



Critters Celebrate 106th Carmichael Birthday

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Carmichael Times

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Serving Carmichael and Sacramento County since 1981

September 18, 2015

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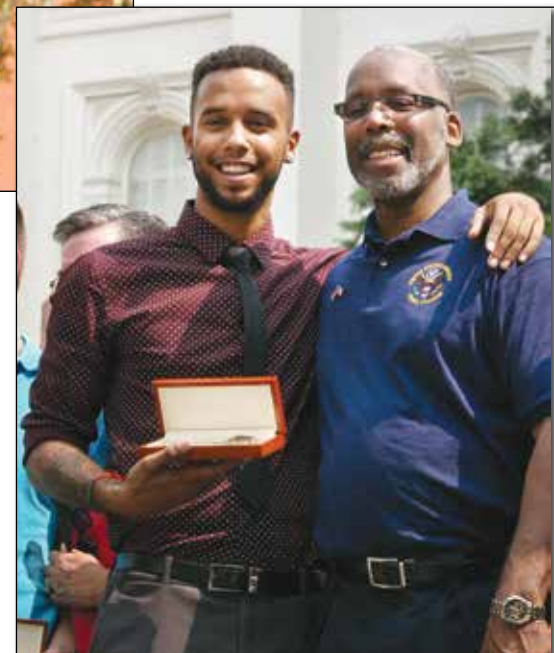


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Our Boys Are Back in Town Hometown Heroes Honored in Capitol Parade



Photos clockwise from top left: Riding a hero-mobile on Capitol Mall, Alek Skarlatos, Spencer Stone, and Anthony Sadler (from left) bask in cheers from 10,000 admirers—their actions to thwart a terror attack brought international fame for the Carmichael and Rancho Cordova-raised trio; Three generations of Stone and Skarlatos' Carmichael and Fair Oaks kin gather to celebrate; Firefighters and police officers joined observances for the 9/11 tragedy; CSUS student Anthony Sadler embraced proud papa, Anthony Sadler Sr.; Airman First Class Stone, National Guard Specialist Skarlatos, and CSUS student Sadler (from left) rejoice in their keys to Sacramento City; Supervisor Susan Peters and Assemblyman Ken Cooley greeted their famous constituents; Del Paso High School students were vociferous fans—alma mater to Stone and Skarlatos, the San Juan District school also supplied ROTC honor guardsman for the parade.

Story and photos
by Susan Maxwell Skinner



did little to hide an athlete's physique. Indeed, the three amigos were hotter than tar seal on a 100-degree Capitol Mall day.

Heralded by marching bands, drums, hoof beats, and cheers, they took the earlier procession—from Crocker Park to the State Capitol—in their formidable stride. At first indulging in selfies atop their gaudy float, they soon warmed to waving and hand-slapping duties. They stooped to shake hands with front row fans. They returned compliments from well-wishers. "Thank you, boys" was a phrase often yelled at the modest trio. At Fourth Street, the first confetti blizzard provoked onboard delight.

A jet fly-over and Mayor Kevin Johnson's keys to the city were icing on the Capitol cake. An hour of ovations later, our boys were ushered away. Tearful moms, proud dads, and awed young relatives awaited.

Accolades are far from over. Captain America Stone was moved to tears when a little girl asked if he were able to fly. Former Army National Guardsman Skarlatos once envisioned a police career. Now the Carmichael hunk is foxtrotting with the stars in Los Angeles. "At some point, our lives will probably return to their intended courses," he considers. "For now, we're just trying to figure out what we're doing next week." ★

SACRAMENTO REGION, CA (MPG) - Spencer Stone, Anthony Sadler, and Alek Skarlatos began a European vacation as ordinary tourists. The chums returned home as international heroes.

Armed with quick wits and aided by luck the Christian trio regarded as divine intervention, they prevented a massacre that might have turned a train ride from Amsterdam into murder on the European express. Disabling an armed-to-the-teeth terrorist is now their legend—and probably inspiration for future movies. Meantime, France's Legion of Honor award, TV appearances, and hero worship are their overwhelming lot.

But overcoming topped all previous thrills. "We've been all over the world these last couple of weeks," an emotional Anthony Sadler said at last week's Sacramento rally. "All the thanks we've received don't compare to being in front of our home crowd like this."

Carmichael-raised Spencer Stone was amazed by the adulation. "We all love you," he told a 10,000-strong crowd. In uniform, the Airman First Class lived up to the "Captain America" moniker from his training days. Sadler was sartorial in slacks, shirt, and tie; Skarlatos' polo shirt and jeans

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Bev's Angel Project Hosts Nifty 50s Classic Car Show



On September 20th, Bev's Angel Project will host a classic car show. To attend, please bring a new unwrapped toy for donation.

CARMICHAEL, CA (MPG) - Bev's Angel Project's annual Nifty 50s Classic Car Show will be held on Sunday, September 20th in the Carmichael Oaks parking lot at the corner of Marconi and Fair Oaks Boulevard from 9 a.m. to 3 p.m. Entry fee is a new unwrapped toy(s). Live rock & roll music will be provided by Todd Morgan and the Emblems from noon to 2 p.m.

Bev's Angel Project also presents the people's choice award

each year at this event. Each of the entrants and the general public can vote on their favorite car and the one with the most votes is the winner. The event is the Angel Project's kickoff to their gift collecting for the holiday season, as each participant brings one or more toys for their entry fee.

Angel Project serves over 3,000 local children and families, providing them with

stuffed animals, wrapped toys, gloves, hats, stuffed stockings, books, games, and more. Mrs. Claus and her helpers visit school classrooms, hospitals, crisis nursery, St. John's Women's and Children's Center, and more.

If you would like to support the project and donate toys or other needed items, please call Jan at (916) 402-7202 or Judee at (916) 483-6503, or email topcrdrv1@comcast.net.

Source: Judge Shoemaker ★

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Senator Gaines' Privacy Package Bills Head to Governor

Drone-Related Bills Receive Unanimous, Bi-Partisan Support in Senate and Assembly

SACRAMENTO REGION, CA (MPG) - Senator Ted Gaines (R-El Dorado) announced on September 4th that two of his bills related to drone-use—Senate Bills 170 and 271—passed out of the Senate with unanimous, bi-partisan support and are now headed to the Governor.

"Privacy issues, especially in today's fast-paced internet and technology era, are among the most important policy issues facing Californians," said Senator Gaines. "We must protect the public's right to privacy and more importantly, their safety, from inappropriate drone-use. These bills address this new reality and I am hopeful the Governor will sign them into law."

SB 170 makes it a misdemeanor to fly a drone over a prison or county jail, impeding a drone operator's ability to drop contraband.

Keeping contraband out of prisons and county jails is critical to running safe and orderly facilities. With public access to drones increasing, this issue is becoming even more of a challenge. As drones become smaller and easier to operate, virtually anyone will be able to use the device to drop contraband into a prison or county jail. Drones can also be used to gather sensitive information from inside of prisons. This information can be used for a variety of dangerous exploits, including inmate escapes and prison riots. Placing restrictions on the use of drones over



Senator Ted Gaines (R-El Dorado)

prisons and jails helps prevent these situations.

SB 271 safeguards children from kidnapping, harassment, stalking, or a host of other potential harm by making it illegal to fly drones over public schools, grades K-12, during school hours. The bill also makes it illegal to capture images of the campus during school hours or during extracurricular activities.

This bill is intended to stay ahead of the technological curve by providing a safeguard for children while they are at school and provides an important layer of privacy to students at a place that should be a sanctuary.

Senator Ted Gaines represents the 1st Senate District, which includes all or parts of Alpine, El Dorado, Lassen, Modoc, Nevada, Placer, Plumas, Sacramento, Shasta, Sierra, and Siskiyou counties.

Source: Office of Senator Ted Gaines ★

Critters Celebrate 106th Carmichael Birthday



Event grand marshal Dinger (left) will appear at Carmichael Founders Day on September 26th. The River Cats baseball team mascot and a gathering of other larger-than-life critters invite families to join the community's 106th birthday celebrations.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Once a colony, now a proudly unincorporated community in Sacramento County, Carmichael marks its 106th anniversary on Saturday, September 26th.

As part of family-oriented celebrations, a cast of celebrity mascots—including a dancing duck, McGruff the Crime Dog, Chuck E. Cheese, and Water District icon Mister Leaky—will join forces in the event's first Parade of Mascots. Children, dogs, and bikes are welcome to join an informal parade. River Cats baseball team booster Dinger is the critter headliner.

A day-long festival in Carmichael Park commemorates the 1909 launch of a real estate venture by town founder Daniel

Carmichael. History aside, the anniversary promises much Americana. A pancake breakfast kicks off celebrations at 8:30 a.m. The 10 a.m. flag presentation and opening ceremonies will be orchestrated by the El Camino High School pep band. A rock band will later present a concert. A classic motor car show will form ranks on the Grant Avenue and Fair Oaks Boulevard corner.

Children's attractions include carnival games, a petting zoo, bounce houses, a doggie fashion show, a Boy Scout camp-out, and a visit from local firefighters. Super mascot Dinger makes his photo-op appearance after 12:30 p.m. Food and beverages will be available for purchase.

Anyone may attend the Founder's Day festivities; most attractions are free. For more information, call (916) 485-5322. ★



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Carmichael Oaks Parking Lot - Carmichael

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Jesuit High School - 1200 Jacob Ln. - Carmichael
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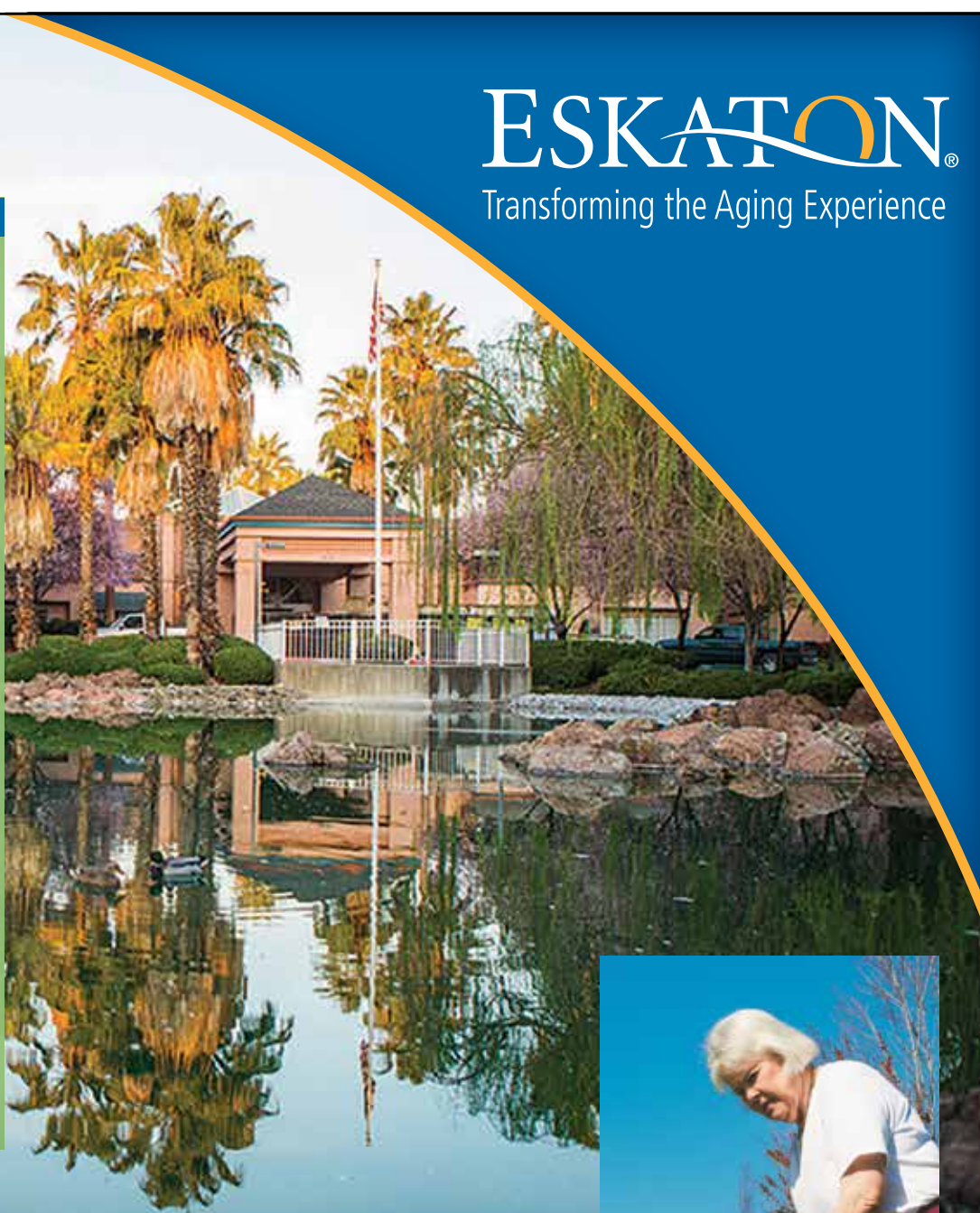
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 - Are not
 - Tiny toiler
 - Haul up
 - *Hair trend-setting friend
 - *Lady Mary or Lady Violet
 - Immeasurable period
 - Herring-like food fishes
 - Commonwealth of Independent States
 - Gaspar, Balthasar and Melchior
 - Opposite of lead
 - Burden
 - *Most of the characters in Oz
 - Sound of a fast move
 - Harbor ill feelings
 - Greyish brown
 - South American monkey
 - Army doc
 - Good earth
 - State of irritation
 - Trail
 - Functions
 - Fraternity
 - Stir fry pans
 - Indefinite degree
 - *Gandolini's character
 - Ancient theaters
 - Not our
 - Found at the end of a series
 - More wry
 - What sitcom did
 - Zeppelin
 - Opener
 - Recipe direction
 - Sometimes they just pop up
 - City in North Rhine-Westphalia

DOWN

- Calypso cousin
- Unit of pressure
- a² of a square
- Made of pickets
- 6 feet, to a captain
- "Because of Winn-Dixie" protagonist
- *Mad Man
- Dine and
- Flat-bottomed boat
- Work hard
- English river, of Virginia Woolf fame
- Bohemian
- What Peter Pan lost
- Perform in a play
- Luftwaffe's WWII enemy
- Like a curvy line
- *Given name of Seinfeld's neighbor
- Lay to rest
- Blue fabric in Elvis song
- Guarded by Hope Solo
- Land parcels
- Under fig leaves?
- Plural of ostium
- *a.k.a. Heisenberg
- of whiskey
- R&R destinations
- Make corrections
- English playwright Noël
- 4 Blondes, rock band
- *The youngest Griffin
- Aussie bear
- French brass, pl.
- Bayonet wound
- Home to Columbus
- Prefix with scope or meter
- Cambodian money
- Horse's chances
- Things to pick
- Dehydrated
- *Eddard Stark, for short
- *He played Opie Taylor

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			2	3	9	4	
3			8				7
					2		
5			4		8		
	8	1				4	2
		4		5			3
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1				3			2
	6	5	8	9			

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

Come back every week for Crossword and Sudoku!



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with Realtor, Developer
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Ellen Herrle

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Q&A with Buyers & Sellers

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A: The market is as good as it is likely to get, especially for those with credit concerns. Right now, both buyers and sellers can make deals work with current low interest rates, especially if you are able to show a positive credit history and put 10% into the purchase. That coupled with recovering prices and growing inventory offer value, selection and opportunity...at present. When rates go up, credit rules tighten and some will be 'locked out' of their dream home. So, act now! As I write this, the Federal

Reserve is thinking rates may rise this month, or soon depending on market and global influences.

For those who get in touch each month you'll also receive one of three pamphlets on buying and selling strategies, and be entered in a random drawing for a **dinner for two** at one of our great Sacramento or Placer restaurants!

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Next time: Scary mortgage and lending trend changes in the works! ★

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POPPOFF!

with Mary Jane Popp

our upbringing and environments, from parents and teachers to books, the internet, TV, movies, and travel. We're all on a grand journey. It's like going through several phases of our own reality show. *Happy 95% of the Time* describes in detail the three primary ways to overcome low self-esteem, stress, anxiety, and depression.

Be Happy 95% of the Time

Can you be happy all the time? How about 95% of the time? Sounds like a plan to me, and it did for Dr. Doyle Staples. He has been changing lives for more than 30 years. His journey into self-discovery began as a young adult when he suffered from stress, anxiety, and depression. So he went in search of finding ways to overcome negativity. He went on to become an Air Force Officer, a career diplomat, a corporate executive, a college professor, and a respected author with books like *Think Like a Winner* and *May the Healing Begin*.

Now comes *Be Happy 95% of the Time*, his new book featuring three simple ways to overcome depression and feel content almost all the time. It explains how our attachment to our ego can only create dysfunction and suffering in our lives, resulting in fear, guilt, regret, depression, and despair. He contends we need to awaken to a new consciousness and experience a new beginning. According to Staples, each stage in our development corresponds to an equivalent stage in the level of our consciousness or awareness. This expands as we discover new truths and experience new things. Our education is a mixture of inputs from

1) COGNITIVE BEHAVIORAL THERAPY

This is an example of Western, left-brain analytical thinking.

2) PRACTICAL SPIRITUALITY. This is an example of Eastern, right-brain mystical thinking.

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This is an inner-body, contemplative approach designed to manage our internal thought processes in order to calm the mind.

He had some thought-provoking ways to think about life. "We have to know imperfection before we can know perfection. We have to be hurt before we can heal. We have to be broken before we can know bliss. It's a journey many of us are forced to take." Staples gave me some powerful strategies to overcome depression and despair.

1. Self-Talk/Affirmations (I'm Worthy and I Can)

2. Visualization/Positive Imaging

3. Quiet Contemplation (Spending Time In Nature)

4. Regular Sleep Habits

5. Daily Exercise (Walking/Running/Paddling/Etc.)

6. Diet and Nutrition (Natural and Home-Cooked)

7. Learn (Apply Critical Thinking)

8. Practice Regular Mindful Meditation

9. Understand/Develop/Respect Your Spirituality (E.G. Being At One With Nature)

10. Develop A Personal Interest/Hobby/Activity

11. Engage in Outdoor Recreation (E.G. Hunting/Fishing)

12. Read Articles, Books, and Personal Anecdotes About Despair/Depression, its Causes, and How to Manage and Overcome it

It's beginning with 12 drug-free, self-administered ways to stop depression and find happiness. The goal is to help manage and control your thoughts, mood, and feelings. Here are a couple of the 50 memorable quotations from *Happy 95% of the Time*. "It is always your mind, and only your mind, that gets you into trouble; it follows that only your mind can get you out of it." And this one is my favorite: "Most people believe that the next moment is more important, and will be more interesting than the present moment, the moment at hand. This, it could be argued, is the greatest curse of humankind."

I'll finish with my own thought. Enjoy today. It's the best present you can give yourself! ★

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Paul V. Scholl

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ARIES (March 21 to April 19) Although practical situations continue to dominate this week, there's time for the Lamb to indulge in the fun things in life -- like maybe taking a special someone out for a great evening.

TAURUS (April 20 to May 20) This week favors relationships. Take time to renew old ones, and make time to go where new friends can be found. On a more practical note, expect news about a business deal.

GEMINI (May 21 to June 20) You should be seeing some progress on that new workplace situation. Meanwhile, family matters might demand more attention, and you'll want to set aside time to deal with them.

CANCER (June 21 to July 22) A relationship suddenly might present some challenges you never expected. After talking things out, you might want to consider taking some time to assess what you've learned.

LEO (July 23 to August 22) A disappointing response to a request might dampen the Lion's spirits. But you might want to ask the reasons behind it. What you learn can be of great importance in a future undertaking.

VIRGO (August 23 to September 22) A once-volatile situation should be settled by now, giving you a

chance to refocus on a project you've been planning for. Look for an interested party to rally to your support.

LIBRA (September 23 to October 22) A business matter that unexpectedly turns into a personal situation could create complications. Best to resolve the matter now before too much harm can be done.

SCORPIO (October 23 to November 21) Emotions can run high when they involve personal matters that no one really wants to talk about. But this could be a good time to create the means to a workable outcome.

SAGITTARIUS (November 22 to December 21) A positive response to a workplace request could lead the way to other long-sought changes. Congratulations. A personal situation also takes a welcome turn.

CAPRICORN (December 22 to January 19) Patience pays off, as that once-overwhelming work situation continues to become easier to handle on a one-by-one basis. Look for positive news from a colleague.

AQUARIUS (January 20 to February 18) It might be a good idea to take more time to reassess your next move in working out a complex situation. You could benefit from a new perspective on the matter.

PISCES (February 19 to March 20) You might want to consider making time to discuss a change of plans with everyone concerned.

Be prepared to explain your actions. Also be prepared to listen to alternatives.

BORN THIS WEEK: You have a strong sense of what is right, and you try to work from that foundation. Friends see you as reliable.

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Strange BUT TRUE

- The name Samantha is thought by some to be a combination of the biblical name Samuel and anθος, the Greek word for flower. During Puritanical times the name became associated with witchcraft, causing a steep decline in its usage. When the TV series "Bewitched" premiered in 1964 -- featuring a witch named Samantha -- the name began steadily gaining in popularity. By 2009, it was the ninth most popular name for girls born in the U.S.
- If you're in the state of Washington and decide to paint polka dots on an American flag, you should be aware that you're breaking the law.

top ten WORST DRIVING BEHAVIORS

1. Texting
2. Tailgating
3. Hogging left-lane
4. Crawling
5. Multitasking
6. Drifting
7. Selfish
8. Swerving
9. Speeding
10. Honking

Source: Expedia Road Rage Report

The Garden Bug

To make soil more acidic:

- Mix in 1.2 oz. of ground rock sulfur per square yard for sandy soils, 3.6 oz. per square yard for all other soils.
- Sawdust, composted leaves, wood chips, cottonseed meal, leaf mold and especially peat moss will lower soil pH.
- Plants that like acidic soil include azaleas, rhododendrons, hydrangea, gardenias, camellias, holly shrubs, crepe myrtles, calla lilies and pine trees.

— Brenda Weaver
Sources: www.thegardenhelper.com; www.gardeningknowhow.com



By Sam Struckhoff
EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Sept. 14, 2015.

PICKS OF THE WEEK

"Marvel's Avengers: Age of Ultron" (PG-13) -- Genius inventor and Iron Man, Tony Stark (Robert Downey Jr.), creates a powerful artificial intelligence that's supposed to keep the peace. The program, Ultron (voiced by James Spader), concludes that peace on earth starts with killing the Avengers. The Hulk, Captain America, Thor, Black Widow, Iron Man and Hawkeye demonstrate the value of teamwork through a series of intense battles with evil forces and each other. Also joining the fray are Scarlet Witch and Quicksilver, super-powered siblings from the X-Men world.

These characters are more developed than the last time, and there are more of them, but that doesn't produce the same fun atmosphere. What once was a box-office blast starts to look like another "Expendables" sequel with brighter colors. It's still an exciting flick, but Marvel had better learn some new tricks before getting the gang back together again.



Melissa McCarthy in "Spy"

"Spy" (PG-13) -- Melissa McCarthy stars as a CIA agent launched from her usual office-work into the field of high-stake espionage. Susan (McCarthy) normally watches over her CIA colleagues, feeding vital information from a secluded office. When all the more Bond-like agents fall, the Company's

best bet is to send in Susan, the last person the bad guys would suspect of being a spy. Jason Statham does an excellent parody of his usual badass character, and Rose Byrne nails it as a haughty Euro-villain who trades eloquent insults with the more grounded McCarthy. Melissa McCarthy gets back on her feet after some flop turns in less-funny movies like "Tammy." The laughs in this movie show that she hasn't hit the edges of what she's capable of. It's also another gold star for director Paul Feig, who worked with McCarthy on "Bridesmaids" and has my hopes up for the new "Ghostbusters" movie he's directing.

"Entourage" (R) -- As somebody who never watched the show on HBO, I wasn't sure if this was a movie or somebody's exercise in getting as many confusing cameos as possible. Of the characters who aren't cameos, there's a young actor named Vince (Adrian Grenier), and we're asked to care about the future of his Hollywood career. The poor, bland guy is just a few million short of finishing his terrible-looking Jekyll and Hyde remake, while the other characters around him -- all sporting silly bro-names as if being a man with friends makes you a fighter pilot -- confirm that it truly is a great movie worth making.

"Cop Car" (R) -- Two young boys running away from home come across an unoccupied police car and take it for a joy ride. It seems like fun because they don't know what's in trunk, or that the car belongs to a twisted sheriff in the middle of a deadly scheme. Kevin Bacon stars as the corrupt lawman, playing him as a dangerously devious villain with an unsettling spark of aggression in his eyes and mustache. From the start you fear for these boys -- even if they are mischievous and foul-mouthed -- as they get in over their heads in scenic rural America.

TV RELEASES

"Outlander: Season One - Volume Two: Collector's Edition"
"Grimm: Season 4"
"George Gently, Series 7"
"Bones Season 10"
"Vera, Set 5"

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by HEALTHY EXCHANGES

Microwave Peanut-Apple Crumble

Apples and peanut butter! One bite and you're a goner!

- 4 cups (4 medium) cored, peeled and sliced cooking apples
- 1/3 cup peanut butter-flavored chips
- 1/2 cup fat-free half & half
- 1/2 cup plus 1 tablespoon all-purpose flour
- 1/2 cup quick oats
- 1/4 cup Splenda Granular
- 1/2 teaspoon ground cinnamon
- 2 tablespoons light margarine
- 3 tablespoons reduced-fat peanut butter

1. Spray a microwave-safe 8-by-8-inch baking dish with butter-flavored cooking spray. Evenly arrange apple slices in prepared baking dish.
2. In a 2-cup microwave-safe measuring cup, combine peanut butter chips and half & half. Microwave on HIGH for 60 seconds or until mixture is smooth, stirring every 20 seconds. Drizzle mixture evenly over apples.
3. In a large bowl, combine flour, oats, Splenda and cinnamon. Add margarine and peanut butter. Mix well using a pastry blender or 2 forks until mixture becomes crumbly. Sprinkle crumb mixture evenly over apples. Lightly spray top with butter-flavored cooking spray.
4. Microwave on HIGH for 10 to 12 minutes or until apples are tender. Place baking dish on counter and let set for 5 minutes. Divide into 6 servings.

* Each serving equals: 240 calories, 8g fat, 6g protein, 36g carb., 161mg sodium, 47mg calcium, 4g fiber; Diabetic Exchanges: 1 1/2 Fat, 1 Starch/Carb., 1 Fruit.

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ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-001832254

WHEREAS, Andres Gutierrez and Ana Cecilia Sanchez Mercado has filed a petition with this court for a decree changing the name(s) of Alejandro Gutierrez to Alejandro Gutierrez Sanchez (Seeking an order that "Gutierrez Sanchez" is a last name).

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 29, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 19, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
PETTINATO 150901 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183766

WHEREAS, Andrew and Sonia Woodruff, on behalf of Marston Woodruff have filed a petition with this court for a decree changing the name(s) of Marston True Woodruff, II to Julian Marston Woodruff.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: September 18, 25, October 2 and 9, 2015
WOODRUFF 150909 10-9-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00184018

WHEREAS, Savita and Rajinder Dhalwal have filed a petition with this court for a decree changing the name(s) of Savita to Savita Dhalwal, Tania to Tania Dhalwal, Ritik to Ritik Dhalwal. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 9, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: September 18, 25, October 2 and 9, 2015
DHALLIWAL 150909 10-9-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183776

WHEREAS, Marianne Leonor Villagracia Apli has filed a petition with this court for a decree changing the name(s) of Marianne Leonor Villagracia Apli to Marianne Leonor Villagracia Apli-Carlson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
APL 150904 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183733

WHEREAS, FNU Daud and FNU Masooma have filed a petition with this court for a decree changing the name(s) of FNU Daud to Dawood Rahimi, FNU Masooma to Masooma Panahi, FNU Hadi to Hadi Rahimi, FNU Hania to Hania Rahimi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 13, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
David I. Brown, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
RAHIMI 150902 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183781

WHEREAS, Lisa Rae Eckert has filed a petition with this court for a decree changing the name(s) of Lisa Rae Eckert to Lisa Rae Minchau.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 19, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
David I. Brown, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
ECKERT 150903 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182099

WHEREAS, Edna Pauline Brinkley has filed a petition with this court for a decree changing the name(s) of Edna Pauline Brinkley to Edna Emjay Torres.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 22, 2015
David I. Brown, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
BRINKLEY 150903 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183749

WHEREAS, Maurice Bolden has filed a petition with this court for a decree changing the name(s) of Maurice Bolden to Maurice Wilson.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
David I. Brown, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
BOLDEN 150904 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183755

WHEREAS, Timothy Robert Martinez has filed a petition with this court for a decree changing the name(s) of Timothy Robert Martinez to Timothy Robert Carrillo.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
David I. Brown, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
MARTINEZ 150908 10-2-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183755

WHEREAS, Timothy Robert Martinez has filed a petition with this court for a decree changing the name(s) of Timothy Robert Martinez to Timothy Robert Carrillo.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 2, 2015
David I. Brown, Judge of the Superior Court
Publish: September 11, 18, 25 and October 2, 2015
MARTINEZ 150908 10-2-15

Save Our Water Launches "Fix It For Good" Public Education Campaign

SACRAMENTO REGION, CA (MPG) - Save Our Water— California's official statewide conservation education program—launched its "Fix It For Good" public education campaign at a turf replacement demonstration event put on by the California Department of General Services at the State Capitol. The campaign urges Californians to "Fix It For Good" by making permanent changes to save water by rethinking their yards, going water efficient with new toilets and fixtures, and fixing leaks.

"Save Our Water's message this summer asked Californians to take extraordinary and immediate actions to save water, which helped the state reach a 31.3% reduction in water use in July," said Jennifer Persike, Deputy Executive Director of External Affairs and Operations of the Association of California Water Agencies.

"As we shift into fall, Save Our Water is building on that water conservation momentum and asking Californians to consider permanent changes with the "Fix It for Good" message."

"Fix It For Good" campaign elements include billboards, outdoor media, traditional and digital radio, digital and social media, direct mail, theatre ads, and on-the-street efforts that will be seen and heard throughout areas of the state facing the highest water-use reduction targets set by the State Water Resources Control Board. The campaign also includes Save Our Water's first television commercial, "Helping Hands," which challenges Californians to face the drought together. The commercial started airing during Labor Day weekend in English and Spanish on ABC, CBS, NBC, Univision, Telemundo, and Fox networks in six targeted media

markets: Sacramento, Fresno/Bakersfield, Chico/Redding, Central Coast, Inland Empire, and Palm Springs.

"It is more important than ever to remind Californians that we have to keep saving water as we move into fall and winter," said Mark Cowin, Director of the California Department of Water Resources. "Even facing a strong El Nino, there are no guarantees that California's historic drought will end this winter."

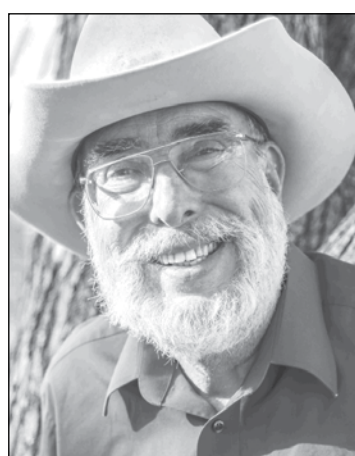
Save Our Water's website is available in both English and Spanish and is filled with tips, tools, and inspiration to help every Californian find new and creative ways to conserve. From tips on how to keep trees healthy during the drought to an interactive section allowing users to visually explore how they can save water both inside and outside the home, Save Our Water has a wealth of resources

available for Californians.

Throughout the drought, Save Our Water has aimed to give Californians tools and tips to help everyone easily conserve every day at home and at work. Save Our Water connects with Californians on its Facebook page and through Twitter and Instagram accounts.

Governor Edmund G. Brown Jr. has directed the first-ever statewide mandatory water reductions in California, calling on all Californians to reduce their water use by 25% and prevent water waste. Save Our Water is a partnership between the Association of California Water Agencies and the California Department of Water Resources.

Source: California Department of Water Resources



There's a word, thought Dud, silently. A word to describe this ... this pristine fall morning sitting here in a blind with a bow and arrows and anticipation of finding the same buck we saw last year. Maybe this year we'll have a safe shot at him.

This world, this tiny world around me. Right now. There's a word. Look at that deer track just to my right, for example. See the edges of it begin to crumble? That tells me it is maybe an hour old, because it takes that long for the mud walls of the track to dry enough to flake off.

When did I learn that? Which old timer told me about that? My granddad? He was a hunter all right, and I learned a lot from him, but there's this feeling in the back of my brain that it came

Slim Randles' HOME COUNTRY

Microcosm

from someone else. Bert? Hey, maybe Bert. Bert was a guide in his younger years and he showed me all kinds of things out here.

Dud smiled to himself behind the camo gauzy face mask. It's almost impossible not to smile on a morning like this one. Even if it rains, I'll still smile, he thought. He felt like telling that pine tree over there ... Hey, I'm back. Dud Campbell. Remember me? The tree looked the same as it did last year and the same as it did when he sat right here as a 10-year-old boy with his grandfather. I guess some things change and some don't. That big rock down by the creek will probably never

change. Not even after the pine tree decays and falls someday long into the future.

A movement by his left foot caught his eye and he looked down without moving his head. It's an art form for a hunter. And there was a deer mouse, poking up out of the leaf litter, looking around and going back down, but slowly and unafraid.

Dud smiled again. I fooled him. Maybe when that buck comes along ...

But that word. Come on, you're writing a book, you should know that word for this

little world you create, you visit, each fall morning like this one.

Oh yes. Microcosm. The blissful microcosm of a hunter.

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NOTICE TO BIDDERS

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1 December 2015 – 30 November 2016

(Renewable for up to four additional annual cycles)

Mission Oaks Recreation and Park District invites bids for the annual contract for Landscape Management Services. This contract is for recurring work to manage the grounds of the District's 17 sites, with a total of approximately 100 acres of parks and facilities. Specifications and bidding instructions are available electronically on the District website: <http://morpdparks/ParkProjects.aspx> Paper copies of the bid documents will not be distributed.

This is a public works contract subject to compliance monitoring and enforcement by the Department of Industrial Relations. No contractor or subcontractor may be listed on a bid proposal, nor be awarded a contract for, a public works project unless registered with the Department of Industrial Relations pursuant to Labor Code section 1725.5 [with limited exceptions from this requirement for bid purposes only under Labor Code section 1771.1(a)]. This project is subject to compliance monitoring and enforcement by the Department of Industrial Relations.

A MANDATORY pre-bid meeting and facility tour will be held on 25 September 2015 from 9 AM to Noon. Bids will be returned unopened to those bidders not attendant at the pre-bid meeting and tour. Interested bidders are encouraged to register beforehand with the District by email to tjnewman@morpdpd.com The District will receive bids until 2:00 p.m., Tuesday, 6 October 2015, at Mission Oaks Recreation and Park District, 3344 Mission Avenue, Carmichael, CA 95608 Attn: TJ Newman, Director of Parks. Bids received after this time will not be accepted. Bids must be submitted on the Bid Form contained in the bid package. Bids submitted in any other form will not be accepted. The District reserves the right to waive any irregularities and to reject any and all bids.

Published in the Carmichael Times on September 11 and 18, 2015.

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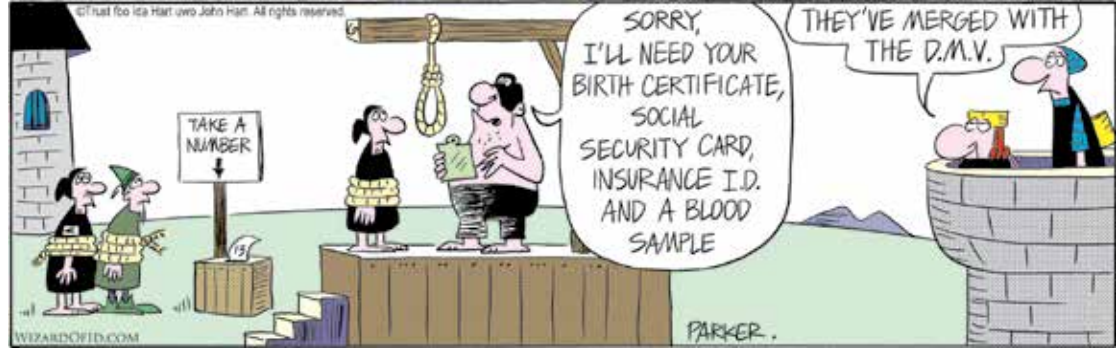
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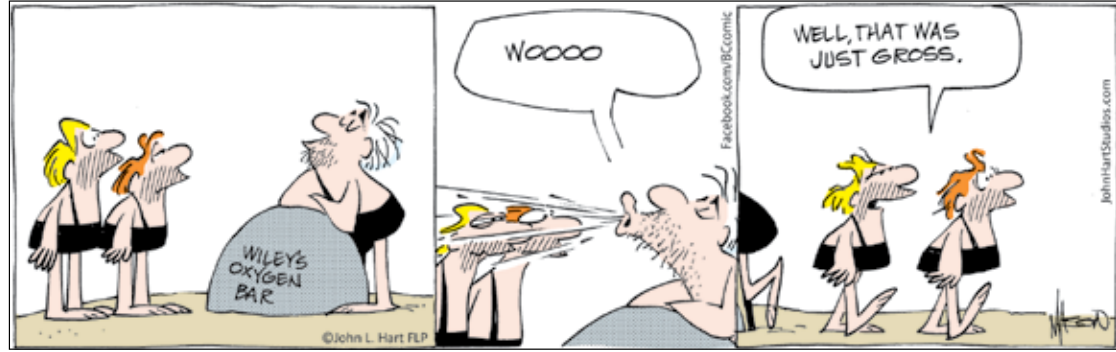
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Carmichael Recreation and Park District

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Pancake Breakfast hosted by the Lions Club 8am - 11:30am
 Huge Classic Car Show hosted by the Cappuccino Cruisers
 A Parade of Mascots at 12:30pm with Dinger, Warden Grizzly, Mc Gruff the Crime Dog and many more!
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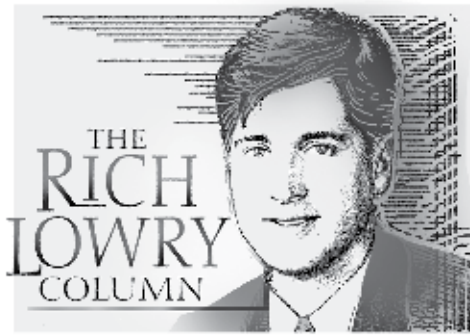
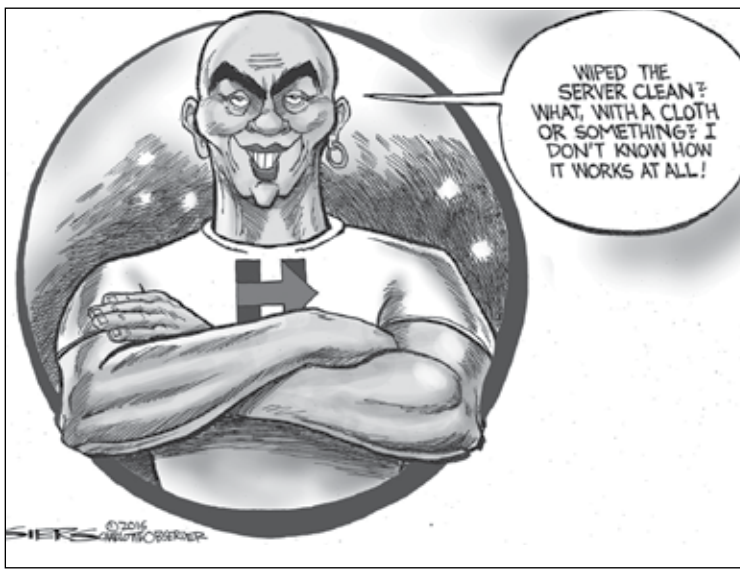
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Ben Carson, a Superior Outsider

By Rich Lowry

While Jeb Bush feuds with Donald Trump and others kowtow to him, only one candidate is seriously gaining on him.

Ben Carson is now tied with Trump in one Iowa poll and is close in others. His rise suggests that it's possible to catch the populist wave roiling Republican politics and yet not be an obnoxious braggart. Ben Carson is a superior outsider to Donald Trump.

He is more gentlemanly and more conservative, with a more compelling life story. He is a man of faith who, despite his manifest accomplishments, has a quiet dignity and winsome modesty about him. Ben Carson is a throwback, whereas Donald Trump is a boldfaced name straight out of our swinish celebrity culture.

What they have in common is that they are political neophytes who are memorable communicators precisely because they speak and carry themselves so differently from other candidates. The similarities stop there.

Carson aced the Fox debate when in his closing statement he didn't puff himself up and attempt to soar like candidates always do, but gently said a few nice things about his background as a surgeon, with a touch of humor. It was a hit.

If you like your outsider not to favor higher taxes, not to have once opposed the ban of partial-birth abortion, not to speak favorably of socialized medicine and not to have been an erstwhile booster of Nancy Pelosi and Hillary Clinton, Ben Carson (or Carly Fiorina) is a much better bet than Donald Trump.

And Carson is altogether a more sympathetic figure. He rose from nothing; Trump took over the family real-estate business. Carson's mom was one of 24 kids, had a third-grade education and worked as a domestic; Trump's father amassed a fortune of \$300 million.

Carson is a serious Christian who has a powerful testimonial about getting down on his knees as a young man unable to control his temper and saying, "Lord, unless you help me, I'm not going to make it."

Trump says he likes "The Art of the Deal" better than any book except the

Bible, but he appears to have read just one of them.

Trump is, to say the least, of a different mold. He is a successful creature of our culture of conspicuous display and tasteless braggadocio. It's no accident that he that he names everything after himself.

Carson has certainly made the most of his own renown, churning out best-sellers and raking in the speaking fees, but it's impossible to imagine him engaging in juvenile insult wars with random targets of his ire. Or imagine him calling a female journalist a "bimbo" for asking unwelcome questions. Or commenting crudely on women's appearances.

Ben Carson stands for something different. His personal story shows how true class isn't about riches, but about character. Donald Trump has all the finest things and, I'd hazard to guess, barely as much class as Ben Carson's penniless mother struggling to raise her sons had in her pinky.

If conservatives want to flirt with or support an unconventional candidate, Carson provides the opportunity to do it without a guilty conscience.

Rich Lowry is editor of the National Review.

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Preparing Pets for Disaster

DEAR PAW'S CORNER: My son's two cats will not use the litter boxes at all! They will defecate in them, but only urinate on the carpet or floor. We helped him clean the carpets, which seemed to help some, and blocked off areas they were urinating on. But now they just go in a different spot. Our vet said to take the lids off the three boxes, but that didn't work. What will help stop the madness? -- Tim H., via email

DEAR TIM: Litter-box avoidance is one of the biggest issues cat owners can have. Even when you rule out most of the possible causes, the problem may never be totally solved. However, you're taking some very good steps to minimize it.

First, your son is in touch with the cats' vet. This is important in order to rule out any illness, such as a urinary tract infection, causing elimination outside the box. Second, you've thoroughly cleaned the soiled areas and tried to keep

the cats away. Third, access to the boxes is unimpeded because the lids are off. Now it's time to try a few more things. A "keep-away" spray, available at pet supply stores, could make the marked areas much less desirable. Cleaning both the carpet and the padding underneath with an enzymatic cleaner that neutralizes odors also can help. Scooping the boxes daily is essential, too.

Next, observe the cats' behavior closely. Is there some conflict? Is one cat preventing the other's access, or disturbing the other cat while it's trying to go? Are both cats marking the carpet, or just one? For more tips on solving this problem, go to the ASPCA website at www.aspcanet.org and do a search for "litter box problems."

Send your questions or tips to ask@pawscorner.com.

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END OF THE BENCH BY GERRY SCHOU

Don't Believe the Rumors, Just Yet

At first glance it appears that the wild rumors of the Forty Niners' demise have been greatly exaggerated, and rumors of the return of the Raiders' pride and poise...oh boy!

Those pride-and-poise boys were terribly lacking in both qualities Sunday, and allowed the Cincinnati Bengals to quickly devour the energy of the opening day full house at O.co Coliseum while putting up little resistance and falling hopelessly behind, 24-0, by halftime.

Monday night, the San Francisco 49ers, a team that by many accounts "has very little chance" of being very good this season, overcame some early-game bumbling around to eventually overpower the Minnesota Vikings, 20-3, in the home opener at Levi's Stadium.

The Raiders, who led the NFL in three-downs-and-out series last year, opened the game with another discouraging one of those. The Bengals took over and behind an offensive line considered to be one of the best in the league marched right down the field to take an early 7-0 lead.

It was 10-0 when Raiders new coach Jack Del Rio, who has returned to his old stomping grounds of the East Bay, unwisely decided to try to inspire his troops --- just after starting quarterback Derek Carr left the game with a hand injury --- by attempting to attain a first down from a yard away at the Raiders' own 45-yard line. Didn't make it --- and that's when all the tailgaters could feel their pregame feasts of brats and beers start to take a turn for the worse.

The Bengals, a playoff team each of the last four years (losing each time in the Wild Card Game), proceeded to score two touchdowns within a span of a little more than two minutes, rendering the entire second half to garbage time. With former

Raiders head coach Hue Jackson (leading Oakland to an 8-8 mark in 2011, the last time the team was any good; 11-38 since he left) it soured into a 33-0 margin, before the 33-13 final.

A particular lowlight came in the second quarter when at the end of a play Cincinnati's Adam (Pacman) Jones, in full view of a nearby official, pulled off the helmet of Oakland's rookie receiver Amari Cooper (who had five catches for 47 yards in his NFL debut) and slammed Cooper's head into the helmet while he was on the turf. Jones, who has a history of suspect behavior, was penalized but, surprisingly, not ejected from the game. Cooper took it in stride, but Del Rio remarked afterward that it was "...clearly over the line...hopefully the right thing will be done there."

Ill-timed penalties, a blocked field goal, a couple of dropped passes, Aussie semi-sensation Jarryd Hayne's fumbled punt and Reggie Bush's leg injury were the lowlights in the scoreless early going of the 49ers-Vikings clash, prompting TV analyst Trent Dilfer to quip, "That sounds like Week One."

On the heels of the organizational shakeup that has been going on for the last several months, preseason prognostications listed the 49ers 28th among the thirty teams in the power rankings (Oakland was 26th) with a projected record of 5-11. Quarterback Colin Kaepernick did not crack the top 25 in the fantasy football position rankings, running back Carlos Hyde was 19th and the 49ers' defensive unit was listed 25th.

The "new" Kaepernick was under control and efficient, going 17 for 26 and 165 yards passing, and running for an additional 43 yards while committing no turnovers. Hyde's breakout performance netted a league-leading 168 yards and

two touchdowns on 26 carries. The defense made five sacks and held Vikings' star back Adrian Peterson to 31 yards on just ten carries in his comeback appearance and kept him on the sideline much of the game by leading the way to a six-minute margin in time of possession. All Pro linebacker NaVorro Bowman made his return after missing all of last season due to a serious knee injury and was impressive with seven tackles and a sack, while keying in on Peterson.

Those doom-and-gloom predictions can be set aside for the time being. S. F. Chronicle great Bruce Jenkins reacted, "I think a lot more good things are going to happen." Hyde said that when you have a "bunch of guys who believe in each other...you can go out and compete with anybody."

The next "anybody" will be some fire-breathing Steelers in Pittsburgh's home opener Sunday. The Steelers are coming off a disappointing 28-21 loss to defending-champion New England and will have had nine days off between games, while the 49ers (a 6 1/2-point underdog) must travel cross-country to play with only five days off. After that, the 49ers travel to meet an improving Arizona Cardinals squad and return to host Aaron Rodgers and the Green Bay Packers. The opening stretch of the schedule will go a long way toward determining if the 49ers will remain in the running for a shot at appearing in Super Bowl 50 in February on their home field of Levi's.

A new rumor has it, based on early evidence to support the theory, that the Raiders will not be around in February and are more on track for another one of those familiar four-win (or three) seasons. ★



Dare to Live Without Limits

Attract or Avoid



by Bryan Golden

Your mind is a magnet that draws to you what you focus on. There's a significant difference, however, between concentrating on what you want to attract vs. thinking about what you don't want. Your mind identifies concepts and ignores qualifiers. So a strategy of avoidance winds up drawing to you the very things you don't want.

If you tell yourself you don't want to get sick, your mind focuses on sick. When you say to yourself that you don't want to be sad, your mind focuses on sad. Tell yourself you don't want to have financial problems and your mind focuses on financial problems. With this approach your mind actually works to attract that very thing you are trying to avoid.

Of course there are situations you want to avoid. However, in order to avoid them, you must put concepts into the affirmative. You avoid things by concentrating on what you want instead. So rather than utilizing the avoidance strategies in the preceding paragraph, tell yourself that you will be healthy, happy, and financially successful.

Your mind is a powerful tool that works non-stop on the thoughts you feed it. You never want to put things you don't want into self-talk. Statements such as, "I always get sick over the holidays," "I'm just clumsy," "I'm not that smart," "These things are always difficult for me," or "I'm always disorganized," invariably

attract each undesirable concept to you.

It's easy to fall into the trap of stating negatives in positive terms and putting positives in negative terms. By so doing, you attract what you don't want and repel what you do want. For example, you tell yourself you are probably going to catch a cold since everyone around you is sick. When combined with the statement, "I don't know how long I'll be able to stay healthy," you have created a powerful magnet to attract negatives.

Pay close attention to your subconscious self-talk. It can be attracting more negatives than you realize. A surprising amount of what people say to themselves is negative. Then they get frustrated with all of the adverse issues materializing in their life.

Sometimes a person doesn't have a clear idea of what they want to attract. This results in random thoughts which attracts the unwanted, dilutes the effectiveness of the mind to attract desirable outcomes, or both. Your mind is too powerful to allow it to wander with no positive direction.

Without specific direction, the mind has a tendency to drift towards the negative. This happens subconsciously. When you attract negative circumstances and people, you create a downward spiral. Additionally, negative thoughts inhibit problem solving, making it difficult

to extricate yourself from adverse situations.

Here are the guidelines for attracting what you want. Concentrate only on what you want. Your desires must be positive and constructive and not harmful to anyone else. Your objectives have to be benevolent. Malicious intentions are harmful to you.

Monitor your thoughts and self-talk to ensure that you are attracting what you want. Adjust efforts to avoid things you don't want. Keep vigilant. Even the most positive people occasionally have their thoughts slip into avoidance mode.

Attracting what you want, although effective, is only the first step. It must be followed by action and combined with persistence. There are those who will try to discourage you, claiming you can't attract things. They will offer as an example, their own failed efforts. Don't be dissuaded. Successful people throughout history are testament to the power of attracting what you want.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columlist.com or write him c/o this paper. © 2011 Bryan Golden. ★

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The Senior Computer School learning center is located at the back of the Rio Americano High School campus, 4540 American River Drive, Sacramento, CA 95864. Free parking is available near the levee road, inside the chain linked fenced area. Look for the Senior banner on the Learning Center.

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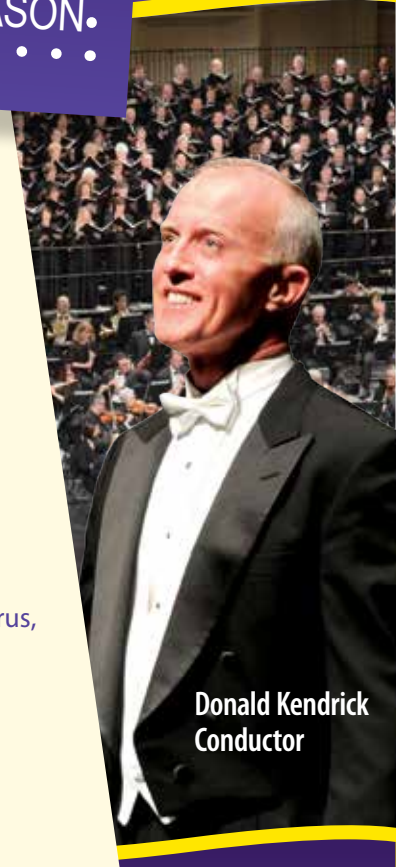
Carl Orff | *Carmina Burana*
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Jonathan Dove | *Psalms For Leo*
(Area Premiere)
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Vaughan Williams | *An Oxford Elegy*
Antonín Dvořák | *Psalms 149*

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Sacramento Community Center Theater

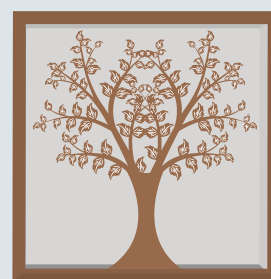


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Television Listings for the week of September 18-September 23

FRIDAY EVENING

SEPTEMBER 18, 2015

Table of TV listings for Friday, Sept 18, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SATURDAY EVENING

SEPTEMBER 19, 2015

Table of TV listings for Saturday, Sept 19, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SUNDAY EVENING

SEPTEMBER 20, 2015

Table of TV listings for Sunday, Sept 20, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

MONDAY EVENING

SEPTEMBER 21, 2015

Table of TV listings for Monday, Sept 21, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

TUESDAY EVENING

SEPTEMBER 22, 2015

Table of TV listings for Tuesday, Sept 22, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

WEDNESDAY EVENING

SEPTEMBER 23, 2015

Table of TV listings for Wednesday, Sept 23, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

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Quarterback Chad Kelly has guided Ole Miss to a 2-0 start (by a cumulative score of 149-24). This week, the Rebels hit the road to play at Alabama.

REBELS READY TO ROLL

Bama defense will be tested by high-scoring Ole Miss attack

OLE MISS AT ALABAMA

With wins of 76-3 (UT Martin) and 73-21 (Fresno State), Ole Miss has become the first team in SEC history to top 73 points in back-to-back games and the first in any conference to do so since 1968. The competition hasn't been too tough, but Fresno State is a solid program that played in a bowl game last season. The Rebels have already scored 21 touchdowns — more than Wake Forest and SMU scored throughout the entire 2014 season. Chad Kelly, the Rebels' new quarterback, has been incredibly efficient, completing 72.5 percent of his passes with six touchdowns and one interception while leading the nation with 13.9 yards per attempt. The opponent this week will offer far more resistance and the environment will be far more hostile. But Ole Miss is one of the few teams in the nation that features the top-end talent to beat Alabama in Tuscaloosa. *Ole Miss 31-27*

AUBURN AT LSU

We aren't quite ready to jump off the Jeremy Johnson bandwagon, but maybe it's time to admit that we shouldn't have had Auburn's first-year starting quarterback No. 8 on our preseason Heisman Trophy list. Through two games — seven-point wins over Louisville and Jacksonville State (ot) — Johnson and the Auburn offense have been quite underwhelming. This week, they take on another team with quarterback issues. LSU picked up a nice road win last Saturday at Mississippi State, but the Tigers won on the strength of their running game (Leonard Fournette: 159 yards, three TDs), not the passing attack (Brandon Harris: 9-of-14, 71 yards). And it will be that running attack, with Fournette leading the way, that will be the difference. *LSU 21-16*

GEORGIA TECH AT NOTRE DAME

No team has been harder hit by injuries since the start of preseason camp than Notre Dame. The latest blow came when starting quarterback Malik Zaire was lost for the season with a broken ankle. DeShone Kizer, who led the Irish to a comeback win at Virginia, is now in charge of Brian Kelly's attack. The key this week, however, will be slowing down Georgia Tech's seemingly unstoppable option-based offense. In two games — against two overmatched opponents — the Yellow Jackets have averaged 457.5 yards rushing and 8.5 yards per carry. Notre Dame limited Navy — which runs a similar offense to Georgia Tech — to 149 rushing yards in the 2012 season-opener but gave up 331 in 2013 and 336 last fall. *Georgia Tech 34-27*

STANFORD AT USC

After a sluggish start, Stanford bounced back from its Week 1 loss at Northwestern to defeat UCF 31-7 in Palo Alto. The Cardinal held UCF, one of the early disappointments in 2015, to 181 total yards. That is reminiscent of Stanford's stellar defensive effort in a Week 2 loss against USC last season, when it limited the Trojans to 291 yards and 13 points. The Cardinal will need a similar performance this weekend at the L.A. Coliseum because it's doubtful their offense will be able to put many points on the board. *USC 24-10*



Mitch Light
Athlon Sports
Executive Editor
@AthlonMitch

BYU AT UCLA

The Cougars have lived on the edge this season but are 2-0 thanks to a pair of miracle finishes, at Nebraska and vs. Boise State at home. UCLA, on the other hand, hasn't needed any late-game magic in impressive wins over Virginia and at UNLV. True freshman quarterback Josh Rosen has earned most of the headlines — and deservedly so — but tailback Paul Perkins is once again very quietly enjoying an outstanding season. In two games, the senior has rushed for 210 yards on a 6.5-yard average, this after leading the Pac-12 with 1,572 yards in 2014. UCLA's balance on offense will be too much for BYU. *UCLA 34-24*

NORTHWESTERN AT DUKE

Thanks to a soft early season schedule — and some very good play on the field — Duke leads the ACC in total offense (592.5 ypg) and ranks third in the league in total defense (208.5 ypg). Northwestern, which has played Stanford and an FCS opponent (Eastern Illinois), leads the Big Ten in total defense, allowing only 189.0 yards per game. Despite these gaudy defensive stats — on both sides — don't be surprised if this is a relatively high-scoring affair. *Duke 30-23*

CALIFORNIA AT TEXAS

Texas has been in the news for all of the wrong reasons: blowout loss to Notre Dame in Week 1, anemic offense, staff shakeup, quarterback change, etc. With Jerrod Heard running the show, UT was far more effective on offense in its 42-28 win over Rice. The Horns gained only 277 total yards, but that is a bit misleading; they had just 38 offensive snaps (and averaged 7.3 yards). Cal has been very impressive in the early going, with wins over Grambling (73-14) and a good San Diego State team (35-7). This is a huge opportunity for the Golden Bears — who have not played in a bowl game since 2011 — to make a statement. *California 34-24*

PRIME TIME PLAYERS

One week after throwing for 424 yards in a loss to Tennessee, Bowling Green's **Matt Johnson** topped all quarterbacks in the nation in Week 2 with 491 yards and six touchdowns in the Falcons' 48-27 win at Maryland. ... Florida State tailback **Dalvin Cook** rushed for 266 yards on 30 carries and scored three touchdowns to lead the Seminoles to a 34-14 win over South Florida. ... **Terrell Newby** rushed for 198 yards

and two touchdowns in Nebraska's 48-9 win over South Alabama. It was the Huskers' first victory under new coach **Mike Riley**. ... Washington State bounced back from its Week 1 loss to Portland State by winning at Rutgers, 37-34. Quarterback **Luke Falk** led the way with 478 passing yards (on 47 completions) with four TDs and no interceptions. ... Arizona sophomore **Nick Wilson** rushed for 194 yards

(on a 9.2-yard average) and scored three touchdowns as the Wildcats topped Nevada, 44-20. ... Michigan's running game got a boost from junior **De'Veon Smith**, who rushed for 126 yards and three TDs in a 35-7 win over Oregon State. ... **Greg Ward Jr.** threw for 236 yards and three touchdowns and added 98 yards on the ground as Houston upset Louisville 34-31 on the road. ... Memphis quarterback **Paxton**

Lynch was nearly flawless (22-of-25 for 354 yards and two TDs) in the Tigers' 55-23 win at Kansas. ... **Boom Williams** helped Kentucky break a 22-game losing streak on the road by rushing for 107 yards on 14 carries in the Wildcats' 26-24 win at South Carolina. ... LSU's **Leonard Fournette** rushed for 159 yards and three scores as the Tigers held off Mississippi State 21-19 in Starkville.

STOCK REPORT

A Oklahoma rallied from a 17-0 deficit to stun Tennessee 31-24 in double-overtime at Neyland Stadium. Quarterback Baker Mayfield completed 11-of-14 for 103 yards and four total touchdowns on OU's final four possessions. The Sooners have now won six straight non-conference road games.

V Injuries may derail Notre Dame's season again. The Irish are 2-0 after escaping Virginia, but it was a costly victory. Quarterback Malik Zaire was lost for the season with a broken ankle, leaving unproven sophomore DeShone Kizer as the No. 1 QB. Running back Tarean Folston went down with a season-ending injury in Week 1.

A Michigan State's defense came up with the big stops on third and fourth down in the Spartans' 31-28 win over Oregon in a pivotal early season non-conference game for both schools. The Ducks' powerful offense was held to 5.3 yards per play — its lowest average since gaining 5.2 vs. Cal in September 2013.

V Just days after boasting that his team would be playing eight ranked opponents in 2015, Arkansas coach Bret Bielema watched his team score only one touchdown in a 16-10 defeat against unranked Toledo in Little Rock. The Hogs' usually potent rushing attack was limited to 103 yards on 31 carries.

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GAME TIME
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ATHLON SPORTS TOP 25

1. **Ohio State** (2-0, vs. No. Illinois)
2. **Alabama** (2-0, vs. Ole Miss)
3. **Michigan State** (2-0, vs. Air Force)
4. **TCU** (2-0, vs. SMU)
5. **USC** (2-0, vs. Stanford)
6. **Notre Dame** (2-0, vs. Georgia Tech)
7. **Florida State** (2-0, at Boston College)
8. **Baylor** (2-0, Bye)
9. **Ole Miss** (2-0, at Alabama)
10. **Oklahoma** (2-0, vs. Tulsa)
11. **Texas A&M** (2-0, vs. Nevada)
12. **Oregon** (1-1, vs. Georgia State)
13. **Georgia** (2-0, vs. South Carolina)
14. **Clemson** (2-0, at Louisville)
15. **LSU** (1-0, vs. Auburn)
16. **Georgia Tech** (2-0, at Notre Dame)
17. **UCLA** (2-0, vs. BYU)
18. **BYU** (2-0, at UCLA)
19. **Northwestern** (2-0, at Duke)
20. **Utah** (2-0, at Fresno State)
21. **Temple** (2-0, at UMass)
22. **Tennessee** (1-1, vs. Western Carolina)
23. **Houston** (2-0, Bye)
24. **Miss. State** (1-1, vs. Northwestern St.)
25. **West Virginia** (2-0, Bye)

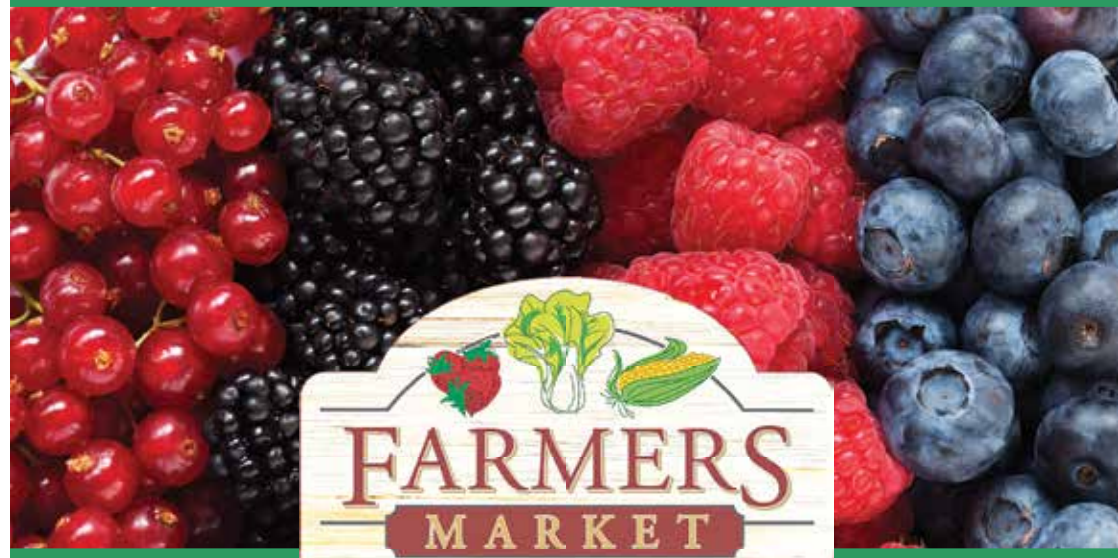
HEISMAN RACE

1. **Nick Chubb, RB, Georgia** With the Georgia passing attack struggling, Chubb carried the load (189 yards on 19 carries) in the Bulldogs' 31-17 win at Vanderbilt.
2. **Trevone Boykin, QB, TCU** Boykin threw for 285 yards with four touchdowns and one interception as the Horned Frogs cruised past Stephen F. Austin 70-7.
3. **Cody Kessler, QB, USC** The Trojans cruised to their second straight blowout win, 59-9 over Idaho. Kessler threw for 210 yards and three touchdowns.
4. **Derrick Henry, RB, Alabama** Henry had a light workload (18 carries, 96 yards, three TDs) in Alabama's 37-10 win over Middle Tennessee in Tuscaloosa.
5. **Leonard Fournette, RB, LSU** Fournette was the difference-maker in the Tigers' 21-19 win over Mississippi State in Starkville. The sophomore rushed for 159 yards and three touchdowns on 28 attempts.



Photos: Harrison McClary/Athlon Sports

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