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# Carmichael Times

Volume 36 • Issue 34

Serving Carmichael and Sacramento County since 1981

August 19, 2016

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## Metal Men Scrapped

Story and photos  
by Susan Maxwell Skinner

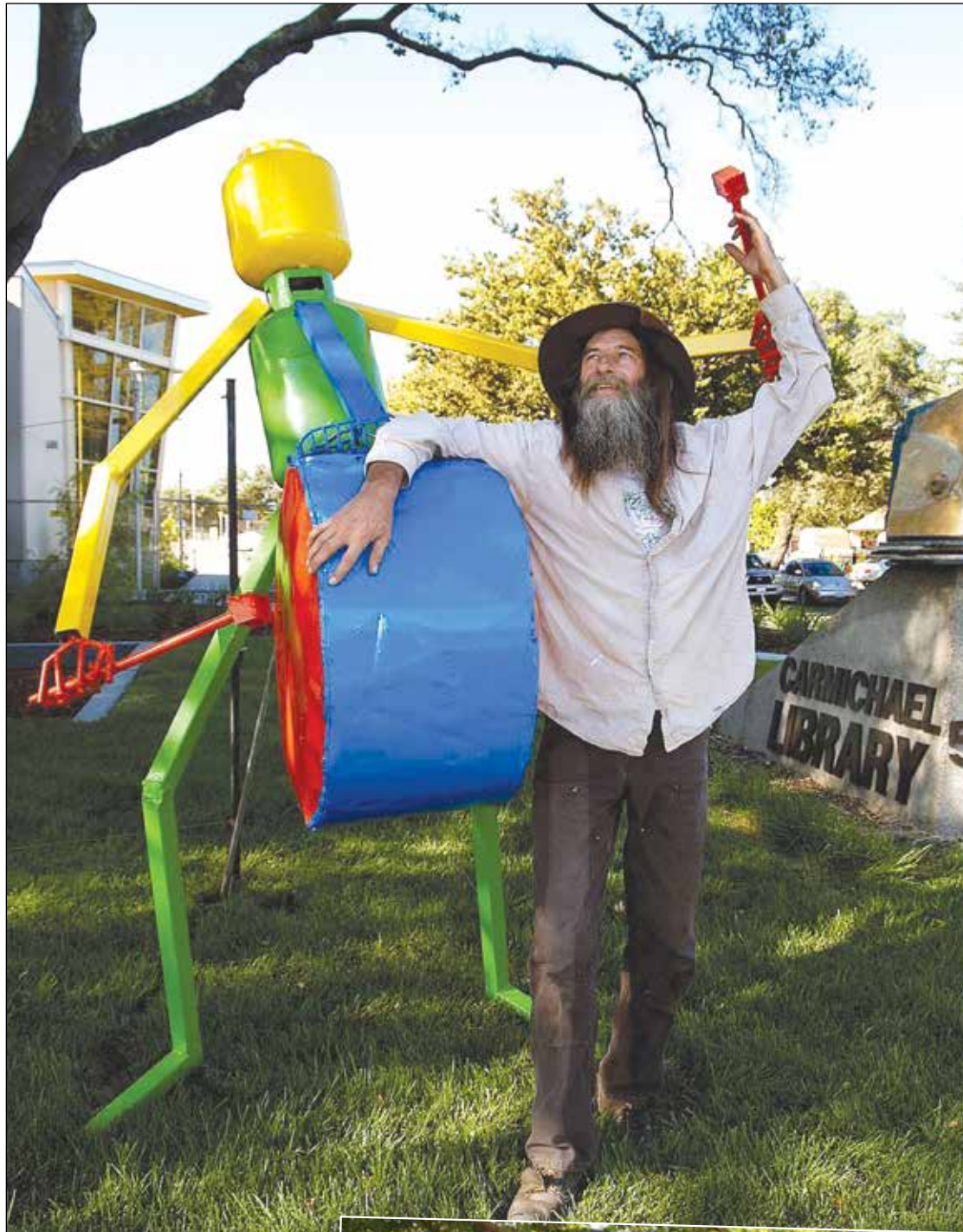
**CARMICHAEL, CA (MPG)** - Carmichael has lost two prominent personalities. Decried irreparable after ravages of climate and vandalism, the library's landmark metal musicians were recently hauled away for scrap.

Their departure marked a sad day for Arcade sculptor Max Stockinger (69), who created the cheerful duo for Carmichael Library's 2006 rededication. "I felt decimated," he admits.

Installed on the library frontage, his figures began a local heavy metal fashion: Rancho Cordova and Arcade Libraries and the Sacramento Children's Museum also acquired Stockinger's work. Private homes all over Sacramento still host his trademark bandsmen. Creating a drive-through gallery for metal a-la-Max, his home street neighbors decorated Moretti Lane yards with cavorting musicians and animals. "I took stuff people wanted get rid of - propane tanks, hot water boilers, plumbing pipes - and reshaped it," Stockinger explains. I slapped paint on and everybody wanted it. My art is a statement; we waste our resources. If I began with a sow's ear, I still ended up with a sow's ear. But it was a more attractive one. My figures are joyful. Exuberant."

Installed on the Marconi Avenue library frontage, his saxophone and drummer were a benign presence for ten years. "Parents and children loved them," said a former library staffer. "You could tell their creator loved the world. Max's work encouraged creativity." Decayed by vandalism and climate, the statues were restored by their creator for some years. The library and Friends eventually took over maintenance but - as repairs got more difficult -- a decision to end the expense ended the music.

Now retired from metalwork and working mainly



Sculptor Max Stockinger is pictured at right with dancing figures that decorate his Arden Arcade home street. After standing for ten years, the artist's Carmichael Library sculptures were recently removed (top photo).

with stone, Bibically bearded Stockinger is philosophic about his lost art. "My whole purpose was to encourage recycling through sculpture," he says. "But I understand things wear out. We all get old. They played their happy tune as long as they could." ★



## IHOP Teams Up to Fight Childhood Hunger

**SACRAMENTO REGION, CA (MPG)** - IHOP and No Kid Hungry will come together again in the fight against child hood hunger. IHOP restaurants nationwide will offer a short stack of their world-famous buttermilk pancakes for just \$1 with 100 percent of the proceeds benefiting No Kid Hungry. Please help IHOP, the pioneer of breakfast all day, every day, reach its goal of serving one million pancakes to make an impact in the lives of hungry children across America.

For close to six decades, IHOP has been the leader in bringing guests a freshly made breakfast served any time of day, every day - but at least one in every five children across the U.S. struggles to get the food they need to grow and thrive. No Kid Hungry works to connect our future leaders with a healthy breakfast by delivering food to where kids live, learn and play.

You can participate on Tuesday, August 23, 2016 from 7:00 AM to 7:00 PM at any IHOP in the United States.

No child should go hungry in America, but 1 in 5 kids will face hunger this year. Using proven, practical solutions, No Kid Hungry is ending childhood hunger today by ensuring that kids start the day with a nutritious breakfast and families learn the skills they need to shop and cook on a budget. When we all work together, we can make sure kids get the healthy food they need. No Kid Hungry is a campaign of national anti-hunger organization Share Our Strength. Join us at NoKidHungry.org .

Please support your local IHOP on this fundraising event and tell them you read about it in your local newspaper. We support great local fundraising causes and hope you will too.

For more than 58 years, IHOP has been a leader, innovator and expert in all things breakfast, any time of day. IHOP restaurants offer guests an affordable, everyday dining experience with warm and friendly service.

Source: Wills Communications ★

## Society for the Blind Named Rehab Organization of the Year

**SACRAMENTO REGION, CA (MPG)** - Society for the Blind in Sacramento recently accepted the award for Rehabilitation Organization of the Year by the Association for the Education and Rehabilitation of the Blind and Visually Impaired. The award is given each year to an organization that has demonstrated exceptional commitment and service to the field, as well as leadership in working with students, families, colleagues and businesses.

"While there are so many strong organizations in this region, we find Society's expansion of services through the development of partnerships over the past few years to be an exemplary model of the standard all such organizations should follow," said Richard Rueda, president of the Northern California chapter of the association. "This organization is distinguished by its ability to dream big, allow partnerships to emerge, and sponsor and underwrite large portions of programming that ultimately benefit people with

vision loss in Sacramento and throughout Northern California."

Society for the Blind received the award for its expansion efforts, including its onsite Low Vision Clinic that now offers occupational therapy and services for young children, its peer and support group programming for parents of children with vision challenges, and its new partnerships with groups like UC Davis Eye Center and Junior Blind.

"This is an enormous honor, and we are grateful for this recognition as we continue to find new ways to empower people of all ages living with vision challenges," said Shari Roeseler, executive director, Society for the Blind.

For 60 years, Society for the Blind has created innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Society for the Blind has grown from a dedicated group of volunteers that included the Lions Clubs of America to a nationally recognized agency and the only rehabilitative teaching center for a



Society for the Blind staff members accept the award for Rehabilitation Organization of the Year from the Association for the Education and Rehabilitation of the Blind and Visually Impaired.

26-county region of northern California. The nonprofit provides low-vision eye care, life and job skills training, mentorship, and access to tools to maintain independence for 6,000 youth, adults and

seniors experiencing vision loss each year. For more information or to make a donation, visit [www.societyfortheblind.org](http://www.societyfortheblind.org).

Source: Kristin Thebeaud Communications ★

# Handing off the Baton at American River Community Church

By Reverend Richard Reimer, Lead Pastor

Like the long distance relay runners preparing for the Olympics in Rio, practicing the "hand off" is all important. In church and community life leaders and staff go and come. American River Community Church (ARCC) has been serving the Carmichael community since 1948 and has gone through many such "hand offs" over the years. Recently three significant staff transitions have been made with great hope and expectation that their collective leadership will increase the Christian impact the church of 150 members has in Sacramento County and the world. As lead Pastor I introduce you to:



Reverend Richard Reimer, Lead Pastor

position March 1, 2016. She has a B.A. in Child Development from Sacramento State and a M.A. in Education from the University of San Francisco. She loves spending time with family and friends, attending church, going skating and singing karaoke. She will be married in August.



Jessica Hankerson, Director Wonder-Land Christian Pre-School and Day Care Center

**Svitlana Kovalev, Children's Ministries Director**

Svitlana was born in Ukraine and 7 years ago came to the United States to join her husband. At age 16 she became a believer in God and started to follow Jesus. She served her church in Ukraine teaching Sunday school, Vacation Bible School and leading art, drama, & sports for children during summer camps. Since joining her husband at ARCC her life has been touched by the children she has interacted with as both a volunteer and paid attendant. She is always open to helping families who have children. She loves children and she thanks God that the children love her back! Svitlana has demonstrated leadership and artistic gifts that will prove invaluable assets to growing a healthy children's ministry. She and her husband look forward to adopting a foster child



Svitlana Kovalev, Children's Ministries Director

As Lead Pastor, I invite our Carmichael neighbors to meet these new staff members at a COMMUNITY ICE CREAM SOCIAL SUNDAY AUGUST 21ST FROM 6:30 TO 8:30PM in the shaded courtyard at the center of the church campus. The Steve Randal Band will provide a variety of music for all to enjoy, there will be a hop house and open gym for children and of course Ice Cream and toppings in ample supply. Your host will be Anna Stowe, Outreach Team Leader. Come make the "Hand - Off" fun and friendly! ★



Steven Randal, Worship & Music Director

**Steven Randal, Worship & Music Director**

Steven has been a music educator, local performing musician and worship leader in the Sacramento region for over 20 years. He joined the ARCC staff July 1st. His passion to be in the world sharing God's love with people both inside and outside of the church has been his driving force and personal ministry pursuit. Working with his broad network of some of the area's finest musicians, he has been able to support and lead praise and worship ministry in Folsom and surrounding areas for many years. Steven and his wife of 27 years reside in Folsom and have five daughters and ten grandkids.

**Jessica Hankerson, Director Wonder-Land Christian Pre-School and Day Care Center**

Miss Jessica started as the Assistant Director for Wonder-Land School in mid-2015. The licensed pre-school and day care center is a mission arm of the church. Jessica was moved into the Director

# San Juan Unified Piloting K-8 Home School Program

**SACRAMENTO COUNTY, CA (MPG)** - San Juan Unified is piloting a K-8 home school program and is currently enrolling students for the 2016-17 school year. The optional home school program helps meet students' individual needs and offers support to families who choose to educate their children in kindergarten through eighth grade at home, partnering with a San Juan Unified

credentialed teacher.

As part of the program, students must receive at least 4-6 hours of daily instruction in English and complete coursework meeting California standards for each subject. Additionally, parents or guardians must meet regularly with the assigned credentialed teacher, with flexible scheduling available. By participating in

the home school program, families receive curriculum, ongoing guidance and vouchers for materials and activities for the school year

For questions regarding enrolling your child, please call (916) 971-7017 or email dcovello@sanjuan.edu.

Source: San Juan Unified Scholl District ★

# Cal Fire Local 2881 Firefighter Discusses Fair Pay for Firefighters

**SACRAMENTO, CA (MPG)** - CAL FIRE Local 2881 represents the 6,500 firefighters of CAL FIRE. They answer more than 400,000 calls per year with professionalism and integrity. However, CAL FIRE firefighters are in crisis.

"Today (August 16th) I did the most difficult thing I've ever had to do as a firefighter," said CAL FIRE firefighter Steve Mueller. "While I look forward to protecting my neighbors and working hard with my colleagues, I didn't enjoy talking publicly about how our pay lags drastically behind other departments."

California's independent Human Resources Salary Report

reveals that CAL FIRE firefighters make 30-90% less than firefighters from California's top twenty-five fire departments. A fifteen-year veteran of CAL FIRE can make more money, and with less responsibilities, as an entry-level firefighter at a local department. Three months ago, CAL FIRE had a 50% no-show for the promotional Fire Captain test.

Entry-level firefighters make only minimum wage. In five years, due to compaction within the Department, they will make as much as mid-level firefighters. The compaction and overlapping of pay negatively impacts morale among firefighters and

robs our men and women the incentive to promote.

"I love fighting fires and the camaraderie on the job but, it is important that our pay at least be competitive with other fire departments," said Mueller.

Mueller mentioned that firefighters will be at the State Capitol at 11AM on Monday, August 22nd to protest the pay disparities.

The men and women of CAL FIRE will always answer the call and it is an honor to protect our neighbors. We hope to work cooperatively with the Administration to find a viable solution. ★



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# Capitol Pops Return Aug. 28 to Carmichael Park

CARMICHAEL, CA (MPG) - The Capitol Pops Concert Band continues its 19th season with a free, open to the public concert at 5 p.m. Sunday, Aug. 28, 2016, at the outdoor band shell in Carmichael Park at 5750 Grant Ave., in Carmichael.

The band's performance is part of the annual summer "Concerts in the Park" series sponsored by the Carmichael Recreation and Park District.

Under the baton of Director Kurt Pearsall, the CPCB performance will include some of the band's traditional American favorites

that have entertained Northern California audiences for nearly 20 years. Voice and instrumental soloists will be part of the show, which will run for about two hours, with a 20-minute intermission.

Concert-goers are encouraged to bring lawn chairs or blankets to enjoy an evening of music on the grass in front of the park's stage.

The CPCB performance is the Carmichael Recreation and Park District's last summer series concert scheduled for 2016 at the Daniel Bishop Memorial Pavilion. More information can be seen at [www.carmichaelpark.com](http://www.carmichaelpark.com) or by calling (916) 485-5322.

Started in 1997, the CPCB has performed a diverse portfolio of high-quality, well-prepared music heard by thousands of concert-goers throughout Northern California.

Based in Citrus Heights, the self-supporting, nonprofit community band of about 65 musicians represents a wide cross-section of the Sacramento area. For more information on the Capitol Pops, visit [www.capitolpops.org](http://www.capitolpops.org) or its Facebook page. ★

# Governor Brown Appoints Marcroft, Gallardo

SACRAMENTO, CA (MPG) - Governor Edmund G. Brown Jr. recently announced the following two appointments.

Ryan Marcroft, 38, of Carmichael, has been appointed assistant chief counsel at the California Department of Consumer Affairs. Marcroft has been a deputy attorney general at the California Department of Justice, Office of the Attorney General since 2010. He was a deputy legal affairs secretary in the Office of the Governor from 2006 to 2010 and a staff attorney at the Institute for Administrative Justice, California Parole Advocacy Program from 2004 to 2006. Marcroft earned a Juris Doctor degree from the University of the

Pacific, McGeorge School of Law. This position does not require Senate confirmation and the compensation is \$142,728. Marcroft is a Republican.

Sandra Gallardo, 38, of Sacramento, has been appointed to the State Interagency Coordinating Council on Early Intervention. Gallardo has been an assistant secretary of program and fiscal affairs at the California Health and Human Services Agency since 2015. She was an attorney at the California Department of Managed Health Care from 2014 to 2015 and senior oversight counsel for the U.S. Senate Committee on Health, Education, Labor and Pensions from 2007 to 2009. Gallardo was a litigation associate at Venable

LLP, Washington D.C. Office from 2004 to 2007 and a public policy fellow with the Congressional Hispanic Caucus Institute from 1999 to 2000. She is a member of the C.K. McClatchy High School Law and Public Policy Academy Advisory Committee and the Voluntary Legal Services Program of Northern California. Gallardo earned a Juris Doctor degree from the University of California, Berkeley School of Law and a Master of Public Administration degree from the Harvard University, Kennedy School of Government. This position does not require Senate confirmation and there is no compensation. Gallardo is a Democrat.

Source: Office of Gov. Brown ★



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**IN MEMORIAM**

**Elizabeth H. Cutter**

03/17/1925 – 07/20/2016

Born, March 17, 1925, in Quincy Township, Minnesota. Died peacefully on July 20, 2016 in Carmichael, California, surrounded by family.

Ms. Cutter, a devoted mother, grandmother and great grandmother, will be remembered for her style, elegance, strength and determination. She had a lengthy and successful career, capped by her tenure as a legal secretary for the San Francisco law firm of Heller, Ehrman, White and McAuliffe, long before it was common to find women contributing in corporate workplaces. Her resume included work in the offices of the Marin County District Attorney,

and Marin County Clerk, as well as for Redwood High School, Wells Fargo Bank and the Owens-Illinois Glass Company.

As busy as she was in those years, Ms. Cutter still found the time and energy to serve as Den Mother when her sons were Cub Scouts, and was a loving and devoted daughter to her own parents, Elmer and Elizabeth Hayes, throughout their lives. Before living in Marin County, she had resided in Los Angeles and Portland, Oregon. After her retirement, she moved from Larkspur to Carmichael, and spent her final 16 years in the Eskaton community. During her retirement, Ms. Cutter enjoyed tutoring

elementary school children.

She is survived by daughter Elizabeth Cutter of Hawaii and her children, Shirlyn DeCambra, Raymond Fujikawa, Brian Fujikawa, Keith Fujikawa, Elizabeth Withey, Katie Campbell and Maile King, son Paul Cutter of Wilton, California, and his sons, Martin and Michael Cutter, and son John Cutter and daughter-in-law Ginger Cutter of Connecticut, and their son, Kennedy Cutter. She also is survived by many great-grandchildren.

Services will be private. In lieu of flowers, kindly consider a memorial donation to the Marin Humane Society -- www.marinhumanesociety.org.

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- August 27, 6:30PM-8:30PM: The Hucklebucks
- August 28, 5PM-7PM: Capitol Pops Band

Concert Schedule Subject to Change

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SAT, MARCH 18 AT 8:00 PM  
 Sacramento Community Center Theater

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<b>Jim Anderson &amp; the Rebels</b>	<b>1:00 p.m.</b>
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# Pinching Pennies in a Nickel Economy

**Dr. James L. Snyder**

An incident happened this past week that created for me a certain pause to think about things.

I don't often think about too many things. After all, with only one little gray cell, it is hard to think about things in the plural. "One-thought-at-a-time," is my life motto. Experience has taught me that too many thoughts at any given time, usually leads to trouble with the Gracious Mistress of the Parsonage.

I was going to pick up a few items at Publix when it happened. I parked in the parking lot as normal, got out of the car and started towards the store. Halfway to the store is when it happened.

Even now as I think about it, I'm a little excited. Believe me; it takes quite a bit to get me excited these days.

Walking towards the entrance to the store, I saw on the ground a penny, which caused me to stop in my tracks.

I do not bend over for anything unless it is important these days. My problem is that if I bend over I will have difficulty in unbending. It has to be something rather important for me to bend down, let alone pick it up.

However, there it was in all of its glory.

I do remember one of my favorite quotes from Benjamin Franklin. "A penny saved is a penny earned." He was a wise old man and should know about these things.

I would like to amend that quote by saying, "A penny found is a penny earned." After all, you cannot leave a penny there on the ground all by itself.

Some people would complain that a penny is not worth that much. But a penny is worth one cent. And one cent has value, at least in my pocket.

The formula goes something like this: 100 pennies equals one dollar. 100 dollars equals a whole heap of money.

As I bent down to pick up this orphaned penny, I thought of all the other orphaned pennies that I have collected throughout my life. I make it a practice to adopt all of these orphaned pennies and keep them safely on my dresser.

The penny that I picked up was a little corroded and dirty, but it had the same value as a bright shiny clean penny. Outside appearances do not fool me. In fact, I will take all the dirty pennies you have.

I don't know if it was my upbringing that caused me to be rather cautious with money. Or, if not having a lot of money throughout life has done the same thing. What I do know is, I am very careful when it comes to money.

Don't get me wrong. Money is not my god. Some people make a god out of money, which I think is rather silly. Money cannot create a God, but it is interesting that God can create money?

As a young boy, my father taught me this one thing, "Son, if you can't afford something you don't need it." I think he was right about 95% of the time. Then there are those times when I really needed something and could not afford it.

I have tried to save money. I own a small piggy bank that I put extra cash into it as I find it. I try to hide it from my wife, which is never a good thing. If you have been married as long as I have, you will conclude that there is actually no way to hide anything from your wife.

I was trying to save up a little cash for special things that I will leave unsaid at this point. Whenever I got a new coin, I would put it in this little piggy bank I had hidden in my closet.

I almost reached my goal when something happened. I went to get some money out of the little piggy bank only to find it empty. Now what do I do? Do I let somebody in the house know that I've had a secret stash in my closet? Do I now come out of the closet?

I figured the best protocol would be to say nothing and therefore not get into any trouble. Well, you know how that goes.

That evening as we were watching a little TV my wife happened to say, "I hope you don't mind, but I took some of the money out of your piggy bank in the closet to buy some items."

Don't mind? Even if I did mind, I really can't say anything. All I could say was, "That's okay, I was just saving it for a rainy day."

"That's what I thought," my wife said most thoughtfully, "yesterday was a rainy day."

At least my money was used for somebody's good purpose. The thought that danced around in my head was, how long did she know I had that piggy bank in the closet?

So, the penny that I found in the parking lot this week has found a nice residence in my piggy bank, that is, until it rains.

The apostle Paul said it best, "For the love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows" (1 Timothy 6:10).

Money certainly has its place, but not in the first place where God belongs.

*Dr. James L. Snyder is pastor of the Family of God Fellowship Ocala, FL where he lives with the Gracious Mistress of the Parsonage. Call him at 1-866-552-2543 or e-mail jamesnyder2@att.net. His web site is www.jamesnyderministries.com. ★*

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**Travel Notes:**  
What a difference spending 25 percent more makes. That was the takeaway after this self-paying travel writer took a 10-day Italy & Greek Isles cruise aboard the Celebrity Reflection out of Rome.

# TRAVEL

Adventure | Culture | Fun



## Celebrity Reflection Mirrors Excellence

By David Dickstein

Ground chuck makes for a delicious burger, but if you're the type of consumer who will spend a bit more for the quality of sirloin, let me introduce you to premium cruising. I'm assuming you've never had the pleasure as only 15 percent of American adults have ever cruised at all, let alone treat themselves to the "better" class of cruise lines in the good-better-best marketing model. After taking 19 voyages on "good" ships, I finally tasted the sweet life of "better" and it was delicious.

What a difference spending 25 percent more makes. That was the takeaway after this self-paying travel writer took a 10-day Italy & Greek Isles cruise aboard the Celebrity Reflection out of Rome. Don't get me wrong: Carnival, Royal Caribbean, Norwegian and other Big Ship-category players generally offer a solid product at economical fares. In fact, the ship, crew and service were so good on the new Carnival Vista in May, at times it felt like premium-class cruising. But on the Celebrity Reflection, with few exceptions, there was zero interruption of excellence.

Celebrity is to Royal Caribbean what Lexus is to Toyota. Premium ships, marketed as a more personalized alternative for an upper-middle-class demographic, are typically smaller, and that holds true here; the 3,046-passenger Reflection is the newest and largest in Celebrity's fleet, yet dwarfed by every Royal Caribbean ship launched in the past decade. The next generation of Celebrity ships is scheduled to debut in 2018, and it has big hulls to fill thanks to the feature-rich Solstice class now gracing many of the Seven Seas. When Reflection debuted in 2012, it immediately set itself apart from its four older siblings with an



Celebrity Cruise's largest and newest ship, the Reflection, leaves Kusadasi, Turkey. Photo by David Dickstein

of shipboard buffets, yet things only went higher from there.

Two-level Opus is the main dining area. Elegance with-



It's strawberry fields forever and for dessert at Qsine, a whimsical specialty restaurant on the Celebrity Reflection. Photo by David Dickstein

out pretentiousness, a vibe running throughout much of the ship, welcomes all passengers. Like the main dining rooms on less expensive competition, Opus' menu includes prime rib, salmon, pork chops, escargot –

in quality, taste and flavor, and nontraditional. Breakfast selections include a smoked salmon and asparagus frittata, and for dinner, it's out with heavy béarnaise and in with a truffle vinaigrette on cuts of tender steak. Not all is perfect in Blu, however. One evening's desert menu contained a misprint: It said the to-die-for Café Pot de Crème has no sugar added. Yeah, I'll believe that when I see Nacho Cheese Doritos on my sushi.

Of the Reflection's specialty restaurants, the most unique is easily Qsine (\$45 cover), serving up a whimsical "dining journey" that begins with ordering from iPads and ends with picking your own chocolate-covered strawberry from a field of grass strapped to your "tour guide" (don't call them servers at Qsine). In between are the shareable courses of tasty tapas you selected, but how they come out is out of your hands in this guided journey. When the effervescent Nathan scampered to our oceanview table, bringing with him a tray of sig-

fresh seafood, and Sushi on Five (a la carte pricing).

### Put Down the Fork

In between meals are many non-caloric ways to get your fill, starting with the impressive array of entertainment. "Broken Strings" is a standout production show, featuring a talented, tireless and attractive cast singing and dancing to music from this actual decade – a rarity on cruises. Mainstage shows still feature a live band, and consider yourself fortunate if trombonist Mike Daigeau is your cruise's band director. The affable "Big Mike," who just left the Reflection for a new contract

on the Celebrity Silhouette, is a three-time Grammy winner with a crazy-impressive resume. Cruise director Sue Denning is no slouch, either, having got her start as a teen singing star in the U.K. and as an adult performed in movies alongside such A-listers as Michael Caine. On each cruise she performs a one-woman show that even Millennials were heard raving about the next morning. Catering to a more adult demographic, evening entertainment includes Liquid, more a theme than a show, transforming the usually tranquil Solarium sanctuary into a Miami Beach-style nightclub complete with DJ, pulsating music and seductively costumed eye candy in and out of the pool. Who ordered the hot mermaid?

### If You Go

Through at least spring 2018, Celebrity Reflection is making Italy and Florida home. Six months of 7-day Caribbean cruises out of Miami begin on Nov. 5, then she returns to Rome for Mediterranean itineraries of 10 to 15 days from May to October 2017. Reflection resumes service in Florida, this time Fort Lauderdale, in November 2017 with a range of itineraries to the Caribbean, Mexico and Central America. Information on staterooms and bookings is available by calling Celebrity Cruises at 800-647-2251. ★

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Parking for this event is free. ★



The cast of "Broken Strings" does justice to recent contemporary hits aboard the Reflection. Photo by David Dickstein

additional deck, more staterooms and roomier restaurants, lounges and theaters.

### Food, Glorious Food

With over a dozen eateries, including six specialty dining venues and a buffet that blows away those on the megaships, going hungry is one activity never on the daily program. Bright and cheery Oceanview Café is a buffet that gets it right, offering sumptuous made-to-order pasta, pizza and stir-fry alongside other international fare. The carving station actually has leg of lamb, and nearby is hand-scooped gelato ranging in flavors from pistachio to tiramisu. We climbed the mountain

you name it – but the quality of ingredients, preparation and plating is noticeably higher.

Well above average for "regular folk," dining on Celebrity gets kicked up a notch, along with service, at the two restaurants dedicated to passengers splurging on AquaClass or suite accommodations. For suite guests, Luminae serves breakfast, lunch and dinner in an intimate, opulent atmosphere. The gourmet selections and slightly lower density of the table configuration are appealing. Blu, open for breakfast and lunch, befits the AquaClass brand by serving spa cuisine that is appropriately portioned, high

nature sushi lollipops, I pointed to two of them that were dusted with some sort of orange powder. "What's that?" I asked. "Nacho Cheese Doritos," he replied. They were incredible. So were the pulled pork spring rolls served upright in springs, and M's Favorites that comes to your table in an open-air case with 12 compartments, each containing a sample of Mediterranean dishes.

Other specialty restaurants of note include the posh Murano (\$50) for a contemporary bent to classic French cuisine, the Italian steakhouse Tuscan Grille (\$45), the open-air Lawn Club Grill (\$45) where you can be the grill master, The Porch (\$25) for

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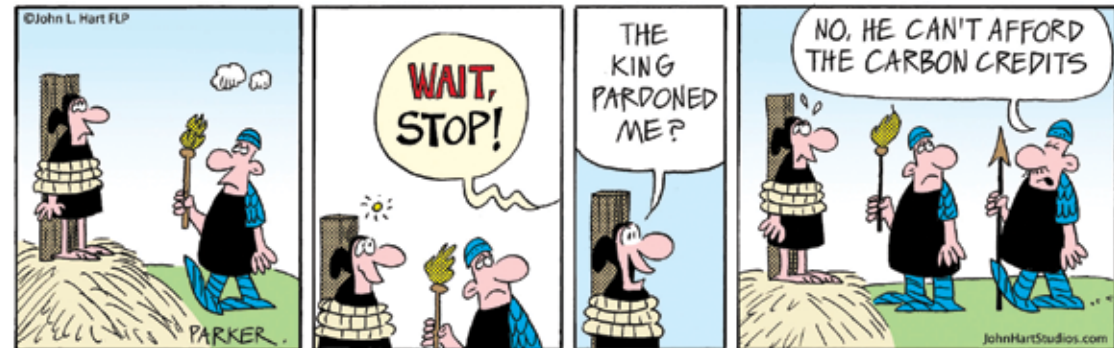
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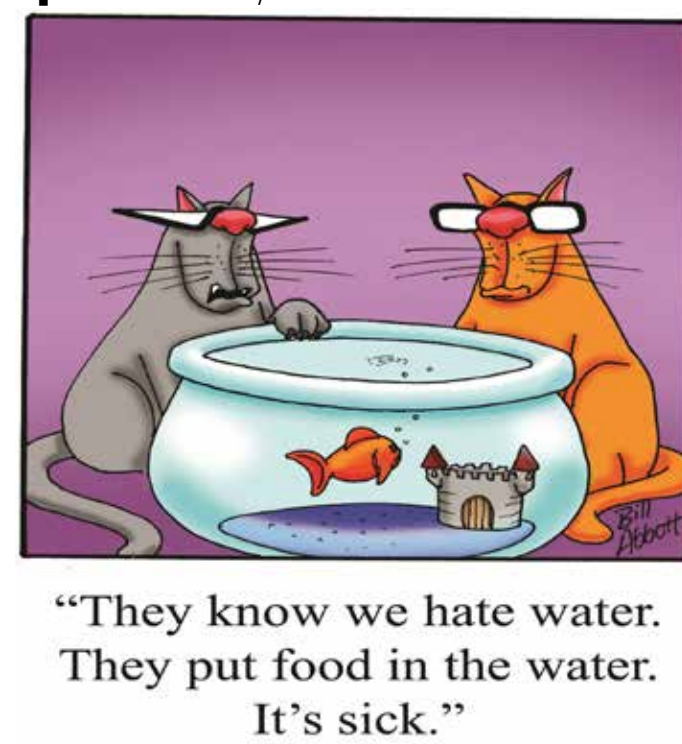
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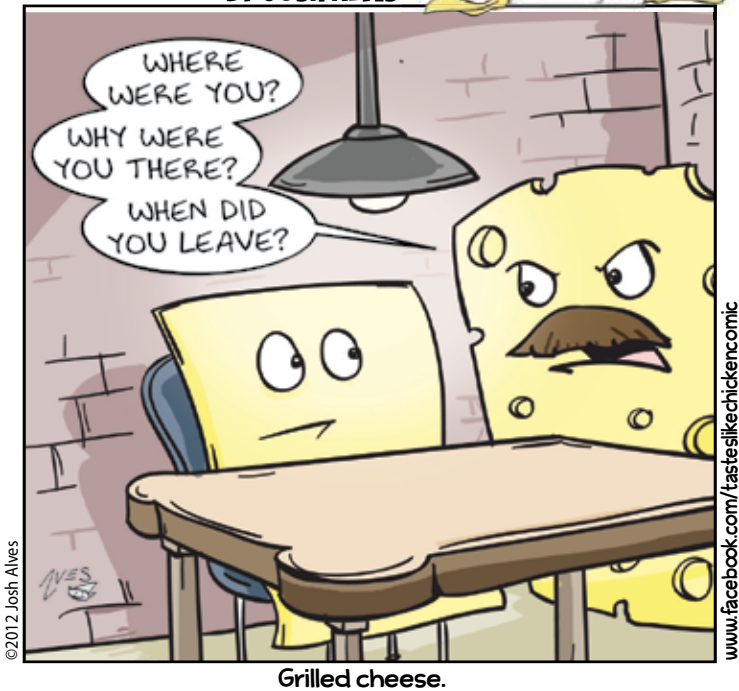
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## Sheriff Scott Jones Proposes New Transparency Rules On Campaign Finances

**SACRAMENTO, CA (MPG)** - Sheriff Scott Jones recently announced three proposed changes to campaign finance rules that would allow more transparency on donations to federal election candidates and their donors.

"More has to be done to root corruption out of politics and expose conflicts," said Sheriff Scott Jones. "As Congressman - just as I've done as Sheriff - I will be proactive in ensuring transparency and accountability in government. That's why I'm proposing three simple rules that will help increase transparency in our election process. Campaign finance rules are stricter than ever but most of the rules are based on reporting processes that are out of date. Making these three simple changes to the FEC's disclosure rules will help the public understand where political money is coming from so voters can hold their candidates accountable in real time."

Sheriff Jones' proposed new transparency FEC rules include:

### Implement FEC Reporting to Disclose Family Members of Federal Candidates and Elected Officials

Voters should know if wealthy families are trying to buy a seat in Congress. A simple requirement for campaigns to indicate if donors are relatives of federal candidates or elected officials would provide much needed transparency for voters interested in who is funding campaigns that affect their lives.

### More Frequent Reporting Of Contributions

As running for federal office continues to require more and more fundraising, campaigns should disclose large donations daily throughout the entire campaign, not just in the final days before an election. As major contributions enter the door, voters should have the chance to see who is funding campaigns in real time.

### Impose Proactive Steps To Prevent "Straw Donors"

Campaigns must work with the FEC to proactively prevent straw donor schemes that undermine the democratic process. For all first-time max out donors, campaigns would make a simple "best effort" to ensure the donor knows the rules surrounding federal donations. This includes donating in someone else's name, receiving a reimbursement for a donation, or using corporate money.

The election for the 7th Congressional District is sure to be one of the most watched Congressional elections in the entire nation this year. The 7th Congressional District is nested entirely within Sacramento County including the cities of Folsom, Elk Grove, Citrus Heights and Rancho Cordova.

Source: Scott Jones for Congress ★

## Fox 40 Launches Studio40 Live

**SACRAMENTO REGION, CA (MPG)** - FOX40 has announced the launch of *Studio40 Live*, a new lifestyle show for the Sacramento region. Studio40 Live will debut on September 6th, and will air live weekdays from 12 noon-12:30pm.

Hosted by Gary Gelfand and Lori Wallace, *Studio40 Live* is unlike anything previously seen in the market. This upbeat, fast-paced and high energy show is the perfect platform to showcase local businesses, events and causes in the Sacramento/Stockton/Modesto region.

Gary Gelfand will expand his role at FOX40 and has been hand-picked to host Studio40 Live. Gary has 20 years of local media experience and is thrilled to be hosting the show.

Katie Parish, FOX40 Creative Director said, "Gary's positivity and contagious energy are exactly the traits we were looking for in a host. We are fortunate that we could expand his role at the station to get him involved in *Studio40 Live*." Gary will continue to be seen on FOX40



Host Gary Gelfand

NEWS in the morning reporting on feature segments in the 8 and 9 AM hours.

Joining Gary as co-host is Sacramento native Lori Wallace. Local to Elk Grove, Lori has been on-air in this market for almost 10 years. Wallace, a mom to three boys, will bring a family perspective to the show.

Leigh White, VP/GM FOX40 said, "Sacramento is growing. Our vibrant community is on the verge of becoming something bigger. FOX40 is a fixture in Sacramento, and is engrained in this community. Therefore, *Studio40 Live* creates a wonderful opportunity to show off the businesses that are unique to our hometown, and helps define what we love about Sacramento."

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Source: Fox 40 ★



Co-host Lori Wallace



## Sacramento County DA Reports

**Defendants Convicted for Massage Parlor Robbery  
30-Year Career Criminal Sentenced for Attempted Murder  
Defendant Sentenced for Multiple Sexual Assault, Kidnap Charges**

**DATE:** August 12, 2016

**CASE:** Devonte Graham, Ira Swanson & Daquan Cooper

**PROSECUTOR:** Deputy District Attorney Aaron Miller, Career Criminal Prosecution Unit

Devonte Graham was convicted by a jury of second-degree murder, along with an allegation that he intentionally discharged a firearm causing the victim's death. Graham and co-defendants Ira Swanson and Daquan Cooper were also convicted of two counts of second-degree robbery, personal use of a firearm during the robbery, and being felons in possession of firearms.

On December 15, 2014, Graham, Swanson and Cooper entered a massage parlor on El Camino Avenue. All three defendants produced handguns and pointed them at two women who were working at the business. Swanson repeatedly struck one of the victims in the head with his handgun while demanding property from her. Graham struck the second victim in the head with his handgun. The defendants fled with stolen cash and property to a waiting SUV outside. When Graham didn't want to give any of the stolen money to Jemahl Loharsingh, who was outside in the SUV during the robbery, the two got into an argument. Graham then shot Loharsingh five times, killing him.

Graham has a prior 2011 strike conviction for residential burglary. Swanson has a prior 2012 strike conviction for robbery. Cooper was on probation for felony gun possession at the time of this offense.

Graham faces a maximum potential sentence of 70 years to life in prison. Swanson faces a maximum potential sentence of 30 years, 4 months in prison. Cooper faces a maximum sentence of 20 years, 4 months in prison. Sentencing for all three defendants is set for September 9, 2016, at 9:00 a.m. in Department 38 before the Honorable Sharon Lueras.

**DATE:** August 12, 2016

**CASE:** David Richard Cingcon (Case Number: 15F00349)

**PROSECUTOR:** Deputy District Attorney Sydne Christensen, Felony Prosecution Bureau

The Honorable Sharon Lueras sentenced David Richard Cingcon to 79 years to life in prison. On May 5, 2016, a jury convicted Cingcon of attempted murder and also found true the allegations that he intentionally discharged a firearm causing great bodily injury and was a felon in possession of a firearm. The Court also found that he had three prior 'strike' convictions involving serious and violent

felonies, including one for assault with a deadly weapon.

The victim considered Cingcon a friend and regularly spent time at Cingcon's house. Cingcon accused the victim of stealing money from him. The victim denied the theft and assured the defendant that he would never steal from him. Cingcon then pulled out a handgun, pressed it against the left side of the victim's head and shot him. Cingcon fled the scene and left the victim in the house to die. The bullet entered just below the victim's temple and exited his back, fracturing three vertebrae, leaving bone fragments in the spinal canal, resulting in partial paralysis.

**DATE:** August 16, 2016

**CASE:** Steven Porter (Case Number: 15F07324)

**PROSECUTOR:** Deputy District Attorney Kevin Jones, Adult Sexual Assault Prosecution Unit

The Honorable Kevin McCormick sentenced Steven Porter to 336 Kevin to life in prison. On July 20, 2016, Porter pled no contest to kidnap for purposes of rape, four counts of forced oral copulation during a kidnapping and while armed with a knife, two counts of rape during a kidnapping and while armed with a knife, assault with a deadly weapon, two counts of criminal threats to cause death or great bodily injury while armed with a knife. Porter also admitted to a strike prior, a five year prison prior and a one year prison prior.

On December 3, 2015, the female victim was working alone inside a 76 gas station in Citrus Heights. Porter entered the store, took out a knife, and forced the victim to exit the store while threatening to stab her if she didn't comply. Porter forced the victim to walk at knifepoint about a half mile to a trailer where he lived. He then repeatedly sexually assaulted her and forced her to perform sex acts on him. After the assault, the victim convinced Porter to let her leave by agreeing to be his friend and not press charges. She memorized the street address and contacted police, who were able to quickly arrive at the location where they observed Porter outside holding the knife he used to assault the victim. Surveillance video, the victim's identification of Porter in a photo lineup, and DNA evidence conclusively proved Porter was the assailant.

Porter's criminal history includes a 2006 prior strike conviction for assault with a deadly weapon and a 2001 conviction for stalking with intent to cause fear. ★

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# Is Hillary Clinton Medically Unfit to Serve?



**Commentary**  
by Jane M. Orient, M.D.

Some Republicans as well as Democrats have used the term "unfit to serve" about Donald Trump, based on things he said, and what they assume he might have meant.

Surely his style can be abrasive and blunt. But a huge number of ordinary Americans cheer him, probably because he said what they were thinking. They don't have an evil, ungenerous, uncompassionate, racist, bigoted heart, and they assume he is like them. They are sick of being pushed around and disrespected by the politically correct crowd who are hypersensitive about almost everything--but constantly spew profane, obscene, and vulgar language that demeans American and Christian culture and blames it for all the world's evil.

In the past, others have spoken forcefully and unapologetically about things nobody wanted to hear about: Winston Churchill, for example. A lot of proper Englishmen thought he was unfit--until they saw the truth of his words.

With Trump, some people are even tossing out psychiatric diagnoses. But keep in mind that a lot of them think conservatives, Christians, and pro-life

advocates are crazy too.

Strangely silent is the mainstream media about the fitness of the Democrat candidate. And causes for concern are growing. Without considering any statements she has made or positions she has taken, and without presuming to speculate on psychiatric diagnoses, one can point to certain observations.

There's the photograph of Secretary Clinton's difficulty walking up some steps. Now inability to climb stairs does not necessarily disqualify a person for public office. However, neither she nor people with her apparently anticipated a problem. The people helping her seem to be preventing a fall. Did she simply trip? Or was it a seizure or a stroke?

Videos widely circulated on the internet are, if authentic, very concerning. One shows prolonged, inappropriate laughter; another, strange head movements. In a third, she appeared momentarily dazed and confused, and lost her train of thought. Reportedly, she has a volcanic temper. (This is probably not new.)

A man who stays close to her, who is reportedly not a Secret Service officer, was photographed carrying something in his hand that purportedly might have been an autoinjector of Valium.

While we don't have Mrs. Clinton's medical records, it is widely stated that she experienced a fall that caused a concussion. Since then, she is sometimes seen wearing eyeglasses with prisms, as are used to correct double vision.

Concussions often cause traumatic brain injury, which might not be visualized on standard CT or MRI. Many of our veterans who experienced blast injury from improvised explosive devices suffer from it. These are some symptoms: difficulty thinking, attention deficits, confusion, memory

problems, frustration, mood swings, emotional outbursts, agitation, headaches, difficulties with balance and coordination, and seizures. Many veterans with such an injury cannot hold a job or interact normally with their families.

Obviously, it would be very dangerous for a person subject to symptoms like this to be dealing with foreign leaders or making critical decisions. The President of the United States may have to make world-changing decisions on a moment's notice. For example, should we launch nuclear-armed missiles? And if the Commander in Chief is confused, who will make the call?

The U.S. has had problems with incompetent leaders in the White House before. Mrs. Woodrow Wilson (the "First First Lady President") was effectively President for the last year and a half of her husband's term after he suffered a disabling stroke. She managed to conceal the seriousness of Wilson's condition for a long time. This was the reason for the 25th amendment to provide for replacing the President in case of disability.

While the U.S. government knows more and more about our medical histories and other aspects of our lives, many details about the President are a secret. The press appears to care more about the tax returns of Republican candidates than the medical records of Democrat Presidents or candidates. And Secretary Clinton's public appearances have been rather carefully controlled.

Is it conceivable that Hillary supporters would really be voting for Huma Abedin, Clinton's top aide, or for the First Husband President, Bill Clinton? The American people are entitled to know the objective medical facts about Secretary Clinton.

Jane M. Orient, M.D. obtained

her undergraduate degrees in chemistry and mathematics from the University of Arizona in Tucson, and her M.D. from Columbia University College of Physicians and Surgeons in 1974. She completed an internal medicine residency at Parkland Memorial Hospital and University of Arizona

Affiliated Hospitals and then became an Instructor at the University of Arizona College of Medicine and a staff physician at the Tucson Veterans Administration Hospital. She has been in solo private practice since 1981 and has served as Executive Director of the Association of American

Physicians and Surgeons (AAPS) since 1989. She is currently president of Doctors for Disaster Preparedness. Since 1988, she has been chairman of the Public Health Committee of the Pima County (Arizona) Medical Society. ★

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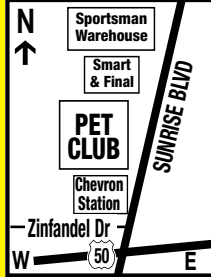
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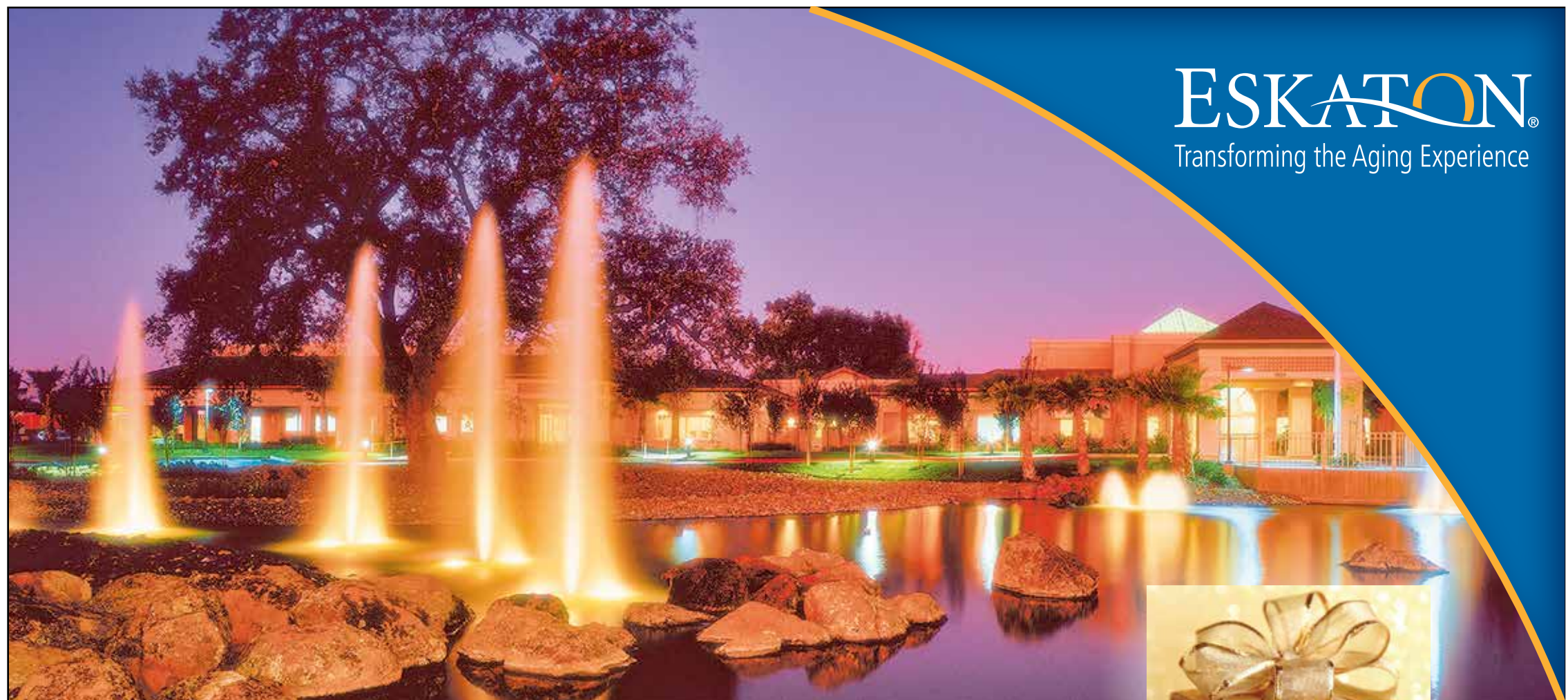
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