



The New Frontier

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Raley's Donates Thousands of Kitchen Utensils to Local Charities

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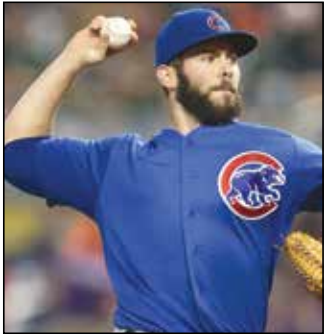
Carmichael Times

Volume 36 • Issue 29

Serving Carmichael and Sacramento County since 1981

July 15, 2016

SECOND HALF STORYLINES



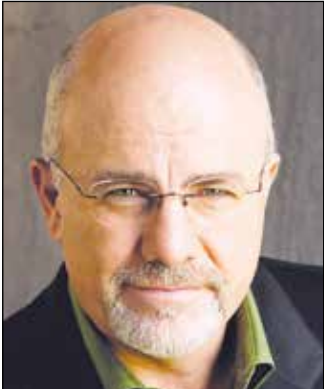
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MARRIAGES SAVED BY TECHNOLOGY



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DAVE RAMSEY: NO MORE GUILT TRIPS!



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Just Desserts at Fruit Fest



Denise Yponce (right) created "Mom's Peach Pie" and took first prize in the annual Peach Dessert bake off at Carmichael Farmers Market. Festival judges named Maria Farr (left) the runner up for her "Sweetie Pie." The promise of free samples had dozens pie fans in line after results were announced.

Story and Photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - With summer harvest in full swing, the Carmichael Park Sunday Farmers Market has hosted the first of two produce festivals. On August 21, a Tomato Taste Off contest will follow last weekend's Peach Festival.

Peach outreach included a bake-off that sliced up nine bespoke desserts for judging. Adjudicators awarded first prize to Denise Yponce's

"Mom's Peach Pie." An attorney for the State of California, the Carmichael cook's recipe included caramelized pecans. It placed tops for presentation, texture and taste. Olive Oil expert Maria Farr topped her effort with a classic latticed crust and scored a close second. Other masterpieces included a peach sorbet, peach cookies and a cream-oozing Peach Pudding Pie.

"All the entrants were delicious," approved a judge. "Our final choice came down

to originality. The winners showed fresh approaches to a classic dessert." Contrasting with such refinement, the peach eating contest produced a gooey feeding frenzy. Crowds cheered as hands-free contestants buried faces in fruit and cream. Rivals barely came up for air until a winner was declared. The July peach festival boosted Sunday's market attendance by thousands of customers. August 21's Tomato Taste Off aims to generate similar enthusiasm for tomatoes.

Farmers will present such varieties as cherry, beef steak, black and green zebra and heirloom toms. A Tomato Taste off will crown a "Best Salsa" champion.

"It's a great way to let people know what produce is in season and bring attention to our local farmers," approves market founder Marie Hall. "Shopping for food shouldn't just be a chore, it should be fun."

Learn more about the Tomato Taste Off at www.ilovemyfarmersmarket.com ★

Nominations Open for Mario Encarnacion Award

SACRAMENTO REGION, CA (MPG) - The Sacramento River Cats are currently taking nominations for the Mario Encarnacion Humanitarian Award.



This Community Service Award is dedicated to former River Cats star Mario Encarnacion. The annual award honors a young student athlete who shows a commitment to his or her teammates and classmates. The winner of this award will be presented with a personalized commemorative trophy.

The River Cats encourage any community members to submit nominations for the award. Nominations, which are accepted through August 1, should include the nominee's name, age, school they attend, contact info, and examples of how they demonstrate their character and why they are deserving of the award. Nominations should be e-mailed to River Cats Community Relations Coordinator Mike Osborn at mosborn@rivercats.com

Encarnacion, who played for the River Cats during the 2000 and 2001 seasons, passed away in October 2005 in Taiwan, where he was playing professionally. He is survived by his wife, Rosana, and his son, Mario Jr.

His style of play and infectious good-nature endeared Encarnacion to River Cats fans and the community. To ensure that his name lives on forever in River Cats fans' hearts, the River Cats Foundation, with special help from the Sacramento Bee's Marcos Breton, created the Mario Encarnacion Humanitarian Award in 2006. In keeping with Mario's memory, the award honors a young student athlete, or athletes, who show a commitment to their teammates, classmates, and neighbors. The award is given to those athletes who inspire others through their story, led by example, and are role models to others.

Source: Sacramento River Cats ★



Scan our QR Code for a direct link to our online edition!

Women's Empowerment Graduates 27 Formerly Homeless Women

SACRAMENTO, CA (MPG) - Nearly 100 community members from across Sacramento witnessed Women's Empowerment graduate 27 formerly homeless women from the comprehensive eight-week job-readiness program at the end of June. The graduates each shared their stories of their rise from homelessness, some through poetry, some through song and some through prose - all wearing tiaras to match their chosen theme "Queens Uplift Queens."

"I want to talk to the queens," sang Derkisha Wofford, a graduate. "Whatever you set your heart to, just believe. Don't give up on yourself. I love you all."

From graduates' mentors, families and children, to organization supporters, graduation attendees heard each graduate's story and future plans. Each woman accepted a certificate of achievement, received a new handbag filled with a day planner and other items designed to help her succeed, and enjoyed a reception, all

sponsored by the Church of Jesus Christ of Latter-day Saints in Carmichael.

"Each of our 27 graduates has made incredible strides in just eight weeks," said Lisa Culp, executive director of Women's Empowerment. "Though each woman's story of homelessness is as unique as her fingerprint, they all joined together to create a sisterhood that helped them rise from poverty to self-reliance. Their value is priceless and their potential is limitless."

Celebrating its 15th anniversary this year, Women's Empowerment was recently featured on NBC's TODAY Show and CNN's Impact Your World for offering the most comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2014 Organization of the Year has graduated 1,349 homeless women and their 3,500 children. Last year, 93 percent of graduates found homes and 83 percent found



Derkisha Wofford performs at her graduation from Women's Empowerment's job readiness program for homeless women as executive director and founder Lisa Culp holds her microphone. Photo courtesy Thebaud Communications

jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes and support services to help homeless women across diverse ages, races and cultures. Women's

Empowerment is funded solely through private donations from the community. To donate online: www.womens-empowerment.org.

Source: Thebaud Communications ★

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USTA Names Sacramento's Alan Criswell a Local Hero



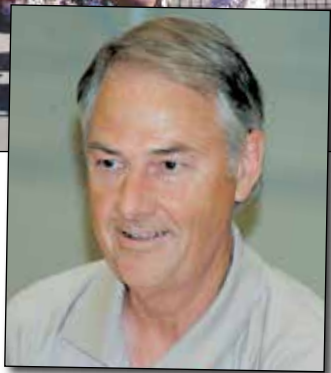
The Sacramento Community Tennis Association, founded in 1999 by Alan Criswell (shown at lower right), offers affordable junior tennis programs to more than 300 youngsters in the Sacramento area. Photo courtesy of Sacramento CTA

SACRAMENTO REGION, CA (MPG) - The United States Tennis Association recently named Sacramento resident Alan Criswell as the USTA Northern California Local Hero.

The Sacramento Community Tennis Association, founded in 1999 by Criswell, offers affordable junior tennis programs to more than 300 youngsters in the

Sacramento area, with a focus on underserved kids. Criswell's work continues to boost the sport in Northern California, and in 2015, the Sacramento Community Tennis Association was named the section's Outstanding Community Tennis Association.

Criswell focuses on all players. In 2010, he was awarded the



Wheelchair Tennis Outstanding Volunteer, which goes to an individual that has gone above and beyond in providing outstanding service to the wheelchair tennis community.

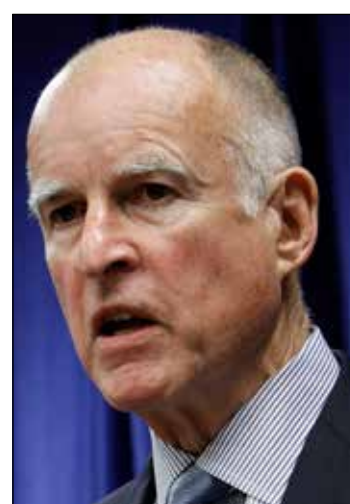
Source: Steve Pratt ★

Gov. Brown Approves \$5M for California Nutrition Incentives Act

SACRAMENTO, CA (MPG) - After three years of tireless advocacy, the healthy food incentive program Market Match got a boost yesterday as Governor Jerry Brown approved a state budget that includes \$5 million for the California Nutrition Incentives Act. The Act is modeled after Market Match, which is increasing access to fresh produce among Californians who are struggling to feed their families, while giving an economic boost to the state's embattled farm communities.

The \$5 million in state funds will attract federal matching dollars through the USDA's Food Insecurity Nutrition Incentive program (FINI) and double the impact of the state's investment.

A broad coalition of over 200 non-profit organizations and individuals including Roots of Change, Latino Coalition for a Healthy California, American Heart Association, California Pan-Ethnic Health Network, Hunger Action Los Angeles and the Ecology Center, which administers Market Match statewide, worked over a three year period to secure the funding. In 2014, the coalition's first attempt didn't make it out of the appropriations committee. Last



Governor Edmund G. Brown Jr.

farmers' market in the state," he said.

Established in 2009, by Roots of Change, Market Match works by providing CalFresh customers with matching funds when they spend their CalFresh benefits (i.e. food stamps) on fruits and vegetables at farmers' markets. So a shopper who spends \$10 of CalFresh benefits at the farmers' market gets an extra \$10 to spend on fresh produce. Participants in the program, both small farmers and low-income shoppers, strongly support the program.

year, the legislature passed the California Nutrition Incentives Act, which Gov. Brown signed, but he then axed the \$2.5 million in funding that the legislature proposed for the program.

"With this funding, the state of California has put its money where its mouth is in terms of supporting healthy eating for low-income families," says Ecology Center Executive Director Martin Bourque. "The demand for Market Match has consistently outstripped the supply of funds. The additional \$5 million will allow us to expand the program towards our goal of offering Market Match at every

Among low-income customers, 70% report that they are buying more fruits and vegetable, and nearly 80% report that their family's health has improved. 81% of farmers report increased sales and 74% report increased income, thanks to Market Match.

Founded in 1969, the Ecology Center is a nonprofit organization located in Berkeley, California that is actively working to create and promote an alternative food system based on the values of environmental protection, justice, and access to healthy, sustainably produced food for all.

Source: Ecology Center ★

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Bera Applauds Passage of Legislation on Safe Prescription Drug Disposal

WASHINGTON, DC - Congressman Ami Bera, M.D. (CA-7) announced last week that his bipartisan legislation to fund prescription drug disposal across the country, the Dispose Responsibly Of Pills (DROP) Act, has passed the House toady 407-6 as part of the Comprehensive Opioid Reduction Act of 2016. The bill will move on to the Senate and then be signed into law. Congressman Bera first introduced this bill in May 2015 and has been working across the aisle with colleagues like Dr. Phil Roe (TN-1) to enact a solution to curb opioid abuse.

Research shows that more than half of nonmedical users of prescription medications got them from people they know. Safely disposing of old or unused prescription



Congressman Ami Bera, (D), California's 7th District.

medications can curb prescription drug abuse that can lead to addiction and overdose. In the United States, prescription drug abuse impacts people of all ages, across all socioeconomic backgrounds, and in all kinds of communities. According to the Centers for Disease Control and Prevention (CDC), more people died in 2014 from drug

overdoses than in any year before.

“As a doctor, I’ve seen first-hand the devastating impact prescription drug abuse has had on families,” said Congressman Bera. “I’m pleased that members from both sides of the aisle in the House voted to help combat prescription drug abuse and make it easier to dispose of unused prescription drugs by passing my legislation. Making safe and secure prescription disposal more available, and educating people on the importance of appropriately getting rid of unused medications are simple steps we can take to keep prescription drugs from falling into the wrong hands and prevent addiction. This solution is an easy fix to a problem that is too serious to ignore.”

Source: Office of Ami Bera ★

Raley's Donates Thousands of Kitchen Utensils to Local Charities



These kitchen gadgets were also shared with the Sacramento Food Bank, as well as Rosemont, Grant and Luther Burbank High Schools through the GEO Academy, whose mission is to teach youth how to create healthy and sustainable communities.

SACRAMENTO REGION, CA (MPG) - Raley's Family of Fine Stores, in partnership with Bradshaw International, has donated over \$80,000 worth of kitchen utensils to various organizations within the community.

In January, Raley's underwent a chain wide conversion from Chef Style brand kitchen gadgets to Good Cook kitchen utensils. The distributor, Bradshaw International donated the remaining Chef Style products, which amounted to over 20,000 individual items, ranging from rolling pins and can openers to paring knives and meat thermometers. This donation is meant to teach kids to cook, help families in need and assist in healthy eating preparation.

“Bradshaw International is pleased to have participated

with Raley's in such a worthy cause,” said Brice Striggow, Western Regional Sales Manager for Bradshaw International. “Donations like kitchenware products go a long way toward supporting the basic essentials of everyday life and inspiring others to be able to keep this support local, donating through organizations that do a monumental job helping those in need every day.”

“Partners like Bradshaw International share our vision to support our local communities,” said Becca Whitman, Raley's Community Relations Manager. “Their support allows us to bring a great benefit to those organizations serving our communities. These utensils will be helping kids learn to cook and providing comfort to local families.”

Recipients included the Food Literacy Center, which teaches low-income elementary school aged children cooking and nutrition to improve their health, environment and economy. “We're excited to help our kids create new memories with our new kitchen equipment,” said Amber Stott, Founder, Food Literacy Center. “These are the kinds of tools that allow us to help kids create fond memories--while enjoying the healthy bounty this region has to offer!”

Donations will also be used for the various Salvation Army social services programs in Sacramento County, including the E. Claire Raley Transitional Living Center. “This is an amazing donation Source: Raley's ★

Recalls Made on Protein Drinks from Sacramento Facility

Special Health Release

SACRAMENTO REGION, CA (MPG) - Out of an abundance of caution and with an emphasis on its customers' wellness and safety, HP Hood LLC is voluntarily recalling certain code dates of protein drinks from its Sacramento, CA, facility, due to the potential for premature product spoilage.

HP Hood is voluntarily recalling specific products after identifying a possible packaging defect that may result in product spoilage during transport and handling. Consumers may notice that, in some cases, the packaging is bloated and product inside may have an off taste or odor. Consumers should not use the product, since it does not meet its high quality standards.

The recalled products are

limited to plastic bottles of 14 oz. and 10 oz. MUSCLE MILK® Genuine, MUSCLE MILK® Pro Series, MUSCLE MILK® 100 Calorie, with Best By dates of November 21, 2016 through May 23, 2017, with an "HS" in the code date. This recall applies only to the products listed below. The Best By and code dates are printed on the top of the lid of single serve bottles.

No confirmed reports have been received of any consumer illness nor injuries to date.

If a consumer has any of the MUSCLE MILK® products listed, they should return it to the store where they were purchased for an exchange, or call Customer Relations at 1-877-446-7635 Monday – Thursday 7:45 AM – 4:00 PM CST or Friday 7:45 AM – 2:45 PM CST. ★



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CA Assembly Releases Mandatory Interlock Evaluation

SACRAMENTO, CA (MPG) - On June 28, 2016 the California State Assembly Committee on Business and Professions released an evaluation of Senate Bill 1046, which would mandate ignition interlock devices (IID) for all DUI offenders in California. Their evaluation included a recently released report from the California Department of Motor Vehicles which DID NOT recommend expanding the program statewide, due to the many limitations of ignition interlock mandates for first-time offenders.

In light of the DMV's report, the American Beverage Institute's Managing Director, Sarah Longwell, released the following statement:

"The California Assembly should reject SB 1046 in light of the DMV's new report showing that mandatory ignition interlocks for first-time offenders resulted in a higher crash risk among the pilot program's participants. If the CA DMV cannot recommend expanding the pilot statewide, then the Assembly should take their

recommendations for further study seriously before spending millions of dollars on a program that had mixed results at best."

Key findings of the DMV and Assembly Committee reports can be found below.

California Department of Motor Vehicles said in its report on June 17, 2016 titled Specific Deterrent Evaluation of the Ignition Interlock Pilot Program in California:

- "Individuals obtaining an IID-restricted license had a higher increase in crashes, including fatal/injury crashes, compared to DUI offenders whose licenses remained suspended or revoked."
- The AB 91 program is not associated with an increase or decrease in the odds or hazards of a subsequent DUI conviction over the 12-month time period
- The AB 91 program is not associated with a reduction or increase in the odds or hazards of a subsequent DUI incident over the 12-month time period.
- First offenders in non-pilot

counties have a 6.1% lower hazards or odds of a subsequent crash relative to those in the pilot counties over the 12-month time period.

"If the IID installation as part of the AB 91 program provisions for a restricted/reinstated driver license is shown to be associated with a negative traffic safety impact (i.e., increased crashes and/or increased convictions), there would be no empirical justification for continuing the AB 91 pilot program or for expanding it more broadly."

The California State Assembly Committee on Business and Professions said in today's Evaluation of S.B. 1046:

- "Thus far DMV has not concluded that such a blanket approach is more effective than current law in 54 counties."
- Estimates of the fiscal effect of expanding AB91 under SB 1046 to be between \$1.6 and \$1.7 million.

Source: American Beverage Institute ★

SB 1146 Turning Christian Colleges Upside Down

Commentary from SaveCalifornia.com

Democrats in control of the California Assembly Judiciary Committee have passed SB 1146 to redefine Christianity at Christian-format colleges by forcing support of the unnatural, unhealthy, unbiblical, and tyrannical homosexual-bisexual-transsexual agenda.

Thursday afternoon, SB 1146 was approved on a party-line vote, with Democrats in favor and Republicans opposed, with the exception of Republican Brian Maienschein of San Diego not voting.

"The First Amendment sets out religious and secular spheres, and we need to keep them separate," said committee member James Gallagher, a Yuba City Republican. "We don't want government involved in religion and we don't want religion controlling government, right? But with this bill, no matter what you do, you're going to infringe on a religious sphere and have the government deciding what is religious and what is not."

Another Republican committee member, Donald Wagner of Irvine, said SB 1146 "betrays a

fundamental misunderstanding of what faith is." Wagner said, "Faith is a way of life. Faith comes first," adding that SB 1146 "derives from a thoroughly flawed perspective" by prohibiting and punishing Christian colleges' religious principles and practices.

SB 1146 allows students to file lawsuits against their religious-based colleges, challenging the colleges' right to have Biblical standards on sexuality, gender, and marriage in admissions, housing, employment, student counseling, and outside groups allowed on campus.

For example, the bill forces Christian colleges to allow homosexual and transsexual activists on campus to challenge students' moral beliefs. SB 1146 would permit homosexual-couple housing and transsexual-policy restrooms on campus, and likely prohibit counseling a student to overcome homosexuality. And SB 1146 would prohibit Christian colleges from firing a professor who becomes a homosexual or transsexual activist, indoctrinating students to support sin.

"SB 1146 is passing because too many colleges and other

well-meaning opponents of the bill have made the mistake of lobbying the author, who's made his tyrannical bill a little less onerous with each amendment, enabling it to advance by sleight of hand," said Randy Thomasson, president of SaveCalifornia.com, a statewide pro-child, pro-family organization that promotes moral virtues for the common good. "If Christian colleges want SB 1146 defeated, they need to unapologetically mobilize every single supporter to call and demand SB 1146 be defeated. In this election season, they must launch bold religious-freedom campaigns with students in key Assembly districts this summer."

SB 1146 will next be heard in the Assembly Appropriations Committee in August when the Legislature returns from its month-long recess.

SaveCalifornia.com is a leading West Coast nonprofit, nonpartisan organization standing strong for moral virtues for the common good.

Source: Campaign for Children and Families
P.O. Box 511, Sacramento, CA 95812

Visit: savecalifornia.com ★

It's No Scam! State of CA Has Changed Its Electronic Payment Process!

SACRAMENTO REGION, CA (MPG) - As of July 1, 2016, the bank that processes electronic fund transfer (EFT) payments for several state agencies has changed from Citibank to Union Bank. This change impacts all California businesses that make electronic payments to the various agencies, including to tax or fee accounts with the State Board of Equalization (BOE).

In addition to the Board of Equalization, the impacted agencies include the Employment Development Department, Franchise Tax Board, Department of Insurance, State Controller's Office, Department of Health Care Services, State Teachers Retirement System, State

Water Resources Control Board, Department of Pesticide Regulation, Department of Industrial Relations, and the Public Utilities Commission.

If you use the BOE's online payment system to make your payment, no change is required on your part.

However, if you make Automated Clearing House (ACH) Debit payments through the EFT payment processor, visit our new bank and payment processor webpage for instructions. If you pay by ACH Credit, you must notify your financial institution of the new bank information to ensure the correct bank is credited.

ACH Credit transactions with a settlement date on or after July

1, 2016, using incorrect banking information will be returned and may be subject to penalty and interest charges. In addition, any payments that were made to Union Bank prior to July 1, 2016, will also be returned and may be subject to penalty and interest charges.

For more information on EFT payments, visit the BOE's Frequently Asked Questions webpage. If you have questions about Sales and Use Tax accounts, call our EFT helpline: 1-916-327-4229. For questions about Special Taxes and Fees accounts, call 1-800-400-7115. Additional information is available at www.boe.ca.gov.

Source: BOE Office of Public Affairs ★

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Q&A with Buyers & Sellers

This column is here for you as a resource in sorting out buying and selling property. When you ask a question we answer here so everyone benefits. What don't you know about buying and selling property? Let me help.

It's easy, just email your question to us and we share the answer so everyone can learn from it. Email: ellenherrle@hotmail.com or leave a message at 916-761-2108.

Q: Ellen - I am so frustrated - to say the least. For weeks - I have been trying to buy a house I love, but the sellers keep counter-offering my offer. I really want this house, so I keep making counteroffers back. **Is there a limit to how many counteroffers buyers or sellers can make?** I know it is a seller's market. I think they're hoping a different buyer will

come along and make a higher offer. What can I do? Help!

A: I'm sorry for your frustration. It's difficult when you want a house so much but cannot close the deal. Hopefully you're working with a Realtor who can help you handle these negotiations. Unfortunately, there's no legal limit to how many counteroffers buyers and sellers may exchange. In your case, it's possible the sellers are trying to slow down or stall negotiations with you in the hope of a better offer.

Hopefully - you are working with a Realtor who knows how to negotiate and can make sure that you don't overpay for the property. **There are ways of giving you the upper hand in getting your offer accepted.** Larger deposit, short contingency periods

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Crossword Puzzle on Page 9

A	D	O	B	E		B	B	C		P	L	O	D					
M	E	T	R	O		E	M	U		D	U	E	T	O				
P	E	T	A	L		R	I	B		E	M	A	I	L				
S	M	O	K	I	N	G				B	A	L	A	N	C	E		
			E	T	A					B	A	Y	T	E				
H	A	D				H	I	D	E		E	T	H	I	C	S		
A	L	E	E			A	I	L	S			E	A	S	E	L		
T	I	L	L			D	E	A	L	T		I	S	L	E			
H	E	T	U	P			T	B	A	R		L	U	T	E			
A	N	A	L	O	G		O	P	E	C		E	S	P				
						G	O	E	R		N	A	N					
M	I	N	E	R	A	L				A	D	R	E	N	A	L		
E	R	A	T	O						V	E	X		D	E	I	C	E
S	E	R	U	M						E	R	E		I	D	L	E	S
A	S	C	I							S	A	L		O	Y	E	R	S

Sudoku Puzzle on Page 9

6	1	5	3	7	8	4	9	2
2	7	8	1	9	4	5	6	3
4	3	9	5	2	6	7	8	1
9	6	4	7	3	1	2	5	8
3	5	7	9	8	2	1	4	6
8	2	1	4	6	5	3	7	9
7	8	6	2	5	3	9	1	4
5	4	2	8	1	9	6	3	7
1	9	3	6	4	7	8	2	5

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FBNF2016-04440 Jessica Paige Chaffield, 5631 Fairvale Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "C Space, Hair, Skin, ART" at 519 12TH Street # 2 Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 27, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
CSPACE 160620 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04972 Elk Grove Kingz Semi Pro Football, Cheer Team LLC, 3900 43RD Avenue # 2 Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Elk Grove Kingz Semi Pro Football, Cheer Team LLC" at 3900 43RD Avenue # 2 Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 16, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
KINGZ 160617 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04971 Sacramento Underdogs Semi Pro Football, Cheer, Dance Team LLC, 6391 Bonham Circle Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sacramento Underdogs Semi Pro Football, Cheer, Dance Team LLC" at 6391 Bonham Circle Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 16, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
UNDERDOGS 160617 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05019 Sacramento Wildcats Semi Pro Football Team LLC, 3900 43RD Avenue # 2 Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Sacramento Wildcats Semi Pro Football Team LLC" at 3900 43RD Avenue # 2 Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 17, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
WILDCATS 160617 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05018 Jennifer Lynn Savage, 7326 La Tour Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "J Ravensong Productions" at 7326 La Tour Drive Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 17, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
RAVENSONG 160618 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04449 Dean Vicars, 6216 Belva Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Dean's Lawn Service" at 6216 Belva Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 31, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
DEANS 160612 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04686 Kenneth W Christian, Ph.D., Psychological Corporation, 2230 J Street # 5 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Impact Performance" at 2230 J Street # 5 Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 7, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
IMPACT 160617 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04974 Ronald Deason, 870 McTucker Road Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Deason Propane" at 232 S. Lincoln Way Suite 100 Galt, CA 95632. Filed with the Clerk of Sacramento County June 16, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
PROPANE 160617 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04402 Silicon Valley Recovery, Inc., 9701 Fair Oaks Boulevard 2ND Floor Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Find John Doe" at 9701 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 26, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
JOHNDOE 160616 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04283 Ricky Mejia, 8028 Haldeman Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Hospital Coding and Staffing Support" at 8028 Haldeman Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 24, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
HCSS 160620 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04793 Strobella Pizza LLC, 7548 Circuit Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Strobella's Pizza" at 9372 Madison Avenue # 6 Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 10, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
STROBELLIS 160610 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04870 Michele Huddleston, 1729 Haggin Grove Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Marie Croft Antiques" at 1721 Eastern Avenue # 20 Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 14, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
ANTIQUES 160615 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04866 BrennaDeBartolo, 2920 Cottage Way # 7-2 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Forest Souls" at 2920 Cottage Way # 7-2 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 14, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
FOREST 160615 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04874 PsychNP Consultants Inc., 1267 Willis Street Suite 200 Redding, CA 96001 is doing business under the Fictitious Business Name(s) "Diamond House Detox" at 8624 Diamond Oak Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County June 14, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
DETOX 160614 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04833 Christina Dawn Holt, 2 Dempster Court Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "What A Relief" at 2 Dempster Court Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 13, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
RELIEF 160614 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04486 Ruben Sanchez, 240 Fairbanks Avenue Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Taqueria Sanchez" at 2885 Norwood Avenue Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 31, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
TAQUERIA 160614 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04761 The Maverick Wine Co. Inc, 6611 Folsom Auburn Road Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Maverick Wine Co. INC" at 6611 Folsom Auburn Road C1 Folsom, CA 95630. Filed with the Clerk of Sacramento County June 9, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
MAWVINE 160614 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04660 Benjamin Lee Rue, 8521 Windflow Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "California Test Only Center" at 6305 Watt Avenue Suite 104 North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 7, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
CTOC 160618 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04374 James Hicks, 2919 Baronet Way Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Delta Messaging" at 2919 Baronet Way Sacramento, CA 95833. Filed with the Clerk of Sacramento County May 25, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
DELTA 160621 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04918 Kevin Ulaner, 6543 Meadowcreek Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Cryolyphic Interactive" at 6543 Meadowcreek Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 15, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
CRYO 160615 07-15-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04809 Jacoje, LLC, 1623 Central Avenue Suite #145 Cheyenne, WY 82001 is doing business under the Fictitious Business Name(s) "Jacoje Veterinary Services" at 1623 Central Avenue Suite #145 Cheyenne, WY 82001. Filed with the Clerk of Sacramento County June 13, 2016. Publish: June 24, July 1, July 8, and July 15, 2016.
JACOJE 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05071 Epiphany IT Solutions INC, 6239 Main Avenue C9 Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Epiphany IT Solutions INC, Epiphany Marketing Solutions" at 6239 Main Avenue C9 Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
EPIPHANY 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04747 Charles Howard, 5050 Roseville Road E-7 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "A-1 Grease Trap Cleaning/Pumping" at 5050 Roseville Road E-7 North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 9, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
A1 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04924 Paul Kent Ganley, 142 Elkins Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Frame Rate 30 Productions" at 142 Elkins Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County June 15, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
FRAME 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05232 Allan D. and Margarita M. Brandt, 6901 Lyonla Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "ABMICRO" at 6901 Lyonla Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
ABMICRO 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04702 Danielle Yeti, 2605 17th Street Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Wedding Music Sacramento" at 4847 Q Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County June 8, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
WEDDING 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05241 Roman Smolevsky, 7795 Antelope Road # 84 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "A+ Construction Pro" at 7795 Antelope Road #84 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
A+ 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05231 Morgan Elizabeth-Serzynski Cameron, 5768 La Venta Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Enlightened Beauty" at 621 Capitol Mall Suite 5 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
ENLIGHTENED 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05000 Modern Build Construction Inc, 2220 Burberry Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Modern Roofing Supplies Factory Group, MRSPF Group" at 2220 Burberry Way Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 17, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
MODERN 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05190 Sajad Shakoor, 1030 S. Hutchins Street 4-115 Lodi, CA 95240 and Massoud Rustakhis, 3400 Beacon Avenue #340 Fremont, CA 94538 are doing business under the Fictitious Business Name(s) "Falafel Corner" at 3670 N. Freeway Boulevard #B Sacramento, CA 95834. Filed with the Clerk of Sacramento County June 23, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
FALAFEL 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04667 Chad Lenzi, 14143 River Road Walnut Grove, CA 95690 and Shannon Hartman, 14115 River Road Walnut Grove, CA 95690 are doing business under the Fictitious Business Name(s) "Atomic Heart" at 14143 River Road Walnut Grove, CA 95690. Filed with the Clerk of Sacramento County June 7, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
ATOMIC 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04671 California Family Health, LLC, 8680 Greenback Lane #108 Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Family Fitness, California Family Fitness Center, California Family Health" at 8680 Greenback Lane # 108 Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 7, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
CALIFORNIA 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05175 Karen D. Hirsch, 52451 Street Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Back in the Day Vintage Goods" at 52451 Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County June 22, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
BACK 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05034 Michelle Markwart Deveaux, 11955 Country Garden Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "fathculturekss Studio" at 11955 Country Garden Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
FAITH 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05171 Irma Araiza, 1008 Hampton Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "My Paradise Mexican Restaurant, Taqueria & Market" at 2330 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 22, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
IRMA 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05079 Carla Lin, 200 Bicentennial Circle Apt# 254 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Touch of Love" at 200 Bicentennial Circle Apt # 254 Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
TOUCH 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05086 Tracy Ching, 59 Hidden Lake Circle Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "A Sharp" at 59 Hidden Lake Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
ASHARP 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05120 Nancy Teixeira Jensen, 4134 Golden Pond Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "NTJ Transaction Coordinating" at 4134 Golden Pond Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 21, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
NTJ 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04612 Neil Soo Hoo, 32 Mossleg Circle Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Suite 14, SookHooStyle, Neil Soo Hoo Stylist" at 2580 Fair Oaks Suite 14 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 6, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
SOOHO 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05238 Sean Sathorn, 431 Hopkins Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "NextHome Capitol City Group" at 1111 H Street Suite 202 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
NEXTHOME 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05239 Home Boom Inc, 530 La Sierra Drive Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Calstatelender.com, Cal State Lender, Sunrise Vista Mortgage" at 1111 H Street Suite 202 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016.
CAL 160623 07-22-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05381 Shelley Lynn Gregory, 3080 Spencers Road Camino, CA 95709 is doing business under the Fictitious Business Name(s) "SL Gregory Public Adjusters" at 101 Parkshore Drive #100 Folsom, CA 95630. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016
SL 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05307 David Brown and Marie Yung Cain, 6391 Bonham Circle Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Sacramento Wildcats AAA Football Team, Sacramento Wildcats Recreational Football Team" at 6391 Bonham Circle Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 28, 2016. Publish: July 8, 15, 22, and 29, 2016
SACRAMENTO 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05365 Steve Adams, 2501 Hurly Way #101 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Cards & Bookstore" at 1601 Fulton Avenue Suite #11 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016
CARDS 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05379 Saber Knott, 7632 23rd Street Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Black Ops Legal, Black Ops" at 3815 Marconi Avenue Suite 21 Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016
BLACK 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05114 Monica Kirkland, 3685 Elkhorn Boulevard #163 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "MK Enterprise, Moni- Mentari" at 25 Cadillac Drive #205 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 21, 2016. Publish: July 8, 15, 22, and 29, 2016
MK 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05088 S & S Real Estate Inc, 5006 Sunrise Boulevard #100 Fair Oaks, CA 95828 is doing business under the Fictitious Business Name(s) "Weichert Realtors- Galster Group, Galster Group, Galster Real Estate Group, The Galster Group, SWG Real Estate Exchange" at 5006 Sunrise Boulevard #100 Fair Oaks, CA 95828. Filed with the Clerk of Sacramento County June 21, 2016. Publish: July 8, 15, 22, and 29, 2016
WEICHERT 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05277 Michael Kinman, 6977 Lincoln Creek Circle Carmichael, CA 95608 and Wendy Earle, 1344 8th Avenue Sacramento, CA 95818 are doing business under the Fictitious Business Name(s) "Journey to Freedoms" at 5840 Gibbons Drive Suite B Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 27, 2016. Publish: July 8, 15, 22, and 29, 2016
JOURNEY 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05334 Kathy Dana Inc, 5716 Folsom Boulevard #292 Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Kohesive Brands" at 5716 Folsom Boulevard # 292 Sacramento, CA 95819. Filed with the Clerk of Sacramento County June 29, 2016. Publish: July 8, 15, 22, and 29, 2016
KOHESIVE 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05005 Moshmi Kumar, 9216 Terra Linda Drive Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Infinite Auto Repair" at 5711 Florin Perkins Road #K Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 17, 2016. Publish: July 8, 15, 22, and 29, 2016
INFINITE 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04755 Mega Inn LLC, 4600 Watt Avenue North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Americas Best Value Inn" at 4600 Watt Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 9, 2016. Publish: July 8, 15, 22, and 29, 2016
AMERICAS 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05385 Sierra Valley Moving & Storage Inc, 5071 Kelton Way Suite 200 Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Sierra Valley" at 5071 Kelton Way Suite 200 Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 1, 2016. Publish: July 8, 15, 22, and 29, 2016
SIERRA 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05372 Jessica Martinson, 4259 Oak Knoll Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "SovereignIT" at 1017 L Street #743 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016
SOVEREIGNIT 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05305 Fernando Rangel, 3120 Whitney Avenue Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fernando's Sewer and Drain Service Cleaning" at 3120 Whitney Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 28, 2016. Publish: July 8, 15, 22, and 29, 2016
FERNANDO 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05226 Oleksiy Kravchenko, 4125 Gaddi Drive #3 Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "DoorFix" at 4125 Gaddi Drive #3 Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 8, 15, 22, and 29, 2016
DOOR 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05214 Jamahl Haskins, 6319 Larry Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Elite Hauling" at 6319 Larry Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 8, 15, 22, and 29, 2016
EIITE 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-04449 Dean Vicars, 6216 Belva Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Dean's Lawn Service" at 6216 Belva Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 31, 2016. Publish: July 8, 15, 22, and 29, 2016
DEANS 160630 7-29-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05479 Hoi Wah Derek Lok and Margaret Wai Lan Yung, 7712 Hendon Way Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Lok Creation Company, Team Resources Company" at 7712 Hendon Way Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 6, 2016. Publish: July 15, 22, 29, and August 5, 2016
LOK 160708 8-5-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05381 Robert J. Canella, 9445 Golden Plover Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "R.J. Canella Consulting" at 9445 Golden Plover Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County July 8, 2016. Publish: July 15, 22, 29, and August 5, 2016
RJ 160708 8-5-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05539 Vitally Nechay, 8000 Barton Road Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Great American Auto" at 7201 16th Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 7, 2016. Publish: July 15, 22, 29, and August 5, 2016
GREAT 160708 8-5-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05399 Brenda Baranda and Edgar Ramirez, 10413 Georgetown Drive Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Greenview Maintenance & Landscape" at 10413 Georgetown Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 1, 2016. Publish: July 15, 22, 29, and August 5, 2016
GREENVIEW 160708 8-5-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05540 Yuri Kovalyov, 6100 Landis Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "5 Star Delivery and Courier Service" at 6100 Landis Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 7, 2016. Publish: July 15, 22, 29, and August 5, 2016
SSTAR 160708 8-5-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2016-05475 Quyen Thi Do, 6968 Maita Lane Sacramento, CA 95820 and Thanh Thi Dan Nguyen, 1601 Vineyard Road Apt #822 Roseville, CA 95747 are doing business under the Fictitious Business Name(s) "Qi's Salon and Spa" at 8047 Greenback Lane Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July

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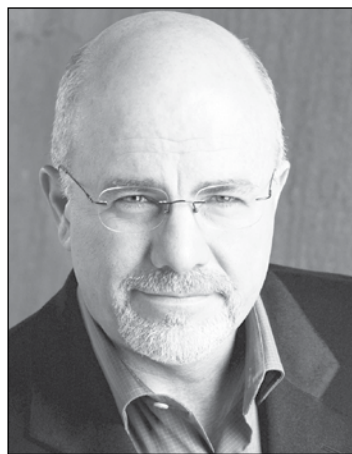
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Dave Says

you don't work, you don't eat." He had a job, remember? So, suggesting that someone work outside the ministry while trying to do God's work isn't mean or unfair.

No one should do this to their child, and it's going to be hard to unravel it all and turn it into a respectable situation. I hope everyone will consider sitting down with a mature third party, and developing a situation where you're no longer giving or lending them money.

In the meantime, read a book called *Boundaries* by Dr. Henry Cloud. After that and some objective intervention, I think this situation will become a lot healthier for everyone.

—Dave

Finding the right motivation

Dear Dave,

My husband and I make \$180,000 a year combined, and we have a net worth of about \$1.6 million. We've been blessed financially, and lots of times motivated by a survival point of view, but what do you do when you're not motivated by that kind of thing anymore? How do you find and live out God's purpose for your life?

—Lisa

Dear Lisa,

Congratulations on your success! You guys really have been blessed, and it sounds like you've worked hard for your wealth.

If you've ever studied psychology a little bit, you may remember Maslow's hierarchy of needs. Basically, once you get physiological and safety needs met, you feel a need to find other things to motivate you.

It sounds like you're a performance-oriented person. So am I. People like us get our relaxation and even fulfillment away from work in different ways than most people.

My suggestion would be to start thinking about ways you can serve and help other people or causes you care about. This could even mean becoming a stay-at-home mom for a while and really pouring into your kids, if you have them. If it's something else, that's okay too. How about this? You've obviously been thinking about this stuff for a while. Take a day all to yourself, away from everything and everybody, and bring along nothing but some food and drink, a bunch of notepads and pencils, and a Bible. Open up your mind and your heart to the things you care about and all the possibilities. You have to have a goal that is worthy in your mind, and you don't have that right now.

I can't tell you what your calling is, Lisa, but I can say this. There's tons of joy and fulfillment to be found when you're working in a way to serve the people and things that matter most in your life!

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, Entrepreneurship and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★

No more guilt trips!

Dear Dave,

My parents left their six-figure jobs to enter the ministry when I was in high school. That was 10 years ago, and my mom still regularly asks me to share my money with them. I don't mind helping out once in a while, but this has been going on for a long time and I've started feeling bitterness about the requests and their bad financial decisions. My mom also tries to make me feel bad sometimes if I can't afford to give them as much as they want. She constantly references their calling, and that I should want to help with that. How can I stop this pattern?

—Renee

Dear Renee,

This is not a healthy situation for anyone involved. By consistently giving or loaning your parents money, you've lost respect for them in the process. The relationship has become strained, and that's a tough thing for anyone to deal with — especially in a parent-child situation. On top of all that, your mom sounds like a travel agent for guilt trips. It seems like she's working you over while implying it's all really for God. That's toxic.

Going into the ministry is an admirable thing. However, I remember a guy in the Bible named Paul who made tents while he conducted his ministry. I'm paraphrasing, of course, but his line was something like, "If

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Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County.

The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).

Publisher, Paul V. Scholl

Carmichael Times is a member of **Messenger Publishing Group**

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And So We Came To Regard The Little Cabin as an Intriguing Mystery

be in the huge factory when it was quiet. Then one day he decided to move to the mountains and make pretty things out of leather. Once in a while he'd have his coffee at the counter at the Mule Barn, but often as not, he'd camp out on the edge of town for the two or three days it took him to sell his crafts and buy supplies. He'd smile and wave from his campsite, then he'd be gone one morning. We wouldn't see him again for months.

Now and then someone would ask him where his cabin was, and he'd just point toward the mountains and say, "Up there." How far up there? "A ways." What was his cabin like? "Not too big."

And so we came to regard the little cabin as an intriguing mystery, an object of local legend. After he died, several of the fellows tried to back-track him to find the place, but Jenkins evidently didn't take the same trail each time, as though

he wanted his quiet times protected from even a friendly visit from one of us. During his lifetime, we respected his wishes. In this country, a man has a perfect right to be a little strange. And, truth be known, we hold a certain admiration for those of us who hear different instructions. But there is something in the human spirit, also, that begs to have its mysteries solved. So now, several times each year, one or two of us will use the mystery of the lost cabin as an excuse to poke our noses into the nuances and seclusions of these hills. We play off our curiosity against our wishes to respect a man's privacy, even when he's gone.

We have yet to discover Jenkins's lost cabin. Maybe we never will. Maybe that wouldn't be such a bad thing, either.

The Home Country radio show is in national syndication and will be coming soon to a station near you! New, from Syndication Networks. ★

We all know that someone will find Jenkins's cabin. Someday. Oh, it's up there in those hills somewhere. We all know that.

It's become a friendly object of conjecture and speculation. No one living has seen it, as far as we know. Jenkins himself died quietly when he was on one of his infrequent trips to town for supplies. Funny guy, that Jenkins.

He worked in the city for years, mostly as a night watchman in a factory that made diapers. Didn't really enjoy people much, and told us many times how nice it was to just

STATEPOINT CROSSWORD • HEALTHY LIFESTYLE

CLUES

- ACROSS**
- Hacienda brick
 - World's oldest broadcasting company
 - Weary walk
 - For getting around, especially in city
 - Ostrich of Australia
 - Because of
 - It's plucked to foretell love
 - Adam's famous part
 - Modern day letter
 - "No ___!"
 - *Mind/body/soul goal?
 - 7th letter of Greek alphabet
 - Eight bits
 - Experienced or consumed
 - ___-and-go-seek
 - Socrates' concern
 - Toward the lee
 - *Body sufferings
 - Art class support
 - Cash cache
 - Passed out cards
 - A small island
 - Full of emotion, in slang
 - Alpine lift
 - Guitar forerunner
 - Not digital
 - Crude group
 - Sixth sense
 - Movie-___
 - Anne Boleyn, a.k.a. ___ Bullen
 - *Calcium or magnesium
 - *Stress-related glands
 - Muse of love poetry
 - Cause annoyance
 - Prepare for winter takeoff
 - Red Cross supply
 - Bard's "before"
 - Runs in neutral
 - Fungal spore sacs
 - Jack Kerouac's Paradise
 - Deed hearings

CROSSWORD											
1	2	3	4	5	6	7	8	9	10	11	12
13						14			15		
16						17			18		
19				20			21	22			
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35			36		37			38		39	
40					41			42		43	
44				45		46				47	
48				49		50			51		52
					53		54		55		56
57	58	59	60					61		62	63
65						66	67			68	
69						70				71	
72						73				74	

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196408

WHEREAS, Azam Amy Shahmirzadi has filed a petition with this court for a decree changing the name(s) of Azam Amy Shahmirzadi to Shahzad Shahmirzadi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 30, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 24, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 SHAHMIRZADI 160615 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196408

WHEREAS, Semilla R. Mueller on behalf of Zoe Katherine Gomez, a minor has filed a petition with this court for a decree changing the name(s) of Zoe Katherine Gomez to Zoe Katherine Mueller. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 20, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 GOMEZ 160620 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00195677

WHEREAS, Randy Patrick Glazner has filed a petition with this court for a decree changing the name(s) of Randy Patrick Glazner to Randy Crudo Patrick. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 08, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 09, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 GLAZNER 160615 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196647

WHEREAS, Cindy Lee Sogioan has filed a petition with this court for a decree changing the name(s) of Cindy Lee Sogioan to Cindy Lee Winter, Kayra Analiese Sogioan to Kayra Analiese Winter, and Scarlett Rose Sogioan to Scarlett Rose Winter. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 6, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 29, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 WINTER 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196211

WHEREAS, FNU Karwan & FNU Rishma have filed a petition with this court for a decree changing the name(s) of FNU Karwan to Karwan Takar, FNU Rishma to Rishma Takar, and FNU Wesal to Wesal Takar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 26, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 21, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 TAKAR 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196294

WHEREAS, Yelena Marie De Leal has filed a petition with this court for a decree changing the name(s) of Izayah Jayden Cardenas to Izayah Jayden De Leal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 27, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 21, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 CARDENAS 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196609

WHEREAS, Sangita Kumar has filed a petition with this court for a decree changing the name(s) of Dipshiya Dipshya Kumar to Sonia Kumar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 5, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 29, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 KUMAR 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196609

WHEREAS, Neko Kim Yoo, has filed a petition with this court for a decree changing the name(s) of Neko Kim Yoo to Neko Yunkyong Kim. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 12, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 KIM 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196282

WHEREAS, Michael Nathaniel Smith has filed a petition with this court for a decree changing the name(s) of Michael Nathaniel Smith to Nate Smith. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 27, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 22, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 Smith 160615 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196297

WHEREAS, Sayed Wasi and FNU Mahera have filed a petition with this court for a decree changing the name(s) of Sayed Wasi to Sayed Wasi Haidari, FNU Mahera to Mahera Haidari, FNU Fatima to Fatima Haidari, Sayed Hosain to Hosain Haidari, FNU Zahra to Zahra Haidari, and Sayed Ali to Ali Sayed Haidari. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 27, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 22, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 1, July 8, July 15, and July 22, 2016
 HAIDARI 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196637

WHEREAS, Alexandra Eleanor Hanlon has filed a petition with this court for a decree changing the name(s) of Alexandra Eleanor Hanlon to Alexandra Eleanor Leedle. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 6, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 27, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 HANLON 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196659

WHEREAS, FNU Khyber has filed a petition with this court for a decree changing the name(s) of FNU Khyber to Khyber Safi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 6, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 29, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 SAFI 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196752

WHEREAS, Sergio Arellano and Itzel Castro on behalf of Ian Dominic Arellano a minor has filed a petition with this court for a decree changing the name(s) of Ian Dominic Arellano to Erik James Arellano. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 20, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 15, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 ARELLANO 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196398

WHEREAS, Chi Bao Tran has filed a petition with this court for a decree changing the name(s) of Chi Bao Tran to Celina Chi Tran. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 30, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 24, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 TRAN 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00193914

WHEREAS, Susan Arroyo has filed a petition with this court for a decree changing the name(s) of Susan Arroyo to Susan Bee Blackwell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 3, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 BLACKWELL 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196608

WHEREAS, Jose Antonio Cervantes, has filed a petition with this court for a decree changing the name(s) of Jose Antonio Cervantes to Anthony Cervantes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 4, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 28, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 CERVANTES 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196590

WHEREAS, Li A Mattheney and Kevin L Swartzendruber, on behalf of Sydney Ann Swartzendruber, a minor has filed a petition with this court for a decree changing the name(s) of Sydney Ann Swartzendruber to Skylar Ann Mattheney. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 3, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 28, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 8, 15, 22, and 29, 2016
 MATTHENEY 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00193798

WHEREAS, Joshua Munro Astley has filed a petition with this court for a decree changing the name(s) of Joshua Munro Astley to Yeshua Munro Astley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 5, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 29, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 ASTLEY 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00194423

WHEREAS, Elece Breann McBride has filed a petition with this court for a decree changing the name(s) of Elece Breann McBride to Elece Breann Hogan Hatfield. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 17, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 12, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 HATFIELD 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196699

WHEREAS, Taylor Paige Marchelle Butler has filed a petition with this court for a decree changing the name(s) of Taylor Paige Marchelle Butler to Taylor Paige Marchelle. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 30, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 MARCHELLE 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00193914

WHEREAS, Susan Arroyo has filed a petition with this court for a decree changing the name(s) of Susan Arroyo to Susan Bee Blackwell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 3, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 BLACKWELL 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00193914

WHEREAS, Susan Arroyo has filed a petition with this court for a decree changing the name(s) of Susan Arroyo to Susan Bee Blackwell. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 3, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 BLACKWELL 160708 08-05-16

DOWN

- Current unit, pl.
- Hold as a conviction
- "The Simpsons" palindrome
- Emergency pedal
- Kind of fossil
- Mountain in Germany
- *Weight divided by height squared
- Small secluded room
- The largest of the small cats
- *Meat quality
- Like ear infection
- Pineapple producer
- "Get rid of" button
- Water nymph
- Had a meal
- Verbally attack
- *Type of yoga
- Mork from Ork, e.g.
- Major U.S. airline
- *Selection of foods
- Hard precipitation
- Supplied equipment
- Picts and Gauls
- *Nightly necessity

36. Twelfth month of Jewish calendar
 38. Prelude to a duel
 42. Popular taste at a given time
 45. Anti-Jewish riot
 49. India's smallest state
 51. *Exercise of the heart
 54. North Pole workers
 56. Attention-seeking
 57. Arizona city
 58. Wraths
 59. Narcotics agent
 60. Evening purse
 61. Skater's jump
 62. Cairo's waterway
 63. Maple, to a botanist
 64. *___ stress
 67. Baseball stat

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00193798

WHEREAS, Joshua Munro Astley has filed a petition with this court for a decree changing the name(s) of Joshua Munro Astley to Yeshua Munro Astley. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 5, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 29, 2016
 Raymond M. Cadei, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 ASTLEY 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00194423

WHEREAS, Elece Breann McBride has filed a petition with this court for a decree changing the name(s) of Elece Breann McBride to Elece Breann Hogan Hatfield. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 12, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 HATFIELD 160708 08-05-16

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2016-00196699

WHEREAS, Taylor Paige Marchelle Butler has filed a petition with this court for a decree changing the name(s) of Taylor Paige Marchelle Butler to Taylor Paige Marchelle. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 30, 2016
 David I. Brown, Judge of the Superior Court
 Publish: July 15, 22, 29, and August 5, 2016
 MARCHELLE 160708 08-05-16



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August 13, 6:30PM-8:30PM:	Dave Russell Band
August 20, 6:30PM-8:30PM:	Peter Petty and his Titans of Terpsichore

Concert Schedule Subject to Change

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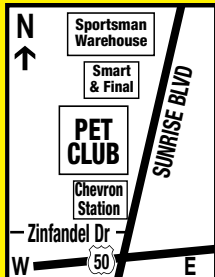
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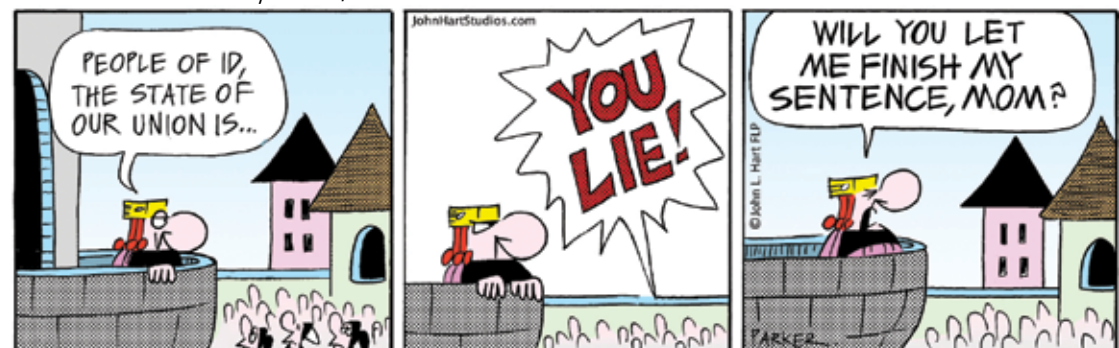
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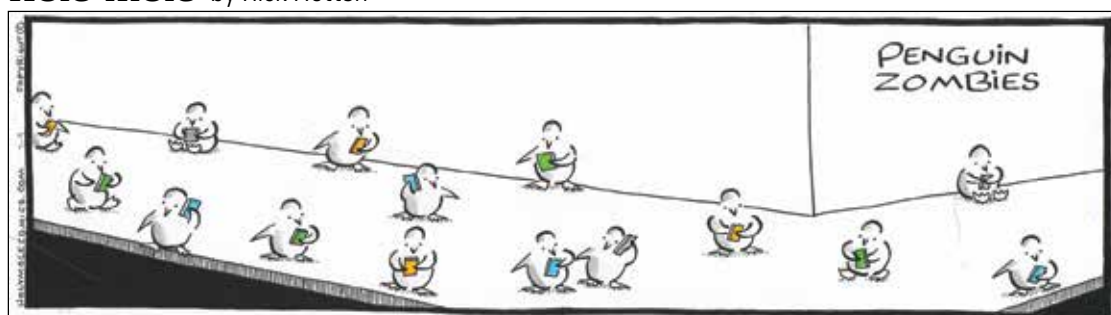
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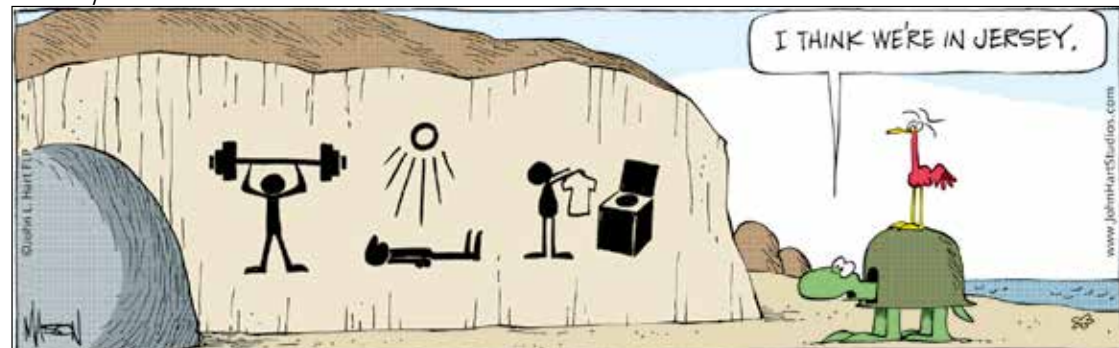
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POPPOFF!

with Mary Jane Popp

to see. I bet it can still make the journey. When you get up close to the 363 foot Apollo Saturn V that carried first the humans to the moon, it makes you feel so very proud. It's even more impressive when you see the actual equipment that got that monster out of our atmosphere. They didn't have the computers we have today. It was done on a wing and a prayer. But they did it. NASA made history and continues to do so.

They had a launch that very morning, so we took the tour out to the launch pads to see the very buildings where the magic actually happens. It looks so serene until one

became an astronaut in 1979. As many astronauts before and after him, these daredevils were pilots. Jon flew 64 combat missions over Southeast Asia. But Jon told me it was always his dream as a young boy to become an astronaut. His dream really did come true in 1984 when he piloted the STS-41-6 Challenger on an eight-day mission with a crew of seven. Today, Jon is a member of the Kennedy Space Center Astronaut Encounter. Here's a fact that really astounded me. The mission to the moon took 12 days to complete.

The next manned mission

THE NEW FRONTIER

I still can't believe what I saw. While in Orlando a short while ago, I had the opportunity to visit the Kennedy space Center which is about a 45 minute drive from



Getting up close and personal with the first Space Shuttle Atlantis which was in service for 26 years. It is battered and worn, but still a sight to see. Photo courtesy of Mary Jane Popp

the mecca of entertainment with Disney World and Universal mStudios and Sea World to mention just a few. But getting a glimpse of what it's like to go to outer space was not only entertaining but absolutely incredible. When you see a launch of one of the rockets carrying a payload or even a shuttle on TV or even in person at a distance, it is impressive.

But it's nothing like getting up close and personal with the first Space Shuttle Atlantis which was in service for 26 years. It is battered and worn, but still a sight

of those rockets begins the countdown. They told us that the force generated upon liftoff is like that of an atomic bomb going off. On the roof of the Vehicle Assembly Building, you could put Yankee Stadium and still have one acre for parking? It is mind staggering.

In one of two I-Max Theatres, you can see and feel what it's like to be in space. And you can even meet an astronaut and get their personal story of how they achieved their dream of becoming an astronaut. I had the pleasure of speaking with Jon McBride who

planned to Mars will take a round trip of 2 years to complete. But I have no doubt it will happen. But there is no "I" in team which it takes to make it all happen. Jon lives by a three-pronged code. 1) You can't do it alone. 2) Always be professional. 3) Always be truthful. Not a bad code for all to follow.

If you ever have the chance to visit the Kennedy Space Center, do it! It will awaken the drive and skill a nation and its people can achieve when they truly have a dream! ★



Make It Fun and It Will Get Done!

The Secret to Being Organized

Pam Young's Corner

Marriages Saved by Technology

There are about ten well-known marital fights and if you've been married very long, you've probably had most of them.

But with the advent of GPS, there's one less marital fight to have; "the map fight." Most husbands expect their wives to be natural navigators. Most wives are not. The map fight most commonly occurs when the husband is driving on an unfamiliar freeway at 70 mph and he tosses the map to the wife and says, "Where are we?" If she's like most women, she can only read the map when the car and the map are going in the same direction and that'd be north. South is out of the question, because it's just too hard to read a map upside-down.

When I got married, I wasn't prepared for the real world of marriage. My parents had three four fights in their entire marriage of 60+ years. It was always over the same issue. Dad would lose track of time, fishing and as it started getting dark, mom would get worried. The fight looked something like this. He'd come in the door wearing his waders and holding his fly rod in one hand and a couple trout on a string in the other. He'd hang his head with a beseeching, I'm-sorry look and mom would shake her head, tighten her lips and sigh with a mix of disgust and relief that he hadn't drown. My sister and I would run to our room, sure they were going to divorce and we'd be put in foster care.

With my first marriage (I'm

on my second), our three kids certainly learned about marital conflict. At least they didn't go into marriage thinking it was going to really be wedded bliss, but to this day I regret the stress we put on our children during those tumultuous years. One time when my first husband and I were fighting over our messy house, our youngest child (4 years-old) said, "I'm gonna close the drapes 'cause Santa Clause might be lookin' around." Shame on us!

The sex fight is a pretty big one, but it can be fixed without the use of technology. It's really quite simple and we probably learned some of the information in high school biology. One scientist explained that as children, boys and girls both have sensory receptors all over their bodies, but with the onset of puberty, boys are the only ones of our species whose sensory receptors congregate in just one place, while the girls continue to enjoy touch just about everywhere. It's also true that after puberty, girl's receptors increase in three areas, but those zones are off limits without a considerable amount of foot massaging, back rubbing, head and hair fiddling with and sweet talk outside those No Trespassing Zones.

This transfer of sensation at puberty creates much misunderstanding and the affects have caused millions to become disillusioned until they know how to work with the systems.

If you're a guy, you need to take those zones seriously, or you could end up in divorce court. You know, like what would happen if

you're driving on a road and you came to a sign that said, "Detour?" If you didn't mind it, you'd go off the road and crash. So just consider those zones have invisible detour signs, but now you know to go around. Yeah, it takes a little time, but you'll get there eventually (10 minutes is nice, but 5 will usually do). One other note, for your information, since a woman loves to be touched, you should be touching her ten times a day, BUT that doesn't mean she wants to have sex every time you rub her shoulders.

If you're a woman, you have it easy! Men don't need to be rubbed, just spend all your time in the one spot. That's really it! Simple, couldn't get easier.

One woman said, "I just bent over to pick up a sharp dog toy and Carl put his hand right on my crotch from behind! I jumped up and yelled at him, 'Why did you do that? How would you like me to do that to you!!' His response was, 'Yeah, I'd like it!' That's just nuts!"

Even though, you'd never like what Carl did, just remember, Carl would! So consider spending a lot of time in that area of your husband, because evidently there's no No Trespassing or Detour sign there! That's all there is to say about that!

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, ways to lose weight and get your finances in order, all from a reformed SLOB's point of view. ★

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Jake Arrieta, one of the game's most dominant pitchers in the past few years, has fallen on hard times of late.

Second-half storylines

Can the Cubs hang on? Is the Tribe for real?

Baseball's first half ended on July 10, with over half its teams within striking distance of a playoff spot. Here's what to watch in the season's second half.

Can the Cubs hang on?

On May 8, Chicago became the second-fastest team in baseball history to accumulate a plus-100 run differential. The Cubs were 24-6 and threatened to run away with the National League Central. Since, Chicago is just 29-29 though a plus-139 run differential suggests it has played better than .500 ball.

Chicago holds a seven-game lead over the Cardinals and a 7.5-game advantage over the Pirates at the All-Star break. Still, the recent collapse of the team's best two starting pitchers, Jake Arrieta and Jon Lester, is a head-scratcher.

Arrieta, who tied an MLB record in May after the Cubs won in 23 straight games in which he started, gave up 15 earned runs in his last three starts (which spanned 16.1 innings) before the break. Arrieta blamed poor command and stuff, as he fell behind too many hitters and ran up big pitch counts.

Lester gave up 13 earned runs in 4.1 innings in his last two starts. The 32-year-old lefty had no answers for his struggles after he was pounded by the Pirates in his last start.

As a result, Chicago dropped nine of its last 11 games.

Great teams go through slumps, and that's probably what's happening with the Cubs, who are still baseball's most talented team. Things that should help: the return of center fielder Dexter Fowler from the DL (he was one of baseball's best players before suffering a mid-June hamstring injury); the emergence of 24-year-old catcher Willson Contreras, who has torn the cover off the ball since his mid-June promotion; and the impending return of left fielders Jorge Soler and Chris Coghlan, both of whom ended the first half on the DL.

Are the Indians legit?

Cleveland leads the division by 6.5 games at the break. With rotation talents like Trevor Bauer, Carlos Carrasco, Corey Kluber and Danny Salazar, it's no surprise that the Indians can pitch, but the fact that they lead the division comfortably with Carrasco missing more than a month is surprising.

More surprising is that the Indians, who ranked 18th in scoring last year, are eighth this year, with outfielders Michael Brantley accumulating just 39 first-half at-bats and Marlon Byrd retiring after flunking a performance-enhancing drug test.

Reasons behind the surge include the emergence of 31-year-old Josh Tomlin as a steady rotation presence; terrific production from unlikely

candidate Carlos Santana in the leadoff spot since his insertion in that spot in May; and All-Star-type production from 25-year-old Tyler Naquin in center in his first taste of big league action.

With those arms and a lineup anchored by 22-year-old Francisco Lindor — Fangraphs' Wins Above Replacement ranked him as the AL's best shortstop at the break — the Indians might have staying power.

The race, and search for starting pitching, in the AL East

The Orioles surprisingly maintained a divisional lead for most of the first half despite the lack of a real ace (No. 1 starter Chris Tillman has a 3.41 ERA after a 4.99 mark in 2015) and below-average options in each rotation spot behind him. But the division's two other contenders have had pitching issues, too.

Boston's David Price (4.34 ERA) didn't show Cy Young form in the first half, and current No. 4 and 5 starters Eduardo Rodriguez (8.59) and Clay Buchholz (5.91) have been disasters. Toronto's starting pitching has been surprisingly good on the whole, but No. 1 and 2 starters Marcus Stroman (4.89) and R.A. Dickey (3.93) have been inconsistent.

All three teams can hit: The Red Sox, Blue Jays and Orioles rank first, fifth and seventh, respectively, in MLB in runs scored.

The Sox and Jays appear to have the edge because Price and Stroman should pitch better, though Baltimore's terrific bullpen, led by Brad Brach (0.91 ERA in 49.1 IP) and Zach Britton (0.72 in 37.2), has been an equalizer.

To buy, or to sell?

The aging Yankees (44-44) should be sellers, but early July reports were that management couldn't yet bring itself to do so. Outfielder Carlos Beltran and closer Aroldis Chapman would draw interest should the Yankees unload.

Pittsburgh (46-43) made a recent run to stay in the playoff picture. Last year's 98-win team figures to contend; outfielder Andrew McCutchen will almost certainly deliver a better second half, and elite pitching prospects Jameson Taillon and Tyler Glasnow both got their first tastes of big league action this summer, as did Josh Bell, one of the minors' top first basemen. Those two arms may be key, because the starting rotation behind Gerrit Cole has been terrible.

The Royals, whose rotation has been unexpectedly bad, are in a similar position, though they lack the elite MLB-ready farm talent the Pirates have and have lost third baseman Mike Moustakas for the season.

Detroit (46-43) looks like a .500 club, and its farm system desperately needs re-stocking.

A full-strength Miami team can contend, but a slow second-half start could trigger a re-build for what may be the NL's worst farm system.

AROUND THE HORN

The Mets had baseball's most talented starting rotation to begin the season, but whether it could keep the arms healthy was a concern. The team's worst fears were realized just before the All-Star break when **Matt Harvey's** season ended with shoulder issues that will require surgery. Fellow starters **Steven Matz** and **Noah Syndergaard** are both pitching through painful bone spurs in their elbows; Syndergaard was removed from his last start before the break because of arm fatigue. ...

Texas' pitching fell apart in a different way just before the break, with the Rangers giving up 85 runs in their last nine games. That included 38 runs to the Twins in the last four, three of which were losses. **Chi Chi Gonzalez** and **Nick Martinez** were sent back to Class AAA after posting ERAs of 8.71 and 6.86 ERAs in three and four starts, respectively. Kyle Lohse, recalled from AAA for a disastrous (5 IP, 6 ER) start on July 10, was not the answer. To boot, Lohse experienced tightness in his right oblique. Of course, ace **Yu Darvish** (15.2 IP in '16) remains on the DL, but the Rangers should get him back soon. ...

The Red Sox, having given up 424 runs — good for 22nd in baseball — had first-half pitching issues of their own, which got worse when closer **Craig Kimbrel** landed on the disabled list for what's expected to be three to six weeks. The same night that Boston lost Kimbrel, it traded minor league pitchers **Jose Almonte** and infielder **Luis Alejandro Basabe** to Arizona for its closer, **Brad Ziegler**. However, manager John Farrell said that 41-year-old **Koji Uehara**, who has 90 career saves, would close while Kimbrel is out. ...

In baseball's Futures Game, played on July 10, the World Team beat the Americans, 11-3, for its first win in the contest since 2009. Boston outfield prospect **Yoan Moncada** went 2-for-5 with a two-run homer and took home MVP honors. Also notable: Houston infielder **Alex Bregman** singled, doubled and tripled; Cubs outfielder **Eloy Jimenez** made a spectacular play on a foul ball in right; Baltimore's **Chance Sisco** had a home run; and Cardinals pitcher **Alex Reyes** registered between 99-101 mph on seven pitches in his 1.2 innings of work.

NUMBERS GAME

1.107

That's the on-base-plus-slugging percentage (OPS) of Boston's 40-year-old DH David Ortiz, the best in baseball by .090 over second-place Josh Donaldson. Ortiz's career high is 1.066, set in 2007.



TURN BACK THE CLOCK

July 12, 1979

White Sox owner Bill Veeck, known for his promotions, schedules "Disco Demolition Night" as part of a twilight double-header with the Tigers. Over 50,000 fans, far more than Veeck expected, pack Comiskey Park to see a crate full of records demolished between games. The explosion damages the field, records are thrown about the stadium like flying discs, and a few thousand fans storm the field until they're forced to leave by riot police. Tigers manager Sparky Anderson, concerned for his players' safety, refuses to put his team on the field, and American League president Lee MacPhail, after consulting with home plate umpire Dave Phillips, awards Detroit a forfeit victory.

TRIVIA CORNER

Who holds both the single-season and career records for strikeouts per nine innings?



Written and compiled by Chris Lee.
Follow Chris on Twitter: @christlee71.
Email: christlee71@gmail.com

TRIVIA ANSWER: Randy Johnson, who struck out 10.61 per nine innings in a career that spanned from 1988 to 2009; his best season came in 2001, when he whiffed an incredible 13.47 hitters for every nine innings pitched.

Photos by Tom DiPace

ATHLON SPORTS POWER RANKING

- Giants** Brandon Crawford's 19 Defensive Runs Saved leads MLB.
- Cubs** Jake Arrieta gives up 15 runs in last 16.1 innings before break.
- Nationals** Daniel Murphy has knocked in 21 runs in 13 games vs. Mets.
- Indians** Cleveland won first 11 games with Tigers in '16 before losing on July 6.
- Orioles** Mark Trumbo leads bigs with 28 HRs.
- Rangers** First-time closer Sam Dyson has converted 18 of 20 save chances.
- Blue Jays** Josh Donaldson becomes sixth in AL history with 20 HR/80 R at break.
- Red Sox** David Price closes first half with three-straight 10-K games.
- Dodgers** Kenta Maeda strikes out season-high 13 on July 10.
- Cardinals** Mike Leake fans season-high 10 on July 10.
- Mariners** Robinson Cano's 21 HRs matches last season's total.
- Astros** Luis Valbuena has 37 HRs in 1.5 seasons in Houston.
- Mets** Jose Reyes slugs three HRs in his first week.
- Pirates** Pittsburgh wins nine of last 11 before the break.
- Marlins** Giancarlo Stanton has hit at least 20 HRs in his first seven seasons.

- Tigers** Justin Upton on pace to whiff over 200 times.
- Royals** KC puts closer Wade Davis (right forearm) on the DL.
- White Sox** Chicago ties MLB record with third triple play this year.
- Yankees** Yanks say they won't deal reliever Andrew Miller.
- Rockies** Trevor Story's 21 pre-break homers ties MLB rookie record.
- Angels** Closer Huston Street exits July 10 game with hamstring injury.
- Padres** Melvin Upton on pace for first 30-30 season.
- D-backs** Tyler Clippard is team's new closer.
- A's** Kendall Graveman with four quality starts in last five pre-break outings.
- Brewers** Jonathan Villar leads MLB with 31 steals.
- Phillies** Peter Bourjos hits .408 in last 18 games before break.
- Rays** Matt Moore has improved his trade value with recent starts.
- Twins** Have out-scored Rangers 62-30 in seven games this year.
- Braves** A.J. Pierzynski becomes fourth catcher in history with 400 doubles.
- Reds** Cincy's 5.45 ERA at the break far and away MLB's worst.

The Exciting New World of Implant Supported Dentures



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There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

Carmichael Dental Group

8329 Fair Oaks Blvd., Ste A • Carmichael, CA, 95608
916 944-1197

\$1,200.00 off

2 implants with 2 attachments to upper/lower denture

Offer Expires 8/31/16

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Reserve your spot today!

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