



## Pipeline to Prosperity

Page 14

## Remembering a Community Pillar

Page 4



# Carmichael Times

Volume 35 • Issue 51

Serving Carmichael and Sacramento County since 1981

December 18, 2015

### SPCA HOSTS SANTA PAWS



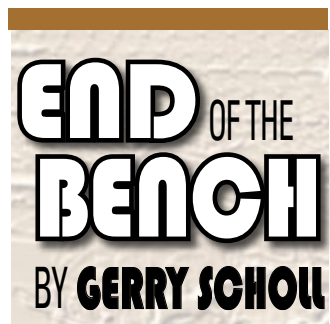
Page 5

### A WALK IN THE WOODS RELEASED ON DVD



Page 8

### "GO! BEARS!" "GO! GAELS!"



Page 12

## Rolling Out the Barrel

### First Milagro Centre Tenants Move-In



Developer Allan Davis (center) joins River City Brewing Company owners Beth Ayers-Biro and Steve Cuneo in prepping for their move to the Milagro Centre, Carmichael.

Story and photo by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Davis's import of glamorous eating places to central Carmichael has begun in earnest: River City Brewing Company is one of two businesses slated to open at Milagro soon after the new year; a 250-seater banquet room will be ready to host events by late February; and a mall-launching

celebration is scheduled for March.

In June, falling business and an unrenounceable lease obliged Beth Ayres Biro and partner Steve Cuneo to move their 23-year-old brewhouse eaterie from Sacramento's K Street Mall.

"Starting a restaurant anywhere," attested Ayres-Biro, "is a leap of faith."

The co-owner added, however, that "it helps to have a landlord who seems almost

like a partner. Allan Davis [the Milagro Centre developer] is hands-on. If we run into problems, he's concerned. He's not all about the rent, he wants to do something important for the community."

Partners since 2006, these owners have another reason to support the Milagro (Spanish for miracle) Centre. They are both Carmichael residents: Cuneo (57) strolls

Continued on page 4

### Senator Gaines Continues Efforts on Common-Sense Drone, Public Safety, Privacy Legislation

**SACRAMENTO REGION, CA (MPG)** - Senator Ted Gaines (R-El Dorado) announced plans to introduce a package of six urgently needed and important bills that will protect citizens, property, and emergency responders from drone interference.

"Privacy and public safety issues, including today's heightened threat of terrorism, are among the most important policy issues facing Californians," said Senator Gaines. "We must protect the public's right to privacy and more importantly, their safety, from inappropriate drone use. I attempted to address this new reality with several drone-related bills last session and I vow to continue tackling this problem that impacts the lives of all Californians."



**Senator Ted Gaines (R-El Dorado) announced plans to introduce a package of six urgently needed and important bills that will protect citizens, property, and emergency responders from drone interference.** Photo courtesy of Wikimedia

Last session, Senator Gaines introduced a series of drone bills that received unanimous, bi-partisan support from the legislature; however, they were vetoed by Governor Brown. Senator Gaines will be reintroducing those bills as part of his drone-related legislative package, in addition to several others, including the following:

- Drones over Emergency Zones—Increases the fines for drone interference with firefighting and emergency response activities.
- Drones and Immunity for Emergency Responders—Grants civil immunity to any emergency responder who damages a drone in the course of firefighting, air ambulance, or search-and-rescue operations.
- Drones over Schools—Bans drones from flying over public schools grades K-12, while school is in session.
- Drones over Prisons—Prohibits drones from flying over prisons and delivering contraband.
- Drones over Critical Infrastructure—Restricts drones from flying over critical infrastructure.
- Drone Stalking—Disallows an individual from using drones to violate a restraining order.

"The problem of drone interference will likely be far worse this coming year because one million new drones are expected to be given as holiday gifts," said Senator Gaines. "Drone operators need to understand all air safety laws and use common sense. But if they ignore the law and expose everyone to direct and unnecessary risk, they should be punished. My package of bills will do just that."

Source: Senator Ted Gaines' Office

## RT Holiday Bus Tradition Continues

Story by Rick Sloan

**SACRAMENTO REGION, CA (MPG)** - In 1994 the marketing staff of Regional Transit (RT) asked me if I could design and carry out the completion of an RT Holiday Bus. Being the energetic young artist that I was, I said "sure." Little did I realize at that time that this artistic endeavor would be asked upon me for the next 21 years.

In November of this year, I completed my 22nd RT Holiday Bus. On the 14th of November, RT employees and their families celebrated the start of the holiday season by taking part in RT's Annual Holiday Bus Painting Party. This year more than 80 RT



This year more than 80 RT artists used a "paint-by-numbers" technique to bring the decorative 40-foot Holiday Bus to life. Photo by Rick Sloan



On the 14th of November, RT employees and their families celebrated the start of the holiday season by taking part in RT's Annual Holiday Bus Painting Party. Photo by Rick Sloan

artists used a "paint-by-numbers" technique to bring the decorative 40-foot bus to life.

In 2012 I retired from RT, where I spent 23 years as a part of the creative force that made up the RT marketing department. Every November since, RT has hired me back in order to keep the tradition alive. During this month I help supervise and apply my talents guiding participants in painting the candy canes, snowmen, teddy bears, poinsettias, and other fanciful holiday creations that covered the entire bus. Even though this was the 22nd RT Holiday Bus I created, I approached it with the same enthusiasm as the first.

I'm so appreciative to RT for continuing this great experience. This event has evolved into a tradition that includes family and friends. It's been a pleasure to see how my own family and the children of RT employees have grown in the last 22 years. The kids and parents that take part in this special event really feel a great sense of pride when they witness the bus driving down the road like a giant greeting card.

The Holiday Bus serves as a way to thank passengers who use the RT system and to give back to the community as a whole. Free to passengers, the Holiday Bus will be operating on different routes in the Sacramento region through Jan. 3rd, 2016. The schedule can be found by visiting [www.sacrt.com/holidaybus15.stm](http://www.sacrt.com/holidaybus15.stm). Once inside, passengers listen to festive holiday music and view on display several holiday themed posters painted by some of the younger children.

In lieu of fare, monetary donations and non-perishable food items will be collected on the bus to benefit the River City Food Bank, a non-profit organization that provides emergency food and housing assistance in Sacramento County. For more information about the food bank visit [www.rivercityfoodbank.org](http://www.rivercityfoodbank.org). ★



Rick and Noah Sloan working on the Holiday Bus, which serves as a way to thank passengers who use the RT system and to give back to the community as a whole. Photo by Michael Young of the RT marketing department



Scan our QR Code for a direct link to our online edition!

PRESORTED STD.  
US POSTAGE  
PAID  
PERMIT 350  
Carmichael, CA

Change Service Requested

**Triple Play!**

1. Guaranteed Delivery of the Carmichael Times
2. Guaranteed Delivery of The Sunday Sacramento Bee
3. And One Free Car Wash from QUICK OUAACK Car Wash

Get a great deal on this 6 month subscription for only: **\$25.00**

See inside for details



# Andrew's Furniture HOLIDAY SALE!!!

 <p><b>Storage Base!</b></p> <p>5pc Pub Dining Set <b>\$459</b> Oval pub chairs in cherry finish. Cappuccino also available.</p>	 <p><b>Sturdy Chairs!</b></p> <p>5pc Pub Dining Set <b>\$299</b> 42" square pub dining table with 4 pub chairs in espresso finish.</p>	 <p><b>HOT BUY!</b></p> <p>5pc Dinette Set <b>\$199</b> Faux Marble Top Table (30"Wx48"L) with 4 chairs.</p>
 <p><b>Mattress Set Included!</b></p> <p>Faux Leather Queen Bed <b>\$369</b> Queen promo mattress set included.</p>	 <p><b>Storage Drawers!</b></p> <p>Ogletown TF Bunk Bed <b>\$549</b> Wood Twin / Full bunk bed with 2 under storage drawers. Mattresses included.</p>	 <p><b>Mattresses Included!</b></p> <p>White Twin Bunk Bed <b>\$399</b> White finish Twin Bunk Beds. Mattresses included.</p>
 <p><b>4 Pc Sleigh Bedroom Set</b> 4pc set includes T/F/Queen bed, night stand, dresser &amp; mirror. <b>\$549</b></p>	 <p><b>Glider Recliner Chair</b> <b>\$188</b></p>	 <p><b>Mattresses Included!</b></p> <p>Captain Bed w/Trundle &amp; Drawers <b>\$499</b> Captain Bed w/Trundle &amp; Drawers Also Available in Black and White. Two promo mattresses included.</p>
 <p><b>Queen 4 Pc Bedroom Set</b> 4pc set includes: Queen bed, dresser, mirror and nightstand. Mattress sold separately. <b>\$699</b></p>	 <p><b>Ottoman Included!</b></p> <p>2pc Sectional Chaise <b>\$599</b> Brown microfiber &amp; Faux Leather two-tone sectional chaise.</p>	 <p><b>HOT Special!</b></p> <p>Klik Klak Futon <b>\$195</b> Espresso faux leather futon.</p>

**STARTER MATTRESS & BOX SPRING SET PROMO!!!** TWIN **\$139** FULL **\$179** QUEEN **\$199** KING **\$299**

**2951 Arden Way Sacramento, CA 95825 916-482-5102**

**7811 Lichen Dr. Citrus Heights CA 916-728-5101** (In Relays Shopping Center)

**www.AFSacramento.com**

# Homelessness Is



Upon discovering the suburbs, transients have learned that many of our fellow residents are generous people and we've all seen this—as residents give money to panhandlers at intersections.

Story by Supervisor Susan Peters

**CARMICHAEL, CA (MPG)** - The subject of homelessness forces all of us to wrestle with the need to be compassionate and caring for others but at the same time balance the need to feel safe and secure in our neighborhoods and places of business.

Recently the Carmichael Chamber of Commerce hosted a panel discussion on homelessness. I don't think anyone who attended and listened to what was said could conclude there is a simple solution to this social dilemma impacting

all communities. The problem is complex, much of it is caused by the recent recession and economic downturn that contributed to home foreclosures and unemployment—plus, there have been changes to our criminal justice system that add to the problem.

Prisoner realignment, imposed by the State of California, has shifted sentencing of criminals from state prisons to county jails to relieve prison overcrowding. This shift means less space in county jails for those convicted of lower criminal offenses, pushing

lower-level criminals onto the streets. Additionally, the public recently passed Prop 47, which decriminalized some crimes and means that many individuals who would otherwise be in jail, are not.

Why are we seeing transients in our neighborhoods and along our commercial corridors? As a sheriff's deputy told me, "The homeless have discovered the suburbs."

When panhandling became more visible, the county passed an ordinance to restrict it. That resulted in the county being sued by the American Civil Liberties Union (The ACLU). That lawsuit was



**ESKATON**  
Transforming the Aging Experience

**Call today!**  
**Limited openings.**

## Eskaton Village Carmichael

If you are ready for more freedom, but want more than month-to-month rental ... If you want spacious apartment or cottage living and the assurance of staying in your community should your health needs change ... If you want luxury, comfort and service in a gated retirement community at a price that's more affordable than you might think ... Come for a visit soon.

Take in our beautiful 37-acre campus with bocce ball court, putting green, multiple gardens and state-of-the-art fitness center with indoor pool and spa. Imagine your life with so many exciting opportunities right outside your door.

Your community. Your life. **Your choice.**

*Pick up the phone or go online for more!*

[eskaton.org](http://eskaton.org)

**Eskaton Village Carmichael**  
Continuing Care Community (CCRC):  
Independent Living with Services, Assisted Living, Memory Care and Skilled Nursing  
3939 Walnut Avenue Carmichael, CA 95608  
916-967-1017

License #340313383 / COA #202





# a Complex Issue

settled but, overall, efforts by local government to address unwelcomed transient behavior continue to be challenged in the courts.

Sacramento County, for example, was sued for enforcing illegal camping on public property. That resulted in a legal settlement that requires the Sheriff to give 48-hour notice to illegal campers. This has become a game of cat-and-mouse chasing these individuals and restarting the notice process over and over. Individuals are constantly being rediscovered by sheriff deputies in the creek beds in our neighborhoods or by park rangers in the parkway.

The county also has individuals camping in their vehicles, on our public streets. The City of Los Angeles passed an ordinance to ban this but the Federal Ninth Circuit Court of Appeals ruled against it. More recently, the U.S. Department of Justice argued against the City of Boise which had prohibited people from sleeping outdoors, charging that municipality with criminalizing homeless people and saying it constituted cruel and unusual punishment as a violation of their constitutional rights.

Being homeless is not illegal and we cannot make it a crime. Instead, Sacramento County is placing emphasis on trying to get transients into services so they can get off the streets. But this has its own challenge. You cannot compel someone to get help (including treatment for mental illness) unless the person is a danger to themselves or others.

To get these individuals the help they need and to help relieve the burden they impose upon our neighborhoods, an effort is underway to have trained social workers interact with the homeless population and try to convince them to

utilize services. This effort is being led by Sacramento Steps Forward, a lead non-profit agency working to address homelessness in Carmichael and elsewhere, and the sheriff's department.

Upon discovering the suburbs, transients have learned that many of our fellow residents are generous people and we've all seen this—as residents give money to panhandlers at intersections. Unfortunately, there's no guarantee that money is being used for food as opposed to drugs and alcohol. There are other types of generosity, too. I was talking to a business owner who told me she didn't encourage transients loitering on her property but she did freely admit that she provided food for their dogs. Later she seemed surprised as she discovered more individuals hanging around the back of her property.

Some transients have seen our suburban business areas as easy pickings because buildings have unsecured electric outlets and faucets as well as unlocked dumpsters. At night it is not uncommon for transients to charge their cell-phones, use the water, and scavenge. If a business offers free WIFI, transients will gather after hours and likely leave a mess for the business to clean up the next morning.

Vacant and unmonitored buildings (there are many absentee owned properties in Carmichael) can be targets for loitering, or, worse, being broken into by squatters. Private property owners bear responsibility. Neither the sheriff nor code enforcement can serve as someone's property manager. The sheriff cannot arbitrarily remove someone off private property unless the owner asserts there is trespassing. Properties need to be posted

with appropriate notices. Code enforcement will work with property owners if their property becomes blighted but citations will follow if a property owner is recalcitrant. If you know of such problem locations they need to be reported, you can do that by calling 311.

Not only does local government face legal challenges as it works to address unwelcome behavior by transients, there is debate occurring at the state legislature. Two years ago a San Francisco Assemblyman introduced the Homeless Persons Bill of Rights and Fairness Act which would have usurped local authority by prohibiting law enforcement from arresting persons for violating local ordinances. This year a state senator from Southern California introduced The Right to Rest Act, which the California League of Cities said would allow the homeless to camp in a public office building, on a sidewalk in front of a business, in a shopping mall, or on a bus for as long as they wished because law enforcement would be barred from issuing citations. Fortunately, neither bill has been enacted but it nevertheless illustrates, again, the differing viewpoints on the issue of homelessness.

For those of you who attended the chamber discussion you probably came to the conclusion, as I have, that there is no easy answer or solution. Though unsettling, the presence of transients does not define Carmichael. By working together, monitoring and protecting one's property, and channeling human compassion into services rather than a cash hand-out, I think we can work toward positive results. ★

Look for Advertised Sale Items Everyweek at [www.petclubstores.com](http://www.petclubstores.com) **PET CLUB is excited to Offer: Blue Buffalo, California Natural, Chicken Soup, Earth Born, Evo, InnoVa, Diamond Naturals, Pinnacle, Taste of the Wild, & Royal Canin Pet Foods**

**PET CLUB**  
FOOD AND SUPPLIES

**EVERYDAY LOW PRICES**  
Super Discount Prices • Hot Specials & Coupons  
(Not for use on other promotions, for members only. No Membership Fees)

2344 Sunrise Blvd. Rancho Cordova, CA  
916-635-5008

We Only Accept ATM, Cash, & Checks M-F 9-8, SAT 9-7, SUN 10-7 Effective 12/16/15 - 12/22/15

**COUPON**

**FREE PURE NESS PET BOWL**  
Sm. Size #00201 or #000A1 with any purchase of pet, fish food or supply. Limit 1. 99¢ Value. PUU 338 CT  
Limit: 1 Coupon Per Family Effective 12/16/15 - 12/22/15

**COUPON**

**\$250 OFF**  
ANY PURCHASE OF \$7.00 OR MORE OF PET OR FISH SUPPLIES (Excluding Pet Food or Litter) Cannot be used in conjunction with similar dollar or percentage off coupons & advertised sale items. Limit 1. PUU 331 CT  
Limit: 1 Coupon Per Family Effective 12/16/15 - 12/22/15

<p><b>TASTE OF THE WILD GRAIN FREE DRY DOG FOOD</b> •Wetlands •Sierra Mountains 30 Lb Bag •Pacific Salmon •High Prairie</p> <p><b>\$39<sup>99</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>	<p><b>IAMS DRY DOG FOOD</b> 26 - 30 Lb Bag Only •Lamb Meal &amp; Rice •Weight Control •Mini-Chunk •Lrg Breed Adult</p> <p>Limit 2 Bags Per Family <b>\$25<sup>99</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>	<p><b>DIAMOND NATURALS DRY DOG FOOD</b> 40 Lb Bag •Chicken •Lamb •Beef •Senior 35 Lb •Light 30Lb</p> <p>Large Breed <b>\$29<sup>99</sup></b> Large Breed Lamb <b>\$31<sup>99</sup></b> Ex-Athlete <b>\$36<sup>99</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>	<p><b>IAMS DRY CAT FOOD</b> •Original •Weight Control •Hairball •Indoor/Weight/Hairball</p> <p>16 - 17 Lb Bag Limit 2 Bags <b>\$19<sup>99</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>
<p><b>9 LIVES CANNED CAT FOOD</b> 5.5 Oz All Varieties</p> <p>Limit 1 Case Per Family <b>35¢</b></p> <p>Effective 12/16/15 - 12/22/15</p>	<p><b>FANCY FEAST GOURMET CANNED CAT FOOD</b> All Varieties 3 Oz</p> <p>Limit 2 Cases Per Family <b>20/\$11<sup>00</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>	<p><b>PURINA CAT CHOW DRY CAT FOOD</b> •Regular •Indoor 16 Lb Bag</p> <p>Limit 2 Bags Per Family <b>\$11<sup>99</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>	<p><b>SCOOPAWAY CLUMPING CAT LITTER</b> 20 Lb Box •Multi-Cat •Unscented (Fresh Step Scoop, 20 Lb Box - \$6.99)</p> <p>Limit 2 Boxes Per Family <b>\$5<sup>49</sup></b></p> <p>Effective 12/16/15 - 12/22/15</p>

<p><b>PURINA PRO-PLAN CANNED DOG FOOD SALE</b> Limit 2 Dog Food Cases Grain Free \$1.29 13 Oz <b>99¢</b> Cat Food 3 Oz <b>63¢</b></p>	<p><b>WELLNESS CANNED DOG FOOD 15% OFF</b> Natural 12.5 Oz Can, Limit 2 Cases Full Case (Reg Price - Reg. \$2.39 Stew \$2.49 Core \$2.49) <b>OUR REGULAR LOW PRICES</b></p>	<p><b>WORLD'S BEST CAT LITTER</b> 14 Lbs Limit 2 Bags <b>\$11<sup>99</sup></b> Original <b>\$12<sup>99</sup></b> Extra Strength</p>
<p><b>PEDIGREE DRY DOG FOOD</b> •Adult •Large Breed Adult (36 Lb \$21.99) 46 Lb Bag Limit 2 Bags Per Family <b>\$23<sup>99</sup></b></p>	<p><b>PRECIOUS CAT CLUMPING CAT LITTER</b> 18 Lb Bag Limit 2 Bags Per Family <b>\$5<sup>99</sup></b></p>	<p><b>MERRICK'S PURRFECT BISTRO NATURAL CANNED CAT FOOD</b> 5.5 Oz Grain Free Limit 1 Case <b>ON SALE</b></p>
<p><b>MEOW MIX DRY CAT FOOD</b> •Original Choice 16 Lb Bag Limit 2 Bags Per Family <b>\$10<sup>99</sup></b></p>	<p><b>JONNY CAT PREMIUM CAT LITTER</b> 10 Lb Bag Limit 2 Bags Per Family <b>\$1<sup>79</sup></b></p>	<p><b>MEOW MIX CAT FOOD</b> Market Select 2.75 Oz Cup Limit 1 Case <b>49¢</b></p>
<p><b>WILDERNESS DRY CAT FOOD AS MARKED \$5 OFF</b> •Chicken •Salmon •Duck •Indoor •Weight Control 100% Grain Free 11-12 Lb Bag Limit 2 Bags <b>OUR REGULAR LOW PRICES</b></p>	<p><b>CAT'S PRIDE FRESH &amp; LIGHT PREMIUM CLUMPING CAT LITTER</b> 15 Lb Jug Limit 2 Jugs <b>5<sup>99</sup></b></p>	<p><b>NUTRO ULTRA DRY DOG FOOD</b> •Nature's Very Best Ingredients •Adult •Large Breed Adult 30 Lb Bag (Small Breed Adult Ultra 15 Lb \$25.99) <b>\$37<sup>99</sup></b></p>

<p><b>CASUAL PET BEDDING PRODUCTS</b> •Loungers •Orthopedic Beds •Cat Beds <b>20% OFF OUR SUPER LOW PRICES</b> ALL VARIETIES EXCEPT: PILLOW BED (Small) - \$18.99 ORTHOPEDIC MAT 30"x 40" - \$23.99 PILLOW BED (Large) - \$23.99</p>	<p><b>MARINELAND POWER FILTER SALE</b> MODEL TANK SIZE PET CLUB SALE PENGUIN 100B ..... 20 Gal. .... <b>\$19.99</b> PENGUIN 150B ..... 30 Gal. .... <b>\$27.99</b> PENGUIN 200B ..... 50 Gal. .... <b>\$33.99</b> PENGUIN 350B ..... 75 Gal. .... <b>\$45.99</b></p>
<p><b>RED BARN NATURAL DOG TREATS 20% OFF</b> •Bully Treats •Filler Bones •Bully Nuggets •All Varieties except Mammeth Bone \$6.99 <b>OUR SUPER LOW PRICES</b></p>	<p><b>CHRISTMAS STOCKINGS AND HOLIDAY ITEMS 20% OFF</b> •Spot •Valley •Kong All Varieties <b>OUR SUPER LOW PRICES</b></p>
<p><b>KONG PRODUCTS 20% OFF</b> •Classic •Dental •Air Dog •Chews •Wubba •Stuffed •Treats •Soft Toys All Varieties <b>OUR SUPER LOW PRICES</b></p>	<p><b>MULTI-PET SOFT DOG TOYS 20% OFF</b> All Varieties <b>OUR SUPER LOW PRICES</b></p>

<p><b>BONUS COUPON</b> <b>FANCY FEAST ELEGANT MEDLEY CANNED CAT FOOD</b> Selected Varieties - 3 Oz Limit 4 Cans with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 12/16/15 - 12/22/15 <b>59¢</b> CT PUU 568</p>	<p><b>BONUS COUPON</b> <b>GREENIES DOG TREATS</b> Chevy Texture Easy to Digest •Teenies 22 Ct •Petite 10 Ct •Regular 6 Ct •Large Act 6 oz Pkg. Limit 2 Pkgs with Coupon Limit One Coupon Per Family Price Valid Only With Coupon. Effective 12/16/15 - 12/22/15 <b>\$4<sup>99</sup></b> CT PUU 355</p>	<p><b>BONUS COUPON</b> <b>ARM &amp; HAMMER CAT LITTER DEODORIZER</b> 20 Oz Box Limit 2 Boxes with Coupon Limit One Coupon Per Family Price Valid Only With Coupon Effective 12/16/15 - 12/22/15 <b>\$1<sup>49</sup></b> CT PUU 422</p>
--	--	--

## ELKHORN FAMILY DENTAL

CHRISTOPHER PHEN, D.D.S.

**IMPLANT SPECIAL**  
IMPLANT, ABUTMENT & CROWN...  
INCLUDES DIGITAL, X-RAY + DENTAL EXAM

**\$2275** Regular Price \$4550  
Can not be Combined With Any Other Offer.

**ONE VISIT CROWN**

**CEREC TECHNOLOGY**  
STATE OF THE ART TECHNOLOGY  
**ONE VISIT DENTISTRY**

NEW PATIENTS & EMERGENCIES WELCOME  
We Accept Most Insurances

5315 Elkhorn Blvd.  
Sacramento, CA 95842 (In the Safeway Shopping Center)  
**(916) 344-5553** Se Habla Español  
[www.ElkhornFamilyDental.net](http://www.ElkhornFamilyDental.net)  
HOURS: Mon-Thurs 9am-6pm • Friday by Appointment

**COMPLETE DENTAL EXAM**

**DIGITAL X-RAY for EACH FAMILY MEMBER**

**\$49** Regular Value \$270  
Can not be Combined With Any Other Offer.

NEW PATIENTS ONLY

**NO INSURANCE? JOIN OUR CARE CLUB**

LIKE US ON FACEBOOK

**Bringing You Home**  
Your Carmichael Realtor for over 27 years  
**(916) 425-5884**

## CURRENT LISTINGS

6001 Palm Dr Carmichael  
3/4 bdrm, 2ba, 2045 sqft.,  
Finished Basement 2 Car Garage

5322 Kenneth Ave. Carmichael  
Clean Home on a Large .287 lot  
Great for 1st Time Buyers or Investors

4291 Alton Ct., Sacramento  
5075sqft., .48 Acre cul-de-sac lot  
Near Ashton Park

Craig has assisted us in closing four residential real estate deals over the past several years. We truly appreciate the time spent with us beforehand listening to our wants and understanding the nature of our needs. As Craig has said many times, it's what he does; however, not everyone takes the time to give clients such comfort.

—Larry Chavez

Share your heart.  
Share your home.  
Become a **Mentor** today.

California MENTOR's Family Home Agency is seeking adult foster families with a spare bedroom to support an individual with special needs. Receive up to \$3,800 a month and ongoing support.

Information Sessions held:

Tuesdays at 11 a.m. and 7801 Folsom Blvd. | Suite 375  
Thursdays at 4 p.m. Sacramento | CA 95826

We provide education, multiple supports, monitoring and the opportunity to work independently from home.

Contact a Recruiter today at (916) 383-9785 ext.15  
[www.MentorsWanted.com](http://www.MentorsWanted.com)

### RECENT PROPERTIES SOLD BY CRAIG DIEZ TEAM

6319 Palm Dr Carmichael, CA 95608	\$389500	6310 Tina Ct Carmichael, CA 95608	\$227000
4726 Salem Carmichael, CA 95608	\$510000	2101 Eric Rd Carmichael, CA 95608	\$245000
6919 Los Olivos Way Carmichael, CA 95608	\$429000	4834 Wiedman Way Carmichael, CA 95608	\$225000
6306 Date Palm Way Carmichael, CA 95608	\$520000	6237 Palm dr Carmichael, CA 95608	\$475000
6226 Casita Ave Carmichael, CA 95608	\$365900	2618 Knabe Ct Carmichael, CA 95608	\$245000
6065 Winding Way Carmichael, CA 95608	\$273500	7138 Lincoln Ave Carmichael, CA 95608	\$465000
6133 Via Casitas Ave Carmichael, CA 95608	\$174000	5312 Flagstone St Carmichael, CA 95608	\$185000
5317 Angelina Ave Carmichael, CA 95608	\$318000	616 Voleyn St Carmichael, CA 95608	\$230000
6451 Rexford Way Carmichael, CA 95608	\$277500	4313 Rustic Rd Carmichael, CA 95608	\$380000
6848 Goot Way Carmichael, CA 95608	\$375000	25 River Bluff Ln Carmichael, CA 95608	\$540000
5640 El Camino Ave Carmichael, CA 95608	\$550000	6935 Lincoln Creek Cir Carmichael, CA 95608	\$419000
2701 Doris Ct, Carmichael, CA 95608	\$290000	2608 Los Feliz Way Carmichael, CA 95608	\$365000
5401 Gibbons Dr Carmichael, CA 95608	\$290000	4108 Geysler Ln Carmichael, CA 95608	\$429000

RESIDENTIAL BROKERAGE

CRAIG DIEZ TEAM

Craig Diez

Mike Giancanelli

7144 Fair Oaks Blvd., Suite #7  
Carmichael, CA 95608  
(916) 425-5884  
[cdiez@cbnorcal.com](mailto:cdiez@cbnorcal.com)



# Remembering a Community Pillar

Story and photos by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - For Carmichael's oldest family, the recent Dec. 7th Pearl Harbor anniversary recalled more than a day of infamy. A man of military and community action, patriarch Russell Deterding, was born on that day. As the day passed, Deterding's large clan celebrated his life that ended in August.

"We called and emailed each other and shared stories about dad," said his first daughter, Donna Deterding. "We miss him but we know he's with our mom, now. They loved each other from the minute they met; now they're loving each other in heaven."

In war, Russell Deterding survived wounds while leading men into battle. In peace, he led parishioners at the church he helped build. He captained non-profits with the kindly hand that guided his family. At his death at 85, he was one of the few people who cherished memories of his grandmother, Carmichael pioneer Mary Deterding.



Russell Deterding shows a portrait of his legendary grandmother, pioneer Mary Deterding. The businessman and community leader died in August.

Now a part of the American River Parkway, Mary's San Juan Meadows Farm was still supplying Sacramento markets in Russ Deterding's youth. He recalled Mary's house near San Lorenzo Drive: "It was small and basic," he said. "As a boy I used a hand pump in grandmother's kitchen to get a glass of water. She fended for herself and had a tough time."



Photographed in 2011, Russell Deterding and his wife Lou Ann (seated) joined their seven children on the former Deterding acres in Ancil Hoffman Park.

Separated from husband Charles, Mary was a towering sponsor of Carmichael development in the early 1900s. Her son Dick and his wife Josephine raised Russell. From a brick and timber house that still graces lower Palm Drive, young Russ set off to Christian Brothers and Sacramento High schools. His graduation from business studies at St Mary's College (Moraga) coincided with the first year of the Korean War. At age 21 he became a US Marine. Returning to Carmichael in the prosperous 1950s, Captain Deterding married his childhood sweetheart, Lou Anne Compton. The prolific couple would produce seven children.

First joining his father's plumbing and air-conditioning supply business, Russell later launched a similar venture of his own. He diversified into building, development and real estate. Along the way, the businessman reinforced family traditions of community service. He led Sacramento's elite Sutter Club and the Camellia Festival Association. He chaired

the Sutter Hospital Research Foundation and the Sacramento Children's Receiving Home board. He was a tireless booster for Red Cross and Rotary organizations. Devoutly Catholic until death, he undertook regency of St Mary's College and helped establish Jesuit High School and Our Lady of Assumption Parish—both in Carmichael.

"He and mom drove to mass every morning before work," recalled daughter Donna Deterding. "Later, when they moved closer to O.L.A., dad walked there."

Opening church doors with his own key, he was first to the altar every day. His old friend Monsignor James Kidder reported: "Russ was certainly a man of faith. As sacristan, he prepared bread and wine for mass. He was good to priests; we enjoyed his hospitality and sense of humor. He'd say I was his best friend. Then he'd give a list of previous 'best friends' who had died."

His offspring inherited a legacy of

Deterding pride. Early ancestors crossed the Sierra in ox-drawn wagons. They established farms and a roadhouse in the area now called Rancho Cordova. They built hospitals, universities, bridges, churches, water districts, and communities. All over Sacramento monuments and plaques immortalize these pillars. Modest, quiet-spoken Russell Deterding is the latest distinguished scion. "Whenever I spent time with him," attested a family friend, "I went away determined to take a higher road. Russell nourished the best in everybody."

His only great-grandson—one of Carmichael's famous McNulty quadruplets—is named Russell.

"It's a name to be proud of," said grandmother Donna Deterding. "We were blessed with incredible parents. None of us had better inspiration than my father. He lived by his trust in God and by serving to others. Since he died, so many people have told me how he changed their lives." ★

## Water-Wise Tips for the Holidays

**CARMICHAEL, CA (MPG)** - What's the best way to conserve water this holiday season? Consider these tips from Sacramento Suburban Water District. They're easy and can help make a big difference in reducing water use over the winter months.

**1) Let Your Sprinkler Have a Holiday**  
Turn off your sprinklers this winter season and leave them off until spring. With winter's cooler and shorter days, as well as the anticipated rains, your yard won't need much or any supplemental watering.

**2) Help Your Guests Conserve**  
Will you have a houseful of guests this holiday season? Create a five-minute reel of holiday music they can play while in the shower. When the music ends, the shower should, too.

Some holiday themed songs to consider for your playlist: Frosty the Snowman, Jingle Bell Rock, Santa Baby, White Christmas, Winter Wonderland, and Grandma Got Run Over by a Reindeer are all under five minutes long.

You can also put a friendly, little note on the mirror reminding them to turn off the water when brushing their teeth or shaving.


**3) Scrape the Plates**  
Serving up a big holiday meal? Clean off dirty plates by scraping food into the trash or compost bin instead of using the garbage disposal.


And remember to put your dishwasher to good use. Every minute the kitchen faucet runs sends 2.5 gallons of water down the drain. Instead of washing dishes by hand, use your dishwasher instead. You'll have more time for wrapping presents or enjoying a glass of eggnog.

**4) Collect Water from the Shower or Sink**  
The water you collect can be used to provide water for Fido, or to make sure your trees and plants stay green. SSWD has handy shower buckets available.

**5) Give the Gift of Water Conservation**  
Looking for the perfect gift for that special someone in your life? Consider giving them a high-efficiency showerhead, water-efficient toilet or weather-based irrigation controller. Look for products with the WaterSense label, which are certified to be high-performing and water-efficient.

Source: SSWD ★






Happy Holidays

To all our Family, Friends, and Neighbors

**MISSION OAKS COMMUNITY CENTER**  
972-0336 • morpd.com



Happy New Year!

**Tuesday December 29**  
**1:15pm -3:45pm**  
**\$8 / Person**

- Ballon drop
- Refreshments
- Live Music

Bring your dancing shoes!

Ring in the New Year with us!

**MISSION OAKS RECREATION & PARK DISTRICT**  
Office Hours: 8 am-5 pm  
Registration Hours:  
8:30 a.m.-4:00 p.m. Monday-Friday  
[www.morpd.com](http://www.morpd.com)

**DISTRICT OFFICE**  
(916) 488-2910 • Fax (916) 488-4349  
3344 Mission Ave., Carmichael, CA 95608

**MISSION OAKS COMMUNITY CENTER**  
(916) 972-0336 • Fax (916) 972-7371  
4701 Gibbons Dr., Carmichael, CA 95608

**SWANSTON COMMUNITY CENTER**  
(916) 333-6464 • Fax (916) 488-4349  
2350 Northrop Ave., Sacramento, CA 95825

## Rolling Out the Barrel

Continued from page 1

200-yards to work at the center that rose in achingly slow stages from a neglected Fair Oaks Boulevard mall. He and his partner hope Carmichael will eventually raise mainstream standards level with Milagros's multi-million dollar bar. Along with indoor/outdoor seating for 180, their eaterie alone brings 40 new jobs to the area.

Already blessed with a foodie following, the Brewing Company will offer hand-crafted beers and American-style farm-to-fork cuisine.

The Brewing Company is one of two businesses slated to occupy Milagro before the new year. More restaurants—plus gelato, coffee, and pizza

purveyors—will join them in 2016.

"We investigated other downtown spots," recalls Ayers-Biro (38). "We looked at East and West Sacramento and Rancho Cordova. We didn't consider Carmichael until we saw what Allan was doing at Milagro. We're happy to be part of the change it brings for this area: people will have downtown-style restaurants in their own back yard."

The brewers' immediate neighbor, an upmarket Mexican eaterie called Mesa Mercado, may even beat Ayers-Biro and Cuneo to the barrel.

"We love having a variety of restaurants in one place," approved Cuneo. "Allan is

completing his late wife Nancy's dream. We have amazing street visibility—we never had that downtown. We share beautiful design, gorgeous landscaping, and free parking for our guests. We've met all the other vendors. We're not in competition; we have the same goal."

Milagro owner Allan Davis is already salivating. Mesa Mercado and River City Brewing, he said, exemplify what's in store for Milagro patrons.

"They're classy but casual," he said. "They and the other restaurants will make Carmichael an exciting destination for all Sacramento."

Learn about the Milagro center at [www.milagrocentre.com](http://www.milagrocentre.com). ★

Carols & Candle Light

Thursday

Dec. 24<sup>th</sup> - 5:00PM

American River Community Church  
3300 Walnut Ave., Carmichael

info@arconline.org www.arconline.org 916-483-3465

THANK A VETERAN TODAY



# Sacramento County DA Reports

*Recent cases of interest*



**CASE:** Lonnie Glenn Schmidt

**PROSECUTOR:** Deputy District Attorney Dean Archibald, Real Estate Fraud Unit

Seventy-one-year-old Lonnie Glenn Schmidt was convicted by jury of 30 felony real estate fraud charges involving foreclosure consultant fraud, recording false documents, unauthorized use of personal identifying information, second-degree burglary, perjury, grand theft, and attempted grand theft. The jury also found true out-on-bail, white-collar crime, and property loss enhancements.

Between 2009 and 2013, Schmidt falsely promised homeowners facing foreclosure that he would save their homes by eliminating their mortgage. Desperate to believe Schmidt's promises, homeowners who signed up for his program gave Schmidt control over their properties. Schmidt then tried to use those properties as collateral for personal loans or tried to sell them outright for his own profit – all the while charging the victims "rent" to continue living in what had been their own homes.

Schmidt has four prior 1990 federal felony convictions for a tax scam involving conspiracy to impair and impede the IRS, witness tampering, aiding and abetting witness tampering, and conspiracy.

Schmidt faces a sentence of more than 20 years in prison. Sentencing is set for January 8, 2016, at 1:30 p.m. in Department 14 before the Honorable Donald Currier.

This case was investigated and prosecuted by the Sacramento County District Attorney's Real Estate Fraud Unit.

**CASE:** Ernest Polk

**PROSECUTOR:** Deputy District Attorney Kristen Ilharreguy, Targeting Armed Recidivist Gang Enforcement Team (TARGET)

The Honorable Lawrence Brown sentenced 27-year-old Ernest Polk to 7 years, 8 months in prison. On November 13, 2015, a jury convicted Polk of being a felon in possession of a firearm, and possession of heroin and methamphetamine for sale while armed with a firearm. The jury also found true allegations that Polk committed the offenses for

the benefit of a criminal street gang.

On March 24, 2015, Polk attempted to discard a loaded firearm when he was contacted by law enforcement. After Polk was arrested, he was searched at the jail where officers found heroin and methamphetamine on him.

Polk, a member within the East Side Piru criminal street gang, was on felony probation at the time of this offense for being a felon in possession of a firearm.

**CASE:** Waylon Douglas Pitchford & Jayson William Weaver

**PROSECUTOR:** Deputy District Attorney A.J. Pongratz, Prison Crimes Unit

Thirty-eight-year-old Waylon Pitchford and 38-year-old Jayson Weaver have been charged for the murder of 71-year-old Hugo Pinell. Both face the special circumstance of having previous murder convictions, and Weaver faces the allegation he used a deadly weapon. Pitchford and Weaver have also been charged with assault by a life prisoner. Weaver faces a third charge of custodial possession of a weapon.

Hugo Pinell was an inmate along with Pitchford and Weaver at the California State Prison – Sacramento. On August 12, 2015, Pitchford and Weaver assaulted Pinell with an inmate manufactured weapon. Weaver stabbed Pinell 19 times while Pitchford held Pinell down. Pinell was unconscious when he arrived in the infirmary. Despite attempts to save his life, he died from his injuries. This attack provoked a fight involving as many as 70 inmates.

Pitchford has a 2013 pending case for stabbing another inmate with an inmate manufactured weapon. He has a prior 2003 murder conviction in Tehama County, and a 2012 assault by a state prisoner with a deadly weapon conviction in Sacramento County.

Weaver has a prior 1994 murder conviction in San Diego County, and a 2006 assault by a life prisoner with a deadly weapon conviction in Sacramento County.

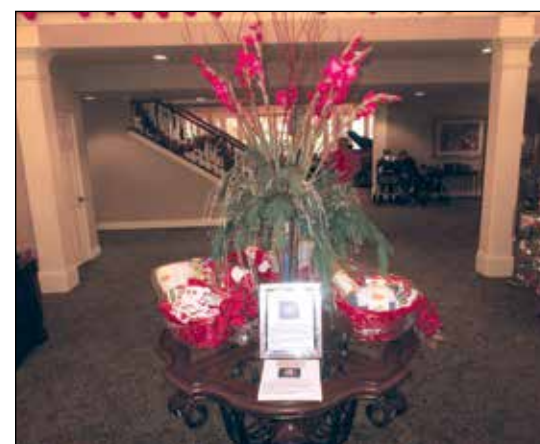
Arrestment for both defendants is scheduled for March 11, 2016, at 10:00 a.m. by video conference in Department 9 of the Sacramento Superior Court. ★

# SPCA Hosts Santa Paws



**CARMICHAEL, CA (MPG)** - Aegis of Carmichael hosted an event on Dec. 8th benefiting the SPCA: Santa Paws!! Four baskets were raffled off that included items for dogs and cats. There was live entertainment by Jim Martinez, festive holiday cookies, hot cocoa, and friendly dogs on hand. Residents and guests had a wonderful time meeting the furry guests and donating to such a worthy cause.

Source: Aegis of Carmichael ★



**This holiday season, gift your parents with the care they need to stay where they want most: at home.**

Learn how Home Care Assistance can make the holidays less stressful and more enjoyable for you and your loved ones.

- We are the leaders in contract-free home care services, ranging from short-term to 24/7 live-in care.
- We provide high quality, bonded and insured caregivers, who are experienced in care for older adults.
- Our caregivers help with meal preparation, personal care, transportation and more.
- Our founders wrote the books *Handbook of Live-In Care* and *Happy to 102*, please come pick up your free copy.

**Call to get started with your free assessment.**  
**916-485-4663 | HomeCareAssistanceCarmichael.com**  
 4005 Manzanita Ave, #5, Carmichael, CA 95608



**(916) 338-7156**

## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimbursement



## Special Offer: CEMETERY PROPERTY

No Opening & Closing Fees on Advance of Need Property

### EAST LAWN Memorial Park & Crematory

4300 Folsom Blvd.,  
 Sacramento, CA 95819  
 Tel 916.732.2000

### EAST LAWN Sierra Hills Memorial Park & East Lawn Mortuary

5757 Greenback Lane,  
 Sacramento, CA 95841  
 Tel 916.732.2020  
 Lic. #FD-1242

### EAST LAWN Elk Grove Memorial Park & Mortuary

9189 E. Stockton Blvd.,  
 Elk Grove, CA 95624  
 Tel 916.732.2031  
 Lic. #FD-1455



Each time a memorial space is physically opened or closed, families are charged a fee for the labor. From Black Friday through 12/31/2015, East Lawn will waive this fee on all purchases that are for advance of need. This is up to a \$795 per person value\*.

**We offer:**

**Full Graves**

**Mausoleum Crypts**

**Cremation Spaces**

**Bring this ad to receive this special offer!**

\* Offer good from 11/27/15 through 12/31/15 on pre-need property only.



[www.EastLawn.com](http://www.EastLawn.com)



Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterbirths. Choose adoptive family of your choice. Call 247. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial - a free medical research study for post-menopausal women. Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-8019 or email elizabeth@cnpa.com (Cal-SCAN)

Antiques/Collectibles Wanted

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

I buy old Porsche's 911, 356, 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. Call 707-965-9546 or email porsche-classics@yahoo.com (Cal-SCAN)

Wrist Watches, Pocket Watches, Costume Jewelry Cash Paid and will pick up Call (916) 991-7850 or (916) 607-7890 (MPG 12-31-15)

Autos Wanted

CASH FOR CARS



We Buy Any Car, Truck or Van, Running or Not. Sacramento Auto Transport 916.612.2998

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

Donate Your Car to Veterans Today! Help and Support our Veterans in need. Fast - FREE pick up. 100% tax deductible. Call 1-888-830-6173. (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

Cable/Satellite TV

Dish Network - Get MORE for LESS! Starting \$19.99/month (for 12 months) PLUS Bundle & SAVE (Fast Internet for \$15 more/month) CALL Now 1-800-357-0810. (Cal-SCAN)

DIRECTV Starting at \$19.99/mo. FREE Installation, FREE 3 months of HBO SHOWTIME CINEMAX, STARZ. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Select Packages) New Customers Only. CALL 1-800-385-9017 (Cal-SCAN)

Cemetery / Funeral

Crypt 40, Tier 4 Carmel East, \$9,000, East Lawn Feb 40 Memorial Park, quiet location, beautiful marble, low price, Sacramento, CA. Please contact between 8am-5pm (916) 410-0662 (MPG 11-20-15)

Niche, glass front, Sierra Hills - East Lawn on Greenback Lane \$2,600 (916) 944-1548. (MPG 12-31-15)

Child Care

Child care and Pre-school, with a lot of TLC. Kindergarten readiness, structure learning, activities, and field trips. Please call Ms. Linda (916) 879-3519 (MPG 12-25-15)

Computer Service

VERNON'S COMPUTER SERVICE Any Computer - Any Service 24hrs/7days-Low Prices! 916-339-3738 (MPG 12-31-15)

Electrical Services

RETIRED MASTER ELECTRICIAN, problem solver! 30 yrs experience, senior discounts. Save big - don't replace panel - rebuild it. Lic.# 513168, 916-595-3052 (MPG 12-31-15)

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

Sell your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-673-5926 (Cal-SCAN)

FIREWOOD SEASONED/SPLIT P/CORD-Walnut: \$215; Euc: \$250; Oak: \$295. 1/2 Cords avail. Delivery Rates: \$25-\$65 Call Lori 916-704-1709

Health & Medical

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-796-5091 (Cal-SCAN)

Stop OVERPAYING for your prescriptions! Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and FREE Shipping. 1-800-273-0209 (Cal-SCAN)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517 E Street for donations-10-4pm (MPG)

Help Wanted

Housekeeper in Watt and Marconi area needed for 4-5 hrs per week. Please call JJ at 916 481-5558. (MPG 12-18-15)

ATTN: Drivers - \$2K Sign-On Bonus! Love Your Truck, Love Your Job! 401K + Great Benefits. Avg \$1100 Weekly. CDL-A Req - (877) 258-8782 www.drive4melton.com (Cal-SCAN)

Help Wanted / Drivers

Drivers: Local, Home Nightly! Sacramento Flat-bed Openings. Great Pay, Benefits! CDL-A, 1yr Exp. Req. Estenson Logistics Apply www.goelc.com 1-855-561-7645 (12-31-15)

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

Landscaping

CREATE YOUR PARADISE



Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial

American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company

WE ACCEPT VISA & MASTER CARD (916)612-0776 Lic#690968

Medical Supplies / Equipment

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

CPAP/BIPAP supplies at little or no cost from Allied Medical Supply Network! Fresh supplies delivered right to your door. Insurance may cover all costs. 800-421-4309. (Cal-SCAN)

Life Alert. 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 800-714-1609. (Cal-SCAN)

Moving Services

STEADY MOVES You rent the truck... we will make sure it is loaded/ unloaded PROFESSIONALLY! (Lic#322945) 916-206-3183. Email msmith2661@comcast.net (MPG 12-18-15)

Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddiebballbert1@yahoo.com. 530-263-6926 (MPG 12-31-15)

Personals

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

Pets/Animals

DOG RESCUE Gary (916) 334-2841 Please Adopt or Foster Because so many really great dogs are dying for a good home... ShelterMOU@hotmail.com

Pet Sitting

Professional, Loving PET CARE Established Reputation Kennel Free Environment Lots of TLC

Call Madeline (916) 723-1608

Plumbing

FRANK'S PLUMBING LOCAL 25 YRS EXP SEWER & DRAIN CLEANING \$89.00 LOW COST! REPAIRS & INSTALLS \*Faucets \*Disposals \*Toilets \*Water Heaters "FREE ESTIMATES" SENIOR DISCOUNTS 916-988-1525 Lic#613102

Sprinkler Repair Water Conservation Tech. 30 year Journeyman Plumber Sprinkler repairs valves/ Sprinkler clocks-Drip Systems-Plumbing Email: water.conservation916@yahoo.com Call Mike (904) 515-8715 (MPG 11-27-15)

Tractor Work

TALL WEEDS, blackberries cut, dirt moving, discing, trenching, rototill, bobcat backhoe. Dave #571637 916-988-3283 (MPG 12-31-15)

Tree Service

BP TREE SERVICES TREE & STUMP REMOVAL TREE TRIMMING/ SHAPING FREE ESTIMATE 10% OFF WITH THIS AD Insured. Workman's comp. Arborist 916-722-6321 bptreeservices.com VISA / MASTER CARD California Contractors Lic #831766

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$30 PER BOX! We buy One Touch and most brands. For FAST LOCAL PICK-UP please call Rachel (916) 505-4673 (MPG 10-03-15)



Wrist Watches, Pocket Watches, Costume Jewelry Cash Paid and will pick up Call (916) 991-7850 or (916) 607-7890 (MPG 12-31-15)

Work Wanted

Caregiver/Companion, live-in or hourly. Lots of experience, please call 916-612-8029 (12-18-15)

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job too small. Health and Security background. References. College grad. Tim 916-334-8903, 503-460-7149. (MPG 12-31-15)

Yoga

Your Fitness Genie Making Your Fitness Goals Come True! 15 Years of Experience • Weight Loss • Injury Recovery • Senior Fitness • Yoga • Pilates Safe, Effective, Functional Resistance Training Be Active, Call Today! Jenn@YourFitnessGenie.com (916)768-8767

FRANCHISE OPPORTUNITIES

Anago The Superior Choice For Commercial Cleaning

- Own your own business
• Leave your day time job
• Work a few hours at night
• Local support, training, and financing
• Guaranteed accounts
• Attain \$1k - \$2.5k in monthly revenue
• As low as \$1000 down

Ranked top 100 fastest growing franchises in America - Entrepreneur Magazine

Anago of Sacramento 916.782.3300 www.ANAGOSAC.COM

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week! MPG CALL 773-1111

Crossword Puzzle on Page 12. Grid with words like HATCH, OHM, MUMS, OVOLO, BEE, NISEI, GOGOL, EST, ESSEX, SNOWDAY, RESORT, NIL, FORT, CFC, NATO, ALSACE, ORAL, MULE, ENDON, CONE, OBITS, ODDS, ONTAP, EACH, WEEK, ATONED, GHEE, DRY, ROBE, EL, GRINCH, SNOWMAN, BASSO, ANI, PEACE, LIVID, JUG, ELLIS, TAPS, INN, SLEDS



Sudoku Puzzle on Page 12

9x9 grid for a Sudoku puzzle.

NOTICE TO READERS California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www.cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their advertisements that they are not licensed by the Contractors State License Board. DISCLAIMER Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

BEST JOB IN THE WORLD

Funeral Professionals Wanted. A variety of part-time positions available with flexible hours. Equal Opportunity Employer. For Solutions See Page 9. Apply in person at 5757 Greenback Lane, Sacramento, CA 95841 or email your resume to: mikes@eastlawn.com

CALL A PROFESSIONAL Business & Service Directory

LANDSCAPE SERVICES Superior Landscape Services Landscaping and Maintenance • Sprinkler Repair/Install • Pruning • Mowing/Trimming • Fertilizing (916) 728-5812 • Cell (916) 761-0999 Dave Cochran Owner • dave\_SLS@surewest.net

COMMERCIAL JANITORIAL SERVICES FRANCHISE OPPORTUNITIES AVAILABLE Anago Commercial Janitorial Service OF SACRAMENTO The Superior Choice for Commercial Cleaning Call to schedule your FREE Quote 916.782.3300 • www.ANAGOSAC.COM

HOME OWNERSHIP 1st Time Home Buyer?? Me out Charles Vines Broker Associate (916) 216-9349 DRE# 01789423 Scan QR Code to see YouTube Video

PARALEGAL SERVICES Living Trust • Living Will Includes: Trust, Will, Powers of Attorney, Family Residence Deed Single \$450 • Couple \$495 Call Lynda K. Knight (916) 214-1215 1337 Howe Ave. Suite 103, Sacramento

CUSTOM CABINETS Everwood Custom Cabinets Custom built to your specifications by Charles Ferguson. over 30 years experience Contactors License No. 446488 C-6 (916) 455-1225 www.everwoodcabinets.com

COMPUTER SERVICES Zinsky's PC Configurations "Don't replace it - REPAIR IT!" Custom Desktop Computer Configurations • PC Repair • Home Wireless Networking • Installations • Viri & Spyware Eradication Alan Zinsky Phone: 916-622-2269 Zconfig@sbcglobal.net Bus. Lic. # 305312 • B. E. A. R. Reg. #84416 www.zinskyspcrepair.com

DRUG AND ALCOHOL REHABILITATION CLEAN & SOBER LIVING CSTL, Inc. HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM! 18 YEARS IN BUSINESS! DETOX (916) 965-3386 SOBER LIVING (916) 961-2691

HOUSE CLEANING SERVICES Sparkle Clean Agency Communication just as important as great cleaning Serving greater Sac since 1987 • Professional cleaners • Detail oriented • Floor cleaning on hands and knees • Move ins/outs Call for FREE estimates 916-483-2009 annspkcln@gmail.com residentialcleaningsacramento.com

FAMILY LAW BARBARA PEYTON & ASSOCIATES Family Law Attorney 916.488.2701 Divorce Domestic Partner Cases Custody & Support Serving Sacramento for over 30 years PeytonFamilyLaw.com

CONCRETE LANDSCAPE SERVICE All concrete finishes including stamp, salt, sand, broom, expose aggregate 11151 TRADE CENTER DRIVE SUITE 204 RANCHO CORDOVA, CA 95670 Ron Davis Bus Development Ofc (916) 688-1550 Cel (707) 280-5545 Fax (916) 682-1884 Insured & Bonded concretelandscapeservices.com



Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising
P.O. Box 14
Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08744 ISERVEU RESTAURANT
MANAGEMENT SERVICES LLC, 4644 Madison
Avenue Sacramento, CA 95841 is doing business under
the Fictitious Business Name(s) "Chick-fil-A at Madison
Avenue, Chick-fil-A at 1808 Madison Avenue" at 4644
Madison Avenue Sacramento, CA 95841. Filed with
the Clerk of Sacramento County November 12, 2015.
Publish: November 27, December 4, 11, and 18, 2015
CHICK 151122 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08705 Erin Melvin, 5428 Vichy Circle
Antelope, CA 95843 is doing business under the
Fictitious Business Name(s) "Pink Beauty Bride" at
5428 Vichy Circle Antelope, CA 95843. Filed with the
Clerk of Sacramento County November 10, 2015.
Publish: December 4, 11, 18, and 25, 2015
PINK 151124 12-25-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09130 Donald Fuller, 15 Village
Green Drive Sacramento, CA 95838 is doing
business under the Fictitious Business Name(s)
"Adam's Meat Shop" at 850 E. Bidwell Street
Suite #145 Folsom, CA 95630. Filed with the
Clerk of Sacramento County November 23, 2015.
Publish: December 4, 11, 18, and 25, 2015
ADAMS 151124 12-25-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09390 Simon Wong and Candice Lee,
7786 Sleepy River Way Sacramento, CA 95831
is doing business under the Fictitious Business
Name(s) "Big Bowl Chinese and Fusion" at 9679
Folsom Boulevard Sacramento, CA 95827. Filed with
the Clerk of Sacramento County December 9, 2015.
Publish: December 18, 25, 2015 January 1, and 8, 2016
BIGBOWL 151211 01-08-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09267 David Kuzmenko, 5907 Ashworth
Way Carmichael, 95608 is doing business under the
Fictitious Business Name(s) "David's Carpet Care" at
5907 Ashworth Way Carmichael, CA 95608. Filed with
the Clerk of Sacramento County December 4, 2015.
Publish: December 18, 25, 2015 January 1, and 8, 2016
DAVIDS 151211 01-08-16

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186842
WHEREAS, FNU Shamsah and FNU Samira have
filed a petition with this court for a decree changing the
name(s) of FNU Shamsah to Shamsah Sahil, FNU
Sarniari to Samira Sahil, and Denise Sahil to Angiza Sahil.
IT IS ORDERED that all persons interested in the
above entitled matter appear before this court at
2:00 p.m. on February 4, 2016, in Department 53,
located at 800 Ninth Street, Third Floor, Sacramento,
CA 95814, and show cause, if any, why the petition
for Change of Name should not be granted.
Dated: November 18, 2015
David I. Brown, Judge of the Superior Court
Publish: November 27, December 4, 11, and 18, 2015
SAHIL 151119 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08823 Lisa Fletcher, 540 Saddleback
Drive Marysville, CA 95901 is doing business
under the Fictitious Business Name(s) "Fletcher's
Landscape & Maintenance Co" at 7340 Rio Linda
Boulevard Rio Linda, CA 95673. Filed with the
Clerk of Sacramento County November 16, 2015.
Publish: November 27, December 4, 11, and 18, 2015
FLETCH 151102 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08823 Lisa Fletcher, 540 Saddleback
Drive Marysville, CA 95901 is doing business
under the Fictitious Business Name(s) "Fletcher's
Landscape & Maintenance Co" at 7340 Rio Linda
Boulevard Rio Linda, CA 95673. Filed with the
Clerk of Sacramento County November 16, 2015.
Publish: November 27, December 4, 11, and 18, 2015
FLETCH 151102 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09227 Gregory J. Buckingham,
1006 Tanzania Drive Roseville, CA 95661 is
doing business under the Fictitious Business
Name(s) "Document Works" at 201 Lathrop
Way #H Sacramento, CA 95815. Filed with the
Clerk of Sacramento County December 3, 2015.
Publish: December 11, 18, 25, 2015 and January 1, 2016
DOCUMENT 151204 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09227 Gregory J. Buckingham,
1006 Tanzania Drive Roseville, CA 95661 is
doing business under the Fictitious Business
Name(s) "Document Works" at 201 Lathrop
Way #H Sacramento, CA 95815. Filed with the
Clerk of Sacramento County December 3, 2015.
Publish: December 11, 18, 25, 2015 and January 1, 2016
DOCUMENT 151204 01-01-16

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186834
WHEREAS, FNU Shams has filed a petition
with this court for a decree changing the name(s) of
FNU Shams to Shams Youssifzai.
IT IS ORDERED that all persons interested in the
above entitled matter appear before this court at
9:00 a.m. on February 5, 2016, in Department 54,
located at 800 Ninth Street, Third Floor, Sacramento,
CA 95814, and show cause, if any, why the petition
for Change of Name should not be granted.
Dated: October 29, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18, and 25, 2015
YOUSIFZAI 151119 12-18-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186836
WHEREAS, FNU Shams has filed a petition
with this court for a decree changing the name(s) of
FNU Shams to Shams Youssifzai.
IT IS ORDERED that all persons interested in the
above entitled matter appear before this court at
9:00 a.m. on February 5, 2016, in Department 54,
located at 800 Ninth Street, Third Floor, Sacramento,
CA 95814, and show cause, if any, why the petition
for Change of Name should not be granted.
Dated: October 29, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18, and 25, 2015
YOUSIFZAI 151119 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08823 Lisa Fletcher, 540 Saddleback
Drive Marysville, CA 95901 is doing business
under the Fictitious Business Name(s) "Fletcher's
Landscape & Maintenance Co" at 7340 Rio Linda
Boulevard Rio Linda, CA 95673. Filed with the
Clerk of Sacramento County November 16, 2015.
Publish: November 27, December 4, 11, and 18, 2015
FLETCH 151102 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08823 Lisa Fletcher, 540 Saddleback
Drive Marysville, CA 95901 is doing business
under the Fictitious Business Name(s) "Fletcher's
Landscape & Maintenance Co" at 7340 Rio Linda
Boulevard Rio Linda, CA 95673. Filed with the
Clerk of Sacramento County November 16, 2015.
Publish: November 27, December 4, 11, and 18, 2015
FLETCH 151102 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09227 Gregory J. Buckingham,
1006 Tanzania Drive Roseville, CA 95661 is
doing business under the Fictitious Business
Name(s) "Document Works" at 201 Lathrop
Way #H Sacramento, CA 95815. Filed with the
Clerk of Sacramento County December 3, 2015.
Publish: December 11, 18, 25, 2015 and January 1, 2016
DOCUMENT 151204 01-01-16

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-09227 Gregory J. Buckingham,
1006 Tanzania Drive Roseville, CA 95661 is
doing business under the Fictitious Business
Name(s) "Document Works" at 201 Lathrop
Way #H Sacramento, CA 95815. Filed with the
Clerk of Sacramento County December 3, 2015.
Publish: December 11, 18, 25, 2015 and January 1, 2016
DOCUMENT 151204 01-01-16

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186838
WHEREAS, FNU Shams has filed a petition
with this court for a decree changing the name(s) of
FNU Shams to Shams Youssifzai.
IT IS ORDERED that all persons interested in the
above entitled matter appear before this court at
9:00 a.m. on February 5, 2016, in Department 54,
located at 800 Ninth Street, Third Floor, Sacramento,
CA 95814, and show cause, if any, why the petition
for Change of Name should not be granted.
Dated: October 29, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18, and 25, 2015
YOUSIFZAI 151119 12-18-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186840
WHEREAS, FNU Shams has filed a petition
with this court for a decree changing the name(s) of
FNU Shams to Shams Youssifzai.
IT IS ORDERED that all persons interested in the
above entitled matter appear before this court at
9:00 a.m. on February 5, 2016, in Department 54,
located at 800 Ninth Street, Third Floor, Sacramento,
CA 95814, and show cause, if any, why the petition
for Change of Name should not be granted.
Dated: October 29, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: December 4, 11, 18, and 25, 2015
YOUSIFZAI 151119 12-18-15





**ARIES** (March 21 to April 19) At this time you might want to resist that otherwise admirable Aries penchant for getting to the heart of a matter quickly. Keep in mind that a delicate situation calls for patience.

**TAURUS** (April 20 to May 20) Your aspects favor more diplomacy and fewer direct confrontations when dealing with a relationship problem. Avoiding hurt feelings can help in your search for the truth.

**GEMINI** (May 21 to June 20) Positive aspects are strong this week. Although you might still have to deal with some problems caused by a recent period of turmoil, you are making progress, and that's what counts.

**CANCER** (June 21 to July 22) A family matter could benefit from your counsel. But don't come into it unless invited, and don't stay if you feel uneasy. Just remember to reassure one and all that you'll be there for them.

**LEO** (July 23 to August 22) As the truth about an ongoing situation emerges, you could find that you were right to defer judgment before you had all the facts. Now would be a good time to move on to other matters.

**VIRGO** (August 23 to September 22) Your plans to take

control of a personal situation because you feel you are best qualified could create resentment. Best to hear what everyone else involved in the matter has to say about it.

**LIBRA** (September 23 to October 22) Uncovering some surprising background facts about that ongoing personal matter could make you reconsider the extent of your involvement. A neutral family member offers advice.

**SCORPIO** (October 23 to November 21) Religious or spiritual themes start to dominate your aspect this week. This can serve as a counterweight to the mounting effects of the season's growing commercialization.

**SAGITTARIUS** (November 22 to December 21) Taking on that recent challenge impressed a lot of important decision-makers. Meanwhile, proceed with your holiday plans, and don't forget to include you-know-who in them.

**CAPRICORN** (December 22 to January 19) Disagreeing with an opinion you can't accept could be dicey, and your motives might be questioned. Best to wait to mount a challenge until you have support for your position.

**AQUARIUS** (January 20 to February 18) Getting involved in helping others in this increasingly hectic period not only makes the generous Aquarian feel good, but you could also gain a more substantive benefit

from your actions.

**PISCES** (February 19 to March 20) The Piscean way of thinking clearly and objectively helps you resolve a complex situation without creating any ill will. Don't be surprised if your counsel is requested on another matter.

**BORN THIS WEEK:** You have a way of persuading people to look at the positive possibilities that make up any choices they might face.

(c) 2015 King Features Synd., Inc



Historians say that on April 4, 1968, Rev. Martin Luther King Jr. participated in a pillow fight in the Lorraine Motel in Memphis, Tennessee. This wouldn't be noteworthy, of course, except for the fact that he was assassinated at the motel that same evening.

In November of this year, a bulldog named Otto set a Guinness World Record. In the city of Lima, Peru, Otto rode a skateboard through the legs of 30 people, setting a new record for skateboarding through the longest human tunnel.

### top ten MOST RELIGIOUS STATES

1. Mississippi
2. Utah
3. Alabama
4. Louisiana
5. South Carolina
6. Tennessee
7. Georgia
8. Arkansas
9. North Carolina
10. Oklahoma

Source: Gallup poll



In 1510 in Riga, the capital of Latvia, the local Order of the Blackheads (a guild for unmarried merchants) set a pine tree in the town square on Christmas Eve. It was laden with candles, fruit, nuts and paper flowers, and young men and women sang and danced around it, and at the end the tree was set ablaze. Riga celebrates its heritage as the "birthplace" of the decorated Christmas tree with a colorful market in the town square, selling sausage, sauerkraut, potatoes and meat pies with Black Balsam, a traditional Latvian herbal liqueur.

Source: www.ferretoutingthefun.com



### PICKS OF THE WEEK



Robert Redford  
Frank Masi/Broad Green Pictures

**"A Walk in the Woods"** (R) - With a successful career, loving wife and years of priceless experiences, writer Bill Bryson (Robert Redford) still feels lost, and gets a yearning for daring adventure. He's going to hike all 2,200 miles of the Appalachian Trail, from Georgia up to Maine. Even more, he's making the journey with his crazy old pal, Katz (Nick Nolte). The two magnetic septuagenarians grouch and bicker their way through majestic slopes with vague hopes of a meaningful journey.

It's a movie that takes its time, and just like characters' journey, it's not super-clear what the payoff is supposed to be. Redford and Nolte eventually jostle into a chemistry, but the script doesn't get much out of it -- mostly harmless slapstick bumbling and old-man odd-couple stuff.

**"The Perfect Guy"** (PG-13) - In this steamy-yet-standard thriller, we learn that sometimes finding a guy who is loyal, strong, protective, resourceful and loving can be a very bad thing if he's also wide-eyed crazy. Not long after Leah (Sanaa Lathan) breaks up with her beau Dave (Morris Chestnut), she's romantically rescued by the dashing Carter (Michael Ealy), who is quite possibly the perfect man. His perfection has a gaping flaw though -- as

Carter gets intensely jealous, turns violent really fast and doesn't really believe in privacy.

The thrills fall flat as the whole movie seems to be holding back. Carter's tone-switch happens so abruptly that it doesn't shock, it just feels forced. While Lathan does an amazing job onscreen, she's muffled by a script that doesn't diverge from the expected.

**"Bone Tomahawk"** (R) - Way out in the dusty West, the people of Bright Hope are terrorized by a ruthless cannibal clan. There's been grisly murder and a few abductions, with signs pointing to a bone-chilling tribe of inbred monsters. The town is near-deserted with most of the men on a cattle drive, so Sheriff Franklin Hunt (Kurt Russell) leads an expedition with whatever men he can bring, including a shifty gunslinger (Matthew Fox) and a rancher with a broken leg trying to rescue his wife (Patrick Wilson). This horror Western has all of the great grit and style of an old shoot-em-up, along with the traumatizing brutality of a psycho-thriller.

**"Heist"** (R) - Vaughn (Jeffrey Dean Morgan) needs a lot of money to save his dying daughter, and his only chance of getting his hands on that much cash also sounds like the Worst Idea Ever -- rob a kingpin played by Robert De Niro. Things go awry, of course, and Vaughn and his heist crew end up escaping (sort of) on a city bus full of civilians. Now they've got the police against them, in addition to De Niro's vicious enforcer, Dog (Morris Chestnut). It's a bit of fast-paced fun, even if you can see the glue-marks where this movie tried to combine pieces of other flicks.

### TV RELEASES

- "Shameless: Season 5"
- "Ray Donovan: Season 3"
- "Sailor Moon R: Season 2 Part 2"
- "Tokyo Ghoul: The Complete Season -- Collector's Edition"

(c) 2015 King Features Synd., Inc.



by HEALTHY EXCHANGES

### Chocolate Peanut Butter Balls

Santa Claus is coming to town with a bag full of healthy chocolate goodies. Now that's a "gift of the season" that you can sink your sweet tooth into without guilt.

- Sugar substitute to equal 1/2 cup sugar, suitable for cooking
- 1/4 cup reduced-fat peanut butter
- 1/2 cup mini chocolate chips
- 1 teaspoon vanilla extract
- 1/2 cup coarsely chopped dry-roasted peanuts

1. Layer a baking sheet with a large piece of waxed paper. In a medium-size microwave-safe mixing bowl, combine sugar substitute, peanut butter and chocolate chips. Cover and microwave on HIGH (100 percent power) for 30 seconds. Stir, then re-cover and microwave for another 15 seconds.

2. Stir in vanilla extract and peanuts. Mix well to coat completely. Form into 16 balls and place on waxed paper. Refrigerate for 15 minutes or until firm. Makes 8 (2 each) servings.

\* Each serving equals: 149 calories, 9g fat, 5g protein, 12g carb., 39mg sodium, 1g fiber; Diabetic Exchanges: 1 Fat, 1/2 Meat, 1/2 Starch/Carb.; Carb Choices: 1.

(c) 2015 King Features Synd., Inc.

## Living Trust Senior Special

with this ad

If you have a house, you need a Trust.  
If you have a Trust, it needs to be up-to-date.

(Review of existing trust at no charge)

### SENIOR SPECIAL

Asset Protection Program includes the following:

- Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare
- Wills • One Residential Trust Transfer Deed
- No Charge for Notary Services • Prop 13 Protection
- Long Term Care Government Benefits Planning



### WILL ASSOCIATES

Richard H. Will  
ELDER LAW ATTORNEY  
Serving Seniors Since 1975

Avoid Probate —  
Call Today!  
(916) 482-8897

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com



OPEN 7 DAYS A WEEK



Over

# 40 Years of Service

- Sewer & Drain Unclogging
- Water Heater Repair & Replacement
- Video Camera Inspection
- Toilets, Faucets, Garbage Disposals
- Trenchless Sewer Line Replacement
- Water & Gas Lines

CALL NOW (916) 448-2672

Present for \$15 off on any service of \$100 or more!

Good for owner occupied residential only. One coupon per visit. Cannot be combined with any other offer. Certain restrictions may apply. Lifetime Warranty Water Heater and drain care products excluded. Expires 12/31/2016

CSLB 315742

www.rapidroooter.biz



Publisher,  
Paul V. Scholl

Carmichael Times is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Editorial3@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

## Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the Carmichael Times to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County. The Carmichael Times is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).



We are proud members of these newspaper associations.



## SACRAMENTO SYMPHONIC WINDS

Bring the entire family to this extraordinary concert season entitled **International Holidays** at the Crowne Plaza Sacramento Northeast.



14th Season

The Sacramento Symphonic Winds is a 60-piece adult symphonic band conducted by Dr. Les Lehr. Selections during the season will include *The Phantom of the Opera* by Lloyd Webber, *White Christmas* by Berlin, *Peter and the Wolf* by Prokofiev, *Suite of Old American Dances* by Bennett, a Broadway sing-a-long, and more!

Save the Dates!

December 20, 2015  
2:30 pm

LOCATION: CROWNE PLAZA SACRAMENTO NORTHEAST, 5321 DATE AVE., SACRAMENTO 95841

TICKETS SOLD AT THE DOOR: GENERAL ADMISSION \$15; STUDENT/SENIOR (65+) \$10; CHILDREN 10 AND UNDER FREE  
<https://maps.google.com/maps?q=5321+Date+95841>

Contact Ph. (916) 489-2576 • www.sacwinds.org



**Legal Advertising Hotline**  
**916-483-2299**  
**Legal Advertising Fax**  
**916-773-2999**

# LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294—February 7, 1984*  
*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380—September 18, 1969*

**Legal Advertising**  
**P.O. Box 14**  
**Carmichael, CA 95609**

**ORDER TO SHOW FOR CHANGE OF NAME**  
 SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00186044  
 WHEREAS, Eduard Rospotnyuk has filed a petition with this court for a decree changing the name(s) of Eduard Rospotnyuk to Edward Ross.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 22, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: October 28, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 11, 18, 25, 2015 and January 1, 2016  
 ROSS 151202 01-01-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187302  
 WHEREAS, Nelya Znakovskiy has filed a petition with this court for a decree changing the name(s) of Ella Haley Znakovskaya to Ella Haley Znakovskiy.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 19, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 2, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 11, 18, 25, 2015 and January 1, 2016  
 ZNAKOVSKAYA 151202 01-01-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187150  
 WHEREAS, Vyjza Nza Stroup has filed a petition with this court for a decree changing the name(s) of Azne Civ Stroup to Azri Zin Stroup.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 17, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: November 25, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 11, 18, 25, 2015 and January 1, 2016  
 STROUP 151128 01-01-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187148  
 WHEREAS, Vyjza Nza Stroup has filed a petition with this court for a decree changing the name(s) of Azsir Adrian Davis to Azri Zin Stroup.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 17, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: November 25, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 11, 18, 25, 2015 and January 1, 2016  
 STROUP 151128 01-01-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187344  
 WHEREAS, Gupreet Kahlon has filed a petition with this court for a decree changing the name(s) of Gupreet Kahlon to Gupreet Singh Kahlon.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 24, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 2, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 11, 18, 25, 2015 and January 1, 2016  
 KAHLON 151202 01-01-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187120  
 WHEREAS, Ronard Grays has filed a petition with this court for a decree changing the name(s) of Ronard Grays to Renard Brooks SR.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 11, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: November 25, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 GRAYS 151211 01-08-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187555  
 WHEREAS, Tan Minh Nguyen Tran has filed a petition with this court for a decree changing the name(s) of Tan Minh Nguyen Tran to Jonathan Tan Minh Nguyen.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 25, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 7, 2015  
 David I. Brown of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 TRAN 151211 01-08-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187295  
 WHEREAS, Coren Noel Royce has filed a petition with this court for a decree changing the name(s) of Coren Noel Royce to Coren Noel.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 18, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 02, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 ROYCE 151207 01-08-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187622  
 WHEREAS, FNU Najibullah and FNU Karima have filed a petition with this court for a decree changing the name(s) of FNU Najibullah to Najibullah Sahak, FNU Karima to Karima Sahak, and FNU Irfanullah to Irfanullah Sahak.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on March 1, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 9, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 SAHAK 151209 01-08-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187624  
 WHEREAS, FNU Samiullah has filed a petition with this court for a decree changing the name(s) of FNU Samiullah to Samiullah Asad.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on March 2, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 9, 2015  
 David I. Brown, Judge of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 SAMIULLAH 151202 01-08-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187611  
 WHEREAS, Lu Liu has filed a petition with this court for a decree changing the name(s) of Lu Liu to Catherine Eleanor Wellesley.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 26, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 9, 2015  
 David I. Brown, Judge of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 LIU 151209 01-08-16

**SUPERIOR COURT OF CALIFORNIA**  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #34-2015-00187334  
 WHEREAS, William David Beadle has filed a petition with this court for a decree changing the name(s) of William David Beadle to David Antonio Marquez.  
 IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on February 23, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: December 02, 2015  
 Raymond M. Cadei, Judge of the Superior Court  
 Publish: December 18, 25, 2015 January 1, and 8, 2016  
 BEADLE 151214 01-08-16

**NOTICE OF PETITION TO ADMINISTER ESTATE**  
 NOTICE OF PETITION TO ADMINISTER ESTATE OF PEGGY LYNN ROWE (descendant)  
 ESTATE NO. 34-2015-00186221  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Peggy Lynn Rowe (deceased): A Petition for Probate has been filed by Anthony Morris in the Superior Court of California, County of Sacramento. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: January 5, 2016 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Anastasia Salmon, Hackard Law Corporation, 10630 Mather Boulevard Mather, CA 95655 916-313-3030  
 Publish: December 04, 11, and 18, 2015.  
 ROWE 151120 12-18-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF MARIE GRACE ZWIERZYNSKI (descendant)**  
 ESTATE NO. 34-2015-00183027  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Marie Grace Zwierzynski (deceased): A Petition has been filed by Robert Lloyd Tripp in the Superior Court of California, County of Sacramento, requesting that Robert Lloyd Tripp be appointed as executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required. A hearing on the petition will be held in this court as follows: December 17, 2015 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Robert Lloyd Tripp 2284 Zinfandel Drive Rancho Cordova, CA 95670 916-912-8157  
 Publish: December 11, 18, and 25, 2015.  
 TRIPP 151204 12-25-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF JULIE G. EMERY (descendant)**  
 ESTATE NO. 34-2015-00184955  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of Julie G. Emery (deceased): A Petition has been filed by Lisa Lopez in the Superior Court of California, County of Sacramento, requesting that Lisa Lopez be appointed as administrator to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required. A hearing on the petition will be held in this court as follows: February 3, 2016 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Lisa Lopez 3712 Laguna Way Sacramento, CA 95864 916-613-2624  
 Publish: December 11, 18, and 25, 2015.  
 EMERY 151207 12-25-15

**SUMMONS**  
 SUMMONS (Family Law)  
 NOTICE TO RESPONDENT (Name):  
 Ramon E Corral  
 Petitioner's Name is: Angelina Corral  
 CASE NUMBER: 15FL04096  
 You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center ([www.courts.ca.gov/selfhelp](http://www.courts.ca.gov/selfhelp)), at the California Legal Services website ([www.lawhelpca.gov](http://www.lawhelpca.gov)), or by contacting your local county bar association. NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs

**SUMMONS (CITACION JUDICIAL)**  
 CASE NUMBER: (NUMERO DEL CASO): BC519739  
 NOTICE TO DEFENDANT:  
 (AVISO AL DEMANDADO):  
 Harpreet Singh Grewel, Diamond Xpress, Inc. and DOES  
 1 to 50;  
 YOU ARE BEING SUED BY PLAINTIFF:  
 (LO ESTA DEMANDANDO EL DEMANDANTE):  
 Melissa Reyes; Nala Robinson, a minor by and through her Guardian Ad Litem, Melissa Reyes.  
 NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below. You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at the court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), your county law library or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default and your wages, money and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you

cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), the California Courts Online Self-Help Center ([www.courtinfo.ca.gov/selfhelp](http://www.courtinfo.ca.gov/selfhelp)), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación. Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entere una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California ([www.suorte.ca.gov](http://www.suorte.ca.gov)), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le de un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podría quitar su sueldo, dinero y bienes sin más advertencia. Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services ([www.lawhelpcalifornia.org](http://www.lawhelpcalifornia.org)), en el Centro de Ayuda de las Cortes de California ([www.suorte.ca.gov](http://www.suorte.ca.gov)) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO, Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor robada mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desahar el caso. CASE NUMBER: (NUMERO DEL CASO): BC519739

The name and address of the court is: (El nombre y dirección de la corte es): SUPERIOR COURT OF CALIFORNIA, COUNTY OF Los Angeles, Los Angeles Superior Court, 111 North Hill Street Los Angeles, CA 90012  
 The name, address, and telephone number of plaintiff's attorney, plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o demandante que no tiene abogado, es): Kenneth L. Snyder, Esq. Law Office of Kenneth L. Snyder, APC, 6400 Canoga Avenue Suite 354 Woodland Hills, CA 91367 Telephone: (818)703-0379  
 Date: October 17, 2013  
 Clerk: By Charlotte Ramos, Deputy  
 Published: December 11, 18, 25, 2015 and January 1, 2016.  
 REYES 151123 01-01-16

**STATEMENT OF DAMAGES**  
 Kenneth L. Snyder, Esq.; CSB#228183 LAW OFFICE OF KENNETH L. SNYDER, APC 21700 Oxnard Street, Suite 2080 Woodland Hills, CA 91367 Tel: (818) 703-0379 Attorney for: Melissa Reyes SUPERIOR COURT OF CALIFORNIA, COUNTY OF Los Angeles Central District 111 N. Hill Street Los Angeles, CA 90012 PLAINTIFF: Melissa Reyes DEFENDANT: Harpreet Grewel Singh STATEMENT OF DAMAGES (Personal Injury or Wrongful Death) CASE NUMBER: BC519739 To: Harpreet Singh Grewel Plaintiff Melissa Reyes seeks damages in the above-entitled action, as follows: General damages Pain, suffering, and inconvenience \$750,000.00 Special damages Medical Expense \$97,340.02 Future medical expenses \$68,890.00 Date: September 28, 2015 Rodger C. Jensen, Esq. Attorney for the Plaintiff. Publish Dates: December 11, 18, 25, 2015 and January 1, 2016  
 REYES 151123 01-01-16

## LETTER TO THE EDITOR

### County Supervisor Has Overstayed Her Welcome

**By C. Michael Colonist (a.k.a. Shane Spencer)**

For years now we as residents have all been pushed aside as our County Supervisor that represents northeast county suburbs including Carmichael and Fair Oaks, has decimated the "identities" of Fair Oaks, and Carmichael Colony.  
 In the ongoing bid to further erode these communities identities two of the latest insults come in the form of "The Fair Oaks Boulevard Corridor Project" and "Expanded rooster ban."  
 Examine first: The Fair Oaks Boulevard Corridor Project. Not only will this project further the transformation of the Community of Carmichael Colony into a "Large Business Freeway." The project clearly splits The Colony in half. This latest round of County Supervisors buffoonery seeks to remedy the ludicrous mistakes of the past (a traffic light at every intersection) that has for years plagued Carmichael. Further, the actual traveled speeds (40- 50 mph+ ave) and non-stop traffic noise (70- 80 db+ ave.) at which this so called corridor is known for, and harasses residence non-stop.  
 This plan also seeks to bury the remaining rural identity of Carmichael Colony along with the aerial power lines. With ever

increasing pedestrian traffic, this corridor was never meant, nor should be made to support more automobile traffic. Supervisors should seek instead to embrace that pedestrian traffic, and reject, and mitigate current and future automobile traffic speeds and noise.  
 Several citizen groups have tried, and failed to keep the plan of traffic expansion out of Carmichael Colony. Yet those voices, and efforts have all gone, and fallen on the out-of-touch ears of County Supervision. A seat that is occupied with impunity in regards to any and all residence inhabiting Carmichael Colony, and Fair Oaks communities. County Supervision immune from residence true community direction. County Supervision shielded by bureaucratic regulation, and legal impunity.  
 The Fair Oaks Boulevard Corridor Project, ignores residence of Cypress Avenue.  
 The Fair Oaks Boulevard Corridor Project, ignores residence of Fair Oaks Boulevard.  
 The Fair Oaks Boulevard Corridor Project, ignores residence of Manzanita Avenue.  
 The Fair Oaks Boulevard Corridor Project, ignores residence of Carmichael Colony.  
 Examine second: Expanded rooster ban an affront to rural lifestyles and contradicted the region's "farm-to-fork" mantra.  
**All Letters to the Editor are published as received.**

"Supervisor..., the only board member in support of the ban, said she has fielded many complaints from residents about crowing fowl. She said she had been working with county staff to come up with an acceptable ban."  
 Read more here: <http://www.sacbee.com/news/local/articles41637243.html?storylink=cpy>  
 County Supervisor... supports the fowl ban. She said peacocks have scared her out of bed with noises that sound like a child being strangled. <http://www.kcra.com/news/noise-complaints-prompt-proposed-fowl-ban-in-sacramento-county/36070658>  
 "The rest of the board agreed with residents who said existing laws could handle the problem."  
 In summary, it's time for the communities of Carmichael Colony and Fair Oaks to Terminate current County Supervision in favor of a County Supervisor that is more: "In Touch" and responsive to residents of northeast county suburbs. Terminate County Supervision using it's position and staff to better it's own "backyard" agenda.  
 Sacramento County supervisor subject of FPPC review: <http://www.kcra.com/news/local-news/news-sacramento/sacramento-county-supervisor-subject-of-fppc-review/26980662>  
 From Shane Spencer ★

**Don't Have an Idea for Christmas??**

**Why not give the Carmichael Times, Sunday Sacramento Bee AND a Quick Quack Car Wash for just \$25 for 6 months!**

Send your check for \$25 and fill out the form below with the person you want to receive the gift!

**YES! START MY SUBSCRIPTION NOW!**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE (\_\_\_\_\_) \_\_\_\_\_ EMAIL \_\_\_\_\_ (OPTIONAL)

\* To opt-out of delivery of the Sacramento Bee, simply check this box

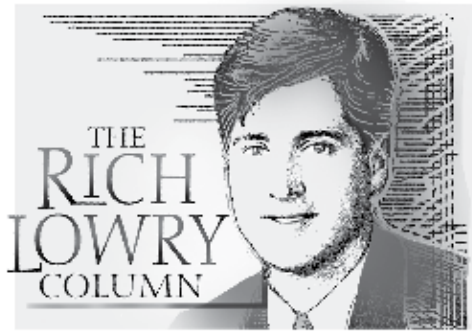
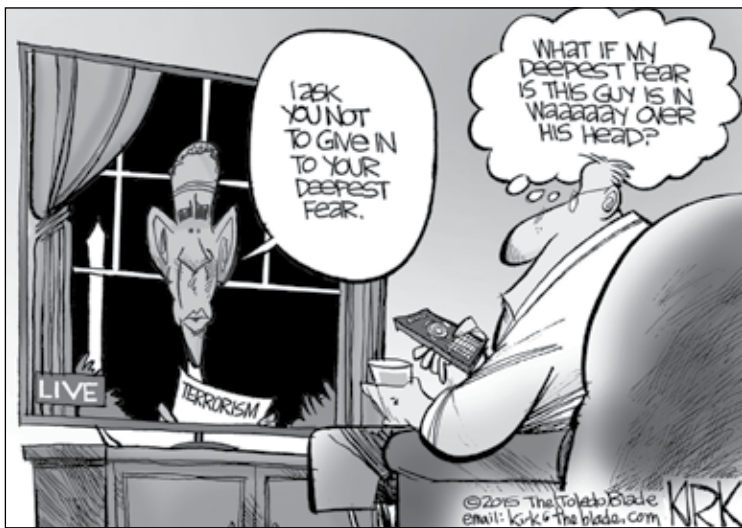
**MAIL YOUR PAYMENT TO:**  
 MESSENGER PUBLISHING GROUP  
 7144 FAIR OAKS BOULEVARD, SUITE 5  
 CARMICHAEL, CA 95608

**CT**  
 \*Some delivery restrictions may apply.

**As a valued Carmichael Times subscriber, you receive the Sunday Sacramento Bee as part of your subscription. BOTH NEWSPAPERS FOR ONLY \$25 FOR 6 MONTHS!**

**Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.**





**Cruz vs. Rubio -- A Better GOP Race**

A funny thing is happening on the way to the GOP meltdown.

According to the latest Quinnipiac poll, the two most popular and broadly acceptable candidates in the field are perhaps the most talented and most reliably conservative. Oh, and by the way, they are Hispanics in their 40s.

Donald Trump is still leading the polls and has demonstrated a staying power that has confounded his critics, but Marco Rubio and Ted Cruz are now beginning to stand out in the rest of the field, clustering with Ben Carson in effectively a three-way tie for second place nationally.

According to the latest Quinnipiac poll, Rubio and Cruz have the highest net favorable ratings in the race at 58 percent and 56 percent, respectively. Only 5 percent of

Republicans say they wouldn't consider voting for Rubio, and 6 percent say that of Cruz, the lowest numbers in the field (Trump and Jeb Bush are unacceptable to the most Republicans, at 26 percent and 21 percent, respectively).

Unlike with Trump or Carson, explaining the emergence of Rubio and Cruz doesn't require figuring out why the laws of political gravity have been suspended or psychoanalyzing GOP voters. They are advancing in a completely typical track.

They both have thought about running for president for a very long time. They both paid their dues -- Cruz in the George W. Bush campaign and administration; Rubio in the Florida House. They both serve in a body, the U.S. Senate, that practically exists as a steppingstone to the White House. They both look, talk and act like politicians -- because they are politicians, and good ones.

If the race eventually winnows down to a Rubio-Cruz fight, it will feature supremely skilled campaigners who are eloquent and sure-footed and represent the best next-generation politicians the party has to offer. A Cruz-Rubio race would play as grass roots vs. the establishment, although Rubio in the establishment slot would be an enormous victory for the tea party, which over the years has backed some flagrantly unsuitable candidates.

There is no doubt that the two are now positioned differently. From the beginning of his Senate career, Cruz has focused on bonding with the grass roots of the party, while Rubio sponsored a misbegotten immigration bill that hasn't been forgotten or forgiven by conservatives. Cruz is working from the right of the party out (he's strongest among self-identified very conservative voters), and Rubio is working from the center of the party out (he's strongest among self-identified somewhat conservatives).

There are doubts about both of them. Is Cruz electable? Can Rubio be trusted on immigration? Does Cruz lack a winning personal touch? Is Rubio too youthful-looking? And Donald Trump can't be wished away.

If Trump wins Iowa, it will indeed be like the First Bull Run of the Republican civil war. Regardless, the race is still highly unpredictable, and the last couple of weeks before Iowa and New Hampshire always bring surprises.

But Republicans hyperventilating over Trump should pause long enough to appreciate the steady rise of two conservative 40-somethings who represent the party's future.

**Rich Lowry is editor of the National Review.**

(c) 2015 by King Features Synd., Inc.



**Why Are Cats Such Finicky Eaters?**

**DEAR PAW'S CORNER:** I find it weird that my two dogs, "Shep" and "Bull," can eat just about anything (I have to hide all the pet food), while my cat, "Trudy," will turn up her nose at most food. And although she's perfectly healthy, sometimes she gets sick after eating wet or fresh food. Why?

-- Sarah in Madison, Wisconsin

**DEAR SARAH:** Cats' eating behaviors have long been a source of curiosity for both pet owners and the scientific community. Why do they turn their nose up at certain foods and chow down on others? Why do they sometimes throw up after eating? Why do they gnaw on grass when they're meat-eaters?

The answer is: It's complicated, and no one is entirely sure. A recent study, for example, found that cats have some genes that are more commonly possessed

by herbivores (animals that eat only plants, like cows). These particular genes help them detect bitter flavors, alerting them to potentially poisonous plants.

This research opens a new avenue into understanding why cats are more picky about their food than dogs -- also meat-eaters -- tend to be. If cats are detecting a bitter taste in their food then they may be less inclined to eat it. And, a bitter taste also may trigger a vomiting response to safeguard against ingesting what is perceived to be poison.

The study's results could lead to changes in how commercial producers formulate their cat food. Whether that is a good thing remains to be seen.

In the meantime, feeding a finicky cat remains a trial-and-error process. Try small amounts of different foods -- dry, wet and fresh -- and note Trudy's likes and dislikes.

Send your questions or tips to [ask@pawscorner.com](mailto:ask@pawscorner.com).

(c) 2015 King Features Synd., Inc.

**Watch Batteries Installed for \$5.00**  
Some models cost more

**Frank's Jewelry Shop**  
7319 Fair Oaks Blvd.  
Carmichael, CA 95608  
916-481-0176

**Earn \$200 per month for just a few hours delivery work per week! CALL 773-1111**

**BONES LAW FIRM**  
4811 Chippendale Dr., Suite 307, Sacramento, CA 95841

**Gordon G. Bones**  
Attorney at Law

*The Law Firm provides the following legal services:*

- Bankruptcy • Business and Corporate Matters
- Trust and Trust Administration
- Estate Planning • Probate and Conservatorship
- Family Law

**P: 916.965.6647**  
**F: 916.965.4218**  
[gbones@boneslawfirm.com](mailto:gbones@boneslawfirm.com)

**Grace Baptist Church**

*Come and Experience God's Amazing Grace*

**Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.**

**Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible**

**Service Schedules**  
Sunday Schools (All Ages) 9:45am  
Sunday Worship II 9:00 am  
Sunday Evening 6:00pm  
Wednesday Evening 7:00pm

**6724 Palm Avenue, Fair Oaks, CA 95628**  
(Located one block South of Madison; just East of Dewey)  
**Pastor Charles Carter (916) 967-3915**

*Call for more information*

**5 Year FIXED RATE Home Equity Line of Credit Loan**

**4.25%** Initial APR\*

**CHECK THE EL DORADO ADVANTAGE:**

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- ✓ Flexibility and Convenience
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

**EL DORADO SAVINGS BANK**  
Serving our local communities since 1958  
[www.eldoradosavingsbank.com](http://www.eldoradosavingsbank.com)  
CARMICHAEL • 4701 Manzanita Ave. • 481-0664  
Se Habla Espanol • 800-874-9779

\*The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.75%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

**A-TEK GLASS CENTER**

**Your One Stop Local Glass Shop** **Serving Carmichael Community for 20 Years**

**AUTO ■ HOME ■ BUSINESS**

**Free Windshield Chip Repair with Insurance Coverage**

- Auto Glass
- Windshields
- Power Windows
- Truck Slider
- Sunroofs
- Single & Dual Pane Glass
- Store Front Windows
- Mirror & Screen
- Glass Shelves
- Table Tops
- Shower Door

**Fast, Professional Glass Repair ■ Direct Approved Insurance Billing**

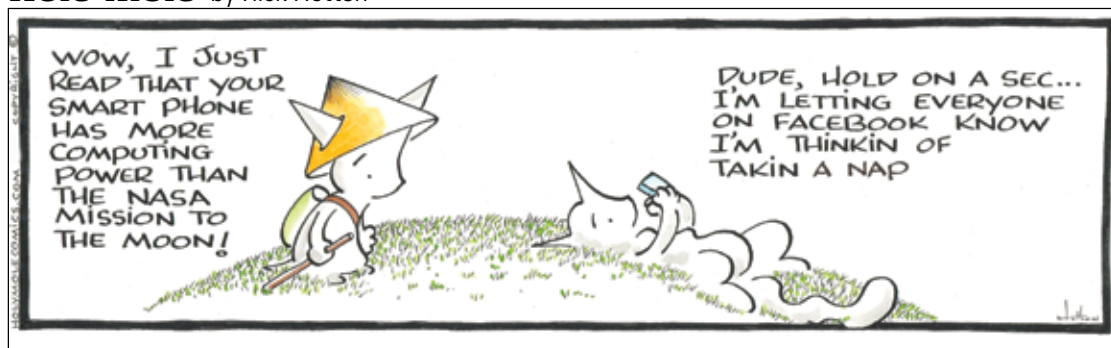
**Call 7 Days a Week ■ 916-481-9966**  
*Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou*



**Wizard of Id** by Parker, Mastroianni & Hart



**Hole Mole** by Rick Hotten



**BC** by Mastroianni & Hart



**Cranky Girl** by Crystal Jones



**Frank and Steinway** by Wil Panganiban



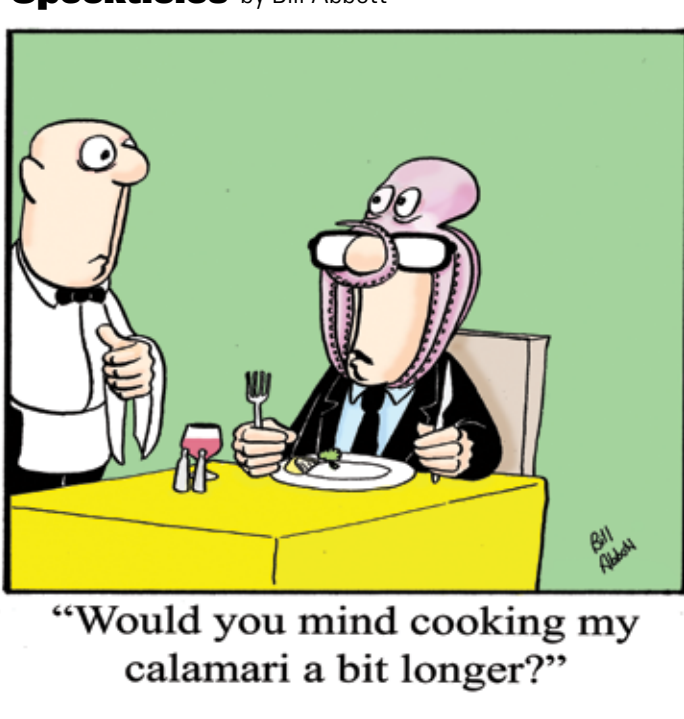
**Tundra** by Chad Carpenter



**Funday Morning** by Brad Diller



**Speckticles** by Bill Abbott



**Tastes Like Chicken** BY JOSH ALVES



**Holiday Arts & Craft Show**

Hand-Made Fine Arts & Crafts

**2 Days! Sat.-Sun. Dec. 19-20th**

Bake Sale Raffle

10 am-6 pm

Gift Shop Open for all events!

5330B Gibbons Dr. Carmichael, CA 95608

www.sacfinearts.org

sacramento fine arts center come. create.

**Carmichael RECREATION AND PARK DISTRICT**

**Parks Make Life Better!**

Announcements & Events

**Indoor! PickleBall**

La Sierra Community Center

Tuesdays & Thursdays 9am -12pm

\$5 per visit! or \$30 for 10 visits!

**First Aid and Adult Child & Infant CPR**

January 9th at Carmichael Park

8:30am - 5:30 pm • Register Today

This class meets EMSA, Pediatric CPR & First Aid Child Care Provider Requirements

For registration & more information call (916) 485-5322 or visit us at [carmichaelpark.com](http://carmichaelpark.com)

**Union Gospel Mission Sacramento**

For more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission also serves women and children. The Mission is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

Matthew 25:40 "Caring for the Least"

50+ Years of Service We accept donations, clothing and goods, 7 Days a week... and prayers always!

**(916) 447-3268**

400 Bannon Street • Sacramento, CA 95811

Exec. Director, Pastor Tim Lane • P.O. Box 1108, Sacramento, CA 95812

Tune in our Radio Program: KFIA 710 AM, Sun & Mon 3 PM

listen online & visit us at: [www.ugmsac.com](http://www.ugmsac.com) Facebook.com/UGMSAC

**AMERICAN EAGLE BODY SHOP**

Complete Collision Repair

Free Estimates

24 Hour Towing

We Work with All Insurance Companies

**"We Meet By Accident"**

up to **\$500<sup>00</sup>** Instant Rebate towards your DEDUCTIBLE

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires DECEMBER 31, 2015.

**FREE LOANER CAR WITH ANY REPAIR**

Present this coupon and receive a free loaner car for the duration of your repairs after authorization.

Some restrictions apply - call for details. Coupon must be presented upon authorization. Limit 1 coupon per customer. Not valid with any other offer. Expires DECEMBER 31, 2015.

**Before** **After**

6801 Fair Oaks Blvd • Carmichael, CA 95608

Phone 916-339-1776 • Fax 916-339-1700

Email: [info@aebodysshop.com](mailto:info@aebodysshop.com) • [www.aebodysshop.com](http://www.aebodysshop.com)

Monday - Friday: 8:00 a.m. - 5:00 p.m.

Saturday: By appointment • Sunday: Closed



# STATEPOINT CROSSWORD • WINTER FUN

## CLUES

- ACROSS**
1. Appear like a chick
  6. Unit of electrical resistance
  9. "\_\_\_ the word"
  13. Convex molding
  14. Honey maker
  15. Japanese-American
  16. Russian author of "Dead Souls"
  17. "C" \_\_\_ la vie!"
  18. English county
  19. \*Students' winter delight?
  21. \*Apres-ski site
  23. Goose egg
  24. \*Snow \_\_\_
  25. Olden-day aerosol can propellant
  28. Post WWII military alliance
  30. Lorraine's neighbor
  35. Word of mouth
  37. Drug smuggler
  39. "\_\_\_ a high note"
  40. Orange traffic controller
  41. Parting words
  43. Bookie's quote
  44. Like draft beer
  46. Apiece
  47. 7 days
  48. Made amends
  50. Clarified butter
  52. Like martini or humor
  53. Justice's garb
  55. A late time of life
  57. \*He stole Christmas
  60. \*Frosty, e.g.
  64. \_\_\_ profundo
  65. Tropical American cuckoo
  67. Index and middle fingers extended
  68. Furiously angry
  69. Container for liquids
  70. Island off Manhattan
  71. "Lights out" signal
  72. Weary traveler's destination
  73. \*Toboggans

CROSSWORD												
1	2	3	4	5	6	7	8	9	10	11	12	
13					14			15				
16					17			18				
19				20		21	22					
		23				24						
25	26	27		28		29		30	31	32	33	34
35			36		37			38		39		
40					41			42		43		
44				45		46				47		
48					49		50		51		52	
				53		54		55		56		
	57	58	59				60			61	62	63
64					65	66			67			
68						69			70			
71						72			73			

**Want The Best Deal On TV & Internet?**  
Call Now and Ask How!  
**1-800-318-5121**

**Get DISH!**  
promotional prices starting at only...  
**\$19.99** /mo.  
for 12 months.

**ADD HIGH-SPEED INTERNET**  
**\$14.95** /mo.  
where available

**dish** AUTHORIZED RETAILER

© StatePoint Media

For Solutions See Page 6

### SUDOKU

#### GOT KNEE PAIN?

Get a Pain-Relieving Knee Brace At Little or No Cost to You. You May Qualify for Free Shipping. We Do All The Heavywork. Shoulder Braces, Ankle Braces, Back Braces Also Available.

Medicare Patients Call Us Right Now  
**1-800-984-0360**

	1			8				6
			4			7		
		7						3
7								9
			6			1		
9			1			5		
3	8		5			4		
					3	2		
1	6		2	9				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 6

- DOWN**
1. The \_\_\_\_, Washington's offensive line, 1980s-90s
  2. Shakespeare's hometown river
  3. A meal order for takeout
  4. Pierrot or Harlequin, e.g.
  5. \_\_\_\_, as in breath
  6. Be obedient
  7. "For \_\_\_ a jolly..."
  8. Subway in Paris
  9. Japanese soup
  10. Brezhnev's country
  11. Track event
  12. Half dozen
  15. Get cozy
  20. Remember this battle site!
  22. Baseball stat
  24. Autumn attraction
  25. \*Popular hot winter beverage
  26. Can be hot or cold, according to meteorologists

27. Ann Patchett's novel "Bel \_\_\_"
29. \*Donut-shaped sled
31. \*Chionophobia is fear or dislike of this
32. Supplemented
33. Computer programmer
34. Glorify
36. With little fat
38. Make a sketch
42. "Two and a Half Men" star
45. Popular anise-flavored liqueur
49. \*He's busy during cold and flu season
51. Runs off
54. Indian vegetable fritter
56. Inhabit
57. Greek personification of Earth
58. Invitation request
59. a.k.a. The Islamic State
60. \*Capricorn or Aquarius
61. Tom, not Tabby
62. Battery fluid
63. Famed loch
64. Club alternative
66. Mother Teresa, e.g.

# END OF THE BENCH BY GERRY SCHOU

## "Go! Bears!" "Go! Gaels!"

As the two college hoop teams were warming up for the first meeting between the schools in eleven years, one fan turned to the other and offered, "This is the McDonald's All-American Team against the Australian National Team." No joke, because it wasn't that far from the truth.

When the California Golden Bears hosted the Saint Mary's Gaels Saturday afternoon it was the first time since 2004 that the teams clashed on the hardwood. What have they been waiting for?

Cal, with three McDonald's All-Americans among its top six players, edged SMC, that has six Australian players on its roster, 63-59, before a really-into-it crowd of around 10,000 at Haas Pavilion in Berkeley. The decider was a missed free throw with 1.7 seconds left.

The high-energy, see-saw competition for East Bay bragging rights was just the thing to stir up some more excitement and interest in college hoops. Where has this been? It's a much more attractive draw than watching the Bears destroy Rice, Sam Houston State or Incarnate Word (?), or the Gaels doing the same to Manhattan or CSU-Bakersfield.

Saint Mary's brought a strong contingent of fans from 14 miles away through the tunnel for brunch and basketball. The Gaels are a worthy opponent for the area's Pac-12 programs, Cal and Stanford. The Cardinal, though, may be regretting a 78-61 loss at McKeon Pavilion in Moraga, Nov. 22, on national television. That was the first time those two met since 2002.

In his 14 years at SMC, coach Randy Bennett has built and maintained a solid program and a West Coast Conference power, with the help of his Australian player pipeline. He has led the Gaels to nine postseason appearances (five NCAA, four NIT). The Bears and Cardinal should make a date against Saint Mary's an annual event. There's nothing to fear, renewed rivalries and considerable financial gains are here.

Cal, mistakenly ranked as high as

14th in preseason polls on the basis of its two highly-touted recruits --- freshmen starters and McDonald's stars Jaylen Brown (Marietta, Ga.) and Ivan Rabb (Bishop O'Dowd, Oakland) --- was a heavy favorite for Saturday's game. Young and still meshing into a team, the Bears, 7-2 going in, had come back to earth and dropped out of the top 25 after losses to San Diego State and Richmond at the Las Vegas Invitational. St. Mary's was 6-0, all home victories.

As the game progressed, and with an allegiance to one team and an affinity for the other, the two fans, one a Cal grad, the other an SMC alum, found themselves applauding and cheering the good plays by both teams and bemoaning the bad plays by both. Quite the deal.

Behind the shooting of junior guard Jordan Mathews, who scored all of his 13 points in the first half, and the all-around inside play of the 6' 11" Rabb, the Bears took the lead at the seven-minute mark, pulled away to a 37-26 margin at the break and appeared to have a handle on the game.

But the Gaels, who lost all five starters from last season, overcame a size disadvantage with some hot shooting early in the second half, while the Bears hit a cold spell. SMC, the nation's No. 1 field goal percentage shooting team entering the game (54.5), connected on five 3-pointers in the first eight minutes of the period and took a 49-44 lead to complete a 23-7 run. Watching the TV replay two days later, that's the point that prompted analyst and Hall of Famer Bill Walton to call out, "Australia, standing tall on American soil!"

During the rally the Saint Mary's fans began a chant of "Go! Gaels!" Cal mascot Oski the Bear responded to lead the classic side-to-side "Go! Bears!" cheers. Good stuff.

St. Mary's leading scorer Emmett Naar's (16.5 ppg) three to take the lead was his only score of the game, though he did have eight assists. Cal's top scorer, senior point guard Tyrone Wallace (18.4) was just 2-for-12 with seven points. Dane

Pineau rallied from a slow start to help the SMC comeback with a strong double-double (10 pts., 15 rebounds), along with center Evan Fitner (15) and point guard Joe Rahon, who was impressive throughout (14 pts., 5 reb., 4 assists).

With the ultimate climax at hand, one bro said to the other, "Since one team has to lose this thing, I'm glad they'll lose it to the other." That's terrific.

Rahon drove for a lay-up and a 59-58 SMC lead with 1:46 to go. That score remained until Cal was inbound in the closing seconds. The two fans debated Cal's options and thought the ball should go to Rabb, who was dominant inside the whole game (15 pts., 11 reb., four blocks). On TV, Walton suggested they should "take the first good shot."

The ball was swung around to the third McDonald's All-American, Jabari Bird (2013) on the right wing. Having hit a pair of threes from the same spot earlier, Bird (13 pts.) let another one fly quickly and hit it clean for the lead, 61-59, with 15 seconds on the clock. During a wild scramble for a loose ball at the other end, Wallace was called for a foul with only 1.7 remaining. Rahon, the Gaels' floor leader throughout the second-half comeback, missed the first free throw of a one-and-one situation. Brown rebounded for Cal and hit two foul shots at 0.5 to end it.

Afterward, the two fans agreed they were both hoping Rahon would make both shots and set up five more minutes of wild overtime hoops.

On the air, Walton, the Great Exaggerator Extraordinaire, described the scene at Haas as "the basketball center of the universe!" He later added, "This day will go down in the history of the glory and the heartbeat of intercollegiate men's basketball in the San Francisco Bay Area!"

Not so sure about all of that, but would certainly agree with Walton's summation: "This has been an outstanding day!" Let's do it every year. ★

## A tradition of care and hospitality

...from our family to yours



[www.ciminocare.com](http://www.ciminocare.com)

Assisted Living & Residential Care in San Mateo, Sacramento and surrounding areas.

**CIMINOCARE**  
SERVING THE NEEDS OF SENIORS

Going back to our roots, CiminoCare, in addition to our long standing Assisted Living communities, is now providing In Home Care services, allowing seniors to age in place, and remain at home. These services include assistance in: Meal preparation, transportation, personal grooming, and medication management. For those interested in learning more about these services, please call 916-704-0152.

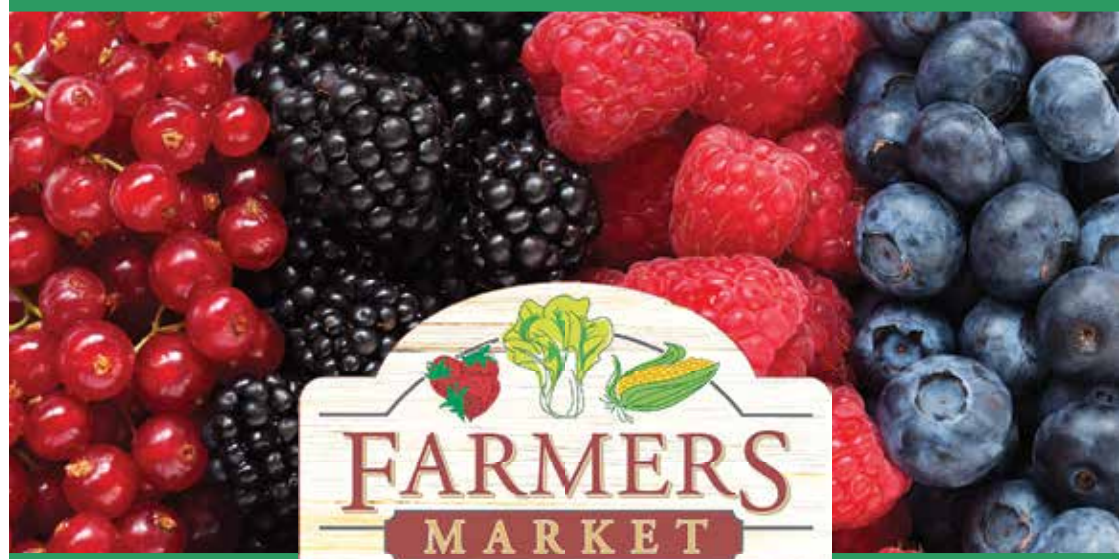
Please Call (916) 704-0152

Fruitridge Villa

5490 Enrich Blvd., Sacramento, CA 95820

Meal Preparation • Hygiene Assistance  
Transportation Errands • Light Housekeeping  
Medication Reminders • And More!

## COME SHOP WITH US!



EAT HEALTHY.

BUY LOCAL.

**CARMICHAEL PARK FARMERS MARKET**

**Every Sunday**

**9:00 a.m. – 2:00 p.m.**

**5750 Grant Avenue Carmichael, CA 95608**

Live Music & Entertainment • Chef Demos  
Specialty Gourmet Foods • Artisans/Crafters  
EBT/WIC & SNAP Accepted

Open Year-Round Rain or Shine!



### Other Markets Near You:

**Fair Oaks Sunset**  
Every Wednesday  
3:00 p.m. - 7:00 p.m.  
8101 Sunset Ave.  
Fair Oaks, CA 95628

**Sunrise Mall**  
Every Saturday  
8:00 a.m. - 1:00 p.m.  
6196 Sunrise Mall (parking lot)  
Citrus Heights, CA 95610

**Land Park**  
Every Sunday  
9 a.m. - 1 p.m.  
Sac City College  
4001 21st Street  
Sacramento, CA 95822

Bring this Ad with you to any market location and receive **FIVE raffle tickets** to enter to win our **Monthly Farmers Market Gift Basket!** MPG

**ILoveMyFarmersMarket.com**



Television Listings for the week of December 18-December 23

FRIDAY EVENING

DECEMBER 18, 2015

Table of TV listings for Friday, Dec 18, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SATURDAY EVENING

DECEMBER 19, 2015

Table of TV listings for Saturday, Dec 19, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SUNDAY EVENING

DECEMBER 20, 2015

Table of TV listings for Sunday, Dec 20, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

MONDAY EVENING

DECEMBER 21, 2015

Table of TV listings for Monday, Dec 21, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

TUESDAY EVENING

DECEMBER 22, 2015

Table of TV listings for Tuesday, Dec 22, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

WEDNESDAY EVENING

DECEMBER 23, 2015

Table of TV listings for Wednesday, Dec 23, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).



MPG logo and advertisement: CALL (916) 773-1111 TO ADVERTISE www.CarmichaelTimes.com



# Pipeline to Prosperity



Commentary by Sean McGarvey

With a message of economic populism, presidential contenders from both parties are fighting for votes from the middle class. "Far too many Americans live on the edge of economic ruin. They see only a small portion of the population riding the economy's 'up' escalator," noted Jeb Bush. In her campaign announcement, Hillary

Clinton said, "The deck is still stacked in favor of those at the top. Everyday Americans need a champion."

These are lofty sentiments. But unless a candidate supports the sorts of jobs that are key to middle-class livelihoods, such words are simply rhetoric. That's why every candidate needs to support infrastructure jobs in the energy sector.

Consider President Obama's recent rejection of Keystone XL. The proposed 1,700-mile pipeline would have transported crude oil from western Canada to the Gulf of Mexico. According to the U.S. State Department, Keystone XL would have created 42,000 jobs. It would have also produced an additional 20,000 manufacturing positions, plus 118,000 spin off

jobs generated by the supply chain necessary to complete the pipeline.

The federal government studied Keystone XL for seven years for every conceivable pitfall, and consistently found the pipeline to be environmentally sound. But that didn't stop green radicals with no regard for middle-class jobs from blocking its construction. And it certainly didn't stop the president from catering to these environmentalists' agenda.

But the endless delay and recent rejection of Keystone XL is just the best-known casualty of this fanaticism. Numerous other job-creating pipeline projects are also languishing because activists have prioritized their rhetoric over America's economic well-being.

For example, the Sandpiper pipeline would move oil from North Dakota to Minnesota and Wisconsin and create 1,500

jobs. The Constitution pipeline would transport gas between New York and Pennsylvania, creating 1,300 jobs. Yet both have been delayed and continue to face opposition despite being cleared by state and federal regulatory agencies.

Opponents of infrastructure jobs often argue that such positions are "temporary" and somehow insignificant. Apart from the strange notion that we should turn our noses up at any good-paying job, this line of reasoning shows a fundamental misunderstanding, likely the conceit of those who have never made a living using their hands.

Throughout their working lives, construction professionals work on numerous jobs in numerous locations. There are no "permanent" construction projects. Workers finish one job and then move on to the next. Along the way, they cultivate skills and build a career.

Pipeline projects also provide a fertile training ground for new workers. Through apprenticeship programs, unions use such projects to put people on the road to the middle class.

Pro-energy policies are pro-prosperity policies. Indeed, a new study by Wood McKenzie found that energy friendly policies would produce 2.3 million new jobs by 2035. If candidates are serious about helping the middle class, they must make supporting energy infrastructure projects a central part of their plans.

Sean McGarvey is president of North America's Building Trades Unions, an alliance of 14 national and international unions in the building and construction industry that represent 3 million skilled craft professionals in the U.S. and Canada. ★

## Carmichael Cafe & Deli

Open seven days a week for breakfast, lunch and dinner

### NEW DINNER MENU

BEGINNING NOVEMBER 1ST

### FREE Soda Drink with Meal



Chicken Skewers

Teriyaki or Sweet and Sour  
Served on a Bed of Rice

\$9.99



Vegetarian Alfredo

with Seasonal Veggies,  
Garlic Bread

\$8.49



Salmon

Fresh Lemon Tarragon Salmon  
served with Pineapple Salsa,  
Seasonal Veggies and Jasmine  
Lemongrass Rice

\$14.99

**4314 Marconi Ave**  
Corner of Marconi and Eastern  
**Sacramento, CA 95821**  
**(916) 481-5000**

GREAT FOOD! Lots of Parking! With more parking in back.

Must mention this ad to receive discount!

BREAKFAST SERVED ALL DAY

HOURS  
6AM - 8PM Sunday - Thursday  
6AM - 9PM Friday - Saturday

CarmCafeDeli.com

## ANYTHING & EVERYTHING

DON'T PAY RETAIL! 1000s OF ITEMS!

We Are A Cross Between A:

- Hardware Store • BBQ Store
- Dollar Store • Garage Sale • Flea Market
- Roseville Auction • Thrift Store
- Christmas Trees (Pre-lit & Unlit)
- Inflatables • Christmas Lights

SAVE THE TAX FOR CASH!

Or Pay With Credit or Debit Card  
For Your Total of \$50 or More

10% OFF STOREWIDE!!!

















Basically Anything & Everything You Can Imagine - OPEN BOX!

SLIGHTLY USED At A Fraction of The Cost of New... AND WE LOVE MAKING DEALS!!!

Great Stocking Stuffers & Dad's Gifts. Everything A Fraction of Regular Price!

YOU WILL LOVE OUR STORE!!!

4926 Auburn Blvd.

(Between Madison Ave. & College Oak)

Sacramento, CA 95841

(916) 339-6115  
OPEN 7 DAYS • 10AM-7PM



Conveniently Located on Auburn Blvd.  
Between Manzanita & Garfield

NEED STORAGE?

ARMOR MINI STORAGE

Since 1980

Computer Gate Access  
6am-9pm 365 Days A Year

Award Winning Customer Service  
Digital Video Surveillance  
Competitive Rates  
Daily / Monthly / Annual Rentals  
Easy Drive-Up Access  
Professional Resident Managers

916.332.6455

5714 Auburn Blvd., Sac 95841

Office Hours:  
Mon-Sat 9-6 • Sun 9-4







www.armorministorage.com