

Citizen Rudy Moll Celebrates 60 U.S. Years

PAGE 2

Chamber Installation, Honors PAGE 3



Carmichael Times

Volume 36 • Issue 53

Serving Carmichael and Sacramento County since 1981

December 30, 2016

PERRY HARTLINE: REST IN PEACE



PAGE 4

SCHRADER LEARNING LEADERSHIP



PAGE **10**

CHRISTMAS MORNING FIRE IN VACANT HOME



PAGE 10



direct link to our online edition!

Heroes Help Children's Home



Fireman Richard "Mo" Alamo and real estate broker Stephanie Williams (center) and her family joined the Sacramento Children's Receiving Home supporters to display a check donated to the Auburn Boulevard facility.

Story and Photo

by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Richard "Mo" Alamo and Stephanie Williams never met before December 22, 2016. Yet together, the firefighter and real estate broker have raised \$6000 to aid the Sacramento Children's Receiving Home.

Stephanie was inspired seeing engineer/paramedic Alamo with buddies Mike Mora and Chuck Godferson run the 2015 California International Marathon in full fire gear. The trio's effort raised \$3400 for the children's home on Auburn Boulevard. Due to domestic upheavals, Alamo had lived on the streets of Los Angeles as a teenager and is now active in mentoring kids through similar plights. To bring Christmas cheer to receiving home residents, he persuaded fellow officers to collect sponsorships and run

the 2015 marathon in fire kit.

"By the halfway point in Carmichael," he recalled, "our gear was soaked in sweat and probably weighed 40 pounds. What kept me going was a mental picture of arriving at the children's home in a fire engine, with Santa, and giving out gifts to the kids. That's exactly what we ended up doing - and we plan to do it again next year."

Stephanie and her husband Richard saw the marathon on TV. They marveled at Alamo and weighed-down amigos slogging 26 miles for bruised youngsters. "I saw their gift and how it would impact children's lives," said the broker. "They inspired me to pledge part of my 2016 income to help.

"I'm a mom. When I see what my three kids have compared to some others, I'm crushed. No child should have to suffer."

Her check for \$2600 was the result. Fireman Alamo (40) joined Williams for

the presentation and their first meeting. "She's inspired me to do the marathon again in 2017," said the fireman. "I'd hoped our run would motivate other acts of kindness. Thankfully, Stephanie got our message. But you don't need to run a marathon. Something as simple as a hug or buying lunch for some-

Broker Williams plans more help to the children's home as a volunteer. "Part of my vision," she promised, "is to keep giving a portion of my income to help children there."

one in need is a valuable act."

Receiving Home officer Danielle McGarrity praised the two benefactors. "Having community members care about our work is the most valuable gift we could ask for," she said. "After all, our kids are the community's kids..."

Learn about the Sacramento Children's Receiving home at www.crhkids.org

Bye, Bye, Mattress — Hello, Recycling!

SACRAMENTO COUNTY, CA (MPG)

- Two thousand mattresses on average have been recycled monthly since the free mattress drop-off program was launched in Sacramento County last December by the Department of Waste Management and Recycling. That's literally 24,000 fewer discarded mattresses stacking up in our landfill and has the added benefit of reducing illegal dumping. These recycled mattresses and box springs instead have been recycled for the production of new items, such as appliances, building and industrial materials, and textiles.

The County's Mattress Recycling Program,* in coordination with Bye Bye Mattress through the Mattress Recycling Council, allows individuals to drop off unwanted mattresses and box spring foundations for free at the County's North Area Recovery Station and Kiefer Landfill. These mattresses are sorted and loaded into trailers to be picked up by a dedicated mattress recycler.

If you are replacing a mattress and getting a new one, California applies a small disposal fee to every mattress purchase to cover the cost of recycling those old units. If your new mattress units are being delivered, be sure to have the retailer pick up the old ones at the same time at no additional cost.

"The free mattress drop-off program has been a great success for Sacramento County. With the average weight of mattresses at roughly 50 lbs., that's well over 1 million pounds of diverted material from the landfill to this point. Plus they don't settle like other materials, which makes mattress recycling the best scenario for both the environment and for landfill management," said Doug Kobold, County Department of Waste Management & Recycling Program Manager and Co-Chair of the California Mattress Recycling Organization Advisory Committee.

If you don't have a vehicle that can transport a bulky item like a mattress, that's okay. Sacramento County Waste Management and Recycling residential customers can have five cubic yards of bulky items picked up at no additional cost once a year, and each additional pickup is \$25. To schedule a pickup, go online to make a Bulky Waste Collection Appointment, or dial 916-875-5555.

Source: County of Sacramento ★

Environmental Documents for WaterFix Release enhancing the Delta ecosystem.

- Following hundreds of pub-

lic meetings and thousands of public comments, California has released the final, refined environmental documents for WaterFix, an essential effort to modernize the State's water infrastructure.

"WaterFix will secure water supplies for 25 million Californians and prepare for a future marked by rising seas, seismic threats and more extreme weather," said Mark Cowin, Director of the California Department of Water Resources. "After years of scientific study and analysis, we have found the best solution for protecting both the Delta's ecosystem and a vital water supply for California."

The Final Environmental Impact Report (EIR) and Environmental Impact Statement

(EIS) describe environmental impacts that could arise from modernizing California's infrastructure and includes measures to avoid or minimize those impacts. The document analyzed 18 project alternatives, including the status quo, and ultimately concluded that WaterFix, known as Alternative 4A, was the best option for both increasing water supply reliability and addressing current Delta ecosystem concerns while minimizing environmental impact. WaterFix was chosen because of its ability to provide a reliable source of clean water while minimizing unnatural flows in the Sacramento-San Joaquin Delta that harm native fish and habitat. More than 100 alternatives were also considered in the development of the WaterFix EIR/EIS and screened out for lack of feasibility or public benefit.

WaterFix is the State's plan northern Delta and two 35-mileto upgrade infrastructure in the estuary where two major rivers – the Sacramento and San Joaquin – meet before flowing to San Francisco Bay. The Delta provides critical habitat for wildlife, including several endangered or threatened species of native fish. The State's two biggest water projects, the State Water Project and the federal Central Valley Project, deliver water that passes through the Delta. Together, the two projects deliver water to 25 million people across California. Water project operations in the south Delta are increasingly curtailed to protect listed fish species. WaterFix aims to reduce that conflict so that water supplies are stabilized and harmful reverse flows are reduced. The project consists of three new intakes in the

long tunnels to transport water to the existing pumping plants in the south Delta. New intakes and tunnels would also help guard water supplies against saltwater intrusion as sea levels rise and in the event of an earthquake or storm powerful enough to destroy levees in the low-lying Delta.

The product of 10 years of study, analysis, and public input, California WaterFix is a key element of the Brown Administration's five-year plan to build more reliable, resilient watersystems and to restore important ecosystems. The basic elements of WaterFix were chosen in order to satisfy the 2009 Delta Reform Act, which established the co-equal goals of providing a more reliable water supply for California and protecting, restoring, and The 2009 law directed State agencies to analyze a reasonable range of Delta conveyance alternatives, including various routes and carrying capacities.

Now that the EIR/EIS is completed, Biological Opinions are expected to be finalized in early 2017, clearing the way for final environmental clearances, completion of other necessary agreements, and construction beginning as soon as 2018.

The final EIR/EIS was refined after more than 300 days of public review and 600 public meetings throughout the State about the draft versions. It includes responses to and revisions based on more than 30,000 public comments. The final environmental documents are available at http:// baydeltaconservationplan.com/ FinalEIREIS.aspx

Citizen Rudy Celebrates 60 U.S. Years

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Rudy Moll tasted his first hamburger when he was 27. He bought it for 24 cents at a Carmichael take-out. The Dutch Indonesian immigrant was sold at the first bite. "It was big and juicy," he recalls. "I wrote home about it. I'd never had so much meat in my life."

Feast and famine have shaped Moll's life. He spent teenage years in a prisoner of war camp where every rice grain was coveted. American rations were salvation in 1945. After Indonesian Independence, many Dutch Indonesians struggled for acceptance in Holland. Moll served the Royal Dutch Army and pursued a dream to live in the bountiful USA, whose air-dropped food had helped save him.

Carmichael Presbyterian Church sponsored his immigration. With his first wife Sonja, he crossed the Atlantic to New York in 1956. The newcomers then caught a

train to Sacramento. Presbyterian parishioners Warren and Mary MacMillan drove them to a cozy home where they met their landlady, Effie Yeaw. "She was strict," he recalls of the community matriarch. "But she was fair. The Presbyterians didn't care that we were Catholics. On Christmas Eve, they drove us to Mass. Everyone in Carmichael knew all about us. We were the first refugees they'd seen. I'd always lived in cities and we had Rudy Moll served to get used to village the Royal Dutch before life."

immigrating to USA Moll recently celeand starting a new brated his 60th year in life in Carmichael. the "village" that welcomed him. Shirted

in stars and stripes, Carmichael's adopted son declared December 6 -- 1956 and 2016 -- two of the best days of his life.

Army

Family photo

No prouder patriot can be found. He recalls the elation of prisoners when US P-38s chased Japanese Zeros over occupied Indonesia. "My father (an electrical Liberators in 1945. Internees licked spilled



Aged 87, Rudy Moll recently marked 60 years living in the USA. The Dutch-Indonesian immigrant partied in patriotic style at Mission Oaks Community Center.

engineer) refused to work for the Japanese," he explains. "They loaded thousands of us in the hold of a ship and took us to Celebes. Mom and me went with the women and children; pappie was taken to a men's camp.

"We boys were put to work with the cows. We had to milk them and oh, to a hungry boy, that milk smelled good. But we were punished if we even took a drop. On hard bamboo cots, we dreamed of breakfast. We finished every last grain of rice and it was never enough. The guards saw boys as future enemies and treated us bad. Mom protected me; she was terrified I'd be taken to men's camp, where things were worse. We didn't know if pappie would survive. He and mom were allowed to exchange 50 words by censored postcard at Christmas. I still treasure those cards. We all learned to help each other; we also learned not to waste. Today, when I see people throwing away food, I remember those hungry times."

He also recalls his first taste of America - US rations that dropped from B-24

chocolate powder from the ground. "Soon other rations arrived," he says. "People got sick from eating too much.

"Years later, I saw my first American grocery store. Carmichael Safeway gave my wife and me a tour. We'd never seen so much food and it seemed so cheap. We wrote home that we were in the land of plenty."

The immigrant found a clerking job for Pacific Gas and Electric in Arcade and retired from this company 30 years later. By then, he'd married his second wife, Mady. Music lovers, the Molls are a dancing fixture at local concerts. In Sinatra-style hat, Moll also volunteers his baritone for concerts by the Northern Californian Vocal Artists Association and the Rhythm and Shoes Dance Group. Recalling American aircraft as WW II saviors, he supports the P-38 National Association and any event that spotlights aviation.

Fifty years after immigrating, the patriot became a naturalized US citizen. "I don't know why I didn't do it sooner," ponders Moll. "I don't feel like an immigrant anymore; citizenship make me feel I belong.

CRAIG DIEZ TEAM



Photographed in 1946, schoolboy Rudy and mother Rose spent WW II imprisoned on the Indonesian island of Celebes. Family photo

My brown skin never bothers anyone here; I'm accepted. America has been good to



Escape everyday stress. Treat yourself for the holidays.

Come let us pamper you in our tranquil salon and spa with a haircut, manicure/pedicure, facial, or a massage!

Like our Facebook page for future updates @cherazsalonandspa.



Bringing You Home

Your Carmichael Realtor for over 29 years (916) 425-5884

URRENT LISTINGS



854 Piccadilly Cir., Sacramento, CA 95864

3143 sqft, 4-5 Beds 2.5 Baths, 3 Garage

open single story floor plan walking distance to Jesuit and Rio Americano



3304 Inverness Ct., Sacramento 2691 sqft., 4-5 Beds, 2.5 Baths Private .34 acre cul-de-sac lot



4537 Barrett Rd., Carmichael 2664sqft., 4 Beds, 2.5 Baths Built-in pool, 2 Car garage



4171 Dena Way, Sacramento

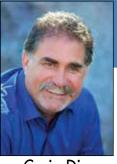
3,033 sqft., 5 Beds, 4 full Baths fully remodeled home, guest house

5322 Kenneth Ave., Carmichael 1125 sqft., 3 Beds 1 full Baths .29 acre lot, large 2 car garage



RESIDENTIAL BROKERAGE 7144 Fair Oaks Blvd., Suite #7 Carmichael, CA 95608

(916) 425-5884 cdiez@cbnorcal.com



Craig Diez



CRAIG DIEZ TEAM



For more information call (916) 485-5322

or visit carmichaelpark.com



Congressman Ami Bera's staffer Keane Chukwuneta (left). Swears Carmichael Chamber of Commerce's 2017

Words and pictures by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - The Carmichael Chamber of Commerce honored achievers and installed new directors at a recent business luncheon. Carmichael dentist Dr. Gabrielle Rasi assumed the organization's 2017 presidency.

Congressman Ami Bera's staffer Keane Chukwuneta administered the oath of service to a new board of directors. These include Joe Green (vice president), Dan Kellow (treasurer), Fred Rivas, Rick Oster, Debi Morales, Barbara Safford, Virginia Stone, Katie Pexa and Linda Melody



2017 Honorary Mayor Katie Pexa (left) receives congratulations from Congressman Ami Bera's staffer Keane Chukwuneta and 2016 Mayor Julie Woodworker



Mayoral campaign rivals Danielle Gourley (left) and Katie Pexa present donations to two local Alzheimer's

(executive vice president).

Culminating a lively campaign season, Katie Pexa received her medal for 2017 Honorary Mayor from outgoing Mayor Julie Woodworker Hubbs. Rival candidate Danielle Gourley and Pexa presented donations from their mayoral campaigns to

two Alzheimer's charities: Artisan Mind and the Alzheimers's Association.

Visit t h e Carmichael Chamber of Commerce website at www.carmichaelchamber.com

Chamber Honorary President is Carmichael dentist Gabrielle Rasi



Chamber Installation, Honors Gov. Appoints Tedmon to **County Superior Court**

SACRAMENTO, CA (MPG) - Governor Edmund G. Brown Jr. recently announced the appointment of Scott L. Tedmon to a judgeship in the Sacramento County Superior Court.

Tedmon, 62, of Carmichael, has been a sole practitioner since 1994. He was a partner at the Law Offices of Tedmon and Tedmon from 1980 to 1993. Tedmon earned a Juris Doctor degree from the Western State University College of Law and a Bachelor of Arts degree from the University of California, Los Angeles. He fills the vacancy created by the retirement of Judge Greta C. Fall. Tedmon is a Democrat.

The compensation for this position is \$191,612.

Scott L. Tedmon (right) has been appointed to a judgeship in the Sacramento County Superior Court by Governor Jerry Brown.



Thank A Veteran Today

Sagebrook Senior Living INDEPENDENT LIVING & MEMORY CARE

UNDER NEW OWNERSHIP

COME IN OR CALL TODAY TO LEARN ABOUT **OUR EXCELLENT PRICING!**



SENIOR LIVING AT CARMICHAEL

7125 Fair Oaks Boulevard • Carmichael, CA 95608 Near the corner of Fair Oaks and Grant Ave.

(916) 481-7105

License #347001523 🗐 🚳









1:00 p.m.

Mayflower Tours Presents: River Cruise Portugal and the Douro River Cruise September 24 - October 4, 2017 \$5699 pp Double Cruise Porto to Salamanca and return, include 2 nights Lisbon

SWANSTON COMMUNITY CEN



Muppet-style puppet to take home!

•All Ages Saturday, 10am-1pm Jan 14 - Feb 11

\$125 for 1 parent, 1 child & 1 puppet Register online MORPD.com





Register online MORPD.com

Introduction to Making Music (8yrs and up - \$10 per class)

Songwriting and Arranging

Vocal Coaching (\$15 per class or 4 for \$40 per class)



MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm **Registration Hours:** 8:30 am- 4 pm Monday-Friday

DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael, CA 95608 **MISSION OAKS COMMUNITY CENTER** (916) 972-0336 • Fax (916) 972-7371 4701 Gibbons Dr., Carmichael, CA 95608 **SWANSTON COMMUNITY CENTER** (916) 333-6464 • Fax (916) 488-4349 2350 Northrop Ave., Sacramento, CA 95825

MORPD.com

Perry Hartline: Rest in Peace Governor Brown Grants Pardons

A very good friend of mine, Perry Hartline, passed away just hours before Christmas Eve. He had moved to the East Coast not long ago to escape from the confines of California. He said conservatives didn't stand a

about politics, life, history, our families. Turns out he was right more times and about more things than I can admit.

Perry had been in the advertising and radio business for many years in this state. He also was a great political cartoonist. Some

I will miss you my friend, your wisdom, your humor, and your willingness to always take

friends on both coasts.

He is survived by a lov-

ing wife, a son and a daughter.

He will be missed by his many



SACRAMENTO, CA (MPG) -Governor Edmund G. Brown Jr. has announced that he has granted 112 pardons and one commutation.

Individuals who have been convicted of a crime in California may apply to the Governor for a pardon. Those granted pardons all completed their sentences and the majority were originally convicted of nonviolent, drug-related crimes. All applicants for a pardon who were eligible obtained a Certificate of Rehabilitation, which is an order from a superior court declaring that a person convicted of a crime is now rehabilitated.

A gubernatorial pardon may be granted to people who have demonstrated exemplary behavior and have lived productive and law-abiding lives following their conviction. Pardons are not granted unless they are earned.

When a pardon is granted, the California Department of Justice and the Federal Bureau of Investigation are notified so that they may update their records on the applicant. The pardon is filed with the Secretary of State and the Legislature, and it is a public record.

The Governor also granted one commutation to a current inmate, which will reduce the

prison sentence but not eliminate it. The individual will not be released from prison today and he will remain incarcerated until he is eligible to appear before the Board of Parole Hearings. The inmate receiving the commutation has shown exemplary behavior during incarceration, including vocational accomplishments, self-help, volunteer activities and earning multiple community college degrees.

Copies of all 112 gubernatorial pardons and the commutation can be found at https://www.gov. ca.gov/docs/12.23.16 Pardons.pdf. Source: Office of Gov. Brown★

Elections Have Consequences LAS VEGAS, NV (MPG) - The and closing out the 2016 she has done around the world!

Western Region Clown Association has elected a San President to promote the art of clowning.

During a clown convention of 200 plus clowns held in Las Vegas, Butterscotch was elected President. Her duties include coordinating 2017 convention convention.

Butterscotch has held board Juan Capistrano clown for positions with Western Region Clown Association, Funny Business Clown Club, San Diego All Stars, Clowns of America International and has served as a 4H leader and Club Leader. This is in addition to all the volunteer and paid clowning

The Western Region includes California, Colorado, Utah, Arizona and Nevada.

Butterscotch did not immediately return calls from the press questioning if she is intending to run for Governor of the State of California once her term expires.



"I will list your house for 1.5% for the best price."

• Just Pay buyer's agent only 2.5%, and Save Big! Office -916-339-0300

Victor Demchuk Lic# 01269014

7144 Fair Oaks Blvd # A Carmichael, CA 95608

CAPITOL CITY REAL ESTATE capitolcityre.com

CALL 773-1111 TO ADVERTISE IN Carmichael Times



Sacramento Fine Arts Center

Animal House - The Exhibit Opens January 3, 2017

2nd Saturday Reception January 14th, 5:30-8:30 pm Poetry Art and Jazz Concert, January 29th, 7 pm





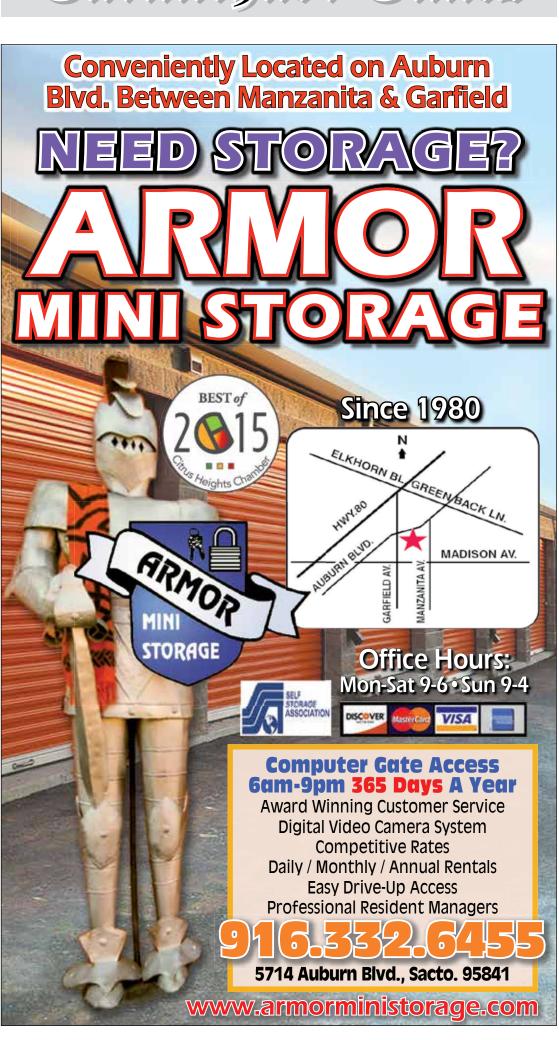
galleries • classes • gift shop Tues. 11 am-7 pm, Wed-Fri 11 am-3 pm, Sat-Sun 11 am-5 pm 5330-B Gibbons Drive, Carmichael, CA 95608 916.971.3713 • www.sacfinearts.org



Go to www.CarmichaelTimes.com, click on EVENTS and add your EVENTS to our calendar. We make it easy!

You can reach 175,000 readers for just \$9.99! (916)- 773-1111





Healthy, Wealthy & Wise



Fair Oaks Sunset Farmers Market WEDNESDAY, 3 PM - 7PM 8101 Sunset Ave, Fair Oaks **OPENS MARCH 16** Seasonal, Rain or Shine

Sunrise Mall Farmers Market SATURDAYS, 8 AM - 1PM 6196 Sunrise Blvd., Citrus Heights

(Behind Sears) **Year Round, Rain or Shine**

Historic Folsom Farmers Market SATURDAYS, 8 AM - 1 PM

915 Sutter Street, Folsom Year Round, Rain or Shine

SUNDAY, 9AM-2PM

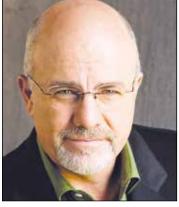
Carmichael Park Farmers Market 5750 Grant Ave., Carmichael Year Round, Rain or Shine

- ⇒ Live Music & Entertainment
- **⇒ Certified Farmers & Organic Producers**
- **⇒ Specialty Gourmet Foods**
- **⇒ Chef Demos**
- ⇒ Artisans/Crafters
- ⇒ EBT/WIC & SNAP Accepted
- **⇒ FREE PARKING**



Bring this flyer with you to any market location and receive **FIVE raffle tickets** to enter to win our **Monthly Farmers** Market Gift Basket!! (mpg)

ILoveMyFarmersMarket.com



His wife's final gift

Dear Dave,

My wife and I have been married for 12 years. Last month we found out she has terminal cancer and only six months to live. We've been fortunate enough to become fairly wealthy during our lives together, and she wants to buy me a boat. We always went fishing together, and her last wish is for me to have the boat I've always wanted. Even with this prognosis, I'll be okay financially when she's gone. Still, I can't stand the thought of this. It's just too painful. Do you have any advice?

Dear Andrew,

- Andrew

Buddy, I am so very sorry. I hope you realize that you have the sweetest woman on earth for your wife. Even with all she's going through, her thoughts are of you and your happiness. That is one amazing lady.

The first thing I'd tell you both is to make sure your faith is intact. Hug her a lot, and keep talking to, praying with, and loving on each other. Be there for her all you can, and keep in mind that doctors can be wrong. It

Dave Says

happens a lot, believe it or not, so don't give up hope.

If she brings up the boat again, just smile and let her know it's all about her right now. Remind her that she did the nicest thing possible many years ago when she agreed to spend the rest of her life with vou. If she's really stubborn about this idea — something tells me she is, and in the very best way possible — promise her that whether you win or lose this fight you'll buy that boat someday and name it after her.

In other words, just tell her the truth and be real. If she goes home to be with the Lord, there might come a day down the road when the pain you'll feel has dulled just a little, and you find yourself sitting on that fishing boat that's named after her. That would be okay. I'm sure she would be smiling at you while you reeled in a big one. But you've got more important things to take care of right now - namely her.

God bless you both, Andrew. —Dave

Trashing your truck

Dear Dave,

My husband has two trucks, one of which is a work truck at his construction site. It's in really bad shape, and he wants to take \$16,000 out of savings to buy another one. We only have \$17,000 in the account. What should we do?

- Caroline

Dear Caroline,

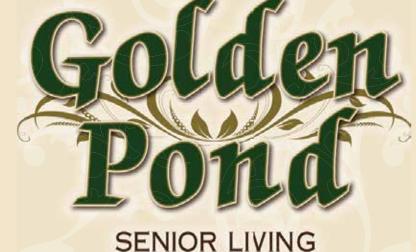
Your husband wants to drain your savings to buy a \$16,000 vehicle and roll it up to a construction site? I think this guy has been watching too many macho-man truck commercials.

In the real world, some hard hat will run into it with a piece of heavy equipment or drop a load of bricks off center and put some big time damage on this truck before he puts 1,000 miles on it. He wants to buy way too much truck. This kind of decision will wreck your finances and spell bad news for the business, too.

You can buy a perfectly good work truck for \$6,000 or \$7,000, and that's what he needs to do. This truck is going to get destroyed, and trashing an inexpensive truck is a much better idea than trashing the family finances!

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, EntreLeadership and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @ DaveRamsey and on the web at daveramsey.com.

LEGAL ADS FOR SACRAMENTO COUNTYP We Can Do That! Call to place your 483-2299 legal advertising All Legal Ads Published by Messenger Publishing



Your Neighborhood Extended Family



All Day - Every Day Activities Flexible Dining Compassionate Staff **Personal Move Manager** We're Pet Friendly

Now Providing Independent Living, **Assisted Living and Memory Care**

AFFORDABLE & QUALITY & FAMILY

Call Today 916.369.8967

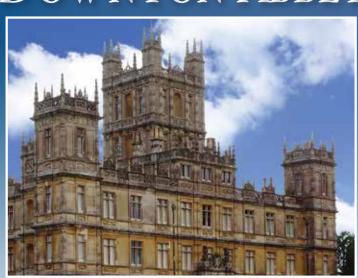


FREE LUNCH

Bring in this coupon and **Have Lunch on Us!** Call ahead for Reservations

RCFE #347000985

THE MUSIC OF DOWNTON ABBEY



Fans can enjoy music from the popular TV Series by Emmy Award-winning composer John Lunn.

SATURDAY, MARCH 18, 2017 AT 8:00 PM

Pre-concert talk at 7:00 PM by Conductor Donald Kendrick

Sacramento Community Center Theater

PLAN TO GET YOUR TICKETS EARLY for this unique concert experience

- British chorus and orchestra gems from the era by Vaughan Williams, Stanford, Parry, Elgar, Holst
- Narrations about memorable Downton Abbey events
- Audience participation, digital green screen photo op
- All are welcome to attend in post-Edwardian England dress
- English tea at the post-concert reception



Donald Kendrick | Music Director

In partnership with **KYIEO**

CCT Box Office | 916.808.5181 or TICKETS.COM SACRAMENTOCHORAL.COM

Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Appliance Repair

Cortney's Appliance Repair 916-879-7937

Refrigerators • Dryers Stoves • Dishwashers Gaskets • Motors Relays • Capacitors



Autos Wanted

DONATE YOUR CAR, TRUCK, BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

CASH FOR CARS/ TRUCKSIII All Makes/Models 2000-2016! Top \$\$\$ Paid! Any Condition! Used or wrecked. Running or Not. Free Towing! Call For Offer: 888-417-9150. (Cal-SCAN)

DONATE YOUR CAR - 888-433-6199 FAST FREE TOWING -24hr Response - Maximum Tax Deduction - LINITED BREAST CANCER FDN: Providing Breast Cancer Information & Support Programs (Cal-SCAN)

WANTED! Old Porsche 356/911/912 for restoration by hobbyist 1948-1973 Only condition, top \$ paid 965-9546 707 (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 800-743-1482 (Cal-SCAN)

Cable/Satellite TV

DISH TV - BEST DEAL EVER! Only \$39.99/mo. Plus \$14.99/ mo. Internet (where avail.) FREE Streaming. FREE Install (up to 6 rooms.) FREE HD-DVR. Call 1-800-357-0810 (Cal-SCAN)

DIRECTV. NFL Sunday Ticket (FREE!) w/Choice All-Included Package. \$60/mo. for 24 months. No upfront costs or equipment to buy. Ask about next day installation! 1- 800-385-9017 (Cal-SCAN)

Electrical Services

RETIRED MASTER ELECTRICIAN. problem solver! 30 yrs experience, senior discounts, Save big - don't replace panel - rebuild it. Lic.# 513168, 916-595-3052

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Fitness/Yoga

Your Fitness Genie Making Your Your Fitness Goals
Come True! Genie 15 Years of Experience

3 Sessions for \$99, new clients only

 Weight Loss • Injury Recovery • Senior Fitness • Yoga • Pilates
Safe, Effective, Functional
Resistance Training
Be Active, Call Today! nn@YourFitnessGenie.c (916)768-8767

For Sale

Classic Album Collection

Get hours of fun and eniovment out of this classic album collection. Over 150 used albums. Country Haggard, Jennings, Robbins Hank Williams, Johnny Cash) some Rock, some Pop, Classical Collections, unique soundtracks, many Christmas classics. Get all 150 for only \$200 cash. Call Paul at 916-773-7337.

Pick up in Carmichael. Handyman

QUALITY LABOR & MAINTENANCE Yard Work, Hauling, utter Clean,

You Name It! (916) 613-8359

Health & Medical

Odd Jobs

Got Knee Pain? Back Pain? Shoulder Pain? Get a painrelieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-796-5091 (Cal-SCAN)

Stop OVERPAYING for your prescriptions! SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 1-800-273-0209 Promo Code CDC201625 (Cal-SCAN)

OXYGEN Anytime. Anywhere. No tanks to re-No deliveries. Only 4.8 pounds and FAA approved for air travel! May be covered by kit: 844-359-3976. (Cal-SCAN)

Help Wanted

CDL-A Driver: AUTO HAULERS WANTED Earning Potential up to \$75k Per Year Plus Bonuses. Local and Regional. Home 2-3 Nights Per Week Paid Training Available. Great Benefits Packages Call Today 888-525-8880. (Cal-SCAN)

Sales Representative California Trade Association located in Sacramento is seeking someone with strong knowledge for Advertising, print, digital and social media solutions, great with detail, an amazing attitude, and a passion for selling content and integrated partnerships, 3-5 years experience a plus. We offer a competitive base salary, commission and bonus plan, with great benefit package. Email Resume and Salary History to jobs@cnpa.com. EOE (Cal-SCAN)

EXPLODING DEMAND! Adding more Northern California couriers! Same-day delivery companies seek you! POSTMATES low average \$25hr/tips, (800) 505-4337. UberEATS low average \$30hr, (800) 707-4065.

(Cal-SCAN) Classified Advertising 773-1111

Home Maintenance

A Quality Home Maintenance Gutters Cleaned (916) 613-8359

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807 (Cal-SCAN)

Landscaping

CREATE YOUR



Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Fence Installation. **Retaining Walls-All Types, Drainage**

Residential/commercial American Landscape Design & Installation. Est 1987

Maintenance Company WE ACCEPT VISA & MASTER CARD

Lic#690968 Legal Services

Xarelto users have you had complications due to internal bleeding (after January 2012)? If so, you MAY be due financial compensation. If you don't have an attorney, CALL Injuryfone today! 1-800-425-4701. (Cal-SCAN)

Medical Supplies / Equipment

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors, American Made, Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Miscellaneous

HOME BREAK-INS take less than 60 SECONDS. Don't wait! Protect your family, your home, your assets NOW for as little as 70¢ a day! Call 855-404-7601 (Cal-SCAN)

SAWMILLS from only \$4397.00-MAKE & SAVE MONEY with vour own bandmill- Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www. NorwoodSawmills.com 1-800-578-1363 Ext.300N (Cal-SCAN)

Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/halfhour. \$15/hour. freddiebbalbert1@yahoo.com. 530-263-6926 (MPG 12-30-17)

DOG RESCUE Gary (916) 334-2841

Please Adopt or Foster Because so many really great dogs are dying for a good home ShelterMOII

Professional, Loving **PET CARE Established Reputation**

Real Estate

BORROW \$150K to \$1million

Easy Qualify CONSTRUCTION

& Owner builder loans www.

EasyConstructionLoan.

#00426805

Roofing

BERNARDINO

ROOFING

FREE ESTIMATES* SENIOR DISCOUNTS

RV Sales

#303135

Since 1980, CA Bro

(Cal-SCAN)

Kennel Free Environment Lots of TLC

Call Madeline (916) 723-1608

PARADISE



Winter Yard Cleanups. Types Concrete Work,

916.920.0100 Systems-all types, Landscape Lighting.

American Construction & Property

Bill Eads RVs

Buy, Sell, Trade & Consign

"Results.... not Promises" Number 1 Consignment Lot in Northern California

We Pay Top **\$\$** for clean RVs! Great, Secure I-80 Freeway Location.

Lic & Bonded - 29 Years Exp! Check out BillEadsRV.com 4409 Granite Dr. Rocklin, CA

Office 916-624-7600 Bill 916-878-0273

Senior Living

A PLACE FOR MOM.
The nation's largest senior living referral service.
Contact our trusted,local experts today! Our service is
FREE/no obligation. CALL 1-800-550-4822. (Cal-SCAN)

Tax Services

Do you owe over \$10,000 to the IRS or State in back taxes? Our firm works to reduce the tax bill or zero it out completely FAST. Call now 855-993-5796 (Cal-SCAN)

Tractor Work

TALL WEEDS, blackberrys cut, dirt moving, discing, trenching, rototill, bobcat backhoe. Dave #571637 916-988-3283

Pets/Animals

TREE & STUMP REMOVAL

TREE TRIMMING/ SHAPING FREE ESTIMATE 10% OFF WITH THIS AD

Tree Service

BP TREE

SERVICES

Insured. Workman's comp. Arborist

bptreeservices.com VISA / MASTER CARD California Contractors Lic #831766

Wanted

House-mate for 3 bdr. home with pool in Carmichael. Please call & leave a message I will return all calls. 969-5707.

DONATIONS NEEDED Vol. are feeding 3 cat colonies in local area. Now accepting cat food donations please call 916 729-0103.

Work Wanted

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job too small. Health and Security background. References. College grad. Tim 916-334-8903, 503-460-7149. (MPG 12-31-16)

Work Wanted

Anytime hauling, house, yard, clean outs, spa, deck, concert, anything anytime 916-271-3365 (MPG 8-31-16)

YOGA Restorative YOGA \$10 Donation.

7-8:15pm. Louise 729-0103.

Advertising

Sunday Night

Classified

Sell Your Stuff! Reach 1000's of Readers Every



CALL

773-1111

TownHome for Sale

G

Η

В

Α

Η U R Τ

S Η

M

Α

F

Ε

W 0

Ρ

S

0 0

Ν 0

G S

R

Ν

Α

Η Ε

R 0 U Ν D

Ε

Α

Ε

D

Ε N

Μ Α

D

0

Η

Ν



5213 ARDEN WAY, CARMICHAEL, CA 95608 \$349,000

 Beautiful private quiet gated townhome community
••Located Near William Pond Park & American River Parkway•Seller Shows Pride of Owner-ship. Very Clean Move In Ready•This 1,925 SqFt. Home has a Large Family Room•Upgraded Laminat Wood Floors throughout Home•Master Bedroom Suite is Huge with Vaulted Ceilings & Lots of Closet Space•Sunken Jetted Tub in Master Bath•Plantation Shutters•Backyard Patio W/Pavers•2 Car Garage & Community Pool•Short Walk/Close to Restaurants

and Shopping! LISTING AGENT-MARC PALOS-VILLAGE FINANCIAL GROUP 916.284.1365

Home for Sale

CARMICHAEL HOME



\$379,000.-50% of a Duplex 4 bedroom 2 bath with a Gorgeous Swimming Pool, River Access & Remodeled. Cash Buyer Only. Great Investment! Robin Leineke (510)435-3838 DRE#01214440 realestaterobin@comcast.net (MPG 00-00-00)

6 6 3 2 9 8 5 1 5 6 7 3 8 4 9 9 5 7 3 1 4 8 2 6 5 6 2 4 3 9 8 3 5 2 9 1 8 6 4 8 4 9 6 5 2 1 3 2 8

California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State

1

NOTICE TO READERS

not licensed by the Contractors License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www. cslb.ca.gov or 800-321-CSLB

(2752). Unlicensed persons

companies. Check with the local Better Business Bureau before you send any money

wary of out of area

LET US SAVE YOU TIME & MONEY



25 words/41 papers/7 days CLASSIFIED COMBO 25 words/282+ papers

25 words/245+ papers

1x S1,600 2x2 Statewide

HOLLYWOOD CALIFORNIA NEWSPAPERS DELIVER!

Specialties Plus

 Machine Repairs (all makes and models) · Toner Cartridge Refills (using Cartridge World? Take 10% off their price & try mine)

ing (w Service Contracts

(monthly or yearly) · Lease or Rent

 High Volume Copying (save wear & teal on your machine)

We are Local



Specializing in Digital Printers, Copiers, Fax & Multifunction

specpluscopiers@gmail.com

PROFESSIONAL

LANDSCAPE SERVICES



Superior Landscape Services

- Insured
- Landscaping and Maintenance

• Sprinkler Repair/Install • Pruning

 Mowing/Trimming • Fertilizing Lic#794551 (916) 728-5812 • Cell (916) 761-0999

Paralegal Services

Dave Cochran Owner • dave_SLS@surewest.net

Living Trust • Living Will

Includes: Trust, Will, Powers of Attorney, Family Residence Deed Single \$495 • Couple \$550

Call Lynda K. Knight (916) 214-1215 1337 Howe Ave. Suite 103, Sacramento

House Cleaning Services

Sparkle Clean Agency Communication just as important as great cleaning

· Detail oriented • Floor cleaning on hands and knees · Move ins/outs

Ann Jackson. Owner



annspklcln@gmail.com residentialcleaningsacramento.com

Sparkle

· Serving greater Sac since 1987

Professional cleaners

COMMERCIAL JANITORIAL SERVICES



Commercial Janitorial Service

OF SACRAMENTO The Superior Choice for Commercial Cleaning

Call to schedule your FREE Quote

916.782.3300 • www.ANAGOSAC.COM

May the Most Sacred Heart of Jesus be adored, and loved in all the tabernacles until the end

May the most Sacred Heart of Jesus be praised and glorified now and forever. Amen

This prayer has been known not fail. Thank you St Jude for prayer answered. ICB

Blessed be St. Jude Thaddeus, in all the world and for all Eternity.

(say this prayer, followed by the Our Father and the Hail Mary)

Has \$\$\$\$ to lend on California Real Estate* V.I.P. TRUST DEED COMPANY

Principal (818) 248-0000 Broker

WWW.VIPLOAN.COM "Sufficient equity required-no consumer loans

Real Estate License #01041073 CA Bureau of Real Estate, NMLS #339217

Printe Porty leass generally have higher interest rates, points & fees than conventional documented loan

NOVENATO ST JUDE

St. Jude pray for us and hear our prayers. Amen.

Blessed be the Sacred Heart of Jesus

Blessed be the Immaculate Heart of Mary

of time. Amen.

OVER 35 YEARS OF FAST FUNDING

COMPUTER SERVICES

insky's Custom Desktop Computer Configuraions PC Repair • Home Wireless Networking

Phone: 916-622-2269 Zconfig@sbcglobal.net Bus. Lic. # 305312 • B. E. A. R. Reg. #84416

Installations • Viri & Spyware Eradicatio Alan Zinsky

PC Configurations "Don't replace it - REPAIR IT!"

www.zinskyspcrepair.com

Fencing-Wrought Iron & Wood • Stamped Concrete



HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM!

DETOX (916) 965-3386

SOBER LIVING (916) 961-2691



· One Time Clean Ups

Hauling

One time

 Fence Repair Rototiller

R D Ε 0 P S Α Н Μ Υ

S

Ε

Ε

Α

Crossword Puzzle on Page 9

S

G

S

Р

0

M

0

P

Р

0 Ν Ν U O M R Α С Τ 0 Ν G В Α Μ Α R

S Ε G Α P Ε Α R Ε D

Α Ε R Κ Ε 0 J U В D

Ε 0 D

Ε Τ S

Sudoku Puzzle on Page 9 3 8 5

> 5 1 6 7 4 3 9 3 8 6 2 4 9

License Board. State DISCLAIMER

taking jobs that total less

than \$500 must state in their

advertisements that they are

for fees or services. Read and understand any contracts before you sign. Shop around for rates.

1x \$650 Statewide

\$435 North/\$485 South

8 days \$1,270 Statewide

REACH 75+ MILLION READERS WITH ONE ORDER, ONE BILL

E-mail:

(916)-826-9796

7029 checkerbloom way, Citrus Heights, CA 95610 • Brick • Flagstone • Retaining Walls • Chimneys • Fireplaces • Mailboxes • Walkways • Restoration

(605)-786-2227

Drug and Alcohol Rehabilitation

18 YEARS IN BUSINESS!

LAWN CARE AND LANDSCAPING

 Weekly Service • Bark/Rock Installation • Sprinkler/Drip Repair

Daily Classified 7 days \$995 \$650 North/\$650 South \$1,240 2x2 No.; \$1.240 2x2 So. More info: Call (916) 288-6011; email cecelia@cnpa.com

Machines

"You Visualize and I'll Customize Masonry /lasonrv

• Interior Design and so much more!!

fmasonry2011@gmail.com

DC Unlimited Lawn Care Will Beat Any Reasonable Price

• Gutter Cleaning

• FREE ESTIMATES • Call (916) 896-8413

Need Affordable Landscaping? Monthly Service Bi-Weekly Service

• Shrub Maintenance • Lawn Care

(916) 723-8430 MASONRY WORK

DISPLAY - Community New 140+ papers Sizes: 2x2; 2x4; 2x5; 2x6

Business & Service Directory

Legal Advertising Hotline 916-483-2299

LEGAL ADVERTISING Legal Advertising Fax Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 916-773-2999 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09302 Nicholevy Nguyan Tran. 9554 Rose Vista Court Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Ta South Sacramento" at 6645 Stockton Boulevard Suite 200 Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 29, 2016. Publish: December 9, 16, 23, and 30, 2016 161122

FICTITIOUS BUSINESS NAME STATEMENT K&O Enterprises LLC. FBNF2016-09326 2647 Main Street San Diego, CA 92113 is doing business under the Fictitious Business Name(s "Loyal Towing, Quality Towing" at 3435 52nd Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 LOYAL 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09312 Sidney Baysinger, 9341 Fair Oaks Boulevard Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Water Heater Pros" at 9341 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09208 Michele A. Pelton-Bennett and Paul A. Bennett, 5004 Bonny Kaye Court, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "MvLifeAgent.org" at 5004 Bonny Kaye Court Antelope, CA 95843. Filed with the Clerk of Sacramento County November 22, 2016. Publish: December 9, 16, 23, and 30, 2016 MYLIFEAGENT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09266 Armen Shahbazyan, 3572 Envero Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Zara's Mini Market" at 10675 Coloma Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 28, 2016. Publish: December 9, 16, 23, and 30, 2016 ZARAS 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09323 Lisa L. Lemans, 8805 Kelsey Drive Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Exit Stage Right, Staging & Cleaning" at 8805 Kelsey Drive Elk Grove, CA 95624. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT HAP Auto Recycling, Inc, FBNF2016-09400 3590 Sunrise Boulevard Suite 5 Rancho Cordova, CA

95742 is doing business under the Fictitious Business Name(s) "HAP Auto Recycling, Inc" at 3590 Sunrise Boulevard Suite 5 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09398 Aztec Solar Inc, 11370 Trade Center Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Aztec Advertising" at 11370 Trade Center Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09372 Immanuel Food Service LLC, 9417 Rainbow Falls Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Masaya" at 716 7th Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09345 FINDPRO LLC, 11524 Pyrites Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "FINDPRO" at 11524 Pyrites Way Gold River, CA 95670. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 **FINDPRO** 161122

BUSINESS NAME STATEMENT FICTITIOUS FBNF2016-09179 Santifran Global, Inc., 2020 5th Street #219 Davis, CA 95617 is doing business under the Fictitious Business Name(s) "Rita's of Arden Arcade, Rita's of Natomas. Rita's Ice Custard Happiness. Rita's Italian Ice Frozen Custard " at 2654 Marconi Avenue Suite 112 Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 RITAS 161122

FICTITIOUS BUSINESS NAME STATEMENT Home Boom, Inc, 1111 H Street Suite 202 Sacramento, CA 95814 is doing business under the Fictitious Business Name(s "Home Boom Financial, ForVeterans.com" at 1111 F Street Suite 202 Sacramento, CA 95814. Filed with the Clerk of Sacramento County November 10, 2016. Publish: December 9, 16, 23, and 30, 2016

HOMEBOOM 12-30-16 161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09328 Hyo S Park, 12304 Pawcatuck Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business "Cali Bowl Teriyaki" at 10673 Coloma Name(s) Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016

161122

12-30-16

FICTITIOUS BUSINESS NAME STATEMENT The Maxbread Group, LLC FBNF2016-09332 6822 Domingo Drive, CA Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name(s) "Togo's Carmichael" at 4100 B Manzanita Avenue Carmichael, CA 95608, Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 9, 16, 23, and 30, 2016 TOGOS 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT Christine Bosley, 5254 Dewey FBNF2016-09369 Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Chai Cottage" at 5254 Dewey Drive Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 9, 16, 23, and 30, 2016

161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09200 Auto Star Motors Inc, 4625 Auburn Boulevard Suite A Sacramento, CA 95841 is doing business under the Fictitious Business Name(s)

"Auto Star Motors" at 1761 Fulton Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 21, 2016. Publish: December 9, 16, 23, and 30, 2016 AUTO 161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09236 Yevgeniy Knyazev, 5509

Shaver Court Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "KY Transport, KY Transportation" at 5509 Shaver Court Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 23, 2016. Publish: December 9, 16, 23, and 30, 2016 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08960 Shalesh Kumar, 1941 John Still Drive Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Hari Bhajan Ramavan Kirtan Faag Mandli" at 1941 John Still

Drive Sacramento, CA 95832, Filed with the Clerk of Sacramento County November 15, 2016. Publish: December 9, 16, 23, and 30, 2016

161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09244 Deena R Wilson 4840 Ice Age Way Flk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Apex Consulting and Training Services" at 4840 Ice Age Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County November 23, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 **APEX** 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09159 Sanctuary Senior Services, Inc. 2377 Gold Meadow Way Gold River. CA 95670 is doing business under the Fictitious Business Name(s) "M&M Senior Living" at 6524 Main Street Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 18, 2016. Publish: December 9, 16, 23, and 30, 2016

12-30-16 M&M 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-08642 Life Pure Water Inc. 8347 Elk Grove Florin Road #123 Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Life Pure Water" at 8347 Elk Grove Florin Road #123 Sacramento, CA 95829. Filed with the Clerk of Sacramento County November 1, 2016. Publish: December 9, 16, 23, and 30, 2016 LIFE 161122 12-30-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09298 Quest GeoSystems Management, Inc, 11275 Sunrise Gold Circle Suite R Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "ASC Tech Services" at 11275 Sunrise Gold Circle Suite R Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 29, 2016. Publish: December 9, 16, 23, and 30, 2016

161122

12-30-16

ASC

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09059 18 Grams Coffee & Tea LLC, 2460 Fernandez Drive Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "18 Grams Coffee & Tea, 18 Grams" at 9677 E. Stockton Boulevard, Elk Grove, CA 95642. Filed with the Clerk of Sacramento County November 16, 2016. Publish: December 9, 16, 23, and 30, 2016

18GRAMS 161122 12-30-16 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09212 Abresey Leasiano, 6913 Le Havre Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "SUD Institute, Substance Use Disorder Institute" at 1600 Sacramento Inn Way Suite 205 Sacramento, CA 95815. Filed with the Clerk of Sacramento County November 22, 2016. Publish: December 9, 16, 23, and 30, 2016 12-30-16 SUD 161122

FICTITIOUS BUSINESS NAME STATEMENT Michelle Bebout, 6342 Perrin FBNF2016-08859 Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bebout Business" at 6342 Perrin Way Carmichael, CA 95608. Filed with

the Clerk of Sacramento County November 9, 2016.

Publish: December 9, 16, 23, and 30, 2016 12-30-16 BEBOUT 161122 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09402 Erica Oswald, 2520 Cathay Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "intoMOTION Coaching, intoMOTION Travel " at 2520 Cathay Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 2, 2016.

Publish: December 9, 16, 23, and 30, 2016

INTO

161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09554 Tarun Gaur and Pritt Gaur 2679 Silver Stone Lane Santa Rosa, CA 95407 is doing business under the Fictitious Business Name(s) "Folsom Gas & Car Wash" at 500 E. Bidwell Street Folsom, CA 95630. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 FOLSOM 1-6-17

12-30-16

FICTITIOUS BUSINESS NAME STATEMENT United Trust Mortgage Inc, FBNF2016-09337 750 N. Capitol Avenue Suite B-2 San Jose, CA 95133 is doing business under the Fictitious "Infinito Roal Estato G 5920 Fair Oaks Boulevard, CA 95608, Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 16.23.30.2016 and January 6.2017 INFINITE 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09474 Daniel Cruz, 5110 El Camino Avenue #9 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "DCM Services" at 5110 El Camino Avenue # 9 Carmichael, CA 95608, Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09343 Alina Jar and Dan M. Jar, 6928 LeHavre Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Phyllis' Care Home" at 6924 LeHavre Way Citrus Heights. CA 95621. Filed with the Clerk of Sacramento County November 30, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09572 Carolina Torres, 1525 Wayland Avenue Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Farth Stone Fibers" at 1525 Wayland Avenue Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09578 Jason and Elizabeth Newberry 6510 Alyssa Court Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Fuzion Metal Fabrication" at 6510 Alyssa Court Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09405 Carmen Micsa, 6100 Fair Oaks Boulevard #A3 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Wistful Press" at 6100 Fair Oaks Boulevard #A3 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 2, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 WISTFUL 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09426 Vivan Thuc Tran. 8417 Guis Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Royal Tailoring and Alterations" at 1601 Fulton Avenue Suite 10 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 **ROYAL** 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09446 Beverly Serpa, 916 Vintage Oak Avenue Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Herald Junction Thrift Store" at 12717 Herald Road Herald, CA 95638. Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 HERALD 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09161 David McEwen, 340 36th Way Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "The Lean Thinking Coach and Consultant" at 340 36th Way Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 18, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09500 Livius Ana and Aurelia Ana, 5121 Arroyo Street Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Fair Oaks Care Home" at 5121 Arroyo Street Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 6, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 **FAIROAKS** 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09553 Deyagdden Elghassein, 117 Demurrage Way Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Auto Consulting" at 2309 Lexington Street NE. B-1 Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09571 Aleksandr Laschuk, 8577 Copley Court Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Your Neighborhood Handyman" at 8577 Copley Court Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 YOUR 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09570 Artur Kryukov, 8628 Sycamore Glen Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "AK Handyman Services" at 8628 Sycamore Glen Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 ΑK 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09569 Vladislav Yuriyevich Molchanov, 4221 Clay Creek Way Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Vlad's Handyman Services" at 4221 Clay Creek Way Sacramento, CA 95838, Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 VLADS 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09568 Andrei Zavadski, 5034 Joyce Lane Sacramento, CA95838 is doing business under the Fictitious Business Name(s) "AZ Handyman Services" at 5034 Joyce Lane Sacramento, CA 95838, Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 ΑZ 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09657 Paradise Oaks Youth Services, 7806 Uplands Way Suite A Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Martins' Achievement Place" at 7806 Uplands Way Suite A Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 9, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 MARTINS 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09564 TransCapital Ventures, Inc. 5616 Kingswood Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business TransCapital Name(s) "TransCapital Realty, Property Management" 5616 Kingswood Drive Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 7, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 TRANSCAPITAL 161122 1-6-17

STATEMENT FICTITIOUS BUSINESS NAME FBNF2016-09509 Zachary Sanders, 2301 Morse Avenue Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Valley Surface Revitalization" at 2647 Mercantile Drive Suite C Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 6, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 VALLEY 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09012 Rachel Harrison, 8389 Pelligrini Court Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Pretty Much Styles & Cuts" at 3579 Matherfield Road #B Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 16, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09407 Support for Family, LLC, 1333 Howe Avenue Suite 206 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "ApexCare" at 1333 Howe Avenue Sute 206 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 2, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09653 Nicholas Ian Roberts, 6701 Mariposa Avenue Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Strebor, Strebor Design" at 6701 Mariposa Avenue Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 9, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09310 Enovation Sports LLC, 1720 East Socap Walk Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Enov8 Conference, Enoveight Conference, Enov8 Tech Cup, Enoveight Tech Cup, Enovation, Enov8, Enoveight, PSG Academy California" at 1720 East Socap Walk Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 29, 2016. Publish: December 16, 23, 30, 2016 and January 6, 2017 ENOV8 161122 1-6-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09749 Feni Justiani Wongso, 9408 Medina Drive Santee, CA 92071 is doing business under the Fictitious Business Name(s) "Biru USA" at 5880 Stockton Boulevard #A Sacramento, CA 95824. Filed with the Clerk of Sacramento County December 13, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 BIRU 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09173 Mia James, 2441 Edison Avenue #18 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "2 Decorating Dolls" at 2441 Edison Avenue #18 Sacramento, CA 95821, Filed with the Clerk of Sacramento County November 18, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017

161122

DECORATING

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09631 Thrive Prosthetics, 925 Highland Point Drive #450 Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Thrive Prosthetics" at 6600 Coyle Avenue Suite #2 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 9, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09588 Redwood Customs Construction Inc. 6161 Shadow Lane #227 Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Redwood Customs Construction Inc." at 6161 Shadow Lane #227 Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 8, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 REDWOOD

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09347 Sean M. Kearney, 8282 Highwood Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "PS Apparel, Post Scripture Apparel" at 8232 Highwood Way Orangevale, CA 95662, Filed with the Clerk of Sacramento County December 1, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09798 Enviwalls, Inc, 11292 Coloma Road Suite L Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "EDC Specialties" at 11292 Coloma Road Suite C Gold River, CA 95670, Filed with the Clerk of Sacramento County December 15, 2016. Publish: December 23. 30. 2016 January 6, and 13. 2017 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09271 J.E.P.Capital Inc, 9848 Business Park Drive Suite H Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "California Contractors Insurance Services Inc." at 9848 Business Park Drive Suite H Sacramento, CA 95827, Filed with the Clerk of Sacramento County November 28, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 **CALIFORNIA** 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09470 Lakshmi Valmeti, 11067 Yakima River Court Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "In Time Tax" at 11067 Yakima River Court Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09469 Venkateswara Madireddy 11067 Yakima River Court Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Organic Delights" at 2256 Sunrise Boulevard Suite B Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 5, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 **ORGANIC** 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09659 Larry O Crother, Inc. 11386 Amalgam Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "ABC Insulation & Supply Co" at 11386 Amalgam Way Gold River, CA 95670. Filed with the Clerk of Sacramento County December 9, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09403 Stanislov Morozov, 4060 Astoria Street Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "VTEC Express" at 4060 Astoria Street Sacramento, CA 95838. Filed with the Clerk of Sacramento County December 2, 2016. Publish: December 23. 30. 2016 January 6. and 13. 2017 VTEC 161122 1-13-17

FICTITIOUS BUSINESS NAME STATEMENT Gary Steingroot, 1055 Hutley FBNF2016-09730 Way Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "I B Tan" at 6400 Sunrise Boulevard Suite I Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 13, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09698 Janice Renee Burkhalter, 6400 Rushmore Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Burks Printing and Promotions, Burks Printing" at 6400 Rushmore Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County December 12, 2016. Publish: December 23, 30, 2016 January 6, and 13, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09936 Can Le. 10105 Arches Way Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Heat N' Eat Meals" at 10105 Arches Way Elk Grove, CA 95757. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-07123 Racing Products Warehouse, 2509 Fulton Avenue Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Tognotti's Auto World" at 2509 Fulton Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 1, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 **TOGNOTTIS** 161122

FICTITIOUS BUSINESS NAME STATEMENT Bill Sprinkle, 12155 Tributary FBNF2016-09287 Point Drive #83 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bill Sprinkle Drywall" at 12155 Tributary Point Drive #83 Rancho Cordova, CA 95670 . Filed with the Clerk of Sacramento County November 28, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09932 Reza Khooshehmehri. 3300 Capital Center Drive Apt 82 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Yes Photo Video" at 3300 Capital Center Drive Apt #82 Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09937 Leonid Demchuk, 7628 Lily Mar Lane Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Arete Logistics" at 7628 Lily Mar Lane Antelope, CA 95843. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 **ARETE** 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09619 Mike Strombeck, 9090 Winding Oak Drive Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Optimal Construction Solutions" at 5529 Hemlock Street Sacramento, CA 95841, Filed with the Clerk of Sacramento County December 8, 2016.

OPTIMAL

1-13-17

Publish: December 30, 2016 January 6, 13, and 20, 2017

161122

1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FRNF2016-09716 Kathleen Casela 2521 O Street Apt 1 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) Paws and Claws Treat Box" at 2521 O Street Apt 1 Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 12, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 TREAT 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09866 Ainsley Travis Sammons, 8523 Sadie Court Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Hidden Artifacts: Findas of Lost Beats" at 8523 Sadie Court Antelope, CA 95843, Filed with the Clerk of Sacramento County December 19, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09692 Aparna Ghosh, 3216 Bridgeway Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Synergy Skincare" at 815 Sutter Street Suite D Folsom, CA 95630. Filed with the Clerk of Sacramento County December 12, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 SYNERGY 161122 1-20-17

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09822 Richard A. Belli, 11416 Huntington Lane Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Nutri-West Northern California & Hawaii" at 1840 Avondale Avenue Suite 1 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 16, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 NUTRIWEST 161122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09940 Armen Sargsvan, 3129 Birch Street Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "ISA International" at 5801 Marconi Avenue # B Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 INTERNATIONAL 161122 1-20-17 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-09935 New Hope Industries Inc,

245 Baurer Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "My Artisan Works. My Artisan Works Boutique" at 7900 Amalfi Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 22, 2016. Publish: December 30, 2016 January 6, 13, and 20, 2017 ARTISAN 161122

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2015-09666

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "ApexCare" located at 1418 Howe Avenue Suite A Sacramento, CA 95825. Hopewell Home Care, 1100 Melody Lane Suite 123 Roseville, CA 95678. The Fictitious Business Name Statement referred to above was filed on December 18, 2015 in the County of Sacramento. Publish: December 16, 23, 30, 2016 and January 6, 2017 161110

> STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2014-07698

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Villata & Fuller Home Services" located at 4624 Longview Drive Rocklin, CA 95677. Julie Villata, 4624 Longview Drive Rocklin, CA 95677. The Fictitious Business Name Statement referred to above was filed on September 23, 2014 in the County of Sacramento. Publish: December 23, 30, 2016 January 6, and 13, 2017 161110

> STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2016-01558

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Villata & Fuller Real Estate" located at 1024 Iron Point Road Suite 100 #1370 Folsom, CA 95630. Julie Dawn Villata, 1024 Iron Point Road # 100-1370 Folsom, CA 95630. The Fictitious Business Name Statement referred to above was filed on February 25, 2016 in the County of Sacramento. Publish: December 23, 30, 2016 January 6, and 13, 2017 VILLATA 161110 01-13-17

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203950

WHEREAS, Barbara Anne White on behalf of Juantio Arocan III, a minor has filed a petition with this court for a decree changing the name(s) of Juanito Arocan III to Juanito Forward Noriega.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 9, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 29, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 12-30-16 161111

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00202461 WHEREAS, Bryan Michael Melhus has filed a

petition with this court for a decree changing the name(s) of Bryan Michael Melhus to Sibei Sun. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 14, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 28, 2016 David I. Brown, Judge of the Superior Court

Publish: December 9, 16, 23, and 30, 2016 12-30-16 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204033

WHEREAS, FNU Rihan has filed a petition with this court for a decree changing the name(s) of FNU Rihan to Rihan Salarzai, FNU Haroon to Haroon

Salarzai, and FNU Hamza to Hamza Salarzai. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 9, 2017, in Department 53 located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition

for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 SALARZAI 161105 12-30-16

Dated: November 30, 2016

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203932 WHEREAS, Anthony Cervantes has filed a petition

with this court for a decree changing the name(s) of Anthony Cervantes to Antonio Cervantes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court

at 2:00 p.m. on March 8, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 29, 2016 David I. Brown, Judge of the Superior Court

Publish: December 9, 16, 23, and 30, 2016

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00200157 WHEREAS, Ina Covaliuc has filed a petition

of Ina Covaliuc to Inessa Alexandra Covaliuc. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento,

CA 95814, and show cause, if any, why the petition

with this court for a decree changing the name(s)

for Change of Name should not be granted. Dated: September 13, 2016 David I. Brown, Judge of the Superior Court Publish: December 9, 16, 23, and 30, 2016 COVALIUC

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00203321

161105

12-30-16

WHEREAS, Sarah Loftin has filed a petition with this court for a decree changing the name(s) of Sarah Zaituna Hope Loftin to Sarah Zaituna Hope Raicha. IT IS ORDERED that all persons interested in

the above entitled matter appear before this court at 2:00 p.m. on March 1, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 15, 2016 David I. Brown, Judge of the Superior Court

Publish: December 9, 16, 23, and 30, 2016 RAICHA 161105 12-30-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204430

WHEREAS. Anacaren Meza Luna has filed a petition with this court for a decree changing the name(s) of Anacaren Meza Luna to Ana Karen Meza Luna. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 21, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 8, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161111

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204302

WHEREAS, Veniamin Nesterenko and Mila Nesterenko have filed a petition with this court for a decree changing the name(s) of Perseus Nesterenko to Persais Nesterenko. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on March 16, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016

David I. Brown, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204290

WHEREAS, Mohammad Reza Mohammad Hassan Khadem has filed a petition with this court for a decree changing the name(s) of Mohammad Reza Mohammad

Hassan Khadem to Mohammad Reza Khadem. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 15, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 06, 2016 David I. Brown, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 **KHADEM** 161105 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204363 WHEREAS, Arthur Daniel Herrera, Jr. have filed a petition with this court for a decree changing the name(s) of Arthur Daniel Herrera, Jr. to Arthur Daniel Herrawley.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 20, 2017, in Department 53, located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 07, 2016

David I. Brown, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 **HFRRFRA** 161105 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204080

WHEREAS, Casie Eaddy and Marcus Eaddy have filed a petition with this court for a decree changing the name(s) of Broden Donald Eaddy to Broden Donald Manley Eaddy.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 1, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161111



Call to place your legal advertising

МРĜ 483-2299

Slim Randles' HOME COUNTRY



The morning conference began innocently enough, with Steve and Doc arguing over which of the little packaged jellies went better on sourdough toast, and no one caring which one was right.

Dud and Bert and I sat silently, sucking down the morning elixir until it spread life to our outermost reaches as the Mule Barn truck stop's world dilemma think tank crept to life. Bert was unusually quiet this morning and we asked why. He hemmed and

"Anita Won't Let Me Go Fishing This Weekend."

you know about these things. What exactly is female trouble?"

Oh shoot. Pretty heavy stuff for just two cups of coffee, so the rest of us hurried down a third as Doc puffed up a bit and got ready.

"Sure, Bert," Doc said kindly. Then Doc gave us the best his nine years of college and 50 years of medical practice had blessed him with. He waxed eloquent on hormonal elements, the ebb and flow of female fertility, things that could go wrong with tubular parts, and the effect all of these things could have on the attitudinal proclivities of the dear ladies we all love and admire. He took a break while Mavis returned with more coffee and with strange looks at our faces while we tried not to stare at her. Then she was gone, and Doc began again.

hawed a little, then said, "Doc, Finally, when we had been pretty well checked out on the mysterious workings of the gentle gender, Doc said, "Bert, if your wife is having some problems, have her give me a call."

> "Oh, it ain't her, Doc," Bert said. "It's Dud."

> We all looked at Dud. He grinned sheepishly. No one wanted to say anything. Finally, Steve said, "I'm not going to be the one to ask."

> "That's what you said, Dud, right?" Bert asked. "That's why Saturday's plans are shot."

"Female trouble?" Doc said, looking at his old friend.

Dud nodded. "Anita won't let me go fishing this weekend."

Give a listen to the new syndicated radio program, "Home Country with Slim Randles." www.homecountrydemo.com. ★

Grace Baptist Church Come and Experience God's Amazing Grace Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. **Grace Baptist still stands on the Principles, Doctrines and Separation,** found and taught in The Bible

Service Schedules

Sunday Schools (All Ages) 9:45am Sunday Worship 11:00 am Sunday Evening 6:00pm Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628 (Located one block South of Madison; just East of Dewey) **Pastor Charles Carter (916) 967-3915**

Call for more information

FIXED RATE LOANS

PURCHASE • REFINANCE

TERM

RATE

 10_{YR}

2.750

120 Monthly Payments of \$9.54 per \$1,000 Borrowed

2.875

180 Monthly Payments of \$6.85 per \$1,000 Borrowed

Check the El Dorado Advantage:

✓ No Application Fee ✓ No Prepayment Penalty ✓ Local Processing and Servicing



Jorado Savings Bank

Serving our local communities for over 58 years

www.eldoradosavingsbank.com

CARMICHAEL • 4701 Manzanita Ave. • 481-0664

Se Habla Espanol • 800-874-9779

Maximum loan \$417,000.00, primary or vacation residence. 20% minimum cash down payment on purchase. 25% equity required on refinance. Other loans available under different terms.

FDIC

LOAN TERMS SUBJECT TO CHANGE WITHOUT NOTICE



Don't Suffer From Pain, Stress or Fatigue any Longer

The Rewards: By removing undetected nerve damage, eliminating the harmful effects of stress and reducing chemical toxicity, we often get results from problems no one else has helped.

Stop Suffering From:

- Stress
- Neck or back pain
- Numbness/tingling
- Fatigue
- Sleep problems
- Joint pain
- Allergies/asthma
- Headache
- Dizziness
- Digestive problems
- Irritablity
- Weight problems • Hormonal imbalance

WIDOWED PERSONS

ASSOCIATION OF

CALIFORNIA

OFFICE HOURS 10:00am - 3:00pm

Monday - Friday (916) 972-9722

Watch Batteries

Installed for \$5.00

Some models cost more

Frank's Jewelry Shop

7319 Fair Oaks Blvd. Carmichael, CA 95608

916-481-0176

100% with your med-pay or attorney lien → Cash plans

→ Auto accidents covered

→ Medicare provider

\$49 - Consultation, Chiropractic & Orthopedic Exam, Functional Medicine Testing, Spinal x-rays (if necessary) & Report of any findings (a \$128 value).



Blakely Health and Wellness Dr. Beth Blakely, DC. 3928 California Ave.

Charmichael. CA 95608 Female Chiropractor, Owner/Practitioner

The Widowed Persons Association of

California encourages men and women to

come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons

Association is designed to be of help to

recently widowed men and women, but any

and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

Sunday Support - Any and all widows or widowers are invited.

EverySunday from 3:00pm - 5:00pm

Call us today to schedule your appointment!

916-944-1444

www.drbethblakely.com

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18

A-TEK GLASS CENTER

Your One Stop Local Glass Shop

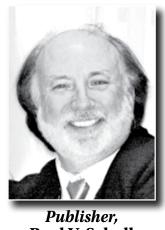
Serving Carmichael Community for 20 Years

Call 7 Days a Week - 916-481-9966

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

■ Auto Glass **■** Store Front Free Windshield Chip Windows Repair with Insurance ■ Windshields Coverage ■ Mirror & Screen **■ Power Windows ■** Glass Shelves **■ Truck Slider ■** Table Tops ■ Sunroofs **■** Shower Door ■ Single & Dual **Pane Glass** Fast, Professional Glass Repair ■ Direct Approved Insurance Billing





Paul V. Scholl

Carmichael Times is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have

email access, please call us

at (916) 773-1111.

Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.



(ISSN # 1948-1918).







by Bryan Golden Peer Pressure

Peer pressure is a real or imagined force compelling you to behave in a way contrary to your desires, morals, or ethics. Peer pressure can come from anywhere; family, friends, acquaintances, or even strangers. Regardless of Consequently, we the source, the impact is the same; capitulation to peer pressure jeopardizes your journey by diverting you

rejection or alienation. Of course it's a good feeling to be part of a group, accepted, and included in various activities. But how much are you willing to sacrifice in quest of acceptance? This is something you should come to terms with before being in the midst of peer pressure. You need to set standards that govern your actions regardless of any pressure.

from your path. Saying no

to peer pressure seems dif-

ficult because of the fear of

Those who are highly susceptible to peer pressure are prone to yielding to the demands of others regardless of the negative consequences which may

result. Our sensitivity to peer pressure starts at a young age when we see how concerned grown-ups are about the opinions of others. "What will other people think?" is the comment heard all too often.

develop our own sensitivity to how others react to our thoughts, feelings, and actions. Avoiding ridicule, rejection, or criticism becomes engrained as a powerful motivator. As a result, our lives are structured around conformity. Rather than pursuing our individual paths, our decisions are filtered through the lens of real or perceived peer pressure.

The results are particularly insidious when you align vourself with people who are on destructive paths. Young children and adolescents are particularly susceptible to involvement with the "wrong" group. These kids think it's cool or rebellious to hang out with deviant types of people. Unfortunately, the results of this type of association are negative. They include drug use, excessive drinkbehavior.

Although peer presget older may not be as desires of others.

You are solely respon-

with a thorough under- your own path. standing of yourself, your

your self understanding. © 2011 Bryan Golden. ★

Is there any conflict with what you want to do, like to do, feel is wrong, or believe unethical? If the answer is yes, giving in to peer pressure will have a deleterious impact on you.

Initially, saying no to peer pressure feels awkward. As ing, crime, or other harmful you make it a habit, you will experience greater freedom. Anyone whose friendship is sure experienced when you dependent on your acquiescing to their demands is not destructive, it still drives a true friend nor is associatyou from your individ- ing with them of any benefit ual path. Your happiness to you. Ironically, in spite of suffers whenever your all your efforts to win their behavior is adjusted to acceptance, they actually conform to the perceived don't have much respect for

When you free yourself sible for the direction of from the grip of peer presyour life. It doesn't mat- sure, you'll attract others ter what other people say, who have the same outlook. think or do. True happi- The new friends you make ness is based on following will be based on a common, your own genuine path, not mutual bond. Your fear of on the acceptance of any-rejection will diminish and eventually disappear. A You can inoculate your- refreshing new perspective self from peer pressure will unfold as you pursue

NOW AVAILABLE: "Dare likes, your dislikes, val- to Live Without Limits," the ues, and goals. The more book. Visit www.BryanGolden. you know about yourself, com or your bookstore. Bryan the easier it is to remain on is a management consultant, motivational speaker, author, The next time you feel and adjunct professor. E-mail any type of peer pressure, Bryan at bryan@columnist. assess how it relates to com or write him c/o this paper.

Another Christmas Up the Chimney

Dr. James L. Snyder

The older I get, the faster time seems to go. I cannot believe that not only is Christmas past, but the whole year is passed. It is all just history now.

This is the genius of getting older. Now that I have another Christmas under my belt, I can mesh together two or three Christmases as though it was one Christmas occasion. After all, who is going to know, apart from the Gracious Mistress of the Parsonage?

Whenever I begin the phrase, "I remember a Christmas when..." I need to look at my wife to see if she is listening. Of course, if she is not listening, I can go along and invent my own Christmas tree story. I

There was the time when I first did this without noticing my wife was listening and at every turn of my story, she corrected me. By the time I was done telling "our" story, I did not remember what I said.

Years ago, however, I have learned how to tell these Christmas memories and not get into trouble. I always begin it this way, "My dear," referring to my wife, "do you remember that Christmas when..." That is about all I have to say and she

Fortunately for me, or unfortunately, it just depends, I have

no idea which way she is going. Recently we were sitting drinking some coffee looking for the last evening at the Christmas tree thinking about Christmases in the past. Then I heard her chuckling. She does not usually chuckle like this, but it was a special occasion.

"Do you remember," she said still chuckling, "the Christmas tree that collapsed on Christmas morning?"

I had to stop and rewind my memory machine and then I remembered. It is amazing what you can remember when you have a little bit of incentive.

We had just moved into a new parsonage, it was our first Christmas there, and the children were rather young. Only one of them was going to school at the time. It was Christmas morning and as we got up the kids were so excited about Christmas and the Christmas gifts under the tree that they just went crazy.

My wife and I sat back, watch them and laughed as they were laughing together.

We were going to have an orderly opening of Christmas gifts, at least that was our plan. The kids, however, were so excited that they delved into the

will take the story from there. pile of Christmas presents, not knowing that behind them was the Christmas tree.

All at once, without any kind of warning, the Christmas tree fell over and almost hit one of the kids. There was a trio of screaming that I think would have scared Santa Claus himself.

Nobody was hurt, but three little munchkins were terribly frightened they did not want to open up their Christmas presents.

From then on, the children never overlooked the Christmas tree and with a great deal of caution opened up their Christmas presents.

I thought of what the angel said to the shepherds that night so long ago, "Fear not: for, behold, I bring you good tidings of great joy, which shall be to all people," (Luke 2:10).

The years come and go but the most important thing are the memories they leave behind. Dr. James L. Snyder is

pastor of the Family of God Fellowship Ocala, FL where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail jamessnyder2@att.net. His web site is www.jamessnyderministries.com.

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising P.O. Box 14 Carmichael, CA 95609

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204363

WHEREAS. Arthur Daniel Herrera, Jr. have filed a petition with this court for a decree changing the name(s) of Arthur Daniel Herrera, Jr. to Arthur Daniel Herrawley IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

2:00 p.m. on March 20, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 07, 2016

David I. Brown, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00204080 WHEREAS, Casie Eaddy and Marcus Eaddy have filed a petition with this court for a decree changing the name(s) of Broden Donald Eaddy to Broden Donald Manley Eaddy IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 1, 2016

Publish: December 16, 23, 30, 2016 and January 6, 2017 161111

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204048

WHEREAS, Michael Richard Franconeri has filed a petition with this court for a decree changing the name(s) of Michael Richard Franconeri to Richard Michael Quiroz. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 23, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 QUIROZ 161111 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204306

WHEREAS, Ilias D Kushubekov and Jibek B Mirzaeva have filed a petition with this court for a decree changing the name(s) of Aybergen Iliasovich Kushubekov to Aybergen Ilias Kushubek. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on March 17, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: December 16, 23, 30, 2016 and January 6, 2017 161111 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00201211

WHEREAS, Blake Alexander Deering has filed a petition with this court for a decree changing the name(s) of Blake Alexander Deering to Blake Alexander Roseo. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on January 23, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 8, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161111

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204351

WHEREAS, Bruce Goulding on behalf of

Niko Buchignani, a minor has filed a petition with this court for a decree changing the name(s) of Niko Kai'Koa Wayne Buchignani Niko Kai'Koa Wayne Buchignani-Goulding. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 20, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition

Dated: December 07, 2016 David I. Brown, Judge of the Superior Court Publish: December 16, 23, 30, 2016 and January 6, 2017 161105

for Change of Name should not be granted.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204304

WHEREAS, Brooke Jean Milde has filed a petition with this court for a decree changing the name(s) of Brooke Jean Milde to Brooke Jean Baker. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 16, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016

David I. Brown, Judge of the Superior Court Publish: December 16.23.30.2016 and January 6.2017 161105 01-06-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204356

WHEREAS, Nancy Katherine Jeffries has filed a petition with this court for a decree changing the name(s) of Nancy Katherine Jeffries to Katherine Jeffries Patterson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 20, 2017, in Department 54. located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 7, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 PATTERSON 161111 01-13-17

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204616

WHEREAS, Natalya Gonchar have filed a petition with this court for a decree changing the name(s) of Aleksandr Sergii Gonchar to Aleksandr Kalyandra. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 24, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 13, 2016 David I. Brown, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204686

WHEREAS, Reid Millard McFarland MacDonald has filed a petition with this court for a decree changing the name(s) of Reid Millard McFarland MacDonald to Reid Millard McFarland. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on March 28, 2017, in Department 54, located at 813 6th Street. 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 13, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 MCFARLAND 161111

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00202061

WHEREAS, Jill Marie Dearden has filed a petition with this court for a decree changing the name(s) of Jill Marie Dearden to Jill Marie Crosby. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on February 8, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 21, 2016

David I. Brown, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00202058

WHEREAS, Cassandra Luella Carsten filed a petition with this court for a decree changing the name(s) of Cassandra Luella Carsten to Cassandra Luella Crosby. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 7, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 21, 2016

David I. Brown, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00196977

petition with this court for a decree changing the name(s) of Kyle Justin Farmer to Kyle Justin Biglow. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 17, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 08, 2016

David I. Brown, Judge of the Superior Court 161105

COUNTY OF SACRAMENTO #34-2016-00204670

with this court for a decree changing the name(s) of Nadera FNU to Nadera Aslami. 9:00 a.m. on March 27, 2017, in Department 54, for Change of Name should not be granted. Dated: December 13, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 FNU 161111 01-13-17

Dated: December 13, 2016

David I. Brown, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 161105

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204682

with this court for a decree changing the name(s) of Yoeuth Chhay to Salina Chhay. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 28, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 13, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: December 23, 30, 2016 January 6, and 13, 2017 161111

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205245

the above entitled matter appear before this court at 9:00 a.m. on April 7, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 22, 2016

Publish: December 30, 2016 January 6, 13, and 20, 2017 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00205049

the above entitled matter appear before this court at 2:00 p.m. on April 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 20, 2016 David I. Brown, Judge of the Superior Court

Publish: December 30, 2016 January 6, 13, and 20, 2017 161105

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00200522 WHEREAS, Arlie Otto Meline have filed a petition with this court for a decree changing the name(s) of Arlie Otto Meline to Arlie Otto Sanson Sr. the above entitled matter appear before this court at 2:00 p.m. on April 4, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 21, 2016

David I. Brown, Judge of the Superior Court Publish: December 30, 2016 January 6, 13, and 20, 2017 161105

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204292

WHEREAS, FNU Arezu and Ahmad Javed have filed a petition with this court for a decree changing the name(s) of FNU Arezu to Arezu Javed and Satayesh Jaameh to Satayesh Javed.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 16, 2017, in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 06, 2016

Publish: December 30, 2016 January 6, 13, and 20, 2017

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204969 WHEREAS, Javier Ramon Huerta Jr has filed a

petition with this court for a decree changing the ame(s) of Javier Ramon Huerta Jr to Ray Saint Arias. IT IS ORDERED that all persons interested in the above entitled matter appear before this court

at 2:00 p.m. on April 3, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 20, 2016 David I. Brown, Judge of the Superior Court Publish: December 30, 2016 January 6, 13, and 20, 2017

161105 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Pichardo, Jane A. has filed a petition with this court for a decree changing the name(s) of Pichardo, Jane A. to Abasola, Jane C IT IS ORDERED that all persons interested in the above entitled matter appear before this court

at 2:00 p.m. on April 6, 2017, in Department 53,

#34-2016-00205185

Publish: December 30, 2016 January 6, 13, and 20, 2017 161105 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

CA 95814, and show cause, if any, why the petition

for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court

Dated: December 21, 2016

#34-2016-00203321 WHEREAS, Sarah Loftin has filed a petition with this court for a decree changing the name(s) of Sarah Zaituna Hope Loftin to Sarah Zaituna Hope Balcha.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 1, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: November 15, 2016 David I. Brown, Judge of the Superior Court

Publish: December 30, 2016 January 6, 13, and 20, 2017 BALCHA 161105

STATEPOINT CROSSWORD • FINISH THE LYRICS

CLUES

ACROSS 1. Face fringe

6. Go low, as in jeans "Oh, my!"

13. Underway 14. Tire measurement

15. Wear away 16. Luciano Pavarotti, e.g. 17. Roman goddess of plenty 18. Previously an Oiler

19. *"...I'm ready, yes, I'm ready for you. I'm standing on my own _____" 21. *"On a dark desert

highway, cool wind in 23. It's all the rage 24. Person, place or thing

25. PC brain 28. Bingo-like game 30. Moses' older sister 35. Be in pain

37. Sail support 39. *"Come on, shake your body, baby, do the _____"
40. "Heat of the Moment"

41. Single-cell protozoan 43. *Then along comes 44. Great white, e.g.

46. "Goodness gracious!" 47. Commoner 48. *"Raindrops are falling

50. Saharan-like 52. "Cause I'm a woman! W-0-M-A-N..." singer 53. Like Roman Empire 55. ENT's first concern 57. *"My daddy's sleeping 60. *"So put another dime in

the $\underline{\hspace{1cm}}''$ 64. *"...I'll tell you all about it when I see you _ 67. Abomination 68. Formal dishes

69. *"So bye, bye Miss American

70. *"Oh, I was only twenty four

3. Something that's unacceptable

4. Disappear, like into the sunset

9. "Summertime" or "Porgy and

10. "Laughing on the inside" in text

Unbroken series of events

7. Cleopatra's cause of death

15. Thai or Mexican food, e.g.

71. Front-line combat vehicle

hours from

DOWN

2. Not many

6. See him run!

Bess," e.g.

22. Delish!

8. Whatchamacallit

11. Month of Purim

12. D.C. bigwig

20. a.k.a. dropsy

24. Small bouquet

25. Geological rift

26. Aggressive

72. Credit card acr.

1. Quilter's stuffing

73. Wheel shafts

CROSSWORD 26 36 40 45 48 50

dish

© StatePoint Media

TV AND INTERNET

OVER 190 CHANNELS TV & INTERNET

27. "Umble" Heep 29. *"I've got a blank space, baby,

33. Come to terms 34. *"...Here's my number, so call

and I'll write your _

31. Boisterous play

36. Container weight

42. "Farewell" in Paris

49. Draper of "Mad Men"

58. *"All you get is pain. When I

38. Kind of ski lift

45. V.I.P. in Hawaii

51. Actress Fanning

56. Updike's "Rabbit

57. Turkish honorific

wanted sunshine I got

60. Audience's rejection

62. British river 63. December 25th, for short

64. Pre-college challenge

61. Hillary's hubby

66. Party bowlful

54. Parkinson's drug

32. Collectively

• FREE SAME DAY INSTALLATION (WHERE AVAILABLE) • ASK ABOUT OUR 3 YEAR PRICE GUARANTEE
• 3 MONTHS OF PREMIUM CHANNELS AND GET NETFLIX INCLUDED FOR A YEAR BUNDLE HIGH SPEED INTERNET

CALL TODAY & SAVE UP TO 50%! 800-318-5121

Crossword Puzzle Solutions on Page 6

GOT KNEE PAIN?

1-800-984-0360 9 3 6 2 7 4 3 9 5

4 5 1 6 4 5 9 6 4 7 3 9 6 5 3 5

nn and 3-bv-3 box includes all digits 1 through 9

7 9 6 1

Solutions on Page 6

Fill in the blank squares in the grid, making sure that every

59. Sound on Old MacDonald's farm

WHEREAS, Kyle Justin Farmer has filed a

Publish: December 23, 30, 2016 January 6, and 13, 2017 SUPERIOR COURT OF CALIFORNIA ORDER TO SHOW CAUSE CHANGE OF NAME

WHEREAS, Nadera FNU has filed a petition IT IS ORDERED that all persons interested in the above entitled matter appear before this court at located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition

SUPERIOR COURT OF CALIFORNIA ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00204665

WHEREAS, Raihana FNU has filed a petition with this court for a decree changing the name(s) of Raihana FNU to Raihana Aslami. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 27, 2017, in Department 53, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

SUPERIOR COURT OF CALIFORNIA

WHEREAS, Yoeuth Chhay has filed a petition

SUPERIOR COURT OF CALIFORNIA

WHEREAS, Jannette Giovanna Gonzales Gonzales has filed a petition with this court for a decree changing the name(s) of Jannette Giovanna Gonzales Gonzales to Jannette Giovanna Gonzalez Gonzalez. IT IS ORDERED that all persons interested in

Raymond M. Cadei, Judge of the Superior Court

WHEREAS, FNU Qais have filed a petition with this court for a decree changing the name(s) of FNU Qais to Safi Qais. IT IS ORDERED that all persons interested in

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

IT IS ORDERED that all persons interested in

Raymond M. Cadei, Judge of the Superior Court

Sailor Alec Schrader Learning Leadership

SAN DIEGO, CA (MPG) - A 2013 Rio Linda High School Graduate and Sacramento, California native recently returned to the United States from an overseas deployment with the largest amphibious warship in the Navy.

Petty Officer 3rd Class Alec Schrader, is a cryptologic technician (collection) serving aboard USS Boxer (LHD-4), based in San Diego, California.

As a cryptologic technician, Schrader is responsible for gathering intelligence from the areas around the ship to ensure the safety of the ship

"My job is the best because it allows me to gain a wide variety of skills," said Schrader. "This will definitely set me up for success throughout my career."

"The USS Boxer is an amphibious assault ship that resembles a small aircraft carrier. When deployed overseas, it is designated as the flagship of Combined Task Force 151, the international anti-piracy task force pursuing pirates off the coast of Somalia."

Boxer is famous for playing a critical role in the rescue mission of Capt. Richard Phillips on April 12, 2009. U.S. Navy SEALS and other special operations forces from USS Bainbridge (DDG 96) rescued Phillips who was later transferred to Boxer for medical evaluation and care. This



Sailor Alec Schrader said he is proud to be part of most capable amphibious force in the world. "The friendships that I have made serving on this ship is incomparable to anything I have experienced," said Schrader.

successful rescue mission was portrayed in the 2103 movie, "Captain Phillips," starring Tom Hanks, and featuring crewmembers from the USS

The ship is armed with two semi-active radar-guided NATO Sea Sparrow missile

systems (NSSMS) for anti-air warfare protection, two rolling airframe missile (RAM) systems and two Phalanx close-in weapon-system (CIWS) mounts to counter threats from low-flying aircraft and close-in small craft. It's 844 feet long 106 feet

wide, displaces more than 40,000 tons, and reaches Navy's amphibious assault speeds in excess of 23 miles ship, Schrader said he is

As a member of the U.S. proud to be part of most

capable amphibious force in the world.

"The friendships that I have made serving on this ship is incomparable to anything I have experienced," said Schrader. "Being deployed with these people really builds a bond and memories that will last a lifetime."

Sailors' jobs are highly varied at sea, according to Navy officials. More than 1,000 crewmembers keep the ship running smoothly, which includes everything from maintaining engines, handling weapons, and flying aircraft.

Serving in the Navy, Schrader is learning about being a more responsible leader, and sailor through handling numerous responsibilities. The recent deployment offered the opportunity to experience cultures from around the world.

"I've become more responsible from serving in the Navy and being deployed," said Schrader. "I've realized that I can handle a lot more than I thought I could and I've been able to push myself past my limits I never thought was possible, while showing resilience along the way."

By Ricky Burke, Navy Office of Community Outreach Public

Hardwired: The Brain's Circuitry for Political Belief

When people's political beliefs are challenged, their brains become active in areas that govern personal identity and emotional responses to threats, USC researchers found.

A USC-led study confirms what seems increasingly true in American politics: People are hard-headed about their political beliefs, even when provided with contradictory evidence.

and Creativity Institute at USC said the findings from the functional MRI study seem especially relevant to how people responded to political news stories, fake or credible, throughout the election.

"Political beliefs are like religious beliefs in the respect that both are part of who you are and important for the social circle to which you belong," said lead author Jonas Kaplan, an assistant research professor of psychology at the Brain and Creativity Institute at USC Dornsife College of Letters, Arts and Sciences. "To consider an alternative view, you would have to consider an alternative version of yourself."

To determine which brain networks respond when someone holds firmly to a belief, the neuroscientists with the Brain and Creativity Institute at USC compared whether and how much people change their minds on nonpolitical and political issues when provided counter-evidence.

They discovered that people were more flexible when asked to consider the strength of their belief in nonpolitical statements - for example, "Albert Einstein was the greatest physicist of the 20th century."

But when it came to reconsidering their political beliefs, such as whether the United States should reduce funding for the military, they would not

"I was surprised that people would doubt that Einstein was a great physicist, but this study showed that there are certain realms where we retain flexibility in our beliefs," Kaplan said.

The study was published on Dec. 23 in the Nature journal Scientific Reports. Study co-authors were Sarah Gimbel of the Brain and Creativity Institute and Sam Harris, a

neuroscientist for the Los the insular cortex, compared Angeles-based nonprofit Project Reason.

Inside the mind

Participants rated on a scale of 1-7 the strength of their beliefs on both political statements (shown in purple) and nonpolitical statements (green). They also rated the strength of their beliefs in responses to counter-arguments. The chart Neuroscientists at the Brain depicts the change in belief strength for each topic. Credit: Brain and Creativity Institute at

For the study, the neuroscientists recruited 40 people who were self-declared liberals. The scientists then examined through functional MRI how their brains responded when their beliefs were challenged.

During their brain imaging sessions, participants were presented with eight political statements that they had said they believe just as strongly as a set of eight nonpolitical statements. They were then shown five counter-claims that challenged each statement.

Participants rated the strength of their belief in the original statement on a scale of 1-7 after reading each counter-claim. The scientists then studied their brain scans to determine which areas became most engaged during these challenges.

Participants did not change their beliefs much, if at all, when provided with evidence that countered political statements such as, "The laws regulating gun ownership in the United States should be made more restrictive."

But the scientists noticed the strength of their beliefs weakened by one or two points when challenged on nonpolitical topics, such as whether "Thomas Edison had invented the light bulb." The participants were shown counter statements that prompted some feelings of doubt, such as "Nearly 70 years before Edison, Humphrey Davy demonstrated an electric lamp to the Royal Society."

Thoughts that count

The study found that people who were most resistant to changing their beliefs had more activity in the amygdalae (a pair of almond-shaped areas near the center of the brain depicted in the illustration) and

with people who were more willing to change their minds.

"The activity in these areas, which are important for emotion and decision-making, may relate to how we feel when we encounter evidence against our beliefs," said Kaplan, a co-director of the Dornsife Cognitive Neuroimaging Center at USC.

"The amygdala in particular is known to be especially involved in perceiving threat and anxiety," Kaplan added. "The insular cortex processes feelings from the body, and it is important for detecting the emotional salience of stimuli. That is consistent with the idea that when we feel threatened, anxious or emotional, then we are less likely to change our minds. "He also noted that a system in the brain, the Default Mode Network, surged in activity when participants' political beliefs were challenged.

"These areas of the brain have been linked to thinking about who we are, and with the kind of rumination or deep thinking that takes us away from the here and now," Kaplan

The researchers said that this latest study, along with one conducted earlier this year, indicate the Default Mode Network is important for high-level thinking about important personal beliefs or values.

"Understanding when and why people are likely to change their minds is an urgent objective," said Gimbel, a research scientist at the Brain and Creativity Institute. "Knowing how and which statements may persuade people to change their political beliefs could be key for society's progress," she

The findings can apply to circumstances outside of politics, including how people respond to fake news stories.

"We should acknowledge that emotion plays a role in cognition and in how we decide what is true and what is not true," Kaplan said. "We should not expect to be dispassionate computers. We are biological organisms."

The work was supported by the Brain and Creativity Institute at USC and by Project Reason.



Report from Sacramento Metro Fire District

Christmas Morning Fire in Vacant Home



Metro Fire crews were dispatched to the 5000 block of Walnut Avenue in North Highlands.

Sac Metro Fire Special Report

SACRAMENTO, CA (MPG) - Shortly before 3:00 am on December 25th. Metro Fire crews were dispatched to the 5000 block of Walnut Avenue in North Highlands for a report of flames coming from the roof and rear window of a vacant house. First arriving crews reported a working fire and immediately initiated fire attack.

The fire, which had started on the outside of the boardedup house, had quickly spread inside. Firefighters forced entry and extinguished the fire, deploying multiple hoselines to different areas of the house to quickly contain the fire. The roof and attic sustained significant fire damage, with total damage estimated at \$75,000. No injuries to civilians or firefighters were reported and the cause of the fire is currently under investigation.

Firefighters were on scene less than five minutes after being dispatched, and the fire was already well-involved and had spread from the exterior to the attic and living quarters. Fire doubles in size every minute... if you see smoke, call 9-1-1 early!



LIVE BIG. BUILD SMART.

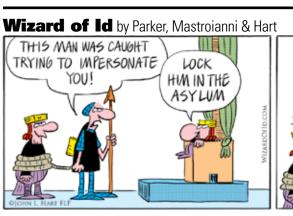
COMPANY CULTURE EXPERTS > TRANSFORMING LEADERS WORLDWIDE SINCE 1989

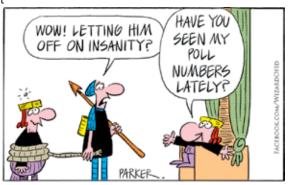
Since 1989, BusinessCoach.com has been transforming businesses and lives. Our holistic relationship-oriented approach to creating vibrant and healthy workplaces comes from a core belief that every human being has greatness inside them. Our passion is to work with companies that have a commitment to be great and want to learn how to create and implement a culture where people are thrilled to work.

> COACHING, MENTORING & BUSINESS ADVICE FOR ENTREPRENEURS, LEADERS & COACHES

Business Coach.com

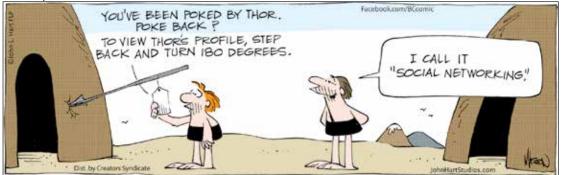
2830 G Street, Suite 210, Sacramento, CA 95816 USA Office: 916.922.7766 | Email: info@businesscoach.com





Hole Molé by Rick Hotten THE FIRST SIGN THE SILENT THAT A RELATIONSHIP TREATMENT MAY BE

BC by Mastroianni & Hart



Cranky Girl by Crystal Jones



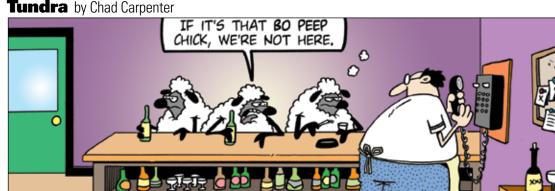
Frank and Steinway by Wil Panganiban



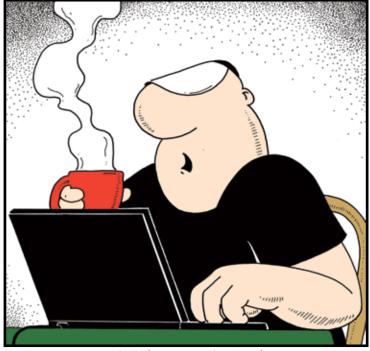




Tundra by Chad Carpenter



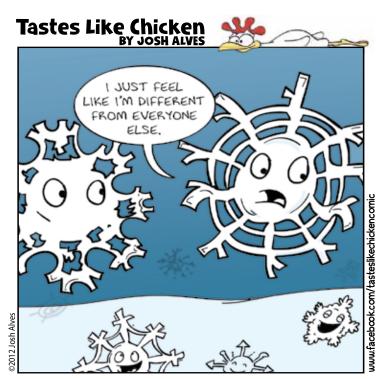
Funday Morning by Brad Diller



"DUDE! YOU'RE ON SKYPE! WEAR PANTS!"



"It's cuz you're fat."





Share your heart. Share your home. Become a **Mentor** today.

California MENTOR's Family Home Agency is seeking adult foster families with a spare bedroom to support an individual with special needs. Receive up to \$3,800 a month and ongoing support.

Information Sessions held:

Tuesdays at 4 p.m. and Thursdays at 11 a.m.

7801 Folsom Blvd. | Suite 375 Sacramento | CA 95826

We provide education, multiple supports, monitoring and the opportunity to work independently from home.

Contact a Recruiter today at (916) 383-9785 ext.15 www.MentorsWanted.com

Senior Special Discount Living Trusts

If you have real estate, you need a Trust.

Our Senior Special Discount for revocable trusts includes the following:

Revocable Living Trust • Power of Attorney for Financial and Healthcare matters Wills • Advance Directives • Trust Transfer Deed for your residence

Probate of Estates if there is no Trust

Protecting Assets from the costs of long-term care: qualifying your loved ones for long-term care government benefits



WILL ASSOCIATES

Richard H. Will ELDER LAW ATTORNEY Serving Seniors Since 1975

Serving Seniors Since 1975

Avoid Probate Call Today!

(916) 482-8897

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com



Complete **Collision Repair Free Estimates**

24 Hour Towing

We Work with All

Insurance Companies

By Accident" Meet

Instant Rebate towards your **DEDUCTIBLE** Some restrictions apply - call for details.

WITH ANY REPAIR Present this coupon and receive a free loaner car for the duration of

your repairs after authorization.

Some restrictions apply - call for details. Coupon must be presented upon authorization.

Limit 1 coupon per customer. Not valid with any other offer. Expires 01/31/17.

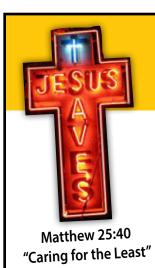




6801 Fair Oaks Blvd • Carmichael, CA 95608 Phone 916-339-1776 • Fax 916-339-1700

Email: info@aebodyshop.com • www.aebodyshop.com Monday - Friday: 8:00 a.m. - 5:00 p.m.

Saturday: By appointment • Sunday: Closed



Union Gospel Mission **Sacramento**

For more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission also serves women and children. The Mission is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

50+ Years of Service We accept donations, clothing and goods, 7 Days a week... and prayers always!



400 Bannon Street • Sacramento, CA 95811 Exec. Director, Pastor Tim Lane • P.O. Box 1108, Sacramento, CA 95812 Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM listen online & visit us at: www.ugmsac.com Facebook.com/UGMSAC

Sacramento County **DA Reports**



Defendant Sentenced for Multiple Charges, Stemming from Bar Shooting Defendant Sentenced for Series of Rancho Cordova Sexual Assaults Wife & Husband Convicted of Insurance Fraud

DATE: December 9, 2016 **CASE:** Abelino Nunez (Case #13F08143) **PROSECUTOR:** Deputy District Attorney Nicholas Johnson, Felony Prosecution

The Honorable Trena Burger-Plavan sentenced Abelino Nunez to 31 years and 8 months to life in prison. On August 30, 2016, a jury convicted Nunez of attempted first-degree murder with personal use and discharge of a weapon allegations found true. Nunez was also convicted of assault with a semiautomatic pistol, felony evading an officer with wanton disregard for public safety, hit and run, driving under the influence, bribery of a public official, and being a felon in possession of a handgun.

On December 16, 2013, Abelino Nunez was escorted out of the La Cabana Bar by security because he was intoxicated and tried to start a fight. Nunez got into his car and pulled up to the front of the bar, where he motioned to the bouncer to come closer to his car. Nunez then fired several shots. The bouncer dove behind a rock wall to avoid being hit. One bullet entered the bar and another became embedded in a rock wall where the victim dove. When police officers responded to the scene, a witness pointed out Nunez's car. Officers pursued Nunez and a high speed chase ensued. Nunez reached speeds in excess of 90 mph, running multiple red lights and stop signs, and driving in the opposite lane of traffic before crashing into a parked truck. Nunez took off on foot, but was quickly detained. A test of his blood alcohol revealed that he was two and a half times above the legal limit. Nunez then offered one of the officers up to \$25,000 if she would let him go.

DATE: December 14, 2016 CASE: Jordan Hudson (Case #14F01257) **PROSECUTOR:** Deputy District Attorney Tate Davis, Adult Sexual Assault Prosecution

The Honorable Laurel White sentenced Jordan Hudson to 21 years in prison. On November 14, 2016, a jury convicted Hudson of assault to commit forcible rape, two counts of assault to commit forcible oral copulation, and committing a lewd and lascivious act on a 15-year-old child with the defendant being at least 10 years older than the

On February 3, 2014, a woman was walking in Rancho Cordova when Hudson attacked and tried to rape her and force her to perform oral

copulation on him. The victim fought back and Hudson fled the scene. On February 20, 2014, Hudson attacked an 18-year-old girl as she walked home from her high school. Hudson again tried to force the victim to perform oral copulation on him. This victim also fought back and Hudson fled the scene. Later that day, Hudson grabbed a 15-year-old girl's buttock while she was walking home. The victim pushed him away, but Hudson continued to follow her into her apartment complex. Hudson left the scene when the victim's sister yelled at him to leave.

Hudson was previously convicted of battery for a similar incident that occurred in 2011.

DATE: December 20, 2016

CASE: Deborah Ann Carter & Louis Hudson (Case #15F02774)

PROSECUTOR: Deputy District Attorney Alan Hengel, Insurance Fraud Unit

Deborah Ann Carter was convicted by a jury of three felony insurance fraud charges. In a separate proceeding, another jury convicted Carter of felony failure to appear and found true the allegation that she committed a felony within 5 years of a prior prison term.

On July 7, 2014, a volunteer worker for an alcohol and drug recovery facility for the homeless accidentally backed the facility's minivan into a parked car at a slow rate of speed, causing minor damage to both vehicles. The car was occupied solely by Carter's husband, Louis Hudson. Later that day, Carter directed her niece to call the facility's auto insurance and report that both Carter and Hudson were in the sedan when the accident occurred. Both Carter and Hudson claimed they had been injured in the accident.

The California Department of Insurance Urban Auto Fraud Unit investigated Carter's insurance claim and interviewed two witnesses. Both witnesses said only Hudson was in the sedan at the time of the accident, and that they saw Carter come out of a nearby building screaming after the

Louis Hudson previously pled no contest to a misdemeanor auto insurance fraud charge. He was sentenced to 90 days in jail and placed on three years probation.

Carter faces a maximum sentence of 8 years in prison. Sentencing is set for January 13, 2017, at 9:00 a.m. in Department 39 before the Honorable James Arguelles.

Israel Ambushed by the UN, Obama

Commentary by Mat Staver

The UN Security Council attacked Israel by voting to condemn Israeli settlement activity. And in a stunning reversal of U.S. policy, the Obama administration refused to veto the anti-Israel measure. Now Israel's enemies will use this UN action to intensify pressure on the Jewish state. This dangerous resolution shows why you and I must make our voice heard on Israel's behalf.

With Americans tuning out in the run-up to Christmas, President Barack Obama carried out a sneak attack on the Jewish state today.

Despite furious lobbying by Israeli Prime Minister Benjamin Netanyahu and pressure from President-elect Donald J. Trump, the UN Security Council approved an anti-Israel resolution condemning all Israeli settlement activity.

Egypt pulled the measure, after Trump intervened, but four UN Security Council members – New Zealand, Malaysia, Senegal and Venezuela brought it to a vote. And the Obama administration, in a deeply troubling departure from past American policy, withheld America's veto, letting the measure pass.

An incensed Israeli official

accused President Obama and Secretary of State John Kerry of abandoning Israel. In a Times of Israel report, the unnamed official blasted Obama for having "secretly cooked up with the Palestinians an extreme anti-Israeli resolution behind Israel's back which would be a tailwind for terror and boycotts. . . ."

This newly-passed resolution demands Israel "immediately and completely cease all settlement activities in the occupied Palestinian territory, including East Jerusalem." The enemies of Israel will immediately use it to ratchet up world pressure on

The U.S. has a long-standing policy of vetoing anti-Israel resolutions at the UN, but the Obama administration today abandoned Israel and sided with Palestinians who want to eliminate the Jewish state.

President-elect Trump was exactly right when he called the resolution "extremely unfair to all Israelis."

"As the United States has long maintained," Trump declared, "peace between the Israelis and the Palestinians will only come through direct negotiations between the parties, and not through the imposition of terms by the United Nations."

But by condemning Israeli settlement activity, the Obama administration, with just one month left in office, has made Middle East peace all the more unlikely. That's bad for Israel, bad for Palestinians, and bad for

God gave the Jewish people the land of Israel thousands of years ago. He also promised to return His people to their land, and to settle them on it, announcing through the prophet Ezekiel: "I will settle people on you as in the past and will make you prosper more than before. Then you will know that I am the Lord" (Ezekiel 36:11).

But Palestinian leaders refuse to recognize Israel's right to exist as a Jewish state. You can find out why when you request my new book, Why Israel Matters.

It is God's calling on our lives, and our own nation cannot prosper if we are unfaithful to Israel. You see, it is not just Israel that matters. Our own response to God's command to comfort and bless Israel matters. It matters for you and me, and for our children and grandchildren as well.

That is why I am asking you now to stand with Christians in Defense of Israel. With your help, we will defend Israel and its historic, legal, and Godgiven right to live and settle the land God gave to it.

Together for Israel, Mat Staver, President





becial Offer: CEMETERY PROPERTY

No Opening & Closing Fees on Advance of Need Property

EAST LAWN Memorial Park & Crematory

4300 Folsom Blvd., Sacramento, CA 95819 Tel 916.732.2000

EAST LAWN Sierra Hills Memorial Park & East Lawn Mortuary

5757 Greenback Lane, Sacramento, CA 95841 Tel 916.732.2020 Lic. #FD-1242

EAST LAWN Elk Grove Memorial Park & Mortuary

9189 E. Stockton Blvd., Elk Grove, CA 95624 Tel 916.732.2031 Lic. #FD-1455

It is standard practice that each time a memorial space is physically opened or closed, families are charged a fee for this service.

From 12/12/2016 through 1/15/2017, East Lawn will waive this fee on all purchases that are for advance of need cemetery property.

This is up to a \$795 per person value. Call one of our 3 cemeteries today to make an appointment.





Liz Gentile

Jeran

Heald



Claudia Taylor



Jane Filetic





Lori Osborne





Matthews

Jerry

Govier



Rick



VandenHoek





Steve Moore

Kayla Delgado



Matt

Use Caution When Collecting, Eating Wild Mushrooms

SACRAMENTO REGION, CA (MPG) -With seasonal rains promoting the growth of wild mushrooms, California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith is reminding people that collecting and eating hazardous wild mushrooms can lead to serious illness and even death.

"It is difficult to distinguish between wild mushrooms that are poisonous and those which are safe to eat," said Dr. Smith. "Wild mushrooms should not be eaten unless they have been carefully examined and determined to be edible by a mushroom expert."

Wild mushroom poisoning continues to make people ill and send them to the hospital. According to the California Poison Control System

(CPCS), 679 cases of ingestion were statewide from





2016. Among those

- Three suffered a major health outcome, such as liver failure leading to coma and/or a liver transplant, or kidney failure requiring dialysis.
- 50 suffered a moderate health outcome, such as dehvdration due to vomiting and diarrhea, or injury to the liver or kidney.
- 348 were children under six years of age. Usually the children ate a small amount of a mushrooms growing in yards or neighborhood parks.
- 415 were treated at a health care facility.
- Eight were admitted to an intensive care unit.

The most serious illnesses and deaths have been linked primarily to wild mushrooms known to cause liver damage, including Amanita phalloides (shown above), also known as the "death cap" and Amanita



Amanita phalloides. Photo

"destroying angel." These and other poisonous mushrooms grow in some parts of California

year-round,

(shown at

left), or

but are most commonly found during fall, late winter or spring.

Eating poisonous mushrooms can cause abdominal pain, cramping, vomiting, diarrhea, liver damage or death. Anyone who develops symptoms after eating wild mushrooms should seek immediate medical attention. People who develop these symptoms, or their treating health care providers, should immediately contact Poison Control at 1-800-222-1222.

Local mycological societies offer educational resources about mushroom identification, and may be able to help people identify mushrooms they have picked.

Source: CDPH

- **1** Guaranteed Delivery of the Carmichael Times
- **2.** Guaranteed Delivery of The Sunday Sacramento Bee

Get a great deal on this three month subscription for only:







part of your subscription. BOTH NEWSPAPERS FOR ONLY \$15 FOR 3 MONTHS!

It's the Perfect Combination!

Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.





Chevron Station -Zinfandel Dr

Per Family

2344 Sunrise Blvd. Rancho Cordova, CA 916-635-5008

Mon-Fri 9-8, **SAT 9-7, SUN 10-7** Effective 12/28/16 - 1/3/17 <

Naturals, Taste of the Wild, & Royal Canin Pet Foods

PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond

> 13 - 13.2 Oz Tin All Varieties Pedigree & Alpo With Any Purchase of Pet, Fish Food, or Supply Limit 1 PLU 321
> Limit: 1 Coupon Per Family CT
> Effective 12/28/16 - 1/3/17

ANY PURCHASE OF (Excluding Pet Food or Litter)
Cannot be used in continued UPPLY Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324 Limit: 1 Coupon Per Family

Effective 12/28/16 - 1/3/17

We Only Accept ATM, Cash, & Checks TASTE OF THE WILD **GRAIN FREE** DRY DOG FOOD

FOOD AND SUPPLIES

EVERYDAY LOW PRICES
per Discount Prices* Hot Specials & Coupo
Sport term promotions from vendors
(No Momborship Fees)

•Wetlands •Sierra Mountains •Pacific Salmon •High Prarie •Southwest Canyon

Effective 12/28/16 - 1/3/17

LIVES CANNED CAT FOOD 5.5 Oz

Effective 12/28/16 - 1/3/17

Limit 1 Case **Per Family**

NUTRO MAX ADULT RECIPE DRY DOG FOOD

•Regular Max •Large Breed Adult •Beef •Senior •Lamb Meal & Rice 25 Lb Bag Limit 2 Bags

Effective 12/28/16 - 1/3/17

FANCY FEAST **GOURMET CANNED CAT FOOD** All Varieties Except Elegent Medley

3 Oz **Limit 2 Cases** Effective 12/28/16 - 1/3/17 PRO-PLAN **DRY DOG FOOD** Chicken & Rice 30-35 Lb Bag
Beef & Rice Lamb & Rice
Sensitive Skin & Stomach
Lite Bright Mind

Limit 2 Bags

OUR SUPER DISCOUNT PRICES! Effective 12/28/16 - 1/3/17

JONNY CAT PREMIUM CAT LITTER 20 Lb Bag Regular • Multiple Čat Formula

per Family Effective 12/28/16 - 1/3/17

FRISKIES DRY CAT FOOD 16 Lb Bag Surfing & Turfing •Seafood •Indoor

Limit 2 Bags Per Family

Effective 12/28/16 - 1/3/17 FRESH STEP

SCOOPABLE CAT LITTER 42 Lb Bag

Limit 2 Bags Effective 12/28/16 - 1/3/17

BLUE BUFFALO WILDERNESS DRY DOG FOOD

As Marked

As Marked

S 8 OFF Chicken (\$10 Off Reg Price) • Salmon • Lrg Breed Adult
 Duck • Healthy Weight 24 Lb Bag NEW LOW PRICES! OUR REGULAR LOW PRICE Sh FUSSIE CAT AS Marked •Chicken & Turkey •Salmon & OFF 10 Lb SOFF 10 Lb SCOUNT PRICE CHICKEN SOUP FOR THE SOUL DRY DOG FOOD 57 OFF Adult *Large Breed *Mature *Weight Care
 Lb Bag Limit 2 Bags

NEW **MERRICK'S** WHOLE EARTH FARMS DRY DOG FOOD

•Adult •Grain Free Chicken & Turkey 25 Lbs Limit 2 Bags Per Fam ON SALE
•Grain Free Beef & Lamb •Grain Free Salmon & Whitefish

TIDY CAT LIGHT WEIGHT CLUMPING CAT LITTER 8.5 Lb Jug Limit 2 Jugs FELINE PINE HEALTHY CAT LITTER 20 Lb Bag

CAT COUNTRY
PREMIUM ORGANIC CAT LITTER ₹**7**49 Limit 2 Bags

MERRICK'S PURRFECT BISTRO CANNED CAT FOOD

5.5 Oz Grain Free Limit 1 Case

EARTHBORN HOLISTIC CANNED CAT FOOD •Grain Free Selected Varieties
Limit 1 case 3 Oz. 5.5 Oz. CAREFRESH PET BEDDING

60 Liter (Ultra Not Included) SCIENCE DIET

33 lb Bag

•Lite •Active Longevity
•Perfect Weight

DRY DOG FOOD

•Healthy Mobility
•Sensitive Stormach
•Oral Care NUTRO NATURAL CHOICE WILD FRONTIER DRY DOG FOOD

•Real Chicken •Real Lamb •Real Salmon •Venison Meat •Grain Free •High Protein •Adult 24 Lb Bag Limit 2 Bags MARINELAND POWER FILTER SALE

ADVANTAGE FLEA CONTROL & TREATMENT Dog 1-10 Lbs. (Green) Dog 55 + Lbs. (Blue) Cat 1-9 Lbs. (Orange) Dog 21-55 Lbs. (Red) Cat 9+ Lbs. (Purple)
Limit 2 Per Family. Cannot be combined with any other offer OUR REGULAR LOW PRICE CADET RAWHIDE SALE

28 Oz Pkg.

•Chicken Breast •Duck Breast \$

Sweet Potato & Chicken
•Sweet Potato & Duck
•Sweet Potato & Duck **PETMATE** Portable Pet Homes Sizes OFF (Pop & Go)

•Light Weight •Pop-Up **KAYTEE FIESTA**

PETKIN PET WIPES Doggy •Eye •Kitty
•Ear •Itch Stop •Tooth

All Varieties

OUR SUPER LOW PRICES

All Varieties

TREAT STICKS •Honey
•Tropical Fruit
•Fruit & Veggie Varieties BONUS COUPON

PENGUIN 100B. PENGUIN 150B . PENGUIN 200B . . . 30 Gal. . . . 50 Gal. . . . 75 Gal. . PENGUIN 350B

TETRA BOXED 10 GALLON TANK With Economy Kit Just add Heater For Tropical Fish

REPTILE SUPPLY SALE O.S.I. PREMIUM FISH FOOD **20% OFI** Tetra Reptomin 3.7 Oz •Freshwater •Marine •Goldfish •Spirulina OUR SUPER LOW PRICES Tetra Reptomin 10.59 Oz .

BONUS COUPON FRISKIES BUFFET **CANNED CAT FOOD**

WHISKAS **TEMPTATIONS CAT TREATS**

•All Varieties Except Natural - 3 Oz

BONUS COUPON JONNY CAT **CAT LINERS**

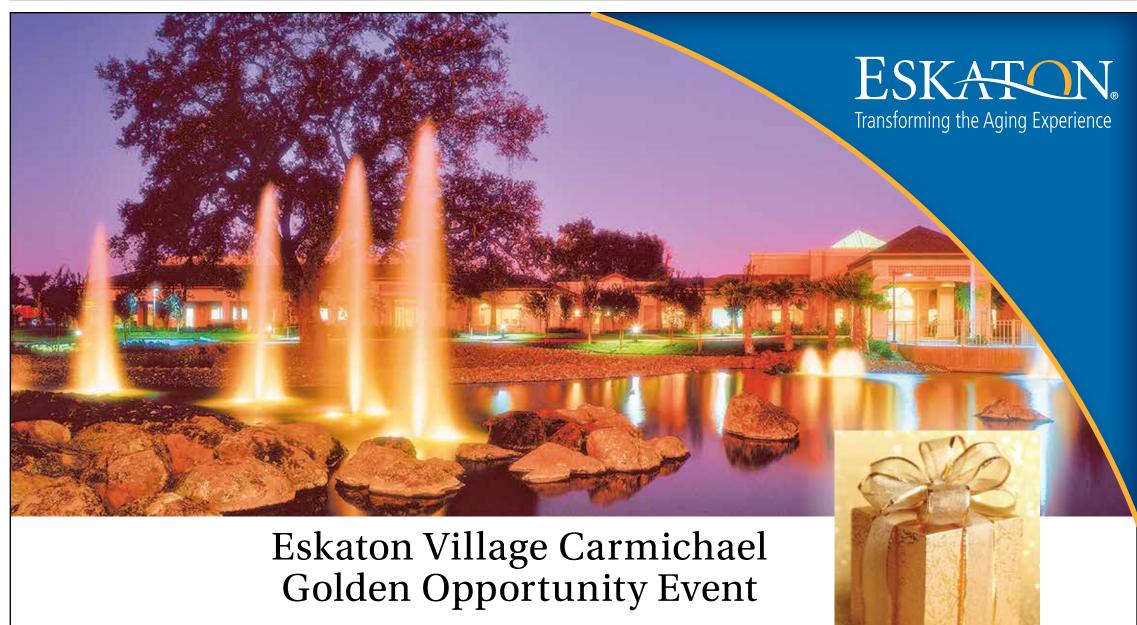
5.5 Oz All Varieties Limit 12 Cans With Coupor

OUR SUPER LOW PRICES

Limit 12 Cans With Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon
Effective 12/28/16 - 1/3/17
PLU 367

Limit 2 Pkgs with Coupon
Limit One Coupon Per Family
CT
Price Valid Only With Coupon Effective 12/28/16 - 1/3/17
PLU 367

Jumbo Drawstring - 5 Ct Limit 1 Box with Coupon
Limit One Coupon Per Family
Price Valid Only With Coupon Effective 12/28/16 - 1/3/17
PLU 449







Don't miss this Golden Opportunity!

For a very limited time, we invite you to take 1/3 off your membership fee (with savings up to \$50,000) on select apartments and cottages at our 37-acre resort-style retirement community. You must close on your selected residence by December 31, 2016.

Come to a Fall Home Tour to find out more. Lunch is on us! Call **now to reserve your spot.** Take advantage of your golden opportunity to save 1/3 on a lifestyle filled with choice, luxury, comfort and service, all at a price that's more affordable than you might think — with monthly fees from only \$3,566.

Your community. Your life. Your choice.

eskaton.org/VC

Eskaton Village Carmichael

Continuing Care Community (CCRC): Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing

916-967-1017

Monthly fees begin when the unit is ready. For units that sell for

License #340313383 / COA #202

A leading nonprofit provider of aging services in Northern California since 1968

The Exciting New World of Implant Supported Dentures







• Has the Security of a Fixed Bridge! • Easier to Maintain Good Oral Hygiene

There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.





Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retainedsnap on denture or partial, please contact us for a FREE CONSULTATION today!

uenta Groun

\$1,200.0ff

2 implants with 2 attachments to upper/lower denture

Offer Expires 01/31/17

8329 Fair Oaks Blvd., Ste A • Carmichael, CA, 95608 916 944-1197 www.YourCarmichaelDentist.com