



## This Walk Is Unique

Page 3

## New Landscape Watering Limits Set by SSWD

Page 3



# Carmichael Times

Volume 35 • Issue 29

Serving Carmichael and Sacramento County since 1981

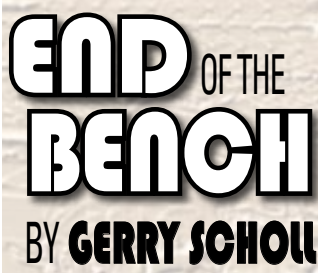
July 17, 2015

### ATHLON SPORTS INSIDE BASEBALL



Page 15

### ACCEPTING THE EXCEPTIONS TO THE RULES; OR NOT



Page 6

### POPOFF!

with Mary Jane Popp



### TALK YOUR WAY TO HAPPINESS

Page 6

## A Milestone Show

### BeMoneySmartUSA Celebrates Five Years



Founders of BeMoneySmartUSA, Don and Marie Hall (front, center) celebrate their non-profit's fifth successful year. The couple's market for farm produce is a success story that spread from Carmichael to other areas.

Story and photos by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Six years ago, Don and Marie Hall were aghast at the financial crash that afflicted businesses and families. They wanted to be part of the solution.

"We saw that many young people were great at math and science at school," says Marie. "They understood numbers but they didn't understand how to manage money. At the time, there were fewer entry level jobs for young people. We decided to teach personal finance while creating jobs so students could apply skills in real life situations."

The Carmichael couple loved farmers markets but noted some fell short on shopping opportunity: "We envisioned a market that offered not just organic produce but specialty items like pasta sauces, jams, meat products, and ethnic foods," says Marie.

Inviting small businesses on board, the Halls learned that their owners needed savvy staff. Thus their non-profit BeMoneySmartUSA began training school-aged people in customer service and sales. "We became a resource for entrepreneurs to find skilled help and for kids to find work they loved," explains Marie. "They learn; they get paid. Businesses have a staff resource.

They also have our markets as venues."

With booths for 22 vendors at the corner of San Juan Avenue and Fair Oaks Boulevard, the Halls began their first market in 2010. Success spearheaded expansion (on separate days) to Carmichael Park, Sunrise Mall, Fair Oaks (at Sunset Avenue), Old Town Folsom, UC Davis Hospital, the Mather VA Medical Center, and Land Park. Running seven markets is now a seven-day-a-week job, occupying the Halls and 200 young protégés. For their own financial welfare, the founders continue real estate and teaching careers. All money raised by

Continued on page 2

## Carmichael Scout Troop Treks Through Wilderness in New Mexico

**CARMICHAEL, CA (MPG)** - A troop of nine local teenage boy scouts and their three adult advisers went on a life-changing summer trek through the Sangre de Cristo Mountains at Philmont Scout Ranch in Cimarron, NM, which covers over 214 square miles of vast wilderness trails in northern New Mexico. During their trek, the members from Boy Scout Troop 386 hiked over 65 miles in 10 days, including an ascent of Mt. Phillips at nearly 12,000 feet in elevation.

The group of scouts and their advisers carried everything needed for their trek as they hiked from camp to camp. The group participated in several backcountry programs including rock climbing; rifle, shotgun, and black powder shooting; and wilderness first aid. The trek also included a conservation project where the scouts learned and participated in the upkeep of Philmont's ecosystem.

"Along the trek, our scouts

endured tough challenges including backpacking in bear and cougar territory, steep climbing, and often inclement weather," said Scoutmaster Kevin Murphy. "I'm very proud of our scouts and what they accomplished, sometimes in very adverse conditions—lightning, rain, and even a 45-minute hail storm that turned one of our dry campsites into a winter wonderland."

The crew made what amounts to a scouting pilgrimage with its trip to Philmont. Philmont Scout Ranch is the Boy Scouts of America's premier high adventure camp and the largest youth camp in the world, serving nearly one million participants since 1938.

Troop 386 is sponsored by the Carmichael Elks Lodge. The troop will celebrate its 50th anniversary in December. For more information about the troop, contact Kevin Murphy at skamurphy@hotmail.com.

Source: Boy Scout Troop 386 ★



Boy Scout Troop 386 recently went on a summer trek through the Sangre de Cristo Mountains at Philmont Scout Ranch in Cimarron, NM, which covers over 214 square miles of vast wilderness trails in northern New Mexico. Photo courtesy of Boy Scout Troop 386

### Combat Skyrocketing Gas Prices

**SACRAMENTO REGION, CA (MPG)** - Senator Ted Gaines (R-El Dorado) called on Governor Brown and state regulators to take any and all immediate measures available to stop the recent, massive spike in California gasoline prices.

"This overnight price explosion is killing California families and businesses and we cannot afford one more day," said Senator Gaines. "The California Air Resources Board needs to immediately suspend the expensive special 'summer blend' requirement so we can import more gas now. We need to defer the gasoline excise tax. Not in a week or a month but this very minute."

Supply disruptions are ostensibly behind the price jump, which saw prices shoot up between \$0.20-50 per gallon statewide in less than a week. It is unclear when normal supplies will again be available and analysts expect prices to spike even further. Regardless, Senator Gaines saw the price spikes as part of a larger problem in California.

"California is wildly overtaxed and overregulated and it makes everything in our state artificially expensive, even when things are working right. When something goes wrong, it shoots prices into the stratosphere," he said. "That is not fair to families. We are regulating and taxing them into poverty."

Senator Gaines is currently carrying Senate Bill 1, which would suspend for the next decade the hidden gas tax that resulted from the expansion of California's cap-and-trade program to include gasoline and diesel fuels. This program requires fuel producers to purchase emission allowances for every gallon of fuel sold in California.

The tax went into effect on January 1st, 2015, and has contributed to the increase in fuel costs. Senate Bill 1 would suspend that increase for the next decade, saving individuals and businesses money and giving technology an opportunity to catch up.

Source: Senator Gaines' Office ★



Scan our QR Code for a direct link to our online edition!

PRESORTED STD. US POSTAGE PAID PERMIT 350 Carmichael, CA Change Service Requested

**The Perfect Combination!**

**START YOURS TODAY!**

Both newspapers for only **\$25<sup>00</sup>** FOR 6 MONTHS!

See inside for details

- ✓ Carmichael Times delivers your local community news every week.
- ✓ Get The Sunday Sacramento Bee!

**Carmichael Times**  
STARS Shine at San Juan Fundraiser

**CLINCHED!**  
THE SACRAMENTO BEE







# This Walk Is Unique



The Fab 40s 5K Run/Walk meanders throughout the local neighborhood (the “Fabulous Forties”), past East Portal Park, and then returns to East Lawn for the finishing mile. Along the route, you are cheered on by the neighborhood, you get to take in the beauty of the area, and you get to see the architecture and beauty of the grounds at East Lawn Memorial Park—which are second to none in the entire region. Photo by Sal Arrigo

By Sal Arrigo Jr.

I want to preface this story by explaining that I know from personal experience that the walk I am going to tell you about is unique. I am forming a team called “Sal’s Pals,” and we will walk in the upcoming Fab 40s 5K Run/Walk on Saturday, July 25th at East Lawn Memorial Park Cemetery to benefit the Alzheimer’s Association. Proceeds from this event support local caregivers and research. Started eight years ago, this 5K Run/Walk is the only such event that begins—and ends—in a cemetery!

Besides the unique event setting, the 5K is an outlet for those people who have, or have had, a loved one affected by Alzheimer’s disease. The many caregivers who you see walking in honor of, or in memory of, a loved one is a powerful reminder that people are dealing with very stressful situations that may affect multiple generations of a family. Caregiving and the responsibilities that go along with this 24/7 work takes its toll on the caregiver, and many times they need an outlet and a change of scenery. The Fab 40s 5K event is just one

such outlet available to the community of caregivers, and one that is appreciated.

Alan Fisher, President of East Lawn, recalls the first Fab 40s 5K: “I saw hundreds of people gather in the cemetery early for our first event. Now, seeing families come together for a common cause on that one special day each year, knowing that what we’re doing is both increasing awareness and providing financial assistance to the Alzheimer’s Association, is truly a wonderful thing. East Lawn strives to connect with the community in helpful and meaningful ways throughout the year.”

The essence of why people support this particular 5K was summed up when one family had gathered around their mother, who was afflicted by Alzheimer’s disease, and started singing “You are My Sunshine” to honor her. I was one of many who had tears in their eyes at that moment, obviously a moment that will not be forgotten. Such displays of emotion carried on well beyond this inaugural event. East Lawn went on to construct a permanent memorial on their grounds. Alan said to me, “We constructed this memorial on which the names of our cherished loved ones can be

inscribed. For me it’s personal, as my own mother, Evelyn Fisher, is now remembered there. Her name was placed on the wall after her passing in 2013.”

The 5K Run/Walk meanders throughout the local neighborhood (the “Fabulous Forties”), past East Portal Park, and then returns to East Lawn for the finishing mile. Along the route, you are cheered on by the neighborhood, you get to take in the beauty of the area, and you get to see the architecture and beauty of the grounds at East Lawn Memorial Park—which are second to none in the entire region. Here is your chance to visit a cemetery for reasons other than the usual ones. In fact, families will often first participate in the 5K and then go and visit the site where a loved one or friend is interred at East Lawn.

Team “Sal’s Pals” is ready to walk, so join me! You can get all the information about the 5K Run/Walk at the official event website: [www.fab40s5K.org](http://www.fab40s5K.org). You can also contact this newspaper to register for my team by calling (916) 773-1111; ask for Brenda. Everyone who is involved in the event, and especially those caregivers, thank you in advance for your community support! ★

# New Landscape Watering Limits Set by SSWD

Offers Rebate Programs to Help Customers Conserve

## SACRAMENTO REGION, CA (MPG) -

The Sacramento Suburban Water District (SSWD) has put new outdoor watering restrictions in place that limit landscape irrigation to two days per week on specific days and times.

The new watering guidelines are designed to encourage water reductions in light of the severe drought plaguing California and new directives from the Governor and State Water Resources Control Board to reduce water use. SSWD is required to reduce its water use by 32%.

“People can make a big dent in their household water use by limiting landscape watering, which is where most water use occurs, and about 30% of that water is lost due to overwatering and evaporation from the wind and sun,” said Greg Bundesen, SSWD’s Water Conservation Supervisor.

Through the summer, outdoor watering is limited for all District customers to two days per week according to the following schedule:

- Addresses ending in an odd number (1, 3, 5, 7, 9) can water on Tuesday and Saturday.
- Addresses ending in an even number (0, 2, 4, 6, 8) can water on Sunday and Wednesday.

Customers are allowed to water on their designated day before noon or after 8 p.m.

“By taking immediate action to limit landscape watering, SSWD customers can maximize water savings during the coming peak temperature and water use months. Summer presents our best opportunity to achieve the ambitious conservation targets set by the state,” Bundesen said.

In addition to the new watering guidelines, the District has launched a suite of new incentive programs to help customers reduce water use:

- Turf Replacement (“Cash for Grass”) – 50 cents per square



foot (up to \$1,000) for replacing thirsty lawn with low-water use plants

• Irrigation Efficiency Upgrades (up to \$300) for replacing existing spray sprinklers with more efficient rotary nozzles and drip irrigation systems

• Pool Covers (up to \$100), which can reduce evaporation from pools by up to 95%

• Rain Sensors (up to \$100) to automatically turn off sprinkler systems during rain

• Recirculating Hot Water Pumps (up to \$150) to deliver hot water on demand

• WaterSense-Labeled Weather-Based Irrigation Controllers (up to \$100) to install a “smart” sprinkler controller that adjusts watering schedules according to the weather.

Complete rebate details and applications are available at [www.sswd.org](http://www.sswd.org).

SSWD also offers free Water-Wise House Calls to its customers to help them identify water savings, sites of leaks, and devise an efficient watering schedule for their landscape.

### Make Every Drop Count

SSWD encourages its customers to take the small steps and actions that can add up to a big savings in water usage inside their home and outdoors.

### Indoor Checklist

• Take shorter showers: Take a five-minute shower instead of a 10-minute shower.

• Give it a twist: Turn off the water as you brush your teeth, shave, or wash your face.

• Make it a full load: Wash only full loads of clothes and dishes.

• Join the bucket brigade: Collect water in the sink or shower as it warms up and use the water for plants.

• No leak is small: Fix a leaky toilet or faucet. Leaks account for trillions of gallons of wasted water nationwide each year.

### Outdoor Checklist

• Check for leaks once a month: Quickly fix leaking and broken sprinkler heads.

• Soak and cycle: Break your irrigation cycle into shorter segments to allow the ground to better absorb the water.

• Lay down some mulch: Add two to three inches of mulch around trees and plants to reduce evaporation.

• Aerate and amend: Add soil amendments like compost, manure or peat moss to help break up hard soil. ★



# GO FOR THE GOLD

## And Limit Landscape Watering

### SSWD SUMMER WATERING SCHEDULE

Outdoor watering is allowed **TWO DAYS** a week:

➤ Addresses ending in an **ODD** number  
**1 3 5 7 9** **Tuesdays** and **Saturdays**

➤ Addresses ending in an **EVEN** number  
**0 2 4 6 8** **Wednesdays** and **Sundays**

**BEFORE noon** or **AFTER 8 p.m.**

Help us make every drop count!

**SACRAMENTO SUBURBAN WATER DISTRICT**

[sswd.org](http://sswd.org)



# California Moves Forward with Cannabis Regulations that Protect Consumers and Workers

After Nearly 20 Years, Broad-Based Support to Bring "Wild West" Industry Under the Law

**SACRAMENTO REGION, CA (MPG)** - AB 266, which would provide long-overdue consumer and worker protections in the California medical marijuana industry, passed the state Assembly by a 50 to five vote. The legislation is being carried by Assembly Members Ken Cooley (D-Rancho Cordova) and Rob Bonta (D-Oakland).  
AB 266 would:

- Call on the California Department of Industrial

Relations to develop training and certification standards for workers in the industry

- Create standards for testing and labeling of medical marijuana products
- Enable certification of testing laboratories and establish guidelines for onsite testing
- Finally give consumers confidence that they know what they are buying and will get what they pay for.

"Polls show that most voters think these types of standard protections are already in place in the medical marijuana industry," said Jim Araby, executive director of UFCW Western States Council, which supports AB 266. "It is time to finally establish the regulatory framework that will reward law-abiding businesses in this important and growing California industry."

Source: Malcolm Maclachlan ★

## Free Weekend Activities at the Nature Center

**CARMICHAEL, CA (MPG)** - There will be plenty of fun going on here at the Effie Yeaw Nature Center, either in the shade of the oak woodland or along the cool waters of the American River. The Nature Center (2850 San Lorenzo Way) is hosting a series of free, fun, and informational events throughout the month of July. The Nature Center offers lots of fun activities for everyone to enjoy. There is a \$5 per car county entrance fee into Ancil Hoffman Park (free to members). Donations are gratefully accepted.

**Beat the Heat:** Take time to appreciate trees for all the shade they provide by enjoying a morning hike on the Preserve trails on Saturday, July 18th at 10:30

a.m. Join a naturalist as you watch for deer, hawks, woodpeckers, and much more before the afternoon heats up.

**Leapin' Lizard:** Skinks, blue bellies, and alligator lizards, oh my! On Sunday, July 19th at 1:30 p.m., come meet some resident lizards and find out what makes these cold-blooded critters so amazing.

**Bark Rubbing:** Come explore the varieties of trees found in the Nature Center's village and create your own colorful bark rubbing art on Saturday, July 25th at 10:30 a.m. Learning each tree's bark pattern is the key to identifying the many types found in this area. All ages are welcome.

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit [www.sacnaturecenter.net](http://www.sacnaturecenter.net).

Source: Effie Yeaw Nature Center ★



## About East Lawn's Water Conservation

As we all know, our state is facing serious challenges due to the current drought. Recently Governor Brown initiated a directive for the reduction of residential and commercial usage and conservation of water. Here at East Lawn, we are in full compliance with the Governor's mandate. As a matter of fact, East Lawn voluntarily began making significant water reductions back in 2013. We have been, and continue to be, a responsible participant in any and all appropriate community efforts and standards to conserve water resources.

**All three East Lawn cemeteries are independently provided with water through our own well and pump systems.** We do not receive water through the municipalities. Our wells and pump systems are professionally inspected and serviced regularly for maximum efficiency as are our sprinkler systems. Self-supplied well water entities, such as East Lawn, are required by the Governor's Executive Order B-29-15, to reduce potable water usage by 25%; however, our goal is to continuously try to find the most efficient means possible to reduce water usage and we have exceeded the mandate by conserving over 50% and significantly minimized run-off.

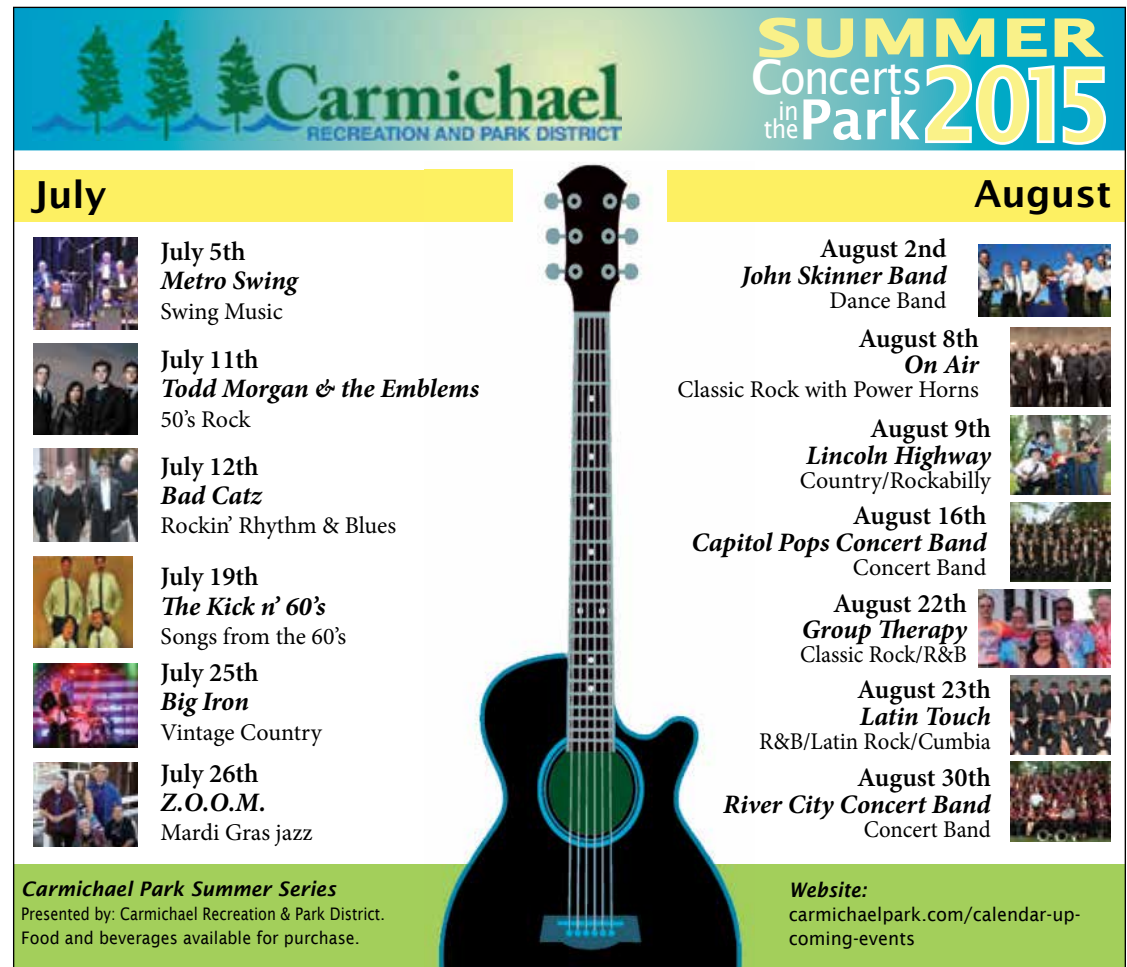
**We have elected to temporarily stop the flow of water in our fountains.** Unfortunately, due to these water cutbacks a few brown spots have appeared in some areas of our parks. We are cognizant of the responsibility we have to properly maintain the beauty of the cemeteries as Endowment Care facilities. We ask for your patience and understanding as we negotiate this drought; however, should you notice a problem that needs to be addressed, please do not hesitate to contact us.

**East Lawn Memorial Park & Crematory**  
4300 Folsom Blvd., Sacramento, CA 95819  
Tel 916.732.2000

**East Lawn Sierra Hills Memorial Park & East Lawn Mortuary**  
5757 Greenback Lane, Sacramento, CA 95841  
Tel 916.732.2020 Lic. #FD-1242

**East Lawn Elk Grove Memorial Park & Mortuary**  
9189 E. Stockton Blvd., Elk Grove, CA 95624  
Tel 916.732.2031 Lic. #FD-1455

**www.EastLawn.com**



## Carmichael Park Summer Series

RECREATION AND PARK DISTRICT

### July

- July 5th **Metro Swing** Swing Music
- July 11th **Todd Morgan & the Emblems** 50's Rock
- July 12th **Bad Catz** Rockin' Rhythm & Blues
- July 19th **The Kick n' 60's** Songs from the 60's
- July 25th **Big Iron** Vintage Country
- July 26th **Z.O.O.M.** Mardi Gras jazz

### August

- August 2nd **John Skinner Band** Dance Band
- August 8th **On Air** Classic Rock with Power Horns
- August 9th **Lincoln Highway** Country/Rockabilly
- August 16th **Capitol Pops Concert Band** Concert Band
- August 22th **Group Therapy** Classic Rock/R&B
- August 23th **Latin Touch** R&B/Latin Rock/Cumbia
- August 30th **River City Concert Band** Concert Band

**Website:** [carmichaelpark.com/calendar-upcoming-events](http://carmichaelpark.com/calendar-upcoming-events)

## IN THE STYLE OF THE OLD MASTERS

2nd Annual Juried Fine Art Exhibition of work inspired by the Old Masters and open to all artists.  
Gothic, Baroque, Abstract, Realism, Drawing, Sculpture, Historic, Daguerreotype, Impressionism, Carte-de-visite, Romanticism, Rayographs, André Kertész and Camera obscuras.

### July 21 - August 1, 2015



**Juried Fine Art Reception:**  
August 1, 2015 • 1:00 - 3:00 p.m.  
Live music by Drumsum, indigenous jazz.

Gallery 3: See the work of Northern California Arts Master Painters.  
<http://www.sacfinearts.org/NCA>

Sacramento Fine Arts Center • 5330-B Gibbons, Carmichael, CA 95608.  
Gallery hours: Tuesday 11:00a.m.-7:00p.m., Wednesday - Saturday, 11:00a.m. - 3:00p.m.  
[www.sacfinearts.org](http://www.sacfinearts.org)



## Conveniently Located on Auburn Blvd. Between Manzanita & Garfield

# NEED STORAGE?

## ARMOR MINI STORAGE

Since 1980

**Computer Gate Access 6am-9pm 365 Days A Year**

- Award Winning Customer Service
- Digital Video Surveillance
- Competitive Rates
- Daily / Monthly / Annual Rentals
- Easy Drive-Up Access
- Professional Resident Managers

### 916.332.6455

5714 Auburn Blvd., Sac 95841

**www.armorministorage.com**

**BEST of 2014** Citrus Heights Chamber

**GREEN SPOT DROP-OFF** COASTAL RECYCLING CENTERS

Office Hours: Mon-Sat 9-6 • Sun 9-4

ELKHORN BL. GREENBACK LN. HWY. 80 MADISON AV. AUBURN BLVD. GARFIELD AV. MANZANITA AV.







aboard  
**DELTA KING**

1000 Front St • Old Sacramento

**Sunday, July 19, 2015**  
11:00 a.m.—4:00 p.m.

Treasure Hunt • Samples •  
Fashion Shows • Workshops  
Discount Coupons • Prizes!

Tickets:  
\$7 on line, \$10 at the door  
www.bridal-expos.com

# Man Charged with Kidnapping May Have Committed Other Similar Offenses

**SACRAMENTO REGION CA (MPG)** - On June 29th, the FBI obtained a warrant for the arrest of Matthew Muller, 38, of Orangevale for the alleged kidnapping of an adult female victim from a residence in Vallejo. The case remains an active, ongoing investigation by the FBI, the Vallejo Police Department, and Alameda County Sheriff's Department. A sworn affidavit containing allegations against Muller was unsealed earlier today.

Information obtained during the course of the ongoing investigation indicates Muller may have committed similar crimes elsewhere. The FBI is issuing this release containing information from the affidavit concerning acts allegedly committed by Muller so that members of the public who are aware of similar crimes may bring such information to attention of law enforcement.

According to the affidavit, on March 23rd, 2015 at approximately 1:53 p.m., a male victim called the local Vallejo, California Police Department to report that his residence had been broken into during the early morning hours and an unknown subject or subjects forcibly drugged both him and the female victim and then used the male victim's car to take the female victim to an unknown location.

According to victim statements to Vallejo Police Department officers and FBI agents, the male and female victims fell asleep in the master bedroom during the early morning hours of March 23rd, 2015. The male victim was awakened by a bright light shining in his eyes, a noise that was similar

to a "stun gun," and the voice of man who demanded that both victims lie face down on the bed.

The subject ordered the female victim to bind the male victim with zip ties and told both to enter the bedroom closet. The subject covered the male victim's eyes with swim goggles with tape-covered lenses to restrict vision and, once the victim was in the closet, placed a pair of headphones over the male victim's ears. The headphones were used to play a prerecorded message that provided instructions, indicated that the break in was being performed by a professional group on-site to collect financial debts, and threatened that both victims would be hurt by electric shock or by cutting their faces if either of the two victims did not comply.

The subject then obtained financial account numbers and passwords from the male victim. He also obtained information for the residence's Wi-Fi router, the male victim's laptop, and certain Internet accounts.

The male victim was placed on the couch and was told he was being watched on camera and to not try to free himself. He requested a blanket because he was cold and the subject replied that he was unaware of the temperature because he was wearing a "wet suit." The male victim fell asleep on the couch for a period of time and, upon awakening later the same day, freed himself. The male victim then noticed that the female victim, his laptop, and his car were missing. He was able to locate cell phones belonging to both he and the female

victim. His phone contained a voicemail message with a financial demand and instructions to tell those who inquired about his transactions to say the funds were for purchase of a ski boat. On the morning of March 25th, 2015, the female victim was released in Huntington Beach, CA.

During the early morning hours of June 5th, 2015, deputies from the Dublin Police Services of the Alameda County Sheriff's Office responded to a report of a home invasion robbery. During the course of their investigation, Alameda County Sheriff's Office detectives were able to identify Matthew Muller as the subject of the investigation.

On June 8th, 2015, Alameda County Sheriff's Office detectives conducted a search of a South Lake Tahoe residence associated with Muller. Upon entry, they located Muller and placed him under arrest.

On June 25th, 2015, the FBI met with investigators of the Dublin Police Services of the Alameda County Sheriff's Department, where it was determined that there were similarities with the June 5th case and elements of the March 23rd kidnapping.

Individuals who believe they are a victim of a similar crime and law enforcement agencies aware of similar crimes are urged to contact agents with the Sacramento Field Office of the Federal Bureau of Investigation (FBI) by calling (800) CALL-FBI (225-5324).

Source: Federal Bureau of Investigation ★

## Join the Carmichael Elks #2103 for an evening of

### Wine Tasting



With a *Splash of Art!*

Saturday, August 8th  
5:30 p.m. - 8:00 p.m.

5631 Cypress Ave.  
Carmichael, CA  
(916)-489-2103

#### Tickets

\$30 til July 31st  
\$35 after August 1st

Music by Franki Sorci

"If you go back to the Greeks & Romans - they talk about all 3: Wine, Food and Art as a way of enhancing life" - Robert Mondavi

Light Buffet of Wine Pairing Delights  
Local wineries from Northern California  
Local Artists will be showcasing their art work  
Artwork will be available for sale  
Raffle • Silent Auction

A portion of proceeds will be donated to the California-Hawaii Elks Association Helping children Walk, Talk, See, and Play since 1950.

21 years of age and older only

Earn **\$200** per month for just a few hours delivery work per week!  
**CALL 773-1111**



## COME SHOP WITH US!



EAT HEALTHY.

BUY LOCAL.

### CARMICHAEL PARK FARMERS MARKET

Every Sunday

9:00 a.m. - 2:00 p.m.

5750 Grant Avenue  
Carmichael, CA 95608

#### Other Markets Near You:

**Fair Oaks Sunset**  
Every Wednesday  
3:00 p.m. - 7:00 p.m.  
8101 Sunset Ave.  
Fair Oaks, CA 95628

**Sunrise Mall**  
Every Saturday  
8:00 a.m. - 1:00 p.m.  
6196 Sunrise Mall (parking lot)  
Citrus Heights, CA 95610

**Land Park**  
Every Sunday  
9 a.m. - 1 p.m.  
Sac City College  
4001 21st Street  
Sacramento, CA 95822

Bring this Ad with you to any market location and receive **FIVE** raffle tickets to enter to win our **Monthly Farmers Market Gift Basket!** MPG

Live Music & Entertainment • Chef Demos  
Specialty Gourmet Foods • Artisans/Crafters  
EBT/WIC & SNAP Accepted

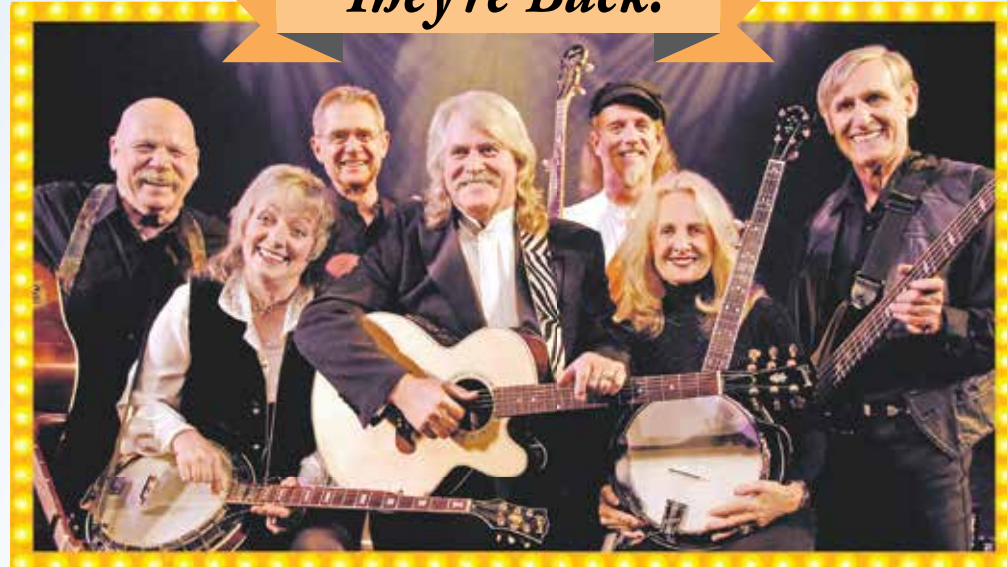
Open Year-Round Rain or Shine!



**ILoveMyFarmersMarket.com**

## The New Christy Minstrels

They're Back!



This Grammy Award-winning American folk music group will perform two live concerts as fundraisers for the Fair Oaks Theatre Festival and the New Christy Minstrels Foundation.



Under the direction of Randy Sparks, the group has sold millions of records and launched the careers of several musicians including Kenny Rogers, Gene Clark, Kim Carnes, and Jerry Yester. Known for hits like "Green, Green," "Saturday Night," and "Today," the group played to a sold-out house last year, so get your tickets early!

**Saturday August 1 & Sunday August 2**

6:30 pm: Gates Open • 7:30 pm: Performance

Veteran's Memorial Amphitheatre,  
7991 California Avenue,  
Fair Oaks, 95628

Tickets:  
**\$20**  
donation per person  
(no FOTF discounts apply)

For Further Information: **916.966.3683**

**FairOaksTheatreFestival.com**  
**www.thenewchristyminstrels.com**

Tickets will be available on our website, at outlets in Fair Oaks Village and at our box office at any 2014 production.





# POPPOFF!

with Mary Jane Popp

down. Instead, use neutral language to master it like "It's been a bad situation, but I'll get past it."

**3) TAP INTO YOUR INNER VOICE.** Dr. Lops once suffered from a terrible bout of anxiety and was plagued by negative thoughts. At one point, he really thought he would die. Instead, he let his inner voice take over the one that said, "No, you're going to be fine." There's no evidence you're going to die, and you'll get over this. Listening to that voice he persevered and got back on his feet.

**4) BE MINDFUL OF A SITUATION.** One terrible result of negative language can be loss of friends and worse. Be mindful of your surroundings and the people around you. Becoming aware of where you are and who you're with can save you from a world of trouble and the recurring anxiety and regrets that often come with it.

**5) TAKE CONTROL OF YOUR OWN WORDS.** How do you describe a lost opportunity? Do you say "I didn't get the job and it sucks. They were idiots not to hire me." Or do you say, "I didn't get the job, but maybe it wasn't a good fit." Don't let the situation get the better of you. Moving away

from negative description will keep you moving forward.

**6) TEMPER YOUR TONE.** At a young age, we're taught through role models and feedback to raise our voices when we're angry. This can worsen conflicts, which can cause us to feel depressed or anxious. Instead, take a neutral tone. Acknowledge the specifics that made you angry, but leave the emotions out of it. That way, you can leave the dispute, and the negative emotions behind.

**7) CHECK IN WITH YOURSELF.** Dr. Lops gives his patients homework. When they go home, they begin checking in on themselves about how they spoke to people during the week. Did they use an angry tone or raise their voice? Did they complain about something? The more aware we are of this negativity, the sooner we can move past it, leaving room for growth and change.

There is so much more in *Reinvent Yourself* that will challenge your ideas and get you to a new level of self. Check out his website at [www.drjohnnylops.com](http://www.drjohnnylops.com). From this Brooklyn Psychiatrist who has seen it all, Dr. Johnny Lops hopes to get you to that new level. Keep talking your way to happiness! ★

## TALK YOUR WAY TO HAPPINESS

Can it be true? Can you really talk your way to happiness? Dr. Johnny Lops thinks you can and he has put together the essential tools to do so in *Reinvent Yourself*. From a Brooklyn street kid who has seen it all, he now helps others reach that happiness. With 18% of the U.S. population suffering from depression and anxiety, Dr. Lops claims help may be as simple as changing how we talk. Try these 7 tips on for size.

**1) FLIP THE SCRIPT ON SELF-DESCRIPTION.** Do you tend to describe yourself in absolutes like "I've always been unhappy?" Absolutes close off the possibility of change. Shift to a more open-ended language like "I have moments of unhappiness."

**2) ACKNOWLEDGE YOUR STRESSORS.** Ever say, "That stinks?" Dwelling on the negative impact of a stressor allows it to continue to bring you

# END OF THE BENCH BY GERRY SCHOLL

## Accepting the Exceptions to the Rules; or Not

Now they have done it; and it worked. They used a clock in baseball, and the results were magnificent. But please, Commish, let's not get carried away.

Monday's Home Run Derby that kicked off the festivities for Major League Baseball's All Star bonanza in Cincinnati was a glorious success. MLB got one right; and it couldn't have played out any better for the sport, or the packed house of Reds fans, when local hero Todd Frazier rallied late to overtake Joe Pederson and win the smack-off on his final swing.

The new format for The Derby, which implemented a clock factor that allots a certain amount of time for each batter to hit as many "big flies" as possible, introduced much-needed added intensity, suspense, and excitement to the event. Since its inception in 1985, The Derby had experienced some changes, but, until this year, it had gradually lost its appeal as it had devolved into a too lengthy, tiresome, boring, laborious, unwatchable exercise.

This time, it was different. With eight contestants slotted into two brackets that pitted the players in one-on-one, single-elimination rounds, the importance of each swing was magnified and kept the Great American Ball Park throng in tune with every batter. At home, on the couch, it was much easier to stay onboard with the faster pace.

Marlana VanHoose, the blind teenager who also sang prior to the Warriors' recent NBA title-clinching win over Cleveland, set the tone for a great evening at The Launching Pad with an unusually stirring rendition of the National Anthem that had the players nodding to one another with raised eyebrows of appreciation. From there, the Reds fans rose to the occasion in support of their All Star third baseman, Frazier, who has gone from a Little League World

Series star and champion (Toms River, N.J., 1998) to a MLB All Star starter and Home Run Derby champ.

But, let's not take the "clock" thing too far. MLB has instituted a number of changes this season to help speed up the games, and they are having some effect. In the interests of television, and satisfying the needs for instant gratification and the short-term attention spans of the members of the here-and-now generation, MLB is engaged with the idea of tightening things up.

Baseball has traditionally been free of measurable parameters—"a box of chocolates...you never know what you are going to get"—and that has been part of its character and charm. You could get the New York Giants defeating the Philadelphia Phillies, 6-1, at the Polo Grounds in 1919 in 51 minutes, or you could get the Chicago White Sox defeating the Milwaukee Brewers, 7-6, in 25 innings, in 8 hours, 6 minutes at Comiskey Park in 1984, or almost anything and everything in between.

Agreeing with the view here at the End of the Bench, Cincinnati Hall of Fame catcher Johnny Bench pointed out on a radio show that the commercial time between each half-inning is the main culprit in the dilemma. In his day, there were 45 seconds allowed between breaks, but that has been stretched out to well over two minutes. Do the math; feeding the commercial beast has added more than 20 minutes to the length of the average game. (That won't change!) Besides all that, you should leave your watch in a drawer. If you are at the park, where would you rather be? If you're watching at home and do it right, the DVR has rendered commercial time irrelevant.

Cincinnati...stars...Hall of Fame—the Pete Rose saga is unavoidable. Banned from baseball for 26 years...new additional evidence that the all-time

hits leader gambled (baseball's No. 1 sin) as a player and manager...should he be in the Hall? Even Bench, Rose's friend and teammate on the Big Red Machine, remarked that Pete has had opportunities to reconcile the situation, but has not chosen to do so. His gambling addiction compromised the "integrity" of games. Should he be an exception to the rules?

Arguably, there are others that have committed worse offenses in the Hall. There are others with suspect integrity that many think should get in—Barry Bonds, Roger Clemens, etc. There are some still in the game whose track records are dark—Ryan Braun, Melky Cabrera, Alex Rodriguez (but Yankees fans now applaud him again, because his bounce-back season has the team in first place). The rules are murky.

MLB is hoping that an influx of young talent will overshadow the game's troubles. An unprecedented 20 players that are 25 years of age or less made this season's All Star rosters. The Dodgers' Pederson, who is a remarkable center fielder with impressive power (20 homers at the break), but is hitting a meager 0.230 and leads the league in strikeouts, made it. The Cubs' rookie Kris Bryant made it, with a small sample size of just 78 games with okay stats (0.269, 12 HR, 51 RBI, 101 K's). Is MLB going out of its way to promote its upcoming stars? Yes. (Put Madison Bumgarner in The Derby next time.)

On a local note, regarding your Sacramento Kings, it will surely be an exception if this team prospers while there is an on-going feud between the team's coach, George Karl, and star player, DeMarcus Cousins. What are the odds this squad will have a winning record and both men are around at season's end? Give Pete Rose a call; he probably knows. ★

## I buy Silver Coins



## Frank's Jewelry Shop

7319 Fair Oaks Blvd.  
Carmichael, CA 95608  
916-481-0176

**SCHOLARSHARE**  
CALIFORNIA'S 529 COLLEGE SAVINGS PLAN

# FAMILY PACK

STARTING AT

# \$84

SATURDAY NIGHT RIVER CATS TICKETS  
SACRAMENTO ZOO TICKETS

# 4

HOT DOG, SODA, & CHIPS VOUCHERS  
FAIRYTALE TOWN TICKETS



## TICKETS AT RIVERCATS.COM

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising

483-2299

## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

(916) 338-7156

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimbursement

## Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Carmichael Times* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Carmichael Times* are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$39 per year within Carmichael, \$49 within Sacramento County. The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information. (ISSN # 1948-1918).

Publisher, Paul V. Scholl

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: [Editorial3@mpg8.com](mailto:Editorial3@mpg8.com). Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

We are proud members of these newspaper associations.



# DWR Offers Water-Saving Tips at California State Fair

**SACRAMENTO REGION, CA (MPG)** - Experts from the Department of Water Resources (DWR) are helping visitors to the California State Fair put a dent in the state's historic drought with water-saving tips for their homes and yards.

The DWR's award-winning "Californians Don't Waste - Save Water in Your Home" exhibit in the Counties Building offers fair-goers hands-on demonstrations of simple ways to save water in their kitchens, laundry rooms, and bathrooms. A companion outdoor garden exhibit in the State Fair's Farm

section offers equally simple tips to increase landscape irrigation efficiency, including how to keep shade-giving trees alive during drought.

The weather was cool as the gates to the 162nd California State Fair opened on July 10th, but the mercury is expected to climb to more typical State Fair readings before closing night on July 26th. California's drought continues in cool weather or hot, making the wise and sparing use of water more urgent every day.

California is under a statewide mandate

to reduce water use by 25%, with some areas facing targets of up to 36%. In imposing restrictions, the State Water Resources Control Board (Water Board) empowered local agencies to fine property owners up to \$500 a day for failure to comply with conservation goals.

"Never has there been a more critical time for all Californians to learn as many new ways as possible to conserve water at home, especially outside in the yard," said DWR Director Mark Cowin. "Californians have done a good job in reducing their

water use. However, with the state battling historic drought, we're asking everyone to step it up to help California get through these hot summer months and beyond."

The Water Board has called on all residents to further reduce their water use in the critical summer months, especially outdoors. Outdoor irrigation can account for up to 80% of residential water use in hotter climates.

DWR's outdoor exhibit at the State Fair demonstrates various options that would help residents meet conservation demands

and features a low-water garden maintained with a water-efficient irrigation system. New technology to reduce water use in landscaping is on display along with drought-tolerant plant ideas and tips for conserving water with compost and mulch.

DWR's indoor exhibit shows visitors how to save water throughout the home. The exhibit is interactive, and DWR staff is available to explain the water-saving techniques.

Source: Department of Water Resources

## 20 Minute Educational Presentation and a Free Luncheon



### Sierra Hills Memorial Park & East Lawn Mortuary

#### Reservations Required

Please RSVP for the day of your choice.

Seating is limited to 30 attendees per seminar.



This is not a sales seminar. It is a 20-minute educational presentation that focuses on the importance of advance funeral planning and all of the options available, including Veteran's

benefits, cremation, and burial choices as well as key consumer advice. In addition to a catered meal, each attendee will receive a FREE Emergency Planning Guide.

Thursday, June 25 (Dinner)  
6:30 p.m. to 7:30p.m.

Thursday, September 24  
11:30 a.m. to 12:30 p.m.

Wednesday, August 26 (Dinner)  
6:30 p.m. to 7:30p.m.

Friday, October 30  
11:30 a.m. to 12:30 p.m.

Sierra Hills Memorial Park & East Lawn Mortuary  
5757 Greenback Lane, Sacramento, CA 95841

Tel: (916) 732-2020 Lic#FD-1242 | RSVP: Jessica at jessicae@eastlawn.com

FD#136



www.EastLawn.com



## SUMMER DANCES

Wednesdays

Cocuzzi Dance Trio

7:00 p.m. - 9:00 p.m.

July - August

\$7 per person

Dance Music for All Ages!



July 22  
Dress HAWAIIAN

Motorcoach Trip  
The Music Man  
Fallon Theatre in Sonora

Sign-up Deadline  
July 13

Thursday, August 13, 2015

\$115 per person (Includes Lunch at Willow Steakhouse)

Reserve online morpd.com or call 972-0336



## MISSION OAKS COMMUNITY CENTER



Cruise Party Wednesday, July 29  
5:30 p.m.

Grand Circle Travel Presents: Great Rivers of Europe  
Cruise rivers of Netherlands, Germany, and Austria  
October 11-26, 2016 \$5266 pp Double

BRING A FRIEND!

Save \$200 plus learn how to save another 10%



## Travel the World!

Great Rivers of Europe  
Netherlands, Germany, and Austria

OCTOBER 11-26, 2016

\$5265 PP DOUBLE

BOOK NOW & SAVE!

### MISSION OAKS RECREATION & PARK DISTRICT

Office Hours: 8 am-5 pm

Registration Hours:

8:30 a.m.-4:00 p.m. Monday-Friday

www.morpd.com

#### DISTRICT OFFICE

(916) 488-2810 • Fax (916) 488-4349

3344 Mission Ave., Carmichael, CA 95608

#### MISSION OAKS COMMUNITY CENTER

(916) 972-0336 • Fax (916) 972-7371

4701 Gibbons Dr., Carmichael, CA 95608

#### SWANSTON COMMUNITY CENTER

(916) 333-6464 • Fax (916) 488-4349

2350 Northrop Ave., Sacramento, CA 95825

# Fab 40's 5k Run/Walk

benefitting the **alzheimer's association**

City of Sacramento 5k Championship

Saturday  
**July 25**  
2015



Food • Kid's Bounce House  
Family Photo Booth  
Vendors • Prizes



Start and finish lines at historic  
East Lawn Memorial Park,  
4300 Folsom Blvd.

Fab 40's  
City of Sacramento  
Championship  
5k Run/Walk

Benefitting the Alzheimer's Association  
www.fab40s5k.org

For More Info and to Register:  
**www.Fab40s5k.org**

This is a Pet-Friendly 5k  
(All pets must be on a leash)





# CALL A PROFESSIONAL Business & Service Directory

## LANDSCAPE SERVICES

**SLS**  
**Superior Landscape Services**  
 Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551  
**(916) 728-5812 • Cell (916) 761-0999**  
 Dave Cochran Owner • dave\_SLS@surewest.net

## PAINTING SERVICE

**QUALITY A PAINT SERVICE**  
 22 Years Experience ♦ Testimonials Available ♦ Bonded & Insured

*Prefer Small Jobs - My Specialty!*  
 Striving for perfection and achieving 100% satisfaction  
 All Seniors get 20% off

**916-967-0763** State Lic. 646386

## CONCRETE LANDSCAPE SERVICE

**CONCRETE LANDSCAPE SERVICES**  
 Commercial/Residential

All concrete finishes including stamp, salt, sand, broom, expose aggregate

11151 TRADE CENTER DRIVE SUITE 204 RANCHO CORDOVA, CA 95670  
 Ron Davis Bus Development  
 concretelandscapeservices.com

Ofc (916) 688-1550  
 Cel (707) 280-5545  
 Fax (916) 682-1884  
 Insured & Bonded

## PARALEGAL SERVICES

**Living Trust • Living Will**  
 Includes: Trust, Will, Powers of Attorney, Family Residence Deed  
 Single \$450 • Couple \$495

Call Lynda K. Knight (916) 214-1215  
 1337 Howe Ave. Suite 103, Sacramento

## HORSE RANCH SERVICES

**HHR Hughes Horse Ranch**  
 Providing Quality, Caring and Professional Horse Boarding in Carmichael since 1983

**DRY STABLES AND RUN \$200/MONTH 916.944.3119**

- Large Covered Pipe Corral Stalls
- Individual, Secure Tack Lockers
- Horses Fed Alfalfa Twice Daily
- Automatic Water Systems
- Cement Wash Rack
- Riding, Grazing and Turn Out Pastures
- Arena • Trailer Storage
- Riding Distance to Ancil Hoffman Park

## HOME OWNERSHIP

**1st Time Home Buyer??**

Me out Charles Vines  
 Broker Associate (916) 216-9349  
 DRE# 01789423

LYON REAL ESTATE  
 www.Lyon.com

Scan QR Code to see YouTube Video

## CONSTRUCTION SERVICES

**Brasiel's Construction Company**  
 Specializing in Residential Remodel and Repair

In addition to other services, we do bathroom remodels, kitchen remodels, pest report repairs and entire home makeovers.

License no. 937416 Fully Insured  
 Call for a free estimate:  
 Office Phone (916) 725-4061 • Cell (916) 745-2447  
 E-mail garybrasiel@surewest.net  
 Website: www.brasielcostructioncompany.com

## IF YOU'RE READING THIS SO ARE YOUR CUSTOMERS

**Advertise Your Business Here**  
**CALL 773-1111**

## PET SITTING SERVICE

**Professional, Loving PET CARE**  
 Established Reputation  
 Kennel Free Environment  
 Lots of TLC

**Call Madeline (916) 723-1608**

**GOT LOCAL NEWS?**  
 Call 773-1111

**MPG Messenger Publishing Group**

## COMPUTER SERVICES

**Zinsky's**  
 PC Configurations  
 "Don't replace it - REPAIR IT!"

Custom Desktop Computer Configurations  
 • PC Repair • Home Wireless Networking  
 • Installations • Viri & Spyware Eradication

Alan Zinsky  
 Phone: 916-622-2269  
 Zconf@sbglobal.net  
 Bus. Lic. # 305312 • B. E. A. R. Reg. #84416  
 www.zinskyspcrepair.com

## DENTAL CARE

**Antelope Dental Associates**  
 CARING AND COMPASSIONATE FAMILY DENTISTRY

Insured? Uninsured? All Welcome!

2925 Elverta Road Antelope, CA 95843  
 (916) 331-6288

www.antdent.com

## DRUG AND ALCOHOL REHABILITATION

**CLEAN & SOBER**  
 LIVING CSTL, Inc.

HELPING PEOPLE AND THE COMMUNITY WITH THE ALCOHOL AND DRUG PROBLEM!  
 18 YEARS IN BUSINESS!

DETOX (916) 965-3386 SOBER LIVING (916) 961-2691

## GARDENING SERVICE

Lawn Mowing  
 Trimming  
 Edging  
 Sprinkler Repair  
 Rototiller Aerating  
 Stump Grinding  
 Bark and Rock

**JASS GARDENING (916) 871-3649**  
 Licensed and insured  
 1 Time Clean-up and Hauling

## GENERAL CONTRACTOR

**A Retired General Contractor and Son**  
 All Home Repairs

- Carpentry • Plumbing • Texture
- Kitchen and Bath Repair
- Tile Work • Painting
- Flooring - Linoleum and Wood

License # 684476 25 Years in Citrus Heights  
 Call Tim at 916-495-6183

## NOTARY SERVICE

**Notary Public of the State of California**  
 Professional, Quick, Easy and Affordable.

Theresa L. Kain  
 916.340.4350  
 TLKNotary4U@gmail.com

By Appointment Only.  
 Call or Email for Details.

## COMMERCIAL JANITORIAL SERVICES

**The Superior Choice For Commercial Cleaning**

**Anago Commercial Janitorial Service**

CLEANING SYSTEMS OF SACRAMENTO  
 Call to schedule your FREE Quote  
**916.782.3300 • www.ANAGOSAC.COM**

## Windows & Patio Doors

**LUXEM DESIGN & CONSTRUCTION**

**YOUR NEIGHBORHOOD WINDOW AND DOOR SPECIALIST**

LIC# 400430 LUXEMDESIGN.COM  
**916 631-4228**

## DENTAL CARE

Dr. John C. Riach  
 Dr. Michael B. Holm  
 Dr. Guy E. Acheson

**AMERICAN RIVER DENTAL**

Appointments 7 a.m. to 7 p.m. • New patients welcome  
 IV Sedation-Nitrous Oxide • Orthodontics

10350 Coloma Rd. 362-9247

## PAINTING SERVICES

**Anni The Painter**

**One Room at a Time Okay!**

- Perfectionist
- Fun Ideas • Kid's Rooms
- Cabinets • Bathrooms
- Kitchens • Etc.

New Molding Installs • Small Jobs OK!  
 Lic # 733938 • Free Bids  
**916-532-6194**

## JUNK REMOVAL

**HaulMasters**

**Hauling & Junk Removal**  
 Clean up & Clean Out  
 Commercial & Residential  
**Free Estimates 916 910-4588**  
 One time Clean ups too!

## PLUMBING SERVICES

**24/7 Emergency Plumbing**

Call French Connection Plumbing today and Frenchy will be happy to take your plumbing worries away.  
 Contractor State License #9055695  
 www.frenchysplumbing.com

**10% OFF\***  
 \*Labor costs when you're a new customer of French Connection Plumbing.  
 Offer valid through 07/31/15. Valid only in areas serviced. Not good with any other offer.

**French Connection PLUMBING 916-833-7618**

## STATEPOINT CROSSWORD • TV Classics

### CLUES

- CROSSWORD**
- ACROSS
1. "It featured Mr. T
  6. Middle-earth dweller
  9. Slavic monarch
  13. Paparazzo's quest
  14. India's smallest state
  15. Haul with a tackle
  16. Raja's wife, pl.
  17. Address abbreviation
  18. Bert's roommate
  19. \*Gilligan's domain
  21. \*Andy Griffith, e.g.
  23. \*Alex P. Keaton accessory
  24. Coal miner's layer
  25. Part of overalls
  28. Give up
  30. World-wide
  35. \*Fonzie's comeback: "Sit \_\_\_\_\_"
  37. On bottom of coffee mug
  39. Swelling
  40. "No problem!"
  41. Brown with a tinge of red
  43. Like an ear infection
  44. Server's request
  46. Like Gulf Stream
  47. Driver's road display?
  48. Complicated situations
  50. Air of allure, slang
  52. Popular sauce on Chinese food
  53. Louboutin's creation
  55. Ford Explorer, e.g.
  57. \*"Cheers" spin-off
  61. Characteristic to consider
  64. Cured item popular on bagels, pl.
  65. \*"Doctor Who" broadcaster
  67. \_\_\_\_\_ Jane
  69. Audience's approval
  70. Charged particle
  71. Two under on one hole
  72. Increases or adds to
  73. Foot digit
  74. Chased up a tree
- DOWN
1. Credit card rate
  2. Bangkok native
  3. Ages and ages
  4. Not upright
  5. Tessaara artwork
  6. "Goodness gracious!"
  7. Chop off
  8. Casper the Friendly Ghost's uncle
  9. Unit of pressure named after Torricelli
  10. Pueblo tribesman
  11. "Clueless" catch phrase
  12. Coral barrier
  15. "The Love Bug"
  20. Must-haves
  22. Take greedily
  24. Oozing
  25. \*Kind of buddies
  26. Acustom
  27. They flock together?
  29. \*He took over for Bob Barker

CROSSWORD													
1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
	19				20		21	22					
					23		24						
25	26	27		28		29		30	31	32	33	34	
35			36		37			38		39			
40					41			42		43			
44				45		46				47			
48					49			50		51		52	
					53			54		55		56	
57	58	59	60					61			62	63	
64								65	66		67		68
69								70			71		
72								73			74		

**dish**  
 Make the Switch to Dish Today and Save Up To 50%  
 Call Now and Ask How!  
**1-800-318-5121**  
 Call 7 days a week 8am - 11pm EST Promo Code: MB0113

Promotional Packages starting at only...  
**\$19.99** mo.  
 for 12 months

**FREE** PREMIUM MOVIE CHANNELS\* For 3 months.  
 HBO CINEMAX SHOWTIME starz

\*Offer subject to change based on premium channel availability

## SUDOKU

### GOT KNEE PAIN?

Get a Free Relieving Knee Brace At Little or No Cost to You. You May Qualify for Free Shipping. We Do All The Paperwork. Shoulder Braces, Ankle Braces, Back Braces Also Available.

Medicare Patients Call Us Right Now  
**1-800-984-0360**

9	1			3					
	6	2							
5	4			1	6			9	
					8			6	
	5			7				9	
1				2					
3				7	5			1	8
								9	7
				4				6	2

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 9

Come back every week for Crossword and Sudoku!



Adoption

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 1-877-879-4709 (Cal-SCAN)

Announcements

Hot Flashes? Women 40-65 with frequent hot flashes, may qualify for the REPLENISH Trial - a free medical research study for post-menopausal women. Call 855-781-1851 (Cal-SCAN)

DID YOU KNOW 144 million U.S. Adults read a Newspaper print copy each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

DID YOU KNOW 7 IN 10 Americans or 158 million U.S. Adults read content from newspaper media each week? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

EVERY BUSINESS has a story to tell! Get your message out with California's PRMedia Release - the only Press Release Service operated by the press to get press! For more info contact Cecelia @ 916-288-6011 or http://prmediarelease.com/california (Cal-SCAN)

Antiques/Collectibles Wanted

Old Railroad Items Wanted: lanterns, locks, china, paper, etc. Call (916) 663-2463 (MPG 12-31-15)

Old Porcelain Signs Wanted: oil & gas, highway, RR, etc. Call (916) 663-2463 (MPG 12-31-15)

Autos Wanted

WE BUY CARS! Running or Not. Any Make, Model or Year. Call today for an INSTANT OFFER. Free Towing/Pickup. Top Dollar. We're Local! 1-800-844-3595 (SWAN)

Donate Your Car to Veterans Today! Help and Support our Veterans. Fast - FREE pick up. 100% tax deductible. Call 1-800-656-1632 (NANI)

I buy old Porsche's 911, 356, 1948-1973 only. Any condition. Top \$\$ paid. Finders Fee. Call 707-965-9546 or email porsche-classics@yahoo.com (Cal-SCAN)

CARS/TRUCKS WANTED! Top \$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local 7 Days/Week. Call Toll Free: 1-888-416-2330 (NANI)

GET CASH TODAY for any car/truck. I will buy your car today. Any Condition. Call 1-800-864-5796 or www.carbuyguy.com (NANI)

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax Deductible, Free Towing. All Paperwork Taken Care Of. 800-731-5042. (Cal-SCAN)

Got an older car, boat or RV? Do the humane thing. Donate it to the Humane Society. Call 1-800-743-1482 (Cal-SCAN)

DONATE YOUR CAR! Help Fight Breast Cancer! Most highly rated breast cancer charities in America! Tax Deductible/Fast Free Pick Up. 1-855-854-6311 www.carsfor-breastcancer.org (Cal-SCAN)

Cable/Satellite TV

Dish Network - Get MORE for LESS! Starting \$19.99/month (for 12 months) PLUS Bundle & SAVE (Fast Internet for \$15 more/month.) CALL NOW 1-800-357-0810. (Cal-SCAN)

DIRECTV Starting at \$19.99/mo. FREE Installation. FREE 3 months of HBO SHOWTIME CINEMAX starz. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Select Packages) New Customers Only. CALL 1-800-614-8506 (NANI)

DIRECTV Starting at \$19.99/mo. FREE Installation. FREE 3 months of HBO SHOWTIME CINEMAX, STARZ. FREE HD/DVR Upgrade! 2015 NFL Sunday Ticket Included (Select Packages) New Customers Only. CALL 1-800-385-9017 (Cal-SCAN)

Career Training

AIRLINE CAREERS. Get FAA approved maintenance training at campuses coast to coast. Job placement assistance. Financial Aid for qualifying students. Military friendly. Call AIM 888-686-1704 (NANI)

Want A Career Operating Heavy Equipment? Bulldozers, Backhoes, Excavators. Hands On Training! Certifications Offered. National Average 18-22hr. Lifetime Job Placement. VA Benefits Eligible! 1-866-362-6497. (Cal-SCAN)

AIRLINE CAREERS Start Here - Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 866-231-7177. (Cal-SCAN)

MEDICAL BILLING TRAINEES NEEDED! Train at home to process Medical Billing & Insurance! NO EXPERIENCE NEEDED! Online training at Bryan University! HS Diploma/GED & Computer/Internet needed. 1-888-734-6711 (NANI)

Computer Service

VERNON'S COMPUTER SERVICE Any Computer - Any Service 24hrs/7days-Low Prices! 916-339-3738 (MPG 7-24-15)

Electrical Services

RETIRED MASTER ELECTRICIAN, problem solver! 30 yrs experience, senior discounts. Save big - don't replace panel rebuild it. Lic.# 513168, 916-595-3052 (MPG 12-31-15)

Financial Services

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Reduce Your Past Tax Bill by as much as 75 Percent. Stop Levies, Liens and Wage Garnishments. Call The Tax DR Now to see if you Qualify. 1-800-498-1067. (Cal-SCAN)

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-966-1904 to start your application today! (Cal-SCAN)

Set your structured settlement or annuity payments for CASH NOW. You don't have to wait for your future payments any longer! Call 1-800-673-5926 (Cal-SCAN)

For Sale

SAWMILLS from only \$4397.00-MAKE & SAVE MONEY with your own bandmill- Cut lumber any dimension. In stock ready to ship. FREE Info/DVD: www.NorwoodSawmills.com 1-800-578-1363 Ext.300N (Cal-SCAN)

1977 GMC half ton pickup, 99,000+miles, beautiful interior, second owner, all second gas-tanks replaced, \$6,500 or obo call Ron 916-339-9998 (8-21-15)

Area rugs. Two soft clean beige. 5.5x9.5, 4x8.5. \$150 both. 916-486-3601. (8-7-15)

New love seat sofa. 5 piece diningroom set and 5 piece cherry bedroom set. all for \$765. Call (916) 995-0913.

PUPPIES FOR SALE Bichon Frise DOB: 4/21/15. 3 females 1 male with shots. Excellent family dog \$600.00 916-216-6854 (MPG 7-17-15)

46" Toshiba flat screen TV with Bose speaker system, TV stand, & DVD player all included, \$900. (916) 455-0642 (MPG 7-17-15)

Niche, glass front, Sierra Hills - East Lawn on Greenback Lane \$2,600 (916) 944-1548.

Handyman

QUALITY LABOR & MAINTENANCE Yard Work, Hauling, Gutter Clean, Odd Jobs You Name It! (916) 613-8359

Health & Medical

OVERWEIGHT? We have helped thousands of people across the USA since 1980. Guaranteed products, 100% money-back if not satisfied. Call Linda or Frank (800) 319-5558 or www.WeBeSlim.com (SWAN)

Stop OVERPAYING for your prescriptions! Save up to 93%! Call our licensed Canadian and International pharmacy service to compare prices and get \$15.00 off your first prescription and FREE Shipping. Call 1-800-356-4170 (SWAN)

Canada Drug Center is your choice for safe and affordable medications. Our licensed Canadian mail order pharmacy will provide you with savings of up to 93% on all your medication needs. Call today 1-800-273-0209 for \$10.00 off your first prescription and free shipping. (Cal-SCAN)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-796-5091 (Cal-SCAN)

Help Animals

SPCA Thrift Shop Helpless animals need your donations. The Real Non-Profit. Will pick up. Call 916-442-8118. 1517E Street for donations-10-4pm (MPG)

Help Wanted

Alderson Convalescent Hospital hiring CNA's. Completed Certification a must. Full Time/Part Time. All Shifts-Apply in person at 124 Walnut Street, Woodland CA 95695 or on our website: www.achwoodland.com

Rancho Cordova Library 2 Shelver positions. Contact 916-264-2920. Test on 6/26/15 @ 10:30am. (MPG 7-17-15)

AIRLINE CAREERS start here - Get FAA approved Aviation Mechanic training. Financial aid for qualified students. Job placement assistance. Get started by calling AIM now 888-216-1687 (SWAN)

DRIVERS - No experience? Some or LOTS of experience? Let's Talk! We support every driver, every day, every mile! Call Central Refrigerated Home. 888-891-2195 www.CentralTruckDrivingJobs.com (Cal-SCAN)

ATTN: Drivers - Great Miles + Top 1% Pay! 2 CPM Pay Increase. Loyalty Bonus. Quality Equipment. Pet/Rider Program. CDL-A Req - (877) 258-8782 www.drive4melton.com (Cal-SCAN)

Obtain Class A CDL in 2 1/2 weeks. Company Sponsored Training. Also Hiring Recent Truck School Graduates, Experienced Drivers. Must be 21 or Older. Call: (866) 275-2349 (Cal-SCAN)

\$500-\$1000 Daily Returning Phone Calls! No Selling, No Explaining! Not MLM! Call 1-800-689-0931

Home Maintenance

A Quality Home Maintenance Gutters Cleaned By Gutter Dog (916) 613-8359

Inhome Childcare

Nenes Smart Start Small in-home Childcare M-F 7AM-6PM. Infant thru 5 Preschool certified Licensed & Insured. (916) 723-3342 collier@ureswest.net

Insurance/Health

Lowest Prices on Health & Dental Insurance. We have the best rates from top companies! Call Now! 888-989-4807. (Cal-SCAN)

Legal Services

DID YOU KNOW Information is power and content is King? Do you need timely access to public notices and remain relevant in today's hostile business climate? Gain the edge with California Newspaper Publishers Association new innovative website capublicnotice.com and check out the FREE One-Month Trial Smart Search Feature. For more information call Cecelia @ (916) 288-6011 or www.capublicnotice.com (Cal-SCAN)

Legal / Public Notice

DID YOU KNOW Information is power and content is King? Your doorway to statewide Public Notices. California Newspaper Publishers Association Smart Search Feature. Sign-up, Enter keywords and sit back and let public notices come to you on your mobile, desktop, and tablet. For more information call Cecelia @ (916) 288-6011 or www.capublicnotice.com (Cal-SCAN)

Medical Supplies / Equipment

JAZZY 600 power Wheel Chair Like New. Gold & tan leather. \$1995 OBO (916)919-4680

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-799-4811 for \$750 Off. (Cal-SCAN)

Moving Services

STEADY MOVES You rent the truck... we will make sure it is loaded/ unloaded PROFESSIONALLY! (Lic#322945) 916-206-3183. Email msmith2661@comcast.net (MPG 06-30-15)

Miscellaneous

MAKE A CONNECTION Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-709-2569 (SWAN)

TOP CASH PAID FOR OLD GUITARS! 1920's thru 1980's. Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins/Banjoes. 1-800-401-0440 (NANI)

Make a Connection. Real People, Flirty Chat. Meet singles right now! Call LiveLinks. Try it FREE. Call NOW: 1-877-737-9447. 18+ (NANI)

Life Alert. 24/7. One press of a button sends help FAST! Medical, Fire, Burglar. Even if you can't reach a phone! FREE Brochure. CALL 800-309-8027 (NANI)

Safe Step Walk-In Tub Alert for Seniors. Bathroom falls can be fatal. Approved by Arthritis Foundation. Therapeutic Jets. Less Than 4 Inch Step-In. Wide Door. Anti-Slip Floors. American Made. Installation Included. Call 800-980-6076 for \$750 Off. (NANI)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-491-6053 (NANI)

ACCESS YOUR LAWSUIT CASH! In an Injury Lawsuit? Need Cash Now? Low Rates. No Credit Checks/Monthly Payments. Call Now 1-800-568-8321. (NANI)

DIVORCE, ETC. \$240-\$550+ Covers Children, etc. \*Excludes govt. fees! For a Local Office, Call 1-215-717-8499, Ext. 400 or 1-888-498-7075, Ext. 500 BAYCOR & ASSOCIATES Established 1973 (NANI)

CASH FOR CARS: All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960 (NANI)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace - little or NO cost to you. Medicare Patients Call Health Hotline Now! 1-800-491-6053 (NANI)

SOCIAL SECURITY DISABILITY BENEFITS. Unable to work? Denied benefits? We Can Help! WIN or Pay Nothing! Contact Bill Gordon & Associates at 1-800-290-8321 to start your application today! (NANI)

DIRECTV starting at \$24.95/mo. Free 3-Months of HBO, starz, SHOWTIME & CINEMAX FREE RECEIVER Upgrade! 2014 NFL Sunday Ticket Included with Select Packages. Some exclusions apply - Call for details 1-800-647-1163 (SWAN)

Dish TV Retailer - SAVE! Starting \$19.99/month (for 12 months.) FREE Premium Movie Channels. FREE Equipment, Installation & Activation. CALL, COMPARE LOCAL DEALS! 1-800-341-7308 (SWAN)

Music Lessons

Guitar Lessons - Beginner to Advanced. \$10/half hour. \$15/hour. freddieballbert1@yahoo.com. 530-263-6926 (MPG 12-31-15)

GUITAR LESSONS

Beg. - Adv. GIT grad. Call for prices. 916 723-7021 (MPG 6-30-15)

Drum Set for the Adult Learner.

\$25 - 1/2 hr. musicview@comcast.net 916-482-6592

Personals

Attractive sleek single white female seeking single white male 67+ for bible study partner and travel companion. If this sounds like a match call 530-263-1635. (MPG 7-17-15)

MEET SINGLES RIGHT NOW!

No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-800-945-3392. (Cal-SCAN)

Find the love you deserve! Discover the path to happiness. New members receive a FREE 3-minute love reading! Entertainment purposes only. 18 and over. 800-639-2705 (Cal-SCAN)

Pets/Animals

DOG RESCUE Gary (916) 334-2841 Please Adopt or Foster Because so many really great dogs are dying for a good home... ShelterMOU@hotmail.com

Real Estate

TEXAS LAND SALE Near El Paso. \$0 Down. 20 Acres - \$128/mo. - \$16,900. Money Back Guarantee. Beautiful Mountain Views. No Qualifying - Owner Financing. 800-343-9444. (Cal-SCAN)

Cal-Vet Repo

Manufactured Home. 4130 AN-NAPOLIS LN. #15F - 3Bd,2Bth - APPROX. 615 SQFT. - SOLD "AS IS", SEALED OFFERS UNTIL 06/30/2015. ALL OFFERS SUBJECT TO SELLER ACCEPTANCE. ALL OFFERS CONSIDERED, LISTED FOR \$31,000. CALL OR TEXT Nina M Schwartz (916) 813-9238

20 to 40 Acres, \$0 Down From \$128/mo.

Owner Financing. Money Back Guarantee Near El Paso, TX Beautiful Mountain Views FREE Color Brochure Call Now 1-800-939-2654 (NANI)

Timeshares

SELL/RENT YOUR TIMESHARE NOW! Guaranteed Services find more buyers/renters. NO GIMMICKS JUST RESULTS! www.BuyATimeshare.com 1-888-879-8612 (NANI)

Want to Buy

Want To Purchase Minerals And Other Oil/Gas Interests. Send Details To: PO Box 13557, Denver CO 80201. (NANI)

HELP WANTED

Now accepting applications for Full time and Part Time help at the UPS Store

Please inquire for positions at the store location with resume. 7405 Greenback Lane Citrus Heights CA 95610

GOT LOCAL NEWS?

Call 773-1111

Want to Buy

CASH PAID ON THE SPOT FOR YOUR EXTRA DIABETIC TEST STRIPS UP TO \$30 PER BOX! We buy One Touch and most brands. For FAST LOCAL PICK-UP please call Rachel (916) 505-4673 (MPG 10-03-15)

Work Wanted

I am a loving and trustworthy care take. Also, qualified CNA, available to work are 2-any hours, and able to start as soon as possible. Please call Yvonne at (916) 612-8029.

I do pruning, weeding and planting, interior painting, garage and house cleaning. And de-cluttering and organizing. I transport to medical, other appointments, shopping etc. and errands. No job to small. Health and Security background. References. College grad. Tim 916-334-8903, 503-460-7149. (MPG 08-31-15)

Sudoku Puzzle on Page 8

Crossword Puzzle on Page 8

MPG logo

WE SUPPORT OUR MILITARY

MPG logo

MPG logo

MPG logo

MPG logo

MPG logo

Do You Want to Know What Your Home is Worth?

Home Values Have Increased Over 30% in our Area in the Last Year! Call Now for a FREE Market Analysis of Your Home (916) 992-9922

Dare & Associates Real Estate

License #01228753 (MPG)

Service Provided

Living Elements Landscape When only the best will do Exterior maintenance Landscape design and care Dryscape, rock gardens Free estimates will beat others 916-430-3777 Ready...Set...SUMMER! (MPG 07-17-15)

Divorce Special

5 PIECE CHERRY BEDROOM SET. New love seat sofa and 5 piece diningroom set All for \$760. Call (916) 995-0913.

Heating & Air

VICTORIA HEATING & AIR CONDITIONING

Lic#877379 Over 10 Years of Experience We Provide SERVICE, REPAIR, CHANGE OUT AND NEW INSTALL. • Easy • Fast Response • Reasonable Price • We offer a Special \$50 Diagnostic Fee • We will tell you what is wrong with your unit and how much it will cost to fix your unit before we begin work • Each project is confirmed in writing and one year warranty • OR, new unit installed with 5 to 10 years warranty So Don't Wait! Call Us At (209) 338-4475 or (916) 474-0173 (MPG 04-30-15)

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG logo

773-1111

BEST JOB IN THE WORLD Funeral Professionals Wanted • A variety of part-time positions available with flexible hours. • Equal Opportunity Employer Apply in person at 5757 Greenback Lane, Sacramento, CA 95841 or email your resume to: mikes@eastlawn.com

Yoga

Your Fitness Genie

Making Your Fitness Goals Come True! 14 Years of Experience • Weight Loss • Injury Recovery • Senior Fitness • Yoga • Pilates • Safe, Effective, Functional Resistance Training • Be Active, Call Today! Jenn@YourFitnessGenie.com (916)768-8767

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG logo

773-1111

Monsanto's ROUND UP

Diagnosed with a serious medical condition, including Non-Hodgkin's Lymphoma, after exposure to Monsanto's Round Up pesticide? You may be entitled to compensation Call Andrus Wagstaff, PC Toll Free: 866-795-9529 (PAID ADVERTISEMENT)

NOTICE TO READERS

California law requires that contractors taking jobs that total \$500 or more (labor and/or materials) be licensed by the Contractors State License Board.

DISCLAIMER

Be wary of out of area companies. Check with the local Better Business Bureau before you send any money for fees or services. Read and understand any contracts before you sign. Shop around for rates.

LET US SAVE YOU TIME & MONEY

REACH 75+ MILLION READERS WITH ONE ORDER, ONE BILL! Community Classified 1x \$650 Statewide 25 words/245+ papers \$435 North/\$485 South Daily Classified 7 days \$995 25 words/41 papers/7 days \$650 North/\$650 South CLASSIFIED COMBO 8 days \$1,270 25 words/282+ papers Statewide DISPLAY - Community Newspapers 140+ papers 1x \$1,600 2x2 Statewide; Sizes: 2x2; 2x4; 2x5; 2x6 \$1,240 2x2 No.; \$1,240 2x2 So. CALIFORNIA NEWSPAPERS DELIVER! More info: Call (916) 288-6011; email cecelia@cnpa.com

AIRLINE CAREERS START HERE

Get trained as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 866-231-7177

DELIVERY ROUTES AVAILABLE

\$200<sup>00</sup> per month for just a few hours' work per week CALL 916 773-1111

Specialties Plus

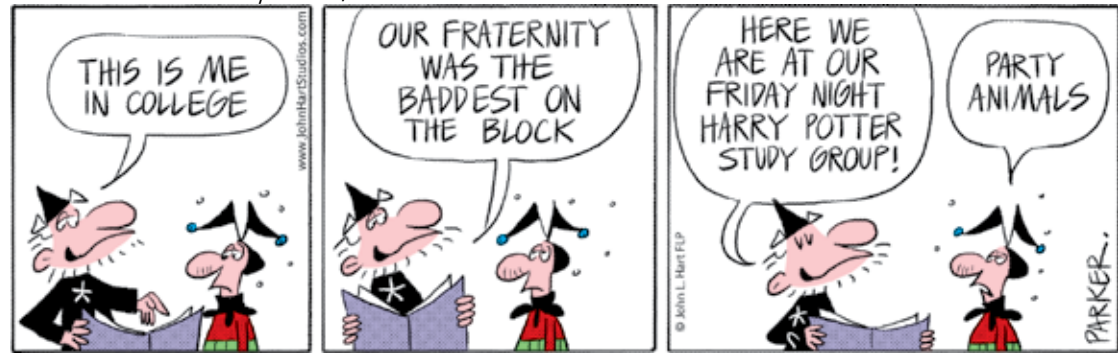
Specializing in Digital Printers, Copiers, Fax & Multifunction Machines E-mail: specpluscopiers@gmail.com (916) 723-8430

Crossword Puzzle on Page 8

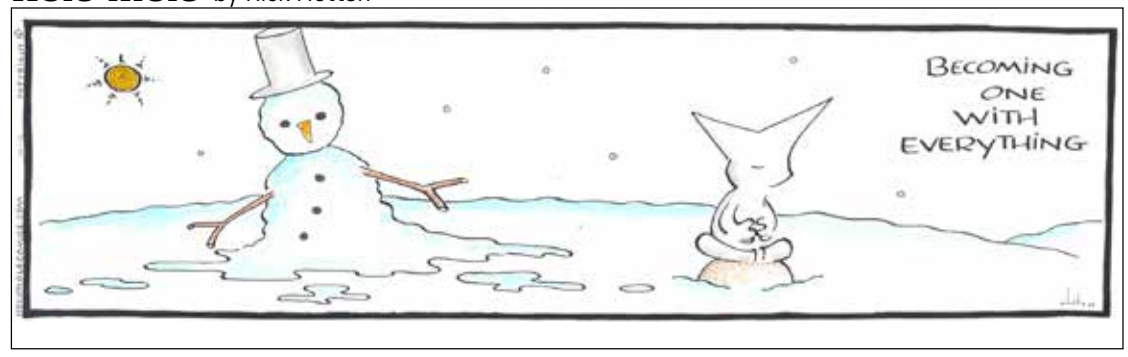
Crossword puzzle grid with words: TEAM, ELF, TZAR, PHOTO, GOA, BOUSE, RANIS, APT, ERNIE, ISLAND, SHERIFF, TIE, SOOT, BIB, CEDE, GLOBAL, ONIT, DREG, EDEMA, SURE, SEPIA, OTIC, ORDER, WARM, RAGE, MESSES, GLAM, SOY, SHOE, SUV, FRASIER, ASPECT, LOXES, BBC, PLAIN, ECLAT, ION, EAGLE, EKES, TOE, TREET



**Wizard of Id** by Parker, Mastroianni & Hart



**Hole Molé** by Rick Hotten



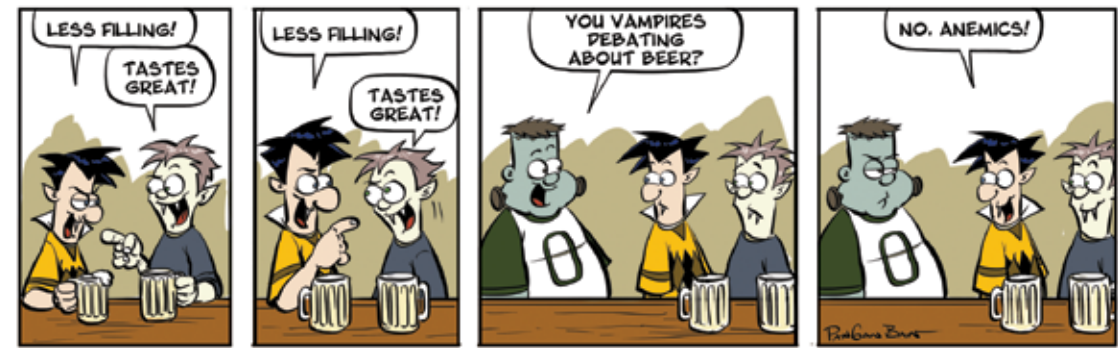
**BC** by Mastroianni & Hart



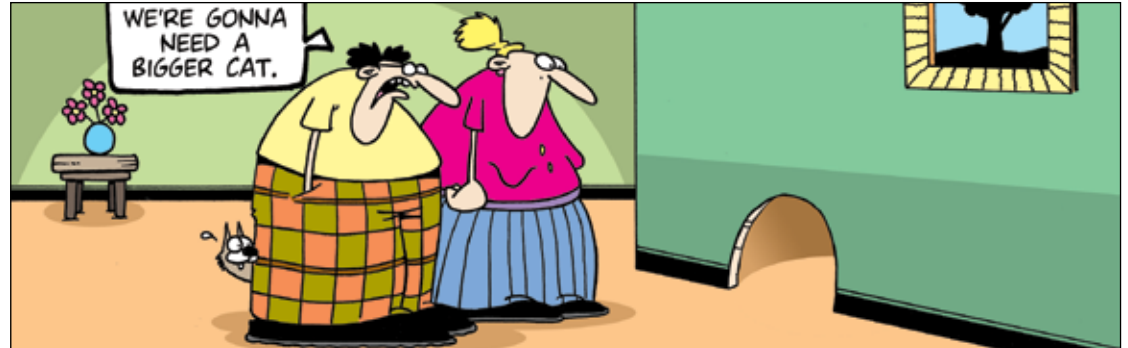
**Cranky Girl** by Crystal Jones



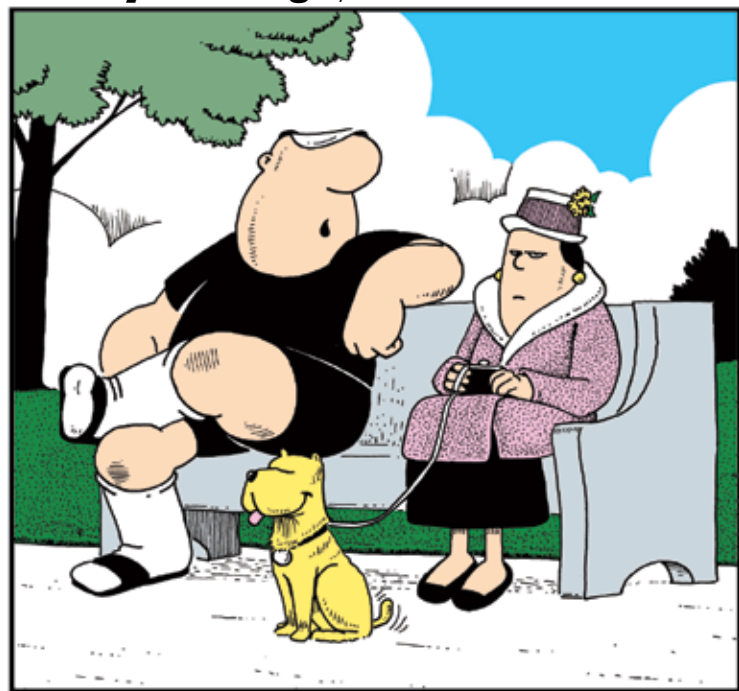
**Frank and Steinway** by Wil Panganiban



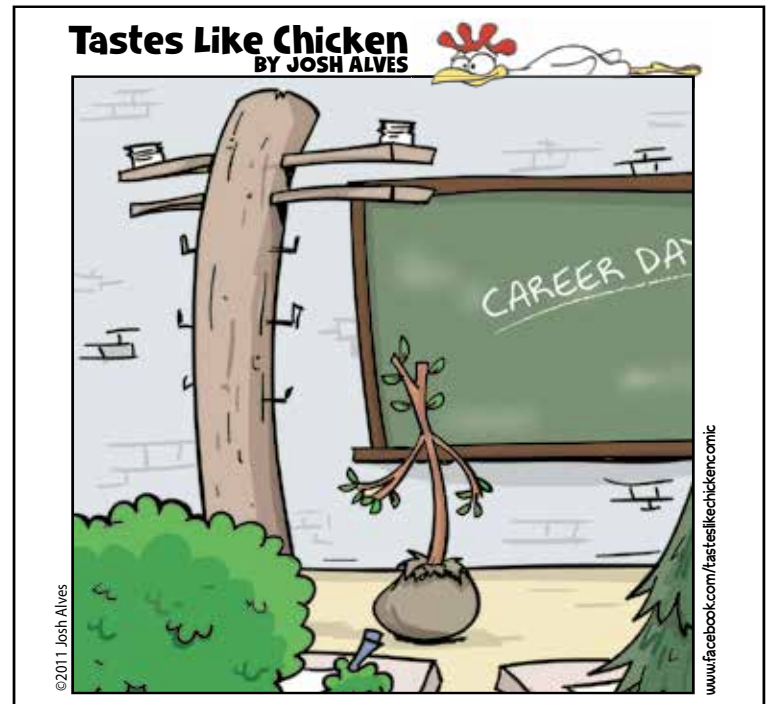
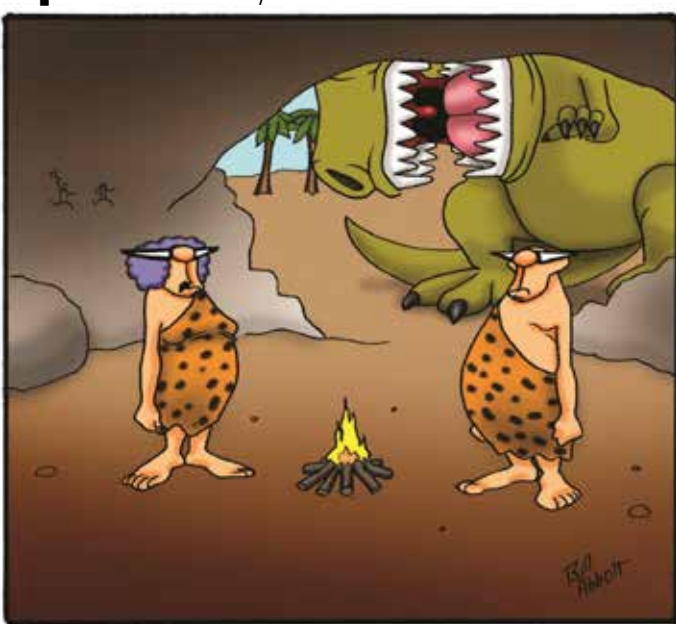
**Tundra** by Chad Carpenter



**Friday Morning** by Brad Diller



**Speckticles** by Bill Abbott



"YOUR DOG LOOKS HAPPY. I THOUGHT THEY WERE SUPPOSED TO RESEMBLE THEIR OWNERS."

"Why is it whenever I have a craving, you can't be bothered?"



2015 SEASON PRESENTED BY  
**SUNRISE MARKETPLACE**

# GAME... SET... DREAM

2015 INAUGURAL SEASON

SEASON & INDIVIDUAL MATCH TICKETS ON SALE NOW STARTING AT JUST \$20

TEXT DREAM TO 63975



**TICKETS ON SALE NOW**  
CALIFORNIA DREAM TENNIS.COM  
916.967.6000

2015 HOME SCHEDULE

July 13	Springfield	7:30pm
July 14	Philadelphia	7:30pm
July 17	Austin	7:30pm
July 18	Boston	7:30pm
July 21	Springfield	7:30pm
July 23	San Diego	7:30pm
July 29	San Diego	7:30pm

Times and players subject to change

Home matches played at  
**SUNRISE MALL**





# BEST 17 DAYS OF SUMMER

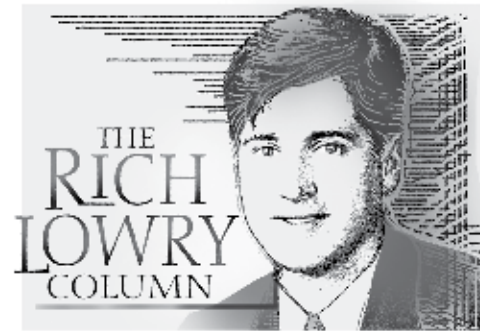
— JULY 10-26, 2015 —

Enjoy more than 70 thrilling rides, live horse racing, free educational and interactive exhibits, free nightly concerts, delicious food and so much more!

Buy discount tickets now at [CAStateFair.org](http://CAStateFair.org)







**The Next Gay Marriage Battle**

Everyone knows where the debate over gay marriage is going next. Now that the Supreme Court has imposed its edict on the land, the question is whether religious institutions and people of faith will still be permitted to act on moral beliefs that the court has portrayed as bigoted and deeply wounding. In his long prose-poem about love masquerading as a judicial opinion, Justice Anthony Kennedy made a bow to these concerns. He cited the First Amendment for the proposition that religions and those who adhere to them "may continue to advocate with utmost sincere conviction that, by divine precepts, same-sex marriage should not be condoned." Gee, thanks, Mr. Justice. This assurance is about as convincing as the rest of Kennedy's airy majority opinion with little or no connection to the Constitution or law -- which is to say, people of faith ought to brace for the

worst. Kennedy's statement was carefully hedged to include only advocacy and teaching, a lawyerly wording that the other lawyers on the court were quick to pick up on. The First Amendment, Chief Justice John Roberts pointed out in his dissent, actually protects the freedom to exercise religion. That means people of faith acting on their beliefs, not merely advocating them or teaching them. In oral arguments, Justice Samuel Alito asked Solicitor General Donald Verrilli whether, on the model of Bob Jones University a few decades ago when it banned interracial dating and marriage, a college that opposed same-sex marriage could be denied tax-exempt status. "It's certainly going to be an issue," Verrilli admitted. "I don't deny that." If supporters of same-sex marriage truly have no interest in punishing the exercise of religion they find objectionable, they can sign off on legislation to prevent it. Utah Sen. Mike Lee, a Republican, has a bill called the First Amendment Defense Act -- yes, it's come to that -- protecting organizations from government retaliation over their opposition to gay marriage. There is unlikely to be a rush on the left to endorse it, when the American Civil Liberties Union is heading in the opposite direction. It has just withdrawn its support for the Religious Freedom Restoration Act, on grounds that it can be used to protect organizations refusing to get on board with gay marriage. Already, there are a few calls to remove the

tax exemption of churches, now opposed to what the Supreme Court has deemed a fundamental right. These are only tea leaves. The move against religious groups will surely start small, with some isolated, unsympathetic Christian institution, and then grow until what once had been called unimaginable becomes mandatory. The push for gay marriage is motivated by a moralistic zeal that sees only one point of view on the question as legitimate. If its supporters weren't patient enough to see their cause through the inevitable fits and starts of the democratic process, they aren't going to let procedural niceties stand in the way of an effort to bulldoze their way to a more thoroughgoing conformity on the issue. The gay-marriage debate isn't over; it has merely entered a new phase.

*Rich Lowry is editor of the National Review.*

(c) 2015 by King Features Synd., Inc.



**Guinea Pig Diagnosis**

DEAR PAW'S CORNER: I'm so frustrated with my veterinarian. A few days ago, I found my little cavy "Clara," who's only a year and a half old, lying on her side, unable to move. She was awake and alert otherwise. I called her vet -- who charges a fee for such consults -- and he said to just let Clara lay there and monitor her. What kind of treatment is that? I'm wondering if I should have just brought her in because all the worried phone calls I've made are adding up. -- Caring Cavy Dad in Chicago  
DEAR CAVY DAD: You did the right thing by contacting Clara's vet immediately. And while her condition likely is serious, the vet probably felt that moving her to bring her into the clinic might do her more harm. Cavies -- a.k.a. guinea pigs -- can suffer a variety of serious illnesses. These include heart attack, stroke and in rare cases, paralysis with no appar-

ent cause. Each has certain telltale symptoms. The vet probably asked some questions that gave him an idea about what the illness might be, and his recommendation was to keep her resting and comfortable. This is important for cavies. Their nervous system is constantly on high alert -- a built-in defense mechanism -- so excessive or prolonged stress can cause serious and sudden health problems. Sometimes the prescription for healing is just keeping them comfortable, out of direct light and in steady temperatures. The vet also may recommend nutrient supplements. So, hang in there and keep an eye on Clara. With rest she may recover soon. Send your questions about pet care to ask@pawscorner.com.  
(c) 2015 King Features Synd., Inc.

**5 Year FIXED RATE Home Equity Line of Credit Loan**

**4.25%** Initial APR

**CHECK THE EL DORADO ADVANTAGE:**

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Costs on Qualifying Transactions
- ✓ Flexibility and Convenience
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

**EL DORADO SAVINGS BANK**  
Serving our local communities since 1958

www.eldoradosavingsbank.com  
CARMICHAEL • 4701 Manzanita Ave. • 481-0664  
Se Habla Espanol • 800-874-9779

Member FDIC

The initial Annual Percentage Rate (APR) is currently 4.25% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for the repayment period is 5.50%. The maximum APR that can apply any time during your HELOC is 10%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$100,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$200,000 and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$375 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$50 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

**Grace Baptist Church**

*Come and Experience God's Amazing Grace*

**Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung.**

**Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible**

**Service Schedules**  
Sunday Schools (All Ages) 9:45am  
Sunday Worship II 9:00 am  
Sunday Evening 6:00pm  
Wednesday Evening 7:00pm

**6724 Palm Avenue, Fair Oaks, CA 95628**  
**(Located one block South of Madison; just East of Dewey)**  
**Pastor Charles Carter (916) 967-3915**

*Call for more information*

**Union Gospel Mission Sacramento**

For more than 50 years, Union Gospel Mission has been serving Sacramento's homeless with shelter, meals, clothing, a rehabilitation program and a life-changing Gospel message. Founded in 1962 by concerned Christians for men in need, the Mission now serves women and children, too, and is an amazing testament to the good that comes with committed volunteers, inspired leadership and the community's support.

*We accept donations, clothing and goods, 7 days a week... and prayer always!*

Matthew 25:40  
"Caring for the Least"

**50+ Years of Service**

**(916) 447-3268**  
400 Bannon Street • Sacramento, CA 95811  
Exec. Director, Pastor Tim Lane  
P.O. Box 1108, Sacramento, CA 95812

Tune in our Radio Program:  
KFIA 710 AM, Sun & Mon 3 PM  
listen online & visit us at:  
www.ugmsac.com  
Facebook.com/UGMSAC

**CARMICHAEL WATER DISTRICT**

**Free Water Efficiency Survey**

**Is your home or business water wise?**

Find out by scheduling a Water Efficiency Survey with Carmichael Water District. This service is free to Carmichael Water District customers.

Our trained water conservation specialists will come to your home or business to check for leaks, offer free water saving devices, and recommend ways to help you save.

**Don't miss out!** To sign up, call the District at (916) 483-2452. We'll schedule an appointment to come out and meet with you. Visit our website at [carmichaelwd.org](http://carmichaelwd.org) for more information.

Your efforts help in maintaining water quality, safe operating conditions, and fire flow capability.

Visit our website at [www.carmichaelwd.org](http://www.carmichaelwd.org) for further information.



Legal Advertising Hotline 916-483-2299
Legal Advertising Fax 916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294-February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380-September 18, 1969

Legal Advertising P.O. Box 14 Carmichael, CA 95609

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04765 Xiyun Liu, 5798 Tangerine Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Perfection Handyman Co" at 5798 Tangerine Avenue, Sacramento, CA 95823. Filed with the Clerk of Sacramento County June 15, 2015. Publish: June 26, July 3, 10 and 17, 2015 PERFECTION 150618 7-17-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04865 Daun Torok, 133 E. Warm Springs Road #101, Las Vegas, NV 89119 is doing business under the Fictitious Business Name(s) "Bargain Plumbing & Rooter" at 133 E. Warm Springs Road #101, Las Vegas, NV 89119. Filed with the Clerk of Sacramento County June 17, 2015. Publish: July 3, 10, 17 and 24, 2015 BARGAIN 150624 7-24-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04037 Phuong Van Nguyen, 7215 Diana Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Dale's Carpet Cleaning" at 7215 Diana Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County May 15, 2015. Publish: 3, 10, 17 and 24, 2015 DALES 150623 7-24-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05070 Jay Ventikity Insurance Agency, Inc., 2322 Pez Gallo Place, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Insurance Brokers of California, California Insurance Brokers" at 1831 Iron Point Road #140, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 3, 10, 17 and 24, 2015 INSURANCE 150625 7-24-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05070 Simon Leung, 8115 Rush River Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "EmilyKate" at 8115 Rush River Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 3, 10, 17 and 24, 2015 EMILYKATE 150625 7-24-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04838 Jodi Till, 6400 Templeton Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Kids to College Cookie Creations" at 6400 Templeton Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2015. Publish: July 3, 10, 17 and 24, 2015 KIDS 150625 7-24-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04917 Vernie Frances and Raul C. Moreno, 8156 Chenin Blanc Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Magpie Treasures" at 8156 Chenin Blanc Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 19, 2015. Publish: July 3, 10, 17 and 24, 2015 MAGPIE 150626 7-24-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05209 Savor Enterprise Trading, LLC., 6815 Castillo Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Savior Enterprise Trading, LLC." at 6815 Castillo Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 10, 17, 24 and 31, 2015 SAVIOR 150631 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05235 George Nemes, 6812 Olive Tree Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Astigmat" at 6812 Olive Tree Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 30, 2015. Publish: July 10, 17, 24 and 31, 2015 ASTIGMAT 150631 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05200 Formula 1 Transporter, Inc., 9964 Nebula Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Formula Trucking, Inc." at 9964 Nebula Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 10, 17, 24 and 31, 2015 FORMULA 150629 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05135 Thomas A. Colburn, 4830 Hackberry Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "PowerSteward" at 4830 Hackberry Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015 POWER 150626 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04206 Tanja Ralich, 3708 Gordon Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Big R Metals" at 4212 Roseville Road, Suite O, North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 22, 2015. Publish: July 10, 17, 24 and 31, 2015 BIGRMETALS 150630 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05237 Joseph M. Dolce, 1713 Daphne Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Elev8ed Studios" at 4555 Auburn Boulevard #18 & 23, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 30, 2015. Publish: July 10, 17, 24 and 31, 2015 ELEV8ED 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04487 Stacy Svarthout, 5937 Walking Stick Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Selah Salon" at 9399 Madison Avenue #101, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 2, 2015. Publish: July 10, 17, 24 and 31, 2015 SELAHSALON 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05090 Kimanh Thi Pham, 8995 Gamet Peak Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "American Nails Spa" at 1120 Fulton Avenue #J, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015 AMERICANAILS 150702 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05246 E and E Garage Cabinets, 11280 Sanders Drive, Suite C, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Closets to Envy" at 11280 Sanders Drive, Suite C, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 1, 2015. Publish: July 10, 17, 24 and 31, 2015 CLOSETSENVY 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05232 Constance Cooper, 4967 Kokomo Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Divinely Exquisite Productions" at 4967 Kokomo Drive, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 30, 2015. Publish: July 10, 17, 24 and 31, 2015 DIVINELY 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04150 Joseph B. and Jamie J. O'Neal, 555 33rd Avenue #1, San Francisco, CA 94121 are doing business under the Fictitious Business Name(s) "Capitol 25" at 2501 Capitol Avenue #103, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 20, 2015. Publish: July 10, 17, 24 and 31, 2015 CAPITOL25 150701 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05049 Tree Pros Arboricultural Services, Inc., 5919 Auburn Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Tree Pros, Inc." at 5919 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 10, 17, 24 and 31, 2015 TREEPROS 150706 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04670 Benjamin Brengettsey, 4605 Mykonas Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Life Supplies" at 4605 Mykonas Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County June 11, 2015. Publish: July 10, 17, 24 and 31, 2015 LIFESUPPLIES 150706 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05318 Adam Patterson, 5181 Connecticut Drive #1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Forward Controls" at 5181 Connecticut Drive #1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 10, 17, 24 and 31, 2015 FORWARD 150706 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05123 Daniel Manukyan, 10128 Countryside Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sacramento" at 10128 Countryside Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015 SACRAMENTOW 150703 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05136 Rainbow Pages, Inc., 2701 Cottage Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Rainbow Pages, Inc., A & W Design and Marketing" at 2701 Cottage Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 10, 17, 24 and 31, 2015 RAINBOWA&W 150706 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04722 Scott J. Esparza & Co. Bail Bonds, Inc., 2674 E. Main Street D-209, Ventura, CA 93003 is doing business under the Fictitious Business Name(s) "Acme Bail Bonds" at 400 Capitol Mall, Suite 2530, Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 11, 2015. Publish: July 10, 17, 24 and 31, 2015 ACMEBAIL 150706 7-31-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-04069 Renee Johnson, 1171 Sonoma Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "To His Glory Janitorial House Cleaning" at 1171 Sonoma Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 18, 2015. Publish: July 17, 24, 31 and August 7, 2015 TOHISGLORY 150608 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05351 Hafid Saidi Alaoui, 5030 Walnut Avenue #1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Casablanca Locksmith" at 5030 Walnut Avenue #1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 CASABLANCA 150707 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05294 Leslie Kerns, 208 Delta Leaf Way, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Waiting To Exhale Massage Therapy" at 208 Delta Leaf Way, Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 2, 2015. Publish: July 17, 24, 31 and August 7, 2015 WAITING 150707 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05339 Karen Miller, 10823 Coloma Road #2, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Stilness Healing Arts" at 6728 Fair Oaks Boulevard, Suite 300, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 17, 24, 31 and August 7, 2015 STILLNESS 150707 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05000 Integrated Commerce of California, LLC, 9218 Metcalf, Suite 339, Overland Park, Kansas 66212 incorporated in Delaware is doing business under the Fictitious Business Name(s) "Flexibility, Flexibility.com" at 6950 W. 56th Street, Mission, Kansas 66202. Filed with the Clerk of Sacramento County June 24, 2015. Publish: July 17, 24, 31 and August 7, 2015 FLEXIBILITY 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05312 Kenneth Raif, 3747 W. Pacific Avenue, Suite A, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Rad Roadsters" at 3747 W. Pacific Avenue, Suite A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 6, 2015. Publish: July 17, 24, 31 and August 7, 2015 RAD 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05065 Hometown Colonial Estates, L.L.C., 150 N. Wacker Drive, Suite 2800, Chicago, IL 60606 is doing business under the Fictitious Business Name(s) "Colonial Estates, Hometown Colonial Estates, Colonial Estates MHC" at 10026 Horn Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015 COLONIAL 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05066 Hometown Creekside Estates, L.L.C., 150 N. Wacker Drive, Suite 2800, Chicago, IL 60606 is doing business under the Fictitious Business Name(s) "Creekside Estates, Hometown Creekside Estates, Creekside Estates MHC" at 6000 Greenback Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015 CREEKSIDE 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05083 Enhui Li and Fei Hou, 1446 E. Calaveras Boulevard, Milpitas, CA 95035 are doing business under the Fictitious Business Name(s) "Li's Mongolian B.B.Q." at 4725 Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 26, 2015. Publish: July 17, 24, 31 and August 7, 2015 LIS 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05077 Vladimir Tkachenko, 900 Q Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Vlads Repair" at 900 Q Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 25, 2015. Publish: July 17, 24, 31 and August 7, 2015 VLADS 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05353 Tamika Brown, 1050 43rd Avenue #5, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Empty Plate" at 1050 43rd Avenue #5, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 EMPTY 150708 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05349 Terri Lee Hoblit, 653 Woodside Sierra #3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Skin by Teri" at 2398 Fair Oaks Boulevard, Suite 2, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 SKIN 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05388 Saeed Oil Co., 2390 Florin Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Saeed Oil Co." at 2390 Florin Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 8, 2015. Publish: July 17, 24, 31 and August 7, 2015 SAEED 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05188 Jesse Arora, 8151 Civic Center Drive #162, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Structured Sports Development Program" at 8151 Civic Center Drive #162, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 17, 24, 31 and August 7, 2015 STRUCTURED 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05360 Ronald Sanchez, 2798 Llnollwood Drive, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "All-American Realty, All-American Realtor Group" at 9912 Business Park Drive, Suite 180, Sacramento, CA 95827. Filed with the Clerk of Sacramento County July 7, 2015. Publish: July 17, 24, 31 and August 7, 2015 ALL-AMERICAN 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05192 Javier A. Dillen, 14547 Holly Lane, Riverpines, CA 95675 is doing business under the Fictitious Business Name(s) "Dilco General Contractors" at 14547 Holly Lane, Riverpines, CA 95675. Filed with the Clerk of Sacramento County June 29, 2015. Publish: July 17, 24, 31 and August 7, 2015 DILCO 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05401 Jasveer Singh, 8036 Linden Line Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Jaz Trucking" at 8036 Linden Line Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 9, 2015. Publish: July 17, 24, 31 and August 7, 2015 JAZ 150709 8-7-15

FICTITIOUS BUSINESS NAME STATEMENT FBNF2015-05470 Denise Weyeneth, 6363 Aslin Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Best Choice Moving Assistance" at 6363 Aslin Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 10, 2015. Publish: July 17, 24, 31 and August 7, 2015 BEST 150710 8-7-15

ORDER TO SHOW FOR CHANGE OF NAME

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180581 WHEREAS, FNU Ajmal and FNU Maryam have filed a petition with this court for a decree changing the name(s) of FNU Ajmal to Ajmal Ayaan, FNU Maryam to Maryam Ayaan, FNU Silgaye to Silgaye Ayaan, Abdul Musavir to Musavir Ayaan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 24, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 David I. Brown, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 AYAAN 150617 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180572 WHEREAS, FNU M. Rahim and FNU Yasmin have filed a petition with this court for a decree changing the name(s) of FNU M. Rahim to Rahim Karimy, FNU Yasmin to Yasmin Karimy, Mohammad Sudays to Sudays Karimy. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 21, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 KARIMY 150617 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180577 WHEREAS, FNU Sultanullah has filed a petition with this court for a decree changing the name(s) of FNU Sultanullah to Sultan Safi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 David I. Brown, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 SAFI 150617 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180594 WHEREAS, Dominic Santos has filed a petition with this court for a decree changing the name(s) of Dominic Santos to Dominic Fernandes. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 25, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 FERNANDES 150617 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180605 WHEREAS, My Tra Trinh has filed a petition with this court for a decree changing the name(s) of My Tra Trinh to Michelle Li. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 25, 2015 David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 TRINH 150630 7-31-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180606 WHEREAS, FNU Najiullah and FNU Feroza have filed a petition with this court for a decree changing the name(s) of FNU Najiullah to Najiullah Momand, FNU Feroza to Feroza Momand, FNU Saba to Saba Momand, FNU Raihan to Raihan Momand. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 4, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 24, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: July 3, 10, 17 and 24, 2015 MOMAND 150625 7-24-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180607 WHEREAS, Bich Minh Ngoc Quan has filed a petition with this court for a decree changing the name(s) of Bich Minh Ngoc Quan to Birehly Quan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 25, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 25, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 QUAN 150630 7-31-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180608 WHEREAS, Monir Ahmad and FNU Haseena have filed a petition with this court for a decree changing the name(s) of Monir Ahmad to Monir Ahmad Ibrahim, FNU Haseena to Haseena Ibrahim, Mohammad Ilham to Mohammad Ilham Ibrahim, Lia Ahmad to Hasinat Ibrahim. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 15, 2015 David I. Brown, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 BHARTA 150622 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180610 WHEREAS, Brandon M. and Marlena S Applegate have filed a petition with this court for a decree changing the name(s) of Kora Lynn Applegate to Isabelle Kora Applegate. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 21, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 APPLEGATE 150617 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180611 WHEREAS, Tatyana Vasilyeva Savchenko Milaev has filed a petition with this court for a decree changing the name(s) of Valentina Roza Milaev to Valentina Roza Savchenko. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 26, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 David I. Brown, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 MILAEV 150617 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180612 WHEREAS, Herrah Errem Ahmad has filed a petition with this court for a decree changing the name(s) of Herrah Errem Ahmad to Herrah Gail Summer. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 7, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 3, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 SUMMER 150618 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180613 WHEREAS, Rohullah Qudrat has filed a petition with this court for a decree changing the name(s) of Milad FNU to Milad Ahmad Osmani, Adnan Ahmad to Adnan Ahmad Osmani. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 27, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 17, 2015 Raymond M. Cadei, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 OSMANI 150619 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180614 WHEREAS, Rajpal Singh Bains has filed a petition with this court for a decree changing the name(s) of Rajpal Singh Bains to Rajpal Singh Bharta. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 21, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 15, 2015 David I. Brown, Judge of the Superior Court Publish: June 26, July 3, 10 and 17, 2015 BHARTA 150622 7-17-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180615 WHEREAS, Pui Ni Berry Tan has filed a petition with this court for a decree changing the name(s) of Pui Ni Berry Tan to Berry Pui Ni Tan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 15, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 TAN#2 150701 7-31-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180616 WHEREAS, Him Wo Jeffrey Tan has filed a petition with this court for a decree changing the name(s) of Him Wo Jeffrey Tan to Jeffrey Him Wo Tan. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on September 14, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 CONNER 150702 7-31-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180617 WHEREAS, Amy Ruth Conner has filed a petition with this court for a decree changing the name(s) of Quesisha LaRuth Brown to Quesisha LaRuth Conner. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 11, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 David I. Brown, Judge of the Superior Court Publish: July 10, 17, 24 and 31, 2015 YASMEEN 150702 7-31-15

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #34-2015-00180618 WHEREAS, FNU Muzhda has filed a petition with this court for a decree changing the name(s) of FNU Muzhda to Muzhda Bahramand, FNU Rehan to Rehan Bahramand. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on September 8, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 1, 2015 Raymond M. Cade



# LEGAL ADVERTISING

Continued from the previous page

## NOTICE OF PETITION TO ADMINISTER ESTATE

**NOTICE OF PETITION TO ADMINISTER ESTATE OF GENCHO ANGELOV STANOV (decedent)**  
ESTATE NO. 34-2015-00178820-PR-LA-FRC

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of GENCHO ANGELOV STANOV (deceased): A petition has been filed by TOTA IVANOVA STANOVA in the Superior Court of California, County of Sacramento, requesting that TOTA IVANOVA STANOVA be appointed as administrator to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: August 18, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner(s) is: Tota Ivanova Stanova, 7533 Saint Philomena Way, Citrus Heights, CA 95610 (916) 666-8304 Publish: July 3, 10 and 17, 2015. STANOV 150624 7-17-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF SAUNDRA PAUL (decedent)**  
ESTATE NO. 34-2015-00180398

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of SAUNDRA PAUL (deceased): A petition has been filed by JENNIFER ANN POSEHN in the Superior Court of California, County of Sacramento, requesting that JENNIFER ANN POSEHN be appointed as administrator to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: August 13, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner(s) is: Peter A. Galgani, attorney at law, 1120 D Street, Suite 100, Sacramento, CA 95814 (916) 498-1357 Publish: July 3, 10 and 17, 2015. PAUL 150625 7-17-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF SARAH SUSANNE SEPTER (decedent)**  
ESTATE NO. 34-2015-00178607

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of SARAH SUSANNE SEPTER, AKA SARAH SUSANNE BOWEN (deceased): A petition has been filed by SALLY SUSANNE SEPTER in the Superior Court of California, County of Sacramento, requesting that SALLY SUSANNE SEPTER be appointed as administrator to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: August 13, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets

or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner(s) is: Michael Hackard, 10630 Mather Boulevard, Mather, CA 95655 (916) 313-3030 Publish: July 3, 10 and 17, 2015. SEPTER 150625 7-17-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF DOUGLAS HARVEY KIPP (decedent)**  
ESTATE NO. 34-2015-00180374

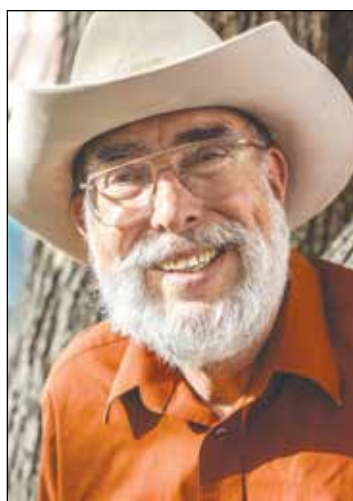
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of DOUGLAS HARVEY KIPP (deceased): A petition has been filed by CAROLYN MAY COX in the Superior Court of California, County of Sacramento, requesting that CAROLYN MAY COX be appointed as administrator to the estate of the decedent. A hearing on the petition will be held in this court as follows: July 15, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner(s) is: Michael Hackard, 10630 Mather Boulevard, Mather, CA 95655 (916) 313-3030 Publish: July 3, 10 and 17, 2015. DKIPP 150625 7-17-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF CATHERINE CARMEN KIPP (decedent)**  
ESTATE NO. 34-2015-00180376

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of CATHERINE CARMEN KIPP (deceased): A petition has been filed by CAROLYN MAY COX in the Superior Court of California, County of Sacramento, requesting that CAROLYN MAY COX be appointed as administrator to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: July 15, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner(s) is: Michael Hackard, 10630 Mather Boulevard, Mather, CA 95655 (916) 313-3030 Publish: July 3, 10 and 17, 2015. CKIPP 150625 7-17-15

**NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSEFINA N. MIRANDA (decedent)**  
ESTATE NO. 34-2015-00180653

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of JOSEFINA N. MIRANDA (deceased): A petition has been filed by TERESA MIRANDA in the Superior Court of California, County of Sacramento, requesting that TERESA MIRANDA be appointed as administrator to the estate of the decedent. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A hearing on the petition will be held in this court as follows: August 4, 2015, 9:00 a.m. in Dept. No. 129 at William Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of Attorney for the Petitioner(s) is: Robert J. Busch, Jr., 9245 Laguna Springs Drive, Suite 200, Elk Grove, CA 95758 (916) 859-0370 Publish: July 10, 17 and 24, 2015. MIRANDA 150630 7-24-15



“You’re awfully quiet this morning, Steve,” Dud said to his buddy, the cowboy with the haystack mustache. “No sleep,” Steve mumbled, his chin propped on his hands. The other members of the Mule Barn truck stop’s world dilemma think tank smelled an issue and were instantly alert. You can’t save the world if you don’t have an issue.

“You guys watching too much late night TV out in the bunkhouse?” Doc asked. “I wish we had,” Steve said. “It’s just that dadgummed Three-Chord Cortez.” Three-Chord was known far and wide for his exuberant incompetence with a guitar. Steve’s boss hires Three-Chord and some others to help on special occasions.

“His guitar playing is terrible,” Steve explained, taking a sip of coffee, “but now it’s worse ... way worse!”

“How could anything be worse than Three-Chord Cortez’s guitar playing?” Dud said.

Steve looked up. “He’s singing now!” There was a deadly hush as the members of the supreme court of darn-near everything took that in.

# Slim Randles’ HOME COUNTRY

“He’s Singing Now!”

“Not good?” Doc asked, quietly.

“Not good? Oh dear Aunt Sadie’s chrome corset!” Steve replied. “It’s like ... dragging a milk can along on pavement. It’s like removing a guy’s appendix without anesthetic. It’s like ...”

“We get the picture,” Dud said.

“The worst of it is ... I mean the worst ... is that he doesn’t know any songs. Not a one. I mean ... none. All he knows is one phrase of one song and he sings it over and over and over

and he thinks he’s the Sons of the Pioneers. He tells us this phrase is a sure-fire way to get women interested in you. You serenade them from the front lawn and the lovely lady immediately invites you in for coffee and snickerdoodles.”

“So what’s the phrase?” asked Dewey.

Steve looked from one to the other. “I’ll give it to you just the way he gave it to us.” “You don’t know what loneliness is, ‘til you start herdin’ co-o-o-o-o-o-ows!”

Steve took that last note up

into a coyote howl and people were holding their ears and trying to quiet crying children.

“See what I mean?” Steve said. Nods all around.

Doc drew himself up. “I think the girls ask Three-Chord in just to keep the neighbors from calling the dog pound.”

Brought to you by the Home Country podcast at [http://www.doublewidennetwork.com/index.php/MusicStarWorldwide/detail/home\\_country](http://www.doublewidennetwork.com/index.php/MusicStarWorldwide/detail/home_country)



## Foster Care

The need is great for loving, safe homes for foster children ages 0-18 & pregnant/parenting teens

We offer free training, fingerprinting, CPR/1st aid, 24 hr support, monthly reimbursement



## LEGAL ADS FOR SACRAMENTO COUNTY?

**We Can Do That!**

Call to place your legal advertising **483-2299**

All Legal Ads Published in the Carmichael Times

## LEGAL ADS FOR SACRAMENTO COUNTY?

**We Can Do That!**

Call to place your legal advertising

**532-2113**

All Legal Ads Published in the Carmichael Times

## Classified Advertising

**Sell Your Stuff! Reach 1000's of Readers Every Week!**

**773-1111**

**The Perfect Combination!**

# Start Yours Today!

Get a 6 month subscription for only: **\$25<sup>00</sup>**

Carmichael Times delivers your local community news.

Get The Sunday Sacramento Bee!

**YES! START MY SUBSCRIPTION NOW!**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ ZIP \_\_\_\_\_

PHONE ( ) \_\_\_\_\_ EMAIL \_\_\_\_\_ (OPTIONAL)

\* To opt-out of delivery of the Sacramento Bee, simply check this box

**MAIL YOUR PAYMENT TO:**  
MESSENGER PUBLISHING GROUP  
7144 FAIR OAKS BOULEVARD, SUITE 5  
CARMICHAEL, CA 95608 **CT**

*\*Some delivery restrictions may apply.*

As a valued Carmichael Times subscriber, you receive the Sunday Sacramento Bee as part of your subscription. **BOTH NEWSPAPERS FOR ONLY \$25 FOR 6 MONTHS!**

## IT'S THE PERFECT COMBINATION!

Offer available to new and current subscribers. To take advantage of this unique opportunity please call (916) 773-1111.



Television Listings for the week of July 17-July 22

FRIDAY EVENING

JULY 17, 2015

Table of television listings for Friday, July 17, 2015. Columns include time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and various channels (ABC, CBS, NBC, FOX, etc.) with program titles.

SATURDAY EVENING

JULY 18, 2015

Table of television listings for Saturday, July 18, 2015. Columns include time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and various channels (ABC, CBS, NBC, FOX, etc.) with program titles.

SUNDAY EVENING

JULY 19, 2015

Table of television listings for Sunday, July 19, 2015. Columns include time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and various channels (ABC, CBS, NBC, FOX, etc.) with program titles.

MONDAY EVENING

JULY 20, 2015

Table of television listings for Monday, July 20, 2015. Columns include time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and various channels (ABC, CBS, NBC, FOX, etc.) with program titles.

TUESDAY EVENING

JULY 21, 2015

Table of television listings for Tuesday, July 21, 2015. Columns include time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and various channels (ABC, CBS, NBC, FOX, etc.) with program titles.

WEDNESDAY EVENING

JULY 22, 2015

Table of television listings for Wednesday, July 22, 2015. Columns include time slots (8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and various channels (ABC, CBS, NBC, FOX, etc.) with program titles.

THANK A VETERAN TODAY

COMMUNITY TABLE AmericanProfile CELEBRATE WITH US AT COMMUNITYTABLE.COM LISTINGS BY FYI TELEVISION, INC.

MPG CALL (916) 773-1111 TO ADVERTISE www.CarmichaelTimes.com



# INSIDE BASEBALL

A WEEKLY TURN AROUND THE BASES

» IMPROVING THE ALL-STAR GAME

» MLB POWER RANKING

» ADAM JONES OWNS MAX SCHERZER

» LOOK BACK AT 2014 MIDYEAR RANKING

## Let's Revamp the All-Star Game



**Charlie Miller**  
Athlon Sports  
Baseball Editor  
@AthlonCharlie

This is the 14th season that the All-Star Game has “counted.” If you recall, way back in 2001, both teams ran out of pitchers and the game ended in a 7-7 tie after 11 exciting innings, leaving fans at Miller Park and TV viewers disappointed, to put it mildly.

So, in all his wisdom, Commissioner Bud Selig — along with TV executives — led efforts to bring some “meaning” back to the All-Star Game, as if the real meaning of an exhibition for the fans had ever left. The result, of course, is that the All-Star Game now determines home-field advantage for the World Series.

I don't understand how players and teams accept determining home-field advantage by teams elected by the fans in a popularity vote.

With the starters voted in by the fans, some players elected by a survey of players, and other reserves selected by the managers, how can we expect the best of each league to be there? And without the best vs. the best, how can we use this game to determine home-field advantage?

The All-Star Game no longer reflects the way the game is played on a daily basis. Again, how can we allow a game in which no pitcher will log more than a couple of innings to have such a significant effect on the World Series? And managers take great pains to get everyone in the game. Either the All-Star Game is an exhibition in which every player gets in, or it's a serious, must-win game. Straddling that line just doesn't work.

Here are my suggestions to improve the All-Star Game for the fans.

### 1) Keep it an exhibition game

I know that players treating this game as meaningless is what caused MLB to overreact in the first place. But here's a thought: Tie players' foundations to the game. Most players have a cause they support, and if they don't already, being selected to play in the All-Star Game would give them a reason to find a cause. Only foundations and charities of players who participate will benefit. Winning players' foundations will benefit more than those of the losers. How many players will beg out of an opportunity to boost their charitable work? No more than are begging out now.

### 2) Restructure the voting

I like giving the fans a say in selecting players. I'm okay with fans selecting the starters. But rather than allowing every player to be nominated, narrow the field for the fans. Begin the voting process on June 5 with only six players on the ballot at each position, nominated by the players and managers. This would prevent undeserving players—like Omar Infante of the Royals this season—from being elected to start.

### 3) Reduce the roster

Do we really need 34 All-Stars from each league? If you take 10 pitchers and have one sub for each position, that would be 26 players. Add four to make it an even 30. I know it's a small change, but it will allow for some stars to play deeper into the game, which would be a good thing, in my opinion.

### 4) Fine-tune the Home Run Derby

I'm not a fan of the Home Run Derby, but I understand the popularity. Open the festivities on Monday night with the Home Run Derby with a few tweaks.

First, I would create second and third levels in the stands in the outfield that would offer bonus points for hitting longer home runs. In some stadiums, this could simply be the upper decks. But the hitters should be rewarded for longer, more prodigious clouts. After all, the longer the home run, the more fans seem to get excited. I would make the third level almost impossible to reach. The scoring would be simple and easy for fans to grasp. A point for a home run in the first level, reaching the second level would be three points and the third level even more.

Secondly, I would divide the home run area into nine sections from foul pole to foul pole. Hitters would receive bonus points for each section reached with home runs. That rewards hitters who have power to



The MLB All-Star Game brings the biggest stars of the game together on the same team. The great Hank Aaron (left) and Willie Mays enjoy time together prior to the 1970 All-Star Game in Cincinnati.

all fields. Again, simple scoring would reward hitters a bonus point for hitting a home run into a second section. Then maybe even two bonus points for the third section. Seeing guys trying to go oppo could be fun. I welcome the bracket aspect of the derby this year. But I would suggest three innings for each match, and allow only three “outs” per inning.

I would play the final round like the old Home Run Derby of the 1950s. The two players would alternate for nine innings to determine the champion. I think that would add drama.

### 5) Make it a complete All-Star week

Or at least four full days. After the Home Run Derby on Monday night, I would play the Futures Game the night before the main event. I really like the idea of the Futures Game. It's a terrific way to reward prospects and give the fans a glimpse into the future, so I wouldn't change much other than the timing and pitting American League prospects vs. National League prospects—not World vs. U.S. The Futures Game should be played at the site of the All-Star Game on Tuesday night, in prime time, when there's no other baseball, rather than on Sunday afternoon opposite a full slate of games as it is now. After the All-Star Game on Wednesday, honor the past with an Old-Timers All-Star Night. That would be an outstanding opportunity to honor the past and give retired players another moment in the spotlight. Rather than having the recently retired John Smoltz face an aging Willie Mays, have a three-inning game with older players from the 1950s and '60s. Then have a seven-inning version with more recently retired players like Cal Ripken, Barry Bonds, Mark McGwire, Chipper Jones, Pedro Martinez, Greg Maddux, Smoltz and Tom Glavine. You think fans wouldn't flock to see those guys in uniform one more time?

Oh, and the solution for home-field advantage for four games in the World Series? How about taking the most wins in interleague play? After all, that seems to be a more fair and accurate way to judge the better league anyway.

### AROUND THE HORN

The Indians are just 5-14 in reigning Cy Young winner **Corey Kluber's** starts. But it isn't all about Kluber's ineffectiveness. Cleveland has been shut out three times in his starts, scored just one run another three times and tallied two runs four times. Kluber has, um, “enjoyed” the worst run support in baseball this season. In the three shutouts, the Indians were victimized by Dallas Keuchel, Jeff Samardzija and Sonny Gray...The Cubs' **Chris Coghlan's** consecutive games played streak ended last week at 150. The new active leader is Kansas City's **Kendrys Morales** at 123...The Cubs' **Jake Arrieta** ended the first half on a roll. Over his last five starts, the righthander is 4-0 with a 1.13 ERA, 34 strikeouts and just 21 hits and four walks allowed. If the Cubs are to attain equal status with St. Louis, Arrieta could play a huge role. For his career, he owns a 1.63 ERA and 1.047 WHIP in nine starts against the Redbirds... **Mark Buehrle**, a 38th-round draft pick of the White Sox in 1999, has now won at least 10 games for 15 consecutive seasons. He's also logged at least 200 innings for the past 14 seasons and is well on the way to doing so again this season.

Last year's MLB Power Ranking at the All-Star break: A year can make a huge difference...

1. A's
2. Brewers
3. Dodgers
4. Angels
5. Braves

Or, some things stay the same...

26. Padres
27. Cubs
28. Diamondbacks
29. Phillies
30. Astros

### NUMBERS GAME

# .500

As good as Max Scherzer has been this season and over his career, **Adam Jones** of Baltimore has the Washington ace figured out. After homering twice off of Scherzer on Sunday, Jones is now hitting .500 with a 1.500 OPS after 22 regular-season at-bats against Scherzer in his career. That's Jones' highest average against any pitcher with as many as 20 at-bats.



### TURN BACK THE CLOCK

July 18, 1961

The Milwaukee Braves pull off a double steal and triple steal in the same inning. With Cincinnati's Jim Maloney on the mound and Johnny Edwards behind the plate, Hank Aaron steals third and Joe Adcock second with Joe Torre at bat. After a walk to Torre, the three pull off a triple steal with Aaron stealing home for the only time in his career.

### TRIVIA CORNER

You may have noticed that there are no Yankees or Red Sox in the starting lineup for the 2015 All-Star Game. For many fans, that's not a big deal. But do you know the last year there were no American League starters from either Boston or New York in the All-Star Game?



Written and compiled by Charlie Miller.  
Follow Charlie on Twitter: @AthlonCharlie.  
Email: Charlie.Miller@athlonsports.com

Starlin in the All-Star Game.  
TRIVIA ANSWER: 1945 was the last time neither team had a starter in the All-Star Game.

Photos: Aaron/Mays: Getty Images;  
Jones: Newscom

### ATHLON SPORTS POWER RANKING

1. **Cardinals** All-Star break coming at a good time for reeling Redbirds.
2. **Pirates** Bucs treat Cardinals rather rudely with a pair of walk-offs.
3. **Royals** Enter break 4.5 games better than rest of American League.
4. **Dodgers** Good for baseball that Clayton Kershaw will be at All-Star Game.
5. **Angels** Angels have been rocking since GM Jerry DiPoto resigned.
6. **Nationals** Won 14 of last 20 heading into the break.
7. **Yankees** Beginning to create a little space above AL East foes.
8. **Mets** Non-pitchers hitting just .237.
9. **Astros** Torrid start turns into horrid July.
10. **Twins** Second-best record in AL.
11. **Cubs** Anthony Rizzo, Kris Bryant give HR Derby a Cubs flavor.
12. **Rays** Swept by first-place Royals last week, then swept Astros.
13. **Giants** Nothing helps a team get well like hosting the Phillies for three games.
14. **Blue Jays** Will Jays make a big splash at the trade deadline?
15. **Orioles** Will O's make a big splash at the trade deadline?

16. **Tigers** Who will pick up slack for loss of Miguel Cabrera?
17. **Red Sox** As miserable as season has been, Sox not out of it.
18. **Rangers** Limped home at the break, losing 15 of 20.
19. **Diamondbacks** Snakes are well within striking distance of NL wild card.
20. **Braves** Losing closer Jason Grilli for season is a huge blow.
21. **Padres** One game better than last season after 90 games.
22. **Mariners** Alternated wins and losses for last 12 games.
23. **A's** 8.5-game deficit is not insurmountable.
24. **Indians** Last 14 games: pitchers have 116 Ks, allowed only 82 hits, 24 walks.
25. **White Sox** Would-be sellers at deadline suddenly climbing in standings.
26. **Rockies** Sweep of Braves ends sour first half on a high note.
27. **Reds** How soon will Reds begin rebuilding?
28. **Brewers** Adam Lind could be a nice trade chip.
29. **Marlins** Now both All-Star starters on shelf with injuries.
30. **Phillies** Long, arduous season getting worse in Philly.



**ESKATON**  
Transforming the Aging Experience

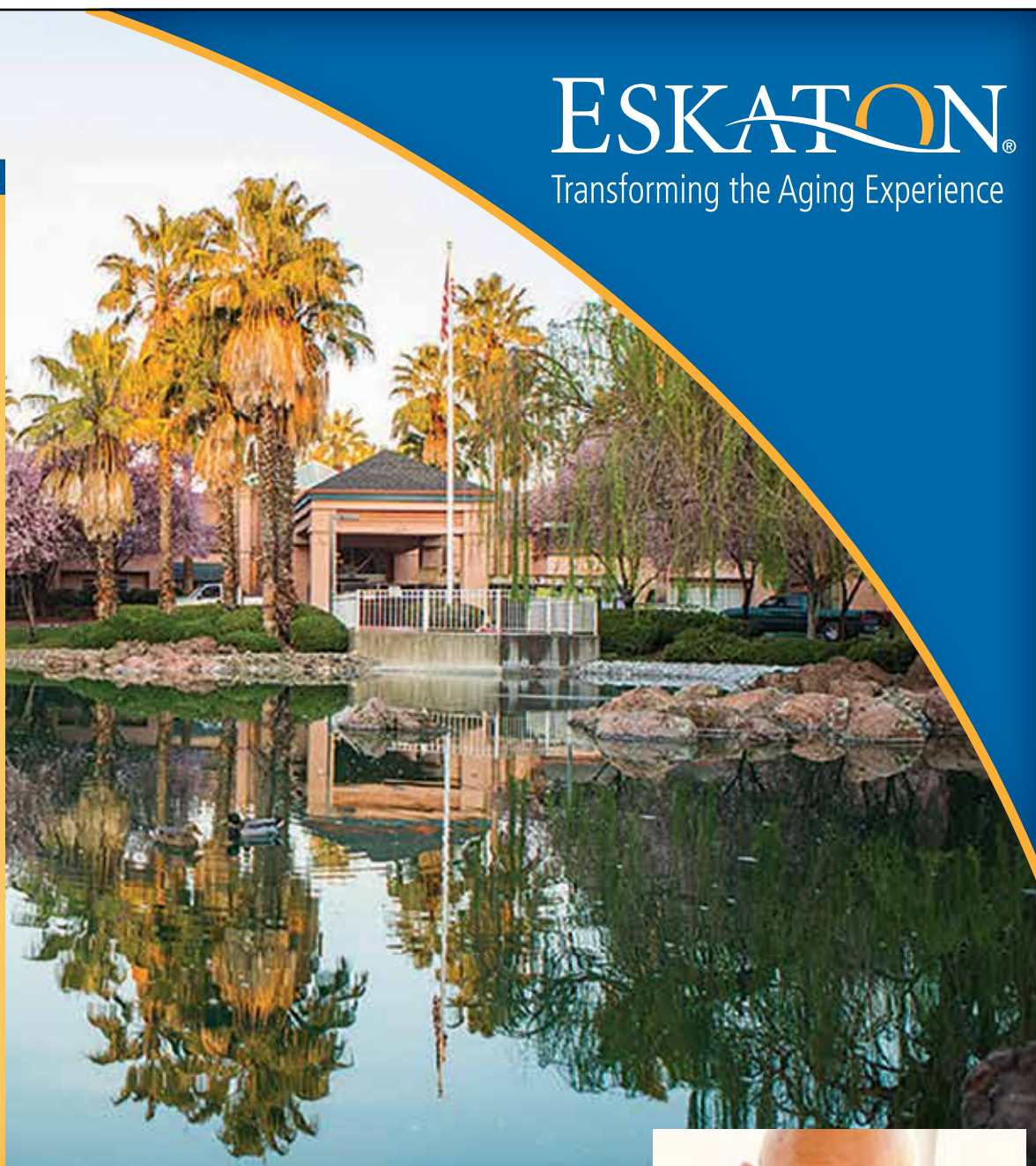
CONTINUING CARE RETIREMENT COMMUNITY

## Discover the magic of the Eskaton Village Carmichael lifestyle

### Eskaton Village Carmichael Summer Home Tours

Lunch is on us. Reserve your spot today.  
Call for dates in July and August

Tour at 10:30 a.m. Complimentary lunch will be served  
afterward. Tour size is limited. Reserve a spot for  
yourself and a guest by calling 916-967-1017 today.



## Take a look around.

If you are ready for more freedom, but want more than month-to-month rental ... If you want spacious apartment or cottage living and the assurance of staying in your community should your health needs change ... If you want luxury, comfort and service in a gated retirement community at a price that's more affordable than you might think ... Come to a Summer Home Tour at Eskaton Village Carmichael.

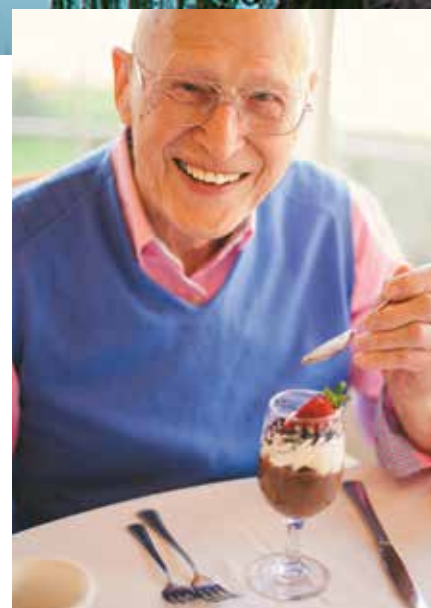
Take in our beautiful 37-acre campus and imagine your life with so many exciting opportunities right outside your door.

Your community. Your life. **Your choice.**

[eskaton.org](http://eskaton.org)

**Eskaton Village Carmichael**  
Continuing Care Community (CCRC):  
Independent Living with Services, Assisted  
Living, Memory Care and Skilled Nursing  
3939 Walnut Avenue Carmichael, CA 95608  
916-967-1017

License #340313383 / COA #202



A leading nonprofit provider of aging services in Northern California since 1968

## The Exciting New World of Implant Supported Dentures

• *Has the Security of a Fixed Bridge!* • *Easier to Maintain Good Oral Hygiene*

There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



### Now there is a solution to these issues: Implants with "Snap On" Dentures!

Whether you are new to dentures or have worn them for years, a snap on denture is a great solution to uncomfortable chewing and slippery painful dentures. There are several types of snap on dentures available, including snap on partials. We make your denture or partial fit and function in harmony with the space available in your mouth, and give custom attention to the delicate fabrication of your snap on denture.

A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.



If you already wear a conventional denture or partial denture, we can sometimes use your denture to accommodate the snaps to fit on your new dental implants.

If you are interested in learning more about improving your quality of life with an implant retained snap on denture or partial, please contact us for a **FREE CONSULTATION** today!

**\$1,500 Off**

**2 implants with 2 attachments  
to upper/lower denture**

**Carmichael Dental Group**

**(916) 944-1197** [www.YourCarmichaelDentist.com](http://www.YourCarmichaelDentist.com)

**8329 Fair Oaks Blvd., Ste. A  
Carmichael, CA 95608**