



**Veterans Writing War Stories**  
Page 3



**Book Sale Benefiting the Del Dayo Library**  
Page 2

# Carmichael Times

Volume 36 • Issue 13

Serving Carmichael and Sacramento County since 1981

March 25, 2016



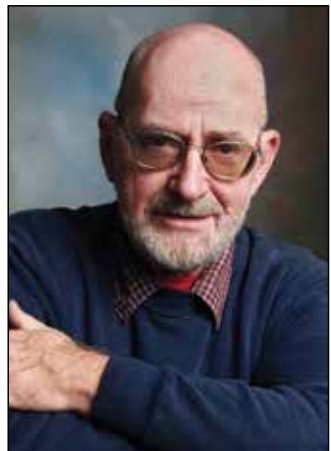
**EASTER EVENTS**  
SEE PAGE 2

**LEARNING THE HARD WAY FROM MISTAKES**

**END OF THE BENCH**  
BY GERRY SCHOLL

Page 5

**TALKING ABOUT THE BIG TOMATO**



Page 13



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

## Artist Jian Wang Paints the Town



Jian Wang returns to his favorite spot in Carmichael to complete an American River landscape.

**Story and photos by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Chinese American artist Jian Wang touched American River shores during a rejuvenating winter return to Carmichael. The painter found the scenery inspiring and -- compared to polluted Beijing -- the air pure. River views nourish his heart. "And through paintings in galleries all over America and China," he conceded, "these views have fed my family for 30 years."

Famously captured in at least 100 Wang canvases, one particular Ancil Hoffman Park vista got a 2016 revisit. Set between the golf clubhouse and the Effie Yeaw Preserve, the spot provides a vignette its admirer can reinterpret till the cows come

home. "I move trees around on my canvas; I lower and raise the cliffs and the water," he says. "The clouds and the rising sun at dawn are never the same. I walk to the river in the dark; sometimes deer are looking at me. Once, a dog walker took me by surprise. I had a painting on the ground. The dog was so excited, he jumped all over it. I kept a smile on my face so I wouldn't upset the lady but I was so mad at the dog. I never finished the canvas. I call it my 'Bad Dog Painting'."

Currently based in Beijing, the painter/sculptor is one of China's preeminent contemporary artists. A Wang figurative canvas was recently auctioned for the equivalent of \$US 200,000. "Unfortunately, I'd sold it for \$100,000 a year before," he winces. "Someone made a good investment." Wang

is philosophic. "The sale still goes on the records," he explains. "Its price benefits the overall value of all my work."

Trained at CSUS after being "discovered" in China by Sacramento supporters, Wang established a local following for riverscapes, portraits and a still-life studies. Discovering an insatiable homeland appetite for his work Wang established a Chinese base in 2007 and has worked there since. During the 2008 Olympics, his canvases filled two massive salons in China's National Museum. Millions saw the full circle of his art. The one-man Beijing exhibit detailed Wang's training under Communist ideology before a 20-year Californian struggle to master modern style in California.

Olympic show offerings sold for hitherto  
*Continued on page 2*

## Teamsters Endorse Scott Jones for Congress

**SACRAMENTO REGION, CA (MPG)** - Teamsters Joint Council 7, representing 100,000 working men and women in 22 local unions in Northern California, the Central Valley, and Northern Nevada, has endorsed Sheriff Scott Jones for Congress in the 7th district.

"We are endorsing Scott Jones because of his strong stance against the Trans Pacific Partnership and commitment to protecting American jobs," said Rome Aloise, President of Teamsters Joint Council 7. "With 10,000 good-paying union jobs in California's vital dairy industry at stake, we need someone in this seat whose word we can count on. We are confident that Scott Jones is the right person for the job."



Sheriff Scott Jones

Local Teamsters members work in trucking, warehousing/distribution, freight, food processing, dairies, solid waste/recycling, public services, beverages, and more.

"I am very happy to receive the endorsement of the Teamsters," said Jones. "These are men and

*Continued on page 4*

## Seeing Green

**Photos and story by Susan Maxwell Skinner**

**CARMICHAEL, CA (MPG)** - Ancestry had little to do with it. Irish and honorary Irish (including Italian, Hispanic, and even one Fijian fan) kicked up heels at Mission Oaks Community Center St Patrick's celebration last week.

Irish selections joined the eclectic lineup at a dance sponsored by the Carmichael facility. The free event gave license for outrageous emerald attire. More than 200 party-goers waltzed, jived and jigged like leaping leprechauns. John Skinner's band called the tunes. Geared to all ages, the celebration was one of a winter/spring series of free dances sponsored by County Supervisor Susan Peters

A party door prize went to the guest who got closest to guessing the number of coins in a "crook of gold." That the gold was actually tin foil and the 249 coins were chocolate did not deter the winner

*Continued on page 4*



Mission Oaks Community Center patrons donned Celtic shades to celebrate St Patrick's Day last week.

# Artist Jian Wang Paints the Town

Continued from page 1

unimagined prices. Chinese critics saw him as a cultural breakthrough: from his subject matter, brush technique and extravagant use of paint, they marveled that a native artist was at last painting "without a Chinese accent." National Chinese networks have lately aired several hour-long documentaries dedicated to his work. The rock-star artist's personal blog has scored 2.5 million hits; his website has 860,000 visitors to date. "Being rediscovered in your homeland is heartwarming and humbling," admits Wang.

Neither has California forgotten its adopted son. Wang has been invited to instruct at the Laguna College of Art this summer. On his last sojourn to teach figurative and landscape painting there, his 35-person courses filled almost as soon as they were announced. "It's thrilling to watch him work," comments a Sacramento fan. "He dumps colors on canvas like unsorted jewels. He brushes them around and from the vortex, raw faces quickly emerge. His genius directs each seemingly random stroke."

Though Jian Wang longs for fresh air and the river that nourishes his heart, a continuing commute between two countries is his career prediction. Confirms the workaholic: "I miss my Sacramento friends; people who have supported me for years. But China is where the buzz



Jian Wang's study of two Beijing students recently sold in China for the equivalent of US \$200,000.

is. Beijing is horribly polluted. It doesn't have Carmichael's beautiful yards and flowers. But that does not impact me much. I am always in my studio, working, working." ★

# Book Sale Benefiting the Del Dayo Library



**CARMICHAEL, CA (MPG)** - Thursday, March 31st, will be a big night for the Del Dayo Elementary Library. Not only is it Family Night, but they will be holding a book sale from 5:30 p.m. to 7 p.m. The sale will be

held in front of the library at the picnic tables. The library is in search of funds to purchase more books. Cash and checks are accepted.

If you would like to donate books, donation boxes will be

available in the front office and in the library from March 7th through March 18th. Children, teen, and adult books are welcome.

Source: Nicholas Demovic ★

*Come! Join Us*

Friday 7:00PM - Good Friday Service

## American River Community Church

Wonder-Land Christian Pre-School & Day Care  
3300 Walnut Avenue - Carmichael

Easter Sunday

9:30AM - Contemporary Praise Band

11:00AM - Classic Blend Service

[www.arcconline.org](http://www.arcconline.org) [info@arcconline.org](mailto:info@arcconline.org) 916.483.3465



## Union Gospel Mission

Sacramento  
(916) 447-3268  
400 Bannon Street  
Sacramento, CA 95811  
Exec. Director, Pastor Tim Lane

Go to [WWW.UGMSAC.COM](http://WWW.UGMSAC.COM) to donate online



### Ways to Give for Easter!

We will be giving 100+ food boxes and needs

- Turkeys • Canned Veggies
- Boxed Potatoes • Stuffing and Gravy

Each \$1.92 you send provides a delicious Easter meal and care for a man, woman or child who comes to the Mission, and shares the hope of salvation through Christ's Resurrection.

**Easter Meals Just \$1.92 Each**

**Please consider donating today!**

Union Gospel Mission serves Sacramento's homeless with shelter, meals, clothing, many essential items, and a men's



rehabilitation program, always given with a life-changing Gospel message 365 days a year! Founded in 1962 by concerned Christians for men in need, we now serve women and children. God's amazing testament shines from the good that comes with committed volunteers, inspired leadership, and the community's support through financial and in-kind gifts.

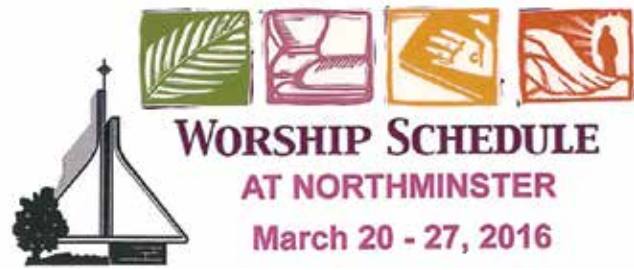
# EASTER @ Celtic Cross Presbyterian Church

- 7:00 am** Sunrise Service, a casual Contemporary Service outside.
- 9:30 am** Contemporary Service with the Praise Team.
  - Children and Youth programs
  - Easter Egg Hunt at 10:30 am
- 11:00 am** Traditional Service with the choir and guest brass ensemble.

*Share the Journey!*

5839 Dewey Drive, Citrus Heights, CA 95621  
Between Madison and Greenback  
(916) 967-1414 [celticpc.org](http://celticpc.org)

## HOLY WEEK



**PALM SUNDAY** **March 20, 10 a.m.**

A worship celebration of Jesus' entry into Jerusalem with the children waving palm branches joined by the chancel and handbell choirs, and a joyous message by Pastor Jack F. McNary.

**MAUNDY ("Mandate") THURSDAY** **March 24, 7 p.m.**

Remembering Jesus' Last Supper with His disciples with a symbolic cleansing with the washing of the hands and then coming to the Table of Grace to partake of the Sacrament of the Lord's Supper. All are welcome.

**GOOD FRIDAY** **March 25, 7 p.m.**

A "Service of Darkness" (Tenebrae), extinguishing candles throughout the service as we hear the "Seven Last Words of Jesus from the Cross." Featuring the choir and handbells.

**EASTER SUNDAY** **March 27, 7 a.m.**

A contemporary style worship celebrating the Resurrection of our Lord Jesus, led by our Youth with singing and an uplifting message by Pastor Jack.

**10 a.m.** Traditional worship with brass, handbells, choir and an inspiring message by Pastor Jack. There will be a special time and gifts for the children with eggs for all!

*Northminster Presbyterian Church*

3235 Pope Avenue (between Watt and Fulton) Jack F. McNary, Pastor (916) 487-5192  
[www.northminsteronline.org/mailnorthminster@yahoo.com](http://www.northminsteronline.org/mailnorthminster@yahoo.com)



ARTS & CRAFTS • GOLDEN EGGS • VENDORS • EASTER BUNNY • AND MORE!

**03.26.16** Saturday • 10am Sharp!  
at Carmichael Park

[carmichaelpark.com](http://carmichaelpark.com) • 916.485.5322

## WIDOWED PERSONS ASSOCIATION OF CALIFORNIA



The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

**OFFICE HOURS 10:00am - 3:00pm**  
**Monday - Friday (916) 972-9722**

**Sunday Support - Any and all widows or widowers are invited.**  
**Every Sunday from 3:00pm - 5:00pm**

In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18

# Veterans Writing War Stories

Story and photos by Steve Liddick

**SACRAMENTO REGION, CA (MPG)** - A character in John Steinbeck's classic novel "East of Eden" had suffered unimaginable pain and loss in his life. He was asked how he could live with those memories. He said, "I forget by remembering."

That concept is being applied to a small Sacramento area group of veterans of America's wars. A writing workshop doubles as a support group to help each to offset the trauma of battle by giving them a way to confront the demons they continue to carry with them.

Rancho Cordova Library Branch Supervisor Jill Stockinger coordinates the writing program that is funded by a four-year state and federal grant. She said veterans returning from war are an "underserved population," and those who still suffer the effects of war can benefit by writing. Therapeutic, of course, but the hope is that it will be enjoyable, as well. "Self-expression is a positive experience," she said. "We encourage veterans to express themselves to help them adjust to civilian life."

Seated around a table in a quiet room in the library, five veterans gathered to write of their experiences among others who will understand what they have gone through.

Local writer, poet, and CSUS and Sacramento City College English professor Bob Stanley is co-director of the group in the first of what will be four Wednesday evening sessions at the library. The remaining three sessions are: March 30th, April 20th, and May 18th. Veterans of all branches and all eras are welcome, even if they



**U.S. Marine Corps veteran Daniel Gomez served four tours in Vietnam. Twice-wounded, he contracted malaria and was exposed to the chemical defoliant Agent Orange. Gomez is still haunted by the physical and emotional effects of the war.**

were not able to attend the first session.

"The main focus of the group will be to get words down on paper," Bob Stanley said. Any subject, any form. No rules or pressure came with the exercise. Each was encouraged to express what they feel and put it in words.

Co-Director Indigo Moor is a poet, screenwriter, and author as well as a U.S. Navy veteran of Desert Storm. Moor read from the published works of several war veterans who had poured out their feelings as free verse poetry. One of those works was a poignant retelling of the poet's visit to the Vietnam War Memorial in Washington, D.C.

Judging from the reaction of those present, the words were resonating with them as well.

in their war. U.S. Marine Corps veteran Daniel Gomez served four tours in Vietnam. Gomez was wounded twice and continues to suffer the health effects of the injuries, exposure to Agent Orange defoliant, and malaria. When asked why he was attending the workshop, he said, "To figure out why the hell I'm still here." His war may have ended four decades ago, but it is still as fresh in his mind as yesterday.

The five men who attended the gathering represented different branches of the service: Army, Marine Corps, Navy, and Air Force, as well as different wars: Korea, Vietnam, and the Middle East.

Carmichael resident Bob Pacholik is an author of some renown. He was a U.S. Army combat photographer in Vietnam during the Tet Offensive. His book "Night Flares: Six Tales of the Vietnam War," chronicles the war



**Veteran writing program Co-Director Indigo Moor works with Emtt Hawkins, an Air Force veteran of the Korean War, to express his feelings about his experiences.**

and honors the men and women who served in it.

Most of those present were there for the therapeutic value writing might offer. Some of the men said they hoped to continue to write beyond the program. Emmett Hawkins served in the U.S. Air Force in Korea. Among other subjects he is interested in religion and history.

For each of the veterans who took part in the Rancho Cordova

writing workshop, the object was to reduce their experience down to its essence to help them to better understand what happened to them.

Poetry: a large idea, written small.

For additional information about the veterans writing project, check out [www.saclibrary.org](http://www.saclibrary.org) and click on "events." Also, the library information line number is (916) 264-2920. ★



**The hat of Carmichael resident, Vietnam War veteran, and author Bob Pacholik.**

**Better Sleep  
Better Health**




Treating  
Sleep Apnea





Comprehensive Dental Care

6855 Fair Oaks Blvd Suite #800  
Carmichael, Ca 95608  
**916.487.5032**  
Next to Carmichael Post Office | [sykimdentistry.com](http://sykimdentistry.com)



ESKATON®

Transforming the Aging Experience

A few openings  
are available in the  
Assisted Living Lodge  
and newly remodeled  
Memory Care.  
No membership  
required!

## Eskaton Village Carmichael

If you are ready for more freedom, but want more than month-to-month rental ... If you want spacious apartment or cottage living and the assurance of staying in your community should your health needs change ... If you want luxury, comfort and service in a gated retirement community at a price that's more affordable than you might think ... Come for a visit soon.

Take in our beautiful 37-acre campus with bocce ball court, putting green, multiple gardens and state-of-the-art fitness center with indoor pool and spa. Imagine your life with so many exciting opportunities right outside your door.

**Your community. Your life. Your choice.**

Pick up the phone or  
go online for more!

[eskaton.org](http://eskaton.org)

**Eskaton Village Carmichael**  
Continuing Care Community (CCR):  
Independent Living with Services, Assisted  
Living, Memory Care and Skilled Nursing  
3939 Walnut Avenue Carmichael, CA 95608  
916-967-1017

License #340313383 / COA #202





**ARE YOU A SPORTS WRITER? CALL US! 773-1111**

### Teamsters Endorse Jones for Congress

*Continued from page 1*

the women who work hard every day to provide for their families. They are rightfully worried about federal policies that do not value their vital contribution to our nation's economy. They deserve to have a representative who values the job they do and will work to protect middle class working families who are under so much pressure in the current economy."

Sheriff Scott Jones is challenging incumbent Congressman Ami Bera in the 7th congressional district. Jones is the current President of the California Peace Officers Association and sits on many professional and community boards, including Make-a-Wish. Jones has a Bachelor's Degree in Criminal Justice from CSU Sacramento, and a Juris Doctor (Law) degree from Lincoln Law School. He is also a graduate of the West Point Leadership Program, as well as the FBI's National Executive Institute.

*Source: Office of Sheriff Scott Jones* ★

### Seeing Green

*Continued from page 1*

whose estimate was exact. Guests and musicians ended their emerald afternoon by joining hands in a magic circle and singing "When Irish Eyes Are Smiling"

"Our patrons love theme events," approved Mission Oaks staffer Terri McAdam. "They welcome an excuse to dress up and leave their inhibitions at home. Our Celtic theme was broadly interpreted. I was surprised at how creative some of the costumes were."

A "Baby Boomer" dance on May 13th will continue theme flings at the community center. Music is by the 59er Band. Anyone may attend. Admission is \$5 online; \$6 at the door. The Mission Oaks Community Center is located at 4701 Gibbons Drive, Carmichael. Learn about more MORPD events at [www.morpd.com](http://www.morpd.com). ★



Carmichael dancers Daniel and Espie Lopez were honorary Irish for the day.



**Bringing You Home**  
Your Carmichael Realtor for over 27 years  
(916) 425-5884

## CURRENT LISTINGS



**6048 Cherrelyn Way, Carmichael, CA 95608**  
3/2 1393 sqft,  
.25 acre lot  
Open Floor plans  
Rv Access

FEATURED



**4291 Alton Ct., Sacramento**  
5075sqft., .48 Acre cul-de-sac lot  
Near Ashton Park



**5322 Kenneth Ave. Carmichael**  
Clean Home on a Large .287 lot  
Great for 1st Time Buyers or Investors

- #### CDT Recent Sales
- 3153 Petty Lane, Carmichael, 95608 - \$355,000
  - 6042 Lonely Ridge Ct., Fair Oaks, 95628 - \$647,000
  - 7016 Trabert Ct., Carmichael, 95608 - \$410,000
  - 5134 Archcrest Way, Sacramento, 95835 - \$540,000
  - 645 Swanson Lane, Colfax, 95713 - \$460,000
  - 3004 Granite Park Lane, Elk Grove - \$340,000
  - 4120 Daystar Ct., Sacramento, 95824 - \$135,000
  - 5343-5345 Gibbons Dr., Carmichael, 95608 - \$307,500

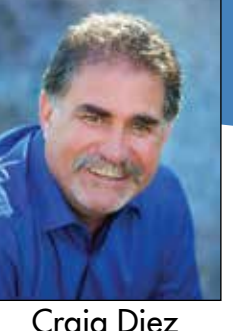
I would not have been able to go through this process without the assistance of such a knowledgeable and professional REALTOR®. Craig Diez is an incredible talent and understands that buying a house is an emotional journey. He was always available to answer my questions and lower my anxiety level. The integrity and work ethic he demonstrates is hard to find these days. I have already recommended him to a friend.

—Karen Sandoval

CLIENT



7144 Fair Oaks Blvd., Suite #7  
Carmichael, CA 95608  
(916) 425-5884  
[cdiez@cbnorcal.com](mailto:cdiez@cbnorcal.com)



Craig Diez



Mike Giancanelli



## SWANSTON COMMUNITY CENTER

**Easter Blast**

Games! EGG HUNT! Sunday, March 27 12pm-2pm Magic Show!

Magic Show is at 12pm and 12:45. Buy Ticket at Swanston or online at MORPD.com \$1 per person, age 2 and under free

## MISSION OAKS COMMUNITY CENTER

**FREE Health Faire**

Friday April 22, 8-11am

- 50+ Vendors •Health Screenings
- Door Prizes •Fitness Demonstration
- Health Food Presentation •972-0336

NEW VENDERS WELCOME!

**TRAVEL SHOW**

Easy Group Travel  
Designed for Adventurers who are nearly retired or "still working but ready to travel"

Looking for Adventure? Join Us!

Wednesday April 6, 10am

**Travel the World!**

Discover Croatia, Slovenia, and the Adriatic Coast

OCTOBER 15-26

\$4149 DOUBLE OCCUPANCY INCLUDES AIR FARE

RESERVE BY APRIL 15 SAVE \$150

MISSION OAKS RECREATION & PARK DISTRICT  
Office Hours: 8 am-5 pm  
Registration Hours: 8:30 a.m.-4:00 p.m. Monday-Friday  
[MORPD.com](http://MORPD.com)

DISTRICT OFFICE  
(916) 488-2810 • Fax (916) 488-4349  
3344 Mission Ave., Carmichael, CA 95608

MISSION OAKS COMMUNITY CENTER  
(916) 972-0336 • Fax (916) 972-7371  
4701 Gibbons Dr., Carmichael, CA 95608

SWANSTON COMMUNITY CENTER  
(916) 333-6464 • Fax (916) 488-4349  
2350 Northrop Ave., Sacramento, CA 95825

**Conveniently Located on Auburn Blvd. Between Manzanita & Garfield**

# NEED STORAGE?

# ARMOR MINI STORAGE

Since 1980

**Computer Gate Access 6am-9pm 365 Days A Year**

- Award Winning Customer Service
- Digital Video Surveillance
- Competitive Rates
- Daily / Monthly / Annual Rentals
- Easy Drive-Up Access
- Professional Resident Managers

**916.332.6455**

5714 Auburn Blvd., Sac 95841

[www.armorministorage.com](http://www.armorministorage.com)







# END OF THE BENCH BY GERRY SCHOU

## Learning the Hard Way from Mistakes

Way back when you were 18-22 years old did you ever make any mistakes? Do you remember them to this day? Do you wish you could take them back and have those times to do all over again?

It is apparent that there IS crying in college basketball, and once the tears have dried up there will be a number of young players living with their unforgettable miscues.

There are some USC Trojans who will be haunted every time they step to the free throw line by visions of their missed shots late in a loss in the 2016 NCAA Tournament. There will be a Northern Iowa star who will remember (probably above all of the great moments in his career) his two unwise, hurried shots in the final minute, while some of his teammates will clearly recall panicky turnovers that helped blow a 12-point lead in the closing 45 seconds of regulation that gave Texas A&M the chance to steal the game.

A couple of Stephen F. Austin Lumberjacks will be kicking themselves for not blocking out on a rebound that gave Wisconsin the opening to tip in a missed shot at the buzzer for the win.

The entire No.-2 seed Michigan State team, picked by many to reach the Final Four and possibly go all the way, will forever shake their collective heads when thinking about their performance against No.-15 seed Middle Tennessee State in a first-round defeat. When Denzel Valentine (a Player of the Year candidate) and fellow Spartans seniors Matt Costello, Bryn Forbes and Colby Wollenman --- a legendary group that won 109 games together --- performed the traditional kissing of the mid-court MSU logo after a decisive win over Ohio State on Senior Night, little did they know that their fond memories of their final season would be tarnished by such an abrupt ending.

Closer to home, it was instant bad karma for the Cal Bears when an assistant coach was

promptly fired after a long-running investigation into sexual harassment violations (there's a regrettable mistake) came to light on the verge of a potential deep run in the tournament. A No.-4 seed in the South bracket (Cal's highest-ever seeding), it all went wrong in a hurry. Point guard and leading scorer Tyrone Wallace broke his hand in practice and sharpshooter Jabari Bird suffered severe back spasms before the game, and neither played in a first-round loss to No.-13 Hawaii, 77-66. That may have been called an upset, but, under the circumstances, it was no surprise.

Potential NBA draftee Jaylen Brown got into early foul trouble and was limited and ineffective, and fellow freshman star Ivan Rabb had little help against the Rainbow Warriors, who won their first-ever NCAA Tournament game. (It appears that duo are likely to be high NBA picks, though they might be better-served by returning to Cal for a second season. Brown has the powerful body, but is inconsistent and needs work on shooting, while Rabb is more refined in his skills, but needs work on the body).

In what could have been a remarkable dream season for coach Cuonzo Martin's 23-11 Bears, --- don't forget they crushed Oregon at home by 20 and lost on the road at Virginia in overtime (two teams in the Sweet 16) --- it all fell apart quickly on the doorstep of grand success and crumbled into an unimaginable nightmarish finish.

But in a sense, this is a tournament of losers. Out of all of the 68 entrants, just one will conclude its season with a victory and a championship, while the 67 others will forever have thoughts about the "what ifs" and the mistakes made along the way that led to their demise.

As a group, the Pac-12 will not have much to cherish regarding its showing in this year's tournament, thus far. A record seven teams from the conference made

the cut, but five (Cal, Colorado, Arizona, Oregon State, USC) lost in the first round. After an opening win over Fresno State, Utah was trounced by Gonzaga of the West Coast Conference, 82-59. All six losses were to lower seeds. With wins over Holy Cross and St. Joseph's, Oregon, the top seed in the West bracket, was to meet defending-national champion Duke Thursday.

Surprises were not exclusive to the Pac-12, however. Lower-seeded teams won 12 of the 32 first-round matchups and three lower seeds won in the second round. All four top seeds in the West bracket played in Anaheim --- Oregon, Duke, Texas A&M and Oklahoma --- reached the Sweet 16. Two double-digit seeds survived to advance and face each other in the Midwest Regional, Gonzaga (11) and Syracuse (10).

That all makes you wonder, again, how St. Mary's College of the WCC might have fared had it been chosen to participate. The Gaels lost a close game at Cal and defeated Gonzaga twice during the regular season, but lost to the Zags in the WCC tournament title game and missed out on the automatic berth.

Playing, instead, in the Not Invited Tournament (NIT), also known as the National Invitational Tournament, coach Randy Bennett's Gaels (29-5) held on to edge New Mexico State, 58-56, and beat the Georgia Bulldogs, 77-65, in games at McKeon Pavilion in Moraga, to reach the quarter-finals. They were to play at Valparaiso (Ind.) Tuesday night for a chance to go to Madison Square Garden for the secondary Final Four.

When it is all said and done, even if St. Mary's was to win the door prize at The Hop, the Gaels will all remember and perhaps shed a tear or two over losing that last go-round against Gonzaga and missing out on their ticket to The Dance. ★



Share your heart.  
Share your home.  
Become a **Mentor** today.

California MENTOR's Family Home Agency is seeking adult foster families with a spare bedroom to support an individual with special needs. Receive up to \$3,800 a month and ongoing support.

Information Sessions held:  
Tuesdays at 4 p.m. and Thursdays at 11 a.m. | 7801 Folsom Blvd. | Suite 375 Sacramento | CA 95826

We provide education, multiple supports, monitoring and the opportunity to work independently from home.

Contact a Recruiter today at (916) 383-9785 ext.15  
www.MentorsWanted.com

**HELP WANTED!**

**Messenger Publishing Group INDEPENDENT SALES AGENT**

MPG is seeking an advertising "ROCK STAR" to join our growing media company. Previous advertising or business-to-business experience required. The position pays an hourly rate and a commission on sales. To apply, call 916-773-1111 and email your resume to Publisher@MPG8.com.

## 25 Minute Educational Presentation and a Free Luncheon

### East Lawn Funeral Homes, Cemeteries & Crematory

Reservations Required  
Please RSVP for the day of your choice.  
Seating is limited to 30 attendees per seminar.

This is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

## FREE LUNCHEON SEMINARS

<p><b>East Lawn Memorial Park &amp; Crematory</b> 4300 Folsom Blvd., Sacramento, CA 95819 RSVP: (916)732-2000 or on-line at www.EastLawn.com <b>Friday, April 8 @ 11:30 a.m.</b></p>	<p><b>Andrews &amp; Greilich Funeral Home</b> FD136 3939 Fruitridge Road, Sacramento, CA 95820 RSVP: (916)732-2026 or on-line at www.EastLawn.com This presentation will be in <b>English</b> and <b>Spanish</b> <b>Wed, February 17 @ 11:30 a.m.</b> <b>Wed, April 13 @ 11:30 a.m.</b></p>
--	---

## Healthy, Wealthy & Wise

<p><b>Fair Oaks Sunset Farmers Market</b> WEDNESDAY, 3 PM - 7PM 8101 Sunset Ave, Fair Oaks OPENS MARCH 16 Seasonal, Rain or Shine</p>	<p><b>SUNDAY, 9AM-2PM</b> Carmichael Park Farmers Market 5750 Grant Ave., Carmichael Year Round, Rain or Shine</p>
<p><b>Sunrise Mall Farmers Market</b> SATURDAYS, 8 AM - 1PM 6196 Sunrise Blvd., Citrus Heights (Behind Sears) Year Round, Rain or Shine</p>	<p><b>Historic Folsom Farmers Market</b> SATURDAYS, 8 AM - 1PM 915 Sutter Street, Folsom Year Round, Rain or Shine</p>

- ⇒ Live Music & Entertainment
- ⇒ Certified Farmers & Organic Producers
- ⇒ Specialty Gourmet Foods
- ⇒ Chef Demos
- ⇒ Artisans/Crafters
- ⇒ EBT/WIC & SNAP Accepted
- ⇒ FREE PARKING

Bring this flyer with you to any market location and receive **FIVE raffle tickets** to enter to win our **Monthly Farmers Market Gift Basket!!** (mpg)





# FIXED RATE LOANS

PURCHASE • REFINANCE

TERM	RATE	APR
<b>10 YR</b>	<b>2.375</b>	<b>2.89</b>
120 Monthly Payments of \$9.37 per \$1,000 Borrowed		
<b>15 YR</b>	<b>2.500</b>	<b>2.73</b>
180 Monthly Payments of \$6.67 per \$1,000 Borrowed		

Check the El Dorado Advantage:

✓ No Application Fee ✓ No Prepayment Penalty ✓ Local Processing and Servicing



## EL DORADO SAVINGS BANK

Serving our local communities for over 58 years

www.eldoradosavingsbank.com

CARMICHAEL • 4701 Manzanita Ave. • 481-0664

Se Habla Espanol • 800-874-9779

Maximum loan \$417,000.00, primary or vacation residence. 20% minimum cash down payment on purchase. 25% equity required on refinance. Other loans available under different terms.



LOAN TERMS SUBJECT TO CHANGE WITHOUT NOTICE

## Watch Batteries Installed for \$5.00

Some models cost more

### Frank's Jewelry Shop

7319 Fair Oaks Blvd.  
Carmichael, CA 95608  
916-481-0176



## Sacramento Hospice.com

Hospice Resources  
Patient Needs  
Caregiver Needs

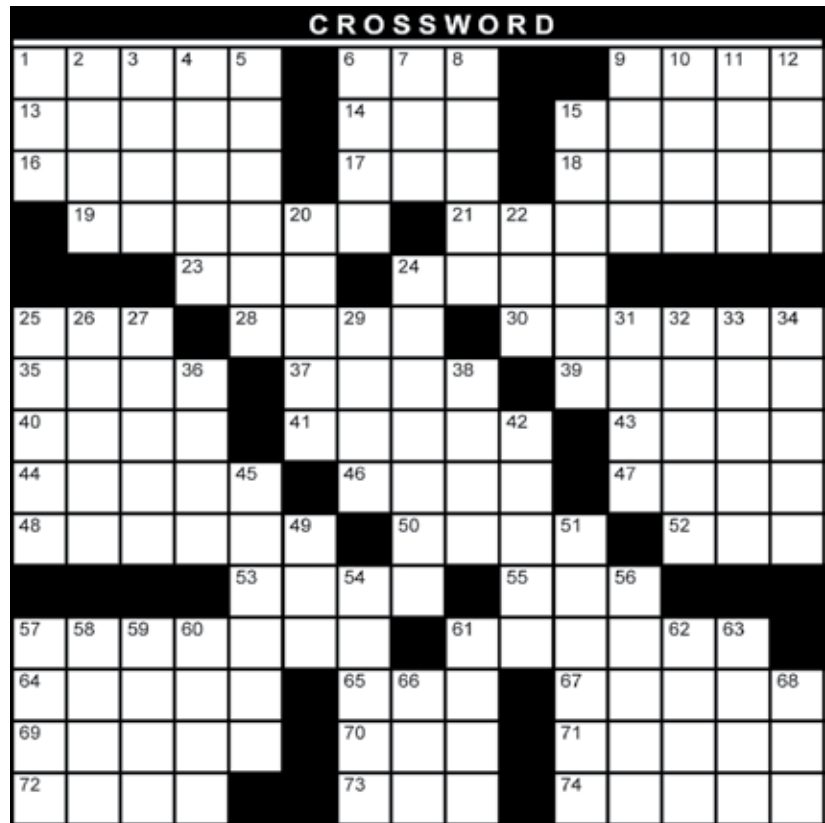
## STATEPOINT CROSSWORD • AMERICAN AUTHORS

### CLUES

- ACROSS**
- \*Science fiction author Asimov
  - Baby's apron
  - Arctic floater
  - Mexican revolutionary
  - Victorian, e.g.
  - Teeny-
  - Worry or cause anxiety
  - \*Bradbury of "The Martian Chronicles" fame
  - Perform on a dais
  - \*"The Call of the Wild" author
  - \*"A Good Man Is Hard to Find" author
  - Andrew Cuomo's title, for short
  - Angler's decoy
  - Refuse to comply
  - Late Scalia's garb
  - Type of coat
  - Dwarf buffalo
  - Vietnam's neighbor
  - Rosetta Stone, e.g.
  - Negatively charged particle
  - External
  - Skater's jump
  - Bert's best friend
  - "Mia!"
  - Confident answer
  - Old time playground staple
  - Reduced Instruction Set Computer
  - Limit, to some
  - \*"Ten Days That Shook the World" author
  - Café alternative
  - \*"Go Tell It on the Mountain" author
  - \*"The Executioner's Song" author
  - Greeting from Don Ho
  - Give it a go
  - Gigantic wrestlers
  - Kick back
  - Longest division of time
  - \*Wharton of "The Age of Innocence" fame
  - Auction off
  - DNA transmitter
  - River in Hades

### DOWN

- I have
- Outer layer of Earth's crust
- Kind of sax
- \*James Patterson's "\_\_\_\_\_ Came a Spider"
- Open book?
- Capital of Switzerland
- Retirement investment
- Louisiana swamp
- \*Woodrow Wilson Rawls' "Where the Red \_\_\_\_\_ Grows"
- Meat quality
- Upon
- Observer
- Woman's suitors
- Convex molding
- Tube in old TV
- Jane Fonda's 1980s garb
- \*"The Turn of the Screw" author
- Habituate
- Trailblazer Daniel
- \*Oz Creator



## Want The Best Deal On TV & Internet?

Call Now and Ask How!  
**1-800-318-5121**

All offers require 24-month commitment and credit qualifications. Call 7 days a week. Mon - 11pm EST. Promo Code: M82015. Offer subject to change based on premium channel availability.

Get DISH!  
promotional prices starting at only...  
**\$19.99/mo.**  
for 12 months.

ADD HIGH-SPEED INTERNET  
**\$14.95/mo.**  
where available



© StatePoint Media

For Solutions See Page 6

### SUDOKU

## GOT KNEE PAIN?

Get a Pain-Relieving Knee Brace  
At Little or No Cost to You  
You May Qualify for Free Shipping  
We Do All The Paperwork  
Shoulder Braces, Ankle Braces,  
Back Braces Also Available

Medicare Patients  
Call Us Right Now  
**1-800-984-0360**

				6		4
1	2	4				
	4	1		7		5
6	2		1		3	4
	9					1
3	5		9		8	7
1	6		7	2		
			8	4		5
	3	6				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

## Shred Day 2016

St. Vincent de Paul Fund Raiser  
"Help Us Help The Poor"

At: Our Lady of the Assumption School Parking Lot,  
2141 Walnut Ave. (Corner of Cottage and Walnut)

**April 23, 8:00 a.m. - Noon**  
Rain or Shine

**On-site Shred Truck ♦ You Can Watch!!**

- Bring all old or new tax records and/or any other old dust-gathering confidential documents for professional shredding
- Staples & paper clips OK
- All shredded paper is recycled

Suggested Donation:  
**\$5<sup>00</sup>** for each paper grocery shopping bag  
or **\$10<sup>00</sup>** for each standard file box.

For More Information  
Call (916) 481-6352

## Grace Baptist Church

Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible

### Service Schedules

Sunday Schools (All Ages) 9:45am  
Sunday Worship 11:00 am  
Sunday Evening 6:00pm  
Wednesday Evening 7:00pm

**6724 Palm Avenue, Fair Oaks, CA 95628**  
(Located one block South of Madison; just East of Dewey)  
**Pastor Charles Carter (916) 967-3915**

Call for more information



## Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The Carmichael Times is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).



We are proud members of these newspaper associations.



Publisher,  
Paul V. Scholl

Carmichael Times is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Editorial3@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

## A-TEK GLASS CENTER

Your One Stop Local Glass Shop

Serving Carmichael Community for 20 Years

**AUTO ■ HOME ■ BUSINESS**

Free Windshield Chip Repair with Insurance Coverage

- Auto Glass
- Windshields
- Power Windows
- Truck Slider
- Sunroofs
- Single & Dual Pane Glass
- Store Front Windows
- Mirror & Screen
- Glass Shelves
- Table Tops
- Shower Door

Fast, Professional Glass Repair ■ Direct Approved Insurance Billing

**Call 7 Days a Week ■ 916-481-9966**

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou



Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising
P.O. Box 14
Carmichael, CA 95609

ORDER TO SHOW FOR CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00190311
WHEREAS, Nadia Rybakou has filed a petition with this court for a decree changing the name(s) of Nikita Elson Kalinovsky to Nikita Rybakou and Jasmín Kalinovsky to Jasmín Rybakou.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00190268
WHEREAS, Susan Elizabeth Lawrence has filed a petition with this court for a decree changing the name(s) of Susan Elizabeth Lawrence to Susan Elizabeth Lawrence-Nunley.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00189273
WHEREAS, FNU Abeda has filed a petition with this court for a decree changing the name(s) of FNU Abeda to Abeda Jamal.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00190841
WHEREAS, Shahin Wadhwanian has filed a petition with this court for a decree changing the name(s) of Shahin Wadhwanian to Shahin N. Kachhi.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00188530
WHEREAS, Latara Nickcole Burton has filed a petition with this court for a decree changing the name(s) of Latara Nickcole Burton to Princess Latara Nickcole Andrez.

California, County of Sacramento 3341 Power Inn Road Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing.

SUMMONS

SUMMONS
Case No. P1300DO201500888
IN THE SUPERIOR COURT OF ARIZONA, IN AND FOR THE COUNTY OF YAVAPAI GWENDOLYN L. WAGNER, Petitioner and KURTIS C. WAGNER, Respondent

Warning: This is an official document from the court that affects your rights. Read this carefully. If you do not understand it, contact a lawyer for help. 1. A lawsuit has been filed against you without your input, you must file a written Response with the Court, and pay the filing fee.

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LYDIA MARIA CRUZ
CASE No. 34-2016-00191279
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Lydia Maria Cruz (deceased):

NOTICE OF PETITION TO ADMINISTER ESTATE OF DEAN ALLEN REICH

NOTICE OF PETITION TO ADMINISTER ESTATE OF DEAN ALLEN REICH
CASE No. 34-2016-00191773
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Dean Allen Reich (deceased):

THORNHILL 160208 03-25-16

HUERTA 160304 04-1-16

ALIKHIL 160301 04-8-16

KARIMI 160301 04-8-16

CRUZ 160322 4-8-16

NEWMAN 160320 4-15-16

# Television Listings for the week of March 25-March 30

## FRIDAY EVENING

## MARCH 25, 2016

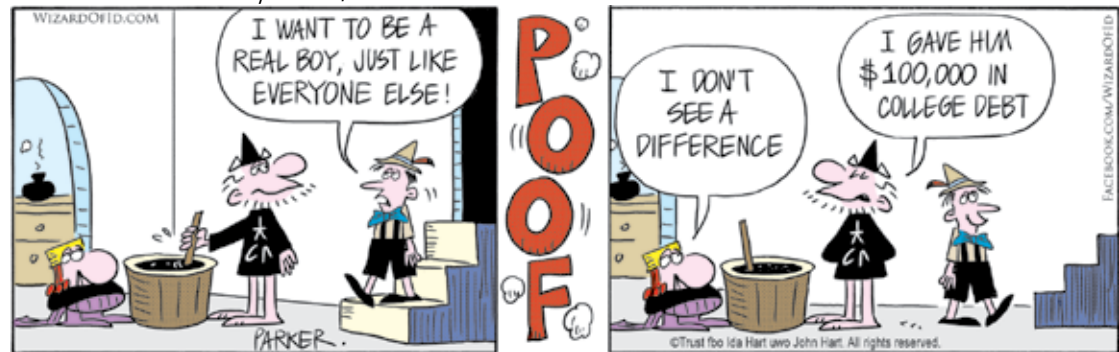
	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	
<b>BROADCAST</b>	ABC Last Man (6:30) Dr. Ken	Dr. Ken	Shark Tank (TVPG) HD	Local Programs	(01) 20/20 (N) HD	Local	Jimmy Kimmel Live HD	Nightline	Local	Late Show (TV14) HD	Late Late Show (TV14) HD
<b>CABLE</b>	ABC Last Man (6:30) Dr. Ken	Dr. Ken	Shark Tank (TVPG) HD	Local Programs	(01) 20/20 (N) HD	Local	Jimmy Kimmel Live HD	Nightline	Local	Late Show (TV14) HD	Late Late Show (TV14) HD
<b>ABC</b>	6:30 NCAA Basketball	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
<b>AMC</b>	60 Days In (TV14) HD	60 Days In: Time Out	The First 48 (TV14) HD	The First 48 (TV14) HD	The First 48 (TV14) HD	The First 48 (TV14) HD	60 Days In (TV14) HD	The Walking Dead HD	60 Days In (TV14) HD	The Walking Dead HD	60 Days In (TV14) HD
<b>ANIMAL</b>	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD	Insane Pools (N) HD
<b>BET</b>	(05) Hustle & Flow (05, R) ★★★ Terrence Howard, Anthony Anderson. HD	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin
<b>BRAVO</b>	(7:30) Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.	Fever Pitch (05, PG-13) ★★½ Drew Barrymore.
<b>CARTOON</b>	King of Hill (Bob's HD)	Bob's HD	Cleveland	Dad HD	Dad HD	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
<b>CMT</b>	CMT Crossroads HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD
<b>CNN</b>	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD
<b>COMEDY</b>	Saturday Night Live HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD
<b>DISCOVERY</b>	Alaska: Last: "Marital"	Gold Rush: Legends	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD
<b>DISNEY</b>	BUNK'D Stuck HD	Backstage Undercover	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars
<b>E!</b>	No Strings Attached (11, R) ★★½ Natalie Portman. HD	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City
<b>ESPN</b>	NCAA Wom. SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD
<b>ESPN2</b>	NCAA Wom. NFL Live HD	Jalen HD	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)
<b>FOOD</b>	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD
<b>FREEFORM</b>	Mrs. Doubtfire (93, PG-13) Robin Williams. HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD
<b>FX</b>	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD
<b>HGTV</b>	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD
<b>HISTORY</b>	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars
<b>LIFETIME</b>	Bring It! "Fan Chat" (N)	Bring It! (TVPG) (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD
<b>MTV</b>	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous
<b>NICK</b>	SpongeBob (TV7)	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House
<b>SPiKE</b>	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD
<b>SYFY</b>	Oz the Great and Powerful (13, PG) ★★½ James Franco, Mila Kunis. HD	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½
<b>TBS</b>	(6:45) 2016 NCAA Basketball (Live)	Inside	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD
<b>TCM</b>	(7:00) Hotel (67, PG)	(15) Deep in My Heart (54, NR) José Ferrer, Merle Oberon.	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)
<b>TLC</b>	Say Yes / Say Yes	Say Yes to the Dress	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)
<b>TNT</b>	Batman Begins (05, PG-13) ★★½ Christian Bale, Michael Caine. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD
<b>TRAVEL</b>	Mysteries: "Margery"	Vatican (TV G) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD
<b>TV LAND</b>	National Lampoon's Vacation (83, R) ★★★ Chevy Chase. HD	National Lampoon's European Vacation (85) HD	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens
<b>USA</b>	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern
<b>VH1</b>	Nine Months (95, PG-13) ★★ Hugh Grant, Julianne Moore.	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD
<b>WGN</b>	Person of Interest (N) HD	Underground HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD
<b>PREM</b>	HBOW (55) Mad Max: Fury Road (15) Tom Hardy. HD	Real Time Maher (N)	VICE (N)	Animals	Real Time Maher (N)	Real Time Maher (N)	Real Time Maher (N)	Real Time Maher (N)	Real Time Maher (N)	Real Time Maher (N)	Real Time Maher (N)
<b>MAXW</b>	(15) Cop Land (97, R) ★★½ Sylvester Stallone. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD	Face/Off (97, R) ★★★ John Travolta. HD
<b>SHOWW</b>	The Forger (15, R) HD	Spring Broke (16, NR) HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD	ShoBox: The New Generation HD

## SATURDAY EVENING

## MARCH 26, 2016

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	(7:00) The Ten Commandments (56, NR) ★★★½ Charlton Heston, Yul Brynner. HD	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
<b>ABC</b>	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
<b>AMC</b>	The First 48 (TV14) HD	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)	The First 48: Killer (N)
<b>ANIMAL</b>	The Lost World: Jurassic Park (97, PG-13) ★★★ Jeff Goldblum.	Tricks (N)	Tricks (N)	Tricks (N)	Tricks (N)	Tricks (N)	Tricks (N)	Tricks (N)	Tricks (N)	Tricks (N)
<b>BET</b>	Betty and Coretta (13, NR) ★★★ HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD	(34) The Family That Preys (08, PG-13) Kathy Bates, Alfre Woodard. HD
<b>BRAVO</b>	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½	Tyler Perry's Madea's Big Happy Family (11, PG-13) ★½
<b>CARTOON</b>	King of Hill (Bob's HD)	Bob's HD	Cleveland	Dad HD	Dad HD	Family Guy	Family Guy	Family Guy	Family Guy	Family Guy
<b>CMT</b>	CMT Crossroads HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD	The Replacements (00, PG-13) ★★★ Keanu Reeves. HD
<b>CNN</b>	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD	The White House HD
<b>COMEDY</b>	Saturday Night Live HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD	South Park / South Park: The Coon Trilogy HD
<b>DISCOVERY</b>	Alaska: Last: "Marital"	Gold Rush: Legends	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD	Yukon Men (N) HD
<b>DISNEY</b>	BUNK'D Stuck HD	Backstage Undercover	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars	Star Wars
<b>E!</b>	No Strings Attached (11, R) ★★½ Natalie Portman. HD	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City	Sex & City
<b>ESPN</b>	NCAA Wom. SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD
<b>ESPN2</b>	NCAA Wom. NFL Live HD	Jalen HD	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)	College Scorebd (Live)
<b>FOOD</b>	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	Diners HD
<b>FREEFORM</b>	Mrs. Doubtfire (93, PG-13) Robin Williams. HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD	Shadowhunters HD
<b>FX</b>	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD	Thor (11, PG-13) ★★★ Chris Hemsworth, Natalie Portman. HD
<b>HGTV</b>	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD	Love It or List It HD
<b>HISTORY</b>	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars	Pawn Stars / Pawn Stars
<b>LIFETIME</b>	Bring It! "Fan Chat" (N)	Bring It! (TVPG) (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	Atlanta Plastic (N) HD
<b>MTV</b>	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous	Ridiculous / Ridiculous
<b>NICK</b>	SpongeBob (TV7)	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House	Full House
<b>SPiKE</b>	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD
<b>SYFY</b>	Oz the Great and Powerful (13, PG) ★★½ James Franco, Mila Kunis. HD	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½	The Scorpion King (02, PG-13) ★★½
<b>TBS</b>	(6:45) 2016 NCAA Basketball (Live)	Inside	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD	Separation Anxiety HD
<b>TCM</b>	(7:00) Hotel (67, PG)	(15) Deep in My Heart (54, NR) José Ferrer, Merle Oberon.	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)
<b>TLC</b>	Say Yes / Say Yes	Say Yes to the Dress	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)	Love, Lust or Run (N)
<b>TNT</b>	Batman Begins (05, PG-13) ★★½ Christian Bale, Michael Caine. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD	Daredevil (03, PG-13) ★★ Ben Affleck. HD
<b>TRAVEL</b>	Mysteries: "Margery"	Vatican (TV G) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD	Holy Land (TVPG) HD
<b>TV LAND</b>	National Lampoon's Vacation (83, R) ★★★ Chevy Chase. HD	National Lampoon's European Vacation (85) HD	Queens	Queens	Queens	Queens	Queens	Queens	Queens	Queens
<b>USA</b>	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern	Modern / Modern
<b>VH1</b>	Nine Months (95, PG-13) ★★ Hugh Grant, Julianne Moore.	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD	First Daughter (04, PG) ★½ Katie Holmes, Marc Blucas. HD
<b>WGN</b>	Person of Interest (N) HD	Underground HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD	Rules HD
<b>PREM</b>	HBOW (55) Mad Max: Fury Road (15) Tom Hardy. HD	Real Time Maher (N)	VICE (N)							

**Wizard of Id** by Parker, Mastroianni & Hart



**Hole Molé** by Rick Hotten



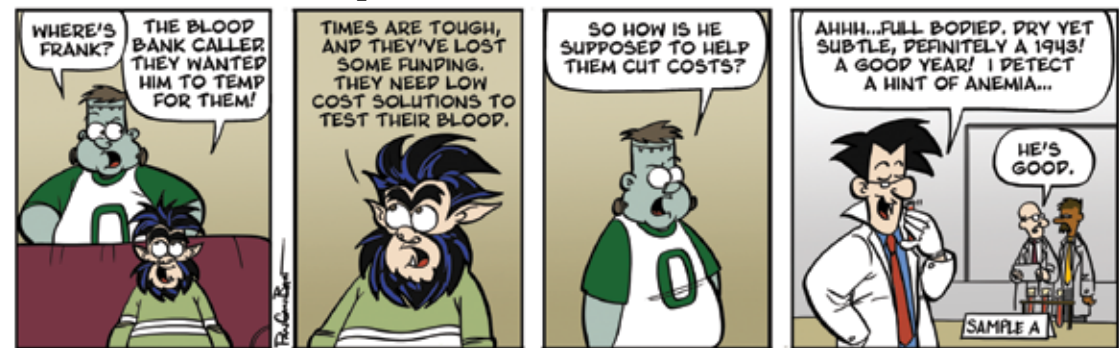
**BC** by Mastroianni & Hart



**Cranky Girl** by Crystal Jones



**Frank and Steinway** by Wil Panganiban



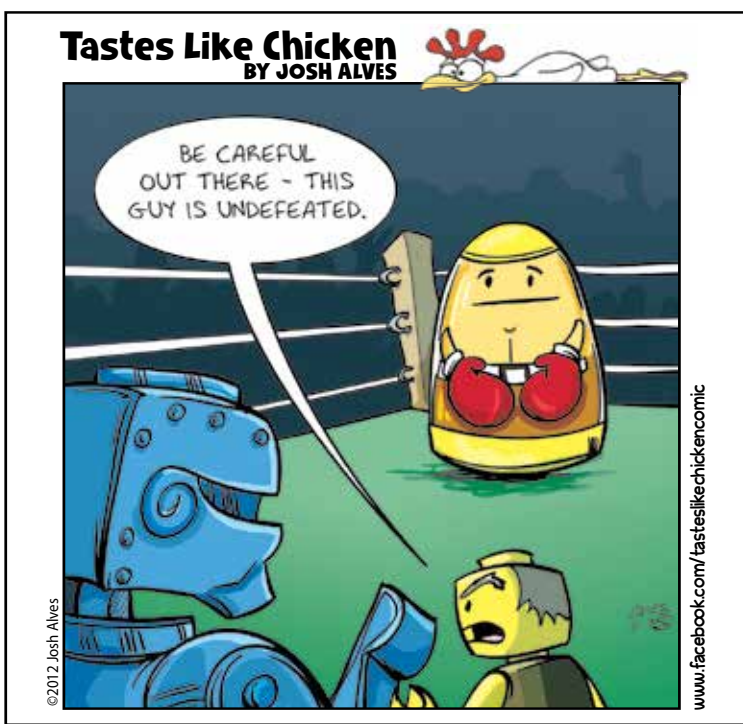
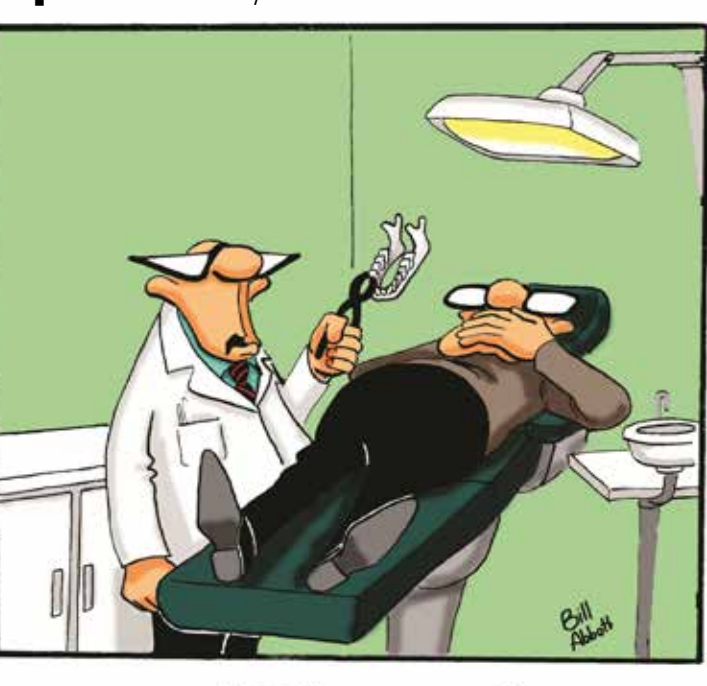
**Tundra** by Chad Carpenter



**Funday Morning** by Brad Diller



**Speckticles** by Bill Abbott



SACRAMENTO FINE ARTS CENTER HOSTS  
**American Watercolor Society**  
 Traveling Exhibition from New York City  
 NOW THROUGH APRIL 9, 2016

Also in Gallery 3,  
 "On the Wall"  
 An exhibit of wall hanging sculpture

MORNING LIGHT, QIAN GAO, AWS

Special Hours During Exhibition: Daily 10 AM to 4 PM  
 Entry donation of \$10 appreciated.  
 5330-B Gibbons Drive, Carmichael, CA 95608  
 916.971.3713 • sacfinearts.org • sfac@sacfinearts.org

sacramento fine arts center  
 come. create.

**Carmichael**  
 RECREATION AND PARK DISTRICT

**Parks Make Life Better!**

Announcements & Events

**Mosaic Design**  
 Ages 18 years & up, 1-4pm  
 Fridays, 4/1-4/22 or Saturdays 4/2-4/30  
 The Fair Oaks Arts & Crafts Building, 7997 California Avenue

**Spanish Exposure Workshop**  
 Hola!  
 Ages 5-12 years  
 Saturdays 4/2-4/30 10:45 - 12PM  
 Held at La Sierra Community Center, Room 800

For registration & more information call (916) 485-5322  
 or visit us at [carmichaelpark.com](http://carmichaelpark.com)

**4th Annual Classic Car Show & Spring Swap Meet**  
 Saturday, April 23, 2016  
 8:00 a.m. - 2:00 p.m.  
 Rain Date: Saturday, April 30, 2016  
 (Food and Beverages available for purchase)

•Street Rods •Pick Ups  
 •Muscle Cars •Special Interest Customs  
 •Model/Year '75 & Older

River Cats Mascot "DINGER"  
 Appearance time (12:15-12:45)

Free to Public General Admission

Carmichael Elks Lodge 5631 Cypress Ave., Carmichael, CA 95608  
 Lodge Phone: (916) 489-2103 show info: Tom (916) 214-4952

Advertising Opportunities Available - Sponsorships from \$100 - Cash or Merchandise  
 Space Limited to first 200 cars. Vendor spaces also available.  
 Email: [information@carmichaelclassic.com](mailto:information@carmichaelclassic.com)

**AE**  
 AMERICAN EAGLE  
 BODY SHOP

Complete Collision Repair  
 Free Estimates  
 24 Hour Towing  
 We Work with All Insurance Companies

"We Meet By Accident"

up to **\$500<sup>00</sup>**  
 Instant Rebate  
 towards your DEDUCTIBLE

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires March 31, 2016.

**FREE**  
 LOANER CAR WITH ANY REPAIR

Present this coupon and receive a free loaner car for the duration of your repairs after authorization.

Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires March 31, 2016.

6801 Fair Oaks Blvd • Carmichael, CA 95608  
 Phone 916-339-1776 • Fax 916-339-1700  
 Email: [info@aebodysshop.com](mailto:info@aebodysshop.com) • [www.aebodysshop.com](http://www.aebodysshop.com)

Monday - Friday: 8:00 a.m. - 5:00 p.m.  
 Saturday: By appointment • Sunday: Closed

Look for Advertised Sale Items Everyweek at  
**www.petclubstores.com**

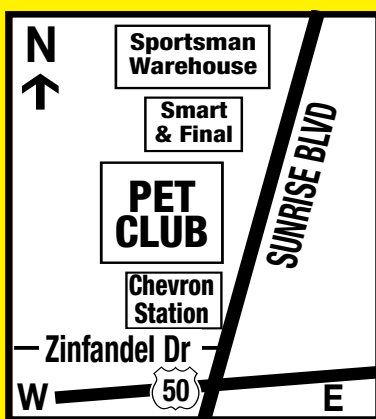
**PET CLUB is Excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, Innova, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods**

# PET CLUB

## FOOD AND SUPPLIES

**EVERYDAY LOW PRICES**  
 Super Discount Prices\* Hot Specials & Coupons  
\*Short term promotions from vendors  
**(No Membership Fees)**

We Only Accept ATM, Cash, & Checks M-F 9-8, SAT 9-7, SUN 10-7 Effective 3/23/16 - 3/29/16



**2344 Sunrise Blvd. Rancho Cordova, CA**  
**916-635-5008**

**COUPON**

**FREE** 2 CANS OF CAT FOOD  
 5.5 Oz Tin All Varieties  
 Friskies (Selected Indoor Included) & 9 Lives

**OR**

**1 CAN DOG FOOD**  
 13 - 13.2 Oz Tin All Varieties  
 Pedigree & Alpo

**With Any Purchase of Pet, Fish Food, or Supply** Limit 1 PLU 321  
 Limit: 1 Coupon Per Family CT  
 Effective 3/23/16 - 3/29/16

**COUPON**

**\$7.50 OFF**

**ANY PURCHASE OF PET OR FISH SUPPLY**  
 (Excluding Pet Food or Litter)  
 Cannot be used in conjunction with advertised sale items or similar percentage or dollar off coupons. Limit 1. PLU 324  
 Limit: 1 Coupon Per Family CT  
 Effective 3/23/16 - 3/29/16

**TASTE OF THE WILD GRAIN FREE DRY DOG FOOD**  
 •Wetlands •Sierra Mountains •Pacific Salmon •High Prairie •Southwest Canyon

30 Lb Bag **\$39.99**

Effective 3/23/16 - 3/29/16

**NUTRO NATURAL CHOICE DRY DOG FOOD**  
 Chicken, Brown Rice & Oatmeal Formula (Adult & Large Breed Adult)  
 •Lite (Chicken Only) •Senior

**Super Buy** 30 Lb Bag **\$8 OFF**  
 Limit 2 Bags Per Family **OUR REGULAR LOW PRICE!**  
 Effective 3/23/16 - 3/29/16

**PRO-PLAN DRY DOG FOOD**  
 •Chicken & Rice 33-35 Lb Bag  
 •Beef & Rice •Lamb & Rice  
 (•Sensitive Skin & Stomach •Lite- \$41.99)  
 (•Bright Mind 30 Lb Bag \$47.99)

Limit 2 Bags per Family **\$39.99**  
 3 Free 13oz Dog Food (Savor & Focus only) w/ each purchase  
 Effective 3/23/16 - 3/29/16

**FRISKIES DRY CAT FOOD**  
 16 Lb Bag  
 •Surfing & Turfing •Seafood •Indoor

Limit 2 Bags Per Family **\$9.99**  
 Effective 3/23/16 - 3/29/16

**9 LIVES CANNED CAT FOOD**  
 5.5 Oz All Varieties

Limit 1 Case Per Family **35¢**  
 Effective 3/23/16 - 3/29/16

**FANCY FEAST GOURMET CANNED CAT FOOD**  
 3 Oz All Varieties  
 Except Elegent Medley

Limit 2 Cases Per Family **20/\$11.00**  
 Effective 3/23/16 - 3/29/16

**JONNY CAT PREMIUM CAT LITTER**  
 20 Lb Bag  
 •Regular •Multiple Cat Formula

Limit 2 Bags per Family **\$3.29**  
 Effective 3/23/16 - 3/29/16

**FRESH STEP SCOOPABLE CAT LITTER**  
 42 Lb Bag

Limit 2 Bags per Family **\$12.99**  
 Effective 3/23/16 - 3/29/16

**NUTRO CANNED CAT FOOD**  
 Limit 1 Case • Selected Varieties 3 oz Max **55¢** Natural Choice **75¢**

**BLUE BUFFALO WILDERNESS DRY DOG FOOD**  
 •Chicken •Duck •Salmon •Large Breed Adult •Healthy Weight 24 Lb Bag Limit 2 Bags **\$49.99** 100% Grain Free

**GRAVY TRAIN DRY DOG FOOD**  
 35 Lb Bag Limit 2 Bags **\$13.99**

**WELLNESS DRY CAT FOOD**  
 •Chicken (12 Lb) •Indoor (12 Lb) •Healthy Weight (11.5 Lb) (Salmon, 12 Lb - \$34.99) (3 Free Wellness Cat Can 5.5 Oz With Each Purchase) **\$32.99**

**FELINE PINE HEALTHY CAT LITTER**  
 20 Lb Bag Limit 2 Bags **\$7.99**

**BLUE BUFFALO CANNED DOG & CAT FOOD**  
 •Homestyle •Blue's Stew •Wilderness 12.5 oz •Spa Select •Wilderness 3 & 5.5 oz Selected Varieties **20% OFF** As Marked **OUR REGULAR LOW PRICES**

**MILK-BONE DOG BISCUITS**  
 Large 10 Lb Box **\$9.99** Flavor Snacks 7 Lb Box **\$8.99**

**NEW FRESH STEP CLUMPING CAT LITTER PLUS CRYSTALS**  
 25Lb Box Limit 2 Boxes per family **\$8.99**

**CANIDAE DRY DOG FOOD FOR ALL LIFE STAGES**  
 •Chicken Meal & Rice •Lamb Meal & Rice 30 Lbs. •Platinum 30 Lbs. •All Life Stage - 44 Lbs Limit 2 Bags **\$7 OFF** **OUR REGULAR LOW PRICES**

**CAREFRESH PET BEDDING**  
 60 Liter (Ultra Not Included) **\$12.99**

**Super Buy FRESH STEP CRYSTALS CAT LITTER**  
 8Lb Bag Limit 2 Bags **\$10.99**

**NUTRO ULTRA DRY DOG FOOD "Nature's Best Ingredients"**  
 •Adult •Large Breed Adult 30 lb Bag **\$37.99**

**CAT FURNITURE 20% OFF**  
 •CRS LOTS OF SELECTIONS ASSORTED STYLES **OUR SUPER LOW PRICES**  
 (C & D Products not Included)

**DINGO MEAT & RAWHIDE CHEWS**  
 "Meat in the Middle" "Chicken in the Middle" All Varieties **20% OFF** **OUR SUPER LOW PRICES**

**NATUR VET PRODUCTS**  
 •Vitamins •Supplements •Grass Saver All Varieties **20% OFF** **OUR SUPER LOW PRICES**

**VAN NESS PURE NESS AUTO-FEEDERS & AUTO-WATERERS**  
 All Sizes **20% OFF** **OUR SUPER LOW PRICES**

**PET CORRECTOR STOPS BARKING**  
**\$4.99**

**MARINELAND POWER FILTER SALE**

MODEL	TANK SIZE	PET CLUB SALE
PENGUIN 100B	20 Gal.	<b>\$19.99</b>
PENGUIN 150B	30 Gal.	<b>\$27.99</b>
PENGUIN 200B	50 Gal.	<b>\$33.99</b>
PENGUIN 350B	75 Gal.	<b>\$45.99</b>

**TETRA BOXED 10 GALLON TANK With Economy Kit**  
 Just add Heater For Tropical Fish **\$39.99** Limit 1 Per Family

**KENT MARINE WATER SUPPLEMENTS**  
**20% OFF** **OUR SUPER LOW PRICES**

**KORDON CORAL SEA 50 GAL SALT MIX WITH AMQUEL**  
**\$11.99**

**BONUS COUPON**

**FRISKIES BUFFET CANNED CAT FOOD**  
 5.5 Oz All Varieties  
 Limit 12 Cans With Coupon  
 Limit One Coupon Per Family  
 Price Valid Only With Coupon Effective 3/23/16 - 3/29/16 **43¢** CT PLU 367

**BONUS COUPON**

**WHISKAS TEMPTATIONS CAT TREATS**  
 •All Varieties Except Natural - 3 Oz  
 Limit 2 Pkgs with Coupon  
 Limit One Coupon Per Family  
 Price Valid Only With Coupon Effective 3/23/16 - 3/29/16 **\$1.19** CT PLU 569

**BONUS COUPON**

**JONNY CAT CAT LINERS**  
 Jumbo Drawstring - 5 Ct  
 Limit 1 Box with Coupon  
 Limit One Coupon Per Family  
 Price Valid Only With Coupon Effective 3/23/16 - 3/29/16 **\$1.89** CT PLU 449

# HEALTH FAIRE FREE



**April 22, 2016**

**Friday, 8-11am**

**50+ Vendors**

**Health Screenings**

**Door Prizes**

**Fitness Demonstration**



**Healthy Food Show**

by Chef Joshua Quinto

**Oakmont**  
of Carmichael

Show Times: 9:15, 10, & 10:45



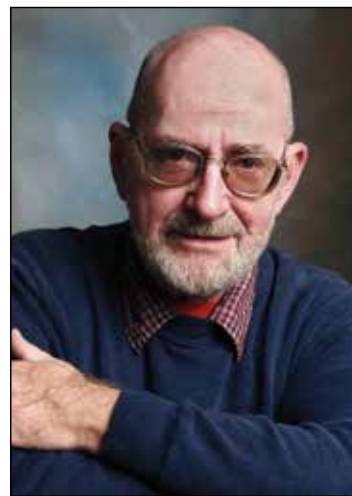
**Mission Oaks Community Center**

4701 Gibbons Drive, Ca

972-0336 MORPD.com

**Parks  
Make  
Life  
Better!**

# Talking About The Big Tomato



By Steve Liddick

Some use the term "Sacratomato" as a slur and to pigeonhole all Sacramentans and their suburban brothers and sisters as rubes. They tar everyone with the same brush...and other clichés I'll probably get around to as I continue to rant.

A few years ago, a former NBA basketball coach who shall remain nameless (named Phil Jackson) called Sacramento a "cow town." Well phooey on him and the

cow he rode in on. I happen to like it here, cows and all.

Even residents of the many Sacramento suburbs who have never set foot on a farm, or ranch, or stepped in horse paddocks, can appreciate the small town feel. Having grown up on a farm, I happen to be among those who enjoy the fact that the region is known as an agricultural hub.

I read somewhere that, before the current drought, 75 percent of the world's rice was grown right here in the Sacramento region. Further, we could probably steal the name "Beantown" because a lot of the beans Bostonians bake come from here. And I wouldn't be at all surprised to learn that pickles Peter Piper picked by the peck got their alliteration from right here, as well.

To further fertilize the field, let me just say that if we are judged by the company we keep the rurality-inclined are a pretty solid bunch to be associated with.

Even as the metropolis expands into the RDs,

Sacramento manages to retain a countrified air. In fact, the air is full of country essences which we don't really need to go into in great detail.

I do have one big concern, however: As Sacramento expands eastward with people wanting to get farther away from what those with a sense of humor call "civilization," what happens when those east of us who want get farther from their particular civilization move westward and run smack into our escapees? A particularly precarious point perched upon the precipice to ponder...and further alliterate.

Imagine now that you are standing in downtown Sacramento. Even as we face our semi-majestic capitol building you can sense our agricultural roots.

Tomatoes? Yes!  
Cows? Undoubtedly!  
Rice? Absolutely!  
Pickles? Positively!  
Beans? You're darn tootin'!

Steve Liddick is the author of the time travel novel "All That Time." ★

**Earn \$200 per month for just a few hours delivery work per week!**

**CALL 773-1111**



## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimbursement



(916) 338-7156



Donald Kendrick, Music Director

SCSO  
**20<sup>th</sup>**  
SEASON

## European Masterworks

Franz Joseph Haydn | *Harmoniemesse*

Vaughan Williams | *An Oxford Elegy*

Antonín Dvořák | *Psalm 149*

Sara Duchnovnay, Soprano  
Malin Fritz, Mezzo Soprano  
Christopher Bengochea, Tenor  
Matt Boehler, Bass  
Narrator: Phillip Ryder

Haydn's rarely performed last major masterpiece

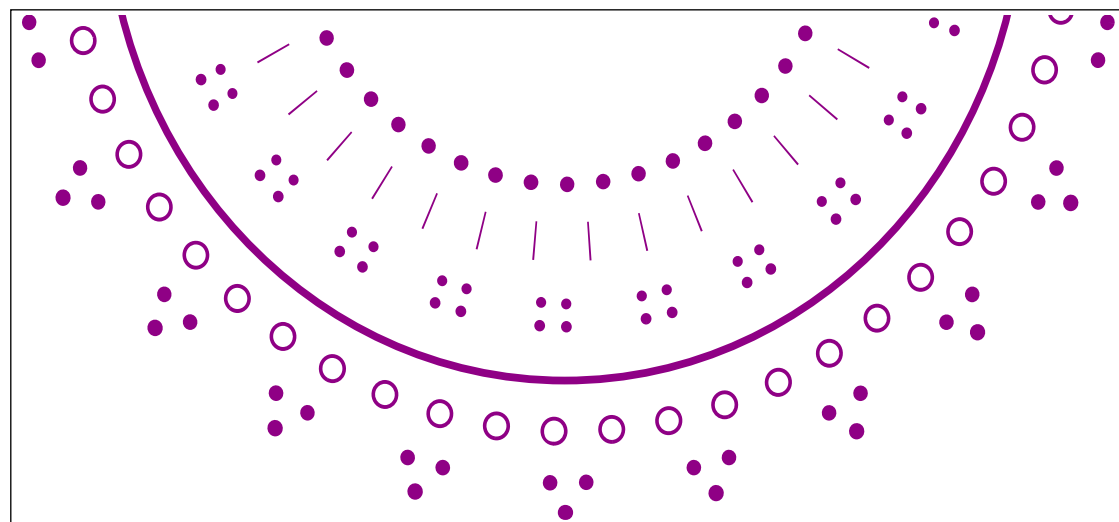
SATURDAY, MAY 14 AT 8:00 PM

7:00 PM Pre-concert talk by Conductor

Donald Kendrick

Community Center Theater

PROJECTED SUPERTITLE TRANSLATIONS



THE CARMICHAEL CHAMBER OF COMMERCE

# PERSON OF THE YEAR

## 2016 AWARDS DINNER

**Vlade Divac**  
PERSON OF THE YEAR

**Jennifer Knighten**  
YOUNG PROFESSIONAL OF THE YEAR

**Tiner Properties**  
BUSINESS OF THE YEAR

**Kiwanis Club**  
NON-PROFIT OF THE YEAR

APRIL 8 2016 | 6PM | MILAGRO CENTRE  
BUSINESS ATTIRE | \$75/MEMBERS, \$100/GUESTS

BECOME ONE OF THE SPONSORS! CONTACT LINDA MELODY AT 916-481-1002

PURCHASE ON OUR WEBSITE  
CARMICHAELCHAMBER.COM

SACRAMENTOCHORAL.COM

TICKETS CCT Box Office  
916.808.5181 or TICKETS.com



# POPPOFF!

with Mary Jane Popp

for having such a belief may be rooted in the fact that hares, not rabbits, are born with their eyes open. Rabbits are born blind. There is also a fertility thing in there someplace. Maybe, that's why the rabbit is more familiar in America. Rabbits beat hares big time in being more prolific.

How about Easter eggs? Despite claims that Easter eggs were originally pagan symbols, there is no solid evidence of this. It was not until the 18th century that Jakob Grimm theorized a putative connection with a goddess of his own whom he named Ostara, a suggested version of Eostere. At the Passover Seder, a hard-boiled egg dipped in salt water symbolizes both new life and the Passover sacrifice offered at the temple in Jerusalem. The ancient Persians painted eggs for Nowrooz, their New Year celebration falling on the Spring Equinox. In Christian times, the egg was a symbol of new life just as a chick might hatch from the egg. The Easter egg tradition may have celebrated the end of the privations of Lent. In Medieval Europe, eggs were forbidden during Lent. It was during Easter that the consumption of eggs resumed after the strict Lenten fast.

And who doesn't love the Easter Lily? Its acceptance in

America dates back around the 1880s. It came in with the rise in the Easter observances by the Protestants. It took some time to find acceptance. The native American lilies like the Madonna lily bloom in the early summer. It could be forced to bloom early in hot houses, but it was a hassle. In the 1880s, while in Bermuda, Ms Thomas P Sargent became familiar with a beautiful lily that blooms naturally in springtime. She fell for this lovely white Bermuda lily and brought its bulbs back home in Philadelphia. And so the story goes.

And most important, there's chocolate! Chocolate eggs began in the 19th century France and Germany and soon spread to the rest of Europe and eventually the United States. Children were told to make nests or baskets so the Easter Bunny could leave them there. No surprise adults love it too since it's a common modern-day Lenten sacrifice. Bring it on!

There are many stories to go around, but the fact remains, this is a truly blessed time! Family and friends come together for this wonderful celebration of the renewal of life and rebirth! **HAPPY EASTER!** ★

# It's Good Friday, but Sunday's a Comin'

Dr. James L. Snyder

For those who follow the church calendar Good Friday is a special day, one of the high religious days among many Christians. Personally, I think it is a good one to remember and celebrate.

Overall, apart from a few exceptions, I do not like special days. As far as I'm concerned, every day I get up and take nourishment is a special day for me.

Everybody seems to have their own special day and I find it rather difficult to keep up on all of these "special days." If a person would honor and celebrate every "special day" posted on the calendar there would be no days to get any work done whatsoever. And, as luck would have it on my side, I would miss a very special "special day."

I am in favor of setting aside one day a month as the official "special day" of the month in which everything that anybody wants to celebrate during that month could be included. That way we could get the celebrating of special days done and then we can get back to business as usual.

One of the most frightening phrases a husband can hear is, "Do you know what anniversary it is today?"

Every husband has been backed into a corner like this sometime during his marital career. I for one say it is not fair. Because everyone knows special is as special remembers, which puts husbands at a great disadvantage.

It is not that men cannot remember, a man's memory is limited and so he must be very selective. And to be honest about this, anniversaries are simply not on any man's radar.

I learned this very early in my relationship with the young woman who graciously accepted my invitation of matrimony.

We had been dating for around a month and one night when I picked her up to go out, she said something that

confused me. "You know this is our first anniversary?"

My confusion lay in the fact that an anniversary had to do with something yearly. I had only known her for several months at the time. I know time gets away with a person, but this was rather ridiculous. In the short time we had known each other, it was impossible for us to have an anniversary of anything.

It was at this point I did something, although innocent enough at the time, that I have regretted the rest of my life. I looked at her and laughed. That was when I was introduced to the marvelously mysterious world of women-lore. With a woman, anniversaries are not something to laugh about, at least in their presence. An anniversary is something to celebrate whether it makes sense or not. When I realized how serious the situation was, I wiped that silly grin off my face and inquired as to what anniversary she was referring to. "Why, don't you know," she said as seriously as I have ever seen her up to that point. "This is the first month anniversary of our going out together."

Now, what do you do on the first month anniversary of going out as a couple? However, the thing that really frightened me was, do we celebrate this every month? What is the protocol for these monthly anniversaries? How do I keep track of all of this? What gift is appropriate? I was afraid that I would go broke before we got around to getting married. I would come to discover that these "monthly anniversaries" were to continue until they were superseded by a more important anniversary. Of course, her responsibility was to select the anniversary that would trump the monthly anniversaries.

My responsibility? To remember the latest anniversary. How is a husband to keep track of all of these anniversaries? Once I mistakenly bought a special gift for what I thought was our fifth wedding anniversary.

It turned out to be our seventh. Where those two years went, only my wife remembers.

I cannot remember all those anniversaries now, but they went something like this. The anniversary of when we first met. The anniversary of getting her the first Valentines box of candy. The anniversary of sharing our first hot fudge sundae together. The anniversary of giving her an engagement ring. Looking back over all those years I have a list of my own anniversaries I can never remember celebrating.

For example. The anniversary of when she slammed the car door on my finger. Ha, she probably forgot that one. (I wonder if Hallmark has a card for this?) I still have the gruesome scar on my finger reminding me of that anniversary. How about the anniversary of the day the diamond fell out of the first engagement ring I gave her? Fortunately, someone had a microscope and we were able, after diligent search, to find the rock. Then, there is the anniversary of the day she backed into my parked car. Enough said.

As we celebrate Good Friday, a very special day, remember that its goodness comes from the following Sunday when Jesus rose victoriously over sin and the grave. "For I delivered unto you first of all that which I also received, how that Christ died for our sins according to the scriptures; And that he was buried, and that he rose again the third day according to the scriptures;" (1 Corinthians 15:3-4 KJV).

It is Good Friday, but Resurrection Sunday's a comin'.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail james-snyder2@att.net. The church website is www.whatafellowship.com. ★

## Hoppin' Down The Bunny Trail

It's time for Easter once again, an important religious feast of the Christian liturgical year to celebrate the resurrection of Jesus Christ which his followers believe occurred on the third day after his crucifixion sometime in the period AD 27-33. Many traditions have evolved over the years, so I put together some of the possibilities for you...just for fun.

Here's comes Peter Cottontail, hoppin' down the bunny trail and all the tall tails about this iconic symbol. It's universal and secular in its appeal. But, and this is a big but, I was told that the hare, and not the rabbit, should be treated as the true symbol of Easter. Historically, since ancient times, the hare has been the symbol for the moon. And the legend says, the hare never closes its eyes, not even for a single blink. The reason

**Load your events up!**  
Go to [www.CarmichaelTimes.com](http://www.CarmichaelTimes.com), click on **EVENTS** and add your **EVENTS** to our calendar. We make it easy!  
You can reach 175,000 readers for just \$68! (916)-773-1111

# Carmichael Dental Group

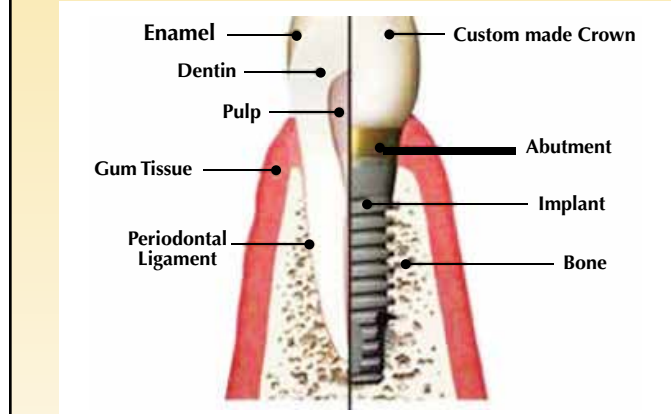
## New Patients Welcome!



Implant Supported Denture

### In House Implants Start to Finish

<p><b>\$1,200 OFF</b></p> <p><b>2 Implants with 2 Attachments to a New Upper or Lower Denture</b></p> <p>Limited time offer. Terms and conditions may apply.</p>	<p><b>\$500 OFF</b></p> <p><b>Single Implant with Crown</b></p> <p>Limited time offer. Terms and conditions may apply.</p>	<p><b>FREE CONSULTATION WITH X-RAY</b></p> <p>Limited time offer. Terms and conditions may apply.</p>	<p><b>\$99</b></p> <p><b>for New Patient Exam, X-Rays &amp; Cleaning</b></p> <p>Limited time offer. Terms and conditions may apply.</p>
--	--	---	---



Single Implant



Multiple Implants



Combination Implants and Dentures

**8329 Fair Oaks Blvd., Ste A • Carmichael, CA 95608**  
**(916) 944-1197**  
[www.carmichaelCADentist.com](http://www.carmichaelCADentist.com)