

'State of the Air' Report **Shows Progress in Greater Sacramento Region** 

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**Shall We** Cha-Cha-Cha?

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# Carmichael Times

Volume 36 • Issue 18

Serving Carmichael and Sacramento County since 1981

April 29, 2016

#### COMING OF AGE **DURING THE HOLOCAUST: A DAY** OF REMEMBRANCE



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## **COPS AND**



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#### **FATAL DISTRACTIONS** (TO YOUR GOOD INTENTIONS)



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## Carmichael Man Adds Humor to Reading for the Blind



Walt Farl worked in radio for 10 years after visiting a radio station at age 8 that was 25 miles from his hometown in Minnesota. Photo courtesy Kristin Thébaud

Carmichael has a growing audience of people with low vision who listen to him read grocery store ads on Society for the Blind's Access News program. Yes, gro-

"People are eternally grateful for what Access News readers do, but what can you do with grocery ads? I have a little fun with it and take a little bit of license," Farl said. "Food can take you back to people, places or things that you've known because families come together over the table. It draws your memories back from day one."

The former radio personality began volunteering with Society for the Blind's Access News program in fall 2010 to keep up his voiceover talents. He now reads grocery store ads four hours a week through Access News, which gives local people with low or no vision the chance to hear audio recordings of newspapers,

CARMICHAEL, CA (MPG) - Walt Farl of magazines, newsletters, and print media, as well as local ads from grocery, drug, discount, and department stores, 24 hours a day.

> Despite offering readings for local magazines such as Comstock's and Sactown, as well as national media such as People and Newsweek, Access News' radio ads with Farl are some of the most popular

"Most of the ads I read revolve around stories," Farl noted. "I saw a Raley's ad for bologna and remembered how much I liked bologna and ketchup sandwiches as a kid. Food brings you back to family; Thanksgivings when aunts and uncles would come over or backyard barbecues with friends. Everybody has a story to tell and you never run out of them."

Farl worked in radio for 10 years after visiting a radio station at age 8 that was 25 miles from his hometown in Minnesota. To this day, he can still remember the

Sometimes it's irreverent, and at the end of the day, listeners may not remember the price of spare ribs, but I hope they had a good time.

> **WALT FARL** PROFESSOR OF POLITICAL SCIENCE

microphone and the room that seemed so

"Growing up in the 1950s and 1960s, Continued on page 4

### The Power of **Music Closes Generation Gap**

River City Chorale's Spring Concert to Feature Two Young Singers

SACRAMENTO REGION, CA (MPG)

- The younger generation cannot imagine a world without social media, while those of us over a certain age may not be fluent with anything beyond email, but there is one thing that we all understand: the power of music.



Shelby Pierce, alto soloist. Shelby has been singing since she was about four years old. She enjoys many genres of music, but her heart belongs to Broadway. Photo courtesy River City Chorale

While styles may be different, it is still possible to span the years separating younger and older singers with beautiful choral music. Come hear it for yourself, when the Madrigal Choir of Del Campo High School, conducted by Pam Mitchell, joins with the long established River City Chorale in its Spring Concert, April 29th and May 1st.

The program with also feature two teenage soloists: Shelby Pierce, alto, and Colin Regan, baritone. Shelby has been singing since she was about 4-years-old. She enjoys many genres of music, but her heart belongs to Broadway. Her goal is to go to a performing arts school and major in music. Shelby is a junior at Del Campo High School. Colin sings with the Waldorf High School Choir at the George Washington Carver School of Arts and Sciences. He plays Continued on page 4

## Redeeming Goods and People

Carmichael's Only Non-Profit Thrift Store Celebrates Second Anniversary

CARMICHAEL, CA (MPG) - Paul Hobson, a burly 43-year-old former football player, manages the ATLAS Thrift Shop on Fair Oaks Boulevard, which is celebrating its second anniversary.

As a non-profit, the store finances efforts in Carmichael to help needy people turn their lives around by "Attaining Truth, Love and Self-Control." ATLAS and the store are both about redemption — like Paul's own life.

Four years ago, Paul was one of the scores of homeless people drifting along the Carmichael's streets

and hanging out in its parks. He slept on the stairs at a local church that sometimes gave him food. When the church asked him to leave, the woman who would become his wife let him live in her apartment until he threw a TV remote at her in a fit of anger, breaking her nose. The domestic vio-

lence arrest that came the next day began another sorry chapter in a Paul's 20-year downward spiral of drug and alcohol addiction. Beginning at age 18, he had walked in and out of several recovery programs. He always relapsed. Nothing could compete with drugs.

His addiction began when he was about to begin classes at American River College. He had turned out for football practice there and worked a graveyard shift as a security guard to pay his way. To keep alert, Paul started using methamphetamines, known on the street as "meth," "crank," or "speed."

"I was staying up nights, using crank," he said in a recent interview. "I never made it through the second football practice, and never started classes. I got



hooked on crank. You get Paul and wife, Cheryl Hobson. ATLAS refers people to local and county services and trains this great feeling. You're volunteers to mentor homeless people, abused women, addicts, and others whose lives are continued on page 10 out of control. It also networks with churches and other groups to build community. Photo courtesy ATLAS Thrift Shop

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## Cops and Relics

## New Museum Records Legacy of Law

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG)

- Sacramento's first Sheriff, Joseph McKinney, was elected at 21 years old and shot dead a few months later. The year was 1850.

Lore of Sacramento law evokes the county's unruly past. Before a jail was built, bad guys were tied to trees or held in dirt pits.

"There is no forgetting that our department started in the Gold Rush," said veteran employee Sharon Telles. "Thousands of men were walking to the gold-fields every day. There were riots and shootings. Sacramento was the wildest of Wild West towns."

The historian revels in department tidbits: early sheriffs, she notes, resided in the jail house. 1920s Sheriff Ellis Jones banged a pole on his bedroom ceiling when prisoners got rowdy above. Because his daughter took meals to miscreants, he dubbed his lass Sacramento's first female deputy.

Telles shows ancient jail meal trays, soldered with lead. "I never heard that anyone died from it," she pondered. Until the 1960s, deputies created their own uniforms from Army surplus oddments. The first official female deputies were kitted in pencil skirts, high heels, and nylons. "They carried their guns in shoulder purses," she laughed. "Imagine asking a bad guy to



Old Folger Adam cell keys accessorize a 1915 prisoners' register book



Visiting exhibits, retired Lieutenants Harry Machen and Gil Magness suffer a short spell in the museum slammer.

wait while you got your gun out."

And if Sacramento jail walls could talk, infamy would be recounted. President Ford's attacker Squeaky Fromme, Unabomber Ted Kaczynski, bank robber Patty Hearst's accomplices, and serial murderer Dorothea Puente all cooled captive heels in the downtown slammer.

Telles served seven sheriffs and has established a museum to verify 165 years of local law history. In a former classroom at the Sacramento Sheriff's Academy, she displays artifacts to remind new recruits how tough their predecessors were. "Law enforcement is a calling," she declared. "I'm in awe of what it takes to get up every morning and do this job. If modern cops think they've got it bad,

imagine what it was like to sweat in wool gabardine in patrol cars with no air conditioning; without computers, and with little radio contact. These were the men and women that built this organization."

Museum exhibits bare her out. There are mothballed uniforms, clunky car radios, and a one-way glass used for vintage lineups. There are shackles, sap sticks, and gothic-looking cell keys. A recreation of Sheriff Duane Lowe's 1970s office includes his massive mahogany desk, his cowboy boots, and portraits of the steed Lowe rode at President Ronald Reagan's inauguration. A framed snap shows Lowe and Gerald Ford, hours before the president's near-assassination. Sheriff Don Cox is immortalized by gun belt and election posters.

A 1950s picture shows him with movie star buddy Roy Rogers. Central to displays is a cell, complete with bars taken from the ancient Sacramento jail house, demolished in 1980. "Most of today's recruits have never seen a cell block," said Telles.

Current Sheriff Scott Jones was among her museum's first visitors ."This will introduce new recruits to the culture of the department," he approved. "I tell them the department is like a stream. They jump in and they're our future. But they need to know that there was a significant upstream, and about the people who got us to where we are."

Telles is part of that upstream. During the long career that promoted her from PBX telephone operator to sheriff's secretary and communications officer, she



Sheriff Ellis Jones and his posse were armed to the teeth to combat a 1927 Folsom Prison riot.

envied other cities' police museums and lobbied for a similar local set up. "When they demolished the old brick jail, we lost most of our historical documents," she lamented. "Precious artifacts were just thrown away that's men for you."

The historian began gathering relics in her final years with the department. Word of her quest spread. Families and retiring officers donated copabilia. Exhibition space did not materialize until after Telles' retirement. While working on Sheriff Scott Jones' election, she extracted promises from the campaigner.

"I hounded him," she admited. "Some time after his election, his undersheriff, Rick Book, showed me a 40-ft classroom at the academy. He asked if it would do."

For the next two years, the tireless grandmother finessed design and display. Remodeling funds came from a benevolent foundation established by the wife of Bruce Verhoeven, a corporal killed during a 1973 robbery call.

"It's hard to tell the story of 160 years in 40 feet," conceded the curator. "We'll change exhibits regularly." Telles hopes veteran cops will help with docent duty. She also hopes more exhibits will materialize from retiring officers or police widows. "It's time to go through your garage," she urges them. "I know there's more treasure out there."

The museum's greatest

treasure is nevertheless its founder, who witnessed seven sheriffs' administrations upclose and personal. Undaunted by their legends, she recalled the county's top cops. "I started under Sheriff John Misterly," she said. "He was intimidating at first. But I soon learned how much he cared about the staff he called 'his girls.'

"Sheriff Duane Lowe rode in on a horse in 1971. He whipped the department into the 20th Century. Robbie Waters and I were at school together; he was a life-long friend, then he became sheriff. It was surreal. Sheriff Glen Craig was a true leader and my mentor; he gave women in the department a voice. Lou Blanas was our Mr. Personality; as sheriff, he was everybody's buddy."

She recalls Sheriff John McGinness with motherly fondness. "He began his calling as an Explorer Scout," she said. "He worked his way to the top job. He's a cop's cop, with a mind like a steel trap. His brain should be bequeathed to science."

Current Sheriff Scott Jones earns her final accolade: "He kept his word and made my dream come true," she smiled. "We now have our museum."

The Sheriff's Department museum will be dedicated in early 2016. Though designed for department staff and families, outside groups may visit by appointment. For information, call (916) 876-7497. ★



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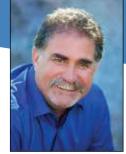
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—Karen Sandoval



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Carmichael Times . 3 April 29, 2016

### Coming of Age During the Holocaust: A Day of Remembrance

By Elise Spleiss

#### SACRAMENTO REGION, CA (MPG)

- Holocaust Remembrance Day is May 5th, 2016. On Sunday, May 1st, 2016 the Sacramento region will have an opportunity to learn about the experiences of two Holocaust survivors during World War II. This is a highly educational event and children and teens are encouraged to attend with their families.

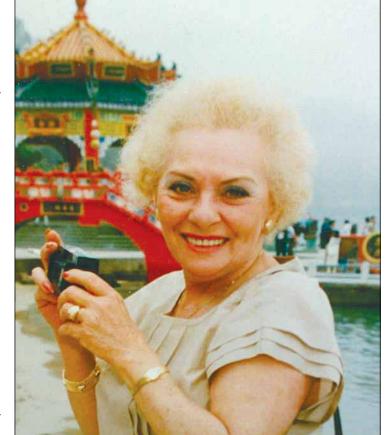
The theme for this year's Sacramento Yom HaShoah (Day of Remembrance) Commemoration is: "The Holocaust: Coming of Age during the Holocaust."

The stories of survivors Gina Parker and Rita Rimalower-Nettler will be told by their daughters, Tamara Theodore and Michele Gold. Both survivors were 15-years-old when their stories began.

Theodore will tell her mother, Gina Parker's story in public for the first time. From the age of 15 to 22, Parker survived five labor concentration camps from 1939 to 1945, three in Poland and two in Germany. She also suffered through but survived two "death marches." She was finally freed from the second march by Russian troops on



A young Gina Parker. From the age of 15 to 22, Parker survived five labor concentration camps from 1939 to 1945, three in Poland and two in Germany. Photo courtesy of



Tamara Theodore is keeping her mother's memory alive, and will tell Gina Parker's story in public for the first time, a story that began when her mother was only 15-years-old. Photo courtesy of Tamara Theodore

April 23rd, 1945 at the age of 22. She weighed 65 pounds and was wearing only a prison dress, a high heel shoe and a boot. The march began with 10,000 prisoners but only 20 had survived from her group.

In 2007 Parker visited the classroom of Janet Smith, a teacher at Lincoln High School. Her talk was readily received by the students. Theodore will have thank you notes from these students at her talk. Gina Parker died on February 19th, 2013 of COPD, a pulmonary disease, related to enforced testing done on her by doctors during her incarceration.

Theodore said that she often felt guilty when she asked her mother about her experiences. Even though those memories made her physically ill Parker maintained, "I will go to the grave with the pain I have and the loss I have. But I don't have any bitterness towards the Germans. They were duped."

Michele Gold is an educator at the Los Angeles Museum of the Holocaust and author of "Memories that Won't Go Away: A Tribute to the Children of the Kindertransport." Gold's mother was Rita Rimalower-Nettler who was 15-years-old when became one of 10,000 Jewish refugee children brought from Germany to Great Britain from 1938 to 1940 on the Kindertransport. She arrived in England on March 3rd, 1939 and was taken in and raised by

a loving family. Gold uses the more than 40 post cards discovered in her mother's belongings following her death in 2008 to tell her story. The cards which had been written to her aunt and uncle in Switzerland tell the of Rita's attempts to discover what had happened to her parents.

This special event will include a candlelight procession at 6:15 p.m., a poetry reading and recognition of the student winners of the "Tribute to the Rescuers" essay contest. The international contest, sponsored by the Institute for Holocaust Education, asks contestants to recognize an historical individual or group who showed moral courage with a tie into the

The commemoration is Sunday, May 1st from 6:30 to 8 p.m. at Mosaic Law Congregation, 2300 Sierra Boulevard, Sacramento. For more information: (916) 488-

### **Shall We Cha-Cha-Cha?**



A free public dance will celebrate Cinco de Mayo at Mission Oaks Community Center, May 5. Picture courtesy John Skinner Band

Story by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - In the tradition of recent Valentines and St Patrick's theme events, a Cinco de Mayo dance party will bring out the Latin in Mission Oaks Community Center hoofers.

The free fiesta marks the Mexican day of celebration at Mission Oaks Community Center on Thursday, May 5th. Complimentary refreshments will accompany the dance. Music — ranging from Latin beats to American swing favorites and rock 'n roll — will be supplied by the John Skinner Band. Downbeat is at 1:15 p.m. County Supervisor Senora Susan Peters is event sponsor.

Any one may attend and festive attire is encouraged. For information, visit www.morpd.com or call (916) 972-0336.

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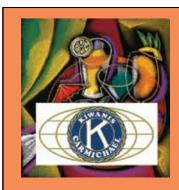
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#### Carmichael Man Adds Humor to Reading for the Blind

Continued from page 1

there was always a radio on," Farl remembered. "We would listen to radio for baseball games."

When Farl was a teenager, his dad purchased a radio station to make sure there was still a small, local station in the suburbs of Minneapolis. That's where Farl spent the first five years of his radio career before heading to Jackson, Wyoming, and discovering the FM frequency that was considered underground radio in the 1960s.

Eventually he ended up in the oil business and then in the mortgage industry, but never lost his love for

radio. Since 2010, his volunteer work with Society for the Blind has kept him involved in the radio industry.

"I should probably pay Society for the Blind for what I'm able to get away with," Farl said laughing. "Sometimes it's irreverent, and at the end of the day, listeners may not remember the price of spare ribs, but I hope they had a good

For 60 years, Society for the Blind in Sacramento has created innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Society

for the Blind has grown from a dedicated group of volunteers that included the Lions Clubs of America to a nationally recognized agency and the only rehabilitative teaching center for a 26-county region of northern California.

The nonprofit provides low-

vision eye care, life and job skills

training, mentorship, and access

to tools to maintain independence for 6,000 youth, adults, and seniors experiencing vision loss each year. For more information or to make a donation, visit www.societyforth-

eblind.org. Source: Kristin Thébaud

**Communications** 

### The Power of Music Closes Generation Gap

Continued from page 1

a number of musical instruments and is an award-winning tap dancer and Irish Dancer. Colin is also a writer, and his greatest dream is to write film scores for movies.

The River City Chorale has, in the last year, launched a Young Artists Program, the goal of which is to provide young singers with the opportunity to perform for audiences beyond their high school friends and family, as well as to have the opportunity to sing with an established adult group with professional accompaniment. They trust that it will be a joyful and productive meeting of music lovers across the generations!

The River City Chorale is the longest existing community choir in the greater Sacramento area; it is entering its 40th year

at convenient venues. Fifty-five voices strong, the Chorale is well known for offering eclectic programs of both secular and sacred music that appeal to a very wide audience. Conducted by the talented Richard Morrissey and accompanied by the highly skilled Theresa Keene, there will surely be something for everyone to enjoy.

The Friday, April 29th concert will be held at Northminster Presbyterian Church, 3235 Pope Avenue, Sacramento, starting at 7:30 pm. On Sunday, May 1st, the venue is the First Baptist Church of Fair Oaks, 4401 San Juan Avenue, starting at 4 p.m. Tickets are \$15 in advance; \$20 at the door. Tickets for children under 12 are \$5. Parking is free. Go to www. RiverCityChorale.org or call (916) 331-5810.

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### Sacramento County **DA Reports**

Defendants Convicted of Multiple Human Trafficking Related Charges

Father Convicted for First-Degree Murder of Wife, Two Sons

CASE: Quoc Pham & Amro Farhat **PROSECUTOR:** Deputy District Attorney Sonia Satchell, Human Trafficking Unit

Twenty-eight-year-old Quoc Pham allegation. was convicted by jury of human trafficking, pimping a minor, and pandering a minor. Twenty-eight-year-old Amro Farhat was convicted of pimping a minor, pandering a minor, two counts of oral copulation of a minor, child pornography, and unlawful sexual intercourse with a victim more than three years younger.

The 16-year-old victim was a runaway from Contra Costa County. She came to Sacramento with a friend. who introduced her to Pham. Pham forced her to work as a prostitute on the stroll. He then took her to meet his friend, Farhat. Farhat took pictures of the victim and posted a prostitution advertisement on a website. Farhat also booked a room at the Travelodge so the victim could do dates. The victim was able to call her mom, who contacted law enforcement.

Pham faces a maximum potential sentence of 14 years, 8 months in prison. Faraht faces a maximum potential sentence of 8 years in prison. Sentencing is set for May 26, 2016, at 4:00 p.m. in Department 14 before the tial sentence of 150 years to life in Honorable Donald Currier.

CASE: Kouei Saetern

**PROSECUTOR:** Deputy District Attorney Thien Ho, Homicide Unit Fifty-three-year-old Kouei Saetern

was convicted by jury of three counts of first-degree murder. The jury also found true a gun use and a multiple murder special circumstance

On November 8, 2010, Saetern got into an argument with his wife, Chio Chong Saechao, and began beating her. Saetern's adult sons, Jerry Wang Saetern and Vern Cheo Saetern, held him on the ground to stop the beating. After the sons released him, Saetern retrieved a Russian SKS rifle, loaded it and shot his wife and his two sons, killing all three. Saetern also shot at his 12-year-old daughter, but missed as she ran out of the house with her 6-year-old sister and cousin. Saetern tried to flee the scene, but responding deputies apprehended him in his garage with the murder weapon.

Saetern was previously found incompetent to stand trial and sent to Napa Mental State Hospital on two different occasions. After several years at Napa, Saetern was returned to Sacramento and found competent to stand trial. After the jury found Saetern guilty, the court found Saetern was legally sane at the time of the murders.

Saetern faces a maximum potenprison, plus life without the possibility of parole. Sentencing is set for May 20, 2016, at 10:00 a.m. in Department 41 before the Honorable Helena Gweon.

### FAIR OAKS CEMETERY

## 18th ANNUAL MEMORIAL DAY EVENT

SATURDAY, MAY 28TH, 2016 @ 10:00AM



### Honoring Pearl Harbor Survivors

The Eighteenth Annual Memorial Day and Avenue of Flags Ceremony will be held Saturday, May 28, at the Fair Oaks Cemetery, located at 7780 Olive Street, Fair Oaks. The formal ceremonies start at 10am. This year's theme is to honor the "Survivors of the Attack on Pearl Harbor", and with special emphasis on our Pearl Harbor Veterans.

The Fair Oaks Cemetery will be decorated with hundreds of flags lining its roadways as 'The Avenue of Flags." We will also be adding more names to the Veterans Memorial Wall.

The laying of the wreath at the memorial in honor of over seventeen hundred veterans who are buried in the cemetery, will be done by VFW Post 6158 and American Legion Post 383.

The musical program will consist of Pipers, a Drummer and Recored Music by a local disc jockey. Refreshments will be served at the conclusion of the ceremony by the Orangevale/Fair Oaks Grange & Fair Oaks Historical Society.

Sacramento

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Crossword Puzzle on Page 8

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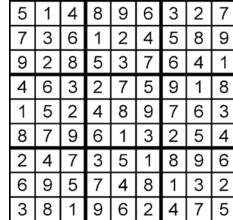
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FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02244

Jon Gavin Fish, 9005 Plum Blossom Court Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "CFG Twojays" at 9005 Plum Blossom Court Orangevale, CA 95662. Filed with the Clerk of Sacramento County March 18, 2016. Publish: April 8, 15, 22, and 29, 2016 04-29-16 160317 CFG

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02390 Carrie Lee, 6438 Channing Drive North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Phatman Lawn Service" at 6438 Channing Drive North Highlands, CA 95660. Filed with the Clerk of Sacramento County March 23, 2016. Publish: April 8, 15, 22, and 29, 2016

PHATMAN 160317 FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02361 Prem S. Basuta, 9400 Barrell

Racer Court Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "Florin Cigarette Market" at 2314 Florin Road Sacramento, CA 95822. Filed with the Clerk of Sacramento County March 23, 2016. Publish: April 8, 15, 22, and 29, 2016 FLORIN 04-29-16 160317

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02490 Safiulla Khan, 8533 McGray Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Dedicated Trucking Services" at 8533 McGray Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County March 28, 2016. Publish: April 8, 15, 22, and 29, 2016 DEDICATED 04-29-16 160317

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02221 Arlene and John Gorman. 2428 Masoni Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Century Carpet Tile & Window Cleaning" at 2428 Masoni Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 18, 2016. Publish: April 8, 15, 22, and 29, 2016 160317

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02479 Vic Martinez Construction Inc, 11937 Arno Road Wilton, CA 95693 is doing business under the Fictitious Business Name(s) "VM Construction" at 11937 Arno Road Wilton, CA 95693. Filed with the Clerk of Sacramento County March 28, 2016. Publish: April 8, 15, 22, and 29, 2016 04-29-16 160317

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02498 Bonnie Rasmussen, 9187 East Laguna Way Elk Grove, CA 95758 and Marilia Smith, 9572 De La Rosa Place Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Master Staging and Design" at 9572 De la Rosa Place Elk Grove, CA 95758. Filed with the Clerk of Sacramento County March 29, 2016. Publish: April 8, 15, 22, and 29, 2016

FICTITIOUS BUSINESS NAME STATEMENT Dubai Pearl LLC, 3033 FBNF2016-02319 Hurley Way Suite 101 Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Dubai Pearl" at 3033 Hurley Way Suite 101 Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 21, 2016.

Publish: April 8, 15, 22, and 29, 2016

160317

04-29-16

MASTER

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02256 Christopher Stewart 3601 Los Alamos Way Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "CKS Marine" at11383 Pyrites Way Suite B Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 18, 2016.

Publish: April 8, 15, 22, and 29, 2016 CKS 160317 04-29-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02437 My Retainer LLC, 1435 Alhambra Boulevard Suite 206 Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Harris Orthodontic Lab" at 1435 Alhambra Boulevard Suite 206 Sacramento, CA 95816. Filed with the Clerk of Sacramento County March 25, 2016. Publish: April 8, 15, 22, and 29, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02403 Sandra M. Stewardson 2180 Mendocino Drive Bay Point, CA 94565 and Lorenzo Mauldin III, 2430 Fair Oaks Boulevard #50 Sacramento, CA 95825 are doing business

160317

under the Fictitious Business Name(s) "The Limousine Experience" at 2430 Fair Oaks Boulevard #50 Sacramento, CA 95825. Filed with the Clerk of Sacramento County March 24, 2016. Publish: April 8, 15, 22, and 29, 2016

LIMOUSINE 04-29-16 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2016-02623 Linda J. Trettin, Ph.D, 250 McAdoo Drive #314 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Folsom Neuropsychology" at 1665 Creekside Drive Suite 106 Folsom, CA 95630. Filed with the Clerk of Sacramento County April 1, 2016. Publish: April 8, 15, 22, and 29, 2016

160401

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-01366 Kelley Tallman, 5530 Norway Drive Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Crown Upholstery" at 6220 Main Avenue Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 22, 2016. Publish: April 8, 15, 22, and 29, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02641 Dara Jamine Delgado, 2425 Bianca Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Dara Delgado Home Loans" at 101 Parkshore Drive Suite 100 Folsom, CA 95630. Filed with the Clerk of Sacramento County April 4, 2016. Publish: April 15, 22, 29 and May 6, 2016

DARA 160406 05-06-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02662 John Campos, 6113 Birdcage Street #41 Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "New Millennium Inquisitions" at 6113 Birdcage Street #41 Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 4, 2016. Publish: April 15, 22, 29 and May 6, 2016

160405

FICTITIOUS BUSINESS NAME STATEMENT Rita M. Stafford, 12410 FBNF2016-02703 Canyonlands Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Painting With Rita" at 12410 Canyonlands Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County April 5, 2016. Publish: April 15, 22, 29 and May 6, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02679 Oscar Ortiz, 2051 West La Loma Apt #7 Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Cielo Unidos" at 2829 Plover Street #200 Sacramento, CA 95815. Filed with the Clerk of Sacramento County April 5, 2016. Publish: April 15, 22, 29 and May 6, 2016 CIFI O 160406 05-06-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02659 The Jags Solanki Memorial Fund For Ovarian Cancer, 8532 Spring Azure Way. Elk Grove. CA 95624 is doing business under the Fictitious Business Name(s) "The Jags Solanki Memorial Fund For Ovarian Cancer" at 8532 Spring Azure Way, Elk Grove, Ca 95624, Filed with the Clerk of Sacramento County April 4, 2016. Publish: April 15, 22, 29 and May 6, 2016

JAGS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02748 Fort Rock Brewing, LLC 105 Powderly Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Fort Rock Brewing" at 12401 Folsom Boulevard, Suite 110, Rancho Cordova, CA 95742 . Filed with the Clerk of Sacramento County April 6, 2016. Publish: April 15, 22, 29 and May 6, 2016 160407 05-06-16 FORTROCK

160406

05-06-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02651 Tim Denna, 325 ½ 14th Street Sacramento, CA 95814 and Jacob Smith, 2131 Red Robin Lane, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Viper Clean Professional Pressure Washing" at 2131 Red Robin Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 4, 2016. Publish: April 15, 22, 29 and May 6, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02574 Richard Anderson, 7511 Fairway Two Avenue, #G, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eye-On Promotions" at 11121 Sun Center Drive, Suite L, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 1, 2016. Publish: April 15, 22, 29 and May 6, 2016 160407 05-06-16 EYE-ON

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02268 Mohammad Aslam, 4066 Taylor Street, Apt #84, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Sam's Signs and Window Painting" at 4066 Taylor Street Apt #84, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 21, 2016. Publish: April 15, 22, 29 and May 6, 2016 SAM'S 160407 05-06-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02757 April Ann Graham, 4400 Antelope Road #17. Antelope. CA 95843, is doing business under the Fictitious Business Name(s) "Angelina's Events, Events with April" at 4400 Antelope Road #17. Antelope. CA 95843. Filed with the Clerk of Sacramento County April 7, 2016. Publish: April 15, 22, 29 and May 6, 2016 ANGELINA'S 160407 05-06-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02439 Sacramento Advisors, LLC, 5523 Camellia Avenue, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Sacramento Advisors, LLC" at 5523 Camellia Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County March 25, 2016. Publish: April 15, 22, 29 and May 6, 2016 SACRAMENTO 160405

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02824 Kevin Ulaner, 6543 Meadowcreek Way, Citrus Heights, CA 95621 and Jacob Montgomery, 700 Bogue Road #102 Yuba City, CA 95991 are doing business under the Fictitious Business Name(s) "Cryoglyphic Interactive" at 6543 Meadowcreek Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 8, 2016. Publish: April 15, 22, 29 and May 6, 2016

CRYOGLYPHIC FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02850 Armin Ghaeini. 7335 Huntington Square Lane Apt #96, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Winn Day" at 7335 Huntington Square Lane Apt #96, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County April 8, 2016. Publish: April 15, 22, 29 and May 6, 2016

05-06-16 WINN 160408 FICTITIOUS BUSINESS NAME STATEMENT

Armando Flores FBNF2016-02864 5639 Markos Court, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Salon 701" at 1860 Howe Avenue. Suite 70 Sacramento, CA 95825. Filed with the Clerk of Sacramento County April 11, 2016. Publish: April 15, 22, 29 and May 6, 2016 SALON701 160411 05-06-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02902 Yaroslav Terletskyv, 7500 Greenback Lane Citrus Heights CA 95610 is doing business under the Fictitious Business Name(s) "Mobilux" at 5015 Madison Avenue Suite A Sacramento, CA 95841 Filed with the Clerk of Sacramento County April 11, 2016. Publish: April 22, 29, May 6, and May 13, 2106 MOBILUX 05-13-16 160411

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02895 Eric Asai, 6601 Grant Avenue Carmichael, CA 95608 and Meghan Wright, 6601 Grant Avenue Carmichael, CA 95608 business under the Fictitious Business Name(s) "Figs and Feathers Farm" at 6601 Grant Avenue Carmichael, CA 95608 Filed with the Clerk of Sacramento County April 11, 2016. Publish: April 22, 29, May 6, and May 13, 2016 160411 05-13-16 FIGS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02665 Joanna Brotnei, 7900 Bellingrath Drive Elverta, CA 95626, is doing business under the Fictitious Business Name(s) "Harmony Home Care" at 7900 Bellingrath Drive Elverta, CA 95626. Filed with the Clerk of Sacramento County April 4, 2016. Publish: April, 22, 29, May 6 and May 13, 2016 HARMONY 160411 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02153 Yvette Noelani Kamakawiwoole,181 Penhow Circle Sacramento, CA 95834, and Yvonne Kay Lopez 181 Penhow Circle Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Petals Boutique of Sacramento" at 181 Penhow Circle, Sacramento, CA 95834. Filed with the Clerk of Sacramento County March 16, 2016. Publish: April 22, 29, May 6, and May 13, 2016 PETALS 160412 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT Johathan F. Harris, 3466 FBNF2016-02767 Data Drive #423 Ranch Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Optimal Neurofeedback, NC Neurocenter" at 1900 Point West Way Suite 144 Sacramento, CA 95815. Filed with the Clerk of Sacramento County April 7, 2016. Publish: April 22, 29, May 6 and May 13, 2016 OPTIMAL 160418

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02958 Ran Zheng, 2419 El Burlon Circle Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s)" G & Z Wholesale", at 2419 El Burlon Circle Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County April 12, 2016. Publish: April 22, 29, May 6, and May 13, 2016 160412 5-13-16 G & Z

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02705 Lamonica Properties INC. 7331 Cardinal Road Fair Oaks. CA 95628 is doing business under the Fictitious Business Name(s) "Lamonica Insurance" at 7331 Cardinal Road Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 6, 2016. Publish: April 22, 29, May 6, and May 13, 2016 LAMONICA 160405

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02979 Gurpreet Dhillon, 9424 Havenview Way Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Capital Real Estate" at 9424 Havenview Way Elk Grove, CA 95624. Filed with the Clerk of Sacramento County April 12, 2016. Publish: April 22, 29, May 6, and May 13, 2016 CAPITAL 160415 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02642 Lisa C. Blackwell, 6345 Moraga Drive Carmichael, CA 95608 and Karen Alby, 11654 Gold Country Boulevard Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "Halo Studio Salon" at 7411 Winding Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 4, 2016. Publish: April 22, 29, May 6, and May 13, 2016 05-13-16 HALO 160411

FICTITIOUS BUSINESS NAME STATEMENT Paul Emmanuel Pearcey, FBNF2016-03027 8527 Cloudcroft Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Brosthetix Apparel" at 8527 Cloudcroft Way Orangvale, CA, 95670. Filed with the Clerk of Sacramento County April 13, 2016. Publish: April 22, 29, May 6, and May 13, 2016 BROSTHETIX 160413 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03037 Alexandria La Dawn Abernathy, 935 Johnfer Way Apt #101 Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Fairy Flossy" at 935 Johnfer Way Apt #101 Sacramento, CA 95831. Filed with the Clerk of Sacramento County April 13, 2016. Publish: April 22, 29, May 6, and May 13, 2016 **FAIRY** 160414 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02981 Mathew Nechikat, 10055 Elk Glen Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "LEGAHUT. DoubleKraft" at 10055 Elk Glen Court Elk Grove, CA 95624. Filed with the Clerk of Sacramento County April 12, 2016. Publish: April 22, 29, May 6 and May 13, 2016 LEGAHUT 160414

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02907 Natallia Dziauha, 8327 Fair Oaks Boulevard #76 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "STAVER School of Music" at 8327 Fair Oaks Boulevard #76 Carmichael, CA 95608, Filed with the Clerk of Sacramento County April 11, 2016. Publish: April 22, 29, May 6, and May 13, 2016 **STAVER** 160414 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02167 Neaman Miller, 12345 Canyonlands Drive Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Valour Cleaning Services" at 12345 Canyonlands Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 16, 2016. Publish: April 22, 29, May 6, and May 13, 2016 160414 05-13-16 **VALOUR** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02929 Michele T. Cable. 7305 Lincoln Avenue Carmichael, CA 95608 and Scott W. Cable, 7305 Lincoln Avenue Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "8535 Elder Creek" at 8535 Elder Creek Road Sacramento, CA 95828. Filed with the Clerk of Sacramento County April 12, 2016. Publish: April 22, 29, May 6, and May 13, 2016 **ELDERCREEK** 160414 05-13-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02938 Dan Olievskiy, 8385 Linderhof Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Transpro Services" at 8385 Linderhof Way Sacramento, CA 95828. Filed with the Clerk of Sacramento County April 12, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 TRANSPRO 160421 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03195 John Nichols, 10236 Fair Oaks Boulevard # 4 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "JP. Customs" at 10236 Fair Oaks Boulevard #4 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 19, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160420 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02811 Jennifer Koerner Dudzik, 3525 Morrow Street Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Human Being Kind Graphics" at 3525 Morrow Street Sacramento, CA 95821, Filed with the Clerk of Sacramento County April 08, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160421 **HUMAN** 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02658 Melissa's Travel, 2019 24th Street Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Cruise Planners" at 2019 24th Street Sacramento, CA 95818. Filed with the Clerk of Sacramento County April 04, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160421 05-20-16 Cruise

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03183 Anne Marie Adams, MD. Inc, 6444 Coyle Avenue #2 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Abiding Grace Midwifery" at 6444 Coyle Avenue #2 Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 18, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 AGM 160421 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03310 Sharise Luer, 3997 Park Circle Lane Apt C Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Glass Palace Arts" at 7996 Old Winding Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County April 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160422

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03213 V & P Enterprises Inc, 5028 Timber Creek Way Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Delish Pizza" at 8391 Folsom Boulevard #4 Sacramento, CA 95826, Filed with the Clerk of Sacramento County April 19, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160420

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03128 Christine Canelo, 801 53rd Street Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Sewcial Work" at 801 53rd Street Sacramento, CA 95819. Filed with the Clerk of Sacramento County April 15, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160421

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-02964 Wen Bin Feng. 138 Canvon Rim Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "China House Chinese Restaurant" at 7700 Sunrise Boulevard # 2500 Citrus Heights, CA 95610, Filed with the Clerk of Sacramento County April 12, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160418 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2016-03315 Danube Taeb, 1785 Habitat Way Concord, CA 94520 is doing business under the Fictitious Business Name(s) "Orbit Station" at 8994 Greenback Lane Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160421 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2016-02350 Jennifer and David Seeley, 5518 Moorhouse Court Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Positive Connections, Totally Garages" at 5518 Moorhouse Court, CA 95842. Filed with the Clerk of Sacramento County April 22, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160419

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03175 Fathers House Ministries Association, 2101 Ethan Way Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Praise Ministries Praise Ministries Family Church" at 2101 Ethan Way, Sacramento CA 95825. Filed with the Clerk of Sacramento County April 18, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160418 05-20-16

Mickki Furlong, 8230 Coed Lane Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Pinky's Meats & Seafood" at 8230 Coed Lane Sacramento, CA 95828. Filed with the Clerk of Sacramento County April 13, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160419 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT

FICTITIOUS BUSINESS NAME STATEMENT Azouz Dental Group, Inc. FBNF2016-02871 5414 Sunrise Boulevard # D Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "New Vision Dentistry" at 5414 Sunrise Boulevard # D Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 11, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 NEW 160419 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT Azouz Dental Practice, Inc. 5414 Sunrise Boulevard # E Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sacramento Natural Dentistry" at 5414 Sunrise Boulevard # E Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 11, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 SACRAMENTO 160419 05-20-16

STATEMENT FICTITIOUS BUSINESS NAME FBNF2016-03223 Le. 2067 University Avenue Berkeley, CA 94704 is doing business under the Fictitious Business Name(s) "Cedar Ale House" at 4800 Florin Road Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 19, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 05-20-16 CEDAR 160419

FICTITIOUS BUSINESS NAME STATEMENT Le, 2067 University Avenue Berkeley, CA 94704 is doing business under the Fictitious Business Name(s) "Anh Hong- Bo 7 Mon" at 4800 Florin Road Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 19, 2016. Publish: April 29, May 6, May 13, and May 20, 2106

160419 05-20-16 FICTITIOUS BUSINESS NAME STATEMENT Timorshah Asmai and FBNF2016-02295 Seevita Asmai. 133 McKiernan Drive Folsom. CA 95630 are doing business under the Fictitious Business Name(s) "Sophia's Mini Kitchen" at 133 McKiernan Drive Folsom, CA 95630. Filed with the Clerk of Sacramento County March 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03196 Valerie Aiken, 3338 Lerwick Road Apt #4 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Simple Tax Services, STS & Associates" at 2628 El Camino Avenue Suite A-7 Sacramento, CA 95821. Filed with the Clerk of Sacramento County April 19, 2016. Publish: April 29, May 6, May 13, and May 20, 2106

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03322 Brian Liu. 9686 Amber Fields Court, Elk Grove CA 95624 is doing business under the Fictitious Business Name(s "Modern Beauty Supply & Salon" at 6930 65th Street #127 Sacramento, CA 95823. Filed with the Clerk of Sacramento County April 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160422

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03323 Naomi Rosario, 8032 Pocket Road Apt #257 Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Adorn A Hair Boutique" at 2306 J Street Sacramento, CA 95816, Filed with the Clerk of Sacramento County April 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 **ADORN** 160422 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03321 Darshan Singh, 5437 Kintyre Pen Place Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Eagle Trucking" at 5437 Kintyre Pen Place Antelope, CA 95843. Filed with the Clerk of Sacramento County April 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 160422

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-03285 Francis Odunlami, 9444 Harbour Point Drive #147 Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Hexagon Projects" at 9444 Harbour Point Drive #147 Elk Grove, CA 95758, Filed with the Clerk of Sacramento County April 21, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 HEXAGON 160422 05-20-16

FICTITIOUS BUSINESS NAME STATEMENT Eric J. Stien Breckner, D.D.S. Inc, 7803 Madison Avenue #670C Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Precision Dental Group" at 7803 Madison Avenue #670C Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County April 07, 2016. Publish: April 29, May 6, May 13, and May 20, 2106 **ADORN** 160407 05-20-16

#### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2016-00683

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Dara Delgado Home Loans" located at 101 Parkshore Drive, Suite 100, Folsom, CA 95630 . Dara Jamine and Mark August Delgado, 2425 Biance Court, Rancho Cordova, CA 95670. The Fictitious Business Name Statement referred to above was filed on January 27, 2016 in the County of Sacramento. Publish: April 15, 22, 29 and May 6, 2016

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2014-09262

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "SPIVA Acres" located at 10104 Monte Vallo Court Sacramento, CA 95827. R&CG Inc.10104 Monte Vallo Court, Sacramento, CA 95827. The Fictitious Business Name Statement referred to above was filed on November 24, 2014 in the County of Sacramento. Publish: April 22, 29, and May 6, May 13, 2016 160418 05-13-16

> STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2016-00978

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Master House" located at 4038 Knoll Top Court Carmichael, CA 95608. Ammar Alazzawi, 7032 Fair Oaks Boulevard # 16 Carmichael, CA 95608, Arkan Hasan 4649 Freeway Circle Sacramento, CA 95841, Saad Kadhim, 4038 Knoll Top Court Carmichael, CA 95608. and Ahmed Alamere 4038 Knoll Top Court Carmichael, CA 95608. The Fictitious Business Name Statement referred to above was filed on February 05, 2016 in the County of Sacramento. Publish: April 29, May 6, May 13, and May 20, 2016 MASTER 160425 05-20-16

#### ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192399

WHEREAS, Ahmad Daud has filed a petition

with this court for a decree changing the name(s) of Ahmad Daud to Ahmad Daud Ziavee. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 6, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 1, 2016

Publish: April 8, 15, 22, and 29, 2016 **7IAYFF** 160317 04-29-16

Raymond M. Cadei, Judge of the Superior Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00190712

WHEREAS, Cody L. Barbier has filed a petition with this court for a decree changing the name(s) of Cody L. Barbier to Cody L. Campagne. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 11, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: February 23, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: April 8, 15, 22, and 29, 2016

**BARBIER** 160315 04-29-16 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00191818 WHEREAS, Nimesh Hasji has filed a petition with this court for a decree changing the

name(s) of Nimesh Hasii to Nathan N Hasii. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 15, 2016, in Department 54, located at 800 Ninth Street. Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 16, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: April 8, 15, 22, and 29, 2016 HASJI 04-29-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192314

WHEREAS, FNU Ramin and FNU Liza have filed a petition with this court for a decree changing the name(s) of FNU Ramin to Ramin Noori, and FNU Liza to Liza Noori. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00

a.m. on June 30, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 30, 2016 Raymond M. Cadei, Judge of the Superior Court

NOORI 160304 04-29-16 SUPERIOR COURT OF CALIFORNIA

Publish: April 8, 15, 22, and 29, 2016

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192005 WHEREAS, Angelica Maria Stevens has filed a petition

with this court for a decree changing the name(s) of Angelica Maria Stevens to Angel Marie Leonard. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 20, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA

95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 22, 2016 David I. Brown, Judge of the Superior Court

Publish: April 8, 15, 22, and 29, 2016

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00192271 WHEREAS, Veeda Suhrabi and Mohammad Safa have filed a petition with this court for a decree changing the name(s) of Mohammad Yusuf to Yusuf Safa. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 29, 2016, in Department 53, located

at 800 Ninth Street, Third Floor, Sacramento, CA

95814, and show cause, if any, why the petition

for Change of Name should not be granted.

Dated: March 29, 2016 David I. Brown, Judge of the Superior Court Publish: April 8, 15, 22, and 29, 2016 SAFA 160322

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192264

WHEREAS. Christian Andrew James has filed a petition with this court for a decree changing the name(s) of Christian Andrew James to Christian Andrew Malonson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 28, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 29, 2016 David I. Brown, Judge of the Superior Court

Publish: April 8, 15, 22, and 29, 2016 04-29-16 MALONSON 160301 SUPERIOR COURT OF CALIFORNIA

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00190629 WHEREAS, FNU Shabnam has filed a petition with this court for a decree changing the name(s) of FNU Shabnam to Shabnam Ahmad and FNU Hawa to Hawa Ahmad. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

COUNTY OF SACRAMENTO

2:00 p.m. on May 9, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: February 19, 2016 David I Brown, Judge of the Superior Court

Publish: April 8, 15, 22, and 29, 2016 SHABNAM 160208 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

#34-2016-00190736 WHEREAS, Randi Rachelle Shults has filed a petition with this court for a decree changing the name(s) of Isabella Marie Pelaske to Isabella Marie Hart.

ORDER TO SHOW CAUSE CHANGE OF NAME

4-29-16

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on May 12, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 22, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: April 15, 22, 29, and May 6, 2016 160406 05-6-16 SHULTS

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192276 WHEREAS, Alveena Jeolly Chand has filed a

petition with this court for a decree changing the name(s) of Alveena Jeolly Chand to Alveena Julie Lal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on June 29. 2016. in Department 54. located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 29, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: April 15, 22, 29 and May 6, 2016 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192699 WHEREAS, Kamelbir S. Pooni and Amandeep K. Kang have filed a petition with this court for a decree changing the name(s) of Amarjot Singh to Amarjot Singh Pooni and Amardeep Singh to Amardeep Singh Pooni.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 11, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 7, 2016

David I. Brown, Judge of the Superior Court Publish: April 15, 22, 29, and May 6, 2016 160407 POONI

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192640

WHEREAS, Vicki Maese Maese has filed a petition with this court for a decree changing the name(s) of Vicki Maese Maese to Victoria Marie Rose. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 6, 2016 Raymond M. Cadei, Judge of the Superior Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192663

160407

Publish: April 15, 22, 29, and May 6, 2016

ROSE

WHEREAS, Sarah Lynn Eells has filed a petition with this court for a decree changing the name(s) of Braeden George Prymak to Braeden George Zammit

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 11, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 6, 2016

David I. Brown, Judge of the Superior Court Publish: April 15, 22, 29, and May 6, 2016 160407 05-6-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192711

WHEREAS, FNU Waheeda has filed a petition with this court for a decree changing the name(s) of FNU Waheeda to Waheeda Mohiman, FNU Amirulbanat to Amirulbanat Golo, and FNU Abul Mohsi to Abdulmohsy Masy. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on July 12, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 7, 2016

David I. Brown, Judge of the Superior Court Publish: April 15, 22, 29, and May 6, 2016 04-29-16 WAHEEDA

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#### **CLUES**

ACROSS

- 1. Model material 6. Kind of story
- 9. Ginger-flavored cookie
- 13. \*Severus Snape, provocateur
- 14. Romanian money 15. Unholstery choice
- 16. Give sheep a haircut
- 17. Bruin legend Bobby
- 18. Unlawful firing 19. \*11-year-old spy 21. \*Velveteen creature
- 24. \*Master gave it to Harry Potter's Dobby
- 25. Home of "Today" show 28. One of deadly sins
- 30. Dogma

23. Common inquiries

- 34. Spanish earthen pot 36. Prayer leader in a
- mosaue 38. Jet setter's ride
- \_, Born is the King
- of Israel!" 41. \*Rabbit's first name
- 43. Talk like a drunk 44. Inundated
- 46. "The Way We 47. Exhibiting good health
- 48. Holy water holder
- 50. TV classic " a Deal"
- 52. Jordan Spieth's helper 53. Roentgen's machine
- 55. Gear tooth 57. \*Green \_\_\_\_ of Avonlea 60. \*Norton Juster's "The
- Tollbooth"
- 64. Shrewdness
- 65. Tint 67. "Door," à Paris
- 68. Orderly arrangement 69. Young newt
- 70. Gives off
- 71. Word on a door
- 72. Numbers, abbr. 73. Audition tapes

- 1. Loud get-together
- 2. Turkish honorific 3. Suggestive look
- 4. Eat when very hungry
- 5. Relating to a heart chamber
- 6. Vegas bandit 7. Over, in poems
- 8. Donkey in Latin America
- 9. Acid gritty-textured fruit 10. Not final
- 12. \*Charlie Brown's friend, Pig\_ 15. Cursor-moving button
- 20. Provide with gear
- 22. Part of a play 24. Formal and imposing
- 25. \*This Strega was a \_ 26. What chinook does 27. Sole traction aid
- 29. Old World duck 31. \*Ogden \_\_\_\_ of "The Tale of
- Custard the Dragon" fame 32. Audience's approval

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- 45. "Brave New World" author 49. "Before" prefix
- 51. Like lathered hands 54. Anemic-looking
- 56. \*Earthman in "The Chronicles of Narnia"
- 57. Buddhist teacher 58. What snob puts on
- 59. Ho-hum 60. \*Winn-Dixie and Ribsy, e.g. 61. Barbershop request
- 62. \*Anne Frank's father
- \_\_\_ hall 64. Between generations 66. Flying saucer acronym
- **OVER 190 CHANNELS** . ASK ABOUT OUR 3 YEAR PRICE **Crossword Puzzle Solutions on Page 6** GOT KNEE PAIN?



Fill in the blank squares in the grid, making sure that every and 3-by-3 box includes all digits 1 thro Solutions on Page 6

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#### By Pam Young

#### **Top 10 Sidetracking Distractions** and How to Deal with Them

Can you imagine that you have a free half hour specifically slotted for housework. You've got four 3x5 cards with specific chores on each to direct your work. There's an estimated time telling you how long each task will take written on each card. You're dressed for housework, so you won't wreck your good clothes and you've got sensible shoes on. You're a SHE (Sidetracked Home Executive) and you're easily distracted.

According to your math, you can do the tasks on the cards in half an hour, but what has happened to your good intentions when you find yourself at the mall getting a pedicure?

#### WHAT HAPPENED?

You can find that out by thinking backward until you come to the point in your housecleaning that prompted the diversion. Maybe you were innocently dusting the dining room table with a couple weeks' worth of mail stacked on it and when you went to move the mail to dust you saw



#### Make It Fun and It Will Get Done!

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#### Pam Young's Corner

#### **Fatal Distractions** (to Your Good Intentions)

the coupon for 50% off a pedicure at the mall, and the sale ends today! So much for housecleaning, but at least you have pretty toes.

SHEs are champions at getting sidetracked and if you're one of us read on, because there is a wonderful anti-sidetracking tool you can use and it's located in your head (well actually in your throat). You can read all about it at the end of my column.

If you're tired of being a victim of fatal distractions (fatal to your good intention that is) here are the top ten fatal distractions you need to be aware of before you start any housework.

- 1. Cell phone 2. Door bell
- 3. Pet
- 4. Refrigerator
- 5. Sun
- 6. Mailman or UPS guy
- 7. Physiological interruptions: bathroom, thirst, hunger
- 8. Computer games/Face **Book/Twitter**
- 9. Child or husband
- 10. Your amazing mind

If you've been sidetracked in the past by any of these

distractions, here's what you can do. When you set your timer for 15 minutes and you set out to clean the refrigerator for example, promise yourself you are going to stay on task short of an emergency like a broken arm, a fire in the next room or a drone takes the top of your roof off. Once the vow is made, work fast and play with your time constraint. (Seeing how much you can get accomplished in 15 minutes will engage your inner child who loves races against time.)

There is no guarantee that one of the fatal distractions won't occur, in fact, mostly likely one or more of them will crop up especially if the job at hand starts to get boring. No worries, you'll be ready!

So, let's say something in the fridge speaks to you, like a leftover chicken leg and the thought comes to your amazing mind, 'I'm kinda hungry.' Speak to the chicken part and say, "Shut up! It's not time to eat! I'll eat you later." If that dialogue works, keep cleaning the refrigerator. If it starts to nag you or another food item tempts you, it's time to bring out the big gun. The

ultimate and tried and true solution is the air horn (you know the sound of the horn at a basketball game). Now in the course of the 15-minute fridge clean-out you may have to use that obnoxious horn more than once, but it's such a brutal sound and it's hard on your vocal chords, so your sweet soul probably won't want to hear it more than once.

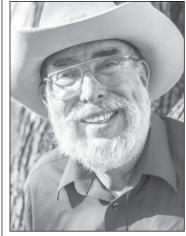
You can also use the air horn while at the grocery store when you're tempted to put a package of Oreos in your cart for example. (If there happens to be someone in the cookie aisle when you blast the horn, just touch your throat and say, "I hate it when that happens," and continue shopping.

Because we SHEs are easily distracted, this distractive tool REALLY WORKS! Give it a try and get back to me! I'd love to hear how it helps you.

If you're buried in clutter it makes it all that easier to be distracted because each item of clutter has a voice that can distract you. There's a chapter in my book "The Joy of Being Disorganized" called There Arose Such a Clutter and I'd like to give it to you. If clutter is a big problem, this chapter will help you get rid of it. Here's the link. http://www.cluborganized.com/ the-joy-of-being-disorganizedchapter-one

For more from Pam Young go to www.cluborganized.com. You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, ways to lose weight and get your finances in order, all from a reformed SLOB's point of view.

### Slim Randles' HOME COUNTRY



Herb Collins was back out in the yard again Saturday. The noise made the neighbors go to the windows and peek out to see what was going on, because yard work and noise and Herb have

Mystery solved. Herb has a new gas-powered lawn mower. Last Saturday was the final outing for his quiet electric lawn mower, as he once again ran over the cord and cut it. The cord finally had more patches than a quilting bee, and Herb had opted for a gas mower that didn't require an umbilical link to the front porch.

never gone together.

Steve was going by in his pickup truck, the big one with duellies and the blacksmith's forge in the back, and he pulled over and stopped. Steve got out and watched quietly as Herb continued to mow the lawn. Steve poured himself a cup of coffee from his Thermos, pushed back his Stetson, and watched Herb work up a good sweat.

#### "Isn't it kinda like digging a hole and filling it up?"

Herb made three more rounds of the yard, and finally thought Steve might have something important to say to him, so he killed the engine on the mower, mopped his brow, and walked over to the visitor. "Workin' hard there, I see,"

said Steve.

"Gotta stay ahead of it," said Herb.

Herb looked puzzled at Steve's question. "Well ... otherwise it grows too fast and the yard looks crummy."

"I was by here Thursday," said Steve. "Saw you watering."

Herb nodded. "Why?"

"Well ... to make the grass grow, of course." Steve raised his eyebrows.

"What?" asked Herb.

"Isn't it kinda like digging a hole and filling it up?"

"I don't get you." Steve got back in the pickup,

rolled down the window, and

said. "Seems to me like you're just encouraging it." Then he drove away, leaving Herb to once again deal

with the intricacies of cowboy philosophy. The Home Country radio show will be coming soon to a radio

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SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00193113 WHEREAS, Katie Charlene Bossenmaier has filed a petition with this court for a decree changing the name(s) of Katie Charlene Bossenmaier to Katie Charlene Quinn.

IT IS ORDERED that all persons interested in the

2:00 p.m. on Jul 21, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2016 David I. Brown, Judge of the Superior Court

Publish: April 22, 29, May 6 and May 13, 2016 KATIE 160415 0 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193108 WHEREAS, FNU Manjit has filed a petition with this court for a decree changing the name(s) of FNU Manjit to Manjit

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 21, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: April 22, 29, May 6, and May 13, 2016 160415 05-13-16 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193101 WHEREAS, FNU Kamaljit has filed a

petition with this court for a decree changing the name(s) of FNU Kamaljit to Kamaljit Nar IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 20, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 15, 2016

David I. Brown, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 16Ó415

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192914 WHEREAS, Takami Lau has filed a petition

with this court for a decree changing the name(s) of Takami Lau to Takami Katabami Lau. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 14, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 12, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: April 22, 29, May 6, and May 13,2016 160415 05-13-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192580

WHEREAS. Isis LaBauex Devon Veal has filed a petition with this court for a decree changing the name(s)

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 5, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 VEAL 160408 0

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187332 WHEREAS, James Haley Baker Guthrey has filed a

petition with this court for a decree changing the name(s) of James Haley Baker Guthrey to Jah Aley Guthrey IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 14, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 11, 2016 David I. Brown, Judge of the Superior Court

Publish: April 22, 29, May 6 and May 13, 2016

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192919

WHEREAS, FNU Shamsul Huda and FNU Rubena have filed a petition with this court for a decree changing the name(s) of FNU Shamsul Huda to Shamsul Huda Sediqi, FNU Rubena to Rubena Sedigi.and FNU Avesha to Avesha Sedigi. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9 :00 a.m. on July 15, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 12, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: April 22, 29 May 6 and May 13, 2016 160411

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192431

WHEREAS, Iuliia Berg has filed a petition with this court for a decree changing the name(s) of Iuliia Berg to Julia Berg and Diana Yevgenivna Tishchenko to Diana Berg. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 30, 2016

David I. Brown, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 160413

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192313

WHEREAS, FNU Sidiqa and Nasir Ahmad have filed a petition with this court for a decree changing the name(s) of FNU Sidiqa to Sidiqa Ahmad, FNU Beheshta to Beheshta Ahmad, and FNU Subhanallah to Subhanallah Ahmad IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 30, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 30, 2016

David I. Brown, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 AHMAD 160414

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192310

WHEREAS, Massond Ahmad and FNU Wahida have filed a petition with this court for a decree changing the name(s) of FNU Wahida to Wahida Ahmad, and Husna Bareen to Husna Bareen Ahmad.

IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on June 29, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: March 30, 2016

David I. Brown, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 WAHIDAI 160414 05-13-16

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192139 WHEREAS, FNU Muqadasa has filed a petition

SUPERIOR COURT OF CALIFORNIA

with this court for a decree changing the name(s) of FNU Mugadasa to Mugadasa Lema Karimi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on June 24, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: March 24, 2016 David I. Brown, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 MUQADASA 160414

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193047

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

**FRAZIER** 

WHEREAS, Habibullah Safi and Yasmin Safi have filed a petition with this court for a decree changing the name(s) of Ahmad Faisal to Ahmad Faisal Safi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 19, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 160414

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192797

WHEREAS, Christopher Joseph has filed a petition with this court for a decree changing the name(s) of Christopher Joseph Christopher Gregory Chavez. Gregory to Christopher Gregory Unavez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 13, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA

95814, and show cause, if any, why the petition

for Change of Name should not be granted. Dated: April 8, 2016 David I. Brown, Judge of the Superior Court Publish: April 22, 29, May 6 and May 13, 2016 CHAVEZ 160414 0.

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-193044

WHEREAS, Lauren Patricia Navarro has filed a petition with this court for a decree changing the name(s) of Lauren Patricia Navarro to Lauren Parimala Navarro. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on Jul 19, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition

for Change of Name should not be granted. Dated: April 14, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: April 29, May 6, May 13, and May 20, 2016 LAUREN 160420 05-20-1

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193396

WHEREAS, Becky Kim Nguyen has filed a petition with this court for a decree changing the name(s) of Becky Kim Nguyen to Becky Kim Nguyen Luong IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 27, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: April 29, May 6, May 13, and May 20, 2016 SUPERIOR COURT OF CALIFORNIA

Dated: April 21, 2016

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193228 WHEREAS, Howe Dunber Washington

has filed a petition with this court for a decree changing the name(s) of Howe Dunber Washington to Howie Beatrice Washington IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 25, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 19, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: April, 29, May 6, May 13, and May 20, 2016 160415 SUPERIOR COURT OF CALIFORNIA

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193326 WHEREAS, FNU Ziba and FNU Noorullhaq have filed a petition with this court for a decree name(s) of FNU Ziba to Zeba Noori and FNU Noorullhag to Noorullhag Noori

COUNTY OF SACRAMENTO

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 26, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 20, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: April, 29, May 6, May 13, and May 20, 2016

160421

NOORI

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193389

ERTISIN

WHEREAS, Douglas Mc Arthur Blue has filed a petition with this court for a decree changing the name(s) of Douglas Mc Arthur Blue to Douglas Mc Arthur Frazier. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July28, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA

95814, and show cause, if any, why the petition

for Change of Name should not be granted.

Dated: April 21, 2016 David I. Brown, Judge of the Superior Court Publish: April, 29, May 6 May 13, and May 20 2016

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193224

160421

05-20-16

WHEREAS, Edward Anthony Frye has filed a petition with this court for a decree changing the name(s) of Edward Anthony Frye to Edward Anthony Frye Morley IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 19, 2016 David I. Brown, Judge of the Superior Court Publish: April, 29, May 6 May 13, and May 20 2016 **MORLEY** 160419 05-20-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193441

WHEREAS, Crystal L. Southward has filed a petition with this court for a decree changing the name(s) of Jordyn-Lynn Keilani Miles to Jordyn-Lynn Josephine Richardson. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on July 28, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 22, 2016 Raymond M. Cadei, Judge of the Superior Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00193444

Publish: April, 29 May 6 May 13, and May 20 2016

RICHARDSON

160425

WHEREAS. Ahamd Shoaib and FNU Lailuma have filed a petition with this court for a decree changing the name(s) of Ahmad Shoaib to Ahmad Shoaib Ahmadzai, FNU Lailuma to Lailuma Ahmadzai, FNU Khoshbo to Khoshbo Ahmadzai, FNU Monawara to Monawara Ahmadzai, and FNU Parwana to Parwana Ahmadzai. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 9:00 a.m. on July 28, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 22, 2016 Raymond M. Cadei, Judge of the Superior Court

160422 05-20-16 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00193341

Publish: April, 29, May 6 May 13, and May 20 2016

WHEREAS, Mario Keanon has filed a petition with this court for a decree changing the name(s) of Mario Keanon to Trevon Malic Wilson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 26, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: April 20, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: April, 29, May 6 May 13, and May 20 2016 WILSON 160422

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00192711

WHEREAS, FNU Waheeda, has filed a petition with this court for a decree changing the name(s) of FNU Waheeda to Waheeda Mohiman, FNU Amirulbanat to Amirulbanat Mohiman and FNU Abul Mohsi to Masy Mohiman. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on July 12, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: April 22, 2016

David I. Brown, Judge of the Superior Court 160425

NOTICE OF PETITION TO ADMINISTER ESTATE OF ANNA MARIE GONZALES aka ANNA MARIE FOURBY (descendent) ESTATE NO. 34-2016-0019291

To all heirs, beneficiaries, creditors, and contingent

creditors of and persons who may be otherwise interested in the will or estate, or both of Anna Marie Gonzales aka Anna Marie Fourby (deceased): A Petition has been filed by Frederick Fourby in the Superior Court of California, County of Sacramento, requesting that Frederick Fourby be appointed as personal representative to administer the estate of the decedent. A hearing on the petition will be held in this court as follows: June 16, 2016 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Frederick Fourby, 805 Walnut Street, Red Bluff, CA 96080 530-524-4435 Publish: April 22, 29 and May 6, 2016 160414

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN STUART ELMER (descendent) ESTATE NO. 34-2016-00192654 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may

be otherwise interested in the will or estate, or both of John Stuart Elmer (deceased): A Petition has been filed by Marilyn J. Winans in the Superior Court of California, County of Sacramento, requesting that Marilyn J. Winans be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: June 1, 2016 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you

should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for the Petitioner is: Paul I. Myers III 300 Third Street, Suite 5, Los Altos, CA 94022

sn: April 22, 29 and May 6, 2016 **ELMER** 

**Notice to Creditors** SUPERIOR COURT OF THE STATE OF

CALIFORNIA IN AND FOR THE COUNTY OF SACRAMENTO CASE NO: 34-2016-00192761 FILED APRIL 8, 2016 NOTICE TO CREDITORS

(PROB C 19003;19042)

In re the Shirley J. Huss Trust Created on March 19, 1992 and restated on June 4, 2013 by Shirley J. Huss, Decedent Notice is hereby given to the creditors and contingent creditors of the above-names decedent that all persons having claims against the decedent are required to file them with the Superior Court of the State of California, Sacramento County, at 3341 Power Inn Road, Sacramento, CA 95826 and deliver a copy to Kyle Ann Ripley-Quitter, as successor trustee of the trust dated June 4, 2013, of which the Decedent was settler, careof Robert B. Pye, Esq. 7806 Uplands Way, Suite A, Citrus Heights, CA 95610, within the later of 4 months after April 15, 2016. date of the first publication of notice to creditors) or, if notice is mailed or personally delivered to you, or you must petition to file a late claim as provided in Probate Code 19003. A claim form may be obtained from the court clerk. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested. Dated: March 30, 2016. Robert B. Pye

Attorney for Trustee 7806 Uplands Way Suite A Citrus Heights, CA 95610 916-834-7280

160414 HUSS

> Lien Sale Vehicle Identification No:

5-6-16

WDBLJ65G9WF030458 Year: 1998 Make: MERCEDES BENZ Model: CP COUPE License: 7JZU517 Sale Date:5/16/2016 at 10:00 am Vehicle Location:

Johnnie's Body Shop & 24 Hr. Towing 5755 35th Street Sacramento, CA 95824 Publish April 29, 2016

## Redeeming Goods and People

ATLAS, Carmichael's Only Non-Profit Thrift Store, Celebrates 2nd Anniversary

Continued from Page 1 excited. Everything is fun. It feels great. I started hanging

out in bad places." Paul called in sick too much to keep his job. He went on the street but still managed to find drugs.

"I continued to use drugs and spiraled downward. I began to have trouble with the law. My father tried to help by getting me into a recovery program for 28 days. It didn't help because I would still go out and get drugs. There were no drug tests."

Paul supplemented his addiction with alcohol. At age 25, he totaled his brother's car and was charged with driving under the influence.

"I got clean for a while, but went back on meth for 8 years. I obtained opiate pills from a doctor, then turned to heroin."

Still, he managed to stay sober for months at a time. He was sporadically involved with Alcoholics Anonymous and with an AA sponsor.

"Then I went on a bender and was offered Norco in the emergency room. That gave me the idea to call the doctor for more Norco pills. I said I still needed it for pain control. I burned down two apartment

kitchens, once while shooting up heroin, and was jailed for a while. After my release, I managed to avoid most of the 160 AA meetings the court ordered me to attend.'

When Paul was arrested later on the domestic violence charge, a breakthrough came in the squad car.

"A cop said, 'You're a pretty good guy, inside.' He asked me if he could pray for me before he took me to jail. In jail, I prayed and promised to quit drugs. I prayed a lot and they dropped the charges. But after my release I went back on alcohol and meth."

The key turn-around came when Child Protective Services (CPS) referred Paul to a rehabilitation program for 90 days

"This is when I started to get free from drugs and alcohol. I heard things that made sense. Someone read from the AA book that our only hope is divine intervention. Something came over me. God told me, 'Stay where you are. You'll spend Christmas here and all other Christmases with your family.' I started crying. Then it hit me, 'I'm not 100 percent in.' I got down on my knees and prayed, asking God to save my life.

"Little things matter. I needed a ride to a domestic violence class downtown. My wife Cheryl had told me about ATLAS and to call Scott Young (the director). He drove me to class, and then back to rehab. He asked if he could pray with me, and it took off from there. I started to pray regularly and to pay attention. We met once a week. God sent someone my way through ATLAS."

Released from the rehab program, he attended a CPSsponsored class for six months and has been sober ever since. Eventually, he became manager after ATLAS leased the store in May 2014.

ATLAS refers people to local and county services and trains volunteers to mentor homeless people, abused women, addicts, and others whose lives are out of control. It also networks with churches and other groups to build community.

Paul receives and prices goods that are donated in an alley behind the store. He also oversees store employees. In his spare time, Paul coaches defensive linemen for a high school football team. He also participates in a men's small group. And he talks with

"Sometimes, when I see a homeless person in our alley, walking around in worn-out shoes, I'll offer a pair from our donations, also clothes. I can relate to what it feels like to be homeless. I can say, 'Hey, I used to be like you.' Many of them think that nobody can understand what they're going through.

"God placed me in that alley so I can share my experiences and help. I find out why they're here and fill Scott in. Right now, I've got a guy in a rehab program for a 90-day stay. I'm being mentored by Scott and I watch what he does. There are needs on the streets everywhere.

"There are days when I feel like giving up. Most of the time, I realize that it's not my job to fix people. But I can touch them if I can be in touch with God.

"Carmichael is coming together. We at ATLAS are here to help. We tell people, 'We're accepting your slightly used goods and helping needy people in the community. It's not an overnight deal, but when you donate, you're already doing God's work in Carmichael.'

Source: ATLAS Thrift Shop ★



Paul Hobson and family. Paul became manager after ATLAS leased the store in May 2014. Photo courtesy ATLAS Thrift Shop

### The River-Friendly Antelope Gardens **Reopens for Events and Walking Tours**

SACRAMENTO REGION, CA (MPG) - Officials at Sacramento

Suburban Water District (SSWD) announced today that Antelope Gardens will reopen on May 2nd to the public.

The Gardens have been closed for the past year to allow for construction of the new Antelope Pump Back Booster Pump Station. The new pump station is a co-venture of SSWD and the San Juan Water District.

The two-acre Gardens will be open Monday through Friday and the second Saturday of each month from 9 a.m. to 3 p.m. for self-guided walking tours and will remain open through the end of October. Admission is free.

The Gardens were established in 1988 and feature an assortment of low-water use California native plants and other droughttolerant plants. Educational kiosks containing information about the plants used and riverfriendly landscape design are located throughout the Gardens.

"The Antelope Gardens offer great planting ideas for people interested in turning their yard into a river-friendly landscape this fall," said Greg Bundesen, SSWD's Water Conservation Supervisor. "The gardens also feature water-efficient irrigation systems that can easily be

implemented in people's yards. SSWD even has rebates available for our customers interested in making their sprinkler systems more efficient."

The entire facility can also be rented out for private events such as weddings, receptions, reunions, corporate retreats or public meetings. The Gardens include a food and beverage area, restrooms, and patio.

For more information, or to rent out the Gardens for an event, call the SSWD customer service center at (916) 972-7171.

Source: Sacramento Suburban Water District



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The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

OFFICE HOURS 10:00am - 3:00pm Monday - Friday (916) 972-9722

Sunday Support - Any and all widows or widowers are invited. EverySunday from 3:00pm - 5:00pm

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18



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**April 23 - May 1, 2016 Monday - Saturday** 10:00am to 6:00pm Sunday 11:00am to 5:00pm

Supercenter

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Share your **heart.** Share your home. Become a **Mentor** today.

California MENTOR's Family Home Agency is seeking adult foster families with a spare bedroom to support an individual with special needs. Receive up to \$3,800 a month and ongoing support.

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WITH ANY REPAIR Present this coupon and receive a free loaner car for the duration of your repairs after authorization. Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires March 31, 2016.



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Monday - Friday: 8:00 a.m. - 5:00 p.m. Saturday: By appointment • Sunday: Closed





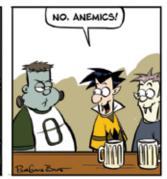


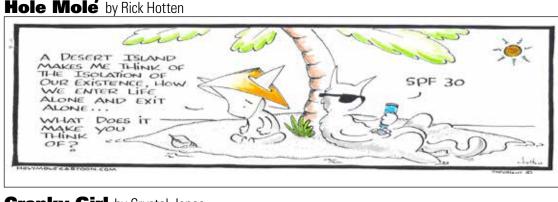
Frank and Steinway by Wil Panganiban









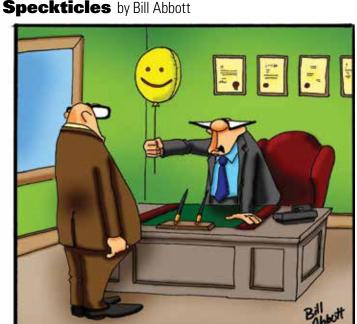


**Cranky Girl** by Crystal Jones YEAH...AND NO ONE EVER READS OR "LIKES" MY AREN'T POSTS, SO I'M YOU PEOPLE COMING SELFISH... HAH! OH, I DON'T RUDE .. SO NOW WITH VIRTUAL HAVE AN GUH! YOU'RE ON FACEBOOK ACCOUNT. PITCHFORKS AND FRIENDS! FACEBOOK? GIVING THEM AFRAID OF TORCHES? BEING PIECE OF OFFENDING A PIECE OF SHUNNED SO BADL' YOU ARE FORCED TO DELETE YOUR ACCOUNT?

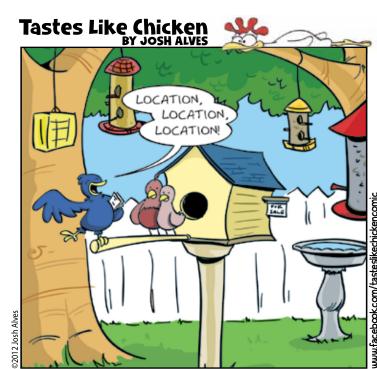




"WELL... I FINALLY GOT US ON LINE. LET'S CHECK OUT THIS GOOGLE THING EVERYONE KEEPS TALKING ABOUT."



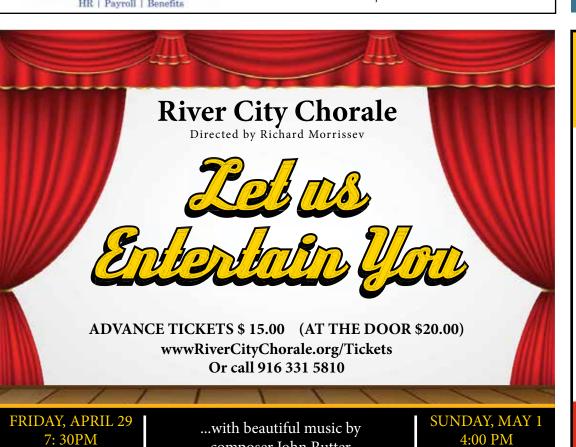
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## 'State of the Air' Report Shows Progress in Greater Sacramento Region

SACRAMENTO REGION, CA (MPG) - The American Lung Association State of the Air 2016 released recently found that the Sacramento region continues to make significant gains in reducing pollution, reporting fewer particle pollution days and the lowest ever unhealthy ozone days.

"The State of the Air 2016 report shows us that our clean air laws are working but we must increase our efforts to cut pollution that puts lives in our community at risk," said Olivia J. (Gertz) Diaz-Lapham, President and CEO of the American Lung Association in California. "Pollution from petroleum fuels and other sources is harming our residents, contributing to the incidence of asthma and other chronic lung conditions. Air pollution costs our communities in health care spending, lost productivity, reduced quality and length of life."

Covering air pollution data collected in 2012 to 2014, the report measures the two most widespread pollutants, ozone and particle pollution, which are dangerous to public health and can be deadly. Unhealthy ozone days have fallen by 53 percent, and unhealthy spikes in particle pollution have fallen by 76 percent over the course of the State of the Air.

Moreover, annual particle pollution levels have dropped by 23 percent. These improvements were driven by passenger vehicle and diesel emission controls, along with strong local wood burning restrictions. The Sacramento metropolitan region includes El Dorado, Nevada, Placer, Sacramento, Sutter, Yolo and Yuba counties.

Despite these improvements, more still needs to be done as all counties in the region except Yolo County received a failing grade for ozone pollution, and both Placer and Sacramento failed for daily particle pollution. Drought weather conditions, combined with ongoing traffic, diesel and wood smoke pollution contribute to high levels of pollution in the region.

Climate change is a growing threat to air quality in California. Drought weather conditions and wildfires related to climate change are contributing to elevated levels of particle pollution in the San Joaquin Valley and other areas of the state. Key sources of soot include wood burning devices, transportation sources such as diesel engines in trucks, buses and freight, and smoke from wildfires. These soot particles are so small that they can lodge deep in the lungs and trigger asthma attacks, heart attacks and strokes, and can even be lethal. In the Sacramento region, more than 200,000 residents have asthma, including 52,000 children.

"Sacramento continues to have air quality challenges but we are making progress in cleaning up the air. We know that climate change factors are contributing to increased levels of ozone and particle pollution, and will make it harder to meet federal healthbased standards," said David Tom Cooke, MD, Head of the UC Davis Section of General Thoracic Surgery and member of the Lung Association's volunteer governing board. "Our most vulnerable loved ones, including children and seniors and those battling lung diseases such as lung cancer, asthma, chronic bronchitis, or emphysema, suffer the greatest. We must redouble our efforts to transition off of fossil fuels for transportation and energy generation by investing in zero emissions solutions."

To address the challenge of air pollution and climate change, the American Lung Association in California and major health and medical organizations urge the public and policy leaders to strongly support the federal Clean Air Act and the federal Clean Power Plan as well as California's strong clean energy and clean air policies. This year the lung association is also calling for support of Senate Bill 1383 (Lara) to set clear targets for reducing "super pollutants" like black carbon from diesel

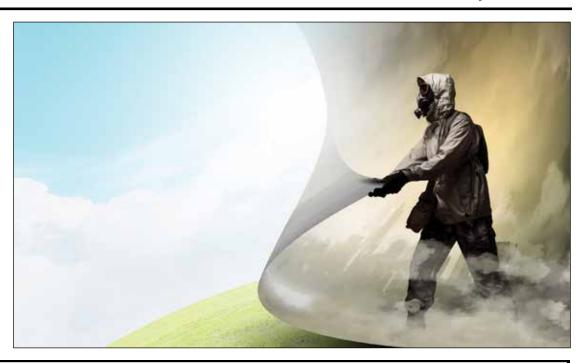
exhaust and wood burning that threaten public health locally and are accelerating climate change.

For more information on the State of the Air 2016 report, the public should visit: www. stateoftheair.org/california2016.

Now in its second century, the American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease. With your generous support, the American Lung Association is "Fighting For Air"

advocacy. For more information about the American Lung Association or to support the work it does, call 1-800-LUNG-USA (1-800-586-4872) or visit www.lung.org/california. Source: American Lung Association

Unhealthy ozone days have fallen by 53 percent, and unhealthy spikes in particle pollution have fallen by 76 percent over the course of the State of the Air. Photo courtesy



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13 - 13.2 Oz Tin All Varieties Pedigree & Alpo With Any Purchase of Pet, Fish Food, or Supply Limit 1 PLU 321

Limit: 1 Coupon Per Family Effective 4/27/16 - 5/3/16

ANY PURCHASE OF PET OR FISH SUPPLY

(Excluding Pet Food or Litter) Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324 Limit: 1 Coupon Per Family Effective 4/27/16 - 5/3/16

#### EUKANUBA **DRY DOG FOOD**

• Adult Maintenance 30 Lb Large Breed Adult

•Reduced Calorie & Senior 30 Lb \$ 50 •Regular •Large Breed.....

> Limit 2 Bags Per Family Effective 4/27/16 - 5/3/16

#### **NATURAL BALANCE** DRY DOG FOOD

•Lamb & Rice •Sweet Potato & Fish •Sweet Potato & Venison •Sweet Potato & Bison • Sweet Potato & Chicken 26-28 Lb Bag

Limit 2 Bags Per Family

**Our Super Low Prices** 

Effective 4/27/16 - 5/3/16

#### NUTRO **NATURAL CHOICE** ADULT DRY DOG FOOD Lamb Meal & Rice

Adult •Large Breed •Small Bites

30 Lb Bag Limit 2 Bags Per Family

Effective 4/27/16 - 5/3/16

#### FRISKIES **GRILLERS BLEND** DRY CAT FOOD 16 Lb Bag

Limit 2 Bags per Family

Super

Buy

Effective 4/27/16 - 5/3/16

#### FRISKIES BUFFET **CANNED CAT FOOD**

5.5 Oz **All Varieties** 

Limit 2 Cases Per Family

#### ARM & HAMMER SUPER SCOOP **CLUMPING CAT LITTER**

20 Lb Box •Unscented •Double Duty (Clump 'n Seal Regular 19lb \$8.99)

**Limit 2 Boxes** Per Family

Effective 4/27/16 - 5/3/16

### **SCIENCE DIET**

**CANINE MAINTENANCE CANNED DOG FOOD** 

13 Oz Can All Varieties except Ideal Balance

**Limit 2 Cases Per Family** Effective 4/27/16 - 5/3/16

#### **SCOOPAWAY CLUMPING CAT LITTER**

42 Lb Bag

Multi-Cat Formula

Per Family

Limit 2 Bags

Effective 4/27/16 - 5/3/16

#### **CANIDAE** GRAIN FREE **PURE** ADULT DRY DOG FOOD

**NATURE'S MIRACLE** 

**CLUMPING CAT LITTER** 

3 FREE Core Dog Food 12 Oz Can With Each purchse DRY DOG FOOD

**DRY DOG FOOD** 

PREMIUM CHOICE

**SCOOPABLE CAT LITTER** 

•Lamb •Bison •Duck •Salmon 24 Lb Bag Limit 2 Bags

"Natural Care"

Limit 2 Bags

10 Lb Bag Limit 2 Bags

#### **9 LIVES** DRY CAT FOOD INDOOR COMPLETE Chicke & Salmon Flavor

12 lb Bag Limit 2 Bags Per Family

#### **SCIENCE DIET CANNED CAT FOOD**

All Varieties

5.5 Oz Limit 1 Case

100% Natural Walnut Based **BLUE BUFFALO** 

**NATURALLY FRESH CAT LITTER** 

14 Lb Bag Limit 2 Bags Pellet

**CORE** NATURAL 3 FREE Core Cat Cans 5.5 Oz **DRY CAT FOOD** With each purchse

 Original •Indoor •Turkey Grain Free 12 Lb Bag Limit 2 Bags Per Family

#### **CANNED CAT FOOD All Varieties** 2 Oz. Limit 1 Case

PURELY FANCY FEAST

**PURINA** 

BENEFUL DRY DOG FOOD \*Original •Healthy Weight 31.1 Lb

Selected Varieites 15.5 Lb \$13.99) Limit 1 Bag Per Family CAT COUNTRY

PREMIUM ORGANIC CAT LITTER 20 Lb Limit 2 Bags

HEINZ

**PUP-PERONI DOG TREATS** Beef •Lean •Bacon •Chicken •Prime Rib 25 Oz Pkg Limit 2 Pkgs

#### **PET-MATE COMPASS PET KENNELS** 32" 89.99 (15.00 OFF) ...... **74.99**

Ocean

19" 24.99 (5.00 OFF) ...... \$19.99 28" 69.99 (15.00 OFF) ..... \$54.99

All Natural Unscented, 50 Lb Bag

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PETSPORT USA DOG TOYS •Tuff Balls •Fetch Me Fido •Fling Thing •Tug Max **OUR SUPER LOW PRICES** 

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COVERED LITTER BOX •Regular (Clean-Step \$21.99)

CONAIR PRO **GROOMING SUPPLIES** •Clippers •Trimmers •Brushes •Shampoo •Deshedding Tool All Varieties

WITH STARTER KIT

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75 Gal.

WATER

PENGUIN 350B

**OUR SUPER LOW PRICE SUPPLEMENTS** 50 Gal. Salt Mix

## **GOURMET CANNED CAT FOOD**

3 Oz - All Varieties except Elegant Medley Limit 1 case with coupon Limit One Coupon Per Family Price Valid Only With Coupon

Effective 4/27/16 - 5/3/16

Soft Toys All Varieties

## PREMIUM CAT LITTER

20 Lb Bag Limit 1 Bag With Coupon **Limit One Coupon Per Family** Price Valid Only With Coupon Effective 4/27/16 - 5/3/16

## PARTY MIX CAT TREATS

2.1 Oz •Selected Varieties Limit 2 Pkgs with Coupon **Limit One Coupon Per Family** Price Valid Only With Coupon Effective 4/27/16 - 5/3/16

PLU 573

### Television Listings for the week of April 29-May 4

		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
_	ABC	Shark Tank	0.00	Shark Tank (		(:01) <b>20/20</b> (		Local	Jimmy Kimn		Nightline
AS	CBS	The Amazing		Hawaii Five-		Blue Bloods			Late Show (1		Late Late
9	NBC	Caught on C		Grimm (TV14)		Dateline NBC		Local	(:35) Tonight	Show HD	Late Night
BROADCAST	FOX	Hell's Kitche		Hell's Kitche		Local Progra	,			Local Progra	
∞	ION	Criminal Mir		Criminal Min		Criminal Min		Saving Hope	(TV14) <b>HD</b>	Saving Hope	
ш	A&E	60 Days In (	_	60 Days In (		60 Days In (		The First 48		60 Days In (	
CABL	AMC			) ★★★½ Geo				<b>ob</b> ('03, PG-13			1111/110
3	ANIMAL	Tanked (TVPG		Insane Pools		Tanked (TVPG		(:03) <b>Insane</b>		Tanked: "Nick	: Carter"
	BET			PG-13) ★★ An						Wendy Willia	
	BRAVO	The People's		Miss Congen	iality ('00. PG	-13) Sandra Bu		Miss Congen			
	CARTOON			Bob's Brgr				Family Guy	Family Guy	Hospital	Sauid HD
	CMT			★★★ Dwayn				Skull Challen			Reba нр
	CNN	Anthony: "Ph		(:11) <b>United S</b>	Shades HD	(:11) Anthony	r: "Spain"	(:11) Anthony	(TVPG)	(:11) Anthony	
	COMEDY	Key Peele						lson, Will Ferrel		Chris Hardw	
	DISCOVERY	Alaskan Bus		Alaskan Busl		(:01) Trailbla		Alaskan Busl		Trailblazers	
	DISNEY		Stuck (N)	Backstage						Backstage	
	E!			★★ Richard Ge		#RichKids of (TV14) HD E! News (N) HD					
	ESPN	(7:30) <b>2016 N</b>	IBA Playoffs:	"Teams TBA" (	Live)	SportsCente		SportsCente		NBA Playoffs	(Replay)
	ESPN2		SportsCente			NBA HD		2016 NBA Pla		TBA" (Replay)	HD .
	FOOD			Diners <b>HD</b>	Diners HD	Diners HD					Diners <b>HD</b>
	FREEFORM	(:15) <b>The Pro</b>	posal ('09, Pi	3-13) ★★★ Sa		Ryan Reynolds.	HD	The 700 Club		Along Came	<b>Polly</b> ('04)
	FX			ris Hemsworth,				Thor ('11, PG-		ris Hemsworth. <b>HD</b>	
	HGTV	Love It or Li	st It HD	Love It or Lis	st It но	Hunters	Hunters	Hunters	Hunters	Love It or Li	st It HD
	HISTORY	Pawn Stars	Pawn Stars	Pawn Stars	(TVPG) <b>hd</b>			Alone: "Knife's	s Edge"	Pawn Stars	Pawn Stars
	LIFETIME	Atlanta Plas	tic (N) HD	Atlanta Plast	ic (N) hd	Mother/Dau	ghter (N) HD	Little Womer	1: LĂ HD	(:02) Atlanta	Plastic HD
	MTV	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NICK	School	HALO				Full House	Friends	Friends	Friends	Friends
	SPIKE		Cops HD	Premier Box							Сорѕ но
	SYFY	(7:00) The M	ummy Returi	1s ('01, PG-13)	<b>★★</b> ½	Wynonna Ear	rp (N) <b>HD</b>	Jeepers Cre	<b>epers</b> ('01, R)	★★½ Gina P	hilips.
	TBS	Broke Girls						Separation A		Cougar Twn	
	TCM	(:15) A Child	Is Waiting ('6	3, NR) Burt La				berg ('61, NR)			
	TLC	Say Yes	Say Yes	Say Yes		Say Yes	Say Yes				Say Yes
	TNT	Red ('10, PG-	13) ★★★½ [	ruce Willis. <b>HD</b>				★★ Bruce Willis			Ocean's 12
	TRAVEL	Mysteries (T	VPG) <b>hd</b>	Mysteries (T	VPG) <b>hd</b>	Mysteries (T	VPG) <b>hd</b>	Mysteries (T	VPG) HD	Mysteries (T	VPG) <b>hd</b>
	TV LAND			★★★½ Tobey							Queens
	USA	Law & Orde		Law & Order		Motive (TVPG)		Law & Order		Law & Ordei	
	VH1			★★½ Bill Muri				<b>s II</b> ('89, PG) I			
	WGN	Person of In	terest HD	Person of In	terest HD	How I Met	How I Met	Rules HD	Rules HD		Rules HD
Ξ	HBOW	We Are Mars	shall ('06)	Game of Thr	ones <b>HD</b>	Real Time M	aher (N)	VICE (N)	Real Time M	aher но	VICE HD
	MAXW			) Jeremy Renne		Banshee (TVA	MA) (N) HD	Banshee (TVN		Banshee (TVN	
-	SHOWW	The Drew ('1	5 NR)		Dice HD	W. Kamau Bo	oll (N) un	Lies HD		Spring Breal	

Lies HD

S	ATURD	AY E	VENI	NG					APR	L 30,	2016
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
15	ABC	White House	(N) <b>HD</b>	Captain Am	erica HD	20/20 нр	•	Local Progr	ams		
BROADCAST	CBS	NCIS: "React" HD		NCIS: New (	Orleans <b>HD</b>	48 Hours (T			ams		
ā.	NBC	Local Progra	ams	•		Dateline NB	Снр	Local	(:29) <b>Saturd</b>	ay Night Live	(TV14) <b>HD</b>
2	FOX	(7:00) Local	Programs			Local Progra	ams	Party (N)	Cooper	Local Progr	ams
-	ION	Law & Orde	r: SVU HD	Law & Orde	er: SVU <b>hd</b>	Law & Orde	r: SVU HD	Law & Orde	r: SVU HD	Law & Orde	r: SVU HD
щ	A&E	The First 48	(TV14) <b>HD</b>	The First 48	B: (N) HD	The First 48	S: (N) HD	The First 48	S: (TV14) HD	The First 48	(TV14) <b>HD</b>
CABLE	AMC	The Chronic	les of Narnia	: The Lion, th	ne Witch and	the Wardrob	е ('05) но	The Sorcere	er's Apprentic	e ('10, PG) 🛨	★½ HD
3	ANIMAL	My Cat Fron	n Hell (N)	Dr. Jeff: Ro		Cat From He	ell (N) HD	My Cat Fror	n Hell <b>HD</b>	(:04) <b>Dr. Je</b> t	ff: Rocky HD
	BET	Obsessed ('(	09, PG-13) Idris	s Elba, Beyoncé	. HD	Curvy	Baggage Cla	im ('13, PG-13	) ★★ Paula Pa	atton, Derek Lu	ıke. <b>HD</b>
	BRAV0	Dodgeball: A				Dodgeball: A	True Under	dog Story ('0	4) ★★★	Rush Hour S	3 ('07) ★★½
	CARTOON	DBZ Kai	King of Hill	King of Hill	Cleveland	Cleveland	Am. Dad	Family Guy	Family Guy	DBZ Kai	Dimension
	CMT	Gran Torino	('09, R) ★★:	★½ Clint Eastw	ood, Christophe	er Carley. <b>HD</b>		Сорѕ но	Сорѕ но	Сорѕ но	Сорѕ но
	CNN	Dinner HD	The White H	ouse Corres	pondents' Din	ner HD		The White H	ouse Corresp	ondents' Dir	ner HD
	COMEDY	Zombieland	('09, R) <b>hd</b>	(:56) People	Pleaser HD	Funcomfort	able (N) HD	People Pleas	ser HD	Funcomfort	able н <b>o</b>
	DISCOVERY	Alaskan Bus	h (N) HD	Alaskan Bus	sh (N) HD	Alaskan Bus		Alaskan Bus	h People	Alaskan Bus	h People
	DISNEY	Frozen (†13,			Stuck HD		Kirby Buck		Undercover	Liv hd	Austin HD
	E!	Bridesmaids	s ('11, R) <b>hd</b>	Bridesmaid	s ('11, R) ★★:	★ Kristen Wiig,	Maya Rudolph.	HD		#RichKids o	f (TV14) HD
	ESPN	SportsCente	Pr HD	SportsCent	er HD	SportsCente	er HD	SportsCente	er HD	SportsCent	er HD
	ESPN2	Е:60 нр		Е:60 нр		NBA HD	30 for 30: "T	his Magic Mom	ent" <b>hd</b>		Playoffs
	FOOD	Diners, Drive-Ins HD		Diners, Drive-Ins HD				Diners, Drive-Ins HD		Diners, Drive-Ins Ho	
	FREEFORM				hing Fire ('13		<b>★</b> ½ Jennifer La	wrence. <b>HD</b>		Mean Girls	('04) ★★★
	FX	Battleship ('	12, PG-13) ★>	<b>★</b> ½ Taylor Kits	sch, Alexander S	karsgård.		Mike/Molly	Mike/Molly		Mike/Molly
	HGTV	Property Br		Property Bi		House Hunt		Big Sky	Big Sky	Property Br	
	HISTORY	Cnt Cars	Cnt Cars	Cnt Cars	Cnt Cars	Cnt Cars	Cnt Cars	Top Gear (T)		Cnt Cars	Cnt Cars
	LIFETIME	Seduced (116	i, NR) <b>hd</b>				<b>her Man</b> ('08,	R) ★★ Liam	Neeson. <b>HD</b>	Seduced ('16	6, NR) <b>hd</b>
	MTV	Catfish: The	TV Show	How High (	01, R) ★★½ N	lethod Man, Re	dman. <b>HD</b>	Cannon	Cannon	Cannon	Cannon
	NICK	Henry	School (N)	Bella	Shakers	Full House	Full House	Friends	Friends	Friends	Friends
	SPIKE	Cops (N)	Cops <b>HD</b>	Cops HD	Cops <b>HD</b>	Сорѕ но	Сорѕ но	Cops HD	Сорѕ но	Private Rya	n ('98)
	SYFY	Jeepers Cre			inger (†13, PG-					Wynonna Ea	
	TBS		Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Sam. Bee	Detour HD	Walk Remen	nber ('02)
	TCM	H.M. Pulham	1 ('41) ★★½	The Philade	lphia Story ('	40, NR) Cary G	rant. <b>HD</b>	(:15) God To	<b>ld Me To</b> ('76)		It Lives ★★
	TLC	Real Life My		Dateline on		Dateline on	TLC (N) HD	Dateline on		Dateline on	TLC HD
	TNT	Inside NBA	2016 NBA PI	<b>ayoffs</b> : "Team	s TBA" (Replay)			Law & Orde	r: "Smoke"	Law & Orde	r: "Bodies"
	TRAVEL	Ghost Adven		Deadly Poss		The Dead Fi		The Dead Fi		Deadly Poss	essions
	TV LAND	Reba но	Loves Raym				Raymond	Queens	Queens	Queens	Queens
	USA	NCIS: "Prejud		NCIS: "Recov		NCIS (TVPG) I			Mod Family		
	VH1	Dirty Dancin	ı <b>g</b> ('87, PG-13)	Jennifer Grey	, Patrick Swayze			g: Havana N	<b>ights</b> ('04, PG-	13) ★★½	Fm Therapy
	WGN				Eastwood. <b>hd</b>		Норе но	Норе но	Норе но	Норе но	Норе но
Σ	HBOW				ction Ceremo		24/7 но	Game of Thr	ones HD	Silicon HD	Towns HD
PREM	MAXW	Edge of Tom					Messenger (	(14, R) <b>hd</b>	Banshee (TVI		College Co
٦	SHOWW		Lies HD	Lies HD	Lies HD		oxing: "Badou				Dice HD
					1				, (pou)		

	JIIVII II	IIIC DI CW ( I	υ, ππ		טוטט חט	W. Kalliau Di	עח (א) ווט	LIGO HD	uiguiua	opi ilig bi cai	NGI 3 ( 10)
CI	UNDAY	/ EVE	NING						M	AY 1,	2016
_	UNDA	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
	ABC	Once Upon a		The Family (		Ouantico: "D		Local Progra		ABC World N	
3 .	GBS	Madam Secr		The Good Wi		Elementary	- ( /	Local Progra		ADU WUNU N	(:35) Local
₹.	NBC	Little Big Sh		Carmichael		Dateline NBO		Local Progra		Dateline NBO	
	FOX		ountry Count			Local Progra		Lucai Frugia	uno	Local Progra	
<b>5</b>	ION	Leverage (TV		Leverage (TV		Leverage (TV		Flashpoint (T	VDC)	Flashpoint:	
_											
	A&E	Intervention		Intervention		Intervention		The First 48	· · /	Intervention	
<u> </u>	AMC	Fear the Wa		Fear the Wa		Talking Dead		Fear the Wal		Fear the Walking Dead	
	ANIMAL	Catch a Rive		(:03) River N		(:04) Finding		(:05) Catch a			
	BET	Shahs of Su	Off ('96, R) ★	Thicker That		Shahs of Su		, Meagan Good.	Chaha at C	Inspirat.	Inspirat. Thicker
	BRAVO							Watch What			
-	CARTOON	King of Hill Skull Challer		Cleveland Skull Challer		Family Guy		Rick Morty Skull Challen		Whatever	Venture Cops <b>HD</b>
	CMT CNN	Anthony: "Ph		Anthony: "Ph		United Shad		CNN Newsro	om (N) ···	Cops <b>nd</b> CNN Newsro	om (N) ···
-		Radio City (1		Dave Chappe		Nikki Glaser		Funcomforta		(:04) People	
	COMEDY	Naked and A		Naked and A		Naked and A		Trailblazers		Naked and A	
	DISCOVERY DISNEY						ilraiu (N)	Backstage			Jessie HD
		(7:00) Radio Kardashians			y Music Awar		f (N)	Kardashians		#RichKids o	
	E! ESPN			Kardashians						#RICHKIUS O	
	ESPN2	SportsCente Special	ESPN FC HD							II. Nous Vanleus	Playoffs
	FOOD	Guy's Groce						Cooks vs. Co		II: New York vs	
	FREEFORM				pring Baking (N) HD Cutthroat Kitchen (N)				Spring Baking HD Osteen Turning		
	FX			: Catching Fire ('13) но ★★½ Mark Wahlberg, Taylor K		Mean Girls ('04, PG-13) *		★★ Liliusay Loliali, hd or ('14, R) ★★★½ Mark Wa			
	HGTV		Lakefront			Island Life				Life HD	Life HD
	HISTORY	American Pi		American Pi				Top Gear (TV			
	LIFETIME									American Pickers HD '15, NR) Haylie Duff. HD Dodgeball ('04) ★★★	
-	MTV		('00, R) ★★½								
	NICK	Henry Dange			Full House						Friends
_	SPIKE	Bar Rescue		Bar Rescue		Life or Debt		Bar Rescue		Bar Rescue	
	SYFY	The Lone Ra			PG-13) ★★★!					Quantum of	
	TBS		t and Powerfi								Shrek 2
	TCM	A Stolen Life			Girl ('29, NR)		71101 Tul ( 10, 1	A Taste of Cl	herry ('99 Pf	3) Homaynoun F	
	TLG	Who You Are		Who You Are		Long Lost Fa		(:02) Who Yo		(:02) Who Yo	
	TNT		s Madea's Bi					2, PG-13) **			
	TRAVEL	Food Paradi		Food Paradi		America Dec		Mysteries (T		Food Paradi	
	TV LAND									Queens	Queens
	USA	Law & Orde	r: SVU HD	Law & Order				Mod Family			
	VH1		ool: The TLC	Story HD	Get Rich or	Die Trvin' ('0	5. R) 50 Gent	Terrence Howar	d. HD	Love & Hip	
	WGN		How I Met				Die Tryin' ('05, R) 50 Cent, Salem (TVMA) HD		ı ('90, R) ★★	Love & nip nop hd ★ Jenny Seagrove. hd	
		U.N.C.L.E. (		Game of Thr					Game of Thr		Vеер <b>нр</b>
Ē	MAXW		eparted ('06,					('14, PG-13) ★·	±1% Christian F	Sale nu	Bad Girls
Ξ	SHOWW			Lies (N) HD		Penny Dread		Penny Dread		Dice HD	Lies HD
	UIIV II II	PIOC HD	FIGO UD	F100 (II) UD	(א) סטום	i cilly nigal	iiui (N <i>)</i> NV	i ciliy Di Gau	ועו חט	PIOC HD	FIGO UD

M	ONDA	Y EVE	NING						M	AY 2,	2016
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<u> </u>	ABG	Dancing wit	h the Stars (	TVPG) (N) HD	•	Castle (TVPG)		Local	Jimmy Kimn	nel Live <b>HD</b>	Nightline
SS.	CBS	Mike/Molly	Mike/Molly	Big Bang	Odd Couple	NCIS: Los Ar	ngeles (N)	Local	Late Show (	TV14) <b>hd</b>	Late Late
BROADCAST	NBC	The Voice: "	Live Top 10 Per	formances" (N)	HD	Blindspot (T)		Local	(:35) Tonight	t Show HD	Late Night
	FOX	Gotham: "Azı	ael" (N)	Houdini & D	oyle (N) HD	Local Progra	ams	•		Local Progra	ams
"	ION	Criminal Mi	nds <b>hd</b>	Criminal Mi	nds HD	Criminal Mir	nds HD	Criminal Mir	nds HD	Criminal Mir	nds HD
щ	A&E	48 но 60 Days In Ba		Bates Motel	(N) HD	Damien (TV14	Damien (TV14) (N) HD		The First 48 (TV14) HD		(TV14) <b>HD</b>
CABLE	AMC	GoldenEye ('95, PG-13) ★★:		★★ Pierce Bro	osnan. <b>HD</b>	TURN Wash	Spies (N)	TURN Wash	Spies <b>HD</b>	GoldenEye (	95) ***
ی	ANIMAL	Insane Pools	S HD	Tanked: "Nic	k Carter"	Tanked: "N' F	Roses" <b>hd</b>	(:03) <b>Insane</b>	Pools HD	Tanked: "Nicl	k Carter"
	BET	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Wendy Willia	IMS HD
	BRAVO	Southern Ch		Southern Ch		Housewives	(N) HD		Southern Ch		Dallas HD
	CARTOON	King of Hill	Bob's Brgr	Bob's Brgr	Cleveland		Am. Dad	Family Guy	Family Guy		Squid HD
	CMT					III ('90, PG) ★			Dude HD	Reba но	Reba но
	CNN	Anderson Co	oper 360°	CNN Newsro	om (N) HD	CNN Newsro	om (N) HD		Amanpour.	CNN Newsro	om (N) HD
	COMEDY	South Park	South Park	South Park	South Park	South Park	South Park	Daily Show	Nightly (N)	midnight	South Park
	DISCOVERY	Street Outla	ws: Full (N)	Street Outla	IWS (N) HD	Fat N' Furio	us (N) hd	(:02) <b>Street</b>		(:03) <b>Fat N'</b> I	Furious <b>no</b>
	DISNEY	How to Build	d a Better Bo		Liv HD	Undercover	Best HD	Backstage	Girl Meets	Jessie HD	Jessie HD
	E!	(7:30) E! Live	9	Kardashians	(TV14) <b>HD</b>	#RichKids o	f (TV14) <b>hd</b>	E! News (N)	HD	Kardashians	(TV14) <b>HD</b>
	ESPN		Hey Rookie Hey Rookie		Baseball Tonight HD Cake Masters (N) HD		NBA HD Jalen HD Chopped (TV G) HD		SportsCenter HD NFL Live HD Chopped (TV G) HD		II (Replay)
	ESPN2	Hey Rookie									er HD
	FOOD										'S HD
	FREEFORM	(7:30) The W	edding Plann	er ('01, PG-13) ★★ HD ★½ Henry Cavill, Amy Adams.				The 700 Club (TV G) Man of Steel ('13, PG-13)		Lizzie	So Raven
	FX										
	HGTV	<b>Listed Siste</b>			Tiny House		Hunters			Tiny House	Tiny House
	HISTORY	Swamp Bloo		Swamp Peo			Iron Fire	Iron Fire	Iron Fire	(:01) <b>Swamp</b>	
	LIFETIME	Why Did I Go	et Married? (	'07, PG-13) ★	★½ Tyler Perr	y. <b>HD</b>	The Girl He	Met Online ('	14, NR) <b>hd</b>	Why Did I M	
	MTV	Teen Mom 2		Teen Mom 2		Teen Mom 2			Teen Mom	Catfish: The	TV Show
	NICK	Thunderman		Full House	Full House	Full House	Full House	Friends	Friends	Friends	Friends
	SPIKE	Cops HD	Сорѕ но	Сорѕ но	Сорѕ но	Cops HD	Cops HD	Cops <b>HD</b>	Jail	Jail	Jail
	SYFY	Skyfall ('12,		12 Monkeys		Hunters (N)		12 Monkeys	(TV14) <b>HD</b>	Hunters <b>HD</b>	
	TBS	Family Guy				Family Guy		Conan (TV14)			Conan HD
	TCM	Casablanca				36, NR) Binnie	Barnes.	Ninotchka ('		r⅓ Greta Garbo	
	TLC	Race Agains		Half-Ton Kil		Half-Ton Kill		Half-Ton Kil		Half-Ton Kil	
	TNT	(7:30) <b>2016 l</b>	NBA Playoffs:			Inside the N	BA (Live)	2016 NBA PI			
	TRAVEL	Bizarre <b>hd</b>	Bizarre HD	Bizarre Foo	ds HD	<b>Hotel Impos</b>	sible (N) HD	Bizarre Food		Bizarre Food	ds HD
	TV LAND		Loves Raym		Raymond	Lopez <b>HD</b>	Lopez HD	Queens	Queens	Queens	Queens
	USA		y Night Raw	(Live) <b>HD</b>				Chrisley		<b>Mod Family</b>	
	VH1	Love & Hip		Black Ink Cr		Love & Hip I		Black Ink Cr		Love & Hip	Нор но
	WGN	How I Met	How I Met			Parks HD	Parks HD	Rules HD	Rules HD	Норе но	Норе но
Σ	HBOW	Good Sheph	erd ('06)	Lanzmann	The Pianist	('02, R) Adrien	Brody, Thomas	Kretschmann.	HD	Game of Thr	ones <b>hd</b>
PREM	MAXW	Banshee (TV				Sigourney We		Banshee (TVI		Planet of the	
٦	SHOWW	Lies HD	Dice HD	Penny Drea		Billions: "Yun		Lies HD	Penny Dread		Dice HD
_	_										

Tl	JESDA	Y EVI	ENING	ì					M	AY 3,	2016
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
=	ABC	Fresh Off	O'Neals	S.H.I.E.L.D.	(N) HD	Beyond the	Tank (N)	Local	Jimmy Kimn	nel Live HD	Nightline
3	CBS			NCIS: New Orleans (N)		Person of In	terest (N)	Local	Late Show (		Late Late
ā.	NBC			Chicago Med	d (N) <b>HD</b>	Chicago Fire	(N) HD	Local	(:35) Tonight	Show HD	Late Night
BROADCAST	FOX	New Girl	Grand (N)	New Girl	Grinder	Local Progra		•		Local Programs	
	ION	Criminal Minds HD		Criminal Minds HD (		Criminal Mir	nds HD	Saving Hope	Saving Hope (N) HD		(N) HD
щ	A&E	Storage	Storage	Storage Wa	rs (N) HD	Storage	Storage	Storage	Storage	Storage	Storage
CABLE	AMC	Casino Royale ('06, PG-13)				The Night M			ht Manager	(TV14) <b>HD</b>	Royale HD
3	ANIMAL	River Monsters HD		(:01) <b>River M</b>	Nonsters: Jur	assic (TVPG) ı	ID	(:03) <b>River N</b>		(:04) River N	
	BET	Martin		Martin		<b>Chasing Des</b>		<b>Chasing Des</b>	tiny HD	Wendy Willia	MS HD
	BRAVO	<b>Real Housev</b>	vives (N)	Below Deck		Housewives			Below Deck	(TV14)	Housewives
	CARTOON	King of Hill	Bob's Brgr	Bob's Brgr	Cleveland	Am. Dad	Am. Dad	Family Guy	Family Guy	Robot	Squid HD
	CMT	Man Stand.	Man Stand.		Seconds ('00,	PG-13) ★★★		Angelina Jolie. ı	ID .		Reba но
	CNN	Anderson Co		CNN Newsro		CNN Newsro		News (N)	Amanpour.	CNN Newsro	om (N) HD
	COMEDY	Tosh.O HD	Tosh.O HD	Tosh.O но	Tosh.0 HD	Tosh.O но	Tosh.O HD	Daily Show	Nightly (N)		Tosh.O HD
	DISCOVERY	Deadliest Ca	tch (N) HD	Deadliest Ca	atch (N) HD	The Last Ala	skans (N)	Deadliest Ca		The Last Ala	skans HD
	DISNEY	Undercover	Undercover	BUNK'D	Liv HD	Undercover	Best HD	Backstage	Girl Meets	Jessie HD	Jessie HD
	E!	Fashion Police (N) HD						E! News (N)	HD		
	ESPN	SportsCenter HD		SportsCenter HD		SportsCenter HD				SportsCente	r HD
	ESPN2	Hey Rookie		NFL Live HD		NBA HD Jalen HD 30 for 30: "This Ma		his Magic Mom	ent" <b>HD</b>		
	FOOD	Chopped Jui		Chopped: "H	ot Stuff"	Chopped (TV G) (N) HD Chopped (TV G)					
	FREEFORM	Harry Potter and the Pri		soner of Azkaban ('04)				The 700 Club (TV G)		Lizzie	So Raven
	FX	Lone Survivo	or ('14, R) ★	★½ Mark Wahlberg, Taylor Ki		Kitsch. Lone Survivo		or ('14, R) ★★★½ Mark Wa		hlberg, Taylor I	Kitsch.
	HGTV	Fixer Upper		Fixer Upper		Hunters	Hunters	<b>Good Bones</b>		Fixer Upper	(TV G) HD
	HISTORY	Cnt Cars	Cnt Cars	Top Gear (N)	) HD	Hunters	Hunters	Top Gear (TV			Cnt Cars
	LIFETIME	Dance Moms	S (N) HD	Dance Mom	<b>s</b> : "One Last Da	nce" (N)		s: "One Last Da	nce"	(:02) <b>Dance</b> l	Moms HD
	MTV	Ridiculous	Ridiculous	Ridiculous		Awkward.	Faking It	Ridiculous	Ridiculous	Ridiculous	Ridiculous
	NICK	Thunderman	School	Full House	Full House	Full House	Full House	Friends	Friends		Friends
	SPIKE	Ink Master (	TV14) <b>HD</b>	Ink Master	(TV14) <b>HD</b>	Ink Master (	TV14) HD	Ink Master	Ink Master	Nightmares	Nightmares
	SYFY			Resident Ev				Drive Angry ('11, R) ★★ I			
	TBS	Big Bang	Big Bang	Big Bang	Makers (N)	Separation I	Anxiety (N)	Conan (TV14)		Broke Girls	Conan HD
	TCM	Fury ('36)			tler to Hollyw			ve ('35, NR) P		All Through	
	TLC	(:05) <b>Jill &amp; J</b>	essa: (N) HD	Jill & Jessa	: (N) HD	Little People	(N) HD	Jill & Jessa		(:06) <b>Little P</b>	
	TNT	(7:30) <b>2016 N</b>	IBA Playoffs:	"Teams TBA"	(Live)	Inside the N	BA (Live)	2016 NBA PI	ayoffs: "Team:	s TBA" (Replay)	HD
	TRAVEL	Bizarre Food	ds America	Bizarre Foo		Bizarre Food	ds HD	Bizarre Food	ds America	Bizarre Food	ls HD
	TV LAND	Raymond	Loves Raymo				Lopez HD	Queens	Queens		Queens
	USA	Law & Orde		Law & Orde		Law & Orde			Chrisley		Chrisley
	VH1	Love & Hip I		Love & Hip				gs, Omar Epps.		Black Ink Cr	ew HD
	WGN	Maid in Man		How I Met		Parks HD	Parks HD	Rules HD	Rules HD	Норе но	Норе но
Σ	HBOW	Fantastic 4	('07, PG) <b>hd</b>	Game of Thr	ones HD	Silicon HD	Paper Town	s (*15, PG-13)	Cara Delevingne	. HD	Dying Girl
	MAXW	Win Win ('11,	R) Paul Giamat	ti, Amy Ryan. ı	HD			★ Jack O'Con		Point of No I	
а.	SHOWW	Penny Dread		60 Minutes		Penny Dread	lful HD	60 Minutes	Sports HD		Lies HD

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	AY 4,	12:30	
)	The Middle		Mod Family		Nashville (T		Local	Jimmy Kimn		Nightline	
}	Survivor: Ka		Criminal Mir		Criminal Mi		Local	Late Show (	TV/14) IID	Late Late	
<u>,                                    </u>	Heartbeat (		Law & Orde		Chicago P.C	( )	Local	(:35) Tonight		Late Nigh	
	Rosewood ()	- , , ,	Empire (TV14	( )	Local Progr		Local	(.00) Tuligili	Local Progr		
	Law & Orde		Law & Orde		Law & Orde		Law & Orde	n (T\/14)	Law & Orde		
				, ,							
<u> </u>							60 Days In (		Live Free Di		
<u> </u>	The Rock ('96, R) ★★★ S North Woods Law HD				Manth Wass	la I a		r's Apprentic			
MAL			North Woods		North Wood		North Woods		North Wood		
	Martin	Martin	Payne HD	Раупе но	Payne HD	Payne HD	Martin	Martin	Wendy Willia		
VO	New York Ci		Real Housev		There Goes			Housewives		There Goe	
TOON		Bob's Brgr			Am. Dad	Am. Dad		Family Guy		Squid HD	
		Man Stand.				e, Robert Duvall	HD	Dude HD	Reba HD	Reba но	
<u> </u>	Anderson Co		CNN Newsro		CNN Newsr		News (N)		CNN Newsro		
<b>IEDY</b>						South Park			midnight	South Par	
COVERY			Bering Sea (		Trailblazers		Bering Sea (	iold HD	Alaska: Last	(TVPG) <b>HD</b>	
NEY		Wimpy Kid: Rodrick Rules			Undercover			y Music Awar	rds (TVPG)		
		Kardashians (TV14) но				,		E! News (N) HD			
N		SportsCenter <b>HD</b>		SportsCenter HD				SportsCenter HD		<b>ill</b> (Replay)	
N2	Е:60 нр		Baseball Tor		Jalen но	NFL Live HD		Jalen н <b>D</b>	SportsCent		
D		Diners <b>HD</b>	Diners, Driv					Mystery	Diners, Driv		
EFORM	Billy Madiso			<b>hty</b> ('03, PG-1			The 700 Club		Lizzie	So Raven	
							The Americans HD		The Americans HD		
V	Property Br		Property Br		Hunters	Hunters	Property Br		Property Br		
TORY	American Pi	ickers <b>но</b>	American Pi	ckers (N)	Pawn Stars	Pawn Stars					
TIME	Little Wome		Little Wome				Little Women: NY но		Little Women: LA HD		
1	Catfish: The		Catfish: The	TV Show		ge: Rivals III		Friday After	Next ('02, R)	Ice Cube.	
K	Thunderman	School	Full House	Full House	Full House	Full House	Friends	Friends	Friends	Friends	
KE	(7:00) Movie	1	Movie				Movie				
Y	Resident Evi	il <b>2</b> ('04) hd	The Cabin in the Woods ('12, R) ★★★				Drag Me to	<b>Hell</b> ('09, PG-1	(3) Alison Lohm	an. HD	
3	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Conan (TV14)	(N) HD	Broke Girls	Conan HD	
	The Killers (	('46, NR) <b>hd</b>	A Foreign Af	<b>fair</b> ('48, NR)		Arthur.	Foreign Cor	respondent (	'40, NR) Joel N	AcCrea.	
	My 600-lb L	ife (N) HD	My 600-lb L	ife (N) HD	Two in a Mi	llion (N) HD	(:02) My 600	-lb Life н <b>D</b>	Two in a Mil	lion HD	
•	(6:30) NBA P	Playoffs HD	Inside the N	BA (Live)	2016 NBA P	layoffs: "Team:	TBA" (Replay)	HD	•	Preview	
VEL	Expedition L	Jnknown	Expedition U	Inknown	Expedition I	Unknown	Expedition U	Inknown	Expedition L	Jnknown	
LAND	Raymond	Raymond	Raymond	Raymond	Lopez (N)	Soul Man		Queens	Queens	Queens	
1	NCIS (TVPG) I		NCIS: "Dead A		NCIS: "Crack	ed" HD	NCIS: Los Ar	igeles HD	NCIS: Los A	ngeles HD	
	Family Ther	anv (N) HD	Love & Hip I	Нор нр	Family Ther	anv HD		s: An Americ			
N	Undergroun		Undergroun		Undergrour		Man on Fire	('04, R) ★★>	★½ Denzel Was	shington. <b>HD</b>	
W		Vеер <b>н</b>		24/7 нр		orld ('15, PG-13			Real Time M		
(W	The Drop ('1		Banshee (TV)			ond (10, 10 to			Dawn of Pla		
WW		y: A Dame to			Penny Drea			s ('15, R) ★★:			





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