



**Carmichael July 4th  
a Parade of Local  
American Pride**

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**Carmichael  
Chamber Welcomes  
New Members**

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# Carmichael Times

Volume 36 • Issue 28

Serving Carmichael and Sacramento County since 1981

July 8, 2016

**POLITICS  
MAKES DEADLY  
BEDFELLOWS IN  
LATEST 'PURGE'**



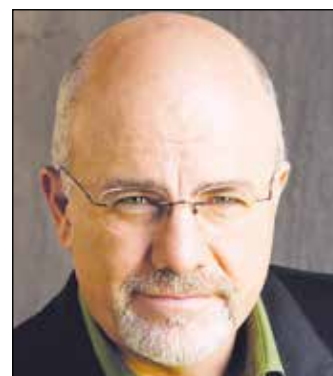
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**THE PERFECT  
BLENDITARIAN**



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**DAVE RAMSEY:  
BABY STEPS,  
MOTIVATION,  
AND RETIREMENT**



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# Not Such a Baaaad Commute After All



cliff-top resident allowed garden hoses to be used during the Fair Oaks bluff sojourn. "We were grateful for that," said the farmer. "The health and safety of our animals is our first concern." His Peruvian herders are legendary in the grazing industry. "They grow up around sheep," said Gregory. "They sleep with the flocks at night. They seem to know how sheep think. We all put our animals before ourselves. If they're not healthy, we can't stay in business."

Though his herds have completed several seasons of County contracts, Fair Oaks Bridge was a first-time challenge. "In the past, we've stopped traffic to take sheep over busy roads," said the farmer. "We've crossed bridges before but this one was new territory. It has so many pedestrians and bike riders. We weren't too concerned about how the sheep would react; more about how people would react to them."

*“Leaving dust clouds on the bluffs, the flock eagerly trotted behind its four-legged leaders. Waiting hikers applauded as a nursing ewe and her lamb brought up the rear.”*



Sheep and goats (above) recently took a brisk path across the American River via the old Fair Oaks Bridge. Sacramento County uses this and other herds to reduce fire danger on public land. Great Pyrenean Duke (at left) maintains coyote watch in Gold River acres of the American River Parkway.

**Story and photos  
by Susan Maxwell Skinner**

**SACRAMENTO COUNTY, CA (MPG)** - Nine hundred sheep and goats recently joined the Fair Oaks/Gold River commute.

Accompanied by whistles, barks and bleating, 3,600 hooves vibrated like hailstones on historic Fair Oaks Bridge. Minutes later, the herd was munching weeds among south bank hillsides. A 500-foot scattering of dung was the only evidence of this rare passage in suburbia.

In recent years, Sacramento Regional Parks has increased the use of natural mowers on reserves near homes. Where fire is a threat and on rough terrain that challenges machines, animals effortlessly do the job.

Poison oak and steep slopes were all in a day's rumination for the goats recently chomping in Wilhaggin Basin on American River Drive. Cross-bred from Persian and English Dorset stock, hardy Dorper sheep dominate a herd currently on north parkway detail.

Farmer Steve Gregory's stock was trucked into Gold River on June 24. In triple-temperatures and with July 4 on the horizon, minimizing fire risk was a County priority. Over three weeks, the animals will munch their way through 175 dry acres of Gold River, Fair Oaks and the Sailor and Sacramento Bars of the American River. The flock is tended with Biblical devotion by shepherds and dogs. Hydration is the Lincoln-based contractor's biggest concern. "Each animal needs between one and two gallons of water per day; more if it gets really hot," confirmed Gregory.

His trucks deliver water daily. A

As his stock was mustered to cross the century-old truss bridge, Gregory and his men delayed pedestrians. Veteran herding dogs sprang to obey the Peruvians' whistles. Leaving dust clouds on the bluffs, the flock eagerly trotted behind its four-legged leaders. Waiting hikers applauded as a nursing ewe and her lamb brought up the rear. Inside temporary fences, Gregory's 900 ruminants were soon happily at work on the south bank.

"Eating is their favorite thing to do," said the farmer. "That's what got them across the bridge so smoothly. Fortunately for us, they're all led by their stomachs."

Learn about the use of livestock on public lands at [www.sacparks.org](http://www.sacparks.org) ★

## Raley's Donates Thousands of Kitchen Utensils to Local Charities

**SACRAMENTO REGION, CA (MPG)** - Raley's Family of Fine Stores, in partnership with Bradshaw International, has donated over \$80,000 worth of kitchen utensils to various organizations within the community.

In January, Raley's underwent a chain wide conversion from Chef Style brand kitchen gadgets to Good Cook kitchen utensils. The distributor, Bradshaw International, donated the remaining Chef Style products, which amounted to over 20,000 individual items, ranging from rolling pins and can openers to paring knives and meat thermometers. This donation is meant to teach kids to cook, help families in need and assist in healthy eating preparation.

"Bradshaw International is pleased to have participated with Raley's in such a worthy cause," said Brice Striggow, Western Regional Sales Manager for

Bradshaw International. "Donations like kitchenware products go a long way toward supporting the basic essentials of everyday life and inspiring others to cook. We are thrilled to be able to keep this support local, donating through organizations that do a monumental job helping those in need every day."

"Partners like Bradshaw International share our vision to support our local communities," said Becca Whitman, Raley's Community Relations Manager. "Their support allows us to bring a great benefit to those organizations serving our communities. These utensils will be helping kids learn to cook and providing comfort to local families."

Recipients included the Food Literacy Center, which teaches low-income elementary school aged children cooking and nutrition to improve their health,

*Continued on page 3*



These kitchen gadgets were also shared with the Sacramento Food Bank, as well as Rosemont, Grant and Luther Burbank High Schools through the GEO Academy, whose mission is to teach youth how to create healthy and sustainable communities.



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# Carmichael 4th a Parade of Pride



All photos by Staff



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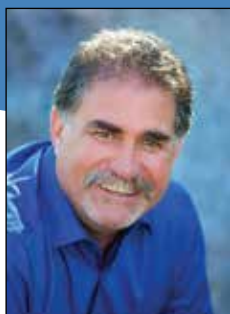
- 3153 Petty Lane, Carmichael, 95608 - \$355,000
- 6042 Lonely Ridge Ct., Fair Oaks, 95628 - \$647,000
- 7016 Trabert Ct., Carmichael, 95608 - \$410,000
- 5134 Archcrest Way, Sacramento, 95835 - \$540,000
- 645 Swanson Lane, Colfax, 95713 - \$460,000
- 3004 Granite Park Lane, Elk Grove - \$340,000
- 4120 Daystar Ct., Sacramento, 95824 - \$135,000
- 5343-5345 Gibbons Dr., Carmichael, 95608 - \$307,500

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—Karen Sandoval

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# Golden State Water Adjusts Conservation Standards

**SACRAMENTO REGION, CA (MPG)** - Golden State Water Company (Golden State Water) recently announced adjusted conservation standards for its Arden, Gold River and Rancho Cordova customers. Effective immediately, customers may water outdoor landscapes up to three days per week, and state-issued conservation mandates have been replaced with new voluntary reduction targets of 25 percent (Arden) and 32 percent (Gold River and Rancho Cordova).

The adjusted conservation standards permit local addresses ending in an even number (0, 2, 4, 6, 8) to water on Wednesday, Friday and Sunday; odd addresses (1, 3, 5, 7, 9) may water landscapes on Tuesday, Thursday and Saturday. All outdoor irrigation must occur before 8 am or after 7 pm, and should not exceed 10 minutes per station. Restrictions do not apply for trees or edible vegetation watered solely by drip or microspray systems.

“Our customers have done a tremendous job reducing water use during this drought, and we encourage our communities to

remain diligent with their conservation efforts,” said Paul Schubert, General Manager of the Northern District for Golden State Water. “It’s important that we keep our existing conservation momentum, as the state will likely consider new conservation regulations in 2017. While some parts of the state received much-needed relief from dry conditions during the winter and spring months, California remains in a drought emergency and we must make efficient water use a way of life to protect our state’s vulnerable water supplies.”

The adjusted conservation standards are aligned with the State Water Resources Control Board’s (State Water Board) shift to locally-developed conservation strategies, as outlined in the state’s emergency drought regulations issued on May 18, 2016. These standards could be revised pending the State Water Board’s verification of data on drought supply reliability and demand, or developments related to local water supply conditions and conservation. Golden State Water will continue to monitor and assess

local conditions and implement measures as appropriate based on water reliability and sustainability.

Additionally, customers are reminded that the following practices that waste potable water are prohibited in California, per Governor Jerry Brown’s Executive Order issued on May 9, 2016:

- Hosing off sidewalks, driveways and other hardscapes.
- Washing a motor vehicle with a hose, unless the hose is fitted with a shut-off nozzle.
- Operating a fountain or decorative water feature, unless the water is part of a recirculating system.
- Watering outdoor landscapes in a manner that causes excess runoff, or within 48 hours following measurable precipitation.
- Irrigation with potable water of ornamental turf on public street medians.

Visit [gswater.com](http://gswater.com) for additional information on local conservation standards, drought updates and conservation resources, or call Golden State Water’s 24-hour Customer Service Center at 800-999-4033. ★

# Carmichael Chamber Welcomes New Members



The Carmichael Chamber welcomed new members at their June luncheon: Cheryl Thornberry of Christ Community Church; Kelli Foley of Trillium Real Estate; Dustin MacFarlane of MacFarlane Legal, Inc. and Justin Montano of House to Home Moving.

# Hit and Run Driver Kills Pedestrian

## CHP Special Report

**SACRAMENTO COUNTY, CA (MPG)** - On June 18, 2016, between the hours of 2:00am and 6:00am, an unknown vehicle was traveling eastbound Elverta Road, east of Palladay Road, at an unknown speed. An unidentified adult female pedestrian was walking eastbound Elverta Road on the south side of the roadway. For an unknown reason, the vehicle hit the female pedestrian. The driver of the vehicle fled the

scene in the vehicle. The female pedestrian was pronounced dead at the collision scene.

CHP Investigators are asking for your help in locating the driver and vehicle involved in this collision. If you have any information regarding this incident, please contact the Special Investigations Unit at the North Sacramento Area CHP office at (916) 348-2300, Monday thru Friday 8:00 a.m. - 5:00 p.m. or contact Sacramento Valley Crime Stoppers at 443-HELP

or 1(800)-AA-CRIME. Callers can remain anonymous and may be eligible for a reward of up to \$1,000.

Any additional information about this news release should be directed to Officer Berry who will be available at the CHP North Sacramento Area business phone number: (916) 348-2317, Monday through Friday 8 a.m. to 5 p.m. Follow us on Twitter @chpsac or like us on Facebook.com/chpnorthsac ★

# Engine 106 Back in Service

**SACRAMENTO COUNTY, CA (MPG)** - Metro Fire has announced that Engine 106, located in the Arden/Arcade area, went back into service on July 1st after having been closed for nearly five years due to budget constraints. Engine 106 rejoins a Truck and Battalion Chief, which have remained in service for the past five years.

As a result of the economic recession and collapse of the housing market, Metro Fire experienced an annual loss of \$15 million in property tax revenue from 2008 to 2014. To confront this reality, the Metro Fire Board of Directors embarked on a three-pronged strategy to reduce expenses, while striving to protect its core services.



Metro Fire reduced services - which included the closure of Engine 106 and five additional engine companies. It reduced compensation and employee layoffs. It also increased operational efficiencies.

Because the engine closures have negatively impacted service levels, the District has made reopening closed engine companies a top priority when resources allowed. With the reopening of Engine 106,

Metro Fire’s response capability in the Arden/Arcade area is increased and the District is better positioned to deliver the most appropriately equipped fire apparatus as the first arriving unit in response to an emergency.

The public is invited to join Metro Fire for an Open House at Station 106. You can take a look at the engine, truck and medic, receive free Hands-only CPR training, watch some firefighter demonstrations, learn safety tips relevant to your community, and get to know your local firefighters.

The open house is to be held Saturday July 30th from 10am to 12pm at Station 106, 2200 Park Towne Circle, Sacramento, 95825 ★

# Raley’s Donates Thousands of Kitchen Utensils to Local Charities

## Continued from page 1

environment and economy. “We’re excited to help our kids create new memories with our new kitchen equipment,” said Amber Stott, Founder, Food Literacy Center. “These are the kinds of tools that allow us to help kids create fond memories--while enjoying the healthy bounty this region has to offer!”

Donations will also be used for the various Salvation Army social services programs in Sacramento County, including the E. Claire Raley Transitional Living Center. “This is an amazing donation that will help so many of the individuals and families in our programs,” said Major Ivan Wild, Salvation Army Del Oro Division

Divisional Commander. “Time and time again Raley’s has been a local leader in charitable giving, and this latest donation is just another example of that fact. We appreciate Raley’s for its generosity and partnership with The Salvation Army.”

Source: Raley’s ★

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## Carmichael Physician Group Selected in National Initiative Promoting Better Cancer Care

CARMICHAEL, CA (MPG) - The Centers for Medicare & Medicaid Services (CMS) has announced that it has selected 16 physician group practices in California among nearly 200 practices and 17 health insurance companies throughout the country to participate in a care delivery model that supports and encourages higher quality, more coordinated cancer care. The Medicare arm of the Oncology Care Model includes more than 3,200 oncologists and will cover approximately 155,000 beneficiaries nationwide.

Sierra Hematology & Oncology Medical Center of Carmichael will be serving Medicare beneficiaries in the Sacramento region.

Cancer is one of the most common and devastating diseases in the United States: more than 1.6 million new cases of cancer will be diagnosed and cancer will kill an estimated 600,000 Americans in 2016. According to the National Institutes of Health, based on growth and aging of the U.S. population, medical expenditures for cancer in the year 2020 are projected to reach at least \$158 billion (in 2010 dollars) – an increase of 27 percent over 2010. A significant proportion of those diagnosed are over 65 years old and Medicare beneficiaries.

“The Oncology Care Model encourages greater collaboration, information sharing, and care coordination, so that patients get the care they need, when they need it,” said Health and Human Services Secretary Sylvia M. Burwell. “This patient-centered care model fits within the Administration’s dual missions for delivery system reform and the White House Cancer Moonshot Task Force – to improve patient access to and the quality of health care while spending dollars more wisely.”

Practices participating in the five-year Oncology Care Model will provide treatment following nationally recognized clinical guidelines for beneficiaries undergoing chemotherapy, with an emphasis on person-centered care. They will provide enhanced services to beneficiaries who are in the Oncology Care Model to help them receive timely, coordinated treatment. These services may include:

- Coordinating appointments with providers within and outside the oncology practice to ensure timely delivery of diagnostic and treatment services;
- Providing 24/7 access to care when needed;
- Arranging for diagnostic scans and follow up with other

members of the medical team such as surgeons, radiation oncologists, and other specialists that support the beneficiary through their cancer treatment;

- Making sure that data from scans, blood test results, and other tests are received in advance of patient appointments so that patients do not need to schedule additional visits; and
- Providing access to additional patient resources such as emotional support groups, pain management services, and clinical trials.

“CMS is thrilled with how many physician groups chose to be a part of the Oncology Care Model,” said Patrick Conway, M.D., CMS principal deputy administrator and chief medical officer. “We have nearly doubled the number of participants that we anticipated. It’s clear that oncology physicians recognize the importance of this new performance-based, episode-based payment approach to cancer care. As a practicing physician and son of a Medicare beneficiary who died from cancer, I know the importance of well-coordinated care focused on the patient’s needs.”

Source: U.S. Department of Health & Human Services ★

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## CA Assembly Releases Mandatory Interlock Evaluation

**SACRAMENTO, CA (MPG)** - On June 28, 2016 the California State Assembly Committee on Business and Professions released an evaluation of Senate Bill 1046, which would mandate ignition interlock devices (IID) for all DUI offenders in California. Their evaluation included a recently released report from the California Department of Motor Vehicles which DID NOT recommend expanding the program statewide, due to the many limitations of ignition interlock mandates for first-time offenders.

In light of the DMV's report, the American Beverage Institute's Managing Director, Sarah Longwell, released the following statement:

"The California Assembly should reject SB 1046 in light of the DMV's new report showing that mandatory ignition interlocks for first-time offenders resulted in a higher crash risk among the pilot program's participants. If the CA DMV cannot recommend expanding the pilot statewide, then the Assembly should take their

recommendations for further study seriously before spending millions of dollars on a program that had mixed results at best."

Key findings of the DMV and Assembly Committee reports can be found below.

California Department of Motor Vehicles said in its report on June 17, 2016 titled Specific Deterrent Evaluation of the Ignition Interlock Pilot Program in California:

- "Individuals obtaining an IID-restricted license had a higher increase in crashes, including fatal/injury crashes, compared to DUI offenders whose licenses remained suspended or revoked."

- The AB 91 program is not associated with an increase or decrease in the odds or hazards of a subsequent DUI conviction over the 12-month time period

- The AB 91 program is not associated with a reduction or increase in the odds or hazards of a subsequent DUI incident over the 12-month time period.

- First offenders in non-pilot

counties have a 6.1% lower hazards or odds of a subsequent crash relative to those in the pilot counties over the 12-month time period.

- "If the IID installation as part of the AB 91 program provisions for a restricted/reinstated driver license is shown to be associated with a negative traffic safety impact (i.e., increased crashes and/or increased convictions), there would be no empirical justification for continuing the AB 91 pilot program or for expanding it more broadly."

The California State Assembly Committee on Business and Professions said in today's Evaluation of S.B. 1046:

- "Thus far DMV has not concluded that such a blanket approach is more effective than current law in 54 counties."

- Estimates of the fiscal effect of expanding AB91 under SB 1046 to be between \$1.6 and \$1.7 million.

Source: American Beverage Institute ★

## Recalls Made on Protein Drinks from Sacramento Facility Due to Premature Spoilage

### Special Health Release

**SACRAMENTO REGION, CA (MPG)** - Out of an abundance of caution and with an emphasis on its customers' wellness and safety, HP Hood LLC is voluntarily recalling certain code dates of protein drinks from its Sacramento, CA, facility, due to the potential for premature product spoilage.

HP Hood is voluntarily recalling specific products after identifying a possible packaging defect that may result in product spoilage during transport and handling. Consumers may notice that, in some cases, the packaging is bloated and product inside may have an off taste or odor. Consumers should not use the product, since it does not meet its high quality standards.

The recalled products are

limited to plastic bottles of 14 oz. and 10 oz. MUSCLE MILK® Genuine, MUSCLE MILK® Pro Series, MUSCLE MILK® 100 Calorie, with Best By dates of November 21, 2016 through May 23, 2017, with an "HS" in the code date. This recall applies only to the products listed below. The Best By and code dates are printed on the top of the lid of single serve bottles.

No confirmed reports have been received of any consumer illness nor injuries to date.

If a consumer has any of the MUSCLE MILK® products listed, they should return it to the store where they were purchased for an exchange, or call Customer Relations at 1-877-446-7635 Monday - Thursday 7:45 AM - 4:00 PM CST or Friday 7:45 AM - 2:45 PM CST. ★



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**Wed, September 21** Dinner

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**Crossword Puzzle on Page 9**

S	T	A	L	E	V	A	S	L	A	S	H				
P	A	R	E	R	A	R	C	E	I	D	E	R			
A	L	I	A	S	S	K	I	N	E	A	R	S			
K	A	R	A	T	E	F	U	T	U	R	E				
N	T	H	N	I	S	I									
C	E	P	Z	E	B	U	A	T	O	M	I	C			
O	R	A	L	T	U	R	N	Y	O	U	L	L			
N	A	T	O	A	C	T	U	P	P	L	E	A			
A	T	E	U	P	K	U	D	U	S	L	U	R			
N	O	R	R	I	S	R	E	L	Y	A	S	K			
				G	O	N	E	S	A	P					
				P	U	R	P	L	E	F	E	R	R	I	S
T	E	P	E	E	E	R	A	R	O	B	O	T			
E	A	T	E	N		D	O	S	O	V	I	N	E		
G	R	O	K			Y	E	T	W	E	D	G	E		

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**Sudoku Puzzle on Page 9**

9	3	8	7	5	1	4	6	2
1	7	4	2	6	8	5	9	3
2	5	6	9	3	4	8	1	7
4	2	7	8	9	5	1	3	6
8	9	5	6	1	3	7	2	4
3	6	1	4	7	2	9	5	8
7	8	9	1	2	6	3	4	5
5	1	2	3	4	7	6	8	9
6	4	3	5	8	9	2	7	1

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 FBNF2016-04490 Hillside Foodmart Inc, 10669 Coloma Road Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Call Bowl Tenyaki" at 10673 Coloma Road Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 1, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. TERIYAKI 160608 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04802 Alanna Pena, 2925 Maison Way Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Mobile Manicurist" at 2925 Maison Way Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 10, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. MOBILE 160613 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04760 Crystal Schmidt, 135 Main Avenue Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "The Tree House" at 135 Main Avenue Sacramento, CA 95838. Filed with the Clerk of Sacramento County June 9, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. TREEHOUSE 160613 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04746 SMCA Group Inc, 9606 Coney Island Circle Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Care Patrol of Elk Grove" at 9606 Coney Island Circle Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 9, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. CARE 160609 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04617 Erica Renee Barbour, 4522 Zachary Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Valley Smog & U-Haul" at 2580 Elkhorn Boulevard Rio Linda , CA 95673. Filed with the Clerk of Sacramento County June 6, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. VALLEY 160613 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04758 Lani Calagui, 9069 New Classic Court Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Elite Elderly Carehome" at 8510 Stoneflower Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County June 9, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. ELITE 160609 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04789 LL Realty Services Inc., 5921 Landis Avenue # 6 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sterling Property Services" at 4800 Manzanita Avenue Suite A-5 Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 10, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. STERLING 160613 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04465 Sky Antonio Legrand, 857 Olive Canyon Drive, Galt CA 95632 is doing business under the Fictitious Business Name(s) "Candle Isle" at 857 Olive Canyon Drive, Galt CA 95632. Filed with the Clerk of Sacramento County May 31, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. CANDLE 160608 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04788 Dwell Real Estate Partners Inc., 2358 Maritime Drive # 110 Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Dwell TC" 2358 Maritime Drive # 110 Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 10, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. DWELLTC 160610 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04677 Sean Patrick Hennessy, 5248 15TH Street Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Shamrock Home Repair" at 5248 15TH Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County June 7, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. SHAMROCK 160613 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04243 Kelley Butcher, 254 Poppy Hollow Court Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Pinnacle Project Management" at 254 Poppy Hollow Court Folsom, CA 95630. Filed with the Clerk of Sacramento County May 20, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. PPM 160609 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04466 XEBEC Management Services Inc., 2377 Gold Meadow Way Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Business Central" at 2377 Gold Meadow Way Gold River, CA 95670. Filed with the Clerk of Sacramento County May 31, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. CENTRAL 160608 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04281 Mary I. Powell, 4121 Greenview Drive El Dorado Hills, CA 95762-7606 and James M. Powell, 4121 Greenview Drive El Dorado Hills, CA 95762-7606 are doing business under the Fictitious Business Name(s) "Bidwell Apartments" at 1617 17TH Street Sacramento, CA 95811. Filed with the Clerk of Sacramento County May 24, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. BIDWELL 160609 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04288 Mary I. Powell, 4121 Greenview Drive El Dorado Hills, CA 95762-7606 and James M. Powell, 4121 Greenview Drive El Dorado Hills, CA 95762-7606 are doing business under the Fictitious Business Name(s) "La Maison Apartments" at 2316 N Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 24, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. LAMAISON 160609 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04502 Duane Edward Eye, 2017 McGregor Drive Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bud's Engraving Service" 2017 McGregor Drive Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 1, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. ENGRAVING 160608 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04507 Woodrow W. Poynter, 13851 Jackson Road Sloughhouse, CA 95883 and Sharon D. Poynter 13851 Jackson Road Sloughhouse, CA 95883 are doing business under the Fictitious Business Name(s) "Haulin' Autos" 13851 Jackson Road Sloughhouse, CA 95883. Filed with the Clerk of Sacramento County June 1, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. HAULIN 160607 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04561 Lisa Marie Nicodemus, 6101 Ebonywood Court Citrus Heights, CA 95621 and Paul Brett Nicodemus 6101 Ebonywood Court Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Sacramento Laces Baseball Club" at 6101 Ebonywood Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 3, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. SLB 160608 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04235 Soon Youn, 2595 Millcreek Drive# 16 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Dry Clean Today" at 1589 W.El Camino Avenue # 107. Filed with the Clerk of Sacramento County May 20, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. DRYCLEAN 160605 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04681 Lisa Dora, 8433 Shawntel Way Antelope, CA 95843 and Jabari Abdur Dora 8433 Shawntel Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Enlightened D-Lights" at 8433 Shawntel Way Antelope, CA 95843. Filed with the Clerk of Sacramento County June 7, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. DLIGHT 160608 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04497 Heavenly Cookies and More, LLC, 3558 Maddiewood Circle Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Heavenly Cookies and More, LLC" at 3558 Maddiewood Circle Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 01, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. POWER 160606 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04553 Xiang Huang, 7904 Iona Way Sacramento, CA 95828 and Tammy UU, 6645 Rancho Pico Way Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Canton Cafe" at 6175 Stockton Boulevard Suite 270 Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 3, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. CANTON 160603 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04541 Wing Chung, 5631 Bellevue Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "T&B Handymen" at 5631 Bellevue Avenue Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 2, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. T&B 160605 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04593 Huy H. Nguyen, 6563 Sunnyside Way Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Deja vu Nails & Spa" at 2709 El Camino Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 3, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. T&B 160607 07-08-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04440 Jessica Paige Chaffield, 5631 Fairvale Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "C Space, Hair, Skin, ART" at 519 12TH Street # 2 Sacramento, CA 95814. Filed with the Clerk of Sacramento County May 27, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. CSFACE 160620 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04972 Elk Grove Kingz Semi Pro Football, Cheer Team LLC, 3900 43RD Avenue # 2 Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Elk Grove Kingz Semi Pro Football, Cheer Team LLC" at 3900 43RD Avenue # 2 Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 16, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. KINGZ 160617 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04971 Sacramento Underdogs Semi Pro Football, Cheer, Dance Team LLC, 6391 Bonham Circle Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sacramento Underdogs Semi Pro Football, Cheer, Dance Team LLC" at 6391 Bonham Circle Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 16, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. UNDERDOGS 160617 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05019 Sacramento Wildcats Semi Pro Football Team LLC, 3900 43RD Avenue # 2 Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Sacramento Wildcats Semi Pro Football Team LLC" at 3900 43RD Avenue # 2 Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 17, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. WILDCATS 160617 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05018 Jennifer Lynn Savage, 7326 La Tour Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "J Ravensong Productions" at 7326 La Tour Drive Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 17, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. RAVENSONG 160618 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04449 Dean Vicars, 6216 Belva Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Dean's Lawn Service" at 6216 Belva Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 31, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. DEANS 160612 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04686 Kenneth W Christian, PH.D. Psychological Corporation, 2230 J Street # 5 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Impact Performance" at 2230 J Street # 5 Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 7, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. IMPACT 160617 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04974 Ronald Deason, 870 McTucker Road Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Deason Propane" at 232 S. Lincoln Way Suite 100 Galt, CA 95632. Filed with the Clerk of Sacramento County June 16, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. PROPANE 160617 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04402 Silicon Valley Recovery, Inc, 9701 Fair Oaks Boulevard 2ND Floor Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Find John Doe" at 9701 Fair Oaks Boulevard Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 26, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. JOHNDOE 160616 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04283 Ricky Mejia, 8028 Haldeman Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Hospital Coding and Staffing Support" at 8028 Haldeman Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 24, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. HCSS 160620 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04793 Strobells Pizza LLC, 7548 Circuit Drive Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sacramento Laces Baseball Club" at 6101 Ebonywood Court Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 3, 2016. Publish: June 17, June 24, July 1, and July 8, 2106. STROBELLIS 160610 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04870 Michele Huddleston, 1729 Haggin Grove Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Marie Croft Antiques" at 1721 Eastern Avenue # 20 Sacramento, CA 95664. Filed with the Clerk of Sacramento County June 14, 2016. Publish: June 24, July 1, and July 15, 2016. ANTIQUES 160615 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04866 Brenna DeBartolo, 2920 Cottage Way # 7-2 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Forest Souls" at 2920 Cottage Way # 7-2 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 14, 2016. Publish: June 24, July 1, and July 15, 2016. FOREST 160615 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04586 John A. Campos, 5800 Fair Oaks Boulevard # 34 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "New Millennium Inquisitions" at 5800 Fair Oaks Boulevard # 34 Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 3, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. NMI 160614 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04874 PsychNP Consultants Inc., 1267 Willis Street Suite 200 Redding, CA 96001 is doing business under the Fictitious Business Name(s) "Diamond House Detox" at 8624 Diamond Oak Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County June 14, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. DETOX 160614 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04833 Christina Dawn Holt, 2 Dempster Court Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "What A Relief" at 2 Dempster Court Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 13, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. RELIEF 160614 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04486 Ruben Sanchez, 240 Fairbanks Avenue Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Taqueria Sanchez" at 2885 Norwood Avenue Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 31, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. TAQUERIA 160614 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04761 The Maverick Wine Co. Inc, 6611 Folsom Auburn Road Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Maverick Wine Co. INC" at 6611 Folsom Auburn Road C1 Folsom, CA 95630. Filed with the Clerk of Sacramento County June 9, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. MAVWINE 160614 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04660 Benjamin Lee Rue, 8521 Windford Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "California Test Only Center" at 6305 Watt Avenue Suite 104 North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 7, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. CTOC 160618 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04374 James Hicks, 2919 Baronet Way Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Delta Messaging" at 2919 Baronet Way Sacramento, CA 95833. Filed with the Clerk of Sacramento County May 25, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. DELTA 160621 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04918 Kevin Ulaner, 6543 Meadowcreek Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Cryoglyphic Interactive" at 6543 Meadowcreek Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 15, 2016. Publish: June 24, July 1, July 8, and July 15, 2016. CRYO 160615 07-15-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04809 Jaco, LLC, 1623 Central Avenue Suite #145 Cheyenne, WY 82001 is doing business under the Fictitious Business Name(s) "Jaco Veterinary Services" at 1623 Central Avenue Suite #145 Cheyenne, WY 82001. Filed with the Clerk of Sacramento County June 13, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. JACQUE 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05071 Epiphany IT Solutions INC, 6239 Main Avenue C9 Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Epiphany IT Solutions INC, Epiphany Marketing Solutions" at 6239 Main Avenue C9 Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. EPIPHANY 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04747 Charles Howard, 5050 Roseville Road E-7 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "A-1 Grease Trap Cleaning/Pumping" at 5050 Roseville Road E-7 North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 9, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. A1 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04924 Paul Kent Ganley, 142 Elkins Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Frame Rats Productions" at 142 Elkins Circle Folsom, CA 95630. Filed with the Clerk of Sacramento County June 15, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. FRAME 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05232 Allan D. and Margarita M. Brandt, 6901 Lyonla Way Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "ABMICRO" at 6901 Lyonla Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. ABMICRO 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04702 Danielle Yeti, 2605 17th Street Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Wedding Music Sacramento" at 4847 Q Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County June 8, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. WEDDING 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05241 Roman Smolevskiy, 7756 Antelope Road # 84 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "A+ Construction Pro" at 7795 Antelope Road #84 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. A+ 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05231 Morgan Elizabeth-Serzynski Cameron, 5768 La Venta Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Enlightened Beauty" at 621 Capitol Mall Suite 5 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. ENLIGHTENED 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05000 Modern Build Construction Inc, 2220 Burberry Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Modern Roofing Supplies Factory Group, MRSF Group" at 2220 Burberry Way Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 17, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. MODERN 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05190 Sajad Shakoor, 1030 S. Hutchins Street 4-115 Lodi, CA 95240 and Massoud Rustakhi, 3400 Beacon Avenue #340 Freemont, CA 94538 are doing business under the Fictitious Business Name(s) "Falafel Corner" at 3670 N. Freeway Boulevard #B Sacramento, CA 95834. Filed with the Clerk of Sacramento County June 23, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. FALAFEL 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04667 Chad Lenzi, 14143 River Road Walnut Grove, CA 95690 and Shannon Hartman, 14115 River Road Walnut Grove, CA 95690 are doing business under the Fictitious Business Name(s) "Atomic Hear" at 14143 River Road Walnut Grove, CA 95690. Filed with the Clerk of Sacramento County June 7, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. ATOMIC 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04671 California Family Health, LLC, 8680 Greenback Lane #108 Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Family Fitness, California Family Fitness Center, California Family Health" at 8680 Greenback Lane # 108 Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 7, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. CALIFORNIA 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05175 Karen D. Hirsch, 5245 I Street Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Back in the Day Vintage Goods" at 5245 I Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County June 22, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. BACK 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05034 Michelle Markwart Deveaux, 11955 Country Garden Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "faithkulturekiss Studio" at 11955 Country Garden Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. FAITH 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05171 Irma Araiza, 1008 Hampton Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "My Paradise Mexican Restaurant, Taqueria & Market" at 2330 Arden Way Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 22, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. IRMA 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05079 Carla Lin, 200 Bicentennial Circle Apt# 254 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Touch of Love" at 200 Bicentennial Circle Apt # 254 Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. TOUCH 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05086 Tracy Ching, 59 Hidden Lake Circle Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "A Sharp" at 59 Hidden Lake Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 20, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. ASHARP 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05120 Nancy Teixeira Jensen, 4134 Golden Pond Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "NTJ Transaction Coordinating" at 4134 Golden Pond Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 21, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. NTJ 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-04612 Neil Soo Hoo, 32 Moss Glen Circle Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Suite 14, SooHooStyle, Neil Soo Hoo Stylist" at 2580 Fair Oaks Suite 14 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 6, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. SOOHOO 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05238 Sean Salfom, 431 Hopkins Road Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "NextHome Capital City Group" at 1111 H Street Suite 202 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. NEXTHOME 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05239 Home Boom Inc, 530 La Sierra Drive Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Calstatalender.com, Cal State Lender, Sunnise Vista Mortgage" at 1111 H Street Suite 202 Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 24, 2016. Publish: July 1, July 8, July 15, and July 22, 2016. CAL 160623 07-22-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05381 Shelley Lynn Gregory, 3080 Spencers Road Camino, CA 95709 is doing business under the Fictitious Business Name(s) "SL Gregory Public Adjusters" at 101 Parkshore Drive #100 Folsom, CA 95630. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016. SL 160630 7-29-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05307 David Brown and Marie Young Cain, 6391 Bonham Circle Citrus Heights, CA 95810 is doing business under the Fictitious Business Name(s) "Sacramento Wildcats AAA Football Team, Sacramento Wildcats Recreational Football Team" at 6391 Bonham Circle Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 28, 2016. Publish: July 8, 15, 22, and 29, 2016. SACRAMENTO 160630 7-29-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05365 Steve Adams, 2501 Hury Way #101 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Cards & Bookstore" at 1601 Fulton Avenue Suite #11 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016. CARDS 160630 7-29-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05379 Saber Knott, 7632 23rd Street Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "Black Ops Legal, Black Ops" at 3815 Marconi Avenue Suite 212 Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 30, 2016. Publish: July 8, 15, 22, and 29, 2016. BLACK 160630 7-29-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05114 Monica Kirkland, 3685 Elkhorn Boulevard #163 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "MK Enterprise, Moni- Mental" at 25 Cadillac Drive #205 Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 21, 2016. Publish: July 8, 15, 22, and 29, 2016. MK 160630 7-29-16

**FICTITIOUS BUSINESS NAME STATEMENT**  
 FBNF2016-05088 S & S Real Estate Inc, 5006 Sunrise Boulevard #100 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Weichert Realtors- Galster Group, Galster Group, Galster Real Estate Group, The Galster Group, SWG Real Estate Exchange" at 5006 Sunrise Boulevard #100 Fair Oaks, CA 95628. Filed with the Clerk of

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# Gas Stations Begin Showing Drivers Hidden Gas Tax

## After Legislature Rejects Transparency, Gas Stations Begin Voluntarily Disclosing

**SACRAMENTO REGION, CA (MPG)** - The California Independent Oil Marketers Association announced that they would begin to voluntarily disclose the costs of the state's Cap and Trade program on a gallon of gas, rebuking the legislature's failure to provide transparency for California drivers. After the legislature refused to disclose the costs Cap and Trade places on a gallon of gas in California, gas stations throughout the state will display custom-made notices that inform drivers that gasoline and diesel prices include a hidden gas tax of about 10 cents to comply with the program's requirements.

"Californians are paying collectively \$2 billion per year in higher gas prices because of the Cap and Trade Program according to well-founded and publically-available estimates,"

said Jay McKeeman of CIOMA, a trade organization for gasoline retailers and wholesalers. "We want to be transparent with our customers about the components of the price they are paying. That's why we are fulfilling this responsibility for our members and the general public."

In 2015, California became the first state in the country to require gasoline and diesel fuel suppliers to pay into Cap and Trade Program which has now generated billions of dollars in revenue for the state. Unlike other taxes and fees, there is currently no disclosure of these added costs.

"When government is collecting a tax worth billions of dollars, it has a fundamental duty to disclose it to consumers," said Assemblyman Tom Lackey (R-Palmdale). "While the Legislature may not value

transparency, I am thankful gas station owners are willing to provide it absent a state mandate to do so."

"Especially with the summer driving season upon us, taxpayers deserve to have complete transparency regarding how much they pay at the pump," said David Wolfe, Legislative Director for Howard Jarvis Taxpayers Association. "We appreciate the private sector industry solution to a problem that government failed to address."

Assemblyman Lackey and CIOMA brought forward Assembly Bill 2066 earlier this year. After passing its first committee with strong support, the bill was quietly killed without a vote.

Source: The office of Tom Lackey, State Assembly

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The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the payment period is 5.00%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Proper insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

## WIDOWED PERSONS ASSOCIATION OF CALIFORNIA



The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

**OFFICE HOURS 10:00am - 3:00pm**  
**Monday - Friday (916) 972-9722**

**Sunday Support - Any and all widows or widowers are invited.**  
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In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18

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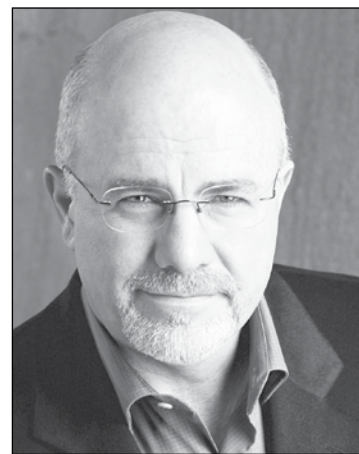
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# Dave Says

incomes, is around \$52,000. I would challenge you to think about and work toward what you could be doing at age 60 that will make you that much or even more.

You're probably working really hard for that \$38,000. In your fifties, if you're starting over — or if you start making a lot more — we call that an "encore career." So I want you to start thinking fresh again. Don't quit today, but you're going to be making \$38,000 eight years from now unless you start aiming at something else.

All this is as much an answer to your retirement fears as trying to leapfrog and start doing retirement without an emergency fund. Put your emergency fund in place over the next 12 months, and start doing some goal setting and thinking. Maybe you'd like to own a trade show or events company by that time.

Ask yourself, "What would I do if I could do anything?" Because you know what? You can do anything!

—Dave

## Generosity or overspending?

Dear Dave, I've heard you talk about the importance of giving using the phrase "outrageous generosity." But at what point does outrageous generosity become foolish overspending?

—Josiah

Dear Josiah, This is a good question. Your first mandate is to take care of your own household.

The Bible says if you don't do this, you're worse than an unbeliever. So start with your own family. Are you able to take care of the basic lifestyle and needs of your family? The pursuit of giving shouldn't interrupt the food on your own family's table.

The Bible also says in the house of the wise there are stores of choice food and oil, but a foolish man devours all he has. You need to be saving, too, in order to be biblically wise. If you spend everything you make, or, for that matter, if you gave away everything you make on an ongoing basis, it would be foolish.

There are individual times where people may be called to give in an extreme way, but I'm talking about a pattern of living or way of life over an extended period of time. If you just say you're going to give away your whole income and let the government support you at the expense of your family, that's not biblical. And it's not a wise way to live your life.

—Dave

*Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: Financial Peace, More Than Enough, The Total Money Makeover, Entrepreneurship and Smart Money Smart Kids. The Dave Ramsey Show is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.*

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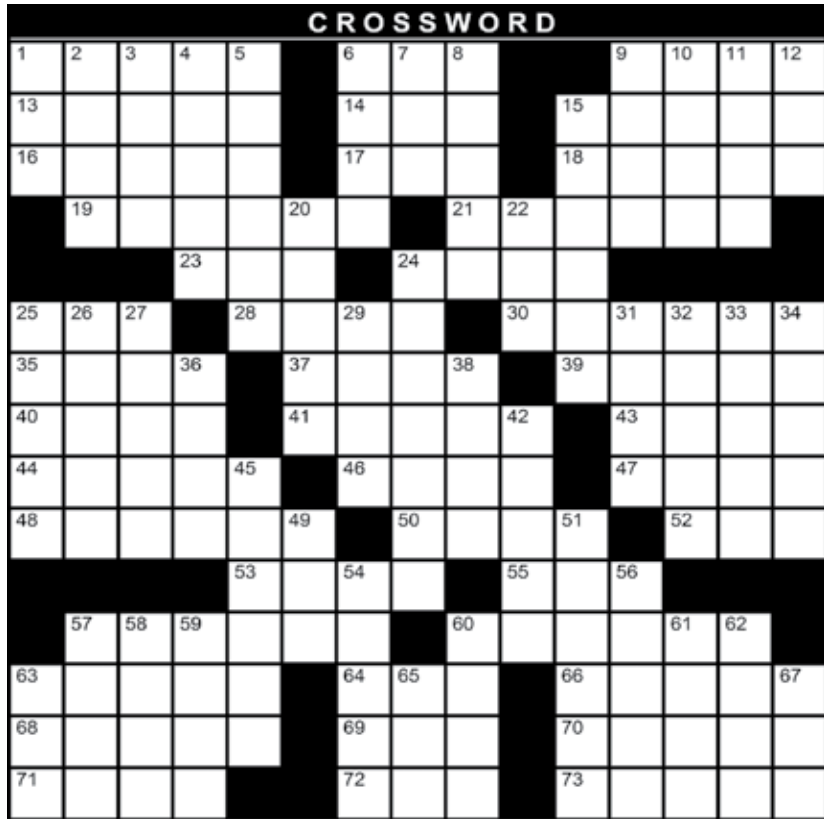
### CLUES

- ACROSS**
- Like an old chip
  - Military hospitals
  - Whip strike
  - Fruit-peeling device
  - Part of circle
  - Type of duck
  - \*James Bond's James St. John Smythe, e.g.
  - \*Type of race in Cusack's "Better Off Dead"
  - Closes in on
  - \*Daniel LaRusso's martial art
  - \*Marty McFly's destination
  - Utmost degree
  - Not final or absolute
  - Gourmet mushroom
  - Domesticated ox
  - \*Type of bomb in "Fat Man and Little Boy"
  - Like dental surgery
  - U, on the road
  - Phil Collins' "\_\_\_ Be in My Heart"
  - Alliance acronym
  - Misbehave
  - Guilty, e.g.
  - Consumed
  - Spiral-horned antelope
  - Bit of slander
  - \*"Missing in Action" star Chuck
  - Count on
  - Query
  - Departed
  - Tree fluid
  - \*Prince's "\_\_\_ Rain"
  - \*He had an epic day off
  - Cone shaped dwelling
  - Time period
  - \*Johnny 5 of "Short Circuit"
  - Like yesterday's meal?
  - Opposite of don'ts
  - Sheep-like
  - Get the picture

- Thus far
- Chunk of iceberg?

### DOWN

- Resting place
- Spill the beans
- Div's delivery
- "Live and \_\_\_"
- Cheap substitution
- Bud holder
- \*One of Indiana Jones' quests
- \*"The Terminator" genre
- In \_\_\_ of
- Month before Nisan
- Withered
- Store posting, for short
- Something that exists
- Sorority letter
- "This land is your land..."
- Take under one's wing
- \*Vengeful barbarian
- Inspiration for poets and musicians
- \_\_\_ families



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Crossword Puzzle Solutions on Page 6

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	1	7	2				5
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Solutions on Page 6

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### ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00195882

WHEREAS, Marco M. McCullough has filed a petition with this court for a decree changing the name(s) of Marco M. McCullough to Marco M. Rashid.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on Sept 13, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 14, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 24, July 1, July 8, and July 15, 2016  
MCCULLOUGH 160620 07-15-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196083

WHEREAS, Kristin Marie Merold has filed a petition with this court for a decree changing the name(s) of Kristin Marie Merold to Kristin Ideson Merold.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on Sept 22, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 17, 2016  
David I. Brown, Judge of the Superior Court  
Publish: June 24, July 1, July 8, and July 15, 2016  
MEROLD 160615 07-15-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196291

WHEREAS, Julie Hanson has filed a petition with this court for a decree changing the name(s) of Julie Ann Hanson to Julie Ann Leporiere.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on Sept 27, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 22, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
HANSON 160621 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00195671

WHEREAS, Claudia Aguiar Conlan on behalf of Taylor Gabrielle Aguiar Conlan a minor has filed a petition with this court for a decree changing the name(s) of Taylor Gabrielle Aguiar Conlan to Taylor Gabrielle Aguiar-Conlan.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 8, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 09, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
CONLAN 160614 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196391

WHEREAS, Shah Dhruval Kumar has filed a petition with this court for a decree changing the name(s) of Shah Dhruval Kumar to Dhruval Shah.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 29, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 24, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
KUMAR 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196408

WHEREAS, Azam Amy Shahmirzadi has filed a petition with this court for a decree changing the name(s) of Azam Amy Shahmirzadi to Shahzad Shahmirzadi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 30, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 24, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
SHAHMIRZADI 160615 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196070

WHEREAS, Semilla R. Mueller on behalf of Zoe Katherine Gomez, a minor has filed a petition with this court for a decree changing the name(s) of Zoe Katherine Gomez to Zoe Katherine Mueller.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 20, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 17, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
GOMEZ 160620 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00195677

WHEREAS, Randy Patrick Glazner has filed a petition with this court for a decree changing the name(s) of Randy Patrick Glazner to Randy Crudo Patrick.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 08, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 09, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
GLAZNER 160615 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196317

WHEREAS, FNU Karwan & FNU Rishma have filed a petition with this court for a decree changing the name(s) of FNU Karwan to Karwan Takar, FNU Rishma to Rishma Takar, and FNU Wesal to Wesal Takar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 26, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 21, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
TAKAR 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196294

WHEREAS, Yeleena Maria De Leal has filed a petition with this court for a decree changing the name(s) of Izayah Jayden Cardenas to Izayah Jayden De Leal.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 27, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 22, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
CARDENAS 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196282

WHEREAS, Michael Nathaniel Smith has filed a petition with this court for a decree changing the name(s) of Michael Nathaniel Smith to Nate Smith.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 27, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 22, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
SMITH 160615 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196297

WHEREAS, Sayed Wasi and FNU Mahera have filed a petition with this court for a decree changing the name(s) of Sayed Wasi to Sayed Wasi Haidari, FNU Mahera to Mahera Haidari, FNU Fatima to Fatima Haidari, Sayed Hosain to Hosain Sayed Haidari, FNU Zahra to Zahra Haidari, and Sayed Ali to Ali Sayed Haidari.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 27, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 22, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 1, July 8, July 15, and July 22, 2016  
HAIDARI 160608 07-22-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196637

WHEREAS, Alexandra Eleanor Hanlon has filed a petition with this court for a decree changing the name(s) of Alexandra Eleanor Hanlon to Alexandra Eleanor Leedie.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 5, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 27, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
HANLON 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196647

WHEREAS, Cindy Lee Sogioan has filed a petition with this court for a decree changing the name(s) of Cindy Lee Sogioan to Cindy Lee Winter, Kayra Analiese Sogioan to Kayra Analiese Winter, and Scarlett Rose Sogioan to Scarlett Rose Winter.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 6, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 29, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
WINTER 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196603

WHEREAS, Sergio Arellano and Izuel Castro on behalf of Ian Dominic Arellano a minor has filed a petition with this court for a decree changing the name(s) of Ian Dominic Arellano to Erik James Arellano.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 20, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 15, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
ARELLANO 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196609

WHEREAS, Sangita Kumar has filed a petition with this court for a decree changing the name(s) of Dipshya Dipshya Kumar to Sonia Kumar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 5, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 28, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
KUMAR 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196590

WHEREAS, Li A Mattheyney and Kevin L Swartzendruber, on behalf of Sydney Ann Swartzendruber, a minor has filed a petition with this court for a decree changing the name(s) of Sydney Ann Swartzendruber to Skylar Ann Mattheyney.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 3, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 28, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
MATTHENEY 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196654

WHEREAS, James Earl Bell and Karen May Saechao has filed a petition with this court for a decree changing the name(s) of Jazleen May Bell-Coleman to Jazleen May Bell, Kiyah Kay Coleman to Kiyah Kay Bell, and James Kao Coleman to James Kao Bell.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 6, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 29, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
BELL 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196659

WHEREAS, FNU Khyber has filed a petition with this court for a decree changing the name(s) of FNU Khyber to Khyber Safi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 6, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 29, 2016  
David I. Brown, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
SAFI 160630 07-29-16

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2016-00196752

WHEREAS, Neko Kim Yoo, has filed a petition with this court for a decree changing the name(s) of Neko Kim Yoo to Neko Yunkyoung Kim.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 12, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 1, 2016  
Raymond M. Cadei, Judge of the Superior Court  
Publish: July 8, 15, 22, and 29, 2016  
KIM 160630 07-29-16

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Publish: July 1, 8, and 15th, 2016  
RUTHERFORD 16061 7-15-16



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Concert Schedule Subject to Change

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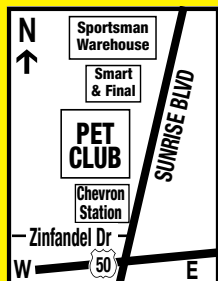
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**\$1.59** CT PLU 365

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**BONUS COUPON**

**9 LIVES CANNED CAT FOOD**

5.5 Oz All Varieties  
Limit 12 Cans With Coupon  
Limit One Coupon Per Family  
Price Valid Only With Coupon  
Effective 7/6/16 - 7/12/16

**33¢** CT PLU 364

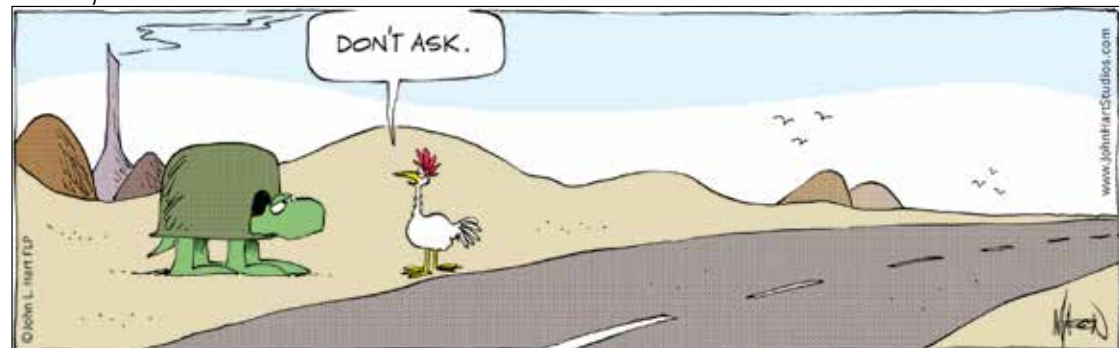
**Wizard of Id** by Parker, Mastroianni & Hart



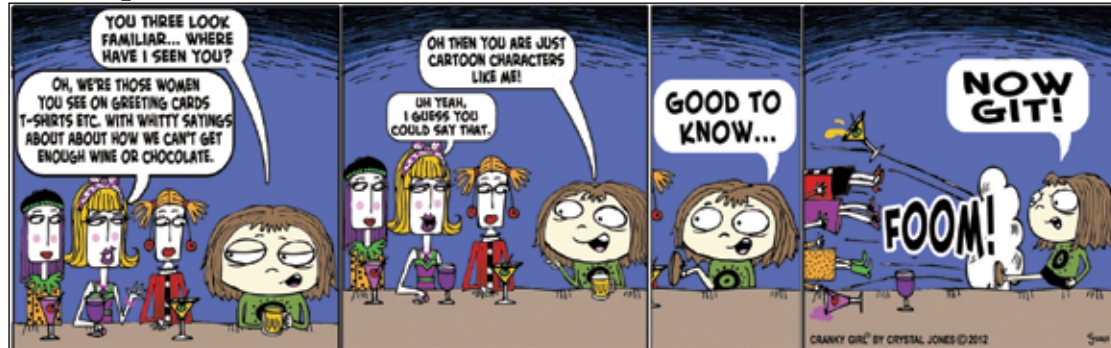
**Hole Molé** by Rick Hotten



**BC** by Mastroianni & Hart



**Cranky Girl** by Crystal Jones



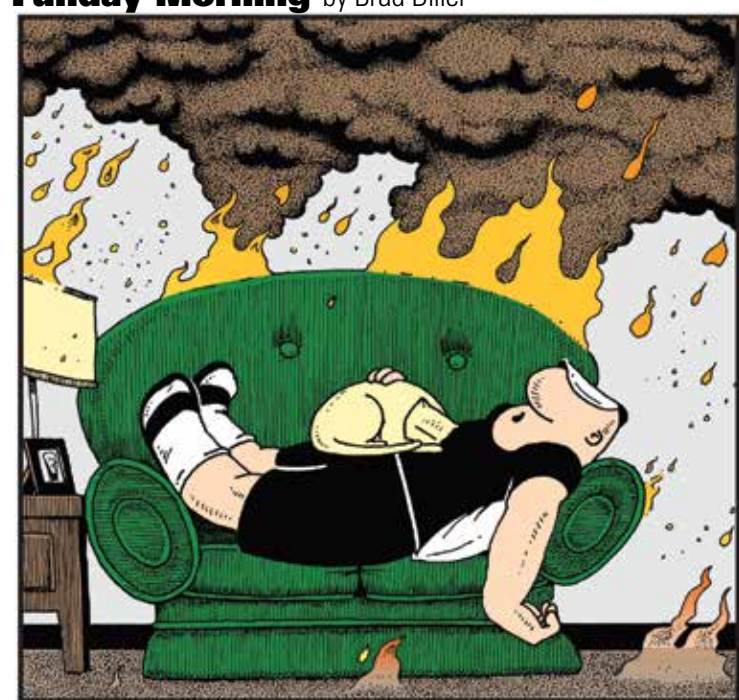
**Frank and Steinway** by Wil Panganiban



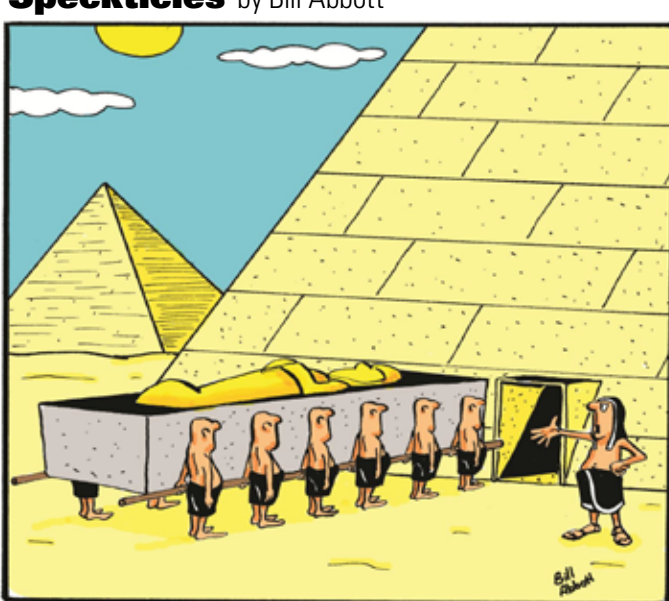
**Tundra** by Chad Carpenter



**Funday Morning** by Brad Diller



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# Politics Makes Deadly Bedfellows in Latest 'Purge'



By David Dickstein

Let's be honest here. If the U.S. government gave me a day when I could commit any crime with complete amnesty, I wouldn't spend it getting revenge on a store owner who ticked me off or going on a wild joy ride with young ladies strapped to the hood of my car. And I certainly wouldn't round up a bunch of buddies and decapitate homeless people with a guillotine. But maybe that's just me.

Clearly, there are those types of people in the sadistic mind of writer-director James DeMonaco, who now has three "Purge" movies under his blood-stained belt. No. 3, "The Purge: Election Year," is the best of the lot if you're looking for a tad less gore and a lot more socio-political commentary. Shooting of the sci-fi horror film started long before America decided who will represent the two major parties in the next presidential election, but it's probably not completely coincidental that DeMonaco's latest, set in near-future Washington, D.C., suggests a bleeding heart liberal white woman running for commander in chief as the movie's protagonist and a white, right-wing bible thumper as the villain.

She, Sen. Charlie Roan (Elizabeth Mitchell) is running on an anti-Purge platform, citing that the government-sanctioned day of mayhem is nothing but a heinous method of ridding those citizens who are a burden on society (read: the poor, homeless, mentally ill, disabled, etcetera). He, Minister Edwidge Owens (Kyle Secor), is staunchly pro-Purge and for all the reasons his opponent is claiming. Like today, the

United States in 2025 is a country divided, and it all could come down to just a single swing state that shifts power from the ruling NFFA (the New Founding Fathers of America) to the party of the people – a melting pot that is probably stronger than it would be after 25 of these overnight rituals allowed under the 28th Amendment of the U.S. Constitution. But let's not let logic get in the way – the plots of these "Purge" movies have more holes than a Sacramento roadway – and best that the viewer moves beyond such reasonable questions as, "Why doesn't everyone who wants to keep living just go abroad every March 21-22?"

people in the movie. Then there's Joe (Mykelti Williamson), a saintly black convenience store owner and positive father figure to a Hispanic immigrant employee (Joseph Julian Soria) and reformed bad girl Laney (Betty Gabriel), black like most of the radicals plotting to overthrow the Klan-like NFFA. As for the other races, maybe they were smart enough to leave the country. But, again, better to check your logic at the door.

As for the gore, it's tempered compared to "Anarchy" and the one that started it all in 2013. But a Disney movie this ain't. Many people die, and die horribly. Many times they're people you want dead, and the film doesn't



"The Purge: Election Year," is the best of the lot if you're looking for a tad less gore and a lot more socio-political commentary.

The right wing, if we're going with today's system of classifying political and ideological positions, is depicted as one-dimensional anarchy-happy white supremacists. The left is the party of the people, and that's the side on which most of the movie's cast belongs. Leo (Frank Grillo) is hellbent on revenge due to events in the previous installment, "The Purge: Anarchy" (2014). Now he's on secret service detail protecting Sen. Roan, a Purge survivor herself. Between the two, they represent the only "good" white

wait until the end for audiences to get their payoff. Let that be a lesson for an especially hateful pair of young ladies who try to go all "Clockwork Orange" on old Joe.

Clearly, there will be a fourth. The first two grossed more than 10 times their budget, shoe-strings each of \$3 million and \$9 million, respectively, and there's no reason to believe the \$10 million third won't perform just as well, if not better in what, God willing, will be a much more civilized election year for us in the real world. **4 of 5 Stars ★**



Make It Fun and It Will Get Done!

The Secret to Being Organized

## Pam Young's Corner

### Maternity Awards? Could There be Such a Thing?

It's graduation time again, and it got me to thinking about it, which lead me to the idea of celebrating. I looked up the definition of celebration and it said: *a joyful occasion for special festivities to mark some happy event*

When we're young, because we're growing and changing, there's cause to celebrate those achievements of going from grade school through high school and college, as well as celebrating the holidays and birthdays.

If we work at a job, there's usually the annual awards banquet giving out Employee of the Year statues and BO (Born Organized) achievement pins and certificates. I know because as a keynote speaker, I've sat through hours of achievement awards presentations. But what about us moms? Yeah we might get a Hallmark card once in a while, but there's no annual awards banquet for Mom or Dad.

We see a great deal of joy watching winners of the Academy Awards, AFI, Golden Globe and the Peoples Awards for the entertainment industry. Then there are the sports awards, the Gold Medals, Super Bowl Rings, the World Cup and a bunch of other plates, statues and jackets that give out kudos

to athletes. As a writer it's fun to get on the New York Times best seller list, but it'd be so nice, as a mom, to get some tangible recognition for, well, being a good mom.

Many years ago, I dated a colonel in the US Army and on one date he took me to a big deal awards banquet in Portland where four of the Joint Chiefs of Staff attended. I've never seen so many medals and ribbons on pockets in my entire life! My friend said the officers call it "fruit salad." I went home that night and thought about all the fruit hanging off those people. Now I don't want to in any way put down the military for giving out their awards, I just find it very interesting that we humans need recognition that way. I thought, "We should have Maternity Awards."

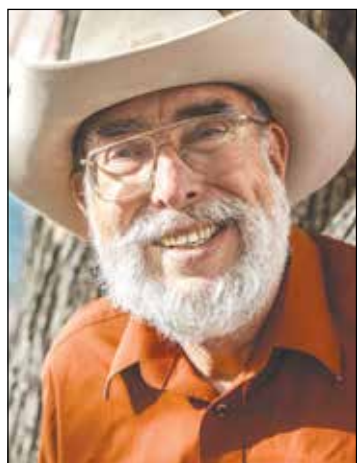
Say you've breastfed three children, there should be a pin (maybe a cow or a milk can) you could wear on the pocket or your mother "uniform" denoting how many gallons you produced over your lifetime. If you had a C-Section, there could be a Purple C pin. There should be medals, pins and ribbons for episiotomies, yeast infections, PMS, and ones for teaching a child to walk, talk, drive, eat with good manners etc. In other words, we should

be able to look like those military officers when we go where parents gather like at church and at school and be recognized for our valor.

I know it's not going to happen. First of all we're too busy on the front lines 24-7 to design uniforms, and who'd give out the awards? The kids? Nah. But there is something we can do. We can enjoy our calling in as many moments out of each day that we can. We can be grateful for our work, our kids and our husbands and cherish and celebrate every evening when we come together under the blessed roof of our homes. And when we take the valuable time to be alone each day we can give ourselves credit for the service we provide. When we love who we are we don't need awards, medals, ribbons and pins to show the world what we've accomplished, we just need to keep remembering what a contribution we make to our world.

For more from Pam Young go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, ways to lose weight and get your finances in order, all from a reformed SLOB's point of view. ★

## Slim Randles' HOME COUNTRY



### Mrs. Forrest's Unstoppable Feeding Compulsion

of a certain age know if they should just happen to be chatting with Mrs. Forrest on her front lawn along about supper time, there's a dang-near dead certainty they'll get a meal out of it.

And, through the magic of telepathic communication and the synchronistic wave lengths of humanity, the message about Mrs. Forrest's unstoppable feeding compulsion had somehow reached the psyches of the homeless.

At any rate, two of the aforementioned drifters had knocked on Mrs. Forrest's door and asked if there were any chores she needed done in exchange for some food. Well, you should've seen her eyes light up at that question. She said she had a bunch of firewood that needed to be split into kindling and if they didn't mind doing that, she'd fix them a chicken dinner with cream gravy. Mrs. Forrest puts

cream gravy on everything.

So she busied herself in the kitchen, and then went out to see how these fellows were doing. And there, leaning on an axe handle, was one of them, and the other was doing gymnastics in and around the woodpile. It was amazing. He'd come out of a round-off flip flop and then gracefully go into a full layout Sukuvara with a right-hand twist. She watched in awe for a few minutes before whispering to this gymnast's partner.

"I had no idea your friend was an acrobat," she whispered.

He looked at her and whispered back, "Neither did I 'til I cracked him on the shin with this axe."

The Home Country radio show is in national syndication and will be coming soon to a station near you! New, from Syndication Networks. ★

Mrs. Forrest has always been a compulsive feeder. Before she retired, she was cooking for the Mule Barn truck stop's customers, and is singularly responsible for about three flabby tons of avoirdupois on this nation's truck drivers, and may have been marginally responsible, third-hand, for a cardiac event or two.

But now she's retired, and a widow, and her kids all have kids and are scattered like a covey of quail. Local bachelors

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### Classic Blended Burger

Prep time: 15 minutes  
Cook time: 10-15 minutes  
Servings: 4

- 1/2 pound cremini or white button mushrooms
- 3 tablespoons olive oil, divided
- 1 pound ground beef
- 1 teaspoon salt
- 4 buns

Finely dice mushrooms or gently pulse in food processor.  
In skillet, warm 2 tablespoons olive oil on medium-high heat and add mushrooms, sauteing 5-7 minutes, or until golden brown. Remove from heat and cool 5 minutes.  
Transfer cooled mushrooms to medium bowl. Add ground beef and salt, mixing until combined. Make 4 patties. Add remaining olive oil to pan and cook burger patties on medium-high heat until desired doneness. Plate and add desired toppings to bun.  
**Topping recommendations:** feta cheese, romesco sauce, sweet peppers and sauteed red onions.



# THE PERFECT BLEND

Blenditarian substitutions make dinnertime delicious

#### FAMILY FEATURES

Finding the right daily nutritional balance is no easy feat. Managing sugar, carbohydrate, fat and red meat intake takes serious effort and planning, but transforming your favorite recipes into more nutritious family meals may be easier than you realize.

Adopting the blenditarian lifestyle is a simple solution to healthier eating. It involves, simply, blending mushrooms into meat to make every day dishes more healthful and delicious. Adding chopped mushrooms to ground beef at a ratio of at least 25 percent mushrooms can enhance the taste of dishes, deliver an extra serving of vegetables and beneficial nutrients, and trim total calories and fat intake.

Any mushroom variety will work. Creminis and portabellas lend rich, earthy flavors to any meal, while white button mushrooms offer a more delicate taste. For the more adventurous eaters, maitake and shiitake varieties bring a bold woody taste and meaty texture to the plate.

The key to blending is developing the perfect mushroom consistency. For example, if using ground meat for tacos or burgers, chop mushrooms to mimic the familiar crumbled texture, using a knife and cutting board, food processor or vegetable chopper. For stews, halve or quarter mushrooms, or slice them to match strips of meat in fajitas or stir-fry.

Practice your blending technique with these recipes and find more deliciously blended dishes to share with your family at MushroomInfo.com.



### Mushroom Tacos with Salsa Verde

Prep time: 10 minutes  
Cook time: 12-15 minutes  
Servings: 8

- Tacos**
- 1/4 pound 85-percent lean ground beef
  - salt and pepper, to taste
  - 3/4 pound white button mushrooms
  - 3/4 pound cremini mushrooms
  - 4 tablespoons olive oil, divided
  - 2 cups julienned sweet onions
  - 1 tablespoon minced garlic
  - 4 tablespoons ground chili pepper
  - lime juice, to taste
  - 1 cup shredded green cabbage
  - 2 tablespoons chopped cilantro
  - 8 corn tortillas
  - 4 tablespoons Avocado Salsa Verde (recipe below)
  - 4 tablespoons Cotija cheese, grated

- Avocado Salsa Verde**
- 1 large, ripe avocado, peeled, pitted and cut into 1/2-inch dice
  - 1/3 cup diced tomato
  - 2 tablespoons finely chopped onion
  - 1/2 teaspoon seeded and minced serrano chili
  - 1/2 teaspoon minced garlic
  - 1 tablespoon lemon or lime juice
  - 2 tablespoons chopped cilantro
  - 1/4 teaspoon sugar

Heat saute pan over medium-high heat. Add ground beef; season with salt and pepper. Saute 3-5 minutes, or until golden brown.

Chop mushrooms to size and texture of ground beef and saute in separate pan with 2 tablespoons olive oil 3-5 minutes. Combine mushrooms and meat and set aside.

Heat pan used for ground beef over medium-high heat. Add remaining olive oil and onions; saute until golden brown. Add garlic and cook until fragrant. Add mushroom and beef mixture and chili pepper. Saute 2-3 minutes, stirring frequently. Adjust seasoning with salt, pepper and lime juice.

Toss shredded cabbage with salt, pepper, lime juice and cilantro.

To make Avocado Salsa Verde, combine all salsa ingredients and refrigerate at least 1 hour.

To serve, place 2 tablespoons shredded cabbage on tortilla and top with 2 tablespoons of mushroom and beef mixture. Top with 1 tablespoon Avocado Salsa Verde and sprinkle with Cotija cheese.

### Blended Chili and Macaroni

Prep time: 10 minutes  
Cook time: 25 minutes  
Servings: 8

- 1/2 pound mushrooms
- 1 pound lean ground beef
- 1 package chili seasoning
- 1 can beef broth
- 1 can (15.5 ounces) kidney beans, rinsed
- 1 can (6 ounces) tomato paste
- 1 cup medium salsa
- 2 cups elbow macaroni, uncooked
- shredded cheese
- sour cream
- cilantro

In food processor with metal blade, pulse mushrooms until finely chopped.

In large saucepan, brown meat and mushrooms with chili seasoning.

In another saucepan, mix broth, kidney beans, tomato paste, salsa and macaroni.

Bring mixture to boil and cover. Simmer on low 15 minutes, stirring occasionally. When noodles are al dente, stir in browned meat and mushrooms.

Serve topped with cheese, sour cream and cilantro.



### Asian Lettuce Wraps

Prep time: 15 minutes  
Cook time: 15 minutes  
Servings: 4

- 1 head Boston lettuce
- 1/2 cup shredded carrots
- 1/4 cup chopped cashews (optional)

In food processor with metal blade, pulse mushrooms, onion, garlic and ginger until finely chopped. Add ground beef; pulse until combined.

In large, nonstick skillet, heat oil over medium-high heat. Add mushroom mixture, thyme, oregano, mustard, garlic and dried onion. Cook, stirring often, 10 minutes, or until browned.

Stir in red pepper, hoisin sauce, soy sauce and vinegar. Simmer 5 minutes; remove from heat.

Serve in Boston lettuce leaves garnished with shredded carrots and chopped cashews.

- 8 ounces fresh mushrooms
- 1 onion, chopped
- 4 cloves garlic
- 1 tablespoon minced ginger
- 1/2 pound lean ground beef
- 1 tablespoon canola oil
- 1/2 teaspoon dried thyme leaves
- 1/2 teaspoon dried oregano leaves
- 1/2 teaspoon ground mustard
- 1/4 teaspoon dried minced garlic
- 1/4 teaspoon dried minced onion
- 1 red pepper, finely chopped
- 2 tablespoons hoisin sauce
- 1 tablespoon soy sauce
- 1 tablespoon rice wine vinegar

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Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

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## Eskaton Village Carmichael Spring Home Tours

If you are ready for more freedom, but want more than month-to-month rental ... If you want spacious apartment or cottage living and the assurance of staying in your community should your health needs change ... If you want luxury, comfort and service in a gated retirement community at a price that's more affordable than you might think ... Come to a Home Tour at Eskaton Village Carmichael. Call for dates. Lunch is on us. Reserve your spot today.

Take in our beautiful 37-acre campus and imagine your life with so many exciting opportunities right outside your door.

Your community. Your life. **Your choice.**

*Pick up the phone or go online for more!*

[eskaton.org](http://eskaton.org)

**Eskaton Village Carmichael**  
 Continuing Care Community (CCRC):  
 Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing  
 916-967-1017

