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# Carmichael Times

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Serving Carmichael and Sacramento County since 1981

August 7, 2015

GAME PLOTS:  
NINTENDO SHIFTS  
ITS STRATEGIES



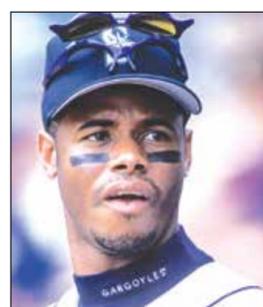
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ART AND FANTASY  
COME TOGETHER:  
TIME TRAVELERS  
BAZAAR



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ATHLON SPORTS  
INSIDE BASEBALL



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## Fruit Festival Is Just Peachy



ABOVE: Pie chef Olivia Thomas (second from right) took first prize for her Mediterranean peach dessert. Tori Hilton (second from left) celebrated second place with daughter Hailey Mae. Farmers market founders Marie and Don Hall congratulated the winners. AT RIGHT: Christina Paiva showed a clean plate after cleaning up the peaches and cream eating contest.

Story and photos  
by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - With summer harvest in full swing, the Carmichael Park Sunday Farmers Market hosted the first of two produce festivals. On August 23rd, a Tomato Taste Off competition will follow the recent first annual Peach Festival.

Peach outreach included a bake-off that sliced up nine custom desserts for judging. Adjudicators awarded first prize to Olivia Thomas's "Mediterranean Peach Pie." The tobacco control advocate's effort was garnished with almonds and placed tops for presentation and taste. Casa Roble High School teacher Tori Hilton ventured jalapeno peppers in her "Hot Peach Passion" recipe and scored a scorching second prize.

"All the entrants were fantastic," approved

a judge. "In the end, the choice came down to originality. Our winners showed fresh approaches to a classic dessert."

Contrasting with such refinement, the peach eating contest produced a gooey feeding frenzy. Crowds cheered as six hands-free contestants buried faces in fruit and cream. The rivals barely came up for air until a winner was declared. Champion Christina Paiva, 29, declared the race "delicious," but she and all contestants firmly declined second helpings.

The July peach festival boosted the Sunday market's attendance to 3,000 people. The August 23rd Tomato Taste Off is planned to generate similar enthusiasm for tomatoes. Farmers will present such varieties as cherry, beef steak, black and green zebra, and heirloom toms. Market patrons will be encouraged to taste and vote for their

## Farmers Markets and CalFresh Create Healthy Communities

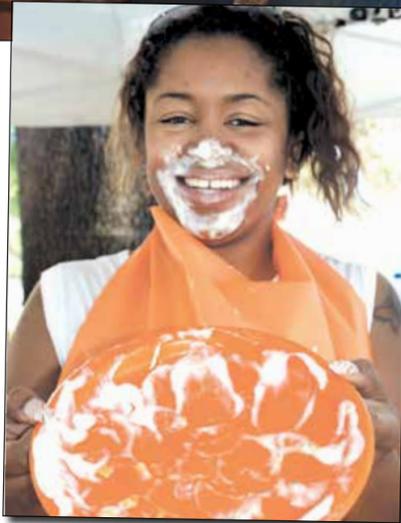
SACRAMENTO REGION, CA (MPG) - Farmers markets create the ultimate win-win-win scenario. They provide consumers access to farm-fresh fruits, vegetables, and other local foods, while also giving farmers the opportunity to develop a personal relationship with their customers and cultivate consumer loyalty. And all of this happens within a community setting, with direct benefits to the local economy.

One easy way that farmers markets can increase their customer base, while continuing to improve access to locally grown healthy food, is by becoming authorized to accept Supplemental Nutrition Assistance Program (SNAP) benefits. SNAP, known as CalFresh in California, is a federal program that helps supplement an individual's or a family's income to help them buy nutritious food.

In California, SNAP redemptions at farmers markets grew from \$547,850 to \$3,786,016 between 2008 and 2014, providing an economic boost to local communities in the state, while the number of SNAP-authorized farmers markets and direct marketing farmers increased from 65 to 442.

Learn more about how farmers markets and SNAP can work together to create a healthy community at [www.fns.usda.gov](http://www.fns.usda.gov).

Source: USDA Food and Nutrition Service, Western Region



favorites; categories will include sweetest, meatiest, and juiciest choices.

Continued on page 8

## Crowds of Locals Run the Fab 40's 5K

By Sal Arrigo Jr.



More than 900 people participated in this year's Fab 40's 5K Run/Walk, with the proceeds going to the local chapter of the Alzheimer's Association for use in support of caregivers in the region. Photo by Paul Scholl

someone who has been affected by this disease." A co-worker, your mailman, your banker, the grocery store clerk, all know someone who is dealing with the sixth leading cause of death in this country—Alzheimer's disease.

Even though this race brings to light a serious subject, the participants were able to enjoy some diversions in the form of the many vendor booths, which included chili sampling, face painting, and snacks and refreshments.

Mike Ammon of Carmichael finished in first place for the men's 70-75 age group. Ammon said, "It's a fun race, especially since it's age graded, so old guys like me at 70 years old can race against the young ones. The Fab 40's race is one of the Buzz Oats series' races, which is age-graded; at the end of the season, money is awarded to the top finishers. Last year I was lucky enough to win \$350, which adds to the challenge. And the Fab 40's folks do a really great job putting on this race, and it's a lot of fun because of the support they give. This year I think my time was 21:30, not as good as in some years past, but I get

Continued on page 8

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<p><b>NUTRO CANNED CAT FOOD SALE</b></p> <p>Limit 1 Case 3 oz Max Selected Varieties <b>55¢</b> Natural Choice <b>75¢</b></p>	<p><b>PESTELL CLUMPING CAT LITTER</b></p> <p>40 Lb. Bag Limit 2 Bags <b>\$8.49</b></p>	<p><b>KAL KAN CESAR SELECT DINNERS DOG FOOD</b></p> <p>All Varieties, 3.5 Oz. Limit 2 Cases <b>69¢</b></p>
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# Art and Fantasy Come Together at the Time Travelers Bazaar

By Allison Buchholtz

SACRAMENTO REGION, CA (MPG) - Pirates and time travelers, fantasy enthusiasts and sci-fi geeks—the Time Travelers Bazaar has what you need! In its third year, the Time Travelers Bazaar brings together artists, writers, performers, and costumers for a day of fun and shopping.



The Time Travelers Bazaar brings together artists, writers, performers, and costumers for a day of fun and shopping. Photo courtesy of Time Travelers Bazaar

"Anyone with an interest in time travel, history, future history, art, writing, crafting, and creating is welcome and usually finds their way to Time Travelers Bazaar," said Jaqueline Langworthy Smith (aka Jax).

Jax, the creator and spirited driving force behind the Bazaar, wants to build up the community of those who have similar interests. Jax and her crew of friends (JBS Productions) were inspired by all the communities and groups of which they were a part. With all of their overlapping interests, they wanted to create a unique event that to share with others.

"It was a very small step to imagine this unique marketplace where players, community groups, vendors, and performers could gather together to share and enjoy all these different concepts," said Jax.

This year's event will feature a variety of vendors of jewelry, crafts, art work, masks, toys, and costumes. Their first annual Art Show & Sale starts this year along with a first run of panels featuring belly dancing, artist tips, and history of the Fae. The Bazaar will also be hosting its first Costume Show and Competition with more information to be posted to their Facebook page soon.

As for future events, Jax would like to expand the event

to include more vendors, guilds, and guests. She also hints at a Time Travelers Masque Ball featuring live music and performances sometime in the future. This all depends upon the continued support and interest of the people this event serves, especially the volunteers.

"The staff of volunteers that work the event are awesome and help to create the reality out of the dreams. Thank you to all of you who have come out to participate and play at Time

Travelers Bazaar. By working together, we all succeed. Many thanks to everyone," said Jax.

Time Travelers Bazaar takes place on August 15th, 2015, from noon to 6 p.m. at Great Escape Games, a successful local gaming store located at 1250 Howe Avenue in Sacramento. For more information, check out their Facebook page: [www.facebook.com/timetravelersbazaarsacramento](http://www.facebook.com/timetravelersbazaarsacramento).

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# Golf Tournament Changes the Lives of Special Needs Youth in Carmichael

By Elise Spleiss

**CARMICHAEL, CA (MPG)** - "It's All About the Kids" is how all those involved in this year's annual Sacramento Rotary "Golf 4 Kids" fundraiser on August 10th. Funds raised from this one event have been changing the lives of 100 special needs students at Ralph Richardson Center in the San Juan Unified School District (SJUSD) in Carmichael and three other schools in the Sacramento City Unified School District (SCUSD) for three decades.

The annual tournament held at the Northridge Country Club in Fair Oaks funds programs for the physically and health impaired at the Richardson Center, and at Luther Burbank High School, Fern Bacon Middle School, and Bowling Green Charter School in the SCUSD.

Parents of children with special needs living in these school districts are very fortunate. The Ralph Richardson Center is a unique and successful public school located within the SJUSD. They provide a wide variety of unique resources for 100 children and young adults with special needs ages 3 to 22.

Richardson Center Principal Beth Von Striver in a phone interview emphasized the importance of the event, "What happens on this golf course on this one day makes or breaks what we do here." Eighty-five percent of funding for these schools comes from the proceeds of this one event.

Von Striver added that the center would not have the quality of their aquatic program or maybe even its existence if not for the funds they receive from the Rotary. Funds are needed for equipment used in and out of pool and for its upkeep. Most of the therapy can only be done in the warm water pool, not on land.

According to Bob Miller, event chair, providing technology is of major importance to these students. Von Striver added, "The



Staff members from Richardson Center and Luther Burbank High School post with the Diedrich family and Andre Justice's family. Photo by John Swentowsky

only way for most students to communicate and make their needs and wants known is from access to latest technology." A large cost has been the purchase of seven wall-sized Smart Boards and one Apple TV at a cost of \$5,000 each, including installation by the district.

Programs include physical and occupational therapy, adaptive PE classes, and music classes. It is common for students to produce their very first words and sounds during their music classes, which are also aided by technology.

A typical example of success is eight-year-old Ian Diedrich. At the Sacramento Rotary meeting on July 21, Ian was able to get up from his wheelchair with the help of braces on his legs and walk with his mother's help. His mother and father, Colleen and James, moved to Carmichael from Rancho Cordova in mid-2014. After just one year at Richardson, Ian, who upon arrival was confined to his wheelchair, was walking with help, his stamina had improved, and he was happy. Colleen said he would often cry when they began to pull away from the school at the end of the day.

Colleen Diedrich noted that, "A key to the success of their programs for these students is the many professional and collaborative skills all on one campus from

staff who have dedicated their lives to helping and supporting their students." Many staff members have been at these schools for decades.

Andre Justice is another success story, recently graduating from Luther Burbank High School in Sacramento. Prior to his four years at Burbank, Andre attended Bowling Green Charter School for three years. His mother, Andrinus Pernell, says she no longer worries about her son, who is proud of his independence. Although still in a wheelchair, he can take the bus on his own, budgets his money, and was elected prom king.

These schools change students' quality of life and greatly affect their transition into the real world. This assistance is especially helpful for older children and young adults transitioning into the workforce.

The "Golf 4 Kids" tournament is in its 93rd year, making it the oldest charitable event in the history of the Rotary. This Rotary event is the oldest charitable event in the history of Rotary International. In the mid-1980s, it shifted to a golf tournament.

For information on the golf tournament or to register, go to [www.sacrotarygolf4kids.com](http://www.sacrotarygolf4kids.com) or call (916) 929-2992. You can also visit [RalphRichardsonCenter](https://www.facebook.com/RalphRichardsonCenter) on Facebook. ★



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# CARMICHAEL COMMUNITY UPDATE



**District Attorney Youth Academy**  
 District Attorney Anne Marie Schubert in partnership with the Sheriff's Department and Sacramento Police Department will be sponsoring a youth academy for students to actively learn about the criminal justice system, hear from our criminal justice partners, and engage in open communication with law enforcement about issues that affect young people today.

Topics include anatomy of a criminal case, race as a factor in the criminal justice system, law enforcement use of force, gun violence, gangs, dating violence, stalking, human trafficking, marijuana and the law, Laboratory of Forensic Services, crime scene investigation (CSI), and distracted driving. There will also be an optional one-day field trip to the Sacramento Superior Court.

Classes will be held twice a month on Thursday evenings from 6 p.m. to 7:30 p.m. beginning October 8th, 2015, through March 31, 2016, at the Sacramento County Sheriff's Community Center, 7000 65th Street.

The program is open to current Sacramento County high school students (incoming 10th through 12th graders). Eligible students can apply for the program this fall and need to submit a completed application, which can be downloaded at [www.sacda.org](http://www.sacda.org). The deadline to apply is September 11th.

For more information, please email [YouthPrograms@sacda.org](mailto:YouthPrograms@sacda.org).

**Waste Collection Reminder**

You never have to miss another waste collection day again! Sacramento County's Department of Waste Management and Recycling now is offering a variety of services, including your weekly collection schedule or sign up for weekly reminders via email or phone.

Learn more by visiting [www.saccounty.net](http://www.saccounty.net).

**Call 311 for County Services**

It's easy to call this one number to connect with County Services, and it continues to be a popular tool utilized by residents of the unincorporated area to report abandoned shopping carts, illegal dumping, potholes, etc. Before any promotion began, the customer representatives were receiving nearly 100 calls a week. Now, they are steadily receiving 2,700 calls a week in addition to email and phone app reports.

For more information on how you can report online illegal dumping, potholes, code enforcement issues, loose animals, and more, visit [www.311.saccounty.net](http://www.311.saccounty.net).

*Susan Peters represents the Third District on the Sacramento County Board of Supervisors. She can be reached at [susanpeters@saccounty.net](mailto:susanpeters@saccounty.net).* ★

**By County Supervisor Susan Peters**

Through the generosity of the Carmichael Times, this column serves to provide an update about matters affecting the unincorporated community of Carmichael.

**County Executive to Speak**

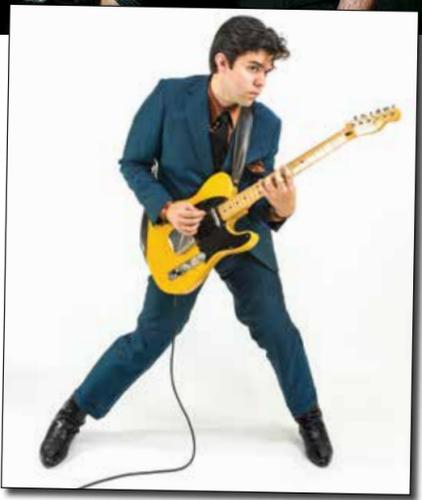
Please join me at 7:30 a.m. on Wednesday morning, August 19th, at my Fair Oaks Community Coffee Meeting featuring County Executive Brad Hudson.

This meeting will be held at the Fair Oaks Water District's conference room, 10326 Fair Oaks Boulevard, near Winding Way. The meeting starts at 7:30 a.m. and I will give a brief update on what is going on with Sacramento County and then introduce Mr. Hudson as our guest speaker followed by questions and answers.

# Todd Morgan and the Emblems Perform at Oakmont's Alzheimer's Fundraiser



Local band Todd Morgan and the Emblems will perform at BBQ, Beer, and Boogie—an Alzheimer's Fundraising event hosted by Oakmont of Carmichael. Photo by Elle Jay



**CARMICHAEL, CA (MPG)** - BBQ, Beer, and Boogie—an Alzheimer's Fundraising event—is back by popular demand. This fun-filled evening, co-hosted by the Kiwanis Club of Carmichael, will be held on Thursday, August 13th between 5:30 p.m. and 8:30 p.m. at Oakmont of Carmichael. Enjoy a southern-style BBQ dinner with all the fixings, refreshments, a silent auction, and live music featuring local band Todd Morgan and the Emblems.

All proceeds from the event go toward the Alzheimer's Association's Walk to End Alzheimer's®, which is the world's largest event to raise awareness and funds for Alzheimer's care, support, and research. The Walk is held annually in more than 600 communities nationwide. Oakmont Senior Living is a Gold Sponsor for The Walk, and all 19 of Oakmont's communities throughout California will be participating in raising funds and walking. Come help support Sacramento's Alzheimer's Walk and enjoy a delicious dinner and good time at Oakmont of Carmichael's BBQ, Beer, and Boogie event.

Oakmont of Carmichael is located at 4717 Engle Road in Carmichael. Tickets for this event are \$30 per person. For more information or to purchase tickets, please contact Oakmont of Carmichael at (916) 483-3800 or Virginia Stone at [virginia.stone@oakmontmg.com](mailto:virginia.stone@oakmontmg.com).

Headquartered in Sonoma County, CA, Oakmont Senior Living is an award-winning

Catch Todd Morgan and the Emblems on August 13th at Oakmont's Alzheimer's fundraiser. Photo by Madison Bales

developer of premier, resort-style senior communities, recognized for the quality of its craftsmanship and the excellence of its care and services. Family owned and operated, Oakmont is dedicated to creating high-quality communities that enrich resident experiences and offer peace of mind for families. Oakmont leads the senior housing industry in providing innovative programs and services for those affected by Alzheimer's. For more information about Oakmont, visit [www.oakmontseniorliving.com](http://www.oakmontseniorliving.com).

Source: Oakmont of Carmichael Senior Living ★

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 8:00 a.m. - 1:00 p.m.  
 6196 Sunrise Mall (parking lot)  
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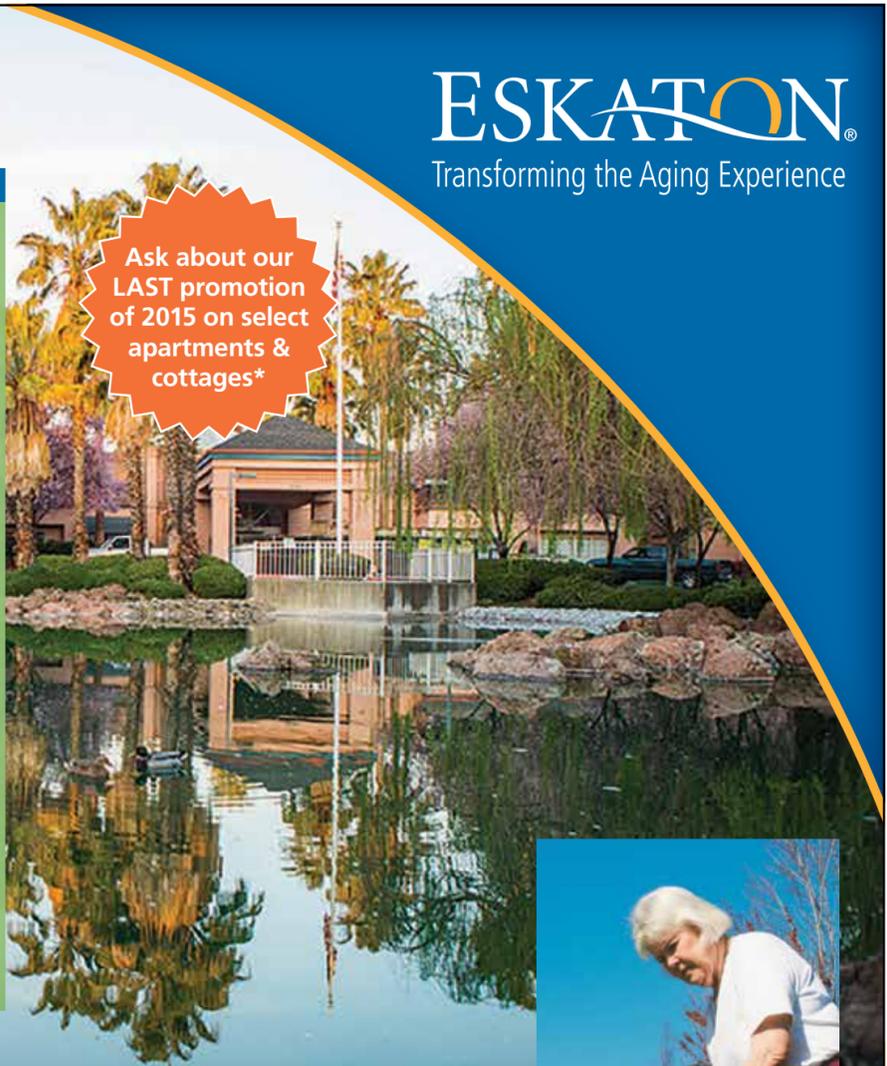
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\*Must deposit by 8-31-15 and close by 9-22-15



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Christ Community Church  
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- CROSSWORD**
- ACROSS  
 1. Bewildered or confounded  
 6. Cul de \_\_\_\_  
 9. Rum cake  
 13. Church bell sounds  
 14. Anger  
 15. Give a green light  
 16. Dogma  
 17. \_\_\_\_ Aviv  
 18. Cancer sign?  
 19. \*Higher education result  
 21. \*L in LMC  
 23. "Yakety \_\_\_\_"  
 24. W.'s advisor  
 25. Tube in old TV  
 28. \*Classroom pests  
 30. Catching sight of something  
 35. "Jack and the Beanstalk" instrument  
 37. \_\_\_\_ Scotia  
 39. Ownership document  
 40. Sixth month of civil year  
 41. \*Classroom ball  
 43. It's a long story  
 44. Fat or wax  
 46. Kindred  
 47. Resembling wings  
 48. Destiny  
 50. Volcano in Sicily  
 52. Japanese capital  
 53. \*You work with it in shop class  
 55. \*Where most of American History occurred  
 57. \*Difference between public and private school  
 61. \*"\_\_\_\_ and (#34 Down)"  
 64. Saw logs  
 65. Like arctic air  
 67. \*Digital text  
 69. \*He's in the class play  
 70. \*Driver's Ed classroom  
 71. Kitchen appliance  
 72. "The \_\_\_\_ Not Taken"  
 73. Lamb's mother  
 74. Iron Mike
- DOWN  
 1. Pertinent  
 2. Got ready to drive  
 3. Healthy  
 4. Lament for the dead  
 5. Stellar  
 6. Place or location  
 7. "We \_\_\_\_ the World"  
 8. \*Usually in orchestra but not marching band  
 9. Foggy view?  
 10. \* \_\_\_\_ mater  
 11. Uncouth one  
 12. Wrong  
 15. As good as it can be  
 20. Augmenting  
 22. " \_\_\_\_ Got the World on a String"  
 24. Canceled  
 25. \*Marker's predecessor  
 26. \*r in a math formula, pl.  
 27. Golf bunkers  
 29. Kind of soda pop

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
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72						73				74			

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			9	1	4		6						
				5			9						
9			2		6								
3	6				9		1	7					
8													6
7	5		1				3		2				
			3			7							5
7			4	2	1								

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 7

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**HELP WANTED**

# Fruit Festival Is Just Peachy

Continued from page 1

"It's a great way to let people know what produce is in season and bring attention to our local farmers," said market founder Marie Hall. "Shopping for food shouldn't just be a chore, it should be fun."

Learn more about the Tomato Taste Off at [www.bemon-eysmartusa.org](http://www.bemon-eysmartusa.org).



Pie bake-off judges (from left) included Cathryn Snow, Linda Melody, Tracy Kerth, and Virginia Stone. Contest organizer volunteer (right) was Emily Lipson.

# Crowds of Locals Run the Fab 40's 5K

Continued from page 1

slower as time marches on. It's also fun to see all 'the usual suspects,' as I call them; I'm part of a running club, River City Rebels, so a lot of those people usually show up at this race."

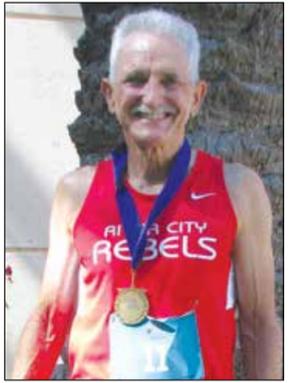
Special thanks must be given to Big Jim Hall, the announcer for the event. There were also more than 40 sponsors for this year's event, including the following:

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• Trader Joe's

Thank you, everyone, for your support of the 2015 Fab 40's 5k Run/Walk! As the founder of "Sal's Pal's," I will once again be doing my part next year on July 30th, 2016. Team "Sal's Pal's" has been challenged by "Team Unforgettable" to get the most people to participate. Help us be victorious—consider joining me next July. You have a year to prepare for the 3.1-mile walk!



Mike Ammon of Carmichael finished in first place for the men's 70-75 age group. Photo by Paul Scholl

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# END OF THE BENCH BY GERRY SCHOLL

## An Annoying List of Sports Bugaboos

Everybody just loves a good sports list. Actually, that's not true. Sometimes lists can be so totally annoying.

Sports people love to list their "picks," predictions, rankings, top tens of this, that, or the other, their "greatest of all time," their whys or why-nots. It's all in good fun for the sake of debate and argument, to "compare and contrast." But it is always impossible to cover all of the angles on any list. Something always gets overlooked, omitted, misplaced, undervalued or overrated.

Everyone who reviews any list has an individual frame of reference based on personal experiences, and thereby will have objections and differences of opinion that render the list inherently incomplete in their eyes and resulting in dissatisfaction and...annoyance... Can't you just hear it?

"What the hell is that guy thinking?" "No way, that team is not that good!" "How in the world can they put that guy ahead of this guy?" "He thinks that; well what about this?" "So-and-so will never be half the player so-and-so was!"

But, one thing that everybody can agree on is...there are always plenty of annoying things going on in the wonderful world of sports and any list of those to be compiled would be open-ended, and could continue to infinity and beyond!! So, without putting too much thought into it, we got things started with whatever random entries came to mind in a very disorganized, sort-of listing of things that are bugging us...

Deflategate. Enough already about those slightly-under-inflated footballs that were used by New England quarterback Tom Brady in the AFC Championship Game to defeat the Colts...oh, yeah!...45-7!! Those footballs made all the difference. The air has been getting kind of stinky around the Patriots; Brady thought it was a "Spare-the-Air Day." Some

guy got his hands on one of those balls and cashed it in for almost \$44,000. He's going to buy a Prius. Every person in the Patriots' organization should have to do public service, handing out fully-inflated free footballs to all the under-privileged kids in the state of Massachusetts --- so long as they can hold on to them without fumbling.

Pat's owner Robert Kraft, who was disappointed that Brady's four-game suspension was upheld and said (roughly paraphrased), "It's routine in the NFL for discipline to be reduced." That's great policy. All the players know ahead of time that if they really screw up their punishment will be minimal (if they are good enough players).

Football players gone astray; it happens everyday. The latest, the Jets' Sheldon Richardson mess --- already with a four-game suspension for substance abuse, getting charged with resisting arrest, driving 143 mph in his Bentley with others in the car, including a 12-year-old, reeking of pot and with a loaded handgun aboard and keeping it secret for two weeks. Reportedly, the Jets' GM said, "There is a degree of trust that has been broken, but we are supportive of him..." Oh, really? Not kicked off the team? He must be pretty good.

Stories about the sod at Levi's Stadium (just get it right, damn it). Mount Davis. Any talk about the Jets. TV shots of the owners in their luxury boxes. Jerry Jones' face. Stadium deals, holding communities and taxpayers hostage via threats of "moving to L. A." (Thanks to HBO's Last Week Tonight with John Oliver).

College football dramas in the South. Florida State Seminoles and The Tomahawk Chop chant, also stolen by the lame fans of the Atlanta Braves. The SEC. Example (from SB Nation): "Star Ole Miss tackle Laremy Tunsil and his stepfather have agreed to drop assault charges

against each other." So glad those two are working things out.

The term "underrated" when it is used instead of saying, "He's not as good as we thought he would be when we drafted him." Ticket prices to everything. The overly-obnoxious food fare sold at parks just to attract attention from the media and send customers to the hospital. Continued coverage of "competitive eating" as sports stories (that might make you throw up). New uniforms for every reason imaginable, when the real reason is mo' money, mo' money. Big-game hunting (you almost wish that lion would have sunk his teeth into that dentist).

Dressed-to-the-18s golfers complaining about the course, or conditions, or taxes (just shut up and play). Tiger Woods (No. 262). The "great athletes" in those barbaric, so-called sports (they know which ones they are). Poor Ronda Rousey can't get a date and she wonders why. Now that he's gone, Jim Harbaugh. Needing no explanation: Urban Meyer, Jim Boehiem, John Thompson, Jr. (the dad), A. J. Pierzynski, A-Rod, Joe Buck (add your own).

Bean ball wars, benches-clearing shoving matches, bat flips, gum throwing, tobacco chewing, floating strike zones, too-lengthy further reviews and the unwritten rules of baseball. Sometimes you win, sometimes you lose, sometimes it rains or the sprinklers come on (that sounds familiar). Talking about mega-contracts during the All Star Game (a really bad look, "er, sound).

Shoe deals in the NBA. LaMarcus Aldridge is building a house for his shoe collection. Adidas is trying to lure Houston's James (Fear the Beard) Harden away from Nike with a \$200-million proposal. Hey, James, how about you and all your buddies taking all that money and those shoes and shoeing all the shoeless Joes out there who could really use them? That would be "a really big shew!" ★



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CASABLANCA 150707 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05294 Leslie Kerns, 208 Delta Leaf Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Waiting To Exhale Massage Therapy" at 208 Delta Leaf Way, Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 2, 2015. Publish: July 17, 24, 31 and August 7, 2015  
WAITING 150707 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05339 Karen Miller, 10823 Coloma Road #2, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Stilness Healing Arts" at 6728 Fair Oaks Boulevard, Suite 300, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 17, 24, 31 and August 7, 2015  
STILLNESS 150707 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05000 Integrated Commerce of California, LLC, 9218 Metcalf, Suite 339, Overland Park, Kansas 66212 Incorporated in Delaware is doing business under the Fictitious Business Name(s) "Flexibility, Flexibility.com" at 6950 W. 56th Street, Mission, Kansas 66202. Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 17, 24, 31 and August 7, 2015  
FLEXIBILITY 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05312 Kenneth Raif, 3747 W. Pacific Avenue, Suite A, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Rad Roadsters" at 3747 W. Pacific Avenue, Suite A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 17, 24, 31 and August 7, 2015  
RAD 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05065 Hometown Colonial Estates, L.L.C., 150 N. Wacker Drive, Suite 2800, Chicago, IL 60606 is doing business under the Fictitious Business Name(s) "Colonial Estates, Hometown Colonial Estates, Colonial Estates MHIC" at 10026 Horn Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015  
COLONIAL 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05066 Hometown Creekside Estates, L.L.C., 150 N. Wacker Drive, Suite 2800, Chicago, IL 60606 is doing business under the Fictitious Business Name(s) "Creekside Estates, Hometown Creekside Estates, Creekside Estates MHIC" at 6000 Greenback Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015  
CREEKSIDE 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05083 Enhui Li and Fei Hou, 1446 E. Calaveras Boulevard, Milpitas, CA 95035 are doing business under the Fictitious Business Name(s) "Lis Mongolian B.B.Q." at 4725 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 17, 24, 31 and August 7, 2015  
LIS 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05077 Vladimir Tkachenko, 900 Q Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Vlads Repair" at 900 Q Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015  
VLADS 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05353 Tamika Brown, 1050 43rd Avenue #5, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Empty Plate" at 1050 43rd Avenue #5, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015  
EMPTY 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05349 Terri Lee Hoblit, 653 Woodside Sierra #3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Skin by Teri" at 2398 Fair Oaks Boulevard, Suite 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015  
SKIN 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05388 Saeed Oil Co., 2390 Florin Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Saeed Oil Co." at 2390 Florin Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 17, 24, 31 and August 7, 2015  
SAEED 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05188 Jesse Arora, 8151 Civic Center Drive #162, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Structured Sports Development Program" at 8151 Civic Center Drive #162, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 17, 24, 31 and August 7, 2015  
STRUCTURED 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05360 Ronald Sanchez, 2798 Lnollwood Drive, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "All-American Realty, All-American Realtor Group" at 9912 Business Park Drive, Suite 180, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015  
ALL-AMERICAN 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05192 Javier A. Dillen, 14547 Holly Lane, Riverpines, CA 95675 is doing business under the Fictitious Business Name(s) "Dilco GeneralContractors" at 14547 Holly Lane, Riverpines, CA 95675. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 17, 24, 31 and August 7, 2015  
DILCO 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05401 Jasveer Singh, 8036 Linden Line Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Jaz Trucking" at 8036 Linden Line Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 9, 2015. Publish: July 17, 24, 31 and August 7, 2015  
JAZ 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05470 Denise Weyeneth, 6363 Aslin Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Best Choice Moving Assistance" at 6363 Aslin Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 17, 24, 31 and August 7, 2015  
BEST 150710 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05486 Hoang Truong, DDS, Inc., 2550 West El Camino Avenue, Suite 9, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Gateway Oaks Family Dentistry" at 2550 West El Camino Avenue, Suite 9, Sacramento, CA 95833. Filed with the Clerk of Sacramento County July 13, 2015. Publish: July 24, 31, August 7 and 14, 2015  
GATEWAY 150713 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05183 David R. Roper, 10059 Kern River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Hammerlime Handyman Service" at 10059 Kern River Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 24, 31, August 7 and 14, 2015  
HAMMERTIME 150712 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05340 Sarah Triano, 9877 Burrowing Owl Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Jazzercise Elk Grove, Elk Grove Jazzercise" at 9877 Burrowing Owl Way, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 24, 31, August 7 and 14, 2015  
JAZZERCISE 150710 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05365 Reza Baratzadeh, 3510 Spring Rose Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Express Towing" at 9461 Jackson Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 24, 31, August 7 and 14, 2015  
EXPRESS 150713 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05379 Brian R. Smith, 5707 Frontier Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Nordic Pressure Cleaning" at 4101 Wayside Lane #M, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 24, 31, August 7 and 14, 2015  
NORDIC 150714 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05030 Laurie Dakin, 1845 2nd Avenue, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Studio Laurus" at 800 R Street, Suite 200, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 24, 31, August 7 and 14, 2015  
STUDIO 150711 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05454 Carrie Stone, 2624 Eastern Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "True Skin Within" at 2624 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 24, 31, August 7 and 14, 2015  
TRUESKIN 150715 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05477 Nathaniel Ray Hill, 6726 Burdett Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Top CDL Training" at 6726 Burdett Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 24, 31, August 7 and 14, 2015  
TOPCDL 150715 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05195 Tederio Hunt, 4232 Lyle Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Hood Citizen Entertainment" at 4232 Lyle Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 24, 31, August 7 and 14, 2015  
HOOD 150715 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05691 Jody Lynn Fye, 3112 Pennland Drive, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "City Wide Restoration" at 3112 Pennland Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 17, 2015. Publish: July 24, 31, August 7 and 14, 2015  
CITYWIDE 150717 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05017 SSC Carmichael Operating GP LLC, One Ravinia Drive, Suite 1500, Atlanta, GA 30346 is doing business under the Fictitious Business Name(s) "Mission Carmichael Healthcare Center" at 3630 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 24, 31, August 7 and 14, 2015  
MISSION 150720 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05415 Eryn Drew and Timothy Christopher Knight, 2950 Shawn Way, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Raven and Roo" at 2950 Shawn Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 9, 2015. Publish: July 24, 31, August 7 and 14, 2015  
RAVENANDROO 150720 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05391 FNS Importers, 11 Spinal Circle, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Express Vehicle Registration Services" at 7529 Watt Avenue, Suite 100, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 24, 31, August 7 and 14, 2015  
EXPRESS 150720 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05663 Chandra Jean Cooley, 7721 McClintock Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Gracie Overhead Door, Gracie Garage Door, Gracie's Doors" at 7721 McClintock Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County July 16, 2015. Publish: July 24, 31, August 7 and 14, 2015  
GRACIE 150720 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05458 Paulette Woods, 4208 Casa Blanca Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Forget Me Nevers" at 4208 Casa Blanca Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 24, 31, August 7 and 14, 2015  
FORGET 150720 8-14-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05607 Karl G. Smith, 5301 Madison Avenue, Suite 302, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "CFS Wealth Advisors" at 5301 Madison Avenue, Suite 302, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 15, 2015. Publish: July 31, August 7, 14 and 21, 2015  
CFS 150721 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05668 Darrin Lindsey, 8636 Hume Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Tap Revolution" at 8636 Hume Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County July 16, 2015. Publish: July 31, August 7, 14 and 21, 2015  
TAPREV 150722 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05489 Jaime Foreman, 340 Cadillac Drive, Apt. 38, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Fox Home Staging" at 340 Cadillac Drive, Apt. 38, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 13, 2015. Publish: July 31, August 7, 14 and 21, 2015  
FOXHOME 150722 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05532 Capitol Public Affairs, 1215 K Street, Suite 1120, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Capitol Public Affairs" at 1215 K Street, Suite 1120, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 14, 2015. Publish: July 31, August 7, 14 and 21, 2015  
CAPITOL 150723 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05824 Marsha Rae Edellblume, 4728 Village Mill Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Rae Designs" at 4728 Village Mill Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 22, 2015. Publish: July 31, August 7, 14 and 21, 2015  
RAEDESIGNS 150722 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-5830 Premier Pools, Incorporated, 11250 Pyrites Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Premier Pools and Spas" at 11250 Pyrites Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 23, 2015. Publish: July 31, August 7, 14 and 21, 2015  
PREMIER 150723 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05858 Lanessa A. and Timothy D. Stewart, 2125 Fair Oaks Boulevard, Unit C1, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Affiliated Judgment Recovery" at 2125 Fair Oaks Boulevard, Unit C1, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 23, 2015. Publish: July 31, August 7, 14 and 21, 2015  
AFFILIATED 150723 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05515 Virginia Carozza and Larry Smith, 6524 Grattan Way, North Highlands, CA 95660 are doing business under the Fictitious Business Name(s) "Affordable Mobile Pet Grooming" at 6524 Grattan Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 13, 2015. Publish: July 31, August 7, 14 and 21, 2015  
AFFORDABLE 150726 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05887 Stella Villanueva, 3441 Lerwick Road, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Referral Driving School" at 3441 Lerwick Road, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 24, 2015. Publish: July 31, August 7, 14 and 21, 2015  
REFERRAL 150727 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05861 P. Jeyheun, Inc., 2171 Fulton Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "PJ Cars To Go" at 2031 Fulton Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 23, 2015. Publish: July 31, August 7, 14 and 21, 2015  
PJCARSTOGO 150727 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05787 Amy Schnetz, 1035 40th Street, Sacramento, CA 95819 and Kristen Kinter, 6457 S. Land Park Drive, Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "Koukla Kids" at 3809 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 23, 2015. Publish: July 31, August 7, 14 and 21, 2015  
KOUKLAKIDS 150727 8-21-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05693 Shuyou Huang, 7581 52nd Avenue, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Zhen Spa" at 7047 South Land Park Drive Suite A, Sacramento, CA 95831. Filed with the Clerk of Sacramento County July 28, 2015. Publish: August 7, 14, 21 and 28, 2015  
ZHENSIPA 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05546 Spant Properties, LLC, 4675 Stevens Creek Boulevard #133, Santa Clara, CA 95051 is doing business under the Fictitious Business Name(s) "Gold Crossing Apartments" at 10890 Coloma Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 14, 2015. Publish: August 7, 14, 21 and 28, 2015  
GOLD 150730 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05439 Denise Tognotti Lozano, 6733 Ashington Way, Elk Grove, CA 95758 and Dean S. Tognotti, 6284 Oakridge Way, Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "The Three D's Partnership" at 2509 Fulton Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 10, 2015. Publish: August 7, 14, 21 and 28, 2015  
THREEDS 150727 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05301 Maria Swany, 10535 Marcal Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Loving Hearts Ministry" at 10535 Marcal Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 2, 2015. Publish: August 7, 14, 21 and 28, 2015  
LOVING 150728 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05890 Phillip Martin Malone, 5350 Dunley Drive #3412, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Pinnacle Pool Service" at 5350 Dunley Drive #3412, Sacramento, CA 95835. Filed with the Clerk of Sacramento County July 24, 2015. Publish: August 7, 14, 21 and 28, 2015  
PINNACLE 150728 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05929 Yolanda Soto, 3341 Huntsman Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Tiny Bloomers" at 3341 Huntsman Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 28, 2015. Publish: August 7, 14, 21 and 28, 2015  
TINY 150728 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05732 Kayla E. Green, 6732 23rd Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Liberty Braids and Beauty" at 6732 23rd Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 20, 2015. Publish: August 7, 14, 21 and 28, 2015  
LIBERTY 150729 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05928 Infuze, LLC, 308 Jarow Court, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Infuze Marketing, Wine Tasting Fees" at 455 Capitol Mall, Suite 317, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 28, 2015. Publish: August 7, 14, 21 and 28, 2015  
INFUZE 150729 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05648 Denise F. Mello, 6931 Santa Juanita Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Mello Vacations" at 6931 Santa Juanita Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County July 16, 2015. Publish: August 7, 14, 21 and 28, 2015  
MELLO 150727 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05084 Mohammad Saleem Qadar, 475 Allaire Circle, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "American Auto Dealer" at 8201 Elder Creek Road, Suite 2A, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 31, 2015. Publish: August 7, 14, 21 and 28, 2015  
AMERICAN 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05394 Debbanie Whitfield, 5960 South Land Park Drive, Suite 390, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Honest Healthcare Staffing" at 5960 South Land Park Drive, Suite 390, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 8, 2015. Publish: August 7, 14, 21 and 28, 2015  
HONEST 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05749 George Home, 3330 Edgar Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Midias Auto Service" at 6840 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 21, 2015. Publish: August 7, 14, 21 and 28, 2015  
MIDAS 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05047 Daniel Brian Arrigotti, 2126 Marchita Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Imperial Heating & Cooling" at 2126 Marchita Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 30, 2015. Publish: August 7, 14, 21 and 28, 2015  
IMPERIAL 150731 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05713 Kenneth H. Golden, 5736 Mariposa Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Sierra Financial Management Co., K.H. Golden & Associates" at 5736 Mariposa Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 20, 2015. Publish: August 7, 14, 21 and 28, 2015  
SIERRA 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05900 Toucand LLC, 6577 Barbary Circle, Las Vegas, NV 89103 is doing business under the Fictitious Business Name(s) "Jail Service & Maintenance" at 6577 Barbary Circle, Las Vegas, NV 89103. Filed with the Clerk of Sacramento County July 27, 2015. Publish: August 7, 14, 21 and 28, 2015  
JAIL 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-05666 Miguel Franco, 9984 Froom Circle, Space #56, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Franco Painting & Cleaning" at 9984 Froom Circle, Space #56, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 16, 2015. Publish: August 7, 14, 21 and 28, 2015  
FRANCO 150803 8-28-15

FICTITIOUS BUSINESS NAME STATEMENT  
FBNF2015-06145 Roxanne Benge, 2950 Winchester Way, Rancho Cordova, CA 95670 and Emily Gaddoni, 5962 Jeanine Drive, Sacramento, CA 95842 are doing business under the Fictitious Business Name(s) "Roxie's Floral Design" at 2950 Winchester Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 3, 2015. Publish: August 7, 14, 21 and 28, 2015  
ROXIES 150803 8-28-15

### STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

FBNF2011-08857

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Gingles Goodies" located at 4825 Don Julio Boulevard, Sacramento, CA 95847. Dan R. Small, 4825 Don Julio Boulevard, Sacramento, CA 95847. The Fictitious Business Name Statement referred to above was filed on October 19, 2011 in the County of Sacramento. Publish: July 31, August 7, 14 and 21, 2015  
GINGLES 150722 8-21-15

### STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

FBNF2013-04371

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of "Koukla Kids, LLC" located at 3809 J Street, Sacramento, CA 95816. Koukla Kids, LLC, located at 3809 J Street, Sacramento, CA 95816. The Fictitious Business Name Statement referred to above was filed on May 24, 2013 in the County of Sacramento. Publish: July 31, August 7, 14 and 21, 2015  
KOUKLA 150727 8-21-15

### ORDER TO SHOW FOR CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-001

# LEGAL ADVERTISING

Continued from the previous page

## ORDER TO SHOW FOR CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00182037  
WHEREAS, Michael Anthony and Donna San Agustin Lopez have filed a petition with this court for a decree changing the name(s) of Michael Anthony Lopez to Michael Anthony Francalanzo, Donna San Agustin Lopez to Donna San Agustin Francalanzo, Daniel Michael Lopez to Daniel Michael Francalanzo.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 1, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 22, 2015  
David I. Brown, Judge of the Superior Court  
Publish: July 31, August 7, 14 and 21, 2015  
LOPEZ 150723 8-21-15

## ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00182031  
WHEREAS, Shamim Raiz Hussein and Ranjeela Wati Ram have filed a petition with this court for a decree changing the name(s) of Shamim Raiz Hussein to Shamim Prasad, Ranjeela Wati Ram to Ranjeela Prasad, Shane Hussein to Shane Prasad, Daniel Hussein to Daniel Prasad.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 30, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 22, 2015  
David I. Brown, Judge of the Superior Court  
Publish: July 31, August 7, 14 and 21, 2015  
HUSSEIN 150724 8-21-15

## ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00182323  
WHEREAS, FNU Mustafa and FNU Meekal have filed a petition with this court for a decree changing the name(s) of FNU Mustafa to Mustafa Ahmady, FNU Meekal to Meekal Ahmady.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 7, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 29, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: August 7, 14, 21 and 28, 2015  
AHMADY 150729 8-28-15

## ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00182324  
WHEREAS, Alejandra Guillen has filed a petition with this court for a decree changing the name(s) of Steven Guillen Arreygue to Steven Guillen.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 8, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 29, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: August 7, 14, 21 and 28, 2015  
GUILLEN 150730 8-28-15

## ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00182365  
WHEREAS, Stephanie Nimara Tosses-Bruno and Jason Tyler Rodriguez have filed a petition with this court for a decree changing the name(s) of Stephanie Nimara Tosses-Bruno to Stephanie Nimara Bruno, Jason Tyler Rodriguez to Jason Tyler Bruno.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on October 13, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 29, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: August 7, 14, 21 and 28, 2015  
BRUNO 150731 8-28-15

## ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00181724  
WHEREAS, Jillian Michelle Blakney-Martinez has filed a petition with this court for a decree changing the name(s) of Jillian Michelle Blakney-Martinez to Jillian Michelle Francis-Martinez.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 24, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 15, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: August 7, 14, 21 and 28, 2015  
MARTINEZ 150731 8-28-15

## ORDER TO SHOW CAUSE CHANGE OF NAME

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00182319  
WHEREAS, FNU Massoud has filed a petition with this court for a decree changing the name(s) of FNU Massoud to Massoud Bakhtyari.  
IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on October 7, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: July 29, 2015  
David I. Brown, Judge of the Superior Court  
Publish: August 7, 14, 21 and 28, 2015  
MASSOUD 150729 8-28-15

## NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY JANE SPRAGUE (decedent)  
ESTATE NO. 34-2015-00181799  
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BETTY JANE SPRAGUE (deceased): A petition has been filed by JOHN SPRAGUE in the Superior Court of California, County of Sacramento, requesting that JOHN SPRAGUE be appointed as administrator to the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: September 17, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of Attorney for the Petitioner(s) is: Law Office of Joan Medeiros, Joan Medeiros, 2377 Gold Meadow Way, Suite 100, Gold River, CA 95670 (916) 729-1307  
Publish: July 24, 31 and August 7 2015.  
SPRAGUE 150716 8-7-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF BUD EDWARD BARBEE (descendant)  
ESTATE NO. 34-2015-00178886  
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of BUD EDWARD BARBEE AKA BUD BARBEE AKA EDWARD HUGH BARBEE (deceased): A petition has been filed by LAUREL BUCKOUSIS in the Superior Court of California, County of Sacramento, requesting that LAUREL BUCKOUSIS be appointed as Executor to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. Bond is not required. A hearing on the petition will be held in this court as follows: September 16, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Laurel Buckousis, 3119 Shady Creek Circle, Red Oaks, TX 75154 (972) 576-2003  
Publish: August 7, 14 and 21, 2015.  
BARBEE 150728 8-21-15

# Keep Trees Watered During Drought

**SACRAMENTO REGION, CA (MPG)** - The Local Government Commission has partnered with California ReLeaf, Save Our Water, and a coalition of urban forest and other concerned organizations to raise awareness about the importance of proper tree care during this historic drought. "Cities are taking critical steps to reduce their water use, but these measures need to be implemented with consideration of important community resources. For example, if we're encouraging residents to let their lawns die, we also need to provide information about how to keep trees alive," said Kate Meis, executive director of the Local Government Commission. With potentially millions of urban trees at risk, this campaign focuses on a simple, yet urgent message: save our water and our trees! The Save Our Water and Our Trees partnership is highlighting tips for both residents and agencies on how to water and care for trees so that they not only survive the drought, but thrive to provide shade, beauty, and habitat; clean the air and water; and make our cities and towns healthier and more livable for decades to come. Save Our Water is California's official statewide conservation education program. California ReLeaf, a statewide urban forest

nonprofit, provides support and services to more than 90 community nonprofits that plant and care for trees. "While Californians cut back on water use during the drought, it is critical to community health to save our lawn trees by setting up alternative watering systems once you turn off the regular sprinklers," said Cindy Blain, executive director of California ReLeaf. "Watering trees to keep them alive during drought doesn't waste water. It is a prudent use of our limited resources to preserve an important community investment. Trees provide multiple benefits for the economy, the environment, public health, and general wellbeing," Meis said. "Urban trees require little water and minimal care, but they provide a significant return on investment." Lawn trees can and must be saved during the drought. What you can do:

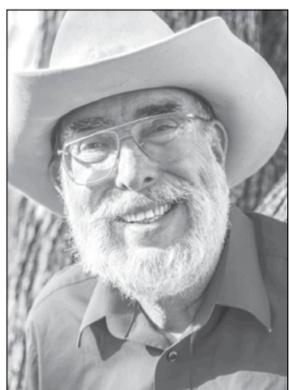
1. Deeply and slowly water mature trees one to two times per month with a simple soaker hose or drip system toward the edge of the tree canopy - NOT at the base of the tree. Use a hose faucet timer (found at hardware stores) to prevent overwatering.
2. Young trees need five gallons of water two to four times per week. Create a small watering

basin with a berm of dirt.

3. Shower with a bucket and use that water for your trees (as long as it is free of non-biodegradable soaps or shampoos).
4. Do not over-prune trees during drought. Too much pruning and drought both stress your trees.
5. Mulch, mulch, MULCH! Providing four to six inches of mulch around a tree helps retain moisture, reducing water needs and protecting your trees.

Trees in irrigated landscapes become dependent on regular watering and when watering is reduced—and especially when it's stopped completely—trees will die. Tree loss is a very costly problem, not only because of expensive tree removal, but because of the loss of all the benefits trees provide such as cooling and cleaning the air and water, shading homes, walkways and recreation areas, and human health impacts. "This summer, it is vital that Californians limit outdoor water use while preserving trees and other important landscaping," said Jennifer Persike, deputy executive director of external affairs and operations for the Association of California Water Agencies. "Save Our Water is urging Californians to 'Let It Go Gold' this summer, but don't forget to keep your trees healthy."

"Squandering our community's investment by letting our urban trees die will have immediate and lasting consequences," Meis said. "As we make important decisions about where to cut water use, we must consider these long-term consequences." Save Our Water has been urging Californians to "Let It Go" this summer by limiting outdoor water use and letting lawns fade to gold while preserving precious water resources for trees and other important landscapes. "To save our water and our trees, it will take all of us working together—state agencies, local governments, residents and community groups—to ensure immediate drought relief and long-term drought resilience," said Danielle Dolan, who manages the LGC's water programs. Save Our Water's website is available in both English and Spanish and is filled with tips, tools, and inspiration to help every Californian find new and creative ways to conserve. From tips on how to keep trees healthy during the drought, to an interactive section allowing users to visually explore how they can save water both inside and outside the home, Save Our Water has a wealth of resources available for Californians. Source: Kate Meis, Local Government Commission ★



## Slim Randles' HOME COUNTRY

"It's Thursday All Day, Mabel..."

Curl Up 'N Dye beauty parlor. The watch pinned on her dress said one forty five. Mabel went over to her usual chair and sat down. Fran came over and looked at Mabel's hair with a smile. "You still look pretty ravishing, Mabel," she said.

"Sure you want a touch-up today?" Mabel nodded. "Going to watch that movie with the girls tonight?" Movie. Tonight. "Sure," said Mabel. It's nice to live in a small town, because if you don't know what you are doing, someone else does.

Brought to you by the Home Country podcast at [http://www.doublewide-network.com/index.php/MusicStarWorldwide/detail/home\\_country](http://www.doublewide-network.com/index.php/MusicStarWorldwide/detail/home_country) ★

It was Thursday again. Mabel Adams asked at the desk to be sure. "Thursday all day, Mabel," the girl said. "Don't forget to get your hair done today. Two o'clock ... right?" "Right," Mabel said, locking the time away in her mind. "Two o'clock. On Thursday." She took her purple walker and went half a block to the counter at the drug store. That nice Williams girl came over with a smile and a menu. "Tuna on toast, Mabel?" "Uh, sure. I like that." "Hot tea?" "Yes please." After she ate, she started down the sidewalk toward the

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Thursday-Friday : 8:00 a.m. - 8:00 p.m.  
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## Outdoor World

### What to Look for in a Turkey Vest

One of the most important items turkey hunters can own is a good turkey vest. Turkey vests are important in helping to keep your gear organized and accessible. Most come with a variety of pockets designed for calls, strikers, extra shells, a face mask, gloves, binoculars, rangefinders, a knife, and even a snack in case you get hungry. Some even have attachment systems that allow you to add more accessories to your vest. Large pouch pockets in back work great for decoys, stakes, and even a monster gobbler. My favorite vest has a built-in seat with back support that allows me to set up anywhere and be comfortable and still. Some vests have features such as padded flip-down seats, fold-out safety-orange strips, and adjustable padded straps. I have hunted turkeys for a lot of years and sometimes I wonder how I ever got along without a vest that had back support.

By Larry Whiteley, Host of the award-winning Outdoor World Radio  
For more tips go to [basspro.com](http://basspro.com) and click on ISource News & Tips

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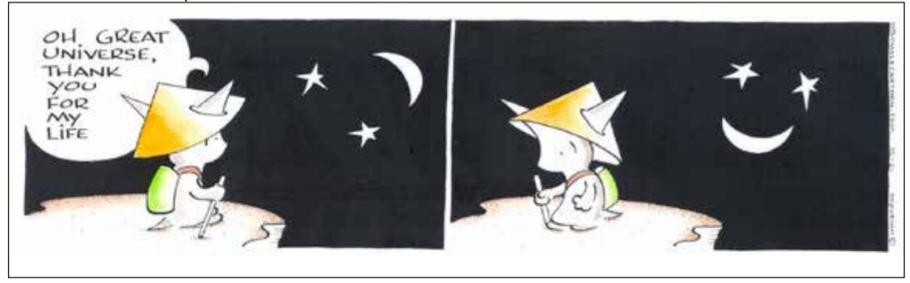
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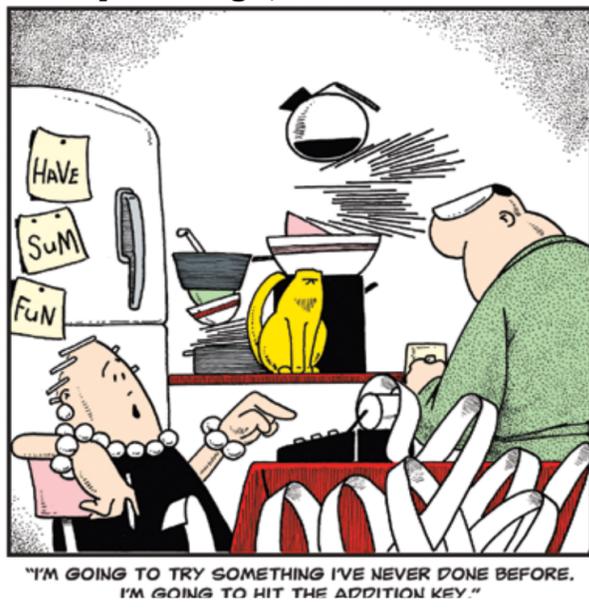
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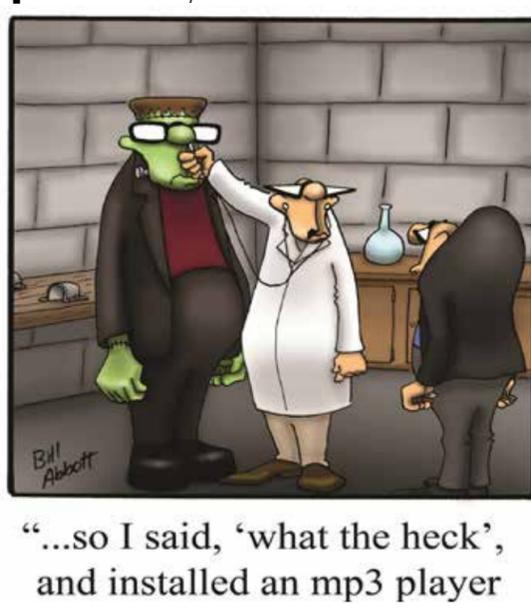
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The program runs throughout the school year beginning August 13, 2015 and registration is ongoing. We also provide additional transportation for those participating in after school sports, tutoring, music, scout programs, etc. To register call the La Sierra Community Center Recreation Office at (916) 483-7826.

**For registration & other information call the District at (916) 485-5322 or visit our web page at [www.carmichaelpark.com](http://www.carmichaelpark.com).**



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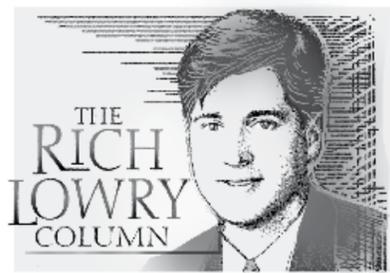
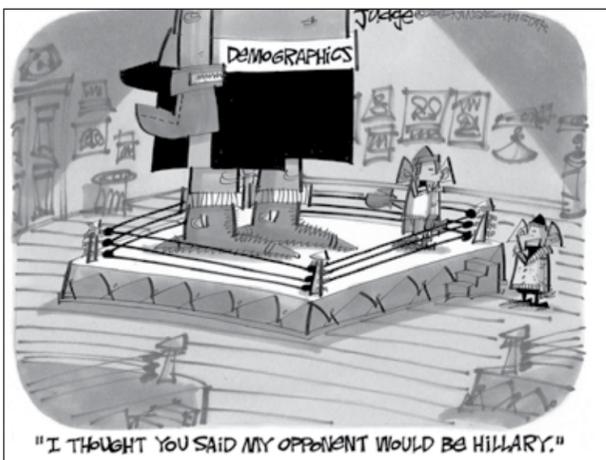
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By Rich Lowry

### Obama Kneecaps Congress (Again)

If only President Barack Obama were as hard-nosed and clever in undermining our adversaries as he is in kneecapping the U.S. Congress, the country's strategic position might be transformed.

The Iran deal just went to the United Nations Security Council, months before Congress will vote on it, and got unanimous approval. The U.N. vote doesn't bind Congress, but it boxes it in and minimizes it -- with malice aforethought.

After the U.N. vote, President Obama urged Congress to get with the program: "There is broad international consensus around this issue," he said, adding that his "assumption is that Congress will pay attention to that broad-based consensus." In other words, follow the

lead of the United Nations on a matter of utmost importance to the national interest of the United States.

Secretary of State John Kerry issued his own warning about the dangers of going our own way: "If Congress says 'no' to this deal, then there will be no restraints on Iran. There will be no sanctions left. Our friends in this effort will desert us."

And who's responsible for that? The Obama administration cut a deal eviscerating the international sanctions regime and got it blessed by the U.N., then turns around and tells Congress it has no alternative but to assent because there will be no meaningful sanctions regime left regardless.

The agreement is written to favor business with Iran. It grandfathers in all commercial deals cut after the initial lifting of the sanctions, even in the unlikely event they are reimposed. Plus, Iran isn't going to give back its windfall of tens of billions of dollars handed to it under the agreement.

Kerry seemed offended by the notion that Congress should get to vote before everyone else locks the Iran agreement into place: "It is presumptuous of some people to say that France, Russia, China, Germany, Britain ought to do what the Congress tells them to do." This is admirably internationalist, but Kerry is supposed to be the secretary of state of the United States, not a representative of the interests and prerogatives of its

allies and adversaries.

The New York Times reports that during the negotiations, Kerry actually pushed to delay a U.N. vote until Congress reviewed the deal. Predictably, the Iranians balked (they're not fools), and so did the Russians and the Europeans. Equally predictably, Kerry resorted to his solution to most every knotty negotiating problem -- he caved.

Amazingly enough, the agreement with Iran doesn't mention the U.S. Congress or its review of the deal, but specifically cites the Iranian Parliament and its role in approving the pact.

It is President Obama's curse that he doesn't have a legislature as compliant as that of Iran's supreme leader. The president clearly disdains Congress as a body that harbors several hundred Republicans and that can only complicate his grand legacy-defining initiatives. He didn't want Congress to have a say at all over the Iran deal, but accepted the Corker bill that requires a near-impossible two-thirds vote to block it.

The administration's message to opponents is that even that supermajority would be too little, too late. Submission is the only option.

*Rich Lowry is editor of the National Review.*

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### Cat 'Horks' Up Hairballs

DEAR PAW'S CORNER: Sometimes my cat "Bink" starts making "horking" noises and occasionally after some time will cough up a little ball of hair. But other times he just makes the noises without producing anything. Should I be concerned? -- Karl in Des Moines, Iowa

DEAR KARL: You can always contact your cat's veterinarian if you're unsure about a potential health issue. In this case, Bink may be simply dealing with hairballs or trying to cough one up. According to Cornell University's College of Veterinary Medicine, it's not unusual for a healthy cat to cough up a hairball every week or two. These vary in size but are rarely round because the esophagus compresses them somewhat as they are brought up. Hairballs are just that: a clump of indigestible hair, typically swallowed while a cat is grooming itself. Sometimes they'll bring them

up with a bit of undigested food as well, which is always a pleasure to clean up, right? If a cat has several episodes of retching without producing a hairball, or if it vomits or is lethargic, contact the vet. It could have another problem, either digestive or even respiratory, that only the vet can diagnose and treat. So, can you prevent hairballs in cats? No, not really. Grooming is natural and healthy, and hairballs are a by-product of this. You might be able to reduce their size and frequency by feeding Bink a diet that keeps his coat healthy, with less shedding. Groom him often, even daily, to remove shed hairs. Should you give him a hairball remedy? Many vets recommend against it, as they do little to minimize hairballs.

Send your questions or tips to ask@pawscorner.com.

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# Game Plots

## Nintendo Shifts its Strategies

By Noah Howard



Nintendo has been a driving force in video games since the release of the Nintendo Entertainment System in 1983. For three decades, Nintendo has enchanted gamers with light-hearted, creative, genre-defining games that have earned millions of loyal fans. But right now, the multi-billion dollar corporation seems at a turning point, trying to figure out how to adapt to a quickly changing industry without losing its creative identity.

The problems started with the Wii U, a console released in 2012 that centered on the idea of a second screen as a controller. It seemed too gimmicky to hardcore gamers and too inaccessible for casual gamers. Though the concept of a two-screen experience has arguably lived up to Nintendo's promises, the idea wasn't nearly as revolutionary as was hoped. Wii U sales flopped and continue to flop as sparse store shelves sport the occasional excellent Nintendo-made exclusive interspersed by almost nothing in the realm of third-party support.

That's a shame, because Nintendo's first-party titles are some of the best to come out of this console generation. Though the volume of games on the Playstation 4 and Xbox One is higher (although still relatively low), few games released for those systems come close

in quality to Wii U titles like Bayonetta 2 or Super Smash Bros. Nintendo stuck close to its strategy: create fun, original games, and the sales will come. One problem: the sales didn't come.

Nintendo's recent announcement of a shift to mobile is an indication that it's reevaluating its strategy. The handheld Nintendo 3DS console is selling incredibly well in both systems and games, despite the fact that Wii U and 3DS games seem to be cut from the same fun-centric fabric. Nintendo knows that the games it makes do well on the go, so the decision to use Nintendo characters and intellectual properties in titles for phones and tablets seems like a natural evolution. Despite protests that this change could shift focus away from Nintendo's dedicated fans, this was an important business decision that President Satoru Iwata had to make.

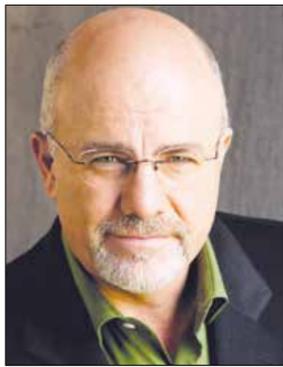
Sadly, it would be one of the last big decisions ever to come from Mr. Iwata, who passed away on July 11th at the age of 55. Iwata was a beloved figure in gaming: charismatic, fun, quirky, dedicated, and constantly optimistic. The experienced

creative mind and long-time president led Nintendo through some of its darkest and brightest moments. Unfortunately, he left Nintendo at a crucial time with many unanswered questions, including who his successor will be.

One notable unanswered question concerns the NX, Nintendo's still-in-development console that's being kept a close secret. It has teased that it will be revolutionary, that it will change how we think of gaming hardware, but nothing more. The announcement that a new console is in the works seems to be a white flag for the Wii U, a failed console with enormous unspent potential that tapered off just a few years after release.

Nintendo seems insistent on supporting its motto of fun that it has sported since the eighties. But Nintendo has been slow to adapt to a changing market and now must face its failures, challenges, and tragedies head-on if it plans to increase its relevance in the gaming world.

To respond to Noah's articles email him at [digitalartsnoah@yahoo.com](mailto:digitalartsnoah@yahoo.com) ★



# Dave Says

## Need a side income

Dear Dave,  
My wife and I are thinking about selling our home. I was recently let go from the military due to downsizing, and I've begun a job in real estate but things are starting slowly. My wife brings home about \$3,500 a month as a teacher, and the only debt we have is our house payment of \$1,616 a month. I was given a \$35,000 severance package, but we need some advice to help bridge the financial gap. Any ideas?  
- Erik

Dear Erik,  
Having little or no income is a lot harder than a variable income situation. Your wife is bringing home good money, but at the moment your house payment is almost half that amount. Are there some things you can do on the side while you're getting your real estate business going that will create income? If you could make even \$1,000 to \$2,000 a month, it would change the picture entirely. You guys would be able to keep your home and have a little breathing room while you get your real

estate career off the ground.

Looking at it from a long-term perspective, if you're selling a bunch of houses a year or two from now, you're in the clear. You could easily stay in the house. But if you don't find extra income while you build your business, if you're not willing to work extra hard and sacrifice in the meantime — even if it means just delivering pizzas — then you probably need to sell the house.

It takes about six to nine months to start making a living in the residential real estate business. So look at it this way: the more houses you sell, the less time you spend delivering pizzas. All this really hinges on is how badly you want a career in real estate and how much you guys want to keep your home. If you want it enough, you'll do what it takes to get there. And for the time being that's going to mean supplementing your income with something on the side while you grow your real estate business!  
—Dave

## Pay off debt first

Dear Dave,  
We've made an offer on a house we really like through a first-time buyers program. Now, after looking over our budget and debts again, my wife and I are having second thoughts. We haven't signed or turned in any paperwork yet. What do you think we should do?  
- Craig

Dear Craig,  
I wouldn't go through with the deal. I advise people to be debt-free before buying a home, because you want a home to be a blessing, not a curse.

Homeownership when you're broke is never a good idea. And basically, that's the situation you're describing. You have debt, and you're trying to squeak into something with a first-time buyers plan. The translation? You have no money. Everything that can go wrong will go wrong. That's Murphy's Law, and he'll move into your spare bedroom along with his three cousins — Broke, Desperate and Stupid.

Get your debts paid off, build up an emergency fund, and save up a good down payment before buying a home. I know that's not the popular answer, but it's the smart one!  
—Dave

Dave Ramsey is America's trusted voice on money and business. He has authored five New York Times best-selling books: *Financial Peace*, *More Than Enough*, *The Total Money Makeover*, *EntreLeadership* and *Smart Money Smart Kids*. The *Dave Ramsey Show* is heard by more than 8 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at [daveramsey.com](http://daveramsey.com). ★

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the swimmers are placed in lanes by age group and ability to get the best results. Two USS certified coaches who are passionate and knowledgeable conduct the workouts, giving each swimmer personal attention.

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# Television Listings for the week of August 7-August 12

## FRIDAY EVENING

### AUGUST 7, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Shark Tank (TVPG) HD	CBS Elementary (TV14) HD	NBC America's Got Talent: Judge Cuts 4 <sup>th</sup> HD	FOX MasterChef (TV14) HD	ION Law & Order: CI HD	ABC What Would You Do? (20/20) (N) HD	CBS Blue Bloods (TV14) HD	NBC Dateline NBC (N) HD	FOX Local Programs	ION Law & Order: CI HD
<b>CABLE</b>	A&E Criminal Minds HD	AMC Jaws (75, PG) Roy Scheider, Robert Shaw, HD	ANIMAL To Be Announced	BET (6:23) Like Mike (02)	BRAVO To Be Announced	CARTOON King of Hill King of Hill	CMT Reba HD	CNN Death Row Stories	COMEDY Key; Peele Key; Peele	DISCOVERY Alaskan Bush (N)
<b>PREM</b>	NBC America's Got Talent: Judge Cuts 4 <sup>th</sup> HD	FOX MasterChef (TV14) HD	ION Law & Order: CI HD	ABC What Would You Do? (20/20) (N) HD	CBS Blue Bloods (TV14) HD	NBC Dateline NBC (N) HD	FOX Local Programs	ION Law & Order: CI HD	ABC Criminal Minds HD	AMC Jaws (75, PG) Roy Scheider, Robert Shaw, HD

## SATURDAY EVENING

### AUGUST 8, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Home Videos HD	CBS Hawaii Five-0 HD	NBC America's Got Talent: Judge Cuts 4 <sup>th</sup> HD	FOX MasterChef (TV14) HD	ION Law & Order: CI HD	ABC Boston EMS (N) HD	CBS 48 Hours (TV14) (N) HD	NBC Hannibal (TV14) (N) HD	FOX Home Free (TVPG) HD	ION Criminal Minds: "Jane" HD
<b>CABLE</b>	A&E Storage	AMC High Plains Drifter (73)	ANIMAL To Be Announced	BET (17) Set It Off (96, R) ★★	BRAVO Housewives (TV14)	CARTOON DBZ Kai King of Hill	CMT Practical Magic (98) HD	CNN The Hunt	COMEDY Hot Tub Time Machine (10, R) HD	DISCOVERY MythBusters (N) HD
<b>PREM</b>	ABC Home Videos HD	CBS Hawaii Five-0 HD	NBC America's Got Talent: Judge Cuts 4 <sup>th</sup> HD	FOX MasterChef (TV14) HD	ION Law & Order: CI HD	ABC Boston EMS (N) HD	CBS 48 Hours (TV14) (N) HD	NBC Hannibal (TV14) (N) HD	FOX Home Free (TVPG) HD	ION Criminal Minds: "Jane" HD

## SUNDAY EVENING

### AUGUST 9, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Bachelor in Paradise (TV14) (N) HD	CBS (01) Big Brother (N) HD	NBC Local Programs	FOX Simpsons Brooklyn	ION Casino Royale (06, PG-13) ★★½	ABC Castle: "Resurrection" (N) HD	CBS CSI: Cyber (TV14) HD	NBC Robison Robison	FOX Local Programs	ION GoldenEye
<b>CABLE</b>	A&E Intervention (TV14) HD	AMC The Walking Dead HD	ANIMAL North Woods Law (N)	BET Sunday Best (N)	BRAVO Married to Medicine	CARTOON King of Hill Cleveland	CMT (6:30) You've Got Mail (98, PG) ★★	CNN The Hunt	COMEDY J. Dunham Jeff Dunham	DISCOVERY Naked and Afraid (N)
<b>PREM</b>	ABC Bachelor in Paradise (TV14) (N) HD	CBS (01) Big Brother (N) HD	NBC Local Programs	FOX Simpsons Brooklyn	ION Casino Royale (06, PG-13) ★★½	ABC Castle: "Resurrection" (N) HD	CBS CSI: Cyber (TV14) HD	NBC Robison Robison	FOX Local Programs	ION GoldenEye

## MONDAY EVENING

### AUGUST 10, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Bachelor in Paradise (TV14) (N) HD	CBS Broke Girls (N) HD	NBC American Ninja Warrior: "Pittsburgh" (N) HD	FOX So You Think You Can Dance (TV14) HD	ION Criminal Minds HD	ABC After Paradise (N) HD	CBS Scorpion (TV14) HD	NBC NCIS: Los Angeles HD	FOX Running Wild (N) HD	ION Local Programs
<b>CABLE</b>	A&E The First 48: (N) HD	AMC The Fugitive (93) HD	ANIMAL To Be Announced	BET To Be Announced	BRAVO Orange County Social	CARTOON King of Hill King of Hill	CMT Reba HD	CNN Anderson Cooper 360°	COMEDY South Park South Park	DISCOVERY Vegas Rat Rods HD
<b>PREM</b>	ABC Bachelor in Paradise (TV14) (N) HD	CBS Broke Girls (N) HD	NBC American Ninja Warrior: "Pittsburgh" (N) HD	FOX So You Think You Can Dance (TV14) HD	ION Criminal Minds HD	ABC After Paradise (N) HD	CBS Scorpion (TV14) HD	NBC NCIS: Los Angeles HD	FOX Running Wild (N) HD	ION Local Programs

## TUESDAY EVENING

### AUGUST 11, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Fresh Off (N) HD	CBS "Patience" (N) HD	NBC America's Got Talent: "Live Round 1" (N) HD	FOX Smart 5th Grade (N) HD	ION Criminal Minds HD	ABC Extreme Weight Loss: "John & Panda" (N) HD	CBS NCIS: New Orleans HD	NBC Hollywood Game Night	FOX Local Programs	ION Local Programs
<b>CABLE</b>	A&E Storage	AMC Armageddon (98) HD	ANIMAL To Be Announced	BET (7:00) Hustle & Flow (05, R) ★★	BRAVO New York City Social	CARTOON King of Hill King of Hill	CMT Reba HD	CNN Anderson Cooper 360°	COMEDY Tosh.0 HD	DISCOVERY Deadliest Catch (N) HD
<b>PREM</b>	ABC Extreme Weight Loss: "John & Panda" (N) HD	CBS NCIS: New Orleans HD	NBC Hollywood Game Night	FOX Local Programs	ION Local Programs	ABC Extreme Weight Loss: "John & Panda" (N) HD	CBS NCIS: New Orleans HD	NBC Hollywood Game Night	FOX Local Programs	ION Local Programs

## WEDNESDAY EVENING

### AUGUST 12, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC The Middle Goldbergs	CBS Big Brother (N) HD	NBC America's Got Talent	FOX MasterChef (N) HD	ION Ghost Whisperer HD	ABC Modern black-ish	CBS Extant (TV14) (N) HD	NBC Robison Robison	FOX Last Comic Standing	ION Local Programs
<b>CABLE</b>	A&E Duck HD	AMC 300 (07, R) ★★½	ANIMAL Eva (03)	BET Housewives (TV14)	BRAVO King of Hill King of Hill	CARTOON Reba HD	CMT Reba HD	CNN Anderson Cooper 360°	COMEDY South Park South Park	DISCOVERY Airplane Repo (N) HD
<b>PREM</b>	ABC Modern black-ish	CBS Extant (TV14) (N) HD	NBC Robison Robison	FOX Last Comic Standing	ION Local Programs	ABC Modern black-ish	CBS Extant (TV14) (N) HD	NBC Robison Robison	FOX Last Comic Standing	ION Local Programs



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# INSIDE BASEBALL

A WEEKLY TURN AROUND THE BASES

» HAMELS (FINALLY) DEALT TO TEXAS

» GRAY CONTINUES TO DEAL IN OAKLAND

» TROUT RED HOT IN JULY

» METS ON THE MOVE IN NL EAST

## Griffey Jr. leads 2016 call to the Hall of Fame

Piazza, Bagwell, Raines among other Cooperstown hopefuls

**C**raig Biggio, Randy Johnson, Pedro Martinez and John Smoltz were inducted into the National Baseball Hall of Fame last week in what comprised the largest group elected by the Baseball Writers' Association of America since 1955.

Looking ahead to 2016, there are plenty of worthy candidates — from a statistical perspective, at least. However, due to the restriction of only 10 names per ballot and divisive opinions on perceived, alleged and actual PED use, few of them will reach the needed 75 percent vote necessary to become enshrined.

Even with four players off the ballot, there are several interesting first-time candidates who will go on the ballot, including one sure-fire first-ballot Hall of Famer.

Here's a breakdown of what our ballot would be and what the players' chances of being elected to the Hall of Fame next year are:

### Ken Griffey Jr.: First Year

Surely a first-ballot lock, Griffey is one of eight players to hit 600 home runs (630), ranking sixth all-time. The Kid was the 1997 AL MVP, a 13-time All-Star (starting nine times), and a 10-time Gold Glove winner. He won't be unanimous because no one is, but he's as close to a lock as they come

Chances: Lock

### Mike Piazza: Fourth Year, 69.9% last year

Widely considered the best offensive catcher in baseball history, Piazza hit 427 career home runs while hitting .308 with a .377 on-base percentage. He was an All-Star every season from 1993 to 2005 except in 2003, starting in 10 of the Midsummer Classics. He keeps inching up about five percentage points each year.

Chances: Very good

### Jeff Bagwell: Sixth year, 55.7% last year

He's been consistently receiving 50 to 60 percent of the votes, a number that would be much higher if not for his suspected steroid use — despite there being no evidence. Bagwell hit a ton of home runs — 449 for his career and 205 during his five-year peak — and is widely considered a better player than Biggio, who is already enshrined.

Chances: Possible

### Tim Lincecum: Ninth year, 55.0% last year

Raines is on the outside looking in with two years of eligibility left with the writers. He's fifth all-time in stolen bases (808), and everyone above him is in the Hall. Raines played in the majors from age 19 to 42 and has a career .294 batting average and .385 on-base percentage, leading the National League in both categories in 1986.

Chances: Possible

### Barry Bonds: Fourth year, 36.8% last year

Bonds likely won't make the Hall of Fame because too many voters won't look past his alleged PED use, but he's among the greatest hitters in baseball history. Not only does he have the all-time and single-season home run records, but he also is the all-time walks leader by 368 and has a career .444 on-base percentage, including a .609 OBP at age 39.

Chances: Not happening

### Roger Clemens: Fourth year, 37.5% last year

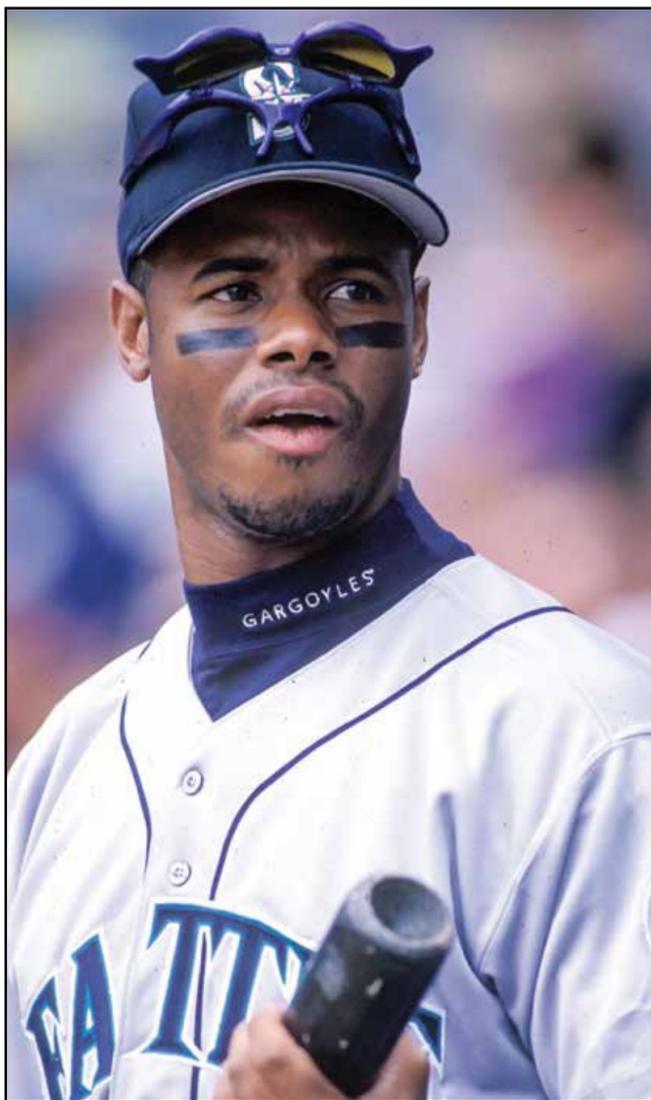
Clemens is in the same boat as Bonds as far as alleged PED use, and he was nearly as dominant on the mound as Bonds was at the plate. He is third all-time in strikeouts (4,672, leading the league five times), led the league in ERA seven times and has the most Cy Young Awards in baseball history (seven).

Chances: Not happening

### Curt Schilling: Fourth year, 39.2% last year

Schilling won World Series titles with the Diamondbacks in 2001 and the Red Sox in 2004 and 2007, winning co-MVP honors with Arizona. His 11–2 record and 2.23 ERA in 19 postseason starts really stand out, but he was a workhorse during the regular season, too, recording 300-plus strikeouts three times and throwing more than 250 innings four times.

Chances: Unlikely



Regarded as one of the top players of his generation, Ken Griffey Jr. hit .284 with 630 home runs (sixth all-time) during his 22-year career that included two stops with the Mariners sandwiched around stints with the Reds and White Sox.

### Trevor Hoffman: First year

Famous for a devastating changeup, Hoffman is one of the best relievers in baseball history. He was the first pitcher to accumulate both 500 and 600 saves, and he was the all-time leader in the category from 2006 to 2011 before Mariano Rivera passed him. He finished with a career 2.87 ERA and 1,133 strikeouts in 1,089.1 innings.

Chances: Unlikely this year

### Mark McGwire: 10th year, 10.0% last year

McGwire is 10th all-time with 583 career home runs and broke Roger Maris' single-season home run record in 1998 with 70, a mark Bonds would surpass three years later. Although his power numbers are prodigious, he almost certainly won't become enshrined in his final year of eligibility because of admitted steroid use.

Chances: Not happening

### Sammy Sosa: Fourth year, 6.6% last year

Sosa had seasons of 66, 63 and 64 home runs but never led the league in any of those seasons. He finished his career as one of eight players to hit 600 home runs. His connection to PEDs will likely keep him out of the Hall, though, and could drop him off the ballot if he doesn't garner five percent of the votes.

Chances: Not happening

### AROUND THE HORN

After being named in trade rumors for well over a year, **Cole Hamels** was finally traded to the Rangers with reliever **Jake Diekman** for top prospects **Jorge Alfaro**, **Nick Williams** and **Jake Thompson**, along with **Matt Harrison**, **Alec Asher** and **Jerad Eickhoff**. At the time the trade was agreed to in principle, the Rangers were five games out of the second wild card spot, but after the weekend, they closed the gap to three games. ...

Oakland's **Sonny Gray** threw his second shutout of July, the fourth of his career, against the Dodgers last Tuesday. The 25-year-old allowed only three hits and one walk, striking out nine batters. He followed that start by allowing only one earned run in 7.0 innings in a no-decision against Cleveland on Sunday to lower his ERA to 2.12 for the season. ...

Angels starter **C.J. Wilson** will likely miss the rest of the season with news that an MRI revealed left elbow impingement, taking away depth from an already thin rotation. ...

**Yoenis Cespedes** joined his fourth team in 366 days Friday when he was traded for the third time during that span. After being dealt to the Red Sox for **Jon Lester** last July, Cespedes was traded to the Tigers during the offseason for **Rick Porcello**. Then, last week, he was traded to the Mets for pitching prospects **Michael Fulmer** and **Luis Cessa**. Given that he's set to become a free agent at the end of the season, there's a good chance Cespedes will join his fifth team in less than a year-and-a-half. ...

Despite being four games under .500 and 7.5 games out of a wild card spot at the time, the Padres decided to make only one trade — **Abraham Almonte** for **Marc Rzepczynski**. They were sitting on all sorts of trade chips, including free-agent-to-be **Justin Upton** as well as pitchers **Craig Kimbrel**, **James Shields** and **Tyson Ross**. ...

The Blue Jays added the biggest names at the trade deadline, acquiring **Troy Tulowitzki** from the Rockies and **David Price** from the Tigers. That duo has been to a total of 10 All-Star Games already, despite only being 30 and 29 years old, respectively. Price paid immediate dividends, allowing only three hits in eight innings of the Blue Jays' win over Minnesota on Monday.

### NUMBERS GAME

# 41.4

12 of **Mike Trout's** 29 hits (41.4 percent) during the month of July were home runs, including 12 of his 14 extra-base hits. For the month, he had an .861 slugging percentage, raising his slugging percentage on the season from .582 to .642.



### TURN BACK THE CLOCK

Aug. 7, 1999

Wade Boggs collects his 3,000th hit with a home run off the Indians' Chris Haney. He is the first player to join the 3,000-hit club with a home run. The day before, Tony Gwynn recorded his 3,000th hit — a single off the Expos' Dan Smith.

### TRIVIA CORNER

The Toronto Blue Jays recently traded for Troy Tulowitzki, but they had a chance to draft him in 2005 with the sixth overall pick. Tulowitzki ended up going off the board with the next pick when the Blue Jays passed on him for which player?



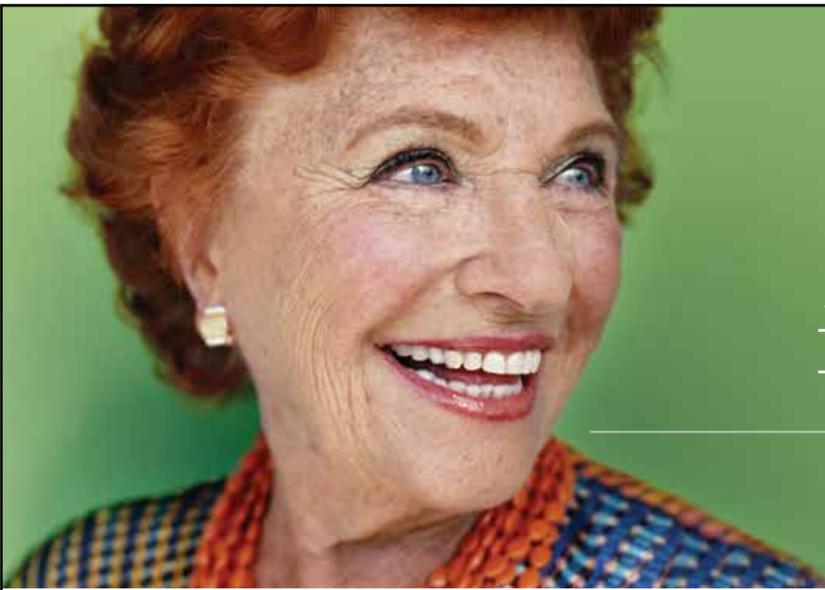
Written and compiled by Ben Weinrib.  
Follow Ben on Twitter: @benweinrib.  
Email: bweinrib@gmail.com

TRIVIA ANSWER: Ricky Romero

Photos: Griffey, Trout: AP

### ATHLON SPORTS POWER RANKING

- |                     |  |                         |  |
|---------------------|--|-------------------------|--|
| <b>1. Cardinals</b> | Winners of 11 of 16 since the All-Star break.                          | <b>16. Rangers</b>      | Cole Hamels trade sets up strong rotation for next season.             |
| <b>2. Dodgers</b>   | Underrated additions to the rotation should solidify playoff position. | <b>17. White Sox</b>    | Decided not to sell at the trade deadline after seven-game win streak. |
| <b>3. Royals</b>    | Lorenzo Cain hit .367/.424/.667 for the month of July.                 | <b>18. Padres</b>       | No starter has a batting average above .285.                           |
| <b>4. Pirates</b>   | Jung Ho Kang leads all NL rookies in WAR (Baseball Reference).         | <b>19. Diamondbacks</b> | Ended July with a six-game winning streak.                             |
| <b>5. Astros</b>    | Carlos Gomez acquisition makes them a true contender.                  | <b>20. Tigers</b>       | Picked up quality young pitching with Price and Cespedes trades.       |
| <b>6. Yankees</b>   | Quiet at the trade deadline but winners of 10 of 14.                   | <b>21. Indians</b>      | Corey Kluber has six quality starts in his last seven starts.          |
| <b>7. Blue Jays</b> | Made the biggest improvement at the trade deadline.                    | <b>22. Red Sox</b>      | Gave up 6.6 runs per game over the past week.                          |
| <b>8. Nationals</b> | Only three teams steal fewer bases than Washington.                    | <b>23. Athletics</b>    | All-Star Stephen Vogt hit just .163/.193/.225 during July.             |
| <b>9. Giants</b>    | With 14 wins in 18 games, they are back in a wild card spot.           | <b>24. Mariners</b>     | Jesus Montero has been tearing it up since reaching the majors again.  |
| <b>10. Mets</b>     | Sweeping the Nationals brings them to a first-place NL East tie.       | <b>25. Reds</b>         | Went 4–3 against NL Central powerhouses St. Louis and Pittsburgh.      |
| <b>11. Cubs</b>     | Took care of business against the Rockies and Brewers.                 | <b>26. Braves</b>       | Fading from relevancy after losing six games in a row.                 |
| <b>12. Angels</b>   | Added a slew of new outfielders but still need pitching depth.         | <b>27. Rockies</b>      | Troy Tulowitzki trade could signal Carlos Gonzalez trade this winter.  |
| <b>13. Orioles</b>  | Gerardo Parra trade gives the O's outfield a much-needed bat.          | <b>28. Marlins</b>      | In classic fashion, shed a lot of salary at the trade deadline.        |
| <b>14. Rays</b>     | Damaging series loss to Boston won't help playoff hopes.               | <b>29. Brewers</b>      | Losers of eight of nine to Diamondbacks, Giants, and Cubs.             |
| <b>15. Twins</b>    | Only 5–10 since the All-Star break, playoff hopes fading.              | <b>30. Phillies</b>     | Farm system rejuvenated after trading Cole Hamels.                     |



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## The Exciting New World of Implant Supported Dentures



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There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



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Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.

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