

Eagles Face Falcons for Playoff Prospects Page 8

Pops go the **Zombies**



Carmichael Times

Volume 35 • Issue 43

Serving Carmichael and Sacramento County since 1981

October 23, 2015

BELOVED DEPUTY REMEMBERED



Page 2

COUCH THEATER DVD PREVIEWS



ATHLON SPORTS INSIDE COLLEGE FOOTBALL



Page 17



direct link to our online edition!

Bible Chick is Loud and Clear and on Air



Women who share their faith are featured in a nationally-broadcasted radio show anchored by Fair Oaks singer/speaker Carole Brewer.

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Though Carole Brewer was named for a Christmas song, she didn't embrace religion until her college years. "My difficult childhood left me with low self-esteem," she recalls. "My college friends-including my future husband—were Christians. They introduced me to the Bible. It resonated. I thought I'd give God a try and he didn't disappoint."

The Fair Oaks woman has built a career singing, ministering, and running organizations that apply Bible principles to daily life. In recent months, Brewer extended her mission across the United States through broadcasting. She calls her weekly radio and internet show "Bible Chicks."

The name originated from a group of women—Bible Chicks—who discussed literature under the leadership of Carmichael woman Robin Williams. "I thought Bible Chicks would be a great name for a radio show," said Brewer. Two years ago, my friend Sandi Padilla suggested we check whether the name was available as a

domain. Well, it was: I was able to secure BibleChicks.com."

If the name seems lighthearted, Brewer's sense of humor sets her apart from many missionaries. Calling women of faith "chicks" does not trivialize their efforts; chicks, she reminds us, are disciples of a

Carole Brewer's husband, retired San Juan District Principal Jan Brewer is a mainstay in her radio project. Another supporter is her mother-in-law, Val (with accordion) a sister to

> protective parent. Indeed, Jesus likened Jerusalem's people to chicks he wanted to gather together "the way a hen gathers her chicks under her wings.'

> The flight to cyberspace—then radio waves-tested this head chick's faith and skill. With degrees in music and education,

Continued on page 2

Food Democracy Now! Pushes Against Glyphosate

Glyphosate Found in Weed Killer "Roundup"

SACRAMENTO REGION, CA (MPG) - Food Democracy Now!, an organization that aims to advocate for small farmers and food knowledge in a grassroots effort, released a statement encouraging Californians to sign a petition to add glyphosate to a list of cancer-causing known carcinogens. glyphosate is a chemical found in widely used weed killer Roundup. While the petition has ended and results are not yet in, it looks as though the move to add glyphosate to the list is already being considered by the California Environmental Protection Agency.

Food Democracy Now! stated: "Every year, more than 280 million pounds of glyphosate are sprayed on farmers' fields across the country and the U.S. Geological Survey has found glyphosate in more than 75% air, rain, and stream samples conducted across the Midwest.

...The California Environmental Protection Agency is considering listing glyphosate as a chemical 'known to cause cancer' in the state's chemical database. Listing glyphosate as a cancer-causing chemical under California law would be a huge blow to Monsanto and a vital step toward transparency in our food supply to make sure that consumers can protect their health, that of their families, and our environment."

The company went on to add that additional studies have connected the chemical to liver and kidney disease, along with wiping out 90% of the monarch butterfly population. If the California Environmental Protection Agency decides to label glyphosate as cancer-causing, it would be the first state to do so.

Source: Food Democracy Now! ★

FBI Announces Results of Nationwide **Human Trafficking Operation**

Local Operations Aid in Recovery of Five Juveniles and Arrest of Seven Alleged Pimps

From FBI Press Release

SACRAMENTO REGION, CA (MPG) -Officials from the FBI and its state and local partners (including the Citrus Heights, Rancho Cordova, Fresno, Fairfield and Sacramento Police Departments as well as Sacramento County Probation Department) recently announced that 149 underage trafficking victims were recovered and 154 pimps we arrested in a nationwide human trafficking operation last week. The initiative, dubbed Operation Cross Country IX is a national program spearheaded by the FBI and the National Center for Missing and Exploited Children, along with state and local law enforcement partners across the country. The initiative targets the criminal enterprises responsible for the commercial sex trafficking of children.

STARS Shine at

"Human trafficking is a monstrous and devastating crime that steals lives and degrades our nation," said Attorney General Loretta Lynch. "As a result of the FBI's outstanding coordination and exemplary efforts alongside state and local partners during Operation Cross Country, more children will sleep safely tonight, and more wrongdoers will face the judgment of our criminal justice system. The Department of Justice will continue to aggressively and persistently fight this heinous crime, and to hold its perpetrators accountable to the fullest extent of the law."

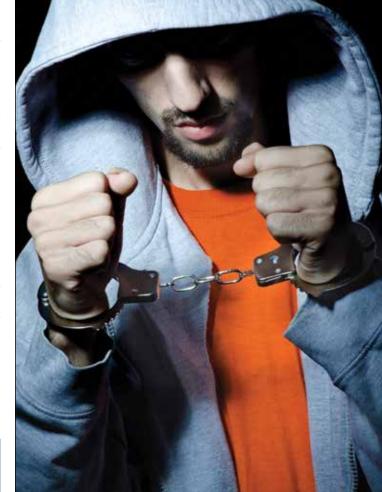
In the area served by the FBI's Sacramento field office, FBI officials announced the recovery of five underage victims and the arrest of seven pimps as part of the takedown. The FBI Sacramento field office and its law enforcement partners conducted

multi-day operations in the area served by the FBI Sacramento field office focusing on the metropolitan areas of Fairfield, Fresno, and Sacramento. These operations also resulted in the arrest of 90 adults for various offenses including probation violations and prostitution-related charges.

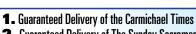
In Sacramento, the FBI's Sacramento Child Exploitation Task Force—that includes officers from the Sacramento Police Department—recovered two minors and arrested three alleged pimps; the Sacramento County Sheriff's Department recovered one minor.

In Fairfield, the FBI, Fairfield Police Department, Solano County Sheriff's Office, and Vallejo Police Department recovered one child and arrested two alleged pimps.

Fresno operations conducted Continued on page 11



In Sacramento, the FBI's Sacramento Child Exploitation Task Force-that includes officers from the Sacramento Police Department – recovered two minors and arrested three alleged pimps; the Sacramento County Sheriff's Department recovered one minor. Stock Photo



2. Guaranteed Delivery of The Sunday Sacramento Bee 3. And One Free Car Wash from QUICK QUACK Car Wash (\$699 value)

Get a great deal on this 6 month subscription for only:

See inside for details

2 · Carmichael Times October 23, **2015**

Danny Oliver Joins Park Heroes November 7th

Story and photo illustration by Susan Maxwell Skinner

FAIR OAKS, CA (MPG) - A new name will soon join those inscribed on the Wall of Honor at Patriots Park. November 7th remembrances will induct Sheriff's Deputy Danny P. Oliver to the ranks of treasured local heroes.

Oliver died during a 2014 criminal incident that spread from Arcade to Placer County. The 47-year-old father of two was slain as he and another officer investigated activity in an Arden Way motel parking lot. The shooter and a female companion then fled to Auburn. En route, they carjacked two vehicles, shooting and injuring one car owner. Near Interstate 80, the male suspect fired on two Placer County officers. One investigator, Michael Davis, died from



Slain North Area Deputy Danny P. Oliver (inset) joined Wall of Honor heroes in Patriots Park on November 7th. The ceremony recalled other local men who fell in service to community or nation.

his wounds.

At the time of his death, 15-year Sheriff's Department veteran Oliver worked with Problem-Oriented Policing in the North Area Division. "We hold Danny

Oliver in a place of honor and distinction in the department and in the community," said Sacramento Sheriff Scott Jones. "He will never be forgotten."

Situated near the Carmichael and Fair Oaks border, Patriots Park is dedicated to Carmichael and Fair Oaks heroes. Their Wall of Honor bears plaques naming local legends who gave their lives in service since the Carmichael Park District began.

Anyone may attend the November 7th ceremonies. Remembrances begin with a flag-raising at 10 a.m. A strong representation of law enforcement agencies is expected at this year's event. Police and armed service veterans are welcome.

Patriots Park is located at 6825 Palm Avenue, near Dewey and Madison Avenues

Beloved Deputy Remembered "Pops" go the Zombies



Bible Chick is Loud and Clear and on Air

Continued from page 1 (and with the late Lawrence Welk star Myron Floren in her family) penning a radio jingle was the fun part. The song declares the composer's perpetual optimism:

"...loving and growing, And hoping our faith is showing,

Don't you know we're Bible Chicks!"

Finding guests was the next step. "I invite women with a variety of platforms," she explains. "They're musicians, authors, broadcasters, speakers, and filmmakers. Their faith reflects in whatever they do. I've met them through conventions and networking. Our reconnection made my shows especially fun.

"We are all imperfect people who follow a perfect Savior. We often blow it. Our victory is our faith. We know God wants the best for us." Guests have included actress/model Geniene Johnson,

Penfold, and Nicaraguan emigre Guadalupe C. Casillas. "Their stories are uplifting and inspiring," said the host.

Her 30-minute show records in the North Highlands studio of Steve and Sandi Padilla (Sunrise Community Church pastors and founders of PureWorshipRadio. com). Bible Chicks is sponsored by Carole Brewer Ministries, a company that supports Brewer's music and speaking engagements.

Chick gospel is spreading. "I've had great feedback from all over-Georgia, New Jersey, Texas, South Dakota, and California," said the broadcaster. "It's a joy to share my music and to provide a venue for stories of how faith brings us through difficult times." Off-air, Brewer is a popular church singer. She also serves as National Networks Director for Christian Women in Media Association. This group unites thousands of female media

breast cancer survivor Karen professionals. "Our industry is dominated by men and it's not always easy to connect with likeminded women," said Brewer. "We're often working on our own, from home offices. By connecting and sharing our faith, we support each other."

> By contrast, in-house support is masculine. Husband Jan Brewer is a retired San Juan School District principal and musician whose help bolstered his wife's projects through a 43-year marriage. "I think of my husband as the reason behind everything I do," Carole Brewer said. "After all, it was he who first brought me to the Lord."

> The Bible Chicks radio show launches in Northern California on Sunday November 1st, at 2:30 p.m. on AM 710 KFIA. For additional scheduling and archived shows, visit www.BibleChicks. com. Learn about Christian Women in Media Association at www.cwima.org.





(Clockwise from top) 1. Little horrors. North Highlands, Citrus Heights, and Fair Oaks kids staged zombie moves. Their routine was part of the annual Boos and Brews festival at Citrus Heights Community Center, 2. Capitol Pops brass and woodwind section (including a clarinet-playing Miss Piggy) were dressed to thrill. 3. Carmichael's Kurt Pearsall (center) donned unexpected attire to direct the Capitol Pops Concert Band. 4. Multiple Minions hijacked the band's percussion section

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - The annual Boos and Brews event recently entertained a packed Citrus Heights Community Center. The free festival combined October-fest and Halloween traditions.

Dressed to the creepy nines, the Capitol Pops Concert Band rendered Teutonic and terrifying tunes. Selections included "Phantom of the Opera" and hell-for-lederhosen polkas. Vocal numbers were presented by the Capitolaires Men's Chorus. The highlight for scores of children and parents was the annual mass zombie routine to Michael Jackson's "Thriller." Faux blood-spattered ghouls were students of the Creative Connections Arts Academy (North Highlands) and Harry Dewey Elementary School (Fair Oaks).

Guests were sustained by German food, beer, and wine. The event is a shared fundraiser for the Capitol Pops Concert Band and Citrus Heights Kiwanis, sponsored by Citrus Heights Park District.





5490 DEWEY DRIVE

(At Dewey & Madison, next to The Safeway Center)

(P)1(3))

965-8017



Let us answer your questions! Providing ONE-ON-ONE Service...

From START to FINISH!

- Registration Renewals
 - Title Transfers
- Out of State Transfers
 - VIN Verifications
- Commercial Vehicles
- Replacement Documents
- Salvage Cert. / Revivals
 - Trailer / Boat / OHV

We issue official DMV Tags and Plates ON-SITE even if your tags are past due!!

FAST • EASY • CONVENIENT

Sacramento **Broadway** 916.455.1988

EACH SPEEDEE IS INDEPENDENTLY

OWNED & OPERATED

Redwood City Main Street 650.421.8915

Sacramento **Mack Road** 916.689.1040

Redding Hilltop Drive 530.222.4700

SE HABLA ESPANOL EN LA MAYORIA DE LA OFICINAS

916.903.5661

6753 Fair Oaks Blvd. • Carmichael, CA 95608

Open M. T. Th. F 7:30am-5:30pm & W 8:30am-5:30pm Broadway and Mack Rd. open Saturdays 9am-3pm www.reg-ca.com

* We do not issue Drivers License or ID cards. Not affiliated with DMV.









Carmichael Times . 3 October 23, 2015



A leading nonprofit provider of aging services in Northern California since 1968



Stand Tall...Don't Fall

FREE Fall Prevention Workshop

Your community. Your life. Your choice.

- ✓ Learn valuable balance and exercise techniques and strategies
- ✓ Increase your confidence and awareness of how to prevent falls

Class size is limited. Call Therese ten Brinke at 916-334-0810 to RSVP.

Tuesday, October 20 at 11:30 am

Christ Community Church Carmichael

Wednesday, October 28 at 10:00 am Physicians Plaza Building, Mercy San Juan Carmichael

Holiday Craft Faire



Saturday, November 7

9am-3pm

Mission Oaks
Community Center
4701 Gibbons Drive

Carmichael

972-0336 MORPD.com



Car Alarm Alerts Family to Fire in Garage

CARMICHAEL, CA (MPG) - Around 5:30 a.m., Tuesday morning, Metro Fire crews were dispatched to a home on the 3200 block of Murchison Way in Carmichael for multiple reports of a house fire. First arriving crews found a well-involved garage fire that had already extended into the home. Crews quickly initiated fire attack, while searching for victims, ventilating, and salvaging the family's belongings.

The family of five was awakened to the sound of a car alarm, as the fire had grown in their garage and spread into the attic above their heads. They evacuated themselves and their two pets, while calling 9-1-1. The fire was mostly contained to the garage and attic, though the living quarters did sustain smoke, water and overhaul damage.

Damage is estimated at \$100,000. Arson Investigators were requested to the scene, with



A family of five was awakened to the sound of a car alarm, as fire had grown in their garage and spread into the attic above their heads. They evacuated themselves and their two pets, while calling 9-1-1.

the cause of the fire currently under investigation. No injuries were reported to the family or to firefighters; the five residents of the home were all displaced.

Roughly half of home fire deaths result from fires reported between 11 p.m. and 7 a.m., when most people are asleep. Smoke alarms provide a critical early

warning of fire, allowing additional time to escape. Make sure you have a smoke alarm in every bedroom, outside every sleeping area, and on every level!

For more information, check out www.metrofire.ca.gov, and follow us on Facebook and Twitter.

Source: Sacramento Metropolitan Fire District ★

CDPH Suggests It's Time for a Flu Shot

SACRAMENTO REGION, CA (MPG) - California Department of Public Health (CDPH) Director and State Health Officer Dr. Karen Smith urges Californians to get the influenza (flu) vaccine as soon as it becomes available.

"Unlike some other infections, a person with influenza may be contagious and infect others before they have or show any symptoms," said Dr. Smith. "Annual vaccination is the most reliable way to protect against infection and, therefore, stop transmission of influenza to others."

Each year, flu causes millions of illnesses, hundreds of thousands of hospitalizations and thousands, or sometimes tens of thousands, of deaths in the United States. To reduce this threat, CDPH recommends the annual flu vaccine for everyone six months of age and

older, including pregnant women.
Two of this season's vac-

cine components, the influenza A (H3N2) and influenza B (Yamagata lineage) strains, have been updated to match the viruses Californians are likely to face during the upcoming flu season.

Flu can cause severe disease

across all ages. According to the California influenza surveillance report recently published, there were 78 influenza-associated deaths reported in persons under 65 years of age in California during the 2014-15 influenza season.

Common symptoms of the flu include fever or feeling feverish, a cough and/or sore throat, a runny or stuffy nose, chills, fatigue, and body aches. Children may also have nausea, vomiting, and/or diarrhea.

To stop the spread of flu

and other respiratory illnesses, Californians should also: stay home when sick; cover a cough or sneeze with a tissue and properly dispose of the used tissue; wash hands thoroughly with soap and warm water or an alcohol-based hand sanitizer; and avoid touching your eyes, nose, and mouth

Dr. Smith encourages Californians to contact their health care provider, physician office, clinic or pharmacy about obtaining the flu vaccine. Some local health departments may also offer low- or no-cost flu immunizations. For more information about the flu visit the CDPH influenza webpage. To find a flu vaccine location near you, visit www.flu.

Source: California Department of Public Health ★





Turn Back Time!
Latest Technology for
Custom Dentures

Mention this Ad to Receive up to

\$500 OFF Your Custom Dentures

to Help you Get the Smile You Deserve

Ask About Special Financing Options

Free Consultation or 2nd Opinion

(916)966-6060

6600 Mercy Court, Suite 200, Fair Oaks, CA 95628 **GDAVIDSONDDS.COM**





Be the role model

she'll always

remember

Be a volunteer girlscouts.org





Imagine - OPEN BOX! SLIGHTLY USED At A Fraction of The Cost of New... AND WE LOVE MAKING DEALS!!! Great Stocking Stuffers &

Dad's Gifts. Everything A

Fraction of Regular Price!

OUR STORES

4926 Auburn Blvd.
(Between Madison Ave. & College Oak)

Sacramento, CA 95841

ERL

(916) 339-6115

OPEN 7 DAYS • 10AM-7PM

Give Your Sprinklers a Break this Fall

Sacramento Suburban Water District Asks Customers to Voluntarily Limit Landscape Watering to One Day

SACRAMENTO REGION, CA (MPG) - Officials at the Sacramento Suburban Water District (District) are appealing to customers to voluntarily limit their landscape watering to one day a week this fall.

"Our customers did an outstanding job conserving water this summer, and reduced water use by nearly 36% June through August compared to 2013," said Greg Bundesen, SSWD's Water Conservation Supervisor. "We need them to keep up the great savings this fall and winter to meet our overall target."

The request was issued as the District continues working to meet the mandatory water conservation target set by the State Water Resources Control Board. The District is required to reduce its overall water use by 32% from June 2015 through February 2016 compared to the

EAT HEALTHY.

CARMICHAEL PARK

FARMERS MARKET

Every Sunday

9:00 a.m. – 2:00 p.m.

5750 Grant Avenue

Carmichael, CA 95608

Live Music & Entertainment • Chef Demos

Specialty Gourmet Foods • Artisans/Crafters

EBT/WIC & SNAP Accepted

Open Year-Round Rain or Shine!

District has so far saved 2,076 million gallons of the 3,072 million gallons it must conserve, approximately 67% of the state-mandated reduction.

"The biggest bang for our buck in water conservation comes from limiting landscape watering," Bundesen said. "As people stop watering their yards during the rainy winter season, we'll need to squeeze additional savings from indoor use—which is typically more challenging. That's why we're asking our customers to step up their efforts now, during the

Lawns, trees, shrubs, and plants all need less water in the fall as the days become shorter and cooler, and with the expected rains, yards will need little to no additional water.

Customers willing to

same timeframe in 2013. The voluntarily limit their watering to one day per week are asked to choose one of their designated watering days (Tuesday or Saturday for odd addresses and Wednesday or Sunday for even addresses) and water only on that one day.

SSWD customers are encouraged to use the screwdriver test if they're not sure if their landscape needs water. The test can be done by taking an eight-inch screwdriver and pushing it into the ground. If the screwdriver goes in more than three inches below the surface, additional watering is not needed.

For more information on ways to conserve, including details about available waterwise rebates, customers can call (916) 972-7171, or go online to sswd.org.

Source: SSWD



COME SHOP WITH US!





SERVICES WE PERFORM:

- Timing Belts
- Brakes
- A/C
- Suspension water Pumps
- Head Gaskets
- Transmissions • Fuel Pumps
- Mechanical Diagnostic • Preventative Maintenance

• Smog Fail Diagnotic

• General Diagnostic

• Electrical Diagnostic

• Tune-ups

and more!

Special Lube & Oil 11

Up to 5 Qts. Regular Oil. Additional Qts. \$3.98 extra. Synthetic extra.

Diesel extra. Most Cars. See Store for

Details. Not valid with any other offers.

Most cars. See Store for Details. Not valid with any other offers.

A/C Service

Includes Freon up to 2lbs. Evacuate & re-charge system. R134 only. Not valid with any other offers. See Store for Details.

Drain and fill up to 4 qts. Filter extra. Most Cars. See Store for Details.

Battery, Alternator 11 & Starter Check

I I We Do Dealer Services I I 1 30k, 60k, 90k & More 1 l

All makes and models Must present coupon at time of service. **Coolant Flush**

Most cars. Up to 1 gallon+hazardous waste fee. Additional fees may apply. See Store for Details.

Most cars. See Store for Details.

WE SELL NEW & USED TIRES - Starting at \$20 each plus mounting and balancing GREAT PRICES! pricing. Complimentary tire maintenance when you purchase 4 new tires

NEW TIRES - All major brands and sizes available. Call store for

5851 Watt Ave (at Karl Drive), North Highlands, CA 95660

Mon-Sat: 7:30am-5pm • Sun: 9am-3pm



Bringing You Home

Your Carmichael Realtor for over 27 years

(916) 425-5884

CRAIG DIEZ TEAM

Current Listings



6042 Lonely Ridge Ct. Fair Oaks

4ba, 4 bdrm 3,349 sq. feet Big back yard 4 car garage

\$664,000





7016 Trabert Ct., Carmichael \$429,900



\$305,000



\$385,000





7144 Fair Oaks Blvd., Suite #7 Carmichael, CA 95608 (916) 425-5884



Craig Diez



Mike Giancanelli

ILoveMyFarmersMarket.com

Other Markets Near You:

BUY LOCAL.

Fair Oaks Sunset Every Wednesday 3:00 p.m. - 7:00 p.m. 8101 Sunset Ave. Fair Oaks, CA 95628

Sunrise Mall

Every Saturday 8:00 a.m. - 1:00 p.m. 6196 Sunrise Mall (parking lot) Citrus Heights, CA 95610

Land Park Every Sunday 9 a.m. - 1 p.m.

Sac City College 4001 21st Street Sacramento, CA 95822

Bring this Ad with you to any market location and receive FIVE raffle tickets

to enter to win our Monthly Farmers Market Gift Basket!

cdiez@cbnorcal.com

CALL A PROFESSIONAL

Business & Service Directory

LANDSCAPE SERVICES



Superior Landscape Services Landscaping and Maintenance

- Sprinkler Repair/Install Pruning
- Mowing/Trimming Fertilizing

(916) 728-5812 • Cell (916) 761-0999 Dave Cochran Owner • dave SLS@surewest.net

PARALEGAL SERVICES

Living Trust • Living Will

Includes: Trust, Will, Powers of Attorney, Family Residence Deed *Single* \$450 • *Couple* \$495

Call Lynda K. Knight (916) 214-1215 1337 Howe Ave. Suite 103, Sacramento

CONSTRUCTION SERVICES

Brasiel's Construction Company



Specializing in **Residential Remodel and Repair**

In addition to other services, we do bathroom remodels, kitchen remodels, pest report repairs and entire home makeovers. **Call for a free estimate:**

Office Phone (916) 725-4061 • Cell (916) 745-2447 E-mail garybrasiel@surewest.net Website: www.brasielscostructioncompany.com

GOT LOCAL NEWS? Call 773-1111



Messenger **Publishing** Group

NOTARY SERVICE

Notary Public of the State of California Professional, Quick, Easy and Affordable.



Theresa L. Kain 916.340.4350

TLKNotary4U@gmail.com

By Appointment Only. Call or Email for Details.



Horse Ranch Services

Hughes Horse Ranch

Providing Quality, Caring and Professional Horse Boarding in Carmichael since 1983

- · Large Covered Pipe Corral Stalls
- Individual, Secure Tack Lockers
- · Horses Fed Alfalfa Twice Daily • Automatic Water Systems
- **\$200/MONTH** 916.944.3119
- Cement Wash Rack
- · Riding, Grazing and Turn Out Pastures

DRY STABLES

AND RUN

- Arena
 Trailer Storage
- Riding Distance to Ancil Hoffman Park

LANDSCAPING

Living Elements Landscape

We go the extra *mile* for your *yard*

- ·Landscape design & implementation •Dryscape / rock gardens
- Fencing & Decking ·Senior citizen discount
- Water conservation discounts
- Ready....Set...SUMMER!

916-430-3777 www.livingelements916.com

√ Quality materials
√ Quality equipment
√ Quality service



Drug and Alcohol Rehabilitation



HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM! 18 YEARS IN BUSINESS!

DETOX (916) 965-3386

SOBER LIVING (916) 961-2691

CONCRETE LANDSCAPE SERVICE



11151 TRADE CENTER DRIVE

Ron Davis Bus Development

SUITE 204

RANCHO CORDOVA, CA 95670

Ofc (916) 688-1550 Cel (707) 280-5545 Fax (916) 682-1884

Insured & Bonded

All concrete

finishes including

stamp, salt, sand, broom, expose

aggregate

concretelandscapeservices.com

HOME OWNERSHIP

1st Time Home Buyer??



Charles Vines Broker Associate

(916) 216-9349 DRE# 01789423



PET SITTING SERVICE

Professional, Loving **PET CARE Established Reputation**

Kennel Free Environment Lots of TLC

Call Madeline (916) 723-1608

CALL 773-1111 TO ADVERTISE **IN YOUR** LOCAL HOMETOWN **NEWSPAPER**

GARDENING SERVICE



GENERAL CONTRACTOR

A Retired General Contractor and Son All Home Repairs

Carpentry • Plumbing • Texture Kitchen and Bath Repair • Tile Work • Painting
• Flooring - Linoleum and Wood

25 Years in 庵 Citrus Heights

Call Tim at 916-495-6183

COMPUTER SERVICES

insky's PC Configurations "Don't replace it - REPAIR IT!" Custom Desktop Computer Configuraions • PC Repair • Home Wireless Networking Installations
 Viri
 Spyware Eradication Alan Zinsky

Phone: 916-622-2269 Zconfig@sbcglobal.net Bus. Lic. # 305312 • B. E. A. R. Reg. #84416 www.zinskyspcrepair.com

SOCIAL GROUPS

NEWCOMERS AND NEIGHBORS New to the area? Want to liven

Activities include Cards, Bunco, Movies, Book Reviews, Monthly Luncheons and more..

up your social life?

www.nngsa.org

COMMERCIAL JANITORIAL SERVICES

FRANCHISE OPPORTUNITIES AVAILABLE

Commercial **Janitorial Service**

OF SACRAMENTO The Superior Choice for

Commercial Cleaning

916.782.3300 • www.ANAGOSAC.COM

IF YOU'RE READING THIS SO ARE YOUR CUSTOMERS **Advertise** Your **Business** Here **CALL 773-1111**

Painting Services

Anni The Painter



BARTER



Dental Care

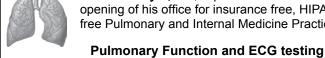
Dr. John C. Riach Dr. Michael B. Holm Dr. Guy E. Acheson

AMERICAN RIVER DENTAI

Appointments 7 a.m. to 7 p.m. • New patients welcome IV Sedation-Nitrous Oxide • Orthodontics

10350 Coloma Rd. 362-9247

INTERNAL MEDICINE



Delbert H Meyer, MD, is pleased to announce the opening of his office for insurance free, HIPAA free Pulmonary and Internal Medicine Practice.

Delbert H Meyer, MD (916) 488-5864 www.DelMeyer.net

6945 Fair Oaks Blvd, Ste A-2 Carmichael, CA 95608 next door to the Carmichael Post Office

Call to schedule your FREE Quote



916-532-6194

ITEX_{Advantage*}

EARN \$200°° per

> for just a few hours' delivery work per week

month



916-773-1111

STATEPOINT CROSSWORD • FAIRY TALES

CLUES

snake 6. NY Giants HOF outfielder

14. National Institute of Health

17. Compass reading

19 *Hans Anderson's

28. "The Sun ____ Rises"

30. Chinese tea

39. Golfer's accessory

41. Shipping weights

44. Sprays 46. River in Egypt

53. Not straight

65. Philosophical system 67. Famous bandmaster

69. Wow! 70. What a bridge does

71. Affleck and Stiller

DOWN

__ Chagall 1. Painter 2. Michelle Kwan's jump

4. Entices 5. Tennis great Gibson

7. *Steadfast Soldier's substance

9. For, in French 10. Kind of palm

11. Hurtful remark

20. "Bravo! Bravo!", e.g.

25. *Tom's size equivalent 26. Sunny prefix

24. Tell a scarv story?

31. Bank holding

ACROSS 1. Black

9. For capturing attention 13. Relating to axis

15. Aussie bear

18 Sign of had news

Emperor lacked these 21. *Reflecting truth-teller

23. 1/60th of min 24. What aides do 25. *"Beauty and

Beast"

35. Lemongrass, e.g. 37. Wrong

40. Arm part

43. Beige

47. Innocent 48. Lowest part

50. Use a cat o' nine tails 52 Brit fliers

55. Dot-com's address 57. *1001 what?

60. *Genie's master 64. Pope's court

68. Make fit

72. Indian bread 73. WWII conference site

3. Venus de _

6. Singles

8. Unifying idea

12. Toni Morrison's "____ Baby" 15. Kasparov's famous opponent

22. International Labor Organization

27. Famous German artist Max 29. *Ugly Duckling, at end

CROSSWORD

44

Want The **Best** Deal On TV & Internet? Call Now and Ask How!

ADD HIGH-SPEED INTERNET

32. Grouchy Muppet

36. Quilt stuffing 38. Raise the roof

45. "_____" by Pink 49. Yoga class accessory 51. The infamous ____ knoll

58. Formerly Persia

personality 62. Antonym of "is"

63. Rover launcher

66. *Little Mermaid's domain

Get DISH! 1-800-318-5121

dish 🕰

© StatePoint Media

33. Waterwheel 34. *"Three Goats

42. 1988 Olympics site

54. "Peace" with fingers 56. Parkinson's disease drug 57. Artist's model?

59. Deprive of by deceit 60. So be it 61. Like Jekyll and Hyde's

64. Uber alternative

GOT KNEE PAIN? 1-800-984-0360 8 2 9 4 8 6 4 5 9 6 9 6 3 5 8 7 3 8 2 8 6 2 6 FIII in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9

For Solutions See Page 7

Come back every week for Crossword and Sudoku!

Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial a free medical research study post-menopausal Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of brochure call 916-288-6019 or email elizabeth@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6019 or email

EVERY BUSINESS has a story to tell! Get your mesout with California's PRMedia Release - the only Press Release Service operated by the press to get press! For more info contact Elizabeth @ 916-288-6019 or http://prmediarelease.com/california (Cal-SCAN)

Antiques/Collectibles Wanted

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

Watches. Wrist Pocket Watches, Costume Jewelry Cash Paid and will pick up (916)991-7850 607-7890 (916)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year, Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

CARS/TRUCKS WANTED! \$\$\$\$\$ PAID! Running lot, All Years, Makes, Top Not. Free Local! Days/Week. Free: 1-888-416-2330

Donate Your Car to Children's Cancer Victims Today! Help and Support ACCF! Fast - FREE 100% tax deductible. 1-800-258-1429

I buy old Porsche's 911, 356. 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. Call 707-965-9546 or email porscheclassics@vahoo.com (Cal-SCAN)

A-1 DONATE YOUR CAR FOR BREAST CANCER! Help United Breast Foundation education, prevention, & support programs. FAST FREE PICKUP - 24 HR RESPONSE - TAX **DEDUCTION 855-246-2246 (NANI)**

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation. Towing Tax Deductible, Free Lowing All Paperwork Taken Care Of (Cal-SCAN)

Donate Your Car to Veterans Today! Help and Support our Veterans in need, Fast - FREE 100% tax deductible. Call 1-888-830-6173. (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1- 800-743-1482 (Cal-SCAN)

Bathroom or Kitchen Remodeling

WAIT! Before You Spend MORE to Get LESS Call 798-8388 License 998108 (MPG 10-2-15)

Business Services

I Will Ghostwrite Your Memoirs or personal Story. Professional writer of 30 published books. Guaranteed Quality Services www.ProfessionalWriterJayNorth.com Free Consultation Jay North 805-794-9126 (Cal-SCAN)

Cable/Satellite TV

Dish Network - Get MORE for LESS! Starting \$19.99/ month (for 12 months.) PLUS Bundle & SAVE (Fast Internet for \$15 more/month.) CALL Now 1-800-357-0810.

DIRECTV Starting at \$19.99/mo. FREE Installation. FREE months of HBO SHOWTIME CINEMAX starz. FREE HD/ DVR Upgrade! 2015 NFL Sunday Ticket Included (Select Packages) New Customers Only. CALL 1-800-614-8506 (NANI)

DIRECTV Starting at \$19.99/ mo. FREE Installation. FREE 3 months of HBO SHOWTIM CINEMAX, STARZ. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Selec t Packages) New Customers Only. CALL 1-800 385-9017

Career Training AIRLINE CAREERS. Get FAA

approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly Call AIM 888-686-1704 (NANI)

MEDICAL BILLING TRAINEES NEEDED! Train at home to process Medical Billing & Insurance! NO EXPERIENCE NEEDED! Online training at Bryan University! HS Diploma/GED & Computer/Internet needed. 1-888-734-6711 (NANI)

25 DRIVER TRAINEES NEEDED! Become a driver for Stevens Transport! NO EXPERIENCE NEEDED! New drivers earn \$800+ per week! PAID CDL TRAINING! Stevens covers all costs! 1-888drive4stevens.com

Cemetery / Funeral

Crypt 40, Tier 4
Carmel East, \$9,000, Lawn Fab 40 Memorial Park, quite location, beautiful marble low price, Sacramento, CA Please contact between 8am-5pm (916) 410-0862 (MPG 10-2-15)

Niche, glass front, Sierra Hills East Lawn on Greenback Lane \$2,600 (916) 944-1548. (10-8-15)

Computer Service VERNON'S COMPUTER SERVICE

Any Computer - Any Service 24hrs/7days-Low Prices! 916-339-3738 (MPG 12-31-15)

Dry Wall Repair

Quality dependable work, 40 years experience, small jobs specialty, Jim Walker LIC #612936

call (916) 333-9174 (10-30-15) **Electrical Services**

RETIRED MASTER ELECTRICIAN. problem solver! 30 yrs experience, senior discounts, Save big don't replace panel – rebuild
 it. Lic.# 513168, 916-595-3052

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work?
Denied benefits? We Can Help!
WIN or Pay Nothing! Contact
Bill Gordon & Associates at
1-800-966-1904 to start your application today!

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

Sell your structured settlemen or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-673-5926 Franchise Opportunity

Turn-key Baskin-Robbins Franchising Opportunity in Auburn, CA. We build it, you buy it. Don't miss out on the opportunity to become your own boss Call 781-737-5530 or email franchiseinfo@ baskinrobbins.com.

Health & Medical

OVERWEIGHT? We have helped thousands of people across the USA since 1980. Guaranteed 100% products, money-back not satisfied. Call Linda or Frank. (800) 319-5558 or www. WeBeSlim.com

Stop OVERPAYING for your prescriptions! Save up to 93%! Call our licensed Canadian and International pharmacy vice to compare prices and get \$15.00 off your first prescription and FREE Shipping. Call 1-800-356-4170 (SWAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 93% on all your medication needs. Call today 1-800-273-0209 for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

Got Knee Pain? Back Pain? Shoulder Pain? Get a painrelieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-

QUALITY LABOR & MAINTENANCE

Hauling, Gutter Clean, Odd Jobs



(916) 613-8359

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm

Help Wanted

AIRLINE CAREERS start here Get FAA approved Aviation Mechanic training. Financial aid for qualified students. Job placement assistance. Get started by calling AIM now 888-216-1687 (SWAN)

ATTN: CDL Drivers - 2 CPM Pay Increase! \$2k Sign-On Bonus. See The Country. Love vour Job and Truck, CDL-A Req - (877) 258-8782 www. drive4melton.com (Cal-SCAN)

Make \$1000 Weekly! Paid in Advance! Mailing Brochures East Pleasant gin Immediately. Pleasant Home. work. Beain Unimportant. WWW. HomeProfitsBiz45.com

DRIVERS - No experience? Some or LOTS of experience? Let's Talk! No matter what stage in your career, it's time. Call Central Refrigerated Home. 888-891-2195 www. CentralTruckDrivingJobs.

(Cal-SCAN) Jake's Barber Shop **RUN SHOP**

Saturday - All Day Sunday -1/2 Day Start in November. For more details refer to Jake 916 272-3339 916 967-0763

Seeking Area Coordinator. Manage successful tutoring program in your area. We will provide all back room expenses/ payroll. Great business opportunity for dedicated entrepreneur. 1-800-293-3091 academictutoringservice@gmail.com (Cal-SCAN)

Home Rentals

STOP RENTING! Option To Buy! Rent To Own. No Money Down! No Credit Check! Call Now 1-877-395-1291 (NANI)

Home Maintenance

A Quality Home Maintenance 🖡 Gutters

Cleaned By Gutter Dog (916) 613-8359

Inhome Childcare

Smart Nenes Start Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured,

(916) 723-3342

Insurance/Health Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807.

Public Notice

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's highly competitive market? Gain an edge with California Newspaper Publishers Association new innovative website capublicno tice.com and check out the Smart Search Feature. For more information call Elizabeth @ (916) 288-6019 or www.capublicnotice.com

Legal Services

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's hostile business climate? Gain the edge with California Newspaper Publishers Association new innovative website capublicnotice. com and check out the FREE One Month Trial Smart Search Feature For more information call Elizabeth (916) 288-6019 or www.ca-

Medical Supplies / Equipment

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors, American Made Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Moving Services

STEADY MOVES You rent the truck... we will make sure it is loaded/ un-PROFESSIONALLY! (Lic#322945) 916-206-3183 Email msmith 2661@comcast.net (MPG 12-04-15)

Miscellaneous

CAN'T BREATHE? 2 FOR 1 SALE All Nasal Sprays No RX required / offer ends Nov 15/15 Canadian Pharmacy Mention Code: BREATHE 1-888-848-1945 www.riverpharmacv.ca (NANI)

MAKE CONNECTION Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call 1-877-909-2569 (SWAN)

YOUNG READERS - Find the magic of farm life in this wonderful children's book. Check out Richard the Donkey and His LOUD, LOUD Voice at www. RichardTheDonkey.com (NANI)

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: Call 1-877-737-9447.

DIRECTV \$19.99 month 145+ Channels! FREE HBO Cinemax Showtime Starz! FREE HD/DVR! FREE NFL Sunday Ticket! Local Installers! 1-800-342-1458 (NANI)

If you or a loved one took the blood thinner Xarelto and had complications due to internal bleeding after January 2012 you MAY be due financial compensation. 1-800-410-0371 Call Injuryfone (NANI)

Junk Cars for Cash (\$1,000+) All Cars: Any Condition Cash PAID Same Day! Instant Phone Quote! No Title OK! 1-866-835-9249 (NANI)

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-800-217-3942 (NANI)

Life Alert. 24/7. One press of a button sends help FAST! Medical Fire, Burglar.Even if you can?t reach a phone! FREE Brochure. 800-309-8027

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door, Anti-Slip Floors, American Made. Installation Included. Call 800-980-6076 for \$750 Off. (NANI)

Knee Pain? Back

Pain? Shoulder Pain? Get pain-relieving brace -little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-491-6053 (NANI) ACCESS YOUR LAWSUIT

CASH! In an Injury Lawsuit? Need Cash Now? Low Rates. Credit Checks/Monthly Payments. Call Now 1-800-568 8321. www.lawcapital.com (NANI) DIVORCE, ETC. \$240-\$550* Covers Children, etc. *Excludes

govt. fees! For a Local Office, Call 1-215-717-8499, Ext. 400 or 1-888-498-7075, Ext. 500 BAYCOR & ASSOCIATES Established 1973 (NANI) Struggling with DRUGS, ALCOHOL, PILLS? Talk to some-

one who cares. Call ADDICTION

HOPE & HELP LINE for a free assessment. 800-768-9180 (NANI)

Miscellaneous

CASH FOR CARS: All Cars/ Trucks Wanted, Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to start your application today! (NANI)

DIRECTV starting at \$24.95/ mo. Free 3-Months of HBO, starz, SHOWTIME & CINEMAX RECEIVER Upgrade! 2014 NFL Sunday Ticket Included with Select Packages. Some exclusions apply - Čall for details 1-800-647-1163 (SWAN)

Dish TV Retailer - SAVE! Starting \$19.99/month (for 12 months.) FREE Premium Movie Channels. FREE Equipment, Installation & Activation. CALL, COMPARE LOCAL DEALS!

Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddiebbalbert1@yahoo.com. 530-263-6926 (MPG 12-31-15)

GUITAR LESSONS Beg. - Adv. GIT grad. Call for prices. 916 723-7021 (MPG 10-9-15)

Personals

MEET SINGLES RIGHT NOW! NO paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

Find the love you deserve! Discover the path to happi-New members receive ness. a FREE 3-minute love reading! Entertainment purposes only. 18 and over, 800-639-2705 (Cal-SCAN)

Pets/Animals

DOG RESCUE Gary (916) 334-2841 Please

Adopt or Foster Because so many really great dogs are dying for a good home .. ShelterMOU @hotmail.com

Sprinkler Repair Water Conservation Tech. 30 year Journeyman Plumber

Sprinkler repairs valves/ Sprinkler clocks-Drip Systems-Plumbing Email: water.conservation916@

yahoo.com Call Mike (904) 515-8715 Tractor Work

TALL WEEDS, blackberrys cut, dirt moving, discing, trenching, rototill, bobcat backhoe. Dave #571637 916-988-3283

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$30 PER BOX! We buy One Touch and most brands. For FAST LOCAL PICKplease call Rachel



Want To Purchase Minerals And Other Oil/Gas Interests. Details To: PO Box 13557. Denver CO 80201. (NANI)

Cash for unexpired DIABETIC TEST STRIPS or GIFT CARDS or STOP SMOKING PRODUCTS! Free Shipping, Best Prices & 24 hr payment! Call 1-855-440www.TestStripSearch. Habla Espanol (NANI)

FOR DIABETIC TEST STRIPS!! Don't throw boxes away -Help others. Unopened / Unexpired boxes only. All Brands Considered. Anvtime! 24hrs/7days 491-1168 (Cal-SCAN)

Watches.

Wrist

Pocket

Watches, Costume Jewelry Cash Paid and will pick up 991-7850 607-7890 Call (916)(916)

Yoga Your Fitness Genie



Safe, Effective, Functional Be Active, Call Today! Jenn@YourFitnessGenie.co (916)768-8767

4 7 1 2 6 5 3 8 9

-	'	' '	_	0	0)	٥	9
5	3	9	4	1	8	7	2	6
6	8	2	თ	7	3	5	4	1
2	5	8	7	9	4	6	1	3
7	4	6	1	3	2	Ø	5	8
1	တ	3	5	8	6	2	7	4
3	6	7	8	5	1	4	9	2
9	1	4	6	2	7	8	3	5
8	2	5	3	4	9	1	6	7

Work Wanted Anytime hauling, house, yard, clean outs, spa, deck, concert, anything anytime 916-271-3365

Caregiver/Companion, live-in or hourly. Lots of experience, please call 916-612-8029 (11-20-15)

I do pruning, weeding and planting interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References College grad. Tim 916-334-8903. **503-460-7149.** (MPG 10-31-15)

Heating & Air VICTORIA HEATING

& AIR CONDITIONING

Lic#877379 Over 10 Years of Experience We Provide

SERVICE, REPAIR, **CHANGE OUT AND NEW INSTALL** • Easy • Fast Response Reasonable Price

• We offer a

Special \$50 Diagnostic Fee We will tell you what is wrong with

your unit and how much it will cost to fix your unit before we begin work Each project is confirmed in writing and one year warranty OR, new unit installed with

So Don't Wait! Call Us At (209) 338-4475 or (916) 474-0173

FRANCHISE OPPORTUNITIES

nago The Superior Choice For

Commercial Cleaning

- Own your own business • Leave your day time job · Work a few hours at night
- · Local support, training, and financing
- Guaranteed accounts • Attain \$1k - \$25k in monthly revenue As low as \$1000 down

Ranked top 100 fastest growing franchises in America Entrepreneur Magazine

> Anago of Sacramento

916.782.3300 www.ANAGOSAC.COM Room for Rent

15x18 private bathroom and closet with mirror \$600.00 a month. Please call 916 541-2744

First Time Buyers Why rent when you can own?

Free list w/pics of homes available for under \$1,500/month*. Livewithoutrent.net Free recorded message

BRE# 00605628

1-866-226-7552



andscape Living Elements Landscape We go the extra mile for your yard Landscape design and implementation Dryscape / rock gardens Fencina & Deckina Senior Citizen dicount Water conservation discounts 916-430-3777

Do You Want to Know What Your Home is Worth?

Ready....Set...SUMMER!



Values Have Increased Over 30% in our Area in the Last Year!

Home

Call Now for a **FREE Market Analysis** of Your Home (916) 992-9922

Dare & Associates License #01228753

needs and wants with your budget. Royal Caribbean, Celebrity, Carnival and all major cruise lines. Hurry – great offers available for a limited time! Call 877-270-7260 or go to NCPTRAVEL. COM to research. (NANI) Sudoku Puzzle on Page 6

THINKING ABOUT A CRUISE?

Let us help you match your

			_		_	-	•	_
5	3	9	4	1	8	7	2	6
6	8	2	თ	7	3	5	4	1
2	5	8	7	9	4	6	1	3
7	4	6	1	3	2	თ	5	8
1	တ	3	5	8	6	2	7	4
3	6	7	8	5	1	4	9	2
တ	1	4	6	2	7	8	თ	5
8	2	5	3	4	9	1	6	7



Need Extra Income?

Part-Time or Full Time Career

We are: The largest Financial services Distribution Co in North America. We are looking for people who want to succeed. We offer an excellent educational system to teach you our business, with a comprehensive support network, and competitive unique Financial products that are highly desirable by most consumers.

Candidates should:

Be highly motivated, coachable, and desire excellent income, be committed to working hard, and possess a strong desire to win and own your business!

> Life or Securities license a plus No Experience Required Bi-Lingual a plus Reliable transportation required State (CA) Background check

Sharon Cassella- 916-246-9293 ext 102 leave message

9845 Horn Road, suite 180 Sacramento, CA 95827

Tony ext 101

Coding Analyst, Sr. - Help Wanted

Coding Analyst, Sr. (Rancho Cordova, CA): Will analyze claims data to define issues & make recommendations to correct scope of practice/licensure & the application of correct coding rules. Must have AHIMA, CCS or CSS-P certification. Telecommuting permitted. Must reside in California & be able to attend quarterly meetings at 3300 Zinfandel Drive, Rancho Cordova, California 95670.

> Please send all resumes to Justin Ayers, Talent Acquisition, Blue Shield of California, 50 Beale Street.

San Francisco, California 94104 Ref. No. BC7521.

contractors taking jobs that total \$500 or more (labor and or materials) be licensed by Board. State law also requires that contractors include their license numbers on all advertising. Check your contractor's status at www. cslb.ca.gov or 800-321-CSLB (2752). Unlicensed persons taking jobs that total less than \$500 must state in their

NOTICE TO READERS

advertisements that they are not licensed by the Contractors License

DISCLAIMER Be wary of out of area companies. Check with the local Better Business money for fees or services Read and understand any contracts before you sign Shop around for rates

Attention Farmworkers & Herbicide Applicators

have you been diagnosed with

Cancer after being exposed to the weed killer RoundUp®?

in speaking with you immediately, as you may be eligible for financial compensation. Glyphosate-containing herbicides are used in the farming of Corn, Soybeans, Sugar Beets, Alfalfa, Cotton, Wheat,

If so, the law firm of Weitz & Luxenberg, P.C. is interested

the web at www.WeedKillerCancer.com. LUXENBERG

1880 CENTURY PARK EAST | LOS ANGELES, CA 90067

800-266-1616 www.WeedKillerCancer.com

For a free and confidential consultation, call us at 1-800-266-1616 or visit us on

AIRLINE

CAREERS

START HERE

Sorghum, Canola, and many other crops.



Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance

866-231-7177

Specialties Plus

Toner Cartridge Refills (using Cartridge World? Take 10% off their price & try mine)

· Free Cleaning (with our cartridge) Service Contracts (monthly or yearly) · Lease or Rent

 High Volume Copying (save wear & tear on your machine) · We are Local

> M Α M



Printers, Copiers, Fax & Multifunction Machines

E-mail:

specpluscopiers@gmail.com

(916) 723-8430

S

Т

Specializing in Digital

Crossword Puzzle on Page 6 Т O Т Ρ S В Α



8 • Carmichael Times October 23, 2015

Carmichael RECREATION AND

PARK DISTRICT

Patriots Park

WALL OF HONOR

Saturday, November 7 at 10AM 6825 Palm Avenue Fair Oaks, CA 95628

Join the Carmichael Recreation & Park District's annual event honoring our local fallen heroes

Guest Speaker: Sacramento County Supervisor, Susan Peters

Light refreshments will be served

Wall of Remembrance: 12 former inductees will be honored, along with local fallen hero, Sacramento County Sheriff Deputy, Danny Oliver



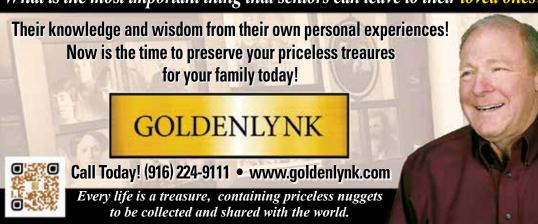




For more information: Visit us at carmichaelpark.com or call 916.485.5322



What is the most important thing that seniors can leave to their loved ones?





- STOP ID Theft
- STOP Fraud
- Lost Wallet **PROTECTION**

ONLY \$1 | No Contract.
No Risk.
No Obligation.
A MONTH

(916) 586-PATH (7284)

Proven. Personal. Professional. Local.

PrimePath

Total Financial Wellness

www.PrimePath.org • info@primepath.org

BBB ACCREMED BUSINESS A+

Eagles Face Falcons for Playoff Prospects



"As a program we are looking forward to the opportunity to win a big meaningful game against a very good [Christian Brothers'] team. This will be an opportunity for us to see where we are as a program," said Coach Reinking. Photo by Michelle Akana

Story by Ben Barber

CARMICHAEL, CA (MPG) - With only three weeks left in the El Camino High School Football Season the Eagles are excited for the upcoming playoff possibilities. The Eagles had a slow start to their season, losing their first two games, one of which—the Sac High game—had to be forfeited by Sac High, due to them playing an ineligible fifth year senior. Their overall record reads 4-3; in-league play their record is 2-0, making this Friday's game of the utmost importance.

The Eagles will be hosting the Christian Brothers (CB) Falcons who are 6-1 overall. Coach Adam Reinking, head coach since 2009, was questioned in regards to the challenges coming into this Friday's game. "[Our] biggest challenge is stopping #21," Reinking said. "He's a very quick explosive runner with breakaway speed. He's the best back we've seen to this point."

The Falcon's #21 is Jamarri Jackson, a 5'10" junior, weighing 175lbs, who has 96 carries this season for 613 total yards and 14 total touchdowns. The Eagles also have a junior running back/utility player: Dale Armstrong. Armstrong also has 96 carries with 571 total yards, while only sporting six touchdowns—a result of team strategy rather than efficacy.

"As a program we are looking forward to the opportunity to win a big meaningful game against a very good CB team.

This will be an opportunity for us to see where we are as a program," said Reinking.

For the Eagles, it will be "Senior Night," the last official home game of their senior year. It's an emotional night which doesn't go without distractions. If the eagles can come away with the win, the following week they'll be facing Vista Del Lago for the league title. Vista knocked the Eagles out of the second round of the playoffs back in 2012 which still leaves a bitter taste in former quarterback Jonah Lessard's mouth, now assisting on the sidelines. For now, the Eagles keep their gaze on the present. Friday's game is at El Camino High School with JV starting at 5:15 p.m.

Union Gospel Mission Sacramento



or more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

We accept donations, clothing and goods, 7 days a week ... and prayer always!

Matthew 25:40
"Caring for the Least"

50+ Years of Service

(916) 447-3268

400 Bannon Street • Sacramento, CA 95811 Exec. Director, Pastor Tim Lane P.O. Box 1108, Sacramento, CA 95812 Tune in our Radio Program:

KFIA 710 AM, Sun & Mon 3 PM

listen online & visit us at:

www.ugmsac.com

Facebook.com/UGMSAC

Publisher,
Paul V. Scholl

Carmichael Times is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Editorial3@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Carmichael Times is not responsible for unsolicited manuscripts or materials. The entire contents of the Carmichael Times are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$42 per year within Carmichael, \$52 within Sacramento County. The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).

We are proud members of these newspaper associations.









ARIES (March 21 to April 19) Some flashes of Aries ire might erupt as you confront an unusually bewildering situation. But you should be able to keep your temper under control as you work through it.

TAURUS (April 20 to May 20) That marriage 'twixt the arts and practicality that Taureans excel at once again highlights your enjoyment of much of the week. However, you need to watch any sudden urge to splurge.

GEMINI (May 21 to June 20) Even with all the plusses apparently outweighing the minuses, you still might want to defer an important decision to make sure you have all the facts you need.

CANCER (June 21 to July 22) One or two problems might threaten to derail otherwise smoothly running situations at work or at home. But a few well-placed words should help get things back on track quickly.

LEO (July 23 to August 22) This could be a good time for all you Leos and Leonas in the spotlight to open your generous Lion's hearts and share the glory with those who helped you accomplish so much along the way.

VIRGO (August 23 to September 22) You might want to get

advice from someone who's been there and knows these situations better than you do, before investing time or money (or both) in a questionable

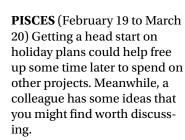
LIBRA (September 23 to October 22) Be careful how you handle a workplace matter that seems out of place in the schedule you've prepared. Before you act, one way or another, find out who set it up and why.

SCORPIO (October 23 to November 21) Your entertainment aspect is strong this week. Besides providing a wonderful break from everyday obligations, sharing fun times brings you closer to those you care for.

SAGITTARIUS (November 22 to December 21) Having a weekend fun fest? Your friend or relative who's down in the emotional dumps could perk up if you find a way to include him or her in your plans.

CAPRICORN (December 22 to January 19) If you're in one of those "the Goat knows best" periods, you might want to ease up and try listening to what others have to say. You could learn something.

AQUARIUS (January 20 to February 18) That new challenge is getting closer, and you should be out there now showing facts and figures to potential allies to help persuade them to rally to your support. Good luck.



BORN THIS WEEK: You are always there for others, and sometimes you need to be reminded that you need to be there for yourself as well.

(c) 2015 King Features Synd., Inc



- You probably know Edgar Rice Burroughs as the American author of the Tarzan novels, among many other adventure and science-fiction works. You may find it hard to picture him as a journalist flying on bombing runs in the Pacific theater -- especially at the age of 66. Burroughs was the oldest war correspondent of World War II.
- ▶ It was noted 20th-century American poet Hart Crane who made the following sage observation: "One must be drenched in words, literally soaked in them, to have the right ones form themselves into the proper patterns at the right moment.'



- 1. Princess
- 2. Batman characters 3. Action/super hero
- 4. Animal
- 5. "Frozen" character
- 6. "Star Wars" character
- 7. Zombie
- 8. Witch
- 9. Pumpkin
- 10. Minion

Source: National Retail Federation, 2015





Scene from "Roar" indiewire.com

"Inside Out" (PG) - Pixar goes on an inward-journey with this inventive animated adventure about the struggles of growing up and having emotions. Riley (voiced by Kaitlyn Dias) is an 11-year-old who has trouble adjusting after her family moves to a new state. Like all of us, Riley has a rich inner-world full of memories, and her emotions influence how she acts and how she sees the world. Usually, Riley is guided by Joy (Amy Poehler), in conjunction with the other personified feelings: Fear, Sadness, Anger and Disgust (Bill Hader, Phyllis Smith, Lewis Black and Mindy Kaling).

When kids movies try to tackle complicated topics, the result is usually either dumbed-down to pointlessness, or the complexity suffocates the fun. Pixar has made a movie that is both pricelessly fun and original, without compromising on the message.

"Vacation" (R) - The legacy of National Lampoon's vacation flicks lives on this hard-R sequel. Ed Helms (of "The Office") leads as Rusty Griswald, the son from the old "Vacation" movies, now a grownup failure who is borderline reviled by his wife and kids -- just like his dad! Rusty has the brilliant idea to rekindle his marriage and impress his sons by taking them on the same horrendous road trip his dad dragged him on!

The raunchy humor in this outing is generally more cringe-inducing than laugh-out-loud. The last set of Griswalds weren't a really happy

bunch, but there's a weird bitterness to many of the jokes between these family members. The intense gross-out factor also is much higher than before, which could be a draw for some.

"The End of the Tour" (R) - In 1996, the literary world received a huge hit to the head from a heavy book. David Foster Wallace's novel "Infinite Jest" quickly established the author as The New Guy to Watch. This movie is an up-close study of an unreleased interview with the young author, just coming to grips with the success headed his way. In '96, Rolling Stone sent journalist and novelist David Lipsky (Jesse Eisenberg) on a five-day ride-along with Wallace (Jason Segel). This is a major turn for Segel -- until now best known for comedy -- successfully taking on such a challenging role in an unconventional movie.

"Roar" (R) - The bloodiest, most recklessly life-threatening film production in Hollywood history resulted in this light-hearted comedy about a family "acting" afraid while they share a home with at least 100 untrained tigers, lions and panthers. Writer/director Noel Marshall felt so strongly about this movie that he cast his own family, literally feeding them to lions -- including his wife Tippi Hedren (from Hitchcock's "The Birds") and her daughter, Melanie Griffith (who would later need facial surgery after a lion attack). At least 70 people were seriously injured during production, which was a neverending nightmare thanks to money problems and entire crews wisely walking away from the project. But Marshall finished his movie. Never released in the U.S., the 1981 film is now available on Blu-ray, and it's a must-have for collectors of Hollywood's worst ideas!

TV RELEASES

"Anne of Green Gables: 30th Anniversary'

"Game of Thrones: Season I (Steelbook) [Blu-ray] & Digital

"Doctor Who: Series 9 Part 1" "Black Sails Season 2" "Mobile Suit Gundam (First Gundam) Part 1 Blu-ray Collection'

(c) 2015 King Features Synd., Inc.



by HEALTHY EXCHANGES Apple Noodle **Pudding**

Fall is that wonderful time of the year when the traditional Oktoberfest centered on food, music and fun takes place in Germany. If you put on a polka record and share this dish with friends, you'll see why these festivals are so much fun. This dish is just plain GUTEN!

1 (4-serving) package sugar-free vanilla cook-and-serve pudding

2/3 cup nonfat dry milk powder

1 cup water

1/2 cup unsweetened apple juice

1 teaspoon apple pie spice

2 cups hot cooked noodles, rinsed and drained

1/4 cup chopped walnuts

1 1/2 cups peeled and diced cooking apples

1/4 cup raisins

1. Heat oven to 350 F. Spray an 8-by-8-inch baking dish with butter-flavored cooking

2. In a large saucepan, combine dry pudding mix, dry milk powder, water and apple juice. Cook over medium heat until mixture thickens and starts to boil, stirring constantly using a wire whisk. Stir in apple pie spice and noodles. Add walnuts, apples and raisins. Mix well to combine, using a sturdy spoon.

3. Spread mixture into prepared baking dish. Bake for 45 to 50 minutes. Place baking dish on a wire rack and let set for 5 minutes. Good warm or cold. Serves 6.

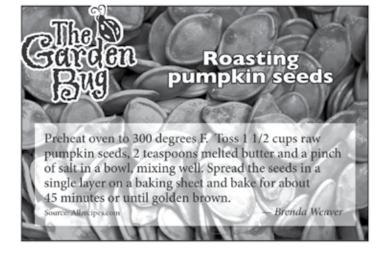
* Each serving equals: 188 calories, 4g fat, 6g protein, 32g carb., 123mg sodium, 2g fiber; Diabetic Exchanges: 1 Starch, 1 Fruit, 1/2

(c) 2015 King Features Synd., Inc.

Rock & Roll 60's, 70's, and 80's Dance Band

Cost \$5 online

or \$6 at the door



Share your **heart**. Share your home. Become a **Mentor** today.

California MENTOR's Family Home Agency is seeking adult foster families with a spare bedroom to support an individual with special needs. Receive up to \$3,800 a month and ongoing support.

Information Sessions held:

Tuesdays at 11 a.m. and Thursdays at 4 p.m.

Family Home Agency

7801 Folsom Blvd. | Suite 375 Sacramento | CA 95826

We provide education, multiple supports, monitoring and the opportunity to work independently from home.

Contact a Recruiter today at (916) 383-9785 ext.15 www.MentorsWanted.com

Living Trust Senior Special

with this ad

If you have a house, you need a Trust. If you have a Trust, it needs to be up-to-date. (Review of existing trust at no charge)

---- SENIOR SPECIAL ----

Asset Protection Program includes the following:

Revocable Living Trust • Powers of Attorney Financial • Powers of Attorney Healthcare Wills • One Residential Trust Transfer Deed

> No Charge for Notary Services • Prop 13 Protection Long Term Care Government Benefits Planning



WILL ASSOCIATES

Richard H. Will ELDER LAW ATTORNEY Serving Seniors Since 1975

Avoid Probate — Call Today! (916) 482-8897



MISSION OAKS COMMUNITY CENT

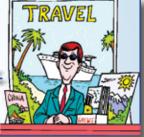


Easy Group Travel

retired or "still working but ready to travel"

Looking for Adventure? Designed for Adventurers who are nearly







MAY 14-25, 2016

\$4749 DOUBLE OCCUPANCY INCLUDES AIR FARE

PACIFIC NORTHWEST'S COASTAL TREASURES JUNE 26- JULY 4, 2016

\$3739 DOUBLE OCCUPANCY INCLUDES AIR FARE

MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm **Registration Hours:** 8:30 a.m.-4:00 p.m. Monday-Friday www.morpd.com

DISTRICT OFFICE (916) 488-2810 • Fax (916) 488-4349 3344 Mission Ave., Carmichael, CA 95608 MISSION OAKS COMMUNITY CENTER

(916) 972-0336 • Fax (916) 972-7371 4701 Gibbons Dr., Carmichael, CA 95608 **SWANSTON COMMUNITY CENTER** (916) 333-6464 • Fax (916) 488-4349

2350 Northrop Ave., Sacramento, CA 95825

1337 Howe Avenue, Suite 103 • Sacramento • www.willassociates.com

916-773-2999

ADVERTISING LEGAL

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294–February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07131 TYB Inc., 8123 Greenback Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Styles N Tile" at 8123 Greenback Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 11, 2015.

Publish: October 2, 9, 16 and 23, 2015 150925 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07301 Gary W. Oros. 7320 Walnut Road, Fair Oaks, CA 95628 is doing business under

the Fictitious Business Name(s) "BenLib Services" at 7320 Walnut Road, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 21, 2015.

Publish: October 2, 9, 16 and 23, 2015 BENLIB 150925 10-23-15 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07234 Anh Hoang Kuong, 5500 Sky

Parkway, Sacramento, CA 95823 and Quany Nguyen. 7824 Katellcu Way, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "Beautique Nail & Spa" at 3430 Balmoral Drive, Unit 1, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 16, 2015. Publish: October 2, 9, 16 and 23, 2015

BEAUTIQUE 150923 FICTITIOUS BUSINESS NAME STATEMENT

FBNF2015-07293 Lynne D. and Bernard B. Gough, 3809 Regent Road, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Wit and Wisdom Publishing" at 3809 Regent Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 18, 2015. Publish: October 2, 9, 16 and 23, 2015 10-23-15 150924

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07545 BMS Scolcop, Inc., 5121 Leader Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Ye Old Sticky Wicket" at 5147 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 28, 2015. Publish: October 9. 16. 23 and 30. 2015

10-30-15 YEOLD 150929 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07524 Matthew Phillips, 6233 Virk Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Nuts and Volts Flectronics" at 6233 Virk Lane. Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 28, 2015. Publish: October 9, 16, 23 and 30, 2015 10-30-15 NUTS 150928

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07187 Night Comfort, Inc., 1908 El Camino Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "La Bries Sleep Center" at 1908 El Camino Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County September 15, 2015. Publish: October 9, 16, 23 and 30, 2015 10-30-15 **LABRIES** 150928

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07126 HashTagCorp, 8880 Cal Center Drive, Suite 400, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Grace and Poise" at 8880 Cal Center Drive, Suite 400, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 11, 2015. Publish: October 9, 16, 23 and 30, 2015

10-30-15 150928 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07455 Sajjan Singh Bhangoo, 5416 Braninburg Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Heera Holdings" at 6400 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 24, 2015.

150930 10-30-15

Publish: October 9, 16, 23 and 30, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07101 Joanne Flom, 10824 Fair Oaks Boulevard #149, Fair Oaks, CA 95628 is doing "Whimsical Fancy" at 10824 Fair Oaks Boulevard #149, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 11, 2015. Publish: October 9, 16, 23 and 30, 2015 WHIMSICAL 150930 10-30-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-06834 Tia King, 6029 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Elite 82 Hair Studios" at 9315 La Riviera Drive, Sacramento, CA 95826, Filed with the Clerk of Sacramento County August 31, 2015. Publish: October 9, 16, 23 and 30, 2015

150930 10-30-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07681 Ivanrey Aguas and Christine Joy Fombuena Bernardo, 5310 62nd Street, Sacramento, CA 95820 are doing business under the Fictitious Business Name(s) "Christine Joy Ivan Bernardo Services, CJIB Services" at 5310 62nd Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 2, 2015. Publish: October 9, 16, 23 and 30, 2015 CHRISTINE 151002 10-30-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07651 Maita Enterprises, Inc., 2500 Auburn Boulevard, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "MAG Advertising" at 2500 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 1, 2015.

Publish: October 9, 16, 23 and 30, 2015 MAGAD 151005 10-30-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07099 William Curtis Chang, 5701 66th Street, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "William Construction" at 5509 Ballantine Street #1, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 11, 2015. Publish: October 9, 16, 23 and 30, 2015 WILLIAM 151005 10-30-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07547 Cinematic Adventure Club, LLC, 1309 24th Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Dragons" at 1309 24th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 28, 2015.

Publish: October 9, 16, 23 and 30, 2015 10-30-15 **DRAGONS** 151001

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-06960 Joshua Noriega, 40 Blue Fern Court, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "3 Kingz Sportswear" at 40 Blue Fern Court, Sacramento, CA 95833. Filed with the Clerk of Sacramento County September 3, 2015. Publish: October 9, 16, 23 and 30, 2015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07338 Stephanie McCann. 6742 Bertran Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Golden State Botanicals" at 6742 Bertran Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 22, 2015. Publish: October 9, 16, 23 and 30, 2015 151006 10-30-15 **GOLDEN**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07598 Chris Cunningham, 3096 Explorer Drive, Rancho Cordova, CA 95827 is doing business under the Fictitious Business Name(s) "Chrisco Painting" at 3096 Explorer Drive, Rancho Cordova, CA 95827. Filed with the Clerk of Sacramento County September 30, 2015. Publish: October 9, 16, 23 and 30, 2015

CHRISCO 150930 FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07434 Amy Camacho, 4741 Isabella Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "West Origin, West Origin Studio" at 4741 Isabella Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 24, 2015. Publish: October 16, 23, 30 and November 6, 2015 151007

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07266 Dependable Management, LLC. 3517 Marconi Avenue #107G. Sacramento. CA 95821 is doing business under the Fictitious Business Name(s) "Car Access" at 3801 Florin Road #112, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 17, 2015. Publish: October 16, 23, 30 and November 6, 2015 151007 11-06-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-06579 Nancy Aldabe, 5100 47th Avenue Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Nancy's Metal Art" at 5100 47th Avenue Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 21, 2015. Publish: October 16, 23, 30 and November 6, 2015 151007

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07802 Capital Road Race Management LLC, 624 35th Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Capital Road Race Management" at 624 35th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County October 7, 2015. Publish: October 16, 23, 30 and November 6, 2015 151007

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07025 Chris and Amanda Savarino, 4542 Wellesly Way, Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "Thought Bomb Design" at 4542 Wellesly Way, Sacramento , CA 95841. Filed with the Clerk of Sacramento County September 8, 2015. Publish: October 16, 23, 30, and November 6, 2015 THOUGHT 150914 11-06-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07902 Jared Lanning, 5307 El Camino #4 Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Edlin Courier Express" at 5307 El Camino #4 Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 13, 2015. Publish: October 23, 30, November 6, and 13, 2015 151014

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07806 The Ale Apothscary, LLC, 61517 River Road, Bend, Oregon 97703 is doing business under the Fictitious Business Name(s) "APOTH" at 61517 River Road, Bend, Oregon 97703. Filed with the Clerk of Sacramento County October 07, 2015. Publish: October 23, 30, November 6, and 13, 2015 151014 11-13-15 APOTH

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07898 Rafael and Laura Avila, 4923 S. Land Park Drive Sacramento, CA 95822 are doing business under the Fictitious Business Name(s) "Plaza Las Palmas" at 3900 Franklin Boulevard Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 13, 2015. Publish: October 23, 30, November 6, and 13, 2015 151015

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-07250 USA Hands, 2100 Watt Avenue #180 Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Cheap Couture \$5.00 Under Fashion, \$3.00 and Under 4633 Auburn Boulevard Sacramento, 95825. Filed Clerk Sacramento County September 17, 2015. Publish: October 23, 30, November 6, and 13, 2015 CHEAP 151015 11-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08019 Saling Beauregard Way Orangevale, CA 95662 is doing business under the Fictitious Business Flectronic Recycling" Name(s) "Garretts's at 2335 Gold River Road Unit B Rancho CA 95670. Filed with the Clerk Cordova, Sacramento County October 16, 2015. Publish: October 23, 30, November 6, and 13, 2015 GARRETTS 151015 11-13-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-08038 Michael Walter, 598 39th Street Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Walter Technology" at 598 39th Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County October 19, 2015. Publish: October 23, 30, November 6, and 13, 2015 WALTER 151015 11-13-15

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FBNF2013-03851

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "MAG Advertising" located at 2500 Auburn Boulevard Sacramento, CA 95821. Maita Investments, Inc., 2500 Auburn Boulevard Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on May 8, 2013 in the County of Sacramento. Publish: October 9, 16, 23 and 30, 2015 MAGAD 151005 10-30-15

STATEMENT OF ABANDONMENT

OF FICTITIOUS BUSINESS NAME FBNF2012-09303

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Fall Creek Counseling Associates" located at 5900 Coyle Ave # D Carmichael, CA 95608. Debra Moore 4121 Boone Lane Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on November 20, 2012 in the County of Sacramento. Publish: October 23, 30, November 6, and 13, 2015 11-13-15 151008

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00184588 WHEREAS, Stacie Crosby, on behalf of my daughter, Brooklynn Ali Collins has filed a petition with this court for a decree changing the name(s) of Brooklynn Ali Collins to Brooklynn Renee Crosby

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 3, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 23, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 2, 9, 16 and 23, 2015 CROSBY 150923 10-23-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184647 WHEREAS, Chittraporn Smith has filed a

petition with this court for a decree changing the name(s) of Chittraporn Smith to Ketsiree Smith. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 23, 2015 David I. Brown, Judge of the Superior Court Publish: October 2, 9, 16 and 23, 2015 ESQUIVIDO 10-23-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184641

WHEREAS, Norberto Escobedo, Jr. has filed a petition with this court for a decree changing the name(s) of Norberto Escobedo, Jr. to Roberto Castro Esquivido. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 8, 2015, in Department 53, located at 800 Ninth Street. Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 23, 2015 David I. Brown, Judge of the Superior Court Publish: October 2, 9, 16 and 23, 2015

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184870

10-23-15

150928

WHEREAS, FNU Sonila, has filed a petition with this court for a decree changing the name(s) of FNU Sonila to Sonila Hamidy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 11, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: October 9, 16, 23 and 30, 2015 150930 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

#34-2015-00184876 WHEREAS. Steven Reh and Sabrina Shannon Dennis, on behalf of Steven Axel-Reh Bean have filed a petition with this court for a decree changing the name(s)

ORDER TO SHOW CAUSE CHANGE OF NAME

of Steven Axel-Reh Bean to Steven Axel-Reh Dennis. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 14, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 30, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015 150930

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184946

WHEREAS, FNU Nazifa and Zobyhullah Pardis have filed a petition with this court for a decree changing the name(s) of FNU Nazifa to Nazifa Pardis, FNU Elham to Elham Pardis, FNU Khadija to Khadija Pardis.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015 151001

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184886

WHEREAS, Henok Tseggai Tewoldeberhan has filed a petition with this court for a decree changing the name(s) of Henok Tseggai Tewoldeberhan to Henok Tewoldeberhan Tseggai. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 15, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015 **TSEGGAI** 10-30-15 151001

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184617

WHEREAS, Brandon A. Pibal has filed a petition with this court for a decree changing name(s) of Brandon Antonio Pibal Brandon Antonio Gomez DelCampo. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 4, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 23, 2015 David I. Brown, Judge of the Superior Court

Publish: October 9, 16, 23 and 30, 2015 150928 10-30-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184917

WHEREAS, Shafiq Nazari - Bebe Khord has filed a petition with this court for a decree changing the name(s) of FNU Seyar to Seyar Nazari. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 18, 2015. in Department 53. located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015

David I. Brown, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015 NAZARI 10-30-15 150930

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00184939

WHEREAS, Angela Rhea Rossiter has filed a petition with this court for a decree changing the name(s) of Angela Rhea Rossiter to Rhea Rossiter Koziatek. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 18, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015 David I. Brown, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015

150930

ROSSITER

10-30-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184873

WHEREAS, Lidia Pamfilia Bogde has filed a petition with this court for a decree changing the name(s) of Lidia Pamfilia Bogde to Lidia Pamfilia Cordos. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 14, 2015, in Department 53. located at 800 Ninth Street, Third Floor, Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015 David I. Brown, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015

151001 BOGDE SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00184888 WHEREAS, Giau Thi Ngoc Nguyen has filed a petition with this court for a decree changing the name(s) of Giau Thi Ngoc Nguyen to Jenny Giau Le. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015 David I. Brown, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015 GIAULE 151002

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184865

WHEREAS, George Marcellino Borges has filed a petition with this court for a decree changing the name(s) of George Marcellino Borges to George Marcellino Hicks IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 11, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: September 30, 2015 David I. Brown, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015 BORGES 151002

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184620

WHEREAS, FNU Nazifullah has filed a petition with this court for a decree changing the name(s) of FNU Nazifullah to Nazifullah Arzbigi IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 4, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 23, 2015 David I. Brown, Judge of the Superior Court Publish: October 9, 16, 23 and 30, 2015

10-30-15 NAZIFULLAH 151006 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00185246

WHEREAS, Kelly Rae Johnson has filed a petition with this court for a decree changing the name(s) of Kelly Rae Johnson to Kelly Rae Movnahan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 29, 2015, in Department 54, located at 800 Ninth Street. Third Floor. Sacramento. CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 07, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 16, 23, 30, and November 6, 2015 Moynahan 151007 10-30-

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185234

WHEREAS, Hedayatullah Arabzada and Marzia Arabzada, has filed a petition WHEREAS with this court for a decree changing the name(s) of FNU Marwa to Marwa Arabzada. ITISORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 24, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 7, 2015

David I. Brown, Judge of the Superior Court Publish: October 16, 23, 30 and November 6, 2015 MARWA 151007 11-06-

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185233

WHEREAS, Abdul Rasheed and Nazi have filed a petition with this court for a decree changing the name(s) of Abdul Rasheed to Abdul Rasheed Nazari. Nazi to Nazi Nazari. FNU Sodis to Sodis Nazari, and FNU Madina to Madina Nazari. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 24, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition

Dated: October 07, 2015 David I. Brown, Judge of the Superior Court Publish: October 16, 23, 30 and November 6, 2015 NAZARI 151007 11-06 NAZARI

for Change of Name should not be granted

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185214

WHEREAS, FNU Najibullah has filed a petition with this court for a decree changing the name(s) of FNU Najibullah to Najibullah Rozy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 07, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 16, 23, 30 and November 6, 2015 151007

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185206 WHEREAS, Helga Erickson has filed a

petition with this court for a decree changing the name(s) of Helga Erickson to Marla Erickson IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 22, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 7, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 16, 23, 30, and November 6, 2015 Erickson 151007 11-06-

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185228

WHEREAS, Kendra Ann Pepper has filed a petition with this court for a decree changing the name(s) of Anteya Renee Jeanette Guther to Antava Renee Jeanette Pepper IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 24, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted Dated: October 7, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: October 16, 23, 30, and November 6, 2015 151007

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185238

WHEREAS, Derek Evans Swafford has filed a petition with this court for a decree changing the name(s) of Derek Evans Swafford to Derek Lemoi Swafford, Sr. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at

9:00 a.m. on December 28, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 7, 2015 Raymond M. Cadei, Judge of the Superior Court

Publish: October 16, 23, 30, and November 6, 2015 151007

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183747

WHEREAS, Heidi T. Yang has filed a petition with this court for a decree changing the name(s) of Heidi Tshauntuj Yang to Heidi Yang Ford. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 2, 2015 David I. Brown, Judge of the Superior Court

Publish: October 16, 23, 30 and November 6, 2015 151012 Yang

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184882

WHEREAS, Amber Nicole Pickrahn on behalf of Aubrie Michelle Luba Yovonie, has filed a petition with this court for a decree changing the name(s) of Aubrie Michelle Luba Yovonie to Aubrie Michelle Pickrahn. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00

a.m. on December 15, 2015, in Department 54,

located at 800 Ninth Street, Third Floor, Sacramento,

CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: October 23, 30, November 6, and 13, 2015

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00185435

WHEREAS, Abdul Halim and FNU Nadya have

filed a petition with this court for a decree changing the name(s) of Abdul Halim to Abdulhalim Rahimi, FNU Nadya to Nadya Rahimi, FNU Abdulhadib to Abdulhadib Rahimi, FNU Maryam to Maryam Rahimi, and FNU Hadia to Hadia Rahimi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on January 06, 2016, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 14, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 23, 30, November 6, and 13, 2015 RAHIMI 151007

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00185427

WHEREAS, Mohammad Eissa and Bebe Malaka has filed a petition with this court for a decree changing the name(s) of FNU Faisal to Faisal Eissa, FNU Zalasht to Zalasht Fissa, and FNLI Zeenat to Zeenat Fissa.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 30, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 14, 2015 David I. Brown, Judge of the Superior Court

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

Publish: October 23, 30, November 6, and 13, 2015

ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00184884 WHEREAS, Reyna Guadalupe Castro on behalf of Kevin Segovia-Castro has filed a petition with

this court for a decree changing the name(s) of Kevin Segovia-Castro to Kevin Gonzalez-Castro. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on December 15, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 30, 2015 David I. Brown, Judge of the Superior Court Publish: October 23, 30, November 6, and 13, 2015

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#34-2015-00185426 WHEREAS, Ahmad Gul and FNU Zalikha, has filed a petition with this court for a decree changing the name(s) of Ahmad Gul to Ahmad Gul Naimee, FNU Zalikha to Zalikha Naimee, FNU Rabia to Rabia Naimee, and Ahmad Muzamil to Ahmad Muzalil Naimee.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on December 30, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 14, 2015

Raymond M. Cadei, Judge of the Superior Court Publish: October 23, 30, November 6, and 13, 2015 151007

LEGAL NOTICE

Exp. 31218-2015 Province of Buenos Aires Argentia

The Court of Attornies of Peace of Balcarce cite and summon for thirty days the heirs and creditors of ROASLIA MANUELA CURUTCHET, LC 3659645. Balcarce, the 22 day of September of 2015.-Dr. Adalberto A. Rodriguez

Published October 16, 23 and 30, 2015

10-30-15 NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF Kenneth K. Schutt aka Kenneth Kongsle Schutt (descendent)

ESTATE NO. 34-2015-00184912

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of KENNETH K. SCHUTT aka KENNETH KONGSLE SCHUTT(deceased): A petition has been filed by SAMANTHA GWIN in the Superior Court of California, County of Sacramento, requesting that SAMAMNTHA GWIN be appointed as Administrator with will annexed to administer the estate of the decedent. The petition requests the decedent's will

and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond A hearing on the petition will be held in this court as follows: November 10, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code, Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court.

If you are interested in the estate, you may file

with the court a Request for Special Notice

(form DE-154) of the filing of an inventory and

appraisal of estate assets or of any petition or

account as provided in Probate Code section

1250. A Request for Special Notice form is

available from the court clerk. The name.

address and telephone number of the Attorney

for Petitioner is: Kim Bingham SBN 257734

Bingham Law Group, Kim Bingham, 2281 Lava

Ridge Court Roseville, CA 95661 (916) 520-4881

Published October 16, 23 and 30, 2015 10-30-15

CALL 773-1111 TO ADVERTISE **IN YOUR** LOCAL **HOMETOWN NEWSPAPER**



Messenger **Publishing** Group

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!



773-1111

Pope Francis vs. the "Demon" of Gender Theory

By Dr. Paul Kengor

Pope Francis has returned to Rome after a historic trip to the United States. It was a fascinating endeavor. There have been many papal visits to America in my lifetime; in fact, nearly all have been in my lifetime, the first occurring in 1965, the year before I was born. None of these, however, were so heavily marked by political-ideological battle lines among liberals and conservatives. Really, those lines have been drawn boldly on the left, with liberals eagerly claiming this pope as one of them, and many conservatives granting that concession.

Yet, neither side, in truth, watches this pope carefully enough. If they did, both sides would be surprised, shocked, and one side—liberals—would be horrified.

I'm referring specifically to this pope's remarkably staunch criticisms of the things he sees as threatening the family: What he calls the "throwaway culture" of abortion, the "ideological colonization" and "deforming" of marriage, the "Satanic" adoption of children by homosexual couples, and the "demonic" cult of gender theory.

Yes, those blistering descriptions all belong to Pope Francis.

I could detail any of these here at length and shock liberal sensibilities and claims that this "leftist pope" is one of them. After all, I've yet to meet a liberal who thinks that same-sex marriage is the work of "the Father of Lies."

But I'd like to expend a few words on this pope's ongoing war against gender theory specifically, and namely its attempted introduction in Francis' home diocese of Rome and throughout Italy. This has greatly upset Francis, the extent to which we Americans (Francis' critics and admirers alike) are completely unaware. Now that he is back in Rome, Francis' battle against gender theory will recommence with zeal

Of course, gender theory, gender ideology, gender studies, even entire gender programs, have been all the rage in American academia for decades. Pope Francis, for one, despises the very concept. He has argued constantly, consistently, that men and women are not only vitally different, but that these differences—ordained by nature and God—constitute an essential complementarity that husbands and wives bring to marriage and family relationships and responsibilities. Under Francis' direction last year, the Vatican held an international-ecumenical conference solely on this complementarity. In a world and culture that argues and, in fact, teaches—that men and women and husbands and wives and dads and moms are interchangeable, if not inconsequential, Francis insists just the opposite. To say he is adamant is an understatement.

"Gender ideology is demonic!" Pope Francis insists. He says that it militates against "the order of creation." He sees it as so toxic, so destructive, that he has compared gender ideology to "the educational policies of Hitler."

In Italy, Francis has become the spiritual inspiration for a nationwide movement to banish gender theory. This culminated in a huge demonstration in Rome this summer. As one article reported, "Hundreds of thousands of people from all over Italy responded to Pope Francis' repeated warnings about gender ideology, by taking part in an enormous demonstration in the square of St. John Lateran in Rome on Saturday. The 'Family Day' was aimed at defending the traditional family and stopping the spread of gender ideology in

Some estimates were higher, as organizers hoped to draw a million marchers. "It's fantastic," said one attendee, a father of six from northern Italy. "Finally, people have gathered to fight this terrible ideology." One organizer celebrated from the stage, "The Holy Father

is with us," as indeed he was. The speaker held forth under a giant banner that read in Italian: "Difendiamo i nostri figli. STOP GENDER nelle scuole." Translation: "Defend our children. STOP GENDER in the schools."

We must understand that Pope Francis views gender theory as not just some feminist thing he doesn't like. He sees it as a direct threat to family and marriage. And as he said to the joint session of Congress during his recent visit, "I cannot hide my concern for the family, which is threatened, perhaps as never before, from within and without. Fundamental relationships are being called into question, as is the very basis of marriage and the family." He told President Obama and the crowd that greeted him at the White House that he had come to the country specifically "to celebrate and support the institutions of marriage and the family at this critical moment in the history of our civilization."

Well, to this pope, gender theory is a major threat to the institutions of marriage and family at this critical moment. In this, and still more, liberals might want to pause a bit before transforming Pope Francis into their poster boy.

Dr. Paul Kengor is professor of political science and executive director of The Center for Vision & Values at Grove City College. His latest book is Takedown. His other books include 11 Principles of a Reagan Conservative, The Communist: Frank Marshall Davis, The Untold Story of Barack Obama's Mentor and Dupes: How America's Adversaries Have Manipulated Progressives for a Century.

Physicians Warn of Halloween Eye Risk

Over-the-Counter Contact Lenses Could Contain Dangerous Chemicals

SACRAMENTO REGION, CA (MPG) - Every Halloween, costume contact lenses fly off the shelves as people look to accentuate their outfits with those appealing visual accessories. These nonprescription lenses, however, can cause potentially blinding infections.

To help prevent eye damage and vision loss, the California Academy of Eye Physicians and Surgeons (CAEPS) and the American Academy of Ophthalmology (AAO) are warning costume shoppers about over-the-counter decorative lenses after a recent study found that several varieties tested positive for chlorine and other harmful chemicals.

"While Halloween costumes complete with over-the-counter contact lenses can be fun, many people do not consider the possible damage these seemingly harmless accessories could be doing to their eyes," said Leah Levi, MD, CAEPS president. "We take Californians' vision very seriously, so we believe the safest way to avoid any potential loss of vision or eye damage is to avoid costume contacts altogether."

Research published in September found the potentially harmful substances in three types of cosmetic contact lenses produced in Ireland, Taiwan, and South Korea. Iron was found in four pairs of lenses. One pair seeped chlorine after a routine rinse, prompting concern from researchers about toxicity to the eye. The chemicals likely come from colorants used to tint and

create playful patterns on the lenses. The study also noted that colorants printed or pressed onto some decorative lenses create an uneven texture. Those rough surfaces could scratch the eyes, potentially allowing in bacteria that can cause infection and even blindness.

Four of the five lenses in the study are not available legally in the United States because they are not approved by the US Food and Drug Administration. Despite that sales restriction, many decorative lenses of unknown origin can be bought online. Around Halloween, they often crop up for sale at beauty parlors, flea markets, or even gas stations. The problem is that contact lenses not approved by the FDA may be made with materials that can harm the eyes by causing corneal ulcers or other corneal irritations or infections (keratitis). These conditions can result in scarring that impairs vision or causes blindness. For this reason, both Academies advise against wearing decorative lenses without a prescription.

"You can't be sure what you're getting when you buy over-thecounter contact lenses, which can be very dangerous to your eyes," said ophthalmologist Thomas Steinemann, MD, spokesperson for the AAO. "If you want decorative contact lenses, get a prescription or steer clear of them. It's not worth the risk to your vision."

> **Costume Contact Lens** Safety Guidelines

To safely wear decorative

contact lenses this Halloween or any time of year, the California Academy of Eye Physicians and Surgeons and the American Academy of Ophthalmology recommend following these guidelines:

Carmichael Times • 11

- · Only buy decorative contact lenses from retailers who require a prescription and sell FDA-approved products.
- If you don't already have a contact lens prescription, obtain a valid prescription and eye exam from an ophthalmologist—a medical doctor who treats eye conditions and diseases—or an optometrist.
- Even those who don't require lenses to correct their vision need to get examined and fitted for the right size plano (zero power) cosmetic contacts by an eye health professional. Ill-fitting lenses can scratch the surface of the eve, creating an opening for infection.
- Redness, swelling, excessive discharge, pain, or discomfort can signal eye infection. If you have these symptoms, immediately see your prescriber. Eye infections can cause blindness if left untreated

For more information on costume contact lenses, visit the American Academy of Ophthalmology's public information website, www.geteyesmart.org.

Source: Stephanie Rosa

FBI Announces Results of Nationwide Trafficking Operation

Continued from page 1

by the FBI's Child Exploitation Task Force—which includes officers from the Fresno Police Department—the Fresno Sheriff's Office, and Tulare Police Department resulted in the recovery of one minor and the arrest of two alleged pimps.

"We sincerely thank our partners in Fairfield, Fresno, and Sacramento for their participation in Operation Cross Country IX and their continued, yearround commitment to the difficult task of identifying, locating, and recovering children who have been exploited and ensuring that their traffickers face justice," said Special Agent in Charge Monica M. Miller of the FBI Sacramento field office. "While the arrest of the offender has an immediate result, only recovering a child can offer him or her an opportunity to begin to accept services necessary to begin the healing process and restore a sense of normalcy."

In addition to Operation Cross Country IX, the FBI and Fairfield Fresno Police Department, Clovis Police Department, Merced

Police Department, Tulare Police Department, and Visalia Police Department completed Operation Summer Tour in August. The five-week operation focused on commercial sexual exploitation of minors primarily in Clovis, Fresno, and Merced. The multi-week effort resulted in the recovery of 11 children as well as the arrest of six pimps. Additionally, 105 adults were arrested for a variety of other violations including probation violations and prostitution-related

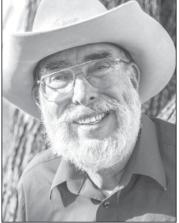
Operation Cross Country IX is the largest in the nine-year history of the initiative, with 53 FBI field offices and 73 Child Exploitation Task Forces taking part in the operation in 135 cities across America, including Citrus Heights, Rancho Cordova, Fairfield, Fresno, and Sacramento. Nationwide, more than 500 law enforcement officials conducted both "in-call" and "out-call" operations in hotels, casinos, truck stops and in other areas known as frequented by prostitutes, sex-traffickers, and their customers.

"We're proud to partner with the FBI and provide support to both law enforcement and victim specialists in the field as they work to locate and recover survivors of child sex trafficking," said Linda Krieg, Acting Chief Executive Officer of NCMEC. "The number of children recovered and pimps arrested in this year's operation highlights the importance of these efforts today and every day in protecting our children from exploitation."

Operation Cross Country is part of the FBI's Innocence Lost national initiative, which began in 2003. Since the program's inception, more than 4,800 children have been recovered from underage prostitution and prosecutors have obtained more than 2,000 convictions, including at least 15 that have resulted in life sentences. For additional information on Operation Cross Country IX, and the Innocence Lost initiative, please visit www.fbi.gov.

Source: Federal Bureau of Investigation, Public Affairs Specialist

Slim Randles' HOME COUNTRY



When Dewey Decker bought that acre on the edge of town from Gil Masterson, it astonished some people, but others, like Doc, just smiled and nodded. It's a natural progression.

Gil raises vegetables on a large scale, and the rumor is that it was at least partially paid for in "product," because Dewey is the undisputed Pharoah of Phertilizer in these parts.

Dewey then did another tradeout with a local handyman for a couple of rabbit hutches. He installed a buck and several does in them.

Dewey's Product Producing Rabbits do this with the houseplant fer-

"Everyone knows rabbits produce superior product," Dewey told his lady love, Emily Stickles, she of the fantastic cheekbones and finely honed business acumen. Emily glowed, knowing that this rabbit idea was strictly Dewey's. Well, the rabbits produced

product all right, and Dewey put a few hundred of his finest red wiggler fishing worms under the hutch to put the finishing touches on primo fertilizer ... we mean houseplant-grade fertilizer. It'll bring more money

After a few months, there was quite a mound of product to be processed, and there was also a marked increase in the rabbit population.

Dewey really enjoyed watching the baby rabbits grow up. But then he had to decide whether to have rabbit for dinner or just turn them all into product makers. The product idea won. This meant buying more hutches, but he was able to

tilizer money, which also bought rabbit pellets.

One of the best parts of this division of his soil amendments business was that Dewey could actually feed and care for the rabbits and their product with nothing but a shovel. And accident-prone Dewey can handle any tool fairly well, as long as it isn't sharp, has no moving parts and is commonly called a shovel.

Windy's driving the loader and the truck for him now, several days a week, and Emily is taking care of the books. So Dewey just watches happily as the growing rabbit population produce ... well, product is as good a name as any.

Life is good.

Brought to you by the Home Country podcast at http://www. doublewidenetwork.com/index. php/MusicStarWorldwide/ detail/home_country

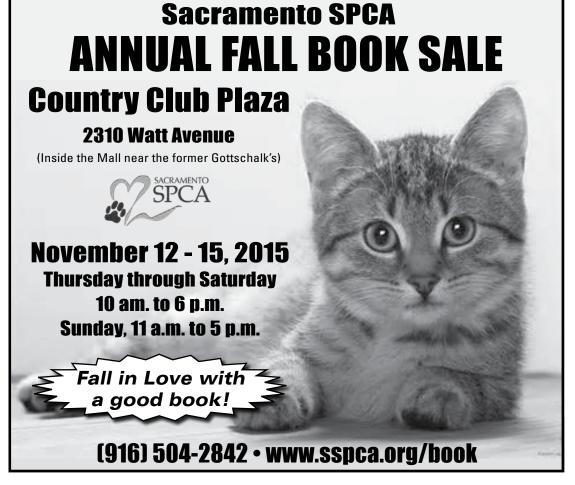




The Widowed Persons Association of California encourages men and women to come to Sunday Support each Sunday from 3:00pm - 5:00pm. The Widowed Persons Association is designed to be of help to recently widowed men and women, but any and all widows and widowers are welcome as a community service. Participants do not need to be members and there is no charge.

OFFICE HOURS 10:00am - 3:00pm Monday - Friday (916) 972-9722

Sunday Support - Any and all widows or widowers are invited. EverySunday from 3:00pm - 5:00pm In the meeting room of the WPAC office. Enter from the back parking lot at 2628 El Camino Ave., Ste D-18



Thank A Veteran Today

HAVE YOU CONSIDERED

GROUP THERAPY?









BC by Mastroianni & Hart





Hole Molé by Rick Hotten

NEED TO FIND

LIKE MINDED INDIVIDUALS

THAT SHARE MY WORLDLY

DISCONTENT

SO ALL OUR

VOICES CAN BE HEARD



Frank and Steinway by Wil Panganiban





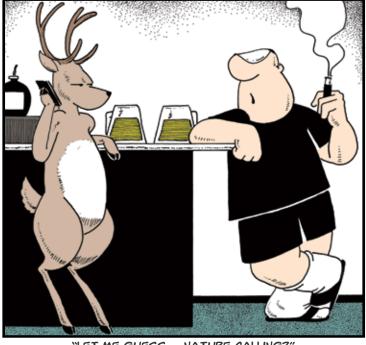




Tundra by Chad Carpenter



Funday Morning by Brad Diller

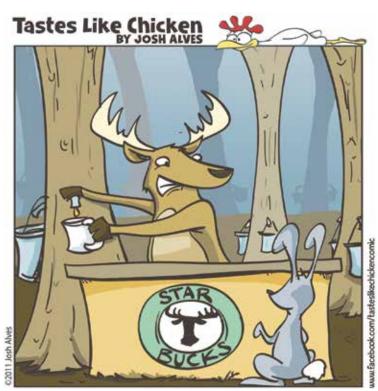


"LET ME GUESS... NATURE CALLING?"

Speckticles by Bill Abbott



"I figured you should have breakfast in bed on your birthday. Can you reach the stove okay?"



REVERSE MUKIUAUES

Learn The Facts

Join Stan Atkinson for a

FREE

Information Breakfast Event

Tuesday, November 3 8:30 am Mimi's Café 2029 Alta Arden Way **Sacramento**



"My wife and I did our Reverse Mortgage over five years ago. That eliminated our \$900 a month mortgage payment and made it one of the best financial decisions we've ever made. Join us to see if a reverse mortgage is right for you."

> Stan Atkinson, **Retired News Anchor Reverse Mortgage Speaker**



Reverse Mortgage Solutions, Inc. dba Security 1 Lending. 2727 Spring Creek Drive, Spring, TX 77373. NMLS ID 107636.(866) 503-5559.

www.nmlsconsumeraccess.org Licensed by the Department of Business Oversight under the California Residential Mortgage Lending Act #4131074 Stan Atkinson is a paid speaker on reverse mortgages, not an actual borrower of Security 1 Lending.

These are his personal views about reverse mortgage products and others may have different opinions.

RSVP 916-761-6100



Announcements & Events



Wall Of Honor

Saturday 10am November 7, 2015 **Guest speaker: Honorable Supervisor Susan Peters**

Patriots Park, 6827 Palm Avenue In fair Oaks



New! Pickle Ball

La Sierra community Center Tuesday - Thursday 9 -12 noon Drop-in fee \$5 or \$30/10 visit!

For registration & other information call the District at (916) 485-5322 or visit our web page at www.carmichaelpark.com.



Complete **Collision Repair Free Estimates**

24 Hour Towing We Work with All **Insurance Companies**

By Accident" Meet

Instant Rebate towards your **DEDUCTIBLE**

Some restrictions apply - call for details. Limit 1 coupon per customer. Not valid with any other offer. Expires DECEMBER 31, 2015.

LOANER CAR

WITH ANY REPAIR

Present this coupon and receive a

free loaner car for the duration of your repairs after authorization.

Some restrictions apply - call for details.
Coupon must be presented upon authorization.
Limit 1 coupon per customer. Not valid with
any other offer. Expires DECEMBER 31, 2015.



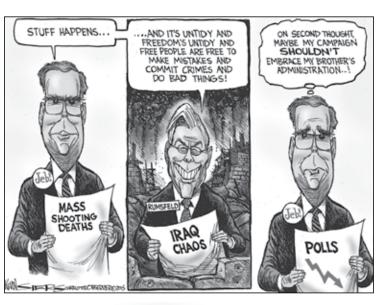


6801 Fair Oaks Blvd • Carmichael, CA 95608 Phone 916-339-1776 • Fax 916-339-1700

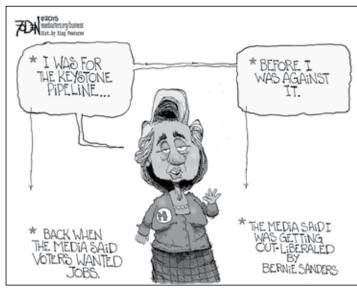
Email: info@aebodyshop.com • www.aebodyshop.com

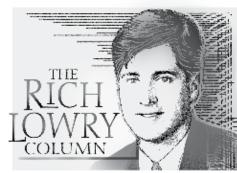
Monday - Friday: 8:00 a.m. - 5:00 p.m. Saturday: By appointment • Sunday: Closed

Carmichael Times • 13 October 23, 2015









The House Republican Meltdown

At least they aren't brawling the way they do in the South Korean parliament -- at least not yet.

House Republicans have over the past month seen their speaker, John Boehner, announce his imminent resignation under pressure and his heir apparent, Kevin McCarthy, suddenly give up on trying to succeed him -- all while the party enjoys a comfortable majority and faces no external threat from Democrats.

The Republican nervous breakdown is entirely self-inflicted. Understanding the House caucus is less Politics 101 than scorpions in a bottle. The right of the caucus hates and distrusts the leadership, while most of the rest of the caucus hates and distrusts the right, and no one has the standing to bring all sides together in a semblance of unity.

With McCarthy, the current majority

leader, shocking the political world by giving up his speaker bid, it's not clear who can pick up the pieces. Some even speculate (although this is far-fetched) that Republicans will have to go to Democrats to forge a bipartisan coalition to fill the office, which would be a humbling concession that Republicans aren't capable of governing the House on their own.

McCarthy is a pol's pol who has good personal relations with other Republicans. He had a strong majority of the caucus backing him for speaker, but that wasn't enough. He needed to get 218 votes on the House floor, a threshold that gave the several dozen members of the conservative House Freedom Caucus the ability to block him. It is this blocking power that the group has used again and again in legislative fights to frustrate the leadership. The right made Speaker John Boehner miserable, and ultimately ousted him in a demonstration of the power of a determined legislative faction.

No one is blameless in the House Republican civil war. The leadership is so unpopular with the grass roots because it has been unimaginative and timid, and the right of the caucus is correct to want to prod and challenge

Of course, there are limits to what even the shrewdest congressional

leadership can achieve when the other party controls the White House, but House GOP leaders never advanced a substantive alternative agenda on major issues and weren't willing to push the envelope in their fight with the president over his executive abuses. Both the House and Senate leadership were mostly content to restore "regular order," a priority that could inspire only a few subcommittee chairmen.

On the other hand, the right in the House has had a clearer view of what it opposes than of what it supports, and often has seemed willing to burn the place down in the cause of symbolic

We're still a long way from the sort of chaos that gripped the House in 1855, when the politics of slavery scrambled congressional politics such that it took months and more than 100 ballots to get a new speaker. Eventually, someone among House Republicans will have the credibility and creativity to get to 218, perhaps when exhaustion with the internecine warfare takes hold.

One only hopes that no one starts throwing chairs before then.

Rich Lowry is editor of the National Review.

(c) 2015 by King Features Synd., Inc.

#101

囼



Hero Dog Exposes **Puppy Mills**

DEAR PAW'S CORNER: This year, the American Humane Association chose Harley, a scrappy, oneeyed Chihuahua, as the 2015 Hero Dog. Its decision calls attention to the stark realities of puppy mills, one of which Harley was rescued

Harley had significant health issues when he was rescued, and he lost an eye when his cage was power-washed with him in it. Despite this, he retained a strong spirit and has become a beacon for other puppy mill dogs. The "Harley to the Rescue" campaign inspired by him (http://milldogrescue.org/ harley-to-the-rescue/) has saved close to 600 puppy mill dogs.

Can you let people know about the AHA's Hero Dog, Harley? -- Ginny, via e-mail

DEAR GINNY: I sure can! Harley's story also can be found at the AHA Hero Dog page: http://www. herodogawards.org/hda2015voteharley. He was chosen from a finalist field of eight exemplary

dogs, including service and military dogs, and other rescued pets that have become an inspiration to pet advocates.

Unlike responsible breeders, puppy mills have destructive breeding practices, and care can be brutal: for example, they'll attempt to produce as many litters of popular dog breeds as possible, exhausting and often physically abusing breeding dogs, selling the best and mistreating the rest. Mill dogs often are kept in tiny, dirty cages, with little to no medical care.

Puppy mill rescues gain access to and liberate such dogs, try to have the mills shut down, and provide care and rehabilitation for the rescued dogs. They'll also try to find homes for dogs that are able to be adopted, but sadly, many are unable to live with a family. Hopefully, through legislation and continued vigilance, puppy mills can become a thing of the past.

Send your questions or tips to ask@pawscorner.com.

(c) 2015 King Features Synd., Inc.

5 Year FIXED RATE Home Equity Line of Credit Loan

4.25% Initial APR*

CHECK THE EL DORADO ADVANTAGE:

- FIXED RATE for 5 Years Local Processing & Servicing

FDIC

Connect. Trade. Save.

call Susan 916.779.5210 | sacramento.itex.com

- No Closing Costs on Qualifying Transactions Flexibility and Convenience
- Have Funds Available for Current and Future Needs Home Improvement, Debt Consolidation, College Tuition
- Interest May be Tax Deductible (Please consult your tax advisor)



www.eldoradosavingsbank.com

CARMICHAEL • 4701 Manzanita Ave. • 481-0664

Se Habla Espanol • 800-874-9779

Se Habla Espanol • 800-874-9779

The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.75 %. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and at land maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than EI Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving time of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to a current appraisal. Property insurance is required searly closure fee will be assessed to the first anniversary of the HELOC and annually therefater during the draw period. Ask for a copy of our "Fixed Bate Home Equity Line of seesed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of redit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.



Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.

> Grace Baptist still stands on the **Principles, Doctrines and Separation,** found and taught in The Bible

Service Schedules

Sunday Schools (All Ages) 9:45am Sunday Worship II 9:00 am Sunday Evening 6:00pm Wednesday Evening 7:00pm

6724 Palm Avenue, Fair Oaks, CA 95628 (Located one block South of Madison; just East of Dewey) **Pastor Charles Carter (916) 967-3915**

Call for more information





Your One Stop Local Glass Shop

Serving Carmichael Community for 20 Years

HOME BUSINESS



- Auto Glass
 - Windshields
 - Power Windows
 - Truck Slider
 - Sunroofs
 - Single & Dual
 - **Pane Glass**
- Mirror & Screen

■ Store Front

Windows

- Glass Shelves
- Table Tops
- **■** Shower Door

Fast, Professional Glass Repair ■ Direct Approved Insurance Billing

Call 7 Days a Week - 916-481-9966

Located at the corner of Fair Oaks Blvd. & Sutter, next to La Bou

14 · Carmichael Times October 23, **2015**

Must These Shows Go On?

Every so often the search for something reasonable to watch on television must be undertaken. But, as usual, the search fails to disclose any worthwhile results, and we resort to falling back into sports for entertainment, even if all there is to choose from is a playoff baseball blowout between two teams we care little about, or some sloppy NFL game between two losing

teams from the East Coast. We get so easily frustrated scrolling through the guide. Channel, after channel, after channel gets a shake of the head. A bunch of run-of-the-mill cops-and-robbers series...a few over-acted courtroom dramas...some "shocking" doctor/hospital shows...several dumbed-down talk shows...some "introspective" panel bits...too many unrealistic reality shows... much too real news programs... a wide assortment of HGTV-type stuff that only make you jealous and hungry...sitcom and old movie reruns...and on and on they go...

We seem to always go back to the games. But, then, they aren't as inspiring when your teams aren't playing, are just plain lousy or out of contention, or happen to be on their bye week. You might consider turning the tube off (??) and do some reading, but it's too early in the evening to fall asleep. You just want to lay on the couch like some rotting log and soak up some kind of nonsense that will, at least, keep your attention.

You know what they oughta do for people like us? They oughta take some of the ideas from all of those other TV shows and combine them with sports themes, and see what might become of that.

They could have a cop show that has some crazy star football player that kills a former teammate; or one that has a player that keeps disturbing the neighborhood with a lot of wild parties that result in some sexual assaults; or, in part two of that episode, that fella has a friend with a gun fetish that races off to practice in the morning after a drunken all-nighter and crashes his car A Heisman Trophy-winning

into a tree, and then both guvs get arrested and kicked off the team.

They could have a courtroom drama in which, let's say, a former Olympic track and field champion --- and let's spice it up and make him a double-amputee named... uh, Oscar --- murders his beautiful model girlfriend on Valentine's Day. But with some lame excuses and technicalities through the long, drawn out process, the guy gets off easy by being convicted only of manslaughter, and is sentenced to one year in prison and four years of house arrest that he will spend living luxuriously in his uncle's mansion, with the freedom to leave to go to church (!!!) or to work (back on the track?). You can just feel the venom oozing from the family of the deceased victim.

Or, a venerable college football coach, nearing the end of his run, has a friend and assistant coach convicted of multiple counts of sexual abuse of children and is sent to prison. A number of school officials perjure themselves. The old coach dies from the stress a short time later

A great hospital "shocker" could have a troubled, retired star professional basketball player being wheeled into the emergency room unconscious. The back-story would reveal that our guy --- call him, Lamar --- was found passed out from an overdose of some recreational drugs in a love-ranch brothel somewhere in Nevada. After days of hand-wringing, Lamar slowly opens his eyes and comes to, and the family rejoices in "his unrelenting strength and faith in God" that pulled him through.

How about a stupid talk show panel of simple-minded baseball players dressed in suits that are too tight --- name it Dr. Pete --- talking about their own insecurities, saying things like, "I have a PhD in getting booed," and mixing in some nervous chuckles and insincere fistbumps. (You'll need a laugh track).

Reality shows would be easy...

quarterback, a spoiled brat, isn't making it in the NFL and his teammates can't stand him. He goes into alcohol rehab for too short of a stint. He comes back, but doesn't play very well as a backup. He gets into a roadside fight with his drunk "girlfriend" and somebody calls 911. The pair give conflicting accounts and the police allow them to drive away together. Or, a basketball superstar who thinks he is Superman gets busted at the airport with a gun in his carry-on bag. Or, a Hall of Fame basketball coach going through a divorce as a result of his persistent infidelities has his current program under investigation for soliciting "strippers" (?) to entertain recruits at a party in his school's athletic dormitory. Or, a couple of high school football players attack an official on the field during a game under orders from one of their coaches.

An investigative report might uncover that a part-owner and general manager of a money-skimping Major League Baseball franchise is among the top-ten worst violators of water-saving policies in a drought-stricken state on his multimillion dollar estate in a gated community, far from the madding crowd.

The "Home" network could tour the crib of the greatest basketball player of all-time, which could double as Noah's Ark II because it is big enough to hold two of everything. Or, the "Food" channel could check in on a fan trying to eat a "decadent" 18-inch, \$25 corn dog stuffed with cheese, jalapenos and bacon with a side of fries.

What? What!! Somebody already thought of those? Ah, those were some crazy ideas anyway.

We should just go ahead and watch "The Princess Bride" or "The Breakfast Club" again, or play Jeopardy, or watch "Raymond" or "Seinfeld" reruns again. Or, flip back over to whatever sports is on and do what former Giant Jeff Kent always said, "Enjoy the game more!"



Dare to Live **Without Limits** Waiting



Is waiting an effective strategy for success? Have you heard people say they are waiting for things to get better? Or, that they are waiting for their luck to improve? Perhaps you've seen people waiting for the right time or waiting until they are in a proper frame of mind or waiting until they are motivated.

There's a virtually endless list of things people are waiting for: other people, circumstances, attitude, timing, the weather, the economy, money, etc. The problem with waiting is that it's a passive activity. The things people wait for may or may not happen.

However, sometimes there are situations where it is prudent to wait. Waiting to save up enough money for a discretionary purchase rather than accumulating debt that you can't readily pay

Waiting for a storm to end before going sailing. Waiting for a lake to freeze before walking on the ice. Waiting until you have the appropriate skills and knowledge before undertaking a new venture.

Even when waiting appears to be a prudent strategy, you can have contingency plans and alternative courses of action. So, you can be proactive even while waiting. Additionally, while you are waiting for one thing, you can be taking action on something else.

You can't control the environment but you do have control over your response. Idle waiting leaves you at the whim of fate. You are then like a cork floating on the ocean waiting to see which way the waves, currents, and winds take you.

Waiting is passive. You put yourself in a position to accept whatever comes your way. You can hope all you want, but hope by itself is like playing the lottery. Things may work out in your favor but the odds are against you.

Paralysis by analysis keeps you waiting. Since you can't decide on the best course of action, you do nothing. So not only are you waiting for things to change, you are now waiting to figure out what you should do, if anything.

It's easy to slip into waiting mode when feeling overwhelmed or uncertain as to the appropriate path to take. Rather than waiting, get your mind into gear searching for possible strategies. The process of seeking options transforms you from passive mode to active. List everything you can think of. At this point, don't evaluate any idea as being either good or bad. The longer your list, the better the chances of identifying the appropriate strategy.

Once you have your list, start to evaluate and prioritize each idea. Now you are no

longer waiting, you are doing something. By seeking out viable options you have become

Once you have identified the best possible strategy, you have to initiate it by taking action.

Action is the root of all accomplishment. Conversely, waiting is a source of frustration, stress, missed opportunities, and unfulfilled dreams. Your objective is to make things happen rather than wait for them to happen. The significance of taking action can not be overstated.

Taking even a small first step gets you out of waiting mode. Your first step paves the way for the next step and so on. As you change from passive to proactive, you begin to take control of your life rather than just being a passenger.

Stop waiting. Take action now. Decide what you want and then start taking the steps necessary to make it happen. It's not magic. This process enables you to seize control of your life.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden. com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist. com or write him c/o this paper. © 2011 Bryan Golden.

BOLD EXPRESSIONS

Northern California Arts 60th Annual International Open Juried Art Exhibition at Sacramento Fine Arts Center

September 29- October 24, 2015



sacramento fine arts center

come. create.



Second Saturday Reception

October 10, 2015 5:30 - 8:30 p.m. Live Guitar Music by Sean Oconner.

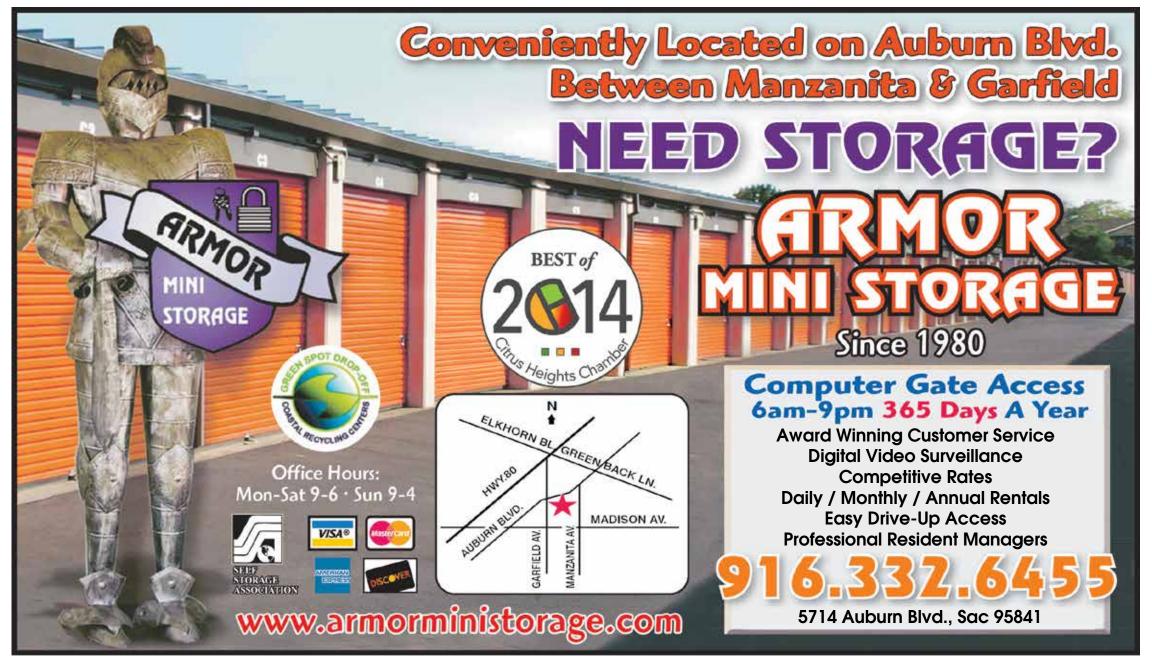
Sacramento Fine Arts Center, the location for all events

Sacramento Fine Arts Center • 5330-B Gibbons, Carmichael, CA 95608. Gallery hours: Tuesday 11:00a.m.-7:00p.m., Wednesday - Saturday, 11:00a.m. - 3:00p.m.

www.sacfinearts.org



Delivery Routes Available • Call 773-1111



Carmichael Times • 15 October 23, 2015

A tradition of care and hospitality ...from our family to yours www.ciminocare.com CIMINO CARE® Assisted Living & Residential Care in San Mateo, Sacramento and surrounding areas. SERVING THE NEEDS OF SENIORS

Going back to our roots, CiminoCare, in addition to our long standing Assisted Living communities, is now providing In Home Care services, allowing seniors to age in place, and remain at home. These services include assistance in: Meal preparation, transportation, personal grooming, and medication management. For those interested in learning more about these services, please call 916-704-0152.

Please Call (916) 704-0152 Fruitridge Villa

5490 Enrico Blvd., Sacramento, CA 95820

Meal Preparation • Hygiene Assistance Transportation Errands • Light Housekeeping Medication Reminders • And More!

Game **Plots**

The Magic of **Emergence**

By Noah Howard

One of the few ways that video games fail to resemble traditional games like chess or Monopoly is in their insistence on control. Developers are often reluctant to create a system of rules and problems and let players do as they wish to solve those problems within the confines of the game. Even so, the ability of a game world to morph because of the player's actions is called "emergent gameplay," a rare Holy Grail of game design.

The usual concept of emergent gameplay is too focused upon giving the player as many options as possible so that they can combine the mechanics and rules of the game in novel ways. However, for gameplay to be truly emergent, the game systems must be versatile enough to permit the unexpected. In this way, emergence goes beyond simply giving a player a set of tools and asking them to solve a problem or situation. It encourages improvisation; a player with time to observe and plan can use the same or similar strategies and tools every time. A player caught by surprise is stuck in a desperate situation, and therefore must find a desperate answer on the fly. Pressure of this kind is what encourages the instant creativity of the players frantically searching for a solution to an unexpected problem.

This is why the recently



released Metal Gear Solid V (MGSV) works so well with emergence by encouraging players to sneak quietly into enemy bases without any guidance. When a game revolves around stealth, simply being spotted counts as one of these random unexpected events that forces the player to think on their feet. And, because MGSV slows down time for a few seconds after the player is spotted, it gives the player sufficient time to come up with a creative solution.

However, MGSV is emergent only in one regard. It engages emergence only on a physical level; you can approach a level however you want, but you usually cannot change the outcome of the story. From a narrative perspective, MGSV is strictly linear.

That's strange, because the video game industry has been doing narrative emergenceplayer-affected changes on story events and characters—for a long time. It died out a bit during the early 2000s, but since

The Walking Dead: The Game in 2012, all the way up to *The* Witcher 3 from earlier this year, developers have been allowing players to modify their character and decisions in ways that allow players to write their own story. Unfortunately, The Walking Dead's gameplay consists only of this choose-your-character structure, and The Witcher 3's moment-to-moment gameplay is almost entirely straightforward with little effect on the world.

So the solution, then, is a combination of the two kinds of emergence, a game that allows emergence both in gameplay and in story. Such a game does not exist, but it soon could. Once both forms of emergence exist at once within a game—in gameplay and in narrative simultaneously—it will dramatically enrich an already uniquely personalized art form.

To respond to Noah's articles email him at digitalartsnoah@ yahoo.com



CALL 773-1111 TO ADVERTISE CarmichaelTimes.com



- Guaranteed Delivery of the Carmichael Times
- **2.** Guaranteed Delivery of The Sunday Sacramento Bee
- **3.** And One Free Car Wash from QUICK QUACK Car Wash (S699 value)

Get a great deal on this six month subscription for only:





YES! START MY SUBSCRIPTION NOW!

NAME		
ADDRESS		
CITY		ZIP
PHONE ()	EMAIL(OPTIONAL)	
* To opt-out of delivery	of the Sacramento Bee, simp	ly check this box
MAIL YOUR PAYMENT TO:		

As a valued Carmichael Times subscriber, you receive the Sunday Sacramento Bee as part of your subscription. BOTH NEWSPAPERS FOR ONLY \$25 FOR 6 MONTHS!

*Some delivery

restrictions

may apply.

MESSENGER PUBLISHING GROUP

CARMICHAEL, CA 95608

7144 FAIR OAKS BOULEVARD, SUITE 5

It's the Perfect Combination!

Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.

20 Minute Educational Presentation and a Free Luncheon



Sierra Hills Memorial Park & **East Lawn Mortuary**

Reservations Required

Please RSVP for the day of your choice. Seating is limited to 30 attendees per seminar.





This is not a sales seminar. It is a 20-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's FREE Emergency Planning Guide.

benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a

Friday, October 30 11:30 a.m. to 12:30 p.m.

Sierra Hills Memorial Park & East Lawn Mortuary 5757 Greenback Lane, Sacramento, CA 95841 Tel: (916) 732-2020 Lic#FD-1242 | RSVP: Jessica at jessicae@eastlawn.com



FD#136

16 · Carmichael Times October 23, 2015

Television Listings for the week of October 23-October 28

SATURDAY EVENING

OCTOBER 24, 2015

H	RIDAY	EVEN	ING			OCTOBER 23, 20 ⁻					
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
=	ABC		Dr. Ken	Shark Tank		(:01) 20/20 (Local	Jimmy Kimn	nel Live (N)	Nightline
ž	CBS	The Amazing		Hawaii Five-	-O (N) HD	Blue Bloods	(N) HD	Local	Late Show (1		Late Late
BRUADGASI	NBC	Undateable	Truth Told	Dateline NB0				Local	(:35) Tonight	Show HD	Late Nigh
3	FOX	Gotham: "Las		Rosewood: "		Local Progra				Local Progr	
	ION	Criminal Min	ıds HD	Criminal Mir	nds HD	Criminal Mi	1ds : "Coda"	Saving Hope	(TV14) HD	Saving Hope	(TV14) HD
ų	A&E	My Haunted	House HD	My Haunted	My Haunted House HD		The Enfield Haunting		My Haunted House но		House HD
	AMC	Halloween II	('09, R) ★★	Sheri Moon Zor		Day of the D	lead ('85, NR)	★★★ Lori Ca	ardille. HD	The Walking	
3	ANIMAL	Tanked: Unfi		(:01) Tanked		Tanked: "N'		(:04) Tanked		Tanked: "N'	
ľ	BET	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Martin	Wendy Willia	ums (N) HD
	BRAVO	Teresa Chec	ks (TV14)	Bravo First	Looks (N)	Stepmom ('S	98. PG-13) ★≠	r½ Julia Rober	ts, Susan Saran	don.	Stepmon
ľ	CARTOON	King of Hill			Cleveland		Family Guy		Eric Andre		Squid HD
ľ	CMT		Reba но) ★★ Zach Ga		Skull Challen		Cops HD
	CNN	This is Life		This is Life		This is Life	,	This is Life		This is Life	•
	COMEDY	(7:15) 30 Nig	hts of ('13)	Futurama	Futurama		South Park	Archer HD	Archer HD	TripTank	30 Nights
	DISCOVERY	Gold Rush: T		(:01) Gold Ru		Pacific Warr		Gold Rush (Pacific Warr	
	DISNEY			e Cameron. HD				BUNK'D		Girl Meets	Girl Meet
	E!	Kardashians		Kardashians		The Soup (T)		E! News (N)		The Soup: "7	
	ESPN	SportsCente	r HD	SportsCente		SportsCente	er HD	SportsCente		College Ftbl	
	ESPN2	(7:30) Colleg	e Football: U	tah vs San Dieg		D	Baseball	NFL Live HD		SportsCente	
	FAMILY			w ('99, R) ★7						Matilda ('96,	PG) ★★½
	FOOD	Diners HD	Diners HD	Diners, Driv	e-Ins (N) HD	Diners HD	BBQ Blitz			Diners, Driv	
	FX			e ('10, PG-13)					Saga: Eclipse		
Ì	HGTV	Love It or Li		Love It or Li		Tiny House	Hunters	Hunters		Love It or Li	
Ì	HISTORY	Ancient Alier		Ancient Aliens HD		True Monsters (N) HD		(:03) True Monsters HD			
	LIFETIME	Step It Up (N		Step It Up (
ľ	MTV	Ridiculous		Ridiculous		Jackass Presents: Bad G				South Park	
	NICK	Harvey (N)		Full House		Full House	Full House	Friends	Friends	Friends	Friends
	SPIKE		Cops HD	Bellator MM				Cops HD	Cops HD	Cops HD	Jail
	SYFY			e ('06) ★★½		Z Nation (TV	14) (N)		r Sandman" (TV		Z Nation
	TBS	Broke Girls		The Hangove					ngover ('09, R		er. HD
	TCM			Dame ('39)					of Dorian Gra		
	TLC			90 Day Fiand			Say Yes	Say Yes		Say Yes	Say Yes
	TNT	Resident Evi	: Retribution	n ('12, R) Milla	Jovovich.	The Mummy	: Tomb of the	Dragon Em	peror ('08, PG	-13) HD	Hellboy
ľ	TRAVEL	Mysteries: "		Mysteries (N		Mysteries (1		Mysteries (Mysteries (1	
ľ	TV LAND			★½ Cher, Chris			,	Oueens		Oueens	Queens
	USA	Law & Order		Law & Orde		Satisfaction	(TV14) (N)	Law & Orde		Law & Orde	
	VH1	Love & Hip Hop (TV14) Love & Hip Hop (TV					s ('04, PG-13)			B.A.P.S. ('97	
	WGN			How I Met		Parks HD	Parks HD	Rules HD		Норе но	Норе но
	HBOW	The Leftover		The Leftover		Real Time M		Real Time M		Amy Schum	
Z E	MAXW			y Next Door		The Knick (N		The Knick (T		The Knick (T	
=	SHOWW	The Affair (T		Compared to						THE KINGK (I	TIMA) NV

		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<u> </u>	ABC	Coll. Ftbl	Local Progra	ims				Local Progra			
lğ	CBS	NCIS: Los Ar	igeles но	Criminal Min		48 Hours (TV		Local Progra			
	NBC	Dateline NB() HD					Local	(:29) Saturday Night Live		(TV14) HD
BROADCAST	FOX	Local Progra							Golan HD Local Progra		
	ION	Law & Orde	r: SVU HD	Law & Order	': SVU HD	Law & Orde	r: SVU HD	Law & Orde	r: SVU HD	Law & Orde	r: SVU HD
щ	A&E	Criminal Mir	ıds HD	Criminal Min	ds HD	Criminal Mir	nds HD	(:01) Crimina	l Minds но		
CABLE	AMG	Leprechaun	('92, R) hd	Leprechaun 2 ('94, R) ★ Wa		Varwick Davis.	HD	Leprechaun		Warwick Davis	
9	ANIMAL	To Be Annou	nced	Yankee Jung	le (N) HD	Pit Bulls and	l Parolees	(:05) Yankee	Jungle HD	Pit Bulls and	l Parolees
	BET	Sister Code	('15, R) Amber	Rose, Eva Mar	cille.	Diary of a M	ad Black Woi	nan ('05, PG-1	3) ★★½ Kim	berly Elise. HD	
	BRAVO	Fast & Furio	ous ('09, PG-13	B) ★★★ Vin Diesel. Fast & Furious ('09, PG					iesel.	Abandon ('02	<u>2</u>) ★★
	CARTOON	DBZ Kai	King of Hill	King of Hill	Cleveland	Cleveland	Dad HD	Dad HD	Family Guy	DBZ Kai	Akame Ga
	CMT	Proposal				₹½ Emma Ston	ie, Viola Davis.	HD			Cops HD
	CNN	Anthony: "Ok	inawa"	Anthony: "Ba	y Area"	Anthony: "Cu		Anthony: "Ma		Anthony: "Ok	inawa"
	COMEDY	(7:26) Tropic	Thunder ('08	I, R) ★★★ Be	en Stiller. HD	Jeff Ross (T)	/MA) HD	Amy Schume	P HD	Half Hour	Half Hour
	DISCOVERY	Dual Surviva				Dual Surviva		Dual Surviva		Dual Surviva	
	DISNEY		Gamer's	Kirby Buck	K.C. Underco	over hd Liv hd			BUNK'D		BUNK'D
	E!	No Strings A	ttached (†11,	R) ★★½ HD No Strings Att		ttached ('11, R) ★★½ Nata		alie Portman. HD			Dash Dolls
	ESPN		e Football: Wa		anford (Live) HC	SportsCente				College Ftbll	
	ESPN2							(:15) Baseball Tonight		College Ftbl	
	FAMILY		Monsters Un			Crystal, John	Goodman.	Terror HD	Hocus Pocus	s ('93, PG) Bet	te Midler.
	FOOD		Unwrapped		G) HD	Chopped (TV		Chopped: "Ha		Chopped (TV	G) HD
	FX	Paranormal	Activity 4 (12			Paranormal	Activity 4 (1			Mike/Molly	Mike/Molly
	HGTV	Buying and S		Buying and S		House Hunte			Hunters	Buying and S	
	HISTORY			Pawn Stars		Pawn Stars Pawn Stars				Pawn Stars	
	LIFETIME	16 & Missing	g ('15, NR) hd			(:02) Nanny Cam ('14, NR)		Laura Allen. HD		16 & Missing	
	MTV	(7:10) Movie			Movie					South Park	
	NICK								Friends	Friends	Friends
	SPIKE						Cops HD	Jail но	Jail hd	Jail HD	Jail hd
	SYFY		R) ★★★ HD			n Zegers.		The Fog ('05,			
	TBS				Big Bang	Big Bang				lobert Downey a	
	TCM	(7:30) Comr a) Katharine He			cline of West	
	TLC	Women in Pr		Women in Pr		Women in Pr		Women in Pr		Women in Pr	
	TNT		r k ('93, PG-13)				(:45) Jurass				Rogue HD
	TRAVEL	Ghost Adven		Ghost Adven		Ghost Adven		Ghost Adven		Ghost Adven	
	TV LAND				Raymond				Queens	Queens	Queens
	USA	NCIS: "Seek"		NCIS (TV14) H	D	NCIS: "Reven		NCIS: "Whisky		I Am Legend	
			s ('04, PG-13) s				an't Jump ('				League
		Manhattan (_				How I Met		Rules HD	Норе но	Норе но
Σ			'14, R) Jason B				rawford vs. Jea			C Alvarez	Gumbel
PREM		A Walk Amor		The Knick (T)	/MA) HD	The Boy Next Door ('15, R) ★★ HD			The Knick (T	Bikini ('15)	
	SHOWW	Homeland (T	VMA) HD	Pulp Fiction	('94, R) John 1	ravolta, Samue	el L. Jackson. H	D	The Affair (T	VMA) HD	Homeland

SIINDAY EVENING

OCTOBER 25. 2015 MONDAY EVENING

5	UNDAI	EVE	NING					UG	IORF	K 25,	2015	
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	
ᅜ	ABC	Once Upon a		Blood & Oil		Quantico: "F	, ,	Local Progra				
G.	CBS	Madam Secr		The Good Wi	fe (N) HD			Local Programs				
B	NBC		Local Progra			Dateline NBC но		Local Programs		Dateline NBC но		
BROADCAST	FOX	Simpsons	Brooklyn	Family Guy			Local Programs				Local Programs	
1	ION	You Cast Sp	ell ('15)	You Cast a S	Spell on Me ('	5, NR) Nikki Deloach.		New in Town ('09, PG) ★★		⊦½ Renée Zellweger.		
Э.	A&E	Nightwatch	(TV14) hd	Nightwatch	Nightwatch (TV14) HD		(TV14) HD	Nightwatch	(TV14) hd	Nightwatch	(TV14) hd	
CABLE	AMC	The Walking	Dead HD	The Walking	Dead (N)	Talking Dea	d (N) но	The Walking		Comic Book		
S	ANIMAL	Rugged Just	tice (N) hd	North Wood	North Woods Law (N)		Announced	Rugged Just		North Wood	s Law HD	
	BET	Being Mary	Jane но	Being Mary		#TheWestB	rooks но	(:57) Scanda		Popoff	Danny	
	BRAVO	Teresa Chec		Manzo'd	Teresa Chec	ks (TV14)	Manzo'd	Watch What	Teresa Chec	ks (TV14)	Manzo'd	
	CARTOON	King of Hill	Cleveland	Cleveland	Dad HD	Dad HD		Family Guy		Tyson	(:45) Pretty	
	CMT	(5:30) The Ho					McConaughey. •		Cops HD	Cops HD	Cops HD	
	CNN	Anthony: "Ba	ıy Area"	Anthony: "Et	hiopia"	Mike Rowe		CNN Newsro	om (N) HD	CNN Newsro	om (N) HD	
	COMEDY	Iglesias (TV14	4) HD	Radio City (1			sias: Aloha Flı		Iglesias (TV14		Iglesias	
	DISCOVERY	Alaska: Last		Alaska: Last	. ,	Naked and A		Pacific Warr		Naked and A		
	DISNEY		Best (N)				l Didn't но		Best HD		Good Luck	
	E!		Dash Dolls (TV14) HD Da		N) HD			Dash Dolls (TV14) HD		Kardashians		
	ESPN	SportsCente	er HD		SportsCente			SportsCenter HD			Coll. Ftbl	
	ESPN2	CrossFit Gai		Baseball		College Football: "Teams T				SportsCente	r HD	
	FAMILY		ers Universi			Pocus ('93, PG) ★★½ Bette					Turning	
	FOOD	Guy's Groce		Halloween W		Cutthroat Kitchen (N)		Halloween (TVPG)		Halloween W		
	FX				★★★½ Tom Hanks, Barkha				Man of Steel ('13, PG-13)			
	HGTV		Life (N) HD			Hunters			Hunters	Island Life		
	HISTORY	American Pi		American Pi		American P	ickers HD	American Pi		American Pi	ckers HD	
	LIFETIME	16 & Missing		Girl Missing		2015 MTV European Musi		(:02) 16 & Missing ('15, N				
	MTV		ıropean Musi							South Park		
	NICK	Shakers	Nicky		Full House			Friends	Friends	Friends	Friends	
	SPIKE	Bar Rescue		Bar Rescue		Bar Rescue		Sweat Inc. (Bar Rescue	,	
	SYFY		ollow ('04) ★					Blade: Trinit				
	TBS		Yard ('05, PG		lam Sandler. Hi)	The Replace					
	TCM		3 ('52) ★★½				Secret ('24)					
	TLG	Sister Wives		Sister Wives		90 Day Fian		(:02) Sister 1		(:02) 90 Day		
	TNT		ight Rises ('1							13, PG-13) Ben		
	TRAVEL		Big Time R			Ghost Adve		Ghost Adven		Ghost Adven		
	TV LAND	Reba но	Loves Raym			Raymond			Queens	Queens	Queens	
	USA		Law & Order: SVU HD La		r: SVU HD	Law & Orde		Modern	Modern	Satisfaction	,	
	VH1		Love & Hip Hop (TV14) C		ool: The TLC	Story ('13, N	R) Keke Palmer.	HD	Black Ink Cr	Crew HD Love & Hip		
	WGN	Austin Powe	rs in Goldme	mber ('02, PG	mber ('02, PG-13) нD		Austin Powers in Goldme		-13) hd	80 Days ('04	, PG) hd	
Σ	HBOW	Bad Words (The Leftover		Greenlight			(:31) The Lef		Greenlight	
PREM	MAXW	Transforme	rs ('07, PG-13)	★★★ Shia L	aBeouf. HD	Divergent (14, PG-13) Shai	lene Woodley, T)	Depravity	
ľ	SHOWW	The Affair (T	VMA) HD	Homeland (N) HD	The Affair (N) HD	Homeland (T	VMA) hd	The Affair (T	VMA) HD	

OCTOBER 26, 2015

	UNDA			1				0010BLR 20, 2				
Г		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	
15	ABC	Dancing witl	the Stars (T			Castle: "Once		Local	Jimmy Kimn	nel Live (N)	Nightline	
餐	CBS	Big Bang	Supergirl: "P		Scorpion: "T	ech, Drugs" (N)	HD	Local	Late Show (TV14) hd	Late Late	
¥	NBC	The Voice: "	he Knockouts F	Premiere" (N) H	D	Blindspot (T	/14) (N) HD	Local	(:35) Tonight	Show HD	Late Night	
BROADCAST	FOX	Gotham (TV14	4) (N) HD	Minority Rep	ort (N) HD	Local Progra	ams	•		Local Programs		
_	ION	Criminal Mir	nds HD	Criminal Min	ds: "100"	Criminal Mir	nds HD	Criminal Min	ıds HD	Criminal Mi	nds н d	
Ε	A&E	Fear: Buried	Alive (TVPG)	ID		Cursed: The	Bell Witch	Cursed: The	Bell Witch	Fear: Burie	d Alive HD	
CABLE	AMG		tor ('87, R) ★					Gary Busey. HD		The Walking		
3	ANIMAL	Tanked: Unf		Tanked: Unfi	ltered HD	Tanked: Unf		Tanked: Unfi	Itered HD	Tanked: Unf		
	BET	Martin	(:37) Alex Cr			Nichols, HD		#TheWestBr	OOKS HD	Wendy Willia	ams (N) HD	
	BRAVO	Orange Cou		Real Housew		Ladies of Lo	ndon (N)	Watch What	Housewives		Teresa	
	CARTOON	King of Hill				Rick Mortv		Family Guy			Sauid HD	
	CMT				Reba но	Footloose ('8	34. R) ★★½ l	Kevin Bacon, Lo			Skull HD	
	CNN	Anderson Co		Long Road to		CNN Newsro	om (N) HD	CNN Newsro	om (N) HD	CNN Newsro	om (N) HD	
	COMEDY	Key; Peele	Key; Peele	South Park	South Park	Archer HD	Archer HD	Daily Show	Nightly HD	midnight	South Park	
	DISCOVERY	Street Outla		Street Outla	WS (N) HD	Vegas Rat R	ods (N) HD	(:02) Street	Outlaws HD	Vegas Rat R		
	DISNEY	Halloweento	wn 2 ('01)	Undercover	Austin HD	Liv HD	Jessie HD	Girl Meets	Undercover	Good Luck	Good Luck	
	E!	Dash Dolls (TV14) hd					E! News (N) HD		Botched (TV14) HD		
	ESPN	(:20) Sports	Center HD			NFL Primetime HD		SportsCenter HD		NFL Primeti		
	ESPN2	2015 WSOP	(Taped)	Baseball Ton	ight но	SportsCenter но		Е:60 нд		SportsCent	er HD	
	FAMILY	Switched at	Birth (N) HD			Before ('93) ★★★ HD		The 700 Club (N)		Frankenwee	nie (†12)	
	FOOD	Halloween (1				Beat Bobby Beat Bobby		Diners HD	Diners HD	Halloween (TVPG)	
	FX	(7:30) Elysiu	m ('13, R) Matt	t Damon, Jodie Foster.				Fargo: "Myth	of" HD	Fargo (TVMA)	HD	
	HGTV	Love It or Li	st lt HD			Hunters Hunters		Love It or List It HD		Love It or List It HD		
	HISTORY			Roanoke: Search For The				(:03) True Monsters HD				
	LIFETIME	27 Dresses	('08, PG-13) ★	★½ Katherine	Heigl. HD	(:02) The Switch ('10, PG-1		13) Jennifer Ani	ston. HD	27 Dresses ((108) ★★½ HD	
	MTV	2015 MTV Eu	горе но	Awkward.	Faking It	Follow (N)	Girl Code	2015 MTV Eu	горе но	Follow HD	Ridiculous	
	NICK	iCarly но	iCarly но	Full House	Full House	Full House			Friends	Friends	Friends	
	SPIKE		Cops HD			Cops HD	Сорѕ но		Cops HD	Jail	Jail HD	
	SYFY	Blade: Trinit	y ('04) ★★½					Disaster L.A	. ('14, NR) ★:			
	TBS		Family Guy	Dad HD		Big Bang	Big Bang	Conan (TV14)			Conan HD	
	TCM		(:45) 55 Days							Enemies ('61,		
	TLC	600 Pound N		World's Hea				My Chin Kee		World's Hea		
	TNT	Castle (TVPG)		Castle: "Love		Major Crime		Major Crime	S HD	Law & Orde	r (TV14) hd	
	TRAVEL	Bizarre Food		Bizarre Food		Booze Trave		Uncommon (Bizarre Foo		
	TV LAND				Raymond	Raymond	Raymond		Queens	Queens	Queens	
	USA		y Night Raw (Live) HD					Modern	(:05) The M e		
	VH1	Love & Hip I		Black Ink Cr		Love & Hip I		Black Ink Cr		Love & Hip		
	WGN	Man on Fire	('04, R) ★★★	₹½ Denzel Was	hington. HD	How I Met	How I Met	Rules HD	Rules HD	Норе но	Норе но	
Σ	HBOW	Everything (1	5) ★★★½ HD				The Leftove	'S HD	W.C. Boxing	: "Crawford Je		
PREM	MAXW The Knick (TVMA) HD Jupiter Ascending ('15						Tatum.	The Knick (T		Maps to the		
_	SHOWW	Homeland (T		The Affair (T		Homeland (T		The Affair (T		Margaret C		
		(1	, •••		·····/ •••	aa	· ······// ••••	(1	·····, •••			

WEDNESDAY EVENING

OCTOBER 28, 2015

I	JESDA	Y EVI	ENINC	ì		OCTOBER 27,				2015		
		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	
Ľ	ABC	Muppets	Fresh Off	S.H.I.E.L.D.	(N) HD	Wicked City:	"Pilot" (N)	Local	Jimmy Kimn	nel Live но	Nightline	
GAS	CBS	NCIS: "Viral"	(N) HD	NCIS: New O	rleans (N)	Limitless (TV	14) (N) HD	Local	Late Show (TV14) hd	Late Late	
Ø	NBC	Best Time E	ver HD	The Voice (N)) HD	Chicago Fire	(N) HD	Local	(:35) Tonigh	t Show hd	Late Night	
BROADCAST	FOX	Local Progra	ams			•		Local Programs		Local Programs		
1	ION	Criminal Mir	nds HD	Criminal Mir	ıds HD	Criminal Min	ds HD	Saving Hope	(TV14) hd	Saving Hope	e (TV14) HD	
Э.	A&E	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	Storage	
CABLE	AMG	Friday the 1	3th, Part II (81, R) Betsy P	almer. HD	Friday the 13		('82, R) ★½ D	ana Kimmell.	Fri. 13th Pt.	4 ('84) ★ HD	
S	ANIMAL	Nightmares				ed: "Loch Ness"	HD	Nightmares	(TVPG) HD		Nonsters HD	
	BET	Why Did I Ge	et Married To	o? ('10, PG-13) ★½ HD	Being Mary	Jane (N) HD	Being Mary	Jane но	Wendy Willia	ams (N) HD	
	BRAVO	Housewives	(TV14)	Below Deck	(TV14) (N)	The People's		Watch What	(:45) Below			
	CARTOON	King of Hill		Bob's HD	Cleveland		Dad HD	Family Guy	Family Guy	Robot	Squid HD	
	CMT	The Help ('11	I, PG-13) ★★>	★ ½ Emma Ston	e, Viola Davis.			•	•	Сорѕ но	Сорѕ но	
	CNN	Anderson Co	oper 360°	CNN Special	Report	CNN Newsro	om (N) HD	CNN Newsro		CNN Newsro	OOM (N) HD	
	COMEDY	Tosh.O HD			Tosh.O HD		Drunk (N)	Daily Show	Nightly HD	midnight	Tosh.O HD	
	DISCOVERY	Yukon Men (Yukon Men (Gold Rush (T		Alaska: Last		Alaska: Last	(TVPG) HD	
	DISNEY		wn ('06) н d		Star vs.		Jessie н D	Girl Meets			Good Luck	
	E!			Botched: "Breast Greedy" (N) HD					E! News (N)		Botched	
	ESPN	SportsCente					SportsCente		SportsCente			
	ESPN2	30 for 30 HD				30 for 30 нс				(Replay)		
	FAMILY	Monica the l		Hocus Pocus ('93, PG) ★★½				The 700 Club		ParaNormar		
	FOOD	Chopped Jui		Chopped (TV G) HD Chopped (TV G) (N) HD						Chopped (TV		
	FX		Saga: Break							irt 2 ('12, PG-1	13) ★★½	
	HGTV	Fixer Upper		Fixer Upper			Hunters	Fixer Upper		Fixer Upper		
	HISTORY	Oak Island (Oak Island (Oak Island (1		Oak Island: '		Oak Island (
	LIFETIME	Celebrity Wi		Celebrity Wi		Celebrity Wife Swap		Celebrity Wife Swap		Celebrity Wi		
	MTV)1, R) ★★½ M			Finding Cart				01, R) Method M		
	NICK			Full House		Full House		Friends	Friends	Friends	Friends	
	SPIKE		Ink Master			Sweat Inc. ()		Ink Master:		Sweat Inc. (
	SYFY	I Am Legend		Face Off (TVF	-, , ,	Face Off (TVP		Face Off (TVF	-,	The Dead 2:	(. ,	
	TBS				Big Bang		Big Bang	Conan (TV14)			Conan HD	
	TCM		Bombay! ('8			(:15) Love &				Jeanne Dieli		
	TLC		Cake Boss		Cake Boss	Our Little Fa			Cake Boss	Our Little Fa		
	TNT		asketball (Live			Inside the N				vs Chicago (Rep		
	TRAVEL	Bizarre Food		Booze Trave		Hotel Impos		Bizarre Food		Booze Trave		
	TV LAND		Christine		Raymond		Gaffigan	Queens	Queens	Queens	Queens	
	USA	Law & Orde		Law & Orde		Law & Order		Modern	Modern	Modern	Modern	
	VH1	Love & Hip I		Love & Hip I		New Jack Ci				111	White Men	
	WGN	Salem: "Blood		Manhattan (Parks HD	Rules HD	Rules HD	Норе но	Норе но	
Σ	HBOW	The Leftover					Amy Schum			('14, R) Keanu Reeves.		
PREM	MAXW		<mark>merica</mark> ('05, F			The Knick (T)	/MA) HD	The Brother			Zane's Sex	
	SHOWW	Homeland (T	VMA) hd	Inside the N	FL (N) HD	Notre Dame	Notre Dame	Inside the N	FL HD	Iverson (†12,	, NR)	

		8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
_	ABC	The Middle		Modern		Nashville (TV		Local	Jimmy Kimn		Nightline
SA.		Survivor Ca		Criminal Mir		Code Black (Late Show (1		Late Late
	NBC	The Mysteri					Bed; You" (N) HD		(:35) Tonight		Late Night
12		Local Progra				, ,		Local Local Progra		Local Progra	
 		Law & Orde		Law & Orde	r: "Sects"	Law & Order: "Ghosts"				Law & Order (TV14) HD	
ш	A&E	Duck Dynast	V HD	Duck HD	Duck HD	Duck HD Duck HD		Duck HD Duck HD		(:01) Duck Dynasty HD	
		Halloween ('		Halloween II	('81, R) ★★½	Jamie Lee Curtis. HD		Halloween III: Season of			
25		The Last Ala				Freeze Frame (N) HD				Alaskan Bush People	
	BET	Hustle & Flo	w ('05, R) ★>			#TheWestBr	ooks (N)	roomielover		Wendy Williams (N) HD	
	BRAVO	Los Angeles	(TV14)	Los Angeles	(TV14) (N)	Los Angeles	(TV14)	Watch What	Housewives	(TV14)	L.A.
	CARTOON	King of Hill	Bob's HD	Bob's HD		Dad HD	Dad HD	Family Guy	Family Guy	Robot	Squid HD
	CMT	Reba но	Reba но					PG-13) ★★★			Skull HD
	CNN	To Be Annou		This is Life		CNN Newsro		CNN Newsro	-	CNN Newsro	
					South Park			Daily Show			South Park
		Alaskan Bus		Dual Surviva		Pacific Warr		Alaskan Busl		Alaskan Bus	
	DISNEY	Girl ('12) ★★	I Didn't но	Best HD	Austin HD		Jessie HD	Girl Meets			Lizzie
	E!				B) ★★½ Ben A		Christina	E! News (N) i		Kardashians	
		(7:30) NBA Basketball (Live)				SportsCente		SportsCente		NBA (Replay) i	
						Baseball NBA HD		NFL Live HD		SportsCente	
		(:15) Dark Shadows ('12, PC						The 700 Club		Casper ('95, 1	
		Worst Cooks	S (TV G) HD	Worst Cooks			Mystery			Worst Cooks	
			13, R) ★★½ [American Horror Story Property Brothers HD	
		Property Br			American Pickers (N)		Hunters Hunters Great Wild North HD		Property Brothers HD American Pickers HD		
		American Pi									ckers HD
		Little Wome		Little Wome		Little Women: LA HD		Little Women: LA HD		Little Women: LA HD	
		Catfish: The		Are You the		Are You the					Middle HD
							Full House				Friends
		Ghost Hunte	Citizen ('09, I	Ghost Hunte		Paranormal		★★ Mark Wahl Ghost Hunte		Paranormal	Bad Boys
							Big Bang	Conan (TV14)			Conan HD
			itch Mountair			Frankenwee		Mr. Boogedy		Buxley Hall	
		My Big Fat:		Big Fat (N)		(:01) Little Po		Big Fat HD		(:02) Little P	
	TNT	Jurassic Par	rk III ('01, PG-	13) → → 16 Sar	n Neill un			13) ★★½ San		Lakeview Te	
		Expedition U		Expedition U		Expedition U		Bizarre Food		Expedition U	
							Raymond	Oueens		Oueens	Oueens
	USA		s Madea's Wi	itness Protec	ction ('12, PG-1	13) ** HD	Modern			NCIS: Los Ar	
		White Men C		Couples The		Couples The		Couples The			'90) ***
		Manhattan (How I Met			Parks HD			,	Норе но
		,	umber To ('14			The Leftover		Real Time M		_	Gumbel
			('05) ★★ HD					Chiwetel Ejiofor.			Chemistry
<u> </u>			Play It Forw			The Affair (T		Inside the N		Notre Dame	
	J.1.0 11 11	THIOUTE	i lay it i oi w	uru (10, 1411)		ino Anan (i	ima) ND	moide the M	בווע	nou o balle	i iuj it iib





CALL (916) 773-1111 TO ADVERTISE



ATHLON SPORTS

INSIDESATURDAY

A WEEKLY SPIN AROUND COLLEGE FOOTBALL





@ AthlonSports



/ AthlonSports



@ AthlonSports

Tide surging at right time

Bama defense will be tested by Vols' dual-threat QB Josh Dobbs

TENNESSEE AT ALABAMA

After enduring painful losses to Oklahoma, Florida and Arkansas, Butch Jones and the Vols broke through with a 38–31 win over Georgia two weeks ago. Some might not consider a seven-point win at home against Georgia that big of a deal, but this program was desperate for something positive to happen. The reason for Tennessee's success? Quarterback Josh Dobbs played by far his best game of the season, throwing for 312 yards and three touchdowns while rushing for 118 and two scores. This is the type of performance we expected to see on a consistent basis after Dobbs teased us with his potential late last season. Compiling gaudy numbers this week will be far more difficult. Alabama leads the SEC in total defense and is especially stout against the run. Bama is allowing only 70.9 rushing yards per game and 2.4 yards per attempt and has surrendered only 12 carries of 10 yards or more — by far the fewest in the SEC. Tennessee features two outstanding running backs in Jalen

Hurd and Alvin Kamara and the league's most mobile quarterback in Dobbs, but it's doubtful this team will enjoy much success on the ground Saturday afternoon in Tuscaloosa. The pressure will be on Dobbs and the Vols' talented but underachieving collection of wide receivers to make plays down the field. Alabama 31-21



Mitch Light Athlon Sports **Executive Editor**

@AthlonMitch

UTAH AT USC

Utah is undefeated and ranked in the top five in the latest Associated Press poll. The boys in Vegas, however, don't appear to be overly impressed by Kyle Whittingham's team, which is a three-point underdog this

week against a USC team that is 3-3 and unranked. The Trojans are fresh off a 41–31 loss at Notre Dame in the first game under interim coach Clay Helton. USC outgained the Irish 590-to-476 and held a 31-24 lead heading into the fourth quarter but could not make key stops on defense when it mattered most. Utah rallied with 20 unanswered points in the fourth quarter to beat Arizona State 34-18 in Salt Lake City on Saturday night. The Utes received solid contributions from quarterback Travis Wilson (297 yards, two TDs, no INTs) and running back Devontae Booker (118 yards two TDs). They will need Wilson to be at his best to win at USC. Utah 27-24

TEXAS A&M AT OLE MISS

Despite both teams' recent struggles — Ole Miss has lost two of three and A&M lost at home to Alabama on Saturday — this is still a pivotal game in the SEC West. Both teams have only one loss in league play, and both still have LSU, the only undefeated team in the SEC, on the schedule. Ole Miss isn't playing very well, but the Rebels are actually in a better position to contend than A&M at this point since they beat Alabama — the other team with one loss — head to head. The Rebels, however, will be lucky to reach the .500 mark in the league unless they start playing better on both sides of the ball. Hugh Freeze's team was thoroughly outplayed in Saturday's humbling 37–24 loss at Memphis. Injuries continue to mount, which has affected a roster that is loaded with top-end talent but lacks the depth of many of the other elite teams in the SEC. Texas A&M is also facing a tough week emotionally. There is no shame in losing to Alabama, even at home, but that game was viewed by many as a referendum on the Aggies' program. And once again A&M came up short in an effort to climb up a rung on the SEC food chain. The team that is in a better state mentally will have a huge edge in this game. Texas A&M 33-27

O.J. Howard and the Crimson Tide have won four straight games since losing at home to Ole Miss in Week 3.

TEXAS TECH AT OKLAHOMA

Baker Mayfield, who started seven games at Texas Tech as a walk-on two years ago, will face his former team for the first time on Saturday. And as Mayfield pointed out earlier this week, both programs appear to have benefited from his move from Lubbock to Norman. Mayfield is thriving in the Sooners' version of the Air Raid attack installed by new coordinator Lincoln Riley, while Texas Tech is in good hands with sophomore dual-threat Patrick Mahomes, who currently leads the Big 12 in passing with 374.0 yards per game. Mahomes has guided the Red Raiders to a 5–2 start highlighted by an impressive win at Arkansas and a near-miss in a 55–52 loss to TCU. This is clearly an improved team, and the doubters who questioned whether Kliff Kingsbury was going to make it long term at his alma mater have been silenced — for now. Oklahoma rebounded from its disheartening 24-17 loss to Texas by pounding Kansas State 55–0 in Manhattan. It was evident that Bob Stoops had his team ready to play. Oklahoma 48–41

WESTERN KENTUCKY AT LSU

LSU steps out of conference play for a tricky matchup with WKU, one of the elite offensive teams in the nation. The Hilltoppers, 6–1 overall with the lone loss by three points at Indiana, rank in the top 10 nationally in total offense (ninth, 535.4 ypg), passing offense (third, 407.1 ypg) and scoring offense (sixth, 44.0 ppg). Quarterback Brandon Doughty leads the country in completion percentage (74.1) and is averaging 387.0 yards per game with a 24-to-4 TD-to-INT ratio. Here's a reason for concern, however: In their only game against a quality defense, the Toppers were held to 246 yards and 14 points in a Week 1 win at Vanderbilt. Here's another reason for concern: Leonard Fournette. LSU 44-27

PRIME TIME PLAYERS

Luke Falk continues to shine for the muchimproved Washington State Cougars. The sophomore quarterback completed 39-of-50 passes for 407 yards and six touchdowns in a 52-31 win over Oregon State. ... Akrum **Wadley** entered Week 7 with a combined 35 yards on eight carries. On Saturday, the sophomore running back rushed for 204 yards and four touchdowns on 26 carries to help lowa improve to 7–0 with a 40–10 win at Northwestern. ... Corey Coleman caught 10 passes for 199 yards and scored three touchdowns in Baylor's 62-38 win over West Virginia. Coleman has set the Bears' single-season touchdown record (16) in only seven games. ... Coleman's quarterback, Seth Russell, threw for 380 yards and five TDs and added a career-high 160 yards rushing for

the undefeated Bears. ... Deshaun Watson threw for a season-high 420 yards and three touchdowns to lead Clemson to a 34-17 win over Boston College. ... Since returning from a two-game suspension, Rutgers wide receiver **Leonte Carroo** has scored touchdowns on six of his 14 receptions and has a combined 287 yards. On Saturday, Carroo caught seven passes for 157 yards in the Scarlet Knights' comeback win over Indiana. ... Memphis recorded arguably the biggest win in school history, thanks in part to another banner day from **Paxton Lynch**. The junior quarterback threw for 384 yards and three touchdowns in the Tigers' 37-24 win. ... Jared Baker, who had only 18 rushing attempts in the first four games, rushed for 207 yards and two TDs in Arizona's 38-31 win at Colorado.

Christian McCaffrey,

McCaffrey, the son of former Stanford great and NFL standout Ed McCaffrey, rushed for a schoolrecord 243 yards and

scored four touchdowns to lead the surging Cardinal to a dominating 56-35 win over UCLA Friday night. McCaffrey is averaging 180.0 rushing yards per game and 7.4 yards per carry in league play. He also has 16 receptions for 172 yards and is averaging 30.0 yards on kickoff returns. Stanford is 5-1 overall and 4-0 in the Pac-12.

RB, Stanford



Oklahoma had more yards on interception returns (62) than Kansas **62** State had passing yards (45) in the Sooners' 55-0 win over the Wildcats in Manhattan.

NUMBERS TO WATCH

Duke has allowed only six touchdowns in 2015, the fewest in the country. The Blue Devils rank second nationally to Michigan in scoring defense by 0.05 points per game.

Georgia beat Missouri 9-6 on Saturday in Athens, marking the first 20 time in 20 years that the Bulldogs won a game without scoring a touchdown.

There are four quarterbacks in the nation who have not thrown an interception (min. 100 passing attempts) – Mississippi State's Dak Prescott (225 attempts), Arizona's Anu Solomon (182), Florida State's Everett Golson (177) and LSU's Brandon Harris (108).

> Baylor has topped the 500-yard mark in 26 of its 32 games dating back to the start of the 2013 season. The Bears have had at least 600 yards 18 times during this stretch.

Photos: Howard: Chris Covatta; McCaffrey: Tom Lynn: Doctson: Layne Murdoch

STOCK REPORT

LSU QB Brandon Harris offense with an efficient effort in the win over Florida. Leonard Fournette was once again the focal point of the offense, but Harris kept the Gators' defense honest by completing 13-of-19 at-

Boise State's hopes of representing the Group of 5 in a New Year's Six bowl game for the second straight year all but ended on Friday night when the Broncos committed eight turnovers in a 52-26 loss at Utah State. Boise State, which lost at BYU in Week 2, is 5–2 overall and 2–1 in the Mountain West.

It might be a bit premature to label lowa as a legitimate threat to have emerged as the team to beat in the Big Ten West. Kirk Ferentz's team improved to 7–0 on Saturday with a dominating 40-10 win at Northwestern.

After a Week 3 win at Alabama, Ole Miss was considered by many to be the class of the SEC. Now, the Rebels are a fringe top-25 team after losing by 28 points to Florida and 13 points to Memphis in the last three weeks. Ole Miss closes the season with five straight games vs. SEC West opponents.

ATHLON SPORTS TOP 25

--- WWW.ATHLONSPORTS.COM

- 1. Baylor (6-0, vs. lowa State)
- **2. Utah** (6–0, at USC)
- 3. Clemson (6-0, at Miami)
- **4. Ohio State** (7-0, at Rutgers) **5. Alabama** (6-1, vs. Tennessee)
- **6. TCU** (7-0, Bye)
- **7. LSU** (6-0, vs. WKU)
- 8. Michigan State (7-0, vs. Indiana)
- **9. Stanford** (5–1, vs. Washington) **10. Florida State** (6-0, at Georgia Tech)
- **11. Notre Dame** (6-1, Bye)
- **12. Florida** (6-1, Bye) **13. Iowa** (7-0, Bye)
- 14. Michigan (5-2, Bye)
- **15. Texas A&M** (5-1, at Ole Miss) **16. Oklahoma** (5-1, vs. Texas Tech)
- **17. Memphis** (6-0, at Tulsa)
- **18. Oklahoma State** (6-0, vs. Kansas)
- **19. Temple** (6-0, at East Carolina)
- **20. Houston** (6-0, at UCF)
- **21. California** (5-1, at UCLA)
- **22. Ole Miss** (5-2, vs. Texas A&M)
- **23. Toledo** (6-0, at Eastern Michigan) **24. Pittsburgh** (5-1, at Syracuse)
- **25. Georgia** (5-2, Bye)

HEISMAN RACE

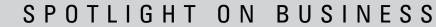
- 1. Leonard Fournette, RB, LSU Fournette continues to dominate for the undefeated Tigers. On Saturday, he rushed for 180 yards and two touchdowns on a season-high 31 carries in LSU's 35-28 win over previously unbeaten Florida.
- 2. Trevone Boykin, QB, TCU Boykin's dualthreat abilities were on full display Saturday as he threw for 436 yards and four touchdowns and rushed for 74 yards and one score in the Horned Frogs' 45-21 win at Iowa State.
- 3. Dalvin Cook, RB, Florida State Cook is emerging as the nation's top running back not named Leonard Fournette. The sophomore rushed for 163 yards and two touchdowns and also caught four passes for 60 yards in the Seminoles' 41-21 win over Louisville. Cook, who has been nursing a sore hamstring, is averaging 8.7 yards per carry this season.
- 4. Derrick Henry, RB, Alabama Henry delivered the best game of his career on Saturday, rushing for 236 yards and two touchdowns on 32 attempts as the Crimson Tide knocked off Texas A&M 41-23 in College Station.
- **5. Josh Doctson, WR, TCU** Doctson is the nation's leading receiver with 1,067 yards after catching 10 passes for 190 yards and two scores in the Frogs' win at Iowa State. Doctson has caught at least two touchdown passes in five straight games.



answered some lingering questions about the Tigers' tempts for 202 yards and two TDs.

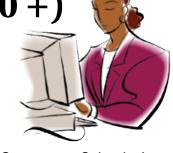
crash the College Football Playoff, but the Hawkeyes





Senior Computer School (50+)

Non Profit, All Volunteer Organization teaches to use the computer in a relaxed, even-paced atmosphere.



Are you a Senior Citizen (50+)? Do vou have a Microsoft Windows computer and want to learn how to use it?

Senior Computer School offers computer classes exclusively for Seniors. Core courses include Computer Fundamentals, Word Processing, Internet, and Excel. Each of these classes is six 2 ½ hour sessions, which meet either in the morning or afternoon on MWF or TTH.

The cost for these core courses is \$30 total for all 6 sessions. The cost includes lessons/manuals. Additional one or two 2½ hour session workshops are offered for \$5 per workshop.

Workshop titles include: Digital Cameras, Computer Maintenance, E Bay, Greeting Cards, Downloading, Windows 7, Storage and Backup Files, Flash Drives, etc, and Database.

Senior Computer School is a non-profit organization staffed by volunteer instructors, assistants, and office staff. We train 40-60 students every month with 8 to 16 students in each class. Step by step instructions are conducted with clearly written lessons. There is no need to take notes as the lessons are provided for you to keep after each session. Assistants provide individual help, as needed during each session.

The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.

Courses Offered:

(6 2½ hr Sessions) Computer Fundamentals I, Word Processing, Internet, Excel, Graphics

Also Workshops: (1 or 2 2½ hr Sessions) Digital Camera, Computer Maintenance, Greeting

Cards, Downloading, Organize and Edit Digital Camera Photographs, I Pads etc.

Workshops \$5 for each session. Everyone is welcome.

For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com

FREE CAREGIVER RESOURCE DAY

BONUS COUPON GREENIES

DOG TREATS

Chewy Texture Easy to Diges
•Teenies 22 Ct •Petite 10 ct

Regular 6 ct •Large 4ct
6 oz Pkg. Limit 2 Pkgs with Coupon

October 28, 2015 9:30 am - 1:00 pm **Cordova Neighborhood Church 10600 Coloma Road**

SIMPLE SOLUTIONS

TRAINING PADS

Rancho Cordova, 95670

(Corner of Coloma Road and Cordova Lane)

• Allen & Allen, LLP, Financial Planner / Tax Advisor • Aurora Counseling Center

TRUE CHEWS

All Varieties 12 oz Pkg 100% Natural Dog Treats

Selected Varieties - 3 Oz

Limit 4 Cans with Coupon

Price Valid Only With Coupon

Effective 10/21/15 - 10/27/15

Limit One Coupon Per Family

PREMIUM JERKY CUTS Ş

*Tug 'n Toss *Teoser Boll
*Romp 'n Boll *Soft Toys
*Bounce 'n Play *Tug
OUR SUPER LOW PRICES

HANSEN'S &
JASMINE NATURAL
BOBBI PANTER & BEBE & CECE
PROFESSIONAL
PET CARE PRODUCTS

BONUS COUPON

FANCY FEAST

ELEGANT MEDLEY

- Compassionate Crossings (Planning for end of life) • Elder Care Management of Northern CA
- (Caring and advocating for loved ones)
- Elder Law Attorney, R. Dustin MacFarlane Green Valley Hospice
- McIlwain Mobility Service
- (Equipment that promotes independence and mobility)
- Senior Care Solutions
- (Resources and facility placement of loved ones) Sierra View Mortuary



All Caregivers

Welcome

TETRA BOXED 10 GALLON TANK

With Economy Kit

KORDON WATER CONDITIONERS O.S.I. PREMIUM FISH FOOD

•Freshwater •Goldfish

BONUS COUPON

ARM & HAMMER

CAT LITTER DEODORIZER

20 Oz Box

Limit 2 Boxes with Coupon

Price Valid Only With Coupor

Just add Heater

Novaqua Plus 16 Oz

Limit One Coupon Per Family ct Price Valid Only With Coupon Price Valid Only With Coupon Effective 10/21/15 - 10/27/15 PLU 355 Effective 10/21/15 - 10/27/15

- Additional information from:
- Alzheimer's Association
- Del Oro Caregiver Resource Center

Call today to reserve your **FREE consultations** (Leave name & number) Rebecca: 916-966-9600 or Teresa: 219-324-8002

Care Givers

Sponsored by The Respite Club www.respiteclub.com

GEORGE S. 'SPANKY' ROBERTS TAI SACRAMENTO CHAPTER OF THE TUSKEGEE AIRMEN PRESENTS

5THANNUAL GALA

EDUCATIONAL ASSISTANCE FUNDRAISER

Saturday, November 14, 2015 Doors open @ 5:00pm

6:00 pm - 11:00 pm

Tickets \$75 pre-pay \$85 at the door





The George S. 'Spanky' Roberts TAI Sac Chapter of the Tuskegee Airmen invites you to their 5th Annual Gala. Come celebrate with the Original Tuskegee Airmen the 70th Anniversary of V-J Day, the end of WWII, at our 2015 Educational Assistance Fundraiser

Aerospace Museum of California **Mardie Satzer Pavilion** 3200 Freedom Park Drive, McClelan, CA 95662



European Masterworks

Sacramento Community Center Theater

Jonathan Dove | Psalms For Leo

MARCH 5, 2016 8PM

Franz Joseph Haydn | Harmoniemesse Vaughan Williams | An Oxford Elegy Antonín Dvořák | Psalm 149

MAY 14, 2016 8PM **Sacramento Community Center Theater**

(Area Premiere)

WELLS **FARGO**

SCSO Office

916.536.9065

CCT Box Office

916.808.5181 or

TICKETS.COM

Information | SACRAMENTOCHORAL.COM