

# Happy New Year!

# Carmichael Times

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January 1, 2016

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# Check the License First Before Making Storm Repairs

**SACRAMENTO REGION, CA (MPG)** - The storms that have rolled through the region recently have brought the region much needed rainfall, but homeowners could suffer if they use unlicensed contractors for storm damage repairs. The Contractors State License Board (CSLB) reminds state residents that the cheapest price may not be the best solution when it comes to repairing flood damage, removing a fallen tree, fixing a downed fence, or patching a leaky roof.

"Anyone who needs to make repairs from storm damage should be looking for a legitimate, qualified tradesperson, especially in an urgent situation," said CSLB Registrar Steve Sands. "Licensed contractors are skilled in their specific trade, insured and bonded, and not likely to leave you in the lurch when it comes to properly completing the job at a fair price."

Consumers can use CSLB's online resources, available at [www.cslb.ca.gov](http://www.cslb.ca.gov) or [CheckTheLicenseFirst.com](http://CheckTheLicenseFirst.com), to review the license status of contractors they plan to hire and to get tips about the best approach for making home repairs. Any construction job valued at \$500 or more in combined labor and material costs must be performed by a state-licensed contractor. California Business and Professions (B&P) Code requires licensees to carry workers' compensation insurance coverage for their employees and to be bonded.

For tree trimming and removal jobs where the tree is 15 feet or higher and the job is more than \$500, the contractor must be state-licensed. B&P Code allows a gardener who does not have a state license to work on incidental tree pruning if the tree is less than 15 feet tall and the job costs less than \$500.

State law requires all C-39 Roofing contractors to carry workers' compensation insurance, even if they do not have employees, to ensure that consumers are protected in the event of an accident or injury on the homeowner's property.

Consumers should follow these tips when soliciting bids from home improvement contractors: Only hire licensed contractors, and ask to see their license and photo identification; Don't rush into repairs, no matter how badly they're needed; Be careful when using online bulletin boards such as [craigslist.org](http://craigslist.org), because unlicensed operators may try to mislead you into thinking they are licensed; Only make a down payment of 10 percent or \$1,000, whichever is less; Don't pay in cash, and don't let payments get ahead of the



CSLB Tips Help Prevent Storm Repairs From Becoming Costly Headaches

work; Get at least three bids, check references, and get a written contract; and Contact CSLB if you have a complaint against a contractor.

CSLB encourages consumers to always "Check the License First" by visiting [www.cslb.ca.gov](http://www.cslb.ca.gov) or calling its toll-free automated line at 1-800-321-CSLB (2757). Also, visit CSLB's website for tips about how to hire a contractor and to sign up for CSLB email alerts.

Source: Contractors State License Board ★

## Obama Plans 2224 New Regulations on US Citizens

**AMAC SPECIAL RELEASE (MPG)** - Most American were too busy preparing for the Thanksgiving (and Christmas) holiday to have noticed the White House announcement that the president seeks to impose 2,224 new regulations on us in the coming months, according to Dan Weber, president of the Association of Mature American Citizens.

The new rules include 144 regulations that are officially considered to be "economically significant" because they come with a price tag of \$100 million or more each.

"Mr. Obama, in fact, broke his own record set last spring when he announced 136 mega-buck rules, the most ever in history until then. That news came out just before Memorial Day weekend. This time around he told us about the new rules only a few days before Thanksgiving. It appears the president chooses to make these kinds of announcements at some of the busiest times of the year, hoping that few of us will pay attention to the fact that he plans to spend billions of taxpayer dollars," Weber said.

The newest regulatory plan has a total price tag of more than \$92 billion, according to some estimates. But that's just the tip of the iceberg. The Competitive Enterprise Institute says that in 2014 regulations cost American consumers and businesses a staggering \$1.88 trillion in lost economic productivity and higher prices. CEI says the price tag for the average American household was \$14,976

"If that is not enough to warrant Congressional scrutiny, I don't know what is. Government spending, deficits and the national debt are out of control and we all know it, but the cost of regulations and the impact these rules have on our daily lives gets little notice. Perhaps it is because the rules are imposed without benefit of debate. It is about time, therefore, that we encourage those who we elected to be our eyes and ears inside the beltway to do what they were sent there to do-to protect our interests."

The Federal Research Division of the Library of Congress published a study noting that liberals favor government intervention that promotes social, non-economic objectives, while conservatives see government intervention as an intrusion that makes us less competitive.

"The issue of government regulatory authority run-amok is not a political issue. It's an American issue that requires bi-partisan attention because we simply can't afford the nearly \$2 trillion dollar price tag," Weber concluded. Source: [www.amac.us](http://www.amac.us) ★

# Foundation Announces Responsive Grants Recipients

## Awards Nearly \$80,000 To Local Nonprofits To Conclude Giving Season

**SACRAMENTO REGION, CA (MPG)** - At the conclusion of the giving season, Sacramento Region Community Foundation (the Foundation) awarded six local nonprofit organizations substantial holiday gifts, granting nearly \$80,000 to support vital community needs region-wide.

"Awarding these grants is the perfect way to close another year of generous philanthropy in the Sacramento region," said Linda Beech Cutler, the Foundation's chief executive.

The six recipient organizations were selected from over 104 proposals submitted to the Foundation's highly competitive Responsive Grants Program, a granting opportunity designed to respond flexibly to immediate needs throughout the Sacramento region, supplementing the Foundation's donor-advised granting and its sustained grantmaking aligned with its four Strategic Initiatives.

The nonprofit awardees serve a range of sectors - including arts, health, homelessness and human services, and youth -- and will use the funds to meet

a variety of immediate community needs in Sacramento, Yolo, Placer, and El Dorado counties.

Among the Responsive Grants awarded is one that will help adults in the probation system develop the real-world skills necessary for successful reentry into the workforce, another that will provide underserved youth transportation to afterschool programming, and another that will ensure children with hearing loss are offered vital support services in local school districts.

Altogether, the Foundation granted \$78,930 to support a wide assortment of necessary projects across the four-county region at the following organizations:

B Street Theatre; Boys & Girls Club of Greater Sacramento; Children's Choice for Hearing and Talking Center Sacramento; Short Term Emergency Aid Committee; The Gathering Inn; TLCS, Inc.

Combined with the grants made during the inaugural round of the program in September, the Foundation awarded \$218,224 in grants to 17 nonprofits as part of

its Responsive Grants Program this year.

As with all of its efforts, the Responsive Grants Program furthers the Foundation's work to foster a thriving community exemplified by opportunities for all to live in a vibrant economy, benefit from a strong nonprofit sector, live with a sense of dignity, and flourish through the strength of regional diversity.

To learn more, please contact Shirlee Tully at [shirlee@sacregcf.org](mailto:shirlee@sacregcf.org) or (916) 765-9000.

Sacramento Region Community Foundation has

been the trusted steward of charitable assets, a community catalyst for meaningful change and the advocate for shaping vital impact through philanthropy since 1983. As the center of philanthropy in the Sacramento Region, the Foundation's mission is to transform our community through focused leadership and advocacy that inspire partnerships and expand giving. Learn more at [www.sacregcf.org](http://www.sacregcf.org)

Source: Sacramento Region Community Foundation ★



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**Citizenship Hopefuls  
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**SACRAMENTO REGION, CA (MPG)** - U.S. Citizenship and Immigration Services officers will host a free workshop on how to become a US citizen. They'll cover the naturalization process, the test, and the rights and responsibilities of U.S.

citizenship. There's even going to be a demonstration naturalization interview, acted out by USCIS officers. Everyone's welcome – no RSVP needed.  
**Who:** U.S. Citizenship and Immigration Services  
**What:** Citizenship Workshop

**Date:** Jan. 16, 11 a.m. to 1 p.m.  
**Where:** Sacramento Central Library, 828 I Street, Sacramento  
*For more information call: Sharon Rummery at (415)248-8873, or visit [www.USCIS.gov](http://www.USCIS.gov) ★*

**Taylor Farms Pacific, Inc. Recalls Signature Cafe Traditional Stuffing Due to Potential Undeclared Allergens**

**FDA SPECIAL RELEASE CA (MPG)** - Taylor Farms Pacific, Inc. of Tracy, California is voluntarily recalling 190 cases of Signature Café Traditional Stuffing because the product label did not identify certain ingredients including soy, milk and wheat. The recalled product was sold in a limited number of Safeway and Pak 'N Save stores in Northern California and Nevada and Vons stores in Fresno, CA; Clovis, CA and Oakhurst, CA.

People who have severe sensitivity or allergies to soy, wheat or milk may run the risk of a serious or life threatening allergic reaction if they consume these products. There are 190 cases of product that could potentially contain the wrong label. This recall only pertains to the Signature Café Traditional Stuffing packaged in a 39 oz. plastic container which bears a UPC number of 21130-08320 with a Use By Date of 12/26/2015 and a Lot Code of TFPV351. The Use By Date and Lot Code are located on the product label on the lid. The product is pre-made and sold from the refrigerated case in the deli section of the store.

No illnesses have been reported to date. This voluntary recall does not apply to any other Safeway or Taylor Farms Pacific, Inc. products. Customers who have purchased the recalled product are urged to discard it or return it to the store for a full refund. For additional information, customers can call Taylor Farms Pacific, Inc. at 209-830-3186 or Safeway at 1-877-SAFEWAY. ★



People who have severe sensitivity or allergies to soy, wheat or milk may run the risk of a serious or life threatening allergic reaction if they consume these products.

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# Cat Show Comes to Sacramento Region

**SACRAMENTO REGION, CA (MPG)** - More than 200 cats of all shapes, sizes and colors are expected to compete for top prizes in the CFA All Breed Cat Show being held in Roseville on January 16, 2016. The High Sierra Cat Club, affiliated of the Cat Fanciers Association (CFA), will host the show at the Placer County Fairgrounds in Roseville.

Purebred and domestic non-purebred cats will travel from across the northwestern United States to compete in the six-ring exhibition. Internationally-recognized all breed judges will officiate at the show and make presentations of more than 40 different breeds of cats. Spectators can expect to see such breeds as the popular Persian and Maine Coon, as well as the less-recognized Siberian. A large amount of supplies and cat-related gifts are also available at the show. Tour guides will be available to accompany visitors throughout the show and answer questions.

An admission donation of \$5.00 for adults and \$4.00 for children and seniors will not be charged.

The show will be held at the Placer County Fairgrounds at 800 All American City Blvd, Roseville CA 95678. Show hours are 9:30 am to 4:00 pm on Saturday, January 16.



Internationally-recognized all breed judges will officiate at the show and make presentations of more than 40 different breeds of cats.

For more information, contact Carol Freels at 916-655-3372 / Connie Roberts at 916-771-0212 or by email oci-cats@att.net. ★

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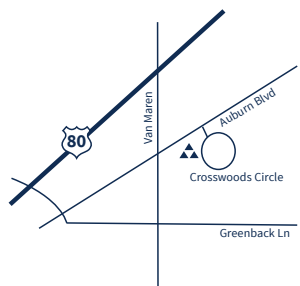


## Make A New Year's Resolution Rediscover What Life is All About in 2016!

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# A New Look at the Old Year

Dr. James L. Snyder

From a practical standpoint, and if I am anything I am practical, well, practically, this year has gone by rather quickly. The fact I have survived this past year has to count for something.

I was musing on this with the Gracious Mistress of the Parsonage just the other day. I was feeling rather comfortable with myself and was congratulating myself on making it through another year. After all, the facts speak for themselves.

"Well," my wife began rather deliberately, "I guess you did survive the year."

"What in the world is that supposed to mean," I queried. I must say I was a little agitated by the tone of her voice. After all, I did survive the year.

It was quiet for a few minutes and then she said, "What about your New Year's resolutions?"

I informed her I was working on a brand-new set of New Year's resolutions for the upcoming year. I think it's rather important to jot down a few things you would like to do, maybe some improvements you would like to make or maybe something I should like to give up for the New Year.

"That's not what I mean."

I looked at her quizzically not really understanding what she was talking about.

"What about the New Year's resolutions for this year." And she looked at me with one of those looks.

You do not have to hit me with a baseball bat for me to understand what's going on, although sometimes it does help. To be quite truthful I had not thought of those New Year's resolutions, well, for the whole year.

"Would you like me to recite the New Year's resolutions you made last year?"

Oh boy. I saw a news story the other day about people who could remember every day of their life in minute detail. I do

not know how that feels, but I do know how it feels to live with someone who can remember every detail of my life.

I have a photographic memory; the problem is I have been out of film for three decades.

It got me to thinking about my New Year's resolutions for this year. I must say that after looking at this list I did not fare too well.

I had resolved to improve my diet and lose some weight. Fortunately, I did not put down how much weight I proposed to lose. I did lose 1 pound 974 times but it always found its way home. I spent some time in Michigan this past summer and just as I was leaving, I threw a pound out the window and hurried on. By the time I got home to Florida that pound was waiting for me at the front door munching on an Apple fritter. What's a person to do?

Also, another item on my New Year's resolution list was, "I resolve not to work harder but smarter this coming year." At the time, I thought it was a very brilliant thing to say. And, don't get me wrong, it is.

I have mastered the part of not working harder, but the smarter aspect of that resolution eluded me. Whose definition of smarter should apply here? Certainly, I will not appeal to my wife's idea about smarter. She has an altogether different concept of this whole area of working smarter.

My only consolation is that my definition of the subject is, it is always smarter not to work harder. If we apply that definition to my New Year's resolution, I passed with flying colors.

Then my good wife reminded me of another part of my New Year's resolution. According to her memory, and I am in no position to challenge it, I had resolved to exercise more during the year. At the moment, I exercised my right to object to her memory. But, I lost that

one. The only actual exercise I got this past year was several times I had a runny nose. Believe me, that exercised me to no end, but it was not on track with my wife's idea of exercise.

At this point of life, I think exercise is blown way out of proportion. I tried to persuade my wife that working my elbow at breakfast and lunchtime as well as suppertime was all the exercise I really needed. She said to me, "When was the last time you saw your feet?"

At the moment, I exercised my right to shut up!

Then it dawned on me. I actually did get my share of exercise in this past year.

I exercised my right to be wrong when confronted by my wife.

I exercised my right to keep quiet when my wife was giving me instructions.

All that exercise may not have helped me lose weight but it helped me gain in my relationship with my wife.

I pondered this for some time and realized that many times it is better to admit you are wrong and save your relationship. Those who have to be right all the time are those who end up never being right. I thought of what the apostle Paul said. "Now therefore there is utterly a fault among you, because ye go to law one with another. Why do ye not rather take wrong? why do ye not rather suffer yourselves to be defrauded?" (1 Corinthians 6:7 KJV).

Sometimes it is better to suffer wrongfully for a good purpose.

The Rev. James L. Snyder is pastor of the Family of God Fellowship, 1471 Pine Road, Ocala, FL 34472. He lives with his wife, Martha, in Silver Springs Shores. Call him at 352-687-4240 or e-mail [james-snyder2@att.net](mailto:james-snyder2@att.net). The church website is [www.whatafellowship.com](http://www.whatafellowship.com). ★

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# FDA Proposes Tanning Bed Restrictions

*Proposes Age and Other Important Safety Measures*

**FDA SPECIAL RELEASE CA (MPG)** - The U.S. Food and Drug Administration recently announced important proposed steps to protect public health by preventing the use of sunlamp products (also commonly known as indoor tanning beds) by minors and reducing the risk of using these devices for adults. The FDA is committed to protecting public health by informing consumers of the risks of indoor tanning.

"Today's action is intended to help protect young people from a known and preventable cause of skin cancer and other harms," said acting FDA Commissioner Stephen Ostroff, M.D. "Individuals under 18 years are at greatest risk of the adverse health consequences of indoor tanning."

Indoor tanning is a known contributor to skin cancer, including melanoma (its most deadly form), and other skin damage. Yet, 1.6 million minors indoor tan each year, increasing their risk of skin cancer and other damage (based on data in the 2013 National Youth Risk Behavior Survey).

According to the American Academy of Dermatology, those who have been exposed to radiation from indoor tanning are 59 percent more likely to develop melanoma than those who have never tanned indoors.

In addition, the effects of exposure to UV radiation add up over one's lifetime. Therefore, UV radiation exposure in children and teenagers puts them at a greater risk for skin and eye

damage later in life.

The FDA is issuing two proposed rules today. The first proposed rule would restrict use of sunlamp products to individuals 18 and older. In addition, before their first tanning session and every six months thereafter, adult users over age 18 would have to sign a risk acknowledgment certification that states that they have been informed of the risks to health that may result from use of sunlamp products. According to the Centers for Disease Control and Prevention, an average of more than 3,000 emergency department room visits occur for injuries related to indoor tanning each year in the U.S. (based on 2003-2012 data).

The FDA also issued a second proposed rule today that would require that sunlamp manufacturers and tanning facilities take additional measures to improve the overall safety of these devices. Specifically, some of the key proposed changes would include: making warnings easier to read and more prominent on the device; requiring an emergency shut off switch, or "panic button"; improving eye safety by adding requirements that would limit the amount of light allowed through protective eyewear; improving labeling on replacement bulbs so tanning facility operators can make sure they are using the proper replacement bulbs, reducing the risk of accidental burns; and prohibiting dangerous device modifications, like installing stronger bulbs, without re-certifying and re-identifying the device with the

FDA.

"The FDA understands that some adults may decide to continue to use sunlamp products," continued acting FDA Commissioner Stephen Ostroff, M.D. "These proposed rules are meant to help adults make their decisions based on truthful information and to ensure manufacturers and tanning facilities take additional steps to improve the safety of these devices."

The proposed device restriction would apply to manufacturers and tanning facility operators. There are approximately 18,000 to 19,000 indoor tanning salons and 15,000 to 20,000 other facilities, such as health clubs, spas, and other commercial establishments, that offer tanning services in the U.S. The FDA has information for consumers and businesses via the Division of Industry and Consumer Education (DICE). Also, additional guidance and information for industry is included in the proposed rules.

The proposed restriction and updated performance standards are two of the latest steps the Department of Health and Human Services is taking to reduce the risks associated with skin cancer. In July 2014, the Office of the Surgeon General issued a Call to Action to Prevent Skin Cancer, which included strategies for reducing indoor tanning among minors.

*The proposed rules are available online at [www.regulations.gov](http://www.regulations.gov) for public comment for 90 days.* ★



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## LETTERS TO THE EDITOR

### New Year's Resolution

Dear Editor,

Once again, it's time for New Year's resolutions, particularly those to improve our diet and exercise routine.

Although gun violence and traffic accidents remain the leading causes of death among young people, the most dangerous weapon for the rest of us is still our fork. Well over a million of us are killed each year by high blood pressure, diabetes, heart disease, stroke, cancer, and other chronic diseases linked to our meat-based diet.

But times are changing.

According to Gallup, 22% of American consumers are avoiding meat and 12% are avoiding dairy products. Supermarket chains, along with Target and Walmart, offer a growing selection of delicious and healthy plant-based meats and dairy products. Animal meat consumption has dropped by 8% in the past decade.

Hundreds of school, college, hospital, and corporate cafeterias have embraced Meatless Monday and vegan meals. Fast-food chains like Chipotle, Panera, Subway, Taco Bell, and

White Castle, are rolling out vegan options.

Let's make this New Year's resolution about exploring the rich variety of plant-based entrees, lunch meats, cheeses, ice creams, and milks, as well as the more traditional green and yellow veggies. The internet offers tons of recipes and transition tips.

<http://cdc.gov/nchs/fastats/leading-causes-of-death.htm>

Sincerely,  
Stew Broderick  
Sacramento, CA

*Letters to the Editor are published as they are received.*

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**Crossword Puzzle on Page 12**

E	R	E	C	T		P	E	G		R	E	N	D
N	I	C	H	E		L	E	I		N	I	S	E
S	C	R	A	P		E	R	R		I	S	A	C
						E	U	R	E	K	A		T
										H	E	C	U
										M	E	N	C
B	R	O				S	A	S	H		D	E	M
L	I	R	E							V	I	E	W
A	S	E	A			E	N	V	O	I			W
C	H	A	R	S						S	I	O	N
K	I	D	N	A	P					O	D	D	S
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**Sudoku Puzzle on Page 12**


7	2	6	9	5	3	4	8	1
8	3	9	4	7	1	5	6	2
1	4	5	2	8	6	7	3	9
3	8	7	5	6	9	1	2	4
2	5	4	1	3	8	9	7	6
9	6	1	7	2	4	3	5	8
6	9	8	3	1	7	2	4	5
4	7	2	8	9	5	6	1	3
5	1	3	6	4	2	8	9	7

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08269 David Shurtz, 7690 Memory Lane Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Solace Enterprises" at 11423 Sunrise Gold Circle Suite 16 Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 26, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 SOLACE 151203 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09216 Ajay Kumar, 8441 Terracotta Circle Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Pacific Iron Works" at 8441 Terracotta Circle Elk Grove, CA 95624. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 PACIFIC 151204 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08774 Tatyana Kazimir, 6004 Gilman Way North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Sweet Bouquets, Sweet Bouquets Online" at 6004 Gilman Way North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 12, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 SWEET 151203 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09228 Samuel Rogoveanu, 8675 Phoenix Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Alpina Motors" at 5650 Marconi Avenue # 8 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 03, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 ALPINA 151203 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08899 The Niche, 25004 Blue Ravine Road # 109 Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Niche Ice Cream" at 25004 Blue Ravine Road # 109 Folsom, CA 95630. Filed with the Clerk of Sacramento County November 18, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 NICHE 151201 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09134 Gerlie Mae Newsome, 1400 43rd Avenue Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Unique Crafts" at 9564 South Land Park Drive Sacramento, CA 95822. Filed with the Clerk of Sacramento County November 30, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 UNIQUE 151203 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09193 Margaret Smith, 6564 Fountain Lane North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Strings on My Shirt" at 6564 Fountain Lane North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 2, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 STRINGS 151202 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09152 Bogdan Tereshchuk, 7816 Shell Beach Drive Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bogdan Express Service" at 7816 Shell Beach Drive Antelope, CA 95843. Filed with the Clerk of Sacramento County December 1, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 BOGDAN 151202 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09196 Michael Kearns, 1030 Captains Table Road # 18 Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Foxhaus Creative, Gear Otter" at 1931 H Street Sacramento, CA 95811. Filed with the Clerk of Sacramento County December 2, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 FOXHAUS 151202 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09130 Donald Fuller, 15 Village Green Drive Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "DL Fuller Construction" at 15 Village Green Drive Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 30, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 DL FULLER 151130 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09113 Kenneth L Bergstrom, 6740 Lincoln Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "KB Rod Benders" at 6740 Lincoln Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 30, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 KBROD 151130 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09231 Leliani Anne Wagner, 4245 4th Avenue Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Empower Hour" at 4245 4th Avenue Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 EMPOWER 151204 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09227 Gregory J. Buckingham, 1006 Tanzania Drive Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Document Works" at 201 Lathrop Way #H Sacramento, CA 95815. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 DOCUMENT 151204 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09089 Elizabeth F. Post, 8201 Pollard Avenue Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Burning Oaks Studio" at 8201 Pollard Avenue Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 25, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 BURNING 151130 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08938 Surf City Swirl, 3153 Flagler Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Yogurt Monkey" at 2055 Golden Centre Suite 200 Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 19, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 YOGURT 151119 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09200 Jennifer Sterio, 3113 Occidental Drive Apt #2 Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Rancho Cordova Psychic Shop" at 10702 Alicante Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 2, 2015. Publish: December 11, 18, 25, 2015 and January 1, 2016 PSYCHIC 151204 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09363 Ewing Diagnostic and Psychological Services Inc., 100 Howe Avenue Suite 155N Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Mindset Psychological Center" at 100 Howe Avenue Suite 155N Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 8, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 MINDSET 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08955 Sinbad LLC, 3033 Hurley Way Suite 102 Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Sinbad Market and Bakery" at 3033 Hurley Way Suite 102 Sacramento, CA 95864. Filed with the Clerk of Sacramento County November 19, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 SINBAD 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09436 Marc Allan Glenn, 8233 Sandstone Sea Way Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Marcyber" at 8233 Sandstone Sea Way Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 11, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 MARC 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09070 Sinbad LLC, 3033 Hurley Way Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Smsar California" at 9265 Caldera Way Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 24, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 SMSAR 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09313 Traci Verardo-Torres, 2165 Murieta Way Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "TVT Consulting" at 2165 Murieta Way Sacramento, CA 95822. Filed with the Clerk of Sacramento County December 7, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 TVT 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09185 Ranjela Prasad, 3395 Paumanok Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Little Steps Daycare" at 3395 Paumanok Way Sacramento, CA 95835. Filed with the Clerk of Sacramento County December 2, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 LITTLE 151207 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09468 Calvin Smith, 4909 Date Avenue Apt #24 Sacramento, CA 95841 and Ronald Allen McClain, 320 Northstar Place Grass Valley, CA 95945 are doing business under the Fictitious Business Name(s) "Snatch' N Gwap" at 4909 Date Avenue Apt # 24 Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 2, 2015. Publish: December 18, 25, 2015 and January 1, 2016 SNATCH 151202 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09329 Alma Scalco, 6604 Larchmont Drive North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Pamper Your Skin, Pamper Your Skin by Alma.com" at 6604 Larchmont Drive North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 8, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 PAMPER 151208 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09300 Wei Zhang, 933 San Sebastian Street Davis, CA 95618 is doing business under the Fictitious Business Name(s) "US-China Railroad Friendship Assn" at 4000 Truxel Road Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 7, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 USCHINA 151209 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09207 Mark Owens, 3422 Grappa Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Vintage Chocolate" at 3422 Grappa Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 VINTAGE 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09390 Simon Wong and Candice Lee, 7786 Sleepy River Way Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Big Bowl Chinese and Fusion" at 9679 Folsom Boulevard Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 9, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 BIGBOWL 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09267 David Kuzmenko, 5907 Ashworth Way Carmichael, 95608 is doing business under the Fictitious Business Name(s) "David's Carpet Care" at 5907 Ashworth Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 4, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 DAVIDS 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08686 Roderick Jett, 2032 Fenmore Way Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Carmichael Truck Club" at 2032 Fenmore Way Sacramento, CA 95835. Filed with the Clerk of Sacramento County November 10, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 CARMICHAEL 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09381 Cheryl and David Hutto, 6229 Madison Avenue Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Horizon Bingo Supply" at 6229 Madison Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 9, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 HORIZON 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09104 Jose de Jesus Gutierrez, 2006 San Juan Road # 189 Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Joe's Taqueria" at 6635 Madison Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 30, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 JOES 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09221 Delta Flora, 2804 Gateway Oaks Drive # 200 Sacramento, CA 95813 is doing business under the Fictitious Business Name(s) "Delta Flora" at 2416 18th Street Unit A Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 DELTA 151207 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09336 Kern Inc., 430 29th Street Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Glen Cox Chevron" at 430 29th Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 GLEN 151209 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09275 Steven T. Yates, 1 Yuba River Circle Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Able Energy Controls" at 1 Yuba River Circle Sacramento, CA 95831. Filed with the Clerk of Sacramento County December 4, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 ABLE 151209 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09419 David Mitchell, 3201 Mapes Court Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Dave's Special Wishes" at 3201 Mapes Court Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 10, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 DAVES 151214 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08983 Union Strong Homeowners, Inc., 11140 Fair Oaks Boulevard Suite 500 Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Bridon Estates Realty Group, Snyder Real Estate Services" at 11140 Fair Oaks Boulevard Suite 500 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 20, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 BRIDON 151209 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09061 Erin Stratte, 1437 Stoddard Street Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Adorn Light" at 1618 Alhambra Boulevard # 163557 Sacramento, CA 95822. Filed with the Clerk of Sacramento County November 24, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 ADORN 151214 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09483 Lucas Zeiher, 3341 Arbor Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Capitol Archive and Print LLC, Capitol Archive and Print (CAP)" at 3341 Arbor Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 14, 2015. Publish: December 18, 25, 2015 January 1, and 8, 2016 CAPITOL 151214 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09520 Richard Goore, 4725 Lake Drive Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Reflections Photo Booth" at 4725 Lake Drive Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 15, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 PHOTO 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08987 Alma Sanchez Loza, 5833 Sutter Avenue Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A & C Remodeling" at 5833 Sutter Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 20, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 A&C 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09166 Robert and Connie Mastin, 8787 Springhills Way Orangevale, CA 95662 are doing business under the Fictitious Business Name(s) "Bob's Magic" at 8787 Springhills Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County December 2, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 BOBS 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09548 Oznex Inc, 2391 Arden Way #218 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Ready Response Security" at 2391 Arden Way #218 Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 15, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 READY 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09061 Erin Stratte, 1437 Stoddard Street Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Adorn Light" at 1618 Alhambra Boulevard #163557 Sacramento, CA 95822. Filed with the Clerk of Sacramento County November 24, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 ADORN 151214 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09483 Lucas Zeiher, 3341 Arbor Way Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Capitol Archive and Print (CAP)" at 3341 Arbor Way Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 14, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 CAPITOL 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09472 T&T Retail Inc, 4505 Myrtle Avenue Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Victory Motors" at 2529 Connie Drive #5 Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 11, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 VICTORY 151214 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09005 Jed and Janet Finch, 51 Glenville Circle Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Fincho Painting" at 51 Glenville Circle Sacramento, CA 95826. Filed with the Clerk of Sacramento County November 20, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 FINCHCO 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09395 David Solton, 806 25th Street A Sacramento, CA 95816 and Venus Sharif, 7000 Boa Nova Drive Elk Grove, CA 95757 are doing business under the Fictitious Business Name(s) "Coachellove" at 806 25th Street Unit A Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 9, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 COACH 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09530 Steven Frederick Durham, 6820 Somerville Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "SD Investigations" at 6820 Somerville Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 15, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 SD 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09561 Easy Inc, 5150 Sunrise Boulevard Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Easy Inc, Easy Climate Solutions" at 2576 Mercantile Drive Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County December 16, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 EASY 151216 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09595 Jamal J. Smiley, 4801 Marconi Avenue #10 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Brotherhood Protective Solutions" at 4801 Marconi Avenue #10 Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 16, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 BROTHER 151216 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09592 Marcia D. Hill, 7321 Florida Way Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Maximum Tax Resources" at 9237 Folsom Boulevard Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 16, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 MAXIMUM 151216 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09229 Svetlana Shilo, 5317 Hackberry Lane Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Quick and Clean" at 5317 Hackberry Lane Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 3, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 QUICK 151217 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09111 David Jackson, 5330 Elnore Way Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Mister and Missus" at 5330 Elnore Way Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 30, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 MISTER 151215 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09528 Hung V. Nguyen, 8941 Carlisle Avenue Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "ION Security Solutions" at 8941 Carlisle Avenue Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 15, 2015. Publish: December 25, 2015 January 1, 8, and 15, 2016 ION 151218 01-15-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09533 Undergrad Clean Up, 2527 1/2 Donner Way Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Undergrad Clean -Up" at 2527 1/2 Donner Way Sacramento, CA 95818. Filed with the Clerk of Sacramento County December 15, 2015. Publish: January 1, 8, 15, and 22, 2016 UNDER 151222 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09714 Logan Blower, 2647 Barbera Way Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "LJB Accounting" at 2647 Barbera Way Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 21, 2015. Publish: January 1, 8, 15, and 25, 2016 LJB 151221 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09506 Eun Kim and Sung Jin Lee, 1536 Black Bear Street Roseville, CA 95747 are doing business under the Fictitious Business Name(s) "Tenyaki Time" at 9141 East Stockton Boulevard #260 Elk Grove, CA 95624. Filed with the Clerk of Sacramento County December 14, 2015. Publish: January 1, 8, 15, and 22, 2016 TERYAKI 151221 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09505 Empower Solutions Group Inc., 2217 El Camino Avenue Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "ESG, Empower Trainings, Empower Lending, Pacific Signings, Empower Business Development, Empower Property Solutions, Empower Estate Liquidation, Empower Capital Solutions, Empower Management Group, Empower Fitness Group" at 2217 El Camino Avenue Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 14, 2015. Publish: January 1, 8, 15, and 22, 2016 EMPOWER 151221 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09633 Kashif Mehdi, 3031 Foothill Boulevard # 120 Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Zee Wireless" at 4822 San Juan Avenue Fair Oaks, CA 95608. Filed with the Clerk of Sacramento County December 17, 2015. Publish: January 1, 8, 15, and 22, 2016 ZEE 151218 01-25-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09172 Greg Fatooh, 5307 Olive Ranch Road Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Bryan Properties" at 5700 Marconi Avenue Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 2, 2015. Publish: January 1, 8, 15, and 22, 2016 BRYAN 151218 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09583 Rosa Odilia Ruvalcaba, 716 Northfield #B Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Gardenias Cleaning Services" at 716 Northfield #B Sacramento, CA 95833. Filed with the Clerk of Sacramento County December 16, 2015. Publish: January 1, 8, 15, and 22, 2016 GARDENIAS 151222 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09704 Darryl Lardizabal, 4501 Bela Way Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Movement Sacramento" at 4501 Bela Way Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 21, 2015. Publish: January 1, 8, 15, and 22, 2016 MOVEMENT 151222 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09637 Lonnie Ann Russell, 3405 Ardenale Lane Sulte C Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Longen Organic Skin Products, Trinity Organic Skin Care Products" at 3405 Ardenale Lane Sulte C Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 17, 2015. Publish: January 1, 8, 15, and 22, 2016 LONGEN 151222 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09726 KKS Group LLC, 2354 Sunrise Boulevard Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Chickfil-A at Rivergate Cordova" at 2354 Sunrise Boulevard Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 22, 2015. Publish: January 1, 8, 15, and 22, 2016 CHICK 151222 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09687 Ning Han, 1118 Oakridge Drive Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Ning's BBQ" at 7915 Bruceville Road Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 21, 2015. Publish: January 1, 8, 15, and 22, 2016 NINGS 151222 01-22-16

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-09229 Svetlana Shilo, 5317 Hackberry Lane Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Quick & Clean" at 5317 Hackberry Lane Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 3, 2015. Publish: January 1, 8, 15, and 22, 2016 QUICK



**ARIES** (March 21 to April 19) Handle a potentially awkward situation by warming up your confidence reserves and letting it radiate freely. Also, expect an old friend to contact you.

**TAURUS** (April 20 to May 20) It's not too early for the practical Bovine to begin planning possible changes for 2016. A recent contact can offer some interesting insights.

**GEMINI** (May 21 to June 20) A request for an unusual favor should be carefully checked out. Also check the motives behind it. Your generosity should be respected, not exploited.

**CANCER** (June 21 to July 22) Party time beckons, but for some Moon Children, so do some workplace challenges. Deal with the second first, then you'll be free to enjoy the fun time.

**LEO** (July 23 to August 22) A warm response to an earlier request might be a positive indicator of what's ahead. Meanwhile, Cupid could pay a surprise visit to single Leos looking for love.

**VIRGO** (August 23 to September 22) How you respond to a proposed change in a project

could affect your situation. Be prepared to show how well you would be able to deal with it.

**LIBRA** (September 23 to October 22) The revelation of a secret could cause some changes in how to deal with a workplace matter. It very likely also validates a position you have long held.

**SCORPIO** (October 23 to November 21) An attempt to get too personal could upset the very private Scorpio. Make it clear that there's a line no one crosses without your permission.

**SAGITTARIUS** (November 22 to December 21) The savvy Sagittarian might be able to keep a family disagreement from spilling over by getting everyone involved to talk things out.

**CAPRICORN** (December 22 to January 19) Be careful not to push people too hard to meet your ideas of what the holiday weekend's preparations should be. Best to make it a cooperative, not a coerced, effort.

**AQUARIUS** (January 20 to February 18) An unexpected request could make you rethink a position you've had for a long time. Meanwhile, plan a family get-together for the weekend.

**PISCES** (February 19 to March 20) Someone might find that it was a fluke to try to use your sympathetic nature to get you to accept a situation you're not comfortable with. Good for you.

**BORN THIS WEEK:** You like challenges that are both mental and physical, and you enjoy always beating your personal best.

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It was noted 20th-century French-Swiss film director, screenwriter and critic Jean-Luc Godard who made the following sage observation: "A story should have a beginning, a middle and an end, but not necessarily in that order."

Those who study such things say that men without beards are 40 percent more likely to describe themselves as happy.

**top ten**  
Favorite Female SPORTS STARS

1. Serena Williams
2. Danica Patrick
3. Venus Williams
4. Ronda Rousey
5. Mia Hamm
6. Hope Solo
7. Alex Morgan
8. Abby Wambach
9. Maria Sharapova
10. Chris Evert

Source: Harris Poll  
© 2015 by King Features Syndicate, Inc.



**PICKS OF THE WEEK**



Johnny Depp in "Black Mass" Warner Bros. Pictures

**"Hotel Transylvania 2"** (PG) - Back in the cozy resort run by Dracula (Adam Sandler) and his monster pals, the walls are dripping with sight gags and parenting jokes. Old Drac's daughter, Mavis (Selena Gomez), considers leaving the hotel with her human husband (Andy Samberg) and their half-vampire child - they think they kid deserves a chance to be normal. Dracula and pals step up their game, trying to bring out the inner demon of the kid so he can embrace his harmlessly frightful heritage. It's one of those kids' movies where any adult or child will only get half the jokes. The kids laugh at the cartoon craziness of Blobby or the Mummy, while adults may chuckle from pop-culture references and parenting gags that will soar over any kid's head. It's easy breezy cartoon fun, directed by Genndy Tartakovsky, an animation titan who's punching below his weight here.

**"Black Mass"** (R) - One of the most brutal and influential mobsters in American history really got his start when he hooked up with the FBI. Whitey Bulger (Johnny Depp, nearly unrecognizable) gets a proposal from FBI agent and Boston native John Connelly (Joel Edgerton) -- Bulger's boys will work with the Bureau to take down an Italian mafia competing with Bulger's Irish mobsters. Part of the deal is that Bulger can't kill anyone, but that doesn't last long as the informant becomes the one

pulling the strings. The fact that these events really unfolded adds a chill to the proceedings, but it's not totally different than any other decent mob movie. Depp's performance is more icy than outlandish, but much of the movie focuses on the other characters in his orbit.

**"Goosebumps"** (PG) - The horror-for-kids series "Goosebumps" gave us more than a hundred novels of possessed dolls, grave ghouls and other foul monstrosities. In this adventure, they've all broken loose from the pages and are running amok in a small town with only their author, R.L. Stine (Jack Black), and two teens to stop them. Zach (Dylan Minette) moves into Stine's neighborhood and immediately falls for his daughter Hannah (Odeya Rush). It's revealed that Stine's literary boogymen are actually real, and that he's been keeping them out of reality by trapping them in books -- until nosy teens mess that up. Black's performance is dialed in as smartly wacky, making him a winning guide in this mad dash.

**"Irrational Man"** (R) - Philosophy professor Abe (Joaquin Phoenix) has fallen prey to an illness that must be endemic to his profession -- existential mopiness. He's getting vibes from two beautiful women: Rita (Parker Posey) is age-appropriate, a colleague, and unhappily married. Abe also has some chemistry with Jill (Emma Stone), a lovely and admiring student. Neither of these prospects cheer him up. Instead, Abe becomes fixated on the idea of pulling off a perfect murder, believing that he can improve the lives of some strangers -- thus making him matter as an individual. Woody Allen is not at his best here, which isn't helped by all of the similarities to other Woody Allen movies.

**TV RELEASES**  
"Sherlock: The Abominable Bride"  
"Mr. Robot: Season 1"  
"Wonder Years: Season 4"  
"Power Rangers Dino Charge: Unleashed"  
"Hill Street Blues: The Final Season"

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by HEALTHY EXCHANGES

**Ham & Scalloped Potatoes**

Put this on the menu, and you'll quickly discover that this is how scalloped potatoes were meant to taste! Just fill your slow cooker and forget about it until dinnertime. What could be easier or tastier?

- 3 cups diced extra-lean ham
- 6 1/2 cups thinly sliced cooked potatoes
- 1 cup diced onion
- 1 1/2 cups shredded reduced-fat Cheddar cheese
- 1 teaspoon dried parsley flakes
- 1 (10 3/4-ounce can) reduced-fat cream of celery soup

1. Spray a slow cooker container with butter-flavored cooking spray. Layer half of the ham, half of the potatoes, half of the onion and half of the Cheddar cheese in prepared container. Repeat layers.
2. Stir parsley flakes into celery soup. Spoon soup mixture evenly over top. Cover and cook on LOW for 4 to 6 hours. Mix well before serving. Serves 8 (1 cup).

\* Each serving equals: 230 calories, 6g fat, 18g protein, 26g carb., 876mg sodium, 2g fiber; Diabetic Exchanges: 2 1/2 Meat, 1 1/2 Starch.

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**Wishing tree traditions**  
At the famous Wishing Tree of Lam Tsuen (near Hong Kong, China), wishes are written on "lucky" papers, rolled up, then tied up with red string and attached to an orange for weight. All are tossed into the tree; if they catch in the branches, the wishes are said to then come true. "Wishing trees" can be found in many cultures throughout the world. - Brenda Weaver  
Source: www.greenfield-thong.com

**Solo Vehicle Collision Results in Fatal Injuries to Driver**

**SACRAMENTO REGION, CA (MPG)** - On December 23, 2015 at approximately 1:45 a.m., an unknown male was driving a 2001 Pontiac Grand Am southbound Watt Ave., just north of I-80 at a high rate of speed. For an unknown reason, the driver lost control of the vehicle. The vehicle struck a raised concrete roadway divider and a metal pole. The impact of the vehicle and the pole caused fatal injuries to the sole occupant. He was pronounced dead at the collision scene. The driver was wearing a seatbelt. At this time, it is unknown if drugs and/or alcohol were a



factor in this collision. Any additional information about this news release should be directed to Officer Berry who will be available at the CHP North Sacramento Area business phone number: (916) 348-2317, Monday through Friday 8 a.m. to 5 p.m. For urgent matters or to contact after hours you can reach her on her cell phone at (916) 936-2120. Follow us on Twitter @chpnsac or like us on Facebook.com/chpnorthsac ★

**Solo Vehicle Rollover Results in Fatal Injuries to Driver**

**SACRAMENTO REGION, CA (MPG)** - On December 21, 2015 at approximately 3:40 a.m., Christopher Jacobson (23) of Citrus Heights, was driving a 2000 Jeep Cherokee westbound Elkhorn Blvd., west of 14th Street. For an unknown reason, the vehicle left the roadway, traveled up an embankment, and ultimately overturned. As

a result of the collision, Mr. Jacobson sustained fatal injuries. He was pronounced dead at the collision scene. Mr. Jacobson was wearing a seatbelt. He was the sole occupant of the vehicle. At this time, it is unknown if drugs and/or alcohol were a factor in this collision. Any additional information about this news release should be directed to Officer Berry who will be available at the CHP North Sacramento Area business phone number: (916) 348-2317, Monday through Friday 8 a.m. to 5 p.m. For urgent matters or to contact after hours you can reach her on her cell phone at (916) 936-2120. Follow us on Twitter @chpnsac or like us on Facebook.com/chpnorthsac ★

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# Make It Fun and It Will Get Done!

The Secret to Being Organized

## Pam Young's Corner

An EXTREME Crash Course in Gratitude  
15 Extreme Things To Do To Remember How Blessed You Are

**By Pam Young**

Why not start the New Year out with a resolution to be more grateful? November was the month of gratitude, but let's don't take ourselves off the hook for being grateful until next Thanksgiving.

What if we made a New Year's Resolution to be thankful every day in 2016?

You don't need a gratitude journal to do this. Hey, you're busy! Who has time to write in a gratitude journal when you barely have time to write a To Do List. How does Oprah do it? She must be the busiest woman in the world yet she's always talking about her gratitude journal and how she starts and ends her days being thankful. If you've got a gratitude journal (or two) and you're a SHE (Sidetracked Home Executive), it's probably like any journal-type pretty book you've ever owned. It has enthusiastic entries from January 1 to about the 15th and then it went on a shelf if it's pretty or in a drawer if it was just a spiral.

Now you see them and either feel guilty or you shift into "I should," mode. STOP.

It only takes thinking about what you're thankful for to lift your spirits. If it has been a while since you had a little rampage of gratitude, here are some thoughts to jumpstart your gratitude. You could actually execute the

EXTREME actions, but really just being thankful is all you really need to do.

**So THANK AWAY!**

1. Hold your breath for a minute, or just be thankful you can breathe.
2. Put a blindfold on for an hour, or just be thankful you can see.
3. Put your arm in a sling for an hour, or just be thankful both your arms work.
4. Shut the electricity off for an hour, or just be thankful you have all the blessings that go with having electricity.
5. Scotch tape your eyes open, or just be thankful for your eyelids.
6. Sleep on the floor, or just be thankful you have a bed.
7. Lock yourself out of your house, or just be thankful you have a home.
8. Tape your mouth shut, or just be thankful you can eat and talk.
9. Shut off the water to the house, or just be thankful you have pure, running water.
10. Turn a book you're reading up-side-down and try to read it, or just be thankful you can read.
11. Walk around the block bare-footed or just be thankful you

have shoes.

12. Wear mittens for an hour, or just be thankful you have fingers that work.
13. Plug up your nose holes with cotton, or just be thankful you can taste.
14. Turn the television volume up too loud, or turn it off and be thankful for the silence.
15. Think how the world you know (your world) today would be different if you'd never been born. Be thankful for YOU.

Just think of the million things your body does to keep you alive and being you! It's stuff you don't even know about unless you've got a doctorate in anatomy. Right now, some part of you is monitoring the stars and the tides. Right now, something in you is keeping your potassium balanced and is turning your food and water into energy to run you.

Be still and be thankful you're a freakin' miracle!

Oh and Happy New Year!

For more from Pam Young go to [www.cluborganized.com](http://www.cluborganized.com). You'll find many musings, videos of Pam in the kitchen preparing delicious meals, videos on how to get organized, ways to lose weight and get your finances in order, all from a reformed SLOB's point of view. ★



**A Film Review by Tim Riley**

**STAR WARS: THE FORCE AWAKENS (Rated PG-13)**

The hype for the major film of the holiday season has been colossal, but it has proven authentic. Yes, I'm talking about "Star Wars: The Force Awakens," which is the real deal after the regret of the remarkably dull trilogy of prequels that fans had to endure to get to Episode VII.

In the capable hands of director J.J. Abrams (two "Star Trek" films), the feeling that we are back on track for the tone, style and even humor of the original "Star Wars" is unmistakable, and obviously a welcome relief to the misfires that George Lucas foisted on us with "The Phantom Menace" and the two episodes that followed.

The "Star Wars" franchise is now in the hands of the Disney Empire. Good news for all, it's not an evil empire. Evidence abounds that the new home for this beloved franchise (okay, just the first three films) has treated this new adventure with great respect and reverence.

Right from the very opening scene of the screen crawl that informs us that Luke Skywalker has gone missing somewhere in the galaxy, the audience is propelled into a state of wonder and absolute delight within the vastly exhilarating realm of the "Star Wars" universe.

Darth Vader may no longer be around, but his progeny are in full villainous mode in the oppressive force called by the totalitarian name of First Order, commanded by Kylo Ren (Adam Driver) under the tutelage of hulking Supreme

# Riley Reviews

**THE FORCE IS ALIVE AND WELL IN THRILLING "STAR WARS"**

Leader Snoke (voiced by Andy Serkis).

Landing on the desolate planet of Jakku, the First Order descends on the unsuspecting inhabitants, setting loose the army of stormtroopers to exterminate everyone while searching for a piece of a digital map that may reveal the hideaway of Luke Skywalker.

It's on Jakku that we are introduced to several new key players, all of whom prove to be valuable assets to the series. Giving C-3PO and R2-D2 a run for their money is the new adorably rotund robot BB-8, an essential figure in helping the Resistance fend off the First Order goons.

Up until the attack on Jakku, the clever BB-8 had been the constant companion of fighter pilot Poe Dameron (Oscar Isaac), the best commander in the Resistance fleet. The charismatic Poe is a prime figure in later battle scenes that have a superbly familiar yet welcome feeling.

Probably the most inviting new character is Daisy Ridley's Rey, an outcast loner and scavenger on Jakku, who's barely scraping by selling spare parts taken from abandoned spacecraft and other equipment. But she's drawn into the Resistance from a most unlikely source.

During the raid on Jakku, a stormtrooper who only goes by a serial number develops a conscience and becomes appalled at having to kill innocents. Later taking the name of Finn (John Boyega), this former member of the First Order joins forces with Rey for pure survival.

More resourceful than her scavenging skills would suggest, Rey proves to be an adept female hero and a true fighter, and along with Finn's brave new outlook, this dynamic duo eventually gets noticed by Harrison Ford's iconic Han Solo.

By the time Han Solo makes his entrance, teamed up as usual with his co-pilot Chewbacca (Peter Mayhew), the massively hairy creature that delights with his quirky behavior, the story line is moving into full battle conflict mode between the heroic Resistance fighters and the First Order goons.

There are hardly more satisfying moments than when Han Solo joyfully brings the Millennium Falcon, derisively called a heap of junk by others, out of mothballs and gets it going once again to travel through the galaxy.

Han Solo may be the most beloved character for his nicely offbeat nature, being characteristically grumpy and irreverent, while tossing off sarcastic barbs. It's also funny when rival bounty hunters show up to threaten his life for failure to deliver promised goods.

Princess Leia (Carrie Fisher) is also in the picture, but she's ditched her royal title and the hair buns to become General Leia, head of the Resistance. But what she really needs is a Jedi Knight, and well, Luke Skywalker is the one who can harness the power of the Force.

Without giving too much away, the quest to find Skywalker is the primary reason for an escalating fight between the Resistance and the First Order. The bad guys know Skywalker could train legions of brave souls to turn back the predatory Evil Empire.

Certain things happen in the course of "Star Wars" that no one should know when experiencing this Episode VII for the first time. Disney pleaded with critics not to reveal too much, and that request is honored here.

Suffice it to say, "Star Wars: The Force Awakens" the title says it all. Indeed, the Force is now awake and alive, and it is something to be reckoned with. From start to finish, the whole enterprise is a glorious adventure, one that lets us forget if not forgive the George Lucas mistakes of the past.

This shiny new "Star Wars" easily ranks with the best movies of the year, and without question, it is the best one for this holiday season. At least two more installments are in the works, and let's hope the Force is with the creative talent putting them together. ★

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**ORDER TO SHOW FOR CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187642  
WHEREAS, FNU Yama has filed a petition with this court for a decree changing the name(s) of FNU Yama to Yama Nair.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 3, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
YAMA 151209 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187741  
WHEREAS, Jacqueline Alsester Griffin has filed a petition with this court for a decree changing the name(s) of Jacqueline Alsester Griffin to Jacquelyn Alsester Griffin.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 4, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 10, 2015  
David I. Brown, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
GRIFFIN 151216 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187903  
WHEREAS, Zary O. Espinoza and Sergio A. Cuara have filed a petition with this court for a decree changing the name(s) of Sergio Cuara to Sergio Espinoza.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 7, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
CUARA 151216 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187926  
WHEREAS, FNU Azmarai and FNU Fazila have filed a petition with this court for a decree changing the name(s) of FNU Azmarai to Zemarai Omari, FNU Fazila to Fazila Omari, and FNU Maka to Maka Omari.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
OMARI 151216 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187921  
WHEREAS, FNU Abdulhai has filed a petition with this court for a decree changing the name(s) of FNU Abdulhai to Abdulhai Bakhshi.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 8, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
BAKHSI 151216 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187918  
WHEREAS, FNU Najibullah has filed a petition with this court for a decree changing the name(s) of FNU Najibullah to Najibullah Sangi.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 8, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
SANGI 151216 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187627  
WHEREAS, Jessica Horton has filed a petition with this court for a decree changing the name(s) of Jessica Diana Michele Horton to Jessica Diana Michele Swan.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 2, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 09, 2015  
David I. Brown, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
SWAN 151212 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187937  
WHEREAS, Maysaloon Alezraej and Anwer Alrubay have filed a petition with this court for a decree changing the name(s) of Oathman Anwar to Oathman Anwer Alrubays.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 9, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: December 25, 2015 January 1, 8, and 15, 2016  
ANWAR 151217 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187782  
WHEREAS, Jordan Van Nguyen and Thuy Thi Nguyen have filed a petition with this court for a decree changing the name(s) of Li Sa Huynh to Lisa Nguyen.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 4, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 11, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
NGUYEN 151218 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187621  
WHEREAS, Mary Kathlene Kammer has filed a petition with this court for a decree changing the name(s) of Mary Kathlene Kammer to Maran Kathlene Kammer-Perez.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 1, 2016, in Department 16, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 8, 2015  
David I. Brown, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
KAMMER 151219 01-15-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187931  
WHEREAS, FNU Kazam has filed a petition with this court for a decree changing the name(s) of FNU Kazam to Kazem Haidari.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 9, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
KAZAM 151218 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188231  
WHEREAS, Aleksandr Yegorov has filed a petition with this court for a decree changing the name(s) of Aleksandr Yegorov to Alexander Yegorov.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 11, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 23, 2015  
David I. Brown, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
YEGOROV 151223 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188194  
WHEREAS, Habibullah Safi and Yasmin Safi have filed a petition with this court for a decree changing the name(s) of FNU Aisha to Aisha Safi, FNU Fahila to Fahila Safi, FNU Mursal to Mursal Safi, and FNU Nazifa to Nazifa Safi.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 11, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 23, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
SAFI 151223 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00187309  
WHEREAS, Gai Thi Tran has filed a petition with this court for a decree changing the name(s) of Gai Thi Tran to An Tran.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 19, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 22, 2015  
David I. Brown, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
TRAN 151222 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188232  
WHEREAS, Mohammad Ashraf Jebran has filed a petition with this court for a decree changing the name(s) of Mohammad Ashraf Jebran to Ashraf Jebran.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 14, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 23, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
JEBRAN 151224 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188075  
WHEREAS, Mariah Lynmarie Lodiand has filed a petition with this court for a decree changing the name(s) of Mariah Lynmarie Lodiand to Mariah Lynmarie Vencor.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 10, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 17, 2015  
David I. Brown, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
VENCOR 151218 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188226  
WHEREAS, Cong Guo has filed a petition with this court for a decree changing the name(s) of Cong Guo to Cathy Jade Guo.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 14, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 23, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
GUO 151218 01-22-16

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00188210  
WHEREAS, Joyce L. Irwin has filed a petition with this court for a decree changing the name(s) of Joyce Louise Culbertson to Joyce L. Irwin and Joyce L. Irwin to Joyce L. Irwin.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 11, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 23, 2015  
David I. Brown, Judge of the Superior Court  
Publish: January 1, 8, 15, and 22, 2016  
IRWIN 151223 01-22-16

**SUMMONS**

SUMMONS (CITACION JUDICIAL)  
CASE NUMBER: (NUMERO DEL CASO): BC519739  
NOTICE TO DEFENDANT: (AVISO AL DEMANDADO):  
Harpreet Singh Grewel, Diamond Xpress, Inc. and DOES 1 to 50;  
YOU ARE BEING SUED BY PLAINTIFF: (LO ESTA DEMANDANDO EL DEMANDANTE):  
Melissa Reyes; Nala Robinson, a minor by and through her Guardian Ad Litem, Melissa Reyes.  
NOTICE: You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served to the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO: Lo han demandado. Si no responde dentro de 30 días, la corte lea pueda decidir en su contra sin escuchar su versión. Leos la informacion a continuación. Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California ([www.suorteca.gov](http://www.suorteca.gov)), en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California, ([www.suorteca.gov](http://www.suorteca.gov)) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO, Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen

STATEMENT OF DAMAGES  
Kenneth L. Snyder, Esq.; CSB#228183 LAW OFFICE OF KENNETH L. SNYDER, APC 21700 Oxnard Street, Suite 2080 Woodland Hills, CA 91367 Tel: (818) 703-0379 Attorney For: Melissa Reyes SUPERIOR COURT OF CALIFORNIA, COUNTY OF Los Angeles Central District 111 N. Hill Street Los Angeles, CA 90012 PLAINTIFF: Melissa Reyes DEFENDANT: Harpreet Grewel Singh STATEMENT OF DAMAGES (Personal Injury or Wrongful Death) CASE NUMBER: BC519739 To: Harpreet Singh Grewel Plaintiff Melissa Reyes seeks damages in the above-entitled action, as follows: General damages Pain, suffering, and inconvenience \$750,000.00 Special damages Medical Expense \$97,340.02 Future medical expenses \$68,890.00 Date: September 28, 2015  
Rodger C. Jensen, Esq. Attorney for the Plaintiff. Publish Dates: December 11, 18, 25, 2015 and January 1, 2016  
REYES 151123 01-01-16

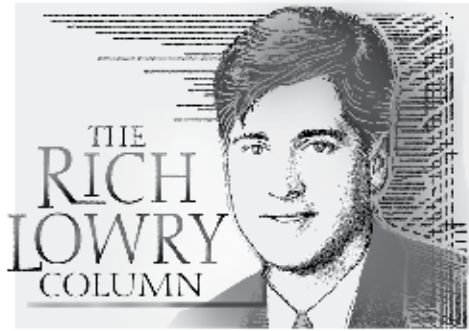
**LEGAL NOTICE**

PLEASE TAKE NOTICE that on January 12, 2015 at a regularly scheduled meeting of the Governing Board of the San Juan Unified School District, the Governing Board will conduct a public hearing beginning at 6:30 pm regarding California Montessori Project to renew their charter to operate a public school within the San Juan Unified School District. The meeting will be held in the district board room located at 3738 Walnut Avenue, Carmichael, California. Anyone requesting more information may contact San Juan Central at 971-7179. Published on Friday, January 1, 2016 and Friday, January 8, 2016  
MONTESSORI 151222 1/8/16

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**We Aren't the World**

To believe his critics, Donald Trump has ripped up the U.S. Constitution and sprinkled its shreds on the smoldering embers of what was once the Statute of Liberty.

He did this, of course, by proposing a temporary ban on Muslim immigration into the United States, which might be the most roundly and fiercely denounced idea in America since the British Parliament passed the Intolerable Acts (in 1774).

There is no doubt about it: Donald Trump's proposal is invidious; not all Muslims are a security risk. It is unworkable; among other things, airlines would have to screen travelers from Europe for their religion. It is imprudent; we don't want to send a message of generalized hostility to Muslims.

But it's not unconstitutional. Trump's detractors, and even some

of his fellow Republicans, can't help making this charge, even though it betrays a misunderstanding, not just of the Constitution, but of the very nature of a sovereign nation.

"We do not discriminate on people based on religion," Ben Carson said in response to Trump's proposal, "that's constitutional, that's in the First Amendment." Of course, he's right. Except the First Amendment isn't a free-floating grant of rights to all of mankind.

We are a sovereign country with the right to exclude whomever we want from coming here. In keeping with this basic attribute of nationhood, a long line of Supreme Court cases have upheld the "plenary power" of the political branches to set immigration policy in any way they please.

We have seen exercises of this plenary power in recent decades. During the hostage crisis, as FrontPage Magazine reported, Jimmy Carter ordered that all nonimmigrant visas from Iran be invalidated and that no more be issued, absent a compelling humanitarian reason. He also mandated that Iranian students in the United States report to the authorities, who queried them about potential radical sympathies. Some students were expelled. Jimmy Carter has not heretofore been known for his fascistic tendencies.

It is different, and less disturbing, to target the nationality of potential

entrants, rather than their religion. It is the difference between Trump proposing, say, a temporary moratorium on visas for people coming here from Pakistan and Saudi Arabia -- San Bernardino terrorist Tashfeen Malik was a Pakistani who spent a lot of time in Saudi Arabia -- and a halt to all Muslims. Trump's ban would apply to an Iraqi interpreter who worked alongside U.S. troops, as well as to a harmless Ph.D. from Malaysia.

Still, the braying about the First Amendment from the left is rich. The implicit position of Trump's progressive critics is that the First Amendment doesn't protect all political speech, or cover people with religious objections to gay marriage, or prevent the Obama administration from forcing nuns to sign up for contraception coverage, but it extends to foreigners hoping to gain entry into the United States.

The embedded assumption is that migrating here is some sort of global civil right. Trump may be ignorant and bombastic, but his supporters believe that, if nothing else, he understands that the security and interests of Americans must come first. They know no such thing about his hysterical detractors.

**Rich Lowry is editor of the National Review.**

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### Visiting Dog Ruins Holidays

**DEAR PAW'S CORNER:** My sister-in-law insists on bringing her yappy, ill-tempered lap dog, "Mitsi," to our house every Christmas through New Year's. Mitsi gets along with no one but her owner, frightens our two cats and barks at everyone in the house during dinner, nonstop. I love having my brother and his wife over, but Mitsi is making things hellish. How can I politely ask her to leave Mitsi in a kennel during visits?

- Barked Out in Birmingham, Alabama

**DEAR BARKED OUT:** I don't know that there's a way to tell your sister-in-law to leave her dog at home that would be taken well. Mitsi clearly is a full member of their family and travels with her.

Can a compromise be reached instead? Ask her if Mitsi can be placed in a separate room during mealtimes while they

are visiting. She'll probably still bark, but at least it won't be right in your ear.

You also need to discuss how Mitsi is stressing out the cats. Sometimes people think it's funny when a visiting dog chases the family pets around, but it's not fun for those pets. It's like having a schoolyard bully walk right into your home. Try to keep the discussion civil.

Ultimately, you'll have to decide what level of compromise to ask for in order to keep peace in your house, and you'll have to be firm. Your sister-in-law takes her relationship with her dog seriously; she should respect your concerns as well. That discussion probably won't be comfortable, but if Mitsi's barking and bullying are making the holidays a living hell, you need to say something.

Send your questions or tips to [ask@pawscorner.com](mailto:ask@pawscorner.com).

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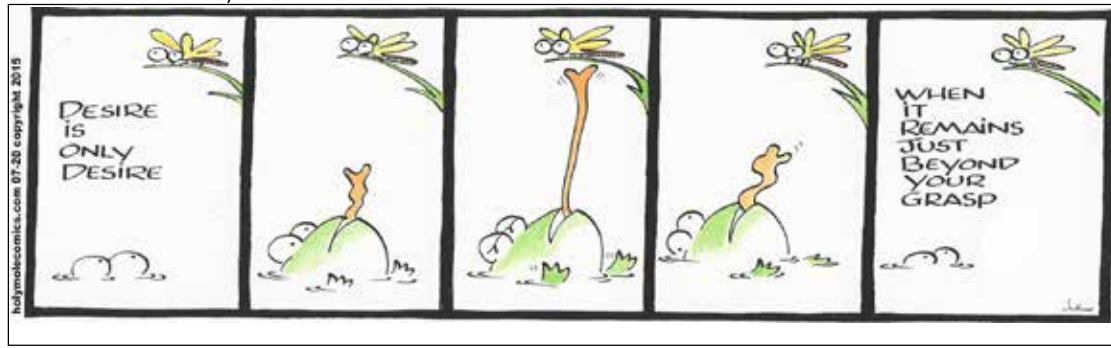
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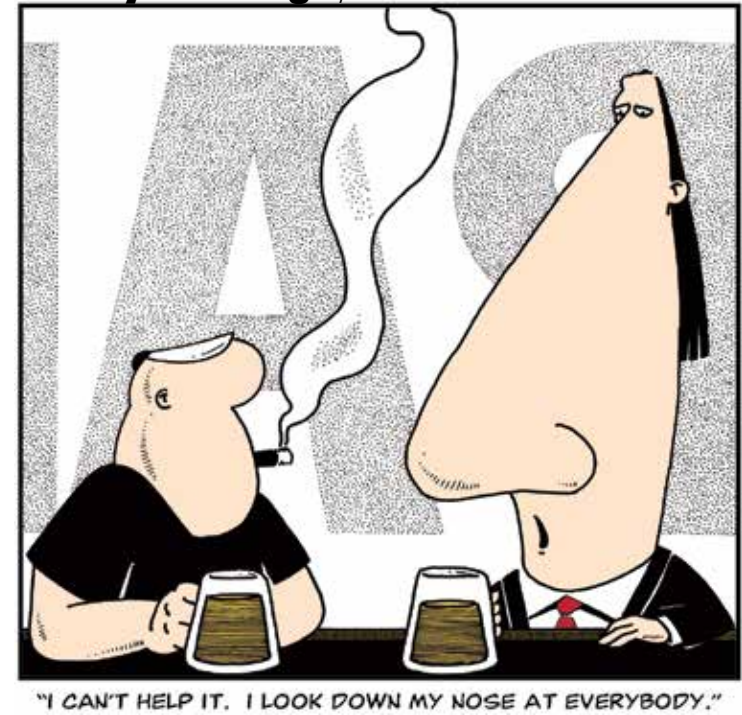
**Frank and Steinway** by Wil Panganiban



**Tundra** by Chad Carpenter



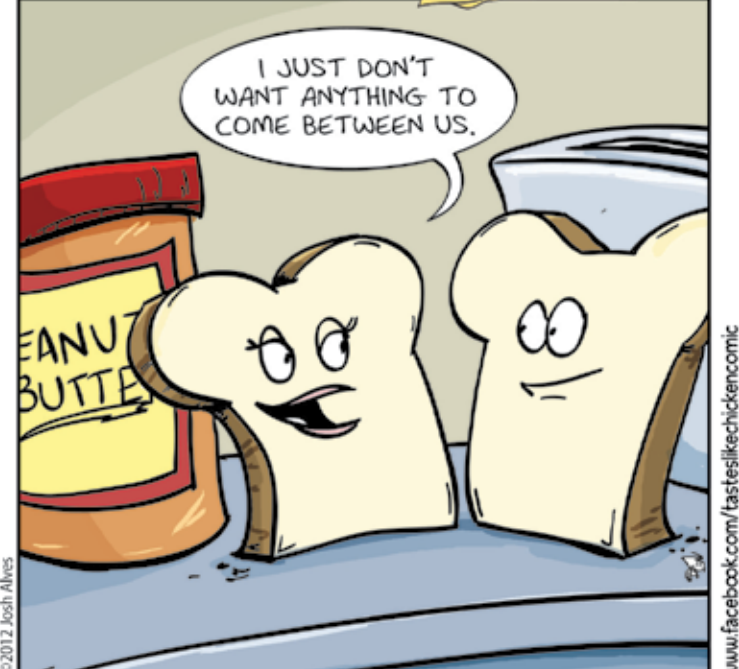
**Funday Morning** by Brad Diller



**Speckticles** by Bill Abbott



**Tastes Like Chicken** BY JOSH ALVES



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CLUES

- ACROSS**  
 1. Raise a barn, e.g.  
 6. Cribbage piece  
 9. Tear violently  
 13. Specialty  
 14. Luau welcome  
 15. Japanese-American  
 16. Junk yard stuff  
 17. Make mistakes  
 18. \*Gothic novel "The Asylum" by \_\_\_\_\_ Mitchell  
 19. Archimedes' exclamation  
 21. \*\*"Just Like Heaven" creator  
 23. Bathroom label  
 24. Swank  
 25. Sis' sibling  
 28. Cap and gown accessory  
 30. Put down  
 35. Plural of lira  
 37. Whoopi Goldberg's opinion, e.g.  
 39. Artillery burst  
 40. Between ports  
 41. Type of poetic stanza  
 43. "Hurry up and \_\_\_\_\_"  
 44. Burns to charcoal  
 46. State of Israel  
 47. \*SS Gothic, ocean liner owned by White \_\_\_\_\_ Line  
 48. Ransom precursor  
 50. Made in Vegas  
 52. Compass point between E and NE  
 53. Deadly sin?  
 55. Debt acknowledgement  
 57. \*Stoker novel  
 61. \*Goth, literally  
 64. Finger or toe  
 65. Boiling blood  
 67. Goodbye to amiga  
 69. Popular gemstone  
 70. Teresa of Calcutta, e.g.  
 71. Ma Bell, e.g.  
 72. Ready and eager  
 73. Dynamite  
 74. Illegal firing

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12	
13					14			15				
16					17			18				
	19				20		21	22				
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35			36		37		38		39			
40					41			42		43		
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48					49		50		51		52	
				53		54		55		56		
57	58	59	60				61			62	63	
64					65	66		67				68
69					70				71			
72					73				74			

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For Solutions See Page 6

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7	2			3		8	1
			4	1	5		
3		5	9	2			
		4	1	8	9		
	6	7	4			8	
		2	8	5			
5	1	6				9	7

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 6

- DOWN**  
 1. Lt.'s inferior, in the Navy  
 2. \*The Vampire Chronicles author  
 3. Beige  
 4. It carries good luck?  
 5. Conical dwellings  
 6. Type of bargain  
 7. Poetic "always"  
 8. Fat Albert's problem  
 9. Reduced Instruction Set Computer  
 10. Biblical twin  
 11. Getting warm  
 12. Needed for craps  
 15. Brother's daughters  
 20. Between 10 and Queen  
 22. Concealed oneself  
 24. Breed of sheep  
 25. \*Prominent Goth color  
 26. Hindu sage  
 27. Mountain nymph  
 29. Seven of these are considered deadly  
 31. Traps, as in mouths  
 32. Fill with optimism

33. Like Bird flu  
 34. \* \_\_\_\_\_ Dame  
 36. Garner wages  
 38. \*\*"American Gothic" painter  
 42. Mumbai country  
 45. "Yes, Sir!" gesture  
 49. Afghan monetary unit  
 51. Beethoven's "Moonlight \_\_\_\_\_"  
 54. \*First Gothic church, Basilica of \_\_\_\_\_ Denis  
 56. Dairy gland  
 57. Famous military landing  
 58. Capital of Latvia  
 59. Lab culture  
 60. Give a quote  
 61. Heater outlet  
 62. Pains  
 63. "Insane" in Spain  
 66. Seek a seat  
 68. George W., to George Herbert Walker

**END OF THE BENCH** BY GERRY SCHOLL  
 Everybody Knows the Troubles I've Seen

Mold in the refrigerator. The last pair of socks has holes. A zit on the end of the nose. The newspaper in the flowerbed. A wandering dog's deposit on the bottom of a shoe. Pathetic.

A flat tire first thing in the morning. Coffee spilled in the car. The car stuck in the mud. Commute traffic on the causeway. A long line at the DMV. Pathetic.

A contestant on Jeopardy finishing in the red. The Kardashians. Cops. The Newlywed Game. The Miss Universe Pageant. Commercial jingles using Christmas tunes. More pathetic.

Drivers at a four-way stop not taking their turn when it is their turn. Not a decent banana in the bunch at the grocer. Everybody in the library-like Starbucks on their phones or laptops and not a conversation to be found. Also pathetic.

Willie Mays in a New York Mets uniform. Willie McCovey in a San Diego Padres uniform. Juan Marichal in a Dodgers uniform. Orel Hershiser in a San Francisco Giants uniform. Unbelievably pathetic.

Buckner letting that grounder go between his legs. Norwood's kick going "wide right" in Super Bowl XX. The Raiders' lopsided loss to "Chucky" and his Bucs in Super Bowl XXXVII; and now their 13th straight non-winning season since. Cal's QB Riley running with a No.-1 ranking on the line. Texas in the Rose Bowl. All dripping with pathos.

A tie in a MLB All Star Game. A World Series cancelled. The A's trading Josh Donaldson to Toronto, where he became the next MVP. J. T. Snow out by a mile at home to end a Giants' playoff run. The Florida Marlins winning not one, but two World Series. Dusty handing a game ball to Russ Ortiz in a World Series game that was not over

yet. A certain softball team blowing a 12-run lead in the last inning. There's more.

DeMarcus Cousins getting another "T." The Kings blowing another fourth-quarter lead. Listening to Kings games on the radio. Isaiah Thomas starting for the Celtics. The 1-28 Philadelphia 76ers. Clippers Doc Rivers, Chris Paul and Blake Griffin whining and complaining. The NBA-worst Warriors missing out in the first-ever draft lottery and Patrick Ewing mysteriously winding up in New York. Later, Golden State letting Robert Parrish and Kevin McHale end up in Boston so the W's could select Joe ("barely cares") Barry Carroll. Todd Fuller, not Kobe Bryant. All, oh so pathetic.

Not to mention, "celebration" penalties, preseason football, Ray Lewis or Curt Schilling on TV. Or, "booing" your home team or its players.

As pathetic as that last one is, that's just what happened Sunday at Levi's Stadium. And what made it even more embarrassing --- the 49ers were escorted to the locker room at halftime by a chorus of "boos" in front of a gathering of eight former SF greats that included Joe Montana, Jerry Rice, Roger Craig and Eddie DeBartolo that was to be honored during intermission.

You start to think, just maybe, that after last week's loss at Cleveland you have seen it all. But things kept getting worse for the 4-10 49ers in Sunday's 24-14 (not that close) loss to Cincinnati.

The 49ers' league-worst offense put up some yards, but committed four awful turnovers and most of the team's eleven penalties that totaled 98 yards. Three quick turnovers allowed the Bengals to score three touchdowns over a short span of 4:23 in the second quarter and take a

21-0 lead at the half. Boooo!!  
 Tight end Vance McDonald had two catchable passes slip through his hands and into those of Cincinnati defenders, and Anquan Boldin held onto one but had it stripped from his grasp and returned to the 49ers' 11-yard line.

Don't blame it all on quarterback Blaine Gabbert (30 for 50, 295 yards, sacked four times); he's not getting much help from his teammates. Ugly mistakes continuously dealt self-inflicted wounds on the offense. The team with the fewest first downs in the league kept finding itself in 3rd-and-long situations and converted just two of 14 third downs.

Passes tipped, not caught, intercepted. Undisciplined penalties. Wide receivers' false starts. Receivers running wrong routes. Passes completed just short of first-down markers. A fumble lost. An 18-yard punt. A blocked field goal. As receiver Torrey Smith said, "So who wants to sit there and watch that?"

'Tis the season for giving, but please don't give us anymore of that! Those things just lead to another pathetic thing --- a coach Jim Tompala press conference (it's not all his fault, either). Give us, instead, some hope for the future. That might mean two more losses to end the season in position for some Grade AA draft choices (Is there another Aaron Rodgers out there?).

Let's gather 'round Charlie Brown's pathetic little Christmas tree and sing "O come all ye 49er Faithful" together, in hopes they don't screw that up, too.

I fear, however, that the way things have been going, there is more to come we have yet to see, and we will "...be done seen about everything when I see an elephant fly." ★

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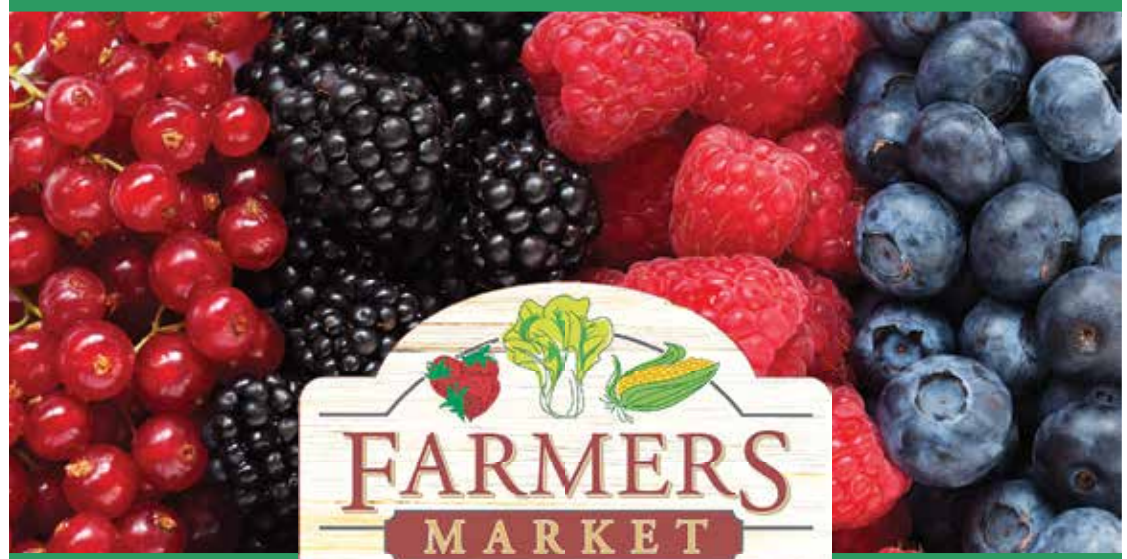
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# Television Listings for the week of January 1-January 6

## FRIDAY EVENING

### JANUARY 1, 2016

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30		
<b>BROADCAST</b>	ABC Last Man Standing (14, PG-13)★★★	Dr. Ken	Shark Tank (TVPG) HD	(01) 20/20 (N) HD	Local	Jimmy Kimmel Live HD	Nightline	CBS NCIS: "San Dominick"	Hawaii Five-O HD	Hawaii Five-O HD	Late Late Show (TV14) HD	Late Late Show (TV14) HD
<b>CABLE</b>	A&E Criminal Minds HD	Criminal Minds HD	Unforgettable (N) HD	(02) Criminal Minds HD	(01) Criminal Minds HD	AMC Dead HD	The Walking Dead: "Conquer" HD	The Walking Dead: "First Time" HD	The Walking Dead: "Pilot" HD	Animal Tanked (TVPG) (N) HD	Treehouse Masters (N) HD	River Monsters (N) HD
<b>BET</b>	(7:00) Just Wright (10, PG)★★★	Queen Latifah	The BET Life of... (N) HD	The BET Life of... HD	Wendy Williams (N) HD	BRAVO Housewives (TV14)	Housewives (TV14)	Legally Blonde (01, PG-13)	Reese Witherspoon	Legally Blonde (01)★★★	CARTOON King of Hill	Bob's HD
<b>CMT</b>	Skull Challenge HD	Gran Torino (09, R)★★★½	Clint Eastwood, Christopher Carley	Gran Torino (09, R) HD	CNN Anthony: "Scotland" (TVPG)	Anthony: "Budapest" (TVPG)	Mr. Deeds (02, PG-13)★★½	Adam Sandler	Elf (03, PG)★★★	Will Ferrell, James Caan	Mr. Deeds (02) HD	
<b>COMEDY</b>	Gold Rush: The Dirt (N) HD	Gold Rush (N) HD	(02) Alaskan Bush (N) HD	Gold Rush (TVPG) HD	Alaskan Bush (TV14)	DISCOVERY Gold Rush: "Jessie" (N) HD	Undercover (Undercover) HD	Best HD	Undercover HD	Jessie HD	Jessie HD	
<b>DISNEY</b>	Charlie's Angels (00, PG-13)★★½	Cameron Diaz	Charlie's Angels (00, PG-13)★★½	Cameron Diaz	Kardashians: "Rites" (TVPG) HD	ESPN (5:30) 2016 Sugar Bowl	Post Game SportsCenter HD	2016 Rose Bowl Game: Stanford vs Iowa HD	SportsCenter HD	ESPN2 SportsCenter HD	Sports HD	30 for 30: "Trojan War" HD
<b>FAMILY</b>	Diaries 2 (04, G)★★½	Cinderella (50, G)★★★	Elene Woods	The 700 Club (TV G)	Sleeping Beauty (59)	FX Diners HD	American Diners HD	Diners HD	Diners HD	Diners HD	Diners HD	
<b>FX</b>	(6:00) This Is 40 (12, R)	The Internship (13, PG-13)★★	Vince Vaughn, Owen Wilson	The Internship (13, PG-13)★★	HGTV Dream Home 2016 (N)	Fixer Upper (N) HD	Hunters	Hunters	Ellen's Design (N) HD	Fixer Upper (TV G) HD		
<b>HISTORY</b>	Cars HD	Cars HD	American Restoration	Smartest	Smartest	Cars HD	Cars HD	Cars HD	Cars HD			
<b>LIFETIME</b>	Bring It! (TVPG) (N) HD	Bring It! (TVPG) (N) HD	The Rap Game (N) HD	(02) The Rap Game HD	Bring It! (TVPG) (N) HD	MTV Drumline (02, PG-13) Nick Cannon	Friday After Next (02, R)★★	Ice Cube	Zombieland (09, R)★★★½			
<b>NICK</b>	Alvin	Alvin	Full House	Full House	Friends	Friends	Friends	Friends	Friends			
<b>SPIKE</b>	Expend. 2 (13, R)★★★	Sylvester Stallone, Arnold Schwarzenegger	Walking Tall (04, PG-13)★★½	SYFY Twilight	Twilight	Twilight	Twilight	Twilight	Twilight			
<b>TBS</b>	Broke Girls	Broke Girls	Broke Girls	Broke Girls	Killers (10, PG-13)★★	Ashton Kutcher	Cougar	Cougar	TCM (7:15) M (51, NR)★★½	Victor, Victoria (82, PG)★★★		
<b>TLC</b>	Atlanta HD	Atlanta (N) HD	Atlanta (N) HD	Love, Lust & Swipe (N) HD	Atlanta HD	Atlanta HD	Love, Lust & Swipe HD	TNT Wrath of the Titans (12, PG-13)★★½	(15) Clash of the Titans (10, PG-13) Sam Worthington	Spider HD		
<b>TRAVEL</b>	Mysteries (TVPG) (N) HD	Mysteries (N) HD	Mysteries (TVPG) (N) HD	Mysteries (TVPG) (N) HD	Mysteries (TVPG) (N) HD	Mysteries (TVPG) (N) HD	USA Younger	Younger	Law & Order: SVU HD	Law & Order: SVU HD	Law & Order: SVU HD	Law & Order: SVU HD
<b>VH1</b>	How I Met... How I Met	Parks HD	Parks HD	Saturday Night Live HD	Saturday Night Live HD	Saturday Night Live HD	Saturday Night Live HD	Purple Rain (84, R) HD	WGN How I Met... How I Met	Parks HD	Parks HD	Hope HD
<b>PREM</b>	Exodus: Gods and Kings (14, PG-13)★★½	Christian Bale	(35) Lone Survivor (14, R) Mark Wahlberg	Diviner HD	HBOW Banshee (TVMA) HD	Banshee (TVMA) HD	Walk of Shame (14, R)★★½	(35) Passionate Intentions (15) HD	SHOW Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Sin City: Dame (14) HD

## SATURDAY EVENING

### JANUARY 2, 2016

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	
<b>BROADCAST</b>	ABC Galavant	Galavant	Galavant	Galavant	20/20 (N) HD	Local Programs	CBS Scorpion (TV14) HD	NCIS: New Orleans HD	48 Hours (TV14) (N) HD	Local Programs	
<b>CABLE</b>	A&E The First 48 (TV14) HD	The First 48: (N) HD	The First 48: (N) HD	The First 48: (N) HD	The First 48: (TV14) HD	The First 48: (TV14) HD	AMC Walking	Fear the Walking Dead	Fear the Walking Dead (TVMA) HD	Fear the Walking Dead: "Pilot" HD	
<b>ANIMAL</b>	Dr. Dee: Alaska Vet (N) HD	Pit Bulls Memorable (N) HD	Pit Bulls and Parolees (N) HD	BET (6:30) The Five Heartbeats (91, R)	BET's Top 20 of 2015	BRAVO How to Lose a Guy in 10 Days (03, PG-13) Kate Hudson	How to Lose a Guy in 10 Days (03, PG-13) Kate Hudson	CARTOON DBZ Kai	King of Hill (Cleveland)	Family Guy	
<b>CMT</b>	Reba HD	Reba HD	Zookeeper (11, PG)★★	Kevin James, Adam Sandler	Cops HD	Cops HD	CNN Medical Mistake (N)	CNN Special Report	CNN Special Report	CNN Special Report	
<b>COMEDY</b>	Wedding Crashers (05, R)★★★	Owen Wilson	Jackass 3D (10, R)★★★	Johnny Knoxville	Dual Survival HD	Dual Survival HD	DISCOVERY MythBusters (N) HD	Dual Survival HD	Dual Survival HD	Dual Survival HD	
<b>DISNEY</b>	Austin HD	Austin HD	Austin & Jessie (TV G) HD	Austin HD	Austin HD	Austin HD	ESPN (7:15) College Football: West Virginia vs Arizona State (Live)	(45) SportsCenter HD	ESPN2 College Basketball: Gonzaga vs San Francisco	Sports HD	(45) College Football: Penn State vs Georgia (Taped) HD
<b>FAMILY</b>	National (07, PG) HD	Forrest Gump (94, PG-13)★★★★	Tom Hanks, Joe Stepanelli	Three Musketeers (11)	FX Worst Cooks (TV G) HD	Worst Cooks (TV G) HD	Worst Cooks (TV G) HD	Worst Cooks (TV G) HD	Worst Cooks (TV G) HD		
<b>FX</b>	Grinder	Grinder	Grinder	Grinder	Grinder	Grinder	HGTV Property Brothers HD	Property Brothers HD	Property Brothers HD		
<b>HISTORY</b>	American Pickers HD	Being Evel (15, NR) Johnny Knoxville, Robbie Knievel	Pawn Stars	American Pickers HD	LIFETIME Don't Wake Mommy (15, NR) HD	(02) The House Sitter (15, NR) HD	MTV Friday After Next (02, R) Ice Cube	White Chicks (04, PG-13)★★	Shawn Wayans	21 and Over (13, R)★★	Miles Teller
<b>NICK</b>	Henry	Henry	Nicky, Ricky (TV G)	Full House	Full House	Friends	SPIKE Cops HD	Cops HD	Cops HD	Cops HD	Cops HD
<b>SYFY</b>	Twilight	Twilight	Twilight	Twilight	Twilight	Twilight	TBS Broke Girls	Big Bang	Big Bang	Big Bang	Big Bang
<b>TCM</b>	(7:15) Smile (75, PG)	(15) Divine Madness! (80, R)★★½	Bette Midler	Night Train to Terror (85, NR)	Cat's Eye	TLC Untold Stories HD	Untold ER (N) HD	Sex Sent Me to the ER	Untold ER: "Oh, Deep!"	Sex Sent Me to the ER	
<b>TNT</b>	Pirates of the Caribbean: At World's End (07, PG-13) Johnny Depp	Alice in Wonderland (10, PG) Johnny Depp	Ghost Adventures HD	Ghost Adventures (N) HD	The Dead Files (N) HD	The Dead Files (N) HD	TRAVEL (7:00) Big Daddy (99)	Raymond	Raymond	Raymond	
<b>TV LAND</b>	The Lone Ranger (13, PG-13)★★★	Johnny Depp, Arnie Hammer	Modern	Modern	Modern	Modern	USA Love & Hip Hop HD	8 Mile (02, R)★★★	Eminem, Kim Basinger	Get Rich or Die Tryin' (05, R)★★	
<b>VH1</b>	Love & Hip Hop HD	8 Mile (02, R)★★★	Eminem, Kim Basinger	Hope HD	Hope HD	Hope HD	HBOW Banshee (TVMA) HD	Banshee (TVMA) HD	Child 44 (15, R)★★½	Tom Hardy, Gary Oldman	Animal Instinct (11) HD
<b>SHOW</b>	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD

## SUNDAY EVENING

### JANUARY 3, 2016

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	
<b>BROADCAST</b>	ABC Galavant	Galavant	Quantico: "Run" (N) HD	Quantico: "America" (N) HD	Local Programs	CBS Undercover Boss (N)	Limitless: "Page 44" (N) HD	Limitless: "Personality" (N) HD	Local Programs	Dateline NBC HD	
<b>CABLE</b>	A&E Hoarders (TVPG) (N) HD	Hoarders: "Judy" (N) HD	Hoarders (TVPG) (N) HD	Nightwatch (TV14) HD	Hoarders (TVPG) (N) HD	AMC Rocky III (79, PG)★★★	Sylvester Stallone, Talia Shire	Rocky II (79, PG)★★★	Sylvester Stallone, Talia Shire		
<b>ANIMAL</b>	North Woods Law (N) HD	Finding Bigfoot: "Squatch Wars" (TVPG) (N) HD	(07) Finding Bigfoot: "Squatch Wars" (TVPG) (N) HD	BET Payne HD	Payne HD	Payne HD	Payne HD	Payne HD	Inspirat. HD		
<b>BRAVO</b>	Real Housewives (N)	Newlyweds: The First Year (N) HD	Watch What Happens (TV14)	Housewives (TV14)	(01) Newlyweds (TV14)	CARTOON King of Hill	Cleveland	Skull Challenge HD	Tower Heist (11, PG-13)★★½	Ben Stiller, Eddie Murphy	Jamie Foxx
<b>CMT</b>	Skull Challenge HD	Skull Challenge HD	Blindsided ISIS	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Jeff Dunham (TV14)	Jeff Dunham (TV14)	Alaska: Last (N) HD	Alaskan Bush People: "Return to Bush" (N) HD	Alaska: Last (TVPG) (N) HD	
<b>CNN</b>	Steve Jobs: The Man in the Machine	Blindsided ISIS	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	DISCOVERY Alaska: Last (N) HD	Alaskan Bush People: "Return to Bush" (N) HD	Alaska: Last (TVPG) (N) HD	
<b>COMEDY</b>	Jeff Dunham (TV14) HD	Jeff Dunham (TV14) HD	Dunham Unhinged (TV14) HD	Jeff Dunham (TV14) HD	Jeff Dunham (TV14) HD	DISCOVERY Alaska: Last (N) HD	Alaskan Bush People: "Return to Bush" (N) HD	Alaska: Last (TVPG) (N) HD	Alaskan Bush People: "Return to Bush" (N) HD		
<b>DISNEY</b>	Austin HD	Austin HD	Austin HD	Austin HD	Austin HD	Austin HD	Austin HD	DISNEY Austin HD	Austin HD	Austin HD	
<b>E!</b>	Kardashians (TV14) HD	Kardashians (TV14) HD	The Royals (N) HD	The Royals (N) HD	The Royals (N) HD	ESPN SportsCenter HD	SportsCenter HD	ESPN2 30 for 30 HD	60 HD	ESPN FC HD	
<b>ESP2</b>	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	SportsCenter HD	FAMILY Forrest Gump (94) HD	The Notebook (04, PG-13)★★★	Ryan Gosling, James Garner	
<b>FOOD</b>	Guy's Grocery Games	Worst Cooks (N) HD	Cutthroat Kitchen (N) HD	Cutthroat Kitchen (N) HD	Worst Cooks (TV G) HD	FX Man of Steel (13, PG-13)★★½	Henry Cavill, Amy Adams	HGTV Hunt (N) HD	Hunt (N) HD	Life (N) HD	
<b>HGTV</b>	Hunt (N) HD	Life (N) HD	Life (N) HD	Life (N) HD	Life (N) HD	HISTORY Ax Men: Logged (N) HD	Ax Men (TV14) (N) HD	Oak Island (TVPG) (N) HD	Smartest	Smartest	
<b>LIFETIME</b>	Don't Wake Mommy (15, NR) HD	Bad Sister (15, NR) HD	(02) Don't Wake Mommy (15, NR) HD	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous		
<b>MTV</b>	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous	Ridiculous		
<b>NICK</b>	Game Shakers (TV G)	Full House	Full House	Full House	Full House	Friends	Friends	Friends	Friends		
<b>SPIKE</b>	(6:00) Saving Private Ryan (98, R) Tom Hanks	Gran Torino (09, R)★★★½	Clint Eastwood, Christopher Carley	Man of Steel (13, PG-13)★★½	Henry Cavill	SYFY Men in Black II (02) HD	Galaxy Quest (99, PG)★★★	Tim Allen, Sigourney Weaver	The Fifth Element (97, PG-13) HD		
<b>TBS</b>	Big Bang	Big Bang	Big Bang	Big Bang	Big Bang	Bad Boys II (03, R)★★★	Martin Lawrence	TCM Broadcast News (87)	(15) The Unholy Three (25, NR)★★½	Lon Chaney	
<b>TLC</b>	LI Medium	LI Medium	LI Medium	LI Medium	LI Medium	LI Medium	LI Medium	TNT The Sorcerer's Apprentice (10, PG)★★½	Nicolas Cage		
<b>TRAVEL</b>	Legends (TVPG) (N) HD	Smithsonian (N) HD	Mysteries (TVPG) (N) HD	Mysteries (TVPG) (N) HD	Smithsonian (N) HD	USA Reba HD	Reba HD	Raymond	Raymond		
<b>TV LAND</b>	Reba HD	Reba HD	Raymond	Raymond	Raymond	Raymond	Raymond	TV LAND NCIS: "Toxic" (N) HD	NCIS: "Legend, Part 1" (N) HD	NCIS: "Legend, Part 2" (N) HD	
<b>VH1</b>	8 Mile (02, R)★★★	Eminem	Love & Hip Hop HD	Love & Hip Hop HD	Love & Hip Hop HD	Love & Hip Hop HD	Love & Hip Hop HD	WGN Exit Wounds (01, R)★★½	Steven Seagal, DMX		
<b>PREM</b>	Marigold Hotel (15) HD	Far From the Madding Crowd (15, PG-13)★★★	Proof of Life (00, R)★★½	Russell Crowe	HBOW Banshee (TVMA) HD	Banshee (TVMA) HD	The Marine (06, PG-13) John Cena	(50) Invisible Centerfolds (15) HD	SHOW Shameless (TVMA) HD	Shameless (TVMA) HD	Shameless (TVMA) HD

## MONDAY EVENING

### JANUARY 4, 2016

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC The Bachelor (TVPG) (N) HD	Bachelor Live (N) HD	Local	Jimmy Kimmel Live HD	Nightline	CBS Supergirl (TVPG) (N) HD	Scorpion (TV14) (N) HD	NCIS: Los Angeles (N) HD	Local	Late Show (TV14) HD
<b>CABLE</b>	A&E The First 48: Drugs Kill	The First 48: Drugs Kill	(01) Cartel Land (15, R) Dr. Jose Mireles	The First 48: Drugs Kill	AMC Rocky III (79, PG)★★★	Sylvester Stallone, Talia Shire	Rocky III (82, PG)★★★	Sylvester Stallone, Talia Shire		
<b>ANIMAL</b>	Yukon Men (TVPG) (N) HD	Yukon Men (TVPG) (N) HD	Yukon Men (TVPG) (N) HD	Yukon Men (TVPG) (N) HD	Yukon Men (TVPG) (N) HD	BET B.A.P.S. (N) HD	Martin	Martin	Martin	Martin
<b>BRAVO</b>	Vanderpump Rules	Vanderpump Rules (N) HD	Untying the Knot (N) HD	Watch What Happens (TV14)	Vanderpump Rules	CARTOON Adventure	Regular	King of Hill (Cleveland)	Rick Morty	Dad HD
<b>CMT</b>	Last Man Standing	Last Man Standing	Stand by Me (86, R)★★★½	Will Wheaton	Pickler HD	CNN Anderson Cooper 360°	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	
<b>CNN</b>	Anderson Cooper 360°	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	CNN Newsroom (N) HD	
<b>COMEDY</b>	South Park	South Park	Archer	Archer	South Park	South Park	South Park	South Park	South Park	
<b>DISCOVERY</b>	Fast N' Loud (N) HD	Fast N' Loud (N) HD	Diesel Brothers (N) HD	Fast N' Loud (TV14) HD	(05) Diesel Brothers HD	DISNEY Zapped (14, NR) Zendaya	Mickey	Best HD	Austin HD	
<b>DISNEY</b>	Zapped (14, NR) Zendaya	Mickey	Best HD	Austin HD	Kardashians (TV14) HD	Kardashians (TV14) HD	E! News (N) HD	ESPN SportsCenter HD	SportsCenter HD	
<b>ESP2</b>	SportsCenter HD	SportsCenter HD	NFL Primetime HD	SportsCenter HD	NFL Primetime HD	ESPN2 Basketball	NFL Live HD	NBA HD	SportsCenter HD	
<b>FAMILY</b>	The Notebook (04) HD	The Lucky One (12, PG-13)★★★	Zac Efron	The 700 Club (TV G) HD	The Middle	FOOD Kids Baking (N) HD	Diners, Drive-Ins HD	Guilty (N) HD	Top 5 (N) HD	
<b>FX</b>	The Purge (13, R)★★½	Ethan Hawke	The Purge (13, R)★★½	Ethan Hawke	Love It or List It (N) HD	Love It or List It (N) HD	Hunters	Hunters	Hunters	
<b>HGTV</b>	Love It or List It (N) HD	Love It or List It (N) HD	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	Hunters	
<b>HISTORY</b>	Nostradamus 21 HD	The Seven New Signs of the Apocalypse (N) HD	(03) Nostradamus 21st Century (TV14) HD	Biography (TVPG) (N) HD	(02) Movie	MTV Teen Mom (TVPG) (N) HD	Teen Mom (TVPG) (N) HD	Teen Mom (N) HD	Teen Mom (N) HD	
<b>LIFETIME</b>	Movie	Biography (TVPG) (N) HD	(02) Movie	Teen Mom (TVPG) (N) HD	Teen Mom (TVPG) (N) HD	Teen Mom (N) HD	Teen Mom (N) HD	Teen Mom (N) HD	Teen Mom (N) HD	
<b>NICK</b>	Henry	Nicky	Full House	Full House	Full House	Full House	Friends	Friends	Friends	
<b>SPIKE</b>	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	Cops HD	
<b>SYFY</b>	Galaxy Quest (99)★★★	Blade: Trinity (04, R)★★½	Wesley Snipes, Jessica Biel	John Carpenter's Vampires (98)★★	TBS Family Guy	Family Guy	Dad HD	Dad HD	Big Bang	
<b>TBS</b>	Family Guy	Family Guy	Dad HD	Dad HD	Big Bang	Big Bang	Conan (TV14) HD	Conan (TV14) HD	Broke Girls	
<b>TCM</b>	Behold a Pale Horse (64, NR)★★★	Gregory Peck	The Angel Wore Red (60, NR)★★½	Ava Gardner	The Spanish Earth (37)	TLC 48 Hours: Hard (N) HD	48 Hours: Hard (N) HD	48 Hours: Hard (N) HD	48 Hours: Hard (N) HD	
<b>TNT</b>	Resident Evil (02, R)★★	Milla Jovovich	Resident Evil: Apocalypse (04, R)★★	Law & Order (TV14) HD	TRAVEL Rev Runs	Rev Runs	Bizarre Foods (TVPG)	Bizarre Foods (TVPG)	America	
<b>TRAVEL</b>	Rev Runs	Rev Runs	Bizarre Foods (TVPG)	Bizarre Foods (TVPG)	America	America	Bizarre Foods (TVPG)	Bizarre Foods (TVPG)	America	
<b>TV LAND</b>	Facts Life	Facts Life	Raymond	Raymond	Raymond	Raymond	Queens	Queens	Queens	
<b>USA</b>	WWF Monday Night Raw (Live) HD	The Breaks (99, R)★★½	Mitch Mullany	Love & Hip Hop HD	The Breaks (99, R)★★	WGN (6:30) Batman (89)★★	How I Met... How I Met	Parks HD	Parks HD	
<b>VH1</b>	Love & Hip Hop (N) HD	The Breaks (99, R)★★½	Mitch Mullany	Love & Hip Hop HD	The Breaks (99, R)★★	How I Met... How I Met	Parks HD	Parks HD	Parks HD	
<b>WGN</b>	Exit Wounds (01, R)★★½	Steven Seagal, DMX	How I Met... How I Met	Parks HD	Parks HD	Parks HD	HBOW Marigold Hotel (15) HD	Brendan Gleeson	(45) Milk (08, R)★★★½	
<b>PREM</b>	Marigold Hotel (15) HD	Brendan Gleeson								

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This is not a sales seminar. It is a 20-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

### FREE LUNCHEON SEMINARS

#### Sierra Hills Memorial Park

5757 Greenback Lane, Sacramento, CA 95841  
RSVP: (916)732-2020 or on-line at www.EastLawn.com

**Wed, January 27 @ 11:30 a.m.**  
**Wed, March 23 @ 11:30 a.m.**

#### East Lawn Memorial Park & Crematory

4300 Folsom Blvd., Sacramento, CA 95819  
RSVP: (916)732-2000 or on-line at www.EastLawn.com

**Friday, February 5 @ 11:30 a.m.**  
**Friday, April 8 @ 11:30 a.m.**

#### Andrews & Greilich Funeral Home

3939 Fruitridge Road, Sacramento, CA 95820  
RSVP: (916)732-2026 or on-line at www.EastLawn.com

This presentation will be in English and Spanish  
**Wed, February 17 @ 11:30 a.m.**  
**Wed, April 13 @ 11:30 a.m.**

Sierra Hills Memorial Park & East Lawn Mortuary  
5757 Greenback Lane, Sacramento, CA 95841  
Tel: (916) 732-2020 Lic#FD-1242 | RSVP: Jessica at jessicae@eastlawn.com

FD#136

[www.EastLawn.com](http://www.EastLawn.com)

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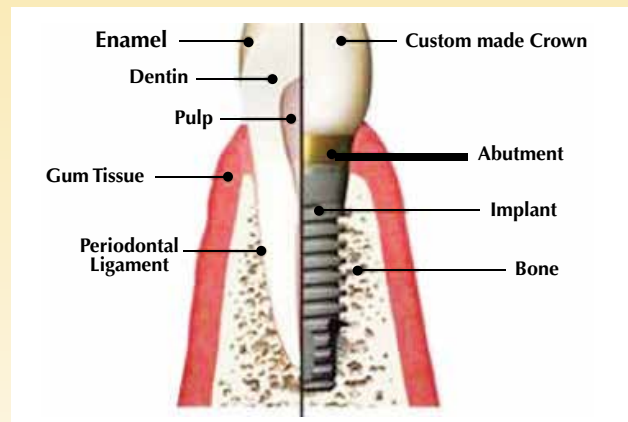
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