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Carmichael Times

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Concert Celebrates 40 Years for Community



Mission Oaks Recreation and Park District staff join Director Debby Walker (front center), who will retire during a September 13th celebration for the district's 40th birthday.

Story and photo illustration
by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - It is not quite a case of mission accomplished. More like mission ongoing.

September 13th festivities will recognize Mission Oaks Recreation and Park District's (MORPD) four decades in business. The event is also a farewell to retiring District Administrator Debby Walker. Rocking with celebrations, San Francisco-based tribute band Petty Theft will present a 5-7 p.m. concert at Gibbons Park. Children's activities are included and food trucks will offer refreshments.

The administrator's retirement spearheads a reunion for past and present district staffers, who are invited to the park community center from 3 p.m.

Walker was appointed recreation supervisor as MORPD began operations in 1974. Straddling Carmichael and Sacramento, the

far-flung district contains 16 parks.

"I loved the community and wanted to serve all age groups," says the retiree. "I created our first senior programs and advocated for the building of Mission Oaks Community Center to house them." Opening in 1982, the center offered cooked meals on its first day and has continued the tradition ever since. "We never thought of our customers as seniors," recalls Walker. "We were passionate not to be known as a Bingo and cards center. We took our seniors rafting, hiking, and on cross-country skiing trips."

More than 900 customers use the center's programs each week. It is also dance-central for the light-footed. "We started weekly band jam sessions at the YMCA in 1976," Walker recalls. "People soon turned up to dance. The musicians called themselves the MOB—Mission Oaks Band. When our center opened, the MOB moved in with its dancers. We now host three live-music dances per week."

By contrast, her district's Swanson Community Center (Northrop Avenue) caters largely to young people from low income homes. "The neighborhood is home to 25% of our district's residents," explains Walker. "Youth activities were greatly needed. We partnered with the Sheriff to provide programs that made a difference to hundreds of families. The wonderful thing about a park and recreation career is enhancing people's quality of life and helping create happy memories for them."

Walker's retirement will include helping with her family's Lodi vineyard and volunteering for church, school, and Sheriff's programs. "I'll still be active," she explains. "I'll never retire from community service."

Anyone may attend MORPD celebrations at Gibbons Park on September 13th. The park is located at 5701 Gibbons Drive. Learn about district events at www.morpd.com. ★

Fish Derby for Disabled Persons

SACRAMENTO REGION, CA (MPG) - The Carmichael Kiwanis Club and California Fly Fishers Unlimited, along with Sacramento County's Therapeutic Recreation Services (TRS), are hosting their annual fun-filled Fish Derby and BBQ lunch, a free event for individuals of all ages with disabilities. This fun event will be held on Saturday, September 19th from 9 a.m. to 1 p.m. at Hagan Community Park (2197 Chase Drive in Rancho Cordova) at Picnic Area B4, located in the back of the park.

Pre-registration is required to be included in the lunch count and free entry into the park. Participants will also need to have a completed TRS Enrollment Form on file before signing up. Call (916) 484-2044 or email TRS@saccounty.net if you need a form. Limited supervision will be provided, so families and care providers are encouraged to attend with the participants.

Participants should bring a fishing pole, hat, sunscreen, and lawn chair. (Fishing poles will be provided for those who need one.) Participation includes lunch, fishing instruction, and prizes.

Source: Therapeutic Recreation Services, Sacramento County ★



Individuals of all ages with disabilities are invited to attend a free Fish Derby and BBQ lunch at Hagan Community Park on September 19th.

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Looking for Solutions

Community
Forum Addresses
Homeless Problem



CARMICHAEL, CA (MPG) - The Carmichael Chamber of Commerce is hosting a free community forum to discuss the homeless problem in Carmichael, which is a concern for both local businesses and residents. The forum, which will feature a panel discuss and offer the opportunity for questions, will be held at the La Sierra Community Center (5325 Engle Road) on Thursday, September 24th from 7 p.m. to 9 p.m.

To reserve your seat, please RSVP at www.carmichaelchamber.com, click on the "Events" tab, and then choose "Community Forum on Homeless Problem in Carmichael" and register your attendance.

For questions or more information, contact the Chamber at (916) 481-1002.

Source: Carmichael Chamber of Commerce ★

Sheriff's Community Meeting



CARMICHAEL, CA (MPG) - The Carmichael Sheriff's Community Meeting will meet on Tuesday, September 15th from 6 p.m. to 7 p.m. at the Del Campo High School Library, 4925 Dewey Drive in Fair Oaks.

This meeting will provide an updated report on crime and other issues in the Carmichael community. There will also be time to share concerns or ask questions.

Source: Carmichael Chamber of Commerce ★

**WE
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River, Roads, Parks Come Clean

Community Schedules Housekeeping Projects

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - A passion for pristine parks, streets, and a clean river inspires several local clean-ups this fall. Between September and October, scores of workers will fill trash bags in central Carmichael and on the American River. Sturdy shoes/boots and gloves are recommended for all participants.

September 12th: Manzanita Clean-Up

Between the Fair Oaks Boulevard turn and Winding Way lies Manzanita Avenue, one of Carmichael's messiest routes. The stretch has claimed Chamber of Commerce attention via Sacramento County's adopt-a-street program. "There's a large area of fenced vacant land and no one is clearing roadside trash," said Chamber Director Shaun Dillon. "The Jan Drive corner is an eyesore. We'll be cleaning that up."

The Chamber invites students and residents to augment the workforce. Safety jackets will be provided. Volunteers should meet at 8 a.m. beside the tennis courts on the Grant corner of Carmichael Park. For information, email sdillon@shaundillon.com.



After a summer of trash-producing activity, the American River will be scoured for debris on September 19th.

September 19th: American River Clean-Up

The biggest grooming of the season is the Great American River Clean-Up—an event that galvanizes up to 1,500 volunteers. Coordinated by the

American River Parkway Foundation, the project spruces up 23 miles of parkway between Discovery Park and Hazel Avenue. Twenty-two sites—including beauty spots in Carmichael, Fair Oaks, Gold

River, Rancho Cordova, Arden Arcade, and Sacramento—are included in the housekeeping.

The project marks the end of the summer rafting season. "Our motto is to take out what you bring in," said a Parkway Foundation spokesman. "Unfortunately, many rafters and picnickers forget to bring trash bags." While drought is generally bad news for the artery, low water levels enable recovery of more sunken debris. Last year, almost 22,000 pounds of trash were removed from the river. Sacramento County disposed of the haul. For volunteer gathering points, call (916) 486-2773 or visit www.arpf.org.

October 17th: Boulevard Brush-Up

Carmichael Chamber of Commerce's Beautify

Carmichael Day coincides usefully with the community's thrice-annual Boulevard Brush-Up. Marshalled by the Carmichael Creek Neighborhood Association, workers subject Fair Oaks Boulevard to a sweep from Stanley and Manzanita avenues, and then turn the boulevard down to California Avenue. Volunteers should assemble at 9 a.m. beside the tennis courts at Carmichael Park's north end. The County Department of Transportation supplies bags. For information, call (916) 944-1042.

October 17th: Beautify Carmichael Day

Now in its third year, the community tidy-up encourages merchants and residents to take pride in their territory. Previous Beautification Day projects established flowerbeds at the Fair Oaks and Manzanita triangle. "Because of the drought,

we'll do maintenance rather than planting this year," predicts program founder and Chamber of Commerce President Cathryn Snow. Snow hopes citizens will roll up sleeves. "Apartment dwellers can band together to pull weeds," she suggests. "Homeowners can tidy frontages. If you live near a vacant lot, call the owners and have them clean it up. Prettier neighborhoods enhance property values and keep small businesses profitable. Everybody needs to get on board to achieve this."

Areas scheduled for fine-tooth treatment this Beautify Carmichael Day include Arcade Creek Park (Omni Drive), Mission Oaks Park (Gibbons Drive), and the grounds of the La Sierra Center (Engle Road). Volunteers should show up at one of the above project locations by 9 a.m. To get involved, call (916) 481-1002. ★



Carmichael activist and Chamber of Commerce director Shaun Dillon (left) leads clean-up efforts along Manzanita Avenue on September 12th. October 17th is Beautify Carmichael Day, also time for the thrice-yearly Boulevard Brush-Up.

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Never, Ever Forget



One last look of the Twin Towers and the New York City skyline from the Staten Island Ferry just a few months prior to 9/11. Photo by Paul V. Scholl

Commentary by Paul V. Scholl, Publisher

It is a fog, the fog of everyday life that gets in the way of our remembering that world-changing moment. You turned on the television, picked a channel, any channel, and there it was unfolding for every eye to see. A catastrophe of such magnitude that it made you wonder if you had actually awakened or if it was just some eerily bad dream.

It was just yesterday for many of us, but children starting high school this year never saw it in real time. They never experienced the sense of real fear and awe in the wake of

those airplanes crashing, wondering how many more would do the same.

As the years passed by, and the world changed, we got further and further from the truth. Thousands of theories, hundreds of conspiracies, millions of prayers prayed for those lost in the horrendous acts of cowardice. And we still do not have all the answers.

What we do know is there were so many heroes. What we do know is that the people of New York who served their fellow man are extraordinary. What we do know is that we are a strong nation that will come together when we need to in order to help one another in

time of need.

Unless one was about to forget, nearly 3,000 people died that day. Countless others suffered mightily through their loss, injuries, or endless nightmares. It was a day that changed the world, even for those who refuse to accept it.

On this September 11th, remember that moment and honor those who gave their all for others. Remember those who passed who never had another chance to tell their families that they loved them. And for those who will, pray for our nation, that we may one day come together to be greater than we have ever been before. ★

Watering Trees Is Wise, Not Wasteful



During this historic drought, many of our urban trees are at risk as residents cut back on outside watering. Trees in irrigated landscapes become dependent on regular watering. When watering is reduced—and especially when it is stopped completely—trees may die. Tree loss is a very costly problem, not only in expensive tree removal but in the loss of all the benefits trees provide.

SACRAMENTO REGION, CA (MPG) - As Californians cut back on water use during this historic drought, they may not realize the impact it will have on surrounding trees. Trees in irrigated landscapes become dependent on regular watering. When watering is reduced—and especially when it is stopped completely—trees may die. Tree loss is a very costly problem, not only in expensive tree removal but in the loss of all the benefits trees provide: cooling and cleaning the air and water; shading homes, walkways, and recreation areas; as well as human health impacts.

With potentially millions of urban trees at risk, a consortium of urban forest and other concerned organizations across California and SaveOurWater are releasing a simple and urgent message: Save Our Water and Our Trees.

“Governor Brown is calling for Californians to remove or let their lawns die as the most effective way for residents to save water during the drought. At the same time, Governor Brown agrees that it is critical to community health to save our lawn trees by setting up alternative watering systems once you turn off the regular sprinklers,” said Cindy Blain, executive director of California ReLeaf. California ReLeaf is a statewide urban forest nonprofit providing support and services to over 90 community nonprofits who plant and care for urban trees.

Save Our Water and Our Trees is being hosted on Governor Brown’s Save Our Water website at www.saveourwater.com/ trees, with many tips for both residents and agencies on how to water and care for trees so they not only survive the drought, but

thrive to provide shade, beauty, and habitat; clean the air and water; and make our cities and towns healthier and more livable for decades to come.

The Sacramento Tree Foundation is your local resource for all things trees—you can learn more about how and why to care for trees on their website, www.sactree.com. You can also sign up for tree care tips, receive helpful reminders, attend an upcoming drought workshop, attend community park mulching events, or attend tree tours to learn more. You can also call (916) 924-8733 or email treetips@sactree.com for advice. Such measures can ensure that Sacramento’s long commitment to its urban forest continues.

Source: Sacramento Tree Foundation ★

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Foundation Announces Responsive Grants Recipients

SACRAMENTO REGION, CA (MPG)

The Sacramento Region Community Foundation announced that it awarded nearly \$140,000 to 11 area nonprofits during the inaugural round of its highly competitive Responsive Grants program. Selected from over 120 proposals submitted to the Foundation by local nonprofit organizations, the awardees will use the funds to serve a variety of vital community needs in Sacramento, Yolo, Placer, and El Dorado counties.

The Responsive Grants program was designed to respond quickly and flexibly to a range of immediate needs and time-sensitive opportunities throughout the Sacramento region. Awarded twice annually, these grants supplement the Foundation's donor-advised granting as well as its sustained grant-making aligned with its four Strategic Initiatives.

"The Foundation is committed to supporting local needs," said Jeannie Howell, the Foundation's community impact officer. "Even as we focus on funding long-term solutions to the issues identified in our Strategic Initiatives, the Responsive Grants program allows us to support projects that exist outside of those areas, too."

"From providing drought relief resources for farm workers to furnishing new beds to over

100 formerly homeless families, the programs these awards support reflect the diversity of needs in the Sacramento region. Further, they address them in ways that are effective," Howell added.

Among the Responsive Grants awarded is one that will allow a nonprofit in downtown Sacramento to bring health services and community resources to marginalized populations beyond its brick-and-mortar headquarters, another that will help 3,000 area students learn to identify and respond to signs of depression in themselves and others, and another that will reduce feelings of isolation that many area seniors living alone experience. Altogether, the Foundation granted \$139,294 to support a wide assortment of necessary projects at the following organizations:

- California Rural Legal Assistance Foundation, Inc.
- Children's Receiving Home of Sacramento
- Community Against Sexual Harm
- Elderly Nutrition Program in Yolo County
- Marshall Foundation for Community Health
- Roberts Family Development Center

- Sacramento Area Emergency Housing Center
- Sacramento LGBT Community Center
- Seniors First, Inc.
- Suicide Prevention and Crisis Services of Yolo County
- Yolo Family Service Agency

As with all of its efforts, the Responsive Grants program furthers the Foundation's work to foster a thriving community exemplified by opportunities for all to live in a vibrant economy, benefit from a strong nonprofit sector, live with a sense of dignity, and flourish through the strength of regional diversity.

To learn more, please contact Shirlee Tully at shirlee@sacregcf.org or (916) 765-9000.

Sacramento Region Community Foundation has been the trusted steward of charitable assets, a community catalyst for meaningful change, and the advocate for shaping vital impact through philanthropy since 1983. As the center of philanthropy in the Sacramento Region, the Foundation's mission is to transform the community through focused leadership and advocacy that inspire partnerships and expand giving. Learn more at www.sacregcf.org.

Source: Sacramento Region Community Foundation ★

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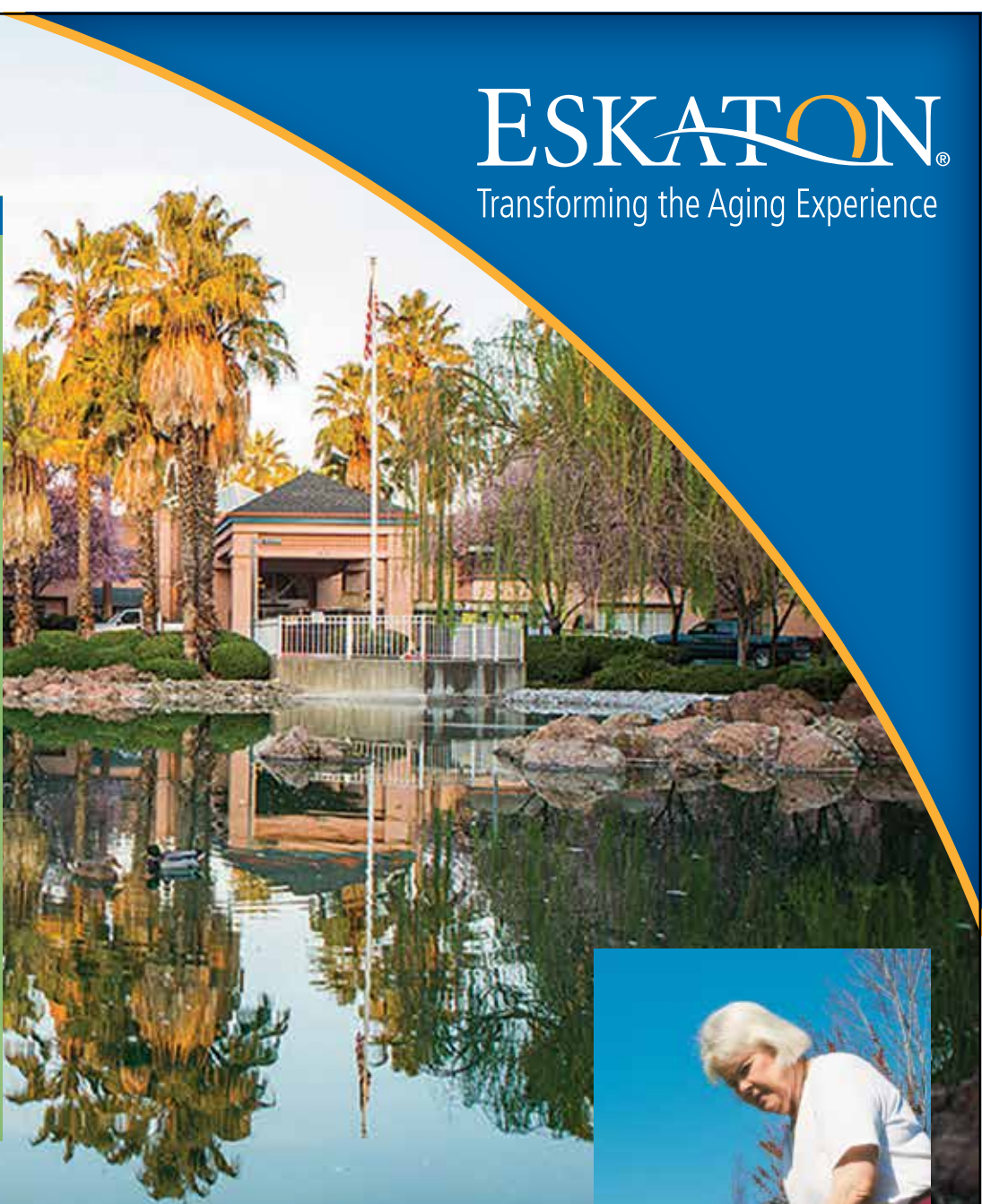
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 - *Dog's name-o
 - Like nay-sayers
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 - "In ___ of"
 - 1/60 of mins
 - Dancer's beat
 - As opposed to gross
 - "Be quiet!"
 - Arrogant snob
 - Simon & Garfunkel, e.g.
 - *One of King Cole's three
 - *"If wishes were ___"
 - Empower
 - *What Little Miss Muffet did to her curds
 - Kind of wave
 - Hardly worth mentioning
 - Haul with a hitch
 - Pigeon's perch
 - Simon does what?
 - Emergency helpers
 - Clear, as in blackboard

1	2	3	4	5	6	7	8	9	10	11	12	
13					14			15				
16					17			18				
19				20		21	22					
		23				24						
25	26	27		28		29		30		31	32	33
34		35		36		37		38				39
40				41				42		43		
44				45		46				47		
		48			49		50		51		52	
				53		54			55		56	
57	58	59	60					61			62	63
64						65	66		67			68
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	5		3	9			2		
									9
4	9		6		8				
					6	7			
	7	4	9		3	6	8		
		6	1						
			5		9		1	8	
5									
	1			2	4		7		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

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Crossword Puzzle on Page 6

AWASH ABC SPAS
PORTO COO APISH
TOGAS EAR BANCO
FOSTER GEORGIE
HEX PIED
PTA LUCE LEECH
LESS RENO STAID
UNIT BINGO ANTI
MEDEA LIEU SECS
TEMPO NETT SHH
PRIG DUO
FIDDLER HORSES
ENDUE ATE TIDAL
SCANT TOW LEDGE
SAYS EMS ERASE

Democrats Procedurally Kill Body Camera Legislation

SACRAMENTO REGION, CA (MPG) - Last week, Democrats in the California State Assembly turned their backs on a bill supported by law enforcement and local government agencies that would have provided local law enforcement agencies discretion to develop policies regulating the use of body cameras, Senate Bill 175.

The bill needed support from a simple majority of the 80 members of the Assembly to pass. Unfortunately, 42 Assembly Democrats shirked their responsibility to their constituents and chose not to even file a vote, procedurally killing the bill without having to vote it down on paper.

In this case, abstaining from the vote was just as bad as a "no" vote.

The Los Angeles Times has reported that the LAPD will soon begin using body cameras. It is time to empower law enforcement agencies throughout the state to employ this new

technology that can provide much-needed information to address crime—both for the general public and those trained to enforce the law.

Below is a list of those Assembly Democrats who chose to kill body camera legislation (either formally or procedurally):

Nays: Matt Dababneh, Mark Gatto, and Mark Stone.

Abstained: Luis Alejo, Richard Bloom, Susan Bonilla, Rob Bonta, Cheryl Brown, Autumn Burke, Ian Calderon, Nora Campos, Ed Chau, David Chiu, Kansen Chu, Jim Cooper, Susan Eggman, Jim Frazier, Cristina Garcia, Eduardo Garcia, Mike Gipson, Jimmy Gomez, Lorena Gonzalez, Richard Gordon, Adam Gray, Roger Hernández, Chris Holden, Reginald Jones-Sawyer, Marc Levine, Patty Lopez, Evan Low, Kevin McCarty, Jose Medina, Kevin Mullin, Adrin Nazarian, Henry Perea, Anthony Rendon, Ridley-Thomas, Sebastian Rodriguez,

Rudy Salas, Miquel Santiago, Tony Thurmond, Phillip Ting, Shirley Weber, Das Williams, and Jim Wood.

Organizations in Support of SB 175: California Police Chiefs Association; City of Visalia; Sacramento County Deputy Sheriffs' Association; Los Angeles County Professional Peace Officers Association; Long Beach Police Officers Association; California State Lodge, Fraternal Order of Police; Peace Officers Research Association of California (PORAC); City of Santa Barbara; League of California Cities; California Peace Officers Association; California State Sheriffs' Association; California Peace Officers' Association; and Marin County Council of Mayors and Council Members.

For more information, please contact the Assembly Republican Caucus at (916) 319-2012.

Source: Assembly Republican Caucus



The Divide

It will reach into the hearts of many of us who have had regrets in our lives and who wish they could make up for it. The movie is called *The Divide* and is being shot in Cool, California. *The Divide* is the dream of veteran actor Perry King. You will recognize him for so many Hollywood movies like *The Lords of Flatbush* and *Slaughterhouse Five*, but perhaps the most recognizable names would be Detective Allen Cody from the iconic 1980s TV series *Riptide* and the made-for-TV movie *The Cowboy and the Movie Star* in 1998. It was after Cowboy that Perry decided he wanted to be his character. That's when he purchased a 500-acre cattle ranch in the Sierra Nevada, the King Ranch. He splits his time between the craziness of La La Land and the serenity of Northern California. But he had a dream—a dream to film a western on his own land. Now his dream has become a reality as he is shooting *The Divide* in the heart of Gold Country known as "The Divide."

POPPOFF!

with Mary Jane Popp

So the movie is called *The Divide*.

The movie script was actually written to fit his ranch life. He and Janet Brown made it come together. I got to visit with Perry on the set of his production, and he told me that a successful movie must make a promise. He told me that the script should make you get involved with the story and take away something that resonates in each of us. In *The Divide* there are three separate people who need help and redemption, each crushed by the weight of life. Sam Kincaid, Perry's character, is in great pain. He is estranged from his daughter, his wife is dead, so what is left? I can't tell you the ending, because you have to see the story itself. I can tell you it will relate to all of us who have dealt with loss and found a resolution.

Perry is also directing this movie, and I asked him if he doesn't get a bit schizophrenic acting and directing simultaneously. He laughingly said, "It's like riding a horse and leading a horse at the same time." But he loves cowboys and westerns and added that westerns were created here in the U.S. It's a form of black and white, good versus bad. They have a purity of nature. He is less than pleased with so much—as he put it—"empty cartoon violence." It might make money for the studios, but it has



no redeeming value.

I also have to add that I have never met an actor like Perry King. He has character and is so willing to share his talents with others. That was verified by many, including Bryan Kaplan who stars in the movie. It's nice to know actors like these still exist with all the nonsense we hear about in Hollywood these days.

The movie shoot will be completed by the end of September. Perry's intent is to premiere *The Divide* at the State Theatre in Auburn sometime next year. Guess what? That's where I broadcast from—AM-950 KAH, the noon news, and POPPOFF Radio Show. By the way, Perry will be joining me on POPPOFF after the filming is done. I really look forward to that promise.

After decades, Perry King's dream is coming true each day. All the success, Perry. It's much deserved!



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All proceeds and donations from the BBQ will be donated to the non profit organization Wounded Warrior Project and will support a full range of programs and services for this generation of injured veterans and their families.

Contact Rory Hoelker at (916) 548-4475 or Russ Knap at (916) 549-1415 for any information

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Carmichael Times

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ARIES (March 21 to April 19) Careful, Lamb. Taking on too many tasks at one time can cause you to create more snarls each time you try to work your way through the tangled mass. Best to handle one job at a time.

TAURUS (April 20 to May 20) Making bold moves is what Bovines do. But the best moves are made with lots of data to provide backup just in case you charge into an unexpected complication. A new relationship shows promise.

GEMINI (May 21 to June 20) Sharing credit for a job well done is easy for you to do, but not necessarily for your partner. But fair is fair. Don't let yourself be denied the right to have your contributions recognized.

CANCER (June 21 to July 22) Communication is important to help bridge a gap that can lead to problems at home and/or at the workplace. Find a way to get your points across before the breach becomes a chasm.

LEO (July 23 to August 22) Relationships, whether business or personal, need to be watched carefully for signs of trouble. Any negative indications should be dealt with before they become too burdensome.

VIRGO (August 23 to September 22) Congratulations. A more

positive aspect highlights much of the Virgo's week. You should find others more receptive to your suggestions, and also more likely to act on them.

LIBRA (September 23 to October 22) All work and little play could wear the Libra's usually positive attitude down. Take some much-needed time off. Perhaps a short jaunt with someone special is the way to go.

SCORPIO (October 23 to November 21) This is a good time to expand your view from the known to the unfamiliar. Confronting new situations could be challenging, but ultimately also could be extremely satisfying.

SAGITTARIUS (November 22 to December 21) Giving advice to those who just want validation for what they're doing can be unsettling. So back off and save your counsel for those who really appreciate it.

CAPRICORN (December 22 to January 19) Cultivating a more positive attitude not only makes you feel better about yourself, but also has an upbeat effect on those around you, especially that certain someone.

AQUARIUS (January 20 to February 18) Keeping the lines of communication open and accessible is the key to establishing the right foundation on which to build an important and meaningful relationship. Stay with it.

PISCES (February 19 to March 20) Before agreeing to act on a request, consider using your perceptive Piscean talents to see what might lie hidden beneath its surface and could possibly cause problems later on.

BORN THIS WEEK: You're a friend who, if you err at all, does so on the side of concern for those you care about.

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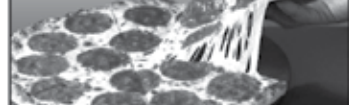
Now that school is back in session, those who had the summer off might be suffering from dysania -- finding it difficult to get out of bed in the morning. Some of us, of course, experience dysania year-round.

Those who study such things say that a parakeet would rather look at itself than at another parakeet. In a test, the birds were placed in cages side-by-side, then one was removed and a mirror put in its place. The parakeet that was left spent quadruple the time looking at its reflection as it did looking at its companion.



Fastest-Growing Restaurant Chains

1. Domino's Pizza
2. Shake Shack
3. Chipotle
4. Dave & Buster's
5. Jack in the Box
6. Good Times
7. Buffalo Wild Wings
8. Bojangles Source: Forbes
9. Popeyes
10. Sonic



By Sam Struckhoff
EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of Sept. 14, 2015.

PICKS OF THE WEEK



Lily James in "Cinderella"

"Cinderella" (PG) - Disney revives its highest-profile princess in this live-action retelling that stays true to the essence of (their version of) the original fairytale. The story is familiar, but helped along by stunning visual effects, costumes and set pieces, as well as a fine performance from Lily James (TV's "Downton Abbey") as the hardest-working princess. Cate Blanchett, of course, has total control over her role as the evil stepmother, and Helena Bonham Carter makes a cool fairy godmother.

While Snow White and others have had their warrior-princess makeovers in the past few years, Disney's lavish live-action fairytale doesn't try to re-write the book on princesses. Disney made an effort to be appealing to boy audiences with its recent successful princess-fable "Frozen," but this Cinderella doesn't shy from her DNA: She's the prettiest proto-princess around. Director Kenneth Branagh focused on getting the classic elements right -- resetting the standard for super-pretty, enchanting romanticism and virtue.

"Furious 7" (R) - These guys have been pulling "one last job" for about four movies now, but the whole crew of temperamental street racers (Paul Walker, Vin Diesel, Michelle Rodriguez, Tyrese Gibson, et al.) gets back into high-speed hijinks when a crazy badass (Jason Statham) pulls

some evil plot that requires really good driving to foil. Dwayne Johnson returns as agent Luke Hobbs, and has fun body-slaming people and ad-libbing intimidating lines. I got what I wanted from it -- ridiculous and awesome stunts delivered completely without irony, though it's packaged in some silly stuff about characters I lost track of awhile ago. The movie does its duty in giving a good send-off to characters that some audiences must have grown fond of.

"Love & Mercy" (PG-13) - Brian Wilson co-founded the Beach Boys, hit the top of the charts, made a beautiful mark on rock history with his album "Pet Sounds," and then lost himself to mental illness and drugs. This biopic doesn't try to tell his whole life story, but focuses on two time-periods: His ascension and creative peak in the '60s (played by Paul Dano at this age), and then jumping to the '80s, when a middle-aged Wilson (John Cusack), medicated and manipulated by a psychiatrist (Paul Giamatti), falls in love (Elizabeth Banks) and tries to reclaim his life. Even for non-fans, the movie works its drama and romance without smelling like another music history hero lesson.

"The Overnight" (R) - Two young married couples fall into funny situations after the kids are put to bed in this sitcom romp. Alex and Emily (Adam Scott and Taylor Schilling) are a nice young couple who've recently relocated with their boy from Seattle to Los Angeles. In a short time, they meet friendly Kurt (Jason Schwarzman), who invites the new neighbors to bring their boy over for family pizza night. Things get weirder and weirder, and as drinks flow, they learn about Kurt's hole-inspired artwork and more. It's raunchy and surprising, but I'm not sure if the humor outweighs the crushing awkwardness.

TV RELEASES

- "Lost In Space: The Complete Adventures with Limited Edition Molded Robot Package"
- "Clarence: Dust Buddies"
- "Big Bang Theory: Season 8"
- "Marvel's Agents of S.H.I.E.L.D.: Season 2"
- "Marvel's Agent Carter: Season 1"
- "Sleepy Hollow: Season 2"

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by HEALTHY EXCHANGES

Chuckwagon Baked Eggs

Breakfast is the most important meal of the day, and this is a great one for all cowboy wannabes!

- 1/2 cup chopped onion
- 1/2 cup chopped green bell pepper
- 1 (15-ounce) can diced tomatoes, undrained
- 1 1/2 cups frozen whole-kernel corn, thawed
- 1/4 cup reduced-sodium ketchup
- 1 teaspoon chili seasoning
- 6 eggs or equivalent in egg substitute
- 2 tablespoons chopped fresh parsley

1. Heat oven to 400 F. Spray an 8-by-12-inch baking dish with butter-flavored cooking spray.
2. In a large skillet sprayed with butter-flavored cooking spray, saute onion and green pepper for 6 minutes. Stir in undrained tomatoes, corn, ketchup and chili seasoning. Continue cooking for 2 to 3 minutes, stirring often.
3. Spoon mixture into prepared baking dish. Evenly place raw eggs over top. Sprinkle 1 teaspoon parsley over each egg. Bake for 15 minutes or until eggs are set to desired doneness. Divide into 6 servings. Serve at once.

TIPS: 1) Thaw corn by rinsing in a colander under hot water for one minute. 2) Good served over toasted English muffins.

★ Each serving equals: 141 calories, 5g fat, 8g protein, 16g carb., 168mg sodium, 45mg calcium, 3g fiber; Diabetic Exchanges: 1 Meat, 1 Vegetable, 1/2 Starch.

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The swamp sunflower grows throughout North America near bogs, ponds, lakes or rivers. Its flowers, which feature bright yellow petals and dark centers, appear in early autumn and draw butterflies, bees, and other nectar feeders. Caterpillars, cutworms and other pests feed on the plant as well.

- Brenda Weaver

Source: www.easywildflowers.com, www.finegardening.com, www.claytonvnps.org

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FBNF2015-06105 Washington Media Partners, LLC, 9596 Harbour Bay Place, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "The Washington Group-An International Trading Company" at 9596 Harbour Bay Place, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 31, 2015. Publish: August 21, 28, September 4 and 11, 2015
WASHINGTON 150810 9-11-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06381 Hai Shan Huang, 6032 Hamburg Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "HM Stone & Cabinet" at 6032 Hamburg Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 8, 2015. Publish: August 28, September 4, 11 and 18, 2015
HMSTONE 150819 9-18-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06648 G & A Express Trucking, Inc., 12400 Fair Oaks Boulevard #415, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "G & A Express Trucking, Inc." at 12400 Fair Oaks Boulevard #415, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 25, 2015. Publish: September 4, 11, 18 and 25, 2015
G&AEXPRESS 150825 9-25-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06838 Angela M. Brown, 4883 Crest Drive, Sacramento, CA 95835 and John West, 12737 Luther Road, Auburn, CA 95603 are doing business under the Fictitious Business Name(s) "AMB Electric" at 4883 Crest Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 31, 2015. Publish: September 11, 18, 25 and October 2, 2015
AMBELECTRIC 150903 10-2-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-06951 James Curtis Farris, Jr., 2229 Edison Avenue, Apt. #5, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bramma One Steak Delivery" at 2229 Edison Avenue, Apt. #5, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 3, 2015. Publish: September 11, 18, 25 and October 2, 2015
BRAMMA 150903 10-2-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FBNF2014-07552
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Saigon Spa" located at 7530 Auburn Boulevard #A, Citrus Heights, CA 95610. Kim Nansel, 3906 Marconi Avenue, Sacramento, CA 95821. The Fictitious Business Name Statement referred to above was filed on September 17, 2014 in the County of Sacramento. Publish: September 11, 18, 25 and October 2, 2015
SAIGON 150901 10-2-15

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182290

WHEREAS, Tina Louise Kelly has filed a petition with this court for a decree changing the name(s) of Tina Louise Kelly to Hebeh AZ Muhamed. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 19, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 5, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 21, 28, September 4 and 11, 2015
KELLY 150811 9-11-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182905

WHEREAS, Nazir Shah and FNU Akbaro have filed a petition with this court for a decree changing the name(s) of Nazir Shah to Nazir Shah Sayeede, FNU Akbaro to FNU Akbaro Sayeede, Mohammad Omar to Mohammad Omar Sayeede. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 22, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 12, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 21, 28, September 4 and 11, 2015
SAYEED 150812 9-11-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182905

WHEREAS, Nazir Shah and FNU Akbaro have filed a petition with this court for a decree changing the name(s) of Nazir Shah to Nazir Shah Sayeede, FNU Akbaro to FNU Akbaro Sayeede, Mohammad Omar to Mohammad Omar Sayeede. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 22, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 12, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 21, 28, September 4 and 11, 2015
SAYEED 150812 9-11-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182935

WHEREAS, Nelya Vitayevna Chernysh has filed a petition with this court for a decree changing the name(s) of Nelya Vitayevna Chernysh to Nelya Vitayevna Fedchik. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 22, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 12, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 21, 28, September 4 and 11, 2015
CHERNYSH 150812 9-11-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00181427

WHEREAS, Paul Ashley Skapinok has filed a petition with this court for a decree changing the name(s) of Paul Ashley Skapinok to Asher Gideon. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 26, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 8, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 21, 28, September 4 and 11, 2015
SKAPINOK 150813 9-11-15

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183302

WHEREAS, Danielle Andrea Rios has filed a petition with this court for a decree changing the name(s) of Danielle Andrea Rios to Danielle Andrea Fury, Klyde James Irving Cluley to Klyde Dixon Fury. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 4, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 28, September 4, 11 and 18, 2015
RIOS 150819 9-18-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183289

WHEREAS, FNU Fatema has filed a petition with this court for a decree changing the name(s) of FNU Fatema to Fatema Sayeede. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 3, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 28, September 4, 11 and 18, 2015
FATEMA 150814 9-11-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00182897

WHEREAS, Mohammad Sediq has filed a petition with this court for a decree changing the name(s) of Mohammad Sediq to Mohammad Sediq Sayeede. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 21, 28, September 4 and 11, 2015
SEDIQ 150812 9-11-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183290

WHEREAS, Carmela Santillan Nava and Jose C. Pina have filed a petition with this court for a decree changing the name(s) of Isaac Fraga Santillan to Isaac Pina Santillan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 3, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 28, September 4, 11 and 18, 2015
SANTILLAN 150821 9-18-15

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00183290

WHEREAS, Carmela Santillan Nava and Jose C. Pina have filed a petition with this court for a decree changing the name(s) of Isaac Fraga Santillan to Isaac Pina Santillan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 3, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 19, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: August 28, September 4, 11 and 18, 2015
SANTILLAN 150821 9-18-15

LEGAL ADVERTISING

Continued from the previous page

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183286

WHEREAS, Susan Faye Booze has filed a petition with this court for a decree changing the name(s) of Susan Faye Booze to Sapphire LaGee Suzette Faye Booze-Jackson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 2, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 JACKSON 150821 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183254

WHEREAS, Andres Gutierrez and Ana Cecilia Sanchez Mercado has filed a petition with this court for a decree changing the name(s) of Isaac Alejandro Gutierrez to Alejandro Gutierrez Sanchez (Seeking an order that "Gutierrez Sanchez" is a last name). IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 2, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 SANCHEZ 150824 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183242

WHEREAS, Janette Hill has filed a petition with this court for a decree changing the name(s) of Daniel James Kirkham III to Daniel Thomas Joseph Hill. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 29, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 HILL 150819 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183275

WHEREAS, Natalia Mihail Caracaloeva has filed a petition with this court for a decree changing the name(s) of Natalia Mihail Caracaloeva to Natalia Caracaloeva. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 2, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 CARACALOEVA 150819 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183268

WHEREAS, Ghulam Gevhari has filed a petition with this court for a decree changing the name(s) of Ghulam Gevhari to Farhad Gevhari. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 30, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 GEVHARI 150819 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183271

WHEREAS, Claudio E. Garbanzo Mena has filed a petition with this court for a decree changing the name(s) of Claudio Enrique Garbanzo Mena to Claudio Enrique Mena. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 2, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 MENA 150820 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183294

WHEREAS, Sue Chaban has filed a petition with this court for a decree changing the name(s) of Sue Chaban AKA Seham Chaban to Sue Seham Chaban. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 3, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 CHABAN 150820 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183273

WHEREAS, Pilsung Choi has filed a petition with this court for a decree changing the name(s) of Pilsung Choi to Phil Pilsung Choi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 14, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: August 28, September 4, 11 and 18, 2015 CHOI 150820 9-18-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183508

WHEREAS, Xuliao Zhou and Liping Dai, on behalf of Jian Heng Zhou have filed a petition with this court for a decree changing the name(s) of Jian Heng Zhou to Jason Jian Heng Zhou. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 12, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 4, 11, 18 and 25, 2015 ZHOU 150826 9-25-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183492

WHEREAS, Jia Hua Chong has filed a petition with this court for a decree changing the name(s) of Jia Hua Chong to Helen Jia Hua Chong. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 9, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 4, 11, 18 and 25, 2015 CHONG 150827 9-25-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183493

WHEREAS, Susan Kwong Pisano has filed a petition with this court for a decree changing the name(s) of Kevin Taylor Pisano to Kevin Taylor Kwong. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 9, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: September 4, 11, 18 and 25, 2015 PISANO 150831 9-25-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183475

WHEREAS, Noor Agha and FNU Ziba have filed a petition with this court for a decree changing the name(s) of Noor Agha to Nooragha Andar, FNU Ziba to Ziba Andar, FNU Amanullah to Amanullah Andar, FNU Rojia to Rojia Andar, FNU Abdullah to Abdullah Andar, Ahmad Mustafa to Ahmad Mustafa Andar. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 5, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: September 4, 11, 18 and 25, 2015 ANDAR 150827 9-25-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183497

WHEREAS, Andrew Stephen Aguilera has filed a petition with this court for a decree changing the name(s) of Andrew Stephen Aguilera to Andrew Stephen Egan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 10, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: September 4, 11, 18 and 25, 2015 AGUILAR 150827 9-25-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183226

WHEREAS, Marcie Ann Pettinato has filed a petition with this court for a decree changing the name(s) of Marcie Ann Pettinato to Megan Marie Pettinato. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 28, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 PETTINATO 150901 10-2-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183751

WHEREAS, Joe Manuel Rodriguez has filed a petition with this court for a decree changing the name(s) of Joe Manuel Rodriguez to Jose Manuel Rodriguez. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 16, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 RODRIGUEZ 150902 10-2-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183784

WHEREAS, FNU Firozuddin have filed a petition with this court for a decree changing the name(s) of FNU Firozuddin to Firozuddin Rahmani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 19, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 RAHWANI 150908 10-2-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183776

WHEREAS, Marienne Leonor Villagracia Apil has filed a petition with this court for a decree changing the name(s) of Marienne Leonor Villagracia Apil to Marienne Leonor Villagracia Apil-Carlson. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on November 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 APIL 150904 10-2-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183733

WHEREAS, FNU Daud and FNU Masooma have filed a petition with this court for a decree changing the name(s) of FNU Daud to Dawood Rahimi, FNU Masooma to Masooma Panahi, FNU Hadi to Hadi Rahimi, FNU Hania to Hania Rahimi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 13, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Raymond M. Cadei, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 RAHIMI 150902 10-2-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183781

WHEREAS, Lisa Rae Eckert has filed a petition with this court for a decree changing the name(s) of Lisa Rae Eckert to Lisa Rae Minchaw. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on November 19, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

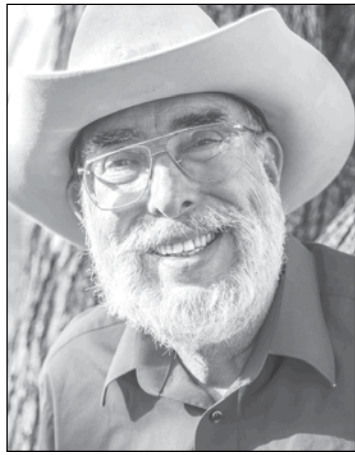
David I. Brown, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 ECKERT 150903 10-2-15

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00183781

WHEREAS, Edna Pauline Brinkley has filed a petition with this court for a decree changing the name(s) of Edna Pauline Brinkley to Edna Enjay Torres. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

David I. Brown, Judge of the Superior Court Publish: September 11, 18, 25 and October 2, 2015 BRINKLEY 150903 10-2-15

Slim Randles' HOME COUNTRY



It takes us over slowly, this thing called autumn. It slides in quietly and lovingly. One day we notice we aren't sweating as much as we did a week ago. Just this morning, we thought wearing a sweater might be a good idea before the sun gets warm enough for us. There is a secret in the soft breeze that follows us around the yard in the afternoon. A secret. The same autumn secret some of us have heard whispered for years and others of us are just learning to add to our vocabulary of life.

The heart of a hunter starts

“..The Heart of a Hunter”

sniffing the air, as though we might pick up the scent of a bear or a deer or elk from right here in town. We know it's foolish, but no one else has to know, do they? We think about antlers getting polished against whip-like young trees up where the golden leaves are carpeting the world. Maybe this fall ... well, maybe. No one else gets to know these little personal secrets, as we're afraid to be laughed at. It's enough to say we are going for the meat, which is true. For the exercise, which is true. For the companionship of our oldest friends, which is also true.

But that isn't the whole story, is it? We know ... deep down inside we know ... we're going to the woods again to touch base with our foundations. We again want to see if we're up to the ages-old task of surviving and thriving in a place where we don't spend most of our time. It is our turn now to see if we still measure up.

For the kids, it's going back to school and cheering for the

school colors at football games. For mom, it's being able to work at home or at the office without worrying about the kids. Each of us has a little celebration inside that leads us to smile this time of year.

Maybe I'll see you in the mountains.

Brought to you by the Home Country podcast at http://www.doublewidenetwork.com/index.php/MusicStarWorldwide/detail/home_country

Outdoor World Fishing advertisement featuring an image of a fishing boat and text about weather affecting walleye fishing.

NOTICE TO BIDDERS Annual Landscape Management Services Contract #02-2016 1 December 2015 – 30 November 2016 (Renewable for up to four additional annual cycles)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY R. PILGRIM (descendant) ESTATE NO. 34-2015-00182964

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY R. PILGRIM (descendant) ESTATE NO. 34-2015-00182964

SUMMONS (FAMILY LAW) NOTICE TO RESPONDENT (Name): PATTY ANN HALL

SUMMONS (FAMILY LAW) NOTICE TO RESPONDENT (Name): CHINOVLIA TIRTDADJAJA

SUMMONS (FAMILY LAW) NOTICE TO RESPONDENT (Name): VALERIAN MENDI HARYANTO

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

NOTICE OF PETITION TO ADMINISTER ESTATE OF CALVIN K. KENNEY (descendant) ESTATE NO. 34-2015-00182918

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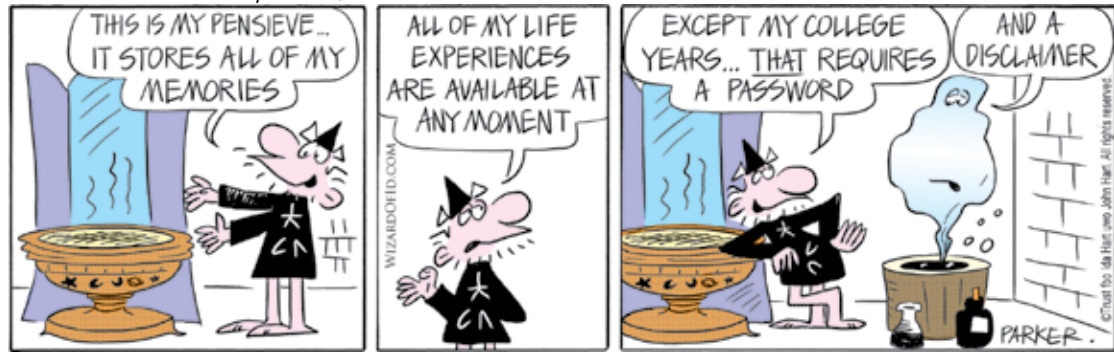
NOTICE: The restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders.

NOTICE OF PUBLIC SALE OF LIENED PROPERTY Notice is hereby given that a public lien sale will be held at American Mini Storage 11055 Folsom Blvd.

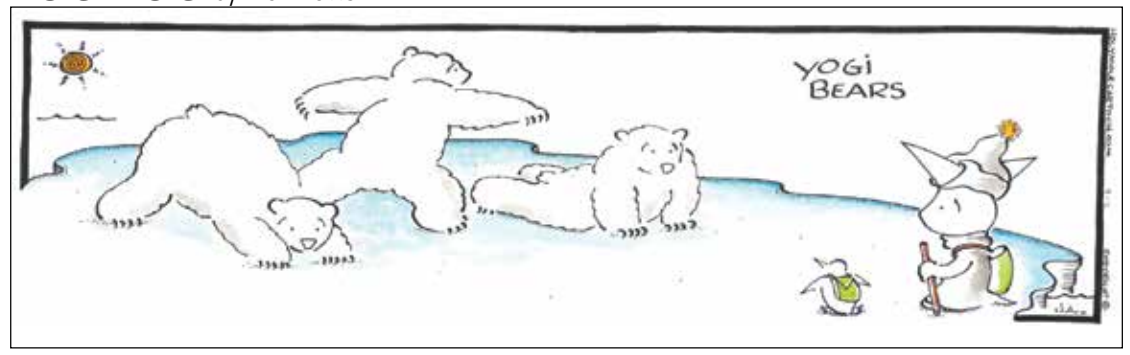
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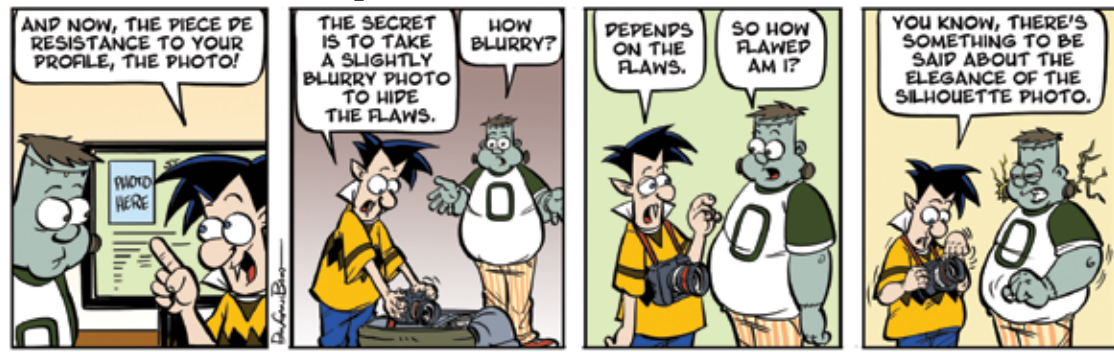
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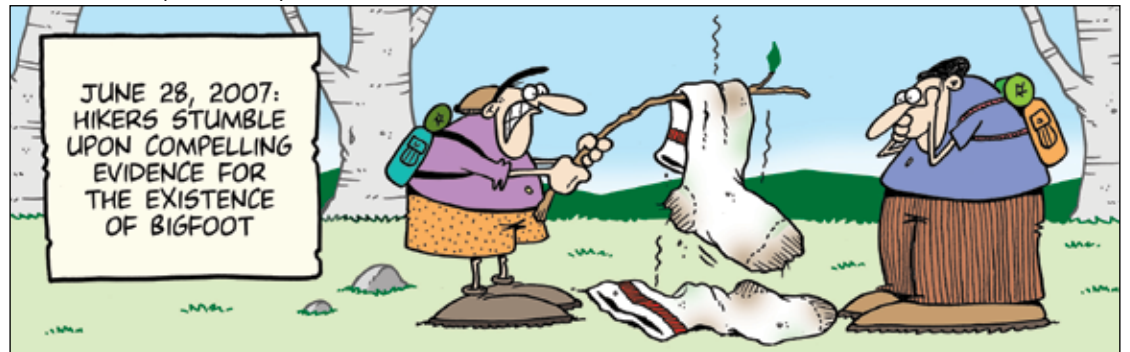
Cranky Girl by Crystal Jones



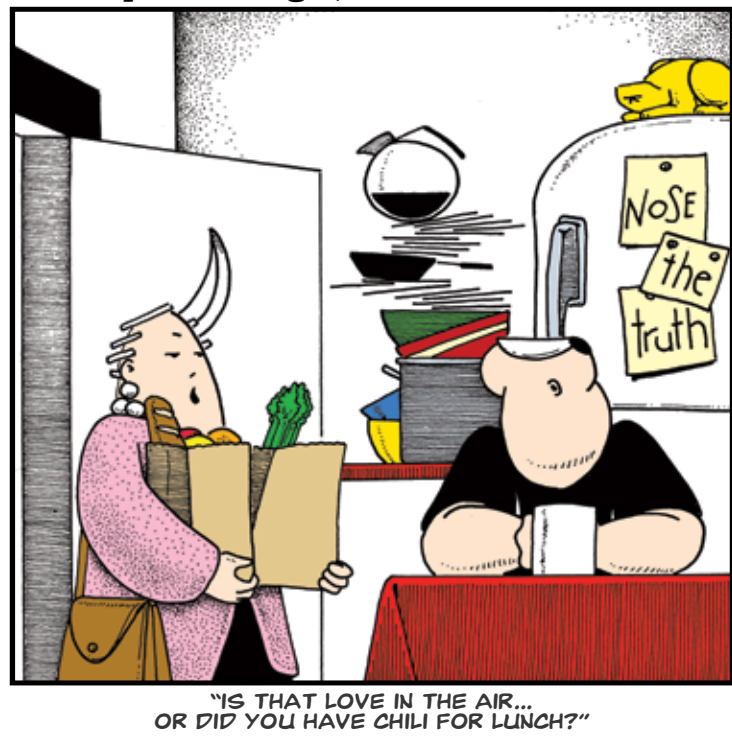
Frank and Steinway by Wil Panganiban



Tundra by Chad Carpenter



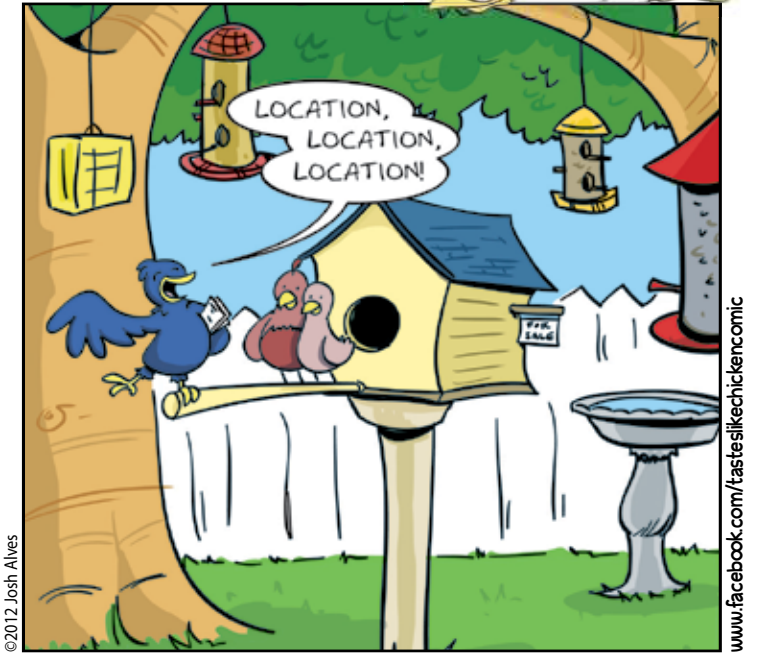
Funday Morning by Brad Diller



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Carmichael RECREATION AND PARK DISTRICT

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Saturday September 5
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Afternoon 6:30-8:30pm
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Carmichael's Founders Day Celebration Saturday, Sept. 26 10am - 3pm

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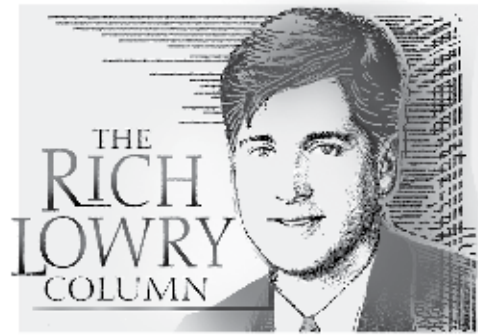
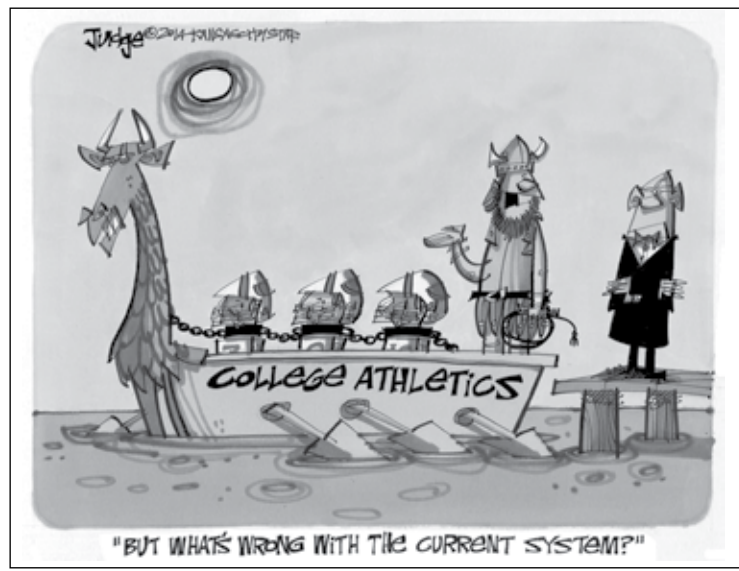
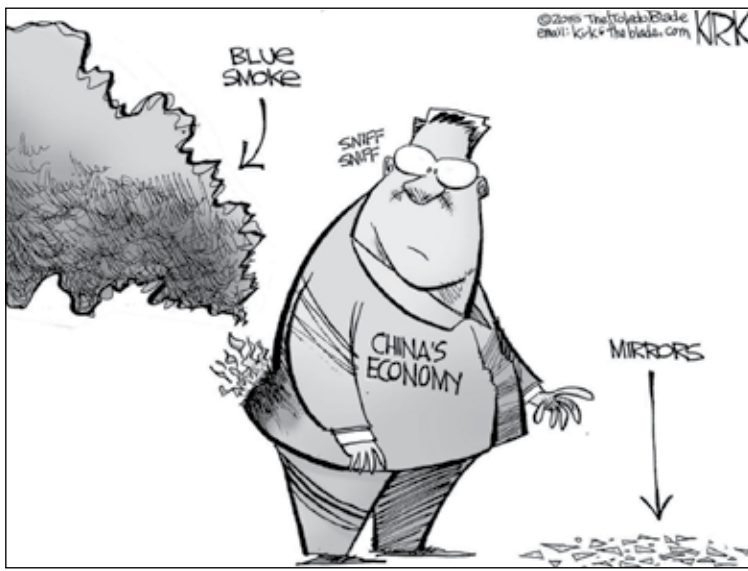
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By Rich Lowry

Yes, Pander to Trump on Immigration

Donald Trump's rise in the polls is inextricably linked to the issue of immigration.

He probably wouldn't have achieved liftoff without it, and now that his campaign has entered a new phase of semi-attempted seriousness, it is fitting that an immigration plan is the first policy proposal he has committed to paper.

Amid the bar-stool bombast about deporting all illegal immigrants already here is the core of a program that is more sensible than the "comprehensive" solution offered by the political establishment.

What Trump offers is an entirely different framework for considering the issue. It is populist rather than elitist, and nationalist rather than cosmopolitan. It rejects the status quo rather than

attempting to codify it. It puts enforcement first and dares to ask whether current high levels of legal immigration serve the country's interest. In short, it takes a needed sledgehammer to the lazy establishment consensus on immigration.

First, at the beginning of the Trump plan is a statement so uncontroversial that it should qualify as pabulum: "Real immigration reform puts the needs of working people first -- not wealthy globe-trotting donors." Who could disagree?

Second, at the heart of Trump's written immigration-plan policy are enforcement measures that should be the lowest common denominator for Republicans: E-Verify, more Immigration and Customs Enforcement agents, an end to catch-and-release at the border, and a crackdown on sanctuary cities.

They aren't accompanied with any assurances of various pathways for illegal immigrants, and this is as it should be. Enforcement of our laws should come first, so any eventual amnesty of current illegals doesn't draw yet another population of illegal immigrants.

Finally, the written plan calls for allowing "record immigration levels to subsides to more moderate historical averages." This is an aspect of the immigration debate that almost no one else will touch. But why should we blithely accept historically high levels of legal immigration with almost no discussion?

Conventional wisdom assumes that the Trump plan is a political train wreck.

The thrust of it isn't.

Byron York of the Washington Examiner points to an academic paper that recounts the public reaction to a full gamut of seven possible immigration policies, ranging from open borders to a shutdown of the border coupled with deportation of illegal immigrants.

As York notes, the largest plurality, about a quarter of people, favor the strictest option. If you add in those favoring the two next most restrictive options -- basically allowing high-skilled immigration but building a wall or deporting current illegal immigrants -- you get a majority of 55 percent.

A Vox analysis looked at the public-opinion data and concluded, "There is very little support for any policy that the public perceives as increasing immigration."

Trump is giving voice to a popular impulse almost entirely absent from the elite policy discussion. Other Republican candidates shouldn't seek to mimic his witless bravado, nor should they follow him down the rabbit hole of his ill-considered fixations (like getting Mexico to pay for a border wall, or revoking birthright citizenship).

But they should learn from his approach, which is a blunderbuss corrective to polite opinion.

Rich Lowry is editor of the National Review.

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Preparing Pets for Disaster

DEAR PAW'S CORNER: Here in Florida, we're urged to have a hurricane preparedness plan between June and November, which is traditionally hurricane season. But often emergency officials forget about pets. Can you remind readers to include their pets in any disaster planning? -- Larry in Deerfield Beach, Florida

DEAR LARRY: Absolutely! We've seen in past natural disasters like Hurricane Katrina that our pets can suffer greatly if no plan is in place for them. Dogs and cats cannot fend for themselves after a disaster. Different regions of the country can experience different issues, too. For example, the Northeast had one of its coldest, snowiest winters in almost two centuries this year. Roofs collapsed, people had trouble heating their homes and many seniors, often with pets, were stuck indoors for days on end. It was a different kind of disaster, but no less stressful for those who were displaced

or suffered health issues. The Humane Society (www.humanesociety.org), American Red Cross (www.redcross.org/prepare/location/home-family/pets), Ready.gov (www.ready.gov/caring-animals) and the Centers for Disease Control and Prevention (www.cdc.gov/features/petsanddisasters/) all have detailed information to help you prepare pets in case you have to quickly evacuate your home. Guidelines include but aren't limited to: making sure your pets' vaccinations are up to date and that they wear ID tags, license and ideally are microchipped; having a pet carrier for each pet; adding pet supplies, medications and extra leashes and collars to your disaster kit; and keeping a copy of all pet records with your critical family documents.

Send your questions or tips to ask@pawscorner.com.

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END OF THE BENCH BY GERRY SCHOU

High Expectations a Byproduct of Wishful Thinking

Do you ever feel as though someone has let the air out of your football?

You always expect so much out of yourself, but you are often disappointed when you have come up short and must face the realization that it was just wishful thinking anyway.

In spring training there are thirty Major League baseball teams expecting to be contenders, or, at least, that's what the guys hanging around the batting cage will tell you. They proceed to chase their dreams until they turn into nightmares. That happens quickly for some (Oakland A's), later for others.

The San Francisco Giants, winners of three World Series over the last five seasons (lest we forget), meandered through an obstacle course of injuries this year and found themselves just 3 1/2 games behind the West Division-leading Los Angeles Dodgers heading into a crucial three-game set in L. A. beginning August 31. Three days later, the Giants were 6 1/2 out after three straight grinding one-run losses.

Going in, Giants fans and, for sure, the team were expecting to close the gap by winning two or three of those games and turn the rest of the season into a head-to-head chase down the stretch to the finish. Didn't happen. Set to face this season's probable Cy Young Award winner, Zack Greinke (16-3, 1.69 ERA), and three-time Cy Young winner and nemesis Clayton Kershaw (12-6, 2.18) in two of those games, it was all wishful thinking at best.

The Giants had to face that dynamic duo after losing the opener, 5-4, in 14 innings and over five hours on the field, and with minor-league call-up Mike Broadway taking the loss. Greinke and Kershaw both won 2-1 decisions to complete the deal. Greinke is now 7-0 with a 2.15 ERA in his career against the Giants, and Kershaw, who struck

out 15, is 15-7 with a 1.61.

But what could you realistically expect from a fractured team, patched together with trainers' tape, forced call-ups and virtual castoffs from other teams, going against two of the best pitchers in the game. Nobody in pro sports wants to openly admit to making excuses. They say, "Injuries are part of the game. It's next man up." But, sometimes, the excuses are actually reasons, because the next men up just aren't good enough.

Since the four-game sweep earlier in Chicago against the Cubs all but eliminated the Giants from a wild card spot (which served them so well a season ago), it will take a long winning streak to get the team within reach of the Dodgers again when the teams meet for four games in the final week of the season. That's a lot to wish for...

The Forty Niners have plenty of built in excuses (er, reasons), considering all that has been going on in the recent past, why not much should be expected of them this season. But, again, the guys will tell you that they expect to contend. We'll soon find out if that optimism is unfounded when they take to Levi's Stadium Monday night in the opener against Minnesota in their newfangled BLACK (?) uniforms. Don't they believe in omens? Are they dressing for their own funeral?

The Oakland Raiders have years upon years of particularly low expectations accumulated through their recent history, but with experienced head coach Jack Del Rio (an East Bay native) taking over there is a sense of some hope for improved fortunes. Emerging quarterback Derek Carr and rookie receiver Amari Cooper, along with prize linebacker Khalil Mack, may be the type of impact players to lead the team out of its dark, black hole.

Many high expectations were dashed serious blows during the

first weekend of the college football season. Virginia Tech was the only team to defeat last season's national champion, Ohio State, 35-21 in Columbus. Lane Stadium in Blacksburg was packed and bursting at the seams for the rematch, and the Hokies (is that a sandwich, a bird, a fish, a joke, or just something somebody made up?) surprisingly took a 17-14 halftime lead...only to be crushed 42-24 in the end. Expect the Buckeyes to win it all again and Cardale Jones to be the Heisman Trophy winner...and skip all of the debate.

A lot of people thought Stanford, ranked #21, would be pretty good...lost at Northwestern, 16-6. Penn State was making a resurgence...until losing to Temple, 27-10. Nebraska, under former Oregon State coach Mike Riley, was shucked by BYU on a "Hail Brigham" pass on the final play, 33-28. (Payback to Riley for keeping Cal out of a No.-1 ranking years ago). Washington State's Cougars (are they still in the Pac 12?) was upset by little Portland State, 24-17. Washington was feeling the blues on the blue turf at Boise State, the Huskies' new coach Chris Peterson's former home field, 16-13. Cal's dream is alive, after mauling visiting Grambling State (?), 73-14.

It might be wishful thinking, but we all should be able to expect clean, honest, sportsmanlike competition from all athletes of all ages (regardless of the amount of money at stake; ha!). It must have been an honest mistake when those two Texas high school football players all but destroyed that poor referee when he wasn't looking. And those lovable New England Patriots really know how to set a fine example to all about forthright competition. If they were playing in an old wild west poker game something terrible would've happened to them by now. ★



Dare to Live Without Limits

Dealing with People Who Don't Like You

by Bryan Golden



You could be the nicest, kindest, most considerate person and yet there will be people who don't like you. Being disliked can be disconcerting, especially when you don't understand why.

You want to be the best you can. You want to be liked and appreciated. You want to make people happy. All of these are normal emotions. Encountering people who don't like you is upsetting.

If there is a legitimate reason for someone disliking you, you have an excellent opportunity for self-improvement. When someone has a problem with you, they may provide you with blunt criticism. Where this is the case, don't get defensive. Be thankful for the honest feedback. Strive to correct the offending behavior.

There are many causes for someone disliking you that have nothing to do with you. They may be jealous, insecure, angry, malicious, negative, have personal problems or a poor self-image. You'll drive yourself crazy trying to figure out what their problem is. Don't let them get to you by filling you with self-doubt.

No matter what you do, you'll never please everyone. If you try, you will get extremely frustrated. The human tendency is to focus on and attempt to mollify those people who don't like you. This is a distraction, since you concentrate on pleasing a select few who will never be happy. While you are trying to please the few who don't

like you, you are ignoring those many others who do like you. Additionally, the time you waste responding to inane comments is time taken away from the pursuit of your goals.

Ironically, the harder you try to please these people, the worse they get. There's nothing you can do to win them over. Whatever explanation you offer, they will have a retort to justify their position. Logic, facts, and reality have no bearing on how they feel.

Regardless of how you are being treated, don't react in kind. Becoming, nasty, rude, or inconsiderate, brings you down to their level while compromising your position.

So how do you deal with people who don't like you? Allow their criticisms to roll off your back. Don't let them get the better of you. Often, they are looking to set you off, make you feel bad, or demoralize you. You may be offended, angry, upset, bitter, resentful, or depressed by their comments. Let go of these negative emotions. They are harmful to you while encouraging those who don't like you.

Life is filled with challenges. Dealing with people who don't like you is one of them. Nothing is accomplished by getting annoyed. As your accomplishments grow, so do the number of people who don't like you. Highly successful people have become very adept at dealing with them.

You will become better at dealing with people who don't like you by visualizing your response to these troublesome individuals before actually encountering them. Visualization is a powerful mental technique where you rehearse potential scenarios over and over. Then when you are actually faced with a similar situation, you won't be caught by surprise.

Watch accomplished people who are in the news. Virtually every one of them is constantly dealing with detractors. Learn from what they do right while avoiding any mistakes they make. Whenever a public figure reacts nastily, it invariably backfires, causing him or her to be considered the offending party.

Welcome people who don't like you as an opportunity for self-development. This approach will improve your attitude when dealing with them and assist you in responding appropriately. Stay calm and collected while remaining on track. Don't be dragged down by people who don't like you.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www.BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2011 Bryan Golden. ★

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For more information on how to become a Senior Computer School volunteer or to enroll for classes, contact the Sacramento Computer School Learning center at (916) 485-9572 or email to student2917@hotmail.com

Sacramento County DA Reports

Recent cases of interest



CASE: Fabian Pozos
PROSECUTOR: Deputy District Attorney Darren Goodman

District Attorney Anne Marie Schubert announced that the Honorable Russell Hom sentenced 23-year-old Fabian Pozos to 26 years to life in prison. On August 4, 2015, a jury convicted Pozos of first-degree murder and found the use of a knife allegation to be true.

Pozos lived in an apartment next door to Maurice Lynch at a housing facility operated by Volunteers of America. At around midnight on June 21, 2014, Pozos was inside Mr. Lynch's apartment with other guests. Pozos was being aggressive with a female guest and Mr. Lynch confronted him. After a brief altercation, Pozos threatened to kill Mr. Lynch and other guests before going back to his apartment. Pozos retrieved a knife from his apartment and confronted Mr. Lynch, who was on his way to alert staff at the facility of Pozos' behavior. Pozos stabbed Mr. Lynch in the chest, puncturing his heart. He died minutes later.

CASE: Enrique Calles
PROSECUTOR: Deputy District Attorney Omar Singh, Adult Sexual Assault Prosecution Unit

District Attorney Anne Marie Schubert announced that 19-year-old Enrique Calles was convicted by jury of rape of an intoxicated person, rape of an unconscious person, and annoying or molesting a child.

On May 4, 2015, the 16-year-old victim attended a house party in Galt. As the night went on, she became increasingly intoxicated. Calles helped her to an upstairs bedroom for her to sleep for the night. He returned to the room a short time later and had sex with the victim while she was unconscious. She was found a short time later by her friends and was described as appearing to be dead, or near dead, and barely breathing. The victim remembered the distinct voice and words used by Calles, and his DNA was left on her neck during the sexual assault.

Calles faces a maximum potential sentence of eight years in prison. Sentencing is set for October 19, 2015, at 9 a.m. in Department 44 before the Honorable Christopher Kreuger.

CASE: Elizabeth Radmand
PROSECUTOR: Deputy District Attorney Morgan Forrest, Special Investigations Unit

District Attorney Anne Marie Schubert announced that 63-year-old Elizabeth Radmand pled no contest to grand theft and making false entries in records. She also admitted to enhanced taking and aggravated white collar crime allegations.

Radmand was a trusted employee at the Polam Federal Credit Union between 1993 and 2010. She used her position of trust to steal approximately \$141,000. In order to conceal her theft, Radmand falsified bank documents. When she was caught, she made up a story that the credit union had been burglarized by two men.

The Honorable Laurel White sentenced Radmand to three years in state prison and ordered her to pay \$180,142 in restitution.

CASE: Daniel White & Marcel Johnson
PROSECUTOR: Deputy District Attorney Monica Robinson, Special Assault & Child Abuse Unit

District Attorney Anne Marie Schubert announced that 21-year-old Daniel White and 20-year-old Marcel Johnson were convicted by the Court of multiple counts of lewd acts with a child under 14; human trafficking of a child under 14; using a minor to pose for child pornography; and furnishing marijuana, methamphetamine, and cocaine to a minor.

From April 30, 2014, to May 6, 2014, Johnson and White persuaded a 13-year-old girl to leave her home and prostitute for them. Within an hour of driving away from her house, they both sexually assaulted her. The defendants rented a motel room and took sexually explicit photos of her to post on a prostitution website. They prostituted the victim to more than 20 men. White gave the victim marijuana, methamphetamine, and cocaine to lower her inhibitions. Sacramento Police Department detectives with the Safe Streets Task Force discovered the online advertisement for the victim, who was reported missing by her family. Detectives posed as a "John" and found the victim in a Sacramento motel room.

White faces a maximum potential sentence of 43 years, eight months in prison. Johnson faces a maximum potential sentence of 38 years in prison. Sentencing is scheduled for November 6, 2015, in Department 15 before the Honorable Kevin McCormick. ★

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Television Listings for the week of September 11-September 16

FRIDAY EVENING

SEPTEMBER 11, 2015

Table of TV listings for Friday, Sept 11, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SATURDAY EVENING

SEPTEMBER 12, 2015

Table of TV listings for Saturday, Sept 12, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

SUNDAY EVENING

SEPTEMBER 13, 2015

Table of TV listings for Sunday, Sept 13, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

MONDAY EVENING

SEPTEMBER 14, 2015

Table of TV listings for Monday, Sept 14, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

TUESDAY EVENING

SEPTEMBER 15, 2015

Table of TV listings for Tuesday, Sept 15, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

WEDNESDAY EVENING

SEPTEMBER 16, 2015

Table of TV listings for Wednesday, Sept 16, 2015. Columns include time slots (8:00-12:30) and channels (ABC, CBS, NBC, FOX, etc.).

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DUCKS HUNTING KEY WIN

Oregon heads to Michigan State in pivotal Pac-12 vs. Big Ten clash

OREGON AT MICHIGAN STATE

It's only Week 2, but this is an enormous game for both programs. With a win over Oregon in its back pocket, Michigan State could survive a loss to Big Ten East rival Ohio State and remain in the hunt for a College Football Playoff spot. Oregon, meanwhile, wouldn't have to run the table in the Pac-12 if it had a quality road win over Michigan State on its résumé. Both teams had to sweat a bit in Week 1 wins — Oregon gave up 549 yards to Eastern Washington in a 61-42 win, and Michigan State didn't shake pesky Western Michigan until the fourth quarter of its 37-24 win in Kalamazoo. The key will be the Spartans' ability to slow down Oregon's high-powered spread attack, which rolled up 491 yards (318 passing, 173 rushing) in the Ducks' 46-27 win in Eugene last September. The triggerman has changed — graduate transfer Vernon Adams has replaced Heisman Trophy winner Marcus Mariota at quarterback — but UO's collection of skill-position players is stronger this time around. The Ducks will give up a bunch of points. They will score more. *Oregon 44-41*

OKLAHOMA AT TENNESSEE

Neyland Stadium will be at a fever pitch for this intriguing non-conference showdown. Third-year Tennessee coach Butch Jones, who has stocked the program with outstanding young talent, appears to have the Volunteers on the verge of breaking out of a seven-year rut that has seen the program average only 5.7 wins per season. Beating Oklahoma, which took care of UT with ease in Norman last year, would be a tangible sign of significant progress. The Vols' offense operated at a high efficiency in a 59-30 win over Bowling Green in Nashville last week, but the defense — most notably the secondary — was a problem area. Bowling Green quarterback Matt Johnson threw for 424 yards and averaged 8.7 yards per attempt. Oklahoma took to the air in its first game under new offensive coordinator Lincoln Riley, a Mike Leach disciple with roots at Texas Tech. The Sooners threw the ball on 54.5 percent of their offensive plays in their 41-3 win over Akron; last year, they attempted a pass on only 40.1 percent of their snaps. With Tennessee's struggles defending the pass, expect another pass-happy plan of attack from Riley and the OU coaching staff. *Oklahoma 33-30*



Mitch Light
Athlon Sports
Executive Editor
@AthlonMitch

LSU AT MISSISSIPPI STATE

LSU would have loved to get some work for Brandon Harris, the new starter at quarterback, but the Tigers' opener against McNeese State was cancelled due to inclement weather. Harris' only start last season against an SEC opponent was a disaster; he completed 3-of-14 passes for 52 yards in a 41-7 loss at Auburn in early October. The reports in preseason camp were all positive, but Harris — now a sophomore — will have to prove himself to a skeptical fan base that is growing frustrated by the program's inconsistency at the QB position under Les Miles. Quarterback is one spot where there are no issues for Mississippi State. Dak Prescott, a Louisiana native, is one of the few proven commodities on a Bulldog team that is replacing key personnel on both sides of the ball. Prescott was sharp in MSU's workmanlike 34-16 win at Southern Miss on Saturday night. The level of competition will be quite a bit better in Week 2. *LSU 24-21*

BOISE STATE AT BYU

BYU posted the most thrilling win of the opening weekend, beating Nebraska in Lincoln on a 42-yard touchdown pass on the final play of the game. That's the good news. The bad news? Standout quarterback Tay-



Sophomore running back Royce Freeman rushed for 180 yards and scored three touchdowns in the Ducks' Week 1 win over Eastern Washington.

som Hill will be sidelined for the remainder of the season with a foot injury. Tanner Mangum played well in relief, but this is a significant blow for the BYU offense. Boise State dominated Washington on the stat sheet last Thursday night but had to hold on for a 16-13 win in Chris Petersen's return to the blue turf. Ryan Finley, making his first start, completed 16-of-26 for 129 yards with no touchdowns and one interception. The Boise offense, as a unit, averaged only 4.2 yards per play. The Broncos will need to be far more efficient if they hope to flirt with a spot in a New Year's Six Bowl as the top Group of 5 team. *BYU 27-20*

HOUSTON AT LOUISVILLE

Throughout parts of the last two decades, these two schools were in the same conference — Conference USA (1996-2004) and the AAC (2013). Louisville is now in the ACC, one of the Big 5 conferences, while Houston remains in the AAC and part of in the Group of 5 — the term for the five "other" leagues that make up the FBS. Houston, coached by former Ohio State offensive coordinator Tom Herman, opened its season with a dominating (52-24) win over Tennessee Tech. Dual-threat quarterback Greg Ward Jr. threw for 275 yards and led the Cougars with 101 yards on the ground. Louisville rallied from a 24-0 deficit vs. Auburn but ran out of time — thanks in part to poor clock management from coach Bobby Petrino — in a 31-24 loss. The rebuilt Cards' defense limited the powerful Auburn offense to 327 total yards. That bodes well for the rest of the season — beginning this week against Houston. *Louisville 33-17*



Malik Zaire, QB, Notre Dame

Zaire was brilliant on the big stage Saturday night, completing 19-of-22 passes for 313 yards with three touchdowns and no interceptions to lead Notre Dame to an impressive 38-3 win over Texas. The Fighting Irish will emerge as a legitimate threat to make the College Football Playoff if Zaire — a dual-threat QB known more for his running ability — continues his strong play in the passing game.

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HEISMAN RACE

- 1. Nick Chubb, RB, Georgia** Our pre-season favorite was solid in Georgia's weather-shortened 51-14 win over ULM, rushing for 120 yards and two touchdowns on 16 attempts.
- 2. Trevone Boykin, QB, TCU** Boykin's dual-threat abilities were on display Thursday night in the Horned Frogs' win at Minnesota. The senior threw for 246 yards and one touchdown and added 92 yards and one score on the ground.



- 3. Cody Kessler, QB, USC** Kessler and the USC offense feasted on an over-matched Arkansas State defense in a 55-6 win Saturday night. The senior QB completed 19-of-26 passes for 236 yards with four TDs and no INTs.
- 4. Derrick Henry, RB, Alabama** Henry rushed for 147 yards and three scores on only 13 carries in Alabama's impressive 35-17 win over Wisconsin.
- 5. Dak Prescott, QB, Mississippi State** Prescott combined for 309 total yards (237 passing, 72 rushing) and three touchdowns to lead the Bulldogs to a 34-16 win at in-state rival Southern Miss.

PRIME TIME PLAYERS

Josh Rosen's debut for UCLA went quite well. The true freshman quarterback — the No. 1 recruit at his position in the nation — completed 28-of-35 passes for 351 yards and three TDs in the Bruins' 34-16 win over Virginia. ... With All-American **James Conner** sidelined by a knee injury (ACL), redshirt freshman **Qadree Ollison** stepped in and rushed for 207 yards on 16 carries in Pittsburgh's 45-37 win over Youngstown State. ... Tennessee's dynamic backfield duo of **Jalen Hurd** and **Alvin Kamara** combined for 267 yards and five touchdowns as Tennessee topped Bowling Green 59-30 in Nashville. ... Quarterback **Seth Russell**, the next man up at Baylor, completed only 50 percent of his

passing attempts, but he threw for 376 yards and five TDs to lead the Bears to a 56-21 win over SMU. ... Northern Illinois' **Kenny Golladay** was the only player in the nation in Week 1 to compile more than 200 receiving yards. The junior caught nine passes for 213 yards in the Huskies' win over UNLV. ... Former Florida Gator **Jeff Driskel** threw four TDs and averaged 18.3 yards per attempt in his first game at Louisiana Tech. ... Marshall safety **Tiquan Lang** returned two interceptions for TDs and recorded 17 tackles in the Thundering Herd's 41-31 win over Purdue. ... Old Dominion sophomore **Ray Lawry** is the nation's leading rusher after gaining 223 yards in the Monarch's 38-34 win at Eastern Michigan.

STOCK REPORT

▲ Northwestern was one of the most impressive teams in Week 1, recording a 16-6 win over Stanford in Evanston, Ill. The Wildcats' defense limited Stanford to 240 total yards and forced three turnovers. Sophomore tailback Justin Jackson led the way for the Cats' offense with 134 yards rushing.

▼ Year 2 of the James Franklin era is not off to a promising start. The Nittany Lions were manhandled by in-state foe Temple en route to a 27-10 loss in Philadelphia. Quarterback Christian Hackenberg completed only 11 passes and was sacked 10 times. Temple had lost 31 straight games to Penn State.

▲ Arkansas has proven it can bulldoze opponents with its running game. Now, the Razorbacks look like they have the pass-ing attack to match. Quarterback Brandon Allen was ultra-efficient against UTEP, completing 14-of-18 passes for 308 yards with four TDs and no INTs in a 48-13 win.

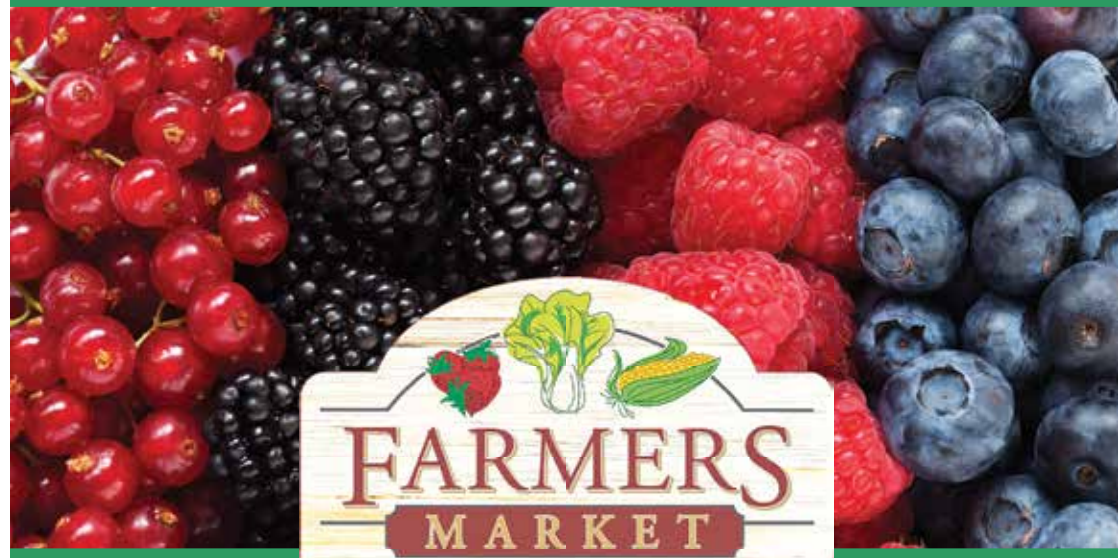
▼ Texas' miserable offensive effort — the Horns managed only 163 yards against Notre Dame — was the talk of the opening weekend, but the UT defense, so formidable last season, was torched for 527 yards (7.0 per play) in Saturday night's 38-3 loss in South Bend.

ATHLON SPORTS TOP 25

1. Ohio State (0-0)
2. Alabama (1-0)
3. Baylor (1-0)
4. Auburn (1-0)
5. TCU (1-0)
6. USC (1-0)
7. Michigan State (1-0)
8. Oregon (1-0)
9. Florida State (1-0)
10. Notre Dame (1-0)
11. Georgia (1-0)
12. Ole Miss (1-0)
13. Clemson (1-0)
14. LSU (0-0)
15. Arkansas (1-0)
16. Oklahoma (1-0)
17. Texas A&M (1-0)
18. Georgia Tech (1-0)
19. UCLA (1-0)
20. Arizona State (0-1)
21. Mississippi State (1-0)
22. Tennessee (1-0)
23. Boise State (1-0)
24. Utah (1-0)
25. Northwestern (1-0)

Photos: Freeman: Peter Brouillet; Boykin: Chris Covatta; Zaire: Harrison McClary/Athlon Sports

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