

Chamber Directors Sworn In

Page 5

American Pickers Coming to Northern California: Be a "Junk Opportunist"



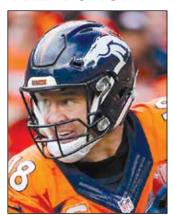
Carmichael Times

Volume 36 • Issue 06

Serving Carmichael and Sacramento County since 1981

February 5, 2016

PASSING THE TORCH?



THE BATTLE FOR THE SOUL OF THE RIGHT



Page 10

DRESSED UP **LIKE A MILLION DOLLAR TROOPER**



Page 12



direct link to our online edition!

Boy Scouts Night Out

Carmichael Troop Marks Milestone



celebrations for the troop's 50th anniversary and joined Scout Issac Hinman in homage to the troop's revered cowbell mascot.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Boy Scouts, leaders, and families joined recent celebrations for Carmichael's Troop 386. Chartered in 1969, the troop marked a golden anniversary with flags, flames, and scarlet neckerchiefs. Sponsored by Carmichael Elks, the recent "Court of Honor" brought Boy Scouts of all ages out of the woodwork. With three-fingered salutes, young and old joined the Scouting pledge:

"On my honor I will do my best To do my duty to God and my country

and to obey the Scout Law;

To help other people at all times;

To keep myself physically strong, mentally awake, and morally straight."

Two VIP participants were Senator

Troop 386 members. District Four Senator Nielsen reached Star Scout level in four years with his Fresno area troop. "What you learn as Scouts is your gift to the nation and to lives not yet born," he told the Carmichael boys. Nielsen recalled the 2008 Scouting centenary, when 70,000 Boy Scouts converged on the State Capitol. "I saw a 14-year-old Scout marching with his 98-year-old grandfather—both in uniform. Sometimes working at the Capitol is depressing; you're often concerned for the future. But the sight of 70,000 Boy Scouts reassured me we'd be okay. You give us hope for the future."

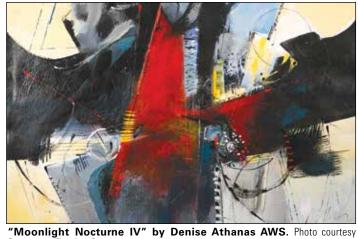
District 8 Assemblyman Ken Cooley was one of four brothers who achieved Eagle Scout level. From the age of 8 to

Jim and Assemblyman Ken Cooley. The 17, he wore Cub, Scout, and Scout leader legislators shared scouting stories with uniforms. He was a Rancho Cordova Troop 399 Scoutmaster for five years. Securing his old neckerchief over a statesman's suit, he recalled lessons in camping, public speaking and citizenship. "The milestones you pursue on the road to being an Eagle Scout grow your confidence for life," he confirmed. "I still have my Cub Scout book. Scouting teaches you to care for people." The engraving on his late father's gravestone reflects the Cooley family's love for the international organization. "We thought about an inscription," recalled the assemblyman. "We decided on: On his honor, he did his best."

> Contact Carmichael's Troop 386 at troop386gec@gmail.com.

Learn about other Scout groups at www. scoutlander.com.

Prestigious American Watercolor Society Exhibits in Carmichael



armichael Times

STARS Shine at

CARMICHAEL, CA (MPG) - This is the celebrated 148th American Watercolor Society (AWS) showing in the United States. The American Watercolor Society, founded in New York by 11 painters, initiated their renowned traveling exhibits in 1905. Today, the tour is considered one of the premiere watercolor shows in the world.

More than 1,200 artists from the United States and 12 foreign countries submitted their art to a panel of jurors (who were chosen from AWS Signature

See inside for details

galleries across the country.

Sacramento Fine Arts Center (SFAC) is honored to host this distinguished exhibition. The 40 pieces include watercolors from internationally-acclaimed artists Kowalski, Fausel, and Salminen, as well as four of California's own: Frank Eber, Mike Bailey, Qian Gao, and Myrna Wacknov. The collection shares their visions of life through the magic of light, color, and form. Be dazzled! Be enchanted! Be there!

Date: Feb. 20th through April 9th, 2016 - 10 a.m. to 4 p.m. (Wheelchair accessible)

Place: Sacramento Fine Arts Center, 5330-B Gibbons Dr., Carmichael, Calif., 95608 **Donation:** \$10 is appreciated Art and Music Gala: Sat. Feb.

Continued on page 2

Winter Water **Conservation Just Makes** "Water Sense"

SACRAMENTO REGION, CA (MPG) -Wintertime is the perfect time to focus on home improvement projects, and Sacramento Suburban Water District (SSWD) has some handy suggestions on water-efficient ones to undertake that can conserve

water and make life a little better. One of the first things people can do is replace their older toilets with new water-efficient ones. Toilets account for the most water used inside a home, and represent nearly 30 percent of an average home's water consumption. Older, less efficient toilets can use as much as 6 gallons per flush, almost 13,000 gallons a year.

When you're shopping for a new toilet, make sure to look for one with a WaterSense label. WaterSense Labeled toilets are third party tested and independently certified to ensure they meet the U.S. Environmental Protection Agency's criteria for both efficiency and performance. The State's Department of Water Resources may still have toilet rebate funding available on their website, www.saveourwater.com. WaterSense labeled products are 20 percent more water-efficient than average products, and include faucets, showerheads, toilets, weather-based irrigation controllers, urinals, and even new homes.

Another upgrade to consider is a recirculating hot water pump. These pumps are an inexpensive way to conserve water and energy; and have instant hot water at the turn of the tap. The pump's timer can be set to run during times when hot water is needed at the furthest part of your home from the water heater (i.e. early morning before showering). During operation, the cold water in the pipe is cycled to-and-from your hot water heater, so that the water in the pipes is hot, and ready when you want it. An added bonus: Sacramento Suburban Water District offers a \$150 rebate for these pumps to help offset costs.

SSWD customers can also stop by the office to pick up a free Water Conservation Kit. The kit contains:

- 2 Low flow adjustable showerheads
- 2 Dual thread faucet aerators for the bathroom
- 1 Dual thread kitchen faucet aerator
- Dye tablets for checking to see if your toilet is leaking
- A handy instruction sheet to make installation easy

And while at the office, they can sign you up a complementary Water-Wise House Call to identify additional water efficient practices that you may be interested in implementing. Customers can also schedule a Water-Wise House Call by calling SSWD's customer service

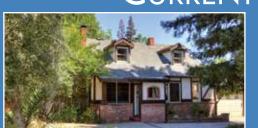






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6001 Palm Dr Carmichael 3/4 bdrm, 2ba, 2045 saft., Finished Basement2 Car Garage



4291 Alton Ct., Sacramento 5075sqft., .48 Acre cul-de-sac lot Near Ashton Park



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Craig has assisted us in closing four residential real estate deals over the past several years. We truly appreciate the time spent with us beforehand listening to our wants and understanding the nature of our needs. As Craig has said many times, it's what he does; however, not everyone takes the time to give clients such comfort.

-Larry Chavez

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RECENT PROPERTIES SOLD BY CRAIG DIEZ

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4726 Salem Carmichael, CA 95608	\$ 510000
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6226 Casita Ave Carmichael, CA 95608	\$ 365900
6065 Winding Way Carmichael, CA 95608	\$ 273500
6133 Via Casitas Ave Carmichael, CA 95608	\$ 174000
5317 Angelina Ave Carmichael, CA 95608	\$ 318000
6451 Rexford Way Carmichael, CA 95608	\$ 277500
6848 Goot Way Carmichael, CA 95608	\$ 375000
5640 El Camino Ave Carmichael, CA 95608	\$ 550000
2701 Doris Ct, Carmichael, CA 95608	\$ 290000
5401 Gibbons Dr Carmichael, CA 95608	\$ 290000

6310 Tina Ct Carmichael, CA 95608 \$ 227000 2101 Eric Rd Carmichael, CA 95608 \$ 245000 4834 Wiedman Way Carmichael, CA 95608 \$ 225000 6237 Palm dr Carmichael, CA 95608 \$ 475000 2618 Knabe Ct Carmichael, CA 95608 \$ 245000 7138 Lincoln Ave Carmichael, CA 95608 \$ 465000 5312 Flagstone St Carmichael, CA 95608 \$ 185000 616 Voleyn St Carmichael, CA 95608 \$ 230000 4313 Rustic Rd Carmichael, CA 95608 \$ 380000 25 River Bluff Ln Carmichael, CA 95608 \$ 540000 6935 Lincoln Creek Cir Carmichael, CA 95608 \$ 419000 \$ 365000 2608 Los Feliz Way Carmichael, CA 95608 4108 Geyser Ln Carmichael, CA 95608 \$ 429000





7144 Fair Oaks Blvd., Suite #7 Carmichael, CA 95608 (916) 425-5884

cdiez@cbnorcal.com







Mike Giancanelli

United Way Honors Two Carmichael Residents

CARMICHAEL, CA (MPG) - Richard Bojé and Stirling Price, both of Carmichael, were honored by United Way California Capital Region along with five others for their commitment to making a collective impact on the Sacramento region's education, health and financial stability.

At the recognition event in December, United Way California Capital Region President and CEO Stephanie Bray told the honorees, "Your hard work, dedication and dollars have changed thousands of lives. Because of you, more children at risk of falling behind are learning to read at grade level. Because of you, more children have access to meals through our Healthy Meals program, which removes the barrier of hunger for those children. And, because of you, foster youth and families are connected with education and coaching to achieve their financial and life goals and dreams."

Bojé and Price were the first recipients of the Bojé & Price Award for Outstanding Volunteerism, which will be presented annually to a volunteer who exemplifies the work of United Way as an individual volunteer and champion for volunteerism in the community.

Price first became involved with United Way in 1958. In 1985, he became treasurer of the local organization, and has served on the finance and administration committee and the Capital Region Foundation. He also is a dedicated



Outstanding Volunteerism, which will be presented annually to a volunteer who exemplifies the work of United Way as an individual volunteer and champion for volunteerism in the community. Photo courtesy Kristin Thébaud

volunteer with several other local nonprofits. Bojé also began his relationship with United Way in 1958 and has served as the local campaign chair, board chair, and on the executive committee. He currently sits on the finance and administration committee and on the Capital Region Foundation Board, among other local nonprofits.

Other honorees included Ruth Miller of Woodland, Lorrie Wilson of Granite Bay, Lindsey Smith of Sacramento and Pam Stewart of Natomas. The company Nationwide, based in the Arden area, also was honored.

"Think about the power we have to change generations and break the cycle of poverty that too many families in our region face," Bray said. "By bringing together companies, schools, government and individuals across the region

we know that we can bring about that change. We can and will go even bigger to reach thousands more children and families."

For more than 90 years, United Way California Capital Region has brought people together to meet pressing needs in the Sacramento region and has changed the lives of hundreds of children, families and adults. Now United Way is mobilizing nonprofits, companies, schools, government, and individuals across the region, state and country to make a collective impact in the areas of education, financial stability and health in Amador, El Dorado, Placer, Sacramento, and Yolo counties. To donate or volunteer, visit www.yourlocalunitedway.org.

Source: Kristin Thébaud Communications

Prestigious American Watercolor Society Exhibits in Carmichael

Continued from Page 1

20th, 2016 - 5:30 to 8:30 p.m. Purchase tickets by Feb. 10th: \$45 Call (916) 971-3713 or www.sacfinearts.org

Info: Dorothy (916) 428.7175 or email: d@att.net or Margaret (916) 704-8611 or email: m@ margaretpollan.com

a gallery tour, call Dorothy (916) 428-7175.

Bus parking available, and there are plenty of nearby restaurants in the heart of Carmichael, close to Sacramento.

Established in 1986, Sacramento Fine Arts Center invites you to "come, create" Groups Welcome: to schedule visual art. Beyond mentoring artists in a kaleidoscope of art forms, SFAC also celebrates the cultural life of the art community. Discover vibrant educational programs, club activities, and ongoing gallery events to have fun and grow creatively at every age.

Source: Sacramento Fine Arts





SPRING CRAFT FAIRE

Saturday, March 5 9am-3pm

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New Vendors Welcome! (916) 972-0336

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Travel the Region!

\$110 per person Register Online

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Wednesday, February 17



SPRINGTIME IN YOSEMITE

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April 12-13

\$324 per person double, \$374 single

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm **Registration Hours:** 8:30 a.m.-4:00 p.m. Monday-Friday

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Donald Kendrick, Music Director

Carmina Burana



"The SCSO owns Carmina Burana!" The Sacramento Bee

PROJECTED SUPERTITLE TRANSLATIONS

Carl Orff | Carmina Burana Karl Jenkins | Songs of Sanctuary (selections) Jonathan Dove | *Psalms For Leo* (West Coast Premiere)

Shawnette Sulker, Soprano Brian Staufenbiel, Tenor Lee Poulis, Baritone

SATURDAY, MARCH 5, 2016 AT 8 PM

7:00 PM Pre-concert talk by Conductor Donald Kendrick

Sacramento Community Center Theater

Tickets \$55, \$45, \$35 | Students 50% discount Community Center Box Office | 916.808.5181 or TICKETS.COM

SACRAMENTO**CHORAL**.COM

Carmichael Times . 3 February 5, **2016**

SACOG Swears in New Board Leadership

SACRAMENTO REGION, CA (MPG) -This morning the Sacramento Area Council of Governments (SACOG) Board of Directors swore in City of Roseville Vice Mayor Susan Rohan as the 2016 SACOG Board Chair and Sacramento County Supervisor Phil Serna as Board Vice Chair.

"I am looking forward to leading the exceptional group of regional leaders that comprise the SACOG Board. We have much work to do, including adopting the region's Metropolitan Transportation Plan and Sustainable Communities Strategy. I have had the opportunity to be an active member of the SACOG board serving on the Land Use and Natural Resources Committee, and chairing the Innovations Task Force. The SACOG Board and staff have built a national reputation for leadership, collaboration, creativity—and will continue to live up to that reputation in 2016," said Rohan.

First elected to the Roseville City Council in 2010, Rohan has served as vice mayor and mayor, and was reelected in 2014. She is the founder and owner of a public affairs consulting business. Previously, she was the Vice President of Government and Environmental Affairs for the Del Webb Corporation, a member of the Roseville **Public Utilities Commissions** from 2007-2010, served on the Roseville Community Standards Visioning Committee, and was a member of the Placer County Economic Commission. Rohan's strong commitment to public service and business excellence is exemplified through her various awards, including 2014 Woman of the Year Award

for Assembly District 4, 2013 Salvation Army Spirit of Caring Award, Roseville Chamber of Commerce Award, and Placer County Economic Development Board private Sector Business Award. Rohan is natively from Nebraska and attended the University of Nebraska. She and her family have lived in Roseville since

SACOG Vice Chair Phil Serna added, "I am humbled that my colleagues from around our region have placed their confidence in me. I welcome the opportunity to help lead the organization and carry out SACOG's mission."

Supervisor Phil Serna was elected to the Sacramento County Board of Supervisors in 2010 and re-elected in 2014. A native Sacramentan, he attended California State University Sacramento before receiving his Masters in City and Regional Planning from Cal Poly, San Luis Obispo. In addition to being a County Supervisor. Serna serves on a number of other boards and commissions including chairing the Sacramento First 5 Commission, the Sacramento Regional Transit District, and the Sacramento Area Flood Control Agency. In 2013, California Governor Edmund G. Brown, Jr. appointed Serna as the first ever Sacramento area representative to the California Air Resources Board. He is passionate about sustainable transportation and land use planning, public health, social services, public safety, and environmental protection.

The SACOG Board of Directors meets on the third Thursday of each month at 9:30 a.m. at 1415 L Street,

by the California Legislature Suite 300 in Sacramento, unless otherwise noticed. Board meetings are open to the public. Agendas and minutes may be obtained by visiting sacog.org or by calling (916) 321-9000.

> **Selected SACOG Board of Directors Include:**

Susan Rohan, Board Chair Councilmember, City of Roseville

Phil Serna, Board Vice Chair **Supervisor, Sacramento** County

Christopher Cabaldon Mayor, City of West Sacramento

Susan Peters Supervisor, **Sacramento County**

David Sander Council Member, **City of Rancho Cordova**

Don Saylor Supervisor, Yolo County

Jeffrey Slowey Council Member, **City of Citrus Heights**

Rick West Council Member, City of Wheatland

SACOG develops the region's long range transportation plan and serves as a forum for innovative and integrated regional collaboration to preserve a high quality of life for residents. In addition to longrange transportation planning, SACOG researches a variety of issues, including land use, air quality, water, and rural sustainability. SACOG works to ensure the Sacramento region receives its fair share of state and federal funding for trans-

portation infrastructure. Source: SACOG



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- Learn about the 7 Smart Strategies you need to get back into the workforce
- Apply for the BACK TO WORK 50+ Coaching and Training Program

Order AARP Foundation's free job search guide

Next Workshop: February 10th, 2016.

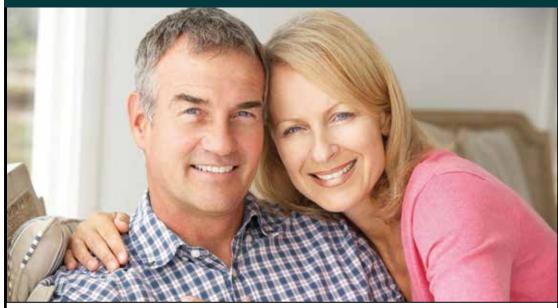
To learn more, visit: www.aarp.org/backtowork50plus





This program is available to all, without regard to race, color, national origin, disability, sex, age, political affiliation, or religion.

25 Minute Educational Presentation and a Free Luncheon



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Reservations Required

Please RSVP for the day of your choice. Seating is limited to 30 attendees per seminar.





This is not a sales seminar. It is a 25-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's FREE Emergency Planning Guide.

benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a

FREE LUNCHEON SEMINARS

East Lawn Memorial Park & Crematory

4300 Folsom Blvd., Sacramento, CA 95819 RSVP: (916)732-2000 or on-line at www.EastLawn.com

Friday, February 5 @ 11:30

Friday, April 8 @ 11:30 a.m.

Andrews & Greilich Funeral Home FD136

3939 Fruitridge Road, Sacramento, CA 95820 RSVP: (916)732-2026 or on-line at www.EastLawn.com This presentation will be in **English** and **Spanish**

Wed, February 17 @ 11:30 a.m. Wed, April 13 @ 11:30 a.m.

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Land Park

Every Sunday 9 a.m. - 1 p.m. Sac City College 4001 21st Street Sacramento, CA 95822

Bring this Ad with you to any market location and receive FIVE raffle tickets

to enter to win our Monthly Farmers Market Gift Basket!

f www.EastLawn.com

4 · Carmichael Times February 5, **2016**

in Northern California: Be a "Junk Opportunist"

SACRAMENTO REGION, CA (MPG) -California is excited to welcome Mike Wolfe, Frank Fritz, and Antique Archeology to the area. The team will film episodes of their hit series American Pickers throughout California. Filming is scheduled for early March.

American Pickers is a documentary series that explores the fascinating world of antique "picking" on History. This hit show follows two of the most skilled pickers in the business, Mike Wolfe and Frank Fritz, as they embark on an epic road trip across the U.S. in search of America's most valuable antiques from motorcycles, classic cars, and bicycles to oneof-a-kind vintage memorabilia. Mike and Frank are on a mission to recycle America, restore forgotten relics to their former glory, and learn a thing or two about American history along

American Pickers is looking for leads and would love to explore what you may have. They are on the hunt for interesting characters with interesting and unique items. Some of what



The hit show American Pickers follows two of the most skilled pickers in the business, Mike Wolfe and Frank Fritz, as they embark on an epic road trip across the U.S. in search of America's most valuable antiques from motorcycles, classic cars, and bicycles to one-of-a-kind vintage memorabilia. Shown here with Wolfe and Fritz is Danielle Colby Cushman. Photo courtesy American Pickers on History Channel

they look for: vintage bicycles, toys, unusual radios, movie memorabilia, advertising, military items, folk art, vintage musical equipment, vintage automotive items, early firefighting equipment, vintage clothing, pre-50's western gear.

American Pickers is produced by Cineflix Productions for History. New episodes air Wednesdays at

9pm E.T. on History.

If you have a large collection or want to refer someone to Mike and Frank, email: your name, number, address and description of the collection and photos to: americanpickers@ cineflix.com (855) OLD-RUST.

Source: American Pickers on History Channel

American Pickers to Film Take a Sentimental Journey via Cabaret



The River City Chorale, 60 voices strong, has been presenting the Cabaret for many years and it is by far its most popular concert. Photo courtesy River City Cho

SACRAMENTO REGION, CA (MPG) -

The River City Chorale presents its ever-popular Cabaret on Saturday and Sunday, March 5th and 6th, with two shows each day: 4 p.m. and 6:30 p.m. It's conveniently located at the Serbian Church Hall, 7777 Sunset Ave (between Sunrise and San Juan), in Fair Oaks, Calif.

With the theme of Sentimental Journeys you will be transported back to the era of such songs as "Chattanooga Choo Choo," "Meet Me in St. Louis," "Route 66," and

"On the Sunny Side of the Street." Upon entering the hall you will

be greeted by the sounds of a traditional jazz combo and escorted to your reserved place at decorated round tables seating up to eight persons. Hors d'oeuvres will be served at your table by the singers and you can partake of libations at an open bar. You'll also have the opportunity to purchase raffle tickets for one of four fun prizes, with winners to be announced at the end of the

concert. Then the show begins! In keeping with the tradition of the cabaret you will be entertained by small groups, soloists, a chamber choir as well as the whole ensemble who will be perched cabaret style—on stools onstage. A combo led by Richard Morrissey, the director of the Chorale, with piano by the very talented Kathy Earl Midgley, will provide the accompaniment.

So get your tickets early by going online at www.RiverCityChorale. org or call (916) 331-3810.

Source: River City Chorale ★

Carmichael Student on Dean's List at Indiana State

Shatara of Carmichael has been recognized for academic achievement at Indiana State University. The senior insurance dents must maintain a 3.5 grade

CARMICHAEL, CA (MPG) - Farid and risk management major point average or higher on a 4.0 received dean's list honors for the fall semester of 2015. To be eligible for the dean's list, stu-

The Roseville Rock Rollers Gem and Mineral Society 501(C)

54th Roseville Gem, Jewelry,

Fossil & Mineral Show!

March 26 & 27

(Easter weekend)

scale.

Source: Indiana State University



Carmichael Water District 100 Year Anniversary Event

Initially formed as an Irrigation District, the Carmichael Water District held its first official meeting on February 8, 1916. The purpose of its formation was to supply water to the Carmichael Colonies through a 15 cubic foot per second water right from the American River.

On Monday, February 8, 2016, the District will hold a Centennial Celebration to highlight the District's 100 years of service to the Carmichael Community.

Event Information

RSVP at (916) 483-2452

Location: La Sierra Community Center 5325 Engle Rd Carmichael, CA 95608

Professional Resident Managers

5714 Auburn Blvd., Sac 95841

Open House Event

Historic Displays

Fire Hydrant Art Silent Auction

As part of the Centennial Celebration, the District will hold a silent auction for ten fire hydrants that have been designed and painted by students from Del Campo High School. Proceeds from the auction will go to support the Del Campo High School Art Program.

Date & Time: **February 8, 2016** 5:30 PM





MADISON AV.

www.armorministorage.com

Carmichael Times . 5 February 5, **2016**

Community Spotlight

Words and photos by Susan Maxwell Skinner



Carmichael Chamber of Commerce directors (above) were sworn in by congressional representative Matthew Ceccato. 2016 board members included Debi Morales, Barbara Safford, Fred Rivas, Julie Woodworker Hubbs, Cathryn Snow, Dr. Gabrielle Rasi and CEO Linda Melody.





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Share your **heart**. Share your home. Become a **Mentor** today.

California MENTOR's Family Home Agency is seeking adult foster families with a spare bedroom to support an individual with special needs. Receive up to \$3,800 a month and ongoing support.

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"Caring for the Least"

Sacramento For more than 50 years, Union Gospel Mission has been

Union Gospel Mission

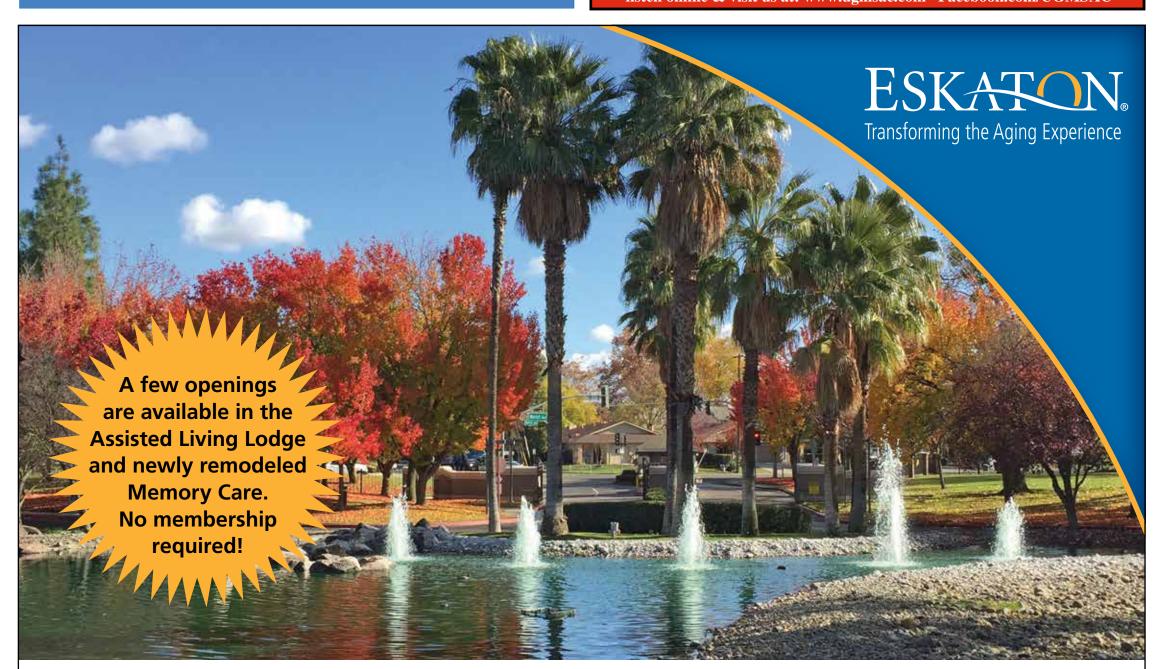
serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission also serves women and children. The Mission is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

50+ Years of Service We accept donations, clothing and goods, 7 Days a week... and prayers always!



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400 Bannon Street • Sacramento, CA 95811 Exec. Director, Pastor Tim Lane • P.O. Box 1108, Sacramento, CA 95812 Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM listen online & visit us at: www.ugmsac.com Facebook.com/UGMSAC



Eskaton Village Carmichael

If you are ready for more freedom, but want more than month-to-month rental ... If you want spacious apartment or cottage living and the assurance of staying in your community should your health needs change ... If you want luxury, comfort and service in a gated retirement community at a price that's more affordable than you might think ... Come for a visit soon.

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eskaton.org

Eskaton Village Carmichael

Continuing Care Community (CCRC): Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing 3939 Walnut Avenue Carmichael, CA 95608

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Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial a free medical research study post-menopausal Call 855-781-1851

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00127 Andrea Cabello and Andrea Zacharie, 4450 El Centro Road #538 Sacramento, CA 95834 are doing business under the Fictitious Business Name(s) "Oh Lala Magnificamente Clean" at 4450 El Centro Road #538 Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 8, 2016. Publish: January 15, 22, 29, and February 5, 2016 160108

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09815 Poutcheu Yossa, 2245 Harris Avenue Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Yossa Builder" at 2245 Harris Avenue Sacramento, CA 95838. Filed with the Clerk of Sacramento County December 28, 2015. Publish: January 15, 22, 29, and February 5, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00032 Lyubov Kaznacheyeva, 7647 Antelope Hills Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Hidden Treasure Films" at 7647 Antelope Hills Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County January 4, 2016. Publish: January 15, 22, 29, and February 5, 2016 HIDDEN 160107 02-05-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00093 Diego Mercado, 10119 Stathos Drive Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "La Tapatia" at 6800 Fruitridge Road Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 7, 2016. Publish: January 15, 22, 29, and February 5, 2016 LATAP 160107 02-5-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00011 ADS, Ink, LLC, 9373 Violet Springs Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "ADS, INK, LLC" at 9373 Violet Springs Court Elk Grove, CA 95624. Filed with the Clerk of Sacramento County January 4, 2016. Publish: January 15, 22, 29, and February 5, 2016 160107 02-05-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09694 Long Huang Nguyen, 8101 Haystak Drive Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Games Expo" at 8101 Haystak Drive Sacramento, CA 95828. Filed with the Clerk of Sacramento County December 21, 2015. Publish: January 15, 22, 29, and February 5, 2016 GAMES 160107 02-05-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09907 Amy Dawn Riley, 416 Almond Drive Lodi, CA 95240 is doing business under the Fictitious Business Name(s) "Ladies of Lodi Cleaning Services" at 416 Almond Drive Lodi, CA 95240. Filed with the Clerk of Sacramento County December 31, 2015. Publish: January 15, 22, 29, and February 5, 2016 02-05-16 160108

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00076 Milaine Paterakis, 3236 Boulder Creek Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bubbas' Doggy Bakery" at 3236 Boulder Creek Way Antelope, CA 95843. Filed with the Clerk of Sacramento County January 6, 2016. Publish: January 15, 22, 29, and February 5, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09692 Chad A. and Gretchen M Guptil, 9481 Heinlein Court Sacramento, CA 95829 are doing business under the Fictitious Business Name(s) "DJ Justified Entertainment" at 9481 Heinlein Court Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 21, 2015. Publish: January 15, 22, 29, and February 5, 2016 160110 02-05-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09863 Christina Acosta, 2082 57th Street Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Urban Kneeds, Devoted Wellness" at 1029 H Street Suite 305 Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 29, 2015. Publish: January 15, 22, 29, and February 5, 2016 02-05-16 160110

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09864 Guadalupe Harrison, 1096 Pinto Trail Drive Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Galt Income Tax & Bookeeping" at 1096 Pinto Trail Drive Galt, CA 95632. Filed with the Clerk of Sacramento County December 29, 2015. Publish: January 15, 22, 29, and February 5, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00015 Andriv Yelets, 3917 Ramsev Drive North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Andrey's Transportation" at 3917 Ramsey Drive North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 4, 2016. Publish: January 15, 22, 29, and February 5, 2016 ANDREYS 160104 02-05-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09881 Larry Mosher, 1634 Wyndham Way El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "Invite Auto Group" at 8188 Alpine Avenue #D Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 30, 2015. Publish: January 15, 22, 29, and February 5, 2016 02-05-16 160105

FICTITIOUS BUSINESS NAME STATEMENT Christopher Smith 6829 Blue FBNF2016-00081 Duck Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Maechalon" at 6829 Blue Duck Way Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 6, 2016. Publish: January 15, 22, 29, and February 5, 2016 MAECHALON 160106 02-05-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00068 Philip Kevin Webster, 8978 Brydon Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Basic Firearms Training" at 8978 Brydon Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 6, 2016. Publish: January 15, 22, 29, and February 5, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00039 CHCMB Inc, 7620 Linden Avenue Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Citrus Heights Community Marching Band, Citrus Heights Marching Band, Citrus Heights Community Band" at 7620 Linden Avenue Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 5, 2016. Publish: January 15, 22, 29, and February 5, 2016 CITRUS 02-05-16 160105

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00044 Mohammadreza Askari and Khadijeh Barntzadsh, 2121 Campton Circle Gold River, CA 95670 are doing business under the Fictitious Business Name(s) "Smog Wizard" at 7610 Folsom Boulevard Sacramento, CA 95826, Filed with the Clerk of Sacramento County January 5, 2016. Publish: January 15, 22, 29, and February 5, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00139 Rosoniya Arceneaux, 3800 Madison Avenue Apt #16 North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Unlimited Possibilities" at 3800 Madison Avenue Apt#16 North Highlands, CA 95660, Filed with the Clerk of Sacramento County January 8, 2016. Publish: January 22, 29, February 5, and 12, 2016 UNLIMITED 160108

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00168 Tammy Dee Boyd, 5310 79th Street Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "AZ Promised, Absurd Assignments" at 5310 79th Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 11, 2016. Publish: January 22, 29, February 5, and 12, 2016 160111 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00246 Connie Fayee Vaughan Jenkins, 2527 52nd Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Star Fashions Unlimited" at 4748 42nd Street Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 13, 2016. Publish: January 22, 29, February 5, and 12, 2016 160113 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00174 Amir Atabak Moghaddam, 885 Halidon Way Apt #1221 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Top Quality Auto" at 3300 Auburn Boulevard Suite 158 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 11, 2016. Publish: January 22, 29, February 5, and 12, 2016 160114

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00350 Orianna Rodriguez, 5872 Annrud Way Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Spartan, Americas Security Solution" at 5872 Annrud Way Sacramento, CA 95822, Filed with the Clerk of Sacramento County January 15, 2016. Publish: January 22, 29, February 5, and 12, 2016 160115

FICTITIOUS BUSINESS NAME STATEMENT Vay Sau Tsy, 7281 Palmer FBNF2016-00241 House Drive Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "VTR- Fencing, VTR" at 8575 Weyand Avenue #D Sacramento, CA 95828, Filed with the Clerk of Sacramento County January 13, 2016. Publish: January 22, 29, February 5, and 12, 2016 160106 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00230 Ryan Schiller, 4106 Determined Court Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Flite Auto Works" at 4555 Auburn Boulevard Suite 5 Sacramento, CA 95841, Filed with the Clerk of Sacramento County January 13, 2016. Publish: January 22, 29, February 5, and 12, 2016 160115

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00249 Star Fee, LLC, 1734 Marin Court Plumas Lake, CA 95691 is doing business under the Fictitious Business Name(s) "A1 Hospitality" at 1330 Del Paso Road Unit 100 Sacramento, CA 95834, Filed with the Clerk of Sacramento County January 13, 2016. Publish: January 22, 29, February 5, and 12, 2016 160114

FICTITIOUS BUSINESS NAME STATEMENT Gary Williams 8041 Otium FBNF2016-00276 Way Antelope, CA 95843 and Michelle Torio, 536 Perdue Drive Vacaville, CA 95678 are doing business under the Fictitious Business Name(s) "Precision Vision Media" at 8041 Otium Way Antelope, CA 95843, Filed with the Clerk of Sacramento County January 14, 2016. Publish: January 22, 29, February 5, and 12, 2016 PRECISION 160110

FICTITIOUS BUSINESS NAME STATEMENT To Promote Wellness LLC, 980 9th Street 16th Floor Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Promoting Healthy Lives" at 980 9th Street 16th Floor Sacramento, CA 95814. Filed with the Clerk of Sacramento County January 7, 2016. Publish: January 22, 29, February 5, and 12, 2016 PROMOTING 160113 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00138 Joshua Garwood, 5647 Chipping Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Mad Dog Motorsports" at 5647 Chipping Way Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 8, 2016. Publish: January 22, 29, February 5, and 12, 2016 160112 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT Donald Mathis, 4635 Antelope Road #112 Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Donald Discounts Store" at 4635 Antelope Road #112 Antelope, CA 95843. Filed with the Clerk of Sacramento County January 8, 2016. Publish: January 22, 29, February 5, and 12, 2016 DONALD 160108 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT Audra M. and Carlissa C. FBNF2016-00188 Knox, 8451 Tragus Way Elk Grove, CA 95624 are doing business under the Fictitious Business Name(s) "Boss Braids" at 9412 Elk Grove Florin Road Elk Grove, CA 95624. Filed with the Clerk of Sacramento County January 11, 2016. Publish: January 22, 29, February 5, and 12, 2016 160111

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00143 Shila Vardell, 45 Delanev Court Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "A Touch of Twinkle Cleaning Services" at 2011 P Street Suite 306 Sacramento, CA 95811. Filed with the Clerk of Sacramento County January 8, 2016. Publish: January 22, 29, February 5, and 12, 2016 160113

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00080 Wendy Gordy, 6497 Aspen Gardens Way Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "WMG Enterprises" at 11378 Amaigam Way #G Rancho Cordova. CA 95670. Filed with the Clerk of Sacramento County January 6, 2016. Publish: January 22, 29, February 5, and 12, 2016 160105 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00061 Esmeralda Granados, 4828 Pasa Robles Drive Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Alex's Amazing Painting" at 4828 Pasa Robles Drive Sacramento, CA 95841, Filed with the Clerk of Sacramento County January 6, 2016. Publish: January 22, 29, February 5, and 12, 2016 **ALEXS** 160113 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00059 Cheryl A Busby, 7751 College Town Drive Apt #216 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Lord's Worker Bees" at 7751 College Town Drive Apt #216 Sacramento, CA 95826 . Filed with the Clerk of Sacramento County January 5, 2016. Publish: January 22, 29, February 5, and 12, 2016 160111

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09904 Marla Erickson, 3324 Langley Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "CodeCrush" at 3324 Langley Way Antelope, CA 95843. Filed with the Clerk of Sacramento County December 31, 2015 Publish: January 22, 29, February 5, and 12, 2016 CODE 160114

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00183 Braden Scott Barkman, 5537 Hillsdale Boulevard Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "ONE NRG, Braden Scott Construction" at 5537 Hillsdale Boulevard, CA 95842. Filed with the Clerk of Sacramento County January 11, 2016. Publish: January 22, 29, February 5, and 12, 2016 BRADEN 160111 02-12-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00180 Leila and Richard Hen, 2658 Watertree Way Sacramento, CA 95826 are doing business under the Fictitious Business Name(s) "Issa's Gelatos" at 2658 Watertree Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 11, 2016. Publish: January 22, 29, February 5, and 12, 2016 160111

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00089 Brandon Sullivan, 5244 Avenue #B Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Arrow Communications" at 5244 Whitney Avenue #B Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 7, 2016. Publish: January 22, 29, February 5, and 12, 2016 160111

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00170 SH & Sons, 1639 Allenwood Circle Lincoln, CA 95648 are doing business under the Fictitious Business Name(s) "Servpro of North Sacramento" at 3230 Arena Boulevard Suite 245 Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 11, 2016. Publish: January 22, 29, February 5, and 12, 2016 SERVPRO 02-12-16 160111

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00357 Equitymojo LLC, 1679 S. Dupont Highway Suite 100 Dover, DE 19901 is doing business under the Fictitious Business Name(s) "Equitymojo" at 8054 Dorian Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 15, 2016. Publish: January 29, February 5, 12, and 19, 2016 160119

FICTITIOUS BUSINESS NAME STATEMENT Mary DeSouza, 2600 Foothill Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "MBT Company MBT and Associates, Trip Travel Adventure" at 2600 Foothill Drive Carmichael, CA 95608, Filed with the Clerk of Sacramento County January 15, 2016. Publish: January 29, February 5, 12, and 19, 2016 160118

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00359 Tyler and Morgan Wright, 6543 Meadowcreek Way Citrus Heights, ČA 95621 is doing business under the Fictitious Business Name(s) "Busyowl, Yellowsweater" at 6543 Meadowcreek Way Citrus Heights, CA 95621 . Filed with the Clerk of Sacramento County January 15, 2016. Publish: January 29, February 5, 12, and 19, 2016 02-19-16 BUSYOWL 160119

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09916 Regal Marketing Solutions, 11500 Sunrise Gold Circle Suite E Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "West Regal" at 11500 Sunrise Gold Circle Suite E Rancho Cordova, CA 95742, Filed with the Clerk of Sacramento County December 31, 2015. Publish: January 29, February 5, 12, and 19, 2016 02-19-16 160121

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09910 The Sacramento Valley Symphonic Band Association, 5150 Sunrise Boulevard Suite E-2 Fair Oaks, CA 95626 is doing business under the Fictitious Business Name(s) "SVSBA, Amador County Concert Band, Auburn Concert Band, Pittsburg Community Band, Sacramento Concert Band, Sacramento Symphonic Winds, Winds of Faith" at 5150 Sunrise Boulevard Suite E-2 Fair Oaks, CA 95626. Filed with the Clerk of Sacramento County December 31, 2015. Publish: January 29, February 5, 12, and 19, 2016 160105

FICTITIOUS BUSINESS NAME STATEMENT Jamie Cavanaugh, 6096 FBNF2015-09807 Riverside Boulevard B38 Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) 'M3 Apothecary, Mary J's Little Black Box" at 6096 Riverside Boulevard B38 Sacramento, CA 95831. Filed with the Clerk of Sacramento County December 28, 2015. Publish: January 29, February 5, 12, and 19, 2016 160121

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00440 Zarle Tarver, 754 Moose Creek Way Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Zarle Naturals" at 754 Moose Creek Way Galt, CA 95632. Filed with the Clerk of Sacramento County January 20, 2016. Publish: January 29, February 5, 12, and 19, 2016 160120

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00465 Grace Park, 4349 Marconi Avenue Apt #5 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) Tapestry of Wellness" at 4349 Marconi Avenue Apt #5 Sacramento, CA 95821, Filed with the Clerk of Sacramento County January 21, 2016. Publish: January 29, February 5, 12, and 19, 2016 TAPESTRY 160121 02-19-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00356 Argonaut Brewing Company, Inc. 8673 Creekwood Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Claimstake Brewing Company" at 11366 Monier Park Place Rancho Cordova, CA 95742, Filed with the Clerk of Sacramento County January 15, 2016. Publish: January 29, February 5, 12, and 19, 2016 CLAIMSTAKE 160120 02-19-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00207 Anna Juan, 7045 Greenhaven Drive Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Anna's Gift Shop" at 6825 Stockton Boulevard #215 Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 12, 2016. Publish: January 29, February 5, 12, and 19, 2016 160113

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00463 Rose Stella Ahmed, 4035 Cuyamaca Circle Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Ms. Rose's Thera Place" at 4035 Cuvamaca Circle Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 21, 2016. Publish: January 29, February 5, 12, and 19, 2016 MSROSE 160121 02-19

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00355 MGM Limousine LLC. 3321 Orange Grove Avenue North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "MGM Transportation" at 3321 Orange Grove Avenue North Highlands, CA 95660. Filed with the Clerk of Sacramento County January 15, 2016. Publish: January 29, February 5, 12, and 19, 2016 160115 02-19-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00427 Melissa J. McManus, 5724 Grey Birch Way Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Intellect" at 5724 Grey Birch Way Antelope, CA 95843. Filed with the Clerk of Sacramento County January 20, 2016. Publish: January 29, February 5, 12, and 19, 2016 INTELLECT 160122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00524 Atma Singh Bagri, 3191 Azevedo Drive Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "A Man & Brothers Trucking" at 3191 Azevedo Drive Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 22, 2016. Publish: January 29, February 5, 12, and 19, 2016

FICTITIOUS BUSINESS NAME STATEMENT TK Credit Recovery Inc. 51 FBNF2016-00523 Main Street Isleton, CA 95641 is doing business under the Fictitious Business Name(s) "Smith and Associates" at 51 Main Street Isleton, CA 95641. Filed with the Clerk of Sacramento County January 22, 2016. Publish: January 29, February 5, 12, and 19, 2016 160122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00455 Franklin D. Lockhart, 8650 Farley Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Togo's/Baskin Robbins" at 8240 Calvine Road Suite G Sacramento, CA 95828. Filed with the Clerk of Sacramento County January 20, 2016. Publish: January 29, February 5, 12, and 19, 2016 160122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00540 Aamin Inc, 1504 Silica Avenue Suite F Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Amin Auto" at 1504 Silica Avenue Suite E Sacramento, CA 95815. Filed with the Clerk of Sacramento County January 22, 2016. Publish: January 29, February 5, 12, and 19, 2016

FICTITIOUS BUSINESS NAME STATEMENT Nagg Investments Inc, 324 FBNF2015-09855 Lone Spur Drive Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "NUYO Broadstone" at 2750 East Bidwell Street Suite 300 Folsom, CA 95630. Filed with the Clerk of Sacramento County December 29, 2015. Publish: January 29, February 5, 12, and 19, 2016 160123 02-19-16 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2016-00535 Nkiruka Herche, 737 Morey Avenue Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Ink Portraits" at 737 Morey Avenue Sacramento, CA 95838. Filed with the Clerk of Sacramento County January 22, 2016. Publish: January 29, February 5, 12, and 19, 2016 160122 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2016-00489 Manon Desrosiers, 124 Puffer Way Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Manon Marketing" at 124 Puffer Way Folsom, CA 95630. Filed with the Clerk of Sacramento County January 21, 2016 Publish: January 29, February 5, 12, and 19, 2016 MANON 160122 02-19

FICTITIOUS BUSINESS NAME STATEMENT The Ale Apothecary, LLC, 61517 FBNF2016-00257 River Road Bend, Oregon 97703 is doing business under the Fictitious Business Name(s) "APTH" at 61517 River Road Bend, Oregon 97703. Filed with the Clerk of Sacramento County January 13, 2016. Publish: January 29, February 5, 12, and 19, 2016 160122

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00027 Duong Huong, 8601 Aubrey Court Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Golden Nails" at 9175 Elk Grove Florin Road #4 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County January 4, 2016. Publish: January 29, February 5, 12, and 19, 2016 **GOLDEN** 160125 02-19-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00219 Viktor Popov, 4500 Elverta Road #1025 Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Viktor & Sons Logistics" at 4500 Elverta Road #1025 Antelope, CA 95843. Filed with the Clerk of Sacramento County January 12, 2016. Publish: January 29, February 5, 12, and 19, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00734 Gregory Caldwell, 5018 Sky Parkway Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Cowtown Creamery" at 8214 Fair Oaks Boulevard Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 29, 2016. Publish: February 5, 12, 19, and 26, 2016 COWTOWN 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00316 Van Thi Nguyen, 7320 14th Avenue Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "VN Marketing" at 7320 14th Avenue Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 14, 2016. Publish: February 5, 12, 19, and 26, 2016 VN 160129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00315 Duong Cong Pham, 7320 14th Avenue Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Don's Upholstery" at 7320 14th Avenue Sacramento, CA 95820. Filed with the Clerk of Sacramento County January 14, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 DONS 160129

FICTITIONS RUSINESS NAME CTATEMEN FRNF2016-00646 Eric Boler. 2727 Castle Hill Court Apt #86 Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Jahda, J.J.C. Cash for Gold" at 5109 Gibbons Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 27, 2016. Publish: February 5, 12, 19, and 26, 2016 JAHDA 160129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00181 Tamer El-arid, 5727 Sutter Avenue Apt #18 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "First American Credit Marketing" at 3300 Auburn Boulevard #11 Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 11, 2016. Publish: February 5, 12, 19, and 26, 2016 160129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00715 Max Williams, 5321 Flagstone Street Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Triple Seven Auto" at 5321 Flagstone Street Carmichael, CA 95608, Filed with the Clerk of Sacramento County January 28, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00318 Richard Martin, 11708 Brook Valley Way Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Popsicle Stand Getaways, Visitors Clubhouse Sports Travel" at 11708 Brook Valley Way Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County January 14, 2016. Publish: February 5, 12, 19, and 26, 2016 POPSICLE 160129

160129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00665 Mary Bonanno, 3101 Bertis Drive Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "In Sight Photo Arts, In Sight Photographic Arts" at 3101 Bertis Drive Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 27, 2016. Publish: February 5, 12, 19, and 26, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00605 Vanard Richardson 5705 Tahama Street Sacramento, CA 95841 is doing business under the Fictitious Business "ASAP Delivery" at 5705 Tahama Name(s) Street Sacramento, CA 95841. Filed with the Clerk of Sacramento County January 25, 2016. Publish: February 5, 12, 19, and 26, 2016 160127 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00620 David Kieth Mediterranean Way Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Left Lane Express" at 8233 Mediterranean Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 26, 2016. Publish: February 5, 12, 19, and 26, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00299 Timothy B. and Jenny Christine Pair, 8472 Day Lillies Lane Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Dragonfly Salon & Boutique" at 610 Riley Street Suite 3 Folsom, CA 95630. Filed with the Clerk of Sacramento County January 14, 2016. Publish: February 5, 12, 19, and 26, 2016 DRAGONFLY 160127 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00390 Apryl Guy, 7408 Pimienta Drive Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Plumber2u" at 7408 Pimienta Drive Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County January 19, 2016. Publish: February 5, 12, 19, and 26, 2016 **PLUMBER** 160126 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00389 Anh Ducle Nguyen, 10417 Autumn Breez Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bellissima Nail Spa" at 2121 Golden Centre Lane #50 Gold River, CA 95670. Filed with the Clerk of Sacramento County January 19, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 160126

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00614 Dianne Oltean, 3430 Nadine Street Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sacramento Senior Care Solutions" at 3430 Nadine Street Carmichael, CA 95608, Filed with the Clerk of Sacramento County January 26, 2016. Publish: February 5, 12, 19, and 26, 2016 SACRAMENTO 02-26-16 160126

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00563 Paul C. Reese, 7755 Bloom Way Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Bird's Eye Photography, Bird's Eye Aerial Photography" at 7755 Bloom Way Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 25, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00146 Adriana Regalado, 5672 Carmela Way Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Pimentel Deposition Reporting" at 5672 Carmela Way Sacramento, CA 95822. Filed with the Clerk of Sacramento County January 08, 2016. Publish: February 5, 12, 19, and 26, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00612 Jasvir S. Rama, 2207 Hedrick Court Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Shell 7-Eleven" at 9199 Folsom Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 26, 2016. Publish: February 5, 12, 19, and 26, 2016 160130 02-26-16 SHELL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00759 Girls with Gratitude, LLC, 4860 Blackrock Drive Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Vampire Penguin" at 3620 North Freeway Boulevard Suite 300 Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 29, 2016. Publish: February 5, 12, 19, and 26, 2016 VAMPIRE 160129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00773 Kristian Zelada, 4731 16th Avenue Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Microphone Check Records, Mic Check Sports" at 4731 16th Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 29, 2016. Publish: February 5, 12, 19, and 26, 2016 MIC 160129

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00731 Liana Ma and Justin Lee, 14352 State Highway 160 Walnut Grove, CA 95690 is doing business under the Fictitious Business Name(s) "Echo Farms" at 14352 State Highway 160 Walnut Grove, CA 95690. Filed with the Clerk of Sacramento County January 29, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 160130

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00735 Monsac.LLC. 5901 Kies Way Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) International Shipping, The UPS Store" at 3323 Watt Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 29, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 SKY 160130

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00732 Stephanie Lynn Jacobs, 2554 Los Feliz Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Palm Drive Studio Collective" at 5916 Palm Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 29, 2016. Publish: February 5, 12, 19, and 26, 2016 160130 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00320 Javier Rodriguez, 9542 P Street Live Oak, CA 95953 is doing business under the Fictitious Business Name(s) "Bolt Registration Services, Bolt Insurances Services" at 7359 Greenback Lane Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County January 14, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 160115 BOLT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00533 Michael Charles Engeman 5900 Sherman Avenue Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "MPA Real Estate" at 5900 Sherman Avenue Sacramento, CA 95819. Filed with the Clerk of Sacramento County January 22, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 160126

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00500 USF Reddaway Inc, 7720 Mohawk Street Tualatin, OR 97062 is doing business under the Fictitious Business Name(s) "Reddaway" at 3210 52nd Avenue Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 21, 2016. Publish: February 5, 12, 19, and 26, 2016 REDDAWAY 160126 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT Laura Dayton, 5324 Hesper Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Aim to Reality" at 5324 Hesper Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 25, 2016. Publish: February 5, 12, 19, and 26, 2016 160126 02-26-16

STATEMENT FICTITIOUS BUSINESS NAME FBNF2016-00109 Randy Azvedo, 5030 Marshall Road Garden Valley, CA 95633 is doing business under the Fictitious Business Name(s) "Heritage Electric" at 5030 Marshall Road Garden Valley, CA 95633. Filed with the Clerk of Sacramento County January 07, 2016. Publish: February 5, 12, 19, and 26, 2016 **HERITAGE**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00347 LFC Antelope, INC, 7910 Antelope Road Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Leatherby's Family Creamery" at 7910 Antelope Road Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 15, 2016. Publish: February 5, 12, 19, and 26, 2016 LEATHERBYS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00548 Phoung Nguyen, 9054 Warm Springs Circle Stockton, CA 95210 is doing business under the Fictitious Business Name(s) "Win Win Team" at 4080 Truxel Road Suite 100 Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 22, 2016. Publish: February 5, 12, 19, and 26, 2016 160125 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00551 Rowlett Manufacturing & Design Inc, 6622 Freeport Boulevard #2 Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Dale Engineering, Inc" at 6622 Freeport Boulevard #2 Sacramento, CA 95822, Filed with the Clerk of Sacramento County January 25, 2016.

Publish: February 5, 12, 19, and 26, 2016 160125 FICTITIOUS BUSINESS NAME STATEMENT FBNE2016-00353 Richard and Sandra Roberts Ministries, 8134 Great House Way Antelope, CA

95843 are doing business under the Fictitious Business Name(s) "Lifting Up Jesus, LUJ" at 4147 Northgate Boulevard Suite 2 Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 15, 2016. Publish: February 5, 12, 19, and 26, 2016 02-26-16 160115

FICTITIOUS BUSINESS NAME STATEMENT Emma Jane Robichaud FBNF2016-00643 Coulthard, 6344 Slug Gulch Road Somerset, CA 95684 is doing business under the Fictitious Business Name(s) "Hair By Emma Studio Salon" at 947 Enterprise Drive Suite 16 Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 26, 2016. Publish: February 5, 12, 19, and 26, 2016

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00554 Ahan Enterprises LLC, 8171 Barat Court Sacramento, CA 95829 is doing business under the Fictitious Business "Sonic Auto Sales" at 4095 Power Inn Road Sacramento, CA 95826. Filed with the Clerk of Sacramento County January 25, 2016.

160127

Publish: February 5, 12, 19, and 26, 2016 SONIC 160127

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00683 Mark August and Dara Jamine Delgado, 2425 Bianca Court Rancho Cordova. CA 95670 are doing business under the Fictitious Business Name(s) "Dara Delgado Home Loans" at 101 Parkshore Drive Suite 100 Folsom, CA 95630. Filed with the Clerk of Sacramento County January 27, 2016. Publish: February 5, 12, 19, and 26, 2016 DARA 160128 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00668 Kristy Crawford, 902 Esplanade Circle Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Option Care for Elders" at 9237 Greenback Lane #81 Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 27, 2016. Publish: February 5, 12, 19, and 26, 2016 OPTION 160128

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00660 Kristina Babette Maves, 5737 Angelina Avenue Unit 24 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Go Clean Professional" at 5737 Angelina Avenue Unit 24 Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 27, 2016. Publish: February 5, 12, 19, and 26, 2016 160130 02-26-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00313 Thomas Jacob Meyer, 2629 E Street Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Family Fencing" at 2629 E Street Rio Linda, CA 95673. Filed with the Clerk of Sacramento County January 14, 2016. Publish: February 5, 12, 19, and 26, 2016 160125

FICTITIOUS BUSINESS NAME STATEMENT FBNF2016-00521 House of Glory International Ministry, 10190 Systems Parkway #100 Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Glory 4 Nations" at 10190 Systems Parkway #100 Sacramento, CA 95827. Filed with the Clerk of Sacramento County January 22, 2016. Publish: February 5, 12, 19, and 26, 2016 **GLORY** 160125 02-26-16

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2012-04699 The following person(s) has/have abandoned the

use of the FICTITIOUS BUSINESS NAME of "Empire State Motors" located at 3345 Union Springs Wa Sacramento, CA 95827. Artem Sargsyan, 3345 Union Springs Way Sacramento, CA 95827. The Fictitious Business Name Statement referred to above was filed on June 4, 2012 in the County of Sacramento Publish: February 5, 12, 19, and 26, 2016 160128

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2013-06174 The following person(s) has/have abandoned

the use of the FICTITIOUS BUSINESS NAME of "Don's Upholstery" located at 7320 14th Avenue Sacramento, CA 95820. Van T. Nguyen, 7320 14th Avenue Sacramento, CA 95820. The Fictitious Business Name Statement referred to above was filed on August 1, 2013 in the County of Sacramento. Publish: February 5, 12, 19, and 26, 2016 160127

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2012-09093 The following person(s) has/have abandoned the use

of the FICTITIOUS BUSINESS NAME of "Dragonfly Salon & Boutique" located at 610 Riley Street Suite C Folsom, CA 95630. Lisa Ann Sigurdson, 9142 Tapper Lane Orangevale, CA 95662. The Fictitious Business Name Statement referred to above was filed on November 9, 2012 in the County of Sacramento. Publish: February 5, 12, 19, and 26, 2016 DRAGONFLY 160126 02-26-16

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187337

WHEREAS, Christopher O. Marzan has filed a petition with this court for a decree changing the name(s) of Peter Ralph Sitthivong Marzan to Peter Sitthivong Marzan and Jose Christopher Sitthivong Marzan to Jose Christopher Sitthiyong Marzan.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 23, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 02, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: January 15, 22, 29, and February 5, 2016 160108

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00188700

WHEREAS, Volodymyr Suyazov has filed a petition with this court for a decree changing the name(s) of Volodymyr Suyazov to Vlad Valavsky. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 23, 2016, in Department 54,

located at 800 Ninth Street, Third Floor, Sacramento,

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 6, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: January 15, 22, 29, and February 5, 2016

SUYAZOV 160106

Salome's

ARIES (March 21 to April 19) Guess what, Lamb? You're about to experience a new perspective on a situation you long regarded quite differently. What you learn could open more opportunities later.

TAURUS (April 20 to May 20) The Bold Bovine is tempted to charge into a new venture. But it might be best to take things one step at a time so that you know just where you are at any given point.

GEMINI (May 21 to June 20) It's a good time to go on that fun getaway you've been planning. You'll return refreshed, ready and, yes, even eager to tackle the new challenge that awaits you.

CANCER (June 21 to July 22) The Moon Child loves to fantasize about magical happenings in the early part of the week. But the sensible Crab gets down to serious business by week's end.

LEO (July 23 to August 22) What goes around comes around for those lucky Leos and Leonas whose acts of generosity could be repaid with opportunities to expand into new and exciting areas of interest.

VIRGO (August 23 to September 22) Your concern about your job responsibilities is commendable. But you need to take some quiet time to share with someone who has really missed being with you.

LIBRA (September 23 to October 22) Aspects favor getting out and meeting new people. And as a bonus, you could find that some of your newly made friends could offer important business contacts.

SCORPIO (October 23 to November 21) You might take pride in wanting to do everything yourself. But now's a good time to ask family members to help with a demanding personal situation.

SAGITTARIUS (November 22 to December 21) Pay more attention to the possibilities in that workplace change. It could show the way to make that long-sought turn on your career path.

CAPRICORN (December 22 to January 19) Your need to succeed might overwhelm obligations to your loved ones. Ease up on that workload and into some welldeserved time with family and

AQUARIUS (January 20 to February 18) Love rules for amorous Aguarians who can make good use of their ability to communicate feelings. Don't be surprised if they're reciprocated in kind.

The symbolism of roses

During Queen Victoria's reign in England

(1837-1901), upper-class society avoided

vocal expressions of emotions, as it was

considered vulgar. Giving flowers that

symbolized one's feelings became very

popular, and books such as Flora

Symbolica by John Ingram (1869)

Red roses meant "I love you" and

month of the year.

- Brenda Weaver

helped guide society in this practice.

giving twelve of them stood for each

ources: archive.org,

proflowers.com



PISCES (February 19 to March

20) Fishing for compliments? No

doubt, you probably earned them.

But it's best to let others believe

they were the ones who uncov-

ered the treasure you really are.

BORN THIS WEEK: Your good

works flow from an open, generous

heart. Nothing makes you happier

than to see others happy as well.

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▶ In the summer of 1100, King William II of England went for a hunt in the New Forest, bringing along, of course, an entourage of nobles. One of his attendants, Walter Tirel, had a good opportunity to target their quarry, and the king urged, "Shoot! Walter, in heaven's name!" Tirel did, indeed, shoot, but the arrow evidently ricocheted off a tree and hit the king, killing him.



ORGANIC Aphrodisiacs

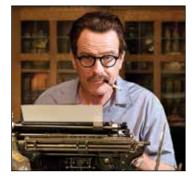
- 1. Chocolate
- 2. Avocados
- 3. Tomatoes 4. Chiles
- 5. Wild Yams
- 6. Asparagus
- 7. Garlic
- 8. Almonds
- 9. Pumpkin Seeds 10. Celery

Source: planetgreen.discovery.com

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PICKS OF THE WEEK



Bryan Cranston in "Trumbo

Bleecker Street

"Steve Jobs" (R) - By peeking backstage before three crucial announcements, this biopic takes a unique approach to an already well-studied personality. As the man behind Apple Inc., Steve Jobs (Michael Fassbender) fought to build a legacy and push the boundaries of what consumers did with technology. Jobs' hard-edged monomania contrasts with the moral compass of Johanna Hoffman (Kate Winslet) and Steve Wozniak (Seth Rogen) -- a genius engineer and

Powerful performances allaround help separate this film from the pack of Jobs-related media and the biopic genre in general. Aaron Sorkin's script brings the fast, pithy dialog that always arrives at the right words at the right time. Fassbender is entrancing as usual, as he puts a full charge of conflicted intellect behind Jobs' speech and actions.

"Trumbo" (R) - Dalton Trumbo (Bryan Cranston) went from being the highest paid writer in the world to being jailed, scorned and blacklisted after he refused to cooperate with the House Un-American Activities Committee in 1947. Defiant and outspoken, Trumbo was an unapologetic communist, which landed him in jail for 11 months as one of the famous Hollywood Ten. Later, he rebuilt his career behind pseudonyms and B-movies ... eventually winning two Oscars

after he was officially banned from the industry.

The obvious irony in the movie is that the screenplay can't come close to the wit and insight of its subject. Cranston's performance elevates the whole affair, spewing barbed insight from beneath an imposing mustache. "Trumbo" is an entertaining look at Hollywood history, but misses out where it could shine.

"Labyrinth of Lies" (R) - In the decade after World War II, Germany was in the midst of a heavy-duty identity crisis. Little indicators of shifting loyalties, hidden tragedies and outright denial are everywhere as Johann (Alexander Fehling), a young prosecutor, begins an investigation of a man who allegedly stood guard at Auschwitz and now lives as a schoolteacher. Johann finds that it's not just individuals covering up their pasts, but an entire society trying to hide from what happened. This entry for the foreign-language Oscar doesn't break the mold with ideas, but can be effective examining collective conscience.

"Theeb" - Set in the shifting sands of the Ottoman Empire during World War I, this coming of age tale makes remarkable use of landscape and pacing to make a noteworthy directorial debut. Young Theeb (Jacir Eid) is a Bedouin boy who lives with his older brother Hussein (Hussein Salameh). A English officer enlists Hussein's help in guiding him to a specific location, and Theeb tags along, setting in motion a transformative journey where he will experience violence and beauty, all told with a solid eye on the real world.

TV RELEASES

"Girls: Season 4"

"Peaky Blinders: Season Two"

"Lego Ninjago: Masters of Spinjitzu: Season 5"

"Brady Kids: The Complete Animated Series'

"Peanuts: 4-Movie Collection"

"Andy Griffith Show: The Complete

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by HEALTHY EXCHANGES

Valentine's Sundae Desert Bars

18 (2 1/2-inch) chocolate graham crackers

4 cups sugar- and fat-free vanilla ice cream 1 (4-serving) package sugar-free chocolate

cook-and-serve pudding mix

2/3 cup nonfat dry milk powder

1 cup water

1 teaspoon vanilla extract

2 teaspoons reduced-calorie margarine

1/2 cup miniature marshmallows

3 tablespoons chopped pecans

1/2 cup reduced-calorie whipped topping

4 maraschino cherries, halved

1. Arrange 9 graham crackers in a 9-by-9inch cake pan. In a large bowl, gently stir ice cream until slightly softened. Coarsely crush remaining 9 graham crackers and stir into softened ice cream. Spread mixture gently over graham crackers in cake pan. Cover and freeze while preparing topping.

2. In a medium saucepan, combine dry pudding mix, dry milk powder and water. Cook over medium heat until mixture thickens and starts to boil, stirring constantly. Remove from heat. Stir in vanilla extract, margarine and marshmallows. Drizzle hot mixture evenly over ice cream mixture. Sprinkle pecans evenly over top. Re-cover and continue to freeze for 2 hours or until

3. Let set at room temperature for 10 minutes. Cut into 8 servings. To serve, top each with 1 tablespoon whipped topping and a maraschino cherry half.

* Each serving equals: 191 calories, 3g fat, 7g protein, 34g carb., 199mg sodium, 1g fiber; Diabetic Exchanges: 2 Starch/Carb.,

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Citrus Heights Community Center

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International Youth Exchange Program, Christmas Food Baskets.

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Samples of healthy whole plant based recipes. Breakfast, Lunch ideas and Dinner cuisine. All recipes fully demonstrated and supplied.

Date/Time

Kari Jacobson

Tami Bivens

February 9, March 8, April 12, May 10 7:00 - 8:30pm

Presenters

\$10 Per Session Limited Seating. Pre-registration deadline by Friday before each session

at carmsda.org or call office at 916-487-8684 Location

Carmichael SDA Church Fellowship Hall, 4600 Winding Way Sacramento



RN (Cardiac RN/Lifestyle Educator)

(author of Plant to Plate) **Erica Nedley** (author of Brighten up Breakfasts)

Limited Seating Pre-registration deadline by Friday before each session at carmsda.org or call office at 916-487-8684 916-773-2999

Carmichael, CA 95609

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LEGAL ADVERTISING Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00187915 WHEREAS, Amanda Lea Lockling has filed a petition with this court for a decree changing the name(s) of Amanda Lea Lockling to Amanda Lea Silk.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 07, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: December 16, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: January 15, 22, 29, and February 5, 2016 160107

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188486

WHEREAS, Diep Mong Nguyen has filed a petition with this court for a decree changing the name(s) of Diep Mong Nguyen to Lauryn Diep Nguyen Uribe. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 16, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 30, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: January 15, 22, 29, and February 5, 2016 161231

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00188237 WHEREAS, FNU Fardin Khan and FNU Shukriya has filed a petition with this court for a decree changing the name(s) of FNU Fardin Khan to Fardin Khan Karimi. FNU Shukriya to Shukriya Khan Karimi, FNU Aryan to Aryan Karimi, and FNU Mehran to Mehran Karimi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 14, 2016, in Department 53, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 23, 2015

David I. Brown, Judge of the Superior Court Publish: January 22, 29, February 5, and 12, 2016 160114

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00188970

WHEREAS, Michelle Christine Piowarsy has filed a petition with this court for a decree changing the name(s) of Michelle Christine Piowarsy to Michelle Chrisitne Scott.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 29, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: January 22, 29, February 5, and 12, 2016 160107

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189036

WHEREAS, FNU Shabana has filed a petition with this court for a decree changing the name(s) of FNU Shabana to Shabana Faqiri. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 1, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: January 14, 2016

Raymond M. Cadei, Judge of the Superior Court Publish: January 22, 29, February 5, and 12, 2016 SHABANA 160114 02-12

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00188988 WHEREAS, Amiri Hamed has filed a petition with this court for a decree changing the of Amiri Hamed to Hamed IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 30, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 13, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: January 22, 29, February 5, and 12, 2016 160113

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00188958

WHEREAS, Nha Trinh Phan Ho has filed a petition with this court for a decree changing the name(s) of Nha Trinh Phan Ho to Trinh Elena Ho. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 28, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 13, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: January 22, 29, February 5, and 12, 2016 160113

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00188937

WHEREAS, Vy Thi Thao Tran has filed a petition with this court for a decree changing the name(s) of An Thien Le to Benny Le. IT IS ORDERED that all persons interested in the

above entitled matter appear before this court at 2:00 p.m. on March 29, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 11, 2016

David I. Brown, Judge of the Superior Court Publish: January 29, February 5, 12, and 19, 2016 160120

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189297

WHEREAS, Linh Ngoc Nguyen has filed a petition with this court for a decree changing the name(s) of Linh Ngoc Nguyen to Steven Nguyen. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 21, 2016

David I. Brown, Judge of the Superior Court Publish: January 29, February 5, 12, and 19, 2016 160121

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188172

WHEREAS, Jessica Hendrickson on behalf of Dwayne

Amos Hendrickson, a minor has filed a petition with this court for a decree changing the name(s) of Dwayne Amos Hendrickson to Dwavne Amos Simmons. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 10, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: December 21, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: January 29. February 5, 12, and 19, 2016 HENDRICKSON 160121 02-19-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189345

WHEREAS, Brenda Esteffany Moreno Ramirez and Moises Sanchez have filed a petition with this court for a decree changing the name(s) of Elizabeth Moreno Sanchez to Elizabeth Sanchez Moreno and Natalia Moreno Sanchez to Natalia Sanchez Moreno.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 8, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 22, 2016

David I. Brown, Judge of the Superior Court Publish: January 29, February 5, 12, and 19, 2016 MORENO 160122 02-19-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189707

WHEREAS. Mohammad Hamid and FNU Shekiba have filed a petition with this court for a decree changing $the \, name (s) \, of \, Mohammad \, Hamid \, to \, Hamid \, Mohammad \,$ Mirdady and FNU Shekiba to Shekiba Saadat Mirdady.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 18, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 28. 2016

David I. Brown, Judge of the Superior Court Publish: February 5, 12, 19, and 26, 2016 02-26-16 160129

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189774

WHEREAS, Ricardo Rangel III has filed a petition with this court for a decree changing the name(s) of Ricardo Rangel III to Ricardo Rangel-Reves. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 18, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA

95814, and show cause, if any, why the petition

for Change of Name should not be granted.

Dated: January 29, 2016 Raymond M. Cadei, Judge of the Superior Court Publish: February 5, 12, 19, and 26, 2016 RANGEL 160129 02-26-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189533

WHEREAS. Trevor Jack Runnels has filed a petition with this court for a decree changing the name(s) of Trevor Jack Runnels to Trevor Jack Spieth. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 13, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2016 David I. Brown, Judge of the Superior Court

Publish: February 5, 12, 19, and 26, 2016 RUNNELS 160129 02-26-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2016-00189627

WHEREAS. Rafik Roubenovich Khatchatourian has filed a petition with this court for a decree changing the name(s) of Rafik Roubenovich Rafik Khachatourian. Khatchatourian to IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 15, 2016, in Department 53. located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2016

David I. Brown, Judge of the Superior Court Publish: February 5, 12, 19, and 26, 2016 KHACH 160127 02-26-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00189605

WHEREAS, Anastasia Craigovna O'dor has filed a petition with this court for a decree changing the name(s) of Anastasia Craigovna O'dor to Christinna Jes O'dor. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 13, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: February 5, 12, 19, and 26, 2016 160127 02-26-16 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2016-00189623 WHEREAS, Amanullah Zazai and FNU Malaly have filed a petition with this court for a decree changing the name(s) of FNU Malaly to Malaly Zazai. FNU

Amina to Amina Zazai, and FNU Aisha to Aisha Zazai. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 15, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2016 David I. Brown, Judge of the Superior Court Publish: February 5, 12, 19, and 26, 2016

160127 02-26-16 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00189528 WHEREAS, Xxxx Balbir and Maya Devi have filed a petition with this court for a decree changing the name(s) of Xxxx Balbir to Balbir Nar and Maya Devi and Maya Devi Nar.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on April 13, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 26, 2016 Raymond M. Cadei, Judge of the Superior Court

Publish: February 5, 12, 19, and 26, 2016 NAR

160126 02-26-16

ORDER TO SHOW CAUSE

IN THE TENTH JUDICIAL DISTRICT COURT OF THE STATE OF NEVADA IN AND FOR THE COUNTY OF CHURCHILL CASE NO. 34905 Department 1

ARLENE QUALINTIP RONALD AMENDED ORDER AFTER OCTOBER 29, 2015 HEARING ON ORDER TO SHOW CAUSE AND JUDGMENT AND NOTICE OF CONTINUED

HEARING ON ORDER TO SHOW CAUSE The Court's Order to Show Cause came on for hearing on October 29, 2015, Arlene Qualintip Cruz (hereinafter "Ms. Cruz"), appeared by and through her counsel of record, Mark A. Goodman, Esq. of the law firm of Kalicki Collir, LLp. Petitioner, Ronald Kevin hand did not appear. After considering the pleadings on file and the arguments of counsel, for good cause shown. IT IS HEREBY ORDERED that the hearing on the Order to Show Cause previously scheduled for January 12, 2016 @ 1:30 p.m. is continued to March 8, 2016 @ 11:00 a.m. The hearing will be held at the Tenth Judicial District Court, 73 North Main Street, Suite B, Fallon Nevada Department I Petitioner Ronald Kevin Hand is ordered to appear and show cause, if any he has, why he should not be held in contempt of Court and fined accordingly. Ms. Cruz also asked for iail time IT IS FURTHER ORDERED that Ms. Cruz must attempt to personally serve Mr. Hand with this Order at his last

known address. If Ms. Cruz is not able to personally

serve Mr. Hand after performing due diligence. Ms. Cruz

may serve this Order by publication in accordance with

Rule 4(e)(1) of the Nevada Rules of Civil Procedure; IT IS FURTHER ORDERED that if Petitioner. Ronald Kevin Hand, fails to show cause or fails to appear at the hearing set forth above, this Court may issue a warrant for his arrest. IT IS FURTHER ORDERED that due to Petitioner,

Ronald Kevin Hand's failure to comply with the terms of the Decree of Divorce, Ms. Cruz is awarded JUDGMENT against Petitioner, Ronald Kevin Hand in the amount of \$55,000.00, plus post judgment interest from January 1, 2016, which shall accrue at the statutory rate until paid in full IT IS FURTHER ORDERED that due to petitioner Ronald Kevin Hand's failure to appear or otherwise plead in this matter. Ms. Cruz is awarded attornev's fees in the amount of \$7,241.50 and costs in the amount of \$202.97, for a total of \$7,444.47. IT IS FURTHER ORDERED that petitioner, Ronald Kevin Hand, is hereby ordered to pay \$62,444.47 to Ms. Cruz within 30 days of entry of this Order and Judgment. This figure represents the sum of Mr. Hand's

and the current award of attorney fees (\$7,444.47). DATED this 11th day of January, 2016 Submitted by: KALICKI COLLIER, LLP Mark A. Goodman, Esq. Nevada Bar No. 10357 401 Ryland Street, Suite 200 Reno, Nevada 89502 Telephone: (775) 852-2600 Facsimile: (775) 852-2642 Email: mag@kalickicollier. com Attorneys for Petitioner, Arlene Qualintip Cruz January 11, Date: Sue Sevon Court Clerk: Tiffany Josephs Deputy Publish: January 22, 29, February 5, and 12, 2016

obligation under the Divorce Decree (\$55,000.00)

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF GARY W. DEUTSCH (descendent) ESTATE NO. 34-2015-00186207

heirs, beneficiaries, creditors, contingent creditors of and persons who may be otherwise interested in the will or estate or both of Gary W. Deutsch (deceased): A Petition for Probate has been filed by Hazel Deutsch in the Superior Court of California, County of Sacramento, requesting that Hazel Deutsch, be appointed as personal representative to administer the estate of the decedent The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: March 17, 2016 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any

petition or account as provided in Probate Code section

1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Hackard Law, PLC. 10630 Mather Boulevard Mather, CA 95655 916-313-3030

Publish: January 29, February 5, and 12, 2016 DEUTSCH 160120 2-12-16

SUMMONS

SUMMONS (CITACION JUDICIAL) CASE NUMBER: (NUMERO DEL CASO): 34-2014-00168415

NOTICE DEFENDANT: TO (AVISO DEMANDADO): ΑL Ginger Turk, Al Turk, Israel Brennan, DBA Puppy Couture; Ginger TeaCup Turk; Isreal Brennan and Does 1-25, Inclusive YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): Jason Kent. NOTICE! You have been sued. The court may decide

against you without your being heard unless you respond within 30 days. Read the information below

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www. courtinfo.ca.gov/selfhelp), your county law library or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default and your wages, money and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www. lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puedo decider en su contra sin escuchar su version. Lea la informacian a continucion.

Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entreque una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formularo que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte. ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable

que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos

sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte. ca.gove) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO, Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravemen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraie en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso. (NUMERO DEL CASO): 34-2014-00168415

The name and address of the court Sacramento County Superior Court 720 Ninth Street Sacramento, CA 95814 (El nombre y direccion de la corte es): Sacramento County Superior Court 720 Ninth Street Sacramento, CA 95814 The name, addresses, and telephone number of plaintiff's attorney, plaintiff without an attorney, is: Andrew A. Weil [SBN: 288191] Meredith Nageley, 8801FolsomBoulevard, Suite 172 Sacramento, CA95826 (El nombre, la direccion y el numero de telefono del abogado del demandante, o demandante que no tiene abogado, es): Andrew A. Weil [SBN: 288191] Meredith Nageley, 8801FolsomBoulevard, Suite 172 Sacramento, CA95826 916-386-8282, September 2014 Date: Gutierrez Clerk. Βv Deputy Published: January 29, February 5, 12, and 19, 2016. 160122 **CITATION TO PARENT**

IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA, IN AND FOR THE COUNTY OF SACRAMENTO IN RE ADOPTION OF CLYDE ROBERT GARRETT. CITATION TO PARENT NO.: 15AD 00249 THE PEOPLE OF THE STATE OF CALIFORNIA TO: BRITTNEY AND RANDY WYATT GARRETT By order of this court you are hereby advised that you may appear before a judge presiding in Department 120 of this court on March 1, 2016 at 11:00a.m. then and there to show cause, if any you have, why CLYDE ROBERT GARRETT should not be declared free from your custody and control for the purpose of freeing CLYDE ROBERT GARRETT for adoption. The following information concerns rights and procedures that relate to this proceeding for the termination of custody and control of said minor as set forth in Family Code section 7860 ed.seq .: 1. At the beginning of the proceeding the court will consider whether or not the interests of the minor child require the appointment of counsel. If the court finds that the interests of the minor do require such protection. the court will appoint counsel to represent him, whether or not he is able to afford same. The minor will not be present in court unless he requests or the court so orders. 2. If a parent of the minor appears without counsel and is unable to afford counsel, the court must appoint counsel for the parent, unless the parent knowingly and intelligently waives the right to be represented by counsel. The court will not appoint the same counsel to represent both the minor and his parent. 3. The court may appoint either the public defender or private counsel. If private counsel is appointed, he or she will receive a reasonable sum for compensation and expenses, the amount which will be determined by the court. The amount must be paid by the real parties in interest, but not by the minor, in such proportions as the court believes to be just. If, however, the court finds that any of the real parties in interest cannot afford counsel, the amount will be paid by the county. The court may continue the proceeding for not more than thirty (30) days as necessary to appoint counsel to become acquainted with the case. Dated: January 14, 2016 By: Deputy Clerk S. Mills

Sacramento County **DA Reports**

Recent cases of interest

CASE: Michael Williams

PROSECUTOR: Deputy District Attorney Matt Chisholm, Homicide Unit The Honorable Geoffrey Goodman

sentenced Michael Williams to 56 years to life in prison. On December 16, 2015, a jury convicted Williams of first-degree murder. The jury also found true a personal use of a deadly weapon allegation.

Michael Williams' wife, Tanganyika Williams, was planning on ending their marriage. On July 8, 2014, the two were in Michael Williams' van on 24th Street near Meadowview Road when Williams stabbed his wife twice in the neck and then fled the scene. Mrs. Williams was able to exit the van and identify Michael Williams as her killer to bystanders and police officers. She was pronounced dead 30 minutes later due to massive blood loss. Williams was captured three weeks later when a citizen spotted him and called 911. When Williams was captured, he was planning to take a bus to Oklahoma.

Williams has a prior conviction for shooting with intent to kill in 1992 in Oklahoma. He shot his previous wife's mother in the face when he tried to get back at his wife for leaving him.

CASE: Mark Charles Nielsen

PROSECUTOR: Deputy District Attorney James Wax, Cyber Crimes Unit Sixty-year-old Mark Nielsen was convicted by jury of knowingly possessing child pornography.

On March 22, 2013, Nielsen's roommate called 911 to report she had located child pornography on his computer. Police responded to the apartment and seized two computers. Two days later, police again responded to the residence and were provided 33 discs, many of which were labeled "porn." A forensic exam of the computer and discs revealed tens of thousands of images and videos of pornography, classified by type. Among those, 422 were verified by the National Center for Missing & Exploited

Children as containing known child victims. Many others contained children well under the age of 18 posing nude or engaging in sexual conduct.

Nielsen faces a sentence of 3 years in prison. Sentencing is set for March 11, 2016, at 10:00 a.m. in Department 36 before the Honorable Gerrit Wood.

CASE: Porche Wright PROSECUTOR: Deputy District

Attorney Nancy Cochrane, Special Assault & Child Abuse Unit

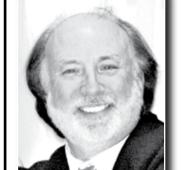
Porche Wright pled no contest to premeditated attempted murder and admitted the allegation that she personally inflicted great bodily injury.

On April 4, 2015, Wright was upset with her 7-year-old daughter for not listening to her. Wright doused her daughter with gasoline and lit her on fire. Once her daughter was aflame, Wright placed her in the bathtub and put out the fire. Her daughter was on fire long enough to leave scorch marks in the bathtub.

Wright's boyfriend, who had left the house the night before, returned that morning to find the little girl severely burned. He told Wright they needed to call for help, but she insisted they not contact anyone. The boyfriend left the house, claiming he was going to the store to get burn cream. He called 9-1-1 as soon as he left the house.

First responders entered the home, where there was an overwhelming smell of gasoline. They found the little girl standing in the hallway with severe and significant burns. She was transported to Shriners Hospital, where she underwent surgeries. Her daughter suffered second and third-degree burns to over a third of her body and will be scarred for life.

Wright will be sentenced to 10 years to life in prison. Sentencing is set for February 25, 2016, at 8:30 a.m. in Department 62 by the Honorable Geoffrey Goodman.



Publisher, Paul V. Scholl

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Editorial3@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

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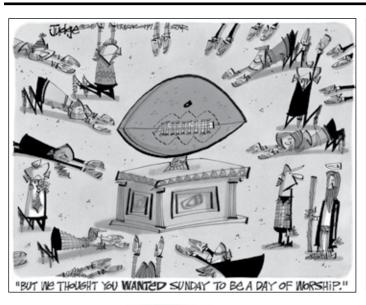


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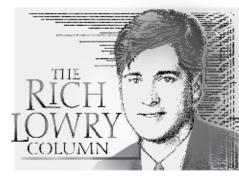


10 · Carmichael Times February 5, **2016**









The Battle for the Soul of the Right

At the moment, the Republican establishment is relevant to the presidential-nomination battle only as an epithet.

The fight for the Republican nomination isn't so much a vicious brawl between the grass roots and the establishment as it is a bitter struggle between traditional conservatism and populism that few could have foreseen.

Conservatism has always had a populist element, encapsulated by the oft-quoted William F. Buckley Jr. line that he would rather be governed by the first 2,000 names in the Boston phone book than by the Harvard faculty. But the populism was tethered to, and in the service of, an ideology of limitedgovernment constitutionalism.

The fight between Ted Cruz and Donald Trump is over whether that connection will continue to exist, and whether the conservatism (as represented by Cruz) or the populism (as represented by Trump) will be ascendant. Cruz did all he could as long as possible to accommodate Trump, but now that the fight between them is out in the open, the differences are particularly stark.

Cruz is a rigorous constitutionalist. He's devoted much of his career to defending the Constitution and has argued numerous cases before the Supreme Court. Trump has certainly heard of the Constitution, but he may know even less about it than he knows about the Bible.

Although Cruz is more flexible than his reputation suggests, he has the long baseline of consistency that you would expect from a genuine believer in a political philosophy. Trump has a few long-running themes and bugaboos, but has been all over the map on almost everything and sometimes will meander from one position to another within the same answer, in keeping with his lack of ideological anchor (and limited knowledge of policy).

The two have completely different political styles. Trump is instinctual and has a roguish charm, whereas Cruz is earnest and tightly disciplined. If almost everything about Trump is unconventional, Cruz is outwardly a very traditional politician.

The irony of Cruz's position now is that, despite all his outsider branding, he is not getting savaged by the establishment. It is Trump who calls him a hypocrite and a liar. It is Trump who says he's a nasty guy and a maniac with a temperament problem. And it is Trump, of course, who constantly raises doubts about his eligibility to serve as president.

If you guessed a key event in the nomination fight would be the "othering" of the most potent teaparty conservative in the country by a billionaire businessman with a long trail of liberal positions and a history of praising President Barack Obama -- well, then, you forecast the GOP race perfectly.

In short, Cruz is under assault from a segment of the anti-establishment, although Cruz takes every opportunity to portray himself as the victim of the machinations of dastardly political insiders. The reality is that the establishment is sitting on its hands, agonizing over whom it loathes least, Trump or Cruz, while the fight between populism and conservatism

The battle for the soul of the GOP is now a battle for the soul of the right.

Rich Lowry is editor of the National Review.

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DEAR PAW'S CORNER: I'm

writing in regards to your

recent column about the

causes of finicky eating

in pets. My two cats don't

like liver or the smell of liv-

er. However, most wet cat

food contains chicken or

beef "byproducts," which

amount of liver. If my cats

smell liver in their food,

they just won't eat it, and

will go hungry and meow

about it -- usually in the

By trial and error, I have

found about five or six

different cans they really

like to eat. However, some

days they gobble the food

down and other days they

go on a hunger strike, even

with foods they liked the

last time. When that hap-

pens, I pick up the bowl

and smell it. Every single

time it smells like liver, and

They also like variety in

their wet food, although I

I have to throw it out.

middle of the night.

means

usually

Strikes never have had to switch

Finicky Cats

Stage Hunger

their dry food.

I wish cat food manufacturers would not add any liver at all, but almost all cat food has byproducts in it. I hope my experience helps your other readers.

-- Kathy in Sacramento

DEAR KATHY: Many thanks for sharing this! I too have dealt with this issue. The struggle then becomes finding another flavor or brand of food that the cat will tolerate.

Often that boils down to buying a much more expensive brand that doesn't contain byproducts. But that can be difficult for many cat owners. Readers, what tips do you have for cat owners trying to deal with finicky eaters?

Send your questions or tips to ask@pawscorner.com.

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Hole Molé by Rick Hotten

MASTER, YOU HAVE ANSWERED SO MANY OF MY QUESTIONS YET I STILL FEEL LOST

Cranky Girl by Crystal Jones

Tundra by Chad Carpenter

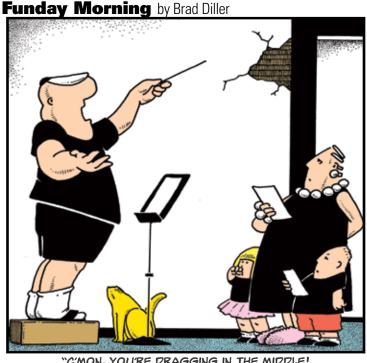
IF THAT IS SO,

MUST STILL BE LOST

THEN EVEN THE

SMARTEST OF US





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12 · Carmichael Times February 5, **2016**

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CLUES

ACROSS

- 1. Papal court 6. Reggae precursor
- 9. Eurasian duck
- 13. Very small particles 14. Politician
- 15. Locker room infection? 16. Actor _ Fiennes
- 17. Like King George, 1760-1820
- 18. Salk's conquest 19. *Ed of "Thinking Out
- Loud" fame 21. "Straight Outta
- Compton," e.g.
- 23. L.A. landing spot

40

- 24. Under the weather
- 25. Madonna's iconic
- stagewear 28. Catcher's catcher
- 30. Approvals 35. Chaps
- 37. United 39. Time being
- 40. Miners' passage 41. *2016 Grammy nomina-
- tions leader
- 43. Popular pickling spice 44. Fertilizer ingredient
- 46. Mexican money 47. *Multiple winner Levine
- 50. Former Speaker of the
- 52. Pilot's estimate
- 53. Back talk
- 55. "____ he drove out of sight..."
- 57. *What kind of Funk? Shakes
- 64. Willow tree
- 65. Flow alternative
- 67. Bottom-ranking employee
- 68. Continually annoy
- 71. Ayatollah's home
- 72. Marbled bread
- 73. Formerly Hannah Montana

- 1. *Ric Ocasek's The _ nominated but lost
- 2. Park City State
- 3. Actor's part
- 4. Motivate
- Hindu retreat
- 6. *What Skrillex and Diplo do 7. Ornamental pond-dweller
- 8. Legal excuse _! In the Name of Love,"
- nominated in 1966 10. French Sudan after 1960
- 11. *Michael Jackson's "Thriller" was on this label
- 12. *The __, a band that never won a Grammy
- 15. *Best _ Word Album
- category 20. Relating to axis
- 24. Reproductive organs of a flower 25. *Swift's space?
- 22. Frigid

29. *Fetty Wap's ". 31. Scotch partner 32. Like a snicker

26. Forearm bones

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- 33. Audience's approval

27. Plural of #40 Across

- 34. MLK march site 36. Kind of cell
- 38. Corner of a diamond
- 42. Wheel on a spur 45. Vacation location
- 49. Fancy marble used as a shooter 51. *No Doubt's "_ $_{\scriptscriptstyle -}$ Kingdom'
- album, nominated in '97 54. Expression of contempt
- 56. Black wood _-friendly
- 58. Site of Leaning Tower 59. *"Smells Like
- Grammy loser in 1993 60. Having the means
- 61. Way, way off 62. List of dishes
- 63. Mars, to the Greeks -Wan 66. Turkish title of respect

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 6

Dressed Up Like a Million Dollar Trooper

Even Miss Universe showed up to join in the fun leading up to Super

Dressed like a million-dollar babv complete with her tiara and Miss Universe sash, recently-crowned Pia Wurtzbach (are they sure they have the right girl?) made an appearance at Super Bowl Opening Night at SAP Center in San Jose on Monday to dance around a little bit with some players from the Carolina Panthers and Denver Broncos and act like a reporter (all for a handsome price, of course).

Known in the past simply as Media Day, this prelude to the golden anniversary of the biggest game in the universe also was dressed up to the point of making it a three-hour, prime-time television show undoubtedly watched (for some inexplicable reasons) by millions. As always, judging from a few highlights and comments, this was another day of pregame hype and football nonsense filled with uninspiring interviews and clichés and plenty of tomfoolery --and Tom (Brady) isn't even a part of it this time.

"Fueled by Gatorade" and runaway testosterone levels, the event drew a sellout crowd at \$27.50/per to witness a lot of media types frothing at the mouth to capture nit-witticisms from a bunch of gridiron gladiators. As Mike Silver of NFL Network said, "I'm mystified by the appeal."

But as Dr. Frederick Frankenstein (Gene Wilder) once sang, "You'll declare it's simply topping to be there and hear them swapping smart tidbits." Anything the NFL does turns

Young Forty Niners CEO Jed York is pulling it off, big time. He managed to get a stadium built when others could not, landed an historic Super Bowl for the Bay Area and greatly multiplied the value of the franchise, even though his own team

Now the 49ers and the NFL are puttin' on a Super Bowl blitz, and everybody who is anybody would love to be puttin' on the Ritz and to be there, including Young Frankestein's come-to-life monster (Peter Boyle) who wants to dress up in top hat and tails with his cane and tap dance into the game singing "Super Duper!"

But, alas. The big game has become so big that only the well-todo that don't mind "spending every dime for a wonderful time" can afford to bear witness in person. Few can "mix where Rockefellers walk with sticks." And even some of those have been denied admittance.

Of all those 49ers season-ticket holders that paid exorbitant dollar amounts for the licenses to buy their tickets --- footing much of the bill for the building --- only approximately 2,500 of them (the upper crust) have gotten their hands on Super Bowl ducats for a seat in Levi's Stadium in Santa Clara, which has been modified to accommodate around 74,000.

So, unfortunately once again, the vast majority of run-of-the-mill football fans must succumb to the overwhelming powers of the corporate monsters and find their Super Bowl fix in other ways.

Other ways have been provided. For a mere \$35 (discounted if you wear 49ers or Raiders gear) you are welcomed to participate in the NFL Fan Experience at the Moscone Center in San Francisco (remember, that's the city where the 49ers used to play?). You can get involved in some interactive games, like making a pass or kicking a ball. You could fight the crowd and maybe meet a player, or get an autograph, or take a picture, or buy a \$49 mini-football or some other overpriced merchandise. You could just order some items online: Goldie the Bear wearing a Super Bowl vest or a commemorative shopping bag for \$25; a golf towel for \$10; a polo shirt for \$32; and so on. It would almost feel like being at the game. Or, you could wait a few months and look for the stuff in the dollar bin at Target.

There also is the free Super Bowl City mob scene on the Embarcadero where you can risk getting trampled to death for the chance to view from afar an assortment of musical acts, or visit the Fan Energy Zone (if you have any energy left by the time you get there). But, if you haven't made it down there by now to get involved, you likely are going to miss out. Maybe you should plan better and start saving up for the next time Jed convinces the NFL powers-that-be to

make a return trip to San Francisco/ Santa Clara.

When they do come back maybe they could be a little more creative with the attractions at Super Bowl City that the low-budget fans could enjoy. You could win a free sample of Viagra if you can throw a football through a tire. They could hold a raffle for a chance to be a video-replay official for a real game, but you must be able to flip a coin properly and to determine what is a "catch" and what is not a "catch."

How about a virtual-reality setup where fans could find out what it feels like to be hit by Ronnie Lott and Lawrence Taylor at the same time, or to be buried under a ton of scratching, clawing, stinking, sweaty, slobbering humanity and receive free concussion treatment on site. Maybe not.

They could hold a contest in which NFL Commissioner Roger Goodell speaks and members of the audience vote on when he is telling the truth and when he is not. Those that correctly choose the times when he is lying get to spend a day in the stadium jail in Minnesota with Adrian Peterson.

Somewhere they should have a suggestion box for fans to voice their opinions on where the Raiders and Chargers should play their games, and why they should just send a bunch of underappreciated fans to Hawaii for a weekend instead of holding the Pro Bowl.

They could have one of those "dunking booths," featuring Johnny Manziel. Fans could throw footballs at his head until they knock him off his pedestal and into a giant tub of common sense

They could have a huge board game of "Cops and Criminals" and fans could watch NFL players that have been arrested compete and try to win "Get out jail, scot-free" cards. The top finishers automatically get their old roster spots back.

While we're waiting for all of that, let's just hook up with a few friends --- and maybe get dressed up a little --- and watch another Super Bowl on a big screen from the comfort of a couch with a plate full of pot-luck food. Panthers by 10? Watch Cam Newton dance? Wait for Peyton's

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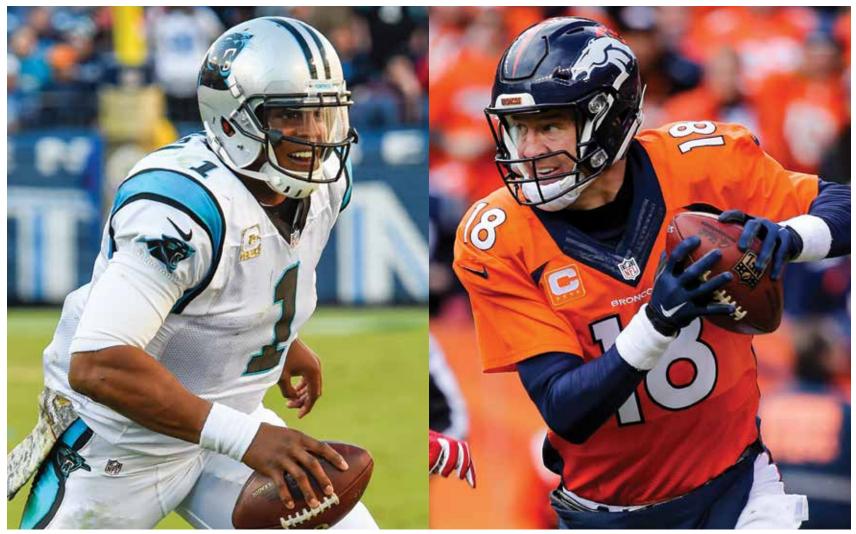
Carmichael Times • 13 February 5, 2016

ATHLON'SPORTS

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A WEEKLY SPIN AROUND THE NFL





Cam Newton is the present and future of the NFL, while this is likely Peyton Manning's last run at glory.

PASSING THE TORCH?

Manning looking to go out on top, but Newton's time may be now

John Gworek

Athlon Sports

Senior Editor

@JohnGworek

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SUPER

ld-school Peyton Manning vs. new-school Cam Newton. There is plenty more to Super Bowl 50 than just the quarterback matchup, but it's tough to avoid it. Fair or not, how history views Manning will be largely de-

fined on Sunday night. And while Newton has time to define his legacy beyond this Super Bowl, his many critics are just waiting for him to stumble on the big stage.

Still, this game will come down to so much more than how the quarterbacks play. For just the third time this century, both teams rank in the top six in the NFL in yards allowed. Defense may well end up ruling the day

DENVER BRONCOS (14–4)

OFFENSE: The biggest question heading into the Super Bowl is whether or not Peyton Manning has one more decent game in him. The days of him carrying a team are long gone; the Broncos just need him not to kill them. In his first nine starts this season, Manning threw 17 interceptions. Denver went 7-2 in those games in spite of him. Since returning during the second half of the regular season finale, Manning has not thrown a pick in 78 attempts, and obviously Denver has not lost. The Broncos may not be winning because of him, but at least he's not making it harder on them.

Thing is, Denver is not winning because of its running game either at least not in the postseason. The Broncos are averaging 108 yards rushing in the playoffs, which is just about where they were during the regular season (107.4, 17th in the NFL). In fact, that average appears to be a magic number for them: When the Broncos have rushed for more than 108 yards, they are 9–0. When they rush for fewer, they are 5–4. Before winning with just 99 rushing yards in the AFC title game, Denver had not won a game with a below-average rushing attack since Oct. 11. Getting to 108 won't be easy: Carolina ranked fourth in the NFL against the run this season, allowing just 88.4 yards per game.

DEFENSE: At first glance, it looks as if the defense must force at least a couple turnovers for the Broncos to win. For one thing, the offense may need a short field to score points. More importantly, Denver is 13–1 when it forces even one turnover and 1–3 when it fails to take the ball away.

But it would be a mistake to think that this is a defense that lives and dies by the big play. The Broncos allowed the fewest yards in the NFL during the regular season (283.1 per game), and led the league in both pass defense (199.6 yards per game) and yards allowed per rush (3.3). Against Aaron Rodgers and the Packers in November, Denver had no takeaways but allowed just 140 total yards in a 29–10 win. While the turnovers and sacks (52,

first in the NFL) fill the highlight reel, this is a sound defense play in and play out. Other than Ben Roethlisberger, no one has thrown for 300 yards against Denver this season, and the Broncos haven't given up more than 120 yards rushing in a game since Week 2.

It will likely require another dominant performance to beat Cam Newton and the Panthers, but the Broncos have that kind of game in them.

COACHING: After failing to advance past the Divisional Round of the playoffs in two tries with Houston, Gary Kubiak has the Broncos in the Super Bowl in his first season in Denver. Defensive coordinator Wade

Phillips put together a great plan to stop Tom Brady and the Patriots, but he didn't have to worry about New England running the ball. The Panthers are much more balanced and present a different challenge. He better come up with something, though: Carolina has been held under 27 points just once since September.

CAROLINA PANTHERS (17–1)

OFFENSE: Panthers quarterback Cam Newton is the NFL's MVP in every sense of the label. While he has thrown for more yards in a season before, never has he been so dominant. His 35 touchdown passes were a career high and one off the league lead. He threw just 10 interceptions, a career low despite his most passing attempts since his rookie season. And he chipped in 636 yards and 10 touchdowns on the ground, helping Carolina to the league's No. 2 rushing attack (142.6 yards per game). Running back Jonathan Stewart rushed for 989 yards in 13 regular season games, and he has 189 yards in the postseason so far. While he is unlikely to have a huge day against Denver's defense, expect Stewart to get 18-20 carries to keep the Broncos' pass rush from teeing off and set up play-action.

Newton's favorite target by far has been tight end Greg Olsen (77 rec., 1,104 yards in the regular season). While

Olsen is not as physically imposing as New England's Rob Gronkowski, he will still pose a big challenge to the Denver defense. The Broncos are banged up at the safety spots, and Gronkowski caught eight passes for 144 yards in the AFC title game. The Panthers would like to get Ted Ginn back on track, as well. Since catching six touchdown passes over three games in December, Ginn has just three catches total in his last three games.

DEFENSE: More than Denver, Carolina thrives on turnovers. The Panthers led the NFL with 39 takeaways during the regular season and have added nine more in two postseason games. Linebacker Luke Kuechly has

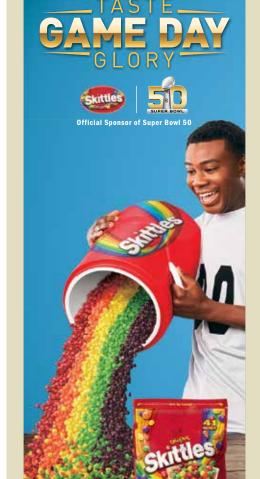
returned an interception for a touchdown in both of the last two games and could wreak havoc with Denver's short passing game when he drops into coverage. Carolina has other ballhawks as well. Safety Kurt Coleman had seven interceptions during the regular season and added two more last week against the Cardinals, while Josh Norman returned two of his four picks for scores during the season.

Carolina ranked fourth in rushing yards allowed and seventh in yards per rush against during the season, but opponents often fell behind quickly and had to abandon the ground game. Opponents have attempted at least 25 rushes against the Panthers only six times this season. Five of those times, they gained at least 115 yards on the ground; the sixth time was in Carolina's only loss. If Denver gets one-dimension-

al, it plays into the Panthers' hands.

BOWL

COACHING: Head coach Ron Rivera appeared to solve what was perhaps Carolina's biggest worry in the NFC Championship Game. The Panthers escaped with victories several times despite blowing big leads during the regular season, and they nearly blew a 31-0 halftime lead in the Division Round of the playoffs. They finally put two dominant halves together against the Cardinals to earn the trip to Super Bowl 50, but maybe a close game isn't so scary: While Denver is 11-3 in games decided by eight points or less, Carolina is 8–1.



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PLAYOFF SCHEDULE

Saturday, Jan. 9

Kansas City 30, Houston 0 Pittsburgh 18, Cincinnati 16

Sunday, Jan. 10

Seattle 10, Minnesota 9 Green Bay 35, Washington 18

Saturday, Jan. 16 New England 27, Kansas City 20

Arizona 26, Green Bay 20 (OT)

Sunday, Jan. 17 Carolina 31, Seattle 24

Denver 23, Pittsburgh 16 Sunday, Jan. 24

> Denver 20, New England 18 Carolina 49, Arizona 15

Sunday, Feb. 7 - Super Bowl 50

Carolina vs. Denver 6:30 p.m. ET

WHO HAS THE EDGE? Panthers offense vs. Broncos defense

Carolina poses a unique

threat on offense. No team ran the ball more, but Cam Newton gives the running game an added dimension that defenses must respect. And selling out to stop the run is dangerous given that Newton tied for

second in the NFL with 35 touchdown passes. While Denver's pass rush took center stage in the AFC title game against New England, the Broncos have

been just as good stopping the run all season. No team gave up fewer passing yards, and Denver allowed just 3.3 yards per rush, also tops in the NFL. Wade Phillips came up with some new looks for

Tom Brady two weeks ago, and he will do the same for Newton. The Panthers will move the ball some, but they will have to work for it.

Who has the edge: Denver

Broncos offense vs. Panthers defense

No team faced more pass attempts this season than the Panthers. The trend has continued in the playoffs as opponents have run 28 times and passed 89 against Carolina.

That's what happens when you jump out to huge leads.

Denver hasn't run the ball nearly as well as most expected coming into the season, but it's not for a lack of trying. The Broncos are averaging more than 30 rushing attempts per game in the postseason, and that must continue for them to have a chance.

With a league-best 24 interceptions, the Panthers are a defense built to take advantage when the opponent has to throw. If Peyton Manning is forced to try to win this one with his arm, it won't end well for

Who has the edge: Carolina

So who wins the game?

This has the makings of a defensive slugfest. Denver held both Ben Roethlisberger and Tom Brady under 20 points to get here. Carolina has punched both of its playoff opponents in

the mouth early. The Panthers then dictated that the game be played on their terms, right into the hands of their ballhawking on defense. Something has to give.

As long as Denver takes care of the ball and stays balanced, this will be a 60-minute game. It may be Cam Newton's time, but the Broncos are going to make him earn it. We're betting he does.

Prediction: Carolina 23, Denver 16

Photos: Cam Newton: Harrison McClary/Athlon Sports; Peyton Manning: AP Images



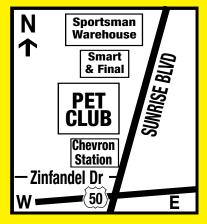
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