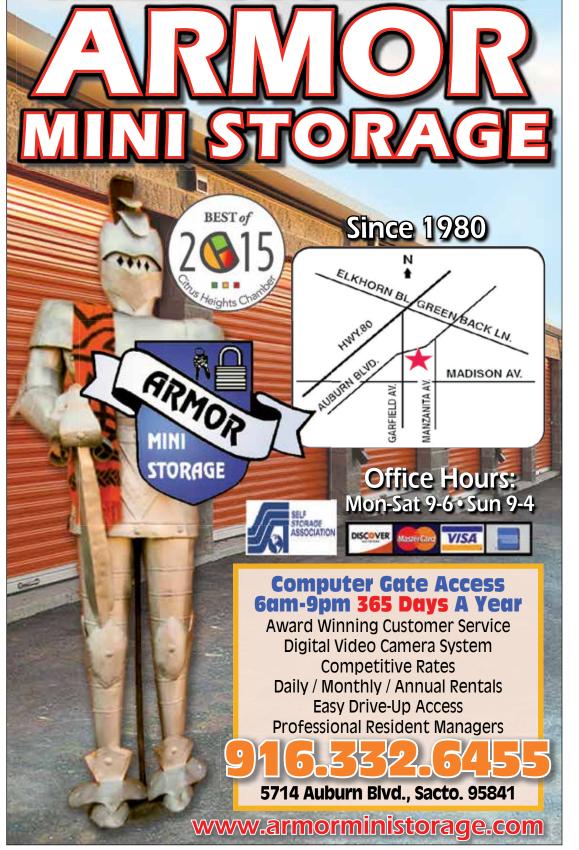
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CRAIG DIEZ TEAM









State Seeks To Make Water Conservation A Way of Life

From Department of Water Resources

SACRAMENTO, CA (MPG) - Working to make water conservation a way of life, State agencies recently released a draft plan for achieving long-term efficient water use and meeting drought preparedness goals that reflect California's diverse climate, landscape, and demographic conditions.

"Californians rose to the challenge during this historic drought and recognized that conservation is critical in the face of an uncertain future. This plan is about harnessing the creativity and innovation that Californians have shown during the driest years in state history and making water conservation a way of life in the years ahead," said California Department of Water Resources Director Mark W. Cowin. "This plan will help make permanent changes to water use so California is better prepared for whatever the future brings."

The new plan's fundamental premise is that efficient water use helps all of California better prepare for longer and more severe droughts caused by climate change.

California recently suffered the driest four years in state history, with only average rainfall last year, and 75 percent of the state remains in severe drought conditions. Meanwhile, a new report from UCLA projects that the Sierra Nevada snowpack - one of California's largest sources of water supply — is likely to drop 50 percent by the end of the century due to climate change. Recognizing these risks and many others, today's plan seeks permanent changes to water use that boost efficiency and prepare for more limited water supplies. These practices will help achieve a top priority in the Governor's Water Action Plan - to "Make Conservation a California Way of Life."

Today's plan builds on the success of mandatory water restrictions during California's severe drought and develops long-term water conservation measures that will ensure all communities have sufficient water supplies. This will involve activities such as ensuring farmers plan and prepare for severe drought and permanently banning wasteful practices like hosing off sidewalks and driveways.

and expanded State authority, while others can be implemented under existing authorities. All recommendations aim to achieve the main objectives of the Governor's Executive Order B-37-16: use water more wisely, eliminate water waste, strengthen local drought resilience, and improve agricultural water use efficiency and drought planning.

In addition to taking action to implement this long-term water conservation plan, State agencies recognize the reality that most of California potentially faces a sixth year of historic drought. Therefore, in January the State Water Board will also consider whether it must extend its existing emergency water conservation regulations, as required by Governor Brown's recent executive order.



This plan will help make permanent changes to water use so California is better prepared for whatever the future brings.

The State Water Board has already taken action to maintain mandatory reductions in communities that

could not verify they have enough water supplies to withstand three more years of severe drought.

Making Water Conservation a California Way of Life, Implementing Executive Order B-37-16," is the result of extensive community and stakeholder engagement across California. The plan was prepared by the Department of Water Resources. the State Water Resources Control Board, the Public Utilities Commission, Department of Food and Agriculture and the Energy Commission. For more information on the development of the draft plan, visit http://www.water.ca.gov/ wateruseefficiency/conservation/.

Comments should be submitted to wue@water.ca.gov no later than December 19, 2016.



We will be back for very special

friends and family.

Long Strips, Short Strips, All Plays, and some paper games.

We will host a toast at Noon with lots of fun giveaways. Bring friends and family and ring in the New Year with Oakmont!!!!!!!!

"The last few years provided the wake-up call of all wake-up calls that water is precious and not to be taken for granted," said Felicia Marcus, Chair of the State Water Resources Control Board. "Californians rose to the occasion collectively during the drought. We can build on that success and now prepare for a more unpredictable and disruptive future marked by a changing climate - and do it equitably and cost effectively."

Today's plan represents a shift from statewide mandates to a set of conservation standards applied based on local circumstances, including population, temperature, leaks, and types of commercial and industrial use. For example, communities in hotter and drier climate zones will receive irrigation allowances that reflect evaporation levels.

Key water conservation efforts included in today's plan include:

- · Permanent bans on wasteful practices, such as hosing driveways and excessively watering lawns.
- · Technical assistance and financial incentives for water suppliers to implement leak prevention, detection, and repair programs.
- Collecting information about innovative water conservation and water loss detection and control technologies.
- · Requiring agricultural water suppliers to quantify water use in their service areas and describe measures to increase water use efficiency.
- Full compliance with water use targets for urban water suppliers by 2025.
- · Planning and preparing for continued and future drought and water shortages.

Some of the actions described in the draft plan will require working with the Legislature on new SESSION ON 12/31! Don't miss out!

Doors will open at 8am with games beginning shortly after 10am.

No points or coupons will be accepted at this session.

We can't wait to see you !!!!!

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Sunday, December 18, 4 P.M. Benefit for St. John's Program for Real Change.

CHRISTMAS EVE SERVICES

5 P.M. Family Service Family worship with carols, candles and a special message and gift for the children. **10 P.M. Candlelight Service** Traditional Candlelight service with special choir and bell music with lessons and carols of the night.

CHRISTMAS DAY WORSHIP

Sunday, December 25 at 10 A.M. An informal service of carols, sharing in the celebration of Jesus' birth. Come as you are and enjoy worship with your family and friends.

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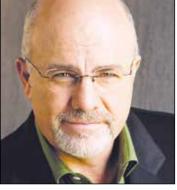


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Do both for **Christmas**

Dear Dave,

We have three preschool grandchildren, and they get tons of stuff for Christmas every year. We're in really good shape financially and would like to do something for their future this year instead of giving a toy that might get thrown in the corner. Do you have any suggestions?

- Valerie

Dear Valerie,

I'd do both. You don't want to be those grandparents who only hand envelopes at Christmas to 4-year-olds. No, they need things to play with. They're kids and they should be allowed to act like kids and be happy at Christmas. The good news is you can do both without spending an arm and a leg.

In addition to a few special toys, perhaps you could work with their parents to launch **Educational Savings Accounts** (ESAs) for them. This would get their college funds started, and it's what we do. We use mutual funds in their ESAs, where each



\$2,000 contributed in their name per year.

The beauty of the ESA with the mutual fund inside is that it's growing completely tax-free. You have to name a custodian of the account until the child turns 18, and that could be you guys or their parents. Just make sure that together you don't over fund the ESAs and cause yourselves tax problems.

Merry Christmas, Valerie! -Dave

Snakes bite! Dear Dave,

My wife and I are building a home, and we found a great entertainment center we both love. It costs \$6,000, and the dealer said he would give us 10 percent off if we take out a store credit card. We have the cash to buy the piece, but we were wondering if it would be a good idea to get the card and use it for the entertainment center and Christmas gifts, then pay it off immediately. - Tyler

Dear Tyler, I hate to burst your bubble, but I'm pretty skeptical about this idea. I know it sounds good on the surface, but the problem is the vast majority of people don't have the discipline

child is allowed to have up to to follow through on a plan like this. Another issue is a lot of places like this hit you with a fee when you pay off the card, the thing runs over, then you get another fee, and so on.

I'd just call the manager out of his office and let him know that unless he discounts the entertainment center \$600 I'm going to his competitor. No, there's no way I'd take out a stupid credit card at this place whether I had the cash on hand or not.

Tyler, you need to learn right now it's a bad idea to play with snakes. Stop screwing around with debt products, okay? Everyone thinks they're the exception to the rule or they're somehow winning or getting rich by doing stuff like this, but it doesn't work. They're trying to hook you, man!

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.





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Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09112 David James George Crump, 8662 Falmouth Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Crump's Top Notch Communications" at 3900 Franklin Boulevard Suite A Sacramento, CA 95820. Filed with the Clerk of Sacramento County November 17, 2016 Publish: November 25, December 2, 9, and 16, 2016 CRUMPS 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09034 Evdochia Pamujac, 2801 Wah Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "EP Auto Sales" at 8842 Elder Creek #B Sacramento, CA 95828, Filed with the Clerk of Sacramento County November 16. 2016. Publish: November 25, December 2, 9, and 16, 2016 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT Only Up Inc. 4908 Dingman FBNF2016-09043 Circle Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Busy B's" at 4908

Dingman Circle Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 16, 2016. Publish: November 25, December 2, 9, and 16, 2016 161105 BUSY 12-16-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09055 Watson Athletics, 424 South Lexington Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Watson Athletics" at 424 South Lexington Drive Sacramento, CA 95630, Filed with the Clerk of Sacramento County November 16, 2016. Publish: November 25, December 2, 9, and 16, 2016 WATSON 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08999 June Hisako Goshi and Sam Sweitzer, 10754 Oakton Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Hisako Creations" at 10754 Oakton Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 16, 2016. Publish: November 25, December 2, 9, and 16, 2016 HISAKO 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09108 Sarah Desimone, 6133 Palmaya Lane Orangevale, CA 95662, Kelsey Blanc, 6133 Palmava Lane Orangevale, CA 95662, Sarah Johnson, 891 Holley Court Folsom, CA 95630, and

Jami Yarnold, 217 Needles Court Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Good Life Nutrition" at 12417 Fair Oaks Boulevard Suite 300 Fair Oaks, CA 95628, Filed with the Clerk of Sacramento County November 17, 2016. Publish: November 25, December 2, 9, and 16, 2016 GOOD 161105 12-16-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08957 Fall Prevention Lady, LLC, POB 661171 Sacramento, CA 95866 is doing business under the Fictitious Business Name(s) "Fall Prevention Lady, LLC" at 9470 Fair Oaks Boulevard #516 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 15, 2016. Publish: November 25, December 2, 9, and 16, 2016 FALL 161105 12-16-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08927 Travis Lohse', 4880 Papaya Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Dynomite Vision Innovations" at 4880 Papava Drive Fair Oaks. CA 95628. Filed with the Clerk of Sacramento County November 14, 2016. Publish: November 25, December 2, 9, and 16, 2016 DYNOMITE 161105 12-16-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08926 Barry Goleman, 1057 47th Street Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "BGoleman Associates" at 1057 47th Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County November 14, 2016. Publish: November 25, December 2, 9, and 16, 2016 BGOLEMAN 161105 12-16-16

FICT FBN Ashv busir 'Pat

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08830 Haylee Crowley, 9505 Linda Bio Drive Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Whimsy + Wellness" at 9505 Linda Rio Drive Sacramento, CA 95827. Filed with the Clerk of Sacramento County November 08, 2016. Publish: November 25, December 2, 9, and 16, 2016 WHIMSY 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNE2016-09104 Katrina Ewing, 6737 Van Maren Lane Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Beyoutiful Skincare Studio" at 10147 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 17, 2016. Publish: November 25, December 2, 9, and 16, 2016 161105 BEYOUTIFUL 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09124 Philip Joel Oswald, 2520 Cathay Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fits and Stops Photography" at 2520 Cathay Way Sacramento, CA 95821, Filed with the Clerk of Sacramento County November 18, 2016. Publish: November 25, December 2, 9, and 16, 2016 161105 FITS 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09126 Gui Ju Jiang, 6037 Travo Wav Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Guijujiang Transaction Coordinator" at 6037 Travo Way Elk Grove, CA 95757. Filed with the Clerk Sacramento County November 18, 2016. Publish: November 25, December 2, 9, and 16, 2016 GUIJUJIANG 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08815 Najmeh Mahmoudjafari, 2872 Westwood Lane #5 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Immigra Trust Law" at 2872 Westwood Lane #5 Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 8, 2016. Publish: November 25, December 2, 9, and 16, 2016 **IMMIGRA** 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09145 Michelle Baer, 12369 Canyonlands Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Nerdy Girl Beauty, Nerdy Girl Beautiful" at 12369 Canyonlands Drive Bancho Cordova CA 95742 Filed with the Clerk of Sacramento County November 18, 2016. Publish: November 25, December 2, 9, and 16, 2016 NERDY 161105 12-16-16 FICTITIOUS BUSINESS NAME STATEMENT Kevin Salem, 5908 Asbury FBNF2016-09136 Court Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Dog Training Secrets" at 5908 Asbury Court Sacramento, CA 95842. Filed with the Clerk of Sacramento County November 18, 2016. Publish: December 2, 9, 16, and 23, 2016 161122 12-23-16 DOG FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09187 Gurpreet Singh Kahlon. 11878 Fire Agate Way Rancho Cordova, CA 95742 and Manpreet Singh, 11878 Fire Agate Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smoke & Vape" at 9220 Greenback Lane #B Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 2, 9, 16, and 23, 2016 SMOKE 161122 12-23-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09107 Beverly Yu and Orion Roger, 160 Arnold Gamble Circle Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Capitol Analytical" at 160 Arnold Gamble Circle Sacramento, CA 95835, Filed with the Clerk of Sacramento County November 17, 2016. Publish: December 2, 9, 16, and 23, 2016 12-23-16 CAPITOL 161122

FICTITIOUS BUSINESS NAME STATEMENT ar Sarfraz, 131 Bewicks 5821 is doing business ness Name(s) "Marconi coni Avenue Suite #300

FICTITIOUS BUSINESS NAME STATEMENT Mailing Systems, Inc. 2431 FBNF2016-08813 Mercantile Drive Suite A Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mailing Systems Inc" at 2431 Mercantile Drive Suite A Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 8, 2016. Publish: December 2, 9, 16, and 23, 2016 12-23-16 MAILING 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09199 Gricelda Contreras Inc. 3131 Fruitridge Road Sacramento, CA 95820 is doing business under the Fictitious Business "Los Inmortales Taqueria" at 3131 Fruitridge Name(s) Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 2, 9, 16, and 23, 2016 12-23-16 TAQUERIA 161122

FICTITIOUS BUSINESS NAME STATEMENT Nicholevy Nguyan Tran, 9554 FBNF2016-09302 Rose Vista Court Sacramento, CĂ 95827 is doing business under the Fictitious Business Name(s) "T4 South Sacramento" at 6645 Stockton Boulevard Suite 200 Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 29, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 161122

T4 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09326 K&O Enterprises LLC. 2647 Main Street San Diego, CA 92113 is doing business under the Fictitious Business Name(s) "Loyal Towing, Quality Towing" at 3435 52nd Avenue Sacramento, CA 95823, Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 LOYAL 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09312 Sidney Baysinger, 9341 Fair Oaks Boulevard Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Water Heater Pros" at 9341 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16

WATER 161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09208 Michele A. Pelton-Bennett and Paul A. Bennett, 5004 Bonny Kaye Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "MyLifeAgent.org" at 5004 Bonny Kaye Court Antelope, CA 95843. Filed with the Clerk of Sacramento County November 22, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 **MYLIFEAGENT** 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09266 Armen Shahbazvan. 3572 Envero Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Zara's Mini Market" at 10675 Coloma Road Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County November 28, 2016. Publish: December 9, 16, 23, and 30, 2016 ZARAS 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09323 Lisa L. Lemans, 8805 Kelsey Drive Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Exit Stage Right, Staging & Cleaning" at 8805 Kelsey Drive Elk Grove, CA 95624. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016

12-30-16 161122 EXIT FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09400 HAP Auto Recycling, Inc, 3590 Sunrise Boulevard Suite 5 Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "HAP Auto Recycling. Inc" at 3590 Sunrise Boulevard Suite 5 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 HAP 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09398 Aztec Solar Inc. 11370 Trade Center Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Aztec Advertising" at 11370 Trade Center Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 AZTEC 12-30-16

161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09372 Immanuel Food Service LLC, 9417 Rainbow Falls Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Masaya" at 716 7th Street INTO Sacramento, CA 95814. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 FBNF2016-09554 MASAYA 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09345 FINDPRO LLC, 11524 Pyrites Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "FINDPRO" at 11524 Pvrites Way Gold River, CA 95670, Filed with the Clerk of Sacramento County December 1, 2016. FOLSOM Publish: December 9, 16, 23, and 30, 2016 FINDPRO 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09179 Santifran Global, Inc, 2020 5th Street #219 Davis, CA 95617 is doing business under the Fictitious Business Name(s) "Rita's of Arden Arcade, Rita's of Natomas, Rita's Ice Custard Happiness, Rita's Italian Ice Frozen Custard " at 2654 Marconi Avenue Suite 112 Sacramento, CA 95821, Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 9, 16, 23, and 30, 2016 161122 12-30-16 RITAS FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08898 Home Boom, Inc, 1111 H Street Suite 202 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Home Boom Financial, ForVeterans.com" at 1111 H Street Suite 202 Sacramento, CA 95814. Filed with DCM the Clerk of Sacramento County November 10, 2016. Publish: December 9, 16, 23, and 30, 2016 HOMEBOOM 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09328 Hyo S Park, 12304 Pawcatuck Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Cali Bowl Teriyaki" at 10673 Coloma Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 161122 12-30-16 CALI FICTITIOUS BUSINESS NAME STATEMENT The Maxbread Group, LLC, FBNF2016-09332 6822 Domingo Drive, CA Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name(s) "Togo's Carmichael" at 4100 B Manzanita Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 TOGOS 161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09369 Christine Bosley, 5254 Dewey Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Chai Cottage" at 5254 Dewey Drive Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 CHAI 161122 FUZION FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09200 Auto Star Motors Inc. 4625 Auburn Boulevard Suite A Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Auto Star Motors" at 1761 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 AUTO 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09236 Yevgeniy Knyazev, 5509 Shaver Court Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "KY Transport, KY Transportation" at 5509 Shaver Court Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 23, 2016. Publish: December 9, 16, 23, and 30, 2016

161122 12-30-16 KY FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08960 Shalesh Kumar. 1941 John Still Drive Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Hari Bhaian Ramavan Kirtan Faaq Mandli" at 1941 John Still Drive Sacramento, CA 95832, Filed with the Clerk of Sacramento County November 15, 2016. Publish: December 9, 16, 23, and 30, 2016 HARI 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09244 Deena R. Wilson, 4840 Ice Age Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Apex Consulting and Training Services" at 4840 Ice Age Way Elk Grove, CA 95757, Filed with the Clerk of Sacramento County November 23, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 161122 APEX

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09159 Sanctuary Senior Services, Inc, 2377 Gold Meadow Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "M&M Senior Living" at 6524 Main Street Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 18, 2016. Publish: December 9, 16, 23, and 30, 2016 M&M 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08642 Life Pure Water Inc, 8347 Elk Grove Florin Road #123 Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Life Pure Water" at 8347 Elk Grove Florin Road #123 Sacramento, CA 95829, Filed with the Clerk of Sacramento County November 1, 2016. Publish: December 9, 16, 23, and 30, 2016

LIFE 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09298 Quest GeoSystems Management, Inc, 11275 Sunrise Gold Circle Suite R Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "ASC Tech Services" at 11275 Sunrise Gold Circle Suite B Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 29, 2016. Publish: December 9, 16, 23, and 30, 2016

161122 12-30-16 ASC NAME STATEMENT FICTITIOUS BUSINESS FBNF2016-09059 18 Grams Coffee & Tea LLC, 2460 Fernandez Drive Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "18 Grams Coffee & Tea, 18 Grams" at 9677 E. Stockton Boulevard, Elk Grove, CA 95642, Filed with the Clerk of Sacramento County November 16, 2016. Publish: December 9, 16, 23, and 30, 2016

12-30-16 18GRAMS 161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09212 Abresey Leasiano, 6913 Le Havre Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "SUD Institute, Substance Use Disorder Institute" at 1600 Sacramento Inn Way Suite 205 Sacramento, CA 95815. Filed with the Clerk of Sacramento County November 22, 2016. Publish: December 9, 16, 23, and 30, 2016

SUD 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08859 Michelle Bebout, 6342 Perrin Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bebout Business" at 6342 Perrin Way Carmichael, CA 95608, Filed with the Clerk of Sacramento County November 9, 2016. Publish: December 9, 16, 23, and 30, 2016

BEBOUT 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09402 Erica Oswald, 2520 Cathav Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "intoMOTION Coaching, intoMOTION Travel " at 2520 Cathay Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 2, 2016. Publish: December 9, 16, 23, and 30, 2016 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09426 Vivan Thuc Tran, 8417 Guis Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Royal Tailoring and Alterations" at 1601 Fulton Avenue Suite 10 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 ROYAL 161122 1-6-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09446 Beverly Serpa, 916 Vintage Oak Avenue Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Herald Junction Thrift Store" at 12717 Herald Road Herald, CA 95638. Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 HERALD 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT David McEwen, 340 36th FBNF2016-09161 Way Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "The Lean Thinking Coach and Consultant" at 340 36th Way Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 18, 2016 Publish: December 16, 23, 30, 2016 and January 6, 2017 THINKING 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09500 Livius Ana and Aurelia Ana, 5121 Arroyo Street Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Fair Oaks Care Home" at 5121 Arroyo Street Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 6, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 FAIROAKS 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09553 Deyagdden Elghassein, 117 Demurrage Way Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Auto Consulting" at 2309 Lexington Street NE. B-1 Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 AUTO 161122 1-6-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09571 Aleksandr Laschuk, 8577 Copley Court Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Your Neighborhood Handyman" at 8577 Copley Court Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 YOUR 161122 1-6-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09570 Artur Kryukov, 8628

Sycamore Glen Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AK Handyman Services" at 8628 Sycamore Glen Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 AK 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09569 Vladislav Yurivevich Molchanov, 4221 Clay Creek Way Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Vlad's Handyman Services" at 4221 Clay Creek Way Sacramento, CA 95838. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 VLADS 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09568 Andrei Zavadski, 5034 Jovce Lane Sacramento, CA95838 is doing business under the Fictitious Business Name(s) "AZ Handyman Services" at 5034 Joyce Lane Sacramento, CA 95838. Filed with the Clerk of Sacramento County December 7. 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 ΑZ 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09657 Paradise Oaks Youth Services, 7806 Uplands Way Suite A Citrus Heights, CA 95610 is

Legal Advertising P.O. Box 14 Carmichael, CA 95609

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2015-09666

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "ApexCare' located at 1418 Howe Avenue Suite A Sacramento. CA 95825. Hopewell Home Care, 1100 Melody Lane Suite 123 Roseville, CA 95678. The Fictitious Business Name Statement referred to above was filed on December 18, 2015 in the County of Sacramento Publish: December 16, 23, 30, 2016 and January 6, 2017 APEX 161110 01-06-17

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203444

WHEREAS, FNU Mustafa has filed a petition with this court for a decree changing the name(s) of FNU Mustafa to Mustafa Pirozi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 2, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 16, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 MUSTAFA 161111 12-16-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203448

WHEREAS, FNU Ghulam Faroog has filed a petition with this court for a decree changing the name(s) of FNU Ghulam Farooq to Ghulam Farooq Mirzada. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on March 2, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 16, 2016

David I. Brown, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 161105 FAROOQ 12-16-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203328

WHEREAS, Zubair Ahmad Hussaini has filed a petition with this court for a decree changing the name(s) of Zubair Ahmad Hussaini to Ahmad Zubair Hussaini. IT IS ORDERED that all persons interested in the above entitled matter appear before this court

at 9:00 a.m. on March 1, 2017, in Department 54, located at 813 6th Street. 2nd Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 15, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 HUSSAINI 161105 12-16-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203336

WHEREAS, Zaki Ahmad Hussainkhail, Nadia Hussainkhail has filed a petition with this court for a decree changing the name(s) of Zaki Ahmad Hussainkhail to Ahmad Zaki Hussainkhail and Nadia Hussainkhail to Bibi Nadia Hussainkhail. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 1, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento,

for Change of Name should not be granted. Dated: November 15, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 HUSSAINKHAIL 161105 12-16-16

CA 95814, and show cause, if any, why the petition

FICTITIOUS BUSINESS NAME STATEMENT	FIGHTIOUS BUSINESS
FBNF2016-08411 Patricia Smith, 3224	FBNF2016-09032 Umai
Ashwood Lane Carmichael, CA 95608 is doing	Circle Sacramento, CA 958
business under the Fictitious Business Name(s)	under the Fictitious Busine
"Patricia's Accounting Services" at 5903 Fair Oaks	Smog Shop" at 2140 Marco
Boulevard Carmichael, CA 95608. Filed with the	Sacramento, CA 95821.
Clerk of Sacramento County October 21, 2016.	of Sacramento County M
Publish: November 25, December 2, 9, and 16, 2016	Publish: December 2, 9, 16, ar
PATRICIA 161105 12-16-16	MARCONI 16112
FICTITIOUS BUSINESS NAME STATEMENT	FICTITIOUS BUSINESS
FBNF2016-08929 Hasmik Nahapetyan, 6129	FBNF2016-09242 Lib
Westport Lane Citrus Heights, CA 95621 is doing	5320 South Watt Avenue S
business under the Fictitious Business Name(s)	is doing business under t
"Momentum Photography" at 6129 Westport	Name(s) "Liberty Bell Smart
Lane Citrus Heights, CA 95621. Filed with the	Watt Avenue Sacramento, C.
Clerk of Sacramento County November 14, 2016.	Clerk of Sacramento County
Publish: November 25, December 2, 9, and 16, 2016	Publish: December 2, 9, 16, ar
MOMENTUM 161105 12-16-16	LIBERTY 16112
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08807 Thu Phan, 2418 17th Street Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) 'T & H ATM Service'' at 2416 17th Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 8, 2016. Publish: November 25, December 2, 9, and 16, 2016 T&H 161105 12-16-16	FICTITIOUS BUSINESS FBNF2016-08964 Heidt View Court Roseville, CA 95 under the Fictitious Busin Realty, Capital Realty & Loan' Suite 101-24 Sacramento, C, Clerk of Sacramento County Publish: December 2, 9, 16, ar CAPITAL 16112
FICTITIOUS BUSINESS NAME STATEMENT	FICTITIOUS BUSINESS
FBNF2016-08608 Kevin R. Tanner, 1974	FIDNF2016-09235 Peter
Ladera Drive Lincoln, CA 95648 is doing business	Drive Sacramento, CA 958
under the Fictitious Business Name(s) "Almond	under the Fictitious Busines
Orchard Dental Care" at 8089 Madison Avenue	Health Fitness, Elevate YPO"
#2 Citrus Heights, CA 95610. Filed with the	Suite A-10 Roseville, CA
Clerk of Sacramento County October 31, 2016.	Clerk of Sacramento County
Publish: November 25, December 2, 9, and 16, 2016	Publish: December 2, 9, 16, ar
ALMOND 161105 12-16-16	COMPLETE 1611
FICTITIOUS BUSINESS NAME STATEMENT	FICTITIOUS BUSINESS
FBNF2016-08917 Juan A Baez Bautista, 42	FBNF2016-09213
Chief Court Sacramento, CA 95833 is doing	Bright Callori, 112 Crater
business under the Fictitious Business Name(s)	CA 95630 is doing busines
"JB Carpet Cleaning Solutions" at 42 Chief Court	Business Name(s) "Skyline T
Sacramento, CA 95833. Filed with the Clerk	Crater Peak Place Folsom, C
of Sacramento County November 14, 2016.	Clerk of Sacramento County
Publish: November 25, December 2, 9, and 16, 2016	Publish: December 2, 9, 16, ar
JB 161105 12-16-16	SKYLINE 16112
FICTITIOUS BUSINESS NAME STATEMENT	FICTITIOUS BUSINESS
FBNF2016-08796 Ricardo F. Salazar, 8141	FIDNF2016-08962 Brac
Shangrila Drive Fair Oaks, CA 95628 is doing	Drive Carmichael, CA 956
business under the Fictitious Business Name(s)	under the Fictitious Busi
"Salazar's Dance Studio" at 2840 Aubum	Research & Consulting" at
Boulevard Sacramento, CA 95821. Filed with the	Carmichael, CA 95608. If
Clerk of Sacramento County November 7, 2016.	of Sacramento County M
Publish: November 25, December 2, 9, and 16, 2016	Publish: December 2, 9, 16, ar
SALAZAR'S 161105 12-16-16	HRV 161122
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08934 Anita Coleman and Carlos Portela 6858 Antigua Way Sacramento CA 95831	FICTITIOUS BUSINESS

FBN Portela, 6858 Antigua Way Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "3D Software, ARC Math, Arch Math, Bead Map, Bead Plan, Bim Draw, PC Solar, Visual Bead, Visual Solar, Visual Sun Chart" at 6858 Antigua Way Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 14, 2016. Publish: November 25, December 2, 9, and 16, 2016 161105 3D 12-16-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08956 Juan Barcenas, 3805 Henshaw Road West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Briley Investgations & Associates" at 520 9th Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County November 15, 2016. Publish: November 25, December 2, 9, and 16, 2016 JUAN 161105 12-16-16

Saramento, CA 95821. Filed with the Clerk of Sacramento County November 16, 2016. Publish: December 2, 9, 16, and 23, 2016 MARCONI 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09242 Liberty Bell Alarm Co. Inc, 5320 South Watt Avenue Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Liberty Bell Smart Home" at 5320 South Watt Avenue Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 23, 2016. Publish: December 2, 9, 16, and 23, 2016 LIBERTY 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08964 Heidrun B. Gross, 1408 Glen View Court Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Capital Realty, Capital Realty & Loan" at 2740 Fulton Avenue Suite 101-24 Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 15, 2016. Publish: December 2, 9, 16, and 23, 2016 CAPITAL 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09235 Peter Fuller, 5504 Woodforest Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Complete Health Fitness, Elevate YPO" at 901 Sunrise Avenue Suite A-10 Roseville, CA 95661. Filed with the Clerk of Sacramento County November 23, 2016. Publish: December 2, 9, 16, and 23, 2016 COMPLETE 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09213 Steven J. and Valerie Bright Callori, 112 Crater Peak Place Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Skyline Tahoe Partners" at 112 Crater Peak Place Folsom, CA 95630. Filed with the Clerk of Sacramento County November 22, 2016. Publish: December 2, 9, 16, and 23, 2016 SKYLINE 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08962 Brad Davis, 1606 McClaren Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "HRV Research & Consulting" at 1606 McClaren Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 15, 2016. Publish: December 2, 9, 16, and 23, 2016 HRV 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09214 Yevgeniy Stepanov, 4816 Skyway Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Fair Oaks Psych Home Care" at 4816 Skyway Drive Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 22, 2016. Publish: December 2, 9, 16, and 23, 2016 FAIROAKS 161122 12-23-16
FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09196 Vasiliki Karras, 8401 Granite Cove Drive Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) 'Bellus Spa'' at 815 Sutter Street Suite D Folsom, CA 95630. Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 2, 9, 16, and 23, 2016 BELLUS 161122 12-23-16

Tarun Gaur and Pritt Gaur, 2679 Silver Stone Lane Santa Rosa, CA 95407 is doing business under the Fictitious Business Name(s) "Folsom Gas & Car Wash" at 500 E. Bidwell Street Folsom, CA 95630. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT United Trust Mortgage Inc, FBNF2016-09337 750 N. Capitol Avenue Suite B-2 San Jose, CA 95133 is doing business under the Fictitious Business Name(s) "Infinite Real Estate Group" at 5920 Fair Oaks Boulevard, CA 95608. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 INFINITE 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09474 Daniel Cruz, 5110 El Camino Avenue #9 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "DCM Services" at 5110 El Camino Avenue # 9 Carmichael, CA 95608, Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09343 Alina Jar and Dan M. Jar. 6928 LeHavre Way Citrus Heights. CA 95621 is doing business under the Fictitious Business Name(s) "Phyllis' Care Home" at 6924 LeHavre Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 PHYLLIS 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09572 Carolina Torres, 1525 Wayland Avenue Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Earth Stone Fibers" at 1525 Wayland Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 FIBERS 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09578 Jason and Elizabeth Newberry 6510 Alvssa Court Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Fuzion Metal Fabrication" at 6510 Alyssa Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09405 Carmen Micsa, 6100 Fair Oaks Boulevard #A3 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wistful Press" at 6100 Fair Oaks Boulevard #A3 Carmichael. CA 95608. Filed with the Clerk of Sacramento County December 2, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 WISTFUL 161122 1-6-17

doing business under the Fictitious Business Name(s) "Martins' Achievement Place" at 7806 Uplands Way Suite A Citrus Heights. CA 95610. Filed with the Clerk of Sacramento County December 9, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 MARTINS 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09564 TransCapital Ventures. Inc. 5616 Kinaswood Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "TransCapital Realty, TransCapital Property Management" 5616 Kingswood Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 TRANSCAPITAL 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09509 Zachary Sanders, 2301 Morse Avenue Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Valley Surface Revitalization" at 2647 Mercantile Drive Suite C Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 6, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 VALLEY 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09012 Rachel Harrison, 8389 Pelligrini Court Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Pretty Much Styles & Cuts" at 3579 Matherfield Road #B Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 16, 2016 Publish: December 16, 23, 30, 2016 and January 6, 2017 PRETTY 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09407 Support for Family, LLC, 1333 Howe Avenue Suite 206 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "ApexCare" at 1333 Howe Avenue Sute 206 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 2, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 APEXCARE 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09653 Nicholas Ian Roberts, 6701 Mariposa Avenue Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Strebor, Strebor Design" at 6701 Mariposa Avenue Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 9, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 STREBOR 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09310 Enovation Sports LLC, 1720 East Socap Walk Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Enov8 Conference, Enoveight Conference, Enov8 Tech Cup, Enoveight Tech Cup, Enovation, Enov8, Enoveight, PSG Academy California" at 1720 East Socap Walk Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 29, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 ENOV8 161122 1-6-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203573

WHEREAS, Robert Allen Brandon has filed a petition with this court for a decree changing the name(s) of Robert Allen Brandon to Louis Bradley Wilmert.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 6, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 18, 2016 David I. Brown, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 161105 BRANDON 12-16-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00199894 WHEREAS, William A. Kershaw has filed a petition with this court for a decree changing the name(s) of McKena-Kala Alter Kershaw to Makena-Kala Alter Kershaw. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 29, 2016 in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 7, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 161111 KERSHAW 12-16-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203156

WHEREAS, Pooyan Bolandian has filed a petition with this court for a decree changing the name(s) of Pooyan Bolandian to Cyrus Bolan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 24, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 10, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 BOLAN 161111 12-16-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00203583 WHEREAS, Alexander Teng Xiong has filed a

petition with this court for a decree changing the name(s) of Alexander Teng Xiong to Alexander Lee.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 6, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 18, 2016 David I. Brown, Judge of the Superior Court Publish: November 25, December 2, 9, and 16, 2016 XIONG 161105 12-16-16

Slim Randles' HOME COUNTRY



There is a nighttime sweetness and hope that hovers over us this time of year here at home. This is a time for summing up and looking ahead ... and a time for dreams.

And at night... ah, that's the time, isn't it? Outside it's dark, December dark, and we're inside and warm and cocooned up. The cold makes our world shrink, especially at night.

But we have our dreams. For Janice Thomas, our art derful and last forever.

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"... But We Have Our Dreams."

teacher at the high school, it's that painting she's planning. She makes starts at it, from time to time, but she's wise enough to know she isn't good enough to paint it yet. She paints other things well, but that one ... it has to be perfect. It will be the painting of a lifetime, she knows.

Doc will drift off to sleep tonight thinking about that new fly rod. He has half a dozen, of course, that will take about any weight line, and let him catch anything from mouse to moose. But even the most expensive rod isn't what he dreams of. This year, for Christmas, he's giving himself a rod-builder's jig, and he will make his own rod from a Sage blank. That will be the one. It will have his own wrappings and he'll put the ferrules on it himself. He'll be able to feel the fish breathe with this one. It will be true and won-

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For cowboy Steve, the December dream is always the same: spending all his time at that little cabin up there in the mountains. Sometimes he'll sit by that stone fireplace downstairs and sip coffee, and sometimes he'll be up in the turret he built and sip coffee. Ol' Snort, his cowpony, will be out in his corral, of course, except when the two of them are exploring the miles of mountains behind the cabin. And in the cabin, while sipping coffee, he'll hear music on the radio and a breeze going through the pines outside.

There is a nighttime sweetness and hope that hovers over us this time of year. Here's to dreams.

Brought to you by "Sweetgrass Mornings" by Slim Randles, memoirs of an outdoor life. From UNMPress.com.. 🖈

"For unto you is born this day in the city of David a Saviour, which is Christ the Lord." Luke 2:11



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Some Things Are Just Personal

Dr. James L. Snyder

I will grant I have a few eccentricities. But, far less than the Gracious Mistress of the Parsonage has avowed through the years.

I firmly believe one man's eccentricity is another man's way of doing something. After all, everybody has a way of doing everything they do. If that is eccentric, we all have a lot of 'plaining to do.

When it comes to writing instruments, I have my

preferences. The pen, any pen for that matter, has something of an alluring draw for me.

I possess pens of every shape, color and purpose. As far as I am concerned, every pen has a particular purpose. I always carry on my person a variety of pens with a diversity of ink colors because you never know what you are going to write doing the day. It would be beneath my dignity to use a pen for a purpose other than its intended task.

Often a certain resident of

our household, which shall remain nameless, has made fun of what she calls "Your silly eccentricity." This person is always looking at me when such remarks are made. I am not smart, but I get her nib.

If I wanted to make a point with her, I could say she is rather eccentric when it comes to her tools. To walk into her workshop is to be confronted with tools of every size, shape and purpose. I have watched her work and she never uses a hammer when she needs a screwdriver.

I once confronted her with this and she replied, "Oh, don't be so silly. It's not the same."

When I am at a restaurant and it comes time to sign the credit card receipt, the waitress always supplies one of her pens, but I never use it. I always select from the assortment of pens I have on my person at the time.

I do not use your pen, you do not use my pen and the world is a wonderful place to live in.

This past week I was standing in line at the post office minding my own business, thinking of the package I had to mail. I was minding my own business when a woman came up and ask a simple question. I am used to people asking me questions, but this one put me in a bind.

"Could I borrow one of your pens?"

I lacked not in pens, for I had six in my shirt pocket. It was the principle of the thing that got me. I had six pens, she needed to borrow one and everybody in the post office was looking at me, or so it seemed. My whole world stopped.

With some hesitation, I pulled a pen from my shirt pocket, put a smile on my face I did not really mean, and handed her my pen. It used to be my favorite pen, too.

Even the Bible says that everything has a purpose and every purpose has a season. "To every thing there is a sea-

son, and a time to every purpose under the heaven:" (Ecclesiastes 3:1).

The greatest challenge in life is to discover your purpose, and no matter ho w anybody else thinks about it, you stick to it and do it for the glory of God.

Dr. James L. Snyder is pastor of the Family of God Fellowship Ocala, FL where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail jamessnyder2@att.net. His web site is www.jamessnyderministries.com

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00202664 WHEREAS, Masha Michelle Serdi has filed a petition with this court for a decree changing the name(s) of Masha Michelle Serdi to Marvia Meliuk. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 16, 2017 in Department 54 located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 02, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: December 2, 9, 16, and 23, 2016 SERDI 161111 12-23-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00200161 WHEREAS, Angel Rose Boucher has filed a petition with this court for a decree changing the name(s) of Angel Rose Boucher to Angel Rose Takara. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 5. 2017. in Department 53. located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 13, 2016 David I. Brown, Judge of the Superior Court Publish: December 2, 9, 16, and 23, 2016 BOUCHER 161105 12-23-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203950

WHEREAS, Barbara Anne White on behalf of Juantio Arocan III, a minor has filed a petition with this court for a decree changing the name(s) of Juanito Arocan III to Juanito Forward Noriega. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 9, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition

for Change of Name should not be granted. Dated: November 29, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 NORIEGA 161111

12-30-16 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00202461 WHEREAS, Bryan Michael Melhus has filed a

petition with this court for a decree changing the name(s) of Bryan Michael Melhus to Sibei Sun. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 14, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, Δ 9581*Δ* for Change of Name should not be granted. Dated: October 28, 2016 David I. Brown, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 161105 SUN 12-30-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204430 WHEREAS. Anacaren Meza Luna has filed a petition with this court for a decree changing the name(s) of Anacaren Meza Luna to Ana Karen Meza Luna. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 21, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 8 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161111 LUNA 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204302 WHEREAS, Veniamin Nesterenko and Mila Nesterenko have filed a petition with this court for a decree changing the name(s) of Perseus Nesterenko to Persais Nesterenko. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 16, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016

David I. Brown, Judge of the Superior Court

Publish: December 16, 23, 30, 2016 and January 6, 2017 NESTERENKO 161105 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204290

WHEREAS. Mohammad Reza Mohammad Hassan Khadem has filed a petition with this court for a decree changing the name(s) of Mohammad Reza Mohammad Hassan Khadem to Mohammad Reza Khadem. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 15, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016 David I. Brown, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161105 KHADEM 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204363 WHEREAS, Arthur Daniel Herrera, Jr. have filed a

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00201211

WHEREAS, Blake Alexander Deering has filed a petition with this court for a decree changing the name(s) of Blake Alexander Deering to Blake Alexander Roseo. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on January 23, 2017, in Department 54, located at 813 6th Street. 2nd Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 8, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: December 16, 23, 30, 2016 and January 6, 2017 DEERING 161111 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204351

WHEREAS, Bruce Goulding on behalf of Niko Buchignani, a minor has filed a petition this court for a decree changing the with name(s) of Niko Kai'Koa Wayne Buchignani to Niko Kai'Koa Wayne Buchignani-Goulding. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 20, 2017, in Department 53, located at 813 6th Street. 2nd Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 07, 2016 David I. Brown, Judge of the Superior Court

Publish: December 16, 23, 30, 2016 and January 6, 2017 GOULDING 161105 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204304 WHEREAS. Brooke Jean Milde has filed a petition with this court for a decree changing the name(s) of Brooke Jean Milde to Brooke Jean Baker. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on March 16, 2017, in Department 53, located at 813 6th Street. 2nd Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016 David I. Brown, Judge of the Superior Court

Publish: December 16, 23, 30, 2016 and January 6, 2017 MILDE 161105 01-06-17

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF SHARON ANN ELLIOTT

CASE No. 34-2016-00199081 all heirs, beneficiaries, creditors, and Τo contingent creditors of and persons who may be otherwise interested in the will or estate or both of Sharon Ann Elliott.. (deceased): A Petition for Probate has been filed by Geoffrey rd in the Superior Court County of Sacramento, requesting that Geoffrey W. Rookard, be appointed as personal representative to administer the estate of the decedent The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: January 17, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition. you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Geoffrey W. Rookard 3932 Oak Villa Circle Carmichael, CA 95608 916-233-6419 Publish: November 25, December 2, and 9, 2016 161111 ELLIOTT 12-16-16 NOTICE OF PETITION TO ADMINISTER ESTATE OF LYNN DIANE LYNCH CASE No. 34-2016-00191615 То all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate or both of Lvnn Diane Lvnch.. (deceased): A Petition for Probate has been filed by William Thomas Lynch IV in the Superior Court of California, County of Sacramento, requesting that William Thomas Lynch IV, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority A hearing on the petition will be held in this court as follows: January 4, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state vour objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If vou are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Vincent Russo, ESQ- JT Legal Group, APC 801 N. Brand Blvd Suite 113 Glendale, CA 91206 818-745-1595 Publish: December 2, 9, and 16, 2016 12-16-16

NOTICE OF PETITION TO ADMINISTER ESTATE OF CAROL ELIZABETH GIACHETTI

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CASE No. 34-2016-00203514 To all heirs, beneficiaries, creditors, and

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LYNCH

6. Bag in Paris

contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Carol Elizabeth Giachetti, Carol Giachetti, Carol Giachetti, (deceased): F A Petition for Probate has been filed by Gina Alison Giachetti in the Superior Court of California, County of Sacramento, requesting that Gina Alison Giachetti, be appointed as personal representative to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. A hearing on the petition will be held in this court as follows: January 11, 2017 9:00 a.m. in Dept 129 at Superior Court of California, County of Sacramento 3341 Power Inn Road Sacramento. CA 95826. IF YOU OBJECT to the granting of the petition. you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Gina Alison Giachetti

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12-23-16

Publish: December 9, 16, and 23, 2016

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303-819-6659

GIACHETTI

Lafavette, CO 80026

LIEN SALE NOTICE OF LIEN SALE Notice of public sale of personal property pursuant to the California Self-Service Storage Facility Act

(B&P Code 21700 et seq.). The undersigned will sell at auction on DECEMBER 21, 2016 at 10:15 AM. at Armor Mini Storage, 5714 Auburn Blvd, Sacramento, Ca 95841 personal property including; elec tronics, tools, furniture, clothing, tool boxes, toys, or other miscel laneous household items stored by the following persons: GERIC WILSON; DEWAYNE SMITH BRANDON LUKASIEWICZ; JULIE ANDRESEN; LALO VIGIL. The owner Reserves the right to bid at the sale. Purchases must be made with cash only and paid for at the time of purchase. All purchased goods are sold as is and must be removed at the time of sale. Sale subject to prior cancellation ir the event of settlement between owner and obligated party. Dated this 9th day of DECEMBER and 16TH day of DECEMBER 2016 ROSEBUD STORAGE PART NERS, LP, dba Armor Mini Stor age. Auctioneer's name and # Nor Cal Storage Auctions, Inc. CAI Bond I.D. number 7900390179 agent for owner. Telephone (916) 332-6455. 12/09/16, 12/16/16



SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204033

WHEREAS, FNU Rihan has filed a petition with this court for a decree changing the name(s) of FNU Rihan to Rihan Salarzai, FNU Haroon to Haroon Salarzai, and FNU Hamza to Hamza Salarzai. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 9, 2017, in Department 53, located at 813 6th Street. 2nd Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 30, 2016

David I. Brown, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 SALARZAI 161105 12-30-16 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203932 WHEREAS, Anthony Cervantes has filed a petition with this court for a decree changing the name(s) of Anthony Cervantes to Antonio Cervantes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 8, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 29, 2016 David I. Brown, Judge of the Superior Court

Publish: December 9, 16, 23, and 30, 2016 CERVANTES 161105 12-30-16 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00200157 WHEREAS, Ina Covaliuc has filed a petition with this court for a decree changing the name(s) of Ina Covaliuc to Inessa Alexandra Covaliuc.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 13, 2016 David I. Brown, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 COVALIUC 161105 12-30-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203321

WHEREAS, Sarah Loftin has filed a petition with this court for a decree changing the name(s) of Sarah

Zaituna Hope Loftin to Sarah Zaituna Hope Raicha. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 1, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 15, 2016 David I. Brown, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 RAICHA 161105 12-30-16

petition with this court for a decree changing the name(s) of Arthur Daniel Herrera. Jr. to Arthur Daniel Herrawlev. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 20, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 07, 2016 David I. Brown. Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 HFRRFRA 161105 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204080

WHEREAS, Casie Eaddy and Marcus Eaddy have filed a petition with this court for a decree changing the name(s) of Broden Donald Eaddy to Broden Donald Manley Eaddy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 1, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 EADDY 161111 01-06-17

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204048

WHEREAS, Michael Richard Franconeri has filed a petition with this court for a decree changing the name(s) of Michael Richard Franconeri to Richard Michael Quiroz. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 23, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 OUIR07 161111 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204306

WHEREAS, Ilias D Kushubekov and Jibek B Mirzaeva have filed a petition with this court for a decree changing the name(s) of Aybergen Iliasovich Kushubekov to Aybergen Ilias Kushubek. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 17, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 KUSHUBEK 161111 01-06-17

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Game Plots **No Politics** in Play

By Noah Howard

Games are the only artistic medium that learned to comment on themselves before commenting on the world around them. Usually the most thought provoking games (The Stanley Parable comes to mind) inspire thought only about the nature of games as a medium; the relationship between player and creator, the possibility or impossibility of choice, the way that game mechanics can make the player feel like a wholly different person. Only recently has the needle started to move, with games at least attempting (sometimes succeeding, more often failing) to communicate a larger theme or message about the world they exist in. But while games like That Dragon, Cancer and Life is Strange can convey emotionally grounded ideas of loss and of helplessness, the primary topic of discussion that pervades our daily lives and our newsfeeds, politics, remains largely absent.

Of course, one could elicit a few prime examples of games with political themes. It could be argued that *Bioshock* is an attack on Libertarianism, and that The Witcher 3: Wild Hunt explores modern social questions about morality and sexuality. But while plenty of games have a politically-charged thematic side note (perhaps you could cite indie game This War of Mine in an argument on US involvement in Syria), these games are still, fundamentally, not about the political messages they convey. Bioshock is more about the nature of individual choice than Ayn Rand's philosophy. Witcher explores a vast number of themes, of



When the rallying cry of "Keep your politics out of my games" starts up in the gaming community, it isn't because gamers are unwilling to confront political arguments. It's because most people play games to escape from this world and into another.

footnote. And while This War of *Mine* clearly tries to be anti-war by simulating the struggle for survival of civilians caught in a conflict's crossfire, the fact that its war is fictional obscures connection to the real world.

The exclusion of politics seems odd, given that games increasingly aim to provoke discussion among their players. Considering that politics are so often at the forefront of our awareness of the world (especially this past year), why not go for the low-hanging fruit? The reason, it seems, is that ideas about the purpose of games is fundamentally different than in other popular art forms (which more frequently discuss political themes) like books, films, and television.

Games are thought of as escapism. While the majority of literature, movies and TV shows seem to be at least somewhat realistic comedies or dramas (nobody spontaneously flies away), nearly every major game release has some sort of twist pulled straight from sci-fi, fantasy, or the most ludicrous of action films. When the rallying cry of "Keep your politics out of

gamers are unwilling to confront political arguments. It's because most people play games to escape from this world and into another; a political argument could pull them right back to reality and defeat what, in the eyes of many, is the purpose of the game in the first place.

It's tough to see this escapist mindset as a bad thing. Though it clearly pushes creativity away in the political realm, it encourages an artistic inventiveness and imagination unmatched by any other medium. Furthermore, games are already becoming proficient in conveying legitimate artistic commentary on other areas of life that, unlike politics, gamers can unanimously agree on. Empathy for a blind child, as in Beyond Eyes, is a universal theme far more powerful than anything about politics. Though communicating a political viewpoint is viable, and certainly should be more accepted, ultimately games lack a political identity because they just don't need one.

To respond to Noah's articles email him at digitalartsnoah@ yahoo.com



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What if you could safely and effectively treat yourself and your family at home for colds, flu, ear infections, even food poisoning without having to rush to urgent care ever again? Dr Kathleen Fry, a traditionally trained medical doctor, now a Homeopathic Doctor, says you can. Author of "Vitality" How to get it and keep it, and her upcoming book "There's A Remedy for That" revealed all on POPPOFF. With the holidays upon us, we talked about stress on with tips to deal with it in a natural way.

- 1) DEEP BREATHING. The fastest and simplest stress reliever is our own breath. Taking a few minutes to breathe slowly and deeply helps to lower cortisol levels and reduce agitation.
- 2) GET EXTRA SLEEP. Try getting into bed an hour earlier (without any electronic devices) to read something soothing or inspirational before sleep. If you have trouble falling or staying asleep because your



brain just won't "turn off", try the homeopathic remedy COFFEA CRUDA. You can take one pellet of the 30c potency at bedtime and repeat it again if you awaken in the night. It's not habit forming and won't make you feel groggy in the morning. Homeopathic remedies are made in a special way in licensed homeopathic pharmacies by serially diluting and shaking a concentrated "mother tincture" of any natural substance. A remedy of 30c potency has been serially diluted in 100 drops of water 30 times.

- 3) LIMIT CAFFEINE AND ALCOHOL. Caffeine is a nervous system stimulant and can worsen the symptoms of stress. Alcohol can disrupt your sleeping patterns not to mention wreak havoc on your gut.
- 4) SPEND TIME WALKING IN NATURE. Even 15 minutes walking around the neighborhood can make a difference.
- 5) LIMIT TIME UNDER **ARTIFICIAL LIGHT.** Try to get some time in natural light each day, especially in winter. Taking extra Vitamin D helps as well.
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- 7) ARGENTUM NITRICUM 30c is a great remedy for people who get hot and sweaty just thinking about getting on an airplane.
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- 10) COUNTING YOUR BLESSINGS. Dr. Fry told me that whenever she is stressed, she stops and looks around at all the wonderful things in our beautiful world that brings her joy like her grandson Isaiah's sweet smile, the snow covered mountains, and the fresh air she is privileged to breathe. A positive mental attitude is the best antidote no matter what the stressors are in your life. Though things may look gloomy at times, there is always something or someone in your life that has blessed you on some level.

Here's your prescription. Relax and enjoy the beauty of this special holiday season and try not to sweat the small stuff. MERRY CHRISTMAS...HAPPY NEW YEAR...GOD BLESS! ★







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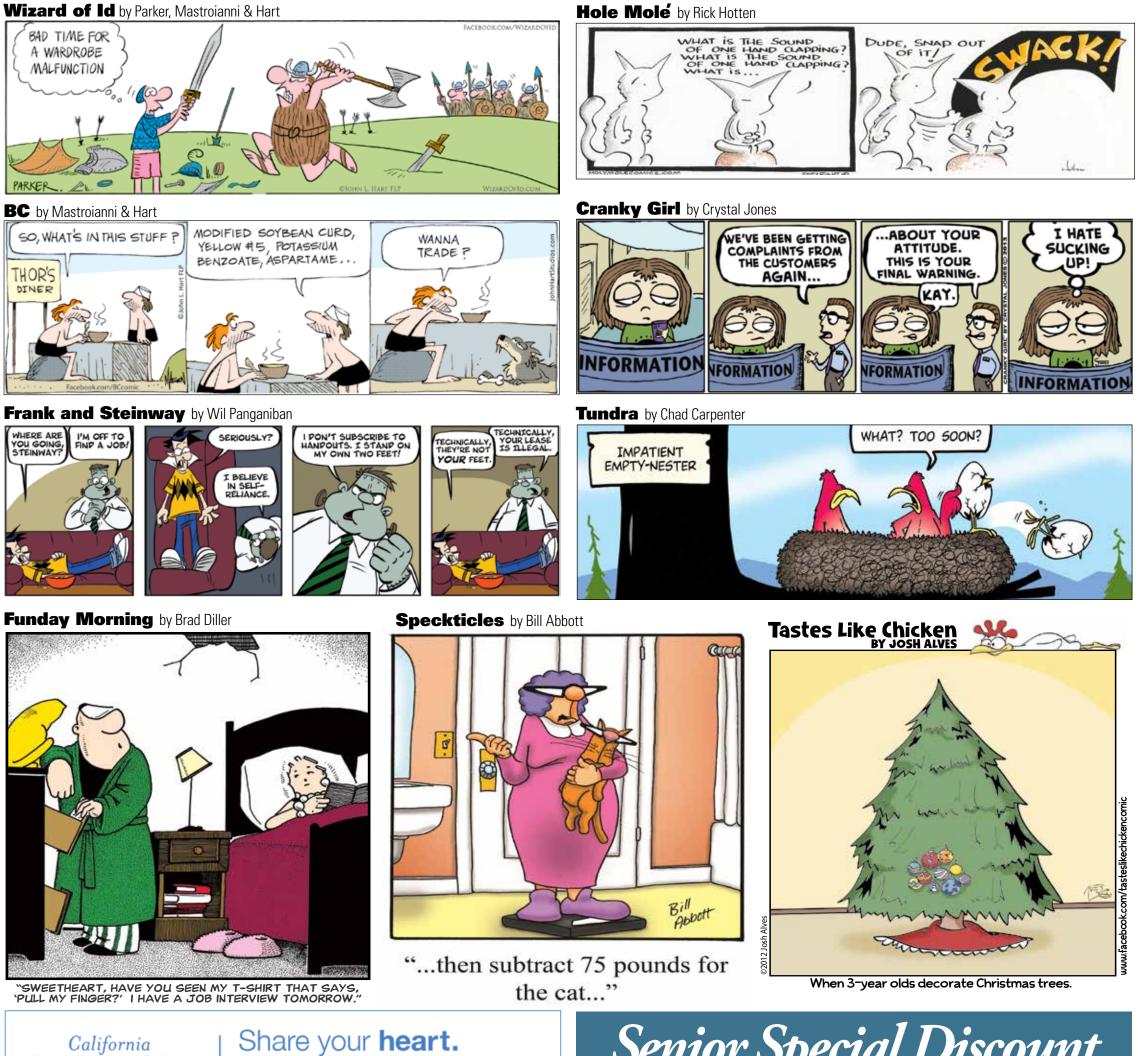
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Sacramento County **DA Reports**



Defendants Convicted in Crime Spree Involving Multiple Robberies and Rape Defendants Convicted for Liquor Store Robberies, Shooting Defendant Convicted for Murder of Infant

DATE: November 23, 2016 CASE: Anthony Cotton, Latrale Way, Lamar Edwards & Donny Smith (Case #14F05913)

PROSECUTOR: Deputy District Attorney Aaron Miller, Career Criminal Prosecution Unit

Anthony Cotton was convicted by a jury of kidnapping for purposes of robbery, first-degree residential robbery, second-degree robbery, attempted robbery, residential burglary, and assault with intent to commit rape during a residential burglary. Latrale Way was convicted of two counts of kidnapping for purposes of robbery, kidnapping for purposes of rape, first-degree residential robbery, assault with intent to commit rape during a residential burglary, forcible digital penetration, forcible rape, attempted robbery, second-degree robbery, and felony sexual battery. The jury also found true several firearm allegations connected to the crimes.

Co-defendants Lamar Edwards and Donny Smith previously pled guilty to first-degree residential robbery with personal use of a firearm allegations.

Between June and October 2014, the defendants committed a number of crimes in the Antelope and North Highlands areas. While committing a home invasion robbery, all four defendants held a man and his children in their house at gunpoint and ransacked the house. Two of the defendants then attempted to rape the man's 27-year-old daughter, but the father was able to run outside for help and the defendants fled. In a second robbery, Latrale Way and other unidentified suspects approached a man and a woman at a park. After the group robbed the man, Latrale Way kidnapped the woman and forced her to drive to an ATM machine to get money. Way then directed the woman to a nearby neighborhood and raped her in her car. Two weeks later, Cotton and Way committed three additional armed robberies in the same park. Forensic DNA testing conducted by the Sacramento County District Attorney's Crime Lab conclusively linked Latrale Way to the rape.

Cotton and Way both face multiple life sentences in prison. Edwards faces a maximum of 16 years in prison and Smith faces a maximum of 15 years in prison.

Sentencing for all defendants is set for January 6, 2017, at 10:00 a.m. in Department 33 before the Honorable Michael Savage.

DATE: November 29, 2016

CASE: Demetrius Johnson & David Bell (Case #15F03124)

PROSECUTOR: Deputy District Attorney Samuel Alexander, Career Criminal Prosecution Unit Demetrius Johnson and David Bell were convicted by a jury of three counts of robbery. The jury also found true allegations that both defendants personally used a firearm and that Johnson discharged a firearm causing great bodily injury.

On May 22, 2015, Demetrius Johnson and David Bell went to a liquor store on Franklin Blvd. When Johnson and Bell tried to leave the store without paying for their items, the clerks tried to stop them. Bell then lifted up his shirt and threatened the clerks with a revolver. Ten minutes later, Johnson and Bell entered a mini mart two blocks away from the liquor store. Bell attempted to go behind the counter to take bottles of alcohol. When the clerk confronted Bell, Johnson pointed the revolver at the clerk and fired two shots as the defendants left the store with the bottles. The clerk was struck in the arm, causing a fractured bone and tissue damage. The defendants were later apprehended with the revolver and property from both robberies in their possession.

Johnson has multiple prior strike convictions for robbery, carjacking, and criminal threats as well as prior convictions for elder abuse and assault with a deadly weapon.

Johnson faces a maximum sentence of 40 years and 8 months to life in prison. Bell faces a maximum sentence of 20 years and 4 months in prison. Sentencing is set for January 20, 2017, at 9:00 a.m. in Department 10 before the Honorable Eugene Balonon.

DATE: November 30, 2016

CASE: Damian Porter (Case #14F03935) PROSECUTOR: Deputy District Attorney Timothy Carr, Special Assault & Child Abuse Unit

Damian Porter was convicted by a jury of the second-degree murder of Graeson Byrd and assault on a child resulting in death. A separate jury acquitted codefendant Davonna Rae Byrd, the victim's mother, of murder and assault on a child causing death charges.

On April 8, 2013, Porter was home alone with 11-week-old Graeson from early in the morning until 911 was called later that afternoon. When medical personnel arrived, Graeson was not breathing and did not have a heartbeat. The child was pronounced dead when he arrived at the hospital a short time later. Medical evidence showed Graeson had sustained a serious head injury that caused his death, and that Graeson had sustained numerous other injuries inflicted over several weeks. Among those injuries were rib, arm, and leg fractures.

Porter faces a maximum sentence of 25 years to life in prison. Sentencing is set for December 30, 2016, at 9:00 a.m. in Department 21 in front of the Honorable Steve White.



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