



## Where Have All the Fathers Gone?

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EXCLUSIVE!

## LADY ANTEBELLUM: A TRAVELING FAMILY

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# Carmichael Times

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June 19, 2015

### WHAT MEMORIES MAY COME



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### COUCH THEATER

Timbuktu



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### RIGHT-SIZE PLANT PICKS FOR GARDENING SUCCESS



Page 13

## ACS Shops Mark Milestone

Local Store is Top Fundraiser, Raises Almost \$14K



Bernie Woo, Tommie Vaca, Frances West, Dave Zeitz, and Wilma Boland (left to right, top photo) were among many volunteers celebrating their shop's birthday and statewide ranking. Over 30 years, the Marconi Avenue outlet has raised over \$12 million to fight cancer. The Kindest cut (left). American Cancer Society executive David Veneziano (center with scissors) gets assistance from Sacramento Supervisor Susan Peters at the society's recent Discovery Shop anniversary celebrations.

Story and photos by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - A snip without surgery last week helped cancer sufferers and honored one of the American Cancer Society's (ACS) top resale stores.

Hosted by the Carmichael Chamber of Commerce, a ribbon cutting at Sacramento's Discovery Shop (2708 Marconi Avenue) launched a record fundraising weekend. Since its opening, the store is credited with \$12 million through sales of "gently used" goods. *Continued on page 4*

### Trophy Club Tickets for 2015 U.S. Senior Open Championship Sold Out

Ticket Options, Including Weekly and Daily Admission, Are Still Available

**SACRAMENTO REGION, CA (MPG)** - The 2015 U.S. Senior Open Championship, conducted by the United States Golf Association (USGA), has announced that all Trophy Club tickets have been sold. The 36th U.S. Senior Open will be held from June 22nd through 28th at Del Paso Country Club in Sacramento.

"The early sell out of the Trophy Club Pavilion is evidence of the great enthusiasm the Sacramento area has shown for this major championship," said Director of USGA Championships Matt Sawicki. "We are thrilled by the response and support shown and know this will lead to a successful championship."

The Trophy Club is an upgraded ticket that allows access onto the grounds and into an air conditioned public hospitality area located near the 17th hole. The demand for this ticket was extremely high and marks the first time in recent U.S. Senior Open history that this type of ticket has sold out weeks prior to the championship.

General grounds tickets for spectators are still available. Those tickets will allow access throughout the grounds and the grandstands. These available ticket packages include a weekly ticket, a four-pack of single day tickets, and a good-any-one-day ticket.

The single-day grounds ticket is good for any one day during the championship, Monday through Sunday, and is priced at \$39. A four-pack consists of four good-any-one-day tickets with grounds access and is priced at \$109. Weekly ticket packages include individual daily tickets for all seven days (Monday - Sunday) and are available for \$125.

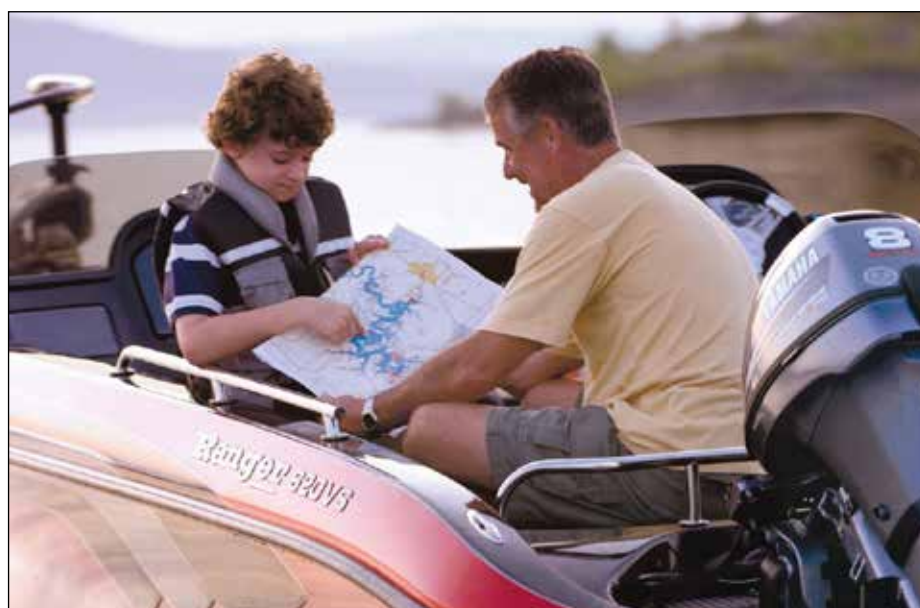
All tickets include complimentary parking at Cal Expo, Monday through Sunday. Practice rounds for the 2015 U.S. Senior Open are Monday, June 15 and Tuesday, June 16. *Continued on page 3*

## Surprise Dad with an Unexpected Day Together

**SACRAMENTO REGION, CA (BPT)** - This Father's Day, rather than sitting dear ol' Dad down and watching him unwrap a new necktie, try showing your appreciation in an unexpected way. Surprise him by spending a fun-filled day together enjoying his favorite activities. After all, doesn't the man who spent hours patiently teaching you to ride a bike deserve something special this year?

When planning out the perfect Father's Day, think carefully about his interests and hobbies. Find a carefree activity that will help you both unwind and catch up. Few bonding moments create lasting memories like a beautiful day of fishing. Consider spending a few hours catching fish and swapping stories to delight Dad with the perfect combination of action and relaxation. Mix in thoughtful gifts throughout the day and wow Dad with a mouthwatering meal as your grand finale and it will be one he won't soon forget.

Set the mood in the morning and get the excitement going by presenting Dad with a new Genuine Thermos Brand 1.2L Vacuum Insulated Beverage Bottle filled with piping



This year, surprise Dad by spending a fun-filled day together enjoying his favorite activities. Photo courtesy of Brandpoint Media

hot gourmet coffee. The perfect accessory to bring along on a fishing adventure, the bottle features a durable stainless steel interior and exterior, which stays cool to the

touch, even when holding hot liquids. The insulation will also keep beverages hot or cold for up to 24 hours, ensuring his drink stays fresh wherever he goes. Plus, a quick burst of caffeine will help him stay alert as he makes his first casts of the day.

As you're loading up the boat to head to Dad's favorite honey hole, be sure to include a cooler packed with energizing munchies made with wholesome and delicious Arla Dofino cheeses. Cut off lengthwise pieces of creamy, buttery

Havarti in fun flavors like dill and jalapeño to create a hearty, easy-to-eat cheese snack (so he can keep his other hand on the fishing pole). Bring along buttery, rich, and slightly sweet Gouda cheese to cut into bite-sized wedges or cubes that can take trail mix to the next level or pair perfectly with crisp fruit and whole grain crackers. You can also include a couple of wraps to have on hand for lunchtime: turkey with Havarti slices or roast beef with Gouda slices are two naturally good combinations.

**"Once on the water, watch Dad's face light up when he opens up his tackle box and finds it stocked with two of the hottest lures to hit the water in years."**

Once on the water, watch Dad's face light up when he opens up his tackle box and finds it stocked with two of the hottest lures to hit the water in years. The new Rapala Shadow Rap Series will have Dad hauling in hawks like never before with an action the pros have dubbed "the death quiver." As a minnow is dying, it struggles, lunges in erratic jerking motions, then falls with a slow, quivering fade—just like the Shadow *Continued on page 3*



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# Chamber Bash Boosts Businesses



Story and photo by Susan Maxwell Skinner

**CARMICHAEL, CA (MPG)** - Uniting area merchants, four chambers of commerce recently joined forces at Northridge Country Club in Fair Oaks. More than 200 business people from Carmichael, Citrus Heights, Fair Oaks, and Orangevale swapped cards and visited vendor booths.

The annual event allows greater visibility for members of participating chambers. Business leaders in attendance included (from left to right) Jay Hornbuckle (Citrus Heights Chamber executive), Sam Swenson (Orangevale Chamber president), Linda Melody (Carmichael Chamber executive), Jim Bielgard, (Orangevale Chamber vice-president), and Kim Pitillo (Fair Oaks Chamber executive). ★

# Tips for Growing a Water-Conservative Garden



Make certain the water gets to the roots of your plants via a drip-irrigation system. Photo courtesy of Brandpoint Media

**SACRAMENTO REGION, CA (BPT)** - Families can decorate their homes with colorful flowers and bring healthy, home-grown foods to the table with gardens. Gardening, however, can use quite a bit of water, and in states struck by drought it's important to conserve as much water as possible.

If you're living in an area of the country under drought advisement, you can still have a garden this year if you carefully plan what you plant, how you plant it, and how you give it the water it needs. Here are some water-conservation tips for growing a garden and using the least amount of water possible:

- **Choose plants that thrive in drier conditions.** Vegetables like corn, spinach, mustard greens and some beans are drought-tolerant, and desert rose and snake plant are beautiful landscaping plants that need less water.
- **Water only where it's needed so it doesn't go to waste.** When you use a lawn sprinkler to water your garden, much of the spray misses your flowers and vegetables and ends up on the grass, the sidewalk or the neighbor's yard. Make certain

the water gets to the roots of your plants via a drip-irrigation system like Raindrip. Raindrip irrigation uses 70% less water than underground sprinklers and frees the user from constantly hauling around hoses because the system stays in your garden all summer long. (The Raindrip kit, found at [raindrip.com/drip-kits](http://raindrip.com/drip-kits) automates the entire process, saving you time and water. Just turn the kit on - without needing to get out the hose - and if you really want to conserve water, set the timer to let the water run for a specific amount of time each day. On rainy days, simply set the timer ahead to the next day so water is not wasted.)

• **Water at night or in the early morning when the sun is least likely to evaporate the moisture.** This allows as much of the water to penetrate to your plant's roots instead of evaporating.

• **Build beds that encourage soil to stay damp as long as possible.** Some ways to do this include digging the bed deeper to help loosen the soil prior to planting. This gives roots the chance to go reach deeper and

gain access to where water might be more available. Also, once planted, cover the bed with a good layer of mulch or compost. This will help keep the soil good and moist.

• **Raise vegetable crops during the rainy season.** Many areas of the country have a cooler rainy season. Peas, leafy greens, radishes and other vegetables with short growing seasons are great for planting early in the spring and sometimes again late in the fall. Because temperatures are cooler and the early and late seasons tend to produce more rainfall, you can grow vegetables using less water.

Drought affects all areas of the country during different years, so even if you aren't living in a drought situation now, you could experience one next year or several years down the road. It's important to know what steps you can take to be more water conservative when it comes to your garden. Apply these tips to your vegetables and flowers this year to see how successful you can be at reducing the amount of water needed to grow your plants.

Source: Brandpoint Media ★

# Governor Brown Issues Statement on Federal Drought Aid

**SACRAMENTO REGION, CA (MPG)** - Governor Edmund G. Brown Jr. issued the following statement after President Barack Obama announced new actions and investments to support workers, farmers, and rural communities suffering from drought and to combat wildfires, including \$18 million for the State of California to provide jobs for workers dislocated by the drought:

"The drought has caused more than half a million acres to be fallowed and thousands of farm jobs to disappear. This aid will provide new opportunities for farmworkers and rural communities most impacted by the drought and make the state

more water-efficient and drought resilient."

Governor Brown attended the Metropolitan Water District of Southern California Board meeting earlier this week and met with South Bay water leaders in San Jose last week. He has also convened mayors, business leaders, and top agricultural, environmental, and urban water agency officials from across California to discuss the state's drought and water conservation efforts.

For more than two years, the state's experts have been managing water resources to deal with the effects of the drought and prepare for the

next one. In April, Governor Brown announced the first-ever 25% statewide mandatory water reductions and a series of actions to help save water, increase enforcement to prevent wasteful water use, streamline the state's drought response, and invest in new technologies that will make California more drought resilient.

To learn more about the state's drought response, visit [www.Drought.CA.Gov](http://www.Drought.CA.Gov).

Every Californian should take steps to conserve water. Find out how at [SaveOurWater.com](http://SaveOurWater.com).

Source: The Office of Governor Edmund G. Brown Jr. ★

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# Lady Antebellum: A Traveling Family



Lady Antebellum views their upcoming show as an opportunity to have fun and make a memory with everyone in the audience. Don't miss your chance to be part of that memory.

By Shauna Boyd

## SACRAMENTO REGION, CA (MPG) -

Lady Antebellum will be playing at the Toyota Amphitheatre (2677 Forty Mile Road, Wheatland, CA 95692) on Thursday, June 25th as part of their Wheels Up 2015 Tour. Lady Antebellum will be headlining the show, with Hunter Hayes and Sam Hunt in the lineup.

Lady Antebellum has been playing together for almost nine years; this August will mark the ninth anniversary of their very first show together. In an interview with Messenger Publishing Group, Hillary Scott described the friendship that anchors the band as "a real summer camp vibe." Scott explained that she and bandmates Charles Kelley and Dave Haywood grew up watching VH1's *Behind the Music*, so they were very familiar with the all-too-typical story of successful bands breaking up over petty arguments and egotistical posturing. "So we just learned how to talk to each other, to compromise," said Scott.

When Scott, Kelley, and Haywood began writing songs together, Scott said, "It was like I had met my musical best friends,

**"We get to call this our work, our job, which is weird because it doesn't feel that way—it's our dream."**

**Hillary Scott,  
Lady Antebellum**

my brothers."

After nine years of performing together, Scott said, "We've grown up together. ... When we started, none of us were married, we didn't have any kids. ... There have been a lot of life changes. My husband, Chris, is the drummer now, and our little girl is with us every weekend for the shows that we do. We have a much bigger traveling crew. With every milestone, everything becomes clear, and it's all sweeter because we built our family together. It makes the really hard, long days not as hard because our families are together. We get to call this our work, our job, which is weird because it doesn't feel that way—it's our dream."

Scott attributes their success to their passion for the work, explaining, "It's all about work

ethic. You must be willing to work hard, harder than everyone else. And you have to put yourself in the right places. ... The center of whatever you're passionate about is where you need to be. And you need to know that there's always more to learn, you can always learn something new from anyone you meet, whether it's what to do or what not to do; you have to push yourself to grow."

Over all these years together, after many albums and a variety of accolades, Scott still likes to look back at the path they have all traveled together: "It's fun to look back; it's like going back and reading an old diary or journal. We pour our own lives into these albums, into these songs, so it's like traveling down memory lane and seeing where we were in our lives. It's good to look back at where you've come from; it gives you the clarity to see where you can go."

Lady Antebellum views their upcoming show as an opportunity to have fun and make a memory with everyone in the audience. Don't miss your chance to be part of that memory. For tickets and more information, please visit [www.ladyantebellum.com](http://www.ladyantebellum.com). ★



By Pastor Rich Reimer

From the oldest book in the Old Testament comes ancient wisdom for men and father's today: The Book of Job. The man, Job, was a wealthy, God-respecting man with a wife and seven sons and three daughters. He lost it all in one day! In his misery, he reflects upon the kind of man he was before tragedy struck. We find in chapter 29:1-20 his detailed description of his life when he was in his "prime."

First, we see that at the core of this father's life was a spiritual friendship with God. He experienced God's protection and guidance: "the friendship of God was over my tent." Secondly, when his children were alive and well his family life was blessed and prosperous, "my path was

# The Measure of a Man

drenched with cream." Thirdly, he describes the respect he received from the young and old men in his city: City leaders and common people spoke well of him and commended him. Like the old "E.F. Hutton" commercial, when he talked everyone stopped to listen. Job was a man, a father, a respected and liked leader in his community, a man with a spiritual center.

Job then goes on to describe the reasons for such a reputation and blessed existence. He is a benevolent man! He rescues the poor. He assists the fatherless. He comforts the dying. He encourages the widow. He helps the disabled. He is a father to the needy, defender of the stranger, and snatches victims from the wicked. He wears moral righteousness and justice like a coat and hat.

What a measure for fatherhood and manhood! Here is a man, a husband, a father, a leader in his community who lives out of a spiritual friendship with God, who values justice and morality, who sees those in his community

who are powerless and marginalized. He doesn't retreat. He takes compassionate action. He uses his position and power in the community to directly intervene in the lives of the needy.

Benevolence is a disposition to do good, to act with kindness. This is but one measure for manhood and fatherhood and I commend it to all men. Start by putting God at the center of your life. Stop using your resources to increase your luxurious lifestyle. Open your eyes to the poor, the powerless, and the marginalized. Let genuine compassion and your innate sense of justice fuel direct action and intervention in human suffering and misery. The second meaning of the word benevolence is "a generous gift." On this Father's Day, don't focus on receiving gifts but being a gift to the needy around you. ★

*Reverend Richard Reimer,  
Lead Pastor  
American River  
Community Church  
3300 Walnut Ave., Carmichael  
916-483-3465  
Facebook.com/ARCCOnline*

# Surprise Dad with an Unexpected Day Together

Continued from Page 1

Rap. This dynamic, lifelike action keeps the bait in the strike zone longer than conventional jerk-baits, upping Pops' chances of hooking his target game fish.

Promising dramatic strikes with each twitch of the rod, the Shadow Rap swims in the 2-to-4 foot water column, while the Shadow Rap Deep targets fish staging 4-to-8 feet deep. Both models are ready for action with premium VMC hooks and 14 enticing color patterns. Available at sporting goods stores nationwide for less than \$10, it's a small price for a big day of bonding with Dad.

When you get back on the shore after several hours of fishing and soaking up the sun, Dad's stomach is sure to be rumbling again. Feed his wild side by firing up the grill with Jack Link's Wild Side

Sausages. Choose from flavors like Original Hardwood Smoked, a traditional sausage with a peppery kick, or Hardwood Smoked with Cheddar, both made with premium cuts of beef and pork. Or you could give Dad the ultimate wild version of the classic

bratwurst by grilling up Brats with Bacon Jerky. Yes, bacon jerky. It'll create the perfect ending to a fun-filled Father's Day that you've spent in the very best way—together.

Source: Brandpoint Media ★

# Trophy Club Tickets for 2015 U.S. Senior Open Championship Sold Out

Continued from Page 1

22nd through Wednesday, June 24th. Championship rounds are Thursday, June 25th through Sunday, June 28th.

Tickets can be purchased online at [www.2015ussenioropen.com](http://www.2015ussenioropen.com). Ticket prices will increase at the gate the week of the championship. Throughout championship

week, kids 17 and under receive free admission when accompanied by a ticketed adult. Along with free admission, the front row of every grandstand is reserved just for kids.

For more information on the 2015 U.S. Senior Open, visit [www.2015ussenioropen.com](http://www.2015ussenioropen.com).

Source: 2015 U.S. Senior Open ★



**Kids** - come and run for our K9 Officers. The Kids K9 Fun Run for kids 15 and under is \$18. The fee includes a run tee shirt, kids breakfast and medal for each participant. Fee increases to \$25 after 6/20/15

**K9** Officers from the Sacramento PD K9 Unit and other agencies will be on site to pass out trading cards and there will be a demonstration by the K9 Officers after the run. Also, you can have your photo taken with a K9 Officer.

**All** proceeds from this event will benefit three area Police K9 Associations which provide retirement benefits for the K9 Officers. More info on our Website.

**Start** The run begins at 7:30 a.m. at the Garden of Valor at Sierra Hills Pet Cemetery where 48 retired K9 Officers are memorialized.

**Kids K9 Fun Run**

**KIDS BOUNCE HOUSE**

**Date:** Saturday, June 27, 2015

**Where:** Sierra Hills Memorial Park & Sierra Hills Pet Cemetery, 5757 Greenback Way, Sacramento, CA (off I-80 @ Greenback)

**Time:** Gates open at 6:30 a.m. (arrive early for best parking)

**How:** Register online at [www.KidsK9FunRun.org](http://www.KidsK9FunRun.org)

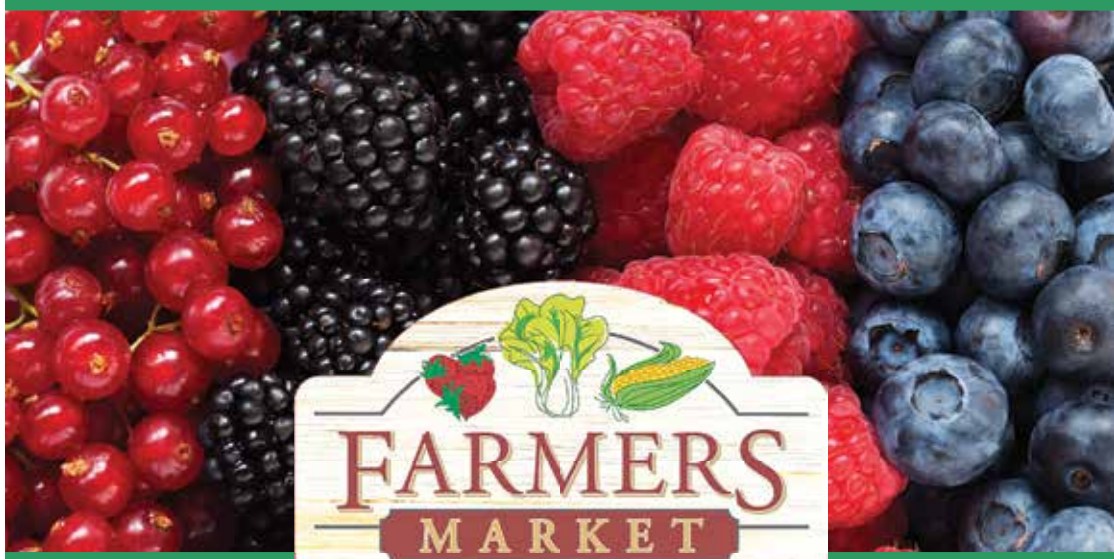
**What:** 7:30 a.m. Kids K9 Fun Run Starts (Rain or Shine!)  
8:15 a.m. Participants breakfast served  
9:00 a.m. Police K9 demonstration  
9:30 a.m. - 11:00 a.m. Vendor and Community booths



**Special Note:** If you would like to have a booth at this event or have any questions, please call Lisa West at (916) 732-2000 or email [lisaw@eastlawn.com](mailto:lisaw@eastlawn.com)

[www.KidsK9FunRun.org](http://www.KidsK9FunRun.org)

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# Free Fall-Prevention Workshops Offered



Currently, 90% of community-dwelling older adults aspire to age in place, but a fall could drastically change any independent lifestyle. Education, exercise, and early detection of risk are the easiest ways to prevent falls. Photo courtesy of Eskaton

**CARMICHAEL, CA (MPG)** - Every year, one in three adults over the age of 65 falls. Dignity Health Mercy San Juan Medical Center reports that 61% of patients seen in 2014 for a ground-level fall injury were age 65 or older.

The occurrence of falls has reached epidemic proportions. Falls are the leading cause of both fatal and nonfatal injuries among older adults and 20% to 30% of people who fall suffer moderate to severe injuries that limit independence.

Currently, 90% of community-dwelling older adults aspire to age in place, but a fall could drastically change any independent lifestyle. Falls are not a normal part of aging, and lifestyle can greatly influence risk. Implementing a fall-prevention strategy can significantly reduce risk of falling.

"Education, exercise, and early detection of risk are the easiest ways to prevent falls," says Kelly Ward, MSG, renowned fall prevention expert and consultant.

Ward has been instructing fall-prevention workshops for older adults within the community for over 15 years. She is

currently working with Eskaton and Mercy San Juan Hospital to educate the community about the importance of fall prevention.

"Eskaton is committed to expanding fall prevention classes for all older adults in the region, and we hope to raise awareness that prevention is key to maintaining the lifestyle you desire," says Sheri Peifer, Eskaton's chief strategy officer.

"Falling can instantly change a person's life and rob them of their independence," says Ward. Taking simple steps to prevent falls will not only decrease fall risk but also increase health and wellness.

Everyday tasks can become a potential risk as mobility and balance decline. Becoming cognizant of these changes is half the battle. Implementing consistent exercise into a person's routine can help improve strength and balance and help reduce risk.

Older adults who have already fallen are at an even higher risk of falling again due to psychological fear.

These people tend to reduce their regular activity, which leads to muscle weakness and

a higher likelihood of falls. Conquering this fear is possible with supportive training and guidance.

"Becoming aware of yourself and your environment is key to preventing falls," says Ward. The fall prevention tool kit is simple: get educated, get assessed, and get moving.

The public is invited to join Kelly Ward for a series of fall prevention workshops hosted by Mercy San Juan Hospital and Eskaton, a leading nonprofit provider of community living and home-based support for older adults.

Workshops will be held on Monday, June 22nd from 2 p.m. to 3:30 p.m. and on Monday, July 13th from 10 a.m. to 11:30 a.m. at Mercy Physicians Plaza Building (Room 150, Lukens Conference Room), 6555 Coyle Avenue, Carmichael, CA 95608.

There will also be a workshop held on Monday, July 6th from 10 a.m. to 11:30 a.m. at Eskaton Fountainwood Lodge, 8773 Oak Avenue, Orangevale, CA 95662.

Space is limited. Call Therese ten Brinke at (916) 334-0810 to RSVP today.

Source: Eskaton ★

# ACS Shops Mark Milestone

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30-year total tops figures for 40 Californian stores.

Cancer Society executives, supporters, and dignitaries enjoyed a celebratory breakfast; customers indulged a weekend-long shopping spree that set records for sales. On Friday alone, 237 visitors gleaned bargains from store shelves. By the time doors closed on Sunday, nearly 700 people (more than double the normal weekend count) had passed through, and close to \$14,000 had been raised through sales.

"Our customers got into the spirit of our celebration," said store manager Alice Mentelos. "They weren't just getting bargains; they knew they were helping an important cause."

Nationwide, Cancer Society shops have raised over \$308 million in 50 years. "Our stores are windows of opportunity,"

**"Our customers got into the spirit of our celebration. They weren't just getting bargains; they knew they were helping an important cause."**

**Alice Mentelos, Store Manager**

says ACS state executive David Veneziano. "They raise funds and they raise awareness. People here provide life-saving information to countless visitors."

The Marconi Avenue outlet has a roster of 165 unpaid staffers, ranging in age from 20 to 90 years old. Last week's celebration honored two who have volunteered since the 1985 opening: Helen Mahony and

Rita Schroeder. "The store is a home away from home for these ladies," says manager Mentelos. "By volunteering here for over 30 years, Helen and Rita raised a lot of income. They're also invaluable mentors for new volunteers."

County Supervisor Susan Peters, whose husband died from cancer, shared pride in the store's achievements: "When I was an ASC volunteer 30 years ago, I helped find the (Marconi Avenue) site for the shop," she said. "At the time, we had no idea how a Discovery Shop would do here. It's wonderful that they've been such a success. They give hope in the war against cancer."

Anyone can donate items to the Discovery Shop. New volunteers are also welcomed. For information, go to [www.discoveryshop-sacramento.org](http://www.discoveryshop-sacramento.org). ★



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**Email: [info@aeshop.com](mailto:info@aeshop.com) • [www.aeshop.com](http://www.aeshop.com)**

**Monday - Friday: 8:00 a.m. - 5:00 p.m.**

**Saturday: By appointment • Sunday: Closed**

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**ARIES (March 21 to April 19)** Choosing to work with someone you once thought might have been disloyal is a courageous move. The logical next step is to talk things out so there'll be no reason for raising suspicions again.

**TAURUS (April 20 to May 20)** Take your time making a decision about a personal or work-related relationship. New facts are still coming in, and you'll want to know the full story before you take a definitive step.

**GEMINI (May 21 to June 20)** Expect to learn something new about an old problem. This could provide some insight into how the problem began, and why it still defies efforts to find a resolution. Good luck.

**CANCER (June 21 to July 22)** An uneasy work-related relationship can be eased with compromises by both sides. The parties might consider putting the agreed-upon changes in writing in case of a future misunderstanding.

**LEO (July 23 to August 22)** Oh, you lucky Felines: Your romantic aspects are in absolutely purrrfect form. Don't be surprised at how especially attentive the ladies and gentlemen in your life are going to be this week.

**VIRGO (August 23 to September 22)** Looking to prove yourself in a difficult situation

is laudable. But try paying more attention to advice from experienced contacts. It could help you avoid time-wasting missteps.

**LIBRA (September 23 to October 22)** A business decision seems easy enough to make based on what you know. But this week could bring new facts to light, and you might have to do some heavy rethinking.

**SCORPIO (October 23 to November 21)** Feeling sure about the steps you expect to take is great. But you may need to share a few dollops of that confidence with those who have some doubts about your plans.

**SAGITTARIUS (November 22 to December 21)** A sense of well-being dominates much of the week. A slightly depressed mood could set in on the weekend. But being with family and friends helps shoo it away.

**CAPRICORN (December 22 to January 19)** You appear to be walking your life's path like the sure-footed Goat you are. But someone might feel you could do better. Listen to the advice, but make up your own mind.

**AQUARIUS (January 20 to February 18)** With positive signs growing stronger, Aquarians could find themselves facing choices that are each too good to turn down. Best advice: Go for the one you feel most comfortable with.

**PISCES (February 19 to March 20)** Someone you know might need your com-

fort and wisdom during a particularly difficult period. Your encouraging words help restore self-confidence and rebuild strength.

**BORN THIS WEEK:** Your kindness to all who need you is always appreciated and sets a fine example for others to follow.

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**Strange BUT TRUE**

- Three of the first five presidents of the United States -- John Adams, Thomas Jefferson and James Monroe -- died on July 4.
- King James VI of Scotland was also, after the crowns of England and Scotland were united in 1603, King James I of England. He may have been doubly noble, but those who study such things say that his personal habits would not have been out of place in a commoner of the time period. He reportedly never bathed, claiming that baths were an unhealthy practice, and he would wear the same clothes for months on end.

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**The Garden Bug**  
BY BRENDA WEAVER

Raise awareness for pollinating animals such as bees, birds, butterflies, bats, beetles and others during **National Pollinator Week (June 15-21, 2015)**, an international celebration of the important services provided by these creatures to ecosystems around the world. Go to [pollinator.org](http://pollinator.org) for events and resources.

ABOVE: Official logo  
LEFT: Poster available through [pollinator.org](http://pollinator.org)



By Sam Struckhoff  
EDITOR'S NOTE: DVDs reviewed in this column will be available in stores the week of June 22, 2015.

**PICKS OF THE WEEK**



Ibrahim Ahmed "Timbuktu"

**"Timbuktu" (PG-13)** - In the rolling dunes of Mali, alongside centuries-old cultural artifacts, families face the threat of fundamentalism forcing its way into the rhythm of life. Kidane (Ibrahim Ahmed) lives simply, herding livestock with his wife, daughter and an adopted child who helps with the work. At the outset of the film, foreign jihadists are shown using priceless relics for target practice. The pastoral scene is infested with newly arrived clerics and heavily-armed young men enforcing rules against everything from music and clothing to soccer and socializing. Director Abderrahmane Sissako creates an enchanting portrayal of fully realized, authentic-feeling characters. Even with the jihadists, you feel like there are real humans under the monstrous deeds. It's a movie that radiates importance and love for life, without burdening the audience with heavy-handed delivery.

**"Survivor" (PG-13)** - Milla Jovovich stars as a London-based American security agent. We're not exactly sure what kind of agent, but she screens visas and rides a motorcycle. She survives a terrorist bombing, and now everyone thinks she's responsible. The real bad guys send Pierce Brosnan -- an expert assassin who looks a little groggy -- to kill her while some boring

exposition unfolds. Jovovich has to thwart a terrorist plot before the ball drops on New Year's Eve in Times Square, but just like in real life, it's an overhyped event that has most viewers asleep before the end. Brosnan is usually pretty successful in his non-Bond espionage roles, but he doesn't seem to relish this one. The action sequences mostly revolve around Jovovich running, when her specialty lies more in butt-kicking.

**"The Forger" (R)** - John Travolta's performance in this heist flick/family drama is unbelievable. As tough-guy art forger Ray Cutter, his sensitive painting talent, his hard-boiled fighting skills, and especially his Boston accent, are thoroughly unconvincing. Ray cuts a deal with Keegan the crime boss (Anson Mount). Keegan will help get Ray an early release from prison, and Ray will forge a Monet painting and swap it with the real-deal in the museum. Ray makes the deal so he can spend some time with his teenage son who has a terminal brain tumor, which doesn't make much sense, because forging a masterpiece typically takes a while.

**"If You Build It"** - This documentary traces an innovative educational program that puts students in charge of increasingly challenging and meaningful building projects. Architects Emily Pilloton and Matthew Miller run "Studio H," the hands-on program that teaches kids to make good things with their hands to improve their communities and the lives of others. Running without proper funding -- it's grants, credit and no salary for a year -- the students build a new farmer's market for their struggling North Carolina town. It's not an easy trip or a perfect program, but the film looks into an inspiring story of hard work and improvement.

**TV RELEASES**

- "Ripper Street: Season Three"
- "Young Hercules: The Complete Series"
- "Workaholics: Season 5"
- "Joan Rivers Box Set"
- "Garfunkel & Oates"
- "The Campbells - The Complete Series"

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by HEALTHY EXCHANGES

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In a medium bowl, combine sour cream, mayonnaise and bacon bits. Add lettuce and tomato. Mix well to combine. Spread mixture over crackers. Makes 6 (1/4 cup) servings.

★Each serving equals: 53 calories, 1g fat, 3g protein, 8g carb., 371 mg sodium, 0g fiber; Diabetic Exchanges: 1/2 Starch/Carb.

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Thought for the Day:  
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-Lewis Perelman

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# Where Have All the Fathers Gone?



I cannot help but believe that some of the problems we are having in our society today would not be such a problem if we had fathers. How many families are there where children grow up not knowing their father? No wonder they have no respect for authority.

**Dr. James L. Snyder**

Around this time of the year, my thoughts wander back to my father. He has been gone quite a spell but his memory lingers. I often wonder what he would think of what is happening in our world today if he were to come back.

I grew up with a father who believed in being the father. I confess he was not always right all the time, but what he said was law in our house. That is, of course, unless his wife contradicted him. Then it was time for us kids to seek sanctuary outside where we could not hear what was going on.

I cannot help but believe that some of the problems we are having in our society today would not be such a problem if we had fathers. How many families are there where children grow up not knowing their father? No wonder they have no respect for authority.

Although my father was not a very well educated person, he knew how to use the Board of Education on the Seat of Learning for all of us children. Some of the stuff he did back in "the day," would bring him some real legal problems today.

For example, my father believed he had the right to be judge, jury, and executioner concerning the things in his children's life, with no appeal to a higher authority.

In the kitchen hanging next to the door to go outside was a very interesting parenting tool, at least in my father's eyes. It was a paddle with a religious inscription, "I Need Thee Every Hour." The inscription was quite true to the reality of life in our home.

Spanking was a routine exercise in our home. My father had the idea that if you were in trouble in school you were also in trouble at home. He had this fantastic idea that the teacher was right and I was wrong. I guess he knew me and that I could take a

little bit of truth and spin it into a lie. I wonder who I learned that from...

Several times I got in trouble at school, which involved a spanking down at the principal's office. The first time this happened, I well remember walking into the kitchen and saw my father standing there holding in his hand that infamous paddle. Within a few moments, the paddle was doing its duty and I was doing the "paddle dance."

After the paddling, my father sat down with me and said, "Okay, what trouble did you get into at school requiring the principal to paddle you?"

I wished he had asked me before the paddling, because now I had no incentive whatsoever to lie. Looking back, maybe that was the whole purpose of the paddling.

I well remember one time out in the backyard I did something requiring parental action. My father looked at me and said, "Go get me a switch. You need to be taught a lesson."

At the time, I thought it was funny, however, after the fact I could see no humor whatsoever in it. I went to get the "switch," according to my father's instructions and came back with a twig. I thought it was funny, but my father had no sense of humor about this. In a few moments, my sense of humor evaporated because my father went and got a switch, which is a whole lot different from a twig, just ask my backside.

Ruminating over these things, I tried to figure out how many spankings I actually got during my lifetime. Let me just say, it was significant. More than that, it taught me respect for authority.

I wonder if some of these young people getting into trouble today ever had a spanking. Of course, today that is completely against PC. My father did not believe in PC, but he did believe emphatically in BS

(Back Side). I think if parents today would focus more on BS than PC, things might be a lot different.

Today, people think those old-fashioned spankings represent cruel and unusual punishment. However, if you look at this generation that has not had an old-fashioned spanking, I think the evidence speaks for itself.

To spank or not to spank, that is the dilemma today. Most gravitate towards the "not to spank" aspect, unaware that they are creating a lot of damage for the next generation.

I must say that my father was not too much interested in what we call "love" today. He was more interested in respecting authority. In fact, as I think about this, when you are respecting authority you are exhibiting love. People today do not know how to love because they do not know how to respect authority.

I think if some of these youngsters could spend a week with my father and his infamous "paddle," they would grow to respect authority. Unfortunately, there is no authority figure in most homes today. Even those homes that have fathers are coerced into believing the father has no real significance in the family.

All I can do is to quote a famous psychologist, "How's that working?"

Well, how is that working?

The wisest man in the world, Solomon, said, "For whom the LORD loveth he correcteth; even as a father the son in whom he delighteth," (Proverbs 3:12).

True love always corrects that which is wrong, especially in the person they love.

*Rev. James L. Snyder is pastor of the Family of God Fellowship, P.O. Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 866-552-2543 or e-mail jamesnyder2@att.net. His website is www.jamesnyderministries.com. ★*

## END OF THE BENCH BY GERRY SCHOLL

Welcome to the Best of the Best

After his Cleveland Cavaliers dropped Game 5 of the NBA Finals in Oakland, Sunday, LeBron James made a point of reminding everyone that he is still King.

"I feel confident because I'm the best player in the world," James said, during his remarks at the post-game press conference. "It's simple."

King James continued to put up incredible numbers in the series, posting his second triple-double (40 points, 14 rebounds, 11 assists), though his team headed home for Game 6 trailing 3-2 to your Golden State Warriors, one loss away from elimination.

"I don't put a ceiling on what I am capable of doing," James added. "I gotta do a better job."

James has been flashing his brilliance throughout the series in so many ways. It is hard to imagine that he could do much more than having a direct hand—either through scoring himself, or assisting his teammates—in 70 of the Cavs' points in Sunday's 104-91 loss.

Even though Warriors star Stephen Curry was named regular-season Most Valuable Player and showed why when he caught fire and outscored James, 17-16, in the fourth quarter of Sunday's win, bringing the Warriors within one victory of claiming their first title in 40 years, James is universally regarded as the best of the best in the game today.

But, as KNBR's Larry Krueger quipped, "When you're the best player in the world, you don't have to say it." But, Larry, when you're the best, you just can't help yourself.

So, I am here to tell Larry, Curry, King James, and everyone among the couple of

hundred readers, or so, that dares to venture into reading the masterpieces set forth in this space that I am confident that I am the best sportswriter in my world.

The heck with the other greats that I steal from, people like Scott Ostler, Bruce Jenkins, Tom Verducci, Mitch Albom, Tom Boswell, Christine Brennan—all of 'em. Even though I certainly qualify as a "battered performer," as some would call it, if I were to get these weary bones into any kind of shape at all, I could take any of those people one-on-one (maybe). If I were to go up against a whole team of those guys and I got the ball in my hands as often as King James does, I'm confident that I could put up triple-doubles every time (maybe).

I'm no one-hit wonder, either, like that pesky old Gael, Matthew Dellavedova, appears to be a one-game wonder in The Finals. That young bulldog had his big night as the second star to LeBron in Game 3, when he nipped at Steph Curry's heels relentlessly and helped the Cavs take their 2-1 series lead at the time. The Cavs probably sold a ton of "Delly" merchandise for a couple of days, before the Warriors gave the Clevelanders a dose of reality with a lopsided win in Game 4.

Those of us who watched Delly's career at little St. Mary's College in Moraga are not at all surprised by his tenacity. He was tabbed as a first-team all-West Coast Conference selection three straight seasons. He had his No. 4 jersey retired by St. Mary's and is the school's all-time leader in many categories, including scoring,

assists, three-pointers, and free throw percentage. In his honor, a stadium in his hometown of Maryborough, Australia, is being renamed the Delly Dome. That some around the game are debating Dellavedova's playing style as physical/bordering on dirty, is amusing. He's not doing anything we haven't seen many times before in the NBA, by many players; it's just that he has caught most people by surprise.

But here at the EOB, just like with Delly, I am not the least bit surprised how much help a few cups of coffee can provide toward quality production. You just have to be sure to chase it down with a couple glasses of water or some Gatorade, so you don't end up in the hospital dehydrated.

As for the King, if he can lead his undermanned, injury-riddled team to victory in Game 6, Tuesday night in Cleveland (which tips off well after the deadline for this latest epic performance from the End of the Bench), and then again Friday night in Oakland in Game 7 to claim his third championship ring, then there may be no doubt left at all that he is the best of the best.

I have my rings, too—rings of wrinkles under my eyes and ringing in my ears. They are a result, in a very small part, of my drive to be the best at what I do (nobody else does this, nor would they even consider it). It's simple. Just like LeBron, I work very, very hard at my craft—for a couple of hours, once a week.

There is no rock-bottom to the depths to which I am capable of sinking. But still, I have got to do a better job. And, just like LeBron, I cannot be stopped....until now. ★

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**Fathers and Feathers:** Bring Dad and meet some of the Nature Center's feathered residents on Sunday, June the 21st at 1:30 p.m. Learn all about what makes these birds so special and how they became educational ambassadors for the Nature Center.

For more information about the Effie Yeaw Nature Center, please call (916) 489-4918 or visit [www.sacnaturecenter.net](http://www.sacnaturecenter.net).

Source: Effie Yeaw Nature Center ★

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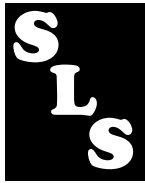
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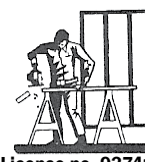
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### CLUES

- ACROSS
- Cursor control
  - Director's cry
  - Yellow rides
  - "A Doll's House" playwright
  - Put into service
  - Alluring maiden
  - Thorny stems
  - Ewe's mate
  - "Bravo! Bravo!", e.g.
  - \*First state added after 13 colonies
  - \*July 4th Main Street tradition
  - Famous T-Rex
  - \_\_\_ list
  - U.K. broadcaster
  - Suggestive look
  - Nada
  - Building extensions at right angle to main building
  - Two of a kind
  - "No way, \_\_\_"
  - "\_\_\_ but don't touch"
  - For cruising in style
  - Silly talk or writing, British
  - \*Britain in the Revolutionary War
  - \*State representative
  - Web \_\_\_
  - Type of flask
  - Hodgepodge
  - Akira Kurosawa's 1985 drama
  - Fly like an eagle
  - Club alternative
  - \*"The Star-Spangled Banner"
  - \*Type of holiday
  - Architectural projection
  - School group
  - Intoxicating
  - Disreputable woman
  - "\_\_\_ My People Go"
  - Perfume obtained from flowers
  - Fail to mention
  - Compass reading
  - Unifying idea

### DOWN

- Ballistic missile, acr.
- Symphony member
- CCCC
- Looks like
- Imbue with soul
- Curtis, to friends
- \*July birthday celebrant
- Pace of music
- Kind of cola
- "\_\_\_ Lang Syne"
- Highlands hillside
- Dog command
- Highly addictive narcotic
- Clingy one
- Wood-shaping tool
- John Deere product
- \*Liberty \_\_\_
- Type A, e.g.
- Intimate
- Unfledged hawk
- Auctioneer's quantities
- Vienna Boys' group
- Popular foliage plant
- Place at an angle
- Indian lentil staple
- \*"\_\_\_ in the course of human events..."
- Cherokee or Hopi, e.g.
- In a foolhardy manner
- Wade's opponent
- One tritely familiar
4. Copious
- \*Washington had wooden ones?
- Famous boxing promoter
- Inconclusive
- Reason to cram
- Fatalist's future
- \_\_\_ of interest
- Sandler or Arkin
- Greek muse's strings
- Exclamation of surprise
- \*Number of amendments in The Bill of Rights

CROSSWORD											
1	2	3	4	5	6	7	8	9	10	11	12
13											
16											
19											
25	26	27	28	29	30	31	32	33			
34											
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44											
48											
57	58	59									
64											
68											
71											

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4	2		7								
			7	1		3		5			
		3							7	8	
			8		9						
		1		5		4		2			
						7		5			
1	4									9	
	5		9			7	4				
						6		1	2		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

For Solutions See Page 9

Come back every week for Crossword and Sudoku!



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Real Estate

Sudoku Puzzle on Page 8

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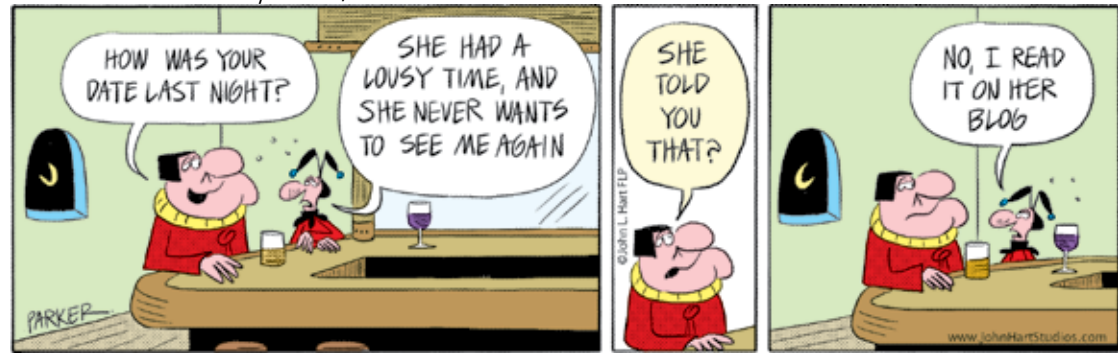
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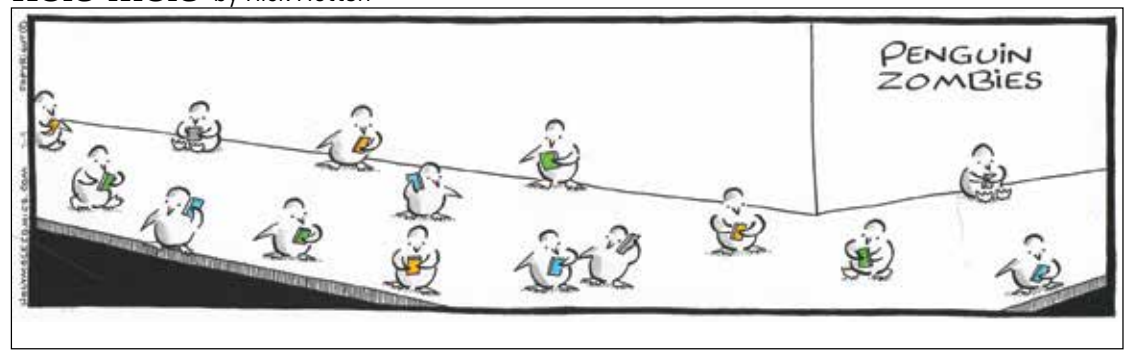
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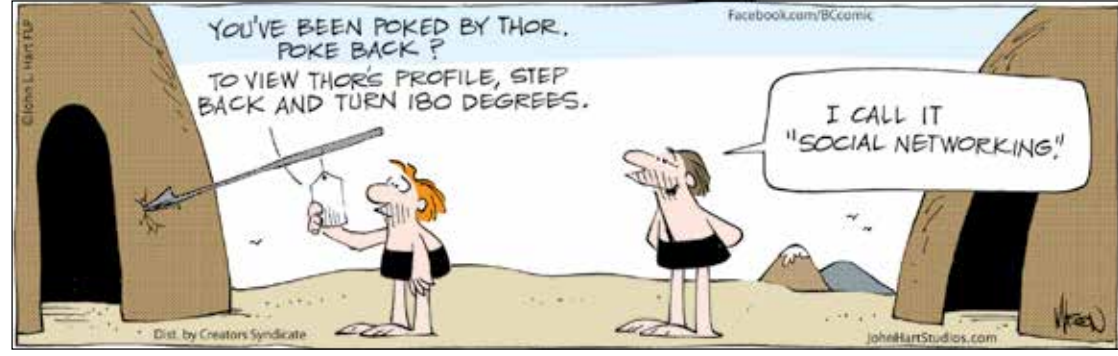
**Wizard of Id** by Parker, Mastroianni & Hart



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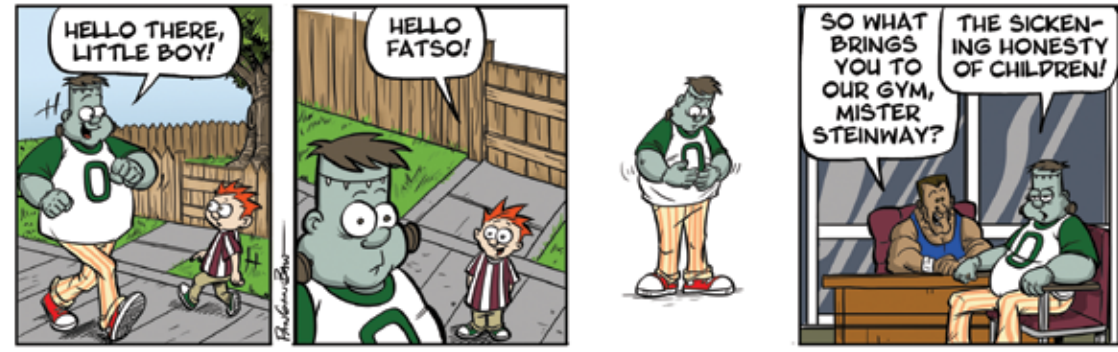
**BC** by Mastroianni & Hart



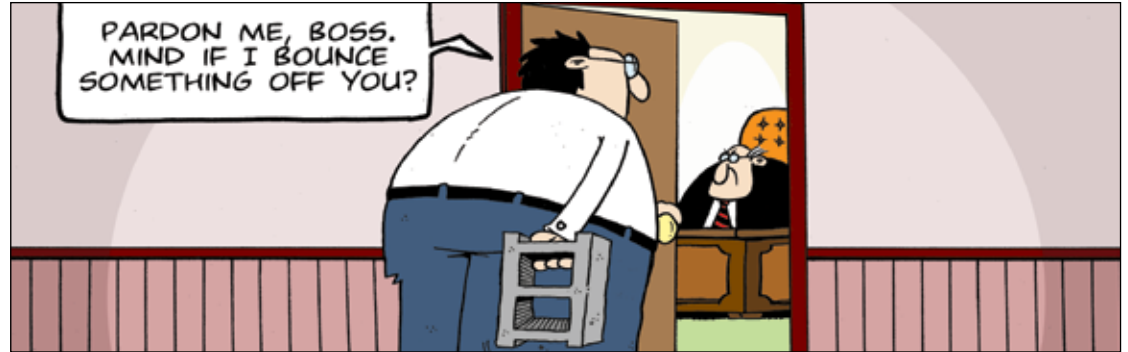
**Cranky Girl** by Crystal Jones



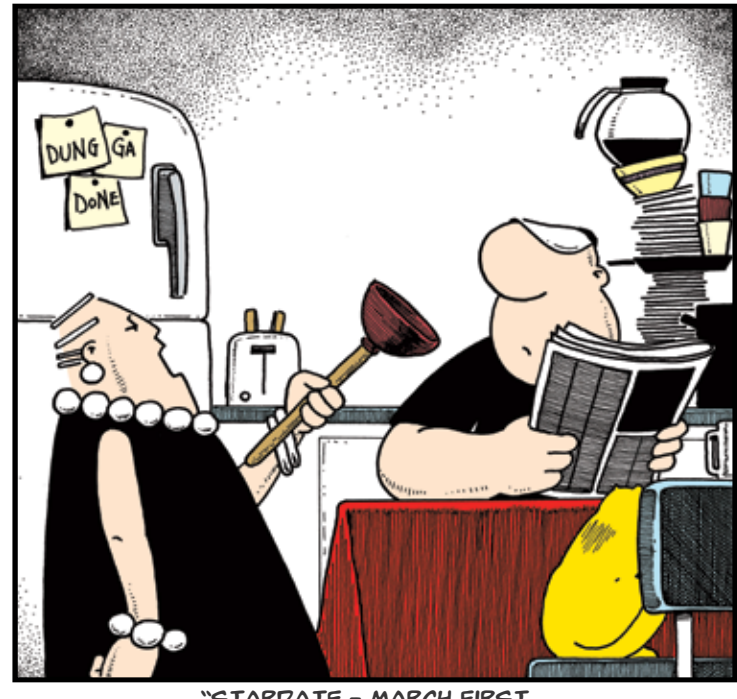
**Frank and Steinway** by Wil Panganiban



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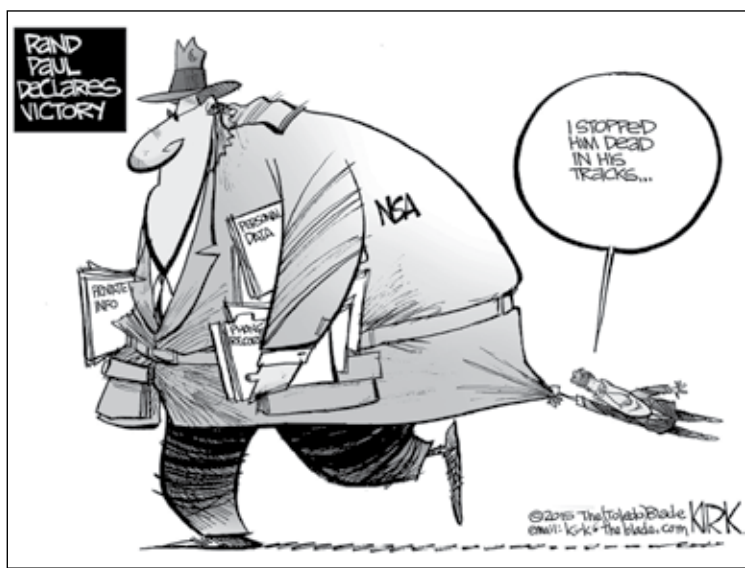
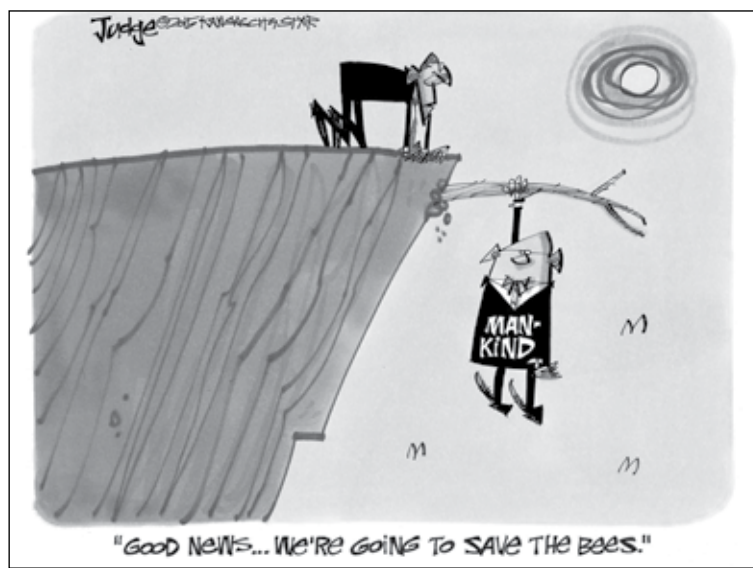
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By Rich Lowry

## Obama Declares War on Climate Change

President Barack Obama is less than stalwart in the fight against ISIS and doesn't seem overly concerned about Vladimir Putin's predation in Ukraine or China's aggression in the South China Sea. It is the fight against climate change, an allegedly dire threat to the nation's security, that brings out his inner Churchill.

In remarks to the Coast Guard Academy commencement, Obama pledged his undying hostility to climate change and his determination to fight it on the beaches and in the fields. He called it "one of the most severe threats" we face and "an immediate risk to our national security."

He hailed the Coast Guard for building more fuel-efficient cutters, and the Marines for deploying with portable solar panels. It was one of the most

insipid calls to arms ever made by an American commander in chief, and there is unlikely to be much competition until President Elizabeth Warren rallies the U.S. Navy against income inequality.

From the president's urgency, you would think that climate change is beheading American hostages and taking over large swathes of Middle Eastern countries, toward the end of establishing a hostile climate-change empire. The reality is that, even accepting his premises about the state of the science, he can only point to laughably tenuous connections between climate change and national security.

The president cited drought as one of the causes of the Syrian civil war. Yet an article in the journal Middle Eastern Studies notes that Israel, Jordan and Lebanon experienced drought in 2007-2008. None of them collapsed into a genocidal hellhole. Nor is drought unusual in Syria. Quite reasonably, the article counsels focusing on the corrupt and dysfunctional Syria government as the fundamental cause of the uprising. Not to mention the fact that countries all over the Middle East and North Africa experienced revolts at the same time.

The president warned of how climate change could create "mass migrations," the kind of disruption that a White House document says will disproportionately affect Africa and Asia. Even if this is true, how will it implicate our national security? The

United States was content to stand by while 800,000 people died in the Rwandan genocide and more than 5 million in Congo's civil war. If that mass slaughter didn't move us, we aren't going to mobilize the troops to manage climate-driven mass migrations.

Another climate-change hot spot is the Arctic, with President Obama predicting that summers could be ice-free there by around 2050. Man the battle stations? Well, no. A Brookings Institution article notes that "what we're seeing in the Arctic is that receding ice is triggering commercial competition and governance cooperation, not conflict."

Typically, the president implied clear and present dangers from climate change, although the "consensus" science he purports to champion projects effects on extreme weather roughly 80 years from now. By then today's cadets will have long ago passed the baton of the fearsome battle against climate change to subsequent generations.

Of course, if climate change were a true enemy of the United States, President Obama would extend a hand of peace, or declare victory and go home.

Rich Lowry is editor of the National Review.

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## Dog Par Dilemma

**DEAR PAW'S CORNER:** You recently put out a notice about a new strain of dog flu that was affecting dogs in Chicago. Now I'm hearing about it everywhere. Can you update us on this virus? -- Jane in New York City

**DEAR JANE:** This strain of flu, classified as H3N2, has now spread to at least 10 other states in the continental U.S. How concerned should dog owners be? Well, they should certainly stay alert, but it is not a cause to panic or to drastically change your dog's daily routine. For example, some media outlets are recommending that owners stay away from dog parks. That isn't exactly practical advice for urban dwellers, as no one knows how long this outbreak will last. Instead, let common sense rule. If your dog is healthy, by all means take it to the dog park. Keep an eye on

the other dogs, and if one seems unhealthy, don't let your dog near it. If you have a puppy or a senior dog, you already know that they don't have strong immune systems. So visits with strange pets or other situations where they can be exposed to illness -- not just canine flu but other infections, too -- should be off the table anyway. Monitor your pet for signs that it may be getting ill. A cough, sneezing and runny nose are typical symptoms of H3N2. Consult your vet right away if these symptoms show up, or if your dog has a fever or other symptoms like a lack of appetite, lethargy or weakness.

Send your questions or tips to ask@pawscorner.com.

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FBNF2015-04075 Carly Bradley, 8136 Sunrise East Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Therapeutic Massage And Bodywork" at 8146 Greenback Lane, Suite 105, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 19, 2015. Publish: May 29, June 5, 12 and 19, 2015 THERAPEUTIC 150522 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04097 Iman Rashidi, 12801 Fair Oaks Boulevard, Apt. 363, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "IR Photo" at 12801 Fair Oaks Boulevard, Apt. 363, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 19, 2015. Publish: May 29, June 5, 12 and 19, 2015 IRPHOTO 150519 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04042 Tyler Yeagley, 7453 Sandalwood Drive, #17, Citrus Heights, CA 95621 and Thomas White, 7250 Auburn Boulevard #225, Citrus heights, CA 95610 are doing business under the Fictitious Business Name(s) "Inner Harmony Healing and Inner Harmony Massage" at 7996 California Avenue #6, Fair Oaks, CA 95623. Filed with the Clerk of Sacramento County May 15, 2015. Publish: May 29, June 5, 12 and 19, 2015 INNER 150519 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04114 Susan K. Siragusa, 2881 Sierra Boulevard, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Chica Squared" at 2881 Sierra Boulevard, Sacramento, CA 95864. Filed with the Clerk of Sacramento County May 19, 2015. Publish: May 29, June 5, 12 and 19, 2015 CHICA 150519 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04104 Miguel Carlos Jimenez and Alma Della Garcia, 1901 Terrace Drive, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Number Eight Video Productions" at 1901 Terrace Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 19, 2015. Publish: May 29, June 5, 12 and 19, 2015 NUMBER 150520 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04033 Urban Flex Fitness, Inc., 6219 Ross Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Urban Flex Fitness" at 6219 Ross Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 15, 2015. Publish: May 29, June 5, 12 and 19, 2015 URBAN 150520 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04142 Nicholas J. Doucakis, 4502 Casa Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Professional Technology Group" at 4502 Casa Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 20, 2015. Publish: May 29, June 5, 12 and 19, 2015 PROFESSIONAL 150520 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03762 Beau Richins, 4441 Wyman Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "My Mouse Works Computer Repair" at 6437 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 6, 2015. Publish: May 29, June 5, 12 and 19, 2015 MOUSE 150522 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04172 American Therapy Tubs, LLC, 2703 5th Street #9, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Light Savers" at 2703 5th Street #9, Sacramento, CA 95818. Filed with the Clerk of Sacramento County May 21, 2015. Publish: May 29, June 5, 12 and 19, 2015 LIGHT 150522 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03696 Giana M. Sarha, 417 Willow Creek Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Claykeep" at 417 Willow Creek Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County May 4, 2015. Publish: May 29, June 5, 12 and 19, 2015 CLAYKEEP 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04030 Shawn Arthur Brendle, 2726 E Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "BAS IT Consulting" at 2726 E Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 15, 2015. Publish: May 29, June 5, 12 and 19, 2015 BASIT 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04000 Antonio Mendoza, 8556 Summit Brook Court, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Acc-Express" at 8556 Summit Brook Court, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County May 14, 2015. Publish: May 29, June 5, 12 and 19, 2015 ACCEXPRESS 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04154 Peyman Boidaji, 5244 Shereen Court, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Sun Air Heating & Cooling and Shiny Air Heating & Cooling" at 5244 Shereen Court, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 20, 2015. Publish: May 29, June 5, 12 and 19, 2015 SUNAIR 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04008 Srikanth and Sudha Koppisetty, Ataisoft, LLC, 545 Lefevre Drive, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Ataisoft, LLC" at 545 Lefevre Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County May 14, 2015. Publish: May 29, June 5, 12 and 19, 2015 ATASISOFT 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04019 Jonathan and Maria Szabo, 10566 Malvasia Drive, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Szabo Design Engineers & Consultants and SZADEC" at 10566 Malvasia Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 15, 2015. Publish: May 29, June 5, 12 and 19, 2015 SZADEC 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03490 Shannon P. Jackson, 5690 Valletta Way, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Bar Unco" at 5690 Valletta Way, Sacramento, CA 95820. Filed with the Clerk of Sacramento County April 24, 2015. Publish: May 29, June 5, 12 and 19, 2015 BARUNCO 150521 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04050 Amy Rooney, 2309 Edison Avenue #3, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Trays and Bouquets Food and Flower Creations, Flavorful Expressions" at 2309 Edison Avenue #3, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 15, 2015. Publish: May 29, June 5, 12 and 19, 2015 TRAYS 150526 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04209 Michelle Gilson, 3205 Foggy Bank Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Force Fed Motorsports" at 631 N. Market Boulevard, Suite H, Sacramento, CA 95834. Filed with the Clerk of Sacramento County May 22, 2015. Publish: May 29, June 5, 12 and 19, 2015 FORCEFED 150522 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04088 CVH/Care Corporation, 2410 Camino Ramon, Suite 331, San Ramon, CA 94583 is doing business under the Fictitious Business Name(s) "CVH/Care Sacramento" at 10860 Gold Center Drive, Suite 130, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 19, 2015. Publish: May 29, June 5, 12 and 19, 2015 CVHCARE 150522 6-19-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04217 Yaminah Drake, 6501 Elder Creek Road #66, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "BeautyFly" at 6501 Elder Creek Road #66, Sacramento, CA 95824. Filed with the Clerk of Sacramento County May 26, 2015. Publish: June 5, 12, 19 and 26, 2015 BEAUTYFLY 150526 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04211 Richard B. and Robin L. McCauley, 9105 Birdsong Court, Sacramento, CA 95826 are doing business under the Fictitious Business Name(s) "Superior On-Site Solutions" at 9105 Birdsong Court, Sacramento, CA 95826. Filed with the Clerk of Sacramento County May 26, 2015. Publish: June 5, 12, 19 and 26, 2015 SUPERIOR 150527 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04220 Marlena and Michael Robertson, 446 Mariner Point Way, Sacramento, CA 95831 are doing business under the Fictitious Business Name(s) "MBR Enterprise, Tillys N Things, Succs N Stuff" at 446 Mariner Point Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 26, 2015. Publish: June 5, 12, 19 and 26, 2015 TILLYNTHINGS 150527 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04099 Marko Obradovic, 9 Cedar Grove Court, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "The Youth Department" at 9 Cedar Grove Court, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 19, 2015. Publish: June 5, 12, 19 and 26, 2015 YOUTHDEPT 150528 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03943 Marius Cantea, 8208 Judette Avenue, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Capitol Disaster Restoration" at 8208 Judette Avenue, Sacramento, CA 95828. Filed with the Clerk of Sacramento County May 12, 2015. Publish: June 5, 12, 19 and 26, 2015 CAPITOL 150528 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04175 Don and Marci Cruzon, 3601 Affirmed Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Jewelry & Gems by D & M" at 3601 Affirmed Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 21, 2015. Publish: June 5, 12, 19 and 26, 2015 JEWELRY 150528 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04036 Ahmad Abou Elkheir, 3562 Nouveau Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "A2 Auto Sales" at 2211D Fulton Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 15, 2015. Publish: June 5, 12, 19 and 26, 2015 A2AUTO 150529 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03722 Bushra Mehmood, 3317 Nut Plains Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Classic Eye Brows Threading" at 9665 #A Folsom Boulevard, Sacramento, CA 95827. Filed with the Clerk of Sacramento County May 5, 2015. Publish: June 5, 12, 19 and 26, 2015 CLASSICEYE 150529 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04202 Jack Supinger, 9300 Hallenock Lane, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "iWin Services" at 9300 Hallenock Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 22, 2015. Publish: June 5, 12, 19 and 26, 2015 IWIN 150531 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03716 Jacquie Robinson, 8139 Traver Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Jacquie's Catering" at 8139 Traver Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County May 5, 2015. Publish: June 5, 12, 19 and 26, 2015 JACQUIES 150601 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03767 Ashanti Manuel and Maurice Dodson, 3648 Reel Circle, Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "Classy Diva's Purse Boutique" at 2251 Florin Road, Suite 106, Sacramento, CA 95823. Filed with the Clerk of Sacramento County May 6, 2015. Publish: June 5, 12, 19 and 26, 2015 CLASSY 150528 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04133 Anderson & Raclemaker, LLC, 502 29th Street, Sacramento, CA 95816 are doing business under the Fictitious Business Name(s) "Pine Cove Tavern" at 502 29th Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County May 20, 2015. Publish: June 5, 12, 19 and 26, 2015 PINECOVE 150528 6-26-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04218 Flavio Ayala, 3332 Churchhill Road, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Official Fades Barber Shop" at 2432 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 26, 2015. Publish: June 12, 19, 26 and July 3, 2015 OFFICIAL 150601 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04190 JAIME Foreman, 340 Cadillac Drive, Apt. 33, Sacramento, CA 95825 and Curtis Cox, 680 Summer Way, Rio Vista, CA 94571 are doing business under the Fictitious Business Name(s) "Fox Design" at 340 Cadillac Drive, Apt. 33, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 22, 2015. Publish: June 12, 19, 26 and July 3, 2015 FOXDESIGN 150526 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04513 Henry and Susie Valentine, 30 Sheen Court, Sacramento, CA 958351 are doing business under the Fictitious Business Name(s) "Valpro Attorney Services" at 30 Sheen Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County June 2, 2015. Publish: June 12, 19, 26 and July 3, 2015 VALPRO 150602 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04526 Vitaliy Petrenko, 6810 26th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Vitaliy Petrenko" at 6810 26th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 3, 2015. Publish: June 12, 19, 26 and July 3, 2015 VITALIY 150603 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04252 Bolloons - I Corporation, 3081 Alhambra Drive #102, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "Senior Helpers Sacramento Region" at 5150 Sunrise Boulevard, Suite D-5, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 27, 2015. Publish: June 12, 19, 26 and July 3, 2015 SENIOR 150602 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04056 Newgauss Nguyen, 4236 North Country Drive, Artelepe, CA 95843 is doing business under the Fictitious Business Name(s) "Alpha Techs" at 5807 B Manzanita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 18, 2015. Publish: June 12, 19, 26 and July 3, 2015 ALPHA 150603 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04256 United Way California Capital Region, 10389 Old Placerville Road, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Our Promise California State Employees Giving At Work, Our Promise, OP" at 10389 Old Placerville Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County May 27, 2015. Publish: June 12, 19, 26 and July 3, 2015 OURPROMISE 150603 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03954 Sheriff Rector, 153 Flat Rock Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Accounting Practice Sales" at 153 Flat Rock Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County May 12, 2015. Publish: June 12, 19, 26 and July 3, 2015 ACCOUNTING 150608 7-3-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04069 Renee Johnson, 1171 Sonoma Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "To His Glory Janitorial Cleaning" at 1171 Sonoma Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County May 18, 2015. Publish: June 19, 26, July 3 and 10, 2015 TOHISGLORY 150608 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04181 Christopher DeShaun Marshall, 1810 Los Robles Boulevard, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "M.A.A.D. Skillz, M.A.A.D. Skillz Academy, Mental Awareness And Development Skillz" at 1810 Los Robles Boulevard, Sacramento, CA 95838. Filed with the Clerk of Sacramento County May 21, 2015. Publish: June 19, 26, July 3 and 10, 2015 MADDSKILLZ 150608 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03873 CS Tactical, Inc., 9174 Franklin Boulevard #B, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "CS Tactical, Inc." at 9174 Franklin Boulevard #B, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County May 8, 2015. Publish: June 19, 26, July 3 and 10, 2015 CSTACTICAL 150608 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03907 Priscilla Toledo, 1657 Anoka Avenue, Sacramento, CA 95832 is doing business under the Fictitious Business Name(s) "JC Royalty Home Services" at 1657 Anoka Avenue, Sacramento, CA 95832. Filed with the Clerk of Sacramento County May 11, 2015. Publish: June 19, 26, July 3 and 10, 2015 JCROYALTY 150611 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04373 Shahzad Raisi, 1823 Lambeth Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Zad Salon And Spa" at 5908 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 29, 2015. Publish: June 19, 26, July 3 and 10, 2015 ZADSALON 150611 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04208 Mike Saephan, 7838 Whisperwood Way, Sacramento, CA 95823 and Jose Cano, 3500 Data Drive, Apt. 80, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "MJ Vapes" at 5948 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 22, 2015. Publish: June 19, 26, July 3 and 10, 2015 MJVAPES 150610 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04377 Michael J. MacDonald, 2448 Glenaire Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "iFloSafe Consulting" at 2448 Glenaire Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 29, 2015. Publish: June 19, 26, July 3 and 10, 2015 FLOSAFE 150619 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04199 Manicarmen Ruiz Villagomez, 7232 10th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "24/7 Cleaning Services" at 7232 10th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County May 22, 2015. Publish: June 19, 26, July 3 and 10, 2015 247CLEAN 150612 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04736 Van Huynh, 8199 Yorkton Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Happy Nails & Spa" at 8971 Folsom Boulevard, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 12, 2015. Publish: June 19, 26, July 3 and 10, 2015 HAPPY 150612 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-03254 Kulwinder Kaur, 5740 Jacinto Avenue, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "ABJ Market" at 5403 A Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County April 20, 2015. Publish: June 19, 26, July 3 and 10, 2015 ABJMARKET 150612 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04310 Susan P. Evans, 2149 Kincaid Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "ABURST Financial Solutions, ABURST FS" at 2917 Fulton Avenue, Suite E, Sacramento, CA 95821. Filed with the Clerk of Sacramento County May 28, 2015. Publish: June 19, 26, July 3 and 10, 2015 ABURST 150615 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04063 Eddie L. Burden, 186 Calistoga Lane, Lincoln, CA 95648 and Phyllis M. Burden, 181 Graves Avenue, Sacramento, CA 95838 are doing business under the Fictitious Business Name(s) "Fit for A King Bow-tique, Fit for A King Boutique" at 5801 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 18, 2015. Publish: June 19, 26, July 3 and 10, 2015 FITFORAKING 150615 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04743 Sammy and Claudia Ann Piazza, 2125 Fair Oaks Boulevard #C3, Sacramento, CA 95825 are doing business under the Fictitious Business Name(s) "Alpha Omega Information Brokers & Judgment Recovery" at 2125 Fair Oaks Boulevard #C3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 12, 2015. Publish: June 19, 26, July 3 and 10, 2015 ALPHAOMEGA 150615 7-10-15

FICTITIOUS BUSINESS NAME STATEMENT
FBNF2015-04011 Anny La, 6608 Di Lusso Drive, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Excel Hair & Nail Salon" at 5331 Dewey Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 15, 2015. Publish: June 19, 26, July 3 and 10, 2015 EXCEL 150615 7-10-15

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179681
WHEREAS, Cirenio Garduño Quevedo has filed a petition with this court for a decree changing the name(s) of Cirenio Garduño Quevedo to Huber Garduño Morales. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 27, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 27, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: June 5, 12, 19 and 26, 2015
MORALES 50527 6-26-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179410
WHEREAS, Lieaa Patrice Gison has filed a petition with this court for a decree changing the name(s) of Laylani Naomi Calvert to Laylani Naomi Parker. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 21, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
GIPSON 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179422
WHEREAS, Elizabeth Leah Lavine has filed a petition with this court for a decree changing the name(s) of Benjamin Hayden Luna to Benjamin Hayden Ference. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on July 22, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
Raymond M. Cadei, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
LAVINE 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179437
WHEREAS, FNU Zabihullah has filed a petition with this court for a decree changing the name(s) of FNU Zabihullah to Zabihullah Multaqi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
David I. Brown, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
NADERA 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179434
WHEREAS, FNU Zabihullah has filed a petition with this court for a decree changing the name(s) of FNU Zabihullah to Zabihullah Multaqi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
David I. Brown, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
NADERA 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179434
WHEREAS, FNU Zabihullah has filed a petition with this court for a decree changing the name(s) of FNU Zabihullah to Zabihullah Multaqi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
David I. Brown, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
NADERA 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179434
WHEREAS, FNU Zabihullah has filed a petition with this court for a decree changing the name(s) of FNU Zabihullah to Zabihullah Multaqi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
David I. Brown, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
NADERA 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2015-00179434
WHEREAS, FNU Zabihullah has filed a petition with this court for a decree changing the name(s) of FNU Zabihullah to Zabihullah Multaqi. IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 22, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2015
David I. Brown, Judge of the Superior Court
Publish: May 29, June 5, 12 and 19, 2015
NADERA 150520 6-19-15

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2

**LEGAL ADVERTISING**

*Continued from the previous page*

**ORDER TO SHOW FOR CHANGE OF NAME**

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-0018020

WHEREAS, FNU Khisraw has filed a petition with this court for a decree changing the name(s) of FNU Khisraw to Khisraw Ghazi.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 12, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 3, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
GHAZI#3 150611 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180280

WHEREAS, Sayed Mohammad Jawed and FNU Shekiba have filed a petition with this court for a decree changing the name(s) of FNU Shekiba to Shekiba Taheri, FNU Zahra to Zahra Langari, FNU Mizghan to Mizghan Langari, FNU Aqdas to Aqdas Langari.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
SHEKIBA 150611 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00179605

WHEREAS, Destiny Francesca Villanova has filed a petition with this court for a decree changing the name(s) of Destiny Francesca Villanova to Francelina Marie Bubnes.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on July 24, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: May 21, 2015  
David I. Brown, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
VILLANOVA 150611 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180249

WHEREAS, Tina Quackenbush has filed a petition with this court for a decree changing the name(s) of Tina Marie Quackenbush to Tina Marie Mello, Cash Braydyn Quackenbush to Cash Braydyn Mello.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 14, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
David I. Brown, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
QUACKENBUSH 150611 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180284

WHEREAS, Claudia Montoya Sanchez has filed a petition with this court for a decree changing the name(s) of Claudia Montoya Sanchez to Anabel Claudia Sanchez, Rodrigo Abel Flores Sanchez to Rodrigo Abel Sanchez, Alessandra Flores to Alessandra Sanchez.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 19, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
SANCHEZ 150611 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180276

WHEREAS, John Christopher Curry and Elizabeth Rochelle Rogers have filed a petition with this court for a decree changing the name(s) of John Christopher Curry to John Christopher Virgin Cruz, Alyssa Aloha Curry to Alyssa Aloha Cruz.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 18, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
CURRY 150612 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180261

WHEREAS, Nicole White has filed a petition with this court for a decree changing the name(s) of -- White to Aijah White.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 2:00 p.m. on August 17, 2015, in Department 53, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
David I. Brown, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
WHITE 150612 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180263

WHEREAS, Agripina Justo-Ramirez has filed a petition with this court for a decree changing the name(s) of Agripina Justo-Ramirez to Andrea Isabell Justo-Ramirez.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 17, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
RAMIREZ 150615 7-10-15

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#34-2015-00180263

WHEREAS, Zhanna Kissa Bachinsky and Denis Kissa Bachinsky have filed a petition with this court for a decree changing the name(s) of Zhanna Kissa Bachinsky to Zhanna Kissa, Denis Kissa Bachinsky to Denis Aleksandrovich Kissa.

IT IS ORDERED that all persons interested in the above entitled matter appear before this court at 9:00 a.m. on August 14, 2015, in Department 54, located at 800 Ninth Street, Third Floor, Sacramento, CA 95825, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 10, 2015  
Raymond M. Cadei, Judge of the Superior Court  
Publish: June 19, 26, July 3 and 10, 2015  
KISSA 150615 7-10-15

**NOTICE OF PETITION TO ADMINISTER ESTATE**

NOTICE OF PETITION TO ADMINISTER ESTATE OF LILLIAN CATHERINE THOMAS (descendent) ESTATE NO. 34-2015-00177322

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of LILLIAN CATHERINE THOMAS, AKA: LILLIAN C.K. THOMAS AND LILLIAN THOMAS (deceased): A petition has been filed by LESLIE THOMAS in the Superior Court of California, County of Sacramento, requesting that LESLIE THOMAS be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: June 30, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Leslie Thomas, 3423 Jupiter Drive, Sacramento, CA 95827 (916)247-0054  
Publish: June 12, 19 and 26, 2015.  
THOMAS 150603 6-26-15

NOTICE OF PETITION TO ADMINISTER ESTATE OF DEBORAH LYNN KINCAID (descendent) ESTATE NO. 34-2015-00178223

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both of DEBORAH LYNN KINCAID (deceased): A petition has been filed by RYAN KINCAID AND STACY SANT in the Superior Court of California, County of Sacramento, requesting that RYAN KINCAID AND STACY SANT be appointed as Executor to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

Bond is not required.

A hearing on the petition will be held in this court as follows: July 28, 2015, 9:00 a.m. in Dept. No. 129 at Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Sean D. De Burgh, c/o Cota Cole LLP, 2261 Lava Ridge Court, Roseville, CA 95661 (916)780-9009  
Publish: June 19, 26 and July 3, 2015.  
KINCAID 150609 7-3-15

**LEGAL ADS FOR SACRAMENTO COUNTY?**

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# Right-Size Plant Picks for Gardening Success



Whether you're gardening in containers or have a big plot in your backyard, right-sizing your plant picks to coincide with your available garden space can yield a more productive and pleasurable gardening experience. Photos courtesy of Brandpoint Media

**SACRAMENTO REGION, CA (BPT)**

- Have you ever walked into a room that was so full of oversized furniture it made an already small space feel miniscule and unusable? Or tricked your tummy into being satisfied with less food by using a small plate to make a modest portion look huge? Scale makes a decided difference in many aspects of life, and gardening is no different.

Whether you're gardening in containers or have a big plot in your backyard, right-sizing your plant picks to coincide with your available garden space can yield a more productive and pleasurable gardening experience. More than a third of all American households now grow some type of food themselves, making food gardening the third largest yard activity after landscaping and lawn care, the National Gardening Survey shows.

Whether you aim to trim grocery bills by growing your own produce, add your own fresh herbs to your summer cooking, or just plain love to garden, choosing the right plants for your gardening space—pot or plot—is your best bet for great success.

**Get Your Garden Growing**

Veggie and herb gardens need plenty of sunshine and water, no matter what you're planting or growing them in.

Six to eight hours of bright light every day is best, so choose a sun-drenched spot in your yard for raised beds or larger gardens, and place pots and containers on sunny porches, decks, or patios.

Use a good potting mix for containers and raised beds; it should be light weight and provide fast drainage. For garden plots, till soil, test for quality, and work any necessary amendments into the soil before planting. All food plants need to be fed. Consistent and frequent watering, good drainage, and a quality plant food such as Bonnie Plant Food are needed for good plant health and harvest.

**Cultivating in Containers and Raised Beds**

Gardening doesn't require a huge plot of land for hefty harvests and good success. Planting in containers can solve space problems and raised beds allow you to enjoy a garden if you're short on space or have poor soil quality in your yard. Place containers in a sunny spot, whether it's an apartment balcony or backyard patio. Make sure the pots are large enough for the plants you'll put in them and have good drainage holes. Consider container color; dark containers will absorb more heat, so try using lighter colored containers.

Plants suited for containers include:



- All herbs.
- All greens. Add flowers to the same pot for an ornamental touch.
- Tomatoes like Bonnie Plants' popular Husky Cherry Red, Patio, Bush Early Girl, Bush Goliath, and Better Bush. For larger varieties, use a large pot (at least five gallons for each plant) and support plants with a cage.
- Smaller eggplants such as Patio Baby Mini Eggplants.
- Peppers, like Lunchbox Sweet Snacking Peppers, that are smaller in size and high in yield.
- Cucumbers, if you add a trellis to the pot and train them to climb.

Raised beds can host bigger veggies like Beefmaster Tomatoes, or varieties that require more room to spread on the ground like zucchini. They're also great for greens like collards, lettuce, mustard, and Swiss chard, and a variety of peppers, beans, and eggplants.

**Planting Plots**

In-ground gardens allow you much more room for larger plants. Even if your plot isn't huge, it can accommodate plants that require more room, like watermelon and corn. In addition to staples for your table like greens, tomatoes, and peppers, a garden plot allows you to incorporate a greater variety of veggies, like beans, peas and squash, in your garden plans.

No matter where you live or how much or little space you might have, you can enjoy growing your own food. Be sure to right-size, according to your space and need. Once you get growing, you'll love the homegrown flavor of your harvest and the enjoyment gardening brings.

For more gardening tips, how to's, trouble shooting, and to learn about plants that fit your garden environment, visit [www.bonnieplants.com](http://www.bonnieplants.com).

Source: Brandpoint Media ★

# CEQA Exemptions for Everyone... Except Vital Water Projects

**Commentary by Doug Haaland**

No one needs to be reminded that California is in the midst of one of the worst droughts in decades, if not centuries. Out of this crisis comes Assemblyman James Gallagher (R-Yuba City) with an excellent idea. Assemblyman Gallagher introduced AB 311, intended to expedite vitally needed water storage projects in our state, in short, give these projects the same legal framework protections that were granted to a number of public projects in California, including football stadiums and basketball arenas.

According to press reports, during the committee hearing on AB 311, Chairman Williams displayed his arrogance when he said that if people want to push such proposals they should identify a "specific project" and bring both sides together to identify mitigation

measures impacting the project.

Chairman Williams knows, given his own voting record, that the process by which projects are granted final environmental approval in California was hijacked by the environmental community long ago. In fact, things have gotten so litigious in our state that the Legislature has moved to give a broad array of projects (public and private) exemptions from this burdensome and often exceedingly costly process.

Examples of total exemptions from the requirements of the California Environmental Quality Act (CEQA) include a wine train in Napa, state prisons, right-of-way acquisitions for low-speed commuter trains between San Francisco and San Jose, conversion of rental mobile home parks to "resident initiated" subdivisions or condominiums for mobile homes, local coastal programs or long-range land use development

plans by the California Coastal Commission, the repair of critical levees of the State Plan for Flood Control as specified, certain railroad grade separation projects, certain seismic retrofit projects for existing local bridges, and even projects for restriping of streets or highways to relieve traffic congestion.

But wait...there's more! During the 2013-2014 legislative session, another exemption was granted by the Wizards Under the Dome! Projects so badly needed, given our current state of crisis, that one must wonder what took so long to be enacted. AB 417 by Assemblyman Jim Frazier (D-Oakley) granted a statutory exemption from the requirements of CEQA for "bicycle transportation plans." It should be noted that Chairman Williams wholeheartedly supported this exemption by voting three times in support of the Frazier measure. Twice on the Assembly

floor and once while simply a member of the Assembly Natural Resources Committee that he now chairs.

Chairman Williams knows the reason Assemblyman Gallagher shouldn't name a specific project. The state water bond that Chairman Williams voted in favor of in the closing days of the 2014 session specifically gives the California Water Commission the responsibility to identify projects that meet the requirements for bond funding. The streamlining process of Assemblyman Gallagher's bill could only be applied once a project is selected by the Commission. But if the Chairman is incapable of remembering which exemptions or streamlining measures he supported for the betterment of our state, then maybe he should step down and let someone more competent sit at the head of the class. ★

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# Television Listings for the week of June 19-June 24

## FRIDAY EVENING

## JUNE 19, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC NBA Finals	Kimmel	Local Programs				Local	Jimmy Kimmel Live	Nightline	
	CBS The Briefcase (N) HD	Hawaii Five-0			Blue Bloods (TV14) HD		Local	(35) Hawaii Five-0	Late Late	
	NBC America's Got Talent: "AGT Extreme 4" HD				Dateline NBC (N) HD		Local	Tonight Show (N) HD	Late Night	
	FOX Local Programs				Local Programs			Local Programs		
	ION Flashpoint: "Lawmen"	Flashpoint: "Duty" HD	Flashpoint (TV14) HD		Flashpoint (TV14) HD		Flashpoint (TV14) HD	Flashpoint (TV14) HD	Flashpoint (TV14) HD	
<b>CABLE</b>	A&E Criminal Minds HD	Criminal Minds HD	Criminal Minds HD		(01) Criminal Minds HD		(01) Criminal Minds HD	(01) Criminal Minds HD	(01) Criminal Minds HD	
	AMC Caddyshack (80, R) ★★	Chevy Chase, (N) ★★	Ghostbusters (84, PG) ★★		★★★ Bill Murray, Dan Aykroyd, (N) ★★				G'buster 2	
	ANIMAL Tanked (TVPG) HD	Tanked Moments (N)	Tanked (TVPG) (N) HD		Tanked Moments (N)			(05) Tanked (TVPG) HD		
	BET Big Momma's House 2 (06, PG-13) ★★	Martin Lawrence, (N) ★★			Game HD	Frankie		Wendy Williams (N) HD		
	BRAVO Housewife (TV14)	Bravo's First Looks (N)	Shahs of Sunset		Shahs of Sunset			Selena (97, PG) ★★		
	CARTOON King of Hill	King of Hill	Cleveland		Cleveland	Dad HD		Family Guy	Family Guy	
	CMT Reba HD	Dunham	Dunham		Rodney Carrington: (N) HD			Cops HD	Cops HD	
	CNN Anthony: "Korea"	"Miami"	Anthony: "Scotland"		Anthony (TVPG)			CNN Newsroom (N) HD		
	COMEDY Key; Peele	Key; Peele	Futurama		South Park	South Park		Archer HD	Archer HD	
	DISCOVERY Alaskan Bush (N)	Alaskan Bush People	Catching Monsters (N)		Alaskan Bush People			Catching Monsters		
	DISNEY Blog (N)	Girl Meets	Liv HD		Penn Zero			Blog	Girl Meets	Austin HD
	E! Evan Almighty (07, PG) ★★	Steve Carell, (N) ★★			The Soup	New Money		E! News (N) HD		
	ESPN SportsCenter	Up-to-the-minute sports news. HD	SportsCenter		SportsCenter			NBA Finals (Taped) HD		
	ESPN2 30 for 30	Baseball Tonight HD	NBA HD		30 for 30: "Winning Time" HD			SportsCenter		
	FAMILY Bruce Almighty (03) HD	Billy Madison (95, PG-13) ★★	★★★ Adam Sandler, (N) ★★		The 700 Club (TV G)			Paul Blart: Mall Cop HD		
	FOOD Diners	Diners	Diners		Diners	American		Diners	Diners	
	FX Dr. Seuss' The Lorax (12, PG) ★★	★★★ Danny DeVito, (N) ★★	Ed Helms, (N) ★★		Dr. Seuss' The Lorax (12, PG) ★★			Danny DeVito, (N) ★★	Ed Helms, (N) ★★	
	HGTV Love It or List It HD	Love It or List It HD	Hunters		Hunters			Hunters		
	HISTORY Ancient Aliens (N) HD	Ancient Aliens (N) HD	Hangar 1 UFO (N) HD		(03) Alone (TV14) HD			(01) Ancient Aliens HD		
	LIFETIME With This Ring (15) Regina Hall, Jill Scott, (N) ★★		Preach (TVPG) (N) HD		Preach: "Tough Love"			With This Ring (15) HD		
	MTV Jersey Shore: "Cabs Are Here!" HD	Jersey Shore (N) HD	Jersey Shore (N) HD		(40) Jersey Shore (N) HD			Jersey Shore: "Cheesy" (TV14) HD		
	NICK One Crazy Cruise (15, NR)		Full House		Prince			Friends	Friends	
	SPIKE Cops HD	Cops HD	Bellator MMA Live (TV14) (N) HD					Bellator MMA Live HD		
	SYFY Defiance (TV14) (N) HD	Killjoys (N) HD	Dark Matter (TV14) (N) HD		Defiance (TV14) (N) HD			Killjoys: "Bangarang" (N) HD		
	TBS Think Like a Man (12, PG-13) ★★	★★★ Michael Ealy, (N) ★★			Role Models (N) HD			Big Bang	Big Bang	
	TCM Mystery	Border Incident (49, NR) ★★			(15) The People Against O'Hara (51, NR) ★★			(15) Get Carter (71, R)		
	TLC Love, Lust or Lori (N)	Love, Lust Brides (N)	Dare to Wear (N) HD		Love, Lust Brides (N) HD			Dare to Wear HD		
	TNT The Hobbit: An Unexpected Journey (12, PG-13) Martin Freeman, Ian McKellen, (N) ★★				Heliboy II: The Golden Army (08) (N) ★★					
	TRAVEL Mysteries (TVPG)	Mysteries (TVPG) (N) HD	Mysteries (TVPG) (N) HD		Mysteries (TVPG) (N) HD			Mysteries (TVPG) (N) HD		
	TV LAND Raymond	Loves Raymond	Raymond		Queens	Queens		Queens	Roseanne	
	USA Modern	Modern	Modern		Modern	Modern		Royal Pains (TVPG) HD		
	VH1 White Men Can't (92)	Rock Star (01, R) ★★	Mark Wahlberg, Jennifer Aniston, (N) ★★		Point Break (91, R) Patrick Swayze, (N) ★★			30 Rock	30 Rock	
	WGN Rules HD	Rules HD	Parks HD		Parks HD			Hope HD	30 Rock	30 Rock
<b>PREM</b>	HBOW Game of Thrones HD	Game of Thrones HD	Real Time Maher (N)		VICE (N)			Real Time Maher HD	VICE HD	
	MAXW Thelma & Louise (91, R) Susan Sarandon, (N) ★★		Red State (11, R) Michael Parks, (N) ★★		HAPPYish			Bikini Super Heroes (15, NRAD) HD		
	SHOWW Vampire Academy (14)	The Butler (13, PG-13) ★★	Forest Whitaker, (N) ★★		HAPPYish			Penny Dreadful HD	Jackie HD	

## SATURDAY EVENING

## JUNE 20, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Astronaut Wives HD	In an Instant: "In an Instant: Grizzly Attack" HD	Local Programs				Local Programs			
	CBS Scorpion: "Kill Screen"	NCIS: New Orleans HD	48 Hours (TV14) (N)		Local Programs		Local Programs			
	NBC On Camera	Local Programs	Dateline NBC HD		Local		(29) Saturday Night Live (TV14) HD			
	FOX (7:00) Local Programs		Local Programs		Axe Cop		Axe Cop		Local Programs	
	ION Criminal Minds HD	Criminal Minds HD	Criminal Minds: "Jane"		The Listener (TV14)		The Listener (TV14)		The Listener (TV14)	
<b>CABLE</b>	A&E Storage	Storage	Storage		Storage		Storage		Storage	
	AMC Fantastic Four (05, PG-13) Ian Gruffudd, Jessica Alba, (N) ★★		Fantastic 4: Rise of the Silver Surfer (07) ★★		Fantastic 4: Rise of the Silver Surfer (07) ★★				Fantastic 4: Rise of the Silver Surfer (07) ★★	
	ANIMAL To Be Announced	Treetop	Treetop		(02) Tanked (TVPG) HD		(03) To Be Announced		Treetop	Treetop
	BET (7:30) Romeo Must Die (00, R) Jet Li, Aaliyah, (N) ★★		throne boxing HD					Charged Up (TVPG) HD		
	BRAVO Housewife (TV14)	Forgetting Sarah Marshall (08, R) ★★	Jason Segal, (N) ★★		Forgetting Sarah Marshall (08) ★★			Forgetting Sarah Marshall (08) ★★		
	CARTOON DBZ Kai	King of Hill	Cleveland		Boondocks			Dad HD	Family Guy	Family Guy
	CMT BH Cop 2	Twister (96, PG-13) ★★	★★★ Helen Hunt, Bill Paxton, (N) ★★					Josh Wolf	Cops HD	Cops HD
	CNN Revenge	Forensic	Forensic		Forensic			Forensic	Forensic	Forensic
	COMEDY The Incredibly Burt Wonderstone (13, PG-13) Steve Carell, (N) ★★		(25) Tropic		Thunder (08, R) ★★		Ben Stiller, Jack Black, (N) ★★		Thunder (08, R) ★★	Ben Stiller, Jack Black, (N) ★★
	DISCOVERY Naked and Afraid HD	Life Story (N) HD	Life Story (N) HD		Life Story: "Courtship"			Life Story (TVPG) HD		
	DISNEY Alvin Chipmunks (07)	Jessie HD	Undercover		Lab Rats (TV7) HD			Blog	Jessie HD	Austin HD
	E! Sex and the City (08)	Sex and the City (08, R) ★★	Sarah Jessica Parker, Kim Cattrall, (N) ★★					The Women (08) ★★		
	ESPN SportsCenter	SportsCenter	SportsCenter		SportsCenter			SportsCenter		
	ESPN2 Arena Football League: Philadelphia vs Los Angeles (Live)		ESPN FC		Fab Five Michigan basketball, (N) ★★					
	FAMILY The Birdcage (96) ★★	Knocked Up (07, R) ★★	Seth Rogen, Katherine Heigl, (N) ★★					What to Expect When Expecting ★★		
	FOOD Diners, Drive-Ins	Diners, Drive-Ins	Diners, Drive-Ins		Diners, Drive-Ins			Diners, Drive-Ins	Diners, Drive-Ins	
	FX (7:00) Battleship (12, PG-13) ★★	★★★ Taylor Kitsch, (N) ★★			Battleship (12, PG-13) ★★			★★★ Taylor Kitsch, (N) ★★		
	HGTV Property Brothers HD	Property Brothers HD	House Hunters (N) HD		Big Sky			Big Sky	Property Brothers HD	
	HISTORY Swamp People HD	Swamp People HD	Swamp People HD		(04) Swamp People HD			(01) Swamp People HD		
	LIFETIME A Deadly Adoption (15, NR) (N) HD		(02) A Deadly Adoption (15, NR) (N) HD					A Deadly Adoption (15) (N) HD		
	MTV (7:00) Catfish (10) ★★	Ridiculous	Ridiculous		Ridiculous			Ridiculous	Ridiculous	Harold and Kumar (04) (N) HD
	NICK 100 Things	Nicky (N)	Henry		Bella			Full House	Full House	Friends
	SPIKE Cops (N)	Cops (N)	Cops (N)		Cops (N)			Cops (N)	Cops (N)	300 (07, R) ★★
	SYFY Babylon A.D. (08) ★★	Jumper (08, PG-13) ★★	Hayden Christensen, (N) ★★					12 Monkeys (95, R) ★★	Bruce Willis, (N) ★★	
	TBS Big Bang	Big Bang	Big Bang		Big Bang			Clipped	Cougar	Cougar
	TCM Mating ★★	99 River Street (53, NR) ★★			Face Behind Mask (41) (N) ★★			Vigilante (83, R) ½	Robert Forster, (N) ★★	Mean (73) (N) HD
	TLC The Little Couple HD	The Little Couple HD	The Little Couple HD		The Little Couple HD			The Little Couple HD		
	TNT Olympus Has Fallen (13, R) Gerard Butler, (N) ★★		(15) Bad Boys II (03, R) ★★		Martin Lawrence, Will Smith, (N) ★★					
	TRAVEL Ghost Adventures HD	Ghost Adventures HD	The Dead Files (N) HD		The Dead Files (N) HD			Ghost Adventures HD		
	TV LAND Fam. Feud	Loves Raymond	Raymond		Raymond			Queens	Queens	Queens
	USA Suits: "Respect" HD	Suits: "Fork in Road" HD	Suits: "Derailed" HD		(02) Suits: "Intent" HD			Suits: "Not Just" HD		
	VH1 (4:30) The Temptations	CrazySexyCool: The TLC Story (13, NR) Keke Palmer, (N) ★★			Honey 2 (11, PG-13) Kat Graham, (N) ★★					
	WGN The Last Boy Scout (91, R) ★★	Duplex (03, PG-13) ★★	Ben Stiller, (N) ★★					The Life Aquatic (04) Bill Murray, (N) ★★		
<b>PREM</b>	HBOW Gone Girl (14, R) ★★	★★★ Ben Affleck, Rosamund Pike, (N) ★★			Game of Thrones HD			Gone Girl (14, R) Ben Affleck, (N) ★★		
	MAXW RoboCop (87, R) Peter Weller, (N) ★★	(45) RoboCop 2 (90, R) ½	Peter Weller, (N) ★★		(45) RoboCop 3 (93, PG-13) ★			(45) RoboCop 3 (93, PG-13) ★		
	SHOWW The Twilight Saga: Breaking Dawn: Part 2 (12)		Last Vegas (13, PG-13) Michael Douglas, (N) ★★					Penny Dreadful HD		

## SUNDAY EVENING

## JUNE 21, 2015

	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
<b>BROADCAST</b>	ABC Celebrity Family Feud	BattleBots (N) HD	Castle: "Time of Lives"		Local Programs		Local Programs			
	CBS Madam Secretary HD	The Good Wife HD	CSI: Crime Scene		Local Programs		Local Programs			
	NBC Dateline NBC (N) HD	A.D. The Bible (N) HD	American Odyssey (N)		Local Programs		Dateline NBC HD			
	FOX (7:30) Local Programs		Local Programs		Local Programs		Local Programs			
	ION A Few Good Men (92, R) ★★	★★★ Tom Cruise, Jack Nicholson, (N) ★★			The Bodyguard (92, R) ★★		★★★ Kevin Costner, (N) ★★			
<b>CABLE</b>	A&E Duck HD	Duck HD	Duck HD		Duck HD		Duck HD		Duck HD	
	AMC National Lampoon's Vacation (83, R) ★★		Halt and Catch Fire (N)		Halt and Catch Fire (N)			European Vacation ½		
	ANIMAL The Last Alaskans (N)	Mountain Monsters HD	Finding Bigfoot (N) HD		Mountain Monsters HD			(04) Finding Bigfoot (N) HD		
	BET BET Awards '11 (TVPG) HD				BET Inspiration (TV G)					
	BRAVO Married to Medicine (N)	Mother Funders (N)	Married to Medicine		Watch What Happened		Married to Medicine	Funders		
	CARTOON King of Hill	King of Hill	Cleveland		Dad HD	Family Guy		China, II (15) Prettly Tyson		
	CMT Cops HD	Cops HD	Cops HD		Cops HD			Josh Wolf	South 2 HD	Cops HD
	CNN Anthony: "Hawaii"	Anthony: "Beirut"	The Seventies HD		Forensic	Forensic		Forensic	Forensic	Forensic
	COMEDY Dumb & Dumber (94, PG-13) (N) ★★		Dumb & Dumber (94, PG-13) Jim Carrey, Jeff Daniels, (N) ★★					Super Troopers (02) HD		
	DISCOVERY (01) Alaskan Bush People: "Father's Day" (N) HD		Naked and Afraid (N)		Alaskan Bush People: "Father's Day" (TV14) (N) HD					
	DISNEY Austin (N)	Liv (N) HD	I Didn't (N)		Girl Meets (N) HD			Blog	Jessie HD	Good Luck
	E! Botched: "Knuckles"	Botched (TV14) (N) HD	#RichKids of (N) HD		Botched (TV14) (N) HD			#RichKids of (TV14) (N) HD	Botched (TV14) (N) HD	#RichKids of (TV14) (N) HD
	ESPN SportsCenter	SportsCenter	SportsCenter		SportsCenter			SportsCenter		
	ESPN2 (7:00) Arena Football League (Live)	ESPN FC	30 for 30: "The Bad Boys" (N) HD					MLB Game		
	FAMILY (6:30) Knocked Up (07)	What to Expect When You're Expecting (12, PG-13) ★★			Baby Daddy	Osteen		Turning		
	FOOD Guy's Grocery Games	Food Network Star (N)	Cutthroat Kitchen (TV G) (N)		Beat Bobby Flay	Food Network Star (N)				
	FX A Good Day to Die Hard (13, R) ★★	Bruce Willis, (N) ★★	A Good Day to Die Hard (13, R) ★★		Bruce Willis, (N) ★★			Mike/Molly	Mike/Molly	
	HGTV Hunt (N)	Hunt (N)	Life HD		Hunters	Hunters		Life HD	Life HD	
	HISTORY Alone (TV14) (N) HD	Counting Cars HD	Texas Rising: "The Rise of the Republic" (N) HD		(02) Kept Woman (15, NR) Courtney Ford, (N) HD			(05) Half Baked (98, R) ★★	Dave Chappelle, (N) ★★	
	LIFETIME Kept Woman (15) (N) HD	Movie			(05) Half Baked (98, R) ★★			Half Baked (98, R) ★★	Dave Chappelle, (N) ★★	
	MTV Ridiculous	Ridiculous	Project X (12, R) ★★		Thomas Mann, (N) ★★			Project X (12, R) ★★	Thomas Mann, (N) ★★	
	NICK Full House	Full House	Full House		Full House			Full House	Full House	Friends
	SPIKE Bar Rescue (TVPG) HD	Bar Rescue (N) HD	Catch a Contractor (N)		Bar Rescue (TVPG) HD			Bar Rescue: "Sticky"		
	SYFY Jurassic Park (93) ★★	★★★ The Lost World: Jurassic Park (97, PG-13) ★★	★★★ Jeff Goldblum, (N) ★★		Tyler Perry's I Can Do All By Myself (09, PG-13) ½			40 Virgin		
	TCM Madae Goes to Jail (09, PG-13) Tyler Perry, (N) ★★		Tyler Perry's I Can Do All By Myself (09, PG-13) ½					40 Virgin		
	TLC (7:00) Show Boat (36)	(15) Sherlock Holmes (22, NR) John Barrymore, (N) ★★			The Red Desert (64, NR) ★★					

# What Memories May Come

**Story and photos by Paul V. Scholl Publisher Messenger Publishing Group**

In a matter of minutes, everything changes. In a matter of hours, we lose, then regain our focus. In a matter of days, we recover. In a matter of years, we forget. In solitude, we best remember those precious minutes.

So much happens for us in the time between Memorial Day weekend and the waves of a long hot summer. Graduations that culminate years of learning and parenting children through schools, May and June weddings, Father's Day, and of course, our nation's birthday. Blink and you will miss it all. Luckily, this year I didn't blink.

### Graduation Day

This trip followed an overnight stay and day in San Francisco to attend my son Gabriel's college graduation from the University of San Francisco. He accomplished the feat in just three years of hard study. "Proud" cannot contain the feelings as I watched the ceremony. Wasn't it just yesterday that he was playing outside in the rain, chasing the ice cream truck down the street in his bare feet, making the Little League All-Star team and playing in the high school jazz band? Moments in time that will last a lifetime...

### Why the Trip?

The airport shuttle arrived right on time. The driver, courteous and talkative, provided enough entertainment to replace an in-flight movie. Subject matters aside, I could only imagine what the two last female travelers picked up for their airport trip thought about the driver's comments at the end of our conversation about his wife and the wonders of married life. It was ample proof of why one should not determine someone's intent by hearing only the end of a long conversation.

My wife had planned the long weekend away to celebrate her mother's 75th birthday with family and friends. As mother-in-laws go, she's the best, so I wasn't going to miss it. My wife had flown out a day earlier to help with the celebration. We all had a special time together this visit sharing stories, teasing and joking, and playing games that made you laugh so hard you were really hoping it was iced tea someone had spilled on the floor.

### Frankly Charlotte

On the first flight from Sacramento to Charlotte, three guys were sick, hacking most of the flight. Not that I was going to sleep much anyway, but the kick-kick-kick from the little kid behind me was a reminder of how long the flight was going to be. A notepad, a calculator, and a complimentary 5.8 oz. soft drink in a 6 oz. plastic cup kept me focused and appreciating so much more.

We landed in Charlotte. Landing at Gate A, leaving by Gate E—If I had known it was close to four miles I would have just walked to Harrisburg. It reminded me of that famous Rhett Butler quote.

Did you know that there are actually five different Starbucks between Gate A and Gate E in the Charlotte airport? I'm just sayin'.

The plane out of Charlotte was so small I was looking for a remote control antennae. Bob the luggage guy looked like he was just going to strap down the extra bags on top of the plane.

The entertainment on this flight was the stewardess. She was great, funny,



Generations have passed since blood soaked the battlefields of Gettysburg. You can still feel the grief of each of the Unknown Soldiers.

and determined. She was the best "one-man crew" you are ever going to find. All I can say is "Pay her more. Whatever she is making, pay her more."

### Traveling Companions

Having flown much more in years past, I was amused at the people with headsets this trip. Zero conversation. No getting to know anyone that you will be sitting next to for the next six hours. How boring. I thought of all the great people I had met over the years by getting to know them through air



One of the many monuments to the casualties of war.

travel. The minister, the lawyer (yes, he was very interesting), the young entrepreneur, the business guy buried in acquisitions, the young woman traveling to take care of her father's estate after he had passed away just after her last visit two weeks earlier. They have all been traded for an iPod.

When you fly over the USA, you get

a perspective lost in a daily world of iTunes and reality TV, traffic jams and taxes, PTA meetings and mowing the yard. You see all the space. You see the cities, the communities, the homes, all filled with people with their own individual lives full of loves, attitudes and latitudes, daily problems and worries, desires and dreams, and wants for a better tomorrow. Every one of them different, and just like you.

### Gettysburg on Memorial Day

Most years I attend local ceremonies for Memorial Day, but this year it would be different. My one request this trip back to Pennsylvania was to have time to visit Gettysburg again.

It was 1991 the last time I had been on the hallowed grounds of Gettysburg. It was an off day for tourists then, thankfully. Overcast weather, mid-week, humid and un-inviting. Perfect for a singular roamer on an unfamiliar quest. There was opportunity to walk through battlegrounds where you weren't supposed to go. It was a day that changed my life.

Grief was in the mist. It was in the trees. It lined the rocks. You could feel it finding its way through the stilled grass. Six generations and it was as real as the days all those men fell in battle.

Alone, aware, quiet, and still. The lingering cries of casualties, cries for their mothers and wives and children, were imminent and obvious as the ripples of water on a disturbed pond. It was all so overwhelming I was grateful to be alone. The awe of the desperate sacrifices of so many was deafening. It was coupled with the knowledge of the ignorance of most who have never even studied what happened in this small island of glory, and such waste, in the history of our nation.

Compelled to move, but slowly and with reverence, I walked the cemeteries. Reading every monument tribute to the fallen, taking it in as the numbers began to have faces and families, taking in the moments that the lives changed

***"When you fly over the USA, you get a perspective lost in a daily world of iTunes and reality TV, traffic jams and taxes, PTA meetings and mowing the yard. You see all the space."***

forever. I couldn't help but think every high school class should take this trip as a requirement to graduate into adulthood. It would change a society.

And then I found Spangler's Spring. It was as if I were behind the eyes of another, yet so familiar, man. It is impossible to describe the sensations of déjà vu, the waves of memory files opening up from a time when you know you died here in a surprise skirmish, one minute joking with other gray uniformed men, the next your face and body hitting the ground with a permanent thud so certain as the pain of torn flesh screamed to the heavens. It was then, and it was now. My body reacted with such trembling and fear that I looked around again as if another attack were looming.

It lasted for about three minutes. And then a peace came over me like the heavens had opened up to assure me all was well. All was well.

This year, 24 years later, a return was necessary. My wife and I toured the new tourist center, watched the new films, enjoyed the exhibits, had a quick lunch, and began our own driving tour.

As we found our way to the cemetery, the Memorial Day parade was just ending. Hundreds had come to visit and pay respects. We walked the grounds and took in the monuments, the history, and the importance.

Unknown, unknown, unknown after unknown. Number after number. Finding "1" on a small headstone at the end of a long-circled row near the road had me stop, and pray for "1." It has been a long-practiced personal ritual upon visiting cemeteries to speak aloud the names of the souls displayed on headstones. It gives them a brief and temporary vibratory resonant life again. Somehow, in spirit, it acknowledges their life among us just one more time.

My wife and I found our way around a number of the monuments, then took to the car to drive the battlefields. At one point, we came upon a small group that had taken a small guided tour. The tour guide explained to them exactly how the battle had been planned, and then executed. He explained how this one battle on this one day in history General Lee was driven back and defeated, changing the history of the Civil War and our nation. Aware, you could still hear the canons firing.

We then looked up Spangler's Spring. She did not know about my previous visit and experience. I just had to know by returning. When we arrived, I was

absolutely certain it was not a one-time phenomenon. The reaction this time was not violent, overwhelming, fearful, or regretful. It was a completion, a completion of a cycle that now drives me every day to do more and be more to preserve our nation.

As a nation, we have to get this right. We have to get this right. Are we at another crossroads due to years of poor leadership? We are a nation built upon all those who have come before us. We are built upon a belief in God, family, and country. We used to stand for something. And now we sit in dull ignorance in front of televisions and watch ourselves be misled by those who do not care about the will of the people.

### We Forget

We forget too often the sacrifices of all those who have come before us to build our country. We forget all those who have fought in battles to preserve our way of life. We have not heard the buzzing of bullets around our heads. We have not heard the canons fire upon us. We have not lost limbs or loved ones.



Every monument gave the numbers. Every number had a name.

We do not know all that our fathers, grandfathers, or forefathers have done to try to give us a better life. We certainly do not know all that our neighbor's father, grandfathers, or forefathers have sacrificed. We just know that our neighbor's stereo is too loud and they park too close to our driveway for our liking.

Memorial Day is on our calendars for a reason. Father's Day is on our calendars for a reason. Our nation's Independence Day is coming up, and it is on our calendars for a reason.

Take the time on Father's Day to appreciate all that your father and the fathers of your family and your neighbor's family have done to give us this great community and nation.

Take the time this Independence Day to show your appreciation to the people who hold this nation together, those around you. Take the time to appreciate all those military and military families who have sacrificed more than we know to provide us the safety in which we live.

This Independence Day show up, remember the many sacrifices for freedom, give thanks with great gratitude, and love this nation more. ★



Wasn't it just yesterday? Sons grow so fast. We owe them a better world. Scholl family photo.



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There are millions of people in the U.S. who are edentulous (meaning without teeth) who struggle daily with dentures. A majority suffer from discomfort as a result of loose or illfitting dentures. Many prosthetic wearers simply withdraw from any type of social engagement as a result of having to wear their dentures.

Lower dentures almost never fit properly. They are loose fitting due to less surface area which can't create a suction, shrinking gum tissue and bone loss, which can cause irritation in the mouth, sores and pain. The only relief is using sticky dental adhesive to help it, but it is very messy, hard to clean off and needs multiple applications throughout the day.

Upper dentures are better than lower dentures due to a suction in the upper palate that keeps the denture in place. However, having the palate covered reduces the tastes of foods and the ability to tell the temperature of foods.

Partial Dentures can be a source of discomfort due to lack of supporting teeth or an illfitting partial. Partials also use clasps to secure to existing teeth which can be noticeable and can put added pressure to the existing teeth.



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A snap on denture gets some support from the implants that it snaps onto. Unlike conventional dentures that rest on the gums, a snap on denture is anchored to multiple implant snaps and is therefore much more stable and comfortable.

Two or more implant snaps can be used on the upper and/or lower jaw. The more snaps that are placed, the more stable the denture will be. Much like a four legged chair would be more stable than a three or two legged chair, the use of denture snaps keep the denture stable, secure and comfortable. These snaps are designed with different levels of retention, customized to the needs of the patient. When the snaps wear out, replacing them is a simple and inexpensive procedure.

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