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# Carmichael Times

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## Airshow for the Ages

### California Capital Airshow Celebrates 10th Anniversary



Rockin' the runway at this year's daytime shows are the spine-tingling USAF Thunderbirds, Canadian Forces Snowbirds, and USN F-18 Super Hornet military jet demonstration teams as well as world-class aerobatics, pyrotechnics, barnstorming, and miles of entertainment. Photos courtesy of California Capital Airshow

**SACRAMENTO REGION, CA (MPG)** - It's been 10 years, and it is time to celebrate...with a BANG! The California Capital Airshow, presented by Sacramento County in partnership with the City of Rancho Cordova, has announced the addition of the Airshow After Dark on Friday, October 2nd. The hottest ticket in town is on sale now, and tickets are expected to sell out fast!

"We're excited to kick-off our 10th anniversary with Airshow After Dark, an exclusive nighttime Airshow," said Darcy Brewer, executive director of the California Capital Airshow. "As the sun sets on Friday, October 2nd, the skies over Mather Airport will ignite with a feast for the senses as thrilling jets and aerobatic performers light up the sky with streaming flames, showers of colorful bursts from their wings, and thundering pyrotechnics. These phenomenal performances will be skillfully choreographed to awesome concert quality music with a fiery grand finale—it's nothing like the Sacramento region has ever



seen or heard before!"

Gates open at Mather Airport for the California Capital Airshow After Dark at 4:30 p.m. Flying begins promptly at 5:30 p.m. with a farm-to-fork dinner being served throughout the evening. Attendees can look forward to performances by the world-famous Canadian Forces Snowbirds, local favorite

Julie Clark, Gene Soucy's 'Fireflight,' Matt Younkin's 'Magic by Moonlight' taking place after the sun sets, and a 'Big Rig Salute' dedicated to first responders. A wall of fire and mesmerizing fireworks will conclude this unforgettable evening. For more information, visit <http://www.californiacapitalairshow.com>.

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## Homicide on Sutter Avenue

**CARMICHAEL, CA (MPG)** - Sheriff's homicide detectives are investigating the circumstances surrounding a shooting that claimed the life of a young woman.

At approximately 2:45 a.m. on September 19th, deputies responded to an apartment complex in the 5900 block of Sutter Avenue regarding a woman who had been shot. Upon arrival, deputies located an 18-year-old female victim inside an apartment and determined that she had suffered a single gunshot wound to her upper body. Deputies requested emergency medical personnel and immediately began to attempt lifesaving measures on the victim until paramedics arrived. Ultimately, all efforts to revive the victim failed and she was pronounced dead at the scene.

Two other occupants believed to have been inside the apartment at the time of the incident have been detained for further investigation. The motive for this incident remains unknown, as does the relationship between the victim and the individuals who are being questioned by detectives.

Anyone having information related to this incident is asked to contact the Sheriff's Homicide Bureau at (916) 874-5115. Tip information may also be left anonymously at [www.sacsheriff.com](http://www.sacsheriff.com), by texting to 274637 (CRIMES) and entering the keyword "SSD," or by calling (916) 874-TIPS (8477).

The identity of the victim in this case will be released by the Sacramento County Coroner's Office after notification has been made to her next of kin.

Source: Sacramento County Sheriff's Department ★



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Among Daniel Carmichael's colonists, the Graves family built a makeshift home on Fair Oaks Boulevard in 1914. Photo courtesy of Susan Maxwell Skinner Archive

## Festival Celebrates Carmichael Past and Present

By Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Carmichael marks its 106th anniversary this Saturday, September 26th.

A day-long festival in Carmichael Park commemorates a 1909 venture by town founder Daniel Carmichael. The Georgia-born entrepreneur purchased part of the San Juan land grant, carving out 10-acre farmlets and offering each for around \$1,000. Before this development, pioneers Charles and Mary Deterding farmed river bottomlands (now Ancil Hoffman Park) from 1906.

Further north, other families established ranches in the 1860s. The Coyle farmhouse stood where Mercy San Juan Medical Center now operates. Subsequent trailblazers included the Deweys, the Kellys, and the O'Donnells. Local streets, parks, and schools are named for these settlers.

History aside, Saturday's anniversary promises much festivity. A pancake breakfast will be served at the park's clubhouse (5750 Grant Avenue) at 8:30 a.m. Heralded by the El Camino High pep band, 10 a.m. opening ceremonies will raise the flag at the park band shell. John Skinner's Band follows with an 11 a.m. concert. A parade of larger-than-life mascots, super heroes, and doggie fashions will entertain at 12:30 p.m.

A classic car show continues a Founder's Day tradition at the park's Grant Avenue corner. Children's activities will include carnival games, bounce houses, a petting zoo, and a visit from local firefighters. Food will be provided by food trucks.

Anyone may attend Founder's Day; most attractions are free. For more information, call (916) 485-5322. ★

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# Airshow for the Ages

California Capital Airshow Celebrates 10th Anniversary



The California Capital Airshow is an exciting, family-friendly, non-profit event designed to honor the Sacramento region's rich aviation heritage and veterans. Photos courtesy of California Capital Airshow



Continued from page 1

The action doesn't stop there—don't miss the fun on October 3rd and 4th as three military jet demonstration teams roar across the skies of Sacramento! Rockin' the runway at this year's daytime show are the spine-tingling USAF Thunderbirds, Canadian Forces Snowbirds, and USN F-18 Super Hornet military jet demonstration teams as well as world-class aerobatics, pyrotechnics, barnstorming, and miles of entertainment, music, food, and exhibits. This thrilling, family-friendly, patriotic event has something for everyone! Visit <http://www.californiacapitalairshow.com/lineup/performers/> for the 2015 performer line up.

The California Capital Airshow website is updated regularly with news, attraction information, and more. Fans can follow the Airshow on Facebook, Twitter (@calcapairshow), and Instagram (capitalairshow). Airshow tickets are on sale now at <http://www.californiacapitalairshow.com/buy-tickets/>.

Established in 2004, the California Capital Airshow is an exciting, family-friendly, non-profit event designed to honor the Sacramento region's rich aviation heritage and veterans. Using the power and magic of flight to inspire young people to pursue education and careers in science, technology, engineering,

math, aviation, aeronautics, or aerospace while attracting visitors from all over the nation and beyond to discover what's special about where we live, work, and thrive. California Capital Airshow is a 501(c)3 nonprofit organization that gives back to the community through scholarships, charitable group donations, and a wide variety of community events and exciting educational programs throughout the year. Source: California Capital Airshow



The California Capital Airshow attracts visitors from all over the nation and beyond. Photo courtesy of California Capital Airshow

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# When Girls Lead, the World Succeeds

Registration Is Open Now for Girl Scouts



National studies from the Girl Scout Research Institute (GSRI) show it's not just what girls do, but how they do it that makes Girl Scouts so beneficial. Photo courtesy of Girls Scouts of America

**SACRAMENTO REGION, CA (MPG)** - Girl Scouts Heart of Central California (GSHCC) is inviting girls to join the fun and register for Girl Scouts. Girl Scouts is an exciting way to engage girls all year round by providing countless opportunities for making friends, trying new things, and exercising leadership skills through activities like building robots, participating in the Girl Scout Cookie Program, playing sports, and more.

National studies from the Girl Scout Research Institute (GSRI) show it's not just what girls do, but how they do it that makes Girl Scouts so beneficial. Girl Scouts is unique because girls get to learn by doing, and they do so in a girl-led environment. This means that, in addition to girls learning in a hands-on and active way, they are encouraged to choose their activities, decide which topics they want to explore, and determine how they want to go about exploring them. Girl Scouts is the largest girl-led organization in the world, and it

is a significant contributor to its members' success in and enjoyment of life.

GSRI reports that at least 75% of girls who experience the fun of "learning by doing" and are part of a girl-led program become better at conflict resolution, problem solving, team building and cooperation, and developing self-confidence. In addition, nearly three in four girls who experience learning by doing and who are part of a girl-led program say that, because of Girl Scouts, they've become a leader in more activities with their friends and classmates, as well as in their community.

"When girls lead, the world succeeds. Girl Scouts is the largest organization in the world where girls call the shots and take charge of their own future," said Anna Maria Chávez, CEO of Girl Scouts of the USA. "A troop who loves rollercoasters might invite an engineer to join them at their local amusement park to learn about what makes their stomach drop in real time, while

another troop might be interested in what happens when you recycle a bottle and plan a visit to their town's recycling plant. By doing what they're interested in and deciding how to learn more, they are developing leadership skills that aren't offered by any other extracurricular activity."

While Girl Scouts is open to all girls from kindergarten through grade 12, anyone over the age of 18 can become a Girl Scout volunteer. Girls cannot experience the positive impact of Girl Scouts without adult volunteers, and each adult who volunteers has the opportunity to make a real difference in the life of a girl. Girl Scout volunteers come from all walks of life: they are men, women, young professionals, retirees, college students, and more. Both girls and adult volunteers can join at any time of the year. To join Girl Scouts or learn more about volunteering, please visit [www.girlscouts.org/join](http://www.girlscouts.org/join).

Source: Girl Scouts Heart of Central California ★

# Nature Fest Stars Wild Survivors



An October 4th open day at Effie Yeaw Nature Center will feature TV show veteran Gabe Kerschner with a menagerie that includes a rescued bald eagle.

Story and photo by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Animal sagas—spotlighting bats, reptiles, salmon, and raptors—will educate visitors during the Effie Yeaw Nature Center's annual Nature Fest on Sunday, October 4th.

Celebrity presenter is Gabe Kerschner, who runs an animal sanctuary in Placer County. He and his animals are TV stars who annually present hundreds of school programs. All rescued from adversity, his cast includes alligators, lemurs, a kangaroo, and a Gibbon monkey. The 2015 Nature Fest supporters will likely view a more regional menagerie. Among these will be a coyote, a raccoon, a rattlesnake,

and a lynx. "My bald eagle is Alaskan," explains Kerschner. "She's bigger than local ones. If she had both wings, Spirit would have a wingspan of over six feet. She's gentle and awe-inspiring. When I show her, people get emotional."

Kerschner's talks outline heartbreaking histories like that of Spirit, who was shot by a fisherman. But the TV veteran's jokes fly thick and fast. "I try to be entertaining," he says. "A laugh keeps interest going. You want people to experience a full range of emotions; it makes learning memorable."

Among other animal attractions at this year's fest, resident Nature Center raptors and reptiles will interact with visitors. The Twilight generation will be open-fanged by live bats that improve understanding of

gothic fiction's most maligned mammal. Fly fishing and art projects are among the many activities offered to children and parents, and youth groups are welcome to attend the event.

As the facility is also a center for Native American studies, Nisenan basketry will be demonstrated in the replica native village. Guided walks through the center's 100-acre wildlife preserve will be available to visitors.

Nature Fest runs from 10 a.m. to 3 p.m. in the Nature Center at Ancil Hoffman Park. Admission is \$5 for visitors age 13 and up and free for children. Parking is included. For more information, visit [www.sac-naturecenter.net](http://www.sac-naturecenter.net) or call (916) 489-4918. ★

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# Pops, Pooches, and Playtime at Pioneer Park



Susan Peters (back, center) and mini Schnauzer Ernie will join a "Happy Hounds" doggie show during a free community concert at Pioneer Park on Saturday, October 3rd.

Story and photo by Susan Maxwell Skinner

**SACRAMENTO REGION, CA (MPG)** - County Supervisor Susan Peters is among the sponsors of the eighth annual afternoon of music and family fun at Pioneer Park in Old Foothill Farms.

Music by the John Skinner Band will accent this free community event on Saturday,

October 3rd. Anyone may attend. Children's face painting, a rock climbing wall, a bounce house, and police canines are other attractions. Supervisor Peters will hold a constituents clinic. Deck chairs and picnics are encouraged and on-leash pets are welcome. An informal "Happy Hounds" dog show will be hosted by the supervisor and her civic-spirited pooch, Ernie.

Activities begin at 1 p.m. The band concert will be preceded by a flag presentation at 2 p.m. Other sponsors include Sunrise Park District, Walmart, Dignity Health, McClellan Park, California American Water, Old Foothill Farms Community Task Force, and Recycling Industries.

Pioneer Park is located at 5100 Verner Avenue. For more information, call (916) 725-1585. ★

# 300 Attend Job Fair in Carmichael



Assembly Member Ken Cooley welcomed CHP and Department of Corrections officers to the recent job fair in Carmichael. The agencies were among 22 groups hiring at the one-day event.

Story and photo by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Job-seekers recently converged on Carmichael's La Sierra Center. Sponsored by Congressman Ami Bera and Assemblyman Ken Cooley, the semi-annual employment fair connected workers to private sector and government opportunities.

"We're talking real jobs," Cooley told early-bird participants. "Our aims are practical. Everyone with a table here today is actively hiring." By day's end, 300 job-hunters had collected information on approximately 100 work positions. Vendors included the California Highway Patrol, the Department of

Corrections, Sacramento County, Twin Rivers School District, building companies, and in-home care agencies.

"It's a smaller job fair than some," said a Cooley staffer. "But its size lets applicants have one-on-one time with prospective employers."

Workshops offered assistance in applying for government positions, on how to polish resumes, and how to shine during interviews. The event also allowed networking among job-hunters.

"If you want to be hired, get off social media," advised a 36-year-old attendee. "It's the first place prospective employers check you out. Facebook provides ridiculous insight into your private life. Be careful

on professional networks like LinkedIn. Don't talk politics or religion. Employers look for any reason you might not fit their team.

"Most interviewers ask similar questions. Have answers ready so you won't be caught off guard—make sure these answers benefit you. Don't be tricked into saying anything bad about yourself. If they ask what your greatest weakness is, don't claim to have none—that's disingenuous. I answer that my only weakness is not being able to hire myself."

For information on future job fairs, visit [www.calhr.ca.gov](http://www.calhr.ca.gov). Learn about state careers at <https://jobs.ca.gov/>. ★

# Aegis Thanks Workers

**CARMICHAEL, CA (MPG)** - Aegis Living, a leader in the assisted-living industry, recently announced a unique way to thank its workers across the Western United States. Aegis Living gave away \$50,000 in cash rewards to lucky long-term employees. Aegis Living CEO and founder Dwayne Clark wanted to show employees that loyalty and commitment are valued. The longer an employee has been employed at Aegis Living, the more chances he or she had to win.

Fifteen lucky employees won a cash prize of \$1,000, and one

lucky employee won a grand prize of \$35,000. "Everyone wants to hit that one big score. We wanted to do something that is fun and also shows how much we value loyalty. Plus, this could really help an Aegis Living worker's family," said Clark.

The drawing was held Tuesday, September 15th at Aegis Living Corporate Headquarters in Redmond, WA. The event was streamed live to some 2,000 Aegis Living employees across the Western United States.

The concierge at the local Aegis of Carmichael, Melissa

Bell, was one of the \$1,000 winners! Bell has been employed with Aegis for 14 years. She is married and has four daughters.

Clark said, "These people are my work family. Maybe this is my way of changing the world, one employee at a time." The employee lottery is part of ELIP (Employee Lifestyle Improvement Program), which seeks to recognize employee loyalty and retain the best employees. It also reflects a core founding principal: Aegis Living is an "employee first" company.

Source: Aegis of Carmichael ★

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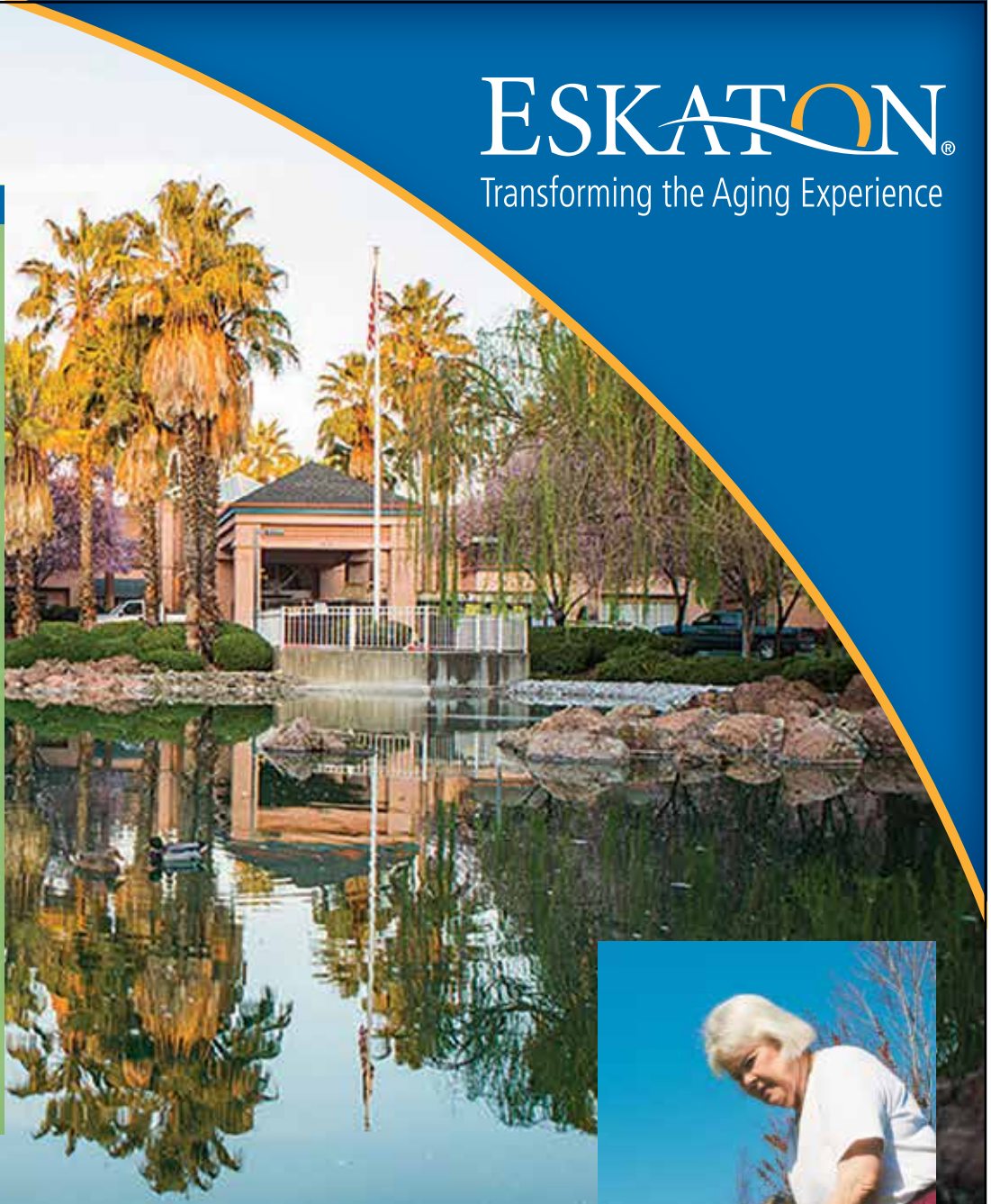
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Carmichael

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- ACROSS**
- Ostentatious or vain displays
  - Party barrel
  - \*Garfield's canine friend
  - Odie hates taking one
  - Use a Bedazzler, e.g.
  - Literary "even"
  - Native-born Israeli
  - Salk's conquest
  - Head of a country club
  - "Well-\_\_\_ machine"
  - Vacation location
  - \*Yellow lab of best-selling autobiography
  - Dashboard unit
  - Nothing to fear but this?
  - Fleur-de-\_\_\_
  - Jellystone Park denizen
  - Unlike Pinocchio
  - At another time, to Romeo or Juliet
  - Margarets
  - Be undecided
  - UN civil aviation agency, acr.
  - \*Husky, the hero of Nome
  - Australian palm
  - Fraternity K
  - "\_\_\_ what you sow"
  - Slender or thin
  - Acquiesce
  - A in B.A.
  - Tree juice
  - Gamecock's spur
  - "\_\_\_ show time!"
  - \*Most famous fictional canine character?
  - \*Mystery-solving Great Dane
  - Lifeboat support
  - Rub the wrong way
  - Abomination
  - Plural of #2 Down
  - A guy's \_\_\_
  - \*Buck changed his luck in film, "The Call of the Wild"
  - Breaking updates
  - Born that way?
  - City in western Germany
- DOWN**
- OB-GYN test
  - Detected by olfactory system
  - Lawn enemy
  - Rainbow-producing device
  - \*Schulz' beagle
  - "Best \_\_\_ secret"
  - "Ever" to a poet
  - Fairytale garden dweller
  - Get-out-of-jail money
  - Goes with "willing"
  - 3-point shot
  - Owned
  - Feeling at a funeral
  - Type of parallelogram
  - Express pleasure
  - Adam's or Eve's cover plant
  - \*Soviet space dog
  - Pizarro's conquest
  - Daytime entertainment
  - Necessary equipment or articles
  - Grandmothers, in Britain
  - Pandora's box contents
  - Old photo color
  - \*Lady's boyfriend
  - No way
  - \*Rin Tin Tin has one on the Walk of Fame
  - Relating to sight
  - Teenagers' emotions
  - Thailand native
  - Larry or Curly or Moe
  - Make believe
  - Coke and Pepsi, e.g.
  - Use a ladle
  - Swear, not curse
  - Elton John and Bono, e.g.
  - \*Greyfriars Bobby, type of terrier
  - Overalls
  - \_\_\_ log
  - Knotts or McLean
  - Street in Paris
  - They are from Mars?

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
	19				20		21	22					
					23			24					
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	57	58	59					60			61	62	
63								64	65		66		67
68								69			70		
71								72			73		

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	6	4		1			7
5				9			
7	3			2	8		
3	2			9			
		7				9	
			2				1 3
	8	3			7		1
				6			8
6			2		4	3	

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

**Come back every week for Crossword and Sudoku!**

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Sudoku Puzzle on Page 6

9 6 4 5 1 8 3 2 7
5 8 2 7 9 3 1 4 6
7 1 3 6 4 2 8 9 5
3 2 6 1 8 9 5 7 4
1 5 7 4 3 6 9 8 2
8 4 9 2 7 5 6 1 3
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# Ending Sanctuary "Immunity"

**Commentary**  
by Doug Haaland

What would be your reaction to an announcement by your local elected leaders that they would no longer be cooperating with federal law enforcement officials regarding bank robbery laws? Or what if they declared that your city or county would cease prosecution of federal human trafficking laws or that they believed it was no longer necessary to ensure prosecution of federal kidnapping laws?

Yet, when city after city and county after county in our nation announce they have chosen to selectively ignore federal immigration laws they believe are harsh or unfair by implementing sanctuary city policies, the masses are silent—or worse, they applaud their actions. Well, the time has come to put a stop to this insanity.

Kate Steinle wasn't the first Californian murdered by an illegal immigrant, but her alleged murderer was the first to publicly declare that his return to San Francisco was based in large part on the fact that San Francisco sanctuary city policies make it much easier for illegal aliens in his position to avoid federal authorities. Kate's senseless murder, by a seven-time felon and five-time deportee sheltered by San Francisco—violating federal law, has resulted in a number of congressional initiatives attempting to change the ability of local governments to flout federal law. At present, the most meaningful of

these is enacting "Kate's Law," which would mandate five years in prison for illegal immigrant felons who return to the U.S. following a lawful deportation.

While I support Kate's Law, I'd like to suggest a much harsher solution, one that would more sharply focus the attention of elected officials who believe compassion for an illegal alien felon is more important than the public safety of their residents. It's well known that corporations and businesses face significant civil and even criminal liability if their actions expose customers or even the general public to danger or harm.

Whether it's a cup of "hot" McDonald's coffee or a PG&E gas pipeline, if a court, state or federal regulators, or law enforcement officials find "fault" for actions or even failures to act, then "victims" are able to collect tens and hundreds of millions of dollars in "compensation." In fact, corporate officials responsible could face prison for their misconduct. Unfortunately for Kate's family, like the family of Anthony Bologna and his sons murdered by an illegal alien felon and MS-13 gang member, elected officials like the Sheriff of San Francisco or the members of the Board of Supervisors can't be subjected to legal actions filed by the victims of their recklessness because of a legal doctrine broadly known as "sovereign immunity"—Rex Non Potest Peccare, roughly meaning "... the King can do no wrong."

That's why I believe the time has come for Congress to not

just fiddle around with funding measures that may have no impact on such policies, but enact legislation compelling elected officials, like those in San Francisco, to be held to the same standard of care and conduct we hold others in our society. When governmental actions result in harm or death, officials of cities, counties, and even states like California should be forced to face the consequences of their actions by having their "immunity" stripped by enacting policies that seek to avoid or stop enforcing selective laws.

As I noted at the beginning of this article, we'd be astounded if our elected officials announced that they would begin selectively enforcing other laws in our society. That astonishment would be based on our collective understanding that selective enforcement of law is essentially the equivalent of having no law. Even worse for our society, when the people we elect ignore the violence, chaos, and lawlessness that results from their policies, no matter how well intended, then the subjects of the "king" who disregards them must themselves demand sanctuary from their ignorance.

Doug Haaland worked for nearly 30 years as legislative staff and policy consultant in the California State Legislature. He is currently serving as the Executive Director of the Sacramento County Republican Party. ★



By Pastor Ray Dare

It's easy to trust God when everything's going your way. When life is sunny and you've got lots of money. It's easy to be a fair weather believer, as long as everything is going your way.

But what happens when everything goes bad in your life? Will you still trust God? What if your plans don't work out the way you planned it? What if everything falls apart? What would happen if you lost everything? Would you trust God in spite of your circumstances?

That is the ultimate test of faith. Let me tell you something, it's a fact of life, you're going to be tested. At some point in your life this is going to happen. Everything is going to fall apart. It may have already happened. At some point in your life, everything's going to fall apart and you're going to think, "What just hit me?" This is a test. Will I trust God when everything goes wrong?

How do you trust God when

## Pastor Ray's Encouraging Words

### The Ultimate Test of Faith

you don't understand what's going on in your life?

How do you thank God when your heart is breaking? How do you keep your eyes on God when they're full of tears? You do what Job did. In Job 1:21-22 Job said, "I came naked from my mother's womb and I shall have nothing when I die. (In other words I brought nothing into this world, I'm not taking anything out of the world. It's all just on loan.) The Lord gave me everything I had and they were His to take away. Blessed be the name of the Lord.' In all of this Job did not sin by blaming God."

I used to think life was mountains and valleys; that you have highs and you have lows. But the longer I live the more I realize that's not reality. There's never a time in your life when EVERYTHING is perfect. Never. Never has been and never will. Just as true, there's never been a time in your life when everything in your life is all bad. Actually life is more like two rails on a railroad track. One of them is the good things in your life and the other one is the bad. You get both at the same time. In every moment of your life you have both good and bad all the time. So in your life no matter how good things are, there's always something bad you need to work on.

And in your life no matter how bad things are, there is always something you can be thankful for. So when you get good and bad together, that's called life. That's called reality.

What do you thank God for when things are going more bad than good? Job said, "I can thank God even though I lost it all. He's a good and loving God. He's all-powerful. He notices every detail of my life. He's in control. He has a plan for my life. And it's a good plan." He said, I can praise God even when the circumstances are bad.

That's what made Job such a great man. This was his greatest accomplishment. It's why an entire book is written about him in the Bible – He chose to worship God even when things were bad in his life. Will you? Will you be like Job and say, "The Lord gives, the Lord takes away. Blessed be the name of the Lord." I don't understand it all. But I'm going to choose to trust Him even though I can't understand it. And I'm going to say Blessed be the name of the Lord.

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**ARIES** (March 21 to April 19) A workplace change doesn't seem to have turned out quite as you'd hoped. Never mind: Just treat yourself to a healthy dollop of that Aries self-confidence, and you'll soon view things differently.

**TAURUS** (April 20 to May 20) Some of the support you might have hoped for in a difficult situation might not be there. But you have the strength to rely on your own capabilities if you must. Good luck.

**GEMINI** (May 21 to June 20) A disagreement with a longtime friend can be painful, but it also can be a learning lesson. Insist on a full and complete airing of views. You'll both come away the better for it.

**CANCER** (June 21 to July 22) A stalled relationship can be restarted with some give and take on both sides. And while it could take more time than you expect, don't rush it. Be patient, and let it happen naturally.

**LEO** (July 23 to August 22) An opportunity to move a long-stalled project from concept to construction might be opening up for the Big Cat. Meanwhile, be prepared to spend more time dealing with family matters.

**VIRGO** (August 23 to September 22) Use your Virgo organizational skills to line up

support to help you deal with a sticky workplace problem. A personal matter also might be helped with friendly intervention.

**LIBRA** (September 23 to October 22) Trying to resolve a workplace problem with a longtime associate can be difficult. Consider bringing in an impartial third party to help you both reach a mutually acceptable solution.

**SCORPIO** (October 23 to November 21) This is a good time to assess your current career situation. Consider whether you have a chance to move up where you are now, or if you should look elsewhere.

**SAGITTARIUS** (November 22 to December 21) With education being a dominant part of this week's aspect, one of the things you might want to think about is taking courses to enhance your career opportunities.

**CAPRICORN** (December 22 to January 19) You might have a problem trying to stay focused on a matter you'd rather not deal with. But the sooner you do, the sooner it will be resolved and out of the way.

**AQUARIUS** (January 20 to February 18) An unforeseen complication creates a difficult problem. But things get resolved once you use your ability to turn negative situations into positive experiences.

**PISCES** (February 19 to March 20) The Pisces penchant for doing the right thing at the right time helps you deal with

a particularly troublesome situation. Consider your best option, and act accordingly.

**BORN THIS WEEK:** Although you might sometimes seem rigid in your views, your love of justice makes you a trusted friend everyone can rely on.

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► In a recent survey of parents with adult children, 45 percent of respondents said they would rather stay in a hotel than in the home of one of their kids.

► In 2009, the government of Saudi Arabia established a special Anti-Witchcraft Unit to combat the practice of sorcery. By 2011, there were nine bureaus in cities across the country. The following year, 215 people were arrested for sorcery.

► If you're a fan of Major League Baseball, you're going to pay three times as much to attend a game in Boston as in San Diego.

### top ten FAVORITE STATES

1. Hawaii
2. Montana
3. Wyoming
4. Alaska
5. Maine
6. Washington
7. Virginia
8. Vermont
9. Oregon
10. Colorado

Source: YouGov



Olivia Cooke, Thomas Mann in "Me and Earl and the Dying Girl"

**PICKS OF THE WEEK**

**"Me and Earl and the Dying Girl"** (PG-13) -- Greg (Thomas Mann) is a high-school senior who's skilled at distancing himself from others. He's friendly but has almost no friends. His mom makes him spend time with a classmate, Rachel (Olivia Cooke), because she's been diagnosed with leukemia. While painfully awkward at first, the two hit it off. Greg introduces her to his only friend, Earl (RJ Cyler), who reveals that he and Greg produce intentionally horrible home movies out of mangled film titles -- like "A Sockwork Orange," made with sock puppets. It's a clever coming-of-age flick that explores the joys and pains of actually connecting with others.

**"When Marnie Was Still There"** (PG) -- Anna (voiced by Hailee Steinfeld) has never felt like she's inside "the magic circle" that includes most of humanity. Her foster mother sends her on a summer vacation to a small, coastal town in northern Japan, hoping it will do some good for Anna's asthma and outlook. Once there, Anna becomes drawn to a supposedly abandoned old mansion, where she meets Marnie (Kiernan Shipka), a mysterious and kind-hearted girl about her own age. What does it mean if your only friend is a ghost?

Studio Ghibli -- the Japanese animation studio renowned for some of the most amazing and

enchanted hand-drawn movies ever -- is on its way out, and it appears this could be the last feature with the name. True to the legacy, this movie reels you in visually, and surprises you with perspective and emotion you wouldn't expect from a children's movie.

**"We Are Still Here"** (R) -- Not all ghosts are as friendly as the one in the above review. The Sachettis (Barbara Crampton and Andrew Sensenig) find this out after they move from the city to a dreary town in rural Massachusetts. Right away, it's a perfect storm for a haunting: young married couple, new in town with emotional baggage, weird standoffish locals and an old house with a surprise gruesome backstory! Also, it's the late 1970s, so there are no cell phones and everything is 15 percent creepier.

First-time director/writer Ted Geoghegan takes all of that familiar haunted-house stuff and does such a good job with it. The script and direction keep you guessing, and the casting gets the right balance of talents for screams, paranoia, and grim comedy.

**"Magic Mike XXL"** (R) -- The oiled musclemen with a dream, Mike Lane (Channing Tatum), gets back in the swing of things for One Last Show. In the last movie, Tatum was a stripper who longed to chase his other passion -- making custom furniture. Now his furniture-smithing business is doing OK, but he jumps at the chance to hang with his bros when they come through town on their way to a convention in Myrtle Beach. There's plenty more bumping and dancing, but this time Matthew McConaughey is out of the line up, so the other musclemen from the back move up and get more development. It's a silly sequel, but the same sense of self-awareness and earnestness is there.

**TV RELEASES**

- "Penny Dreadful: Season 2"
- "South Park: Season 18"
- "Vikings Season 3"
- "Sharknado 3: Oh Hell No!"
- "Leftovers: Season 1"

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**by HEALTHY EXCHANGES**

**Chicken Waldorf Supreme**

Just because there are only two at the table doesn't mean that you can't enjoy elegant main dishes. This autumn luncheon is a perfect example of what I mean.

- 1/2 cup unpeeled, cored and diced Red Delicious apple
- 1 teaspoon lemon juice
- 1 cup sliced, cooked chicken breast
- 2 tablespoons raisins
- 3/4 cup diced celery
- 1/4 cup chopped green onion
- 2 tablespoons nonfat sour cream
- 1/4 cup fat-free mayonnaise
- 1/2 teaspoon vanilla extract
- 1/8 teaspoon apple pie spice
- Sugar substitute to equal 1 teaspoon sugar

- 1 cup shredded lettuce
- 1. In a medium bowl, combine apple and lemon juice. Stir in chicken, raisins, celery and onion. Add sour cream, mayonnaise, vanilla extract, apple pie spice and sugar substitute. Mix well to combine. Cover and refrigerate for at least 1 hour.
- 2. Gently stir again just before serving. For each salad, place 1/2 cup shredded lettuce on a plate and spoon 1 cup chicken mixture over top. Serves 2.

\* Each serving equals: 211 calories, 3g fat, 23g protein, 23g carb., 374mg sodium, 2g fiber; Diabetic Exchanges: 2 1/2 Meat, 1 Fruit, 1/2 Starch.

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**Theophrastus** (370-275 B.C.E.) has been called the father of botany. His writings constitute the first known investigations into the nature of plants. He classified all plants as tree, shrub, half-shrub and herb, and also divided plants into flowering and flowerless plants. He made the observation that 'locality is more important than cultivation or tendance' yet discussed the importance of climate, soil, elevation, light and water to plant growth. — Brenda Weaver

Source: fisher.library.utoronto.ca

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DOCCON 150827 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06756 Joseph Keno Acuna, 8034 Peppermint Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Acuna Construction" at 8034 Peppermint Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 4, 11, 18 and 25, 2015
ACUNA 150827 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06666 Results Delivered, LLC, 1650 Silica Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "ThinkREG" at 1650 Silica Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 25, 2015. Publish: September 4, 11, 18 and 25, 2015
THINKREG 150827 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06709 Matthew C. Fabian, 4991 Keane Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "MCF Construction Services" at 4991 Keane Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 26, 2015. Publish: September 4, 11, 18 and 25, 2015
MCFCONSTRUC 150827 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06692 VIP Limousine & Tours, Inc., 1602 Swallow Way, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Sac VIP Limo & Tours, Granite Bay Limousine & Tours" at 1602 Swallow Way, Roseville, CA 95661. Filed with the Clerk of Sacramento County August 26, 2015. Publish: September 4, 11, 18 and 25, 2015
SACVLIPLIMO 150826 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06648 G & A Express Trucking, Inc., 12400 Fair Oaks Boulevard #415, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "G & A Express Trucking, Inc." at 12400 Fair Oaks Boulevard #415, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 25, 2015. Publish: September 4, 11, 18 and 25, 2015
G&AEXPRESS 150825 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06392 Western Project Management, Inc., 136 Southree Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "WendyzWishList" at 136 Southree Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 14, 2015. Publish: September 4, 11, 18 and 25, 2015
WENDYZWISH 150824 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06782 Robert and Andrea Heard, 4436 Malana Way, Rancho Cordova, CA 95742 are doing business under the Fictitious Business Name(s) "Jazz Master Entertainment" at 4436 Malana Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 28, 2015. Publish: September 4, 11, 18 and 25, 2015
JAZZMASTER 150828 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06733 Red & Moe, LLC, 8023 Monteviera Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Kut'n Up Barber and Beauty Salon" at 9319 La Riviera Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 4, 11, 18 and 25, 2015
KUTTNUP 150828 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06767 Gavril Pitsul, 3711 Lenore Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Westland Trucking" at 3711 Lenore Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 4, 11, 18 and 25, 2015
WESTLAND 150828 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06753 Diane Garga, 9116 Laguna Place Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "DG Consulting" at 9116 Laguna Place Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 4, 11, 18 and 25, 2015
DGCONSULT 150828 9-25-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06684 Zoelise B. Reyes, 4311 65th Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The Peak Counseling Group" at 25 Cadillac Drive, Suite 126, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 25, 2015. Publish: September 4, 11, 18 and 25, 2015
THEPEAK 150826 9-25-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06853 Michael Thompson, 7515 Sheldon Road, Unit 50103, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Morning Star Real Estate Services" at 6056 Rutland Drive, Suite 8A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 31, 2015. Publish: September 11, 18, 25 and October 2, 2015
MORNING 150901 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06776 Kisha Holmes, 6220 Larry Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Oh So Fancy Holmes Decor" at 6220 Larry Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 28, 2015. Publish: September 11, 18, 25 and October 2, 2015
OHSOFANCY 150901 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06891 George Paul Hagerty, 4000 Hancock Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Hagerty Cabinet Installation" at 4000 Hancock Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 1, 2015. Publish: September 11, 18, 25 and October 2, 2015
HAGERTY 150901 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06781 Michael Sarot Reilly, 4625 Henry Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Michael Reilly Agency" at 9240 Laguna Springs Drive, Suite 101, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 28, 2015. Publish: September 11, 18, 25 and October 2, 2015
MICHAEL 150902 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06897 Harts UTV, 9245 Beatty Drive, Suite B, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Harts UTV" at 9245 Beatty Drive, Suite B, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 1, 2015. Publish: September 11, 18, 25 and October 2, 2015
HARTSUTV 150901 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06738 Abbas Alrubaye, 5822 Sutter Avenue, Apt. 2, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "eBasket Sales" at 5822 Sutter Avenue, Apt. 2, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 11, 18, 25 and October 2, 2015
EBASKET 150902 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06915 Jamie Vang, 8824 Mannington Street, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Serious Deals 365" at 8824 Mannington Street, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County September 2, 2015. Publish: September 11, 18, 25 and October 2, 2015
SERIOUS 150902 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06864 Andrea Coramejo-Granados, 1551 Glidden Avenue, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Fernando's Landscaping and Gardening" at 1551 Glidden Avenue, Sacramento, CA 95822. Filed with the Clerk of Sacramento County August 25, 2015. Publish: September 11, 18, 25 and October 2, 2015
FERNANDOS 150831 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06626 Jessica Rennie, 8388 Winding Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Bowing by Jess" at 8388 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 24, 2015. Publish: September 11, 18, 25 and October 2, 2015
BOWEN 150902 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06934 Alisha Davis, 7800 Center Parkway #301, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Annie Bells Wedding and Event Planning" at 7800 Center Parkway #301, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 2, 2015. Publish: September 11, 18, 25 and October 2, 2015
ANNIEBELLS 150903 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06711 Stephen B. Phillips, 524 Sierra Oaks Drive #4, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Acupuncture Clinic of Steve Phillips" at 2626 La Mesa Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 26, 2015. Publish: September 11, 18, 25 and October 2, 2015
ACUPUNCTURE 150903 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06838 Angela M. Brown, 4883 Crest Drive, Sacramento, CA 95835 and John West, 12737 Luther Road, Auburn, CA 95603 are doing business under the Fictitious Business Name(s) "AMB Electric" at 4883 Crest Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 31, 2015. Publish: September 11, 18, 25 and October 2, 2015
AMBELECTRIC 150903 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06951 James Curtis Farris, Jr., 2229 Edison Avenue, Apt. #5, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bramma One Steak Delivery" at 2229 Edison Avenue, Apt. #5, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 11, 18, 25 and October 2, 2015
BRAMMA 150903 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06871 Karson Fielding Smith, 10766 Pedro Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Fielding Furniture Restoration & Repair, Fielding Furniture" at 10766 Pedro Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 1, 2015. Publish: September 11, 18, 25 and October 2, 2015
FIELDING 150904 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06961 Susan Lynn Matthews, 6825 San Tomas Drive #224, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Wandering Crow's Cottage" at 6825 San Tomas Drive #224, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 11, 18, 25 and October 2, 2015
WANDERING 150904 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06844 Jacqueline M. Parker, 6145 Fair Oaks Boulevard #217, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Hair Affair Hair Designs by Jacqueline Michelle" at 6145 Fair Oaks Boulevard #217, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 31, 2015. Publish: September 11, 18, 25 and October 2, 2015
HAIRAFFAIR 150904 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06983 Billie Jo and George Estel, 1427 Oak Grove Drive, Roseville, CA 95747 are doing business under the Fictitious Business Name(s) "The Baby Connection" at 1111 Howe Avenue #510, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 4, 2015. Publish: September 11, 18, 25 and October 2, 2015
THEBABY 150904 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06952 Russell Van Norman, 7349 Leonard Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Capital Legal Video" at 7349 Leonard Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 11, 18, 25 and October 2, 2015
CAPITAL 150904 10-2-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06779 Rebecca Ramirez, 11704 Brook Valley Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Crossfit Stompinground" at 7627 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 28, 2015. Publish: September 11, 18, 25 and October 2, 2015
CROSSFIT 150908 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06353 Furqan Khalqi, 11 Spinel Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Express Vehicle Registration Services" at 8201 Elder Creek Road #4, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 12, 2015. Publish: September 11, 18, 25 and October 2, 2015
EXPRESS 150906 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06739 Michael Dufur, 4 Birnin Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Health Concepts" at 5715 Maroon Avenue, Suite A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 11, 18, 25 and October 2, 2015
HEALTH 150908 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07001 A-1 Best Auto Sales, 6824 Hillside Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A-1 Best Auto Sales" at 6824 Hillside Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 4, 2015. Publish: September 11, 18, 25 and October 2, 2015
A-1BEST 150908 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06986 G & H Automotive, 5647 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Maaco Collision Repair & Auto Painting" at 5647 & 5645 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 4, 2015. Publish: September 11, 18, 25 and October 2, 2015
MAACO 150908 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06346 UST West, Inc., 18-6645 Kitimat Road, Mississauga, Ontario, Canada L5N 6J4 is doing business under the Fictitious Business Name(s) "US Traffic" at 18-6645 Kitimat Road, Mississauga, Ontario, Canada L5N 6J4. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 11, 18, 25 and October 2, 2015
USTRAFFIC 150908 10-2-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06928 Dmitry Uzun, 7813 Blacksand Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Ovations School & Office Furnishings" at 7813 Blacksand Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 2, 2015. Publish: September 18, 25, October 2 and 9, 2015
OVATIONS 150908 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06980 Harjit Kaur, 1560 Holly Avenue, Rohnert Park, CA 94928 is doing business under the Fictitious Business Name(s) "Kaur Law Firm" at 9521 Clark Springs Circle, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County September 4, 2015. Publish: September 18, 25, October 2 and 9, 2015
KAURLAW 150908 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07018 Hubert A. Smith, 8257 Ashcrest Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "SlightlyDamage.com" at 8257 Ashcrest Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
SLIGHTLY 150908 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06959 Robert Wayne and Peggy Lee Siebenhaar, 13268 Saddle Crest Circle, Galt, CA 95632 are doing business under the Fictitious Business Name(s) "Siebe Innovations, Siebe's Innovations" at 13268 Saddle Crest Circle, Galt, CA 95632. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 18, 25, October 2 and 9, 2015
SIEBE 150909 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06726 T Access Corp., P.O. Box 566, Saratoga, CA 95071 is doing business under the Fictitious Business Name(s) "B-Room" at 3629 French Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 26, 2015. Publish: September 18, 25, October 2 and 9, 2015
B-ROOM 150109 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06975 Rio Java Corporation, P.O. Box 520, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Rio Java Coffee House" at 440 Elkhorn Boulevard, Suite 1, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 4, 2015. Publish: September 18, 25, October 2 and 9, 2015
RIOJAVA 150910 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07013 Florida Sotea, 6737 Sugar Maple Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Trajan Villa Care Home" at 6207 Trajan Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
TRAJIAN 150910 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07014 Florida Sotea, 6737 Sugar Maple Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sugar Maple Care Home" at 6737 Sugar Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
SUGAR 150910 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06731 Howard Scott Clark, 5325 Sandstone Street, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Scott Clark Photography" at 5325 Sandstone Street, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 27, 2015. Publish: September 18, 25, October 2 and 9, 2015
SCOTT 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06987 Carolyn Neumann, 12456 Kibbie Lake Way, Rancho Cordova, CA 95742 and Marilyn Gross, 1015 Whitegate Road, Alamo, CA 94507 are doing business under the Fictitious Business Name(s) "My Angel Baby Gowns" at 12456 Kibbie Lake Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 4, 2015. Publish: September 18, 25, October 2 and 9, 2015
MYANGEL 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07088 Dorian Lawrence, 9731 Collie Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Executive Cuts Barber Shop" at 5409 Florin Road, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 10, 2015. Publish: September 18, 25, October 2, 9 and 16, 2015
EXECUTIVE 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07012 Advance Real Estate Management, 9616 Lakewood Drive, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Advance Mortgage" at 2378 Maritime Drive #210, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
ADVANCE 150911 10-9-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06877 Monte J. Smith DDS & Associates, A Professional Corp., 11230 Gold Express Drive #310 & 406, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Dental Solutions" at 11344 Coloma Road #645, Gold River, CA 95670. Filed with the Clerk of Sacramento County September 1, 2015. Publish: September 18, 25, October 2 and 9, 2015
DENTAL 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06707 Kellyann Gomes, 3476 Nouveau Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Kellyann's Dog Grooming" at 3476 Nouveau Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 26, 2015. Publish: September 18, 25, October 2 and 9, 2015
KELLYANNS 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07022 Igor Kotsyubuk, 3335 Glenmore Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "I-Design" at 3335 Glenmore Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
I-DESIGN 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06646 Melanie Mosley, 2528 Berrywood Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Alpha Witch Publishing" at 2528 Berrywood Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 25, 2015. Publish: September 18, 25, October 2 and 9, 2015
ALPHA 150911 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07025 Chris and Amanda Savarino, 4542 Wellesly Way, Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Thought Bomb Design" at 2528 Berrywood Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
THOUGHT 150914 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07019 Ahmad Talib Epps, 933 North Avenue #49, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Money & Muscle" at 933 North Avenue #49, Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 18, 25, October 2 and 9, 2015
MONEY 150914 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06949 Eye 2 Eye Family Optometry PC, 4633 Whitney Avenue, Suite A, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Eye 2 Eye Family Optometry, PC" at 4633 Whitney Avenue, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 18, 25, October 2 and 9, 2015
EYE2EYE 150914 10-9-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06875 Nichole Eilstrom, 508 Willsboro Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Three ONE Marketing" at 508 Willsboro Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 1, 2015. Publish: September 25, October 2, 9 and 16, 2015
THREONE 150911 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07156 Red & Moe, LLC, 8023 Monteviera Drive, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Green Oaks Sober Living" at 7895 Millroy Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 14, 2015. Publish: September 25, October 2, 9 and 16, 2015
GREENOAKS 150915 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07188 Randall Hoffard, 15 Bluewind Court, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Bee Line Transport" at 15 Bluewind Court, Sacramento, CA 95838. Filed with the Clerk of Sacramento County September 15, 2015. Publish: September 25, October 2, 9 and 16, 2015
BEELINE 150915 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07189 Grace Fernyynes, 2322 Elena Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Trailside Builders" at 2322 Elena Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 15, 2015. Publish: September 25, October 2, 9 and 16, 2015
TRAILSIDE 150915 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07150 Abbas Kianfar, 4258 Hackberry Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "A & K Appliances" at 4258 Hackberry Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 14, 2015. Publish: September 25, October 2, 9 and 16, 2015
A&K 150917 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06905 Martel Eye Institute, LLC, 11216 Trinity River Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Martel Eye Institute, LLC" at 11216 Trinity River Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 1, 2015. Publish: September 25, October 2, 9 and 16, 2015
MARTEL 150917 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07085 Light for Nations International Ministries, 8905 Fair Oaks Boulevard #D, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "2 Miles Thrift Store" at 4400 San Juan Avenue #14, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 10, 2015. Publish: September 25, October 2, 9 and 16, 2015
2MITES 150918 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07278 Kaylene Nicole Black, 7453 Grand Oaks Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Game Day Girls" at 7453 Grand Oaks Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 18, 2015. Publish: September 25, October 2, 9 and 16, 2015
GAMES 150918 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07217 Erin and John Lacey King, 528 Given Street, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Lacey King Designs, Folsom Textile Design Company" at 528 Given Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 16, 2015. Publish: September 25, October 2, 9 and 16, 2015
LACEYKING 150918 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06948 Sacramento Community Tennis Association, 7909 Walerga Road #112-1292, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Junior Tennis Fund Sacramento" at 4013 Esperanza Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 25, October 2, 9 and 16, 2015
JUNIOR 150921 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07028 Harvey Lam and Thuy Thi Ngo, 10037 Bexley Drive, Sacramento, CA 95827 are doing business under the Fictitious Business Name(s) "Labels Cleaners & Tailors" at 10841 Olson Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 8, 2015. Publish: September 25, October 2, 9 and 16, 2015
LEBELS 150921 10-16-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07072 D & D Construction, LLC, 5720 Roseville Road, Suite J, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Placer Floors, Rent Ready" at 5720 Roseville Road, Suite J, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 9, 2015. Publish: September 25, October 2, 9 and 16, 2015
PLACER 150921 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07210 Gloria Heoma Ifeanyi, 2020 Wright Street, Apt. 40, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Gloffy Fashion and Textiles Designs" at 2020 Wright Street, Apt. 40, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 15, 2015. Publish: September 25, October 2, 9 and 16, 2015
GLOFFY 150921 10-16-15
FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-07185 Lyn Gulbransen, 810 Laverstock Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Alta Projects Group" at 810 Laverstock Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 15, 2015. Publish: September 25, October 2, 9 and 16, 2015
ALTA 150918 10-16-15
STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
FBNF2014-07552
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Saigon Spa" located at 7530 Auburn Boulevard #A, Citrus Heights, CA 95610. Kim Nansel, 3906 Marconi Avenue, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on September 17, 2014 in the County of Sacramento. Publish: September 11, 18, 25 and October 2, 2015
SAIGON 150901 10-2-15
ORDER TO SHOW FOR CHANGE OF NAME
IN THE COURT OF INDIAN OFFENSES FOR THE SOUTHERN PLAIN REGIONS
ANADARKO, OKLAHOMA
NOTICE BY PUBLICATION
TO WHOM IT MAY CONCERN:
Take notice that Shery Jean Richard has filed in the Court of Indian Offenses for the Southern Plains Region a Petition for Name Change of Adult in case number CIV-15-88 to have her name changed as follows: Shery Jean Richard to that of Shery Jean Kadesh And that the same will be heard by the Court of Indian Offenses for the Southern Plains Region, Anadarko, Oklahoma, on the 22nd day of October, 2015, at 2:00 p.m. o'clock, and that any person may file a written protest in this case prior to the date for the hearing. Dated this 17th day of September, 2015
Stormy Bennett, Court Clerk/Deputy
Publish: September 25, 2015
KADESH 150918 9-25-15
SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183302
WHEREAS, Danielle Andrea Rios has filed a petition with this court for a decree changing the name(s) of Danielle Andrea Rios

# LEGAL ADVERTISING

Continued from the previous page

## ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00183755

WHEREAS, Timothy Robert Martinez has filed a petition with this court for a decree changing the name(s) of Timothy Robert Martinez to Timothy Robert Carrillo.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 2, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 11, 18, 25 and October 2, 2015  
MARTINEZ 150908 10-2-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00183254

WHEREAS, Andres Gutierrez and Ana Cecilia Sanchez Mercado has filed a petition with this court for a decree changing the name(s) of Alejandro Gutierrez to Alejandro Gutierrez Sanchez (Seeking an order that "Gutierrez Sanchez" is a last name).

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 29, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: August 19, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2015  
SANCHEZ 150824 10-9-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00183766

WHEREAS, Andrew and Sonia Woodruff, on behalf of Marston Woodruff have filed a petition with this court for a decree changing the name(s) of Marston True Woodruff, II to Julian Marston Woodruff.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 2, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2015  
WOODRUFF 150909 10-9-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184018

WHEREAS, Savita and Rajinder Dhalwal have filed a petition with this court for a decree changing the name(s) of Savita to Savita Dhalwal, Tania to Tania Dhalwal, Ritik to Ritik Dhalwal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 9, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2015  
DHALLWAL 150909 10-9-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00183976

WHEREAS, FNU Shuja and FNU Rabia have filed a petition with this court for a decree changing the name(s) of FNU Shuja to Julian Yousufi Shuja, FNU Rabia to Yousufi Rabia, Ahmad Ferdaws to Yousufi Ferdaws, FNU Fatema to Yousufi Fatema, FNU Atefa to Yousufi Atefa.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 9, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2015  
YOUSUFI 150909 10-9-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00183491

WHEREAS, Jose Garcia and Olga Pargas have filed a petition with this court for a decree changing the name(s) of Priscilla Pargas-Garcia to Priscilla Garcia Pargas (Seeking an order that "Garcia Pargas" is a last name).

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 9, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: August 26, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 18, 25, October 2 and 9, 2015  
PARGAS 150909 10-9-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184269

WHEREAS, Timothy G. Clay has filed a petition with this court for a decree changing the name(s) of Timothy G. Clay to Wes Blackwell

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 30, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
CLAY 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184280

WHEREAS, Angelique K. Roy has filed a petition with this court for a decree changing the name(s) of Angelique K. Roy to Angelique K. Mason

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 1, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
MASON 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184053

WHEREAS, Heather S. Mayer, Attorney for Ramanpreet Kaur Mann has filed a petition with this court for a decree changing the name(s) of Ramanpreet Kaur Mann to Rekha Kaur.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 24, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 9, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
KAUR 150915 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184307

WHEREAS, Jose Martinez and Hailey Rosario have filed a petition with this court for a decree changing the name(s) of Christian Jaxsiel Rosario to Christian Jaxsiel Martinez.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 3, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
MARTINEZ 150921 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184055

TO all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of FAYE LAVERNE BOOTH, AKA FAYE L. BOOTH, FAYE BOOTH (deceased):

A petition has been filed by ELLIE MAE BEAN in the Superior Court of California, County of Sacramento, requesting that ELLIE MAE BEAN be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required.

A hearing on the petition will be held in this court as follows: October 21, 2015, 9:00 a.m., in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Jane Faye Booth, 4820 Carey Road, Sacramento, CA 95835 (530) 713-0306  
Publish: September 18, 25 and October 2, 2015  
BOOTH 150910 10-2-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00184286

WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
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WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: September 16, 2015  
David I. Brown, Judge of the Superior Court  
Publish: September 25, October 2, 9 and 16, 2015  
ZARAGOZA 150916 10-16-15

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
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WHEREAS, Koren Ademar Vela-Vela has filed a petition with this court for a decree changing the name(s) of Koren Ademar Vela-Vela to Koren Zaragoza.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 1, 2015, in Department

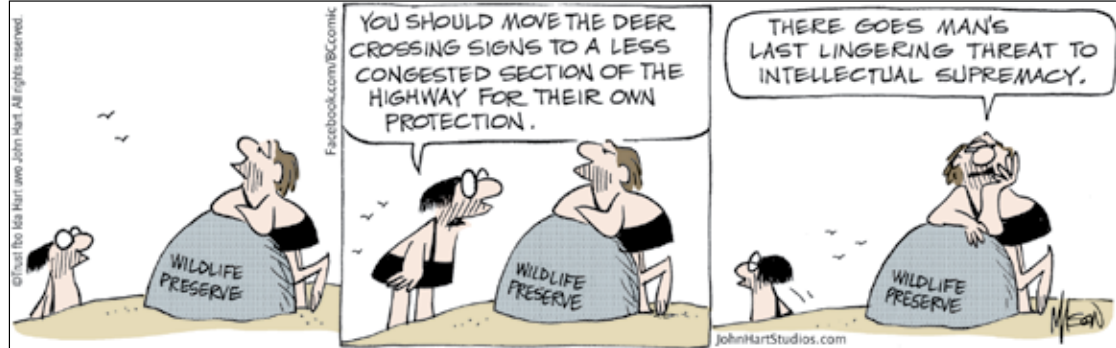
**Wizard of Id** by Parker, Mastroianni & Hart



**Hole Molé** by Rick Hotten



**BC** by Mastroianni & Hart



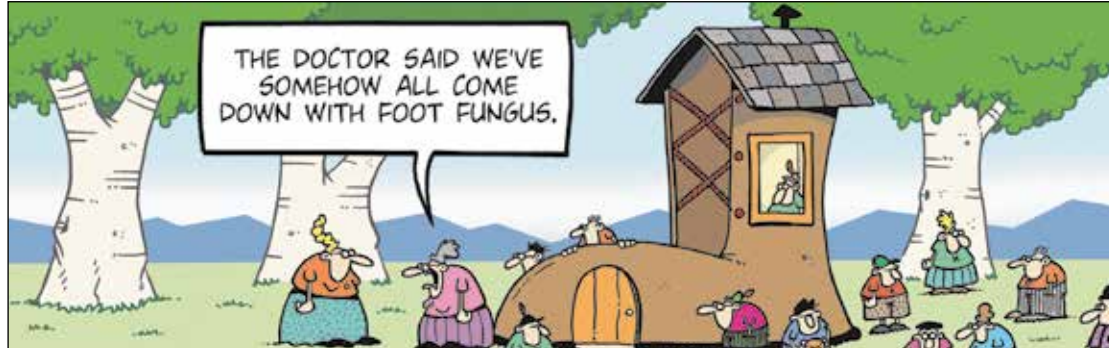
**Cranky Girl** by Crystal Jones



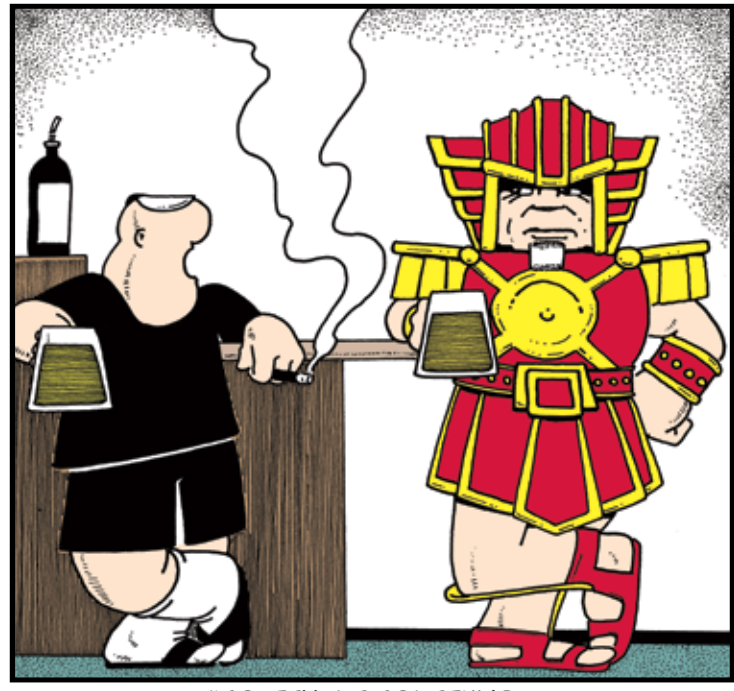
**Frank and Steinway** by Wil Panganiban



**Tundra** by Chad Carpenter



**Friday Morning** by Brad Diller



**Speckticles** by Bill Abbott



**Tastes Like Chicken** BY JOSH ALVES



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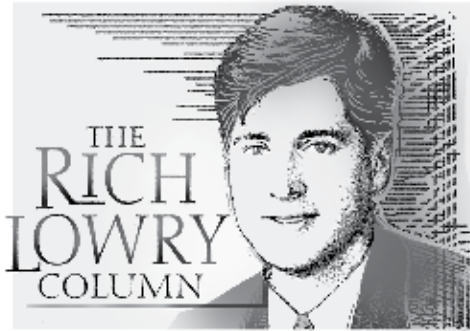
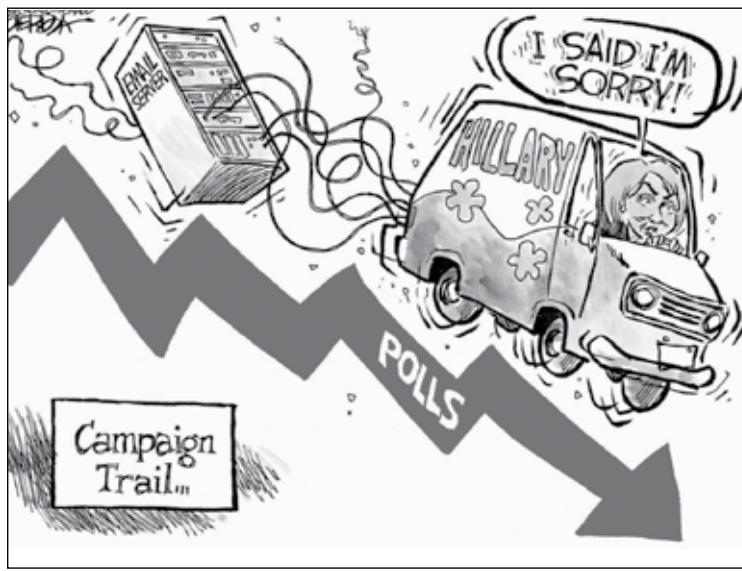
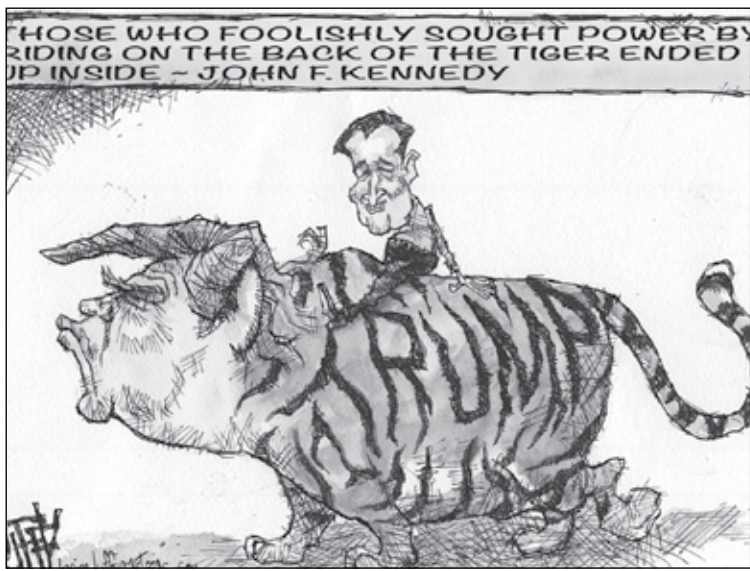
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**Biden Being Biden**

While Hillary Clinton's team of consultants is locked in a room somewhere trying to figure out how she can project authenticity, Joe Biden is out doing it.

The vice president's recent interview on "The Late Show With Stephen Colbert" was compellingly human, as Biden talked of the tragic loss of his son Beau and his decision whether or not to make a late entry into the Democratic presidential race.

It's rare for someone who has been at the pinnacle of our politics for decades to get a second look. But Biden's latest family tragedy (he lost his first wife and a daughter to a car accident in the 1970s) means that the vice president is viewed through a prism of sympathy, as a grieving father rather than just another politician. And Hillary's struggles, especially her woodenness, put an accent on Biden's let-it-all-hang-out,

true-to-his-self personality.

You can disagree with Biden, you can mock him, you can cringe at his miscues -- but it is impossible not to like him. Hillary's team can come up with the best, most elaborate plan for her latest makeover (it will emphasize spontaneity, The New York Times reports) and still not come close to matching the bizarre charm of Biden being Biden.

We are constantly assured by people around her that Hillary Clinton is "warm in private." Biden is warm in public. His performance swearing in new senators earlier this year was a nonstop Bidenesque spectacle of selfies, folksy comments and general crazy-uncle antics, some of dubious appropriateness.

Their public personas are captured in the story of two parades. One of the enduring moments of the Hillary campaign so far is of reporters being corralled in a roped-off pen to keep them away from the candidate during a small July Fourth parade in New Hampshire -- creating an instant metaphor of arrogance and control.

When Joe Biden showed up at a Pittsburgh Labor Day parade, he broke into a trot, eagerly bouncing from one side of the route to another, shaking hands, dispensing hugs and kissing babies. Low energy, in Donald Trump's signature phrase, this was not. Biden was a joyous

retail campaigner in his element.

On paper, Biden is hardly a natural match for the populist, anti-establishment mood. He first got elected to the Senate in 1972, a year after Florida Sen. Marco Rubio was born. His resume includes 17 years as chairman or ranking member of the Senate Judiciary Committee, and 12 as chairman or ranking member of the Senate Foreign Relations Committee. This is a resume for a gold watch, not for a late-developing insurgent president campaign.

Yet Biden is a practiced and, unfortunately, fairly effective demagogue. He can denounce the rich with the best of them.

If he gets in, he will immediately be evaluated by a different standard. He'll be an actual candidate rather than the intriguing potential new entry. He'll be the old white guy trying to "stop history." But he'll also be a breath of fresh air in a Democratic race that was supposed to be the stultifying march to the nomination by one of the dullest politicians of our time.

*Rich Lowry is editor of the National Review.*

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**Home Alone**

**DEAR PAW'S CORNER:**

Whenever I'm away for several hours -- at work, mostly -- my dog tears up the house. "General" will knock over lamps, chew sofa cushions, destroy my shoes ... you name it. My boyfriend says he's got behavioral issues, and I need to be more dominant. How do I do that? -- Sara T., Philadelphia

**DEAR SARA:** Dominance, or showing a dog who's boss, isn't the issue here. (In fact, many dog behaviorists turning against the idea of using dominance or making yourself the "alpha dog" for any reason.) General is suffering severe separation anxiety. You do need to address it for his emotional and mental well-being. First, talk about his behavior with the veterinarian, who likely will recommend medication to calm him when you leave the house. The better goal, however, is to help General get past his

anxiety. You may be able to help him see that you're not going away forever, and that each time you leave the house you will come back. A common way to do this is to dress as if you're going to work, say goodbye to General, and leave -- but only for about five minutes. Then come back inside and greet him. Repeat this frequently, slowly lengthening the time you're away until you can be out for an hour or more. You also can leave little treats or toys around the house for General to play with. Walking your dog before you leave can relieve some of his restless energy. If you're only taking General out to relieve himself before you head off to work, try going out much earlier and walking further or playing with General. If medication and/or desensitization training don't work, consult a trainer who specializes in separation anxiety.

Send your questions or tips to ask@pawscorner.com.

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# END OF THE BENCH BY GERRY SCHOU

## Holdout of All Holdouts, Blowouts and Knockouts

The word is circulating that an area sports columnist has been formulating plans for a holdout.

The nature of the pundit's most recent demands have also been leaked to the press. Reportedly, he has backed off significantly from his original proposal of seven years guaranteed, \$95 million with incentives and additional bonuses for holidays, full medical coverage for himself, his family and friends, and full sponsorship of his beer league softball team in exchange for continuing to deliver his pitch on a weekly basis.

According to unnamed sources, he has lowered the level of his demands to include: a lifetime supply of pizza; a weekly full-body massage to alleviate the stiff back and other aches and pains caused by the hours spent hunched over the keyboard; a better chair to help reduce the magnitude of the issues previously listed; a little more elbow room in the office to lessen the effects of the intimidation factor of the baskets of unfolded laundry hovering over the shoulder; an extra-large carnitas burrito (with extra pico de gallo) every Friday; World Series tickets if ever the Giants or A's return to glory; and a gift certificate to Starbucks upon filing of each weekly article for the sake of celebrating its completion in style with a favorite dessert of a Double Chocolatey Chip Crème Frappuccino.

None of those exorbitant demands are expected to be met. The beleaguered, humiliated wordsmith is expected to slink back to his desk and proceed, as usual, with the performance of his duties for as long as the unwitting readership is willing to absorb the nonsensical dribble produced forthwith and beyond.

The Seattle Seahawks are undoubtedly wishing that resolving the current holdout of star defender Kam Chancellor would be as simple.

The Seahawks have been in

full-flight, having won the 2014 Super Bowl by smashing Denver, 43-8, and losing late by way of a dubious play call near the goal line in 2015 to New England, 28-24. They were figured to win the West Division again and to be in the mix for another playoff run this season, but have started out 0-2 without Chancellor in the lineup. Seattle has lost to St. Louis in overtime and to the Green Bay Packers, 27-17.

The Seahawks vaunted Legion of Boom defense --- without its Pro Bowl strong safety who is considered to be the best at his position --- has allowed 61 points in the first two games, third worst in the NFL, placing the team in a Region of Doom, in which only two of the 45 teams that have begun a season 0-2 since 2009 have reached the playoffs.

Through it all, Chancellor has insisted on restructuring his contract. He apparently has decided, two years into his four-year extension, that \$28 million is not quite enough to feed his family. It is estimated he has already lost --- by not showing up --- more than the Seahawks may be willing to boost his salary. The franchise, his teammates, Chancellor himself and all those who are a part of Seahawks Financial Nation have also probably lost a sizable degree of earning potential that might have been forthcoming by way of another Super Bowl appearance.

The San Francisco 49ers wish they had problems like those, rather than the kind they have been dealing with --- including their 43-18 blowout loss at Pittsburgh in the Steelers' home opener. After playing well while defeating the visiting Minnesota Vikings the previous game, on a short week the 49ers were buried by halftime, trailing 29-3, by QB Ben Roethlisberger and WR Antonio Brown and the long-range passing game. Brown had five catches and 128 yards by halftime.

The Oakland Raiders, on the other hand, rebounded from a blowout loss at home to Cincinnati to rally behind young QB Derek Carr for a last-minute, 37-33 victory over visiting Baltimore.

While an 0-2 start appears to be all but a knockout drop for NFL teams, that dreadful series three weeks ago in L. A. of three consecutive one-run losses looks more and more like the bitter knockout pill the San Francisco Giants will be choking on as the MLB regular season nears completion and the Giants come up short in defense of their World Series title. Still holding out hope?

An unimaginably lengthy list of injuries certainly contributed to the Giants' demise. A similar problem among key impact players is already wreaking havoc with the prospective fortunes of a number of NFL teams. The Dallas Cowboys have lost their best receiver, Dez Bryant (broken foot), and starting quarterback Tony Romo (broken collarbone). (Who is Brandon Weeden?!). The New Orleans Saints, 0-2, could be without star QB Drew Brees (shoulder) for a while. Others: Balt., LB Terrell Suggs (Achilles'); Carolina, LB Luke Kuechly (concussion); S.F., RB Reggie Bush (leg); Chi., QB Jay Cutler (hamstring); Hou., RB Arian Foster (groin); front-line receivers Jordy Nelson (Green Bay), Victor Cruz (NYG) and DeSean Jackson (Wash).

The holdout of all holdouts, possibly topping that of our local sportswriter, may very well be the current one by Minnesota's motorcycle-riding mascot Ragnar (Joe Juranitch), who entertains football fans dressed in his Viking regalia. Ragnar, who is asking for \$20,000 per game, likely will soon be just another Joe Schmo watching the games from his couch --- but wearing his furs and holding his horned hat in his hands. ★



## Dare to Live Without Limits

### What Kind of Day Will You Have?



by Bryan Golden

The alarm clock blares, summoning the start of another long week. You drag yourself out of bed and start your routine. You're still tired, facing a long, monotonous day. It's only Monday. Friday seems so far in the future. What kind of day will you have?

You wake up before the alarm goes off. Filled with excitement about the brand new day ahead, you jump out of bed. You're glad it's Monday. There's a whole week in front of you filled with new opportunities. Energized with enthusiasm, you can't wait to get started. What kind of day will you have?

The kind of day you will have depends on your outlook. Expect your day to be torturous, and it will be. Have an upbeat attitude and your day will be much more pleasant. This approach works. Your perception is based on your mindset. Your reality is based on your perception. Therefore, your mindset determines your reality.

Don't wait for a good day to make you happy. When you are happy, you will have many more good days than those who aren't. When asked how are you doing, what's your answer? Your response offers real insight into your frame of mind.

Is your answer something along the lines of "same stuff, different day"? Or do you reply with, "I'm doing well, thanks for asking"? Your response is shaped by your perception.

Of course everyone has off days or times when they're feeling down. No one is emphatically upbeat 100% of the time. But with the right attitude, you can be in a positive mood a vast majority of the time.

The only thing you have total control over is your thoughts. Your thoughts control your attitude. So by directing your thoughts in a positive direction, your attitude will be boosted. Without conscious intent, thoughts have a tendency to drift into negative territory. This is due to the influence of all of the negativity we are exposed to from other people, news reports, and society in general.

It requires a conscious effort to guide your thoughts to the positive. Part of this process is connecting with positive influences such as other positive people, motivational books, tapes, and videos. A great source of inspiration is reading about the accomplishments of others and how they solve problems.

You have to be proactive. Waiting for your attitude to improve doesn't work. Start by limiting your exposure to negative influences. Minimize the time you spend with negative people along with any activities that bring you down.

Next, monitor and correct your self-talk. Replace negative phrases with positive ones. For example say, "I can," instead of "I can't," "I will," rather than "I'll try," and

"I'll figure it out," in place of "It won't work."

Cultivate an attitude of gratitude. Start your day by reviewing a mental checklist of all the things in your life you have to be grateful for. List every positive element regardless of how small.

This process alone does wonders to boost your morale. It puts things into perspective and gives you a realization that circumstances are better than you thought. Repeat this process as often as necessary throughout each day to keep your attitude positive.

Life's problems can be draining. Keep in mind that there is a solution for every problem and that each problem you face provides an opportunity to get stronger, learn, and grow. Everyone faces problems. Successful people become problem solving experts.

You have control over what kind of day you have. If you're not welcoming each day with joy and enthusiasm, change your outlook. Life is too special to squander it while waiting for each weekend.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com) or write him c/o this paper. © 2011 Bryan Golden. ★

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# Sacramento County DA Reports

*Recent cases of interest*



**CASE:** Michael Eugene Addson  
**PROSECUTOR:** Deputy District Attorney Thomas Asker, Homicide Unit

Twenty-seven-year-old Michael Eugene Addson was convicted by jury of first-degree murder during the commission of an attempted robbery.

Marc Zhuchenko was an employee at the O'Reilly's Auto Parts store on Elkhorn Boulevard. On January 9, 2014, Addson attempt to rob the store. Mr. Zhuchenko tried to fight him off and injured Addson, who then shot Mr. Zhuchenko. Addson left a trail of blood as he fled the store. Due to the vigilance of the Sacramento County Sheriff's Department and its homicide detectives, Addson was detained within two hours at the Methodist Hospital. Detectives were also able to locate the murder weapon. Analysis by the District Attorney's Laboratory of Forensic Services linked Addson's DNA and his gun to the crime scene.

The jury also convicted Addson of five counts of robbery with use of a gun based on three separate incidents at O'Reilly's and Autozone stores in July, September, and October of 2013. Those robberies were solved by Sacramento County sheriff's detectives following Addson's capture on January 9, 2014.

Addson faces a minimum sentence of life in prison without the possibility of parole. Sentencing is set for October 16, 2015, in Department 16 by the Honorable Marjorie Koller.

**CASE:** Kareem AbdulMitchell  
**PROSECUTOR:** Deputy District Attorney Allison Dunham, Special Assault & Child Abuse Unit

Forty-three-year-old Kareem Abdul Mitchell pled no contest to two counts of oral copulation with a person under 18 years old and one count of committing lewd and lascivious acts on a child.

Mitchell was a choir director for the New Testament Baptist Church. During that time, he molested three male choir members between 2001 and 2012.

Pursuant to the plea agreement, Mitchell will be sentenced to three years state prison and will be required to register as a sex offender for life. Sentencing is set for October 21, 2015, at 1:30 p.m. in Department 63 before the Honorable Michael Bowman.

This case was investigated by the Sacramento Police Department.

**CASE:** Randell Bryant  
**PROSECUTOR:** Deputy District Attorney Samuel Alexander, Career Criminal Prosecution Unit

The Honorable Marjorie Koller sentenced 28-year-old Randell Bryant to 10 years plus 75 years to life in prison. On July 2, 2015, a jury convicted Bryant of three counts of residential burglary. Bryant has three prior strike convictions, all residential burglaries from 2005, 2007, and 2008.

On September 3, 2013, two homes in Land Park were burglarized. A passerby heard the house alarms and gave police descriptions of four males walking away from the scene carrying property. Soon after, another burglary occurred in Greenhaven. Witnesses there also described four males fleeing the scene. The residences were ransacked for cash, jewelry, electronics, and other items. The total loss was more than \$30,000.

An iPad from one of the burglaries was traced to an address in north Sacramento, where more items taken in the burglaries were found. After further investigation revealed Bryant was living at that residence, he was arrested. Bryant was picked from a live lineup by a witness.

Co-defendants Koleon Crawford and Dominique Spruill pled no contest to three counts of burglary and both were sentenced to five years, four months in prison. The fourth perpetrator was a juvenile at the time of the crimes.

This case was investigated by the Sacramento Police Department.

**CASE:** Gregory Wyrick  
**PROSECUTOR:** Deputy District Attorney Maria Wilson, Special Assault & Child Abuse Unit

Thirty-five-year-old Gregory Wyrick was convicted by jury of six counts of sexual intercourse and/or sodomy with a child under 10 years old and six counts of committing lewd and lascivious acts on a child under 14 years old. The jury also found true a multiple victim enhancement.

From 2012 to 2013, Wyrick molested two victims multiple times when they were staying at his house. The victims were five and seven years old at the time.

Wyrick faces a maximum potential sentence of 150 years to life in prison. Sentencing is set for October 9, 2015, in Department 33 before the Honorable Michael Savage.

This case was investigated by the Sacramento County Sheriff's Department. ★

# Events in SACRAMENTO SEPTEMBER-OCTOBER 2015

- Sacramento County Animal Care Volunteers needed Feral Cats Event**  
September 27, 2015 12:30 pm - 3:30 pm  
3839 Bradshaw Rd, Sacramento, CA 95827 (916) 368-7387
- Carmichael Park Recreation Park Rec Eat**  
October 1, 2015 5:00 pm - 8:00 pm  
5750 Grant Ave, Carmichael, CA 95608 (916) 485-5322
- Real Food Real Art Real Music Blue Line Arts, on the Rooftop**  
October 1, 2015 6:00 pm - 9:00 pm  
405 Vernon St, Ste. 100, Roseville, CA 95678 • (916) 783-4117 A Non-Profit Organization,
- Mather Airport Capital Air Show**  
October 2 - October 4, 2015 All Day  
10425 Norden Ave, Mather, CA 95655 (916) 875-7077
- On Stage At The State Farm to Film Festival**  
October 2 - October 3, 2015 7:30 pm - 10:00 pm  
985 Lincoln Way, Auburn, CA 95603 (530) 885-0156
- Get Bit at Callson Manor Scar Park Placer County Fairgrounds**  
October 2 - October 31 2015 7:30 pm - 10:00 am  
Placer County Fairgrounds Jones Hall 800 All American City Blvd. - Roseville Contact: Dorothy Drake (775) 348-7713 E-mail: info@crossroadsshows.com
- Eggplant Festival**  
October 3, 2015 9:00 am - 5:00 pm
- Sacramento Aloha Festival California Expo Center**  
October 3, 2015 9:00 am - 6:00 pm  
California Expo Center -1600 Exposition Blvd - Sacramento E-mail: sacalohafest@gmail.com or call: 916-420-7290
- 1st Annual Citrus Heights Chamber and Rotary Golf Tournament**  
October 9, 2015 9:00 am - 4:00 pm  
8791 Morgan Creek Ln, Roseville, CA 95747 (916) 786-4653
- Neighborhood Walk with the Mayor Riverview STEM Academy**  
October 10, 2015 9:00 am  
10700 Ambassador Dr, Rancho Cordova, CA 95670 (916) 294-2435
- Call For Artists The Fall Show Rancho Cordova City Hall**  
October 15, 2015 5:30 pm - 7:30 pm  
2729 Prospect Park Dr Rancho Cordova, CA 95670 (916) 851-8800
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Jonathan Dove | *Psalms For Leo* (Area Premiere)  
MARCH 5, 2016 8PM  
Sacramento Community Center Theater

*European Masterworks*

Franz Joseph Haydn | *Harmoniemesse*  
Vaughan Williams | *An Oxford Elegy*

Antonin Dvořák | *Psalms 149*  
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Television Listings for the week of September 25-September 30

FRIDAY EVENING

SEPTEMBER 25, 2015

Table of TV listings for Friday, Sept 25, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SATURDAY EVENING

SEPTEMBER 26, 2015

Table of TV listings for Saturday, Sept 26, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SUNDAY EVENING

SEPTEMBER 27, 2015

Table of TV listings for Sunday, Sept 27, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

MONDAY EVENING

SEPTEMBER 28, 2015

Table of TV listings for Monday, Sept 28, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

TUESDAY EVENING

SEPTEMBER 29, 2015

Table of TV listings for Tuesday, Sept 29, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

WEDNESDAY EVENING

SEPTEMBER 30, 2015

Table of TV listings for Wednesday, Sept 30, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).



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Josh Rosen, the No. 1 quarterback recruit in the country last year, will make his first Pac-12 start when the Bruins head to Tucson this weekend.

**ROSEN CHOSEN TO LEAD**

UCLA pins its Pac-12 title hopes on true freshman quarterback

**UCLA AT ARIZONA**

This is the most intriguing of several key showdowns in the Pac-12. Arizona received a bit of a scare in the opener against UTSA but has posted some gaudy offensive numbers en route to its 3-0 start. The schedule has been soft, but the Wildcats lead the Pac-12 in both scoring offense (54.3 ppg) and total offense (584.7 ypg). Sophomore tailback Nick Wilson is the league's top rusher with 144.7 yards per game. UCLA is also 3-0, with home wins over Virginia and BYU sandwiched around a victory at UNLV. After a near-perfect debut against Virginia, freshman quarterback Josh Rosen is showing signs of being, well, a freshman. In the past two games, he has completed just over 50 percent of his passes with two touchdowns and three interceptions. The Bruins will need Rosen to be sharp if they hope to successfully navigate a difficult league slate that includes trips to Arizona, Stanford, Utah and USC. The guess here is that Rosen will shine in his first Pac-12 road game. *UCLA 37-30*

**USC AT ARIZONA STATE**

Neither team has lived up to lofty preseason expectations. Arizona State lost its opener to Texas A&M, 38-17 in Houston, and then looked less than impressive in wins over Cal Poly and New Mexico. USC cruised to wins over Arkansas State and Idaho by a cumulative score of 114-15 but lost its Pac-12 opener to Stanford, 41-31, at the L.A. Coliseum. The Stanford offense that did not score a touchdown and managed only 3.9 yards per play in a Week 1 loss to Northwestern torched the talent-laden USC defense for 41 points and an average of 6.5 yards per snap. A win in Tempe would quiet the rumblings — for the short term — from the USC faithful who are starting to lose confidence in second-year coach Steve Sarkisian. *USC 34-31*

**TEXAS A&M VS. ARKANSAS (AT ARLINGTON, TEXAS)**

Arkansas is reeling after back-to-back losses at home to Toledo and Texas Tech. The most alarming stats: The Razorbacks rank 10th in the SEC in rushing attempts per game (36.0) and ninth in yards per rush (4.8). This team will not be a factor in the SEC West unless it returns to its roots and starts to run the ball with success. Texas A&M is off to a 3-0 start — and has looked good doing so. The Aggies have no worries on offense; they are sixth in the SEC in passing and fourth in rushing. It's still early, but there is no denying that new defensive coordinator John Chavis has had a positive impact. Against a decent non-conference schedule, A&M is allowing only 4.6 yards per play. The true tests will come in league play, but the early returns are positive. *Texas A&M 30-20*

**TENNESSEE AT FLORIDA**

This doesn't have as much national import as Tennessee-Florida games of yesteryear, but it's a crucial game for both programs. Tennessee fans are craving a statement win from Butch Jones, who has dominated on the recruiting trail but has yet to make the Vols nationally relevant. Florida is having some issues on offense — starting with the QB position — but the Gators are 3-0 and have an SEC road win (over upstart Kentucky) on their résumé. Florida's roster is far from elite, but the defense is good enough to keep this team in the SEC East race all season. *Florida 20-17*



**Mitch Light**  
Athlon Sports  
Executive Editor  
@AthlonMitch

**TCU AT TEXAS TECH**

Texas Tech is fresh off a satisfying win over an Arkansas team that physically dominated the Red Raiders in Lubbock last season. Tech still has to prove itself in league play, but there are early signs this could be Kliff Kingsbury's best team at his alma mater. TCU received a scare from SMU before pulling away for a 56-37 win over the Mustangs in Fort Worth. Quarterback Trevone Boykin is the leader of a dynamic offense that will put a ton of pressure on the Texas Tech defense. The Raiders will need to force at least three turnovers to keep this one in range. *TCU 44-30*

**UTAH AT OREGON**

Utah is quietly 3-0 with some decent wins — Michigan and Utah State at home and by 21 points at Fresno State. Quarterback Travis Wilson missed the Fresno State game with a shoulder injury and is questionable for this week's trip to Eugene. Former Oklahoma Sooner Kendal Thompson played well in relief, but this team is at its best with a healthy Wilson running the show. Oregon hopes to have its quarterback back in the lineup as well. Vernon Adams Jr. missed the win over Georgia State with a broken finger but expects to get the start for the Ducks' Pac-12 opener. *Oregon 38-21*

**GEORGIA TECH AT DUKE**

After two weeks — and two lopsided wins — Georgia Tech was getting some buzz as a possible College Football Playoff contender. Not anymore. In Saturday's 30-22 loss at Notre Dame, the Yellow Jackets' usually potent rushing attack was limited to 216 yards, the program's lowest total since a loss to Ole Miss in the 2013 Music City Bowl. Duke must regroup after a 19-10 defeat to Northwestern at home in which the Blue Devils struggled to find any offensive rhythm. Duke managed only two scoring drives — one went 26 yards for a touchdown, the other 38 yards and ended with a field goal. *Georgia Tech 33-20*

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**ATHLON SPORTS TOP 25**

1. **Ohio State** (3-0, vs. W. Michigan)
2. **Ole Miss** (3-0, vs. Vanderbilt)
3. **Michigan State** (3-0, vs. C. Michigan)
4. **Notre Dame** (3-0, vs. UMass)
5. **TCU** (3-0, vs. at Texas Tech)
6. **Baylor** (2-0, vs. Rice)
7. **LSU** (2-0, at Syracuse)
8. **Florida State** (3-0, Bye)
9. **Oklahoma** (3-0, Bye)
10. **Texas A&M** (3-0, vs. Arkansas\*)
11. **Oregon** (2-1, vs. Utah)
12. **Georgia** (3-0, vs. Southern)
13. **Alabama** (2-1, vs. ULM)
14. **Clemson** (3-0, Bye)
15. **UCLA** (3-0, at Arizona)
16. **Northwestern** (3-0, vs. Ball State)
17. **Utah** (3-0, at Oregon)
18. **Stanford** (2-1, at Oregon State)
19. **USC** (2-1, at Arizona State)
20. **Tennessee** (2-1, at Florida)
21. **Miss. State** (2-1, at Auburn)
22. **Georgia Tech** (2-1, at Duke)
23. **California** (3-0, at Washington)
24. **BYU** (2-1, at Michigan)
25. **Temple** (3-0, Bye)

\*Arlington, Texas

**HEISMAN RACE**

1. **Nick Chubb, RB, Georgia** Quarterback Greyson Lambert stole the headlines in Georgia's 52-20 win over South Carolina, but Chubb did his part with 159 yards and two TDs on 21 carries. In two SEC games, Chubb is averaging 8.7 yards on 40 attempts.
2. **Leonard Fournette, RB, LSU** Fournette was dominant in LSU's 45-21 win over SEC West rival Auburn. The 6'1", 230-pound sophomore rushed for 228 yards and three touchdowns on only 19 attempts to lead his team to a 45-21 victory in Baton Rouge.
3. **Will Fuller, WR, Notre Dame** Fuller has been sensational for a Notre Dame offense that has been decimated by injuries. In three games, the junior wideout is averaging 22.1 yards per catch (for 397 receiving yards) and has scored five touchdowns.



4. **Trevone Boykin, QB, TCU** Boykin threw for 454 yards and five touchdowns (both season highs) in the Horned Frogs' 56-37 win over SMU.

5. **Myles Garrett, DE, Texas A&M** How dominant is Garrett? Well, Nevada prepped for the sophomore's lightning-quick first step by having its scout team defensive end line up off-sides. Garrett has 5.5 sacks and five quarterback hurries in three games.

Photos: Rosen: Peter Brouillet; Fuller: Bruce Schwartzman

**PRIME TIME PLAYERS**

**Jordan Howard**, a transfer from UAB, rushed for 203 yards on 31 carries as Indiana held on for a 38-35 win over Western Kentucky. Howard leads the nation with 507 rushing yards. ... One week after leading Oklahoma to a thrilling comeback win at Tennessee, quarterback **Baker Mayfield** threw for 487 yards and three TDs in the Sooners' tougher-than-expected 52-38 win over Tulsa. ... Vanderbilt sophomore **Trent**

**Sherfield** broke a single-game school record with 240 receiving yards in the Commodores' 47-7 win over Austin Peay. ... With freshman quarterback **Josh Rosen** struggling (106 passing yards, three INTs), running back **Paul Perkins** led the way for UCLA with 220 yards rushing (on an 8.4-yard average) as the Bruins remained unbeaten with a 24-23 win over BYU at the Rose Bowl. ... **C.J. Proise**, one of the few

healthy tailbacks on the Notre Dame roster, rushed for 198 yards and three touchdowns in the Fighting Irish's impressive 30-22 win over Georgia Tech. ... Both quarterbacks shined in California's 45-44 win at Texas on Saturday night. **Jared Goff** completed 27-of-37 attempts for 258 yards with three TDs and no INTs for the victorious Golden Bears, while Texas' **Jerrod Heard** — in his second career start

— threw for 364 yards and rushed for 163 yards and three scores. ... **Marshall Koehn** drilled a 57-yard field goal as time expired to give Iowa a 27-24 win over Pittsburgh. The Hawkeyes are 3-0 for the first time in six years. ... Georgia quarterback **Greyson Lambert** threw for 330 yards and set an FBS record by completing 96 percent of his passes (24-of-25) in the Bulldogs' 52-20 win over South Carolina.

**STOCK REPORT**

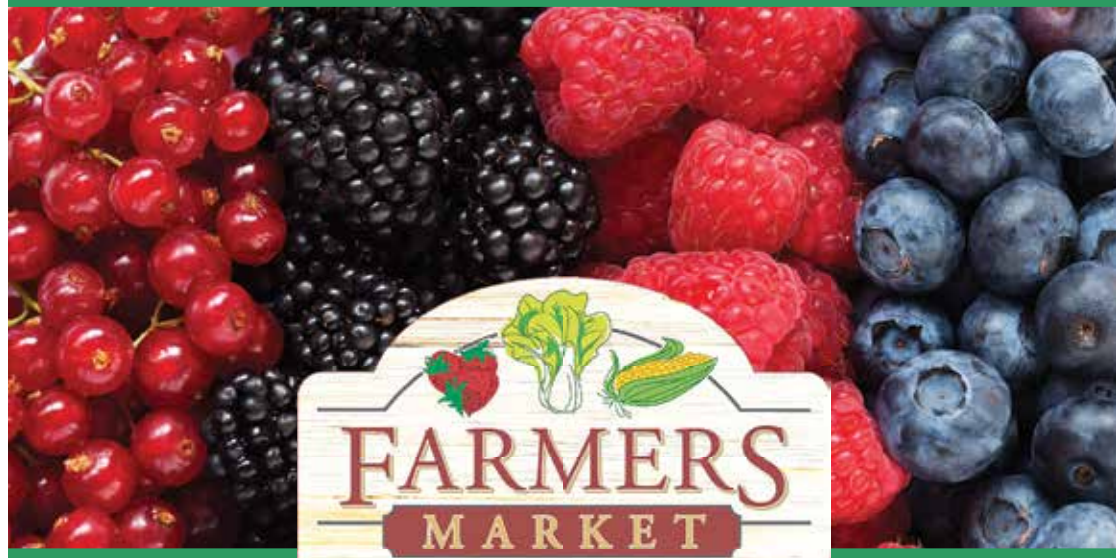
**A** Ole Miss has emerged as a legitimate national title contender after beating Alabama 43-37 in Tuscaloosa. Quarterback Chad Kelly, in his first SEC start, threw for 341 yards and three TDs to lead an offense that averaged 6.7 yards per play. Ole Miss is 3-0 and leads the nation in scoring offense (64.0 ppg).

**V** Auburn survived subpar performances in its first two games to beat Louisville and Jacksonville State (in overtime). The Tigers weren't so fortunate Saturday afternoon in Baton Rouge en route to a 45-21 loss to LSU. Auburn's usually potent offense was limited to 260 yards, the fewest since Gus Malzahn was named head coach.

**A** Memphis improved to 3-0 with a 44-41 win at Bowling Green, keeping alive the Tigers' dreams of an undefeated showdown with Ole Miss on Oct. 17. In the last two weeks — wins at Kansas and Bowling Green — quarterback Paxton Lynch has a combined 740 passing yards with five TDs and zero INTs.

**V** The Mountain West has lost 21 straight games against FBS opponents since Week 1, including a 16-game losing streak against the Power 5 foes since Week 2. Among the carnage are losses at home to North Dakota State and Eastern Michigan (both by Wyoming) and South Alabama (by San Diego State).

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