



\$232 Million to Improve California Water Management

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Studio Paint-Out in Carmichael

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Carmichael Times

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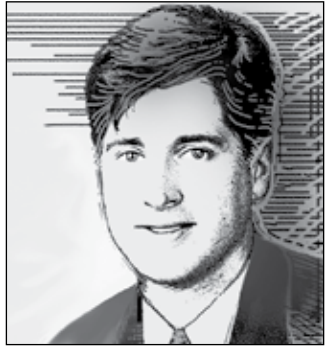
January 29, 2016

JAMES BOND RETURNS TO DVD IN "SPECTRE"



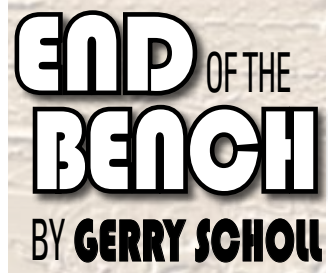
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THE GREAT HUMILIATION



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IS THAT ALL YOU'VE GOT?



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Run Salmon Run

Recent Rains Aid Seasonal Migration



Near Gold River, Fish and Wildlife Department workers count salmon carcasses to determine numbers for the 2015-16 run.

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Recent rain was good news for late-running salmon and early steelhead trout in the American River.

As final chinook spawners of the 2015 season reached breeding grounds, they completed lives—and epic journeys—that included thousands of miles of river and ocean migration.

Hell-bent on reproduction, adult salmon left Pacific waters in fall and made the weeks-long upstream swim to revisit hatching places. Their piscine leaps were seen from Sacramento, Carmichael, Rancho Cordova, Fair Oaks, and Gold River outlooks. Nimbus Dam and man-made ladders to the fish hatchery near Hazel Avenue presented final obstacles. In mitigation for dam construction, millions of juveniles are bred and released from the hatchery every year.

During a drought that reduced river levels, chinook weighing up to 30 pounds risked parts of the journey with bodies

exposed above water. Using fins, tails, and entire bodies for projection, they struggled across riffles and exposed gravel bars.

"Their problems in getting here were not insurmountable," concluded Nimbus Fish Hatchery Manager Gary Novak. "They still made it. When they leave the ocean, they stop feeding; their organs and immune systems break down. Their only purpose is to get upstream and produce eggs and sperm."

Some mated and spawned in shallow gravel beds. Soon after, their carcasses drifted downstream to provide winter food for fish, birds, and parkway mammals. Those fish that climbed hatchery ladders were relieved of eggs and milt and artificially spawned. Their flesh was shipped to Washington State for processing and supplying to non-profit users.

"To us, 2015 seemed like an adequate season," reported Gary Novak. "We processed 9,000 salmon, compared to 8,000 last year."

Artificial spawning began at Nimbus in November. After forty days, the fertilized chinook eggs started hatching. Nourished

in hatchery ponds, these sac-fry will be big enough to begin their river-to-sea migration as smolts after spring. Because of the 2015 drought and dangerously warm waters, many of last season's youngsters made their journey to Bay Area waters in trucks. The success of this emergency operation cannot be measured until adult survivors swim upstream in two or more years. While returning veterans reflect the success of previous breeding seasons, said Novak, ocean temperatures and food supplies in the Pacific are other variables.

Operated by the California Department of Fish and Wildlife, the Nimbus hatchery is now processing the annual steelhead trout run. This operation continues until late February. Rainbow hued, spotted, and sportive, these fish may spawn several times in their lifecycle.

"They face the same challenges as the salmon in getting upstream," said Gary Novak. "But they make it. Their urge to breed is stronger than most obstacles that get in their way."

Learn about the Nimbus Fish Hatchery at www.wildlife.ca.gov/fishing/hatcheries/nimbus. ★

Senate Labor Says "No" to Flex-Work Week for CA Employees

Special release from the office of State Senator Tom Berryhill

SACRAMENTO REGION, CA (MPG) - Senator Tom Berryhill (R-Twain Harte) announces the defeat of Senate Bill 368, the California Workplace Flexibility Act. SB 368 would have given employees and employers the ability to adopt a mutually agreeable alternative workweek schedule. The Senate Labor and Industrial Relations defeated the bill on a party line vote despite testimony from multiple employers and Human Resource experts that the current system does not give employees and employers the flexibility to devise flexible work schedules.

"This small change in the law would make things so much easier for folks," said Berryhill. "SB 368 would have given employees more time with their families and a better balance between work and family life. Families are left juggling time between two working parents, school schedules, and family obligations. More flexibility just makes sense."

Under federal law, in California's bordering states, and in nearly every other state except California, it is simple for employers and employees to adopt 'alternative workweeks' such as 4-10's, or 3/12's. Working a four-day workweek can provide for up to 50



Senator Tom Berryhill (R-Twain Harte)

“Hamstringing an employer from accommodating an employee’s scheduling needs puts California employers at a disadvantage in comparison to neighboring states.”

extra days off each year for the average full-time employee. In California, however, the system is complicated, and requires employers to jump through multiple hoops designed to stymie any flexibility. Ultimately this process discourages any possibility of choosing schedule options such as flextime, part-time, job sharing, telecommuting, and compressed workweeks.

"Job retention is just as important as job creation," said Berryhill. "Hamstringing an employer from accommodating an employee's scheduling needs puts California employers at a disadvantage in comparison to neighboring states. Rejecting this measure makes it that much harder for California's businesses to hang onto good employees."

Surveys have shown the biggest threat to their organizations' success is attracting and retaining the best employees. HR professionals believe the best way to recruit good talent

Carmichael Resident Reinvents Children's Theater

CARMICHAEL, CA (MPG) - Carmichael resident actor, director, writer Bobby Grainger has written and directed "Jesus is for the Birds," a children's play set to show at the WM J Geery Theater in Sacramento, Calif., starting Saturday, March 5th, at 11:00 a.m. and 2:00 p.m. This production will run at the same times and location every Saturday through March 26th.

Kidlaff Productions' theatrical telling of "Jesus is for the Birds" is created for all ages to make children and adults laugh. This budget-priced production comes at a perfect time for children of all ages. Current economic conditions can make it difficult for families to find high-quality entertainment that



This original play is written, directed, and stars local thespian Bobby Grainger who resides in Carmichael, Calif. Photo courtesy Bobby Grainger

also teaches a valuable lesson. Families at times, sit their children in front of the TV, but

once an hour has passed the experience fades away. A play brings the characters of the

show to life in front of the kids' eyes, giving their imagination a deeper sense of immersion, where they can talk to the characters in the show after it's over.

Grainger's play is based extremely loosely on a bible verse, Matthew 6:26: "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?" Simon, an average good dad is struggling with certain aspects his faith. So, he makes a deal with his wife Lilly to miss church on a Sunday in exchange of doing any one chore of her choosing. Lilly reluctantly agrees and asks Simon to clean the big blue window. He does so and well—so well that a group of silly birds who are late in migrating south for the winter crash in to help him turn his faith around.

The play is fun for the entire family with the action directed

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Continued on page 4

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—Larry Chavez

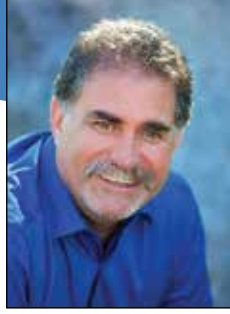
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Craig Diez



Mike Giancanelli

Responses to Gov's State Address

From Senator Jim Nielsen:

"The State's first priority must be saving money for the Rainy Day fund to ease the pain of budget cuts in an economic downturn. Programs that provide care to the most vulnerable Californians like Developmental Disability Services have not been adequately funded."

"To better serve people with developmental disabilities, I introduced Senate Bill 818, a bill similar to the one I introduced in Special Session last year. My commitment to make this funding permanent in the State's General Fund is unwavering."

"And I am so glad to hear that the Governor reaffirmed his commitment to build water storage. We must increase the state's above-ground water storage."

"Conservation alone won't get us out of this historic drought nor will it help get us through the next drought."

"Sites Reservoir is shoveled-ready to store up to 1.8 million acre feet of water."

"Planning for access to clean water is essential to the prosperity of future generations."

Source: Office of Senator Jim Nielsen

From Senator Gaines: "In a state with the highest poverty rate in the nation, hundreds of billions in unfunded liabilities, and some of the highest gas taxes and worst roads, I hoped to hear more about the Governor's vision for solving those massive problems without

crushing taxpayers."

"I'm happy that the state revenues are surging, but that should be viewed as an opportunity to pay down debt and fund one-time, high-priority projects. This month's stock market meltdown shows that our budget picture could change dramatically in just one year proving again that California needs to be a model of prudent, careful spending."

"I want the Governor to put some money back into working families' pockets. No tax increase extensions, and no new taxes on gas and health plans. Let's—once—grow the quality of life instead of growing bureaucracy."

Source: Office of Senator Gaines

From Board of Equalization Vice Chair George Runner:

"I share the governor's optimism when it comes to California's future. Our state has a diverse economy, a strong commitment to education and more than enough revenue to fully fund roads, schools, and water storage without raising taxes."

"As the governor himself warns, we must continue to exercise fiscal prudence. The true test of his leadership will be whether he can hold the line on spending against the tax-and-spend liberal legislators of his own party."

"Instead of raising taxes, our focus should be on providing greater value for Californians by improving quality of life and by

seeking solutions that make this state a more affordable place to live and work."

Source: Office of George Runner

From Assemblymember Rocky Chávez: "Today, the Governor continued his theme of fiscal caution and hopeful planning for the future in his comments. While I applaud his recognition of this important principle, Governor Brown needs to focus on practical government solutions that cut back on waste and gets our State back to common sense governance," said Chávez.

"We have a major hole in our Healthcare system, we have a backlog of billions of dollars in infrastructure repairs and we continue to face one of the worst droughts in California with no adequate water storage. The rubber band can only stretch so far until it snaps. We need to put practical solutions into place to take care of these issues while continuing to budget for our rainy day fund."

"In his closing, the Governor discussed being courageous yet cautious. With the changing world markets, the uncertainty of how foreign affairs will affect our state and our volatile income tax dependency, Brown made one thing certain today, 2016 will not be 2015," said Chávez.

Source: Office of Rocky Chávez

Carmichael Resident Reinvents Children's Theater

Continued from Page 1

at children and dialogue for all. If one hasn't been to children's theater because of the reputation that it's "only for kids," Jesus is for the Birds anticipates to show an alternative.

This original play is written, directed, and stars local thespian Bobby Grainger who resides in Carmichael, Calif. It's intended to play by the theme that the play promotes, to "Do not worry," to help those out who need to hear that there is

someone out there with a bigger plan for you than just you. Grainger has acted and directed in various plays in the Sacramento area for the last 25 years. He has won and been nominated for several Elly awards (local regional theater awards) including the previous last three scripts he has written (Elves & the Schumachers, 2011; C.S.I. Transylvania, Law & Order Special Pumpkins Unit, 2013, and Sherly Holmes and the Misfit Detectives, 2014).

Source: Bobby Grainger

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Community Spotlight



Words and photo by Susan Maxwell Skinner

During a studio paint-out in Carmichael, preeminent Sacramento painters Boyd Gavin, Pat Mahony, Marcy Friedman, and Jian Wang paused for a tea break. Mahony's terrier Louis joined the conversation.

LETTER TO THE EDITOR

Detrimental Delta Tunnels

Dear Farmer and municipal user of water taken through the Delta:

The Delta tunnels would be detrimental to Delta flows as the Peripheral Canal would not. The intake for the peripheral canal would have been above the Delta so that Delta flows would take their natural pattern. The tunnels would distort the flows in the delta.

For every foot of 40 foot diameter tunnel excavated, nearly 140 cubic yards of tunnel muck must be disposed of. The Peripheral Canal would produce ZERO waste because all excavated material would be incorporated in the banks of the canal.

The tunnels have no recreation potential. The Peripheral Canal would have had the potential for a

fishery, and recreation areas, even boating.

For the price of the tunnels, the Peripheral Canal could have added an Eastside canal to supply water to Eastside groundwater basins, that feed the Westside groundwater. An Eastside canal could supply offstream reservoirs that could release water back to the Delta in drought conditions, or allow new or larger reservoirs on the Eastside of the valley for the next time we have a drought.

An earthquake strong enough to damage the tunnels would require dewatering the entire tunnel system and removal of more tunnel muck in order to repair. The Peripheral Canal would only have to dewater the short section in which the damage occurs. The tunnels could take months to

repair while the canal only weeks.

The Peripheral Canal would be versatile, that is, it could supply water to areas adjacent to the canal in exchange for natural stream flows to the Delta, and/or recharge groundwater along the way. The tunnels could not.

The tunnels have as much potential to "steal" northern California water as was alleged for the Peripheral Canal.

The construction time for the tunnels would be far longer than to build a canal. Thus the correction for Delta flows could occur much sooner, and allow for recovery of the Delta fisheries also much quicker.

Respectfully submitted,
Dale Creasey PE Retired,
Hydrologist for 27 years with the U.S. Bureau of Reclamation ★

Letters to the Editor are published as they are received.

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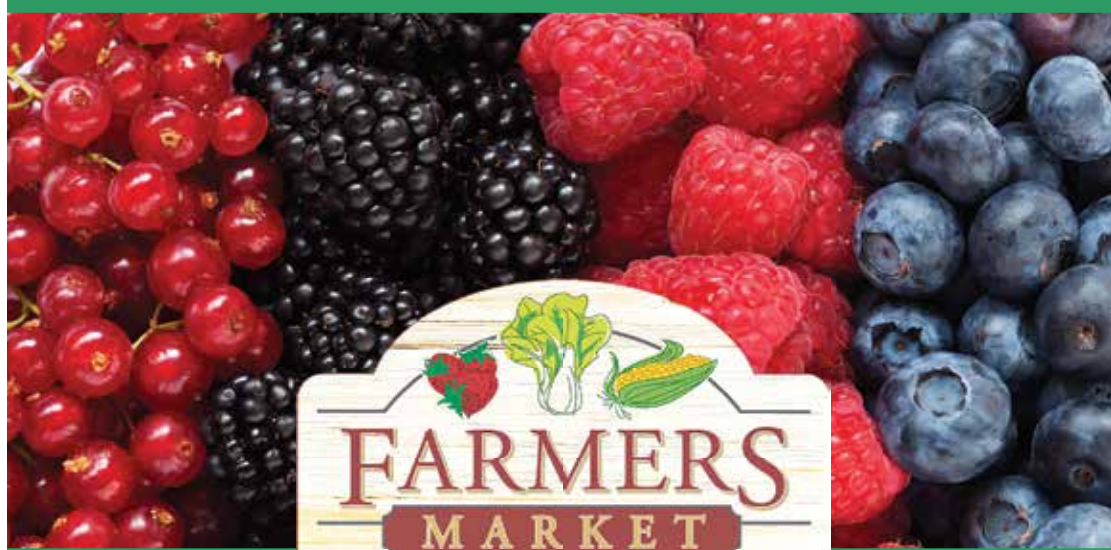
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Senate Labor Says "No" to Flex-Work Week for CA Employees

Continued from Page 1

is to provide flexibility in the workplace.

Michael Letizia, California Past State Director for the Society for Human Resource Management testified that CALSHRM and SHRM strongly support efforts to assist employees in meeting the dual demands of work and personal needs. He shared:

"Onerous and excessive

requirements of the current wage and hour laws in California...are simply outside the scope of 'reasonable' for a majority of small to medium sized employers, and so those employees seeking help or accommodation in the private sector are consistently told 'NO.' We applaud Senator Berryhill for his continued efforts to advance work-flex legislation that would benefit thousands and thousands

of lower paid, non-exempt employees in California."

The measure is supported by a broad pro-business coalition, including: California Chamber of Commerce, California Retailers Association, California League of Food Processors, Society for Human Resource Management, and the California Manufacturers and Technology Association. ★

\$232 Million to Improve California Water Management

SACRAMENTO REGION, CA (MPG)

The California Department of Water Resources (DWR) recently announced approximately \$232 million in grant funding of 26 proposals for Integrated Regional Water Management (IRWM) projects that will leverage hundreds of millions of additional local and federal dollars.

The award of funds from a 2006 water bond passed by voters statewide will support projects and programs to meet California's long-term water management needs, including delivery of safe drinking water, enhancement of recycled water use, water conservation, flood risk reduction, watershed protection, ecosystem restoration, protection of water quality and management of groundwater.

The grant recipients, dollar amounts and related purposes include the following:

- Association of Bay Area Governments, \$41.3 million, 10 projects for dam seismic retrofit, groundwater infrastructure, watershed protection and other purposes;
- San Diego County Water Authority, \$31.1 million, 14 projects for urban water conservation, turf removal rebate program, water treatment facility and other purposes;
- Los Angeles County Flood Control District, \$27.7 million, 26 projects for meter installation, storm water management, water conveyance infrastructure and other purposes;
- Humboldt County, \$11 million, 25 projects for water and wastewater conveyance and treatment infrastructure, watershed protection and restoration, agricultural efficiency and other purposes.

A list of the projects, their grant requests, their final awards and the grants' percentage of the projects' total costs can be found here: <http://water.ca.gov/irwm/grants/>



This latest round of grants will advance the Brown administration's two-year-old California Water Action Plan, which sets forth the actions needed to provide more reliable water supplies, restore important species and habitats and create a more resilient, sustainably managed water resources system that can better withstand climate change and additional population growth.

restore important species and habitats and create a more resilient, sustainably managed water resources system that can better withstand climate change and additional population growth. The Plan is available here.

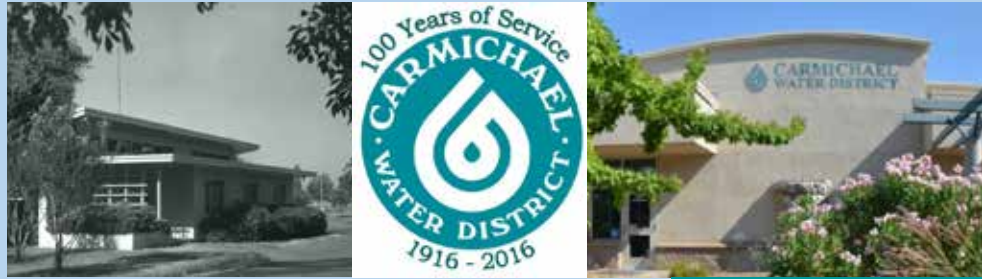
In May 2015, DWR issued the final 2015 IRWM Grant Program Guidelines and the 2015 Implementation Grant Proposal Solicitation Package. Applicants were required to submit grant proposals by Aug. 7th, 2015. DWR received proposals from 37 IRWM regions requesting approximately \$307 million.

Funding for the projects is available through Proposition 84, the Safe Drinking Water, Water Quality and Supply, Flood Control, River and Coastal Protection Bond Act of 2006, as amended 2010 (Proposition 84 IRWM). Proposition 84 was passed by California voters in November 2006 and authorized the Legislature to appropriate \$1 billion for IRWM. Administered by DWR, Proposition 84 IRWM grants are awarded to local public agencies and non-profit organizations for projects and programs consistent with an adopted IRWM Plan that help meet long term water needs of the State.

Visit <http://drought.ca.gov> to see how California is dealing with the effects of the drought, and go to <http://SaveOurWater.com> to learn how everyone can do his or her part. Information on the State's turf and toilet rebate program is found at: <http://www.saveourwaterrebates.com>.

The Department of Water Resources operates and maintains the State Water Project, provides dam safety and flood control and inspection services, assists local water districts in water management and water conservation planning, and plans for future statewide water needs.

Source: Save Our Water ★



FEBRUARY 8TH CENTENNIAL CELEBRATION

Carmichael Water District 100 Year Anniversary Event

Initially formed as an Irrigation District, the Carmichael Water District held its first official meeting on February 8, 1916. The purpose of its formation was to supply water to the Carmichael Colonies through a 15 cubic foot per second water right from the American River.

On Monday, February 8, 2016, the District will hold a Centennial Celebration to highlight the District's 100 years of service to the Carmichael Community.

Historic Displays

Dinner & Beverages Provided

Fire Hydrant Art Silent Auction

As part of the Centennial Celebration, the District will hold a silent auction for ten fire hydrants that have been designed and painted by students from Del Campo High School. Proceeds from the auction will go to support the Del Campo High School Art Program.

Event Information

Location:
La Sierra Community Center
5325 Engle Rd
Carmichael, CA 95608

Date & Time:
February 8, 2016
5:30 PM

For further information contact our office at (916) 483-2452

25 Minute Educational Presentation and a Free Luncheon



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East Lawn Memorial Park & Crematory

4300 Folsom Blvd.,
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RSVP: (916)732-2000 or
on-line at www.EastLawn.com

Friday, February 5 @ 11:30 a.m.

Friday, April 8 @ 11:30 a.m.

Andrews & Greulich Funeral Home

FD136
3939 Fruitridge Road,
Sacramento, CA 95820
RSVP: (916)732-2026 or
on-line at www.EastLawn.com

This presentation will be in English and Spanish

Wed, February 17 @ 11:30 a.m.

Wed, April 13 @ 11:30 a.m.

www.EastLawn.com

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Matthew 25:40
"Caring for the Least"

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An Old Geezer Faces Another New Year

Dr. James L. Snyder

Here we go again, tricked into thinking it is a New Year when there is absolutely nothing new about it. It is the same ole, same ole, déjà vu all over again. The person who invented this "New Year" ought to be sued for defamation of characterization.

I suppose everybody has their own definition of "new," but when I think of new I think of something that has not been before—not the recycling is something old.

I have seen more New Years than I can remember and have concluded that it is a misnomer. The one thing I have observed through the years is that every New Year I get older. What is up with that? If I could stop the New Year, could I stop getting older? I would like to try at least!

If the New Year was actually new, I would get newer not older. This has brought me to a level of grumpiness that I'm not

sure I can get over.

I do remember those times when I celebrated the New Year and it was all because I had no idea what was going on. Things were not getting new, rather they were getting old. Perhaps the newness of the New Year was just the first day of January. I can go along with that.

I have a few suggestions along this line. Instead of calling it the New Year why don't we call it the old year all over again? That would make some sense to me. I do not mind doing things over again, but I do not want to be tricked into thinking that I am doing something new.

I have a little difference with the Gracious Mistress of the Parsonage along this line.

I know she did not invent New Year's resolutions, but she is the biggest proponent of this idea. She suggests I come up with a list of New Year's resolutions and is quite insistent about it.

All through the year she will query me, "How are you doing with your New Year's resolutions?"

"I'm still working on them." I say to get away from that subject as quickly as possible. I am so grateful that she does not ask me which resolution I have completed because I cannot remember any of the New Year's resolutions from the last year.

However, when you come to this aspect of the New Year's resolution how many of those are actually new? In order to make peace with my wife, I always come up with a list of New Year's resolutions, which if looked into would resemble almost identically last year's New Year's resolutions. This is where writing things down can be very detrimental to a good solid marriage.

I have memorized these New Year's resolutions, or so I say. Actually, I have more to do with my memory than cluttering it

up with a bunch of New Year's resolutions.

Perhaps our politicians should pass some kind of a law saying that you cannot make a New Year's resolution until the Old Year's resolutions are fully fulfilled. That would make a lot more sense to me.

Another issue I have with this New Year montage has to do with birthdays. During this New Year, I will get one year older. I object to that most vigorously. I think that is very presumptuous of this New Year to insist I get older. If it were really a New Year it would do something to help me get newer and not older.

Getting older has become very monotonous to me. I know every birthday is new, but what overrides that is I am getting older on that birthday. I am very confused about all of this. How can a new birthday make you older? Something is wrong here somewhere.

I find myself at that stage in life where I am looking for my second childhood. But the New Year keeps insisting I keep getting older. How can I enjoy a second childhood when I have this aspect of getting older? If it is my birthday, I should be the one to determine if I am getting older or younger.

I do not want to shock anybody, but everything new is eventually getting old.

This came to me quite disappointingly when I recently put on my favorite necktie for church. My wife said, "Are you wearing that tie again? Don't you think you ought to get a new tie?"

It was my favorite tie and now I am being told it is old and needs replacing. Which brings me to the disturbing question; does everything old need to be replaced?

If that is true, I am in serious trouble. I guess I am at the stage of

life where new is not very much of attraction to me. I like the old and I am not ashamed of it.

I can appreciate what the prophet Jeremiah said: "Thus saith the LORD, Stand ye in the ways, and see, and ask for the old paths, where is the good way, and walk therein, and ye shall find rest for your souls. But they said, We will not walk therein" (Jeremiah 6:16).

Just because something is new does not mean it is better and just because something is old does not mean it needs to be replaced. In fact, our country needs to get back to those "old paths."

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail james-snyder2@att.net. The church website is www.whatafellowship.com. ★



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ARIES (March 21 to April 19) Single Lambs looking for romance could find Cupid especially accommodating this week. Paired partners also find their relationships benefiting from the chubby cherub's attention.

TAURUS (April 20 to May 20) Keep your keen Bull's eye focused on your target, and shake off any attempt to turn your attention elsewhere. You should get some news later in the week that might answer some questions.

GEMINI (May 21 to June 20) Your early enthusiasm for a project might have been somewhat premature. Although you feel positive about it, you might need more information in order to make an informed decision.

CANCER (June 21 to July 22) Taking on a new responsibility might seem like the politically correct thing to do. But even with the promise of support, was it the wisest? Consider reassessing your upcoming decision.

LEO (July 23 to August 22) Apply yourself to completing your task despite all the distractions that might be interfering with your work. Then reward yourself with a weekend of fun shared with people who are close to you.

VIRGO (August 23 to September 22) A business agreement from the past might need to be looked at again. Use this unexpected development to check out other matters related to it. A weekend venture proves to be rewarding.

LIBRA (September 23 to October 22) Don't ignore that uneasy feeling about making a commitment. It could be a case of understandably cold feet, or a warning that something isn't as right as it should be.

SCORPIO (October 23 to November 21) A colleague could be more supporting of one of your efforts. But it's up to you to make the case for it, and that could mean opening up a secret or two, which might be a problem for you.

SAGITTARIUS (November 22 to December 21) Expect some good news about a relative you've been worried about. But don't expect the full story to be told -- at least not yet. A workplace matter might face shifting priorities.

CAPRICORN (December 22 to January 19) Despite some anxious moments, you could have good reason to be pleased with how things are turning out. An end-of-the-week call might hold some interesting information.

AQUARIUS (January 20 to February 18) A long-overdue expression of appreciation could be offered soon. But admit it: You never really expected it would happen, right? Meanwhile, keep your weekend options open.

PISCES (February 19 to March 20) It's a good time to dive right into a new challenge, whether it's learning a computer app, or how to drive a stick shift, or making a new friend. Whatever it is, good luck.

BORN THIS WEEK: You see the wisdom in honesty, and you help others appreciate your vision.

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► For reasons that are not entirely clear at present, in the spring of 2010 a 28-year-old man in South Korea married a large pillow printed with the image of an anime character. At the wedding, the pillow wore a white dress. The man has been seen taking his "wife" to an amusement park and out to dinner -- he even orders "her" a meal.

► Some ancient Greeks believed that baldness could be cured by applying to the hairless area a mixture of horseradish and pigeon droppings.

top ten
Most Corrupt States

1. Mississippi
2. Louisiana
3. Tennessee
4. Illinois
5. Pennsylvania
6. Alabama
7. Alaska
8. South Dakota
9. Kentucky
10. Florida

Source: Fortune
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PICKS OF THE WEEK



Daniel Craig in "Spectre" Sony Pictures

"Spectre" (PG-13) - James Bond's latest adventure pits him against a timely challenge -- a far-reaching surveillance network threatens to unravel the espionage program. Doesn't sound so bad, though, right? New technology must supplant the old ways, and Bond has always caused more destruction than planned. Unfortunately, 007 (Daniel Craig) has it on good authority that Spectre, a super-powerful conspiracy, has plans to hijack the surveillance network, essentially giving them immense power on the global stage.

It's slick and stylish and all that, but continuing with the current Bond trend, it's getting more serious, more dark and more concerned with Bond's role in the modern world. This is where it goes off-track, even for longtime Bond fans. As the stories go deeper into Bond's background, we're forced to wonder if we care about that as much as the fun stuff.

"Crimson Peak" (R) - Mia Wasikowska is the girl-in-peril in this Gothic romance from Guillermo Del Toro. Edith (Waskikowska) is a quiet literary type from Buffalo, New York, around the turn of the 20th century. After the brutal murder of her father, she's whisked away by a dashing Englishman (Tom Hiddleston) to live in his castle with him and his twisted sister (Jessica Chastain). The castle is as spooky as they come, and as Edith realizes that her life is in danger, the mysteries mount up.

The first thing viewers will notice is that it's gorgeously creepy. Each frame is a painting, and every shadow is crawling with pointy detail. It could be that too much attention was paid to the set and not enough to the story. Either way, the mastery of color and screen space brings out the goosebumps.

"99 Homes" (R) - Rick Carver (Michael Shannon at his most stony and villainous) turns homeowners into the homeless in the span of an afternoon. He's a real-estate broker who uses intimidation and the police to aggressively evict people from foreclosed homes, then sells the property at a profit. With a son and a mother to look out for, Dennis (Andrew Garfield) finds himself desperate after Carver forces them from their home. To make ends meet, Dennis finds himself working for the most evil man he's ever met, and putting people through the same hell he experienced just to provide for his own family. It's a gripping and effective dramatization of the horrors from the recent housing crisis.

"Grandma" (R) - Lily Tomlin stars as the titular relation, a caustic-yet-caring grandmother who goes the extra few miles to help her teen granddaughter get out of trouble and realize her mistakes. Sage (Julia Garner) is pregnant with her loser-boyfriend's child and comes to Elle (Tomlin) for money for an operation. Elle doesn't have the money, but she goes on a funding-drive, hitting up old friends, acquaintances and even her too-busy-for-you daughter for necessary cash. The whole thing is surprisingly short ... and unexpectedly fun. Tomlin's charm and edge float things along at a fine pace.

TV RELEASES

- "David Bowie -- In His Own Words"
- "Touched By an Angel: The Complete Series"
- "The Leftovers: Season 2"
- "Mountain Men: The Rules of the Wild Have Changed"
- "Power Rangers: Time Force -- The Complete Series"
- "Hee Haw: Kornfield Classics"

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by HEALTHY EXCHANGES

Healthy Sausage and Kraut Runzas

These yeast-dough bread pockets are a staple here in the Midwest.

- 12 Rhodes frozen yeast dinner rolls
- 8 ounces extra-lean ground sirloin beef or turkey breast
- 1/2 cup chopped onion
- 1/2 cup reduced-sodium ketchup
- 1 teaspoon JO's Sausage Seasoning*
- 1 (15-ounce) can sauerkraut, rinsed and well-drained
- 1 1/2 teaspoons dried parsley flakes

1. Spray a large baking sheet with butter-flavored cooking spray. Evenly space frozen rolls on sheet. Cover with cloth and let thaw and rise.
2. Meanwhile, in a large skillet sprayed with butter-flavored cooking spray, brown meat and onion. Stir in ketchup and JO's Sausage Seasoning. Add sauerkraut and parsley flakes. Mix well to combine. Continue cooking for 5 minutes, stirring often. Remove from heat and allow to cool for 5 minutes.
3. When rolls have risen, flatten one at a time and place a generous tablespoon of filling in center of each. Gently cover filling and form into roll. Place seam side down on baking sheet. When done forming all rolls, lightly spray tops with butter-flavored cooking spray. Cover with cloth again and let rolls rest for 10 to 15 minutes.
4. Bake at 400 F for 15-18 minutes or until golden brown. Remove from oven and spray again with butter-flavored cooking spray. Place baking sheet on a wire rack and let cool slightly before serving. Serves 12 (1 each).

*Tip: 1/2 teaspoon poultry seasoning, 1/4 teaspoon ground sage and 1/4 teaspoon garlic powder may be used in place of JO's Sausage Seasoning.

* Each serving equals: 118 calories, 2g fat, 7g protein, 18g carb., 230mg sodium, 9mg calcium, 1g fiber. Diabetic Exchanges: 1 1/2 Starch, 1/2 Meat.

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Spring 2016 garden shows around the U.S.

- www.gardenshow.com
- www.ctflowershow.com
- www.southernshows.com
- www.argardenshow.org
- www.mdhomeandgarden.com
- www.theflowershow.com
- www.sfgardenshow.com
- www.springfestgardenshow.org
- cincinnatihorticulturalsociety.com
- www.sdfair.com

Source: American Horticultural Society
Photo: NorthWest Flower & Garden Show

Rotary Club of Citrus Heights

28th Annual Crab Feed Fundraiser

Bring Your Valentine!

Minestrone Soup, Caesar Salad, Penne Pasta. All of our Dungeness Crab comes from the waters off Alaska & Washington State. Always fresh and delicious!

February 13, 2016 5:30PM to 11:00PM

Citrus Heights Community Center
6300 Fountain Square Drive, Citrus Heights, CA. 95621

Tickets: \$50

Fabulous Live & Silent Auction Prizes, Raffles, Wine Toss, Desserts for Sale, Heads or Tails Game. Your support of our Crab Feed makes possible... Scholarships, Dictionary Project, Rotary Youth Leadership Awards, International Youth Exchange Program, Christmas Food Baskets.

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PLANT-BASED Cooking Classes

FEB 9 | MAR 8 | APR 12 | MAY 10 Start Time: 7pm | Cost: \$10

Samples of healthy whole plant based recipes. Breakfast, Lunch ideas and Dinner cuisine. All recipes fully demonstrated and supplied.

Date/Time February 9, March 8, April 12, May 10 7:00 - 8:30pm	Cost \$10 Per Session Limited Seating. Pre-registration deadline by Friday before each session at carmsda.org or call office at 916-487-8684	Location Carmichael SDA Church Fellowship Hall, 4600 Winding Way Sacramento
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Presenters
Kari Jacobson RN (Cardiac RN/Lifestyle Educator)
Tami Bivens (author of Plant to Plate)
Erica Nedley (author of Brighten up Breakfasts)

Limited Seating Pre-registration deadline by Friday before each session at carmsda.org or call office at **916-487-8684**

Carmichael Times
Serving Carmichael and Sacramento County since 1981

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County. The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).

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ORDER TO SHOW FOR CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00188988
WHEREAS, Amiri Hamed has filed a petition with this court for a decree changing the name(s) of Amiri Hamed to Hamed Amiri.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00188172
WHEREAS, Jessica Hendrickson on behalf of Dwayne Amos Hendrickson, a minor has filed a petition with this court for a decree changing the name(s) of Dwayne Amos Hendrickson to Dwayne Amos Simmons.

awarded JUDGMENT against Petitioner, Ronald Kevin Hand in the amount of \$55,000.00, plus post judgment interest from January 1, 2016, which shall accrue at the statutory rate until paid in full.
IT IS FURTHER ORDERED that due to petitioner, Ronald Kevin Hand's failure to appear or otherwise plead in this matter, Ms. Cruz is awarded attorney's fees in the amount of \$7,241.50 and costs in the amount of \$202.97, for a total of \$7,444.47.
IT IS FURTHER ORDERED that petitioner, Ronald Kevin Hand, is hereby ordered to pay \$62,444.47 to Ms. Cruz within 30 days of entry of this Order and Judgment.

SUMMONS
SUMMONS (CITACION JUDICIAL)
CASE NUMBER: (NUMERO DEL CASO):
34-2014-00168415
NOTICE TO DEFENDANT:
(AVISO AL DEMANDADO):
Ginger Turk, Al Turk, Israel Brennan, DBA TeaCup Puppy Couture; Ginger Turk; Isreal Brennan and Does 1-25, Inclusive YOU ARE BEING SUEED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE): Jason Kent.

Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas.

CITATION TO PARENT
IN THE SUPERIOR COURT OF THE STATE OF CALIFORNIA, IN AND FOR THE COUNTY OF SACRAMENTO IN RE ADOPTION OF CLYDE ROBERT GARRETT. CITATION TO PARENT NO.: 15AD 00249 THE PEOPLE OF THE STATE OF CALIFORNIA TO: BRITNEY SMITH AND RANDY WYATT GARRETT
By order of this court you are hereby advised that you may appear before a judge presiding in Department 120 of this court on March 1, 2016 at 11:00a.m. then and there to show cause, if any you have, why CLYDE ROBERT GARRETT should not be declared free from your custody and control for the purpose of freeing CLYDE ROBERT GARRETT for adoption.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00188958
WHEREAS, Nha Trinh Phan Ho has filed a petition with this court for a decree changing the name(s) of Nha Trinh Phan Ho to Trinh Elena Ho.
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 8, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00189345
WHEREAS, Brenda Esteffany Moreno Ramirez and Moises Sanchez have filed a petition with this court for a decree changing the name(s) of Elizabeth Moreno Sanchez to Elizabeth Sanchez Moreno and Natalia Moreno Sanchez to Natalia Sanchez Moreno.

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF GARY W. DEUTSCH (descendant) ESTATE NO. 34-2015-00186207

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Gary W. Deutsch (deceased): A Petition for Probate has been filed by Hazel Deutsch in the Superior Court of California, County of Sacramento, requesting that Hazel Deutsch, be appointed as personal representative to administer the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default and your wages, money and property may be taken without further warning from the court.

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00188937
WHEREAS, Vy Thi Thao Tran has filed a petition with this court for a decree changing the name(s) of An Thien Le to Benny Le.
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 28, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

IN THE TENTH JUDICIAL DISTRICT COURT OF THE STATE OF NEVADA IN AND FOR THE COUNTY OF CHURCHILL

CASE NO. 34905 Department 1

Petitioners: ARLENE QUALINTIP CRUZ and RONALD KEVIN HAND, AMENDED ORDER AFTER OCTOBER 29, 2015 HEARING ON ORDER TO SHOW CAUSE AND JUDGMENT AND NOTICE OF CONTINUED HEARING ON ORDER TO SHOW CAUSE
The Court's Order to Show Cause came on for hearing on October 29, 2015. Arlene Qualintip Cruz (hereinafter "Ms. Cruz"), appeared by and through her counsel of record, Mark A. Goodman, Esq., of the law firm of Kalicki Collir, LLP. Petitioner, Ronald Kevin Hand did not appear. After considering the pleadings on file and the arguments of counsel, for good cause shown, IT IS HEREBY ORDERED that the hearing on the Order to Show Cause previously scheduled for January 12, 2016 @ 1:30 p.m. is continued to March 8, 2016 @ 11:00 a.m.

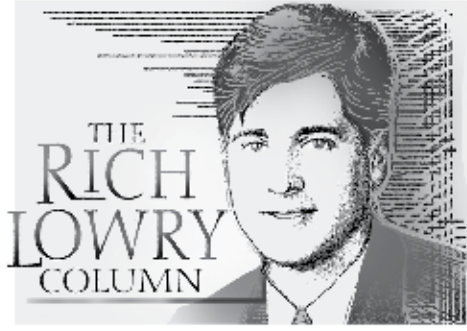
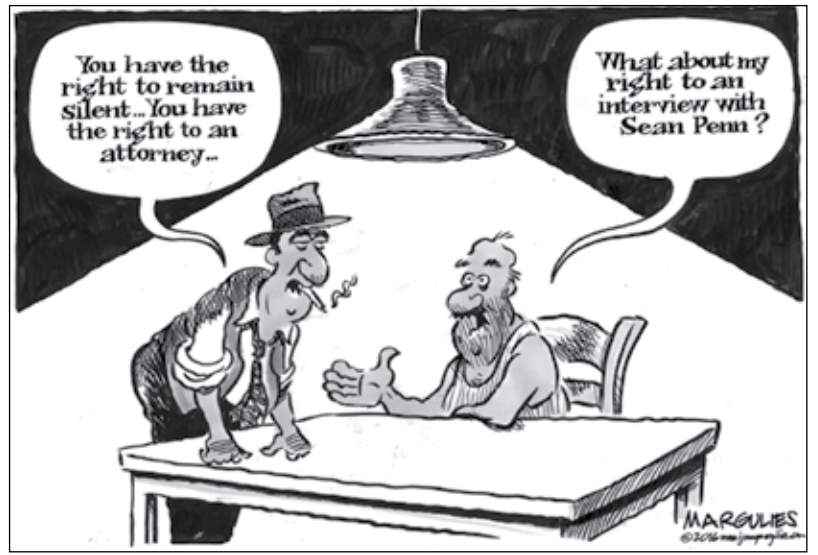
Publish: January 29, February 5, and 12, 2016
DEUTSCH 160120 2-12-16

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2016-00189297
WHEREAS, Linh Ngoc Nguyen has filed a petition with this court for a decree changing the name(s) of Linh Ngoc Nguyen to Steven Nguyen.
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on April 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

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Sacramento County DA Reports
Recent cases of interest
CASE: Amandeep Dhama
PROSECUTOR: Deputy District Attorney Anthony Ortiz
The Honorable Richard Sueyoshi sentenced Amandeep Dhama to 82 years to life in prison. On June 17, 2015, a jury convicted Dhama of second-degree murder and attempted murder with firearm use enhancements.
On August 31, 2008, a large festival was held at the Sikh Temple located on Bradshaw Road. The event was comprised of several sporting competitions such as cricket, field hockey, basketball, soccer and track and field. The event drew hundreds of people from around Northern California. Shortly before 1:30 p.m., Gurpreet Gosal and Amandeep Dhama pulled up to the event in a black Lincoln Navigator. They exited the vehicle and walked to the area where the victims were watching the sporting events. An argument ensued and Gosal and Dhama pulled out handguns and fired at the group. Parmjit (Poma) Singh was struck in the abdomen and died from the gunshot wound. Sahib Jeet Singh was also struck by a bullet and was hospitalized.
After firing the gunshots, Dhama and Gosal fled on foot. Gosal ran into the fields surrounding the event, firing shots behind him as the crowd from the Temple chased him. They ultimately captured him and held him until law enforcement arrived.
Gosal was convicted of murder in 2013 and is currently serving a 25 to life sentence in state prison. Dhama was able to escape the crowd, and remained at large for six years. He was ultimately located in India, and was arrested there in 2014 as the result of cooperation between the FBI and Indian authorities.
CASE: Samuel Culverson
PROSECUTOR: Deputy District Attorney Amber Walter, Career Criminal Prosecution Unit
The Honorable Kevin McCormick sentenced Samuel Culverson to 30 years plus 25 years to life in prison. On December 22, 2015, a jury convicted Culverson of robbery. The jury also found true a personal use of a firearm allegation.
On May 25, 2015, Culverson entered Discount Cigarettes on Gerber Road and asked to purchase cigarettes. While the victim was distracted, Culverson went around the counter and pointed a gun at the victim. He then forced the victim to open the cash register and lay face down on the floor. Culverson took approximately \$700 from the register and threatened to shoot another employee as he fled. Using surveillance video, law enforcement officers were able to locate and arrest Culverson two days later.
Culverson is a three striker. His prior convictions include second-degree murder, robbery with use of a deadly weapon, and attempted robbery from the state of Nevada.
CASE: Joey Eldon Britt
PROSECUTOR: Deputy District Attorney Michelle Becker, Career Criminal Prosecution Unit
The Honorable Kevin McCormick sentenced 22-year-old Joey Eldon Britt to 6 years, 4 months in prison. On November 20, 2015, Britt pled guilty to two counts of assault on a peace officer with a deadly weapon and vehicle theft. He also admitted to a prior vehicle theft conviction.
On February 7, 2015, Britt was in the Stockton area when he stole a utility truck that was equipped with a hydraulic pump in the back. He drove the truck onto I-5 with the hoses dragging on the ground. CHP officers attempted to stop him with spike strips. Britt ran over one, deflating the left front and rear tires, but he continued to drive on the rims all the way to Sacramento. When CHP chased Britt off the freeway at Richards Blvd., he used the truck to ram the officers out of his way on the off ramp and continued to drive to the dead end at Bercut Drive. He then made a U-turn and stopped.
CHP officers commanded him to get out of the truck and put his hands up. Two CHP officers positioned their cars in front of Britt and got out with guns drawn. Britt refused to comply with their commands and accelerated towards the officers, crashing into one of the patrol cars. The officers fired their guns at the truck, striking Britt in the jaw, neck, and arm before taking him into custody.



The Great Humiliation

The Obama administration was right when it insisted that the capture and release of 10 American sailors by Iran showed the benefits of a cooperative relationship with Tehran.

The crux of the arrangement is simple: The Iranians agree to humiliate us (and pursue their long war against the United States and their hegemonic ambitions in the Middle East), and we agree not to care. It is, as Secretary of State John Kerry says, diplomacy at its best.

What Vice President Joe Biden called "standard nautical practice" involved the Iranians making our sailors get on their knees on their captured boats, eliciting an apology from the commander, and photographing and videotaping all of it to broadcast for propaganda purposes -- in clear violation of international law.

This obviously wasn't another Carter-era Iranian hostage crisis (it wasn't even a hostage crisis), but it was another national humiliation to add to a sour public mood that President Barack Obama doesn't get, let alone understand his own role in creating.

His State of the Union address was devoted to a pep talk for the country that did more to demonstrate that he is out of touch -- an occupational hazard for late-second-term presidents -- than that anyone is wrong to feel pessimistic.

Yes, the economy has had a long recovery, but it has been slow and weak and, by some measures, hasn't been felt in much of the country. Yes, we are the most powerful nation on Earth, but our adversaries, from Vladimir Putin to ISIS to Iran, have been gaining and are eager to demonstrate our toothlessness -- in the case of ISIS, with spectacular acts of evil.

The president's version of world events in the State of the Union was particularly wan. He touted the marginal gains against ISIS without coming to grips with the catastrophes that made its rise possible; he boasted of the Iran nuclear deal, with nary a hint that the pact hasn't moderated Iranian behavior as hoped; and he spoke as though "partnering with local forces and leading international efforts" in

Syria is an effective response to that country's hellish meltdown.

True to form, in what was supposed to be a visionary speech, Obama continually took ill-disguised shots at his potential Republican successors, Donald Trump foremost among them. He scolded the 2016 GOP field for its fear, cheap sound bites and pandering.

There is all of that, of course -- it is a primary campaign, after all -- but there also is a deeper disgust with the direction of our country and the failures of its institutions, and a yearning for something better.

The president has actively sought America's diminishment abroad. For him, this is a shrewd play that avoids costly entanglements and makes us stronger. But there is no doubt that we are less respected and feared around the world. The public feels it, and doesn't like it. Many Americans, as a certain presidential candidate puts it, want to win again.

They look at the photographs and videos of those American sailors, and it feels like a punch in the gut. The Obama administration looks at them and says to the Iranians, thank you very much.

Rich Lowry is editor of the National Review.

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Tank Tapping Freaks Out Fish

DEAR PAW'S CORNER: My mom said not to tap on the side of the fish tank because it scares them. I'm not tapping very hard, so why would it bother them?
-- Tanner in Dallas

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If that happened to you several times a day, every day, you'd be pretty stressed out. Especially if it happens when you're trying to sleep or rest.

For fish, which tend to react badly when their environment changes, tank tappers can really cause problems. Because they're constantly being startled and scared, their immune systems weaken and they become vulnerable to diseases they can normally fight off. Some fish have been reported to try and escape from a tank they're constantly being scared in by jumping out of it. That doesn't usually work out well for the fish.

The best way to enjoy an aquarium full of fish is to, well ... just watch them. Most fish will shy away if you approach the tank, but if you hold still, they will begin to swim past you and you'll get a close look at them. If they're holding still or not swimming fast, don't tap the tank -- just let them be.

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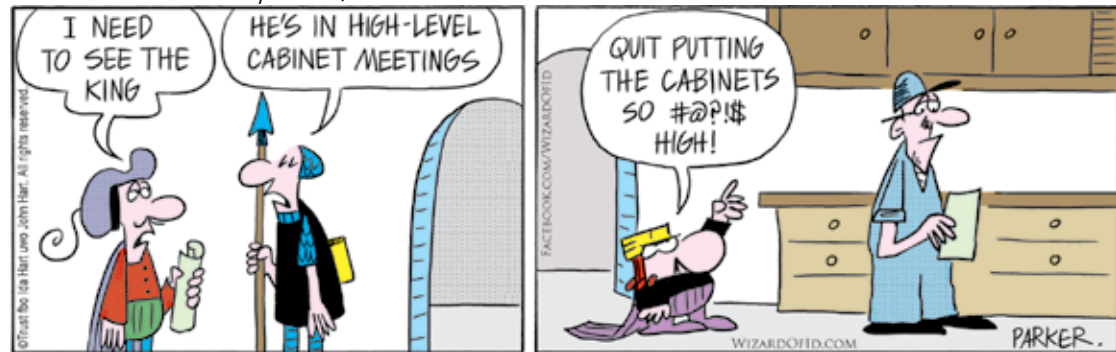
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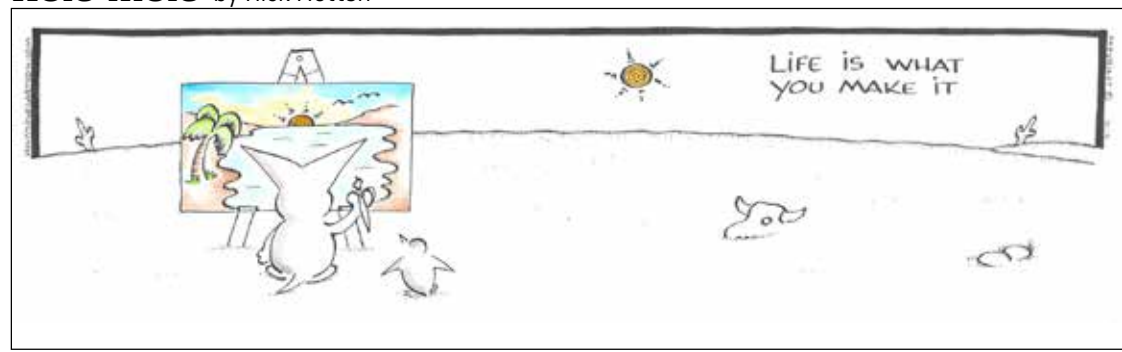
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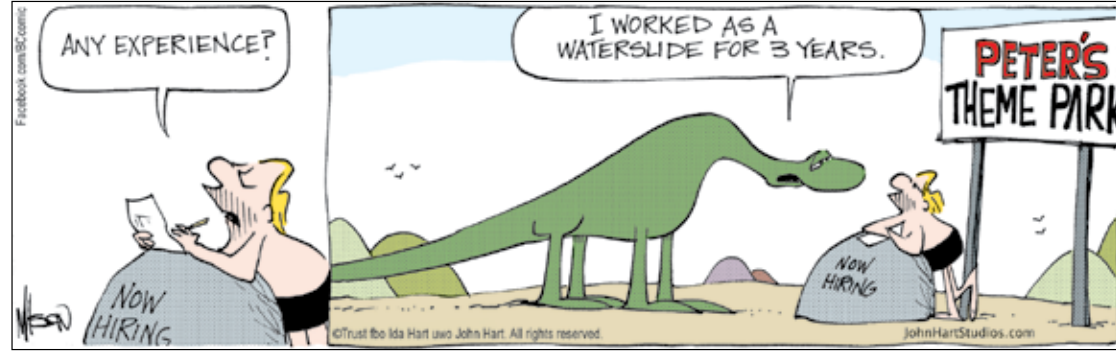
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- CLUES**
- ACROSS**
- Often follows "taken"
 - Common inquiries
 - Tibetan monk
 - Shakira's soccer-playing partner Gerard
 - Down Under bird
 - Female fox
 - Greyish brown
 - Romantic destination
 - Unable to move
 - Valentine and the like
 - *a.k.a. ___ Awareness Day to some
 - Found on grass some mornings
 - *Lover of Aeneas
 - *Special celebratory drink
 - Preakness, e.g.
 - Release of gas
 - Baker's baker
 - "In the ___" by Village People
 - Sound of battle
 - "Nana" novelist
 - West African storyteller
 - ___-do-well
 - *Keep nuptials a secret
 - Alternative to truth
 - German mister
 - Nine voices, pl.
 - Seaside bird
 - Chester White's home
 - Lack of clarity
 - Workout unit
 - *Woo
 - *Popular Valentine shapes
 - Defendant's excuse
 - Cook's leaf
 - Turn down
 - Imitate
 - Grave acronym
 - Treelless plain
 - *Chaucer or Poe
 - Sierra Nevada, e.g.
 - An end zone is 10 of these
- DOWN**
- Address abbreviation
 - Objectivity preventer
 - Greenish blue
 - *Expert archer?
 - More keen
 - Come clean, with "up"
 - Unit of electric current
 - To some degree
 - End of "traveling"
 - Figure skating jump
 - Mother in Provence
 - "Hardworking" insects
 - Relating to wine
 - Nasality in speech
 - *Words of commitment
 - Stray from the accepted
 - *Rose amount
 - Convex molding
 - Cantaloupe, e.g.
 - *Form of greeting
 - Hyperbolic tangent in math
 - Songs sung by three or more voices
 - Deflect
 - *"Love means never having to say you're ___"
 - Back of neck
 - Bygone era
 - To the point
 - Like Thai cuisine, e.g.
 - Cul de ___
 - Just about
 - Monochromatic equid
 - ___-la
 - Freeway exit
 - Hodgepodge
 - Play charades
 - Slightly
 - Hoopla
 - Russian autocrat
 - *Seal with a kiss and do this
 - Be ill or unwell
 - "___ and don'ts"

CROSSWORD

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			9	1		
4			1			3
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For Solutions See Page 6

END OF THE BENCH BY GERRY SCHOU

Is That All You've Got?

The greatly-anticipated clash of NBA titans Monday night quickly turned into one more validation of the fact that the Golden State Warriors' championship last season, their first in forty years, was no fluke.

Often chided by sources beyond the Bay Area that their title run was "lucky" and aided by favorable matchups in the playoffs against teams short-handed due to injuries to significant players, the Warriors set out to prove all of their detractors wrong this season.

Rewriting the record books right from the start, Golden State has been laying waste to the rest of the league and shocked everyone except for their own fans when they destroyed the standard of excellence that is the San Antonio Spurs, 120-90, at the exceptionally raucous Oracle Arena in a game viewed by an all-time, record-setting audience on NBA TV. Now the entire basketball world has been assured that the Dubs' championship was not a fluke and another one, or more, could be in the offing.

The Spurs have won five titles since the 1998-99 season and entered the game on a 13-game winning streak and with a 38-6 record, second only to the Warriors' 40-4 mark. The Spurs have "owned" the Warriors for years, posting a 55-8 record in head-to-head, regular-season competition since future Hall of Famer Tim Duncan came into the league in 1997. It was suggested that had the Warriors faced the Spurs (losers to the Clippers in the first round) in the playoffs last year they would not have completed the deal.

The 39-year-old Duncan and his sore knees were held out of Monday's game, but it's unlikely that even the great 6' 11" longtime centerpiece of the franchise could've made all the difference against the much younger, much faster Warriors, who dominated the Spurs in virtually every statistical category.

The Spurs came in as the top-rated defensive team in the league, while the Warriors are the top offensive team. Led by reigning MVP Steph Curry, Golden State ran out to a 62-47 lead at the half. It was the most points allowed in a first half by the Spurs all season. Curry set the torrid pace with 15 points in the first quarter and finished the game with 37 in just 28 minutes, and sat out the fourth quarter after the Warriors poured it on in a 33-19 third period to lead 95-66.

After Curry's quick start, even Kawhi Leonard, last season's Defensive Player of the Year, couldn't stop him. Meanwhile, Leonard, who was recently voted an All Star starter ahead of the Warriors' "heart-beat," Draymond Green, was limited to only six field goal attempts and 16 points. Green held the Spurs' 6' 11" LaMarcus Aldridge (15.6 ppg.), San Antonio's major off-season acquisition, to just five points. It was the Warriors' defense that was superior, creating 26 turnovers (a season high for SA) that led to 32 points. GS had 20 assists on 24-of-41 shooting in the first half against the Spurs' vaunted defense.

For some, the Warriors' remarkable performance overshadowed the results of the NFL Playoffs a day before, when the Denver Broncos (14-4) and Carolina Panthers (17-1) advanced to meet in Super Bowl 50 on Feb. 7 at Levi's Stadium in Santa Clara.

In another classic confrontation pitting all-time-great quarterbacks Peyton Manning and Tom Brady against each other for the 17th time, it was the 39-year-old Manning who won out to go to his fourth Super Bowl when the Broncos' defense thwarted a New England two-point conversion attempt with only 12 seconds left for a 20-18 win in the AFC title game. Manning had a strong first half, but was far from spectacular. It was the Denver defense that controlled the game until a near-miracle rally led by Brady at the finish that fell just short. A missed extra-point kick in the first quarter came back to haunt the Patriots.

The NFC Championship Game was all but over so fast that the fat lady from North Carolina started singing during her pregame shower at her hotel. The Arizona Cardinals didn't bring any game at all to face the juggernaut that is the Panthers (who happen to prowl Steph Curry's old stomping grounds of Charlotte; is there karma about?). QB and probable MVP Cam Newton led the Panthers' rampage to a quick 17-0 first quarter lead, a 34-7 margin in the third quarter, and a 49-15 final, while the Carolina defense created seven turnovers by Arizona.

That was the same Cardinals who defeated the Green Bay Packers, 26-20 in overtime, a week earlier in the Divisional Playoff round in one of the most exciting games of the season. The game featured an astonishing comeback in the closing seconds of regulation by QB Aaron Rodgers and the Packers, culminating with a 41-yard "Hail Mary" touchdown pass on the final play to send the game to overtime. Arizona responded early in OT with a "Hail Larry" play, when wide receiver Larry Fitzgerald turned a short completion into a 75-yard play and followed that up on the next play by taking a shovel-pass into the end zone for the victory.

Watching that game on a big screen in a large sports pub with some friends and a lot of rowdy Packers fans, there were frequent glimpses of a TV screen off to the side of the Warriors losing on the road at Detroit. We all kept expecting the Warriors to kick it into gear and overtake the Pistons, but that never happened. They just didn't have it that day and we wondered, "What's up with that?"

Apparently, Warriors coaches and players were asking themselves the same thing after it was over. In the eight days following, the W's won four times, obliterating three of the league's better teams, each by 30 or more points, and mixing in a 12-point win over Indiana. In the first marquee matchup, the W's invaded LeBron James' turf in Cleveland, where the Warriors clinched their title a few months prior, and demoralized the top team in the Eastern Conference, 132-98. That, it seems, prompted the firing of coach David Blatt, though he had led the Cavaliers to within two wins of a title last year and to a 30-11 conference-best mark this season.

Two days later, the W's went to Chicago and defeated another playoff team, the Bulls, 125-94, before returning home to take down the Pacers and Spurs to make it 39 straight regular-season wins at home and to pose the question to the rest of the NBA, "Is that all you've got?" ★

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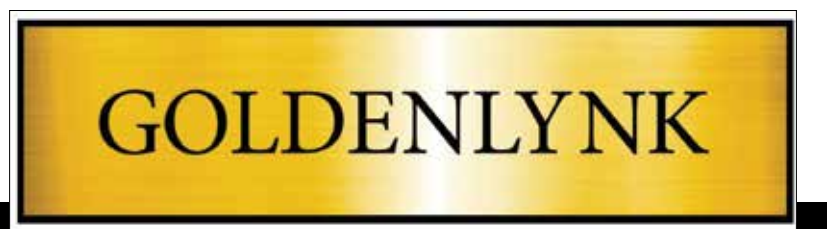


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FRIDAY EVENING

JANUARY 29, 2016

Table of TV listings for Friday, January 29, 2016. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, ION, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

SATURDAY EVENING

JANUARY 30, 2016

Table of TV listings for Saturday, January 30, 2016. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, ION, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

SUNDAY EVENING

JANUARY 31, 2016

Table of TV listings for Sunday, January 31, 2016. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, ION, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

MONDAY EVENING

FEBRUARY 1, 2016

Table of TV listings for Monday, February 1, 2016. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, ION, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

TUESDAY EVENING

FEBRUARY 2, 2016

Table of TV listings for Tuesday, February 2, 2016. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, ION, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

WEDNESDAY EVENING

FEBRUARY 3, 2016

Table of TV listings for Wednesday, February 3, 2016. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, ION, A&E, AMC, ANIMAL, BET, BRAVO, CARTOON, CMT, CNN, COMEDY, DISCOVERY, DISNEY, ESPN, ESPN2, FOOD, FREEFORM, FX, HGTV, HISTORY, LIFETIME, MTV, NICK, SPIKE, SYFY, TBS, TCM, TLC, TNT, TRAVEL, TV LAND, USA, VH1, WGN, HBO, MAX, SHOW).

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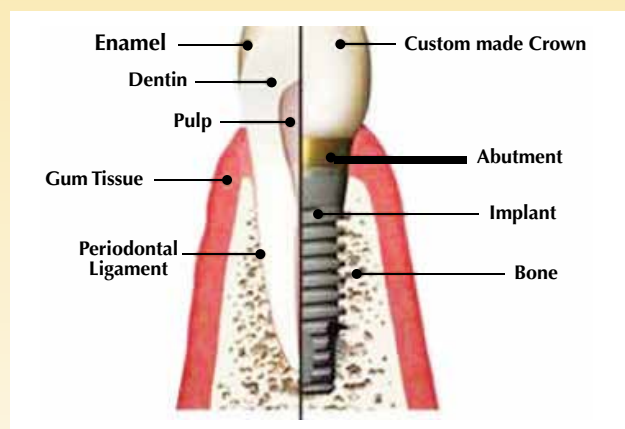
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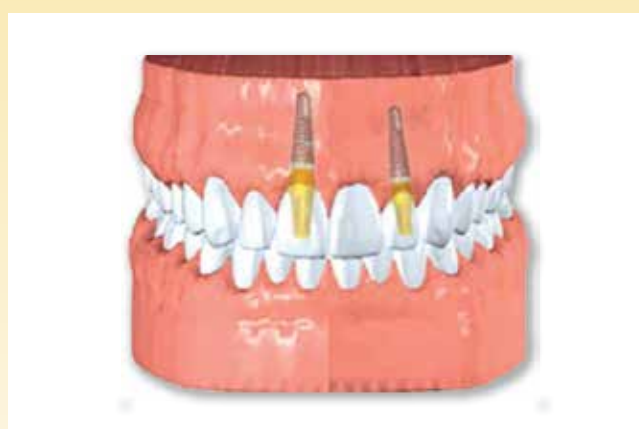
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