



Presto! Holiday Magic in Carmichael

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Sacramento Appliance Store Owners "Walk the Talk"

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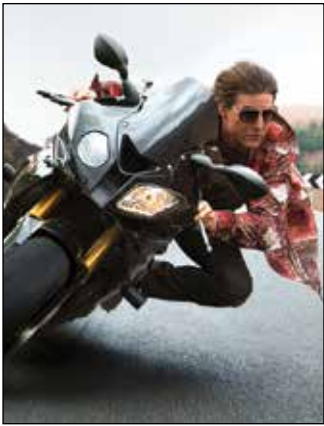
Carmichael Times

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December 4, 2015

MI:ROGUE NATION RELEASED ON DVD



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CARMICHAEL COMMUNITY UPDATE



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END OF THE BENCH BY GERRY SCHOU

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Women's Empowerment's Annual Holiday Stocking Drive to Bring Smiles to Formerly Homeless Women and Children



Women's Empowerment graduate Abigail and her children receive holiday stockings from the community last year. Photo courtesy Women's Empowerment

SACRAMENTO REGION, CA (MPG) - Local residents can bring smiles to formerly homeless women and children this holiday season by contributing to Women's Empowerment's annual Holiday Stocking Drive. The group is seeking 250 stockings and specific fillers for local infants and toddlers, children, teens, and adult women. For the list of items needed, visit www.womens-empowerment.org. Those interested also can donate \$30 to have a volunteer elf fill a stocking or donate Target gift cards.

Items are needed by Dec. 8th and can be dropped off at 1590 North A Street, Sacramento. For more information contact Kate Towson at kate@womens-empowerment.org or (916) 669-2307.

"There's nothing like seeing the joy of children and women once homeless now receiving their very own holiday stockings filled with fun and necessary items to keep them warm and healthy this winter," said Lisa Culp, executive director, Women's Empowerment.

"Coming together as a community to bring joy to these families is a fantastic way to show them they are an important part of our community."

Recently featured on NBC's TODAY Show, Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed specifically for women who are homeless and their children. The 2014 Organization of the Year has graduated 1,271 homeless women and their 2,700 children. Last year, 89 percent of

graduates found homes and 88 percent found jobs or enrolled in school or training. The program combines self-esteem courses, job training, health classes, and support services to help homeless women across diverse ages, races and cultures. Women's Empowerment is funded solely through private donations from the community. To donate, visit www.womens-empowerment.org.

Source: Women's Empowerment ★

Sheriff Jones to Work for Our Safety in Congress

SACRAMENTO REGION, CA (MPG) - "Sheriff Scott Jones will work in Congress to help keep us all safe;" that's what Carl Burton, president of Republicans of River City (RRC) said as he announced that once again RRC has endorsed Sheriff Scott Jones for election.

On Nov. 17th, 2009 RRC was the first organization in Sacramento County to endorse Scott for elected office. Scott Jones was Captain in the Sacramento County Sheriff's Department at that time.

And history was repeated this Nov. 17th, 2015 when RRC endorsed Sheriff Scott Jones for election to Congress.

Burton said, "Illegal immigration impacts all of us and RRC members feel we need a Sheriff in Congress who recognizes this and after the tragic killings that occurred in Sacramento and Placer County last year by an illegal alien who was twice deported we know Sheriff Jones will take our concerns to Washington and do something about it."

And, Burton said, we were encouraged when Scott said, "We need to secure our borders for very real reasons as we saw in Paris last Friday." And Jones went on to say, "You have to deal with the folks who are here-most of whom are very hard-working and contribute greatly to this community..."

Burton said, "For over 12 years our RRC members each month have welcomed new America citizens at Sacramento's naturalization ceremony because Republicans recognize the invaluable contribution that immigrants make to our nation every single day. Our ancestors brought the same core values that our nation holds so dear: family, liberty, and, yes, hard work."

"Having watched Sheriff Jones on the front lines working to keep all of us safe, we know he will bring his strong work ethic to Congress to help keep us all safe in the future," Burton said.

Source: Republicans of River City ★

Ringling Bells Joyously for a Children's Charity



The Ring Joyous Bells! concert is a holiday tradition for music lovers of all ages. Photo courtesy Northminster Presbyterian Church

CARMICHAEL, CA (MPG) - The holiday season provides an opportunity to help others on Dec. 20th at 4 p.m. with an afternoon of traditional holiday music as celebrated by Bel Tempo, a community handbell choir sponsored by Northminster Presbyterian Church. This year's

concert benefits the Sacramento Children's Home, a nonprofit agency dedicated to caring for our community's most vulnerable children and families.

The concert is a holiday tradition for music lovers of all ages. The concert, titled Ring

Joyous Bells!, will feature traditional and Latin carols. In addition to handbell music, Bel Tempo will be joined by a soloist on English horn and a variety of percussion instruments. Audience members will have a chance to try their skills with hand chimes and join in carol sing-a-longs.

Northminster is located at 3235 Pope Avenue. The afternoon of music is free. A freewill offering will be taken at the end of the concert with all donations going to benefit the Sacramento Children's Home. For more information, call (916) 487-5192 or visit northminsteronline.org.

Source: Northminster Presbyterian Church ★

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12 Days of Christmas Building Tours



Residents in Bistro area enjoying craft class. Bistro will be one stop on the tour. Photo courtesy Atria Carmichael Oaks

CARMICHAEL, CA (MPG) - Beginning at 6:30 p.m. on Tuesday, Dec. 15th, join Carmichael Oaks for their 12 Days of Christmas Building Tours.

Enjoy an evening with the community as they host tours of their buildings that include twelve stations. Recite the well-known Christmas poem while you tour through the community and delight in a tasty treat at each station along the way.

No need to make an appointment, just go on in. You don't want to miss out on

this great opportunity to view our beautiful community. Learn why Atria Carmichael Oaks is the choice to make.

We look forward to seeing you there!

The 12 Days of Christmas Building Tours is scheduled to begin at 6:30 p.m. at Atria Carmichael Oaks which is located at 8350 Fair Oaks Boulevard, Carmichael, Calif., 95608. For more information, contact the community at (916) 944-2323.

Atria Senior Living is a leading operator of independent living, supportive living,

assisted living and memory care communities in 179 locations in 28 states and seven Canadian provinces. They are the residence of choice for more than 21,000 seniors and the workplace of choice for more than 12,500 employees. They create vibrant communities where older adults can thrive and participate, know that their contributions are valued, and enjoy access to opportunities and support that help them keep making a difference in our world.

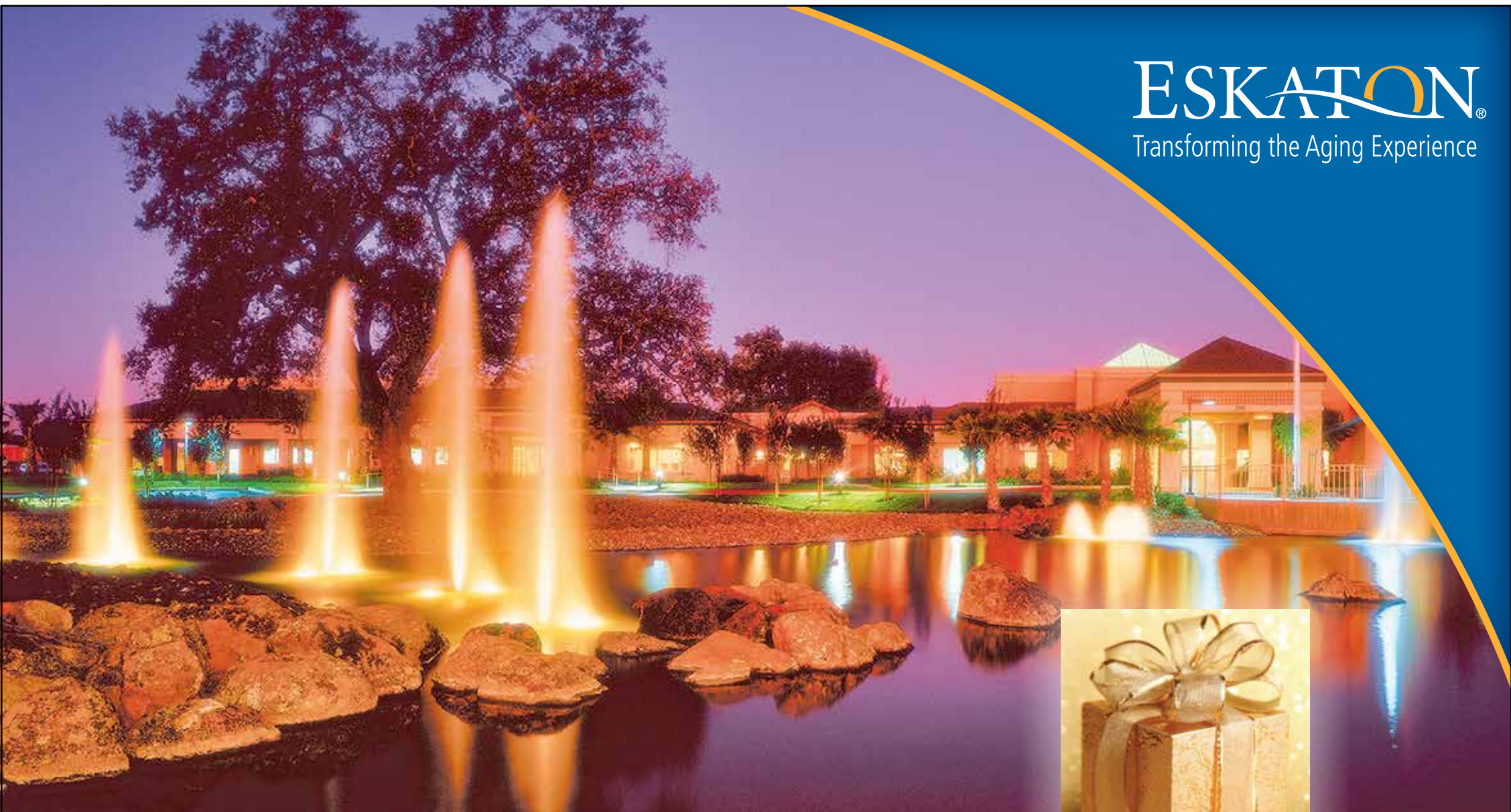
Source: Atria Senior Living ★

Monthly Military Retiree/Spouse Meeting

SACRAMENTO REGION, CA (MPG) - The next military meeting is scheduled for Jan. 12th, 2016 at the North Highlands Park and Recreation District, 6040 Watt Ave. Start time of the meeting is 1030 hrs. Guest speaker for this month is John Mitchell who represents SCI Cremation Services. The event provides a

warm, inviting, and edifying atmosphere. If that isn't enough to entice you, consider the complimentary cup of coffee and cookies. Questions can be referred to our volunteer staff at (916) 640-8446, Monday through Thurs, 0900 to 1500 hrs.

Source: Chief Moses ★



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Presto! Holiday Magic in Carmichael



Magical mysteries are on the menu for magician Dale Lorzo's La Sierra Community Center show.

Story and photo by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Magic will be in the air on Friday, Dec. 4th at La Sierra Community Center.

The Carmichael Park District will present illusionist Dale Lorzo—and his faithful assistant Elaine—in a family “Holiday Magic” show.

The performance will include the great toy escape, magically appearing flowers, floating Christmas baubles and Lorzo's famous disappearing-assistant trick. The event promises laughs and opportunities for volunteers to get in on the act. Carmichael-based Lorzo is a popular star of shows in Arden Arcade, Fair Oaks, Roseville, Orangevale, Citrus

Heights, and Rancho Cordova. Admission for the holiday show is \$6. Families get a \$20 rate for four people. Curtain goes up at 7 p.m. The La Sierra Center is at 5325 Engle Road. The show is presented by Carmichael Recreation and Park District. For information, visit www.carmichaelpark.com. ★

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CDPH Offers Food Safety Tips for the Holidays

SACRAMENTO REGION, CA (MPG) - With the holiday season upon us, California Department of Public Health (CDPH) Director and State Public Health Officer Dr. Karen Smith reminded consumers about the importance of safe food handling to prevent foodborne illness.

“Bacterial pathogens like Salmonella, E. coli, and Campylobacter can be present in foods, such as meat and poultry, and can cause illness due to insufficient cooking, inadequate cooling, and improper food handling practices,” Smith said. “Properly prepared and handled foods can assure us all a safe meal every day of the year.”

According to the Centers for Disease Control and Prevention, 48 million illnesses, 128,000 hospitalizations, and 3,000 deaths annually in the United States are related to foodborne diseases.

Foodborne diseases can be prevented by simple safety steps in the kitchen. Wash hands with soap and warm water before and after food preparation, and especially after handling raw foods. Clean all work surfaces, utensils, and dishes with hot soapy water and rinse with hot water after each use. Be sure to cook foods thoroughly and to refrigerate adequately between meals. Consumers can find more information about food safety tips

for holiday feasts on the CDPH website.

Bacteria such as Salmonella and E. coli O157:H7 are responsible for many foodborne illnesses, caused by eating contaminated foods. Contamination can occur at the farm level, during processing and handling, and as a result of poor food handling practices at home.

Symptoms of foodborne disease can include diarrhea, which may be bloody, vomiting, abdominal cramps and fever. Most infected people recover from foodborne illnesses within a week. Some, however, may develop complications that require hospitalization. Young children, the elderly, pregnant women, and people with a weakened immune system are at highest risk for potentially life-threatening complications.

Additional resources for information on food safety include the federal Food and Drug Administration Food Information line at (888) SAFEFOOD (723-3366) and the U.S. Department of Agriculture Meat and Poultry Hotline at (888) MPHOTline (674-6854). Consumers can also access the national Partnership for Food Safety Education’s “Fight BAC” (bacteria) webpage.

Source: California Department of Public Health★

CARMICHAEL COMMUNITY UPDATE



By County Supervisor Susan Peters

Through the generosity of the Carmichael Times, this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

Stopping Shopping Cart Blight

The Board of Supervisors recently took steps to reduce the unsightly nuisance and blight of abandoned shopping carts—and reduces the county’s cost of retrieving them. The new ordinance requires business owners who provide shopping carts for customers to submit an Abandoned Cart Prevention Plan outlining measures to be taken to eliminate the removal of carts from their premises.

More than 300 carts are picked up each month—and carts not picked up interfere with vehicle

and pedestrian traffic plus are subject to theft. The new requirements should help reduce these problems and maintain property values in the unincorporated area.

The ordinance is similar to those in many cities and counties, and the required plan must include these elements:

- Carts must be identified with the name and address of the business.
- Notice to customers explaining that removal of the carts is prohibited.
- A description of measure that will prevent cart removal such as disabling devices on carts, posting of a security guard, locks on carts stored outside when the business is closed, etc.
- An effective daily procedure for retrieval of abandoned carts.

Prior to adoption of the ordinance, input was sought from a variety of stakeholders to ensure the ordinance is workable, including the California Grocers Association, local business organizations, and Property and Business Improvement Districts.

To report an abandoned shopping cart, please call: 311.

New Parkway Parking Machines

The Department of Regional Parks recently expanded its automatic fee machines on the American River Parkway. The fee

machines allow visitors the convenience to choose between credit card and cash for purchasing daily parking and boat launch passes.

A new machine recently was installed at William B. Pond Park and additional machines will become operational at Parkway access points at Sunrise, Sacramento Bar, and River Bend. The aforementioned locations join the original pay machines at the Parkway’s Watt Access and Howe Access.

The move to having automated systems will save administrative time counting cash and reconciling the old fashioned envelop system that has been traditionally used in the Regional Park System.

Carmichael Tree Pruning Clinic

The Sacramento Tree Foundation will be hosting a free tree pruning clinic on Saturday, Dec. 12th, 10 a.m. to 12 p.m., at Carmichael Library, 5605 Marconi Avenue.

The clinic will provide quick, simple steps you take now to help your young shade trees grow healthy, strong, and beautiful—and save you time and money in the future. It includes an indoor classroom portion as well as hands on pruning practice.

Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at susan-peters@saccounty.net. ★

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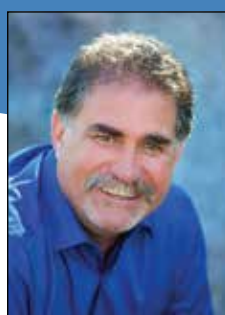
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Obamacare Co-Op Failures

Majority of Co-Ops Have Collapsed Over the Past Two Years Signally More Trouble for the President's Signature Law

SACRAMENTO REGION, CA (MPG) - President Obama may be able to veto attempts to repeal the Affordable Care Act (ACA), but the question is: can he forestall the eventual collapse of Obamacare due to financial mismanagement.

Recent news reports have focused on the enormous economic pressure under which Obamacare is operating, including the announcement by regulators in New York that the state's Health Republic health care co-op is under investigation.

Regulators there are looking into charges that Health Republic underreported its debt and that it misrepresented its financial viability. The co-op is the largest of 23 such insurance providers that were established across the U.S. under the ACA. Thirteen of these co-ops, including Health Republic, have gone under over the past two years.

"It is estimated that the Health Republic debacle will cost tax payers \$355 million. The Obama administration provided an initial \$265 million for the establishment of the co-op and then an additional \$90 million in emergency funding," according to Dan Weber, president of the Association of Mature American Citizens. "So much for reducing health insurance costs."

The co-ops were among the Obamacare insurance companies being touted as examples of the success of the health care law in providing the kind of competition that would result in lower premiums across the board. Many of them exceeded their enrollment projections and then they failed because they got their customers by low-balling premiums, according to the

Wall Street Journal.

"You don't have to be a bankruptcy specialist on par with Donald Trump to understand that loading up on clients who are consuming health care but aren't paying close to full freight is unsustainable," the Journal explained in an article this week.

Weber pointed out that the country, as a whole, will feel the impact of the collapse of the co-ops because taxpayers are picking up the tab. But those dependent on Obamacare for health care coverage will be hit the hardest because the co-op failures are, at least in part, responsible for the spike in 2016 Obamacare premiums.

"Of course, those who purchased health care insurance from co-op providers, particularly the poorest among them, will be hurt the most, despite the claim that the ACA would make health insurance affordable. In the case of New York's Health Republic, hundreds of thousands of policy holders were told on Oct. 30th that they had just about a month to find a new provider at new rates."

The Association of Mature American Citizens [http://www.amac.us] is a vibrant, vital senior advocacy organization that takes its marching orders from its members. They act and speak on their behalf, protecting their interests and offering a practical insight on how to best solve the problems they face today. Live long and make a difference by joining them today at http://amac.us/join-amac.

Source: Association of Mature American Citizens ★

Health Centers Receive Nearly \$7 million for Outreach and Enrollment

SACRAMENTO REGION, CA (MPG) - Recently, the Health Resources and Services Administration (HRSA) announced that 24 new California health centers will receive \$1,803,287 in awards for outreach and enrollment assistance through the Health Insurance Marketplace. These funds will support health centers' work in raising awareness of affordable insurance options and providing assistance to uninsured residents in their communities. Open enrollment in the Marketplace began on Nov. 1st, 2015 and runs through Jan. 31st, 2016.

"Today's awards build upon the work health centers across the country have done over the past three years to help Californians learn about and enroll in affordable health insurance coverage," HRSA Acting Administrator Jim Macrae said. "With these funds, California health centers will be able to ramp up efforts to reach the uninsured members of their communities during Open Enrollment."

Nationwide, HRSA announced approximately \$7 million in awards for health center outreach and enrollment assistance to 93 health centers. These awards build on HRSA's annual \$150 million national investment in health center outreach and enrollment activities. Since July 2013, health centers have assisted more than 12 million people with their efforts to become insured. Visit <https://localhelp.healthcare.gov/> to find out who is doing enrollment in your community and which ones have translation services.

Health centers are community-based and patient-directed

organizations that serve populations with limited access to health care. They provide comprehensive, culturally competent, quality primary health care services to medically underserved communities and vulnerable populations.

Through outreach into their communities and "in reach" to their uninsured patients, health centers are helping consumers understand their coverage options, learn what financial help they may be eligible for, and enroll in new affordable health coverage options through the Marketplace, Medicaid and the Children's Health Insurance Program.

Raising awareness is especially important because the majority of uninsured individuals don't know about the financial assistance available through the Marketplace. This year, about 8 out of 10 uninsured people who are eligible to enroll in health coverage through the Marketplace qualify for financial help to make their monthly premiums more affordable. More than 7 in 10 returning customers can find a plan for \$75 a month or less in premiums after advance premium tax credits.

California health centers that will receive awards include: AAA Comprehensive Healthcare, Inc., North Hollywood, Ca.; American Indian Health & Services, Santa Barbara, Ca.; Asian and Pacific Islander Wellness Center, Inc., San Francisco, Ca.; Behavioral Health Services Inc, Hawthorne, Ca.; Center For Aids Research, Education & Services Inc, Sacramento, Ca.; Center For Family Health & Education, Inc., Panorama City, Ca.; Central Neighborhood Health

Foundation, Los Angeles, Ca.; Community Medical Wellness Centers USA, Long Beach, Ca.; Complete Care Community Health Center, Inc., Los Angeles, Ca.; Davis Street Community Center Inc, San Leandro, Ca.; Harbor Community Clinic, San Pedro, Ca.; Harmony Health Medical Clinic And Family Resource Center, Marysville, Ca.; Latino Kids Health, Montebello, Ca.; Riverside County Health System, Riverside, Ca.; Roads Foundation Inc, Compton, Ca.; Sac Health System, San Bernardino, Ca.; San Diego American Indian Health Center Inc, San Diego, Ca.; San Fernando Community Hospital, San Fernando, Ca.; Sierra Family Medical Clinic Inc, Nevada City, Ca.; Southern California Medical Center, Inc, El Monte, Ca.; St Anthony Medical Centers, Los Angeles, Ca.; Tri-State Community Healthcare Center, Needles, Ca.; Unicare Community Health Center, Ontario, Ca.; Vietnamese Community Of Orange County, Santa Ana, Ca.

For the full list of award winners and funding amounts visit: <http://bphc.hrsa.gov/programopportunities/fundingopportunities/outreachandenrollment/fy16/index.html>

For more information about the Marketplace, including information about total costs of coverage, visit HealthCare.gov or CuidadoDeSalud.gov. Or call (800) 318-2596 (TTY (855) 889-4325) for free, confidential help enrolling. Translation services are available.

Source: U.S. Department of Health & Human Services ★



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Celery Products Recalled

Taylor Farms Pacific, Inc. Takes Precautions With Numerous Products After Learning of Possible E. Coli Contamination

SACRAMENTO REGION, CA (MPG) - Taylor Farms Pacific, Inc. of Tracy, Calif., is recalling the products because they may include celery which could potentially contain E. coli O157:H7. The products are being recalled out of an abundance of caution due to a celery and onion diced blend testing positive for E. coli O157:H7 in a sample taken by the Montana Department of Health. The celery and onion diced blend tested by the state of Montana was used in a Costco rotisserie chicken salad that has been linked to a multi-state E. coli O157:H7 outbreak.

Escherichia coli O157:H7 is a bacterium that

causes a diarrheal illness often with bloody stools. Although most healthy adults can recover completely within a week, some people can develop a form of kidney failure called Hemolytic Uremic Syndrome (HUS). HUS is most likely to occur in young children and the elderly. The condition can lead to serious kidney damage and even death.

To see a list of the products being recalled in your area visit www.fda.gov/Safety/Recalls, or call Taylor Farms Pacific, Inc. at (209) 830-3141 for more information.

Source: U.S. Food and Drug Administration ★



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STATEPOINT CROSSWORD • YEAR IN REVIEW

CLUES

ACROSS

- C in ROTC
- A Bartholomew Cubbins accessory
- From a great distance
- Dickens's Heep
- Credit card acronym
- Falstaffian in body
- One with lowest voice
- South Pacific welcome
- Capital territory of India
- *Escaped Mexican drug lord
- *Formerly Bruce
- This is well if it ends well
- Make over
- Public health promoting org.
- "____ and sound"
- Brilliant or magnificent
- Fast time
- Australian palm
- Sometimes done to a relationship
- Medley
- *Presidential candidate and celebrity
- Printing unit
- Mandarin's headquarters
- ____ crazy
- Gulf War missile
- Based on two
- Change to copy
- Give it a go
- Wine and cheese descriptor
- Jersey call
- *He visited U.S. with great fanfare
- *New late night host
- Hawaiian veranda
- *____ Paul teamed with Rihanna and Kanye
- Madagascar primate
- Set straight
- ____ you sure?
- Like one of eight in college basketball
- Phoenix suburb
- Swerve
- Scatterbrained

DOWN

- 27 to 3
- Kind of account
- Reduced Instruction Set Computer
- Turkish bigwig
- Sandbanks
- Beyoncé's 2008 hit
- Tarzan's adoptive mom
- Jiffy or instant
- Lend a criminal hand
- Succumbed to gravity
- Zombie's skin color
- Bit attachment
- Unequivocally detestable
- Manufacturing site
- Online pop-ups
- Reckoned
- *Major fight winner
- Flying nuisance
- True inner self
- Evergreen trees
- Livens up
- Give a boot
- Happen again
- *Deflategate star
- Three-____ sloth
- In the middle of
- Best of its kind
- One of B-vitamins
- Computer-generated imagery
- What the bell did?
- English homework
- Plural of obelus
- Kind of drumbeat
- Respiratory rattling
- Black tropical cuckoo
- Hindu serpent deity
- *They went down with the El Faro
- Discharge
- Tracks after rain
- *Stephen Curry was a master at hitting this shot
- Easter Rising product

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12	
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65						66	67			68		
69						70				71		
72						73				74		

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5				3		1	6				

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 8

Come back every week for Crossword and Sudoku!



ARIES (March 21 to April 19) Don't feel sheepish about looking to spend more time with that special person during the upcoming holidays. Do it because it's the right thing to do.

TAURUS (April 20 to May 20) Never mind letting misunderstandings repair themselves. Consider speaking up while the healing process can be shorter and sweeter and leave fewer scars.

GEMINI (May 21 to June 20) Romance is easily awakened in the Geminian heart, especially around the happy holiday season. So go ahead and make those plans with that special someone.

CANCER (June 21 to July 22) Moon Children can glow with their own inner light as the holiday season magic takes hold. It's a very special time for Cancers and Libras together. Enjoy.

LEO (July 23 to August 22) It's a good time for you fabulous Felines to take pleasure in your special gift for, well, taking pleasure! Look for this holiday season to give you every reason to purr.

VIRGO (August 23 to September 22) This is a good time to let others who are in your life get a little closer to you. You'll both find out what you've been missing for far too long.

LIBRA (September 23 to October 22) Open up your eyes and see some welcome surprises you've missed or overlooked for too long. What you find can lead to other favorable changes.

SCORPIO (October 23 to November 21) What you expect to be potentially troublesome might simply be especially challenging and well worth your efforts to check out. Good luck!

SAGITTARIUS (November 22 to December 21) A friendship might not seem as trustworthy as you'd like. OK. Ask your questions, get your answers and settle the matter once and for all.

CAPRICORN (December 22 to January 19) A family situation moves into a new area because of (or, maybe, thanks to) some decisions you might have felt you could not avoid making.

AQUARIUS (January 20 to February 18) You could be cutting it very close if you hope to make those holiday plan changes in time to avoid problems. Get a friend or family member to help.

PISCES (February 19 to March 20) Friends show how important you are to them. Keep these precious relationships thriving. They affect much that will happen to the fabulous Fish in the new year.

BORN THIS WEEK: Time spent at home alone nurtures your mystic self. Spending your time with others nurtures them.

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Those who study such things say that dead people can get goose-bumps.

Arguably, the best-known battle of the U.S. Civil War occurred in Gettysburg, Pennsylvania, in the summer of 1863. This battle saw the most casualties of any during the war, and it is considered by many historians to be a turning point. Many don't realize the sheer volume of gunfire that occurred there, though; so many bullets were fired during the three-day battle -- and so many went astray -- that trees near the battlefield later died from lead poisoning.

1. Cowboys 7. Bears
2. Packers 8. Giants
(tie) Patriots 9. 49ers
4. Broncos 10. Saints
5. Steelers
6. Seahawks

Source: The Harris Poll



PICKS OF THE WEEK



Tom Cruise in "Mission: Impossible -- Rogue Nation" -- Bo Bridges/Paramount Pictures

"Mission: Impossible -- Rogue Nation" (PG-13) -- This is the fifth installment with Tom Cruise as superspy Ethan Hunt, and he's still riveting audiences with his purposeful running. There's a new shadowy organization of errant spies on the scene, and they're bent on launching a series of terrorist attacks to destabilize world governments. Hunt has to team up with Ilsa Faust (Rebecca Ferguson), a double-agent who may or may not be part of the evil syndicate herself.

Now in his early 50s, Cruise is still killing it as a man of action. He's insisted on doing the coolest stunts himself in this franchise, and that continues with this iterations hyper-thriller action sequences -- including face-peeling motorcycle stunts and a bonkers assassination plot during an opera. Alec Baldwin and Simon Pegg bring a necessary dose of comedy.

"He Named Me Malala" (PG-13) - When she was 15 years old, Malala Yousafzai was shot in the head by Taliban gunmen who found her on a bus. The teenager had been a vocal advocate for girls' education in Swat Valley, Pakistan, and that made her a target. As you've probably heard, she recovered, continued to advocate and became the youngest winner of the Nobel Peace Prize.

The film finds her when she's 17 and living with her parents

in Birmingham, U.K. While she cuts an intriguing profile, the movie also explores the varied international reactions to Malala's story. The title of the film (and her book) points to the inspiration she's gained from her father, who named her after a cultural hero.

"Maze Runner: The Scorch Trials" (PG-13) - Now that "The Hunger Games" have had their final award ceremony, "The Maze Runner" deserves a shot to be the post-apocalyptic young-adult adventure series of the times. This is the second movie in the series, and the first one was pretty good. The style here is that our young, memory-wiped heroes have made it out of a high-tech maze, only to continue piecing together the plot as they flee from monsters and mysterious manipulators. It appears that some organization with the foresight to name itself WCKD (pronounced "wicked") has some dastardly plans for these youths.

DOG OF THE WEEK

"Fantastic Four" (PG-13) - They're not supposed to be the Realistic Four. It's a superhero movie, minus anything fun or heroic. It's mostly gray, dour and scowly-faced serious. Kid super-genius Reed Richards (Miles Teller) invents some quantum-travel stuff that gets picked up by the government. In a bit of reckless impulsivity, Reed and pals (Kate Mara, Michael B. Jordan, Jamie Bell and Toby Kebbell) wind up in another dimension where some green explosion gives them superpowers. They are pretty bummed about this for the rest of the movie, until the bad guy feels like showing up, tacking on a forced confrontation to the end of this brutally boring gripe-fest.

TV RELEASES

- "Teen Wolf: Season 5 -- Part 1"
- "CSI: Crime Scene Investigation -- The Final CSI"
- "Marco Polo: Season 1"
- "Chef's Life: Season 3"
- "Underworld, Inc. Season 2"

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by HEALTHY EXCHANGES

Holiday Bars

If ever there was a time of the year when plates of cookies are a "must," it's during the holiday season. Those cookies keep all the boys and girls (and their elders) on their best behavior so their wish list from Santa just might be fulfilled.

- 1 (8-ounce) can reduced-fat crescent rolls
- 1 (8-ounce) package fat-free cream cheese
- 1 egg or equivalent in egg substitute
- Sugar substitute to equal 1/3 cup sugar, suitable for baking
- 1 teaspoon vanilla extract
- 1/4 cup chopped walnuts
- 2 tablespoons mini chocolate chips

1. Heat oven to 350 F. Spray a 9-by-9-inch cake pan with butter-flavored cooking spray. Unroll and pat half of the crescent rolls into prepared cake pan.

2. In a medium bowl, stir cream cheese with a spoon until soft. Add egg, sugar substitute and vanilla extract. Mix well to combine. Stir in walnuts. Pour mixture evenly into cake pan.

3. Pat remaining crescent rolls flat, being sure to seal perforations and carefully arrange over top of filling. Bake for 25 minutes. Evenly sprinkle chocolate chips over top and continue baking for 5 minutes.

4. Place cake pan on a wire rack and allow to cool completely. Cut into 16 bars. Makes 8 (2 bars each) servings.

* Each serving equals: 160 calories, 8g fat, 7g protein, 15g carb., 41mg sodium, 0g Fiber; Diabetic Exchanges: 1 Starch, 1 Meat, 1 Fat.

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Poinsettias

The Aztecs called these plants *cuetlaxochitl*. The sap within the stems was used to control fevers, and the bracts-- its petal-like, red leaves -- were used to make a reddish dye. Montezuma, the last of the Aztec kings, would have the plants brought into what is now Mexico City by caravans, as poinsettias could not be grown there due to the city's high altitude.

Source: extension.illinois.edu — Brenda Weaver

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Sudoku Puzzle on Page 6

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 9 2 7 8 6 1 4 3 5
 4 3 1 5 7 2 8 9 6
 3 4 6 7 5 8 2 1 9
 1 8 2 9 4 6 5 7 3
 5 7 9 1 2 3 6 4 8
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Sudoku Puzzle on Page 6

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 9 2 7 8 6 1 4 3 5
 4 3 1 5 7 2 8 9 6
 3 4 6 7 5 8 2 1 9
 1 8 2 9 4 6 5 7 3
 5 7 9 1 2 3 6 4 8
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Crossword Puzzle on Page 6

C	O	R	P	S	H	A	T
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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08456 Ted Lakos, 3216 Del Paso Boulevard Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Sacramento Electric Co" at 3216 Del Paso Boulevard Sacramento, CA 95815. Filed with the Clerk of Sacramento County November 2, 2015. Publish: November 13, 20, 27, and December 4, 2015 SAC 151106 12-04-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08667 Toua Yang, 8008 Glen Ivy Court Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Kustomopp.com, Hmoob Avenue" at 8008 Glen Ivy Court Sacramento, CA 95828. Filed with the Clerk of Sacramento County November 9, 2015. Publish: November 20, 27, December 4, and 11, 2015 KUSTOM 151102 12-11-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08679 Jeffrey Michael Geringer, 8308 Gordian Way Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "All in 1 Construction" at 8308 Gordian Way Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 9, 2015. Publish: November 20, 27, December 4, and 11, 2015 ALLIN1 151109 12-11-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08735 Huu Huy Thai Nguyen, 8653 Banton Circle Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Nails National" at 8055 Elk Grove Florin Road # E Sacramento, CA 95829. Filed with the Clerk of Sacramento County November 12, 2015. Publish: November 27, December 4, 11, and 18, 2015 NAILS 151112 12-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08776 Donald R. Johnson, 7141 Eagle Road Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Raldon MFG Co" at 7141 Eagle Road Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 13, 2015. Publish: December 4, 11, 18, and 25, 2015 RALDON 151126 12-25-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-08823 Lisa Fletcher, 540 Saddleback Drive Marysville, CA 95901 is doing business under the Fictitious Business Name(s) "Fletcher's Landscape & Maintenance Co" at 7340 Rio Linda Boulevard Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 16, 2015. Publish: November 27, December 4, 11, and 18, 2015 FLETCH 151109 12-18-15

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2014-04749
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Firebird Russian Restaurant and Gallery" located at 4715 Manzanita Avenue Carmichael, CA 95608. Svetlana Kumarsky6909 Bentley Place Granite Bay, CA 95746. The Fictitious Business Name Statement referred to above was filed on June 6, 2014 in the County of Sacramento. Publish: November 20, 27, December 4, and 11, 2015 FIREBIRD 151110 12-11-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2015-04052
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Firenew Sacramento" located at 161 Orrington Circle Sacramento, CA 95835. Nicor LALC, 161 Orrington Circle Sacramento, CA 95835. The Fictitious Business Name Statement referred to above was filed on May 15, 2015 in the County of Sacramento. Publish: November 20, 27, December 4, and 11, 2015 FIRENEW 151113 12-11-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2015-04749
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Firenew Sacramento" located at 161 Orrington Circle Sacramento, CA 95835. Nicor LALC, 161 Orrington Circle Sacramento, CA 95835. The Fictitious Business Name Statement referred to above was filed on May 15, 2015 in the County of Sacramento. Publish: November 20, 27, December 4, and 11, 2015 FIRENEW 151113 12-11-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2015-04052
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Firenew Sacramento" located at 161 Orrington Circle Sacramento, CA 95835. Nicor LALC, 161 Orrington Circle Sacramento, CA 95835. The Fictitious Business Name Statement referred to above was filed on May 15, 2015 in the County of Sacramento. Publish: November 20, 27, December 4, and 11, 2015 FIRENEW 151113 12-11-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2015-04052
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Firenew Sacramento" located at 161 Orrington Circle Sacramento, CA 95835. Nicor LALC, 161 Orrington Circle Sacramento, CA 95835. The Fictitious Business Name Statement referred to above was filed on May 15, 2015 in the County of Sacramento. Publish: November 20, 27, December 4, and 11, 2015 FIRENEW 151113 12-11-15

ORDER TO SHOW FOR CHANGE OF NAME

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186817
WHEREAS, Angela Lauren Layton has filed a petition with this court for a decree changing the name(s) of Angela Lauren Layton to Angela Grace Lauren. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 27, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 04, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: November 20, 27, December 4, and 11, 2015 LAYTON 151111 12-11-15

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186827
WHEREAS, Galina M. Dancov and Evgheni V. Dancov have filed a petition with this court for a decree changing the name(s) of Elsei Dancov, to Elisha Dancov. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on January 25, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 28, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: November 27, December 4, 11, and 18, 2015 DANCEV 151119 12-18-15

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186842
WHEREAS, FNU Shamshad and FNU Samira have filed a petition with this court for a decree changing the name(s) of FNU Shamshad to Shamshad Sahil, FNU Samira to Samira Sahil, and Denise Sahil to Angiza Sahil. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 4, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 18, 2015 David I. Brown, Judge of the Superior Court Publish: November 27, December 4, 11, and 18, 2015 SAHIL 151119 12-18-15

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186875
WHEREAS, Michael Jerome Triplett has filed a petition with this court for a decree changing the name(s) of Michael Jerome Triplett to Michael Jeffrey Thomas Sr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 20, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 28, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: December 4, 11, 18, and 25, 2015 THOMAS 151120 12-25-15

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186818
WHEREAS, Michael Jerome Triplett has filed a petition with this court for a decree changing the name(s) of Michael Jerome Triplett to Michael Jeffrey Thomas Sr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 20, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 28, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: December 4, 11, 18, and 25, 2015 THOMAS 151120 12-25-15

ORDER TO SHOW FOR CHANGE OF NAME

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00186875
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ORDER TO SHOW CAUSE CHANGE OF NAME
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By Pastor Rich Reimer

Be Christmas

receiving gifts, why not turn Christmas upside down and *be* Christmas to each other? Why not *be* Christ in our families and community this Christmas season? What exactly do I mean by that? Well, in Saint John's book he writes this way about Jesus' coming into our world.

"And the Word became flesh and dwelt among us, and we beheld His glory, glory as of the only begotten from the Father, full of grace and truth." John 1:14

The Word is a common Greek concept for "the rational principle that governs all things." Jewish philosophers during that time would use this same concept as referring to God. So John is saying that God put on human skin and lived on earth. This person, evangelical Christians believe, is Jesus, the one born in Bethlehem to Mary and Joseph.

John goes on to use two descriptive words to define the Christ of Christmas. He was the God/Man "full of grace and truth." These two terms are a paradox. Grace is treating others with

undeserved favor, or unconditional positive regard. Truth is treating others with consistency and reality. We humans find it very hard to balance grace and truth. We tend to camp on one side or the other.

But this is the balance I want us to reach for especially during this season. I want us to BE CHRISTMAS. BE PEOPLE OF GRACE AND TRUTH.

I will be using these two powerful traits of Jesus in all my advent messages starting Sunday, Nov. 29th and concluding on Christmas Eve. I'm excited to understand how grace and truth are to be lived out, especially during a season that is typically focused on consuming, shopping and partying. I invite you to join me in celebrating the Christmas season in a new way.

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Lead Pastor
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page1688of Official Records in the office of the Recorder of Sacramento County, California, Date of Sale: 12/18/2015 at 11:00 AM Place of Sale: At the main entrance to the County Courthouse 720 9th Street Sacramento CA Estimated amount of unpaid balance and other charges: \$211,267.87 Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed. Street Address or other common designation of real property: 8157 Ramwood Way Orangevale, CA 95662 Described as follows: As more fully described in said Deed of Trust A.P.N #: 259-0100-013-0000 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of this publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may

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That's the way I want to challenge church people this Advent season. Instead of Celebrating Christmas, instead of focusing on

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Carmichael Times

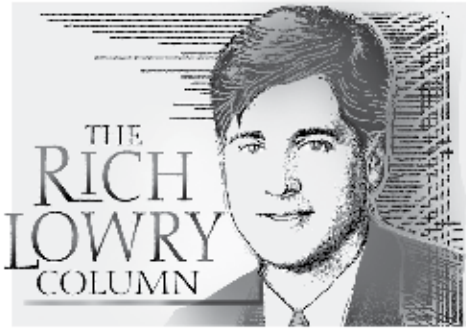
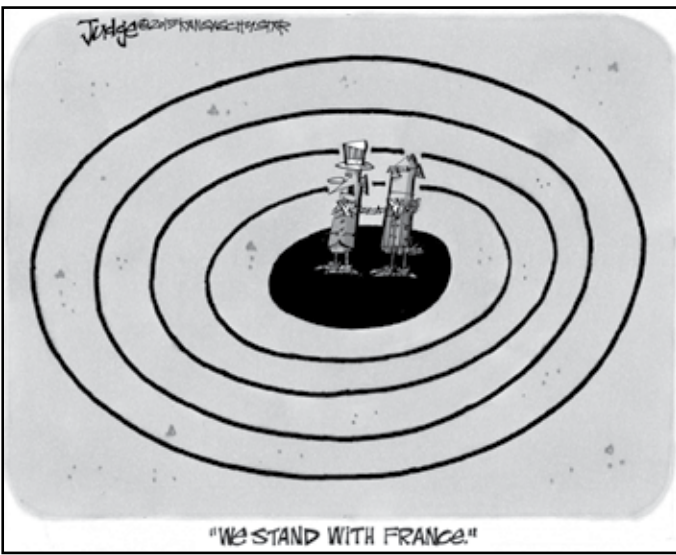
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Obama's Sanctimony on Syrian Refugees

President Barack Obama has seen the enemy, and it is the refusal to accept more Syrian refugees.

From the tone of his post-Paris remarks, you'd think that a sophisticated terrorist assault on a major Western city is a setback; sentiment in the U.S. against taking more Syrian refugees is an atrocity.

Obama warned against "that dark impulse inside of us," as if we were debating whether Syrian refugees should be drawn and quartered. He said that "slamming the door in their faces would be a betrayal of our values." He was joined by liberal commentators who scoffed and guffawed at worries over Syrian refugees after -- ho-hum, nothing to see here -- one of the Paris terrorists apparently posed as a refugee.

It's remarkable that the president

feels justified in lecturing anyone on humanitarianism. He has stood by while Syria has descended into a hellish chaos, and hasn't betrayed any guilty conscience. If you put those 10,000 Syrian refugees back in their native country and let them get gassed, barrel-bombed, shelled or shot, would he bat an eye at the ever-growing casualty count?

The Syrian refugees are most useful to the president as a symbol of his alleged cosmopolitanism and of the supposed backwardness of his opposition.

The problem with the argument that our values compel us to take refugees is that it isn't subject to any limit. We admit about 70,000 refugees a year. Is that the American level? Or would 700,000 be more American? And what's the balance between prudential considerations -- cost, security, assimilation -- and American-ness?

By any reasonable standard we are justified in telling Europe that we have already done our part on migration, thank you very much. According to immigration expert Jessica Vaughan, since 2009 we have accepted 70 percent of all resettled United Nations-designated refugees worldwide.

It is true that Europe at the moment faces a migrant crisis. It's not hard to see how it can begin to handle it. First, tell Germany's foolhardy chancellor to stop encouraging more migrants to come; enforce national

boundaries like nation-states have from time immemorial; refuse to accept anyone who hasn't been processed properly.

The U.S., already dealing with a steady migrant flow from south of the border, needn't become part of the bidding for Syrian refugees.

Resources can be better spent in Middle Eastern countries that are hosting millions of Syrian refugees. The Center for Immigration Studies, which supports restrictions on immigration, estimates that the cost of settling one Syrian refugee here would support 12 Syrian refugees in the other Middle Eastern states.

While we don't face the security risk of Europe, where the refugee flow is essentially uncontrolled, there is no reliable way to vet Syrian refugees.

Finally, assimilation is an obvious concern. The experience of the Somali refugee community in Minneapolis hasn't been a happy one. Unemployment is high, and the community has provided dozens of recruits to radical Islamist groups.

Of course, that we are discussing a Syrian refugee crisis at all is another symptom of the president's abject failure in the Middle East. So, please, Mr. President, spare us your sanctimony and condescension.

Rich Lowry is editor of the National Review.

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Pet Insurance Checklist

DEAR PAW'S CORNER: My veterinarian recommended that I buy pet insurance for my puppy, "Max." Should I purchase the insurance that the vet recommends, or can I choose my own policy? -- New Owner in Nashville

DEAR NEW OWNER: Pet owners should always compare pet insurance policies to see what will work best for their budget and breed of dog (or cat, or other pet). There are a number of questions you should ask. Each insurance provider will have a slightly different answer, price and type of coverage.

Here are a few things to look for when considering a policy, courtesy of DVM360:

- Does your pet's veterinarian accept the type of insurance coverage you're considering?
- Is the insurance company licensed in your state?
- Does the policy cover "wellness" or "preventive care" such as annual checkups and shots?
- What are the minimum and maximum pet ages for enrollment?

- What is the policy's deductible? Can you change that deductible from year to year?
- What kind of health conditions or care are not included?
- What are the annual and lifetime care limits, if any?
- What if your pet has a pre-existing condition?
- Are there any extra fees that could be charged? Are any discounts available?
- How much will you pay per month for the policy? Will those rates increase?

These are just some of the important questions you should ask of a pet policy provider. You'll want to find a balance between the cost of the policy and the amount of coverage it provides for different health situations. Ideally, Max won't suffer a serious illness or accident, but a policy can help defray the costs should something happen.

Send your questions or tips to ask@pawscorner.com.

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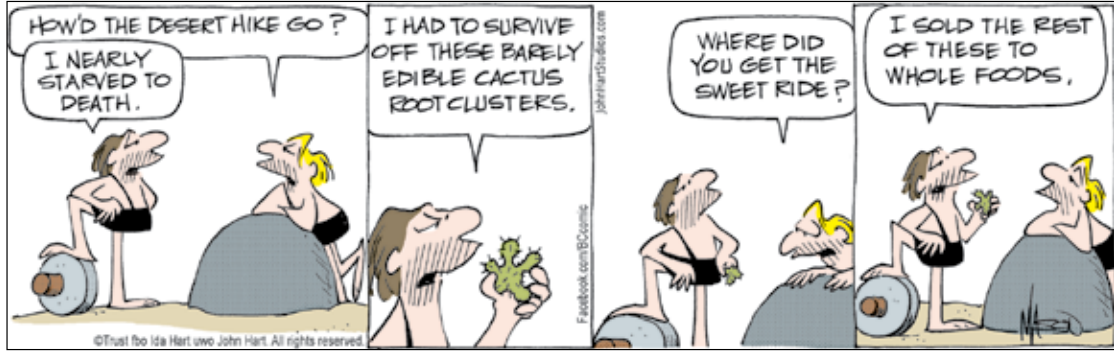
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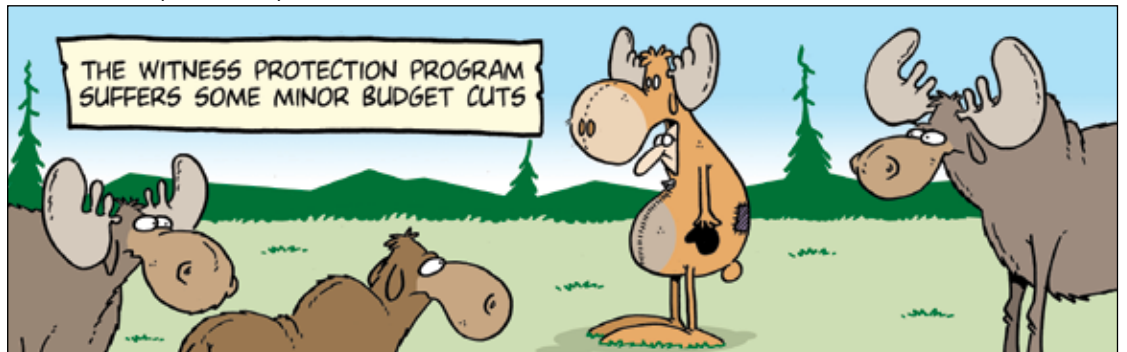
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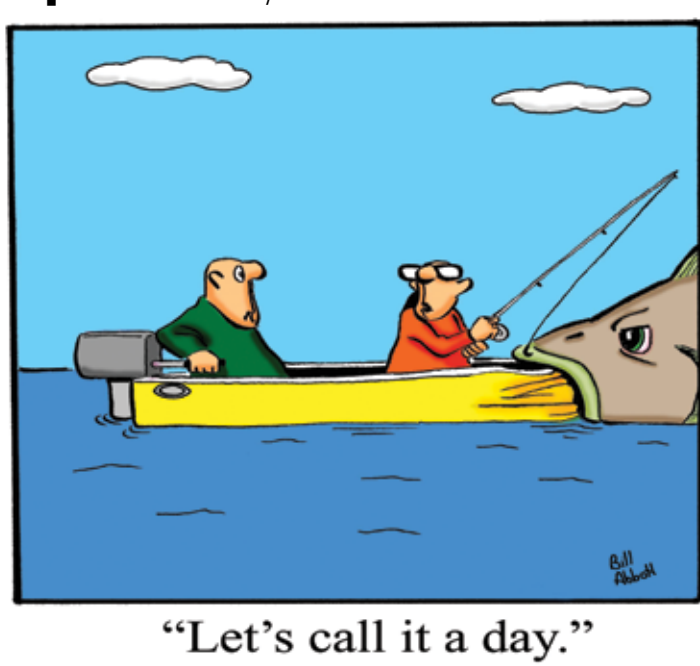
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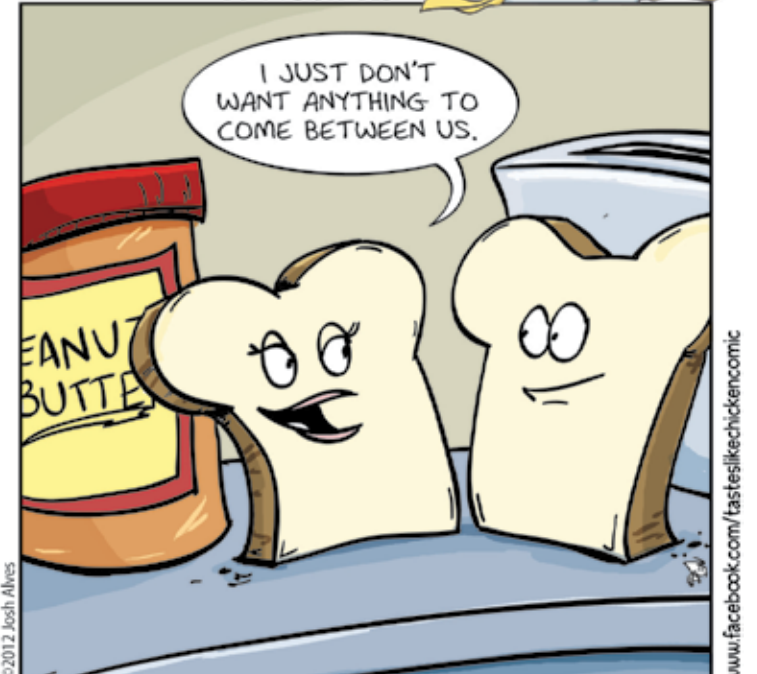
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The Man About Town

Finally, I had the opportunity to reintroduce myself to The Man. It wasn't all that long ago. That last time I met "Coach" was the first time I had met him when he wasn't the coach anymore.

We were just two grandpas standing along the sideline enjoying the action of a little boys' soccer game at Community Park (though he might have been scouting for another Rolf Benirschke). We had a lot in common on that bright, beautiful morning in central Davis.

Though we didn't really know each other personally, we had some history. Surely, I remembered it much more clearly than The Legend.

It was the years around the turn of the decade from the '70's into the '80's and Coach Jim Sochor and the UC Davis football program were in full stride (the Mike Moroski/Ken O'Brien years). "Coach" was on his way to greatness; I was a young, part-time sports reporter for a local newspaper.

We met "professionally" on only a handful of occasions, since the lead reporter got all of the best gigs. But one of my assignments was working the phones in the evenings, which included bothering the coach many times for tidbits of information and quotes to keep football in the news during the days between games. It's likely he knew my voice better than he recognized my face.

When Sochor, 77, two days before Thanksgiving completed the pass from this life into the next --- in which his spirit will live on among those he touched --- even those, such as I, that only knew of him, knew about him, or that might have had some brief encounter with "Coach" were dropped for a loss.

The area papers were full of tributes and testimonials in the days following Sochor's death. His many on-field accomplishments were recounted --- 19 years leading

UC Davis to a 156-41-5 record; 18 straight league titles; a 38-game conference winning streak; a 92-5 overall conference record; a number of playoff appearances that included a berth in the Division II championship game in 1982; and many others.

Several of his former players and assistants went on to successful college coaching careers. He helped advance several of his players into the professional ranks. He was inducted into the College Football Hall of Fame in 1999. He spent three years as athletic director, five as golf coach and three seasons as an assistant in NFL Europe.

Some of Sochor's closest friends were quoted in the papers, expressing their admiration for The Man and using terms like "caring...loving...gracious...humble...loyal...teacher...mentor," and phrases such as "a remarkable man... always gracious with his time... treated everyone with respect."

During his successful run at UCD, Sochor was courted for positions beyond his domain in Division II, but always elected to remain local, loyal to his team, school, town, family and friends. He never made a big deal about his other offers. As he often liked to say in those early years, he played it "close to the vest."

Through those many, many years between the early days and our final chance meeting some months ago, "Coach" would be spotted here and there, from time to time.

He would be seen heading into one of his favorite breakfast spots; I would imagine him sitting in there for hours over coffee drawing up plays on his napkins. He would be seen heading to the parking lot after an Aggie basketball game; he was probably there whenever he could. The last couple of years he would be spotted in the crosswalk at The Marketplace on his way into Noah's; probably there to share fresh bagels and football talk with

a longtime buddy or two.

Whenever or wherever it was, there just seemed to be something special about this man about town. Never aloof, he seemed to carry an aura of genuineness around him always; though he had accomplished so much within his domain of choice, the body language let it be known that he was a man of the people.

Certainly there is a huge number of people around the community and beyond that thought so highly of The Man they barely knew that they would be jealous of the family, friends, students, athletes, and all of those whom he loved dearest and with whom he shared so much more.

That The Man's honest demeanor could leave such a lasting impression on those on the fringe speaks volumes about "Coach."

A winner in everyone's eyes, sadly, Sochor lost his long battle with cancer last week.

He likely was fighting that fight when we happened to meet again a few months ago near the pitch at Community Park. Our short, stroke-for-stroke greetings were pleasant and, of course, genuine. I tried to jog his memory about the long, lost days of our prior interactions, though I was sure he'd seen many a scribe come and go through the years.

His countenance expressed approval of the reintroduction, without letting on whether or not he truly recalled those earlier times we had shared. Now, after his passing, I think back on our handshake as one that represented admiration and gratitude from those of us on the fringe.

We returned our attentions back toward the young grandsons running in packs after the soccer ball, frolicking on the community green with their teammates. Another glance over at "Coach" told me that there was no place else he would rather be. ★

WINTERDANCE

10th Annual Celtic Christmas Celebration

Molly's Revenge

with Irish Dancers
and vocalist
Christa Burch

Fri. Dec. 4 at 7:30 PM
St Michael's Episcopal Church

2140 Mission Avenue, Carmichael, CA 95608

Tickets \$20 adv/\$24 door and \$10 kids

brownpapertickets.com
mollysrevenge.com

Permission to Dance at the Mission



Mission Oaks Community Center regulars are set to dance in the holidays.

Story and photo
by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Dance central in Carmichael, the Mission Oaks Community Center has scheduled dances to celebrate the Holidays. Sponsored by Supervisor Susan Peters, a free Dec. 17th party offers refreshments and dance music. The John Skinner Band will perform a variety of ballroom and pop selections.

On Dec. 29th, patrons will ring in 2016 at a New Year preview party. This event costs \$8. Favors, snacks, a balloon drop, and dancing to Eddie Lovato's Band are included. Both events kick off at 1:15 p.m. Mission Oaks Community Center is at 4701 Gibbons Drive, Carmichael. For information, visit www.MORPD.com.

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Map showing location at the intersection of Auburn Blvd, Garfield Av, Manzanita Av, and Madison Av, near Greenback Ln.

Television Listings for the week of December 4-December 9

FRIDAY EVENING

DECEMBER 4, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30																															
BROADCAST	ABC Last Man Standing (N) HD	CBS The Amazing Race (N) HD	NBC Undateable (N) HD	FOX MasterChef Junior (N) HD	A&E Unforgettable (N) HD	AMC Scrooged (88) (N) HD	ANIMAL To Be Announced (N) HD	BET Martin (N) HD	BRAVO Housewives (N) HD	CARTOON King of Hill (N) HD	CMT Hope Floats (98, PG-13) HD	CNN Anthony: "Koreatown" (N) HD	COMEDY Archer (N) HD	DISCOVERY Gold Rush: Pay Dirt (N) HD	DISNEY BUNK'D (N) HD	EI Botched: "The Wizard" (N) HD	ESPN (6:30) NBA Basketball	ESPN2 College Basketball: Oregon vs UNLV (Live) (N) HD	FAMILY Fred Claus (07, PG) Vince Vaughn, (N) HD	FOOD Diners (N) HD	FX Grown Ups 2 (13, PG-13) Adam Sandler, Kevin James, (N) HD	HGTV Love It or List It (N) HD	HISTORY American Pickers (N) HD	LIFETIME The Christmas Gift (15, NR) (N) HD	MTV Challenge (N) HD	NICK Sanjay (N) HD	SPIKE Cops (N) HD	SYFY (7:30) Blade: Trinity (04, R) HD	TBS Broke Girls (N) HD	TCM (7:15) Meet John Doe (41, NR) (N) HD	TLC Real Life Mysteries (N) HD	TNT The Hunger Games (12, PG-13) Jennifer Lawrence, Stanley Tucci, (N) HD	TRAVEL Mysteries (TVPG) (N) HD	TV LAND Road House (89, R) HD	USA Law & Order: SVU (N) HD	VH1 The Bourne Identity (02, PG-13) HD	WGN How I Met How I Met (N) HD	PREM	HBOV The Leftovers (N) HD	MAXW Let's Be Cops (14, R) HD	SHOWW The Affair (TVMA) (N) HD

SATURDAY EVENING

DECEMBER 5, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30																															
BROADCAST	ABC Coll. Ftbl Local Programs	CBS NCIS: "The Searchers" (N) HD	NBC It's a Wonderful Life (47, NR) HD	FOX Coll. Ftbl Local Programs	A&E What Would You Do? (N) HD	AMC Armageddon (98, PG-13) HD	ANIMAL Dr. Dee: Alaska Vet (N) HD	BET (7:00) Peoples (13, PG-13) HD	BRAVO Guide Divorce (TV14) (N) HD	CARTOON DBZ Kai: King of Hill (N) HD	CMT The Princess Bride (87, PG) HD	CNN Christmas Kiss (14) (N) HD	COMEDY Polly (04) (N) HD	DISCOVERY Dual Survival (N) HD	DISNEY Forgot Ho: Holiday (N) HD	EI Superbad (07, R) HD	ESPN (7:45) SportsCenter (N) HD	ESPN2 (7:30) College Basketball (Live) (N) HD	FAMILY (7:15) Elf (03, PG) Will Ferrell, (N) HD	FOOD Chopped: "College" (N) HD	FX Prisoners (13, R) HD	HGTV On the Ranch (N) HD	HISTORY Swamp People (N) HD	LIFETIME The Flight Before Christmas (15) (N) HD	MTV (7:20) Project X (12, R) HD	NICK Ho Ho Holiday (N) HD	SPIKE Cops (N) HD	SYFY (6:30) Day After (04) (N) HD	TBS Big Bang Billy On (N) HD	TCM Susan Slept Here (54) (N) HD	TLC Real Life Mysteries (N) HD	TNT The Hunger Games (12, PG-13) Jennifer Lawrence, Stanley Tucci, (N) HD	TRAVEL Ghost Adventures (N) HD	TV LAND Instant (N) HD	USA Mama (N) HD	VH1 (7:30) The Goonies (85, PG) HD	WGN Parks (N) HD	PREM	HBOV Get Hard (15, R) HD	MAXW Dark Blue (03, R) HD	SHOWW The Affair (TVMA) (N) HD

SUNDAY EVENING

DECEMBER 6, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30																																
BROADCAST	ABC Once Upon a Time (N) HD	CBS (7:00) 60 Minutes (N) HD	NBC Football Local Programs	FOX Simpsons (N) HD	ION Back to Christmas (14) (N) HD	A&E The First 48 (TV14) (N) HD	AMC Into the Badlands (N) HD	ANIMAL North Woods Law (N) HD	BET (7:05) Johnson Family Vacation (04) (N) HD	BRAVO Real Housewives (N) HD	CARTOON King of Hill (N) HD	CMT The Proposal (09) (N) HD	CNN To Be Announced (N) HD	COMEDY Tosh.0 (N) HD	DISCOVERY Alaska: Last (N) HD	DISNEY Undercover Best (N) HD	EI Kardashians: "Rites" (N) HD	ESPN SportsCenter (N) HD	ESPN2 2015 WSOP (Replay) (N) HD	FAMILY How Grinch Stole Christmas (00) (N) HD	FOOD Guy's Grocery Games (N) HD	FX White House Down (13, PG-13) HD	HGTV Life (N) HD	HISTORY Pawn Stars (N) HD	LIFETIME Flight Before (15) (N) HD	MTV American Pie (99) (N) HD	NICK Santa (14) (N) HD	SPIKE Bar Rescue (TVPG) (N) HD	SYFY Lost World (97) HD	TBS Big Bang (N) HD	TCM It's in the Bag (45) (N) HD	TLC 90 Day Fiance (N) HD	TNT The Librarians (N) HD	TRAVEL Mysteries at the Castle (N) HD	TV LAND Raymond (N) HD	USA NCIS: "Til Death Do (N) HD	VH1 Couples Retreat (09, PG-13) HD	WGN Home Videos (N) HD	PREM	HBOV Get Hard (15, R) HD	MAXW Transformers (07, PG-13) HD	SHOWW The Affair (TVMA) (N) HD

MONDAY EVENING

DECEMBER 7, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30																																
BROADCAST	ABC The Great (N) HD	CBS Supergirl (TV14) (N) HD	NBC The Voice: "Live Semi-Final" (TVPG) (N) HD	FOX TV's Funniest Animated Stars: Paley Center (N) HD	ION Law & Order (TV14) (N) HD	A&E The First 48 (TV14) (N) HD	AMC Christmas with the Kranks (04, PG) HD	ANIMAL Yukon Men (TVPG) (N) HD	BET Yukon Men (TVPG) (N) HD	BRAVO Housewives (TV14) (N) HD	CARTOON Adventure Regular (N) HD	CMT Last Man Standing (N) HD	CNN Anderson Cooper 360 (N) HD	COMEDY South Park (N) HD	DISCOVERY Street Outlaws: Full (N) HD	DISNEY Happy Feet Two (11, PG) HD	EI Kardashians: "Rites" (N) HD	ESPN (7:20) SportsCenter (N) HD	ESPN2 Champ. Nation (N) HD	FAMILY Vacation The Santa Clause (94, PG) HD	FOOD Unwrapped 2.0 (N) HD	FX (7:00) Captain Phillips (13, PG-13) Tom Hanks, (N) HD	HGTV Love It or List It (N) HD	HISTORY Alcatraz Search (N) HD	LIFETIME Last Chance for Christmas (15) HD	MTV Follow (N) HD	NICK Sponge (N) HD	SPIKE Cops (N) HD	SYFY (7:00) Zombieland (09) HD	TBS Family Guy (N) HD	TCM Angels Go (N) HD	TLC Hoarding: Buried Alive (N) HD	TNT Major Crimes (N) HD	TRAVEL Rev Runs (N) HD	TV LAND Facts Life (N) HD	USA WWF Monday Night Raw (Live) (N) HD	VH1 Love & Hip Hop (N) HD	WGN Class 3 (N) HD	PREM	HBOV (7:10) Focus (15, R) HD	MAXW The Knick (TVMA) (N) HD	SHOWW Homeland (TVMA) (N) HD

TUESDAY EVENING

DECEMBER 8, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30																																
BROADCAST	ABC Muppets Fresh Off (N) HD	CBS NCIS: "House Rules" (N) HD	NBC The Voice (N) HD	FOX Screen Queens: "Dorkus; Final" (TV14) (N) HD	ION Criminal Minds (N) HD	A&E Married at First Sight (N) HD	AMC Jingle All the Way (96, PG) HD	ANIMAL To Be Announced (N) HD	BET (7:00) Movie (N) HD	BRAVO Housewives (TV14) (N) HD	CARTOON Adventure Regular (N) HD	CMT The Help (11, PG-13) HD	CNN Anderson Cooper 360 (N) HD	COMEDY Tosh.0 (N) HD	DISCOVERY Moonshiners (TV14) (N) HD	DISNEY Liv (N) HD	EI Kardashians (TV14) (N) HD	ESPN Basketball (N) HD	ESPN2 Sports (N) HD	FAMILY Santa (94) (N) HD	FOOD Chopped Junior (N) HD	FX Prisoners (13, R) HD	HGTV Fixer Upper (TV 6) (N) HD	HISTORY Curse Island (N) HD	LIFETIME Home by Christmas (06, NR) Linda Hamilton, (N) HD	MTV Are We Done Yet? (07, PG) HD	NICK iCarly (TV 6) (N) HD	SPIKE I Am Number Four (11, PG-13) HD	SYFY Right of Lost Ark (N) HD	TBS Big Bang (N) HD	TCM Smell of Success (57) (N) HD	TLC Kate Plus 8 (TVPG) (N) HD	TNT Castle: "Fifth Bullet" (N) HD	TRAVEL Bizarre Foods America (N) HD	TV LAND Facts Life (N) HD	USA Modern (N) HD	VH1 Love & Hip Hop (TV14) (N) HD	WGN (12) Salem (TVMA) (N) HD	PREM	HBOV (7:45) The Leftovers (N) HD	MAXW The Invasion (07, PG-13) HD	SHOWW (7:25) Stolen (12, R) HD

WEDNESDAY EVENING

DECEMBER 9, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30																																
BROADCAST	ABC The Middle (N) HD	CBS Survivor Cambodia (N) HD	NBC Mat Franco's Got Magic (TVPG) (N) HD	FOX Empire (TV14) (N) HD	ION Law & Order (TV14) (N) HD	A&E Duck (N) HD	AMC Scrooged (88, PG-13) HD	ANIMAL To Be Announced (N) HD	BET Martin (N) HD	BRAVO Los Angeles (TV14) (N) HD	CARTOON Adventure Regular (N) HD	CMT Last Man Standing (N) HD	CNN Anderson Cooper 360 (N) HD	COMEDY South Park (N) HD	DISCOVERY Alaskan Bush People (N) HD	DISNEY Secret of Wings (12) (N) HD	EI Spanglish (04, PG-13) HD	ESPN (6:30) NBA Basketball (N) HD	ESPN2 SportsCenter (N) HD	FAMILY Express (N) HD	FOOD All-Star Holiday (N) HD	FX Iron Man 3 (13, PG-13) HD	HGTV On the Ranch (N) HD	HISTORY American Pickers (N) HD	LIFETIME The Flight Before Christmas (15) (N) HD	MTV Follow (N) HD	NICK Bella (N) HD	SPIKE The Dark Knight (08, PG-13) HD	SYFY Temple of Doom (84) (N) HD	TBS Big Bang (N) HD	TCM Eternity (N) HD	TLC My 600-lb Life (N) HD	TNT Con Air (97, R) HD	TRAVEL Expedition Unknown (N) HD	TV LAND Facts Life (N) HD	USA NCIS: "Cabin Fever" (N) HD	VH1 Couples Therapy (N) HD	WGN Manhattan: "Brooklyn" (N) HD	PREM	HBOV Bad Words (14, R) HD	MAXW Miami Vice (06, R) HD	SHOWW Killing Season (13) (N) HD



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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2015-00186967

WHEREAS, Tatevik Gasparyan-Movsesyan has filed a petition with this court for a decree changing the name(s) of Tatevik Gasparyan-Movsesyan to Tatevik Movsesyan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 10, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 19, 2015
 David I. Brown, Judge of the Superior Court
 Publish: December 4, 11, 18, and 25, 2015

MOVSESYAN	151125	12-25-15
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SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE CHANGE OF NAME
 #34-2015-00187153

WHEREAS, Sayed Mohammad Ibrahim and FNU Zohra have filed a petition with this court for a decree changing the name(s) of Sayed Mohammad Ibrahim to Sayed Mohammad Ibrahim Ahmadi, FNU Zohra to Zohra Ahmadi, and Amena Ibrahim to Amena Ahmadi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on February 17, 2016, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 25, 2015
 David I. Brown, Judge of the Superior Court
 Publish: December 4, 11, 18, and 25, 2015

IBRAHIM	151125	12-25-15
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NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF BUD EDWARD BARBEE (descendent)
 ESTATE NO. 34-2015-00178886

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BUD EDWARD BARBEE (deceased): A petition has been filed by LAUREL BUCKOUSIS in the Superior Court of California, County of Sacramento, requesting that LAUREL BUCKOUSIS be appointed as administrator to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required. A hearing on the petition will be held in this court as follows: January 13, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Anastasia Salmon, Hackard Law Corporation, 10630 Mather Boulevard Mather, CA 95665 916-313-3030
 Publish: December 04, 11, and 18, 2015.

ROWE	151120	12-18-15
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SUMMONS

SUMMONS (Family Law)
 NOTICE TO RESPONDENT: Ileany Igwegbe
 Petitioner's Name is: Georgina Igwegbe
 CASE NUMBER: 15FL03985

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.gov), or by contacting your local county bar association.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are:
 William R. Ridgeway Family Relations Courthouse
 3341 Power Inn Road
 Sacramento, CA 95826

The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are:
 Georgina Igwegbe
 2475 Serenata Way Sacramento, CA 95835
 Clerk, by: D. Gee, Deputy
 Date: July 31, 2015
 Published: November 20, 27, December 4, and 11, 2015.

IGWEGBE	151111	12-11-15
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SUMMONS (Family Law)
 NOTICE TO RESPONDENT (Name):
 Ramon E Corral
 Petitioner's Name is: Angelina Corral
 CASE NUMBER: 15FL04096

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.gov), or by contacting your local county bar association.

SUMMONS (Family Law)
 NOTICE TO RESPONDENT (Name):
 Ramon E Corral
 Petitioner's Name is: Angelina Corral
 CASE NUMBER: 15FL04096

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.gov), or by contacting your local county bar association.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are:
 William R. Ridgeway Family Relations Courthouse
 3341 Power Inn Road
 Sacramento, CA 95826

The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are:
 Angelina Corral
 6504 18th Avenue
 Sacramento, CA 95820

Clerk, by: D. Gee, Deputy
 Date: August 6, 2015
 Published: November 27, December 4, 11, and 18, 2015.

CORRAL	151119	12-18-15
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SUMMONS (Family Law)
 NOTICE TO RESPONDENT (Name):
 Jeffrey C. Barnhardt
 Petitioner's Name is: Martin P. Price
 CASE NUMBER: 15FL02309

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.gov), or by contacting your local county bar association.

NOTICE-RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them. FEE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party. The name and address of the court are:
 William R. Ridgeway Family Relations Courthouse
 3341 Power Inn Road
 Sacramento, CA 95826

The name, address, and telephone number of petitioner's attorney, or the petitioner without an attorney are:
 Ms. Christina A. DiEoardo Esq
 Law Offices of Christina DiEoardo P.C. 201 Spear Street # 1100
 San Francisco, CA 94105
 415-639-5098

Clerk, by: C. Barron, Deputy
 Date: May 15, 2015
 Published: December 4, 11, 18, and 25, 2015.

PRICE	151130	12-25-15
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LEGAL NOTICE

PLEASE TAKE NOTICE that on December 8, 2015 at a regularly scheduled meeting of the Governing Board of the San Juan Unified School District, the Governing Board will conduct a public hearing beginning at 6:30 pm regarding Atkinson Academy's charter petition to operate a public school within the San Juan Unified School District. The meeting will be held in the district board room located at 3738 Walnut Avenue, Carmichael, California. Anyone requesting more information may contact San Juan Central at 971-7179. ATKINS 151117 12-4-15

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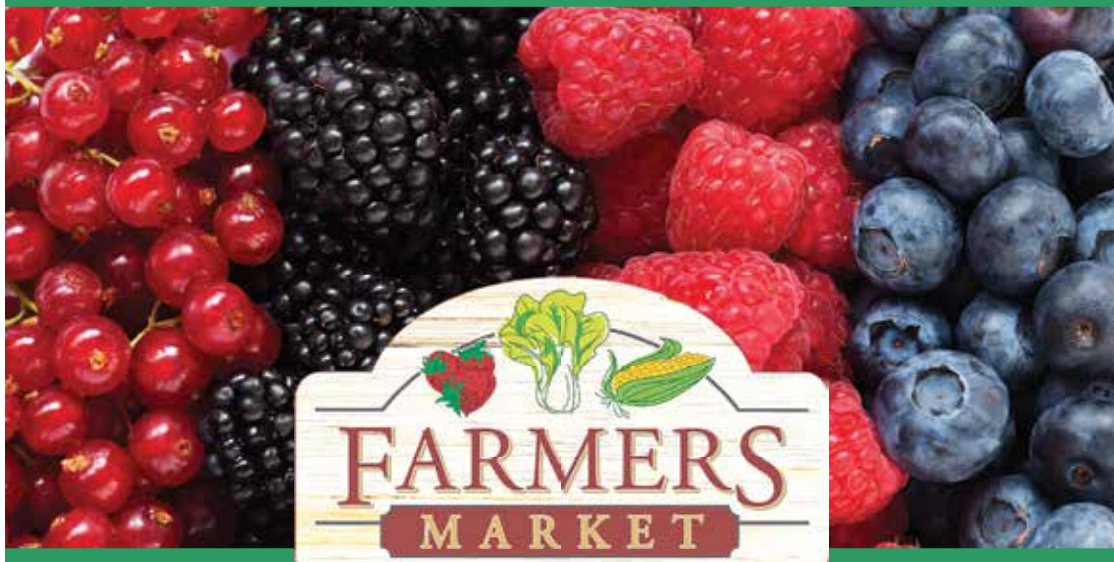
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Sacramento Appliance Store Owners "Walk the Talk"

Story and photos by Margaret Snider

SACRAMENTO, CA (MPG) - Erin and Kerry Toscano met in 1992, when Kerry bought a used refrigerator, washer and dryer from Erin's dad. Erin made the delivery, and said that when he left he kept the kick plate to her refrigerator in the truck so he would have an excuse to come back and talk to her. "Somehow I got the gumption to ask her on a date," Erin said. They married a year later.

Erin had been in the appliance business since he was 13, working with his dad. After he and Kerry married, they started fixing and selling appliances, working out of their garage. Two weeks later they moved the business to a warehouse in back of a boat yard in Rio Linda. Soon after, they came to Auburn Boulevard as Appliance Warehouse.

"When we first started we had no kids so we put in very long hours," Kerry said. "Our whole business plan was really just to stay in business and make a good name for ourselves. In this industry there are so many (with) bad business morals and ethics. We just wanted to be good to others and conduct our business with honesty and integrity."

The couple has three children, 13-year-old Vincent and 9-year-old twins Max and Grace. The twins were born four years and four days after Vincent's birthday, so they have always celebrated the three birthdays together. Last year the Toscanos celebrated with a large party at Farrell's Ice Cream Parlour. Not wanting to have guests bring presents for all three kids, the Toscanos asked for non-perishable food for the food bank instead. As a result they "had the van full in the back and then the back of my truck full, and then the back seat of my truck full," Erin said. This year, the parents



Anything and Everything sells rebuilt and refurbished household appliances. Owners Erin and Kerry Toscano "try to get everything and the kitchen sink." For do-it-yourselfers, a stroll through the shop can be like looking through a treasure trove.

gave the kids the choice of doing the same or not." The kids were unanimous in voting for the food bank. "Mom, let's save the world!" Max said.

Appliance Warehouse is run with the same kind of attention to service. "Good customer service is the one thing a business can't survive without," Erin said. They treat their employees as family, which some of them, in fact, are.

"We pay our technicians the best in this industry, with vacation and sick time," Kerry said. "But our friendship and being a family on the personal level is what keeps us all together."

The couple said that over half of their business is from repeat or referral customers. "You know you've got a loyal customer when they've had three generations buying from us," Kerry said.

The Toscano's business sells used household appliances that they have rebuilt and refurbished. Their second most important role is in recycling.

Whatever can't be rebuilt is fully torn apart and recycled. There are always a lot of parts and miscellaneous items left over and for that reason in 2014 they opened a small store on the property named Anything and Everything. In that store, they put to good use the diverse assortment of "stuff" that comes into their hands. This includes such things as pumps, tools, various appliance and equipment parts as well as repaired small appliances and equipment. Customers can also find miscellaneous used furniture, Christmas trees and decorations, and too many things to even start to name.

"I try to get everything and the kitchen sink," Erin said. For do-it-yourselfers, a stroll through the shop can be like looking through a treasure trove.

You can find out more about Appliance Warehouse, which is located at 4914 Auburn Blvd., Sacramento, at their website ApplianceWarehouse.biz. The store is open from 10 a.m. to 7 p.m., seven days a week. ★

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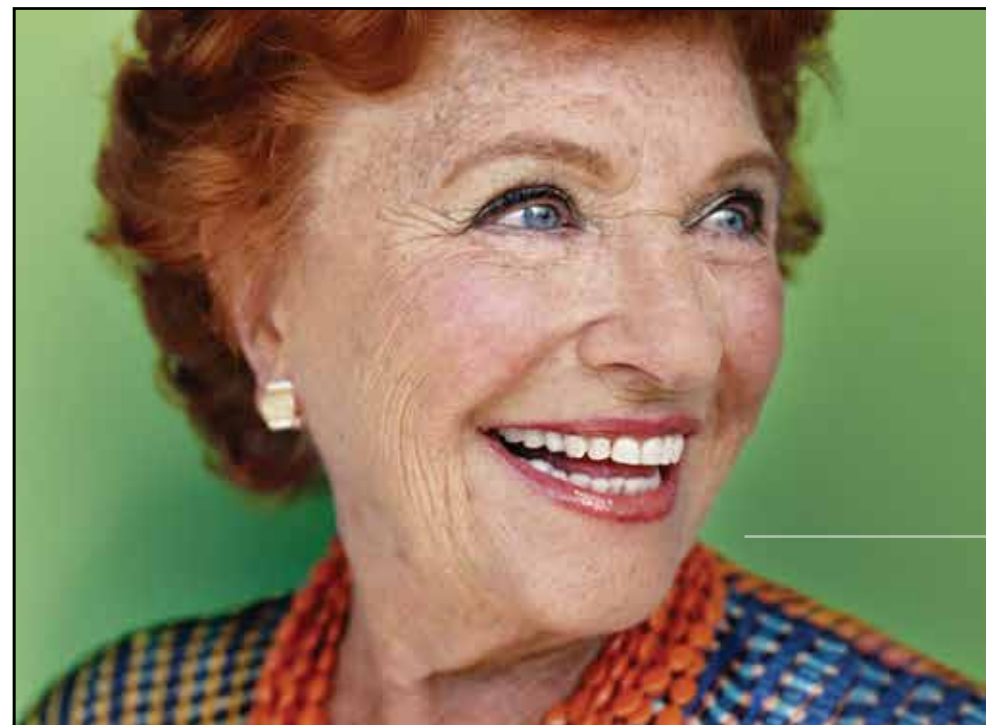


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