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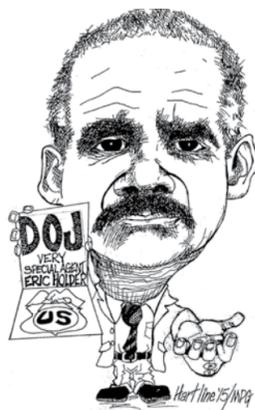
Carmichael Times

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August 14, 2015

HOLDER PROVES YOU CAN GO HOME AGAIN



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NOT SO BRIGHT, SUNSHINY DAYS

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Band Leader Makes Gift to Park District



Veteran bandleader John Skinner (right) presents a \$400 donation to the Carmichael Park Foundation. Foundation director Ron Green accepts the check during the John Skinner Band's recent concert. Photo courtesy of Carmichael Park District

CARMICHAEL, CA (MPG) - Celebrating 40 years of concerts, veteran band leader John Skinner recently made a \$400 gift to Carmichael Park Foundation. His donation represents \$100 for each decade of the ensemble's park performances.

Trumpet player Skinner, 69, has led bands since he turned pro at 16. The teenage prodigy was at Orland High School when he formed his first big band. "It was a talented group of my school friends,"

he recalled. "We called ourselves the Crescents and we played swing dance hits. A resort hotel offered us a summer-long Friday gig. We all got our first union cards."

Skinner was "discovered" by a visiting music professor and continued his pro career while on scholarship at Utah State University, Logan. "I taught 30 students a week; I led the school jazz ensemble and pep band. I also played in a theater

orchestra in Salt Lake City. I still managed to graduate," said Skinner.

Skinner joined the Air Force during the Vietnam War. As a pilot, he flew more than 5,000 hours—between Travis Air Force Base and the war zones—in four years. When peace came, the pilot moved to Sacramento and joined the Flying Tiger freight airline (later FedEx). "I scheduled flying around my music gigs," he

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Free Anti-Bullying Clinic at Robinson's Taekwondo

SACRAMENTO REGION, CA (MPG) - From the beginning of time and recorded human history, the appearance of weakness is the first sign a bully looks for in choosing a victim. Times change but bullies don't, unless you make them.

According to Simple Acts of Care and Kindness (SACK) Foundation, these are five reasons to fight back with education and community awareness of bullying:

- 56% of students have personally felt some sort of bullying at school. Between fourth and eighth grade in particular, 90% of students are victims of bullying.
- The most common reason cited for being harassed is a student's appearance or body size. Two out of five teens feel that they are bullied because of the way that they look.
- One in four teachers see nothing wrong with bullying and will only intervene 4% of the time.
- A victim of bullying is twice as likely to take his or her own life compared to someone who is not a victim.
- One out of 10 students drops out of school because they are bullied.

Grandmaster Clint Robinson invites the community to bring the family to a special anti-bullying free clinic. The one-hour clinic will use role-playing, information, and demonstrations to provide specific anti-bully strategy, resources, and helpful self-defense techniques.

This free clinic will be held on Friday, August 28th at 6:30 p.m. at participating Robinson's Taekwondo locations. Registration is required at www.robinsonstkd.com or by calling (888) 249-7853.

Source: Rick Reed Public Relations



Carmichael Rotary recently replaced a bench at the Ancil Hoffman River Walk. The new bench sports a plaque in honor of the lifetime service of Vic Borgman, a dedicated Carmichael Rotarian. Photo courtesy of Carmichael Rotary

Carmichael Rotarians at Work

CARMICHAEL, CA (MPG) - The Ancil Hoffman River Walk was recently the site of Carmichael Rotarians at work.

Ten years ago, the Carmichael Rotarians brought eight new benches to the Ancil Hoffman River Walk as part of the Centennial Rotary International Celebration.

Now, each subsequent year, a diligent work force brings the weed whacker and some wood cleaner for the annual bench maintenance project.

After 10 years, the benches are showing some wear and tear, which has led to Carmichael Rotary's decision to replace a bench a year. This year's new bench sports a plaque in honor of the lifetime service of Vic Borgman, a dedicated Carmichael Rotarian.

Source: Carmichael Rotary

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An Open Letter from a Concerned Citizen

Carmichael at the Crossroads: We Deserve Better Than This

By Carmichael resident
Caryn Conway

I am a long time business and home owner in Carmichael. My store is Magnolia Antiques & Home Interiors and it is located at 6468 Fair Oaks Blvd, near Marconi Avenue. My home is near Fair Oaks Blvd. and Robertson Ave. I have owned and operated this retail business since 1998, and I have witnessed major changes for the worse along the Fair Oaks Blvd corridor over the last decade.

My store is a jewel of the community. This area used to be a shopping destination with many great stores. One by one, businesses stores have left the area resulting in many vacancies. Our store is elegant and our clientele is respectable and upper middle class. We remain out of loyalty to our beloved customers and community.

We used to be located at 6443 Fair Oaks Blvd and we did have occasional issues with homeless people, but there were very few problems and no break-ins at this location. There were more Sheriff patrols and a local presence at the Sheriff's service center located in the Bel Air shopping center. Zoning and code enforcement seemed to be a priority as well. I believe that these factors contributed to a lower crime rate and a sense of community pride.

It was around 2007 that we really began to see a major and rapid downturn in our community. Vacancy rates began to rise, long term businesses were shutting down, surviving businesses sales suffered and the homeless population and the crime rate in Carmichael began to soar.

The reduction in County services and attention are providing

conditions ripe for increasing criminal activities and homeless populations. We understand there are only two Deputies assigned to the Carmichael area. This is not sufficient given the increase in the homeless population, vacant buildings, crime and vandalism.

I have been informed by numerous law enforcement officials that the city's recent effort to clean out the homeless from downtown has resulted in a migration of the homeless to the American River Parkway and Carmichael.

The homeless swarm our streets, live in our bushes, dumpsters, and doorways. They threaten us and our customers; they damage our property, defecate on and vandalize our buildings, and steal from homes and stores in the area.

Examples of a few recent criminal incidents at our store include:

- Grab and run theft of a \$1,000 watch. We called the Sheriff's Department, they did not respond.
- Front door of our store was smashed after business hours, entry made, resulting in several thousand dollars in damage and loss. It took hours for a Deputy Sheriff to respond. None of this damage or loss is covered by insurance.
- 3 plate glass windows have been damaged by bullets or BBs in the last several days.
- Homeless man entered our store and terrorized customers and employees
- A mentally ill homeless woman, well known to law enforcement officials, came into our business. Based on

repeated prior incidents with her, we asked her to leave but she refused and started breaking our merchandise. This was a \$600 loss witnessed by frightened customers. We have a restraining order against this woman but she continues to return because she knows the Sheriff's Department will not respond in a timely manner.

- On July 31, 2015, a homeless man entered the store and terrorized customers and employees. We asked him to leave. But he refused. He then became enraged when we called the Sheriff's Department and began spitting on our staff. He finally left. Unfortunately, there were many customers in the store, including an 8-year old girl who began crying hysterically. It is highly unlikely that these customers will ever return. The next day, someone defecated on our door and left a pile of dirty clothes.

On a personal note, over the last eight weeks:

- My business trailer was broken into, vandalized and burglarized.
- My car was broken into and burglarized, as was my husband's.

I was pleased to see the much needed and appreciated improvements at the intersection of Fair Oaks Blvd and Marconi Avenue. And, look forward to the other street improvements planned for Fair Oaks Blvd corridor. However, the core issues of crime, code and zoning enforcement, and homelessness are still not being addressed.

We still see zoning issues that allow Massage Parlors to open in our community, only to

be closed down later for illegal activities. Why are there four liquor stores within a half mile of each other that sell single serve alcoholic beverages?

We need more law enforcement presence in our community, perhaps a Sheriff's Service Center at the intersection of Fair Oaks Blvd and Marconi Avenue. The owner of our shopping center offered a space for Sheriff's Service Center free of rent.

We need strict code and zoning enforcement to eliminate businesses that contribute to the degradation of our community.

The number of liquor stores need to be reduced and the sale of single serve alcoholic beverages by all stores should be eliminated.

Massage parlors need to be shut down and fines levied against the owners of the buildings who rent to them.

Our staff and our customers deserve to feel safe when entering and leaving our store and while shopping. We should feel a reasonable sense of safety, security and comfort in our community. Carmichael deserves better than this...please make Carmichael a priority and finish the beautification that you started.

I look forward to meeting with you to discuss these issues. I invite you to visit my store and tour the surrounding areas to observe firsthand the increasing number of homeless and their negative impact upon our community.

Sincerely,
Caryn Conway
Magnolia Antiques & Home Interiors
6468 Fair Oaks Blvd
Carmichael, CA 95608
(916) 995-1135

District Attorney to Address Republican Women's Federation Luncheon

SACRAMENTO REGION, CA (MPG) - The Sacramento Republican Women's Federation will feature Sacramento District Attorney Anne Marie Schubert as the speaker at their Wednesday, September 2nd meeting.



Anne Marie Schubert is a career prosecutor with 25 years of law enforcement experience. As a Sacramento County prosecutor, Schubert has sent some of the area's most notorious and dangerous criminals to state prison. Hear Schubert speak at the September 2nd Sacramento Republican Women's Federation luncheon. Photo courtesy of Sacramento County District Attorney's Office

Anne Marie Schubert is a career prosecutor with 25 years of law enforcement experience. As a Sacramento County prosecutor, Schubert has sent some of the area's most notorious and dangerous criminals—murderers, rapists, and child molesters—to state prison.

As District Attorney, Schubert is focused on catching killers and criminals using DNA evidence, helping the children of the community by combating truancy, and honoring those citizens who have served justice with the development of the annual Outstanding Citizen Awards. Schubert has received the Prosecutor of the Year Award and the POST ICI Instructor of the Year Award.

The meeting will be held at the North Ridge Country Club, 7600 Madison Avenue in Fair Oaks. Members and guests may arrive at 11:30, with lunch served at noon.

Reservations should be made by Friday, August 29th. To reserve your spot, please call (916) 733-1623. Last minute attendees (members or guests) will be accommodated if space allows. The cost of the luncheon is \$25 with a reservation and \$27 without.
Source: Kay Burton ★

Band Leader Makes Gift to Park District

Continued from page 1

admitted. "My band took off in Sacramento and we worked every weekend. One December, we had 12 big-band jobs." Skinner also provided musicians for stars like Ray Charles, Johnny Mathis, Natalie Cole, and Luciano Pavarotti.

These days, his seven-piece dance band still plays weddings and corporate and community events, and Skinner leads from the sidelines. "Our favorite gigs are the park concerts," he said. "We get huge, enthusiastic crowds; they remind us of why we all started playing music in the first place. My giving back

to the Carmichael Park District thanks them for the concert seasons that connect the community in such a positive way. A thousand people came to our August performance; they danced from our first song to the encore."

Skinner and his singer wife Susan will perform with the Capitol Pops Concert Band in Carmichael Park this Sunday, August 16th, at 6:30 p.m. On October 3rd, the Skinner Band stages a 2 p.m. concert at Pioneer Park (5100 Verner Avenue, Sacramento). Anyone may attend. John Skinner's website is www.Skinnerband.com.

Source: John Skinner Band ★

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Memories Live On With Goldenlynk

Preserve Your Family History for Generations

By Sal Arrigo Jr.

Do you ever wonder if your family stories and history will be remembered after you are gone? If you want to ensure these memories live on, a local family-owned business called Goldenlynk, the brainchild of Cameron Fisher, which started in 2014, is "making memories to last generations." People may think about writing down their family memories, or putting together a photo album on grandma and grandpa, but many never actually take the time to do so. Often we wind up with pictures, letters, military memorabilia, and the like scattered about. Goldenlynk can help create a visual connection with all of this information, and much more.

Designed to capture stories through video sessions and resulting in the production of a top-quality DVD for all to share, Goldenlynk will interview individuals and let them tell their life's history, the good and the bad times, the chance to share the wisdom and experience of a lifetime. People are humbled by life's experiences when they begin to tell their personal and intimate

stories. Fisher mentioned that for those being interviewed, talking to a stranger such as himself actually allows the person to open up and say something about their lives that they may have a hard time expressing to a loved one face to face. Through the video, the person can leave these memory moments for loved ones to share. Goldenlynk will create multiple DVDs of their interview session as well.

Recently, Fisher preserved the stories of an 88-year-old gentleman who, soon after the interview, passed away. As the family was settling their relative's estate, they were made aware of the Goldenlynk DVD and expressed to Fisher their delight in having this DVD as a part of their family history. Fisher said, "They were able to

open up grandpa's journal and hear him tell the stories in his own way."

Goldenlynk has had the privilege of recording family histories for many households in the area. One of the attractive elements of the completed DVD is that still photographs are inserted into the video to further bring to life a person's story, and if so inclined, a person can add their favorite music as well!

I have often thought, "What if?" What if I had the opportunity to professionally record the memories of my mom and dad? It would be delightful to see them both and hear their voices describe our childhood, sharing many particular family events. Oh, to hear my dad once again tell the story of his walk across the Brooklyn

"Goldenlynk has had the privilege of recording family histories for many households in the area. One of the attractive elements of the completed DVD is that still photographs are inserted into the video to further bring to life a person's story, and if so inclined, a person can add their favorite music as well!"



Designed to capture stories through video sessions and resulting in the production of a top-quality DVD for all to share, Goldenlynk will interview individuals and let them tell their life's history, the good and the bad times, the chance to share the wisdom and experience of a lifetime. Photo courtesy of Goldenlynk

Bridge during the great black-out of 1965!

Goldenlynk can be found at www.goldenlynk.com, or you can contact Cameron Fisher at (916) 224-9111. There are

several video session options available for purchase, and all at a reasonable cost. As Goldenlynk expands in the local community, the business has plans to sponsor a

community-wide event for families and friends so that all can see the benefits of "sharing the priceless nuggets of wisdom" that Goldenlynk can provide. ★

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The Adventures of a Traveling Body Painter

Story and photos
by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Body painting contests, confides Sue Lomolino, are like those hectic culinary TV shows where chefs race to complete devilish dishes.

"You have six hours to paint your model," explains the Carmichael artist. "Six hours goes fast; you race the clock in the last minutes. When time's up, you drop your brush, or you're disqualified."

"When I saw 'Frozen,' I knew every little girl would want to be Elsa. By now, I've done a million snow queens."

When Lomolino is not daubing FDA-approved makeup on skin, she is on the road competing or at workshops. Though face and body painting have been around since the Stone Age, modern application



After: Eight hours of body makeup and prosthetic brows preceded the Carmichael businesswoman's party entrance as underworld vixen Medusa.



As a mother and grandmother, Lomolino delights customers at a Carmichael Park farmers market.

is a whole different can of kohl. "Techniques and ideas evolve," she says.

"You've got to stay on top of it. When I saw 'Frozen,' I knew every little girl would want to be Elsa. By now, I've done a million snow queens."

Time is usually critical in her art. A full body job—like her "Medusa" creation for a recent costume event—takes a whole day. "The client must be as committed as you are," she explains. Two on-call models willingly share her studio process. Daughter Rainey, 25, and son Marshall, 32, need only mom's promise of lunch to bare natural canvases when she itches to create a masterpiece. In a 2015 San Francisco contest, Rainey stood for six hours and agonized with mom

when, in final contest minutes, body work and facial details were incomplete. "I prioritized and finished her face," recalls the artist. "We took first place. My daughter started crying. I told her, 'Honey, you'll ruin my makeup!'"

For an Earth Day celebration in Arkansas, Lomolino was commissioned to create three body designs in five hours. The job involved painting chickens, pigs, barbed wire, and picket fencing on three models. The artist was loudly applauded by a standing-room-only nightclub crowd. "It felt more like Manhattan than Arkansas," she says. Other recent trips included contests in Las Vegas and Dallas. "I love to stretch my creative muscles," she explains. "I never do the same thing twice; my work is always fresh and exciting."

Since moving from Tracy to Carmichael, Lomolino has found a steady work market. Halloween clients book as early as July. As a staple, she

Before: Artist Sue Lomolino (left) begins the transformation of client Athena Kearney.

still paints for children's events. "I've done a thousand Spiderman faces," she admits. "It's wonderful to see kids' faces light up at the result. I don't offer a menu of butterflies or rainbows for kids to choose from. I ask what they want. Their answers surprise me. When I finished a shy little boy's face, he saw his superhero reflection. He seemed empowered. Kids crave attention. A full-face design sure gets that!"

A mom and grandma, Lomolino has worked as a childbirth coach and feels a real connection with pregnant ladies. Belly art (as endorsed by superstar moms like Mariah Carey and Hillary Duff) is a natural diversification. "I love to feel a baby moving under my brush," says the artist. "With the moms, the artist must complete work in a shorter time. You change their body positions often

and provide snacks and potty breaks. I custom the art to what inspires the parents. Stars, flowers, fairies—sometimes a favorite vacation place—the only limit is imagination." Such work often ends up photographed and framed for nursery walls.

Photographs are the extent of her art's lifespan. "I've been told I should do tattoos," she says. "But I'm my worst critic. The idea of permanency on skin scares me," she says. "At a fair, a little girl wanted a heart with wings and a halo. I added the word 'angel.' She came back later and said her dad said I had written 'angle.' Body paint comes off in seconds. It's good thing that wasn't a tattoo."

Learn about artist Sue Lomolino's at www.theothercheek.com. For her body art, visit www.theothercheekbodyshop.com. ★



Face art echoes a costume worn by Lomolino's daughter, Rainey. Photo by Paul Lomolino

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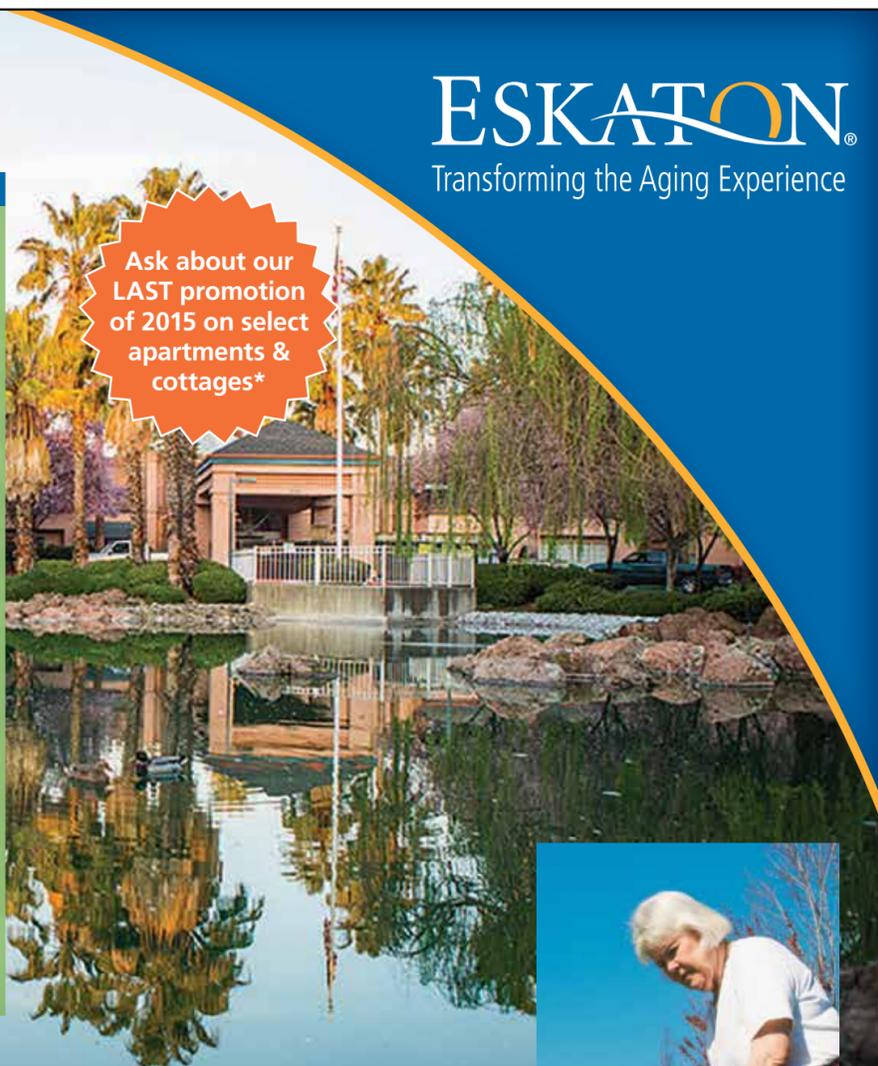
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 - Sign of a saint
 - Rome's Colosseum, e.g.
 - African migrator
 - Analyze
 - Religious devotion
 - Pillbox or tricorne, e.g.
 - Trojan War military action
 - *It has largest number of independent nations
 - *World's largest Non-Polar desert
 - Beate bride
 - Clinton or Gates
 - ___ along to a song
 - Movie "___ Girl"
 - Fish food unit
 - *Four Corners state
 - Captain ___
 - Wasted on the young?
 - Former Attorney General of the U.S.
 - Streamlined
 - Cowboy's prod
 - Circular gasket
 - "Happily ___ after"
 - Left or right
 - Ni
 - Carrie Underwood, e.g.
 - Clinton ___ Rodham
 - Cry out loud
 - As opposed to yeses
 - *Largest country
 - *Deepest lake
 - Infamous biker
 - *Dead or Black, e.g.
 - Implied by actions
 - Passion
 - Emergency Medical Services
 - Former anesthetic
 - Feline noise
 - French street
 - High-pitched

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
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6			8		7		
			2	7	6		
		9			6	8	
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		3			8		4

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.
For Solutions See Page 7

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Sudoku Puzzle on Page 6

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5 8 4 2 7 1 6 3 9
7 3 9 5 4 6 2 8 1
2 9 6 3 1 4 8 5 7
3 1 7 6 8 5 4 9 2
8 4 5 9 2 7 1 6 3
9 7 8 4 5 2 3 1 6
4 5 2 1 6 3 9 7 8
1 6 3 7 9 8 5 2 4

Crossword Puzzle on Page 6

PARIS ART AURA
ARENA GNU ASSAY
PIETY HAT SIEGE
AFRICA SAHARA
ONOBILL
HUM GONE PELLET
UTAH KIDD YOUTH
RENO SLEEK SPUR
ORING EVER SIDE
NICKEL IDOL NEE
YELLOS
RUSSIA BAIKAL
LANCE SEA TACIT
ARDOR EMS ETHER
MEOW RUE REEDY

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Crossword Puzzle on Page 6 PARIS ART AURA ARENA GNU ASSAY PIETY HAT SIEGE AFRICA SAHARA ONOBILL HUM GONE PELLET UTAH KIDD YOUTH RENO SLEEK SPUR ORING EVER SIDE NICKEL IDOL NEE YELLOS RUSSIA BAIKAL LANCE SEA TACIT ARDOR EMS ETHER MEOW RUE REEDY

Assume It Is Alive



Commentary
by Paul Scholl, Publisher

Reagan stated: "Simple morality dictates that unless and until someone can prove the unborn human is not alive, we must give it the benefit of the doubt and assume it is alive. And, thus, it should be entitled to life, liberty and the pursuit of happiness."

Publisher's note: The "fetus" shown above just recently graduated from the University of

San Francisco with a degree in Environmental Sciences. On his first day of pre-school he was afraid to go into the classroom and held on to dad's leg for assurance. He grew up loving school and making new friends. He played Little League Baseball, soccer, played in the school jazz band in middle school and high school. He played on the high school football team, baseball team and the basketball team. He worked at a job all through high school to

earn his own money. He was a strong enough student to get grants and scholarships for college. He has always had his own opinion about the world and was not afraid to share it. Now he is starting his first job after graduation.

How many stories like this were aborted before they ever got the chance to be told? 330,000 babies each year. Just consider that before your next latte. ★

Classic Cars Show at Aegis



CARMICHAEL, CA (MPG) - Aegis of Carmichael recently had a fabulous Car Show! A great group of classic car buffs came over to Aegis to share their beautiful cars. There were 17 cars and lots of fresh donuts to share. A great time was had by all! Aegis will have another car show in the fall.
Photo courtesy of Aegis of Carmichael
Source: Aegis of Carmichael ★



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Thursday, September 24
11:30 a.m. to 12:30 p.m.

Friday, October 30
11:30 a.m. to 12:30 p.m.

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ARIES (March 21 to April 19)
A previous misunderstanding continues to taint the atmosphere to some extent in the early part of the week. But cooler heads prevail, and the situation eases by week's end.

TAURUS (April 20 to May 20)
While the artistic aspect of the Divine Bovine is well-served this week, that practical side is also getting the sort of recognition that could lead to a new and well-deserved opportunity.

GEMINI (May 21 to June 20)
With home-related matters taking on more importance this week, now could be the time to make some long-deferred purchases. But shop carefully for the best quality at the best price.

CANCER (June 21 to July 22)
Congratulations. While that family problem might still rankle, it should be easing thanks to your efforts to calm the waters. Also, a workplace situation seems to be moving in your favor.

LEO (July 23 to August 22)
The Big Cat's energy levels should be rather high these days, and you might do well to tackle any tasks that still need doing. This will clear the way for those upcoming projects.

VIRGO (August 23 to September 22)
Someone's criticism

might not be as negative as you perceive. Actually, it could be helpful. Discuss the matter with your critic, and you both could learn something valuable.

LIBRA (September 23 to October 22)
A business matter could cause some friction among your colleagues. But once again, that logical mind of yours comes to the rescue. And the sooner it does, the better!

SCORPIO (October 23 to November 21)
There might still be some heated temper flare-ups out there. But your sensible self should advise you to stay out of these situations until things cool down and calm is restored.

SAGITTARIUS (November 22 to December 21)
Changing your mind could be the right thing to do if you can't resolve your doubts. You might want to discuss the matter with someone whose advice you trust.

CAPRICORN (December 22 to January 19)
The Sea Goat's merrier side dominates this week, and this means that, despite your usual busy schedule, you'll be able to squeeze in parties and all sorts of fabulous fun times.

AQUARIUS (January 20 to February 18)
An educational opportunity could lead to something other than what you had planned. But keep an open mind, and before you decide to turn it down, check it out.

PISCES (February 19 to March 20)
The Piscean wit and wisdom helps you work through a situation that might have been accidentally or even deliberately obscured. What you unravel could prove to be very revealing.

BORN THIS WEEK: Loyalty is important to you. You demand it, but you also give it generously and lovingly.

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► If you're like the average 75-year-old American man, you've spent a total of 37.5 days in the act of shaving.

► Actors Kevin Spacey and Val Kilmer were classmates in high school.

► It was noted 20th-century British dystopian author George Orwell who made the following sage observation: "The nationalist not only does not disapprove of atrocities committed by his own side, he has a remarkable capacity for not even hearing about them."



- Most-Common Street Names**
1. Park
 2. 2nd/Second
 3. Oak
 4. 1st/First
 5. 3rd/Third
 6. Maple
 7. Pine
 8. 4th/Fourth
 9. Cedar
 10. Main
- Source: Washington Post/ U.S. TIGER



By Sam Struckhoff
EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of August 17, 2015.

PICKS OF THE WEEK



Nicole Kidman in "Strangerland"

"Strangerland" (R) - In a dusty town in the Australian desert, a mother is pushed into a nightmare when her two teenage children disappear in the middle of the night. Nicole Kidman and Joseph Fiennes play Catherine and Matthew Parker, a couple already dealing with a divide in their marriage and alarmingly provocative behavior from their 15-year-old daughter. After the disappearance, a local policeman (Hugo Weaving) leads the search as an epic dust storm swallows the town. The cinematography and setting shine, which carries the sense of isolation and smallness you're supposed to feel. Kidman does a great job maneuvering the heavy emotions set on her character. Unfortunately, the movie struggles with pacing while the script keeps hitting the same notes of dread and anxiety.

"Little Boy" (PG) - Rent this movie, and you'll see something so syrupy, sentimental and gosh-darn cute that even Norman Rockwell would groan. The movie follows the precious Pepper, a bullied 8-year-old boy whose father has been taken off to the Pacific by World War II. The boy looks to his church for help and gets lessons about the power of faith (which he

confuses with a magic act). As a favor to the priest, a persecuted Japanese-American man mentors Pepper, who recently vandalized his house. Watching this is like trying to eat a too-sweet apple pie frosted with bits of Hallmark cards and salty tears. There isn't a single moment that isn't oversold with narration or musical cues. There are even a few cringe-worthy parts where the movie's tone totally misses the mark and tries to be cute about something very dark.

"5 to 7" (R) - In the clean and shiny part of New York, Brian (Anton Yeltsin), despite being 24 and a struggling novelist (probably the second most popular occupation for fictional male characters in NYC), somehow manages to charm Arielle, a French woman in her early 30s -- sophisticated, sublimely beautiful and married with kids. Not to worry! Arielle and her husband have a very French arrangement where extramarital affairs are OK between the hours of 5 and 7. Clearly, nothing could go wrong, and this young man will certainly go on without having to experience the complicated nature of love.

"Hoodies Vs. Hooligans" (R) - In this UK-based crime-thriller, the leader of the new breed of gangster (Harley Sylvester) brutally enforces his dominance over the streets of his London neighborhood. This somehow makes people nostalgic for the last batch of brutes who used violence and intimidation to rule the neighborhood. The retired members of the old "firm" -- The Guvnors -- decide that it's time to show these youngsters how it was done back in the day. It's entertaining gangland, but it falls prey to just about every cliché, especially the one where older crooks are seen as more respectable in their exploitation.

TV RELEASES
"WWE: Battleground"
"Walt Disney Animation Studios Short Films Collection"
"BabyFirst: Fun with Friends Bundle"
"Wodehouse in Exile"
"Castles in the Sky"

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by HEALTHY EXCHANGES

Summer Chicken and Pasta Salad

August ... the dog days of summer. Cook your macaroni early in the morning -- or better yet, simply pull some already-cooked pasta out of the freezer to thaw, and you won't have to turn on that stove for this refreshing main-dish salad.

- 2/3 cup fat-free mayonnaise
- 2 tablespoons fat-free milk
- 1/4 cup grated reduced-fat Parmesan cheese
- 1/4 teaspoon black pepper
- 1 cup diced cooked chicken breast
- 3 cups cooked shell macaroni, rinsed and drained
- 1/4 cup chopped onion
- 1 cup chopped fresh tomato
- 3/4 cup chopped green bell pepper

1. In a large bowl, combine mayonnaise, milk, Parmesan cheese and black pepper. Add chicken, macaroni and onion. Mix well to combine. Gently fold in tomato and green pepper.

2. Cover and refrigerate for at least 1 hour. Mix gently again just before serving. Serves 6 (1 cup each).

★ Each serving: About 178 calories, 2g fat, 10g protein, 30g carb., 355mg sodium, 2g fiber; Diabetic Exchanges: 1 1/2 Starch, 1 Meat, 1/2 Vegetable.

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The Garden Bug
Catnip repels mosquitoes
Researchers report that nepetalactone, the chemical in catnip that gives the plant its characteristic odor, is about ten times more effective at repelling mosquitoes than DEET. Mix 25 drops of **catnip essential oil**, 1 tsp. **real vanilla extract** and 4 oz. of **rubbing alcohol** together in a small spray bottle, and shake well before using. Be careful not to spray into eyes.
Brenda Weaver
Source: www.sciencedaily.com, www.homemadehints.com



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FBNF2015-05515 Virginia Cardoza and Larry Smith, 6524 Grattan Way, North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Affordable Mobile Pet Grooming" at 6524 Grattan Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 13, 2015. Publish: July 31, August 7, 14 and 21, 2015. AFFORDABLE 150726 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05887 Stella Villanueva, 3441 Lerwick Road, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Referral Driving School" at 3441 Lerwick Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 24, 2015. Publish: July 31, August 7, 14 and 21, 2015. REFERRAL 150727 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05861 P. Jeyheun, Inc., 2171 Fulton Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "PJ Cars To Go" at 2031 Fulton Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 23, 2015. Publish: July 31, August 7, 14 and 21, 2015. PJCARSTOGO 150727 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05671 Amy Schnetz, 1035 40th Street, Sacramento, CA 95819 and Kristen Kinter, 6457 S. Land Park Drive, Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "Koukla Kids" at 3809 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 23, 2015. Publish: July 31, August 7, 14 and 21, 2015. KOUKLAKIDS 150727 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05963 Shuyou Huang, 7581 52nd Avenue, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Zhen Spa" at 7047 South Land Park Drive Suite A, Sacramento, CA 95831. Filed with the Clerk of Sacramento County July 28, 2015. Publish: August 7, 14, 21 and 28, 2015. ZHENSPA 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05546 Spant Properties, LLC, 4675 Stevens Creek Boulevard #133, Santa Clara, CA 95051 is doing business under the Fictitious Business Name(s) "Gold Crossing Apartments" at 10890 Coloma Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 14, 2015. Publish: August 7, 14, 21 and 28, 2015. GOLD 150730 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05439 Denee Tognotti Lozano, 6733 Ashington Way, Elk Grove, CA 95758 and Dean S. Tognotti, 6284 Oakridge Way, Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "The Three D's Partnership" at 2509 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 10, 2015. Publish: August 7, 14, 21 and 28, 2015. THREEDS 150727 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05301 Maria Swaney, 10535 Marcel Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Loving Hearts Ministry" at 10535 Marcel Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 2, 2015. Publish: August 7, 14, 21 and 28, 2015. LOVING 150728 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05890 Phillip Martin Malone, 5350 Dunley Drive #3412, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Pinnacle Pool Service" at 5350 Dunley Drive #3412, Sacramento, CA 95835. Filed with the Clerk of Sacramento County July 24, 2015. Publish: August 7, 14, 21 and 28, 2015. PINNACLE 150728 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05929 Yolanda Soto, 3341 Huntsman Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Tiny Bloomers" at 3341 Huntsman Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 28, 2015. Publish: August 7, 14, 21 and 28, 2015. TINY 150728 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05732 Kayla E. Green, 6732 23rd Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Liberty Braids and Beauty" at 6732 23rd Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 20, 2015. Publish: August 7, 14, 21 and 28, 2015. LIBERTY 150729 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05928 Infuze, LLC, 308 Jarow Court, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Infuze Marketing, Wine Tasting Fees" at 455 Capitol Mall, Suite 317, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 28, 2015. Publish: August 7, 14, 21 and 28, 2015. INFUZE 150729 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05648 Denise F. Mello, 6931 Santa Juanita Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Mello Vacations" at 6931 Santa Juanita Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County July 16, 2015. Publish: August 7, 14, 21 and 28, 2015. MELLO 150727 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06084 Mohammad Saleem Qadar, 475 Altaire Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "American Auto Dealer" at 8201 Elder Creek Road, Suite 2A, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 31, 2015. Publish: August 7, 14, 21 and 28, 2015. AMERICAN 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05394 Debbanie Whitfield, 5960 South Land Park Drive, Suite 390, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Honest Healthcare Staffing" at 5960 South Land Park Drive, Suite 390, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 8, 2015. Publish: August 7, 14, 21 and 28, 2015. HONEST 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05749 George Home, 3330 Edgar Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Midas Auto Service" at 6840 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 23, 2015. Publish: August 7, 14, 21 and 28, 2015. MIDAS 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06047 Daniel Brian Arrigotti, 2126 Marchita Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Imperial Heating & Cooling" at 2126 Marchita Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 30, 2015. Publish: August 7, 14, 21 and 28, 2015. IMPERIAL 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05713 Kenneth H. Golden, 5736 Mariposa Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sierra Financial Management Co., K.H. Golden & Associates" at 5736 Mariposa Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 20, 2015. Publish: August 7, 14, 21 and 28, 2015. SIERRA 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05900 Toucando LLC, 6577 Barbary Circle, Las Vegas, NV 89103 is doing business under the Fictitious Business Name(s) "Jail Service & Maintenance" at 6577 Barbary Circle, Las Vegas, NV 89103. Filed with the Clerk of Sacramento County July 27, 2015. Publish: August 7, 14, 21 and 28, 2015. JAIL 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05666 Miguel Franco, 9984 Froom Circle, Space #56, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Franco Painting & Cleaning" at 9984 Froom Circle, Space #56, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 16, 2015. Publish: August 7, 14, 21 and 28, 2015. FRANCO 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06145 Roxanne Bengé, 2950 Winchester Way, Rancho Cordova, CA 95670 and Emily Gaddoni, 5962 Jeanine Drive, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Roxie's Floral Design" at 2950 Winchester Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 3, 2015. Publish: August 7, 14, 21 and 28, 2015. ROXIES 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06213 Cory Buck, 2348 Byrd Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Buck's Heating & Air Conditioning" at 2348 Byrd Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 5, 2015. Publish: August 14, 21, 28 and September 4, 2015. BUCKS 150805 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05812 Maricarmen Ruiz Villagomez and Ricardo Reyna Gutierrez, 7232 10th Street, Rio Linda, CA 95673 are doing business under the Fictitious Business Name(s) "Quality Cleaning Services" at 7232 10th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 22, 2015. Publish: August 14, 21, 28 and September 4, 2015. QUALITY 150806 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06194 Cindy K. Cogil, 10718 Ivoryton Way, Mather, CA 95655 is doing business under the Fictitious Business Name(s) "True Color Litho, True Color Lithographics" at 10718 Ivoryton Way, Mather, CA 95655. Filed with the Clerk of Sacramento County August 4, 2015. Publish: August 14, 21, 28 and September 4, 2015. TRUE 150806 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06131 Navnit and Shobha Keshav, 8151 Pond Brook Way, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Sunrise Cafe" at 3443 Laguna Boulevard, Elk Grove, CA 957587. Filed with the Clerk of Sacramento County July 3, 2015. Publish: August 14, 21, 28 and September 4, 2015. SUNRISE 150806 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06042 Mark Gudenas, 11280 Stanford Court Lane, Unit 402, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Hard Hat Marketing" at 11280 Stanford Court Lane, Unit 402, Gold River, CA 95670. Filed with the Clerk of Sacramento County July 30, 2015. Publish: August 14, 21, 28 and September 4, 2015. HARDHAT 150806 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06218 Keo-Exporters, LLC, 4005 Manzanita Avenue, #6-148, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Cricket Kitchen" at 3249 Deodas Street, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2015. Publish: August 14, 21, 28 and September 4, 2015. CRICKET 150806 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06046 Sabrina Clark, 7448 Kingsman Avenue, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Body Botanicals" at 6060 Sunrise Vista Drive Suite 2000F, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2015. Publish: August 14, 21, 28 and September 4, 2015. BODY 150806 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06266 Kevin Broderick, 2308 Marie Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Media Consultant Group" at 2308 Marie Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 7, 2015. Publish: August 14, 21, 28 and September 4, 2015. THEMEDIA 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06255 Gurbinder Singh and Satwinder Kaur, 8544 Whitby Court, Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "G.S.B. Trucking" at 8544 Whitby Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 7, 2015. Publish: August 14, 21, 28 and September 4, 2015. GSBTRUCKING 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06147 Mandeep Singh Pawar, 5654 Los Pueblos Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "MP Express" at 5654 Los Pueblos Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 3, 2015. Publish: August 14, 21, 28 and September 4, 2015. MPXPRESS 150808 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05821 Tiffany Pappas, 3017 Portrait Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "TK Notaries" at 3017 Portrait Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 22, 2015. Publish: August 14, 21, 28 and September 4, 2015. TKNOTARIES 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06021 Christine L. Villa, 5040 Jackson Street #86, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Purple Cotton Candy Arts" at 5040 Jackson Street #86, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 29, 2015. Publish: August 14, 21, 28 and September 4, 2015. PURPLE 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06198 Rosie Valenz, 162 Globe Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Zero Gravity MMA" at 1875 Diesel Drive #5, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 5, 2015. Publish: August 14, 21, 28 and September 4, 2015. ZERO 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05621 Tina Marie Christensen, 2560 Avalon Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Tina's Love Notes" at 2560 Avalon Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 15, 2015. Publish: August 14, 21, 28 and September 4, 2015. TINAS 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-05634 Carlos Sanchez, 6917 Mitchell Court, Citrus Heights, CA 95610 and Sam Galavey, 6933 Ranch House Way, Citrus Heights, CA 95621 are doing business under the Fictitious Business Name(s) "The Sweat Shop Apparel" at 6917 Mitchell Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 15, 2015. Publish: August 14, 21, 28 and September 4, 2015. THESWEATSHOP 150807 9-4-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03254 Kulwinder Kaur, 5740 Jacinto Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "ABJ Market" at 5903 A Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County April 20, 2015. Publish: August 14, 21, 28 and September 4, 2015. ABJMARKET 150612 9-4-15

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2011-08857
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Gingles Goodies" located at 4825 Don Julio Boulevard, Sacramento, CA 95847. Dan R. Small, 4825 Don Julio Boulevard, Sacramento, CA 95847. The Fictitious Business Name Statement referred to above was filed on October 19, 2011 in the County of Sacramento. Publish: July 31, August 7, 14 and 21, 2015. GINGLES 150722 8-21-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2013-04371
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Koukla Kids, LLC" located at 3809 J Street, Sacramento, CA 95816. Koukla Kids, LLC, located at 3809 J Street, Sacramento, CA 95816. The Fictitious Business Name Statement referred to above was filed on May 24, 2013 in the County of Sacramento. Publish: July 31, August 7, 14 and 21, 2015. KOUKLA 150727 8-21-15

ORDER TO SHOW FOR CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00181716
WHEREAS, Debra Louise Marshall has filed a petition with this court for a decree changing the name(s) of Debra Louise Marshall to Debi Louise Walsh. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 23, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 15, 2015. Raymond M. Cadei, Judge of the Superior Court. Publish: July 24, 31, August 7 and 14, 2015. MARSHALL 150715 8-14-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00181178
WHEREAS, Natasha Maire Leubner has filed a petition with this court for a decree changing the name(s) of Jaiden Michael Leubner to Jaiden Michael Connolly. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 16, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015. Raymond M. Cadei, Judge of the Superior Court. Publish: July 24, 31, August 7 and 14, 2015. LEUBNER 150715 8-14-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00181415
WHEREAS, Vyjze Nza Stroup has filed a petition with this court for a decree changing the name(s) of Vyjze Nza Stroup to Vija Nza Stroup. IT IS ORDERED that all persons interested

LEGAL ADVERTISING

Continued from the previous page

ORDER TO SHOW FOR CHANGE OF NAME

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182319

WHEREAS, FNU Massoud has filed a petition with this court for a decree changing the name(s) of FNU Massoud to Massoud Bakhtyari.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 29, 2015
David I. Brown, Judge of the Superior Court
Publish: August 7, 14, 21 and 28, 2015
MASSOUD 150729 8-28-15

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF BUD EDWARD BARBEE (descendent)
ESTATE NO. 34-2015-00178886

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BUD EDWARD BARBEE AKA BUD BARBEE AKA EDWARD HUGH BARBEE (deceased): A petition has been filed by LAUREL BUCKOUSIS in the Superior Court of California, County of Sacramento, requesting that LAUREL BUCKOUSIS be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required. A hearing on the petition will be held in this court as follows: September 16, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Laurel Buckousis, 3119 Shady Creek Circle, Red Oaks, TX 75154 (972) 576-2003
Publish: August 7, 14 and 21, 2015.
BARBEE 150728 8-21-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182614

WHEREAS, Howe Bugher Washington has filed a petition with this court for a decree changing the name(s) of Howe Bugher Washington to Howe Beatrice Washington.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 16, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 5, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 14, 21, 28 and September 4, 2015
WASHINGTON 150806 9-4-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182584

WHEREAS, FNU Alizafar has filed a petition with this court for a decree changing the name(s) of FNU Alizafar to Alizafar Sultani.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 15, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 5, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 14, 21, 28 and September 4, 2015
ALIZAFAR 150806 9-4-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182066

WHEREAS, Katie Almandariz and Ryan Sharts on behalf of Isabelle Ryan Sharts have filed a petition with this court for a decree changing the name(s) of Isabelle Ryan Sharts to Isabelle Ryan Weathers.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 5, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 22, 2015
David I. Brown, Judge of the Superior Court
Publish: August 14, 21, 28 and September 4, 2015
WEATHERS 150805 9-4-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182055

WHEREAS, Hakim Abdul Naji has filed a petition with this court for a decree changing the name(s) of Hakim Abdul Naji to Gary Sires.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 2, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 21, 2015
David I. Brown, Judge of the Superior Court
Publish: August 14, 21, 28 and September 4, 2015
SIREs 150805 9-4-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182613

WHEREAS, FNU Najibullah and FNU Marghalara have filed a petition with this court for a decree changing the name(s) of FNU Najibullah to Najibullah Roshan, FNU Marghalara to Marghalara Roshan.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 5, 2015
David I. Brown, Judge of the Superior Court
Publish: August 14, 21, 28 and September 4, 2015
ROSHAN 150805 9-4-15

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182605

WHEREAS, Gina Maria Tronci has filed a petition with this court for a decree changing the name(s) of Gina Maria Tronci to Gina Mary Gilchrist Manning.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 16, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 5, 2015
David I. Brown, Judge of the Superior Court
Publish: August 14, 21, 28 and September 4, 2015
MANNING 150806 9-4-15

Holder Proves You Can Go Home Again

In A Way, The Former Attorney General Never Really Left His Powerhouse Corporate Employer



Commentary by Jim Hightower

Novelist Thomas Wolfe famously wrote: "You can't go home again." But Eric Holder has proven him wrong.

Holder, who served as President Barack Obama's attorney general until stepping down earlier this year, recently returned to his old home — Covington & Burling.

Where's that? Well, it's not actually a place, but a powerhouse Washington lobbying and lawyering outfit. It runs interference in Washington for such Wall Street heavyweights as Bank of America, Citigroup, JPMorgan Chase, and Wells Fargo — and it's a place where Holder definitely feels at home.

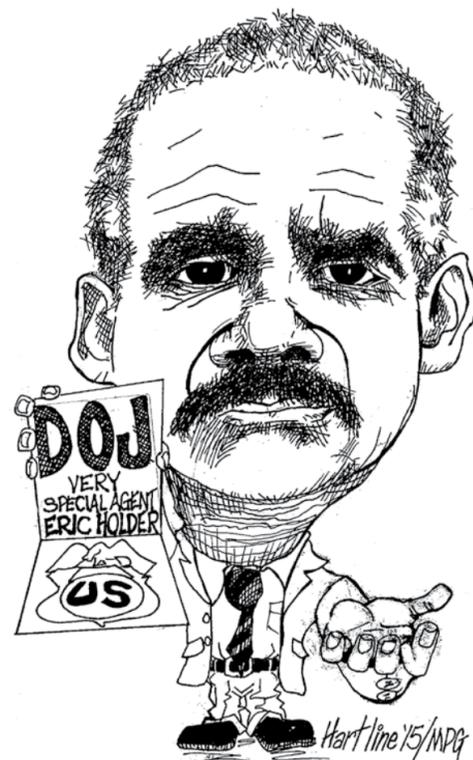
After serving as a deputy attorney general in the 1990s, Holder was invited in 2001 to leave his government job and join the corporate covey of Covington & Burling lawyers. There, he happily hauled water for corporations until tapped to re-enter the government in 2009.

The most striking thing about Holder's six-year run as America's top lawyer was his ever-so-delicate treatment of the Wall Street banksters who crashed our economy in 2008.

Despite blatant cases of massive fraud and finagling, Holder failed to prosecute even one of the top Wall Streeters involved. Indeed, he kindly de-prioritized criminal prosecutions of mortgage fraud, and even publicly embraced the soft-on-corporate-crime notion that Wall Street banks are "too big to fail" and "too big to jail."

It's no surprise that Holder is once again spinning through the revolving door of government service to rejoin his corporate family at Covington & Burling. In fact, in his years away, the firm kept a primo corner office empty for him, awaiting his return home.

In a way, he never really left. But now his paycheck for



serving corporate interests will be many millions of dollars a year. That should make this a happy homecoming.

OtherWords columnist Jim

Hightower is a radio commentator, writer, and public speaker. He's also editor of the populist newsletter, The Hightower Lowdown. OtherWords.org. ★

CHP Offers Free "Start Smart" Class

SACRAMENTO REGION, CA (MPG) - The leading cause of death for Americans 15-20 years old is motor vehicle collisions. In an effort to inform and to reduce motor vehicle collisions in California, California Highway Patrol (CHP) North Sacramento will offer a free Start Smart class. According to the National Highway Traffic Safety Administration (NHTSA), mile for mile, teenagers are involved in three times as many fatal crashes as all other drivers.

Recent collisions involving teenagers in our area demonstrate the importance of these types of classes. The classes are used to promote traffic safety to both parents and teens. Both parents/caregivers and teens are



encouraged to attend the class.

The CHP's Start Smart program is a driver safety education class that targets new and future licensed teenage drivers between the age of 15-19 and their parents/guardians.

The Start Smart class will cover collision avoidance techniques, driver responsibility, collision trends, distracted driving laws, alcohol-related driving process. The program also offers an opportunity for new drivers

and parents/guardians to ask CHP Officers clarifying questions. The class incorporates videos and classroom discussion.

North Sacramento CHP will be offering this free class on Wednesday, August 19th from 6:30 p.m. to 9 p.m. The class will be held in the conference room at the Sacramento Water and Sewer Treatment Plant at 5026 Don Julio Boulevard, located on the northeast corner of Elkhorn Boulevard and Don Julio Boulevard.

Parents/guardians interested in signing up for the class will need to register for the class either by emailing Officer Berry at jberry@chp.ca.gov or Officer Hertzell at chertzell@chp.ca.gov. Or, you can private message Officer Hertzell at Facebook.com/chpnorthsac or on Twitter @chpnasac. Officer Berry and/or Officer Hertzell will need the first and last name of every teen attending so that a certificate of completion can be handed to the teen at the end of the class. It is encouraged that at least one parent/guardian attend the class with their teen driver. Funding for CHP's Start Smart programs is provided by a grant from the California Office of Traffic Safety through NHTSA.

Source: California Highway Patrol, North Sacramento ★

Outdoor World

Tips for Catching White Bass

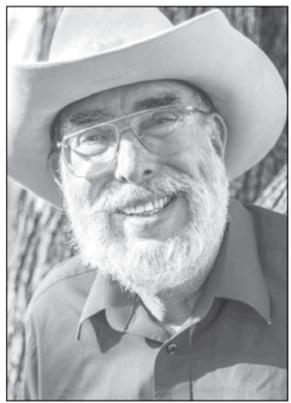
One of America's most popular gamefish is the white bass. The most exciting time to fish for them is during their annual spring spawning run up streams and rivers.

When water temperatures reach the low 50s, whites start moving upstream, out of the lakes and reservoirs, until they reach a dam or other obstacle that blocks their travel. Here they stack up and continually gorge themselves, waiting for the magic 55-degree mark to complete their spawn.

Hungry, aggressive white bass aren't too picky about what they will eat, but 1/8- to 1/4-ounce curlytail or hair jigs are most popular, with in-line spinners coming in a close second. White is usually best, but chartreuse, yellow, pink, and other bright shades will work, too.

I like using a lightweight spinning reel on a 7-foot soft-tip rod with a stout butt and 4- to 6-pound test line. What I like most of all, though, is frying up a limit of these good-eating fish.

By Larry Whiteley, Host of the award-winning Outdoor World Radio
For more tips go to basspro.com and click on iSource News & Tips



Billy's been a busy guy ever since he became the official town dog here. Sally had been the town dog until she passed away on Doc's porch, and then Billy's owner died just two weeks after that, so it was something of a natural progression. Sometimes offices are filled without an election.

The high school wood shop boys built Billy a dog house next to the school crossing, but Billy preferred Aunt Ada's couch in the cold months and a nice dog depression under an oak tree when it's warm.

Slim Randles' HOME COUNTRY Pop Remembers WWII, Also

Billy was making the rounds this morning. He had snacks at the Gates of Heaven Chinese café (back door, of course) and the Mule Barn truck stop, and conned a granola bar out of some kids just leaving the convenience store. Then he headed down the main street, turned right at the drug store, and ended up on the porch of The Rest of Your Life Retirement Home. A brief scratching and whining gave him access, and he cruised around, being petted and loved, until he found Pop Walker.

Pop can remember what happened in World War II right down to the mess hall menu, but he has a tough time with names and if he's had breakfast today or not.

"Uh ...?" Pop looked at the lady in the nurse's uniform.

"I'm Jean, Pop."

"Oh sure ... Jean, okay if I go outside with the dog?"

"Only in the back yard, Pop. Okay?"

He grinned. "Okay."

Pop and Billy walked around back there for a while, and Pop found a stick and threw it for Billy a few times. Then they went to a bench in the shade and Billy laid his head on Pop's knee and got some free ear rumples.

Pop looked down at the dog.

"I'm glad you came over today ... Billy," Pop said.

Pop remembers World War II, also.

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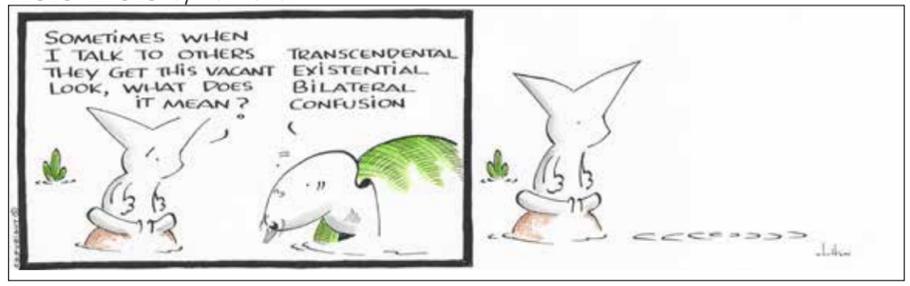
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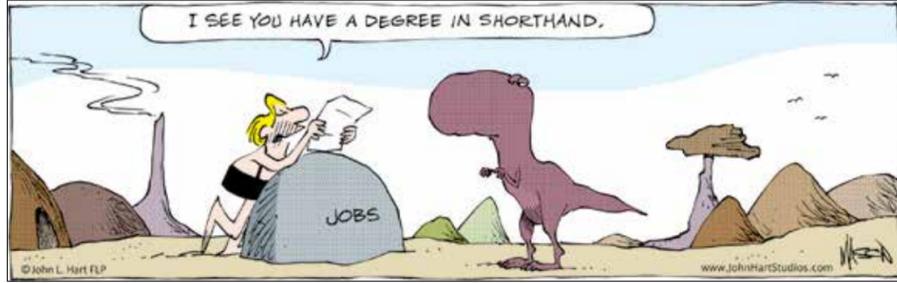
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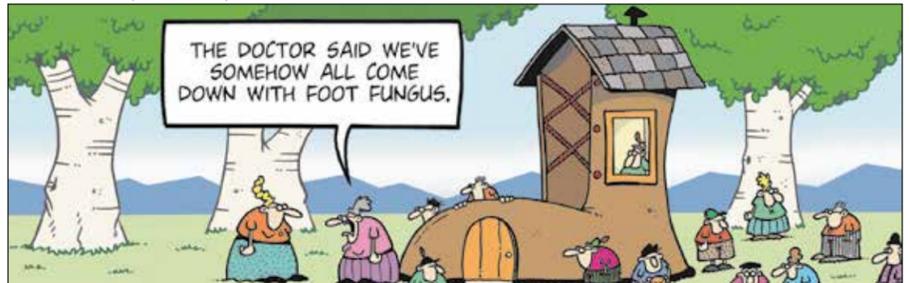
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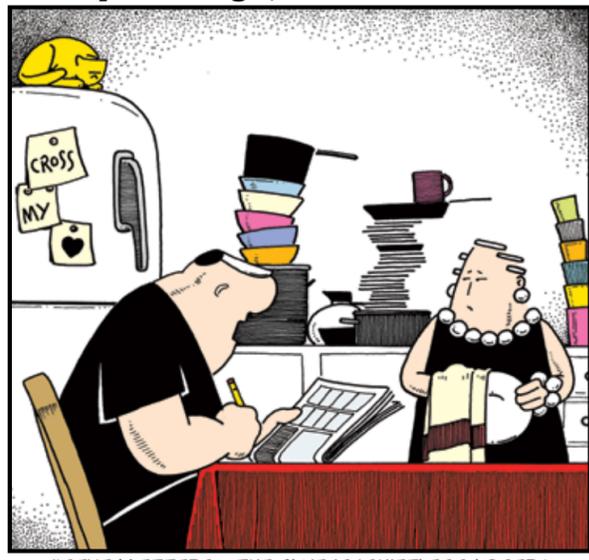
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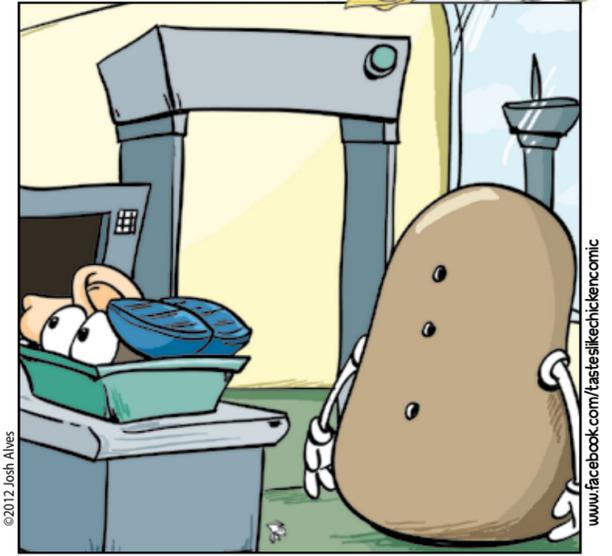
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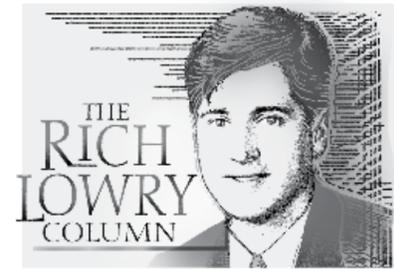
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THE RICH LOWRY COLUMN
By Rich Lowry

The Immigration Secessionists

It turns out that everything we've heard about the evils of states and localities defying federal law is wrong.

So long as a jurisdiction is sticking its thumb in the eye of the federal government on behalf of illegal immigrants who have been arrested and jailed, defiance of federal authority is progressive and commendable.

Through the years, the left has created dozens upon dozens of so-called sanctuary cities devoted to frustrating federal immigration enforcement. On this issue, they are little islands of secession. Somewhere John C. Calhoun must be smiling -- although slightly puzzled -- over the renewed prestige of a version of his old, discredited idea of nullification.

Sanctuary cities have gotten renewed

attention in the wake of a horrific murder in San Francisco, a case amplified by the bullhorn of Donald Trump. Kathryn Steinle, 32, was shot and killed by an illegal immigrant, Juan Francisco Lopez-Sanchez, who had a long rap sheet and had been deported five times. The murder was easily avoidable. A few months prior, the city had arrested Lopez-Sanchez on drug charges, but it simply released him when the charges were dropped, even though Immigration and Customs Enforcement wanted to take custody of him for deportation.

This wasn't an isolated misjudgment. San Francisco has long been a sanctuary city that doesn't honor so-called federal detainers (i.e., notices that Immigration and Customs Enforcement wants to take custody of an illegal immigrant upon release from jail). It is a policy of calculated irresponsibility meant to create a zone of lawlessness. In this instance, the human cost was heartbreakingly high.

The immigration debate is famously fraught. Maybe we can't agree on building a fence. Maybe we can't agree on a pathway to citizenship. But surely we can agree that illegal aliens who have landed in jail should be deported?

Apparently not. We have a "broken system," as the supporters of amnesty always like to say, in part because they took a sledgehammer to it.

The number of sanctuary cities has been increasing during the Obama years. The administration has thrown the book at states that have dared to aid in the enforcement

of federal immigration law, but hasn't moved against jurisdictions acting at cross-purposes to the law. Indeed, it has eased the way for them.

It reinterpreted, with no legal justification, a federal regulation in order to make detainers voluntary. It kneecapped the successful Secure Communities program that shared the fingerprints of local arrestees with the feds, replacing it with a significantly watered-down program.

Obama has gutted interior enforcement. The former acting head of Immigration and Customs Enforcement said recently, "If you are a run-of-the-mill immigrant here illegally, your odds of getting deported are close to zero."

What to do about sanctuary cities? It is already against federal law for jurisdictions to forbid their officials from sharing immigration information with the federal government. Congress should tighten up the law by making it clear again that detainers are mandatory and withholding certain federal funds from jurisdictions that still won't comply.

Of course, it would take a different president to sign such a bill, one who cares about the laws he is pledged to enforce and who doesn't seek a sanctuary nation.

Rich Lowry is editor of the National Review.

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Assistance Dogs Are the Real Deal

DEAR PAW'S CORNER: I was shopping recently and noticed a healthy-looking man pushing a cart around the store with a big dog by his side. As they came closer, I saw the dog was on a regular leash and wore an assistance dog vest, but the guy didn't look disabled. Was he faking it?
- Suspicious in Pittsburgh

DEAR SUSPICIOUS: No, the man was not "faking it." I can't emphasize this strongly enough, but many people with physical challenges do not appear, to those who don't know them, to be challenged. Service dogs or assistance dogs have increasingly become essential companions for people with different kinds and levels of disability. While many of us are familiar with guide dogs for the blind, dogs providing other types of assistance are more prevalent today

as well. They provide everything from emotional support to actively alerting their owners to potential dangers. For example, many dogs that provide assistance to people with hearing disabilities are small- to medium-size. Seeing a Chihuahua with an assistance vest may be odd to some folks, they are a vital part of that person's interaction with the outside world. Military veterans with injuries ranging from PTSD to limb loss, paralysis, traumatic brain injury or other issues also have been greatly helped by assistance dogs that provide a varying range of services. To learn more, visit www.assistance-dogs-international.org.

Send your questions or tips to ask@pawscorner.com.

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END OF THE BENCH BY GERRY SCHOU

Not So Bright, Sunny Days

As he has done from time to time in the past, Giants announcer Jon Miller, on another beautiful day for baseball in Chicago Sunday, invoked the lyrics of what must be one of his favorite songs.

When the sky opened up over the fine shrine to baseball, Wrigley Field, Miller broke into his familiar (to Giants fans) spoken-word version of the 1972 Johnny Nash hit: "I can see clearly now, the rain is gone. I can see all obstacles in my way. Gone are the dark clouds that had me blind. It's gonna be a bright, bright sunny day."

It couldn't have been much better, weather-wise, through the four days the Giants were in Chicago, and it was pretty cool to see the championship-starved (since 1908) Cubs fans enjoying themselves so, though it was at the expense of the team for which Miller works.

Wrigley and its famed ivy-covered walls were dazzling in the bright sun, but dark clouds hovered over the Giants' fortunes as the Cubs completed a four-game sweep. The Giants were down, 2-0, late in the fourth game of the series when the real clouds rolled in and rain (remember rain?) began to fall, just in time to stop Hunter Pence's eighth-inning bid for a three-run homer about five feet short.

After a winning stretch of 13 out of 15, the dog days of August have taken some bites out of the Giants' legs and they limped home from a rough, rough road trip after going 3-7. Fortunately, the hounds are after the West Division-leading Dodgers as well and the Giants began a six-game homestand Tuesday just 2 1/2 games behind. These games are part of a stretch of 22 games in 23 days, all against contenders.

If the defending-champions are to be in the mix again, they will really have to earn it, starting now. They will have to overcome several obstacles in their way. All Star second baseman Joe Panik (.309 avg., 7th in the NL) is on

the shelf with a bad back, and newly-acquired starting pitcher Mike Leake made one solid start before injuring a hamstring and joining Panik on the disabled list along with catcher Andrew Susac and pitchers Tim Hudson and Tim Lincecum. Jake Peavy has pitched well since rejoining the rotation, but has little to show for it because either the offense or the bull pen has let him down. Matt Cain looks as though he should've rehabbed a little longer in Sacramento, because he continues to make location mistakes at the worst possible times. Nori Aoki lost momentum when a pitch broke his lower leg and now he took another one to the head. Angel Pagan's back and both knees are barking, and though he is trying to play through those injuries he looks like a fragment of his former self. On the bright side, the Giants have seven games left against L. A. and boast a 9-3 mark against the Dodgers thus far.

Clearly, the dark days keep on coming for the San Francisco 49ers. Maybe they have hit rock bottom with the most-recent incident involving preeminent pass rusher Aldon Smith that has resulted in the star player being released by the team after four troubled years. The fifth time was the charm for Smith. The 25-year-old has had five brushes with the law since January 2012. Smith has wreaked havoc on the field and off. Events off the turf included multiple DUIs, firing guns and getting stabbed at a "party?" at his home, illegal-weapons charges, bomb threats at the airport, lawsuits, a nine-game suspension, fines, probation, 235 hours of community service, an apparently ineffective rehab stint, smashed up cars, (only?) a few hours in jail, assorted felonies and misdemeanors, hit-and-run and vandalism and...he gone.

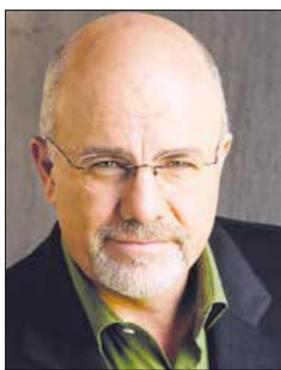
Smith joined a lengthy list of important figures to leave the 49ers over recent months. Of course, former head coach Jim

Harbaugh tops that list. After a successful run and many frayed nerves "in the building," and a disappointing 8-8 record last season, highlighted by an offense in disarray, Harbaugh left for his alma mater, Michigan. All-time 49ers rushing leader Frank Gore left for the Colts. Other major notable departures: LB Patrick Willis, DT Justin Smith, OT Anthony Davis, LB Chris Borland, WR Michael Crabtree and, previously in the style of Aldon Smith, Ray MacDonald.

The 49ers' once stout defense has been ravaged. It will clearly be a case of "next man up." The team did draft for defense this year, with their first three selections being DL Arik Armstead (Oregon), S Jaquiski Tarrt (Samford, not Stanford) and OLB Eli Harold (Virginia). Also added were free agents DT Darnell Dockett and CB Shareece Wright. New coach Jim Tomsula and everybody else hopes that three-time, First Team All-Pro linebacker NaVorro Bowman can return to that form after a brutal knee injury that kept him out of all of last season.

There are also hopes for a rejuvenated offense even though the line will have to develop. QB Colin Kaepernick is expected to improve after his off-season sessions with Kurt Warner, a two-time NFL MVP and a Super Bowl champion and MVP. That can't hurt. The team also added experienced producers RB Reggie Bush and WR Torrey Smith. But it will likely take some time for the sun to shine on the Niners.

Things appear to be somewhat brighter across the bay for the Oakland Raiders, now that they have settled on their QB of the future, Derek Carr, added top draft pick WR Amari Cooper and brought in a successful, experienced coach in Jack Del Rio. But fans may be blinded by those dark clouds of renewed talks about the Raiders leaving town again. ★



Dave Says

ground.

- Craig

Looking at it from a long-term perspective, if you're selling a bunch of houses a year or two from now, you're in the clear. You could easily stay in the house. But if you don't find extra income while you build your business, if you're not willing to work extra hard and sacrifice in the meantime — even if it means just delivering pizzas — then you probably need to sell the house.

It takes about six to nine months to start making a living in the residential real estate business. So look at it this way: the more houses you sell, the less time you spend delivering pizzas. All this really hinges on is how badly you want a career in real estate and how much you guys want to keep your home. If you want it enough, you'll do what it takes to get there. And for the time being that's going to mean supplementing your income with something on the side while you grow your real estate business!

—Dave

Pay off debt first

Dear Dave,

We've made an offer on a house we really like through a first-time buyers program. Now, after looking over our budget and debts again, my wife and I are having second thoughts. We haven't signed or turned in any paperwork yet. What do you think we should do?

Need a side income

Dear Dave,

My wife and I are thinking about selling our home. I was recently let go from the military due to downsizing, and I've begun a job in real estate but things are starting slowly. My wife brings home about \$3,500 a month as a teacher, and the only debt we have is our house payment of \$1,616 a month. I was given a \$35,000 severance package, but we need some advice to help bridge the financial gap. Any ideas?

- Erik

Dear Erik,

Having little or no income is a lot harder than a variable income situation. Your wife is bringing home good money, but at the moment your house payment is almost half that amount. Are there some things you can do on the side while you're getting your real estate business going that will create income? If you could make even \$1,000 to \$2,000 a month, it would change the picture entirely. You guys would be able to keep your home and have a little breathing room while you get your real estate career off the

Dear Craig,

I wouldn't go through with the deal. I advise people to be debt-free before buying a home, because you want a home to be a blessing, not a curse.

Homeownership when you're broke is never a good idea. And basically, that's the situation you're describing. You have debt, and you're trying to squeak into something with a first-time buyers plan. The translation? You have no money. Everything that can go wrong will go wrong. That's Murphy's Law, and he'll move into your spare bedroom along with his three cousins — Broke, Desperate and Stupid.

Get your debts paid off, build up an emergency fund, and save up a good down payment before buying a home. I know that's not the popular answer, but it's the smart one!

—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The *Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com. ★

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Television Listings for the week of August 14-August 19

FRIDAY EVENING

AUGUST 14, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC Shark Tank (TVPG) HD	What Would You Do? (TV14) HD	20/20 (N) HD	Local	Jimmy Kimmel Live (N) HD	Nightline (N) HD	Local	Jimmy Kimmel Live (N) HD	2015 PGA	Local
CABLE	A&E Criminal Minds (N) HD	Criminal Minds (N) HD	Criminal Minds "Hope" (N) HD	(01) Criminal Minds (N) HD	(01) Criminal Minds (N) HD	(01) Criminal Minds (N) HD	(01) Criminal Minds (N) HD	(01) Criminal Minds (N) HD	(01) Criminal Minds (N) HD	(01) Criminal Minds (N) HD
AMC	Get Smart (08, PG-13) ★★★ Steve Carell, Anne Hathaway, HD	U.S. Marshals (98, PG-13) ★★★ Tommy Lee Jones, HD	Redwood Kings (N) HD	Treehouse Masters (N) HD	Redwood Kings (N) HD	Treehouse Masters (N) HD	Redwood Kings (N) HD	Treehouse Masters (N) HD	Treehouse Masters (N) HD	Treehouse Masters (N) HD
ANIMAL	To Be Announced (6:54) What's Love Got to Do with It? (93, R) HD	Lip Sync Home Team (N) HD	Home Team Punk'd (N) HD	Wendy Williams (N) HD	Home Team Punk'd (N) HD	Wendy Williams (N) HD	Home Team Punk'd (N) HD	Wendy Williams (N) HD	Wendy Williams (N) HD	Wendy Williams (N) HD
BET	A Cinderella Story (04) A Cinderella Story (04, PG) ★★½ Hilary Duff, HD	Cheaper by the Dozen 2 (05, PG) Steve Martin, HD	Hospital Black Heart, She Squid (N) HD	Heart, She Squid (N) HD	Hospital Black Heart, She Squid (N) HD	Heart, She Squid (N) HD	Hospital Black Heart, She Squid (N) HD	Heart, She Squid (N) HD	Heart, She Squid (N) HD	Heart, She Squid (N) HD
BRAVO	King of Hill King of Hill (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD	Cheerleaders (N) HD
CARTOON	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD
CMT	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD	Reba (N) HD
CNN	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD	Death Row Stories (N) HD
COMEDY	Key: Peele Key: Peele (N) HD	Futurama (N) HD	South Park (N) HD	South Park (N) HD	South Park (N) HD	South Park (N) HD	South Park (N) HD	South Park (N) HD	South Park (N) HD	South Park (N) HD
DISCOVERY	Edge of Alaska (N) HD	Edge of Alaska (N) HD	Treasure Quest (N) HD	(02) Edge of Alaska (N) HD	Treasure Quest (N) HD	(02) Edge of Alaska (N) HD	Treasure Quest (N) HD	(02) Edge of Alaska (N) HD	Treasure Quest (N) HD	(02) Edge of Alaska (N) HD
DISNEY	BUNK'D (N) HD	I Didn't (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD	Star vs. Best (N) HD
E!	Total Divas (TV14) HD	Total Diva (N) HD	The Soup (N) HD	The Soup (N) HD	The Soup (N) HD	The Soup (N) HD	The Soup (N) HD	The Soup (N) HD	The Soup (N) HD	The Soup (N) HD
ESPN	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD
ESPN2	Arena Football League: "Playoffs": Portland vs San Jose (05, R) HD	Arm Wrestling (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD	30 for 30: "The Two Escobars" (N) HD
FAMILY	Charlie and the Chocolate Factory (05, PG) Johnny Depp, HD	Kevin Work (N) HD	The 700 Club (TV G) (N) HD	Next Step Realty: NYC (N) HD	The 700 Club (TV G) (N) HD	Next Step Realty: NYC (N) HD	The 700 Club (TV G) (N) HD	Next Step Realty: NYC (N) HD	The 700 Club (TV G) (N) HD	Next Step Realty: NYC (N) HD
FOOD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD	Diners (N) HD
FX	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD	This Is the End (13, R) ★★★½ James Franco, HD
HGTV	Love It or List It, Too (N) HD	Love It or List It, Too (N) HD	Hunters (N) HD	Hunters (N) HD	Hunters (N) HD	Hunters (N) HD	Hunters (N) HD	Hunters (N) HD	Hunters (N) HD	Hunters (N) HD
HISTORY	Ancient Aliens (N) HD	Ancient Aliens (N) HD	Missing in Alaska (N) HD	(03) Ancient Aliens (N) HD	(03) Ancient Aliens (N) HD	(03) Ancient Aliens (N) HD	(03) Ancient Aliens (N) HD	(03) Ancient Aliens (N) HD	(03) Ancient Aliens (N) HD	(03) Ancient Aliens (N) HD
LIFETIME	Bring It! (TVPG) (N) HD	Bring It! (TVPG) (N) HD	Atlanta Plastic (N) HD	(02) Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	(02) Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	(02) Atlanta Plastic (N) HD	Atlanta Plastic (N) HD	(02) Atlanta Plastic (N) HD
MTV	Ridiculousness (N) HD	Ridiculousness (N) HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD	Scary Movie (00, R) ★★ Shawn Wayans, HD
NICK	Sponge Pig Goat (N) HD	Full House (N) HD	Prince (N) HD	Prince (N) HD	Prince (N) HD	Prince (N) HD	Prince (N) HD	Prince (N) HD	Prince (N) HD	Prince (N) HD
SPiKE	Cops (N) HD	Cops (N) HD	Premier Boxing: "Tarver vs. Cunningham" (N) HD	Cops (N) HD	Cops (N) HD	Cops (N) HD	Cops (N) HD	Cops (N) HD	Cops (N) HD	Cops (N) HD
SYFY	Defiance (TV14) (N) HD	Killjoys (N) HD	Dark Matter (TV14) (N) HD	Defiance (TV14) (N) HD	Killjoys (N) HD	Dark Matter (TV14) (N) HD	Defiance (TV14) (N) HD	Killjoys (N) HD	Dark Matter (TV14) (N) HD	Defiance (TV14) (N) HD
TBS	Family Guy (N) HD	The 40-Year-Old Virgin (05, R) ★★★ Steve Carell, HD	Clipped (N) HD	Cougar (N) HD	Clipped (N) HD	Cougar (N) HD	Clipped (N) HD	Cougar (N) HD	Clipped (N) HD	Cougar (N) HD
TCM	(7:45) Duck Soup (33) A Night at the Opera (35, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD	A Day at the Races (37, NR) Groucho Marx, HD
TLC	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD
TNT	Cold Justice (N) HD	Sex Crimes (N) HD	Cold Justice (TV14) (N) HD	Sex Crimes (TV14) (N) HD	Cold Justice (TV14) (N) HD	Sex Crimes (TV14) (N) HD	Cold Justice (TV14) (N) HD	Sex Crimes (TV14) (N) HD	Cold Justice (TV14) (N) HD	Sex Crimes (TV14) (N) HD
TRAVEL	Mysteries (TVPG) (N) HD	Mysteries (N) HD	Mysteries: "The Death" (N) HD	Mysteries (TVPG) (N) HD	Mysteries (N) HD	Mysteries: "The Death" (N) HD	Mysteries (TVPG) (N) HD	Mysteries (N) HD	Mysteries: "The Death" (N) HD	Mysteries (TVPG) (N) HD
TV LAND	Hitch (05, PG-13) ★★★ Will Smith, Eva Mendes, HD	Gaffigan (N) HD	Queens (N) HD	Queens (N) HD	Queens (N) HD	Queens (N) HD	Queens (N) HD	Queens (N) HD	Queens (N) HD	Queens (N) HD
USA	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD	Modern (N) HD
VH1	The Goonies (85, PG) ★★½ Sean Astin, Josh Brolin, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD	Kindergarten Cop (90, PG-13) ★★½ Arnold Schwarzenegger, HD
WGN	How I Met (N) HD	Rules (N) HD	Rules (N) HD	Parks (N) HD	Hope (N) HD	Hope (N) HD	Hope (N) HD	Hope (N) HD	Hope (N) HD	Hope (N) HD
PREM	HBOW Detective True Detective: "Omega Station" (N) HD	Real Time Maher (N) HD	Real Time Maher (N) HD	The Brink (N) HD	Ballers (N) HD	Strike Back (N) HD	Strike Back (TVMA) (N) HD	Strike Back (TVMA) (N) HD	Strike Back (TVMA) (N) HD	Strike Back (TVMA) (N) HD
MAXW	Divergent (14, PG-13) Shailene Woodley, HD	Strike Back (TVMA) (N) HD	Divergent (14, PG-13) Shailene Woodley, HD	Strike Back (TVMA) (N) HD	Divergent (14, PG-13) Shailene Woodley, HD	Strike Back (TVMA) (N) HD	Divergent (14, PG-13) Shailene Woodley, HD	Strike Back (TVMA) (N) HD	Divergent (14, PG-13) Shailene Woodley, HD	Strike Back (TVMA) (N) HD
SHOWW	Last Holiday (06, PG-13) ★★½ Queen Latifah, HD	Snowpiercer (13, R) ★★★ Chris Evans, HD	Last Holiday (06, PG-13) ★★½ Queen Latifah, HD	Snowpiercer (13, R) ★★★ Chris Evans, HD	Last Holiday (06, PG-13) ★★½ Queen Latifah, HD	Snowpiercer (13, R) ★★★ Chris Evans, HD	Last Holiday (06, PG-13) ★★½ Queen Latifah, HD	Snowpiercer (13, R) ★★★ Chris Evans, HD	Last Holiday (06, PG-13) ★★½ Queen Latifah, HD	Snowpiercer (13, R) ★★★ Chris Evans, HD

SATURDAY EVENING

AUGUST 15, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
BROADCAST	ABC Home Videos (N) HD	Beyond The Tank (N) HD	Boston EMS (N) HD	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs	Local Programs
CABLE	A&E Flipping Vegas (N) HD	Flipping Vegas (N) HD	Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD	(02) Flipping Vegas (N) HD
AMC	Chisum (70, G) ★★½ HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD	Hell on Wheels (N) HD
ANIMAL	To Be Announced (01) To Be Announced (N) HD	Dr. Jeff: Rocky (N) HD	(03) To Be Announced (N) HD	(04) Dr. Jeff: Rocky (N) HD	(03) To Be Announced (N) HD	(04) Dr. Jeff: Rocky (N) HD	(03) To Be Announced (N) HD	(04) Dr. Jeff: Rocky (N) HD	(03) To Be Announced (N) HD	(04) Dr. Jeff: Rocky (N) HD
BET	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD	(02) Tyler Perry's I Can Do Bad All By Myself (09, PG-13) Tyler Perry, HD
BRAVO	(7:30) Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD	Bridesmaids (11, R) ★★★ Kristen Wiig, Maya Rudolph, HD
CARTOON	DBZ Kai King of Hill (N) HD	Cleveland (N) HD	Dad (N) HD	Family Guy (N) HD	Family Guy (N) HD	Family Guy (N) HD	Family Guy (N) HD	Family Guy (N) HD	Family Guy (N) HD	Family Guy (N) HD
CMT	Party Down South (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD	Dog & Beth (N) HD
CNN	CNN Special Report (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD	Forensic (N) HD
COMEDY	Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD	(40) Grandma's Billy Madison (95, PG-13) ★★½ Adam Sandler, HD
DISCOVERY	MythBusters (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD	Deadliest Catch (N) HD
DISNEY	(15) Teen Beach 2 (15, NR) Ross Lynch, HD	Lab Rats (N) HD	Mighty Med (N) HD	Jessie (N) HD	Jessie (N) HD	Jessie (N) HD	Jessie (N) HD	Jessie (N) HD	Jessie (N) HD	Jessie (N) HD
E!	He's Just Not That Into You (09, PG-13) ★★½ Ben Affleck, HD	Maid in Manhattan (02, PG-13) Jennifer Lopez, HD	He's Just Not That Into You (09, PG-13) ★★½ Ben Affleck, HD	Maid in Manhattan (02, PG-13) Jennifer Lopez, HD	He's Just Not That Into You (09, PG-13) ★★½ Ben Affleck, HD	Maid in Manhattan (02, PG-13) Jennifer Lopez, HD	He's Just Not That Into You (09, PG-13) ★★½ Ben Affleck, HD	Maid in Manhattan (02, PG-13) Jennifer Lopez, HD	He's Just Not That Into You (09, PG-13) ★★½ Ben Affleck, HD	Maid in Manhattan (02, PG-13) Jennifer Lopez, HD
ESPN	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD	SportsCenter (N) HD
ESPN2	(7:00) CFL Football: Ottawa vs Calgary (Taped) (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD	Baseball Tonight (N) HD
FAMILY	(7:30) Up (09, PG) Ed Asner, HD	Brave (12, PG) ★★★ Kelly Macdonald, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD	Pocahontas (95, G) Mel Gibson, HD
FOOD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD	Guy's Grocery Games (N) HD
FX	White House Down (13, PG-13) ★★½ Channing Tatum, HD	Jamie Foxx, HD	White House Down (13, PG-13) ★★½ Channing Tatum, HD	Jamie Foxx, HD	White House Down (13, PG-13) ★★½ Channing Tatum, HD	Jamie Foxx, HD	White House Down (13, PG-13) ★★½ Channing Tatum, HD	Jamie Foxx, HD	White House Down (13, PG-13) ★★½ Channing Tatum, HD	Jamie Foxx, HD
HGTV	Property Brothers (N) HD	Property Brothers (N) HD	House Hunters (N) HD	Hunters (N) HD	Property Brothers (N) HD	Property Brothers (N) HD	Property Brothers (N) HD	Property Brothers (N) HD	Property Brothers (N) HD	Property Brothers (N) HD
HISTORY	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD	Cars (N) HD
LIFETIME	Sugar Babies (15, NR) Alyson Stoner, HD	Sugar Daddies (15, NR) Taylor Gildersleeve, HD	Sugar Babies (15, NR) Alyson Stoner, HD	Sugar Daddies (15, NR) Taylor Gildersleeve, HD	Sugar Babies (15, NR) Alyson Stoner, HD	Sugar Daddies (15, NR) Taylor Gildersleeve, HD	Sugar Babies (15, NR) Alyson Stoner, HD	Sugar Daddies (15, NR) Taylor Gildersleeve, HD	Sugar Babies (15, NR) Alyson Stoner, HD	Sugar Daddies (15, NR) Taylor Gildersleeve, HD
MTV	Awkward, Awkward, Catfish: The TV Show (N) HD	Project X (12, R) ★★½ Thomas Mann, HD	Awkward, Awkward, Catfish: The TV Show (N) HD	Project X (12, R) ★★½ Thomas Mann, HD	Awkward, Awkward, Catfish: The TV Show (N) HD	Project X (12, R) ★★½ Thomas Mann, HD	Awkward, Awkward, Catfish: The TV Show (N) HD	Project X (12, R) ★★½ Thomas Mann, HD	Awkward, Awkward, Catfish: The TV Show (N) HD	Project X (12, R) ★★½ Thomas Mann, HD
NICK	Thunderman 100 Things (N) HD	Nicky (N) HD	Full House (N) HD	Friends (N) HD	Thunderman 100 Things (N) HD	Nicky (N) HD	Full House (N) HD	Friends (N) HD	Thunderman 100 Things (N) HD	Nicky (N) HD
SPiKE	Cops (N) HD	Jail (N) HD	Cops (N) HD	Jail (N) HD	Cops (N) HD	Jail (N) HD	Cops (N) HD	Jail (N) HD	Cops (N) HD	Jail (N) HD
SYFY	Oz the Great (13) HD	Dragonball Evolution (09, PG) ★ Justin Chatwin, HD	Spawn (97, PG-13) ★★ John Leguizamo, HD	Next Weatherman (N) HD	Oz the Great (13) HD	Dragonball Evolution (09, PG) ★ Justin Chatwin, HD	Spawn (97, PG-13) ★★ John Leguizamo, HD	Next Weatherman (N) HD	Oz the Great (13) HD	Dragonball Evolution (09, PG) ★ Justin Chatwin, HD
TBS	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD	Big Bang (N) HD
TCM	Corsican Brothers (41) The Dawn Patrol (30, NR) Douglas Fairbanks Jr., HD	Parachute Jumper (33) (15) Little Caesar (31) HD	Corsican Brothers (41) The Dawn Patrol (30, NR) Douglas Fairbanks Jr., HD	Parachute Jumper (33) (15) Little Caesar (31) HD	Corsican Brothers (41) The Dawn Patrol (30, NR) Douglas Fairbanks Jr., HD	Parachute Jumper (33) (15) Little Caesar (31) HD	Corsican Brothers (41) The Dawn Patrol (30, NR) Douglas Fairbanks Jr., HD	Parachute Jumper (33) (15) Little Caesar (31) HD	Corsican Brothers (41) The Dawn Patrol (30, NR) Douglas Fairbanks Jr., HD	Parachute Jumper (33) (15) Little Caesar (31) HD
TLC	Say Yes to the Dress (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD	Say Yes (N) HD
TNT	Olympus Has Fallen (13, R) Gerard Butler, HD	(15) The Expendables (10, R) ★★½ Sylvester Stallone, HD	Olympus Has Fallen (13, R) Gerard Butler, HD	(15) The Expendables (10, R) ★★½ Sylvester Stallone, HD	Olympus Has Fallen (13, R) Gerard Butler, HD	(15) The Expendables (10				

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INSIDE BASEBALL

A WEEKLY TURN AROUND THE BASES

» JAYS EYEING THE POSTSEASON

» YANKEES CALL UP TOP PROSPECT

» REGIME CHANGE IN DETROIT

» HOUSTON'S SLUGGING SHORTSTOP



Five-time All-Star Troy Tulowitzki has strengthened an already powerful lineup by giving Toronto some power at the shortstop position.

Jays surging in AL East

Franchise seeks first postseason appearance since 1993

Just two weeks ago, the Toronto Blue Jays were a game under .500 and eight games behind the first-place Yankees. Not only that, they were also trailing the Orioles and Rays within the division.

Fast forward to the present, and they're the hottest team in baseball, winners of 10 of 11, and just 1.5 games out of first place after sweeping the Yankees in the Bronx.

The Blue Jays' turnaround isn't all that unexpected, though. Even on July 28 when they were treading water right around .500, they were second in the league with a plus-94 run differential. Thanks to an unsustainable low 10-22 record in one-run games, they were massively underachieving.

The Jays' front office recognized that this team, despite its rather ordinary record, had the potential to be among the best in baseball — with a few additions. General manager Alex Anthopoulos made two tremendous moves prior to the trade deadline, acquiring shortstop Troy Tulowitzki and left-handed pitcher David Price — two of the elite players in the game.

Yes, the Blue Jays had to give up a lot for the pieces. For just two months of Price — he will be a free agent after the season — the Jays gave up one of their most promising young arms in Daniel Norris plus two more prospects in Matt Boyd and Jairo Labourt. Tulowitzki's trade cost them their other top pitching prospect, Jeff Hoffman, along with a couple other prospects. That deal did, however, allow them to get out from under Jose Reyes' large contract.

The early returns are very promising. While Reyes is toiling away with a .238 on-base percentage and .256 slugging percentage, Tulowitzki has a .358 OBP and a .489 SLG with improved defense. In his first two starts, Price has allowed just one run, striking out 18 batters over 15 innings.

All of a sudden, Toronto has the best right-handed power in the league — 108 home runs among Tulowitzki, Jose Bautista, Josh Donaldson, Edwin Encarnacion and Russell Martin is more than 18 teams have total — and an offense that has scored 68 more runs than any other team.

This isn't the first time the Blue Jays have pushed in all their chips, either. Many declared them the offseason champions of 2013 when they emptied their farm to acquire Reyes, Mark Buehrle, Josh Johnson and Emilio Bonifacio from the Marlins along with reigning Cy Young Award winner R.A. Dickey from the Mets and also signed Melky Cabrera.

Unfortunately, being crowned "offseason champions" didn't help much in the regular season when injuries and poor performances all

around led to just a one-win improvement from 73 to 74 wins.

Young players such as Noah Syndergaard, Travis d'Arnaud, Henderson Alvarez, Jake Marisnick, Anthony DeSclafani and Justin Nicolino were gone with little to show in return. Dickey's ERA ballooned from 2.73 in his final season with the Mets to 4.21 in his first year with the Jays; Johnson made three trips to the disabled list and had a 6.20 ERA; Reyes only played in 93 games due to injuries; and Cabrera produced -0.8 WAR, a 5.3 WAR drop-off from the previous season.

That season represented a worst-case scenario for what can happen when a team goes all-in. Although some of the players have departed through free agency — Johnson and Cabrera — Anthopoulos has kept most of his key players together and has even supplemented his young core by trading for promising hitters like Donaldson and Devon Travis over the past nine months.

And just as the Blue Jays reloaded with a bevy of stars and role players such as Ben Revere, Cliff Pennington, LaTroy Hawkins and Mark Lowe, the division-leading Yankees stood pat, and in a way took a step back.

Instead of their usual move to add a marquee name, the Yankees only traded for utility man Dustin Ackley, who promptly landed on the disabled list five days after he was acquired.

The lack of moves looks even more questionable because New York's pitching rotation has a growing number of question marks. CC Sabathia is having a second straight season with an ERA over 5.00. Michael Pineda will be on the disabled list until at least September. And Masahiro Tanaka is an injury risk at any time.

The Yankees did call upon top prospect Luis Severino to take a rotation spot, and they still can acquire another pitcher before the waiver deadline at the end of the month. But it might not be enough. They've now lost seven of their past 11 games, including a three-game sweep at the hands of the Blue Jays.

Now armed with the best run differential in the league and the wins to finally match it, the Blue Jays look like one of the best teams in baseball. They will face off with the Yankees 10 more times this season, with six coming at the Rogers Centre in Toronto.

The AL East, which looked like a one-horse race just after the All-Star break, could be the most intriguing division in baseball down the stretch. The Yankees are currently in the lead, but there is no denying that Toronto has the best team.

AROUND THE HORN

Marlins right-handed pitcher **Jose Fernandez** strained his right biceps tendon and may miss the rest of the 2015 season, although an MRI revealed no structural damage. He returned from Tommy John surgery at the start of July after suffering the initial injury in May of 2014. ...

The Braves traded **Chris Johnson** to Cleveland for **Michael Bourn** and **Nick Swisher**, a trade involving approximately \$58 million in remaining salary for three players who have combined to produce -2.3 WAR over the past two seasons....

Highly touted prospect **Luis Severino** made his major league debut for the Yankees, allowing just one earned run (along with an unearned run) over five innings against the Red Sox. He struck out seven while allowing only two baserunners but ultimately took the loss when New York could score only one run off knuckleballer **Steven Wright**. ...

Dave Dombrowski was fired as the Tigers' GM after serving in that position since 2002. He has been a general manager since 1988, when he ran the Expos at age 31, and brought the Tigers back to relevancy with several big trades, including ones for **Miguel Cabrera** and **Max Scherzer**. **Al Avila** was promoted to general manager and executive vice president of baseball operations, becoming the first-ever Cuban-born general manager in baseball history....

After trailing the San Francisco Giants by a half game for the second wild card spot, the Chicago Cubs swept the Giants to open a 3.5-game lead for the final playoff spot. The Cubs, winners of nine of their last 10, also lead the Nationals by five games and Diamondbacks by eight games following the weekend. ...

Mets reliever **Jerry Blevins** saw his season end in a rather unfortunate way: He re-fractured his left forearm when he fell off a curb. ...

Garrett Richards has allowed five home runs in his last four starts, leading to a 4.55 ERA over that stretch. He has allowed 13 home runs this season after allowing only five home runs in 2014....

Seattle Mariners' slugger **Nelson Cruz** is hitting .455/.526/1.091 for the month of August, including six home runs in eight games.

NUMBERS GAME

.557

Carlos Correa is slugging .557 this season through 54 games, which is by far the highest among shortstops. Brandon Crawford is second at .493. Correa is on pace to have the best slugging season for a rookie shortstop; only Nomar Garciaparra (.534 in 1997), Juan Uribe (.524 in 2001) and Cory Snyder (.500 in 1986) have slugged at least .500 as rookie shortstops.



TURN BACK THE CLOCK

Aug. 11, 1991

Chicago White Sox lefty Wilson Alvarez, 21, throws a no-hitter in his second career start, becoming the 17th rookie in baseball history to throw a no-no. Alvarez took the second-shortest amount of time to throw one, topped only by the St. Louis Browns' Bobo Holloman, who threw a no-hitter in his first career start in 1953.

TRIVIA CORNER

Since 1995, which player traded at the deadline had the most RBIs for his new team that season?



Written and compiled by Ben Weinrib.
Follow Ben on Twitter: @benweinrib.
Email: bwweinrib@gmail.com

TRIVIA ANSWER: Jermarie Dyce, who had 59 RBIs for the A's after being acquired at the deadline in 2001.

Photos: Tulowitzki: Kevin Sousa/Icon Sportswire/
Newscom; Correa: Tom DiPace/Athlon Sports

ATHLON SPORTS POWER RANKING

- Cardinals** Best ERA in the league — and it's not even close.
- Pirates** Sweep of the Dodgers asserts dominance.
- Royals** No team walks or strikes out less often at the plate.
- Blue Jays** Winners of eight straight and 10 of 11 games.
- Dodgers** Clayton Kershaw's scoreless streak ended at 37 innings.
- Astros** Team has lost seven of 10 since trading for Carlos Gomez.
- Mets** Sweeping a pair of division rivals extends NL East lead.
- Cubs** Lead wild card spot after winning 10 of 11 games.
- Yankees** Thin rotation starting to catch up to them.
- Nationals** Doug Fister's removal from the rotation should help an ailing bullpen.
- Giants** Hotter Cubs halt the Giants' hot streak.
- Angels** Pitchers are third in the league with a 75.8% strand rate.
- Orioles** Have split their last 10 games after winning five straight.
- Rangers** Not totally out of the wild card race after sweeping Houston.
- Rays** Asdrubal Cabrera is hitting .477/.521/.773 over the past 30 days.

- Twins** Losers of seven of eight with a minus-36 run differential.
- Diamondbacks** Zack Godley has a 1.50 ERA in three starts since being called up.
- White Sox** Getting swept in KC leaves huge deficit to make up in wild card race.
- Tigers** Rookie James McCann has the seventh-best average among catchers.
- Reds** Doesn't get worse than being swept by the Brewers and Phillies.
- Red Sox** Rookies provide jolt to otherwise dreadful rotation.
- Athletics** Coco Crisp is hitting just .190/.292/.190 since his return from the DL.
- Mariners** Robinson Cano is hitting .328 since July 1.
- Indians** Put up 34 runs in a series win against the Twins.
- Braves** Only the injured Freddie Freeman has double-digit home runs.
- Reds** Marlon Byrd should be traded soon.
- Rockies** Jose Reyes is hitting just .205/.238/.256 since being acquired.
- Brewers** No batter has reached 2.0 WAR yet.
- Phillies** Somehow 16-5 since the All-Star break.
- Marlins** Lost six straight to earn the worst record in baseball.



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Spirit of '45 Celebration

Sunday, August 16 | 2:00 pm

Welcome new visitors and take a step back in time! Enjoy refreshments and vocal trio Sister Swing as they cover tunes by the Andrew Sisters. Everyone is encouraged to view our Wall of Honor, featuring photos of our residents in their military uniforms.

RSVP at 916.794.4946

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Maximizing Your Veteran Benefits

Thursday, August 20 | 1:30 pm

Do you know what VA health and long-term care programs are available? Are you receiving all the benefits to which you are entitled? Come find out about your assistance options at this presentation by VITAS Healthcare.

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134816

The Exciting New World of
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• *Has the Security of a Fixed Bridge!* • *Easier to Maintain Good Oral Hygiene*

There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.

If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

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